

NAUTILUS

MAGAZINE OF
NEW THOUGHT

1943
JUNE

**How Seven Persons Made Their
Dreams Come True**

HAZEL DEANE

This is the Prize-Winning Article

How I Demonstrated Good Eyesight

E. R. WALKER

The Purpose of Prayer

FLORENCE BASCOM-PHILLIPS, D.C.

Rest, an Inner State of Mind

W. G. MONTGOMERY

Your Wonderful Breath

JEAN MURRAY

Keep Thy HEART OPEN

ELIZABETH TOWNE

I Am Healed of My Doubt

ANGELA MORGAN

**In Olden Times God Spoke Through
His Poets**

CALVIN T. RYAN, A.M.

Edited by

ELIZABETH TOWNE
WILLIAM E. TOWNE

PRICE 20 CENTS

Your Candle Light

By GEORGE C. HUBBS

EVERY YEAR one of the dearest "mother" friends in the world sends me a calendar, on each month of which are several beautiful and helpful quotations. I want to pass along to you three that were on the January page — with a few words of comment.

- 1 — *"It is better to light a candle than to curse the darkness."*

A paraphrase that may bring this a little closer home to some would be: "It is easier to become discouraged than to insist on trusting God." Doubtless there are many Truth-seekers who become faint-hearted when demonstrations are delayed — who feel sure they "haven't found the right method." I suppose there are more who fall by the wayside for this reason than for any other. Let these disappointed ones read this:

- 2 — *"All the darkness in the world cannot put out the light of one small candle."*

Whatever one of God's promises you have hold of; however much or little spiritual insight you may think you have, or whatever affirmation respecting your inseparable relation to God you feel is — and *must* be — true; if it be, as you think, only a candle of truth, *hold it high* and defy the darkness of your problem to put it out! Remember this: it is far more effective to know a single truth in which you have unshakable faith than to have much spiritual knowledge with only a *veneer* of faith. For you can always be sure that this third quotation is unchangeably true:

- 3 — *"Before me, even as behind, God IS — and all is well."*

What's Cooking FOR NEXT MONTH?

Something New Has Revolutionized Her Life

This is the true experience of a lone woman, left in the old home that had meant so much to her but which was now filled with memories that she did not like to recall. She tried to sell the home, but finally a situation arose which seemed to her, at the time, like a near-calamity but which ultimately resulted in her taking an entirely different course. This course completely changed her manner of living. It brought her in contact with a new way of life which proved to be the best thing that ever happened to her. Coming in July NAUTILUS, "BEHOLD, I SHALL DO A NEW THING."

New Lives Katherine Dissinger believes that the possibility of a new life is not fantastic or impossible but entirely practical. She says: "Today bewildered people in a changing world with earthly things vanishing and earthly ties breaking may find comfort and answers to the many problems which develop." A NEW LIFE FOR AN OLD will appear in July NAUTILUS.

Dynamic Moods In this issue of NAUTILUS Dr. Walker concludes her article on Spiritual Moods that Bring Healing with the promise to give you, in her next article, the most essential conditions to develop those moods. These include a method that will help you build up for yourself a reservoir of faith — faith which is so essential to health. THE FOUR METHODS OF PRAYER, including ways to increase faith, is the final article on Spiritual Moods. It will appear in July NAUTILUS.

Methods of Prayer Continuing her instructive lessons on The Truth of Prayer, Dr. Bascom-Phillips will next take up the subject of how to pray effectively. Even that great master of prayer, George Muller, believed implicitly that certain procedure was necessary to get the best results from prayer. Dr. Bascom-Phillips recommends four definite steps in prayer. These include one method which she considers the most important of all — the method which Jesus used in the raising of Lazarus. Of this method Dr. Bascom-

Important to Nautilus Subscribers

If you find an expiration notice attached to this space it means that your subscription expires with this issue UNLESS your renewal has crossed the notice in the mail. IF YOU WILL RETURN THE RENEWAL BLANK WITH YOUR REMITTANCE SO THAT IT REACHES US BY THE 20th OF THE MONTH OF THIS ISSUE WE WILL CREDIT YOU WITH 13 MONTHS FOR \$2.00. Extra month for prompt renewal. Or we will send NAUTILUS two years for \$3.00. (30c extra per year for Canadian postage; and 60c extra postage per year to foreign lands.)

*WE AFFIRM that the basic truth of
all religions is one. And that this truth
— understood and applied — frees, heals
and prospers the individual — HERE
AND NOW.*

NAUTILUS takes its name from the following verse from Holmes' poem, *The Chambered Nautilus*:

BUILD thee more stately mansions, oh, my
soul,
As the swift seasons roll!
Leave thy low-vaulted past!
Let each new temple nobler than the last,
Shut thee from heaven with a dome more vast,
'Til thou at length art free,
Leaving thine outgrown shell by Life's unrest-
ing sea.

Phillips says: "I have personally demonstrated this method many times and so has every Truth teacher. Events move with such rapidity to bring into manifestation that which has been realized within, that one can hardly keep up with them." THE FOUR METHODS OF PRAYER will be one of the most attractive features of July NAUTILUS.

A New Series by Brown Landone Mr. Landone starts out next month on an entirely new subject — spiritual experiences in the war. This series is grouped around one fundamental statement: "God's angels can protect our sons in the hells of war." The background for this statement is contained in the biblical words: "And he shall give his angels charge over thee." The first of this series is entitled GOD'S ANGELS DO PROTECT OUR SONS IN BATTLE, and will appear in July NAUTILUS.

(Please turn to page 2, col. 2)

If You Seek PEACE Within—

A student of ELIZABETH TOWNE'S FOUR LESSONS ON HEALTH AND SUCCESS writes: "I never felt so quiet and peaceful." She continues: "I just can't praise this work enough." — M. B., Wis. A man who has completed two Lessons writes: "Have more will power. Have quit smoking. Nerves much better. Have more control over voice and temper." — P. M. G., N. J. Hundreds report that they have been helped to realize their deep desires by practicing these FOUR LESSONS. Read these reports: "Have gained 8 lbs. in weight. Health improved. Finances better." — M. B. S., Calif. "I listed eight things I wished to accomplish, and in the month of my first Lesson, six of these were adjusted." — N. L. A., Pa. "After a serious nervous breakdown, I really feel so much better since applying the instructions." — V. B., Ill. Price of the Four Lessons and two booklets used with them, \$1.60. THE ELIZABETH TOWNE CO., Inc., Holyoke, Mass.



MIRACLE OF THE AGES

By WORTH SMITH

In this amazing book of PYRAMID PROPHECIES Worth Smith wrote in 1934: That the destiny of the United States and England would be bound up together — during and after the "TROUBLESOME YEARS JUST AHEAD"; that these great nations would then become "the saviour nations of civilization." Note that these things were written MORE THAN SEVEN YEARS AGO.

Hundreds of books have been written about the Great Pyramid of Egypt. Most of these writers regard the Pyramid as having a deep prophetic significance. The authors believe that the Pyramid — built some 5,000 years ago — in its strange secret passages recorded in its very structure the great events in the history of mankind over a period of thousands of years. It has been referred to as a record of God's great Plan for mankind.

THE MIRACLE OF THE AGES is, in our opinion, one of the very best of all these books. It is attractively bound in cloth, 160 pages, with 10 full page charts showing the strange secret passages, etc. Price \$1.10

THE ELIZABETH TOWNE CO., Inc.
Holyoke, Massachusetts

(What's Cooking: Continued from page 1)

**Is Your Life
Thrilling? If Not,
Why Not?**

Dortch Campbell says: "Five locked doors bar the way to your happiness." But these doors can be opened he claims, and when they are opened life can become literally thrilling. LIFE SHOULD BE THRILLING is coming in July NAUTILUS.

**Following the
Gleam**

This is the true experience of a girl born in a log cabin on the Canadian frontier who became a successful writer, lecturer, teacher. Just recently she was introduced over the Columbia broadcasting system as "The most prolific writer of the Northwest." It was just a few words, spoken by way of encouragement to a shy girl of twelve, that started her off on the quest which came to such a satisfactory realization. This true and interesting experience, showing the wonderful power of the spoken word to inspire and encourage, will be a feature of July NAUTILUS. Watch for HOW LETTING GO GOT ME WHAT I WANTED.

To New Subscribers

SPECIAL INTRODUCTION OFFER

USE THIS COUPON and get
NAUTILUS 10 Months and
the new Wee-Book, ALL
THESE AND MORE MY
TREASURE MAP BROUGHT
ME—all for \$1.25

(Foreign \$1.85—Canada \$1.55)

**The Elizabeth Towne Co., Inc.,
Holyoke, Mass.**

I surely want to read all the special features coming in NAUTILUS. Here is \$1.25 for NAUTILUS 10 months and the book free, in accordance with your special offer.

Name

Address
June

PUBLISHED
MONTHLY

NAUTILUS

\$2.00 A YEAR
20c A COPY*Magazine of New Thought*

Vol. XLV

JUNE 1943

No. 8

CONTENTS

	PAGE
Tides (page poem)	<i>Agnes Barden Dustin</i> 4
EDITORIALS	<i>ELIZABETH TOWNE</i> 5
What Is Trouble?	
A War-Time Prayer	
Rejoicing in Thomas Jefferson	
How I Demonstrated Good Eyesight	<i>E. R. Walker</i> 8
How Seven Persons Made Their Dreams Come True	<i>Hazel Deane</i> 9
(The Prize-Winning Article)	
The Truth of Prayer	<i>Florence Bascom-Phillips, D.C.</i> 11
Rest An Inner State of Mind	<i>W. G. Montgomery</i> 13
Your Wonderful Breath	<i>Jean Murray</i> 15
Spiritual Moods That Bring Healing	<i>Marie Winchell Walker, M.D.</i> 16
In Olden Times God Spoke Through His Poets	<i>Calvin T. Ryan, A.M.</i> 18
I Am Healed of My Doubt	<i>Angela Morgan</i> 20
Driving Devils Out of Man's Mind into Swine	<i>Brown Landone, F.R.E.S.</i> 22
VIEWS AND REVIEWS	<i>WILLIAM E. TOWNE</i> 24
"Is Not My Help in Me?"	
A Scientific Basis for Making Dreams Come True	
Success in Prayer	<i>Edited by W. E. T. and E. T.</i> 26
What's Cooking for Next Month?	1

EDITORS: Elizabeth Towne and William E. Towne. Chester Holt Struble, Managing Editor. SUBSCRIPTION \$2.00 yearly. Two years, \$3.00. FOREIGN \$2.60 per year by international money order. CANADA \$2.30. Foreign currency, stamps and postal notes not accepted. Add 10¢ to personal checks for collection. CHANGES OF ADDRESS must give old as well as new address or change cannot be made. DATE OF EXPIRATION is on the wrapper of your magazine. MANUSCRIPTS must be accompanied by postage if they are to be returned.

Published by THE ELIZABETH TOWNE CO., Inc., Holyoke, Mass.

Copyright, 1943, by THE ELIZABETH TOWNE CO., Inc. Entered in the Post Office at Holyoke as second class matter.

TIDES

By

AGNES BARDEN DUSTIN

THEY sweep across the sounding
depths of oceans;
They beat in the heart of man and the
flowering sod;
They ebb and flow in the year's re-
curring seasons —
The mighty, invisible tides of omnip-
otent God.

The vast sublimity of the constella-
tions
That light the fathomless heavens
with their starry throng,
Pulse with the surge, as they, in
adoration,
Repeat their grand, eternal triumph
song.

Editorials

By ELIZABETH TOWNE

LIFE IS

THE INFINITE wills no misfortune into existence;

The Infinite wills no suffering in any-one;

The Infinite wills no poverty anywhere;

The Infinite wills no case of disease on earth;

The Infinite wills no death to any human.

—Frank Channing Haddock

*

Let the Lord God ALMIGHTY Do It

WHY accumulate a burden to carry around, as we accumulate old rubbish in the garret? Most of the burdens we carry are like that — and they are mere habits that sink down into our mental sub-cellars to worry us — like rats and mice gnawing subconsciously.

If we could *do* anything about the innumerable troubles that we accumulate there might be some sense in carrying them. But you and I cannot help the little troubles that are confided to us by relatives and friends, and by the newspaper headlines. Personally we can do nothing about these things.

