

The NAUTILUS

I am larger, better than I
thought. I did not know
I held so much goodness.
From this hour I ordain
myself loos'd of limits and
imaginary lines, going where
I list, my own master total
and absolute; listening to
others, considering well
what they say, pausing,
searching, receiving, con-
templating; gently, but with
undeniable will, divesting
myself of the holds that
would hold me.

—Whitman.

VIBRATION IS LIFE

Read What Others Say

Here are a few of the hundreds of unsolicited testimonials from people who have used the White Cross Electric Vibrator and know what it has done. It will do the same for you.

PARALYSIS TREATED BY VIBRATION

Upon the request of my sister, who urged me to use her great Electric Vibrator on my son when I was thoroughly hopeless of his cure from physicians' treatment, I write you this recommendation. My son is 16 years old, and eight months ago became paralyzed from the after-effects of diphtheria. He was so badly afflicted that his arms and limbs were twisted out of shape and was confined, all doubled up, in his bed. Medicine and attention did no good, and I had become discouraged in all ways. After treating first his spine at the base and then his limbs with your vibrator he felt such relief that I kept up the treatment regularly, with the result that we soon had him around in a wheel chair. Next he was going around on crutches, and now, after three months' treatment, he is going around with a cane and will soon be entirely cured.

3122 Indiana Ave., Chicago.

MRS. C. KNIGHT.

WHAT A DOCTOR SAYS

I have received your Vibrator, and to say that I am well pleased with it is not enough. I wish I could tell every physician just how bad he needs one in his office. I am sure he would not hesitate to place his order for one at once.

Longmont, Colo.

DR. W. H. EASTER.

VIBRATOR BEST FOR RHEUMATISM

My husband uses your vibrator for rheumatism and says he never had anything so good in all his experience. I would not be without it myself, as I find it is good to relieve stomach pains, back ache, and besides I continually use it for face massage. I used to go down town for that, while now I save the money and the time, besides being comfortable in my own home.

2935 Vernon Ave., Chicago, Ill.

MRS. S. H. BROWN.

Here is a Picture of the wonderful WHITE CROSS ELECTRIC VIBRATOR, the only vibrator in the world which combines the three great forces of Vibration, Galvanic and Faradic Electricity. This is the very same machine which has cured thousands of cases which had been given up by the best physicians as incurable. Read the letters above, then send the free coupon at once.

This Valuable Book, "Health and Beauty," NOW SENT FREE



This Wonderful book describes the human body in health and disease so plainly and clearly that anyone can understand. It tells how to get healthy and beautiful and how to keep so. This book tells you what vibration will do for you and how you can get the White Cross Electric Vibrator sent right to your home for an actual free trial.

SIGN this COUPON

Get this valuable free book at once. No matter how healthy you may be now the time will come when you will need this book **badly**. It may save your life or the life of some of your loved ones. Learn all about our offer—the most astounding and generous offer ever made. Don't wait. Don't delay. Sign the coupon **NOW!**

LINDSTROM SMITH CO.,
253 La Salle St.,
Dept. 1926
CHICAGO, ILL.

Without obligations on me please send me free your special reduced price offer, free Book on Health and Beauty, treatment of disease by vibration and electricity, and complete catalog.

Name.....

Address.....

LINDSTROM SMITH CO.,
253 La Salle St.,
Dept. 1926
CHICAGO, ILL.

SIGN THIS COUPON AND MAIL TODAY

The secret of the ages has been discovered in **Vibration.**

Great scientists tell us that we owe not only our health but even our very life to this wonderful force. Vibration gives life and vigor, strength and joy to everyone.

Vibration is the most marvelous curative agent known. It is the remedy provided by Nature for all illness and disease. It cures like magic. Simple, sure and inexpensive—it banishes drugs and doctors forever.

The White Cross Electric Vibrator On Free Trial!



This wonderful instrument gives you the three greatest natural curative forces in the world—Vibration, Faradic and Galvanic electricity.

We want to prove to you at our expense what the great White Cross Electric Vibrator will do for you. We want you to actually feel its invigorating, health-giving thrill coursing through your own body. We want you to see for yourself how quickly it removes pains and aches—how marvelously it cures. We take all the risk.

Cures These Diseases

Rheumatism, Headache, Backache, Constipation, Kidney Disease, Lumbago, Catarrh, Scalp Diseases, Skin Diseases, Deafness, Weak Eyes, General Debility, Nervousness.

A Vibrating Chair Free

With the White Cross Vibrator you can make a perfect vibrating chair out of any chair. A chair which will give you the same results as the kind used in the biggest hospitals and sanitariums. You cannot do this with any other vibrator in the world. **Swedish Movement** right in your own home. You can give yourself the very same treatments for which specialists and sanitariums charge from \$2.00 to \$3.00 each. The nervous, irritable, worn-out man or woman will obtain quicker and more permanent benefit from a few minutes each day in the vibrating chair than from hundreds of dollars worth of medicines.



Please mention NAUTILUS when answering advertisements. See guarantee, page 5.

TRANSCRIPT UNION LABEL HOLYOKE, MASS.

The NAUTILUS

I am larger, better than I
thought. I did not know
I held so much goodness.
From this hour I ordain
myself loos'd of limits and
imaginary lines, going where
I list, my own master total
and absolute; listening to
others, considering well
what they say, pausing,
searching, receiving, con-
templating; gently, but with
undeniable will, divesting
myself of the holds that
would hold me.

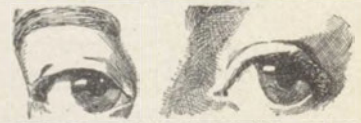
—Whitman.

NEW THOUGHT CENTERS.

Following is a list of New Thought centers, reading rooms, bookstores, etc., where New Thought publications may be found, and where visitors are always welcome.

- BERKELEY, Calif.**—New Thought Inn, 2336 Channing Way.
- BERKELEY, Calif.**—Berkeley Business College Bldg., S. E. cor. Shattuck and Center streets.
- BOSTON, MASS.**—The Metaphysical Club, 211 Huntington Chambers, 30 Huntington avenue.
- BOSTON, Mass.**—Smith and McCance, 38 Bromfield St.
- BLOOMFIELD, Iowa.**—Mrs. Stella W. Teed, North Madison street.
- BRIDGEPORT, Conn.**—G. O. Borton, The New Thought Sunshine Club, 1342 Park avenue.
- BRUNSWICK, O.**—Co-operative Book and Subscription Agency, R. 3.
- CALGARY, Alberta, Canada.**—Mrs. M. Mason, 236 Eighth avenue, West.
- CAPE TOWN, South Africa.**—Modern Science Pub. Co., 4 McPherson's Bldgs, Plein and Barrack streets.
- CHICAGO, Ill.**—The Progressive Thinker, 40 Loomis street.
- CHICAGO, Ill.**—The Progress Co., Progress Building.
- CHRIST CHURCH, New Zealand.**—Ida M. Bruges, Fendalton.
- DAYTON, Ohio.**—Lotos Library, 50 Stillwater avenue, Annie McIvor, librarian.
- DENVER, Col.**—Dr. Alexander J. McI. Tyndall, 526 14th street.
- DENVER, Col.**—Mrs. Edith Marie Raymond, 302 Twenty-second street.
- EDINBURGH, Scotland.**—Helen Rhodes-Wallace and Robert Wallace.
- FRESNO, CAL.**—Mrs. L. F. Sanders, 944 O. street.
- HAMILTON, Ontario, Can.**—Clove & Son, 16 King St., West.
- HARROGATE, England.**—Talisman Publishing Co., 526 Station Pde.
- HELENA, MONT.**—Mrs. S. J. Rumans, 1051 N. Ewing street.
- HUDSON, Ind.**—Mrs. M. J. Dole, Box 68, Dole street.
- HUMBOLDT, Iowa.**—Armetta M. Flowers.
- JAMESTOWN, N. Y.**—W. L. Peters, 11 B. East 8th street.
- JULIAETTA, Idaho.**—S. A. Roe, M. D.
- KIESTER, Minn.**—Mrs. Emilie Ewald.
- KALAMAZOO, Mich.**—Home of Truth, 506 So. Rose street. New Thought Library.
- LONDON, England.**—Higher Thought Center, 10 Cheniston Gardens, W.
- LONDON, England.**—L. N. Fowler & Co., 7 Imperial avenue, E. C.
- LONDON, England.**—Power Book Co., 29 Ludgate Hill, E. C.
- LONG BEACH, Cal.**—Mrs. S. F. Connley, 14 American avenue.
- LOS ANGELES, Calif.**—The Fountain of Life Institute, 943 So. Broadway.
- LOS ANGELES, Cal.**—Metaphysical Library, 611 Grant Bldg., 355 South Broadway.
- LOS ANGELES, Cal.**—Occult Book Co., 213 Mercantile Place.
- LOS ANGELES, Cal.**—Whalen's News Agency, 233 South Spring street.
- MASSILLON, Ohio.**—Ralph W. Young.
- MELBOURNE, Australia.**—Miss E. R. Hinge, 178 Little Collins street.
- MILWAUKEE, Wisc.**—Gustave Pinske, 713 State street.
- NEW YORK CITY.**—The London Book Concern, 366 Fifth avenue (corner of 35th street).
- NEW YORK CITY.**—New Thought College Free Reading Room, 110 W. 34th street.
- NEW YORK CITY.**—Roger Bros., 429 Sixth avenue.
- NEW YORK CITY.**—Dr. Richard B. Schleusner, 134 West 20th street.
- OAKLAND, Cal.**—Rest Reading Rooms, 719 14th street.
- OAK PARK, Cal.**—B. E. Moyer, 2915 34th street.
- OKLAHOMA CITY, Okla.**—Institute of Human Science, 318 East Seventh street.
- OMAHA, Neb.**—The Vitaphic Sanatorium, 2319 S. 13th street.
- OMAHA, Nebr.**—Omaha New Thought Fellowship, Room 3, Lyric Theatre building. Services, Sunday morning, 10 o'clock; Wednesday night at 8 o'clock.
- ORANGE, N. J.**—Mrs. Frances A. Ross, The Fairbanks, 477-481 Main street.
- PHILADELPHIA, Pa.**—Mary E. Brown, 1839 N 11th street.

- PITTSBURG, Pa.**—Dr. H. Lewis Belknap, 813 Wood street, second floor Wilkinsburg Station, P. O. Box 174.
- PORTLAND, Ore.**—W. E. Jones, 284 Oak street, Henry Building.
- PROVIDENCE, R. I.**—Mrs. W. S. Irons, 1524 Westminster street.
- PROVIDENCE, R. I.**—S. C. Dunham, 104 Olney street.
- SALT LAKE CITY, Utah.**—Shepard, the Magazine Man, 77 East 3d South.
- SEATTLE, Wash.**—Raymer's Old Book Store, 1522 First avenue.
- SHANGHAI, China.**—International Subscription News Co., J. Thompson, Mgr., American P. O. Box 923, 5a North Soochon Road.
- SPOKANE, Wash.**—Spokane Book and Stationery Company, 114 South Post street.
- ST. LOUIS, Mo.**—H. H. Schroeder, 3537 Crittenden street. German publications a specialty.
- ST. PAUL, Minn.**—Ida Willius Goldsmith, 606 Dayton avenue.
- SAN DIEGO, Cal.**—Loring & Co., 762-766 Fifth street.
- SAN DIEGO, Cal.**—J. C. Packard, 825-827 Fifth street.
- SAN FRANCISCO, Cal.**—Olivia Kingsland, 48 Portola street, near Steiner and Waller.
- SAN FRANCISCO, Cal.**—Occult Book Co., 1141 Polk street, near Sutter.
- SANTA BARBARA, Cal.**—Ramona Book Store, J. M. Barbour, Prop., 707 State street.
- SPRING VALLEY, Minn.**—Mrs. Rose Howe, Box 165.
- TACOMA, Wash.**—C. Albin Thorell, 1014 South 11th street.
- TORONTO, Can.**—W. H. Evans, 488 College street.
- VALPARAISO, CHILE.**—S. A.—Georgina Hamerton, Carilla, 271 P. O. B.
- WASHINGTON, D. C.**—The Washington Therapeutic Societies Circulating Library and Reading Room, Room 617, New Evans Bldg.
- WASHINGTON, D. C.**—Oriental Esoteric Society, 1442 Q street, N. W.
- WILLIMANSETT, Mass.**—Mrs. S. A. Emerson, 30 Emerson street.
- YOUNGSTOWN, O.**—Flora G. Whiteside, 108 West Wood street.
- THE AMERICAN NEWS COMPANY.** supplies *The Nautilus* on a returnable basis to all newsdealers who request it.
- AMERICAN WOMAN'S LEAGUE.**—*The Nautilus* is a Class A publication. Subscriptions taken by every American Woman's League Member.



Keep your eyes open! THINK!

Do you want to be a salary earner, a job hunter, all your life?

Better be your own boss! *Be a Doctor of Chiropractic*, the man people are looking for. The man who, without the aid of drugs or surgery, makes their ills a thing of the past.

Chiropractic corrects the cause of diseases by a adjusting the spine from abnormal to normal, allowing health-giving mental force to flow unhindered from brain through spinal cord and nerves to affected parts.

This new profession can be learned in one year. It offers a field of certainties. Competent chiropractors are earning \$5,000 to \$15,000 yearly.

Learn Chiropractic from the Developer

Our Correspondence Course is simple, easily understood, illustrated by thousands of actual photographs from life, teaches chiropractic thoroughly and includes one month's training, tuition free, at the Davenport school.

Write today for our free book—*The P. S. C. Way to Health for Wealth*

PALMER SCHOOL OF CORRESPONDENCE

Chiropractic Fountain Head

9th and Brady Streets,

Davenport, Iowa

Say you saw it in *The Nautilus*.

Nautilus News.

By THE EDITORS.

"Captains of Peace."

In our November Number will appear the second instalment of Sinclair Lewis' great serial "Captains of Peace." You will therein be made acquainted with the organization of the World Army of Peace, and some of its doings, and you will find out some things about aviation and some wonderful inventions that are on the verge of discovery.

It was in San Francisco as desk editor on the Associated Press that Sinclair Lewis began to get his first hand knowledge of these things.

The Los Angeles Aviation Meet of 1910 was the first great meet of the kind in this country. Mr. Lewis, in charge of the "early service" (that between one thirty and five in the morning) had to handle the glowing reports of Curtiss' and Paulhan's achievements as they came rattling from the telegraph instrument. Outside—all silent, with dawn hinted in the skies; a solitary policeman wandering up gray Market street. Within the great brilliantly lighted rooms of the Associated Press, a feeling of being in touch, telepathically as well as telegraphically, with all the world; not forgetting the aviation camp down at Los Angeles.

Later, while managing editor for the *Volta Review*, Dr. Alexander Graham Bell's pet organization, "for the increase and diffusion of knowledge relating to the deaf," located at Washington, D. C., Mr. Lewis was allowed to examine invaluable, yet unpublished notes made by Dr. Bell during recent years. Dr. Bell has put into aviation, particularly the development of the tetrahedral structure, the same interest and genius and energy which enabled him to invent the telephone. It was he who started Glenn Curtiss flying; and before the Wrights were flying, Douglass McCurdy was already in the air at Baddeck, N. S., in a machine designed by Bell. Not only on the practical side, but still more on the theoretical side was Bell a great pioneer; and his findings, carefully dictated and preserved, were examined in extenso by Mr. Lewis.

November Nautilus.

The special feature for November *Nautilus* will take you very far afield to show you some things that should

come close at home to every American.

Among the specially good things that will appear in November *Nautilus* are these:

An article by Annie Rix Militz on "The Preservation of the Body."

An efficiency tonic in "Your Creative Intelligence," by Walter DeVoe.

A cure for constipation in "The Great Health Giving Trio," by Fred G. Kaessmann.

A spiritual eye-opener in "Mining," by Jessie L. Bronson.

(Continued on Page 68.)

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

This Washer Must Pay for Itself.

A MAN tried to sell me a horse once. He said it was a fine horse and had nothing the matter with it. I wanted a fine horse. But, I didn't know anything about horses much. And I didn't know the man very well, either.

So I told him I wanted to try the horse for a month. He said "All right, but pay me first, and I'll give you back your money if the horse isn't all right."

Well, I didn't like that. I was afraid the horse wasn't "all right" and that I might have to whistle for my money if I once parted with it. So I didn't buy the horse although I wanted it badly. Now this set me thinking.

You see I make Washing Machines—the "1900 Gravity" Washer.

And I said to myself, lots of people may think about my Washing Machine as I thought about the horse, and about the man who owned it.

But I'd never know, because they wouldn't write and tell me. You see I sell my Washing machines by mail. I have sold over half a million that way.

So, thought I, it is only fair enough to let people try my Washing Machines for a month, before they pay for them, just as I wanted to try the horse.

Now, I know what our "1900 Gravity" Washer will do. I know it will wash the clothes, without wearing or tearing them, in less than half the time they can be washed by hand or by any other machine.

I know it will wash a tub full of very dirty clothes in Six minutes. I know no other machine ever invented can do that, without wearing out the clothes.

Our "1900 Gravity" Washer does the work so easy that a child can run it almost as well as a strong woman, and it don't wear the clothes, fray the edges nor break buttons the way all other machines do.

It just drives soapy water clear through the fibres of the clothes like a force pump might.

So, I said to myself, I will do with my "1900 Gravity" Washer what I wanted the man to do with the horse. Only I won't wait for people to ask me. I'll offer first, and I'll make good the offer every time.

Let me send you a "1900 Gravity" Washer on a month's free trial. I'll pay the freight out of my own pocket, and if you don't want the machine after you've used it a month, I'll take it back and pay the freight, too. Surely that is fair enough, isn't it?

Doesn't it prove that the "1900 Gravity" Washer must be all that I say it is?

And you can pay me out of what it saves for you. It will save its whole cost in a few months, in wear and tear on the clothes alone. And then it will save 50 cents to 75 cents a week over that in washwoman's wages. If you keep the machine after the month's trial, I'll let you pay for it out of what it saves you. If it saves you 60 cents a week, send me 50 cents a week 'till paid for. I'll take that cheerfully, and I'll wait for my money until the machine itself earns the balance.

Drop me a line today, and let me send you a book about the "1900 Gravity" Washer that washes clothes in 6 minutes.

Address me this way—H. L. Barker, 346 Court Street, Binghamton, N. Y. If you live in Canada, address 1900 Washer Co., 357 Yonge St., Toronto, Ont.





Follow this line to a finish—send for your copy of "Power of Will" and in one stroke you'll make your Power-fortune.

WILL - POWER.

Just what the Will is.
What stimulates it.
What it commands.
The only highway by which it can be developed.
Survey of the Theory of Will-Power.
The Will's relation to Mind and Body.
Five forms of Will-Power demanded for life success.
How the Will relates to the highest and most powerful principle of Human Action:—ONE AIM.
How some of the Will-Power giants of the world have used their Wills.
Will's wonderful power of Inhibition.
How the Will is lord of the Mind's faculties.
How the Perfect Will commands the Moral Self.
Explanation of how the Will creates Human Power.
The Seven Forms of Will:—how acquired and developed.
Tremendous power and value of the Will:—the great "Victory Resolution."
How the man with every power at labor operates.
Harmony of Mind and Body powers.
Various Phases of unbalanced Will-Power; how changed into masterful traits.
How to have strong impulses.
How to decide quickly.
How to overcome Changeable Will.
How to Persevere.
How to control the Explosive Will.
How to control Headstrong and Perverse Wills.
"The greatest thing in all education" a splendid power-formula by William James.
The Full-Jewelled Principles of Will-Training, including Perceptive Powers, Memory, Imagination, Reasoning Power, Moral Culture, Etc.
The Four Granite Cornerstone Methods of Will-Power development.
The Two-fold Process for growth of Will.
The Seven Laws by which Moral Culture develops the Will.
How Moods of Mind make for Power of Will.

YOU HAVE INHERITED A LARGE FORTUNE

It is contained between the covers of the world-famous study-system

POWER OF WILL The Science and Practice of Mental Supremacy

The noted philosopher-scientist, Frank Channing Haddock, has condensed a wealth of practical instructions into the 400 pages of this big volume. It contains One Thousand New Methods, Rules and Laws which develop highest powers of Mind, Health, Culture, Brain, Influence, Energy, Will, Soul, Success, Financial Leadership.

It is owned and praised by Bank Presidents, Masters of Finance, Business Leaders, College Professors, Merchants, Clerks, Physicians, Lawyers, Mothers—people in all walks of life.

Read New Edition FREE of Charge.

A new edition has just come from the press—one copy is for you. The thousands who already own one (hundreds of "Nautilus" readers included) say it is the most wonderful and helpful New Thought instruction ever published. I want you to send for your copy; if you can part with it, you will have read it free of charge. (See order coupon.)

This is the book you've hunted for; you've spent many a dollar without getting the same instruction.

Where On Earth AT ANY PRICE Can You Find Another Book Which Contains This Powerful Knowledge?

A chart showing how all human powers are interactive and inter-dependent.

What the Will is an exhibition of.
The Power of Will that can control ill.
How the Perfect Will exhibits; the Maxims of Mood Combinations.
The Six Ruby Rules forming the permanent basis of Will-Culture.
The inspiring "Will Resolution."
The secret every child gradually learns about the Will.

Fifty-Five Rules for use in the conduct of life assuring Self-Control, Mastery of Actions, Cool Judgment, Minimizing of Mistakes, Far-sighted Judgment in the Conduct of Affairs.
How to tell which of two or more courses to pursue.

How to work all your powers into one supreme channel.

How to avoid getting into unfortunate positions, circumstances, ventures.

The best time of day to decide important matters; when the powers are at their height; when at their lowest.

How to weigh and consider Motives for Action.

Forty-Four Specialized Rules of Conduct yielding marked powers of Decision, Personal Force, Mind Power, Correct Conduct, Self-Valuation and Knowledge, Powers of Adjustment to Superiors, Equals Inferiors, Etc.

Guiding Maxims for evolution of deepest Consciousness of Self and Personal Possibilities.

First Requisites of Indomitable Will-Power.

How to develop and possess the Will habit: the ne plus ultra of Will Power.

What determines average Will-Power.

Exercises for making the Will supreme controlling power of thought.

How to resolve to overcome all difficulties, and then stick to that resolution and reach any reasonable goal in life.

Making the Body respond to Will.

Secret of the Wills Power.

How to develop and use commanding Power of Will in all public affairs.

INTELLECTUAL SUPREMACY.

How intellectual values are secured from the faculties of Perception, Intuition, Imagination, Deliberation, and Emotions.

Illustrations disclosing the great value of an intelligent understanding of Mental and Psychic states.

Description of the Moods of Feeling (or Interest), Energy, Permission Decision, Resolution, Continuity, Understanding (Mental Expansion), Reason, Righteousness, Moral Power:—its tremendous confidence-inspiring worth. Studies for cultivation of all Moods.

How the power of Observation is developed: the Infallible and Commanding Formula.

How to develop the controlling faculties of Mind; numerous Star-Methods, certain in quick results.

Mastery of the Wandering Mind with exercises for controlled mind-action and "the flash of thought."

How the lost art of Attention in Reading can be regained.

How to read books for greater results; how to begin; how to continue; various plans to pursue. Principles of Right Reading resulting in complete grasp of any ordinary subject.

Acquirement of Ability to Think, to Reason, to put Thought into words, to master contents of books, etc.

The Four Powers upon which true thinking depends. Detailed directions for developing all four to a degree limited only by your native endowments.

What lack of thought-power does.

Exercises for winning Brilliant Powers of Concentration; of Thought and Attention, Analytical Thinking Ability.

What is needed to make a Strong Mind.

These exercises (unlike anything else in literature) are a daring and monumental achievement. They start you on a pathway of never-ending success. They produce creative Thought-Power, Literary Skill and Art, Mind-Power enormous, Expansive Intellect.

Secret of Great Thinking.

How to begin an essay on any subject and give it life, interest, value.
What the one **Conqueror of Forgetfulness** is.

The Golden Rule of Memory.

First Requisite for Memory; the Second.
Methods for acquiring memory of printed matter, of facts, faces, etc.

The Underground Secret.

Memorizing the substance of books: a foundation for solid learning seldom, if ever, paralleled.

How the **Great Pioneer Power**—Imagination—is developed and handled for achievement and invention in all phases of life.

Studies and exercises in consideration of Desires, Reasons, Purposes, and Fore-picturing Consequences.

Rare Exercises for acquiring the power to Build Mental Images—the Heralds of Creative Power.

How to develop and use **Inventive Ability**.

An **Invaluable Study** for authors, painters, artists, inventors, or anyone who has to "see it in the mind's eye" prior to material creation.

How dangers of Imagination are avoided, assuring freedom from such bugbears as fear of men, hallucinations, ill luck, misfortune, death, hell, emerging in the **Full Souled Master**.

The Secret of Mental Concentration: how increased in intensity. Sustained thinking: one of the Will's noblest aspects.

BRAIN - POWER.

How co-operative and forceful brain-action is secured.

How "lines of least resistance" in brain-action are produced.

What decides the kind and power of thought in the Cerebrum (frontal brain).

What the Mind is the product of; the elements required.

Keen Perception: **Seven Rules.**

Retentive Memory: **Thirteen Rules.**

Heraldic Imagination: **Eleven Rules.**

Self Perception: **Seven Rules.**

Superb Self-Control: **Thirteen Rules.**

(Here are Fifty-One Great Principles of Brain-Culture.)

Axioms on the Power of Attention.

Secret of Brain-Power.

What Attention is and how intensified.

How to Master the Moods of Feeling

(Four Rules). Energy (Six Rules).

Decision (Five Rules). Continuity

(Six Rules). Understanding (Seven

Rules). Reason (Seven Rules).

Righteousness (Sixteen Rules).

SELF-CONQUEST.

Twenty Exercises and Methods for securing Control of Body, Conservation of Nerve-Force, Calmness in Action, Level-headed Judgment, Body-Harmony, Consciousness of Physical Power, Control of Thought, Directed Body Action, Perception of Personal Forces, Masterful Physical Conduct.

Three Axioms of nerve-force and how multiplied into the sum total of Personal Power.

Making the Hand the Mind's obedient servant.

How to bring manual work to highest attainment.

Importance of **Steady Nerves.**

How the controlling or fearless man acts.

Unique and Original Exercises for realizing all above values.

(Here are studies of the most sweeping importance, as they yield buoyant health, nerve-tone, electric energy accumulated, and the physical foundation for **Great Brain-Power**.)

What the **Great Factor** in the formation of all Habits is.

Three things that must be done to overcome and eliminate undesirable habits.

Detailed directions on Profanity, Exaggeration, Irritability and Anger, Evil Imaginations, Tobacco and Liquor, Slang, Hesitation of Speech, Indecision, Want of Opinion, Too Much Opinion, etc.

(Two Hundred Rules and Axioms for Conquest in this Realm.)

PHYSICAL ENERGY.

How Moods of Mind exert an influence on the body.

Effects of Emotions on the body.

How to tone the entire system.

How to exert a developing influence on any function.

The Six Marble Basic Principles of Physical Power: with many developing Maxims.

Five Axioms of how Body-Health bases Will-Power.

Secret of Energy, what it is.

CULTURE OF SENSES.

Inspiring Directions and Methods for maintaining abounding health; the foundation of Mind-Power and Personal Power.

How the eye may be brightened in gaze.

How to acquire a keen eye.

The Sense-organ "law of growth."

How vision is intensified.

The power back of vision.

Various fascinating and profit-yielding exercises for developing ability to acutely hear sounds and use same for intelligent growth of Will.

The highest point in education.

Eleven Detailed Processes for developing the **Powerful Eye:** strong power of observation, quick grasp and comprehension of what the eye sees.

What the mind must do to develop **Penetrating Power of the Eye.**

Seven pages of studies in the Sense of Taste.

Seven pages in the Sense of Smell.

Seven pages in the Sense of Touch.

PERSONAL INFLUENCE.

What you must do to influence any man.

The Eight Dominant Principles of Personal Influence and Control.

How Confidence, Enthusiasm, Self-Mastery, Motives, Insight, Co-operation, Will-Power, combine as Factors in Personal Power.

The Strong Man in Power: what the character of his influence over his fellowmen depends upon.

Supremest Individual Power.

Strong Will for right control of others. The Secret of man's commanding power.

The Real Source of Personal Magnetic Power.

The chief difficulties of public address. How to acquire Thought-Ability, develop Language, accumulate splendid Vocabulary, master Expression.

Mental Speaking: how to practice speaking in terms of words. Thinking through an entire subject: the connecting links.

Cultivating Imaginative Power for Thought Creation.

Working up illustrations.

Detailed Directions for developing power of influence and conviction in public speaking: just how to prepare the underground factors.

Mastering the drawback of fear of audience, getting familiar with the audience; getting in good practice; good Will-Power, Confidence, Profound Convictions, Courage.

The Fifty-Four Laws of Personal Power in private or public contact with persons; absolutely infallible (if practiced) in building the man of Leadership, Influence, Command, and securing Ease in Society, and Adjustment to All Classes—superiors, equals, inferiors; emerging **Master of the Situation** anywhere, at any time.

Framing the Child's Will.

Thirty-Five Pages of studies in building the child's powers of intelligent self-direction. Simply the only study of this nature ever devised. A literary gem, yet of downright sanity, and of the most profound influence and worth in shaping aright the Will of the Growing Master.

"Nautilus" Praises This Book

"The books you have to sell are fine and you know it, and we know it, therefore we are glad to take your business for NAUTILUS." C. H. Struble, Managing Editor of NAUTILUS. Aug. 26, 1911.

The Book and the Price.

Rich purple binding, designs in gold, size 6x9 in.; 400 pages, gilt tops. Carefully packed, mailed anywhere in the world; if remailed within five days, **MONEY REFUNDED.**

\$3.00
Post Paid

Order direct from

A. L. PELTON, Sole Publisher, Meriden, Conn.

USE THIS ORDER COUPON.

A. L. PELTON, Pub.,
Meriden, Conn.

Knowing that "Nautilus" guarantees its advertisements bona fide, I have decided to deposit \$3 with you while examining the book "Power of Will." If I remail the book, registered, within five days from receipt, you agree to return the \$3 at once.

Name

Town.....

State.....

St. or P. O.....

Please mention NAUTILUS when answering advertisements. See guarantee, page 5.

POPULAR EDUCATIONAL FOOD CAMPAIGN



Do you know how to combine ordinary foods to produce health?

DIET VERSUS DRUGS

I can tell you without technical terms, the best combinations and proportions for your needs.

GENERAL CLASSIFICATION OF FOODS



MUSCLE OR FORCE PRODUCERS



SOLVENTS



BLOOD PURIFIERS OR LAXATIVES



I Have No Foods To Sell

Indigestible, irritating foods and the retention of their waste matter are the cause of homeliness (double chin, dull eyes, bad skin, fagged face, etc.) dullness and disease. The foods which cause expectoration, catarrh, cough, constipation, tumors, etc., are specified in the free booklets. Wrongly combined foods either ferment, cause gas, poison, or kill; e. g., gastritis, appendicitis, apoplexy, etc. Drugs never have cured disease, never can and never will cure.

Body rebuilt and purified by a suitable diet, free from irritating and indigestible materials.

Striking Effects of Different Food Combinations

An excess of starchy and fatty combinations of foods will make you sluggish; it will give you dull, splitting headaches, lack of memory and concentration, drowsiness and inertia. A complete change to "digestible" brainy foods (suitable meat, game, fish and dairy foods, combined with suitable vegetables and fruits according to the new brainy diet plan) will produce the most marked improvements in a few weeks.

One dropsical consultant lost 18 pounds of over-weight in the first week, and returned to business.

Another, a thin man, after being out of work nearly a year through weakness, was restored in three weeks to hard work as a carpenter at full pay. In such cases the change from a clogging, death-producing diet to energizing foods caused a literal transformation.

Another patient, deaf in the right ear, owing to a discharge caused by an excess of mucus-making foods (cream, butter, cheese, etc.), was completely cured of deafness and catarrh by taking correct combinations of suitable foods.

A case of kidney and bladder trouble of ten years' standing was saved from a surgical operation, and the objectionable discharge cured within ten days, because the loss of control was due entirely to the constant irritation from certain irritating foods and drinks.

A chronic sufferer, weighing 415 pounds reduced over 150 pounds (in public life, under many witnesses), gaining strength and firmer flesh, and losing rheumatism. Many well-known diseased persons have been taught how to cure themselves by brainy foods during 23 years, by S. Leppel, in England (see the Leppel "Bulletin") and during 9 years by the writer in America.

During thirteen years of personal experiments, I have learned to produce in myself various diseases, each by eating certain wrong foods for a few days or weeks. They are: Rheumatism, catarrh, sore throat, constipation, double chin, swollen glands, kidney troubles, shortness of breath, rough scaly skin, dandruff, sores, boils, pimples with white pus, blackheads, rash, dry hair, and numerous other symptoms, AND I CAN CURE THESE SYMPTOMS OF ILL HEALTH IN A FEW DAYS BY CORRECT FOODS.

FOUR INSTRUCTIVE BOOKLETS SENT FOR TEN CENTS

"The lists of daily foods which increase brain power, promote longevity, cure congested liver, etc., are worth untold dollars."

(1) The Brainy Diet Cure

(3) Effects of Foods

(2) Diet vs Drugs

(4) Key to Longevity

Send addresses of your sick friends to

G. H. BRINKLER, Food Expert, Dept. 51, Washington, D. C.

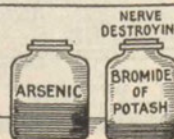
Please mention NAUTILUS when answering advertisements. See guarantee page 5.

HISTORY OF MEDICINE

ANCIENT PHARMACY



MODERN PHARMACY MORE DESTRUCTIVE



THE NAUTILUS.

Vol. XIII.

OCTOBER, 1911

No. 12.

CONTENTS:

Editorials,	Elizabeth Towne,	11 to 18
Reflected (New Poem),	Ella Wheeler Wilcox,	19
Introspection,	Edgar Lucien Larkin,	20
Why Pride Precedes a Fall,	Katherine Quinn,	22
In the City Slums (Poem),	Harriet Howe,	24
The Renewal of the Body,	Annie Rix Militz,	25
The Kingdom of the Spirit,	Rose DeVaux-Royer,	28
Afoot and Awheel in Many Lands,	Helen Rhodes-Wallace,	29
Purpose (Poem),	John E. Dolsen,	33
Captains of Peace,	Sinclair Lewis,	34
And Then You Shall Know (Poem),	Grace M. Brown,	40
His Grandfather's Nose,	Florens Folsom,	41
As the Pearl (Poem),	Elsie McLean,	42
Live the Joy Philosophy,	Fred G. Kaessmann,	43
Views and Reviews,	William E. Towne,	44
The Meal and the Man,	Mariella John Ladd,	47
New Thought Efficiency,	Wallace R. Struble,	49
Creedless,		54
The Way the Wind Blows,		54
Things That Make for Success,		56
Family Counsel,		58
Little Visits,		60
Anent Books and Things,		66
Nautilus News,		1

YEARLY SUBSCRIPTION, \$1.00.

SINGLE COPIES, 10 CENTS.

Copyright, January, 1911, by Elizabeth Towne.

Published Monthly.

Holyoke, Massachusetts.

Entered at the Post Office at Holyoke as second class mail matter. Foreign postage, 50 cents.

THE NAUTILUS

ELIZABETH TOWNE
WILLIAM E. TOWNE

Editors

Edwin Markham
Ella Wheeler Wilcox
William Walker Atkinson
Mariella Ladd
Prof. Edgar L. Larkin
Annie Rix Militz
Cora Linn Daniels
Sinclair Lewis
Helen Rhodes-WallaceThese are
Nautilus
Contributors
for 1911-12.
Others
Coming.

both old and new address. This is most important, for names cannot be found on list unless town and state are given.

I assume no responsibility for copies of NAUTILUS lost through failure to notify me promptly when address is to be changed.

All articles and items appearing in NAUTILUS which are not otherwise signed or quoted, are written by the editors.

All articles, poems and items in this magazine are written especially for THE NAUTILUS, unless otherwise indicated; and are protected by copyright. Other publications are welcome to quote from our columns provided credit is given THE NAUTILUS.

The word NAUTILUS is pronounced exactly as spelled, accent on first syllable. Its significance is hinted in the NAUTILUS verse at top of page 11.

ADVERTISEMENTS.

The publishers of THE NAUTILUS use every reasonable effort to see that only advertisements of reliable concerns appear in its columns. While we cannot undertake to adjust mere differences between advertisers and their customers yet we will make good in Dollars and Cents, the actual loss any paid-up subscriber sustains by being defrauded through any advertisement in this number of THE NAUTILUS, provided you mention THE NAUTILUS when answering advertisements, and that complaint is made within thirty days of the publication of this number, and provided also that you made remittance to the advertiser in such form that it can be traced.

THE NAUTILUS, monthly, \$1.00 a year; foreign countries, 6 shillings, 3 pence, by international money order; to Canada, \$1.25. Foreign money, stamps or postal notes not acceptable. THE NAUTILUS is owned and published by The Elizabeth Towne Co., Holyoke, Mass., to whom should be sent all subscriptions and all correspondence regarding the magazine.

If special receipt is desired for subscription sums less than \$1.00, send self-addressed and stamped envelope or card.

You will save me, and perhaps yourself, a lot of trouble if you will state whether your subscription is new or a renewal.

We will send you a notification when your subscription expires.

Give full name and fullest address in every letter. Send prompt notification of change of address, giving

Just How Books for You and Yours

BY ELIZABETH TOWNE.

PRACTICAL METHODS FOR SELF-DEVELOPMENT, SPIRITUAL, MENTAL, PHYSICAL.

160 pages, on antique paper; new half-tone of the author; well bound in cloth; price, \$1.00.

THE LIFE POWER AND HOW TO USE IT.

176 pages, well bound in vellum cloth, with autograph picture of author. Price, \$1.00.

LESSONS IN LIVING.

The latest book by Mrs. Towne, out October 1, 1910, 185 pages, bound in silk cloth, stamped with special cover design, new portrait. Price, \$1.00.

JOY PHILOSOPHY.

75 large pages, bound in purple silk cloth, stamped in gold. Price, \$1.00.

YOU AND YOUR FORCES, or The Constitution of Man.

15 chapters, green and gold, flexible cover, half-tone of the author. Price, 50 cents. "Full of thought-starters." "In many respects the most remarkable book I ever read."

HOW TO GROW SUCCESS.

71 pages, strong paper cover, picture of author; price, 50 cents. "A well of information and help."

EXPERIENCES IN SELF-HEALING.

A Spiritual autobiography and guide to realization, intensely alive and helpful; price, 50 cents. "A book of strong common sense, lighting up what to many is a path of fear and mystery."

HAPPINESS AND MARRIAGE.

Treats of the everyday problems of married life and tells how to solve them successfully. 80 pages, heavy paper covers, picture of author. Price, 50 cents.

JUST HOW TO WAKE THE SOLAR PLEXUS.

Paper bound; price, 25 cents. German translation by Bondegger; price, 30 cents. "It contains a FORTUNE in value." "Breathing exercises of great value." "Not only the key, but explicit method."

JUST HOW TO CONCENTRATE.

Paper; price, 25 cents. "A bugle call to those who sleep." "A power and an inspiration." "So helpful."

HOW TO TRAIN CHILDREN AND PARENTS.

Paper, price, 25 cents. German translation by Bondegger; 30 cents. "It is great! Every father and mother should have it."

JUST HOW TO COOK MEALS WITHOUT MEAT.

Paper; price, 25 cents.

YOUR CHARACTER, by Elizabeth Towne and Catherine Struble Twing.

96 pages. Price, 75 cents.

BY WALLACE D. WATTLES.

THE SCIENCE OF GETTING RICH.

Bound in violet silk cloth, portrait of author, 155 pages. Price, \$1.00.

THE SCIENCE OF BEING WELL.

Uniform with the above; new portrait; price, \$1.00.

THE SCIENCE OF BEING GREAT.

Uniform with the above. Price, \$1.00.

NEW SCIENCE OF LIVING AND HEALING.

Bound in "Rhodenden." 100 pages. Price, 50 cents.

MAKING THE MAN WHO CAN.

Bound in finest laid paper, 47 pages. Price, 50 cents.

FIVE SPECIAL BOOKS.

HEALTH AND WEALTH FROM WITHIN.

By William E. Towne.

Cloth bound, half-tone of author, 156 pages. Price, \$1.00, postpaid.

PROSPERITY THROUGH THOUGHT FORCE.

By Bruce MacLelland.

Cloth bound, half-tone of author, 160 pages. Price, \$1.00.

PSYCHICOM, or Soul Sleep, by Helen Rhodes.

New light on self-development. Practical and helpful. Cloth bound. Price, \$1.00. "Selling like hot cakes."

THROUGH SILENCE TO REALIZATION.

This is the latest book by Floyd B. Wilson, author of "Paths to Power," etc. Handsomely bound, green and gold, 200 pages. Price, \$1.00.

THE EVERY DAY BOOK.

Compiled and portions of it written by Suzanne Wardlaw.

A "birthday book," "year book" and "every day book" combined. Gives zodiacal sign, precious stones, colors, flowers, musical composers and special sentiment for every month, with appropriate quotation for each day of the year. A little beauty, heavy finished paper, rich, red silk cloth, stamped in white leaf, 130 pages, and blank pages for further sentiments. Size, 4½x8 inches. Price, \$1.00, postpaid.

BY ELLA WHEELER WILCOX.

THE STORY OF A LITERARY CAREER.

By Ella Wheeler Wilcox.

This book contains a foreword by Elizabeth Towne, who publishes it; and a supplementary chapter by Ella Giles Ruddy. Beautifully printed and bound in heavy paper with illustrations. Price, 50 cents.

NEW THOUGHT PASTELS.

A volume of the latest and some of the best of Ella Wheeler Wilcox's beautiful poems. Paper, 50 cents. Silk cloth bound, 90 cents. Postpaid.

Any of the above books sent postpaid on receipt of price. Any \$4.00 worth sent postpaid for \$3.50; any \$10.00 worth for \$8.50. All sent postpaid to separate addresses if you like. Order of the publishers, The Elizabeth Towne Co., Holyoke, Mass.



I WILL MAKE YOU PROSPEROUS

If you are honest and ambitious write me today. No matter where you live or what your occupation, I will teach you the Real Estate business by mail; appoint you Special Representative of my Company in your town; start you in a profitable business of your own, and help you make big money at once.

Unusual opportunity for men without capital to become independent for life. Valuable Book and full particulars Free. Write today.

NATIONAL CO-OPERATIVE REALTY CO.
R. H. Marden, Pres.
Marden Building
Washington, D. C.

