

BF  
638  
N3



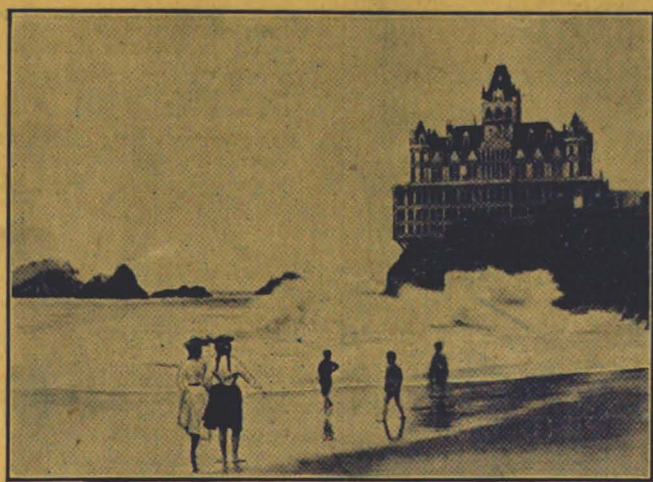
# THE

# NAUTILUS

## SELF-HELP THROUGH SELF KNOWLEDGE

*"Build thee more stately mansions, oh, my soul!  
As the swift seasons roll!  
Leave thy low-vaulted past!  
Let each new temple, nobler than the last,  
Shut thee from heaven with a dome more vast,  
Till thou at length art free,  
Leaving thine outgrown shell by life's unvesting sea."  
—Holmes' "The Chambered Nautilus."*

AUGUST 1907



By the Golden Gate

—EDITED AND PUBLISHED BY—  
• ELIZABETH TOWNE AT HOLYOKE, MASS. •

UNIVERSITY OF VIRGINIA LIBRARY



X030803869

W. V. RELMA

See Table Contents, Page 7.

PRICE 10 CTS



## NEW THOUGHT CENTERS.

Following is a list of New Thought centers, reading rooms, bookstores, etc., where New Thought publications may be found, and where visitors are always welcome.

- ATLANTIC CITY, N. J.**—F. D. Martini, Palmist, Delaware ave. and Board Walk.
- LONDON, MASS.**—The Metaphysical Club, 211 Huntington Chambers, 80 Huntington ave.
- BRUNSWICK, O.**—Co-operative Book and Subscription Agency, R. 3.
- BUFFALO, N. Y.**—James Russell, 129 College street.
- CHICAGO, ILL.**—M. Jesenius-Petersen, Room 5, 4000 Cottage Grove Ave.
- CHICAGO, ILL.**—Liberal Book Concern, 89 Washington street.
- CHICAGO, ILL.**—The Progressive Thinker, 40 Loomis street.
- CHRISTCHURCH, New Zealand**—Ida M. Bruges, Fendalton.
- DENVER, Col.**—Denver Dry Goods Company.
- DENVER, Col.**—J. Howard Cashmere, 1700 Welton street.
- DENVER, Col.**—Dr. Alexander J. McL. Tyndall, Albany Hotel.
- IOLA, Kan.**—H. Spencer, 5 N. Jefferson street.
- KINGSTON, JAMAICA, B. W. I.**—Hale's Popular Variety, 51 Luke Lane.
- KANSAS CITY, Mo.**—Mrs. Emily Solomon, 411-412 Hall Bldg.
- LONDON, England**—Higher Thought Center, 10 Cheniston Gardens, W.
- LONDON, England**—L. N. Fowler & Co., 7 Imperial Arcade, Ludgate Circus, E. C.
- LONDON, England**—New Thought Pub. Co., Ltd., T. W. Henry, Mgr., Temple Chambers, Temple ave., E. C.
- LOS ANGELES, CAL.**—Dawson's Bookshop, 713 South Broadway.
- LOS ANGELES, CAL.**—Metaphysical Library, 611 Grant Bldg., 355 So. Broadway.
- LOS ANGELES, CAL.**—The Ramona Book Store, 516 South Broadway.
- MELBOURNE, Australia**—Miss E. R. Hinge, 115 Collins street, Austral Bldg.
- NEW YORK**—Mrs. Margaretta Bothwell, Newton Studios, 2528 Broadway.
- PORTLAND, Ore.**—W. E. Jones, 291 Alder street.
- SPOKANE, Wash.**—Lew N. Benson, 114 South Post street.
- ST. LOUIS, Mo.**—H. H. Schroeder, 3537 Crittenden street. German publications a specialty.
- ST. PAUL, Minn.**—The Progressive Book Co., Drawer 653.
- SAN DIEGO, Cal.**—Loring & Co., 762-766 Fifth street.
- SAN FRANCISCO, Cal.**—M. L. Creighton, 3491 19th street.
- SAN FRANCISCO, Cal.**—Olivia Kingsland, cor. Haight and Devisadero.
- SEATTLE, Wash.**—Thomas A. Barnes & Co., 1825 Third ave.
- SEATTLE, Wash.**—W. H. Wilson & Co., 903 Pike street.
- SYDNEY, AUSTRALIA.**—Progressive Thought Library Co., 5 Moore street.
- TORONTO, Can.**—W. H. Evans, 357½ Yonge street.
- WILLIMANSETT, MASS.**—Mrs. S. A. Emerson, 30 Emerson street.
- WINNIPEG, Man., Can.**—Prof. R. M. Mobius, 494½ Main St., Suite 1.
- THE AMERICAN NEWS COMPANY**, through its various branches, supplies *The Nautilus* on a returnable basis to all newsdealers who request it. If your newsdealer hasn't it on sale please suggest that he request his branch to supply him.

## LIST OF BOOKS

BY ELIZABETH TOWNE.

### PRACTICAL METHODS FOR SELF-DEVELOPMENT, SPIRITUAL, MENTAL, PHYSICAL.

160 pages on antique paper, new half-tone of the author; well bound in cloth; price \$1.00.

### THE LIFE POWER AND HOW TO USE IT.

176 pages, well bound in vellum cloth, with autograph picture of author. Latest book by Elizabeth Towne. Price \$1.00.

### JOY PHILOSOPHY.

75 large pages, bound in purple silk cloth stamped in gold; price \$1.00. "Every line sparkles with life and original thought."

### YOU AND YOUR FORCES, or The Constitution of Man.

15 chapters, green and gold, flexible cover, half-tone of the author; price 50 cents. "Full of thought starters."—"In many respects the most remarkable book I ever read."

### HOW TO GROW SUCCESS.

71 pages, strong paper cover, picture of author; price 50 cents. "A well of information and help."

### EXPERIENCES IN SELF-HEALING.

A Spiritual autobiography and guide to realization, intensely alive and helpful; new and best portrait of the author; price 50 cents. "A book of strong common sense, lighting up what to many is a path of fear and mystery." "Has done me more good than anything else."

### HAPPINESS AND MARRIAGE.

Treats of the everyday problems of married life and tells how to solve them successfully. 80 pages, heavy paper covers, picture of author; price 50 cents.

### JUST HOW TO WAKE THE SOLAR PLEXUS.

Paper bound; price 25 cents. German translation by Bondegger, price 25 cents. "It contains a FORTUNE in value." "Breathing exercises of great value." "Not only the key, but explicit method."

### JUST HOW TO CONCENTRATE.

Paper; price 25 cents. "A bugle call to those who sleep." "A power and an inspiration." "So helpful."

### HOW TO TRAIN CHILDREN AND PARENTS.

Paper; price 25 cents. "It is great! Every father and mother should have it."

### JUST HOW TO COOK MEALS WITHOUT MEAT.

Paper; price 25 cents.

### THE STORY OF A LITERARY CAREER, By Ella Wheeler Wilcox.

This book contains a foreword by Elizabeth Towne, who publishes it; and a supplementary chapter by Ella Giles Ruddy. Beautifully printed and bound in heavy paper, with illustrations. Price 50 cents.

### NEW THOUGHT PASTELS.

A volume of the latest and some of the best of Ella Wheeler Wilcox's beautiful poems. Paper, 50 cents; silk cloth bound, price 90 cents, postpaid.

### THROUGH SILENCE TO REALIZATION.

This is the latest book by Floyd B. Wilson, author of "Paths to Power," etc. Handsomely bound, green and gold, 200 pages, price \$1.00.

### THE EVERY DAY BOOK.

Compiled and portions of it written by Suzanne Wardlaw.

A "birthday book," "year book" and "every day" book combined. Gives zodiacal sign, precious stones, colors, flowers, musical composers, and special sentiment for every month, with appropriate quotation for each day of the year. A little beauty, heavy finished paper, rich red silk cloth stamped in white leaf, 130 pages, and blank pages for further sentiments. Size 4½x8 inches. Price \$1.10 postpaid. Ask for descriptive circular free.

Order any of these books of

ELIZABETH TOWNE, Holyoke, Mass.

When replying to advertisements please mention THE NAUTILUS.

Judge

## Nautilus News.

By ELIZABETH TOWNE.

**SNAP SHOTS.** William has bought him a brand new Eastman No. 4 folding camera, which takes a 4x5 inch picture, and with this month's Netop notes we give you some of the first results of his efforts as a kodak artist. Likewise as a gardener. Aren't those growing sugar peas enough to make your mouth water? We had our first mess from the vines on the Fourth, and they were *delicious*. The seeds sown were Dreer's "Prosperity," an early variety that looks like the Telephone peas.

But to return to the camera: William has more pictures now that we think you may like. Look out for September number.

**FOR SEPTEMBER NUMBER.** There will be a lovely new poem by our Edwin Markham called, "Aspirations," in September number of the *Nautilus*.

And a particularly beautiful "Meditation for an Absent Friend," by Florence Morse Kingsley. I shall have something special to say about this meditation.

Then there will be a most interesting article by our Mountain-Top Professor Larkin, on "Cosmical and Human Directivity or Will." At the head of this article I am going to print a Bible text, to take the edge off Professor Larkin's conclusions—which seem to me short-sighted.

In September number will appear a real comfort article by Eleanor Kirk, "Take Some Comfort."

And "How Eve's Ancient Enemy was Routed," by Katherine Quinn.

And "In Eclipse," by Antoinette Maurice, whose article about deafness appeared about a year ago and helped so many of our readers. This article has to do with people who are "in disgrace."

And an absorbing story of psychic matters in Europe, by Ella Wheeler Wilcox, written while on her recent visit to Paris.

And a bright story of her visit to the genius-poet, Joaquin Miller, and his odd hilltop home, by Florence Newhouse Fox. This story will be accompanied by some interesting pictures.

Dr. Latson's article in July number found high favor with our readers. In September number he will give us an interesting and helpful view of "Mental Habits and Health."

And Ellen Price's Lesson for September deals with "Mental Habits and Intuition." These articles of Dr. Latson's and hers supplement each other, though the authors live thousands of miles apart and knew nothing of each other's work.

These are enough items to give you a fair idea of what a specially good number our September one is to be.

**ONE OF THE BRIGHT SPOTS!** Such little items as the following, from some of our advertisers form some of the bright spots in our business life. Right in the

(Continued on Page 2.)

When replying to advertisements please mention THE NAUTILUS.

## Best Yet! Helped His Business! Helped His Wife!



Just listen to this from a man up in Canada who used my "Four Lessons on the Realization of Health and Success":

"This has been my best month since I started in business. And I have had great success sending out my Good Will in the case of my wife, whom I told you had been injured in an accident. She has made great progress this month. Please send me Lesson Four."

Here is another testimonial that commands attention. It is written by Paul F. Case, 145 Alexander street, Rochester, N. Y., a man of wide experience and broad culture. Here is a letter from him:—

"Your third lesson, in more ways than you have time to hear of, has been of incalculable benefit to me. Especially has the practice in radiating good-will, more particularly in sending it to those who had been out of harmony with me, acted as a wonderful lubricant to the wheels of life. Having spent several years in India, I am an earnest student of the Vedanta school of philosophy, and KNOW that the practice of Raja Yoga will do all, and more than is claimed for it. BUT YOUR LESSONS ARE THE BEST philosophy of earthly life that I have been my good fortune to become acquainted with. I cannot too strongly recommend them, for in upwards of twelve years' investigation of psychic subjects, covering the theories of the leading Oriental and Occidental schools of thought, nothing more practical than these same lessons has come to my notice. They strike the happy medium between the exaggerated asceticism of the Eastern schools, and the more pernicious strenuousness of our Western mode of living."—PAUL F. CASE.

Would YOU like to have better health, more courage and greater success? Then get these lessons and the books that go with them. The necessary books are "Solar Plexus," "How to Concentrate," "Success Book" and "Practical Methods." Price for all the books (not including Lessons), \$2.00, and you can buy them one at a time if you wish. And you can get the "LESSONS" as a premium on a \$2.00 order. Note terms as follows:

**FOR \$1.00 YOU CAN GET THE LESSONS AND THE TWO BOOKLETS,** "Solar Plexus" and "How to Concentrate," that go with them. (Any other of Elizabeth Towne's books to the value of 50 cents may be substituted for these; or six months' subscription to *Nautilus*.)

Or you may have the **LESSONS FREE** with an order for \$3.00 worth of our publications, including *Nautilus* or not, as you please. (See inside front cover page for list of our publications.)

Ask for "The Peculiar and Wonderful Experience of a Chicago Man," who studied these lessons and won great success. I will also include complete catalogue of all my books.

### OUR MARGUERETE OFFER.

Any of my publications to the value of \$3.00. (This includes *The Nautilus*, if you wish it, and any of the books in list printed on inside front cover of this magazine.)..... **\$2.00**  
Four Lessons on the Realization of Health and Success..... **.50**  
A copy of "One Treatment Cure and Instantaneous Healing," by Lydia A. Duncan..... **.25**  
A free copy of our beautiful little "Nautilus Marguerite," maiden, who lives in Central America and eats no meat.

**\$2.75**

**ALL THE ABOVE \$3.75 VALUE AND MORE FOR ONLY \$3.00 IF YOU ORDER NOW.**

Order of ELIZABETH TOWNE, Holyoke, Mass.

# PRACTICAL METHODS FOR SELF-DEVELOPMENT.

## SPIRITUAL-MENTAL-PHYSICAL.

By ELIZABETH TOWNE.

The book is the result of the author's own practical experiences in spiritual, mental and physical self-development. She has read widely and experimented much along this line, and in her book she gives the **exact methods** which she has found best, and tells how to apply them. It gives the cream of what you would ordinarily read many books to obtain.

But this is by no means a book of rules. It is full of inspiration and power and the sort of enthusiasm that inspires you to **go in and win**.

Here are the titles of chapters and brief synopsis of contents:

**The Rising Tide and the House of Sand**—How to succeed in applying New Thought—How to Unpucker the Solar Plexus.

**To Decide Quickly and Well**—Mental Stillness—"Be Still and Know"—Self-Consciousness—Instinct and Reason.

**Expansion**—Breath and Money—Energy, Wisdom and Power from Within.

**Realization in Detail**—Definiteness of Purpose Necessary to Accomplishment—How to Realize Power, Love, Wisdom, Etc.

**To Free Your Soul**—Brain and Mind—How to Overcome a Sluggish Mind.

**To Grow Spiritual Consciousness**—How the Body Expresses the Spirit—Aids to Right Thinking.

**Thought, Breath and Exercise**—How to Change the Current of Your Thought and Control Your Feelings—The Breathing of Iron into Steel.

**Points on Breath**—The Solar Plexus and Door to Power—How Thought Affects this Sun Center of the Body—How to Fill Your Body with Power.

**Breathing Exercises**—A Spiritual Breath Exercise—The Full Breath—How to Go to Sleep—How to Breathe When Depressed—The Hindu Cleansing Breath.

**How to Treat Bugs and People**—Fresh Thought and Canned Thought.

**Jack Spratt's Wife**—Too much Flesh means too much Eating—How to Cure Abnormal Appetites.

**To Heal Asthma**—The Laugh Cure.

**When Sins Come A-Visiting**—Man and Environment—How to Improve Both.

**To Command Yourself**—Breath Control the Key to Success.

**Physical Culture**—My Best Exercises.

How to use this Book to the Best Advantage.

**Dr. W. R. C. Latson**, Editor of *Health Culture*, says, in reviewing this book: "Elizabeth Towne stands alone. No writer of the century has achieved such insight into the deepest problems of life. Keen, logical, analytical, spiritual, fertile in literary expedient and expression, this woman stands alone—a master. There is no man or woman living who will not find in this remarkable book information of incalculable value in the development of body, mind, or spirit. The book is a library, a liberal education."

"**PRACTICAL METHODS**" contains 160 pages printed from good clean type on antique laid paper, bound in olive green art vellum cloth, with new picture of author as frontispiece. **Price, \$1.00 postpaid.** Address

ELIZABETH TOWNE, Holyoke, Mass.

When replying to advertisements please mention THE NAUTILUS.

middle of summer, too, when most advertisers in other periodicals say the summer spots are all dull! Here are a few "unsolicited testimonials" from our advertisers:

"We are very pleased with the results we are getting."—Aluminum Clasp Co., Springfield, Mass.

"We are very happy to state that our advertisement in your magazine thus far has been unusually good."—Toxo Absorbent Co., Rochester, N. Y.

"Your publication is good, none better; and I have used over three hundred since January 1."—John Dix, Boston.

"Under these conditions you are of course absolved from all blame for mistake. And in the case of Nautilus we had rather the advertisement appear with the wrong key number than not to run at all. Nautilus is one of the few bright spots."—Japanese Importing Company.

**HERE'S TO YOU** Here are some comments **ALL!** on Nautilus that are just too good to keep. The best of it is I could fill every page in this issue with equally good things said by our generous readers! Just read these.

And then send us in at least one new subscription this month, as a mark that you think so, too! Will you? I'll be ever so grateful, and maybe the new subscriber will join the chorus of pleased and helped—and helping!—ones!

And by way of a receipt we'll mail you a "Margaretta" picture and a card containing Mrs. Kingsley's "Meditation on Supply" and the date to which the subscription will run. Just an August privilege, this!

Oh, yes—remember that \$30 cash prize. See page 56.

And here are the good words from some of our friends:

"I wish to congratulate you on being the most original editor on the map. You were the first to introduce the *Success Circle*, and here, when I have treated myself till I'm black in the face and still not perfect, you come along and say, 'Treat the whole world.' Why, of course! Why didn't everybody think of that before?"—Mrs. Emma Lewis, Spokane, Wash.

"I cannot express to you how I love Nautilus, and how proud of its steady growth I am. I have read all sorts of New Thought literature, but always come back to Nautilus as a steady and never-failing diet."—Anna Johnstone Lewis, Washington, D. C.

"How you have broadened and developed in these seven years since I begun to know your little periodical! I always renew my subscription with pleasure and send a new subscriber just as often as possible, and if each one of those early believers had done only as little as that, think how many it would make! I have a new pupil for you now. She is a woman and a wonderful psychic. Poor, as poor can be now, deserted and alone, she wishes to learn development in courage and strength and

(Continued on Page 4.)





## I HAVE CURED 1,000 PEOPLE WITH FOOD

For the past twelve years I have been studying the chemistry of foods and have discovered how to select and combine them so as to cure disease.

**I AM NOT A DOCTOR BUT A FOOD SCIENTIST.** I do not prescribe drugs which tear down the body, but foods in such combinations as will counteract the causes of your particular disorder and at the same time build up your body to its greatest strength and vitality.

Food scientifically combined and proportioned will **POSITIVELY CURE** all disorders of the stomach and intestines and kindred diseases.

Summer is nature's time to cure. Don't lose the opportunity.

Write for Booklet H, "Result from Eating." It is sent free.

**Eugene Christian** FOOD SCIENTIST

7 East 41st Street

-

-

-

-

New York

## You Should Have



**AMERICAN NEW LIFE**, the Handsome Quarterly Magazine Edited by William E. and Elizabeth Towne; Price only 10 cents per year. See the Netop article in September number.

Among other features of interest **AMERICAN NEW LIFE** contains Dr. Derolli's famous Daily Calendar of The Stars. It does not matter whether you believe in Astrology or not, these daily predictions, by one of the ablest astrologers in America, will astonish, amuse, entertain and instruct you. As one subscriber expresses it, "they come right almost every time." This daily calendar is in the form of a list of "lucky days," telling what days are good for love, travel, business, social intercourse, etc. A forecast for every day in the year.

**AMERICAN NEW LIFE** contains many brief, practical articles by William E. and Elizabeth Towne on various branches of the new thought. Every number of the magazine contains an illustrated, biographical sketch of some prominent new thought writer. In the June issue was printed a sketch of the life of **PRENTICE MULFORD**, which every new thought person should read.

All the very latest, most interesting and practically helpful books on every phase of new thought, occultism, healing, etc., are reviewed at length in **AMERICAN NEW LIFE**.

In every number you will find special book offers which appear nowhere else, and which will save you money. Books are often offered at reduced or bargain prices. See my special offers before you buy books on new thought.

The September number of the magazine will be very special. I expect to print a new picture of Elizabeth Towne in this number, and an illustrated article about our summer cabin at Netop. Get on the list now so as not to miss the September number.

**AMERICAN NEW LIFE** is printed on fine super-calendered paper, illustrated covers in colored ink and contains 24 pages each issue. Price only 10 cents for a whole year. Send now, today.

WILLIAM E. TOWNE, Dept. 1, Holyoke, Mass.

## SHOPPING

of all description, free of charge. Write for circular and reference. Mrs. H. B. Judson, Hotel Newton, 2528 Broadway, New York.

## I WILL WRITE LETTERS OF ADVICE

On all matters pertaining to diet and health culture. State your case fully, and enclose \$1. Wallace D. Wattles, Elwood, Ind.

When replying to advertisements please mention THE NAUTILUS.

# MAKE MONEY!

## By Advertising in The Nautilus.

**Others Are Making Big Money, Why Not You?—Expand Your Business!—Advertise!—If You Have Something Good to Sell, Make It Known to NAUTILUS Readers—The Right Kind of Advertising Pays in Nautilus and Pays Well. Read the following unsolicited letters:**

Grenville Kleiser, publisher, 1267 Broadway, N. Y., writes: "From a small announcement in the NAUTILUS I received over ten times as many answers, accompanied by remittances, as from any other half dozen publications."

The Wyckoff Advertising Co., Buffalo, N. Y., writes: "We have your favor of November 27, acknowledging receipt of our check for December advertising. We shall try to do all possible for THE NAUTILUS. There is not a magazine on the list which we think will bring better results to customers than your publication."

Lambert Snyder Co., manufacturers of a Health Vibrator, write: "NAUTILUS has proved to be one of our best paying magazines."

St. Laurent Bros., manufacturers of Peanut Butter, Bay City, Mich., write: "We have tried other magazines but we think yours the best."

A New York Graphologist, who had been using only one inch monthly in Nautilus, writes: "Herewith check for another month's ad. Received 134 replies last month, and at least half of them were for 50 cent readings."

Just give us a trial. Count not more than 80 words to the inch.

### THE NAUTILUS ADVERTISING RATES.

One inch.....	\$4.00
One-fourth page.....	14.00
One-half page.....	25.00
One page.....	48.00

Our terms are cash with order. No discounts for time or space.

Stock company investment ads. not accepted.

Orders must reach us not later than the 6th day of month preceding date of issue in which you wish ad. to appear. Let us hear from you! Address all orders to

ELIZABETH TOWNE, Holyoke, Mass.

## WASHINGTON NEWS-LETTER

### EXPONENT OF CHRISTOLOGY



OLIVER C. SABIN, Editor

### AND HIS DISCIPLES

Subscription Rates \$1 a year, Foreign, \$1.25.

1329 M St., N. W., Washington, D. C., U. S. A.

Every number replete with Lessons, Lectures and Editorials on Metaphysical Healing, especially the

**METHODS  
TAUGHT  
BY  
JESUS**

concentration, and I know of no method equal to yours for the purpose. I am glad Professor Larkin is a contributor to Nautilus. He mentioned my brother, Professor Newcomb, not long ago, referring to some facts in astronomy. My brother is becoming a convert to new life principles also. Success will continue with you. Amen."—S. Newcomb Merrick, M. D., Boston, Mass.

"Nautilus for May is a banner number. The article on 'The New Physiology' alone is worth a year's subscription."—Olive Verne Rich, Seattle, Wash.

"Permit me to express my admiration of your last number. It is a perfect beauty, besides possessing much value in a literary way. You certainly are skipping along the highway of success with great skips. May you continue to do so is my sincere wish."—L. E. Rader, Editor Soundview, Olalla, Wash.

"My wife says there is always something good for her in Nautilus, and what is good for the goose is good for the gander."—Dr. J. W. Cormany, Mt. Carroll, Ill.

"I want to tell you how much I enjoy the Nautilus. I am especially fond of Mrs. Kingsley and have her 'Abolition of Poverty' mounted and hanging in my bedroom, and often receive help from it."—Katherine L. Cuthbert, Buffalo.

"I may add that your works are very interesting and instructive to me."—Wu Ting Fang, Shanghai, China.

"Of course I want to renew as long as I have got a dollar I can possibly spare. I must have begun to take your paper soon after you came to take William, to have and to hold, and it has been coming to me ever since without a break. All the while, I have been taking a number of other advanced thought magazines and if I had to drop them one after another, yours would be the last to go. It is good."—Darius Weekes, Truro, Mass.

"The Nautilus has an atmosphere entirely its own—a most valuable asset, as your subscription list is doubtless assuring you. It is not the subject matter, but the personnel of the editors, that seems to create it. 'From the home of the Townes' expresses the idea to which you seem to me to owe your success."—HERBERT S. BROWN, New York City.

