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Magazine of New Thought

*Edited by Elizabeth Towne
and William E. Towne*



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NAUTILUS NEWS

BY THE EDITORS

NAUTILUS makes plain the Truth that frees, heals and prospers you. It opposes no race, sect or religion. Rather it supports the basic Truth in all religions. "Ye shall know the TRUTH and the TRUTH shall make you free."

ONE SPIRITUAL TREATMENT HEALED A DISEASE OF SIX YEARS' STANDING.

God's healing power is not bound by time. It often manifests almost instantaneously. In October *Nautilus*, Stella W. Holmes will describe her marvelous healing. Just one positive, affirmative treatment and she was healed—after six years of pain and suffering—of a very real physical trouble which physical methods of treatment had failed to cure. For several years it did not occur to the sufferer that she might help herself in such a physical disease by New Thought, although she had been a student for a long time. Then, one night: "As I lay awake suffering I wondered, with a sense of shame, why I had not thought of using New Thought for my present misery." The precise form of treatment which she used to bring the perfect healing is given in full in the article, "How One Spiritual Treatment Healed a Disease of Six Years' Standing," which will appear IN OCTOBER NAUTILUS.

"THE BASIS OF SPIRITUAL HEALING."

Thought books, has promised to write soon for *Nautilus* upon "The Basis of Spiritual Healing."

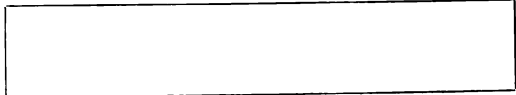


Dr. Horatio Dresser, the well-known author of "Spiritual Health and Healing," "The Quimby Manuscripts" and other widely read New Thought books, has promised to write soon for *Nautilus* upon "The Basis of Spiritual Healing."

We expect shortly to announce another healing series which you will not want to miss. Perhaps you know of some one who would be aided by these healing articles to be published in *Nautilus* during the coming months. There is a subscription order blank enclosed with each copy of *Nautilus* sent to our regular subscribers, for convenience in sending new subscriptions.

"TODAY I AM IN PERFECT HEALTH."

"When I started reading *Nautilus* I had no money, no clothes to look respectable in, no home, wore glasses, had poor health, was a fault finder, always getting my feelings hurt, lived in a rented house and had no furniture for that. Worried constantly and was afraid of my shadow. But I attended church regularly and was supposed to be a Christian.



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is the title of a little book which explains practical and effective, but rarely used, methods of applying Mental Law in daily life for health, success and happiness.

The titles of these chapters only meagerly indicate the practical utility of the contents of this offering by one who has helped many to find their Real Selves. These titles are:

1. EVERY INDIVIDUAL A MONARCH
2. GREATNESS OF MAN IN USEFULNESS
3. EVOLUTION AND REINCARNATION
4. IMPORTANCE OF THE SILENT HOUR
5. THE CORRECT ATTITUDE
6. WORK OF THE SILENT HOUR
7. THE EXACT PROCEDURE
8. A CONSPICUOUS EXAMPLE
9. PSYCHIC PHENOMENA

"MANY TIMES THE READING OF A BOOK HAS MADE THE FUTURE OF A MAN," said Emerson. This little volume has been instrumental in aiding many men and women to brighter, happier, more successful and prosperous lives. It is extensively purchased by teachers, lecturers, leaders of study clubs and others. While intrinsically worth dollars, a copy will be sent for 10 cents and the name of someone interested.

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Today, I am in perfect health. Took off glasses years ago, own a farm of 267 acres, modern one, too. I have good furniture, piano, car, some fine stock, radio and have raised a boy any mother could be proud to call her son."—M. M. D., Ore. You may help someone to a similar freedom by passing on your old copies of *Nautilus* to those you know will be interested. If you need additional copies, write us and we will supply them if possible. Or you can buy additional copies at your newsstand.

THE \$25 PRIZE.

Did you, by chance, overlook the \$25 prize offer, published on this page last month? If you did, get out your August *Nautilus* and read the details of the offer. Telepathy is being seriously investigated, by scientific methods, in one of our leading colleges and already the results point to Telepathy as a fact in nature, a phenomenon which follows certain natural laws in manifestation, just as in the case of electricity. Those interested in knowing what has already been discovered regarding the laws of Telepathy will find most helpful the little book, "THOUGHT

RADIO AND THOUGHT TRANSFERENCE," by Viola Gertrude Rich, which is advertised on another page of this issue of *Nautilus*.

"TAKING YOUR PLACE IN THE DIVINE PLAN."

Gertrude A. Bradford was recently honored by having conferred upon her the degree of Doctor of Philosophy by The Indiana State College of Science. This is in recognition of her work as a psychologist. We have a splendid new series by Mrs. Bradford which will begin with, "Taking Your Place in the Divine Plan," to appear in November. Other titles to come are: "Why You Are Seemingly Held in Bondage to Your Environment," "Psychoanalysis and Mental Healing," "Psychoanalysis and Your Subconscious Mind." Be sure your subscription is paid ahead, if you want to read these articles.



Coming, Coming, Coming, See October *Nautilus*

Health, Courage and Riches Through Affirmations of Truth. The personal "confession" of a well-known Truth teacher. How she put Truth to "the acid test" and found that it brought results. She closes with some powerful affirmative treatments which proved most effective. An unusual contribution, giving a complete philosophy of healing in a single article.

Linking with Your Hidden Source of Power, by our distinguished Hindu contributor, S. Vaidianathan. "God's love RADIATES" and "God is eternally vibrant within ME" are the foundation truths for beginners in Truth study to keep in mind, says this writer. You will be helped by this contribution, because of the new and unique viewpoint of the writer. He tells in this article "Why Generalized Treatment Fails" and "Why Particularized Treatment Succeeds," illustrating the principle by the case of a young man who was an absolute failure until he found the path to his own subconscious power, as explained in this article.

Healing a Child Born an Epileptic, by Bertha Grierson Cope. Doctors said nothing could be done. He had seizures almost from birth. When he was four years of age his mother asked the aid of a New Thought healer. By using Landone's "Increasing Life" method (which was explained in the August, 1926, *Nautilus*), a complete healing was effected. "Today Lyle is the sturdiest, rosiest cheeked boy one can imagine. No boy in the neighborhood can kick higher, run faster or laugh heartier—he is a REAL boy."



MARION B. SHOEN

What the Shepherd Psalm Means to Me, by Marion B. Shoen. A New Thought interpretation of the 23d Psalm, together with some interesting personal experiences, by the author, in Bible study and practice. How New Thought helped her in the study of the Bible.

Are You Unhappy or "Bothered to Death" About Something? by Ada M. Warwick. She worked in an office. Her fellow workers and also the folks at her boarding place were uncongenial. The boss was cross and ungrateful. And then she found that Love is a great creative power in daily affairs; that its use makes the most beautiful ideals come true. And she found happiness. And she found plenty of all that she needs and desires.

George Stanton Now Knows the Meaning of God's Infinite Abundance, by Brown Landone. How one man found the kingdom in his own soul and as a result was healed of heart trouble and enabled to establish a flourishing business of his own instead of working for others.

How One Spiritual Treatment Healed a Disease of Six Years' Standing, by Stella W. Holmes. Her trouble was diagnosed as a lesion of the hip. The suffering and pain was so intense she could not sleep at night. Just one earnest, heart-felt affirmation treatment completely healed her.

All Coming In October *Nautilus*

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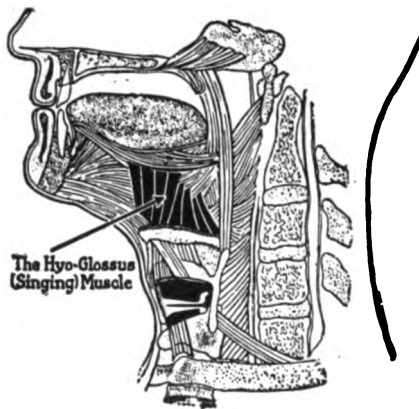
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THE NAUTILUS

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WILLIAM E. TOWNE } The Editors

CHESTER HOLT STRUBLE, Managing Editor

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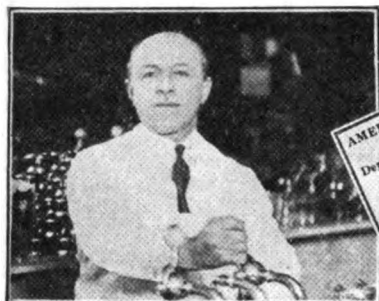
Following is a list of New Thought Centers and Reading Rooms. The letter (M) following indicates that open meetings are held.

- ABERDEEN, Scotland, N. B.**—First Harmony New Thought Center, Joseph Taylor, Secretary, 45 John st.
- ADELAIDE, So. Australia.**—New Thought Society, Mrs. Lillian Nicholls, Darling Bldg., Franklin St.
- ANDERSON, Ind.**—Anderson Truth Center, 421 W. 11th st. Glen M. Tait. (M)
- ATLANTIC CITY, N. J.**—Truth Center, 1113 Boardwalk, Suite 6. Carl W. Hubert, Leader, Reading Room. (M)
- BAKERSFIELD, Cal.**—Studio of Applied Psychology and New Thought Reading Room. Mrs. Frieda Fechtner, Leader, 1809 2nd St. (M)
- BALTIMORE, Md.**—New Thought Center and reading room, 603 N. Paca St. Rev. Grace A. M. Bratcher. (Col.)
—Ida Mae Waters, 609 Cathedral st. (M)
- BELLINGHAM, Wash.**—Metaphysical Library New Thought Center, 314 Champion St. Applied Psychology. (M)
- BOSTON, Mass.**—Mrs. Mary E. T. Chapin, 158 Newbury st. Mid-week meeting. (M)
—The Metaphysical Club, 234 Boylston st., Fri. 3 p. m., Sun. 11 a. m. and 8 p. m. (M)
- BOURNEMOUTH, England.**—Mrs. Helen Rhodes-Wallace, Leader, 7 Cecil Hill, Queen's Park. (M)
- BRIDGEPORT, Conn.**—The Unity Psychology Club, 446 Bridgefield Ave. Miss M. L. Munich, Sec.
- BROOKLYN, N. Y.**—Radiant Center, 950 Greene Avenue, Mrs. T. Shondy, Leader. (M)
—Anna A. Preiss, School of Practical Psychology—41 Downing St.
- BUFFALO, N. Y.**—League for the Larger Life, 152 Elmwood av. Meetings Wed. & Sun. 8 p. m. Lending Library.
- CEDAR FALLS, Ia.**—Business Women's Class. Mrs. Chas. H. Bailey, Leader, 1113 Walnut St. (M)
- CENTRALIA, Ore.**—Metaphysical Library and Reading Room. 200½ E. Broadway, R. 6 (upstairs).
- CINCINNATI, Ohio.**—New Thought Temple of, McMillan at Grandview Ave., Dr. Harry Granison Hill, Leader
—Cincinnati Unity Center, Frederick Elias Andrews. Burnett House, 309 Vine. Daily 12 and 2. (M)
—New Thought Universal Truth Center, 11 W. McMicken Ave. near Vine st. Leader, Wilhelmina Bickett.
- CHICAGO, Ill.**—First Unity Society of Practical Christianity, 159 N. State St.
—Mr. H. W. Tiers, 224 South Michigan Ave.
—Seekers of Truth, R. E. Hamann, Sec'ry., 7008 N. Clark St. (M)
- CLEBURNE, Tex.**—Cleburne Truth Center, Mrs. Olive Routson, Leader.
- CLEVELAND, Ohio.**—The First Church of Divine Science of Cleveland, Ohio, 337 Truman Bldg., 1030 Euclid Ave.
- COLLISON, Ill.**—Truth Center. Mrs. Mary Fritz.
- COLORADO SPRINGS, Colo.**—Home of Truth, Suite 217, De Graf Bldg. Peter Kontek, Leader.
- COLUMBUS, Ohio.**—Universal Truth Center, Room 609, 55 E. State St., Virginia S. Jones, Leader. (M)
- DALLAS, Tex.**—Unity Self Help Circle, 1631 Pine St. Mrs. George W. Keeley, Secretary. (M)
—Joseph H. Hladon Center, 4055 Tuttle ave.
- DAVENPORT, Iowa.**—Davenport School of Divine Science, Rev. John Doerscher, D.D.S., Principal, McCullough Bldg.
- DAYTON, Ohio.**—Metaphysical Center and Book Shop. Dr. W. V. Nicum, Leader, 302-309 Lowe Bldg.
- DENVER, Colo.**—The Colorado College of Divine Science, 1819 E. 14th Ave. Rev. Nona L. Brooks, Pres. (M)
—Emma Lee, School of Spiritual Science, 701 27th st. (M)
- DES MOINES, Iowa.**—Nautilus New Thought Center, Miss Juanita M. Meyer, 409 Brown Hotel, 5:30 to 8:00 evenings.
- DETROIT, Mich.**—Inspirational Center and Health Studio, 4134 Mitchell St. Mrs. C. M. Olmstead, Leader.
- INDIANAPOLIS, Ind.**—Unity Truth Center, 417 Kresge Building Muriel G. Powell, Leader. (M)
- JACKSONVILLE, Fla.**—Unity Center, Seneca Hotel, Lois M. Albertson. (M)
- KANSAS CITY, Mo.**—Bondurant's Nautilus Center, 5745 Prospect St.
- LAS VEGAS, Nev.**—The Book Room, Mrs. Hazel Hefner, 210 S. 2nd St.
- LONDON, England.**—Mr. Charles Wase (Pres. Brit. Sec. I. N. T. A.) The Studios, Cheniston Gardens, W. 8.
—The Rally Road, 28 Denmark St., W. C. 2.
- LONG BEACH, Calif.**—Unity Metaphysical Center, 121 Chestnut Ave. Eva A. Russell, Leader. (M)
- LOS ANGELES, Calif.**—The Brotherhood of Light, 818 Union League Bldg. (M)
—Divine Science Fellowship, Walter W. Raymond, Leader, 421 South Broadway
—The Higher Thought Center, W. Frederic Keeler, Leader, 301-304 Broadway, Arcade Bldg., 542 South Broadway. (M)
—Unity Truth Center, 432-35 Music Aris Bldg., 233 So Broadway, Mrs. Catherine F. Taylor, Leader
- MELBOURNE, Australia.**—The Melbourne New Thought Centre, 515 Little Collins St. 6th Floor, McEwan House
- MEXICO CITY.**—"Libreria Orientalista" Tacuba 53. Mr. Luis Leal Sociedad Teosofica, Trucucua 88. (M)
- MIAMI, Fla.**—Truth Seeker's Home, Flora Noble, Leader, 152 N. E. 20 Terrace. (M)
- MIDDLEBURY, Vt.**—Nellie M. Forbes, Case St. Reading Room.
- MILWAUKEE, Wis.**—First Unity Center of Milwaukee, 100 Oneida st. (M)
- MINNEAPOLIS, Minn.**—The New Life Fraternity, Dr. Amelia A. Randall, 2744 4th av., south. (M)
- MONTREAL, Canada.**—Divine Psychology Center, Leader, Mrs. Evelyn LeMoyné Bruneau, 3544 Park av. (M)
- NEVADA, Mo.**—Weinher School and Sanitarium, 206 South Ash st. Free Library. (M)
- NEWARK, N. J.**—Roseville Truth Center, 97 S. 10th St. Mrs. M. Virginia Stringer, Thursday 8 p. m. (M)
—Truth Society, 435 Fourth Ave., near Roseville Ave. Thursdays and Sundays, 3 p. m. (M)
- NEW YORK CITY.**—Applied Psychology Association, Anna C. Nolle, speaker. Sunday mornings at 11. Guild Hall in Steinway Bldg., 113 W. 57th St. (M)
—Mrs. Mary E. T. Chapin, Hotel Commodore. Sun. Service. Commodore Ballroom 11.15. (M) Interviews and Classes.
—The Goodyear Metaphysical Book Shop, Inc., Suite 719-22, 500 Fifth Ave. (at 42nd St.) (M)
—Sears Philosophy Library, 828 Seventh Av. (near 54th St.)
—Unity Society of Scientific Christianity, 37 West 39th St. Rooms 302-305. Dr. Richard Lynch, Leader. (M)
- NO. WINDHAM, Maine.**—World's Helpers of Humanity
- OAKLAND, Cal.**—Metaphysical Library, Odd Fellows' Bldg., 11th near Franklin St. (M)
—Truth Center, 1450 B. Alice St. Mrs. Letitia A. Andrews
—Fruitvale Truth Center, 2021 24th Ave. Anna A. Goss, Leader
—Star Book Shop, 129 Broadway.
- PHILADELPHIA, Pa.**—Unity Center of Truth, Unity Bldg., 236 So 13th st.
- PIEDMONT, Cal.**—California College of Divine Science. Rev. Ida B. Elliott, Pres. 45 Jerome ave.
- PORTLAND, Me.**—Miss Elinor S. Moody, 42 Deering St. Reading classes and library.
- PORTLAND, Ore.**—Metaphysical Library, 212 Central Bldg., 10th and Adler. Nettie Taylor Kloh. (M)
- PROVIDENCE, R. I.**—New Thought Center, 72 Weybosset st. Room 307. (M)
—Truth Center, 352 No. 3rd Street, West. Leader, Mrs. C. A. Snyder, hours, 1 to 3 daily.
- SALINA, Kan.**—Radiant Truth Center, 706 Prescott St. Mrs. W. T. Drake, Leader.
- SALT LAKE CITY, Utah.**—352 North 3rd west Leader, Mrs. C. A. Snyder. Hours, 1 to 3.
- SACRAMENTO, Calif.**—Unity Center, 212 Hagelstein Bldg. Daily and evening meetings.
- SAN DIEGO, Calif.**—Samuel Walker Sloan, 814 Watts Bldg. Mental Readjustments. (M)
—House of Blessing, Bible Biology, 2109 2d st. Myra Frenyear Wiseman and John Wiseman (M)
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—Olivia Kingsland, 1622 Sutter st. (M)
—Metaphysical Studio, class and individual instruction. Rev. Geo. C. Golden, 68 Post st.
- SEBASTOPOLE, Cal.**—Unity Truth Center, Palmknolls, Petaluma Ave. Mattie M. Robinson. (M)
- SANTA BARBARA, Cal.**—Truth Center, 227 E. Arrelago. Harriet B. Coolidge, Leader. (M)
- SANTA CRUZ, Cal.**—Metaphysical Library and Reading Room. Mrs. D. Brenhill, 51 Church st. (M)
- SANTA MONICA, Cal.**—The Truth Seeker's Center, 1317 Ocean Av. Dr. and Mrs. G. D. Wilcoxen, leaders. (M)
- SASKATOON, Canada.**—Saskatoon Center, 338 Avenue "I" North. Edith Scardfield, Leader. (M)
- SEATTLE, Wash.**—Raymer's Old Book Store, 1330 First Ave. (M)
—New Thought Center of Direct Self-Help, Lightbearer's Hall, 1518 Second Ave., Ilse Tierney, Leader.
- SPOKANE, Wash.**—Metaphysical Library, 308 Norfolk Bldg. Free Reading Room. (M)
- SPRINGFIELD, Ill.**—The Lawrence Centre of Constructive Thought Library and Bookshop, 327 East Lawrence Ave.
- SPRINGFIELD, Mass.**—Unity Center of New Thought, 21 Besse Place. Rooms 214-215. Mrs. Mary Dunn, Pres. (M)
- ST. PAUL, Minn.**—Unity Truth Center, Mrs. A. C. Marcus, Sec., 446 A. Wabasha st.
- ST. LOUIS, Mo.**—New Thought League Headquarters, 509 North Newstead ave. Phone Delmar 1936. (M)
—North Side Society of Practical Christianity, 4003-08 Gane ave. Chas. Schlag, Pastor (M)
—St. Louis Truth Center, 4030 Lindell Blvd. Rev. Emil C. Hartmann, Leader. (M)
—Laura C. Pinckard's Center, 401 North Taylor Ave. Services Wed 8 p. m. and Sun. 11 a. m. and 4.30 p. m.
- SYRACUSE, N. Y.**—Miss Katherine Carter, Reading Room, No. 2, 155 East Onondaga st. (M)
- TULSA, Okla.**—Unity Reading Room, Haver Bldg., Rooms 310-311, So. Main St., Mrs. Harry White, Leader. (M)
- WALTHAM, Mass.**—Waltham Truth Center, Katherine Powers Stetson, Leader, 36 Spruce St. (M)
- WASHINGTON, D. C.**—Metaphysical Library, 1628 K St., N. W. Universal.
- WORCESTER, Mass.**—Worcester Metaphysical New Thought Center, 316 Day Bldg., 306 Main st. (M)
- YERINGTON, Nev.**—Unity New Thought Center. Mrs. C. S. Durand, Box 67. (M)
- YONKERS, N. Y.**—Yonkers New Thought Center, 130 Ashburton av.
- YOUNGSTOWN, Ohio.**—The New Fellowship School of Harmony, 305 Elm st., Mrs. C. H. Fuller, Pres. (M)