R. H. Marden, Pres.

Salesmanship Self-taught

A great, new, wonderful course by Fred G. Kaessmann. Saturated with "know how," acquired during years of practical experience and deep scientific study. Equal to \$25 courses, yet costs only \$5 cash, \$6 instalments. Will make an expert of you. Sample of lesson covering "Preparation, Approach, Demonstration, Getting the Money," 12c. Special offers NOW. Booklet free. Write today. "Be a motor, not a clog." "HEALTH-WEALTH" PUB. HOUSE, 79 Bennington St., Lawrence, Mass.

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

Stop Forgetting!



Now, What Was That Fellow's Name?
I Can't Remember Those New Terms.
I Know—But Can't Find Exact Word.
What on Earth Did He Say About It?

A Perfect Memory Is the Key to Success

The mind of the average person is filled with thousands of single unrelated ideas which waver and fluctuate with every emotion, like the billows of the sea.

The man with a Wandering Mind can never hope to Make Good—he will always be a drug on the market—he has too many competitors. The great men of all ages are those who acquire the ability to concentrate and to memorize.

You Can Be Trained to Remember Accurately

In the business battle — matching wits each hour of every day — the ability or inability to think on your feet, to remember instantly and accurately means gain or loss. To succeed you must be "forget-proof." Just as surely as a poorly organized business can be placed upon a basis of perfect systematization and thereby made thoroughly efficient — so can your mind be trained and made a classified indexed and cross indexed filing system of facts so that you can command, on the instant, any thought, fact or argument.

The Dickson Method of Memory Training Will Do This for You

It will enable you to classify impressions, ideas, names, facts and arguments so as to have them ready at a moment's notice at any time. It will train you to think on your feet, to converse in a natural, interesting way, to overcome self-consciousness and bashfulness, to acquire easy, logical thinking. My course is not a theory, but is purely and absolutely scientific—the result of more than 20 years of close, intimate contact with students in schools and colleges and searching their developing minds for means of strengthening their memories.

I Want to Send You My Book, "How to Remember,"

Absolutely FREE Simply clip the coupon and mail it today. It will explain clearly the course that has raised thousands of men from failures to great successes. You can have this same training. My free book is the first step. Don't delay. Age, education, vocation or place of residence makes no difference. Send the coupon today.

How to Get a Free Copy of This Valuable Book

De luxe edition handsomely illustrated, richly bound. Is exactly suited to meet the needs of the man or woman who desires to be a successful public speaker. The price of this 1911 de luxe edition is \$2.00. I will, however, present a copy absolutely free to every student who enrolls for my course of memory training within ten days after reading this offer.

Send the Coupon Today



Prof.
Henry
Dickson

America's foremost authority on Memory Training, Public Speaking, Self Expression, and Principal of the Dickson Memory School, Auditorium Building, Chicago.

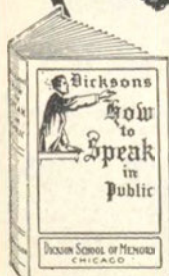
Prof. Henry Dickson
Principal, Dickson School of Memory
888 Auditorium Bldg., Chicago, Ill.

Send me free Booklet "How to Remember," also full particulars how to obtain a free copy of Dickson's "How to Speak in Public."

NAME

STREET

CITY.....STATE.....



Please mention NAUTILUS when answering advertisements. See guarantee page 5.



Dr. Denton J. Snider is regarded by the European intellectual world as one of the greatest living philosophers and thinkers. In this country he is best known as the author of widely read Commentaries on Shakespeare, Dante, etc. These essays rank as masterpieces throughout the literary world. From 1864 to 1867 Professor Snider taught Greek, Latin, English Literature, Mathematics and History in the Christian Brothers' College, St. Louis. This was followed by ten years' teaching in the St. Louis High School, during which time Professor Snider added Mental Philosophy, Natural Science and Shakespeare to his subjects. Since 1877 he has given his entire time to lecturing and the preparation of Universal Psychology. In 1894 Oberlin College conferred a degree upon Professor Snider, "her greatest scholar." Eight years later Dr. Snider, who for some time had been living in Chicago, returned to St. Louis, at the earnest solicitation of the St. Louis Society of Psychology, an organization of several hundred members, formed for the study of Universal Psychology. Dr. Snider is the author of thirty-four volumes, which include works on literature, biography, art, music, architecture and philosophy.

PSYCHOLOGY

The New Science Universal

By Dr. DENTON J. SNIDER

Of deep interest to all thinking people, the salient character of Universal Psychology may be indicated in the fact that it is neither metaphysical nor physical in method or matter, but purely psychological.

Slowly the science of Psychology has been pushing to the front as the Universal Science. But it has been hitherto handicapped by alien methods foisted upon it. So we have had chiefly two kinds; the old Rational (so-called) Psychology, dominated by the metaphysical system of some philosopher, and the more recent Psychological Psychology, dominated by the procedure of Natural Science. The present system maintains a view opposite to yet inclusive of both these methods. Psychology is proclaimed the master of the house, no longer the subordinate; it is to organize Philosophy and Natural Science, and not to be organized by them. It is the new Universal Science and openly asserts itself as a system in spite of today's pragmatic prejudice against all systems. The only work of this kind wrought out to completion in the English language. Complete in 16 volumes.

I. ORGANIC PSYCHOLOGY (THE ORGANON). 3 vols. (1) **Feeling, with Prolegomena**, 534 pp. (2) **The Will and Its World**, 575 pp. (3) **Intellect** (Psychology and the Psychosis), 556 pp. Each, \$1.50. Postage extra.

II. PSYCHOLOGY OF PHILOSOPHY. 2 vols. (1) **Ancient European Philosophy**, 730 pp. (2) **Modern European Philosophy**, 829 pp. Each, \$1.50. Postage extra.

III. PSYCHOLOGY OF NATURE. 2 vols. (1) **Cosmos and Diacosmos**, 578 pp. (2) **The Biocosmos**, 481 pp. Each, \$1.50. Postage extra.

VII. PSYCHOLOGY OF BIOGRAPHY. 2 vols. (1) **Abraham Lincoln**, 574 pp. \$1.50. (2) **Frederick Froebel**, 470 pp. \$1.25. Postage extra.

Send for descriptive circular.

Separate volumes will be forwarded upon receipt of postpaid price by

A. C. McCLURG & CO., CHICAGO, ILL.

Published by the SIGMA PUBLISHING Co., 210 Pine Street, St. Louis, Mo.

THE MESSAGE

OF THE

NEW THOUGHT

By William Walker Atkinson.

Hundreds of intelligent, cultured people are asking:

Just what is the New Thought?

Where and how did it originate?

How does it help one?

Your friends have probably asked you this question many times.

William Walker Atkinson has just written a book—"THE MESSAGE OF THE NEW THOUGHT"—which answers all these questions. Answers them authoritatively and without any beating about the bush.

The book shows that New Thought had its origin away back in some of the wisest minds of the race.

That it is closely related to that strange revival of Transcendentalism, lead by Emerson, which took place in America about 1800 to 1825.

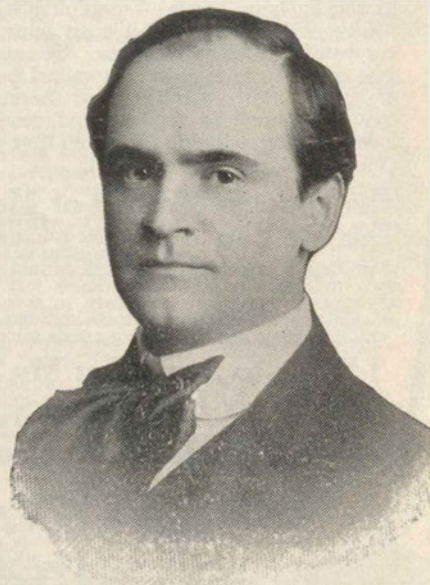
That the Mental Healing feature, or the psychology of the New Thought, grew side by side with this Transcendentalism.

That the two streams finally converged into one common channel, and united in one mighty spiritual movement, now known as the New Thought, and which includes Christian Science, the Emmanuel Movement and all similar systems of healing.

When sending us the manuscript of this book Mr. Atkinson wrote: "I consider this one of the best things that I have ever written along the lines of New Thought, and those to whom I have read it agree with me—and some of them are my severest critics, too."

Elizabeth Towne says: "William Walker Atkinson has just written a new book that will certainly become THE authority on the history and principles of New Thought. I predict that none of Mr. Atkinson's works will do more to make him famous."

EXTRA SPECIAL OFFER: We will give a copy of this new book FREE with one NEW 6 months' subscription to *Nautilus* at 50c. Book and magazine may go to separate addresses if desired. Why not get YOUR copy NOW? **THE ELIZABETH TOWNE CO., Holyoke, Mass.**



Please mention NAUTILUS when answering advertisements. See guarantee page 5.

What Is YOUR Trouble

If you are suffering from any chronic disease and are tired of drugs, just send your address and give name of disease.
We will send you a special booklet treating of the disease and giving much interesting information about it.

Health By Mail

is an effective, practical system of curing disease without the use of drugs. **It will do what drugs cannot do.** It will remove the cause of your trouble and not cover up the symptoms. This system was developed by 25 years' of careful study and experiment in rational methods of cure.

While **Health By Mail** is under the direction of a skilful, regularly qualified M. D., yet only Nature's curative methods are employed. Our methods of treatment go to the **cause** of the disease, and intelligently assist Nature to restore health.

We give careful, conscientious personal attention to each case, and will **treat you until you are cured.**

Proof That Our Method Cures Disease

Clarence F. Pattison, No. 3320 Bryant St., Denver, Col., writes: "I have been waiting these six months before writing this letter, for I wanted to be sure your cure was permanent. I gained 20 lbs. in weight during the first 4 months of your treatment, but best of all I was saved from an operation which the doctors told me was absolutely necessary to save my life."

E. G. Shaefer, County Surveyor's Office, Columbus, O., says: "I wish to report that I have reached the desired 125 lbs. of good solid flesh. I weighed exactly 102 lbs. when I started with you. My digestion seems to have fully recovered and I feel as strong and well as ever in my life."

Bettie Sherborn, 715 East Fourth St., East Liverpool, O., says: "You have worked wonders in my case. I have gained 35 lbs. in weight and am feeling fine."

Miss Mary Shoenheit, 523 N. Charles St., Saginaw, Mich., writes: "I cannot really tell you how much improved I am. I am less nervous, sleep better, and the headaches have almost entirely disappeared."

Frank Inch, 814 First Ave., Rock Island, Ill.: "I have no trouble with my stomach any more and am stronger in every way."

E. F. Landolf, Commercial Club, Albuquerque, N. M.: "I thank you for actually saving my life. I am not only perfectly well but you have taught me how to keep well. I had suffered a number of years with constipation and also a case of chronic pleurisy, both of which are entirely cured."

Probably we have cured some one of the disease that afflicts YOU. Let us send you PROOF and also a free booklet as announced above. We will include, free, Dr. Villet's new book, "Health Without Drugs." All correspondence confidential. I give my personal attention to each case. You incur no obligation of any sort by asking for the free booklets. Let us hear from you. Address

CLARENCE K. VLEIT, M. D., Head Physician, Health By Mail, Inc., 109 A, West 129th St., New York City.



Bernarr Macfadden's Physical Culture Course---Free

In order to quickly secure new subscribers to the
Physical Culture Magazine

we're going to give away a complete course in physical culture, personally prepared by Mr. Macfadden, to every person sending us \$1.00 for an eight months' subscription.

If we were to market this course for profit we could not offer it at a cent less than \$15.00

We feel certain you'll become a regular subscriber when you have read **PHYSICAL CULTURE** for eight months. It's the most needed periodical in the field of literature because it teaches you how to be well. It will save you many dollars in doctor bills if you heed the advice it contains. Not alone the most valuable magazine published but one of the most interesting.

Just enclose \$1.00 and say, "Send me that free course and enter my name for an eight months' subscription to **PHYSICAL CULTURE**." Your money back any time you're not satisfied.

PHYSICAL CULTURE PUBLISHING CO., 710 Flatiron Bldg., NEW YORK

You Have a RIGHT to Independence !



You have a right to independence, but you must have an *honest* purpose to *earn* it. Many have purpose, ambition and energy, but thorough direction and intelligent help must be supplied. My instruction supplies the first, and our Co-operative Bureau fulfills the second. Large numbers have availed themselves of both, succeeding to a remarkable degree. Investigate without prejudice, this opportunity to

LEARN THE COLLECTION BUSINESS

and escape salaried drudgery for life. If you have an idea that the collection business as I teach it is not as safe, sure and dignified as a bank, or any other profitable business, you are mistaken, and I will prove it, if you earnestly desire to get ahead. No essential branch of business is so limitless, nor less crowded. No business may be built so large without investment of capital. I will gladly send you, for the asking,

"POINTERS ON THE COLLECTION BUSINESS"

It may mean comfort for life, if not a great deal more. Write for it *now*.

W. A. SHRYER, Pres. AMERICAN COLLECTION SERVICE, 155 State St., Detroit, Mich.

Guide to

Autology

Reads Like a Novel



"Dr. Moras has written a Commonsense Book on Autology, and by so doing, placed the Standard of the Creed of Health farther to the front than any man who has lived for a thousand years."—ELBERT HUBBARD.

"We consider AUTOLOGY one of the most wonderful books ever written."—Physical Culture Magazine.

"Please Accept Our Thanks

for the great work you have offered the public. The book is worth its weight in gold. We have followed instructions and are feeling like new persons. My husband had been a dyspeptic all his life, could eat nothing without feeling the greatest of pain, and now he does not know what such troubles are. I suffered with headaches since a little girl, doctored for it, and physicians told me it was neuralgia and could not be cured. I suffered untold agonies, but today I am well. Have not felt anything of those dreadful spells since I have followed instructions in Autology. We hope that humanity will open their eyes to the great gift that you have put in front of them."

Mrs. Droz, Torrington, Conn.

"Autology is the Nearest to Being the Guide to Perpetual Youth of anything I ever saw in print. I have carefully read, and will continue reading and digesting your instructions. I have eliminated the old idea that we must be drugged, rubbed and robbed, electrified, burned and blistered in a vain hope of getting well. Anyone who reads Autology will know more about curing their ills and keeping well than could be learned by reading all the medical books ever published."

PROF. E. B. DENHAM,
New Bedford, Mass.

"No money could buy my copy."

MISS M. L. SMITH,
513 Grand Ave., Milwaukee, Wis.

"Wife and I thank you so deeply for your Autology, for we have the brightest and healthiest baby from its precepts."

—, Hudson, N. Y.

"One Year Ago Today

I began to be an Autologist. Last evening I was telling a friend about it, and she asked me if I would go back to the old way of living, and I answered her, 'No, not for all that is in this world.' I have not had a cold since last August, and not a hint of asthma since last December. I am often asked if I am not afraid it will return, and I say most decidedly, 'No.' I now know what perfectly good health is, and I expect to live one hundred years at least. I wanted to let you know that I have outwitted the doctors who told me that I could never be any better. God bless Autology and its noble author."

(MISS) ADDIE M. BROWN,
New Woodstock, N. Y.

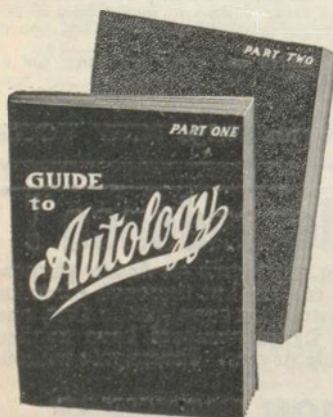
"I would not take \$100 for your book."
D. B. ROBINS, Fredonia, N. Y.

Well or Sick, You Need AUTOLOGY

Autology is no theory, no fad, no creed. It deals with the practical business of your body and brain as you have learned to deal with the practical business of your home affairs, plants and flowers, your land and grain, your dollars and cents.

It makes health and disease an open book, as clear as day

to your own mind, divested of all mystery and dread. Without it you are bound to sicken or suffer or die when you shouldn't. With it there need be no such thing as pain or sickness in your life. Do you realize what that means? That you may see and know for yourself I will send you my



"Guide to Autology"

Valuable books of priceless information that everybody needs
EVERY CHAPTER IS A GEM

The editor of Health Magazine published in New York, whose opinion is eagerly sought by thinking people all over the world, has this to say on the Chapter on Digestion: "It is a veritable gem, and will prove a blessing to untold thousands." There are over thirty such gems as fine as you ever want to read. So valuable are they that you'll refuse to lend the "Guide" to even your nearest relative for fear of not getting another.

Write your name and address plainly in the coupon on the right, or on your own letter paper, and enclose 10c (a dime or five 2c stamps) and I will send you my "GUIDE TO AUTOLOGY," containing a wealth of information whose health and brain value can't be reckoned in dollars and cents.

NOTE: If you are not satisfied and wish to return it, I will promptly refund the ten cents.

Cut Off Here and Mail Today

E. R. MORAS, M. D. Dept. 875, Highland Park, Ill.

Dear Doctor: I am interested in your offer. I enclose 10 cents for which please send me your "Guide to Autology."

Name.....

Address.....

E. R. MORAS, M. D., Dept. 875, Highland Park, Ill.

Harvard University Medical School, '88; College of Physicians and Surgeons (Chicago), '89; formerly House Physician and Surgeon in Cook County Hospital (Chicago); Professor of Obstetrics College of Physicians and Surgeons (Chicago). Member of Chicago Medical Society, etc.

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

"Build thee more stately mansions, oh, my soul;
 As the swift seasons roll!
 Leave thy low-vaulted past!
 Let each new temple nobler than the last,
 Shut thee from heaven with a dome more vast,
 Till thou at length art free,
 Leaving thine outgrown shell by life's unresting sea."
 —Holmes' "The Chambered Nautilus."

THE NAUTILUS.

Self-Help Through Self-Knowledge.

MONTHLY }
 One Dollar a Year. }

OCTOBER, 1911.

{ VOL. XIII
 No. 12 }

Editorials

BY ELIZABETH

All for Good.

So then out of the depths and heights and breadths of our experiences I say unto you, God is Love and all things work together for good, and there is no human experience that the Spirit of Good within you cannot turn to beautiful results for yourself and for those about you, and for the world, and for the universe.

Be still and know.

Keeping Up Enthusiasm.

"I wish you would advise me in regard to a sure method of keeping one's interest alive in a chosen line of business, and keeping out of a rut. The one terrible thing with me is losing enthusiasm in my work which is usually followed by unsatisfactory work, and finally by the loss of my job. If I could master this one great secret, I believe I would find the key to a happy life."—H. M.

The only way to keep up your interest and enthusiasm is to get at the source of interest and enthusiasm. I find the source of these things is NEW THOUGHT. In other words, I find from experience, my own and that of tens of thousands of others, that you need to put in about an hour a day, every single day, on New Thought

reading and thinking in order to keep open the valves between you and the source of all power and good work.

By and bye you will get the habit of that sort of high thinking which keeps you alive, awake, and enthused, which keeps your enthusiasm harnessed to good uses, instead of letting it dissipate in useless thinking and feeling.

You can get a whole lot out of using some good New Thought book every day. Read a chapter in it every morning before you go to work. Read more in it again at noon. Read still more the last hour before you go to bed at night. Affirm to yourself before you go to sleep the things that you want to have come true. Make these same affirmations again in the morning on awakening. Go in to win and stick to it!

Scientific Management of Enthusiasm.

Losing enthusiasm is characteristic of the temperament that goes to extremes. The problem of such a temperament is to gain poise, balance; balance between outgo and income of energy. One's daily living must be regulated into some semblance of system. The man who dissipates at night has

Editorials

BY ELIZABETH

simply expended his energy to such an extent that he will feel dull and stupid the whole of the next day. There is no use trying to burn the candle at both ends—you can't do it. Regulate your evenings as well as your days. See that your recreations are of such a nature as to make you feel healthier and happier and fuller of energy and inspiration. Then when it comes to business hours see that you fill the business hours full of interest in your work, full of the best work you can possibly put out.

Be prompt in attendance at business, allow nothing to encroach from the outside. Never read a book or write personal letters in business hours. Never allow your friends to come and chat long or aimlessly with you in business hours, either in person or over the phone.

Direct your thought into business channels in business hours. Make a business of business. Put your heart and soul and interest and will and purpose into it. If you do this you will soon find that your interest in your business is increasing, that your enthusiasm is growing.

The Reason Why.

You see, life energy flows through you like a stream. It has to have banks to run in, just as any stream has to have banks to run in. Let your business hours form the banks to your stream of energy, *physical and mental*. Keep your thoughts within the business banks in business hours. Don't let your thoughts *trickle out* on side issues, social or personal. If you do you bring yourself into just the condition you complain of—your thoughts are all the time running over your banks and

washing your business banks away until you simply welter in a great slough.

And I want to tell you that there is no enthusiasm to be found when your thoughts are spread out in a slough. It is only when thought is taught to run in channels, with definite banks, that it grows deep enough to make you have the sensation which you call enthusiasm.

Direct your thoughts into proper channels, and you will find your interest in life growing deeper and deeper, your enthusiasm growing fuller and fuller.

When you have reached this point in your development you will find that you are making one hand wash the other—that your social recreations simply rest you from business, so that when you go back to business you are fuller of energy and joy than ever. You simply switch your stream of psychic energy from business into your social and personal affairs, and then back again, without in the least lowering the level of your ever-flowing stream of life energy.

In other words, you find THE JOY OF LIFE is doing well whatever your hand finds to do, be it pleasure or business.

Only by *thoroughness* in sticking to it can you make strong the walls through which your stream of life flows. And only as those walls are strong and your stream of life deep do you set in motion that vibration which we call the joy of living.

The Balanced Life.

I said your problem is the problem of finding the balance, the point of poise. See that you

Editorials

BY ELIZABETH

so direct your life that your occupations balance each other. If your work in the daytime is sedentary be sure that your recreations are active, and vice versa. If your daily work keeps you with a great many people then see that you spend a number of hours alone with good books. Sir Walter Scott maintained his balance by walking in the woods one hour for every hour which he put in writing.

The more you sit still the more you want to sit still.

The more you walk the more you want to walk.

So it happens that the man whose business keeps him sitting still all day has to make certain rules for himself in the way of taking physical exercise. These rules are the banks for his stream of life energy. If he builds these banks steadily and strongly; if he allows no gaps in them; in other words, if he sets aside certain hours for active work *every day* and never permits himself to miss these certain hours he will soon find himself in the habit of *wanting* to exercise at these certain hours. Then he will enjoy the exercises just as much as he enjoys the sedentary work. It will be no more of an effort to take his daily hours of outdoors recreation than it is to follow his habit of so many hours of sitting at the desk.

To Demonstrate Yourself.

I am a girl who has never been very popular with men, but I recognize that my happiness lies in loving and being loved by one. I have never been in love in my life, though I am a woman grown. It seems to me that the men (or boys) who have shown any preference for me, were always younger than I was, and I could never get interested in them. Then, too, I have no "small talk," and when I receive professions of love I always feel that they are not meant.

I am domestically inclined and love home life, but I have to work in an office to support myself, and am not at all satisfied. I am very particular and don't allow any "liberties" whatever, and I believe I am considered indifferent to men. Can you tell me how to overcome my diffidence and interest men in the right direction?—V. R.

Judging from the tone of your letter, I suspect you are a very unexpressive and undemonstrative person. In which case the key to the situation with you is to cultivate the habit of expressing the thoughts and desires that come to you. When you begin you will find it a little hard to do, because you have got yourself so set in the habit of not expressing what you feel, that you won't be able to discover at first that you have anything to express.

The first thing to do is to *imagine* what you would like to express, and then express it. Begin to take an interest in those about you and to *express* that interest in little ways; little words, or little attentions. Lay for your own kind thoughts toward others and make a business of expressing them right on the spot. Don't wait to think—just EXPRESS.

In addition to this, take time every day to imagine yourself hobnobbing socially with plenty of attractive and agreeable men. I remember that when I was a *very* young girl I was quite smitten with a very young gentleman of my acquaintance. All without trying I used to imagine him as going down on his knees and begging me to accept his affections.

The first time I pictured him presenting himself to me in this fashion it made me flush to the roots of my hair and the nape of my neck. But by and bye I got so used to this idea that at

Editorials

BY
ELIZABETH

last when he did begin to pay me little attentions I had no sense of embarrassment whatever. It seemed all natural to me. But alas and alack, when the attentions came they didn't suit me at all! I haven't seen this young gentleman since I reached the mature age of twelve years.

Meeting Great Persons.

Later in my life, I used to try the same mental tactics before great persons. I met all the great ones of the world, all in my mind. I visited with them on the friendliest kind of footing, and I spoke out anything that came in my mind about them or to them. I kept reminding myself that they were the greatest people in the world and that I was just as great, just as individual, just as important in the scheme of the universe; that the only way in which I differed was in being different! that my only value to them or to the world was in expressing to them my own natural normal thoughts and feelings, just as they came to me fresh from God! In dreams as well as in day dreams I have repeatedly visited with King Edward VII and other notables on the friendliest terms and without thinking of my own appearance or words.

And so when I really did begin to meet the great people of the world, I felt as comfortable as I did in meeting my own sisters or brothers.

All because I learned to value myself, and to consider my own thoughts and impulses as the thoughts and impulses of God through me; thoughts and impulses given me to EXPRESS; thoughts and impulses which, coming from God

through me, must be the right thoughts and impulses or they wouldn't be given me for expression.

Your Brand of Human.

To get back to your own case: Express your kindest thoughts and interest and feelings to those about you, regardless of whether they understand you or not. It makes no difference whether they understand you—the chief thing in your life is TO EXPRESS WHAT COMES TO YOU FROM WITHIN. By so doing you express your real self and give those about you a real opportunity to understand you and be attracted to you.

The sort of life you evidently live is the kind of life that shuts you off from all the lives around you—you live the unexpressive life. Wake up and BE YOURSELF. Be yourself even in a business office. This doesn't mean that you have to spend your entire day chattering and giggling to those around you. But it does mean that when you feel like smiling you should smile, and when a bright thing comes to you, you are to speak it out brightly, and when you feel an interest in the one near you, you are to show that interest.

In other words, let human beings know that you *are* human and let them know just what brand of human you are. Let God EX-PRESS through you, and you will soon find yourself making friendships with those who like the sort of things that God impresses you with and you express.

Seek a social life. Go to church and get interested in a Bible class, if you don't know of anything better. Usually a mixed Bible class is both interest-

Editorials

BY ELIZABETH

ing and productive of personal friendships. Go to lectures, parties, banquets, lunches, anything, and anywhere that you will be apt to meet new people and make new friends.

But remember wherever you go you are to EXPRESS yourself in thoughtfulness and kindness toward others, men and women, everybody young and old, *in order to pay your way.*

No society is going to do any more for you *than you do for it.* Others give themselves to you and you must give yourself to others—give your ideas, your interests, your kind thoughts, your kind deeds, *your smiles and appreciation.* You need not try hard to talk or to entertain, most persons prefer a good listener to a talker of the Tennyson's brook variety.

To have friends *be a friend*—and practice on any old individual who comes your way!

Don't get the idea of trying to be interesting. Just be yourself and express that being. Think interest and kindness and love to those about you, try to understand them, try to make their interests yours, and gradually you will find it easier to express the interests you feel.

Listen, and learn, and express yourself in smiles, comments, and small anticipations of the wants and needs of others. I know a woman who married her wealthy employer, and they say that he was first attracted to her because she was always willing and attentive to the wants of others, no matter what went wrong in the office.

When You are Burned Out.

Out of our experience with insurance people, we learned these things:

Ist. *Never take*

out a policy with a co-insurance clause. We had none and so we were able to get all the money we were insured for.

2nd. Insure conservatively, for, say two-thirds the value of goods when new, always for the amount you think would *not quite* cover your loss in case of fire. And take good pains that the insurance covers everything *without a co-insurance clause.* Keep an inventory of your goods, and keep all bills as proof of cost.

3rd. When it comes to a settlement get your complete inventory ready, giving the exact prices which you paid on everything, backed up by your bills and statements, or by word of the merchants from whom you bought your goods.

4th. Then insist upon the adjusters finding out *what your loss is*, NOT what your salvage is. The amount of your salvage is your business, but the amount of the loss is their business. Insist that they either replace everything *exactly as it was*, or else give you the full amount of insurance up to the complete total of your *loss.* And don't on any account accept their word in regard to cost of repairs, nor allow them to pick out the men to refinish and restore things. Insist on having the judgment and estimates of the best men in your own city, on all these things. We were *told* that \$35 would repair our piano, and the fact was we paid \$450 for the work.

5th. In case they refuse to do this *then insist upon an appraisal.* They will do all sorts of smooth talking to make you think you are the one who will lose by an appraisal, but you are not. If you have your bills and your merchants to back you up you will come out better through an appraisal than

Editorials

BY ELIZABETH

you can possibly come out if left to the tender (?) mercies of the insurance men.

6th. In case of an appraisal be sure that you insist upon having the specific naming of your appraiser. Then choose the biggest man in your town that you can get hold of, the biggest man who knows the value of things. Get his permission first. A clerk from whom you bought the goods is not the right kind of man—you want a big man who is a thoroughly good business man with judgment and gumption enough to stand up for you. *He is your attorney among the appraisers.* The insurance companies will choose an appraiser of their own who will be their attorney, you may depend upon it.

7th. Be sure you have a hard and fast agreement with your appraiser that he is NOT to accept as a third appraiser any man who lives outside of your own town. Insist that they choose a reputable and honorable man in your own city, to act as the third appraiser. An out of town man is like loaded dice or stacked cards—loaded and stacked against you, and in favor of the insurance companies.

8th. When it comes to the appraisal be sure that you are right on the job every minute and that you have your proofs with you, and your witnesses on the cost of goods, and that you don't allow the opposition to depreciate your goods beyond *their value to you.* The insurance companies are versed in all the tricks of the Jew second-hand dealer—they will depreciate your goods to the last limit and bluff you if they can into accepting a second-hand dealer's values on your goods, instead of *your value.* Apparently the insurance com-

panies entertain the conscience of a kitten, and the soul of a Fagin, when it comes to the pinch of paying up.

On the other hand if you have a co-insurance clause they will *appreciate* your goods far enough to make you a co-insurer. They are arbitrary in this, and there is no law to prevent their doing it. If you insist upon an appraisal and see that you have a man with good business sense they may be prevented from working this little dodge.

9th. Remember that they are paying for your goods *at what they are worth to you, not at what they are worth to a second-hand dealer under forced sale.* Remember that and keep on remembering it in every discussion that comes up, and on every scrap of goods that is on your inventory.

I suppose you know that the insurance companies are allowed by law a certain number of days in which to make settlement. I have forgotten whether it is sixty or ninety days. Don't let them wait till the last minute and you have to stand for a hasty settlement. If they don't push you sufficiently see that you push them—just insist upon an appraisal forthwith.

Be sure to get for your appraiser the best man you can, and see that he is friendly to you, and the kind of man that will stand up for the right without being *contentious*, a man whose word bears weight because it is not too hasty a word. And remember that you are to stick right with him and the rest of the appraisers all the time the appraisal is going on—the minute your back is turned things may go against you for the lack of just the very knowledge that you and nobody else can possibly

Editorials

BY ELIZABETH

have in regard to your goods. You are entitled to call witnesses to substantiate what you say and you are entitled to bring in affidavits, letters, bills, etc.

The first thing the insurance adjusters will do is to tell you how much they love you and how sorry they are for you and how consumed with zeal to just empty the company's coffers right into your lap. Don't fall on their necks or you will discover what their lamb skins are buttoned up over. Cork up your own sentimentalities and wire the cork; blow the froth off theirs; keep your head cool and your tongue soft and look sharp. Don't be scared or fearful—trust in God and your pebbles of TRUTH shall prevail over the insurance Goliath.

There ought to be strict government regulation of insurance companies. The co-insurance clause should be prohibited and declared the criminal cheat that it is; and the companies should be compelled to pay without question the full amount of loss up to the face value of the policy, unless arson is proved against the insuree. This would remove from before many well intentioned young men the continual temptation to "save" by hook or crook on your fire losses so as to "earn" extra commissions, and records from the companies they work for.

Taxes Equalized And Secured. Calm your fears! A single tax on land will not handicap the farmer and deprive the city dwellers of their parks and playgrounds.

Remember first of all that the conditions you deplore have all grown up under the present foolish tax system.

What is it that makes land increase in

value? Always it is the improvement of adjacent land. *And it is the improvements which are being taxed now.*

Did you ever see a poor man holding a large tract of unimproved land? Not on your life. It is the rich man who does that, while the poor man digs to put up buildings and pay the taxes on the buildings.

The public must raise a certain amount of money to cover public improvements, streets, parks, etc. Why should this be raised by taxing improvements? *Why not distribute it evenly among land holders thus making everybody contribute equally to the public good?* This doesn't mean that we shall have fewer parks. It really means that we shall have more of them because it means that the rich land hog will have to contribute his share toward securing all these parks.

Take the taxes off the buildings and spread them evenly over the land, and you will soon find rich men putting their money into buildings as well as into land. This has already been proved in Vancouver and in Edmonton and in other parts of British Columbia. It has likewise been proved in New Zealand. And New York is beginning to see the light—they have begun systematically to lower the taxation on improvements and to raise it on land, with view to equalizing the taxes so that the rich man will pay his share pro rata, according to dollars, not according to heads.

Taxes that Cannot Be Evaded.

The very rich man owns immense tracts of land on which he pays very small taxes; and he owns bonds which he

Editorials

BY ELIZABETH

hides away in the safe without paying taxes at all. It is impossible to collect a just tax on stocks and bonds or upon personal property of any sort. But it is quite easy to collect tax on lands owned by all corporations that issue stocks and bonds.

It is unjust to collect taxes on the poor man's house while his rich neighbor's unimproved land next door goes practically tax free.

The only possible way to make the rich man pay his share of the burdens of making public streets and public parks is to distribute the taxes evenly.

Land is the *only* property which can't be hidden or juggled out of existence.

Single tax is merely the one plan offered for the amelioration of the present villainous taxing of the poor man and the letting-go-free of the rich man. This is a case where we should fly to the single tax evils we know not of, which can't possibly be worse than double taxing and no taxing at all, as we have them now.

The park spaces in a city do not depend upon the ultra rich; *they depend upon the votes of the common people* who are the very people that pay the bulk of the taxes under the present regime. And it is the votes of the common people that must redistribute the taxation burdens so that more public parks and public playgrounds may be provided at the common expense. It is up to the people to decide how many parks they shall have and where they shall have them.

It is up to the people to levy the taxes on the sort of property that can't be hidden or juggled.

In the Church as a Laven.

New Thought people leave the churches for one or both of two reasons: (1) because the church gets suspicious of their heterodoxy and limits their chances to do church work; or, (2) the New Thought persons themselves get a false idea that they have outgrown the church and must show it by coming out and being separate. Jesus staid in the church as long as they let him.

There are people who are wise as the serpent and harmless as the dove who don't throw their pearls of New Thought before church members who are not willing to receive them, and who remain in the church and teach New Thought by example all the time, and by precept when precepts are invited. The trouble with a good many people is that they can't get a new idea without advertising the fact that it is opposed to some old idea. If they could come out of themselves far enough they would realize that it is not opposed to the old ideas, it is simply a new shoot from the old, or a new outlook from a higher level. Then they would talk about it to congenial people only, instead of trying to flaunt it before uncongenial ones.

New Thought is old thought burbanked. You and I are the burbanks.

Keep mum and keep sweet, and wait for your new thoughts to ripen and the Spirit to lead you.

Then you will probably stay in the church and do better work than ever.

Don't go off half cocked.

No man has a fair chance until every man has a fair chance.

—Christian D. Larson.



Reflected.

By Ella Wheeler Wilcox.

Twice have I seen God's full reflected grace.
Once when the wailing of a child at birth
Proclaimed another soul had come to earth,
That look shone on and through the
mother's face.

And once when silence, absolute and vast,
Followed the final indrawn mortal breath,
Sudden upon the countenance of death
That supreme glory of God's grace was
cast.

Written for The Nautilus.

Introspection.

WONDERS OF PRIMORDIAL MIND—HUMAN MIND
AND ORIGINAL MIND—THREE-FOURTHS OR NINE-
TENTHS OF OUR MINDS ARE NOT IN USE—POTENCY
AND POWER OF LATENT MIND—SECURING WISDOM,
KNOWLEDGE, INFORMATION, FACTS, FROM THE
OTHER SELF WITHIN—WHY FACULTIES ARE
LATENT.

By EDGAR LUCIEN LARKIN.

That part, particle, atom, form, body, mentoid, type, mode, state, conditions, or perhaps better than all these words, the word phase of Primordial Mind now functioning, manifesting, existing, living, thinking, actuating, expressing in its terrestrial throne-room the human brain, is so much more elaborate, complex, complicated and intricate than has all along been seen by and known, even to skilled mentalists, that scarcely a comparison can be made between the old and new science of Mentonomy. Ganglia, cells, fibers, filaments, molecules end to end forming these excessively delicate and microscopic threads, finer than the finest silk, ramifying in all directions in brain mass and tissues are thrummed by invisible players awakening harmonies divine.

Recently I said to an advanced mentalist: "The human mind is great and powerful beyond our comprehension," and the reply at once came: "There is no human mind; the mind living in the brain is simply a minute fraction of Mind Universal." I knew this years ago and wrote the same in this magazine saying that "mind expressing as human is an integral part of Original Mind."

Suppose that we have a diamond with fifty facets and that the shape is roughly a sphere. Make a hundred facets, then the gem will be more nearly a ball. Then a thousand, ten-thousand and the eye cannot detect any variation from the true globe form. But the microscope reveals these minute facets. Make a million, ten million, and then an infinite number of facets; then the surface becomes absolutely smooth and the diamond an exact sphere. Compare all this to the Mind in human phase, and the result is that a perfect Mind in man would then be infinite having an infinite number of ideas, or thought atoms, mentoids, or electrons. Since we cannot think of the meaning of the word infinite, but only try to imagine infinity, let us here strive to imagine that our minds are really magnificent, but that a great part of this grandeur and magnificence is actually latent. In the present state of Mentomy, this is humiliating, but truth must be faced. Mentalists do not at present know what proportion is obscure, hidden, submerged, inactive, quiescent and latent; but beyond a doubt three-fourths, or better nine-tenths of our minds are not in use. If

so, the possibilities due to the potency and power of these nine-tenths when they become nascent, arouse into activity, and begin manifesting, are really far in advance of our most fascinating dreams.

THE WONDERS OF INTROSPECTION.

Intro, prefix, in, into, within, plus spicio, look,—the combination of the words being look within. And fortunate indeed is one able to do this with readiness and ease. It is a pearl of great price. The facts discovered, regarding introspection are as remarkable as any in Mind. Here is a strange thing: one may all alone try for an hour to introspect and recall a long submerged, obscured, forgotten event or occurrence of years in the past and fail utterly. A day, week or month later, the entire event, scenes, happenings and circumstances, will flash into the "working mind" with the suddenness of lightning. Persons who have paid some attention to the culture and training of their minds, say that the information regarding these past events was apparently supplied by a separate personality within themselves. The testimony on this most wonderful subject is so strong and clear that I have no scruples against writing this standard mentological law: We are dual.

We are two personalities: the human exists as pairs within. And in the dual portions of the brain, or within the two brains. In all cases of introspection, the personality seeking to introspect secures knowledge from a person, an entity within. Monitor, mentor, guardian, other self, are names that have been applied. Painters have painted these scenes long latent, when suddenly made apparent again. Poets in every age have been inspired by introspective impulses. Many have mistaken these inspirations as external, when they were really in-

ternal. The other personality, making expression being often thought to be an outside being or mental power; but actually within the other brain. Securing wisdom, knowledge, information, facts, from the other self, has been named securing wisdom from Original sources, from a Supreme Mind, when actually the facts came from a personality within.

But let this matter be studied with increased earnestness. May not Primordial Mind, the Original Mind, take this very method of communication? To begin with consciousness, after all these centuries of research from the time of students near the Himalayas to the present in the distant west, beyond the Sierras; is but little known. Its laws are not discovered: Nor the sub nor super conscious. The little understood fact, auto or self hypnosis, is simply inscrutable; for some persons at will can completely quench, obscure or hold in abject abeyance their active every-day mind and exalt the other. Some having their mental powers under control can stop thinking and resume of their own volition. This opens a vast expanse in mental realms for exploration. For if it is possible to close the mind, stop its operation, make still and inactive, either or both personalities, then the stupendous fact of selection will become a reality. The Minds in Man will be able to accept, select, or reject thoughts, thought-forms, mentoids, and all types of ideas and processes of ideation. Sounding lines let fall in mind-deeps, grapple and bring to the surface of the mental sea, treasured thoughts. Then these can be compared with recent, and discoveries made. If the methods of summoning the memorizing personality at will, and upon short or even instant notice, ever become perfected, then we will become beings of far greater

power than we are now. "The Mind reflects images of the forgotten past" is an expression quite inaccurate for it implies the existence of a reflector, a surface, a background, like the film in the rear of the glass of a mirror. The mind radiates from images stored, appears to be a better terminology. Asking questions of the other personality, and receiving answers is a fact in mentonometry. Finding lost objects by direction of our other friend is a fact on record in many instances. Whether the power to introspect can be secured or attained by all normal people, or not, is not fully known. If some have this power, and others cannot possibly look within and recall, then Minds, expressing in man, differ in constitution, so it would appear on the face of the prob-

lem. But the standing mystery of latency seems to be sufficient to explain all these obscure things. Then the question why faculties are latent, even during entire lifetimes in some and active in others arises. Complete accord between the dual personalities may be an explanation of the faculty of introspection. Also discord, for arguments resulting in disagreement, are known by mentalists to have occurred, between two personalities functioning in the same man; but doubtless within the two brain portions. Students will do well to explore the faculties of introspection. Above all, when your other personality wishes to express or manifest, reveal or impress, do not by any means reject, but pay strict attention and heed the silent mental message.

Why Pride Precedes A Fall.

HOW PRIDE CLOSES THE CHANNELS OF INSPIRATION—A UNIVERSAL EXPERIENCE—WHAT A MODERN SEER SAYS OF PROSPERITY—WHY THE "POOR IN SPIRIT" ARE BLESSED—WHEN AND WHY ARTISTS DO THEIR BEST WORK—WHEN BALANCE WILL REIGN IN YOU.

By KATHERINE QUINN.

