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From all Life's grapes I press sweet wine.  
—Henry Harrison Brown.

# NOW

## A Journal of Affirmation

VOL. XII.

MAY, 1915

No. 5

### MEMORIAL DAY, 1915.

Remember? Yes, in flowers! But by this act  
More fragrant than these roses are, our  
thought

Of gratitude for Peace. 'Twas they who  
wrought

That word of PEACE into our flag. Compact  
Our nation now. They made our dream a  
fact!

The retrospect of fifty years reveals  
How great this gift, the price that battle-fields  
And grief and tears of homes have brought.

Remember? Yes! Our loyal lives shall tell  
Our daily victory, because they fell,  
Or to light immortal went from bed

Or prison-pen. The roses for them bloom  
Because our love has called them back from  
tomb.

With Peace they're living still! We mourn  
no dead!

HENRY HARRISON BROWN.

### THE VICTORY.

Not in the mart is the victory found,  
Not in bending weak men to your will—  
You may discover the pole, the earth sail  
'round,

Yet thyself be undiscovered still.  
The ground where the fight is fought  
(No banners wave, or bugles trill)  
Is where you fight alone with your thought,  
To gain His sweet "Be Still!"

Yea in the heart is the victory won,  
And the spoil is abiding peace,  
At midnight's hour, at noonday's sun  
Thou shalt bid the world's urge cease.  
On that ground where this fight is fought  
Thou hast an eternal lease—  
For in thy soul is the victory wrought  
To gain the golden fleece.

Follow the gleam! Yea search for the grail!  
And seek to do His will!

After toil and search thou still shalt wail:—  
"Lo my hunger they do not fill."  
For the ground where Thy fight shall be  
fought

(No banners wave, or bugles trill)  
Is where thou shalt fight alone with thy  
thought

And tame the Soul with Thy will!  
SAM EXTON FOULDS.

### "AIR CASTLES" AS REALITIES.

"The thing we long for that we are  
For one transcendent moment.

E'er yet the present poor and bare  
Can make its sneering comment.

E'en through our paltry stir and strife  
Glow down the wished Ideal,

And longing molds in clay  
What life carves in the marble Real."

So with seer's vision, most truthfully,  
as well as most beautifully Lowell  
writes the truth. Man creates his ob-  
jective life. Through imagination  
builds first the structure of character,  
which Life objectifies.

The Ideal is the Real. There you  
and I live. The Affirmation for each  
to use is—I BUILD MY LIFE  
THROUGH MY IMAGING FACUL-  
TY. We sing at our meetings—"I  
clothe myself round with Infinite Love  
and Wisdom!" Do we see ourselves  
thus clothed? Or is it merely an in-  
tellectual statement, without any vision-  
ing of it, as a reality?

"I clothe!" Do I see Wisdom, and  
Truth as I see the garments I put on  
at morn? If not, then the opposite will  
be my real clothing. For I clothe my-  
self with that Reality which I mentally  
see. While saying these words I in  
Reality think—I clothe myself round  
with business, with dollars, with fears,  
with mistrust, with strife, with wishes,  
with anger. This is the spirit's cloth-  
ing, which I put on at morn and wear  
during the day.

But when I shall SEE, Wisdom and  
Truth as a garment of Light, and shall  
clothe myself with that Light I shall  
live Wisdom and Truth. Life to me  
will be joy. If such clothing was to be  
bought with dollars, what would not  
one pay for it? If such clothing was  
to be bought through physical sacrifice  
and suffering what would one not suf-

## Henceforth I seek not good fortune: I am good fortune.

—Wall Whitman.

fer for it? What have not men and women through the ages suffered, in the thought that heaven was reached through self-denial and pain; that heaven could be bought?

If it was to be bought with labor what would we not give in way of work? We see broadcloth, silk, velvet, gold and jewels and think them Reality; as clothing for the soul. These are the things men and women strive for and are not the *things* that are "added" when one has found the "kingdom of Heaven." To seek first for things, we fail, and things become our tyrant. To "Seek first the Kingdom" and to find, is to become the master of things and they obey us.

This dominion man has ever sought, and vainly thinks he has found when he piles up wealth, political, social power, or intellectual store. But once he acquires these, he is slave to them, and must make constant effort to hold them. Wealth may fade away, "the bank may break, the factory burn." The social god may be dethroned in a night. Political influence so wane that he becomes satrap that once was chief; the brilliant intellect may be dethroned in imbecility or insanity. "All these things fade away", is written above them all.

"I am body"! and "The world a reality!" are affirmations by which men are now ruled. They are false. Are only the day dream. The Ideal only is Reality.

Building with the unreal is like trying to build your fire with the shadow of the tree and not with the tree itself.

These things are real as shadows; are real as effects. But the Cause which is behind, is the Absolute Builder. The Architect who plans a Character is Thought. I, as an individual think my Ideal. Life uses it as model and carves it in the Marble of Eternity by the chisel of Experience.

"But I am alive?" Are you? "My body is thrilling; my hand is warm; my pulse beats; I see and I feel!" Yes! To-

morrow this body you now call "I," may be pulseless! may be cold; may not know love; may have no sensation.

"He and she; but she would not speak, Though he kissed, in the old place, the quiet cheek.

He and she; yet she would not smile, Though he called her the name that she loved erewhile.

He and she; though she did not move To any one passionate whisper of love."

And yet she was to the senses all she had ever been. Was the body "She"? He had that. This is the false foundation upon which present day conditions are builded. Man is identified with body, clothes, wealth, social or political conditions, or college degrees. Sometime the illusion will break and we shall call in vain and there will be no answer, for there is no Reality in these. It is wisdom for us to clothe ourselves in the Truth and live the Ideal and not make the mistake of millions and thus be indeed "The ragged Tailor" in worse plight than Carlyle represents him to be.

