

31-11

BF
638
.N3

READ: WHY MARRIAGE GOES STALE: THE REMEDY

NAUTILUS

Magazine of New Thought

*Edited by Elizabeth Towne
and William E. Towne*



Turn to one of these:

Nervous Prostration Healed
Affirmations and Your Subconscious
When "The Other Woman" Appeared in My Life
Acceptance of God's Healing Law

(Table of Contents Page 5)
UNIVERSITY OF VIRGINIA LIBRARY



X030803910

SEPTEMBER 1929

PRICE 20 CENTS

Can Prayer Help One To Become A Millionaire?

Roger Babson, an authority on business and financial conditions, lists as one of the 70 opportunities to become a millionaire, the utilization of the power behind prayer. A remarkable statement from a "hard-headed" human barometer of business.

The ancient Egyptians advocated grasping the idea behind anything if you would have power over it for, by so doing, you have in your hands the *Soul* of that thing.

When you have in your hands the "soul" of prayer, it is more reasonable to believe that "all you desire will be given unto you."

Four Years of Answered Prayers

One college professor, who grasped the idea behind prayer, reported in a weekly magazine article, four years of almost uninterrupted answers to prayer. Surely, he had in his hands the "soul" of prayer.

Frances Foulks is another who must have in her hands the "soul" of prayer, for when the doctors told her she could never be well she turned to the study and use of prayer for her healing and was able to again hold an exacting position in business for years.

Her prayer methods are now available in

Effectual Prayer

By FRANCES FOULKS

To make this book a part of you is to follow in the footsteps of one who grasped the idea behind prayer and successfully applied it.

Thousands of others through the ages who have had in their hands the "soul" of prayer, as given in "*Effectual Prayer*," have done the same.

A feature of *Effectual Prayer* is a series of

**28 Meditations. 99 Spiritual Exercises
25 Relaxation Exercises**

which aid you in re-keying your life for a greater degree of happiness, better health and increased prosperity.

"*Effectual Prayer*" is a Key Library book, bound in flexible covers, 240 pages.



Prayers That Were Answered

"I was healed through reading 'Effectual Prayer' of a completely fallen condition of the muscles of the abdomen. Am nearly 100% perfect. The M. D. who attended me was amazed beyond words."—MRS. G. B., III.

"I am asking you to send 'Effectual Prayer' to my sister who has had a nervous breakdown. I want her to have the benefit of its teachings which I have found so helpful that I would not do without it."—FROM A HISTORY TEACHER IN A WESTERN COLLEGE.

"I can never express what that book has been to me."—G. H., Ok.

Price \$1.60

THE ELIZABETH TOWNE CO.

Incorporated

Holyoke, Mass.

THE ELIZABETH TOWNE CO., Inc.,
Holyoke, Mass.

Here is \$1.60. Please send me the new book, "EFFECTUAL PRAYER," with 5-day return privilege.

Name

Address

Say you saw it in NAUTILUS. See guarantee, page 5.

NAUTILUS NEWS

BY THE EDITORS

NAUTILUS makes plain the Truth that frees, heals and prospers mankind. We support the basic Truth in all religions. "Ye shall know the TRUTH and the TRUTH shall make you free."

RIGHT OUT FROM THE HEART.

The author of "What I Did When 'the Other Woman' Came Into Our Married Life," (page 19), wrote when submitting to us the manuscript: "I am sending you something that has come from my innermost self. Can you use it?" Any woman who is undergoing a similar experience will find in this article a sure key to the solution of her problem. If you know of some friend who needs this help, why not send her *Nautilus* for a year?

MAKE YOUR AFFIRMATIONS REGISTER IN YOUR SUBCONSCIOUS MIND.

On page 17, Godin Greene explains what is, perhaps, one of the most common causes of failure to get results in the use of New Thought methods. "The subconscious mind is like a bridge connecting the individual with the infinite." And through the direction of the emotions you find the pathway to the "bridge" which leads to the storehouse of power within.

HOW AN ENGINEER USED TRUTH AND MADE A 98% RECORD FOR HIS PLANT.

Be sure to read this experience in the Success Letter Department of this issue of *Nautilus*. It tells how a hard-headed, practical man has found results in prayer—results in directing successfully the activities of a great power plant. Another writer in this department tells how *Nautilus* helped her in overcoming an inferiority complex. Read the announcement on next page and perhaps you will recall the name of someone for whom you will want to accept the special offer—ten months for \$1.00.

THE MENTAL SCIENCE OF JUDGE TROWARD.

We have just published a new book by Genevieve Behrend which presents very completely, yet in condensed form, the mental science of Judge Thomas Troward. Mrs. Behrend was the only personal pupil of Judge Troward, and went all the way to England to receive his personal instruction. She has included in this new book ("Attaining Your Desires by Letting Your Subconscious Mind Work for You") an intimate personal sketch of Troward in his own home, a facsimile page of his writing, a list of "Hourly Helps," etc., making one of the most notable books in the whole field of New Thought. You will find an extended announcement in the advertising pages.

Important Notice Nautilus Subscribers

If you find an expiration notice attached to this space it means that your subscription expires with this issue, UNLESS your renewal has crossed this notice in the mail. Please renew at once so as to avoid missing an issue and save the expense of removing and replacing your name on the list. IF YOU WILL RETURN THE RENEWAL BLANK WITH YOUR REMITTANCE SO THAT IT REACHES US BY THE 20TH OF THE MONTH OF THIS ISSUE WE WILL CREDIT YOU WITH 13 MONTHS FOR \$1.50. We can afford to give you an extra month for prompt renewal.

THE ELIZABETH TOWNE CO., Inc., HOLYOKE, MASS.



Elizabeth Towne
Editor of Nautilus

50 Years of Nervousness Relieved

Elizabeth Towne's FOUR LESSONS have helped thousands of NAUTILUS readers to use their thought power for better Health, Prosperity. Here is what one student of the Lessons says:

Nerves Have Quieted Down

"Since using your Four Lessons my nerves, jumpy and unstable for fifty years, have quieted down. Slamming doors, shrieking sirens, bawling children and the thousand and one discordant noises of a great city no longer move me. After having had three nervous breakdowns, this is something of a victory."—A. B. B., Calif.

How to Get the Lessons

THESE LESSONS ARE GIVEN with an order for our own publications (at full retail price) amounting to not less than \$3.25. ("Solar Plexus" book and "How to Concentrate" must be used with the Lessons.)

Or, you can get the Four Lessons and two small booklets that go with them for \$1.60.

The Elizabeth Towne Co., Inc., Holyoke, Mass.

IMAGINATION IS MORE POWERFUL THAN WILL

a fact actually demonstrated through a simple experiment which anyone may make anywhere in a few minutes. The demonstration of this Law is more convincing than a volume of theories or explanations. This Law may be put to work for every human purpose. You may be using it now in adverse way and the results may not be desirable. If rightly used this Law will change darkness into light, failure into success, sorrow into serenity, disease into health, poverty into wealth. Write me and enclose any amount from 10c upward and I will send you more than full value in books, etc., and will add this Demonstration for good measure. Address plainly.

J. A. EICHWALDT

N89, Box R, Fruitvale Sta., Oakland, Calif.

Buy you saw it in NAUTILUS. See guarantee, page 5.

Use One of These Money Saving Coupons

OLD SUBSCRIBERS: Use this coupon and receive NAUTILUS 13 months for \$1.50.

THE ELIZABETH TOWNE CO., Inc.,
Holyoke, Mass.

I surely do not want to miss the special features advertised below. Here is \$1.50 to renew my subscription to NAUTILUS for 13 months.

Name

Address
Sept.

NEW SUBSCRIBERS: Use this coupon and we will send NAUTILUS 10 months for \$1.

THE ELIZABETH TOWNE CO., Inc.,
Holyoke, Mass.

I surely want to read all the special features described below. Here is \$1.00 for NAUTILUS 10 months, in accordance with your special offer.

Name

Address
Sept.

Read These In

OCTOBER NAUTILUS

1. "God's Healing Law Brought Relief from Arthritis."

She was on crutches and the doctors gave no hope as to her ever walking without them. Household duties piled up. The situation seemed hopeless. Just how New Thought was applied to demonstrate POWER and get relief from the arthritis so that she could walk without crutches is simply told in this article that is coming next month in NAUTILUS.

2. "Healing Treatment by True Prayer." Gives the fundamental rules for right thinking—constructive, healing thought that brings the realization of health and happiness.

3. "How to Acquire Personality." You will learn a great deal about personality if you read this article.

4. "Controlling the Subconscious Mind for Healing Through the Use of the Imagination." Tells how to contact the divine healing process within you.

5. "What Type Are You?" The first of a series of five wonderful articles by Wilfrid Lay, Ph. D., author of "Man's Unconscious Conflict," and other books. This series will help you to know and understand those with whom you come in contact, to win friends and make a success in business and social life. Use one of above coupons **TODAY** and save money

THE ELIZABETH TOWNE CO., Inc., - - - - - Holyoke, Mass.

This "Crazy Scheme" Made Me Independent

Learn the secret of my success. Be a Real Estate Specialist. Start at home in spare time. Use my successful system. Free Book shows how.

"IT'S a crazy scheme," said some of the old-time real estate men. But with this "crazy scheme" I made a net profit of \$100,000 in less than five years—enough to make me independent for life.

So, no matter where you live, or what you are now doing, or what your sex or present age may be, if you want to learn all about my "crazy scheme"—if you want to do as I did—if you want to make big money—right at home—in your spare time—mail coupon at once for a free copy of my beautiful, new, illustrated book, which contains the biggest and best money-making business opportunity you ever heard of.

Use My Money-Making Method

When I started in real estate, I turned my back on all the ancient, threadbare, moss-covered methods of the past, and used a simple, scientific system of my own which is as far superior to the old-time methods as the radio is superior to the old-style music box.

With little education—no real estate experience, no money, no pull, I started a new kind of real estate business which met with overwhelming success.

If you want to follow the trail I blazed—if you want to use my amazingly successful system—write for my free book now. It tells how I won success, how I have helped other men and women succeed, how you, too, can succeed, how you can have a high-class business of your own and make more money than you ever made before in your whole life.

A Remarkable Business.

The real estate business—run my way—is a wonderful business. It



A well-known cartoonist's conception of my idea

is as permanent as Mother Earth itself. And it is constantly increasing as our great country grows. It does not require years of study like most other trades, businesses or professions. And it pays big profits to ambitious men and women. Users of my methods report earnings of \$1,000, \$2,000, \$5,000—and more—on single deals; as much as the ordinary man or woman gets for months and years of hard work. And the business is practically unlimited. Ten million properties are always for rent, sale or exchange. And you can start with little or no capital—right at home—in your spare time. I did. So did others. So can you. My free book tells you how.

What Others Say

Read the following record of results achieved by a few users of my remarkable system.

Anthony O. Maurell, New Jersey (former barber), reports earnings of more than \$4,138 his first three months in my kind of a real estate business. Kate Luke (65-year-old widow) says she has averaged \$200 a week for the past 6 months. W. E. Shoop, Pennsylvania (former weaver), earned \$6,000 in one deal. A. D. Perkins, Connecticut (former wood worker), reports earnings of \$1,252 in one month. J. W. Randolph, North Carolina (former grocery clerk), reports 3 sales in 3 weeks that paid him \$510. W. C. Campbell, Kansas (former druggist), made real estate sales amounting to \$22,875 in one day.

These are a few samples of the successes you will learn about in my free book. Get it. Read it. Follow its instructions. Make big money my way.

Send For Free Book

My free book, "How to Become a Real Estate Specialist," is filled with astounding facts about my kind of a real estate business. It tells what I have done—what others are doing—what you can do in this big field of opportunity.

Mail coupon at once and get all of this valuable money-making information free. For although this book costs you nothing it may be worth more to you—in actual dollars and cents—than any other book you have read. So, mail coupon now and learn all about the "crazy scheme" that made me independent for life. Address: President, American Business Builders, Inc., Dept. J-8, 205 East 42 Street, New York.

Mail Coupon → for FREE BOOK

President, American Business Builders, Inc.,
(Established 1917—Capital, \$500,000)
Dept. J-8 205 East 42 Street, New York.

Please send me—without cost or obligation—your new, illustrated book, telling how you will help me make big money in real estate.

Name
(Please print.)

Address

City State

Say you saw it in NAUTILUS. See guarantee, page 5.

CHRISTIAN PSYCHOLOGY

A Remarkable Personal Offer To All Who Seek Happiness

WE HAVE something for you. You will find it of breathless interest. The coupon below brings it to you entirely free without any obligation or cost.

To every reader of *Nautilus* who promptly returns the coupon to us we will send the fundamental working principles of **Christian Psychology** in a wonderful and startling 6,000-word lecture, entitled "The Kingdom of God," by Judge Daniel A. Simmons, the world famous psychologist, lecturer, teacher and jurist. It is a vitally important message to *all* who seek happiness.

It explains in plain words the simple but remarkable truths of **Christian Psychology**—the most interesting and valuable work of Judge Simmons' entire lifetime.

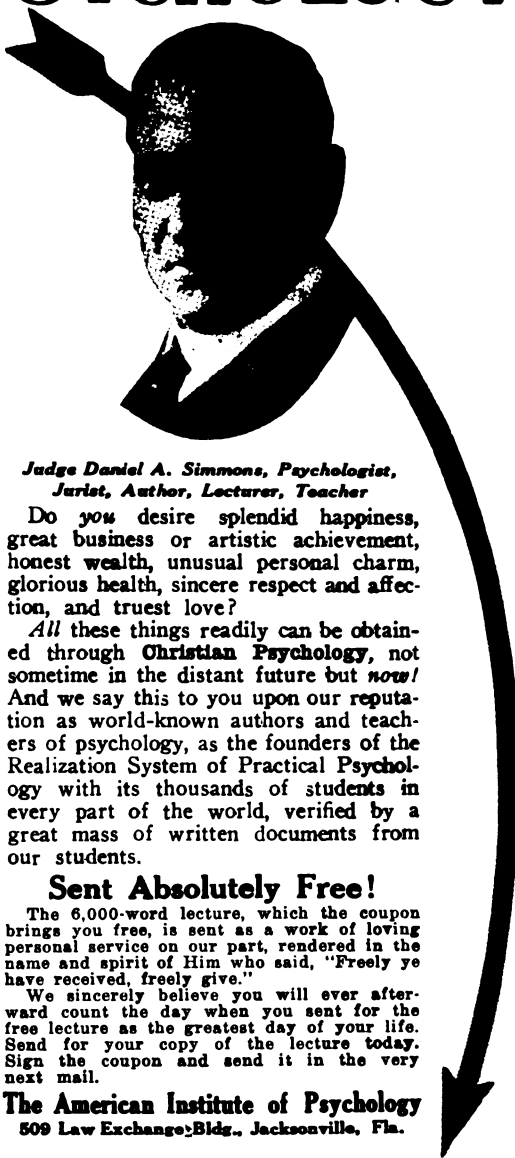
Christian Psychology is a simple, scientific system of Christian thought and life which gives Christianity the *power* of godliness as well as the form, and puts into it the living, vibrant force which brings prosperity, love, achievement, health, happiness, peace and more abundant life.

Christian Psychology is not a religion nor a sect, but a movement within the churches, loyal to their ministry, and based squarely upon the teachings of Jesus as verified, explained and practically applied by modern scientific Psychology.

For the past two years **Christian Psychology** has been accomplishing seeming miracles in the lives of a great many students. They have reported marvelous increases of income and personal efficiency, almost unbelievable healings of stubborn diseases, phenomenal achievements in business, social and professional life, exceedingly happy solutions of vexing love and domestic relation problems and the attainment of a wonderful state of peace and self-understanding which makes every hour of life a pleasure and joy.

Now, after two years of actual tests of **Christian Psychology** in the lives of more than 2,500 human beings, Judge Simmons is eager to have as many others as possible send in the coupon for his *free* lecture to see for themselves how easily, quickly **Christian Psychology** brings every happiness.

"What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them," said Jesus of Nazareth, the world's greatest Teacher.



*Judge Daniel A. Simmons, Psychologist,
Jurist, Author, Lecturer, Teacher*

Do you desire splendid happiness, great business or artistic achievement, honest wealth, unusual personal charm, glorious health, sincere respect and affection, and truest love?

All these things readily can be obtained through **Christian Psychology**, not sometime in the distant future but *now*! And we say this to you upon our reputation as world-known authors and teachers of psychology, as the founders of the Realization System of Practical Psychology with its thousands of students in every part of the world, verified by a great mass of written documents from our students.

Sent Absolutely Free!

The 6,000-word lecture, which the coupon brings you free, is sent as a work of loving personal service on our part, rendered in the name and spirit of Him who said, "Freely ye have received, freely give."

We sincerely believe you will ever afterward count the day when you sent for the free lecture as the greatest day of your life. Send for your copy of the lecture today. Sign the coupon and send it in the very next mail.

The American Institute of Psychology
509 Law Exchange Bldg., Jacksonville, Fla.

FREE LECTURE COUPON

THE AMERICAN INSTITUTE OF PSYCHOLOGY
509 Law Exchange Bldg., Jacksonville, Fla.

Please send me entirely free and postage paid without any obligation or cost upon my part, Judge Simmons' 6,000-word lecture, "The Kingdom of God," explaining the wonderful new world-old science, Christian Psychology, which brings prosperity, love, achievement, health and every other true happiness.

Name

Street

City State

Say you saw it in NAUTILUS. See guarantee, page 5.

PUBLISHED
MONTHLY

NAUTILUS

MAGAZINE OF
NEW THOUGHT

SUBSCRIPTION
\$1.50 A Year
20c A Copy

Vol. XXXI.

SEPTEMBER, 1929

No. 11.

CONTENTS

The Thoughts of God (Page Poem)	Elizabeth Voss	12
Editorials	Elizabeth Towne	13
Nervous Prostration Healed	Marguerite Eldred Wright	16
Emotion Will Make Your Affirmations Register in Your Subconscious Mind	Godin V. Greene	17
What I Did When "The Other Woman" Came Into Our Married Life	E. L.	19
How Truth Frees You	Vivian May Williams	22
This is the Way to Give Yourself a Good Memory	William Walker Atkinson	25
Condemned to a Wheel Chair for Life, I Found My Healing in Truth	G. A. F.	27
Why Marriage Goes Stale: and the Remedy	Brown Landone, F. R. E. S.	29
Acceptance of God's Healing Law Requires Acting as Well as Believing	J. R. B.	32
Be an Apollodorus or Bust	Chester H. Struble	34
Views and Reviews	William E. Towne	35
Sunday School Department	Rev. George C. Golden	37
Success Letters	39
Family Counsel	41
Princes of the Realm (Poem)	Kate Randle Menefee	44
NAUTILUS NEWS	1

Published by THE ELIZABETH TOWNE CO., Inc., Holyoke, Mass.

Copyright, 1929 by THE ELIZABETH TOWNE CO., Inc.

Entered at the Post Office at Holyoke as second class matter.

THE NAUTILUS

ELIZABETH TOWNE
WILLIAM E. TOWNE

} The Editors

CHESTER HOLT STRUBLE, Managing Editor

NAUTILUS, monthly, \$1.50 a year; foreign countries, \$2.00, and Canada, \$1.75, by international money order. Foreign money, stamps and postal notes *not* accepted. Add 10c for collection on checks.

NAUTILUS is owned and published by The Elizabeth Towne Co., Inc., Holyoke, Mass.

You will save us and perhaps yourself a lot of trouble if you state whether your subscription is new or renewal.

We send you notification when subscription expires. Give *full name* and fullest address in every letter.

Send *advance* notification of change of address, giving both *old* and *new* address. This is *most important*, for names cannot be found *unless town and state* are given.

We assume no responsibility for copies of NAUTILUS lost through failure to notify us in advance when address is to be changed.

All articles appearing in NAUTILUS, which are not otherwise signed, are written by the editors.

The magazine rights of all articles, poems and items of this magazine belong to NAUTILUS, unless otherwise indicated and are protected by copyright. Other publications are welcome to quote from our columns provided credit is given the author and magazine.

The word NAUTILUS is pronounced exactly as spelled, accent on the first syllable. Its significance is hinted in the NAUTILUS verse at top of first editorial page.

ADVERTISEMENTS

The advertising columns of NAUTILUS are very carefully edited to insure that only reliable advertisements appear therein. Should any reader of NAUTILUS suffer monetary loss in purchasing anything advertised in this issue, because of failure on the part of advertiser to live up to his claims, we will see that the loss is made good, either by the advertiser or ourselves, if the matter is reported to us.



THE HOME OF NAUTILUS

Self-Help Books

By Elizabeth Towne
And Others

All Books Sent Prepaid at Prices Quoted.
Add 10 cents for collection on checks.

ELIZABETH TOWNE'S BOOKS.

- HOW TO USE NEW THOUGHT IN HOME LIFE.** 180 pages. Cloth. Price, \$1.60.
PRACTICAL METHODS FOR SELF-DEVELOPMENT. SPIRITUAL, MENTAL, PHYSICAL. 160 pages. Flexible covers. Price, \$1.60.
THE LIFE POWER AND HOW TO USE IT. 176 pages. Flexible covers. Price, \$1.60.
15 LESSONS IN NEW THOUGHT. 185 pages. Cloth. Price, \$1.60.
WHAT AFFIRMATION SHALL I USE? Paper bound. Price, 55 cents.
YOU AND YOUR FORCES. 15 chapters. Paper covers. Price, 55 cents.
HOW TO GROW SUCCESS. 71 pages. Price 55 cents.
FOUR LESSONS IN THE REALIZATION OF HEALTH AND SUCCESS. (Typewritten form only.) Price, \$1.60, including the two small booklets that go with them. Or sent free with an order of \$3.25 or more of our books listed here.
EXPERIENCES IN SELF-HEALING. A spiritual autobiography and guide to realization intensely alive and helpful. Price, 55 cents.
HAPPINESS AND MARRIAGE. Everyday problems. 80 pages. Price, 55 cents.
JUST HOW TO WAKE THE SOLAR PLEXUS. Paper bound. Price, 28 cents.
JUST HOW TO CONCENTRATE. Paper. 82 pages. Price, 28 cents.
HOW TO TRAIN CHILDREN AND PARENTS. Paper. Price, 28 cents.
JUST HOW TO COOK MEALS WITHOUT MEAT. Paper. Price, 28 cents.
WHEN IS YOUR BIRTHDAY? By Elizabeth Towne and Catherine Struble Twing. 70 pages. Price, 38 cents.
HOW TO STUDY THE BIBLE. Price, 10 cents.

