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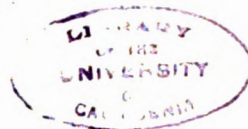
NOW

THOUGHT IS POWER

A Journal of Affirmation

HENRY HARRISON BROWN,

Editor



Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good.—EMERSON.



SOUL CULTURE
ART OF LIVING
PSYCHOMETRY
INSPIRATION
SPIRITUAL HEALING
MENTAL SCIENCE
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| 2. The Ideal. | 9. Hold Fast, and Let Go |
| 3. What is My Ideal? | 19. Silence. |
| 4. I Can! | 11. The Dollar Side. |
| 5. Health. | 12. The Test. |
| 6. Do Right. | 13. Purpose of Life. |
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From all Life's grapes I press sweet wine.
—Henry Harrison Brown.

NOW

A JOURNAL OF AFFIRMATION

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No. 1

IN MEMORIAM

November 7, 1913.

'Tis an earthen jar, whose lid
Allah sealed, the while it hid
That treasure of his treasury,
A mind that loved him. Let it lie!
Let the shards be earth's once more,
Since the gold is in his store.

Edwin Arnold.

Precious still the hours must be
In Memory's casket sealed, while we
Feel them now as cold and lone,
Since the inmate Soul has flown.
Everywhere we see the past;
Everywhere we step, so fast,
Longing for thee so runs before,
We forget our life's great store!

For the fragrance of thy love
Is ever with us, while Above,
They greet thee, mother, wife and friend.
Daily doth thy Presence lend
Sweetness, fortitude and power,
To our faith, as sun to flower.
From smallest bud the blossom grows,
Life from Life Immortal flows.

Not "Farewell" to thee we say!
Thou hast never gone away.
No "Good bye!" we think of thee,
For in God's Eternity,
In the Ever Now and Here
The Greeting comes in accents clear:
"Never think of me as gone!
Wish me now, as then, 'Good morn!'"

HENRY HARRISON BROWN.

THE ONWARD PATH.

I came into an unknown world,
Unbounded love received me,
Through all vicissitudes of time
It never hath deceived me.

Again unto an unknown world
My footsteps fast are tending,
I cannot doubt love will be there
My timid soul befriending

So perfected are love and faith
The clouds around are breaking,
The path grows brighter every day;
On for that world awakening!

—Sarah E. Burton.

The Unitarian Advance.

1913—1914.

And the angel stood one foot on the land and one foot on the sea and proclaimed "Time shall be no more."—*Revelations*.

"The old year lies a-dying," sings Tennyson. "He is dying! Let him die!" And when the sun and the earth come into the same relative position again we shall sing again, "The old year is dying! Let him die!" and he dies continually and as continually comes to life.

This one fact should teach us that Time is an illusion, and has no real meaning to the Mind. The Soul of man is not deceived by this apparent dying and resurrection. Speaking of the soul, Emerson says, "It would be the only fact!" When one say "I am" or "God is," there can be no conception of duration. I and Am, are always timeless limitless: are always NOW.

The earth is now where it was in its revolution around the sun twelve times ago and where it will be in the twelfth time from this again. What significance has it to me? Each one should ask that question of himself. "What signifies this 1913 and 1914 to me?" Doubtless the answer will turn upon the thought of age, of business, of friends. "I am older!" Are you? "I count on more or less business and more or less capacity for business!" Can you? And does not experience tell you that your calculations have often failed? "Another Will than our own regulates events!" That Will will deal the cards of the Life game of 1914. How will you play them? As an older person? Then you will lose. As a *Wiser* person? Then you will win. Or it turns upon happiness; upon possession of friends.

"He gave me friend and true, True-love
And the new year will take them away!"

**Henceforth I seek not good fortune:
I am good fortune.**

—*Walt Whitman.*

Did he "Give?" Do you hold to receiving? Then you will loose. Do you hold to Being? Then you will win. "I have a friend! I want friends! I need friends!" All these are losing cards. Don't bet on them in the game of Life. I AM A FRIEND! This is a loaded dice. One of God's dice of Law and always wins. It has nothing to do with the place of the sun or the change of seasons. IT IS. Perhaps the thought is. "The year 1914 will bring me health!" Did 1913 or any other year bring it? Then the new year will also bring. But if the year brings it to you why not to all? Why especially to you? If time has anything to do with health, why are not all sick or all well? When you say—"I AM LIFE AND I DEMONSTRATE HEALTH!"—then you ARE health and time is counted out of the game.

"I shall be one year older!" This is the folly of the outward look. I pass many on the street that have not counted "so many snows," as I have, that look and act as if they had seen many more. A patient was just in my office who has seen fifteen less times the orchards bloom and he is so old in his thought that he is obliged to lean on his wife's arm when he comes in and out. Old? Well, what will you say?

Yes! If the I AM is body. No! if the I AM—if the Soul—if the Mind, is the "I."

Can we possibly think of age in connection with Soul? With Mind! With the Ego?—With the REAL I?

When we think of ourself as a spiritual entity then we see that Time is an illusion of the physical life; an illusion of the sense and physical sense measures and not Mind. A thing of limitations and not of Soul. Time is a distinction that God did not make. It is a creation of Man to mark the material

round of seasons, which came and went and will come and go whether man is here to record them or not.

Time is a record of a portion of Eternity. Eternity IS. It is the moving film of God's Consciousness unfolding into Self-consciousness. Time is what we experience of immortality; of the untolding of infinite possibilities. Eternity and Infinity and Mind and Soul are synonymous. I AM eternity. NOW is all that portion of Eternity of which I am conscious. To one who lives as Mind; who live as Soul; who lives as I AM; there is no past or future. He is Eternity expressing Itself as Self-consciousness. It is the One—Experiencing. The only time to experience, the only time I feel and the time I think is NOW. I thought yesterday and that is dead. I will think tomorrow, but that in unborn. I THINK means I AM NOW. "I cannot forego a present that is infinite for a future that would be finite!" said Emerson, thus proclaiming with the Angle—"Time shall be no more"—When time is thus destroyed the ills of life will go with it. I have tried by the most subtle analysis to discover any cause of illness or evil in my own life that has not, and does not, arise in the conception of a past or a future. And what I am, I know all men are. It is; "What I was" or "What I shall be!" It is "What I did!" or "What shall I do!" that causes all my trouble.