She was dead as far as the illusion of body went, but she was alive in all that was real. The song she sang he still heard. The kiss she gave he still felt. The garments of Love and Truth she wore, he still had. For when he said: "See; I listen with Soul not ear!

What was the secret of dying, dear?" She answered him as he asked:

"What was the secret of dying, dear?" He heard her say,

In the same soft voice in the dear old way;

"The greatest wonder is this—I hear And see you and kiss you and love you dear!" "

The illusion of sense had passed forever, for him and he lived in the Reality of Mind. She is she forever.

"I am your angel that was your bride! And know that though dying, I never have died!"

I hold the piece of granite in my hand. Is it real? Put fire to it and lo! it has gone beyond sense, beyond instruments. But it still is.

**Whene'er I meet my sailing peers,  
"ALL'S WELL" I to their hail reply.**

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—*Edith M. Thomas.*

This Reality builds, and clothes itself with Love and Wisdom. In the thought of this Reality one may live and know no pain or sorrow, and may pass from death to life without suffering or disease.

To know the Truth I'M SPIRIT, is to know freedom! Is to be Master! Yet, when we claim to live in the consciousness of this truth, we are termed by those still blinded by flesh, "dreamers" and castle-builders. Our Faith is called a chimera, and our knowledge, credulity. It is a fact also, that the woman in silks, clothed in pride and hypocrisy sees only rags and filth on the honest worker; and the purse-proud man sees only ignorance and vileness in the workman's call for justice. Still these are not so blind as is he who will not see that things seen are temporal, and only the Unseen is eternal.

All natural things are but the materialization of unseen Laws, and artificial things are but the creation of Ideals.

"One is your Master even God " This One does all the work. But when IT—this Infinite Universal One—becomes in Man a Thinker, then as Man HE thinks, but as God he builds, what Man in Ideal creates. God works through human brains to think! Through human hands to build.

When one shall live in this thought of Unity with the One; this thought of Omnipresence; when one shall as unconsciously obey this Ideal, as we all have obeyed the ideals of pain, failure, poverty and death, then old things for us will have passed away and all things will have become new.

This creative faculty we term Imagination. Imagination is the Divine Creative Power individualized. The same power that, as absolute, bodied Itself forth in worlds and suns; in rock and plant; in bird and beast; having bodied Itself in a human matrix now consciously plans as man creates.

We are to cultivate Man's creative power. From it comes Mechanics, Invention, Art, Poetry, but its highest form

is Religion. Not in theology, which is artificial and limited, but in Man's power to sense and feel and to know himself immortal, and infinite in possibilities. As he from this latent sense of infinity has so far conquered material conditions, so from this same latent sense he has ever worshipped; with this reverence for the Ideal he has builded theological systems limiting his immortal aspirations.

Whitman recognized all this and says: "I accept Reality and dare not question it,

Materialism first and last imbuing."

He saw that infinite possibility demands freedom for its expression and he finds his Ideal of Democracy in freedom and love toward his brothers and he finds Religion in Man's freedom toward the Universe. He says:—

"My Comrade.—

For you to share two greatneses, and a third one rising inclusive and more resplendent,

The Greatness of Love and Democracy, and the greatness of Religion."

This Religion is to me, what we mean when we sing—"I clothe myself round with Infinite Love and Wisdom!" All forms of government are lost in Love! All forms of worship are merged in Wisdom! In a consciousness of Unity I live as Jesus lived in Consciousness that I am an expression of the One. We are not to think his thought in His words, but are to live in the same consciousness. We then shall think as he thought and do what he did.

Then will the air-castles, the Ideals, the creations of our imagination descend to earth. They will materialize and become the real habitations. For these, "not built with hands" are the real home of the soul. The provence of New Thought is to teach Man as builder to clothe Himself so around with Love and Wisdom that earth shall be redeemed and the kingdom prayed for shall be lived here, where from the beginning we were taught to look for it "ON EARTH!"

## Trust thyself! Every heart Vibrates to that iron string.

—Emerson.

### MAN.

Were not the things that man now finds are true,

Withal the things that he shall dare and do,  
As true ten-hundred million years ago  
As when man found and yet will find them  
so?

The Force that cries from sailing ships at sea  
Came down unchanged throughout eternity;  
And that which drives him on the air and  
land

Awaited always for his brain and hand.

From chaos to the rose's scent

Unnumbered eons were unwisely spent—  
For man, a lordly sovereign as WILL,  
Proves Nature laggard by a crucible!

Across the interstices 'twixt the stars

He treads on iridescent spectra-bars;  
And can compute the flaming wastrel's call  
A thousand years before it will befall!

And yet man seeks without and weakly asks

Insensate Force to crown his sensate tasks!  
Let him arise upright in might and say:

"AS CONSCIOUS LAW, I BID ALL  
THINGS OBEY!" A. F. GANNON.

### THE LORD'S PRAYER

This book is written in choice language and with an evident desire to uplift, but we cannot see that one is helped to a better understanding of the prayer. The readers of the *Banner of Life* will be interested in this quotation from page 41: "The Hindoo Masters, the Greek and Roman priests and sibyls, Egyptian hierophants, German mystics, Chinese and Japanese wizards, and European gypsies, the converts in the revival, the Spiritualist medium in her seance, the Christian Science and the New Thought healer, all follow one law, and each by his own method reach the same condition. All work under the same principles of Auto-Suggestion and Concentration; upon the Law of Suggestion." There are some bits of choice poetry in the book, among the best a number from Mr. Brown's pen. We think them worthy of special mention.—*Banner of Life (Spiritualist)*, Boston, Mass.

\* \* \*

The death of Morris Rosenfeld of this city reveals that he could have lived if he had desired, for he was afflicted with no serious malady, but he voluntarily resigned himself to die, and the will of a powerful mind rose paramount over wasted energies of his feeble body. His strength ebbed steadily until he announced calmly on Thursday that he would die that night. After signing his will he quietly bade his relatives good bye, lay down and was gone in ten minutes.—*Courier Journal*, Louisville, Ky.

