

READ: THE FIRST REQUISITE OF SUCCESS

BT
638
N3

NAUTILUS

Magazine of New Thought

*Edited by Elizabeth Towne
and William E. Towne*



Open the magazine and read:

From Negative to Positive Personality
Overcoming Old Age and Sickness
Five Things to Do When You Have Lost a Lover

FEBRUARY 1927



PRICE 20 CENTS

Digitized by

This is What New Thought Teaches

Taken from the Declaration of Principles Adopted at the Third Annual Congress of the International New Thought Alliance.

THE essence of the New Thought is Truth, and each individual must be loyal to the truth he sees. The windows of his soul must be kept open at each moment for the higher light, and his mind must be always hospitable to each new inspiration.

We affirm the Good. This is supreme, universal and everlasting. Man is made in the image of the Good, and evil and pain are but the tests and correctives that appear when his thought does not reflect the full glory of this image.

We affirm health which is man's divine inheritance. Man's body is his holy temple. Every function of it, every cell of it, is intelligent, and is shaped, ruled, repaired and controlled by mind.

Spiritual healing has existed among all races, in all times. It has now become a part of the science and art of living the life more abundant. We affirm that the universe is spiritual and we are spiritual beings.

We affirm the new thought of God as Universal Love, Life, Truth, Joy, in whom we live, move and have our being, and by whom we are held together, that His Mind is our mind now, that realizing our oneness with Him means love, truth, peace, health and plenty, not only in our own lives, but in the giving out of these fruits of the Spirit to others.

We affirm these things, not as a profession, but practice, not on one day of the week, but in every hour and minute of every day.

(Use the above when you want to explain what New Thought is)

THE ELIZABETH TOWNE CO., Inc., Holyoke, Mass.

How to Heal Yourself And Others

By "W. Y. M."

One of the most remarkable human documents on Truth healing ever printed.

It begins at a time when "W. Y. M." was living in extreme poverty, with her family of small children, in a little houseboat on the Red River.

It tells in plain, simple language, which anyone can understand, just how she began to work out of her condition of poverty and disease. How she changed her environment. How she bettered herself in a financial way. All through an ever growing recognition of the mighty power of God's love to heal and bless.

Read the list of chapters at the right, then send for a copy NOW.

Price 55c

THE ELIZABETH TOWNE CO., Inc., - Holyoke, Mass.

CHAPTER TITLES

Of How to Heal

The Basis of Divine Healing.

How to Apply Healing Truth.

Actual Healing and Bible Statements of Healing Truth.

How God's Love Kept Our Fields Through Drouth.

How to Direct Love to Distant Ones and Cause Them to Come or Write.

Affirmations I Have Used With Perfect Results.

Say you saw it in NAUTILUS. See guarantee, page 5.

NAUTILUS NEWS BY THE EDITORS

NAUTILUS helps you to know the truth that heals. Read "What New Thought Teaches," on Cover Page at left.

A WORD ABOUT MR. LANDONE'S ARTICLES.

Mr. Landone told you last month that a manuscript had been lost between his studio and *Nautilus* office. The lost article completed the series dealing with in-harmony in the home, and of course should have appeared last month. Instead, Mr. Landone took up in January *Nautilus* the subject of "The Cure of a Case of Deafness." This month we print the lost article (having received a duplicate copy of the original), and next month Mr. Landone will resume with another article on deafness and its cure, by Truth healing methods.



WHAT NEW THOUGHT TEACHES.

We have received many, many requests that we reprint the extract from the I. N. T. A. Declaration of Principles, "This Is What New Thought Teaches." So you will find it on the cover page at the left. And when you have finished reading this number of *Nautilus*, won't you hand it to someone you have reason to believe will be interested, and call his attention to the notice at the left? This is one of the very best methods of interesting new people in the Truth that heals.

And if you can send us a new subscriber, we will mail him a complete copy of the Declaration of Principles of which the notice at the left is an extract. We will also give to each new subscriber, for this month only, a copy of W. Y. M.'s wonderful little book on Truth healing—"How to Heal Yourself and Others Through the Renewing Power of God's Love." *Book must be requested at the time the new subscription is sent in.*

ON THE EDITOR'S DESK.

I wish you might look over my shoulder right now and read a few of the intensely interesting letters that come to the editorial desk. Letters from far-away lands and from remote sections of our own country. Many of them letters of rejoicing.

Let us look at a few selections: Here is one from Tennessee: "When I subscribed for *Nautilus* I was totally blind in my left eye and could see but little with the other. I had to be led around. Could not see well enough to go up town by myself. Now I can go any place in the

Important Notice Nautilus Subscribers

If you find an expiration notice attached to this space it means that your subscription expires with this issue, UNLESS your renewal has crossed this notice in the mails. Please renew at once so as to avoid missing an issue and to save the expense of removing and replacing your name on our list. IF YOU WILL RETURN THE RENEWAL BLANK WITH YOUR REMITTANCE SO THAT IT REACHES US BY THE 20TH OF THE MONTH OF THIS ISSUE WE WILL CREDIT YOU WITH 13 MONTHS FOR \$1.00. We can afford to give you an extra month for prompt renewal.

THE ELIZABETH TOWNE CO., Inc., HOLYOKE, MASS.

The Master Key



is probably the most popular booklet ever written; more than a

MILLION COPIES

have been printed during the last ten years. It contains the essential truth underlying every system of philosophy, and tells how every undesirable condition may be modified, changed or adjusted.

It is the Key to new realms of consciousness, new ideas, new visions, new environment, the Key to

FREEDOM

from anxiety or embarrassment, mental, physical or financial.

A copy will be sent free to any address upon receipt of the following coupon.

CUT THIS OUT

Chas. F. Haanel, 716 N. 9th St., St. Louis, Mo.

Please send me a copy of the *Master Key* without cost or obligation of any kind.

Name

Address

Post Office..... State.....

Buy you saw it in NAUTILUS. See guarantee, page 5.

city by myself, and I owe it all to your teachings through *Nautilus*. I used the affirmations given and prayed to God in earnestness. I am an old man, 75 years old, and now stout and hearty."—M. A. T., Tenn. Here is a letter that has travelled all the way from England: "I am sending the enclosed one pound note as a thank offering for the increased love, faith and courage that comes to me with each copy of the *Nautilus*. May blessings rest on you and all contributors to *Nautilus*."—S. W. B., Cheshire, England. From the Pacific Coast comes this message: "*Nautilus* has been wonderful to me. There is a peace and harmony in our home we have never experienced before. I am so thankful I can give this knowl-

edge to my children."—K. L., Wash. And a doctor right in our own State of Massachusetts, bearing a good old Puritan name, has this to say: "Enclosed find check for *Nautilus* another year. Might as well ask me to cut out eating as to ask me to go without *Nautilus*."

Dear NAUTILUS:

I am enclosing a check for \$9 as a portion of my tithe for this month. I have been greatly benefitted by NAUTILUS articles recently, and wish to make this gift to you at this time for your wonderful work.—W. C. G., Iowa.

Coming In March Nautilus



Marchesa Alli Maccarani,
Europe.

is described in full in this article in March *Nautilus*.

"How to Make a New Start," by Clement White. Written especially for those who are possessed by the chimera of failure. If you are a victim of discouragement, be sure to read this article. It isn't just talk: it tells you what to DO to get a new start and make success sure.

"She Could Not Make and Hold Friends," by George C. Golden. Her eyes were heavy with self-pity, "her voice lacked life, her aura loomed colorless" when she came into Mr. Golden's office. An analysis of her experience showed clearly how she was invoking the law of attraction to DRIVE FRIENDS AWAY instead of drawing them to her. The instant she reversed the process she began to make friends, to DRAW THEM TO HER.

THREE POEMS from three continents—

Europe, Africa, America. All grouped on a single page. The authors represented will be Edwin Markham, J. M. Stuart-Young and Marchesa Florence Alli Maccarani.

"Being Healed and Keeping Healed," by Mizanna Wolff. Three physicians and a surgeon said she must go to a hospital immediately for a series of operations—that that was her only chance for life. She sent for a friend instead, who was a Truth healer, and in 30 minutes her pain was gone and she did not go to the hospital at all. But that isn't all the story—not by any means. The Spirit within showed her the cause of her illness, showed her through a most peculiar experience, which



Edwin Markham,
America.

Truth to the healing of a broken collar bone. One of the most interesting incidents in the whole "Power of Mind" series. Be sure to look for it in March *Nautilus*.

"While They Sleep," by Agatha R. McGovern. How she helped her children in their studies, and in memorizing poetry, by "loading" their subconscious minds just before they went to sleep at night.



J. M. Stuart-Young,
So. Africa.

"How Do You Pray?" by Mabel Dill. Explains why thousands of people are unnecessarily ill, disappointed, poor and unhappy. Tells you how to cultivate the FEELING OF FAITH which puts your prayers over.

"Love Heals," by Hazel G. Neal. How God's power of Love, through prayer, wiped out a severe case of flu and drove away the chills and fever, resulting in perfect healing. How love stimulates, energizes and rejuvenates soul and body.

"Mind Over Matter," by Pierson W. Banning. In this article Mr. Banning relates the strange case of a British Army officer who applied

All of These in March Nautilus

Say you saw it in NAUTILUS. See guarantee, page 5.

Be The MASTER

Not the Slave

of Your Voice!

My Book Will Tell You How

EUGENE FEUCHTINGER, M. A.



You Can Have the Magnetic Charm of a Full-Toned, Vibrant Voice. By My New Psycho-Physical Voice Culture Method You Make Your Voice What You Will. Send Today for My Great Book, "Physical Voice Culture"—Now FREE.

This Book Bears An Inspiring Message



Now FREE

A great revealing light of *new thought* upon the old subject of voice culture.

Voice Building and Production are Physical-Mental processes. You cannot have a perfect voice unless you *affirm* it. And once you *affirm* a perfect voice, there is definite physical process by which you put this affirmation into effect. Voice teachers have searched for years for this process. It has at last been discovered by Eugene Feuchtinger, a great musician and also a physiologist. It consists in exerting **WILL POWER** upon a specific voice muscle in a specific way. Prof. Feuchtinger's new

book, "Physical Voice Culture" tells you all about it. You can now have this book FREE. Send for it today.

100% Improvement Guaranteed

Prof. Feuchtinger's new method has been used successfully by thousands of happy students. It has never failed to produce astonishing results. That is why he can afford to guarantee to improve YOUR voice—whether for speaking or for singing—at least 100%! You are the judge. Find out today about this amazingly simple, astonishingly successful method.

Mail this Coupon

It will cost you nothing, it will put you under no obligation whatever to get Prof. Feuchtinger's handsomely illustrated new book, containing the full story of his wonderful new psycho-physical Method, with **TRUE LIFE STORIES** of successful students. Simply fill out this coupon and mail it today. It will do you a world of good to read this inspiring book.

Perfect Voice Institute
1920 Sunnyside Ave., Studio 57-42 Chicago, Ill.

Perfect Voice Institute, Studio 57-42
1920 Sunnyside Ave., Chicago, Ill.

Please send me, FREE and without any obligation, Prof. Feuchtinger's new book, "Physical Voice Culture." I have checked the subject in which I am most interested.

- | | |
|-------------------------------------|-------------------------------------|
| <input type="checkbox"/> Weak Voice | <input type="checkbox"/> Stammering |
| <input type="checkbox"/> Singing | <input type="checkbox"/> Speaking |

Name _____

Address _____

City _____ State _____

Say you saw it in NAUTILUS. See guarantee, page 5.

Judge Simmons

Says:

"You can be what you want to be; you can possess the things you desire; you can accomplish the things you wish to accomplish."

His Marvelous Message

"REALIZATION"

Tells You How

IT IS FREE

The language quoted at the top of this page is strong language. There is no doubt about that. In fact, it is amazing language to those who are not acquainted with the work of the man who uses it.



Judge Daniel A. Simmons, Jurist,
Author, Lecturer, Teacher.

THE disease-ridden and poverty-enthralled human race is not yet fully accustomed to this voice crying forth its glad message in the wilderness of the world's sorrow and disappointment. And Judge Simmons does not pretend that his message is anything other than a voice—the voice of the God-Self that dwells in you, dear reader of this page, and urges you on to higher achievements, more abundant success, and a nobler, happier life. That God-Self within you never sleeps. It is timeless, and changeless, and deathless, and abundantly able to give you every desire of your heart.

If some unknown and irresponsible person should come proclaiming deliverance from sickness, poverty, worry and unhappiness, one might be warranted in paying little or no attention to him. But Judge Simmons is neither unknown nor irresponsible. He is one of the Judges of the highest and most important trial court in his State. He has an international reputation as a Psychologist and Psycho-Analyst. He is the author of several books and a prolific writer of magazine articles. And, what is more to the point

just here, he has actually introduced a great many men and women to their indwelling God-Selves, thereby enabling them to heal practically all manner of stubborn diseases, to achieve success to go to the top in business and professional life, to attain love and happiness, and to come into a state of peaceful assurance which passes understanding. We have a great mass of documentary proof of all of these accomplishments.

If you are interested in this great work of human liberation, we suggest that you read Judge Simmons' wonderful personal message entitled "REALIZATION," which will introduce you to your indwelling God-Self, and send you forth into a more abundant life and happiness. We will be glad to send you a copy of it fully postpaid and

Absolutely Free of Charge

if you will merely fill out and mail to us the coupon at the bottom of this page.

AMERICAN INSTITUTE OF PSYCHOLOGY,
502 Law Exchange Bldg.
JACKSONVILLE, FLA.

AMERICAN INSTITUTE OF PSYCHOLOGY,
502 Law Exchange Building,
Jacksonville, Florida.

I would be pleased to receive a copy of Judge Simmons' message entitled "Realization," which I understand you will send free and postpaid, and without any obligation whatsoever on my part.

Name

Street Address

City State

Say you saw it in NAUTILUS. See guarantee, page 5.

PUBLISHED
MONTHLY

NAUTILUS

MAGAZINE OF
NEW THOUGHT

SUBSCRIPTION
\$1.00 A Year
20c A Copy

Vol. XXIX

FEBRUARY, 1927.

No 4.

CONTENTS

Sunset By The Willows (Page Poem)	Ella Morgan Spafard	12
Editorials	Elizabeth Towne	13 to 16
How God's Love Helped Me Overcome Old Age and Sickness	Mizanna Wolff	17
Five Things To Do When You Have Lost A Lover The Homebody (Poem)	Marie Winchell Walker, M.D.	18
An Experience That Changed Me From A Negative to a Positive Personality	May Williams Ward	20
Hate Loses \$1,000,000, But Love Gets a New Home	Rafael Santoris	21
Keeping Faith With the Living	Brown Landone	23
Is There Danger In Prayer?	Rev. George C. Golden	26
Morning Affirmation	Pierson Worrall Banning	28
Courage	P. L. M.	29
Views and Reviews	Chester H. Struble	30
Sunday School Service Department	William E. Towns	31
Parents' and Children's Department, and Mrs. Carter's Answers to Questions	Rev. George C. Golden	33
Things That Make For Success		35
Family Counsel		37
Little Visits		39
NAUTILUS NEWS		40
		1

Published by **THE ELIZABETH TOWNE CO., Inc., Holyoke, Mass.**

Copyright, 1927, by THE ELIZABETH TOWNE CO., Inc.

Entered at the Post Office at Holyoke as second class matter.

THE NAUTILUS

ELIZABETH TOWNE
WILLIAM E. TOWNE

} The Editors

CHESTER HOLT STRUBLE, Managing Editor

Edwin Markham
Thomas Parker Boyd
William A. McKeever, LL.D.
Rev. George C. Golden
Brown Landone

} These are
Some of
The Nautilus
Contributors
For 1927-1928
Others
Coming

We send you notification when subscription expires. Give full name and fullest address in every letter.

Send advance notification of change of address, giving both old and new addresses. This is most important, for names cannot be found unless town and state are given.

We assume no responsibility for copies of NAUTILUS lost through failure to notify us in advance when address is to be changed.

All articles appearing in NAUTILUS, which are not otherwise signed, are written by the editors.

The magazine rights of all articles, poems and items of this magazine belong to NAUTILUS, unless otherwise indicated and are protected by copyright. Other publications are welcome to quote from our columns provided credit is given the author and magazine.

The word NAUTILUS is pronounced exactly as spelled, accent on first syllable. Its significance is hinted in the NAUTILUS verse at the top of first editorial page.

ADVERTISEMENTS.

The advertising columns of NAUTILUS are very carefully edited to insure that only reliable advertisements appear therein. Should any reader of NAUTILUS suffer monetary loss in purchasing anything advertised in this issue, because of failure on part of advertiser to live up to his claims, we will see that the loss is made good, either by the advertiser or ourselves, if the matter is reported to us.

NAUTILUS, monthly, \$1.00 a year; foreign countries, \$1.50, and Canada, \$1.25, by international money order. Foreign money, stamps and postal notes, not accepted. NAUTILUS is owned and published by The Elizabeth Towne Co., Inc., Holyoke, Mass.

If special receipt is desired for sums less than \$1.00 send self-addressed envelope or card.

You will save us and perhaps yourself, a lot of trouble if you state whether your subscription is new or renewal.



THE HOME OF NAUTILUS

Self-Help Books

By Elizabeth Towne
And Others

All Books Sent Prepaid on Prices Quoted.

ELIZABETH TOWNE'S BOOKS.

- HOW TO USE NEW THOUGHT IN HOME LIFE.** 189 pages. Cloth. Price, \$1.60.
- PRACTICAL METHODS FOR SELF-DEVELOPMENT, SPIRITUAL, MENTAL, PHYSICAL.** 160 pages. Cloth. Price, \$1.60.
- THE LIFE POWER AND HOW TO USE IT.** 176 pages. Flexible covers. Price, \$1.60.
- 15 LESSONS IN NEW THOUGHT.** 185 pages. Cloth. Price, \$1.60.
- WHAT AFFIRMATION SHALL I USE?** Paper bound. Price, 55 cents.
- YOU AND YOUR FORCES.** 15 chapters. Paper covers. Price, 55 cents.
- HOW TO GROW SUCCESS.** 71 pages. Price, 55 cents.
- FOUR LESSONS IN THE REALIZATION OF HEALTH AND SUCCESS.** (Typewritten form only.) Price, \$1.60, including the two small booklets that go with them. Or sent free with an order of \$3.25 or more of our books listed here.
- EXPERIENCES IN SELF-HEALING.** A spiritual autobiography and guide to realization, intensely alive and helpful. Price, 55 cents.
- HAPPINESS AND MARRIAGE.** Everyday problems. 80 pages. Price, 55 cents.
- JUST HOW TO WAKE THE SOLAR PLEXUS.** Paper bound. Price, 28 cents.
- JUST HOW TO CONCENTRATE.** Paper. 32 pages. Price, 28 cents.
- HOW TO TRAIN CHILDREN AND PARENTS.** Paper. Price, 28 cents.
- JUST HOW TO COOK MEALS WITHOUT MEAT.** Paper. Price, 28 cents.
- WHEN IS YOUR BIRTHDAY?** By Elizabeth Towne and Catherine Struble Twing. 70 pages. Price, 88 cents.
- HOW TO STUDY THE BIBLE.** Price, 10 cents.

By BROWN LANDONE.

- HOW TO TURN YOUR DESIRES AND IDEALS INTO REALITIES.** Flexible covers. Price, \$1.60.
- DEEP, DEEP DOWN IN YOUR HEART.** Flexible covers. 249 pages. Price, \$1.60.
- SUCCESS PROCESS.** Booklet form, course of 7 lessons. Price, \$4.97 complete.
- THE A-B-C OF TRUTH.** Paper covers. 98 pages. Price, 55 cents.

By WILLIAM E. TOWNE.
NATURE NOTES AT NETOP.
Cloth. Price, 60 cents.

HEALTH AND WEALTH FROM WITHIN. Cloth bound. Price, \$1.60.

WORRY, HURRY CURED. Paper bound. Price, 28 cents.

By JOHN A. PATTERSON.

AN ANSWER FOR EVERY PRAYER. Flexible covers. 175 pages. Price, \$1.60.

By WALLACE D. WATTLES.

- FINANCIAL SUCCESS THROUGH CREATIVE THOUGHT.** Bound in cloth. 159 pages. Price, \$1.60.
- HEALTH THROUGH NEW THOUGHT AND FASTING.** Paper cover. 100 pages. Price, 55 cents.
- HOW TO BE A GENIUS.** Fabrikoid bound, pocket size. Price, 55 cents.
- HOW TO PROMOTE YOURSELF.** Paper cover. 36 pages. Price, 28 cents.
- WHAT CHRIST SAYS.** Paper cover. Price, 28 cents.

By MARIE WINCHELL WALKER, M. D.

FREEDOM OF MENTAL FORCES. Flexible covers. Price, \$1.60.

By PAUL ELLSWORTH.

- PSYCHOLOGY OF PROSPERITY.** Flexible covers. Price, \$1.60.
- DIRECT HEALING.** 173 pages. Price, \$1.60.
- HEALTH AND POWER THROUGH CREATION.** Price, \$1.60.
- THE GIST OF NEW THOUGHT.** Paper bound. Price, 28 cents.
- THE MIND MAGNET.** Cloth. 158 pages. Price, \$1.60.

By WILBURN H. GRAVES, M. D.

TWENTY MINUTES FROM PHYSICALLY FIT. Applying a New Principle, the Principle of Immunization. Printed in durable manuscript form. Price, \$1.10, postpaid.

By GEORGE SCHUBEL.

- HOW TO MAKE YOUR MENTAL PICTURES COME TRUE.** Cloth bound. Price, \$1.60.
- SEEING OUR MENTAL PICTURES THROUGH.** Cloth bound. Price, \$1.60.

By WILLIAM WALKER ATKINSON.

THE MASTERY OF BEING. Cloth bound. 196 pages. Price, \$1.60.

YOUR MIND AND HOW TO USE IT. Cloth. Price, \$1.60.