I realize now what I did not when in school we read Longfellow's "Psalm of Life." That it is NOW that I live and act. "Act! Act! in the living present." Our teacher's mind had not the Perception to tell us to affirm—I AM, and to trust ourselves and God, NOW. Longfellow saw then what I now see that it is the evolution of the individual soul into consciousness of Itself that is the pur-

**I thank whatever gods may be
For my unconquerable Soul.**

—W.C. Henley.

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pose of Nature. Listen:—
Not enjoyment and not sorrow
In our destined end or way;
But to act, that each tomorrow
Find us farther than today!"

Farther unfolded. More unfolded. With greater Expression—With accumulated Experience. For what I am consciously NOW, is the effects of past days, expression. With the angel I am to affirm for myself—"Time is no more!" Why? Because I live in eternity. I am immortal, I live consciously the immortal life here and now. *I am spirit, I live consciously as such.* I measure my consciousness of self, not by changes of the moon, or the revolution of the earth but by unfoldment. When you speak to me of years, they have no meaning save that I am in expression MORE of the Possible than I was when last you saw me. I am unfolding Infinite possibilities as the buds in our California gardens are un-flooding from the Inner Life; Bringing into Expression the possible which slumbers in the germ-cells which, from their ancestors, "take hold of eternity!" Time is not a measure of duration. It is not How many years has he lived? It is not based upon a record in a book. This record is necessary for external conditions. The State needs it, that may decide when I may vote, when I may have civil rights to property. But the age limit to ability, to worth, is like the artificial limit to illiteracy. Where draw the line? Somewhere it must be; that I may have protection of the state I must yield something of my freedom to the state so the state says, "At 21 years!" It says "Able to read the Constitution." But this is no evidence of the unfoldment of the individual. I have in mind a person, who, at 21, was older than the average man of forty. He had cared for his mother and two sisters and a younger brother from the time he was

13. I have in mind a person of 28 who has no more common sense in the ordinary duties of life than an average boy of twelve. Why? Because of the cruelty of Mother-Love which kept him from all experiences that would have developed a self-consciousness of power, a self-knowledge and a self-reliance that are the expressions of real unfoldment. When we rightly measure age it will be by the wisdom developed, and not by the years measured by time. Souls are measured by experience.

We should rejoice at every experience, no matter how hard it seems. "These are they who come up through great tribulation!" The Soul is equal to any and every occasion. The only question is, WILL I TRUST MYSELF AS SOUL? Or will I trust myself as matter? If the latter, I fail. If the former, I win. No mistakes and no failures to him who is Consciously Soul. Who lives the Immortal Life, HERE AND NOW.

It is the province of this magazine to teach and to inspire; to iterate and reiterate this until it shall be as common to say, "I am Soul," as now it is to say, "I am body." As commonplace to say "I AM infinite," as it now is to say "want!" Will you help NOW in its work of so inspiring the individual consciousness of the race? Will you help NOW to affirm "Time is no more?" Will you take your horn and toot with the angel, as we do on our carnival occasions. "Time is no more?"

When we all join with the Angel Trumpeter in this Affirmation, then will we soon join in that other song and see that it also is a present reality. "Peace on Earth." For it is always Peace "among men of good will."

At the death of the last century I wrote for NOW a poem, in which were these lines, to the date 1900. They will serve

I am not fighting my fight: I am singing my song.

—*Archie L. Black.*

as my peroration in this pean of Time's dissolution.

.....Man, his soul annealed

By Passion's fires, shall daily bring to light
Glories thy casket now conceals from sight
And learns that Time is slave and Man is free!
In other years I hungered, waited, found!

Now Heaven and Hell are naught, nor
Time or Space!

In all worlds by gravitation bound,
No greater joy than this within my face.
Now to the One I'm wedded! All is mine!
I'm Love and I am loved. I am Divine.

FOUNDATION OF SUCCESS.

There can be no success that is not founded in peace of mind. The first thought, then, for Success is *inward peace*. In this condition the brain is clear and one has full possession of all his mental faculties. *A clear head is the physical factor of Success.* Mental clearness is possible only where there is spiritual peace. The first principle to incorporate in every life is that of Righteousness. This word means living rightly, living in harmony with one's own conception of what is just and honorable. The inward monitor, Conscience, is the Soul's advocate.

There is but one law for the individual: —DO RIGHT. He who obeys this Law lives righteously, because he lives according to his highest Ideal.

He who would be successful must constantly affirm:—I DO RIGHT. Under this Affirmation he has control of all his forces. He can throw unhesitatingly, and without reserve all his individual powers into his thought and accomplish whatever he desires. Whenever he says to himself, "I do wrong," he weakens himself and brings, into his life, conditions that can result only in failure. Intellectual mistakes have no weakening effect, but mistakes of the conscience always weaken.—*From "Success and How Won Through Affirmation."*

One of our beautiful California trees is the Madrona. In *Hampton's* I find this:—
La Madrona.

Careless of grace, she sprawls upon the canyon's brim,

Stretching out indolent arms, smooth-muscled, pink and bare;

She flaunts herself the scarlet queen of all the trees,

The Carmen of the woods, luring the amorous air.

—*Alice Prescott Smith.*

FOUR STEPS IN SELF-HEALING.

Before anything can be accomplished there must be located somewhere, a consciousness of POWER sufficient to do that which is desired.

To be healed it is necessary to have FAITH in some Power able to heal. Faith is, then, the first step.

It matters little where in reasoning we locate this Healing Power. Faith in it, is enough. Were it necessary to absolutely know where and how we were healed, there would be no healing.

But since from cradle to the present moment one has lived in a body, it is natural for one to think that the POWER either dwells within, or without and works through, the individual. That the personal and conscious individual is but an expression of that POWER.