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Happiness is unquestionably the supreme goal of every man and woman in the world—whether they acknowledge it or not. The person with money or with social background is not necessarily a happy person. Happiness comes from courageous effort to reach the one thing that means most to you. Therefore, your chances for Happiness depend upon whether or not you "Hitch Your Wagon to a Star", and strive valiantly to reach the heights of your ambition. That "star" is your **PERSONAL SUCCESS**, in whatever field of activity you may elect.

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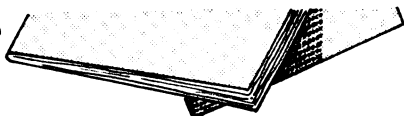
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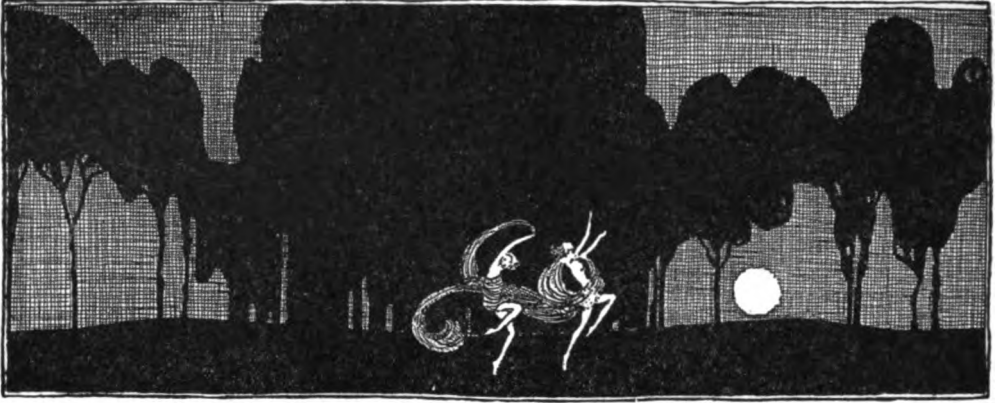
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The Restful Hour

By ROBERT T. TROTTER



GOD, to rest in, made a bower,
 Simple leaf and honeyed flower
 Fragrance mingling with the vine,
 Rootlets drawing life divine
 From nature's breast;
 And for the rest-----
 Humming birds and bees impassioned,
 From His love He fashioned.

A trinity of these,
 Of honeysuckle, birds and bees
 God made into a bower;
 And then He made the restful hour.



NAUTILUS MAGAZINE

Self-Help Through Self-Knowledge



MONTHLY
\$1.00 a Year

SEPTEMBER, 1927

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No. 11

EDITORIALS

by Elizabeth Towne

*"Build thee more stately mansions, oh, my soul,
As the swift seasons roll!
Leave thy low vaulted past!
Let each new temple nobler than the last,
Shut thee from heaven with a dome more vast,
'Til thou at length art free,
Leaving thine outgrown shell by Life's unresting
sea."*

—Holmes' "The Chambered Nautilus."

Jesus Was Led of the Spirit to be Tempted of the Devil.

IN His Model Prayer which Jesus gave to the world, Jesus prayed to the Father: "Lead us not into temptation but deliver us from evil."

In no translation of the Bible have I found any warrant for believing that the Spirit which is the Father does not "lead us into temptation" just as often, and perhaps oftener, than He "delivers us from evil". This morning I happened to begin my reading with Chapter 4 of the Gospel according to Matthew, and the very first paragraph reads like this: "Then was Jesus led up of the Spirit into the wilderness to be tempted of the devil". In the four or five different translations of the Bible which I have used to verify this I find no reason for thinking that Jesus was led up into the wilderness for any other purpose than that of being "tempted of the devil", nor can I find any reason for thinking that Jesus was not *intentionally* "led up of the Spirit" for this very purpose.

I never could get the "well done" of the Spirit within myself when I used the present tense version of that particular part of the Lord's prayer: "Thou leadest us *not* into temptation, but dost deliver us from evil".

And since the very beginning of my illumination in truth, some thirty-five years ago, I have never been able to forget the basic principle of truth, that **ALL IS GOOD**. To *n* this includes the phenomenal world, as well as the spiritual world. It is the phenomenal world which "tries the spirits whether they be of God". And without these outer trials of life we would go on eternally in our errors.

If beautiful results came to us from *all* of our thinking; if we were "delivered from evil", from error, from mistakes, from wrong-ness of the things of the world—if we could be saved from all of the evil and wrong of the world without having experienced the ill results of such evil, how would we ever be cured of our wrong ideas of the world? "All is good", and I find no reason to change my conviction of thirty odd years, that it is the Spirit of God within us which leads us into temptation for the express purpose of curing us of our wrong ideas of ourselves and of other human beings, and of our relations together in God.

Immediately after John had baptized Jesus in the River Jordan, and the voice from heaven had said, "This is my beloved Son, in whom I am well pleased", it is recorded in the first verse of Chapter IV of the Gospel according to Matthew that, "Then was Jesus led of the Spirit into the wilderness to be tempted of the devil".

This is a plain statement that it was the SPIRIT that led Jesus into the wilderness for the express purpose of letting Him be "tempted of the devil", or evil.

Not even the "nothingness" of evil is outside the rule of the Lord God Almighty, and

EDITORIALS by Elizabeth Towne

it is in the phenomenal outer world that His Law applies, "As ye sow, so shall ye reap".



Could Jesus Have Been an Autocrat?

SO Jesus went up into the wilderness, led by the Spirit of God, and was tempted by the error thoughts that came to him.

When he had fasted forty days and forty nights he was hungry.

And then the tempter suggested to him that he use his great power of God for himself, by commanding that the stones be made into bread.

Jesus remembered his Hebrew scriptural saying that "Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God".

Where is the "mouth of God"? Where was Jesus to get this word of God, upon which Jesus had been living without bread for forty days and nights?

Is not the "mouth of God" in the soul of every man and woman in the world? Of course. "The Kingdom of Heaven is within you", said Jesus, and where should God be if not in His Kingdom of Heaven within Jesus?

From within Himself Jesus had not received the "hunch" that his period of temptation was entirely completed, so He refused to follow the suggestion of the tempter.

Then Jesus was tempted to *PROVE* himself the Son of God, by casting himself off a high pinnacle and trusting that God would save him from destruction.

In all that forty days and forty nights, Jesus had been concentrating upon God, and upon himself as the Son of God. Why not cast himself down from the pinnacle, and let God's angels save him from being dashed to pieces by the fall?

But Jesus remembered in time: it is written again, "Thou shall not tempt the Lord thy God". He refused to tempt or try the truth of God, because there was no natural use to do it—the "mouth of God" within him had not yet spoken the Word of conviction that would come when he had endured to the end of the temptations.

Then the tempter showed him all the kingdoms of the earth, and told Jesus that if

he would only use his infinite powers to *gain control of the earth*, he, the tempter, would make him king over the world.

In other words, the devil or evil said to Jesus, "Why not go out after temporal power? Why not compel folks to obey your will? With this infinite power that is within you, you can make the world over to suit yourself."

Jesus was tempted even as you and I, to *rule other people instead of serving them*.

But again, out of the "mouth of God" within himself came the Word—which Jesus had memorized from his Hebrew scriptures: "Thou shalt worship the Lord thy God, and Him *ONLY* shalt thou serve".

Thus do we see that the "mouth of God" uttered no injunction for Jesus to go forth and rule the world through carnal power, but only to speak forth that Word of God wherever he happened to be and with whomever he associated: No power for HIMSELF, but only opportunities infinite to speak the Word to all mankind.

Then the devil himself got a "hunch" that his little game of tempting Jesus was all up, and it is recorded that he left Jesus and "the angels came and ministered unto Him".

Immediately Jesus went into Galilee and "from that time Jesus began to preach, and to say, repent: for the Kingdom of Heaven is at hand". And Simon called Peter, and Andrew his brother, two fishermen on the sea of Galilee, left their nets and followed Jesus to become "fishers of men". And immediately two other fishermen joined Jesus' little party of apostles: James the son of Zebedee and John his brother.

Soon there were multitudes of people gathering about Jesus on a mountainside, and they sat down and Jesus taught them the Beatitudes and the Sermon on the Mount. Truly the words of that sermon, "They are Spirit and they are Life", as Jesus said.



Little Lessons in Being A Woman Alderman.

THE two preceding editorials I wrote the morning after one of the longest and most exciting sessions of the Holyoke Board of Aldermen. More and more I am finding that our board of twenty-one aldermen is an "infinite little copy" of the House of Representa-

EDITORIALS *by Elizabeth Towne*

tives, or the Senate of our Congress, and in all essential principles, of the House of Commons in England. I suspect that all governing bodies are made up in the same way, and all its people subject to the same line of temptations and opportunities for service.

To every individual on every governing board (and everywhere else for that matter), to every one come the same questions, omnipresent, to be answered in every situation that arises. Namely:

1. What can I *get* for myself, out of this situation?
2. What advantage can I *get* for my group, for the pals I am working with?
3. What can I *get* for my friends who financed my campaign, or who influenced others to vote for me?
4. Out of this situation, what can I *get* that will be to the best advantage of the entire city?

All members on an aldermanic board have **EQUAL POWER**, and that power is the vote-power.

All members have equal rights in the use of their voice-power, but there is no such thing as equality of expression in voice-power: no two persons on a board, or anywhere else in the world, can possibly express the same thing in the same way, or use the same amount of time to the same advantage in whatever purpose he may be speaking for.

With a presiding officer who means to give fair play to everybody, there is practically unlimited opportunity and equal opportunity for expression of facts. Everybody has equal opportunity to express himself, provided he talks to the point and provided no parliamentary tricks are being worked for the suppression of those who differ from the presiding officer.

In our board of 21 aldermen I find everybody human, as well as divine.

RIGHT INTENTION is the mainspring of every man on the board, as well as of the one woman on the board, so far as I can discover.

