

# THE NAUTILUS.

Devoted to the Practical Application of Mental Science  
in Every Day Living.

Entered at the Post Office at Sioux Falls, S. D., as second-  
class matter, October 9, 1899.

Build thee more stately mansions, oh, my soul,  
As the swift seasons roll. Leave thy low-vaulted past.  
Let each new mansion, nobler than thy last,  
Shut thee from heaven with a dome more vast,  
Till thou at length art free: leaving thine out-grown shell  
By life's unvesting sea.—Holmes' "The Nautilus."

Vol. 2. { MONTHLY,  
Fifty Cents a Year. }

MARCH, 1900.

{ ELIZABETH LOIS STRUBLE,  
Ramsey Block, Sioux Falls, S. D. } No. 5

## YOU WANT SUCCESS! YOU WANT THE NAUTILUS! THEN READ CAREFULLY THE FIRST ARTICLE ON THIS PAGE AND ACT TO-DAY.

### GOD'S KIN.

There is no summit you may not attain,  
No purpose which you may not yet achieve,  
If you will wait serenely, and believe  
Each seeming loss is but a step to'd gain.  
Between the mountain-tops lie vale and plain;  
Let nothing make you question, doubt or grieve;  
Give only good, and good alone receive;  
And as you welcome joy, so welcome pain.

That which you most desire awaits your word;  
Throw wide the door and bid it enter in.  
Speak, and the strong vibrations shall be stirred;  
Speak, and above earth's loud, unmeaning din  
Your silent declarations shall be heard.  
All things are possible to God's own kin.

—ELLA WHEELER WILCOX.

### SUCCESS FOR ALL.

I have an Idea; a glorious Idea that means Success to a lot of people; to all the people in the world who want to profit by it. And who does not want Success? Everybody wants it. You want it. You want to join the Success Circle.

The center of that circle is my omnipotent WORD. Daily I speak it. Its vibrations radiate more and more powerfully day by day. As a violinist, by sounding continually upon his violin the one tone to which a great bridge is keyed, will in due time shake its mighty structure to pieces; so will the vibrations of my WORD, persistently spoken, break the most settled conditions of poverty, *freeing* the individual to the normal condition of Success.

Daily I speak THE WORD of Success. Just as the sun sends out its vibrations in every direction, warming to life many worlds, so my WORD radiates Success to ten thousand lives as easily as to one.

A world has but to turn its face to the sun and *receive* its rays in order to be made alive; so an individual has but to turn his *attention* to my Word and *receive* its impulse.

Every man can learn to succeed, but every man cannot learn to succeed in a day or a month, any more than a world can in a day or a month be sun-shined into fruit-bearing condition.

Many people send a dollar for Success treatment for one month and realize marvelous results; others send a dollar and, perceiving no great change in their financial condition, think they cannot "afford" to continue. This latter class is just as *certain* to realize success as is the former, if they

will only continue to receive the vibrations of the WORD long enough to break up the old conditions of thought and environment.

For some time I have held a desire to reach all classes of success seekers. This beautiful, sun-shiny morning my Success Circle Idea was born to bless the world through the readers of the happy little mascot, NAUTILUS.

You want to join the Success Circle, so I will tell you how to do it. For one dollar you will receive THE NAUTILUS for one year; in which will appear each month a short letter to the Circle; and your name will be enrolled for the year in a large book kept for this purpose. *Each day I will take this book with me into the silence and send out the WORD to each member. You will not need to set apart a time for receiving my WORD. It will reach you and stay with you and work its will within you, night and day. You need but to remember daily that my WORD is with you. All your questions I will answer in the silence. No letters are needed to convey to me your questions or your needs. I know them all and you have but to call, and be still; and you will receive the answer and the help desired.*

If you have *within six months* sent me fifty cents for a year's subscription to THE NAUTILUS, by sending fifty cents more you may join the Success Circle. If your subscription is over six months old, send a dollar for renewal and Success Circle membership.

This is a Success-FULL idea from the start. In one year from the time you join the Success Circle you will be able to look back and rejoice in the growth you have made. It will have been the best and happiest year of your life. And the next will be better still.