Therefore it is always safe to assume that the POWER that builds and maintains the body is within, is the REAL MAN: is the Soul: is the Ego: is the inner SELF! Therefore, I place first in my healing method this Affirmation: *I have Faith in my self as Life. Life builds the body and cares for it and Life alone can heal. I AM LIFE AND POWER TO HEAL.* This is fundamental to all Self Healing. No matter what one may theologically put beyond the Self, it is IN the Self that healing power resides. This leads to Self-Assertion, without which no success in any

**I, grateful, take the good I find;
The best of now and here.**

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—Whittier.

line is possible. To develop this Self Assertion there is no better method than this Affirmation: **I AM POWER TO BE AND TO DO THAT WHICH I DESIRE AND WILL TO BE AND TO DO.**

The second step is to *desire above all else* to be healed. All desire arises in Soul, and is a demand of the Soul for expression. (Remember the word Soul is used as synonymous with Self, Ego and Mind and "I" as *Spirit*. When used with an A; thus, "A spirit," is to me the same words as "a Soul.")

Desire is the pushing into objective manifestation of the Infinite Life in the Individualized expression of Itself; the desire to be healed, and the fear of death are but the instinctive cries of Life itself, to remain in this form of manifestation. Therefore all, in illness, desire to get well. This desire is the promise of health, once there is obedience to the Desire, and a following of those intuitions and impressions which Life sends into consciousness that I'll may heal its body. But while all desire to be healed, few are obedient to the intuitions. The mass let fears, prejudices, education and custom lead, rather than faith in the Power that created body before birth and grew it up to maturity.

Often so many desires come in, that the one for health is subordinated to some other. It is told that a millionaire is taking out-of-door exercise that he may be more able to make more money. This will result in a mere temporary spurt of health, only to have a more positive reaction later on. Men make a business for years of getting sick and then wish to be cured in a few months that they may continue the same line of thought that brought on the breakdown. One should desire health so much that he is willing to give time, effort, thought and

most of all LOVE to obtain it. "Change thy mode of thinking," is the Law. For all ill health, no matter what, had its origin and its development in thought. Some mental picture, either acquired by heredity or by conscious or unconscious choice, lies as Cause behind all illness.

Thus, the Power that heals, and the Power that Desires, manifests Itself to Consciousness as Thought. If Thought has checked the manifestation of Life so that one has less than the normal amount in manifestation, then Thought can change these conditions and open the sluiceways for this Life-Power to flow through every avenue of the body normally. To do this, Desire must shape itself into the mental picture of Health.

And this leads to the third step in Self Healing, namely: The consciousness of Power to do. This consciousness is expressed in the Affirmation: **I CAN!** As soon as one realizes that he, or she, IS Power and that this Power is the Life which he, or she, is, then it is necessary that this Affirmation is made:—*Since I am Power and made my body, I can heal it.* This Affirmation rests upon Faith in Self, as Power.

I am power and I can do what I desire to do and can be what I desire to be. Let the one who would heal himself affirm this and repeat it whenever he would otherwise, under the old thought, say: "I am ill!" or "I am weak!" and keep at the Affirmation in the Faith that Life in the Soul is Power to heal. Whenever Faith is born in that statement of Truth, then let him Affirm: **I CAN HEAL MYSELF!** and keep this up till he has faith that he *can*. When this Faith is born then comes the fourth and last step, i. e., Decision. **I WILL!**

It is easy, through reason, to accept all the other steps. One can easily come

Trust thyself! Every heart Vibrates to that iron string.

—Emerson.

intellectually to the conclusion, I CAN! Here he stops with a "But...." We hear, "Yes I can, *but* I don't." That is true in the vast majority of cases. "I have studied the New Thought books; taken courses of lessons and I am not well!" is a remark often made to me, as if I, or New Thought, or something, was to blame. "Is the Principle, Truth?" I ask. It is admitted that it is. "Then why are you not well?" There is no intelligent answer found by them. There is but one: "I don't!" which is translated by me into "I will not will to be well!" Condensed it is, "I won't!"

I am Power to heal! I can heal myself! I ought to heal myself! are steps comparatively easy to take. *I desire to be healed* is the uppermost one. But to *will*, "Aye! there's the rub!" "Will you?" I ask my patients. "Well, I will try!" is the answer. "O, Pshaw! that is not worth the breath you put into it. Will you?" "I will do the best I can!" "But that is worthless! You know you *can*! And you paralyze effort with a fear, with an If? Put all these aside and come to Principle. WILL you?" And when I get them out of fear, into confidence in themselves and they say positively I Will! the cure is already half made.

WILL YOU? You who desire to be healed. WILL YOU? Will you heal yourself? Yes or No! Not in the conscious manifestation of the Self. The sub-conscious will do the healing. All that is asked of you consciously is to Will, and then *let the subconscious do the healing*, just as you let it digest the food of the morning and as you let it breathe the air of the room, be it pure or impure. *Just let!*

Here is the secret of all self-healing, and *all* healing is Self-Healing. The Subconscious (which is God, Life, Power, Mind, Intelligence, Wisdom, and whatever else one may choose to call it) does the healing, just as it

builds body from conception to birth, and from birth to present moment. Therefore *keep your thoughts off the workman and off the workmanship*. Concentrate upon the only thing you can do to help, and that is, *keep the mind upon the mental picture of health*, and LET God in the Sub-conscious do all the rest. The One Life heals. The One Power does the work. As an individual expression of that ONE POWER; as an individual expression of the One Human Soul, *you can form the picture, form your ideal, of a healthful body, and then your work is done*. God, the One Life, does all the rest. Said Jesus: "My Father worketh hitherto and I work!" Each in his own realm. Man in the Ideal; God in the Real.

Therefore to heal yourself *ignore the body and its conditions*. Cease to think of them. Never speak of them. Keep in your mind the picture of health and remembering yourself as Spirit (Soul, Power, Life), affirm from that Power, —Health. When that picture becomes a mental habit, you are healed. You can be cured of symptoms easily, and then fall back upon old thought. This is not healing. Healing is so changing mental habits that you think from the Health-Ideal and not as in the old condition, from the ill manifestations in the body. The Real in the Soul is the Ideal in the consciousness. Then cling to the Ideal. It is the model by which the Sub-conscious works in the objective.