Quit carrying burdens for yourself or anybody else. That is not your business in life — any more than it is the business of a newborn infant. And you are as helpless about it as any newborn child would be. Quit carrying mental burdens. *Let the Lord God ALMIGHTY* carry all the burdens. That is His Business!

And He is the only ONE who is competent to carry them, and to dissolve them into thin air. Open the end of your mental attic and shovel your troubles out into the Infinite Almighty where they can be adequately taken care of.

When a new trouble comes along see that you shovel it into space, instead of storing it.

*

What Is a Trouble?

DO you know what a trouble is anyway? It is just what you *think* it is — as you think *in your heart*, so your troubles are. In other words, there is nothing which is REAL trouble.

And you have the power to send any trouble on to the ALMIGHTY instead of burying it in your heart-attic to worry you. Troubles are troubles just because we accept them, instead of *DOING* something with them. Remember what Elihu said to Job and his critics: "There is spirit in man, and the inspiration of the Almighty (spirit) giveth him understanding." (Job 32:8.)

You see, Job had accepted all the troubles and the supposed troubles of his great family and followers and servants, until they piled up in his heart just like the trash in our attic. That was what brought all his troubles on Job, and Elihu was the young man who communed with God and received the understanding of what was the matter with Job; and then he told Job how to get rid of his

troubles — to inspire the Almighty — to *breathe in* and to *breathe out* the one spirit of God — to quit carrying the burdens and LET the ALMIGHTY do it! Go thou and do likewise.

Begin with this prayer:

"Create in me a clean heart and renew Thy Right Spirit within me."

*

A War-Time Prayer for Those at Home

SO MANY little books of prayers are being published and passed around nowadays — God bless the pray-ers and their prayers. Here is another most attractive little one in blue and white, called "War-Time Prayers for Those at Home," written by Army and Navy Chaplains and others, edited by G. A. Cleveland Shrigley, published by Foster and Stewart, Buffalo, New York, and sold for 10¢ a copy. There is one particularly good one that I hope we will join together in praying during this month of June —

*

FOR GOD WITH US

O God, be ever with us, wherever we are and in whatever we do. Be Thou our God in sorrow, our Comfort and our Consoler. Be Thou our God in temptation, our Strength and our Deliverer. Be Thou our God in penance, our Judge and our Saviour. Be Thou our God in darkness, our Light and our Hope. Be Thou our God in work, our Creator and our Sustainer. Be Thou our God in service, our Guide and our Director. Be Thou our God in suffering, our Rock and our Defense. Be Thou our God in love, our Friend and our Rapture. Be Thou our God in joy, our Portion and our Pleasure. Be Thou our God in

death, our Resurrection and our Life. O God be ever ours, and make us ever thine. Amen.

*

Keep Thy HEART OPEN

IT was the holy one who wore the jewels of the Urim and the Thummim, and through the lightening and the darkening of the jewels he and all the people who looked to him found guidance.

Their use is not mentioned after David's time. From then on, all the people grew more and more conscious of that lightening and darkening of their own hearts within, more conscious of divine guidance coming directly to the individual.

Once in modern times the Urim and Thummim was revived: When Joseph Smith claimed to find certain tablets with the Urim and Thummim, upon the history of which the Church of the Mormons was founded.

Right along beside this briefed story of an ancient people I will tell you another — tell it just as 'twas told to me, by a woman of today. She writes: "I was washing my breakfast dishes one morning and the thought came to me that I would go and see a friend who lived several miles away. I finished my work and started to dress for my journey, when there came over me such a feeling of depression, or despondency, or gloom, that I was startled. I kept on getting ready, at the same time trying to reason away the feeling. But it would not go. Finally, having donned my hat and one glove I started for the door, when such a wave of heaviness came over me that I went back into my room and sat down, and I said, 'God, I want to know the meaning of all this.' And the answer came within

me, clear, strong, firm, 'Stay at home.' I stayed, and as I took off my coat and hat such a feeling of lightness and relief came that I seemed to walk on air.

"At the time I supposed the voice (I call it a voice for want of a more definite term) had told me to stay at home because someone was coming who needed my help. But no one came that day or night, and several times the thought flitted through my mind that perhaps it was all nonsense after all, and that I might as well have gone. Well, the outcome was that the train I would have taken, had I gone, met with a fearful accident wherein many were killed or badly wounded. This is only one of many such experiences I have had."

And I could tell you still others from my own experience.

"Keep thy heart with all diligence, for out of it issues LIFE": out of it issues the Light of the World, of your world and my world and ALL the world!

*

Rejoicing in THOMAS JEFFERSON

ONE OF the very greatest Americans, in whose thought all other Americans for 200 years have been living and moving and feeling is our Thomas Jefferson. He is claimed by Democrats and Republicans alike! And all America is one with him, no matter what political or religion or social philosophy is espoused, Thomas Jefferson is claimed as an original inspiration for it.

Jefferson was born 200 years ago this month, and the world thinks with him and feels with him today better than ever before.

I would like to print the whole story of Jefferson, in celebration of his great work in the founding of the United States of America. I have been looking for something that would give the essence of his life in condensed form, not too great to include in my NAUTILUS editorials. At last I have found it — a brief editorial taken from the *Providence Journal*. Thank you Mr. Editor for your gist of Jefferson, which I reprint here with great pleasure.

There is a new biography of Jefferson which I have sent for, written by that inimitable true story teller, Hendrik Willem Van Loon. Here is the little editorial on THOMAS JEFFERSON which I hope every reader of NAUTILUS will rejoice in as much as I do:

*

THOMAS JEFFERSON

What a great, great man was Thomas Jefferson, born 200 years ago today, a man who set down in eloquent and throbbing language a doctrine that matches Magna Charta and put into the consciousness of the race the seeds of liberty and justice!

He wanted only to be remembered as the author of the Declaration of Independence and the Virginia statute of religious freedom and as the father of the University of Virginia. We know him familiarly as a two-term President who assured the establishment of the republican principle and who bought the Louisiana territory from Napoleon in the most successful real estate deal of all times.

(Turn to page 28, *Thank You!*)



The Publishers

Affirms the
UNITED NATIONS
of the WORLD



How I Demonstrated Good Eyesight

By E. R. WALKER

BACK IN 1917 I wore glasses regularly. I was unable to see at a distance without them. Now, at that time, I had been helping other people to demonstrate the law of healing. Yet I did not seem able to heal my own eyes. I had heard it said that most metaphysical healers could not heal themselves as readily as they could heal others.

Finally, I received so many comments on this matter that I began to give it deep consideration. It seemed to me that the reason we continue to manifest such difficulties is largely because our troubles seem so real to us that we fail to release them and let them go.

My eyeglasses were getting to be quite a bother to me. This was especially true in winter. When I came into the house out of the cold my glasses would be covered with vapor and I would have to take them off to wipe them.

One day as I sat in the silence I seemed to hear these words: "Physician, heal thyself." That appeared to be the answer to my disturbing thoughts about my eyesight.

The first thing I did was to examine myself thoroughly. I gave myself a thorough mental going-over. It came to me like a flash that the trouble was not in my eyes, but in my mind. I was putting glasses on my eyes, treating the *effect* while the cause remained. You see, in the beginning it made no difference to me whether I wore glasses or not, just so

long as I could see. I now saw that I was easily upset. If I had a misunderstanding with someone I would wait for him to come to me for I felt, always, that he was to blame. I worried over the ability of others to make more money than I did. I never could hold friends because I always felt that there was no such person as a true, trustworthy friend. I could see now that while I had repeatedly told others that God is the only real power there is, I was placing my dependence upon glasses as the source of power for my eyes. I could see that I had set up a false idol in my consciousness.

I recalled the words of Scripture: "And ye shall know the truth, and the truth shall make you free." I could see that I had found out the truth about myself and that I was the only one who could remedy the difficulty.

Opening the Bible I came to Galatians 5:22: "But the fruit of the Spirit is love, peace, longsuffering, gentleness, goodness, faith." I could see that these were the things I really and truly needed.

In the silence I now took off my glasses and affirmed: "I can! I will!" Then I seemed to hear these words: "The living Christ now perfects my eyes." I kept repeating over and over: "My eyes are Christ's eyes. They are alive with the Christ peace. They express gentleness at all times. The goodness of faith now opens the way to my healing."

Leaving off my glasses I placed my eyes in God's care and keeping. This was at 11 A.M. At 3:30 P.M. my eyes

were healed. I could feel it, and looking out at a distance I could see as I had never been able to see before.

How Seven Persons Made Their Dreams Come True

By HAZEL DEANE

This Is the Prize Winning Article

How I made my dreams come true can be best told by a "we" instead of an "I," for the dreams were those of several persons (seven to be exact) and all of the dreams were different; yet, different as they were, each brought its own results.

Why the results came, just what brought about such a high degree of fulfillment, is worth considering. Let me tell you what happened.

I was doing the required year of practice teaching of metaphysics toward my degree in a very fine school. My class members were mostly personal friends of long standing, and for the most part had but a vague knowledge of the subject. That last was an undiluted blessing. They had no prejudices, only questions. But our former purely social intimacy — a blessing in the end — at first had its drawbacks. I thought I'd die leading that first meditation! We all knew each other so well. And we did not ordinarily talk about God in public. But somehow I got through. Somehow we got going. And then we began to have fun. That was part of our success, I feel sure — the fun we had.

But, to continue. We studied the-

ory, but also, because of my deep conviction of the value of actual demonstration, we began at once to practice. We practiced on everything. We demonstrated parking places on busy streets, we found lost articles, we woke ourselves up at chosen hours in the morning without benefit of alarm clock. The next week we varied the hour and did it all over again, like Gideon with his fleece, to prove our response. Demonstrations became significant, not because it was vital to park at will on Seventh and Nicollet, or to awaken at exactly 6:27 A.M., but because results *proved* the power. Results, repeated and repeated, not only heaped up evidence to convince us that the power existed and would respond without fail, but it tended to build the habit of turning to that power in increasing confidence and ease. Practice built faith and it also built a technic of positive thinking.

Then suddenly I came to the real idea. It seemed as if we were too involved with demonstration. It was as though we centered our attention so completely on results that we were missing that inner something that made results and bigger results possi-

ble. Out of this feeling that we must turn the tide came my inspiration.

At the very next meeting we tried a new thing. We went shopping. Mentally and emotionally we walked through our world and chose from it everything we wanted. We chose every little thing, wise or foolish, big or little, definite or indefinite, expensive or cheap. We splurged. We went on a desire spree. Our only condition was that our choice must harm no other person. We wrote down our every desire, then — we folded the lists and put them into a box. We tied the box shut. We sealed it with sealing wax. No one of us would ever necessarily know what any other one had written. **AND WE PUT THE WHOLE THING ASIDE.** We said in effect, "Now that's done. It's out of our hands. We can forget it. We've gotten these little things because we were bigger than they were. From now on we're going to do some growing. In order to furnish a mental equivalent for these other things we realize that the change must come first in ourselves. From now on we'll work on those inner qualities, establishing God consciousness.

THIS IS HOW WE BROUGHT THE CHANGE ABOUT: For weeks we not only talked about the qualities of being, but we practiced those qualities. We practiced peace, for instance. We practiced it in our daily lives. For example, one of us gave a dinner party and the men present began to argue about politics. The air got blue with opinions and harsh words. The hostess left the table and stood a moment in the kitchen. This must not happen in her house. Guests must not feel hurt or angry at each other. She made her declaration and returned to the table. After a moment

the conversation turned. There was laughter. Tension vanished. The whole evening smoothed out into fun and friendliness and everybody had a good time. We practiced peace right where we were. Likewise we practiced life and love and joy. **AND ALMOST AT ONCE THE THINGS THAT WE HAD WRITTEN ON OUR LISTS BEGAN TO COME TRUE.**

Some of our desires had seemed extremely unlikely of fulfillment, yet it made no difference. One woman who, all of her married life, had been forced by the nature of her husband's business to move frequently, had written as her desire, "A permanent home of my own in a western city." All of their moves had been eastward; nor was her husband at all likely to change his work. Yet, within three months he had an offer he could not refuse, and by August she was living in her own home in Dallas, Texas, and the home exactly fulfilled her specifications even to the school for her sons. From there she wrote us that with one exception every desire on her list had been realized, and that it now looked as if that last thing, too, was on the way. And it was much the same percentage for the others, although the lists included such varied desires as a new car, financial supply, a new electric ice-box, a physical healing, a lake cottage, and a subtle relationship of one woman with her husband — a delicate and difficult situation — all ironed out, all were fulfilled beyond our dreams.

