

NAUTILUS

MAGAZINE OF
NEW THOUGHT

1942
DECEMBER

Photographing Thoughts

KARIEL ADEMS

**Health and Success in the "Breath
of Life"**

EDNA PARKER

So You Want to be Charming!

DOROTHY MEAD

A Marriage That Almost Failed

BLANCHE MARQUARDT HAMMERLY

Salvaging a Failure of Forty-One

DORTCH CAMPBELL

Two Years Work in a Second

BROWN LANDONE, F.R.E.S.

**To 140,000,000 American Gen-
luses Going Forth to War!**

ELIZABETH TOWNE

Edited by

ELIZABETH TOWNE
WILLIAM E. TOWNE

PRICE 20 CENTS

"Shine Inside"

By George C. Hubbs



IT is a familiar sign — "Shine Inside." I never see it without being impressed with the fact that it recommends a vitally important metaphysical practice. If only we knew the victories that might be won against any untoward condition by Shining Inside! Shining (or rejoicing) because of our faith in God's healing presence; shining because of our inseparable relation to him; shining because of our God-given desire to be Christ-minded — a blessing we may not be sufficiently thankful for.

Most of us take life and its problems too seriously. Our troubles too often seem much more real than their spiritual remedy. (We must be watchful that we do not live on a level with our problems instead of above them.)

There is a difference between working on a problem — perhaps by the week or month, and protecting ourselves against them by maintaining a conscious Shine-Inside attitude.

"Locking the barn after the horse is gone" has its counterpart in our too-frequent habit of getting metaphysically busy after the problem, through lack of defensive work, has been permitted to enter consciousness and established its "reality." If we would work as diligently to protect ourselves as we do to rid ourselves of claims of sickness and lack we surely would have far fewer of them to demonstrate over.

Keep your "Shine Inside" sign up! It will scare away most of your problems.

"Thou wilt keep him in perfect peace whose mind is stayed on thee."

What's Cooking FOR NEXT MONTH?

Our Best Christmas Wish To You

I leave with you, my peace I give unto you. . . . Let not your heart be troubled, neither let it be afraid." That you may realize these words as spoken to YOU, is our wish for each and every one of you.

What better can we wish all of us than peace within? "Peace

Why Not Do This For Christmas?

The NEW NAUTILUS makes an attractive Christmas gift for anyone who is interested in its contents. We will give two subscriptions for \$3.00 during the month of December. One subscription must be new to our list; the other may be a renewal. Furthermore, we will send to each subscriber on this offer a copy of that amazing little booklet, ALL THESE AND MORE MY TREASURE MAP BROUGHT ME. Do not send any Canadian or foreign subscriptions.

Where You Can Find a Treasure

You would never dream of looking for a treasure where John Davis says you can find it — in your failures. And he tells of one instance in his own life where his failure opened the way to greater success than would probably have been his without the failure. HOW TO FIND THE TREASURE BURIED IN YOUR FAILURE will appear in January NAUTILUS.

Our Best Christmas Gift

About the very best Christmas gift that is apt to come our way is your letters of appreciation for the NEW NAUTILUS. They almost reconcile us to the added cost of producing the magazine in its new form! Our old contributors — and several new ones, too — seem to have been inspired by the new form of the magazine to send us just what we need for it, and to present their messages in short and interesting form. Of course we are greatly pleased also by the substantial increase in subscriptions which the NEW NAUTILUS has brought forth.

Toward an Infinite Life

What Judge Troward, the great English mental scientist, taught about Infinite Life must be of deep interest to our readers. He taught that Infinite Life is HERE, for one thing, and that we can learn how to use it to realize our

Important to Nautilus Subscribers

If you find an expiration notice attached to this space it means that your subscription expires with this issue UNLESS your renewal has crossed the notice in the mail. IF YOU WILL RETURN THE RENEWAL BLANK WITH YOUR REMITTANCE SO THAT IT REACHES US BY THE 20th OF THE MONTH OF THIS ISSUE WE WILL CREDIT YOU WITH 13 MONTHS FOR \$2.00. Extra month for prompt renewal. Or we will send NAUTILUS two years for \$3.00. (30c extra per year for Canadian postage; and 60c extra postage per year to foreign lands.)

WE AFFIRM that the basic truth of all religions is one. And that this truth — understood and applied — frees, heals and prospers the individual — HERE AND NOW.

desires. TROWARD TAUGHT THAT INFINITE LIFE IS HERE will come in January NAUTILUS.

A Spoiled Child Finds Success

"Her every thought seemed to be destructive." The child of wealth, she dwelt in great spiritual poverty. And then — disaster. The sudden death of her father, leaving mother and daughter close to abject poverty. How would she adjust to this? The story of this mental miracle of adjustment makes most interesting reading. HOW TRUTH HEALED A COLLEGE GIRL, by Elizabeth Gregg, Ph.D., will be one of the special features of our New Year's number.

You Wouldn't Believe It!

You would not believe that the losing of a home which had been occupied for ten years, could bring benefit and blessing. But that is just what it did in one instance. Even healing came after the writer felt her condition to be well-nigh hopeless. HOW THE LOSS OF MY HOME PROVED AN INCOMPARABLE BLESSING is coming in January NAUTILUS. This is from another new contributor whom you will be glad to welcome to NAUTILUS.

The Magic Power of a Word

The doctor's words were ominous. He said there was nothing better in store for his patient than probable commitment to a mental hospital. For nearly twenty years she had suffered from attacks which the doctors could not explain. And now — this. That night, into her anxious and stricken mind

(Please turn to page 2, col. 2)

Peace and Quietness

A student of ELIZABETH TOWNE'S FOUR LESSONS ON HEALTH AND SUCCESS writes: "I never felt so quiet and peaceful." She continues: "I just can't praise this work enough." — M. B., Wis. A man who has completed two Lessons writes: "Have more will power. Have quit smoking. Nerves much better. Have more control over voice and temper." — P. M. G., N. J. Hundreds report that they have been helped to realize their deep desires by practicing these FOUR LESSONS. Read these reports: "Have gained 8 lbs. in weight. Health improved. Finances better." — M. B. S., Calif. "I listed eight things I wished to accomplish, and in the month of my first Lesson, six of these were adjusted." — N. L. A., Pa. "After a serious nervous breakdown, I really feel so much better since applying the instructions." — V. B., Ill. Price of the Four Lessons and two booklets used with them, \$1.60.



THE ELIZABETH TOWNE CO., INC.
Holyoke, Massachusetts

(What's Cooking: Concluded from page 1)

came a word — a word of cheer and power, an idea that saved her. You will find I LET MY SOUL FREE MY BODY AND WAS HEALED about the most interesting contribution in January NAUTILUS. It was written by one who has never before appeared in our pages.

Something to
Ask Yourself
in the Morning

Please take a look in your mental looking glass to-morrow morning. It may help you to realize many things that you deeply desire, if you will take advantage of what you see there. One of the best features in January NAUTILUS will be, WHAT ARE YOU DOING TODAY?

Live Your
Prayers, Not
Simply Pray Them

"Have you ever tried prayer?" he was asked. And all he replied was, "Huh!" After thirty-seven years of married life he was on the point of separating from his wife. It seemed as if their marital adventure had ended in failure — after all that time. However, he *did* finally try prayer, and the result will be told by Dortch Campbell in WHEN CARSON STRONG TRIED PRAYER. Coming in January NAUTILUS.

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From Yesterday

By MARION B. SHOEN

GONE are the sorrows of yesterday,
Gone are the griefs that I knew;
I wrapped them up and threw them away
As soon as the day was through.
All that I saved, from out of the best,
Was the deathless joy that flared
Like the going down of the sun in the West;
'Twas the love that I had shared.

I'm glad that my heart knew what to keep
And what I must throw away.
I'm glad that my heart is too wise to weep
O'er the ruins of yesterday.
Oh, yesterday is a day that is spent
And gone with its sorrows and tears;
But the love that I gave and the love I sent
Will last me a thousand years.

Editorials

By ELIZABETH TOWNE

To 140,000,000 Americans Going Forth to War

MERRY CHRISTMAS TO ALL

LO, THE ANGEL of the Lord came upon them, and the glory of the Lord shone round about them,

And the angel said unto them, Fear not:
For behold I bring you good tidings of great joy

Which shall be to All People.

