

THE NAUTILUS.

Devoted to the Practical Application of Mental Science
in Every Day Living.

Build thee more stately mansions, oh, my soul,
As the swift seasons roll. Leave thy low vaulted past.
Let each new mansion, nobler than the last,
Shut thee from heaven with a dome more vast,
Till thou at length art free; leaving thine out-grown shell
By life's unresting sea.—Holmes' "The Nautilus."

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ELIZABETH LOIS (STRUBLE) TOWNE,
HOLYOKE, MASSACHUSETTS.

No. 11.

THE CARELESS CROW.

The crow that perches on the fence,
Caws, careless of the morrow;
It scratches up the corn to-day,
Nor looks for grief to borrow.
And, filled at last, it flies away,
But not in search of sorrow.

I cannot sit me down to rest,
For life is such a hurry;
The sky is clear to-day, but I
Have fears I cannot bury;
Impending troubles make me sigh
And rush around and worry.

The careless crow may be laid low
When it returns tomorrow;
But still to-day its heart is glad,
While I seek woes to borrow—
A day of joy that has been had
Beats years of coming sorrow.

S. E. Kiser in Chicago News.

SOUL MATES AND OTHERS.

I am continually being appealed to by both women and men who are longing and looking for their "soul mates." Some of these have never loved or married. Many have loved and lost—the loved one has gone off with another and I am urged to "treat" him or her to return.

There seems to be an epidemic of this kind of experience. Why? Because this is the age of The Birth of The Individual. The Law attracts the individual to the ones for whom he cannot sacrifice Himself; upon whom he cannot lean; that he may recognize his ability to be to Himself All Things; that he may prove that HE IS ALL.

No sweetheart or wife is needed to complete him. He is male and female; she is female and male; each is perfect without another.

The law is teaching men and women the truth about themselves; the truth that happiness is not dependent upon even a "soul mate" but springs up within and, if recognized, will bubble joyously in the midst of any surroundings or no surroundings at all.

Until a man becomes an Individual his own well spring of life is neglected and choked with the rubbish of other folks' thoughts. A man's sweetheart chokes him to death quicker than all the rest of the world together; a woman's lover chokes her life off still quicker. Each is filled up with thought of the other; each finds the other instead of himself; each draws from the other's life-spring and forgets to keep his own well springing up unto life.

So each is himself thirsty and cannot satisfy the other. And both are ready to die, for they are one and perish together, like the Siamese twins.

But the Law takes care of its own. Before they shall have quite killed themselves the Law tears them apart and so disguises them that they cannot find each other. Then there is weeping and be-railing of Fate. There is always weeping and agony when the babe is individualized from the mother and it finds its separate life strange and undesirable, and would fain again be one with her.

So with the lovers—who seek the world over and mourn for the mate from whom sustenance

and support have come. But in vain. The Law is wise; and strong; and doeth all things well.

All this separation in order that each may become an Individual.

* * * * *

What is Individuality?

Listen: Paderewski sat down to the piano for the first time. His soul rang and echoed and thrilled with sweetest harmonies. Such joy vibrated his being, and such longing to communicate that joy to those he loved.

Paderewski rested his long, slim, white fingers upon the keys and began for the first time to express his soul, his Ideals. Oh, horrors!—what a jangle! Instead of receiving the joy he meant to give, his loved ones stopped their ears and ran away.

And Paderewski wept. He perceived that the beauties he heard he could not express. He looked at his beautiful hands and wondered why he failed. Again he rested his fingers upon the white keys and carefully, softly touched them to express a simple air.

And, behold, where he would have one finger bring forth a soft tone all the other fingers moved and sounded with it.

His soul sang; but his fingers quarreled.

So Paderewski went patiently to work to teach each finger to obey His Will instantly, gracefully, accurately. He wrote His Will for each separate finger upon the very finger tip itself. He taught each finger a brain of its own, that it might intelligently fulfill its mission in the economy of the whole; to the end that the song of Paderewski's soul be communicated in joy to the souls of his loved ones.

Paderewski's fingers used to be merely two bunches of fingers; each without self-poise; none able to move far except in unison, an imperfect unison, with the others.

Now, Paderewski's fingers are individualists. He has taught each to move intelligently and to let go intelligently.