Man lives by inhalation plus exhalation, not inhalation of air alone, but inhalation of power, wisdom and love. Man inhales power, wisdom and love from the Infinite, or Unseen, and breathes them out upon the seen. So long as his periods of inhalation and exhalation are balanced his soul circulation remains even and life is a thing of joy and beauty. But just as soon as he inhales more than he expends, or contrariwise so soon as he expends more than he receives, poor cir-

culatation with its attendant discomforts results.

The proud man shuts off all intercourse between himself and the Unseen. Instead of holding himself open to the impressions which the Unseen is always waiting to give us, he considers himself the source of his own inspiration, and by that thought closes the channel through which real inspiration flows in to him from the Infinite. Instead of the Infinite Power, Wisdom, and Love upon

which he has hitherto drawn, he becomes dependent upon his own finite power and intelligence. His soul is like unto a pool which has no inlet; the waters evaporate, and as there are no streams to furnish a fresh supply, the pool becomes stagnant and foul. The man's gumption decreases, his power weakens, and his love dries up and blows away.

In times of adversity man turns instinctively to God. When his own power of doing and bearing is exhausted, his instinct, the instinct which guides animals and savages and little children, tells him there must be some power outside himself to which he can turn for assistance. In his agony he calls upon the Lord and is saved. This is an universal experience, applying to so-called irreligious persons as well as to religious ones. The Biblical writers observed this correspondence between adversity and conversion and declared that whom the Lord loved He chastised. They saw that affliction often made a man draw nigh unto God, while prosperity often drew him away from God, and they concluded that the afflicted ones were the beloved of the Lord, and that He sent them afflictions for the purpose of drawing them closer to Himself.

A modern seer, remarking the same thing, wrote: "Everything can be endured except continual prosperity." All things can be endured and accomplished while we have the Universal to aid us, but when through pride we close ourselves to the Universal's suggestions life is sure to get into a tangle.

The downfall of Lucifer is an illustration of this. He was the highest angel in Heaven. The glory of God so filled and illumined him that he outshone all the other angels. The Divine Life throbbed in him so strongly, he felt It so much a part of himself, that he mistook himself for It. He forgot his

source, refused to own his center. He detached himself from the great Central Dynamo, and his power waned. He fell, his fall according to the law of gravity, being all the greater because of his former great height.

There was one of the Beatitudes which for a long time I did not understand. I could not see how the poor in spirit could be blessed. I could see how one poor in worldly goods, but possessing a rich spirit, might be blessed, but I could not see the relation between a "poor spirit" and "blessedness." I was told that "poor" corresponded to "humble" or "content," but the answer did not satisfy me. Then one day I heard a sermon which enlightened me. The preacher traced the word "poor" back to its origin and showed that translated literally it meant "beggar." Surely the Lord does not love beggarly souls, I thought! "But what is the chief characteristic of a beggar?" the preacher asked. "That he is asking for something, of course, that he is begging things." And the speaker went on to say that this is the relation God wishes us to assume toward Him. He wishes us to be continual recipients of His bounty. He wishes us to be always and ever asking Him, relying on Him, turning to Him for aid and counsel. He wishes us to be "always praying," as Christ said. And surely, as all must know who have given it the slightest trial, there is no state so blessed as that of the man who lives in the thought of God's nearness and lovingness and turns to Him in every difficulty.

Do we struggle to make ourselves good? Let us rather seek to become one with God who is already good. Then we shall be filled with His goodness and our own weakness and indecision will fall away. Do we strive to generate power within ourselves? Rather let us at-

tach ourselves to the Universal Power and be strengthened by its vitalizing influence. Would we love all men? God loves all. Let us get close to Him and we shall catch His secret.

Pride comes as a result of continued contemplation of the accomplished. The proud man looks out over his houses and lands, considers his talents or achievements and gloats over his social power. He looks at these things so much that his mind becomes full of them. His brain is stalled with the idea of his own importance. The Spirit is telling him of greater things yet to be done, but he does not hear. His soul is full of the din of the already done. Beyond the range of his physical vision another world exists, the world of the ideal, which is infinitely fairer than that upon which he looks with so much satisfaction, but he cannot see it. His eyes are glued upon the marvels of his own accomplishment.

This explains why artists do their best work during the years of struggle. Before the artist has won wealth and fame his thoughts are on the ideal. He soars into the ideal, then he descends and tries to describe the beauties he saw there. And the picture never comes up to his expectations. It was Turner, I think, who said his pictures were all very beautiful until he got them on canvas. So the artist soars into the ideal once more, and every time he sees greater beauties there and every time he comes down and does better work. And so long as his flights between the world of aspiration and the world of achievement alternate, his work grows in strength and beauty.

But after the artist has become rich

and famous, he hasn't much time for the ideal. He is too busy looking at the things he has made and listening to the nice things people are saying of him. He thinks the ideal isn't necessary any longer. "What's the use of going to the ideal?" he says. "The ideas are here in my brain; the cunning is in my hand. All I have to do is to work out my ideas. I don't need the ideal." So he keeps on terra firma, dines sumptuously, talks about his Art,—and paints daubs. And his friends look sadly at him and whisper to each other, as the angels must have looked sad and whispered among themselves when they looked over the parapets of Heaven and saw Lucifer going down, down, down.

The cure for pride is to rise occasionally into the ideal and view the things yet to be done.

Breathe in the pure air of the ideal, then go down into the real world and breathe it out in useful, beautiful work.

Look not too long upon what you have already done, lest you lose the opportunity to do something greater.

Remember that eye hath not seen, nor ear heard, what God has prepared for them that love Him. Houses, lands, talents and accomplishments are good and desirable, but other and greater things await, of which you have not as yet seen the outermost rim. Let your aspirations go hand in hand with your accomplishments, then shall the one not seem impossible nor the other gigantic. Then shall balance reign in you and order and harmony, and joy and beauty shall be the result.

In the City Slums.

By HARRIET HOWE.

A flight of birds across a strip of sky...
Beneath, gray dingy streets, unkempt and drear,
And squalor only human kind can make
Where life is cheap and bread is very dear.

A child sat on the curb with eyes upraised,
Delight was in his face too great for words;
He did not sense the sordidness about...
He only saw...and loved...the flight of birds!

The Renewal of the Body.

RE-FORMING OLD CELLS—SCIENTISTS ARE SAYING
MAN'S BODY NEED NOT DECAY—GOLDWIN SMITH'S
REMARKABLE SCIENTIFIC PROPHECY—RESPONSIVE-
NESS OF BLOOD, NERVES AND CELLS TO THE EMO-
TIONS—"EVERY CELL THINKS," SAYS EDISON—TO BE
GRACEFUL, IN FORM AND MANNER—TRUE VOICE
EXPRESSION.

By ANNIE RIX MILITZ.

SECOND LECTURE.

EVERY CELL THINKS.

MEDITATION: "*Present your bodies a living sacrifice, holy, acceptable unto God.*

Be not conformed to this world, but be ye transformed by the renewing of your mind."—ROMANS 12: 1, 2.

As each cell of the body was built by generation, so must each cell be rebuilt by regeneration. As life, love and intelligence entered into their first forming, so new life, new love and renewed intelligence will re-form the same cells; old thoughts make old bodies, but new thoughts make new bodies.

Among the new thoughts that have seized the scientists, is, that man's body does not need to decay, at least, not so soon as it has hitherto; but a man's youth may be prolonged, old age deferred and he may continue all his life, an embodiment of vigor, health and power.

Professor Goldwin Smith in a flight of scientific prophecy foresaw it quite possible that we might shuffle off our old bodies, as a snake sheds its skin, by knowing how to renew the flesh beneath. Cer-

tain physicians are turning their attention from curing disease to seeking the secret of renewing the body, and one famous doctor is spending all his efforts, time and money to discover the art of rebuilding cellular tissue that has broken with disease or the encroachments of old age. The responsiveness of the blood, nerves and cells to the emotions, as in blushing and paling and to the suggestion, as when a hypnotist raises a blister with a postage stamp by telling his subject that the stamp he puts on her arm will produce that effect, is making the scientists ponder these days more than ever before.

"Every cell thinks," says the great Edison. The brain may be the seat of thought, but it cannot confine it; thought is everywhere—the divine Mind, the real Thinker is omnipresent. Your real body is all thought, all intelligence.

The body of appearance reflects like a mirror the dominant thoughts that you have held in mind. If you have held that you are ignorant and dull, or that you are subject to materiality and prone to evil, or that you are impure in your origin and in your living, these thoughts

are reflected in like pictures upon this body of appearance.

When you stand before a mirror and desire to correct your image in that mirror, what is it that you correct? The one that is being reflected. If you see a spot on the face in the mirror, you cleanse the face out of the mirror in order that the one in the mirror shall show forth aright. So this body of appearance is a mirror, reflecting your mentality and to transform this body from expressing ignorance and corruption and deadness, there must be the transforming of the mind.

By true self-knowledge we understand, first of all, our real self in all its perfection, its beauty and Godhood, and as we look at the real, we understand the shadow. Only as you know your true self can you express aright the self that reflects it. Therefore, continually, we turn to the divine self and know it first, and so understand the self of appearances as it should be understood. As we have seen our divine self is full of thinking, so also we understand the reflection. The self of appearances is all thinking. Every cell thinks.

Once it was believed that the gray matter of the brain was confined within the skull. Now physicians and other students of physiology tell us that this same "gray" matter is found in other parts of the body, for instance, in the tips of the fingers of the blind where the thinking has been consciously much exercised. One physician tells us there is a little brain in the throat and it often seems to be an independent thinking organ. An operator on the throat must become a friend and confident of that little brain or his operation will not be successful. The little brain has a memory, and if the operator's hand has slipped and misused that throat, the brain in the head may consent to the operation and

desire it, but that little throat-brain will resist even if it be months after the mistake and if the operator persists, the patient may be thrown into convulsions, such is the memory of that little brain. And what has been discovered in the throat and in the finger-tips will yet be discovered throughout the whole body, because we will consciously think in every part. At present much of the thinking is involuntary, not with the co-operation of the I or central consciousness, but self-knowledge brings you where you co-operate with yourself, and there is harmony and unity in all the activities of the body because of confidence throughout in the master of it.

The cells of your body can be seen as little selves or people, forming a government over which you exercise good rule by becoming acquainted with your people, educating public sentiment in noble thinking, putting away internal strife, hatred and other forms of inharmony. Certain persons suffer because they have hated and despised parts and functions of their bodies. Hatred withers, paralyzes and congests. No one can do his best under disapproval—seek out a way to think kindly, generously, truly of yourself.

With the passing of old thoughts, old cellular formations pass. Substitute new cells by meditation upon your divine origin, the God-power within you, and your high ideals as the reality of your being. Not that one should sit like Hindu sanyasins in the jungle, but in the daily walks of life to think upon the spiritual, the God-like, the beautiful and the good, as all that is true in oneself and in everyone.

The passions become controlled. You will master passions that you once held to be natural, and therefore never even thought of overcoming them. Anger that you thought was spiritedness, impa-

tience that you had deemed alertness, and other feelings that you discover to be on the side of evil and lacking in strength and power, pass utterly from you, while their divine opposites abide within you.

Habits which we have formed and which have sunk into what has been called the sub-conscious mentality lie back of the involuntary muscles, but by identifying oneself with the universal consciousness and power—mystically called “taking Christ upon you”—you realize power over every muscle even the inner organs obeying our will as when a Hatha Yogi can move his heart from one side of his chest to another, suspend breathing at will and practically arrest all decay in his physical form.

The special kind of thoughts that are written in any certain part of the human form, may be known often by the language commonly used about it, similes and metaphors giving us the mental correspondence. Thus in the last lecture, we saw how customary it is to associate the head with intelligence and now by that same method of associating we see the neck standing for grace, not simply the attribute in a physical sense, but for the realization of the grace of God working in the affairs of men. “Keep sound wisdom and discretion; so shall they be life unto thy soul and grace unto thy neck.”—Proverbs 3: 21, 22.

Grace has not been rightly understood. It has been used so much in religion as a prerogative of God alone that men have separated spiritual grace from the ordinary grace that we admire in human form—and action. Let us unite the inner grace with outer that we may be lacking in neither.

The grace of God working in man's nature because of noble compassion, and the supreme love that meets all as equals to whom reverence and homage are ren-

dered, does nothing from the basis of cause and effect, nor as a matter of reward, but from pure spiritual Being, the nature that you are. Grace forgives without a thought of there being anything to forgive. Grace confers favors with no thought but This is my Beloved in whom I am well pleased. It is above the opposites, virtue and vice with their rewards and punishments. Moral right and wrong are not considered by the grace of divine love—it knows no condemnation of nor resistance to evil. It finds only Itself in all. “Of His fullness have all we received and grace for grace.”—John 1: 16.

To be graceful and gracious in form and manner—changelessly so—we must know the great self that is all grace. That part of our body which indicates our openness to this divine presence is the neck, a marvelous combination, turning every way, so strong and yet bending so easily.

When the neck needs healing—the muscles and the nerves needing help (not the glands—there is something special to be considered with them) then let the sufferer consider, “Am I gracious to all? Am I willing that the evil-doer shall go unpunished? Am I resisting the divine guidance?” Stiff-necked, the Israelites were called when they let perversity, the opposite to grace, pride and rebellion rise within them and resist their greatest Good.

Loosen up your human will and let inspiration take away every mental twist and crankiness. Be at peace with yourself; be poised; maintain your center in the One who is perfect balance. The neck is the balancing place and union between the head and the heart and can well express this grace that is beautiful—the perfect union of the intellect and intuition that gives to each a right place and equal honor.

The throat pictures forth our faith in

power to express ourselves both in silence and audibly. The human voice must reflect the voice of God. The utterance of Spirit is clear and free, full and sweet, and meditation on this voice within you will bring the human voice to its right expression.

If there is an uncertain sound in your voice; if it hesitates; if it does not ring true at times and seems muffled, or harsh and strident, then these things can

be corrected by often meditating upon the voice of God within you which is gentle, rich, clear and true. Voice the message of comfort and kindness; of peace and of harmony; speak pleasantly; curse not nor blame nor express harshness or that which cuts and stings. The voice of the Spirit within us has no uncertain sound. Listen to it! So shall this outer voice come to its own true expression.

The Kingdom Of The Spirit.

By ROSE DE VAUX-ROYER.

"Matter exists only spiritually, and to represent some idea, and to body it forth."

"All visible things are Emblems."

—CARLYLE.

There is a place where Spirit rules—where realization takes place and aspiration has its source—and here there is no law except the law of the Spirit. It is no dream nor ecstasy of musing, but where realities dwell without fear or excuse of being. It is the starting point and the resting place, for Truth alone inhabits this realm, and they who have hungered for righteousness shall find it and they who are seeking Peace shall enter in, for here the Ruler is arbiter of his fate.

In this choice place all things real are

found. The aspiration contains the promise and the fulfilment, and that which we desire in this high realm is already round and in and over us—already ours to enter and possess—for this desire is the product of love for some particular portion or part of the drama into which we are born, and the vibrations thus awakened will stimulate into being that which they wish and will.

This is the spiritual will where only the harmonies of life exist, and attraction is the law beyond the darkened sense life. And here we shall know truths of which we had but dreamed, and see visions long imaged by hope—for this is the place of promise to the pure in heart!

Weak men seek to accomodate themselves to conditions. A strong man makes the conditions accomodate themselves to him.

—James Wood Pogue.

Afoot And Awheel In Many Lands.

By HELEN RHODES-WALLACE.



RACHEL'S TOMB.

FROM ST. PETER'S TO CAIRO.

V.

It is by repeated visits that one obtains true perspective. A first visit to Rome is full of surprises, for she has three independent habitudes, ancient, modern and St. Peters. Modern Rome is as alert for trade as any American town and the bill boards as insistent as in the Bowery. Wretchedly poor in natural beauty, destitute of shade, no trees anywhere, it is an act of courage during hot days to cross the Square of St. Peters. Almost nothing has been done for the comfort of the people, and dust is everywhere in blinding abundance.

We are now in touch with the southern Italian, whose idea of trade is to turn the slickest lie without winking, and he does it and you by more ways than could be taught in any western school of the psychology of salesmanship.

We have some surprises in the price of food, the best coffee is a dollar a pound. One of the compensations in being here at this season is to have ripe figs, tasting not at all like the dried figs of our markets. They are a most perishable fruit, the thin skin barely holding together the heart of blood red seeds.

Ancient Rome has to be invaded under difficulties. The domiciled venders of trash, dog you every step. The maimed and diseased gather in groups to await the visitor, and the impatient and helpless purchase his release at a high price.

For a few brief days we live over the old surprises in Forum, Coliseum and Catacombs, going often to St. Peters under the most favorable conditions to find, if possible, the devotional atmosphere of a shrine. Peter's Pence has flowed to the Vatican in such a golden stream that it has submerged

the quality of simplicity which appeals to the spirit. The Italian seeks expression in color, noise and bigness and it bawls from every corner of this Basilica. Cupids many times larger than the figures of ancient river gods hold up baptismal fonts of bath tub proportions. The statuary is of giant size. No simple Franciscan robes here, only purple, cardinal, lace and gold. The service, lifeless and careless, in which no young men took part as at Assisi, and as if to add one last emphasis to our visit, an ex-monk attempted suicide beside the altar during service on our last Sunday there. The clerics ran like frightened sheep while officers took the man in charge.

When we visited the Vatican Galleries, it was with a new perception of the self-laudation of the founders. What, think you, would be the fate of the Father of our Country, if he had ordered decorations bearing labels inscribed: "Praise Washington, who has preserved this for his descendants?" Yet this is what these church kings did! Room after room is filled with pictures of these keepers of the keys of heaven, gorgeous in velvet and lace, receiving the homage of the kneeling world. The Vatican Palace contrasts illy with the spirit of the sisters and monks who give of themselves to those in need or with the Salvation Army, in its efforts to rescue men from grinding poverty. What a fund might have been created for aged Catholics! Its revenues must be enormous, and no opportunity is lost, even by the guards, for in a room overlooking the Pope's gardens, a guard had placed a small step ladder against an open window, asking one franc for a look! Many paid him for what was free to all through an open door a few feet further on. We feel a moral protest, and who more than the

American should insist upon standards of fair dealing in these countries where they support "Around the World" enterprises, funiculairs and Nile steamers. "The world is ours" to awaken to uprightness! Unmoral giving of unearned pennies encourages lying and trickery, and delays the assertion of manhood and decent pride.

It is good to see Rome under all aspects, but best of all from the wide expanse of the Appian Way with the great Acqueduct crossing the landscape, and the dome of St. Peters in the distance, leaving one to fill in the picture with the world history.

We trained to Naples on our way to Brindisi, expecting to embark there for the land journeys of Paul, but cholera had appeared and Brindisi closed to travel. Boats to the Orient at this season leave only once a week and we therefore wait many days for our sailing, and ponder over the phrase: "See Naples and die." We became convinced that it meant a promise of extinction. Yes, die many deaths, of smells and sights, of lack of water and food! Heavy meals of meat, macaroni and fat can be had everywhere, and it is a wonder that the Neapolitan survives his diet. There is an awful filth of life just behind the first row of shops. Entire families live in the cows' sheds. I have threaded my way through street litter, children, goats and cows, just to be convinced that reports were true concerning the unsanitary condition of Naples. Until this last year, goats were driven to the top of apartment buildings, each flat dweller milking the goat and sending it on its journey. The hallways were like stables. There is no place in all Naples where one may escape the din of street noises. The cracking of whips ripping through every moment of the twenty-four hours, seems to be an

exploit as boastful as rope-walking. No stillness anywhere, men and women shouting and grimacing until you feel part of a Punch and Judy show.

Splendid public gardens border the sea, the one place where space and air can be found. Cook's office is the only place where one may hope for American papers, and among them is the Christian Science Newspaper. Not another New Thought magazine or paper in the city. Paestum and Pompeii are reasons enough for one to travel to southern Italy, but for pure delight, visit Sorrento and Amalfi and live among groves of oleander, figs and palms!

From Naples to Port Said is a journey of four days broken only at Sicily. At Palermo, the bay was thick with boats, their occupants engaged in incessant firing into the air, which seemed to me a curious thing to do. Then I learned that these men do a thriving business *shooting migrating birds!* Only in Italian waters is this practice known. I confess to a surprise that this outrage has met with no interference, for certainly it is known by men who could have a voice in stopping it, for it was openly talked of by the officers of our ship. Perhaps it is a new world for our women to conquer, they who have been so active in protecting our feathered songsters! Surely we are growing into a universal patriotism which includes all lands for justice and mercy, and this is very near home.

We were fearful that Port Said might be a repetition of Naples and were glad to find it clean and quiet. An English globe trotter said, he preferred the Arab to the Italian for service and cleanliness; they were quiet and gentle, even if persistent, and hadn't the aggressive insolence of the Italian. It is difficult to understand how quiet and order ever found a way in this Egyptian

port, where the Arab shares his life with all the nations of the world en route to and from India.

Our first view is in complete contrast to the north shore of the Mediterranean. It looks as if high tide would sweep away this low land of Nile deposit, a long stretch of sand with no protecting embankment. The houses are low and flat roofed. There are many open kitchens facing the street where one may purchase everything eatable, from a chicken wing through the list of meats and vegetables, fresh and hot, for a trifle.

Second-class travel on the Orient ships is far finer than is provided for on the Atlantic voyage. Perhaps, because English patronage has forced it, but there were men in the second cabin owning vast rubber plantations in China, returning with their families and servants. The person who excludes himself from life is usually in the first cabin, locked up within himself, afraid to forget self and share life with his fellow travelers. But we seek the opportunity, and this time, good fortune drew us into a group of Oriental students, returning from our western institutions, filled with the ardor of missionaries of industry. One had spent a year following his university course, studying the cotton industry in the south. He said that India could not produce a quality of cotton raw or in manufactured goods equal to ours, that the fiber itself was inferior. This depended upon cultivation, knowledge of which he had sought in the United States. He refused to consider for one moment entering the government employ, he would cultivate his own land, his father being a land owner, and employ only native workers, but work for the English! Never!

When we stepped from the Mediterra-

nean boat, we left all modern life behind, and looked into new and strange faces. The most incongruous sight is the dress of men and boys. Their outer garment of various colored cotton is made after the pattern of a nightshirt, reaching from neck to ankles, some of them made full enough to be called a "Mother Hubbard." Thin cotton drawers are worn underneath. This is the street costume of all but the well-to-do, or those who affect European dress. The former wears an outer garment of silk or velvet. Only married men wear rings or jewelry of any kind. This is his way of saying he is able to support a wife. The Moslem Sabbath is Friday, and on this family parade day, may be seen men driving small donkey carts without seats, his wives sitting cross-legged beside him. Plural wives are not added to the household for motives of economy in cultivating the fields. No respectable man would allow his wives to work for him outside of the house; it is quite sufficient when she cares for the home and children.

The life of the women of the Orient is of great interest to us. She feels shame for us that we expose our faces, as we feel pity for her's concealed. In the street she wears a straight narrow black gown, covering her from neck to ankles. The face protection is a narrow piece of black cloth, reaching from just below the eyes to the chest, and held in place by a four-inch brass support fitted between the eyes and supported by a tight band around the head. Over the head and shoulders is thrown a square of black cloth. Frequently a young beauty of the harem may be seen wearing a very thin transparent white silk veil stretched from ear to ear, with no brass fixture to support it. The latter interferes with vision, is heavy, and often produces

wounds. I have often seen them enter rooms reserved for them, give one swift glance to assure themselves that on man was about, then snatch the veil from their faces and throw it from them in relief. No respectable woman could go on the street without the veil; but of course, it is not worn in the house.

The two strange beasts of burden are the camel and the donkey, the latter often sleek and highbred and the only means of travel alike for the lady attended by her slave and the banker going to business. It is an amusing sight to see a tall Arab astride a small donkey, holding a huge umbrella over his head and his feet nearly touching the ground.

The camel is king here. He moves with a composure seemingly born of his importance as the "Only pebble on the beach" of desert travel, and he emphasises it in his supercilious expression. He is loaded as if he were a great van, his burden extending so far out on each side as to brush all travelers off the road and to completely fill up the narrow streets.

The rail journey to Cairo is only four hours. The track built on a narrow strip of sand between the Canal and Lake Menzaleh. There are no roadways, only a narrow camel path at the side. No use for wheels in this country. On the shores of the lake, the ibis, flamingoes and stork, stalk in slow precision. Gradually the sand levels change to rolling mounds with here and there clumps of stunted shrubs. The villages are far between and the habitations are low adobe huts as on our western plains. Only near Cairo do we find highly cultivated fields where cotton, corn and clover grow luxuriantly.

The tourist season is from November to April; the Nile inundation is highest in August. It was my good fortune to

see it at its best and it is terrifying to the foreigner, one vast resistless sea gathering force for more than a thousand miles, sweeping everything before it, then slowing diminishing. Hidden under the cool shelter of its waves, away from the burning sun, the earth has grown new again and become a land verdure, luxuriantly green.

Egypt is bidding for patronage as a health resort for consumptives. It is difficult to understand why one should seek breathing space in an atmosphere where dust storms blow the desert sands into a fury and where sand is inhaled with every breath! But hotels can exploit anything.

Cairo is not the Cairo of ten years ago. Antiques and scarabae may now be had fresh from the factory. Cairo is Egypt in miniature, and too vast a subject to get more than a bird's eye view in a brief article, and we will take it from the "citadel," the old fortress containing the remains of Saladin's Palace and the Mohammed Aly Mosque whose cupola and slender minarets are more conspicuous than anything else in Cairo. Far below us is the city of the Pharaohs, its palm trees and minarets intermingling. To the left, the Palace tombs of the Mamelukes in a lonely valley haunted by outcast Arabs and wild dogs. Outside the wall, the women are shaping camel dung into blocks to be sun-dried for fuel; beyond is a desola-

tion of sand with a solitary Pyramid or a cupola of a Sheik's grave. Our eyes take in the wonder of it all and rest upon the distant misty yellowish shapes of the great Pyramids. An electric train covers the distance in a half hour. The last stretch of road is down a long avenue of lebbek trees and growing nearer and nearer are these great shapes now gray-red above the sand cliffs. A short walk leads to the Sphinx and the great Pyramid of Cheops. Hour after hour we have rested in this illimitable space, looking from this imperturbable face out to the Libyan Hills with the Nile below us, rose-red at sunset, on which quiver the huge triangular shadows. Later, the moonlight adds another glory to the scene. The mystery of an evolving world presses profoundly upon us in this calm and never-changing solitude, the riddle as unsolved as when the symbol of the sphinx was created. As we think of the occupants of these great tombs we recall the words:

"Perchance this very head now pinioned flat

Has hobnobbed with Pharaoh glass to glass,

Or dropped a half-penny in Homer's hat,

Or doffed thine own to let Queen Dido pass."

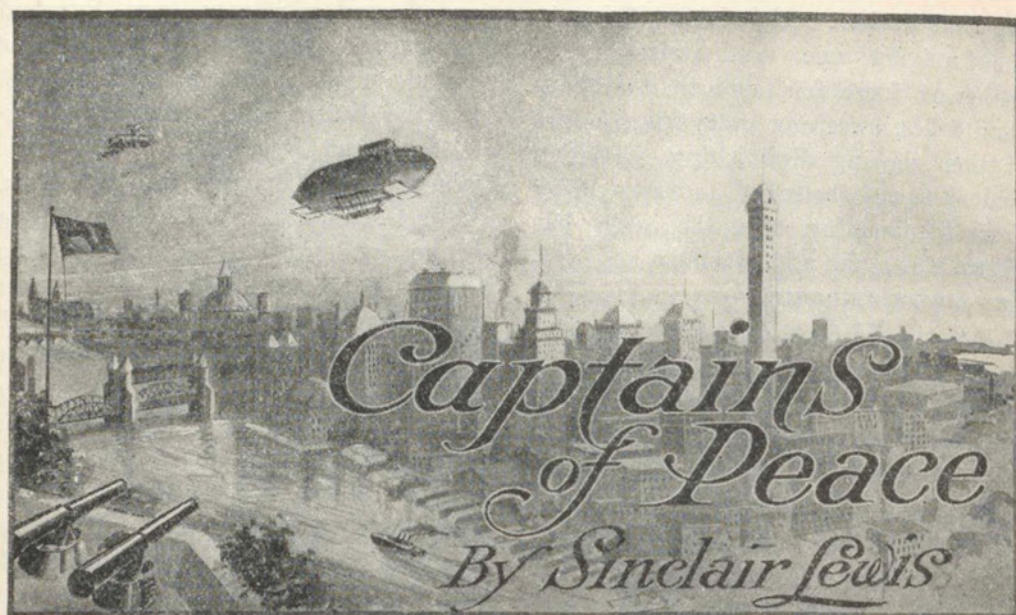
The old caravan route to Palestine is still used by the Beduoin, but dangerous to any but Arabs, so we return to Port Said to embark for Palestine.

Purpose.

By JOHN E. DOLSEN.

When the bedrock of granite was laid in the walls of the earth,
 'Twas the purpose of Time
 To build, through the aeons of ages, a place for the birth
 Of a manhood sublime.

'Tis the purpose of youth when he stands in his strength at the start
 Of life's strenuous race,
 To build, through the days and the years, with his mind and his heart,
 The man for the place.



The inspiration for this thrilling story was found in two subjects now more in the public eye than any others, viz., World Peace and Aviation. No one can follow the career of Jarl Nordenhaus in the organization of his Peace Army and the direction of its activities, in his adventurous monoplane flights by night, in the winning of the girl he loves and in the final great triumph of his cause, without feeling the heart swell and enthusiasm kindle under the wonderful influence of the story with its new conception regarding World Peace. Each chapter grows in intense interest until the end.

—The Editors.

CHAPTER I.

Private Jarl Nordenhaus awakened slowly from heavy sleep, in his swinging berth on the forecastle deck of Fighting Zeppelin No. 43. He was conscious of annoyance at finding it had been a dream, only, that he was back in his Copenhagen laboratory. No, he was here not to slay germs but to slay men, as a private in the Signal Corps of the German Army; drafted from Denmark, (ally of Germany), to help make bloody Things out of the Englishmen he loved.

Leaning on an elbow, he looked out through the great airship's port-hole, at the stretch of North Sea over which, with helicoptic propellers level, they were hovering. Gray, infinitely cold and sinister, the stretch of steely waters

symbolized this gray war into which he had been drawn.

A sudden thought came; a Living Thought, which seemed almost to stand by Jarl's bedside, as a gold-clad, resplendent Being; so blessed was it. Quietly, he lay back and went to sleep, with the remark—in the assured tone of the scientist—"Yes, that is the greatest thought I have ever had."

And here is that thought of his: "We have always been saying, in jest, 'let's have peace even if we have to fight for it.' Why not do just that? Why not have World Peace even if we have to fight for it with a world army—a Peace Army—of all the modern men who hate this barbarism of war?"

Glance at Jarl, while he sleeps. Not over five-nine in height, he was all slender sinew; quiet, gray eyes; brown,

slender, muscular hands that were adroit at handling rheostat and knife-switch. Prof. Jarl Nordenhaus, though but thirty-two, had been awarded the Nobel Prize for Peace-Inventions, for showing the world his Nordenhausian-Hertzian waves, by which one can control a torpedo sent through the air, at will. He kept most of the details of the actual operation to himself; meaning these terrible waves only as a threat against warring nations.

The Legion of Honor, the Black Eagle, all these honors had come to him. He prized them less than the sincere love of men of science; savants in Cambridge University, where he had studied English; in wireless stations of bleak Iceland; in African assaying offices. As professor of physics in the University of Copenhagen, he was the idol of his students. He loved quiet work; had no desire to accept the many offers from the alien war-offices who wished to make use of his electrical discoveries. A sharp game of tennis, an aeroplane flight, a gallop of twenty miles on horseback, suited him better than plotting with generals who were worrying over means of killing the worrying generals of the other armies.

When the Teutons finally came to war with England, over African and Asiatic commerce, Germany dragged in poor rabbitkin Denmark. To Prof. Jarl Nordenhaus, Germany offered the splendid star of a general of the Signal Corps—which had become more important than the line; infantry, artillery or cavalry. Jarl refused, absolutely. For revenge, they had drafted him as a private. So he had (before the coming of the thought of the Peace Army) been aboard the Fighting Zeppelin No. 43 when the Germans made their historic dash over England.

That was a critical hour in Great

Britain, even without any bellicose Kaiserlings in dirigibles! The tremendous struggle between the Commons and the Lords; between suffragism, liberalism and freedom against moneyed privilege had come to a crisis. In the Houses of Parliament, a struggle which had lasted for seventy straight hours was still going on. It was the debate over the Hardie Bill for the abolition of the House of Lords and of all titled aristocracy. About the Houses of Parliament stood a growling mob; yelling for the chance to pull down those marvellous towers with their bare hands; held back only by a dextuple line of mounted police backed by machine guns.

Then, through the fog—a line of German dirigibles, five dreadful hundreds of them; each bearing two tons of explosive bombs; and demanding the surrender of London. King George himself hastened from Buckingham Palace, to demand of Commanding General Prince Otto der Grau by what right he thus threatened a friendly city. * * * They two had cricketed together. But this was War!

"War against England was declared two hours ago," the prince grinned, insultingly. "I received my commands by wireless. Surrender the city, or I give command for bombardment."

The word went through London. Parliament broke up; and among the fleeing ragged mob, whose shouting had become mouse-like squeaks of terror, fled Earl and Statesman; while the great German fleet circled above them, with men ready at the bomb-guns.

In Buckingham Palace, Prince Otto der Grau, still grinning, stood beside King George, while a wireless operator talked to the Reichstag and the German War Office. "Yes," said the operator, "the Reichstag grants a truce of ten days, but refuses to lessen its demands for

ten billion pounds indemnity, and the ceding of all British African possessions."

So the ten-day truce began, and the German air-fleet withdrew. While Jarl Nordenhaus, mere private, filled electrical batteries on the Zeppelin, England was crazed with preparations for war. The Teutons had supposed that England, divided into warring halves, would sheepishly consent to their demands. But the stout old English blood rose. For the first time, the House of Lords and the House of Commons met as one body, with all rules suspended, and with King George himself presiding.

Gray David Shackleton, the leader of the laborites, arose to move the honorable assembly that all the measures for which he had been fighting be temporarily forgotten. He was interrupted by the Duke of Malchester. Though known as the bitterest enemy of labor, and as a leader of the Lords, Malchester shouted:

"Your Majesty, we, called the noblemen, stand ready to give up all our titles, and every pound and acre, for England. I stand with Mr. Shackleton here, who was my bitterest enemy till three hours ago, as a soldier of Great Britain."

The Commoners were on their feet, cheering the Duke of Malchester. They refused to accept the nobles' offer to abdicate; they twined arms around the shoulders of men whom they had fought for years. King George had already called for six million volunteers, and now into the recruiting offices flocked duke and politician.

In five days, England had raised eight million men, and the trained officers were drilling twenty-four hours a day. Actual boys—the Baden-Powell boy scouts—shouted at awkward squads of gray-beard shopkeepers. The English

air-fleet, protected in a valley between two Welsh mountains, was making ready.

America hastily offered arbitration. It was refused.

It was on the morning of the eighth day of the truce that Jarl Nordenhaus awoke to his great thought of a Peace Army to stop this war which, now that England refused to lie down, was likely to last till Europe was a smoking muckheap.

When he re-awoke, after a second sleep, he found that, during the sleep, certain elemental powers had come to his aid; had made his plans for him; and filled him with a quiet resoluteness for carrying out this gigantic idea—which meant upsetting the schemes of a whole world. He went on deck for morning drill; then slipped into the galley and filled his pockets with condensed food pellets.

Hung from davits on the sides of the Zeppelin's top-deck, like ship's boats, were scores of light Durchauer-Benet monoplanes. Few were they who could manage these strange craft, made of aluminum alloy, guaranteed a speed of a hundred miles an hour, and carrying fuel for thirty hours. They were to be sent out from the mother Zeppelin to wreck villages and rival dirigibles. No man on the Zeppelin could handle the Durchauers better than Jarl, with his knowledge of the machine's complicated electrical mechanism.

"Keep away from that," growled a corporal, as he saw Jarl quietly mount into the fourth port Durchauer.

"By command," said Jarl. It was by command—of powers higher than those directing the slaying of men.

The officers had taken no precautions against the desertion of men in the Durchauers; for it was believed that no one under the rank of first lieutenant knew the entire mechanism. Jarl worked

away in safety; then pressed the button that released the davits.

With a cry, the sentries along the deck saw Durchauer Four rise from the Zeppelin and go scooting out through the mist. The officer of the deck rushed to the second turret and sighted the Krupp aeroplane destroyer; swinging her up to sixty degrees. "Crack, crack," went the gun; but Jarl, shoving his machine up to the fourth speed, was already out of sight.

Sighting at his compass (protected from the steel of the motor), he calmly guided the Durchauer due West; bound across the gray iron sea of November for America, three thousand miles away. A single slip would be death. "That's perfectly all right," he smiled to himself, contentedly, and let his machine drive on, a hundred miles an hour; bound for the land where he might raise his peace army.

He regarded it all as a very simple matter. There he sat in the driver's place; twisting the wheel, pushing the wheel-post up and down, to right and left; looking after his spark and fuel and auxiliary batteries; all as calmly as though he were out for a mere fifty mile spin over Denmark. The storm wind, winged with shrieking black furies, charged at him, but he yelled gay defiance and drove on, cleaving the storm demons, who slid conquered over the machine's silken-smooth planes of aluminum alloy. And why shouldn't he have been calm? A great Thought had stood by Jarl's bed; and he who serves a thought faces readily greater obstacles than storm or drab fog.

Once in a while, under him, he saw the mocking waves, their startlingly white foam edging ebony dragon-breakers. Night came on. He switched on the search-light and went ahead. Had he quavered, trembled, allowed sleepi-

ness to overcome him, he might have pressed a wrong button and dropped to death. But Jarl, eager in the service of mankind, had often worked in his laboratory for an unbroken period longer than these thirty hours necessary for crossing the Atlantic.

Straight ahead. Letting his mad roaring motors bear him through the darkness. Visible flame from the exhaust. That was all. Dawn came. He was still six hundred miles out from shore. He swallowed a dozen food pellets and drove on. Noon came. Three hundred more. His fuel was low. The right aileron was moving with a flutter that showed its attachment was defective. Very well. He drove on.

When he was ten miles out from the Northern Maine coast, Jarl knew that the right wing-tip was ready to be shaken off. Calm as though he were preparing for a morning dip in the surf, he opened the safety chest, and drew on a parachute coat—a hood which, if he leaped, would spread out and let him down safely. Around his head, chest and limbs went pneumatic cushion wave-buffers, with batteries for warmth. Meanwhile—he drove the machine on, to the last.

A tremendous side-gust caught her, and he curved in a great arc. Snap! from the wounded aileron. The aeroplane fluttered and plunged toward the waves two hundred feet below. Far out from his seat leaped Jarl. The parachute hood opened and he sank slowly, kicking off his boots and gloves. As he neared the water, he tugged at the strap fastening the parachute. Off it came and went sailing along in the wind. He dropped straight down—down below the icy surface into icier green depths; spluttering and shaking.

When he rose, he set out for the seven-mile-distant shore. He switched on the

currents of his penumatic pads, and warming bands of wire kept him from cramp. He made two miles an hour, encumbered by clothes but carried by the waves. He swam for three hours, weakened, hungry, cold; with the resoluteness of his Norse Viking sires. It seemed that he might not reach the shore. Very well. * * * Now it happened that the shore curved in, here. He should have gone southwest. So it was that strength left him before he saw land. Blackness swirled about him; cold blackness; and he forgot the terrible tug of the water upon him.

He awoke with a feeling of grinding on the sand. He was on a grim shore, at the foot of cliffs, floated in by pneumatic pads. He staggered ashore and pulled off the swimming kit that made him look like a weird knight in fantastic armor. Barefooted amid the early snow, he trembled up a cliff-path; dropped down, quite exhausted, on the door sill of a coast-guards' house. Wondering strong men dragged him in; undressed him, put him among hot water bags, feeding him hot soup.

His young vitality seemed at a low ebb; but the Thought which had stood, glorious-winged, at his bedside, was with him. Mind mastered weak body. In two hours he arose, laughed a little, and said to the coast guards in his Cambridge English, "Well, I must be off. Can you chaps let me have a pair of shoes?"

"But who are you? How did you get here?" begged the guards, hustling from dinner and clustering about him.

"An aviator. I've just crossed the Atlantic."

"What? Why, that's been done only four times—Cal Yorrance and three others."

"Five times now," laughed Jarl. He saw that they wanted to believe him, but

—Well, he had no time for convincing them. World Peace was waiting.

He tramped down to Bangor. That night, he rode into Boston on a blind baggage. He immediately sought out a Harvard professor of physics with whom he had spent many a white night of glorious investigation, in Germany. Ten hours later, rested after six hours sleep, wearing an ordinary American suit of clothes and carrying two hundred dollars, he was on a train bound for California and David Osborne, the prophet of peace.

Why did he go to Osborne? Let me recall the man. You may think of David Osborne chiefly as the richest man of his times; the great steel-maker, who sold his interests for four hundred millions in underlying gold bonds. Very well; Jarl saw in him the rich man. He needed money for the Peace Army. But, still more, he thought of David Osborne as the man who preached World Peace, night and day; who stopped the war in Sierra Leone by buying up and freeing all the peons. Then, he thought of him as the poet; the great poet, who wrote his careful yet passionate lyrics after days of business, and read them to a few friends, throwing back in imperial grace his splendid shock of silver tempestuous hair. And, always, he thought of David Osborne—the maker of great factories and model towns for laborers, the maker of poems and of Peace Palaces—as the Prophet of New Thought; who was so distinctively a poet of peace because he used his power of mind to see what this modern world really needs. * * * Yes, David Osborne was the man to help him start the Peace Army.

On the cliffs at La Jolla, where the Pacific smiles below the California hills, Osborne had built him a castle. Here he wandered among terraced gardens, mak-

ing his poems. From here he sent out contributions—in mind and money—to all the world's progress.

When Jarl Nordenhaus winner of the Nobel prize, sent in his card, (hastily printed, in Boston), David Osborne rushed into the reception room, holding out his hand, a wreathing smile below

his crown of white hair and kingly forehead.

As Jarl looked at him, the great, peaceful thoughts glimmering in Osborne's eyes cast a radiance like a clear dawn after stormy days. Jarl knew that now, here, war was to be doomed.

(To be Continued.)

Whom God Hath Joined.

By GURDON A. FORY.

A NEW THOUGHT CONSIDERATION OF DIVORCE.

In spite of pulpit protest, churchly ban and a certain degree of popular disapproval divorce seems to have become a permanent institution. Whether or not it is essentially American I shall not attempt to say; I only know that it is not exclusively American, but that doesn't matter. It is a problem which any of us may be called upon to face personally, and as such, it may assume aspects differing vastly from those it has worn in the case of others.