For unto you is born this day in the city of David a Saviour,

Which is Christ the Lord.

And suddenly there was with the angel a multitude of the heavenly host praising God, and saying,

Glory be to God in the highest and on earth, Peace, Good Will toward men.

{Luke 2: 9, 14.}

*

We Celebrate 140,000,000 Geniuses and Santa Claus!

THEY say we Americans are guinea pigs being experimented upon. Are we? If we are good Americans, yes.

The whole of America does it. That is democracy, is it not? Nobody experiments with good Americans, except *Americans decreeing or agreeing*.

And then what? What are human guinea pigs for, if not to experiment with? At least our Americans are experimented with by their own consent and our American Constitution

insures that as soon as we have learned enough through experience we can change the experimenters or the experiments at will.

But I say unto you that those 140,000,000 American humans are something infinitely more than guinea pigs: We are 140,000,000 GENIUSES.

From the beginning of our history along up to the present time, and for all the future, we are GENIUSES bent on experimenting ourselves out of our guinea-pig-ness until we unfold the GENIUS that is in every one of us.

The guinea-pig-ness is all on the outside of us, the material side, but every one of our Americans is the embryo of an Infinite Genius. (And as we are in the world, so are all the other human beings under all the other governments.)

Genius may be described as the Spirit of Discovery plus the will to win.

It is the eye of the intellect and the wings of thought. It is always in advance of its time — the pioneer for the generation which it precedes. That was first said a long time ago by someone of the name of Simms, and I can find no better way now to define Genius.

And what does Genius do for us? "It finds its own road, and carries its own lamp." Somebody by the name

of Willmott first said that — a long time ago.

George Eliot said this: "Nothing will give *permanent success* in any enterprise of life, except *native capacity cultivated by honest and persevering effort*. Genius is often but the capacity for receiving and improving by discipline." Isn't it always this?

Bulwer-Lytton said: "Every man who observes vigilantly and resolves steadfastly, grows unconsciously into Genius."

And I say unto you that the 140,000,000 American guinea pigs, from the White House down, all are doing just that. And in that doing we are making the conditions which shall allow every one of us to unfold, unconsciously as well as consciously, the genius which is within us. A man of genius is inexhaustible in proportion as he is always *renourishing his genius*.

A nation of 140,000,000 Geniuses is inexhaustible in proportion as it is always *renourishing the Genius of All* — of all its members and all the world.

And this devilish and blessed war is giving us Americans our one opportunity to do just that. What do you think this war is being fought for? To release the genius in two billion human beings all round the world! And may God harden Hitler's and Hirohito's hearts until the job is fully completed.

I remember the Armistice Day at the close of World War 1. I was walking on a downtown street in Boston when the bells and whistles began the jubilation. I asked somebody what it was all about. The answer was, "The war is ended, this is Armistice Day!" The first thought that came into my mind was oh, the war

has stopped too soon, America has not yet learned what the war is all about, nor why it should stop; DEMOCRACY is not won, peace is not won; we should have fought it out to the finish.

Did you notice that the man on the street said, "The war is ended, this is Armistice Day."

But the war was not ended and Armistice Day always ends and *the war begins again*. So the last twenty years have been twenty years of Armistice and of getting ready for the war to go on.

This time may we all realize our Genius and make the drive against the dictators, exploiters, slave drivers until war is really ended.

Never until we do this will we be able to insure MERRY CHRISTMAS TO ALL THE WORLD.

So, on with the war! Let geniuses be unconfined in the drive against slavery, the Germans and the Japs, until the whole world wakes up to the Four Freedoms, to the universal brotherhood of man co-operating his kingdom on earth as it is in heaven within All of Us. That is democracy, democracy universal. Nothing short of that will satisfy us, and this war is waking all of us up to this truth and to drive our genius, our best power into the war until we are 100% free. With all our hearts and the Spirit of Good which is within us we see all the nations of the world setting up governments in which all individuals will enjoy the Four Freedoms — freedom of speech and of religion, and of assembly, and freedom from want and from fear. Remember what the Herald Angels sang — let's sing it. And work it out: GLORY TO GOD IN THE HIGHEST AND ON EARTH PEACE, GOOD WILL TO MAN.

Every Genius Must Have Santa Claus!

EVERY national government must have a Santa Claus universal enough and big enough to release all its nationals from poverty. Our American Santa Claus is being reformed! — by All of Us. Uncle Sam must change his viewpoint, his ideal: instead of giving gifts only on the special privilege plan, to only those individual geniuses who already have revealed themselves — our National Uncle Sam must set about giving gifts by which 140,000,000 Americans may be nourished and renourished in such way as to reveal their divine geniuses. And now this Santa Claus has turned this nation into an "arsenal for democracy."

All men are being freed and equipped with equal rights to life, liberty and the pursuit of happiness. Even the "guinea pigs" are waking up to this and are eager to help!

But when half of our Americans got on to the bread line, and many of them went over the brink into starvation, suicide, crime, etc. — when 50,000,000 starving guinea pigs hollered loud enough, then our National Santa Claus began to sit up and take notice.

So the Red Cross began to do a part of Santa Claus' work, and the Community Chest idea was set up everywhere, and directly organized and encouraged by our National Santa Claus to keep the guinea pigs from starving or freezing along the roadsides.

Get out your Bible and read again what Jesus said in the Parable of the

unjust judge, Luke 18:2, 8. And also read Luke 11:5, 9.

When all the nations holler loud enough and long enough the National Santa Claus is waked up to consider what he may do for the needy individuals, as well as for the richest individual industries and businesses.

Santa Claus is the Spirit of Giving to individuals when he comes down the chimney. He tries to give to every member of the family, each according to his desires. And with all His giving He gives loving kindness, good cheer, a jolly push toward a happy New Year. (Just like God and His givings, as described by Jesus in Mark 11:22: "What things soever ye DESIRE, when ye pray BELIEVE that ye receive them, and ye shall have them. And when ye stand praying, if ye have aught against any, FORGIVE" — (forgive, that your joy may be full, that the joy of the Divine Santa Claus may enter into you).

*

Give All of Us Democracy's Dividends NOW!

WE AS A NATION must make good to all our citizens according to the American Constitution and Declaration of Independence. Now is the time to begin, and the way to do it is to declare \$5.00 a week DEMOCRACY'S DIVIDENDS to every man, woman and child born — or naturalized — in this country. Pray for All of Us, that we may get onto this basis, which will

(Turn to Page 28. Thank You!)



This Publication
**Affirms the
UNITED NATIONS
of the WORLD**



So You Want To Be Charming

By DOROTHY M. MEAD

TRUTH students know that all things of real value come from within. But all the attributes found within must be expressed and manifested to the without or they are of no value to the individual.

Realizing this fact suddenly brought me to a rude awakening. I had been reading about charm schools and charm classes and stewing inwardly because I could not attend any of them personally. And here God had placed within me all the attributes I could possibly need for charm. I had expressed some of them, to a degree, without thinking where they really came from. Now, realizing that I was one with God and that I had the power to express all that He is, I felt a little disturbed with myself.

My disturbance resulted from the fact that my eyes had suddenly rested upon a line I had chosen earlier to act as a guide to my thinking through the year. The line was, "I will be to them as they have spoken." There it was as plain as the nose on my face. God would be to me as little or as much as I dared claim. I would claim much, not forgetting to say *Thank you, God* for each of the things I desired to take, and express, from the kingdom of God within me.

Suddenly I sat back and closing my eyes and centering my attention within I said quietly: "*Father God, I thank thee for reminding me of the words which thou has said, 'I will be to them as they have spoken.' I thank thee for reminding me that I am one with thee, that I am all the things that thou art; that I am thy image and likeness. Father, I*

wish especially at this time to express charm, and all the attributes that will go with it to help make me a charming person. I know that all things whatsoever thou hast are mine. I know that thou wilt help me to be all the things I so very much want to be. 'Father, I thank thee that thou hast heard me, and I know thou hearest me always.'"