- THE PSYCHOLOGY OF SALESMANSHIP.** Flexible covers. 210 pages. Price, \$1.60.
- MEMORY: HOW TO DEVELOP AND TRAIN.** Cloth bound. 206 pages. Price, \$1.60.
- HOW TO READ HUMAN NATURE: ITS INNER STATES AND OUTER FORMS.** Cloth bound. 210 pages. Price, \$1.60.
- NEW PSYCHOLOGY OF LIVING AND HEALING.** Cloth bound. 210 pages. Price, \$1.60.
- NEW THOUGHT, ITS HISTORY AND PRINCIPLES.** Paper covers. 35 pages. Price, 28 cents.

By C. W. CHAMBERLAIN.

- YOUR DREAMS: THEIR PSYCHOLOGICAL SIGNIFICANCE.** Paper. Price, 55 cents.
- THE UNCOMMON SENSE OF APPLIED PSYCHOLOGY.** Paper covers. Price, 55 cents.

By GERTRUDE A. BRADFORD, Ph. D.

- THE SUBCONSCIOUS MIND.** How to Reach and Arouse. Flexible covers. Price, \$1.60.
- HOW TO DEMONSTRATE HEALTH, MONEY, FRIENDS.** Paper. Price, 55 cents.

By HELEN RHODES-WALLACE.
SLEEP AS THE GREAT OPPORTUNITY. Price, \$1.60.

HOW TO FIND THE SILENCE. 197 pages. Paper bound, fabrikoid cover. Price, \$1.60.

RELATIONSHIP FOR NEW THOUGHT CHILDREN AND HOW TO TELL STORIES. Bound in paper. Price, 28 cents.

By EDWARD B. WARMAN, A. M.
PSYCHIC SCIENCE MADE PLAIN. Two volumes, each containing four books in one. Cloth bound. Price, \$1.60 per volume.

By KATE BOEHME.
REALIZATION MADE EASY. Cloth. Illustrated. Price, \$1.60.

NEW THOUGHT IS CALING MADE PLAIN. Cloth bound. Price, \$1.60.

By ELINOR S. MOODY.
ALL POWER IS GIVEN UNTO YOU. Cloth bound. 160 pages. Price, \$1.60.

YOU CAN RECEIVE WHATSOEVER YOU DESIRE. Cloth bound. 175 pages. Price, \$1.60.

ORDER OF THE ELIZABETH TOWNE CO., Inc. HOLYOKE, MASS.

Say you saw it in NAUTILUS. See guarantee, page 5.

THE ELIZABETH TOWNE CO., Inc., Publications

HOW TO REMAKE YOURSELF THROUGH APPLIED PSYCHOLOGY. Paper bound. Price, 55 cents.

By **REV. GEORGE C. GOLDEN.**

THE HEALING OF HARRY LANDERS, a New Thought novel. Flexible covers. Price, \$1.60.

NEW THOUGHT HEALING FOR CHURCH WORKERS. Paper. Price, 28 cents.

By **BRUCE McLELLAND.**

PROSPERITY THROUGH THOUGHT FORCE. Paper bound. 160 pages. Price, 55 cents.

By **CLARA CHAMBERLAIN McLEAN.**

LAWS OF HEALTH AND PROSPERITY AND HOW TO USE THEM. Cloth bound. Price, \$1.60.

By **HERBERT COOLIDGE.**

MOTHER'S MIGHT: HOW TO USE IT. Flexible embossed cover. 12 pictures. Price, \$1.60.

Special Books

GLAND TREATMENT FOR REJUVENATION OF THE BODY THROUGH APPLIED NEW THOUGHT. By Grace Stuart. Paper. Price, 55 cents.

CONVERSATION AND A MAGNETIC PERSONALITY. By E. Gwendolyn Stimpson, LL. B. Paper. Price, 55 cents.

HOW TO HEAL YOURSELF AND OTHERS. By Mrs. W. Y. McConnell. Paper. Price, 55 cents.

LIFE INTERPRETED THROUGH COLOR. By Myrtis Hodges. Paper. 82 pages. Price, 55 cents.

LITTLE LESSONS IN NEW THOUGHT PSYCHOLOGY. By Alberta M. Carter. Paper bound. Price, 28 cents, postpaid.

EMERSON'S CONCEPT OF TRUTH. By Henry Richardson Thayer. Paper bound. Price, 28 cents, postpaid.

THE GIST OF COUÉ. By Genevieve V. Aram, Elizabeth Towne and William E. Towne. Paper. Price, 28 cents.

53 EXPERIENCES IN NEW THOUGHT. By 49 writers. Price, \$1.60.

THE MOTHER POWER AND HOW TO USE IT. By James Henry Larson, Ph. D., and Mrs. Livingstone. Practical, prenatal culture. Paper. Price, 28 cents.

VIM CULTURE. By Theodore Sheldon. Paper. Price, 28 cents.

MONEY TALKS, IN FOUR PARTS. By Eleanor Baldwin. Paper. Price, 28 cents.

YOUR WILL POWER. By Chas. G. Leland. Paper cover. Price, 55 cents.

MY PERSONAL ADVENTURES IN TRUTH. By James A. Edgerton. Paper bound. Price, 28 cents.

RED LETTER BIBLE. Has words of Christ printed in red. Large clear type, with Comprehensive Bible Helps, Concordance, References, Map, etc. Size 7½x5¼. Bound in French morocco, red under gold edge. Price, \$5.00, postpaid.

Demonstration Booklets

Six artistic paper bound booklets. Pocket size; each in kraft envelopes. 25 cents each, five for \$1.00.

HOW I ELIMINATED FEAR. By George Wharton James.

THE EVOLUTION OF A REAL MARRIAGE. By Frances Ilsey and Elizabeth Towne.

HOW CHILDREN ARE HELPED BY SUGGESTION DURING SLEEP. By Elizabeth Towne, Rev. Andrews Bede, et al.

THE BOOK THAT HAS HELPED MOST IN BUSINESS. By "A Doctor of Human Nature."

THE RADIANT PATH TO ACHIEVEMENT; A Miracle Healing and How It Was Done. By Kate Atkinson Boehme and Rev. Frederick Elias Andrews.

THOUGHT FORCE FOR SUCCESS. By Elizabeth Towne.

SUCCESS TO SOLDIERS. The Secret of Power and Protection. By Elizabeth Towne.

Little Sun-Books

Flexible Fabrikoid Binding.

Price, 55 cents each, 6 for \$2.80.

EASY WAYS TO MENTAL SUPREMACY. By W. R. C. Lawson, M. D.

HOW TO BE A GENIUS. By Wallace D. Wattles.

SELF-RELIANCE, FEAR AND THE LAW OF SUCCESS. By R. W. Emerson and Prentice Mulford.

MEDITATION FOR LIFE AND POWER. By Florence Morse Kingsley.

POEMS OF THE SUN-LIT HEIGHTS. Great New Life Poems, old and new, by many, including Ella Wheeler Wilcox and Edwin Markham.

POWER AND WEALTH. By Ralph Waldo Emerson.

Start A New Thought Center In Your Vicinity

Organize your friends and acquaintances into a New Thought Center or Club. You could keep New Thought literature on sale and this would help you to pay expenses. Get together for meetings, study, sociability. Ask for our free letter that tells how to start a Center which also explains our plan for FREE advertising of Centers that sell our literature.

Order of **THE ELIZABETH TOWNE COMPANY, Inc., HOLYOKE, MASS.**

ELTO SERVICE IS FOR YOU!

WHAT IT IS: A SERVICE of Personal Letters with analysis of your problem, instruction and realization methods. Its purpose is to give those who desire it direct, personal, individual help with the silent word for realization.

THE NAME: "ELTO" is a condensation of the name ELIZABETH TOWNE, who for 31 years has been working out in her own life, the principles and methods of metaphysical healing. Elto Service is the extension of these methods and principles, under the personal direction of Mr. Alwyn R. Gruenwald.

RESULTS FROM THE SERVICE: "How can I thank you for such a wonderful letter!"—A. T., Argentina, S. A. "Your letter regarding a nervous condition proved to be very illuminating and helpful, so I am coming for assistance in two other problems."—R. W., N. J. "I consider it a wonderful demonstration."—D. H., Calif.

HOW TO CONNECT WITH ELTO: State your problem concisely and in full. Mention age, nationality, weight, height, whether married or single, family relationships, occupation, and briefly what you have done thus far in bringing your desires to pass. Should we require further information, a questionnaire will be mailed to you.

TERMS: \$5 per letter. The \$5 helps to cover the average cost per letter, for time spent in analysis, office expense, salaries of stenographers, etc. ADDRESS all letters to ELTO SERVICE, Alwyn R. Gruenwald, Executive Director, 247 Cabot St., Holyoke, Mass.

Say you saw it in NAUTILUS. See guarantee, page 5.

Brown Landone Regrets

that he can not offer this Help in HIDDEN CAUSES, four times this year, as he had planned to do.

But He Is Very Joyful

that he can offer it three times, and that this month is one of them!

There's a reason for the change: God gives Mr. Landone only 24 hours each day. Three years ago, he announced this Service Work 12 times a year! Last year, he had to cut it down to 6 times. This year it is 3 times only.

This will be the only announcement in 7 months. Therefore, register NOW, if YOU want this help before next summer. This is YOUR time to attain WHAT you want!



FROM COMMENDATIONS—PILED four feet, two inches HIGH!

HEADACHES GONE, HEARING BETTER: "I am progressing! I walk without the least fatigue. I never have headaches now and my ear is very much better. I am a happy woman."—FROM ONE WHO HAD SEMI-PARALYSIS.

ELEVEN DISEASES GONE IN ONE MONTH: "Imagine eleven different physical ailments folding their tents and silently stealing away in one short month."—FROM A LONG TIME SUFFERER.

AFTER 10 YEARS OF STOMACH TROUBLE: "I have been better than for nine or ten years. I am able to keep going now without lying down after eating."—FROM ONE WHO IS JOYOUSLY GROWING HEALTH.

BEST OF MY LIFE: "It has been a little over a year since you made your study of Hidden Causes for me, and I want to say this year has been the GREATEST YEAR of my life."—FROM A PROMINENT BANKER.

AFTER THREE YEARS OF TB: "About a week ago, my doctor, who has been taking care of me for over three years, came in to see me. He listened to my chest and said 'Why, that does sound good! The cavity in the left lung has almost cleared. Air is going through the lung nicely; something that it has not done in years.' It is due to nothing else but YOUR work."—FROM A REJUVENATING MOTHER.

HIP CONDITION CHANGED: "I sat down on a low stair step and rose easily without help; the first time since I hurt my hip four years ago. I feel as limber and ligh, as though able to fly."—FROM ONE 80 YEARS OLD.

GONE, AFTER YEARS OF HEADACHES: "I did not have one headache—an unheard of experience heretofore. Thanking you for past kindnesses,"—FROM A SUFFERER OF THIRTY YEARS.

BODILY PROPORTIONS OF BEAUTY: "Strange to say my weight is becoming proportional to my height. All of which means that another human being has found the truth of your teachings. I can never tell you just how I appreciate it."—FROM A WOMAN RE-MAKING HERSELF.

SEEMS UNREAL: "Driving my coupe, I left E— at five A. M. and reached J— at 2:30 P. M.—distance 240 miles! It seems unreal! Previously, I was so weak—so pepless, scarcely left my home!" — FROM ONE WHO WAS SUFFERING FROM NERVOUS EXHAUSTION.

NEW HEALTH AND JOY: "My hair is almost free from gray, my husband is a different man from what he was. The children are all so good in helping.—it is a joy to be with them."—FROM ONE WHO AFTER YEARS OF TRAGEDY FELT THAT SEPARATION WAS THE ONLY REMEDY.

TWENTY POUNDS IN TWO MONTHS: "I have gained 20 pounds since July!"—FROM A SUFFERER FROM ARTHRITIS DEFORMENS.

WALKING WITHOUT CANES: "These two years I have used two sticks in going up and down the slope in our sidewalk. Now for a time I used only one stick; and yesterday I walked it easily without any—using divine energy instead. I praise the Lord!"—FROM A YOUTH GROWING WOMAN OF 82 YEARS.

INCURABLE (?) EYE PARALYSIS BEING CHANGED: "I was told that I was seeing with but half the retina of each eye. The other half was dead, so the specialist said, several years ago. He gave me glasses for the right eye, but COULD DO NOTHING for the left. I am very pleased to say, however, that I have noticed a distinct IMPROVEMENT in the left eye in the last few days."—FROM A BUSINESS MAN WHO HAD BEEN UNDER SPECIALISTS FOR TWENTY YEARS.

NEW ENERGY: "UNTIL A WEEK AGO, I USED TO BE SO TIRED, RESTLESS, AND NERVOUS BY EIGHT O'CLOCK IN THE EVENING THAT I JUST HAD TO GO TO BED, BUT during the ten days that I have been doing this Remedial Work of Freeing the Body, I have had a feeling of GREATER ENERGY all through my body and have DONE MORE WORK AT NIGHT. The past four nights I have used my typewriter until after ten o'clock at night, completing the article of several thousand words, and I have NOT been tired at all or sleepy."—FROM A WRITER.

HIDDEN CAUSES: The service is INDIVIDUAL HELP in discovering and revealing unused capacities, suppressed instincts, impulses, desires, emotions and thoughts which prevent you from demonstrating those things, attitudes, and conditions to which you have a divine right.

A PRIVILEGE: Mr. Landone's help is a PRIVILEGE GIVEN to others. NOT a service sold for profit.

NUMBER LIMITED: As this is personal work, NOT done for profit, hundreds can NOT be accepted—hence THIS month—only 40 will be registered for Health and 40 for Personal Problems.

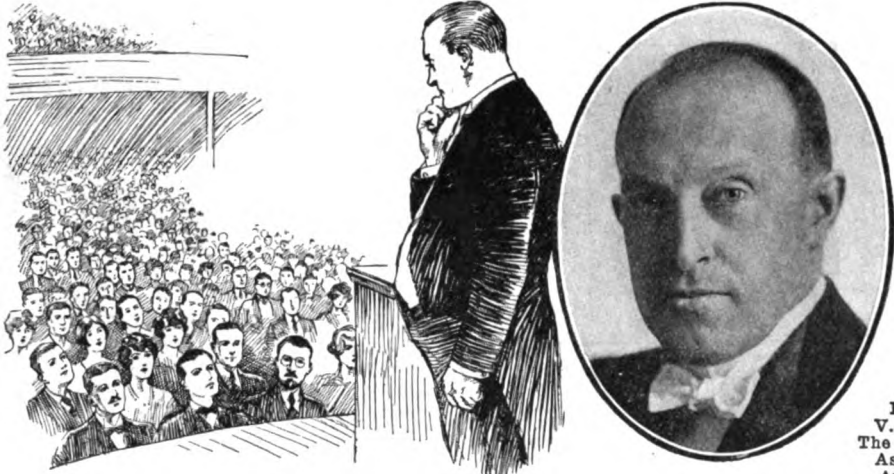
INDIVIDUAL: This is NOT a course of general lessons. It is particular individual help by confidential correspondence with Mr. Landone.

BASIS OF COST: The fee covers only the CASH COST. Mr. Brown Landone does this work without compensation for his time or service. For two years cost has averaged \$13.45 per person. The fee may be likened to the express or freight CHARGES on goods sent you as a GIFT. The goods are Mr. Landone's Services, for which he charges nothing—that is, the fee merely covers the actual cash which Mr. Landone pays out for the sake of rendering service.

REGISTRATION FOR THE PRIVILEGE: To be accepted for work in the February-March group, mail \$13.45 before February 28th. Work will be begun in the order in which applications are received. ADDRESS AND SEND FEE TO

CEPHAS BRAINERD, Personal Secretary, Box 316, Hackensack, New Jersey

I Was Ashamed Before My Vast Audience



DAVID V. BUSH
The man who Astounded America

But It Ended My Stoutness

My first and only attack of stage fright showed me the way to banish excess fat—forever

MY heart beat fast! In 15 minutes I was going to face a vast audience! In 15 minutes I was going to speak in Carnegie Hall, New York—the most famous lecture platform in America! One of the largest crowds that had ever assembled in that great hall was waiting for me.

Why did my heart beat fast? Why did I hesitate to face my vast audience? I was a seasoned speaker. I had lectured for years. I had spoken before thousands of people in the greatest auditoriums in the United States. Why should I feel afraid?

The answer was simple. That very afternoon I had received a critical letter from one of my followers. Here's what the letter said:

"Why is it you are so fat?" my critic wrote. "You—David V. Bush—America's greatest authority on right living. You tell others how to live—what to eat—how to care for themselves mentally and physically. And yet you do nothing about your own stoutness."

This letter stung me like a lash! My methods of right living had proved wonderfully beneficial to thousands of men and women. They had proved beneficial in my own case. Yet there was one thing I had been unable to conquer—my stoutness.

Vain Efforts to Reduce

For years I had tried to reduce. I had tried fasting, dieting, exercises, and mechanical appliances—everything I could think of. Nothing seemed to help. I remained as stout as ever.

I couldn't figure out the cause of my stoutness. I am not a heavy eater, but to look at my rotund figure, anyone would think I ate too much. Such was not the case. I ate moderately—lived temperately and took a normal amount of exercise.

A Startling Discovery

That night after the lecture a comforting thought came to me. It was this: All the reducing methods which I had tried were other peoples' inventions. I had never tackled the problem myself. I had never tried to invent a reducing method of my own.

For weeks I studied. For weeks I tried to find the secret. Finally I came to the conclusion that there was only one logical way to get rid of fat. Then I began to experiment on myself.

Imagine my astonishment! Imagine my delight! In 24 hours I lost 2 pounds! During the next 24 hours I lost 3 pounds more! Day after day I continued my new method of reducing. Day after day I continued to watch my weight. And day after day I continued to lose excess pounds.

I felt better than I had felt in years. I felt vigorous—vital—overflowing with energy. I slept soundly. My appetite increased. I lost that sluggish feeling that fat brings. My mind grew crystal clear. I was able to go through a long, hard day without the slightest fatigue! Needless to say, I continued my amazing reducing treatment. In three weeks I was back to normal weight!

To say that I was pleased would be putting it mildly. I was overjoyed!

Nature's Method of Reducing. It Works or It Costs Nothing!

I want to tell you all about this amazing method of reducing which I have discovered. It is simply wonderful. I am delighted with it. My friends are delighted with it. Everyone who hears about it becomes enthusiastic!

I don't care how stout you are. I don't care how many times you have tried to reduce and failed. My amazing new method will make your excess fat melt away like magic—give you a normal youthful figure—make you slim, buoyant, energetic, as Nature intended you to be, or the treatment won't cost you a single penny! No starving—no exercising, no drugs—no external agencies—no mechanical appliances. You simply follow my instructions for a few days until your excess pounds disappear—until the scales tell you that you weigh exactly what you should.

This method is so simple that anyone, even a child, can understand how it works and why it works. It is so logical, so reasonable, so sensible that the moment you hear about it you will know instantly that it works.

Send No Money

Merely send me your name and address. When the postman brings you my complete instructions, "How to Reduce," simply pay him the special, low price of only \$2.98 plus a few cents postage. If at the end of two weeks you are not completely satisfied—if you do not lose weight rapidly and easily—then simply tell me so and your money will be instantly refunded. You risk nothing. WRITE TODAY. DAVID V. BUSH, Dept. H-682, 225 N. Michigan Blvd., Chicago, Ill.

DAVID V. BUSH
Dept. H-682, 225 N. Michigan Blvd.
Chicago, Ill.

Please send me your complete method, "How to Reduce." I will pay the postman \$2.98 plus a few cents postage. I understand that if I am not completely satisfied at the end of two weeks, I may return treatment and you will refund my money at once.

Name

Address

City State

See you saw it in NAUTILUS. See guarantee, page 5.

Life Interpreted Through Color



By MYRTIS HODGES

Make your life beautiful through a CONSCIOUS use of color

DO YOU know WHY certain colors act as "an alluring emotional stimulant?" Why jealousy is "green"? Why we "see red"? Why certain colors have a certain soothing, healing power? What color gives off vibrations of success? All this and much more is explained in "LIFE INTERPRETED THROUGH COLOR."

It tells you how to use colors to make your life brighter, happier, more successful.

Read These 10 Fascinating Chapters:

1. A Color is a Smile or a Frown.
2. States of Mind as Shown in Color.
3. The Therapeutic Value of Color.
4. From the Decorative Standpoint.
5. The Evolution of Soul and of Color.
6. Color Interpretation.
7. How to See Color As Vibration.
8. The Spectrum Called Life.
9. States of Mind in Color.
10. Bible Characters in Color.

Get your copy NOW

Price 55 cents

**THE ELIZABETH TOWNE CO., Inc.,
Holyoke, Mass.**

..... Cut Here
**THE ELIZABETH TOWNE CO., Inc.,
Holyoke, Mass.**

I enclose 55c for a copy of "Life Interpreted Through Color."

Name

Address

The Heart of Healing

By Mizanna Wolff

FROM helpless invalidism to perfect health, through the mighty healing power of God's Love.

That is the experience—vividly told—in this remarkable journal of healing.

The author, a Kansas woman, has opened her heart with unusual frankness. At 28 she was an old woman in appearance—thin, pale, weak, a helpless invalid. Doctors could do nothing for her.

But through the power of God's Love she was restored to health—perfect health.

"At 42," she says, "I am well from head to foot, without an ache or pain."

This little book not only tells her personal experiences, but gives the Truth Statements and prayers that accomplished her own healing and the healing of many others.

Part of Contents

- How to Apply the Truth That Frees From Sorrow, Sickness and Pain.
- Preparing to Receive Your Desire.
- Being Healed and Keeping Healed.
- How a Love Suggestion Won a Husband for My Friend Peace in the Home.
- How a Friendship of Years Was Strained to the Breaking Point, When Love Took the Helm and Steered Us Back to Harmony and Health.
- How God's Law of Love Healed a Drug Addict.
- How God's Love Remade the Twins.
- How I Removed 14 Pounds of Surplus Flesh in Three Weeks' Time.
- The Transformation of May.
- How Visualizing a Trip to Florida Made It Possible for Me to Take It.
- My Personal Experiences With the Mind Telegraph.