And all of them are equally human in their liability to err in the heat of argument. I have never found anybody free from human error. Have you?

On our board of aldermen everybody makes mistakes at times. Once in a while he

apologizes and corrects his mistakes. More often his mistake is corrected by the Board itself. Every time there is a little excess of "proud spirit" shown, a little fall follows. Natural human law in the political world, you see.

Every member of that board has twenty teachers up and coming, and mighty vigilant to correct his errors! Not to mention the Teacher Within himself—the Word proceeding out of the "mouth of God" within him. And some of these members of the Board of Aldermen have been serving for eight or ten or a dozen years or so: they are apt teachers, believe me!

After six months' association with the Board of Aldermen of Holyoke I am convinced that it is made up of twenty perfectly good men, with right intentions, and one woman ditto, and that each and every one of them is doing the best he knows how under the conditions of his life and service. And what I know from experience about this particular board of aldermen I believe to be also true of every other legislative body.

Previously I thought quite otherwise: I looked upon the board of aldermen from the outside, I listened to the rumors that were rife among other people who looked upon the board of aldermen from the outside, and I now find that jointly and severally we judged unright judgment of those men, individually and collectively.

I am now learning from the inside. Jesus told us not to judge things from the outside, but to get inside where we all are one, and to judge righteous judgment. This is not only applicable to our judgment of individuals, but of groups also.

Our board of aldermen is a mixing pot of ideas, where the dross is turned into froth and blown off the top, leaving the residuum, the pure gold of right action by vote-power.

On our board twenty-one individuals meet together as equals trying to find a **POINT OF AGREEMENT** on every question; a multi-cell of government, in which twenty-

(Continued on Page 42.)



affirms the
UNITED NATIONS
of the **WORLD**



Put Rhythm Into Your Thinking

By CHESTER H. STRUBLE



IT IS no accident that we love the rhythm of music, and are driven to distraction by discordant noises. When rhythm prevails in the home, in business and in nations, the world is a "bit of all right."

You can no more do your best thinking at irregular intervals than you can your breathing. Regularity is rhythm, rhythm is ease of operation, ease of operation is efficiency, and efficiency gets results in thinking or machinery.

Also it is no accident that most of us sleep at the same time, work at the same time, and eat at the same time. Those who do not observe this rhythm generally suffer, for they have lost command of themselves, life has become a series of shocks instead of a rhythmic beat and they live in a hell of discord.

You are not obliged to do creative thinking to exist, but if you want to LIVE or to get somewhere try Thinking to a Purpose at regular hours six days a week.



How a Physician was Healed of a Cancerous Growth

By Mizanna Wolff

"If Ye Ask Anything in My Name I Will Do It," John, 14: 14

DOCTOR —— is not only known as a chronic blood disease specialist, but his sanitarium is especially noted for the many cancerous patients that he has cured (without operation).

After an active practice lasting for over 25 years, the doctor left the sanitarium in the hands of a staff of physicians and went to Europe, only to return at the end of a few weeks a decidedly changed man. He looked ill and worried, sick in mind and body.

One morning, shortly after his return, he called me on the telephone and asked for an appointment. When he came I noticed a sore spot that he had on one of his cheeks was much larger and looked much worse than it did when he left to go abroad.

After a few words of greeting he asked me quite abruptly, "Do you believe that one's mind can create a disease?"

I answered that I did.

He then said, "I am a hard-boiled old scamp and you needn't be afraid you will frighten me by being frank. Now tell me, do you honestly believe any one, say myself, for instance—do you believe that through my constantly associating with and treating diseases as I do I could by any chance create a like condition in myself?"

I told him, "No, not if you lived within the law of God love, and acknowledged Him in all your ways and trusted to His divine love to keep you well and free. Otherwise, yes."

Again he questioned, "Can you cure cancer?"

I answered, "No, I cannot. But GOD CAN."

He then said, "Well, I am going to give God the job, for everyone else has failed and I have failed myself. I have cured others by the hundreds, but I have fallen down flat on myself. You see, my father had a cancer almost in the same place on his cheek, and I was always afraid that this was one, too."

He then told me that he had been treating himself for cancer for over two years, and that he had consulted four different cancer specialists and that they had told him he would have to be operated on, and that at once, as it was a spider cancer and that it had already reached a dangerous stage. Then he added, "I don't like to submit to an operation after I have cured so many people without it myself, so I went to Europe in the hope of getting help away from home, and they told me the same thing that I was told here, and I know that they are telling me the truth. For if my medicine doesn't cure, there is only one sure cure, and that is an operation, and that isn't always a success either. I have given up all hope, unless you can do something for me."

"Well," I said "GOD CAN AND WILL HEAL YOU, but you must do your part. The first step toward your desire is to ask God to forgive you all your transgressions." (I always tell every one that comes to me for help that it is very essential to ask God's forgiveness; also to ask everybody to forgive them for anything that they may have said or done to cause sorrow or pain. For I think for best results we should have only good will and fellowship for all creation when we go to the Father for help. So I told the doctor to do the same thing.) I also told him to ask God to heal him and then claim the healing by using the following statement every time he thought of the matter:

Statement

I thank thee, Father, that in thy loving presence there is no obstacle so great or complicated but that it can be dissolved forever, and I thank thee that thou hast erased all traces of sickness and blemish from my life and affairs, and that I am one with thee and that I am perfectly well now.

I told him whenever he thought of himself to always mentally see himself well and with a healthy glow on his face and a smooth, perfect skin free from blot or blemish, and to always THANK GOD FOR HIS COMPLETE HEALING. Also for him never to talk about it other than in HEALING terms.

He told me later that, after the first treatment he had not suffered any to speak of; that before that his suffering was quite intense, so that at night, to enable him to get his rest, he was compelled to take an opiate, but he hadn't taken any more after the first week of treatment, for he had been able to get his rest without doing so.

After about ten days he noticed that his cheek began to have a better and more natural color, and that every day he could see and feel, "GOD'S HEALING POWER DOING THE HEALING."

It took about four months for his complete recovery, and about one year for all trace of

the scar to leave. When I last met him he looked at least ten years younger, and his face was smooth and clear, without a blemish, and glowed with radiant health and happiness.

I was delighted and said, "You look so well, thank God."

"Yes, thank God," he repeated. He then told me that he used the statement along with his medicine all the time now and that he had never had one failure. "Of course," he added, "I know that it isn't the statement that does the work, and I give God all the praise. But somehow, I become so exalted and sure of myself when I realize that, 'I AND THE FATHER ARE ONE,' and as I am using it I feel that GOD IS REALLY DOING THE HEALING RIGHT THEN! And I tell my patients that it is GOD THAT IS HEALING THEM, as I know he is. Some day I am going to quit using my remedies entirely and just trust God for all."

And again I thanked God.

What was the Trouble With Mrs. Loter, the Healer?

By Brown Landone

The Mistaken Thought that Often Causes Poverty

I HAD known of Mrs. Loter for some time. Many people whom she had helped to health and to prosperity had told me that she was a wonderful woman. Others had written me that she was a remarkable practitioner. And from mutual friends, I knew that she had been a healer and teacher for seventeen years.

So at first, I was a little surprised when she wrote me asking me to "treat" her to overcome frailty of body and lack of strength. She wrote, "I have *no* lack of energy of mind—my mind is always active, seemingly too active at times . . . I never tire when doing mental work . . . but, I suffer from lack of physical strength because my body is so frail,

and so sensitive . . . I have always been delicate . . . and spiritually I am very sensitive to conditions and people—in fact, I am so sensitive to other people that often I have to leave meetings to get away from those whose vibrations are lower than mine.

"Of course, I don't want a milkmaid's body—in fact, *a robust body is distasteful to me—almost disgusting! There is something so unspiritual about it. It is TOO material.*"

(Please remember the italicized sentences above. They are the clue to the *cause of poverty*, as well as the key to the cause of her weakness and frailty.)

"Although I do not want a robust body, I do want one which is spiritually strong

enough to do the work I wish to do. So please tell me what I need of your work, and what the cost will be."

In reply, I wrote telling what she would need; and I asked Mr. Brainerd to write her—in accord with her request—about the cost of the work.

Five days later, we received an answer, a part of which read something like this: "I am very disappointed in you, Mr. Landone! Why, Oh why, did Mr. Brainerd write me about the *cost* of the work? I do not wish to think of the money side of it at all! *I NEVER DO! I do not have to*, for God is the source of all my abundance! I'll willingly pay, although the price is more than I expected. But, please don't mention the cost again. *It lowers my consciousness of spirituality!*"

Since I knew what a wonderful woman Mrs. Loter was, I started the work to help her gain vitality of body—but I did *not* answer the part of her letter about costs and disappointment—for it gave me a "spiritual hunch" that *if* I kept still, she would soon make another confession—a confession regarding her finances—which would reveal more of the cause of her bodily troubles.

Then, two weeks later, I received a letter containing these lines: "Not only do I think that your prices are *too high*, but I feel that you are especially unappreciative of the work I do for others—you should reduce your prices for me, because I am also a healer. If you are going to charge me for your help, I do not want any more of it. It will lower my spiritual consciousness if I feel that I am paying for such help. God is *my* source of supply. He should be *yours*. Why do you need to charge for your work?"

There were four more pages of such thought—and then her letter again recited the conditions of her body—its frailty, and sensitiveness.

And then—Oh consistency—three weeks later she wrote, "I *do* want your help and all your courses; *but, I can't afford to pay for them*, because—although I have a very large practice—always helping people—they are not very grateful, and do not pay me what they ought to pay. They seem to want to get something for nothing.

"And, you can understand that I cannot try to demonstrate abundance for myself—I *cannot even treat myself for prosperity, because—don't you see—that would be working for money for myself—and that would*

lower my spiritual vibrations! So, please treat my patients to make them pay me what they owe me, and then I'll be able to take your work to strengthen my body."

(Please remember also the italicized sentence above; it indicates the cause of her lack of abundance; and it is the *same* cause as that which made her dislike a robust body.)

In spite of what Mrs. Loter wrote, I knew that she was a very wonderful woman, very earnest, very prayerful, and very sincere! I *knew* that she *was* sincere in spite of the inconsistencies in her letters. I knew that she did not even recognize those inconsistencies because there was a hidden cause deep in her subconscious—a cause quite unknown to her conscious mind. Moreover, I recognized that she had been in Truth so long, that it would be necessary *to shock* her conscious mind before she would recognize the Great Truth her soul was trying to make her see.

And so, when she again wrote asking, "What is the cause of my lack of strength? Why am I so frail after seventeen years of Truth?" I replied:

"There is but *one* cause of your lack of bodily strength and lack of abundance. It is one and the same cause! *It's your spiritual conceit!*"

Then, I received a telegram, saying, "Please discontinue your work for me. I do not need your opinion of my spirituality. For seventeen years, I have recognized that my being is perfect in the Divinity of God's *BEING*. I shall continue such recognition, and it will make me well and strong and successful without your help. Your insinuation that I am spiritually conceited shows how little spiritual conception you have!"

Upon receipt of that telegram, I smiled, and said to myself, "The spirit is working!" I was so certain of it, that I paid no attention to that telegram, but continued my letters, trying to explain clearly to her the cause of her frail body and the cause of her lack of abundance.

Then, a month later, Mr. Brainerd one day received another telegram, "Please ask Mr. Landone to give me a conference as soon as possible."

The date was arranged and a week later, in the midst of a downpouring rain, she appeared—a wonderfully sweet faced woman with luminous eyes; but a body—thin, frail and evidently weak.

Her first words were, "Now, confess, Brown

Landone, that I have *no* spiritual conceit to overcome."

"My dear soul," I replied, "let your own soul decide that by answering three questions:

"First, after God had thought of creating light, *why* did He say, 'Let there be light?' And, after He had thought of dry land, *why* did He say, 'Let the dry land appear?'"

She hesitated a moment, and then said, "To demonstrate His divine creativeness."

"Yes," I replied, "but let us use the word *manifest* instead of the word 'demonstrate.' It will make your thought clearer, for really God did not need to prove (demonstrate) to Himself that He could create. What He wanted to do was to *manifest* His thought.

"Now, *second*,"—I continued—"tell me what you have striven for in your own spiritual development for seventeen years."

There was no hesitation this time, and she at once replied, "*To rise above the material plane of life!*"

"And, *third*," I persisted, "since God's desire in creating the earth was to manifest His thought in actuality—to make His thought of vitality manifest in the power of the lion, the robustness of man, and the solidity of the hills—to make His thought of richness *manifest* in the material gold and silver and precious stones of earth—is not such manifestation a God-like process? And, is not your dislike of a robust body and your fear of treating yourself for riches very un-God-like?"

I did not wait for her to answer, but continued, "You are a very remarkable woman: you have helped hundreds in the past, and are now helping scores every week, but, you are so spiritually conceited that you want to feel that you are a little better than God, Himself. You want to 'rise above' manifestations of spirit, because you mistakenly think that they are 'too material!' Yet, God's joy lies in making His spirit manifest in actuality!

"Moreover, your conceit has made you a miser—you've been miserly keeping your thoughts locked up within you, instead of letting them out into expression and actuality!—and it's worse to be a miser of spirit than to be a miser of dollars!

"For others, you have worked with God; but for yourself, you have worked against

God's great desire and purpose—for His one aim is *to express* His spirit in actuality."

Her eyes had widened; her smile was gone; her face was solemn—and she gasped!

"But, how could the use of Truth for all these years so mislead me?"

"Truth has not mislead you, but *you* have used one half of Truth, and actually disliked the other half. You have so over-emphasized your statement of *being* that you have neglected the Truth of *manifestation*.

"To remedy conditions, start with the personal ideas which you think you most dislike, if applied to yourself—a milkmaid's body, for instance. God is not ashamed of manifesting His vitality and health in such a robust body! Why should you be 'disgusted'—as you once wrote me—with such a manifestation of His vitality? God is not ashamed of manifesting His richness in gold and diamonds! Why should you be ashamed of trying to make your richness of spirit manifest as actual abundance?

"Certainly, *you* do *not* need a milkmaid's body, but you must learn to love such a body. When you stop condemning it as 'too material,' and when you *idealize* it as it is—one phase of *God's* manifestation of health—your own body will no longer be frail and weak.

"You'll not need to 'treat' yourself for money, for when you idealize money as it is—one phase of *God's* manifestation of His spiritual richness—others will pay you richly for the help you give them!"

Slowly the smile came back to her lips—but it was no longer a smile of spiritual self-assurance, it was the radiance of God's spirit in manifestation. And, joy came again to her eyes—the joy of realizing that material manifestation is the fulfillment of the spirit of God expressing itself—the realization that all *is* good as God declared it to be.

Without a word, she arose—walked out of my study, out of the house, and I had no word from her for six months!

But, I was happy for I knew that she knew—and that Spirit was manifesting!

Then, came a beautiful present—costly too, which indicated her attainment of abundance—and a card with these words, "It is accomplished; I am no longer ashamed of any of God's manifestations! God is *my Being*, and I am *His manifestation!*"

(In October NAUTILUS—"George Stanton Now Knows the Meaning of God's Infinite Abundance," by Brown Landone.)

