

JAN 7 1915
THE WORLD'S NEW THOUGHT JOURNAL

10 cts.

JANUARY, 1915

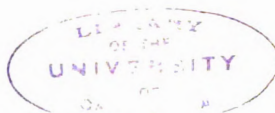
\$1⁰⁰
A Year

NOW

A Journal of Affirmation

HENRY HARRISON BROWN,

Editor



Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good.—EMERSON.



UNIV. OF
CALIFORNIA

SOUL CULTURE

ART OF LIVING

PSYCHOMETRY

INSPIRATION

SPIRITUAL HEALING

MENTAL SCIENCE

SUGGESTION

PUBLISHED BY
HENRY HARRISON BROWN, GLENWOOD, CALIFORNIA.
SANTA CRUZ MOUNTAINS

107600
N6
V.12-13
LIBRARY
EDUC.
PSYCH.
LIBRARY

DOLLARS WANT ME

The New Road To Opulence

BY HENRY HARRISON BROWN

WE HAVE JUST PUT OUT A NEW EDITION OF THIS POPULAR LITTLE BOOK. FROM ALL CLASSES THERE COMES FOR IT NOTHING BUT PRAISE. IF YOU HAVE IT NOT, THEN YOU MISS THE GREATEST HELP THAT CAN BE FOUND IN LIKE SPACE AT SMALL PRICE. THERE IS NO EQUAL BOOK FOR THE ONE WHO IS ANXIOUS OR WHO WORRIES OVER THE FUTURE.

"THE BEST FINANCIAL TREATISE THAT HAS APPEARED FOR ONE HUNDRED YEARS," WRITES A NEW YORK BANKER.

IT IS USED AS A TEXT-BOOK IN SOME FIRM-CLASS WORK. IT IS ONLY TEN CENTS. IS WORTH TEN DOLLARS. TEN DOLLARS EXPENDED FOR OTHER LITERATURE WILL NOT BRING THE POWER OF FINANCIAL VICTORY THIS WILL.

SENT POSTPAID FROM THIS OFFICE FOR TEN CENTS

Concentration--The Road To Success

Pp. 120, Paper 50c

This book of Henry Harrison Brown's was first published in 1907. Already nearly 10,000 copies have been sold. There is not among all the New Thought literature one that is better adapted to the general NEED than this. The testimony is universal among those who have purchased that,

IT IS THE MOST PRACTICAL BOOK UPON THE SUBJECT YET IN
THE MARKET

No Ill Health, or Unhappiness, or Poverty, has he who follows the principles laid down in this book. If you don't wish to fall in Love with Truth don't send for it.

HENRY HARRISON BROWN

589 HAIGHT STREET

SAN FRANCISCO, CAL.

SUCCESS

And How Won Through Affirmation

THIS IS
HENRY HARRISON BROWN'S LATEST BOOK

A lithograph of Mr. Brown taken from his latest photograph faces the title page.

It contains the wisdom born of his long experience covering business, civil and military life, pulpit, newspaper and platform work, as well as experience of over forty years in Mental Science, as teacher and practitioner. Written in simplest style, and yet forcible, it conveys the greatest possible wisdom for all who court Success. Thousands just miss Success for want of the stimulus to be found here. As an editor Mr. Brown has learned to "boil down" his language, so as to tell the most in fewest words.

It is a book for daily companionship. One to be carried in pocket for mediation in hours of leisure. A fitting continuation of "How To Control Fate" and "Concentration." One friend said of it—"A grown up edition of 'Dollars Want Me'!"

It is a book of 100 pages. Paper covered. Price, Fifty cents.

ADDRESS:

HENRY HARRISON BROWN
589 HAIGHT STREET
SAN FRANCISCO, CAL.

The Lord's Prayer: A Vision of Today

My New Book is ready for delivery. It contains 220 pages, finely bound in leatherette. It is a series of essays upon the different phrases of the Prayer, treated under the light of modern scientific criticism and present metaphysical insight. No liberal person can afford not to possess it. "The Silent Hour" portion contains meditations for the Silence, from wise minds from all literature. Send for it! If not satisfied I will refund the price on return of the book. Price, \$1 at this office.

How To Go Into the Silence

SECOND EDITION

By ALICE HERRING CHRISTOPHER

This treatise, on a subject of supreme importance to all New Thought students, is said to be the most valuable instruction yet given, and will be found of very practical use to all.

In this book the whole meaning of this effort to go into the Silence is explained, and its spiritual purpose made clear, in concise and simple language, that may be understood by all.

PRICE 25 CENTS FROM

THE CHRISTOPHER PRESS

1140 Columbus Ave., Boston, Mass.

SPECIAL OFFER

Send \$1.25 and get Prosperity, and the Master Mind For One Year.

THE MASTER MIND is a NEW THOUGHT MAGAZINE, which stands for the Absolute Truth as applied to everyday, practical life and affairs. Edited by Annie Rix Miltitz, Teacher and Healer of national reputation and Founder of the Homes of Truth of California. Two leading articles now running: HEARING THE INNER VOICE and SCIENTIFIC FAITH. Every number contains Lessons in Bible interpretation, The Healing Circle, and Bread from Heaven, for each day. Regular price \$1.00, Canada \$1.25, Foreign \$1.35. 10c a copy, 12c by mail. PROSPERITY is a Course of Lectures and Treatments in book form. Regular price 50c. This SPECIAL OFFER in foreign countries, \$1.60.

THE MASTER MIND PUB. CO., Dept. B,
649 South Flower St, Los Angeles, Cal.,
U. S. A.

Cosmic Law of Telepathy, 10 cents

With 600 page book on "THOUGHT EXTENSION," 25 cents, also a 500 page book on "Wireless Power of God in Man" and a year's subscription to NOW for \$1.25. Address

Telekist Pub. Co., (So. Side Sta.)

Kankakee, Ill.

Williamson & Garrett

(Incorporated)

Grocers

TELEPHONE MAIN SEVEN

10, 12, 14, 16 PACIFIC AVENUE,
SANTA CRUZ, CAL.

Practical Methods To Insure Success

ITS INSTRUCTIONS HAVE BEEN FOLLOWED BY THOUSANDS IN EUROPE AND AMERICA,

who offer the highest testimonials to their value. The ablest medical practitioners everywhere endorse them as being safe and reliable.

NO ONE CAN AFFORD TO DO WITHOUT THESE METHODS.

Those who wish the highest success in life, can find in them that which will give vigor of body, strength of mind and will, power to control self and surrounding circumstances, and produce a personal magnetism that will enable the possessor not only to make friends, but to become a leader among men. Price, 25 cents. Leather, 75 cents.

ESOTERIC PUBLISHING CO.,
APPLEGATE, CALIFORNIA.

100 subscriptions for my proposed work on Telepathy have been received. Consider the matter well and then send in your name. No money till it is announced that the book is ready. I do not now know what will be the selling price. I am sure that it will be over \$1.00 but I will fill all orders at that price up to 200, that come in before the manuscript goes to printer and to press. When 200 advance orders are received I will at once start the printers at work. Here is the Title page as I now have it in my thought—

TELEPATHY

And Allied Phenomena, Premonition, Inspiration, Clairvoyance and Psychometry. The Philosophy of the Psychic Life. A series of Theoretical and Practical Soul Culture Essays

by

Henry Harrison Brown,
Mental Scientist, Soul Culture Minister,
and Author.

*Sometimes a breath floats by me,
A breath from dreamland sent.*

—Lowell.

I would like to put it in press early in the year 1914.

The first 200 shall be an autograph edition.

The book will have a lithograph of myself engraved from a photograph taken while the book is in press. Now is your time. When the subscriptions come in is my time.

WANTED

Men and women to join the Altruist Community, of St. Louis and Sulphur Springs, Mo., which provides a permanent home and employment for all its members. Send for its monthly paper, 25 cents a year, and 10c for its pamphlet containing its agreement, regulations and plans. Address A. LONGLEY, Sulphur Springs, Mo.

The Master Mind

Edited by ANNIE RIX MILITZ.

A New Thought Magazine which stands for the Absolute Truth as applied to everyday, practical life and affairs.

Leading articles now running: *Concentration, New Light on the Bible, and Scientific Faith.*

Send 25c for Three Months Subscription and the little booklet, "All Things Are Possible to Them That Believe."

Per Year \$1. Canada \$1.25. Foreign \$1.35

MASTER MIND PUB. CO.,

Dept. B, 649 South Flower Street,
Los Angeles, Cal.

TOBACCO HABIT CURED

I will tell you of a simple, inexpensive herb, easily obtained anywhere, that will remove all desire for tobacco. Send 25 cents (no stamps). Reference my postmaster. EDWARD L. GORE, Ruskin, Florida.

Become a Hypnotist!

Master our correspondence course of 4 Vol. of 79 lessons in Hypnotism, Mesmerism, Mind-reading, Telepathy, Occult Healing and allied Occult Sciences. A few hours study will make you master of Occultism.

Price \$2.00 Only. Prospectus Free.

Dr. K. T. Ramnsaml, D. Sc. Ph. D.

THE INDIAN ACADEMY OF SCIENCE,
KIZHANATTAM, Tinnevely Dist., S. India



FREE A Valuable Self-Healing Lesson, formerly sold for 50c, will be sent **FREE** to all who send stamped envelopes. Address Editor "Occult Truth Seeker," Box 77, Ruskin, Florida.

An International New Thought Congress

To Be Held At

The Panama-Pacific Exposition

SAN FRANCISCO, CAL., U. S. A.

AUGUST 30 TO SEPTEMBER 5, 1915.

AUGUST 28, "NEW THOUGHT DAY"

UNDER THE AUSPICES OF

The International New Thought Alliance

Here will be brought together the leading exponents of the Healing and Uplifting Powers of the Mind from all over the world.