### AFFIRMATIONS.

"As you sow, so shall you reap!"

The field is the world.

The world is mine to sow.

Whatever I sow I shall reap.

I alone can sow; I alone can reap.

I sow for myself; I reap for myself.

I alone am responsible for selection of seed.

I alone am responsible for the crop.

Nature furnishes conditions needful for a rich harvest.

Nature never fails.

The crop is true to sowing and harvest is bounteous always.

When I sow wheat I reap a bounteous crop of grain.

When I sow tares an equal harvest I reap of tares.

I from previous harvests am learning how to select the crop I wish to reap.

When I sow from selfishness, I reap selfishness.

When I sow from fear, I reap conditions of fear.

When I sow from error, I reap error.

When I sow from Good, I reap Good.

When I sow from Love, I reap Love.

When I sow from Trust, I reap in Trust.

Through Trust I find Peace.

In Peace I find happiness.

In happiness I find health.

Henceforth I sow seeds of Love in Trust.

All my harvests are health and happiness.

\* \* \*

The web of things on every side,

Is joined by laws we cannot see.

And great or narrow; small or wide,

What has been governs what shall be;

No change in childhood's early day.

No storm that raged, no thought that ran,

But leaves its mark upon the clay

That slowly hardens into man.

And so amid the race of men,

No change is loss, seen or unseen,

And of the earth no denizen

Shall be as if he had not been.

—George John Romances.

\* \* \*

All things are subservient to the Great Ruling Power,—Mind-Flow.—*Keeley (of Motor.)*

**The deeper I drink of the cup of  
Life the sweeter it grows.**

66

*—Julia Ward Howe.*

#### **NATURE VS. MAN**

Let Nature not too curtly ask,  
"What of this fellow wandering here?"  
I *AM!* but thou, O Nature vast,  
Must cease! Of dying, *thou* need'st fear.

My Spirit free—Lord of itself—  
Can oft create itself anew;  
But thou, O Nature—cast-in-mold,  
Canst never take a higher view.

I do not mock thee with a boast;  
For thy great beauty's sake, I still  
Do honor thee; and thou in me  
Survivest,—please my sovereign will.  
*—Carl Wrenslar.*

#### **PEACE—THE BALANCE OF JUSTICE.**

Things refuse to be mismanaged long. Though no checks to a new evil appear, the checks exist, and will appear. If the government is cruel the governor's life is not safe. If you tax too high, the revenue will yield nothing. If you make the criminal code sanguinary, juries will not convict. If the law is too mild, private vengeance comes in. . . . These appearances indicate the fact that the universe is represented in every one of its particles. Everything in nature contains all the powers of nature. Everything is made of one hidden stuff.—Emerson in "*Compensation*."

The reformer, the agitator, the revivalist, and men of that ilk are accustomed to see every condition tending to the bad and are worrying over the ultimate destruction of society, government, order, prosperity, and common decency. But why? The pendulum will swing back. Things will right themselves. God is; and he is IT, at all times, and He cannot destroy himself. His only method of manifestation is by undulation. When things get so bad that they cannot be endured by IT, and by man they will be remedied by the opposite swing. This is the only way IT evolves! The only way Man learns. The only way God learns what and how to evolve ITSELF, and to have the next time a more harmonious expression of Itself as Love and Truth, and Justice is the balance.

No matter the condition, the thing or the person, each individual is a balance of the opposite. Neither could exist if the other was not. The urban citizen is

the balance of the suburban. In the exchange between them is wisdom evolved. Cities, when too large and become dangerous, and overflow, of necessity into the country. The ballot of the farmer balances that of the trust magnate. The coolheaded woodman will balance the fanatical revolutionist, and the self-controlled will balance, in the body politic, the intemperate reformer. The patience of the horticulturist who has learned to wait for fruit from bud, will balance the hasty, who expect the result of any political action immediately. Woman's influence balances man's in the home, society and in the state.

Public opinion is an average of all citizens and as such only can it be crystallized into statute law. When legislatures in deference to any interest shall pass a law that is not the expression of public sentiment, but only that of a sect, a class, or an interest, that law will not be enforced. If it is the public sentiment the law is not needed. Therefore the true effect of legislation is educational. If the law is just, public sentiment will grow up to it. If it is below public sentiment the law will become a dead letter. The trouble with various reform classes is that they think a law will execute itself, that all that is necessary is to enact it. The effect of much of present legislation is to create a disrespect for statute law. Over-legislation is the bane of the nation. Principles only should be enunciated as LAW. Juries should decide all cases by Principle.

The American Government was the first ever established in confidence in the common-sense of all. One man's ignorance is balance to another's intelligence. What need of a special law? "To establish Justice!" says the Constitution. See that men deal justly. What is just, Fathers? "Value received!" Balance. Then enact the natural law of Balance. "Measure for measure! Love thy neighbor AS thyself!" State should protect me and

**I will not dream in vain despair  
The steps of progress wait for me.**

— Whittier.

see that justice is done! That is all. Justice is nature's law of Compensation.

This anecdote is told for Frederick Douglass. He met Daniel Webster on step of the Capitol when some question of slavery was under discussion and Webster said of the proposed legislation—"Why, Sir! We might as well re-enact a natural law!" Replied Mr. Douglass, "What good, sir, in enacting any other?"

Nature's Law of equilibrium is the ONLY Law of Peace between nations, states, homes, and individuals. Wherever Justice is violated there will be war. Since Ideal Justice is impossible, there will always be need of arbitration. Till men have evolved to love justice, there will be bloodshed. Men will learn the peaceable settlement of all questions when he balances his brother by himself. Man has always been seeking that golden mean in his dealings with his brother, which is his distinctive sense of Justice. The nearer he comes to this the more he finds peace.