The Mystery and Power of Colors

By Myrtis Hodges

Think of Yourself as a Living Prism and Reveal the Light of God

YOU think that you are a solid body, do you not? You are in the habit of thinking of yourself and your friends as solid. Well, you are not that at all! You are transparent—like a crystal; like a prism. In fact you are a living prism, a three-fold prism of mind, body and soul. Even the X-Ray reveals this truth for by its aid we can look through that which we used to think was solid. But science has taught us that there is no solid, no density at all; we know now that all things are in vibration, the inanimate as well as the animate. Life is Motion, Original Activity, Primal Movement. The student of the metaphysical long ago recognized facts about the so-called physical universe that the material scientists must needs "prove" to be true. Science keeps us in the body, it holds us down to the earth! Otherwise we might soar too high!

Now, you are not a solid body but you are your mind, body and soul as a whole. *You are a living light*, and your body is the prism which reveals that light. All the colors that compose that light are all around you, scintillating and showing just what are your feelings and emotions, even your thoughts! You are also a living prism and the LIGHT is revealed through you. The prism is to reveal what the LIGHT is. There would be no universe if there were no LIGHT for LIGHT is LIFE and Life is Spirit-God.

What We Are Learning About Light Waves.

Dr. Robert A. Milikan, of the Norman Bridge Laboratory of Physics (Pasadena, California), is working on light waves and their power to penetrate matter. He and other scientists along this line have discovered radio-activity, the corpuscular theory of radiant energy and the inter-controvertibility of matter and light, (for there is no matter where there is no light). So we metaphysicians are discovering that we can "turn on" the LIGHT and heal! In fact, we have been succeeding and proceeding along this line for

some years now. We all agree that the LIGHT does the healing but we humbly recognize that the medium, the LIVING PRISM, is needed to reveal the LIGHT. The LIGHT breaks through the living prism and reveals the colors and the colors are a proof that the Light is and What it is! Every living being is revealing the Presence of the LIGHT. (Spirit-God.)

Most of us see or feel the colors around a person by that person's vibrations of thought, emotion or feeling on the physical, mental or spiritual planes. Just as the rays of the scientists have always been, so the colors are about us, even though everyone does not see or feel them. But with a little patience, and with an open mind for investigation and the proof, you also can see the colors about yourself as well as others.

Colors As An Aid To Health.

These colors are a most valuable aid in functioning to the most perfect health and strength of mind and body. The colors show your state of mind and body. So, by the use of the colors, we can bring about the state of mind and body desired, by the conscious use of the thought and the color that corresponds to it. The colors are here just as the rays have always been here, but you have not been in the habit of thinking along those lines or observing the phenomena; you have not been in the habit of recognizing that which has always been!

The first step in seeing the colors is to think of yourself as a living prism. Throw away the old conception that you are a solid body and that things are solid about you, for science has proved the reverse. Change the idea and the thought and get a new idea of the truth of your being and put that new idea into a new form of thought. Consider yourself as living prism. Think on this idea: "I am a living prism." What is the use of the prism? To reveal what the LIGHT is. "I am to reveal that which the Light is."

What is light? We know that it is Power, Energy, Life. Without LIGHT there would be no LIFE. The scientists think of the light as filling all space, penetrating and interpenetrating all things, no matter how hard and dense they may seem. Consider for a moment the gamma rays of radium. They are so powerful that they penetrate matter, passing through a block of steel three feet thick or a block of lead six feet thick. Wonderful? Yes, but how much more wonderful the **WHOLE LIGHT IS!** The gamma ray is just one little ray and you and I are concerned with the **WHOLENESS** or all of the rays combined—more than the scientists have yet discovered. There are many scientists in the world today, however, who are concerning themselves with the greater conception of these rays of light.

The Living Prism is the means through which the whole LIGHT functions. "The light shines through me to bless, to cheer and to heal." What a marvelous privilege we have! "Great, Eternal LIGHT of the Universe, reveal Thyself through me that I may reveal Thy Light in health and strength, in love and wisdom and power."

Jesus Was The Light.

Jesus knew that he was the LIGHT Itself. He knew that he came to reveal that Light to all men. He knew that the LIGHT healed and blessed and cheered. Now, when he did not see the Light and feel the Presence, he withdrew for quiet that he might renew his consciousness, the Presence of the LIGHT that was the Light of all men. And so he told us, "Go into thy closet and close the door and pray to the Father thus." The next time that you pray to the Father, look at yourself as a prism and brighten that prism up so that the Light can shine through you and reveal the most beautiful shades, the most exquisite tints of all the lovely colors contained in the Light itself. Your only purpose is to reveal God. The purpose of creation is to reveal God, to make God manifest! "I am that which reveals God, the Light itself. I am a Living Prism."

As we speak these words and dwell upon this idea, how can we be sick and downcast? As one lives in this consciousness, more and more will the Light be revealed through him until finally you will be healed of all disease and disorder for the LIGHT is POWER. It

is the PRESENCE that is Omnipotent and Omniscient.

How Colors Can Help You.

As a daily and very practical help, I suggest the use of colors. Learn to change your mind by the use of colors. We know that a change of dress brightens us up and actually freshens us up mentally as well as physically, so when you have a case of "blues" put on something bright and cheerful,—a gay crimson scarf with a dash of yellow in it will scare away the blues! Go into the garden, if you are so fortunate as to live where flowers grow and pick some poppies or a bunch of roses or a flaming poinsettia—"just for love." Why, just the mere thought sets my heart to singing and my mind's eye sees the glorious country with its beauty and its wide expanses. And yet, some may be blue in the country! And some may find solace and cheer in the heart of the great city! We all find just what we are seeking if we seek! You can sit down in your room and have the blues "fit to beat the band" or you can refuse that which is not like God and **BE A LIVING PRISM** (which is what you are anyway!) and reveal the light that is **HERE**. Show it in pink for love; red for life; green for inspiration and blue for intelligence. Then there is the vibrant, golden yellow for wisdom and violet for spirituality, while orange will give you insight and quicken the result for you. Try to be—

THE CHEERFUL CHERUB.

Some gorgeous color when I'm sad
Can usually dispel my gloom.
A blue bowl filled with oranges
Is just like music in a room.

—R. McCann.

The blue bowl will bring you harmony but you need something besides blue in your room or you will "get the blues"! The oranges would not be nearly so active and so cleansing to the mind as well as to the body were they any other color than orange!

Nature knows for Nature is God at work. All Nature is revealing God in color, in form and in sound. And so are you! If your day seems drab and dreary, you can change the drab and dreary into the most beautiful rosy tints of love and joy and happiness. Polish up yourself—your prism—and let the LIGHT of Good shine through. The objective use of the colors will help you to react for they are

a stimulus to the nerves through sight and feeling and although you may not be aware of it, those colors are singing out their sound to you, and they will lift you up on their

waves of beauty and wisdom, of love and power, of health and strength for the colors are the means through which the Great Spirit of the Universe is made manifest.

("Are You Unhappy or 'Bothered to Death' About Something?")—See October NAUTILUS for this helpful article.)

Are You Lonely?

By W. G. Truman

Anyone Can Have All the Loyal Friends They Want

THERE are few beliefs, to my mind, more pitiful than that of lonesomeness and lack of friends and love. How I wish everyone could realize that this is probably as easy, or easier, than most unfortunate beliefs to overcome, and the reward comes so amazingly quick for the slight effort needed. Stop and consider: You know homely people who are under this spell, and beautiful ones, thin and fat, blonde and brunette, short and tall, entertaining and quiet, independent and dependent, and so on indefinitely, proving at a glance that it is not due to characteristics or types. *Anyone* at *any* age can, in an incredibly short time, have all the loving, loyal friends they want, and it is so simple.

There are two main avenues of approach: 1. Gaining the right mental attitude. 2. Giving out that which we desire to receive.

We will take the mental attitude first. Close your eyes and silently affirm, "Love is flowing through every inch of my being, longing to be expressed." Then rest quietly, giving this love which you have so long been repressing the chance to really flow through your entire being. Feel it flowing through every part of your body. Hold out your hands, palms upward, allowing it to flow out unrepressed. I know no other remedy that so speedily and completely rids the mind and body of all sluggishness, disagreeableness, sensitiveness as this, for the clean, clear, wholesome stream of God's pure love, cannot flow through any part of the body without thoroughly and forcefully sweeping away the useless waste matter and cleansing and purifying as it goes, filling you with a wonderful sense of peace, poise, vitality, love.

As you feel it flowing through you, say, "Peace," "Poise," "Vitality," "Love." Say them slowly, realizing, feeling each one. Then rest quietly, not trying to think of anything for a few moments.

Now you are ready for part 2. Expressing that which you desire to receive. Immediately, before the old mind ruts get busy and clutter up all of your housecleaning work, go somewhere where you will meet people, or some person (vary the people as much as possible) always plan the treatment just before starting, for it is *that* you, the *real* you that you are just beginning to find, that people like and want to know better. Don't let yourself stop even for one second to think whether you want to go or not, or whether you like the person or not. Just *go*, and whether they ever liked you before, or whether they ever thought you interesting or not, they will feel this powerful surge of love flowing through you and out to them, and *know* you are interesting and lovable.

If the old ruts make it a bit hard the first few days, make the calls short if you wish, but don't give up. If you cannot get out, call someone up and ask them to stop in and see you. Perhaps there has been something going on that you would like to have them tell you about, or something they could tell you how to do a better way than you are doing it, or ask them in for a cup of tea, anything will do. But try to plan your treatment just before they come. If you think you haven't time, you are not really trying. I know a mother of ten children who is doing washing for three families besides her own who has plenty of time to cheer other people up ever-

day, and she is not a strong, husky woman at that.

If you are sincere, never miss a day, and

("The Healing of Roberta," by Miss Wolff, will appear in the Parents' and Children's Department of October NAUTILUS.)

you will be amazed at the results.—Remember, 1. Gain the right mental attitude. 2. Express that which you desire to receive.

The Sure Key to Your Success

By Gertrude A. Bradford, Ph. D.

ARE YOU where you are because you desire to be there? Are you doing the work you love to do? Are you accomplishing something definitely worth while and are you satisfied with the results? Are you giving the best of your time and energy to further the ideas and schemes of some employer who keeps you as a mere cog in his money-making machine when you should be creating a place for yourself in the world of men? You CAN be doing that which you wish to do and you CAN be that which you wish to be but you can only convince yourself that this statement is true by first acquainting yourself with the Law of Success and then proving its power by putting forth the required effort on the invisible plane.

"Money is GOLD—not success!" Money is the medium of an exchange of commodities in the material world and its visible possession is the direct result of an exchange of ideas in the realm of mind, or the invisible world. Hence, money is only the symbol of success,—it can never be success of itself—but it is a natural and necessary result of success. Its possession and power is in exact ratio to the importance of the idea or ideas which have been exchanged by the principles, individuals, related to the idea or ideas, and its abiding place in the life is determined by the QUALITY of the ideas which have been exchanged.

The Kind of Ideas That Attract Success.

Ideas which contain or embody the elements of benefit only to one or two persons, and are projected or exchanged in the realm of mind by a selfish or destructive motive as the activating quality, will always precipitate into the visible world an uncertain and unstable financial condition. But whenever the

idea or ideas projected or exchanged in the realm of mind contain or embody the elements of benefit to a group or class, or to the race, and the activating motives of those who are principally related to the idea or ideas are constructive, then, and then only, is the financial return secure, satisfying, and permanent.

Therefore, **SUCCESS IS THE CONTINUAL PROCESS OF PROJECTING AND EXCHANGING IDEAS, CONSTRUCTIVE IDEAS, IN THE REALM OF MIND.** Material possessions are the ultimate result of that activity. It is only when an individual realizes the science and truth of this law that he can realize how important a place he has in the Divine Plan.

"Order is Heaven's first law," and everything in the universe operates in an orderly fashion. It is only on the earthly plane, the world of men, that discord or a lack of order manifests, and discord or inharmony is only visible where and when man fails to cooperate with and use God's laws for the advancement of himself and the race.

Projecting Your Ideas For Success.

You can be a successful man or woman only when you project and exchange YOUR IDEAS in the world of mind, and by putting forth a conscious effort to precipitate those ideas into visibility. The visible result is the material evidence by which you are classified in the world of men. Your ideals are what classify you in the invisible realm of mind. And it is only by putting forth a conscious effort to realize your ideals that you take your place in the divine plan by cooperating with God's Law of Perfection. A specific command is: "Seek ye first the Kingdom of God and

His righteousness and all these things shall be added unto you." We are also told that "God is Love."

We know that *God* is the Creator of the entire universe. If that is the truth then it must be equally true that Love, being God, is the Divine or Creative Principle used in the perfecting of mankind and must be constantly expressed in the ideas and ideals projected and exchanged by men. The scientific method of procedure for the realization of an idea or ideal is to seek the Kingdom of Love (God) **IN THE WORLD OF MEN AND THEIR IDEAS**. Constant personal contact with the world of men and the constant exchange of ideas through the constant cultivation of **FRIENDSHIP**, with the spirit of **FELLOWSHIP**, spells success! Your success is ultimately due to the quality and scope of your ideas and to the degree in which you meet and cultivate men and women as friends.

The Law of Realization.

The basic Law of Precipitation or Realization is: Every human being with whom you come in contact becomes a channel of knowledge for the further unfoldment of your ideas or ideals or as an instrument of manifestation or fulfilment for your personal desires providing you establish between you a **FEELING** of friendship or fellowship. Consequently, you must go out of your way to make friends and put forth a conscious effort to meet the public, or the world of men, and exchange ideas with them. As you give ideas out to those with whom you come in contact, you constantly receive new and better ones both from men and the invisible realm of mind. Keeping your ideal of attainment ever before you in your association with the world of men and their ideas brings all the opportunities necessary for the fulfilment of your desire.

Thus, every experience contributes to your success and every effort made by a friend becomes a stepping stone of attainment. You are advertised as a success by **YOUR FRIENDS**, or those who have a friendly **FEELING** toward you, and as a failure by your enemies! If you use the passport of friendship, you will succeed, if you use the passport of hate, you will become a failure—**HATE HATCHES ITS OFFSPRING RIGHT WHERE ITS SPAWN IS CAST**. Your every thought, word, and deed, has a survival

value which is what you cash in on when the final reckoning is made.

How Your Desire Takes On Outer Form.

Your desire is success seeking expression and precipitation into outer form through the development of **YOUR IDEAS, IDEALS, TALENTS, AND ABILITIES**. What God hath joined together, which is man and his ideal, no power in the world of men can put asunder! Love is Omnipotent and is the fulfilling of God's Law, and no condition, circumstance, or person can resist that Law. And friendship embodies Love as well as other constructive qualities. Resolve to make friends and to keep them as such, for remember, that while it is the common lot of all to make enemies, **THE SUCCESSFUL MAN OR WOMAN BECOMES SO BY VIRTUE OF TRANSMUTING EACH ENEMY INTO A FRIEND**. The mediocre man or woman remains so because they do not only make enemies but keep them as such.

How To Get Your Subconscious To Build The Condition You Desire.

Keep ever in mind that you were created to be a leader of men and that "you are victory organized and victory bound." Get a specific vision of that which you wish to do and become and make your mental pictures clear and as nearly perfect as possible, then retain that vision through every experience and circumstance, and this will compel your subconscious mind to build into your life what you desire. Everything will then work together for your good and for the unfoldment of your ideal, and you will become a power among men.

The determination of your subconscious mind **ALWAYS LIES AT YOUR POINT OF INTEREST**. Hence, you should **BE VITALLY INTERESTED** in the world of men and their ideas as well as your own, giving your service and cooperation whenever and wherever opportunity affords, realizing that we only obtain our desires by helping others to obtain theirs. Association in the world of men develops character, talent, and personality, and it pays immeasurably to know this law and apply it constantly.