Price 55c Postpaid

**THE ELIZABETH TOWNE CO., Inc.,
Holyoke, Mass.**

..... Cut Here
**THE ELIZABETH TOWNE CO., Inc.,
Holyoke, Mass.**

Here is 55c for the new book, "THE HEART OF HEALING."

Name

Address

Say you saw it in NAUTILUS. See guarantee, page 5.

Wanted: Men--Women!

Make \$5,000 to \$25,000 a year in real estate. I made \$100,000 in less than 5 years. Learn the secret of my success. Use my remarkably successful system. Start at home in your spare time. Build a big, new business of your own. No capital or experience needed. Write at once for free book containing the most amazing facts and figures of business success you ever read.

Men--Women--listen!

No matter *who* you are—*where* you are—or *what* your daily task—you cannot afford to turn your back on this remarkable, money-making, business opportunity.

It is a chance of a lifetime to get started in one of the biggest profit-making professions on earth. And you can start right at home—in your spare time—without capital or experience—and build up a permanent, independent business of your own.

My kind of a real estate business puts you on the straight road to real money. Men and women taking my advice—following the way mapped out in my free book—are right now making \$5,000-\$10,000-\$15,000-\$25,000 a year.

I started in the real estate business with nothing but a *new idea* and a *five dollar bill*. And in spite of no experience, no influence, ill health and a very limited education, I made more than one hundred thousand dollars in less than five years. Since then I have started other ambitious folks on the same road I travelled—men and women—from 19 to 75—taught them the secret of my success—gave them my counsel and advice—cooperated with them—helped them every step of the way—made it possible for them to *make big money my way*.

And what I have done for others, I will do for *you*—provided you are *ambitious* and in *earnest* and will

follow my *clear, simple*, instructions. To learn how I succeeded—to learn of the great success of others—to learn how you—*yourself*—can now use my new business system to break away from the rut of hard work and poor pay, and establish yourself in a high-class business of unlimited money-making possibilities, sign and mail the coupon at the bottom of this page. You will then receive—*without cost or obligation*—my beautiful, illustrated book which tells all about a proved-out, time-tested way to make more money than you ever made before. Director, American Business Builders, Inc., (Authorized Capital, \$500,000), Dept. 8-BB 18 East 18 Street, New York.

Get Your Share Of These Big Earnings



Makes \$5,500 on First Deal

Mrs. Evalynn Balster, a Chicago widow, a school teacher, with three children to provide for, sent for this free book, followed its advice and made five thousand five hundred dollars on her first real estate deal.



Builds \$100,000 Business

H. D. Van Houten, a New Jersey grocery clerk, lost his health. He sent for this free book, got started in real estate, and regained his health while building up a one hundred thousand dollar business in one year's time.



Makes \$28,000 in 6 Months

Thos. Mone, Jr., an insurance solicitor in the city of Brooklyn, got this free book. Started in real estate as directed and made \$28,000 his first six months. Perhaps you can do as well. Send for the book and find out.



First Deal Nets \$248

Mrs. J. H. Hastings, whose home is in a Michigan town, got our free book—read it—followed it. Reports that she made two hundred and forty-eight dollars on her first deal and has a fine business already lined up.



Earns \$435 in One Day

F. B. Bennett, a California lawyer, followed my instructions and his first day's work in the money-making field of real estate netted him four hundred and thirty-five dollars. He says he has big money in sight.



Makes \$1,300 in 2 Hours

Elden E. Mitchell, whose home is in sunny Florida, and who was a baker, got a copy of our free book a short time ago. He now writes that he made one thousand three hundred dollars on his first deal which took him only two hours to put over.

No Other Business Gives You Such Rich Rewards

No other business gives you all the advantages, opportunities and rewards that you get in my kind of a real estate business. Here are a few of them:

1. Real estate is the biggest thing on earth. More than 65 per cent of the wealth of the entire nation is invested in it.
2. It is easy to learn my way. It does not take years of study like medicine, law, dentistry, pharmacy, architecture, engineering, etc.
3. You can start with little or no capital. I began with \$5. Others have started on a "shoe-string" and achieved great success.
4. Real estate is as permanent as the earth itself. It can't go out of style. We all live on the land and we are

fed, clothed and warmed by the products of the land.

5. Real estate is a pleasant, healthful business. No hard, dirty, laborious work—no need of unusual health or strength.
 6. It is a business open to both sexes. Men and women—19 to 75—are making money my way.
 7. It offers you money in big bunches. Users of my system are making \$1,000—\$2,000—\$5,000—and more—on single deals—more money than the average man can earn in an entire year of hard work.
- Write for free book at once and get the full facts and figures about this wonderful business opportunity I now offer you.

Director,
American Business Builders, Inc.
(Authorized Capital, \$500,000)
Dept. 8-BB,
18 East 18 St., New York.

Please send me—without cost or obligation—your new, illustrated book, telling how you will help me make big money in real estate, without capital or experience.

Name
Address

Say you saw it in NAUTILUS. See guarantee, page 5.



Sunset By The Willows

By Ella Morgan Spafard

FATHER, be near me
 When the night shades are falling;
 Comfort, protect me
 Now the shadows are creeping;
 I feel so far from Thy love.

* * *

Down sinks the sun in glory,
 Telling again the story
 Of changeless love.

Upward the breeze is springing,
 Homeward the birds are winging,
 Safe in Thy love.

Willows are softly bending,
 Perfume the flowers are sending,
 Breathing Thy love.

Peace through my heart is stealing,
 Bursts into song my being,
 Singing Thy love.



NAUTILUS MAGAZINE

Self-Help Through Self-Knowledge



MONTHLY
\$1.00 a Year

FEBRUARY, 1927

Vol. XXIX
No. 4

EDITORIALS

by Elizabeth Towne

*"Build thee more stately mansions, oh, my soul,
As the swift seasons roll!
Leave thy low vaulted past!
Let each new temple nobler than the last,
Shut thee from heaven with a dome more vast,
'Til thou at length art free,
Leaving thine outgrown shell by life's unresting
sea."*
—Holmes' "The Chambered Nautilus."

Elizabeth Towne Elected First Woman Alderman in Massachusetts!

CONGRATULATIONS are in order! On December 7th I was elected Alderman-at-Large in the city of Holyoke, the pioneer woman candidate for public office in this city, and the first woman alderman in the state of Massachusetts.

And I came out at the top of the list of seven Aldermen-at-Large, elected to serve two years on a Board of twenty-one including the seven ward aldermen. There were eighteen candidates, about half of them very well known and popular local politicians, seven elected. So, my coming out at the head of the list, with 7,334 votes was a real tribute to Holyoke's confidence in a woman in government, as well as in myself personally.

The women say that they are the ones who put me in! And the men are saying that it was *they* who did it! But just between you and me, I rather think that they both had a finger in the pie. I bless them everyone, and I promise to serve all of them and all of the folks who did not vote for me, just as faithfully as I know how.

I am looking forward with great interest to the "first caucus" of the whole Board on

Sunday afternoon, January 2nd; and to the inaugural meeting the next day, January 3, when the new Mayor and all the elected Aldermen are to take office.

▽▽▽

"How Much of Ourselves Do We Owe to Other People?"

I WONDER if men ever ask themselves this question: "How much of myself do I owe to other people?" It is the woman of the family whose conscience is kept sore trying to answer it.

Men think of themselves as devoted to building a business of some sort. Women think of themselves as hand maidens, *giving service* to other human beings: to husbands, children, relatives, friends, good people who belong to their church or club, or poor people who must be fed on charity.

The particular woman who last put this query to me is lying in bed, just recovering from a serious illness, brought on by overdoing as a hostess to visiting relatives. While she is lying in bed and trying to recuperate from her orgy of hospitality the Spirit within her is propounding that question to her, and is giving her time in which to think it out.

For several years this woman has been engaged in business, as a partner with her husband. A man would never think of doing the hospitality act, making beds, cooking etc., for a lot: visiting relatives after he gets through with his business. He is too businesslike to even think of such a thing. And no relative, either man or woman, would expect a man to cook and wash dishes and make beds for

EDITORIALS by Elizabeth Towne

them, in addition to running his business and making money.

The reason that no relative in a family, either man or woman, expects the man to do this kind of thing, is that *the man himself never thinks of himself as a servant to the various members of his family*. As he thinks of himself, so all the family accepts him.

▽

The Woman Makes Herself What She Is.

BUT the wife in that same family is accustomed to think of herself as a hand maiden giving physical service to everybody in the family. In this family she has been so successful as a cheerful, happy servant, that everybody in the family likes to come and camp with her for a few days at a time, whenever the spirit moves. The woman has nobody but herself to blame if the family keeps on following the habits of a life time, which the woman herself has inculcated and cultivated.

The only way to change these conditions is for the woman to **THINK** of herself as a **MAN OF BUSINESS**, whose job is to keep himself in good trim so that he may devote himself to the carrying on of this business which he has chosen as the worthy object of his efforts; and she will have to **ADVERTISE HER NEW VIEWPOINT OF LIFE** in such way as to enable the family to realize her new picture of herself and her "duty".

In other words, she will have to put it over to the family that she is no longer a house maid or cook or a servant for anybody; that she intends to devote herself to business, and that after hours she will rest and play so that she will be in good trim for business during business hours.

If she is to do this without causing a lot of ill feeling among the various members of the family, she must do it in **FRIENDLY FRANKNESS**, and she must always take every bit of blame upon herself. It is not the fault of the various members of the family—it is her own fault for leading them to think of her as a cheerful servant and hostess to all of them.

Of course, they may feel disappointed to

think that she has now converted herself into a business woman, instead of a household cook, chamber maid and general servant. They may be personally disappointed at having that service withdrawn from themselves. *But not one single member would consider the new arrangement unjust, and not one of them could very long hold a grudge about it.*

For deep down in every heart there is the Divine Christ which knows that every individual has the right to choose his own life, to make it according to the Spirit within himself.

It is a woman's own right to choose what kind of life she will live, just as it is a man's own right to do it. This particular woman has no children and she is beyond the period of wishing for any. The business which she and her husband are engaged in is one which they both enjoy, and through which they can perform a great service for the entire town in which they live.

▽

See Yourself as God Makes You.

WHICH brings me to the direct answer to that question: "How much of ourselves do we owe to other people?"

This is the answer: *we owe all that we are to everybody in the world, present and to come!* All that we are and *all that is still to be unfolded in new lines of effort.*

Every man and every woman is a genius in his own right and her own right: a genius created by God, the Infinite Father, no two human beings alike.

And every human being is divinely urged from within to express all that he is, to all of God's people in the world.

What I **AM**, nobody else in the world can be. What **YOU ARE**, nobody else in the world can be.

God made Each of Us unique, individual and He gave each one of us to all the world. Not only that, but day by day in every man and woman He is from within urging Each of Us to express all that He is, that all the world recognize His genius in us, glory in it, rejoice in it and profit by it.

Through Each of Us God is expressing His



EDITORIALS by Elizabeth Towne



Infinite Self according to the particular character of each.

Two billion different kind of geniuses in this world! And the Infinite One pressing to expression through each, just as if there were no other ones!

Now apply this principle to this particular woman, and you will see that her job is to give all of herself to all the world, but *she is to give it in the way that the Christ within impels her to give it: she is not to let her relatives and acquaintances decide how and when she shall give herself.*

Every time she lets her relatives decide for her how much work she shall do in addition to her day's work as a business woman—every time she does this the Spirit of God puts her to bed for a long rest and a review of the situation. These upsets will continue to appear periodically until the woman wakes up and begins to realize that the Christ in herself must be her guide, and she must live up to it.

God made every one of us a genius, and the guide within each one of us is perfectly competent and able to tell us how and when to work, in order to develop that genius and give it in ever increasing measure to all the world. But if we resign our guidance to other people, instead of to the Christ within, we find ourselves wearing ourselves out by doing a multitude of Martha-things which are of no importance at all, things which can be done by anybody for himself; or by anybody who *likes* to do these things of material service in return for money.

To this woman, and to all other women who are still puzzling over that question of giving material service to other human beings, I give this bit of advice: live by the direction of the Spirit within yourself; be a divine-self directing genius, and the world will quickly get out of the way of thinking of you as a cook and chamber maid for people other than your own husband and self.

Serve notice in a friendly frank way upon all your relatives that there are to be no more meals served to anybody, and no more staying over night *except by previous agreement with yourself.* Tell them frankly why, and then smilingly stick to it! Then be sure that you have nerve enough to say "no" when the Spirit tells you to do it.

You Were Proud of Yourself as Hostess and Servant.

DON'T forget that in the past you have been proud of the fact that all of the family came to *you* for hospitality, instead of going to the other households that are within the family. You have enjoyed your position as hostess to the whole family.

It is all YOUR OWN doing and nobody but your own self can change it. But you *can* do it, if you do it in a friendly businesslike way.

And it will be good for all the other members of the family to begin to take their share of family entertainment—which you have got them into the habit of letting you monopolize!

When you decide that it is your turn to entertain again, do it in the right kind of way, personally inviting each one, and seeing to it that you have plenty of help to take care of the details.

The chief end of man is to glorify God and ENJOY Him forever, in any and all kinds of service. And whenever you find yourself NOT ENJOYING a kind of service which you have previously enjoyed giving, you can depend that you are now giving it to excess. Observe moderation in all things and you will find yourself keeping your balance in what you do, growing stronger day by day, giving better service of all kinds, and keeping your physical balance as well as your mental one.

To sum it up: (1) Give all that you are to all the world, so far as you can: "LET your light shine good-willingly. (2) Maintain a balance between the different kinds of giving; in other words budget your time and your energy intelligently, *by the guidance of the Christ Spirit within.* (3) Tell your viewpoint with a smile to all of the members of your family, so that they may all understand, ask them to help you make good in your new business.

Always REMEMBER that the fault is your own, not that of the family! And whatever change comes must begin in your own mind, and then must proceed outward into the minds of all the members of your family, in loving kindness.

Loving kindness, friendly frankness and

EDITORIALS *by Elizabeth Towne*

firmness with yourself in carrying out what the Spirit tells you to do: this is the key that unlocks the door into the field of new and larger service which you are desiring.

Your family will go WITH you through the door.

You desire a successful business life and a quiet home with your husband, with a *circulation* of family hospitality, instead of the old *monopoly* of entertaining which you invited and acquired. It is yours NOW in Spirit and in Truth.

"Whatsoever thing you desire when you pray BELIEVE *that you receive it*"—from God to whom you pray. And remember that God works not only in you, *but in all the members of your family and friends*, to manifest the thing you ask for, and greater things than you yet dream of.

▽

Overwork, Grouch and Sickness vs. Being Yourself.

THIS is written straight from the shoulder, to you and to many other women who are placed in the same position.

Remember that the fault is entirely your own, and that just as long as you continue to violate the guidance which is given to you by the Spirit within, just so long will you continue to have these sick spells. Follow God-given desire and common sense, not family habit.

Overdoing is only half of the story, and the other half comes from the natural grouch within you at what looks to you like the injustice of the members of your family. But they are not unjust to you at all—they are *accepting you exactly as you have led them to believe you are*. And naturally, you having led them to DEPEND upon you for this kind of service, they feel more or less abused when that service is withdrawn. You have got to work the thing out in your own mind, lay down your rules and then tell them in friendly frankness to the entire family.

And *see to it* that you do not in any way criticize or blame the members of the family, or you will simply convey your own grouch to them, and all of you will be living in a FAMILY JAR. Get the thing worked out in your

own mind first, and then announce your plans in a loving friendly way to each and every member who has been coming to you. Tell them that you have got a new illumination about what was the matter with you, and that you are going to change things by instituting this new way.

Why don't you sell your house and go and live in a small apartment, where things would be much easier all round?

Why not make the break about meals, by letting all your friends know that you are going to take your meals out, and that you can't have even one guest to a meal for a good long time, and then only when you make special arrangements ahead of time. You could get your breakfast at home for yourself and your husband. Hold strictly to the rule about the noon meal and the night meal—don't let *anybody* break over, either relative or friend, for at least a year! Let some one invite you occasionally, instead of your letting them come to visit you all the time as you have been doing. Of course, don't let your mother come or other members of the family *unless they agree to do all the cooking and all the work!* They will not come many times if you hold strictly to this, and let them do every bit of the work themselves—you just come in and eat your dinner with them, etc., and then go and rest as you should after a man's day of work!

Since you have no children, you have a perfect right to use your energies in business outside the home, and after twenty-three years of housekeeping and hospitality, you have certainly *earned* the right to be in that business which you like so well. It is a life-saver for you, and if you follow out the instructions I have given you in these editorials you will realize peace and harmony in your family.

You owe nothing whatever to any of these people, in the way of personal material service. Get that idea out of your mind entirely. Let them cook and make beds for themselves,

(Continued on Page 40.)



Affirms the
UNITED NATIONS
of the WORLD



How God's Love Helped Me Overcome Old Age and Sickness

By Mizanna Wolff

Also, How Love Collected a Debt of 11 Years' Standing

MY EARLY life, until I accepted God's love, was spent in sickness and sorrow. At the age of 28 years I was what would be termed a middle-aged woman. I was thin, pale and weak. No one thought I would ever be robust and most people thought I would never live to be thirty.

All my life I had been under some doctor's care. I seemed to have almost everything that the human family is liable to and a few other things that were not in the medical books or known to the profession. The list included tuberculosis. Life meant nothing to me. Everything was dark, not one ray of light did the future hold forth to me. I was so discouraged that I didn't have any desire to keep on living.

Returning from a visit to my physician one morning, I had the misfortune to be thrown from the car in such a manner that I received an injury that left me a helpless invalid. I was so helpless that I needed constant care. The physicians said nothing could be done for me. But a friend prayed to God to heal me, and he did. I then began to practice New Thought statements and to live New Thought. And now, at the age of 42, I am robust, well and happy. And I look at least ten years younger than I did fourteen years ago.

I am well from head to foot, without an ache or pain, THANKS TO GOD.

After so many years of sickness my hair began to turn gray and was very thin. I used this statement on it and now I have a heavy thatch of black hair, long and curly. The statement follows:

Hair, you are beautiful. You are black, lustrous, long, thick and curly. You are the glory that my Father in Heaven gave to me and I thank him.

"ALL THINGS ARE POSSIBLE TO HIM THAT BELIEVETH".—Mark 9:23.

How Love Collected a Debt of Eleven Years' Standing With Interest.

Here is another experience of mine which shows how God's love solves material problems as well as problems of health.

While keeping a nursery in Kansas City, a gentleman brought me a three months old baby to care for. Its mother had deserted both the baby and its father. I was to give the infant food, lodging, care and laundry for \$30 a month.

At first the man came to see the baby once a week and paid the bill regularly. Then gradually he stopped coming so often but he kept the bill paid up for a year. Finally he told me he was planning to get married again and he would then take the baby. But he began to fall behind with her board, until when he came to take her home he was \$60 in arrears. He gave me a good excuse why he couldn't pay the bill. Of course, I could have demanded my money, but somehow I felt sorry for him and I loved the baby, so I told him it was all right, he could pay me when convenient.

Well, the man moved away from the city and I did not hear from him for over nine years. Then I saw an item in the paper where he had come into an estate and that he was coming back to the city to enter his father's business firm.

I waited another two years, and as he had not paid me and I felt that I had given good service for this money and that it was mine by divine right, I took the matter into the silence thus:

I thank thee, my Father, that I have only good will toward Mr. ——— and I thank thee because he bears only good will toward me and I thank thee for the payment of the money that he owes to me.

I did not wish to acknowledge that he

still owed me, so I put it in that way so it would be all the stronger in my favor, for I wanted my treatment to be a success. Here I stopped and mentally counted out the money. I counted it out in *silver dollars* because it seemed so much bigger. I then thought, as I had waited eleven years for the money I surely was entitled to some interest, so I counted out *two more dollars* for myself. Then I asked that God's blessing abide with this man.

I began this treatment on Monday morning. Well, the following Monday morning I was sitting in the car waiting in front of a store where my sister had gone in to do some trading, when Mr. ——— came up to the car, grasped my hand and said, "I'm sure glad to see you, Miss Wolff. Won't you come up to the office and I'll pay you that bill?" So I went right along with him. When in-

side of his office he opened up his safe and took out a till and counted out the \$60 just as I had done in my mental picture. Then he said, "I have just two more dollars in here and I am going to give them to you for waiting so long and not asking me for it."

I thanked God for my money and that all was well.

Surely, if you will put your trust in the Father and do your part there is no task too big or too hard to be accomplished. Trusting in God is one of the essential things to insure against failure, for with God there is no failure.

"MY GOD SHALL SUPPLY ALL YOUR NEEDS ACCORDING TO HIS RICHES IN GLORY BY CHRIST JESUS."—Phil. 4:19.

(Next month, by Miss Wolff, "Being Healed and Keeping Healed.")

Five Things to Do When You Have Lost a Lover

By Marie Winchell Walker, M. D.

Illustrated by Actual Instances Taken from Life

DO NOT detach yourself from the world—this is the most important thing *not* to do. A college girl I had as a patient did this and it was not long before she was writing love letters to herself, and her relatives were on the point of sending her to an asylum when metaphysics saved her.

A true and unusual love story was told me by an interesting woman in the thirties, now well known nationally as the head of a large uplift movement in our country. This splendid woman, when a college student, was deeply in love with and engaged to a fine looking man, a class-mate from a prominent family. After their graduation her fiance, for business reasons, went to a wilderness of a country, far away from her. To this day the young woman, whom we will call Elsie, does not know how it came about, but suddenly her fiance married a very young girl. He

wrote the bare fact that he was married, offering no explanation.