Paderewski has trained ten Individuals each one of which loves to express its own part in the divine harmony of Paderewski's soul.

Just so the Infinite is training countless Individuals, to express with love and joy, each His Own part in the Universal Symphony.

Have you sensed the difference between "the masses" and the Individual?

* * * * *

In the beginning of the history of man all did the same few things. Then somebody got tired of the monotony and did something New. Immediately "society" ostracized him.

Then he came out and was separate, and instituted a family that did the New Thing. Gradually that became old, and another New Thing sprang up and was in turn cast out.

The discoverer of the New Thing is an Individual. He thought and worked out Something without the backing of "the masses." He became a tribe leader; a sun; with a mass of satellites.

By and by a satellite "grew up" and thought out a new Something. Then he became a sun and went off by himself, drawing with him a train of satellites; of dependents. So the world has been

filled with Individualists and Masses. Mostly Masses. And the Masses lean; because they have not grown up.

Gradually they outgrow these leanings. They learn to Act, more and more intelligently—which means independently.

In this day and age you find many individuals who have discarded all leanings but the sex leaning; many who can stand straight and be happy with just one crutch—a sweetheart.

But that will not do. Paderewski's fingers had to learn absolutely free, joyous Individual self-expression. So the Law inexorably and yet lovingly compels its fingers to express each his own part, his own joy.

When he has learned the art of self-expression; when he has cleared away the rubbishy sentimentality from his own Spring of Life, bathed in its waters and joyed in its everlasting springing-up—rejoiced so deeply that he has actually forgotten that he ever longed for any other Spring of Life—then will he raise his eyes inadvertently as it were, and behold, "She Whom His Soul Loved" from the beginning will stand, fresh-dripping from her own Life-Spring, by his very side. And the years of joy that might have been are as nothing to the joy that IS. Ah, it is worth waiting for.

And it must be waited for, because such joys are only for THE INDIVIDUAL. To "the masses" they are unattainable.

Though the un-individualized seek day and night, as did the Good Shepherd for the one lost sheep, yet shall he not find The One. He may think he has found her. He may marry her; only to find the wife is not She. He may think she is wedded to another—"lost" to him. He may spend his life seeking—seeking. And die seeking. And wake again and seek.

Did you never hear that Happiness ever eludes the hunter, but perches a-neighbor for the hunter of Something Else? So She eludes the seeker ever. But he who goes a-hunting for Himself finds first Himself, and then Her Whom His Soul Loves.

* * * * *

Do you understand, Sweetheart, why it is useless to treat you to find Her? The Law is stronger than the Word. The Word is the servant of the Law. When the Word is against the Law then is the CROSS formed—the Cross of Christ; the expression of "Not Thy Will, but mine be done;" the Individual versus the Universal.

When the Word crosses the Law it sinks into the bottomless pit, accomplishing nothing.

When the Word is with the law it accomplishes that for which it is spoken.

The Law is Individuality. The Word which manifests in Self-poise, Self-finding, Self-sweetheart-ship, I speak for you.

When the Sweetheart-Self is manifest then will "that which is without be as that which is within"—She will come to you.

—"How about a woman born April 24 and a man born December 31?" She is Taurus; he is Capricorn; both earthly signs. They are apt to be congenial and good helpmeets. There may be a few unpleasantnesses over the family trousers.

WHAT THE STARS SAY.

I do wish Elmer Gates or somebody else would hurry up that think-graph and send it along. If I could only think into a machine, instead of scribbling with a pencil, I could publish a daily and have ideas to spare. I have whole libraries flitting before my subjective vision that my plodding pencil never even approaches.

One of the things I've wanted for years to write about and can't get at, is the Book of Job. There is more human nature, God nature, science, common sense and humor in that book than in any other in the Bible, and I am dying to give you "Job Up To Date." I will one of these glorious days.

Another thing I've wanted to tell you something about is the "influence of the Zodiac." There is certainly "something in it." There is fatalism in it, and free will, too. There's "the will of God" in it; but there is also room for the play of man's will. There is a Universal Law, and there is an Individual use of the Law. There is One Law, writ large in the macrocosm; writ small in the microcosm; readable in either; in harmony in both.