Now I was ready to choose from deep within my being, where I am one with God, those things which I wished to express in order to make myself a more likable, happy person:

Poise. I must possess that emotional balance and stability which would keep me calm and cool, come what may. *I AM Poise.*

Charm. I want to be able to charm my friends and the strangers I may meet along whatever highway I may travel. I want to be pleasing, fascinating, even enchanting. *I AM Charm.*

Grace. I wish not only to be graceful, but to be the other things it likewise means: kind, friendly and good. *I AM Grace.*

Joy. I must give joy to all with whom I come in contact. The darker the days of war, the more joy I must radiate. I must be glad, merry and gay. *I AM Joy.*

Peace, now more than ever I must express. I must know and realize "the peace of God which passeth all understanding." I must be calm, quiet, tranquil. *I AM Peace.*

Beauty, which most surely God is, and which most surely I must manifest. I must be as lovely and pretty as I can. *I AM Beauty.*

Fearless. I must be brave and courageous, free from fear. *I AM Fearless.*

Often I meditated on each word individually, speaking each in terms of the divine I AM, remembering that I AM is my God-self or the whole of God individualized, the Christ in me. At other times I used all the words together in a general affirmation like this:

I AM Poised, Charming, Gracious, Joyous, Peaceful, Beautiful, Fearless.

I spoke these words over and over, timing them to my steps as I walked, even chanting them to the tunes coming in over the radio. Attending God's Charm School is about the most fascinating and joyous experience I know of. It is wonderful beyond words to know that God has "established" in me those things which I have "decreed" through my steadily spoken word.

Photographing Thoughts

By KARIEL ADEMS

ONE NIGHT, some years ago, while visiting a doctor friend, I was asked to attend an experiment by another doctor, who claimed he could photograph people's thoughts.

The doctor wanting to prove his theory, i.e., that he could photograph thought from the brain of the average person, had invited a number of doctors and scientists to witness his experiment. I remember that among these gentlemen were several professors from the University of Leipzig.

The doctor required for his test a box of Eastman photographic paper. The ordinary type used for making any kind of pictures when placed over a negative, exposed to the light, and then passed through a solution, called a fixing bath, to produce the picture. Also a red electric light bulb, and the absolute honest effort on the part of the participants to do as the doctor ordered in reference to thinking.

The entire equipment was furnished that night by the visiting doctors and scientists, so there could be no possible hocus-pocus on the part of the experimenter.

Thirty of us sat in a large room, facing a mantel shelf over a fireplace. The room was darkened, lighted only by a red electric light. This was necessary in order that the sheet of Eastman photographic paper placed on the mantel shelf directly in front of us might not be chemically affected by a white light.

The doctor then asked us to stare at the paper, and to throw, as it were, from the right frontal brain, the vision of a perfectly plain cross — one stroke down and one stroke across. This we held in concentration for a few seconds until the doctor reached for the piece of paper and dropped it into the fixing bath for development. After which the electric light was switched on and you may

imagine our interest to see what had occurred. But, alas! The paper was a complete blank.

However, the doctor, undismayed, again repeated the experiment in exactly the same manner — each of us again throwing on the next piece of photographic paper on the shelf a vision of a plain cross. Again our interest was mounting when, behold, there was not the flicker of a spot on the paper — just a blank as before. We all felt the hopelessness of the poor doctor's theory.

But once again, still undismayed, the doctor repeated the same experiment, and we all did our part by throwing the vision of the cross on the next piece of paper. It was put through the fixing bath and behold, there appeared the faint outline of a cross. It was very dim in spots and then again quite heavy.

This, the doctor explained, was due to the fact that some of the thirty participants were more positive in their thinking than others, and hence the darker outline, the lighter, wavering outline, representing the more negative thinking.

It had taken this much time and effort to accumulate enough energy for the thought form of a cross — to make it appear to the naked eye.

Again we repeated the same experiment and produced a heavy black cross on the photographic paper. Following this we produced, in the same manner, a heavy black triangle, a heart, and other things. Then different ones took into their own hands small pieces of the photographic paper and we produced leaves of different shapes, and, remarkably enough, many of these smaller papers with the leaves on were colored with varying colors.

The doctor assured us that this phenomena was due to the fact that the energy from different brains had chemically affected the paper.

It proved to be a most highly educational experiment, demonstrating just what our thought is capable of doing. Now, to me, who have always been deeply interested in all phases of phenomena, this experiment joins science definitely with prayer and shows beyond any doubt just what takes place in the ether round us when we pray. We are then throwing energy, charged with a vision of what we may want, on the ether. When we keep that same picture long enough, by directing sufficient energy into the picture, it manifests for us.

The reason some people can manifest and others fail seems to me to be purely a matter of the amount of energy we put into our picture.

Every thought that passes through one's head is carrying energy into the ether and surrounds us wherever we go. We always take our own thought forms with us wherever we go, so it behooves us to think the kind of thoughts that are pleasant to have constantly with us.

This experiment of the doctor's has meant a great deal in my life and efforts. Often when I desire or pray for something and get no result, I remember how the doctor that night, with nothing on the first two sheets of paper, went serenely on till he did get definite results. He only needed more energy to bring the picture out on the paper. That is all you and I need for our desires. Just keep throwing the energy of our heavenly Father into the ether, seeing distinctly what it is one wants, and behold it comes to us, under grace, in the perfect way.

Let the Bible Remove Your Fear and Worry

By DELLA J. BURNETTE

FEAR does not come from God; but faith, love, hope, courage, health, plenty and happiness, do come from God.

Do you not believe the words that say, "Fear thou not, for I am with thee?" And these also: "Be not anxious . . . but believe on the Lord Jesus Christ and thou shalt be saved." Many, many times Jesus told his followers not to be anxious. "Be not anxious (take no thought) for your life, what ye shall eat, or what ye shall drink; neither for the body, what ye shall put on." This does not mean man is to be inactive, but, as the lilies of the field, to completely trust the law of God.

Jesus also said, "Fear not, I am with thee." Underneath are the everlasting arms that will hold you close and guide, govern and protect you "if thou canst believe." "Whither shall I go from thy spirit? or whither shall I flee from thy presence? If I ascend up into heaven, thou art there . . . if I take the wings of the morning, and dwell in the uttermost parts of the sea; even there shall thy hand lead me, and thy right hand shall hold me . . . yea the darkness hideth not from thee; but the night shineth as the day; the darkness and the light are both alike to thee."

Then what do we have to fear?

"God hath not given us the spirit of fear; but of power, and of love, and of a sound mind." Then where does fear come from? Fear comes from seeing two powers, good *and* evil. "Keep thine eye single," we are told. We are to know with the Psalmist that "The Lord is on my side; I will not fear: what can man do unto me?"

Love the Lord thy God with all thy heart, soul, mind and strength. Commit all you have and are unto the Lord. Place your loved ones, your affairs, everything, lovingly in the hands of the Father. Then you will know truly what John meant when he said, "There is no fear in love . . . love casteth out fear."

There is no fear in what God created, for he pronounced his creation very good. "Thou shalt not be afraid for the terror by night; nor for the arrow that flieth by day; nor for the pestilence that walketh in darkness; nor for the destruction that wasteth at noonday."

The greater your problem the greater your need to get still, relax and hear the words of the Christ as he says, "Fear not, for I am with thee . . . let not your heart be troubled . . . Lo, I am with thee always."

IF YOU have built castles in the air, your work need not be lost: that is where they should be. Now put the foundations under them. — *Thoreau "Walden."*

Don't Limit Your Success

By GODIN V. GREENE

IN THE case of each individual, hundreds upon hundreds of avenues through which greater abundance may flow, exist in divine intelligence. We are now and forever one with an abundance of power; and that power is ours to use now, this very moment, for abundance. Since this power is not subject to limitation, we are in error when we attempt to direct our spiritual efforts towards physical abundance along certain avenues of our own selection.

We must completely get away from the old idea that we should designate the exact spot upon which our fountain of abundance should be built. As an example of how financial improvement can take place when we choose not to limit the avenues of our abundance, let us briefly describe the case of a fur merchant in a large city. Mr. M—— took a long lease on space for a large fur shop. The location was excellent. More than a thousand persons passed within a few feet of his display window each hour, of every weekday, yet not more than a tiny fraction of those tremendous throngs ever saw the merchandise in his window. Why? Because the shop was on the second floor and people on the street just below looked into the ground floor windows.

One day a beautiful young lady called upon Mr. M—— and asked if he couldn't use the services of live

models to exhibit his furs. He shook his head negatively. "No," he said, "I don't have enough customers to make it worth-while. It would just be an extra expense."

