



SENATOR H. D. MONEY

At Present Leader of the Democratic Party in the U. S. Senate, most able Democrat in Office, Indorses the Weltmer Institute.

Prof. S. A. Weltmer, Nevada, Mo.

Dear Sir and Friend—Having been twice under treatment at your School of Healing, I wish to express my appreciation of the courtesy and kindness I have received, also to make this acknowledgment of the inestimable value of the improvement in my physical condition. In my case your theory has been highly effective in practice. I have seen many wonderful cures made by your school, and in my own person experienced all that you have promised. I heartily wish you continued success.

Very truly yours, H. D. MONEY.

(Senator Money's home is at Gulfport, Miss., when not at Washington.)

A partial List of Especially Prominent People who appreciate our past services:

- | | |
|--|---|
| Rev. H. A. Colville, Wolverhampton, Eng. | Col. John Sobieski, Los Angeles. |
| Dr. Malcolm Cameron, Washington, D. C. | Major J. B. Downing, Middleport, O. |
| Miss Ida Fuller, Paris, France. | Mr. H. C. Wood, Mgr. Star Brand Shoe Co.,
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| Bishop Theo. Holly, Port Au Prince, Hayti. | Hon. W. H. Cowgill, Lincoln, Nebr. |
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| R. N. Chestnutt, Montgomery, Ala. | |

PHYSICAL HEALTH AND MENTAL EFFICIENCY

May be Had Through

SUGGESTIVE THERAPEUTICS

(WELTMERISM)

As an organized system of treatment Suggestive Therapeutics is new; but the various parts of the practice are both new and old, and the thorough system for combining the curative principles of all established means of cure into the one complete system of treatment, as it is done in the Weltmer Sanitarium, we consider to be the natural result of the evolution of the Healing Art.

Suggestive Therapeutics is not limited or accompanied by any fad; but in its technique employs any equipment or means, whether mental, mechanical or nutritive, which may be required to remove any obstruction to the restoration of health.

With the tissues revitalized and the circulation of the blood unobstructed it is perfectly natural for the "Constitution of the Patient;" "Nature," or as we name it the "Sub-conscious Mind" to restore normal function and effect a cure. Just as it is perfectly natural for this same force to cure a broken limb after the bone has been reset.

Suggestive Therapeutics is an exact science. We can tell after a careful diagnosis just what can be accomplished.

No practices are used which might result in injury, or an aggravation of symptoms through lack of proper attention.

In our Sanitarium every established means of cure is constantly available, in addition to the Weltmer Method which alone has cured 100,000 abandoned cases. This gives the patient access to the scientific practices of every established system of treatment, all at one time, and all for one fee; and the time and fee required is no greater than would be required at the ordinary sanitarium where the patient is asked to spend his time and money, and in some instances STAKE HIS LIFE on the efficacy of one particular method of treatment, which is often more or less of a fad.

The general equipment, baths, lectures, the excellent meal service, large sunny rooms set aside for its patrons, and its competent faculty of skilled specialists make it the most Successful Sanitarium in America.

We have builded our reputation on the cures of Hopeless Cases. The expense is not great. Our service is within the reach of all.

Railway connections are convenient. An agent of the Institute meets all trains. Altitude of Nevada, Mo., 1100 feet. Average Summer temperature 72½ degrees. Beautiful Summer Resort, Park with Lake fed by artesian White Sulphur and Flowing Iron Springs. Excellent Bathing, Boating and Fishing.

You will enjoy a visit with us.

For an exact diagnosis of any unusual case, describe symptoms frankly and briefly and mail to PROF. S. A. WELTMER, NEVADA, MO., marked (Personal), and he will, without charge, give you a definite idea of what can be done and the time required.

When writing to advertisers please mention NEW THOUGHT.

\$10,000 IN CASH PRIZES

FOR

“The Funniest Joke You Ever Heard”



We are gathering an immense collection of clever, witty stories, jokes, and anecdotes, old and new, for publication in book form, under a title to be hereafter selected. We are paying \$50 to \$100 EACH for the BEST jokes sent in to us, and will continue to do this as long as the stories received keep up to the standard desired for our proposed book—or until we have paid out \$10,000.

PERMANENT RULES OF THE CONTEST READ CAREFULLY

The stories, as received, will be numbered in the order of their receipt, and to facilitate the work of handling, will be examined in sections of 500. When the first 500 stories have been read, the best story of that 500 will be selected and the first payment of \$100 will be promptly awarded and made. The second 500 stories will then be examined, the best joke selected, the second payment of \$50 awarded and made. Then the third 500 letters, and so on. After the second prize, succeeding prizes will be \$60 each.

The stories or jokes are not expected to be original, but *are* expected to be funny. They must not be over 200 words in length—50 to 100 words is a good length.

Write your story with pen and ink on *one side of the paper only*, and on top of the sheet place coupon printed in this department, or a similar form. You can send as many stories as you like—at one time or at different times—but each story must be written on a separate sheet of paper (as it has to be considered separately), and must bear your name and address in full at the top of the sheet. Only *one* story from each sender, however, will be considered in the *same* section. *Stories not mailed in accordance with above conditions will not be considered.* We have been obliged to throw out a great many stories submitted to date, for violation of rules—two or more stories on one sheet; no address given; over 200 words, etc., etc. Watch out!

Where the same story is submitted by several different people in the same section, the *best-told version will be selected* and the others thrown out; if the duplicate stories are told in identically the same language, the *first in date of receipt will be considered* and the others discarded. Remember, a story which has not won in one section, because some one other was considered best, *may* win, if submitted in the very next section, because it may be the *best* in that. *Only stories which have received prizes in this contest, are debarred from re-entry.*

If you want an acknowledgment of the receipt of story submitted by you, enclose with your story a plain addressed U. S. postal card (do not send addressed envelope or pictorial postcard), and acknowledgment will be made thereon. We cannot enter into correspondence with those who wish to submit stories. All conditions are clearly stated above. Stories accepted will be paid for, other stories destroyed.

NO MANUSCRIPTS WILL BE RETURNED.

Payment for stories will be made through the UNION BANK OF CHICAGO, which has consented to act as disburser of THE STORY FUND, the prizes being paid in by us to the Bank in advance of each section, for custody and disbursement at regular intervals. The bank has agreed to act as disburser of The Story Funds on the explicit condition that it should not be obliged to receive or answer any correspondence in relation thereto—Please note!

If a postal card for acknowledgment is enclosed with story as suggested above, the contestant will be advised thereon of the number and section of his story in the contest; and also advised as to what section is being considered for award, at the time of receipt of his story. Thus, if he is No. 350, Section 3, and Section 2 is being considered at the time he enters the Contest, he will know that his is the next section upon which award is to be made. Further, each issue of NEW THOUGHT will contain full particulars of the Contest to date, examples of some of the “best stories,” lists of prize winners from time to time, information as to what section is under consideration, and in fact all the gossip, news, important announcements, etc., in reference to the contest.

In other words, we will devote our \$10,000 Prize Contest Department to keeping contestants thoroughly informed as to all the features of the Contest, just how the awards are coming on, why this or that story has ranked “best” (a guide to those who want to enter in succeeding sections), etc., etc., etc.

Those who enter the Prize Contest, please be careful to read the Contest Department thoroughly every month. There may be some announcement in it meant for JUST YOU.

The New Thought Publishing Co.

215 Wabash Ave., Desk 201,

Chicago, U. S. A.

\$10,000 PRIZE CONTEST!!

SUMMARY TO DATE

The first section of 500 stories (provided for by the rules on Advertising Page 3), upon being read, resulted in 100 stories proving of practically equal merit. These 100 stories were therefore printed in December NEW THOUGHT, with the names of the contestants and full particulars, and submitted to popular vote—the story receiving the most votes, to receive the prize of \$100. An official voting blank was printed in the December NEW THOUGHT, is included in this January issue, and will appear in each succeeding issue of NEW THOUGHT. No votes will be counted unless written on this voting blank and containing the name and full address of sender. This first prize of \$100 will be promptly awarded. The best stories of the second section of the contest will be printed in February NEW THOUGHT. Two other sections have already been read and are awaiting their turn in the contest. Anyone can enter in the contest. See the rules on Advertising Page 3. Answers to questions received by us in regard to the contest, will be found scattered through the advertising pages.

Who Gets the First \$100?

The next issue of NEW THOUGHT will probably tell! Watch for the announcement—or if you're one of the lucky hundred, WATCH FOR THE CHECK.

It's impossible to tell at the date of this writing, WHO will get that \$100. Every mail received, changes the score. There are only a few votes difference between any of the stories so far. A contestant may have twenty-five others ahead of him, and yet their advantage may lie in just one extra vote! Any minute the mail may bring two or three additional votes in his favor and send him ahead of the procession. That's the way it goes. We're trying to keep the contestants advised of their ups and downs, so that all may have an equal chance. It would be too bad not to know that only a half dozen votes kept one from victory, wouldn't it? Especially when the getting of an extra six votes is such a little matter! So we're squandering postage at a great rate, trying to keep everybody fully advised. It's quite exciting! Almost as much so to us, as to the contestants. Every time a fresh batch of votes comes in, we rush to see how the score stands—and when Mr. Head-of-the-line goes down a vote or two, we feel a pang of anguish and when Mrs. Bottom-of-the-line takes a big jump and lands right in the middle with only a very few votes between her and the top of all, we find ourselves breathless with excitement and anxiously awaiting the next mail! I'll really be glad when the suspense is over and the Bank writes that first "Pay to the order of—Who?—One Hundred (100) Dollars."

There's one especially delightful feature of this Contest, which partly consoles me for not being able to send a check for \$100 to each of the 100 best story-tellers, instead of to just one—(which one?)—and that is that "the game is never lost." As fast as one section is through with, and the prize awarded, along comes another section—and another—and if Jane Jones doesn't get the \$100 prize of the first section, there is no reason in the world why she may not get the prize in the second, or the third, or the fourth! All the sections are open to her and she may enter in any—or every—one. It is only the prize winners who are debarred from competing again.

There's \$10,000 to be divided—and perhaps more—and everybody has an equal chance to get a fair share. I don't get any fun out of anything where only one or two can get the good things; so I worked mighty hard to think out a plan where everybody had a chance and kept on having it—and I think I've succeeded.

We are now reading the stories of the Fourth Section (2000 stories—what do you think of that? and more pouring in on every mail) and the Best Stories of Section 2, with the names of senders, will be published in February NEW THOUGHT. Are YOU in that Section? Watch Out, Then.

(Continued on Advertising Page 6)

Books for Everybody

OUR OWN PUBLICATIONS

- By **WILLIAM WALKER ATKINSON**
Thought Force in Business and Everyday Life, silk cloth \$1.00
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Memory Culture, " 1.00
The Mind Building of a Child, (stiff Bristol cover) .50
Self Healing By Thought Force, " .50
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- A BOOK FOR THE STUDENT**
A Question of Miracles, by Loren Harper Whitney 1.00

- A BOOK ON ATTAINING**
Our Invisible Supply, by Frances Larimer Warner 1.00
These are just a few of our books.

WE FILL ORDERS FOR ANY AND EVERY BOOK PUBLISHED. Let us send you your Christmas books!

The Library Shelf, Desk 123,

850 McClurg Building, CHICAGO

Percival was a young man who wrote a little, introspective sonnet entitled "Why Do I Live?" He sent the sonnet to one of the magazines, and he waited and he waited and he waited until he was heartsick. Then he wrote to the magazine and said: "I sent you a little sonnet, 'Why Do I Live?' and it has not appeared." The brutal editor replied: "Percival, we received your sonnet, 'Why Do I Live?' You sent it by mail, and you *see* because you did not bring it around to the office in person."

APPROPRIATE GIFT BOOKS

I have selected and printed a special list of new books including Fiction, Ethics, Philosophy, Science, Art, Nature and Illustrated Gift books which will be most satisfactory for inexpensive presents.

1000 OCCULT BOOKS

I have also published a catalogue of rare books from my private library on PERSONAL MAGNETISM, HYPNOTISM, ASTROLOGY, HEALTH CULTURE, NEW THOUGHT, THEOSOPHY, CHRISTIAN SCIENCE and kindred subjects, to be sold at a liberal reduction.

Write Today for Both Catalogues

URIEL BUCHANAN, P. O. Box 210, Chicago, Ill.

When writing to advertisers please mention New Thought.

THE Publishers Failure

Places in our hands the World-Famed Publication

Ridpath's History of the World

9 massive volumes, 4,000 double-column pages, 2,000 superb illustrations; latest edition down to date, beautifully bound in half-morocco. We are selling the remaining sets Brand New at even

LESS than DAMAGED SETS were ever sold.

We will name our price only in direct letters to those sending us the Coupon below. Tear off the Coupon, write name and address plainly, and mail to us now before you forget it. Sample pages are free.

RIDPATH takes you back to the dawn of history, long before the pyramids of Egypt were built; down through the romantic, troubled times of Chaldea's grandeur and Assyria's magnificence; of Babylonia's wealth and luxury; of Greek and Roman splendor; of Mohammedan culture and refinement; of French elegance and British power; of American patriotism and religious freedom, to the dawn of yesterday.

RIDPATH throws the mantle of personality over the old heroes of history. Alexander is there—patriot, warrior, statesman, diplomat—crowning the glory of Grecian history. Xerxes, from his mountain platform, sees Themistocles smash his Persian fleet of over a thousand sail and help to mold the language in which this paragraph is written. Napoleon fights Waterloo again under your very eyes, and reels before the iron fact that at last the end of his gilded dream had come. Washington is there, "foursquare to all the winds," grave, thoughtful, clear-seeing over the heads of his fellow countrymen, and on into another century, the most colossal world figure of his time.

RIDPATH covers every race, every nation, every time, and holds you spell-bound by his wonderful eloquence. Nothing more interesting, absorbing and inspiring was ever written.

RIDPATH is strongly endorsed by ex-Presidents Harrison, Cleveland and McKinley; Jefferson Davis, Lew Wallace, Bishop Vincent, Rabbi Hirsch; all university and college presidents, and by the Great American People, 200,000 of whom own and love it.

\$1

ONLY brings the complete set, balance small sums monthly.

Mail Coupon to-day.



FOLD HERE, TEAR OUT, SIGN AND MAIL.

Western Newspaper Association, 204 Dearborn St., Chicago, Ill.

Please mail without coat to me, sample pages of Ridpath's History containing famous "Race Chart" in colors, diagram of Panama Canal; and full particulars of special offer to "New Thought" readers.

Name
Address



Self-Healing by Thought Force

By WILLIAM WALKER ATKINSON

A Series of Lessons in Self-Healing **PRACTICAL
PLAIN
POWERFUL**

FREE!

Nobody knowing William Walker Atkinson as he is today—sturdy, strong, successful, with his marvelously keen mind and inexhaustible energy, could believe it possible that not so many years ago he passed through a condition of such total and apparently irretrievable collapse, mental and physical, (and, of course, as a result—financial), as to leave him a complete bankrupt in health and hope (to say nothing of pocket-book), and with the future of a shattered and dependent invalid before him.

Somewhere in one of his books, he has given us a glimpse of what this awful experience meant to him, and of his slow emergence therefrom as he learned to master the Power Within, and to be his own Fate. His biggest problem and the one whose solution naturally had to precede all the others, was the **building of perfect health** from the only materials he had on hand—wrecked nerves, disordered functions, depleted sources of vitality, and even a lack of will to live. **But he built it!** He solved that problem—and all the others—and if you have not yet been able to make your body manifest the perfect health which is its rightful heritage, his **Self-Healing by Thought Force** will help you.

Of these lessons Mr. Atkinson says: "No healer or teacher has any monopoly of healing. You can do it as well as any one else, if you have confidence and perseverance. Of course practice makes perfect in healing, as in anything else. . . . In these lessons I have given a good practical working plan of self-treatment, and the same methods may be adopted by you in treating others. . . . Just try this method on yourself or on someone else and see the result. There are good psychological and physiological reasons back of it and it is merely calling into operation certain great laws in a plain everyday way. I know just what I am talking about, and you can demonstrate the thing for yourself if you wish."

There are two or three **primary** physical ills and from these spring all the other variations from health, which we call disease. In **Self-Healing with Thought Force** Mr. Atkinson takes up these primary conditions one by one with thoroughness and method, the object of the lesson being to enable the patient to deal with and overcome these special physical manifestations from out of which all others grow. The value of the lessons is therefore not confined to the special diseases taken up by name, but is **basic**; for the principles and methods in being applied to these foundation conditions, at once become curative agents to overcome other physical disorders from which the patient is suffering.

A HINT OF THE CONTENTS:

First Lesson: A consideration of the principles underlying healing by the power of the mind—The One Great Force back of Suggestive Therapeutics, Mental Science, Christian Science, Faith Cure, and all the rest—The patient the real healer—The innate recuperative power—How Nature Works through the nerve currents—How lost functioning powers are stimulated—The blood is the life—Keeping the circulation normal—The law of reciprocity—The ability to generate and use mental reserve force, never lost—Improper thinking a mental brake—Mind manifesting on the physical plane—Calling into play the reserve stock of nerve power, nerve impulse or "Thought-Force"—Changing the circulation at will—Stimulating the nerve current by Thought-Force.

First Self-Treatment: For Equalizing the Circulation. Useful in any kind of case. Every self-treatment should begin with this Equalizing Treatment before treating the special organ affected. A thorough lesson in method and procedure.

Second Lesson: The main organs of nutrition—Indigestion, dyspepsia—How Man obtains his strength—The effect of mental influence on the appetite and digestive organs—Normal functioning of the organs of nutrition prime requisite for health—How to build up these organs—Sending increased nerve-currents to the affected parts—The use of Auto-Suggestion—The laying on of hands—Propelling a current of Thought-Force.

Second Self-Treatment: For Stomach Troubles, Indigestion, Dyspepsia. A treatment in three divisions, with instructions for each.

Third Lesson: Removal of clothing during treatment not absolutely necessary—Best time for treatment at night and in morning—The treatment of Constipation—The reason for this bowel condition—Shutting off the wrong thought current—Necessity of conforming to both mental and physical law—The re-establishment of normal conditions—The important part of fluids in the human economy—How the body becomes

like a dried apple—Forming a habit for the sphincter-and muscle.

Third Self-Treatment: For Constipation. This treatment to be taken for establishing normal conditions of the bowels. "Cured by this method, you will stay cured."

Fourth Lesson: The special physical weaknesses of women—The subconscious mental powers—The great healing medium—The nerve current sent out from the great Dynamo, the brain—A run-down state of the system—How to overcome "female" conditions—Building up the general health—Increasing the functioning power of the main organs.

Fourth Self-Treatment: Very comprehensive, covering several special and aggravating female conditions. Explicit and practical.

Fifth Lesson: "The American Disease"—Nervousness—At the bottom of many disorders—Making use of the force within us—Getting rid of negative thought—Starting the machinery—Attending to the character of your thoughts—The value of the treatment for "equalizing the circulation" in all nervous conditions.

Fifth Self-Treatment: For Nervousness, Insomnia and Sleeplessness cured. The simplicity of the treatment—The result of years of thought and investigation—Removing the cause.

Sixth Lesson: How to start out in self-treatments—No mystery or magic—Putting thought force back of everything—The force available to anyone—Don't attribute your cure to anybody's pet theory—Performing wonderful cures—Power the growth of confidence—The mental attitude of the patient—Treating a diseased organ as if it possessed intelligence—How to "get right down to business"—A rebellious organ gradually correcting itself under treatment.

An Epilogue. A resume of principles—Negative conditions—Attracting injurious influences—The Vibrations of unhealth—Mental microbes—A final Health Thought!

Free

SEND US \$1.00 for a year's subscription to NEW THOUGHT, (new, old or renewal,) and we will send you FREE this powerful series of lessons in Self-Healing, BY A MAN WHO HEALED HIMSELF! We will mail you besides a copy of the inspiring little Success Booklet "THE GAME IS NEVER LOST," by Franklin L. Berry. It shows you HOW! It will help you win! Daintily bound

THE NEW THOUGHT PUBLISHING COMPANY, Desk 215 Wabash Ave., Chicago

A healthful happiness

—Freedom from the ills that make the invalid—freedom from the aches and pains that make each day more miserable than the one before it—permanent relief from your present trouble, whatever it is—absolute cure of all disease—easily

Within your reach

Think what this means—think how good it would seem to once more feel the fire and glow of perfect health surging through your body and building anew the aims and ambitions you long ago forsook as hopeless—to be free from bodily pains and mental suffering—how good it would seem just to be “well” again. Our system of

NATURAL CURATIVE TREATMENT

will do this—and more—for you, if you will but follow our instructions. No pills, no powders, no drugs—just a matter of living your life as it should be lived—proper diet—enough exercise of the right kind—and the personal instruction of our experts, based on your individual needs in conjunction with our own scientifically correct methods.



Read what we have done for Miss Luce

Miss Nora Luce, after ten days' treatment for Catarrh of the Stomach and Vital Depletion, reports:

"I am feeling lots better already and do not seem to get nearly so tired. I have been bothered very little the last few days with gaseous eructations with which I had suffered for years previous to beginning the course."

Miss Luce's third report, after twenty-two days' treatment:

"I have received your last instructions and am following them closely. I am feeling fine and have absolutely no trouble with my stomach and I am growing stronger every day. I seem to be gaining in weight. I am not able to walk as much as you advise on account of being confined to the office, though I manage to walk about four or five miles each day."

At the end of six weeks she reports:

"I am feeling fine in every particular and am gaining in weight steadily. I feel that since I have been taking treatment with you my mind is much clearer, as well as my body being stronger. I have not had any trouble to speak of since I began the treatment."

At the conclusion of treatment Miss Luce reports as follows:

"I was never so well in all my life. I have gained about eighteen pounds since beginning treatment with you and am continuing to gain, and am feeling fine in every particular. I have gained really faster than I ever could have hoped, and I wish to say that I have not felt sick nor had any pain in my stomach since beginning treatment. Thanking you for the interest you have taken in my case and that of my mother, I remain,

Yours very truly,

NORA LUCE, 294 Milwaukee Avenue, West, Detroit, Mich.

GET OUR BOOK It tells the story of our Treatment—and of the results. Get this Book now—in justice to yourself, your health and your happiness—get it and read it—and don't fail to ask for free Diagnosis Blank, No. 134.

TREATED UNTIL CURED—with no extra charge beyond the fee originally agreed upon. That's a part of the guarantee. Your treatment is continued until a complete cure is effected.

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TO ALL INTERESTED IN THE
CAUSES AND CURE
OF
EYE AND EAR
TROUBLES

EVERY PERSON should possess a general knowledge of the formation of the eye and ear, and understand how to treat and care for them.

Eye-sight and hearing are God's greatest gift to man. You should learn how to protect the eye and ear, to prevent disease from destroying those wonderful organs, for when once destroyed no artificial aid or device can ever replace them. Hence, learn now at no expense to yourself how to care for your eyesight and hearing. **WRITE FOR MY BOOK AT ONCE — IT IS FREE.**

One of the Greatest Books Ever Published

Full From Cover to Cover with Information Concerning the Treatment and Care of the Eye and Ear—SEND FOR IT AT ONCE—USE THE COUPON.

My book is handsomely bound in cloth and contains nearly 200 pages of most valuable information. Fill out and mail to me the coupon, and I send the book to your address free of any cost or obligation to you.

My book tells in simple language how to test and care for the eye and ear. A splendidly illustrated chart of the eye is shown, and several methods for testing the eye are given. There are many chapters devoted to the different forms of disease the eye is heir to; also the proper information for the care and cure of eye diseases is carefully suggested.

Each part of the ear is illustrated with lifelike pictures, and described so that anybody will understand. The causes and forms of deafness are clearly explained and remedies suggested. You will find a chapter instructing you how to test the hearing, how to know whether you are suffering from any trouble with the ear, or may be threatened with such trouble. Thus you will find instructions in the use of a series of tests which will enable you, if you have ear troubles, to decide the amount and location of the defect in your hearing, and can therefore take proper measures for relief and cure.

Help a Friend—If You Are Well and Strong

If You Know of a Friend or Relative Afflicted With Eye or Ear Troubles, Send for My Book for Them, So They May Be Benefited by the Information It Contains

Space here will not permit me to say all this great book contains for those who would be benefited by knowing its contents. I can only say that I have succeeded in writing a book—a treatise that is valuable as a reference book, that the doctor can refer to for information or the sufferer for advice. The facts which I present are the result of personal contact with thousands of the most complex derangements of the eye, ear, nose and throat. If you know of a friend or relative who is afflicted with eye, ear, nose or throat trouble, recommend my book. It is not to be supposed that the well can fully sympathize with the sick. They would have to feel every pain of mind and body which the sick endure, but the well can and should do their part in aiding those who are afflicted. **Send for my book today for yourself or a friend.**

I have only a limited edition—I want it to go as far as possible in spreading the glad news that there is help for those threatened with blindness and deafness, and the knowledge contained in my book, if imparted to those so afflicted, may be the means of restoring them to healthful sight and hearing. I impose no obligations on this information; I ask no favors from anybody. I simply want interested people to get my book. It is free for the asking. Write for it TODAY.

CUT OUT THIS COUPON — MAIL IT AT ONCE

F. GEO. CURTS, 588 Gumbel Bldg., Kansas City, Mo.

Dear Sir: Please send to my address given below your Free Book on Eye and Ear Diseases. It is understood that I shall not be under any obligation whatever.

Name _____

Street or R. F. D. _____

City _____ State _____

You get this book without expense to yourself. Fill out the coupon, write your name and address plain as possible, so the book will not go astray. Cut out the coupon, send it without delay.

REMEMBER, I only have a limited edition—GET YOUR BOOK NOW.

F. GEO. CURTS, M. D.
588 Gumbel Bldg.
Kansas City, Mo.

The Heart of Being

A
New Book



By
Uriel Buchanan

Mr. Buchanan's pen, in this Latest Book, opens the way for us into the "very heart of being"—takes us into the quiet center of things and shows us how to listen and be still; how to understand and realize; how to express and demonstrate! This is New Thought in its highest form—New Thought which teaches that the path to attainment—whether **material**, mental or spiritual—has its beginning in a rehabilitation of the inner self, and a conscious use of the finer forces. The book is beautiful, serene, confident and tender. It goes with you as a guide and teacher, counseling, upholding, encouraging, illuminating. **It will mean a great deal in many lives**—we hope it may in yours.

"Listen to the voice of destiny. . . . Develop an independent judgment; study yourself, your hopes and aims, your relation to environment and the possibilities that are yours. Look deep into your being and receive from the inward source the revelations of life. With steadfast eye on the highest goal, maintain your allegiance to truth, and resolve that no power shall direct you, save the commands issued from the throne of that invisible kingdom which is yours by every law."

A GLIMPSE AT THE CONTENTS

- Chapter 1—The Primary Processes of World-Building.
2—Man's Progress.
3—The Manifestation of Love.
4—Seeking the Invisible Presence.
5—The Wordless Voice.
6—The Creative Impulse.
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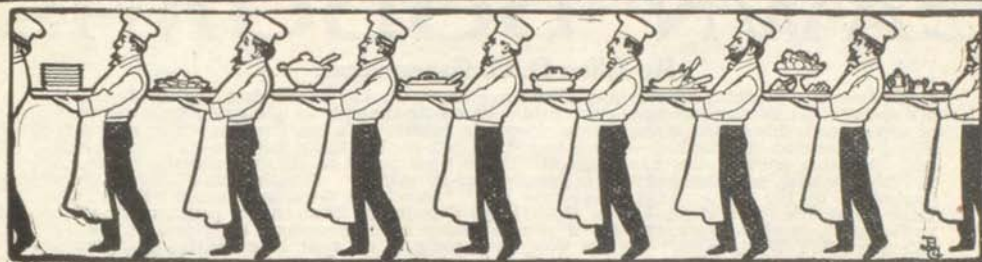
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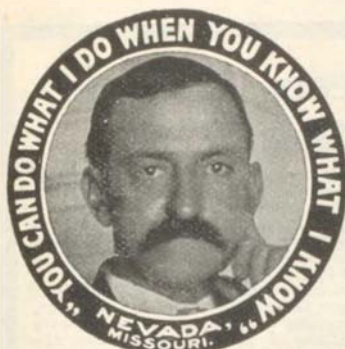
A five-year-old boy in Washington was begging his mother to let him blow soap bubbles. "No, Hamilton," she said, "I can't let you. You would get the dirty water into your mouth, and it would make you sick." "Oh, please, mamma!" cried this true representative of the modern era, "if you will only let me, I will boil the water and sterilize the soap!"

A man, after alighting from a train, jumped into a waiting cab, giving the cabman the name of the hotel to which he desired to go. Away they went at a lively pace. When about four blocks from their destination, the cabman heard his passenger's voice calling him not to go quite so fast. "Why, what difference does it make to you whether we go fast or slow?" demanded the cabman. "It makes a good deal of difference," came the answer. "The bottom of the cab fell out back there at the depot and I've been running ever since!"

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CHIEF SOURCE OF DISEASE

The chief source of disease is defective nutrition, which does not at all mean insufficient food, but merely the inability to secure from the food eaten the necessary elements to sustain life, build and repair tissues and produce energy. The blood becomes stagnant, morbid deposits are left in the system, and disease gains a foothold. Rheumatism, gout, diabetes, anemia and other chronic diseases are engendered.

A HOUSEWIFE'S ILLUSTRATION

Did you ever leave the baking powder out of your cake and view later a soggy, leaden mass of hard baked dough? *Yet you lacked only one ingredient!*

Did you ever by mistake put mustard in your gingerbread instead of ginger? Then you remember what it tasted like, after. *Yet you had only substituted one inappropriate element!*

Did you ever use too little flour, too much sugar, not enough butter in making a pudding, and find a spoiled dessert the result? Yet you had selected just the right constituents—*you only did not have them in the proper proportions.*

BUILDING A BODY

Building a body is like making a cake—it takes just so many elements, in just such certain quantities, to turn out a perfect physical organism. Use too little of this, too

much of that, substitute one ingredient for another—and you have an imperfect, unattractive, useless result.

WHAT IS DISEASE?

Disease is—merely an improperly mixed cake. It is too much of one element—too little of another.

In ninety-nine cases out of a hundred, every physical disorder—except where the result of an accident, as a broken leg or a burnt finger—*began with the stomach.* For years that organ of the body, intended to act as a sort of chemist's bowl and pestle, has been taking in, mixing up and furnishing to the body an *excess* of some one of the elements which make bone, blood and brawn, or a *too scant supply* of one or *every* element. The stomach cannot digest, the liver and intestinal tract cannot assist in caring for more than the correct proportion of any one element for any extended period of time. The result is “biliousness” (an overworked liver), “indigestion,” “dyspepsia” (an overworked stomach), “constipation,” etc. (overworked bowels). Under such conditions, day by day the body stores up poisons and waste material it is too overburdened to eliminate—and the result is “disease.” Or, not being provided with the elements required to furnish daily force and energy for manual and mental labor, *it feeds on itself*—with nervous prostration, anemia, irritability, exhaustion, weakness of every kind, *even tuberculosis*, as the inevitable result.

WHAT IS THE CURE?

You can't cure such conditions by treating the *symptoms.*

You've got to get back to the Great Original Cause and understand, that as YOU made yourself sick, YOU and you alone, can make yourself well.

**WHAT YOU
NEED**

What do you need? Nothing but the proper building materials. Your body is a machine perfectly capable of doing its work properly if you give it the essential elements.

If you need more flesh, *you can make it for yourself.*

If you need strength, *you can make it for yourself.*

If you need more muscle, vitality, healthy nerves, a clear brain, an active body, *you can make them for yourself!*

In building a house, if you used mortar made of sand and water, you'd expect it to fall down. Well, quite likely you have been metaphorically using "sand and water" in your building processes for the past years, and it's no wonder the structure is somewhat out of plumb and threatening to fall down.

**DON'T THINK
DISEASE!**

Put away all thoughts of disease! Think only of Health! You were made to be well, to be happy, to be strong, to be beautiful. Your veins were meant to throb with ex-

ultant life, your flesh to be rounded and firm, your limbs perfectly formed, your functions *automatic*. If that's not your condition, it's nobody's fault but your own.

**THE PERFECT
MAN**

The perfect man—is YOU, as you were meant to be; shoulders square, head erect, muscles like iron, strength illimitable, every function of life a joy and a renewal of

vigor.

**THE PERFECT
WOMAN**

The perfect woman—is YOU, as you were meant to be, with softly rounded form, clear white rose-tinted skin, bright magnetic eyes, inexhaustible life and vitality and

strength to meet easily your tasks and duties.

YOU CAN BECOME WHAT YOU WILL TO BE

if you will furnish the body the material with which to create anew.

PERFECT NUTRITION—PERFECT LIFE

OUR AIM

The aim of The Milk and Marfa Home Treatment is to provide in the proper proportions, and in a form easily assimilated by the most ill-used, chronically disordered stomach, all the elements the body needs. The Diet strikes at the root of ALL disease by eliminating morbid deposits, providing rich pure blood, building new tissues and resting and relaxing the nerves. It gives perfect nourishment, and the marvelously rapid gain in flesh, health, strength and vitality under its use, attests its perfect adjustment to the needs of the system.

**MILK AS A
FOOD**

The position which milk occupies as a food, is unique. In many respects milk is very similar to the blood. That it acts in the capacity of a perfect or complete food is well known to all. In the first place, it contains no refuse portion, and in the second place it contains within itself nearly all the different groups of nutrients; the nitrogenous elements for growth and repair of tissue; the carbonaceous for the generation of heat by organic combustion; while the complex saline substances and water form the mineral constituents. It has been proved by test tube analysis that *1 quart of milk is equal in nutrition to ¾ of a pound of beef!*

**THE
DIGESTIBILITY
OF MILK**

As regards the digestibility of all its ingredients, milk is one of the most easily digested of animal foods. The people who, as they say, are made "bilious" by the use of milk, are the people most in need of the curative effects of milk properly administered, that their digestive organs may be restored to normal health.

Possibly 75 per cent. of our patients write us in advance: "But I know I can't take milk! It doesn't agree with me!" Yet there is absolutely NO person who cannot take milk. There is a right and a wrong way to take milk, just as there is a right and a wrong way to do everything else in the world; and the inexperienced, unscientific, average man or woman usually—and very naturally—hits the "wrong" way, and therefore at once acclaims: "I can't take milk!"