About five years ago, I had my first horoscope cast and the astrologer predicted for me for the year 1900 a very hard time—"loss of honor, money, friends and health; in fact, all things of a material nature will suffer." I laid that horoscope away and forgot all about it. I went my way, serene in my faith in mental science, and never thought again of the prophecy until after my arrest last January by the federal authorities, when I was in the midst of its fulfillment.

Mr. F. T. Allen, the Brooklyn astrologer, wrote up another horoscope for me since that affair, and this is what he says of that period:

"In your case the cause of the trouble is clearly traceable to literature and writings in philosophical or religious lines, and I venture to say that some supposed friends were at the bottom of it, and also that considerable expense was involved, for your house of friends, also of wealth, were involved in the scheme."

When Mr. Allen wrote this he knew no more about that affair than what appeared at the time in the NAUTILUS. "Supposed friends" were, unintentionally, I presume, the ones who stirred up the postal inspector against me. The famous January number was the cause. If I had fought the authorities I had no doubt been heavily fined, if not imprisoned. All the conditions were present—a stern, severe and unrelenting judge included, with a marked affinity for Anthony Comstock. A heavy fine would have meant loss to my "house of friends" as well as myself.

I did not fight. I "agreed with my adversary quickly whiles I was in the way with him;" was fined \$200 and did not even pay that. I lost not a penny; nor a friend; though I learned afterward that some few who had thought themselves friends, grew luke warm at the first intimation of trouble. I received not a single slight from any quarter. I made many new and staunch friends and strengthened the old friendships, and received offers of assistance from many quarters. I received the kindest of treatment from the authorities. To sum up: I had perfect health; more honor and kind treatment; more friends and truer friends; and more money; *than ever before in my life*. And all at a time when the stars said that these would fail me.

Here is what Mr. Allen wrote me after I related the foregoing facts to him:

"I believe that had you acted other than as you did under your recent trouble that you would have lost friends; whereas you have made many new ones and strengthened the bonds with those already your friends. I don't know whether you had had warnings of the evil that you encountered last winter. A good astrologer should have foreseen trouble at that period for you. At any rate, your mental science did not enable you to avoid the conditions, but it *did* enable you to turn

apparent evil into positive good, and so your experience tends to confirm my belief in fatalism as regards the influence we must meet, and free will in our methods of meeting and combatting the conditions we must pass through. I am feeling somewhat exultant to-day myself, for I have just passed through a week that astrologically was fraught with very grave indications. A year ago under no greater evil indications I was seriously injured in a smash-up on my bicycle with a trolley car. And last December, under similar conditions, I was arrested and lost my position and met the various evils that I have since been struggling to lift myself out of. Well, this last week was not without all the conditions necessary for both accident and loss of position. My work was more than ordinarily fraught with danger, and I seemed to be drawn into contact with persons who were unusually nervous, irritable and quarrelsome, and though I met criticism, etc., that a couple of years ago would surely have precipitated a scrap and perhaps loss of employment, yet I did manage to keep calm, at least outwardly, and I shall yet so master the principles of mental science as to meet such conditions without even the shadow of an inward spasm."

We cannot avoid passing through the conditions indicated for us by the stars, because the stars simply reflect (or vice versa) what we have writ within ourselves in past incarnations. It is "karma;" the harvest of what has been sown long ago. It is Law that what a man sows he must reap.

But the manner of our reaping determines future harvests, for with our thoughts and acts we both sow and reap at the same moment of time.

To accept conditions calmly, quietly, *lovingly*, making the best of them; to "agree with thine adversary quickly whiles thou art in the way with him," is to *get through the harvest* in the easiest possible way. And not only that, but in so reaping our harvest, so meeting our unpleasant conditions, *we drop no seeds for future unpleasant harvests*.

To live the Law of Love is to come in due time into a condition where there are no ill harvests to reap.

Mr. Allen is not only accurate and painstaking, but he understands this law, and is, therefore, a help to his patrons.

THE INDIVIDUAL.

After the child is born it must go through many classes and *prove* itself.

So the individual must prove himself an Individual—one able to stand straight and act intelligently (independently) under *all* conditions.