We find, the world over, people who ruin health of mind and body through their constant opposition to this Divine Law. "Everybody and his brother" talk about "settling

down." And those who do "settle down" condemn those who prefer to be rolling stones, never realizing that the rolling stone acquires a polish that reveals the diamond which would be otherwise hidden by the accumulation of moss.

One who is a rolling stone also gains experience and knowledge in the school of Life, which is analogous to wisdom and understanding. Fixity of life—a settling down—is analogous to disintegration.

Change Is Necessary To Success In Reaching the Goal.

Most people object to change, thinking it interferes with personal success. But the more definite one's purpose is, the oftener does one experience or need to experience change. Sometimes one decides upon a certain goal and tries to make it his own. If one concentrates upon it in an ideal form, things begin to happen. One meets new people, old friends and acquaintances are separated, old possessions pass away, one is seemingly forced into new situations and a rapidly changing environment, unusual experiences are contacted and

trips are taken to places never before seen. And much of the time during this metamorphosis one is disturbed by the conviction of failure. Everything seems to be "going to the dogs" so to speak and one becomes terrified and despondent when, if the Law of Placement were understood, one would KNOW that the new experiences and changes are but the harmonious preparation for new and better conditions. A constructive reaction to these experiences and changes would reveal the hidden opportunities and advantages for the individual. One cannot reach the subconscious mind, arouse its interest and gain its response and expect to go on in the old rut. One's definite desire ALWAYS precipitates definite changes, these changes reacting upon the consciousness in such a manner as to inspire personal improvement as well as improvement of purpose, thereby improving conditions.

And this is all brought about by the projection and exchange of one's own ideas and ideals in the realm of mind and by and through the expression of these ideas or ideals upon the visible plane or the world of men with the spirit of friendship and fellowship.

(Next month look for "Health, Courage and Riches Through Affirmations of Truth"—a personal experience and a "confession" by a well-known teacher—NOT Mr. Landone!)

How to Develop Attention and Concentration Through Control of Your Subconscious Mind

By S. Vaidianathan

THOSE who have studied the nature and power of the subconscious mind in other connections, will feel an unusual degree of interest in going through this paper, since most of the truths enunciated herein are entirely based on the writer's original discoveries and investigations along this line. The truth is that the subconscious mind has very much to do with what I call "voluntary attention." This is evidently what I have learned from my own personal experiences,

after years of patient, practical inquiry into the subject.

Concentration and Voluntary Attention.

What is attention and what is voluntary attention? Evidently the difference lies in this alone: *Attention* is simply the focussing of your mind upon a *particular thing, subject or topic* or event, or it may be anything that can possibly be conceived of.

When the attention is *undivided*, centered

on one thing at a time to the exclusion of all others, you call that process "Concentration." *Concentration signifies only depth and intensity of attention.* Concentration may also mean some *specific purpose underlying* the process involved in it, but it cannot be called "Voluntary Attention." There is evidently very much difference between (1) concentration and voluntary attention, (2) attention and voluntary attention.

Voluntary attention is simply the exercise of your power of volition conjointly with attention; *that is an effort of your will that causes you to look more deeply and scrutinizingly* into the thing or condition which is of special interest and attraction to you. Again the degree of voluntary attention you give to a *particular something or subject* measures the degree of interest you have cultivated in it and determines the limits within which it is attractive to you.

In ordinary concentration, which is more or less automatic or mechanical, not being expressed by *your subliminal self*, the degree of voluntary attention along with interest given to a thing must necessarily be lacking and devoid of sufficient force or intensity. Because then you do not call to your aid the tremendous resources of the subconscious, lying deep,—deep within you. This is the one prime reason for all failures through concentration. At least that is the conclusion I have arrived at through my failures.

Concentration And Interest Linked With Your Subconscious.

From the arguments advanced above you will learn that voluntary attention is simply concentration plus a degree of unusual interest, which your inherent God-self evinces in something to which attention is given; that the keynote of the main process governing the voluntary attention is simply to link up your dynamic God-self with the thing, subject or person in question. If this thought is constantly held in mind with positive self-assurance, then that will directly reach the subliminal area of your mind, vitalizing the resources therein stocked up and bringing to the surface mind all the useful materials within you. These materials coming out of the hidden springs will help you very much in your endeavor to strengthen your attention. *By stimulating your subconscious mind and by charging and recharging your subliminal area as often as possible with the materials of*

thoughts that will be useful to you, you can develop your power of volitional attention. In this way you can even compel your subconscious mind to work out the most difficult and complicated personal problems for you.

Stimulating Your Powers of Attention.

I am just going to explain this method to you as this has proved eminently successful not only in my individual case but also in the instances of some who have put themselves under my training. Before taking you further, I want to tell you one thing, that is, *that most of us always live in the surface mind* and tackle our problems with it and the result is that we are failures in the end. Why? Because when we think out the solutions for our difficult problems from our limited surface conscious-level, ignoring the hidden springs of power in us and without knowing the source from which we are going to get help, then please note that all our endeavors to get at solutions can have only a mere surface value. Our efforts must express the hidden God-selves in us, no matter what our efforts are. To obviate this difficulty, we should first learn to live always in an ideal thought world of our own, feeling our own collective potentiality as infinite and knowing that there are hidden springs of universal God power within everyone of us from which we can draw forth energy as often as we choose. Belief of this kind will lead you to the truth or realization that the human mind is a replica of the universal mind or God-mind. Know that God-mind is working *first* through your subliminal mind and *then* through your surface consciousness. In truth this is an eternal, endless process, which you will very easily understand, providing you take the trouble to inquire into it in the silence when you care to commune with your Creator. By learning to attune your will quietly and always to the universal source of power and by maintaining an attitude of receptivity to the inflow of energy with mental composure, you can centralize all God-energy, God-power and intelligence within you; *and then you can steer this energy through any desired channel for fulfilling any desired purpose with perfect success*, provided of course that purpose is not adverse to the constructive scheme in the universe. Your subconscious mind *is your banker.* Remember this, if you have deposited sufficiently, then you can draw out just as much as you require to meet the contingencies, as

occasions arise. Your subconscious links your whole being with the universal soul, moulding and perfecting your thought life, agreeably to your sense of inner harmony with God as reflected on the outward conditions of life.

The Key To Success In Any Enterprise.

Voluntary attention is developed by (1) creating interest and attraction in the work you do; let your work be anything provided you think that that work you have chosen is not degrading and that it is well worthy of your close attention. Then you can order your subconscious mind to do that work for you and also make your will cooperate with your efforts. This is the way I have learned. When you foresee the possibility of success through any one of your endeavors along a chosen calling or when something assures you that you will succeed through your work, then you may rest assured that the God in you is aiding you. That encouraging feeling which you sometimes experience within yourself in regard to your work and the ultimate success you are going to achieve through its fulfilment *is the voice of the universal God-self, functioning through the subliminal mind.*

This is the Key to Success in any enterprise. If you understand this then there is surely no room for you to doubt your abilities. Failure to know the truth for application to yourself and self-requirements means simply *failure!* "Know the truth and it will set you free," that is, *know the truth in you; know the God-self in you*, throbbing with energy, vitality and knowledge, for in the very process of your knowing *yourself* and your eternal relation to the source of All, the tied-up subconscious energies are released for work; then you attune yourself to the power-dynamo within yourself.

Emotion and Success.

(2) By encouraging your success-emotions through repeated suggestions and affirmations. This is another useful method for releasing your subconscious resources while you are engaged in something. You know that your heritage in the universe is inalienable and eternal. You are simply to get into this state of realization through prayer and repeated affirmations. Such a procedure when turned out into your unconscious habit, will not only transform your whole personality but will also *lift up your surface-consciousness to a stimulating and perpetually rejuvenating thought-*

life. Most of the persons fail through their works because they do not voluntarily create interest and attraction in them. Please note that in proportion to the interest and attraction that you care to create in a particular work, there will be generated in you certain success-emotions or what are called moods. These alone contribute to your success. These success-emotions constitute a phase of *the subliminal mental activity.*

How To Insure That The Subliminal Mind Works For You.

(3) *By correctly appraising the value of your work at all times.* This is another prime requisite for strengthening your voluntary attention. This is essential, please note: You should seek through your self-endeavor to acquire a first-hand knowledge of the work or subject to which you give your entire attention. Let it be in any chosen field. You should avail yourself of all sources for the acquisition of knowledge concerning it. Simply will that you should do that work in which you are interested and of which you want to acquire a thorough practical working knowledge. That is all. The rest will be done by the subliminal mind for you. If there is a strong motive coupled with desire behind whatever you do, then that motive itself will rouse up the sleeping giant in you and cause him to work out all your problems.

But you should supply your subconscious mind with all the available materials for work. Without material it cannot work for you. When materials are adequately supplied, and then if you attune yourself to the Universal God-power, working through you with the receptive mental attitude, then that God-power will release all the subliminal forces, which will carry on the processes of grouping, arranging, rearranging and sifting the materials submitted; and then when the appointed hour comes, all the materials will be presented to the surface consciousness in a workable form. Practically all the details of your work will be worked out by your subconscious mind beforehand.

When you are unable to create the required standard of interest and attraction in your work, then simply give it up. It will be nothing short of folly if you push on with it, with a negative, discouraging attitude. You should not tax your subconscious mind to do that work for you which is not prospective and which, you know, would not benefit you

in any way. But if you know and feel sure that a particular work will be highly profitable to you and that you are best fitted for the same, *then you should not let it go*. It should be done at any cost. You should compel your attention to be centered on it as you go on with it. If you persist in your endeavor at the same time voluntarily creating interest in it, then your subconscious mind will come to aid you marvelously and you will find that what once was very difficult for you to do

will become more and more easy as you gain more and more control over the subconscious mind.

When you are thus able to control first your subconscious mind and then attune your surface consciousness to it, everything will become possible for you. Indeed you should consider that as a significant achievement because it is not only attention alone that you are able to focus on your work but also your very dynamic God-self, which makes success positive.

("LINKING WITH YOUR HIDDEN SOURCE OF POWER" is the next article by this distinguished writer, and will appear in October NAUTILUS.)

Truth Healing for Heart Trouble

By W. L.

ELIZABETH had injured herself when she was 14 by falling when she was playing basketball. And for ten years she suffered with what three different physicians claimed was leaky valves. She could hardly walk two blocks without being completely worn out. And she at times had to stay in bed for weeks. At last, after she had been confined to her bed and porch swing for four months, during which time she had the doctor regularly twice a week without any relief, he told her the only thing that he or any one else could do for her was to keep her as still as possible, as so far there wasn't any cure for leaky valves.

She was sitting propped up in the swing when I called on her. She sat and watched the young folks at tennis and I knew how fond she had been of all kinds of healthful sports. I also watched the youngsters with a pang of regret, for I felt for her. As I sat still not daring to look at her for fear she would read my thoughts, I felt her hand laid on my arm and as I turned to look at her she said, "You are always doing something good for everybody, why don't you help me to get well?"

And for a truth, why hadn't I? So I replied, "Well, Elizabeth my dear, the law of love is 'Ask and ye shall receive.' You should ask God to give you this healing, and you should have asked me to pray for you if you

wished the help. But I will do all I can for you and I will do it gladly right now."

I then told her that we would begin our treatments at once, and I gave her a prayer and a statement, and we started in for success.

I told her I wanted her to first ask God to heal her and then I wanted her to claim the healing, ("IF YE ASK ANYTHING IN MY NAME I WILL DO IT,") by using the following statement:

Statement.

I THANK THEE, MY FATHER, THAT THY DIVINE LOVE DWELLING WITHIN MAKES MY HEART TO PULSATE IN PERFECT HARMONY. IT PULSATES IN STRENGTH, LIFE AND FREEDOM, IT IS FULLY CAPABLE AND WILLING TO DO ITS PERFECT WORK, AND IT IS DOING IT NOW IN LOVE, GOOD WILL, AND IN ACCORDANCE TO THY DIVINE PLAN OF LOVE, PEACE AND CONTENTMENT, AND I AM WHOLE THROUGH AND THROUGH.

We kept up this statement for three weeks, then I called again. Elizabeth met me at the door, and oh, the beautiful, radiant glow that overspread her face. She looked so much better, and the roses had begun to steal back into her cheeks. She clasped me in her arms and said, "Isn't this a surprise for you, to see

me looking so much better? We knew that you would come one of these days and we wanted to surprise you. That's the reason we didn't write you."

I then told her she had made a mistake by not writing me, for to acknowledge the healing would have helped it demonstrate all the sooner.

I met her recently after a lapse of eight

(In October NAUTILUS, see "What the Shepherd Psalm Means to Me," by Marion B. Shoen.)

years, and I was glad that she was still well and happy. She said, "My next case for you will be a reducing statement, as I am getting to be a little stout." But I advised her to be satisfied that she was so well, and to grow fat.

She has never had a return of her trouble and I am sure she never will, for she is living in the "New Way" in Peace, Love and Harmony with everybody and everything.

How a Seemingly Dying Rosebush was Restored to a Healthy Condition by Spiritual Treatment Only

By Pierson Worrall Banning

ONE DAY the writer was asked to walk around to the side of the house to look at a bush that was dying. (The woman who took him around was a healer of his acquaintance, to whom reference was made in a previous article.) It was one of two rose bushes that had been put out some years before, and which had grown nicely until that season.

The other bush was thriving and healthy to all appearances, but this one seemed to be bothered with something, possibly at its roots, that was causing it to droop and its leaves to begin to wilt. The question was asked what to do to keep it alive.

Naturally the writer suggested that spiritual treatment was the best and simplest thing to use for it. The idea had also come to the woman healer in connection with the bush, but she wondered if it would occur to the writer. She said she would begin to treat for its recovery.

The first day came to a close without any apparent change one way or the other with the bush.

Another day passed and the leaves, one at a time, began to dry up and drop off. Several days passed, and still no signs of life seemed in evidence. The remaining leaves began to stand out prominently, because of their fewness.

Then one day, without warning, a small

bud began to show signs of bursting forth. This was followed in a day or so more, by still another and another, until finally a brand new growth evidenced itself in nearly every part of the shrub.

New leaves began to appear in many places, as well as new stems. It was not long before the old bush had an entirely new dress on, and with the exception of a few short stems and twigs, was flourishing as well as the other bush.

No investigation was made to determine whether the roots had been attacked, or what was the possible cause for the slow death that was overtaking the shrub. That of itself is not material in the application of the laws and principles of Divine Mind, for Divine Mind is not interested in man-made conceptions of this or that thing, as man-made ideas are usually wrong as is evidenced all about us in our daily life.

Many persons have had similar success with the treatment of plants. An interesting case is mentioned in Mr. Rawson's magazine that differs somewhat from the above:

"Last summer I purchased a couple of rose bushes. The florist told me they would not bloom for two years. I treated, realizing the only time is the eternal now, and two months later the bushes were in full bloom, to the amazement of everybody."

In the same publication another interesting

case of plant life and treatment is given. That the reader may note the variations that treatment is applicable to with plants, this will give what should inspire many to make use of treatment about their own homes:

"I had six extra fine, healthy tomato vines in which I took great pride. On going to water them one day, I found them all drooping and as black as if they had passed down a chimney, being covered with a mass of sticky black aphids. The Jap gardener said: 'Pull all up; burn all; no good—nothing save them.' A horticulturalist of many years' experience, he being ninety-three years of age, said the same; 'Useless to attempt to save them.'