By BROWN LANDONE.

- HOW TO TURN YOUR DESIRES AND IDEALS INTO REALITIES.** Flexible covers. Price, \$1.60.
DEEP, DEEP DOWN IN YOUR HEART. Flexible covers. 249 pages. Price, \$1.60.
THE SUCCESS PROCESS. Flexible covers. Price, \$1.60.
THE A-B-C OF TRUTH. Paper covers, 98 pages. Price, 55 cents.
THE METHODS OF TRUTH WHICH I USE. Paper covers. Price, 55 cents.
THE MEANS WHICH GUARANTEE LEADERSHIP. Paper. Price, 55 cents.

By WILLIAM E. TOWNE.

- NATURE NOTES AT NETOP.** Cloth. Price, 60 cents.
HEALTH AND WEALTH FROM WITHIN. Cloth bound. Price, \$1.60.
WORRY, HURRY CURED. Paper bound. Price, 28 cents.

By JOHN A. PATTERSON.

- AN ANSWER FOR EVERY PRAYER.** Flexible covers. 175 pages. Price, \$1.60.

By WALLACE D. WATTLES.

- FINANCIAL SUCCESS THROUGH CREATIVE THOUGHT.** Flexible covers. 159 pages. Price, \$1.60.
HEALTH THROUGH NEW THOUGHT AND FASTING. Paper cover. 100 pages. Price, 55 cents.
HOW TO BE A GENIUS. Fabrikoid bound, pocket size. Price, 55 cents.
HOW TO PROMOTE YOURSELF. Paper cover. 86 pages. Price, 28 cents.
WHAT CHRIST SAYS. Paper cover. Price, 28 cents.

By MARIE WINCHELL WALKER, M.D.

- FREEDING OUR MENTAL FORCES.** Flexible covers. Price, \$1.60.
RESULTS THROUGH SELF-ANALYSIS. Paper bound. Price, 55 cents.
WHAT IS MY VOCATION? Paper bound. Price, 55 cents.

By PAUL ELLSWORTH.

- PSYCHOLOGY OF PROSPERITY.** Flexible covers. Price, \$1.60.
DIRECT HEALING. 178 pages. Price, \$1.60.
HEALTH AND POWER THROUGH CREATION. Price, \$1.60.
THE GIST OF NEW THOUGHT. Paper bound. Price, 28 cents.
THE MIND MAGNET. Flexible covers. 158 pages. Price, \$1.60.

By WILBURN H. GRAVES, M.D.

- TWENTY MINUTES FROM PHYSICALLY FIT.** Applying a New Principle, the Principle of Immunisation. Printed in durable manuscript form. Price, \$1.10, postpaid.

By GEORGE SCHUBEL.

- HOW TO MAKE YOUR MENTAL PICTURES COME TRUE.** Cloth bound. Price, \$1.60.

SEEING OUR MENTAL PICTURES THROUGH.

Cloth bound. Price, \$1.60.

By WILLIAM WALKER ATKINSON.

- THE MASTERY OF BEING.** Cloth bound. 190 pages. Price, \$1.60.
YOUR MIND AND HOW TO USE IT. Cloth. Price, \$1.60.
THE PSYCHOLOGY OF SALESMANSHIP. Flexible covers. 210 pages. Price, \$1.60.
MEMORY: HOW TO DEVELOP AND TRAIN. Cloth bound. 206 pages. Price, \$1.60.
HOW TO READ HUMAN NATURE; ITS INNER STATES AND OUTER FORMS. Cloth bound. 210 pages. Price, \$1.60.
NEW PSYCHOLOGY OF LIVING AND HEALING. Cloth bound. 210 pages. Price, \$1.60.
NEW THOUGHT, ITS HISTORY AND PRINCIPLES. Paper covers. 35 pages. Price, 28 cents.

By C. W. CHAMBERLAIN.

- MAGIC OF UNCOMMON SENSE.** Paper covers. Price, 55 cents.
YOUR DREAMS: THEIR PSYCHOLOGICAL SIGNIFICANCE. Paper. Price, 55 cents.
THE UNCOMMON SENSE OF APPLIED PSYCHOLOGY. Paper covers. Price, 55 cents.

By GERTRUDE A. BRADFORD, Ph.D.

- THE SUBCONSCIOUS MIND.** How to Reach and Arouse. Flexible covers. Price, \$1.60.
HOW TO DEMONSTRATE HEALTH, MONEY, FRIENDS. Paper. Price, 55 cents.

By HELEN RHODES-WALLACE.

- SLEEP AS THE GREAT OPPORTUNITY.** Flexible covers. Price, \$1.60.

By EDWARD B. WARMAN, M.D.

- PSYCHIC SCIENCE MADE PLAIN.** Two volumes, each containing four books in one. Price, \$1.60 per volume.

By KATE BOEHME.

- REALIZATION MADE EASY.** Cloth. Illustrated. Price, \$1.60.
NEW THOUGHT HEALING MADE PLAIN. Cloth bound. Price, \$1.60.

By ELINOR S. MOODY.

- ALL POWER IS GIVEN UNTO YOU.** Cloth bound. 160 pages. Price, \$1.60.
YOU CAN RECEIVE WHATSOEVER YOU DESIRE. Cloth bound. 175 pages. Price, \$1.60.

Order of THE ELIZABETH TOWNE CO., Inc., HOLYOKE, MASS.

Say you saw it in NAUTILUS. See guarantee, page 8

THE ELIZABETH TOWNE CO., Inc., Publications

HOW TO REMAKE YOURSELF THROUGH APPLIED PSYCHOLOGY. Paper bound. Price, 55 cents.

By S. VAIDIANATHAN.
HOW TO CHANGE YOUR CONDITION. Flexible covers. 245 pages. Price, \$1.60.
THE REAL SECRET OF USING NEW THOUGHT SUCCESSFULLY. Paper. Price, 55 cents.
OVERCOMING THE PULLBACKS. Flexible covers. Price, \$1.60.

By Rev. GEORGE C. GOLDEN.
THE HEALING OF HARRY LANDERS. A New Thought Novel. Flexible covers. Price, \$1.60.
NEW THOUGHT HEALING FOR CHURCH WORKERS. Paper. Price, 28 cents.
TRUE STORIES BY A METAPHYSICIAN. Paper covers. Price, 55 cents.

Special Books

EFFECTUAL PRAYER. By Frances W. Foulks. Flexible covers. Price, \$1.60.
STEPS IN SPIRITUAL UNFOLDMENT. By Frances W. Foulks. Flexible covers. 249 pages. Price, \$1.60.
YOUR INVISIBLE POWER. By Genevieve Behrend. Paper. Price, 55 cents.
KEEPING YOUNG GRACEFUL. By Helen M. Winslow. Paper. Price, 55 cents.
WHAT YOU SHOULD KNOW ABOUT TELEPATHY. Paper. Price, 55 cents.
GLAND TREATMENT FOR REJUVENATION OF THE BODY THROUGH APPLIED NEW THOUGHT. By Grace Stuart. Paper. Price, 55 cents.
CONVERSATION AND A MAGNETIC PERSONALITY. By E. Gwendolyn Stimpson, LL. D. Paper. Price, 55 cents.
FASCINATING PERSONALITY. By J. I. Billman, M. S., M. A. Paper. Price, 55 cents.
THE FRIENDLY HUNCH. By Virginia Lind Buquo. Paper. Price, 55 cents.
HOW TO HEAL YOURSELF AND OTHERS. By Mrs. W. Y. McConnell. Paper. Price, 55 cents.
LIFE INTERPRETED THROUGH COLOR. By Myrtis Hodges. Paper. 82 pages. Price, 55 cents.

THE HEART OF HEALING. By Mizanna Wolf. Paper. Price, 55 cents.
THOUGHT RADIO AND THOUGHT TRANSFERENCE. By Viola Gertrude Rich. Paper covers. Price, 55 cents.
MOTHER'S MIGHT: HOW TO USE IT. By Herbert Coolidge. Flexible embossed covers. 12 pictures. Price, \$1.60.
LAWS OF HEALTH AND PROSPERITY AND HOW TO USE THEM. By Clara Chamberlain McLean. Cloth bound. Price, \$1.60.
LITTLE LESSONS IN NEW THOUGHT PSYCHOLOGY. By Alberta M. Carter. Paper bound. Price, 28 cents, postpaid.
EMERSON'S CONCEPT OF TRUTH. By Henry Richardson Thayer. Paper bound. Price, 28 cents, postpaid.
PROSPERITY THROUGH THOUGHT FORCE. By Bruce McLelland. Paper bound. 160 pages. Price, 55 cents.
THE GIFT OF COURAGE. By Genevieve V. Aram. Paper. Price, 28 cents.
53 EXPERIENCES IN NEW THOUGHT. By 49 writers. Price, \$1.60.
THE MOTHER POWER AND HOW TO USE IT. Practical, prenatal culture. Paper. Price, 28 cents.
MONEY TALKS IN FOUR PARTS. By Eleanor Baldwin. Paper. Price, 28 cents.
YOUR WILL POWER. By Chas. G. Leland. Paper cover. Price, 55 cents.
MY PERSONAL ADVENTURES IN TRUTH. By James A. Edgerton. Price, 28 cents.
HOW TO VISUALIZE. By Ethel Whitney. Price, 28 cents.
DANCING DOLLARS. By Verna Holton. Price, 28 cents.
RED LETTER BIBLE. Has words of Christ printed in red. Large clear type with Comprehensive Bible Helps, Concordance, References, Map, etc. Size, 8"x5". Bound in French morocco, red under gold edge. Price, \$5.50, postpaid.

Demonstration Booklets

Seven artistic paper bound booklets. Pocket size; each in kraft envelope. 25 cents each; Ave for \$1.00.
HOW I ELIMINATED FEAR. By George Wharton James.

THE EVOLUTION OF A REAL MARRIAGE. By Frances Illsley and Elizabeth Towne.
HOW CHILDREN ARE HELPED BY SUGGESTION DURING SLEEP. By Elizabeth Towne, Rev. Andrew Bede, et al.
THE BOOK THAT HAS HELPED MOST IN BUSINESS. By "A Doctor of Human Nature."
THE RADIANT PATH TO ACHIEVEMENT. A Miracle Healing and How It Was Done. By Kate Atkinson Boehme and Rev. Frederick Elias Andrews.
THOUGHT FORCE FOR SUCCESS. By Elizabeth Towne.
SUCCESS TO SOLDIERS. The Secret of Power and Protection. By Elizabeth Towne.

Little Sun-Books

Flexible Fabricoid Binding.

Price, 55 cents each; Ave for \$2.50.
EASY WAYS TO MENTAL SUPREMACY. By W. E. C. Latson, M. D.
HOW TO BE A GENIUS. By Wallace D. Wattles.
SELF-RELIANCE, FEAR AND THE LAW OF SUCCESS. By R. W. Emerson and Prentice Mulford.
MEDITATION FOR LIFE AND POWER. By Florence Morse Kingsley.
POEMS OF THE SUN-LIT HEIGHTS. Great New Life Poems, old and new, by many, including Ella Wheeler Wilcox and Edwin Markham.
POWER AND WEALTH. By Ralph Waldo Emerson.

Start A New Thought Center In Your Vicinity

Organize your friends and acquaintances into a New Thought Center or Club. You could keep New Thought literature on sale and this would help you to pay expenses. Get together for meetings, study, sociability. Ask for our free letter that tells how to start a Center, which also explains our plan for FREE advertising of Centers that sell our literature.

Order of THE ELIZABETH TOWNE CO., Inc., HOLYOKE, MASS.

A JUGGLER will try a trick 10,000 times to master it. A baseball pitcher practiced a new delivery for eleven years.

BUT

to take the long "practice" period out of New Thought, Brown Landone wrote "The A. B. C. of Truth," which makes quickly available to you the truth he took a lifetime to discover.

Price 55 Cents

THE ELIZABETH TOWNE CO., Inc., - Holyoke, Mass.

Buy you saw it in NAUTILUS. See guarantee, page 5.

A New Book

Attaining Your Desires

By Letting Your Subconscious Mind
Work For You

By
Genevieve Behrend

*The Only Personal
Pupil of Judge
Thomas Troward*



Teaching how
to get what
you want

How Faith and Prayer Become Living Facts

This book gives the exact and detailed methods of demonstration as taught by the late Judge Thomas Troward.

The Troward teaching of attainment makes prayer, faith, approach to God through Christ not merely beautiful sentiments but *living facts*.

Mrs. Behrend was Troward's only personal pupil. She gives here a much more comprehensive and complete outline of Troward's Mental Science than was contained in her former book.

The book includes also an intimate sketch of Troward in his home, details concerning his life and a facsimile page of his own handwriting.

The Chapter Titles

Judge Troward, Philosopher and Sage	Making Your Subjective Mind Work
Interpreting The Word	For You
How to Get What You Want	Hourly Helps
How to Overcome Adverse Conditions	Putting Your Lessons Into Practice
Strengthening Your Will	

"ATTAINING YOUR DESIRES" is bound in flexible covers, with attractive printed jacket—A KEY LIBRARY BOOK.

Price \$1.60

THE ELIZABETH TOWNE CO., Inc., Holyoke, Mass.

..... **Clip Here**

THE ELIZABETH TOWNE CO., Inc., Holyoke, Mass.

Find enclosed \$1.60 for the new Key Library book, "ATTAINING YOUR DESIRES." It is understood I may return the book for refund, if I desire, within 5 days of receipt.

Name

Address

Buy you saw it in NAUTILUS. See guarantee, page 5.



"The Secret of the Ages"

YOU remember the story of Aladdin and his wonderful Lamp—how he had but to rub this Lamp and there sprang forth a powerful Genie, ready instantly to do his bidding. Anything that Aladdin might wish for—from power and fortune to the hand of the beautiful Princess—he had but to command, and the Servant of the Lamp forthwith produced it. There is more than childish fable to this old Arabian Nights' tale. There is the wisdom and the mysticism of the East—so frequently hidden in parable or fable.

How You Can Live Your Dreams

Those Wise Men of the East had grasped, thousands of years ago, the fundamental fact—so hard for our Western minds to realize—that deep down within ourselves, far under our outer layers of consciousness, is a Power that far transcends the power of any conscious mind.

"The Father that is within us," deeply religious people term it. And, truly, its power is little short of divine.

Call it what you will, it is there—all unknown to most of us—a sleeping Giant who, aroused, can carry us on to fame and fortune. A Genie-of-the-brain more powerful, more the servant of our every right wish, than was ever Aladdin's fabled Genie-of-the-lamp of old. Health and happiness, power and riches, lie ready to its hand. You have but to wake It, to get of It what you will.

Succeeding With What You Have

You remember the story of the poor Boer farmer who struggled for years to glean a livelihood out of his rocky soil, only to give it up in despair, and go off to seek his fortune elsewhere. Years later, coming back to his old farm, he found it swarming with machinery and life—more wealth being dug out of it every day than he had ever dreamed existed. It was the great Kimberley Diamond Mine!

Most of us are like that poor Boer farmer. We struggle along under our surface power, never dreaming of the giant power that could be ours if we would but dig a little deeper—rouse the great Inner Self who can give us more even than any acre of diamonds.

Laugh at the man who tells you that Laurels and Lucrè are LUCK. That's the sob of the seat-warmer, the howl of the has-been, the cry of the craw-fish. Listen! There really IS a well-defined SECRET OF SUCCESS whereby OTHER MEN rose higher—and YOU can! That secret

is in learning to use the power that is within you—the Genie-of-Your-Brain who SEES all, KNOWS all, can DO all.

SPECIAL BARGAIN

Regular Price - - - \$7.85
NOW - - - - only \$2.85

More than 200,000 copies of "The Secret of the Ages" have been purchased at the regular price of \$7.85. To clear our shelves of the remaining copies of this edition, we have decided to sacrifice the sets now on hand for only \$2.85—WHICH IS JUST ABOUT ONE-THIRD THE REGULAR PRICE!

Mind you, these books are perfect in every respect. They contain the same inspiring ideas which have started so many others on the road to success, the same proven principles of money-making and of power. More than 200,000 people have gladly subscribed for them at \$7.85 and higher prices. For a little while you can get them for only \$2.85.

Let us send you "The Secret of the Ages" at the special low price of \$2.85—for 30 days' free inspection. When the books arrive deposit with the postman only \$2.85 plus a few cents postage, IN FULL PAYMENT. Keep the books for 30 days. Try out your hidden powers. If you are not delighted, return the books within 30 days—and your money will be instantly refunded. Send off the coupon today. Robert Collier, Dept. 29, Scribner Bldg., 599 Fifth Ave., New York, N. Y.



ROBERT COLLIER, Dept. 29,
599 Fifth Ave., New York, N. Y.

You may send me one of the 7-volume sets of "The Secret of the Ages," bound in Artcraft—to examine for 30 days, FREE. I agree to pay the postman only \$2.85 plus a few cents postage upon receiving the books. If I am dissatisfied I may return the books within 30 days and have my money refunded.

Name

Address

City..... State.....

Say you saw it in NAUTILUS. See guarantee, page 5.



This lady of culture and position weighed 188 pounds, when she began the study of Mr. Landone's work, and still weighed 182 pounds last January.

From 182 to 148 Pounds
In Six Months

One Result Only

—of—

Body
Purification

To be FREE, after twenty eight years of agonizing headaches, to gain greatly in BODILY energy and keep actively at work, to ENJOY every day of life, and also to DROP in WEIGHT from 188 lbs. to 148 lbs. are attainments!



Using Body Purification, to aid her SPIRITUAL attainment, her weight DROPPED to 148 pounds, within 6 months!

It is my duty to recognize every such result in the leaders who demonstrate such ASTOUNDING CHANGES—who live Truth as well as teach it. Thus I can help to build up the Centers, whose teachings I know ARE HELPFUL in producing actual results—in stemming the tide of age, in leading to beginning youth, and in emphasizing the "Great Truth" that God made all things for man's use, and that all things God made are very good.

The Leader, I am announcing this month, in connection with my BODY PURIFICATION Course, is Mrs. Frances Martin Perry. (There are other teachers named Perry. This one is FRANCES MARTIN PERRY; she is the LEADER of The First Great Truth Center of Milwaukee, Wisconsin.)

I spoke at her Center June 5th; then hurried home; and received from her this surprising letter of June 13th:

"No wonder you were astounded at my CHANGED appearance when you came to Milwaukee, and now that you are back in your Study I do wish to tell you something of the blessings your visit gave us.

"It was a joy to see the faces of those who crowded the lecture room, crowded the entrance hall, and even the stairs—for those who could not get in, would not go away and so sat on the stairs leading to the hall.

"I've never told how much I weighed when I first came to you for Normal Work; but I'll tell you now—I weighed ONE HUNDRED NINETY-EIGHT pounds, then!

"After the Normal Work in 1923, I used and spiritually lived your 'Four Great Prayers in Action.' They helped me physically and spiritually, yet in January, 1929, I still weighed 188 lbs!

"Then, last December I subscribed for your BODY PURIFICATION COURSE, and now, just six months after I began using the Body Purification Work, I weigh only 148 lbs., although I did not take the work for reduction, but to aid my spiritual growth.

"And you remember that I used to require ten hours of sleep, but now I need ONLY SIX, and frequently less than six; and another benefit—from the time I was fourteen years old until I was forty-two I suffered with intense sick headaches—a headache at least every two weeks, and each headache lasting a week or more! These continued even though I spent two years in Christian Science and two years in Rawsonism; but now I have not had a sick headache in the six months."

Such are a few of the changes of which Mrs. Perry wrote me; and those of you who have followed my announcements will remember that for ten years, I have never mentioned another person's name commending my Courses. I might often have done so, for scarcely a month passes that people do not send me letters of praise, offer to let me use them. I have declined, feeling that my work should prove itself by its own value.

Why then am I now writing of Mrs. Perry!

Because I cannot give as much time to this work as I have given in the past, and so—to help spread it—to give others the opportunity of securing results such as Mrs. Perry and other leaders have attained—I am going to announce now and then the leaders of Centers where my work is taught, so that they can help you in applying the work of my Courses.

If I wished to sell Courses for profit only, I would NOT announce other leaders, and I would advertise my Courses differently, than I do.

(Oh, I could do so! I know how to write ads; otherwise I would not have been engaged as Sales Literature Consultant by the General Sales Manager of the largest industrial corporation on earth, and paid for my work.)

So if I really wished to carry on my work as a "mere business"—a business of selling correspondence courses—I would employ an advertising agency, advertise in scores of magazines, sell thousands of courses, and take in money by the handful!

BUT if I sold so many Courses, I would not be able to give any PERSONAL attention to one person in a hundred. So I have always refused to handle Courses as a business.

In the past I have announced courses for a limited number each month, and then the same course only once or twice a year. This has made it possible for me to render service.

By the time you read this, the Scola will be over, and probably, within a few months, I shall announce other teachers in other cities, but this month I offer to you the BODY PURIFICATION COURSE so that you may learn to live more joyously, so that you may learn to feel more like a soaring eagle than a waddling hippopotamus, so that gradually you may need less sleep and have more hours for joyous life and work and play, so that you may learn not to grow so old and to become younger in spirit each day, and younger in body also! (See next page.)

I weighed 215 lbs., even though I had carefully regulated diet for years, and made great effort to reduce weight.



Unretouched photo taken by the Hearst Newspapers while I was delivering Memorial Day Address in Los Angeles 19 years ago!

My body was NOT purified, even though I HAD tried to live in accord with Spirit for years.

Seek a pure mind PLUS a pure body.

Landone's "Body Purification"

No One Is Spiritual

If he has to SLEEP 7 hours a day!

If he is FAT or even stout!

If he is exceptionally THIN!

If he is GROWING OLD!

Try to Hop and Skip

The child hops and skips in its play—often hops a third of its own height; and every movement is joy, because its body is not loaded down with wastes.