Cling to the Ideal, it is the direction given the Sub-conscious as to how it shall manifest. Cling to the Ideal, it is the perfection of the Soul reflected in a measure into the consciousness, and by accepting it as Truth, it will be accepted as directive by the Sub-conscious. Remember Lowell's lines:

*"Longing moulds in clay what Life
Carves in the marble Real!"*

**Minute a man stops looking for
Trouble, happiness looks for him.**

—*Irving A. Scheler.*

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NOW.

If you have hard work to do,
Do it now,
Today the skies are clear and blue,
Tomorrow clouds may come in view,
Yesterday is not for you;
Do it now.

If you have a song to sing,
Sing it now.
Let the tones of gladness ring,
Clear as song of bird in spring;
Let every day some music bring,
Sing it now.

If you have kind words to say,
Say them now.
Tomorrow may not come your way;
Do a kindness while you may,
Loved ones will not always stay:
Say them now.

If you have a smile to show,
Show it now.
Make heart's happy roses grow,
Let the friends around you know
The love you have before they go.
Show it now.

—*Wm. Hayden.*

THE LORD'S PRAYER.

Each month of this year I will have Twentieth Century exegesis of some phrase of the prayer which Jesus allowed his disciples to use whenever they wished to pray. They will be written with reverence alone for Truth, for Truth as it is in the developed conscience and reason of Today. If the past had any Truth, it was its vision of Eternal Truth. As such it is as fresh now as then. Jesus had a vision, we may have the same. These articles are my attempt to see *where* he saw and not to see *what* he saw. I may in the Love of Truth, and in the Spirit of Truth come near the fountain head as he came, when he proclaimed, "I and My Father, are One. He that heareth me heareth Him that sent me." One God sent him and the same God Sends NOW. Accept both as far as they are Truth.

THE HEAVEN-FATHER.

The title of Heaven-Father for Universal Power, is the oldest title in literature. Max Mueller traces it back from our times through the Latin Jupiter, and the Greek Zeus-Pater, to the

old Aryan literature. It also is found in the Chinese in the religious word "Ti." The conception of God as Father, as found in the New Testament, no doubt came from the Greek through the Alexandrian School of Philosophy. But it is found in certain Hebrew literature, and was probably brought to them through the Persian conquest by Cyrus. This conception is a natural one, as primitive man's first ideas of the Universe would necessarily be that of power, and he would also necessarily locate that power in the unseen universe which was, to him, the over-shadowing heavens. As earthly power centered at that time in the father (for the earliest government was patriarchal), he would naturally give that term to Universal Power which stood to him as the symbol of material authority.

His conception of the qualities and demands of that power would necessarily be colored by his experiences with his earthly father. All conceptions of God are formed from the personal experiences of the individual. Thus, when men developed government of tribe and kingdom, God became to them a Chief and a King. To the warrior, he is a God of Battles; to the peaceful, he is the Prince of Peace.

In the prayer which Jesus gave his disciples permission to use, is the title "Our Father." In this personal pronoun "Our" Jesus lifted that early conception out of the barbarous idea, out of the idea of separateness, distance and limitation; thus making it a personal matter—near, filial and warm.

The thought contained in "Our Father" is the noblest conception ever applied to Absolute Life; is purely in harmony with the facts of Nature and the later conception of Unity. It is one of the

**In the mud and scum of things,
There alway, alway something sings**

—Emerson.

greatest, if not *the* greatest contribution to religious thought ever made by any teacher, and shows the great superiority of Gospel over all other religious literature.

"Our Father" links in spirit as well as in name the Father and Son, the Creator and created, the conditioned and the Unconditioned, the manifestation and the Power that manifests.

The Son must necessarily inherit the powers, possibilities, faculties, and functions of the parent. Jesus in this conception places the human soul, in human thought, not as a separate entity, but as an expression of the One. He gives each human individuality omnipotent and omniscient power, with infinite possibilities of expression.

He also in the word "Our" links humanity into one whole, making it not only one family, but one great human soul. He said later "I go to my God and your God, to my Father and to your Father."

The reception, application and realization of this conception is the whole of New Thought, and the many methods through which this may be applied and realized necessarily gives rise to many schools. The individual conception and experience in life color the instruction of every teacher; but when we add to Jesus' expression, "Our Father," his definition of God, namely, "God is Spirit" and "God is Love," we have the key to his conception of God as Father and man as His child. Since God is Spirit and Love, His child is Spirit and Love.

When one using this prayer says "Our Father" and shall think of himself as Spirit and Love, and as one with the Father in Spirit, he will bring himself into true spiritual and filial relation with Universal Life, and make himself

receptive to an involution from that Life which will manifest in him an unfolding consciousness of himself as Spirit and as Love.

This mental attitude is that of receptivity along every line of expression. It will give inspiration to thought, to health, to body and to success in endeavor. What my Father is, I am. The intelligence my Father is, is mine to express. The life my Father is, is mine to enjoy. The power my Father is, is mine to use.

As one grows into the mental habit of thus looking upon himself as a child of God, he casts away all regrets of the past, all thought for the future, all fear, worry and anxiety in the present. An abiding faith in himself, as a child of God, and in his ability to accomplish whatever he desires, gives him peace of mind, mental poise, physical health.

I can think of no two words that have equal power for the New Thought teacher and mental healer, and of none that open to the individual such realization of Universal Love.

Concentration upon this thought of Unity with Universal Life, Intelligence and Love, affirmations of unity with it must necessarily bring that state which is the culmination of individual unfoldment while in the flesh—present consciousness of immortality. This, Jesus knew when he declared, "The Father and I are one!"

Thus that early thought of the "Heaven-Father" has become the later thought of Unity.

Through ages there has been an evolution of Human Perception and of the Truth the ancients *felt* as they looked upon the heavens and there enthroned Infinite Power, as Universal Father. This thought has become our thought of Omnipotence. The human consciousness

**The deeper I drink of the cup of
Life the sweeter it grows.**

9

—*Julia Ward Howe.*

has found itself to be Love, and that perception of self as Love is now enthroned in the universe, and Omnipotence is not alone Power, but is Loving Power. It is Love.

It has taken ages for man to drop the symbol of Thor's hammer for the Heav-en-Father, and put in its place the symbol of Calvary's cross.