"Right here I got good and busy and mentally declared, 'It's a lie; God is all there is, and no one idea of God's can possibly destroy another; all is Life, and all is governed by the eternal Principle of harmony and beauty,'—and then forgot them. Being busy I did not go into the garden for two days, when, behold! my tomatoes were as perfect as before, not a trace of aphids was left, and on examining the rose bushes that had also been covered, they were free, and I could not find a trace of aphids anywhere in the garden. It was a beautiful lesson to me."

As unusual, and as unthought of, as the application of treatment may be for some purposes to the average reader and student of Truth, the fact remains that such interesting results are being obtained by so many different workers, that it is never questioned among workers in Truth any more.

Some who are not sufficiently familiar with Truth and its workings may look askance at the claims of this kind. They naturally attempt to satisfy themselves by the statement that coincidence accounts for the strange results. Coincidence is a loophole that has been found convenient for many, when they were unable to explain a thing in its true light, or when they do not have the mental or intellectual understanding sufficient to know the background, and the laws that exist with relation to all things.

Argument seldom gets one anywhere, if each side believes honestly it is right. Therefore, arguments that will be directed to prove some wrong analysis was made of these unusual happenings, and which seem not only to disprove this, but much more, in reality neither prove nor disprove anything for or against *that which is so*.

The writer, who has been a student and investigator of many years' standing in various lines of mental and spiritual work, having witnessed all that he is now presenting, requires no other proof or evidence to show that the results obtained were the action of the Law.

When a demonstration takes place only once, or possibly a time or so under isolated and varied conditions, it may come under what is generally termed coincidence. But when the results are obtained repeatedly, following the application of known or supposed laws that bring about such results, the incidental factor no longer exists.

Those desiring to see somewhat of the thought expressed in the treatment used, will find in the following skeletonized outline, what this woman healer made use of to save the rose bush in her garden:

The Treatment.

"The rose bush cannot die. All is spiritual and has Infinite Life in Mind, in God.

"There is no material bush. Only a perfect idea of God created spiritually and perfect and having eternal life, can exist.

"There is no mortal belief that can cause a bush to die. Mind governs all, and maintains the Infinite Life of its ideas.

"Everything is complete and perfect and governed by God."

For those who may wonder if this healer is a member of the Christian Science organization, the answer is, no; and she has not been an attendant at their meetings or classes or otherwise affiliated with them or their work. Her work differs somewhat from that of practically every other worker. Most workers in time usually develop their own individuality of method and expression of thought in giving treatments.

Like all successful healers this woman has discovered that certain things or ways are better adapted to her type of expression, than they may be to some others. This is why no student should feel absolutely bound by what another may find of the greatest worth to him.

As one advances in the work, he adds or discards things as experience shows him what to do. So with the beginner if he does not find the methods advocated by a given teacher or school, to be best suited to his state of understanding, he should continue his search until he discovers or develops that peculiar thought and expression best suited to him.



Views and Reviews by William E Towne



THAT WHICH WE ARE AND THAT WHICH WE EXPRESS.

WE express only that which we are. But we are (potentially) much more than we express.

A *Nautilus* subscriber writes as follows: "Brown Landone teaches we are all rays of sunshine, radiating from God. It might seem so if every individual was trying to live up to the highest moral standard. But what sort of radiating sunshine is a man who loves to drink and gamble and make intoxicating drinks when it is unlawful? My husband is such a man. I have pleaded with him for years. At times my heart has been burning with anger and resentment."

Our correspondent confuses the Life Principle with the *expression* of that Principle. It is the same Principle in all mankind, but it is directed in many ways by different individuals. Indeed, no two persons give exactly the same expression to the Universal Life that RADIATES through all. One person may obstruct the radiating Life rays in one way, another in an entirely different way. No two individuals are exactly alike, and we should be thankful that this is so instead of treating it as a calamity and continually fighting the fact. There might be some question whether it is any worse for society, in the long run, to make illegal intoxicants (especially if the maker consumes them himself) than to live in constant warfare with one's husband and to make life miserable for both husband and wife. In ending his sermon on the mount, Jesus said: "Judge not, that ye be not judged. For with what judgment ye judge, ye shall be judged; and with what measure ye mete, it shall be measured to you again." When we feel a consuming eagerness to standardize everyone else in accordance with our own life patterns and our own beliefs, we should realize that the desire is quite likely due to the fact that we ourselves are not firmly founded in Truth, and that deep within there is a consciousness of inferior-

ity, or failure, that inspires our desire to standardize others.

It is not Life that is bad, but man's use of Life, the direction he gives to his expression of Life, that leads to "good" or "bad" results. When we use the powers of Life in a primitive, selfish way, the results are "bad". As we become more conscious of the oneness of all Life, and of our relations to society as a whole, we see that the interest of the individual is best served by so living that his actions will not run counter to the best interests of society.

There are none of us so far advanced that we can afford to judge those around us who are still following primitive methods in their shining! Our own methods are probably quite as primitive—though perhaps in different ways. It is up to us to adjust ourselves, where we cannot with reasonable effort convince the other fellow that our methods are better than his.

Each uses the forces of Life *according to his faith*. One man creates a barrel of moonshine; another creates a poem. The man who makes the moonshine has *faith* that it will bring him pleasure or satisfaction, or he would not undergo the labor and risk necessary in its production. So long as he cannot be led to place his faith in other sources of happiness, he must follow his own methods and bear the consequences of his own acts. The only effective way of bringing about a change in his method is by helping him to see that some other method is more desirable, by stimulating his desire to try some other way. Simply to criticize and condemn him for his present method will not change him. It will serve only to set him in his present course.

In other words, to improve his methods you must help him to better express *that which he is*. Criticism and condemnation do not help him to express what he is. They simply keep him from expressing himself. They represent an attempt to reverse the process of Life, to drive back the ray of life and keep it from shining at all.



VIEWS and REVIEWS by WILLIAM E. TOWNE



To create that which you desire you must love it. To hate and resent what you do *not* desire will bring you no nearer to that which you do desire. Hate and resentment will only obstruct your own shining and cause you to lose your own power to influence others or to create what you want. It is a well known fact that a man who lives under conditions of inharmony in his home life is apt to be so handicapped in business that he makes a failure of all that he undertakes.

In short, we accomplish most when we concentrate upon our *own* shining, our own expression of Life and love, and cease to resent the fact that the other fellow is shining according to a different pattern, expressing a different faith, than our own.

FAITH CURES.

A NEW YORK clergyman has conceived the idea of a scientific clinic for the investigation and analysis of faith cures.

"Whatever is useful in these practices," he says, "would be formulated. Whatever is harmful would be discarded."

Just like that! And how, the reader may well ask, will this infallible separation of the sheep from the goats be arrived at? Why, by the aid of "physicians, psychiatrists and clergymen" working together.

But will the results of such an investigation be any more infallible than the individuals who conduct it? Medical science, by the testimony of physicians themselves, is anything but exact in its present stage of development. For instance, records of post mortems in a leading hospital show the physicians to have been right in their diagnosis in only approximately 50 per cent of the cases. Is there any more reason to believe they would be any more successful in analyzing faith cures and their results?

This is not the chief reason, however, for doubting that the results of the proposed clinic would be altogether infallible—or anything remotely approaching infallibility. The principal reason for doubting that satisfactory results will at present be achieved in such an undertaking lies in the illusive nature of faith.

Physicians have been driven to constantly expand the list of diseases which admittedly have been cured by faith, by Christian Science or New Thought methods. Richard C. Cabot, M. D., Professor of Medicine, Harvard Medical School, in a recent address credited these methods with curing "organic as well as functional" diseases. In the same address he said, "no person can name an incurable disease."

To attempt to establish, for all time, "whatever is useful in these practices of faith cures," is like attempting to establish whatever is true in current religious practices. Faith does not lend itself readily to analysis, any more than religion does. Chronic diseases have often been cured by methods based upon the most palpable superstition. The part which imagination plays in the cure of disease is but little understood.

Faith does not flourish in an atmosphere of analysis. A mental state of critical balancing of facts will never accomplish a cure. Even Jesus of Nazareth declared that he could not heal in a certain place "because of their unbelief."

The most successful mental cures occur where there is the most complete abandonment to faith and hope. Often it is a blind faith and it may be inspired by superstition or by a sublime universal truth.

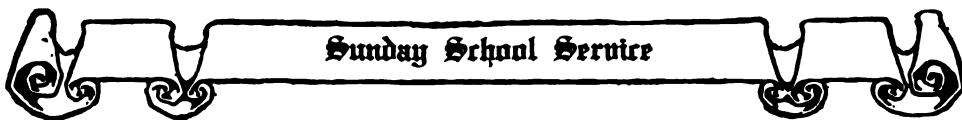
Of course, the more completely mental cures are brought into the light of knowledge and reason the more surely these methods can be applied. Such an attempt as that proposed by the New York clergyman might be of great benefit if conducted as an experiment, with the sole desire of throwing further light on the subject of faith healing, but with no expectation of standardizing the methods by which such healings are accomplished. Any attempt at standardization would manifestly hinder the advance of such healing methods.

THANKS.

THE flaming sun, in a sapphire sky
Sends down its warmth to me
A striver for the Truth,—

I lift my eyes toward Heaven
For cheer so freely given,—
And thank God for his love.

—By May M. Cook.



International Sunday School Lessons

Interpreted for Ministers, Teachers, Students and Others who Study the International Bible Lessons

Class Work by Rev. GEORGE C. GOLDEN

September 11. SOLOMON DEDICATES THE TEMPLE or SELF-REPRESENTATION THROUGH CREATION. 1 Kings 8.

Bible Readings: 1 Kings 8; Prov. 31.

GOLDEN TEXT: *I was glad when they said unto me, Let us go into the House of Jehovah. Psalms 122, 1.*

NEW THOUGHT GOLDEN TEXT: *Let her own works praise her in the gates. Prov. 31, 31.*

IN MOMENTS of impatience and strenuous efficiency, when we have seen the labor that has been consumed by an ancient cathedral, by a pyramid that has withstood time and tempest, or by a book whose illuminations have taken a generation to create, we ask, Why?

In studying the account of Solomon's devotion to the planning and building of the temple, we wonder what was the object behind it. He knew that he did not need a templed sanctuary to come into communion with the God within. He realized that he did not need chants and cymbals to win the favor of the ever-favoring Universal, or incense or sacrifice to court the Almighty. Why then did he build a temple? He realized that when he had built a temple which symbolized his spiritual aspirations, he felt proof from the works of his hands of those Truths which he had assumed concerning himself. By the temple he justified himself. Through the temple he represented himself.

In our work of helping people adjust themselves to life, we metaphysicians have discovered the importance of assisting the individual to bring his dream from the abstract to the concrete through some definite sign.

A man was suffering from a false sense of inferiority. His affirmations of his own divinity did not effect a change in his mood. I suggested that he symbolize his divinity in some way and we decided upon a modest but good necktie, with a shade of purple—purple being the color of royalty. The tie tangibilized his statement and brought about a realization of his own equality, instead of inferiority. The works of his own hands praised him and attested his unity with the Universal.

Silent Affirmation.

I represent myself through my creations.

September 18. THE KINGDOM DIVIDED or THE POISON OF DEPRESSION. 1 Kings 12, 1-24.

Bible Readings: 1 Kings 12, 13 and 14.

GOLDEN TEXT: *Pride goeth before destruc-*

tion and a haughty spirit before a fall. Prov. 16, 18.

NEW THOUGHT GOLDEN TEXT: *A merry heart doeth good like a medicine. Prov 17, 22.*

THE people of Israel, led by Jeroboam, came to King Rehoboam, asking for a reduction of their taxes. Instead of listening to them patiently and seeking to establish good-will between his people and himself, the monarch threatened them, saying, "My father made your yoke heavy but I will add to your yoke, my father chastised you with whips but I will chastise you with scorpions." After this declaration, even the slightest tax would have been a load and the most reasonable tribute paid with loathing. The people did not have the spirit in them to serve their king. They could no longer remain his subjects with self-respect and dignity. A generation brought up under the mood of sullen subjection would have been a spiritless race. So they did the only wise thing; they revolted and established for themselves a kingdom where they could work with joy and build with hope.

It isn't work that exhausts us—it is the servile, sullen mood in which we accomplish that work.

A man and his wife were struggling faithfully to "get up in the world." In their zeal to attain, they had overlooked the place of the spiritual in their lives, they had become slaves to business and home, wondering why they had suddenly grown stale. When, however, they religiously took an hour each evening to study a good book of inspirational literature that fed their minds and nourished their spirit, they laughed at the threat of the material world to chastise them with burdens and kill them with routine. Their spirit was recreated. Their outlook was altered. Not only were they able to accomplish as much as previously but they were able to attain with quarter the effort. They discovered that all limitations are self-imposed and that freedom is not a material condition but a state of mind.

Silent Affirmation.

"From this hour I ordain myself loosed of limits and imaginary lines."—Whitman,

September 25. THE EARLY KINGS OF ISRAEL or PRACTICAL KINGSHIP. Review.

Bible Readings: 1 and 2 Samuel and 1 Kings.

GOLDEN TEXT: *Jehovah hath established his throne in the heavens and his kingdom ruleth over all. Psalms 104, 19.*

NEW THOUGHT GOLDEN TEXT: *The king shall glory in thy strength. Psalms 20, 9.*

FOUR kings compose this lesson for review, Saul, David, Solomon and Rehoboam.

Saul, the first king of the Jews, received his anointing at the hands of Samuel and from the lips of the same prophet he accepted his defeat for some minor, ceremonial mistake. He was the type of man who takes himself at the valuation others credit him, for he had not the courage to assume his place in Universal Truth. His fits of unreasonable temper and his childish jealousy betray a consciousness in which Truth is being dominated by man-made estimates and race consciousness.

David, the shepherd king, called the "man after God's own heart," is a colorful, spontaneous figure woven in the tapestry of time. A man that everyone loved, able to attain from his soldiers a loyalty little short of idolatry. A rural, simple personage striding across the stage of history, more spectacular than influential, more emotional than cultured, his unrestrained impulses betrayed him into indiscretions that required all his integrity of soul to wipe out.

Solomon is the statesman, the executive with vision, culture and wisdom. During his reign, Israel enjoyed remarkable progress and under his guidance, it became a power of international standing. With diplomacy he used tenderness, with foresight he mixed understanding. He took counsel with his Self before he committed himself to any action and his material prosperity was the outward and visible sign of his mastery of those powers that rest deep in the soul for man's service.

Poor Rehoboam was just a blind bull in a china shop, apparently devoid of the soul that speaks in sympathy and outlines in beauty, of the spirit that makes all men brothers and all work play. Because he missed the finer nuances of spiritual experience, his kingdom was split asunder and his was the fear, instead of the power, of the man who wears a crown.

Silent Affirmation.

I exercise my kingship with life, love and truth.

October 2. ELIJAH ON MOUNT CARMEL, or THE INEVITABILITY OF TRUTH. 1 Kings 18.

Bible Readings: 1 Kings 17 and 18.

GOLDEN TEXT: *Choose you this day whom you will serve.* Josh. 24, 15.

NEW THOUGHT GOLDEN TEXT: *For the Lord shall be thy confidence and shall keep thy feet from being taken.* Prov. 3, 26.

ELIJAH was challenging the followers of Baal to prove who was the true God. The first altar that was fired from on high was the altar of the true Deity. Elijah deliberately, willfully and defiantly poured jar after jar of water over the wood. In spite of it all, the flame dissented and the sacrifice was consumed, proving the faith of Elijah and his followers.