But YOU—you would hop and skip like a **LUMBER WAGON**, because you are loaded down with the *mineral wastes*, with *acid crystals* in between muscle cells, with *fatigue poisons* in nerve cells—exhausting and depriving you of joy of movement, and with *poisoned dead substances*, which makes mirth impossible.

And now I weigh 166 lbs., although I have made NO effort to reduce my weight, since using my **PURIFICATION WORK.**



Unretouched photo taken by Stein after 15 years of **BODILY PURIFICATION.**

A body IS **PURE** when waste poisons are cleaned out FROM BETWEEN cells of brain, nerve, muscle and organic tissues.

Living or Dying—Which?

Your MIND may have dwelt on "spiritual" thought for 30 years, so that your "thinking" is spiritual!

BUT your **BODY** is NOT spiritual, if you are **FAT**, or if you are **GROWING** old, or if you are exceedingly **THIN**, or if your body requires 7 hours of sleep every night to get rid of the waste poisons which your mode of living produces each day!

Very little time in sleep is needed for repairing the body; most of it is used to get rid of waste poisons created by the way you live.

IF your kitchen **COOK** were so dirty, that it took her 7 hours to clean up the dirt she produced by each 17 hours of work, you'd discharge her at once.

Yet YOU must lie **UNCONSCIOUS FOR 7 HOURS A DAY** to give your body a chance to get rid of the waste poisons which YOUR living creates during the other seventeen hours! I find no excuse for such lack of purification of body.

Purify mind and living, and also body!

LIVE, instead of dying day by day!

A Joyous Body or a Lumber Wagon?

There's a reason why YOU are as you are:

Mineral Deposits may accumulate in your body year by year, resulting in a "loaded body," with **STIFFENED MUSCLES**, and waste poisons may help to grow superfluous connective tissue, causing hardening arteries, and old age.

Acid crystals—sharp edged—may grind on each other, or cut like needles in knee joints and nerve tissues.

Fatigue poisons accumulate (impure wastes) so that you feel **TIRE**D DAY AND NIGHT.

And *Dead Substances* in considerable quantities—the left over of worn out cells may remain in the body, so that the you of you may feel **"HALF DEAD ALL THE TIME,"** for life cannot manifest freely through tissues loaded with *dead substances*.

The scientist, Carrel, has kept chicken heart tissue *alive for TEN YEARS AFTER the chicken died!* **HOW! Merely by keeping it clean of its waste impurities!** Many great scientists now assert that old age is merely **ACCUMULATED wastes** IN the tissues.

PURIFY your body! **BE TRIM**, not **FAT**!

Be filled with **ENERGY**, not **exhausted**!

Keep **YOUNG**, instead of growing old!

BODY PURIFICATION is a Course of 16 Lessons—another "Diamond" Course—as condensed in content and value as diamonds.

WHEN OFFERED: This Course will be offered in Nautilus but twice a year; register NOW, or wait six months!

REGISTRATION: Must be made by September 30th.

PURIFY YOUR BODY so that month by month, you may need less and **LESS SLEEP**, so that your body may tend to **LOSE FAT**, and so that it may tend to become **SO RESPONSIVE** that each movement will be a **JOY**.

FEES: The fee is \$10.70, payable at time of registration. Send fee to:

BROWN LANDONE, Box 6, Newton, New Jersey

(NO OTHER Nautilus Announcement of this Course FOR SIX MONTHS!)

Buy you saw it in NAUTILUS. See guarantee, page 5.



The Thoughts of God

By ELIZABETH VOSS



THE stars are tapers, yellow, bright,
Cupped in the hollow of God's hand;
The sun a splendid, glowing fire,
To make the earth a fruitful land;
The moon an orb of dazzling white,
To rule the tides, to flood the night
With glamor and with silver light.
Through time's vast caverns, hoar and dim,
These shine as golden thoughts of Him!



NAUTILUS MAGAZINE

Self-Help Through Self-Knowledge

MONTHLY
\$1.50 A Year

SEPTEMBER, 1929

Vol. XXXI
No. 11



EDITORIALS

by Elizabeth Towne

*"Build ye more stately mansions, oh, my soul,
As the swift seasons roll!
Leave thy low vaulted past!
Let each new temple nobler than the last,
Shut thee from heaven with a dome more vast,
Till thou at length art free,
Leaving thine outgrown shell by Life's unresting
sea."*

—Holmes' "The Chambered Nautilus."

Now! Altogether, Let Us Know Truth.

HERE is a new Healing Prayer for All of Us, to be used the first thing in the morning and the last thing at night, and whenever you happen to catch your mind flying the track of truth during the day—to be repeated twenty times, counting on your fingers or on a string with twenty knots in it:

I am God's perfect child living in His perfect world. I am loving and blessing everybody. Everybody is loving and blessing me. Every day, in every way, we all together grow healthier, wealthier, wiser and happier. In God is our trust.

▽ ▽ ▽

Civilizing.

"CIVILIZATION is impregnated by the coming and going of strangers."—*Walter Lippman.*

"Go ye into all the world and preach the gospel to every creature."—*Jesus.*

The International New Thought Alliance is organized and conducted to promote civilization by the coming and going of its teachers and healers into and through the communities of the world; each one carrying the

message of Jesus Christ in Each of Us and All of Us, to each other and to all the world.

Jesus Christ is the great CIVIL-I-zer: His commandment to "LOVE thy neighbor as thyself," and His Golden Rule are the innate nature of the CIVIL I—the meek and lowly I which "shall inherit the earth."

A world full of CIVIL I's is coming upon this earth. It is coming fast. And a world full of CIVIL I's will be the kingdom of heaven in full manifestation.

The business of All of Us is to promote the kingdom of heaven AT HAND, in All of Us, to All of Us, through All of Us to each other and to all the world.

▽ ▽ ▽

The Results Are God's Business, Not Ours.

THE whole object and purpose of our unfoldment is to grow a *faith in God* which keeps us at ease regardless of outer appearances. We could be just as poised in the midst of a problem as we are after the problem is solved, if we believed enough in GOD.

After all, if everything were *certain*, we would need no faith, would we? It is God's apparent isolation which puts fear in the hearts of those who do not know Him and it is this very thing which puts love, interest and faith in the hearts of those who know His Presence although they do not see Him.

From experience you certainly know that God has led you aright thus far in your business. A better opportunity will come to you and yours and as it does you will know why this proposition did not go through. Let the matter rest in your mind and *some*

EDITORIALS *by Elizabeth Towne*

day, probably when you least expect it, new plans will unfold themselves. So many wonderful things come to us in this indirect way.

Cultivate a wholesome attitude toward this man living next to you. Write or talk to him in a tactful way when the opportunity presents itself. If necessary, resort to your legal rights, but still do it with a friendly attitude. And do not take these things so seriously: take care of the matter and then drop it from your mind. *The results are God's business, not yours.* Do your part well and trust results to God.

Here is a Truth Treatment for you from my little tract, "On Taking Things To Heart," which fits this perfectly:

All things now work together for good and only good to All of Us, and I work Good Willingly with them.

Now, go on your way rejoicing, letting "patience have her perfect work." There is neither haste nor delay in God's mind. Everything happens (?) at the right time—as you do your part in faith believing.

▽ ▽ ▽

After the Fight is Over: A Meditation.

MY ORGANIZATION, like every other, has its politics, its political leaders who express opposite viewpoints and who must fight it out on the floor of the organization that every man may stop, look and listen, and then make up his own mind how to vote.

The politicians of my organization are the policy-makers. Duality expresses itself through All of Us as opposing viewpoints, with two opposing floor leaders each of whom "speaks with authority" on his side.

How can partisanship for one side be dissolved in UNIVERSAL TRUTH FOR BOTH SIDES, except by frank expression of the leaders' opinions on both sides?

And how can a partisan, vitally interested in his side, fail to become more or less intense while the battle of ideas is on?

Jesus of Nazareth stands out as the world's greatest policy-maker, or politician. But even Jesus railed at times, "Woe unto you Scribes and Pharisees, hypocrites." And He took a whip of thongs and drove the money-changers out of the temple because they did not follow His policies. He cursed the fig

tree because it had not borne figs—why did He not by blessing the fig tree make it bear figs for the next time? Even Jesus, who was prenatally as well as postnatally brought up in the knowledge of himself as one with the Father, and the expressor of the Father's power—even He showed indignation against those who practised or talked against His policies. And He said, "Resist not evil, but overcome evil with GOOD"—with good preaching and practice!

Then why should I hold it against my good friend who turned against me in the fight on the floor, and who said things that hurt?

And why should he hold hard thoughts or hard feelings against me because I was a little intense in my policy-making?

I might say "I am sorry" that we had to find ourselves on opposite sides of the fence.

But why should I or anybody be sorry? All things and all personalities *work together* for God, and His good to All of Us in our organization. Why regret anything? Why hold anything against my brother? We both used the word-tools that came to our hand, and the vote proved which one of us was right for that time and that place. Possibly next time the vote will go the other way, we having learned by experience.

We are both strong in our opinions and neither one of us is afraid to say what we think. Each of us speaks "as one having authority"—just as Jesus did.

So, what of it if we do differ? And what of it, if we do express ourselves once in a while in a rather heated manner? The things we might deplore belong on the human side, where All of Us occasionally "faw down and go boom."

But the REAL of All of Us is EQUAL IN DIVINITY. I prefer to know the divine, and let my sense of humor play on the human side. Not laughing *at* it, but *with* it.

So I say Our Prayer with a clean heart: Our Father who art in heaven (in All of Us) hallowed be Thy name; Thy kingdom is coming on earth, Thy will is being done in earth as it is in heaven *in All of Us*. Thou givest us this day our daily bread. Thou forgivest All of Us our human trespasses against the Grace of our Lord Jesus Christ

EDITORIALS by Elizabeth Towne

as we forgive those who trespass against us. We lead ourselves into temptation, through our limited human knowledge, and Thou in the hearts of All of Us art delivering us from the thought of evil against each other. Thou createst in us a clean heart and Thou renewest now thy right spirit within us. Thine is the kingdom in Each of Us and All of Us; Thine is the power in and through Each of Us and All of Us; Thine is the glory through Each of Us and All of Us. To each other and to all the world. Amen.

▽ ▽ ▽

*The 16th Annual Congress of the I. N. T. A.
Makes History.*

THE 16th Annual Congress of the International New Thought Alliance was held June 23rd to June 30th, 1929 in the Bellevue Stratford Hotel, Philadelphia. Beautiful settings for all the meetings, four sessions in the Grand Ballroom, and the other sessions in the beautiful Clover Room on the same floor. Two gorgeous, big, gold fringed flags and flowers galore. Fine music at every session. Beauty and service of the most generous kind at every turn. All arranged and carried out by Mrs. Kenton Warne, General Chairman of the Congress Committee and District President of the I. N. T. A. for Pennsylvania, together with the charming and devoted members of Angelus Temple, of which Mrs. Warne is the leader. Nothing left undone by the local people to make this the most nearly perfect Congress ever held by the I. N. T. A. The results of their work were as near 100 per cent as it is possible for human beings to achieve, so it seems to me.

The registration and attendance at the Congress from outside Philadelphia was about the same as at Cincinnati and at Indianapolis, so far as I could discover. Nearly all of them stayed through the eight days of the Congress, and the attendance of the local people kept up wonderfully to the very last session on Sunday night.

The attendance at the 9 A. M. Field Workers Forums, and the 10 o'clock business meetings were certainly very well attended and more interesting than ever, if I am any judge. And again the Alliance demonstrated itself

a democracy, with better understanding of its own business, and more courage and good will to proceed with it, than ever before.

All our democratic principles of government were again confirmed: Our principle of one year limitation of office for the president, and rotation of men and women through that office, was again upheld.

Mr. Lorenzo B. Elliott for many years a faithful worker in every Congress except the one at Los Angeles, was chosen in the Nominations Committee by a vote of eight to five. Mr. James A. Edgerton was chairman of this Committee, Mrs. Patricia Elliott was another appointed member. With these two the District Presidents served. Thirteen in all. The other members present at the nominations on Thursday morning being Dr. Hill, Mrs. Murrel Powell, Mrs. Towne, Mrs. Ida Mae Waters, Mrs. Eleanor Graham, Miss Eleanor Mel (appointed), Miss Edith Reynolds, Mrs. Jay Cook, Dr. Amelia Randall, and Mrs. Florence Willard Day of Washington. The five who voted in committee against nominating Mr. Elliott were reminded that they could bring in a minority report with a candidate of their own, or they could nominate anyone they wished by petition signed by five or more persons, as guaranteed in our Constitution. No one was willing to stand as a candidate against Mr. Elliott, after he had received eight votes out of thirteen.

As Mr. Elliott was unanimously nominated at the Cincinnati Congress for first vice-president, and then elected unanimously by the Cincinnati Congress for first vice-president, with the expressed purpose of putting him in line to become the candidate for president this year—after all these things had been

(Continued on page 42.)



Nervous Prostration Healed

By Marguerite Eldred Wright

BEFORE I opened the front door of Mrs. Ward's house I could hear her screaming in a terrible, high, strained voice. She had been in bed with nervous prostration for four months. Several specialists had attempted to help her, but with poor success. Everyone who knew her feared that she would lose her reason.

As I opened the bedroom door she threw out her arms in a pitiful gesture of fear and agony, and the screaming and moaning became worse. How was I to gain her attention, to help her when she was in such a frightened state? I closed my eyes and clasped my hands. It seemed that the room was suddenly filled with the rose aura of a Hidden Presence.

"Our Father, Who art in Heaven, hallowed be Thy Name, Thy kingdom come, Thy will be done on earth as it is in Heaven," I repeated in a firm, smooth voice. The screaming ceased abruptly.

Mrs. Ward was looking at me calmly, although her whole body trembled under the bedclothes. I attempted no affirmation but remained quietly standing by the window, looking her steadily in the face. My thoughts ran something like this:

"Here you are, O God, in the same power and with the same nature as that of the healthy child I passed in the street on my way here. You are present in this woman in abundant health and in a soft, flowing, radiant peace. Peace makes her to sleep, and sleep. . . . and sleep. . . ."

Over and over I repeated the thought of sleep, until I heard a faint sigh of relaxation. Then I crept from the room. No words had passed between us.

This was the only treatment I used until the patient was able to sit up.

Then I struck at the heart of her trouble by attempting to do away with the hidden cause which had menaced her life through disease. It had always seemed to me that the sole reason why people worked themselves into a nervous prostration was because they were AFRAID TO FACE SOME CONDITION. Mrs. Ward seemed to have every-

thing to be happy over; a fine home, a good husband, well-fixed financially, and two lovely children. WHAT WAS SHE AFRAID OF?

I decided to question her husband. In the course of our conversation he confided to me that he had invested all his money in a stock which had been of doubtful value and which had only recently become a sound investment. He spoke of his business acumen with some pride.

"Did your wife approve of your investment?" I asked.

"Heavens, no! She fought me incessantly on it all the time, and after I had actually bought the bonds she refused to speak to me or even to treat me with ordinary friendliness. Things have never been the same with us." He glanced wistfully in the direction of his wife's room.

"Then your wife has never realized that your investment turned out all right and that you are richer instead of poorer, as she had expected?"

"The affair didn't materialize until after she was taken sick and then of course I didn't want to bother her with financial affairs. Why do you think all this is so important?"

"Because I am sure it is the cause of your wife's illness," I replied gravely.

"The cause," he exclaimed wonderingly.

"Surely. At the root of every disease, no matter what its nature, lies a dynamic idea. Your wife's dynamic idea was that you were going to lose your money in speculation. She thought about it so much that it became a fear-obsession. Gradually she found herself unable to control the thoughts she had fostered. When the time came that she could no longer force her mind to face the situation, she began to suffer from what has been termed nervous prostration. The thing to do, now that we have discovered the cause of the trouble, is to remove it at once and for all time. Go in and very gently tell your wife that your investments are quite all right, and make her a promise that you will never speculate again. After all, speculation is contrary to the law of compensation. It is better to give before getting, in order that

you may safely hold what you have. Or, if you must speculate, why not give your wife her half of the money and speculate with your own?" I sat back and looked at him.

He hesitated scarcely a minute. "You're right. I've often regretted doing this because of the trouble it caused between my wife and me. I'll go in now and see her." He rose and hurried out.

About two months later Mrs. Ward walked

(Read, "God's Healing Law Brought Relief From Arthritis" in October Nautilus.)

into my study. Her cheeks were delicately pink with health and her step was buoyant.

"I want to learn how to think right, and so does my husband. We owe our happiness to you and we'll do anything you say," she began eagerly.

"Well, then," I said, "read this from cover to cover every month."

And I handed her a copy of *Nautilus*!

Emotion Will Make Your Affirmations Register in Your Subconscious Mind

By Godin V. Greene

"The Subconscious Mind is Like a Bridge Connecting the Individual with the Infinite"

"Nothing was ever achieved without enthusiasm."—EMERSON.

TO SAY that the subconscious mind is in thought amenable to suggestion, is putting it mildly. It is so sensitive that the slightest change in thought is quickly registered. It is more sensitive than the most delicate machine man has ever made.

Certain periods for the use of affirmations and meditations, such as the first thing in the morning and the last thing at night, are excellent to promote one's spiritual growth. However, I know persons who are using constructive affirmations regularly and yet receive very few material demonstrations in return. But there is (as always) a reason. Twice a day they have in their minds purely constructive thoughts, for periods of from fifteen minutes to an hour. After the periods for meditation have passed, they go about their business with the feeling that they have done their part and if it doesn't produce results, the fault lies in the affirmation or the instruction, but not with them.

The fact of the matter is, from the time one arises until the time one retires, hundreds of minutes pass, each one filled with thought. Generally this thought (of course subtracting the periods spent in purely constructive

thought) is a mixture of both constructive and destructive, positive and negative.

The cases that I have in mind, persons whose meditations made no change in material conditions, were spending hours between their concentration periods, stirring the ether with a mixture of thoughts, the greater percentage of which were negative. Naturally negative neutralizes positive, and then adding more negative creates conditions not at all in line with the constructive ideas dwelt upon during the meditations.

The Thing That Really Produces Results.

I do not mean that one should go about with the words of an affirmation running through his mind continually. That would not change material conditions either. The thing that will really produce results is much easier than that. After devoting a certain time to thought, visualizing and the use of an appropriate affirmation, between the times you set aside for that purpose forget the words of the affirmation, but hold on to the **FEELING** that the affirmation produced.

If you put feeling into your affirmations you always get a reciprocal feeling in return. A sensation that causes you to **KNOW** the truth of your words. Don't let that feeling go! Hold on to it all day if possible, and it

will bring your percentage of negative thoughts down to a minimum, because it will change your mental attitude and it is your most *habitual* thoughts that reach your subconscious mind.

Check Up On Your Own Thoughts.

It is also greatly beneficial and not at all difficult, to fall into the habit of taking note of your tendency of thought every hour or so. Negative thoughts are so greatly a habit with the majority of us, due to old schools of thought, that we do not realize how easily they slip in. Acquiring the habit of checking up on the direction of our thought is an excellent thing.

If you notice that the trend of thought is constructive, express gratitude that you are growing in wisdom and understanding. If your thought is going in a negative direction, repeat your affirmation, putting feeling into it, until you can FEEL the truth of what you are affirming. Then let go of the affirmation for the time being but hold on to the feeling it produced.

Undesirable Conditions Will Change.

The ease and naturalness by which undesirable conditions will change into desirable ones, you will find a pleasant surprise. I have never experienced anything that made for more joy than to have longed for conditions, or things, materialize suddenly, easily and naturally, yet frequently in ways I had not anticipated.

This affirmation you will find very helpful, if you will get into the feeling of it:

"The spirit of intelligent Life in me gives me everything for my advancement."

"Be ye transformed by the renewing of your mind."—And by recharging yourself with new feeling—living in the vibrations of that which you desire—whether it be health or success.

(Be sure to read "Controlling the Subconscious Mind For Healing Through the Use of Imagination" in the next number of Nautilus.)

The subconscious mind compares favorably to a bridge, connecting the individual with the infinite, the microcosm with the macrocosm. In other words a bridge by which you are constantly connected with limitless supply, limitless understanding and wisdom, limitless love and health.

As T. Troward of India says in "The Edinburgh Lectures," "We want to effect a junction between the two extremes of the scales of Nature, the innermost creative spirit and a particular external form. Between the two is a gulf, and the question is how is it to be bridged over."

Using The Subconscious Mind Intelligently.

The answer is, by intelligent use of the subconscious mind.

A lady, whom we'll call Mrs. Robins, furnishes an excellent example. She received a telegram from her sister in the East, to the effect that she (the sister) was coming West for a visit, in about a month.

Mrs. Robins began to desire a small car to take her sister sight-seeing in and her desire centered on one of the new Fords. So she visualized a new Ford in all its detail. She saw herself and her sister in ACTION riding in the car. She FELT the action of riding in the car, turning corners, putting on the brakes, etc. And she *held on* to that feeling.

She told no one about her desire, not even her own husband. Yet after three weeks, her husband made her a present of a new Ford, the exact model of her mental moving picture.

Perfectly natural and at the same time perfectly wonderful.

To quote Genevieve Behrend, T. Troward's only personal pupil, "The words you use, the thoughts you think, the feelings you indulge in, are the instruments through which the creative energy takes shape."

TO HAVE but not to hold,
To bless with all my store;
Thus will my riches ever grow
And increase more and more.

—GRACE A. THOMPSON.

What I Did When "The Other Woman" Came Into Our Married Life

By E. L.

"One is Always Greater than His Problems"

I AM writing this to the woman who has found herself confronted with the other woman; to the woman who is heartsick; to the woman who feels that the worth while things in life have somehow slipped away from her.

I am writing because I once found myself in just such a position. I have come up through, and I have a great desire to help some other woman see and realize that this terrible experience is the greatest opportunity for growth that could possibly come to her; to help her feel very grateful and humble to the all-ruling Spirit for having that much confidence in her, since nothing comes to one greater than he can bear. One is always greater than his problems.