It is a problem to be looked at in a personal not a general way. It is a psychic problem more than a social one. It is right or wrong just according to the two directly concerned. The social side will adjust itself just as soon as the personal psychic problem is made straight.

The objections to divorce and the arguments in its favor might and can be traced back every one to the Bible text which I have in part quoted at the head of the page. If man and wife live together happily they have been joined together by God before ever a magis-

trate or a priest or a clergyman has performed the man-decreed ceremony, or they have been joined by God afterward from living together and appreciating each other.

Those whom God hath joined do not get into the divorce courts and no man hath a chance to put them asunder. Any man who "butts in" attempting such a thing is promptly kicked out or shot dead. The divorce lawyers do not grow fat upon those whom God hath joined. Christ is at the marriage in Cana and all water is turned to richest wine.

Those who hold up my text as a proof that divorce has not divine sanction fail to apply the text in its entirety. All marriages are not of God simply because a preacher or a priest performs the ceremony, nor because the service is held in a church and is largely religious in form, nor because the bond is sworn to upon an open Bible. If God be an indwelling spirit with each of us then whom God hath joined are joined not by ceremony but by spirit. The priest is not God, the preacher is not God, the justice is not God, and yet their talk is as if all who are joined are joined of

God and must not by man be put asunder. Uneasy must lie the head of the divorce courts if this be the belief, and what must await them at the last day if this be the truth?

God is love. Therefore those who are joined by love, *real* love, are joined by God. They can never be put asunder because "love never faileth"—*real* love. Heaven and earth shall pass away but my word shall *not* pass away—LOVE NEVER FAILETH.

"Whom God hath joined" is as much a part of the text as "let no man put asunder"—not one part without the other. The wildest vagaries may be given the guise of truth by such piecemeal quoting of scripture. The most ridiculous prejudices may be founded upon just such a half-way consideration of a simple statement such as the text. The stiff-necked see only half the world for they cannot turn their eyes to the other half.

"God is spirit." They whom God hath joined are joined in spirit which is not subject to the courts nor to any

agency of church nor state—"neither, indeed, can it be."

Whom man hath joined let man put asunder and the sooner the better.

Whom God, love, spirit hath joined cannot be put asunder. They shall be to each other a never-ending source of happiness and joy and content and pride. For them the divorce question is not.

I have known many divorced people who were happy—fewer who were not. Many are re-married and are happy—fewer are not. In the second marriage it is some way realized that God must join the twain; that it must not be by arbitrary agreement nor by vows uttered in heat of passion grand though it seem; that love, not lust, is the voice of God—a still small voice rather than a devouring flame. When each one is spiritually developed to hear the still small voice divorce will not be, for none will ever err in his choice. Surely then will be the thousand years of peace. Because what God hath joined no man will put asunder nor can.

And Then You Shall Know.

Verily God is and there is nothing else beside.

BY GRACE M. BROWN.

What does it matter to you and to me
That the earth is fair and that life is free,
That things are just as they ought to be,
If we know it not.

What do we care that the rising sun
Illumines our blessings one by one,
Revealing the wonderful work to be done,
If we see it not.

How can we know of the glory of God,
Of His loving touch from the star to the sod,
Of His gracious power which lightens the rod,
If we are asleep.

Aye, children of ages and child of today
Awaken to truth; let it show you the way
To power, to health and to God's love away,
And then you shall know.

His Grandfather's Nose.

By FLORENS FOLSOM.

If words were given us, as Rochefoucauld, has said, to conceal our thoughts,—established ideas, dogmatic doctrines certainly serve a like purpose, with the verystuff of living Thought itself. Only, Convention does *more* than conceal; it stifles, cramps, smothers.

Among all the deadening and deadly ideas which narcotize the being of the World, the doctrine of Heredity takes high and honorable place. Its continuance in the public mentality so long; its lingering present existence, in the better conditions of animate society,—are proof positive that man is yet but a sluggish and a feeble and a timid thinker, taking his selfhood's self, the cardinal essential vital fact of his being, with the same dull unexamining acceptance as he receives the body of his God, when he worships in the "Church-that-runs-in-his-family."

To really think about Heredity is a startling sensation!

Consider your own case. You have been told, I am sure, at least a thousand times, that you have your grandfather's nose, your Uncle Albert's liver, your Aunt Emma's bad disposition, and your mother's tendency to forgetfulness and absent-mindedness. Every idiosyncrasy, every trait and attribute, bent, twist, and kink in your character; each peculiarity, mark, and differentiation of facial and bodily configuration:—are derived by your relatives, *from* your relatives and your ancestors. Nothing is left to you of

yourself; not a feature, not a limb, not a temper-fit nor a will-resolve, nor a predilection nor a talent. And in their day and generation, the very relatives who obligingly furnished you out with a full—or imperfect—set of characteristics and appearances were declared, in their turn, to be the possessors, the "inheritors," of still previous progenitors' eccentricities and oddities.

I have never heard whose curiosity made Eve connive with the Serpent to steal that Apple from God, nor whose meanness and cowardice compelled Adam to cast the whole blame of the transaction—surely dishonorable to **SOME-BODY!**—upon Eve; but proceeding upon the base of the world's reasoning in the matter, I must assume that Eve stole that Apple because some ancestress of hers was a kleptomaniac in a Department Store; and that Adam but echoed and replicaed the bullying cowardice of some swaggering Fore-Goer of his, deep buried in hitherto-unpublished Bible archives.

So much for Theology. Does Science with her yet-diathesis toward Heredity, still really dare to preach it? When Life first oozed the sea-slime into jelly-warts, **WHAT** Precedent directed the Occurrence?

This doctrine of Heredity absolutely precludes, denies, and refutes and cancels **ALL** personal Individuality, all I-being. It makes a man a "thing of shreds and patches," as piteous as Mack-

aye's "Scarecrow;" a botched hodge-podge of cast-off traits and lineaments and organic conditions, an Echo, a Reflection.

The doctrine of Reincarnation, which is the ONLY sane, just, logical and rational religious-philosophical Idea, rebuts the above, and proves forth its inherent absurdity and weakness.

Man is a SERIES OF SELVES: a collection of striations, a pile, more or less orderly, of layers, black and white, good and bad. He "favors" or "is like" certain of his kin BECAUSE:

Either he has himself BEEN that "ancestor" in a prior incarnation;

Or:

His mind, slowly chiselling and dyeing his body-stuff, is THE SAME KIND OF A MIND as is that mind which cut out and colored that kin, whom he resembles. People look like each other for ONE SOLE SIMPLE REASON: because they have thought alike. If I have a large nose, a Wellington-Caesar nose, and if my Father had one also, before he died, that is because we were both FIGHTERS, in past lives; and I was born of him, perhaps we fought each other, and have old scores to pay.

The coitions of Hate are almost as potent, in effect and for creation, as are the coitions of Love. Wrestle or embrace,—you are breeding Consequences.

Do we most hate, or love?—I know not—

But this I KNOW: You mean to me
More than the World, Mine Enemy!

The trouble with most of us is, that

we have no filter in our brains. We swallow and absorb everything poured into us, without discretion and without discrimination.

What is not *yours* will edge out of your life, SO SOON AS you are YOU. If you don't like your looks, set to work to make new looks. Reverse your engines—make yourself as different as possible from the old self, which made what you don't like to look at in the glass. And don't gulp down carelessly, blindly, the old, old dead stuff that is handed you from pulpits and parlor sofas and arm-chairs. Turn your back on Upholstery and hear what the trees have to say. The Wind can tell you a lot about yourself. Start up your inhibitory power! Choose, select, sort out what is offered you to believe, from what you *want*, and know you ought to believe. Not ought to because Mrs. Grundy says so, but because your God-I says so. Do not allow yourself to be corseted by other people's smallnesses and contractions. Take a long breath, and burst the walls around you; you can; they are flimsy. Flow through prejudices and customs and conventions smoothly and largely, as a river moves between arresting weed-tangles of its banks.

Cease to be ding-donged into acquiescence by the stupid clamor of thoughtless dogma. Wake up! And be YOURSELF! You are what you are BECAUSE you were what you were; and all the "ancestors" in the World can have had very little to do with THAT!

As The Pearl.

BY ELSIE McLEAN.

No soul in earthly form can be,
As the pearl is to the mollusc,
So my body is to me;
Could smallest part embrace the whole,
A body might contain a soul.

Live The Joy Philosophy.

By FRED G. KAESSMANN.

Dr. Schofield says: "The breath is altered by the emotions. The short quiet breath of joy contrasts with the long sigh of relief after breathless suspense. Joy gives eupnoea or easy breathing; grief, or rather fear, tends to dyspnoea or difficult breathing. Sobbing goes with grief, laughter with joy, and one often merges into the other. Yawning is produced by pure idea, or by seeing it, as well as by fatigue."

By all means let us have joy. Joy promotes health and long life. It makes life pleasant living. It wins friends, position, affluence. It is a duty we owe to others as well as to ourselves. In every way, view it from whatever angle you will, you will find it a moral obligation. A person can bring pleasure into the life of twenty persons each and every day, or he can make twenty persons miserable. If the twenty are well versed in New Thought methods and able to stave off the joyless thoughts of the joyous one, the fact still remains that the twenty must make a special effort that the one may radiate a misery which is habitual—and calling for no effort. Has any one the right to ask this from his fellows—day in and day out?

She walks down the street. You look at her. The look is enough. Gloom—gloom—gloom. What a terrible punishment she suffers. Because she will not change her thoughts she must go through life "hating herself, hating everybody else." Still, it is merely a question of choice. Say, "Out with you

—you devils. Out with you. Let's have light here. Let us have joy. Give us sunshine. I will smile. I will be pleasant. I will pass on the pleasant word. I will have sunshine in my heart. I will be happy." Then keep it up. You will change yourself without fail. Auto-suggestion can be depended upon to do wonders. Of course, it takes time—but so does everything else worth while.

See that cheerless one across the street? "They say" his wife is an abominable cook. "They say" he suffers terribly from dyspepsia because of her abominable cooking. Regardless of what "they say" put it down as a fact that if he would get a smile on the chances are strongly in favor of the bad cooking's getting a fine run for its money. If YOU have dyspepsia, and would blame your wife or someone else, think it over. Perhaps some good hearty laughs each day would cure you quickly. Try it—on suspicion.

The important thing is this: It's all right to preach joy living. That's fine—and helps a lot. Still, it's better to LIVE IT. Yes, to LIVE it ALL THE TIME—not only on special occasions. The MORE you live it, you know, the EASIER it will BE to live it.

Are you looking for a "snap?"

Do you like to come into some of the good things of life—without too much of an effort?

Here's your chance. It is easy to be a smiler—when you have gotten the habit.



VIEWS AND REVIEWS

—BY—

WILLIAM E. TOWNE



The Source of Power.

All that Psychology, New Thought, or Christian Science can do for you is to make you more conscious of your real self.

The belief in and practice of New Thought does not bring anything to you from the outside except an IDEA.

This idea, if accepted and acted upon, creates or draws forth power from within yourself.

Within yourself is the source, so far as you are concerned, of all power. All that preaching, all that lecturing, all that teaching does for you is to furnish the idea, the suggestion which touches the button that releases or brings into manifestation this power.

The idea assists or stimulates your own imagination and takes form in the objective. We grow like what we think about. We attract what we habitually picture.

When Jesus said, "The Kingdom of Heaven is within you," he spoke not a parable but a veritable truth.

No one can do more for you than to help you understand or realize the wonder of your own soul.

Your mind runs in certain well defined ruts or channels. Under ordinary conditions it will follow these comfortable little ruts for a lifetime. But the moment that some serious obstacle confronts you, some great trouble comes, you are jarred loose from these ruts and thrown back upon yourself. Then it is

that you seek the source of power. You have heretofore been using power without thinking where it came from. Now, whether you know it or not, your desire seeks the source of power.

In the hour of need the prodigal returns to his father's house—harks back to the Source. The mind is thrown from the personal back to the great Impersonal in which we all have the roots of our beings.

In this source of being we can find not only renewed strength but peace and satisfaction with life.

This reunion with the source of being takes us away from the personal. We are then able to look upon the personal with an impartial eye and judgment. The trials and difficulties of the personal life then appear to us as the trials and difficulties of another person. We see ourselves as but a part of the passing show. We are no longer swept hither and thither by the emotions, as when we are living wholly in the consciousness of the personal. We feel that within us which IS, instead of that which is merely becoming or which is in process of constant change.

There is nothing unnatural, mysterious, uncanny in this communion with the source of being. It is simple, natural, and in accordance with the law of life. It is simply carrying out that old command, "Know thyself." This helps one to meet with a calm and steady purpose all the circumstances and conditions which arise in the objective life.



VIEWS AND REVIEWS

By WILLIAM E. TOWNE

*Progress and Precedent.*

God loves the man who dares.

The man who stands undismayed and questioning before the problems of life and death and the secrets of nature.

A genius is produced only when an individual has the courage and the will and the originality to turn away from the established, from the accepted, from the conventional and think for himself and solve problems without being bound by musty precedent, without following blindly and unquestioningly what is printed in the books of authority or taught by those who act as teachers vested with authority.

From the time of Archimedes to the time of Galileo, eighteen centuries, not a single great mechanical invention was produced. Archimedes invented over forty machines, among which are the block and tackle, the endless screw or worm gear and many instruments of defence for use in fortifications. After his time the world stood still, so far as inventions were concerned, for eighteen hundred years.

Why?

Because "men sought for truth where truth could not be found. They looked within their moldy manuscripts and asked, 'what do the great philosophers say ought to happen?' instead of looking at nature and asking 'what does happen?' And when a man arose who dared to doubt the authority of the old masters and turn to nature to find out the truth, all the weapons of the old school were hurled against him." Every man was accepting his thinking ready made. He was accepting what some one said about science and art and literature

and the laws of nature as final and ultimate truth.

The coming education will encourage the child to work with his hands, to think and experiment on his own account. It will aim not so much to fill his mind with rules and theories as to stimulate his own innate original tendencies toward discovery and action. It will teach him to demonstrate the truth of what the books teach, and not be afraid to question where he does not understand. He will be taught principles to apply instead of being loaded with theories to be remembered. The constant aim will be to bring his own mind into activity to meet each problem.

To accept your thinking ready-made is to bar the way to your own development. Only by comparing and testing the work of many men and many minds can you arrive at even an approximate understanding of ultimate truth in any line.

The Birth of Civic Unity.

The cities and towns of America are developing what may be properly termed civic consciousness.

Civic consciousness is that consciousness which reaches beyond the individual and recognizes the many things which relate to the common life of the community, recognizes more fully the relation of the one to the many.

This awakened civic consciousness brings with it new and higher and more perfect ideals of community life. It brings ideals which aim to provide better conditions and fuller opportunity for all, not merely for certain individuals or certain classes. It promotes the circulation of ideas, a most important element in civic life. Ideas take on new



VIEWS AND REVIEWS

By WILLIAM E. TOWNE



vitality and power when shared by many people in common. The exchange of ideas is most essential to progress.

I listened recently to a thoughtful address upon "The Call of Citizenship," delivered before the Holyoke Board of Trade by Dr. M. L. Burton, of Smith College. Dr. Burton believes that one drawback to the development of civic consciousness is the intense absorption of the individual American in his own work and plans. Each is so zealous in seeking his own success that he forgets to ask whether or not his neighbor is provided with equal opportunities. We forget that what affects one member of a community affects all in degree. Whether we desire it to be so or not, no man can live to himself alone.

The development of civic spirit, and more complete unity of action among the members of the community, will tend to vitalize and bring into practical demonstration improved civic conditions.

The rapid growth of American cities has favored municipal corruption. The development of civic spirit will furnish a strong stimulus to competent and honest municipal government. When the people of a city are really united, it is not easy to impose corrupt officials upon them. In united thought and action there is safety.

Cities should be judged, said Dr. Burton, not so much by what they have done in the past, or even by what they are today, as by what they are *becoming*. It is the general tendency of civic life by which a community should be judged. And if we consider the general tendency toward better conditions which obtains in the municipalities of America, we shall find cause for encouragement.

Present conditions are indeed far from satisfactory, but compared with past conditions they show progress.

There is a stronger "get together" spirit among business men than ever before. There is growing up a higher standard of business honesty. There is a better spirit of co-operation manifested.

A city board of trade or commercial club helps to develop unity of aim and acts as an impetus to civic growth along healthy lines. Such associations may become powerful instruments for improved civic conditions. But they can succeed only by the *united* support and good will and activity of their members. Each citizen must contribute his fund of activity and ideas as well as financial support, if such associations are to become most effective for the common good.



By WILLIAM E. TOWNE.

* * * The reason so many people become excessively tired over their work is because of the mental attitude of resistance and dislike which they hold toward it. Whenever we work without interest and enthusiasm we work to our own injury and unhappiness. Interest and enthusiasm over our work are the product, first of an attitude of good-will toward it, and, secondly, of concentration upon what we are doing. Whether we think we like our work or not, we can give it our attention, and a degree of interest and enthusiasm is bound to follow.

The Meal and the Man.

By MARIELLA JOHN LADD.

NO. 6.

It is sometimes very useful to be able to select without search a sweet dish that is rich in nutriment. The following collection of recipes contains only those which are above the average in this respect. All will serve to supplement a light meal.

FRUIT JUNKET.

Ingredients. Fresh whole milk, junket tablets, assorted fruits or berries.

Method. Warm the milk to nearly blood heat and add the junket tablets according to directions; add a little nutmeg and sugar. Half fill some sherbet glasses with assorted fruits, pour the junket into these glasses; let it set for an hour or so and last of all set on ice.

STEWED APPLES AND DATES.

Ingredients. Some apples which need not be especially sweet or ripe; dates, lemons, sugar.

Method. Stew two quarts of apples with plenty of sugar and some thin cut lemon rind. When the apples are nearly cooked, add a cup of dates stoned and sliced. Simmer together for a short time, add a little lemon juice and a trace of ground cinnamon and serve.

APPLE CUSTARD PIE.

Ingredients. A pint of apple sauce, a piece of fresh butter, the yolks of two or three eggs well beaten, a pint of hot milk, lemon, clove, sugar, three or four whites of eggs.

Method. Make a custard and stir into it the apple sauce sweetened and flavored. Over it place a meringue made from the sweetened whites.

PRUNE SOUFFLE.

Ingredients. A pound of stewed prune pulp, the juice of two lemons, two cups of

sugar and the stiffly beaten whites of four eggs.

Method. Mix all these together and turn them into a soufflé dish, sprinkling sugar over the top and baking in a brisk oven for ten minutes. Serve very quickly before it falls.

STRAWBERRY BATTER CUPS.

Ingredients. A quart of strawberries, a pint of water, a batter made from a cup and a half of flour, two eggs and a cup of milk, butter, whipped cream.

Method. Make the batter and place alternate layers of the batter and the berries, mashed with sugar, into batter cups. Fill two-thirds full. Steam or bake for forty minutes. Serve with whipped cream.

AMBROSIA.

Ingredients. Sweet oranges, fresh or dessicated cocoanut. Lemons and sugar.

Method. Remove the pulp from the oranges and mix it in a bowl with fresh cocoanut. Add sugar and the juice of a lemon. Allow the mixture to stand a little and then fill the orange shells with it. Serve on a fruit plate.

FIG CAKES.

Ingredients. Five eggs, a cup of sugar, a cup of chopped nuts, a half cup of raisins, the juice of a lemon, a pinch of cinnamon, a cup of fine breadcrumbs, a teaspoonful of baking powder, a half pound of figs.

Method. Beat the eggs and add the other ingredients to the eggs; bake in a thin sheet and ice with a plain boiled icing, into which may be stirred chopped figs and nuts.

DATE FOAM.

Ingredients. A quart of lemon jelly, whites of two eggs stiffly beaten, a cup of stoned chopped dates.

Method. When the jelly is nearly settling, whip it, adding the whites of eggs and a cup of chopped dates. Mold and chill.

PRUNE LOAF.

Ingredients. $\frac{1}{2}$ a box of gelatine (enough to make a quart of jelly), $\frac{1}{2}$ a cup of cold water, 1 pound of prunes, 1 cup of sugar, juice of one lemon, orange juice.

Method. Soak the gelatine in the cold water for five minutes, cook the prunes until tender, remove the stones and pass the pulp through a sieve; add the kernels from the stones, a cup of sugar and the softened gelatine; stir over the fire until sugar and gelatine are dissolved, then add enough orange juice to make a quart in all.

PECANS IN JELLY.

Ingredients. A very nourishing and delicious sweet can be easily made from pecans and jelly. Chop or mill the nuts and set them in orange or lemon jelly.

FRUIT JELLY.

Make a rather stiff lemon jelly and set fruits in it after cutting them into convenient pieces. Chopped pecans can be alternated with the fruits if extra nourishment is desired.

CHOCOLATE JELLY.

Ingredients. $\frac{1}{2}$ box of gelatine, 2 tablespoonfuls of sugar $1\frac{1}{2}$ squares of chocolate, 1 pint of boiling water or milk, 1 teaspoonful of vanilla, a pinch of salt.

Method. Cook the milk or water, the chocolate and the salt in a saucepan until the chocolate melts. Let it boil for five minutes. Soften the gelatine in a cup of cold water and pour the boiling mixture over it. Stir until the gelatine is dissolved and add sugar and vanilla. Serve with whipped cream.

COCOANUT CREAM.

Ingredients. $\frac{1}{4}$ cup of gelatine, $\frac{1}{4}$ cup of water, $\frac{1}{4}$ cup of sugar, 3 eggs, 2 cups of milk, 1 cup of cocanut, a pinch of salt.

Method. Beat the yolks of the eggs and add the sugar. When the milk is about boiling, stir in the eggs and sugar, cook them until the mixture thickens slightly. Remove from the fire and add the gelatine, which should have been soaked in cold water for five minutes. When cooled and beginning to set, add the cocanut and whites of eggs, beaten stiff, and the flavoring. Line a mold with sections of orange and pour in the custard. Serve ice cold.

BANANA CREAM.

Ingredients. 6 small bananas, 4 sheets of gelatine, 1 gill of whipped cream, 1 white of egg, stiffly whipped, sugar and lemon juice to taste.

Method. Mash the bananas with a fork;

melt the gelatine in a very little water; add to it the bananas and cream; add the egg and the flavoring and set in small molds.

SPONGE CAKE JELLY.

Ingredients. The remains of a sponge cake, some orange or lemon juice or both, 2 eggs, $\frac{1}{2}$ pint of milk, 4 sheets of gelatine, some fruits that can be used to decorate the mold.

Method. Decorate the mold with fruits and fill it loosely with cake crumbs soaked in juice. Pour in a custard made from the eggs and milk and stiffened by the gelatine, which should be dissolved in cold water before it is added. Set in cold water or on ice.

TAFFY.

Ingredients. One cup of syrup, one cup of sugar, $\frac{1}{2}$ cup butter, $\frac{1}{2}$ cup milk, $\frac{1}{2}$ cup grated chocolate. When it is crisp, on being dropped into cold water, pour into buttered tin and mark in squares when sufficiently cool.

COCOANUT CANDY.

A fresh cocoanut, a cup of brown sugar, a cup of syrup, a teaspoonful of vinegar, a tablespoonful of butter.

Method. Shave the cocoanut and spread on tin dishes in a warm place; make a syrup of one cup of brown sugar, one cup of syrup, one teaspoonful of vinegar, one tablespoonful of butter. Do not stir this while cooking it. When the syrup is sufficiently cooked to become brittle when dropped into cold water, stir the cocoanut lightly into it. Pour upon buttered tins to set.

Children need sugar, and if they are given plenty of good home-made sweets at home they will not be so liable to indulge the taste that is an indication of a real physical need at irregular times and in undesirable ways.

Honey is a splendid predigested sweet that should be given to children and adults when it can be secured in a pure state.

HONEY APPLE BUTTER.

Ingredients. 1 gallon of good cooking apples, 1 quart of honey, 1 quart of vinegar, 1 heaping teaspoonful of ground cinnamon.

Method. Cook several hours over a moderate heat or in a fireless cooker until it is of the right consistency.

NUT AND HONEY BUTTER.

This can be made for table use by simply stirring together liquid honey and milled nuts adding a little lemon juice from time to time. It should be spread on bread and butter.



New Thought Efficiency.

A SYMPOSIUM OF PERSONAL EXPERIENCE IN THE
USE OF NEW THOUGHT FOR THE DEVELOPMENT OF
EFFICIENCY, HEALTH AND HAPPINESS.

HOW I LEARNED MY BIGGEST LESSON.

By Anne Warner.

The beauty of New Thoughts is that they are each any every one such old thoughts,—the very thoughts that preceded this world in its making,—the thoughts that must precede *everything* before it can be. The great spiritual question of today is how to teach people to successfully think New Thoughts and—as most of us are very young pupils in this particular respect—I am going to tell how I learned the lesson for myself. Of course I had been well drilled and prepared in many ways before, but I will only tell of the Minute of Mastery, the minute when I saw clearly for the first time what Life was all about, and how I was an absolute reigning monarch in my world. My world—like all the rest of the world—*seemed* to be a World of Effects, but in that one minute I learned the Cause that lies behind the Effect,—I learned that, when *we long for any Effect it is because the Cause is already in existence*;—do you understand? you cannot possibly hope or long for anything *unless the thing is already there*.

I am so almost positive that you do *not* understand that I will tell my story now,—the story of when I came to understand,—the story of my own learning of the lesson.

It was in another land across the sea, that I sat talking with a dear friend one day. During the conversation, I suddenly divined a great need in her life and asked her openly if it was so. She admitted it and I went away full of her need and of my desire to help her. Now I knew that I had no right to give her a hundred dollars, even if she would have accepted it (which she would never have done), but I knew, too, that she *must* have the money. I clasped my hands fast and I said: "I *must* have one hundred dollars for her and it

must come in a perfectly right way." Every time I thought of her I clasped my hands and repeated the words firmly to myself.

I had begun on a Wednesday and on Saturday I went to lunch with a dear old lady who always loved to hear what I was doing. I told her of the hundred dollars (which was there a sum equal to five hundred here), and she said simply: "I do wonder where it will come from!" If she had not been of a nature to make some such reply, I never should have told her because I never drag so sacred a thing as a budding Good out to be blasted by trivial doubts. But her faith was perfect because she had previously seen herself the surprised chief factor in the evolution of a live poney in a poneyless country. The poney had converted her on the spot.

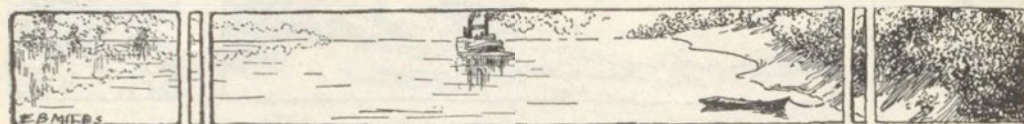
That was Saturday and I kept straight on repeating my declaration with fullest faith. I could not see *how* I could get a hundred dollars that it would be right for me to give away and so I didn't try. I just had faith.

On Monday it came! On Monday the money *actually came*!

I opened my mail and out fell a cheque of my own for a hundred dollars, torn in two, and a note saying that I could give the money to anyone that I pleased. I had sent the cheque months before to pay for professional services and the awfully good friend who had done the work, declined to be paid, and bade me give the money where it would please me by helping others.

It was exactly the sum I wanted. It was given me to give away. It answered my wish in every particular.

Now this is the point that I want to make:—the money was on the ocean when it flashed over me that I could get it for my dear little friend. The Answer was coming when I framed the prayer. The Good to be done was



hastening towards her before her need was voiced.

That is what I mean by saying that the Cause underlies the Effect always and that when we wish, our wish is already a reality in Heaven's storehouse. The idea is not easy to grasp, but the more firmly you can grasp it the more *real* is your own object. That is what Faith, and Concentration, and Fixity of Purpose come to,—the clearer vision of what is already there.

The hundred dollars sweeping across the sea gave me the vision of succor for my friend. To my finite view I *seemed* to ask for money, to *our* finite view we *seem* to desire of our own free will, but a desire is really the effect of what is coming. This truth holds no possible excuse for evil, however, for we are free agents as far as our life upon this plane holds, and to concentrate upon an evil object brings its own vast retribution since *to our own consciousness*, we can choose as we will.

There lie the ropes with all their ends freighted and each can lay hold where he will and according to the strength and steadiness of his pull, can land whatever is attached. The lesson is that the Prize is always there, that the ropes are always there, and that all the teaching of all time is a mighty effort to bring men and women to clearly see their duty in *laying hold*, in *steadiness*, and in *strength*. Religion means just that.

"*Believing that He Hath*,"—were Jesus' words. I do hope that I have helped make them clearer to some one.

WHAT NEW THOUGHT DID FOR ME.

By F. H. Spinney.

I was born in the country—that portion of the terrestrial sphere whose construction is ascribed to God. If God made the country, he considered his duty finished in the making, and left the inhabitants to manage their own affairs—or mismanage them, to be more exact in the choice of words.

God certainly displayed unrestricted liberality in the supply of PURE AIR. He poured it into every corner and crevice and piled it higher than we can ever hope to ascend.

When man arrived on the scene, he at once set to work to construct living boxes, air tight and sun-proof, to shut out too-much-of-a-good-thing, called FRESH AIR. Later on, he granted admittance to a limited quantity of day air; but for the night variety he had an everlasting aversion.

The country boy is famous for one special characteristic—an unlimited appetite. This characteristic receives enthusiastic encouragement from the loving cook, who prides herself on her talent for making things "taste good;" so much so that the highest praise a man can bestow on a satisfactory meal is that "it tastes like those mother used to make."

To mother's tasty provisions I did fully justice; but of God's liberality I was, like my fellow mortals, exceedingly neglectful. This course, when followed for a few years, has just one result, which is first attended to by the doctor, and shortly afterwards by the undertaker.

My father and mother needed the attendance of both of these functionaries before I was fourteen years of age. I was thus left to choose my own path through the labyrinthine course of life's brief journey.

The school recognized in a boy but one fundamental feature—MIND; and of that feature but one component—MEMORY. Having had my stomach well stuffed with the tasty contents of the pantry, I was sent to school to have my mind stuffed with the distasteful contents of the text book. The school, like the home, had no use for God's best gift.

The result of this civilized system of child-raising was that by the time I was eighteen years of age, I was a weakling in body, a pessimist in mind and an egotist in the social world. In a word, I was physically, mentally and socially lost.

What did New Thought do for me? IT SAVED ME! But not until after I had added a few more follies to those already defined.

Quite in keeping with my previous blunders, I consulted six doctors. They all examined my tongue. It could have told a few things to the ear; but it was dumb when addressing the eye—even of a wise M. D.! They all felt of my pulse, and asked as to the health



of my bowels. They then looked wise; wrote a prescription in Latin; pocketed the fee; made a commonplace remark, and retired.

The druggist also looked wise. He asked if he should send IT, or would I wait? I told him that I would wait, as I was quite accustomed to that occupation, and had nothing else to do.

I took the medicine, and then kept on WAITING. I repeated this drama six times with slight variations.

Just how I became acquainted with New Thought, I do not exactly recall. But that is of no special concern. The point is that IT SAVED ME—physically, mentally, and socially.

I do not mean to imply that such a salvation involves three distinct processes. New Thought saved me MENTALLY and that made all else right.

How did it save me? It taught me that we live in a beautiful world, where all is meant to be harmonious and peaceful; that the mind governs the body and controls all its functions; that disease is but Nature's attempt to correct the errors of the past, and bring our bodies and minds into harmony and peace; that SUCCESS and HAPPINESS are the result of HOPE and persistent FAITH in the POWER that is working through us; and that SUCCESS is most desirable and HAPPINESS most real when our aim is for the advancement of all mankind, and not for a selfish victory over others.

Were not these lessons of more vital concern than all those learned at school? By mastering them, doubt was changed to FAITH, fear to HOPE, and disease to HEALTH.

Day by day, the light of a BETTER LIFE grows brighter. I now see clearly that each individual is a part of one great whole, and that the greatest happiness in life comes from FAITHFUL WORK for the welfare of All.

To be mentally calm, physically well and socially unselfish, we must become as little children and learn the lessons of life's university. Breathe deeply God's bountiful wealth of PURE AIR; drink freely of his generous

provision of PURE WATER; eat moderately of wholesome foods; rest both body and mind; and learn the secret of keeping the heart full of SUNSHINE, and greeting all we meet with a SUNNY SMILE.

This is a simple lesson, is it not? Yet how few there are who master it! This to me is NEW THOUGHT; yet it is as OLD as the race. If your thoughts are not RIGHT, discard them by filling their place with NEW THOUGHT.

WHAT THE NEW THOUGHT DID FOR ME.

By Elinor Frisbie.

The other day a woman said to me: Unless you want me to hate you, you would better be telling me how you manage to keep young and attractive and happy. You are older than I am—and goodness knows we are both on the wrong side of forty—and yet you and your son are frequently taken for brother and sister. Tell me the why and wherefore of it.

I started to elucidate thusly: It's because—She interrupted with: Oh—It's because your hair isn't gray and you're not fat. I resumed: No, dearie, you have to guess again. *It is because* I have worked and studied over New and best Thought until at last it is becoming most helpful to me. But in the tedious process of acquiring the right mode of thinking, I wandered far and got lost many times, and had to begin all over again repeatedly.

In her pretty, impetuous fashion, she said: Yes, but to think of all the horrors you've been through and yet you smile! Terrifying hospital experiences, San Francisco earthquake and fire, floods the year after, and I don't know what all.

I argued: The way to manage misfortunes is to forget them. When the days were darkest, I simply *dared* not be disagreeable, for fear something worse would happen.

When I began being sorry for myself, I plunged into the depths of despair. I had to "pretend like" everything was coming out all right and then have *faith* that it would. Faith is the keynote to upbuilding. Believing, work-

ing, waiting. "All things come to him who waits," if he hustles while he waits. And it won't do to be a back-slider. We must keep on, and keep on keeping on. We must persevere in developing the "Almighty All-rightness" which exists in each one of us. And we must be *positive*, not negative. "Whatever you do, *don't*." That policy never gets you anything.

Then she of the hazel eyes questioned like this: "Where shall I begin on this New Thought proposition?" "Just begin anywhere," said I, "only so you begin. I'll loan you some books, and you may give me your subscription to *Nautilus*, so I can get another book, and we will start the ball rolling and it will gather goodness and helpfulness all along the way."

This, then, is how the New Thought has helped me, what it has done for me: It has transformed me from a sick woman to a well one—and from discouragements and miseries of various kinds to the point where I can find the silver lining in most all clouds; and I can even disperse the clouds! It has, above all, helped me to help *myself*, and to be instrumental in helping others over the rough places along the journey of life—All hail to New Thought!

WHAT NEW THOUGHT HAS DONE FOR ME.

By Henriette Wittke Roberts.

It has taught me to trust myself.

It has broadened me mentally and quickened me morally.

It has raised my standards and made me a lover of the best and noblest things.

It has improved my health by showing me that hope and cheerfulness are health makers and that fear and worry are disease producers.

It has brought me the message of human service.

It has taught me to think and to follow up thinking with action.

It has made me realize that power is within the individual and that the more one draws on this power, the more successful one will become.

It has trained me to let the "past bury its dead," and live in the present.

It has taught me that each individual must do some sort of good creative work.

It has proven to me that I AM and that God is one with me.

It has enabled me to keep sane and sweet

under heart breaking and nerve racking personal experiences and given me the courage to do the right thing regardless of Public Opinion.

In short New Thought has given me a personal, practical and livable religion.

WHAT THE NEW THOUGHT DID FOR ME.

By Margaret G. Ward.

I had passed through three bereavements in the short space of two years. A loving, gentle mother, a beautiful and only niece and last the most precious of life's companions. My heart was heavy. I went to an adjoining city to spend the winter as companion with a friend, who was a semi-invalid, welcoming any change from that of the familiar haunts.

One morning, what seemed a terrible calamity befell me. A *filling* came out of one of my teeth. I smile now, recognizing in it as I do "God working in a mysterious way His wonders to perform."

But you see the strongest resemblance to Emerson of which I can boast, lies in the fact that I belong to almost the eighth generation of dentists, and none but members of my own family had ever touched my teeth. My cowardice had always been tolerated, and the quality of work I permitted was such that I was told if any one ever asked who did my dental work, I must give the name of the neighboring blacksmith.

When, therefore, I realized that I must submit to the trying ordeal of visiting a strange dentist, I *pitied* myself beyond expression. And of course this added to the depression of spirits which was fast consuming my reason.

That afternoon I went for my customary walk, thinking I would drop in the first place where I saw a dentist's sign displayed. How I managed to traverse the blocks upon blocks I did and not see one of those signs that frequent almost every corner, I know not; but the truth is I was led by devious ways to elude all others, and returning home another way, I walked directly into the fold of one of the shepherds of the New Thought kingdom, and that, too, within a couple of blocks of my abiding place.

Never will I forget the forlorn aspect I must have presented clad in somber black, hands trembling and voice shaking as I asked this manipulator of instruments if he would fill a tooth for me without cleaning the cavity.

Up to this time I scarcely knew whether I

was talking to male or female, black or white. Back went the man's head, open flew the mouth,—displaying a fine set of teeth—(by the way, I wonder why dentists are always such good walking advertisements of their business), and out poured a hearty peal of laughter, (which inwardly I much resented). And he said: "Why, my good woman, you don't want me to do anything of the sort."

Into the chair I got for an inspection of the offending member, and out of the chair I did not get until the secret recesses of my heart had been opened up and into the running sore was poured the balm of as splendid a New Thought talk as I ever expect to listen to.

I will say right here that it was just before the holidays when members of his profession are not so busy. Later attempts to see him proved almost as ineffectual as if I had asked audience with the Khedive of Egypt.

The next day but one was set for the much dreaded operation, and so calmly did he perform the task, punctuated with words of comfort and cheer, that I began to feel a peacefulness of mind steal over me, to which I had been a stranger for many months.

When the appointment was over, I thanked him for his interest, regretting that I would be unable henceforth to hear those words of encouragement to which my enfeebled consciousness had begun to respond; when he said to me, if I wanted to thank him and at the same time prove that I desired to help myself I must affirm every night and morning that I was better than the preceding one, and then think that I was, and at the end of ten days, I was to drop him a card and tell him the result.

I faithfully performed the promise and at the end of the agreed time sent word to the effect there was no improvement, and still the motto (which we had discussed), "Life is one damned thing after another," remained my cherished sentiment.

But I continued to make my precious affirmation. Possibly three weeks thereafter, I was suddenly seized with an intense desire to write a line and say I was really better.

I fought that desire. Inclination and reason were in warfare. Finally the letter was written with a preamble of excuse for the presumption. To my astonishment reply came that no excuse was necessary, as I was simply *answering telepathic communications sent by him* and I had answered just the questions as he desired me to.

It is almost needless to say that this disciple of New Thought is a man of indomitable will and having once allowed himself to become interested in my condition he followed the case with the determined persistence that only strong natures exercise.

Later friendship, extended to all the members of the household, made me acquainted with many cases this good man had treated, with pronounced success, never accepting one penny in compensation.

A part of his treatment was to keep me supplied with helpful thoughts and beautiful sentiments. How I wish I might pass copies of them along to those suffering as I was. One of the most beautiful, at least helpful to me at that time, was from the letter of an uncle upon the death of his father. "As he came into this sphere of existence without conscious regret, any change to another sphere ought to be looked upon without dread.

"All that we think we know here by evidence of the senses is only symbolic of a more truly natural existence. This mortal life is only the dawn before the day.

"The pure untrammelled calm of spirit in which all the unfathomable mysteries of existence here will be made plain is, to my mind, really to be desired, but not hastened. There should be no fear, no regret, but a calm trust in the intelligence of an all wise cause—God—and it can but be well with all."

Possibly one of the most forceful quotations sent me was the one from Stevenson, (I think): "No one has any more right to go through the world unhappy than they have to go through it ill-bred."

Now as good breeding is one of my (supposedly) much treasured possessions, I was much struck with the logic of the thought, and it helped me amazingly to cast off the gloom.

I had never considered that I was as I was because I *chose* to be so. I looked upon myself as a much abused and ill-treated individual. I had not absorbed the higher ideals of life because my privileges had been few and my opportunities limited. Little had been given, therefore little should be required, was the way I excused my lack of development.

Gradually as I was taught the forces of life, health, happiness were within every human breast; that the strength and power which make it possible for us to live come not from without ourselves, but depend in quality and strength upon the development from within,

I realized that I alone was to blame for the heart crushing condition I was laboring under and hugging to myself. I found I was attracting negative qualities and implanting physical characteristics anything but commendable.

My natural love for the highest human attributes coupled with an intense desire to overcome the depressing heart ache that was my constant companion, caused me to become, to the extent of my ability, a seeker after New Thought.

I subscribed for periodicals, bought some books, attended lectures and now while the way is yet up hill and an occasional stimulus is greatly appreciated, I have never lost sight of the way.

Creedless.

By WALLACE R. STRUBLE.

I have no creed. My eyes have seen so little of the wide domain of eternity; my ears have heard such faint echoes of the universal symphonies; my feet have trod such limited paths of discovery; my hands have grasped so small a portion of the infinite task; I have known, felt, imagined in such paucity of experience—that I cannot summons the egotism to give my poor attainments formal expression. And yet I feel that—Living, I shall ever live; seeing, I shall never be blind; hearing, I shall be forever a listener; sensitive, I shall always be sentient; aspiring, I shall forever compass the universe with unfailing desire.

*Oh, do not pray for easy lives—pray to be stronger men.
Do not pray for tasks equal
to your powers—pray for powers
equal to your tasks.*

—Phillips Brooks.



Friends, the Wind Blows toward the new heaven on earth! We are all wafting that way. If you are not TOO BUSY you can see such indications all about you every day. And every paper and magazine you pick up contains little straws that show it. Here are a few the editor and some of our friends have culled while reading the daily papers and weekly reviews, etc. We shall be glad to have our readers keep an eye out for other Straws that Show the way the Clean Winds Blow, sending us any items they may think suitable for this column of very brief mention.—E. T.

Oklahoma's bank deposit guaranty laws is catching it from Big Interest organs from all sides. Wonderful to relate, too, the bankers also don't like it.

In the three years of the law's operation, \$878,352 has been paid into the guaranty fund. Of this, \$606,780 was paid to the depositors of one bank that failed soon after the law went into effect; \$119,750 has been placed as "special deposits" in banks that were tottering and about \$40,000 cannot be accounted for at all.

"Rotten management!" "Too expensive and unjust!" "Utterly disgusting!" howl the bankers.