The California New Thought Exposition Committee is preparing the way for a reception and a program that will be a continual feast of spiritual, intellectual and artistic enjoyments. The influ-

ence of this gathering will be one of the mightiest the world has ever known for the unity of humanity and the introduction of heaven upon the earth. For information in regard to the details of the Congress, address Mrs. Alice P. Thompson, Secretary California New Thought Exposition Committee, 200 Post St., San Francisco, Cal.

Why the Youth's Companion Should Be in Every Family

"If I could take only one paper," said the late Mr. Justice Brewer of the Supreme Court, "it would be The Youth's Companion—a little of everything in a nutshell, and unbiased." The Companion is a family paper in the completest sense. It provides reading that, without failing to interest the young, still interests the mature. It unites young and old through their common enjoyment of delightful fiction, agreeable miscellany, and the clear exposition of public questions.

So carefully is it edited, so varied are its contents, that it would easily supply a family with entertaining fiction, up-to-date information and wholesome fun, if no other periodical entered the house.

If you are not familiar with The Companion as it is to-day, let us send you sample copies and the Forecast for 1915.

THE YOUTH'S COMPANION

144 Berkeley Street, Boston, Mass.

YOUTH'S COMPANION	\$1.75
NOW	1.00

\$2.75

BOTH SENT FROM THIS OFFICE FOR \$2.00

THE STELLAR RAY

Is the

Newest Thought Magazine In Line of Human Progress

In this great scientific era there is not any limit known to human achievement when the individual is working in the line for which he is adapted.

THE EDITORIAL AND STELLAR SCIENCE DEPARTMENTS

teach in a clear, simple way how the best results in life may be attained by each one of its readers.

Another interesting feature is the department of Psychic Research, with its marvelous and mysterious incidents, many of them under the investigation of the Psychic Research Society.

The purpose of the entire magazine is to promote better conditions in each life, and according to the testimony of its readers they are in better health, happier and more successful because of the STELLAR RAY monthly visits.

PRICE \$1.00 PER YEAR

Address: The Stellar Ray, Detroit, Mich.

BIBLE REVIEW

The name suggests orthodoxy, but do not let that mislead you. This magazine supports no narrow creed; condemns none, yet harmonizes all.

It proclaims Freedom for the soul, here and now.

It opens the Understanding to the mysteries of the ages.

It embodies all that is contained in Mysticism, Christian Science, Metaphysics, Mental Science, New Thought—and more, for it goes straight to the heart of Truth.

Its Practical Instructions give capacity of mind, and unfoldment of soul.

Its object is that supreme ultimate heralded by the Christ—the Blessed Door of the Order of Melchizedek, which is the union of the individual soul with the Universal Soul, and the establishment of God's Kingdom on Earth.

H. E. BUTLER, Editor.

15 cents a copy. **\$1.50 a year.**

FOREIGN.

9d. a copy. **7s. 2d. a year.**

**ESOTERIC PUB. CO.,
APPLEGATE, CAL.**

Send For My Healing Cards

5c each, 7 for 25c.

**HENRY HARRISON BROWN,
589 Haight St. San Francisco, Calif.**



From all Life's grapes I press sweet wine.
—Henry Harrison Brown.

NOW

A Journal of Affirmation

VOL. XII.

JANUARY, 1915

No. 1

SPIRITUAL FREEDOM.

*"Two men looked out behind the bars!
One saw mud; the other saw stars."*

What have I done? "You've broken the law!"

The law? What law? Of God or man?

"The statute law of course. What can
We with the law of God! Ah! Ah!"

Aye! Aye! I see. The law of clan!
The crime lies in your making the law!

Has state a right to so proclaim
What is, and what is not right, and then

To place the penalty and blame
On him who makes his conscience guide?

Has state a right to abrogate
God's law and be my arbiter and fate?

Come here, my Jailer! You're my friend!

Why am I thus incarcerated?

I answer: Because I refuse to let the state
My conscience be! "But then the law!"

Repeat that lie! Don't hesitate!

I know! But, sir, within the glass

I see the face that I swear by,
And can afford to let that sentence pass.

I obeyed the Almighty Urge within!

I trust and love myself too well

To deny that urge! Commit the sin

God never pardons! Make inward hell!

The state may call my act a crime; but I deny

Its right! Thus I rebel. I'm well aware

Of man's tyranny o'er man. You try

To fetter Divinity in me! By the God I

am, I swear

I'll suffer scorn and death away

Before the God within I'll disobey!

In pride beyond state's power to stir

I feel today my lineage old! My sires

Obeys this urge and patriot fires

Burn in my breast. State can't deter!

Use any epithet you choose!

I'm power to win, what cowards lose!

"Ashamed?" Of what? Nay! Proud am I

Thus to be a pioneer!

The freeman soul in me will ne'er

To social tyranny bend low!

'Gainst ancient law I strike a blow,

And man sometime will break this fear,

That chains like captive to Caesar's cars,

Through civil law, to an ancient curse!

But I am free despite your bars!

Soul cannot imprisoned be!—But why re-
hearse?

Look at me! Others broke the laws for me,

And outcast died that I might be free!

And free I'll be! Love reigns within!

Love is the fulfilling of God's Law!

I've found my Self! In Truth serene

I'm happy Jailer within your bar.

I'm free because I will not lie!

Put off these cuffs; unbar your door;

A freeman proud here still am I!

"That you have the body!" Good! But Soul?

Ah! That is free despite the law! I'll look
afar!

For me there is the boundless Whole!

Heaven's door is his who never bowed

To human law! As Soul I'm free,

And Peace is mine. 'Tis yours the war!

Only to him who is Good-Will

Cometh my friend, the "Peace! Be Still!"

HENRY HARRISON BROWN.

"PENNY WISE AND POUND FOOLISH."

There is with the majority of persons a
tendency to economy which well comes
under the designation of "expensive
saving."

"I cannot afford it!" is the excuse often
of paying a bigger bill later.

I cannot afford the new stove, and the
house burns. I cannot afford the new
dress and time is wasted in mending
the old with a loss of vitality and of
happiness, and consequently of efficien-
cy in the irritation which the old caus-
es.

I cannot afford the theater, and a low ebb
of vitality is induced through lack of
variety of thought, and in the feeling
of limitation.

I cannot afford the book or the paper
and consequently tastes and habits are
formed of killing time, and consequen-
tly with loss of mental growth, through
lack of that inspiration which stimulates
activity, where a few dollars invested
in reading matter would lead to the for-

**Henceforth I seek not good fortune:
I am good fortune.**

—Walt Whitman.

mation of mental habits that not only give employment and enjoyment but are capital for all future opportunities. The greatest error in this economy is the consciousness of limitation. We place ourselves in a prison, where faculties are stunted, if not paralyzed. The power to do comes with doing. Emerson says: "Do the thing and you shall have the power."

The tendency is to value ourselves and others by possession. I am worth so much! I have so much in the bank! I possess so much land! I own so much bank stock. The chances are that the dollars I think I am worth fitly express my worth. I am estimated at that price by others and limited by them as I limit myself. I am not owning any property, it is owing me. I am its slave. In order to have it called mine I am giving up opportunities for growth, opportunities of expressing myself as Love, as Truth, as Power. I let my real self lie in abeyance that I may accumulate property. Property demands more and more of me each day, and I grow less and less daily in ability to appreciate the Beauty, Goodness and Manhood around me, because my own manhood is shrinking to a property value daily.

I save! What? Nothing! I lose! What? Opportunity of enlarging my consciousness of Being. It is not what I call mine for the few years I may express myself as Life in the body that is of importance, but what I become through Expression in Consciousness of Self. It is not possession but BEING that counts for NOW and Eternity. Not what I hold of land, stock and money but what do I know of Self? What am I in expression? Do I understand the Self? "What knowledge is of most worth?" asks Herbert Spencer in his "Education" and he replies:—"Scientific!" But his science is purely knowledge of the eternal—knowledge of the Non-Me. There is a Science; the Science of sciences; the science of the Me! Mental Science!

The first and important knowledge is Self-Knowledge.

"Know thyself, presume not God to scan;
The proper study of mankind is man;"
Said Pope, long ago with as little knowledge of what he really meant as a child has in repeating the ten commandments:

"What is this I that is speaking,
This Being so wondrous in might?
'Tis a part of the Infinite Essence,
A spark of the Infinite Light."

Yet the child is taught more of sunlight than it is of Infinite Light. More about a spark of electricity than it is of a spark of God. Why? Because material things have a conscious objective, concrete value. They belong to the senses and can be seen, felt, heard, smelt, and tasted. The animals all do this. They select by the senses. Can man afford to select otherwise? Is there a value above the animal choice? Till he knows himself as NOT Animal but Mind will he feel that he can afford to value things only as opportunities for Self-Expression, and not regard them as possession. The first step in Spiritual consciousness is to know one's self as not animal! To measure values not by material senses but by the spiritual. To know that he can afford to sacrifice material for spiritual gain. How can this help me to larger expression of my SELF? shall be the question when MAN comes to himself and knows himself as Man. When he is born into freedom from the animal matrix in which he incarnated, starting thus that he might know himself, not as animal but as the Evolution of Divine Mind into Self-Consciousness. Not as man to limit his expression merely to his heredity as animal but to reach out by his heredity as God, through conscious choice, into the larger freedom of expression as a Son of God.

Thus I am to know myself as Emerson with wonderful insight said "As Conscious Law."

The poem in which this master line appears is "Wood-Notes" and the lines run thus, picturing Evolution in 1840.

**When'er I meet my sailing peers,
"ALL'S WELL" I to their hail reply.**

—Edith M. Thomas.

3

nineteen years before Darwin gave his theory.

The world is the ring of his spells,
And the play of his miracles.
As he giveth to all to drink,
Thus, or thus, they are and think.
With one drop sheds from and feature;
With the next a special nature;
The third adds heat's indulgent spark,
The fourth adds Light, to eat the dark,
Into the fifth himself he flings:—
And Conscious Law is King of Kings.