Elsie, of course, was grief-stricken. But being a girl of sound sense, instilled into her by an unusually well-balanced mother, she tried to find a way out of her depression. She began to rationalize. Her fiance, she reasoned, had always been impulsive, he was also the type who loved to take the role of hero. He would have made a splendid knight had he lived at King Arthur's court. He would have been the kind of gallant who was always coming to the rescue of beautiful ladies in distress. Perhaps the young girl whom he married had really been in great need and he married her to save her.

Reasoning thus, Elsie soon found forgiveness in her heart for the man who had mistreated her. If one has lost a lover in this way, *the very first thing to do is to forgive him.*

Elsie forgave him but still she suffered. One night she lay awake grieving. Her sound sense told her that this would never do. She got out of bed and began to write a drama, using her lover as the hero. She describes him as a bragging, "swash-buckling" hero who goes into a saloon and there finds a tearful, terrified, young girl of great beauty, in the hands of a ruffian. The hero dashes to the rescue, wounds the ruffian and carries the girl away to a more civilized village where, to protect her from gossip, he marries her.

In her drama, Elsie's hero was no longer the type of man she would want to marry. He was a humorous sort of actor with no depth of character. She saw a funny side to the situation, laughed at it and cured her insomnia and grief. Instead of repressing the painful experience into the subconscious mind, she kept it in consciousness until she had rationalized it and had written it up humorously. She then saw it as a dream that had passed.

As Spiritual Beings We Are Always Safe.

The woman of today will never be happy until she quits trying to be safe. She must quit being afraid of the crises in life. The only safe place is the cemetery, and the six feet allotted her is the only hole a woman can't crawl out of. Out of everything else there is a way of escape. The real self, of course, has nothing to do with cemeteries. *As spiritual beings we are always safe.* The story of a girl I know will illustrate this point.

This girl's lover died and she longed to commit suicide so great was her grief. But she realized that life is a gift for which one must give an account. One day this thought came to her: "So far as the world is concerned, I am already dead. It would be a sin to take my life; but I will live here and now as though I am in the Spirit world. If I am a spiritual being nothing here can ever harm me again." Clinging to this point of view she got away from self pity, and became light of heart. She associated with people, did her work, calm, patient and cheerful. Holding to this attitude for months she grew strong and resigned.

One day she listened to a sermon preached from the text: "For ye are dead, and your life is hid with Christ in God." (Colossians 3:3.) She was astonished to find that verse in the Bible, and greatly interested in what

the preacher said about putting off "the old man." This was just what she had been doing, although she had been working rather blindly. She gradually became a person of deep spiritual understanding, helping hundreds of unhappy men and women.

When Betty Lost Her Lover.

The remaining rules can best be illustrated by another girl's story. This young woman, whom we shall call Betty, had lost a lover under unusually shocking circumstances. Shocking because she was the trusting, vine clinging type least suited to bear a shock.

She was an orphan in the early twenties, had inherited some money, was good-looking and altogether had many blessings for which to be grateful. When the love shock came she immediately went to Europe. I met her in Switzerland living in a remote chalet with strangers, far away from all her friends—nursing her sorrow!

Through a friend of mine, who was a relative of hers, I found her retreat. Her story had been told to me in every detail and my sympathy aroused. I was determined to bring her back to normal and make her see the goodness of life. She had not gone over the borderland of sanity like the girl who wrote love letters to herself, but a nurser of sorrow and disappointment is never normal. No negative person is normal. Normal individuals are positive, full of good thoughts and the joy of living.

Unwillingly she came to me in the garden on the mountain side, and still more unwillingly told me about her former lover. She told the whole story sitting there in the sunshine, thin, weary, lifeless, with tokens on lip and brow of the great suffering through which she had passed.

It was for her own sake—to relieve repressions—that I made her talk about her unhappy experience. This is the *second* thing for anybody to do who has lost a lover. Tell your experience to a wise and understanding soul. Do not broadcast it to the world but tell it once and get a new point of view concerning it.

Briefly her story was this: she had been deeply in love, and engaged to a man for three years. Suddenly he married another woman. "The very day he married he called me up on the phone and spoke of our great love, vowing that no other woman could ever take my place in his heart," the grief stricken girl

sobbed. This was what made it so hard for her, she believed that he still loved her and that the other woman had somehow entangled him and marriage to her was the only way out. "If he had told me he hated me I could bear it," she moaned. "You do not have to bear it any longer, you are going to drop it from this day henceforth," I replied.

We talked until the sun went down, talked of many things; of trouble as experience, of life as a great gift to be used for self unfoldment, and for service to others, and to glorify God. I succeeded in changing her point of view; she promised to look away from self and to contact the world.

Look Away From Yourself.

Look away from self and contact the world—this is the third thing to do if you have lost a lover. Get into the burn and whirl of life; this point was mentioned in the beginning of this article.

A few weeks later came a letter from the U. S. Betty had left Switzerland and was back in her home city. The pain that had been clutching her heart was no longer constant. It was only resurgent, and she believed that it would entirely pass. "I know on which side victory lies," she said.

This is the fourth thing to do: *believe that because the One Perfect Mind is your Mind you are able to put positive, wholesome thoughts and emotions in place of negative thoughts and destructive feelings.* "According to your belief so be it unto you." Avoid destructive concentration. Concentrate on what you want to do and on what you want to become. Become convinced that you are a splendid, unfolding, progressive soul and never for a minute at the mercy of your environment: that nobody and no experience can murder your serenity and joy. Say as did the Apostle Paul, "None of these things move me."

Another letter came from Betty two or three months later. "You ought to see me now!" she wrote. "My friends scarcely know me! I have gained twenty pounds! Am so interested in my course in interior decorat-

ing!" A year later came the best letter of all. It stated: "I still love my work, but I am married—to the right man. The other I think of now as only my shadow lover." And this is the fifth thing to do if you have lost a lover: *know that he was not the right one. Know that the right one—the one selected by Infinite Mind—will come in God's good time.* Believe that nothing ever goes out of your life except to make place for something better.

Every Normal Woman Longs For Mate-Love.

Every normal woman rightly longs for the experience of mate-love and motherhood, yet when all is said and done this is not the summum bonum in life. What is the supreme good that life has to offer a woman? The very same thing that it offers a man—more life. Unfoldment-mental and spiritual expansion—this is the chief thing, the "life more abundant," besides which all else looks unimportant.

Happiness, either for man or woman, should not depend on mate-love, with all of its confusions and delusions; its alternate ecstasies and suffering. Learn to stand alone. A person must be strong enough to live without a mate before he or she is strong enough to live happily with a mate.

Let us review the five things one must do if she has lost a lover. First: forgive the man who has disappointed you. If he is dead be grateful for having had the love experience, but see it merely as experience and not as trouble.

Second: tell your experience to someone worthy of your confidence.

Third: turn from self and contact the world.

Fourth: believe that the One Perfect Mind is your mind, and that through it you have power to dominate the situation and lift yourself out of all negative thoughts and unwholesome moods.

Fifth: believe that the lover who has gone out of your life was not the right one. He has gone to make room for your true mate—the one selected for you by Infinite Mind.

(In next month's NAUTILUS read, "How Do You Pray?", by Mabel Dill.)

TRUE LOVE gives itself freely, seeing that therein is the only way to secure happiness.

—TOLSTOY.

An Experience that Changed Me from a Negative to a Positive Personality

By Rafael Santoris

As a Result of The New Revelation Described Herewith I Now Have a Business of My Own, I Have Money in the Bank; I Have a Valuable Patent Pending

My friends, if you have worked hard or your goal; if you have dreamed of that goal; if you have used New Thought and felt sure you would reach that goal because all outward indications pointed that way, only at the last minute to have all hopes of attaining that goal swept away by an unusual and unlooked for event over which you had no control; if you have tried time and again to reach success only to be hurled back by some unknown Power or Force—then read his article.

ONE DAY last March I sat in deep meditation.

Why was it that success had always been taken from me at the last moment by some unknown Power?

Why was it that some unknown Power held me back?

What was this barrier which defeated all my efforts to surmount it?

What lesson did it teach?

I knew the fault lay in myself or my methods. To discover this fault was my object and desire.

How well I recalled my first experience with this unknown Power which seemed to rule my life.

Shattered Dreams.

It had always been my dream to enter college when I was twenty-one. To this end I had applied all my energy towards piling up credits so that at the beginning of my Junior year I was positive I could accomplish my aim. My teachers likewise not only believed I would attain this object, but predicted a very brilliant future for me. Yet, all unexpectedly an event took place causing me to leave school never more to return. This had been a bitter disappointment.

I had worked myself up to the position of field manager of a sales organization by hard work and sheer determination. My goal was then a branch manager's position. Because I had visualized myself in such an office and had worked faithfully for it, when the

opportunity at last came through the promotion of this office's present occupant, I thought my goal was to be at last realized. In fact, the entire force thought so, when suddenly, without warning, an event happened that not only took away my goal but killed all my hopes by forcing me to leave the sales force entirely. And strange to say, it was an event unexpected and over which I had no control. Once again Fate had scored.

By determination, work and earnest application of occult power, I at last was to be given a trial by a stage manager. True, it was only in amateur work, but then it was a beginning. The trial had proved a success. My manager was delighted and talked contracts and visualized the possibilities of future success so enthusiastically that I was filled with renewed hope and ambition, when suddenly, without warning, another event of a totally unexpected fateful nature occurred, making me give up my goal again. Once more I had been hurled back by this Unknown Power.

And now at last when determined to attain my rightful place and gain success I had painstakingly built up, through occult practice of the law of supply and demand, a nice little business of my own, and had seemed in a very fair way to be firmly established, without a second's warning two sudden changes over which I had no control had swept everything I owned away. I was lifted out of that environment and cut off entirely from all my loved ones and friends, so that on this

night I was not only without funds, but, I was all alone.

A New Revelation.

What was the reason? Wherein had I failed to comply with the Law? Or was I indeed ruled by a fixed and certain Fate?

Pondering again these questions, my hands unconsciously came in contact with a little book that has always been my guide and as I idly opened it my glance fell listlessly upon these well-known words:

"Before the eyes can see, they must be incapable of tears."

"Kill out ambition."

"Work as those who work for Ambition."

Because I *thought* I knew *what* these words meant, I idly wondered *why* I had opened the book at this particular place. But knowing that—"Nothing ever just happens. All is the result of The Law,"—I forced my mind to study their meaning, because I knew that in these quotations lay the answer to all my questions.

They meant that before we could receive true perception and open our inner eye, we must be immune to tears. The soul must not be shaken by emotion of any kind, but must stand aloof, above and free from all things of self.

To do this, I must remain unmoved and unshaken by any sensation. Only by non-attachment could this be accomplished. Non-attachment could only be attained by eliminating self. Here I paused in my train of thought and meditation.

What was Self?

Self is selfishness. Selfishness is the desire to possess things for your own use. This desire arises from the idea of Ambition. Ambition originates from a desire to accomplish, while this desire to accomplish owes its existence to one central cause—The desire to express itself in action.

Again I paused in my thinking of connected thought, for this question had suddenly crossed my mind:

What Is The "I"?

What was this "Itself" that desired to express in action, itself?

Why, that was I. Yes, but who was I? What was I? And then suddenly I saw light.

I was Love. I was God manifest in the flesh. As this fact began to dawn on my mind, I began to see and understand.

I, at the end or final analysis, was a Center of Love. My purpose was to express that Love by thought, word and deed. By so doing, I had the right to claim my Divine Birthright.

How could I best assert this divinity in the beginning?

And then, like a flash of light, I knew just how this was to be done. *I must stand free of all physical, environmental and mental conditions.*

To be able to do this, I must think my own thoughts.

The next morning as soon as my conscious mind began to function, I started in thinking my own thoughts. All day long I made my mind consciously think each thought. Every time that any thought floated into my mind without any effort on my part, I knew that I had not thought that thought.

I soon discovered that I did not have many original thoughts and was forced to consciously think my small store of thoughts over again and again, until I hit upon the happy expedient of taking a word and seeing how many meanings I could find for that word. I started with "God." Then "Love," "master," "realization," and as I was finishing my day's work, I took "I Am."

Friends, you cannot realize what happened from this practice. I was so amazed that I was dumbfounded by the results.

Then Came A New Sense of Power.

A new sense of Power came to me. *Nothing* could worry me. Doubt could not enter my mind. Fear was banished. Gone was my indecision. At last I was able to maintain balance and poise under all conditions. I was sure of myself. I had confidence and the courage of my own convictions. Never again could influence of any nature sway me or pull me away from my purpose for at last I rested on Bed Rock.

Oh, Friends, having found this center and having experienced its peace and joy, I long sincerely to see you also find this Center. For until you have experienced that inexplicable, indescribable and exquisite sense of security and Peace which it alone can give, *you do not live.* You only exist. Moreover, until you find your Center and express its true nature upon all planes of action, do not look for permanent and lasting success and happiness, because you will be hurled back each time

to start anew until you learn this lesson,—
I Am.

And what is I am? It is the conscious realization that *you know that you know.*

Many months have passed since that memorable day when I Am was born into consciousness, which has enabled me to remain unmoved and unshaken amid this material life of Change. Uninfluenced, able to *stand alone*, and able to discern the Truth in every action affecting my conscious self, is the one cardinal fact outstanding which has been proved by all kinds of trials and tests which have arisen in my life.

Knowing this fact, I am conscious that I Am is master of any influence I may come in contact with for at last I stand alone. I am free.

Many Strange and Holy Experiences.

Many strange and holy experiences have I had. Many vital truths unwritten in any book or periodical have I learned and realized.

You may ask what my realization has given me in this material world in the nature of material resources.

- (1) I have my own business.
- (2) I have money in the bank.
- (3) I have a very valuable patent pending and two more ready to start patent procedure upon.
- (4) I have many friends whom I can truly help.

But in the end material things *do not count*, friends, because such can all be swept away in an hour's time. The fact that *does count* is this:

No matter if all again be taken, and I be forced to give it all up. It really does not matter, because I no longer *seek things* for myself, nor do I ask for Love. For *I know* that if I would be *like* God, I must *do* like God does.

Therefore, I must give constantly and unceasingly of my all.

I have learned my lesson. I know why I was hurled back from my goal.

I worked for myself and my desires. By so doing, I was false to my divinity because *I worshipped self and not God Within.*

Today, thank God, *I am free.* No longer am I ruled by Fate. For having mastered influence I am conscious that I am working in tune with the Infinite whose power as long as I was for self constantly hurled me back.

But now, knowing God's true nature and reflecting by word, thought and deed that nature, I Am is that Invincible Power pushing me onward and upward to new heights of power and realization because I no longer work for any aim, any purpose or any object except to express God in all ways.

I have found my Center and I Am.

(In *March* NAUTILUS read, "How to Make a New Start.")

Hate Loses \$1,000,000, but Love Gets a New Home

By Brown Landone

IF THE machines of a factory should now and then madly leap out of place to punch and pound each other, factory production would not be profitably abundant. If the vegetables of a garden should spend even a little time each evening in family strife—pulling each others roots, twisting each others stems, and tearing each others leaves—the garden could not produce abundantly.

So also family friction actually *PREVENTS*

one or all of its members from producing abundantly, and—since abundance is the result of harmony—the lack of harmony must be handled first, because it is the *cause*.

This Truth is certain: no family inharmony need continue unless *every* member of the family is determined that such friction shall continue—for any member of a family can start the operation of the Great Truth, which will heal family friction.

And, another Truth is certain: if you think that your case is so exceptional that the only solution is to get away from the family—with powder puff and tooth brush, or socks and safety razor—be certain that if you are in any way responsible for the family inharmony, *you will take that part of the cause along with you*, and it will prevent your realization of abundance whether you are with the family or away from it!

And now FOR THE BOMB; when there is friction in a family of which one or more members are "in the Truth," it is usually those very members who cause the inharmony! They are sincere, earnest, faithful and idealistic—but, since they fail to understand the basis of family harmony, their mistaken attitude either starts or augments family friction, no matter what their intention. The reason is this: inharmony in the family is always started, and also continued, by *disliked differences*—and hence, those, who glimpse a little Truth and try to lead all other members to be *like* themselves, start and augment family friction.

The *basic cause* of family friction is the very mistaken idea of what harmony is. Each member of the family consciously and mistakenly thinks that he dislikes differences in others, and that inharmony is due to such differences.

The *triple cause* of inharmony in the home is due: (1) to the mistaken idea that harmony is based on *likenesses*; (2) to the mistaken and conscious belief of each member that he or she loves likenesses in others, *more*, than he or she loves differences; and (3) to the surprising Truth that each member *subconsciously* does love differences in others more than he or she loves likenesses.

The Great Truth of harmony will straighten out a million homes, and the Truth is this: harmony in the home must be based on a love of differences! What you really wish is a harmony of differences—even though you mistakenly think that you want others to be more like you, to think more as you do, and see Truth as you see it.

(Again read my article of November, 1926; then, sit down to a piano again; keep playing on *one* key for five minutes; and again prove to yourself how much you really dislike harmony based on likenesses.)

And now let me give you two true experiences: (1) of a loss of more than a million dollars in property value due to inharmony

in a home; and (2) of changing debts to abundance in the home of a working man.

The first is the story of a part of an old revolutionary land grant—near my Mountain Study—which had been held by the same family since 1822. The farm lands had been sold so that there was an income sufficient for simple living, but the two remaining descendants—husband and wife—both over sixty—still lived on the remaining 358 acres of woodland, bordering on a lake.

But, they were living in a hell, because of their hate of each other's differences. Although both loved beauty, each hated the beauty the other loved. The man, loved the beauty of the rugged hills, the woodlands, the rocks, and the lake; the woman loved the beauty of new dresses and shop windows.

The old man wanted to remain in the hills; but the woman insisted upon selling so that she could live in the village and enjoy the things in shop windows. So, a few years ago, they sold the woodland and lake rights for about \$7,000—a little less than \$20 an acre.

The old man did some work on my farm this summer, and I learned of his former ownership of the land, only when a friend of mine discussed a "lucky buy" in the presence of the old man. My friend had purchased a lot 75x150 for \$1,200! It was one of the cheaper lots of the woodland previously owned by the old man. With about 300 acres—three lots to the acre—the land is now worth about \$1,000,000—and it has not been necessary to expend a cent for roads or any other improvements to give it this value.

And *why* did the old couple sell that farm, only a few years ago, for \$7,000?

Because of the hell of hating each other's differences. It was interesting and I studied the case. The old man said, "Well, I just *kad* to sell. It was hell, hell, hell, every day—the old lady wouldn't live there any longer—she lived there so long she *hated* the hills, and called me an old fool, and hated me for liking them and wanting to hold onto them." And the old lady said: "Yes, John wanted to hold on; he was always sayin' if we'd just hang on a little, we'd make a mint of money, when city folks began to come up that way—but we sold—and the fellow that bought it has made the money. There's no justice in this world—the Lord don't take care of poor folks like us."

The truth is this: because of the hate of

each other's differences, and the hell created by it, they did not follow the vision of what they knew would come, and thereby lost a little more than a million.

The other true story ends more happily: it's that of a young couple who lived in family hell for almost five years, having been married five years and four months.

The young wife had expected the husband to think in accord with her ideas as a woman thinks; and he had expected that she would take a man's mental attitude toward their affairs. Neither could see that she—as a woman—must think as a woman thinks; and that he—as a man—must think as a man thinks—and, that they should have loved each other for their differences.

Even though two lovely children came, the little wife and her husband grew further apart; their home became a hell, debts increased, and there seemed to be no hope.

As he had once worked for me, he came for advice about a divorce. I asked him to come again and bring the wife with him, so we could talk it over together.

Even though they knew nothing of Truth teaching, they saw what the trouble was when I explained it, and earnestly set to work to learn to *love* each other's differences! In six months every debt was paid; they were living in a new home; each had new clothes; and now they've just bought new furniture for the living room!

Abundance is a result of harmony, and harmony is the result of free souls getting along well together.

Deep within you, it is not harmony of likenesses you want, but soul freedom.

And freedom is more easily attained than you dream—because no other member of the family can be bound to you, except by a chain between that member and you. The chain, to bind both of you, must be attached to you as well as to the other person. Consequently, if you loosen the chain at your end, you free yourself from the other person, and the other person is freed from you. And, as soon as you begin to free yourself of the mistaken idea that you want harmony on the basis of likenesses, you give soul freedom to others, and then they are no longer anxious to bind you.

If you feel that you do have a little more Truth than other members of the family, then you should prove it (1) by wisdom and (2) by action. The wisdom of Truth makes it clear that each soul is radiated from God and that each has a right to shine in its own path as God intends it to shine. And, if you have a little more Truth than others, you should show it by action instead of talk—you should live and shine Truth so steadily that you will waste no time fussing with God's plan, trying to make other souls shine in your path instead of their own.

(1) *Honestly recognize the equality of differences*—you differ from the ideals of others, just as much as they differ from your ideals.

(2) *Joyously praise God* at least once each hour because others are different from you.

(3) *Glorify the differences themselves, and LOVE them*—for friction is separation produced by *dislike* of differences, and harmony is unity produced by *loving* differences!

Thus you can free yourself of every home inharmony.

Moreover, you will be astounded how quickly others will respond, due to the fact that every soul desires its own freedom! Why, as you silently praise God that other members do differ from you, glorify their differences, and lovingly wish others to live their own lives, the other members of the family will *subconsciously* feel the freedom you spiritually give to them, and—without knowing it—they will free you!

Harmony is the blending of differences by love of differences. The harmony of music is the blending of differing tones. The finer the blending of differences, the more beautiful the music. It is the harmony of differences, which gives music to the spheres, and love to the home.

Forever stop the attempt to win harmony by likenesses! Instead, give freedom to each soul by glorifying differences of character. When this harmony is established, then there will be such love that all the abundance of God will flow from you and from every other member of the family!

(Next month Mr. Landone will give us another article on healing deafness.)

THE criminal type is the type of the strong man and unfavorable conditions, a strong man made sick.

—Nietzsche.