WHAT THE MILK AND MARFA DIET DOES

There is absolutely NO chronic disease the Milk Diet cannot cure, with the possible exception of organic heart trouble. The reason for the latter exception is that the Diet makes new rich blood so rapidly that to take care of it may overtax a diseased heart. There is a vast difference, however, between *organic* heart trouble and *functional disturbances of the heart*, the latter being largely sympathetic and the result of nervousness, stomach trouble, etc., therefore speedily overcome as Health takes possession of all the functions of the body.

DOES THE DIET INTERFERE?

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By way of recapitulation, let us repeat these facts. Store them away in your memory—or better still, act upon them at once!

- We add flesh at the rate of from 1 to 9 pounds a week.
- We substitute pure blood for impure.
- We eliminate poisonous deposits from the system, curing chronic diseases.
- We build up the nerves, repair the tissues.
- We add inches to the bust or chest measure.
- We delicately round the limbs and figure.
- We cure insomnia.
- We send our patients away with a clear, pure complexion, the bright eyes and red lips of health.
- And our methods are Nature's!
- What do we do? Why, just RECREATE. That's all!

ABOUT TESTIMONIALS

Look through the back files of NEW THOUGHT for testimonials as to what we have done and can do. We think most readers of NEW THOUGHT are pretty well acquainted, by this time, through our monthly advertisements, with what we have done for our patients. We have taken this space to tell you WHY and HOW we are doing it. What more do you want to know? Write us!

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THE MILK AND MARFA HOME TREATMENT

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THERE ARE NO DUES.

This wave of reform in thinking and acting has crystallized into the expressive motto "I Can; I Will." It voices the sentiment of Self-Reliance constituting the essential basis of the movement, and should be made the slogan of a victory which everyone will be glad to help win. Let America show the world the way to do things.

THIS WILL PROVE THE BEST INVESTMENT YOU EVER MADE.

League Centers will be formed throughout the United States where lectures and courses of study will be given. You will receive much in return for your dollar in the way of uplift and good cheer.

We need workers, but as there is no profit, we can pay neither salary nor commission. Will you be one? You will be blessed in the doing.

ALL ARE WELCOME.

National Optimistic League,

4665 Lake Avenue,
CHICAGO, ILL.

**\$1,000.00 Reward
IF SHE FAILS.**

WRINKLES

**NEW THOUGHT
FREE BEAUTY COUPON**

Good Tomorrow for this World's Most Famous Beauty Specialist.

An opportunity is now offered every reader of this paper to consult the world's most famous beauty specialist, Harriett Meta, of Paris, London and Syracuse, absolutely free.

A little over three years ago there was nothing known which, in our judgment, would actually remove wrinkles, but at that time Mlle. Meta made the important discovery which has since made her famous in two Continents.

She demonstrated the great power of her new process by taking her own wrinkles out with it in three nights, after face massage, masks, straps, steaming pots, etc., had all failed, and today Mlle. Meta's face is still free from wrinkles, her cheeks full and plump, and her skin and complexion is a delight to behold. In fact, by many she is considered the most beautiful woman in all Paris.

Her remarkable discovery was brought before the judges of the Paris International Exposition and the Rome Exposition Internationale for their investigation, and in both instances they quickly awarded her Gold Medals thereon. The French Government also honored her with a patent on her new process, and patents are now pending before the U. S. Government, at Washington.

London Journals sent their Beauty Editresses to investigate her methods, and their high endorsements of her discoveries made her famous almost overnight, so that she was eagerly sought after by French Countesses and English Ladies of high title and rank. The Beauty Editress of the London Onlooker wrote, "An interview with Mlle. Meta left me persuaded that here at last might be found the secret to restore youth and beauty."

Many of those who have used her process report most astonishing results. Mrs. Mary J. Davis, of East St. Louis, Ill., says: "My wrinkles were very deep and of long standing, so you can imagine my surprise when, after only two applications, they entirely disappeared." Mrs. L. E. Haskell, of 2502 Clay St., San Francisco, writes: "I am fifty years old. Consequently my wrinkles were of long standing and I had not thought it possible to erase them, but now when I view my changed reflection in the mirror, I can scarcely realize the transformation that has been wrought." Mrs. M. A. Edwards, of Raleigh, N. C., says: "Since using the Treatment I look younger than I did twenty-five years ago." Miss Nellie W. Hoyt, of Brooklyn, N. Y., writes: "Your treatment has removed every mark and blemish from my face and filled out the hollow places, giving it a most natural tone."

Since Mlle. Meta made her remarkable discovery imitators have naturally sprung up all over the country. Some of them have copied Mlle. Meta's advertisements and literature to such an extent that the public is often at a loss to distinguish the imitation from the real. We are therefore authorized to announce the following remarkable offer, which cannot fail to convince you as to who is who.

Mlle. Meta will forfeit \$1,000.00 in Gold if she fails to prove that she holds nine Gold Medals and three Grand Prix on her discoveries from International Expositions. She will forfeit \$1,000.00 in Gold if any one can prove that she did not take out her own wrinkles with it in three nights, exactly as she claims. She will forfeit \$1,000.00 in Gold if every testimonial and sworn statement which she publishes is not absolutely genuine. She will forfeit \$1,000.00 in Gold if any one can show advertisements similar to hers published in any Newspaper or Magazine in the United States or Europe prior to the publication of her advertisements.

Arrangements have been made with Mlle. Meta to furnish, free, information in regard to her marvelous process for removing wrinkles to all New Thought readers. Merely cut out and send her the Coupon below and you will receive free particulars by return mail in a plain sealed envelope. You can use this remarkable process in the privacy of your own home without the knowledge of even your most intimate friends. It often works astonishing wonders in a single treatment over night.

WRINKLES

Cut out this Coupon today and mail it to the world-famous beauty specialist, Harriett Meta, Suite 10A, Syracuse, N. Y., for Free Information in regard to her marvelous discovery for removing wrinkles. Good to all New Thought readers.

NEW THOUGHT FREE COUPON

Can This Man Read Your Life?

The rich, poor, exalted and humble seek his advice on Business, Marriage, Friends, Enemies, Changes, Speculations, Love Affairs, Journeys, and All Events of Life

**MANY SAY HE REVEALS THEIR LIVES
WITH AMAZING ACCURACY**

Free Test Readings Will Be Sent for a Short Time to All "New Thought" Readers



Has the veil of mystery that has so long shrouded the ancient sciences been raised at last? Can it be that a system has been perfected that reveals with reasonable accuracy the character and disposition of an individual, and so outlines the life as to assist in avoiding errors and taking advantage of opportunities?

Roxroy, a man who has for twenty years been delving into the mysteries of the occult, making a scientific study of the various methods of reading the lives of people, seems to have reached a higher round in the ladder of fame than his predecessors. Letters are pouring into his office from all parts of the world telling of the benefits derived from his advice. Many of his patrons look upon him as a man gifted with some strange, mysterious power, but he modestly asserts that what he accomplishes is due alone to an understanding of natural laws.

He is a man of kindly feeling toward humanity, and his manner and tone immediately impress one with his sincere belief in his work. A huge stack of grateful letters from people who have received readings from him adds to other convincing proof as to his ability. Even Astrologers and Palmists admit that his system surpasses anything yet introduced.

The Rev. G. C. H. Hasskarl, Ph. D., Pastor of St. Paul's Evangelical Lutheran Church, Summit Hill, Pa., U. S. A., in a letter to Prof. Roxroy, says: "You are certainly the greatest specialist and master of your profession. Every one consulting you will marvel at the correctness of your detailed personal readings and advice. The most sceptical will consult you again and again after corresponding with you once."

If you wish to take advantage of Roxroy's generous offer and obtain a free reading, send your date, month and year of birth, state whether (Mr., Mrs. or Miss) and also copy the following verse in your own handwriting:

I have heard of your power
To read people's lives,
And would ask what for me
You have to advise?

Be sure to give your correct name, birth date and address, and write plainly. Send your letter to ROXROY, Dept. 59A, 177a Kensington High Street, London, W., England. If you wish, you may inclose 10 cents (U. S. A. stamps) to pay postage, clerical work, etc. Do not inclose coins or silver in letters.

Note—Under the new Postal regulations you can send a sealed letter to England for only two cents postage.

Piles

Let Us Send You This \$1 CURE to try FREE

Don't expose yourself to needless suffering or danger—send in our coupon today and get On Free Trial Dr. Van Vleck's 3-



"There's Relief in Every Package."

fold Absorption Cure which has met with such phenomenal success in all kinds of rectal cases—Piles, Ulcer, Fissure, Tumors, etc. It is curing the most distressing cases, even after 20 to 40 years, and after medicines and operations had failed. This idea is the correct one. One part heals, one part feeds and nourishes the membrane, and the third, taken internally, is constitutional, removing the cause, without which no cure is permanent. Cut out and send the coupon now. Return mail will bring the full \$1.00 treatment. Then, after you have carefully tried it, if you are fully satisfied with the benefit received, send us One Dollar. If not, tell us so and it costs you nothing. You decide and we take your word. Send no money—just this coupon.



FREE \$1 COUPON

Good for \$1 Package of Dr. Van Vleck's Complete 3-Fold Treatment to be sent Free on Approval, as explained above, to

Name.....

Address.....

Mail this coupon today to Dr. Van Vleck Co., 132N Majestic Bldg., Jackson, Mich. Return post will bring the \$1 Package on Trial.

An absent-minded farmer had an unfortunate experience at a Memphis hotel, which has induced him to jot down a few important words for use the next time he goes to the city.

He registered at the desk shortly after supper, and hung about the office until 9 o'clock, when he remarked to the clerk that he believed he would "remain."

"Very well," said the affable clerk.

Another hour went by, and the old farmer came again to the desk, and observed with decision:

"I say, I believe I'll remain."

"Of course, by all means, if you wish," again replied the clerk.

As the clock struck 11 the old man, now so sleepy that he could barely keep his eyes open, angrily called out:

"By gum, I say I believe I'll remain!"

"Certainly, so you've said," answered the clerk, "and when you're ready to retire you can find your key at the desk."

"Retire!" yelled the farmer, jumping to his feet. "That's the word I've been trying to think of for two hours. G' me that key. I'll sleep till 10 o'clock tomorrow to make up for lost time!"

The National Disease

Make your plans for health. The man who does not plan cannot build a house, rear a family or do a successful day's work, and yet thousands live with no plan for healthful lives. Indigestion and Constipation have become national crimes against the good health of our people. We are becoming a nation of dyspeptics. Tons of stomach tablets, digestive medicines and purgatives are sold annually and do their work of increasing these diseases.

How to Prevent Disease

Volumes have been written concerning the cure of Indigestion, Dyspepsia and Constipation, and yet the cure is yours in just two words—**Intestinal Cleanliness**. The Colon Fountain Bath gives you an intestinal tract having its mucous membranes sweet and clean, instead of foul, disgusting and diseased. There are many walking the streets today who say they are well, who will be ill tomorrow and in the hands of the undertaker next week. Isn't that true? Do we exaggerate? We certainly do not intend to, for the truth is startling enough when we have our eyes opened. Now, of those "well" today we honestly believe that we have in the Colon Fountain Bath the means to keep them well tomorrow, next week, and next year. The way, then, to prevent disease is to live each day so the small beginnings of disease are absolutely prevented. This is impossible with the large intestine filled to overflowing with the decomposition of your whole body.

Let us send you a booklet telling the story of "The Happy Highway to Health."

GOOD HEALTH SUPPLY CO.

SYRACUSE, N. Y.

POWER AND POISE

A magazine devoted to building health and building character; to the development of well poised power—harmonious power of both mind and body—the kind of power that commands success, that can go forth and build success.

Your health, your character and your success are what you make them; are what you build them. Power and Poise will teach you what you most need to build and how to build what you wish to build.

Power and Poise is a literary, scientific, philosophical, new thought and hygienic magazine, edited by Virgil P. English, M.D. Its articles are of an exceptionally high order. They are written in clear, attractive language; are based upon sound, rational, scientific principles. Power and Poise appeals to intellectual, practical men and women who realize that success is not the result of chance, but that it is a product of talent, of well directed efficiency—of well balanced power of mind and body—the power that is irresistible. Power and Poise will teach you what this kind of power is, and how to build the mental faculties and physical organs that generate it. Power and Poise is not only "up-to-date," it is far ahead of date.

Besides scientific articles, the November, 1909, number contains the second chapter of "The Doctor's Dream"—a highly entertaining and helpful prophetic story. This chapter contains an inspiring word picture of a well poised man of high efficiency.

The November number also contains the first chapter of a thrilling educational novel entitled "The Evolution of a Reasoner's Romance"—a phrenological, psychological, philosophical, scientific, literary love affair; a true story from real life, together with a scientific elucidation of many psychological problems which are involved therein; nothing like it ever before published; especially valuable to unsuccessful lovers and puzzled sweethearts; contains a written proposal of marriage from a real lover to his real sweetheart. Is it a proposal that will be answered yes? If so, why? If not, why not? Answers and comments by Power and Poise readers, and the answer given by the girl who received the proposal, will be published in the following number.

Subscription, now, only \$.50 a year. Sample copy, 10 cts.

POWER AND POISE PUBLISHING COMPANY
93-4 The Birmingham - - Cleveland, Ohio

Remarkable Invention

**"Actina" a Scientific Appliance for
Relieving Defective Eyesight—
Has Achieved Wonder-
ful Results.**

If your eyesight is defective, or you have any form of eye trouble that might endanger your eyesight, you should lose no time in investigating "Actina." It is applied directly over the eye, and its potent action stimulates and maintains the circulation of the blood,



thereby removing congestion and assisting nature to repair the defects and restore the eyesight to normal condition. Hundreds of people owe the restoration of their eyesight to "Actina." Among them are the following:

- Prof. T. S. Sligh, Mansfield, La.
- Rev. J. M. Foster, Burton, Wash.
- Rev. W. C. Goodwin, Moline, Kan.
- T. F. Lees, Great Barrington, Mass.
- Mr. S. A. Donnella, Agt., U. S. Secret Service, Louisville, Ky.

Many persons wearing spectacles might better be without them. Strengthen the eye by improving the circulation and it will not require an artificial lens. If you are interested and desire to know what the "Actina" is and what it is accomplishing, write to-day for our **FREE TRIAL OFFER** and **OUR BOOK—TREATISE ON DISEASE**. The book contains most valuable information. A postal card will bring it to you. Address, **ACTINA APPLIANCE COMPANY**, Dept. 64H, 811 Walnut Street, Kansas City, Mo.

CONSUMPTION



**BRONCHITIS
CURED CATARRH
ASTHMA**

To all sufferers from nose, throat or lung trouble, we will mail, free and post-paid, liberal supply of Condor Inhalation in order to prove that it is possible to be permanently cured at home, without change of climate, loss of time or stomach dosing.

Do not neglect pain in chest or between shoulder blades, raising matter, constant spitting, lingering colds, hoarseness, chronic cough, tickling in throat, loss of taste and smell, flushed cheeks, night sweats, chills, fever, hemorrhage, hay fever, stuffed nose, foul breath, head noises, deafness, sneezing, shortness of breath, sense of oppression, choking, gasping, wheezing, failing strength, weakness, loss of weight, etc., etc.

Drawn through mouth or nose, this powerful, germ-destroying, healing, curative Inhalant reaches every part of the nasal passages, bronchial tubes and lungs—exactly where affected. Disease quickly disappears no matter in what stage, and health is restored.

FREE Write Today for Complete Trial, Illustrated Book and How to Get Well Without Taking Medicine, all sent absolutely free. Condor Medicine Co., Dept. 181, Los Angeles, Cal.

A poor couple living in the Emerald Isle went to the priest for marriage, and were met with a demand for the marriage fee. It was not forthcoming. Both the consenting parties were rich in love and in their prospects, but destitute of financial resources. The father was obdurate. "No money, no marriage."

"Give me love, your reverence," said the blushing bride, "to go and get the money."

It was given, and she sped forth on the delicate mission of raising a marriage fee out of pure nothing. After a short interval she returned with the sum of money, and the ceremony was completed to the satisfaction of all. When the parting was taking place the newly made wife seemed a little uneasy.

"Anything on your mind, Catherine?" said the father.

"Well, your reverence, I would like to know if this marriage could be spoiled now?"

"Certainly not, Catherine. No man can put you asunder."

"Could you not do it yourself, father? Could you not spoil the marriage?"

"No, no, Catherine. You are past me now. I have nothing more to do with your marriage."

"That aises my mind," said Catherine, "and God bless your reverence. There's the ticket for your hat. I picked it up in the lobby and pawned it."

One day little Maggie had a peculiar sensation in her hands and arms. "Oh, mamma," she exclaimed, "maybe I'm going to die of nervous prospects!"

The hen-pecked worm was loafing round, watching his hard-working wife endeavoring to make a living. Says she to him, "Yer miserable, crawlin' worm, if yer was arf a man yer'd 'elp yer pore, slavin' wife to turn the mangle." "No, Sarah," he says, "I may be a worm, but I ain't the sort wot turns."

A man addicted to walking in his sleep went to bed all right one night, but when he awoke he found himself on the street, in the grasp of a policeman. "Hold on," he cried, "you mustn't arrest me. I'm a somnambulist." To which the policeman replied: "I don't care what your religion is—ye can't walk the streets in yer night-shirt."

WE BELIEVE IN YOU

We believe that you want to "do the right thing" but are sometimes in doubt. We believe that there is something more for womankind in the home than sweeping, dusting and making beds. We believe there is no man who can fill all the deeper wants of his nature by being a farmer, a lawyer or a blacksmith. We believe there is a silent demand in thousands of lives for *something better*. This is what we offer you. We deny the need of aches and pains. Flesh is not heir to any diseases, excepting those caused by ignorance. Our business is to show the way.

We have not the room to explain about our thirty departments of organized methods but will be glad to send a free "League Letter" telling something of what we have been doing for the past ten years, although cold type cannot tell one-half, and we will now just give you our very best combination offer which is so low in price as to be almost absurd. Here it is:

Associate Membership in the International Health League, 1 year..... \$0.50
 Official Magazine of the League, 40 pages monthly..... .50
 Book "Correct Living", showing some of our most important health secrets. The book alone has always retailed for 1.00

Now there is good value for \$2.00. If you paid \$5.00 you would still get value received. It is all yours for just one-half of one of Uncle Sam's greenbacks. Do you dare risk half a dollar? Or rather, "Can I afford not to accept?" is the question. Understand? 50c gets all three of the above mentioned articles. No further dues, assessments or charges in any way.

We already have 20,000 members all over the English speaking world, but we want one more—we want YOU. If you want to know who our members are, we can refer you to them, located in every corner of North America. Whether ill or in perfect health you need our help and we need your co-operation.

Expecting to have the pleasure of welcoming you to our ranks just as soon as you can start a letter us-ward, we remain
 Yours for Health, Happiness and Prosperity.

INTERNATIONAL HEALTH LEAGUE
 203 West Borden Ave. Syracuse, N. Y.

Don't Wear a Truss



C. E. BROOKS, the Discoverer.

Brooks' Appliance, the modern scientific invention, the wonderful new discovery that cures rupture will be sent on trial. No obnoxious springs or pads. Has automatic Air Cushions. **Binds and Draws the broken parts together as you would a broken limb.** No saives. No lies. Durable, cheap. Pat. Sept. 10, '01. Sent on trial to prove it. Catalogue and measure blanks mailed free. Send name and address today.

C. E. Brooks, 1906 Brooks Building, Marshall, Mich.

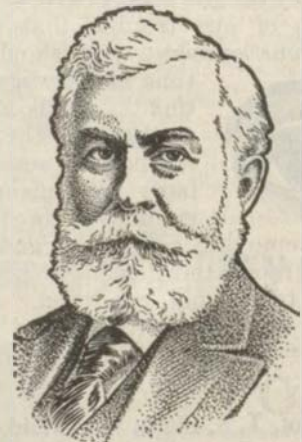
Extract from the personal column of a country weekly: "The man who stole the thermometer that hung in front of our office might as well return it, for it does not register high enough to be of any use where he is going."

"Quimbyism; or, The Paternity of Christian Science," by Josephine Curtis Woodbury, renews the old controversy as to the authenticity of Mrs. Eddy's claim to any "discovery" of Christian Science. The book is, of course, an attack—and a rather bitter one—on the head of the Christian Science church; but after all it does not much matter about the personalities behind any belief—it is what it does for those who believe it, which fixes its value.

(The author. No price given. Postage 1 cent.)

Rheumatism CURED Through the Feet

Just Send Your Name on a Postal and Get FREE TO TRY My \$1 External Remedy That Is Curing Thousands



FREDERICK DYER, Corresponding Sec'y.

Magic Foot Drafts cured Col. Geo. D. Alexander, a civil war veteran, of Ruston, La., age 84, after 20 years suffering, and after medicines and baths had failed.

Magic Foot Drafts cured Mrs. R. C. Hill, of Medford, Ore., 5 years ago, after about 14 years of Rheumatism. She has had no attack since.

Magic Foot Drafts saved the little boy of Mrs. Neroy Pogue, of Ellington, Mo., from being a cripple for life from inflammatory Rheumatism, writes his mother, two years ago—no return of rheumatism.

Magic Foot Drafts cured Mrs. G. W. Johnson, Ridgeway, O., after 18 years suffering. Had spent hundreds of dollars trying to get cured.

Magic Foot Drafts cured J. Priest, of Uxbridge, England, after 35 years of pain. Cured 3 years ago. No return.

A million people, all over the world, have accepted our approval offer, and nearly all of them, we hope, are cured to stay cured. Many thousands of them have written us grateful letters, which we are proud to show anyone interested.

This great remedy stands alone as the one absolutely safe, convenient external treatment, so sure to cure that we ask no money in advance. Just send your address. Return mail brings you the Drafts, prepaid. Try them as directed, then, if you are fully satisfied with the benefit received, send us one dollar. If not, they cost you nothing. You decide and we take your word. Magic Foot Draft Co., 132 N Oliver Bldg., Jackson, Mich. Write today.



"The Word Made Flesh," by Grace M. Brown, is "a study in healing," containing besides an enunciation of the principles of healing, numerous treatments for specific physical conditions.

(The author. Paper 50 cents. Postage 3 cents.)

VIBRATION IS LIFE!

Read What Others Say

Here are a few of the hundreds of unsolicited testimonials from people who have used the White Cross Electric Vibrator and know what it has done. It will do the same for you.

PARALYSIS TREATED BY VIBRATION

Upon the request of my sister, who urged me to use her great Electric Vibrator on my son when I was thoroughly hopeless of his cure from physicians' treatment, I write you this recommendation. My son is 16 years old, and eight months ago became paralyzed from the after-effects of diphtheria. He was so badly afflicted that his arms and limbs were twisted out of shape and was confined, all doubled up, in his bed. Medicine and attention did no good, and I had become discouraged in all ways. After treating first his spine at the base and then his limbs with your vibrator he felt such relief that I kept up the treatment regularly, with the result that we soon had him around in a wheel chair. Next he was going around on crutches, and now, after three months' treatment, he is going around with a cane and will soon be entirely cured.

3122 Indiana Ave., Chicago. MRS. C. KNIGHT.

WHAT A DOCTOR SAYS

I have received your Vibrator, and to say that I am well pleased with it is not enough. I wish I could tell every physician just how good he needs one in his office. I am sure he would not hesitate to place his order for one at once.

Longmont, Colo. DR. W. H. EASTER.

VIBRATOR BEST FOR RHEUMATISM

My husband uses your vibrator for rheumatism and says he never had anything so good in all his experience. I would not be without it myself, as I find it is good to relieve stomach pains, back ache, and besides I continually use it for face massage. I used to go down town for that, while now I save the money and the time, besides being comfortable in my own home.

2935 Vernon Ave., Chicago, Ill. MRS. S. H. BROWN.

Here is a picture of the wonderful **WHITE CROSS ELECTRIC VIBRATOR**, the only vibrator in the world which combines the three great forces of Vibration, Galvanic and Faradic Electricity. This is the very same machine which has cured thousands of cases which had been given up by the best physicians as incurable. Read the letters above, then send the free coupon at once.

The secret of the ages has been discovered in **Vibration**.

Great scientists tell us that we owe not only our health but even our very life to this wonderful force.

Vibration gives life and vigor, strength and joy to everyone.

Vibration is the most marvelous curative agent known. It is the remedy provided by Nature for all illness and disease. It cures like magic. Simple, sure and inexpensive—it banishes drugs and doctors forever.

The White Cross Electric Vibrator On Free Trial!



This wonderful instrument gives you the three greatest natural curative forces in the world—Vibration, Faradic and Galvanic electricity.

We want to prove to you at our expense what the great White Cross Electric Vibrator will do for you. We want you to actually feel its invigorating, health-giving thrill coursing through your own body. We want you to see for yourself how quickly it removes pains and aches—how marvelously it cures. We take all the risk.

A Vibrating Chair Free

With the White Cross Vibrator you can make a perfect vibrating chair out of any chair. A chair which will give you the same results as the kind used in the biggest hospitals and sanitariums. You cannot do this with any other vibrator in the world. **Swedish Movement** right in your own home. You can give yourself the very same treatments for which specialists and sanitariums charge from \$2.00 to \$3.00 each. The nervous, irritable, worn-out man or woman will obtain quicker and more permanent benefit from a few minutes each day in the vibrating chair than from hundreds of dollars worth of medicines.

Cures These Diseases

Rheumatism, Headache, Backache, Constipation, Kidney Disease, Lumbago, Catarrh, Scalp Diseases, Skin Diseases, Deafness, Weak Eyes, General Debility, Nervousness.

This Valuable Book, "Health and Beauty," NOW SENT FREE

This wonderful book describes the human body in health and disease so plainly and clearly that anyone can understand. It tells how to get healthy and beautiful and how to keep so. This book tells you what vibration will do for you and how you can get the **White Cross Electric Vibrator** sent right to your home for an actual free trial.



SIGN this COUPON

Get this valuable free book at once. No matter how healthy you may be now, the time will come when you will need this book **badly**. It may save your

life or the life of some of your loved ones. Learn all about our offer—the most astounding and generous offer ever made. Don't wait. Don't delay. Sign the coupon **NOW!**

LINDSTROM SMITH CO.,
253 LaSalle Street,
Dept. 2901,
CHICAGO,
ILL.

LINDSTROM SMITH CO.,
253 La Salle St.,
Dept. 2901,
CHICAGO, ILL.

Without obligations on me please send me free your special reduced price offer, free Book on Health and Beauty, treatment of disease by vibration and electricity, and complete catalog.

Name.....

Address.....

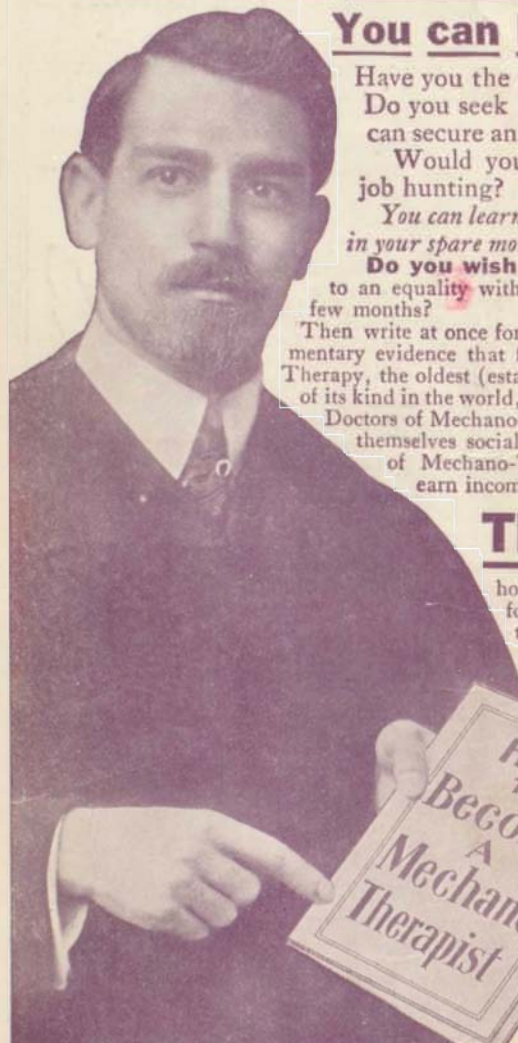
SIGN THIS COUPON AND MAIL TODAY



Megan Printing House, Chicago.

Be a Doctor of Mechano-Therapy— And Earn \$3000 to \$5000 a Year!

You can Learn in Class or by Mail.



Have you the ambition to rise in the world?

Do you seek an honorable life position—one in which you can secure an honored name and earn a comfortable fortune?

Would you like to be released forever from the worry of job hunting? From the tyranny of employers and bosses?

You can learn Mechano-Therapy in the privacy of your home—in your spare moments—without giving up your present occupation.

Do you wish to advance yourself both financially and socially to an equality with the best professional class of people within the next few months?

Then write at once for the book I hold in my hand, which proves by documentary evidence that from the Halls of the American College of Mechano-Therapy, the oldest (established 1867), the largest and best equipped institution of its kind in the world, are being graduated daily, successful men and women—

Doctors of Mechano-Therapy (D. M.-T.)—graduates who have advanced themselves socially in a few months to the dignified calling of Doctors of Mechano-Therapy, and who are now able to, and actually do, earn incomes of \$3000 to \$5000 a year.

This FREE Book This free guide to financial independence and

honorable livelihood is yours for the asking. Simply write for it today. This book proves beyond possibility of contradiction that any man or woman of ordinary common school education may come to this college in person and learn in class—or be taught with the greatest success at his or her convenience at home by mail—the principles and practice of Mechano-Therapy—an elevating, fascinating and dignified profession that has the unqualified endorsement and the active support of prominent members of the medical profession.

Write at once for this book, which shows how we guarantee our students success in the study of this absorbing calling, make them the possessors of unusual and exclusive ability advance them socially and financially and give them a highly paid, short-houred and interesting calling, which anyone of average attainments can master in his own home in a few months spare time study.

This Book, which describes the authorized diplomas granted our graduates, the reasonable cost of tuition, the convenient terms of payment, and the actual bona-fide realness of the new and unusual opportunity this college course opens up to all enterprising men and women *is free*, and, if you are ambitious, if you are looking for a life position in which you can make a name and fortune, if you would like forevermore to be independent of position-hunting and employers and wish to advance yourself financially and socially within a few months time by home study—at small cost and on convenient terms—then write for it at once—write now while the special terms of tuition are in force.

THE AMERICAN COLLEGE OF MECHANO-THERAPY
Dept. 878 120-122 Randolph Street CHICAGO, ILL.

Mechano-Therapy is the *Physiological*—
as Medicine is the *DRUG*, and Surgery
the *Operative*—Treatment of Disease.
This **FREE BOOK** Explains Everything.

Read These Letters of Actual Experience from Graduates

P. W. Dymont, M.-T. says: In my year's practice I have never given a single examination for less than \$2.50, and the most was \$5.00. I have never treated a single case less than fourteen treatments for \$25.00, and the greater part have been \$2.00 straight. It is just as easy for the M.-T. D. to get \$5.00, as it is for the M. D. to get \$2.50 a treatment.

Dr. W. F. Leslie, M.-T. writes: Please send me one of your college buttons. I enclose money order for same, and also wish to become a member of the State and National Associations. I am glad to see our school doing so well, and will do all I can for the school. I am making from \$10.00 to \$15.00 a day and work seven days a week. I am busy all the time, and am sending patients to Dr. W. R. Skellenger, M.-T., and the sanitarium, so you can see what a lot I have to do.

H. J. Harness, M.-T. writes: Have been established a month and am treating from seven to ten patients every day. Am having remarkable success. I get \$2.50 per treatment.

Rufe Waldo Thornton, D. D. S., D. M.-T., Ex-President State Dental Society, says: I treated with perfect success a case of adipose abdomen, to the very great gratification of my patient. I treated, several months ago, a case of sciatika, with entire relief of pain and symptoms, which have shown no return. I treated some minor ailments which yielded so promptly that one could hardly believe his own senses.

I was satisfied from the course that it was built on a solid foundation and scientific basis, but from what I have seen I am doubly convinced.

The Addresses of the Above Graduates Will Be Furnished Upon Request

New Thought

NUMBER

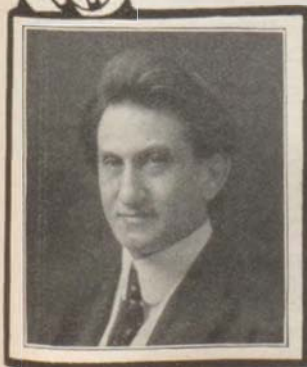
There will be an illustrated article by Louise Radford Wells on "The Little Girl Who Made the Fire" (Ida Fuller, the pretty dancer, who is an inventor as well, and a brave little woman, which is best of all. You will love to hear about her). This is one of the stories of "The Rank and File," promised in our earlier announcements.

The Search for Happiness is an allegory by our own Felicia Blake, whose semi-occasional visits to our pages are always followed by a burst of enthusiastic letters from our readers. She's as interesting as she is pretty—which is saying a *great* deal—and has had experiences and experiences from which to draw the sweet kernel of illumination. She *knows!* I wouldn't be surprised if we might find something personal in the "search for happiness," if we could read between the lines.

The eighth of our Studies in Reincarnation deals with "Memory of Past Lives" and well sustains the interest these articles by L. M. Hughes is creating.

Henry Frank's practical articles on Salesmanship continue in this number, live lessons in success and achievement.

There will be a delightful Easter poem by Florens Folsom, something by Ella Wheeler Wilcox, and talks by as many other writers as we have room for; some clever new "Ways to Earn Money;" many "short cuts" in house-keeping in the Kettledom Department; some *surprising* news in the Editorial Department, and, oh, too many other things to tell about!





Self-Healing by Thought Force

By WILLIAM WALKER ATKINSON

A Series of Lessons in Self-Healing **PRACTICAL
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POWERFUL**

FREE!