"But I was thinking of your long display window," she insisted. "No one notices it because it is a second story window and you have it filled with lifeless wax figures. By putting *movement* in that window, real live models walking back and forth wearing your furs, you will attract the attention of thousands every day. I believe it would be an excellent investment for you."

To be brief, Mr. M—— followed the young lady's suggestion and hired five models. Now most pedestrians passing his shop look up at the window, attracted by the motion of beautiful girls parading in stylish furs. His business has improved tremendously, even exceeding the mental pictures he had made of an increase in customers. Many more sales are now recorded each week than ever before; the "extra expense" proved, as the young lady predicted, an "excellent investment."

Truly, miracles shall be wrought when all of us actually feel that we are living in a universe of abundance; and when we definitely act in harmony with our belief and do not attempt to limit our abundance to any particular avenues of manifestation.



Buy War Bonds



There's Health and Success In the "Breath of Life"

By EDNA PARKER

FROM the Book of Genesis I learned that man became a living soul after the breath of life had been breathed into his nostrils. And so my ability to find my way out of trouble became less haphazard and more certain when I began to take the "breath of life" seriously. As I gradually used its full measure, my thoughts grew more vital and answers to problems came more easily. Then, after my habit of breathing improved, my courage and faith deepened. At the same time the creative power of thought became less mysterious and the most natural thing in the world.

It seemed to me that if thoughts are spiritual activity, then faculty to think must be in direct ratio to power used to breathe. Once I believed that luck had something to do with good fortune, and that it also increased the possibility of repeating success. But finally I began to understand that the ease of finding answers to problems depended on the amount of oxygen I breathed to vitalize thoughts and build up energy to put them into action. Furthermore, I realized that missing even a fraction of my quota of air, depleted to that extent my chances of finding a better way of living. In fact, my ability to get things done depended on the amount of air I breathed; and when I used my full allotment, ideas came more frequently to help me carry out my plans.

Like most people I failed to take the "breath of life" thoughtfully and

often neglected it for less important things. Of course, I realized that fresh air *was* important. I kept my windows open, as I concentrated upon problems, and I took long walks out of doors while I meditated about life. I always felt much better after a game of tennis, probably because I was forced to use more than my usual amount of oxygen. But I did not make the habit of deep breathing habitual. Hence my intermittent trips into the open air, although stimulating, were without lasting benefit.

After a somewhat bitter trial of illness and financial loss, I began to study my experience from a new angle, that is, from the cause to the effect, in order to reverse my failure and bring a new order into my life. Knowing that "God helps him who helps himself," I commenced to breathe deeply and to apply the rule of mastering one thing at a time. I knew that to start any plan and then let myself get sidetracked was to be lamented. I soon learned that each idea successfully worked out strengthened my ability to free myself from limitation. This became so clear to me that I refused to try anything without firmly deciding to carry it out to a successful conclusion, for fear I would lose the initiative I had gained in the past. When, in addition to taking this stand, I breathed the "breath of life" into my plans while I thought and acted success, I began to get favorable results for my work.

All of us must depend forever on this "breath of life" from which everything is derived. So it seemed to me that if I wanted to put the theory of materializing an idea into practice, I must breathe deeply and rhythmically of this primary force of all forces.

Air is the most important thing in the world; I know that I was born crying for it, and that I shall die the same way. I also know that the amount of oxygen I use determines my well-being. In addition to this, I realize that my power and usefulness here on earth depend on my ability to utilize my full quota; and that the habit of deep, effortless breathing makes life easier to live.

I had always been taught how important fresh air is to good health, but I failed to profit by this advice until I began to feel strongly that air itself is the medium of exchange of ideas from the spiritual to the material plane. Even a few deep breaths give me ample proof of more energy to reach my goal. I know that thoughts are spiritual activity, therefore creative, and when consciously directed make dreams come true.

A friend of mine made plain the fundamentals of this truth and then encouraged me to take the "breath of life" more thoughtfully. In numerous ways he explained the principle of creation and proved his points by concrete examples of success and by the teachings of Christ and his apostles. Finally it became clear to me that theory must be put into practice, because victory over failure is measured by one's ability to charge and re-charge one's self with life-giving oxygen.

Consequently, vitalized faith and work helped me to find a better way of living. This is where the teachings

of Christ made the way plain. When the need of a thing was necessary, and I did not waver in the application of truth, the fact that I never had a problem like it did not hinder me from working out the answer. I soon learned it was impossible to carry out my plans if I lacked faith in them or gave up too easily.

The way often seemed hard and stony. For instance it took me ten years to materialize a home, and almost as long to demonstrate good health. And yet an investment, almost overnight, miraculously rocketed into a tidy sum, much to my satisfaction and with very little effort on my part. Again and again I had wonderful things happen to me without knowing why they happened. I now know that deep breathing fostered a feeling of confidence and energy that helped put my ideas into action and carry them out to a successful conclusion. Even my house and health came about that way; and they really could have been demonstrated in a short time if I had not wasted so many months thinking they could not be realized. When help was slow in coming, or did not come at all, I immediately improved my habit of breathing and used my full allotment of air with a feeling of faith in my ability to get things done. Then ideas came and were worked out satisfactorily.

It has always been my earnest desire to have good health. Day after day I lived and thought to the tune of deep rhythmical breathing. I avoided strenuous exercise and inhaled and exhaled with the least possible effort. The result in physical as well as mental satisfaction far exceeded my calculation. In fact, it revolutionized my old way of living.

Almost immediately, in a modest way, I began to make my hopes and expectations materialize. My life became more interesting as I built up my dreams by literally breathing into them the "breath of life," to make them come true.

As soon as I realized that my full

allotment of fresh air gave me new courage, power and ability to think, then existence itself began to take on a new meaning. Not only was I reconstructed and filled with energy, but at the same time I began to see new opportunities that hitherto had been hidden from me.

Two Years' Work In a Second

By BROWN LANDONE, F.R.E.S.

Article X of "Gifts of the Spirit" Series

THE title above seems to indicate the impossible, unless you truly believe that God is infinite, and that the powers of the soul are limitless.

Recall my last article — the weeks of work I did when I was under water for three seconds, and thought I had drowned. My soul was freed from all of my conscious mind's limitations of time and space. Recall a few of the things I did in those three seconds.

Now I will tell you of another thing I did when I thought I had drowned.

I was in a hospital which had a research laboratory. At that time medical men thought that rheumatism — we did not yet call it arthritis then — was due to uric acid in meat. Consequently they put arthritic patients on a very restricted diet — no meat, much starch food; often nothing but white soda crackers and milk.

Of course the patient usually got worse, for the medical men did not then know that although there was

no marked amount of uric acid in milk or white starch crackers, yet the two produced more acid in the digestive tract after they were eaten, than meat ever carried into the body.

Now under the water, when I thought I was drowned, my soul worked in the laboratory and the hospital. My friend of seventy-two years, suffering tragically from arthritis, was a patient in that hospital.

In the laboratory I worked with test tubes and a number of foods we had not then thought of as a means of remedying rheumatism, or arthritis.

On one laboratory table there were piled dozens of tomatoes and oranges, and a bushel or more of beet greens and chard. I worked with test tubes, testing their juices for weeks.

Then one day, I began using the juices in feeding my friend of seventy-two years in the hospital — tomato juice, oranges, beet greens and chard. This was before medical men or

naturopaths thought of using such foods for this purpose.

I did something else during these three seconds I was under water — something which helped me to remedy the arthritic condition of my elderly friend, who was so ill with arthritis that he could not get around except in a wheel chair.

There was a sort of courtroom. Not an ordinary courtroom, but something like an idealized courtroom, such as one might think of using for trial of man's soul activities to find out the real truth about an individual.

These were more than visions; in spirit I was actually there: and I was conducting the investigation — kindly and persistently trying to find out why my friend *had hated activity* at some time in his life.

By this investigation, I learned that when my seventy-two year old friend was eighteen years old, he was large, overgrown, soft muscled and exceedingly lazy; and that his father had sent him to a farm to work that summer.

The farmer had made him work. He had made him work so that the young man of eighteen actually grew to hate the activity of that work.

As I questioned my elderly friend as he sat in the witness chair in that strange court of spirit, he admitted how he had felt that summer, and as I actually saw the expression on his face I knew there was no doubt of how he had felt at that time.