Can any person afford for the sake of dollars, for the sake of position, for the sake of society, for the sake even of material life, to exchange the possibility of this consciousness, for the lesser fortune of possession? Being or possession is the choice offered to each. Take from the man what is put into the purse. Can any one afford it? The very expression "I cannot afford it!" announces that the person is a slave. I *can* afford it, but I do not think it wisdom to afford it! I prefer to use the dollar otherwise! These expressions of choice is Manhood—is Freedom.

Change of mental attitude will bring Possession. Such Possession will be under the thought that things are to be used for the personal unfoldment—for the expression of the Individual along lines of desire and for loving service to his fellows.

The dollar I use; the land I use; the book I use; becomes myself. Those, that command me through necessity; through threatened poverty or loss; own me. Better by far were loss, poverty, imprisonment, than this degradation of Soul to matter; than this enslavement of Manhood to things.

And not till this Consciousness of superiority of Being to Possession is awakened will the question of Supply be settled. When it is, then does the individual know that the Lord within is my Shepherd and I cannot want. Then never will the question arise in my mind of expending. I will only decide how and for what I expend that which I have only that I may in expending thus, use it.
use it.

ST. FRANCIS OF THE WESTERN SEA.

I love thy ways: Oh City fair!
Thy ever crowded thoroughfare,
Thy people clad in bright array,
Thy busy throng at close of day.
I love thy ways!

I love thy ways: Oh cherished home!
Too dear by far for me to roam.
No fairer place in any State
Than thou: Queen of the Golden Gate.
I love thy ways!

I love thee well: Pacific's Queen!
Thy beauteous parks, forever green;
The flowers that greet me all the year,
Thy sun kissed hills forever dear.
I love thee well!

Oh, City of a hundred hills—
Whose purple twilights ever thrill
And light my soul on wings of prayer!
I love but thee—Thou art so fair!
I love but thee.

Thou City of my cherished dream,
Thy glories by the world unseen
Shall yet throughout all ages ring.
Oh star of hope! Thy praise I sing!
St. Francis, of the Western Sea—
I love but Thee!
DOROTHY O'NEAL.

No more timely advice was ever given than in this of Dr. Williams which I find in the Journal of American Medical Association for Dec. 6, 1914. No better statement of Mental Science could be asked for. All the proof of New Thought practitioner desires the Doctor has given. Thought and Emotion affect for good or ill the physical body.

DANGERS OF WAR NEWS.

To the Editors:—It is time the medical profession impressed on the public the danger arising from too much reading and thinking of the war and its tragedies. Consideration of the vastness of the war, with its unnumbered and unspeakable atrocities and its suffering, overstimulates and weakens the mental fiber, and soon reacts on the physical state of the individual. The husband neglects his wife, the mother her child, sleep is lost, appetite and digestion are impaired by reading of Belgium and blood, Prussia and pillage, Germany and guns, Serbia and shrapnel, cholera, ruins, rape, hunger, cold, wounds, widows, orphans, destruction, despair, drunkenness and death. Daily the press of the country places before our greedy eyes all the printable horrors, and as we grasp our paper

Trust thyself! Every heart Vibrates to that iron string.

—Emerson.

we breathe a curse or prayer according to the tenor of the latest despatch. The danger of this is increased by the constantly changing results of the vital conflict. The rapid shift from overstimulation of our emotions to deep depression causes increased blood-pressure, cerebral congestion, nervousness and irritability and may lead to imagined or real physical degeneration. Also it is to be remembered that the constant and earnest reader, especially he who is naturally emotional or neurotic, suffers from this overstimulation and depression for an indefinite time. The excitement and depression is quite different from that bred of a horse race or prize fight, in which our emotions undergo rapid change for only a short time, and yet we know that cases of collapse and even sudden death have occurred at such events. The ending of the present war may be far in the future, and the harrowing conditions of our fellow men meanwhile will probably become more extreme and more pitiable, while it may be that our doubts and depressions will become more marked. Another bad influence is the uncertainty of the reports we hear, so that we are exposed to frequent and swift revulsions of feeling, uplifts and down-thrusts of the mental scale. As a matter of fact, we suffer far more from apprehension of doubt of the issue of events than from the event itself; in the present instance, moreover, our mental impressions are so chaotic that confusion is caused by the simple process of attempting to grasp what is going on. What we need now especially is to conserve our energy and stop this fretting, worrying, nerve-wracking and useless occupation of reading and discussing harrowing details. Each of us should look at this terrible thing soberly, quietly and broadly, not allowing an emotional element to enter the subject; for so soon as we do, our good judgment and balance is sent tumbling toward hysteria and nerve exhaustion.—Gurney Williams, M. D., Atlantic City, N. J.

Man is slowly passing from a primitive social state, in which he was little better than a brute, toward an ultimate social state, in which his character shall have become so transformed that nothing of the brute can be detected in it. The ape and the tiger in human nature will become extinct. Theology has much to say of original sin. This original sin is neither more nor less than the brute inheritance which every man carries with him, and the process of evolution is an advance toward true salvation. Fresh value is thus added to human life. The modern prophet, employing the methods of science, may again proclaim that the kingdom of heaven is at hand. Work ye, therefore, early and late, to prepare its coming.—John Fiske.

AFFIRMATIONS.

"All of Good the past time had
Remains to make our own time glad.
Step by step since time began
I see the steady gain of man."

The seasons roll their round and I grow with them.

The earth brings forth in season her fruits and flowers.

I also bring forth from within the flowers of Faith and the fruits of Spirit.

The One Mind is in me that is in earth and all its fruitage.

The earth was made that I might thus express.

Time is but the canvas upon which I paint the unfolding of my consciousness of Self.

Endless is the scroll upon which I thus paint my Self.

I have a backward look which I call the Past.

I have a forward Hope which I call the Future.

I have the Present, in which I paint.

My only opportunity is NOW.

I am alive and work, now.

I am alive and love, now.

I am alive and think, now.

Now is the time of expression.

Now is the time of enjoyment.

Now is the time of unfoldment.

Now is the time of happiness.

Now is the time to be well.

Now is the kingdom of heaven.

I live, love, think, now, and am now happy.

In thus living, loving, thinking, and affirming happiness, I am at peace within and with all about me.

I am the kingdom of heaven, whose consciousness is PEACE.

The golden hues upon the sun-lit peaks,
The water babbling o'er its pebbly bed,
Are they not Buddha's Presence and His Voice?

Do envious clouds obscure the sliver moon
Through these long darksome nights? Let it be so,

There is no darkness where the golden beams
Of truth illuminate the active mind.

—From the Japanese.

The deeper I drink of the cup of Life the sweeter it grows.

5

—*Julia Ward Howe*

SHINE WHERE YOU ARE.

Don't waste your time in longing
For bright impossible things,
Don't sit supinely yearning
For the swiftness of angel wings;
Don't spurn to be a rush light,
Because you are not a star;
But brighten some bit of darkness
By shining just where you are.
There is need of the tiniest candle,
As well as the garish sun;
The humblest deed is ennobled
When it is worthily done;
You may never be called to brighten
The darkened regions afar;
So fill, for the day, your mission
By shining just where you are.

—*John Hay.*

THE STRATA OF EXPERIENCE.

No matter whose or what the experience may be it is an experience of the One Mind. All experience is the phenomena of the One Mind. All experience is an out-pressing of the One Mind into consciousness of Itself.

The One Mind is so much farther advanced in Its knowledge of Itself by every experience of every individual.

Because each person is an expression of the One Mind, the result of the experience of any one person is the gain of every person from that time forever onward. So much has been added to the conscious action of the One Mind.

It is to be remembered that all manifestations of Power from the earliest dawn of its expression in phenomena down to the Self-conscious action of the same Power as Man, were unconscious—unplanned; were without premeditation and without purpose; were simply power acting in line of least resistance and combining into forms from the Law of Necessity. As the flow of water from a shower down a hill, begins a channel which forms the Law for the next falling water to follow, so each human experience forms in the One Mind a Law for subsequent activity. The sum total of past experience we call heredity.

The One Mind found the way in which to manifest by manifesting in the easi-

est way at the time. In the same way Man finds the best way by manifesting at first in the easiest way, and improving in subsequent expressions by overcoming the impediments to the first expression. The One Mind never improved in its expressions. It keeps the same as fixed Laws and goes on to new experiments. It has thus passed through successive stages of experimentation, adding strata after strata of unfoldment toward consciousness, as It has added strata after strata of an unfolding world.

This fact of the experience of Nature—the One Mind—and its fixedness as Strata of Intelligence in Itself and as Law to human perception, will help us to solve the problems that meet us in the study of the One Mind as Humanity.

As we study the world as a whole, as we study the vegetable kingdom as a whole; as we study the animal world as a whole; so must we study Man.

Through the whole process of Evolution from unparticled substance to Man, the One Mind has been experimenting and learning what it could do. Been practicing with worlds, and with chaos as It later does in the boy with marbles and kite. Later It experiments with Itself in Life-forms of vegetation and animals. Chadwick beautifully, as poet, states it this way:

From the shapeless slow but sure,
Taking shapes with beauty rife;
From the senseless clod at length
Plucking out the heart of Life.
Upward, onward, striving still
Through the elemental forms;
Cradled in the monster trees,
Rocked by earthquakes, nursed by storms;
Out of weakness growing strong,
Working still the heavenly plan,
Learning what the beast must do,
Ere he find himself a Man.

But IT (Nature, The One Mind, God) is the same power in each of these forms and IT is God, striving upward and onward toward knowledge of what HE (It) is capable of doing and through expression is capable of knowing. Says Emerson:

**I will not dream in vain despair
The steps of progress wait for me.**

— *Whittier.*

And striving to be man the worm
Mounts through all the spires of form.