How did it happen? I can only point out the factors involved:

1. Preparation through repeated demonstrations.
2. Clarification of desires — what exactly do you want?

3. Release of those desires and of giving attention to lack.

4. Recognition that it was we, ourselves, who must change.

5. Definite *practice* of God qualities.

6. High agreement and sympathy in the group so that each one no longer felt that she walked alone.

7. The fun we had doing it this way, learning to take life lightly and with laughter.

Did we, in that little group, find an infallible, unbeatable recipe for making one's dreams come true? Well, "one swallow does not make a summer," but certainly something brought results.

The Truth of Prayer

By FLORENCE BASCOM-PHILLIPS, D.C.

Article I. The Purpose of Prayer

TRUTH is the fulfilment of Divine intention and purpose. It is clear, therefore, that the purpose of prayer is to so change the consciousness that it will be in harmony with Divine intention and purpose and thus manifest that purpose in the life and affairs.

If, for instance, you are filled with bitterness and resentment against someone whom you feel has wronged you, your prayer then needs to be for the purpose of gaining a fuller consciousness of love and harmony and peace.

If your head aches and your feet hurt and you feel as if a cold was coming on, you still need the consciousness of love, harmony, peace and health to restore you to normal.

And the same is true if your clothes are shabby, your bills unpaid and you feel the pinch of poverty — you need a consciousness of love, harmony, peace, health and prosperity.

One might go on indefinitely in this way, but what it all amounts to is that what you need in the face of

any seeming problem is a consciousness of God, who is the sum total of all that we can need or desire. "Thou satisfieth the desire of every living thing."

Whatever your seeming need is, the one real need is for a consciousness of God, who is the satisfaction for every need and for every desire. And this is the one purpose of prayer — to become more acutely conscious of God within your own being.

Peter had a burst of faith without understanding when he asked Jesus to bid him come to him on the water. Peter started to walk on the water, but because his faith was not understanding faith, but rather a blind, unreasoning faith in the personality of Jesus, he very soon began to sink when he viewed the lashing waves about him and the darkness over him and thought of nothing but water to hold him up.

When he actually began to sink, Peter cried desperately: "Lord, save me." His plight was then actually much worse than when he had been

walking alone on the water. He had then judged by appearances, and there seemed to be no hope. Many of us judge by appearances when everything is really all right with us, and then we turn with renewed vigor to our prayers when the appearances are actually much worse. Peter's very desperate need aroused his faith in the power of Jesus Christ to save. "And immediately Jesus stretched forth his hand and took hold of him, and saith unto him, O thou of little faith, wherefore didst thou doubt?" (Matt. 14: 30, 31.)

Prayer, then, is for the purpose of establishing such a sure, strong, undeviating faith within the consciousness that doubt cannot enter.

Jesus said, "Thy word is truth." That is, God's word is the steadfast fulfilment of Divine intention and purpose. Jesus prayed for his disciples and for us: "Sanctify them in the truth." We are set apart for the holy purpose of manifesting the Divine intention and purpose in all the affairs of our lives.

Prayer is for the purpose of harmonizing our consciousness with this Divine plan.

The story of the centurion illustrates the power of understanding faith. The centurion desired healing for his servant who was very dear to him. Jesus said, "I will come and heal him." (Matt. 8: 7.)

The centurion answered: "Say the word and my servant shall be healed. For I am a man under authority having soldiers under me; and I say to this man, Go, and he goeth; and to another, Come, and he cometh; and to my servant, Do this, and he doeth it." Jesus said, "I have not found so great faith, no, not in all Israel." (Matt. 8: 9, 10.)

The understanding faith of the centurion recognized that Jesus was carrying out the Divine purpose and that he had the power to speak the word and it would be done.

"Go thy way," Jesus said to the centurion; "as thou hast believed, so be it done unto thee. And his servant was healed in the self same hour." (Matt. 8: 13.)

In the mind of the centurion there was no doubt. In his consciousness the element of time did not enter. He did not believe that only in the course of time, when the pathology had had time to be rebuilt and the disease poisons had had time to become eliminated his servant would begin to convalesce and eventually be well. He believed in an instantaneous healing, based upon the word of Jesus, knowing that this word was but the carrying out of Divine orders for the accomplishment of the Divine plan.

Prayer is for the purpose of developing that same sort of understanding faith in you and in me.

Prayer never changes God. Prayer never changes God's purpose or God's plan. Prayer only changes your consciousness to harmonize with the Divine purpose.

The Bible is full of texts showing that God's will is that his people shall be a happy people, a people filled with joy and gladness; that they shall be strong, courageous, unafraid, filled with love and manifesting gentleness and goodness and purity; that they shall be forgiving, manifest abundant health, dress becomingly and be well-fed and in every way prosperous.

Truth is the steadfast fulfilment of this Divine intention and purpose. This steadfast fulfilment is already

provided for every one of us in Christ, who is "all, and in all." (Col. 3: 11.)

"That the communication of thy faith may become effectual by the acknowledging of every good thing which is in you in Christ Jesus." (Philemon 6, King James.)

"The effectual, fervent prayer availeth much."

The purpose of prayer is to accomplish definite results which depend upon definite acknowledgment of every good thing which is in you in Christ Jesus, together with the feeling of assurance of the present reality of that for which one is praying.

Usually the results one wishes to see are changes in the appearances around him, or in his own body, or in

the body and affairs of some one dear to him. But it is essential that you should always remember: "Judge not according to the appearance, but judge righteous judgment:" (John 7: 24.) That is the change which is essential in order to change the appearances — a change within your own consciousness.

Never make an affirmation to change God and bring him around to your way of thinking. Make your affirmation of the truth, which is the eternal Divine purpose, to change your own consciousness to God's purpose, and then the appearances will take care of themselves as if by magic.

(Dr. Bascom-Phillips' next article: METHODS OF PRAYER.)

Rest An Inner State of Mind

By W. G. MONTGOMERY

REST is an inner state of mind, and rightly speaking, is a mental and spiritual state. It comes to those who have mental poise, spiritual peace, the balanced life. The body is naturally healthy, and becomes ill because of mental maladjustments.

Too long we have imagined that rest is something that comes after the toil of the day when we can sit down with our family and friends. This might be true if rest were a thing of the body only. But rest is something that has to do with the mind more than the body. It is an active something that goes along with us in our work.

Look around you and you will see people who are restless instead of being restful. They are filled with anx-

iety, worry and fear. In this state they will find no rest on going home at night because they are upset in their mental and spiritual life. Total and complete rest for body and mind must be found in the Lord.

It cannot be found simply by going out, going to the movies, or visiting with friends, although all these may be helpful to you. You cannot rest by escaping from yourself. Entertaining or being entertained is not the way to find rest. How then may we find rest?

It comes first of all by having complete faith in God. Unbelief is the beginning of unrest. And unrest is caused by worry and fear, which in turn, lead to all sorts of mental and physical ailments. "Thou wilt keep

him in perfect peace whose *mind* is stayed on Thee." Thus the mind is the source of all rest, happiness and health.

We become "tired" not because the body is worn out or exhausted, but because the mind is frustrated by fears, upset because of anxieties. The body does not wear out normally, but is broken down by wrong mental attitudes. Once find complete mental rest and body aches and ailments will pass away. Mental rest brings prosperity, health and happiness to your life; and this rest comes by a complete relaxation in the Lord, and trusting all you have to him.

Mental rest comes, in the second place, by always living in the present moment. By thinking of future poverty or illness, you unsettle your mental processes for today, thus bringing trouble into your life which otherwise would never come. An old gentleman who had made this mistake all his life, called his sons and daughters one day and said to them, "I have an important message for you. As you know, I've had many troubles in my life that never came. I've fretted and worried and stewed about things that never came, and will never come. I'm living now one day at a time and am happy. To you, sons and daughters, who are yet young, I beg you not to waste your life and wreck your happiness as I have done over imaginary troubles."

Jesus said, "Do not trouble about tomorrow: tomorrow will take care of itself." Does this mean we are to live a slipshod life, being indifferent to our own interests? Not at all. It does mean that we should live today today instead of tomorrow today. It does mean that only by living today can we be prepared for tomorrow

when it comes, which in reality will be only another "today." The fact is, there is no such thing as "tomorrow." Nothing exists in the future, not even trouble; and yet if you live it in your mind today, it might as well come.

Mental rest is the one thing fathers and mothers all over the land need now. With their sons in the armed service, many parents are grieving themselves sick. They cannot eat or sleep for thinking of that son so far away. They look at his boyhood belongings, at the little things he made with his hands. They see his notebooks and drawings he had in high school. They peek into his room and see the bed unused. There is stillness in the house.

To all such parents we would like to say, "Trust God; believe in him. Live only today and leave tomorrow with the Lord. Don't telescope the imaginary troubles of the days ahead into the present one. Rest in the Lord. Employ yourself with some useful task. Be busy. Don't be afraid.

"Let Truth take possession of yourself. Affirm over and over and every day, 'I know my son is safe; God will bring him back to me.' Put your mind at ease. Close your mind against all negative thoughts. Do not entertain such thoughts. Meet them at the door of your mind and slam it in their faces. Believe in the best. Be careful not to center your mind on yourself, but on God. Peter, looking at himself and the waves round him, began to sink: then putting his eyes on Jesus, he began to walk on the water. So, now, with your sons away, open the doors of your mind only to God, relax and let him come in, becoming a part of yourself. Leave all of the tomorrows to Him."

Your Wonderful Breath

By JEAN MURRAY

OUR BIBLE tells us that God made man and "breathed into his nostrils the breath of life." Therefore your breath came from God and you should think of it as sacred. Most of us are indifferent about it. The breath of life — God's breath — which he breathed into us. Do we ever think to thank Him for this wonderful gift? He keeps right on supplying us with it. It is free, and we can use all we want to. We don't have to save it. The government doesn't ration it. There is no scarcity of it. It does not have to be shipped in and "strikes" make no difference to our supply. But many of us breathe in so little air that these wonderful bodies of ours do not get all they need. Some persons' bodies are half starved for oxygen which must be supplied by the air we breathe.

Many business men realize the importance of this and make a practice of taking deep breaths and relaxing, often lying on the floor. They realize it gives them new life and vigor.

A Bible student friend of mine goes off by herself, two or three times each day, gets real quiet, takes a few deep breaths and repeats a statement something like this: "Every moment God's life, love and wisdom flow in and through me, cleansing, healing, harmonizing, and vitalizing every part. I am one with this life." She thinks of God's life, love and wisdom flowing through her like a stream by means of her wonderful breath.

About one pint of air is taken in and expelled during each normal

respiration (inhaling and exhaling). By taking a deep breath about four pints can be taken in.

In normal breathing (as most people breathe) not nearly all the air is expelled from the lungs. From four to six times the amount expelled remains in the lungs. So it is wise to take deep breaths of fresh air at frequent intervals during each waking hour. God has furnished the air without charge, so show your appreciation by using it in sufficient quantities to supply your wonderful body with what it needs. You are wonderfully made. God has furnished the machinery to take charge of the air, and if you take in a meagre supply you are robbing the body God gave you.

Unless sufficient air reaches the lungs, the impure stream of blood — that is, the venous blood which carries the waste material back to the lungs — cannot be purified. This blood in its impure state then starts on its journey through the body again but has insufficient fresh oxygen to do the required work and the body suffers.

Help God to keep you healthy!

How do you breathe? Watch a baby breathe, or an animal. They generally breathe correctly. They breathe at or from the waist. So many grown-ups and half-grown-ups breathe from the chest and many raise the shoulders. This is wrong. Take a full breath lying on your back. Take it easy. Don't try to puff out like a balloon. Just an easy, full

breath at the waist. Most people breathe correctly when lying on the back.

Your breath also cleans out your brain by supplying fresh blood to that organ. When you have an important problem to solve and feel dull, here's a good formula to follow: Get quiet, relax, forget the problem, turn it over to God, ask him for the

solution. Then take a few deep breaths and several more deep breaths of thankfulness, realizing that God has the answer. If it does not come at that time you will get the idea before long. Remember the Father within doeth the works. Jesus told us that. Don't doubt it.

Try it often.