**TO THE WOODS!** Here is a letter from one of our generous Southern friends that will interest you all. I wish we could all spend August in those woods! Here is the letter from Estelle de W. Ions, Swetnam P. O., Fairfax Co., Va.:

"I want you to let the New Thought readers of Nautilus know that all summer they will be welcome to come up for as long or as short a time as they wish in my woods. I live in Virginia, just twenty-three miles from Washington, D. C., one mile and a half from post office, telephone and telegraph offices, railway station, and two general stores. Trains to and from Washington daily. There are about one hundred acres of pine and oak woods with a running stream through them, delicious mag-

(Continued on Page 6.)

When replying to advertisements please mention THE NAUTILUS.



The Greatest of Musical Inventions—the Two-Horn

# DUPLEX

## PHONOGRAPH

### FREE TRIAL

NO MONEY IN ADVANCE

It is the phonograph that gives you all the sound vibrations. It has not only two horns, but two vibrating diaphragms in sound box. Other phonographs have one diaphragm and one horn. The Duplex gets all the volume of music; other phonographs get the half. The Duplex gives you a better tone—clearer, sweeter, more like the original. Our

#### FREE Catalogue

will explain fully the superiority of The Duplex. Don't allow any one to persuade you to buy any other make without first sending for our catalogue. The Duplex is not sold by dealers or in stores. We are **Actual Manufacturers**, not jobbers, and sell **only direct from our factory** to the user, eliminating all middlemen's profits.



Each horn is 30 in. long with 17 in. bell. Cabinet 18 in. x 14 in. x 10 in.

That is why we are able to **manufacture and deliver** the best phonograph made for **less than one third** what dealers ask for other makes not as good.

#### Freight Prepaid

##### Seven Days' Free Trial

We allow seven days' free trial in your own home in which to decide whether you wish to keep it. If the machine does not make good our every claim—volume, quality, saving, satisfaction—just send it back. We'll pay all freight charges both ways.

#### All the Latest Improvements

The Duplex is equipped with a mechanical feed that relieves the record of all the destructive work of propelling the reproducer across its surface. The needle point is held in continuous contact with the inner (which is more accurate) wall of the sound wave groove, thus reproducing more perfectly whatever music was put into the record when it was made. The Duplex has a device by which the weight is regulated to suit the needs of the occasion, thus greatly preserving the life and durability of the records. These are exclusive features of the Duplex and can not be had on any other make of phonograph.

Duplex Phonograph Co.,

344 Patterson St. Kalamazoo, Mich.

Plays all sizes and makes of records. Our Free Catalogue explains everything.

## A BOOK FOR LIVE MEN AND WOMEN

# Human Nature Explained

An Illustrated Treatise on Character Study and Reading

By PROF. N. N. RIDDELL, Ph. D.

This work embraces the most advanced thought of the age on the Philosophy of Life, Mineral, Vegetable, Animal and Human, its Origin and Nature; Magnetism, How Produced, Its Nature and Influence; The Law of Magnetic Currents; Mind Healing and Hypnotism; Thought Transmission and Mind Reading; Mind and Matter, Their Relation and Dependence Upon Each Other; Influence of Mind over Body and Body over Mind; Constitutional Differences, How Formed; The Law of Growth and Development; Heredity and Prenatal Culture; Organic Quality; Health, Vitality and Food, Their Influence upon Mind and Character; Exercise and Sleep; Temperaments and Constitutional Differences; Digestive, Circulatory and Breeding Powers; Brain and Nerves, Their Relation to Life, Sensation and Mentality; Soul, Mind and Thought, Their Relation to Brain and Facial Expressions; Primary Elements of Mind; Diversity of Gifts; The Law of Growth; Groups of Faculties Considered in Their Relation to Mind and Character, Their Manifestation in Primitive and Civilized Man; The Philosophy of Mind Considered as a Whole, together with a Definition and Analysis of each of its Forty-three Elements in their Relation to Brain and Mind; How Primary Elements Combine and Co-ordinate to Produce Thoughts and Conclusions and why People Necessarily arrive at Different Conclusions when Reasoning from the Same Data, etc., etc.

**MEN AND WOMEN DIFFER IN CHARACTER** as they do in looks and temperament; no two are just alike. If you would know these "Signs of Character" read "**HUMAN NATURE EXPLAINED**," and you can read men as an open book.

It gives the most complete system of reading character ever published. Contains 300 large pages very fully illustrated. Price, postpaid, \$1.00. If not fully satisfied money refunded. Address,

### THE HEALTH CULTURE CO.,

46 ASCENSION STREET,

PASSAIC, N. J.

If you will mention *The Nautilus* will send *Health Culture* three months (Price \$1.00 a year). Send address on a postal for Sample Copy.

When replying to advertisements please mention THE NAUTILUS.

## SEND TWO CENTS

For a copy of my latest 1907 illustrated catalogue of new thought, occult and hygienic books. Books on *Astrology, Palmistry, Telepathy, Healing, Physical Culture, Success, Hindu Philosophy, Meaning of Numbers and Names, Dreams and Their Meanings*, etc., etc. This catalogue contains pictures of the editors of *Nautilus*, their home, and a personal message to you. Send stamp to pay postage. Address: **WILLIAM E. TOWNE**, Dept. 1, Holyoke, Mass.

## Drugless Healing

### By Psychic Methods



We Cure People suffering from all kinds of diseases, and correct bad habits in young and old, by **Therapeutic Suggestion** alone and without medicines; and when they cannot come, we reach and cure them at their homes in any part of the world, all by purely Psychic Methods—**Mental Telepathy**. No matter what your ailment, how serious your case, or what you may have done before, **Treatment by Therapeutic Suggestion** is different from all others, and it may be a certain cure for you, for our methods frequently succeed after all others have failed. Booklets fully explaining **Therapeutic Suggestion** and the **Psychic Methods** we employ, **Sent free** to everybody! All afflicted people should read these Booklets. Send for them now. You will enjoy reading them.

Address **GEO. C. FITZER, M. D.**

**1045 S. Union Ave., Los Angeles, Cal.**

### A RIGHT-OF-WAY BOOK!

## BRAINS and Ideas. BRAINS in Business.

### BRAIN AMMUNITION.

When you've racked brains, nerves and mind without realizing your ambitions, why not next try waking and using them **scientifically**? Why imagine that you think? Why be delinquent? Why sink into a wooden man? Be a live one. Get

## ERBES' BRAIN BOOK.

It ends the blind use of mind, Memory, Will by flesh and blood facts. Based on Erbes' new muscular law of brain and mind Development—unit by unit. In a few weeks you can be master of things—you can know men at sight and lead them your way. \$1.30 mailed. Write today. Gain the **Might and Right** which comes from **Knowing**. "Unwritten Meanings of Words." \$2.00 mailed. **PROMETHEAN PUBLISHING COMPANY**, W. Rockwell & Crystal Sts., Chicago, Ill.

nesia spring water, plenty of dry wood for campfires, and beautiful locations for tents. And my woods are lovely, and as still and wild as though man had never penetrated their depths. Please understand that this is *absolutely free*. It is near enough to Washington to afford an opportunity to any who might wish to do any sightseeing there. I wish now that I had written sooner, but August is after all the hottest month, and there are as a rule more vacations taken then. So I'll have faith that lots of New Thought folks will come. If any are interested in historical places they will enjoy seeing Fairfax Court House, which is a few miles from my home. Our house is one hundred and thirty-seven years old. Now, as to trains, daily from Washington, seven a. m., 4.55 and 6.15 p. m., three-quarters of an hour ride, seventy cents one way, ninety-five cents round trip, good for two days except week ends, which allow a stop over of from Saturday morning to Monday evening. You, or any others coming from Jamestown would have to take the boat at Norfolk for Washington, and then take the train for Fairfax. My post office is Swetnam, but the railroad station is *Fairfax*. Estelle de W. Ions, Swetnam, post office (Fairfax Railroad Station), Va.

## CALIFORNIA ORANGE FLOWER.

A dainty perfume for laces, handkerchiefs, stationery, etc. 10 cents a package. **E. R. NEWHALL**, 1300 Carroll Ave., Los Angeles, Cal.



**A WOMAN'S DREAM OF BEAUTY**  
may be fully realized by the continued use of  
**Carnation Cream**  
The purest complexion cream and flesh food; contains no animal fats or poisons. Readily absorbed; antiseptic & healing. Removes tan, freckles, pimples, blackheads, roughness, wrinkles, fills hollow places and makes the skin white and soft as velvet. By mail 50c. Sample 10c. Beacon Light Co., Ellicott, S.B. Buffalo, N.Y.

## IDEAL SUMMER RESORT

Upland Farms—Flowers, Fruit and Vegetables in abundance. Summer School of Progressive Thought opens June 29th. C. Brodie Patterson, Pres. Beautiful country. Come now or write for booklet. **S. C. Shepherd, Mgr.**, Oseawana-on-Hudson, N. Y.

# 100,000 CURED PATIENTS

## THE WELTMER SCHOOL



has a cured patient in nearly every community. Write for testimonials and particulars. We teach Healing and investigate Psychic Phenomena in our classes and have the greatest healing center in the world, both for Personal and Absent Treatment.

Address, Weltmer Institute, or Personal Letters to **S. A. Weltmer, Nevada, Mo.**

When replying to advertisements please mention THE NAUTILUS.



# THE NAUTILUS.

Vol. IX.

AUGUST, 1907.

No. 10.

## CONTENTS:

Auras and Telepathy, . . . . .	Elizabeth Towne, . . . . .	9
The Face, (New Poem) . . . . .	Edwin Markham, . . . . .	13
The Circle, (Part I) . . . . .	Grace MacGowan Cooke, . . . . .	14
An Occult Observatory, . . . . .	Karl von Wiegand, . . . . .	16
A Meditation on the Radiant Force, . . . . .	Florence Morse Kingsley, . . . . .	19
Reincarnation and the Summerland, . . . . .	Elizabeth Towne, . . . . .	21
Malicious Animal Magnetism, . . . . .	William E. Towne, . . . . .	23
"I'll Try Him," . . . . .	Eleanor Kirk, . . . . .	25
The Great Conquest, . . . . .	W. R. C. Latson, M. D., . . . . .	27
The Law of the Rhythmic Breath, (Chap. XVIII) . . . . .	Ella Adella Fletcher, . . . . .	29
The Conscious and Subconscious Mind, . . . . .	Ellen Price, . . . . .	31
Netop Notes, . . . . .	William E. Towne, . . . . .	35
New Thought by the Golden Gate, . . . . .	Olivia Kingsland, . . . . .	36
Whole-World Healing, (Department) . . . . .		38
Things that Make for Success, . . . . .		39
Family Counsel, . . . . .		40
How New Thought Principles Were Taught to a Child of Four, . . . . .	Rose Woodallen Chapman, . . . . .	41
Anent Books and Things, . . . . .		44
Freedom, (New Poem) . . . . .	Christine Campbell . . . . .	22
The Slayer, Speech, (New Poem) . . . . .	Florens Folsom . . . . .	12
Coming, Coming, (New Poem) . . . . .	Adelaide Keen . . . . .	35

YEARLY SUBSCRIPTION, \$1.00.

SINGLE COPIES, 10 CENTS.

Published Monthly

COPYRIGHT, 1906, BY ELIZABETH TOWNE.

Holyoke, Mass.

Entered at the Post Office at Holyoke as second class mail matter. Foreign postage 36 cents.

## THE NAUTILUS.

ELIZABETH TOWNE {  
WILLIAM E. TOWNE }

Editors

Edwin Markham  
Florence Morse Kingsley  
Grace MacGowan Cooke  
Henry Wood  
Prof. Edgar L. Larkin  
Eleanor Kirk  
Wallace D. Wattles  
Bolton Hall  
Ella Adella Fletcher  
Rose Woodallen Chapman  
W. R. C. Latson, M. D.  
J. C. F. Grumbine

These Are  
NAUTILUS  
Contributors  
for 1906-7.  
Others  
Coming!

THE NAUTILUS, monthly, \$1.00 a year; Canadian postage, 25 cents extra; foreign countries, 5 shillings, 8 pence, by international money order. Foreign money, stamps or postal notes not acceptable. THE NAUTILUS is owned and published by Elizabeth Towne, Holyoke, Mass., to whom should be sent all subscriptions and all correspondence regarding the magazine.

If special receipt is desired for subscription sums less than \$1.00, send self-addressed and stamped envelope or card.

You will save me, and perhaps yourself, a lot of trouble if you will state whether your subscription is new or a renewal.

We send you a notification when your subscription expires, but we do not discontinue your subscription until specifically notified to do so. Unless we are thus specially notified it is assumed that you wish the magazine continued.

Give full name and fullest address in every letter.

Send prompt notification of change of address, giving both old and new addresses. This is most important, for names cannot be found on list unless town and state are given.

I assume no responsibility for copies of NAUTILUS lost through failure to notify me promptly when address is to be changed.

All articles and items appearing in NAUTILUS which are not otherwise signed or quoted, are written by the editor.

All articles, poems and items, in this magazine are written especially for THE NAUTILUS, unless otherwise indicated; and are protected by copyright. Other publications are welcome to quote from our columns provided credit is given THE NAUTILUS.

# This Marvelous Health Vibrator

FOR MAN, WOMAN AND CHILD

Relieves All Suffering

Cures Disease

## It is The Lambert Snyder Vibrator

When you hurt yourself you instinctively rub the spot. When your head aches you rub your temples. Why? Because vibration is Nature's own remedy, and rubbing is Nature's crude way of creating vibration and starting the blood to going. Disease is only another name for congestion. Where there is disease or pain there you will find the blood congested and stagnant. There can be no pain or disease where the red blood flows in a rich and steady stream. Good circulation means good health. Congested circulation means disease and pain.

### THE LAMBERT SNYDER VIBRATOR

is the greatest medical discovery of the Twentieth Century, is a light, compact instrument, weighs twenty ounces, can be operated by yourself with one hand by moving the steel head over the rigid steel rod, and can be placed in contact with any part of the body, and is capable of giving from 9,000 to 15,000 vibrations per minute—100 times more than is possible with the most expert master of massage. It is Nature's own remedy developed and concentrated, and with one minute's use sends the red blood rushing into the congested parts, removing all disease and pain.

### ENDORSED BY PHYSICIANS.

The Lambert Snyder Vibrator is used and endorsed by noted physicians because it is based on scientific principles of health. It cures by removing the cause, forcing the red blood through the congested parts at once. Don't pour drugs into your stomach for a pain in the knee or back; the trouble is not there.

### WHAT IT DOES TO DISEASE AND PAIN.

**Rheumatism, Sciatica, Lumbago, Gout, etc.,** are caused by uric acid in the blood in the form of urate of soda. This acid, through poor circulation at some particular part, gets stopped on its way through the system and, congregating, causes pain. Apply the Vibrator to the spot and you will relieve the congestion and get relief at once.

**Deafness, Head Noises, Ringing in the Ears,** in most cases, are caused by the thickening of the inner membrane through catarrh or colds. To cure this vibration is the only thing, as it is the only way to reach the inner ear drum and loosen up the hard wax or foreign matter, so sound may penetrate to the drum.

**Stomach Trouble, Indigestion, Constipation, etc.,** are caused by the food not properly digesting; it lacks necessary saliva and gastric juices, thus creating congestion in the stomach; forming gases, causing pains, bad breath, etc. Apply the Vibrator to the stomach; it settles the food down, releases the gases, regulates the action and brings about relief instantly.

**THE LAMBERT SNYDER VIBRATOR** will give marvelous results in the following cases:

Locomotor Ataxia,	Neurasthenia,	Toothache,	Sprains,	Bronchitis,
Paralysis,	Goitre,	Catarrh,	Lameness,	Hay Fever,
Writer's Cramp,	Weak Eyes,	Headaches,	Pleurisy,	Piles,
Nervous Debility,	Asthma,	Insomnia,	Varicose Veins,	Anaemia,
Neuralgia,	Rachitis,	Weak Heart,	Varicocele,	

and early stages of Bright's Disease, and a large number too numerous to mention.

### DEVELOPMENT OF THE BUST.

An undeveloped bust is brought about by poor nourishment, tight lacing, or run down health. Apply the Vibrator a few minutes each day and your breast, neck and arms soon fill out and become firm, round and healthy. It forces the blood through the famished parts.

### A Few of Our Many Testimonials.

No matter what town or city in the United States you live in, we can send you the names of satisfied customers who are using the Vibrator.

I suffered from severe Rheumatism, which made my hands and arms swell and caused me pain beyond description. I bought your Vibrator, and the first application of it reduced the swelling and conquered the pain so much that I was able to get a good night's sleep. Since then I have stopped all medicines and use only the Vibrator. C. C. WARREN, 68 Virginia Avenue, Jersey City, N. J.  
Lambert Snyder Co. October 20, 1906.

Gentlemen: I received your Vibrator and my hearing was so bad I could not hear a watch tick. I can now hear a watch tick holding it a distance from the ear and can hear sounds that I have not heard in years. I have spent a good deal of money for ear drums and other things, but your Vibrator has done me more good than them all. ROBERT IRVING, 122 Gooding Street, Lockport, N. Y.

### Read Our Generous Offer

We, the makers and owners of the Lambert Snyder Health Vibrator, assure you that it has cured tens of thousands of people in the United States and in many foreign countries. We tell you that it has given relief and eventual cures in cases where the patient has suffered for years and had been unable to obtain even temporary relief by other means. We are so absolutely certain that our Health Vibrator can help and heal you that we say to you today: Try our Vibrator for seven days—If it brings relief, if it cures you, if it does what we claim for it—keep it. If not, send it back and we will refund.

FOR A LIMITED TIME we will sell our \$5.00 Vibrator at \$2.00, delivered at our store, or mailed on receipt of \$2.35, postpaid.

### FREE

Our new book on vibration, fully illustrated. It tells you what has and is being done by vibration. Our book is a plain, commonsense argument. Send for it today; it costs you nothing.

Electric Vibrators—All Kinds. Don't Wait. Don't Suffer.

LAMBERT SNYDER CO., Dept. 22A, 41 West 24th St., NEW YORK



"Build thee more stately mansions, oh, my soul!  
 As the swift seasons roll!  
 Leave thy low-vaulted past!  
 Let each new temple, nobler than the last,  
 Shut thee from heaven with a dome more vast,  
 Till thou at length art free,  
 Leaving thine outgrown shell by life's unresting sea."  
 —Holmes' "The Chambered Nautilus."

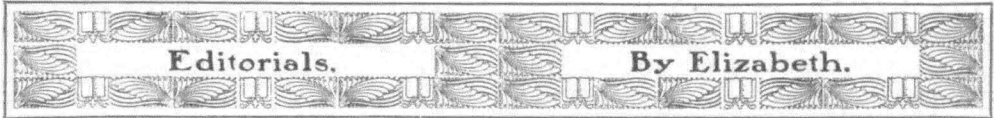
# THE NAUTILUS.

*Self-Help Through Self-Knowledge.*

MONTHLY,  
 One Dollar a Year.

AUGUST, 1907.

VOL. IX.  
 No. 10.



**AURAS AND TELEPATHY.** Re that June editorial about auras, here is a letter from a Boston Weather Bureau man who brings us to earth with a friendly thud, for which we shall have to thank him even though his citation makes us mutter, "Oh, pshaw! Is *that* all it is?"

Maybe "Waldo's E. M." gives the correct explanation. Wouldn't wonder.

But our auras will live right along, just the same, halo or no halo! We can *feel* other people's auras if we can't see the halo of our own.

By the way, I wonder how far an individual's aura extends before it merges with the universal. I sometimes think mine extends about three hundred feet!

When we lived farther down town my desk stood in a bay window where I could look 600 feet or farther up, and also down Maple street. I wrote all my *Nautilus* stuff at that desk, and when I write I am so absorbed in my thoughts that it takes a Fourth of July celebration to bring me back to things mundane. But now and then, in the midst of my array of thoughts would drop an irrelevant one like this: "Oh, that American Express man hasn't brought that package of books yet, and we need them today!" Involuntarily I would glance up and down Maple street and there would be the express wagon just turning the corner 300 feet away, head-

ing straight for our door. And behold the package I'd thought of that minute, perhaps for the first time since the order was given. I used to wonder if I thought of it at the instant the express man and package struck the edge of my personal aura!

For that little experience didn't happen to me simply once, or even half a dozen times, but *scores* of times. And at different hours of the day and on different days of the week. Nor can it be accounted for on the ground of the man's coming at certain hours of certain days, thus establishing a subconscious habit of remembering him or his errands. He passed in sight of our place several times every day and came to the door at very irregular hours and days.

And I have had the same experience since living in this house, though his visits are still less regular and I see few of the packages that come into the house. When my *interest* in express packages was greater I had more such experiences.

It seems always to take *strong interest* in a thing to enable one to receive impressions about it.

Why did I always get the thought of the man and the package just as they turned that corner three hundred feet away?

I have legions of other similar experiences but not many in which the exact distance repeatedly enters as a factor.

## Editorials.

By Elizabeth.

This morning William and I had an interesting telepathic experience that *might* indicate our auras to extend at least a mile and a quarter! We sent a new girl for the mail, the post office being one and one-quarter miles away. She had been gone about half an hour when William said, "Oh, I forgot to give Mabel those orders for registered mail and cashing money orders. She can't get them!" "I'll phone the postmaster," I replied, starting for the 'phone, "and maybe he will let her have the money." At that instant the 'phone bell rang. "I believe that is the post office now!" said William. Sure enough it was, and things were arranged satisfactorily. This is the *first* time we ever had such a thing happen, and the postmaster rarely calls our number.

Why did the forgotten orders come into William's mind *at the moment the postmaster must have decided to ring up* about them?

"Coincidence" is a flimsy explanation when such experiences come every day in the week, and sometimes several times a day. Don't you think so?

But to get back to that good weather man's explanation of the halo; here is his letter:

To the editor of the Nautilus:—

Will you allow me to give you a citation upon the subject of one of your editorials in the June *Nautilus*? The subject is, "Does the Aura Cast a Reflection?" and the citation is from Waldo's Elementary Meteorology, pages 171 and 174, and is passed on to you (since you said you would like to hear about it from your readers) by an interested reader of the *Nautilus*.

"The sun or moon is occasionally surrounded by one or more well marked rings or circles of light, but not always of the same diameter or color. The rings are divided into two classes,

the *corona*, of small diameter; and the *halo*, of greater extent.

"The corona is a diffraction phenomenon.

"The corona may consist of several rings concentric with the sun or moon, and occurs when mist or thin clouds partially obscure those luminaries. Coronas are formed by the diffraction and interference of light caused by the small water particles in the clouds. The larger the water particles, the smaller will be the ring; and it is when the particles are of different sizes that coronal rings of different diameters exist at the same time.

"The Glory, Brocken Specter, or Fog Image is analogous to the coronal phenomenon. It is brought about by the sun casting a shadow of the observer on a fog or cloud bank. This shadow, sometimes of huge dimensions, is surrounded by a glory of light, which is caused by the diffraction of the rays of light by the water particles (near the observer), and the resulting separation of the prismatic colors which are reflected to the eye of the observer by the fog particles.

"Sometimes where the observer is on the top of a mountain, the whole peak may have its shadow thrown against the fog bank. At times a seemingly distant and white fog bow encircles the shadow of the observer and the glory which surrounds the head. A glory of light is also sometimes to be seen around the shadow of the head of the observer when it falls on bedewed or wet grass."

You will see from this that the meteorological explanation of the phenomenon of which you wrote is in the diffraction of light by the drops of dew between the shadow and the observer himself, though, of course, near the shadow.

With best wishes to you and your magazine, I am, Very truly yours, W. T. Lathrop, U. S. Weather Bureau Office, Boston, Mass.

**"THESE THINGS SHALL BE ADDED."** One of our readers asks me to expound Matthew VI, verses 25 to 34. Get your Bibles and read them over, beginning, "*Therefore I say unto you, Take no thought for your life,*" and ending, "*But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you. Take therefore no thought for the morrow: for the morrow shall take thought*"





for the things of itself. *Sufficient unto the day is the evil thereof.*"

Now read it all over again, slowly, putting in the word *anxious* before *thought*, every instance *except* the second one in the last verse. "Take no *anxious* thought for yourself," etc. That sounds more sensible, doesn't it?

Now get Rotherham's Literal Version of the Bible and you will find it agrees perfectly with this new rendering. The obscurity is all in the old King James translation.

Here is my version of Jesus' words in St. Matt. VI, 25 to 36: Take no *anxious* thought for what you shall eat, drink or wear; for if the father provides food and clothing for birds that make no provision for themselves, don't you suppose he makes ample provision for you who are of more value than birds, and who are willing to supplement his work by sowing, reaping and weaving? Of course. Take no *anxious* thought for *outward* things, as do those who believe in no God and imagine they must grab things for themselves; but seek you first to be right with God, or Love, or Good, and all these outward good things shall be added; for you are *all*, Jews or Gentiles, *magnets*, each attracting that which *fits in with his thoughts*. If you take *anxious* thought as the Gentiles do, who believe not in a wise, all-providing principle, you will attract what the Gentiles attract—worry, agitation, fightings, famine, dearth of all kinds. So take thought *first* to be right with Good, and the morrow and the God-Power of tomorrow will take effective thought for you all. The evil that belongs to today is enough for you to take any kind of thought about, without dragging in the possible evil of tomorrow.

There, I can fairly *feel* the spirit of Jesus commend my translation! If he could talk everyday, 20th century English I'm sure he'd say, "That's exactly what I meant, Elizabeth Towne—your language is at times rather shocking. I must admit, but you certainly have put my meaning into better English than those good old King James fellows did."

And you can't find a word in either version of the Bible, nor in common-sense, that contradicts my translation.

The spirit in you witnesseth, with my spirit, and with Jesus' spirit, and with the Spirit, that my version is right.

**LOOKING BACKWARD.** Every little while somebody bobs up with that old saw, "The world is growing more wicked." He doesn't always say it in those words. Perhaps because he does not, he fails to trace the true meaning of his own remark. In September *Nautilus* I answered W. N. K.'s version of this old mis-statement.