Common parlance has recognized the truth of this parable in the saying, "You can't keep a good man down." Who is the good man? He who believes in his own genius, his own vision, his own constructiveness and his own mission and message.

A man asked me the other day if I thought he showed enough ability to justify him entering into salesmanship. My answer was, "If you believe in your ability to sell and are steadfast in your visualizing of yourself as a salesman, I most certainly know that you will be successful."

Silent Affirmation.

I have confidence in myself.

October 9. ELIJAH HEARS GOD'S VOICE or THE STRAINLESSNESS OF TRUTH. 1 Kings 19.

Bible Readings: 1 Kings 19 and 20.

GOLDEN TEXT: *Wait for Jehovah, be strong and let thy heart take courage.* Psalms 27, 14.

NEW THOUGHT GOLDEN TEXT: *There was silence in heaven.* Rev. 8, 1.

ELIJAH was listening for the voice of Truth—waiting for the vision that would give him power to destroy error, to overcome death, banish defeat and awaken leadership. Although he witnessed a wind, an earthquake and a consuming fire, he realized the truth was like none of these. Then he heard a still, small voice and in that he recognized what he sought.

The Truth that you and I apply today for success is not effectively held with strain, effort or violent concentration.

In one of her lessons on healing through truth, Mrs. Burnell says: "The power of the Truth when you go to heal is not that you roll up your sleeves and attack the difficulty with mental energy, but the power of truth is that stillness that steals with irresistible and unescapable certainty to this end; that this condition never existed, is eternally bound never to have existed. Therefore, it is silent. Intelligence is silence."

Silent Affirmation.

"In quietness and confidence shall be your strength."—Isaiah.

Morning Song

By John Russell McCarthy

LOVE arise! Love arise!
There is silver and gold
Where the day-dreams unfold,
There's a god young and bold in the skies.

Earth is new! Earth is new!
While the young winds of day
Drive the black shades away
All is bathed bright and gay with the dew.

Love arise! Love arise!
There is song in the air
For the day young and fair,
There is glory to dare in the skies.

I GIVE nothing as duties,
What others give as duties I give as living impulses.—Walt Whitman.

Parents And Children

Helps that
will bring



them closer
together

How New Thought Is Making My Boy 100% Perfect

By S. W. H.

I AM beating an old losing game of seven years' standing and beating it fast. I believe I have had more problems to meet in the seven years of my boy's life than any other mother that I know of. At birth, my boy was underweight, and had remained so in spite of doctors' advice and every effort at proper feeding. He ate poorly, in spite of all efforts to make the food attractive in appearance. At the beginning of the school year he did not like to study, was not getting along well and did not seem to realize the importance of trying to pass the first grade. Pennies, gold stars, and promises of a watch got me nothing.

Finally, during silent prayer, I said mentally: "O, God, enter Buddy now. Help me to help Buddy. Show me the way." With it came the feeling of surety that faith in God always brings when I have lain my burden down for His direction. Ways of helping Buddy mentally seemed fairly to pour into me.

Next day, Buddy came running in from school, threw himself into my lap in abandoned grief and

cried, "O, Mama, I'm a 'fairy' now—I can't read good, and I'm not going to pass." He kept repeating this like a litany and I was sure he had been told it, and then and there I knew I must start my battle to cleanse his mind of this opinion and depression. I wiped his eyes and lifting up his chin I said, "But you *are* going to pass, Sonny" (and somehow I just knew right then that he was). "You're going to pass and you're going to be a 'brownie' again among the best readers. Tomorrow, Mother is going to help you. When reading time comes, you must think of Mother, and *know* that in her love Mother is helping you to read."

The thought that Mother could go to school in spirit seemed to delight him very much, and since I was so sure that he would go back into the class of good readers, he was convinced of it, too, because Buddy is still sure that Mother *must* be right.

The next day at half-past ten, I sat down in a quiet place and with my hand over my eyes, I said mentally, "Buddy—Buddy," and thought of my boy's little face and voice as vividly as I could. "Buddy," I said, "Mother is with you. You can read *good*—read it now—just right—every word exactly right, Buddy." I kept saying this over for about ten minutes, and soon I got the feeling that Buddy had really succeeded.

By noon I had forgotten my action of the morning and was dishing up the meal when Buddy came bounding in like a regular boy and called loudly to see where I was.

"O, Mother," he called, his eyes dancing optimistically, "teacher said I read 'good' today, and if I kept on I wouldn't have to be a 'fairy' any more."

I could have sung for joy, for I knew that the thing that God had put into my heart had succeeded.

"Of course you read good. Mother helped you," I said.

Every day I went into the silence for Buddy at reading time, and every morning when I sent him off to school he would wave back to me and say, "Don't forget to help me, Mama."

Then I felt that something more than the old

Questions Answered

On Child Problems



We have arranged with Mrs. Carter to answer (through this Department) questions from parents and teachers regarding problems of the conduct, training, teaching, etc., of children. We will donate at least a page in each issue of *Nautilus* to these answers. No charge whatever. Write a separate letter for your question and address Mrs. Alberta M. Carter, c/o *Nautilus Magazine*, Holyoke, Mass.

way might help Buddy to get heavier, and with the gaining of more faith, I took Buddy into my plans for what his co-operation would be worth.

I taught him that God is always in us and about us; that we are never alone, and had but to call Him in our thoughts and He would help us. With the coming of spring, he realized that God was in the songs of the birds and in the new grasses, and that it was God who made Mother love him.

With this faith strongly built of God's ever-presence, I began to teach Buddy to affirm mentally in prayer. Since five years of age he has been able to say the Lord's Prayer off by heart, and so following this each night Buddy makes certain mental requests. Standing at the head of the bed, I say, "Ask God to help you to READ well." This he does mentally and after a pause I say, "Ask Him to help you to LIKE to study—to LIKE to go to school—to WANT to pass—to LIKE your FOOD—MEAT—VEGETABLES—BREAD—and—BUTTER—all of them. Ask God to help you pay GOOD ATTENTION to the teacher. Ask God for SIX MORE POUNDS—SIX. To make you STRONG—HAPPY—GOOD—all for Jesus' sake—Amen."

Each day, we watch for answers to prayers and at night we mentally thank God for the progress that we have made and repeat the above requests.

What have we gained? Buddy can READ! HE IS ONE OF THE BEST READERS! He listens to the teacher and gets his seatwork done in time. Last week he brought me two big gold stars, after a mental request about the seatwork. He has gained in weight, which is best of all to me, who saw him stay at forty pounds for three years. He gives God the credit for every extra pound, and eats a much more varied diet. He also LIKES to study, and I KNOW—yes, I do—that by the end of the term, Buddy will have passed his grade!

MRS. CARTER'S ANSWERS TO QUESTIONS.

F. L. L.—See the article by R. P. S. in August 1926, *Nautilus* for your answer.

M. L.—Parents are sometimes very careless about their habits before their little children because they think the little ones are too young and innocent to understand. But surely, "Little pitchers have big ears." I was reading downstairs one time when some little children were playing in the attic. I heard a little neighbor boy say, "This is the way fathers walk around in the night." I slipped upstairs to see and was very much amazed. The lad was four and a half, but he was awake.

E. F. P.—Your supersensitiveness about the boy's patched clothing will naturally be reflected in his mind. I cannot think that his teacher would care less for him because of his clothes, although the children might. If they are clean and the boy's conduct is good, as you say, and he is industrious, you have nothing to worry about. But if you continue to say that you are poor and pity the lad because he has to wear patched clothes, then you are likely to continue in the same condition. But if you will change your attitude into praise for what you have, and accept God as your supply, you will soon find a great change in your financial affairs. I am so

glad that the boy works for his neighbors. Encourage him to work and save his money until he can buy a suit. I did not have pretty clothes like my chums when I was a little girl, but I always knew that I would have some day, and I do. It is possible to get anything, if we go after it with faith and works. Pray, BELIEVING.

R. P. S.—No, no, please do not teach that boy that the energy and love which he now puts into his painting and music is the same he may sometime later expend in active sex life. By all means get the following books and read them concerning life. Then when you feel that you understand aright, talk to your adolescent son. Sex is being stressed too much these days. Let your son's spirit soar in painting and music.

The Way Life Begins,—Cady.

How I Came to Be,—Lamson.

Three Gifts of Life,—Smith.

The Story of Life,—Dr. Wilde.

If your son already knows about how his little brother and sister came into being, why stress that? Use great discretion in your explanations and ask God for understanding and wisdom. Instead of feeling it a burden that the training about matters concerning life has always fallen to you, consider it a great privilege, for in the study you will become much enlightened and mutual knowledge will bind you closer to your children. Each new thing learned is an open door to more abundant knowledge.

M. M.—You are certainly in a wonderful position to prove that Divine Mind is in and through and over all. That habit of the boys not listening and then saying, "That is what I thought you said," is an age-old way with youngsters and I would not exactly call it being untruthful, rather, thoughtlessness. And if you are going to remain in the family, put out of your mind the thought that the father is not truthful and, in spite of appearances, believe and affirm that he is the soul of honor.

You see, the children must have someone to form good examples of right thinking, and you are the only one there to do it. Children are so keen at sensing one's feelings, that you must forever be on the alert to see the best in everybody when they are around. The 13½-year old twins are at a turning point in life when they need all the love and good suggestions you can possibly give them. Try to think of their absent mother as a good woman; you must know that God is working out His plans through her, if you are the student of Truth you claim to be. By all means practice your lessons with those children. Make a joke of some of the incidents which seem so false and they will pass without any more attention. Remember, too, that there is no such thing as "a terrible combination of inheritance from the father and mother," when you realize that there is a Father-Mother God Mind in every one of those youngsters. You are doing fine, and those children will some day rise up and bless you.

R. L.—Those toy Big Banks are all right in their place, but when a child is permitted to pass one around to show your guests, he invites their contributions and soon becomes mercenary. Can you not see how easily your son acquired the habit of getting something for nothing?



Things That Make For Success

And for the advancement of the individual in all ways. This is a correspondence department of success ways and means, conducted by the Editors and contributed to by NAUTILUS readers everywhere

To Correspondents

Prizes for the Best Letters to This Department.

Have you discovered something that makes for success?

Tell us about it and perhaps you will win a prize. To the writer of the most helpful success letter published in this department each month we will send NAUTILUS for 3 years. Or 3 yearly subscriptions to separate addresses if preferred.

To the writer of the most helpful letter printed in each six months' period, we will send \$5 in cash, in addition to the subscriptions. Prize winners announced each month for the preceding month.

Letters should be concise, plainly written on one side of paper only, and not mixed with other matters of any sort.

THE EDITORS.

Success Letter No. 1090.

THE DOCTOR SAID I WOULD ALWAYS BE A CRIPPLE, BUT I NOW WALK, DANCE, DRIVE A CAR, AND THE DOCTOR RECOMMENDS NAUTILUS AND NEW THOUGHT BOOKS TO HIS PATIENTS.

I HAD a severe illness some years ago (pneumonia), and it left me in a very weakened condition. Then, to cap the climax, a severe wrench of the knee tore away the ligaments. For weeks I was in bed. Then on crutches for two years, hobbling about attending to a house and two small children.

It was mighty discouraging. My limb was so shrunken it looked like a child's leg, as it had to be bandaged. I was broken hearted the day Dr. W— told me I would be a cripple for life, as nothing more could be done. The condition was due to a wasting away of the synovial fluid in an advanced stage. Not very encouraging to one in the early twenties.

It was about this time that *Nautilus* came into my life. It gave me new courage and determina-

tion which nothing else in the world did. O, how I studied and absorbed every line in it!

Every affirmation was as meat to the hungry. And with it came a new hope to walk free from crutches like others. Finally, I felt that "something within" saying, "You will walk, you must walk, you shall walk. Be patient." And then God must have directed me when He saw how eager I was to help myself. *Nautilus* had implanted new thoughts in my mind. A method that might help my knee gradually took shape in my thoughts. Every day I would heat to the scalding point water from the ocean, as we lived nearby it. Then I would bathe and steam that knee. After drying it, I would massage with vaseline. I soon removed the bandage for good. At first, it seemed as though I could not stand, but I kept right on. Then I painted it with iodine every other day or so. It was very tender, but I was fighting for the use of my limb and though the iodine blistered at times, I kept right on.

After several weeks a change was noticeable. The limb was filling out and looked more natural. I discarded the crutches for a heavy cane and each day took a walk, or a hobble, about the grounds. We had a lovely summer home and beautiful grounds close to the sea, and I loved to hobble down to the beach and watch the waves and sit on the beach and read and study several books I had purchased on New Thought. O, how they helped me to endure that terrible trying time of my life! After a time it was apparent I could walk again. It hurt dreadfully, but each day I walked a bit farther, gave it a little more exercise. Finally, I discarded the cane. There was a limp, of course, but everyone wondered how it came about, as all thought I would remain a poor cripple.

My affirmations helped me overcome the limp. Today I can walk, dance, drive a car and do my housework. I met Dr. W— on the street and he looked at me in amazement. It had been about five years since he told me my limb was doomed,

as synovitis was incurable, and that was what he pronounced it. "Well," he said, "anyone else would have been a cripple but you."

Then I told him all about my fight to regain the use of my limb, all about the help I received from *Nautilus*. He said to me in a kindly way: "Keep right on. You have found something I wish more of my patients would look into." And, to my surprise, he suggested *Nautilus* and some New Thought books I had told him had done me heaps of good, to a number of his patients.

If good wishes and good thoughts bless us, you are surely blessed by the good wishes of the ones you are helping every day with the sweet message of hope and cheer you are sending out.—Mrs. W. A. C., Vt.

Success Letter No. 1091.

HOW MY PET DOG WAS HEALED WITH- IN A FEW HOURS.

ON Friday morning, July 23rd, my beautiful fox-terrier pet dog became very sick. Her hind legs became stiff and lame, so she could not walk; she had fever and chills at the same time; her breathing was heavy and her whole body shook and trembled so, she was not still for one moment. She lay under a tree and we thought every breath would be the last. To lose Spot, this beautiful terrier, would be like losing a faithful friend.

Then it occurred to me that I should use New Thought on her. I went in the house for I could not stand to look at her anymore. Then, shutting my eyes, I held a mental picture in my mind of Spot. I saw her running around wagging her tail, happy, well and strong. Then I talked to her as though she were right before me.

"Spot," I said, "God is your health, you can't be sick. You are well, you are strong, you are happy."

Once more I thought of her as being healthy and well. Then I visualized Spot's big brown eyes before me, and looking right into them, I said, "When I call you, you will jump up and run to me, wagging your tail and your whole body will be radiant with health."

Then I went about my household duties, all the time sending loving health thoughts to Spot.

Towards noon I went out and called her.

"Here is some cool water for you to drink, Spot," I said, and then spoke her name two or three times.

There was a rustle among the bushes. Out came Spot, running, wagging her tail, all stiffness and lameness, gone. She drank the water eagerly, and those who saw her just two hours before could hardly believe it to be the same dog.—P. L., Wis.

Success Letter No. 1092.

DEAFNESS HEALED.

I WAS suffering with a severe case of the "flu" to such an extent that I had almost lost my hearing. My bedroom is only a few feet from a street car track, cars and automobiles passing continually, but I could distinguish only a very

faint sound as either passed. The telephone, in the room adjoining my bedroom, could not be heard by me when ringing with the door between these rooms open. My mother and husband conversing in my bedroom I could not hear.

My family physician, whose voice was raised to such a pitch I could just faintly hear, said "when I was able to get up I could come to his office, he would make a thorough examination and see what the trouble was, but I had to take care of myself and get well first, that I could expect to remain in bed for some time."