When the other woman came into my life I was not so young in years, but I was young in experience, and it came as a thunderclap out of a blue sky. Moreover, I was of that timid, self-effacing type who worshipped her husband. One who thought that he was so much better and wiser than herself, that she always deferred to his opinions and wishes, even though the thing under consideration was in her own special domain. In fact, I had allowed my personality to be swallowed up in his; thus my own individuality was submerged. In trying to conform to his ideas of taste, I neither pleased him nor myself, and I became a sort of nondescript.

I do not blame him now, as I get the perspective of years, for being attracted to a beautiful, stylish woman in distress. Neither do I blame myself, wholly, for this situation, for I was living up to the ideals I had in my heart at that time. I desired to be a good wife, and, because I was sincere in this desire, I am very sure this opportunity for growth came to me, a blessing of the purest water, even though it was disguised as a very sore trial at that time.

My husband was never secretive about the affair, but always open and above board in

"The affirmation also transformed my relations to all other people. I began to notice a change in the actions of others toward me. Even perfect strangers would put themselves out to be kind—elevator boys, clerks in the stores, even strangers on the streets and in the street cars. Why was this? Because in allowing God to express through me, I was somehow expressing Divine Love to all whom I met, and the Divine which is in everyone reacted to the Divine in me which was also reaching out. This is one of the most wonderful things I have ever experienced."

everything that he did, because he was also living up to an ideal, and, he felt that he had nothing to hide. That he was misunderstood by neighbors and friends, and even by friend wife, he could not help, and he did not care.

Now, after years, I admire him for his stand. I admire that sterling quality of courage which he displayed in doing that which he felt was right, even in the face of severe criticism.

That his idea of manhood in this respect was mistaken, and that he was taken in by a scheming and unscrupulous woman seems to be too bad. And yet, it made a bigger and better man of him, as well as a bigger and better woman of me, his wife.

Whether the experience was of any value to the other woman I have no way of knowing, for at the present she has completely passed out of my life.

When brought face to face with this woman, I too was captivated by her beauty and grace, and I greatly admired her, even though this admiration may have been tinged with a bit of envy and jealousy. When told her story by my sympathetic husband, my sympathies too were enlisted in her favor, and I wished to do all in my power to aid her.

As a wife, I had always wished to be fair

and just to my husband. I honestly felt that he had a perfect right to have friends of the opposite sex; that it was his own inherent privilege and right to befriend this particular woman, even though, I, the wife, was overshadowed by her more aggressive personality and her more perfect form and face.

So I tried honestly to be friendly. I would have aided her too if she would have allowed, but she acted—I use the word acted because I do not want in the least little way to be unjust to her—so I say, she acted as if she wanted nothing of me but to lend an air of respectability to the whole affair. I entertained her in my home whenever she would accept, which at first was quite often. Yet so many times my most sincere efforts were misunderstood, or misconstrued.

Once I invited her to dine with us and meet two soldier boys whom I was entertaining at dinner. She did not give me a definite answer. So on this Sunday when my husband came in just before dinner was served, having come from her home, I said to him,

“Is not Mrs. A—coming?”

He in a very brusque tone answered, “No. She’s sick.”

I said, “Oh, I’m sorry! I’ll send her some dinner. Will you take it to her?”

He answered, “No. She wouldn’t eat it if I did.”

Then he added in a rather nasty tone of voice: “Why did you ask her to come here today? You know you didn’t want her.”

I was so hurt and surprised I could only stammer out an incoherent reply.

Do not think that I am trying to imply that I was an angel. I assure you that I was not. I made so many mistakes. At times I nagged; at others I pled and wept, making myself a regular nuisance both to him and myself.

At one time when I was weeping I said to him, “If you will only tell me that you love me everything will be all right, and I will trust you no matter what happens.”

Right here my husband displayed another sterling quality—inherent honesty. He did not lie to me at this time, nor did he lie to me at any subsequent time. This was his answer; I think almost his exact words, for the words burned themselves on the tablets of my memory. He said, “I do not love you now, and I have not loved you for ten years. Mrs. A—reminds me of my first wife; she is the same type and personality and to be with

her brings back all the happy times of the past. You are just as good as either of them, but you are different.”

Oh! the heart stab of those words. I thought it was my death blow, that I should never recover; but one does not die so easily.

Of course, I naturally supposed that he would want his freedom, and I told him I would give him a divorce, but he scoffed at this. To me it did not seem right for us to live together, and yet, to stay seemed the only thing for me to do. But I grew weaker and weaker, I hardly had the strength to attend to my duties.

I felt that I had no one to whom I could tell my story and ask advice. God was my only stay, and so to God I went in prayer.

I am going to say this for myself, and I am sure it was just this that saved me. I always *wanted* to do the right thing; I *wanted* to do whatever God wanted me to do; I *wanted* to see things from my husband’s standpoint, and I wanted to be fair to the other woman. I wanted, above all else, to be fair to my two boys. But the hard thing in my befuddled state of mind was to *know* what God really wanted me to do. But because in my heart the desire was sincere to do the best for all, God did give me light.

One day when it seemed that I could not go on, there came such a—well, I can hardly describe it—but my whole being was filled with a flood of strength and courage, and I felt within myself that there was something for me to do, that this was an opportunity to show my true worth. And, I had also the assurance of strength and guidance within my own being to carry on.

There was an awakening to my own inner ability, and I felt that if I would only listen to the still small voice I would be led. I realized that I must quiet the tumult of my soul, at least a few minutes at a time, in order to hear the still small voice.

When I did get quiet and began to think things out clearly, I began to see that self-pity must be cast aside. Self-pity is one of the most pernicious things one can indulge in. I began to see that my husband was not to blame for losing his love for me. He did not deliberately say to himself, “Now I am going to stop loving this woman and give my love to this other woman,” nothing of the sort. It was only through something, or lack of something in my own self, that caused his love to wander. That I was innocent of offense did not help matters any. I felt that

he was to be pitied as much as myself. It, no doubt, distressed him quite as much as it did me.

After getting this worked out in my mind things did go much better. Outwardly, things did not change. My husband kept on in the way he had chosen—but I found I could be happy. I found that happiness did not depend upon externals, that it was within myself. Any unhappiness or discontent was also within myself; so when blue spells came, as they did often, for it is a long road (perfection does not come at a single bound) I would have a mental housecleaning and put myself through a rigid self-examination.

Then, as the saying is, I began to “perk up.” I had always had a great amount of pride and I dressed just as well as I could on the allowance I had, but I did not have a great deal. I needed more money and I seemed not to have the courage to ask my husband for more. But finally I grabbed my courage with both hands and had a heart to heart talk with my husband. He saw the justice in what I had told him and he doubled my allowance.

I then hied me forth on a shopping tour, and, what is more, invited our lady friend to go with me. Perhaps you cannot quite understand why I would do this, but I had my reasons. I appreciated that she had good taste, and even if it were no better than my own, my husband thought it was, and if she had a say in the things I chose, he would be more pleased. However, it did not suggest itself to me to try and vamp my own husband, but I did wish for my own sake to appear to a little better advantage.

After the transformation of a few good clothes, a becoming hair dress, a touch of rouge and powder, I was rewarded by this from my husband, “You are just as beautiful as Mrs. A—.” Did I appreciate the compliment? I hardly know. I do know I was just about as angry as I ever was in my life, and if I had had something in my hand, I verily believe I would have thrown it at him. But I merely said, “I thank you.”

Things ran along quite smoothly, until something happened that I could not condone, so I rebelled. I told my husband that I did not intend to be a doormat for any one, and that I did not consider her a proper woman for me to associate with. I told him that I was not dictating to him, that it was his privilege to do what he wished, but that it was also my privilege to refuse to see her

again. I have never seen her since, but my husband continued his attentions to her.

This action of mine had rather a peculiar effect upon me. While I felt that my stand was justified, and that I was wholly right in refusing to be stepped upon—and I still think I was right, for subsequent events have shown that I read the lady aright, that she was only an adventuress—yet, I could hardly see how my action was consistent with the idea of love that I had.

I felt that the teaching of Jesus, “Love your enemies,” was the right teaching and I wished to follow this teaching. I could hardly decide just what this would involve. I surely felt that Love was the fulfilling of the law, and that Love would wipe out all bitterness and resentment. It looked as if I had failed. It looked as if I had not loved enough—and I couldn’t quite see how I was going to accomplish this love, for, to tell the truth, I did not feel very much love for her at this time; in fact I felt rather resentful toward my husband, as well. I could not say to myself arbitrarily: “Love this woman!” and immediately hate would be replaced by love. Something else had to be done, and it seemed to me that I never could forgive her.

This bothered me. But again light came to me. This is what came, just as if a voice were speaking to me, I did not hear a voice, but the words were vivid in my consciousness: “God loves this woman even if you do not. She is just as precious to Him as you. Why not, then, allow God to love her through you?” This was an entirely new thought. I was not to make an effort to love, but just be quiet and let God do the loving and let myself be the channel through which God’s Love would flow to her. Really the thought was so big it almost overwhelmed me, but it was also attractive and I wondered how I could let myself be a channel for God’s Love to flow through.

It took sometime for me to reduce this thought to a working basis, but at last I formulated this statement which I repeated many times during the day. I would say, “God is now expressing His love and forgiveness for Mrs. A— and my husband through me.” For a long time I could not see that it did any good; I was just as resentful as ever. But because I persisted it showed that I was really in earnest. Finally, I don’t remember how long it took, but I can truthfully say that all resentment and hate passed away, and my heart was filled with peace and good

will. I really only wished good for every one—I really desired the happiness of this woman and my husband even though it should take my husband from me. I had no fear. I *knew* that God would take care of me. That was the law. If I followed the law of love nothing but good could come to me, no matter in what form it came.

The affirmation also transformed my relations to all other people. I began to notice a change in the actions of others toward me. Even perfect strangers would put themselves out to be kind—elevator boys, clerks in the stores, even strangers on the streets and in the street cars. Why was this? Because in allowing God to express through me, I was somehow expressing Divine Love to all whom I met, and the Divine which is in every one reacted to the Divine in me which was also reaching out. This is one of the most wonderful things I have ever experienced.

Even though I had this changed feeling toward Mrs. A—I had the inner feeling also that it was not necessary for me to make an associate of her. I did not have to be a doormat. Jesus, himself never debased himself, and he did not teach it.

Neither was I in a continuous state of peace and good will, for as I said before, it is a long road, and there were times when I thought that I could not stand it, and that it was not worth the struggle. There were times that I railed at my husband, scolded, made sarcastic remarks, wept and wailed, and acted like a common shrew. But I found that this only

made matters worse. It made everyone unhappy, myself most of all.

Sometimes it looked as if I were so far down in the depths that I would never get on the heights again. But I always came back, and as time went on, the times spent on the mountain top were longer and the drops into the depths were shorter and less frequent.

Thus things continued for three years. Then one Christmas day, when my husband came from her home just as I was about to serve dinner, he came to me, put his arms around me and said, "Well, I've seen enough. *I'm through!* I shall spend my time hereafter with you." How my heart did sing. I said to myself, "I just knew God would answer my prayer."

Now, I'm not trying to tell you that just because you pray things will always adjust themselves just as you think they ought. But I am trying to tell you that if you keep your heart right, if you are unselfish in your attitude, that no matter what happens it is *good*. It might mean that your husband would forsake you for the other woman, even though you wanted him ever so badly for yourself; but if this did happen, and you had sincerely lived up to the best you knew, you would know that both of you would be better off.

Remember this: You cannot be hurt by anyone, no matter how scheming or unscrupulous this one might seem to be.

Take heart! God is the ruler of His world, you are His child and *all is good*.

(*"How to Acquire Personality"*—coming in October Nautilus.)

How Truth Frees You

By Vivian May Williams

This is Number 3 in the Series of Healing Lessons, "The Truth You Want to Know"

THE question that is asked me more frequently than any other is, "What is evil, and what is its origin?" In order to answer such questions, intelligently, we have to reason from a scientific basis.

To begin with, we all admit God to be the only power, and that power to be infinite

good. "In the beginning was the Word, and the Word was with God, and the Word was God." (John 1:1) Let us examine this statement from the basis of absolute truth.

A word is an audible expression of thought. One cannot express thoughts or words without Mind, so we take it to mean that "in the

beginning the Word" or right thought, was the primal power. The next statement is "And the Word was with God." In other words, the "Word" or right thoughts are in Mind, or with God. "And the Word was God," means that right thoughts and Mind (God) are one and the same.

"The same was in the beginning with God"—in other words, Mind and right thinking have eternally coexisted. "All things were made by Him"—means that everything that God, the good, true Word or thought created is permanent, indestructible, the truth.

"And without Him was not anything made that was made"—this latter statement is the solution to the question "What is evil?"

Good Is The Only Reality.

Evil claims to have existence, to have as great a power as good but everything that was not created by God NEVER WAS CREATED — therefore is nothing. Then where does evil get its origin? Since God is the source of all, and that all is good, then evil has no origin. A thing to have an origin must have permanence, reality. The very fact that evil disappears in the light of truth, proves its non-reality. Evil has but a SEEMING existence, but when you understand its nothingness, the illusion disappears, and you demonstrate the allness of God, good.

In our present state of consciousness, many things have the semblance of being real but which are, according to Truth, merely the manifestation of erring, illusory thoughts. These erring thoughts were not made by "Him," consequently they are not real. John evidently knew that evil thoughts, as well as right thoughts, were objectified, and he differentiated between the two by saying the "Word (right thought) was God," and anything that He did not make was never made. If a thing "was never made" it has no life or existence, hence is nothing at all.

Now if evil is "nothing," why struggle to release yourselves from nothing? Jesus spoke of evil as a "murderer from the beginning and no truth in him," therefore evil of every nature, even though it is plainly visible to the senses, is never real and at best is but a false sense.

Right thought (Word) was never created—it always existed with God. Evil, being a false belief in the absence of good, is dependent upon good for its existence, hence it had a beginning and must end.

Life is Light.

"And the life was the light of men." Right thinking, or our consciousness of God, is our life or mental light. Light is understanding or spiritual consciousness.

"The light shineth in darkness," means that even though we are in mental darkness or ignorance, the light or truth is ever shining in consciousness, and a recognition of this truth is man's sure deliverance from the false conception of evil.

At one time there was a belief that the earth was flat, and the mediaeval church burned those who denied the so-called fact. Who created the flat earth? It never existed, for a thing to have existence must have permanence, and having permanence it has reality and is indestructible. It was proved to be an illusion—a lie about the round earth, when Columbus sailed around it. Was the flat changed into a round earth by Columbus' discovery? No, because the flat earth never existed in reality—it was but a false concept in the mind of man. When the truth about the earth being a sphere was revealed, the flat earth, or lie, disappeared. So a belief in a material world with all its misery is as much an illusion as the flat earth. As you learn the truth about yourself the lie or illusion is dispelled and you catch a glimpse of heaven here and now.

Evil is only a temporary false sense, and when you know the truth about it, it disappears even to the finite human senses.

As far as you are concerned, your thought of a thing is all there is of the thing. What we do is form concepts of and about the things we see around us, and our concepts are not always true. "Now we see through a glass darkly."

Many believe that evil conditions strengthen them and that God intends them to suffer in order to gain good. This is absolutely false for it is equivalent to saying God knows evil. Good and evil cannot mix any more than oil and water. Such beliefs place man in bondage to material laws. Your divine heritage is good first, last and always, and if you experience an evil condition, whether it is physical, financial, domestic or otherwise, it is due to ignorance of the laws of right thinking.

How Truth Will Free You.

It will be seen, therefore, that what we want for freedom is knowledge of Truth, an understanding of God.

"How am I to handle evil conditions?" Since evil is darkness, ignorance, illusion, nothingness, there is no way to destroy "NOTHING" except by knowing its nothingness. The student usually admits evil as something, and then sets to work to destroy "SOMETHING" which he declares is nothing, thus carrying on a war in his own consciousness.

Jesus said, "I came not to destroy but to fulfil." Denials tear down — they attempt to destroy. Insight is fulfilment for it looks through evil conditions into reality. When one looks through to reality, he does not attempt to destroy the evil he admits is present, but he denies that it has any reality of its own, any permanent existence, since God (Good) fills all space. Evil is present only as an illusion, in human consciousness. Just as a shadow creates the illusion that the sun is not shining.

If it were not for the false sense that mortals entertain, instruction would not be necessary. The false sense needs to be educated. As one loses the false sense of limitation, the perfection which always was established becomes visible to the senses.

The Illusion of Evil.

This illusion of evil can well be illustrated by the sleeping dream. One great metaphysician has said: "The history of error is a dream—narrative. The dream has no reality, no intelligence, no mind; therefore the dreamer and the dream are one, for neither is true nor real."

In your sleeping dream, you may take on the characteristics of another person, or you may dream that you are away from home and in great trouble. Although your mind experiences this dream you are still but one person,—the man in bed. The person away from home and in trouble was an imaginary man in your own mind. When you awoke he only SEEMED to disappear for he really was not there. The only existence he had was in your dream state.

Your waking experience is in identically the

same dream state. Although you are a spiritual being in heaven, governed and controlled by God, you are believing you are a material man in a material world liable to sin, disease and death. Struggling to free yourself from evil through cut and dried methods and systems of thought is equivalent to trying to free yourself from some condition in your dream when you are really not in it.

How To Stop The Seeming Dream of Evil.

If you could be conscious of the fact that you were only dreaming when you were experiencing an unpleasant dream, all you would have to do to end the experience would be to become conscious of the truth about yourself, that is, that the dream was taking place in your own mind, and your dream would cease.

This same applies to our waking state. In order to stop this seeming dream of evil, one must continually tell himself he is a spiritual being, governed and controlled only by God, right here and now. One awakens himself out of the false sense of evil by understanding that he is in the world of reality now. This is Absolute Truth—"the truth that makes you free."

A dream could not exist without someone to dream it. The material world, with all of its evil beliefs, will cease to exist when man ceases to believe evil is real. Disease is a false belief about health. Poverty is a false belief in the absence of wealth. Destroy the beliefs and you experience the omnipresence of health and wealth. Darkness is not real—it is but the absence of light. When the light enters the room the darkness does not leave. You do not have to destroy evil—the illusion disappears when you realize the truth about God and man.

"Before they call I will answer." Before you call for health, wealth, and success you are answered for the finished kingdom is at hand. In the midst of the greatest problem is your answer—God's omnipresence; understanding, perception and vision are man's only redemption.

("Healing Treatment by True Prayer" is the subject of the next Lesson by Mrs. Williams.)

NOT I, not any one else can travel that road
for you,

You must travel it for yourself.

—WALT WHITMAN.

This is the Way to Give Yourself a Good Memory

By William Walker Atkinson

This is the Third of a Series of Five Lessons Reprinted from "Your Mind and How to Use It."

PSYCHOLOGISTS class as "representative mental processes" those known as memory and imagination, respectively. The term "representation" is used in psychology to indicate the processes of re-presentation or presenting again to consciousness that which has formerly been presented to it but which afterward passed from its field.

Memory is the primary representative faculty or power of the mind. Imagination depends upon memory for its material, as we shall see when we consider that faculty. Every mental process which involves the remembrance, recollection, or representation of a sensation, perception, mental image, thought, or idea previously experienced must depend upon memory for its material. Memory is the great storehouse of the mind in which are placed the records of previous mental experiences. It is a part of the great subconscious field of mental activity, and the greater part of its work is performed below the plane of consciousness. It is only when its results are passed into the field of consciousness that we are aware of its existence. We know memory only by its works. Of its nature we know but little, although certain of its principal laws and principles have been discovered.

It was formerly customary to class memory with the various faculties of the mind, but later psychology no longer so considers it. Memory is now regarded as a power of the general mind, manifesting in connection with every faculty of the mind. It is now regarded as belonging to the great subconscious field of mentation, and its explanation must be sought there. It is utterly unexplainable otherwise.

Memory Affects Your Whole Life.

The importance of memory cannot be overestimated. Not only does a man's character

and education depend chiefly upon it, but his very mental being is bound up with it. If there were no memory, man would never progress mentally beyond the mental state of the new-born babe. He would never be able to profit by experience. He would never be able to form clear perceptions. He would never be able to reason or form judgments. The processes of thought depend for material upon the memory of past experiences; this material lacking, there can be no thought.

Memory has two important general functions, viz.: (1) The *retention* of impressions and experiences; and (2) the *reproduction* of the impressions and experiences so retained.

It was formerly held that the memory retained only a portion of the impressions and experiences originally noted by it. But the present theory is that it retains every impression and experience which is noted by it. It is true that many of these impressions are never reproduced in consciousness, but experiments tend to prove, nevertheless, that the records are still in the memory and that appropriate and sufficiently strong stimuli will bring them into the field of consciousness. The phenomena of somnambulism, dreams, hysteria, delirium, approach of death, etc., show that the subconscious mind has an immense accumulation of apparently forgotten facts, which unusual stimuli will serve to recall.

The Ability to Recollect.

The power of the memory to reproduce the retained impressions and experiences is variously called remembrance, recollection, or memory. This power varies materially in various individuals, but it is an axiom of psychology that the memory of any person may be developed and trained by practice. The ability to recall depends to a great extent upon the clearness and depth of the original im-

pression, which in turn depends upon the degree of attention given to it at the time of its occurrence. Recollection is also greatly aided by the law of association, or the principle whereby one mental fact is linked to another. The more facts to which a given fact is linked, the greater the ease by which it is recalled or remembered. Recollection is also greatly assisted by use and exercise. Like the fingers, the memory cells of the brain become expert and efficient by use and exercise, or stiff and inefficient by lack of the same.

In addition to the phases of retention and reproduction, there are two important phases of memory, viz.: (3) Recognition of the reproduced impression or experience; and (4) localization of the impression, or its reference to a more or less definite time and place.

The recognition of the recalled impression is quite important. It is not enough that the impression be retained and recalled. If we are not able to recognize the recalled impression as having been experienced before, the recollection will be of but little use to us in our thought processes; the purposes of thought demand that we shall be able to identify the recalled impression with the original one. Recognition is really re-cognition—re-knowing. Recognition is akin to perception. The mind becomes conscious of the recalled impression just as it becomes conscious of the sensation. It then recognizes the relation of the recalled impression to the original one just as it realizes the relation of the sensation to its object.