Spiritual Moods That Bring Healing

By MARIE WINCHELL WALKER, M.D.

Article I

THE KIND OF moods that we are going to talk about here have nothing to do with moodiness, or gloom. In fact a genuine spiritual mood is quite detached from man's emotional nature, and is neither sad nor happy. Perhaps it will help to give a dictionary definition. "Mood," says Winston, "indicates state of being."

A spiritual mood abandons the human self and completely surrenders to Spirit. It is only when we let go of the little self that the Divine Messenger can work through us. The average man seldom receives guidance and demonstrations as perfectly as he should. Just a little of the Divine message filters through his fears and selfish thoughts. We can clear the way for God to work when we know how. An understanding of spiritual moods will help.

"Our faith comes in moments; our vice is habitual. Yet there is a depth in these brief moments, which constrains us to ascribe more reality to

them than to all other experiences." You probably know this quotation from Emerson's essay, *The Over-soul*. "The brief moments" mentioned here are spiritual moods. A friend of mine has found them very precious and practical because it is during these moments of deep spiritual realization that she declares the presence of the healing power for some specific purpose. Whether it be for prosperity, health, or character development, results are amazingly satisfactory. "But," says my friend, "if there is no mood there is no demonstration."

My friend, whom we shall call A. E., has written me many letters which give in detail some of her experiences in healing while the spiritual mood was present. I have her consent to relate these experiences whenever, or wherever, I believe they will benefit people.

EXPERIENCE No. 1. My friend wrote: "My husband had had a stroke, and the doctor told me he could not live more than three years

at most. I, too, had become ill, and was told by the same doctor that I would have to spend the rest of my life in a chair and might as well resign myself to it.

About this time a relative visited us and gave me a book on metaphysics. I laughed when I saw what it was, but nevertheless I began to read it. When I came to the chapter on the Silence I gave it my serious attention. Soon I sensed, for the first time, a new mood! It came without my volition, and was more than concentration. As far as I could see the mood came to me. I did not go to it. I seemed to hear distinctly, 'The Father in me, he doeth the works.' I knew that I must give myself utterly to the mood and let the healing be done. The Power never fails. This thought came to me. Suddenly the mood vanished, but left me full of courage and faith. I got out of my chair and began walking about. Then I went to my husband and sat by his bed and told him that he would recover. As a complication with his other ailment he was suffering from a bowel disease which the doctor had said was very rare. I told my husband the bowel trouble was nothing. He thought I was quoting the doctor, and I let him think it. It will amount to nothing, I assured him as I gave him the medicine the doctor had left. Within a few days he was well and back to work.

EXPERIENCE No. 2. After the experience related above, the spiritual mood came when I was not silent or alone. I recall a neighbor who came to me crying. Her ten-year-old grandson had been stricken with spinal meningitis and taken to the hospital. His doctor had said the child could not live, and if he did he would be a cripple for the rest of his life. Stand-

ing there on the doorstep with my neighbor the spiritual mood enveloped me. I gave myself to it utterly. The little boy, with me, seemed to be in the presence of the Healing Spirit. Gradually the child's condition improved, and a week from that day he was dismissed from the hospital as cured. He grew into a robust boy, although before this illness he had been considered delicate.

EXPERIENCE No. 3. "God works in everything with those who love him, to bring about what is good." (Romans, 8: 28. Goodspeed translation.)

We have proof that Spirit is able and willing to transform a boy's character. Why not? It is all a matter of mind. "Be ye transformed by the renewing of your mind." My friend, A. E., writes: "Some years ago a grammar school teacher asked me to pray for a fourth grade boy. He lived with his grandmother who was unable to manage him. He was dirty, disorderly, disobedient, and quarrelsome. He refused to do his school work and behaved badly in many ways. After the teacher had gone, the idea of my helping this boy struck me as absurd. I actually laughed. Then suddenly and distinctly I heard an inner voice say, 'But you told the teacher you would do what you could.' (*I had made that promise.*) Then I became very still, conscious only of God everywhere, and the Power of good as the only Power. I remained in this mental state longer than usual, but when I came back to my material way of thinking I went about my work and forgot all about the boy. Weeks after that I was told that the boy had become a wonderful student, in fact the best in his class. But more astounding still he had be-

come neat and orderly and ceased to trouble his grandmother!

Before I finish this article I want to add that A. E. is not a practitioner, and she has asked me not to mention her name. I think she takes this stand

out of consideration for her husband, who is in public life.

In our next talk about spiritual moods we will consider the two most essential conditions for the development of these healing moods.

In Olden Times God Spoke Through His Poets

By CALVIN T. RYAN, A.M.

POET means "creator," "feeler," and "seer." The prophets were seers-poets. And God spoke through them. Christianity has always been a worthy channel for the poets. We think at once of Milton, of Tennyson and Browning. We think of Francis Thompson's "The Hound of Heaven," whose theme is God's love capturing man's soul. For Thompson, ugliness was associated with wickedness, and he believed that wherever we find the worship of ugliness we find also the worship of the devil. That is why it has been said that poetry is a powerful, perhaps our most powerful, agent "for rousing, sensitizing, and energizing our sense of beauty in all things."

The poets help us to see more, and feel more of life. They extend the range of our vision. Their language has magic power, a power which is older than writing itself. Tennyson says it is "the oldest language in all this world." Others have written that it is basic, that its voice was first discerned "in the lapping of waters, in the sweet treble from a feathered throat, and in the savage

beat of drums." It is in the mother's lullabies, her child's first literature. It is in the hymns of praise with which we worship our Creator: It is the highest means of expressing love, as shown especially by Dante. Nothing is more revolting to this great poet than a traitor — a traitor to Kin, Country, and Friends. It is here that we get a vivid picture of Judas. We feel we know the traitor after we have experienced him through the divine insight of this great writer.

Perhaps more grief-stricken people have resorted to Tennyson's *In Memoriam* than to any other book, with the possible exception of the Bible itself. The poem takes hold of the reader. He experiences life, death, and comes away feeling more confident of the future. The reader may listen to a sermon on immortality, but when he reads *In Memoriam* for himself, he *lives* his faith. "Imagination, not thought," Richard Kroner said in his 1940 Bedell Lectures, "is permitted to enter the darkness of the divine mystery." Imagination is the meeting ground of sensation and reason. Tennyson is describing no

imaginary suffering for a lost friend. He bases his conclusions on his own experience of reality, as his imagination penetrated "the darkness of the divine mystery."

The really great poets can make us experience the most tragic realities and come out of the experience not sad, not pessimistic, not skeptical, but with a sense of buoyant hope and satisfaction. I am thinking of all those tragic experiences through which Job lived, and how in the end he could still cry out, "I know that my redeemer liveth." No one can come away from *Job* feeling that the cause is lost, or that he is worse for his experiences. Nothing of the original problem is solved, but the reader feels satisfied.

I cannot explain Tennyson's "weird seizures," or Wordsworth's moments of doubting reality. What happens when the poet creates, I am afraid that not even the poets can tell us. The psychologists have tried it, and they say that we can't rely on what the poets tell us that happens. I am rather inclined to believe the poets in preference to the psychologists. Robert Louis Stevenson spoke of his "little brownies," and Joel Chandler Harris of "that other fellow in me." Some composers of music sat with their feet in ice water. Some poets used opium. Poe, I have read, preferred a dark room, with only a candle on his desk. I suspect each used the best method for him of shutting out the conscious world so that he could more easily listen to his subconsciousness.

No wonder the ancients had such interesting dreams. So often in the Bible we read that God appeared to this one and to that one "in a dream." Shall we be far wrong when we sub-

stitute the *subconscious* for the *dream*? Here the imagination gets in its strongest licks. Here God can still meet man. Here He can reveal something of His "divine mystery." Here He can give His Macedonian call.

The truly great poets have always concerned themselves with God and his world, with brotherhood, with patriotism, and with love. They are the great themes. The prophets were concerned with making the world of their times better, and they spoke for God. Many would not listen to them. I have often suspected that many *could* not listen to them. I think that is true in our day. Professor Wilson Knight says in his *The Christian Renaissance* that had some reporters been present when Jesus performed some of his miracles they could not have observed what was happening. However, Professor Knight thinks, "We need not therefore deny that these may have been in some sense actualities, that is, immediately true to *qualified recipients* then and now."

God makes possible for "qualified recipients" to see more, feel more, and understand more than ordinary newspaper reporters can experience. Many could not listen to the prophets because they were not "qualified recipients." In our own time, there are those who cannot read or understand the great poets, prophets, seers, because they are not "qualified recipients." They are not in tune with the divine. They can hear, therefore prefer to hear, the thunder of great machines, but not the thunder of God. As one modern writer has put it, we are in possession of everything except self-possession. We are so concerned with the incubator we forget the eggs.

It is my opinion that in olden times

God spoke through the great poets, and I have never found any account of his having discontinued the practice. Dr. Burton Confrey has written that: "The basis of all great work in art is man's relation to God; it is, therefore, the foundation of our literature." And again Dr. Confrey says: "The moral mission of literature is, then, to make us live better lives, to aid us in so comprehending the motives, the trials, the disappointments, the aspirations of our fellowmen that we may the more tellingly help them achieve the goal which God has set as our final end."

For a number of years I have told

my classes of prospective teachers that if they take their work seriously they will find themselves often in despair. Their work is not progressing as they think it should, etc., etc. Then I tell them that for such times they should read Keats and Shelley and Wordsworth and Tennyson, especially Tennyson. I have found them tonic and hunger-satisfying. Through them I can hear God speak to me. Often a reading of those poets will send me back to *Job*, to *Divine Comedy*, and *Paradise Lost*. They help me to "be still" and to know that God is God.

I Am Healed of My Doubt

By ANGELA MORGAN

"I AM healed of my doubt!" Suddenly it comes to me that this is the greatest affirmation, the most potent declaration of faith, any human being can offer to the Creator today.

Not, "I am healed of poverty, disease, hatred, unhappiness, loneliness" or any other mortal ill; not, "I am healed of the sorrow of the world" — no, not even that! But simply this: "I AM HEALED FOREVER OF DOUBT."

Because it is doubt, and doubt alone, that has produced the false sense of separation from which all evils spring.

Healed of disease? Your real being never was diseased. Healed of poverty? There is no lack in all the Kingdom of God. There is, truly, no lack in all the kingdom of earth. There is no lack anywhere. God's

love, God's lavish bounty, God's glorious outpouring of wealth, are a never-ceasing denial of anything even approaching poverty or lack.

Your real being, my real being, has never known any of these ills. We are living this very moment in a kingdom of riches and beauty such as the human race cannot even imagine, as yet. We are all children of a most generous and loving Father, who showers wealth, happiness, beauty, health and glory upon us every moment of the living day and the gorgeous night.

Then what about it? Why all our misery, our lack, our conflicts, our wars, our tragedies, our agony and despair?

Where did these things start? How did they ever gain entrance to our minds and hearts? As the late Sir

Oliver Lodge so poignantly asks, "How did the grit get into the cosmos?" We have been asking that question for a long time.

Whatever the Orientals may tell us of the need to "overcome the senses," I am convinced that what we all need is not the overcoming of the senses but an extension of the senses, a refining of the senses, a deepening and enlargement of consciousness, to take in the real world God has already made. It is not our senses, but the limitation of our senses, that causes the trouble. It is the false sense of life, of ourselves, of our neighbors, of our word, of our surroundings, and of the world, that keeps our good away from us and holds us in bondage when we might be free.

We need to "break down the middle wall of partition" which separates us from our source. We need to be healed of doubt, and all the rest will follow — the good we've been praying for and treating for all these years. The moment we are really freed from doubt, we discover our good here, close beside us, within us and around us, just where it has always been.

In order to illustrate what I'm driving at by a concrete experience, I would like to quote a little from that great mystic, Thomas Traherne, whose "Vision Splendid" showed him the shining world just as God made it, without any tarnish from man's false sense of things. I never read these words of Traherne's without a welling up within me of fresh life, ecstasy, power and melody:

"All appeared new and strange at first, inexpressibly rare and beautiful. I was a little stranger, which at my entrance into the world was saluted and surrounded with innumerable

joys. . . . The corn was orient and immortal wheat, which never should be reaped, nor was ever sown. I thought it had stood from everlasting to everlasting. The dust and stones of the street were as precious as gold; the gates were at first the end of the world. The green trees when I saw them first . . . transported and ravished me, their sweetness and unusual beauty made my heart leap, and almost mad with ecstasy, they were such strange and wonderful things. The Men! Oh what venerable and reverend creatures did the aged seem! Immortal cherubims! And young men glittering and sparkling angels, and maids strange seraphic pieces of life and beauty! Boys and girls tumbling in the street, and playing, were moving jewels. I knew not that they were born or should die; but all things abided eternally as they were in their proper places. . . . The city seemed to stand in Eden, or to be built in heaven!"