And any condition of peace will continue until in the evolution of life a new condition arises and an enlarged definition of Justice is needed. For Justice is a Principle that is finding expression under the Law of Evolution as are all the Principles that comprise Divinity. Humanity will evolve in their expression forever. War and the Causes of war are therefore inevitable in the evolution of Justice. But the means and methods are also changing with the evolution of the race. Methods of settling disputes evolve. The club and stone gave place to bow and spear. These gave way before cannon and bayonet. These are disappearing before sub-marine and aeroplanes. Some time these will go before the power of eloquence, philanthropy, and love of Justice. All good things: all better things; come when we have outgrown the ones of lesser good which have accomplished their purpose.

No arbitrary efforts, no laws, no inter-

national agreements, no peace societies, no disarmament can bring that condition. They will be means of education. But only when the demand for war falls away from human desire and thought will peace be permanent.

It can come only with an evolution of the Kingdom of heaven in its expression through man. The Principle of Love alone ruling the affairs of men can bring Peace.

Do we wish it on any other terms?

All efforts toward Peace are good as inspirations, as seed-sowers. Wars are. But the end is not yet.

There are teachers of cults today, several under the New Thought name, that would enervate and emasculate men by a teaching of submission that is equalled only by those theological sects that sit down and say "God will do it!" and who, when any ill condition comes say "It is God's will," and make no move to help themselves. God's will is whatever I will. When I fold my hands or sit content, I have made that condition God's will, and must take the consequences. So there are those who have so lost the individual in the Absolute, or in resignation, to the Absolute, that there is not life enough in them to live. Insane asylums and hospitals ultimately catch such of these who do not die before they get there. "The Lord helps those who help themselves!" is as true in New Thought as in common thought. There is no excuse in NOW-thought for idleness and non-resistance. My admonition "Don't fight!" has not an element of slavishness, of cowardice, or of resignation. It has a consciousness of POWER TO OVERCOME. Jesus did not fight. He was the gospel of non-resistance, and yet he submitted the least of any character in history to conditions. He said "Overcome with good!" That's the battle royal. The hardest of all battles. To win when it seems failure stares one in the face. To see the victory when defeated as one sees the fruit in spring-time bud. This is *principle* the same as

winning with sword and cannon. The principle is to overcome. The weapons are different. The metal breastplate has been discarded for that of the Spirit. But not till one has graduated from the metallic and entered the consciousness of spirit, can he use the weapons of the spirit. For this reason cannon and sword are needed still to help evolve the perfect man. We may say "It should not be!" but as well say earthquake should not be. "Men ought not to fight." As well say clouds should not change lightning bolts. Equilibrium is being established in the physical and the human conditions. What shall I do? Do just what you are doing, GROW! BE PEACE. In you then God has one who overcomes. That one being LIGHT will show the way to others. Whatever you see to do, do in the name of Peace—but be careful that in your efforts you do not raise a war of antagonism *within* toward him who has not reached your plane of non-resistance. To war in words is one in principle with him who wars with fists or swords. To force your opinions by will upon another is as false a position as to force them with club or by the interference of the State with a law. This fact is ignored by a large class of our citizens, who by law seek to make people good, virtuous, temperate and honest, and here lies the danger in woman suffrage. Woman is so good she wants to make others good by Law. Let the less developed go their way till they step on your toe, then kindly remind them of the fact that they are not minding their business while you are very careful to mind yours. And in the last analysis the pendulum swings between you and me; my business and your business; and the evolution is toward the minding of my business, and letting my neighbor mind his. The best governed are the self-governed. The state that governs by law the least is the best state. It seeks Justice. Do we wish it till it *comes naturally*? Has man ever won by attempting to

hatch the egg in twenty days? The twenty-first is as necessary as the first. The last war between nations as necessary in the evolution of the race as the first. When will come the last? That is not our business. It IS the last when I—YOU—stop fighting. The last war has already been, to those who have not the fighting spirit. But be careful not to take cowardice, a weak sympathy, a sentimentalism, a narrow-sighted view of pain, a fear, a thought of suffering; a limited idea of the scope of human endeavor, and of the needs of character; want of perception of the needed opportunities for the evolution of patriotic men and self-denying women as a love of peace. Peace can be purchased too cheaply, so cheaply that it nourishes a race of cravens. Take away the necessity of standing for, and suffering for, one's convictions; the necessity of protecting one's children and the fireside; the necessity of maintaining at any cost the principle of personal liberty, the freedom of speech and press; remove the demand of loyalty at any price to the fundamentals of a free government; remove from the individual the sense of personal responsibility or freedom of expression and allow him to rest in inglorious ease, cared for paternally by the government and a war such as is now raging, is a thousand times better for the accomplishment of nature's purpose; which purpose I think can be nothing less than a self-controlled, self-reliant and self-sufficient manhood. "Men who know their rights and knowing dare maintain." When it is realized that ideas are stronger than cannon, and more powerful than dynamite, we shall so evolve our powers as individual men that we shall then heal man of war as we now heal by absent treatment the sick. It will not come by removing the causes of war, but in so inspiring in men the love of Right that there will be no causes to remove. It can come only through the building of Ideals of Peace and Fraternity: in lifting na-

# I thank whatever gods may be For my unconquerable Soul.

—W.C. Henley.

tions by lifting individuals from the present selfishness to that plane of unity in love, where all is as one, where all is for each and each for all. Then it will be Universal Peace through Power and not a peace as is today prayed for, a Peace through fear, submission and subjugation.

There is but one duty for Americans and that is to hold before our Brothers—The Whole World—the Principles of our Government. Founded in Justice, government of the people, by the people, for the people. Recognizing as New Thought philosophers no condition but that Soul Condition of Peace. We also recognize the Divine Principle of Expression and the Worth of the Soul, which is found only through experience. We can help the era of Peace only by becoming ourselves the incarnation of peace. Each one that comes to this realization within himself adds one recruit to the Army of Love, and helps on by the most powerful of Nature's methods the desired era. He does his work always, in love, thinking—Peace IS, and it is manifesting itself as fast as possible in the lives of men.