Nobody knowing William Walker Atkinson as he is today—sturdy, strong, successful, with his marvelously keen mind and inexhaustible energy, could believe it possible that not so many years ago he passed through a condition of such total and apparently irretrievable collapse, mental and physical, (and, of course, as a result—financial), as to leave him a complete bankrupt in health and hope (to say nothing of pocket-book), and with the future of a shattered and dependent invalid before him.

Somewhere in one of his books, he has given us a glimpse of what this awful experience meant to him, and of his slow emergence therefrom as he learned to master the Power Within, and to be his own Fate. His biggest problem and the one whose solution naturally had to precede all the others, was the **building of perfect health** from the only materials he had on hand—wrecked nerves, disordered functions, depleted sources of vitality, and even a lack of will to live. **But he built it!** He solved that problem—and all the others—and if you have not yet been able to make your body manifest the perfect health which is its rightful heritage, his **Self-Healing by Thought Force** will help you.

Of these lessons Mr. Atkinson says: "No healer or teacher has any monopoly of healing. You can do it as well as any one else, if you have confidence and perseverance. Of course practice makes perfect in healing, as in anything else. . . . In these lessons I have given a good practical working plan of self-treatment, and the same methods may be adopted by you in treating others. . . . Just try this method on yourself or on someone else and see the result. There are good psychological and physiological reasons back of it and it is merely calling into operation certain great laws in a plain everyday way. I know just what I am talking about, and you can demonstrate the thing for yourself if you wish."

There are two or three **primary** physical ills and from these spring all the other variations from health, which we call disease. In **Self-Healing with Thought Force** Mr. Atkinson takes up these primary conditions one by one with thoroughness and method, the object of the lesson being to enable the patient to deal with and overcome these special physical manifestations from out of which all others grow. The value of the lessons is therefore not confined to the special diseases taken up by name, but is **basic**; for the principles and methods in being applied to these foundation conditions, at once become curative agents to overcome other physical disorders from which the patient is suffering.

A HINT OF THE CONTENTS:

First Lesson: A consideration of the principles underlying healing by the power of the mind—The One Great Force back of Suggestive Therapeutics, Mental Science, Christian Science, Faith Cure, and all the rest—The patient the real healer—The innate recuperative power—How Nature Works through the nerve currents—How lost functioning powers are stimulated—The blood is the life—Keeping the circulation normal—The law of reciprocity—The ability to generate and use mental reserve force, never lost—Improper thinking a mental brake—Mind manifesting on the physical plane—Calling into play the reserve stock of nerve power, nerve impulse or "Thought-Force"—Changing the circulation at will—Stimulating the nerve current by Thought-Force.

First Self-Treatment: For Equalizing the Circulation. Useful in any kind of case. Every self-treatment should begin with this Equalizing Treatment before treating the special organ affected. A thorough lesson in method and procedure.

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like a dried apple—Forming a habit for the sphincter-ani muscle.

Third Self-Treatment: For Constipation. This treatment to be taken for establishing normal conditions of the bowels. "Cured by this method, you will stay cured."

Fourth Lesson: The special physical weaknesses of women—The subconscious mental powers—The great healing medium—The nerve current sent out from the great Dynamic, the brain—A run-down state of the system—How to overcome "female" conditions—Building up the general health—Increasing the functioning power of the main organs.

Fourth Self-Treatment: Very comprehensive, covering several special and aggravating female conditions. Explicit and practical.

Fifth Lesson: "The American Disease"—Nervousness—At the bottom of many disorders—Making use of the force within us—Getting rid of negative thought—Starting the machinery—Attending to the character of your thoughts—The value of the treatment for "equalizing the circulation" in all nervous conditions.

Fifth Self-Treatment: For Nervousness, Insomnia and Sleeplessness cured. The simplicity of the treatment—The result of years of thought and investigation—Removing the cause.

Sixth Lesson: How to start out in self-treatments—No mystery or magic—Putting thought force back of everything—The force available to anyone—Don't attribute your cure to anybody's pet theory—Performing wonderful cures—Power the growth of confidence—The mental attitude of the patient—Treating a diseased organ as if it possessed intelligence—How to "get right down to business"—A rebellious organ gradually correcting itself under treatment.

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\$10,000 PRIZE CONTEST

IMPORTANT NOTICE

Just as we are ready to go to press with the names of the senders of the "best stories" in Section Two of our Contest, the Post Office informs us that in one particular of our Contest we are violating a postal ruling—which means, of course, that this particular must be altered to conform to the postal regulations. There isn't time to make the change, submit to Post office Department and receive their O. K. (necessary before further announcements could be printed,) before this issue of the magazine should be mailed. Therefore we omit from this issue the long account—all ready to print—of how close the voting is running on Section One, and how exciting it is getting; and the announcements in regard to Section Two, which we have finished reading and out of which we had selected **fifty stories** from which to choose the best one—the prize winning one—by vote.

In March **NEW THOUGHT** you will find the full account—and it's very interesting, we can assure you—and all particulars, again, of the Contest, with whatever slight change in our rules is necessary to do what the Post Office wants us to. **Don't send in any votes** on the stories in **this** number until we tell you just **HOW**, in **March NEW THOUGHT**, but read the stories printed in this issue, submitted in the Prize Contest—and be **ready** to vote the moment the March number reaches you with its new rules.

In that same March number will be printed the name of the winner of the first prize of \$100, as we are almost ready to award this—have been holding the voting open at the request of one or two contestants who wanted to get in a few more votes. We are terribly sorry we can't talk out in meeting this month! We know now how *The Ladies' Home Journal* felt several years ago when the Post office stopped the magazine one month just as it was going in the mails, all because of an innocent violation of a postal ruling, in a Prize Page it was running. Of course the magazine complied with the technicality in its next issue, and everybody was happy again.

We'll get **our** technical mistake amended **at once**—I have the change all planned in my head this minute—and you'll hear all about it in the next issue. But you can't in this issue, because **WE** want to mail **our** magazine!

If I were an expectant prize-winner, I'd hate to wait a month—but hold your breath and it will soon be over.

Until next month then—**GOOD LUCK!**

LOUISE RADFORD WELLS.

The New Thought Publishing Co.
215 Wabash Avenue **Chicago, U. S. A.**

Guide
to

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Fall River, Mass.

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"One Year Ago Today I began to be an Autologist. Last evening I was telling a friend about it, and she asked me if I would go back to the old way of living, and I answered her, 'No, not for all that is in this world.' I have not had a cold since last August, and not a hint of asthma since last December. I am often asked if I am not afraid it will return, and I say most decidedly, 'No.' I now know what perfectly good health is, and I expect to live one hundred years at least. I wanted to let you know that I have outwitted the doctors who told me that I could never be any better. God bless Autology and its noble author."

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Two valuable little books containing 128 pages of priceless information that everybody needs and that money can't buy elsewhere.



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Some Extracts from The Book of My Heart

* * *

"I have small belief in heredity, more in environment, most in myself. I am what I will I shall be."

* * *

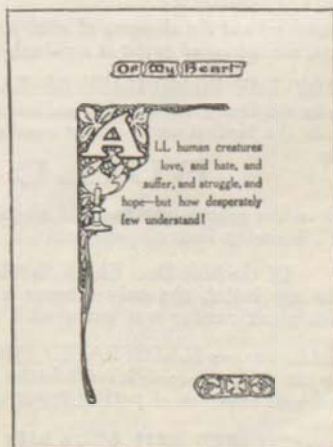
"I have never condemned one whom the world branded a sinner. We are all of too much the self-same fibre, with human passions, and failings, and yearnings, and desires. Aye, though I had been tempted and had been of the strong, yet when I came upon one who had been tempted and had been of the weak, I should not think of condemnation; I should not say, 'He is less strong, less good than I, for he has fallen where I have risen;' rather would I say, 'He was tempted more.'"

* * *

"Somewhere in the world my one white hour awaits me." * * *

"God, let me be superior or inferior, but only let me not be mediocre!" * * *

"Yet when I fail to call forth the God-spark in one other, why should I believe it is lacking therein, rather than that mine own burns not purely, not clearly enough to attract like to like?"



Reduced facsimile (except for colors) of sample page of The Book of My Heart.

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BUILDING HEALTH

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A GLIMPSE AT THE CONTENTS

- Chapter 1—The Primary Processes of World-Building.
- 2—Man's Progress.
- 3—The Manifestation of Love.
- 4—Seeking the Invisible Presence.
- 5—The Wordless Voice.
- 6—The Creative Impulse.
- 7—The Realm of Self Consciousness.
- 8—The Echo from the Eternal Hills.
- 9—The Hermit and the Youth.
- 10—The Wanderings of the Soul.
- 11—The Destined Goal.

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THE FIRST YEAR'S WORK IS COMPLETE WITHIN ITSELF, AND EQUIPS GRADUATES TO PRACTICE WITHOUT FURTHER STUDY. Send immediately for full particulars, for in order to make this special class possible, we must have the assurance of fifty students before the first of January, as it will necessitate the re-arrangement in advance of our schedule of classes, lectures, etc., to include this new work.

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I had what most people would call a beautiful head of golden hair. I prized it most highly, as I considered it my chief attraction. Suddenly it began to come out very rapidly, and at times I had intense itching of the scalp. Physicians and hair specialists said my case was one of dandruff germs, hair microbes, &c., but nothing that they gave me did the slightest good. On the contrary, my hair seemed to come out even faster, and I was now fearful lest I should become entirely bald. In my despair a friend told me of an Ecuador herb which he said would positively grow hair on any head where the hair roots were not entirely gone, and he said the natives of the country where it grew were famous for their beautiful long hair. Upon medical advice I combined this herb with Bay Rum and Menthol Crystals and immediately began its use. In three applications it entirely stopped the intense itching of my scalp and in a very short time it not only stopped my falling hair, but I noticed an abundance of new hair coming in. In less than one month my hair was longer, thicker and more beautiful than ever. All due to this marvellous hair growing herb. A lady to whom I gave the formula used it on her daughter, and she says it made her hair grow five inches in less than a month. Doctors to whom I have shown it say it is the only thing which will actually grow new hair, therefore I think the public ought to have it. At first I thought I would keep it a secret and sell the secret, but when I think how I suffered and how badly I needed it and how hundreds of others must need it the same as I did, I feel I ought to give it to the world.

Therefore, I authorize this paper to publish the formula, which is as follows:—Bay Rum 6 oz. Lavona de Composee 2 oz. Menthol Crystals 1 dr. To-Kalon Perfume one to two teaspoonfuls.

Ask your druggist for an 8 oz. bottle containing 6 oz. of Bay Rum, then put in the Menthol Crystals and the Perfume. Next add one-half of the bottle of Lavona de Composee, let it stand six to eight hours and add the remainder of the Lavona de Composee. Always buy the Lavona de Composee in a two oz. sealed bottle, as this preparation contains the juice of the Ecuador herb mentioned above, and it loses its strength if unsealed.

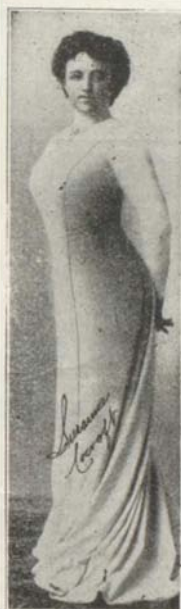
Apply the preparation night and morning and rub well into the scalp. If properly used it will soon produce most astonishing results. Be careful not to get it on the face or any part of the body where you do not want to produce hair.

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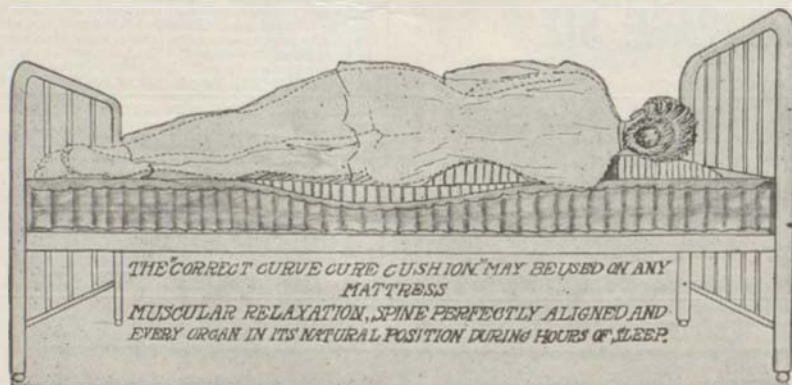
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To suggest, find fault and criticize.
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MRS. F. W. CHAMBERLAIN, 508.

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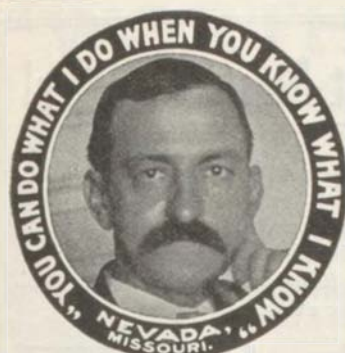
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"N-no," said the young lady.

"Ah, a clergyman's daughter," said the shopman, as he began to tie up the paper in a neat parcel.

"N-no," was the lady's hesitating reply. Then she leaned across the counter and spoke in a confidential whisper: "But if nothing happens, I shall be engaged to a theological student as soon as he comes home from college this term."

Mrs. R. M. GUNN, 501.

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A bishop of the Methodist Episcopal church was one day traveling on a railroad train in the West. A breezy, Western character walked down the aisle and, as he came opposite the bishop, stopped, and after scrutinizing him intently for a moment, said:

"Where in hell have I seen you before?"

"I'm sure I don't know," returned the bishop.

"What part of hell are you from?"

L. L. HOLFORD, 569.

A young man called at the home of a prosperous merchant one evening to discuss with him a business matter.

Soon after they were seated in the library the merchant turned off the gas, remarking pleasantly: "We can talk just as well in the dark, and it is well to economize when one can."

In a few minutes the young man asked to be excused and retired to a corner of the room.

Resuming his seat in a short time, having on only his underwear and socks, he said blandly to his merchant friend: "I agree with you that it is well to economize, so will save my clothes during this interview, as I can talk just as well without them on." MRS. M. I. HOLLIS, 793.

How I Took My Wrinkles Out

After Facial Massage, Creams and Beauty
Doctors Had Failed.

BY HARRIET META.

Trouble, worry and ill-health brought me deep lines and wrinkles. I realized that they not only greatly marred my appearance and made me look much older, but that they would greatly interfere with my success, because a woman's success, either socially or financially, depends very largely on her appearance. The homely woman, with deep lines and furrows in her face, must fight an unequal battle with her younger and better looking sister.

I therefore bought various brands of cold cream and skin foods and massaged my face with most constant regularity, hoping to regain my former appearance. But the wrinkles simply would not go. On the contrary, they seemed to get deeper. Next I went to a beauty specialist, who told me she could easily rid me of my wrinkles. I paid my money and took the treatment. Some times I thought they got less, but after spending all the money I could afford for such treatment I found I still had my wrinkles. So I gave up in despair and concluded I must carry them to my grave. One day a friend of mine who was versed in chemistry made a suggestion, and this gave me a new idea. I immediately went to work making experiments and studying everything I could get hold of on the subject. After several long months of almost numberless trials and discouragements I finally discovered a process which produced most astounding results on my wrinkles in a single night. I was delighted beyond expression. I tried my treatment again, and, lo and behold! my wrinkles were practically gone. A third treatment—three nights in all—and I had no wrinkles and my face was as smooth as ever. I next offered my treatment to some of my immediate friends, who used it with surprising results, and I have now decided to offer it to the public. Miss Gladys Desmond, of Pittsburg, Pa., writes that it made her wrinkles disappear in one night.

Miss Henrietta Jackson of 9 Melville Bldg., Pittsfield, Mass., says: "Your treatment is a Godsend to womankind. I wish every woman could know as I know the wonderful results which are produced by your treatment." Mrs. James Bars, of Central City, S. D., writes: "The change is so great that it seems more a work of magic."

I will send further particulars to anyone who is interested, absolutely free of charge. I use no cream, facial massage, face steaming or so-called skin foods, there is nothing to inject and nothing to injure the skin. It is an entirely new discovery of my own and so simple that you can use it without the knowledge of your most intimate friends. You apply the treatment at night and go to bed. In the morning, lo! the wonderful transformation. People often write me: "It sounds too good to be true." Well, the test will tell. If interested in my discovery please address Harriet Meta, Suite 10B, Syracuse, N. Y., and I will send you full particulars.

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Little Elsie was very disobedient and mother was cross and scolding. Suddenly the little one looked up and said very sweetly: "Oh, mamma, ain't you having a good time?"

"How?" asked mother, crossly.
"Oh, just a-fussing." ANNA UMPHLET, 835.

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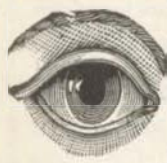
The worthless son of an old negro was secretly married. The old man heard of it and asked the boy if he was married.

"I ain't saying I ain't," the boy replied.
"Now, you Rastus," stormed the old man, "I ain't askin' you is you ain't; I is askin' you ain't you is."
C. H. MARTIN, 860.

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Iritis, etc., and removes Cataracts without cutting or drugging. Over seventy five thousand "Actinas" have been sold; therefore the Actina treatment is not

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He is a man of kindly feeling toward humanity, and his manner and tone immediately impress one with his sincere belief in his work. A huge stack of grateful letters from people who have received readings from him adds to other convincing proof as to his ability. Even Astrologers and Palmists admit that his system surpasses anything yet introduced.

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Make your plans for health. The man who does not plan cannot build a house, rear a family or do a successful day's work, and yet thousands live with no plan for healthful lives. Indigestion and Constipation have become national crimes against the good health of our people. We are becoming a nation of dyspeptics. Tons of stomach tablets, digestive medicines and purgatives are sold annually and do their work of increasing these diseases.

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A gentleman traveling in England was being shown over the grounds of an estate by the owner, an English lord who was a crank on landscape gardening. They finally came to a small greenhouse which had a small boy locked up in it. The gentleman inquired the reason for such an unusual phenomenon, and the lord replied that he had caught the boy stealing flowers from the grounds, and had locked him in for punishment.

Going a little further, they came to another greenhouse, the counterpart of the other and similarly situated on the other side of the grounds, and this, too, was seen to contain a small boy.

"What!" exclaimed the gentleman. "Has this boy, too, been stealing your flowers?"

"Oh, no," replied the lord, "that is my little son."

"Then, why," asked the puzzled gentleman, "do you have him locked in here?"

"Oh, for symmetry," replied the lord.

J. L. BRONSON, 931.

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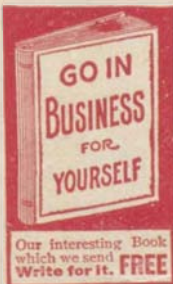
Makes it easy for any MAN or WOMAN to start in business for themselves. All you need is a sewing machine. We furnish canvas gloves and mittens all ready to sew. We give you sample gloves, information, instructions and

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Our Business is the manufacturing of canvas gloves and mittens. The demand for these goods has increased by jumps and bounds, way beyond our ability to manufacture them. For that reason we are compelled to look for outside assistance and are willing to help others, who are willing to help themselves, to get a start in this business. There is room today for ten canvas glove factories where we have one now. Start a factory with our help.



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Immense Profits are made in this fascinating business. The McCreey Brothers started only a few years ago without a cent. Today they have thousands of dollars, own their own large factory, have interests in others, and do an enormous business. They have started a few other men and women in the glove business, and they will help you to start, too, furnishing you with the necessary equipment for starting free, and teaching you the secrets of the business.

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Catarrh—Clogged nostrils relieved after a few minutes treatment. Discharge grows gradually less. Time for complete cure varies only with the fastidious which the disease has obtained. (Common "cold-in-the-head" or coryza can frequently be cured in one treatment).

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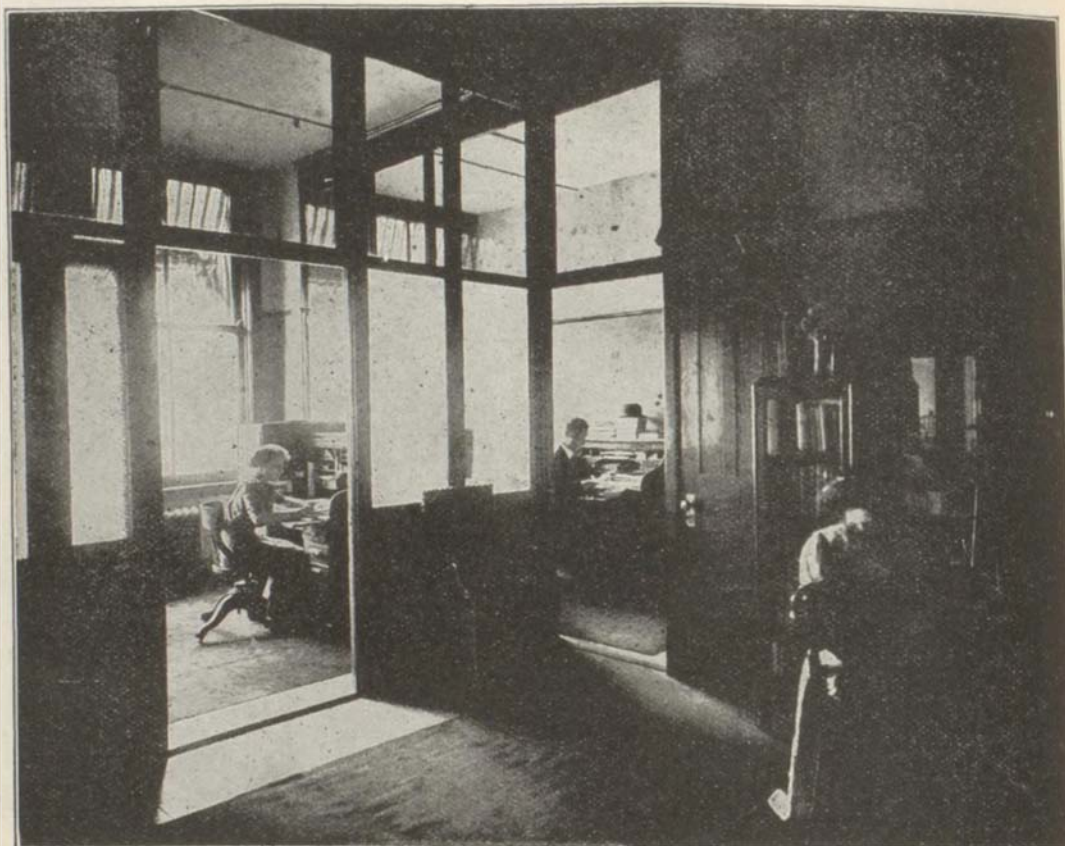
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The New "New Thought"

Editorial Announcement The following are some of the many new features Mr. Atkinson will begin in the April number. These are large subjects—too large to be limited to single Articles—and most of them will be continued through several numbers in serial form. By **Subscribing or Renewing** your subscription now you will get all the numbers in which these articles appear, and besides the full year of **NEW THOUGHT**, your dollar will bring you (without additional charge) Mr. Atkinson's valuable lessons in **Self-Healing**. (See below.)

Important Articles and Departments beginning in the April "New Thought"

Read about these Articles and Departments on Advertising pages 4 and 5.

BY THE EDITOR :

Chips from the Old Block

Lessons in Practical Idealism

New Thought for Beginners

Subscribers Inquiry Department
(Answers by the Editor)

New Thought News

Experience Meeting
(Conducted by the Editor)



BY CONTRIBUTORS :

Principles of Mental Healing
(A series of Practical Lessons)
By Sidney A. Weltmer

New Thought for the Home
Margaret Van Norden

Philosophies of the Orient
Ralph Dysart

The Man in the Revolving Chair
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The Business Manager

**The Psychic Research and
Telepathy Department,**
By the Telepathy Director.

And the BEST of the many good Articles and Poems that come to the Editor's desk every month.

The above title of Mr. Atkinson's book describes it perfectly. It is a forceful series of lessons in **Self-Healing** and **Self-Mastery**. The power of properly directed Mental Energy—Thought Force—in eliminating distressing Physical Disorders and Mental Weaknesses, is too well established to admit of discussion. Mr. Atkinson does not argue the existence of this potent *builder* and *re-builder* of Mind and Body—*He Asserts It!*—And in the plainest manner possible shows how each individual can direct and control this force for his own up-building.

The application of the principles he teaches does not require a long period of mental training, nor an extended elemental study of psychology, neither are they something that cannot be utilized till next month—next week—or to-morrow—for these principles are the Laws of Mind—Psychological Laws that can be complied with to-day—now! In point of **Practical Utility** this book is invaluable—for never before has any writer, so simply and clearly laid down the rules for attaining self-mastery, mentally and physically, as has Mr. Atkinson in this series of **Self-Healing Lessons**. These Lessons are the culmination of his rich experiences in mastering his own Fate. If you are struggling with vexing mental problems, or carrying a burden of disease and poverty, his experience will solve them and lighten your burden.

Send us \$1.00 for a year's Subscription to "New Thought" (new or renewal), and we will begin your year with the April number, (the First Number edited exclusively by Mr. Atkinson), and his powerful lessons in **Self-Healing**. Also a copy of the inspiring little booklet, "The Game is Never Lost," by Franklin L. Berry. It shows you how. It will help you win.

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Each part of the ear is illustrated with lifelike pictures, and described so that anybody will understand. The causes and forms of deafness are clearly explained and remedies suggested. You will find a chapter instructing you how to test the hearing, how to know whether you are suffering from any trouble with the ear, or may be threatened with such trouble. Thus you will find instructions in the use of a series of tests which will enable you, if you have ear troubles, to decide the amount and location of the defect in your hearing, and can therefore take proper measures for relief and cure.

Help a Friend—If You Are Well and Strong

If You Know of a Friend or Relative Afflicted With Eye or Ear Troubles, Send for My Book for Them, So They May Be Benefited by the Information It Contains

Space here will not permit me to say all this great book contains for those who would be benefited by knowing its contents. I can only say that I have succeeded in writing a book—a treatise that is valuable as a reference book, that the doctor can refer to for information or the sufferer for advice. The facts which I present are the result of personal contact with thousands of the most complex derangements of the eye, ear, nose and throat. If you know of a friend or relative who is afflicted with eye, ear, nose or throat trouble, recommend my book. It is not to be supposed that the well can fully sympathize with the sick. They would have to feel every pain of mind and body which the sick endure, but the well can and should do their part in aiding those who are afflicted. **Send for my book today for yourself or a friend.**

I have only a limited edition—I want it to go as far as possible in spreading the glad news that there is help for those threatened with blindness and deafness, and the knowledge contained in my book, if imparted to those so afflicted, may be the means of restoring them to healthful sight and hearing. I impose no obligations on this information; I ask no favors from anybody. I simply want interested people to get my book. It is free for the asking. Write for it TODAY.

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Over \$2,000 in 2 weeks; \$1,281 in 1 month; \$800 in 8 days; \$51.50 in 15 minutes.

Startling Results---Are Actual Records

Proven by sworn statements. No wonder Lodewick sends this enthusiastic message from Me.: "Its great! Money coming fast. How lucky I answered your ad. 17 orders to-day." Hear the grand, glorious news how 10 people like yourself earned over \$32,000.00 simply because they had exclusive selling rights on something everybody was longing, hoping, wishing for:

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If \$3,000 to \$10,000 yearly Appeals to you do in your locality as they did in theirs. Here's the secret---no trick at all. Simply get busy equipping farm, town and city homes with Allen's Portable Bath Apparatus. Just think! Gives every home a modern bathroom for \$6.50; all others \$150 yet do less. Really could anything be more popular, irresistible, easy to sell? Unquestionably best thing ever happened for agents. Who doesn't want a bathroom at this insignificant price---Who couldn't sell 6 to 12 daily? Think of



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J. H. Hart, farmer, N. C., sales for one year total over \$5,000; never sold goods before. Took 16 orders in 3 hours. Writes: "Can't keep from selling it properly demonstrated. Appeals to everyone."

MILLIONS LONGING FOR THIS BLESSING

Truly wonderful. What a proposition---price, goods, field, every thing just right. Mark these wonderful features. Used wherever water in any form exists---in any room. So energizes water that 1 gallon does more than tubful old way. Gives cleansing, friction, massage, shower baths---hot or cold. Makes bathing 5 minute operation. Cleanses almost automatically---self heating. Only clean running energized water touches body, no immersion, no using same water twice. No tubs, bowls, buckets, wash rags or sponges. No water works, plumbing. Insures cleanliness without drudgery---prolongs life---prevents disease. Small but mighty---carried in grip. Over 100,000 sold

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We want more agents, salesmen, Managers, men or women, at home or traveling, all or spare time, to fill orders, appoint, supply and manage sub-agencies.

Send no Money but do Investigate. Meet us that far anyhow. Not "some other time," but now. You may not see this ad. again. Mad race for appointments. Let nothing delay. Risk 1 cent Now---a postal---for free yet valuable data, sworn-to proofs of phenomenal success---personal trial offer. You will forever after associate this act with prosperity.

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An Invitation

DEAR EVERYBODY:

(Which, of course, means You!) As a sort of farewell to myself as Editor, and a joyous beginning to the new life which I hope will be a happy and a useful one, I shall hold a very informal reception

Saturday, March Fifth,

at THE LIBRARY SHELF rooms, Suite 850-854 McClurg Building,
215 Wabash Avenue, Chicago,

from three to six o'clock in the afternoon,
and from eight to ten o'clock in the evening.

I hope you will be there, and you are at liberty to bring with you as many friends as you wish. Only please drop me a card and say "I'll be there," and how many there are to your "I." I want to be sure there's enough of everything to go 'round!

It's not to be at all formal. There will probably be a cup of chocolate or a cup of frappe,—whichever the weather makes desirable. And there will be some music, and much visiting.

Among the guests present whom you will want to meet, will be William Walker Atkinson (who is going to be present the entire afternoon and evening), Mr. and Mrs. Si Weltmer, Uriel Buchanan, Felicia Blake, Paul F. Case, and others.

And I have asked Mrs. Si Weltmer to sing for me, and she says she will—which is delightful—as you will agree when you hear her!

I shall take just a minute or two during the afternoon and evening to tell you of "THE CURRENT TOPICS CLUB" which is to meet bi-weekly at THE LIBRARY SHELF rooms in the future, under my leadership, beginning the week of March 12th. And you may join if you like! And about the monthly "Socials" which I mean to hold in our LIBRARY SHELF rooms (the first one, the last week in March), that the New Thought people of Chicago may no longer complain that they never have an opportunity to meet or talk with other New Thought people.

But this "announcing" won't take but a few minutes, and all the rest of the time you can "visit around" and talk to the people you like best, listen to the music, and make new friends over the chocolate (or frappe) cups!

You are cordially invited, and I hope you may be able to come.

As ever and always,

Louise Radford Wells

EXPERIENCES IN SELF-HEALING



WEIGH THE WORDS!

Experience means **LIFE**; real, not theoretical:
Self means **YOU**; not the other fellow:
Healing means but read on:

ELIZABETH TOWNE has lived, loved, read, heard, talked; a life filled with experiences. Various diseases—among them poverty—came, and she cured them. This book tells in detail just how, giving her own personal experiences. It is really a brief biography of twenty of her years. A touch of romance and humor is blended in it so that it makes delightful reading. She describes minutely every method which she employed in self-healing and in healing others. There is nothing in this life story that has been glossed over or omitted. It is a plain, straight-forward statement of vital facts of the kind you will be interested to know about. *The Nautilus* and this book are comrades—the magazine is an evolution from the experiences in the book—the two will help YOU in YOUR evolution.

EXPERIENCES IN SELF-HEALING

The Nautilus

Contains nine chapters as follows:

Primitive Healing—(Telling How the Author Cured Herself of the Hurry Habit)—The Darkest Hour—(How She Learned to Think and Let Go)—The Dawn—(How She First Saw the Light of Truth and Found a Principle to Live By)—Brighter and Brighter—(How Concentration Was Developed)—Spiritual Tides—(How to Work With the Tides of Spiritual Force)—Just How—(How Spiritual Activity is Awakened and the Love Nature Developed)—The Spirit Leads Me—(How to Get into Harmony With the Law)—Quick Healing—(Several Instances)—How I Healed My Purse—(How the Yoke of Bondage to Debt Was Thrown off).

is the leading magazine of the new thought and mental healing movement. Helpful articles on health, success, and personal development. It teaches how to grow success, and deals with practical subjects connected with daily living. Not a story book—though it has splendid stories.

Elizabeth Towne's editorials are said to have the largest following of any woman's writings in America.

WHAT IS SAID OF THE BOOK:

Mrs. W. H. Tyndall, Galveston, Tex.: "I thank you for your God-inspiring gift, 'Experiences in Self-Healing.' This is what my husband said after reading it aloud to me: 'That book has done me more good than anything else.' And as for myself, well, I am putting your lessons into practice every day. I know now the meaning of, 'If thy right hand offend thee, cut it off.' A child of a few years can understand, and gray hairs can gather wisdom. Thank you, thank you."

Mary B. says: "Since reading your book on 'Self-Healing,' I have cured my husband of the tobacco habit and myself of asthma. And now after wearing glasses for twelve years, I am writing without them, and a prouder person you never saw."

Mrs. Helen Van Deusen, Troy, N. Y., writes: "Your 'Experiences in Self-Healing' is simply incomparable. Bless your dear heart for so bravely writing. Of all the thousands of pages of new thought literature I have read not one has appealed to me like your 'Experiences,' as the right thing to spread broadcast like the Bible."

This book is printed on heavy laid book paper and bound in olive green, heavy paper covers, with new half-tone of the author. The cover page is beautifully stamped with aluminum ink. 76 pages.

Ella Wheeler Wilcox, Edwin Markham, Florence Morse Kingsley, Grace MacGowan Cooke, Edgar L. Larkin, W. R. C. Latson, M. D., Thomas Dreier, Wallace D. Wattles, and many others are its regular contributors.

Its readers practically control its departments. "Things That Make for Success" offers a monthly prize for the best letter on success. Every six months \$5.00 cash is given for the best letter during that period.

The March "Nautilus" is to be the Forestry Number; practical articles on what you can do to aid this great movement. "The City Shadow" is a serial now running of universal interest. You don't have to be city-struck or city-held to like this story. Other good things will be "easy Aids to Success," "Music and Health," and Elizabeth Towne's sound, forceful Editorials.