Thus becoming conscious of Himself (Itself) not only as Power, but as Intelligence and Emotion, thus learning then as now It does through Himself as Motion, what It is capable of doing. And Man, the Self-conscious expression of the One, must necessarily learn of himself in the same way in which the One has learned, and that is by the study of Motion.

All the race knows, and all it can ever know, is the conclusion it draws as Intellect from the effects upon its consciousness of Motion. As the effects of cosmic motion are left in strata of earth, in the successive genera of plant and animals, so the effects of all the evolution of the Universal Mind are stratified as a race memory. This memory is both spiritual and physical, for the Mind is an individual consciousness in each person, is a manifestation of the Universal race-consciousness. Race-consciousness must build a physical brain to represent the race memory in the individual. Thus does the One Mind gain in each race-generation an additional unfoldment of Itself into consciousness of Itself. That gain is to be found in the BEST the most highly developed of each generation.

As all Motion is in undulations, this Original Motion, which we can name spiritual, psychical or mental, moves in undulations. As ocean waves differ in magnitude, speed and height, in like manner do the spirit undulations differ, and when sufficient momentum in any one line of vibration is gained there is a poet, a sage, a seer and inventor, a religious teacher. Thus are the geniuses accounted for. They represent the highwater mark of ages of unfoldment of the One Mind, through generations of men. It is not alone the heredity of parents or ancestors but the heredity of the race. Through this heredity an opportunity for an additional unfoldment from the Original One is made possible.

This also accounts for the fact that geniuses, men of extraordinary power in any line have shown signs of physical degeneracy, notably in epilepsy. Physicians now recognize this as of psychic origin. It is the effect of a more highly developed spiritual expression through a brain and physical organism prepared by race-heredity for a much less forceful expression. Napoleon and Caesar as warriors, and many intellectual giants like Pope, Coleridge and Poe, are thus accounted for. When we get the true biographies of men valued for their attainments and gifts to the world we shall find them subject to many conditions called "aberrations, degeneracy and inversions", but which are the effects of a highly developed psychic condition, which had in some way to master the physical organism or be mastered out of it. Each one of these added his personal suffering to the race-ability for the One to incarnate Itself hereafter in a physical body fitted for that greater expression of Truth and Emotion without suffering.

As all Motion is accelerated in its course until it overcomes impediments, so this Original Motion, which we call spirit, in developing Consciousness of Itself, is accelerated. The effects are called "Human progress."

Each century shows this onward progress from the before-cave-man, the before-fire-man, down to the twentieth century man, who shows today the results of the One Mind's experiments in all the race before him.

As the waves of the ocean rise and fall but the motion goes on to the beach where, through opposing force, the motion is converted into friction and is lost to view, so the Human-motion moves on, and has never yet reached the beach where its motion is transformed into something else or is lost. Though nations rise and fall the experience of the One Mind is incarnate in the race-heredity and Mind goes forward.

The records of the race as unearthed by scientists show a steady progress, though

**In the mud and scum of things,
There alway, alway something sings**

—Emerson.

7

slowly. One half million to a million years necessary before sufficient impetus had been gained in the Motion we recognize as Intelligence after Man came to think of and to choose his weapons of defence. Still probably another million before he found fire. But fire once found it was stored in the race-memory and never lost. Gradually through innumerable brains, came the making of stone implements by breakage and later by chipping and later by grinding and polishing.

This development is that of the One Mind as the Human Soul.

Once this Motion of Thought is started it goes on in accelerated ratio and in later 5,000 years Mind has made greater progress through Human brains than it had made in previous 250,000 years.

Mind as thought is still moving on in greater geometric ratio. The past lives in us. All its value lies in the better conditions for the One Mind to more perfectly individualize Itself.

The 18th century was a great advance over the 16th and despite the seeming loss in the 15 centuries from Jerusalem

"And the glory that was Greece
And the grandeur that was Rome."

we can look back and see that each nation of antiquity placed its emphasis along some one line of expression. Egypt upon the Stupendous carving monuments from its thoughts of Eternity. India the mysterious; carving its civilization from the delving into the mysterious. Rome sought Justice; the gods of every nation had a place in its Pantheon, and in its state all the laws. And English Common Law and our own had their rise in Roman Law.

A careful analysis of present nations would find that each places its emphasis upon some one phase of Thought. Germany the philosophies. France the Beautiful. England upon Power.

In our own country formed in its people from all we find recognition of Unity. No nation ever before expressed it. "All men are created free; and endowed by their Creator with certain in-

alienable rights, among which are life, liberty and the pursuit of happiness!" There is a marvelously natural expression of the One Mind, a recognition of Unity, in that document, and the government founded upon it.

As the rose begins in spring with its rootlets, to draw from soil, that which it needs to express itself and from this expression of rootlet gains power to express itself in leaf and from leaf expression power to express in bud, and from bud-expression power to bloom, and from bloom to seed, in which is stored the possibilities of eternal production, even so did Mind, through primeval and forgotten nations as rootlets, prepare Itself for an expression through the leaf-nations of the prehistoric periods. Then came the branching nations that come between the stone and tool—man and the metal-using man, and the budding-nations that developed the iron-using-man—who was the immediate ancestor of the budding nations of the last 5,000 years, which are now putting forth into the blooming-nations of today.

Sometime some one will make a table of the spiritual factors that have been manifest as the unconscious incentive, "the procreative urge", of each period and each nation. He will thus picture to us the developing periods of Mind in Man as geology has shown it in the earth.

It seems to me clear that this development is manifest in the Feeling that differentiated Man from beast, which found its expression first in a Something-link that was not man, but was the promise of man. Which sent out from its lesser developed self the simian and orang stems, but later under some new impulse sent upward a stem from which Man came.

Since all our consciousness began in FEELING, it must have been a consciousness through feeling that gave that impetus upward. It is only through feeling that the race, and the individual have unfolded. Later feeling was

I thank whatever gods may be For my unconquerable Soul.

—W.C. Henley.

transformed to Thought. First FEELING and action from feeling. The later development is to control and to awaken feeling from thought and action from thought.

Sometime scientists will trace this evolution. I am not sufficiently posted upon the details of the Law to do this. I am sure that I can trace the original Feeling. No matter in what conditions we find man, and however different the environment may be, no matter how differently he may think and act, still this is a fundamental fact—Everywhere and in all ages Man is one in feeling.

Similar emotions actuate all men. Longfellow saw this and most beautifully expressed it:—

Ye whose hearts are fresh and simple,
Who have faith in God and nature,
Who believe that in all ages,
Every human heart is human,
That in even savage bosoms
There are longings, yearnings, strivings,
For the good they comprehend not,
That the feeble hands and helpless,
Groping blindly in the darkness,
Touch God's right hand in that darkness
And are lifted up and strengthened!

Do you accept this? Then we have but to look in man today for the one primeval instinct, the one passion, the one emotion which lies at the base of all his expression. Scientists and philosophers answer:—The Reproductive.

This is the center where the "Divine urge", as instinct, lies. And the consciousness born in the individual that he could say yea or nay to this urge, could choose, and say when he could consciously express this, the strongest of all urges of nature, and the most intense possible physical passion. This consciousness was the stepping-stone from brute to man. By the slow process of evolution this urge is being brought under control and brute instinct is being developed into intuition. This force, centering in sex, is the source of all that man has expressed AS MAN. Under Conscious self-control it is the Power behind human phenomena that makes for civilization and for righteousness.

THE EAST AND THE WEST.

Men look to the East for the dawning things—
For the light of a rising sun;
But they look to the West, the crimson West,
For the things that are done, are done.

The eastward sun is a new-made hope
From the dark of the night distilled.
But the westward sun is a sunset sun,
The sun of a hope fulfilled.

So out of the East they have always come—
The cradle that saw the birth
Of all the heart-warm hopes of men
Of all the hopes of earth—

For out of the East a Christ arose
And out of the East there gleamed
The dearest dream and the clearest dream
That ever a prophet dreamed.

And into the waiting West they go
With the dream child of the East,
And find the hopes they hoped of old
A hundred-fold increased.

For there in the East we dreamed the dreams
Of the things we hoped to do;
And here in the West, the crimson West,
The dreams of the East come true.

—Sung at the Social Center Pageant, Sauk City, Wis. Author unknown.

EFFECT OF EMOTIONS UPON THE PHYSICAL BODY.

The comparative study of the behavior of men and animals is making it clear that the springs of action are to be found in the influence of certain emotions which express themselves in characteristic acts. The combinations, anger-emotion with pugnacity; instinct and fear-emotion with flight-instinct, are common to lower animals and with man. The major emotions fear and anger are peculiar, in being accompanied by bodily changes which are probably more profound than those attending any other affective states. . . . Experiments with the Roentgen ray brought to my attention the fact that in animals any sign of rage, anxiety or distress would be accompanied by a total cessation of the movements of the stomach and intestines. It has since been shown that the secretion of every one of the digestive glands, as well as the flow of bile, is stopped under great excitement. . . . Forced respiration and "sweating" are also adaptive reaction, directly serviceable in making the organism more effective in the struggle which fear and rage may involve. . . . The major emotions, fear and anger, may exert an energizing influence which may lead to the accomplishment of extraordinary feats.

To the receptive soul the River of Life Pauseth not nor is diminished.

9

—George Eliot.

Periods of intense excitement frequently yield a sense of overwhelming strength. These moments give intense satisfaction. There is a satisfaction found in the critical dangers of adventure. For these reasons vigorous men go forth to seek danger and to run large chances of injury. In the major sports the conditions are favorable for the development of intense emotional excitement and the exhibition of great feats of strength and endurance. . . . (The author instances football and running, ball games, rowing, etc.)