This gorgeous awareness of our common, everyday life is what everyone should experience. I believe it to be the norm for humankind. This pristine sense of things, truly belongs to each and every one of us. If we had it, do you imagine we could or would tolerate war as a means of settling the problems of the world?

"But this is not practical." I hear someone protest. "It will never solve the real problems of mankind."

Why not? I am willing to predict that when that hour of awareness comes for the human race, when we feel and know down to our innermost core that we are all children of one eternal Father, the most formidable problems will solve themselves in a manner we do not now suspect.

The true mystic is the true pragma-

tist. He sees right through to the core of things. He has the answer, the one and only reply, because he sees the world as God fashioned it, not as man's terrible doubt has mismade it. The true mystic sees through all those layers of doubt to the radiant heart of truth. Therefore he has the answer the world is craving.

"I am healed of doubt." I intend to declare it every day from this moment on, when I wake up in the morning and when I go to bed at night. What good will it do? Well, suppose we try it and see. You might

have different results from mine, and our neighbor might have an altogether new report to make, something divergent from either yours or mine.

But we cannot go wrong in making this "Declaration of Independence." I believe it would heal the world if everyone, without exception, would utter the magic formula.

I remove the last vestige of doubt from my mind.

So be it! "As it was in the beginning, is now, and ever shall be." . . .
I am healed of my doubt.

Driving Devils Out of Man's Mind Into Swine

By BROWN LANDONE, F.R.E.S.

Article V of the Series on "Christ's Methods of Healing"

THE STORY of this healing is given us in two ways in the Gospels. In Saint Matthew there are two men obsessed by devils; in Luke there is but one man, although the word "they" is repeatedly used because the man is obsessed by many devils.

The question of whether it is one man or two men is not essential. It is the power of Christ to drive obsessing thoughts out of the consciousness of man and into self-destructiveness that is important. And it makes no difference whether it was one obsessing thought or a thousand; for the power that can free man of one obsessing thought can free him of other such thoughts.

There are many features of this

miracle, but since this article must be short I write only of the essentials.

One fact of this miracle is the after-effect on the populace, not only nearby but in surrounding cities and in the countrysides. In two of the New Testament accounts the healing was very favorably received; the people rejoiced and welcomed Jesus after this healing. But in Mark's story the people yelled at Christ and told him to get out of their town.

It seems that the intimate followers of Jesus considered this healing the most important of all Christ's healings, for more space is given to it than to any other miracle of healing. Often an important event of Christ's life is condensed in two or three

verses, but Matthew gives 7 verses to this healing, Luke 15, and Mark 20 verses.

Yet it is the one healing to which we have given the least attention.

One should read all three versions to get the complete story — Matthew 8: 28-34; Luke 8: 26-40; Mark 5: 1-20.

At first it seems that the man obsessed with devils had no desire to be cured. But in Saint Mark we read that when the man first saw Christ he fell down and worshipped him. Our understanding is also confused by the question, "What hast thou to do with me, thou Son of God?" And the phrase, "Torment me not."

But there is *no* word "have" or "do" in this verse, it is merely a contracted phrase — "to me, to thee." And the word translated torment, means to "try" or to "test." So it seems the man wanted to be healed, but he did not wish to be tested by a mere attempt to heal him.

The idea that a lot of devils outside of man can get into his mind is not accepted today. We realize that such obsessing thoughts come from within the conscious mind of man, and that Christ cast out something from within the soul, freeing the man's soul from its own obsessing thoughts.

In Saint Mark and in Saint Luke we learn the *nature* of these obsessing thoughts. The man repeatedly broke the chains used to bind him, and got away, so that he could live freely by himself in the wilderness. So it seems he must have been obsessed with thoughts of a great desire for freedom.

Then also our usual thought about this man is modified when we realize that the word translated "devil" is a

word which meant a spirit or a god.

Also the "demo" in our word democracy is a variation of this same root. When the common people of ancient Greece began demanding freedom, they were considered to be disturbing spirits by the early aristocratic rulers of Greece. These rulers called the common people demons. So, literally, our word democracy first meant "the rule of the demons" — that is, *the rule of free spirits*.

Understanding these words gives us a better basis of knowing what it was that Christ did in healing this man.

This man was obsessed with the idea of freedom, and he had been bound and chained so much — restricted, perhaps even from childhood — that his desire for freedom had unbalanced his mind.

Remember, I must keep this article short, so I must skip that part of the account of the obsessed thoughts of this man entering into the swine, and of the swine rushing violently into the sea to perish utterly. This was real; but was, I think, used by Christ as a symbol. The word swine does mean hogs, and among the Jews pigs were the lowest and most despised of all animals. Hence the insane thought of the man sought that which was lowest and destroyed itself.

This is true truth, for when Spirit enters into a man, and he knows the truth that makes him free then obsessing thoughts vanish into nothingness, just as darkness vanishes when light appears. The literal meaning of the word translated "perished," is "swallowed up utterly into nothingness."

And Christ's method in healing this man who was possessed of dev-

(Please turn to page 25)

Views and Reviews

By WILLIAM E. TOWNE

"Is Not My Help in Me?"

THIS WAS the question which Job asked himself. And he found an answer that more than justified the question — an affirmative answer. Job took certain steps to bring himself into harmony with God and the power of God began to work on his side. So much was Job helped by this divine Power that he demonstrated twice as much of material things in his old age as he had had in his earlier life. And love was also his portion — love of friends and family.

The place to look for help is within — not to someone or something outside. God is everywhere. He works right in and through you. True, help may and will come through others *after* you have taken the necessary action yourself — after you have come into harmony with the currents of power necessary to manifest your desire. But your first step in any demonstration is to rely on your own faith in the power of God working in and through you to bring you the realization of your desire. In other words, "*Believe that ye receive.*"

By "believing," by using your faith, you *turn on the power*. You *use* your faith when you *act* upon it. All the wisdom of the ages teaches that we gain by using what we have. In the Parable of the Loaves and Fishes Jesus started right in to *use what they had*. He did not wait for some one to give them more supplies. He knew they would arrive too late for the

purpose. So he made the best possible use of what they had — IN FAITH, BELIEVING. And the problem before him was solved. That is surely the lesson of the parable.

When you are right up against a stone wall of circumstance, try to let go and ask the Spirit WITHIN YOU what steps you should take NOW — what action you should start, what contacts you should seek. If you can do this IN FAITH, BELIEVING you will find the heavy clouds dissolving before the sunlight of demonstrated Truth. Do this instead of beseeching God for a miracle. God works in and through YOU. See what resources you have, within or without, that you can use NOW — that you can expand into something that will effectively aid in the demonstration.

Unless you USE WHAT YOU HAVE in the way of resources there is no place in your life for the increase of power which you will need to meet a difficult problem. I recall the case of an old man, who, during the depression years, lost his job. He had a family to support. No opening could be found where he fitted in. His wife, being a student of Truth, encouraged him to seek a place in a neighboring city. Nothing in his line seemed available, but in the course of his search for work he just "found" a place that was made for him — something that was not remotely related to any work he had ever done. He moved his family to the city where his new employment was found, and was able to support them in comfort.

A Scientific Basis for Making Dreams Come True

RECENTLY the conservative New York Tribune printed an article about the experiments of Professor Joseph B. Rhine, of Duke University. Some years ago, Professor Rhine offered convincing evidence of the truth of telepathy. This evidence had been accumulated by a long series of experiments. More recently, Professor Rhine and his staff have been experimenting with the effect of mind upon material objects.

To describe the effect of mind over matter Professor Rhine has invented the term, "psychokinetic effect." By this term he means to imply the effect of mind over matter.

The experiments were conducted for a period of several years. They seemed to show, beyond any reasonable doubt, that mind *does* exert influence over material things. Reduced to terms of mathematics, Professor Rhine considers the possibility that the results which he obtained from his experiments could be due to chance is about one in one billion. Summing up his experiments in the influence of mind over matter, Professor Rhine says: "There is to our knowledge no other reasonable hypothesis to apply to the data except that of the psychokinetic effect." By this the Professor means that he is convinced beyond any reasonable doubt that the mind *does* have an effect upon material objects. He found that *interest* was an important factor in producing results. As soon as the interest lagged, results fell off sharply. It is worth while to consider these experiments at Duke University in connection with such experiences as that described in the prize-winning

article published in this issue of NAUTILUS.

Driving Devils Out of Man's Mind

(Continued from page 23)

ils was the opposite of the method we often try to use.

Christ *agreed* with the devils, he *granted* them their wish — that they might enter into the swine — of course without their knowing that their own destructiveness would force them to destroy themselves.

Too often in our attempts to heal a condition we oppose it and thus give it strength to resist our efforts. More and more, as years pass, I recognize the greatness of the truths, "*agree with thine adversary*" and "*resist it not evil but overcome evil with good.*"

This is the method Christ used in this most remarkable of all his healings. To agree with your adversary and to resist not evil do *not* mean to let them have sway, but to *do* something to *overcome* them with good, so that they will destroy themselves unto nothingness.

The spirit of Christ, *radiating from him*, actually impelled the inner soul of the man to be healed, thus freeing him from his own mistaken thoughts. And this is proof that we can do the same today; that our thought and love can radiate to others to heal them; and that man, made like unto God, is also radiant and can move out in spirit to work miracles for others.

EDITOR'S NOTE. — In next NAUTILUS, Mr. Landone will begin a new series on the phenomenally spiritual and actual experiences in war — proofs of spiritual sustenance, protection and guidance.

Success In Prayer

Edited by W. E. T. and E. T.

KIDNEYS HEALED THROUGH PRAYER

A LETTER came to my desk from a student of Truth who had been in ill health for a good many years. Her doctor had advised an operation to remove one kidney, fearing lest the other one should also become impaired. This student asked if it would not be well to use an affirmative prayer which I had recently published in one of my articles in NAUTILUS. The prayer was this: "The Christ door is opened. I enter in, and I am healed."

This woman said she had used every outer means without success in the attempt to find healing for her disease. This is what I wrote her:

"What you need is to have something removed from your mind. Search your mind and I am sure you will find what it is that you need removed. You need a complete housecleaning for your mind.

"Many women are very particular about their housecleaning. They will make their houses shine with cleanliness. When it comes to the mind it is often filled with wornout ideas and it needs a complete renovating.

"Enter the kingdom of heaven and there you will find perfect health. You will enter this kingdom through the use of your imagination. As you use the affirmative prayer, you will be lifted up into the consciousness that was also in Christ Jesus."

Somewhat later I received a second letter from this woman in which she

related that as she sat in the silence and prayed the Christ door seemed to open so that she could enter in. She pictured in her mind an actual open door with Christ standing in the entrance. Then she pictured Christ standing aside to make room for her to enter. Then she affirmed as follows: "I am healed with perfect healing." She felt an exhilaration that she never felt in her life before. She knew that she was healed. Before writing me this second time, she had an X-ray taken of the diseased kidney. It was found to be in perfect condition. Although she is a woman past sixty, she says that she can now truthfully say that she feels thirty years younger. — E. R. W., Mich.

PRAYER HEALS A COLD

"FEAR NOT, I am with thee, O, be not dismayed
For I am thy God, and will still give thee
aid.

"I'll strengthen thee, help thee, and cause thee
to stand,
Upheld by my ever omnipotent hand."

Perhaps the words are not exactly as they are written in the hymnal, but that is the way they came to me early one morning when it seemed that I could not arise from the bed and go about my daily duties. I had studied Truth for about three years. And on one of the days when I wished most to prove that I had progressed, there I lay seemingly licked with a cold, brought on by my own resentment against the unpleasantness of an in-law. And on the very day that my neighbor and I were to entertain the D.A.R.