### EXTRACTS FROM A LETTER.

"Forgive yourself all shortcomings, and accept yourself as you are. You are ALL good. The one thing essential is to trust yourself and the Universal Self of which you are a part. You are a whole lot more than you realize. Your consciousness just now takes cognizance of but the physical being, but *you*, the "I" of you, is infinitely more than the physical body. It is an integral part of the universe. You are *one* with the great Life which throbs in the tiniest insect and holds planets suspended in space while directing their orderly movements. You are *one* with all the wisdom, love and power there is. The same force that has inspired all those who have come in close touch with the One Life, those whom the world has rev-

ered as prophets, seers and saviors, will otherwise inspire you, if you open your heart to the divine Principle of Being. In strict truth you *are* that Principle, and as fast as you recognize this fact will be able to *prove* it upon the plane of every-day life. You are a little universe all by yourself, and your "I" rules. You are really in the position of a person directing the action of a complicated piece of machinery controlled by a single lever. Let us suppose the machine is in good running order in every part, and the person pulls the lever and starts up; but almost as soon as the wheels begin to move he gets scared for fear something is going to prevent its working well, and shuts the lever up tight again. He repeats this over and over, never once letting the machine get well under way, never once trusting it to do its work. Now, that is exactly what we are doing more or less. We do not do it consciously, but every negative thought acts in just this way on the machinery of the body. Suppose I, for instance, have a belief in weak digestive functions. I wake in the morning, and my stomach is not inclined to do its work properly, and I feel depressed, and begin to think "Oh dear, it's the same old story! My stomach isn't going to digest its food. It feels like lead." Then I follow *the up with a long train of dismal reflections*—can't you see how it all acts like a brake upon the machinery of the body?"

"Now there is a method of overcoming such conditions by awakening latent power through brute force of will. This method is successful with some, but not with all, nor under all circumstances. To secure the best and most lasting results it is better to employ the will in holding the mind on true ideals, and then learn to *trust* our bodies—the power in and through them—to do that work for us. That means to free the organs of the body, *take off the brakes*, and *let* them work, while we go about any business in which we are interested. If we stop every few minutes to watch the body to see if it is working properly, the results will not be nearly as satisfactory. It is as if you were to dig up at frequent intervals a seed which you had planted, to see if it is sprouting. The Law knoweth what things ye have need of. Trust is the keynote of all success in self healing."

"All forms of inharmony in the body were originally created by reason of the intellect attempting to interfere with the working of the cells composing the physical being. Fear and doubt led to this interference. In his animal state, man, at first, largely trusted his physical powers, but as reason developed, he ate of the tree of knowledge of good and evil (positive and negative conditions), and thus doubt was born, and he attempted to consciously do that which should have been accomplished without any effort of the intellect, and which would have been thus accomplished had his growing reason not been led into doubt. The "I" is supreme, and it had the power to command health, but it doubted, so instead of commanding better things it put on the brakes. Fear and doubt were the devils which caused the intellect to be infidel to its other self, to body. It was as if the man at the machine were to take hold of one of the wheels and turn it himself, instead of

FOR SALE BY  
The Vegetarian Company  
79 McVicker's Theatre, 515 1/2 Jackson St.  
CHICAGO, ILL.

letting the machine do its own work as it would if let alone. His interference would do more harm than good. At most he could only stimulate action for a little time."

"I will now endeavor to explain a little more fully the laws which govern the phenomena referred to. Your consciousness is not dependent wholly upon your physical, every-day body. It could, under right conditions, function apart from that body, or it could and would draw another body around it, if separated from this. You have a higher self which is not subject to all the limitations of the physical, though it cannot find perfect expression, save when functioning through the outer body. You are not very conscious of the higher self because you hold the consciousness in a very limited physical dwelling place in the intense desire to feel things, to feel strength and health on the physical plane. Now this higher self, which I believe is substantial, just as much as the outer body is substantial, is composed of atoms so fine in quality as to be invisible to ordinary sight, and these atoms interpenetrate the coarser atoms of the physical body, and they act and react upon each other, and the more perfect this action and reaction, the more life and consciousness one has, and the more capable they are of feeling, for this finer substance (which Theosophists term astral matter) is capable of finer and stronger sensations than the coarser physical atoms. Now, when we have this constant, eager desire to feel on the physical plane, the consciousness is forced into the outer plane of being, and this action and reaction between the coarse and fine substances is prevented to a great extent. The finer forces cannot circulate freely. The remedy is to let go this intense effort to hold the consciousness in the physical, to feel on that plane, and allow the body to run itself. Here is where the "don't care" attitude of mind gets in good work. It relaxes the tense physical strain and lets the Law have a chance to do some healing. It gives the Principle of life a chance to demonstrate itself. It is best to learn to love the body and physical things. Then the body is relaxed, the consciousness does not put that intense strain upon it. Learn to trust the physical and to vibrate with it, while trying to realize at the same time the invincible power of the "I am." Learn to free the body. You cannot force it into obeying you for long, but you can love it into co-operating with you if you trust it. Suggest to your stomach, or whatever organ is giving you trouble, that you expect it to do its work properly, and then turn your attention to other things. Affirm that you are all right, no matter what your feelings may be. You are back of more than your feelings. You don't "have to" make an intense effort to feel. Let the life grow up within you and permeate your whole being. Your consciousness is, no matter what your feelings are. There is *nothing* to fear. You cannot lose yourself. You can "find" yourself more fully by learning to be active, to love things on the physical plane without allowing the mind to acquire the habit of straining after health and strength. This habit defeats your own desires. You ARE health. Just let it manifest. Just accept it. Don't run after it. Just look for it within yourself, and refuse to look for aches and pains and unhappiness. Love health and expect it, but not in that tense way. Above all, try to think these things out, and to come in touch with the Principle of Being for yourself. All I may say cannot help you, except as you make it practical for yourself. The most I can do is to suggest thoughts, which will help you if you work them out. No rules and formulas can be laid down for any individual case. The one great secret is to preserve a balance between the objective and subjective sides of life. To keep the inner and outer attuned. To avoid going too far into the psychic realm, or on the other hand, getting lost in the