Remember this was work I *did*, first as a physician and chemist and then as a sort of spiritual attorney. It was done by my soul in the hospital, in the laboratory and in the courtroom, during three seconds when I thought I had drowned.

At that time, my conscious mind had given up its limitations, and my soul was free to do an infinite amount of work in each second of time.

Days after I had been pulled out of the water, and when my vacation was over, I went back to Chicago and saw my friend. I told him what I had experienced during that near drowning, and then he recollected that summer on the farm when he was eighteen and how he had hated the activity so much that he had actually planned to run away.

So at once we began praying daily with praise and thanksgiving for that farmer who had made work so strenuous that a soft lazy bodied boy had been changed to a strong vitalized bodied youth. We changed fifty-four years of hating to love; then also we changed my friend's diet, so that, contrary to all medical thought of that time, he ate quantities of tomatoes, oranges, beet greens and chard.

In sixty days my elderly arthritic friend was walking about without his wheel chair. In six months, even though he was seventy-two years old, he was quite spry. He lived until he was eighty-one, without any return of any rheumatic or arthritic condition whatsoever.

I tell of these remarkable experiences which happened in the few seconds, when I thought I was drowning, to make more vivid to you the truth we have so often taught in words, that the soul is limitless!

Oh, trust the infinity of your soul. Free it of what your conscious mind thinks. There are powers within you of which you do not yet dream. They are limitless; *they can do in a second, what conscious mind takes years to do!*

(Please turn to page 27, col. 2)

A Marriage That Almost Failed

By BLANCHE MARQUARDT HAMMERLY

*Life Has Suddenly Become Magically
Carefree and Happy*

SHORTLY after my marriage I became strongly aware of my husband's shortcomings. I discovered that he had only one-third of the education which I had, he made grammatical errors, had no interest in books, and did not understand the meaning of many simple words.

I often reflected that I could have done better. Because of my wider education and business ability, I frequently felt that I could not consult him about things, and so just made the many decisions myself. If he failed to agree with me, I called him stubborn. I openly told him I disliked his friends, and mentioned all of the reasons. Maybe it was to compensate for my attitude, or perhaps he really felt the same way, but he said he did not like my friends either. One day he remarked, "I don't like your friends and you don't like my friends, so there's no use inviting anybody to the house."

All of this discord accelerated my heart beat, disturbed my sleep, affected my digestion and caused gas pains. I felt tired, and lost interest in my work. Through dwelling on this inharmony, I became thoughtful, serious, almost morose. I ceased greeting my co-workers with a smile, nor did I have any more amusing little incidents to relate. Life had become strangely solemn and burdensome.

One day when my thoughts were darkest, I told my husband that our marriage was a mistake and that I

wanted a divorce. He didn't say anything but he just looked at me like a collie that had been kicked.

In the silence that followed, I pictured him as taking his suitcase, going out of the door, getting into the car, not waving to me, and never returning. I regretted my words immediately, but all I did was to weep.

That night, as I lay awake, I said to myself that there are many great men with little education. It was then that I realized I had never tried to think of all his good points. Incidents came to my mind to remind me that he was truthful, gentle, economical, neat, clean, always satisfied with the meals I prepared. As these thoughts crowded in on me I was overwhelmed. Can any man have finer qualities?

I admitted my error, then and there. And as the days went by, I looked for more admirable qualities in my husband — and found them. I planned little surprises, such as inviting his special friends in for his birthday, making his favorite pie, slipping a luscious treat into his lunch box, or purchasing something I remembered he had said he wanted. Then instead of being wholly matter-of-fact in my conversation, I called him endearing names. And he just loved it.

Instead of repeating unpleasant conversations to guests in my husband's presence, as formerly, I now make complimentary remarks about

him such as, "He doesn't want to go out without me; He likes to remember my birthday and our anniversary; We try to agree on everything, etc., etc."

One day, when I invited some of his friends to the house, I said something pleasant about one of them and added, offhand, "You know, I feel that your friends are my friends, and my friends are your friends."

Life has magically become care-free, happy, and gay, and my everyday living is now glorified and beautiful. Friends tell me that my face seems to glow with an inner radiance, and have requested my secret.

One woman stated that her faith in marriage, while often shaken because of unhappy tales she had heard, had been doubly renewed and she now believes marriage can be sublime. I wondered what she was thinking, so laughingly asked her to explain herself. This is what she said: "When you speak of your husband, your eyes shine like stars and your voice bubbles like a fountain. When you walk, it seems that you float on the clouds, while you look as though you think you had died and gone to heaven since you were married."

And this was a marriage that almost failed!

How I Learned To Contact God In Prayer

By BESS HIBARGER

An Experience in Spiritual Dynamics

I HAVE discovered that there were varieties of prayer: the prayer of questing, of praise, of thanksgiving, of confession, of cleansing and of intercession. I have learned that prayer is an instrument comparable to a light switch or a radio dial that connects me with an illimitable world of power and wonder — the world of the unseen consciousness wherein lies every attribute of divinity, the answer to my every need.

How to make contact with the hidden things of existence such as truth, beauty, grace, love, faith, joy, peace, health, wealth, goodness —

all the heavenly dreams that God expects to realize *through* me — was a gradual discovery. Not until loss, pain, despair, and a multitude of apparent disasters, had buffeted me without mercy, did I discover the simple secret that might have come by so much easier a route. The Psalmist says that it is the glory of God to conceal a matter but the glory of kings is to search out a matter. I found the simple key at last: LISTEN. "*Be still and know that I am God*" (Psalm 46: 10).

For many years my prayers ended with Amen. The long and short of

my procedure was to submit my plans to God for his approval on the basis of: This is what I plan to do or what I want: I hope you approve; but this is my plan or desire.

Then one day a new technique was brought to my attention: Amen is the signal for tuning out self and tuning in God. Since I have two ears and one tongue it seems wise to listen twice as long as I talk. That discovery was the beginning of miracles.

This technique was new to me but not new, by any means, in the long dynamic history of prayer. Moses was listening when he heard the voice from the burning bush speak the words that evermore consecrate life: "The place whereon thou standest is holy ground" (Exodus 3: 5). "When Jehovah saw that he turned aside to see," he spoke. He called to Moses out of the midst of the bush. When we find a quiet spot and try to comprehend the wonder that surrounds us, God speaks to us. Moses received his commission that day, and a hard one it was — a notable commission that led him to become the most famous leader of all time.

Prayer has a peculiar power. It expands the consciousness. It lifts our dreams. It broadens our outlook. It deepens the understanding. It helps us to discern the mind of God. It is surgical. Unceasing prayer lops off, in a way that seems magical, the undesirable and negative traits that make us difficult companions. It cultivates the barren areas of our lives.

It whets our appetite for the bread of heaven. It develops the spiritual muscles of faith and will. It unfetters the soul. We read of Job, at the climax of his trouble, that God turned his captivity when he prayed for his friends. Jesus increased this power and scope by challenging men to pray for their enemies. A praying nation could soon banish all its enemies. A praying nation! God will bless England for the humble united prayer — "*Make us worthy of victory.*"

Prayer can heal. A young friend, suffering excruciating pain in a hospital, had spent three sleepless days and nights. She was given this simple suggestion: "Hold in your thought the word *peace*. Do not try to think about what it means to you. Say it softly and then let your mind and heart receive what God has to tell you of its meaning. Listen for His interpretation." Within a few minutes she was resting in a sound sleep which lasted thirteen hours. The honest effort to receive from God works miracles.

The New World will be built through prayer and actions that conform. God is waiting to work *through* us to accomplish his will — "PEACE ON EARTH GOOD WILL TO MEN" — a world of beauty and goodness the like of which we have not yet even dreamed. The Great Prayer becomes revolutionary when we mean what we say — and let God express himself *through* us to accomplish his will.

THE NEW DOXOLOGY

PRaise God that Good is everywhere;
Praise to the Love we all may share —
The Life that thrills in you and me;
Praise to the Truth that sets us free.

Salvaging a Failure of Forty-one

By DORTCH CAMPBELL

UNTIL he was forty-one years old Benny Carroll was a derelict. He never did anything well; he was knocked about from pillar to post. He never held a job for more than a few months at a time. But Mary came along and ministered unto him and all that was changed. For she was a wise as well as a loving woman. And Carroll had a lot of love in him, too.