Force is fast yielding to Love among the nations of the earth. The angels' Christmas song is embodied in this later perception, and through "Our Father" realized, will that promised age come. Coming first to the individual in the consciousness expressed in "I AM LOVE!" and later in the Realization of Unity, expressed in; "The Father and I are one!"

A FRIEND'S LETTER.

The pastor of a prominent Methodist Society in New England, a friend of twelve years standing, has recently on account of nervous prostration had to give up preaching. He writes these sentences in a recent letter:—"I am not sorry that all this has come to me. Such a trust and such a resignation. Your prophecy has literally come true which you uttered when I sent you a poem on 'Hope.' You said 'Some day you will make it now.' I am sending you a few lines by myself under a nom de plume. They are not much but they show at the end how Life is so much brighter than it seems and brings us up in peace at the end of our distress. The thing that worries me is the suspense—and yet each hour finds its cure in the literal consciousness that the case is in God's hands. I am not sure that I have any ecclesiastical formula to suit, but I have gotten to the point where the life is so much richer than the theory of life that I trust the Hand that guides, for this is the greatest certainty. The last NOW was forwarded me. No! I cannot agree

with much that you write, but somehow the main idea—the immanency of God, which you so constantly express, is to me the greatest spiritual miracle I have ever met." This is his poem.

LIFE'S HAPPY DAY.

The gates were closed above and about,
His anguish no word could spell,
The gardens smiled, but the sign "Keep Out,"
Made life just a common hell.

Once he was known as a man to guide,
Held sway with an iron hand;
Then he was caught in the ebbing tide
And borne off toward Sorrow's Land.

He heard the sneers and the jeers that sped
Like pests on swift wings to taunt;
They stung his soul till it fairly bled,
Or followed like ghosts that haunt.

The knowing tide beached him after while,
Ran off with a nervous haste;
And not on a desert waste.

While he looked round on a Smiling Isle,
JOHN HAMMOND.

ON CITY STREETS.

Dec. 12, 1913. I cannot write from "Under the Redwoods" this month. I am in my San Francisco office. The desire to be in the right place, at the right time, decided me. I find that I am successful and happy when I not only affirm, but have the conviction, that I am in the right place, do the right thing, in the right way, and at the right time. Though others may not see as I do, and may not decide it is right, still for me, for I am the only one interested in the rightness of the thing, it is right when I do my best.

In our Emerson Class we have had five lessons in his "Self-Reliance." And the practical lesson is "Trust thyself." From it he gives this affirmation for guidance. I have used it for now seven years in my classes. "What I must do alone concerns me; not what other people think. Only in this consciousness am I strong.

**Call this God: then call this Soul:
And both the only facts for me.**

—Browning.

I saw it was best for me to settle down here and visit the HOME and draw rest and inspiration "Under the Redwoods" when I felt that also best. I was home on Thanksgiving. Weather fine. Had been rainy for some time. All were busy picking, culling, packing and shipping the grapes. The dry hot season has spoiled by far the larger portion. Not one crate will be sent to market where five have gone in good years. The sun burned them so most of the berries dried up, and these have all to be cut out before packing. But there is a compensation, prices are better than other years. The fall rains have made the land ready for plowing and seeding, but the grapes have delayed that work, so the "Boys" will have a busy few weeks now on. The people who pass along these streets have little conception of what trials the producer from the soil has to meet. Here they are grumbling over conditions, while I see their states so much easier than that of the land worker, but the latter has a happiness even among all these discouragements of living close to nature and finding happiness within himself and in his appreciation of nature, which the city dweller lacks. There is another compensation which outweighs the banker's gold. The urbanite has everything outside his immediate sphere done for him, has no initiative developed and very little independent thought. He lives in grooves, in routine and in business methods of regularity. The land worker has none of this. He is called upon daily to exercise independent thought. To use his initiative. There is no profession that calls for such a variety of experience as that of the ranch. Unexpectedly some tool or machine breaks. It is miles away to the repair shop. He has his little tool house and the repairs are made. Some animal gets sick; some foe invades his preserves; some unexpected weather comes; some

new improvement is needed in planting, pruning or seeding. Ten thousand things come that call for original action. True, plenty of farmers do not do this. Because it has been thought that anybody could farm, raise hogs, chickens or fruit. On the contrary. The professions of ministry, law or medicine, neither of them have equal demands for the person to be a Thinker, and to have initiative and adaptive power. Adam's profession is not only the oldest, the noblest, but the most in its demand for manhood. I have filled many a place in civil and military life. I have developed the most sincere respect and profound reverence for the man who brings food and life from the soil. Burbank and others are showing that man's creative faculties are not best in autos and in aviation, but in making two blades of grass grow where one grew before.

I recall an instance of the demand made upon the ranchman for thought. Herschell attends to the land work. One season a neighbor was hired to cut our hay. One evening the scythe broke. The other had broken a few days before. All one day would be lost in going to Santa Cruz for repairs. The neighbor went home, expected to go to the city, eight miles away. But when he went to his machine in the morning there it was ready for work. Herschell had studied over the matter. The hay was beyond the condition when it should be cut, another day would ripen it too much. He examined the broken scythes and saw that from the two, one good one could be made. With what tools he had he made one and the hay was saved.

"How do you mix your paints?" was asked of a celebrated painter. "With brains!" was his answer. Wherever anything is done, where there is any success Brains did it. The proper function of educational institutions is to awaken

**Whene'er I meet my sailing peers,
"ALL'S WELL" I to their hail reply.**

—*Edith M. Thomas.*

11

in the young the fact that they ARE BRAINS.

I have this fact forced upon me daily as I watch the people on the streets. With a proper comprehension of their brain capacity and a vigilant use of their brain they would not be so feeing doctor, lawyer, paying salaries to priests, or begging for a job. Emerson, in our Lesson last evening, said, "He who knows that power is in the soul, and that he is weak only because he has looked for good out of him and elsewhere, and so perceiving throws himself unhesitatingly on his thought, instantly rights himself, stands in the erect position and works miracles!" But if he has no thought that IS his? If all he has is "borrowed brains"! Then he fails. Thought is power and it is HIS thought that saves him. THOUGHT alone that has saving power.