"Let us have peace!" said the Great Commander fifty years ago.

Then Peace is: We will claim it. We affirm—ALL IS PEACE! I AM PEACE!

\* \* \*

There is inevitably a vast Unity underlying all and all these beings and personalities must root down in one ultimate Life and Intelligence; all of them in the end and deep down must have a common purpose and object of existence—and in that thought there is liberation; in that thought there is rest.—Edward Carpenter, in *"The Art of Creation."*

\* \* \*

The lowest tone ever produced on an organ is from an organ built in Lowell, Mass. The pipe is 128 feet long. The tone is felt; not heard. 16 vibrations in a second. This length has been regarded as practically the lowest tone the human ear can perceive.

\* \* \*

A revolution is impending in the healing art. In the near future a physician who does not understand hypnotism and cognate psychic phenomena will have little standing in the medical profession.—*St. Louis Globe Dem.*

## TO A FRIEND

Who asks "Why am I so afflicted?"

"God's ways seem dark, but soon or late,

They touch the shining hills of day."

So writes Whittier. I can only in the same faith write you. Patiently wait for the sun which is now behind the cloud!

"We see but dimly half the causes of our deeds.

Seeing them wholly in the outer "life," says Lowell. So would I answer you. The Cause lies not in the external conditions as you imagine. You will not find them in friends, poverty, or business; neither are they in a God, far away. Come home as did the prodigal and find the Cause within yourself. The same Cause within that allowed you to fall when you first tried to walk brings these conditions; that allowed you to learn that fire will burn by feeling the burn.

This One Cause within you is still educating you through Nature's only way—Experience. No matter whether it be saint or sinner, child or man, this only teacher is with each all the time. To experience you owe all your present consciousness of yourself; of your capacity for joy or sorrow, of health or disease; of happiness or misery.

All consciousness of self has come to you as it comes to all—by expressing your desires, and then deciding whether you wish to repeat the expression or not.

Like all the rest of humanity, you have been unable to avoid the unpleasant you would avoid because you have located Cause outside yourself. This is working among effects and encourages the condition.

"Look within" is the legend for all who would find the cause and institute cure. I cannot enter your mental castle; enter the sanctuary of the soul, and seek cause. That is alone for you to do. But it is truth when the Psalmist says "Our secret sins are in the light of thy countenance"! Sin is not in the action. That

is the legitimate effect of the thought. All cause lies in the desire, and takes expression in thought, which controls the conduct. Jesus said the same when he said, "He that looketh on her". We are learning that the individual alone is the cause, the cure, the rewarder, and the punisher. There is no Power in the Universe that works save that which works in All, Therefore works through you. Sin is not what theologians have taught. Sin is the thought that brings that conduct which we do not desire to repeat. No Good outside the individual takes cognizance of it. The Laws of the universe are established, and positive obedience to them means happiness; negative obedience means misery. Fire burns. In positive obedience we act. "Yes!" we say and are uninjured. In negative obedience we say "No!" and get burned. So with all conduct. It is ours to learn the law through obedience, and then to choose.

My friend you are suffering for your obedience to the Law on the side that hurts. Learn from present effects to obey on the side that heals.

You tell me that for a few months you have affirmed health. No doubt. But Affirmation is but the first step. You must have also held a mental reservation, that has prevented the healing. Like the old woman who prayed for the tree to be removed. When it was not she said "Just as I expected!" Have you not looked for and found the old conditions "just as you expected"?

Affirming health is the way to grow into expecting it. The expectation brings receptivity.

Affirmation helps create conviction. When you really believe there is Life present that can and will heal, then Life heals you. But until this conviction comes, you will not be healed. Remember the law is "As a man thinketh in his heart!" Faith in the Power opens the soul to the awaiting Life. You are on the way. When doubt ends in faith you will reach the goal.

You are now asking "Why?" you will

never reach peace until you cease to question, and know that Wisdom is in all. Then you will wait till it is clear to you why you have these conditions.

New Thought is not a philosophy. It is not an intellectual condition. It is Life made manifest in harmony. Too often Religion is confounded with theology. He is considered a religious man who attends church, subscribes to the creed and makes outward profession. But the religious man is he that lives the Christ-life, no matter what his creed. Today we judge by life and character and not by creed. By deed not by word.

Our New Thought is a way of living. Teaching is opening the door of the mind to perception of the Truth that makes us free of question, doubt, fear, and disease. Opens the door to health and happiness and peace through recognition of Unity with the All-life.

The One Law that lies behind all phenomena is Causation. We reap what we sow. You are now reaping from your past sowing. That you did not know you were sowing tares, has no effect upon the crop. You will learn from the reaping to choose better seed, if you are wise. If you hold others responsible you will continue to sow tares. If you will hold yourself responsible you will find and will sow wheat. Some lesson of Truth and Love is in every experience. Seek it in your case. Drop this idea you hold of Karma. As long as you hold it, you will be a slave to your idea of external control. Look to yourself now and here, and you will master. As well might the farmer reaping his wheat claim present crop was his karma of twenty years ago, as for you to claim present conditions are the fruit of a previous existence. This is the old scape-goat idea which holds its place in race-thought because of an unwillingness to assume control of our lives, and we desire to shift responsibility upon some outside power. Satan has been the one to blame. Then it became evil spirits; then karma, then

## I am not fighting my fight: I am singing my song.

—*Archib L. Black.*

hypnotism, then malicious magnetism, All are but the survival of the old belief in demons, evil eye, witchcraft, love potions, voodooism. They are the same law of Adverse Suggestion under a thousand names. As long as you hold to any form of this belief, there is no help for you. They do not in any form belong to New Thought, though, as you say, some teachers have told you they do. They are old thought. As old as history. Born in an unscientific age among ignorant people as an explanation of Cause. We all seek Cause. Our success in all avenues of expression depends upon the reliability of our assumption of Cause. As long as any scape-goat is assumed in private, civil, political, social or business life, the present effects will not only remain, but will increase. Remedy can come only in the change of our assumption of cause. Cure is found only in placing cause within ourselves. Ignorant of our possibilities we give power to externals. I recommend Whitman's Affirmation for your use—"Nothing external to me has any power over me." Study Emerson's "Self Reliance" and listen to his "Trust thyself!" and echo "I trust myself. I accept the place Divine Providence has found for me." Change conditions where you are, and change them now, if you can. If you do not see the way, and cannot in present unfoldment change them—then change yourself and accept them. Reconcile yourself to the Here and Now, and you will find health and happiness.