coarser vibrations of the physical plane. Find out towards which extreme you are tending, and then cultivate growth in the opposite direction."

—WILLIAM E. TOWNE.

### TO THE AFFLICTED.

WAKE UP! You have been trying to go comfortably to sleep in the good old ways of our dad-dies. But the world moves, and the procession tramples under foot him who does not keep up with it.

The procession is not hard upon you. It is for your individual edification.

The world is not against you. That is not the cause of the buffetings you receive. Oh, no!

YOU are against the world. You don't want to exert yourself to keep up with it. No wonder your toes are trodden upon.

Quit wailing because your feelings are hurt and your "rights" are not respected. The God in you must take care of your rights and feelings. That is what he is for. Wake him up and bid him do it.

Get up and hustle. Do something. Get interested in doing it.

No matter if you have done the same thing a thousand times before. Make this time unique. Do it a little better, or in a little different way, or a little more expeditiously than ever before.

And that reminds me, that expedition and hurry are not synonymous terms. A mind that is scattered all over the universe, a worried mind, a weak mind, a coward mind, impels its owner to hurry; a strong, resolute, *interested*, self-centered, CONCENTRATED person economises energy as well as time. He does a thing as quickly as he can, without *straining* mind or body. Hurry weakens brain and body; expedition strengthens both.

Wake up and be an Individual, instead of a negative block (head) in the way of the world's progress.

Be an Individual of grit, who does not wail sentimentally over his hard lot, and incidentally nurse corns and bunions and rheumatic twinges.

Be an Individual who makes the best of everything he has and each thing that comes to him; who does not cry out: "Oh, what have I done that this should be my lot!"—but *accept* instead the thing that comes, work cheerfully *with* it, and in due time you will get through with it, and find a pleasanter thing *has grown out of it*, as a beautiful flower out of a shiny pool.

Grow into a strong, sensible Sweet Heart, who attracts every desirable thing, and keeps happily with the procession.

Be an Individual who relies upon himself,—his own God—for what he wants, happiness included, and ceases not to demand until he receives.

Be an Individual of hustle and GET THERE.

You can't? Too many limitations? Nonsense!—The limitations are all in your mind and you can be what you WILL to be.

### A LETTER.

Dear Mrs. Struble:

Ever since I received the last NAUTILUS, I have wanted to write to you, but have put it off because of other occupations. I will wait no longer, but will tell you what is on my mind now.

First, I want to thank you for very kind words you said about me in your paper. I make no claim to any great knowledge upon the subject, but I have both thought and observed, and I believe I am in the rank of advanced thinkers upon the sex question.

But what pleased me most was to see upon how many points we think alike, although we have reached our conclusions from entirely different directions. I hold it to be one of the strongest proofs of the truth of any position, when thinkers who are investigating from different points of view, find themselves drawing together. It is like

a proof in arithmetic when you have the same result in working out a problem by different rules.

I will tell you the things which have specially pleased me. First, what you tell the woman—I take your correspondent to be a woman—who was disappointed in her friend. Your answer is the lesson we have slowly learned. We must learn to like our friends in spite of their faults. If we like only perfect persons, we shall have but few friendships.

Second, your teaching to look to ourselves for what success we desire. The world is entirely too full of reformers who want to improve everybody except themselves. Self-improvement is the key to happiness.

Then I fully agree with you as to the need of gratifying desire. Desires urge us to action, judgment teaches us how to gratify them with benefit to others. \* \* \* \* \*

I honestly believe that a better knowledge of the principles of Magnetation will be a great help in the right direction. But many other things will be needed. I find the germs of those principles in THE NAUTILUS.