So I find food for my philosophy under the street lamps, as elsewhere. And I also find food for Love and for happiness.

I stood waiting on the corner. It was early morn and I was on my way to R. R. station. A working man came around the corner. He was young and poorly dressed. I noticed a smile on his face. I glanced down the street. A woman was coming. A young working woman. She was also very ordinarily dressed. She glanced at him and smiled. Soon they met. There was a look of heaven in their eyes. I knew it was love. He fumbled a flower he had taken from the buttonhole of his coat. With a castdown, bashful look he handed it to her. The smile on his face deepened as she took it. With a smile such as only a woman in her love can give she said, "Thank you!" and passed on. It was but a moment they met. It was but

—Continued on page 15

PROMOTED.

Tuesday, December 9, by request of the friends I officiated at the funeral of Mrs. Maude A. Miller of San Jose. Mrs. Miller was the first friend I made when I came to California, and ever since she has been, not only a faithful friend but a wise counsellor and inspirer. The early NOWS had her encouragement and she found in them Truth that was to her a daily prayer. She was also an exemplary wife, and a most wise mother, her children knew long ago that she was blessed and now know that she is still so. The Truth she loved is the comfort of the friends and her presence is consciously with us for she was not body.

The body was but the

"Hut which I am quitting;

"Tis a garment no more fitting;

"Tis an empty seashell, one

Out of which the pearl is gone."

She was and still is LOVE AND TRUTH and as such can never die. The love she still has for friends will draw to them her influence, and inspiration. The prayer of Whittier will, for us in her case, be answered:

Fold her, O Father! in thine arms,

And let her henceforth be,

A messenger of Love, between

Our human hearts and thee.

And in the new realm where she rejoices we bid her "Good morning!"

SUCCESS. Henry Harrison Brown, editor of NOW. Published by "NOW" Folk, Glenwood, California. Paper, price 50 cents. Dealing with a problem which confronts the large majority of mankind, Mr. Brown has struck a constructive chord in life's scale, and gives vigorous and timely advice and counsel to those who are seeking to demonstrate their abundant supply and success.—*Unity*, Kansas City, Mo.

Obstruction is but virtue's foil, The stream impeded has a song.

—Ingersoll.

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GLENWOOD :: :: CALIFORNIA
BRANCH OFFICE
389 HAIGHT STREET, SAN FRANCISCO, CALIF.
VOL. XI. JANUARY 1914 No. 1

NOW

HENRY HARRISON BROWN, Editor

A Monthly Journal of Positive Affirmations.
Devoted to the Science and Art of Soul Culture.

It is the utterance of the Editor only. All thought not credited to others is his.

Its basic Affirmation is:—Man is spirit here and now, with all the possibilities of Divinity within him and he can consciously manifest those possibilities HERE and NOW.

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Entered as second class matter at Glenwood, California Post Office, June 21, 1910

TO YOU—

This is the First number of Volume XI. Many subscriptions expired with the last number. Was YOURS among them? If so, this is the last number you will receive until I have orders from you to continue it. If you have not the \$ on hand, tell me to keep on with NOW, and you will send the dollar. I must pay cash on my bills and I prefer to do a strictly cash business. The magazine is sure for the coming year. The P. O. Department will not allow me to send without pay or orders. Please consider this and kindly respond.

SUBSCRIBE FOR "NOW" NOW.

The first number of NOW was printed in San Francisco, March, 1900. It was suspended from October, 1906, until January, 1910, on account of losses and depression occasioned by the Great Fire. It has not yet recovered the circulation it had before that disaster. But during the last 4 years it has been steadily growing. Its Editor is highly pleased with the evidence he receives of its reputation and its power. He is deeply grateful for the helpfulness of its friends and bespeaks for the coming year a still increased assistance on part of the lovers and friends of NOW. He has carried it with inspiration, and devoted much time to the work of maintaining it. He promises that it will during the year be kept up to its present intellectual and perfectly frank attitude: speaking Truth without fear or favor. But he does ask that all who see the place and value of the journal to assist him in extending its field of usefulness. Will not each subscriber send in at least one additional name with his renewal? I will send two magazines each month for \$1.50 for the year either to one or two addresses. This will double my circulation and give me much encouragement. Will not each subscriber call the attention of news-dealers to the magazine and the books? I will send, upon any subscriber's assurance that they will be placed on news-stands, any number he may order and allow unsold copies to be returned, and will allow the seller usual rates.

* * *
N. B.—Address all orders for books, subscriptions to NOW, and all communications for Mr. Brown to his San Francisco Office. As I am at this Branch NOW Office they will reach me direct, and receive prompt attention. NOTE WELL! 389 HAIGHT ST., San Francisco, Calif.

**Trust thyself! Every heart
Vibrates to that iron string.**

13

—Emerson.

I, Henry Harrison Brown, have a Message, and I feel like the old prophet, 'Woe is me if I do not give it!' Any suggestion, any assistance, even your good words that so often come to me, and your good thoughts which I FEEL, and best of all, the warm friendships NOW is making, are my recompense, did I need any external encouragement. But the words of the Master—the Inner Man:—"Thou has well done!" have been my stay for these 14 years since NOW was started and upon that same Master—the Interior Light—we will all rest, not only during 1914, but throughout all eternity "Till Time is no more."

If you do not send your subscription for 1914 you will receive a notice of expiration and a request for renewal. I will have to stop sending your magazine. Say on postal — "Continue the magazine! if you have not the \$ for renewal on hand, and I will wait your time.

Mr. Brown is in his office, 589 Haight St., San Francisco, Calif., every day except Saturday and Sunday from 9 A. M. to 3 P. M., for private Lessons and advice in Self-Healing, and treatments.

Remember my San Francisco address is: 589 Haight St., near Steiner. Take a Haight St. car. It will land you opposite my door. All car lines will transfer to this line. I am very easy of access from Ferry and from all parts of the city.

At the Soul Culture Institute, 589 Haight St., San Francisco, Calif., every Sunday evening at eight o'clock, Henry Harrison Brown gives an address upon "The Principle of Self-Mastery Through Right Thought!" These Lectures are open to the public.