\* \* \*

### SMILES AND REFLECTIONS.

By Sheldon Cornelius Clark. Ariel Pub. Co. Westgate, Los Angeles. P. O. Box 156. Price 25c.

An ambitious effort to put into rhyme and rhythm reflections upon present social, scientific and ethical conditions. These four lines from the "Foreword" will give the author's purpose and are a faithful specimen of his style:

From Delphic grot, lend now thy tho't  
And charm of mythic life and lore  
To modern tho't, and the things it brought  
To us,—never heard of before.

### PERMANENCY OF THE GOOD.

Good work well done will be its own reward. It will bring sweetness and satisfaction which can be won in no other way on earth. But we need not deceive ourselves. There will be much besides sweetness and satisfaction. There will be bitterness and pain. A man's foes are those of his own household, and we are never wounded as when we are wounded in the house of our friend. . . . This is your assurance: Not a sigh, not a tear, not a heart-throb is lost. There is not a word spoken in love, not an hour's work done in weakness and weariness, not an effort made in obscurity and loneliness, when the head aches and the heart aches, too, which has not added its tiny trickling rill of influence to those mighty flowing streams of righteousness which shall one day cover the sea. You cannot throw your vote away if you vote for a just cause! This is why our exultant Whitman is so confident:

"Roaming in thought over the universe, I saw  
the little that is good steadily hastening  
toward immortality;  
And the vast all that is called Evil I saw  
hastening to merge itself and become lost  
and dead!"

This is why Emerson's words are so deeply, darkly, beautifully true:

"No accent of the Holy Ghost  
A heedless world has ever lost."

—*Rev. C. L. Aked, San Francisco.*

\* \* \*

### LIVING THOUGHTS IN PRAYER AND POEM.

By Phillip O'Bryen-Hoare. pp. 31. Price 25c. 255 Victoria Parade, East Melbourne, Australia.

Optimistic and practical thoughts upon modern lines of New Thought philosophy. Mr. Hoare has established "The First School of New Thought" at East Melbourne. It is especially gratifying to find he is not trying to make our New Thought movement a mere addenda to some old mystic cult. He says:—"New Thought is knowledge of the true relations between the finite and the infinite; and is so called because of the New and Fresh discoveries being made as to the result of the co-operation between the two."

\* \* \*

### WHY ARE WE HERE? AN ANSWER.

By Ervin A. Rice. Bound. pp. 158. Sold by author, 6615 Yale Ave., Chicago.

This is a theosophical answer to this important question. It seems to be written to establish a theory already adopted rather than to find an answer from the facts of life. It will please all who hold to the belief of primitive man in the separate existence of each soul and its constant re-embodiments.

## Minute a man stops looking for Trouble, happiness looks for him.

—Irving Bachelor.

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### SUGGESTIONS AND PUBLIC HEALTH.

The following quotation from a letter from Rev. James Mulligan, priest of St. Mary's Catholic Church of Waverly, Iowa, was used by John D. Works, Senator from California, in a speech he made in Congress against the Owen Bill, regulating the Public Health Service:

"I should fear that the adoption of the measure would have the effect of increasing illness, especially if it is contemplated, as I believe it is, that the bureau of publications provided for therein shall engage in the popular distribution of health (disease) bulletins. I am firmly of the belief that thoughts freighted with the fear of illness are more potent of evil as disease carriers than the types of God's humble creatures that we are persistently urged to 'swat.' Science has long recognized the value of suggestion as a curative agency, and our most advanced thinkers recognize that the same agency can produce, if not disease itself, at least the morbid condition of mind and body that invites it.

"I am not a scientific man in any sense, but in the course of a busy life I have had under my observation a number of cases of illness produced by suggestion, and at the risk of wearying you I will refer to one of them. One morning, a few years ago, I boarded a train at West Union, Iowa, where I was then established, en route for Turkey River. It was a route I frequently traveled, and I was acquainted with the trainmen. When the conductor approached he told me confidentially that they were having some sport with Jimmy, the new brakeman, by persuading him that he looked very ill, and he asked me to aid in carrying the joke along. I declined to do so, but other passengers were more accommodating, and Jimmy was not only persuaded that he looked ill, but actually became ill, and at Turkey River I saw him carried from the train on a stretcher, as sick a lad as I

ever looked upon that made a subsequent recovery.

"Authentic cases such as I have cited here could, I believe, be multiplied almost without number; but if we recognized that influences on the mind are even small factors in the causation of disease, should we not hesitate ere we sanction the popular distribution of bulletins under the seal of the Government that deal with the subject of disease?"

\* \* \*

A prominent Physician of Oakland recently spent an hour socially in NOW office. He had in his pocket a well worn copy of "Not Hypnotism" and it was well marked. He said, "I carry this with me and consider it the most valuable of books and am recommending it to my friends!" He but echoes the sentiment of hundreds who have studied the book. The author feels that no book is more needed and no Principle is more important than the one elucidated therein. Only 25 cents for a single copy. To increase the good it is capable of doing I will send 5 for \$1.00.

\* \* \*

The entire object of true education is to make people not merely do the right things, but *enjoy* the right things—not merely industrious, but to love industry—not merely learned, but to love knowledge—not merely pure, but to love purity—not merely just, but to hunger and thirst after justice.—*Ruskin*.