What pleases me is, that so far as you have left the beaten paths and struck out in a line of your own, you have struck into what I think is the right track, and in a line of conduct which will be of infinite benefit to humanity.

I wish you much success in your work.

ALBERT CHAVANNES.

Knoxville, Tenn., Jan. 9, 1900.

—What are you waiting for? To be endued with power from on high? Chestnuts. Simon Stylites waited twenty-five years, and he would be still sitting on a post if he hadn't up and died. You are *already* endued with power from on high. What you need is to *use* it, one day at a time. If Shelton had tarried in Jerusalem or Helen Wilman's class until he was endued with power, he would never have reached the top of an exceeding high mountain. He did not tarry. He went straight out and began to *use* his power. "Mistakes," "failures," etc., etc., only waked him up to more power. He has been daily using his power from on high. Nary a tarry for him. The chief sin of the human race is waiting, waiting, *for what it already has*, power from on high. Take your power for granted and keep hustling. Let every failure make you more resolute, more wide awake. Failures are a glorious help in waking people to success.

—One of my sweethearts out on the coast announced herself as a healer. Next month or so she read Shelton's "Tarry in Jerusalem" article, canceled her ads and quit. She did well. I am reminded of a professor to whom I used to recite mathematics. After I finished what I flattered myself was a very brilliant recitation, he would look wise and say, "You are sure, are you?" Whereupon my heart thumped, and after a moment's desperate effort to be sure, I flunked ignominiously. Then he would "guess" I was right, and proceed to terrorize somebody else. That man was a blessing to me. I learned to *know* I was right, and *why* I was right, and the whole state board of instruction could not make me tremble after that. You are sure, are you, Ada?

—"The Constitution of Man" by Elizabeth Lois Struble. The author of the twelve lessons under the above title has achieved a well-deserved fame. As the editor of THE NAUTILUS, she is undoubtedly among the foremost of advanced writers on Mental Science. These lessons formerly appeared in that paper. They are particularly original and powerful. Send for them. Complete in one tastily bound volume, 25c."—Fred Barry's Journal.

—NAUTILUS subscription list is booming these days.

## FROM A NOTED PSYCHIC.

Dear Mrs. Struble:

I am delighted with the way you treat the federal authorities business in your paper. In my opinion it could not be improved. You said exactly the best thing to say to your readers. There is a grand lesson in it. THE NAUTILUS is a good Teacher, and has already made a deep impress upon the human mind.

I thank you for your kind, cheering letter. The postman brought it with about twenty other letters, and as I went to the door to get them (you know my tendency to visions) I saw the sentence in letters seeming to be made with sunlight: "She succeeds who makes success," and the word success was like a thread connecting the sentence with your letter, which was in the middle pile of letters on top, and your letter shone like the sun. So I need not wish you success, for you have it already.

Peace be with you. Your friend,

LUCY A. MALLORY.

Portland, Ore., 1-31, 1900.

—Concentrate.

—Eliminate idle words.

—Eliminate idle thoughts.

—Eliminate useless acts from your life.

—When you don't feel good, THINK good.

—A success-FULL spirit never manifests a dis-eased body.

—Well begun is half the battle, and STICK TO IT is the other half.

—"I am so much improved that I want another month's treatment."

—"You are doing wonders for me. Keep on speaking the Word."

—"Enclosed find money for February. Business increasing slowly but *surely*."

—Verily, the trial subscriber reneweth promptly, and the heart of the editor waxeth happy.

—"Character and Destiny" is a ten-cent booklet by a phrenologist, Ira L. Guilford, Los Angeles, Cal.

—"Is the word, 'Sweetheart,' a healing word when spoken for the sick?"

Yes.

—"Your Word and practicing non-resistance have brought me a much pleasanter environment." Carrie.

—It takes strength to follow one's desires; and more strength to accept cheerfully the consequences.

—The consequence of any act is a fixed quantity to be accepted calmly, with its lessons, and made the best of.

—"Can you tell me what relation man is to God?"

Man is God.

—"I don't know how to thank you enough. My baby is so healthy now, and I am so much better." M. G.

—"Mental Science" is a new monthly that introduces itself. B. P. Hanan edits it at Arlington, Kan. Price 50 cents a year.

—"A Synthesis of New Thought" is from the pen of L. Emerick, Jacksonville, Ill., a "teacher of and for the New Era now dawning."

—"Can you not tell me how to enter into the Silence?"

Wake up! You are there now.