The London *Daily Press* has been wrestling with the subject under this guise—"Are we becoming less religious?"—and answers it in the affirmative. Or rather, one of its correspondents does.

In commenting on this the editor of *Light* quotes from Rev. Minot J. Savage a few ideas that may help dispel W. N. K.'s gloomy view of life. As there may be other pessimists among our readers we give them the benefit too, while we incidentally afford our optimists points hitherto unnoticed perhaps, with which to puncture the dark reasonings of other folk of the looking-backward variety.

Here is the way Dr. Savage looks at it:

When I was a young man a book entitled "Primitive Piety Revived" was very popular. The writer of it wanted to turn the world

## Editorials.

By Elizabeth.

round and make it go back, down the centuries, till it came to the first, and to make men try to be as good as they were then. I read the book and then read the New Testament, and found that St. Paul, in one of his Epistles, rebuked one of the early churches (which the writer of the book regarded as a model for all time) for drunkenness at the Communion Table, and for conditions which would not be permitted for a moment, not in a church simply, but in decent society today.

I have made a study of specimen centuries all the way along, and there is not one of them that, for what I regard as true piety, genuine religion, high and noble ethics, can for a moment compare with the average condition of the people in the civilized world today. \* \* \*

The world was never so truth-telling as it is today. Nothing like it ever existed in the past. The commercial life of the world compels truth as nothing has, nothing else can; for it is on its credit and truthfulness that the fabric of our great commerce rests. You may rest assured that there never was so much truth in the world as there is today, and there never was such a real care for truths as there is today. \* \* \*

A hundred years ago it was no disgrace for a man to end his dinner by falling under the table and being put to bed by a servant. It was a common thing. A man would be cast out of society now for certain things that were commonplace then. \* \* \* Charles James Fox used to spend night after night gambling for hundreds, sometimes thousands, of pounds and then appear in the House of Commons and make one of his magnificent speeches. It was no disgrace to Fox, but a howl of indignation would arise today if it became known that one of our statesmen were so engaged. \* \* \*

The evils complained of have always existed and we shall not see the last of them this century or the next, but while we try to lessen the amount of the evil let us not discourage ourselves and the real reformers of the world by magnifying it and making it appear worse than it really is. Vice is still too common, but vice and crime are infinitesimal compared with the clean, sweet, wholesome life of our people, and the world was never so wholesome, and clean, and sweet, morally, as it is today.

And to leave morals for a moment and touch the question of religion. Creeds are not so much thought of as they were a hundred years ago, except in some few reactionary churches. Rituals are not so much thought of. They are not regarded in any of the churches as quite so important a means of salvation as they used to be. But, if we define religion by its essential characteristics, as love for truth, reverence for goodness, desire for the divine life, human helpfulness, sympathy, tenderness, pity, care, then we shall come to the conclusion that there never was so much real religion in the world

as there is today. The world is not going back in any direction. There never were greater men, never nobler men, never truer men than have distinguished the past hundred years.

I don't know why blessings have a way of brightening as they get into ancient history, but evidently they do, to some folks at least; may be to most folks.

Only the other day I read some man's croak in which he made the statement that all the real statesmen are now dead, none left but the small-fry hangers-on. In forty or fifty years from now that pessimist's grandsons will doubtless be lamenting in similar lugubriety the passing of Roosevelt, Root, Taft, Hay, Folk, La Follette, Tillman *et al.*

The fact is that the world grows better, brighter, fuller of religion, romance and opportunity with every passing day. A man with only one eye open can see it, and to the man with both eyes open and his pineal gland in fair working order "every common bush is afire with God" and fairy opportunity waits round every corner.

Yes, it's all in the point of view. Depends upon which end of the glass you turn on the past; whether you gaze through blue, or green, or rosy goggles on the present, or just use your own good eyes.

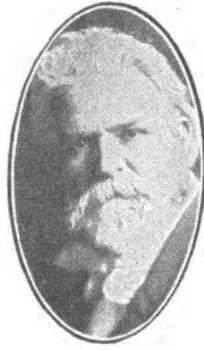
---

### The Slayer, Speech.

Thought is to Deed, as seed to flower;  
And Speech too often seems the shower  
Which rakes and breaks the half-grown  
stalk

'Neath helter-skelter, weltering Talk.

—Florens folsom



## ... THE FACE ...

Vain as vain dust the evil done  
By mortals under moon and sun;  
For instantaneous as light  
After the evil comes the blight.  
And tho the thunder falls unheard,  
We cannot hope to hide the word,  
For the great judgment angels trace  
God's whispered fiat on the face;  
Unknown to us the Judgment Book  
Is open for the world to look.

EDWIN MARKHAM.

# The Sacred Circle.

GRACE MACGOWAN COOKE.

ALL PROGRESS GOES IN CIRCLES.



That seems a little hard to understand at first, because our subjective intelligence is used to contemplating progress as a straight line in one direction — upward or forward.

We need a proof that a thing may be progressing when it is actually moving downward or backward. In the first place we want to get it settled in our minds that in this universe which the Father has made for us, all movement must be progress. To stand still is death—to move is life.

Ah, but you say, it is bad life if it doesn't move in the direction which I have been taught was good. It is evil if it does not go toward what little spark of objective reason tells me is best.

Is that true? Let us investigate it. The worlds and the universes began with star dust in infinite space. Then, as now, the circle would have symbolized all there was of God or man. Out of the star dust grew the round worlds, the planets, the rolling suns, the stars in their appointed courses, all were round, all were perfect, all might have been symbolized by the sacred circle of unity. And yet, as they grew, had we been there to see, we should probably have interposed our puny objections to their manner of growth, for they grew all around, not merely forward and upward.

Upon these worlds, when they had cooled sufficiently, dying upon the out-

side we would have said, had we been there to complain of it, appeared life. First as vegetation, then as protoplasm, gradually reaching higher and higher, building *always toward the sacred circle of perfection.*

We have now a highly evolved being, with a complex sensorium and a very well developed creative power of his own. Even savage man creates his environment to a large extent, and civilized man creates it almost entire.

With this higher evolution we have discovered our spiritual nature. Protoplasm—polyp—rudimentary life we were absolutely at one with the Creator. We existed in Him and by Him, we had no objective reason of our own to contend with the great intelligence which taught us to live and be, to struggle ever higher in the scale of living and being.

This then was the top of the circle. At our point we were then perfect. Then we did exactly what we should do—must do to bring us to where we now stand. With the dawning of objective intelligence there entered into the world what man calls sin. We slew our brother man and ate him, knowing that we did evil. That was the backward and downward slope of the circle.

The cruelties of savage man, the barbarisms of those semi-civilized, all these come under the head of progress. Had we not done these things in the course of our race life, they would logically yet be to do, for the circle must be complete. Yet they are the backward and downward slope of the circle.

Now what is there in this view of things for you and me? How much better off would we be if we could see and



realize that all progress goes in circles, and that the man or institution which we see going backward and downward, is yet going its progress toward perfection?

Just this, my dear friends—it would save us a heap of worry. When you twist your face over the sins of your neighbors—oh, yes when I do too—I am no nearer perfection in this respect than you. Well, then, when we twist up our faces and worry over the sins and follies and mistakes of our neighbors, who is it we are hurting? The neighbors? Not a bit of it. It's *our* faces that are drawn into wrinkles, it's our minds that are laden with ugly details—probably the sinners we condemn are smiling and happy.

Now if we could *only* say as we look at a friend, a companion, even a beloved child making an error, "He is going his progress; he must learn his lesson thus," how much misery would be saved?

More than that, how much good we should do. This attitude of mind never kept anyone from warning a fellow mortal or giving him good advice or better assistance—it only keeps us from talking of the errors of others, magnifying them, parading them, glorifying ourselves because we can see now and then that we are active on the forward and upward curve of our spiritual circle.

If we could look on the erring brother and sister, without condemnation, without horror, and say, he is on the downward and backward curve of his circle, poor soul, what a hard time he will have before he reaches the happy upward and forward curve, we should at once have solved the secret of keeping a heart full of that charity which hopeth all things, believeth all things, suffereth long, and is kind.

If, on the same reasoning, we could contemplate our own ascent of the steepest of the upward curves—which are not always easily won—without vain glory,

we should hold all that we have gained, and not slip back half a pace for every pace forward as is the case when we let self-righteousness creep in.

There is nothing to be proud of in it—you are only going your progress. You are not to despise the man or woman who is at a different point of the circle.

The self-satisfied man is the hardest creature on earth to reach. This, entirely independent of his virtues or his vices. He may be the greatest sinner or the greatest saint on earth, but if he is satisfied with himself, progress halts, for him, right there.

A full cup will not contain anything more—no not though it were the water of life itself. A man, or a church, that is full of satisfaction with itself is in danger of spiritual inertia if not spiritual paralysis—extinction.

I was talking with a woman the other day who said to me that she could adjust almost everything in the history of mankind with her belief that all was good, except the cruelties done to little children. She told me of a friend of hers who stated that the thought of such things had often waked him in the night and set him to walking the streets in agony because he could not be God, and relieve it all.

It seemed to me a trying thing to find good in. But she and I talked the matter over till we decided that those things were good in rousing just the fiery revolt in the breasts of mankind which they do. The man who got up and walked the streets thought of them, didn't go quite far enough. But there are others who will dedicate a life to the service of helpless children, and all because it sears our very souls to think of them abused and mistreated, helpless in the hands of those unfit.

(To be concluded.)

# An Occult Observatory.

By KARL VON WIEGAND.

*"In my Father's house are many mansions."*—Christ.

(Conclusion.)

In April Mme. de Nile detected on these instruments great agitation and unrest in the mental currents from India and predicted that there would be revolts and uprisings. Within a week the first of the serious uprisings, revolts and anti-European riots occurred in India, which are causing the British government grave anxiety. When the indicator is in the upper half of the circle it indicates a higher quality of thought, a more tranquil and harmonious mental note or condition. The nearer to the top of the circle that the point of the needle is, where the color is a pure white and indicates a high degree of spirituality and morality, the better the mental conditions are. It is needless to say that Mme. de Nile has never seen the indicator in the white color, in fact it seldom seems to get above what might be called the "equator" or center of the circle or scale. In the latter part of April, just before the large number of labor strikes occurred, the first week in May in Europe, South America and this country, the indicator dropped lower and lower in the darker portion of the gray until it reached the black block. The "master" of the observatory, standing by his instruments, said to his pupil: "It is in the danger sign. The thought of man is dark, agitation and discontent reigns in his mind. If the needle drops into the red (which is next to the black), it will enter the destructive phase and violence will be the result." When the street car riot occurred in San Francisco, the uprisings in India, the riots in Paris, the indicator stood in the edge of the red.

This instrument has but lately been discovered, or rather, been shown to Mme. de Nile, and she declares that her knowledge of it is as yet imperfect. There are many other instruments, some crude, some marvelously delicate and sensitive, the use of which she does not yet understand.

I now come to the question of what this place is and where it is. Upon this I venture no comment or opinion. I will relate what I learned from Mme. de Nile and the young man previously referred to. The reader can draw such conclusions as may appeal to him or her. The young man who had also shown remarkable telepathic and clairvoyant powers and ability to travel astrally, was taken to the observatory by Mme. de Nile after having first passed through some of the initiatory ceremonies previously referred to. It was sometime before he was admitted as a pupil and the second young man never did get beyond the gate or entrance to the place.

The mechanical bent of mind quickly manifested itself in him. He was far more interested in the construction of the instruments than in their significance. While he has never attained anything like the accuracy of Mme. de Nile in reading them, he has given me a far more detailed description of the place.

Both Mme. de Nile and the young man have always contended that they travel in the direction of Yucatan, southern Mexico, or Central America, and that the observatory is there located high in the mountains far from civilization. Towering mountains surround a small valley or cup-like basin which is completely shut off from the rest of the country. In the center of the valley is a beautiful little lake. Heavy rains fall,

and the valley and surrounding country are covered with heavy tropical and semi-tropical trees and vegetation in which large numbers of brightly plumaged birds of the parrot type can be seen. Mme. de Nile also declares that there are vast ruins of an ancient city in this valley but almost entirely hidden from view by the dense vegetation and the action of the elements for ages.

In fact, in many places in the surrounding country she discerns traces of an ancient civilization. The observatory seems to be carved into the side of a mountain far above the valley. The young man early came to the conclusion that the mountain was largely composed of magnetic rock or "lodestone," and had such a powerful, magnetic field that it might be termed a sort of "magnetic pole." In this connection, if it has any bearing upon it, it might be interesting to note that Mme. de Nile has always maintained that when she is in a comparatively direct line north from the observatory, that is, near the Pacific coast, she can, with far greater ease, go to the place and that when she is near the Mexican line it becomes still easier. On the other hand, traveling in the eastern part of the country, it is only with great difficulty that she transfers her consciousness to the observatory. Could the magnetic radiation from this place on a line between the two poles have something to do with that?

The observatory is in charge of one whom both term the "master" and greatly revere. In sharp contrast with the "guides" of mediums, this master or teacher is not loquacious. His words are few and to the point. He confines himself to the instruments and instructions on them. Seldom does he deign to answer to any other questions.

At times there is noticeable in him a trace of agitation when he perceives some impending disaster of great pro-

portions. Under him are several others, but who pay no attention to Mme. de Nile or the young man and never respond to any questions unless directed to do so by the superior. Constant experimentation seems to be going on, improving the instruments and inventing or creating new ones. The place is perfectly round and all instruments are arranged in circles, which never fail to elicit the wonderment of Mme. de Nile and the young man. When Mme. de Nile first was admitted she was conscious of but one room, but now says that there are at least four, one above the other, and that she will soon be permitted to enter the second, which intuitively she knows, contains instruments devoted to the study of other planets and worlds. A large zodiac, inlaid in many colors, but whose symbols and characters are different from those on the modern zodiac known to us, and which appear to be very ancient, occupies a prominent place in the observatory. There are also two large concave mirrors, one white, the other black, like "magic mirrors." These are not on the wall, but form the tops of tables, cup-like in shape.

When physically weary and mentally disturbed, it is not unusual for Mme. de Nile to be told to take her departure because she affects the instruments and disturbs those in the place. At the very beginning of my experiments I observed that seldom, if ever, was she permitted to enter the observatory during the "dark of the moon," and was instructed to attempt no "going out" during that phase of Luna. On several occasions she was told to "look for herself," and that she must not expect to monopolize their attention. It is Mme. de Nile's opinion that the knowledge possessed in this observatory, of other planets and worlds, transcends anything known to us. According to the information given her this planet has entered upon a trying period

of great agitation and unrest among its inhabitants that will result in violent upheavals in society and great political and economical changes, and last but not least, unprecedented activity of the seismic forces, violent earthquakes and eruptions. This disturbed condition, it was said, was similarly affecting the entire planetary chain or system of which this earth is a member. Strange prophecies, not unlike those in the Bible, were given her. What seems to impress her the most is that when she "goes out" as she terms it and sees the vastness of the universe with its worlds, what a small part this planet plays in the whole scheme.

Occultists and theosophists may assert that this is the famous observatory of the ancient Atlantians, who are reputed to have been far advanced. I have asked that question and received little satisfaction. Both Mme. de Nile and the young man declare that it is as real to them as anything visible to the physical eye, yet neither one will assert a belief in the physical existence of the observatory and its wonderful instruments, but of the location and the existence of the mountain, valley, lake and surrounding country, as they see them, they have no doubt.

Somewhere, apparently in the same vicinity, Mme. de Nile declares is located the temple in which take place the initiatory rites referred to, and which in itself is as wonderful as the observatory.

In the works of W. P. Phelon, M. D., a mystic who died two or three years ago, and in Blavatsky's "Isis Unveiled," vague allusion is made to a "Hidden City." An explorer, Stevens, I believe, also makes mention of a tradition among the Indians of Central America and Southern Mexico, that a "Hidden City" exists somewhere in the mountains of that country, containing a remnant of the people who fled when the Spaniards invaded that land. Whether there is any connection between this tradition and the occult observatory, I can venture no opinion.

Before concluding I will state that Mme. de Nile, is not a spiritualistic medium, astrologer or fortune-teller and is not and never has been before the public. It is needless to say, of course,

that unless she possessed intuitive, clairvoyant and soul powers to an extraordinary degree, she could not make use of the instruments described nor accomplish results which she has achieved. I have met many mediums, spiritualists, clairvoyants and astrologers during a long period of investigation, yet have never seen one who could as justly be termed a prophetess and Sibyl as this young woman.

Early in my experiments and study with her she showed remarkable powers of prevision, especially of great events, whether of a political character or in the nature of disasters. With her study in the observatory and the aid of the instruments, as she refers to them, this ability to anticipate the future has been marvelously increased. Has she in a dream a vision of some event which is not unusual, she applies to it the power of her clairvoyance or soul power and then goes to the observatory to see if she can find any indications on the instruments bearing out what she has seen or dreamed. If still in doubt, she asks the "master" in charge. Thus she uses the various methods as a check against one another and frequently modifies, corrects or entirely dissipates her impression, dream or vision or learns whether its application is symbolic or literal.

The prediction of personal affairs has no interest for her. The novelty of this soon wore off and she delved deeper and farther in search of greater knowledge. Unfortunately my experiments with her and her study has been very irregular and haphazard with interruptions for many weeks and months at a time. Her first and highest duty she ever maintains, is her family and the cares and worries that always attend such duties, has only occasionally left her leisure time and the tranquility and neutrality of mind necessary to attempt such sensitive work. Self-deception, illusion and delusion are of course present in psychic and occult experiments and intentional misleading must always be guarded against with many professional sensitives, but the latter has never had any part in my investigations because of the character of those with whom I studied or experimented.





## A Meditation on the Radiant Force

*"Love is a Radiant force."*

**I** WAIT patiently for thee, who hast caused me to appear upon the earth. Manifest thyself in me this day as energy, wisdom, health and joy. Let me be filled with Love, the RADIANT FORCE! Help me to realize my oneness with this RADIANT FORCE. I am love. I am energy. I am wisdom. I prevail in all that I undertake!

I fear no evil, no failure, no reverses, for I live, move and have my being in thee, Oh Radiant Love, in whom there is neither change nor shadow.

Help me to realize thy divine patience and gentleness, thy divine long-suffering and meekness; thy tender, loving kindness and wisdom.

Let me more and more into the real secret of my being. Manifest within me the truth of my immortality, the abiding presence of the Radiant Force which changes not from age to age, but which ever seeks to unfold into beauty. So let it be!

—FLORENCE MORSE KINGSLEY.

# Reincarnation and the Summerland.

ELIZABETH TOWNE.

"I notice the belief in reincarnation is growing, but as that doctrine involves the loss of identity, or the next thing to it, it is anything but comforting to me. In fact it seems little better than annihilation. Am still so uncertain as to what comes after the change called death that I prefer to remain here indefinitely, the I-Am that I am today. I derive little comfort from Spiritualism either, not because I disbelieve the phenomena, but because the so-called spirits fail to establish their identity, or always have so failed for me. I am inclined to believe we survive the change called death, but my heart always sinks in despair at the sight of a corpse."—C. B.

If we knew just what comes to us after death perhaps we would all desert this life before we are through with its lessons, before we are fitted by this life for the life to come. "Nature" is a wise mother who aims to reveal just enough of the future to keep us doing our best in the present.

I remember a conversation I once had with a good Spiritualist, with whom, by the way, I held many interesting discussions. I tried to find out how much he really *knew* about life in the "Summerland." "Is it *all* summer and joy over there?" "Oh no," he replied, "there is poor Burton, for instance, who killed himself a few months ago; I visited him last night and talked with him. He is in a lonely place, a sort of prison, in solitary confinement. He said I was the first soul that had spoken to him since we found him dead in his bed with the empty laudanum bottle beside him; and he must stay in prison for a hundred years yet, before he has atoned for his self-murder. He said he was very lonely and unhappy, his condition far worse than it was here on earth, and he is very sorry for what he did, and wishes himself back again."

This Burton was a good fellow with quite a religious nature, and had been al-

ways good and kind to other people. His only apparent fault was that he would go off by himself and get drunk once in a while to drown his loneliness. His wife was about the narrowest, most utterly selfish, discontented, pretentious and nagging good Presbyterian it was ever my lot to meet, who would leave him alone for six months at a time while she visited in her old home in New York state, the only civilized little town on earth, according to her idea. She was in the East when Burton killed himself, and had told him she would *never* come back to him and that horrid Oregon.

"But good people who have not killed themselves are all happy over there, are they?" I asked. "Oh, *yes*," he replied. Then he described at great length the beauties and colors and happiness over there, all of which he said were impossible to realize without seeing them as he had.

"And how about babies and little children? Are they babies and children still over there? And are they all happy?"

"They are all happy, yes. But," he replied, "they grow up there, just as they do here. I often talk with my own daughter, Alice, who died fifteen years ago, when she was only four years old. She comes to me in the most wonderful colored flowing robe and is so beautiful and happy. All the children and babies goes straight into the Summerland of joy and grow up pure, happy and beautiful." "Every baby does that?" "Yes, *every one*, no matter what the conditions of its life here.

"If Burton had died in childhood he would be there with Alice?" I asked. "Yes." "And he would have missed all

these years of unhappiness ending in murder of self, and all the hundred years of solitary expiation to come?"

"Yes, yes." "You firmly believe this with *all* your heart and mind?" "Why, I *know* it," he exclaimed, growing a bit excited, "I **KNOW** it! Haven't I *seen* these things with my own eyes, just as plainly as I see you before me now? And haven't I heard all about it from a hundred different spirits, including Alice, who I *know* wouldn't lie to me? Why, woman, I *know* these things."

"Doctor, if I knew that babies who die go straight to heaven, missing such lives as Burton's, and *my own*"—that was when I was pretty unhappy myself—"do you know what I would do?" "What?" "If I *knew* that, as you say you do, *I would make it my life work to kill every child I could get my hands on, and I would begin with my own.*" The doctor looked ghastly, he was so shocked, and he recoiled a step. I believe he thought for the moment that he had convinced me and that I would start out killing babies right and left. "Doctor, why don't *you* kill all the babies you are called to see? If what you say is so you are wicked not to, you are cold-bloodedly cruel to *let* those babies grow up here when a little neglect or an overdose of something would *send* them to grow up in Summerland. *Why don't you do it?*" "Why, why—it wouldn't be—right," he ended lamely. "*Why wouldn't it?*" And he had no answer. *And he never killed any babies, nor let any die if he could possibly help it. Why?*

Because in his heart of hearts was a conviction stronger than the *mental* religion he claimed, the soul conviction that whatever the conditions life is *for* something, and could not be skipped without some kind of loss. In spite of his mental belief his soul held him to the TRUTH, and he found he *was not quite*

*so sure of the hereafter as he imagined he was.*

It is well for us to be not too sure about the future; then, whatever our professions that sub-conscious soul-conviction keeps us pretty near the right track—unless we are mentally unhinged.

To my mind, and soul, too, that spiritualist idea of the doctor's is very unsatisfactory. If this life simply gets us into trouble what is the use of living it at all? If babies miss all the misery and gain all joy by dying, why wasn't Herod the baby killer the greatest benefactor of the ages? Possibly we can't answer these questions, but we can, and do in our hearts, *believe* that Herods and suicides are not benefactors to anybody. Our instincts, or intuitions, or whatever they are, are truer to truth than all our elaborate reasonings and religions.

Reincarnation is only a theory—cut out of the same piece of cloth as the doctor's Summerland theory, the cloth of reason, but to me it is a lot more satisfying than his theory. And it explains a lot of things that nothing else does.

The reincarnation theory repelled me at first, just as it does C. B. But I decided that *the TRUTH when understood*, would not only not repel but would attract me, and that I would better, at least, consider this reincarnation theory, since it *might* be the truth in spite of my not liking it. So I invited the theory into my mental house that I might become really acquainted with it. I quit thinking how it made me feel—I just asked the spirit to inspire me to see it in its *true* light.

The first thing the reincarnation theory did was to give me a pretty good answer to a question that had puzzled me for a good many years. This was the question: "Why are some of us born in palaces with wise and loving parents, while others are born in the

slums, of the worst imaginable parents? If there is a God, or a principle of right and justice in the universe, how can these things be? How can it be just, or kind, to give us such unequal opportunities, and such unequal characters to begin with?"

And the spirit in me answered, "Such things are neither just nor kind unless *we ourselves* have something to do with putting ourselves into palace or slums. And even then there is no justice or kindness in it if we were too ignorant to choose better things; and unless we have opportunity to choose better things when we learn how."

And then reincarnation said, "What if you *did* govern the whole thing? What if you lived before, and learned a few things and have now chosen a little better than you did last time? And what if you are learning now, and will come back again into still better conditions and activities next time? And what if you will keep on learning and choosing until at last you know enough to choose the sort of environment and activities you would like to live in right along forever? What if a span of life is just a little class in school, and death is a door into the next class, and by and by you graduate a Christ, in a heavenly city descended upon earth, and go on living forever?"

"But I don't *want* to go through so *many* classes, and never know my loved ones in the next class." And the spirit answered, "*You don't know* WHAT *you want*. And when you get through the classes you may find yourself beginning

to remember a lot of things you thought you had forgotten. And what if you find yourself remembering the loved ones who have been near you right along through *all* the classes, and what if you find them still with you through all eternity?"

And then I began to see the comfort in the reincarnation theory.

The truth at the bottom of us is *Love, Justice, Power*; and these are the indwelling God which really governs us, in spite of ourselves and all of our theories. And it is because of this indwelling truth that we outgrow theory after theory, and are never fully satisfied with one which does not fully accord with *Love, Justice, Power in the individual*.