The analogy between fear and rage as exhibited in animals in their struggle for existence, is analogous to those emotions in human beings which sometimes seize on individuals in groups and spread like wild-fire into larger aggregations of men, till vast populations are shouting for war. The strength of the fighting-instinct in man has been one of the main arguments of the militarists. They argue that the warlike qualities must be occasionally exercised lest the people sink into self-indulgence and become weakened and softened. War disciplines character and teaches men to be brave and patient, promotes virility and hardihood, and renews the true order of life's values. These arguments are today being contested strongly. War is too horrible, etc. The situation reveals clearly the necessity of preserving the martial virtues. What is needed is not a suppression of these capacities to feel and act, but their diversion into other channels where they may have satisfactory expression. . . . The evidence is perfectly clear that pugnacious tendencies of men are invited by primitive emotions and supported by fundamental psychologic changes that through eons of racial inheritance have given the body vigor for combat. No dull routine or drill, or any other deadening procedure, will call these energising mechanisms into action. On the other hand the hazzards of hard-fought athletic contests stir the elemental excitements and mobilize the bodily forces, just as did the hazards of ancient war. . . . If the fighting abilities are to be continued, how much better to exercise them in natural rather than in artificial actions, how much more reasonable that man should struggle in the ancient ways one against another, body and spirit for the victory in the supreme contest provided by great games.—Dr. Walter B. Cannon of Boston before the N. Y. Academy of Medicine, Oct. 1, 1914. *Journal Am. Med. Assn.*, Oct. 17, 1914.

Whether my days are cooled with calm or filled with fever's ardent taint,
I have the same blue sky as God, I have the same God as the saint.

—Ridgely Torrence.

GOD GRANT THAT YOU MAY FAIL.

God grant that you may fail
Again and yet again!
That you may know
All bitterness that e'er can come to men.
For only so
May you at length prevail.

God give you bitterness,
And mete you out despair.
God grant that you may know the fear of things.
For only from the thorny fields, and bare,
Of failure, springs
The lone trail of success.

—Mary C. Davies.

Oh, happy opportunity! to share
In making life thus beautiful and fair!
You men and women of this race divine,
Your light amid dispersing gloom let shine!
Let not the Past's unwisdom shape Today!
Rebuke the thought which in the gloom would stay!

Whatever gods may be beyond our ken
Are highest served by serving fellow men;
Whatever demons people lowest hell
Are fastest chained by human doing well.
Be ours to smile, to sing, to work for good,
To know that Justice cannot be withstood,
To know that Right shall yet illumine the earth—

If we ourselves but give it glorious birth.
—From "Poems of Human Progress" by
James H. West.

What am I!—A Soul, the divine essence of God, containing all His attributes in attenuation, but capable of development—the product of His thought; enclosed in matter, and placed in human environment for the purpose of education and the building up of a distinct personality and individuality.

Whence came I?—From out the unseen—a spark from the Divine Flame—an emanation of the Divine Breath. The existence of the I began with Him, and its ending will be in Him. When the World began I was; I will be present at its consummation.

Whither am I going?—To climb the steep ascent, and claim the Divine heritage for which I was created. To climb is "to weary one's self;" hence a life of placid "worship" must be transformed into one of work, from the life of a child in the play-house of imaginative illusion to that of a student in the academy of exact life-building, a workman on the Temple of the Living God. This life of work, as all life should be, is indeed also one of worship, but it is an active worship expressed in service.—*Bulletin of O. E. Society.*

I am not fighting my fight: I am singing my song.

—*Archie L. Black.*

THE MESSAGE OF PEACE.

Bid the din of battle cease,
Folded be the wings of fire;
Let your courage conquer Peace,
Every gentle heart's desire.

Let the crimson flood retreat,
Blended in the arc of love;
Let the flags of nations meet;
Bind the raven, loose the dove.

At the altar that we raise,
King and Kaiser may bow down;
Warrior knights above their bays
Wear the sacred olive crown.

Blinding passion is subdued;
Men discern their common birth;
God hath made of kindred blood
All the peoples of the earth.

High and holy are the gifts
He has lavished on the race;
Hope that quickens, prayer that lifts,
Honor's meed and beauty's grace.

As in Heaven's bright face we look,
Let our kindling souls expend,
Let us pledge, on Nature's book,
Heart to heart, and hand to hand.

For the glory that we saw
In the battle flag unfurled,
Let us read Christ's better law,
Fellowship for all the world.

—*Julia Ward Howe.*

THE SECRET OF HEALTH.

It must ever be remember in all discussions of human life, that man is yet a combination of the animal and the human; that in consequence of this, man is as yet only a prophecy. Not till the animal conditions which are necessarily in the race because of its being an evolution from the more purely animal, are outgrown can there be a perfect human being; can there be a perfect manifestation of the human soul in man. The conditions of the animal are those of necessity and are subject to environment and the so-called natural laws. Man on the contrary is not so subject and through choice, more or less, is law unto himself and shall yet become wholly so. From this condition of necessity the race is passing to choice. In its unfoldment the human soul—the Universal

Mind—is passing through the conditions of necessity that it may learn, by overcoming its power of self-determination.

It is the province of the twentieth century to see man so developed that he will not be subject to his environment, but will, through exercise of the innate possibilities of soul, create his environment at will, and live above Law. Necessity or desire, slave or freeman, compulsion or choice, are questions every individual of the race has met, and must still meet, until there is no possibility of such a question; for Man will have come. Then he will know no law except his own desire; will know no necessity, for he will work his will; will ask no question, for to wish will be to will, and to will will be to act, and to act will be to create to his desire. All this he now does in a limited way. Fettered now by the remnants of the animal still in him, he thinks in limitations, and thus self-limited, self-imprisoned, he is vibrating like a pendulum from health to disease; from joy to sorrow; from peace to unrest; from choice to necessity.

Is it possible to avoid this? Can man choose his conditions both subjective and objective? I answer, yes. How? There is but one way to do anything and that is the kindergarten way, "Learn to do by doing!" Are you wishing freedom from these limitations? Then *take it!* Are you wishing health? Then *be* health. Are you wishing conditions to suit? Then make them! Are you desiring anything? Then have it! I know this is Greek to the uninitiated, but it is simplest Truth to him who shall come home to himself, and with faith in Soul, choose and will.

All limitations are self-imposed. This is also Greek to the masses, for they have been raised under a "Must" and a "Don't"! They are ruled from without and limited in their thought of Soul powers. But once one will accept this basic principle: *As Man I am an expression of the One Substance and All*

**Minute a man stops looking for
Trouble, happiness looks for him.**

—Irving Bachelor.

11

the possibilities of that One are in me. he will learn to think from this premise and will soon come to live from it. Once this *living* comes, the individual is Man and is free to live as he chooses.

All human choice is determined by one desire and that desire is for happiness. Happiness consists in complete unconsciousness of self; complete absorption in congenial conditions. Never yet a happy person who asked, "Am I happy?" for then there was always something lacking to complete the happiness. But when we remember happy periods, they were those in which we did not think of self or of surroundings or conditions, but were just happy in self-forgetfulness, in enjoyment. "In enjoyment"—note this well.

How shall one be happy? By *being* so. When you, dear reader (and I wish you would now let me assume the personal and we each say "I"), "when I will not let anything cause me unhappiness there will be only happiness for me." I say this many times a day. I have said it until I forget to say it, I do not stop to think I am anything but happy, or that there can possibly be anything else, forgetting all else; forgetting to question or affirm, I am just enjoying whatever I am doing.

Remember I say to my SELF, that when I desire, choose and WILL happiness, there is nothing that can make me otherwise. For happiness is but a mental habit. Thousands get into a habit of being unhappy, and nothing can make them less so.

When I was a lad, it was common to hear people say, "I enjoy poor health!" It was a wrong use of the term "enjoy." Had they really enjoyed it, they would not have had it, for enjoyment would have cured them. What they did enjoy, was to tell of their illness and therefore they lived chronic invalids, and lived so long that it was a relief to others when they ceased to live.

The secret of health is *to enjoy every moment!* To enjoy whatever you do! To enjoy whatever is said or done to

you. To enjoy whatever occurs! Do I hear, "I can't?" Then you cannot. I do! I *enjoy* good health. You suffer poor health. I can! And when you really desire and *will*, you can and will. Never yet happiness in limitations. Never health in "I cannot!" It always comes with, I can! and I will! Can and will what? Simply—BE HAPPY. The whole Law of Life, the whole duty of man, in home, in business and in state; the whole duty of an individual to himself and others; the only necessary preparation for heaven here and now is: I AM HAPPY.

The only law heaven or earth needs is the command: BE HAPPY.

In this command is all my religion, my politics, my economics, my right and my duties. When one is happy, that one fulfills the requirements of Life in all directions. Happiness is the cause of health. Happiness is the subjective condition that manifests objectively in health. Never an illness of any kind that had not its cause in unhappiness. Heredity may have given an illness to one and that one believing in heredity is unhappy, and keeps the hereditary gift. Why keep it? Has he no choice, no will of his own? Why choose to be unhappy and thus let the old relic of parents and race ignorance hang to you? Be happy and claim your expression of that kingdom of heaven that is within you now and that kingdom *comes*. It comes subjective and brings health with it. "Within you?" *Then let it out!* Why keep that heaven pent up within? Give it expression. That kingdom is Happiness. Let it out. Affirm: *There is no other kingdom for me than the one I have within, and I will express it!* In this affirmation the ruler of that kingdom—the sub-conscious reality—the soul—will obey the conscious man.

It is now as certainly demonstrated that unpleasant thoughts cause ill health as are the principles of mechanics and chemistry demonstrated. Therefore the

(Continued on page 14)

Obstruction is but virtue's foil, The stream impeded has a song.

—Ingersoll.

OFFICE OF NOW,
589 Haight Street, San Francisco, Calif.