—Use your energies, physical and mental, to some purpose. When you don't know what to do, keep still and let energy accumulate.

—My WORD is growing success for multitudes of people besides myself. I had rather heal poverty

than any other dis-ease, because it is the trunk of which ninety-nine out of every hundred other diseases are only branches.

—All orders for books and papers are promptly filled. If you do not receive promptly what you have ordered, drop me a line, per card.

—"Gold is God," says Charles Hamilton Merry, on the title page of a twenty-five-cent book, printed at 204 North Third street, St. Louis, Mo.

—"I have sent a dollar at two different times for success in business, and found the result to be A 1, for which I thank you very much." M. B.

—"Enclosed find money for second month. I am much better and my organs are going back to place. I am very thankful to you." R. R.

—"Your 'Constitution of Man' is selling fast. Please send fifty more by return mail." WILLIAM E. TOWNE.

—When you have satisfied yourself that you cannot make your child be good, take hands off and remember that he *is* good. Love him and help him to follow his desires.

—If you want special treatment for success, and a personal letter from me, send one dollar each month. And remember to increase your remittance as your success grows.

—Treatment for self-development, which includes health, happiness and success, one to ten dollars a month. When the M. D's give you up, then will my WORD heal you, mind and body.

—"I am pleased to inform you there is quite a change for the better. Menstruation was normal, no suppression nor pain, which was really wonderful for me. Constipation seems to be letting go." G.

—The Religio-Philosophical Journal is one of the oldest and best spiritualist journals published. It is published weekly, not weakly, at 1429 Market, San Francisco, by Dr. Thomas G. Newman. Price \$1.00 a year.

—When sending in subscriptions, remember to state whether or not you have been receiving THE NAUTILUS. You do not want to receive two or three papers instead of the one you order. Neither do I desire to send them.

—Lloyd Jones, of Milwaukee, Wis., has a good, practical article upon "The Art of Concentration" in February Suggestive Therapeutics. And Sydney Flower makes some good suggestions as to how to conquer the worry habit.

—"I herewith enclose a dollar for another month's treatment. I sent you the last dollar I had the other time. Since then I have met the demand I wrote of and have this left over. So I send it to you and report myself better mentally and physically, with increased power of expression." G. B.

—I heal by the Silent Word. Letters are a hindrance rather than a help. A brief statement once a month is all the writing you need do. If you want to tell me anything, or ask me anything, use the omnipresent, always-in-order, wireless line. Ask, and you shall have it. Keep quiet and receive it.

—When you stir a teaspoonful of soda into a quart of sour milk, do you stand with bated breath, staring eyes and strained neves to see if it is going to sweeten the milk? Then why watch anxiously to see if the WORD is going to heal? It is just as dead sure as the soda. Speak it and then do something besides watch.

—"Emerson loved the good more than he abhorred evil. Carlyle abhorred evil more than he loved the good. If you should by chance find anything in this magazine you do not especially like, it is not wise to focus your memory on that, to the exclusion of all else—Bless your soul!"—Elbert Hubbard in Philistine.

—Kate Atkinson Boehme, whose splendid articles

in Freedom attracted much attention, has just issued the first number of a promising new journal, "The Radiant Centre." J. C. F. Grumbine is to be a regular contributor. Monthly, \$1 a year; address, 1528 Corcoran, Washington, D. C. A radiant success to the Centre.

—"Secular Science and Common Sense" is published monthly at Chicago, 35 and 37 Randolph street, by G. B. Moore. The January number is replete with good things. "Marriage Morals" and "Wrongs of Married Men," and "Should the Poor Marry," the latter two by Lady Cook, are common-sense articles by able writers.

—Serviceableness is the one thing that excuses the existence of anything or anybody. That which is most serviceable is worth most to itself and the world. *The better you can serve, the more valuable and noble you are.* A king is served; but it takes a God to serve. The better you can serve, the more nearly are you a God. Who best serves the world? He who gives to those with whom he comes in touch, the *greatest number of enjoyable sensations.*

—"What is the meaning of low spirits and generally wretched feelings?"

Diagnosis: Doleful dumps.

Cause: Tragic notion that you are a very small victim of cast iron circumstances.

Cure: Ruminant less and hustle more. "If you can't be happy be as happy as you can."

—"I received your letter on the 24th. It was written on the 17th, and mailed at 4 p. m. I had distinctly felt an uplifting on the 17th and knew something had been done for me somewhere, so I made a note of the date. When your letter came I said, 'Aha! That is what happened!' Behold, *as you said it I felt the 'self-centering.'*"

—What is meant by the injunction to become as a fool that we may gain knowledge?