The localization of the recalled and recognized impression is also important. Even if we recognize the recalled impression, it will be of comparatively little use to us unless we are able to locate it as having happened yesterday, last week, last month, last year, ten years ago, or at some time in the past; and as having happened in our office, house, or in such-and-such a place in the street, or in some distant place. Without the power of localization we should be unable to connect and associate the remembered facts with the time, place, and persons with which it should be placed to be of use and value to us in our thought processes.

Retention.

The retention of a mental impression in the memory depends very materially upon the clearness and depth of the original impression. And this clearness and depth, as we have previously stated, depend upon the degree of attention bestowed upon the origi-

nal impression. Attention, then, is the important factor in the forming and recording of impressions. The rule is: *Slight attention, faint record; marked attention, clear and deep record.* To fix this fact in the mind, the student may think of the retentive and reproductive phases of memory as a phonographic record. The receiving diaphragm of the phonograph represents the sense organs, and the recording needle represents the *attention*. The needle makes the record on the cylinder deep or faint according to the condition of the needle. A loud sound may be recorded but faintly, if the needle is not properly adjusted. And, further, it must be remembered that the strength of the reproduction depends almost entirely upon the clearness and depth of the original impression on the cylinder; as is the record, so is the reproduction. It will be well for the student to carry this symbol of the phonograph in his mind; it will aid him in developing his powers of memory.

In this connection we should remember that attention depends largely upon interest. Therefore we would naturally expect to find that we remember interesting things far more readily than those which lack interest. This supposition is borne out in actual experience. This accounts for the fact that every one remembers a certain class of things better than he does others. One remembers faces, another dates, another spoken conversation, another written words, and so on. It will be found, as a rule, that each person is interested in the class of things which he most easily remembers. The artist easily remembers faces and details of faces, or scenery and details thereof. The musician easily recalls passages or bars of music, often of a most complicated nature. The speculator easily recalls the quotations of his favorite stocks. The racing man recalls without difficulty the "odds" posted on a certain horse on a certain day, or the details of a race which was run many years ago. The moral is: *Arouse and induce an interest in the things which you wish to remember.* This interest may be aroused by studying the things in question, as we have suggested in a preceding chapter.

Visualization in Memory.

Many of the best authorities hold that original impressions may be made clear and deep, and the process of reproduction accordingly rendered more efficient, by the practice

of *visualizing* the thing to be remembered. By *visualizing* is meant the formation of a *mental image* of the thing in the imagination. If you wish to remember the appearance of anything, look at it closely, with attention, and then turning away from it endeavor to reproduce its appearance as a mental picture in the mind. If this is done, a particularly clear impression will be made in the memory, and when you recall the thing you will find that you will also recall the clear mental image of it. Of course the greater the number of details observed and included in the original mental image, the greater the remembered detail.

Perception in Memory.

Not only is attention necessary in forming clear memory records, but careful perception is also important. Without clear perception there is a lack of detail in the retained record, and the element of association is lacking. It is not enough to merely remember the thing itself; we should also remember *what* it is, and all about it. The practice of the methods of developing perception, given in a preceding lesson, will tend to develop and train the retentive, reproductive, recognitive, and locative powers of the memory. The rule is: *The greater the degree of perception accorded a thing, the greater the detail of the retained impression, and the greater the ease of the recollection.*

(Mr. Atkinson's instruction on "Memory" will be continued in NOVEMBER Nautilus.)

Understanding and Memory.

Another important point in acquiring impressions in memory is this: *That the better the understanding of the subject or object, the clearer the impressions regarding it, and the clearer the recollection of it.* This fact is proved by experiment and experience. A subject which will be remembered only with difficulty under ordinary circumstances will be easily remembered if it is fully explained to the person, and accompanied by a few familiar illustrations or examples. It is very difficult to remember a meaningless string of words, while a sentence which conveys a clear meaning may be memorized easily. If we understand *what a thing is for*, its uses and employment, we remember it far more easily than if we lack this understanding. Elbringhaus, who conducted a number of experiments along this line, reports that he could memorize a stanza of poetry in about one-tenth the time required to memorize the same amount of nonsense syllables. Gordy states that he once asked a capable student of the Johns Hopkins University to give him an account of a lecture to which he had just listened. "I cannot do it," replied the student; "it was not logical." The rule is: *The more one knows about a certain thing, the more easily is that thing remembered.* This is a point worth noting.

Condemned to a Wheel Chair for Life I Found My Healing in Truth

By G. A. F.

The Discovery of a 20 Year Repression Started the Writer on the Road to Health.
(This Article was Awarded the \$25 Prize Offered in March Nautilus.)

"WITHIN each one lies the cause of whatever comes to him. Each has it in his own hands to determine what comes. Like produces like the universe through. Every negative thought breeds others, and each of these goes on and on, ever reproduc-

ing itself until our world is peopled with their offspring."

No one knows the truth of the above statement better than I do. Nearly three years ago my "world" was peopled with fear, worry, bitterness and all sorts of limitations

which brought on a severe illness in which the liver and gall bladder were involved. After getting better of this, a severe nervous trouble set in. This was a serious disorder of the nerves, but not what is ordinarily called nervousness. I suffered excruciating pains in the feet and legs, hands and arms. Joints in the feet and ankles and knees, also hands, were stiff and swollen. I suffered terribly with the involuntary drawing and pulling of cords, especially in the feet and hands. Couldn't stand on my feet as the legs were drawn and I had to be lifted in and out of bed like a child.

We consulted with doctors and they said I would never be able to walk again, as the nerves were dead from the knees down. They ascribed the cause to some poison left in the system through a disease like diphtheria or scarlet fever. As a matter of fact I had never had any of the diseases they mentioned. They said they couldn't understand my case, that I was a puzzle to them. They also said there was no known drug that could help me.

Well, this was not encouraging to think I must function from a wheel chair the rest of my life. When the doctors said they could find no cause of my illness I began to think there must be some repression that was causing the trouble. So I earnestly prayed God would help me find it. And one day, some months later, as I was thinking and meditating it came to me like a flash just what it was. I had entertained a heart full of bitterness for twenty years toward a certain person that I thought had made a very unkind remark to me. Now when God showed me it was this repressed emotion trying to find expression, I just praised Him. I would give love full expression hereafter and immediately love bubbled up within me like a fountain. And O, the flood of peace and glory that filled me and shone around me. This continued for three days.

From that time I began to mend. A few months later my husband got me some crutches. My husband and daughter would help me to my feet and hold me until the crutches were adjusted, then with husband on one side and daughter on the other side steadying me I would walk across the room and back to my chair.

One day my son-in-law saw the doctor in town and he inquired how I was. My son-in-law told him I had some crutches. "Why,

man," said the doctor, "she can never use them." But I *did* use them for months, and a year ago last March I laid them aside and a short time after I discarded the wheel chair.

One day last summer the doctor was passing our place and he stopped. I suppose he expected to find me still in the wheel chair or in bed—but instead it was wash day and I was hanging clothes on the line. My granddaughter came to the door and called me, said the doctor wanted to see me. Well you should have seen his face when he saw me walking in to greet him. "What have you been doing, have you been taking medicine?" he asked. I told him he had given me the last dose of medicine I had taken.

"Have you been taking exercises?" I told him the only exercises I was taking was housework.

"Well," he said, "do you attribute your healing to Truth?" I told him I certainly did. His only comment was, "It is a miracle, for yours was a progressive case and there was little chance of recovery. You would gradually get worse, until the end came."

The last six months I have been doing my housework alone. "The Lord thy God *with-in thee* is a Mighty God."

During all the months of my healing I have used many affirmations. When reading *Nautilus* or *Unity* magazines if I found something which especially appealed to me, that would be my affirmation.

When Lazarus died and was buried and Jesus came to call him from the tomb, he said Lazarus was sleeping—well, many of the cells of my body are still sleeping—not functioning properly—and just now this is my affirmation: I center my thought on the body as a whole or sometimes on one particular part as I see the need, and say, "Awake! Awake! thou that sleepest and arise from the dead and Christ shall give you light." Then I try to see the golden light of Christ's love shining all through each little cell. Sometimes I use denial coupled with affirmation, especially if there is suffering, thus: "I *emphatically* deny that the cords of my body draw and pull, for God, Life, Love, Wisdom and Power flow into and through me every moment. I am one with God. I manifest my *real self* through this body now."

"*Thou shalt decree a thing and it shall be established.*"

"Bless the Lord, O my soul; and all that is *within me* bless his holy name. Bless the Lord, O my soul, and forget not all his bene-

fits: who forgiveth all thine iniquities; who healeth all thy diseases." (Psalm 103, first five verses, are especially dear to me.)

(Read: "From Sickness and Poverty to Health and Success in One Year" in October Nautilus.)

Why Marriage Goes Stale: and the Remedy

By Brown Landone, F. R. E. S.

This is the Third and Concluding Article on "New Happiness in Old Marriages"

THIS account of *how* Edward and Winnifred solved their problem, after being so unhappily married for seventeen years that she wanted to skip out and he thought of committing suicide, closes the work of my two preceding articles, one in July and one in August *Nautilus*.

My advice to Winnifred, ran thus:

"Plan to start next Monday morning; don't start before then. But on Monday morning, get up before the alarm rings, before Edward calls you.

"*You have been playing the baby.* You have been sleeping until your husband calls you, just as a baby would wait until its mother wakened it. In this, you have been trying to make a mother out of your husband, and he is mighty tired of having been a mother to get you out of bed every morning for fifteen years.

"So set your *subconscious* mind to work to wake you fifteen minutes before the alarm is set to ring. Then slip quietly out of bed; go to the bathroom; fix your hair and bathe your face; and get out of that bathroom and downstairs before the alarm rings, before Edward awakens.

"And don't wear a dirty, wrinkled kimono; put on a clean one; and take some face powder with you to the kitchen, to use *after* you have prepared the breakfast, when your face is hot and flushed, and before you sit down to breakfast with him.

"And for breakfast, prepare something *different*—and not only for Monday morning but every morning. Of course, he may 'say' that he doesn't want anything except his *two* poached eggs and toast and coffee, but that's

because your mind has become so stale that you've not taken the trouble to think of something a little different each morning which would please him, and because he's so stale that he could scarcely think of any other particular thing to eat, if you should ask him to tell you what he might want.

"Don't mind a little fault finding when you try to change his breakfast. 'Kicking' because of a change is proof that he has been stuck in a rut and is kicking because a change is being effected.

"Anyway, kicking is not so destructive to happiness in normal married life as most people think it is. It is not mere fault finding—it's *continued* fault finding *in the same way*—which breaks up marriage happiness. Nevertheless, I don't advise fault findings, I am merely indicating the attitude you should take if Edward does find fault when you first give him something for breakfast which is *different* from what you've prepared for him for the last thirteen years.

"But before Edward comes down to breakfast, *think* of him as he used to be—that is, think of something about him that is *different* from the way you think he is now. Then when he comes down, look at him to find a trace of that quality which you know he used to have. You may think that he has lost it, but if *you* think differently and look for it, you will find something of it—perhaps much more than you think.

"And when he does come down to breakfast, don't say that it's a '*nice* morning!' Stop using words like '*nice*' which never require any new thought. Such words are created by stale-souls to be used by stale-souls. It

requires *no* thought to say a nice day, a nice dishrag, a nice woman, a nice pig, a nice piano!

"Don't say that the birds are singing in the garden; think something *new* and then you'll say something interesting. Perhaps the birds have been singing like a chorus of *grand opera tenors*; or perhaps they've been trying to drown down each others' voices in *cabaret songs*!

"Think differently and you'll talk differently, and then Edward will see something new in you and be interested. Think differently, and you yourself will perceive something new in him."

(When Winnifred had gone, I telephoned Edward and asked him to come for another conference.)

I gave him this advice:

"Plan to begin your change next Monday. Don't begin before then; but on Monday, don't call Winnifred when you get up. Get your own breakfast if necessary. If she doesn't wake before you leave, leave the house without a word of good-bye."

(Of course, it didn't happen but it made him think of what her attitude might be if he did something so *different* from what he had been in the habit of doing for seventeen years.)

"Before Monday, buy yourself some new ties. Sneak them into the house and hide them. Even if she is not awake before you leave on Monday, wear a *new* tie. And wear a different tie each day of the week. (Three or four new ties are not so expensive as a divorce.)

"Then when you do come down to the first breakfast she prepares for you after you start this, praise the coffee. (To do something different, raise the devil about it the next morning—that is, do so, *if* you are so stale that you can't think of anything else to do that is different.)

"Ask her *what* dress she is expecting to wear that night when you come home for dinner. It will surprise your mind, as much as it surprises her—be assured of that.

"And kiss her good-bye, without saying a word—just smile, and wave your hand, without saying a word; the next morning, don't kiss her at all, but tell her that you don't know whether or not you'll be home on the 6:55—that maybe you may not come home for dinner at all, but that if you do decide to come you'll phone about noon.

"And then every hour, every day, look for something *different* in your wife, something you have not seen before, or something you have not seen for years. Soon you will find that she is only as old as your thoughts of her have been, and she will discover that you are only as old as she has thought you to be."

(Of course, this is not one-tenth of what I suggested to these two people, but it is enough to show the nature of the method.)

AND NOW FOR THE REPORT of the first morning after.

It came to me over the telephone. Edward reported first, as soon as he reached the office. He did not talk like a business man; it was more like an excited young man.

"Say, Landone, everything went askew; I didn't get a chance to leave before she woke up; nothing went as we planned it; everything was *different*. Mighty strange—perhaps it was *my* thinking of differences which influenced *her*—anyway she is different. I was really scared this morning. *She wasn't in bed when I woke up*. She wasn't in the bathroom. I wondered what had happened. I went back to the bed and felt where she'd slept. The sheets were warm. I thought she must be ill or something, but when I called downstairs and asked if she were there, she answered, 'Oh yes; I'm getting breakfast ready!' Now what do you think of that? First time she's been up like that in thirteen or fourteen years!

"And at breakfast—well, if my thinking of new thoughts for one day can change thirteen years of poached eggs into egg omelet with jelly and hot muffins instead of toast, I'll keep it up the rest of my life!

"*Egg omelet with jelly and hot muffins—first time in thirteen years*—think of it; as strange in our house as a morning glory in January!"

Then within fifteen minutes after *he* had hung up, Winnifred was on the wire; she was as excited as he had been.

"I got up *twenty* minutes before the alarm rang, just woke up naturally, slipped quietly into the bathroom, fixed up as best I could, put on my best kimono, and tip-toed downstairs.

"When the alarm rang, I stood still and listened! And a second later I heard Edward exclaim, 'Good God, *where* is Winnie!' I heard him hurry to the bathroom, then back into our bedroom, and then to the head of the stairs,

where he called 'Winnie! Winnie! Winnie! Are you sick?'

"Oh, Mr. Landone, I am so astounded at the power of mind. Just think of it! I have been thinking new thoughts for only one day, and it's worked such a change in him. It's astonishing, you can scarcely believe it. You can't guess what happened! *Why, when he came downstairs he was wearing a soft green necktie with hints of grayed-orange and rose color!* If he had opened his mouth and pulled out a violet, I couldn't have been more surprised. I did not even know that he had purchased a new tie. He never told me. It is the first necktie which is not blue and gray that he has worn in ten years!

"All during breakfast, he talked and talked about how shocked he was when he saw my bed empty, and three or four times he wanted to know what was the matter with me, hadn't I slept well, how was it I had awakened before the alarm rang, what made me wake up, did I hear any noise? *His mind was actually thinking of me*—and he has never talked at breakfast for fourteen years!

"And as he was sipping his coffee he looked across at me, looked again, looked at my face, and I saw his eyes open and he said, 'My but you look cool and fresh this morning,' and, *Mr. Landone he meant it; I know he did!*

"Then as he left, he threw the newspaper inside the door, saying, 'Here, Winnie, here's the morning paper; I'll get another at the station. *Now what do you think of that?*'

(This was not all of course for I kept them busy for a month playing the game of differences—each one getting rid of his or her stale-ness!)

Edward I advised to buy tan knickers for himself and gray green ones for Winnie, and to keep them secretly, to spring as a surprise on her the following Saturday afternoon. Then not ask her to put them on, but to tell her to do so; and to drive to some place to which they had never gone before, off from the main road, and into some wooded hill land, then to lock the car and to tramp up and down the hills and through the woods—to tramp, tramp, until both of them were actually tired; then to drive somewhere for something to eat. (And I knew that after such a tramp *he* would make no complaint about the food, and that *she* would make no complaint about the service!)

I also advised him to start for the movie on Wednesday night as usual, and then—just

before reaching the theatre—to turn up the hill to Riverside Drive, and instead of going to the theatre, to sit for an hour on one of the benches in the park near the river, watching the reflection of lights on the water, and the beauty of the evening, *and not to forget to notice the pairs of lovers near-by on other benches!*

To Winnifred, also, I had given other advice such as this:

"Next Monday night, when Edward comes home tired, have the lunch basket packed with things you know he most likes; then, do not ask him to go to the park, but tell him to hustle out and get the car, because you're both going to the park, so that he can get a bit of air after his day at the office.

"And on Friday night, when Edward comes home for dinner, *don't say one word about your bridge party or what kind of sandwiches the hostess served!* Don't even tell him that you were at the bridge party. If he does ask you, answer by yes or no; and instead of talking about the party, prepare yourself beforehand, and talk of all the cases of divorce of which you've read in the newspaper; and *how easy it is nowadays to get one!*

"And every morning, remember that when Edward leaves you he goes to an office where there are two dozen or more stenographers, everyone looking her best! Of course, Edward loves you more than he loves anyone else; but see to it that every morning he carries a picture of you in his mind, as new and fresh and charming as any girl in the office."

Of course, there were other results—astounding results. And they were not all due to these little things I have suggested. These suggestions were merely the *self-starters* to start the minds of Winnie and Eddie to think *differently* than they had in the past. In other words, each started a new thought habit, a habit of thinking differences—so that each soul changed within itself the habit of thinking of the other soul, so that each one began to find something new each day in the other, and thus they went back to courtship life again.

For after all, finding new differences is the glory of courtship.

In courtship, the lover finds each time some new quality in his sweetheart which he has not known before; and the sweetheart finds some new thing in her lover she has not known before.

The soul is infinite. It is impossible for one soul ever to know all there is to be known of another soul. Even if the two souls are husband and wife and have lived together for sixty years, yet if each will form the mental *habit* of seeking something new in the other—instead of always thinking monotonously of that which is already known—every day will be a day of joy, a new day of newness.

Just as Winnifred got rid of her old husband and created a new husband in her own mind, and just as Edward got rid of his old wife and conceived a new wife in his mind, so each soul—by thinking *new* thoughts of

the other soul—can create a new world where all things continue new—a new heaven on earth.

And why does it work? Because we always respond to what a loved one *expects* of us. If, as a wife, you think differently of your husband, expecting new things in him you will discover them because his soul is infinite, and he will respond and be different. And if you, as a husband, think differently of your wife and perceive new differences in her, she will respond and be different.

Then you can carry staleness out in a casket and bury it; and in its place you can install in your home a *cradle of joy!*

Acceptance of God's Healing Law Requires Acting as Well as Believing

By J. R. B.

“**A**RISE, take up thy bed and walk!” How could the poor man walk when he had been sick in bed thirty-eight years? “Believe that ye receive it and ye shall have it.”

How can a man believe he has a thing when he has not yet received it?

The point is that if we wish to be well, we must *act* as if we were well. If we wish to receive a thing we must carry out our faith by *acting* as if we had already received it.

The medical profession is taking up what they term “Suggestive Therapeutics.” In talking to an eminent physician, he gave me this incident to illustrate the practice. He said: “I had a patient who was in great pain. I had been giving her opiates for more than a week, and was afraid she would become an addict if I continued it. One day, I took my hypodermic needle and filled it with hot water, but before I administered it, I told her that I was going to give her a double dose of a very strong drug, but not to be afraid, for I was confident it would put her to sleep in twenty minutes and that she would sleep six hours and wake up feeling perfectly well. I then gave her the hot water; she went to sleep in twenty minutes; when she awoke, exactly six hours later, she was cured.”

The proof of our faith is in the acting of the part. Was it not William James who said, “If you do not feel like you want to act, act like you want to feel and you will feel like you want to act.” This is another way of saying, “Take up thy bed and walk.”

That was purely an act of faith on the part of the patient in accepting the law of healing. We are in the habit of saying, “I am feeling sick, I guess I will go to bed.” We say to another, “You look like you were sick. Go to bed until you feel better.” We say in substance, “Go to bed and believe you are sick, act like you are sick and you will be sick,” when we should really say, “Get up and walk and act as if you were well. Say you are feeling fine and you will feel that way!”

It was a very serious case of long standing when Jesus said to the paralytic who had been waiting thirty-eight years for some one to help him into the pool, “Take up thy bed and walk.” In traveling about the country as a lecturer for twenty years I have met many people who have been cured in the manner generally described as “faith cures,” and in every case, the patient has *acted* upon this faith.

An incident came to my attention in Kansas. A country school teacher was severely injured by a runaway team, and was brought to a little hotel in a small town, where she had been in the habit of spending the week ends. She had an injury to her spine and severe internal injuries. The village doctor who was treating her told her she must not try to sit up in bed, as it would produce dizziness and perhaps end fatally. While she was in bed a salesman who was a Christian Scientist came to the hotel and became interested in the case. He left the Science book with her which she read while lying down. One day she called her landlady and told her to go to the phone and notify the doctor that she would not need him any more. The landlady did so and the doctor again warned her that she should not try to get out of bed. She asked the landlady to help her dress. Then she asked her to leave the room and close the door. She did so but stopped outside to listen. She heard the patient get up and start across the room. Then she heard her fall, but the woman called out, "Do not come in here. Just leave me alone." She got up again in a little while and tried it again. She kept on walking and within three days had gone back to her school.

Another case of "faith healing" came to my notice at a country home near Council Bluffs, Iowa, where the patient was then visiting with her sister on a farm. She had resided in Los Angeles, where she had been ill for some time. Two of the best specialists in that city diagnosed the case as cancer of the intestines and told her that it would be impossible to help her any by a surgical operation. They said she could not live to exceed three months, and advised giving opiates to allay the pain. She had not been much of a religious woman, but she had them carry her on a cot to the temple where the much discussed Aimee Semple McPherson was holding forth. She lay on her cot in a room until the evangelist came out and prayed with her. Then the evangelist asked her if she had faith to believe she could be cured.