Vol. XII. JANUARY, 1915. No. 1

NOW

HENRY HARRISON BROWN, Editor

A Monthly Journal of Positive Affirmations.
Devoted to the Science and Art of Soul Culture.

It is the utterance of the Editor only. All thought not credited to others is his.

Its basic Affirmation is:—**Man is spirit here and now, with all the possibilities of Divinity within him and he can consciously manifest those possibilities HERE and NOW.**

SUBSCRIPTION RATES\$1.00 per year
Single Copies, 10 cents.

Send money in bills, P. O. Money Orders, Express Orders or bank drafts payable to Henry Harrison Brown, San Francisco, Cal. Postage stamps (1c and 2c only), for parts of the dollar when more convenient for sender.

Foreign subscribers, outside of Mexico, must add 25c to the ordinary subscription price to cover postage. Do not send foreign P. O. stamps.

Application made at San Francisco, Cal. Post Office for second class rates.

My meeting Sunday evenings at Native Sons' Hall, 414 Mason St., are growing in audience, and in interest. These meetings will continue during the year 1915 and there I hope to meet my friends from all parts of the world, who will attend the Exposition. They will also be welcome to the classes, which I shall continue during the week at 589 Haight St.

Yes! The Exposition will open on time. No one can doubt SUCCESS that once has visited the grounds and seen them, the most magnificent grounds and buildings ever erected for any Exposition. It will be a University education to attend it for a few weeks.

THE NEW EDITION OF "How to Control Fate" is now ready for delivery.

Sunday, Dec. 6, A. M. the Editor was invited to address the Universal Truth Society of Oakland. Here, Mrs. Ida Mansfield Wilson has gathered as fine an audience of thinkers and truth-livers as I have had the pleasure of meeting for a long time. I was surprised to find a fine Sunday School in session. This is to me one of the most practical methods of Truth work. The little boys and girls up to youths and maidens here learn to THINK, "the chief end of man." The meetings are held in Rockridge hall, College Ave., every Sunday A. M. and evening and a cheerful invitation is extended to all who desire to attend.

Nov. 27, the Berkeley Home of Truth held a Conference in Odd Fellows Hall, presenting a fine program during three sessions, the proceeds being their donation to the funds of the San Francisco Exposition Committee. The Editor of NOW was given a fine place on the program and felt indeed grateful that he was thus able to introduce himself to the large audience that gathered under the shadow of Universal Truth for which the Exposition Committee stands.

Thursday noon, Dec. 3, the Editor of NOW had the pleasure of addressing the "Noon Meeting" at the New Metaphysical Headquarters, 220 Post St. It was a fine audience and a propitious opening of these meetings in the new hall. Mrs. Randal has conducted them for over two years. That such a gathering can be called out at the noon hour is one of the most encouraging signs of the time. Every Thursday from 12 to 1 the platform is supplied by one of the various teachers around the Bay.

"You can't do anything well if you are trying to save something. If you are saving your hands, you don't do good housework; if you are saving your clothes, you don't have a good time; if you're saving yourself, you don't put things through. You have to dedicate yourself—whole."—*Juliet Wilber Tompkins.*

**Call this God: then call this Soul:
And both the only facts for me.**

—Browning.

13

OUR METAPHYSICAL HEADQUARTERS

are established at 220 Post St. They are in the midst of the shopping district and so easy of access that there is no excuse for our friends not making of them a place of communion, rest and friendship.

On Wednesday evening, Dec. 2, a "House warming" social was held and the universal expression was that "The Spirit has led us into pleasant places, just what we had dreamed of."

Here during all the next year, and we hope years, will be open house to all friends of New Thought. It consists of a reading-room, library, healing-rooms, a "silence-room" and a large and commodious hall.

During the nine months of the Exposition classes will be held every week day by the most prominent teachers in the world who will attend the Exposition. Already acceptances have been received from enough to occupy the entire 39 weeks.

Sunday addresses will be given in the hall. The "Noon-meetings" have been transferred there, and it is to be a general clearing house for all metaphysical teachers, healers and literature, so that any one who desires shall find the kind he or she needs.

All friends of NOW are requested to visit and enjoy, and when convenient assist in this work of propaganda of Truth.

I have heard of your splendid Emerson lectures and wish to know if you have them in correspondent lessons?

O. A. T., N. Y. City.

My Emerson Lessons are talks upon passages of his Essays, finding the Truth they are and seeking by Affirmation to make that Truth expressive in our lives.

It is not difficult to understand that directing the mind toward some particular part of the organism may alter the blood supply of that part, and so modify materially its nutrition.—*Lancet, London.*

In removing my stock of books from Glenwood, I found 20 copies of "The Primer of New Thought" unbound. I will put covers on and they can be had for 25 cents each. It has been out of print for 5 years. By good critics it has been called the best book yet upon the Origin and History of the New Thought movement.

Mr. Sam Exton Foulds is holding meetings at NOW Headquarters, 589 Haight St., Sunday evenings, where he will be glad to welcome all his old and to meet new friends. In addition to a fine lecture he gives most remarkable demonstrations of psychometric power. Come once and you will continue to come.

"The City of God" beyond the skies can be neglected if need be while the devout apply themselves to the building of the City of God on earth. Salvation from sin and selfishness now and here, from the evils of greed, graft and intemperance, is the highest religion today.—*Unity (Unitarian), Chicago.*

A CIRCULATING LIBRARY mainly composed of Metaphysical books has been established at "Soul Culture Institute Parlors," 589 Haight St., by Mr. S. E. Foulds.

I want you to send me five copies of your little pamphlet "Dollars Want Me." . . . I have read the book, borrowing it from a friend here, Dr. —, and I think it is one of the greatest I have ever read.

Editor and Proprietor of —, Calif.

EPITAPH.

In memory of our father: Gone to join his appendix, his tonsils, his olfactory nerve, his kidneys, his ear drum, and a leg prematurely removed by a hospital surgeon who craved the experience.

Enclosed find \$2 for which renew my sub and also send to —. I hope you will continue NOW for I want to read it many years yet.

A. M. D.—, Calif.

My new book—"The Lord's Prayer: A Vision of Today!"—is ready for delivery. Price, \$1.00.

**I, grateful, take the good I find;
The best of now and here.**

—Whittier.

The Golden Rule Universal.

Hindu: The true rule is to do by the things of others as you do by your own.

Buddhist: One should seek for others the happiness one desires for one's self.

Parsee: Do as you would be done by.

Confusian: What you would not wish done to yourself do not to others.

Greek: Do not to another that which you would not wish him to do to you.

Mohammedan: Let none of you treat a brother in a way he himself would dislike to be treated.

Jewish: Whatever you do not wish your neighbor to do to you do not unto him.

The Talmud: That which is hateful to thyself do not to thy neighbor. This is the whole law and the rest is its commentary.

Christian: Whatsoever things ye would that men should do to you do ye even so to them.

Boys today: You hit me I'll hit you.

Pugulist: We'll not strike below the belt.

Business: Honesty is the best policy.

Proverb: Tit for tat. Kill my dog I'll kill your cat.

Emerson: A perfect equity adjusts its balance in all parts of life.

THE GOLDEN RULE.

A seer whom ancient Wisdom wooed
Spake words forever true.—

"Do not unto others as ye would
They should not do unto you."

Another, gentle midst the rude,
In tones which all men drew,
Said—"Do unto others as ye would
That they should do to you."

Now speaks the divine in every soul
Dear words of love and grace,—
Which touch all human joy or dole,—
"Put yourself in his place."

—M. R. W.

Professor von Pfungen of Vienna is conducting some interesting experiments which bear upon the relation of the state of the nervous system to the electric resistance of the skin, and he claims that nervous excitement of any kind lowers the protecting power of the skin to quite a marked extent.

The Secret of Health.

(Continued from page 11)

secret of health is to enjoy one's self.

In the affirmation: I LOVE EVERYBODY, AND EVERYTHING, AND ALL I DO, lies the redemption of the world from all disease.

In his condition of Love, Man is freed from the animal fetters that yet limit him, and he becomes limitless. In this condition of Love, he chooses and wills in line with his desire and Soul has no limit in its expression. Freedom alone can maintain health. Free expression means health, Repression means its opposite. Only under Choice, and choice in Love, can there be this free expression.

Therefore learn the Power to decide how every person, condition and thing shall affect you, and then decide how it shall affect you, and when you decided that ALL IS GOOD, and that nothing affects you for ill, then you will affirm: I LOVE ALL, FOR I LOVE THE GOOD. When in this love Life flows into expression freely, health comes the effect, Love and Happiness is the Cause.

No permanent health till you are thus free. Learn access to this freedom by creating the picture in your mind; affirming your power to choose, and to will its manifestation; then WILL AND STICK! You will only have learned then the Secret of Health, but will have mastered and will possess health through obedience to the only law of human life, i. e., I AM THAT WHICH I THINK I AM.

I would not deceive you by having you believe that you can forget to the extent of putting anything out of your mind, because you cannot. You, yourself, your potential self, are equal to the world when you become conscious of what you inherently possess. You have a knowledge of all that has been, all that is, and all that ever will be. Hence, you cannot destroy the memory record, but you can either use it or refuse to consider it. Forgetting is simply the process of setting aside, or sacrificing, or giving an imperfect thing for one more nearly perfect.—S. A. Weltmer.

AN EDENBURG ADDRESS

NOW has received a copy of *The Christian Commonwealth*, London, containing a full report of the address of Mrs. Helen Rhodes Wallace at the International New Thought Convention, Edinburgh, July 3, 1914. This shows a liberality and a friendliness on the part of London papers to this movement rarely found in our American press. Much of the address is well worthy a place in NOM but I can find a place for only this extract:

The essence of the New Thought Movement is aliveness, awareness, a deliberate creative thinking activity, constructively building toward a goal, a progressive forward movement combining in its outlook the sum of human knowledge to this hour; willing, nay eager, for the unveiling of further knowledge tomorrow.