\* \* \*

I am reading your book on the "Vision" of the Lord's Prayer and am very fond of it. I find it very stimulative and provocative of wonderful thought. I like it very much.—*Rev. Perry J. Green, New Thought Temple of Truth, Portland, Ore.*

\* \* \*

We must get far enough to see that evolution is but a process—not a force, not a creator, no substitute for God. Back of the process to account for what goes on must be assumed a Power, an Infinite Power; and evolution is to be thought of as but the mode of that Power's procedure. Of this Power the moving universe is the manifestation.—*Rev. Newton Mann (Unitarian)*.

## Obstruction is but virtue's foil, The stream impeded has a song.

—Ingersoll.

OFFICE OF NOW,  
**589 Haight Street, San Francisco, Calif.**

Vol. XII.      MAY, 1915.      No. 5

### NOW

**HENRY HARRISON BROWN, Editor**  
A Monthly Journal of Positive Affirmations.  
Devoted to the Science and Art of Soul Culture.

It is the utterance of the Editor only. All thought not credited to others is his.

Its basic Affirmation is:—**Man is spirit here and now, with all the possibilities of Divinity within him and he can consciously manifest those possibilities HERE and NOW.**

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Foreign subscribers, outside of Mexico, must add 25c to the ordinary subscription price to cover postage. Do not send foreign P. O. stamps.

Entered at second class rates at San Francisco, Cal., Post Office, Jan. 14, 1915.



My meetings at Native Sons hall, 414 Mason St., Sundays, maintain their interest and will be continued during the year.

\* \* \*

Mr. Sam Exton Foulds holds every Sunday evening a class in Mental and Psychic Science in NOW Parlors, 589 Haight St.

\* \* \*

Classes in Mental and Psychic Science, Health instructions, and in Emerson are held during the week in NOW Parlors. Phone, Market 7534.

\* \* \*

NOW is encouraging, helpful, in fact is gospel to me. A. R. C., San Francisco.

### CLASSES AT METAPHYSICAL HEAD- QUARTERS

220 Post st. Have been well attended. Most of the teachers prefer to have a free-will offering rather than a set price at the lessons. And this will be the custom unless some teacher prefers the regular fee plan.

Mrs. Ida Mansfield Wilson is a well known and appreciated teacher and her classes were well attended. And I am sure that she will have made many friends by the courtesy and inspiration during the week.

Mrs. Grace Brown of Denver was also very successful in her class and has won golden opinions from the Metaphysical friends around the Bay.

Mr. Brown-Landone disappointed us and Mrs. Militz took his place. She met with her usual success and report says she surpassed herself in the Lesson. As NOW manuscript goes to press Harry Gaze is holding his class. And NOW has always had a good word for Harry. We have been friends since my first year on the coast and I have followed him with interest and rejoice in the progress he has made and is still making in Truth.

\* \* \*

AT MASTER MIND BOOTH, Palace of Liberal Arts, 2nd street, Avenue "C," will be found NOW and all Henry Harrison Brown's books for sale. Don't miss at least a call, and a chat, with Miss Johnson, who will greet you there.

\* \* \*

NOW readers are reminded that at 220 Post street they will find a place of rest, acquaintance, help and instruction. All are invited to make that their "homey" place while in the city.

\* \* \*

Your new book, "Success," is splendid. Send copy to ..... and one to ..... Everything in your book is true. To live it cannot fail to bring you whatever you want. Dollars want you; so here goes mine.

ELLA WHEELER WILCOX.

**Call this God: then call this Soul:  
And both the only facts for me.**

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—*Browning.*

**CALENDAR**

of Lectures and Classes at Metaphysical Headquarters, 220 Post St., for May, 1915:

May 9 to 15—Class at 8 p. m.

Judge H. H. Benson, Los Angeles.

May 16 to May 22—Class at 8 p. m.

W. J. Colville, London, Eng.

Mr. Boise of Paris expected May 23 to May 29.

May 30 to June 5

Dr. Robert C. Hannon, Editor of "Science," Boston, Mass.

\* \* \*

From notices in this number NOW readers will see what my peers in the work think of the "Prayer." It is the one of my books that will stand the test of time. The others being textbooks will be outgrown, but this, feeding the spiritual nature and giving it an outlet, will be as deathless as "The Prayer"!

\* \* \*

I have been obliged to return many orders for sets of the "Lessons in Suggestion." I have not a full set. I have a few broken sets which will be sent at 10c a lesson. Each Lesson is independent of the rest.

\* \* \*

I have ten copies of the "Primer," which will be sent for 25c each.

\* \* \*

NOW. Edited by that sane, clear thinking New Thinker, Henry Harrison Brown. You will like the constructive, positive, cheerful spirit of NOW. You will enjoy the editor's occasional references to his beloved farm home among the redwoods; you will also enjoy his poems. NOW is one of the most vital and interesting of the New Thought magazines. Subscription, \$1.00 a year, 10c a copy. Address San Francisco, Calif.—*Nautilus* (April, 1915).

Not having space to copy it NOW calls attention to an article of Virginia Hart in April *Nautilus*, entitled "An Object Lesson in Suggestion." It well might have been written by one of the students of the "Now Lessons in Suggestion." Good is it to see that New Thought people are beginning to understand the one underlying Law of all cults of healing, as well as those of teaching, preaching, business, and every other avenue of life's expression. When that Law is understood it will be seen that all cults, schools of philosophy and theology, are each but a different method of elucidating and applying this one Law. Notice an extract from a speech of Senator Works in this number. The Senator is a Christian Scientist, but this shows that he is broader than the majority of that sect.

\* \* \*

Art is what the artist sees, hears, apprehends, when he steps aside into that Timeless World that all creators know. The actual things they bring back from it,—lyrics; sonatas; pictures; tales; little miracles of color, craft, design; structure of marble, brick and wood, fit to stand as houses of worship, or as shelters of human love, even as roofs for our great material activities,—all these things are scattered thoughts of the One. The creative art-worker gives material form, putting them into shapes, our ears can hear, and our eyes can see. . . . The voicing of the Over-Soul, the record and revelation of man's spiritual adventures.—*Atlantic Monthly*.