The same thing that Jesus meant when he remarked, "Except ye become as a little child, ye shall in no wise enter the kingdom of heaven." Children and fools are near the truth; while the man who is already puffed up with what he knows needs a good-sized puncture before he can receive any more knowledge. See?

—"Suggestion: the Secret of the Sex," by C. Wilbur Taber, is a useful new book, whose title explains its nature. Dr. Taber thinks he has discovered the principle underlying the theories of Schenck, Windsor, et al., and elucidates his views in a pleasing, concise and practical manner. All who are interested in controlling the sex of offspring need this book. Taber's is the most rational theory yet promulgated and cannot be far from the truth.

—"Dear Elizabeth Struble: Do let me shake hands with you. The January number has just come, and I have been all through it with so much enjoyment. You *do* make so many things clear which before lay hidden in darkness—or else you so emphasize the old knowledge that it seems new. I cannot get on without THE NAUTILUS, and enclose fifty cents for the coming year. With best wishes for your success in all things," Mrs. Ellen T. Way, Deering Center, Me.

"The Harbinger of Dawn," for January, contains Dr. Max Muehlenbruch's prophecies for the next quarter of a century. He prophesies for the whole world. It might be interesting to paste it in your hat and see how many come true. He predicts the early death of Dewey and Mark Hanna. By the way, Harbinger of Dawn is only six months old, a sturdy infant that is making itself heard. Monthly, one dollar a year. Ernest S. Green, editor, 1804 Market, San Francisco.

—When you find yourself in the possession of sundry blue devils, proceed to out-devil them. If they would have you go a mile, go two miles. Put your *will* into it and see how blue you *can* be. "Pretend" you are a bluer blooded aristocrat than

any of those that have come to visit. Be polite to them and *let* them entertain you. Do anything they bid you do. Sit down and mourn and wail to their hearts' content. Berate everything and everybody. Just try it. Blue devils are such contrary imps that they never stay long where they are well treated. Their good mission is to torment. A hearty welcome sends them flying.

—"I was much interested in the discussion between Gilbert Murray of Rochester, with whom I am acquainted, and yourself on following desire, and want to say I agree with your views heartily. I have found by experience, when we overcome or suppress desire, it is apt to come up at inopportune times; whereas, when we cease to *resist*, and so *outgrow* desire on a lower plane, we transmute it to a higher sphere. It sometimes seems as though if there is anything we really want in life, it is like Hamlet's ghost, that will not down till it is gratified."

MARY A. TRUESDALE,  
Spencerport, N. Y.

—"You gave me a month's treatment when I subscribed for NAUTILUS, and it was a great help to me. So I am going to 'hitch my wagon to your Word' once more, for I have undertaken a pretty big thing." (This from a well known healer, who is not by a long chalk the only healer and teacher with wisdom enough to follow Desire's admonition to "hitch his wagon to my Word.")

—Humanity's Sweetheart, Tom Shelton, has betaken himself up into a "great high mountain" to live. He leaves you to guess whether he was led by the Spirit, or followed the devil up there. It is all the same in the end, for there never was a devil that was not made by the Spirit and led by the Spirit. If a man gets the devil between himself and the Spirit, he gets there just the same. It is my own private opinion that the devil gave Tom up some time ago. Shelton cast him out and is making it his business to cast him out for other people. His new address is 1542 High Street, Denver, Col., and his Christian is a dollar a year. He is still sending out too much for the money.

—"Am really sorry to learn of your trouble with the federal authorities. Your friends here think there surely is a mistake somewhere. Your case reminds me of the test case of Francis Train some years ago, arrested by the authorities for sending obscene literature through the mails. When his accusers learned that Mr. Train had only copied a verse from the bible, they wanted to turn him loose. Mr. Train demanded a jury trial, not wanting to have that stigma on his character. He was refused a trial, and the jail where he was confined was burned down. It would not do to let the dear people know that the bible contains such immoral language."

—FRANK. W. WILLIAMS.  
Manhattan, Wyo.

—"Why do certain people, good enough in themselves, ruffle my temper as soon as they come near me?"

Because neither of you knows how to vibrate *with* the other. Every man's life is a melody in an individual key. If the two persons' lives are naturally in the same key, their thought melodies harmonize without effort. And they enjoy the duet. If their lives are pitched in different keys, there is a jar. The natural impulse with both persons is to protest against the other. Unconsciously each tries to *drown the other's melody*. Of course the more aggressive nature succeeds in making the other "feel small," provided that other has not large self-esteem. If he has, he simply believes that the other party "looks down" upon him. Knowledge that *every* man's life melody has its place in the universal harmony, a place as necessary and as well sung as our own, is the first requisite in overcoming this jarred feeling. The only other necessary is a self-control that will enable him to *keep still and listen* to the other, instead of resenting and condemning. Humanity is a glorious chorus, each member of which is learning to sing his little part in time and tune. When somebody else sings fortissimo it indicates piano for you, or maybe a rest. But it is alright. Your turn will come again.