Really "to think" is to engage the cosmic forces in dynamic action; really "to think" is to mould the cosmic atoms into new forms. This requires dynamic vitality in the mental machinery, the ability to separate the real self from its body of emotions, and to control subconscious automatic habits. Thought is a force as real as the Gulf Stream, and when operated according to the law of truth and harmony can create its objective correspondence. But who can think? That one person fails to dispossess himself of a habit of fear or of the presence of disease and worry is no argument that one cannot know how to use constructive creative thought. Creative thought follows as an achievement only after one has gained possession of his own mind, and stands rock-ribbed in principles and self-control. It is easier to let other people do our thinking for us, far easier to swallow a chemist-shop of pills than to think rightly.

Progress is a forward movement and the backward pull theratens us all. In the philosophy of Bergson, this inertia, this backward pull, is the one deterrent to normal development, the one tendency against which the human must strive, in order to escape abnormal development. God is revealing himself to man to-day, exactly as he has done in the past, whenever and wherever the mind of man is awake and ready to incorporate new values and new knowledge. God is ever seeking to reveal himself to his children, and religion is the way of conducting a man up to God. Religion needs to adjust itself to the growing mind of every generation, for it cannot be handed down like houses and lands, because it is an inner process of recognition of the Divinity asleep in the soul of us. With the help of science we are now nearer to God

than we ever were, because we are growing out of ignorance through knowledge, and are not whipped into submission through fear and authority.

Today religion includes thinking, and a developing humanity implies a developing religion.

WHO IS GOOD?

The self-righteous, moral snob is a man who is furthest from the goal of being good. He commits the most grievous of all sins, he passes judgment upon his fellows and condemns a brother. He sins against himself, against the common Father and against the man he condemns. He is unjust because no man can know another's temptations or the struggles another is making. No man can know that what appear to him the brands of another's defeat are not the scars of honorable, hard-won victories.

Therefore, we will now answer the question with which we started by placing the moral snob at the bottom of the moral ladder, the head of which passes up out of sight, for, as we have seen, no man reaches the goal of true goodness. On the second round should come the man who is evil for the sake of evil, on the rounds above we would find, still near the bottom, the moral coward, and as we reach nearer and nearer to the top we find those who fight the hardest battles against temptation, those who achieve most in overcoming; not necessarily those whose acts are best, but we find no one at the top of the ladder, for no man is wholly good. Neither would we find any man who is not entitled to a place on the ladder, for no man is wholly bad. But if any man is in a position which invites his neighbor to crowd him off the ladder entirely it is he who makes a profession of being good, he who is vain of his own righteousness and who looks with contempt upon the moral efforts of other men.—Ernest Wiltmer in *New Thought Companion*.

THE FARM BOY'S CREED.

"I believe that the country which God made is more beautiful than the city which man made; that life out of doors and in touch with the earth is the natural life of man. I believe that work with nature is more inspiring than work with the most intricate machinery. I believe that the dignity of labor depends not on what you do but how you do it; that opportunity comes to a boy on the farm as often as to the boy in the city; that life is larger and freer and happier on the farm than in the town; that my success depends not upon my dreams, but upon what I actually do; not upon luck, but upon pluck. I believe in working when you work, and in playing when you play, and in giving and demanding a square deal in every act of life."

Trust thyself! Every heart Vibrates to that iron string.

—Emerson

PSYCHIC SCIENCE MADE PLAIN. Vol. II. By Edward B. Warman, A. M. The Elizabeth Towne Co., Holyoke, Mass. Price, \$1.25.

This book contains the author's views upon Hindu Yoga, Suggestion, Clairvoyance and Spiritism.

Readers who are familiar with the works of Thomas J. Hudson and know his strength and his limitations will find almost another edition of Mr. Hudson in his friend Mr. Warman.

To the first essay upon "Suggestion" I award my heartiest praise. It is excellent and well worth the price of the book.

In regard to the essay upon "Spiritism" the author's position is shown by his use of the word instead of "Spiritualism." He is intellectual and seeks to find spirit through intellect. In fact it seems to me he is so anxious to find some other explanation for the phenomena other than that of decanate individualities, that he invents a much harder, less logical and less satisfactory one. This because he does not seem to recognize that an individuality of limitless possibilities, and through the necessary diversity of human expression, any attempt to find one method of explanation for psychic phenomena will result, as would a like attempt to find one for the physical phenomena, in confusion. From over forty years of investigation, and almost daily intercourse with physics, and experiencing almost every phase in my own person, I arrive at different conclusions. I see no need of making a division in the study of human phenomena between the two phases of consciousness. I realize in my own case that it is impossible to draw a dividing line between my own initiative action and that of the influence upon me of the thoughts in the social life about me, of the race-thought I inherit, and the thought of individuals in each plane of consciousness. But there are phenomena so distinct that I am as well aware of the influence of outside influences on both planes, as I am aware of the movement of the air.

Once one lives in the realization of Spirit he will find no difficulty in accepting his inspiration from the ALL and from any individual in the All.

The author is earnest and sincere but is too deeply grounded in the merely intellectual to satisfy me in his deductions of spiritual things.

With this limitation I can recommend this chapter as well worth study.

The third essay, "Clairvoyance and Clair-audience," is probably as clear a statement as any yet printed. I would not however make the distinction he does in the psychic Cause. The fifth essay is a good condensation of the Hindu and Oriental philosophy and should

satisfy any reader that these are no more fitted for an American mentality than is the social and civic life of their believers.

THE NEW AGE, or The Signs of the Times. A practical Treatise on the Causes, Influences and Forces at work that are bringing about "new" conditions that prove the long looked for Golden Age. By T. W. Butler, Ph. D.; Austin Pub. Co., Los Angeles, Calif. Price, 25c. Dr. Butler is a clear and forceful writer and lecturer and this book is for its optimism alone well worth one's possession. As to its astrological wisdom and worth I have no way of judging. There is much in all astrological writings that *seems* so, yet I feel that there are other ways of accounting for this seeming effect of the planets and since "There is but ONE MIND" and that Mind is in planet and man, in wind and calm, in flower and bird, in sun and star, I cannot see why a star should have any more influence in my life than the rose that was in bloom at my birth. And further, I cannot see how when I am in the subconscious, in THE ONE MIND, how an individual expression of that Mind can influence me. Not being able to answer this nor harmonize both Emerson and the Astrologer, I clasp Truth as I find it and leave until later wisdom the matter of influence from the stars, as I leave the many other questions of life here and hereafter. I have so much to think and do now, that I have not least desire to speculate upon any occult, hidden or mystic influence. Still for all who do so love to study, this is as fine a book as has come into my hands.

If you stop to consider the work you have done

And to boast what your labor is worth,
dear,

Angels may come for you, Willie, my son,

But you will never be wanted on earth, dear.

—Kipling.

All of our statesmen build on the opinion of today and the next day to be torn down, with hooting. I hope you will build on the Rock of Ages and look to eternity for your justification.—Theodore Parker to Charles Sumner.

The Traditions of Humanity are the seeds that unite two realities, the Past and the Future, so that the Past may communicate itself to the Future through the actuality of the Present. Tradition in all ages bespeaks man's Divine origin, and the same voice tells us of his Divine destiny. But the Future can be reached only through the Present. The time to make the potential actual is NOW—continuously NOW.—Bulletin of O. E. S.

Do You Read "A Stuffed Club?"

If you do not, you are missing an opportunity of enjoying an absolutely free lance.

Suppose you write to "A Stuffed Club" office, Denver, Colorado, and ask them for a sample copy.

"The best medical journal published."

—H. H. Brown.

It is edited by Dr. J. H. Tilden, 1045 Lincoln Ave., Denver, Colorado.

THE YOGI SELF-DEVELOPER

A thoroughly practical course of instructions on Mental, Physical and Spiritual Development. By Swami Mukerji.

Fees, £3, or \$15.00. For further details apply to

THE LATENT LIGHT CULTURE

TINNEVELLY, S. INDIA

A BIG BARGAIN!

DON'T DELAY

ORDER TO-DAY

The New Thought Companion—Only \$1.00 per year; Foreign and Canada, \$1.25.

Three months' trial subscription.....25c
and a Cloth bound copy of Magnetic

Healing Explained65c
Total 90c. Just to get acquainted we will send you both for 35c.

THE NEW THOUGHT COMPANION is published twice a month, and teaches the laws of life in a plain and practical way. It leads you into harmony with the laws of Health, Happiness and Prosperity. Some have been healed of supposed incurable diseases just by reading its contents. Others have been benefited in a business way. No matter who you are, nor what your condition or position in life, THE NEW THOUGHT COMPANION will help you. The editor is a man of much experience whose whole soul is in the work. A trial subscription will convince you or you can have four back numbers of different dates for 10c. Address Dept. 25, Plymouth Printing Co., Plymouth, Ill., U. S. A.

THE Dr. C. O. Sahler Sanitarium



For the treatment of Mental, Nervous and Functional Disorders. This is the only institution of its kind in America. established upon the PSYCHOLOGICAL METHOD OF TREATMENT. The latest addition to the institution is a large stone building, called "The House of Tech.", in which are located the Sanitarium workshops for mental training and diversion. This, with the Lecture Hall, for entertainments and gymnasium work, and the out-door games, gives abundant recreation. The Sanitarium has none of the institutional features whatever, it reminds one of a large inn. Most interesting literature, concerning Dr. Sahler, the Psycho-Therapist and Psycho-Telepathist, will be furnished gratuitously to any one writing for the same.

The Dr. C. O. Sahler Sanitarium

KINGSTON-ON-HUDSON, NEW YORK

ABSENT TREATMENTS WITH LETTERS OF INSTRUCTION

Do you need ASSISTANCE of any kind? Are you ill in body, mind or estate? Do you desire personal instruction in regard to the laws of health? In the correction of bad habits? In the awakening of dormant faculties? Or in the development of self-control? If so, write me.