OUR SPECIAL OFFER

(New Subscribers Only)

The Nautilus Magazine, Twelve Months
 in Advance..... \$1.00
 Six Elizabeth Towne Mottoes.....
 A Copy of Experiences in Self-Healing

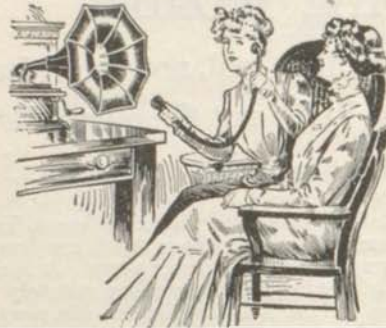
All for \$1.00

ELIZABETH TOWNE, Dept. 78,
 Holyoke, Mass.

Enclosed is One Dollar. Please enter my subscription for *The Nautilus* for one year and send me as a premium a copy of *Experiences in Self-Healing*, and also Six Elizabeth Towne Mottoes.

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 Town.....

Both are Deaf



The deaf can now hear whispers. This is an illustration of what is actually happening to hundreds of people who are deaf every day in all parts of the country. It merely shows two ways by which the deaf and persons who are hard of hearing are made to hear. Note the strained expression on the face of the lady who is using the ear trumpet and then just see the look of happiness and satisfaction of the other lady. She is just as deaf as her companion. You say it is only a picture. That such a thing never happened; yet it has happened; it is happening and can happen to you if you are deaf, and you need not pay one cent to find out.

You need not use ear trumpets or other similar devices which are of no aid except when held to the ear. The ordinary tones of conversation are distinctly heard without the slightest inconvenience and without those about you detecting that you are hard of hearing.

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 By Assisting Nature in a Scientific Manner

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Economy
 and
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Arise To Your Best

I have given to each woman that *satisfaction with self* which comes through the knowledge that she is developing that sweet, personal loveliness which health and a wholesome, graceful body gives—a cultured, self-reliant woman with a definite purpose, which makes her the greatest help to family and friends. She is a **Better Wife, a Rested Mother, a Sweeter Sweetheart.** She adds to the beauty of the world, thus contributing to its refinement, cultivation and education. I can help you to make every vital organ and nerve do efficient work, thus clearing the complexion and correcting such ailments as

- | | | |
|---------------|--------------|-------------|
| Constipation | Irritability | Indigestion |
| Weak Nerves | Colds | Dullness |
| Rheumatism | Nervousness | Weaknesses |
| Sleeplessness | Torpid Liver | Catarh |

This work is done by following simple directions a few minutes each day in the privacy of your own room. In delicate cases I co-operate with the physician.

I regard medicine for reduction as dangerous, and bandages and reducing appliances do not remove the cause, hence only give temporary results. In correcting faulty habits of digestion and assimilation, I build up the strength while I am reducing, or developing you.

This is **practical common sense.**

Think it over and write me today for particulars.

Too Fleeshy
 or
Too Thin

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Fig. 1, developed and in correct poise.

Figs. 3, 4, 5 and 6 show actual photographs of pupils *before* taking up my work. (They have given me permission to use them).

They all stand, *now*, as correctly and appear as well as Fig. 2.



See Premium Offer Page 15



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The Russian peasants have the most luxuriant hair in the world—they make a business of growing hair **FOR SALE**, and raise "crop" after "crop" from each head. If **YOU** want hair, do what the Russian peasants do—**SET TO WORK TO GROW IT!** My

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Mental and Physical Efficiency Must Wait Upon Sleep

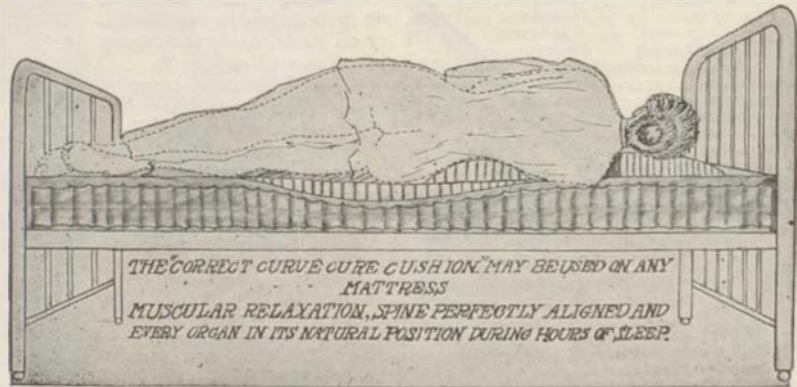
Shakespeare says: "Sleep, that knits up the ravell'd sleeve of care,"

Scientists tell us that the average of 8 hours which mankind spends in sleep is sufficient time for all tissues, impaired during the day, to be repaired, all functions regulated, and the system toned up to the point where **disease will not find lodgment.**

It is during sleep that the Forces of Nature, fighting always for perfect health, win the battles against disease.

No Physician, Treatment or Prescription, without sleep, can heal disease, or even sustain life.

The sum total of human sickness will be reduced 50 per cent when all men are able to sleep normally.



So, here we present a system of cushions which may be used on any bed, and which will hold the body comfortable in exactly the correct position.

The Correct Curve Cushions conform comfortably to the shape of the body, and whether lying on the side or back they hold the body in perfect position. They give your body the same correct curves that it has when standing erect. The tension of the muscles is exactly balanced; the bones are in perfect alignment; the chest is thrown forward; the heart and lungs are not crowded; the abdominal viscera are normal; the neck is straight, and the head in such position that it requires an effort to keep the mouth open, so mouth breathing is improbable.

The Heart, Lungs and abdominal viscera and spine are in exactly the correct position to do the greatest amount of work, and they will do it. You will not awaken with a tired feeling, a headache, a stiff back, a sore spot between the shoulders, a bad breath (from mouth breathing), you will not have unpleasant dreams nor toss in bed—everything will be harmonious while you sleep on the Correct Curve Cushions.



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BUILDING HEALTH

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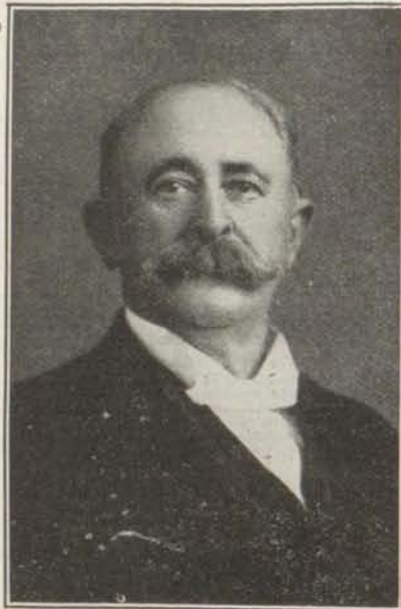
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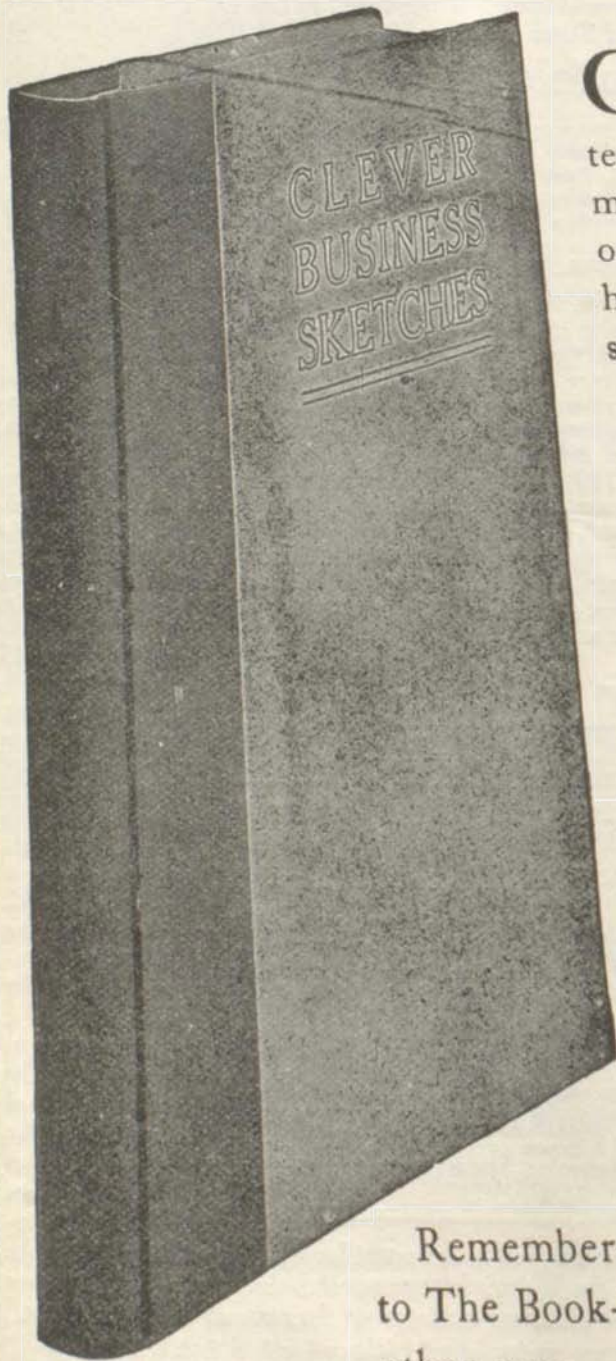
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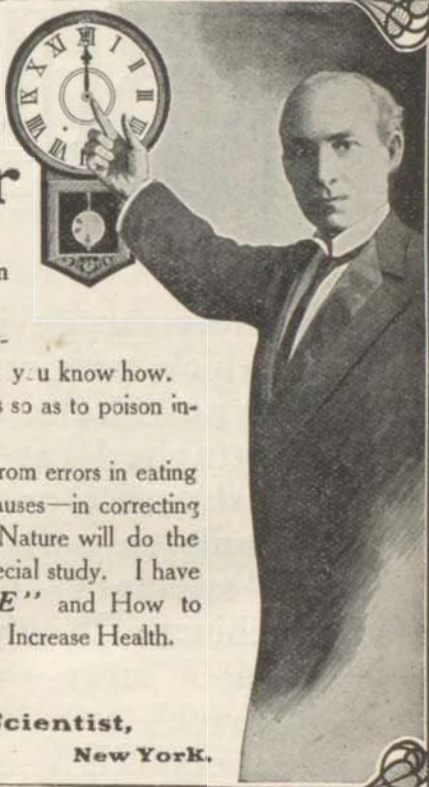
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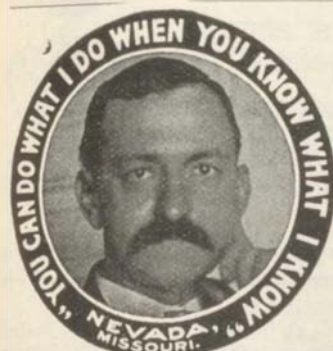
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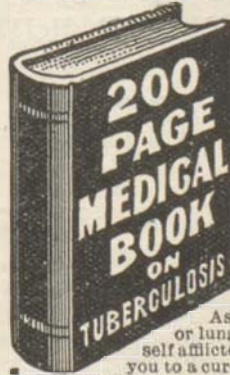
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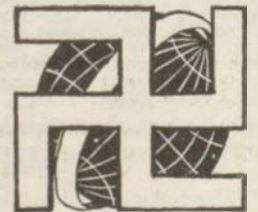
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Editor of

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You Must Eat To Live.



Nothing will take the place of material food if you want to keep the material body in repair. The Creator gives the normal animal intelligence enough to feed itself and expects it to use it; otherwise the body will be destroyed. When you come to consider necessary foods, Rohe, in Textbook of Hygiene, gives: (1) Water; (2) Salts; (3) Proteids; (4) Fats or carbohydrates. Currier, in Practical Hygiene, gives: (1) Water; (2) Salts; (3) Albumins; (4) Fats and Oils; (5) Starch and Sugars. Dr. Henry Reed Hopkins, president of the Medical Society of New York, in an article on the Mineral

Nutrients, says that Air is the most important food, Water the next in importance, and Salts the third, the three constituting Class One. The reason is plain; A person can live but a few seconds without air, a few hours without water, and a few days without the mineral nutrients. A person will die in less time when fed on food from which the salts have been largely extracted than when given no food at all.

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The Ensign Remedies are composed of mineral nutrients in usable form. Taken into the body they are readily assimilated, and are used promptly in the restoration of tissue waste. They are the most important foods in the world where there are diseased conditions—nothing can possibly equal them. If you want to know more about the Remedies write us today for our literature. We cure all diseases. There are innumerable cases, where the body has been so destroyed that it cannot be repaired—but these are comparatively few. Write us for booklets on General Diseases, Private Diseases, Women's Diseases, Varicose Veins and Varicocele. They are free to all.

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A sensible booklet by Wallace D. Wattles, telling how to promote harmony in marriage. It is a serious attempt to discover and eliminate the causes of unhappiness and discontent. A booklet which ought to be in the hands of every husband and wife, or person who expects ever to be married.

A copy of "Marital Unrest" will be given Free with a three months' trial subscription to *Nautilus* for 10 cents. The *Nautilus* (regular subscription price \$1.00 per year) is the leading magazine of the new mental healing movement. Helpful articles each month on health, success and personal development. Regular contributors: Ella Wheeler Wilcox, Florence Morse Kingsley, Edwin Markham, Prof. Edgar L. Larkin, W. R. C. Latson, M. D., and many others. "The City Shadow," by Sinclair Lewis, a new serial of thrilling interest, is now running. The story deals with the adventures of a young man who goes to the city to make his fortune. How he sounded New York deeps and found his bride, and their problems and their experiences in climbing out form a story of great heart interest and illumination.

The March number will be the Forestry number. Practical articles on what you can do to aid the great forestry movement.

You must become acquainted with the *Nautilus*. Then you won't be without it. Send 10 cents to-day for *Nautilus* three months' trial subscription, and "Marital Unrest" booklet. Or, better still, send \$1.00 for the booklet, six Elizabeth Towne mottoes, and a year's subscription to *Nautilus* in advance. Write now. Address, ELIZABETH TOWNE, Dept. 71, Holyoke, Mass.

\$3.50 Recipe Cures Weak Kidneys, Free

Relieves Urinary and Kidney
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Stops Pain in the Bladder,
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Wouldn't it be nice within a week or so to begin to say goodbye forever to the scalding, dribbling, straining or too frequent passage of urine; the forehead and the back-of-the-head aches; the stitches and pains in the back; the growing muscle weakness; spots before the eyes; yellow skin; sluggish bowels; swollen eyelids or ankles; leg cramps; unnatural short breath; sleeplessness and despondency?

I have a recipe for these troubles that you can depend on and if you want to make a **quick recovery**, you ought to write and get a copy of it. Many a doctor would charge you \$3.50 just for writing this prescription, but I have it and will be glad to send it to you entirely free. Just drop me a line like this: Dr. A. E. Robinson, K1853 Luck Building, Detroit, Mich., and I will send it by return mail in plain envelope. As you will see when you get it, this recipe contains only pure, harmless remedies, but it has great healing and pain-conquering power.

It will quickly show its power once you use it, so I think you had better see what it is without delay. I will send you a copy free—you can use it and cure yourself at home.

Spinal Irritation

An elegantly illustrated booklet explaining the cause and cure of the disease that produces the following

SYMPTOMS:

HEADACHE or pains in the head, especially in the Back part or Base of Brain; Nervous or Bilious Headache; sensations that feel like the pulling or stretching of

CORDS in the Neck; trouble with the

EYES connected with pain or aching in back part of head or neck or upper part of shoulders; aches or pains in the eyes or back of them; specks or spots before the eyes or blurred vision; a frequent desire to

SIGH or YAWN or take a deep, full breath, and in some cases, an inability to do so;

PALPITATION or irregularity of heart; pains, oppression, difficult breathing, or very peculiar and disagreeable feelings in the region of the

HEART, LUNGS, STOMACH, or other parts of the body that doctors often call Neuralgia, Rheumatism, Indigestion, Heart trouble and various other names, but fail to cure; aches or pains in the region of the

KIDNEYS; BACK-ACHE; sensations of oppression or constriction like a

BELT AROUND THE BODY, or part way around; PARTIAL PARALYSIS of arms, shoulders, hands, lower limbs or feet, causing pains in these members, or a

NUMB FEELING or sensations of coldness, heaviness, or a tingling or feelings resembling the

PRICKING of PINS or needles or as if the parts were asleep; SORE, TENDER or BURNING points along the spine or in the limbs or feet; pains in the face, arms, back, lower limbs or feet, resembling those of

NEURALGIA or SCIATIC RHEUMATISM (physicians often treat these symptoms as ordinary neuralgia or rheumatism, but such treatment will not cure them);

CHILLS UP or DOWN BACK;

CREEPING sensations, coldness or numbness; pain BETWEEN SHOULDERS.

If you have the above named symptoms, or any of them, you probably have SPINAL IRRITATION, a very serious disorder that but few physicians can cure. Yet it is very easily cured by proper treatment. Our elegantly illustrated booklet explains how. It also describes the disease and explains what causes it. Price, 10 Cents.

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suicide. I had lost faith in both God and man—the latter had wrecked me, and the former didn't seem to care. But NEW THOUGHT saved me—not figuratively, but literally. And today I am a happy, hopeful woman. Please accept my earnest, heartfelt thanks. That prosperity and every possible blessing may attend you is the wish of your friend,

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The author of this book is the inventor of "Actina," an instrument that is attracting the attention of people in all parts of the world owing to the wonderful results obtained from its use.



In the treatment of eye diseases the author says:—

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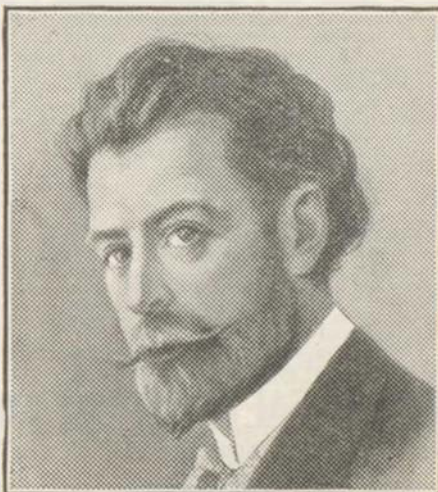
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Make your plans for health. The man who does not plan cannot build a house, rear a family or do a successful day's work, and yet thousands live with no plan for healthful lives. Indigestion and Constipation have become national crimes against the good health of our people. We are becoming a nation of dyspeptics. Tons of stomach tablets, digestive medicines and purgatives are sold annually and do their work of increasing these diseases.

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See Premium Offer, Page 15.

New Thought

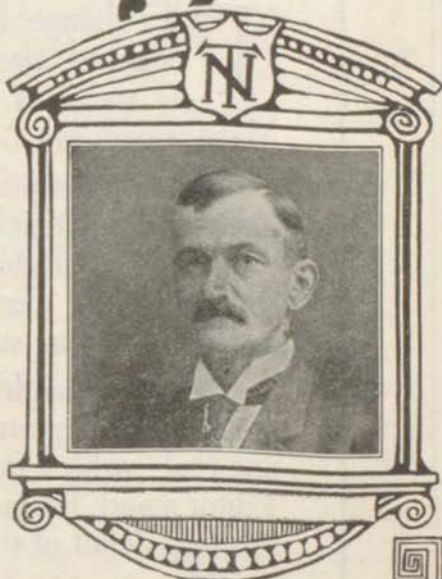
NUMBER

By Contributors

The Principles of Mental Healing

By SIDNEY A. WELTMER

Will be a series of practical lessons in Mental Healing. Mr. Weltmer's career, as a practitioner and teacher of healing by suggestion, antedates that of any other man in America. He is especially fitted to write the lessons that will appear under this title. His writing is interspersed with little personal recollections that not only lend charm and interest, but instruct as well.



New Thought in the Home

By MARGARET VAN NORDEN

A helpful series of articles to Husbands, Mothers and Parents, for they deal with Harmony in the Home and training of children on New Thought principles. Too little has been written on this vastly important subject, and the author of these articles is entirely capable of doing it justice.

The Philosophies of the Orient

By RALPH DYSART

Dealing with the beliefs of a people who have reached further into Occultism than any other race. These articles differentiate between the various philosophies and at the same time show how they correlate with the best of modern thought of other nations.

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By THE BUSINESS MANAGER

Practical articles on New Thought in Business. The application of New Thought principles simplifies the duties of both employer and employe. And in these articles the author analyzes the mental and material elements that go to make up any successful enterprise.

The Principles of the Higher Life

By FELICIA BLAKE

In this article Miss Blake sets forth the principles of spiritual and mental development in a manner that brings these attributes to bear in the most practical way upon physical betterment. Her charming personality, so clearly reflected in her writings, is the best of evidence that she is faithful to her creed.

Salesmanship

By HENRY FRANK

These practical articles on salesmanship are continued in this number. Live lessons in success and achievement.

The Department of Psychic Research and Telepathy

By ERNEST WELTMER,
Telepathy Director

Besides the report of the weekly telepathy experiments that Ernest Weltmer has been conducting for the past three years, he will recount in this department the many psychic experiences he has personally passed through, and the many other strange psychic phenomena that have been reported to him from the many reliable sources with which he is constantly in touch.





NOTICE

THE change in the Editorial Department, announced elsewhere in this number, marks, as well, an important change in the Business Management of "New Thought."

The Subscription Department with its many Letter Files, Stencils, Addressing Machines, in fact everything connected with the business of the magazine, has been moved from Nevada, Mo., and re-assembled in one suite of offices in Chicago.

"New Thought" is **home again** and with new life in every department. Everything is now under one roof—which insures promptness, system and the Editor's and Business Manager's personal attention to every detail of the business.

The change means more than the mere transfer of records, machinery and location, for every department is animated with new energy and life. The vision of the Editor, Business Manager, Stenographers, File Clerks—even the office boy—is focused on a single **ideal** and that is 100,000 READERS FOR NEW THOUGHT IN 1911. To accomplish this will require unceasing labor—a bigger Magazine in pages and contents—a perfect system of business management, and, most of all, the harmonious co-operation of all the members of the Great NEW THOUGHT Family.

 To Avoid Confusion and Delay, ALL Correspondence should hereafter be addressed to 

The New Thought Publishing Company
215 Wabash Avenue Chicago, Illinois

THE PRIZE CONTEST.

WE have a very disappointing announcement to make. The Postoffice says we must change our Contest very materially or close it; that in the eyes of the Government (*capital G!*) it is a Lottery (*capital L!*). They say you have a right to secure votes as to whether you are the most popular man or beautiful lady (! ! !) in your part of the country, *but not as to whether your story is the best!* And they say several other things, each one of which would necessitate a radical change in the Contest as planned. I have worked at the changes necessary, at some expense of grey matter, but now that I am no longer to be Editor of NEW THOUGHT, the work of the Contest would devolve upon my successors in the various departments of the new Chicago offices of the magazine. Therefore, these various individuals sat in high conclave and considered the whole matter seriously and comprehensively; and they have decided that under the new plans necessitated, the work of running the Contest would be so heavy that the expense would be increased to *more than double the amount of the prizes*, and that under such conditions they consider it best to close the Contest NOW.

I'm sorry—they're sorry—and I venture that you're sorry! We had just finished the voting on the first section and hadn't started on the second section. Of course, we *couldn't* start on that, because of the Government ruling. When the Government says anything is a Lottery, it means "*you can't do it any more*" until you remove the features to which they object. We are communicating with every one of the one hundred competitors for the first \$100 prize (Section 1), explaining the circumstances, stating who is No. 1 in the competition, etc. As to the entries in sections succeeding Section 1, these the Company cannot of course handle under the Government ruling. If you have entered a story subsequent to Section 1, and want it back, send a stamped addressed envelope and it will be immediately returned to you. Otherwise NEW THOUGHT will destroy it.

Since NEW THOUGHT is giving up the Contest, it may be I will take the trouble to rehabilitate it myself, to save your disappointment, and run it in THE INNER CIRCLE in conformity with the Government rules. But I can't know about this till I have dropped all my old NEW THOUGHT work and see just how *much* new work there is room for in my remodeled existence. If I *can* do this, I *will*. And in any event, I am as disappointed as you—if not more so—not to see the Contest go on to its very end, with everybody pleased and happy at the results. So, indeed, are the other people in NEW THOUGHT; but they feel that under the restrictions and objections of the Government, it is too big a task to try to carry out, and they therefore regretfully close the Contest, permanently, with this issue.

LOUISE RADFORD WELLS.

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But It Was a Hard Pull.

It is hard to believe that coffee will put a person in such a condition as it did an Ohio woman. She tells her own story:

"I did not believe coffee caused my trouble, and frequently said I liked it so well I would not, and could not quit drinking it, but I was a miserable sufferer from heart trouble and nervous prostration for four years.

"I was scarcely able to be around, had no energy and did not care for anything. Was emaciated and had a constant pain around my heart until I thought I could not endure it. For months I never went to bed expecting to get up in the morning. I felt as though I was liable to die any time.

"Frequently I had nervous chills and the least excitement would drive sleep away, and any little noise would upset me terribly. I was gradually getting worse until finally one time it came over me and I asked myself what's the use of being sick all the time and buying medicine so that I could indulge myself in coffee?

"So I thought I would see if I could quit drinking coffee and got some Postum to help me quit. I made it strictly according to directions and I want to tell you, that change was the greatest step in my life. It was easy to quit coffee because I had the Postum, which I now like better than the old coffee.

"One by one the old troubles left, until now I am in splendid health, nerves steady, heart all right and the pain all gone. Never have any more nervous chills, don't take any medicine, can do all my housework and have done a great deal beside."

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Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.



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How to develop a strong keen gaze. How to make the Eye yield values in Mind-Power.

How to concentrate the eye upon what is before you—object, person, printed page, work.

How to school the eye for power in business, society, public.

How to force Will into the eye. How to cultivate a bright, attracting, intelligent eye expression.

How to become aware of Nerve Action. How to keep the body well-poised

How to open the Mind and Body for reception of incoming power.

How to exercise the nerves. How to throw off the mood of Worry

Affirmation of Supreme Well-being. How to overcome the tyranny of the Nervous system.

How to secure steady nerves. How to keep the body quiet, controlled

conserved in power, eliminating all nerve-force destroying habits.

How to train the great executive servant of the Mind—the Hand.

How to maintain the Central Factors of Body health.

The First, Second and Third difficulties in Mastering Harmful Habits.

The Law of Will-Power in Habits. The Mental Law of Habit Cure.

Reasonable study of its fascinating pages is bound to create New Hope, Courage, Personal Accomplishment, Confidence, Intellectual Abilities, Tact, Buoyancy, Thought-power, Social and Business Diplomacy, and a New *Self*, built on the everlasting foundation of the Skill-Art-Science of human culture. "Power of Will" contains the sane, practical *usable* knowledge you've searched for, longed for, and almost given up hope of ever finding.

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"Of infinite value to any man or woman".

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"It is all you claim in your circulars. Have spent \$200.00 for books in this line of study but **all put together** do not possess a thousandth part of the merit this book has". — F. B., Route No. 1, Box 43, Grand Mound, Iowa.

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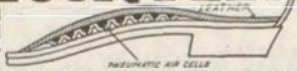
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Captain Walrond has had over forty years' study and practice; he has been 15 years in Denver, and is an authority on all metaphysical and occult subjects. Mail orders personally and promptly attended to. Terms reasonable. Horoscopes and Forecasts always reliable. **TERMS AND TESTIMONIALS FREE.** Captain Walrond is undoubtedly the most reliable business, financial and family adviser in America. Advice guaranteed.

Spinal Irritation

An elegantly illustrated booklet explaining the cause and cure of the disease that produces the following

SYMPTOMS:
HEADACHE or pains in the head, especially in the Back part or Base of Brain; Nervous or Bilious Headache; sensations that feel like the pulling or stretching of
CORDS in the Neck; trouble with the
EYES connected with pain or aching in back part of head or neck or upper part of shoulders; aches or pains in the eyes or back of them; specks or spots before the eyes or blurred vision; a frequent desire to
SIGH or **YAWN** or take a deep, full breath, and in some cases, an inability to do so;
PALPITATION or irregularity of heart; pains, oppression, difficult breathing, or very peculiar and disagreeable feelings in the region of the
HEART, LUNGS, STOMACH, or other parts of the body that doctors often call Neuralgia, Rheumatism, Indigestion, Heart trouble and various other names, but fail to cure; aches or pains in the region of the
KIDNEYS; BACK-ACHE; sensations of oppression or constriction like a
BELT AROUND THE BODY, or part way around;
PARTIAL PARALYSIS of arms, shoulders, hands, lower limbs or feet, causing pains in these members, or a
NUMB HEELING or sensations of coldness, heaviness, or a tingling or feelings resembling the
PRICKING of PINS or needles or as if the parts were asleep;
SORE, TENDER or **BURNING** points along the spine or in the limbs or feet; pains in the face, arms, back, lower limbs or feet, resembling those of
NEURALGIA or **SCIATIC RHEUMATISM** (physicians often treat these symptoms as ordinary neuralgia or rheumatism, but such treatment will not cure them);
CHILLS UP or **DOWN BACK;**
CREEPING sensations, coldness or numbness; pain **BETWEEN SHOULDERS.**

If you have the above named symptoms, or any of them, you probably have **SPINAL IRRITATION**, a very serious disorder that but few physicians can cure. Yet it is very easily cured by proper treatment. Our elegantly illustrated booklet explains how. It also describes the disease and explains what causes it.
 Price, 10 Cents.

OHIO STATE PUB. CO., 81-4 The Birmingham, Cleveland, O.

\$3.50 Recipe Cures Weak Kidneys, Free

Relieves Urinary and Kidney Troubles, Backache, Straining, Swelling, Etc.

Stops Pain in the Bladder, Kidneys and Back.

Wouldn't it be nice within a week or so to begin to say goodbye forever to the scalding, dribbling, straining or too frequent passage of urine; the forehead and the back-of-the-head aches; the stitches and pains in the back; the growing muscle weakness; spots before the eyes; yellow skin; sluggish bowels; swollen eyelids or ankles; leg cramps; unnatural short breath; sleeplessness and despondency?

I have a recipe for these troubles that you can depend on and if you want to make a **quick recovery**, you ought to write and get a copy of it. Many a doctor would charge you \$3.50 just for writing this prescription, but I have it and will be glad to send it to you entirely free. Just drop me a line like this: Dr. A. E. Robinson, K1833 Luck Building, Detroit, Mich., and I will send it by return mail in plain envelope. As you will see when you get it, this recipe contains only pure, harmless remedies, but it has great healing and pain-conquering power.

It will quickly show its power once you use it, so I think you had better see what it is without delay. I will send you a copy free—you can use it and cure yourself at home.

Eyeglasses Not Necessary

**Eyesight Can be Strengthened, and Most
Forms of Diseased Eyes Success-
fully Treated Without Cutting
or Drugging.**

That the eyes can be strengthened so that eyeglasses can be dispensed with in many cases has been proven beyond a doubt by the testimony of hundreds of people who publicly claim that their eyesight has been restored by that wonderful little instrument called "Actina." "Actina" also relieves Sore and Granulated Lids, Iritis, etc., and removes Cataracts without cutting or drugging. Over seventy-five thousand "Actinas" have been sold; therefore the Actina treatment is not an experiment, but is reliable. The following letters are but samples of hundreds we receive:

J. J. Pope, P. O. Box No. 43, Mineral Wells, Texas, writes:—"I have spent thousands of dollars on my eyes, consulted the best doctors in the United States, dropped medicine in my eyes for years and 'Actina' is the only thing that has ever done me any good. Before using 'Actina' I gave up all hope of ever being able to read again. Had not read a newspaper for seven years. Now I can read all day with little or no inconvenience."

Kathryn Bird, 112 Lincoln St., Milwaukee, Wis., writes:—"I was troubled with astigmatism and had worn glasses from ten years of age. I could not read or write without them. In a surprisingly short time after using 'Actina' I laid aside my glasses and I will never use them again."

E. R. Holbrook, Deputy County Clerk, Fairfax, Va., writes:—"Actina" has cured my eyes so that I can do without glasses. I very seldom have headache now, and can study up to eleven o'clock after a hard day's work at the office."

"Actina" can be used by old and young with perfect safety. Every member of the family can use the one "Actina" for any form of disease of the Eye, Ear, Throat or Head. One will last for years and is always ready for use. "Actina" will be sent on trial prepaid

If you will send your name and address to the Actina Appliance Co., Dept. 64N, 811 Walnut St., Kansas City, Mo., you will receive absolutely FREE, a valuable book—Prof. Wilson's Treatise on Disease.

Good Health Without Medicine

Scientific Discovery

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Marvelous Cures of Cases Pronounced
Hopeless by Other Methods

Its record of cure is so wonderful as to be almost beyond belief. It has caused restoration from the most severe and obstinate ailments. The nature of the disease makes no difference. No matter how severe your condition, nor how long standing, nor how many other methods you may have tried in vain, do not give up hope before you have tried **Oxydonor**. It is a safe home treatment without drugs. Lasts a lifetime.

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See Premium Offer
Page 28

RHEUMATISM

Let Me Send You a Dollar's
Worth of the Great Michigan
External Remedy Which is Curing
Thousands to Try Free. Just

Sign and Mail My Coupon



FREDERICK DYER, Corresponding Sec'y.

Let us cure your Rheumatism (no matter where located, how severe, or whether it is chronic, acute, muscular, sciatic, lumbago or gout) with our powerful, yet harmless Magic Foot Drafts. They have even cured cases of 30 and 40 years' standing where baths and doctors and medicine failed.

Just sign and mail the coupon below. Return mail will bring you prepaid a regular \$1.00 pair of Magic Foot Drafts, the great Michigan cure for every kind of Rheumatism—chronic or acute—muscular, sciatic, lumbago, or gout—To Try FREE. Then if you are fully satisfied with the benefit received send us One Dollar. If not, keep your money. You are the judge, and we take your word. We know what Magic Foot Drafts are doing, for we send them everywhere, and wait for our pay until the work is done. Let us send you a pair. Valuable illustrated booklet free with the Trial Drafts. Send no money—just the coupon. Do it today—now.