But some facts appear clear to the people of Oklahoma. The depositors who put in the \$606,780 were saved instead of ruined. The "rotten management," if any, was management by bankers. And, most tremendous of all, under this law 700 banks have been operating for three years and not one depositor has lost a penny.

It really seems to be a law under which the depositors, the creators and maintainers of banks, have the upper hold, and we guess that it will be some time before the people of Oklahoma will change it. That law may not be a lightning incubator of banks, but it is surely doing some fine nursing of sound banking.—*Omaha Daily News.*

A Tacoma reader writes with much satisfaction to say that no advertisements of whiskey, beer, or other intoxicants appear on the billboards of his city. The ingenious plan which abolished this part of the billboard nuisance was invented by Frank R. Baker, assistant city attorney. He pointed out that billposting is a legitimate business and that an ordinance prohibiting the display of liquor advertisements on billboards would, probably, not be sustained by the courts. On the other hand, he suggested that the City Commissioners can impose any conditions they chose in granting a license to sell liquors; that no one has an inherent right to sell intoxicants, and that a license can be granted, refused, or revoked for any reason or for no reason. Therefore he recommended that those interested should petition the City Commissioners to pass an ordinance to the effect that in granting a licence to sell intoxicating liquors a condition be

made that the liquor dealer shall not sell any whisky, beer, or other intoxicants which are advertised on any billboard within the limits of the city of Tacoma, the penalty being the revocation of the license. The Men's Club of the Ethical Society of Tacoma drew up a petition as outlined, giving as their reason "the harmful effect on the minds and morals of children." It was endorsed by the Board of Education, the Federated Women's Clubs, the Federated Men's Clubs, improvement clubs, the faculty of the high school, and every school teacher and clergyman that was interviewed. The ordinance was passed; today there is not a liquor advertisement on any billboard in Tacoma. Would it be too trite to add that Mr. Baker's plan seems adaptable to any other city?—*Collier's*.

Grow up as fast as you can. Cultivate the widest interest you can, and cherish all your friends. Cultivate some artistic talent, for you will find it the most durable of satisfactions, and perhaps one of the surest means of livelihood as well. Achievement is, of course, on the knees of the gods; but you will at least have the thrill of trial, and, after all, not to try is to fail. Taking your disabilities for granted, and assuming constantly that they are being taken for granted, make your social intercourse as broad and as constant as possible. Do not take the world too seriously, nor let too many social conventions oppress you. Keep sweet your sense of humor, and above all do not let any morbid feelings of inferiority creep into your soul. You will find yourself sensitive enough to the sympathy of others, and if you do not find people who like you and are willing to meet you more than half-way, it will be because you have let your disability narrow your vision and shrink up your soul. It will be really your own fault, and not that of your circumstances. In a word, keep looking outward; look out eagerly for those things that interest you, for people who will interest you and be friends with you, for new interests and for opportunities to express yourself. You will find that your disability comes to have little meaning for you, that it will begin to fade quite completely out of your sight; you will wake up some fine morning and find yourself, after all the struggles that seemed so bitter to you, really and truly adjusted to the world.—*September Atlantic Monthly*.

A new city charter will be voted upon by the people of Cambridge, Mass., November 7. This charter is the work of many citizens, representing all parties and walks of life, and it is undoubtedly the most thoroughly democratic charter that has ever come within the reach of a Massachusetts city. The chief features of the new charter are as follows:

1. *Direct and Easy Nominations*, to check party domination and give the voters wide choice.
2. *Short Ballot*, to permit easy and intelligent voting.
3. *Preferential Voting*, to eliminate parties,

to encourage competent men to stand for office and to permit a real choice from a large number of candidates, with minimum cost and effort.

4. *The Three Year Term and an Adequate Salary*, to render public office acceptable to competent men.

5. *The Small, Compact Council with Large Powers* to secure efficiency.

6. *Publicity, The Initiative, The Referendum, The Recall*, to permit effective control of city affairs by the voters.

This charter combines the three great essentials of political machinery, namely, SIMPLICITY, CONCENTRATION OF AUTHORITY AND RESPONSIBILITY, and RESPONSIVENESS TO THE PUBLIC WILL.

The people of Cambridge have an opportunity now to make their city truly a people's city. It will be nothing short of a calamity if every good citizen does not constitute himself or herself a committee of one to work unremittingly from now until November 7 to secure the adoption of this genuinely democratic charter.—*LA FOLLETTE'S WEEKLY*.

It is the mental attitude that does it, the attitude of courage, good cheer, health, strength and kindness! The man who is afraid of no man, and of whom no man is afraid, is rich, for all good things are his by divine right.—Fra Elbertus.

For World Peace.

We the Rising Generation, want a World Agreement for Universal Peace.

We want our war vessels and battleships disarmed and turned into a Public University of Travel, a White Fleet of Peace that will tour the world every year.

We want these ships manned by the best instructors in Foreign Art, Literature, Travel, History, Live Languages, Sociology, Human Nature and Universal Brotherhood.

We want the students selected by all-around merit from the graduates of Public High Schools and Industrial High Schools of all States.

We want this postgraduate year of travel given at the expense of the nation, the students co-operating systematically in all the work done aboard ship.

We believe in these things.

We pray for them.

We talk them.

We work for them.

We vote to this end.

—Elizabeth Towne.

THINGS THAT MAKE FOR SUCCESS.

A Correspondence Department.

Conducted by the Editor.

If you have discovered something that makes for success, or if you have seen some one find and surmount, or remove an obstacle to success, let us hear about it.

We are publishing herein many bright thoughts from our readers, each over the name of the writer, unless a nom de plume is substituted.

Letters for this department, which must not be too long, should be plainly written on one side of the paper only, and should not be mixed up with other matter of any description.

To the writer of the most helpful success letter published (as a whole or in part) in this department of any number of the magazine, we will send THE NAUTILUS for two years, to any address, or two addresses, he may designate.

To the writer of the most helpful success letter printed in six months, we will send \$5.00 in money in addition to the subscriptions. Prize winners announced in number following publication of their letters.

EDITORS.

Success Letter No. 343.

I have just been reading the Success Letters in *Nautilus* and am inspired to tell you my own experiences. I have a son eighteen years of age who was led into the drink and tobacco habits when only sixteen years of age. Although he knew I must be aware of this, I never mentioned it to him. I repeated over and over "God is with you, my dear boy, and I know that not one of my sons shall fill a drunkard's grave." But he seemed to grow worse in spite of my affirmations until at last he was brought home so intoxicated that I was afraid he would die from the effects, and I called in our family physician. I simply told the boy when he recovered that I was afraid he was going to die, when he was brought home. And I repeated my affirmations more vigorously than ever, with the result that he has never touched a drop of liquor since, and is so bright and happy that I don't think he will ever touch it again.—A. B. W.

Success Letter No. 344.

"You are a jewel! In exactly the right setting for the present." How true and beautiful! What hopes it inspires! I am a young girl, brought up in the country, in straightened circumstances. A short time ago I tried to enter the social life of the nearest village, but soon saw that my plain dresses and country manners were the cause of jests. Being extremely sensitive I immediately withdrew and have been melancholy and brooding for a

whole year on the unjustness of my surroundings. Then suddenly came our *Nautilus* with its beautiful jewel statement, and I awoke to the fact that I was a very dull jewel. "In exactly the right setting" set me to thinking seriously, for I really could not see that my setting was right. "But the setting can be made over" gave me the right inspiration and I commenced studying New Thought, and affirming my joy in living. Now I am happy, ambitious and truly optimistic.—HARVESTER.

Success Letter No. 345.

I am a young man, twenty-seven years, and have found success after deserting my disreputable city friends. One day while all alone I realized that I had lived the whole of life in being a "Sport." There was nothing I knew of worth living for. I purchased a gun. I went back to the woods again. It was on a beautiful summer day; birds singing and wild flowers blooming on the hillside. There I went—the most miserable of all creatures—to end it all.

To make a long story short I am still living to write this. At the critical moment I longed to know what I was throwing away, and I decided to find out. I became interested in psychology, occultism and drifted to New Thought. I have read *Nautilus*, "How to Grow Success," and have read more than twenty-five times the book, "How to Wake the Solar Plexus." I have made good. My friends now are business men and I have bank accounts to my credit, thanks to New Thought. If ever you contemplate destruction "don't shoot." Remember that to live is to move, and the power that moves us into Hell has the power to move us out, for life has no stopping places.—X. Z. Y., Ohio.

Success Letter No. 346.

Success to me means mental peace and productivity. For years I have been tortured by long periods of mental terror and a vague uneasiness—a feeling that I had done wrong some way, or was at that time doing some wrong to someone; some sin of omission, perhaps, that I could not place. It seemed

to be an over-wrought sensitiveness, which would never allow me to be happy, although I tried to do the best I knew at all times.

Although I had made more or less frantic attempts to cure this misery, I never seemed to hit upon a permanent method. I felt that if I were only able to transmute these hours of vague discontent into vital work, not only my happiness, but my *worth* in the world would be increased.

New Year's Eve came, and I had been particularly miserable for days, worrying over an absent friend, who was ill. When I awoke the next morning my first conscious thought was, clear and distinct,—“I know what my New Year's resolution is—never to worry the whole year through!” I smiled, too,—it seemed so bright and possible!

The thought came so like a command, that immediately I felt a sense of power. Talk about unanswered prayer! Here was an unprayed prayer answered! I took it from heaven, and realized that all the time saved from worry would be clear capital, which I could convert into gold and silver, and the more precious virtues of love, patience, knowledge and trust.—E. R. M.

Success Letter No. 347.

The dictionary defines success as “a favorable termination of any attempt.”

In order to reach a termination there must be a beginning. Remember the old adage, “Well begun is half done.” “How are we to know just the right beginning until we have solved the problem?”—the problem will prove itself if we aim to live close to nature.

Nature is pure and in all her work successful; so we should strive for purity of mind and body, and, as our actions are the production of our thoughts, we should be very careful in our thinking. To purity we should add determination and perseverance. With these principles we will be able to surmount all obstacles that come in our way, and all things will shine forth with love for us. We will thus prepare ourselves for a nobler future, our past failures making for us successes more glorious than we have ever dreamed of!

Don't rely too much on others! What they can do, you are capable of doing. Let “I am Success” be your paramount thought each day.—MRS. HENRY BRAMER, Cassandaga, N. Y.

Success Letter No. 348.

Webster defines the word “success” as prosperity, good fortune, etc. I believe that

to *gain* success one must trust and submit to the Divine will. I will tell you my experience, showing how I gained success over difficulties which seemed at first impossible for me to surmount. I was the youngest of my father's family and the pet of the home, and when the family chain was broken it was the first *real* grief I had ever known. Death came, and finally there remained only myself and my aged and helpless mother. I spent hours upon the grave of a beloved sister. I watched the first little blade of grass that shot upward on that mound, and it seemed to bear a message to *look up*, borne from her immortal soul to mine. The light of peace shone upon my darkened soul, and I took up my burden of life anew. Sufficient strength was given me to care for my aged mother. I gained success in sorrow through *perfect submission* and trust. My burden became a work of love because, He said to me, “I will carry thy sorrow.” If we cultivate the soil and sow weeds we cannot expect to reap the golden grain. A writer says:

“Child of my love, *lean hard*,
And let me feel the pressure of thy care.
I know thy burden, child; I shaped it;
Poised it in mine own hand; made no proportion
In its weight to thine unaided strength;
For even as I laid it on, I said,
I shall be near, and while she leans on me,
This burden shall be mine, not hers;
So shall I keep my child within the circling arms
Of mine own love. Here lay it down, nor fear
To impose it on a shoulder which upholds
The government of worlds, yet closer come;
Thou art not near enough; I would embrace thy care,
So I might feel my child reposing on my breast.
Thou lovest me? I knew it. Doubt not then
But loving me, *lean hard*.”
—MRS. E. CLEMENTS, Glens Falls, N. Y.

THE PRIZE WINNER for September is Florence Mansfield, who wrote Success Letter No. 342. She points out a cheerful sunshine road to success. We shall be pleased to send the prize of two subscriptions wherever the winner may direct.



In this department I reply to the 1,001 odds and ends of life-problems and home interests which are presented to me, answers to which are not of general enough interest to make them suitable for the regular reading pages of *The Nautilus*. Every reader is welcome to what advice and suggestion I can give. Welcome, all! If you are in a hurry for your answer enclose with your query a stamped, self-addressed envelope, with four cents extra in stamps and Madge will mail you a copy of my dictated answer. Do not write subscription orders or other matters on the same sheet with Family Counsel matters. Observe these requirements strictly—if you can't obey me in these small matters how shall you obey God and be blest?

ELIZABETH TOWNE.

D. J. C.—Yes, I am quite sure that everyone's life is what he makes it. But this does not mean that he makes all of his life by his conscious thoughts and acts from day to day. There is the great sub-part of him which has been made from his choices and actions and thoughts in previous states of existence. They say this sub-conscious part of us is ninety-five per cent of our minds, and if that is so, it exerts ninety-five per cent of the magnet-power of our lives. Every day we are making new choices, actions and reflections which determine what will come to us tomorrow and the next day, and the next year, and the next hundred years. The best one can do is to accept the things that have come to us, and make the most of them, at the same time taking care to choose and act and think right NOW. The NOW is ours, to act in, and through our action in the NOW we determine our future. Anything can be turned to beautiful results. Accept what comes and make the best of it, and have health, happiness and success while doing so. This is manifestly the best use we can make of the present, and it will have the most power in bringing to us in time the conditions we desire. It is a waste of time to ask whose fault it is. What difference does it make whose fault it is? The point is that you are, and that your circumstances are. If you cannot change them, then accept them and make the most of them. Put love and faith and hope and joy into every action and every thought. All you desire is yours. Believe now that this is truth, and act as if it were truth. In due time, it will come to pass. Certainly if you are discontented with your lot, and especially if you keep looking back and wishing you had not done what you did do,

you will hinder your progress. Cut out regrets and recriminations! Speak peace and love and willing work in the present. You are a magnet and you are attracting exactly what you get. By your thoughts you direct your magnet-power. See that you think right, whether you feel right or not! Believe in the one power that is making for good in your life and in every other man's life.

C. Y.—Under the circumstances, I don't think I would go to that institute. You see, with your trouble the chances of cure are not many, and if you went there against the will of your people and depending upon a cure as your only means of being repaid for the outlay, you would put yourself into a mental condition that would militate against the cure desired. Under the circumstances it might be very uphill work and the chances would be about 10 to 1 against your receiving any special benefit. If you could feel free to invest the money in a visit there on the chances of being cured, and yet with the feeling that even if you were not cured you would be repaid for the outlay of money through the good lessons you would hear, then I would say you were safe in going. I have heard of some wonderful cases of healing at institutes and sanitariums, and I don't like to take it upon myself to advise you not to go! Therefore, I am trying to make plain both sides of the matter, leaving you free to go into the silence and make your own decision. Your letter sounds to me as if you are so anxious about your hearing that it would be hard to change your mind and accomplish a cure. Your letter impresses me that the deafness has become a sort of fixed idea with you. It seems to me that this is a case for strong statements that there is no life or power in matter, that your life and your hearing are pure spirit. In some way you should get into a sort of don't-care-a-dam state of mind in regard to your deafness—this sort of wipes off the slate and leaves you in a frame of mind where you could really be reached by the word of health. And you can speak that word for yourself. I wonder if this makes clear what I am aiming at? You must differentiate this attitude of mind from that of mere resignation to the inevitable. Deafness is not inevitable and you are

not to be "resigned" to anything you don't want. But you are to *belittle* the deafness and its power over you and its persistence—you are to belittle them until they actually fade from your consciousness, leaving you free to manifest the perfect hearing which is YOU.

R. B. B.—Why try to collect taxes on stocks and bonds when it is impossible to locate this sort of security? Any man can obscure them with a white lie, and hide them completely with a black one. Land is the only sort of security that can't possibly be hidden or juggled. The man who holds the deed must be responsible for the taxes on a piece of land. There is no way of evading it. And the single tax method is to lay the tax on land *according to its market value*. The farmer would pay no more on his farm than he does at present. Indeed he would not pay so much. But the rich man who holds city property waiting for it to rise in value because his neighbors are improving their land while he is letting his lie idle, this man would have to pay the same taxes on his unimproved land that his more enterprising next-door neighbor pays on his land with a building on it. In this way the rich land hog is made to bear his share of the taxes. And a premium is put upon the improving of land instead of, as now, on the mere holding of land. As to stocks and bonds—every bit of such security *necessitates* the holding of land, and the tax would be paid upon this land, and not upon the stocks and bonds direct. For the simple reason that the stocks and bonds can't be located, and the land can. A single tax on land is the only tax I can think of that *insures* every man loving his neighbor as himself when it comes to paying taxes. Under single tax no man can dodge paying his share for public improvements, streets, parks, playgrounds, etc. He *has to* love his neighbor as his neighbor loves him. And the voters decide how much every man shall prove his love to his neighbor, and just what shall be done with the money raised by taxes.

G. H.—For insomnia I would advise gardening for a couple of hours every day. If you cannot garden then take physical culture exercises until you are tired. See that you walk for at least two hours every day. Good physical tiredness will prevent insomnia. I doubt if you can correct it by thought alone because that would be like carrying coals to Newcastle. You have heard about counting sheep to go to sleep on—that is as good an exercise of the kind as you can use. The way I do is to simulate sleep, lie on my side comfortably, breathe slowly and fully just as if I were asleep and with every inhalation affirm mentally I AM and with every exhalation affirm SLEEP. I keep on breathing slowly and affirming I AM SLEEP in this way, holding my mind right to the words and the breathing, until finally I go off to sleep. I am not often troubled with sleeplessness, but once in a while it bothers me—when I don't get enough exercise.

Circle of Whole-World Healing

Conducted by THE EDITORS.

Would you be at peace? Speak peace to the world.
Would you be healed? Speak health to the world.
Would you be loved? Speak love to the world.
Would you be successful? Speak success to the world.

For all the world is so closely akin that not one individual may realize his high desire except all the world share it with him.

And every Good Word you send to the world is a silent, mighty power working for Peace, Health, Love, Joy, Success to all the World,—

Including yourself.

Will you join all the readers and the editors of *The Nautilus* in daily periods of Whole World Healing? No membership, fees or special duties, no joining of anything but a spiritual movement. The entire visible sign and direction of this Circle of Healing appears in this Column, in each number of *The Nautilus*. You join the Circle in thought only; no letters, fees, etc., are connected with it. You are free to secede when and how you choose.

No duties are attached and only one privilege. That of holding your own version of the thought expressed herewith, sending it out to all the world each night before you sleep, and as many times during the day as you think of it.

Each number of *The Nautilus* will carry in this column the thought to be used daily until the next number appears.

The emolument of membership in this Circle is *The Cosmic Consciousness*.

Which includes Health, Happiness and Prosperity to every creature.—THE EDITOR.

Key Thought for Daily Meditation

*I feel the eternity of
man, the identity of his
thought.*

—Emerson.

LITTLE VISITS

A Cozy Corner Department where everybody chats and the Recording Angel puts down what she can find room for.

A Prayer from Grace M. Brown:—

I notice in the last *Nautilus* something about a child's prayer. I created one for my little daughter which has been adopted by a lot of mothers who consider the idea of death obsolete. It may interest you to give it to a few others. Here it is:

*In Thy arms, dear Lord, I lay me,
Keep me safely through the night,
Let Thy loving care enfold me,
Teach me always to do right.*

With sincere love and appreciation.—GRACE M. BROWN, Denver, Col.

A Rocky Mountaineer:—

Find enclosed a snapshop of John S. Ferris, a man of the Rocky Mountains, for fifty years learned in the Discovery of Minds, a firm believer in the Socialist Party, and the Evangelical Science Church, as the doctrine of Jesus and His apostles, New Thought, and a great mining man for the last forty years in many discoveries from the grand canyon of the Colorado to Baker County, Ore., and now has three or four good claims in Baker County and working every day at the age of about seventy-two years, strong in motive and free in heart, and has given away fortunes in mining lands of the West. Clear in views of a Bible standpoint and is looking forward to better times for the humble poor, and says that God will move people to heal the sick without any medicine. A perfect athlete at his age.—J. S. FERRIS, Line, Ore.

Another Prosperity Song:—

About a year ago I read in *Nautilus* a Song of Prosperity by Walter De Voe, which evoked the enclosed lines. I laid them away in my desk and forgot all about them. Now some impulse bids me resurrect them and send them to you.

If you discover in them any message which you consider worth giving to others, you are at perfect liberty to print them gratis.

A PROSPERITY RHYME.

*I sing a song of money,
My pocket-book to fill;
To the land of milk and honey,
I'll hie me with a will.*

*I am a mighty magnet;
Prosperity I draw;
All GOOD things my way have set,
Urged onward by the law.*

—C. C.

More Prayers:—

In the July and August numbers of the *Nautilus*, we have been favored with new versions of the old time child's prayer, "Now I lay me," etc., and now I ask a little space in order to express my opinion. I do not think the line, "I live in Him, I cannot die," a great improvement on "If I should die before I wake." The idea of death should never be suggested in any form in a child's prayer which should be very short and simple. Here is the version which I suggest:

*"Now I lay me down to sleep,
I know that God His child will keep.
Safe in His love, I'll rest tonight;
And happy wake with morning light."*

—M. S. DAVIS, Hartford, Conn.

The Right Attitude:—

I see that "The Powerful Life" by Wallace D. Wattles which ran in the *Nautilus* some time ago is based on the study, to a great extent, of men who have attained to power.

He conveys the idea that to will to do right places you in the position to always know the right thing to do, and to have the power to do it. In other words, it places you in a position to read the thoughts of God. This being the case it is only necessary that you know the correct attitude of mind to hold and how you should feel toward everybody to really do the right thing at all times.

I had a great desire to know this, and under the natural working of defined laws I found out, and this was how it came about.

One afternoon I met an old gentleman who was a personal friend of Lincoln's, and during our conversation he told me an incident which showed the attitude Lincoln held toward truth and right, under all conditions.

While practising law, a woman came to him for the purpose of collecting damage to the extent of twenty thousand dollars from a certain railroad company because of the death of her husband, while under their employ. Lincoln took the case, his fee being two thousand dollars if he won, and nothing if he lost. Later in the day, a representative of the railroad company came to Lincoln wanting to employ him on the same case. On stating his position in the matter, the representative offered him five thousand to drop the case, just keep hands off and let the woman hire another lawyer. Lincoln told him to come back the next day when the woman would be there, and they would talk it over. At the appointed time all three met, Lincoln plainly stated his position in the matter on both sides, then told the representative that the railroad company did not have money enough to bribe him, and turning to the woman said he would only charge her one thousand dollars instead of two thousand.

Under our modern business principles of today many persons would prefer to sit still and take the five thousand dollars. To lots of people Lincoln's position in the matter was foolish, especially when you consider he only asked half of the fee he first charged.

Lincoln did this because he loved truth and

fair dealing. How many of us love honesty and truth enough to have done as Lincoln did?

This incident shows me the right attitude to hold when you really desire to do right at all times and under all conditions, thus perceive the thoughts of God and rise to power.—JOHN A. DAVIS, Los Angeles.

Wanted: Partners in Home-Making:—

I want one, maybe two, real Practical Christianity women, chuck-a-block with the New Thought principles, to join me in making a home. It may be with the idea of making some money from it by operating a Health Home, or it may be by merely making a sort of New Thought Home or Center where we will live together, sharing expenses, etc. I want some one who has sufficient property to pay for her own living as I will pay for mine, so that we may be on an absolutely equal footing. I own a beautiful home, but feel that it is not doing as much for the world as it should, and if I had one or two congenial women companions, we could use it more, as well as to personally enjoy it greatly, it seems to me.

I am a business woman of forty, and have one sister who is with me, who is also a business woman. I also do some literary work, and would like companions who would be interested along these lines. Eventually I shall do some healing, I believe, since I can't help it.

There are doubtless dozens of women if I could only locate them, who are living alone and not getting the most out of life, who would be glad to enter upon some such scheme as mine, where they could be absolutely independent, and yet have congenial home ties as well. I have seen one or two suggestions in *Nautilus* which made me think you would be able to get me in touch with the right ones. Can you do so?—LOUISE M. BARNARD, 98 Exchange street, Portland, Me.

How Work Brings Perennial Youth:—

"I'd rather wear out than rust out," my old grandfather used to say. I often think about that when I see men of 55 or 60—or even 70—settling down to a life of inaction. I'm not surprised when, with nothing to keep their minds employed they magnify their little ills until real ills result and their lives are shortened 20 or 30 years. "Without the vision the people perish" and that's just as true in the life of the individual as it is in the life of a nation.

My dear old grandfather knew the law of success and he lived it—he kept busy. Long after he had reached the three score years and ten he was out in all sorts of weather—mud and rain and snow—; he was out early and back home late at night, buying up cattle and shipping them, attending to his farms and his other business interests and he put in more hours every day than any one of the men he employed. He had joy in his work; he never worried though a whole season's profits were lost in a single venture. Same way with grandma—blessed be the memory of the best

friend I ever had. She was always happy and always working even when her bunions were nearly killing her.

She and grandfather had known poverty—only it wasn't poverty for they had youth and health and strength and the vision of usefulness in the world. Seventy-one years ago when they drove in the big wagon to old Squire Allison's farm down by Rowsburg, Ohio, and the old squire—he was the father of the late U. S. Senator W. B. Allison of Iowa—came out of the corn field and married them, neither one of them had much more than enough to pay the wedding fee—and the old squire only charged grandfather half a dollar because he didn't have to change his clothes for the nuptials. And grandma, who was a tailoress, made grandfather's wedding clothes. But they had the vision of achievement and they knew how to work cheerfully from the first streak of dawn in the east until the chickens had gone to roost and the wealth they piled up grandma used in many benefactions including a Children's Home for the county in which they lived. They never had children of their own but they raised nine motherless children and one of them who writes these lines will speak their praises as long as he lives.

There's no question about it—the law of success, the law of happiness, the law of long life is—keep busy and while you are keeping busy, keep cheerful. Start something useful and finish it. Keep your brain busy, keep your hands busy, keep your heart and soul in touch with all that is noble and good and pure. Give your lungs lots of good fresh air, breathe in loving thoughts, avoid the miasma of hate which is more malignant than small pox, diphtheria or a long train of other ills.

Open your pores and let them breathe, open your soul and let health of mind run through your heart.

Don't wear an overcoat of stubbornness on an August day. Fall in with every good movement no matter if someone else is the chairman. Build useful things, brains and character. Build up yourself, build up your family, build up your town and then don't stop. Don't be afraid to say a good word for your state. If it's rotten, say it isn't going to be that way long and resolve then and there that you will make it come true or bankrupt yourself getting your shoes half soled. And don't forget the nation.

Don't brood over the past. If things are as bad as they possibly can be it will not hurt any to forget them and if you quit worrying your subjective brain will have a chance to get on the job and solve your problems for you slick as a whistle. After you have done everything you can think of to do to make things turn out right, then put it up to fate or destiny or God and get busy at something else.

It may turn out—as it has in the lives of thousands—that the success you were so sure must come along a certain line will come in on another train from the opposite direction and will smilingly come forward to greet you when you are up to your neck with some other useful work which you thought contained no

future for you. And don't be afraid to venture a little bit anyhow even if you have to struggle. But as old Davy Crockett said, "Be sure you're right, then go ahead."

That doesn't mean, though, that you shall stand still, or that you shall go backward. It's not a question of going ahead, it's a matter of which road you'll take.

It's forward or die. Go forward. And keep busy and cheerful.—WILLIAM A. DUFF, Sandusky, Ohio.

Editor Correspondence Department:—

A hasty reading of the poem, "Immortality," in February *Nautilus* left a haunting sense of something not quite right. More careful perusal discovered the cause in the phrase "to strive and fail." The enclosed lines are an attempt to present the view that to strive is to succeed—in greater or less degree.

To strive is gain. No failure lies

Along the path of high endeavor,

On wings of hope the swift thought flies

Before the striving soul, forever.

Each step is gain

For him who strives,

And in that act his soul doth rise.

What is success—too long misnamed?

The very fact that one has striven

Shows *purpose* and *desire*. Reclaimed

From utter deeps souls have been riven

Who strove and strove

Without reward,

Save that through striving they might rise.

—E. J. EASTMAN, Berkeley, Cal.

Another Child Prayer:—

In July *Nautilus* the first item in "Family Counsel," a subscriber suggests a paraphrase on the familiar child's prayer, "Now I lay me down to sleep." When will "New Thoughts" cease suggesting death to the child mind? As an improvement I suggest:

"Now I lay me down to sleep,

I know that Love my soul does keep.

When the morn doth wake my Soul,

I know that Love still keeps me whole."

May the truth grow clearer in all minds.—

JOHN CARR, Hamilton, Can.

Healing Experiences from an English Editor:—

There is no person or power in the whole Universe that can say to a man, "You must be convinced of this or this."

If a man chooses to create the convictions that he is now all-powerful over his environment, he can do so. He is absolutely and unconditionally free to create the convictions he himself desires to create.

This being so, why not create the convictions which shall result in conditions and environments that he wishes to have?

Food can be given by anyone to anyone, but not millions of people can make one person eat the food given. So is it with convictions; each one must create his own. Thousands of con-

victions can be suggested to a man, but no one can make him accept these convictions.

Every person in the world wants desirable conditions.

There are an infinite number of ways to obtain the conditions desired, but there is one first step to take, which is the same for one and all. One price to pay, which varies for no one.

The inner conviction must precede the outer result desired.

Man can have health, man can have prosperity, man can have happiness. All this man can have, if—

Man has power over all the laws of the universe.

This power he can use to his desire, if—

Man has dominion over all things.

This dominion he can exercise if—

If he is convinced that he can.

A young man whose nerves were in an unsatisfactory state consulted a nerve specialist.

The specialist examined him and declared him to be neurasthenic. He told him that he could alleviate his suffering somewhat, but his case was hopeless.

The young man went home and told his parents what the specialist said.

His parents begged him to get another opinion.

"What is the use? I am convinced that the specialist is right," he answered.

He went to his room and shot himself.

A young man was feeling far from well, and went to see a physician. This doctor examined him, and sent him to a nerve specialist.

The specialist examined him carefully and thoroughly. He looked very serious, and told the young fellow that he was in a hopeless condition, that he would gradually lose his memory, and end in an insane asylum. "You are neurasthenic," he said.

The young fellow left the office in a towering rage. He walked for hours, seeing nothing and no one. Finally he found himself in the country, many miles from home. He went into an inn to get something to eat. While eating, he thought the matter over, and concluded to tell no one of what the specialist had said.

After a time he got quieter, and, quite by himself, decided upon a course of action.

"What can any man really know of what is going to happen to me? I do not believe a word of it all. If my nerves are not in a good state now, there is no reason why they should remain so. I shall put the whole thing out of my mind, and prove that no one can settle such a question for another. The whole thing is absurd, and I do not accept it. From this moment I will remember what he said but to spur me on to victory." In six months he was in a perfect state of health, and his nerves as steady as could be desired.

About four years later he had a friend who was affected as he had been.

The friend wanted to consult a specialist for nerves. He did so, and was told practically the same as his friend had been.

His friend told him his own experience, and

begged him to disregard what the specialist had said.

"Ah! you were convinced that he was wrong, and I am convinced that he is right. That is the difference," he said sadly. He went home and killed himself.

Neither of them had ever heard of New Thought.

Some years ago a poor girl went to consult a doctor about a pain she had in her arm, and which interfered with her work.

The doctor examined her, and told her that she had consumption.

The girl was horrified. "But I do not cough at all," she said.

"Nevertheless, you have consumption. I can tell it by your eyes," the doctor replied.

The girl was crushed with sorrow, and in utter despair. She had a mother to support, and was full of fear for her. But she told no one of what the doctor had said.

She went on with her work, but soon the mental strain under which she was working showed in her face and manner. She was pale; her eyes were sad; she was listless, and moved with seeming difficulty.

Her employers noticed the change in the girl, and asked if she were ill. The girl said that she was all right.

About a fortnight after the girl's visit to the doctor, a lady went into the shop. She had known the girl for some time, and liked her. Also she had been kind to the girl at different times, and the girl was intensely grateful to her.

The lady was astonished to see the girl looking so ill, and asked at once what was the matter. For answer, the girl begged to see her alone. Her eyes filled with tears, and with great difficulty she maintained her calmness.

The lady was a mental scientist, although the girl did not know it, nor did she know that such a thing as the New Thought movement was in existence.

She went that night to the lady's home, and told her all that the doctor had said—told her of her fears and despair, and said that no one in the family had ever had tuberculosis, and that she herself had never had what would seem to indicate even a predisposition to the disease.

In half an hour the lady had convinced her that even if it were true she could throw it out of her system. She gave her a few simple affirmations, which the girl promised faithfully to use.

She did so, and in a month was quite herself again. The pain had disappeared, and did not return.

In the cases given, that the conviction of each one was responsible for each one's condition seems incontestable.

And so it is in all cases.

Conviction is a moving, acting, and invincible shaping and expressing power, to which all the laws of the Universe submit and serve.

—ALMA GILLEN, Editor *Expression*, London.

What We Believe and Why:—

Belief is an individual matter, and keeps pace with, though always in advance of individual development.

What we believed yesterday—if we are progressive, and surely we should be—we see a little differently or lay aside today because we have advanced to a point—a position—on the highway of Life beyond where we were yesterday. We simply see things today in a light, from a viewpoint, that harmonizes with ourselves as we are today.

Whatever we believe, then, for the time being, is that which corresponds with our stage of unfoldment, and so is good and right for no matter how much it may differ from what some one else believes at the same time.

All our future beliefs will be in keeping with our future stages of development, and will differ from our present beliefs to just the proportionate degrees to which those future stages of development differ from present ones.

So it's a matter of progress.

And when we get to our journey's end we will probably find that the Truth is something none of us had ever believed because we had never been where we could behold it.

To stand by a fixed creed is to stand still on the way. Write a creed if you will, but by all means make it subject to revision, at least; annulment if necessary.

For the present I sum up the case for myself thus: Belief is a Will-o'-the-wisp, enticing us on toward the Truth.—C. E. ROSER, Boonville, N. Y.

In for Hot Water:—

Your last number of *Nautilus* might well be termed the In-for-Hot-Water Number. Now supposing our mutual goal to be the "Temple of Health" and the way "Just How to Wake the Solar Plexus." I am reminded of a quip we had in my boyhood days of one who was late to school one morning, when the ice was very glare. On being called to account he said, in coming, when he took one step ahead he slipped back two. On being asked how he came to get there, he replied that he just turned around. I know a Salisbury man claimed that somebody lived thirty years on the meat and hot water diet. If one ate and drank nothing else, which is the law, they would not gorge or guzzle, and that is a redeeming feature, but that is not nature's road. I have been trying to follow that for the last nine years, eating with very rare exceptions, cold victuals like the tramp, and profiting by the wisdom of Sancho Panza or one of his brothers, that 'tis a poor belly that can't warm its own drink. Having met disaster from using real hot water for cleaning, once a week, for the last five years, I have followed with the exceptions, already noted, the iron rule, "Avoid hot water, outside and in, as the devil is reputed to avoid holy water." I have tried to furnish the stomach with its full quota of the abounding life, which is not possible where

(Continued on Page 64.)

Food Again

A Mighty Important Subject to Everyone.

A Boston lady talks entertainingly of food and the changes that can be made in health by some knowledge on that line. She says:

"An injury to my spine in early womanhood left me subject to severe sick headaches which would last three or four days at a time, and a violent course of drugging brought on constipation with all the ills that follow.

"My appetite was always light and uncertain and many kinds of food distressed me.

"I began to eat Grape-Nuts food two or three years ago, because I liked the taste of it, and I kept on because I soon found it was doing me good.

"I eat it regularly at breakfast, frequently at luncheon, and again before going to bed—and have no trouble in 'sleeping on it.' It has relieved my constipation, my headaches have practically ceased, and I am in better physical condition at the age of 63 than I was at 40.

"I give Grape-Nuts credit for restoring my health, if not saving my life, and you can make no claim for it too strong for me to endorse." Name given by Postum Co., Battle Creek, Mich.

Read the little book, "The Road to Wellville," in pkgs. "There's a reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

(Continued from Page 63.)

it is plied with carrion, hot water, and other reeking abominations. You will find enclosed a reporter's story of how it works, discount what you like, and it remains true that after sixty-five years bowed at hard labor indoors, my face has the hue of health, and the alimentary canal for the last five years has functioned throughout its entire length to meet the standard requirements. If you would not have a possible epitaph, "I was well, wished to be better, took hot water, grew old and ugly very far inside my years," be warned in time, all of which is respectfully submitted by, yours truly,—WILLIAM T. SHAW, South Attleboro, Mass.

Mr. Shaw ought to know! He is eighty years old and has fooled the doctors. In the *Providence Sunday Journal* for July 16, Mr. Shaw has this to say about the methods he uses to grow young upon:

"From what I've read and noticed personally, I believe that we get our real life from something that permeates the air similar to the way air permeates water. Scientists today, you know, speak of electrons, but I like to talk about this something as 'fire.' It is to human nature what the electric spark is to the gasoline motor.

"By reading and making experiments, I decided that I could treat water—which is my medium—so as to get the whole benefit from that force which I feel is in the air. My device is inexpensive, costing probably about \$5, and I'm willing to let anybody who thinks it will do him any good copy it and welcome."

The arrangement consists of an ordinary large sized washtub, in which is placed a two-gallon stone crock. There is also a small spray pump such as one can buy at a hardware store for about \$3. Into the crock each morning Mr. Shaw puts three quarts of water. Then he inserts his spray pump and aerates the fluid until, as he says, it becomes "a storage battery of vitality, which the skin quickly absorbs."

"I drink a cup of this water," he explained, "as soon as I have had sufficient exercise aerating it. Then I follow up with a bath in which the water is so salted as to be practically brine, and 100 deep knee bends. That prevents a chill. My exercise and bath take the place of breakfast, a meal which I hold dispensable if a man is up and doing every morning as I am.

"In addition to the cup of water that I drink, I save another portion for use during the day. This I mix with lemon and honey and drink whenever I am thirsty. The rest of my diet is made up of baked beans, my most solid food, whole wheat bread, dried and fresh fruits and milk. I've eaten no meat for nearly three years. Incidentally I take no stock in Mr. Fletcher's theory of eating, but I do in practice.

* * * * *

"My idea of aerating the water I got from watching the waves rise and fall on the seashore. It is this ceaseless motion, this constant churning for which wind and tide are responsible that makes salt water 'alive,' so to speak, and so beneficial for bathing purposes. As I do my own churning, I receive more benefit from my salt water dip than I would were I to enjoy it at the seashore."

With the theory advanced some time ago by Sir John Murray that salt water is itself

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

a food and that the animals which live in it may maintain themselves without need of eating, he is also certain that there is a life in air which possesses marvellous properties. This life, or "fire," as he terms it, he is not quite able to define accurately, but he knows that it exists, and he is doing his best to utilize it to the extent of his ability.

When he began "to turn the hands of the clock back," he studied the systems of various physical culturists and adapted from each what he deemed most suitable for his own upbuilding. He has never relied on any one system, for he contends that what is good for one man is invariably good for another. It took him several years before he finally hit upon the combination which he saw after a through trial was producing results.—E. T.

More Hot Water:—

Had you never written another good thing, your name should pass to posterity among the immortals for the superb motto on the cover of August *Nautilus*. "We must all learn to be absolute with the absolute, infinite with the infinite, yes, One with the One." Put it on a postcard and send me one hundred with price.

Still, I am wondering how you ever ran into a discussion upon drinking hot and cold water. I can imagine when one is in pain that there is more good in a hot water bag than a piece of ice. Perhaps one is as good as the other. At all events when my friends apply a hot water bag for pain, I call it a C. S. Application. But when you, the great Elizabeth say the stomach needs relaxing after a meal before taking another meal, I am surprised. Thousands and thousands never drank hot water, tea, coffee, or other hot drink before or after a meal. Are the stomachs of these thousands all tied up into knots? Have gastric cells ghoul eyes begging for hot water or hot punch? Tell them to go to—be one with the One and one with the Absolute, instead of taking a sip of water that has had God well cooked out of it.

I once gave a pony to my grandson aged seven. It never attained to the speed he liked. He said to his papa one day, "I know you have God in you, I know grandma has God in her, but Tokey has mighty little God in him, he is so mean." Now dear, if hot water manifests God in You drink it; if cold water does, drink that, but do not lay down laws for the stomachs that naturally and always have God inherent in them.

I had a call the other day from Prof. E. L. Larkin—he said he was dead five days but

A Hit

What She Gained by Trying Again.

A failure at first makes us esteem final success.

A family in Minnesota that now enjoys Postum would never have known how good it is if the mother had been discouraged by the failure of her first attempt to prepare it. Her son tells the story:

"We had never used Postum till last spring when father brought home a package one evening just to try it. We had heard from our neighbors, and in fact every one who used it, how well they liked it.

"Well, the next morning Mother brewed it about five minutes, just as she had been in the habit of doing with coffee without paying special attention to the directions printed on the package. It looked weak and didn't have a very promising color, but nevertheless father raised his cup with an air of expectancy. It certainly did give him a great surprise, but I'm afraid it wasn't a very pleasant one, for he put down his cup with a look of disgust.

"Mother wasn't discouraged though, and next morning gave it another trial, letting it stand on the stove till boiling began and then letting it boil for fifteen or twenty minutes, and this time we were all so pleased with it that we have used it ever since.

"Father was a confirmed dyspeptic and a cup of coffee was to him like poison. So he never drinks it any more, but drinks Postum regularly. He isn't troubled with dyspepsia now and is actually growing fat, and I'm sure Postum is the cause of it. All the children are allowed to drink it and they are perfect pictures of health." Name given by Postum Co., Battle Creek, Mich.

Read the little book, "The Road to Wellville," in pkgs. "There's a reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

came to life, real life, and is on the immortal road. I also had a call yesterday from Dr. James Porter Mills and Mrs. Anna M. Mills. He returns soon to resume his great successful work in London, while she remains here to continue healing and teaching in their beautiful home in Los Angeles, built for and so well adapted to their great work. Everybody is afflicted with the Busy microbe here. It has caught me, too.—ALICE B. STOCKHAM, M. D., Alhambra, Cal.

Our Experience:—

We get our magazine and read it through
From start to finish. 'Tis a pleasure true,
And one we hope that we shall ne'er forego.
Then we take up the problem old—yet ever
new—

What can we do to win success,
So glibly talked of by Elizabeth?

She tells us all about the silent hour—
Or even half hour in some quietude,
Away from all the restless bustling brood,
Where we shall meditate upon that secret thing,
Which later on shall prove the mystic spring,
To bring us fortune.