Emerson Class at 589 Haight St. has begun with fine promise. The Class will devote 5 lessons to "Self Reliance," then take up "Compensation." Terms, 25c a Lesson or 5 for \$1. Mr. Brown has instituted this Class that it may be a means of interesting many in the study and create a love for this one, whom he regards as the BEST teacher of Metaphysics in all history. Emerson is studied as LIFE. "What has the essay for me as Life?" is the question each lesson answers.

And each reader is invited to send in suggestions as to any improvement he thinks possible in the magazine. Remember its prime object is to put the ideas of its editor and publisher before the world.

I am in my San Francisco office daily from 9 A. M. to 3 P. M. and from 6 to 8 P. M. Will see people on any errand of health, sorrow, trouble, or fear. 589 Haight St.

I have plain and homelike accommodations for lodgers. Friends will find a pleasant location while in the city if they choose to come a little farther up town.

I do not wish your \$ for "Telepathy" until the book is ready. Do not send now. Let the names come. I need many more subscribers before I will print.

Mr. Brown has a few room which are for rent to friends on their visits to the city. He will be glad to lodge such as wish.

Call when you are in the city and get acquainted with the Editor and get a sample NOW for your friends.

The deeper I drink of the cup of Life the sweeter it grows.

—Julia Ward Howe.

MR. THINKER! ARE YOU READING?

SIR WILLIAM CROOKES' "Researches in Modern Spiritualism"—the most convincing proof of Spirit Return ever given by a great scientist! Also "Marvellous Psychic Experiences"—reading like Aladdin's Lamp, yet the sworn testimony of competent witnesses! And those wonderfully profound articles by Prof. Larkin (Lowe Observatory), Andrew Jackson Davis, Dr. Peebles, Dr. Leavitt, Daniel Hull and Dr. Austin appearing in

"REASON"

the Leading Psychic Research and New Thought journal. All thinkers belong to the "Reason" family. Just to whet your appetite—THREE months subscription—15c!! Now what are you going to do about it, Mr. "REASON"ER? Austin Publ. Co. Los Angeles, Cal. P. S.—Send also for that wonderful treatise, "Auras and Colors" of the Human Soul—15c. Tell us you want our catalogue too! Of course you will do it NOW!

While we are having more rain than a year ago we still have delightful days when it seems as if Nature was doing her prettiest to coax us away from our office and out to play with her flower children. Sunday the Park or beach has thousands listening to the concert. When among them, I am sending good thoughts to all NOW Friends, who are enjoying themselves in all parts of the earth. Fortunately we do not all love the same place, person or thing. God's Love is over all. When we look, we find it even in snow and ice as in sun and flowers.

My friends can render good service by sending me the addresses of earnest men and women who would be likely to favor the publication of a strong journal devoted to the maintenance of such a journal as I publish. One that without sectarian bias will educate its readers into a comprehensive understanding of the Laws of Mind, Life, Health and Success. Tell others of NOW. Recommend it. Get it on news-stands and give NOW, you and I an impetus in a business direction.

A few subscription for my proposed work on Telepathy have been received. Consider the matter well and then send in your name. No money till it is announced that the book is ready. I do not now know what will be the selling price. I am sure that it will be over \$1.00 but I will fill all orders at that price up to 200, that come in before the manuscript goes to printer and to press. When 200 advance orders are received I will at once start the printers at work. Here is the Title page as I now have it in my thought—

TELEPATHY

And Allied Phenomena, Premonition, Inspiration, Clairvoyance and Psychometry. The Philosophy of the Psychic Life. A series of Theoretical and Practical Soul Culture Essays

by

Henry Harrison Brown,
Mental Scientist, Soul Culture Minister,
and Author.

*Sometimes a breath floats by me,
A breath from dreamland sent.*

—Lowell.

I would like to put it in press early in the year 1914.

The first 200 shall be an autograph edition.

The book will have a lithograph of myself engraved from a photograph taken while the book is in press. Now in *your* time. When the subscriptions come in is *my* time.

Please remember I have a HEALTH TREATMENT ON A CARD. 5c each or 7 for 25c.

The physician tends always to invert man, to look upon the body as the cause of the soul, to look upon man as tyrannized over by his members. —Emerson's Journal.

—Continued from page 11

another when she entered the door of a laundry. He took the car with me. But his face had not lost its glow when he got off some distance down in the manufacturing section of the city. As the car passed I saw him join the body of working men waiting at the door of a large establishment. A little thing? Was it? I builded a romance out of it. God will build a Home. In that home he will build the foundation for a long line of workers and Thinkers. Love a little thing? Manhood's love a little thing? Woman's love a little thing? Children a little thing? Home a little thing? Posterity a little thing?

A PREMONITION—TELEGATHIC?

It is a little curious that a few days before these orders came to me had packed my "sea-traps" in a separate trunk to be ready for what soldiers used to call "a flying leap" if orders came suddenly as they usually did, to sea. It proved a sort of telepathic inspiration, for I learned afterward that about the time I began to pack up my orders had been decided upon at the Department.—*Admiral Schley's "Own Story," in Cosmopolitan for May.*

It is my opinion that NOW is accomplishing more in helpful development of the good in humanity than any other publication. If all could be induced to read and study all your books the days of sickness, sorrow and slavery would cease. May you live a thousand years yet and grow as you have grown in the 12 years that I have known and loved and tried to live along the fundamental lines of your teachings. Millions of money could not induce me to return to the old life and ruts I was in before I read your first book, "How to Control Fate!" Since then I have read them all and every NOW that has been published and it is by far the dearest little book that comes to my home.—*W. J. P., Arizona.*

Henry Harrison Brown is a name which needs no introduction in New Thought and Metaphysical Circles, and his magazine "Now," like all his writings, radiates optimism and the life serene and harmonious, from cover to cover.—*"Mystic Light," W. J. Colville, Editor.*

If you know of any one coming to San Francisco looking for a job tell him or her NOT to come. The city is overcrowded with idle men and women, drawn hither in hopes of work because of the Panama Exposition. Too many are there now. It is a good plan when everybody is going one way to go yourself the other.