—You need first of all to *make up your mind*; either to leave this person, or to adjust yourself to him, so as to live harmoniously. You CAN do either, and you are free to choose your own course. If you choose the latter, and go at it with a WILL, you will be everlastingly glad of it in time to come; for you will help this other, and gain for yourself a self-control that will be a joy forever, and a source of power for greater achievement than you have yet dreamed of. Which will you choose? Unless you *do* choose, all the treatment in creation will not help you. The moment your choice is made my WORD will work within you, day and night, to accomplish that which you have chosen. You will feel better immediately, and you will find your work easy, and *all things* will work for you.

—"I have been intending to write you ever since the first, and especially since last Sunday, when I read the news of your arrest. I remarked then that you would take it as calmly, as if it had been a *desirable* "good". But we are very sorry that it happened. You won't mind my saying what I think, for you know I always credit you with the right motive, and have in this case. But I cannot tell you how I felt, when I read that article in the NAUTILUS. I wanted to sit down and write a protest against your putting both yourself and your cause in a wrong light. What would become of the homes in this land, if men or women undertook to follow the physical side of that advice, without comprehending the spiritual meaning behind it? Liberty in the hands of the uncomprehending masses stands for license. And O, dear! I wish you wouldn't use slang. The highest truths deserve the highest modes of expression. No language can be too noble to express the laws of mind."

There is only ONE light, Sweetheart, and I and my cause are in the light always. There IS no wrong light, and not a soul can be turned from the truth when he is ready for it. He and the truth have an irresistible affinity for each other. Couldn't get away if they tried. As to the "uncomprehending masses," I am not writing for them. And if they do perchance get hold of what is not intended for them, why, they are welcome to their thinks. None of these things move me. Don't get scared; men and women CAN'T follow my "advice," on any line, until they are READY. I don't flatter myself I shall set the world afire in any such fashion. When they *are* ready for my teachings, liberty and license will not be synonymous terms. My principle and teaching is scientifically correct, and I may say some still more startling things some day. But I will take good care not to use Uncle Sam as a speaking trumpet. I follow the line of least resistance. I am not a Capricornus, to butt twice the same stone wall. \* \* \* You dear dualistic infant, when will you learn that ALL is GOOD. Slang is as good as the English of a university student's essay, and often much more effective in impressing an idea. That is what I am trying to do. I want my "literature" written upon human lives. Don't care if the papers all go into the fire; the "Constitution of Man" along with them; but I want to sow IDEAS that will stick like burrs and grow up like the famous mustard seed of Bible stories.

#### THE SCIENCE OF PHYSICAL IMMORTALITY.

This new brochure, by Harry Gaze, proclaims in no uncertain tone the science of eternal life right here and now. His reasoning will convince all. He strikes the keynote in these words: "Whenever we are in a mental attitude of harmony, we are generating health and beauty, for we are in a state of eternal conception, and in this miniature universe we call the body, thousands of atoms spring each moment into life with their quality and arrangement determined by our thought." If you want more life, get this book and study it. Price 25c.

WILLIAM E. TOWNE,  
Holyoke, Mass.

#### "WHAT'S IN A NAME?"

Why, your whole character. The initiated have long known that your latent possibilities, as well as your marked characteristics, are contained in the colors and numbers of your name. Verify this by sending one dollar for a written delineation to

J. KNOWLTON,  
48 South Third Street, San Jose, Cal.  
Data required; your FULL name and your mother's surname before marriage.

#### SUGGESTION: THE SECRET OF SEX.

[BY DR. TABER.]

This unique book tells how to control at will the sex of unborn children by a new method. It is chock full of new and original ideas in sexology, and demonstrates from the standpoint of material science the marvelous power of mind over matter.

It gives much positive and valuable information for all, and is, in short, an intensely interesting work.

Send stamp for circular and synopsis of each chapter.

WILLIAM E. TOWNE, T. N., Holyoke, Mass.

#### PRACTICAL METHODS

TO INSURE SUCCESS  
TAUGHT BY MAIL.



An exposition of nature's potent forces in their direct relation to man's material destiny, enabling one to restore and maintain health, develop the mental faculties and cultivate magnetic power. Valuable booklet 10c. Circulars free.