I am inclined to accept the reincarnation theory because it accords the individual (1) the right of choice as to his environment and parentage; (2) the right to learn his lessons in his own way; (3) the right to suffer for his own sins only; (4) the opportunity to choose again every time he finds out his mistakes.

Because the reincarnation idea reconciles things as they are with things as we feel they ought to be, we are inclined to believe in it.

But all theories we hold lightly, ever alert for new truth which may change the point of view.

In the meantime, *this* life we are sure of NOW, and in our hearts we know that to make the best use of this opportunity must fit us for making the better use of the next class, whatever and wherever it may be.

---

## Freedom.

"The Truth shall make you free." Yes, free to choose  
And yield yourself to something that will bind.  
Not bondage this, self-doomed; nor do you lose  
Your liberty, but larger freedom find.

—Christine Campbell.



# Malicious Animal Magnetism, Black Magic, Witchcraft.

By WILLIAM E. TOWNE.

Someone has said that Mrs. Eddy has made a devil of animal magnetism. There seems to be a similar tendency on the part of many people who have gained some knowledge of the power of mind. They reason that if "thoughts are things," and have power to build up, they must also have power to pull down, persecute and destroy.

Many people have imagined themselves obsessed by the evil and malicious thoughts of men and women, either in or out of the body. The witchcraft craze which swept over this Puritan commonwealth something over 200 years ago, was a peculiar and powerful manifestation of the fear of evil thoughts, and faith in their power to harm.

There is little doubt but that fear was at the basis of all the New England witchcraft manifestations. I find, in studying the matter, that the people accused of being witches were usually morose, retiring individuals, who held themselves somewhat apart from their neighbors. There are such people in almost every small community, and they are apt to be looked upon with suspicion and mistrust, since it seems to be the natural tendency of man to doubt and fear that which he does not understand. And the kind of individuals referred to are seldom understood, which is no doubt largely their own fault.

In the early days of New England history, when witchcraft was a crime in England, punishable by death, and when a belief in its existence was sanctioned and encouraged by the church, it is small wonder that a witchcraft craze should arise and spread throughout the Commonwealth of Massachusetts.

It is interesting to note that this craze had its first conception in the personal malice and hatred of a single individual. A daughter and niece of Samuel Parris, a minister in Danvers, Mass., then a part of Salem, were attacked with some sort of a nervous disorder. Parris attributed their trouble to witchcraft, and accused an Indian servant girl of the household of being a witch. He had her tied and whipped until, under pressure, and at his direction she confessed herself a witch. Now it happened that Parris was at this time engaged in a bitter church quarrel. A part of his congregation desired to reinstate a former pastor, George Burroughs, who still lived at Salem. There was great animosity between the two pastors. Burroughs openly expressed his disbelief in witchcraft and his contempt for it. Parris seized the opportunity to play upon the religious superstition of the people so as to overwhelm his rival and promote himself. It is possible Parris even had hopes of securing the death of his rival. "*There is no doubt,*" says Ridpath, "*that the whole murderous scheme originated in the personal malice of Parris.*"

Parris found a powerful friend in Cotton Mather, then minister of Boston. Mather was a believer in witchcraft, and had great political influence. The result was that within a short time seventy people were locked up in dungeons, accused of being witches. Among these was Burroughs, the rival of Parris, but not a single partisan of Parris or Mather were among the number.

As is common in cases of persecution for non-conformity of any sort (even unto the present day) it appeared that

many of these people were to be hanged, not so much for being witches as for denying the existence of witchcraft. Those who confessed to being witches, because frightened at the nearness of death, were released. But during the memorable summer of 1692 twenty victims were sacrificed to the cause of superstition and personal malice. Among those executed was George Burroughs, the rival of Parris, who was at the bottom of the whole trouble. Mather and his supporters still clamored for more victims but the people, i. e., public opinion, refused to endorse further slaughter and there were no more executions.

\* . \* . \*

I believe that a good thought has far more power than a bad one, and that all evil thoughts are powerless to harm unless we *take them in and receive them*. If we indulge in fear and hatred we shall have reason to fear the evil (malicious) thoughts of others. When hate is met with hate the power of the evil force is doubled (I use the terms good and evil in a relative sense only). "A soft answer turneth away wrath," and nullifies its powers to harm. All this sounds like can't, but I believe it to be a scientific statement of truth.

When one person sends out thoughts of hate to another, pregnant with desire to harm and destroy, those thoughts will be rendered perfectly harmless if the other person maintains an attitude of *good will* towards all.

Send out your *good will* to all the universe at all times, and you will be protected from the influence of any evil thought on the part of others.

The power of a thought to reach and affect another person than the one who conceives it, depends upon the confi-

dence, faith and energy with which it is sent out.

Now, no human being is so constituted that he can deliberately put into a thought of hate or harm to another the same confidence, force and desire that would go out with a thought of good will.

An evil thought goes out with a question, a doubt in the mind of the sender. There is always something within him which *holds back* when he desires to harm another. He may partially overcome the hold-back tendency, *but it is still there*. And this is the reason that evil thoughts are lacking in power and vitality.

Then, all the intelligence in the universe helps speed a good thought. When you send out your *good will*, you are working with the forces of the universe. When you try to send out an evil thought you are working against (or trying to) some of the basic laws of being.

There is that in every person which receives or rejects the thoughts which come up in the mind, and before one can be harmed by the thoughts of another he must have that tendency or attitude in his own mind which responds to and corresponds with the thoughts which affect him.

The person who tries to harm another by thought (the practice of malicious animal magnetism) is putting into operation forces which will ultimately act to his own mental and physical undoing. In trying to injure another he is violating his own nature and letting down the bars to a host of negative, destructive influences which will cause him great suffering.

The best "self protection" you can have is a mental attitude of good will toward all.

Don't write down your troubles that come every day,  
And your joys have no need of a record I say;  
To the winds give your troubles, to blow far away,  
And joys will come sailing back to repay.—Sarah E. Shaw.

## “I’ll Try Him.”

ELEANOR KIRK.

You cannot be comfortable while you are sinning nor when you are sick, and you want comfort more than you want anything else in the world. There is a reason for the pains which you so acutely suffer and for the disengagements which bear you down so heavily and GOD IS NOT THE REASON.

One night a drunken man got into a temperance meeting by mistake. He seemed in very bad shape, but after a few moments he calmed down and was as quiet as his neighbors. At one point in the really excellent talk he uttered a fervent “Amen.” The following remark proved the clincher:

“The reason men drink is not because they are naturally wicked or depraved, but because they do not trust God. They have troubles that they cannot possibly cope with alone and they cannot be permanently helped even by those who love them best. God is to these sufferers afar off, but whisky can be found on the corner and so they make a God of liquor and take up their abode in hell. Now, God, my friends—our God—who forgiveth all our sins and healeth all our infirmities is not a mighty potentate sitting on a golden throne in the sky, millions of miles away, but a constant, loving presence ready to help us as soon as we turn to Him. He has spread a table for every one of us, and on that table there is no lock. You need neither ticket nor introduction to this feast. He is with you this very moment for now is the accepted time and now is the day of salvation.”

At this point our friend arose to all appearance as sober as the others, and remarking, “I’ll try Him,” left the hall.

The experiment must have proved very successful for from that day to this

no drop of spirituous liquor has passed this man’s lips.

This must have been an instantaneous conviction of the truth. The exact manner of the working of these seeming miracles we may not know, but we know they ~~are~~, and it is not necessary to spend our time trying to figure out the processes.

“But what has this temperance story to do with the starting point of your article?” some of our friends will doubtless inquire.

Just this. Perhaps the speaker’s declaration that men did not drink because they were wicked or depraved, may have had something to do with the softening of our friend’s feelings toward the admission of the truth. He may have accepted the world’s verdict and believed himself the chief of sinners. He found he was not what he thought he was.

Now the very same motive that led this man to seek false gods is exactly what ails all of us. The man who drinks whisky to drown his sorrows is no more culpable than the person who resorts to anodynes, hyperdermics, drugs, etc., for the same reason. The soothing effect of all these things is fleeting and the after effects debilitating and death-dealing. The difference between these seekers for comfort and our whisky drinker is that the former do not consider themselves sinners in any sense of the word. They are not so considered by the world, but the poor uncultured drunkard is ostracised by every one who knows him. The hyperdermic and drug invalids on the contrary ask with pious countenances why they are thus afflicted, and why God—if there is a God—does not punish the people who lie and steal and drink and carouse, instead of the people who have

lived honest and irreproachable lives. They have never injured any one, and have always been kind to their neighbors as well as conscientious church goers when their afflictions would permit them to attend service.

Unfaith in God and a consequent belief in evil is what has caused all the trouble of these people who resent being classed with sinners. And yet they have worshipped false gods and have attributed to omnipotence cruelties that would shame the lowest (in consciousness) of all the creatures that walk the earth.

Some of these seekers for comfort will tell you that they have prayed and prayed and prayed without ever an answer to their petitions. They have sought "the kingdom of God and His righteousness" and not one bit of good has ever come to them. They were just as sick and just as poverty-stricken after they had finished as before they began.

"After they had finished"—finished seeking God's kingdom, God's acquaintance, God's love and tenderness, as if there ever could be an end to this joyous journey.

There is a tragic element in these complaints which cannot fail to sadden the heart of the on-looker who has proved their utter nothingness and unreality.

Seeking the kingdom of God for the material benefits which are supposed to accrue is a dishonest quest, a sin which brings its own punishment, and prayer that begs of God to rain down money, or to change exacting circumstances is as futile as it would be to expect to materialize a gold mine from a soap-bubble.

It is the human mind that needs changing and not the mind of God. The Ever-Present, All-Wise and All-Powerful has done his work by making all things good, without flaw or blemish. To see good and not evil is the first duty of man. As long as evil is recognized, sickness, poverty and death will continue; but to know God as Supreme Being and ourselves as spiritual entities instead of beggars and material hangers-on, is to have every prayer answered, because our desires are in harmony with Truth and Love.

The postponement of bliss is a very unnecessary performance.

When everything else has been tried without success why not "try God" as did our whisky sufferers, not by prayer and complaints to some mythical being who is not and never was, but by trusting the Divine Presence which is always at hand and can always be relied upon to attend to all our needs. This is the place where "a thousand can fall at thy side and ten thousand at thy right hand, but it shall not come nigh thee," and where when trouble seems imminent, "He shall cover thee with His feathers and under His wings shalt thou trust."

This immunity from disaster is not due to favoritism but to the fact that your trust in God has removed you entirely from the belief in evil and the constant apprehension and expectation of sickness and sorrow.

And fear has made all the trouble that ever came into the world. Dismiss it, and behold your salvation. As the Lord said to Job—

"Upon earth there is not His like who is made without fear."

"He beholdeth all high things and is a king over all the children of pride."

---

"A certain inarticulate Self-consciousness dwells dimly in us; which only our Works can render articulate and decisively discernible. Our Works are the mirror wherein the spirit first sees its natural lineaments. Hence, too, the folly of that impossible Precept, Know thyself; till it be translated into this partially possible one, Know what thou canst work at."—Thomas Carlyle, *Sartor Resartus*.



# The Great Conquest.

By W. R. C. LATSON, M. D.



Life is a struggle—a struggle in which many are vanquished and few survive. Only those survive who fit most perfectly to their environment. And for the sake of the few who are fitted to survive nature provides thousands,

most of whom must fail.

Out of a thousand buds that break forth in the dawn of the year, only a few, a very few, become blossoms, and of the blossoms, only a few become finished and perfect fruit. Out of the thousands of eggs spawn by the salmon, only a small number reach adult age. Out of ten thousand men and women living on the earth today, a few, a very few only, are destined to propagate themselves, to send their seed down throughout the ages. Out of ten thousand children living today, the vast majority are destined to poverty, pauperism or crime, to incapacity or failure, to greater and greater depths of degradation, until at last they sink into the "Nirvana of the Amen."

## WHO ARE THE SURVIVORS?

And what is the test by which is determined the fitness of the individual to survive? What is the criterion of worthiness? How shall we know whether or not a given man or woman is destined to go up and bear a line of conquerors; or whether he or she is destined to propagate those who will swell the number of the unfit? In this great battle for survival who is the conqueror?

Reduced to the simplest terms, it may be said that the conqueror is he who con-

quers himself; she who conquers herself. "The devil goeth about like a roaring lion seeking whom he may devour." But the devil—the principal of negation, of destruction, operates from within us, not from without. He, this tendency within, is the real enemy.

## THE REAL ENEMY.

The real enemy is not the man who attacks me with fist or club or calumny. The real enemy is not he who turns upon me the batteries of his venom—who bares the gleaming fangs of malice. The attacks of such an outside force are of little power to harm. Such an enemy is easily conquered. A few tactful words, a kindly act, a generous thought; and lo, he has become my friend, my well-wisher. So is he conquered. Merely by turning to him the other cheek, merely by showing to him the spirit of loving kindness, merely by feeling for him the "love which thinketh no evil."

The man outside then, the traducer, the active foe, the backbiter—he is not my real enemy; he is, in reality, my friend. He gives me an opportunity to exercise the greatest powers within me, generosity, sympathy, diplomacy, self-control, calmness, kindness. In all this he is not my enemy; he is my friend. He who wrestles with me makes me stronger. He who tries me, trains me. He who calls forth my powers makes me more powerful.

My enemy then, my outside enemy, is my friend. In learning to conquer him I learn to conquer the world; and after he is vanquished, to vanquish the world is easy.

## THE ENEMY WITHIN.

The real enemy is the man inside. The man inside—he is ever with me, in-

sidious, specious, sleepless, all-potent, implacable. To conquer the enemy without is a comparatively easy task; to conquer the enemy within, is a task requiring such powers that, having gained this victory, all other victories become easy.

"He who conquers his own spirit is greater than he who has taken a city." The beautiful boy king of Macedon took many cities, and yet his name goes down to ignominy because he did not conquer himself. Diogenes, sitting in rags by the roadside, Gautama wandering over the long, hot, dusty roads of India, Socrates contentedly quaffing the hemlock, Christ, half starved, pallid, alone, toiling up Calvary, the cross on his shoulders—these men took no cities, commanded no millions. But they had the greatness which comes of self-command. They had achieved the nobler conquest.

Verily, he who has conquered his own inner self, who has concentrated upon his task all his forces, physical, mental, spiritual—he is infinitely greater than the man who, by controlling others, has brought his army into the possession of many cities. For, while it is a splendid achievement to be master of men, "he that is master of himself is king of men."

#### THE ART OF CONQUEST.

"And how shall I conquer myself?" says someone. The art of conquest may be stated in simple terms; but while simple, it is not easy. It is the great task, the great renunciation, "the way of the Tao." The first step is to acquire the power of self-control, self-determination.

What is self-control? In a word, self-control or self-determination, means nothing more or less than the adaptation of one's thoughts and actions so that they are in harmony with an Ideal.

A man or woman may say, for instance, "I am resolved that I will be generous, unselfish, kindly, sympathetic

and calm that I will not allow myself to be actuated by any motive other than the noblest; that I will sacrifice my interests, my hopes, my plans, myself, to another—to any other. In short, I will live life in accordance with the dictates of the Christ spirit within, of the immanent God.

#### STRUGGLE WITH THE WORLD.

And then comes a struggle intense, incessant, implacable, with the world, with the flesh, with the powers of opposition, all of which tend to arouse, in the man or the woman of aspiration, the ignoble thing—the impatient word, the ungenerous judgment, the unsympathetic, unkind thought, excitement. And so he fails, and fails again. And so she again and again is conquered by the insidious enemy, self.

But gradually, as a result of constant attention to self-control, to self-conquest, there comes to the noble man, to the aspiring woman, a greater and greater power of self-abnegation, a greater and greater spiritual, impersonal force. At last they become great. They are the servants of all mankind. They have become higher than the highest, lower than the lowest. The Master washes his disciples' feet.

#### THE GREAT MAN.

And the great man, the great woman—they are simply he or she who has made the nobler conquest; who has realized that his or her importance in the universe is measured only by the recognition of the importance of his or her fellow beings. He or she is great who realizes that any shadow of distinction between them and their fellows, any shadow of selfishness, of meanness or self-preferment is a sin, the primary sin, the only sin. He who has learned this is greater than he who has taken a city. He is master of himself. He has made the nobler conquest.

# The Law of the Rhythmic Breath.

By ELLA ADELIA FLETCHER.

## CHAPTER XVIII.

### (Part II.)

#### VITAL CENTERS FOR CONCENTRATION.

In concentration we develop still higher power—the power of higher forces on higher planes of activity. With regard to these varying planes, please remember that every one is positive to the next below and negative to the one above; and that the higher they are the finer, swifter, and more subtle are the vibrations. As you progress, gaining more and more control over the physical and insight into the mental activities of your being, you will receive irrefutable proof that the spirit brings out power wherever it is focused.

When there is a state of physical discord and the need is to purify and harmonize the *Tattvic* vibrations on the physical plane as well as to obtain mental control, the most important centers upon which to concentrate are the sacral- and solar-plexuses; the pituitary body (high up back of the throat), which is intimately connected with the ninth and tenth cranial nerves; and that core of the brain, the pineal gland.

The sacral-plexus is so-called because situated in the sacrum; a composite bone formed of the union of the vertebrae between the lumbar and coccygeal regions of the spine, containing the dorsal part of the pelvis. In man the sacrum, or sacred bone, is triangular, and consists of five vertebrae. This shape conforms to the basic-plexus which it shelters, and proclaims it a dominating center of *Tejas* activity, whence this *Tattva's* stimulating vibrations speed to all the organs in this part of the body. No other *Tattva* responds so instantly to a thought, or

to a glance from a speaking eye; for, remember, *Tejas* is regnant in the optic nerves. Therefore, as behind every thought is desire, the harmonious activity of *Tejas* in these vital organs depends upon the purity, saneness, and wholesomeness of our *desires*; and their control by a *soul-governed Will* affects the human life beyond all other influences. It is the difference between aspiring to be Godlike, and yielding to be the shuttlecock of the physical senses.

This is, of course, the turning point in life, for we all *are* and *become* what our *desires mould*. Desire prompts the Will to action. Shall it be a lawless ruler? Right here is the most prolific source of evil. It is easier far to drift with desire, but know, once for all, it is the path of discord, the sower of disturbance.

In the Zodiac we find the clue to these close relations of organic sympathy which affect human life and character so profoundly. The constellation Scorpio is the symbol of desire because it exercises a paramount influence upon the physical center where desires are generated. This activity is assigned to the coccygeal gland (also known as Luschka's gland), situated near the extremity of the spinal column. This gland is most intimately associated with the arteries and nerves; but its exact function, like that of the spleen, pituitary body, and pineal gland, still remains a mystery to the anatomist. Scorpio is one of the "houses" of Mars. Now thought, under the influence of Sagittarius (next east of Scorpio as seen in the Heavens) is either above or below desire exactly according to the direction of our thoughts. If these are of the earth, earthy, the direction of these stel-

lar influences is downward from Aries, governing the head, to Pisces ruling the feet.

The familiar figure of man in the almanacs shows the commonly assigned influence of the zodiacal signs upon different parts of the body. Familiar as it is, though, how little the illustration signifies to the majority of mankind! Yet the connection is deeply significant; and to a certain degree it is natural, normal, and healthful. You have learned that the soles of the feet are centers of *Prithivic* activity, and that in the contact of the feet with Mother Earth the flow of pure *Prithivi* vibrations is greatly stimulated. This *Tattvic* emanation received from the earth is an extremely subtle, ethereal magnetism which exhilarates the whole body. Whether the elemental forces which develop as this subtle *Tattva* ascends and stimulates and mingles with *Tejas* shall be purely physical or shall be transmuted into purer and higher principles depends upon its use or abuse.

The guide to both paths is in the Zodiac. For still within man is the occult spiritual Zodiac which, corresponding exactly with that of the macrocosm, is circular. In this, notice particularly that Sagittarius is *above* Scorpio, and that Pisces—the abstract symbol of the will and influencing it—reflects its power upon desire in a vertical ray from above as in the physical zodiac it reflects it from below. Accepting the guidance of Mercury and governing the body by reason and misunderstanding we develop the power to employ all its mysterious forces for good. By controlling his desires through the power of thought—much easier than he who has never tried to dream—man enters the upward, spiritual path, thus overcoming the downward and outward flow of his activities and emotions to things purely physical through the stimulus of his sense perceptions.

Notice also with care that it is not the will but thought which must first be employed to control desire and give it an upward impulse. Until this is accomplished, will is at the mercy of desire

and but strengthens it into evil intents. The moment thought, which directs and controls desire, recognizes its own agency, refuses to be swayed by impulse, and gains the mastery, the will ascends to its higher plane, and its reflection transmutes desire to loftier aims; for will and desire are the higher and lower aspects of one and the same thing. It is by the proper exercise of our will that we accomplish all things on the higher planes and free our souls from physical chains.

Thus in all this overcoming we are building character, shaping destiny. And the petty trials, the small frictions of life are just as important if allowed to do their work of discord as seemingly more important matters. They demand their corresponding measure of resistance,—not the resistance of struggle, but the more effective resistance of poise, ensuring the calm spirit that commands reason and, therefore, can meet the annoyance with wise judgment.

Be not anxious if at first when trying to concentrate and enter the Silence a multitude of thoughts flit through the mind. It is the beginning of discipline to watch its vagaries. They will surprise you, but you will soon realize that you yourself are above and superior to the mind. You will separate yourself from it; and next will come the calm and confidence derived from consciousness of power to check and control the whole unruly tribe of trouble-makers and peace and mind destroyers. This, however, is not gained in a day, nor is it the reward of irregular, haphazard practice.

The influence of the Zodiac upon other vital centers, showing what is gained by concentration upon them, will be developed as we continue the study.

In all practice, assume an easy, erect posture (not lounging; that is), so that the spine will be free from pressure. In normal, rhythmical breathing, the solar current flows *in* and *out* through the right nostril, and the lunar current through the left. When it is desired to make one or the other current flow, close the nostril or press the fifth rib on the side you wish to make inactive, and *inhale* and *exhale* through the other nostril.

# Practical Telepathy.

BY ELLEN PRICE.

## LESSON V.

### THE CONSCIOUS AND SUBCONSCIOUS MIND.

1. The conscious mind is the finite or objective understanding, the subconscious mind is a general awareness of truth. Although we can distinguish no line of separation between the faculties of the two we may assign observation, reason, comparison and the like to the conscious mind, and perception, intuition, response, or relating of inner effects to outward causes, etc., to the subconscious. So much of the subconscious mind as the conscious mind is able to recognize, or make way for it to manifest, becomes a part of the individual mind. The individual mind as a whole is made up of the harmonious interaction of both. The conscious mind performs its active part in the positive condition, and its passive part in the negative condition; the subconscious mind manifests itself to the conscious mind in the negative condition and through the psychic sense.

2. All telepathic communication is conducted through the subconscious mind. Thought generated in the subconscious mind of an individual passes to the conscious mind of another through the subconscious minds of both. Or it may originally take form in the subconscious mind of one person and pass directly through another's subconscious to his conscious mind. The subconscious mind responds to the demands of the conscious mind, yielding to it under certain conditions any desired information from any source. This proves that it is an independent and superior intelligence. Whether or not the process is carried on within the individual mind we do not know; our first knowledge of it is when

the conscious mind recognizes the results. The subconscious mind may be occupied with one subject while the conscious mind is thinking of something entirely different.

Holding in the conscious mind the subject upon which information is desired seems to retard or even prevent the action of the subconscious mind along that line. This leads some to believe that the subconscious mind acts more freely when the person is hypnotized and the conscious mind completely passive. But if one gives his entire attention to some subject not bearing on the desired information, the action of the subconscious mind is quite as free, and the results as good, as during hypnosis, and the conscious mind and will of the individual have not been dethroned by the mind of another.

Perhaps you have at some time, after a long but fruitless search for a misplaced article, given up the search and declared, "I shan't look any more, even if I never find it," then forgotten your loss entirely, but suddenly, a little later, without thinking what you were about to do, gone to some obscure spot and brought to light the lost article. When you became resigned to the loss, and dispelled your anxious thoughts by giving your attention to something else, you gave your subconscious mind a chance to impress its intelligence upon the conscious mind, or influence your actions through it in response to the strong desire to know where the lost article was. If you have not had such an experience, try this plan next time you lose something around the house. The experiment will be interesting, and will succeed if you first send out a strong desire for the lost article, then turn your attention



entirely away from it. The chief difficulty is to throw aside all anxiety about the matter; but this may be accomplished by persistent application of your will.

When a thing becomes too perplexing for the conscious mind to handle alone, I sometimes drop it completely, and, if I desire immediate results, work a simple example in mathematics, memorize a few lines of music, or take up some absorbing household task, disagreeable, perhaps, but important enough to engross my whole attention. This gives the subconscious mind the freedom necessary to its action. When I have finished the task, in the relaxation that follows I generally find that the intelligence I desire is with me, just as though I had always possessed it. This practice may be followed until you develop mental habits that will convince you of the sufficiency of your own resources in all things.

The intelligence of the subconscious mind wields a power beyond our understanding. The means by which it accomplishes its work are unknown to us, but the results are substantial and good beyond all expectation. For this fine spiritual force links us to the Source of All, and is the very essence of life. It is a power that never fails us when we make way for it, and only when we have learned to use it as we use the air and sunshine will life be truly worth living.

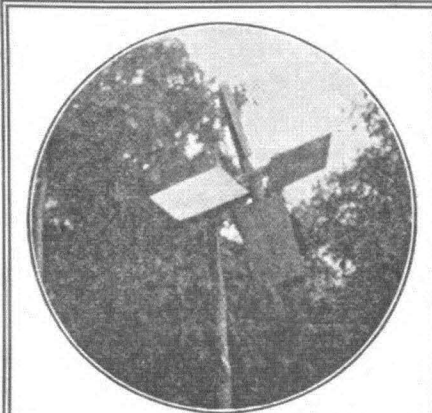
4. The manner in which intelligence from the subconscious mind presents itself is often peculiar and inexplicable. For a few weeks, one summer, every time I demanded anything of this mystic power, I was sent to my grandmother's worn Testament, and hastily turned the leaves as if I knew just what I sought and where to find it, until I felt impelled to stop and read a certain passage. I never failed to receive accurate information and reliable guidance in this way.