Before they were married they both told me that he was a complete failure. Just before their marriage he was out of a job with nothing to look forward to but love. He had been ejected from his quarters because he could not pay his rent. He lacked a dollar to buy daily bread.

Suppose you knew a person like Carroll who was worthless, what would you do to help that person? Why, give advice, of course! You would tell him how to avoid the pitfalls. Yes, certainly, for it is the wise world's way. But it never does anybody any good, and it certainly is not the regnant way. The right way is to keep silent about their faults and give them your strength.

That is the way Mary helped Benny, I found out after a time, when a letter came from her. She said: "We have won at last, and it is a long story, but, I suppose, I might sum it up by saying that we loved our way out of trouble after I found faith in love."

That was the letter in which she gave me more details about her husband's life. She said he was a student and brilliant, but negative, afraid of the world and did not know how to

wrestle with it. He had caught onto the idea of an inferiority complex from books he had read, and that did not help him at all, but made conditions worse. He would work for awhile and then for no apparent reason would lose out, most of the earnings coming from work done by his wife.

"We got down to rock bottom," she wrote. "We talked about it and decided that we might as well go out of life together. One night when we had about decided that this was the only way out, I said, 'I want to pray once more before we end life,' and so I went away and fell on my knees out in the field and prayed. I thought to myself, 'I'll just give myself to God.'"

Something overwhelming came to her kneeling out there in the field. I am not prepared to tell you precisely what it is; I only know that it has come to many another in times of stress when they have prayed. It is Life and Peace and Rest; and they are real.

"'Why don't you have faith in love?' a voice that was not a voice said to me as I prayed," Mary related. "I answered, 'I am at the end of my rope, and we are done for unless we get help.'"

"That something within me," she went on, "said, 'Nobody is done for so long as they have great faith in love. You and Benny love each other and you have faith in that love and you are happy in that love, but you both lack faith in love of life.'"

"'How, Lord?' I asked. The an-

swer was, 'Believe so eagerly and heartily in life that there is no room for trouble and you will become a great and shining light and strengthen Benny so that he will not fail to feel his faith in life.'"

Truth came to this woman with sudden clarity — a great peace settled in her heart. Life! Life! Life! How wonderful it is if we will only love it and believe in it. That overwhelming Something lifted her up. She went back to Benny, radiant and beautiful. She was transfigured by her faith in love and life. Benny caught the inner radiance and was strengthened.

"Let's go skylarking," he said, a twinkle in his kind blue eyes.

Space will not allow the details of all that happened after that. But in the middle of that night they called on a man and his wife who owned a small refreshment stand that catered to tourists and these people made them a business proposition to take over the establishment while they went on a long vacation and that was the beginning of a very successful financial career for Benny and Mary.

What was the faith that came from Mary's heart? What *is* faith? Radiation! Grandest word in the whole lexicon of Truth! *Radiation is Faith!* In prayer we often open the flood-gates for that overwhelming Something that transforms our lives, even in one brief hour. But for the most

of us faith comes only in a trickle, act by act, drop by drop. The naked truth about faith is that there isn't any faith unless you live it.

When you pray you should *live* your faith. I have found it so. Go right into that which you want. In great strides take possession of that which you desire. Get the *sensation* of faith. Afterwards you can think about it. Faith is a living, breathing substance. Faith is love — which is life — in *motion*.

Mary and Benny eventually found a way out because, to begin with, there was so much love in that little home of theirs that they made out of nothing but love. Their hearts were synchronized. At first love was confined to too narrow limits. But prayer brought to Mary a realization that love and life are God-spread.

Mostly our efforts to arrive at a solution of difficulties that perplex us are a struggle of intellect and emotions. Not many persons try to find a way out with the heart. Even if they believe in love as a power — and many persons write me that they send loving thoughts to others — they confine their activities to a nebulous fondness for persons involved in their problems. But you cannot get into life by collecting a cup of love in your mind for those you think you really ought to hate. You must *want* to love your enemies. For pulsations of life come out of the heart.

Dazzling and tremendous how quick the sun-rise would
kill me,
If I could not now and always send sun-rise out
of me.

— Walt Whitman

How My Financial Defeat Was Turned To Success

By ENID E. SCHMID

UNLESS you too have suffered the torture of having lost your grip on yourself, you cannot estimate the worth of my experience when, a few years ago, I suddenly found that from my bright, hopeful horizon had been wiped away the material blessings of health, ability and happiness.

This seeming loss came about two years after I had given up a lucrative position to stay at home and devote all my time to making a happy home for my husband and children. I had previously advanced so far in my professional career that I felt I could return to it if an emergency ever warranted my sharing the responsibility of home maintenance.

Then without warning I found that my husband's firm was bankrupt, leaving him with no earnings and unable to find another position and that our savings had been lost in poor investments. I soon learned there was no opening for me in my old profession, which brought me despair deeper than I had ever known. That my way of accepting this seeming defeat had anything to do with our fast decline into absolute poverty and my poor health never occurred to me at the time.

With finances reduced to practically nothing, I found myself facing an operation brought on by my fear and worry. It was on one of those dark gloomy days while I was waiting until I should be obliged to enter a hospital, that I stepped into a little

bookstore. There I chose from a huge pile a little Truth pamphlet for which I paid a few cents.

Hardly was I out of the store when I opened at random the little book to a chapter above which was written in the largest script I have ever seen the one word, "READ." The title of the chapter was "What Have You Lost?" This proved to be the story of a man who thought he had lost everything. He was as desperate as I. Like myself, in adversity he had focused his attention on the past — he back-tracked.

Because of unconscious recrimination he lost his grip on himself, which means he lost his grip on realities. "A grip on yourself — it marks the difference between the man who comes back and the down-and-out." These were the words upon which I meditated as I read and re-read that magic chapter at least once each day for three weeks.

Long ago the Lord bade Lot "Look not behind thee." Those words now rang in my ears with meaning. I realized that I had been changed into a has-been because my time had been spent, not in solving my present problem, but in looking back while hugging the picture of my losses and altered fortunes.

And because I did not want to stand by and be a has-been while watching my suffering, undernourished children, I took cognizance of what there was about me from which

I might eke out supply for our family needs. I began to ask myself "Where am I now? Where do I go from here?"

As is always the case when with opened eyes a person considers his present advantages and opportunities, a constructive idea was given me by a little package that came through the mail for my children from their grandmother.

What previously would have appeared to me as only a couple of insignificant little paper novelties, this day (three weeks after the practice of re-reading the helpful article which had given me a new vision) suggested to me the idea of copying the novelties for other children.

It was a small beginning, and I had to take the money from my children's bank, all there was in it, to buy materials. The first few dozen which I made I sold to a store at an extraordinary price.

Before the end of a year I had created over one hundred original novelties and with some outside help I was supplying not only the departments in the larger stores of our big city, but many stores in other states.

The work continued until my husband secured a position in his own line with ample income. I was able to keep our little family unit together and to restore my health. I never had the operation. When I visited the clinic the doctor's comment was "You surely did a good job of healing yourself."

Since then I never fail to daily give my thanks and praise to the Father of us all, who through divine guidance, when I became capable of accepting it, made it possible for me to turn what I had mistakenly seen as defeat into the greatest success I have ever known.

WISDOM'S WAYS

THE SPIRIT of God says this in the heart of every being:

My son, forget not my law, but let thine heart keep my commandments;

For length of days, and long life, and peace, shall they add to thee.

Let not mercy and truth forsake thee; bind them about thy neck; write them upon the table of thine heart:

So shalt thou find favor and good understanding in the sight of God and man.

Trust in the Lord with all thine heart; and lean not unto thine own understanding;

In all thy ways acknowledge him, and he shall direct thy paths.

Be not wise in thine own eyes: fear the Lord, and depart from evil. . . .

My son, despise not the chastening of the Lord; neither be weary of his correction:

For whom the Lord loveth he correcteth; even as a father the son in whom he delighteth.

Happy is the man that findeth wisdom, and the man that getteth understanding. . . .

Length of days is in her right hand; and in her left hand riches and honour.