Address: URIEL BUCHANAN,  
Lock Box 210, - Chicago, Illinois.

#### MENTAL SCIENCE INSTITUTE.

TORONTO, CANADA.

At this Institute a complete course of instruction is afforded students who aspire to the POWER conferred upon the individual by a thorough knowledge of SUPREME MENTAL, SPIRITUAL SCIENCE. Write us FULLY regarding your requirements and circumstances, and we will advise you in reference to our terms.

Address all communications to Mental Science Institute, Toronto, Canada.

H. H. BRIDGEWATER, Secretary.

THE ALBERT SCHOOL OF ASTROLOGY AND PALMISTRY, Albert and Albert, A. S. D., F. C. S. L., principals, authors and publishers of Occult works: Albert's Dial of Destiny, an Astrological mechanical device with book of instruction, \$1.00; Albert's Heliocentric Astrology, 144 pages, paper, 50 cents; Albert's Geocentric Astrology, 130 pages, paper, 50c. All practical and simple methods of solving Astrological problems.

FAITH AND HOPE MESSENGER: HANDS AND STARS and Metaphysical Knowledge combined, published monthly, devoted to Occultism, Astrology, Palmistry, Diet and Higher Thought, 50 cents per year, sample for stamp. W. J. Colville, associate editor. Send 10c and date of birth for 32-page Illustrated Housewife and one year's predictions. Address:

ALBERT AND ALBERT,  
(N.) Atlantic City, N. J.

#### MAGNETATION.

Personal Magnetism is the subject treated in this new book by the well-known scientific writer, Albert Chavannes. He writes in a clean up-to-date style, and takes advanced ground, pointing out the higher uses of Vital Force, and showing how it may be so directed as to accomplish the regeneration of mankind. The following brief synopsis of Chapter II will give a faint idea of this work: Magnetism possessed by all people—Magnetism a substance—Magnetism a cause, not an effect—Its attributes the same as the attributes of mind—Mind a substance—The Universal Mind—Vital Force—Magnetism fluid in its nature—Intellectual Magnetism—Emotional Magnetism—Sexual Magnetism—Vital Force turned to Magnetization, etc., etc. This is a really valuable and highly satisfactory book. Price, 25 cents.

WILLIAM E. TOWNE, Holyoke, Mass.

#### HELEN D. PHILIP

Gives treatments for financial success, and correspondence when desired. Enclose not less than one dollar for one month's treatment, to 621 O'FARRELL, SAN FRANCISCO.

#### BUSINESS SUCCESS

THOROUGH MENTAL ATTRACTION.

[BY CHAS. W. CLOSE, PH. D., S. S. D.]

Paper, Price 10 Cents silver, or 12 one cent stamps.

Gives a brief statement of the principle involved in the application of Mental Law to the control of financial conditions, with eight practical rules to insure BUSINESS SUCCESS. Special offer to sick free.

C. W. CLOSE,  
124 Birch St., (T. N.) Bangor, Me., U. S. A.

#### A NEW BOOK.

"Hypnotism as a Remedy for Mental Troubles" by Dr. Herbert A. Parkyn. Everyone who is interested in the science of suggestion as applied to the cure of disease should read this little book. It comprises the very latest thought on the subject. Price 10c. WILLIAM E. TOWNE, Holyoke, Mass.

#### "THE FIELD OF PROGRESS."

A Lovell Bain, Editor, 185 Simcoe St., Toronto, Ont., Canada, takes health vibrations to its readers.

IT IS A PANACEA IN YOUR HOME if you follow its easy directions. It is the most independent and fearless New Thought Journal published. Would you have health, more happiness, and greater financial success, read this Journal and put it to the test. Only one dollar a year. Send for a sample copy; a postal card will bring it. WRITE TODAY.

#### FREE.

THE KEY TO YOUR FORTUNE—Revealed by Psycho-Astrology. For particulars, send for sample copy of Physical Science Review, 1804 Market Street, San Francisco, Cal., which will furnish its subscribers with a key to success, according to the best planets of each individual, ABSOLUTELY FREE. A new system which has been tested and found to give RESULTS.

THOMAS EDWARD SWEENEY is meeting with marvelous success treating absently. Thought applied scientifically will cure any disease. Try me. Terms from \$10.00 to \$1.00 per month. Address: 820 Ludington street, Escanaba Mich.

**ZOISM**

The New  
Religion of  
Healing

Physical, Mental and Spiritual Health; a Heaven on earth. The triumph of the century. Free book sent on request by the

PSYCHIC RESEARCH COMPANY  
Dept. 82, Times-Herald Bldg., Chicago