—This \$1.00 Coupon FREE—

Good for a regular \$1.00 pair of Magic Foot Drafts to be sent Free to Try (as explained above) to

Name

Address

Mail this coupon to Magic Foot Draft Company
432N Oliver Bldg., Jackson, Mich.

OPULENCE FOR YOU

If you need it in health, money, business, I CAN help you secure it. Prayer is desire, desire is thought and thought IS creative. You CAN and WILL get what you desire, if you work according to law. \$1.00 for one month's treatment. Stamped envelope, addressed.

HELEN A. HEARST,

Suite 3, 76 Huntington Avenue, BOSTON.

Don't Wear a Truss



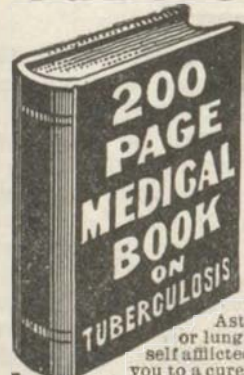
C. E. BROOKS, the Discoverer.

Brooks' Appliance, the modern scientific invention, the wonderful new discovery that cures rupture will be sent on trial. No obnoxious springs or pads. Has automatic Air Cushion. Binds and Draws the broken parts together as you would a broken limb. No salves. No lies. Durable, cheap. Pat. Sept. 10, '01. Sent on trial to prove it. Catalogue and measure blanks mailed free. Send name and address today.

C. E. Brooks, 2866 Brooks Building, Marshall, Mich.

Tuberculosis Book

FREE



This valuable medical book tells in plain, simple language how Tuberculosis can be cured in your own home. If you know of any one suffering from Tuberculosis, Catarrh, Bronchitis,

Asthma or any throat or lung trouble, or are yourself afflicted, this book will help you to a cure. Even if you are in the advanced stage of the disease and feel there is no hope, this book will show you how others have cured themselves after all remedies they had tried failed, and they believed their case hopeless.

Write at once to the Yonkerman Company, 3766 Water Street, Kalamazoo, Mich., and they will gladly send you the book by return mail free, and also a generous supply of the New Treatment, absolutely free, for they want every sufferer to have this wonderful remedy before it is too late. Don't wait—write today. It may mean the saving of your life.

See Premium Offer Page 10

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If you are honest and ambitious write me today. No matter where you live or what your occupation, I will teach you the Real Estate business by mail; appoint you Special Representative of my Company in your town; start you in a profitable business of your own, and help you make big money at once.

Unusual opportunity for men without capital to become independent for life. Valuable Book and full particulars Free. Write today.

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OUR STUDENTS ACHIEVE PROFESSIONAL AND FINANCIAL
SUCCESS: WE ARE SUCCESSFUL:

YOU CAN DO AS WELL

Suggestive Therapeutics is a Profession Which Offers
Equal Advantages to Ladies and Gentlemen.

Prof. S. A. Weltmer has built up the Weltmer Institute in 12 years, so if you have
12 years before you, there is plenty of time for you to do a great amount of good.

TESTIMONIALS:

A SEAMSTRESS

Mrs. Cauvel finding herself the sole dependence of a family, tried several ways (open to women), to make a living—including dressmaking. However, she tired of drudgery, borrowed the money and took up Suggestive Therapeutics. She now makes much more money and does many times more good than an expert physician and surgeon.

Walla Walla, Wash., July 16, 1909
Prof. S. A. Weltmer, Nevada, Mo.

Dear Friend:—I have had my office here and given treatment as taught by you in the Institute ever since leaving there May 4, 1908. Am treating from ten to sixteen a day at a charge of \$2.00 a single treatment or six treatments for \$10.00. Have never lost a patient and have helped every one I treated.

My practice is growing rapidly, and for the past two months have employed an assistant. Have outgrown my rooms and next month intend moving into larger quarters. At that time will take on another lady. Sincerely yours,

Mrs. M. E. Cauvel, S. T., Suite I, Bee Hive Bldg.

A STOCKMAN

Cobden, Ill., August 23, 1909.

Prof. S. A. Weltmer, Nevada, Mo.

Dear Sir and Friend:—After three years of active practice am satisfied that we have the safest, surest and most scientific method of eradicating disease of body or mind, that is known to the world at the present time. I have successfully treated Asthma, Gout, Spinal Meningitis, Cancer, Paralysis, and many other diseases that medicine could do no good. I believe we have the best opportunities for a man or woman who wants a profession that is both honorable and profitable, and one can do no better than to enroll in your class and be a blessing to all suffering humanity.

With kindest wishes for the success of your school and all its graduates, I remain, Yours very truly,

W. G. Witts, S. T.

AN INSURANCE AGENT.

Prof. S. A. Weltmer, Nevada, Mo.

My dear Sir and Friend:—There is no way to estimate the great encouragement in your letters giving definite instructions for the treatment of the various cases and suggesting new plans by which to accomplish cures of stubborn cases. I realized all the time that Suggestive Therapeutics would cure the most obstinate cases because I had seen it done at the Institute, but when I got out for myself I began to figure too much on my limitations. It was at the time that your letters were of such great help to me.

I practiced in Fort Myers for almost six months and never treated less than four patients nor more than seventeen per day. I worked steadily, enjoyed my work immensely, accomplished cures of epilepsy, paralysis and rheumatism, and all manner of nervous troubles, etc., and I collected in actual cash, \$1,172.50.

I was surprised at my great success, but now I know I can have success in the future, and I believe, inasmuch as I have overcome so many limitations and done so well financially and professionally, that my success may be taken as a fair average and what any sincere student in your School can do.

My two sons and self are starting out in a few days to establish an Institution for teaching with a Sanitarium in connection. I expect to call on you for help a great many times, but I now know that I will succeed and I thank you many times for the new viewpoint you have given me of life and the great broad field of usefulness that you have opened up before me. You have given my boys and

myself a profession in which we can all work together, and I am very happy at the result of our association at the Institute, and with you and all the faculty.

Yours most sincerely, Lemuel Buis.

A CANADIAN LUMBERMAN.

Mobile, Alabama, Nov. 17, 1909.

Prof. Weltmer, Nevada, Mo.

Dear Friend:—As a graduate of your school of healing it is impossible for me to express how highly I endorse your teaching. I firmly believe that no other method teaches more closely and scientifically the great laws of nature. You seem to have grasped the vital principle that tends to bring into expression all those rich things that lie deep down in the inner consciousness of Man. My greatest wish is that you may always live to give to the world such splendid work and teaching as you have in the past.

As a professional and financial occupation I endorse your school and course in the strongest terms. From the beginning of my practice I have had remarkable success, and although located here but a short time, I will soon have a larger practice than I can attend to.

Sincerely yours, A. E. Haywood.

MARVELOUS DEMONSTRATION

I have had bad luck this Summer; got under a wagon wheel in a runaway and broke three bones in my hip, viz: the neck of the femur, the ischium and innominate bones, but am just about all right again in spite of the fact that every body even the surgeon, told me I would be stiff and lame; but I determined and told him that I would not. My foot did not even shorten as he would have it because I took the weight off that he had put on. I think this is a proof that we can be what we will to be and that we are the result of our thinking.

S. I. Swenson, D. S. T., Peck, Idaho.

CARRIED HERE ON A COT, IS NOW SUCCESSFUL PRACTITIONER.

Omaha, Neb., July 12, 1908.

To The Weltmer Institute, Nevada, Mo.

I suffered many years with uterine trouble and other disorders, was also anaemic, constipated, etc. The best Doctors gave only temporary relief and even that soon failed. They wanted me to undergo an operation, but this I refused to do, because I was sure that the two Doctors in whom I had greatest confidence knew I would not survive it.

At this time a friend from Ogden, Utah, visited me and told me of Prof. Weltmer. Her son's eyesight had been restored to him at the Weltmer Institute and she begged me to go at once. This seemed impossible so I staid with the Doctors until I was entirely given up. THEN THEY CARRIED ME TO NEVADA ON A COT. * * * I have felt so well since my return home. Do all my house work and go out most every day to see those who want to know more of you and your work, some times walk two and three miles. I am not only well physically, but full of hope and ambitions and confidence in my ability to do things.

I later attended the class Course and found it a most fascinating and helpful study. To me the manner in which the principles of the science are taught are without peer. The lessons from the first to the last seem like so many steps onward to perfection. When one has received their diploma and gone out into the world, it is with a broadened view of life, a great love for humanity and a desire to help others to health. I commend it to all who are striving for greater efficiency or an unlimited field for useful endeavor. Mrs. N. Hoagland, 3465 Larimore Ave.

Be a Doctor of Mechano-Therapy

And Earn \$3000 to \$5000 a Year!

You Can Learn in Class or By Mail.



Are you tired of working for wages which barely keep body and soul together? Have you the ambition to enjoy the profits of your own labor? To gain social prominence and financial independence? To go forth among your fellow men with your head up—an honored and respected citizen of your locality?

THEN SEND FOR OUR FREE BOOK

Entitled "How to Become a Mechano-Therapist." It tells how every man and woman, with an ordinary, common school education, can acquire a profession within a few months which will insure financial independence for life. **GET OUR BOOK**—it costs you nothing.

What is Mechano-Therapy?

Mechano-Therapy is the art, or science, of treating disease without drugs. It is similar to Osteopathy, but far superior, being the latest, up-to-date method of treating disease by the Natural Method. It heals as Nature heals—in accordance with Nature's laws.

The Mechano-Therapist is a drugless physician and a bloodless surgeon. His medicines are not drugs, but scientific combinations of food, circumstance, idea, water and motion.

The Mechano-Therapist is skilled in compelling the body **TO DO ITS OWN HEALING** with its own force, rather than with poisonous drugs of the old school practitioner.

CAN I LEARN IT?

Have you asked yourself this question? We answer, unhesitatingly, **YES.**

If you have so much as an ordinary, common school education, you can learn.

If you have the ambition to better your condition—to earn more money—to have more leisure—you can learn.

Nor does this require years of patient study to learn Mechano-Therapy—we can teach you in a very short time, so that you may enter this profession—and when you do, you begin to make money. No text books are required, beyond those furnished by us. We supply all lessons and necessary text books free of cost to you. No apparatus is used. You do not even need a place to work. All you require is your two hands.

A Personal Word

From the President of the College.

Have you ever thought of going into business for yourself?

Then send for my **FREE** book. It will tell you how others are enjoying a life of luxury, while putting money away in the bank. How **YOU** can not only gain independence, but be a benefit to humanity and a highly respected citizen with an income of \$3,000 to \$5,000 a year.

All I ask is that you send me the coupon below for my **FREE** book. You can then decide, in the privacy of your own home whether you wish to embrace the opportunity which I offer you, or whether you will continue to plod along the balance of your days slaving for others.

We Teach You in Your Own Home

We can teach you an honorable and profitable profession in a few months, which will insure your financial independence for life. We can make you master of your own time—to come and go as you will—an honored and respected citizen, with an income of \$3,000 to \$5,000 a year. We teach you this pleasant, profitable profession by mail, right in your own home, at your own convenience, and without interfering with your present duties. It makes no difference how old you are, any person—man or woman—with just an ordinary common school education, can learn Mechano-Therapy. It is easy to learn and results are sure.

It is simply drugless healing. A common-sense method of treating human ills without dosing the system with poisonous drugs—that's all. We have taught hundreds of men and women who were formerly clerks—farmers—stenographers—telegraph operators—insurance agents—railway employes—in fact, of nearly every known occupation—old men of 70 years who felt discouraged and hopeless—young men of 20 years, who never had a day's business experience—salaried men, who could see nothing in the future but to become Olerized—laboring men, who never realized that they had within themselves the ability to better their conditions. Write for our **FREE** book, which explains all—today.

Cut Out This Coupon and Mail It Today

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GENTLEMEN:— Please send your book, "How to become a Mechano-Therapist," free of cost to me.

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My Post Office.....

R. F. D. or St. No. State.....
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in Mechano-Therapy for Ambitious Men and Women

No matter what your occupation may be Mechano-Therapy offers you a new uncrowded field for improving your social position and money-making powers. Hundreds of men and women in all walks of life have taken up Mechano-Therapy and many of them are today independent, earning big money and gaining social prominence in their communities.

If You Possess a Common School Education

Mechano-Therapy Holds Out Equal Opportunities for Men & Women to Earn Big Money

The earnings of the Mechano-Therapist are limited only by the amount of time given to the business. Every community offers plenty of business opportunity for the energetic workers to establish themselves in money-making positions.

Age is No Bar to Your Success

SIMPLY SEND THE COUPON FOR THIS FREE BOOK



Try to realize what this opportunity means **TO YOU.** If you are contented, and willing to drudge for others all your life for a mere pittance, our proposition may not interest you. But if you have a spark of manhood or womanhood left—any ambition whatsoever to improve your condition socially and financially, learn this pleasant profession. It will make you independent for life. *It is so easy—so VERY easy—to get all the details—without trouble or expense. Simply sign and send us the coupon now.*

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Dept. 984, 120-122 Randolph St., Chicago, Ill.

Illustrated **BOOK**
How To Become A **Mechano-Therapist**
Sent To Any Address **FREE**



Send for this Book Today, it is **FREE**

I Will Help You To

Health-Good Figure-Rested Nerves

By Assisting Nature in a Scientific Manner



After my university course, I concluded I could be of greater help to my sex by assisting Nature to *regain* and *retain* the strength of every vital organ, by bringing to it a good circulation of pure blood; by strengthening the nerves, and by teaching deep breathing, than I could by correcting bodily ailments with medicine. It is to my thorough knowledge of anatomy, physiology and health principles that I attribute my marvelous success. I have helped over 44,000 women. I can help you to

Arise To Your Best

I have given to each woman that *satisfaction with self* which comes through the knowledge that she is developing that sweet, personal loveliness which health and a wholesome, graceful body gives—a cultured, self-reliant woman with a definite purpose, which makes her the greatest help to family and friends. She is a **Better Wife, a Rested Mother, a Sweeter Sweetheart.** She adds to the beauty of the world, thus contributing to its refinement, cultivation and education. I can help you to make every vital organ and nerve do efficient work, thus clearing the complexion and correcting such ailments as

Constipation	Irritability	Indigestion
Weak Nerves	Colds	Dullness
Rheumatism	Nervousness	Weaknesses
Sleeplessness	Torpid Liver	Catarrh

This work is done by following simple directions a few minutes each day in the privacy of your own room. In delicate cases I co-operate with the physician.

I regard medicine for reduction as dangerous, and bandages and reducing appliances do not remove the cause, hence only give temporary results. In correcting faulty habits of digestion and assimilation, I build up the strength while I am reducing, or developing you.

This is **practical common sense.**

Think it over and write me today for particulars.

Too Stout
OR
Too Thin

When every organ of the body is doing efficient work, there will be no superfluous flesh and no bony, angular bodies. I have reduced thousands of women 80 lbs., and have built up thousands of others 25 lbs. What I have done for others I can do for you. It would do your heart good to read the daily reports from my pupils. Here are some of them:

- "My weight has increased 30 pounds."
- "My kidneys are much better."
- "My eyes are much stronger and I have taken off my glasses."
- "I have not had a sign of indigestion or gall stones since I began with you."
- "I weigh 83 lbs. less, and have gained wonderfully in strength. I never get out of breath, the rheumatic twinges have all gone, and I look and feel 15 years younger."
- "I am delighted with the effect upon my catarrh."
- "Just think of it! To be relieved from constipation. Entirely free after having it for 30 years!"
- "Have grown from a nervous wreck into a state of steady, quiet nerves."
- "The relief from headache alone is worth many times the money, and I haven't had a cold since I began with you."

Write me today, telling your faults of health and figure. If I cannot help you, I will tell you so. I study your case just as a physician, giving you the individual treatment which your case demands. I never violate a pupil's confidence. I will send you an instructive booklet, showing correct lines of a woman's figure in standing and walking, free.

SUSANNA COCROFT, Dept. 71 246 Michigan Ave., Chicago

Author of "Self-Sufficiency," "The Vital Organs, Their Use and Abuse," Etc.

Miss Cocroft's name stands for progress in the scientific care of the health and figure of woman.

REMOVE YOUR WRINKLES

We have a scientific instrument which will iron them out

It has been endorsed by scores of prominent physicians who use it in their practice. Thousands of men and women have found it to be just what they need. Every sale is made on a two months guarantee. The risk is ours. Write us a postal for information, free.

The Leo Depurator Co., 23N, The Cumberland, Wilkes-Barre, Pa.



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The new method of drugless healing
EARN \$50 TO \$100 PER WEEK

Our free book tells how you can learn to detect disease and remove the cause by Howard's method of Spinal Adjustment. Positively the most simple, direct, advanced and scientific method of drugless healing. Based on correcting natural laws. Anyone can understand it; learned in spare time. Improve your social prominence and financial standing. Start now on the road to honor and success. Write for free book and special scholarship offer.

NATIONAL SCHOOL OF CHIROPRACTIC
618 W. Congress St., Dept. R 2, Chicago, Ill.

See Premium Offer Page 10



10 DAYS FREE TRIAL

We ship on approval without a cent deposit, freight prepaid. **DON'T PAY A CENT** if you are not satisfied after using the bicycle 10 days.

DO NOT BUY a bicycle or a pair of tires from anyone at any price until you receive our latest art catalogs illustrating every kind of bicycle, and have learned our unheard-of prices and marvelous new offers.

ONE CENT is all it will cost you to write a postal and everything will be sent you free postpaid by return mail. You will get much valuable information. **Do not wait, write it now!**

TIRES, Conster - Brake rear wheels, lamps, sundries at half usual prices
MEAD CYCLE CO., Dept. R-214 CHICAGO

I have corrected thousands of figures as illustrated below.

Style is in the figure and poise and not in the gown. The gown in Fig. 1 cost \$250; the one in Fig. 2 cost \$6.00.

A Good Figure is Economy and Means More Than a Pretty Face



Self-Healing by Thought Force

BY
(FREE) William Walker Atkinson (FREE)
POWERFUL! PLAIN! PRACTICAL!

The New "New Thought"

Editorial Announcement The following are some of the many new features Mr. Atkinson began in the April number. These are large subjects—too large to be limited to single Articles—and most of them will be continued through several numbers in serial form. By **Subscribing or Renewing** your subscription now you will get all the numbers in which these articles appear, and besides the full year of **NEW THOUGHT**, your dollar will bring you (without additional charge) Mr. Atkinson's valuable lessons in **Self-Healing**. (See below.)

Important Articles and Departments which began in the April "New Thought"

BY THE EDITOR :

Chips from the Old Block

Lessons in Practical Idealism

New Thought for Beginners

Subscribers Inquiry Department
(Answers by the Editor)

New Thought News

Experience Meeting
(Conducted by the Editor)



BY CONTRIBUTORS :

Principles of Mental Healing
(A series of Practical Lessons)
By Sidney A. Weltmer

New Thought for the Home
Margaret Van Norden

Philosophies of the Orient
Ralph Dysart

The Man in the Revolving Chair
(New Thought in Business)
The Business Manager

The Psychic Research and
Telepathy Department,
By the Telepathy Director.

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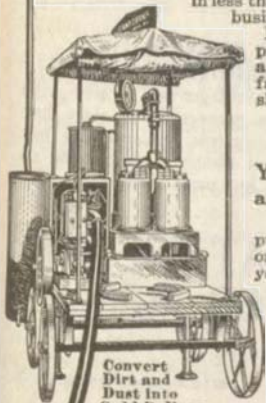
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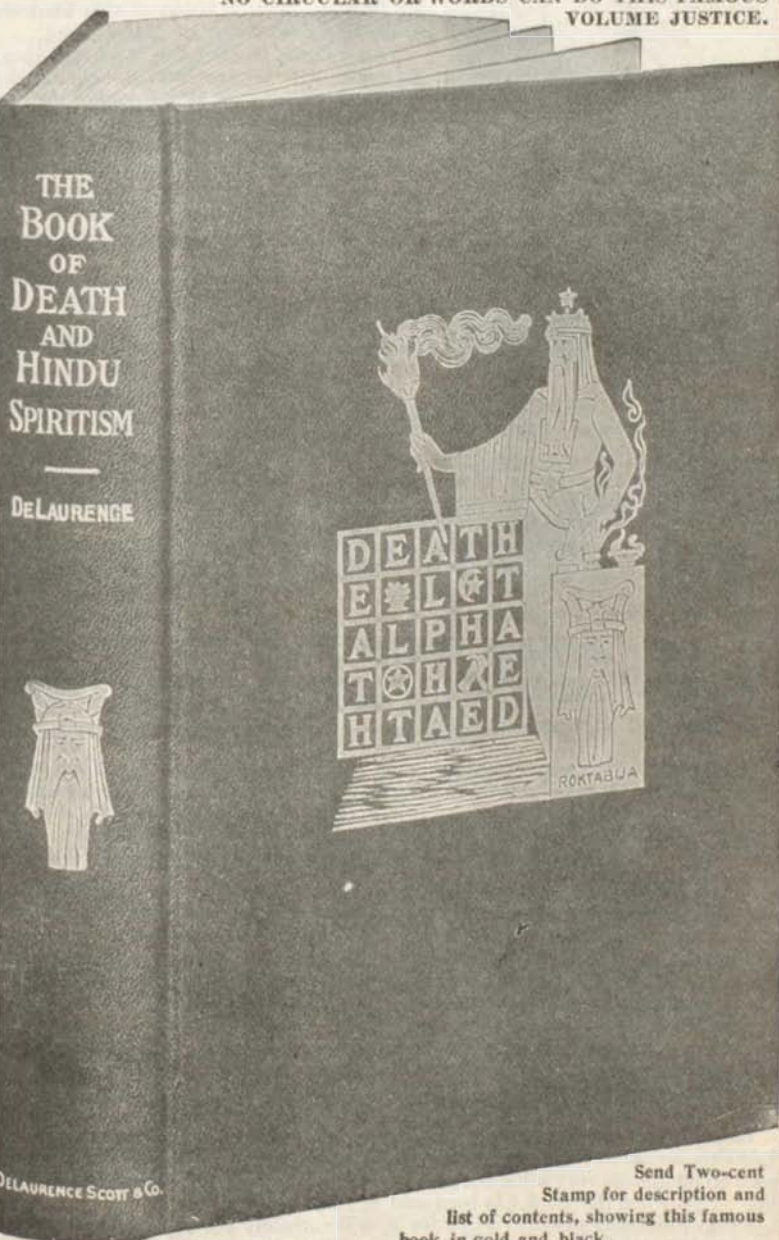
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198 Oakwood Blvd., Chicago, Ill.

Money Back if not satisfactory—You decide after using. Agents \$6 to \$18 a day. FREE SAMPLE.

Startling, but True! No more Wash Day!

New Method of Cleaning Clothes. Cleans Family Wash in 30 to 50 Minutes. Woman's Hardest Work made easy. No Rubbing. No Motors. No Chemicals

Not a Washing Machine

Does in one operation the work of Wash Board, Washing Machine and Wash Boiler.

See How Simple—DIFFERENT, EASY—Put on any stove, add water, then soap, then clothes—move knob occasionally. In 5 to 8 minutes first batch clean—next batch same way, same water—in 30 to 50 minutes family wash clean. No labor, no injury to clothes. Cleans woolens, flannels, blankets, or colored clothes, as well as white goods, finest laces, curtains, bed clothes. Saves time, fuel, labor. Saves money.

EASY WAY in 30 to 50 minutes cleans washing which before took entire day.

All metal, strong, durable, sanitary, light in weight. Easily used, cleaned, handled—always ready. Child or weakly woman can use it. Saves washday drudgery.

Users Praise the "Easy Way."

J. McGee, Tenn., writes:—"One young lady cleaned day's washing in 1 hour with Easy Way—another in 45 minutes." Mrs. T. Bullen, Canada, writes:—"I washed bedding, heavy quilts, curtains, etc., without rubbing." Lauretta Mitchell, O., writes:—"Done a big washing in 45 minutes—sold 3 already." A. D. Poppleton, N. Y.—"Gives perfect satisfaction. Washed bed quilts, greasy overalls and fine clothes. Greatest thing on earth." F. E. Post, Penna., writes:—

Two Weeks' Washing in 45 Minutes.

Clothes cleaned without rubbing." J. H. Barrett, Ark., after ordering 38 Easy Ways, says:—"You have the grandest invention I ever heard of." J. W. Myers, Ga., says:—"Find check for 12 Easy Ways. Greatest invention to womanhood, forever abolishing miserable washday. Sells itself."

Agents Getting Rich

R. O. COWAN, N. Y., placed 13 in six hours—(profit \$30). K. J. Blevins, O., writes:—"Made 7 calls, sold 5 one day"—(profit \$15.00). R. H. Latimore, Pa., writes:—"Sold 4 this morning. Never yet turned down." A. G. Witt, Pa., "Received Easy Way yesterday; sold 4 today—not out for orders." (Mrs. Gerrish, Mont., ordered sample, then 1 dozen, then 100—(profit, over \$300.00). Just made one shipment 1,000 Easy Ways to Russian agent, N. Boucher, Mass., orders 75 more says:—"Everybody wants one, best business ever had." A. S. Verrett, La., sold 8 in one day—(profit \$24.00).



FREE SAMPLE TO AGENTS

orders and appoint agents. Easy Way new article Every family wants one. People glad to see it and throw away costly wash machines to use it. profit. Price only \$6.00 ready for use. Sent anywhere. Not sold in stores. MONEY REFUNDED IF NOT SATISFACTORY. Send for Free Sample offer, special agent's proposition, etc. COSTS NOTHING TO INVESTIGATE. Send name and address, any way, for full description. Write to-day

—WE WANT MANAGERS, AGENTS, MEN OR WOMEN—home or traveling, all or part time, to show, take not worked to death. Best seller out. demonstrated; buy without being asked. Only 2 sales a day means \$36.00 a week. Order one for your own use. YOUR offer, special agent's proposition, etc. Write to-day

HARRISON MANUFACTURING CO., 1182 Harrison Building, Cincinnati, O.

SEE PREMIUM OFFER PAGE 28

Baldness and Grayness

can be cured, wrinkles removed, and all traces of age made to disappear by a hygienic treatment so simple and sure you wonder why any one should be bald or gray or bear any signs of old age. In 1,000 test cases there was not a failure. It will do the work every time. Let us tell you of it free. Complete, \$1.00.

RILEY INSTITUTE, Sulphur, Okla.

Osteopathy in a Nut Shell

Dr. Geotz's Manual tells you how to cure all diseases WITHOUT DRUGS. This is one of the many endorsements received: "Your Manual received which I like very much. I can do anything that is laid down in the book, as it is so plain." J. W. Carter. Our Prospectus and sample pages, free, tells you all about it. **NATURE'S CURE CO., Dept. S, 118 E. Liberty Street, Cincinnati, O.**

Can YOU Write Forceful English?

The ability to write **forcefully, convincingly and entertainingly** is at last within reach of all. My expert instruction, by an entirely new method, teaches you in the shortest possible time. Wonderfully simple, yet of the **highest practical utility.** A Godsend to the ambitious. Particulars for 1c. stamp.

Address **INSTRUCTOR, Drawer 290, Holyoke, Mass.**

FREE

Science of Life or how to live 100 years, 40 pages. Positive Pile and Remedy for Constipation and a number of other leaflets all free. Also free copy of "Higher Life Bulletin". **Write Postal Today. HIGHER LIFE PUBLISHING CO. 708 MAPLE ST. PASADENA, CAL.**

How to Increase Your Weight!

Improve Your Health, Gain Strength, Brain Power, Tranquil Nerves.



Kada-Yaga is a True Natural Remedy which has none of the Reactionary Effect of all Drug Medicines. If you want to become Healthy and Happy, Send for a Trial Box of Kada-Yaga.

invalid; had been under treatment of doctors for nearly two years and could not do my household work! But you would be astonished now to see me and hear the remarks friends are making of the marvelous change in my health! I tell everybody it is all due to Kada-Yaga."

C. F. Root, Plymouth, O., writes: "Kada-Yaga is the only remedy I ever found that would actually put flesh on my frame."

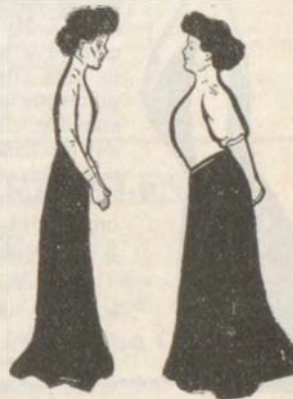
Mrs. G. S. Hamilton, Cullison, Kan., writes: "Kada-Yaga has already increased my weight 15 lbs. and freed me from gall stones. It cleared my complexion of liver spots and has greatly improved me in other respects."

Are you thin? Nervous? Weak? Do you suffer from "all tired out" feeling? Is your health not up to standard? Then get a TRIAL BOX OF KADA-YAGA at once. It is the drugless food remedy, so safe, harmless and good that it can be given to everybody from infancy to old age. It is the true proteid nutritive; indorsed by leading physicians. Wonderful in action. To be taken in milk, cocoa or other drink, or mixed in food. Agreeable to taste; acceptable to the weakest stomach. Begins its health-building work immediately. Many patrons say they feel the excellent effect the first day. Read these few extracts from thousands of testimonial letters.

Alfred Eichberg, 616 Wrightwood Ave., Chicago, Ill., writes: "I only weighed 120 lbs. when I began with Kada-Yaga; I now weigh 168½ lbs., a gain of over three pounds weekly; my friends are amazed, health greatly improved." Mrs. J. M. Cays, 308 Seventeenth St., Washington, D. C., writes: "Since I began taking Kada-Yaga I have gained wonderfully in weight and other benefits. I have now become stout and well."

J. M. Duquette, Rouse's Point, N. Y., writes: "In one month Kada-Yaga has raised my weight 18 pounds and I have proved it by U. S. mail scales here. Am a thousand times grateful."

Mrs. J. T. Keen, Alto, Ark., writes: "When I first obtained a trial box of Kada-Yaga I was almost an



Before and After Taking Kada-Yaga Treatment.

ONE HUNDRED DOLLAR GUARANTEE

Kada-Yaga is one of the most important products of modern science. It is a concentrated food which contains chiefly the albumen of purest milk and eggs with the consistent proportion of natural glyccero-phosphites. Kada-Yaga is a wonderful producer of pure, healthy flesh and blood. It alters the condition of the user from that of weakness to strength. It is the best and truest drugless tonic for children, growing boys and girls; young, middle-aged and very aged men and women. It is the ideal strengthening food for mother and child. It calms the nerves to peaceful tranquillity and at the same time has a remarkably exhilarating and cheering effect.

I want YOU to prove the great value of Kada-Yaga for yourself. I will send you a week's supply—a box full of Kada-Yaga—so that you can have the opportunity to see what it will do for YOU. I shall mail you this box, carefully packed, postpaid, on receipt of only 10 cents silver or stamps. I tell you, honestly, that this does not pay my actual cost, but I expect you to be so surprised and delighted that you will order a larger box and that, when you find you are increasing steadily in weight and improving in health, you will recommend Kada-Yaga to your friends.

I, William J. Thompson, hereby offer a reward of \$100.00 to any person who will show that Kada-Yaga contains alcohol, quinine, nux vomica, strychnine, aloin, zinc, arsenic or any other noxious drug, and I also offer a special REWARD OF ONE HUNDRED DOLLARS to any physician, chemist or other scientist who can prove that, in principle, Kada-Yaga is not capable of increasing the weight safely and with comparative quickness, as well as improving the health.



What Kada-Yaga Does for Thin Women.

Do not delay. Send the trifling sum at once. If you do not gain at least a pound through the use of this trial week's supply box, you need only ask me to return your dime and I will promptly do it. And you will know that if you gain weight and improve in health during the first week, you will continue! Now please do not put this aside. Think of yourself and consider other family members or close friends whom you can benefit. Write to-day and you'll very soon be glad. Address:

THIS COUPON
IS GOOD FOR
Six Days' Supply of KADA-YAGA.

This certificate with 10 cents to help defray distributing expenses, is good for one box containing six days' supply of Kada-Yaga.

WM. J. THOMPSON
627 to 649 W. 43d St., F 1, New York, N. Y.

WM. J. THOMPSON, 649 W. 43d Street, F 1, New York, N. Y.

A PERFECT BUST

I HAVE A TREATMENT WHICH
WILL DEVELOP THE BUST

SAFELY—SURELY—SWIFTLY



Women's greatest charm, not beauty of feature but a well-developed bust, shapely shoulders and plump neck. Every woman owes it to herself to improve her appearance. My treatment has created a genuine sensation in this city by correcting numerous bad cases of long standing without massage or any mechanical devices. My method is of vital interest to all thin women. The development is lasting and reaches 2 to 8 inches in 30 days.

FREE—Full directions and sufficient of the remedy to show what it will do, will be sent plain sealed for 4 cents postage. Address

MME. T. MARSAY, Birmingham Bldg., CLEVELAND, O.

The Telelectron

A new, scientific, electro-therapeutic appliance, demonstrating a principle which has been fruitlessly sought after by thousands of previous investigators.

By the use of the **TELELECTRON**, concentration of thought is attained and the **cure of disease made certain.**

The **TELELECTRON TREATMENT** is especially indicated in those obscure, but none the less serious, neurotic conditions which cause worry, restlessness and irritability, and of diseases such as constipation, insomnia and periodic neuralgia which follow.

The Mind is Master. Each one of the millions of living cells in the body is connected with the brain and receives its stimulus therefrom.

The many-sided activities of modern life tend toward neurasthenia and its inevitable reactions. The **TELELECTRON** restores the normal co-ordination of the brain-cells, resulting in the reconstruction of the normal functions of the body-cells.

The **TELELECTRON** performs no miracles but commends itself to all intelligent people. Do you wish for abundant health and success? Write at once for particulars and be convinced.

The Telelectron Company, Limited, 109 Metcalfe St., OTTAWA, CAN.

ALL FOR 15c

THOUGHT FORCE

is a wonderful factor in healing disease. Professor Horatio Dresser, of Harvard College, has written "A Message To the Sick". It tells how to heal one's self by Thought force, how to avoid leakage of nerve energy, etc.

Partial Synopsis: Cases of People Healed by Thought Power—How to Draw Help from the Inner Source—Leakage of Nerve Force—How to Avoid It—The Healing Power Within and How One Woman was Helped by it—These Methods Practical.