Keeping Faith With the Living

The Story of "Camille"

By George C. Golden

This is No. 8 of The True Stories Series

I HAD KNOWN of Camille LaSalle. Who in the city hadn't read of the boy wonder? His marvelous technique on the piano had been the subject of much discussion and at the two recitals he had given, the fifteen year old lad had moved many to tears. Some were moved at the mere marvel of declared genius. Others were disturbed because of the fact that this youngster had had placed in his hands that which many had sweated and prayed for but had been unable to realize for themselves. Many looked upon him as a re-incarnated genius—it was the only "theory," they declared, that could explain his ability. Others proclaimed the mystery beyond them. The most satisfactory feature of the story of Camille was its beautiful normality. Beyond the fact that he drew from the keyboard the wizardry of the masters, he appeared just like the average boy. There was the assurance that neither his instructors nor his father were going to exploit him. After his two performances, he would again, the papers informed us, go into retirement for study and further development.

I was glad to see this genius at close range. He was not a usual boy. There was in his great, dark eyes that haunting dusk in which the dreamer invariably envelopes himself. Happy boy, I thought, you can not only dream, but, far beyond the capacity of most men, you have found a world awaiting your dramatization of those dreams! Most people dream, I had found, to escape reality, but this boy could boldly follow the voice of his inspiration, knowing it was not drawing him away from life but only identifying him with it by his very creations.

The story the boy repeated was vastly different from the picture of him that I had drawn from reading the dailies. His father, he informed me, from the day he had touched the piano, had been opposed to his son taking up the profession of a musician. It

was in spite of parental opposition that he had made the attainment he had realized. But now an unusual opportunity had been given him. An interested woman wanted to send him to Europe where he would have the best instructors that money could secure. His father objected. Would I see his father?

Mr. LaSalle made an appointment with me for the following evening, so when I came down after dinner, I found a quiet looking, polished gentleman standing outside my office door.

"I know that you think I am fanatical about this," he opened up the subject, "but I assure you that I've more logic and reason for my stand than they credit me with. I'm willing to be fair—that's why I've come to you. I want to do the right thing by Camille. I've only his good at heart."

"But what's your objection to giving the boy the advantages that are coming his way?" I asked. "His instructors have all been high-class men who have had no selfish motives. There can be only pride in having a son who might fill the role of an artist. I cannot imagine anything holding him back."

"It is a death-pledge," he replied in a tone that suggested that his short sentence would be final.

"A death-pledge? I don't understand!" I exclaimed.

"You see it is this way," he explained. "My wife died when Camille was only five—he had already begun to finger around the piano then. She made me promise that I would never allow him to become a professional musician.

"It may be that I've broken my word already, but his instructors assured me that he was only studying music the same as any other boy. I thought that with his talent, he was entitled to the culture that would enable him to enjoy music.

"But I won't have him depending upon it for a living," he violently declared. "It's all

right for him to understand it and appreciate opera and symphony—but I want him to carry out his mother's wish and have some other occupation in life."

"What was his mother's objection to the professional musician?" I inquired.

"She had a brother who showed as much talent as Camille," he answered. "The family gave him all the advantages they could afford and he was trained for that and nothing else. When he was about to arrive, as we thought, he began to drink, was mixed up with a worthless crowd and the end of his life was unspeakably sordid. So I promised his dying mother that under no condition would I allow Camille to enter into the same career."

"But if you could be persuaded that the boy has unusual ability, that he is given the best education, not only musically, but intellectually and morally, and that he is surrounded by the very best influences, would this not induce you to change your mind?" I asked.

"It isn't a question of whether or not I'm convinced of the wisdom of such a course," was his answer. "I've no alternative. I've given my sacred word to his mother and is there anything that can justify a man in not keeping his faith with the dead?"

"There is," I answered.

"What?" he demanded.

"Keeping faith with the living," I returned. "You owe as much to Camille as you do to his mother."

"Don't you believe that a promise to the dead is sacred?" He was astonished at my stand.

"I believe that we should keep the spirit of a promise," was my reply. "It is the letter that kills, but the spirit that makes alive?"

"A promise is a promise," he reiterated.

"Christ gave us the doctrine of the Holy Ghost," I mused audibly. "We each must follow our Holy Ghost. No promise, no pledge, should stand in the way of obedience to that invisible Counsellor—the higher SELF, the CHRIST in us. When IT runs counter to the advices and wishes of even fathers and mothers, the individual has no choice but to be true to himself. He is thus able to prove that the objections could not have been founded on truth. We are all seeing through a glass, darkly—the only hold we have on reality is our higher desires."

"His mother had only his good in mind

when she made me take the pledge to her," he defended his stand.

"I'm perfectly sure of that," I replied. "She thought that she was protecting him, but even her view was limited and you have no right to hold Camille back from his self-realization for any mistake that his mother made."

"Could his mother have been mistaken on her death-bed?" He spoke the words gingerly as though he were uttering something closely akin to sacrilege. "Did not her maternal love protect her against error?"

"The greatest crimes of life are committed because love is not founded on a knowledge of the all-presence of the Good," I replied. "Many a boy has been kept from his career because his mother loved him too much to let him face temptations he could easily have mastered. Many a husband and wife are protected by the love of each other until they become little more than mere hot-house plants, ignorant of their best talents and powers because they have never been allowed to stand on their own."

"I thought that love knew all things." He was an idealist and, therefore, confused at my way of looking at life.

I reached down into my desk and drew out a scrap-book. I found what I wanted in it.

I first read him some remarks by an English clergyman who wrote before the discovery of America. He was advising a stringent regulation of population because he saw the time coming when the inhabited world would be over-crowded. Then I called his attention to clippings reporting the earnest pleading of certain godly men in England protesting against the lighting of the city streets, saying that it was against the laws of God who had decreed twelve hours of light and twelve of darkness and declaring that if the streets were illuminated, it would lengthen the day for crooks and thieves.

"They were all good and sincere men," I told him. "They were advising to the best of their ability. But they advised against the life-urge which is constantly reaching out for more and more expression of God."

He gave it serious thought. I left him to think it over while I put through a couple of telephone messages. When I turned to him after hanging up the receiver, I could see that his thoughts had crystalized themselves.

"There is just one question that I want to

ask you," he said. "Do you believe that our desires are the voice of God?"

"I sincerely believe that every constructive desire we have," I affirmed, "is the living voice of the living God in us."

"Then you believe in Camille's genius? You think God is speaking to him as surely as he spoke to Moses at the burning bush?"

"I sincerely do," I solemnly replied.

He again relapsed into silence that held

him until he suddenly turned to me with a request to use the telephone.

I immediately knew the person he called by name was the woman who had offered to send Camille to Europe.

"This is Camille's father," he spoke into the transmitter. "I've seen Camille's genius in a new light and will indeed be very grateful to have him study in Europe."

("She Couldn't Make and Hold Friends" is Mr. Golden's March True Story. Be sure to read it.)

Is There Danger in Prayer?

By Pierson Worrall Banning

Part 9 of The Power of Mind

THERE are so many apparently wonderful things that have been accomplished by prayer that at times even the non-believer wonders if he may not be wrong in refusing to accept prayer at full value, according to the standards placed upon it by others.

On the other hand, will the believers in prayer accept the responsibility for the havoc wrought in evident answer to prayer? Not a few instances have taken place where in response to prayer, a far greater response resulted than was desired. A marked instance of this kind took place recently in Persia.

Following ardent prayer for rain at Skahmauda, Persia, a cloud burst filled the streets of the village to a depth of ten or twelve feet, sweeping away many of the dwellings and causing the loss of several lives.

It seems that the hard winter of 1924-1925 had been followed by a dry spring according to the press, which made the outlook for crops exceedingly poor. Consequently there was wholesale praying for rain through all the land. On May 13, 1925, a torrent descended that filled the streets of the village to a depth of ten or twelve feet, sweeping away houses and much of their contents. There was great loss of property and some lives.

A very interesting question now arises as to the power of prayer. If an individual, or a few persons, can bring about changed conditions by prayer for themselves and others,

it is evident that the wholesale praying of a community or large territory may be that much more effective.

This is evident from the above account. If prayer really did this, as we are lead to believe was the case, if it is workable for an individual or a few, which is generally accepted as so, the only logical conclusion is that in the earnestness of their wholesale praying, and in their striving and desire and determination to have rain come, they overdid it, if we may so express it.

But if overdoing it is really what happened, the unusual resulted for the ordinary believer in prayer does not believe that prayer can be overdone.

Be that as it may, everyone does not know that thoughts are things. Ed Morrell demonstrated this while in solitary confinement in the penitentiary. Therefore, by sufficient concentrating with the human mind some results are bound to take place. It is just as reasonable to follow this to its natural conclusion and find that the usual concentration that took place produced the results, whether in the form of orthodox prayer or mere willing is immaterial. The only fact that really counts is that results came, which were not properly gauged because, in their earnestness, they were over anxious and overdid the expressing of their innermost desires.

Whether prayer did this or not depends to

a certain extent on what one calls prayer, or what one calls merely the use of concentration and will power, by a great mass of humanity, all concentrating on a single thing. This difference will be explained later on.

But to present what is an excellent example of what is usually considered prayer by one whose power of prayer is unquestioned, we will quote from the journal of John Wesley on the subject.

"1755, April 25. I preached at Heptonstall, on the brow of the mountain. The rain began almost as soon as I began to speak. I prayed that if God saw best, it might be stayed till I had delivered His word. It was so, and then began again."

"1755, April 26. Preached at 7**** and at 4 in the afternoon. When I began, in the meadow near the house the wind was so high I could hardly speak; but the wind too was in God's hand. In a few minutes that inconvenience ceased, and we found the Spirit of God breathing in the midst of us."

"1755, April 27. In the afternoon I was obliged to go out of the church, abundance of the people not being able to get in. The rain ceased, from the moment I came out, till I had finished my discourse. How many proofs must we have, that there is no petition too little, any more than too great, for God to grant!"

Morning Affirmation

By P. L. M.

To-day I am conqueror, my life is in God,
 No more do I whimper, nor grovel nor plod.
 From mesa and mountain, from valley and sea,
 God's wondrous abundance now flows unto me!

Courage

By CHESTER H. STRUBLE

IF though filled with the fear of failure
you press forward without flinching;—

If joshing, jeering and jibes swerve you
not from your steadfast purpose;—

If though derided, defrauded and defamed
your spirit is still undaunted, your eyes
undimmed;—

If when you are last and all but lost you
only hustle the harder;—

If when down and seemingly out you
crawl on and look up;—

If when forsaken by all save faith you pre-
vail by faith alone;—

THEN yours is the courage which puts
warm blood in cold feet and grows
small men to big-job size.



Views and Reviews

By William E Towne



"DISMISSING IT FROM MIND."

WHEN we are confronted by an unpleasant fact or situation, we usually seek to evade it by "dropping it out of our thoughts".

But in *reality* we cannot drive from the mind a concept it has once received. We may displace it with some other concept that is related to it, but if it happens that the idea is strongly tinged with emotion, if it relates to an experience of importance to us or concerns one we love, the attempt to displace or "forget" it usually results in its being repressed into the subconscious. And there it goes on trying to push its way into consciousness, the result being a mental conflict that may manifest as anxiety, disease, nervousness, etc.

How, then, may we *really* get rid of troublesome and undesirable thoughts?

First by facing them, holding them in consciousness, until a solution is found for whatever problem is presented. If a direct solution is not possible, that is, a solution that will be in accord with the strong desire of the individual, there is always an alternate solution to be found *and as soon as an alternate solution is accepted, the dammed up energy is released into the new channel* and the mental conflict is dissolved.

For instance, a man may feel that he needs a certain sum of money to get some needful article of clothing. He may feel that he will have to undergo shame and humiliation if he cannot get the article by a certain date. As the date approaches and the money is not in hand, he meets a friend who is in somewhat similar circumstances. The friend tells him, perhaps, how he has met the situation by substituting a cheaper article than seemed possible, and that having become accustomed to the idea of the substitution of the cheaper article, and appeared before his friends with it on, he no longer dreads the circumstances but has accepted the situation and made the best of it. This gives the first man his clue

to a possible solution and he decides to follow his friend's example with the result that the mere act of decision brings relief and as soon as he *acts* upon the decision he finds that nothing really unpleasant or harmful has occurred and is able to *really* dismiss the matter from his conscious mind, because he has found and *accepted* a solution for the problem that caused the conflict. The conscious and unconscious parts of his mind are in AGREEMENT regarding the matter, so there is no repression or damming up of energy which should flow out into expression. All of his mind accepts the solution and acts accordingly.

The conflict arose when the man's *conscious* mind said, "You can't have it," while his subconscious was saying "I want it." Now, *both* are agreed that, "I have something else, which I accept as a substitute."

It is only the *unfinished* mental processes and problems that cause conflict. Once you have thought your problem through AND ACCEPTED A SOLUTION—even a negative solution—the conflict ceases. It is always a matter of *adaptation* to one's environment. And the successful adaptation must provide for as much of an outlet for the energies of the individual as possible. The adaptation should, so far as possible, be along constructive lines. That is, if one has a strong desire to act in a certain way, and it does not seem expedient to follow the desire, a substitute course should be adopted which *will provide for action*. A merely negative adaptation will not prove so satisfactory. The emotion-energy which has been attracted to the complex requires an outlet. This is best accomplished by providing *an alternate course of action*. There are cases, however, where an adaptation seems necessary which is negative in character—where no course suggests itself which is at all closely related to the desired action. In such instances the choice should be definitely made—between action or non-action—and the attention directed to the acceptance of the choice, by the mind, as being



VIEWS and REVIEWS by WILLIAM E. TOWNE



the best solution under the circumstances for that time and place. This ACCEPTANCE has the effect of dissolving the mental conflict and, in part at least, will release the energy that has been attracted by the complex into other channels.

THE DESIRE TO BE GREAT.

THE desire to prove his own superiority is one of the most powerful and fundamental driving forces in man. Even the instinct for food is only a little stronger than the hunger to be great.

And when this desire remains ungratified in the world of reality, it seeks to achieve its end in the unconscious mind and varied and devious are the ways in which it manifests.

One of the ways in which repressed desire for greatness finds an outlet is through the faculty of day dreaming. In a story in the current *Century Magazine* a humble working man is possessed by the hope that some day, just around the corner, he will meet with a new and startling experience that will bring him fame and fortune and "a garden with roses, a car."

When thwarted in its normal development, the desire to be great may break out in amazing and violent conduct, that apparently is irrational but in reality entirely logical. Dr. David Orr Edson, in "Getting What We Want," tells how, as a little boy he stood with his four brothers awaiting the return of his mother from an extended journey. When it became evident that she was going to kiss him last of all (he being the youngest) his jealousy was aroused and finding no better outlet he made a violent and unprovoked assault upon an innocent old rooster, which resulted in disgrace for himself and a broken leg for the bird.

To his mother he was simply "naughty." In his unconscious mind he was simply logical. He wasn't getting the proper amount of attention—so it seemed to his ego—and he just had to do something at once to attract at-

tention. Being a very small boy and untrained in constructive habits of thought and action, he obeyed the first impulse that came welling up from his unconscious mind for he acted upon impulse rather than from reason. And the impulse was entirely logical, however mistaken. He found himself in possession of an overpowering desire that just had to be gratified somehow, and his emotion seized upon the first opportunity for action that seemed to him available.

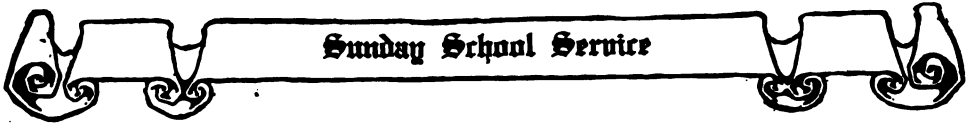
Before the day was over he learned, by his experience, that assaulting roosters was a disappointing and altogether unsatisfactory road to greatness and thus took his first step upward in the long journey of sublimation which every civilized person must traverse.

Lack of a reasonable opportunity to express the desire to be great is responsible for many illnesses. The unconscious mind finds that it can, through illness, attract the attention that it craves, and which the conscious mind has failed to attract.

Drinking is another easy way to get a transient satisfaction for the desire to be great. How often do we find the drunken man boasting! Gossip is another means of satisfaction—it brings a sweet, subtle sense of superiority to talk about the weaknesses of our neighbors.

But these are all childish and negative outlets for the desire to be great craving. Normal ways of expression are to be found in any creative constructive activity. Skill, either in the use of the hands or in the activities of the mind, bring satisfaction to the desire to be great. As long as one is "getting ahead" in any line of work, in any form of activity, he is satisfying this fundamental drive. Religion offers a means of sublimation to certain types. If one cannot be a great success, he may still carry on his share of the world's work bravely, and this gives his desire to be great a certain amount of satisfaction. If he cannot be a success he can at least be something of a martyr!

I CAN see nothing at last, in success or failure, than more or less of vital force supplied from the Eternal.—Emerson.



International Sunday School Lessons

Interpreted for Ministers, Teachers, Students and Others who Study the International Bible Lessons

Class Work by Rev. GEORGE C. GOLDEN

February 13. MAKING OUR HOMES CHRISTIAN or NATURAL LIVING. Eph. 5, 25-6, 14.

Bible Readings: Ephesians 5, I Cor. 13.

GOLDEN TEXT: *Let us love one another, for love is of God.* I John 4, 7.

NEW THOUGHT GOLDEN TEXT: *My love be with you all in Christ Jesus.* I Cor. 16, 24.

LOVE is a spiritual energy. Like tears and laughter, it has its source deep in the Self within and like the springs that rise from the very bowels of the earth, it possesses a flavor and an efficiency that defies imitation.

The command to love, unless understood, is as futile as an order to laugh. The humor made to suit the occasion is ghastly and the love forced into voice and glances is no love at all.

You can only express your humor by a hearty laugh when it is growing into an irresistible power in you. The command to laugh, then, is not an order but a permission. Very, very much more so is this true of love. The friendship troth is but the announcement that the flood-gates of the Soul are going to be raised and the King of love shall come in with His marvelous, rich, entrancing and spontaneous spirit.

When love is present, life is entrancing. The hours are only too swift, the tasks are too few to embody the consideration we would have them express. The home, the trees, the ocean, the street cars—all things—take on new values, new perspectives as they are seen through the eyes of him who lets himself love.

I say "lets" advisedly, for that is the purport of the commandment. In order to open yourself to the Christ-Self, the great Friend, you must close your mind to mortal, depressing, suspicious and fearing thoughts, for it is they and not life that deprive us of our paradise here and now.

In friendship, more than in any other phase of life, we create our own limitations by looking for them. Rule out of mind all ideas of discord in the real universe. Play honest with yourself. Give God in you a chance. See if the "misunderstanding wife" is not a creation of your own mind. Test whether the "uncongenial son" is not an invention of your own dark thinking.

Life is big, harmonious and interesting. Know it.

Silent Affirmation.

I rule all pettiness out of my life.

February 20. SERVING IN AND THROUGH THE CHURCH or THE OBJECTIVE—HOPE. St. Matt. 5, 13-16, Acts 2, 42-47.

Bible Readings: St. Matt. 5, 6 and 7.

GOLDEN TEXT: *We are God's fellow-workers.* I Cor. 3, 9.

NEW THOUGHT GOLDEN TEXT: *The Gospel of Christ is the power of God unto salvation to everyone that believeth.* Rom. 1, 16.

A TRAMP stood on the street-corner looking scrutinizingly into the faces of the shoppers. He jingled a few coins in his pocket. He noted the fog rolling in. Another night in the park, blanketed with newspapers! The thought made him desperate. He braced up and asked a man for the price of a supper and a night's lodging. The man took him into a restaurant and gave him coffee and doughnuts and a new start in life. He explained to that tramp that there was a power that could save him from poverty and shame, from begging and park benches. He didn't create hope in the tramp—he revived it. He showed him how to argue in favor of what he wished. He persuaded the mendicant that one's standing in life depended, not on "luck" but on his confidence in himself.

There is the inventor, musician, artist and genius in every one of us. We saw a great deal of him when we were children. During adolescence he was very much our companion. But of late years, we have seen little of him. We have turned him down for people who have brought up slavery and drudgery, hopelessness and spiritedlessness. We are the salt of the earth but we have covered up our savor. We are the light of the world but we have buried our lamps under many coverings. We are not ourselves. We have let fear and hate mould us instead of being true to the Self, the hero, the unique one in us.

How can we be saved from the slavery we have voluntarily, though ignorantly, assumed? Is there a power to save us from our mistakes, our fears, our terrors, our past?

The gospel of Christ announces the fact that no sin or power can hold us after the belief in that power has been destroyed. The miracle working history of Christianity has testified that as soon as the lowest has turned from his false self to his inner Self, believing, hopeful, confident and intelligent, he has risen from slavery to mastery, he has passed out of hell and entered paradise.

Silent Affirmation.

"I conjure thee; cast not away the hero in thy soul." Thus spake Zarathustra.

February 27. MAKING THE COMMUNITY CHRISTIAN or POISE. Gal. 5, 13-25.

Bible Readings: Gal. 5, Eph. 6.

GOLDEN TEXT: *Have no fellowship with the unfruitful works of darkness but rather even reprove them.* Ephesians 5, 11.

NEW THOUGHT GOLDEN TEXT: *The fruit of the Spirit is love, joy, peace.* Gal. 5, 22.

WHEN Shakespeare made his remark about all the world being a stage and people strutting around like actors, men began to look about to see the proof of the statement in the actions of their companions. They never thought of looking into themselves. They were afraid to do that for they feared the result would be self-condemnation. However if they had read themselves with open minds, they might have arrived at a degree of self-understanding.

When the Master made the statement that unless we became as little children we could not enter into the Kingdom of Heaven, he stated the same truth. The Carpenter appreciated the dramatic element of personality. He taught his followers to utilize it for universal progress and individual self-expression.

The new science of mind has done much in interpreting the teachings of Christianity. The latter day savants have based many of their marvelous cures on the application and release of this dramatic instinct that lies strong within each soul.