Her ways are ways of pleasantness, and all her paths are peace. — (*From third chapter of Proverbs.*)

HE WHO KNOWS that power is in the soul, that he is weak only because he has looked for good out of him, and elsewhere, and, so perceiving, throws himself unhesitatingly on his thought, instantly rights himself, stands erect, commands his limbs, works miracles. — *Emerson.*

MOODS

I AM the still rain falling,
Too tired for singing mirth —
Oh, be the green fields calling,
Oh, be for me the earth!

I am the brown bird pining
To leave the nest and fly —
Oh, be the fresh cloud shining,
Oh, be for me the sky!
— *S. Teasdale*

Views and Reviews

By WILLIAM E. TOWNE

Don't Be Too Eager To Accept Bad News

"**Y**ou won't live long," the doctor said to a man of forty. But he *did* live — to the age of ninety! So while it is good to face the truth — when convinced it *is* the truth — we shall do ourselves an ill service if we accept bad news, *with all its implications*, until we have had time to think it over.

It is natural for us to feel as if the bottom had dropped out of everything when we are laid low with some unexpected bad news. But in many cases we adjust to the situation and go on to a better life than before. This applies to the little disappointments that daily come to your door. If you make much of them, their effect upon you is much greater. If you turn away from them and refuse to receive them into your consciousness — *as evils* — they may become your friends. You will find many cases where this is true in your own life, if you watch.

If you falter in faith and courage, the little disappointments, the little thwartings, get you. Faith is necessary to happiness and success. We are pilgrims in a land of great possibilities — possibilities for happiness and success. But we do not see these opportunities, nor benefit by them, unless we make faith a habit of mind. We have daily use for faith and hope and courage. They carry us forward, not backward.

Americans are sometimes criticised for their tendency to take life as it

comes and make the best of it. Especially in these troubled times, some critics feel that we are too cheerful! I was reminded of this recently while on my first visit to New York in many years. The streets seemed strangely quiet during the day. Gone were the pushing, eager crowds I remembered in past years. But as soon as evening came, and in spite of the dimmed streets, merry crowds swarmed the sidewalks around Forty-second and Broadway. Many soldiers and sailors and workers were evident. And all had an almost holiday appearance. Even the traffic cops were smiling as if it were New Year's eve.

Here, I felt, was the true spirit of America. Here was the soul of Walt Whitman's Manhattan — the Manhattan he so dearly loved and referred to simply as "my city." Why should they not be gay? What virtue could there possibly be in living somberly in the face of possible evils to come? Joy is a tonic to the morale. With their days work done, why shouldn't these young people relax? There is nothing to show that the American habit of easy adaptability to change, and refusal to cry about tomorrow's calamities, makes our men less capable in war. Surely Americans have acquitted themselves with plenty of glory thus far.

Your Life Is In the HERE and NOW

IF YOU are not doing as much as you would like to do right now, if you are not making the progress you

would like to make — *turn away from the past.*

Past mistakes bind you. Past failures may still be ruling your subconscious mind and influencing it toward more and greater failures.

So turn to God as your one source of power and success NOW. Think of what you are going to do — not of what you failed to do in the past. Begin to act NOW and feeling will develop that will help to carry you to success. It is not enough to think success — thought alone is lifeless until it is made alive with feeling.

And this is the reason that visualizing has such great value in many cases, why it helps to make your demonstration a reality. Visualizing arouses feeling. You can get much more excited about a new car that stands before you than you can by just thinking about a car. "To see a thing clearly in the mind makes it begin to take form," says Henry Ford.

So the more you bring your life up to date, the more vivid you can make it now, the more you can feel desire for new creation, the more success you will have in getting what you want.

If you are getting "along in years" the chances are that you are binding yourself more firmly to the past each day and so drawing to you the reality of old age. But your life is *not* in the past — it is *HERE*. Life is here for you just as much as it ever was. But you must accept and use it. If you hamper yourself by *thinking* about *past* action instead of acting *NOW*, of course life does not respond. Life will not work through you against your choice and will. If you choose to live in the past, life will not force you to live in the present. But you

will gradually let go of life and drift farther and farther into the past. Your thought ages when you think of the past, and soon *YOU* age. One cannot think too much of the past without thinking of himself as old. Your thoughts of the past *FIX* you in the fast ageing class.

THE LORD never acts contrary to order because He Himself is order. — SWEDENBORG

STATEMENT OF THE OWNERSHIP, MANAGEMENT, CIRCULATION, ETC., REQUIRED BY THE ACT OF CONGRESS OF AUGUST 24, 1912

Of NAUTILUS Magazine, published monthly at Holyoke, Massachusetts, for October 1, 1942, State of Massachusetts, County of Hampden, ss. Before me, a Notary Public in and for the State and County aforesaid, personally appeared William E. Towne, who, having been duly sworn according to law, deposes and says that he is the Asst. Editor of NAUTILUS Magazine, and that the following is, to the best of his knowledge and belief, a true statement of the ownership, management (and if a daily paper, the circulation), etc., of the aforesaid publication for the date shown in the above caption, required by the Act of August 24, 1912, embodied in section 443, Postal Laws and Regulations, to wit:

1. That the names and addresses of the publisher, editor, managing editor, and business managers are:

Name of	P. O. Address
Publisher, The Elizabeth Towne Co., Inc.	Holyoke, Mass.
Editor, Elizabeth Towne,	Holyoke, Mass.
Managing Editor, Chester H. Struble,	Holyoke, Mass.
Business Managers, same as above,	Holyoke, Mass.

2. That the owners are: (Five names and addresses of individual owners, or, if a corporation, give its name and the names and addresses of stockholders owning or holding 1 per cent or more of the total amount of stock.)

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3. That the known bondholders, mortgagees, and other security holders owning or holding 1 per cent or more of total amount of bonds, mortgages, or other securities, are, (If there are none, so state.) None.

4. That the two paragraphs next above, giving the names of the owners, stockholders, and security holders, if any, contain not only the list of stockholders and security holders as they appear upon the books of the company, but also, in cases where the stockholder or security holder appears upon the books of the company as trustee or in any other fiduciary relation, the name of the person or corporation for whom such trustee is acting is given; also that the said two paragraphs contain statements embracing affiant's full knowledge and belief as to the circumstances and conditions under which stockholders and security holders who do not appear upon the books of the company as trustees, hold stock and securities in a capacity other than that of a bona fide owner; and this affiant has no reason to believe that any other person, association or corporation has any interest direct or indirect in the said stock, bonds or other securities than as so stated by him.

(Signed) WILLIAM E. TOWNE, Asst. Editor.
Sworn to and subscribed before me, this 1st day of October, 1942.

CHESTER H. STRUBLE,
(My commission expires
April 8, 1943.)

(Seal)

Success In Prayer

Edited by W. E. T. and E. T.

ANIMALS RESPOND TO PRAYER

IT WAS back in 1938 that this subject first came to my attention. At that time I had not had any experience along this line, although I have been practicing Truth for years. It was while I was living in Phoenix, Arizona. My mother wrote me that our Doberman dog had a sore that resisted all material aid and refused to heal.

As I held my mother's letter in my hand I heard, out of the silence, these words: "With God all things are possible." This seemed to be an answer to my thoughts as to whether or not spiritual healing could be effective with animals. I determined then and there to search for proof of the truth of this idea. I then heard these words: "Be renewed by the renewal of the mind." With this came the mental picture of a treasure map. I prayed, "Father, I place myself in thy hands. Lead me, guide me to the right mental picture for this successful demonstration."

By this time I felt within myself, in the true and inner sense, that animals can be healed through prayer.

I now started on my treasure map. In the center of the map I placed the picture of a Doberman dog that expressed the very essence of health and vitality. Over this picture I placed these words: "The power of Jesus Christ now dissolves this imperfection and our dog is now healed."

In one corner of the map I placed

these words: "Life, Power, Strength, Vitality."

In another corner, in large letters, I placed the word, "Success."

Being warned in the silence to tell no man, I kept my treasure map out of sight. When I was alone I used it every day for two days. After a while I received an air mail letter telling me that the dog was healed. The sore disappeared and there was no mark where it had been.

Another instance happened one week ago. Our dog was taken with barking fits. He went from one fit into another. While my mother was talking about worm medicine, I went into the silence and again was cautioned to tell no man. I prayed as follows: "Perfect peace, the peace that surpasseth all understanding, is now in our dog and he is now restored to his true normal self."