A few days passed and my condition all over seemed worse, especially my hearing. Saturday morning, while suffering very much, something seemed to say that my monthly *Nautilus* was in the mail box with help, but as it failed to come that day and no delivery of mail on Sunday, I quickly forgot about it with all my aches and pains. Monday morning my husband telephoned one of the best ear specialists in this city, who informed him that it would be necessary for me to come to his office, as he made no professional calls. I said I would get out of bed and go if my husband would return home at noon and drive me out to his office. My husband replied I was too ill. I insisted, however, and it was arranged for noon.

About 10 a. m. I crawled out of bed shaking and aching all over, and again something said, "*Nautilus* is in the mail box with help." I slipped on a robe, went to the mail box, and there was the magazine. I KNEW there was something in it especially for me, so with a thankful heart I came back to my room, opened the book EXACTLY on page 21 (September, 1926, number), and there in large type was an article entitled "CURE FOR DEAFNESS by F. H."

Well, I prayed, cried and tried to read, grabbed a chair for support—I really did not know what I was doing. In a few minutes after reading the article as best I could, I thanked God first for this help, then tried the exercise given.

The FIRST time I tried the left ear "popped" and partly opened. I ran to my mother's room, saying: "Talk, say something, let me hear your voice. I believe I can hear." She answered, "Can you hear me?" I COULD.

Before trying the exercise again, I knelt down and thanked my Heavenly Father again for His kindness. I was very weak after this, so sat in a chair and tried the exercise again, partially opening both ears in a few minutes, and entirely opening them within two weeks. My husband called for me at noon, and found me in turn laughing, praising God, *Nautilus* and F. H., the writer of that article. He was much surprised and telephoned the specialist I would call later. This is four months ago, and my hearing is normal.—M. E. S.

Success Letter No. 1093.

A SCHOOL PRINCIPAL FINDS NEW THOUGHT AN AID IN DEALING WITH UNRULY PUPILS.

MY WORK here as principal of a rural school hasn't always been the joy it might be, because so much coercion must be used.

I had been using affirmations for my pupils and work with noticeably good results, but during the holidays "rested on my oars" too much, I suppose. At any rate, when the children returned they were almost incorrigible. I began affirming good and blessing them at night, and two by two or in larger groups their attitudes changed. One of the older girls seemed particularly perverse, seemed filled with hatred toward me and everything pertaining to school. She had a marked influence with the others and I noticed such an improved attitude and conduct when she was absent that I dreaded her return, though I knew she was ill and felt that I should treat her. I heard that her mother did not like me (though I had never seen her), so I affirmed good and blessed them both. I visualized Nina as near me and talked kindly to her, telling her she wasn't enjoying her hatefulness, but would get much more joy out of being her own kind, loving, considerate self again. I had made a copy of the illustration of God's Sun Center from the "A-B-C of Truth" and placed it on my desk as a reminder to keep shining. When Nina returned she was apparently as impudent and hateful as ever, but all day I kept mentally affirming, "Love is stronger than hate; Love must conquer!" I seemed to feel the rays of love radiating from me as I visualized the steady bright glow of love's aura.

The third day Nina came out to meet with some of the other girls, and upon seeing me in the store in the evening came up behind me and put her arms around me! Love had dissolved hate.—C. A. G.

Success Letter No. 1094.

**GIVEN UP TO DIE OF APPENDICITIS—
HEALED BY THE AID OF
NEW THOUGHT.**

LAST summer I was called to go East with my husband to see his mother, whose health was failing rapidly. We went in our car, and the very day that we left California, his niece, who was also in the East with his mother, had an operation for appendicitis. She had waited too long for the operation. Her appendix had burst and she was given up to die by three doctors and everybody who knew her.

When I reached her bedside I had never seen such a glare in any person's eyes as was in her's. The whole left side of her body was paralyzed. She was running an awful temperature.

I took her paralyzed arm in mine and said, "Hazel, do you believe you are going to get well?" She could hardly speak above a whisper and her breathing was hard, but she said, "Yes." I said, "That's half the battle won."

I rubbed her arm for more than an hour and with every stroke I affirmed, "She's getting better all the time; she's getting better all the time," just like clock tickings, over and over. I told her to ask the Lord to make her well and to believe, for if she was not going to believe, why ask? I told her to affirm with me, that she was "getting better all the time." "Day by day, in

every way, I am getting better." She told me she would.

When I left her that day she could move her arm and had feeling in her fingers, could move the fingers, also. That much was accomplished in one hour's time and she began to improve. But as the pus drained out, they found that there was an opening through the wall of the bowels. The doctors and nurses threw up their hands, for they had never cured a case of that kind without a second operation. They had no hope.

I said, "Hazel, God can heal your side quicker and better than any doctor and you won't need another operation."

So we started the affirmation that her side was healing all the time. We brought her home,—and then I had to return to California. When I got home, I told my aunt, the strongest believer in New Thought I know of, of our success.

But the incision in her side was not completely closed,—I kept up my affirmation, and my aunt began using this one: "I thank Thee, Father, that Thou art the Power of the living Christ, healing and blessing all mankind, that Thy healing Presence touches Hazel and makes her every whit whole, perfect in body, perfect in mind and perfect in spirit. In the name of Jesus Christ it is so."

In less than one month's time Hazel wrote me that her side was completely healed, she was going to school, walking more than one mile every day, and felt strong as she ever felt. I shall ever be thankful to *Nautilus* writers for helping me see that all constructive thoughts harmonize with the Universal Mind—God—and that we are the channels through which He performs miracles. I have pondered over Scripture in my Bible for hours, gone to sleep over it, awakened and knew no more than when I started. But now I can study it intelligently. Praise God for *Nautilus*, for through it He has shown me the way more clearly than I ever knew it could be.—M. A. K., Calif.

THE PRIZE WINNER for August 1927 NAUTILUS is Mrs. A. F., N. Y., who wrote Success Letter No. 1088. We will be glad to send the prize of three subscriptions wherever the winner directs.—C. H. S.

FOR WORLD PEACE

WE, the Rising Generation, demand a United States of the World.

We want our idle vessels and ships to be used in times of peace for a Public University of Travel, a white fleet that shall tour the world every year.

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We believe in these things.

We pray for them.

We talk for them.

We vote to this end.

—Elizabeth Towne.



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CONDUCTED BY ELIZABETH TOWNE
AND WILLIAM E. TOWNE

*"Oh wad some power the giftie gie us,
To see ourselves as others see us,
It wad frae mony a blunder free us
And foolish notion."*

We answer in this department the 1001 personal problems that are put to us—as far as space and time hold out. And we make one answer do for more than one questioner when possible. Correspondents desiring a personal reply by mail are referred to our ELTO SERVICE, which includes a service fee of \$5. We would answer every letter gratis if it were humanly possible. We MUST curtail, hence the charge for querists who feel they cannot await their answers in these columns. To insure careful attention in our office write "Family Counsel" at head of sheet, and write your subscription order or other business on a separate sheet.—THE EDITORS.

M. T.—It seems to us that your district attorney is the person to see. Also, remember that no one is ever lost for they always are in God's care. Your love and desire for your child will bring it back to you. Desire is really prayer and prayers are answered.—G.

W.—You know what your trouble is and you know the way out, but your own actions have been so repressed that you want somebody to verify the judgment you are carrying around within yourself. Unless it is absolutely necessary, do not live with your in-laws. It demands too much in the way of adjustment and encroaches too much upon the freedom of every person concerned. No mother wants to give up her freedom to daughter or son in-law, and young people who marry do so for the very reason of having their own freedom. So why not get together in as friendly a way as possible, talk the matter over and settle upon the best plan of freedom for all concerned. It may hurt at the time but very soon all of you will be happier and you will love each other more. Small space where freedom prevails is not as small a place as a large palace where bondage to each other is the rule.—G.

MRS. D.—I would get rid of the little fear and jealousy which is trying to creep into your mind. All of these years your husband has had to be associated with women in his work and it has not bothered you. Why should it now? Because you have foolishly permitted yourself to "wonder" whether everything is all right or not. The fact that you felt wrong about writing in detail regarding it seems to me to indicate that the whole trouble is just the result of brooding over the matter in your own mind. Before going to sleep each night thank God for your husband, for the work which he enjoys, for his and your friendships, and especially for your ONENESS in God who is Love. You will find your own fears leaving you and your work and love will grow.—G.

R. E.—A lack of energy, that tired feeling, is largely a habit: the habit of thinking and living in such ways as wastes creative energy. One can form the habit of worry and concern which never has any worthwhile work or results to show for itself or one can use that SAME energy in constructive work and activity which not only brings the health and peace desired but also the added income the lack of which is often the one cause of fear and worry. Any bad habit is learned by practice. Any good one can be learned the same way. The best way to overcome a bad habit is to put a good one in its place instead of fighting the old one. Whatever we fight we fear and fear makes us weak and powerless. Face your problem in a friendly way, think of it as the real incentive for something better, then think of the Strong One within you, laugh about it, say it is easy, and you will be the victor. God within you is always greater and more powerful than anything you have to meet. Keep at the new habit; each time you practice it, you add a wire to your cable of strength.—G.

M. M.—It is of the greatest importance that you should have an occupation to which you are adapted and in which you can best express YOURSELF. Do not be afraid to make your own choice in this matter. It is your right, and a duty that you owe to yourself. NO ONE is benefited by your remaining in an uncongenial occupation, or by your doing work for which you are not fitted. Don't be afraid to experiment. It will do you good and even if you make some mistakes it will only add to your strength and self-reliance, which needs developing. Being happy is also your privilege—so long as you do not interfere with the rights of others. But you can overdo the "peaceful acceptance" business. Just as one of your temperament can drive herself to a point where happiness is impossible. A middle course is the best. No one but yourself can really decide when the time has come to make a change. It would seem, however, that a change would be beneficial in the near future, if not now, as the longer you put it off the more you will be bound by habits of inertia.

MRS. A. B.—The solution of the money problem is to use the Intelligence of God within your own being, to reduce your expenditures and increase your own earnings. When the mind is calm and composed, made so through meditation and prayer, we contact the Higher Intelligence within us which gives us such ideas and suggestions as make up the ways and means of offering a practical solution to the problem in hand, be it one of health or finance. The gist of your problem lies in your attempt to finance, as a widow, an education for your son beyond your own ability to earn at the present time. It seems to me that you have already done more than your share in giving up your home and other things you mention in order to give your son a college education. What are you letting him do to help along, or are you unwisely making a future financial weakling of him by over-service? Too often the love of mother for child is harmful in just such ways as you are employing. If he helps earn that education

he will *value* it more some day and love you the more for it. Furthermore, education does not begin or end with an institution, it is a lifetime proposition.—G.

B. F.—Try to overcome your feeling of anxiety for this repels rather than attracts. Then, at the right moment, talk the matter over and reach a decision. At the same time improve your personality and charm, make yourself indispensable to his welfare, picture your friendship and congeniality vividly in your imagination; all of these things will tend to overcome his procrastination. Remember that God is guiding and directing always, and that may mean someone else with whom you would be happier.—G.

J. V.—Practice the deep breathing and affirmation exercises given in "How to Wake the Solar Plexus." See that you get plenty of physical exercise every day. Take up some avocation, something constructive that will hold your interest, and give you a means of self-expression outside of your regular daily routine. Cultivate an interest in other persons and make friends wherever you can.

MRS. L. A.—Very likely, the other man hardly remembers you. Don't invite trouble and put off your happiness *where you are*. Incidentally, you are wasting a lot of energy, which used wisely would bring you the happiness and success right *now* which you desire. Do not let yourself believe that distant pastures are greener. God's blessings are near at hand: within us.—G.

RYTA—You are doing exactly the right thing:—to send this man your blessings and good will, *leaving him free* to choose his *own way*. If such an attitude brings him back then your own soul will know at that time whether he is the man for you or not. As long as there is a question in your mind, don't act. When you have the feeling that you know that you know, then you can rest assured that it is the desire of God within you to become his companion. If he does not return, it is because a happier marriage awaits you with another, so do not become discouraged. By *freeing* him in your own mind, you permit the universal law of love to bring the *right* person to every one concerned, which makes every one happy. Read the article on "Inner Guidance" on page 17 of the August, 1927, *Nautilus*.—G.

A. F. M.—If friendship depended entirely on "good looks" there would be many more friendless people in the world. Look at the beautiful wives some men have and "think it over". No, my dear fellow, it is something more than the outer appearances which makes for love and friendship. Bless all of those kind folks you meet, take a deep interest in what they say, stop condemning yourself, realize that one of God's greatest gifts to mankind is love and friendship, that it is meant for all: be it to the world and the world will be it to you!—G.

N. D. F.—I would free the man to make his own choice in the matter, and hold over him only the thought that he will make the *right* choice for himself, whatever that choice may be.



In this department we notice as many cloth bound books as we can find room for. Lack of space forbids reviewing music. Publishers please give selling price and address when sending books for review. Reviews are written by William E. Towne unless otherwise signed.

—"The Lovely Ship," by Storm Jameson, is a very interesting novel, the scene laid in a small town in England, during the 60's. The story is about Mary Hansyke, from a child to a woman of thirty, to whom is left in her early twenties a ship-building business. To the very end, the story is realistic, the characters very human. Published by Alfred A. Knopf, New York City.—H. M.

—"Prove Me Now," by Isidora H. Minard. Ten simple Lessons in Truth, aiming to make the search easier and more certain. Written especially in Bible language. 137 pages, paper covers. Price not given. For sale by T. M. and M. D. Minard, Box 545, Portland, Oregon.

—"Friendly Thoughts," by Thomas Robert Gaines. A series of meditations on such subjects as "Poise," "Opportunity," "Good," "Health," "Love," etc. Each meditation begins with an original four-line verse that condenses the one great thought into catchy, pleasing form that is easy to remember and repeat. It sings itself in the mind and keys the being to CONSTRUCTIVE activity. The book also contains several longer New Thought poems. In every way this little volume is far above the average of similar books in quality of thought and expression. Cloth bound, price \$1.00. Published by the author, Thomas R. Gaines, 210 West 107th street, New York.

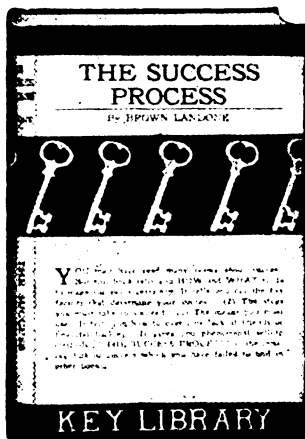
(Continued from Page 15.)

one persons must find ways of governing a city for the good of all their constituents.

Within that multi-cell are represented seven different sections of the city—seven ward aldermen, each one unconsciously sometimes, and sometimes consciously, trying to see how much he can get for his ward. The hungers of these seven wards must be RECONCILED. Last year we had one section of the city dominant and it received plenty of "patronage." This year we have the opposite end of the city dominant and they are receiving the "patronage," i. e., new streets, etc. Only by rotation of patronage through representation on the board, can all of the sections of the city be served aright.

To keep one administration in too long, means that all the patronage goes to the section which elected that particular administration. I used to think all this was wrong. Now I see that it is merely another opportunity to apply the democratic principle of ROTATION IN OFFICE.

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We know that all material things are just thoughts materialized and made tangible. But in spite of much individual instruction and the study of many "courses" many of you have not been able to use this unseen magnetic force in a satisfactory manner.

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