I feared what this neighbor would say, and what my answer would be, when she asked: "M——, you have

a cold, haven't you? "I feared that I would be absent and all the members would say, "Why, she is never sick." And "I hear she believes in Faith Healing. Guess it doesn't work." These fears added nausea to the unpleasantness of the cold. "O, God," I prayed, "come quickly and help me." I fervently prayed with the faith that He would answer quickly. And answer He did, just as clearly and quickly as I had called, with the above portion of an old hymn that I had not sung in months.

But I knew that it was a promise to me. First, the gentle rebuke or assurance: "Fear not, I am with thee."

Then, "Be not afraid." Why be not afraid? "Because I am thy God." Not only everyone's God, but *my* God — for he was speaking to me.

"And will still give thee aid." How often had God given me aid before; and he was reminding me that he would do it again.

"I'll strengthen thee." Yes, God, that is what I need today, I thought, for where else would I get strength to make preparations for guests?

"And cause thee to stand," and then I saw myself standing radiant in my mauve dress and my best jewelry, sincerely welcoming my friends as they arrived.

"Upheld by my ever omnipotent hand." I could continue to stand, for His hand was "ever omnipotent."

I then arose, prepared breakfast for the family, washed the dishes, cut the flowers from the greenhouses, went over to my neighbor's and arranged as if the meeting was to be in her home. All the time I was singing the hymn that had come to me although I'll admit feeling wobbly. At eleven o'clock I became drowsy, so I told my friend I would run home

and be back about one-thirty o'clock.

I came home, went to bed and took a short nap. When I awoke I no longer felt afraid, for I knew that I was healed. Then I bathed and dressed and was back at my friend's home by the time I had promised. We finished the preparations and were ready to receive the guests at 2:30. The healing was permanent and complete. I thoroughly enjoyed the meeting and all the guests seemed to be happier and more congenial than usual.

God not only kept his promise, but my faith was strengthened by this demonstration of his loving care. — M. R., Ark.

KEEP your face to the sunshine, and you cannot see the shadow. — *Helen Keller.*

Men Prayed . . .

In the deep South a group of hard-headed men tried prayer, as a means of helping their loved ones. The way in which they prayed, and the results that followed, make a fascinating record. DORTCH CAMPBELL writes about it in —

WHAT I HAVE LEARNED ABOUT PRAYER

He makes many startling statements in this book. For instance, that *prayer is a science*. "The novice and the sinner and the wanderer upon the face of the earth can reach God as easily as the religionist," he says.

Some of the chapter titles are: *At 50 a Failure. Then a Success Through Prayer; A Mother's Prayer Remade Her Son; How Prayer Solves Problems; How Prayer Developed Personality; I Was Healed Through Prayer; Three of Us Prayed and Health, Success and Happiness in the Home Followed.*

If you would minister to some loved one through prayer for healing success, happiness or other blessings, this book will show you how others prayed for their loved ones with great satisfaction in the results that followed.

What I Have Learned About Prayer is printed from large type, attractively bound in paper covers. Price 55c

THE ELIZABETH TOWNE CO., INC.
Holyoke, Massachusetts

Elizabeth's Editorials

(Continued from page 7)

But there are other facets of the man, many-sided, curious, intellectually eager and alert to his last moment — indeed, a modern Leonardo da Vinci. While his time was devoted to the art of politics, music was his great love; and he played the violin until he sprained his wrist. His library was so large and so carefully selected that after the British burned the original library in Washington in 1814, the great Library of Congress was founded upon his books, which the government purchased. He invented the Jefferson plow, which won a gold medal at a Paris exposition. He invented the swivel chair. He invented a pedometer to measure his walks.

He was a meteorologist, an agronomist, a maker of maps, a surgeon who could sew up a wound, a philologist who could write upon Greek syntax. He knew Greek, Latin, French, Spanish, Italian and German. His taste was so catholic that he could read Bolingbroke, Aristotle and the latest novel by Maria Edgeworth. His views on education are so sound and so modern that they might be taught at Teachers college. He was an architect who designed Monticello and laid out the University of Virginia, both beautiful in scope and imagination. He compiled his own edition of the Bible, emphasizing the sweetness and grandeur of religion. He even wrote a cook book.

And all the while he was shaping the future of a great republic and finding time to carry on a correspondence with friends here and abroad. There has been nobody like him in our history. Especially this year, when all that he believed in is being challenged by tyranny, we can do him honor with reverence.

*

The Magical Way of Love

ONE OF the earliest teachers of Truth, from whom I learned a lot, was our beloved Annie Rix Militz who founded on the western coast the Homes of Truth, and who was editor and writer, healer and most wonderful propagandist of the truth for many years. She began her work on the western coast and then moved

all the way across this country teaching the truth to thousands. Later she traveled around the world carrying the beloved message. Our Boston Home of Truth, founded by Eleanor Mel, had its beginnings out west, in this splendid work of Annie Rix Militz.

Mrs. Militz's work began in the eighteen-nineties and continued through all the early years of this 20th century. She died years ago but her good works and her love multiply through students galore, and their students forever.

I came across something Mrs. Militz wrote, which was reprinted in Mary Butterworth's Chapel of Truth Messenger in June, 1940, which is so good I want to give it to all our Eastern readers for this month.

She wrote her article under the title "The Magical Way of Love," and this is the part which I am meditating over and which I think our readers will love:

PROFITING BY the life and teaching of Jesus Christ, it is possible for a true follower of the Most High in these days wholly to escape all the harsh, resisting, destructive methods of conquest that belong to the old regime, and to win victories magically by the Way of Love, and make one's entire life, "one grand Song."

Standing between the austere methods of his ancestors, who were taught to hate sinners and abominate sin, and the new way of heaven which is to love to the uttermost, forgive all sin and even to have the single eye too pure to see evil, the young Hebrew Reformer often denounced and rebuked with strong terms and caustic words; swept commercialism out of the temple with an irresistible, because righteous, indignation; let his

lips blast a willful and disobedient fig-tree as a parable and a prophecy to a perverse nation. And in that life, he finished the old wrathful way, and we are heirs to the Way, straight and true, that he laid, and which he walks now and forevermore — the Way of Love.

Love is God, and *all Love* is God. There is but one Love, and wherever it manifests it is the Presence of God. And whoever loves and whatever is loved — the loving is always God expressing.

Much confusion has been in the human mind through differentiating love as human and divine, false and true, high and low, and so forth. Let us be finished with this belief that there are many loves — "lords and gods many." There is but one Love and God is That. . . .

The early disciples did not find the Perfect Way. In the words of Paul who wrote them of the Israelites, we can say of the early Christians, "These all died in faith, not having received the promises, but having seen them afar off and were persuaded of them and embraced them" (Heb. 11: 13). And of us, the Master can truly say (John 4: 37, 38), "Other men laboured and ye are entered into their labours. And herein is that saying true, One soweth and another reapeth."

And we are wise if we can see that our one way to heal our world and all its people is by Almighty Love and, day by day, to let go the former weapons, to use ever and only, for attack or for defense, the irresistible charm of heavenly love. . . .

Every day we substitute trusting Love for our old anxieties, fears and doubts.

We meet our enemies in mind with

the message, "You are in reality the very presence of the Lord, and I will to see nothing but Divinity in you. I respect you, I love you, I honor you as Spirit, God's holy One. The Lord in you and the Lord in me is one Lord, and we understand each other perfectly."

*

Even Spoiled Citrus Fruit Is Working for Health, Say Doctors!

A NEW germ killer is appearing, and I want to celebrate it right here, so that every reader of NAUTILUS can know about it. This little item about it is clipped from a newspaper:

REMEMBER the furor that greeted the discovery of penicillin, the new wonder drug when it first came to public notice some time back? Well, it seems to be gradually winning a place in the esteem of medical men and also reaching a point where it can be produced commercially. It is made by fermenting sugar with a mold (*penicillium notatum*) found in spoiled citrus fruits. Chemists are more than ever convinced that it's the greatest medical discovery of the generation. It is the only powerful germ-killer used either inside or outside the body that is non-toxic. Its use still in the experimental stage, medical men aren't ready to make definite claims for penicillin. It probably will stop gas gangrene, worst war scourge; halt the meanest kinds of blood poisoning; kill off osteomyelitis, bone-decaying disease. It promises to cure more infections than the sulfa drugs without harmful after-effects.

*

Inbrothered

*THERE IS a destiny that makes us
brothers;*

None goes his way alone:

*All that we send into the lives of
others*

Comes back into our own.

—Edwin Markham

IF YOU HAVE A PROBLEM

Try Looking Ahead By The Aid Of Prayer Guidance As A Help To Its Solution

In his new book, SEEING THE WAY AHEAD BY PRAYER GUIDANCE, Dortch Campbell tells how disaster was avoided and help realized in several cases by LOOKING AHEAD, using the simple prayer methods which he describes.

You ask yourself: What course shall I take? What will happen if I do this thing? Perhaps prayer guidance will help you find the true answer as it did in the cases described in this book. It was just SEEING AHEAD THROUGH PRAYER — just as one may look down a road along which he is riding and see somewhat of what is to come. SEEING AHEAD BY PRAYER GUIDANCE is paper bound. Price 55¢.

THE ELIZABETH TOWNE CO., Inc.
Holyoke, Massachusetts

MY PRAYER

Father,

LET ME reach Thy Spirit —
Find Thy light;
Let me see Thy works —
Understand Thy might;
And let me know Thy will
To do the right.
Clear Thou this mortal vision,
Lift this night;
Make my life all worthy
In Thy sight.
Amen.

— ELIZABETH BURNS

FLORENCE SCOVEL SHINN'S Correspondence Course giving definite rules for taking every trick in the game of life can be yours. Write for information about the course and Mrs. Shinn's books to **Shinn Press, 100 Thayer St., New York, N. Y.**

STUDY FOR THE DEGREE

of Doctor of Psychology (Ps.D.), Doctor of Metaphysics (Ms.D.), or Doctor of Divinity (D.D.), by correspondence. Write for further information.

THE COLLEGE OF DIVINE METAPHYSICS, INC.
Dept. 1, 2811 N. Illinois St., Indianapolis, Indiana

PRAYER IS THE POWER



*Landone Helps You by the One
Power Which Reaches God*

WITH PRAYERS OF THE SACRED PROMISE

TO SECURE THIS HELP

- (1) Write definitely just what your soul most desires; and
- (2) Enclose \$1 for Instruction Sheet and your FIRST Week's Registration for Help.



EYES—Can now write without use of glasses—blessings to you.

BUSINESS—Praise God—husband's business now a success.

ULCERS—No ulcerated stomach trouble now—at work—feeling fine.

FINANCES—Received property payment in advance—a Godsend!

ATTITUDE—My whole attitude is changing; have renewed faith.

HOW and WHEN THE TIME is when you are ASLEEP so your soul can calmly receive help. THE MEANS is praying WITH you, for "IF TWO of you shall agree as touching anything they shall greatly DESIRE —it shall be done." Let us therefore DESIRE TOGETHER whatever you MOST want, and it SHALL BE DONE!

Address: BROWN LANDONE, WINTER PARK, FLORIDA

YOUR BIBLE IN A NEW LIGHT

You can know more of what it REALLY said —
in its original sources

For fresh understanding, for new revelations of beauty and truth — read THE SHORT BIBLE, American translation in brief, by Edgar J. Goodspeed, Ph.D.

It is the same Bible you already know, condensed, but the original Greek has been translated into clear and understandable modern English.

You can learn more about the real life and truth recorded in the Bible by the special aids this book contains. And you get these helps in quick and convenient form.

Such aids as these: A brief text precedes each book of the Bible giving a brief history of the writer, facts about the state of mind of the people at the time it was written; the state of government at that time; Why the book was written, etc.

The Bible will take on new and fascinating meanings for you with the aid of THE SHORT BIBLE. The book will aid you in clear thinking and understanding of what has before seemed to you obscure and difficult. THE SHORT BIBLE contains 545 pages. It includes several pages that have never been in any Bible before.

Price, postpaid, cloth, \$2.20

THE ELIZABETH TOWNE CO., Inc.

Holyoke, Massachusetts

Is There a New Thought Truth Club or Center In Your Neighborhood?

If not, why not start one in your neighborhood? Why not bring your friends and acquaintances together for study and sociability? Ask for our FREE LETTER that tells how to start a Center, and which explains our plan for FREE ADVERTISING of Centers and Clubs.

THE ELIZABETH TOWNE CO., Inc.