I kept repeating this over and over in my mind with the inner realization that it was done even as I believed. After five minutes of prayer, the dog stopped barking but since he appeared frightened and kept running to the door in fear I continued the prayer for fifteen minutes. He was then completely healed. I knew it was done and I rejoiced from my inner self. I know that animals do respond to prayer. — E. R. W., Mich.

WITHIN FOUR DAYS MY PRAYER WAS ANSWERED

MY LITTLE DAUGHTER and I had worked and prayed together and had seeming miracles happen for us, and yet there were some things we prayed for which seemed a long time coming. We had prayed for a

house and our own furniture, and when it came, were so dissatisfied that we moved back into a furnished apartment.

As time passed we became more and more dissatisfied with the apartment, which was very small and had several kinds of pests which I had to keep fighting. We were there eleven months, during all of which time I tried very hard to find something better. However, the city is over crowded and houses very dear, so finally I gave up looking. But I did not stop wishing and praying for a better place.

I became quite desperate as things continued to pile up in our small rooms. I had become discouraged and allowed myself to grow into a very untidy housekeeper. Then one day I read the experience of another woman who had been in a similar predicament, and of how she had brought herself out into better circumstances.

That night I prayed this prayer: "Lord, I will be willing to live in the back of a store building if I can have it clean, and can have my own furniture. I would like two or three rooms, and I'm willing to do my part. I will clean up this place if you will get us a better place."

Then I started on the kitchen pantry the very next morning, and cleaned the hall closet next. In four days time a lady friend told me of three rooms in the back of a store building. I went to look at them and took them at a very reasonable rent. My furniture came along, a few pieces at a time and quite reasonable in price. The furniture is second-hand but in very good condition. I was able to buy brand new linoleum for the main floor, in colors bright and cheery to match the cheery colors

of the various pieces of furniture.

The place is clean and has no pests, and the rooms are large and airy. The atmosphere is hardly to be compared to the cramped quarters in which we lived when in the apartment. It is so quiet here, and we are so happy, we feel as if we are different people.

I had been so determined to have a better place to live that I failed to remember the Law of Release. When I released and set my mind on getting ready for adjustment, behold, the Law of Adjustment brought fulfillment and all worked together so smoothly that everything came apparently without effort. — A. L. F., Ind.

Two Years' Work In a Second

(Continued from page 16)

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Elizabeth's Editorials

(Continued from page 7)

insure the last two of the four freedoms for All of Us: Freedom from fear and from want.

Perhaps you say, oh it will cost too much, we Americans cannot afford it. But because we have not played square with all our people, and because other nations have not played square with theirs, we are now paying out for war many many times as many billions as it would take to pay Democracy's Dividends to All of Us.

Since I wrote about this in my editorials for November I have had one complaint — from a woman who thinks she could not possibly live all alone on \$5.00 a week. But there are at least 50,000,000 persons in this country now who do not see \$5.00 a week in any year of their lives. Fifty-two weeks times \$5.00 equals \$260. And the fifty odd millions of our people who do not see that much cash in a whole year — what of them? And I know from experience that anybody can live healthy and decent on \$5.00 a week.

When our Government has got \$5.00 a week dividends declared for 135,000,000 persons, then this country will be so prosperous that the amount per week can be increased.

But Democracy's Dividends does not plan to put everybody on easy street so he will not have to work: What the plan aims to do is to *insure the four freedoms*, so that people can work and earn plenty more money. Read this Democracy's Dividends plan very carefully again, and you will see that it provides for everybody's getting rich by his own work! — while at the same time everyone is insured against *Fear and Want*.

Not until our Social Security Act is *expanded to cover every citizen* that comes into the world — not until then will our government be insuring Life, Liberty and the Pursuit of Happiness to every citizen, from the cradle to the grave. And between you and me, I believe that this world war will continue until America *does insure DEMOCRACY'S DIVIDENDS to all citizens of every age and everywhere*. These are the basic necessities for this country and for all others. THAT IS WHAT THE UNITED NATIONS ARE FIGHTING FOR, whether they know it now, or not. Here is a brief statement of

DEMOCRACY'S DIVIDENDS

1. NATIONALIZE BANK CREDIT. Reduce still further the metal bases of money and use Power, or Work-Power, Consuming Power, or National Property Wealth — or all of them or either — as base for further issues of non-interest-bearing Legal Tender paper. Issue ENOUGH legal tender money based on the CONSUMING power, WORK POWER and CREDIT of the U. S. — which is better and greater and sounder, than *all the gold and silver in the world*.

2. PAY DIVIDENDS ON WHAT? Pay them on wealth piled up by the *collective working-and-consuming power of all American citizens*.

3. WITH NON-INTEREST-BEARING NEW CURRENCY (or federal checks) *pay \$5 Weekly National Dividends to EVERY citizen*; man, woman and minor from birth to death — rich or poor, unemployed or employed.

4. BEGIN WITH THE UNEMPLOYED: "unemployables" first, with all members of every family group, from aged parents down to infant grandchildren *et al*, each receiving \$5 Dividend Each Week.

5. PUT EVERY SOUL AND EVERY FAMILY ON ITS OWN FEET, independent, *self-directing*, FREE to be and to buy what THEY desire — not what special-privileged processors want to make profits on.

6. NO PAUPER'S OATH, no taking away from anyone the extra overcoat, or the little business, or the old automobile or other tools of service or trade, or the little home (or farm) mortgaged or not mortgaged, which he or she or they have been able to hang on to up to the present time.

7. BEGIN THE PLAN ON THIS BASIS, \$5 Cash Dividends per week to *every member of every family group*, and to every lone individual who is now without adequate income beginning with all persons and families on relief or with incomes too small to report for income tax; then include families of small reported incomes, and finally *ALL citizens. From richest to poorest, from the day of birth to day of death.*

8. THE ONLY CLASSES EXEMPTED: (1) aliens, (2) persons imprisoned or hospitalized at public expense, voluntarily or involuntarily. Dividends to be reinstated immediately upon release. Remember that \$5 a week for each and every one of us will *enable every American family to live FREE, self-respecting, healthy*, expressing genius and service each after his own FREE spirit; also *every family will be adding its consumers' power to the WELL-BEING OF ALL INDUSTRY AND BUSINESS: an inexhaustible WELL of prosperity bubbling up from the bottom, forever.* — Elizabeth Towne.

*

H. G. Wells Tells Us How To "Remake the World of 1942"

ONE OF THE keenest brains in the world is that of H. G. Wells, and he is one of the best prophets of things to come. Haldeman-Julius of Girard, Kansas is publishing Wells' latest volume "How to Rebuild the World of 1942," in a very inexpensive edition. (Haldeman-Julius has published literally thousands of the world's best literature in paper editions costing as low as 5¢ each. If you want anything of the kind ask him for his catalog.)

In his announcement of the new book Haldeman-Julius says something very illuminating and worthwhile that I want our friends to read with prayerful attention. Here it is:

"For more than 50,000 generations man's history has been a story of masters and servitude; humiliation and unhappiness have been the lot of the vast majority of mankind since the

dawn of organized society. War has succeeded war throughout the ages, always changing its nature, till now it has reached its ultimate stage, with the world a unit, huge populations its armies, and the weapons of war so decisively destructive that they will destroy mankind if they are not brought under control."

For the first time, Wells argues, world reorganization has become possible. In *How to Rebuild the World*, probably the most important book he has written, he outlines the current creative ideas of world reconstruction. He shows that three fundamental conditions are necessary: — *federal world control of transport and disarmament; federal world control of the production and distribution of staple commodities; a world declaration of human rights.* Wells claims that the Sankey-Wells declaration has already stated these rights. Lastly, he indicates the necessity of a final International which shall mobilize all men and women of courage, intelligence and good will, regardless of race, creed, class or color, for a supreme attempt to defeat war and establish the lasting conditions of peace, freedom, progress and prosperity.

"Thus this work is a statement of hope. There is still time to save ourselves. But time is short. The way is narrow. The sacrifices are great. Man has not yet shown himself worthy of the name Homo Sapiens. But the hour of final decision is now upon him."

*

WE SHAPE OURSELVES the joy or fear
Of which the coming life is made,
And fill our future's atmosphere
With sunshine or with shade.

— J. G. Whittier

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