\* \* \*

Statement of the ownership, management, circulation, etc., required by the Act of August, 1912, of NOW, published monthly at Glenwood, California, for April 1, 1915:

Editor, Henry Harrison Brown; Business Manager, Henry Harrison Brown; Publisher, Henry Harrison Brown; Owners, Henry Harrison Brown. Known bondholders, mortgagees and other security holders, holding one per cent or more of total amount of bonds, mortgages or other securities—NONE.

HENRY HARRISON BROWN,

Editor, Owner and Publisher.

Sworn to and subscribed before me this first day of April, 1915.

J. J. KERRIGAN.

My commission expires Aug. 27, 1918.

**I, grateful, take the good I find;  
The best of now and here.**

—Whittier.

### MASTER MIND BOOTH

**In the Palace of Liberal Arts at the Exposition.**

Mrs. Annie Rix Miltz has established a booth where all the leading New Thought journals and books will be on exhibition and for sale. It is on Second street. Near avenue "C." The "color scheme" is white and gold.

There will be a book for registry. Let all New Thought people inscribe their names, and they can be found by the New Thought friends.

There will also be a "Silence Room" for rest and refreshment.

NOW will be there for distribution. All my books always on hand in quantity to supply all possible demand.

Attendants will be ready at all times to give information and render assistance when and as needed. Remember location.

Liberal Arts Palace, 2d street, near avenue "C."

### THE LORD'S PRAYER; A VISION OF TODAY.

The position taken in this book and maintained in all its essays has received this strong confirmation in a sermon by Rev. C. S. S. Dutton (Unitarian) San Francisco April 11, 1915:

"Christianity set out with a great social purpose. The live substance of the Christian religion was the hope of seeing a divine order established on earth. But hardly had the social ideal of Christianity risen above the horizon than it went into a long eclipse.

"That eclipse was due to a combination of various causes. The decline of the Jewish influence deprived it of the energy which centuries of preparation had given it in Judaism.

"The influence of Greek thought crowded out the social ideal by bringing speculative theology to the front.

"But today the social ideal is becoming once more the working dogma of our faith. The new historical study of the Bible has put it to the front.

"We are getting back to Christ and to His faith in the possibility and certainty of the reign of God on earth.

"In the past the theology of the church could be stated with scarcely a mention of that purpose which was the central thought of Christ. Christian hymn books could be compiled without giving expression to this mighty religious hope and motive.

"Now the church will have to recast its theology, its ritual, its prayers, its hymns, its evangelism, to make room, not simply for the terminology, but for the aims, motives, passions and philosophy which are summed up in the phrase, 'The Kingdom of God.'"

\* \* \*

I am glad you have given us "The Lord's Prayer" interpretation. It makes one think along new lines and opens fields for original explanation. I always like your attitude of not having given the final word or having given us a "Thus said the Lord" or "Cursed be he that adds to the sayings of this book." I get much out of your writings even when I do not agree with you. Let us have more from your pen along New Testament interpretation. It requires an independent mind to understand Jesus. No leaner, no follower, no seeker after a leader, can ever understand him. — *Henry Victor Morgan, Pastor Park Universalist Church, Tacoma, Washington.*

\* \* \*

My friend Gannon, whom NOW readers know from the original poems published in its pages, writes concerning "The Prayer!"—"Your conception of Christ's efforts in Here and Now are to the point. A sort of 'gaseous felicity' as Bouck White puts it in the 'Call of the Carpenter' in the Hereafter was not the end for which he toiled."

\* \* \*

I have read your book "The Lord's Prayer" and I like it very much. It shows a great deal of thought and an inspiration . . . and I cheerfully recommend it to all.—*Rev. T. M. Minard, Divine Science Church, Portland, Ore.*

\* \* \*

May not the laws of phenomena, which men of science discover, be laws of thinking merely imposed upon nature as her laws. Nay, who can refrain from admitting with Kant that they can be nothing more?—*MacFicar.*

\* \* \*

The laws of nature have their sole seat and origin and function in the human mind. — *Buckle.*

## OUR EXPOSITION BOOTH

[These classified columns are for the use of those who wish to readily reach the public at least expense. Advertisements of not less than 20 words will be received and charged at the rate of 4c a word. An advertisement of 30 words will be inserted for \$1.00 each insertion. Subsequent insertions of all advertisements which appear in April number will be continued at the rate of 2c a word at option of the advertiser. Rates will increase as my circulation does. Advertisement must be here by the 20th of preceding month in which it is to appear.]

[Cards of this size will be inserted here during the continuance of Exposition for \$1.00 an issue; 6 months for \$5; 9 months for \$7. NOW will be circulated free at *Master Mind Booth* in the Fine Arts Building at the Exposition and thus will reach a large class of readers who will be very apt to become patrons of my advertisers.]

### HEALERS

Sam Exton Foulds. Office 589 Haight St., San Francisco, Cal. Hours from 10 a. m. to 3 p. m., daily except Sundays. A student of ten years of Henry Harrison Brown. Successful in all cases. Mental Science will heal where medicine and hygiene fails.

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*Diseases of Women and Easy Childbirth.* By J.H. Tilden, M.D. Every prospective mother should have a copy of this book. Quarter Morocco binding, \$4.00; cloth binding, \$2.50. A year's subscription to *A Stuffed Club* with each order for the \$4 book.

**A STUFFED CLUB** 1045 Lincoln St., Denver, Colo.

**\$15 BUYS** eight life-size colored anatomical charts; also chart showing the principle of therapeutic manipulations and lessons with manual explaining exercises. McELROY, 101 Henry St., Brooklyn, N. Y. (Sent post-paid.)

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