Holyoke, Mass.

TAKING OFF LBS.

Mrs. F. S. McGraw reduced 33 pounds to her "ideal" weight by a workable scheme of weight control. She ate what the family ate, or what she wanted, used no drugs and no fasting. Best of all continuing this method one is helped to stay "slenderized"!

Her system is in the booklet "Reducing Is Fun." Try it!

Price 28c postpaid

THE ELIZABETH TOWNE CO., INC.

Holyoke, Massachusetts

HOW SHE MADE MORE FRIENDS

If you desire to become more "charming," popular and attractive and to win and hold friends you will find aid in the little book, "CONVERSATION AND A MAGNETIC PERSONALITY." The author (a young Boston lawyer) tried the methods herself and found them effective. She planned to sell the lessons as a \$2.00 course. We persuaded her to let us bring them out as a book instead, to sell at only 55c, postpaid. **THE ELIZABETH TOWNE CO., Inc., Holyoke, Mass.**

Send a Copy
to a Friend

**THE
EMMET
FOX
PUBLICATIONS**

Recently
Published



ADAM AND EVE

Genesis Explained 25¢

**THE SEVEN MAIN ASPECTS OF
GOD**

What Is God Like? How to Pray . . . 25¢

MAKE YOUR LIFE WORTH-WHILE

The Real Secret of Success 5¢

**THE FOUR HORSEMEN OF THE
APOCALYPSE**

The Bible Unveiled 25¢

Messages for Today

THE GOLDEN KEY

*The Spiritual Way out of any
Difficulty* 10¢

THE SEVEN DAY MENTAL DIET

*How to Change Your Life in Seven
Days* 10¢

BE STILL

A Treatment Against Fear 15¢

LIGHT AND SALVATION

The Way out of Trouble 15¢

THE LIONS' DEN

The Escape from Limitation 15¢

ALTER YOUR LIFE

A Tonic for Sadness and Failure . . . 5¢

THE LORD'S PRAYER

An Interpretation 25¢

Write for a complete list

Order now from your nearest book-store or Unity Center, or directly from

HARPER & BROTHERS, Publishers

49 East 33rd Street, N. Y.

Postage extra

Truth Healing Practitioners

MARY CARTER ALLEN, 112 West 9th, Little Rock, Ark. Treatment for Health, Supply, Happiness, Problems, Desires, \$1.00.

MARIE WINCHELL WALKER, M.D., 6143 Saturn St., Los Angeles, Calif. Teaching by letter and treatments. Any problem. Letters \$1.00.

GODIN GREENE, 4216 Redwood Avenue, Venice, Calif. Two fifteen-minute treatments daily, \$2.50 monthly. One daily, \$1.25. Any problem. No interviews.

Helpful advice on personal problems; and treatments for health, — wealth, — happiness, — and success. Information free. **JAMES HUNTINGTON**, 444 St. James Place, Chicago, Illinois.

Letter instruction, treatments, problem advice. **ANNIE S. GREENWOOD, D.S.D.**, 2003 Aldrich Avenue, South, Minneapolis, Minnesota.

MONEY TREATMENT, \$1.03. **DR. A. A. RANDALL**, 2744 4th Avenue South, Minneapolis, Minn.

Health, Prosperity, and Happiness, through Metaphysical Treatments and Problem advice. Voluntary offering. **JOSEPH LOUIS SCHERTZ**, 4633 Lindell Blvd., St. Louis, Mo.

VORA DURAND, Metaphysician. Treatments and teaching. 910 Lafayette Ave., Brooklyn, N. Y.

BERNARD A. METZGER, D.D., 180 Prospect Place, Brooklyn, N. Y. Teaching and Advice by Letter, any problem. Love Offering.

LINDA B. HUBER, D.D., Ms.D., Elizabethtown, Pa. Healing treatments, three daily, any problem. Two Dollars monthly.

GENEVIEVE BEHREND, practitioner and counsellor. 25 years' experience. Daily treatments \$10 per week, \$40 per month. Written instructions included free. **GENEVIEVE BEHREND**, 3827 De Loache Ave., Dallas, Texas.

WOULD YOU?

Would you like to know why Truth students wear glasses? **Receive Thy Sight** reveals the reason and suggests a remedy. Amazing results often follow the application of simple principles. Price 50c. Available also: **I Will Come and Heal**, 50c; **The Prayer That Is Answered**, 50c, a FREE personality test with **You Can Have It—Personality**. Personal counsel—Gift offering. Address, **Joan Allison**, 600 Cedar Ave., Long Beach, Calif.

BECOME A DOCTOR of PSYCHOLOGY or METAPHYSICS

Win the degree of Ps.D. or Ms.D. Teach the secret of contentment, happiness. Solve mental worries. Learn how to unfold spiritual powers. Experience the revelation of truth. Chartered College. Individual help. Write for FREE book. **COLLEGE OF UNIVERSAL TRUTH**, 5651-F North Ashland Ave., Chicago, Ill.

THE FINE ART OF LIVING

By **ERMA W. WELLS**. Would you have peace, confidence, contentment? Would you express peace within yourself and to all the world? Then think upon these things and study them. **Learn to Live! Be Established in Eternal Values!** To live well is a fine art. **KNOW** the laws which underlie success. Receive the help which will enrich your life. Study **The Fine Art of Living**, by Erma W. Wells, a new vital Home Study Course of 12 pocket-size, printed lessons dealing with the fundamentals of Truth. Free consultation concerning any situation during your study of **The Fine Art of Living**. Send \$1.00 for the first Lesson and full details to —

Home Study Course, Church of the Truth,
Sixth and Jefferson, Spokane, Wash.

IF YOU HAVE A PROBLEM TO SOLVE WRITE ME

I will guide you in its **SOLUTION** through the law of **CREATIVE PRAYER**. Postcard requests will not be answered. Enclose stamp. Address: **DORTCH CAMPBELL**, Box 832, Clarksdale, Mississippi.

Try Troward's Methods for REALIZATION

Judge Troward, the English jurist, was one of the world's great teachers of Mental Science. Prof. William James of Harvard pronounced him a leader in clear thinking and writing upon this subject. Troward had one American pupil—**GENEVIEVE BEHREND**. She went to England for the sole purpose of studying under Troward himself. She presents his teachings upon **PRAYER, VISUALIZING, ATTAINING DESIRE**, etc., in her book—

YOUR INVISIBLE POWER

BY **GENEVIEVE BEHREND**

She begins with **VISUALIZING** as the first step to creative action. Then follows **How to Attract to Yourself the Things You Desire** and a chapter on **How to Make Your Mental Picture**, with instructions how to pray or ask.

To learn how to use **YOUR creative powers** more effectively in getting what you want, read **YOUR INVISIBLE POWER**. Price 55c

THE ELIZABETH TOWNE CO., Inc.
Holyoke, Massachusetts

WILL YOU—PLEASE?

● A Doctor of Divinity writes us: "I read and re-read **Nautilus** in bed before I go to sleep. This practice has kept my faith in myself and in God. If I had not had this pleasure I would have an impoverished life and maybe (pardon me) gone 'nuts.'" So you never can tell what good may come from passing on **YOUR** copy of **Nautilus** to some one who will really read it. Will you do this—please? Or, better yet, send \$2.00 for **Nautilus** one year to be sent to someone you know will appreciate it. **THANK YOU!**

THE ELIZABETH TOWNE CO., Inc., Holyoke, Mass.

CENTERS AND BOOKSTORES

The following New Thought Centers, Reading Rooms and bookstores carry publications of the Elizabeth Towne Company. (M) indicates open meetings are held