He first learns to do this to his friends and acquaintances—to all who are "good" to him. He eschews all conventionalities which do not appeal to his intelligence. He lets go religious and political dogma and thinks for himself. He proves himself in all the outside relations of life.

But home is the last place where he shows himself an Individual. There they are all dependent upon each other long after each member of the household has proved his individuality in all other relations of life. It is not *love* which makes this so. It is because we have not yet *taken in* the fact that the *family*, hitherto a more or less limited monarchy, must follow the Law's attraction to Individualization.

The family is the hardest to individualize, because it is based upon instinct, religion, tradition and time.

So man proves his individuality in this relation last of all; or, perhaps I might say, he *recognizes* the individuality of his hitherto satellites last of all. The family is the highest, the hardest class in the school of life.

Therefore a man must prove himself in every other class first; even in the Isolation Class, where there seems to be no one in all the world to whom he may turn—not even a personal God.

When he has *realized*, in this Class of Loneliness, that Himself is all he needs and all there *is*, he may *stand straight* beside Her he loves, and let her

stand straight. It takes a God to do that, with a Goddess-mate.

I AM God, therefore I AM proving my Individuality in a congenial marriage, as I have proven it in an uncongenial marriage and in no marriage at all; as well as in the Isolation Class; in which Hugh Pentecost and a few others imagine the Individual should elect to stay for the rest of eternity. Shelton and I have "passed" and our new state seems to have given Hugh a pain. Here is what he says:

"I merely suggest that 'I AMS' might not find it needful to tie up together at all. * * * It pains me when I see a woman like you and a man like Shelton getting married. And yet that isn't the way to express it. It isn't that you did what you desired to do, but that you desired to do what you did. But what's the use talking about it? It's all right and all good; and God bless you, if you know what that means; but for me both you and Shelton are now in the same class with other ordinary married folks, and when I hear you say 'I am,' I no longer ponder; I merely smile, for an 'I am' that gets lonesome isn't very impressive as an 'I am.' I know you will not worry about what I think, and I will just put one little dab of honey on the dish by saying that your mission is fine enough if you do nothing else but teach a few people that to follow desire is the way to grow, and since that is the way, we might as well adopt the way consciously and cease the blurt about self-denial, which is non-existent. Here's to you and William! May you live long and prosper."

Bless you, H. O. P., I haven't known what lonesome meant since long before I left the Isolation Class, half a dozen years ago. Nor have I been "tied up" to anything nor anybody for more years than that. Nor have I tied up other things or bodies. I AM *loosing* bonds—not tying them. I AM proving to all the world that there *are* no bonds save in the individual mind. "Married" or "single," I AM *free*, and I AM proving *all* states *free* states, and all men free men; all states *God* states and all men *Gods*. Women ditto, for women are men turned the other side out.

* * * * *
The great trouble with my friend, Hugh Pentecost, is that he is turned around; he says he is himself no "I Am," but is quite sure where the "I Ams" live and how they *ought* to act. And if they don't act that way, why, then they are no "I Ams."

Hugh thinks he has graduated from the orthodox church. He has only lengthened his yardstick a bit. If you don't come up to the scratch, why, you're no "I Am."

And he has never measured himself with his new yardstick, so he still labors under the orthodox delusion that he is himself several inches short.

Which is not the case. He is several feet taller and he is a good, lusty, growing Individualist infant, who is, according to his own account, proving his freedom in an exceptionally happy marriage.

And he is in living antithesis to the Pharisee of old. He is taller than he professes to be. But he is turned around.

—A woman born July 14 comes in the "mother's sign," Cancer, the crab; loves home and family and is a good cook. She is a good mate to the man born next door, August 14; Leo, head of the fire triplicity. She is practical, but not *too* solid; he is visionary and needs a tail to his kite. She is apt to protest at being kited and he is inclined to sulk because he is held steady. But they need each other and can, with the aid of a little common sense, be very congenial and happy.

—Do you feel the increasing power of the Success Circle? I tell you it is the greatest thing yet conceived in the healing line. Nobody has yet guessed half the power that is potential there; power which is daily becoming more positive and manifest. The circle is widening fast and success is with it—that kind of success which brings health, wisdom, opulence, joy, *self-consciousness*.