For these, or any other undesirable conditions you desire to OUTGROW, I can help you. I have had over thirty-five years' experience in this line of work, and am well qualified to render you valuable assistance.

A letter telling, *in outline only*, your trouble, and enclosing \$5.00, will pay for *one month's advice* and TREATMENT. I will write you a letter of directions suited to your particular case, together with such other advice, information and literature as I feel you need. Besides these, I will treat you daily by telepathy. For \$10 a month you can have a letter each week. No chronic cases taken for less than three months.

You are to report monthly. Thus you will come into close relation with me. My letters will contain invaluable information and will give the KEY to the CAUSE of your troubles, and help you to remove them.

Send money by registered letter, money order or bank check.

Address:

SAM EXTON FOULDS
589 HAIGHT STREET SAN FRANCISCO, CAL.

THE LORD'S PRAYER

A VISION OF TODAY

The Articles upon this Prayer which appeared in this Magazine during this year are now ready in book form for the Holiday Season. 220 pages. Leatherette binding. Price, \$1.00.

ADVICE IN BUSINESS

or on matters of life, and in development of any psychic phase. I have had twenty-five years' experience in this work, and I am the most practical of advisers. I point out the possibilities of the individual from the soulside and reveal the errors in the thought-life. These readings are priceless to the recipient. Hundreds have testified to this fact. Write a short letter as to a friend, giving outlines only of the desire, and enclose \$2.00, and a reply will be sent at once.

Address:

SAM EXTON FOULDS
589 HAIGHT STREET SAN FRANCISCO, CAL.

The Season is Beautiful With Us

Come and Rest Among the Redwoods in the Santa Cruz Mountains at

"NOW" FOLK MOUNTAIN HOME

THREE MILES FROM GLENWOOD, CALIFORNIA

where California's finest combination of Climate, Scenery, Beauty, Flora and Comfort is found.

THE HOME IS OPEN FOR GUESTS THE YEAR ROUND

Good country accommodations; hotels, cottages or tents; pure spring water; beautiful rambles, and unsurpassed groves for loafing places. A fine winter climate.

THE MOUNTAIN HOME is also a Rest Home for those needing help. Mr. Foulds, and Miss Leona B. Chappel, Mental Healers, will give mental treatments for all disorders that the medical fraternity call non-contagious.

WRITE FOR INFORMATION AND RATES AT ONCE

MRS. LENA B. CHAPPELL, Mgr., GLENWOOD, SANTA CRUZ MTS., CAL.

STOP WORKING FOR WAGES

Learn a profession in 180 hours that will make you independent for life. Sixteenth Annual Catalogue sent prepaid. Address Dept. N.W. **Waltmer Institute, Nevada, Mo**

The Great Mother

**A Gospel of the Eternally-Feminine
OCCULT AND SCIENTIFIC STUD-
IES AND EXPERIENCES IN
SACRED AND SECRET
LIFE
BY**

C. H. A. BJERREGAARD,
Chief of the Main Reading Room,
N. Y. Public Library.

A valuable Book for all who would rightly understand the trend of Occult thought through the centuries and its place in the world of thought and life today.
SENT POSTPAID FROM THIS OFFICE FOR \$2.

LIVE PEOPLE HAVE LIFE PROBLEMS

Our aim is to find their solution—whether in mind, body or estate.

Let us help YOU find YOURS. Send for our free lists of **Helpful Books for Every Reader.**

If you mention the line in which you are especially interested we can help you more directly. Write to our San Francisco representative, S. E. FOULDS.

589 HAIGHT STREET
GOODYEAR BOOK CONCERN

HOW TO COMMAND MONEY

The new way and only true way; not speculation, investment, the turf, stock exchange, but a Certain Way, which the author of "The Ten Laws of Financial Success" (on card 37c.) has discovered, and can be applied by anyone. Send 75c to-day to address below, for the book, which will transform you, and about which a London daily said: "One is less likely to die a pauper after reading the book than before.—A useful staff." Its title is

THE ART OF GETTING RICH!

THE SCIENCE OF ACHIEVEMENT

This course of 14 lessons by the author of "The Art of Luck," "Mastery of Death," "Quintessence of New Thought," &c., and the Editor of the "New Thought Journal," is designed to teach how anyone may, through the method laid down, change one's circumstances, achieve one's goals, unlock inner forces, build up a powerful personality, operate the Law of Plenty, &c. Just published. Send \$1.00. **The Talisman Publishing Depot, Harrogate, England.** Remember this course teaches

HOW MAN MAKES HIMSELF

MR. THINKER! What 15c Will Do:

For this trifle you can treat your intellect to

W. T. STEAD'S "AFTER DEATH"; Shakespeare, the World's Greatest Psychist; SIR WILLIAM CROOKES' WONDERFUL "RESEARCHES IN SPIRITUALISM"; LONDON'S MODERN MIRACLE; LIFE IN THE SUMMERLAND; SUCCESS AND HOW TO WIN IT; SUGGESTIVE THERAPEUTICS; THE LAW OF CONCENTRATION; DR. PEEBLE'S Account of Wonderful PSYCHIC EXPERIMENTS WITNESSED IN INDIA; Articles by W. J. COLVILLE; MARVELOUS PSYCHIC EXPERIENCES.

AUGUST SEPTEMBER OCTOBER

"REASON"

Worth \$1.00 the Issue!

THREE Months for 15c.

"REASON" One Year and "MIND MARVELS" for but \$1.00.

AUSTIN PUBL. CO., Los Angeles, Cal.

"Self-Healing Through Suggestion"

By Henry Harrison Brown, Editor NOW

PRICE, 25 CENTS; 64 PAGES; 9TH EDITION

This is by far the most plain, practical and ready Text-book of Metaphysical Healing on the market. Since its first publication in 1904, more than 10,000 copies have been sold. Its sale is constantly increasing.

HERE ARE SOME SPECIMEN OPINIONS OF GOOD AUTHORITIES:

"Delightful as well as helpful."—*Progress*, Minneapolis.

"As good on this subject as can be found."—*Light*, London.

"Clear, concise, forcible, inspiring,"—*Exodus*, Chicago.

"Mental tonic which one feels as he reads."—*Unity* Kansas City, Missouri.

"A hand-book for daily living."—*Banner of Light*, Boston.

"Worth a cartload of 'Dr. Somebody's Domestic Medicine.'"—*Dr. J. H. Tilden in Stuffed Club*, Denver.

"Rules so simple that a child might read."—*Fulfillment*, Denver.

SENT FROM THIS OFFICE ON RECEIPT OF PRICE, 25 CENTS.

NO BOOK IS MORE NEEDED BY THE MASSES TODAY THAN

"Not Hypnotism—But Suggestion"

So rampant are the ideas of the power of mind over mind, the power of evil thoughts and malicious magnetism that these ideas are sending men and women to insanity, disease and crime. There is no truth in them. No power in any will over another. No thought can affect us but our own and those in harmony with us. Malicious magnetism is a relic of the belief in witchcraft. It has no place in the intelligence of today. To prove this I wrote this book. Every reader of NOW has friends who need it. No greater boon can come to one so misled than this book. I wrote it for them. I'll send it with a lithograph of myself for 25c to any address.

HENRY HARRISON BROWN, 589 HAIGHT ST., SAN FRANCISCO, CAL.

"NOW" PUBLICATIONS

Not Hypnotism but Suggestion

By Henry Harrison Brown; pp., 66; 3d edition; paper, 25c. In this book the important Law of Suggestion is further evolved, and the phenomena of Hypnotism explained.

Grant Wallace, in some valuable editorials which he wrote for the *Bulletin* of this city, twice referred to it as a very valuable little book, recommending it as a textbook on Suggestion.

Concentration—The Road to Success

128 pages; paper covers; 50 cents. Sent post free on receipt of price.

This is Mr. Brown's latest book, published in 1907 and is in its 2d edition. It grew out of his various lines of work. Questions thus received, propounded by student and patient, by letter and in class, have been for 30 years answered until out of these answers and the growing necessity for this knowledge among the awakening masses, this book was compelled to be, as Supply in answer to Demand. It grew.

Self Healing Through Suggestion

Mr. Brown's latest book; 25c. The title tells you exactly what the book is. Plain, beautiful, helpful, artistic, powerful.

I want to thank you for the sunny vitalizing radiation of your book.—*Lillian Whiting*, in private letter to author.

Dollars Want Me!

The New Road to Opulence, by Henry Harrison Brown; pp., 24; 10c. It explains just what mental attitude to hold that will draw the Dollar. It will enable you to rise above the drudgery of enforced labor. A powerful booklet.

O Hashnu Hara, editor *Wings of Truth*, London, England, writes: "This new law has given me strength and power such as few could easily realize."

Man's Greatest Discovery

By Henry Harrison Brown; pp., 60; 3d edition; paper, 25c. Six Soul Culture Essays on THOUGHT AS POWER, Thought Transference and Telepathy. A thought-provoking book. Dr. Alex. J. McIvor-Tyndall, who is without a doubt the greatest demonstrator of thought-reading, says: "I would like to recommend it to every person who can read. It is simple, concise, convincing. No one, perhaps, knows better than I that what you state in its pages is, as you say, 'man's greatest discovery.' There is no doubt that Thought is Force capable of accomplishing what we will."

How to Control Fate Through Suggestion

By Henry Harrison Brown; pp., 62; 3d edition; paper, 25c. In Part I it deals with the Science and Philosophy of Life; in Part II with the Place and Power of Suggestion.

Ella Wheeler Wilcox in the Hearst newspapers says: "It is worth many dollars to anyone who will live in its philosophy."

HENRY HARRISON BROWN

589 Haight Street

- - San Francisco, Cal