The head of a big department store came down with one of his best salesmen to see what metaphysics could do for a man who was a drunkard. His "sprees" were very spectacular—involving ejections from high class cafes where he was endeavoring to make speeches. I was immediately interested in what the speeches were about. The subject of the man's talk he told me, was concerning the economic management of a department store. Further analysis disclosed the fact that the man had at home elaborate outlines for financing such an enterprise. Under encouragement, he confessed, "If I had a chance, I would have been a fiend for figures." The manager transferred the man to a department where he would have authority in the economical features of the store and though three years have passed, no more displays of intemperance have manifested themselves. The man's dramatic instincts are realized, for he has made many spectacular changes in the store administration—and successful ones at that.

Silent Affirmation.

I fearlessly and intelligently dramatize God—Life, Truth and Love.

March 6. SHARING THE GOOD NEWS or SETTING MEN FREE. Acts 8, 4-8, 2 Cor. 5, 14-20.

Bible Readings: Isaiah 55, Act. 8, 2 Cor. 5.

GOLDEN TEXT: *Ye shall be my witnesses.* Acts 1, 8.

NEW THOUGHT GOLDEN TEXT: *Except ye become as little children, you shall not enter into the kingdom of Heaven.* S. Matt. 18, 3.

NO life has any right to exist unless it is a benefit to humanity. The hours that do not contribute to our progress and happiness we rightly consider lost time. The highest type of individuality is he who has the greatest influence in illuminating and enriching the life of his fellow men.

The great question is how shall this influence be best utilized? The sword has been tried but found futile. Social ostracism has been essayed but proved powerless. Laws have been passed and public opinion has been evoked with mediocre success.

St. Paul gives his method here, doubtless one that the Christ life, as it came to him through ear and heart, had stamped unforgetably on his mind. "Henceforth know no man after the flesh." The flesh, as he uses the term, means limitation, restriction and censure. See him as the "new creature"—not new in reality for he existed before time was, but simply new to us who have been malpracticing him because we took him at the world's valuation instead of according to his Soul value.

The Master said, "Unless ye become as little children, etc." The child takes the world as he finds it. He has no preconceived ideas. He is not endeavoring to force the universe into what he thinks should be right. To all, he gives supreme liberty; to none has he a word of reproof, spoken or silent. That should be our attitude—seeing the sinless, unique, individual, eternal Self, proving thereby that sin limitation and evil are not in the person we are beholding but in our consciousness of them. This is the thought and realization by which Christ healed the man born blind: "Neither hath this man nor his father sinned."

The Christ healed evil, not by implanting good, but by releasing the spirit of man. He made it easy, through words of confidence, understanding and appreciation, for the imprisoned splendor to come out into the light of day. He trusted humanity. He had confidence in men. He forgave, cancelled, denied evil. He affirmed the new man, the Christ Self, and at his word the innocent maid came back from the silent chamber of death and the woman stained with the world's oldest sin became herself—a stately Soul, ministering, inspiring and transforming others even as she herself had been transfigured.

Silent Affirmation.

I know no man according to his limitations for I affirm the unique and individual completeness of each person.

WILL you seek afar off? You surely come back at last.

In things best known to you finding the best, or as good as the best.

—Whitman.

Parents And Children

Helps that
will bring



them closer
together

How My Child Was Cured by Suggestion After Three Doctors and Two Specialists Had Failed

By Mrs. Beatrice Wolf

WHEN MY second child, Quentin, was nine months old, I allowed him to go on the floor, as he was very strong and wanted to get on his feet.

He was a fine, healthy baby, good, plump and perfectly normal in every way. As soon as he got on the floor he ran his little fat hand over the floor and then licked the dust which is always on a floor, no matter how often it is cleaned.

I thought this strange so I placed him out in the yard on our grass plot. He promptly pulled up the grass and ate the dirt by the handful. When I took him to the beach, he immediately ate the sand.

I became frantic as he only wanted to eat dirt and sand and had no desire for food except milk to drink. I started to go to the doctors' with him. The first one told me to give him coarse food to eat, but he wouldn't eat it. Then everyone who saw him scared me until I became a nervous wreck. I ultimately took him to three

doctors and two specialists, but not one of them did him any good.

One day I saw a copy of *Nautilus* on a newsstand and I bought it through curiosity as I am a great reader. This was over two years ago and Quentin had not been helped one bit and he was then three and a half years old. I read *Nautilus* from cover to cover and I can never be grateful enough for the wonderful help and knowledge gained therein. I had always told everyone about his dirt eating and it was a regular topic in the child's hearing, hence, I kept suggesting the very habit to him which I desired to have broken.

After reading *Nautilus* I learned to use only good suggestions to my child and *never* to speak about the bad habit, in or out of his hearing. I also read the little book "Suggestion During Sleep," and between the two, my child was entirely healed *within one month*.

This was my treatment every night after he was asleep:

You, Quentin, are God's perfect child. You have a perfectly normal appetite for God's perfect food. You will eat plenty of wholesome food and drink plenty of milk. I ask it in the name and through the name of Jesus Christ.

I was truly amazed to see him entirely cured in one month, but I was so afraid he might get the longing again that I kept this treatment up every night for six months.

Quentin is now five years and eight months old and he is bright and intelligent and full of life. He is never ill and I still give him good suggestions nightly about being healthy, good and intelligent. He radiates all of these good suggestions.

This experience is gospel truth and many people can verify all I have written. I trust that other mothers may profit by my terrible experience as I never expected to raise my baby as he was so delicate and underweight.

(Next month—"While They Sleep," telling of a mother's experience in helping her children with their lessons.)

Questions Answered

On Child Problems

We have arranged with Mrs. Carter to answer (through this Department) questions from parents and teachers regarding problems of the conduct, training, teaching, etc., of children. We will donate at least a page in each issue of *Nautilus* to these answers. No charge whatever. Write a separate letter for your question and address Mrs. Alberta M. Carter, c/o *Nautilus Magazine*, Holyoke, Mass.



MRS. CARTER'S ANSWERS TO QUESTIONS.

HEART-BROKEN MOTHER—I quote: "My thirteen year old son lies to me whenever he goes to the stores about the prices, and he keeps the extra money. I cannot leave any money lay anywhere around the house, for if I do, he takes it, and when I accuse him, he denies it to the last degree."

If this boy has been brought up in the best environment of a Christian home, as you claim, then, my dear lady, there is something wrong with your attitude of mind toward him.

Change your self-styled appellation to "A Happy-Hearted Mother." Stick to it in spite of appearances. Take the lad closer to your heart than you did when he was a babe on your bosom. Put your hands on each side of his face, look straight into his eyes and say: "I believe every word you tell me, Son. I know that you are God's perfect child and that you cannot have a desire to steal or to lie. I TRUST you from this minute. I cover you with Divine perfection."

Now Do it. A mother told me the following incident:

"When Dwight was a little boy, he came in one day with a whistle.

"Where did you get the whistle?"

"I traded with Billy."

"What did you trade?"

"My whistle."

"Where did you get a whistle?"

"I bought it at the d' store."

"Where did you get the money to spend?"

"Out of your purse."

Now the mother had been in the habit of sending the lad on errands and just handing him her purse, but he had never before bought what she did not tell him to. She felt the crucial moment had come. Her husband had been "crooked". She took the lad by the hand and went to Billy and exchanged the whistles, then on to the drug-store. The druggist understood and gave the lad the money he had spent. The humiliation was so great, and the lesson so practical, that the boy has been a paragon of honesty ever since. He is now the leader of a famous orchestra. The mother did not condemn her son, she LED him.

Without threats or faultfindings, try some such experiment on your son, then REJOICE as a "happy-hearted mother".

Every heart responds to its Divine Love call.

A. R.—Your description of your son's mind "dancing here and there and everywhere." made me think of an unbroken colt.

If he has a mechanical mind, why try to mold him with a regular college course? Investigate the schools in your city where they teach the things in which he is interested. Any principal or superintendent will advise you. Let your attitude be, "Thy will, O Lord, not mine, be done." And do let the Spirit express splendidly through the lad. You do not want to crush his spirit. Affirm that the boy is being led into the right vocation. Do not let your pride stand in the way of his perfect development. Still, I believe in a college education to round out one's life. Try to

discover his chief interest, then concentrate upon it. Lukewarm water never cooks.

W. O. F.—"The daughter gets splendid grades in everything but arithmetic, and the multiplication is a veritable Waterloo. She reasons slowly. Suggest a method."

Suppose you ask the entire family to join you in a sort of "mass concentration" in which you hold, "Spirit reasons through her mind, swiftly, perfectly. Arithmetic is a joyous game for her."

Tell her that multiplying is simply another way of adding. Instead of saying, $2 \times 5 = 10$, show her that two 5s make 10. Take beans or any kind of seeds, let her count them out and make tables for herself. Let the family join her in these games. The following from the Visual Method is a splendid help:

7	14	21	28
6	12	18	24
5	10	15	20
4	8	12	16
3	6	9	12
2	4	6	8
1	2	3	4

etc., etc.

Encourage the child to extend this table up to 20. Put the number of grains of corn or beans in each place beside the number. Take a large sheet of paper for the game. With this, you can also teach her the half, third, etc., of the numbers. Arithmetic should be made simple and concrete, instead of abstract. Be sure that you do not laugh at the child's mistakes or make her in any way sensitive about it. I had this same trouble as a child. Did you ever learn to sing the multiplication table? Ask some of your older friends to teach you the tune. The chorus is the 5s.

E. K.—"Thelma's teacher constantly urging her to 'speed up,' and the child is always paying attention to others and neglecting her own lessons." In the overcrowded room in which Thelma studies, it is not surprising that she does not advance rapidly. But that can be happily overcome. Ask her to sit comfortably in her seat; to read her problem slowly; then close her eyes and SEE it as a living thing. Ask her to continually believe that God Mind is solving the problems through her.

While Thelma is absent, will you, as her loving parent, affirm a more harmonious condition in the schoolroom?

R. M.—Of course your little son will have hives if you expect them every time you see a pimple on him. And his colds—suppose that instead of saying, every time he gets his feet wet or leaves off his hat or coat, "Now you'll be sick if," etc., etc. If you take time some day to write down all the fears and threats you have held over that blessed child, you will be surprised at your negative state of mind. Nothing can harm you unless you invite it by expectation and fear. Your family will love you far more if you will stop nagging with your "Don'ts".

Play leapfrog with your troubles and they will disappear.



Things That Make For Success

And for the advancement of the individual in all ways. This is a correspondence department of success ways and means, conducted by the Editors and contributed to by NAUTILUS readers everywhere.

To Correspondents

Prizes for the Best Letters to This Department

Have you discovered something that makes for success?

Tell us about it and perhaps you will win a prize. To the writer of the most helpful success letter published in this department each month we will send NAUTILUS for 3 years. Or, 3 yearly subscriptions to separate addresses if preferred.

To the writer of the most helpful letter printed in each six months' period, we will send \$5 in cash, in addition to the subscriptions. Prize winners announced each month for the preceding month.

Letters should be concise, plainly written on one side of paper only, and not mixed with other matters of any sort.

—THE EDITORS.

Success Letter No. 1067.

THE POWER OF THE WORD HEALS GOITER, CATARACT AND SWOLLEN JOINTS.

WHEN I first began studying New Thought, it was so wonderful to me that I drank it in as hungrily as the thirsty flowers the rain. Inside of a month from the time I read my first book, "The Mastery of Fate" by Larson, one of my neighbors became ill and I secretly treated him. Almost right away he was better and in a remarkably short time he was well again. My heart thrilled with joy but I was not sure that my treating had really helped. I had tried to follow directions of my reading but it seemed the thing I had done was too simple to really heal a person. However, it gave me faith to attempt another case when the occasion arose. That one improved at once and got well soon also, but still I was a Thomas. Case after case arose and I would feel each time "Dear Father, if you will only give me this victory over error, I will never doubt again." The person would get well and my heart leaped with joy. Then again the tempter spoke and I listened to him (Doubt). After several months of this uncertainty a case

arose in which my very heart and soul lay. This time I prayed: "Beloved Father, I know I have promised many times not to doubt again if you would but once more show me your smile; and I did not keep my word. But I promise you from the depths of my being if you will but try me again, I will not deny you." My desire was granted and I never doubted again.

Hoping that it may help strengthen some young disciple's faith in the power of speaking the WORD, I would like to tell about the healing of a few cases.

About five years ago, I moved into a neighborhood where a boy of thirteen was suffering dreadfully with swollen joints. He had had typhoid fever over a year previous and it had seemed to settle in his joints. His knees were almost as big as his head. He was bedfast and cried by the hour with the intense pain. They had had many doctors with him, but all agreed that he would never get any better and would never walk again. I read to him every day from "Lessons in Truth" by Emily Cady and nearly every day I would place my hands on his joints, especially shoulders, elbows and knees and treat him out loud. Inside of two weeks he was better. In six weeks he was on crutches and after about six months of the crutches he laid them aside with a limp. In less than a year the limp was gone and he was as well as ever.

There was a woman who lived near me with a goiter. I did not have an opportunity to talk Truth to her, but one day, when I was in her company, I made up my mind to try to help her get rid of it. That night I worked earnestly for her and I did the same for several nights. In a few days we moved from the neighborhood and I did not see her before going. After we had been gone for about two months I met another lady from the same neighborhood and asked about her. "Say, you know that goiter she had on her throat, well, sir, one morning she got up and it was gone. They simply can't understand it, for they were not doing anything

for it since a long time before it went away. It has been gone now about two months. Yes, it left just about the time you moved away." Do you wonder that I had to turn my face from her to rejoice?

A boy visited my home every week-end and on every occasion worried about a cataract growing over the eyeball of his left eye. He said it had been there for about two years, but until recently it had not obscured his vision any. A new student of Truth was present on Saturday and said I was always talking about healing things, why didn't I work on his eye? I agreed and gave him about two or three treatments and then forgot it in other cases I had. The next Saturday he came in and after he had been there some time one of those present said, "How is your eye, Kenneth?" "Do you know, it's the funniest thing. It was there Monday, but then I forgot about it and when I happened to think and look for it on Wednesday, it was gone. Just look for yourself. It's gone as clean as a whistle." We looked and there was no trace of it. My new friend in Truth was again present and she almost fainted with surprise.

My husband just had to have \$150 in two days. He was unable to sleep for worry. I told him not to worry and the money would be there if he would not doubt. He said there was not a thing in sight whereby it could get there in time. I told him God had many channels and we would ask believing. The next day a thing that seemed absolutely closed, opened up and they promised to pay next day. We had \$300 from that source for the need.

A few months ago a young man about eighteen was at death's door with double pneumonia. He had given up hope and his mother was grieving for him as though he were already dead. The doctors had no hope. I told her that when one was on one end of the see-saw the other must get on the other to balance it, so instead of adding her doubt and fear to his and the others she must help counterbalance them with hope. I told her to look at the raised serpent instead of the ones which were biting the people. Then I worked very earnestly and very often. I realized that as in the case of a big fire many buckets of water were needed, so in this case of many and serious doubts the water of Truth must be used freely. His temperature dropped two degrees inside of four hours and in less than two days he was normal. The doctor said he had never seen anything like it.

When my teacher and wayshower, Jesus, was here, he used many methods to effect his cures. Sometimes he took them by the hand; many times he only spoke the Word and at one time he mixed a clay and applied it. And with my healing I follow different methods. My most common is the use of the *Word*. (Denials and Affirmations.) "My Words are Spirit and they are Life and they will not return unto me void but will accomplish that whereunto they are sent." Then when Jesus was in the crowd and the woman touched the hem of his garment, he knew she was healed for he "Felt Virtue go out of Him". We have within us a fountain of healing that we can press with the mind and

feel the healing going to the one to whom it is directed, just as we feel the water passing over our finger when we press it on a drinking fountain. When one candle is lighted, we can touch the flame to the wick of another and it will be ignited. So with an awakened soul; we can hold our light, so to speak, to the wick of another and light that one. The fourth way I use is to follow the Spirit within me that I feel gives me inspiration. Anything that comes into my mind to DO or to tell the patient to DO, I follow, no matter how foolish it may seem to the outer mind. It is usually to read aloud to them or to tell them of some method to raise their consciousness.—E. H., Texas.

Success Letter No. 1068.

IMPROVEMENT IN HEALTH AND FINANCES DEMONSTRATED THROUGH READING OLD COPIES OF NAUTILUS.

I HAD come to a place along the way where the old diet, (spiritually speaking), was insufficient, unsatisfying,—and part of it utterly unpalatable. I craved something, I knew not what! I craved it with all my being! I searched unceasingly for it, here and there; and little by little was given to me a new scheme of things based on revelation from within rather than on doctrine poured down one's throat from without.

I read books and articles from many sources and found some good in all. And then I went to a little out-of-the-way desert mining camp to teach, realizing that I was leaving the opportunities of library, lectures, people who could help me, etc., but also feeling that there are opportunities for uplift and progress wherever we may be, if we can only see them. But little did I realize the treat that was in store.

On the dusty shelves of the little store and post office lay piles of *Nautilus* magazines, dating back for years, and the one responsible for their being there was a gentle, silver-haired philosopher, who perceiving my state of spiritual unrest, lent them to me.

I read a few articles; put them aside for my next Sunday leisure; read again. I do not remember just what I was reading, when suddenly the lines of print seemed to leap to me and I felt as though I had heard the personality of the writer.

From that time on *Nautilus* has been my constant companion, and I have had help from various departments, varying with my needs.

I have demonstrated wonderfully, improved health and finances, and am gradually working out a demonstration of harmonious arrangements dealing with my financial relations to those dear to me, where I have much of love and understanding and firmness to develop. I have faith that it is being accomplished even as all things can be accomplished in the right way.

Nautilus helps me find that way by helping me to know myself better,—my true Self,—and a new satisfaction is mine.

"Ye shall know the Truth, and the Truth shall set you free."—B. M., Calif.

Success Letter No. 1069.

HOW NEW THOUGHT GAVE ME SOMETHING TO LIVE FOR AND ENABLED ME TO DISCARD MY GLASSES.

LAST March I went to Seattle to stay with a dear friend of mine, and one day she started me reading *Nautilus* Magazine. It set me to thinking and wondering at all hours in the day time, and I looked forward to reading and studying the different letters, and also the writings by William E. Towne

Since my husband was killed the last year of the war, I always felt sad and lonely as it I was alone. But since reading *Nautilus* every day, I feel so much better in mind and health.

I used to always wear glasses, but after a few weeks of reading and thinking New Thought, I started one morning without them and have never had them on since. I look younger and feel so much better and feel I have years of contentment ahead of me. Of course there are times when I get a little blue or downhearted, but I don't stop to think about it. I sit quietly and read *Nautilus*, perhaps a number right through, and always a beautiful feeling of rest comes over me and I know I am not alone. I can never tell how much happiness I owe to *Nautilus* Magazine and New Thought.—Mrs. F. E. R., Canada.

THE PRIZE WINNER for January, 1927, *NAUTILUS* is S. M., N. Y., who wrote Success Letter No. 1065. We shall be glad to send the prize of three subscriptions wherever the winner directs.—C. H. S.

THE \$5.00 PRIZE WINNER, who wrote the best Success Letter published in the Success Department of *NAUTILUS MAGAZINE* from the July, 1926, issue to and including the December issue, was M. S., New York, who wrote Success Letter No. 1050, which appeared in the September, 1926, issue. We shall be glad to send our check for \$5.00 as soon as we hear from the winner.—C. H. S.

FOR WORLD PEACE

WE, the Rising Generations, demand a United States of the World.

We want our idle vessels and ships to be used in times of peace for a Public University of Travel, a white fleet that shall tour the world every year.

We want these ships manned with the best instructors in Art, Literature, Travel, History, Modern Languages, Sociology, Human Nature and Universal Brotherhood.

We want the students selected according to all-round merit from the graduates of public High Schools and Industrial, Vocational and Technical Schools of all the States.

We want this postgraduate year of travel given at the expense of the nation, the students co-operating systematically with a minimum naval crew, in all work done aboard ship.

We believe in these things.

We pray for them.

We talk them.

We vote to this end.

—Elizabeth Towne. you will attract what you desire.—G.



A DEPARTMENT OF
CONSULTATION AND SUGGESTION
CONDUCTED BY ELIZABETH TOWNE
AND WILLIAM E. TOWNE

*"Oh wad some power the giffle gie us,
To see ourselves as others see us,
It wad free mony a blunder free us
And foolish notion."*

We answer in this department the 1001 personal problems that are put to us—as far as space and time hold out. And we make one answer do for more than one questioner when possible. Correspondents desiring a personal reply by mail are referred to our **BLTO SERVICE** which includes a service fee of \$5. We would answer every letter gratis if it were humanly possible. We **MUST** curtail, hence the charge for querists who feel they cannot await their answers in these columns. To insure careful attention in our office write "Family Counsel" at head of sheet, and write your subscription order or other business on a separate sheet.—THE EDITORS.

H. J. K.—Let the past go and concentrate your attention upon making the most of your life in the present. Your conduct may have been unwise, but it is all over and no great harm resulted—except in your own thought. You have punished yourself more than enough.

A READER—Whenever you feel yourself blushing, resolutely turn your mind away from yourself and concentrate your attention upon the one to whom you are talking, or upon some object. Do this every time, and you will soon cease to worry about whether you blush or not. It is a matter of no importance—except in your own mind. And in any event you will probably outgrow it in a few years. It is a natural phenomenon at your age.

F. W.—It is not enough to pray, you must "work out" the answer yourself. "Faith without works is dead." Thousands of women in your position are providing for two, three and more children. Adjust yourself to the condition, see yourself able and capable. Consult the newspapers and Service Bureaus for immediate employment. Expect results! The Bible says, "Behold, I come quickly: and my reward is with me, to give every man according as his work shall be." And please remember that your boy is just a boy. He must play, be happy as other children are. All work and no play makes Jack a dull boy. And your discouragement adds to it.—G.