AMERICAN NEW LIFE

Quarterly magazine of health and progress. Edited by William E. and Elizabeth Towne. Contains brief, practical, helpful articles upon self-healing and self-development.

Reviews and notices of all the latest and best progressive books in each number. **Books at Bargain Prices** in almost every number. Dr. Denoll, the Boston astrologer, conducts a department containing daily predictions. He tells what days are good, according to astrology, for business, travel, social intercourse, etc. Send only 15c for **American New Life** one full year and a copy of the above book.

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We teach the only scientific method of character delineation, with **RULES for Self Development**, by scientific method. Are you satisfied with yourself? Is there any way in which you feel the need of improving your mind or personality? We teach you to develop your own latent powers and to read the character of others. **SEND ONE DIME** for trial character reading. Let us prove that we can not only teach you to analyze yourself and others but to develop and recreate your own mind and personality. Write today.

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Hair Like This

FREE Let me send you a remarkable treatment for Baldness, Dandruff, Gray Hair, etc., at my own expense. It will surprise and delight you. Write today to **WM. CHAS. KEENE, President, Lorrimer Institute, Dept. 2811 Baltimore, Md.**

YOGA AND BHAGAVAD GITA

CORRESPONDENCE COURSE BY SAKHARAM GANESH PANDIT, B. A. (BOMBAY, INDIA) Telephone: Midway 1397. Lessons mailed every Thursday. Price \$2.50 weekly or \$25.00 a year. For further information address: School of Applied Philosophy and Oriental Psychology, Dept. C, 6500 Lexington Ave., Chicago, Ill. Lectures at same address: Sundays at 3:30 P.M. (Free). Monday and Friday evenings on Yoga and on the True Christian Religion respectively.

\$1,000 REWARD IF SHE FAILS WRINKLES

New Thought Free Beauty Coupon—Good Tomorrow for This World's Most Famous Beauty Specialist

An opportunity is now offered every reader of this paper to consult the world's most famous beauty specialist, Harriett Meta, of Paris, London, and Syracuse, absolutely free.

A little over three years ago there was nothing known which, in our judgment, would actually remove wrinkles, but at that time Mlle. Meta made the important discovery which has since made her famous in two Continents.

She demonstrated the great power of her new process by taking her own wrinkles out with it in three nights, after face massage, masks, straps, staining pots, etc., had all failed, and today Mlle. Meta's face is still free from wrinkles, her cheeks full and plump and her skin and complexion is a delight to behold. In fact, by many she is considered the most beautiful woman in all Paris.

Her remarkable discovery was brought before the judges of the Paris International exposition and the Rome Exposition Internationale for their investigation, and in both instances they quickly awarded her Gold Medals thereon. The French government also honored her with a patent on her new process, and patents are now pending before the United States government at Washington.

London journals sent their Beauty Editresses to investigate her methods, and their high endorsements of her discoveries made her famous almost overnight, so that she was eagerly sought after by French Countesses and English Ladies of high title and rank. The Beauty Editress of the London Onlooker wrote: "An interview with Mlle. Meta left me persuaded that here at last might be found the secret to restore youth and beauty."

Many of those who have used her process report most astonishing results. Mrs. Mary J. Davis of East St. Louis, Ill., says: "My wrinkles were very deep and of long standing, so you can imagine my surprise when, after only two applications, they entirely disappeared." Mrs. L. E. Haskell of 2502 Clay street, San Francisco, writes: "I am fifty years old. Consequently my wrinkles were of long standing and I had not thought it possible to erase them, but now when I view my changed reflection in the mirror I can scarcely realize the transformation that has been wrought."

Es. M. A. Edwards of 528 Fayetteville street, Raleigh, N. C., says: "Since using the Treatment I look younger than I did twenty-five years ago." Es. M. L. Lee, 704 E. Marshall st., Richmond, Va., writes: "I used the treatment one night and it succeeded in entirely removing my wrinkles, leaving my face as soft and free from lines as a child's." Miss Henrietta Jackson of 9 Melville Bldg., Pittsfield, Mass., says: "Your treatment is a Godsend to womankind. I wish every woman could know as I know the wonderful results which are produced by your treatment."

Since Mlle. Meta made her remarkable discovery imitators have naturally sprung up all over the country. Some of them have copied Mlle. Meta's advertisements and literature to such an extent that the public is often at a loss to distinguish the imitation from the real. We are, therefore, authorized to announce the following remarkable offer, which can not fail to convince you as to who is who.

Mlle. Meta will forfeit \$1,000.00 in Gold if she fails to prove that she holds nine Gold Medals and three Grand Prix on her discoveries from international exhibitions. She will forfeit \$1,000.00 in Gold if any one can prove that she did not take out her own wrinkles with it in three nights exactly as she claims. She will forfeit \$1,000.00 in Gold if every testimonial and sworn statement which she publishes is not absolutely genuine. She will forfeit \$1,000.00 in Gold if any one can show advertisements similar to hers published in any Newspaper or Magazine in the United States or Europe prior to the publication of her advertisements.

Arrangements have been made with Mlle. Meta to furnish free information in regard to her marvelous process for removing wrinkles to all New Thought readers. Merely cut out and send her the Coupon below and you will receive free particulars by return mail in a plain sealed envelope. You can use this remarkable process in the privacy of your own home without the knowledge of even your most intimate friends. It often works astonishing wonders in a single treatment over night.

WRINKLES

Cut out this Coupon today and mail it to the world-famous beauty specialist, Harriett Meta, Suite 10C Syracuse, N. Y., for Free Information in regard to her marvelous discovery for removing wrinkles. Good to all New Thought readers.

New Thought Free Coupon.



\$20 to \$35 AND EXPENSES WEEKLY

At home or traveling, all or spare time, Easily Earned.

GET MONEY—I DID—GOT \$301.27

worth of plating in two weeks, writes M. L. Smith, of Pa. (Used small outfit.)

George P. Crawford writes:—"Made \$7.00 a day." J. J. S. Mills, a farmer, writes—"Can easily make \$5.00 a day plating." Thos. Parker, school teacher, 21 years, writes—"I made \$9.80 profit one day, \$9.35 another." Others making money—you can do the same.

Costs Nothing to Investigate. Write Today.

LET US START YOU in the Gold, Silver, Nickel and Metal Plating business. \$5.00 to \$15.00 a day can be made doing plating with Prof. Gray's new line of guaranteed Plating Outfits. Unequaled for plating watches, jewelry, tableware, bicycles, all metal goods.

Heavy plate. Warranted. No experience required. We do plating ourselves. Have years of experience. Use same materials we sell. Materials cost about 10c to do \$1.00 worth of plating. Manufacture the only practical

outfits including all tools, lathes and materials. All sizes complete. Ready for work when received. Guaranteed. WE TEACH YOU the art, furnish recipes, formula and trade secrets FREE. THE ROYAL, Prof. Gray's New Immersion Process. Quick, Easy. Latest method. Goods dipped in melted metal, taken out instantly with fine, brilliant, beautiful plate, ready to deliver. Thick plate every time. Guaranteed 5 to 10 Years. A boy plates from 100 to 200 pieces tableware daily. \$10 to \$30 worth of goods. No polishing, grinding or electricity necessary. DEMAND FOR PLATING IS ENORMOUS. Every family, hotel and restaurant have goods plated instead of buying new. It's cheaper and better. Every store, jeweler, shop, factory, has goods needing plating. Agents have all the work they can do. People bring it. You can hire boys cheap to do your plating, the same as we, and solicitors to gather work for a small per cent. Replating is honest and legitimate. Customers delighted. WE ARE AN OLD ESTABLISHED FIRM. Been in business for years. Capital, \$100,000.00. Know what is required. Our customers have the benefit of our experience, so that failure is next to impossible. WE ARE RESPONSIBLE and guarantee everything. Reader, here is a chance of a lifetime to own and have a business of your own. WE START YOU. Now is the time to make money. CALL OR WRITE TODAY. Our new plan. Samples of plating, testimonials and circulars FREE. Don't wait. Send us your address anyway.

GRAY & CO. PLATING WORKS, 1328 Gray Building, CINCINNATI, OHIO

When writing to advertiser please mention NEW THOUGHT.



A Beautiful, Natural Complexion in Twenty Minutes

Wrinkles, sallowness, muddiness, pimples, red veins, and other blemishes removed from the face as if by magic, succeeded by the natural beautiful color of healthy girlhood.

Cases of Acne positively cured.

Hulda Thomas' Facial Treatment

is one of the greatest discoveries of the age so far as women are concerned because it assures a beautiful girl-like complexion to any woman, no matter what the present condition of her complexion may be.

No paints—no powders. Just a simple application requiring not more than a minute's time. Immediately, there starts a free flow of blood through the skin and tissues of the face, bracing the sagging muscles, taking away the poisonous matters and leaving the skin as clear as a crystal, and with a color rarely seen except in youth. Absolutely harmless to the most sensitive skin.

I am willing to send enough of my treatment for three applications with full instructions how to use it upon receipt of **50 cents**. I would like to make this a free offer, but the ingredients are imported and very expensive. However, if

you are not entirely satisfied with the results of the three applications, you have only to write me and have your money returned.

FREE CONSULTATION I would like every woman who can arrange to do so, to call at my studio between one and four any afternoon. I will conclusively prove to them that by means of my facial treatment, I can bring a natural, beautiful color to any face and also remove any blemishes that may exist.

Beautiful Lashes and Eyebrows enhance the ugliest eyes and make them appear gloriously large and lustrous. I have a treatment for the lashes and eyebrows which will make them grow like weeds. You can see the improvement in one week. Absolutely harmless.

Complete treatment \$3.00.

Do Not Let Your Hands Grow Old They will betray you. If you will use my Special Massage Cream for the Hands and Arms, all traces of age will disappear, leaving them marvelously white and plump.

Price \$1.00 a tube.
\$5.00 a one pound jar.

HULDA THOMAS, 2131 Broadway (Near 74th St.) New York City
Address all communications to **LABORATORY "A" 522 W. 37th St., New York City.**

SEND FOR MY BOOK STRONG ARMS

10 CENTS IN STAMPS OR COIN

For Men, Women or Children

Illustrated with twenty half-tone cuts comprising original and complete lessons for quick development of shoulders, arms and hands, especially adapted to be practiced in your own room without apparatus. Regular price, 25 cents.



IN ADDITION TO THIS if you will send for one at once, I will make you a present of a chart which alone is worth more than what you pay for the "STRONG ARM BOOK." The chart shows my new method for building up a great chest, heart and lungs.

I WILL ALSO BE PLEASED to answer any questions pertaining to the development or reducing of any other part of your body without additional charge.

PROF. ANTHONY BARKER

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Individual Instruction for Health and Strength at my Select Gymnasium or by mail. Particulars on request.

You Must Eat To Live.



Nothing will take the place of material food if you want to keep the material body in repair. The Creator gives the normal animal intelligence enough to feed itself and expects it to use it; otherwise the body will be destroyed. When you come to consider necessary foods, Kohe, in Textbook of Hygiene, gives: (1) Water; (2) Salts; (3) Proteids; (4) Fats or carbohydrates. Currier, in Practical Hygiene, gives: (1) Water; (2) Salts; (3) Albumins; (4) Fats and Oils; (5) Starch and Sugars. Dr. Henry Reed Hopkins, president of the Medical Society of New York, in an article on the Mineral

Nutrients, says that Air is the most important food, Water the next in importance, and Salts the third, the three constituting Class One. The reason is plain: A person can live but a few seconds without air, a few hours without water, and a few days without the mineral nutrients. A person will die in less time when fed on food from which the salts have been largely extracted than when given no food at all.

The absence of the mineral nutrients in part, so that the necessary proportions in the animal body are disturbed, causes disease, and that kind of disease which only the restoration of the equilibrium will cure. Nature cannot heal because her supplies are wrong. She will cure as soon as she gets the needed supplies in usable form.

The Ensign Remedies are composed of mineral nutrients in usable form. Taken into the body they are readily assimilated, and are used promptly in the restoration of tissue waste. They are the most important foods in the world where there are diseased conditions—nothing can possibly equal them. If you want to know more about the Remedies write us today for our literature. We cure all diseases. There are incurable cases, where the body has been so destroyed that it cannot be repaired—but these are comparatively few. Write us for booklets on General Diseases, Private Diseases, Women's Diseases, Varicose Veins and Varicocele. They are free to all.

ENSIGN REMEDIES CO.,

Department N.

Battle Creek, Michigan.

Canadian Office: Windsor, Ont.

AGENTS SPEND 1 CENT Earn \$6 to \$12 a Day! FREE FUEL—AIR BURNER!

REMARKABLE PATENTED STOVE, COOKING OR HEATING—CONSUMES 395 BARRELS AIR TO ONE GALLON COMMON COAL OIL.

Air now burned in this wonderful Stove is free to rich and poor alike. No trust in control. This VALVELESS, WICKLESS, AUTOMATIC OIL-GAS and AIR-BURNER STOVE, automatically generates gas from kerosene oil, mixing it with air. CHEAPEST FUEL, INTENSE HEAT. Heat concentrated under cooking vessels and absorbed by articles being cooked or concentrated under Radiator and distributed throughout room.

Not Like Those Sold in Stores

Ideal for roasting, cooking, baking, ironing, canning fruit, etc. In Winter use Radiator for heating houses, stores, rooms, etc.—always ready. No more carrying coal, kindling, ashes, soot and dirt. To operate—turn knob—oil runs into burner—touch a match; it generates gas which passes through air mixer, drawing in about a barrel of air to every large spoonful of oil consumed. That's all. It is self-regulating, no more attention.

Same heat all day or all night. For more or less heat, simply turn the knob. There it remains until you come again. To put fire out, turn knob, raising burner—oil runs back into can, fire's out. As near perfection as anything in the world. Not dangerous like gasoline. No dirt, soot or ashes. No leaks, nothing to clog or close up. No wick—not even a valve, yet heat is under perfect control.



Heater and Cooker or Heating exclusively

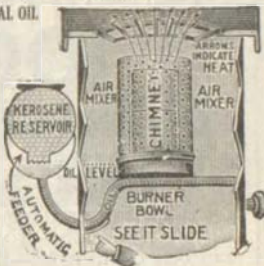
D. CARN, IND., writes: "It costs only 4½ cents a day for fuel." L. NORRIS, VT., writes: "The Harrison Oil-Gas Generators are wonderful savers of fuel, at least 50 to 75 percent over wood and coal." E. ARNOLD, NEB., writes: "Saved \$4.25 a month for fuel by using the Harrison Oil-Gas Stove. My range costs me \$5.50 per month, the Harrison \$1.25 per month." WM. BAERING, IND., writes: "We warmed a room when it was 10 below zero with one Radiator." Rev. WM. TEARN, ME., writes: "This morning 16 below zero—soon after lighting Harrison Oil-Gas Stove temperature rose to summer heat."

Absolutely safe from explosion. Not dangerous like gasoline. Simple, durable—lasts for years. Saves expense, drudgery and fuel bills.

Give this Stove a trial. Send no money—only send your name and address. Write to-day for full description, thousands of testimonials. Our 1910 Proposition. Circulars FREE.

All Sizes. Prices Low, \$3.25 and up. Sent to Any Address.

THE WORLD MANUFACTURING CO., 543 World Bldg., CINCINNATI, OHIO



Sectional Cut of Generator

Exciting Business for Agents

Men or Women, at home or traveling, all or part time—showing—taking orders—appointing agents, etc. Messrs. Head & Grazer, Texas, writes: "Enclosed find order for \$81. Rush. Sell like hot cakes. Sold 50 stoves in our town." B. L. Heusted, Mich., writes: "Been out 1 day and sold 11 stoves." This patent new, Nothing like it. Demand enormous. Agents reaping great harvests. Where operated people stop, look, get interested, want to buy at once. Show dozen, sell ten. Write to-day for special Agents' new plan. Send no money. World unsupplied. Get in early for territory.

Some of the Newest Books

BOOKS A WOMAN WILL DELIGHT IN.

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New Thought in its highest form—New thought which teaches that path to attainment—whether material, mental or spiritual—has its beginning in a rehabilitation of the inner self, and a conscious use of the finer forces. The book is beautiful, serene, confident and tender. It goes with you as a guide and teacher, counseling, upholding, encouraging, illuminating. It opens the way for us into the very "heart of being"—takes us into the quiet center of things and shows us how to listen and be still; how to understand and realize; how to express and demonstrate! Beautifully bound.

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A teaching as old as the race itself, and known to the advanced minds of every great civilization of the past. Occult, in the high and spiritual sense, and intended for students interested not only in the development of material power and knowledge, but in the subtle application of the inner higher power. 21 Lessons.

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This supplementary book (109 pages) contains the celebrated formulas, or methods of the Arcanes, in the shape of exercises, actual methods, etc., relating to the "Arcane Secrets." The information can be obtained from no other source and has never before been printed in English.

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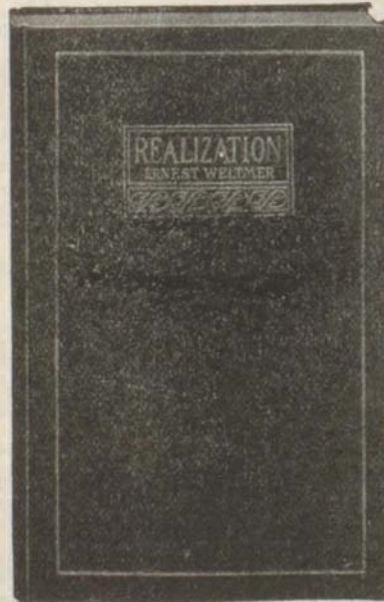
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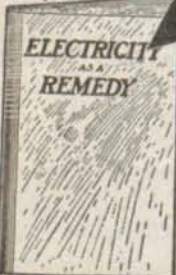
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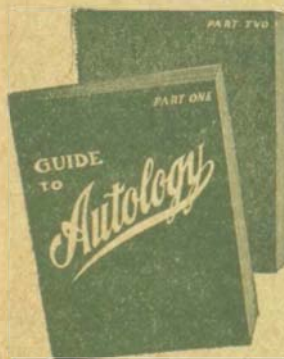
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A Lesson In Success With A Point

Analyze Yourself. Ask yourself these questions



HAVE I found my profession? Am I the servant or master of my work? Does it get more of me than it gives in return? Does it bring me joy or pain? Is my Heart, Head and Hand in my work? Can I make a living? Am I a success? What is the answer, *yes* or *no*? If it is *yes*—then stick to it, for you have found your work. But if it is *no*—*Quit it!* Do not try to find the reason for your failure—it may be too much competition—or too little demand, or too great a tax upon your strength—it does not matter what the reason—it is *not* your work. *Forget it! Get out!* Wipe the slate clean and start over. The world is good and there is a place in it for everybody. Your work is waiting for you somewhere. *Find it!* Decide what you want and go after it! Concentrate your forces—combine heart, head and hand—start all your energy flowing toward that which you want and it will come rushing to meet you. Find your work and the rest will follow. The Failure will always complain: "Other men are successful—why not I?" Here is the answer—*Find Your Work!*

Begin Your Search Today

The first principle of success is to *do* the thing *today*. Don't wait till tomorrow, or till circumstances are better; for every moment you hesitate the more surely you become a victim of circumstances. Determination and Action are the weapons with which to conquer adverse circumstances. Do not yield a single day to circumstances, but force circumstances to yield to you. *Sponge the slate clean and then wash it.* Make the sacrifice and you have taken the first positive step toward success. Resist adversity at every step. Conquer it and you have changed a negative failure into a *positive, irresistible, success-compelling, entity.* Apply the moist sponge and do it **NOW.**

Work For Eight Thousand

In twelve years The Weltmer Institute has graduated eight thousand successful men and women who are devoting their whole time to restoring their less fortunate fellow beings to health. Their success rests upon one single basic fact—*They Get Results.* Financial success is the natural result and is to them a secondary consideration, for they get joy out of their work because they bring joy to others. And this leads up to a great truth: "*There is no success unless you get joy out of your work, and to get joy you must share it with others.*"

There is no greater joy than that of restoring vision to the sightless eyes, sound to the deafened ears, speech to the silent tongue, and peace to the tortured mind and body of a suffering fellow creature. We have experienced this joy countless numbers of times. Our graduates have experienced the same joy. Success follows naturally. Blessed is he who has found his work. Which is only another way of saying, The man who has found his work is **Healthy, Happy and Successful.**

Good Location Guaranteed

Upon leaving our sanitarium many healed patients want to take one of our graduates home with them, that their friends may have the benefits of our system of treatment, which

is only natural, for when any of us find something good we desire to pass it along to our friends. And we agree to supply such applicants with a competent graduate upon condition that he furnish us a written guarantee of a sufficient number of regular patients to insure the graduate \$50.00 for the first month and his personal influence in securing other patients. The responsibility of the parties signing these guarantees is investigated by us and the graduate before being considered. We in turn keep faith with our former patients by sending the most competent practitioners we have.

The Opportunity—What It Costs

On April 15th the enrollment will open for a class beginning May 9th and continuing for fifteen weeks—ending August 16th. Into these fifteen weeks there will be crowded 5 regular daily lectures, beside—Clinics (three per week)—Recitations From Text (10 per week), Evening Class Psychic Research (2 per week), and Quizzes and Examinations at the end of the 10th and 15th weeks. This Course is so thorough that those successfully completing it will be able to practice Suggestive Therapeutics intelligently and successfully. A Certificate will be granted them which will qualify them for membership in all ethical Drugless Healing Societies and entitle them to the selection of their choice of one of the many guaranteed locations. The tuition for the complete 15 weeks course is \$150.00—no extra charge for text books—use of reference library or Psychic Research Classes—credit given for tuition, previously paid to the school.

A liberal estimate of the total cost of tuition, board, room and incidentals does not exceed \$225.00.

An Added Opportunity

The special advantage of enrolling in this course lies in the fact that immediately after its close the National Association of Suggestive Therapeutics will hold its Third Annual Convention in Nevada, and you will have an opportunity to meet, mingle with and talk to all the greatest men and women in the New Thought, Metaphysical and Drugless Healing work. The Convention and Chautauqua will attract the brilliant minds and hundreds of your fellow workers from all over the country and their experiences will be as beneficial to you as many weeks of actual practice. The present indications are that more than 600 people will attend this meeting and every state in the Union has pledged delegations to represent them in the convention. Think what it would mean to you to hear such men and women as William Walker Atkinson, Benjamin Fay Mills, Elbert Hubbard, Ernest Yates Loomis, Henry Frank, Elizabeth Towne, Ella Wheeler Wilcox, Ida Gatling Pentecost, Louise Radford Wells, and more than a score of others, talk for one solid week on subjects vitally interesting to you. There is more in meeting and listening to these people than can possibly be gotten out of reading their articles and books.

A sufficient number of these brilliant New Thought people have already promised to come to insure an over-crowded program.

Convince Yourself

Naturally you wish some proof that the facts concerning this opportunity are as herein stated and it is only fair and just that you be supplied with a means of verifying them.

Here Is a Way to Do It

Write at once to the Weltmer Institute and request a list of the successful graduates now practicing in your own and neighboring States. (The list will be gladly furnished.) Then call upon or write them about their success and the efficiency of the Weltmer Institute to teach Suggestive Therapeutics. When writing for the list also request further particulars regarding the Course beginning May 9th, and the Convention which follows it.

Address Information Department, Weltmer Institute, Nevada, Mo.

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You Can Learn in Class or By Mail.



Are you tired of working for wages which barely keep body and soul together? Have you the ambition to enjoy the profits of your own labor? To gain social prominence and financial independence? To go forth among your fellow men with your head up—an honored and respected citizen of your locality?

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Entitled "How to Become a Mechano-Therapist." It tells how every man and woman, with an ordinary, common school education, can acquire a profession within a few months which will insure financial independence for life. **GET OUR BOOK**—it costs you nothing.

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Mechano-Therapy is the art, or science, of treating disease without drugs. It is similar to Osteopathy, but far superior, being the latest, up-to-date method of treating disease by the Natural Method. It heals as Nature heals—in accordance with Nature's laws.

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The Mechano-Therapist is skilled in compelling the body TO DO ITS OWN HEALING with its own force, rather than with poisonous drugs of the old school practitioner.

CAN I LEARN IT?

Have you asked yourself this question? We answer, unhesitatingly, YES.

If you have so much as an ordinary, common school education, you can learn.

If you have the ambition to better your condition—to earn more money—to have more leisure—you can learn.

Nor does this require years of patient study to learn Mechano-Therapy—we can teach you in a very short time, so that you may enter this profession—and when you do, you begin to make money. No text books are required, beyond those furnished by us. We supply all lessons and necessary text books free of cost to you. No apparatus is used. You do not even need a place to work. All you require is your two hands.

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From the President of the College.

Have you ever thought of going into business for yourself?

Then send for my FREE book. It will tell you how others are enjoying a life of luxury, while putting money away in the bank. How YOU can not only gain independence, but be a benefit to humanity and a highly respected citizen with an income of \$3,000 to \$5,000 a year.

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We can teach you an honorable and profitable profession in a few months, which will insure your financial independence for life. We can make you master of your own time—to come and go as you will—an honored and respected citizen, with an income of \$3,000 to \$5,000 a year. We teach you this pleasant, profitable profession by mail, right in your own home, at your own convenience, and without interfering with your present duties. It makes no difference how old you are, any person—man or woman—with just an ordinary common school education, can learn Mechano-Therapy. It is easy to learn and results are sure.

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Korstad, (Minn. farmer), sold \$2,212.13 in 2 weeks; Zimmerman, (Ind. farmer), sees great opportunity---starts---succeeds---sells farm---result: orders \$3,856 in 39 days. Why shouldn't Cashman write: "The person who can't sell it couldn't sell bread in a famine. Send 48 more." But listen! Rasp (Wis. Agent), sold \$1,685 in 73 days; Oviatt (Iowa Minister), \$800 first 11 days, \$4,000 to date; Rogers (Kan. Surveyor), \$2,800; Hoard (N. D. Doctor), \$2,200. Rogers writes: "Selling baths got me one piece of property, expect to get another." Miss Edwards of Nev. writes: "Sold 15 one afternoon. Everybody thinks apparatus finest thing." Reese (Pa., carpenter), "Canvassed 60 people---got 55 orders." Beem (Kan.), "I averaged \$164.25 weekly for 3 months. Undoubtedly best line on the market."

If \$3,000 to \$10,000 yearly Appeals to you do in your locality as they did in theirs. Here's the secret---no trick at all. Simply get busy equipping farm, town and city homes with Allen's Portable Bath Apparatus. Just think! Gives every home a modern bathroom for \$6.50; all others \$150 yet do less. Really could anything be more popular, irresistible, easy to sell? Unquestionably best thing ever happened for agents. Who doesn't want a bathroom at this insignificant price---Who couldn't sell 6 to 12 daily? Think of



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Send no Money but do Investigate. Meet us that far anyhow. Not "some other time," but now. You may not see this ad. again. Mad race for appointments. Let nothing delay. Risk 1 cent Now---a postal---for free yet valuable data, sworn-to proofs of phenomenal success---personal trial offer. You will forever after associate this act with prosperity.

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Space here will not permit me to say all this great book contains for those who would be benefited by knowing its contents. I can only say that I have succeeded in writing a book—a treatise that is valuable as a reference book, that the doctor can refer to for information or the sufferer for advice. The facts which I present are the result of personal contact with thousands of the most complex derangements of the eye, ear, nose and throat. If you know of a friend or relative who is afflicted with eye, ear, nose or throat trouble, recommend my book. It is not to be supposed that the well can fully sympathize with the sick. They would have to feel every pain of mind and body which the sick endure, but the well can and should do their part in aiding those who are afflicted. **Send for my book today for yourself or a friend.**

I have only a limited edition—I want it to go as far as possible in spreading the glad news that there is help for those threatened with blindness and deafness, and the knowledge contained in my book, if imparted to those so afflicted, may be the means of restoring them to healthful sight and hearing. I impose no obligations on this information; I ask no favors from anybody. I simply want interested people to get my book. It is free for the asking. Write for it TODAY.

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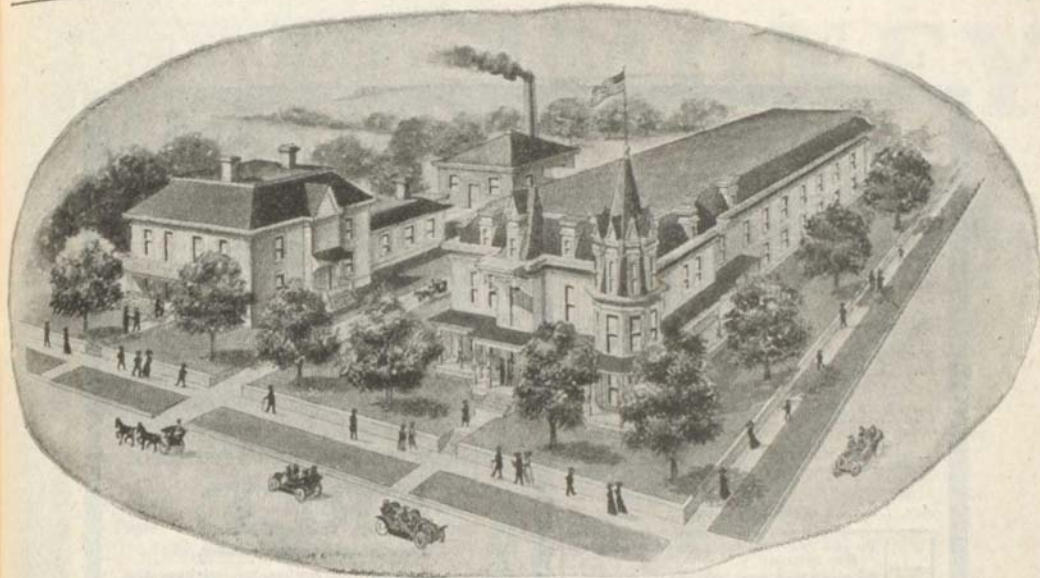
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My Address
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City

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Age..... Married or single.....

- | | |
|--------------------------|---|
| <input type="checkbox"/> | Do you have any diseases of the digestive system? |
| <input type="checkbox"/> | Do you bloat after eating? |
| <input type="checkbox"/> | Are you constipated? |
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| <input type="checkbox"/> | Do you have headaches? |
| <input type="checkbox"/> | Is there pain on the top of your head? |
| <input type="checkbox"/> | Are you easily excited? |
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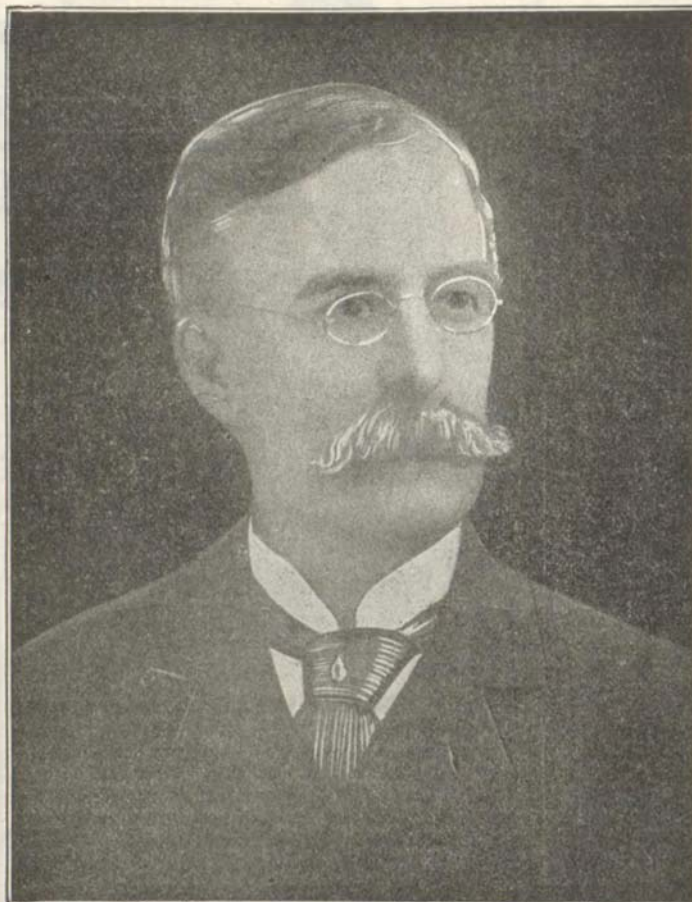
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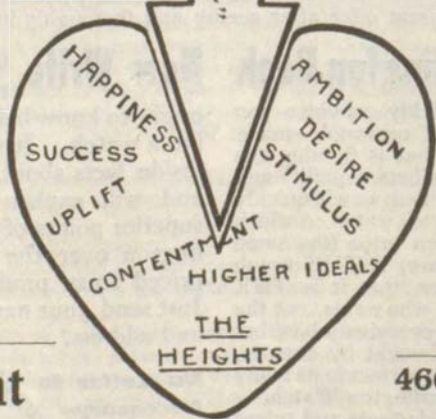
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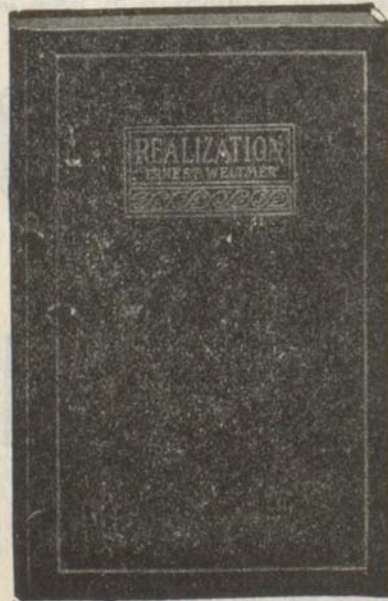
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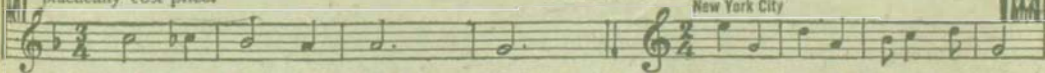
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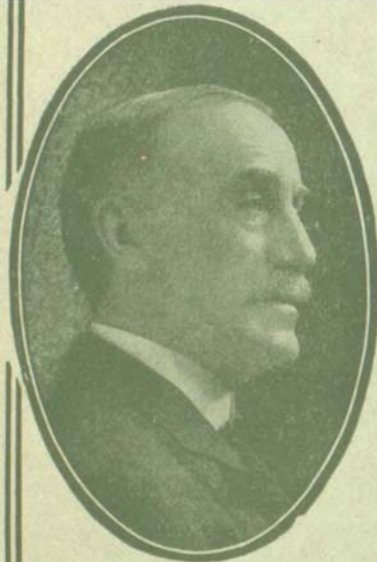
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The merchant said in caustic tones: "James Henry Charles Augustus Jones, please get your pay and leave the store; I will not need you any more. Important chores you seem to shun; you're always leaving work undone, and when I ask the reason why, you heave a sad and soulful sigh, and idly scratch your dome of thought, and feebly say: 'Oh, I forgot!' James Henry Charles Augustus Jones, this world's a poor resort for drones, for men with heads so badly set that their long suit is to forget. No man will ever write his name upon the shining wall of fame, or soar aloft on glowing wings because he can't remember things. I've noticed that such

chaps as you remember when your pay is due; and when the noontime whistles throb, your memory is on the job; and when a holiday's at hand, your recollection isn't canned. The failures on life's busy way, the paupers, friendless, wan and gray, throughout their bootless days, like you, forgot the things they ought to do. So take your coat and draw your bones, James Henry Charles Augustus Jones!"