At other times I am led to the piano and handle my music until I feel I have the right thing, and perhaps turn to a

song whose words or sentiments answer my question. Or, without notes, I finger the keys indifferently until suddenly the idea I seek seems to blazon itself before my eyes, rush out through the music, or gently whisper itself to me above the tones as I softly play. Occasionally I pick up a pencil and without realizing what I am doing until it is wholly finished make a sketch symbolizing the desired information. Again, the picture may stand out in bold relief before my eyes. And when all else fails me, in the quivering silence of the sunrise or the quiet hush of the sunset, alone, all uneasiness resolves itself into a perfect understanding.

5. So when you have sent out a demand for information from this source, do not attempt to dictate in what way it shall come, or even suggest to yourself the way in which it is likely to appear. Just expect it, with the child's simple trust; for this provides the condition most favorable to your receptivity. To have free access to the realm of the subconscious mind, you must accept everything it sends. Even should you find that your fancies have misled you, do not feel grieved, but recall your childhood days when the things that are now habits of mature life were so awesome and unintelligible to your unfolding mind, and consider how many of the real things of those days have proved unreal as your understanding developed. Keep a stout heart, and be prepared to meet the perplexities and griefs incident to your development, with the trustfulness of one who knows he can suffer no real harm from either illusions or disillusionings in the process. Your seeming mistakes and blunders will merely set you right with the things you desire. You must make an effort for whatever you would gain, and by and by you will see things with a clearer understanding that will prove to you that your demands are promptly and correctly answered.

*(End of Chapter V in September number.)*



## Netop Notes.

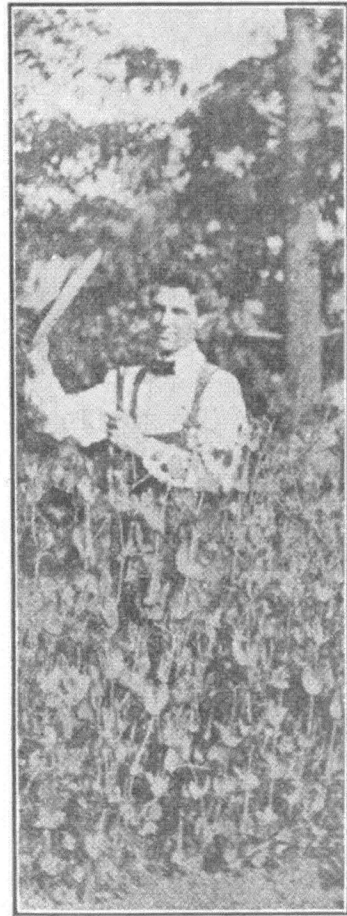
BY WILLIAM E. TOWNE.

Isn't it funny how "things happen" thick and fast some days, and then everything runs on smoothly and quietly again. It seems as if Nature is like a clearing house, where events accumulate like checks, and then on a certain day a balance is struck and everything is sorted out to its proper place.

Last Saturday (June 29th) was one of the days when "things happened" for us. We have been without a house-keeper for a week or so, and have taken most of our dinners at the Franklin (the boarding hotel where Elizabeth and I lived for the first five months after our marriage and carried on our business and published *Nautilus* from the one room we had there). On Saturday we came home from dinner and about three o'clock started for Netop. The first thing that "happened" was that we missed our car and had to wait at the city hall for twenty-five minutes. We improved the time by doing a little shopping, and when the next Amherst car came along we were in possession of an alarm clock, some supplies for my new camera, some steel pens for Carolyn and a bottle of Jamaica ginger, the latter being a household necessity wherever girls and ice water come into conjunction.

It was rather late in the day for picture-taking when we arrived at Netop,

and the sun was clouded in. But I was very anxious to secure a picture of Eliza-



William and his "Prosperity" Peas.

beth standing at the foot of a big chestnut tree, surrounded by green leaves and

shrubs. So as soon as we got off the car I started in to shoot with the camera. I had it loaded with a four exposure film, and took four pictures of Elizabeth, one after the other, so as to insure getting at least one good one of her, as I wanted to have a cut made from it to use with this article. I was very careful about the stops, and the length of exposure, and paid great attention to

clothes and hats which were hanging on the walls, using little walnut sticks, with the bark peeled off, for curtain rods. Then she scrubbed the floor, every inch of it, and blacked the stove with a new kind of liquid blacking which made it shine better than new.

I put in my time bushing late peas and doing other work in the garden. We expect to have our first early peas July 4th (in fact, they are ready to pick at the present time).

While we were thus engaged on Saturday afternoon, about 200 Holo-yoke girls, under the auspices of the Y. W. C. A., were holding a picnic all about Netop and vicinity. It began to rain gently about the middle of the afternoon, but that didn't seem to dampen their joy in the least.

We had our supper of peanut butter sandwiches and milk, and by the time we were ready to start for home it was almost dark. The rails were quite wet, and as there is quite a grade where we take the car the motorman ran by some distance before he



South end of the Cabin at Netop, where the most of our "Little Journeys" are not written.

could stop his car. Elizabeth had on her new silk dress (for the purpose of having her picture taken) and wouldn't follow the car through the wet grass, so she called, "Come back," and the motorman reversed the power and slowly backed up to the crossing where we got aboard.

That was another thing that happened on Saturday, June 29th.

Well, Elizabeth had a great working streak on, and as we expect to stay at Netop July 4th and have company there, she started in to slick up things generally. She draped curtains over the

The car slowly picked its way down the South Hadley hills until just before reaching the Center, and at the top of quite a long grade a woman signaled the

motorman and again the slippery rails made it impossible for him to stop until the foot of the grade was reached. While the conductor and motorman were consulting as to whether or not they should go back for their passenger, and peering through the darkness to see if she was coming, she suddenly bobbed up under the rail on the wrong side of the car and sang out "Go ahead." She had sprinted after the car and almost kept pace with it, and was somewhat out of breath. As soon as she got her breath she told some of her troubles to the conductor, and he was afterwards kind enough to pass some of them on to us. It seems that about thirty people had met at a certain house that evening to give a surprise party to the inmates, and were somewhat surprised themselves to find the house dark and the people gone to Mountain Park, some ten miles distant. The female sprinter was on her way to the nearest telephone to see if she could make connections with the surprisees.

The mountain laurel is commencing to bloom at Netop, but the blossoms are very few and far between this year, possibly on account of the long, hard winter. The two years previous they were especially profuse. Poor Robin's plantain has been in bloom for sometime. This flower resembles a violet-colored daisy and delights in stony soil. Then there is wild geranium, which doesn't look like a geranium at all, unless there is some slight resemblance in the leaves. This flower, a delicate pink in color, has nearly gone by for the present year. False Solomon's seal, a white flower, is now in bloom, and yesterday we noticed for the first time this season the tiny, white, wax-like blossoms of the partridge berry. Then there is the four-leaved silkweed, a somewhat shy, rare flower, the books say, belonging to the milkweed family. It is much more delicate than the common, roadside milkweed and its juice does not have a milky color.

A red squirrel seems to have made his home very near our Netop cabin, as he is almost always on hand to greet us upon our arrival. He runs up our hemlock tree by the garden for a few feet, and then stops to peer around the tree curiously at us, chattering a streak of squirrel talk meanwhile. Two chipmunks have their holes almost at our back door, and we do not seem to cause them much worry. A Phoebe bird built her nest under the eaves of the cabin last year, and came back again this year to raise another brood. Yesterday I noticed three little gray-breasted birds looking over the edge of the nest, probably screwing their courage up to the point of flying.

## Coming, Coming!

My ship is built of crystal;  
The sails are cloth of gold,  
And all the masts are silver,  
With jewels in the hold.

There's "Love" upon the pennant,  
And rubies down below;  
And diamonds and emeralds,  
With pearls as white as snow.

The centerboard has flagons  
Of sparkling, heady wine,  
And food so rich and tempting,  
And all of this, is mine!

Cupid is the captain,  
Common Sense, the mate;  
The sailors are my heart's desires,  
Who joyously await.

Sometimes in the gloaming,  
When I am tired and sad,  
I fear my ship has foundered;  
But then, again, I'm glad!

For yonder, at the meeting  
Of crested sea and sky,  
I KNOW my ship is sailing,  
I see the pennant fly!

Then some happy morning,  
I'll waken with a bound,  
To find my ship in harbor,  
Anchored, safe and sound!

—Adelaide Keen.

# New Thought by the Golden Gate.

BY OLIVIA KINGSLAND.



Mrs. Kingsland.

If you want to see a really truly New Thought Town, you must visit our city, New San Francisco. The first month after the 'quake and fire, we said, "It was terrible," the second month, "It might have been worse," the third, "Twas not so bad," fourth, "Things are looking better," and the sixth month, "God bless the earthquake." Say it again and often, but we had sufficient, thank you. We are satisfied. It has taught the lesson Henry Harrison Brown tried for thirty years to teach us—to mind our own business, which included allowing other "microbes" (Elizabeth) to mind theirs. Well, the 'quake indelibly fixed this lesson in our minds and the fire warmed up our hearts to the true meaning of it. Henry H— had the largest audience of New Thought students before the— Who said we had an earthquake? He and the rest of the "Now Folk" have gone to live in their "Mountain Home," near Glenwood, Cal., and I'm going to make a little journey there, some fine day, to stay for a week at least, and join in their redwood frolics, feasts of reason and flow of soul. The "Now Folk" are conducting a summer school at their home, in addition to their frolics and feasts.

Next Sunday evening I purpose to hear Miss Marie Walsh lecture in the new Theosophical Hall, 1001 Oak street, corner of Scott. I've heard her at rare intervals, for fifteen years and have been helped and encouraged—with hundreds of others—by her lofty ideals.

Miss Walsh was one of the first organizers of Theosophic work on this coast. With the assistance of Dr. J. Anderson, Mrs. Sarah Harris and Dr. Griffiths, a center of earnest work was formed in East Oakland, and in the fall of 1888 the first public meetings were held in San Francisco. In 1890 permanent

headquarters were established with library and reading room as well. From this center very active propaganda work was carried on, in adjacent cities. There are now prosperous branches in Oakland, Santa Cruz, San Jose, Stockton and other places. Those centers, together, with Golden Gate and San Francisco branches—which meet jointly on Scott street, attract many earnest and brilliant workers, and the higher thought is making rapid strides.

The beautiful T. S. Hall furnishings are in cream and brown, relieved by the fresh green of potted palms, hanging fern baskets, and bright, sweet scented flowers, brought there by loyal students and teachers. There is a lecture every Sunday evening at eight

o'clock, and on Monday, Thursday and Friday evenings, are classes to study Karma, Reincarnation and all the religions of the world.

Some of the well known lecturers are Arthur Best, Alice Best, Marie Blake, Mr. Ducey, Mr. Cooper,

Mrs. Kroutch, and others, whose names I cannot recall as easily as their inspiring words and courteous spirit of brotherhood, which characterizes every member of the Theosophical society.

I wish every *Nautilus* reader could take a trip, on one of the most picturesque car lines of our city, to the quaint Hindu Temple, the home of the Vedanta society, on the corner of Filbert and Webster streets. The temple has a comfortable and dignified appearance and is adorned by wonderful paintings of eastern sages, and teachers of India. The Sunday evening lectures and study classes are conducted by the Swami Prakashananda—whom I have had the pleasure of hearing on "The Power of Thought"—and by the Swami Trigunatita, whom I hope to hear



Henry Harrison Brown.



soon. Every visitor is presented with a souvenir booklet, explaining the Vedanta philosophy, which is claimed to be the oldest known religion. I quote some of the shorter nuggets of wisdom: "Each is great in his own place;" "The truth exists as one, philosophers represent it variously;" "Arise, awake and stop not until the goal is reached." The closing words of the little book are significant. "All sects and religions, all clubs and societies, persons of all classes and of all phases of life are cordially invited."

Christian Science is forging ahead in our "city by the sea." I attended their Wednesday evening meeting, a few weeks ago, and there were about four hundred good Scientists present in their new church, corner of Sacramento and Scott streets. The "demonstrations" were very interesting, and the happy, smiling faces proved beyond a doubt, to the most casual observers, that living in faith and believing in the All Good is working toward the light which all must find some day—some way.

One of our most popular lecturers is Mr. J. Stitt Wilson. Every Sunday at eleven a. m., he has a large audience at 925 Golden Gate avenue, to hear his talks on "Freedom," Socialism, and New Thought. There are well attended Monday afternoon meetings at Mrs. Wiggins' "Home of Truth," on Turk street between Broderick and Devisadero.

An inner circle of students of a more conservative nature meets on Friday evenings, at the home of Dr. Orlof N. Orlow, to hear the philosophy of "Atmos," and to receive instruction in right living and thinking.

The invited students assemble in an upper room of the United Crafts and Art building, 147 Presidio avenue, corner of Washington. The work is directed and managed by Doctor Orlow.

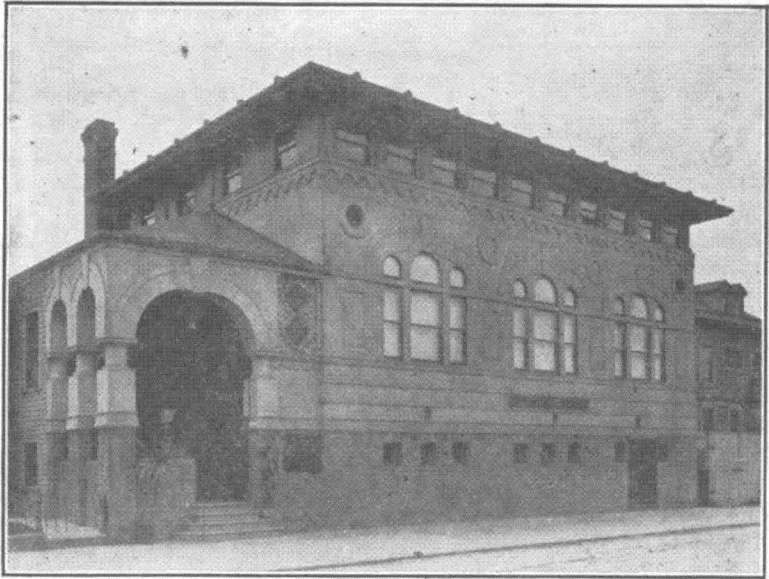
It will be a great treat to all visiting San Francisco to call at the "Crafts and Arts"—

open every day, to see the unique and artistic furniture, curios, antiques, bric-a-brac, needle work, etc., displayed there.

The Rev. Victor Morgan has a numerous following who attend his "New Center of Truth," Veterans' Hall, Fillmore street and Duboce avenue, on Sunday and Friday evenings, to hear him proclaim the possibility of living in "Heaven Now."

And there is a new "Center of Truth" at 1292 McAllister street where Mr. W. J. Colville gave a splendid lecture to a very large audience a few weeks ago.

Also we have the "Home of Truth" at Oakwood Hall, 1805 Devisadero street, where "practical Christianity" is lived and taught.



**Crafts and Arts Building, 147 Presidio Ave., a Center of New Thought.**

Last, and perhaps least, is Olivia Kingsland's own little "Good Thought Society" which meets occasionally at the different members' homes to cultivate and maintain the thought that's good, and to uphold and encourage every one engaged in noble work for the uplifting of humanity. She will be pleased to meet any stranger visiting our city, or any one who reads *Nautilus*, on Wednesday evenings at her home, 889 Haight street, corner Devisadero.

There is also a Free Thought society that meets in St. Helen's Hall, corner Sanches and Market streets, every Sunday from two to five p. m. Although the mental attitude of the "free" thoughters is more of protest against the wrongs of political, social and religious

institutions, than approbation of the good, their meetings are instructive and interesting, and many brainy, amusing, and original speeches are made. The president of the society is Mr. John Larsen, of 142 Hanford street, and he shows great tact and good taste, in keeping harmony, where all sides of any subject may be talked on, by anybody, for ten minutes at a time.



Henry Victor Morgan.

There are many more teachers and students working for better conditions for all of us, but time and space are limited for this writing. Besides, if anyone desires to call on or communicate with those mentioned, they will find them full of cheerfulness and with enough good fellowship to direct the inquirer to any of the New Thought centers in this our wonder working and forward growing city.

I believe that the future holds great honors, for the people of New San Francisco, for artistic and scientific ability, and I feel sure that from this glorious climate and prolific soil, will arise men and women to take the initiative in all advanced thought and action.

The way has been prepared and is now ready for the practical working out of the strongest three words in the English language. These words hold within them the solution of all problems in political, commercial and social life—the only commandment given to us by the great Master, Jesus—

**"Love One Another."**

speeches are made. The president of the society is Mr. John Larsen, of 142 Hanford street, and he shows great tact and good taste, in keeping harmony, where all sides of any subject may be talked on, by anybody, for ten minutes at a time.



Billy Stein, Mrs. King'sland's "Baby Grand" (Grandson), a real new thought Friscan.

## Circle of Whole-World Healing

Conducted by THE EDITORS.

Would you be at peace? Speak peace to the world.  
Would you be healed? Speak health to the world.  
Would you be loved? Speak love to the world.  
Would you be successful? Speak success to the world.

For all the world is so closely akin that not one individual may realize his high desires except all the world share with him.

And every Good Word you send into the world is a silent, mighty power working for Peace, Health, Love, Joy, Success to all the world—

Including yourself.

Will you join all the readers and the editors of *The Nautilus* in daily periods of Whole-World Healing? No memberships, fees or special duties, no joining of anything but a spiritual movement. The entire visible sign and direction of this Circle of Healing appears in this column, in each number of *The Nautilus*. You join the Circle in thought only; no letters, fees, etc., are connected with it. You are free to secede when and how you choose.

No duties are attached and only one privilege: That of holding your own version of the thought expressed herewith, sending it out to all the world each night before you sleep, and as many times during the day as you think of it.

Each number of *The Nautilus* will carry in this column the thought to be used daily until the next number appears.

The emolument of membership in this Circle is, *The Cosmic Consciousness*.

Which includes Health, Happiness and Prosperity to every Creature.—THE EDITORS.

\* \* \*

Key thought for daily meditation:—

Caleb went into the promised land because he "wholly followed the Lord his God." Upon the same principle, and only so, shall we come into our promised land of immunity from disease of every form.

We must consciously rise to the Ideal realm, the highest, and live there. For what we think upon, we embody. We are what we have recognized; we shall be what we are recognizing to-day. We are choosing each moment either our highest or something less.

Our highest thought, persisted in will change any defect of temperament, and thus free us from disease and death. "Let patience have her perfect work."

—Elizabeth Towne.

# THINGS THAT MAKE FOR SUCCESS.

*A Correspondence Department.*

*Conducted by the Editor.*

*If you have discovered something that makes for success, or if you have seen some one find and surmount, or remove an obstacle to success, let us hear about it.*

*We hope to publish herein many bright thoughts from our readers, each over the name of the writer, unless a nom de plume is substituted.*

*Letters for this department, which must not be too long, should be plainly written, on one side of the paper only, and should not be mixed up with other matters of any description.*

*To the writer of the most helpful success letter published (as a whole or in part) in this department of each number of the magazine, we will send THE NAUTILUS for two years, to any address, or two addresses, he may designate.*

*To the writer of the best letter or portion of a letter printed in six months, we will send \$5.00 in money in addition to the subscriptions. Prize winners announced in number following publication of their letters.*

—EDITOR.

## *Letter No. 77.*

For fourteen years I walked beneath the stars at night and never saw a sunrise.

I liked to look at the panorama of the sky and to think how the Assyrian shepherds used to watch and read the stars in the East before the Savior was born in Bethlehem, and that these self-same planets and stars swinging in their orbits in my heavens were also among the glories of theirs.

It was beneath these glittering stars one night that I discovered that a man could really entertain demons as well as angels unawares.

I had recognized the savage in me as "my Indian." My Indian was a good hater, and I had become a little proud of this degenerate associate. He was my bad ogre, and I had a use for him,—but one night under the stars a new light came to my mind—the voice of an angel seemed to say, "The Savior forgave his enemies, why cannot you? I said in the glare of this new light: "Henceforth I will harbor ill-will against no man—I will have only good wishes for the worst foes." The Indian vanished then and there, and the good angel stayed. That was many years ago, and I can never tell the change which came over me as the result of my acceptance of a nobler spirit.

The resolution to put the savage out let something better in. It was resolution and it has been evolution every day since. I know what the forces are that aid us in the silence. I know the comforter that we were told was to follow Him whose example I decided to follow.

We are warned against choosing evil companions and we think of wicked persons instead of the destroying forces of prejudice and hate, which though invisible have dominion over us because we entertain them. Do they not stir up bad blood—evolve evil thoughts and wicked designs, and who by them is injured more than the one they rule?

Under the stars I rid myself of my savage. A glory even greater than the glory of the heavens prompted me to sell my demon as he was and to expel him. You can do the same with yours. This is practical and it brings its reward.—C. P. Watts.

## *Letter No. 78.*

"Your luck's in your hand!"

Seeing this sign on the doorway of a "Palmist," I said (mentally): Yes, luck—success—will be worked out for you by doing *what your hands find to do*; loving your work, for which you are fitted; giving of your best to the world; and doing the best you can. But "know thyself" first, through right breathing, then, right thinking, which is sure to bring right living; and keep to your high ideals though compelled to overcome obstacles to reach them.—ADELAIDE LEE.

## *Letter No. 79.*

First fill your mind brimful of all the good you can, send out good will and love to everyone. Keep this up for a few minutes, at the same time take full deep breaths of as much pure air as possible, throw back all the frowns and wrinkles from the face, look bright, feel bright, look at the good and bright side of everything, therefore at the same time, keep a mind on the All-Power-Being which furnishes you the privilege of so doing. After you are thoroughly filled with all good things you can feel free. Then relax entirely; if in a sitting posture, be sure you are not on a rocker, but on a comfortable straight back chair. If lying, have no pillow, lie on the back, breathe a little while, then take deep full breaths, hold the breath a little, then exhale slowly as possible. Do this a while, and soon you will be off into the Silence. It's fine, and will do you good. Try it. When I get awake during the night, I go over the above and am soon asleep again.—ESTELLA R. GEIS, Calla, Ohio.

Letter No. 75, by Evelene N. Butler, a bright young girl reader of London, England, won the prize for July, and receives two years' subscription therefor.—E. T.

## THE FAMILY COUNSEL.

"Oh, wad some power the giftie gie us  
To see oursel's as ithers see us!  
It wad frae many a blunder free us,  
And foolish notion."

A DEPARTMENT OF  
CONSULTATION AND SUGGESTION.  
CONDUCTED BY ELIZABETH TOWNE.

In this department I will try to reply to the 1001 odds and ends of life-products and home interests which are presented to me, answers to which are not of general enough interest to make them suitable for the regular reading pages of *The Nautilus*. Every reader is welcome to what advice and suggestion I can give, and I sincerely hope that with the aid of this department we can reach and help many more people. Welcome, all!  
ELIZABETH TOWNE.

J. D. W.—Unless you have something special that needs to be said it would be folly to try to develop oratory or authorship on the strength of what some astrologer says about you. It is not *how* he talks or writes but *what he has to say* that determines the success of speakers and writers. The best speakers are not taught in oratory. The best writers write as they feel. You seem to begin at the wrong end, merely because some astrologer said you "have the ability to speak and write." What of it? Everybody has the same ability. But nobody uses it to advantage until he *has something to say*. The only course for you in the meantime is to study English and general literature. Write to some correspondence school for their prospectus, if you have no school or tutor in your vicinity.

H. L. S.—Yes, I believe in astrology, and I make some personal use of it. *But I never allow it to influence me against the impulses of my own spirit*. If I want to do a thing on an "evil" day I do it, and it comes out right. If I want to decide on a day away ahead, when my spirit seems to have nothing to say about it, I let a "lucky day" list decide me. If an "evil" day is more convenient I choose that, and it comes out right.

You see, while astrology is alright itself, the astrologer who makes up a day list may have miscalculated the days; *but the spirit's promptings within me are always right*. If they were not right then my day would go wrong no matter what the day list says.

This is the most important thing I gain from such a list: The growing knowledge that the same wisdom which speaks in the heavens *speaks also in my soul*, and that it is safer for me to listen to it within me than to listen to what some astrologer says it says away up in the sky. Of course what is true of me is true of you and of every soul on earth—the voice within you is a truer guide than any astrologer's guess at what the voice speaks up among the stars. Astrology should help you to hear the inner voice and act upon it. If you put your trust in the God within, you can get pleasure and self-knowledge out of astrology. If you put your faith in astrology you will get out of it only fear and failures.

B. D.—I doubt very much if anybody tampers with your mail. Your writing is not very

plain, and I am not sure that we have your last name correctly spelled. If you have things addressed to you in poor writing, or if you don't write your address plainly enough, so anybody can read it, your mail may be held up or delivered to the wrong address, for that reason.