There is plenty of place and work for him who has his own trade and will set up his own business. Or for him who has capital to wait till he learns the conditions. But it is pitiful to go down in that part of the city where idle men congregate and employment offices are. The city will have to establish soup-kitchens if the rush is not stopped. It is not a theory but a condition that confronts, not only this city, but seemingly the whole world. It is a transition period, and we must be wise, patient and generous, till a re-adjustment takes place. It only makes matters worst to so congest conditions in one city as they are now here. If you want "A Job" go the other way. Our climate invites all kinds of health and job seekers. Has New Thought no remedy? YES! It is for the individual. When the Principle of "Dollars Want Me" is absorbed the person will never hunt a job, for the job will hunt him—but centuries of want are behind present thought—the Old thought. We can only teach. Those who learn will escape the hard times. As Jesus over Jerusalem, I can only stand and with my heart aching, say:—"I would have saved you; but ye would not!"

I cannot keep the "Dollars Want Me" long enough to read it myself. I have had seven already, and one of the five that are coming is spoken for. It is truly a wonderful little book.—*L. A. S., Seattle, Wash.*

SUBSCRIBE FOR "NOW" NOW.

In the mud and scum of things, There alway, alway something sings

—Emerson.

THE BUSINESS SIDE OF NEW THOUGHT, by Sarah F. Meader.

Published by the Author, 16 Kenwood Terrace, Lynn, Mass. 25 cents.

This little book of five lessons is GOOD. They are plain and simple statements of Truth that will help any one to make business a joy. Mrs. Meader has held the fort in Lynn and manfully succeeded in the work. She was instrumental as the head of the Lynn Society in bringing out a large audience to hear me in Lynn for five Sunday evenings—not lectures, but simple and practical "Lessons," while I was east. And from a long experience she has prepared this book. It is as said above—GOOD.

The Pacific, the organ of the Congregational denominations on the Coast had in a recent issue the following notice of NOW and its Editor.

Henry Harrison Brown, editor of "NOW," a new-thought journal, published in San Francisco, says that he was invited not long ago by the Rev. Thomas F. May, pastor of the Congregational Church at Vancouver, Washington, to speak in his church. He regards this as "a gratifying sign of the advance of truth." Mr. Brown's little monthly publication bears the sub-title, "A Journal of Affirmation." Here is its basic affirmation: "I am spirit and may consciously live the immortal life here and now." On one of the pages of a recent copy Walt Whitman is quoted; "Henceforth I seek not good fortune; I am good fortune." Among the affirmations is this also: "All is good that comes to me. All comes because I need the experience. All that can come is the best at that time and place. All comes to me because it is my own. Because I accept all that comes as my own it works me good. Whenever I do so accept I am happy."

Statement of the ownership, management, circulation, etc., required by the Act of August, 1912, of NOW, published monthly at Glenwood, California, for October, 1913:

Editor, Henry Harrison Brown; Business Manager, Henry Harrison Brown; Publisher, Henry Harrison Brown; Owners, Henry Harrison Brown. Known bondholders, mortgages, and other security holders holding one per cent or more of total amount of bonds, mortgages or other securities—NONE.

HENRY HARRISON BROWN,

Editor, Owner and Publisher.

Sworn to and subscribed before me this eleventh day of December, 1913.

J. J. KERRIGAN.

My commission expires Aug. 27, 1914.

HEALING THOUGHTS, by C. Josephine Barton.

Published by the Author, "Life" office, Kansas City, Mo. Price 50 cents. Paper, 63 pages. Mrs. Barton is one of the older workers in Truth and is well prepared to write this book of Principles and directions. She has finely come into the affirming spirit and her statements are positive and sweet. Here is a specimen:—

I love peace. I have infinite peace. I give to the world the Peace that passeth understanding. Nothing can confuse or confound me. I am protected from the snare of the unscientific. From everywhere come words of Life, Health, Beauty and Peace, in reflex of my attitude. I am the embodiment of Health. I radiate Life, Truth and Love.

THE NEW ALINEMENT OF LIFE, by Ralph Waldo Trine.

N. Y. Dodge Publishing Co., 220 Twenty-third St. Price, cloth \$1.25, leather \$2.00.

This new work by Mr. Trine is in a field very different from the one which has made his reputation. That appealed to the world of spiritual minded thinkers. I know this is a needed book but I miss here the deep spiritual insight and sweetness that characterized "In Tune with the Infinite." This is historical, philosophical and polemical. It furnishes sufficient reason for the acceptance of the metaphysical claims for truth and helpfulness. A friend at my elbow says:—"One who is in tune with the Infinite will rejoice to see others come so in touch and this book will help them to do so!"

ALL MYSTERIES, by Nathan Crane.

Sun Publishing Co., San Diego, California. 25 cents.

This little book of 45 pages will help one to the realization of Universal Love and Immanent Wisdom, abiding in us and us in IT. This realization will enable one to go forth in expressing the Divine Idea, as a Human Soul. Its language is clear and simple and its style is that of A. Kempis, Madam Guyon and the early mystics, modernized. It will eminently suit those who wish Truth in a religious and somewhat mysterious form. There are hints that it is produced psychically, and has the earmarks of such origin, and is therefore inclined to lift the reader from the practical every day world into that realm whence comes dreams, visions, inspirations and ecstasy. But nothing that will not help a soul seeking for the Kingdom of God within.

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We do not know of any Family Weekly that we can more heartily recommend to our readers than The Youth's Companion. It gives us pleasure, therefore, to announce that we have arranged with the publishers to make the following offer:

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To take advantage of this Club rate send all subscriptions to NOW office.

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With 600 page book on "THOUGHT EXTENSION," 25 cents, also a 500 page book on "Wireless Power of God in Man" and a year's subscription to NOW for \$1.25. Address
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BY

Walt Whitman

This is one of the books you should know. It's poetry—but you'll be interested just the same. I will mail it to you for 65 cents.

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Do you need ASSISTANCE of any kind? Are you ill in body, mind or estate? Do you desire personal instruction in regard to the laws of health? In the correction of bad habits? In the awakening of dormant faculties? Or in the development of self-control? If so, write me.

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