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What It Is and How It Restores Health, and the Principles Upon Which the Science Is Based

Suggestive Therapeutics is a system of Cure in which all modern curative processes are used—excepting drugs and surgery. It has been discovered through experiments and demonstrated in practice that *THE ADMINISTRATION OF POISONOUS CHEMICALS IS NEVER THE ONLY ALTERNATIVE AND THAT RELIEF GIVEN BY GENERAL SURGERY MAY BE HAD WITHOUT RESORTING TO SURGERY.* Suggestive Therapeutics comprehends the fact that all substances taken into and composing the body have certain chemical qualities and form various chemical combinations, and we recognize further that when these chemicals and organic substances are transformed into living protoplasm, that *EVERY PARTICLE IS ENDOWED WITH A DEGREE OF INTELLIGENCE*, so although food chemistry is considered *WE DISCOURAGE THE USUAL CRITICAL ANALYSIS AND SELECTION OF DIET.*

Except in extreme cases, the patient of the Suggestive Therapist is allowed perfect freedom in the selection of foods; however, the necessity of *THOROUGH MASTICATION AND COMPOSURE WHILE EATING* is required in all cases. *THE PATIENT WILL VOLUNTARILY OVERCOME AND ABANDON ALL UNNATURAL APPETITES AS SOON AS THE NERVOUS SYSTEM IS RESTORED TO NORMAL.* All parts of the general treatment and conduct of a case contribute to *REVITALIZE THE NERVOUS SYSTEM.*

It is an accepted fact that 85% of all diseases have their origin in nervous deficiency. The most direct result of nervous deficiency is vaso-motor disturbance or passive congestion, which interferes with the blood stream and hinders it in the concentration of immunizing bodies in its effort to prohibit diseases from the tissues.

All scientific authorities attribute the direct cause of all disease, organic or otherwise, to disturbance of the blood stream.

The cause may be inherent mechanically in the vascular system or emotional, or microbic, chemical or traumatic. The three latter causes are attended by active congestion (or inflammation—Nature's chief mode of defense). These are local and self-limited.

The former, attended by passive congestion, are the chronic cases where disturbed secretion or excretion finally causes serious Pathology.

ALL OF THE FORCES OF NATURE COMBAT DISEASE.—While the symptoms remain acute, Nature fights for complete elimination. When symptoms become chronic, Nature has acknowledged the right of the

disease to remain and adjusted her forces to maintain an armed truce.

In acute cases timely assistance will always give Nature the victory.

In chronic cases the forces of Nature must be profoundly marshalled, new blood must be hurried to the front and supplies and enthusiasm sustained, until *THE DISEASE MAY BE DISLODGED* and harmonious function restored in the regions involved.

The Weltmer System of Suggestive Therapeutics removes the obstructions and Nature, or the Sub-conscious Mind, as it is known to us, restores health.

What the Physician describes as "The Constitution of the Patient," and the Surgeon means by "Nature," the Therapist knows as "Mind."

When a surgeon treats a wound or broken bone he does not purpose to heal it, the office of the surgeon is simply to adjust the parts to a normal condition so that "Nature" can heal the injury. The surgeon does not purpose to heal the injury, he simply opens a right of way for "Nature."

For mental, mechanical or chemical obstructions we use similar means of cure, but at no time do we lose sight of the fact that the cure is mental and comes only when the Mind of the Patient accepts the suggestion, whether it be Mental, Mechanical or Chemical, and in most cases mental measures alone are sufficient, for with the proper mental response the patient will within his own body manufacture the necessary chemicals, etc., to remove all obstruction and re-establish a normal condition.

A Suggestive Therapist knows Anatomy thoroughly, but as he considers disease simply disturbed Physiology his greater concern is in Physiology.

A great many mechanical principles are applied in the human body. However, *THE HUMAN BODY CANNOT BE REGARDED SIMPLY AS A MACHINE.* The body is more like a large community of intelligent individuals who have joined forces and where each work for the good of all and where there are various mechanical appliances, laboratories, etc., for the maintenance of all members of the community.

In late years it has been the custom to regard the human body as a machine. However, in the light of Physical Science, it would be quite as accurate to regard, as a machine, a great factory or laboratory where many persons and machines are assembled.

Every mechanical principle applied in the Human organism is just as much and perhaps more so, *UNDER THE IMMEDIATE DIRECTION* of the *SPECIALIZED INTELLIGENCE*

IN THE CELLS OF THE BODY, as is the machine used in a laboratory or factory, under the eye and careful direction of a mechanic. So while Suggestive Therapeutics comprehends that mechanical manipulations and adjustments of the gross anatomy are essential, yet we go farther and affirm, that harmonious ADJUSTMENT OF THE HISTOLOGICAL ANATOMY must also be made before a condition of perfect health may be permanently established.

Several so-called "systems" of drugless treatment are teaching that all disease is caused by misplaced muscles, organs and especially BONES. Their theory is correct in perhaps 20% of chronic cases, and their treatment is helpful in about 40% of cases, because in "manipulating" a bone or muscle they evidently stimulate the nerve supplying the part affected, even though the theory is inaccurate.

Since the beginning of history MASSAGE and various movements have been used as curative agents. Skilful massage is a great aid in a great many cases and we employ massage and mechanical measures in many cases accepted for treatment.

Physical Scientists have in late years spent their energies and millions of dollars experimenting with mechanical, chemical and electrical laboratory apparatus in an effort to discover a means for producing a vibration of equal rate to the movement required to sustain life in the cell, of the tissues of the body.

When radium was discovered, it was hoped it would yield a movement as highly attenuated as the life vibration in the human cell. Radium, however, has disappointed them, but even now they are starting on a new search for the "Fabled Fountain."

THE SCIENTISTS REALIZE THAT A VIBRATION AS HIGHLY ATTENUATED AS THE LIFE VIBRATION OF THE NORMAL HEALTHY CELLS OF THE TISSUES OF THE BODY WILL SOLVE THE PROBLEM OF PHYSICAL HEALTH

They have searched in the bowels of the earth for metals and chemicals—they have harnessed the lightnings of Heaven—and have not yet secured a vibration which can be transmitted which is greater than 700,000,000,000,000, and it is estimated that the life vibration is 1,000,000,000,000,000. So the artificial panacea is not yet in sight.

In Suggestive Therapeutics we hold that it is entirely logical and scientific to say that THE LIFE MOVEMENT IN THE CELL OF A HEALTHY HUMAN HAND IS OF THE SAME RATE THAT SHOULD BE ESTABLISHED IN DISEASED TISSUES TO MAKE THEM NORMAL. So for this reason we combine with all other natural means of cure the "Laying on of hands" and carefully train the mind so that we may transmit a normal cell movement from our hands to the diseased tissues of the patient, on the theory that when we establish normal cell movement in the tissues that we relieve all congestion and let "Nature"—"Constitution," or as we know it, "Mind," respond by MANUFACTURING ITS OWN CHEMICALS AND SECRETIONS TO DISSOLVE AND EXCRETE THE OB-

STRUCTIONS, MICROBIC OR OTHERWISE, AND MAINTAIN A STATE OF NORMAL HEALTH.

Not one cure has been made in the past and there will be none made in the future unless the curative agent causes response from the inherent forces within the body.

We consider any curative agent, whether mental, chemical or physical, to reach no further than to remove obstructions and convey a suggestion to the mind. So we are not limited to any fad, but are absolutely free to employ any safe means to establish a cure.

SUGGESTIVE THERAPEUTIC TREATMENT IS NOT DRUGS OR SURGERY, IT IS NEITHER ROUGH MANIPULATION NOR "SILENT" TREATMENT, IT IS NEITHER OLD NOR NEW.

As an organized system of treatment Suggestive Therapeutics is new; but the various parts of the practice are both new and old, and the thorough system for combining the curative principles of all established means of cure into, the one complete system of treatment, as it is done in the Weltmer Sanitarium, we consider to be THE NATURAL RESULT OF THE EVOLUTION OF THE HEALING ART.

SUGGESTIVE THERAPEUTICS IS NOT LIMITED TO, OR ACCOMPANIED BY ANY FAD; but in its technique employs any equipment or means, whether mental, mechanical or nutritive, which may be required to remove any obstruction to the restoration of health.

With the tissues revitalized and the circulation of the blood unobstructed it is perfectly natural for the "Constitution of the Patient;" "Nature," or as we name it; "Sub-conscious Mind" to restore normal function and effect a cure: Just as it is perfectly natural for this same force to cure a broken limb after the bone has been reset.

SUGGESTIVE THERAPEUTICS IS AN EXACT SCIENCE. We can tell after a careful diagnosis just what can be accomplished.

NO PROCEDURES ARE RESORTED TO WHICH MIGHT RESULT IN INJURY, or an aggravation of symptoms through lack of proper attention.

In our Sanitarium EVERY ESTABLISHED MEANS OF CURE IS CONSTANTLY AVAILABLE. This gives the patient access, in addition to the Weltmer Method, (which alone has cured 100,000 abandoned cases) the scientific practices of every established system of treatment, all at one time, and all for one fee. The time and fee required is no greater than would be required at the ordinary Sanitarium where the patient is asked to spend his time and money, and in some instances STAKE HIS LIFE on the efficacy of one particular method of treatment which is often more or less of a fad.

The general equipment, baths, lectures, the excellent meal service, large sunny rooms set aside for its patrons, and its competent Faculty of teachers and skilled specialists make it a veritable University of Health and the most Successful Sanitarium in America.

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The muscles and organs of one portion are under constant strain—stretched to allow the body to conform to the natural sag of the bed—while the muscles and organs of the rest of the body are crowded and cramped. The spine is forced to curve in a manner that disturbs the nervous system and causes backache, headache, insomnia and nervousness.

Ask Your Doctor!

Eight hours of sound, undisturbed sleep out of every twenty-four will keep your body strong and well and your mind clear and active. *Are you getting it?* If you are do not read any further. But if you feel tired, have a thick head, backache or crossed nerves when you awake you should have just the thing hereafter described.

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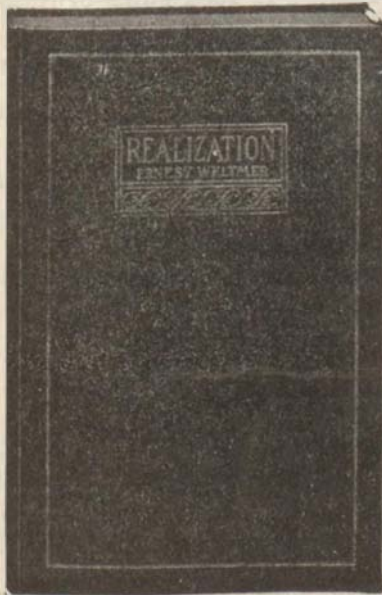
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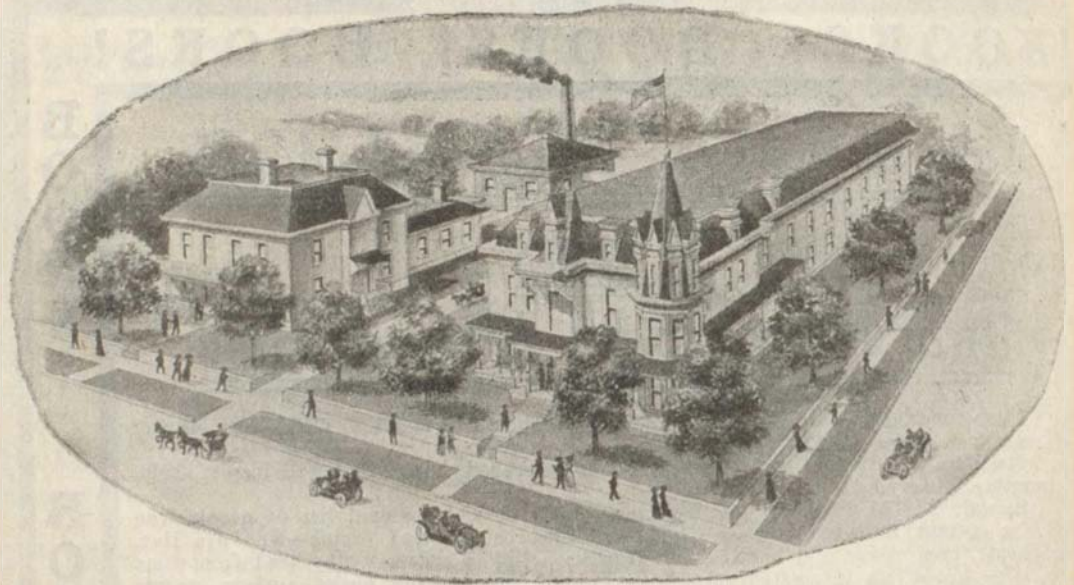
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A Marvelous, New, Simple Home Treatment Method Which Produces Most Astonishing Results in Driving Away Superfluous Flesh on Any Part of the Face or Body.

By **F. M. TURNER, M.D.**

I reduced my weight 100 pounds by a very simple home-treatment method after drugs, medicines, starvation diets and various so-called fat reducers had all failed to do me any good. I therefore feel that this method should be placed at the disposal of all persons who are suffering from obesity or excessive fat. I was refused life insurance by one of the largest life insurance companies on account of my unnatural weight. I was weak and tired all the time, my food did not digest, I could not sleep at night, still I was sleepy all day. My health was rapidly falling, and I became alarmed at my condition, and, as a physician, I diagnosed my own case and saw that I was likely to be attacked by some fatal disease at almost any time, and that my end was near unless something was done. I therefore tried the various remedies given in the medical works for obesity and excessive fat, but they did me no good. Then I became discouraged and sought advertised flesh reducers, but they, too, failed. I was then thoroughly disheartened. I felt that nothing more could be done and I must await the inevitable end. In the depths of my despair and from sheer desperation I began experimenting on myself with all kinds of remedies, but they seemed even to make me worse. I therefore discarded taking medicine altogether, and, as a physician, I tell you that I do not believe that medicine or drugs in any form should ever be taken to reduce the flesh. I next tried starvation diets, but they weakened me to such an extent that I could not stand them, and I especially warn fleshy people against the very dangerous practise of trying to reduce their weight by starving themselves, for if I had continued on the starvation diet system I firmly believe that such would have caused my death. I now began to try things I had never before heard of being used for obesity, hoping that I might find something to reduce my weight and restore my health and save my life, which I believed to be in great danger, and I cannot tell you how happy I was when one day I found that I had actually lost twenty-five pounds in weight and that I was much stronger than before. This gave me courage to try further. Still it was almost too good to be true. I had tried so many things without success that I was afraid this loss of twenty-five pounds might be an accident and that I would soon get it back, but I went ahead with this system of treatment and soon found that I had reduced my weight from 254 pounds to 200 pounds, and that I had reduced the size of my neck from 17½ inches to 16½ inches, and that my waist measurement had also been reduced several inches and my physical weakness had strangely disappeared. I now realized that I had at last found the secret for which I had so long sought to reduce my weight and cure myself, and I kept right on until I had taken off 100 pounds in weight and my waist measure had been reduced from 48 inches to 37½ inches, and my collar measurement had been reduced from 17½ inches to 15½ inches. I also found that I had fully regained my health, strength and old-time vigor. I felt like a new man. It seemed as if I had actually come out of a hazy darkness into the bright, glorious sunlight. This may sound to you like a "fairy tale," but I pledge you on my honor that every word of it is true. I can fully sympathize with persons suffering from obesity who have been drugged, sweated and starved in a vain effort to reduce their flesh. I have therefore had a small folder printed on this subject, and I shall be pleased to send any one further particulars in regard to the exact method which I employed who will inclose two-cent stamp to cover postage. Address **DR. F. M. TURNER, Suite 10E, Syracuse, N. Y.**

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Patient No. 1095 writes us after a few weeks' treatment: "I am very happy. Two hours' good sleep before midnight does me a world of good, and I only wake up once now at night. I sleep good, have no bad dreams or nightmares any more. Before taking up this treatment I never slept before midnight, and if I heard any conversation I was almost insane, and if I heard my father rattle a newspaper I would want to scream. This was night after night. I would beg him to go to bed and have the house quiet. Now I do not hear him, and if anyone talks I am sound asleep and do not know it! I hope I have not made you tired with all this, but I am so happy and want you to know how much good has been done. I can truthfully say I have never enjoyed before such strong nerves, for I have never had good health and the past few years have been a wreck." This same patient, in a letter to **Louise Radford Wells**—which we enjoyed reading—five months after stopping the Diet, says: "I am so grateful to you for having told me to take the Milk Diet. I am sending you two little snap shots of myself 'before' and 'after'—(one of these pictures shows an anemic, delicate young woman weighing only 91 pounds; the other a plump dimpled laughing happy girl weighing 120 pounds!)—"I am sorry I haven't larger photos, but as I have not, I thought these would give you a good idea anyway of the good Milk and Marfa did for a 'little girl' who has been sick so long. I told you I had been a broken down, nervous person for the past three years, which is perfectly true, but I have never known what good health, strong vitality and strong nerves were, even before the final break-down, so I feel the 'cure' has been all the more wonderful and miraculous. Why, Miss Wells, I have not taken a cathartic once or used hot water injections all during the diet or since—And before! oh, dear, such dreadful times! I am perfectly satisfied with this treatment—can never say enough in praise of it, and I don't have to say much, for I am such a living proof that people can see, and seeing is believing, you know."

Patient No. 1215: "I am as round and nice, better than I expected. You remember I said I wanted my bust and limbs to grow more. I can't say it now, as I measure a little more than 38 inches around bust, no hollows around my neck either. Never saw anything like it. My flesh feels so solid; was very flabby before I commenced this treatment." This patient gained from 129 lbs. to 145 lbs.

Patient No. 1001 came to us weighing 128 pounds; he left us weighing 146½ pounds.

Patient No. 975 came to us weighing 113 pounds. At the end of one period of treatment she weighed 128 pounds, and writes: "I beg to state that I will discontinue the treatment for the present but if I find that my nerves trouble me again I probably will take another month's treatment later. I am feeling very much better. My skin is cleared nicely and I have improved in every way. I have everything good to say about the treatment, and do not hesitate to recommend it to my friends." Took the diet for nervousness, impure blood, run-down system and loss of flesh.

Patient No. 958 at the end of the third week wrote us: "This is the end of the third week of my treatment under you and it seems almost incredible that I have gained just five pounds during one week. The swelling has almost disappeared from my knee." The fourth week she writes: "I have gained another five pounds during the past week. I am indeed much better to look upon, and all the angles and corners in my chest and top of my shoulders are disappearing. I am feeling fine and scarcely conscious of a stomach." At the end of the next week she writes: "People marvel at the great improvement in my appearance, and I am indeed well pleased, and greatly improved in every way. Several have commented upon the improvement in my complexion and I am told there is a great change in my nervous condition. Of that, however, I am fully aware myself, but it must be especially marked when others can notice it." Forty-five pounds in nine weeks!

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And as a result the W. I. S. T. will derive credit and honor, and the advance of Suggestive Therapeutics toward the building of universal health and efficiency will be promoted thereby.

Special Railway Rates.

All year tourist rates can be secured at all of the larger stations in Illinois, Iowa, Indiana, Missouri, Kansas, Minnesota, Nebraska and Wisconsin to Eldorado Springs, Mo., which is a small watering place 20 miles east of Nevada, Mo. Those contemplating a visit to the Weltmer Institute may take advantage of this reduced rate of purchasing their ticket via Nevada, Mo., and checking their baggage direct to Nevada. It is not necessary that the holder of the ticket go to the point of destination (Eldorado Springs) for the purpose of validation. Have your agent route you by way of Nevada, and take advantage of this reduced rate. The route to Eldorado Springs by way of any other station will not permit you the convenience of checking baggage direct to Nevada. Tickets purchased as above directed, permit you to stay in Nevada to the full time limit of the ticket.

Room and Board. We will secure room and board for you with nearby families and boarding houses.

EXPENSE The cost of rooms will be \$1.00 per week and upward.
The cost of meals will be \$3.50 per week for 21 meals and upward.
You can get meals at the Institute Inn for \$3.50 per week.
The charge for Clinic Treatment is NOTHING.

To those who will not accept "something for nothing" the charge for Clinic Treatment is \$2.50 per week.

Charge for Faculty Treatment is \$12.50 per week and upward.

Clinic patients will be allowed to attend the 4 o'clock lecture at the Institute each day.

The Clinics begin July 5th and end August 14th. August 16th is Commencement Day for the present Class. August 22nd to the 26th the Third Annual Convention of the National Association of Suggestive Therapeutics will be held in the Auditorium of the Weltmer Institute in connection with the Third Annual Metaphysical Chautauqua

A Lesson In Success With A Point

Analyze Yourself. Ask yourself these questions



HAVE I found my profession? Am I the servant or master of my work? Does it get more of me than it gives in return? Does it bring me joy or pain? Is my Heart, Head and Hand in my work? Can I make a living? Am I a success? What is the answer, *yes* or *no*? If it is *yes*—then stick to it, for you have found your work. But if it is *no*—*Quit it!* Do not try to find the reason for your failure—it may be too much competition—or too little demand, or too great a tax upon your strength—it does not matter what the reason—it is *not* your work. *Forget it! Get out!* Wipe the slate clean and start over. The world is good and there is a place in it for everybody. Your work is waiting for you somewhere. *Fing it!* Decide what you want and go after it! Concentrate your forces—combine heart, head and hand—start all your energy flowing toward that which you want and it will come rushing to meet you. Find your work and the rest will follow. The Failure will always complain: "Other men are successful—why not I?" Here is the answer—Find Your Work!

Begin Your Search Today

The first principle of success is to *do* the thing *today*. Don't wait till tomorrow, or till circumstances are better; for every moment you hesitate the more surely you become a victim of circumstances. Determination and Action are the weapons with which to conquer adverse circumstances. Do not yield a single day to circumstances, but force circumstances to yield to you. *Sponge the slate clean and then wash it.* Make the sacrifice and you have taken the first positive step toward success. Resist adversity at every step. Conquer it and you have changed a negative failure into a *positive, irresistible, success-compelling, entity.* Apply the moist sponge and do it NOW.

Work For Eight Thousand

In twelve years The Weltmer Institute has graduated eight thousand successful men and women who are devoting their whole time to restoring their less fortunate fellow beings to health. Their success rests upon one single basic fact—*They Get Results.* Financial success is the natural result and is to them a secondary consideration, for they get joy out of their work because they bring joy to others. And this leads up to a great truth: "*There is no success unless you get joy out of your work, and to get joy you must share it with others.*"

There is no greater joy than that of restoring vision to the sightless eyes, sound to the deafened ears, speech to the silent tongue, and peace to the tortured mind and body of a suffering fellow creature. We have experienced this joy countless numbers of times. Our graduates have experienced the same joy. Success follows naturally. Blessed is he who has found his work. Which is only another way of saying, The man who has found his work is Healthy, Happy and Successful.

Good Location Guaranteed

Upon leaving our sanitarium many healed patients want to take one of our graduates home with them, that their friends may have the benefits of our system of treatment, which

is only natural, for when any of us find something good we desire to pass it along to our friends. And we agree to supply such applicants with a competent graduate upon condition that he furnish us a written guarantee of a sufficient number of regular patients to insure the graduate \$50.00 for the first month and his personal influence in securing other patients. The responsibility of the parties signing these guarantees is investigated by us and the graduate before being considered. We in turn keep faith with our former patients by sending the most competent practitioners we have.

The Opportunity—What It Costs

On August 22nd the enrollment will open for a class beginning September 3d and continuing for fifteen weeks—ending December 17th. Into these fifteen weeks there will be crowded 5 regular daily lectures, beside—Clinics (three per week)—Recitations From Text (10 per week), Evening Class Psychic Research (2 per week), and Quizzes and Examinations at the end of the 10th and 15th weeks. This Course is so thorough that those successfully completing it will be able to practice Suggestive Therapeutics intelligently and successfully. A Certificate will be granted them which will qualify them for membership in all ethical Drugless Healing Societies and entitle them to the selection of their choice of one of the many guaranteed locations. The above advantages hold good for those who intend taking up the entire Four Year Course and any who have done a reasonable amount of reading or study along the line of Psychology or Suggestive Therapeutics will not find it difficult to qualify for the Second Year work of the Regular Four Years' Course, which will be conducted simultaneously with the special 15 weeks' course herein described. The tuition for the complete 15 weeks' course and also the Second Year Course, is \$150.00—no extra charge for text books—use of reference library or Psychic Research Classes—credit given for tuition, previously paid to the school.

A liberal estimate of the total cost of tuition, board, room and incidentals does not exceed \$225.00.

An Added Opportunity

The special advantage of enrolling in this course lies in the fact that on the day enrollment opens, the National Association of Suggestive Therapeutics will hold its Third Annual Convention in Nevada, and you will have an opportunity to meet, mingle with and talk to all the greatest men and women in the New Thought, Metaphysical and Drugless Healing work. The Convention and Chautauqua will attract the brilliant minds and hundreds of your fellow workers from all over the country and their experiences will be as beneficial to you as many weeks of actual practice. The present indications are that more than 800 people will attend this meeting and every state in the Union has pledged delegations to represent them in the convention. Think what it would mean to you to hear such men and women as William Walker Atkinson, Benjamin Fay Mills, Eibert Hubbard, Ernest Yates Loomis, Henry Frank, Elizabeth Towne, Ella Wheeler Wilcox, Ida Gatling Pentecost, Louise Radford Wells, and more than a score of others, talk for one solid week on subjects vitally interesting to you. There is more in meeting and listening to these people than can possibly be gotten out of reading their articles and books.

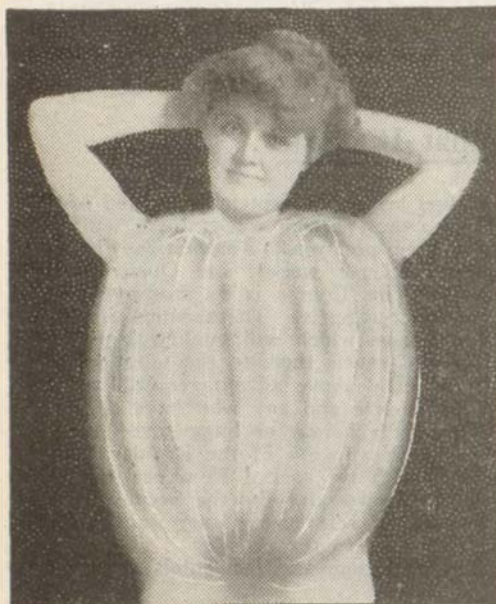
A sufficient number of these brilliant New Thought people have already promised to come to insure an over-crowded program.

Convince Yourself—Here Is a Way to Do It

Write at once to the Weltmer Institute and request a list of the successful graduates now practicing in your own and neighboring States. (The list will be gladly furnished.) Then call upon or write them about their success and the efficiency of the Weltmer Institute to teach Suggestive Therapeutics. When writing for the list also request further particulars regarding the Course beginning September 3rd, and the Convention which precedes it.

Address Information Department, Weltmer Institute, Nevada, Mo.

THOUGHT VIBRATIONS Are Very Potent, But MAGNETIC VIBRATIONS Have Performed Miracles, According to the Statements of Those Who Have Been Cured After Other Treatment Failed



This cut shows how the Magnetic waves from our Vest envelop the entire trunk of the body, and saturate the patient with powerful Magnetic vibrations. We make shields for every part of the body, all described in our new book, "A PLAIN ROAD TO HEALTH." Send for it today. Free to all.

We Prove It To You

You do not have to take our word for it. We furnish you all the evidence you want. We prove it not only in a few cases but in hundreds of cases, where people say magnetic shields have cured them of Paralysis, Kidney Disease, Stomach Trouble, Liver and Bowel Trouble, Lung Trouble, Heart Disease, Spinal Disease, Rheumatism, Fits, Weak Circulation, Delusions, Melancholia, Nervous Diseases and hundreds of other troubles that medicine had failed to cure.

All we ask is for you to send us full description of your case, and we will write you and advise you fully all about it, telling what, in our opinion, can be done and how it can be done.

Investigate our claims—it means more Health and strength for those who apply it in sufficient quantity to profoundly influence the system than any other treatment can afford. It is a duty you owe yourself, and it costs you nothing to make a thorough inquiry and investigation. Our book, "A PLAIN ROAD TO HEALTH," is FREE to all who send statements of their cases.

Read the truth, more forcibly given in these letters than any statement we could make:

SERIOUS COMPLICATION OF LUNG, STOMACH AND KIDNEY TROUBLE. A MARVELOUS CHICAGO RECOVERY

DR. THACHER—Dear Sir: It gives me great pleasure to testify to the perfect cure I have gained by using your wonderful Shields. After suffering fifteen years with stomach troubles, although doctoring the greater part of the time, I kept getting worse, until I was the victim of a severe complication of stomach and kidney trouble which a year and a half ago all seemed to go to my lungs. Had dreadful pains, lost my appetite, could not sleep, became so very weak I could hardly walk across the floor, and not able to do my work. At times when my pains were not so severe I would try to read, but could not for more than five minutes at a time, as I was very nervous. My family and friends thought I could not live another month. I was getting tired of taking medicine. Nothing helped me. I happened to see your advertisement in the paper, which read: "Magnetism Cures Without Medicine." I thought, "While there is life there is hope." So just one year ago today I put on your wonderful Magnetic Vest, Leggins and Insoles. The result was a miracle, for in two days I felt relieved; in a week, very much better; in three weeks entirely cured.

Words cannot express how thankful I am to you for your kind advice; also for the treatment to which I owe my life. May you live long for suffering humanity's sake. May your great and sure cure be known a great deal better than it is today. Yours respectfully, Mrs. O. RAY, 2718 Ridgeway street, Chicago, Ill.

We have thousands of letters like these speaking in words of gratitude and praise of Magnetic Shields for what has been done in cases that seemed hopeless in many instances. Write us fully today and we will cheerfully advise you on any point where you may wish for further information. Our printed matter is free and contains much valuable information.

THACHER MAGNETIC SHIELD CO., INC., Suite 227, 169 Wabash Ave., Chicago, Ills.

"THE SHIELDS HAVE SAVED MY LIFE." EXTREME CASE OF PARALYSIS SPEEDILY CURED AFTER HAVING HAD TWO STROKES.

DEAR DR. THACHER: "I feel as though I must give my testimonial in hopes that it may induce some poor suffering one afflicted with paralysis to get the Shields and be cured who otherwise would give up in despair and die, for the Shields have saved my life, which I believe nothing else could ever have done, for as you have said, when I came into your office eleven years ago a poor wreck of myself, so that I had to be half carried and could not help myself, you were afraid it was too late, but advised that if I was covered up with Shields that I might yet be saved. You did nearly cover me with the Shields and they did their work. They started the deadened blood and saved my life, which must otherwise have been of very short duration, for my bowels and stomach had stopped working entirely for nearly a week. They were the same as lead. I had had the second stroke. The root of the tongue was also totally paralyzed and the eyes were set; could not move them, and the brain was so far gone it felt just like a big basket on my shoulder, and I had to be held up while the Shields were being put on, for my whole strength had given out, and I think you had little hopes of saving me, but you said you would try, and only for your timely efforts I would not have stayed long. I began to feel better and improved with every hour after I put them on, and in eight weeks I was out traveling on the road. I was then past fifty years of age. I am now very much alive, smart and active, and I advise no one to hesitate trying the Shields after they know what they have done for me, and I will be glad to answer any letter of inquiry that may come to me from any person suffering with paralysis or similar form of disease.

MRS. M. C. SCHWAGER, No. 532 W. 42d st., Chicago, Ill.

Book Bulletin



REALIZATION, a Story of a Climber.

By Ernest Weltmer.

This book will interest and help you to overcome the weaknesses that are retarding you in the attainment of your ideals—for it tells the story of a youth struggling against established custom and beliefs for mental freedom and bodily relief from a fatal disease. This story out-pictures the fight many hundreds have made and are now making to reach the goal of mental and physical perfection. "Realization" was written solely for us, and we have made it into the handsomest volume ever offered FREE with a \$1.00 a year magazine. The book contains 200 pages, is printed upon best book paper—elegantly bound in cloth, with title stamped in gold.

Aside from the fascinating interest of this story, its most important feature, perhaps, lies in the fact that it contains all of the sayings of Christ as relates to his healing work while on earth, arranged in chronological order. The book contains a complete index and constitutes a handy and reliable reference. Its popularity is shown by the fact that in December, when we first offered the book as a premium, one large edition was exhausted before the printers could get the entire edition off the press. We have had to print another edition, which is more than half exhausted now. To avoid disappointment you should place your order for "Realization" at once. Is "Realization" your choice of our premium books?—then you had better send in your remittance at once.