But why do you care *anyhow* if anybody looks at your mail? Don't have secrets and things you are ashamed of, and don't allow yourself to *feel* secret, and then you won't care if anybody does open your mail. And that feeling of not caring would communicate itself to the post office people and everybody else, and *they* wouldn't care to even take the trouble of looking into your letters and things. If you *act secret* and make a fuss about your mail being tampered with, you arouse peoples' curiosity, and then somebody might look into your mail just to gratify that curiosity. Just you get over that idea, and think that you don't care a snap; as long as your letters are delivered to you, that's all you care anything about; and you'll soon find your mail will come to you all right if properly addressed. Of course if they don't deliver your mail when you ask for it, if they are careless at the post office, I would make a fuss about it, and insist on their paying strict attention and delivering your mail on time. Read my answer to "J. T. O., Alaska," on page 43, of June *Nautilus*, and it may help you in this matter. You may depend upon it that when anybody's mail is tampered with, it is from mere curiosity, in which case you want to get rid yourself of caring whether anybody knows your business or not; or else such tampering is done in order to get money. I assume that you don't have much money come by mail, so that part of it is probably eliminated. Don't you know that everybody is too busy with his own business to care very much what anybody else writes about, *unless* the person who receives the letter gives them the impression that there is something very secret in their letters? Then they are curious of course, and they might tamper. But the cure is in your hands, anyway. I get thousands of letters, and I wouldn't care a continental red cent who saw the contents of any one of them, so far as I am concerned. And my letters are never tampered with. But if anybody got the idea that folks were writing to me about things that were curious or underhanded you may just depend that somebody would be curious enough to want to find out what was in the letters! Think honestly and openly and above-board, address your letters plainly, let the post-office folks know you, and you will get rid of all such troubles.

## Mothers' Counsel

Edited by

ROSE WOODALLEN CHAPMAN.

*Nautilus Mothers, Fathers and School Ma'ams are cordially invited to consult our Rose on any knotty problem connected with the training of children and parents—and teachers. She isn't exactly omniscient, but she is on the road, with experience and her mother helping. And she is glad to help and be helped. Address letters to Rose, care The Nautilus, and be careful to put no other communications in the same envelope. Replies to your letters, and a few of the letters will appear in this department.—E. T.*

### How New Thought Principles were Taught to a Child of Four.

BY ROSE WOODALLEN CHAPMAN.

#### PART I.

"Naughty! Naughty! Baby mustn't do that. Baby is a naughty girl."

Mrs. Newcomb had heard these words many times before in different homes where she had visited, but never before had they seemed to her so out of place, for she and Mrs. Harrison had just been discussing some of the fundamental principles of the New Philosophy in which they had both become so much interested, and one that had aroused their greatest interest was that which proclaims that all is good and that we must attribute nothing but goodness to those around us. To be sure, the baby was not old enough to understand any philosophy, but was she old enough to receive any influence from the repetition of those words, "naughty, naughty?" That she understood the tone in which they were spoken was evidenced by the putting up of the little lip and the springing of the ready tears to the baby eyes. Was it having a bad effect upon her spirit to tell her she was a naughty baby?

Mrs. Newcomb did not feel well enough grounded in the new faith to venture a criticism of her neighbor's method of dealing with her little girl, but she went home thoughtful, pondering the problem that had come to her.

A few days afterward she was calling on her friend, Mrs. Thomas, who was another member of the newly formed circle of New Thought students. During their conversation, Mrs. Thomas' little boy, Rupert, burst into the room in a frenzy of rage.

"Mamma," he screamed, "George Johnson has got my wagon and he won't give it back

to me. Come out and make him give it to me, quick."

"Can't you let George play with your wagon for a little while, Rupert?" his mother asked.

"No," screamed the frenzied child, "I want it myself, and I want it right away."

"I wonder what has become of my generous little boy. This isn't the Rupert I know. It must be the little black devil is perched upon his shoulder whispering all these naughty things in his ears. I wish Rupert would drive him away and be his own dear, sweet self."

At the first sentence the child's cries had ceased. His eyes opened wide with apprehension, as it seemed to Mrs. Newcomb, and he glanced about as if in an effort to catch a glimpse of the little black devil. Then he ran into the mother's arms. "Make him go away, mamma. I don't want him on my shoulder."

"Yes, dear, I know you want to be mamma's own, sweet, loving boy. Climb up here on mamma's lap for a little while and she will rock you, and then the little black devil will go away and you will be glad to let George play with your wagon. You know, he hasn't any wagon of his own, and he does so want one! Just think how you'd feel if you didn't have any, and had to watch some other little boy play with his all day long."

By this time the child was quiet and happy once more, and wiping his face, the mother said as she gave him a kiss: "Now my own Rupert has come back once more. Run along, dearie and tell George how glad you are to have him play with your wagon."

Here was another method of dealing with a child, but some way it did not appeal to Mrs. Newcomb as the right one. To be sure, the desired result had been obtained. The child was calmed and brought into a generous frame of mind; but what effect was it having on his character to be taught that he was the prey of evil spirits? The fear in the boy's eyes had showed very plainly that he believed very literally in that little black devil, and looked upon himself as its victim. Was that the way to develop a strong belief in his own innate goodness, in his dominance, as a child of God, over all the forces about him, whether of his own nature or of the world outside himself?

Neither method seemed to Mrs. Newcomb in accord with the new principles she was endeavoring to establish in her own life, and she wondered if she would be able to evolve a

## Meat or Cereals

**A Question of Interest to All Careful Persons.**

Arguments on food are interesting. Many persons adopt a vegetarian diet on the ground that they do not like to feel that life has been taken to feed them, nor do they fancy the thought of eating dead meat.

On the other hand, too great consumption of partly cooked, starchy oats and wheat or white bread, pastry, etc., produces serious bowel troubles, because the bowel digestive organs, (where starch is digested), are overtaxed and the food ferments, producing gas, and microbes generate in the decayed food, frequently bringing on peritonitis and appendicitis.

Starchy food is absolutely essential to the human body. Its best form is shown in the food "Grape-Nuts," where the starch is changed into a form of sugar during the process of its manufacture. In this way, the required food is presented to the system in a pre-digested form and is immediately made into blood and tissue, without taxing the digestive organs.

A remarkable result in nourishment is obtained; the person using Grape-Nuts gains quickly in physical and mental strength. Why in mental? Because the food contains delicate particles of Phosphate of Potash obtained from the grains, and this unites with the albumen of all food and the combination is what nature uses to rebuild worn out cells in the brain. This is a scientific fact that can be easily proven by ten days' use of Grape-Nuts. "There's a Reason." Read "The Road to Wellville," in packages.

**"Rich is that universal self whom thou worshipest as the soul."—Emerson.**

*When replying to advertisements please mention THE NAUTILUS.*

wiser manner of dealing with these questions, as her own little one developed undesirable propensities.

With an earnest daily prayer for guidance and inspiration, Mrs. Newcomb set herself to work to meet the problem of training her little one from infancy in the glorious truths of the new faith. He was only a little baby, as yet, and when he first began to poke his fingers into forbidden treasures, his mother contented herself with gently removing the article from the baby's grasp, saying kindly but firmly, "O, no, darling, you don't want to do that. Here is your pretty ball to play with," or, "Here are your nice blocks." Her idea was to impress upon the plastic mind of the child that he did not really want that which was forbidden to him, and, although she knew that he did not at first understand her words, she had faith to believe that his mind did receive some impress from her own mental attitude. She did not believe he was naughty, because he, as yet, had no way of knowing that what he desired was forbidden him; but he could learn through her persistent attention that certain things were not allowed him.

With this thought always in mind that her baby did not really want to do that which it was not best for him to do, Mrs. Newcomb gently led him into the right ways, until he reached the self-assertive age of four years. He had learned that her gentleness was combined with firmness and that her rules were unchanging; but there had sprung up in his heart a rebelliousness, which, she decided, after much pondering, was more an expression of developing individuality than of innate perversity. How should she deal with it?

Searching for the true meaning of it all, there came suddenly to her mind an inspiration as to how she might make clear to him the truth that, while all of his powers were good in themselves, they might yet be used in wrong ways.

*(To be Concluded.)*

*"How can I get my boy of four to obey?"*  
—Mrs. H. S. C.

This lesson should have been taught long ago. The process is practically the same at any period.

The first step is to find out *whether you really want your boy to obey.*

If you really want it, you will have the perseverance necessary to bring about the desired result. If you are not willing to keep at

*(Continued on Page 44.)*



# Clubbing Offers FOR 1907

## A USEFUL NEW COMBINATION

Business Philosopher . . .	\$1.00
The Nautilus . . . . .	1.00
	<b>\$2.00</b>

**OUR PRICE ONLY \$1.50**  
Foreign Postage 66 cents Extra.

The Business Philosopher, edited by C. M. Sheldon, carries new thought into all lines of business. Should be in the hands of business men and women. Here is your opportunity.

Here are other magazines which can be secured at reduced rates when taken in combination with The Nautilus.

Philistine, 1 year . . .	\$1.00
Fellowship, 1 year . . .	1.00
New York Magazine . . .	1.00
Stellar Ray . . . . .	1.00
Swastika . . . . .	1.00
Vegetarian Magazine . . .	1.00
Health . . . . .	1.00

THE NAUTILUS with either of the above magazines, \$1.50. Foreign postage, 66 cents extra on Nautilus and Philistine, or Fellowship or Vegetarian or Swastika; \$1.12 extra on Nautilus and New York Magazine; Nautilus and Health 86 cents extra for postage. Nautilus with either two of these, \$3.00 value for \$2.37; for all, \$4.00 value \$3.00. Foreign Postage Extra.

Unity, 1 year . . . . .	\$1.00
Cosmopolitan, 1 year . . .	1.00
Success, 1 year . . . . .	1.00
Woman's Home Companion, 1 year	1.00
Harper's Bazaar, 1 year . . .	1.00

The Nautilus with either of these magazines for \$1.75. Foreign, \$3.00 for Nautilus, with either of the last 4, or \$2.25 for Nautilus and Unity.

If you desire more than one of these magazines with NAUTILUS allow \$1.75 for Nautilus and one other, adding 85 cents for each succeeding one added to the list. Foreign postage, \$1.12 extra on each of the last four, 66c. for Unity and Nautilus.

New Thought, 1 year . . .	\$.50
Opportunity, 1 year . . .	.50
The Balance, 1 year . . .	.50

The Nautilus with either of these, \$1.25; with two, \$1.65. with all, \$2.05. Foreign Postage 25 cents extra on each of the last two, 36 cents on Nautilus, and 50 cents on New Thought.

Magazines may be sent to separate addresses if desired, on any of these offers.

Address all orders to

**ELIZABETH TOWNE,**  
Holyoke, Mass.

When replying to advertisements please mention THE NAUTILUS.

# You Can Make \$1,000 A Month

by teaching people how to select, combine and proportion their food so as to cure disease and build up vigorous health.

## I HAVE FOUNDED A School of Food Chemistry

in which any intelligent person may learn the science of human nutrition and its practical application to the curing of disease.

The drug superstition is rapidly passing away and the Food Scientist will be the physician of the future.

The people want health and they will pay for it. Therefore, I repeat, **YOU CAN MAKE \$1,000 A MONTH** by teaching people how to select, combine and proportion their food so as to produce chemical harmony in the human body.

I have secured the services of one of the most advanced physiological chemists and government food experts in this country, and together we are conducting the

## ONLY SCHOOL OF APPLIED FOOD CHEMISTRY IN THE WORLD

**OUR LESSONS BY MAIL** are plain and comprehensive, all technical terms being fully explained.

Write for my booklet No. 8, "**THE CHEMISTRY OF MAN.**" It tells all about this great movement. It is sent free.

**EUGENE CHRISTIAN, FOOD SCIENTIST**

7 EAST 41ST ST., NEW YORK

## Take a Record

See How Many Friends Are Hurt by  
Coffee.

It would be just as reasonable for a temperance advocate to drink a little diluted whiskey as to drink coffee, for one is as truly an intoxicant as the other, and persistence in the use of coffee brings on a variety of chronic diseases, notorious among which are dyspepsia, heart palpitation (ultimately heart failure), frequently constipation, kidney troubles, many cases of weak eyes and trembling condition of the nerves.

These are only a few of the great variety of diseases which come from an unbalanced nervous system, caused by the persistent daily use of the drug, caffeine, which is the active principle of coffee. Another bit of *prima facie* evidence about coffee is that the victims to the habit find great difficulty in giving it up.

They will solemnly pledge to themselves day after day that they will abandon the use of it when they know that it is shortening their days, but morning after morning they fail, until they grow to despise themselves for their lack of self control.

Any one interested in this subject would be greatly surprised to make a systematic inquiry among prominent brain workers. There are hundreds of thousands of our most prominent people who have abandoned coffee altogether and are using Postum Food Coffee in its place, and for the most excellent reasons in the world. Many of them testify that ill health, nervous prostration, and consequent inability to work, has in times past, pushed them back and out of their proper standing in life, which they have been able to regain by the use of good health, strong nerves,

and great vitality, since coffee has been thrown out and Postum put in its place. "There's a Reason." Read "The Road to Wellville," in packages, it has been called a "health classic," by some physicians.

this task week in and week out, every hour of the day, it will be of no use for you to make a beginning.

The next step is to make up your mind what things are absolutely necessary for your boy to do. Have these *as few as possible*, but having decided, make up your mind to stick to those rules *always and under all circumstances*.

Tell your boy calmly, quietly, one at a time—at different times, also—what you expect him to do. If he does it, *praise him*. If he doesn't do it, tell him again, just as quietly as before. If he doesn't do it this time, tell him that it is necessary for him to learn to obey you and therefore you will be obliged to punish him if he persists in refusing obedience.

If it is necessary to punish him, do so lovingly but firmly. The next time he refuses obedience in this particular, apply the discipline instantly *without fail*.

As soon as your boy learns that *you mean what you say*, and that he will lose some pleasure or suffer some restraint *every time* he disobeys, he will be ready to obey promptly.

Disobedience in a child is evidence of indecision or laziness on the part of the mother.

Either she can't make up her mind what her boy ought to do; or else she is too lazy to see to it that he does it *every time*, and to *always* follow his disobedience with punishment—*without argument*.—R. W. C.

## Anent Books and Things

*When sending books for review please remember to give selling price, and address where book may be obtained. We notice on this page all cloth-bound books sent us, and as many paper bound ones as we can find space for. Small space forbids our reviewing music.*  
—E. T.

—"The Atom and Creation" is a 24-page brochure by Ambro Betts, Chicago, General Delivery. No price given.

—"The Man Deity" is a thoughtful study of 54 pages by T. T. Watts, Highlands, N. J. Neatly bound in heavy paper cover; no price given, probably 25 cents.

—"Crime and Criminals," by Clarence S. Darrow, is an address first delivered to the prisoners in the Chicago County Jail. Now issued in a neat pamphlet of 27 pages, 10 cents. Charles H. Kerr & Co., Chicago.

—Here is the "Sixth Annual Report of the Ramakrishna Home of Service, or the Poor Men's Relief Association, Benares." A story

(Continued on Page 45.)

When replying to advertisements please mention THE NAUTILUS.

# TEN CENTS

Pays for a paper-bound copy of  
that new and much needed book

## The Law of Financial Success

BY EDWARD E. BEALS

Formerly Manager of The Science Press; now Secretary of The Fiduciary Company.

All progress—whether physical, mental, moral, spiritual or financial—is based on **LAW**. And he who wins success in any line does so because he has followed the **LAW** or **LAWS** pertaining to his business, whether he does it consciously or unconsciously.

Some of the great "Captains of Industry" who have won marvelous success in financial affairs, and for whom we have no great admiration, are miserable failures as moral and spiritual beings. But they have won great **Financial Success** because they concentrated on that alone to the exclusion of all other kinds.

What the most of us want is all round success, but we must remember that no one can be an all round success without **Financial Independence**. No matter how much good a person may want to do, he is handicapped by a lack of money. All the air-castles he has built; all the beautiful plans he has created; all the cherished desires to do good go unfulfilled because there is no money to complete them.

But these air-castles can become real buildings; these plans can become realities; these great desires can be fulfilled. The question is, "How to do it?"

The writer has seen the need for several years, among Advanced Thought circles, of a book to answer this question. In his own life he has found that **Financial Success** is not a matter of grind and rush and fight and struggle. It is a matter of getting in harmony with the **LAW** and then following that **LAW** to its logical conclusion. He has placed this information in the book "**THE LAW OF FINANCIAL SUCCESS**." In it he states the **LAW**, shows how to get in harmony with it, and then gives specific instructions for keeping in the closest possible touch with the powers that be in the **World of Finance**. It is no magic potion to be swallowed with wonderful results, but is a plain stating of the **LAW**, so that all who run may read and then act. And he who acts will win success, because he is following the **LAW** that has been laid down from time immemorial. Here are the chapter heads;

- |                    |                    |                   |                       |
|--------------------|--------------------|-------------------|-----------------------|
| 1. Money           | 5. Ambition        | 9. Harmony        | 13. Habit             |
| 2. Mental Attitude | 6. Latent Powers   | 10. Creation      | 14. Claiming Your Own |
| 3. Fear and Worry  | 7. Desire          | 11. Concentration | 15. Will Power        |
| 4. Faith           | 8. Auto-Suggestion | 12. Persistence   | 16. Making Money      |

Whether rich or poor, successful or unsuccessful—it matters not—this book will be of great value to you. If you are a natural money-maker, perhaps you have been using the **LAW** unconsciously. This book will tell you how to handle it consciously. If you are unsuccessful and money seems to come hard, it will guide your thought and actions into the proper channels where you will get the highest possible results.

"**THE LAW OF FINANCIAL SUCCESS**" combines theory with practical knowledge. It not only states the **LAW**, but tells how to apply it. It not only informs one how to make money, but also tells him how and in what way to invest it to get the largest possible returns.

Be sure to get a copy of the first edition from absolutely new plates. It will not last long. **TEN CENTS** buys it. Send your order to-day—Now—before the thought passes from your mind. Address

**Edward E. Beals, Pub., 912 Tacoma Bldg., Chicago, Ill**

## Eyeglasses Not Necessary

**Eyesight Can Be Strengthened, and Most Forms of Diseased Eyes Successfully Treated Without Cutting or Drugging.**

That the eyes can be strengthened so that eyeglasses can be dispensed with in many cases has been proven beyond a doubt by the testimony of hundreds of people who publicly claim that their eyesight has been restored by that wonderful little instrument called "Actina." "Actina" also relieves Sore and Granulated Lids, Iritis, etc., and removes Cataracts without cutting or drugging. Over seventy-five thousand "Actinas" have been sold; therefore the Actina treatment is not an experiment, but is reliable. The following letters are but samples of hundreds we receive.

MR. S. M. WALKER, corner Carolina and Palmetto Sts., Los Angeles, Cal., writes: "About two years ago my sight began to fail rapidly. I consulted so-called scientific oculists and had special glasses made, but all to no avail. I bought an Actina and in less than thirty days threw away my glasses. Thanks to Actina I can read or write now for hours every day. I would not be without it for any amount of money."

REV. CHARLES CARTER, East Springfield, N. Y., writes: "I have made a severe test of 'Actina' by casting aside my glasses and have not had them on except to see what change had been wrought since the treatment began. My eyes gradually gained strength and power and now my glasses are no longer necessary, for I see as well, if not better, without them. I recommend 'Actina' to all my friends."

A. R. HOLBROOK, Deputy County Clerk, Fairfax, Va., writes: "'Actina' has cured my eyes so that I can do without glasses. I very seldom have headache now, and can study up to eleven o'clock after a hard day's work at the office."

"Actina" can be used by old and young with perfect safety. Every member of the family can use the one "Actina" for any form of disease of the Eye, Ear, Throat or Head. One will last for years, and is always ready for use. "Actina" will be sent on trial postpaid.

If you will send your name and address to the Actina Appliance Co., Dept. 124N, 811 Walnut St., Kansas City, Mo., you will receive, absolutely FREE, a valuable book—Prof. Wilson's Treatise on Disease.

## Superfluous Hair Cured

**A Lady Will Send Free to Any Sufferer the Secret Which Cured Her.**

From childhood I was distressed and humiliated by an unwelcome growth of hair on my face and arms. I tried all the depilatories, powders, liquids, creams and other rub-on preparations I ever heard of, only to make it worse. For weeks I suffered the electric needle without being rid of my blemish. I spent hundreds of dollars in vain, until a friend recommended a simple preparation which succeeded where all else failed, in giving me permanent relief from all trace of hair. I will send full particulars, free, to enable any other sufferer to achieve the same happy results. I have nothing to sell. All I ask is a 2c stamp for reply. Address, **MRS. CAROLINE OSGOOD, 308F Westminister St., Providence, R. I.**



## TIME'S UP!

**Grow a New Crop of Hair.**

Send \$1.00 to-day for the material which will do the work and do it right. Don't wait. Pictures and information with each bottle or free upon request.

**MRS. GRACE K. RHODES,**

Dept. B, - - - Corry, Pa.

When replying to advertisements please mention THE NAUTILUS.

of interest and appeal from this mission founded or "blessed" by Swami Vivekananda in 1902. Address the Home, at Benares, India.

—"Grapho-Psychology," by Julia Seton Sears, M. D., is an interesting and useful illustrated study of graphology from the new thought point of view. Besides the science of reading handwriting, the author gives a study of "The Psychology of Colors," with directions for "Success and How to Achieve It," "How to See Your Own Color," and "How to Change Your Color and Vibrations." A useful and fascinating book. Handsomely bound in red cloth and gold, 56 large pages, and illustrated. Price, \$1.00. Order of William E. Towne, Holyoke, Mass.

—William and I have been enthusing over Bolton Hall's book, "Three Acres and Liberty," a copy of which I'd like to place in every household in the land. It ought to make a revolution in city and country, solving most of our financial difficulties and transforming unsightly city lots at the same time. The book is like a story in interest with fine illustrations and all the data anybody needs to start him on the right road of intensive farming, health, happiness and success. We are applying these ideas at Netop, and I wouldn't wonder if we enlarge our garden next year. The book contains 430 pages, with planting table for vegetables, sixteen full page illustrations, substantially bound in cloth. Price, \$2.00. Macmillan Company, New York.

## NEW THOUGHT HEALING

By Julia Seton Sears, M. D., will tell you how to get well and stay well. Contains valuable instructions to patients and advice to healers. Teaches "How to go into the silence." Shows how "absent treatment" is a scientific fact. Nothing like it ever before written. The result of years of experience by a regular physician who is also a metaphysician. First edition of 1,000 copies sold in three weeks. For sale at bookstores or by mail from the publishers. Price 25 cents, silver or stamps. **THE SEARS INVESTMENT CO., 238 Huntington Chambers, Boston, Mass.**

## WOMAN

**THE BEAUTIFUL.** Booklet, Art plates and cuts intensely interesting and reliable. Postpaid (sealed) only 25 cents. **Dept. Woman**

(N). 303 O. F. Temple, Philadelphia, Pa.

## SEX DISCOVERIES.

(With Guide) Manuscript Form. Special information. Examples and Letters (both sex). Complete for \$1.00. Remit by Money Order, Check, Money or Stamps, at our risk. **Sex Disc. Co., Suite 303, O. F. Temple, Philadelphia, Pa.**

**ONE CASE FREE.** I will cure in each neighborhood, no matter what the disease or how serious, free of charge. A healed case is my best advertisement. Address, with stamped envelope, Editor "OCCULT TRUTH SEEKER," Charlotte, N. C.

## A REPOSE

For ladies and gentlemen. Board five dollars or more per week according to the room. Mental treatment and instructions free. Address, **Mrs. M. C. Barretta, cor. Landis and Valley Aves., Vineland, N. J.**

Lady wishes the acquaintance of young man of fifty or more, who believes, with Harry Gaze, that perpetual youth is attainable. Address **A. Care of Nautilus.**

# James Allen's Works

For the last three years there has been a great demand for the writings of James Allen. We have supplied this demand very largely in America and now, since we publish three of these

## Strong Character-Building Books

and have a large supply of the other two imported from England, we can fill all orders promptly.

**As a Man Thinketh**—68 pages, De Luxe edition, beautiful green cloth, title embossed in gold **50c**  
 "Forceful and brim full of truths are his other books, and this little volume, for directness, simplicity of language and clearness, transcends them all."

**From Poverty to Power**—200 pages, brown cloth, title embossed in gold **\$1.00**  
 "A book on the attainment of prosperity and peace and the elimination of evil and poverty."

**All These Things Added**—150 pages, rich purple cloth, with floral design and title embossed in gold **\$1.25**  
 "The reading of the book lifts and elevates and raises one from the worries and cares of every day life to things of higher importance."

**Out from the Heart**—60 pages, De Luxe edition, bluish green cloth, title and name of author embossed in black **50c**  
 "An inspiring little work on the importance, formation and reformation of habits in character building."

**Byways of Blessedness**—200 pages, grayish blue cloth, title embossed in gold **\$1.25**  
 "A beautiful volume containing lofty ideas and practical understanding presented in clear and lucid form."

We are offering these strong books in combination with the **BUSINESS PHILOSOPHER** as follows:

<b>"AS A MAN THINKETH"</b>	}	<b>WITH</b>	}	<b>\$1.00</b>
<b>"OUT FROM THE HEART"</b>		<b>THE</b>		<b>1.00</b>
<b>"FROM POVERTY TO POWER"</b>		<b>BUSINESS</b>		<b>1.50</b>
<b>"ALL THESE THINGS ADDED"</b>		<b>PHILOSOPHER</b>		<b>1.75</b>
<b>"BYWAYS OF BLESSEDNESS"</b>		<b>1 year</b>		<b>1.75</b>
<b>The BUSINESS PHILOSOPHER, Alone, 1 year</b>				<b>1.00</b>

Canada and Foreign Postage 25 cents extra with above combinations

**THE SCIENCE PRESS, 1026 Republic Building, CHICAGO**



## THE DR. C. O. SAHLER SANITARIUM.

This Sanitarium (large, new addition, modern in every particular), is roomy, homelike, free from all institutional features and erected with special reference to the care and treatment of **MENTAL, NERVOUS AND FUNCTIONAL DISORDERS** by the

### PSYCHOLOGICAL METHOD EXCLUSIVELY.

Large verandas, cheerful, sunny rooms, and sun parlors are features of this place.