B. B.—Just because your former boarders left is no reason for your house remaining empty. There are those who are looking for the right kind of a home as much as there are those who are looking for boarders and roomers. Think of these people as being Sons and Daughters of God, desiring an abiding place of peace, joy and contentment. Make your "house" a home and

F. D.—You would not necessarily be happy when you got back to the farm. If you were, it would be because you changed your mind. Remember, these things are not so much a matter of time and place as they are of thoughts, words and ACTIONS where we *are*. The only way to grow into better circumstances is to do better where you are, have faith, and work good-willingly and lovingly with your husband. We always are in our right place. Do not put off living just because you feel that you are not where you desire to be. Change your thinking and your feelings will change. Go back wholeheartedly to your home and family and then watch things change!—G.

R. J. H.—A little more thoughtful planning will permit diversion and recreation in your day which will make the ongoing easier. When it comes to age and progression, remember that we do not grow old, we get old when we cease to grow. I read interesting lesson reports from people 70 and 80 years young. Only recently, I met in an audience a man of 81 who told me he was just beginning to live and be successful. So you see, it is up to you and how you think and feel about it. And you feel pretty much the way you think about it all.—G.

G. F. B.—In reality you never failed, for no *one* experience lasts a lifetime. What seems a failure is but a step in your larger success if you will not let yourself *remain* in discouragement. You needed the lesson for the greater success God has in mind for you. If you once had a responsible position you can have another—when you fill the same requirements. This is only an experience to put you on a firmer basis of living. "Adversity is the trial of principle."—G.

Mrs. E. R.—You need to remind yourself that what God has done for you He wants to do for your boy. Your anxiety is helping to prevent it for the time being. Very likely, you were not receptive to the Truth the first time it was offered to you. But the time came when you were glad in your heart to receive "the light". Do as Mary, the Mother of Jesus, did, "Ponder these things in your heart". God is taking care of that boy of yours.—G.

Lack of Hearing Cured By God's Calling Tone

Read this article by

LANDONE

In
March Nautilus



A Cozy Corner Department where everybody chats and the Recording Angel sets down what she can find room for.

Blessing the New New Thought Temple of Cincinnati.

THE New Thought Temple of Cincinnati has just dedicated its new church. We send them our loving blessings and Good Word for their highest prosperity. And we think that our readers would like to add theirs.

We quote from a letter from Mr. F. W. Willey, President of the Temple at 3431 Stettinius Avenue, dated December 9:

"The Dedication awed me in its grandeur. It exceeded all our expectations. Everyone fulfilled his duty perfectly and by evening half were moved to real tears of joy. Words fail me.

"Dr. Harry Granison Hill, who is filling the pulpit indefinitely, has made a very fine impression and giving a wonderful message. He just fit into the program with his great calm dignity colored with such a genial personality.

"The seating capacity—maximum for comfort—is 750. During the six services of the day the total attendance was 2800. The collections—taken at only three services and without any appeal—was \$3,669.

"Our regular attendance has been about 300. The Sunday following Dedication brought out 450. Approximately one hundred have signed membership cards since summer.

"At the organ recital on Wednesday following Dedication 500 came out and on Friday 392 were served supper in the lower auditorium for which they paid \$1.00 per.

"Isn't it all grand? We are so thrilled with the prospect of great work before us, and fully appreciate our responsibility.

"Our mortgage will be approximately \$55,000 but this does not worry us. We have a board consisting of business men mostly. Retirement of the loan is to be effected in five years, on a regular program."

(Continued from Page 16.)

or for each other—you have certainly served your time at that kind of thing. You are *not* selfish in wanting to go on with that business—it is the Christ within you pushing you into new lines of development.

Rise up and be yourself, my dear, instead of being a servant for all the other selves around you! That is what the Christ is saying within you. And it is the violating of this guidance from within you, that causes you to have these sick spells.

RENEWAL

—OR—

Rejuvenation of the Body Through Applied New Thought

Read Grace Stuart's little book, "Gland Treatment."

It gives a simple mental method practiced by the author for three years, with these results:

"Two months after starting the gland treatment my skin became more alive, the outline of my face became more youthful and my hair is nearly back to its old shade of brown.

"I firmly believe that I have attained greater results through my applied New Thought than any patient of the greatest scientist or surgeon has attained."

And that doesn't tell it all. On page 11 of "GLAND TREATMENT THROUGH APPLIED NEW THOUGHT" you can read still more startling results in rejuvenation, bringing back the fire of youth to one who seemed to have passed into middle age.

The author of the book found herself approaching middle-age and in great danger that her work would be handicapped thereby. Her employment brought her in daily contact with the youth of both sexes, and they had little use for "has beens."

The woman became interested in various forms of rejuvenation treatment, read "Black Oxen" and witnessed the screen version, etc.

BUT—she could not afford expensive operations, however hopeful of benefit.

One day she remembered that she was supposed to be a believer in New Thought; yet she had never tried to apply it to THIS problem—the greatest of her life.

Right there she mapped out a simple treatment—taking but a few minutes daily—which she has followed ever since.

The method of treatment is given fully and completely in the book—nothing additional to get, no additional instructions. It is all right in one little book, and you can begin treatment for rejuvenation just as soon as you have the book in your hands.

PRICE 55c

The Elizabeth Towne Co., Inc., Holyoke, Mass.

..... USE COUPON

THE ELIZABETH TOWNE CO., Inc.,
Holyoke, Mass.

I enclose 55c for the new book, "Gland Treatment Through Applied New Thought."

Name

Address

See you saw it in NAUTILUS. See guarantee, page 5.

MAKE YOUR VACATION PAY IN HEALTH DIVIDENDS

Spend it at the DALE GOLDEN RULE HEALTHATORIUM, GRANBURY, N. J., an institution of metaphysical and physical healing. Daily classes in study of Truth—the best of pure food meals, non-meat diet—sun-baths—corrective exercises. An ideal environment for New Thinkers. Board and room not over \$30 weekly. Booklet on request.

BE YOUNG AGAIN!

REJUVENATION Treatments, \$10 Monthly. Write for testimonials. BERTHA GRIERSON COPE, 583 N. Prospect, Champaign, Ill.

"NATURE'S FINER FORCES"

Vibrations, Lights, Color-tones, Electromagnetics; Human Auras; Radio; Coldlights; Inventions; Wonderful Opportunities; Fifty Lessons; Marvelous Cures; Illustrated; 270 Pages, \$2.00. DeLuxe \$3.00. Satisfaction guaranteed. Table contents free. Stevens Research Laboratories, Dept. N. 242 Powell, San Francisco.

IT IS FOR YOU

What ever you Desire. Love, Money, Health, Happiness. Send Today for THE ATTAINMENT. It tells how to make your desires realities. Mail \$1.00 to LAURA HELOISE HAWKESWORTH, Box 1758, Washington, D. C.

THE VAN VALEN SANITARIUM

Yonkers, New York. PSYCHO-THERAPEUTIC treatment, combined with other methods, works wonders. Marvelous cures are made here in Mental, Nervous and Functional disorders. No insane received. Booklet upon request. Practice established 1899.

Just a Reminder that the article you just finished may be what some friend of yours needs. Why not send your friend this issue of *Nautilus*, and ask him to subscribe!

FREE BOOKLET

describing Library of Health, Happiness, Peace and Plenty. This collection of books will end your search and expense. Contains all you need to know to realize your heart's desire. NEW WORLD COMPANY, Box 152, C. S., Toledo, Ohio.

RADIANT VIBRATORY NERVE MOVEMENTS

Will develop and rejuvenate your body. Will increase nerve force—personality and popularity. Marvelous results—24 lessons by mail. Particulars free.

F. STABLER, D. C.
8000 45th Ave., Elmhurst, N. Y. City

Do You Know anyone who needs one of the messages in this issue of *Nautilus*? Mark the page and pass on the magazine and suggest that they subscribe.

Divine Love Heals

I have had long experience as teacher and healer, and would be glad to advise and help you. No charge for treatment; free will offering accepted if helped. Have helped many; may I not endeavor to help you? Send stamp.

MATTHEWS DAWSON

3253 Western Ave., Washington, D. C.

LANDONE'S VISITS

During 1927, Brown Landone will give a PRIVATE "Feast-of-the-Spirit" (a one-day, three-session-talk) in each of the following cities: Atlanta, Boston, Buffalo, Cincinnati, Charlotte (NC), Detroit, Erie (Pa), Hamilton (Can), Philadelphia, Providence (RI), Richmond (Va), Rochester (NY), Toledo, Trenton (NJ), Washington (DC), et cetera.

Write MR. BRAINERD, Box 316, Hackensack, New Jersey.



OPEN SESAME!

Aladdin rubbed the Magic Lamp, and behold—a mighty Genie appeared to do his bidding, satisfy his every wish. A wealth of all things became his.

You too can have a wonderful Lamp by which you can make your fondest dreams come true! You can command the very greatest Power on earth. The Extraordinary Story of The Lamp of Knowledge will show you the way. It is FREE; you will not be obligating yourself in any way by asking for it. If you are disappointed and tired of hunting for the rock-bottom truth and are longing for some really satisfactory information which will set you on the highroad to all that is worthwhile in life, get in touch with The Lamp of Knowledge now.

The Lamp of Knowledge
BELLEVILLE, ONT., CANADA

If You Owed \$40,000

had no assets and small means of raising money, what would YOU do? That is exactly MY Experience, and I demonstrated \$40,000 and paid the indebtedness. I now teach the matter of Demonstration, and have a very simple text-book which tells the whole story. If YOU need Health and Prosperity, send for circulars TO-DAY. ELINOR MOODY, New Thought Practitioner, Portland, Maine.

How to Win and Hold A Friend or A Mate

WIN people and hold them! I KNOW the four ABSOLUTE means. They are proven by results—they thrill you—amass others—and win and hold! The divinely powerful image—winning color—enticing tone—holding love!

Send silver quarter (25c) today for YOUR copy of my four "WHATS" to do to win and hold!
MARIE RUMER, Box 2, Hudson City Station, Jersey City, N. J.

I Made \$5000.00 In Ten Days

after practicing the lesson "Just How to Visualize Money." Tells HOW to attract abundance speedily and surely. Sound and practical instruction—full details given. Price 25 cents, postpaid.

MATTHEWS DAWSON

3253 Western Avenue, Washington, D. C.

Pass Nautilus

On to YOUR Friends

If it helps you it will help them

CREATEOLOGY

Teaches how to attain THE LIFE SUCCESSFUL in HEALTH, WEALTH, LOVE, HAPPINESS, improved Conditions and Surroundings. How to tap the LIMITLESS store of ABUNDANCE that brings PROSPERITY and well-being. Send for particulars.

SCHOOL OF THE GREATORS
880 Fifth Avenue, Suite 801, New York City

"Sexual Philosophy" - - 12 cents

Clearer, best, most instructive sex manual published. Actually teaches, does not merely argue. Price, only 12c. Write today. Satisfaction guaranteed.

"WEALTH-WEALTH PUB. HOUSE, 78 Bennington St., Lawrence, Mass.

Say you saw it in NAUTILUS. See guarantee, page 5.

The McKeever Books

LEAVES OF HEALING. A new book of healing affirmations and lessons, based on Bible verses, as used by Dr. Wm. A. McKeever in his personal work. For healing fear, worry, poverty and all physical ailments. Attractive cover.....\$1.50

THE CREATIVE MIND. A clear, stimulating and inspiring text, covering all phases of practical psychology. 300 pages.....\$2.00

GETTING AHEAD FINANCIALLY. Treats clearly and convincingly the new, sub-conscious way of thrift and business enterprise.....\$.75

FORGETTING TOBACCO. Detailed instructions for removing out of the sub-consciousness the desire for tobacco. (Monograph) \$3.00

THE NEW DEMOCRACY. How to know human nature; how to harmonize your life with that of the masses. 250 pages....\$1.50

MAIL COURSE IN CREATIVE PSYCHOLOGY. For self-help and healing. Write for information.

Wm. A. McKeever

School of Psychology, Topeka, Kans.

LANDONE'S "Certain Attainment of Abundance"

This dynamic lesson has helped so many that Brown Landone has consented to sell it separately, so that those in need of its astounding help, need NOT take the expensive course of which it was a part.

(Only 175 copies are for sale separately.) The Price is Now \$1.00 Only.

Address Cephas Brainerd, P. O. Box 816A, Hackensack, New Jersey.

Be a Beauty Specialist

Earn \$50 to \$75 a Week
Earn while you learn in spare time—3 weeks easy lessons make you expert. Marcell, Bleach, Waves, Dyes, Packs, Diet, Facial, Manicure, Massage, Formula, etc. Authorized Diploma—Money Back Guarantee. No experience necessary. GET FREE BOOK, Oriental System of Beauty Culture Dept. 32 1848 Belmont Ave. Chicago

Become a doctor of

Bio-Psychology

and Expert Bio-Psycho-Analyst

Master the New Science of Life and Mind! Help yourself and Others. Bring relief to those in Mental, Physical and Soul distress! Lecture and Teach. "Dr. Taylor's is the most comprehensive Course along psychological lines that discriminating students have been able to find." Given Free to each student. Dr. Taylor's personal Bio-Psycho-Analysis. Send 10c to cover mailing cost of particulars, including Book 1 of Correspondence Course for free examination.

THE TAYLOR SCHOOL OF BIO-PSYCHOLOGY,
Chattanooga, Tennessee.

STUDY FOR THE DEGREE

of Doctor of Psychology (Ps.D.) Doctor of Metaphysics, (Ma.D.) or Doctor of Divinity (D.D.) by correspondence in the quiet of your own home. Write for further information.

The College of Divine Metaphysics, Inc.
Desk 1—704 North Ninth St., St. Louis, Mo.

Trial Three Months - - - 10 cents

An INSPIRATIONAL Magazine you will enjoy. Contains Excellent Articles on HEALTH—SUCCESS—HAPPINESS. Send today. Your dime back if not pleased. LIBERTY PUB. CO., Sta. D, Box 4017, Cleveland, Ohio.

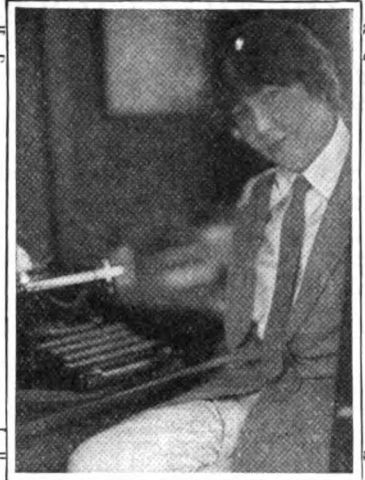
REGENERATION

"Practical Methods to Insure Success" teaches the only sure system that will rejuvenate the whole body. By far the most advanced teachings of today; thousands are seeking this information. Price 50 cents; a copy of our Magazine Free with each order. ESOTERIC PUBLISHING CO., B.S. Agassate, Calif.

“**W**ITH pleasure and profit I have read and studied the course of the Palmer Institute of Authorship. . . . You are making it possible for beginners in writing today to travel over a highway, instead of a rough and difficult road. Most important of all, you are proving that ours is a trade and a profession as surely as plumbing and preaching, and therefore calling for diligence and discipline, and such sound, sane, constructive training as you offer.”

Ruth Comfort Mitchell

. . . whose seventh novel, "Call of the House," is ended in February "Woman's Home Companion."



Be just to your talent

You sense the drama in your own life, on your own street, behind the four walls that shut in your neighbors. You have the imagination that would put it living into words. And the ability, in part, to do so. . . . Be just to your talent. Help it to its full strength naturally—and swiftly.

The Palmer Institute of Authorship can equip, strengthen, enrich your natural abilities. It can help you produce intense, beautiful little stories out of those scenes and emotions that crowd against your mind. Can help you give them color, logic, accent, life! With Palmer help you can shape your stories toward a definite market. Toward a three cents a word

market, a five cents a word market. Toward a discriminating audience, or just simple, human folks.

Palmer courses are endorsed by:

RUTH COMFORT MITCHELL
 JIM TULLY
 CARL CLAUSEN
 JESSE LYNCH WILLIAMS
 GERTRUDE ATHERTON
 RUPERT HUGHES
 KATHERINE NEWLIN BURT
 ALEX MCLAREN
 JULIE M. LIPPMANN
 CHARLES KENYON
 FREDERICK STUART GREEN

Write for more facts that may interest you.

PALMER INSTITUTE OF AUTHORSHIP
 Palmer Building, Hollywood, Cal. 11-P
 CLAYTON HAMILTON - - President
 FREDERICK PALMER - Vice-president

Please send me, without any obligation, details about the course I have checked.

Short Story Writing English and Self-Expression
 Photoplay Writing

Name _____
 Address _____

*All correspondence strictly confidential
 No salesman will call on you*

Say you saw it in NAUTILUS. See guarantee, page 5.

THE SILENT HOUR

OF COMMUNION WITH THE REAL SELF, FOR INSTANT HELP, INSPIRATION, GUIDANCE AND POWER

is the title of a little book which explains practical and effective, but rarely used, methods of applying Mental Law in daily life for health, success and happiness.

The titles of these chapters only meagerly indicate the practical utility of the contents of this offering by one who has helped many to find their Real Selves. These titles are:

1. EVERY INDIVIDUAL A MONARCH
2. GREATNESS OF MAN IN USEFULNESS
3. EVOLUTION AND REINCARNATION
4. IMPORTANCE OF THE SILENT HOUR
5. THE CORRECT ATTITUDE
6. WORK OF THE SILENT HOUR
7. THE EXACT PROCEDURE
8. A CONSPICUOUS EXAMPLE
9. PSYCHIC PHENOMENA

"MANY TIMES THE READING OF A BOOK HAS MADE THE FUTURE OF A MAN," said Emerson. This little volume has been instrumental in aiding many men and women to brighter, happier, more successful and prosperous lives. It is extensively purchased by teachers, lecturers, leaders of study clubs and others. While intrinsically worth dollars, one copy will be sent for 10 cents; 12 copies for one dollar.

J. A. EICHWALDT

N. 27, Fruitvale Sta., Oakland, Calif.

I Will Trust You!

to send what you feel is right and can afford for the following books, which are little gems of concise, inspiring thought and have sold by the thousands:

- (1) "The Motive Power of the Universe" (A little book on the constructive power of Love)
- (2) "How to Manifest What You Desire" (The WAY OUT of all Inharmonies)
- (3) "The Law of Success" (Twenty lessons on the Secret of Attainment)
- (4) "The Path of Unfoldment" (Twenty Lessons on The Road to Power)
- (5) "Hidden Meanings of the World's Great Stories" (Most Illuminating and Inspiring)

I feel that I can trust you to do what is just and right, so will send these to you and leave the price you are to pay entirely to you. Just say "SEND BOOKS 1-5" and they will be sent and you can pay what you think they are worth.

MATTHEWS DAWSON

Western Ave., Chevy Chase, Md.

LIMITATIONS

Do you know why you are NOT getting health, happiness, or prosperity for all your asking and treatments? Because you are limiting the Limitless by too great particularization. You are asking in fractions, when what you need is wholeness, completeness. We have not hundreds, but thousands, who testify to happy results after long and hopeless pursuits of Good, after they had learned under our treatment and Lesson Courses HOW to get away from fractional asking, and reach out for completeness.

For \$2.00

our EXTENDED LESSON COURSES and the other priceless things of THE SPOKEN WORD, our world-wide monthly magazine, (a FULL YEAR'S subscription) and one month's special treatment, will be yours.

THE CHURCH INVISIBLE,

482 Beacon Street,

Boston N 17, Mass.

How to Get Rid of



DAVID V. BUSH

Stomach Trouble, Constipation, Headache, Indigestion and scores of kindred ailments.

DON'T let ill health keep you from enjoying life! Already thousands of men and women all over the country have regained new health, strength, energy, vitality and high efficiency through the help of Dr. Bush, the world-famous authority on right living. His remarkable, scientific method goes direct to the root of the trouble and removes its cause.

Wrong eating—wrong selection of food—wrong combinations which throw the meal out of balance—are responsible for nine-tenths of all sickness. Such ailments as stomach acidity, torpid liver, constipation, headache, indigestion, stomach ulcer, rheumatism, are all due to wrong eating. And these ailments are merely the forerunners of more dangerous diseases and the final breakdown of the whole system.

ONLY 25c

"What To Eat," a vitally important book on this absorbing subject, has just been published by Dr. Bush, who has spent years in the study of foods. This remarkable book fully explains the principles of correct eating. It tells how to combine and balance foods so that they contain the exact proportion of the elements which your body needs to keep it healthy and strong. Besides, a family of five can save \$250 a year in the purchase of food-stuffs.

"What To Eat" will add golden years to your life. It will make you vigorous, vital, overflowing with health, yet its cost is only 25c! Send for it TODAY! It will prove a revelation to you. Enclose 25 cents (stamps or coin). Address DAVID V. BUSH, Publisher, Dept. T-682, 225 N. Michigan Blvd., Chicago, Ill.

DO YOU NEED MORE MONEY?

Then learn to *grow* it right now!

You get your *financial harvest*, like any other, by planting and caring for the right seeds (ideas) until they grow and blossom forth in your very own life.

You will find the *right ideas* in the Practical Booklet by Elizabeth Towne, "HOW TO GROW SUCCESS."

Get them, plant them, and the money you grow will be YOURS.

All in

"Making Money: How to Grow Success"
By ELIZABETH TOWNE

PRICE 55c

The Elizabeth Towne Co., Inc., Holyoke, Mass.

USE COUPON

THE ELIZABETH TOWNE CO., INC.,
Holyoke, Mass.

I enclose 55c for "Making Money: How to Grow Success."

Name

Address

Say you saw it in NAUTILUS. See guarantee, page 5.



HELP for YOU!

As you read these inspiring pages, YOU must sense the presence of

OPPORTUNITY!

You are right. She stands outside your door at this very moment.

LISTEN! She knocks--five times! Count them!