This large handsomely printed book sent free to any address in the United States sending us \$1.00 for one new or renewed yearly subscription to New Thought; to addresses in Canada, Mexico or Foreign Countries, \$1.25.

"REALIZATION" WILL BE SENT THE SAME DAY YOUR ORDER IS RECEIVED.

THE GOSPEL OF HEALTH, or APPLES OF GOLD

By Alice M. Long.

and

LOVE'S FANTASY

A Beautiful New Thought Song with words written by Ella Wheeler Wilcox.

This book and song are offered with new or renewed yearly subscriptions, and together make the most satisfactory combination premium ever offered by New Thought. The book has a condensed statement of the fundamental principles of health and directs their application in **INDIVIDUAL CASES**. It deals with cause and effect, and might properly called a book of **SELF HELP**—richly bound in blue silk cloth, title stamped in gold. The love song needs little recommendation to new thought readers further than it is a **NEW THOUGHT** song with words by **ELLA WHEELER WILCOX**. It is printed on a standard sheet music folio with complete piano accompaniment.



Send us a new subscription or your renewal, and we will send you the book and song by return mail, and we will, to show our appreciation, throw in the dainty little success booklet, "The Game is Never Lost," by Franklin L. Berry.

This combination premium sent upon receipt of one dollar to any address in the United States for one yearly subscription (new or renewed) to New Thought; to addresses in Canada, Mexico or Foreign Countries, \$1.25.

NOTICE:—All the books offered by New Thought as premiums are substantially bound in cloth, and are of a quality that makes them worthy of a place in every library.

Any premiums listed in this bulletin will be furnished as long as our supply lasts. To avoid disappointment, those interested in the books herein listed should begin or renew their subscription at once. We can not promise to furnish any premium after the present supply is exhausted.

2310 Calumet Ave., - - Chicago, Illinois.

We Are Going Again! Are You?

Would You Enjoy a Whole Week's Vacation in Company with Most of Your Favorite New Thought Authors, Lecturers and Teachers—William Walker Atkinson, the Editor of New Thought, and More Than a Score of Other Brilliant Men and Women?

What's this all about? Why—just this. The New Thought Publishing Company has arranged for a special car in which Our Editor and all our friends and subscribers who wish to avail themselves of the opportunity will go from Chicago to The Third Annual Convention of The National Association of Suggestive Therapeutics and the Third Annual Meeting of The Metaphysical Chatauqua which meets, in joint session, in NEVADA, MISSOURI, on AUGUST 22nd to 27th, 1910.

Who Will Be There

Beside Mr. Atkinson, who will be in charge of the NEW THOUGHT SPECIAL, there will be Dr. Henry Frank, Mr. Clifford Greeve, Mr. Henry H. Benson, Dr. Alexander J. McIvor-Tyndall, Dr. C. O. Sahler, Mr. Le Roy Moore, Mrs. Alice Hubbard, Miss Louise Radford Wells, Prof. S. A. Weltmer, and a dozen other equally prominent New Thought lecturers, authors and teachers. The leading minds of every phase of New Thought, Mental and Metaphysical Science will take part in the Chautauqua Program.

This is the only occasion in America in which all faiths, teachings and practices are given an opportunity to be heard without the slightest prejudice or restriction.

Think what it would mean to you to spend a week in one of the most beautiful cities in the West—meeting and mingling with and listening to lectures by the men and women with whom you have become acquainted through New Thought. They will be there. The New Thought, Metaphysical and Drugless Healing organizations in every state in the Union, Canada, Mexico, Scotland, Wales, England, France and Italy have pledged delegations to represent them in the National Movement.

About the New Thought Special

The officials of the Chicago & Alton Railroad have promised to furnish one, two, three or a whole train of cars if necessary to carry the New Thought readers and friends to Nevada. The route will be from Chicago via St. Louis, and the Special Car can be boarded at all intermediate points.

Application has been made for an open rate on all roads in the United States and the same rates that are granted generally will ap-

ply on the New Thought Special, except that our cars will be devoted exclusively to our crowd, and the most delightful feature of the trip will be the opportunity this arrangement affords for everyone on board to become pleasantly acquainted with everybody else and to form friendships that will rob the journey of the usual tediousness of travel. The trip itself, in the big congenial party that will go in the Special, will leave many pleasant memories of the kind that brings sunshine when the clouds threaten. There will be sunshine in the New Thought Special and we want you to come with us and bring your sunshine along. Of course it will be "Dutch Treat," but that will only add to the pleasure of the trip—nobody will feel obligated to anybody else—everyone will feel perfectly free to come and go, sing, laugh, read or talk—do all of these things or nothing, as the mood strikes them.

Wouldn't you enjoy traveling in such an atmosphere? Yes, of course, you would. Well, then, fill out the following blank and send it in as soon as you finish reading this announcement, so that we can tell the Railroad Company just how many cars they are to furnish us. If you wish to join the party at intermediate points or if you want to know about the accommodations in Nevada or the entertainment that is being provided for you during the Convention, simply drop us a note asking about any or all features of the trip, and we will tell you all about the music, social functions, instructive features and the prominent people who will be included in the week's program.

Here's the blank. Just promise yourself this vacation and send it in at once. Haven't you a friend or two who would also like to go—"The More the Merrier."

The convention announcement in the August New Thought will give more definite information regarding rates, special features, and stops at intermediate points. But do not delay sending in the blank, for we must know as soon as possible how many people to provide for.

New Thought Publishing Co.,
Chicago, Ill.

Gentlemen:

Please save me a place in the New Thought Special which leaves the Union Depot, in Chicago, at 11:00 o'clock, on the morning of August 22d, bound for The National Convention in Nevada, Missouri. I will bring a light heart and all the sunshine I can carry, and I hope I may absorb a lot more Enroute and at the Convention.

Yours truly,

Name

Street or Box No.

City State

Sleep, The Panacea

Mental and Physical Efficiency Must Wait Upon Sleep

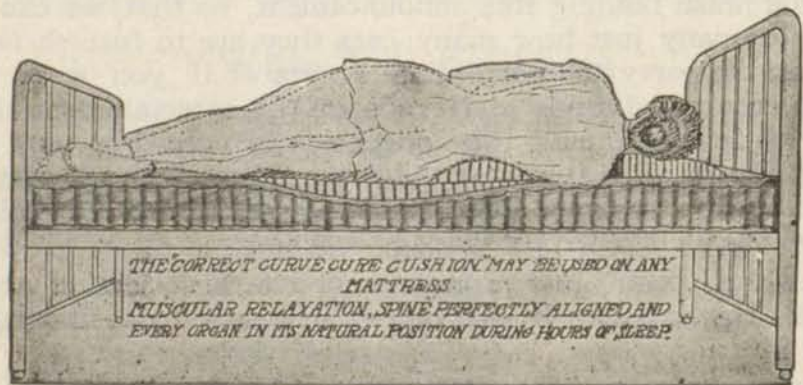
Shakespeare says: "Sleep, that knits up the ravell'd sleeve of care."

Scientists tell us that the average of 8 hours which mankind spends in sleep is sufficient time for all tissues, impaired during the day, to be repaired, all functions regulated, and the system toned up to the point where **disease will not find lodgment.**

It is during sleep that the Forces of Nature, fighting always for perfect health, win the battles against disease.

No Physician, Treatment or Prescription, without sleep, can heal disease, or even sustain life.

The sum total of human sickness will be reduced 50 per cent when all men are able to sleep normally.



So, here we present a system of cushions which may be used on any bed, and which will hold the body comfortable in exactly the correct position.

The Correct Curve Cushions conform comfortably to the shape of the body, and whether lying on the side or back they hold the body in perfect position. They give your body the same correct curves that it has when standing erect. The tension of the muscles is exactly balanced; the bones are in perfect alignment; the chest is thrown forward; the heart and lungs are not crowded; the abdominal viscera are normal; the neck is straight, and the head in such position that it requires an effort to keep the mouth open, so mouth breathing is improbable.

The Heart, Lungs and abdominal viscera and spine are in exactly the correct position to do the greatest amount of work, and they will do it. You will not awaken with a tired feeling, a headache, a stiff back, a sore spot between the shoulders, a bad breath (from mouth breathing), you will not have unpleasant dreams nor toss in bed—everything will be harmonious while you sleep on the Correct Curve Cushions.



We furnish special Physical Exercises for the rapid development of the neck, shoulders, arms, or any part of the body; we tell how to exercise for large muscle, also how to exercise simply for symmetry.

A complete set of the Cushions and special instructions, exercises, etc., are given as a course of home treatment. Write for Diagnosis Blank and descriptive literature.

The Correct Curve Cushion Co.
CHICAGO, ILL.

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New Method of Cleaning Clothes. Cleans Family Wash in 30 to 50 Minutes
No Labor. No Rubbing. No Motors. No Chemicals

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MONEY BACK IF NOT SATISFACTORY
You decide after using

Beautifully cleans woolsens, flannels, blankets, colored clothes and white clothes, fine-laces, curtains and bed clothes. Saves trouble, money, time and labor. Easy way in 30 to 50 minutes cleans washing which before took entire day. Largest family washing seems like play. All metal. Strong, durable, sanitary, light in weight. Easily used, cleaned, handled. Always ready. Child or frail woman can use it easily.

Wash day robbed of its awful misery.

No more rubbing, sweating, stewing. Backaches banished.

EASY WAY SMASHES ALL RECORDS

Washing machines in the infant class—can't compare with it. Users delighted, enthusiastic, filled with joy. Honest-hearted, hard-working women write of their own free will. They can't help it.

Simply bubble over with praise.

Listen: J. McGee, Tenn.: "One young lady cleaned day's washing in one hour with Easy Way; another in 45 minutes." Mrs. T. Bullen, Canada: "I washed bedding, heavy quilts, curtains, etc., without rubbing." Loretta Mitchell, O.: "Did big washing in 45 minutes. Sold 3 already." A. D. Poppleton, N. Y.: "Gives perfect satisfaction. Washed bed quilts, greasy overalls and fine clothes. Greatest thing on earth." F. E. Post, Pa.: "Did two weeks' washing in 45 minutes. Clothes cleaned without rubbing." J. H. Barrett, Ark., after ordering 38 Easy Ways, says: "You have the grandest invention I ever heard of." J. W. Meyers, Ga.: "Greatest invention to womanhood, forever abolishing miserable wash day. Sells itself." Mrs. Albert Lamb, Ill.: "Have washed everything in it I could think of, from lace curtains down to dirty overalls and rag carpets. I wouldn't part with easy way now for any money. Wish you success."

AGENT'S

FREE SAMPLE

Taking the country by storm. One thousand Easy Ways shipped to Russian Agent. R. O. COWAN, N. Y., placed 13 in six hours—profit \$39.00. Mrs. J. Brown sold 10 in three days—profit \$30.00. K. J. Blevin, O., made 7 calls, sold 5 one day—profit \$15.00. R. H. Latimore, Pa.: "Sold 4 this morning; never yet turned down." A. G. Witt, Pa.: "Sold 4 today. Not out for orders." Mrs. Gerrish, Mont., orders sample, then 1 dozen, then 100—profit over \$300. N. Boucher, Mass., orders 75 more and says: "Everybody wants one. Best business I ever had." A. S. Verrett, La.: "Sold 8 one day"—profit \$24.00. Our facilities now greatly enlarged—still enlarging. Easy Way is agent's landslide. Millions will be sold. Write quick for appointment. We want managers, agents—men or women—at home or traveling—all or spare time, to show, take orders, and appoint agents. Easy Way new article—not worked to death. Best seller out. Every family wants one. People glad to see it demonstrated—buy without being asked and throw away costly washing machines to use it. Only 2 sales a day means \$36.00 a week profit. Price only \$6.00, ready for use. Sent anywhere. Not sold in stores. Order one for your own use. Money back if not satisfactory. Send for free sample offer, special agent's proposition, etc. Costs nothing to investigate. Send name and address anyway. Many have done so and afterward thanked us for giving them the opportunity to get rich the easy way. Write today. Don't let this big money-making opportunity pass you.

HARRISON MANUFACTURING CO.

1420 Harrison Bldg., Cincinnati, Ohio



See Premium Pages 11-12-17



FREE New Thought Books FREE

“LIFE LESSONS”

I WANT SUCCESS!

I WANT HEALTH!

I WANT SELF-RELIANCE!

Thousands Are Saying These Things to Themselves Every Day

Grace M. Brown said them over and over to herself in a hopeless and half-hearted way for a long time and one day she began evolving her own “I CAN” and “I WILL” philosophy, and began saying I WANT HEALTH, I WANT SUCCESS, I WANT SELF-RELIANCE in a determined manner, and “I CAN” in her philosophy is another way of defining AMBITION and SELF-RELIANCE, and “I WILL” is to her equivalent to ACTION—action is the accomplishment of the thing—the arrival.

SELF-RELIANCE was the first WANT to arrive—PERFECT HEALTH and SUCCESS followed as natural results. She is an EXPONENT of OPULENCE which term means something more than MONEY RICHES. It means CHARACTER RICHES, HEALTH RICHES, and HEART RICHES. All of these put together is Opulence in the New Thought sense.

LIFE LESSONS are the chapters of her life, beginning where, the book in thousands of others lives begin, and ending with the goal of health, happiness and success, where so few ever arrive. In faultless literary style she proclaims a doctrine of ATTAINMENT, that has helped many others who wanted the same things she WANTED, but had not the foundation upon which to build the attainment of their desires.

She does not give advice, preach or attempt to lay down “Cure-all” rules. She believes that the practical way to pray is to get busy and that Opulence—spiritual, physical, and financial betterment—comes only through useful work.

LIFE LESSONS is an inspiring, practical book. It is handsomely bound in heavy maroon buckram, printed on choice white book paper, 207 pages, price \$1.00, postpaid.

SPECIAL: Life Lessons (one copy) will be sent free for two new subscribers to New Thought at \$1.00 each. Or, it will be sent for one new subscriber for \$1.60. This book is offered for new subscribers only. Send today.

Address **THE NEW THOUGHT PUBLISHING COMPANY,**
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The ability to write forcefully, convincingly and entertainingly is at last within reach of all. My expert instruction, by an entirely new method, teaches you in the shortest possible time. Wonderfully simple, yet of the highest practical utility. A Godsend to the ambitious. Particulars for 2c stamp. Trial lesson for 25c silver.

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EARN \$50 TO \$100 PER WEEK

Our free book tells how you can learn to detect disease and remove the cause by Howard's method of Spinal Adjustment. Positively the most simple, direct, advanced and scientific method of drugless healing. Based on unerring natural laws. Anyone can understand it; learned in spare time. Improve your social prominence and financial standing. Start now on the road to honor and success. Write for free book and special scholarship offer.

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See Premium Pages 11-12-17

CUBA

The place where a man of moderate means can ever hope to retire; living expenses practically eliminated; climate perfect; vegetables grown the year round; oranges, grape fruit, pine apples, equal to any, and grown under perfect conditions—no frosts, no fertilization, no irrigation. Locate with New Thought people. Write for particulars of how to secure an orange grove and a permanent yearly income to **WALTER H. TROTT, 49 Federal St., Boston, Mass.**

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Elizabeth Towne

"I want to do," "I want to become," "I want to know,"
are the cries you hear every day!

Here, then, is a book that will show you how. Here is a book that is a practical help in the everyday things of life—spiritual, mental, physical. It was written from the author's personal experiences in self-development. So it is a heart to heart confession, telling you how in minutest detail. She has lived, loved, seen, heard and read. This book is the cream of it all. You might read a dozen other books and not get this essence. No rules, no preachments, no advice other than inspiration, power and enthusiasm. Read this book and you will go in and win.

CONTENTS. The Rising Tide and the House of Sand--To Decide Quickly and Well--Expansion--Realization in Detail--To Free Your Soul--To Grow Spiritual Consciousness--Thought, Breath and Exercise--Points on Breath--Breathing Exercises--How to Treat Bugs and People--Jack Spratt's Wife--To Heal Asthma--When Sin Comes a-Visiting--To Command Yourself--Physical Culture--Afterword.

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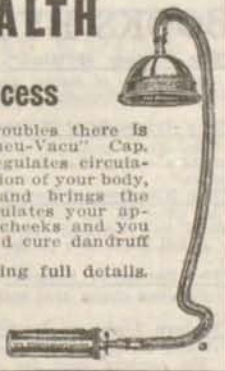
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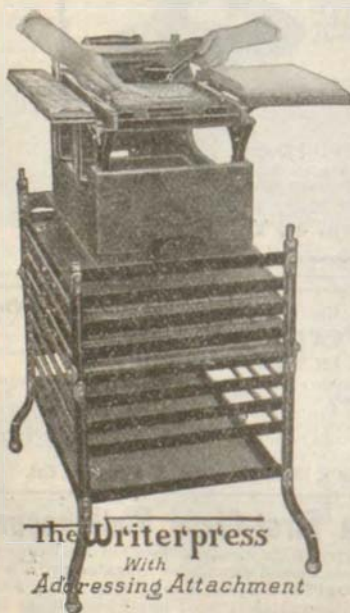
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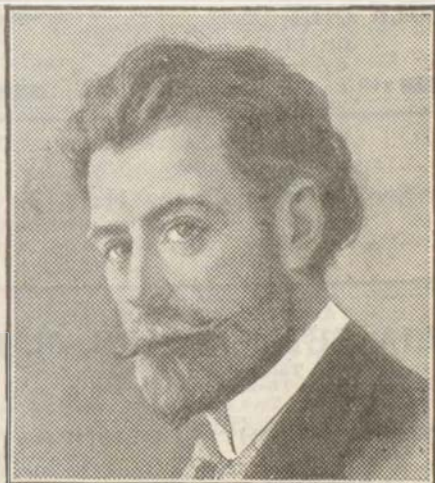
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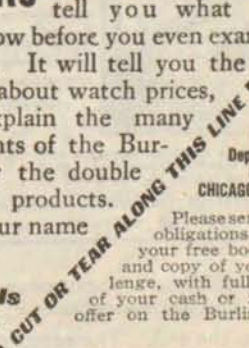
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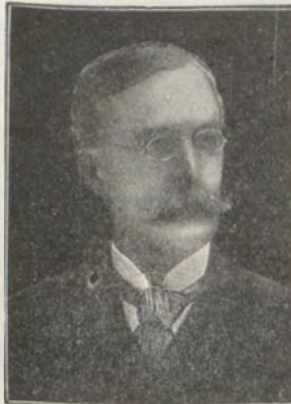
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Sectional View

Agents Getting Rich

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terchange that has ever been written. This edition of the book "Telepathy" will be given only as a premium with New Thought. We will be ready to make deliveries between July 1st and 15th, but the general interest in this subject is so wide-spread that if you wish copies of this edition you should send in a new subscription or your renewal at once. All of Mr. Atkinson's new books have always sold faster than they can be printed, and we feel sure that this will be no exception to the rule. Every member of the Telepathy Class should have this volume. Its importance to the student is best shown by the following short

synopsis of what the book contains:

- What is Telepathy?
- The Nature of the Problem.
- Experimental Telepathy.

- The English Experiment. (Society for Psychic Research.)
- The Weltmer Experiments. (a full report up to the present date)

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Miscellaneous Information:—a general summing up of the progress that has been made by all investigators up to the present time.

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Book Bulletin

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Stomach Troubles Vanish Like Magic

FREE

to
**Every
Man
or
Woman**



Would you like to eat all you want to, and what you want to, when you want to, without a chance for trouble in your stomach?
Would you like to say farewell for the rest of your life to dyspepsia, indigestion, sour stomach, distress after eating, nervousness, catarrh of the stomach, heart fluttering, sick headache and constipation?
Then send me 10 cents to cover cost of packing and I will mail you absolutely free one of these wonderful Stomach Drafts. They regulate the bowels, relieve soreness, strengthen every nerve and muscle of your stomach, relieve you at once and make you feel like a new man or woman. So write today enclosing 10 cents for the postage, etc., and get one of these wonderful Stomach Drafts that are celebrated because they are where medicines fail. Write **DR. G. C. YOUNG**, 113 National Bank Bldg., Jackson, Mich.

No More Wrinkles

I have a remedy that will speedily eradicate any case of wrinkles on earth, no matter how bad or what the cause. It makes Men and Women of 50 look 25

To those unacquainted with this remedy this may seem a bold statement, but I am prepared to prove it by the appearance of the men and women whose appearance speaks for itself.

The remedy has created a genuine sensation in this city, entirely restoring the youthful appearance in a number of bad cases of long standing, where all else had failed and where they were given up as hopeless. Here's what it will do:



TRADE MARK

- It Makes Old Faces Young.
- Removes All Lines and Wrinkles.
- Corrects a Flabby or Withered Skin.
- Makes Thin Faces Plump.
- Fills Out Hollow Cheeks.
- Develops the Bust Full and Round Without Massage.

If you have wasted your time using massage creams, ointments, plasters, etc., this remedy will prove a revelation for you, and I want you to test it free and judge for yourself.

FREE Full directions and sufficient of the remedy to show what it will do will be sent plain sealed envelope for 4c postage. Address,

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Has the veil of mystery that has so long shrouded the ancient sciences been raised at last? Can it be that a system has been perfected that reveals with reasonable accuracy the character and disposition of an individual, and so outlines the life as to assist in avoiding errors and taking advantage of opportunities?

Roxroy, a man who has for twenty years been delving into the mysteries of the occult, making a scientific study of the various methods of reading the lives of people, seems to have reached a higher round in the ladder of fame than his predecessors. Letters are pouring into his office from all parts of the world telling of the benefits derived from his advice. Many of his patrons look upon him as a man gifted with some strange, mysterious power, but he modestly asserts that what he accomplishes is due alone to an understanding of natural laws.

He is a man of kindly feeling toward humanity, and his manner and tone immediately impress one with his sincere belief in his work. A huge stack of grateful letters from people who have received readings from him adds to other convincing proof as to his ability. Even Astrologers and Palmists admit that his system surpasses anything yet introduced.

The Rev. G. C. H. Hasskarl, Ph.D., Pastor of St. Paul's Evangelical Lutheran Church, in a letter to Prof. Roxroy, says: "You are certainly the greatest specialist and master of your profession. Every one consulting you will marvel at the correctness of your detailed personal readings and advice. The most skeptical will consult you again and again after corresponding with you once."

If you wish to take advantage of Roxroy's generous offer and obtain a free reading, send your date, month and year of birth, state whether (Mr., Mrs. or Miss) and also copy the following verse in your own handwriting:

I have heard of your power
To read people's lives,
And would ask what for me
You have to advise?

Be sure to give your correct name, birth date and address, and write plainly. Send your letter to **ROXROY**, Dept. 59K, 177a Kensington High Street, London, W., England. If you wish, you may inclose 10 cents (U. S. A. stamps) to pay postage, clerical work, etc. Do not inclose coins or silver in letters.

Note—Under the new Postal regulations you can send a sealed letter to England for only two cents postage.

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This valuable medical book tells in plain, simple language how Consumption can be cured in your own home. If you know of any one suffering from Consumption, Catarrh, Bronchitis, Asthma or any throat or lung trouble, or are yourself afflicted, this book will help you to a cure. Even if you are in the advanced stage of the disease and feel there is no hope, this book will show you how others have cured themselves after all remedies they had tried failed, and they believed their case hopeless.

Write at once to the Yonkerman Consumption Remedy Co., 4233 Water Street, Kalamazoo, Mich., and they will gladly send you the book by return mail free and also a generous supply of the New Treatment, absolutely free, for they want every sufferer to have this wonderful cure before it is too late. Don't wait—write today. It may mean the saving of your life.

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FREE—Full directions and sufficient of the remedy to show what it will do, will be sent plain sealed for 4 cents postage. Address

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"You'd never think I stained my hair, after I use Mrs. Potter's Walnut-Tint Hair Stain. The Stain doesn't hurt the hair as dyes do, but makes it grow out fluffy."

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It only takes you a few minutes once a month to apply Mrs. Potter's Walnut Tint Hair Stain with your comb. Stains only the hair, doesn't rub off, contains no poisonous dyes, sulphur, lead or copper. Has no odor, no sediment, no grease. One bottle of Mrs. Potter's Walnut Tint Hair Stain should last you a year. Sells for \$1.00 per bottle at first-class druggists. We guarantee satisfaction. Send your name and address on a slip of paper, with this advertisement, and enclose 25 cents (stamps or coin) and we will mail you, charges prepaid, a trial package, in plain, sealed wrapper, with valuable booklet on hair. Mrs. Potter's Hygienic Supply Co., 1251 Groton Bldg., Cincinnati, Ohio.

NO MORE WRINKLES BEAUTIFUL BUST SUPERFLUOUS HAIR VANISHES LIKE MAGIC BY A NEW TREATMENT

Let this woman send you free, everything she agrees, follow her instructions, then if you are pleased, recommend her wonderful methods to your friends.



The World's Greatest Beauty SHE LOOKS LIKE A GIRL OF 18

This clever woman has not a wrinkle upon her face; she has perfected a marvelous, simple method which brought a wonderful change in her face in a single night. For removing wrinkles and developing the bust, her methods is truly wonderfully rapid.

She made herself the woman she is today and brought about the wonderful change in her appearance in a secret and pleasant manner. Her complexion is as clear and fair as that of a child. She turned her scrawny figure into a beautiful bust and well-developed form. She had thin, scrawny eyelashes and eyebrows, which could scarcely be seen, and she made them long, thick and beautiful by her own methods.

You can imagine her joy, when by her own simple discovery, she removed every wrinkle from her face and developed her thin neck and form to beautiful proportions.

Nothing is taken into the stomach, no mask or common massage, no harmless plasters, no rollers, no worthless creams.

By her new process, she removes wrinkles and develops the whole figure plump and fat.

It is simply astonishing the hundreds of women who write in regarding the wonderful results from this new beauty treatment, which is beautifying their face and form after beauty doctors and other methods failed.

Mary Merritt, of Wisconsin, writes, her wrinkles have entirely disappeared. Miss Hanson writes, her bust is beautifully developed and wrinkles gone. Mrs. Markham writes, she has not a wrinkle left.

The valuable new beauty book which Madame Cunningham is sending free to thousands of women is certainly a blessing to womankind, as it makes known her remarkable methods of beautifying the face and figure of unattractive women.

All our readers should write her at once and she will send you absolutely free, everything she agrees and will show our readers how to quickly remove wrinkles; how to develop the bust; how to make long, thick eyelashes and eyebrows; how to instantly remove superfluous hair; how to remove blackheads, pimples and freckles; how to remove dark circles under the eyes; how to quickly remove double chin; how to build up sunken cheeks and add flesh to the body; how to darken gray hair and stop hair falling; how to remove warts and moles.

Simply address your letter to Evelyn Cunningham, Suite 739, 7 Randolph Street, Chicago, Ill., and don't send any money, because particulars are free, as this charming woman is doing her utmost to benefit girls or women in need of secret information, which will add to their beauty and make life sweeter and lovelier in every way.

Now is the time to write and learn her beauty secrets, lest your beauty passes, even as the petals of a rose wither into the drift of yesterday's flower.

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NO ONE NEED REMAIN FAT NOW

**Physician Banishes Fat by New Marvelous, Simple Method
After Drugs, Medicines, Advertised Remedies
and Starvation Diets Had All Failed**

REDUCED MY WEIGHT 100 POUNDS

On November 1, Dr. F. Turner, a well-known Philadelphia physician, was one of the fattest men in that great city. He weighed 254 pounds. His waist measured 48 inches and he wore a 17½ inch collar. His health was miserable; he was weak and tired all the time; dull, heavy and stupid in mind; wasn't able to work, to sleep nights or to digest his food. He had just been refused life insurance because of his excessive weight. He was told his very life was in grave danger and that unless he could get rid of his fat, he might drop dead at any moment.

He had previously tried all the methods of flesh reduction known to medical science, starvation diets, purging, violent exercise, etc. But they had done him more harm than good.

With practically a death sentence staring him in the face and a wife and family to support, Dr. Turner thought hard. He worked, experimented, studied on a plan entirely original and different from any he had used, and finally made a most wonderful scientific discovery by means of which he actually reduced his weight 100 pounds, gaining in strength and general health with every pound he lost.

On January 1 of this year Dr. Turner weighed 150 pounds; his waist measured 37½ inches and he wore a 15½ inch collar. His health is perfect; he is capable of hard work as at 25 years of age and his mind is clear and buoyant.

Dr. Turner's wonderful success has amazed his friends and fellow physicians. His method is simple, yet thoroughly scientific. There are no medicines or drugs to be taken, nothing to wear, no physical culture or violent exercise, no Turkish Baths, Sweating, Purging, Starvation Diets, or weakening methods of any kind. On the contrary, the system which any person can readily practice in their own home without medical assistance of any kind, is designed not only to remove superfluous flesh at the average rate of about one pound a day, but to strengthen the entire body and benefit the general health right from the start.

Dr. Turner's remarkable discovery and experience created widespread attention both from physicians and the general public, and he has been fairly deluged with requests for personal treatment.

Close friends have urged him to specialize in this particular branch of work for which he could command large fees, but other business

interests which occupy much of his time have decided him against it.

In answer, however, to the multitude of requests for information and in order that all may have the benefit of the system, it was his good fortune to discover, he has prepared a small booklet treating of his method and telling every fleshy man and woman how they may accomplish the same happy results without the least danger or inconvenience. He has mailed these books without charge to those who have written him, and has a few hundred copies left, which he has agreed to distribute so long as they last among fleshy people, sufficiently interested to send a two-cent stamp for postage. The doctor's present address is Dr. F. Turner, Clark Music Building, Suite 10, Syracuse, N. Y., and any requests for the booklet sent there will be given prompt attention.



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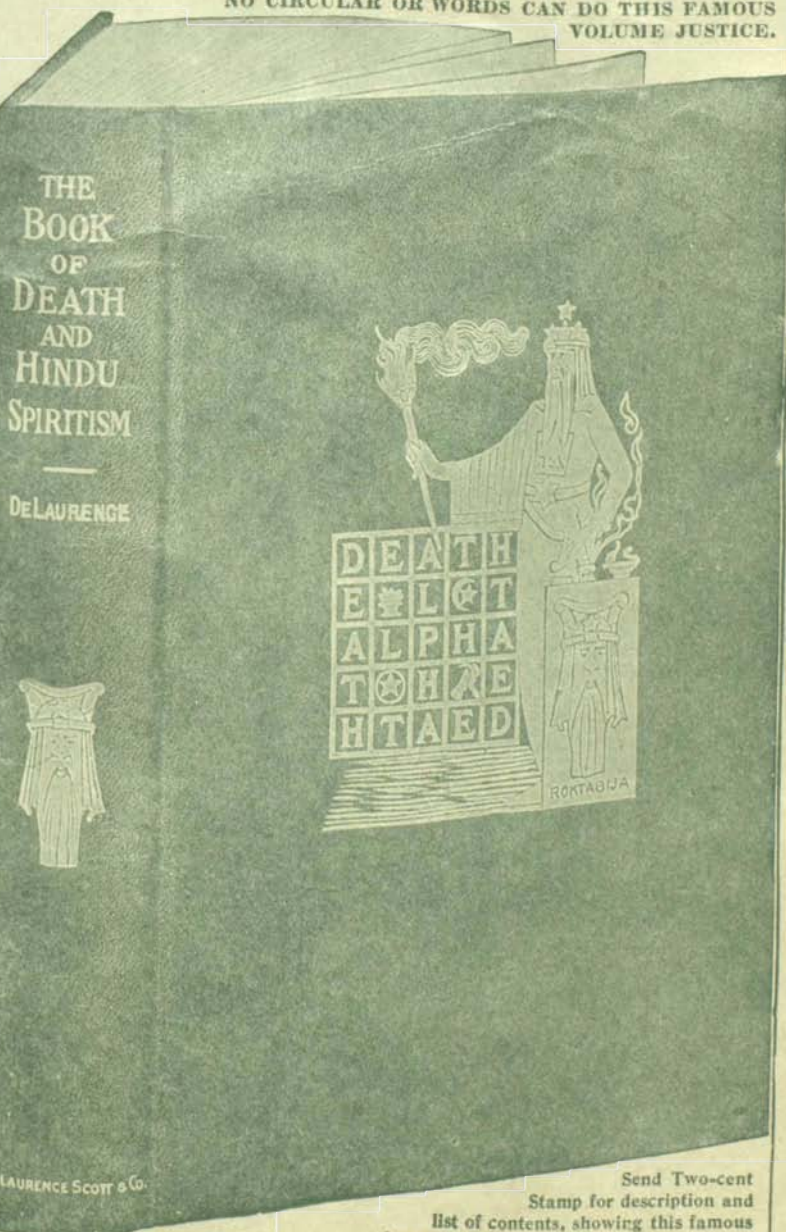
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VIBRATION is the remedy NATURE meant. It sets your nerves a-tingling—your blood thrilling through your veins and arteries—it removes the CAUSE!

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We will send you the **WHITE CROSS FREE TRIAL ELECTRIC VIBRATOR** on absolute free trial! We will give you an actual demonstration of its merits without charging you one penny. Feel its marvelous power for yourself. Feel how it drives out disease.

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A few minutes' use of the White Cross Electric Vibrator each day will aid in putting you in better health than you have known for years. Drugs may relieve, but they seldom cure. The White Cross Vibrator attacks the cause. When the cause is removed the disease is gone forever. The White Cross Vibrator gives you not only Vibration but Galvanic and Faradic electricity as well. It is not only an **ELECTRIC MASSAGE VIBRATOR** but also a **COMPLETE ELECTRIC MEDICAL OUTFIT.**

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Headache—from whatever cause, can be almost instantly relieved by the White Cross Vibrator. However, headache is usually only a symptom of some other trouble. Find the cause then use the Vibrator.

Catarrh—Clogged nostrils removed after a few minutes treatment. Discharge grows gradually less. Time for complete relief twice only with the foot-hold which the disease has obtained. (Common "cold-in-the-head" or coryza can frequently be relieved in one treatment.)

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Indigestion—This common disorder yields readily to vibration. **DYSPEPSIA**, which is only **CHRONIC** indigestion, is more stubborn, but great relief almost always results in a surprisingly short time.

Rheumatism—is caused by congested condition resulting in inflammation and a deposit of uric acid. The worst case of rheumatism can be quickly relieved by the application of Vibration and Electricity.

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