She said, "Yes."

"Then get up and walk," said Mrs. McPherson. She tried it, although she had become almost like a skeleton in her emaciated condition. She got up and walked. Three

weeks later she had crossed the country on the train and was visiting with her sister. She was very "skinny" looking when she talked to me, but she told me she was gaining in weight every day and that she was walking a half mile daily for exercise.

The curious thing about all these people is that they seem to believe that all the other cures not like theirs are fakes, and that they have the only genuine way of being healed. The doctor with whom I talked would not endorse faith healing, and the McPherson patient thought that Christian Science was a fake, and I have no doubt that the lady who was healed by Christian Science thought the others were frauds.

It only demonstrates that there is a universal law given us by the divine and merciful Father for our benefit. God in his mercy sends his rain on the just and the unjust, saint and sinner alike. Why is it not reasonable to suppose that he gives his law of faith and acting to us in the same impartial manner?

In my experience in talking to scores of persons who have received help, I have come to the belief that it is possible for anyone, regardless of their personal creeds, to get relief when they apply these principles. Some people think they have to be perfect Christians and lead the perfect life before God will answer their prayers. Of course, there is a limit. There is no limit in the power, but there is a limit in our receiving sets. This limit is extended and we grow in power as we practice.

Some people think that God puts upon them only afflictions and burdens for them to bear. Thus a great many people go through life groveling in fear. They fear old age, poverty, sickness and other temporal ills because they have no faith to believe, and no desire to go out and get the benefits. If God puts burdens on us, they are for our benefit, like the burdens an athlete bears in training. He grows in strength in his self-imposed tasks.

The proof of our faith is in the acting of the part. Was it not William James who said, "If you do not feel like you want to act, act like you want to feel and you will feel like you want to act." This is another way of saying, "Take up thy bed and walk!"

("The Money Complex"—Read it in October Nautilus.)

Be An Apollodorus Or Bust

By Chester H. Struble

A POLLODORUS, artist of Athens, first dared paint lights and shadows on objects as he saw them, high color on the light side and little, if any, color on the shadow side. He lived 400 years before Christ and by his radical departure from the two-dimensional figures, which were the standard of his day, he produced rounded figures. Not content with this, Apollodorus made background figures smaller, thus introducing perspective.

Of course, he was denounced as a "modernist" and "publicity seeker." Even Plato, the learned, claimed he was invading the sculptor's province when he made things look round whereas paintings should look flat as they always had.

Now, Plato possessed the finest mind of the 4th century B. C., but being no artist, he was opposed to progress along art lines.

There are plenty of Platos in the world today. They possess fine but by no means universal minds. If you have beliefs worth sticking to or plans worth promoting, you, like Apollodorus of two thousand years ago, have the Platos, who are thinking along other lines, arrayed against you.

There is a reason why any new thing worth doing shouldn't be done. And it's a good reason to Plato. Substituting steel for wood was hard on the lumber business and many a lumber-minded Plato said so. The "talking movies" are going to be tough on stars who are beautiful but dumb and they will not be too dumb to tell you that movies should be done as they always have been done.

Even the Plato of your own family will oppose your ideas. One man I knew, was told by his father he was a "d---- fool" to think he could make anything out of his scheme, but he went ahead and all his life he called himself "Papa's D---- Fool," and died a millionaire.

So act when you get right with yourself and let time put you right with Plato.



Views and Reviews by William E Towne



APPLYING THE TRUTH.

WE MIGHT have in the garage a wonderful new car capable of quickly taking us to the city ten miles away. That is the truth. But if we do not know how to drive the car, or if we do not go to the garage, take the car out, give it gasoline and oil, start the engine and throw in the clutch to connect the engine with the transmission mechanism, it will never take us to the city.

Simply affirming that the car is going to take us to the city will never get us there, because we are not doing our part—we are not USING the truth we know.

In her Astor Lectures Mrs. Anna C. Nolle says: "But always know that God works *through* and *with* you, not *for* you. You must do your part." This means we must use our common sense, *apply* the knowledge we have and work persistently and intelligently to realize our desires. Faith is a most essential element in demonstration, it is true, but "Faith without works is dead." It gets us precisely nowhere.

When Mrs. Nolle says that God does not work *for* us, she means that He does not change the action of natural laws for the benefit of the individual. If He did, we would be living in the midst of chaos. If we stand in front of an oncoming railroad train, knowing as we do what the natural results will be, and affirm that God will save us, we shall not be saved because we are not doing our part by using what knowledge we possess of the eternal laws of nature. Yet it is a truth that man possesses a power that will protect him from accidents—*when he does his part*. In "Psychic Science Made Plain," Vol. II, Edward B. Warman relates how he was saved from a railroad wreck: "Before the train pulled out from Boston (he says) I had entered the fatal sleeper with the intention of securing berths for a friend and myself. We had barely taken our seats when I heard—or thought I heard—these words: 'A wreck, a wreck; get out of this car; get out of this car.' I recog-

nized it as the still small voice that comes to warn us of approaching danger."

Mr. Warman and his friend left the train. An accident occurred at Ashtabula, O., and not a single person escaped alive from the sleeper in which they had engaged berths.

Now if Mr. Warman had insisted upon going on the train, regardless of the intuitive warning of the accident, he would not have been doing his part. He would have perished with the others because he did not USE the truth he knew. Just like the man in the nonsense epitaph:

Here lies the body of Jonathan Gray
Who died maintaining his right of way.
And he was right, dead right, as he rolled
along;

But he's just as dead as if he was wrong.

Affirming the success of an undertaking is no substitute for intelligence and hard work. "God works through and with you," but He does not do your part for you. The use of affirmation will help to bring you the *means* of success, but you must *use* the means according to your own best knowledge. Unless you do this you are complying with only part of the conditions of success. You are ignoring some of the factors which are essential, and you will therefore get only partial results from your efforts. Do not try to make a part equal the whole. The WHOLE truth must come forth before results that are permanent can be realized.

KICKING AS A MEANS OF ENLARGING ONE'S EGO.

MANY criticisms originate in the desire to belittle the other fellow that he may be pulled down to the level of the critic, who is thus relieved of an inferiority feeling.

Petty criticism, aimless fault finding, is one of the refuges of the person who feels himself unequal to dealing successfully with his world. He envies those who are more successful because he thinks they have more power. If he can make himself or others believe that



VIEWS and REVIEWS by WILLIAM E. TOWNE



that power has been gained at the expense of honesty, or if he can convince himself that the other is only a lucky fool, who deserves no credit for his success, it makes his own failure seem less by comparison.

Envy of others is only an excuse for one's own weakness and failure.

Often a criticism of another's moral lapses means simply that the critic is really envious of the other's experiences.

When you feel inclined to be critical of another, look deep into your own heart for the motive, and you will generally find that the criticism has its basis in some feeling of envy or doubt of your own power.

THINKING CREATIVELY.

A REAL estate man is puzzled by the problem of how to think creatively in the midst of the severest competition.

So long as the mind, in such a situation, is filled with visions of one's competitors and the competition that must be met, one cannot adequately idealize the possibilities of his own property. If he will turn away from the thought of competition to the idea of his oneness with the Source of all ideas, and endeavor to use his imagination to idealize the possibilities of his own property, he will begin to think creatively upon an entirely different plane, where competition is dissolved in the WHOLE.

I cannot illustrate this better than to quote a concrete instance, given in Landone's "How to Turn Your Desires and Ideals Into Realities," showing how a piece of land in eastern Pennsylvania was sold through the idealizing process at a great advance over the anticipated price.

"The land of the two nephews, however, was not of great value. The acreage was not large enough for a great estate and the land was not good as farm land. In no sense did it lead surrounding land in value. Those who knew the land thought it ought to be worth \$200 an acre, but, as the months went by, it was not sold.

"The nephews were anxious to realize on their land; they wished to go into business, and knowing me, they called one day to ask for help.

"I idealized it as farm land and saw its uselessness. In fact, it had been neglected so long that it would take two or three years to bring it back to normal condition.

"Then I idealized it as a site for a country estate of a wealthy man. But I saw it would not do for that. It was not large enough.

"Next, I idealized the entire colony of millionaires about it; I idealized its nearness to New York and Philadelphia; I idealized the people in the city who desired homes; I idealized human nature, realizing that there were many cultured people of limited means who desired to live near very wealthy people—who would enjoy life in a community of such people.

"Consequently out of the cosmos there came to my mind the ideal of making this land a little park divided into forty little home plots of one acre each.

"The nephews and myself drew up this plan. We had given added value to the actual land by creating an idealized use of it, a vision of a little park among the millionaires—for forty families each with its own little country home.

"The first result was accomplished within forty-eight hours. The plan was presented to a real estate man in New York city. At once he wished to buy the entire plot at \$300 an acre. But the nephews had seen a vision—the idealization had given value to their land—and they refused. The real estate man offered \$400, and then \$500 an acre for it.

"The second result was that within four days the nephews were offered \$1,000 an acre for the first plot that was to be sold.

"And why? The land was exactly the same land it had been a week before, but value had been added by idealizing a little community of forty cultured families living near a colony of millionaires, and value had also been given to it by creating a desire for such homes."

I DO NOT know what is untried and afterward,

But I know it will in its turn prove sufficient,
and cannot fail.

—WALT WHITMAN.



International Sunday School Lessons

Interpreted for Ministers, Teachers, Students and Others who Study the International Bible Lessons

Class Work Conducted by Rev. GEORGE C. GOLDEN

Sept. 8. NEHEMIAH REBUILDING THE WALL OF JERUSALEM or SELF-TREATMENT. Nehemiah 2, 1-7, 4.

Bible Readings: Nehemiah 2 to 7.

GOLDEN TEXT: *The people had a mind to work.* Neh. 4, 5.

NEW THOUGHT GOLDEN TEXT: *Pray to thy Father which is in secret.* St. Matt. 6, 6.

GREAT benefit may be derived from this lesson if it is studied in its spiritual, rather than its historical, sense. Jerusalem is the city of the Self. It requires a wall.

The wise man builds a wall around himself, not because he desires to separate from his kind but that he may, by having his season of withdrawal into himself, return the more capable, the more nearly the god that he is.

Jerusalem was the city of the temple. There was the ark—the symbol of the Universal that lives, moves and has His being within the soul of every individual. As an ancient teacher informs us, "Under, and back of, the universe of time, space and change, is ever to be found the Substantial Reality—the Fundamental Truth."

There are two distinct uses to which this inner perception of the Substantial Reality can be applied.

A plan is broached to you. Do not decide immediately. Consider what is presented. Take it home to sleep over it. Even while you have forgotten it yourself, the industrious, brilliant and clever Unconscious of you is taking the data and comparing it with reality in order to present you with a report. This technique of referring questions to the Unconscious is found to be most efficient. Bankers use it effectively. Executives take advantage of it.

The other purpose of withdrawing into oneself and taking council with the Self within is to outline on the Unconscious those ideas which are later to be created. This act in Genesis is referred to as the spirit moving on the water.

Silent Affirmation.

By my vision, I build daily more stately mansions.

Sept. 15. TEACHING THE LAW OF GOD or ILLUMINATION. Nehemiah 8, 1-18.

Bible Readings: Nehemiah 8, St. John 14.

GOLDEN TEXT: *The opening of thy words giveth light.* Ps. 119, 130.

NEW THOUGHT GOLDEN TEXT: *Thy will be done in earth as it is in heaven.* St. Matt. 6, 9.

THE reason the Bible has been such an inspiration through the ages is because it hints the magnificence of this mental universe in which we have our being. Material conditions continually suggest to us a closed universe, they shriek at us the lies of limitation, disease and death. Truth informs us that our power is omnipotent, our love lasting and our intelligence unerring.

Of course, we realize that the Fundamental Truth—the Substantial Reality—is beyond all naming or defining, but we thoroughly believe that it makes itself felt in our intuitions and inspirations. These spiritual talents become the messengers of the Universal and, as we accept their insight to be truth, we open ourselves to more power, ingenuity and originality on the plane of creation.

Frequently we have people who are considerably exercised because they cannot outline clearly what they wish to create and feel that if they are so restricted, Truth has no help for them.

The inspiring fact is that the mere statement of Truth works itself into concrete manifestation. If you cannot see yourself well, simply remind yourself that you are the image and likeness of the Universal who never spends a sick day ever. The pain will then lose its power. If you just cannot imagine the means you will utilize to raise the money you want, remember that your mind is one with the clever and brilliant universal Intelligence and you will see the dawning of an idea that is of practical merit.

Silent Affirmation.

I am an epitome of Infinity.

Sept. 22. MALACHI FORETELLS A NEW DAY or REALITY UNCOVERED. Malachi 3, 1-4, 6.

Bible Readings: Malachi 1 to 4, Isaiah 11, St. John 1.

GOLDEN TEXT: *Behold, I will send my messenger and he shall prepare the way before me.* Mal. 3, 1.

NEW THOUGHT GOLDEN TEXT: *He came unto his own.* St. John 1, 11.

THIS anticipation of the Messiah that Malachi sketched is not only a description of the Master but a revelation of every individual. The Christ is the universal man because he is more ourselves than we know ourselves to be. "He came unto his own." Humanity is his own people, his own race, his own species, his own kind. Only our ignorance hides the truth from us and only our own fear prevents us from manifesting the ingenuity and abundance of living that is easily within our ability.

The cause of our limitation is the fact that we measure ourselves by the material man. We are so intent on gain, on creating the tangible and concrete, that we forfeit our control over our world by our very zeal. We have attached so much importance to the pictures that we have overlooked the greatness of the artist who conceived them.

The Master said in so many words: What you are is of supreme importance and what you do and have is of no importance. Strange to say, the application of this principle will not decrease but tremendously increase the value of what we have and do.

Here is the foundation for the famous light touch which characterizes the true worker. If you look upon your business as mere child's play for you, you will be astonished how many new ideas you have for its increase.

This is also the authority for the test of works. They are conceived in the spirit of play. Take yourself and your career with profound seriousness and existence is heavy, lumbering and stupid. Regard life as a playground and your work as your hobby, and you'll become a stranger to hard times and fatigue.

Silent Affirmation.

That I am is of supreme importance to me.

Sept. 29. REVIEW: SIGNIFICANCE OF THE EXILE AND RESTORATION or OPEN-MINDEDNESS.

Bible Readings: Ezekiel, Daniel and Nehemiah.

GOLDEN TEXT: *The loving kindness of Jehovah is from everlasting to everlasting upon them that fear him.* Ps. 103, 29.

NEW THOUGHT GOLDEN TEXT: *The Lord is one.* St. Mark, 29.

IN THE early days the Jewish leaders looked upon Jehovah as a tribal God—a deity greater than the gods of the nations about but still a god among many. When, later, they formulated the statement of unity, the Lord became to them a symbol of universal life. They realized then that all life came from the one Life.

When Nebuchadnezzar came on the horizon, brilliant with culture, gifted with knowledge and splendid in martial array—the Jews stood apart. They would not acknowledge that this new life came from the One and must be of concern to them. They did not stop to realize that the life that inspired the versatile general had its

source in the same God they worshipped. Instead of accepting Babylon and influencing it, they fought—and served it as slaves. Later they returned to rebuild their city, carrying with them the best of the culture the former generation had called pagan and allowed the city to be razed before they would accept it.

Many of us are confronted with the same problem. A new issue, a new invention, a new plan appears. How can we decide if it be good or evil?

Because God is the principle of Livingness, all that makes for fullness of living is in line with our development. The question in our mind then is: Does it make for more power? Does it reveal more intelligence? If we answer these queries with an affirmative, then open-mindedness will adapt these factors just as society has utilized machinery in industry.

Silent Affirmation.

All that rises from power is good.

Oct. 6. RECOGNIZING OUR DEBTS TO OTHERS or USING THE FATHER-MOTHER MIND. St. Mark 12, 28-34, James 2, 14-17.

Bible Readings: Nehemiah 4, Romans 15.

GOLDEN TEXT: *Not looking each of you to his own things but each of you also to the things of others.* Phil. 2, 4.

NEW THOUGHT GOLDEN TEXT: *Thou shalt love thy neighbor as thyself.* St. Mark 12, 31.

FREQUENTLY this second command is so grossly misapplied as to lead the strong individual into such pampering of the indolent as would be a veritable insult. In this sense charity creates a multitude of sins.

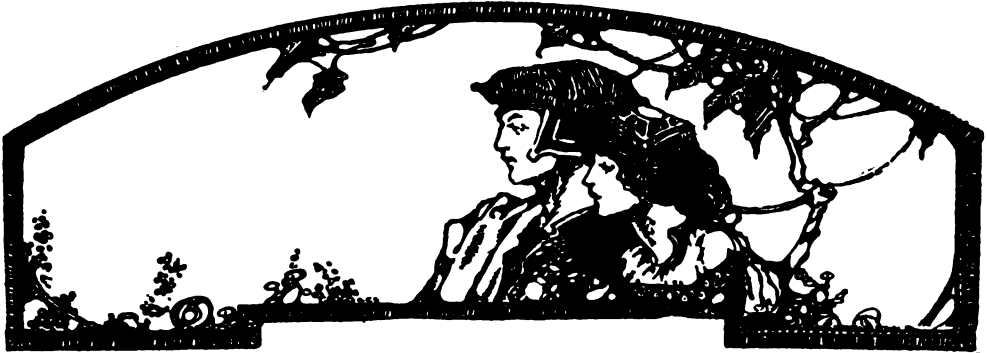
The independent man will not accept anything for which he cannot give compensation and his own knowledge of himself never allows him to lose sight of the fact that he has ability in himself. The master in his parable of the unjust steward shows his scorn for the person who forfeits self-respect to become a beggar.

Both religion and science show us that genuine charity works out as a mutual benefit. To discover a scheme where this principle applies is the task of him who would intelligently be of service to his unfortunate fellows.

Elbert Hubbard was very conscious of a number of rather talented workmen who were little better than tramps coming to his door. He fed them but knew he was not doing his best for them. He thought—he concentrated on the subject. His treatment led him to establish his shops. Here the men worked and earned. Hubbard planned their occupations, disposed of the articles created and profited himself. This is a brilliant example of genuine brotherhood. It takes patience. It takes planning and visualizing. It takes the spirit of venture. But the results are tonic and lasting.

Silent Affirmation.

I help my fellowmen to help themselves and me.



Things That Make For Success

And for the advancement of the individual in all ways. This is a correspondence department of success ways and means, conducted by the Editors and contributed to by NAUTILUS readers everywhere.

To Correspondents

Prizes for the Best Letters to This Department.

Have you discovered something that makes for success?

Tell us about it and perhaps you will win a prize.

To the writer of the most helpful success letter published in this department each month we will send NAUTILUS for 8 years. Or 8 yearly subscriptions to separate addresses if preferred.

To the writer of the most helpful letter printed in each 6 months' period, we will send \$5 in cash, in addition to the subscriptions. Prize winners announced each month for the preceding month.

Letters should be concise, plainly written on one side of paper only and not mixed with other matters of any sort.

—THE EDITORS.

Success Letter No. 1172.

HEALING AND HARMONY DEMONSTRATED IN MANY WAYS.

IN 1914 a young woman rooming with us brought four copies of the *Nautilus* into our home, and I became an ardent Truth student. I was strongly impelled to grow into a Truth teacher. I therefore dedicated myself as a servant of God, taking the prayer from "Life Everlasting," by Marie Corelli, as the expression of my new faith each night. It goes something like the following, if my memory is correct. I do not need to say it any more, as it has become a part of me:

"For this day, O God, I thank Thee!

For this night, O God, I thank Thee.

Do with me as Thou wilt, for body and soul are Thine,

And THY COMMAND IS MY JOY!"

Since then many lessons have been learned and much character has been built and what seemed severe discipline has been undergone. But I would not change any of it for a memory of ease.

I have seen and helped in the healing of a tumor, colds, cough from pleurisy, insanity,

sprained back and ankle, constipation, painless childbirth, burns and scrapes of children.

I rejoice particularly also over the demonstration of an understanding of just how New Thought and Christian Science are one in spirit, for it has developed my musical ability and made the word Harmony of eternal significance to me.

At one stage of growth I married a wonderful man. It was a demonstration by prayer. But we soon discovered that our concepts of Truth were not one and that he could heal better than I! So I ate humble pie, and was much blessed thereby and enriched.

The Truth is spreading all over the world and we rejoice in the part the *Nautilus* has played and is playing toward world health, prosperity, love and peace, viz., the state of consciousness called heaven or harmony that is now being established on earth.—M. P. S., N. J.

Success Letter No. 1173.

HOW AN ENGINEER USED TRUTH TO MAKE A 98% RECORD FOR HIS POWER PLANT LAST YEAR.

TRUTH as taught in *Nautilus* and other kindred literature has completely made me over in the past five years. In fact, I know it teaches the only principle of life that can guarantee success in every way. I apply it in my daily life in all ways; reading and studying never less than two hours; practicing the Silence and knowing completely that my words and thoughts attract after their kind, for we are told in the Bible that "By our words we are justified and by our words we shall be condemned." The law of the Creator never fails.

In business, Truth has helped me in every way and I shall cite some instances that may prove valuable to others.

I am chief engineer of one of the various power stations operating in a great city. In this service the light and power is continually in op-

eration every hour of the day and night, seven days per week. If by accident, or otherwise, an engineer in a power plant makes a mistake in the procedure of putting a unit in service and causes damage to equipment or causes interruption in electric supply from the power plant, the guilty man is penalized by a cut in pay for a period of time, discharged or promotion retarded.

After studying Truth for some time I came to full realization that I was working for God and through Him alone I expected compensation. So, each day, I blessed my particular station and its men. I worked to the best of my knowledge and ability, knowing my Father who seeth in secret would reward me openly. My work became joyous, for I saw it all in a new light and worked for my company as if God were the head, alone. Of course, I did all this silently, for other persons, unless also in Truth, would not understand.

In two instances when my subordinates made errors causing damage to equipment and interrupted service, by holding fast to my knowledge of the forgiving love of God, surrounding all people, things and circumstances, therefore surrounding these two operators, I prevented a pay cut and nothing more serious than a reprimand. This proved a regular "wonder" on the system of other stations. It is necessary for me to work with all classes of men, so I bless all silently, "beholding the Christ in each one."