ONE Here are the secrets of Psychology, condensed for busy people. Being condensed, they cost less—at least a course which the ordinary man can well afford. Yet one pupil just wrote—"Learned more from Lessons I and II than from another \$40 course."

TWO Here is the most astonishing information imaginable, all explained in such plain and simple language that children and uneducated workmen can understand it.

THREE Here is the most practical course possible. Every word of it is applied directly to your health, happiness and success. It points out precisely what YOU should do as well as think. You cannot fail to understand. You cannot possibly do as it directs and not get amazing results. We guarantee this.

FOUR A course built on common experiences which you will yourself know to be true. These examples from real life make it intensely interesting. You do not need any more education, experience, knowledge, money, time, than you now have to begin using its wonderful instructions.

FIVE A course starting with A. B. C. ideas which explains the most astounding laws and facts before it ends. It opens your eyes—it gives life meaning and purpose. It gives new hope, new courage, new health, new happiness, new success—you begin to really LIVE.

HERE ARE THE TEN LESSONS

The first explains what it is all based on. Lesson II is "The Secret of Life," Lesson III explains "How to Generate Most Nerve Energy," Lesson IV, "Five Habits Which Will Guarantee Success," Lesson V, "Making Your Dreams Come True," Lesson VI, "Your Natural Guide to Health," Lesson VII, "Your Un-

dreamed, Inward Powers," Lesson VIII, "How to Use Your Subconscious Mind," Lesson IX, "The Wonder-Working Formula," and Lesson X, "Applying It All." Step by step you are shown just how to start to transform your whole life at will.

Here is our proposition to you. *Just mail us your name and address* and we will send you Lesson I for free examination. It explains the amazing discovery which Prof. James of Harvard called "The greatest discovery of the age." Applied Psychology is all based on it. New Thought derives much of value from it. It will revolutionize your outlook on life. One subscriber wrote—"Already received more value from your free lessons than you charge for your entire course."

Your copy is ready for you. One minute will mail the coupon which may alter your entire life. What is Applied Psychology? Can it help you?

"THE GREAT DISCOVERY" will tell you

Consider well—think what you are doing before you turn this page without tearing out this coupon. Here is a common-sense, level-headed course written by

LELAND WELLS POLLOCK, AB., LLB.

He is a Harvard-trained lawyer and business expert. He wrote it expressly to help folks live more efficiently day by day, right where they are. It is being distributed by an unselfish organization to all parts of the world at a surprisingly fair and reasonable price. If you really want to know the truth, here is your chance.

FRIEND, OPPORTUNITY IS KNOCKING AT YOUR DOOR. SHE MUST NOT PASS! TEAR THIS COUPON OUT AT ONCE.

SELF IMPROVEMENT LEAGUE OF AMERICA,
Suite 103, 75 Westland Avenue, Boston, Mass.

YES, I am interested. Send Lesson I "THE GREAT DISCOVERY"—FREE so I can see what your course is like.

Name

Address

(Write on margin if easier)

Buy you saw it in NAUTILUS. See guarantee, page 5.

New Thought Practitioners.

ALBERTA M. CARTER, practitioner. Treatments, healing letters, personal calls. 5448 Lemon Grove Ave., Hollywood, Calif., Hemstead 3720.

CHAS. MATT. BERKHEIMER, Practitioner, Hotel Trinity, Los Angeles, Cal. Ten treatments, \$2.00; daily, \$5.00 month. Write!

G. EDISON HAND, Practitioner, 1020 Everett Ave., Oakland, California. TRUTH can solve your problems. Treatments. Letter assistance. WRITE or wire.

PROSPERITY and HAPPINESS treatments. Love offering only. Send 30c in stamps. A. M. **ALCOEN**, 950 Pine St., Suite 204, San Francisco, Calif.

Pain, Poverty Unnecessary. **HATTIE CHAPMAN GIBBS**, 686 Post, San Francisco, California. Love offering.

REV. GEO. C. GOLDEN, Metaphysician. Consultation letters, five dollars. 68 Post St., San Francisco, California. Phone Douglas 9358.

Many have been helped through our ministrations. Literature on request. Individual daily treatments with weekly lessons, \$2.00 per month. **AQUARIAN MINISTRY** (Dept. N), Santa Barbara, Calif.

W. FREDERIC KEELER. It is my daily work to treat through Spirit metaphysically. I live a quiet mountain life for that purpose. Full information and instructive printed matter free. Box 82, Tujunga, California.

EVELYN LEMOYNE BRUNEAU, Metaphysical Practitioner. Health and success treatments. Questions answered. 3544 Park Ave., Montreal, Canada.

Practitioner, Teacher, Counsellor. Free will offering. **MRS. A. INNES**, 561 Ingersoll Ave., Woodstock, Ontario.

27 Years' Healing, Health, Success Treatments. Trial Month \$1. **IDA WELSH**, 1518 W. Main, Belleville, Ill.

ELIZABETH CARTER, experienced, successful Practitioner, Teacher, Adviser, Christian Psychology. Write 2050 Arthur Ave., Chicago, Ill., or phone Sheldrake 5487.

MARY FRITZ, Dept. 19-20, Collins, Ill., has healed and prospered others. Why not you? \$5.00 monthly.

HEALING THE UNSEEN WAY. Mail symptoms, desires and free will offering for instruction and demonstration. **AQUARIAN CIRCLE**, Elkhart, Ind.

Highly intensified metaphysical healing. All services until healed, \$10.00. **EUGENE E. BERNSTEIN**, Jefferson Hotel, South Bend, Indiana.

THE ABUNDANT LIFE. Soul power, Radiant health and Material abundance demonstrated through the healing power of New Thought. Write for particulars. **MADAM ALMA HALL**, Box 271, Leavenworth, Kansas.

Solve Your Problem Overnight

What is that burden which you have carried so long? Let me help you to get rid of it, while you sleep. Send for free booklet "THE PLEASANT ROAD TO FREEDOM," telling you how it is done. Only 25c can be treated at once. Will you be one of the fortunate few!

VIRGINIA T. DAWSON,
Chevy Chase, Md.

What Do You Want?

Whatever it is we can help you get it. Just give us the chance by writing for "Clouds Dispelled." Absolutely Free. You will be delighted. Act today! Write NOW!! **THE BROTHERHOOD OF LIGHT**, Dept. E, Box 1625, Los Angeles, Calif.

Say you saw it in NAUTILUS. See guarantee, page 5.

New Thought Practitioners.

HEALTH, HEALTH, HEALTH. TRIUMPH IN AFFAIRS. THE WORLD HELPERS' HEALING HOME. SPLENDID LOCATION. Patients taken. Treatments given any distance. Flagg Pond Road, Saco, Maine. **PRINCIPAL, EDITH MOORE.**

SUCCESS, SUCCESS, TRIUMPH. Send us your problem today. Success Department, **WORLD HELPERS OF HUMANITY**, Flagg Pond Road, Saco, Maine.

EDNA M. SHAW, Metaphysician. Health and success treatments. Voluntary Offering. 44 Pine St., So. Paris, Maine.

"The Inner Court of Healers." If suffering from mental or physical inharmony send me one dollar with name, address and statement for one month's treatment. Address **THE INNER COURT OF HEALERS**, 30 Huntington Ave., Room 220, Boston, Mass.

Write (**MRS.**) **FLORENCE GRUENWALD**, 120 Byers St., Springfield, Mass. Advice and help on all your problems.

MONEY TREATMENT, \$1.00. DR. A. A. RANDALL, 2744 4th Avenue, South, Minneapolis, Minn.

Let me help you attain health, happiness, and your desires. Love offerings only. **VOBA B. DURAND**, Box 67, Yerington, Nevada.

Daily Health, Happiness and Prosperity Treatments. Pain and Poverty unnecessary. Give symptoms or desires. Love offering. **MRS. C. H. STRINGER**, 97 So. 10th St., Newark, N. J.

GEORGINA HOOPER MANDIOLA. Healing-Teaching-Consultations. Only personal interviews by appointment. 219 West 81 Street, New York, N. Y. Telephone: Trafalgar 4873.

DAVID E. JONES, experienced, successful practitioner practical psychology. Brings health, happiness and prosperity. Particulars, 79 Maple St., Mansfield, Ohio.

KATE ATKINSON BOEHME, the world celebrated teacher and healer, is spending some time at R. F. D. 6, Meadville, Pa. Wonderful testimonials from patients and pupils. Send for free literature.

MRS. S. M. ELLWANGER, 5919 Ellsworth St., Philadelphia, Pa. Spiritual Healer and Teacher—daily treatments for Health and Success, Terms, \$2.00 per week, \$6.00 monthly. Write for Circular.

MRS. C. A. BARTHOLOMEW, Sabinsville Pa., experienced New Thought healer. No charge unless patient is benefited.

MABEL C. PHILLIPS, 42 West Hollenback Ave., Wilkes-Barre, Pa., Teacher-Healer. Offering with letter.

MRS. OLIVE ROUTZONG, Cleburne, Texas. Metaphysical practitioner. Free will offering. Write or wire.

New Light on the Bible

The Real Teachings of Moses and Jesus, Perverted and Lost during the "Dark Ages." Published for the First Time in 1,500 Years. Lessons Showing the Way to Health, Happiness and Success, as Taught by Moses and Jesus, the Greatest Teachers of All Time. Revolutionizes Church Teaching; Explains Your Hidden Powers, and How to Use Them. Teaching and Healing the Christ Way. Details Free. Write to Dr. C. S. DURAND, Box 67, Yerington, Nevada.

QUIT Cigarettes, cigars, pipe, chewing or snuff, forever! The Sure-Way Method will show you how. No drugs nor medicines, but a secret psychological principle.

One writes: "Tell anyone who wants to know that it has completely cured me." Another says: "It's sure great. Best wishes for your grand work." Mailed complete in manuscript form for only \$1.00. No further charge. Your money back if it doesn't win out. Won't interfere with your work except to make you stronger and more fit. Send your dollar today and stop being a slave. L. W. ROGERS, Suite 16, 606 W. 116th St., New York.

ARE YOU A VICTIM OF Mental Depression ? or "Nerves"



If you are, this will interest you deeply.

IN my thirty years of active practice, fifteen years of which I have been identified as a constant advertiser in the columns of Nautilus Magazine, I have found that ninety-nine out of every hundred people who suffer from Mental Depression or "Nerves," do so through lack of understanding. They know little or nothing about controlling and directing their minds, or dealing with the Sympathetic Nervous System. Thus they drift into a more and more acute state.

Are you aware that there are very definite laws governing Mental Depression and states of "Nerves"? Are you acquainted with yourself to the extent of knowing what laws to follow in creating a cure? Of course you are not, or you would not be suffering today. There is a CAUSE for every abnormal state you experience and it is only those with long experience who are able to understand the human organism well enough to recognize these causes and remove them. In the repair of watches and automobiles, you recognize the necessity of seeking an expert. In your mind and body no different! It, too, is a piece of machinery—and the most delicate and intricate one ever created. You may say, "I have been to so-called experts and have received no relief." If this has been your experience, you simply have not been in touch with the RIGHT method for YOUR case.

No Suffering Is Quite as Acute as the Torturing Effects of a Disturbed Mind and Superstitious Nerves

You are not understood even by your own relatives. You have felt you must fight alone, and thus repression has material-

ized added to your suffering. I fully understand how unhappy you have been, how limited have been your expressions of life, and you have my deepest sympathy. On the mental side we find FEAR OF SELF playing a big part. Lack of confidence, self-consciousness, worry, fear of insanity, neurasthenia, inability to forget yourself, jealousy, over-seriousness—plus nerve super-sensitiveness—can completely wreck the strongest mind and body. But there IS a way out. I assure you, and you need not suffer as you have.

A Weak, Inefficient Life is Unnecessary

If you are in any way suffering from Mental Depression or "Nerves," I have written a 100-page book just for YOU. This book is the result of my twenty years of experience in successfully treating mental depression and nervous disorders. It takes up the mental side of life and tells you about the Sympathetic Nervous System, and how these states of nervousness come about. It contains splendid articles on Fear, Faith, Self-consciousness, Habits, Success, "Nerves" and Neurasthenia, etc., etc.

If YOU are really in EARNEST and will purchase my book, SELF MASTERY THROUGH UNDERSTANDING, I will mail with the book, my complete Analysis Blank, which will entitle you to a Preliminary Analysis, without ANY obligation on your part. There will be NO CHARGE made for this analysis.

The Cost of This Book is 25 Cents—Stamps or Coin.

C. FRANKLIN LEAVITT, Suite 732, - -

14 W. Washington Street, Chicago, Ill.

How to Get What You Want

A new and amazing force which is bringing to thousands the things they want—so quickly and easily as to be astounding!



DAVID V. BUSH

What do you want most in life—a home of your own—a college education—a brilliant and successful career, a trip to Europe—an automobile, health, happiness and love or success in any line!

Dr. Bush—America's most famous practical psychologist and lecturer—has helped thousands of men and women to realize just such desires as these—through VISUALIZATION.

What Visualization Is

Visualization is one of the most potent forces in life—yet not one person in a thousand knows how to use it! It is an amazing power that can be harnessed in such a way as to bring you things you never dreamed could be yours. Just as Dr. Bush has proved time and again that proper visualization will actually make desires come true—he will prove it in your own case!

In his book, "Rules for Visualizing," Dr. Bush tells you exactly how to use this gigantic force—exactly how to apply it—exactly how to make it work for you. In simple language he reveals to you the *secret of getting what you want*. This amazing book will prove a gold mine to you—yet its cost is

Only 25c

Don't delay! Get what you want in life! Realize your greatest ambitions! Send for this remarkable book TODAY. Enclose 25 cents, stamps or coin. Address:

DAVID V. BUSH, Publisher
Dept. N-682, 225 N. Michigan Blvd., Chicago, Ill.

Say you saw it in NAUTILUS. See guarantee, page 5.

GIVE 5 Minutes-A-Day LOOK Years Younger



Send today for FREE book that tells how Kathryn Murray's Five-Minute-A-Day Facial Exercise actually regain and retain the lovely skin texture and roundness of youth for thousands of delighted women. Read their enthusiastic statements of the wonders accomplished so easily, so quickly, so inexpensively.

Young or old looks depend upon thousands of tiny muscles just beneath the skin surface. Wrinkles, crows feet, hollows, loose sagging skin, sluggish circulation, sallow complexion occur when lack of exercise causes facial muscles to become weak, flabby, droopy.

Kathryn Murray's Five-Minute-A-Day FACIAL EXERCISES

Thousands of women have turned to Kathryn Murray's Facial Exercises with amazing results. No creams—No straps—No treatments. Just your natural beauty and Five-Minutes-A-Day.

RESULTS GUARANTEED

Send for FREE book today. Regain or retain the glorious complexion rightfully yours:

KATHRYN MURRAY, Inc.

Suite 235, 5 So. Wabash - - Chicago, Illinois

Your Poverty is Proof

of your UNUSED WEALTH. One man used this *proof* and turned himself from a penniless, hopeless American hobo in France to a success, earning 1,000 francs per week. Today he is wealthy. (Read HOW it was done, beginning on Page 20 of "DEEP, DEEP DOWN IN YOUR HEART" by Brown Landone.)

Your Illness is Proof

of "blocked up" health. A man of 41, an invalid, able to walk only with great difficulty by the aid of crutches learned "where his trouble was" AND—he walks today, without crutches, like others! (Read WHAT he did beginning on Page 107 of "DEEP, DEEP DOWN IN YOUR HEART" by Brown Landone.)

Your Failure is Proof

of *greater* success to come. One man "saw this secret one day" after losing \$5,000 and became an \$11,000 Success in five months. (Read the complete story of his experience beginning on Page 171 of "DEEP, DEEP DOWN IN YOUR HEART" by Brown Landone.)

Deep, Deep Down in Your Heart

By BROWN LANDONE

The Book That Turns Every Experience Successward!

SIXTEEN power-freeing chapters, attractively bound in flexible covers, gold stamping on back, 249 Pages,—a KEY LIBRARY Book.

Price \$1.60

THE ELIZABETH TOWNE CO., Inc., Holyoke, Mass.



Money Back Coupon

THE ELIZABETH TOWNE CO., Inc.,
Holyoke, Mass.

Here is \$1.60 for the new Landone book, "DEEP, DEEP DOWN IN YOUR HEART", with 5-day return privilege.

Name

Address

Buy you saw it in NAUTILUS. See guarantee, page 5.

Begin *HERE* with *LANDONE*

The A-B-C of Truth

By **Brown Landone, F. R. E. S.**

This wonderful book gives a clear and simple explanation of the Truth that heals. It is a **KEY** by which to solve your problems.

All mystery, all confusion of terms is cleared up. It makes more plain what you have already read or learned of Truth or New Thought.

Whatever has seemed obscure in Mr. Landone's articles in *Nautilus* will stand forth clear and sharp in the **LIGHT** that radiates from this book of Truth.

It gives you the **POINT OF BEGINNING**, thus:

God is the great Spiritual **SUN-CENTER**.

YOU are a **SUN-RAY**—a sun-beam—radiating from God's eternal center of energy.

Your function is to **SHINE**.

And "The A-B-C of Truth" shows you how to **SHINE** Health.

How to **SHINE** Happiness.

How to **SHINE** Riches.

All by **EXPRESSING** God, the Great Center of Life, Light and Love.

Read, for instance, the clear instruction in Lesson 14 on "MATESHIP." If you are not married, it will help you to realize a mate. If married, it will help you to make it a real and happy marriage. It teaches you how to realize **SATISFYING LOVE**.

Or turn to Lesson 16—"DESIRING HEALTH," with the remarkable realization affirmation at the close. And Lesson 19 on "LOVING YOUR HEALTH."

But perhaps just now you are more interested in prosperity. If so, turn to Lessons 21 to 28, inclusive.

"The A-B-C of Truth" is attractively printed and bound in paper covers so as to sell at a nominal price.

Price 55c. Postpaid

THE ELIZABETH TOWNE CO., Inc., Holyoke, Mass.

..... Cut Here

THE ELIZABETH TOWNE CO., Inc.,
Holyoke, Mass.

Here is 55c for the new book, "THE A-B-C OF TRUTH."

Name

Address



HOW THE BOOK IS RECEIVED

"I can understand every page of it! Every paragraph is a marvelous help."
--From a *Factory Girl Who Was Healed of Tuberculosis*.

"Find enclosed \$12.10. Please forward 22 copies of 'The A-B-C of Truth' to the B. . . . Public Library, with the request that they be distributed among its branch libraries."--P. J.

"In seeking an understanding of life, I have read the works of many authors, and your 'A-B-C of Truth' is like a beam of sunshine among mists of confusing terms. It is the clearest, simplest and most usable book of which I know.--*F. H. E., an Editorial Advertiser of a National Magazine*.

"I am a real 'beginner' in Truth--for I've begun a good many books but never finished any of them. I couldn't understand what they meant by the 'One Cause,' 'One Principle,' etc. But now, I have read your 'A-B-C of Truth' without any help from anyone and it is perfectly clear. I know just how I am related to God; just how I can have His help every day; just what the one purpose of my life is and how I shall live it. It has given me a basis of life forever."--*A Milkman*.

Say you saw it in NAUTILUS. See guarantee, page 5.

UNITY PRESS HOLYOKE, MASS.



Are YOUR Prayers Answered?-----

"Prayer is the greatest controlling, directing and creative power the Creator has placed at our command."—CHAP. I.

An Answer For Every Prayer

By J. A. Patterson

IF your prayers have not been answered, read this remarkable book and get new light on the subject.

After 30 years of reverent study the author believes he has found HOW TO PRAY SO AS TO GET AN ANSWER.

The book is startling in its concept and conclusions. It will tell you—

How the author came into control of a 40,000 acre estate in direct answer to prayer.

How some of the buildings followed almost exactly the mental specifications he had visualized in his prayers.

How prayer treatment healed a desperate case of

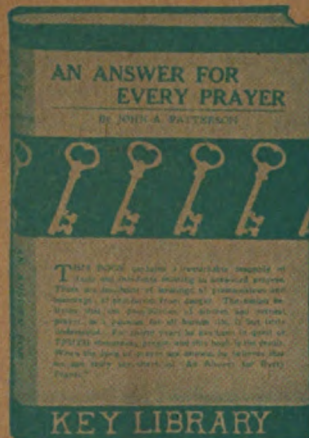
blood poisoning and how laying on of hands for a few minutes cured rheumatism.

This book is in great degree the revelation of one man's soul in its long journey up through the abyss of ignorance and poverty to desires realized, hopes fulfilled.

Beautifully bound in flexible covers, gold stamping on back, handy pocket size, 175 pages, A KEY LIBRARY BOOK.

PRICE \$1.60

The Elizabeth Towne Co., Inc.
Holyoke, Mass.



IDEAS THAT HELP AND HEAL

PRAYER, ITS NATURE AND POWER—The author born in abject poverty and how he came to set out on his thrilling 30 year quest for truth—Prayer and visualizing.

HOW THE AUTHOR CAME INTO A 40,000 ACRE ESTATE IN DIRECT ANSWER TO PRAYER—After recovery from a dangerous malady—Many buildings exact reproductions of those visualized in prayer—Prayer for a gas engine answered, according to exact specifications—A moving picture machine received in direct answer to prayer.

THE PARALYTIC HEALED—Relief in 20 minutes through prayer at the bedside—Severe case of blood poisoning (the author's mother) healed by prayer—Martin Luther's prayer.

GEORGE MUELLER, A MIGHTY MAN OF PRAYER—How he cared for 2000 orphans, relying

on prayer alone—How he demonstrated over \$5,000,000 through prayer, to carry on his work.

WORK AND PRAYER—The Michigan farmer who saved a large field of corn through prayer.

..... Money Back Coupon

THE ELIZABETH TOWNE CO., Inc.,
Holyoke, Mass.

Here is \$1.60 for "AN ANSWER FOR EVERY PRAYER," with the 5-day return privilege.

Name

Address