Like as an eagle stirreth up her nest,
So she stirs us up e'en to do our best,
And makes us eager to set out upon the quest—
With her "Breathe love, breathe good, and
breathe success"

She speaks to us with energy and zest—
Our dear, bright, cheerful friend, Elizabeth.
Some dare to say—"No wonder she doth tell
Of love and comfort! If we had to dwell
With William, we then too could set the world
aglow."

But most of us are forced to walk alone
Life's weary way, or else are loaded to a stone,
Which seems to be a burden far, far worse
Than that much dreaded "single blessed" curse.

But like good children we the call obey,
Or stay—we think—tomorrow now will be
the day

When we'll begin to silent be for just one-
half an hour,

Today we are too busy. But we'll hold our
breath

As we walk down the street
And that we do to prove Elizabeth.

We breathe in "love," then breathe it out again,
And grasp "success" and hold it might and
main—

No danger now but that we shall attain;
Then rush into the subway, catch the train,
And to the tune of "stepping lively" straight
forget

Love, silence, success and Elizabeth.

But still she stirs our soul
And shows us how God can be surely one
with us.

Oh, sweet and blessed privilege is hers—
And ours,—who can afford to miss
Communion silent, sacred with the great I AM
The rest, content, the sweet and sacred calm
Of this storm center in this weary land?

And so we've followed on—yes, lo these many
years.

With light enough perhaps to see the truth—
"Men as trees walking"—then a clearer view;
And a grand hope wells up again anew,
That some bright day within our mortal breath
We may still more praise God, and claim
Success

For us, and our dear helpful friend—Elizabeth.

—MRS. H. ANNA BRUNNER, New York City.



In this department we notice all cloth bound books sent us, and as many paper bound ones as we can find room for. Lack of space forbids reviewing music. Publishers please give selling price and address when sending books for review. Reviews are written by William E. Towne unless otherwise signed.

—"Edison: His Life and Inventions," consists of two handsome navy blue and gold, gilt topped volumes aggregating nearly a thousand pages, written by Frank Lewis Dyer and Thomas Commerford Martin in elaborate collaboration with Thomas Edison himself. Scores of pages of personal experiences, descriptions and opinions are given in the terse and forceful everyday language of the inventor. Of his biographers, one is a lawyer and general counsel for the Edison laboratory and allied interests, the other is ex-president of the American Institute of Electrical Engineers, and both have been closely associated with the inventor for many years. Their work is unique and authoritative, and the result is two volumes of profound interest to the student of life, the scientist, the practical man and the scholar; and to his sons and daughters forever. Never was so much scientific and historical interest so cunningly leavened with the human interest and wisdom of a wonderful man's life lived in useful service. The reader is impressed with the naturalness of Edison's life, and with the apparent conclusion that the secret of his genius is *thoroughness*. There is instruction, interest, wisdom, inspiration and fun in this biography for old and young, grave and gay. It should be in every library, every boy and girl should be brought up on it. The publishers are Harper & Brothers, New York, and the price is \$6.00, postpaid.—E. T.

—*The New England Character* is the name of a handsome little new magazine put out by the Griffith-Stillings Press, 368 Congress street, Boston, edited by our promising young friend, Thomas Dreier, who is editor of *Backbone*, one time editor of *Human Life*, contributor to *Nautilus*, *Caxton*, *Business Philosopher*, and goodness knows how many other magazines. *New England Character* is full of good things by Thomas and some of his bright friends, and it is one of those handsome little magazines that you love to look at even if you haven't time to read it. Thomas calls it "a magazine to promote commercial efficiency and advance the standard of New England quality." Price, 50 cents a year.—E. T.

—New York City is to have a New Thought Sunday School for children. This is a splendid move and should be liberally supported. New Thought Sunday Schools are needed in

(Continued on Page 70.)

Sanatogen: the dawn of a better tomorrow



IN the dark hours of waning strength have you ever watched for the light of hope? In the midst of nervous distraction with all its attendant ills—sleeplessness, poor digestion, weakened application to the responsibilities of life—have you sought a way out?—have you perhaps used makeshift ways—only to find that your nerves refuse to be *goaded* into doing their duty?

In such an hour Sanatogen comes as a veritable rescuer—an *upbuilder* of that which has been worn down, a *feeder* of starved nerves, a *nourisher* of hungry tissues—a joy-bringer to a saddened system.

Sanatogen arouses and sustains brain and body energy by meeting scientifically the *food-needs* brought about by *force waste*. Its natural nerve and tissue food is eagerly assimilated by the very sources of your strength—quickens, cheers and *maintains* your vitality, brings buoyancy where you have felt the drag of depleted power.

Fifteen thousand practicing physicians have endorsed Sanatogen as truly a light of restoration in the darkness of physical loss. You'll find it the dawn of a better tomorrow for you.

Sanatogen is sold by all leading druggists at \$1.00, \$1.90 and \$3.60

Write for a FREE copy of "Our Nerves of Tomorrow"

The work of a physician-author, written in an absorbingly interesting style, beautifully illustrated and containing facts and information of vital interest to you. This book also contains evidence of the value of Sanatogen which is as remarkable as it is conclusive.

THE BAUER CHEMICAL COMPANY
558 Everett Building Union Square NEW YORK

Mme. Sarah Grand,

Author of the "Heavenly Twins," writes:

"I began to take Sanatogen after nearly four years' enforced idleness from extreme debility, and felt the benefit almost immediately. And now, after taking it steadily three times a day for twelve weeks, I find myself able to enjoy both work and play again and also am able to do as much of both as I ever did."

Lady Henry Somerset,

The prominent social reform advocate, writes:

"Sanatogen undoubtedly restores sleep, invigorates the nerves and braces the patient to health. I have watched its effect on people whose nervous systems have been entirely undermined, and I have proved Sanatogen to be most valuable."

John Burroughs

The distinguished naturalist and author, writes:

"I am sure I have been greatly benefited by Sanatogen. My sleep is fifty per cent. better than it was one year ago, and my mind and strength are much improved."

David Belasco

The eminent dramatic author, writes:

"It gives me pleasure to let you know the wonderfully beneficial results I have experienced from the use of your Sanatogen. It has a most invigorating effect upon the nerves, and I heartily recommend it to all who, like myself, are obliged to overwork. After my personal experience I can readily vouch for its recuperative qualities."

READ AND BE GLAD

The very best that life affords belongs to YOU. Learn just HOW to **realize** your own.

The two books, "Our Invisible Supply—How to Obtain," "Part I" and "Part II" (200 pages each, silk cloth binding), tell in simple English just HOW the author attracted a congenial companion, lovely home and all good into her life by learning, then PRACTICING, the LAW OF FAITH.

H. Emilie Cady writes: "I think Mrs. Frances Larimer Warner's book, 'Our Invisible Supply,' one of the most practical contributions to New Thought literature. Since reading it a few weeks ago I have put it into the hands of many earnest people. This book puts in a nutshell the **exact method of an active faith which brings the invisible supply into visible possession.**"

The most advanced thinkers along New Thought lines have given their hearty approval of these books and advise them for their pupils as the **clearest** instruction to be found.

The books embody actual, practical instruction as given by the author to her pupils.

Our Invisible Supply, Part I, 200 pages, laid paper, large, clear, type, silk cloth binding. **Price, \$1.10.**

Our Invisible Supply, Part II, uniform with above. **Price, \$1.10.**

We are the sole owners and publishers of Mrs. Warner's books. Address

STANDARD BOOK CO.

Williamsburg, Va.

FORMULAS

for making flavoring extracts, baking powder, ink and stain eradicator, hair tonics, peroxide of hydrogen, shampoo lotions, tooth powders, cold creams, ale, beer, perfumes, many "patent" medicines, chewing gum, anti-kink pomade (for colored people), ink of all kinds, fire extinguisher compound, liniments, mixed spices, sauces, catsups and 1,000 other *valuable* formulas

which have made fortunes for manufacturers. If you want to save 100% dealer's profit by making your own goods or if you would like to start in a manufacturing agency business write to us. You can make from 200% to 400% profits selling goods which you make up yourself from our formulas, cutting out the manufacturers' profit (and, if you live in a foreign country, duties and freight). Send no money but let us hear from you today please and get our list of formulas. We have something of interest and of value to everyone. Address.

WALLACE & CO.

621 Plymouth Place, Chicago, Ill., U. S. A.

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

(Nautilus News Continued.)

A visit to Palestine and Abbas Effendi all "Afoot and Awheel" with Helen Rhodes-Wallace. This is the sixth and last of that interesting series.

A beautiful poem, "Know Thyself," by Edwin Markham.

We have another delightful article by Anne Warner on "Politeness," which will appear in an early number of *Nautilus*, and one by S. Jay Kaufman, on "A New Thought View of Death." These will appear in *Nautilus* very soon.

The Five Foot Shelf in Four Inches.

What do you think of the fine art in book-making that condenses five big volumes of Encyclopedia into a space eight and three-

fourths inches high by three and one-fourth inches wide, without leaving out a single word and without making the type smaller? That is what one of America's great bookmaking firms has done with the PRACTICAL AMERICAN ENCYCLOPEDIA. The Bible Concern condensed the old-fashioned family bible into the new-fashioned India paper, flexible cover, teacher's bible of today. The new encyclopedia is like two nice teacher's Bibles.

This new Practical American Encyclopedia comes in just two volumes of 2,700 double column pages, with numerous half-tone illustrations and maps printed in four colors. These volumes contain the features of a dictionary in addition to those of the ordinary encyclopedia. Everybody who has had to go to the encyclopedia for definition and explanation, and then turn to a Webster's Unabridged for pronunciation and derivation will realize the joy of being able to get all the information out of one book.

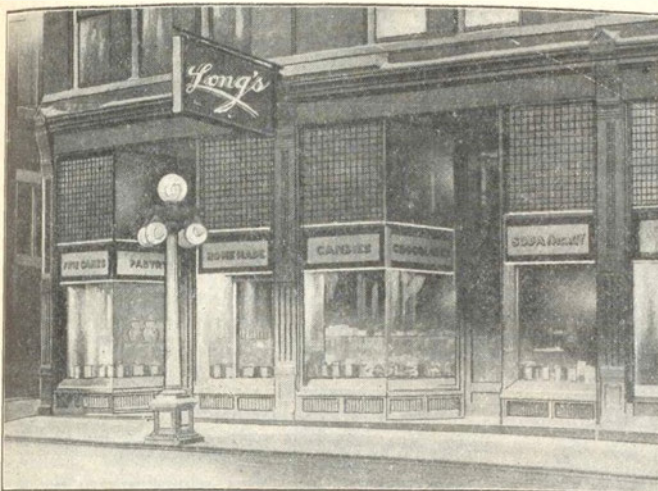
And that book as neat and handy and flexible as a beautiful \$10 teacher's Bible, with India paper, plain printing, thumb index all the way through, bound in seal grain American morocco, so flexible that you can roll it up like a piece of music, and you can open it out flat clear back and it will lie there like any teacher's Bible.

Think of two such volumes as that, telling you practically all about everything in this world from the beginning of time!—and you will get some idea of what these two beautiful volumes mean to the world. And these volumes are equal in merit and authority to the encyclopedia Britannica.

And they are newer. They are not mere revisions of some old encyclopedia. The Practical American Encyclopedia is RELIABLE, a monumental work resulting from ten years of painstaking effort, produced at a cost of \$35,000 and the first edition published April 10, 1911.

The work is far reaching in its definitions, concise in its verbiage, correct in its pronunciation of words, and couched in language that is easily understood by the average reader. The two volumes consist of 2,700 double col-

(Continued on Page 72.)



This is a picture of my big confectionery store in Springfield, Ohio.

The money I earned, selling Popcorn Crispettes—a new, delicious confection—enabled me to do it.

My Popcorn Crispette Machine made me a rich man. Any other man who goes at it as I did can make a lot of money. I am just a common, everyday sort of a fellow. No reason why I should do any better than you.

Write me today. I'll tell you how I built my big business. I'll tell you just how I went about it—how you can do the same.

If you follow instructions you should make more money this fall and winter than you ever dreamed of. Somewhere in your town there is a small store—a half-store or a little nook, even a store window—where you can set up your machine and make money. You can start at home if you wish.

Every Time You Take in a Nickel You Make Almost Four Cents Profit

You'll have a good thing all to yourself. I furnish a secret formula for making Crispettes; it's different from anything else. So you escape competition. People buy and buy Popcorn Crispettes because of the taste. They're so different—so tasty and tempting, folks want more and more of them.

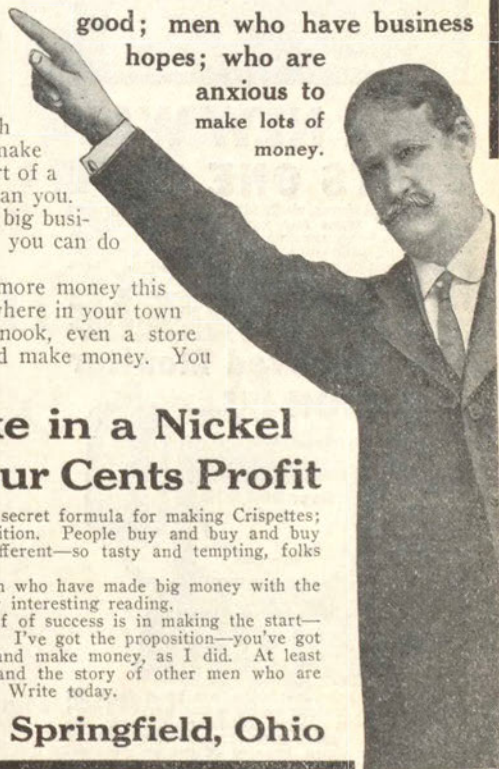
In my literature I tell you all about them; about men who have made big money with the machine, and the men tell you how they did it. It's very interesting reading.

Making money isn't nearly as hard as it seems. Half of success is in making the start—the other half is nerve, judgment and a good proposition. I've got the proposition—you've got the nerve and judgment. Put the three together **now** and make money, as I did. At least investigate. Look into the proposition. Get my story, and the story of other men who are making money with a Long Popcorn Crispette Machine. Write today.

W. Z. LONG, 377 High St., Springfield, Ohio

Popcorn Crispettes Built This Big Business For Me

I stand ready to help
other men to make
good; men who have business
hopes; who are
anxious to
make lots of
money.



The Philosophy and Practice of WELL-BEING

A NEW NEW-THOUGHT TEXT-BOOK ON BEING WELL

Some clear, logical, personal, plainly stated and easily recalled REASONS for, and METHODS of, MIND HEALING and Control. All practically workable by anyone, and daily applied, as here set forth, by the author in his free healing clinics. Explains "WHY" and shows "HOW." Its author is a practical psychologist, and a busy New Thought Minister and Healer. Price, 50c. For sale by the author, C. A. BILLIG, M. A., 713-7 Ave., S. E., Minneapolis, Minn.

Traveling Salesmen and Saleswomen Wanted

Earn While You Learn. We now have on file letters from thousands of Wholesale and Manufacturing firms who are anxious to employ Salesmen and Saleswomen capable of earning from \$1,000.00 to \$10,000.00 a year and expenses. No former experience needed to get one of these good positions. We will teach you to be a high grade Salesman or Saleswoman in eight weeks by mail and our Free Employment Bureau will assist you to secure a position where you can earn good wages while you are learning. Practical Salesmanship. Write today for full particulars, list of good openings and testimonials from over a thousand persons we have recently placed in good positions.

Address, Nearest Office, Dept. 131

National Salesmen's Training Association
Chicago New York Kansas City New Orleans Seattle U.S.A.

Please mention NAUTILUS when answering advertisements. See guarantee, page 5.



IRON NEW WAY COSTS ONE CENT

No more hot stoves, stuffy kitchens—burned hands—changing of irons and handles. No waiting for irons to heat—no running to and from stove. Cuts down fuel bills—saves hours of time—saves strength—money and preserves health. Turns ironing day drudgery to pleasure. Mrs. C. Wilcox, Neb., writes—"Of all home conveniences the Monitor leads them all. No amount of money could induce me to go back to old way of ironing." Mrs. Davis, Ind., "I consider the Monitor finest iron on earth."

The Improved Monitor SAD IRON SELF HEATING

PRICE
\$3.50

East of
Colorado,
and Texas.

Not Sold
in Stores



Out from 102 holes inside the iron burst forth 102 darts of flame, heating evenly every part of iron's bottom. Keeps it at same heat hour after hour. No putting in stick after stick of wood—no buckets of coal—no extravagant burning of gas or gasoline. Woman all nice and cool. Work is easy—clothes look fine—smooth—glossy—white.

Contrast this with way you iron. Raging hot fire in stove—burning up money. Hot, suffocating kitchen. All tired out before starting to iron. Trot, trot, trot, back and forth to stove. First to get hot iron; then to crowd fire; then stop to bind up burned finger; then to wood shed or coal bin to get fuel. And so it goes—a hot, dragging, fagging day. And all the time if you had a Monitor you could be cool, easy, comfortable, at much less outlay of time, money and strength.

A Monitor is worth \$25.00 to you, yet it costs but \$3.50. Saves its cost many times over in fuel alone—in time and wear and tear on health. Don't keep on ironing old way. 350,000 use and praise it—over 350,000 have thrown away old irons. You do it too. Save yourself all you can. Send today.

AGENTS WANTED

To good, reliable, sober, industrious agents, men and women, we have a very attractive proposition to make. All or spare time. Big profits, easy, pleasant work. \$647,500 in profits already paid to agents. The Monitor almost sells itself. You'll like the work. Send for big circular showing exact size picture of iron—full description, agents offer, territory, terms.

MONITOR SAD IRON COMPANY
82 Monitor Bldg. Big Prairie, Ohio

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

(Continued from Page 66.)

every city. They have a beautiful one in Denver in connection with the Divine Science Church out at sixteen hundred and something South Clarkson avenue. And I think they have one in connection with the Metaphysical Club in Boston. Here's speaking great usefulness and prosperity for the new one in New York City. W. John Murray is to be the superintendent of the new Sunday School and the meeting place will be 47 W. 72nd street. Everybody and his children are cordially invited to attend the first meeting, October 1, at 11 o'clock in the morning. Further information may be had from Mr. Murray at 113 W. 87th street, New York City.

—Mrs. Frances Larimer Warner, Williamsburg, Va., has just published a series of four practical condensed lessons on New Thought. These lessons give you something to *do*, to *practice*. They point a direct and present way to results. They lay the foundation for a firm faith through knowledge. The instruction on the use of the will is so simple and helpful that everyone can profit by it. Seldom has instruction in the practical use of thought force been made so plain and practical as in these lessons. For terms, address the author as above.

—"A Mental Method of Beauty Culture." Tells how to be beautiful in face and form through the development of consciousness. The author starts with the premise that there is a perfect co-ordination between the mental constitution and the physical structure, and logically claims that change in "atomic consciousness" may be so regulated as to beautify face and form. Very well written and interesting. Paper covers. Price 50 cents. Published by Mind Culture Publishing Company, 663 Brown avenue, Chicago, Ill.—W. E. T.

—"The Religion of the Future" is a treatise by a brilliant East Indian named Hemendramath Sinha, B. A., 71-1 Simla street, Calcutta, India. No price given. The little book presents the Religion of Truth from the East Indian standpoint, and it closes with the prophecy that "The Church of the Future will be the Hall of Nations, Creeds, and Colors, where Woman will act as the High Priestess and Truth, Purity, and Love will be the only objects of worship."—E. T.

—America is to have a visit in the Fall from Lily L. Allen, wife of Joseph Allen, the English author of "As a Man Thinketh" and other books very well known in this country. Mr. and Mrs. Allen edit the English magazine, *Epoch*, at Ilfracombe, England, and Mrs. Allen will be glad to make lecture engagements in America with anyone who will correspond with her at Ilfracombe. Here's success to Mrs. Allen in her American tour.—E. T.

—Re the Open Air Schools in Chicago described in this number of *Nautilus* we call at—

(Continued on Page 74.)

FREE**Travelers
Package
Marinello
Face
Powder****Marinello
Face Powder**

Removes the "shine" from the face without producing that pasty effect so common with most powders. Artistically tinted to suit the various complexions, it blends perfectly, imparts a clear, velvety texture—doesn't show on the face, and stays on. A dainty, pleasing fragrance which lasts till the powder is removed gives it the necessary touch of refinement.

Any Marinello shop has a **free** traveler's package for you. Please call and get it. If there is no Marinello shop in your city, send to us and we will mail you a traveler's package **free**.

Other Marinello preparations are equally as good as the powder and can be obtained from any Marinello shop or direct from us.

The Marinello shop offers women the most skilled service and advice on how to constantly remain youthful looking—their operators are experts in massaging, hairdressing, shampooing, manicuring and chiropody.

MARINELLO COMPANY, Dept. A, CHICAGO

N. B.—We have a money-making proposition to offer ladies wishing to establish Marinello Shops, or desiring to learn the art of Beauty Culture. Write today for **free** particulars.

**Marinello
Shops**

ATLANTA, GA.
36½ Whitehall St.
CLEVELAND, O.
Colonial Arcade
CHICAGO, ILL.
14 W. Washington St.
CHEYENNE, WYO.
1790 Capital Ave.
CINCINNATI, O.
433 Race St.
CANTON, O.
225 N. Cleveland Ave.
DENVER, COLO.
2408 E. Colfax St.
DALLAS, TEX.
Oriental Hotel
DETROIT, MICH.
Grand River E. & Farmer
DULUTH, MINN.
301 Fidelity Bldg.
ELGIN, ILL.
11 So. Spring St.
HOUSTON, TEX.
502 Carter Bldg.
JOLIET, ILL.
404 Barber Bldg.
KANKAKEE, ILL.
254 Court St.
KANSAS CITY, MO.
1114 Main St.
LITTLE ROCK, ARK.
320 State Bank Bldg.
LONDON, ONTARIO
214 Masonic Temple.
MILWAUKEE, WIS.
Colby & Abbott Bldg.
MOBILE, ALA.
106½ Dauphin St.
NEW YORK, N. Y.
281 Fifth Ave.
OMAHA, NEB.
Kern, 1508 Douglas St.
and 601 Paxton Bldg.
OKLAHOMA CITY, OKLA.
404 Security Bldg.
PASADENA, CALIF.
240 Chamber Commerce Bldg.
PHILADELPHIA, PA.
407 S. Fifth St.
ROCKFORD, ILL.
606 Ashton Bldg.
RIVERSIDE, CALIF.
658 Main St.
SPRINGFIELD, ILL.
409 E. Capitol Ave.
SPOKANE, WASH.
Crescent Store
SAN ANTONIO, TEX.
329 Alamo Plaza
SCRANTON, PA.
511 Dime Bank Bldg.
SIOUX CITY, IA.
Pelletier Co.
ST. LOUIS, MO.
300 Carleton Bldg.
ST. PAUL, MINN.
Schuneman & Evans
UTICA, N. Y.
34 Winston Bldg.
WASHINGTON, D.C.
605 Huyler Bldg.
WORCESTER, MASS.
300 Main St.
WHEELING, W. VA.
1104 Main St.

Normal Weight



Men's Dept. is conducted by Prof. McDonald, who received his training in Bernarr Macfadden Institute and Dr. Kellogg's Sanitarium. Women's Dept. is in charge of Hazle Helfrich, H.D., formerly of Bernarr Macfadden Healthatorium.

Our specialty is increasing and reducing weight. It is possible for every person, not in the last stages of a disease, to attain normal weight.

Our thin patients have gained a total of 15,730 pounds. Our obesity patients have lost a total of 8450 pounds. Greatest individual gain 57 lbs.

We are successfully treating all diseases by mail, and guarantee to cure every case accepted. Will not accept case unless positive of good results and must be assured that the pupil will make an effort to recover health. Do not consider your case hopeless until you write for free booklet, "Stepping-Stones to Health." *Physical Culture Magazine Free* (write for particulars)

McDONALD & SAMPLE, PHYSICAL CULTURE INSTITUTE

1102 North Park, McKeesport, Pa.

Have You Seen "YOU" ?

If not, don't wait a minute, but send 15c (in stamps or otherwise) for a "talk about yourself." This booklet is actually **startling** in its terse brevity, its simplicity and completeness. Get it. It is acutely contagious. You should also add 10c for "An Esoteric Tale of a Duck," an illustrated card, with a **meaning** for "butters in." New.

ONE OF THE ADVANTAGES of our Metaphysical Circulating Library is that it enables students to make sure they **want** the book before purchasing. Send for Catalogue and Library Circular.

Have you seen anything about the new BULLETIN? "What Will Be In It for You" will be sent **free** on application. The first number comes out September 25th. It will contain a **Literary Feature** dealing with **Life Problems**. **Information Bureau**—a list of Meetings, Centers and Teachers in Greater New York revised every month, and a **BIBLIOGRAPHY** which will seek to solve the bewildering confusion on the part of seekers for Truth in the selection of their reading.

ROGER BROTHERS

*Publishers and Importers,
Helpful Books for Every Reader*

429 Sixth Ave.,

New York

(Nautilus News Continued.)

um pages of new, up-to-date, thoroughly encyclopedic matter, covering a wide range. It contains nearly 8,500 articles on different subjects and 850 illustrations in the text, besides sixteen full page maps in four colors of the United States, foreign countries, Panama, etc., together with thirty-three full page photographic reproductions directly applicable to the most important subjects.

Remember—this is not a reprint nor a revision nor an extension of some former publication, but it is an absolutely new, fresh, authoritative, and up-to-date survey of the entire field. And if you will stop to think how fast things are happening these days in matters of invention and business and science and art and in every field of human endeavor, you will realize how necessary it is to have a fresh and authoritative and *up-to-date* encyclopedia.

You need this set of books in your home and in your office, and your children need it at home and in school. And besides your needing it you will **ENJOY** it. They are the sort of books you love to handle and you *love* to consult them. *And because you love to handle them you will consult them very much oftener than you would the Britannica or the Century.* No matter if you have a large encyclopedia—you need this one to encourage yourself and your family to gain knowledge on all sorts of subjects.

And we have made arrangements whereby you can own this Practical American Encyclopedia, delivered to you without the payment of a single penny. A little friendly reciprocity on your part—and this friendly effort could be shared by all the members of your family—and the encyclopedia is your joy forever.

All you have to do to own this encyclopedia is to send in ten subscriptions to The Nautilus at \$1.00 each. The two volumes are worth more than that to anyone who wants to grow in knowledge. Three of these subscriptions may be renewals, but the other nine must go to nine new addresses not now on our list. It ought to be easy for you or your son or daughter to go out and get the whole ten subscriptions to The Nautilus with very little trouble. Especially if you take the August and September Numbers as samples. And to make it still easier we will give a free copy of "Fifty Years of Failure, Ten Years of Success and Why" to each one of your subscribers.

You certainly have a dozen friends to whom you could appeal and if you haven't enough friends just go to strangers! It is easy to sell subscription of a good-looking magazine. And in the doing of it it is possible to make new and valuable friends.

Why not make a business of doing a little work for Nautilus on these beautiful Fall days, and thereby earn for yourself the Practical American Encyclopedia? And why not earn other sets to use for Christmas presents?

This offer of the encyclopedia is good until October 30th. It may be withdrawn after that date. Why not do it now?

Please mention NAUTILUS when answering advertisements. See guarantee, page 5.



You Can Weigh Less—or More—Have Better Health—A PERFECT FIGURE

I will guarantee that with my system you can weigh just what you would like to weigh, or more wonderful still, reduce or build up any single part of your body that may be burdened with surplus flesh, or undeveloped—this because my system can be centered upon your hips, waist, limbs; in fact, any part you wish built up or reduced.

With my system you can have a figure perfectly proportioned throughout—a full rounded neck, shapely shoulders, arms and limbs, a fine fresh complexion, a good carriage with bodily poise and grace of movement.

You Can Have Good Health

My system will stimulate, reorganize and regenerate your entire body. It will restore the lost physiological balance necessary to renewed health. It will make your digestive system take care of your food, transforming it into good, rich blood.

It will so strengthen your lungs—your heart, in fact every vital organ, as to successfully guard against weaknesses and disorders.

It will generate a high degree of vital force and develop great nervous vigor.

The following are a few examples of the wonders my system works. They are taken at random from the many thousands I have received.

"All the organs feel stronger and do their work better. My nerves are improving and my heart troubles me only occasionally. The carriage of my body is better and my waistline is improving. I have had only one miserable nervous day. I have not taken any pills for four days. My stomach feels better." (After first lesson.)

"I am perfectly delighted with your exercises. I am very much encouraged with the development of

the bust and neck and believe that at last I am going to have a well rounded bust and chest."

"Have not had a sick headache since I have done these exercises." (After first.)

"My carriage is greatly improved, and my neck and arms are beginning to fill out wonderfully since working on the last two lessons."

"I have gained 12 lbs. so far and am getting larger all the time."

"Have not been troubled with constipation at all since I began your exercises."

"I now weigh 166 lbs. (weight at start 194) and have reduced 4 in. in my hips. I did not know you were such a wonderful little creature."

I appreciate so much the interest you have taken in me, and you have done me so much good."

MY GUARANTEE

My new book, "The Body Beautiful," tells all about my system, how it is making women more nearly perfect in health and figure. It is fully illustrated with photographs of myself showing correct and incorrect carriage, and many others showing how flesh can be removed or put on all parts of the body. With "The Body Beautiful," which I send FREE to anyone upon request, I give full particulars of my Guarantee Trial Plan, whereby you can demonstrate the value of my system in your own case without risking a penny. Write for "The Body Beautiful" and Trial Plan Today.

ANNETTE KELLERMAN, Room 710N, 1133 Broadway, NEW YORK

THIS IS FOR YOU--THIS BOOK SHOP

Whatever your need; whatever your life; wherever you are;

HERE IS A MESSAGE FOR YOU

Books for the Thinker. Books for the Student.

Books for Mothers and Fathers. Books for Teachers.

Books on New Thought, Hygiene, Civics,

Child Development, Motherhood.

We'll lend some of them at a penny a day, and sell any of them when you want to buy.

Come in when you are in town.

Write for a catalogue.

LONDON BOOK CONCERN, 366 FIFTH AVENUE, NEW YORK CITY.



ARE YOU ROUND SHOULDERED?

"Nullife" straightens and squares your shoulders instantly. It compels you to stand, sit and walk correctly. Makes you breathe properly at all times. Expands your chest from one to three inches. Reduces your abdomen to the proper proportions. Fills out the hollows around the neck, strengthens the back and supports the spine; gives the person who wears it a commanding appearance. "Nullife" is worn by men, women and children. It is sold throughout the United States and Canada at \$3.00. For a limited time I will send "Nullife" to the readers of THE NAUTILUS MAGAZINE for \$2.00 postpaid. When ordering send your proper height, weight and chest measurement. Illustrated booklet on "Nullife" sent free upon request.

PROF. ANTHONY BARKER, 379 Barker Bldg., 110 W. 42nd St., New York, N. Y.



Please mention NAUTILUS when answering advertisements. See guarantee page 5.

90% of All Our Ills Caused by Wrong Eating

I have spent sixteen years studying the science of eating so as to prevent and cure disease. I have cured many thousand people—taught them how to cure themselves, and I have cured many hundred cases pronounced incurable. I get results, and results are all that count. Progressive physicians all over the world endorse my work. Dr. J. W. Benadom, one of the most learned men in his profession, writes me as follows:

"For fifteen years I administered the usual drugs common to the practice. Experience proved that this was an error. I am thoroughly convinced that your work is right—that only proper feeding, and the natural elimination of poisons formed within the body, will cure disease. This secret came to me after a long and varied experience."

(Signed) J. W. BENADOM, M. D., Davenport, Iowa.

If you want to learn something about these great questions, send for my books, "How Foods Cure" and "The Evidence and The Verdict;" they are free. Write for them at once,—you may forget it. These books may startle you, but they will make you think. That is all any book can do.

EUGENE CHRISTIAN Food Scientist

210 Arena Bldg., 32d St. at Broadway
NEW YORK

The Eye and Its Disease

PROF. WILSON'S TREATISE ON EYE DISEASES SHOULD BE READ BY EVERY PERSON WITH IMPAIRED EYESIGHT. THE BOOK IS FREE.

EYEGLASSES NOT NECESSARY.

Every reader afflicted with any impairment of eyesight should not fail to send for this book. It contains 64 pages and cover and describes in language so plain and interesting the various forms of diseases of the eye and sure and safe methods of treatment that any reader of ordinary intelligence may fully comprehend every word.

The author of this book is the inventor of "Actina," an instrument that is attracting the attention of people in all parts of the world owing to the wonderful results obtained from its use.

In the treatment of Eye disease the author says: "Nine out of ten persons wearing glasses might better be without them. Eye Glasses Do Not Cure. The defects that make them necessary can be removed in most cases by proper treatment. There is also no need for cutting or drugging the Eye for most forms of disease—for the cause can be removed by a newer and more humane method."

The book also goes into full detail of the causes and effects of disease in general. It advocates a method in the treatment of disease that is based upon a humane and common sense principle. It contains the recommendations of hundreds of intelligent persons in every walk of life who have been cured. A free trial of the "Actina" is offered in every case.

If the reader is interested, write for a copy of this book. It is absolutely free; a postal will bring it. Address ACTINA APPLIANCE CO., Dept. 124 E. 811 Walnut St., Kansas City, Mo.



(Continued from Page 70.)

tention to a new book called "Open Air Crusaders," edited by Sherman C. Kingsley, General Superintendent of the United Charities of Chicago, which is a report of the Elizabeth McCormick Open Air School, together with a general account of open air school work in Chicago, with a chapter on school ventilation. Five thousand copies of this book were printed for free distribution through the generosity of the trustees of the Elizabeth McCormick Memorial Fund, and now a second edition has been put out, to sell at the nominal price of fifty cents per copy. The book is printed on coated paper, profusely illustrated with handsome half-tones and diagrams, and the principles and practice elucidated in the most thorough manner. Every educator, parent and public worker should treat himself to the information and inspiration contained in this volume. The address from which it may be obtained is The United Charities, 51 LaSalle St., Chicago, Ill.—E. T.

—"Desra of the Egyptians," by Ethel Black Kealing. This is a romance of ancient Egypt, as the name suggests. Second edition. 212 pages, silk cloth binding. Price \$1.50. Wheeler & Kalb, Indianapolis, Ind.

—"Soul and Circumstance," by Stephen Berrien Stanton. A thoughtful, charming volume of essays. The author's style is epigrammatic, his philosophy Emersonian and in harmony with New Thought; his literary style cultured and simple. Here are a few sentences that show the thoughtful character of the book: "Just as we cannot sleep for trying to, so by our efforts to incite thought we limit it; ideas do not alight, because we will not let them. The conscious wires get crossed, but the deep

(Continued on Page 76.)

LEARN TO SELL GOODS

Learn Character Reading and you have the key to human hearts and human pocket-books. Write for particulars to

V. G. Rocine, Business Expert and Character Interpreter.

Room 321, 59 E. Van Buren St., Chicago, Ill.

POWER OF PERSONAL INFLUENCE

An invaluable book of 130 pages. Just out. Price 25 cents, or six 2c stamps and addresses of six persons likely to be interested in it. Tells why many are total failures while apparently less competent succeed in every undertaking. Nothing comes by chance all is cause and effect. It tells plainly how those who succeed in gratifying every desire and ambition, did it. LEARN WHAT THE REAL FORCE IS, AND HOW TO USE IT. Address A. W. MARTENS, Pub. B. B. E. BURLINGTON, IOWA.



ELIZABETH LEE

217 West 34th St., New York City
who for many years has been teaching women through the press, "WHAT TO WEAR" and "WHEN TO WEAR IT," gives private instruction by correspondence. Busy women, and those lacking confidence in their own taste should send for booklet. Most helpful and interesting.

Please mention NAUTILUS when answering advertisements. See guarantee page 5.



The Simplest Gown looks well on a Figure of Correct Proportion If Carried Well.

You Can Weigh

Exactly what

You Should Weigh

My pupils are among the most refined, intellectual women of America. They have *regained* health and good figures and learned how to **keep** well. Each has given me a few minutes a day in the privacy of her own room to following scientific, hygienic principles of health, prescribed to suit each individual's needs.

No Drugs—No Medicines

My work has grown in favor because results are quick, natural and permanent and because they are scientific and appeal to *common sense*.

Be Well—nothing short of well.

Radiate Health so that every one with whom you come in contact is permeated with your strong spirit, your wholesome personality—feels better in body and mind for your very presence.

Be Attractive—well groomed.

Improve Your Figure—in other words, be at **your best**. You wield a stronger influence for good, for education, for wholesome right living, if you are attractive and well, graceful and well poised—upright in body as well as in mind—and you are happier.

I want to help every woman to realize that her health lies, to a degree, in her own hands, and that she can reach her ideal in figure and poise.

Judge what **I can do** for you by what **I have done** for others.

I think I do not exaggerate when I say I have corrected more

Chronic Ailments and built up and reduced more women during the past nine years than any ten physicians—the best physicians are my friends—their wives and daughters are **my pupils**.

I have

Reduced about 25,000 women from 10 to 85 lbs. I have rounded out and

Increased the Weight of as many more—all this by strengthening nerves, heart circulation, lungs and vital organs so as to regulate the assimilation of food.

Won't you **join us?**—we will make you and the whole world better.

I have published a **free** booklet showing how to stand and walk correctly, and giving other information of vital interest to women. Write for it and I will also tell you about my work. If you are perfectly well and your figure is just what you wish, you may be able to help a dear friend—at least you will help me by your interest in this great movement of health and figure through natural means.

Sit down and write to me NOW. Don't wait—you may forget it.

I have had a wonderful experience, and I should like to tell you about it.

SUSANNA COCROFT, Dept. 63-C, 624 Michigan Ave., Chicago

Miss Cocroft's name stands for progress in the scientific care of the health and figure of woman.

OCCULTISM AND COMMON SENSE

Don't pay a big "tuition fee" to a self-styled "teacher" in New Thought or the Occult Sciences. Save your money. It is all in our books. We advise you free and loan you by mail the very best standard books by standard writers on Occultism; New Thought; Business; Health; The Home; Success; Self-Help, etc., etc. Prompt Service. No Security. No tiresome Rules. Full lists and Bi-weekly Critic. Send a post card with just your name and address to

Oriental Esoteric Library, 107, Washington, D. C.

HUMAN ELECTRICITY

How to generate it in the body at any time, thereby promote perfect health. Beneficial results at once. Complete Instructions, 30c. **WINSLOW W. CHASE, 66 S St., N. W., Washington, D. C.**



How To Acquire Health—Physical, Mental, and Spiritual—Through Deep Breathing.

A Booklet by Ella Wheeler Wilcox—FREE

(on receipt of postage stamp,) to any person feeling moved to write for it. Mrs. Wilcox was paid a large sum for writing this lesson on "THE BREATH," which we send to you for a stamp—just to be

friendly and get acquainted.

THE LIBRARY SHELF, Desk C, 850 McClurg Bldg., Chicago

CORNS

Are your feet worth 10c? Jester's Cornine relieves pain in three minutes and removes corns, callouses, etc., in 48 hours. Gives relief to bunions. Dainty, clean, efficient. Send for it today, 10c. Stamps or coin. **F. C. JESTER, Dept. 2, 2401 Madison St., Chicago, Ill.**

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

Are your EYES affected in any way?



THE NORMAL EYE

IF SO, LET US SEND YOU
THE IDEAL
SIGHT RESTORER

For 10 days at our expense

IT helps nature in a purely natural way to strengthen the eyes and restore the natural vision. Its action is in the nature of a gentle massage, which stimulates the eyes by restoring the normal circulation of blood—that is all that weak eyes require. But it does more—it molds the eye painlessly but surely to its perfect shape. This is necessary to correct near-sight, far-sight, astigmatism, and kindred defects. It is absolutely safe—it does not come in direct contact with the eyes; and five minutes' manipulation in your own home, twice a day, is all that is necessary to counteract eye strain and headache, and relegate eyeglasses to the rubbish box. Throw away your eyeglasses. See Nature, and read with your naked eyes. Write for instructive booklet No. 136K and 10 days' test to

THE IDEAL COMPANY

134 West 65th Street, NEW YORK
Canadian Office, 282 College St., Toronto, Ont.

The Telelectron

A new, scientific, electro-therapeutic appliance, demonstrating a principle which has been fruitlessly sought after by thousands of previous investigators.

By the use of the **TELELECTRON**, concentration of thought is attained and the cure of disease made certain.

The **TELELECTRON** Treatment is especially indicated in those obscure, but none the less serious, neurotic conditions which cause worry, restlessness and irritability, and of diseases such as constipation, insomnia and periodic neuralgia which follow.

The Mind is Master. Each one of the millions of living cells in the body is connected with the brain and receives its stimulus therefrom.

The many-sided activities of modern life tend toward neurasthenia and its inevitable reactions. The **TELELECTRON** restores the normal co-ordination of the brain-cells, resulting in the reconstruction of the normal functions of the body cells.

The **TELELECTRON** performs no miracles but commends itself to all intelligent people. Do you wish for abundant health and success? Write at once for particulars and be convinced.

The Telelectron Company, Ltd.,
Ottawa, Canada

(Continued from Page 74.)

conduit of subconsciousness carries an undisputed current and delivers an untampered-with message. Only when the passenger travel of self ceases does the mind move freight." 310 pages, cloth binding. Price \$1.10 postpaid. Address Charles Scribner's Sons, New York City.

—"What Diantha Did," is Mrs. Charlotte Perkins Gilman's first novel and will prove a surprise to those who know her only through her sociological writings. In a brisk and readable story, she here presents the adventures of an engaging young heroine, who attempts to carry out modern theories on the solution of the housekeeping problem. The tale is laid in California, and will doubtless cause much speculation as to its exact location. It abounds in action, color, humor, atmosphere and keen characterization. Moreover, it contains carefully worked out facts and figures for the guidance of other Diantas disposed to embark on similar enterprises. Published by The Charlton Company, New York. Cloth, \$1.10 postpaid.

—"The Man-Made World" is a book about men by a woman. It analyzes their essential traits and characteristics as males, and points out the effects than an exclusively masculine domination has had upon every department of human life. Without passion or prejudice, but with relentless logic and apt illustration, Mrs.

(Continued on Page 78.)

PARAGON SHORTHAND

Learned in **ONE WEEK.**

Valuable invention by expert stenographer—Not by mere theorist. Writers are in **Government** employ, in **Court Reporting** and with big corporations. Speed capacity beyond reach of the hand. Write today. Paragon Shorthand Institute, 121 Coliseum Park, New Orleans, La.