INDIVIDUALISMS.

BY WILLIAM E. TOWNE.

NOTICE: If you ordered of me a copy of "Cultivation of Personal Magnetism" previous to July 20, and have not yet received same, please communicate with me at once.

The amount of money which a man is able to command is the measure of his power over the objective world, for money is the symbol of power, and corresponds with the inward principle of strength, which sustains all physical enterprises of whatever nature. The attainment of that condition where sufficient money is attracted to satisfy all growing desires is dependent upon two qualities: First, the faculty of trusting one's desires in a certain direction, and secondly, the ability to make ideals practical. The necessity for making a practical application of wisdom if you would be successful, is nowhere more plainly evidenced than in dealing with the question of finances. On the other hand, there are many people of a practical turn of mind who are poverty stricken because they dare not trust their desires and ideals, which would otherwise lead them to push out into a wider field of activity and usefulness to the world, and thus acquire greater power over environment.

The degree of opulence which you show forth outwardly exactly correlates the fertility of resource and strength of desire, which you have developed on the subjective plan. But you have limitless resources which you *can* develop if you WILL.

See that you breathe in daily the warm vibrations of the sun. Let every atom of your body be polarized by the magnetism of the sunlight. This light contains etherial substances which will nourish your being into perfect manifestation.

The law of the universe is absolutely just. The statement, "As ye sow so shall ye reap" bears the stamp of eternal truth. All permanent results must be in accord with the perfect law of justice. Integrity is one of the qualities of character which results from perfect unity with Universal Life. No one can lead a happy and successful life who does not respect the rights of all other living things. Whenever a person in the full possession of all his faculties performs an act which his highest judgment tells him is not in strict accord with the principles of justice, *he detracts from his growth toward health and happiness in a ratio directly equal to the strength of doubt in his mind concerning the justness of his action.* These statements do not necessarily have any relation to morality or religion. They are based on exact science.

["He that doubteth is damned already."—ED.]

But every one has a *right* to every experience which he passes through, and we grow only by following our desires.

You cannot get "something for nothing," no matter how hard and persistently you may try. Sooner or later you will be COMPELLED by the law of growth to "work out your own salvation." Then why not begin NOW to live and be for yourself, instead of looking to some one else to think for you and solve your problems?

It is chiefly mental laziness and inertia which causes people to shirk the responsibility of thinking for themselves. This inertia has become a habit with many. It is a habit which leads to death and hell. Learn to throw off this inertia, to stand up straight and firm in the strength of your inner self, and you will gradually be filled with a deeper, stronger, sweeter life than the old habits of thought could ever create for you.

So long as you let other people do your thinking for you, with no especial effort to make a practical application of wisdom in your own behalf, you are getting nothing but the husks of truth. You are allowing yourself to be molded by circumstances and environment, instead of assuming your proper position as a creator.

Do you realize that you are an impersonation of the Almighty Creative Force, and that by using this force and cooperating with it you can fulfill all your desires?

Of course you wish to know HOW this mighty power can be used to accomplish practical results. That is what we are all seeking to learn. To begin with, I believe each one must experiment for himself in this direction. No one can do more than start you on the right road. You must do your own traveling if you expect to "get there" with the crowd.

Face every condition which arises in your daily life with the determination to bring to bear all your creative energy upon that condition. Use

your *thought* and your WILL. Make an *effort* to do that which you desire to do, but do not key yourself up to too high a pitch. Just try to REALIZE that you and the Creative Principle are one.

I do not know how to make plain the process by which vibrations are changed from weakness to strength in any better way than by saying that it is done through constant desire and aspiration, backed by undaunted faith *expressed in effort*. Constant affirmation that you CAN be what you will to be will bring you near to the desired result in time just as surely as that 2 and 2 make 4.

We are still receiving kind letters daily in relation to our recently formed partnership. Here is a communication from a brother in Nova Scotia, congratulating me on having secured "*la parole de grand prisc.*" Right you are, my friend. Go thou and do likewise—if you haven't already. But I have acquired nothing which had not already been mine from the beginning of creation.

—"Oahspe" sells for five dollars. If you want a copy for four dollars send to Mrs. Frances Howland, Shalam Dairy, 420 Mesa avenue, El Paso, Texas.