After the above incidents, I realized that another occurrence should not arise, so I made special effort in declaring Divine perfection in the affairs of the power plant. I have silently (when working among the machines and equipment), blessed all, knowing God is everywhere present, visible and invisible, therefore absolute perfection. Freedom from tardiness, from absence and all that contributes to the total good record of a power plant are so good in my station that we rated 98 per cent for the past year—the highest of any plant on the list.

At times when to all human appearances I would be late for work (having to spend nearly one hour of travel time to work from my home each morning), I have prayed myself to work and the car just seemed to sense my special need for rapid travel. Of late, however, intuition (which develops as we heed the voice within), has caused me to take different routes, always arriving on time. I obey the voice always, for one time I disregarded this leading of God and depended on my own intellect and the result was that it took some fast running on my part to arrive at the very last second.

My application of Truth is not spasmodic but a constant daily living. That alone will produce results for Divine law always works, be it good or evil. I bless my superiors each morning as I go to work on the car and have perfect inspections, ideal cooperation and a promotion in view. Before learning Truth there was always strife.

As I consider God my partner, I tithe one-tenth and have been blessed financially beyond expression. I say to all, take God as your active partner, no matter what your work, and you will realize peace and harmony that no material force can ever bring.

I have helped others in their difficulties and have won for them often. In every instance that

I have "known the Truth" for them I have done it without their knowledge, except in one case.

One more incident that occurred recently that will help others in like circumstances, I am sure.

Before I knew of Truth a man caused me to purchase some property, sight unseen. I had every reason to trust him and took his word for all that was said, as the property was in another city. Had I used Divine wisdom and judgment, I would have been led otherwise. I did it at the time to help him through a financial difficulty. However, after the man left the city I found the land absolutely worthless. The man held notes of \$500 each in two installments. The first I paid when due and as the time for the second drew near I had not quite the amount. I had asked God and I believed I had already received. Indeed I did—for the day the note was due I received a letter from this man returning the note cancelled, saying he realized he had taken unfair advantage and he wished to rectify. I was led to bless this man and see the good in him when to all appearances he was unjust. It was rather hard at times, but I held fast to this good I knew was in him.

God works in all ways His wonders to perform when we work with Him in true relationship. I praise God for the Truth that has set me free.—G. F. B., Ill.

Success Letter No. 1174.

HELP IN OVERCOMING AN INFERIORITY COMPLEX.

EVERY TIME I come home from the corner drug store with my latest issue of the *Nautilus*, I vow I will sit me down immediately and write to the Editors of this little magazine that has influenced so many lives and changed the destiny of hundreds, perhaps.

Through the helpful articles in *Nautilus*, on fear and repression, I have been lifted out of a horrible state of self-depreciation and outgrown an inferiority complex which defies description.

I saw a statement in one of the copies of *Nautilus* to this effect: "Columbus never would have crossed the Atlantic to find the unknown continent, had he known the word 'fear'." That led me to try to overcome my fears and complexes, and I plunged into a night school course of oral expression and public speaking.

I also took at the same time, on the same evening, a course in physical culture, and while I was going through the health exercises I would repeat rhythmically: "I am well, I am strong, I am peace, poise and power." In addition to this, I am doing some amateur newspaper reporting.

A year ago my husband took a course in philosophy in our State University. He fell quite in love with the head instructor, a wonderful man and a brainy one, and he studies, believes in and is a student of New Thought.—F. E. R., Wash.

THE PRIZE WINNER for August, 1929, NAUTILUS MAGAZINE, Success Letter Department, is E. B., Ky., who wrote Success Letter No. 1169. We shall be glad to send the prize of three subscriptions as soon as we hear from the winner.



A DEPARTMENT OF
CONSULTATION AND SUGGESTION
CONDUCTED BY ELIZABETH TOWNE
AND WILLIAM E. TOWNE

*"O wad some power the giftie gie us,
To see ourselves as others see us;
It wad frae mony a blunder frae us,
And foolish notion."*

We answer in this department the 1001 personal problems that are put to us—as far as space and time hold out. And we make one answer do for more than one questioner when possible. Correspondents desiring a personal reply by mail are referred to our **ELTO SERVICE**, which includes a service fee of \$5. We would answer every letter gratis if it were humanly possible. We **MUST** curtail, hence the charge for querists who feel they cannot wait their answers in these columns. To insure careful attention in our office write "Family Counsel" at head of sheet, and write your subscription order or other business on a separate sheet.—THE EDITORS.

MR. C. E. G.—Stop magnifying your wife's opposition in your own thoughts. That is all that is necessary. She has no power over your thought world. You can take her unkind criticism into your mind and dwell upon it, turn it over and over in your thoughts until it assumes stupendous proportions, or you can refuse to entertain it, ignore it, and turn your attention to more pleasant subjects. The source of your happiness is *within you*, and no one can prevent you from drawing from that source *except yourself*. Pleasure and pain are subjective. If you refuse to give your attention to criticism it will cease to have power to annoy you. *Get interested* in your own activities. Get interested in constructive expressions of your own life, and you will not need to worry about thoughtless or ignorant criticism.

E. S.—You failed, perhaps, because you thought there was some virtue in the mere act of tithing and in similar activities. You attributed to these some magic power that you hoped would bring you good. But these were only a means to an end. They were instruments, which you were to use. If you bought a new automobile and kept it in the garage it would never take you anywhere. So tithing, affirmations, etc., never took you anywhere because you did not add **WORKS** to your faith. You did not connect up your affirmations with *creative action*.

M. L.—The reason you seem to have no sense of order is because you are all the time doing things from a sense of duty, or because of your fear of criticism, instead of because you really *love* to do them. In other words you let your letters pile up, all the time feeling that you *ought* to answer them, and meantime allowing yourself to be pulled off by numberless side issues, all of which are probably connected with your fear of criticism. If you would let go of this fear of criticism and

concentrate upon what you *love* to do, you would soon find order coming out of chaos. For instance, suppose your desk is piled high with letters. What would you really love to do? Perhaps you would love to go and play bridge. Very well, the thing to do is to cut the answering of the letters down to the very minimum and get your desk cleaned up in the shortest possible time and then go and play bridge. Under these conditions you can soon come to loving the answering of the letters, because it will be a means of freeing you to other activities that you do really love. And in addition to going out and doing the thing you want to do you will have the further satisfaction of knowing that your desk is cleaned up at home before you start out on the thing you desire to do. To put it another way, try to make every day an expression, so far as you can, of what you love to do and put out of your thoughts as much as possible the idea that you must do this and that because you will be criticised if you do not do it. Make the things you want to do the *keynote* of your attitude towards your daily activities. By doing this you can make the things that you really need to do fit into your attitude of doing what you want to do, because the duty work will then be accomplished with the idea in mind that it is a means of freeing you to do later what you want to do.

S. R.—You seem to feel that you have fallen down because your husband found it necessary to employ a physician. Just remind yourself that no system of healing is successful in every instance. Healing is not a science, but an art. All methods of healing are good in their places. Medicine is just as good as any other method if the individual has faith in it, and it seems to be adapted to his needs at the time. You should feel no more hesitation about consulting a physician when you feel the desire to do so than you would at consulting a New Thought Practitioner. We shall never reach the point where we get perfect results under all conditions and circumstances. That would imply that we had perfect knowledge and the finite can never fully know the Infinite. Instead of basing your hopes of success upon any particular demonstration you should aim rather to get back to the foundation principles of all success and of all health and of all happiness. Regardless of the ups and downs that may come in the meantime, the effect of any experience upon you is conditioned more by your own reaction and by your own mental attitude toward this experience than by anything else. If, instead of regarding this experience as a calamity and a failure, you will regard it as an opportunity for learning something and for further advancement, you will find that it will work out that way in the end.

NO MAN ever stated his griefs as lightly as he might.

—EMERSON.

(Continued from page 15.)

considered, nobody wanted to oppose Mr. Elliott in the Nominations Committee, nor on the floor. He was elected by the Congress without a dissenting vote. Again the Nominations Committee and the Congress have united on the one individual who had been led of the Spirit and empowered by the Spirit to be our president for the coming year. No other candidate was really ready—unless we began to repeat. And this nobody seemed ready to do.

The only real objection that could be found against Mr. Elliott was that he is a good, straight, business man, instead of a spell-binding leader and teacher! But the rank and file of our Alliance has come to realize that we need as a president a good business executive to serve All of Us, including all those who are rising from the ranks, as well as the five Honorary Presidents and all of the members of the House of Schools.

Rev. Murrel G. Powell, who did such good work as our president last year, was elected as the fifth Honorary President. Dr. Hill, Mrs. Mary E. T. Chapin, Mrs. Towne and Mr. James A. Edgerton being the other four. Mrs. Kenton Warne was recognized as leader of a school, making nine representative schools instead of eight as before.

The new Executive Board of the I. N. T. A. is as follows: Pres., Lorenzo B. Elliott; Sec., Mrs. Lucy McDonnell; 1st vice-pres., Mrs. Eleanor Graham; 2nd vice-pres., Mr. Ernest Weltmer; 3rd vice-pres., Mrs. Ida Mae Waters; Treas., Mr. Oliver Mason Kimmell (of Pittsburgh and the Pennsylvania railroad); Auditor, Reverend Henry Conrad Blandford of New York City (Healing Missions, Episcopal Church); Directors, term expiring 1930, Mrs. Elizabeth Towne, Dr. Amelia Randall of Minneapolis; Term expiring 1931, Miss Harriet Hale Rix, Home of Truth, Los Angeles; Mrs. Mary E. T. Chapin, Commodore Hotel, New York City; Term expiring 1932, Miss Edith Reynolds of Chicago (Leader Home of Truth); Mrs. Florence Willard Day of Washington, D. C., (Teacher and Healer).

Every day during the Congress, beginning the first Sunday and ending the last Sunday, the old Board met together at luncheon, Mrs. Powell presiding. There were ten members of the old Board present at the Congress, and all of them at nearly all of the luncheons. This is the first time we have ever had as large an attendance of Board members at the Congress. It has been our custom for two or three years to fill in the places of Board members not present. Miss Rix's place was filled by Miss Eleanor Mel and at times by Miss Edith Reynolds. When Mrs. Chapin was absent at the end of the week, Mrs. Elliott was chosen by the Board to fill her place. Mr. Kimmell and Mr. Brown Landone and Mr. Ernest Weltmer, and Dr. Harvey Bitzer of Boston, President New England Federation of New Thought Centers, served on the Board at various times. After the election on Friday, all of the new members of the Board were invited to sit in

with the old Board, Mrs. Powell presiding. This was of great advantage in enabling the new members to pick up their work.

On Saturday evening the new Board met at dinner for the first time, with Mr. Elliott presiding. And another record was broken: there were eleven members of the new Board present, out of a possible thirteen. Miss Rix did not come to the Congress, and Mrs. Chapin left a day or two earlier so that she might sail on the Leviathan to attend the British Section I. N. T. A. Congress, which is being held in London beginning with a noonday silence on Saturday, July 13, a session in the afternoon and "At Home" in the evening, at which our I. N. T. A. will be represented by Mrs. Chapin and Rev. Albert C. Grier of the Church of The Truth in New York. Both of these American leaders will go as special International Lecturers of the I. N. T. A. And Mrs. Chapin is one of our past presidents and honoraries.

One of the new personalities of the Philadelphia Congress was Mr. W. G. Hooper of England, representing the British Section I. N. T. A. He was a delightful visitor, a fine and friendly speaker and a very discerning cooperator in the Congress and at the big banquet on Wednesday night, and all the Board meetings up to Thursday, when he left for New York to fill engagements for Dr. Grier, and to sail with him on Saturday, to be present at the British Section I. N. T. A. Congress.

At our beautiful banquet on Wednesday evening a special rising vote of gratitude and blessings was given to Dr. Hooper, Mrs. Chapin and Dr. Grier, to be conveyed to the British Congress in London.

I wish all the members of the Alliance could have been present on that last Friday, Saturday and Sunday, to see how, after the election, the "good ship found herself" again as ONE. Not divided by minor differences of opinion—with which we all come burdened at the beginning of every Congress!—but united in consciousness as one, even as we are united in spirit and in truth, even though we may seem at any given moment to be divided. If I am any guesser as to the results of a Congress, I believe we are better united than ever and that we shall go forward to a better year than ever, a year in which we are more universally liberated from the domination of individuals than ever before.

And I wish that all of the I. N. T. A. people could have appeared like a "great cloud of witnesses," at that first Board meeting of the new Board, on Saturday evening, June 29; eleven of us elected to the Board, with Mr. Elliott presiding, and two others appointed to complete the thirteen. Mrs. Elliott in Mrs. Chapin's place, and I think it was Brown Landone who filled the thirteenth place, but I am not sure. Mr. Elliott certainly is a good businesslike chairman, applying the principles of Truth in all his ways. It did seem like the Pentecost: we were "all together with one mind in one place"; and the Christ was our guide—Jesus Christ in each of us

(Continued on page 44.)



What "Inside Knowledge" Does He Tell Them?

IS SUCCESS all a gamble? Are health and happiness just matters of luck? They certainly seem so sometimes. They fall into the laps of folks not half as deserving as you are. Hard work and ability sometimes seem absolutely useless. You know this from bitter experience. The rewards of life sometimes seem to come as often to the mediocre as to the capable. Does nature scatter her gifts haphazard and let them fall on whomsoever they may regardless of what people have done or have not done to deserve them?

You've doubtless had these thoughts many a time. You wonder why it should be so. You know that there is no such thing as chance in Nature; that everything is governed by Natural Law. For every effect there is a cause. But the methods you've been brought up to believe in won't always bring you success. You, like thousands of others, have tried them—and sometimes they don't work. Yet your reason tells you that as there is a cause for every effect, there must be a clean-cut definite cause that produces success. And you wonder.... and wonder....



What Brings Success?

Fifteen years ago a quiet, unassuming man in Boston thought along these lines—even as you and I. And then he developed a startling theory. He knew that everything in this world is a matter of chemistry—the result of the combination of various chemical elements in certain ways.

To him came the thought that if material things can be produced by

Thousands have learned from him how to get what they wanted in life—health, happiness, money, advancement, opportunity, success. His clear directions bring results. The offer below applies to you.

a formula, why not mental things? Why could not the principles of chemistry be used to produce success in any shape, form or degree that we want it?

Why not, indeed? If we want water, we mix hydrogen and oxygen. That is a definite formula that always produces water. If we want to obtain the color green, we mix yellow and blue. And so on. There are definite, sure-working formulas to produce material objects we want. Why could not the same principle be applied to, say, getting \$500 quickly, or a better job, or quick advancement, or wider opportunities—or anything that human beings want or desire?



A Method That Wins!

With this startling idea he went to work. His studies and investigations took him through the whole realm of science. He experimented on himself. Then on friends and acquaintances. Finally, by combining certain principles of chemistry, physics and psychology, he developed a method that enabled people who used it correctly to bring about startling improvements in their health, happiness and success.

He tested the discovery again and again on men and women of every class as he met them in his lecture work. He explained the method to them. Results were startling! Then he explained it by mail—to people the world over—with the same remarkable results. People told and proved—the most surprising things. Hopes and ambitions quickly turned into realities. Definite sums of money, brought to them. Promotion—better jobs with higher pay—quickly ob-

tained. Incomes increased. New opportunities continually offered to them. Health improved. Troubles banished. New abilities and talents quickly developed. And people of all ages quickly lifted up from drudgery into an expanding, thrilling, joyous life of abounding happiness and wealth.

That is what this great discovery has done and is doing for thousands of men and women the world over. That is what it will do for you if you will use it correctly. Think what it means to you! Think of the great power of achievement it puts in your hands! For now you can control your fate—can build the life and career you wish—can get the good things you want.

FREE to You!

The whole story of this remarkable discovery by eland Wells Pellback, A.B., LL. B., Harvard-trained lawyer, is told in two startling manuscripts, entitled "The Great Discovery," and "The Secret of Life." They are yours for the asking—free of charge or obligation. Simply fill in and mail the coupon.



The Self-Improvement League of America.

Suite 132, 75 Westland Avenue, Boston, Mass.

Please send me your two manuscripts, "The Great Discovery," and "The Secret of Life." This to be FREE of charge or obligation to me.

Name

Street

City State

Say you saw it in NAUTILUS. See guarantee, page 5.

toward each other and toward All of Us in the Alliance.

I feel like paraphrasing Walt Whitman thus:
*No words can express how at peace I am about
God and about death,
And about LIFE and the I. N. T. A.*

Every person who reads this report has before him a great opportunity: to bless and support this Alliance financially and with his Word of Truth and he can cooperate generously with the new president and the Board and thus prove his truly democratic principles and faith in All of Us, while he gives the new Board a fair chance to prove itself.

Divine order established in our Alliance has placed Lorenzo B. Elliott in the chair, but it takes All of Us to make this Alliance a success greater and greater every year. New presidents may come and go again, but the Christ is our only leader—in All of Us, to All of Us, through All of Us, for all the world.



*Let Us Subdue Ourselves And Devote Ourselves
in Divine Service to All of Us in I. N. T. A.*

OUR International New Thought Alliance is composed of persons who are absolutely devoted to INDIVIDUALISM, each one practicing it and teaching it in the name of the Jesus Christ within. It is no wonder that we New Thought teachers and leaders and those on the road to becoming teachers and leaders, should find trouble in coming to a Congress and letting their one-mindedness appear. It is no wonder that we are of two minds—or more than two minds—about who should be elected president each year. And to my mind, it is not a matter of great importance who shall be elected president in any one Congress: the personality counts for little when the organization is established and proceeds in an orderly manner. *The personality is of secondary importance, but the process by which that personality is nominated and elected is of immense importance.* Divine order must prevail in the kingdom of heaven, or it is no heaven. No matter what personality may be sitting on the throne at the moment!

This is the day and age when "there is nothing hidden that shall not be revealed" to the democracy!

And this is the age when that prophecy is being fulfilled, which says, "They shall go in droves, but there shall be no leaders." There shall be no leader because Jesus Christ is the leader.

By democratic procedure we find out where Jesus Christ is leading us and how.

We find that the voice of *all* the people is the voice of God (all members of the democracy have a right to full voice); and the MAJORITY VOTE shows the DECISION of Jesus Christ in and through All of Us, as to what we shall do at any given time and place.

To hear ALL the voices speaking out in orderly procedure, one after another, from the floor of the house and in all committees, from all members of the democracy who are moved

by the Spirit to speak, is to hear the full voice of God, with all its tones and undertones.

After all the voices have been heard, we cast the vote, each vote being equal in vote-power, each casting his vote according to the spirit of Christ within him; and the majority vote thus cast must give to the "drove" of us the DECISION OF THE SPIRIT IN ALL OF US, as to what we shall do at that particular time and place.

All of the FRICTION between personalities results from personal desire to have his own way in spite of the will of democracy. As we become habituated to DIVINE ORDER of democratic procedure in nominations and elections we shall cease to have this friction between personalities, because all personalities will *know the good in All of Us*; we shall recognize each other as equally divine in Christ, and equally human in his liability to err. And because of this each will let his sense of humor play upon every situation—instead of becoming intense in favor of some one candidate over another.

The fact of the matter is that the I. N. T. A. goes along in droves, and the real personality is the personality of Christ in All of Us and through All of Us to each and All of Us, and the real decision of that Christ lies in the majority vote after all sides are talked out.

Thus we shall "go in droves but there shall be no *personal* leader"—the leader shall be the MAJORITY DECISION, which constitutes the vote of the Christ in All of Us.

So let us go forward in faith in the divine order of Jesus Christ in All of Us—and be loyal to our elected officers and other Board members. Let us support our Alliance loyally.

Our Alliance Headquarters remains stable, though presidents come and go. And we have our same good secretary in charge of those Headquarters, Mrs. Lucy McDonnell. Address 311-12 Ouray Building, Washington, D. C. By the way if you want to see the August Bulletin and the succeeding ones edited by the new president, send \$2.00 for active membership in the Alliance. It will include all the Bulletins of the coming year and insure your right to be heard and to vote in the next Congress.

Princes of the Realm

By Kate Randle Menefee

THE bird is quite content to sing
Within a leafless tree;
He asks no listening audience—
Song is his monarchy.

And thus we each have kingdoms too,
Realms which are ours alone—
The worlds of love and happiness
God gave us for our own.

The Psychology of FEAR

Science has unraveled the knotty problems which the hundreds of forms of unreasonable FEAR formerly presented. Thousands are now freeing themselves from the anguish of Worry, Apprehension, Self-Consciousness—and the attendant nervousness—through following out certain definite laws of Psychological and Physical training.



Confidence, Poise, Positiveness and Personality CAN BE YOURS and thus the habits which have brought unhappiness completely destroyed. This means YOU—no matter how firmly fixed, how deeply rooted, your habits of depression may be.

I have written a 100-page book covering the results of my experiences of the past Twenty years in this work. This book will open your eyes to certain truths about yourself that will be the first step toward a NEW LIFE. It will put you in touch with YOURSELF and the wonderful hidden powers within. To those who purchase this book I will give a Preliminary Psychological Analysis without extra charge. The cost of the book is but

25 CENTS

C. FRANKLIN LEAVITT, M. D.

Suite 1516-G, 58 E. Washington Street, Chicago, Ills.

"... herewith find Check for your STORY"

Accepted! The whole world at your feet! What greater thrill than such a letter from an editor?

After all, it is merely a question of *knowing how to do it*. If you have the urge, and get the proper training, you can write to earn. The Palmer Institute can teach you how to produce salable material. In recent weeks 125 stories and articles by Palmer students have been bought by editors.

There is no reason why you, too, can not be making your writing pay. Mail the coupon and start today.

PALMER INSTITUTE OF AUTHORSHIP

CLAYTON HAMILTON... PRESIDENT

Dept. 11W, Palmer Building, Hollywood, California

I am interested in:

☐ Short Story Writing

Name _____

☐ English and

☐ Self-Expression

Address _____

☐ Photoplay Writing

☐ Writers' Criticism Service

All correspondence strictly confidential.
No salesman will call.