Physicians and friends who have mental and nervous patients whom they desire to place in an institution having the principles of home and family life, non-restraint, and having tried all other methods of treatment without success, should inquire into the merits of this Sanitarium.

### NO INSANE CASES RECEIVED.

Write for Circular.

**THE DR. C. O. SAHLER SANITARIUM,**  
 Kingston-on-Hudson, New York.

## A New Thought Song-Poem.

Send the price of our unique and inspiring book "Straws" (25 cts.) full of practical business suggestions for the woman desirous to find her special gift and to develop latent powers. We will forward therewith a beautifully painted song-poem ready for mounting.  
**M. Crayne & Co., 444 A Winthrop Ave., Chicago.**

## FIND THE CHRIST

within yourself by reading my little booklet "THE AT-ONE-MENT." Send ONE DIME for a copy and other information leading to Supreme Initiation. Address: **JESSIE M. BARTON, Occult Teacher, 553 Maple St., Battle Creek, Mich.**

When replying to advertisements please mention THE NAUTILUS.

## Six Life Science Books

Entitled: 1. "All About Yourself," 2. "Power of Thought," 3. "Love is Power," 4. "Woman's Secret Powers," 5. "How to Rule Your Kingdom," 6. "Useful Practices." These retail for \$1.50 but to introduce the remarkable series will send on receipt of 25 cents. Millions already sold. Money refunded if unsatisfactory. Send orders to **M. M. Betts, Box 684, Spokane, Washington.**

## HINDU ADEPT

Direct from Bombay, India. This inspired philosopher can help you to attain your fondest hopes in innumerable ways now undreamed of. Satisfaction guaranteed. Highest references. Particulars gratis. Book of Hindu Secrets, 50c. **ISHWAR CHANDRA, 537 E. 55th St., Chicago, Ill.**

# I AM SUCCESS TREATMENTS Through Telepathy

"Down on Your Luck?"  
"Afraid to Make a Start?"  
"Friends Don't Think You Can Possibly Succeed?"  
"Lot So Hard?"  
"O, I Can't Bear It!"  
**WHY BEAR IT!**

## "I MYSELF AM GOOD FORTUNE"

Stiffen up your backbone and shout these words to yourself! How does it make you feel? Weak or STRONG? For goodness' sake BE A SUCCESS! Perhaps you are needing the very assistance I have to offer you. My terms are very moderate. Information FREE! Write today enclosing self-addressed, stamped envelope.

**SUCCESS COMING HIS WAY.**

June 12, 1907.

MY DEAR MR. NICHOLS:

The treatments are producing results right along every day for me. I feel better and brighter, and know that success is coming my way.

Respectfully yours, J. C. S.

**WILLIAM MORRIS NICHOLS,**  
R. F. D. Route No. 12, Westport, Conn.

## HOW TO FOREVER DESTROY Superfluous Hair



Until the present edition is exhausted, we will send

**FREE to any one** our big beauty book, which tells exactly how any lady, privately at home, can destroy forever superfluous hair, moles, warts and other facial blemishes, so they will never return. No pain, danger or bad effect. No injury to the complexion. Don't experiment with dangerous apparatus, liquids, powders for this simple method is endorsed by scientists and doctors. The free book explains all, and other beauty secrets. It is free. Address **D. J. MAHLER COMPANY** 778H, Mahler Park, E. Providence, R.I.

## GRAY OR FADED HAIR OR BEARD

Can now be restored to its natural color by taking medicine internally (10 to 20 drops, 3 times a day) that supplies the blood with this particular coloring matter. I discovered this fact some years ago while giving this medicine to a lady 63 years old, whose hair was white. She was greatly surprised (but no more so than I was) to see her hair gradually getting darker, and it became a nice, glossy black, with not a gray hair on her head. I do not understand what causes the change in color, unless, as stated above, the medicine furnishes the blood with some certain coloring matter that nature has failed to supply. I have this formula printed and will send to anyone for only \$2.50, and will refund your money if it fails to restore the color as it was when young. It is harmless. Can get it in any drug store. I have sold this formula to hundreds, and have not been asked to refund the money by to exceed half a dozen. The same medicine will prevent hair from ever turning gray. Address: **J. E. HADLEY, M. D., F 305 Cedar Bluffs, Neb.**

"'No soul,' says the philosopher (Plato, as quoted twice by Epictetus), 'wilfully misses truth', no, nor justice either, nor wisdom, nor charity, nor any other excellence. It is essential to remember this continually, it will make you gentler to everyone."

—Marcus Aurelius.

ADDRESS ON DEVELOPMENT OF THE

## MEMORY FREE

To introduce a series of valuable educational works, the above will be sent to all applicants

**JAMES P. DOWNS, 14 Park Place, New York**

**FREE MYSTIC TALISMAN.** Spiritually and Psychometrically magnetized by the First Council of the Order of the White Temple, and the Chief Shriner of the Circle of Glory for Healing, Health, Success or Safety. Send **TEN CENTS**. Yearly Subscription for "Vibrations" Magazine, and one Mystic Parchment Talisman. These Talismans are doing wonders on every hand, and you should avail yourself while the opportunity holds good. (Mention this magazine.) Address, **REV. M. CHRISTIAN GREATHEAD, 120 Cherry Street, Battle Creek, Michigan, U. S. A.**

## BOOK OF NATURE.

Full and explicit explanation of the structure and uses of **WOMAN**, the organs of life (with Manikin). **MAN.**

**CONJUGAL DUTIES AND JOYS.**

"No such complete panorama of the mysteries of human reproduction has ever before been given," to which is added a Complete Medical Treatise upon Diseases of the Generative Organs. One sample, 55c, postpaid, plain package, 55c. Suite 303 Odd Fellows' Temple, N. Broad St. Dept Nautilus, Phila., Pa.

REMIT BY STAMP, MONEY ORDER, REGISTER LETTER, MONEY OR CHECK.

## Cancer Cured

Without Pain, Inconvenience, or Leaving Home. **NO KNIFE—NO PLASTER—NO PAIN.**

The MASON treatment indorsed by the International Medical Congress and prominent New York physicians to be the only actual cure. All other methods are acknowledged useless.

Send for free booklet. Investigate today. Cancer does not wait. The skeptical convinced. **The Mason Cancer Institute, 1. 6. 6. 1700 Broadway, N. Y.**

## Fortunataæ THE POCKET MASCOT, by O'Hashnu Hara Price \$1 only

A veritable mine of good luck. Gives lucky days, months, numbers, hours, colors and stones for every day in the year. A perpetual wheel of the hours. Give over being unlucky and do the right thing at the right time. Has sold by thousands in England. An unqualified success. Send full name, date of birth and \$1.00 bill (no stamps or coins) to **O'HASHNU HARA, 44 Acre Lane, Brixton, London, S. W., England.**

## A Physician

with dropsy of the heart—very bad—was healed thru treatments given by **A. P. BARTON, KANSAS CITY, MO. (Sta. E.)** Write him for particulars.

When replying to advertisements please mention THE NAUTILUS.



**BACK TO HEALTH****HEMOFLUID**

**The Great Blood Tonic. Restores strength in a few days**  
**The Discovery of a French Physician**

New rich blood in a few days. Think of it; think of driving out all the old anemic watery blood, and replacing it with rich and pure blood full of energy—giving red blood corpuscles. That's just what HEMOFLUID, this vegetable and biological compound, the new discovery of a reputed French physician, does. HEMOFLUID is blood itself; it contains every active principle of blood, and when it enters the stomach, and without going through the process of digestion, it becomes blood, as pure, as rich, as full of the properties that give vitality to the body, strength to the muscles and power to the nerves as is the blood of the healthiest man in the world. It gives muscles, nerve, fibre and the vigor of youth.

Unlike other preparations that tone up the system, whose action is slow and uncertain, HEMOFLUID acts immediately; its invigorating effects are felt by the entire system.

HEMOFLUID is by far the quickest acting restorative in the world. Persons so far run down that they are on the verge of nervous prostration are restored to perfect health in a few days.

To convert HEMOFLUID into pure blood is no long tedious process. The first dose taken into the stomach at noon will be coursing through your veins as pure blood before night. Its action is so quick and results so marvelous, that they are almost incredible, only those who have been relieved of their suffering and restored to complete health in a few days can believe that such a miracle-working preparation exists. HEMOFLUID cures all diseases by putting into the veins and arteries new life-giving blood that vitalizes the whole system; it quickly cures all abnormal conditions by restoring to the human system its lost energy.

HEMOFLUID is for sale at Druggists or at  
**The Bourdalle Chemical Company**  
 52 State Street - - Rochester, N. Y.

50c

This Coupon is worth 50 cents.  
 Detach it and send with one dollar  
 for a full size bottle, sufficient for  
 two weeks' trial treatment. [52]

50c

50c

50c

**YOU WILL LIKE**

**The Swastika Magazine**

**Edited by Dr. Alex. J. McIvor Tyndall, published at 1742-1748 Stout**  
**St., Denver, Colo. Monthly, \$1.00 a year. 10c a copy.**

THE SWASTIKA Magazine, like the ancient and sacred swastika symbol, stands for the All-Inclusive Consciousness of Man, and the realization of Man's inherent power, and happiness.

Some well-known writers are: Albert J. Atkins, M. D., and his co-worker Emma A. Lewis, M. D., whose articles on "Life Processes" are positively invaluable to any thinker; Professor Edgar L. Larkin, of Mt. Lowe Observatory; George Edwin Burnell, who writes exclusively for the Swastika; Yono Simada, the only Japanese writer on Advanced Thought in this country; Yanoske Isoda, the Buddhist priest; Helen Wilmans; Grace M. Brown; Dr. Geo. W. Carey; Grant Wallace; William Morris Nichols, and many other noted thinkers.


**LUTHER BURBANK SAYS OF THE SWASTIKA:**

"The Swastika seems to be about the most alive magazine of the whole lot, and although I have hardly a moment in which to read these days, I have given careful inspection to each issue."

Send 10c for the current issue of the Swastika Magazine, and you will never be without it. The current issue (10c per copy), will tell you how to get

**A Diamond-Studded Swastika Charm FREE**

**Address: THE SWASTIKA MAGAZINE, 1742-1748 Stout St., Denver, Colo.**

 We are special agents for books on Yogi Philosophy. You ought to have "Hindu-Yogi Breathing Exercises." The most practical, effective and complete system of deep-breathing ever presented. Price 10c.

When replying to advertisements please mention THE NAUTILUS.

## YOU WILL NOT DIE!

A richly bound booklet based upon the *personal* experience and written by **WALTER DE VOE** that carries the conviction of **Immortality**. A healing inspiration for all that mourn. Send address on postal for an extract. Sold only by the author. Price 25 cents. **5228 Greenwood Ave., Chicago, Ill.**

## The Van Valen Sanatorium

ment is Psychological. Write for booklet. Practice established 1899. **Long distance Phone, 403 Port Chester.**

Removed from Atlanta, Ga., to Port Chester, N. Y. For the reception of Mental, Nervous and Functional disorders. No insane. The treat-

## WANTED! PEANUT BUTTER

We want you to send us 10 cts for a trial can of our delicious which we sell at the exceptionally low price of 12 cts per lb. in 20, 25 and 50-lb. cans. 5 and 10-lb. pails 13 cts per lb. We prepay freight on all orders of 100 lbs. or more to all points east of the Mississippi and north of Tennessee. Cash with order. Send for trial can, postpaid for 10 cts. **ST. LAURENT BROS. 1222-24 Saginaw St., Bay City, Mich.**

## Crow's Feet and Wrinkles

Can be removed by a harmless preparation, dried on the face at night. Should be used by every woman over 25. Women of 47 look to be not over 25. Formula and ten days' treatment, 25 cents. An unfailing remedy for falling hair, another for restoring the natural color, 25 cents each, or both for 35 cents. All three for 50 cents. Money back if dissatisfied. Send coin, no stamps. **ALUMINUM CLASP COMPANY, Box N. 1183, Springfield, Mass.**

## EUREKA!

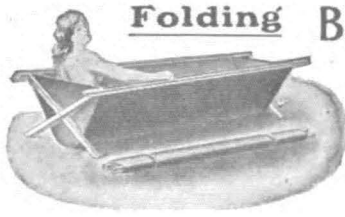
### 49—RECEIPTS AND SECRETS—49

For business, the toilet, the home and farm, for old or young, male and female. With them you can start a nice paying business all your own. Get busy. Everyone should have a copy of these valuable receipts, put up in type-written form with heavy paper cover. They will cost you only \$1.00 by mail. Order now and remit by Registered Mail or Money Order for safe delivery. Write your name and address plainly and address, **J. Lincoln Shook, 1124 Fifth Ave., New Brighton Pa.**

## DON'T DARN ...USE... HOSE LIFE

It will increase the "life" of hosiery 4 to 6 times. Quickly and easily applied. Will last a year. Sent with particulars for 20c.

**HOSE LIFE CO.  
Geneva, N. Y.**



## Folding BATH TUB

Weights only 16 lbs.

**Requires  
Little Water.**

**Cost Little.**

ALSO VAPOR BATH CABINETS. WRITE FOR SPECIAL OFFER. AGENTS WANTED.

**T. N. IRWIN, 103 Chambers St., New York.**

## BLACK HEADS AND GREASY SKIN

Will send receipt for 25c and stamped envelope. **Mrs. A. C. Clavel, Box H. Wauchula, Fla.** Never fails.

When replying to advertisements please mention THE NAUTILUS.

## About Advertising.

FOR THE BEGINNER IN THE MAIL ORDER BUSINESS.

ARTICLE NO. 2.—By WILLIAM E. TOWNE.

4. When you get an answer to your ad see that it is given *prompt* attention. Try to answer each inquiry and fill each order the *same* day it is received. As your business grows this will not always be possible, but come as near to this standard as possible. Make your arrangements complete for filling orders and answering inquiries before placing any advertising. Remember that each inquiry or order, however small, may come from some one who will make a *steady* customer. Send out as full a list of articles as possible to each one who answers your advertising, but be sure the articles are all *along the same line* or your circulars will be wasted. For instance, if you are selling high grade books, or new thought books we will say, it would be useless to include in your list of goods a cheap line of novelties, cheap jewelry, etc., because they would not appeal at all to the class of people you are reaching.

5. Use your brains to devise "special offers" in combination with your goods. For instance, if you can get a particular book or some particular article at a *very low price*, a special bargain price, and offer it as a premium with every order amounting to a certain stated sum it will greatly increase your sales. Of course the article offered as a premium must be attractive and your offer must be presented in an attractive way. The premium offers will often serve to turn an order your way when otherwise it would go to your competitor. In order to make a desirable premium the article offered must be something which has not already been exploited, if possible. The more distinctive it is the more effective it will prove, provided, of course, it is something which will really interest and attract your customer.

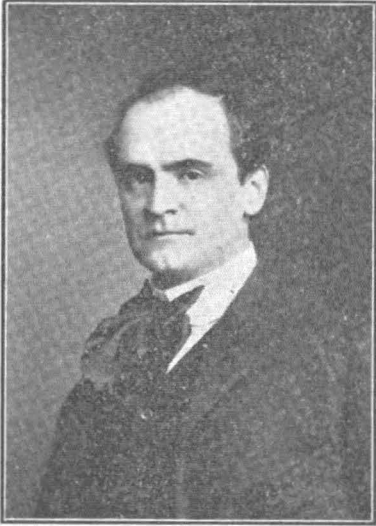
6. The advertising literature you send out is the most important part of your business. This literature acts as your salesman. Upon its appearance and upon *what it says* depends your success or failure. Be sure that your circulars or booklets are *well printed*. It is not generally necessary or advisable for the beginner to have the most expensive printing, but it should be neat and attractively displayed. The headlines, special offers and prominent sentences should *stand out*. You can get many good circulars free, or by paying part of the price, by writing to the different dealers in the goods you are selling. In getting out your own advertising matter a judicious and limited use of cuts will be found to pay. You can introduce them gradually as the business warrants. In some lines, of course, cuts are essential from the start. If you are going to sell fountain pens it is necessary to show pictures of them and to illustrate their advantages over other makes. It is quite necessary that the beginner in the mail order business should have some natural ability in the line

(Concluded on Page 52.)

## A NEW BOOK

# Mental Fascination

By William Walker Atkinson.



Those who have read Mr. Atkinson's **MENTAL MAGIC** will be sure to be doubly interested in his latest work, **MENTAL FASCINATION**.

The book gives plain, clear, practical information about the subject of which it treats, and will be found very interesting and complete. Nothing along this line ever published, so far as I know, covers the ground so fully.

Here is a partial synopsis of the first six chapters. (There are twenty-one chapters in all, each equally interesting.)

**Chapter I.—What is Mental Fascination?** My Definition. The Nature of the Force. The Underlying Theory. The Mental Poles. The Action of a Mental Force that Powerfully Influences the Imagination, Desire or Will of Another.

**Chapter II.—Mental Fascination Among the Animals.** The Two Phases. Instances of Animal Fascination. Scientific Testimony. The Charming by Snakes. Interesting Instances. Strange Stories. Snake Charmers. Fascinating Fierce Animals. Charmed by a Snake. A Personal Experience. An Elemental Force. Charming for Purpose of Captivating Mates, and Capturing Prey.

**Chapter III.—The Story of Mental Fascination.** The Magic of the Priests. Mystic Powers. The Ancient Mysteries. The Tale of the Magi. Julius Caesar's Fascination. The Mystic Power of Alcibiades. The Napoleonic Charm. Modern Examples. Mesmer and His Work. The Abbe Faria. Braid and "Hypnotism." Liebhault and Suggestion. Bernheim's Mistake. The New School. The Truth About Suggestion. Personal Magnetism. Hypnotism Without Sleep; or, Mental Fascination.

**Chapter IV.—The Reconciliation.** A New Synthesis. Mesmer Explained. The Nature of "The Magnetic Fluid." Faria Explained. Braid Reconciled. A Danger Signal. Suggestion Explained. Mentative Energy, the Inner and Visible Thing of Which Suggestion Is the Visible and Outward Sign.

**Chapter V.—The Rationale of Fascination.** The Fundamental Principle. Mentative Induction. An Interesting Question. The Answer. Making Another "Feel Like" Doing. A Case of Mesmerism. The Silent Conflict. Positive and Negative. The Suggestive Command. The "Day-Dream State." Habit and Repetition. A Psychological Law. The "Why" of Fascination.

**Chapter VI.—Impressionability.** Magnetic Positivity. The Two Extremes. The Artistic Temperament. A Mesmerist's Trick. Mesmeric Subjects. Don't Surrender Your Will. Who Can Exercise Fascination. The Requisite for Fascination. Nonsense Exposed. A Lie Nailed. Impressionable People. The Mob Spirit. Emotionability. Who Is an "Impressionable"? The Abnormally Impressionable Condition.

**Chapter VII.—The Fable of the Mentative Couple.** Volos and Emotions. The Two Natures. Fire and Water. Enter the Tempter. The Unguarded Castle. The Fascinating Stranger. When the Cat's Away, etc. Worse and More of It. How Volos Made a Mistake. His Last Undoing. The Last Straw. The Wise Man Called In. Volos Without Emotions. Emotions Without Volos. In Union Is There Strength. The Danger of Separation. The Secret of the Undoing. The Wise Man's Remedy. The Moral. The Tale of the Two Mental Phases of Will and Emotion Told as an Interesting Fable.

Other chapters are entitled **Experimental Fascination, Oriental Fascination, Establishing a Mentative Center, Personal Atmosphere, Fascination of the Eye, etc., etc.**

250 pages, cloth bound, price \$1.00.

Address: WILLIAM E. TOWNE, Dept. 1, Holyoke, Mass.

### "Miss Incognita" or An Experiment in Love. That's All!

You will be surprised and delighted to know the rest. If you want to know who she is, and what she does, and the good things in store for you just write us a postal card.

We furnish a **Positive Guarantee** as to results. Address:

THE P. P. CO., Box 804, Rome, Ga.

### ARE YOU EVER LONELY?

Join the Happy Thought Club organized to create Congenial Friendships by correspondence. Membership \$1.00 per year. Correspondents Harmoniously assigned. Describe self and ideal correspondent. Kindly enclose stamp. Address, **Mehitable Hanford, 2707 N. Robey St., Chicago, Ill.**

### A YOUNG WOMAN

Nautilus reader, Literary scholar, German student, six years experienced Osteopathic Physician, wishes to act in the capacity of companion, nurse, or physician to family, widow or child. **Van, care Nautilus, Holyoke, Mass.**

When replying to advertisements please mention THE NAUTILUS.

### Peek-a-Boo Shoes

We have just made a notable addition to our stock of Rational Philosophy, Rational Food, Etc., by getting in a fine line of

### Genuine Mexican Sandals

The best and most sensible foot-gear for summer wear, whether in the city or outing. Price \$1.50 a pair. In ordering, simply state the length of your foot. Also Vegetarian Socks, 40 cts. per pair. Address, **To-Morrow Publishing Co., 2338 Calumet Ave., Chicago, Ill.**

### 3 QUESTIONS ANSWERED FOR 25c.

Locates lost, stolen and hidden property, love and family affairs, business, lawsuits. Send date of birth, lock of hair, self-addressed, stamped envelope. **Prof. A. O. Arthur, Lock Box 146, Starke, Florida. Best Results. Satisfaction Guaranteed.**

### CONSULT THE STAR OF MYSTERY.

3 questions answered for 25c. in coin. Can be consulted in all affairs in Life; locates lost, stolen and hidden treasures. Send lock of hair, date of birth, self-addressed stamped envelope. Satisfaction guaranteed.

**MRS. A. ANDERSON, Starke, Florida.**

# SEX Book of Life

Special offer for limited time only.

**\$10 value for \$1 (4 volumes**

**postpaid \$1).** Up-to-date. Unlike any other ever printed

Vol. I. Sex, Life, Love, etc. The mystery of nature. Natural and Mutual Relations and Joys.

Vol. II. Tokology, Love, etc. Physiology and care of the Sexual Organs. Disease, Home Treatment and Cure.

Vols. III-IV. Health and Hygiene. Practical lessons from a Nature Treatment School of Medical Science. Ounce of Prevention Cures, Child, Adult, Mother, etc.

After reading this book you would not be without the knowledge it imparts to you for a hundred times its price.

An exceedingly valuable and intensely interesting work on Sex, Health, Love, Mutual Relations, Disease, what determines the Sex. Contains 612 Octavo pages (with 14 full plates), profusely illustrated, always a book of reference. Special price, plainly sealed, postpaid, \$1 or 60 cents a single volume in stamps or otherwise. (Light covers.) Confidence respected. In Vol. II Zugassent's great discovery (translated) is included. Physicians' Standard Supply Co., Bldg. 117 N. Broad Street, Offices 303, Dept. Nat., Philadelphia, Pa. Remit by Money Order, Stamps, Register Letter, Money or Check.

YOU SHOULD READ

## Humanity

A monthly magazine of Thought and timely criticism. If you read a copy of it you will not want to miss the next but will tell your friends about it. If you have not seen it send us 15 cts. for three months' trial subscription. You will enjoy it.

10 CENTS A COPY      \$1.00 PER YEAR

The Humanity Printing & Publishing Co.

6 South 18th Street      St. Louis, Mo.

## "Under the Redwoods."

Henry Harrison Brown, announces that his Mountain Home in the Santa Cruz Mountains, Central California, is open all the year around for guests, students, convalescents and patients. 300 acres of ranch, 100 of them Giant Redwood Groves. Thousands of acres of woodland for rambles, streams, good roads and plenty of sunshine all the year. Climate fine, never too cold or too warm. Fruits, vegetables, milk, butter and eggs raised at the home. Just the place for Eastern people to come for rest, growth and health. School of New Thought from May to October inclusive. Classes at other times as desired. Patients treated by himself and assistants by Mental Means. Only 8 miles from Ocean beach, 3 miles from R. R. station and 40 miles from San Francisco. The only New Thought Home-Hotel in the world. Address, **GLENWOOD, SANTA CRUZ CO., CALIFORNIA.**

## HOW I GOT A JOB.

By William Walker Atkinson.

The best short story Mr. Atkinson ever wrote. Neat pamphlet form, just to fit the pocket. Lots of good in it, with humor enough to keep you smiling all the time. Yours for 10 cents, coin or unused stamps and if you hurry up and get your order in before August 1st we'll send you Opportunity, the Western Magazine of Optimism, three months free. Address, Box 14, The Megnogram Publishing Company, Los Angeles, California.

## The Essenes.

Any student of truth may receive information concerning the modern society of the Essenes by addressing,

**GRACE M. BROWN,**

BOX 445,      -      DENVER, COL.

When replying to advertisements please mention THE NAUTILUS.

of writing advertisements. If you have considerable money to begin with, you can employ an advertising agent who will prepare and place the ads for you, but an advertising agent is always an expensive luxury for the beginner in a small way, and I believe in nine cases out of ten failure will result if the agent is depended upon. The ability to write ads will improve greatly with practice, and the beginner should pay the most careful attention to his ads. An important feature of any business is the "follow up" letters and circulars. In preparing these a good advertising writer or agent might be employed to advantage, although it depends somewhat on what you are offering. When you get the name of a possible customer on your list, and send him your circulars or booklets, you may have only just begun to interest him. In order to get his desire to buy your goods up to the most productive point, it is necessary to send him a form letter once in two or three or four weeks, making him some new special offer or offering something new in your line. You will have to feel your way and experiment in this direction in order to get paying results. There are many circular letter firms who will print small lots of letters at a small price, and it is always best to "try out" your follow-up letters on a few customers before having a large lot of the letters printed. Your own customers will always be more apt to respond to new offers than anyone else, so whenever you have anything especially new and good to offer, place it before the people who have already bought of you in preference to using lists of names, as some mail order dealers do. I have little faith in lists of names, however carefully they may be selected, although hundreds of thousands of such lists are used monthly by mail order dealers.