PERSONAL MAGNETISM MEANS MUCH

Its possession means **health, friends, success.** Latent forces can be developed. New discoveries which impart greater strength, courage, and confidence. You can secure Good Will and greater success in your undertakings. Disease is eradicated and life prolonged by these methods. Abundant satisfaction guaranteed. Private, personal instruction given by correspondence. Write at once for sworn evidence of **delighted thousands**, sent together with interesting literature **free.** Don't delay. This means more to you than you can now realize. 160 page book, "**Success**," 50c. "**How to Win**," 35c. pages, \$2.00. Three important booklets, 25c. Business established 1878. National Institute of Science, N. 504 W. 69th St., Chicago, Ill.

5 Fine POST CARDS FREE

Send only 2c stamp and receive 5 colored Gold and Embossed Cards FREE, to introduce post card offer. Capital Card Co., Dept. 255 Topeka, Kan.

**\$20 TO \$75
PER WEEK
EASY**



AGENTS

Sell scientifically tempered knives, razors, etc. Handles decorated with name, address, photos, lodge emblems, etc. Individual guarantees of quality. Sell on sight. Big profits. Write quick for money making plan. We teach you. Canton Cutlery Co., Dept. 58 Canton, O.

• IF YOU •
NEED MORE
PROSPERITY



YOU NEED
A PROSPER-
ITY BANK

¶ The Unity Prosperity Bank is a simple lesson in the power of thought in finances. The Bank, and the daily thought drill that goes with it, will pave the way for larger demonstrations.

¶ Thought controls and forms your affairs, and back of thought is a greater moving force—Spirit. Powers of mind and Spirit are dormant in all, that if quickened would make them healthy and successful.

¶ Our monthly magazine UNITY deals with these subjects in a very practical way. UNITY's editors have been for nearly twenty-five years putting its teachings to practical use. Thousands of lives have been changed from sorrow and despair to joy and happiness through the ministry of UNITY.

¶ In order that thousands more may receive the benefits of UNITY we make the following liberal introductory offer: Send us your name and address, and state that you want to become a subscriber to UNITY; then we will send you a Prosperity Bank, in which you are to save a dime each week, and at the end of ten weeks send us the one dollar thus saved to pay your subscription. As soon as we receive the application we will also enter your name on the Prosperity list for one month's general prosperity treatment.

UNITY TRACT SOCIETY, 913 TRACY AVENUE,
KANSAS CITY, MISSOURI

USE THIS BLANK

Send me a Unity Prosperity Bank by return mail and also enter my name for one year's subscription to UNITY, with one month's Prosperity Treatment as per your special offer. At the end of ten weeks I will send you the one dollar saved in payment of the year's subscription to UNITY.

Name _____

Street _____

City _____

State _____

Energy and Endurance

"The Most Important Discoveries Ever Made for Humanity"

Food values now scientifically understood. Organic carbon discovered to be the energy-producing element of foods. The other food elements obstruct digestion, elimination and nutrition, and produce the toxic or poisonous mixtures which are found in the body in every diseased condition from a cold up to consumption. The discovery of simple methods which neutralize the toxic elements are successful almost beyond belief. These two discoveries and the principles revealed are revolutionizing medical and curative methods, and give a harmonious and scientific explanation of all bodily functions and the factors which produce them. These factors are spiritual, mental, mechanical, dietetic, and breathing, and should all be considered in preventive, immune or curative methods.

I will send books describing these discoveries and principles to be read, and if you do not care to purchase, they can be returned. The book, "Fundamentals and Requirements of Health and Disease," describes the discovery of how the body gets its energy from a single food element, organic carbon, etc. 600 pages. Price \$5.00. A few books, the covers damaged by fire; price, \$2.50.

The book "New Field Science," describes the toxic mixtures, from uric acid up to deadly ptomaines, and also neutralizing and curative methods. Price, \$1.00.

These books will be sent upon receipt of the price, and if returned, the amount received will be refunded, less the postage and 25 per cent, for the wear and tear of the book, thus giving an opportunity to acquire a knowledge of new and "Epoch-making," discoveries at a small expense.

"MILK DIET."

The varied opinions of the much-discussed "Milk Diet" are now scientifically settled and the results to be obtained foretold. Full description and explanation sent for \$1.00.

"NON-URIC-ACID DIET."

A scientific explanation of the food value of Meat and its relation to and a description of a "Non-Uric-Acid Diet." \$1.00.

"BETTER THAN FASTING." Full directions, \$1.00.

What Hinders Mental Healing, 10c; Mind the Builder, 50c. Educational instructions by correspondence. Send description of ailment.

Send 10c for sample copies of a new magazine, "Natural Health Science," describing discoveries and curative processes. DR. B. W. CHILD, Dept. L., 507 No. Madison Ave., Pasadena, Cal.



MRS. GERVAISE GRAHAM

MRS GRAHAM'S QUICK HAIR RESTORER

Restores Gray Hair

to its original color in ten days, making it glossy and beautiful. (For brown, dark-brown or black hair not more than one-third gray.) Absolutely harmless. Price \$1.00. At all druggists or by express prepaid upon receipt of price by manufacturer. Send ten cents for trial bottle and booklet "About the hair" to

Mrs Gervaise Graham,

1475 Michigan Ave., Chicago, Ill.
(See Kessam & Robbins, Eastern Wholesale Agts., New York.)

(Continued from Page 76.)

Charlotte Perkins Stetson Gilman traces to this condition many of the most crying evils of modern life, and indicates specifically in just what respects the participation of women in all branches of human work will operate for the improvement of the world. The Charlton Company, New York, publishers. Cloth, \$1.10 postpaid.

—"Crimes Against Prisoners," "In Hell and Out," and "Three Years in Hell." Three earnest little booklets, dealing sympathetically with prisoners and punishment. Address the author, Prof. Charles Budlong, 25 Pleasant street, Phoenix, R. I.

—"The Great Illusion," by Norman Angell. A few days ago I read that a wealthy Englishman had contributed \$100,000 to be used in circulating this book among his countrymen. The "great illusion" is the idea that military power is necessary to the financial and industrial stability of a country. The author shows that this is not only "a gross and universal" but "profoundly mischievous" misconception; that on account of this mistaken theory an immense part of the energies of mankind are misdirected to such an extent that even civilization itself is threatened. As the author has spent the past twelve years in investigating this subject at first hand among the nations of Europe and discussing it with bankers, business men and statesmen of world-wide authority, it naturally follows that his book possesses far more than ordinary value. The book gives the most practical reasons for world peace that have ever been advanced we think, and it is natural to believe they will be largely effective. The

(Continued on Page 82.)

Bunker Hill Military Academy

BUNKER HILL, Ill. (35 miles from St. Louis), teaches boys to know, to do, to become manly men. The School that fights for peace. War declared on tobacco, liquor, social impurities. We know how to prepare a boy for College, Business, or Professional Life. Harmonious Culture of Body, Mind and Soul. 29th year opens Sept. 19th, 1911. W. D. MARBURGER, B. D., Supt.



FREE TO YOU!

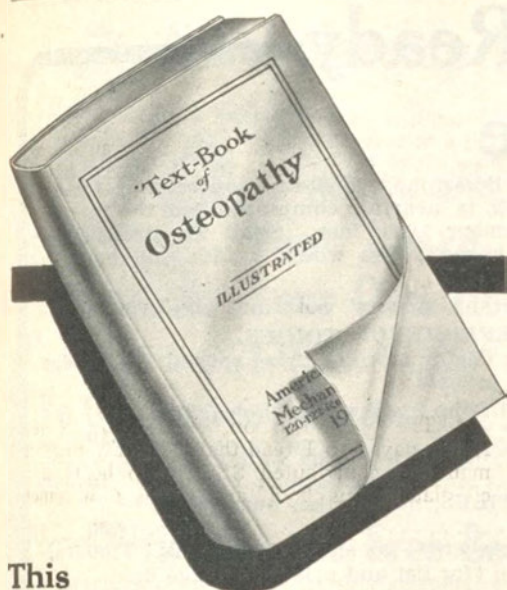
The Secret of the "I AM"
By WILLIAM WALKER ATKINSON

A Revelation of the Real Self, unveiling, disclosing and explaining the Something Within, knowledge of which and of the power thereof is the very cornerstone of New Thought as it is, was and shall be. Sent Free (on receipt of postage stamp). THE LIBRARY SHELF, Desk C, 850 McClurg Bldg., Chicago.

"How To Make The Most of Your Own Personality."

is a wonderful little book just issued—hot from the soul—by one who has demonstrated for herself the fact that it lies within the power of every woman to make herself charming, magnetic, irresistibly attractive and Pretty tho Plain. The methods embrace both the physical and psychological. New, original, practical, effective. Your own transformation will amaze and delight you. Treble your powers. Send for it NOW. \$1.00. MRS. LOIS G. ROBINSON, P. O. Box 213, Muncie, Ind.

Please mention NAUTILUS when answering advertisements. See guarantee page 5.



**This
Authoritative Book on the
Science of Osteopathy
Absolutely Free**

Just 100 pages (profusely illustrated) containing complete and authoritative information, concerning the theory and practice of Osteopathy, together with a full explanation of the profit and honor that come to Practitioners of the Science of Mechano-Therapy (Drugless Healing); a Science far simpler and more comprehensive than Osteopathy—sent absolutely Free to readers of *The Nautilus*.

The possession of this remarkable book has opened the door of Opportunity to an army of ambitious men and women who desired to become Practitioners in the Science of Drugless Healing.

Thousands of successful Practitioners all over the civilized world attest to the ability of the American College of Mechano-Therapy, to educate men and women in class or by correspondence in this highly profitable and honorable profession. Eighteen millions of people in the United States today call in a Drugless Healer when they are sick.

Many of our graduates are averaging from \$10 to \$30 per day—and become proficient through studying only in their spare time in their own home.

The expert Practitioner in this Art and Science occupies an enviable position in the social and professional world—he is an expert in his knowledge of the Natural Laws of Drugless Healing.

The object of the College in presenting you with this free text book on Osteopathy is to enable us to more clearly define—to give you a more thorough understanding—of the Science of Mechano-Therapy (Drugless Healing). We gladly take the loss entailed by this presentation.

Send us two 2-cent stamps to cover postage. Fill in the coupon below carefully and we will send you this book immediately, with our compliments. Address:

**American College of Mechano-Therapy,
Dept. 494, 120-122 Randolph St., Chicago, Ill.**

CLIP THE COUPON NOW

**American College of Mechano-Therapy,
Dept. 494, Chicago, Ill.**

To the Dean:—Please send me, with your compliments, your large text book on Osteopathy, together with complete information regarding your course in the Science of Mechano-Therapy.

My Name is.....

My Address is.....

City.....State.....

The filling out of this COUPON entails no obligation whatever

How to Grow Tall AND BROADEN YOUR SHOULDERS

A Startling Discovery That Will Revolutionize
the Physical Condition of Mankind.

**Why Remain Short and Stunted When
You May Learn Free the Secret
of How to Grow Tall**

No Matter How Short You Are or What Your
Age, You Can Increase Your Height.



No new discovery has attracted more attention in the scientific world than that made by K. Leo Minges, of Rochester, N. Y. Mr. Minges is to short men and women what the great wizard, Edison, is to electricity. He has gathered more information relative to bone, muscle and sinew than anyone else in existence. Making people grow tall has been a hobby with Mr. Minges for years, and the results he has accomplished are startling to a high degree. By his method every man or woman not over fifty years of age can be made to grow from two to five inches in height, and anyone older than that may increase his height perceptibly. His method has the indorsement of leading physicians, and several prominent educational institutions have adopted it for the better physical development of their pupils. If you would like to increase your height you should read the book which tells you how this remarkable discovery was made and reveals to you the secrets of how to grow tall. It is free. You are not asked to spend a single cent, and if you desire it we will send you the statements of hundreds who have grown from two to five inches in height by following this method. The results are quickly accomplished. Many have grown as much as three inches in two months. There is no inconvenience, no drugs or medicines, or operation. Merely the application of a scientific principle in a perfectly hygienic and harmless way. Your most intimate friends need not know what you are doing. All communications will be sent in plain envelopes. The book C, "How to Grow Tall," contains illustrations that will interest and instruct anyone. One thousand of these books will be given away, absolutely free, postage prepaid, while the present edition lasts. If you want to grow tall, write today, in strictest confidence, for a free copy. Address The Cartilage Co., 52 Unity Building, Rochester, N. Y.

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

We Are Getting Ready To Move

Into our new fire-proof, pressed-brick-and-limestone, steel-and-concrete, asbestos-shingled and plate-glass-windowed home which is nearing completion on the site of the house that was burned the night of December 10th, last. Shall we direct Uncle Sam to move some of our goods into **YOUR** house? We would rather you had the profit than the transfer company—of course!

All at the same time we can lighten lives and movers' vans and give you

SPECIAL BARGAINS IN EFFICIENCY TONICS.

Say the word quickly and you may have one or more of these special Pre-Exodus bargains, all quickly dispatched and postage prepaid:

1. Bundle of 6 back numbers of NAUTILUS, no 2 alike, our choice, postpaid—as long as they last. \$0.10
2. Bundle of 12 copies of NAUTILUS for your friends, 2 or 3 alike, postpaid—as long as they last.10
3. Bundle of 12 back numbers of NAUTILUS, no 2 alike, our choice, postpaid—as long as they last.20
4. Complete file of THE HELPER (10 numbers)—as short as they last! .80
5. Any \$3 worth of our books, your choice (for list and prices see page 6 this NAUTILUS), postpaid. 2.70
6. Any \$5 worth of our books, your choice (see list page 6), postpaid, for 4.45
7. Any \$10 worth of our books, your choice (see list page 6), postpaid, for 8.00
8. Your choice of any \$1 book, or two 50c ones, or four 25c ones (see page 6), postpaid, for.90

AND AN EXTRA: With each order for \$3 worth or more of these Pre-Moving Offers we will mail free a handsome new book of 32 pages, with illustrations, "The Story of Elizabeth Towne and Her Work," by Thomas Dreier and others. Direct all orders to

THE ELIZABETH TOWNE COMPANY, HOLYOKE, MASS.

RICHES

A monthly journal of Mental Science—twelve years old. This world-famous and justly celebrated publication is now running a series of articles, STARTLING, REVOLUTIONARY, on HOW TO MAINTAIN LIFE IN THE BODY INDEFINITELY.

In a letter to the editor, Thomas A. Edison says: "You are correct in your theory. THERE IS ABSOLUTELY NO REASON WHY A MAN SHOULD EVER DIE."

Scientists and laboratories are working on the problem. If you read RICHES you will soon see why PHYSICAL IMMORTALITY is ALMOST HERE.

Fill out the attached coupon and mail today.

Riches, Box A, Ruskin, Tenn.

For the enclosed 25 cents send RICHES one year.

Name

Street or Box.....

TownState

New Thought Home

Superior board can be obtained with prominent teacher of New Thought Philosophy in elegant home. Small family, beautiful surroundings, practical instruction for attaining health and happiness. Terms, fifteen and twenty dollars a week. Address **PIONEER WORKER IN NEW THOUGHT**, Care Nautilus.

JUST OFF THE PRESS

THE LIGHT OF LIFE or The Mastery of Death

By Delmar DeForest Bryant

Handsomely printed and bound in cloth and gold, price, \$2.50.

"A bold and masterful book."

"An entirely new and original interpretation, showing the miracles of Christ as natural facts, possible of duplication by those living the life of Regeneration."

"The Missing Link in the chain of human possibilities."

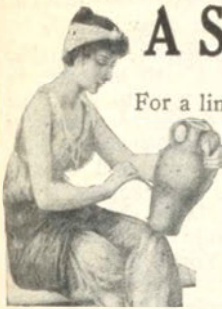
"It is the Substance of which all existing belief is but the shadow."

Send for FREE circulars and Table of Contents.

THE SUN CENTER PUB. CO., Dept. 19, Box 43, Back Bay Sta., Boston, Mass.

Pessimists are always in the rear, and never in the van in the march of progress. Your successful men and women are never chronic grumblers.—Bishop Samuel Fallows.

Please mention NAUTILUS when answering advertisements. See guarantee page 5.



A Scholarship in ART FREE Write for Free Book TODAY

For a limited time we will positively give a complete scholarship in Art absolutely free to a limited number who answer this advertisement at once. This may be the greatest opportunity of your lifetime. If you appreciate beauty in any form, we will guarantee to teach you art. But don't delay or you will be too late. Send the coupon today.

You Learn in Your Own Home

All the methods of the most successful art teachers of the world have been brought together in this one great course. Every single step has been carefully prepared by trained educators. You cannot fail to understand and enjoy the study of art our way. You may study

as much or as little as you wish—you may use all or part of your spare time, just as you prefer. There is no drudgery, not a single disagreeable feature.

We Guarantee Success

You cannot fail if you really want to learn. We will gladly take all the risk ourselves. The opportunities open to artists are growing bigger and more attractive every year. Competent illustrators, designers, decorators, etc., easily earn \$2,000 to \$5,000 a year. You can do as well. All you may need is just the right kind of training for a few weeks to develop your talent. Let us help you fan that spark of genius into a glorious flame.

Now Write for the Free Book

At least you should post yourself on the wonderful opportunities open to you in this splendid, fascinating field. And you can certainly owe it to yourself to learn all about our great limited Free Scholarship Offer right away; you can decide later whether you want to accept it or not. If you are interested in Art, if you even think that you might be interested in Art, you should get our free offer and our great free book, "How to Learn Art," without an instant's delay. Remember, no obligations at all. Just your name and address on the coupon or in a postal or letter is all we ask. But be sure to send right now.

FINE
ARTS
INSTITUTE,
Studio 1927,
Omaha, Neb.

Without any obligations, please send me particulars of your free scholarship offer, also send free book, "How to Learn Art," by return mail, postpaid.

FINE ARTS INSTITUTE, Studio 1927, Omaha, Neb.

Name.....
Address.....

A Curious Book

Is "THE IRRECONCILABLE GNOMES," written by a famous French author, Comte de Gablais. His works are justly noted among all occult literature as presenting philosophy in readable form.

The ancient Teutons in their folk-lore described the gnomes as spirits in the form of bearded dwarfs, clad in brown, close-fitting garments with hoods. Their special work was supposed to consist in watching over precious metals and other hidden treasures. According to Paracelsus the gnomes were supposed to have the power of moving through the earth with the same ease that man moves through air.

"THE IRRECONCILABLE GNOMES" gives the record of a discourse between an exile, who was a deep student of the unknown in life and nature, and a "Prince Gnome."

Sometime ago this book was translated into English and a limited edition of 100 copies issued. We were fortunate enough to get several copies of this scarce work, and have now published it for the first time in America. The original could hardly be bought for many times our price.

The Philosophical Publishing
Co., Allentown, Pa.

I am sending 25c for a copy of
"The Irreconcilable Gnomes" as per
your ad, in The Nautilus.

Our edition contains many footnotes explaining the text. This is a feature that adds greatly to the interest of the book.

Our Price Only 25c

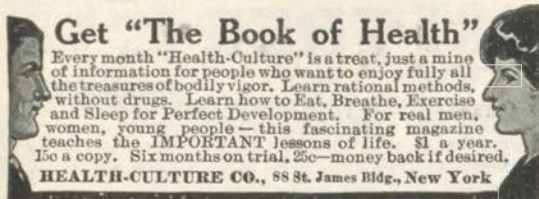
We are now selling this quaint book for only 25c. Send 25c NOW, before the second edition is exhausted. Address as per coupon.

Name

and

Address

Please mention NAUTILUS when answering advertisements. See guarantee, page 5.



Get "The Book of Health"
Every month "Health-Culture" is a treat, just a mine of information for people who want to enjoy fully all the treasures of bodily vigor. Learn rational methods, without drugs. Learn how to Eat, Breathe, Exercise and Sleep for Perfect Development. For real men, women, young people—this fascinating magazine teaches the IMPORTANT lessons of life. \$1 a year. 15c a copy. Six months on trial, 25c—money back if desired.
HEALTH-CULTURE CO., 88 St. James Bldg., New York

FINODOR PERFUMES

are the exquisite embodiment of all the loveliness of nature's own fragrance, strictly high-class though sold at popular prices. Our booklet free (also sample on cotton). Send for it today.

FINODOR PERFUME CO.

402 Jewett Avenue, - - West New Brighton, N. Y.

KODAK FILMS DEVELOPED for 5¢

ALL SIZES SIX-EXPOSURE KODAK FILMS developed for 5 cents a roll. All sizes 12 exposures, 10 cents a roll. Most Careful and Satisfactory work guaranteed. 8x10 Bromide Enlargements from any of your favorite Negatives, 25 cents each. Send for our complete Price List and Sample Photograph FREE. **SCARLETT STUDIO, 45-47-49 N. 13th St., Philadelphia.**

BE AN ACTOR ACTRESS OR ORATOR
Most fascinating, best-paying profession in the world. We teach you **Dramatic Art, Elocution, Oratory**, at your home. A scientific and comprehensive method. **Six years successful teaching!** Write for particulars. **Book on Stage Life, FREE!**
Chicago School of Elocution, 842 Grand Opera House, Chicago

HYPNOTISM in SALESMANSHIP

The Wonderful Part Suggestion Plays in Making a Salesman

Successful salesmanship depends upon suggestion—the impression made by the one who sells upon the mind of the one who buys.

Hypnotism is simply suggestion. The one who masters it knows the science of driving home an argument and has every advantage in the world over him who makes his talk and trusts to luck.

Every man, woman or child is a salesman. We sell our time, our talents, our services, our merchandise, the products of our brain. The foundation of success in life is salesmanship. To know how to sell is, therefore, one of the most important things in the world—no one can afford to neglect it. The man who gets \$30 a week and is worth \$50, is a poor salesman—it's not the fault of his employer. If he was a good salesman, he would get all he was worth, or more.

If you want to know the close relationship, that hypnotism, which is nothing in the world but suggestion, in its most positive and powerful form, bears to salesmanship, send your name to the New York Institute of Science, Dept. 52, Rochester, N. Y., and ask for the book, "The Philosophy of Personal Influence." It will reveal many of the wonders of suggestion and tell you how you can master it at your own home quickly. The book is absolutely free if you write for it today.

Please mention NAUTILUS when answering advertisements. See guarantee, page 5.

(Continued from Page 78.)

thought of peace is sweeping the world as never before. This book will help even the hardest headed business man to get in line with that thought. It is easy to see, after reading the book, why \$100,000 should be devoted to its distribution by a well wisher of his country. 388 pages, fully indexed, printed on antique paper from large clear type, silk cloth binding, title in gold. Price \$1.62. G. P. Putnam's Sons, New York.

—"The Working People, Their Health and How to Protect It," by M. G. Overlock, M. D. Dr. Overlock is the author of the bill that first made provision for the towns and cities of Massachusetts to care for tuberculosis cases. He was also the originator of the movement whereby big manufacturing concerns bear the expense of caring for the cases of incipient tuberculosis among their workers. Probably no man in America has done more than Dr. Overlock to promote preventive and therapeutic measures which would check the wholesale spread of consumption. Elbert Hubbard says if you want a piece of work well done, take it to a busy man. So we would naturally expect a busy physician to write a good book upon health, and in this case we are not disappointed. The book deals primarily with consumption and its prevention and cure. There are also

(Continued on Page 84.)



Beauty and Health Bath for 2 Cents
Same principle used by old Romans. Cleans and refreshes—revivifies body scientifically. Purifying steam opens millions of pores. Dirt, germs, waste matter and incipient disease flow out with perspiration. The pink complexion—buoyancy—vigor of youth and health returns.
Buckeye Vapor Bath Cabinet
Nature's Cure for Human Ills
Better—safer—cheaper than medicine or turkish baths. Germ breeding cloths or brushes unnecessary. Marvelously relieves colds, gripe, fever, rheumatism, kidney and liver trouble, etc. Wonderful for children—keeps them healthy and robust.
Can be used anywhere—at home or traveling. **Over 600,000 sold.** Write today for free copy of Health and Beauty Book, illustrated. **Local and traveling agents wanted.** Sales easy—profits big. Write today for territory offer.
McCREERY MFG. CO., 54 Lawrence Ave., Toledo, O.



A Perfect Complexion

Adds to your charm and will make your family proud of you. My catalog containing valuable hints is yours for the asking.

"Velaro Toilet Requisites" are pure in accordance with pure food and drug law—Serial No. 32148. If unsatisfactory money returned at once.

E. MARIE VELARO
Leonia, New Jersey

"Snap! and it's on"

The Baldwin "All-Round" Housedress

ELIZABETH TOWNE predicted months ago a tremendous sale for this garment among NAUTILUS readers. Her prediction has been more than verified.

The BALDWIN DRESS is really FOUR IN ONE—a shirt-waist suit, a "Princess," a kimona, a double-service housedress—as neat and trim and tidy as a tailored garment and so "comfy" you hardly know you have it on.

A complete DRESS and yet having the additional advantage that it may be used OVER any other clothing as a protection against soil.

Clean and attractive itself, it keeps the housewife ALWAYS so.

Well made, fits perfectly, launders easily. And not a button, hook or eye anywhere on it—just two self-clasping catches at the back and "SNAP! AND IT'S ON."

Made in high-grade percale (thoroughly washable), in gray and white nurses' stripe, black and white shepherd's check, white ground with stripes and checks of black, and also light and dark blue chambray.

High or Low Collar, \$2.00. Square neck, \$2.15. At your dealer's or direct by mail, prepaid.

Agents wanted in unoccupied territory.

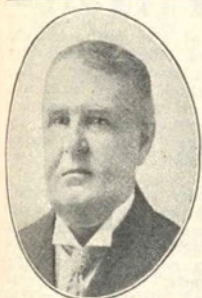
Write for terms.

THE BALDWIN GARMENT CO., Inc., Dept. 16, Holyoke, Mass.

Factories: Holyoke, Mass., and London, Canada.



\$2.00



Dr. Sheldon Leavitt began practice thirty years ago

in the city of Chicago, and has been actively engaged there ever since. For twenty-five years he was a member of the Faculty of one of the largest Medical Colleges of America. His name is on the diplomas of thousands of practicing physicians throughout the world. He has attended not less than 50,000 people suffering from all varieties of disease, and has performed thousands of operations. Something of a record, isn't it? The opinion of such a man ought to have some value.

Years ago,—about 17 years ago—Dr. Leavitt began his psychological experiments, with a view to learning the mental secrets of health, strength, happiness, efficiency and success. He soon learned that drugs rarely cure disease; that rest cannot make men strong; that pleasant environment does not make them happy; that education alone does not make them efficient, and that mere activity is unable to make them successful.

He found that only by availing himself of his Subjective Power can a man hope to keep on top.

He found that all the power necessary to do this is already in man, and that the chief problem is how to bring that Power into intelligent and efficient action.

He became convinced that results can best be secured through the action of Suggestion, Re-education and Inspiration.

Upon learning these great truths he could not conscientiously go on in the old way. There was a season of mental struggle, and then, with the courage of his convictions, he cut loose from Colleges and Medical Societies because they would not tolerate his teachings, and began a System of Cure after his own notions.

In his innovations he has been eminently successful, and "The Sheldon Leavitt Methods" of today are the results of his labors.

Dr. Leavitt knows life in all its phases as few do, and no one is better prepared to show men and women to the heights of mental, physical, moral, social and financial attainment.

As an aid to the seeker after whatever may be deemed worth while, Dr. Leavitt has designed the Psychomotor (si-ko-mo-tor) which fills the logical requirement of a visible and objective assistant to mental and physical realization. It represents the mechanical side of the Mental Gymnastics so essential to development. WITH IT AS A MECHANICAL AID SUGGESTION IS MADE EASY, SYSTEMATIC AND EFFECTIVE.

Reader, you have mental and physical needs which are ruining your usefulness and happiness. If you will tell us about them, in confidence, we will refer the data to Dr. Leavitt, and have him outline a course of self- or other help for you without charge. This is an opportunity which does not often present.

Address MAGNUM BONUM ASSOCIATION, 4665 Lake Ave., Chicago.

Please mention NAUTILUS when answering advertisements. See guarantee, page 5.

A SECRET

Listen! For you—for baby—the children—the old folks.

Stewart's Fruit Vigor

A matchless tonical food-drink. Pure, dainty, delicious. Add it to your daily diet. It will make and keep you well. Nature's Supreme Antidote for all disorders of the nerves and digestive system. It will do more for you than even the best of drugs, stimulants or mineral waters. It will nourish and keep your body in a disease-resisting state by vitalizing your daily food. It will take you out of the sick and ailing class into the joy of continual good health.

Money Back If Not Satisfactory
Prepared, sold, guaranteed by us. Order by mail. Send \$2 with your name and address for three 75 cent jars sent prepaid.

Address: Stewart Food Company
1657 Security Building, Chicago, Ill.

Don't Wear A Truss



Brooks' Appliance is a new scientific discovery with automatic air cushions that draws the broken parts together and binds them as you would a broken limb. It absolutely holds firmly and comfortably and never slips, always light and cool and conforms to every movement of the body without chafing or hurting. I make it to your measure and send it to you on a strict guarantee of satisfaction or money refunded, and I have put my price so low that anybody, rich or poor, can buy it.

Remember, I make it to your order—send it to you—you wear it—and if it doesn't satisfy you, you send it back to me and I will refund your money. The banks or any responsible citizen in Marshall will tell you that is the way I do business—always absolutely on the square and I have sold to thousands of people this way for the last five years. Remember, I use no salves, no harness, no lies, no fakes. I just give you a straight business deal at a reasonable price.

C. E. BROOKS, 13 Brooks Bldg., Marshall, Mich.

THE MILK CURE

A MILK DIET being entirely uric-acid-free will, if correctly taken, cure any curable disease and will build up an ill-nourished body and make weak nerves strong quicker than anything else. It won't give you the complexion of a child; you couldn't expect that; but it will (if my instructions are followed) give you a clear skin and a healthy color and increase your weight by one-half pound or more daily. **Anyone** can take milk if the "how and when" is known, and right here is the main trouble. Full instructions, in a twelve-page copyright booklet, including advice when returning to ordinary food. **One Dollar.** Howard Hill, Box 294, Glens Falls, N. Y.

Note. These instructions bear no resemblance whatever to the self-styled "original." They are the outcome of personal experience and study under the founder of the milk cure system, an eminent German physician.

Key to Health, Wealth and Love

By Julia Seton Sears, M. D.

This book is the revelation of the age. It teaches every one how to secure dominion over his own condition. Life is a science and we secure its highest expression through the understanding of its finer laws. The Great Secret by which we gain Health, Wealth and Love is new to the minds of men, but powerful and simple in its application. Popular edition, 25c, postpaid, anywhere.

New Thought Publishers, 110 W. 34th St., New York

VOICES MADE beautiful. Inferior, harsh, tuneless voices going to F and G with effort may take higher notes with ease, sweetness, power. There are many orators and Carusos undreamed of. Send stamp for reply. New book \$1.00.

MME. GIRARD, 818 51st St., Drexel Square, Apt. 700, Chicago, Ill.

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

(Continued from Page 82.)

chapters devoted to food, hygiene, deep breathing, exercise, treatment of dyspepsia, and nervousness, the care of children, etc., etc., all of which are sensible, practical and helpful for the average family. The author's aim throughout his book is to teach people how to care for themselves and prevent disease. 293 pages, cloth bound. Printed on heavy antique paper, in clear readable type. Price not given. Published by The Blanchard Press, Worcester, Mass.

—"The Gleam," a spiritual autobiography, by Helen R. Abbee. This is the frank story of the author's vain search in orthodoxy and science, for some positive proof of the Spirit in daily life, and how she was finally led, unexpectedly, into a new field, neglected by churches and scientists, where she found ample proof of the reality of spiritual things. The book is rich in interesting psychic experiences, experiments in telepathy, etc., but its great value lies in the plainly stated spiritual methods which the author employed to heal her sick husband (pronounced incurable by the physicians) and to find peace and happiness for herself. "In the Hour of Need" is the greatest chapter in the book. Therein the author vividly describes her very real experience in facing, treating and finally healing the (so-called) incurable organic disease which had

(Continued on Page 86.)

Beautiful Hair



is the reward of Nautilus readers who have used Mrs. Rhodes' Great Hair Maker. Users are delighted. They even tell Elizabeth Towne about it!

"I met the other day a young lady who was once stenographer for us. She said: 'Oh, Mrs. Towne, do you remember the Hair Maker you told me of about a year ago—Mrs. Rhodes? I used it faithfully and now have fully twice as much hair as I had a year ago. I am sure I would have lost all my hair if it hadn't been for that remedy. Both my sisters have been using it, too, with most gratifying results.'—Elizabeth Towne."

Year's treatment with picture and information for \$1.00. **GRACE G. RHODES, Dept. B, Corry, Pa.**

Successfully advertised in Nautilus for years. "There's a Reason!" P. S.—"Mrs. Rhodes' Great Hair Maker" is par excellence for bleaching and softening the hands. Sent postpaid for 50c.

Anything to Sell?

We want to hear from every reader of THE NAUTILUS who has anything to buy, sell or exchange. Have you REAL ESTATE for sale? Have you a BICYCLE, GUN, CAMERA, MUSICAL INSTRUMENT, or BOOKS, or ANYTHING that you would like to exchange for cash or for other articles of value equal to yours?

We have a plan that connects the small trader with possible customers, and the one who wants to buy or exchange with those who are willing to "dicker." If interested write at once for full details.

E. T. Matlock & Co., Nashville, Tenn., says: "Nautilus is a jewel. We are getting very good returns so far." Address "Special," The Nautilus, Holyoke, Mass.

"HOW TO TAKE CARE OF A WIFE"



Melville C. Keith, M. D.

The Greatest Little Health Book Ever Written
Substantial Paper Cover 25c Silk Cloth Binding \$1.00

The Keith Books tell how to treat and cure every known disease without the use of poisonous drugs or the knife, consequently without the aid and expense of a physician. There is special mention made of the following: Consumption, Rheumatism, Paralysis, Indigestion, Constipation, Appendicitis, Female Diseases, Nervous Troubles, Insanity, Kidney and Liver Troubles, Periodical Headaches, Catarrh, Cancer, Tumors, Heart Trouble, Epilepsy, Piles, Skin Diseases, Deafness and Venereal Diseases.

The Knowledge They Contain **WILL CURE YOU.**

Descriptive Literature Mailed **FREE** on Application

KEITH & GINTER, Publishers, Bellville, Ohio

New Thought Sunday School

Conducted under the auspices of the Church of the Healing Christ-Divine Science.

Beginning Sunday, October 1st, 1911, 11 A. M., at 47 West 72d Street, New York City. Sunday School for children—other services for adults. Send for circular to Superintendent, 113 W. 87th St., New York City.

Keep In Touch

With advancing New Thought Methods of Child Development. Bring your children up in the New Thought way—it means health, happiness, and prosperity. "The Gleaner" keeps you in touch with the New Thought Sunday School and Churches in New York City. Profit by their experience. For 10c you can have "The Gleaner" for three months. Yearly subscription, \$1. (Published continuously for over two years.) Write **THE GLEANER, 113 W. 87th St., New York City.**

WANTED A man or woman to act as our information reporter. All or spare time. No experience necessary. \$50 to \$300 per month. Nothing to sell. Send stamp for particulars. **SALES ASSOCIATION 709 Association Bldg., Indianapolis, Ind.**



FREE A valuable Self-Healing Lesson, formerly sold for 50c, will be sent **Free** to all who send stamped envelopes. **EDWARD E. GORE, (formerly Editor "Occult Truth-Seeker") Box 200, Ruskin, Florida.**

To Nautilus Readers

A Special Offer

Sleep, Dreams, Visions.

Something new by that world-famous lecturer and traveler, W. J. Colville.

PARTIAL SYNOPSIS:

Rest While Waking—A Useful Practice—The Various Kinds of Dreams—Causes of Dreams—How to Avoid Unpleasant Dreams—To Regulate Sleep and Awake at a Given Hour—Suggestion—How to Apply It for Education During Sleep—Telepathy or Mental Telegraphy and Sleep—How to Practice Telepathy—How to Send a Message to a Child—Prophetic Dreams—Evidence of the Force of Thought Currents—Concentration and Benefits While Asleep—The Cure of Nervous Disorders and Sleep.

TO WILLIAM E. TOWNE, Dept. 1,
Holyoke, Mass.

Here is 15c. Please send AMERICAN NEW LIFE one full year and a copy of "Sleep, Dreams and Visions." I am a NEW subscriber.

Name

Address



American New Life

A bright illustrated quarterly magazine by William E. and Elizabeth Towne.

Here are some of the special things in the September number, "Atlantic City, 1911"; "Nothing is Ever Settled Until it is Settled Right"; "How to Treat Your Environment," by Elizabeth Towne.

Don't miss the special sale of damaged books, September number. It may save you dollars.

Dr. Derolli, the Boston Astrologer, publishes in his department daily predictions, covering each day in the month. He tells what days are good, according to astrology, for business, travel, social intercourse, asking favors, etc. You will enjoy watching this department. It is interesting and amusing. You may be surprised at the closeness of its hits. Take advantage NOW of this

SPECIAL OFFER

New Subscribers Only.

Send only 15c now for AMERICAN NEW LIFE one year and a copy of "Sleep, Dreams and Visions." Use Coupon in next column.

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

SICK ~AILING ~UNHAPPY

Don't let rheumatism, kidney troubles, stomach diseases, bad complexions, or skin ailments make your life a misery, and existence a reign of pain. A course of curative baths, taken in your own home will help you get well. **SEND FOR FREE TRIAL** of our curative waters, just as you would take them at Carlsbad, and other famous springs. Mention your trouble and enclose stamp. **Positively no patent medicine. HEALING SPRINGS CO., Dept. B., Battle Creek, Mich.**

Sales Ladies Wanted

where not already represented, for **High Grade Corsets**, not sold in stores. Excellent opportunity! Now.

WADE CORSET CO., 77 E. 130 Street, New York

A Practical New Thought Education

Train Your Mind

to realize the Practical uses of New Thought. Did you ever take time to discover how much disease and failure originate away back deep in the human mind, and how much of this disease and failure may be overcome by the scientific use of thought forces?

New Thought is nothing but practical psychology. It is psychology applied in self-development and self-healing. It is a re-education of the mind in the truth of being.

You have been asking "How can I get a thorough New Thought Education?"

Elizabeth Towne has spent much time and careful thought in evolving the **Nautilus New Thought Education Plan** to fill the want.

The courses which she has planned will require a number of books. **These she has selected from the best works of all the leading publishers regardless of price, profit mark or any other influence which would prevent the selection of the very best.**

These books we will supply at regular retail rates.

In addition to outlining the courses Elizabeth Towne has prepared a special letter of instruction which will help you fit the courses to your individual needs. The complete plan and the letter of instruction will be sent absolutely free with your first order for \$3.00 worth of books, as explained below.

This is the way to proceed. Read carefully.

1. Send \$1.00 (which will be credited on books per next paragraph) and we will immediately forward complete plan of the New Thought Education, including the printed letter of instruction by Elizabeth Towne.

2. Study your instructions and decide what books you want to start with. Mail us the list with your remittance, **deducting the \$1.00 already sent.** This first order must be for at least \$3.00 worth to entitle you to the credit of \$1.00. After this you can order one or more books at a time as you desire.

3. If you prefer to make but one remittance, you can send the \$3.00 for books at once, and forward list of books desired as soon as you receive the plan and the letter of instruction, which we will immediately mail to you.

Address **THE ELIZABETH TOWNE CO., Holyoke, Mass.**

(Continued from Page 84.)

carried her husband almost to the point of death. The ebb and flow of faith, the complete abandonment which finally made it possible for the healing power to manifest itself, the final struggle and triumph, all are described in simple dramatic language and in a way which makes the book a powerful inspiration to the reader. "The Gleam" will be a very real help to those who are sincerely interested in the higher self and who would realize the presence of Spirit. 312 pages, cloth. Price, \$1.45. Henry Holt & Co., New York.

"Securing Efficiency in Railroad Work," by Harrington Emerson. An interesting lecture given at Harvard University. It outlines the theory of cost reduction and its practical application to the Sante Fe system and the results accomplished. Mr. Emerson's theory is that there are many wastes which can be eliminated and that if they are eliminated both wages and dividends can be increased. Price 25c. Published by the author at 30 Church street, New York City.

"Planetary Daily Guide for 1911." An interesting little book on astrology. 100 pages of reading. Price 50 cents. Portland School of Astrology, Box 573, Portland, Ore.

"Glimpses of Beulah Land," by May Morse Burke. A book of poems. Price \$1.10. Address of author Lily Dale, N. Y.

"A Monthly or Semi-Annual Income for You."

A Banking Institution chartered and inspected by the State of Ohio, pays 5 to 6% on deposits. Safe, as money is secured by Real Estate Mortgages. Write for particulars.

**THE HOME SAVINGS & LOAN CO.
WELLSVILLE, OHIO**

CATARACT BLINDNESS

Prevented by "Ophthalmic." Hundreds using it to avoid operations. Free literature on request, or one month's trial treatment, to prove the wonderful truth, for 25c in stamps to pay mailing. A God-send to cataract patients. Send for it this very day. **THE C. SHERWOOD CO., 314 Reid Block, Elmira, N. Y.**

PHYSICAL CULTURE—SOCIAL CULTURE

With Correct Poise, Breathing, Exercises, I teach you to regain and retain Health. I also teach Social Forms, Art of Conversation, Magnetic Personality. While Physical Culture insures health, Social Culture is especially appreciated by youth, and those whose advantages have been limited. **TWO COURSES.** Either course finely adapted for club work. Limited number of dates available for lecture and personal organization. Enclose stamp for free literature. **KATHERINE H. CARTER, P. O. Box 695, Syracuse, N. Y.**


—AGENTS—



My Sanitary Coffee Maker produces pure, sweet coffee, needs no settler and never wears out. Saves coffee, money and health. Every wife buys at sight; new invention; exclusive territory. Send 15c for 50c size, postpaid. **DR. LYONS, 446 Day St., Pekin, Ill.**

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

I Have Solved the Laws of Success



Are you the **Business, Social, Financial** or **Political** success you wish to be? Have you attained the height of your ambition? There is a certain knack in achieving **Health, Wealth and Happiness** that many do not possess. It isn't always the best educated who enjoy distinction. All great successes are acquired by **Deductive Thought**, not by routine work.

Most people can become what they wish to be if they know how. To think right, then live right, is the whole problem, but to know how to "think right", and "live right" and actually do so is the stumbling block for the majority.