Study For Degree

of Doctor of Psychology (Ph.D.), Doctor of Metaphysics (M.A.D.), or Doctor of Divinity (D.D.), by correspondence in the quiet of your own home, or by resident class work in Indianapolis. Write for further information. THE COLLEGE OF DIVINE METAPHYSICS, Inc., Desk 1, 1443 North Meridian St., Indianapolis, Ind.



1000

HOTEL POSITIONS OPEN!

Proof

Hotels, restaurants, clubs, apartments, hospitals, institutions, schools and colleges everywhere need trained men and women. Over 70,000 positions paying \$2,500 to \$10,000 a year open annually in hotels of the United States. Nearly one and three quarter billions of dollars' worth of NEW HOTELS, CLUBS and INSTITUTIONS being built this year will need over 200,000 trained men and women. Hotels start you at salaries up to \$3,500 a year, with living usually included.

Previous Experience Unnecessary

You can have one of these fascinating, big-pay positions. Through our Simplified Study Plan we give you the valuable knowledge that it has taken successful hotel men years to obtain. Age is no obstacle—young and old alike have equal chance for success. A common school education is all you need.

We Put Our Students in Touch With Positions

We train you and put you in touch with big opportunities. All of your training under the personal supervision of Clifford Lewis, Managing Consultant for over 300 hotels throughout the United States. Our students employed by leading hotels everywhere.

Send today for Free Book, "Your Big Opportunity," showing how we can train you for one of these splendid positions, and explaining our Money-back Agreement.

LEWIS HOTEL TRAINING SCHOOLS

Room BR-Z501 Clifford Lewis, President Washington, D. C.
The Original and Only School of Its Kind in the World
Member National Home Study Council

Clifford Lewis

BEA HOTEL HOSTESS

Hotels, clubs, apartments everywhere are calling for hostesses, managers, etc. Splendid salaries. Fine living for you!

MANAGE AN APARTMENT HOTEL

Your Big Opportunity

...nies are crammed with letters like these, proving hotel work the field of big opportunity today.

Mrs. C. H. Mahle—"I am Manager of a large Inn. Words cannot express the worth of Lewis Training."

Earnest Crowder—"The Lewis Schools are entirely responsible for my appointment as Assistant Mgr."

Lewis Hotel Training Schools,
Room BR-Z501, Washington, D. C.
Send me the Free Book, "Your Big Opportunity," without obligation.

Name _____

Address _____

City _____ State _____

OPPORTUNITY COUPON

See you saw it in NAUTILUS. See guarantee, page 8.

New Thought Practitioners

CHARLES M. BERKHEIMER, M.D. Metaphysician, Hotel Trinity, Los Angeles, Cal. Ten treatments, \$2; daily, \$5 month.

New Age Truth Center. Daily treatments for peace, harmony and love. Free will offering. Room 214-424 So. Broadway, Los Angeles, California.

Treatment by Prayer.—If sick or discouraged write me, enclosing self-addressed stamped envelope. **ANNA L. STOBCKLY**, 514 Foothill Blvd., Oakland, Calif.

PROSPERITY and HAPPINESS treatments. Love offering only. Send 30c in stamps. **A. M. ALCOEN**, 840 California St., San Francisco, Calif.

HATTIE CHAPMAN GIBBS, Health, Harmony, Prosperity treatments. 1216 Leavenworth, San Francisco, California. Voluntary Offering.

REV. GEO. C. GOLDEN, Metaphysician. Consultation letters, \$10.00. 68 Post St., San Francisco, California. Phone Douglass 9858.

Let me help you attain health, happiness and your desires. Free will offerings. **VORA B. DURAND**, Vita Spring Sanitarium, Spring Valley, Calif.

I advise, help, heal, 28 years' experience. Daily half-hour treatments, \$1 each. I help you markedly or accept no money. **MATTHEWS DAWSON**, 6506 Western Ave., Washington, D. C.

J. I. KIMBER, 31 East Washington, Orlando, Florida. Health, Prosperity, Happiness treatments. Voluntary offering.

29 Years' Healing, Health, Success Treatments. Trial Month, \$1. **IDA WELSH**, 1618 W. Main, Belleville, Ill.

SUCCESS, SUCCESS, TRIUMPH. Send us your problem today. Success Department. **WORLD HELPERS OF HUMANITY**, Flag Pond Road, Saco, Maine.

"The World Helpers of Humanity." Cooperative treatments for health, happiness and prosperity. **EDITH MOORE**, Principal, Flag Pond Road, Saco, Maine.

"The Inner Court of Healers." If suffering from mental or physical inharmony send me \$1.00 with name, address and statement for one month's treatment. Address **THE INNER COURT OF HEALERS**, 30 Huntington Ave., Room 220, Boston, Mass.

MONEY TREATMENT, \$1.00. **DR. A. A. RANDALL**, 2744 4th Avenue, South Minneapolis, Minn.

Mental Healing Combined With Chiropractic

A new way to use the healing powers of the mind

Nerve force released by Chiropractic adjustment and metaphysical treatment has made hundreds well, happy and successful. Treatments given at office only. **GEORGE LOTT**, Chiropractor and Metaphysician, 47 West 34th St., New York City. Phone: Wis. 7425.

Do you want to be

ATTRACTIVE?

If so we can help you

Send name and address for free literature. **THE BROTHERHOOD OF LIGHT**, Dept. E. Box 1525, Los Angeles, Calif.

DOWN CELLAR

Is where this magazine will go when you have finished with it—or else to a friend whom it may help.

New Thought Practitioners

ZOE HOBBS LEARY, Metaphysical Practitioner. Hampton, New Hampshire. Free will offering.

CHARLES EDWARD CASWELL, Concord, New Hampshire. Metaphysical practitioner. Dynamic treatments for health and happiness. Write or wire.

Health, Happiness, Prosperity Treatments. Free will offering. **MARJAH VIRGINIA STRINGER**, 97 So. 10th St., Newark, N. J.

MRS. MARY CHAPIN, Metaphysician. Daily Interviews, Treatments. Hotel Commodore, New York City.

CHARLOTTE HENDERSON, Practitioner. Treatment by telephone, telegram or letter. Personal interviews. 15 Central Park West, New York, N. Y. Telephone, "Columbus 0815." Love offering.

MAYNARD DELEVAN LAKE, Metaphysician. Healing and Prosperity Treatments. Terms \$5.00 monthly. 112 Caroline Ave., Solway, N. Y.

DR. D. MARSDEN, Psychologist and Divine Healer. Daily treatments, \$2.00 per month. 3 Park Street, Ashtabula, Ohio.

DAVID E. JONES, Experienced Practitioner. Practical psychology. Treatments for Health, Happiness, Prosperity. Particulars. 79 Maple Street, Mansfield, Ohio.

DYNAMIC TREATMENT for PEACE, POWER, PLENTY. One dollar. **MAREY ATHERTON**, 61 West Church, Newark, Ohio.

MRS. S. M. ELLWANGER, 5919 Ellsworth St., Philadelphia, Pa. Spiritual Healer and Teacher—daily treatments for Health and Success. Terms, \$2.00 per week, \$6.00 monthly. Write for Circular.

MRS. C. A. BARTHOLOMEW, Sabinville, Pa., experienced New Thought healer. No charge unless patient is benefited.

Become a doctor of Bio-Psychology and Expert Bio-Psycho-Analyst

Dr. Taylor will personally help you master his new science of life and mind, perfect your personality, make secure your own health and business success and gain a paying, honorable profession. Lecture, teach, counsel, heal, backed by Diploma from a high grade chartered institution. Send 10 cents to cover mailing cost of particulars, including Book 1 of Correspondence Course for free examination.

TAYLOR SCHOOL OF BIO-PSYCHOLOGY, Inc.
Department A, Chattanooga, Tennessee.

MY BRACER LETTERS Will Benefit You

TWICE a month I send bracer letters. Dozens of answers come to me regularly telling how much they uplift, inspire and bless the recipients. Often these letters reach you just when you are blue and discouraged. They help you lift your head and win over difficulties. Try them. Your whole outlook will brighten. One month, 50c; three months, \$1.

MATTHEWS DAWSON

6508 Western Ave.

Washington, D. C.

DO YOU KNOW Others who would be benefited by **NAUTILUS MAGAZINE**? Pass on this copy when you have finished with it.

BY DOING his work he makes the need felt which he can supply. He creates the taste by which he is enjoyed. He provokes the wants to which he can minister.

—EMERSON.

Buy you saw it in NAUTILUS. See guarantee, page 5.

“Incurably” Ill - \$40,000. In Debt

Was the ultimatum handed to me by doctors and brokers more than 20 years ago—each declaring conditions were hopeless. Yet, nearly 20 years have elapsed since I was sick a day, or have owed any man anything “save to love one another.”

Yes, I DEMONSTRATED Physical Health and Financial FREEDOM by a careful study of NEW THOUGHT methods, and by the practical and persistent APPLICATION of such of them as appeared to me to be reasonable.

From this experience and my own research work, I have prepared a Book of Lessons which contains a TEN Weeks' Course of practice work, the price of which is \$5, and to each one who sends for the book, I will for a time GIVE

Ten Weeks Of Free Treatment For Realization

so that YOU will get both my PRECISE Method of Treatment, and my daily personal help as well, in the solution of your problems. Be SURE to send for the book. All letters Confidential, so write us your problems.

ELINOR S. MOODY, Teacher-Practitioner, 42 Deering St., Portland, Maine



NEW VISION FOR OLD

Learn how to Revitalize your Eyes, and Renew your Vision, through

CONSCIOUS CO-ORDINATION

EARL WARD PEARCE, for 43 years eminent in the field of Psychology and Physical Education, has written for you an enlightening message called “New Vision For Old.” If you have eye problems, this message will benefit you through all your future years. It's free. Send for your copy —now. EARL WARD PEARCE Dept. 3, 1247 W. 38th Place, Los Angeles, Calif.

YOU CAN BE WELL

From a lifetime experience with the desperately ill, we have collected a series of

LIFE-STORIES OF HEALING

This series, full of amazing healing power, has been bound into an attractive book called

“The Way to Health” and will be sent absolutely free and without obligation to anyone who writes.

WELTMER INSTITUTE, Nevada, Mo., U. S. A., Dept. 309

THE SECRET OF POWER AND HOW TO APPLY IT

God wants you to enjoy life's blessings. I am helping many (through my “Secret of Power” Lesson) to solve such life problems as these: To attract a suitable mate; to obtain satisfactory work; restore harmony in the home; change environment; turn sickness to health. One woman writes: “Have regained my husband's love through your help. You are wonderful.” Another reports, “Sold our business quickly, after all other methods had failed.” Messages similar to these are continually being received. Price of “The Secret of Power,” \$1.10. Money refunded if you are not satisfied with results. Address MARY L. ALLEN, 1871 Arch St., Little Rock, Ark.

Thousands Have Received Help

through our MUTUAL PROSPERITY LEAGUE. We give you daily treatments for two months, our wonderful \$2.00 book, LIFE ABUNDANT FOR YOU, and a year's subscription to AQUARIAN AGE, all for \$3.00. (Free sample copy.) THE AQUARIAN MINISTRY (Desk N), Santa Barbara, Calif.

GOD WANTS YOU TO SING

Get Pamphlet, on “APPLIED PSYCHOLOGY,” 50 cts. If by check, must be 60 cts. for exchange. Sing into rapport with HIM. Banish all harmful emotions on guarantee. Dwight A. Blackman, 335 W. 58th St., N. Y.

Just Around the Corner

Is everything you want

MONEY-LOVE-SUCCESS-HEALTH

Send Today For My

FREE MESSAGE

on SUCCESS and HOW TO ATTAIN IT and MAKING YOUR PERSONALITY WORTH WHILE.

If you do not have everything in life you desire to make you happy — Health — Money — Love etc.—you may find the CAUSE and how to overcome your disappointments, through the use of PSYCHO-SCIENCE, the true Christian Psychology, as explained in my FREE MESSAGE. Send today. Use Coupon. This MESSAGE costs you absolutely nothing. It's yours to use and keep!

WHITE INSTITUTE OF SCIENCES, Dept. 35, 8666 So. Broadway, Los Angeles, Calif.

Please send MY copy of your FREE MESSAGE to

Name

Address

City and State

When and where born

Occult—Astrological—Mysticism—Masonic

Theosophy; Auras and Colors; Numerology; Spiritualism; Physiognomy; Phrenology; Palmistry; The Tarot; —books on strange and rare subjects. FREE catalogs (state one wanted) 1N—Occult; 2N—Astrological; 3N—Masonic.

MACOY PUB. & MASONIC SUP. CO., 35 W. 32nd St., N. Y. City

ALL LOSS, all pain, is particular; the universe remains to the heart unhurt.

—EMERSON.

Say you saw it in NAUTILUS. See guarantee, page 5.

PROGRESSIVE PEOPLE make a Success in Important Undertakings by consulting "Solar Biology"; so can you. This book gives shortest, most accurate methods of how to use **YOUR OWN POWERS** to best advantage; gives possibilities on any subject relative to human life; Mental, Physical and Business Qualifications, etc., from date of birth. Price \$6.00. Literature and Magazine Free. **ESOTERIC PUBLISHING CO., 86, Applegate, Calif.**

SHE CALLED on a friend—was given a copy of **NAUTILUS MAGAZINE** and through it attained her desires. It has happened unnumbered times. Pass your old copies on.

MIRACLES STILL HAPPEN

Learn to Perform Them. The Neglected Teachings of Moses and Jesus show how to turn Sickness, Poverty, Failure, to Health and Glorious Success. Write **DR. C. S. DURAND, Spring Valley, Calif.**

THE VAN VALEN SANITARIUM

Yonkers, New York, **PSYCHO-THERAPEUTIC** treatment, combined with other methods, works wonders. Marvellous cures are made here in Mental, Nervous and Functional disorders. No insane received. Booklet upon request. Practice established 1899.

ARE YOU SEEKING

Health-Success-Happiness
You should acquaint yourself with our excellent Monthly Magazine. Send **TODAY** for free sample.
LIBERTY PUB. CO., Sta. D, Box 4289, Cleveland, Ohio.

The Joy of Being Well

IT SHOULD be our aim to create for ourselves by right thinking a body that we are proud to own; one that will show to others what we are and what we think. We need a perfect tool with which to function on this plane. The body is such a tool if we will make it so. Write for my free booklet, "The Road to Better Living."

My Book "How to Visualize Money," 25c will help you
MATTHEWS DAWSON

28 years' experience as teacher and healer.

6506 Western Ave., Dept. L.

Washington, D. C.

Now Open
in New York
The HOTEL GOVERNOR CLINTON
Opposite Penn. R. R. Station
New York's new hotel truly expressive of the greatest city.
1200 pleasant rooms each with Servidor, bath, circulating ice water and radio provisions.
ROOMS from \$3.00
E. G. KILL, General Manager
31ST STREET 7TH AVENUE



This Simple Easy Way!

Crow's-feet, double chin, furrowed brow, sagging cheeks and other defects once thought the inescapable results of age, illness, worry, etc., now can be removed quickly and painlessly without surgery, cosmetics, vibrators or special massaging apparatus.

Kathryn Murray's 5 Minute-A-Day FACIAL EXERCISES

enable every woman, in the privacy of her own home, to correct these blemishes and restore youthful beauty in a most simple, natural way.

Just as physical exercise keeps the body young, vigorous and supple, facial exercise keeps the face muscles firm, the complexion clear and ruddy, the contour youthful. Thousands of women have proved Kathryn Murray's Facial Exercises bring true and lasting rejuvenation. Satisfaction guaranteed. Exercise selected to your individual needs. Amazing results in only a few weeks.

Results Guaranteed Get **FREE Book**

Write for free book. Mailed in plain envelope. Send for your copy now!

KATHRYN MURRAY, Inc.

Suite 935, 5 South Wabash Ave., Chicago, Ill.

Nervous and Mental Breakdown

This trouble, which is so prevalent in the United States today, is causing untold suffering and limitation through being little understood. The first course is usually to resort to drugs, then rest cures are tried and the poor patient goes from bad to worse. Such troubles really represent a loss of confidence and control and an inability to forget one's self. It usually represents an active, good type of mind, which has become introspective. The advice, so frequently given, to discontinue work for a time is poor, for it gives one all the more opportunity to brood and dwell on self. Eventually the patient becomes literally "trapped" by his own thoughts of fear.

Dr. George E. Dodson, Professor of Philosophy at Washington University says—"Not hard work but Mental Conflict is responsible for Nervous Breakdowns which effect one out of every ten persons in the United States." My twenty-three years in specializing in such disorders has shown this to be true.

This Little Book Has Helped Thousands

I have written a 100-page book, **Self Mastery Through Understanding**, which is devoted to helpful, interesting and instructive reading on the subjects of Mental Disorders and Nerves. It gives you **FACTS**. It is pronounced priceless by many. It has started thousands on the road toward peace, poise and greater power. To those who purchase the little book and will fill out the Analysis Blank I shall mail with it, I will give a preliminary Psychological Analysis without additional charge. **WRITE TODAY.** The cost of the book is 25 CENTS.

C. FRANKLIN LEAVITT, M. D.

Suite 1516-H, 58 E. Washington Street Chicago, Ills.



Analyze Yourself

Find your hidden hindrances
Know what is holding you back



Marie Winchell Walker, M. D., tells how
in her book—

Results Through Self-Analysis

It is not difficult. And it will TELL
YOU MUCH ABOUT YOURSELF. Self-
analysis helps in many ways.

For instance: A young wife was terribly
unhappy because her husband was drifting
away from her. The analysis of ONE
DREAM showed her the remedy, which
lay in the development of a repressed talent
of her own—AND HER HAPPINESS
WAS SAVED.

A young married salesman was so wor-
ried over his finances that he thought of
deserting his family. An analysis showed
him the HIDDEN CAUSE of his failure.
THREE MONTHS LATER HE WAS
RIDING IN HIS OWN PACKARD CAR.

Why not make the acquaintance of your
own Subconscious, by the methods given
in "RESULTS THROUGH SELF-ANAL-
YSIS?"

The Contents :

The Conscious and Subconscious Mind; Com-
plexes and Cover Memories; Dream Analysis and
Interpretation; Condensation and Displacement;
Sublimation; Personality Analysis; Free Associa-
tion and Suggestion; etc., etc.

PRICE 55c

THE ELIZABETH TOWNE CO., Inc.,
Holyoke, Mass.

CLIP THE COUPON
THE ELIZABETH TOWNE CO., Inc.
Holyoke, Mass.

Yes, I would like to know how to analyze
myself, so I enclose 55 cents for a copy of
"RESULTS THROUGH SELF-ANALYSIS," by
Dr. Walker.

Name

Address

Will You Be One To Try

the radiant method to attain
greater success, more happiness
and health?

The radiant attitude is the one
sure way to success in all New
Thought practices, says S. Vaidi-
anathan.

The Real Secret Of Using New Thought Successfully

By S. VAIDIANATHAN

This book explains fully
the radiant method to reali-
zation. It is recommended
for those who have tried
other methods and failed to
overcome the causes of fail-
ure. It teaches how to lib-
erate subconscious energies
and multiply the power of
affirmation.

Price 55c

THE ELIZABETH TOWNE CO., Inc.,
Holyoke, Mass.

Coupon
THE ELIZABETH TOWNE CO., Inc.,
Holyoke, Mass.

I enclose 55c for "The Real Secret of Using
New Thought Successfully."

Name

And

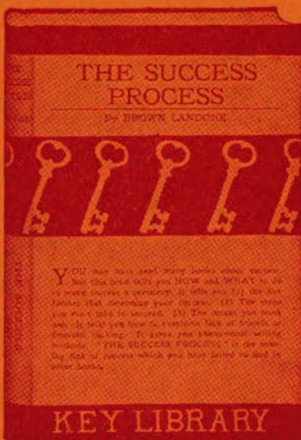
Address

Say you saw it in NAUTILUS. See guarantee, page 5.

UNITY PRESS HOLYOKE, MASS.

A Successful Man Said:

"I keep a copy of 'Success Process' on my desk and refer to it every day. It is my belief that if one would discard all other success literature and really study this course, the solution of his financial problems is certain."



Ideas You Can Use For Success

- How to Determine the Success Factors of YOUR Problem
- How to Think Vividly
- How to Image Vividly
- How to Test Every Factor of Your Plan in Advance
- The Only Three Means You Can Use
- The Failure of "Anna the Faithful" and WHY She Failed
- Idealizing the Process, Which Always Brings Success
- How to Use Actions Instead of Words to Impress Others
- Phenomenal Selling by Means of the Senses—a New Means
- How to Overcome Circumstances Which Hinder Your Success
- Overcoming Bodily Conditions Which Seem Impossible of Change
- How to Develop Capacities Which Seem Lacking

Landone's NEW Success Process

Revised Rewritten Condensed

Before Condensing It Was \$10---Now \$1.60

There are lots of men who make big money—but they do not know HOW they do it.

They will tell you to "work hard," to "save money," to "be honest and trustworthy."

And tens of thousands who do ALL these things never get ahead. WHY?

This book by Mr. Landone tells WHY. THERE IS SOMETHING NECESSARY LEFT OUT OF THE PROCESS.

How to determine that "something" is revealed in this book. It is nothing occult or mysterious. It is simply a way to make SURE in advance that you are using ALL the factors of success. Mr. Landone has made a scientific analysis of the PROCESS of success to find ALL the factors. And in this book he takes them up, one by one, and shows you how to use them, and why no one can succeed without using them ALL.

Selling Three Cars in Thirteen Minutes

This book teaches you how to sell anything—your own labor or service or goods.

In Chapter VII, you can read how an automobile salesman had been trying for a long time to sell a wealthy business man an automobile. Then by applying one of the unusual Success Process methods taught in this book he sold the man not one only but *three* cars within 13 minutes.

"THE NEW SUCCESS PROCESS" is in KEY LIBRARY form, flexible covers, gold stamping, 4¼x6¼ in size, large type, 233 pages.

Price \$1.60

THE ELIZABETH TOWNE CO., Inc., Holyoke, Mass.

***** MONEY BACK COUPON *****

The Elizabeth Towne Co., Inc., Holyoke, Mass.

Here is \$1.60. Please send me the NEW Success Process, with 5-day return privilege.

Name

Address