—"We have been good (?) Methodists for years and have so much to forget. We miss our Prayers. Say, why do not you publishers of the Truth give some little corner to new beginners with a form of petition and something that will take the place of our old way of living? Your talk seems to be directed to old Truth lovers."

Why do I not give a "form of petition?" Because I don't want to kill folks off any faster than they are already going. Forms are coffins of the mind. It is RENEWING the mind which gives life. What do you want to chew over my old forms of thought for? Do your own thinking and see you don't think the same thing twice. THINK! Flounder around and find your own petitions. You grow by your *efforts*. When you find a petition use it once and relegate it to the compost heap. Petition *yourself* for YOU are God; then make tracks to grant your petition.

—When you are working buttonholes you cannot very well put *all* your thought into your work all the time. But see you start right. Do not let the work drive you. Don't sigh and think yourself a martyr, and then let your mind run on to all the other horrid things you have to do. You DON'T have to do a single one of them. You do them because you CHOOSE to do them. Yes, you do! These buttonholes for instance: If you lay your needle down and fold your hands and say, "I will not work that buttonhole," could all the force in the whole world compel you to do it? Of course not! YOU are the only compelling power great enough to get that buttonhole worked. Well, do be honest then and say so. Say to yourself, "I WANT this row of holes stitched and I CHOOSE to do it! Nothing drives me and I can take all eternity to do it in if I CHOOSE. I cannot be forced to do anything else for the rest of eternity. I need not hurry nor worry and I LIKE to work buttonholes when I do not have to hurry nor worry. It's fun. And I am proud of every one I make. Each is a work of art. I AM the great artist and just now I AM making a fine buttonhole." * * * NOW you are started right, and you can keep on working without putting *all* your thought into each buttonhole. A lot of thought force is free and if you don't watch a little out it may run to waste. Direct it. Whilst you are buttonholing treat people. You need not advertise the fact, nor waste time looking for results. But treat your very best for somebody who thinks he is in need. And see you do it with a WILL, but *smoothly and sweetly*. And breathe deeply and regularly whilst you are treating. Never treat yourself—let yourself alone; you are alright. * * * And when you get through that batch of buttonholes if you don't feel like a new woman with the brightest possible prospect ahead and all the world going straight to glory I'll eat my—slang.

—"Can you tell me whether Eleanor Kirk's 'Influence of the Zodiac' can be understood without lectures?"

Yes, and it is the clearest, most complete and *most helpful* book of the kind ever published. The price is one dollar.

—The earth sign alone is not enough to indicate what occupation a boy is fitted for. If he shows no marked tendency, which is the surest guide, get a good horoscope or phrenological chart.

—Why don't I tell you what we ate at the Pure Food Café in Chicago? Well, I will as nearly as I can. Of course we *didn't* have meat or coffee, though we had the nicest cereal coffee imaginable, with real cream in it. I have always been skeptical of that kind of coffee, but this cup converted me. It was fully as good as any of the real thing ever brewed. We had cream of vegetable soup, then "sausage smothered in onions," the sausage being made of chopped nuts, bread-crumbs, etc. This was very rich and tasty and nicer than any meat. Then there was a delicious vegetable salad served with mayonnaise, and pastries fit for a king's banquet. There were ever so many other new meatless dishes on the bill of fare. If you want to try some of these good things send ten cents to William for "Meatless Dishes," which will give you the entering wedge to a cleaner way of living. We might as well get started right for the gods have said it—"the cadaver must go."

—"The Living Universe," by Henry Wood, is "a synthetic generalization of the significance of recent scientific discoveries regarding the ether, matter, evolution and the oneness of life." It is fine and the price is next to nothing—ten cents for twenty-three large pages. Send to Henry Wood, "The Warren," Roxbury, Mass.