- ADELAIDE, So. Australia.** — New Thought Society, Inc. Mrs. C. Stewart, Room 45, 2nd Floor, Eagle Chambers, cor. King William and Pirie Sts. (M)
- AKRON, Ohio.** — Akron Unity Center of Truth, 34 South High St. Rev. Jessie G. Maloney, Leader.
— First United Metaphysical Church Divine Science. Y.W.C.A. Bldg., 146 S. High St. Dr. Perrie McShaffie, Minister. (M)
- ATLANTIC CITY, N. J.** — Center Club, 700 North Indiana Ave. Mrs. Rose Fasion, Leader.
- BOISE, Idaho.** — Metaphysical Library, 204 Fidelity Bldg. Mrs. Emma M. Morgan, Librarian.
- BOSTON, Mass.** — Boston Home of Truth, 175 Commonwealth Ave. Eleanor Mel, Leader. (M)
— The Metaphysical Club, Room 511, Nottingham Bldg., 25 Huntington Ave. Dr. J. Frank Telfer, Pres.
- BROOKLYN, N. Y.** — Unity Society of Brooklyn, 3 Albee Square.
— The Church of Universal Truth, 180 Prospect Pl. Bernard A. Metzger, D.D. Leader. (M)
- BUFFALO, N. Y.** — Buffalo Unity Society, Room 4, Hotel Statler. Dr. E. H. Burrill, Leader.
- CALGARY, ALTA., Canada.** — Harry's News and Tobacco Shop, 109 Eighth Ave. W.
— Church of the Truth, 810a 1st St. W. Miss Ruth E. Chew, Leader. (M)
- CHICAGO, Ill.** — First Unity Church of Christ, Suite 312, Garrick Bldg., 64 West Randolph St. Mrs. Nellie McCollum, Leader. (M)
— Unity Home of Truth, 905-8 Lake View Bldg., 117 South Michigan Ave. Miss Edith M. Reynolds, Minister. (M)
— Unity Fellowship of Practical Christianity, 1619-21 Kimball Bldg., 25 E. Jackson St. W. I. and Anna Hoshouer, Ministers. (M)
— Purdy Publishing Co. & New Thought Book Shop, 1723 Stevens Bldg., 17 N. State St.
- CHIPPEVA FALLS, Wisc.** — Les-A-Me Prayer Center, Route 1, Mrs. Lois Zuehlendorf, Leader.
- CINCINNATI, Ohio.** — New Thought, Temple of McMillan at Grandview Ave. Dr. Harry Granison Hill, Leader.
- CLEVELAND, O.** — Church of Truth, Hotel Olmstead, Room 224. Mary A. Prince, Leader.
— Cleveland Church of New Thought, Carnegie Hall, Studio 810-1220 Huron Rd. Rev. Gladys Johns. (M)
— Unity Center, Hotel Cleveland. Earl P. Anthony, Leader. (M)
- COLORADO SPRINGS, Colo.** — Unity Truth Center, Suite 217, DeGraff Bldg. Mrs. Mabel E. Beech, Leader.
- DALLAS, Texas.** — Unity Center, Church of Practical Christianity, 1708 Commerce St. Robert G. and Ruth D. Gillespie, Ministers. (M)
— Universal Truth Center, 1130 Allen Bldg. Mrs. M. L. Hursey, Minister. (M)
— Truth Center and Library, 4016 McKinney. Mildred Dullnig, Leader. (M)
— Unity Center of Christianity, 611 Canby Bldg., 137 South Main St. Rev. E. J. Crouch, Leader. (M)
- DENVER, Colo.** — The Publication Book Store, 514 15th St.
— The Divine Science College, East 14th Ave. and Williams St.
- DETROIT, Mich.** — Detroit Unity Association, 1124-34 Macceine Building. Rev. Irwin Edwin Gregg, Leader. (M)
- EUGENE, Oregon.** — Truth Center, 213 Miner Bldg. Alice B. Wilson, Leader. (M)
- FORT WORTH, Texas.** — Christ Truth League, 912 Dan Waggoner Bldg. Nell Truesdell, Leader. (M)
- HOUSTON, Texas.** — 2421 Mill St. Royal Dixon, Leader. (M)
- INDIANAPOLIS, Ind.** — Unity Truth Center, 1514 Park Ave. Rev. Murrel Powell-Douglas, Leader. (M)
- JAMAICA, N. Y.** — Unity Center of Truth, 89-39-163rd St. (M)
- LANSING, Mich.** — The Book Nook, 317 W. Madison St. Mrs. C. J. Severance, Director.
- LEBANON, Ohio.** — The Lebanon Truth Center. Mrs. Shirley Bell Hastings, Leader. (M)
- LEVISTON, Idaho.** — Metaphysical Library (Free Reading Room), 302 Main St. Myrtle I. Mosier, Librarian. (M)
- LOS ANGELES, Calif.** — The Church of Light, 620 So. Virgil Ave. (M)
— Classes in Truth. Mamie B. Dean, 1129 S. Catalina St. (M)
- MARION, Ohio.** — New Thought Studies, 454 Summit St. Mrs. Frank P. Evans, Leader.
- MILWAUKEE, Wisc.** — Divine Science Church, 2211 North 18th St. Clara B. Letsch, D.S.D., Minister.
— First Unity Center, 208 E. Wisconsin Ave., Suite 301, Elmer M. Gifford, Leader. (M)
- MINNEAPOLIS, Minn.** — Divine Science Fellowship, John Seaman Garna, Dean, 1 Groveland Ter. (M)
— The Unity New Thought Center. Dr. Amelia A. Randall, 2744 4th Ave. South. (M)
- NASHVILLE, Tenn.** — Temple of Truth (Universal School of Prayer), Andrew Jackson Hotel. Laura Britton Snyder, Leader. (M)
- NEW YORK CITY.** — Church of the Healing Christ (First Church of Divine Science), Hotel Astor. Dr. Emmet Fox, Pastor. (M)
— Church of the Truth, Rev. Ervin Seale, Minister, Suite 1752-56 Salmon Tower, 11 W. 42d St. (M)
— Unity-New York, Room 410, 500 Fifth Ave.
— "Sirod" Metaphysical Circulating Library, Room 910, 113 West 57th St. A. Schroeder, Sec'y.
- OMAHA, Nebraska.** — Omaha Unity Center, 423 Electric Bldg., 17th & Harney Sts. Mabel B. Schopf, Leader. (M)
- PANORA, Iowa.** — Chiropactic Health-A-Torium, Book Nook and Truth Center. Dr. Florence Bascom-Phillips, Leader. Box 15. (M)
- PEORIA, Ill.** — Unity Center of Peoria, 505 Central National Bank Bldg. Rev. Mathilda McNemar, Leader. (M)
- PHILADELPHIA, Pa.** — Chapel of Truth, North American Bldg., 117 S. Broad St. Rev. Mary Butterworth, Leader.
- PHOENIX, Ariz.** — Center of Spiritual Education, 128 No. First Ave., Suite 206. Mrs. Myrtle E. Cate, Leader. (M)
- PITTSBURGH, Pa.** — Unity Center of Pittsburgh. Hardy & Hayes Bldg., Oliver Ave. E. B. Anthony, Leader. (M)
- PLAINFIELD, N. J.** — Plainfield Unity Center, 418-419 Babcock Bldg. Florence S. Hutton, Leader. (M)
- PORTLAND, Ore.** — Metaphysical Library, 313 Alder Bldg. James E. Dadds. (M)
- PROVIDENCE, Rhode Island.** — Providence New Thought Center, 72 Weybosset St. Paul LaPrade, Leader. (M)
- ROCHESTER, N. Y.** — The Unity Church of Truth, 27 Gibbs St. Raymond Charles Barker, Leader. (M)
- SACRAMENTO, Calif.** — Unity Center, 1 O. O. F. Bldg., 9th and K St. Naomi J. Anderson, Leader. (M)
— Church of Truth, 2724 Capitol Ave. Rev. V. Manley Ayers, Pastor. (M)
- SAN FRANCISCO, Calif.** — Metaphysical Library and Book Shop, 177 Post St. Free Reading. Noon talks. (M)
— Unity Temple, 126 Post St., 2nd Floor. Robert Hulbert, Leader. (M)
- SANTA BARBARA, Calif.** — Truth Center, 227 E. Arrellaga. Harriett B. Coolidge, Leader. (M)
— The Aquarian Ministry, P. O. Box 336. George B. Brownell and Louise B. Brownell, co-leaders.
- SEATTLE, Wash.** — Truth Center, 9511 Rainier Ave., Estelle MacPherson, Leader. (M)
- SPOKANE, Wash.** — Church of Truth, 6th and Jefferson. Erna Wiley Wells, Minister.
— Metaphysical Book Shop, W. 821 1/2 1st Ave. Free Reading Room. (M)
— Truth Reading Room and Unity Book Shop, 500 Radio Central Bldg. Rev. Erna Wells, Minister. (M)
- SPRINGFIELD, Ill.** — Springfield Unity Center, 301 East Cook. Mary P. Meek, Leader.
- ST. JOSEPH, Mo.** — St. Joseph Unity Center, 1202 Relix St. Ralph O'Day, Leader.
- ST. LOUIS, Mo.** — Metaphysical Library and Bookshop, 3956 Bates St. Mrs. R. C. Spaulding, Manager. (M)
- SYRACUSE, N. Y.** — Radiant Life Truth Center, 135 Cordova St. Blanche Marie Peters, Leader. (M)
— Unity Church of Truth, Hotel Onondaga. Raymond Charles Barker, Leader. (M)
- TOLSON, Ohio.** — Church of Universal Truth, 1821 Collingwood Blvd. Mary Mace Underwood, Minister.
- TUCSON, Arizona.** — Universal Truth Center, 635 North Stone Avenue. Olive E. Leake, Leader.
- WAILED LAKE, Mich.** — "The House of Light," 29250 North Beck Road. Mrs. Dora Wood Kaiser, Leader.
- WASHINGTON, D. C.** — A Truth Center, 1713 Kay St. N. W. Appleton, Leader. (M)
— Metaphysical Library, Leona Feathers, Librarian, 731 Shepherd St., N. W.
- WICHITA, Kansas.** — Wichita Unity Center, Eaton Hotel. Carl Moran, Leader. (M)

Self-Help Books for Truth Students

ALL BOOKS SENT PREPAID AT PRICES QUOTED • CATALOG FREE ON REQUEST

Newest Books

DAILY LIGHT BOOK 1943. Price 50c.
SEEING THE WAY AHEAD. Dortch Campbell.
Paper; price 55c.
WHAT I HAVE LEARNED ABOUT PRAYER.
Dortch Campbell. Paper; price 55c.
DEMONSTRATING THROUGH DESIRE. Godin
V. Greene. Price 55c.

Financial Success

FINANCIAL SUCCESS THROUGH CREATIVE
THOUGHT. Wallace D. Wattles. Paper; price
\$1.10.
HOW TO VISUALIZE. Ethel Whitney. Price 28c.
THE BOOK THAT HAS HELPED MOST IN
BUSINESS. By "A Doctor of Human Nature."
Paper; 25c.
THOUGHT FORCE FOR SUCCESS. Elizabeth
Towne. Paper; 25c.
THE SUCCESS PROCESS. Brown Landone. Flexi-
ble covers; price \$1.60.
HOW TO PROMOTE YOURSELF. Wattles. Paper,
36 pgs.; price 28c.
POWERS THAT TURN FAILURE INTO SUCCESS.
Brown Landone. Price 55c.
MAKING MONEY: How to Grow Success. Eliza-
beth Towne. Paper, 71 pgs.; 55c.
HOW TO TURN YOUR DESIRES AND IDEALS
INTO REALITIES. Landone. Flexible covers;
price \$1.60.
THE PSYCHOLOGY OF SALESMANSHIP. At-
kinson. Flexible covers, 210 pages; price \$1.60.
YOUR INVISIBLE POWER. Genevieve Behrend.
Paper; price 55c.
TRUE STORIES OF FINANCIAL SUCCESS AND
ADJUSTMENT. George C. Golden. A method
book in story form. Paper, 92 pgs.; price 55c.
IT'S FUN TO MAKE MONEY. Pauline Cleaver.
Showing how to begin, and how to carry through to
business success; 55c.
WHAT CHRIST SAYS: About Economics, Politics,
Healing. Wattles. Price 28c.

Healing

EXPERIENCES IN SELF-HEALING. Autobiog-
raphy. Elizabeth Towne. Price 55c.
JUST HOW TO WAKE THE SOLAR PLEXUS.
Elizabeth Towne, 28c.
EFFECTUAL PRAYER. Frances W. Foulks. Flexi-
ble covers; price \$1.60.
THE RADIANT PATH TO ACHIEVEMENT: A
"Miracle" Healing and How It Was Done. Kate
A. Boehme and Rev. Frederick Elias Andrews.
Price 25c.
THE HEART OF HEALING. Mizanna Wolff. Price
55c.
HOW TO HEAL YOURSELF AND OTHERS. Mrs.
W. Y. M. Price 55c.
THE HEALING POWER IS LIFE. Genevieve
Behrend. 55c.
MAGIC OF UNCOMMON SENSE. C. W. Cham-
berlain. Paper; price 55c.
THE SUBCONSCIOUS MIND: How to Reach and
Arouse. Gertrude A. Bradford, Ph.D. Flexible
covers; price \$1.60.
HOW TO DEMONSTRATE HEALTH, MONEY,
FRIENDS. Gertrude A. Bradford, Ph.D. Paper;
price, 55c.

Personality

REDUCING IS FUN. Mrs. F. S. McGraw. Paper;
price 28c.
CONVERSATION AND A MAGNETIC PERSON-
ALITY. E. Genevieve Stimpson. Price 55c.
HOW I ELIMINATED FEAR. George Wharton
James. Price 25c.

Effectual Prayer

MOTHER'S MIGHT AND HOW TO USE IT.
Herbert Coolidge. Flexible covers, 12 pictures.
Price \$1.60.
EFFECTUAL PRAYER. Frances W. Foulks. Flexi-
ble covers, 240 pgs.; \$1.60.
MY PILLOW PRAYER BOOK. Ella C. Water-
house. A pocket ABC book of alliterative affirma-
tions, paper, pocket size, 78 pgs.; price 55c.

Other Truth Books

WHAT YOU SHOULD KNOW ABOUT TELEPA-
THY. 87 pages; price 55c.
THOUGHT RADIO AND THOUGHT TRANS-
FERENCE. Viola Gertrude Rich. Price 55c.
GIST OF NEW THOUGHT. Paul Ellsworth. Price
28c.
HISTORY AND PRINCIPLES OF NEW
THOUGHT. Atkinson. Price 28c.
LIFE POWER AND HOW TO USE IT. E. Towne.
Flexible, 176 pgs.; price \$1.60.
PSYCHIC SCIENCE MADE PLAIN. Edward B.
Warman, LL.D. Principles and methods. Price \$1.60.

For Beginners

FOUR LESSONS IN THE REALIZATION OF
HEALTH AND SUCCESS. Elizabeth Towne. Price
\$1.60, including How to Wake the Solar Plexus and
How to Concentrate, which are used with the Lessons.
KEYS TO A NEW LIFE. Daniel Boone Herring.
Price 55c.
YOUR INVISIBLE POWER. Genevieve Behrend.
Paper; price 55c.
A-B-C OF TRUTH. Brown Landone. Paper, 98 pgs.;
price 55c.
METHODS OF TRUTH WHICH I USE. Landone.
Paper; price 55c.
UNCOMMON SENSE OF APPLIED PSYCHOL-
OGY. Claude William Chamberlain. Paper;
price 55c.
WHAT AFFIRMATION SHALL I USE? By Eliza-
beth Towne. Paper; price 55c.
HOW TO WAKE THE SOLAR PLEXUS. E. Towne.
Price 28c.
JUST HOW TO CONCENTRATE. E. Towne. Price 28c.
THE STORY OF A HEALING. Herring. Paper;
price 28c.
TRUSTING IN GOD FOR \$5,000,000. George
Mueller. Paper, price 55c.
DEMONSTRATING THROUGH DESIRE. Godin
V. Greene. Paper, price 55c.

Self-Analysis

YOUR DREAMS: Their Psychological Signifi-
cance. C. W. Chamberlain, Ph.D. Price 55c.
A NEW DEAL IN JOBS. Marie Winchell Walker,
M.D. Paper; price 55c.
FREEDOM OUR MENTAL FORCES. Marie Win-
chell Walker, M.D. Flexible covers; price \$1.60.

Self-Development

LIFE INTERPRETED THROUGH COLOR. Myrtle
Hodges. Paper; price 55c.
PRACTICAL METHODS FOR SELF-DEVELOP-
MENT. Spiritual, Mental, Physical. Elizabeth
Towne. Flexible covers, 160 pgs.; price \$1.60.
HOW TO BE A GENIUS. Wattles. Pocket size,
paper; price 55c.

When ordering publications ask for the Prosperity Seed Plan — FREE

Order of THE ELIZABETH TOWNE CO., Inc., HOLYOKE, MASS.