(To be continued.)

## YOUR CHARACTER

Will be read from your handwriting upon receipt of 25c. and specimen. . . . .

**LOUISE RICE**

144 East 22nd Street,      -      NEW YORK

## A SILENT THOUGHT SUCCESS CIRCLE.

I want everyone to know that I can heal them. I want to show you the healing virtues and potency my treatment contains, so will give two weeks' treatment free to all who will send plainly addressed and stamped envelope. I also have a mechanical device that will help to draw away the blues, cure poverty, diseases and bad habits; also a key to concentration, and developing all your higher powers. Address **IDA WELSH, N. Bellville, Ill.**

## SEXUAL LAW

AND THE

**Philosophy of Perfect Health**

Has helped thousands to better health and will show you how

**YOU MAY HAVE PERFECT HEALTH**

Send postpaid to any address for 10 cents.

ADDRESS, **DR. C. W. CLOSE,**

Dept. S,

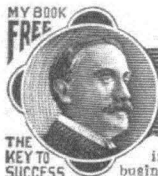
Bangor, Maine.

# To Fat People.

You can reduce your own weight 3 to 5 pounds a week. Safe, prompt and certain. I reduced myself from 200 pounds to 127 pounds. Full particulars with directions and formulas \$1.00. Money refunded if not satisfied.

H. Potter, Box 24, Garvanza, Cal.

MY BOOK  
FREE



THE  
KEY TO  
SUCCESS

## "HOW TO REMEMBER"

Sent Free to Readers of this Publication

## Stop Forgetting

You are no greater intellectually than your memory. Easy, inexpensive. Increases income; gives ready memory for faces, names, business details, studies, conversation; develops will, public speaking, personality. Send for Free Booklet. Dickson Memory School, 888 Kimball Hall, Chicago

## WALLACHIAN EMBROIDERY.



This pretty centerpiece and four dollies to match stamped on Art Linen; complete illustrated instructions for doing Wallachian, that newest and richest of all embroideries; and our big offer of FREE shirt waists, hats, corset covers, centers, etc., all mailed postpaid for only TEN CENTS (silver). NEEDLECRAFT MAGAZINE, 162 Wyckoff St., Brooklyn, N. Y.

## How To Enhance Real Estate Values.

PRICE 10 CENTS.

A pamphlet of remarkable simplicity, yet containing the essence of business acumen. From the heart of Real Estate activity. Written by a dealer in real estate. Advice that is worth thousands to the owner of property. Absolutely no connection with any promoting scheme. Your money back if you are not satisfied. Coin or unused stamps. W. Elmo Reavis, 965 Everett St., Los Angeles, Cal.

## Katherine Jarvis Cheney.

Do you want to grow mentally and spiritually, have the health, happiness and success that belong to right conditions? I CAN HELP YOU.

Treatment and instruction, including monthly leaflet, \$1.00 to \$10.00 per month as your circumstances permit. Address: KATHERINE JARVIS CHENEY, Box 538, Chicago, Ill.

## Love Health Wealth

Who does not need them? Through Psychic Power and Astrology I will assist and instruct you how to positively attain this grand trinity; including a delineation, giving colors, numbers, symbols, fruit, tree, your musical instrument, and the composer who has a message for you. Send \$1.00.

LOUISE STIRLING,  
Suite 3, 76 Huntington Ave., Boston.

## SUPERFLUOUS HAIR PERMANENTLY REMOVED.

A WOMAN'S OWN STORY.

HOW SHE CURED HERSELF

forever by a home treatment that is safe, positive and true to nature. Write me today, enclose stamp and I will tell you all. FLORENCE HAW-THORNE, 258 White Plains Ave., New York

## I Speak the Word in the Silence

For those in pain. Address  
MRS. LILLIE LAMB,  
Breedsville, Michigan

When replying to advertisements please mention THE NAUTILUS.

# DON'T STAY FAT.

Obesity Quickly and Safely Cured

No Charge to try the NEW

KRESSLIN TREATMENT.

Just Send Your Address and a Supply Will Be Sent You FREE—Do It To-day.

Fat people need no longer despair, for there is a home remedy to be had that will quickly and safely reduce their weight, and, in order to prove that it does take off superfluous flesh rapidly and without harm, a trial treatment will be sent, free of charge, to



This represents the effect the Kresslin Treatment has had in hundreds of cases.

those who apply for it by simply sending name and address. It is called the KRESSLIN TREATMENT, and many people who have used it have been reduced as much as a pound a day, often forty pounds a month when large quantities of fat were to be taken off. No person is so fat but what it will have the desired effect, and no matter where the excess fat is located—stomach, bust, hips, checks, neck—it will quickly vanish without exercising, dieting, or in any way interfering with your customary habits. Rheumatism, Asthma, Kidney and Heart Troubles leave as fat is reduced. It does it in an ABSOLUTELY HARMLESS way, for there is not an atom in the treatment that is not beneficial to all the organs. So send name and address to the Dr. Bromley Co., Dept. 134W., 41 West 25th St., New York City, and you will receive a large trial treatment free, together with an illustrated book on the subject and letters of indorsement from those who have taken the treatment at home and reduced themselves to normal. All this will be sent without one cent to pay in any shape or form. Let them hear from you promptly.

## The Cancer Absorbent.

The greatest need of the world to-day is a reliable cure for Cancer. Drugs and the Knife have proved dismal failures. Cancer is a disease of the blood and a cure can only be made by drawing the poisons from the system. THE CANCER ABSORBENT cures by removing the cause of the Cancer. In hundreds of cures we have made not a single growth has ever returned. The application stops all pain and is absolutely drugless and harmless. It is simple, easy of application and adapted to home use. Not all cases are curable. We will take only such cases as we can benefit or cure. Our Absorbent System is used by many physicians. Our book will be sent free to any physician or to any person interested in Cancer. Mention this paper.

## Toxo-Absorbent Co.,

94 State Street, ROCHESTER, N. Y.

## Mrs. R. Eames, PSYCHOMETRIST

Diseases diagnosed. Business and spiritual readings by mail. Send lock of hair, own handwriting, enclosing one dollar and self-addressed stamped envelope. Address  
8 Malden Street, - Worcester, Mass.



## Have You A Wish

or cherished ambition which lies very near your heart? It is within your power to gratify it. The Life Science books will tell you how. I will send prepaid to any address the first six Life Science books for 25 cents in stamps or coin. The regular price for these books is 25 cents each, but to introduce the remarkable series of "Life Science" books, 52 in all, will send the first six for cost of mailing.

## About Yourself

A Scientific Interpreter of your talents and fortunes. This Life Science Book gives each of your lucky and unlucky days and general predictions for 1907. It also gives Rules for "Reading the Teacups," Your Business and Matrimonial Adaptations, Your Key-note, Mystic Number, Ruling Planets, Talents, Tendencies, Characteristics, etc. **Price 25 cts. HILDING D. EMBERG, P. O. Box 128, Niagara Falls, N. Y.**

## THE PAPYRUS.

Edited by Michael Monahan.

A Magazine for the Magazine Weary.

**London Academy**—In fact, Mr. Monahan is the Papyrus.

**Richard Le Gallienne**—I admire your literary articles immensely. They have a real touch, and are full of life and brilliancy.

**James Huneker**—I envy you, your magazine, it is a pulpit which you possess entirely and fill admirably, delectable preacher.

**Jack London**—I have enjoyed the Papyrus very much. I like a free, bold utterance, even tho I do not agree with the whole of it.

**Bliss Perry**—Just a line to say I think the latest Papyrus uncommonly good stuff. Good luck to you.

**Wm. Marion Reedy (in St. Louis Mirror)**—Michael Monahan, of the Papyrus, writes the choicest, best flavored, classical English I know in contemporary American letters.

**Chicago News**—The Papyrus holds a unique place among the magazines: it is always stimulating and interesting.

**Leonard D. Abbott (associate editor Current Literature)**—I have read the Papyrus from the first number, and have always read it eagerly. You have helped me to an understanding of the larger things.

**Ernest McCaffey**—The Papyrus is a stormy petrel flying above an infinite sea of bosh.

**Putnam's Monthly**—There is sun, wind and rain in Michael Monahan's whimsical fancies.

Subscription One Dollar a Year.

**THE PAPYRUS, East Orange, New Jersey.**

## ART SANITA House Furnishings HAND MADE

The day of the Machine and Shop Made Article is passing. Our mission is Home Simplifying and Beautifying; restful comfort, refinement, luxurious simplicity. Our product embraces Janice Meredith Wash Rugs, Couch Covers, Portieres and Knock About Pillows, Table Runners, Doilies, etc., all fashioned by deft fingers and artistic tastes. Exclusive in the extreme. Splendid Wedding Gift Selections. Homecraft Booklet Mailed for the asking tells all. **MANZANITA HOMECRAFTERS, Placerville, Dept. 6, El Dorado Co., Cal.**

## THREE QUESTIONS ANSWERED

FOR 25 CENTS, COIN.

Full reading, \$1.00. Send own handwriting. Also Spiritual Nerve Treatment, a natural cure without medicine or fasting. Send for circular. **Mrs. F. Whalen-Ellwanger, 2241 N. 13th St., Philadelphia, Pa.**

## THE MAGICAL USE OF PERFUMES!

"There are more strange things in heaven and earth, Horatio, Than are dreamt of in our philosophy."—Shakespeare.

Learn the SECRET or OCCULT use of Perfumes heretofore known only to the Wise Men of the East. Happiness and Success can be attained. Full method sent on receipt of 10 cents (silver).

**W. BENEDICT, 162 Wyckoff Street, BROOKLYN, N. Y.**

## MORPHINE Painless Home Treatment.

We will send any one addicted to Opium, Morphine, Laudanum or other drug habit, a free trial treatment of the most remarkable remedy ever discovered. Confidential correspondence invited from all, especially physicians. **St. James Society, Suite 17A, 1141 Broadway, New York.**

## OPULENCE FOR YOU

Through God's omnipotence I can help you to attain health and prosperity. "Co-operative thought generates power." Send stamped envelope for particulars.

**MRS. HOSE, 76 Huntington Ave., Boston, Mass.**

# THROUGH SILENCE TO REALIZATION

## A New Book Just From The Press.

By FLOYD B. WILSON.

Mr. Wilson's former books, "PATHS TO POWER," and "MAN LIMITLESS," have made such a tremendous success and been studied with such wide, deep interest, that a warm welcome is assured for "THROUGH SILENCE TO REALIZATION."

Some of the chapters are: "Admiration, The Herald of Hope"—"Hope, a Vibration from the Subconscious"—"Realization, Hope's Master Creation"—"Thoughts Are Things; But What is a Thought?"—"If Thine Eye Be Single"—"Reward"—"Mental Images"—"Overcoming"—"Like Produces Like"—"Color in Life"—"Dominant Ego"—"Joy, Always Joy"—"Are You Ready?"—"Spiritual Knowledge"—"The Goal!"

The first chapter in the book is entitled "The Silence," and everybody who knows Mr. Wilson's writings will be sure to want to read it.

See what the BOSTON GLOBE says of this new book:—

"A practical introduction to metaphysics that bothers not with wherefores, but offers work and promises direct results, even to mental healing."

Everybody is delighted with this new book—some say it is better than either of Mr. Wilson's others! That says a lot.

"THROUGH SILENCE TO REALIZATION" is printed on fine antique paper, bound in silk cloth, and contains about 200 pages. Uniform in style and binding with his other two books. Price only \$1.00 per copy, postpaid.

A copy given free for two new subscriptions to The Nautilus.

Order of **ELIZABETH TOWNE, Holyoke, Mass.**



When replying to advertisements please mention THE NAUTILUS.



# PROSPERITY

## Through

# THOUGHT = FORCE

By Bruce McClelland



We have just published a thrilling, powerful, practical success book that I cannot recommend too highly to every *Nautilus* reader. The book is crammed from cover to cover with just the plain, practical information you need about the development and use of Thought Force. **"PROSPERITY THROUGH THOUGHT FORCE"** was written by a man who knows the fight for life. (Here is his picture.) From 7 to 37, he has been in constant contact with the world. Only a few years ago this man—Bruce McClelland—was a poor bookkeeper, earning only \$1,000 per year in a city where living on that salary meant strictest economy. He was in debt.

His friends were few, his health poor. Then he got hold of the *idea* that by developing Thought Force and controlling his mental powers he could gain greater success.

At the end of the first year he resigned his position and within 24 hours was offered a new one at \$100 per month. In six months his salary was advanced to \$150 per month. Two months later he was receiving \$200 monthly.

At the end of the second year he went into business for himself. In one year's time he paid all his debts and had \$11,000 ahead. All this was accomplished by the practical use of Thought Force and the scientific development of strong mental qualities.

Now Mr. McClelland has written out the most interesting story of his discovery and application of the law of success, and given full, plain rules by which you can develop your own latent powers for success.

*You will find the book a wonderful help to further advancement in business or social life. If you feel that*

"things are against you," or that you desire to climb higher, then study **"PROSPERITY THROUGH THOUGHT FORCE."**

Here are just a few phases of the subject which the author writes about, always from the standpoint of his own practical knowledge, personal experience and observation:

**Foreword—How the "Idea" was Born—What It Did for the Author—From Debt to Modest Fortune in Less Than Three Years—The Kind of Men Who Succeed—Why the Others Fail—Where the Mental Forces Come In—How to Use Them for Success—The Secret Not in Physical Strength or in Education—The Condition of the Mind Attracts All Things—Self Can Be Strengthened—Force Can Be Added To—How Accomplished—How Mind Attracts Success—The Law of Vibration and How It Works—Personality—What Produces Results—Auto-Suggestion—How to Use It—How to Do Things Without Faith—When the Author Blacked Boots—Thirty Years Lost by Talking—About Yourself and the Law—The One Thing That Can Hinder You—Consciousness, Subconsciousness and the Electric Current—Different Qualities of Mental Electricity—Your Mind, Its Nature, Uses and Direction—Mind and Body—Passions—Aura—Sub-Conscious Mind the Magnet—Will, Affection, Emotion, Divisions of Love—When Others Avoid or Mistrust You—To Make the Right Kind of Friends—Attraction, What It Does and How to Use It—How to Change Your Thoughts—Determination—Concentration—How It Affects Your Destiny—The Family Thought Atmosphere—Nervousness, Its Cause and Cure—To Read Character—To Develop Courage—Before Going to Sleep—The Small Boy and the Bear—Your Highest Aim and How to Attain It—The Force of Life—How Personality is Made and Re-made—How to Control Worry, Anger, etc.—Physical Effort vs. Mental Attraction—Age no Bar to Success—Get Right and Success Seeks You, etc.**

**"PROSPERITY THROUGH THOUGHT FORCE"** is a beautiful little volume, 160 pages, printed on antique laid paper, artistic initial letters for chapter heads, subheads, handsome title page, half-tone of the author, all bound in finest silk cloth in a new shade of mauve. A delight to handle it. **PRICE \$1.00, POSTPAID.**

Address all orders to the publisher,

**ELIZABETH TOWNE, Holyoke, Mass.**



### Mrs. Graham's **Kosmeo**

#### Creates a Perfect Complexion

Kosmeo is a dainty, snow-white, sweet smelling cream, delightful to use.

It immediately cools and soothes a burning, sensitive skin, and heals a rough, chapped or otherwise irritated skin in one application.

It is an absolute protection for men, women and children from sunburn, freckles and tan; excellent for men's use after shaving.

Kosmeo cleanses the pores thoroughly and promotes a healthy circulation, thus removing the cause of pimples and blackheads. It makes the flesh firm and the skin smooth and clear, free from wrinkles and glowing with health.

Price 50 cents. At all dealers, or sent by mail postpaid.

**A Sample Box of Kosmeo and Booklet Free**

Mrs. Gervaise Graham, 1301 Michigan Avenue, Chicago, Ill.



When replying to advertisements please mention THE NAUTILUS.

# \$30.00 CASH PRIZE.

## OTHER PRIZES TOO!

Why can't you win this prize?

Honestly, it isn't as hard work as you might think. Let me tell you about the young man who won the prize of \$20.00 recently awarded. He works in an office during the day and is studying medicine evenings. Yet he likes *Nautilus* so well that he found time, in spite of all his other duties, to get a sufficient number of new subscribers to win the prize. He only worked among his friends at odd moments.

What might one accomplish who gave a little time to the work?

## HERE ARE THE PRIZE OFFERS:

First, \$30.00 cash.

Second, \$10.00 worth of books from any of our lists.

Third, \$5.00 worth of my own publications, NAUTILUS included. This prize goes to every friend who sends ten or more new subscribers.

The first prize will go to the person who sends us between now and August 31, 1907, the largest number of subscribers to *The Nautilus*.

The second prize will go to the one who sends the second largest number.

There may be a hundred or so third prizes, for \$5.00 worth of our publications will go to each friend who sends us ten or more new subscribers to *The Nautilus* before August 31, 1907. Price \$1.00 per subscription.

## SPECIAL OFFER.

Any person who sends me in four new subscriptions at one time, with \$4.00 payment, will be entitled to receive a beautiful fountain pen. The pen is self-filling, self-cleaning, has iridium points and is warranted to work perfectly. Value \$2.50. If you send four subscribers and receive a pen as premium, such subscribers will be placed to your credit and counted towards the cash prize.

I would suggest that you use the latest number of the *Nautilus* for the present in soliciting subscriptions. If you wish extra copies for samples, let me know.

Now, dear friends, *The Nautilus* is your magazine as well as ours. It exists through your support. If you will interest your friends in the magazine and get them to subscribe, we shall be able to give you a still better magazine from month to month, and we will reimburse you with premiums as above.

Wishing you the greatest success in all things during 1907, I am,

Cordially yours,  
ELIZABETH TOWNE.



**I WILL TELL  
YOUR FORTUNE FREE**

**Do You Want to Know**

About your Love Affairs, Health, Business, Journeys, Speculation, Marriage, Legacies, Changing your Position, Home or Business, your lucky or unlucky days, your children or family affairs, about buying and selling property?

For 20 years I have been guiding people to SUCCESS and HAPPINESS. Send for free Horoscope. Give your name, address, birth-date, sex, and state whether married or single. Send 10 cents, silver or stamps to pay postage and clerical work. Address:

**PROF. ALBERT POSTEL,**  
Room 614, No. 126 West 34th St., New York, N. Y.

**How Fortunes Are Made** Incomes doubled. Mention occupation, drawbacks, desires. Success in business and social life assured. Members everywhere. Literature gratis. **Mutual Benefit Club, N. A., 537 E. 55th St., Chicago.**

When replying to advertisements please mention THE NAUTILUS.

# The Mystic Circle of Success.

It costs nothing to join. Send your name to-day for application blank and literature.

**The Summer School of Progressive Thought,**  
OSCAWANA-ON-HUDSON, N. Y.

# SQUARE DEAL. No Free Readings.

Send full dates. One or two dollars, both good. Ask questions. Long Experience, plain English. Literature free. **DR. DEROLLI, SCIENTIFIC ASTROLOGER,** Hotel Pelham, BOSTON, MASS.

# YOUR FUTURE.

Astrological Horoscopes, Delineations and Forecasts showing "What to do," "When to do it," and "How to do it," by Captain Geo. W. Walrond, 1512 Glenarm St., Denver, Col., or Lock Box 201. His forecasts are always accurate and reliable. Over 40 years' study and practice. **Thirteen years in Denver. The Most Reliable Advisor in America. Terms and Testimonials Free. No "Free" or "Trial" Horoscopes.**

# Power of Thought.

I can help you to attain great Happiness and Prosperity. Send 25c silver and state desires, birth date, etc., and I can tell you how you can attain Health and Prosperity. If you want to grow mentally and spiritually I can help you. All letters personal. **Janet Caldwell, Gen. Del., Tyler, Tex.**

# Graphology the Revealer.

Back of appearances, motives, aspirations, delusions, tendencies, affinities, aptitudes, careers, health and disease, success or failure, is character. Character is destiny. The handwriting discloses the character. Letter of advice on anything within the scope of graphology, \$1; brief reading, 50 cts. Send specimen of person's natural handwriting, stating sex and information wanted. **EDGAR G. BRADFORD, Graphologist, 34 Stirling Place, Brooklyn, N. Y.**

# FREE

Character Reading by Graphology. New and Wonderful Method.

Advice given in all matters of Business, Love, Marriage and Health by a handwriting expert. Send name and address and two 1c. stamps for

FREE Reading from **YOUR HAND WRITING.**

**PROF. HUGO LANZA,**

Dept. 02, SOUTHPORT, CONN

# THE NEW THOUGHT CORRESPONDENCE CLUB.

For the purpose of introducing New Thought Readers. Object to exchange ideas and broaden each other's views, and if wishing to become personally acquainted, after an extended correspondence, by addressing the club name will be given. On receipt of one dollar, you will receive a slip, enrolling you a member for one year. An opportunity to become acquainted with people in different parts of the world. Give description of yourself and your ideal of correspondent. Address: **NEW THOUGHT CORRESPONDENCE CLUB, Box 84, (Station A.) Boston, Mass.**

# ESSENOLOGY.

If you want to know how to use the powers of your mind in Prevision, Telepathy, Self-Healing, Weather Forecasting and Mineral Divination, send stamp for pamphlet. **COUGHER MENTAL TRAINING SCHOOL,** Simpson Block, Kansas City, Kansas.

# Extra Special!

The PHILISTINE Magazine one year—LITTLE JOURNEYS one year—1907 One DE LUXE ROYCROFT BOOK :: :: :: :: :: ::

## TWO DOLLARS FOR ALL!

IF SUBSCRIPTION IS SENT TO US SOON

Send us your subscription within two weeks after you receive this offer, and we will present you, Gratis, a leather-bound, silk-lined, De Luxe Roycroft book. This volume is printed on hand-made paper, from a new font of antique type, in two colors. The initials, title page and ornaments were specially designed by our own artists. As an example of fine bookmaking it will appeal to the bibliophile as one of the best books ever made in America.

Take your choice, one of these beautiful books with every subscription for the

## Philistine Magazine and Little Journeys

**The Man of Sorrows** - Elbert Hubbard

**Thomas Jefferson** - Lentz & Hubbard

**Respectability** - - - Elbert Hubbard

**A Dog of Flanders** - - - - Ouida

**The Law of Love** William Marion Reedy

**The Ballad of Reading Gaol** Oscar Wilde

**Nature** - - - Ralph Waldo Emerson

**Love, Life and Work** - Elbert Hubbard

**Justinian & Theodora**

Elbert & Alice Hubbard

**Crimes Against Criminals**

Robert G. Ingersoll

ELBERT HUBBARD'S *Little Journeys* are now used as text-books in many schools. They contain a wealth of historical information without encyclopedic dryness. The series of Nineteen Hundred Seven will be to the Homes of Great Reformers.

SUBJECTS AS FOLLOWS, WITH FRONTISPIECE PORTRAIT:

JOHN WESLEY

HENRY GEORGE

GARIBALDI

RICHARD COBDEN

THOMAS PAINE

JOHN KNOX

JOHN BRIGHT

BRADLAUGH

THEODORE PARKER

OLIVER CROMWELL

ANN HUTCHINSON

J. J. ROUSSEAU

THE PHILISTINE, East Aurora, N. Y.

Enclosed find Two Dollars, and I request you to send me *The Philistine* magazine for one year, and *Little Journeys* for 1907, also the gratis De Luxe Roycroft Book, all as per your special offer.

Date.....

Remit by draft or Post Office order—it is unsafe to send currency by mail unless letter is registered.

When replying to advertisements please mention THE NAUTILUS.



WELL OR SICK YOU NEED

# Autology



BEWARE OF PICK-BRAINS

A pick-brain is a more contemptible thief than a pick-pocket.

Watch out for that scum of advertisers and writers and doctors. There are some of each kind that are stealing right and left from the "Guide" and "Autology" without giving due credit, and for fraudulent purposes. So, beware of pick-brains when you read an ad, or a circular, or a magazine article. All new ideas relating to the Science of Health and Brain-Building were not born with Autology. O, no! but so very many were. And so very many are being "cribbed" by unprincipled advertisers and scribblers, for illegitimate purposes, that Autologists won't mind being reminded, and others shouldn't object being warned against pick-brains.

"One friend writes:

"I am much obliged to you for the use of this book. It is the best book I ever read and contains more truth than the Bible. If its teachings could be followed it would do more good to the human race than does the Bible."—A. B. D., Washington, D. C."

"I regret that you send out the above testimonial. Doubtless you favor the sentiment or you would not circulate it. If Autology can do more good than the Bible, the Missionary Societies would better circulate it in place of the Bible.

"I trust you are not offended because of that which I have written. If you are, please remember that 'Faithful are the wounds of a friend.'

"Sincerely yours,

856 West 4th St., Pomona, Cal.

C. H. PATTERSON."

WELL OR SICK YOU NEED AUTOLOGY

**The Practical System of Body-and-Brain Perfection. The Doctrine of Common Sense and Self-Understanding in matters of Health and Sickness—in Raising High-grade Brains and Minds as well as first-class Livers and Biles, Stomachs and Juices, etc., etc. That you may know and see for yourself I will send you postpaid**

**FREE "GUIDE TO AUTOLOGY" FREE**

192 Pages of Priceless Information that Everybody needs and that money can't buy elsewhere.

— ADDRESS —

**E. R. MORAS, M. D., 1401 Washington Boulevard, Chicago, Ill.**

Harvard University Medical School '88; College of Physicians and Surgeons (Chicago) '89; Formerly House Physician and Surgeon in Cook County Hospital (Chicago), Professor of Obstetrics College of Physicians and Surgeons (Chicago). Member of Chicago Medical Society, etc.

When replying to advertisements please mention THE NAUTILUS.

TRANSCRIPT  PRINT.