—I wonder if these planetary influences are not to us exactly what the thought impulses transmitted over our nerves are to the cell-people of our bodies. I wonder if we are not cells of the "Grand Man," and the "Grand Man" is teaching us *by suggestion* exactly as *we* are teaching our cells—teaching us self-control; teaching us to respond to influences only as we *intelligently choose* to respond. On the same plan that a pianist teaches his fingers self-control. When one finger strikes a note *the influence* is for all the other fingers to strike too; but he teaches the other fingers by suggestion and practice to *keep still* whilst the one strikes. He does not teach them to resist, to fight, the influence; but simply not to respond to it. He trains his fingers just as he would train ten children; when he says to one, "Go," he goes and the other nine simply keep quiet and *ready* for the command addressed to *them*. There is nothing to resist. * * * We feel all sorts of "influences"—to get angry, to be worried, etc. And we generally make the mistake of resisting them, thinking them a solid force. So we fight and kick and *get angry* in trying *not* to get angry; worry ourselves sick trying *not* to worry. If we can remember that these impulses are simply suggestions, just as if another person spoke to us commanding or requesting certain action, and instead of obeying or *resisting* simply REMEMBER THAT WE DON'T HAVE TO, we can keep as quiet as a summer morn. The suggestions are just thought impulses sent out by the "Grand Man" and you need not respond unless you CHOOSE; and you *never do* respond unless you choose, either consciously or unconsciously. *Be still* and choose intelligently what suggestions you will obey, instead of responding heedlessly to every thought wave that passes through the ether.

—"The Regeneration of Society" is an interesting five-cent booklet by Lillian Harman, 507 Carroll avenue, Chicago.

The Success Circle.

Treatment for Business Success Only.

Daily I speak for each member of this Circle the Word of success. Any man or woman is eligible for membership who is engaged in business, or desires to be. Any woman who is a helpmeet to husband or son is partner in business and may join the Success Circle, either with or without the other's knowledge, and receive its benefits for both. One year's treatment and "The Nautilus" for a year for one dollar. For obtaining quickest and best results read daily, night and morning, the monthly letter to the Success Circle, printed herewith. No special hour for receiving the WORD is necessary. It is with each member and works night and day, feeling or no feeling, until it manifests that for which it is spoken.

Attention please! Attention is to you what the lens is to a camera—it focuses power for you. Keep your attention upon SUCCESS, upon opulence; until SUCCESS is imprinted upon every brain cell—I AM Success. When you take your kodak for an outing you only turn it upon what you want to preserve. But you deliberately focus your attention upon what you don't want preserved. What nonsense! Turn to Success, to all you desire, as the needle to the pole. Refuse to see the opposite—deny it—smash the negatives. Keep on filling yourself with I AM SUCCESS pictures. Keep cool; keep aiming. My Word is with you daily and Success is sure as sunrise to every one of you who pays ATTENTION to what you want, instead of to what you don't want. Think success; act success; FEEL success.

—“In three days after you wrote to me I had a nice position.”

—“I am greatly improved since taking treatment from you.”

—“Enclosed find \$1 for another month. My eyes are improving.”

—“How satisfying do you find your growth?” So satisfying that I want more.

—You may pay for the NAUTILUS at any time during the year. If you don't want it, say so.

—“Enclosed find money for treatment for the month of August. I am gaining every day and feel greatly improved every way.” Eva.

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—In “Freedom” of August 1 is the cutest story I've read in many a day. “The Transfiguration of Miss Philura,” by Florence Morse Kingsley, is reprinted from the “Saturday Evening Post” and is a hit in new thought literature. If you don't

take “Freedom” send five cents for this particular number and get into the swim with Miss Philura.

—Dr. Sheerin's friends will be glad to know that he resumed last month publication of “The Psychic Digest and Occult Review of Reviews,” a fine magazine and the busy man's friend. We hope it will take no more vacations. Send ten cents for sample copy to Suggester and Thinker Publishing Company, 13½ East State, Columbus, Ohio.

—In the August “Suggestive Therapeutics” there is a very helpful article on breathing, written by Rev. S. C. Greathead, I wish every one of my patients, and especially my impatient, would read and practice. If you are not a subscriber send ten cents to Psychic Research Company, Times-Herald Building, Chicago, for a copy of August issue.

—We had a delightful visit from a Boston friend and subscriber. He told us about a \$50 course of lessons he took from a noted Boston writer and teacher and informed us that he received more real help from NAUTILUS than from the whole course of lessons. Good. He also said he and his wife were greatly pleased with Josephine Knowlton's character delineation from the name.

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