There is nothing so delightful to the ambitious person as success and nothing so exhilarating as good health. No man or woman wants to leave the world worse off for having lived; it is a crime to do so. **Failure in life is unnecessary.**

Eight years ago I was an ordinary clerk, sickly, discouraged and miserable, earning but a few dollars per week and without hope until I realized that the world and its good things were created for me if I would but think right and live right.

Today I am the head of two big corporations doing an international business. I am happy, strong and well-to-do, with a growing family, and I envy no man and would trade places with none, all because I developed a plan of "Deductive Thought" by which all useless and wasteful methods and habits were discarded and I made every hour and day count for progress with the above result. You should do as well or better.

Let me show you how to enlarge your success and improve your standing, be you man or woman. Your duty to Self and those who may Depend upon you demands that you make the most of your life—Will you do it? Write me at once for particulars, mentioning Nautilus. Address


FRANK D. FOLLANSBEE, 7157 Yale Ave., Chicago, Ill.

YOU CAN BECOME WHAT YOU WILL TO BE

if you give the body the material from which to create anew. Investigate our sane, natural method of rebuilding the human body—

PERFECT NUTRITION—PERFECT LIFE

The Milk Diet will cure **ANY** chronic disease. *It will add flesh from 2 to 9 pounds per week—* or will reduce superfluous or abnormal flesh.

 Send for our illustrated Booklet—a handbook upon Sane Rational **FREE** Living—with illustrations of perfect physical development and beauty; full information of our methods, letters from patients, and suggestions which will fit your own particular case.

THE MILK AND MARFA HOME TREATMENT, Lock Box 99 C, Chicago.

El Reposo Sanatorium and Village

Sierra Madre, California

RANCH AND HEALTH RESORT FOR THE TREATMENT OF DISEASES OF THE THROAT AND LUNGS. Serums administered in suitable cases. A Hundred Acres in the Sierra Madre Foothills with a Sanatorium as a Center, and a group of Bungalows for families who wish to be with patients while they are being treated. Altitude, 1,500 feet. Mountain Spring water. Mission Bungalows with bath, and a Club House.

Moderate prices. Electric Car Service hourly from Los Angeles. Resident physician. Trained Nurses.

LOS ANGELES OFFICE, Suite 114 Coulter Building.

Write for Illustrated Booklet.

MAKE MONEY writing Song Poems and musical compositions. Success means fame and cash. No experience necessary. \$10,000 recently paid for a popular song. Send us your work, or write for **FREE PARTICULARS**. We want original song poems, with or without music.

H. KIRKUS DUGDALE CO.
Desk 233, Washington, D. C.



Turkish Baths At Home Do Wonders



There is internal bodywaste always going on. An over-accumulation of this poison means nerve-exhaustion. Drugs cannot drive it out. Take a scientific Turkish Bath at home, at cost of only 2c a bath, by means of the

ROBINSON TURKISH BATH CABINET

and feel the rapid change in your condition inside of 30 minutes. It has produced astonishing results in men and women, nervously exhausted and afflicted with rheumatism, blood, stomach and other troubles. Prominent physicians in many cases are abandoning drugs for this new treatment. The Robinson Bath Cabinet is the only scientifically constructed bath cabinet ever made—a model of ingenuity. Sold by dealers or sent direct, at prices to fit any purse. Send for illustrated booklet of astonishing facts free with full information. **ROBINSON MFG. CO., Suite 150 Snowflake Bldg., Toledo, O.**



ASTRO-BIOCHEMISTRY.

Suffering humanity's voice has at last cried out against poisoned drugs, and a substitute has been found that is real. It is the 12 mineral salts, the inorganic workers, which prevent sickness and restore perfect health. A 2-cent stamp will bring you the information. **A. J. Straughan, 820 Anaheim St., Pittsburg, Pa. Send Date for Free Birth Card.**

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

Wonderful Revitalizer "The Osteopath"

New Discovery Has Produced Amazing Results In Cases
Pronounced Incurable By Physicians.



THE "Osteopath" is a remarkable invention going to basis of human ills. It revitalizes by eliminating nerve interference, by natural mechanical stimulation, allowing maximum blood supply to reach affected parts, internal organs etc.

Get The Free Book

and learn why the "Osteopath" is a marvelous improvement over manual osteopathy. Feel its quick results on Stomach, Kidney or Liver Trouble, Nervous Prostration, Brain Fog, Insomnia, Lung and Throat

Diseases, Catarrh, Bright's Disease, Rheumatism, Dropsy, Chronic Constipation, etc. Send name and address for Free Book. OSTEOPATH CO., 214 Handel Hall, Chicago, Ill. Osteopaths and laymen increase their income representing us. Write for exclusive field.

MUSIC LESSONS FREE

Pupils play in Supreme Court and win great applause.

Free lessons in your own Home for Piano, Organ, Violin, Guitar, Banjo, Cornet, Sight Singing, Mandolin or Cello. One lesson weekly. Beginners or advanced pupils. Your only expense is for postage and music, which averages about 2 cents a day. Established 1898. Thousands of pupils all over the world write: "Wish I had known of you before." Leading newspapers praise our pupils' playing. Copy of newspaper comments, Booklet and free tuition offer sent on request. Address

U. S. SCHOOL OF MUSIC,

Box 6, 225 Fifth Avenue, New York City

Instruments supplied when needed. Cash or credit.

Our New Cat. Is Free

We are American agents for Raphael's, Alan Leo's, Sepharial's, Simmonite's, Madam Besant's and other English books. Largest stock in the U. S. Send 25c. today for Walrond's "Practical Guide" to Astrology, Healing and Occult Sciences. You will be pleased with it. WRITE NOW.

Walrond's Occult Pub. Co., Dept. G 9, Rochester, N. Y.

DR. FOOTE'S "WONDER" BOOK 10

ON HEALTH - DISEASES - FREAKS - MARRIAGE - PARENTAGE - HUMAN NATURE

A peep into the Mysteries of the INNER-MAN. This remarkable book is a thought-awakener, and is as intensely interesting as a novel. It contains more truths, common-sense, vital facts, valuable advice and information than your doctor would give you for \$10. In two sections, - 240 pages and 40 illustrations. Sent by mail postpaid on receipt of Price - 10c. Write TODAY.

Murray Hill Book Co., 123 East 28th St., N. Y.

Twelve Lessons In Radio-Mentation

by Katherine Jarvis Cheney. These lessons are arranged especially for the self-help of those who want to learn of their power to become well and successful, and how to use it. They are in typewritten form. EACH LESSON contains over 1,500 words. They are clear-cut, concise, and invaluable to all who want help. Price, \$5.00. Remit by money order when requesting lessons. Address KATHERINE JARVIS CHENEY, 2135 Michigan Blvd., Chicago, Ill.

*The world belongs to
the energetic.—Emerson.*

Please mention NAUTILUS when answering advertisements. See guarantee, page 5.

STOP! READ! THINK! ACT!

Increase your salary by Home Study. "Do it now." "Why not work for Uncle Sam?" Salaries \$600 to \$1,800. Positions guaranteed. Civil Service, Penmanship, Book-keeping, Shorthand, Typewriting, Engineering, Normal, Grammar School, High School, Agricultural and College Preparatory Courses are thoroughly taught by mail. Matriculation Fee, \$5.00. Tuition free to one representative at each post office. Address DEPT. F., CARNEGIE COLLEGE, ROGERS, O.

New Thought

A monthly magazine of personal helpfulness.

This is the four-page monthly paper edited by Elizabeth Towne, changed from THE HELPER to NEW THOUGHT. No. 10 of Vol. 1 of this magazine will appear Sept. 4th, 1911, in the 13th year of THE NAUTILUS.

NEW THOUGHT is a sort of go-as-you-please child of the "Family Counsel" Department in Nautilus, wholly made up of extracts from letters, with answers by Elizabeth Towne. In short NEW THOUGHT is Elizabeth Towne at home, ready like Teddy, to talk on any imaginable subject from home economics to sociology and starology, from kirche to kuchen, from family gossip and gastronomy to Guggenheimers, from New York to Klickat and San Diego, from the latest in family jars to the colors of the cosmos, from politics to prunes, prisms, principles and practice, just as you like.

THE PRICE of New Thought is \$1.00 per year, for a single copy; no discounts; no premiums; no sending of papers after subscriptions have expired.

NEW THOUGHT is published on the following ideal principles:—

1. Absolute freedom as to subjects treated, and the manner in which they are treated.
2. No subsidies nor outside influences of any kind to sway the ideals or expression of the editor.
3. No paid advertising of any sort to be published therein.
4. The subscription price to cover all expenses and leave a modest profit for the publisher.

Among the subjects treated in the June NEW THOUGHT are: Overcoming Evil; Middle Age and Marriage; How to Help Your Husband Succeed; Practical Help for the Selfish; Trying to Influence Your Friends; Disease and Old Age.

"I never told you how I enjoyed from end to end, the copy of NEW THOUGHT you sent me. What a good name the paper has—and how beautifully it fulfills the promise! I wish it long life and plenty of subscriptions."—EMMA BELL MILES, Albion View, Tenn.

Among the articles for the July Number of NEW THOUGHT are: Positive Persons and Negatives; Influencing the Affections of a Woman Hater; Visualizing Your Desires; The Way to Concentrate; To Tame a Shrew; How Disappointment May Work for Good.

The August-September Number of NEW THOUGHT will contain:

Putting Children to Work.
Influencing Your Husband.
Making Over a Grouch.
Overcoming Self-Consciousness.
Cultivating the Head Line.
Expressing Your Affections.
When New Thought Editors and Teachers Fail to Practice.

NOTE. William and I spent so much time vacationing in July that I couldn't do the necessary editing for the August Number of NEW THOUGHT. But never mind—your subscription will be extended one month to make up for this lost number.—E. T.

Send all orders to THE ELIZABETH TOWNE CO., Holyoke, Mass.

A PROMISE OF HEALTH TO ALL WHO ARE ILL PHYSICALLY OR MENTALLY

AT MY CITY OFFICE | IN YOUR OWN HOME

To all calling at my office I offer a **FREE CONSULTATION**, including physical examination, and will give them my honest opinion of their case.

You who are suffering with Nervous and Mental Disorders, Neurasthenia, Neuritis, Fear, Depression, Insomnia, Loss of Memory, Lack of Ambition, Bad Habits, etc., may be cured if my advice is properly followed.

Chronic and Functional Diseases that baffle the orthodox physician, usually yield to my remarkable system of Educational Treatment.

MY METHODS HARMONIZE PHYSICAL AND MENTAL CULTURE.

Being a graduate of a medical school of high standing and having pursued Post Graduate studies abroad I am qualified to properly diagnose each case and to use such corrective agents as are required. The methods I employ are **SUGGESTIVE THERAPEUTICS, REGULATION OF DIET, COURSES OF EXERCISE, ELECTRO-THERAPEUTICS, HYDROTHERAPEUTICS AND CHIROPRACTIC PROCEDURES**, according to the needs of the individual case.



To all who write me, giving history and symptoms of their disorder, I will answer, **FREE OF CHARGE**, giving them my diagnosis and opinion as to the possibility of cure.

ARE YOU WILLING TO SPEND 30 MINUTES A DAY TO REGAIN HEALTH AND DEVELOP POWER? This is all that is necessary to rid yourself of the burden of ill-health and to develop your personality.

MY CORRESPONDENCE TREATMENT HAS PROVEN MOST EFFECTIVE. PATIENTS ALL OVER THE WORLD ATTEST THIS.

LET ME SUPERVISE YOUR LIFE FOR A TIME AND THE RESULT WILL BE INCREASED

EFFICIENCY AND FREEDOM FROM PAIN AND REPRESSION.

My practice is absolutely private. I have neither associates or assistants. All communications are held strictly confidential.

C. FRANKLIN LEAVITT, M. D.
4458 LAKE AVE., CHICAGO, ILL.

See What 50 Cents Will Do!



"How to Wake the Solar Plexus" is a most unique and interesting booklet, by Elizabeth Towne, upon deep breathing, and the Solar Plexus.

From very ancient times many writers have attached an unusual significance to the Solar Plexus and its functions. The Hindus of India claim that the soul functions through this great nerve center.

Be that as it may, this odd little book teaches that the Solar Plexus is a **center** or **storehouse** of life, power, or energy. That when this center is aroused to activity through deep breathing and other exercises, it radiates nerve energy to the whole body. The book contains breathing exercises of great practical value.

This booklet will help one to outgrow fear, anger, hate, worry and show how to develop concentration.

Mrs. Blanche C. Martin, Instructor in a prominent girls' school, writes: "I have used your little booklet as a text-book on thinking and breathing, and the pupils look upon it as a revelation. They put it into practice, too, and send the booklet to sick friends and parents."

Ella Wheeler Wilcox, the most famous woman writer in America, says of this book: "It contains a fortune in value, if you practice the exercises given."

Miss Maud Bentley, Fla., writes: "Have had catarrh for two years and through the principles of relaxation given in the Solar Plexus book I am positive that I have discovered its cause and now am much better than I have been for years."

R. J. Hughes, Lynchburg, Va., writes: "Five years ago I read 'Just How to Wake the Solar Plexus.' Last Summer I felt the need of it and got another copy, and have received from the practice of its teachings more peace and joy and happiness and health than from all other sources combined. I regard it the greatest inspirational booklet ever written. I shall always be grateful to the author for this."

Nearly 100,000 copies sold. Many have been helped by following its teachings. **Price of booklet, 25c.**

SPECIAL: We will send *Nautilus* 6 months to any NEW subscriber and include a copy of "How to Wake the Solar Plexus" for **only 50c.** Sign the coupon and mail 50c in stamps NOW. Book and magazine to separate addresses if desired.

THE ELIZABETH TOWNE CO.,
Holyoke, Mass.

Here is 50c per your special offer for *Nautilus* 6 months, to

.....

.....

and "How to Wake the Solar Plexus" to

.....

.....

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

USE Tissue Foods

Biochemistry represents a process of feeding the body, furnishing needed tissue elements in usable form, and thus supplying the deficiencies which cause disease. Nothing is used in Biochemic treatment but elements which are found in the human body in a state of health. There is no dope, no drugs. This form of treatment has cured every form of disease, and is bound to do so if proper selections are made. The best representatives of Biochemistry are the Ensign Remedies. Ordinary Biochemic Remedies contain but twelve tissue salts, from a mistaken idea that there are only twelve tissue elements in the body. The Ensign Remedies contain the twenty elements known to exist in the human body and in many combinations.

Booklets on General Diseases, Booklets on special diseases and many leaflets explaining the system, free to all. You will be interested in them. Write today.

ENSIGN REMEDIES CO.

Dept. Y, Battle Creek, Mich.

Hotel Cumberland

NEW YORK CITY

Broadway at
54th Street

A Real Home
Luxurious
Comfortable

Absolutely fireproof

Hardwood floors throughout, covered with genuine Oriental rugs, is a feature of the Cumberland which indicates the character of the entire establishment. Rare attention to homelike details eliminates the usual hotel atmosphere. Yet there is retained all the charm of hotel life

—provision for every want immediately at hand. And at prices within the limits of the average income.

The Cumberland is within:

- A few steps of surface cars, elevated and subway.
- Eight minutes' ride of the best shopping districts.
- Ten minutes' walk of twenty theatres.

"Broadway" cars from Grand Central Depot pass the door.

Rooms with bath, \$2.50 per day, upwards

Write for Booklet Today.

HARRY P. STIMSON, Manager



What New Thought Is And What It Does

Little Booklets With Big Ideas

Written by people whose words count. Just right to tuck in a letter to a friend or to distribute free to those who need the light.

ELLA WHEELER WILCOX'S

"What I Know About New Thought."

Her definition of it, written in her usual inspiring style. Gives her idea of what New Thought is and how it may help one."

FLORENCE MORSE KINGSLEY'S

"How to Use New Thought."

In this little booklet Mrs. Kingsley tells how New Thought has helped her and what further she expects from it, and just how to make it helpful.

WALLACE D. WATTLES'

"Marital Unrest; a New Remedy."

Here is a new remedy for the discontent and unhappiness so often found in the marriage state.

JULIA SETON SEARS, M. D.

"Thought Force for Health."

This article is the most popular ever written by Dr. Sears for *The Nautilus*. Cosmic Healing in a nutshell.

Each booklet contains 8 to 16 pages, 3½x6¼ inches, printed in bronze, blue and black, respectively, all from clean, new type.

This Came With an Order:—

"I want 20 copies 'In Tabloid' to wreak on some friends. Send 5 copies to each. I greatly admire each one of the REGAL FOUR."—C. W. FARRINGTON, Goshen, Ind.

Price, 25 cents for twenty copies; \$1.00 per 200; \$2.25, per 500, postpaid. Single copies, 10c. The booklets will not be sold in quantities less than twenty copies, but orders of twenty or more may include all booklets.

50 YEARS OF FAILURE; 10 YEARS OF SUCCESS; AND WHY.

A Symposium of Practical Demonstrations of the power of New Thought to help one on to health and success. The personal experiences of seven people, related by themselves.

"THOUGHT FORCE FOR SUCCESS."

By Elizabeth Towne.

This is a 16-page booklet, larger than any of the others.

Price for "Thought Force for Success" and "50 Years of Failure" is: 6 copies of either, 25c; 100 copies of either booklet, \$2.00.

Address THE ELIZABETH TOWNE CO., Holyoke, Mass.



Prof. Brooks

Make the Farm Pay

Complete Home Study Courses in Agriculture, Horticulture, Floriculture, Landscape Gardening, Forestry, Poultry Culture and Veterinary Science under Prof. Brooks of the Mass. Agricultural College. Prof. Craig of Cornell University and other eminent teachers. Over one hundred Home Study Courses under able professors in leading colleges.

\$50 page catalog free. Write today.

THE HOME CORRESPONDENCE SCHOOL

DEPT. 139, SPRINGFIELD, MASS.

Please mention NAUTILUS when answering advertisements. See guarantee, page 5.



Mrs. Mary E. Teats
Founder of this School and
President of Board of Control.

The Correspondence School OF GOSPEL and SCIENTIFIC EUGENICS!

An Educational Movement for
INTELLIGENT PARENTHOOD
THROUGH CORRESPONDENCE!!

**Six Civilized Nations Represented
in this School!!**



Prof. N. N. Riddell
President of School Board.

Students' Endorsements No. 1.

"After graduating from your School, I am prepared to state definitely, your School is in advance of anything before the public today to furnish an Intelligent Parenthood and Well Born Children."

A. C. BAINBRIDGE, Nat. Lecturer for W. C. T. U.

No. 2.

"If I had a thousand dollars, I would use it in helping young men and young women to take the course in your School."

DR. H. A. DANDY.

Through Ignorance, Humanity is being robbed of its Birthright!!! This School will tell you the REASONS WHY; and furnish you the Knowledge that will enable you to give your children a superb Inheritance! Sacredly, Reverentially and Scientifically, this Knowledge will be given you!

We issue Certificates to our Graduates, to the effect that they are qualified to **Intelligently** assume the Responsibilities of Marriage and Parenthood, as far as **Knowledge** goes.

The price of the first Grade is Two Dollars (\$2.00). Send One Dollar (\$1.00) for the first two lessons of this Grade.

We guarantee satisfaction, or money refunded. This is fair, is it not?

Write for free Catalogue, if you do not care to remit at once.

Don't Procrastinate!!! Reader, this means YOU!!!

Address M. E. TEATS, 466 Bowen
Avenue, Chicago, Ill.

Students' Endorsements No. 3

"I consider the benefit derived from the course in your School, of greater value than my six years' study in the University from which I graduated, at a cost of \$3,000.00. My prospective life companion is also taking the course, and the knowledge we have gained from your School has given us a beautiful conception of life, and a determination to give our children the best possible Inheritance."

OLIVER JONES, Bachelor of Science, Oakland, Calif.

Walter De Voe

author of

The Books That Heal

is a successful practitioner of Mental Science of over twelve years' experience.

He has developed a System of Healing that combines the POWER of telepathic and spiritual vibrations with methods of physical and mental development conducive to the quickest and most complete restoration of the body and mind to health.

Instruction is given to patients by personal correspondence. Only a few patients can be taken as the work is personal and confidential.

Send twelve cents for Healing booklet and other literature.

WALTER DE VOE

2057 East 69th Street,

Cleveland, Ohio

NOW READY THE WONDERFUL BOOK

A PRACTICAL GUIDE TO

Mediumship and Psychical Unfoldment



SPIRIT PHOTOGRAPH

The authors are two well-known investigators and successful clairvoyants of London, England.

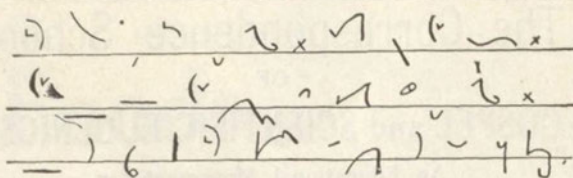
Their seances have been pronounced wonderful by the foremost scientists of the world. They are two of the few mediums who have never been accused of fraud. They have always encouraged the closest investigation of their work and never once has anyone doubted their honesty.

This is by far the most complete and instructive book on this subject that has ever been written. Most of the writers that have written on this subject were not clairvoyants themselves and therefore they could not give their actual knowledge. These authors are clairvoyants and give in this book what they have learned from twenty-five years' study. They developed their own mediumistic powers and have assisted a great many others to develop theirs. With this book you can develop yourself. Everything is explained so thoroughly that you do not need a teacher. If you follow the instructions given in this book you will be surprised at the results. They also teach you how to protect yourselves at all times so that you will not injure yourself, and how to keep others from injuring you. Bound in cloth, 303 large pages. Price \$1.10, postpaid. Send for our catalogue of Occult Books.

THE OCCULT PUBLISHING COMPANY, 161 North State St, Chicago, Ill.

The House that returns the money if goods are not satisfactory.

Please mention NAUTILUS when answering advertisements. See guarantee page 5.



Study Shorthand

A good stenographer can go into almost any city in the United States and get employment. Your chances of getting into office work are many times greater if you know Shorthand. Stenographers usually have the best chance to learn the business. You can use Shorthand in many ways, even if you do not care to become a stenographer.

You can learn Shorthand right at home during spare moments. My course is complete in 14 easy lessons. Price so low it will surprise you. You can meet my easy terms. Write your name and address on margin of this ad, clip and mail to me NOW for special easy-payment proposition. **WILLIAM E. TOWNE, Dept. 1, Holyoke, Mass.**

A Three For One Offer



The Elizabeth Towne Co.,
Holyoke, Mass.

Here is \$1.00 for *Nautilus* a year, six back numbers and "The Message of the New Thought" as per your special three for one offer.

Name.....

And.....

Address.....

Good Things You Almost Missed

MRS. FOLLETT'S FUNERAL and THE CHANT OF THE LIVING SPRING, by FLORENCE MORSE KINGSLEY, the greatest American Woman Writer of the kind of stories that **get somewhere**.

THE TEACHINGS OF NATURE, by LUTHER BURBANK, the man who can make nectar flow from a quince!

TWO EASY AIDS TO SUCCESS and THE HABIT OF TRIUMPH AND VICTORY, by ADELAIDE KEEN. Cracking good reading for the ambition-keen.

LESSONS IN CONSTRUCTIVE SCIENCE, by WALLACE D. WATTLES, who was called the Abraham Lincoln of Socialism.

LIVELY COMETARY TIMES, by PROF. EDGAR L. LARKIN, one Scientist, who is not "dry as dust."

THE CHILD AND THE LAW and MISFORTUNES OF MICKEY, by BEN B. LINDSEY, the "Kids' Judge" of Denver, who is teaching the machine to eat out of his hand.

Things Yet To Come

SINCLAIR LEWIS writes "Captains of Peace." Here is a real, live, up-to-date serial dealing in a very thrilling way with World Peace and Aviation.

WILLIAM WALKER ATKINSON will write many of his splendid practical articles for *Nautilus* this year. These articles will be invaluable to those who wish to acquire the habit of success.

ANNIE RIX MILITZ will write on "The Renewal of The Body." If you really want better HEALTH don't miss this series, as it is of the "none such" variety.

ELLA WHEELER WILCOX and EDWIN MARKHAM will write many new and inspiring poems.

ELIZABETH TOWNE'S EDITORIALS, which are helping thousands to realize more of health, happiness and success.

How To Get All---And More

Just take advantage of the offer below and you get all the Good Things (with much more) contained in the 6 back numbers as specified above. AND a copy of WILLIAM WALKER ATKINSON'S new book, "THE MESSAGE OF THE NEW THOUGHT." This book will ground you thoroughly in the history and principles of New Thought, and put you in line for self-development through New Thought as taught in *The Nautilus*.

This offer is good only so long as these special back numbers last, **SO THE TIME TO ACT IS NOW.**

THE OFFER: Subscriptions to go to NEW Subscribers only.

Nautilus 1 year in advance,
Six back numbers,
The Message of The New Thought,

\$1.00

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

PSYCHCOMA

(Or Soul Sleep)

BY HELEN RHODES



HELEN RHODES.

This book teaches new ways in self-development and the cultivation of unused forces of mind. It really tells how to draw out one's own latent capacity and powers.

This book proclaims a new theory of life. The author teaches that the experiences of ordinary physical existence are a sort of *dreaming out loud*, and that from this Soul sleep (Psychcoma) we must awaken in order to come into a real and true consciousness of life. How to accomplish this is taught in "Psychcoma."

Helen Rhodes is particularly fitted for such teaching as this. Educated at Columbia and Chicago Universities. Six years studying the various advanced religious cults. Traveled everywhere. She studied with Anagarika Dharmapala, the great teacher of Buddhism. She is said to be the highest-priced Chautauqua lecturer in America.

PARTIAL SYNOPSIS.

How to Use Psychcoma (Elizabeth Towne)—Psychcoma or Soul Sleep—The Key Note of Existence—Birth and Death—Astral, Physical, Spiritual Life—During Our Waking Period We are Dreaming Out Loud—Obsession—Subliminal Self—Transmutation of Instinct—Cosmic Consciousness—Transmutation—Sex—Law of Vibration—Control of the Breath with Liberating Exercises—Law of Meditation and Concentration—The Inward Breath Used by Adepts—Awakening the Subconscious Mind—The Law of Suggestion—Concentration, Meditation—The Silence—Sleep as the Great Opportunity for Development—Purpose of Sleep Not Merely to Rest the Body—Mastership—Cosmic Consciousness—Pragmatism—Special Keys—Happiness—Dominion—Realization—Healing.

READ THIS:

"'Psychcoma' is wonderful. I read all yesterday evening and got up early to finish. It will and has helped me upward and forward and I must read it again. For a long time I conquered my desire to underlive, then I began, but the greater part needs it."—GUDRUN HOLM, M. D. (Instructor in the six largest hospitals in New York City and director of her own school of Swedish Medical Gymnastics and Massage.)

"As a literary achievement it is a gem, scintillant with glowing truths, lighting the reader's way into the very Holy of Holies of the secret place of the 'Most High.' Each reading affords a distinct revelation of heretofore unknown depths. The idea of the 'inward breath,' harmonizing and rounding out the physical and spiritual into a perfect whole is indeed splendid."—EVA C. G. FOLGER, E. Haven, Conn.

PSYCHCOMA is printed in large, clear type, 158 pages, with portrait and signature of the author. An artistic volume, bound in silk cloth. Price, \$1.00, post-paid.

SPECIAL: A copy of **PSYCHCOMA** FREE for two NEW subscriptions to *Nautilus* at \$1.00 each; or for one NEW subscription and 60 cents extra. (Canadian postage, 24c extra.) (foreign, 50c extra.) Send now. Address: **THE ELIZABETH TOWNE CO., Holyoke, Mass.**



Feel Better Than Ever In Your Life

The ideal Food Medicine for Brain-workers, the over-worked, busy man, or the care-worn nervous woman.

A remarkable discovery has been made in the Alfalfa plant which chemical Analysis shows to contain most of the elements which go to make up the ingredients of the human body. Already the ingredients of this medicinal food plant have been used with remarkable results, and a well-known expert has testified after a careful analysis that Robinson's famous **Alfalfa-Nutrient** contains no alcohol, poisonous drugs, narcotics, opiates, or deleterious ingredients of any kind.

Ten Day Treatment Sent Free To Prove It

The Alfalfa plant has been known for its wonderful fattening properties, but not until recently has it been known to be a specific for weak nerves, Indigestion, Dyspepsia, Constipation, Catarrh, Loss of Appetite, Weak Circulation, Blood Impurities, Pimply Complexions, Sallow Face, Dead Looking Eyes, General Weakness, Lack of Ambition, Kidney Troubles, Torpid Liver, Rheumatism, Locomotor Ataxia, Anemia and Female Troubles.

Read Miss Howe's Strong Letter

Miss Maud Howe, 375 Manhattan Ave., N. Y. City, writes: "I was very anemic, thin and run down. Four boxes of Alfalfa cured me, and Alfalfa-Nutrient will give you such a vivacious feeling, put strength in your nerves, rich blood in your veins, regularity in your bowels and have all your vital organs working in such splendid order, that your face will clear up at once, your complexion become velvety and rosy, and your whole body bound with new life and vigor. I owe my present, perfect physical health alone to Robinson's Alfalfa-Nutrient which of all the Blood and Nerve remedies I have tried is certainly the best."

To prove to anyone that this is absolutely true, we will send for 4c postage a 35c ten days treatment of Alfalfa-Nutrient in plain sealed package with 56 page scientific booklet "How to Develop the Form and Secure Perfect Health." Lady and gentlemen ag'ts wanted. Write today for free trial. **Alfalfa Chemical Co., 799 Unity Bldg., Chicago.**

Don't Miss the First Numbers of

Little Farms Magazine

Crowded with FACTS showing how a little land means living and LIBERTY. Worth a thousand years of THEORY. One year one dollar. Three months trial ten cents.

BEGIN AT THE BEGINNING

LITTLE FARMS MAGAZINE

115 B. F. Coulter Building, Los Angeles, Cal.



Prof. Genung
English

Home Study Courses

Over one hundred Home Study Courses under professors in Harvard, Brown, Cornell and leading colleges.

Academic and Preparatory, Agricultural, Commercial, Normal and Civil Service Departments.

Preparation for College, Teachers' and Civil Service Examinations.

\$50 page catalog free. Write to-day.

THE HOME CORRESPONDENCE SCHOOL

31 BESSE PLACE, SPRINGFIELD, MASS.

Please mention NAUTILUS when answering advertisements. See guarantee, page 5.



.. THE YANKEE TRADER ..

A DEPARTMENT FOR ALL OF OUR READERS Who Wish to Buy, Sell or Exchange.

COST

Only 4c per word for Ads in this department, cash with order and no discounts. No display. No Ad accepted for less than \$1.00; none longer than 200 words. Name and Address to be counted and paid for.

CLOSING DATE

Ads must reach us by the 6th of the month to secure insertion in issue of month following.

ADS BARRED

Stock Investments, Character Readings, Mediums and Matrimony Ads are barred. If you find a dishonest advertiser in these columns, let us know and the favor will be appreciated.

Address THE NAUTILUS, Holyoke, Mass.

BOOKS, MUSIC, ETC.

WE ADVISE YOU FREE, and Loan by Mail the very best standard books on Success, Business, Recreation, Health, Home, Social and Political Problems, Religion, Occultism, New Thought, etc. Prompt service. No security or tiresome rules. Full lists and Bi-weekly Critic, for postal with your name and address. Oriental Esoteric Library, 188, Washington, D. C.

THE BIOLOGY OF SEX, by Gideon Dietrich, is the keystone to a correct knowledge of sex phenomena. A book for those who are married, or are going to be. Fifty cents, postpaid. Educational Press, Inc., 19 Metropolitan Bldg., Chicago. Clearing house for good books.

GOD DIVINED that we should be Healthy, Happy and Successful. He did this and it lies within your power to be so. You need but gain the complete control of body, mind and soul that Soul Science teaches. Tells things never told before. Send stamp for information. Philosophical Publishing Co., Allentown, Pa.

MUSIC BOOKS. Studies and exercises, either vocal or instrumental; "Musical Dictionaries," "Scales and Chords," "Harmony Books," etc. The price of any book will be sent on request. Address Francis Publishing Co., Revere, Mass.

OSIRIAN FELLOWSHIP. Which are you choosing—Life or Death? Osirian Christianity explains the mystery. Reincarnation is the Philosophy of Life, the teachings of Ancient Egypt. Get the two wonderful booklets, "Osirian Fellowship," and "Osirian Christianity." Now only 10 cents for both. Egyptian Publishing Co., Richmond Center, Pa.

SHEET MUSIC SONG, "Those Magical Eyes," portraying the mental magnetic healer. And a battle poem. Twenty cents, dimes or stamps. W. W. Johnson, Box 431, Gas City, Ind.

HOW TO ENTER THE SILENCE. Valuable lesson on above and three issues "Plenty," fine little New Thought magazine, 10c. M. Dawson, Box 81, Washington, D. C.

"LOVERS' SECRETS," an invaluable book on Love, Courtship and Marriage. Contains 210 large pages of winning advice, 50c. "Occult Forces," a key to personal magnetism, 146 pages, 30c. "How to Win Success," 362 pages (illustrated), \$2. "The Power of Personal Influence, Your Latent Forces and How to Use Them," 128 pages, 25c. "Suggestion the Secret of Success," the most complete treatise on Hypnotic Suggestion, Personal Magnetism, Suggestive Therapeutics, Electrical Psychology and Psychic Phenomena in general ever issued; over 200 pages, \$1. "The Mystery of Love," the profoundest wisdom of some of the wisest men has been devoted to expounding its philosophy, over 300 pages, \$2. All for \$5. Catalogue free. A. W. Martens, N. O. E., Burlington, Iowa.

WONDERS AND SECRETS of Human Magnetism, startling facts YOU should know, and five "Occult Stories;" 6 cents. New Man Publishing Co., Dept. 4, Ravenna, Neb.

FRANCES LARIMER WARNER'S NEW HOME Port-Ideal-on-the-James, came as the fulfillment of demand. Get her New Lessons on Supply. Address, Williamsburg, Va.

HAVE YOU GOT IT? You surely want it. Just what you're looking for. A sweet song in waltz time, "How I Wish Papa Would Come." Price, 20c per copy (silver). E. Rosalyn Cooley, 87 William St., E. Bridgeport, Conn.

REMEDIES, ETC.

GET WELL. Orange Manna will make you well. Give it a chance. It is the great natural cure for all chronic, wasting diseases. All grain and fruit. Send for free samples and circulars, 131-15th street, Denver, Colo. W. W. Knight, Proprietor.

PERFECT HEALTH IMPOSSIBLE if constipation exists. Send 25c for Chronic Constipation Overcome by Natural Methods. E. M. Field, Avon and Husted Sts., Los Angeles, Cal.

ECZEMA, PSORIASIS, Tetter, Old Sores, Catarrh, Dandruff, Sore Eyes, Rheumatism, Neuralgia, Stiff Joints, Itching Piles, cured in three weeks or money refunded. Write for particulars. Expressed for \$1.00. Eczema Remedy Company, Hot Springs, Ark.

"THE MILK CURE" for regaining health and rapidly increasing weight. Copyright, 1911, by Howard Hill, Glens Falls, N. Y. See full advertisement in this issue.

LUXUR IS A THOROUGHLY reliable hair remedy. Luxur will convince the most skeptical; is what patrons say. Package, 25c. A. E. Gebhart, R. 3, Lewisburg, Pa.

DEAFNESS: For one dollar I will tell you how I cured my deafness after ten years' unsuccessful treatment with specialists. It is "simple and good," and absolutely new. George B. Wallace, 71 Marshall St., Buffalo, N. Y.

PILES—Their Cause and Cure. A simple, safe, sure, drugless home remedy in typewritten pamphlet form. Price, One Dollar. Dr. Eidt, Mechano-Therapist, Stratford, Ontario.

BROTHER, accidentally on camping trip discovered root will cure tobacco habit and indigestion. Gladly send particulars of this wonderful root. No drugs. L. C. Stokes, Mohawk, Florida.

A LEGAL GUARANTEE protects you against loss. Like magic it stops falling hair, promotes its growth and cures scalp disease. A positive dandruff remover. Full size bottle sent prepaid, 50 cents. Bell's Dandruff Lotion Co. (not Inc.), 414 E. 69th St., Chicago, Ill.

MOTORISTS, your eyes get red and sore from dust, wind; goggles will not prevent this. Three drops of EYE-ESE clears them instantly, improves vision. Pocket package invented for travelers, dropper and container combined; always handy. By mail, \$1. Eye-Ese Co., 1402 Broadway, N. Y.

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

TROPHOTHERAPY (Food Cure) tells how to cure diseases with wholesome food. Send for descriptive circular to G. Drews, A1-D., 430 E. 42d St., Chicago, Ill.

"PAINLESS CHILDBIRTH." Concise, plain, practical, typewritten instructions to that end. One dollar, postpaid. Dr. De Mork, Bridgeport, Conn.

BE YOUR OWN BEAUTY DOCTOR. Ten recipes, creams, lotions for face, hair, teeth, hands and feet, 25c. Home Toilet Remedies, 461 Spitzer Building, Toledo, O.

FAT ONE. By correcting errors of digestion and assimilation I remove fat and its cause. No starving, diet, exercise nor drugs. Cure or the money back. Box 189, Norfolk, Va.

KREMB'S STOMACH POWDER different from anything you have used. For dyspepsia and all stomach disorders one dose relieves. Price, \$1.00, prepaid. Satisfy yourself. Send for free sample. E. M. Krembs, 1028 National Ave., Milwaukee, Wis.

MISSION VIOLET, dainty, fragrant and lasting, 10c a package, 3 for 25c. E. R. Newhall, 1300 Carroll Ave., Los Angeles, Cal.

BEAUTIFY YOUR HOME with a bit of Tropical Florida. Two thrifty young palms sent postpaid for one dime. Curiously beautiful. Air Pines growing absolutely without soil, ten cents each. Frances Tilton, Bradentown, Florida.

HELP WANTED.

LOCAL REPRESENTATIVE WANTED. Splendid income assured right man to act as our representative after learning our business thoroughly by mail. Former experience unnecessary. All we require is honesty, ability, ambition and willingness to learn a lucrative business. No soliciting or traveling. This is an exceptional opportunity for a man in your section to get into a big, paying business without capital and become independent for life. Write at once for full particulars. Address E. R. Marden, Pres. The National Co-Operative Real Estate Company, 1, 544 Marden Building, Washington, D. C.

WANTED—Good all around printer, with presswork experience; some mechanical knowledge. Middle aged man preferred. New Thought plant. Mental scientist only wanted. State experience and wages wanted. Riches, Ruskin, Tenn.

FREE ILLUSTRATED BOOK tells about over 360,000 protected positions in U. S. service. More than 40,000 vacancies every year. There is a big chance here for you, sure and generous pay, lifetime employment. Easy to get. Just ask for booklet A 870. No obligation. Earl Hopkins, Washington, D. C.

START HOME BUSINESS. Collect names, information, etc., for business concerns. Sell your ideas and knowledge by mail. Some make \$1,000 monthly. Instructive booklet free. Nat'l. Information System, Dept. N., Marietta, O.

BUSINESS CHANCES, ETC.

RENEW YOUR LIFE. Make \$20 to \$100 weekly. Method inexpensive, effective; develops mental and magnetic powers; new system; quick success. Dr. Delmer, Grove Hall, Boston, Mass.

WITH \$10 TO START I made as high as \$1,000 a month. Booklet. "Money-making Opportunities in the Mail Order Business," sent for 2c stamp. McKean, Desk 380, 2232 Eighth Ave., New York.

WANTED—500 NEW THOUGHT people to join me in organizing a Co-operative Colony in Florida on a new practical plan. Address Eric von Axelson, Laurel Hill, Florida.

BE INDEPENDENT! Send ten cents for a book that points the way to a cash business of your own, in an unworked field. Part or whole time. No capital, no risk, and with almost unlimited possibilities for extension. Juntoco, Box 123, Yonkers, N. Y.

FOR SALE, five acres of land in Marion Co., Florida; one-fourth mile from railroad station. For further information write to A. E. Farnham, Russell, Minn.

ANY WOMAN can make a good, honest living at home all the year around by my simple working plan. Can be used by anyone anywhere. Full directions and starter, 25c silver. Money back if not as represented. Mrs. N. Bausch, 152 Miller Ave., Brooklyn, N. Y.

FOR SALE. Handsome, Very Old brass door knocker. Fine for bungalow. Price, fifty dollars (fully guaranteed). Address, care of Standard Book Co., Williamsburg, Va.

AMATEUR KODAK SNAP SHOTS make attractive souvenir postcards when printed with the "M. & M. Photo Mats." Such postcards sell wonderfully well, also. Package of Photo Mats, different styles, with full directions for use, sent postpaid for 25 cents. Millard & Manning, 3355 Sheffield Ave., Chicago.

GO PIONEERING in God's country. Raise apples fit for the Gods. This land will raise you to prosperity—it did me. \$15 to \$2,000 acre. You make \$15 land worth \$2,000 in a few years. Geo. W. Parrish, Monitor, Wash.

A BUSINESS OF YOUR OWN. The Manufacturing Mail Order Business offers greater possibilities to the man or woman of small capital than anything else. My booklet, "The Pathway to Prosperity," tells you all about it. Shows what others have done. Tells you how to turn your spare time into money and establish a pleasant, permanent and profitable business with practically no investment. Sent free on request, together with lists of hundreds of valuable Formulas, Processes and Trade Secrets. Ask for a copy now. W. L. Cummings, Ph. D., 137 Standard St., Syracuse, N. Y.

FOR FIVE CENTS, an exquisite hand-colored Head—"The Lavender Girl"—postcard size, extra fine water-color board, protected by tissue envelope. Suitable for mailing or framing. This is to make you acquainted with the unique and dainty novelties we carry—we want your vacation and holiday orders! The Parker Co., Desk A., 218 South Wabash Ave., Chicago.

INSTRUCTION BY MAIL.

PRODUCING BUSINESS. My New Method Sales Letters and follow-ups get actual orders. Mail data or write. John Kintworth, 618, Marietta, O.

NOTICE. CLOSING out my illustrated three-dollar Hair Culture Lessons at 50c each. Thousands sold and not one complaint. Satisfaction guaranteed. David Speer, Rockford, Ill.

CARNEGIE COLLEGE; Home Study; Free Tuition; Normal, Academic, Business, Agricultural, Engineering, Poultry, Language, Drawing, Civil Service Courses. For "Free Tuition" apply Carnegie College, Rogers, Ohio.

MEN WANTED for Government positions,—October examinations everywhere. Influence unnecessary. \$90.00 a month. Annual vacations. Write for list of positions open. Franklin Institute, Dept. N-61, Rochester, N. Y.

MISCELLANEOUS.

"FREE TO LADIES." For a red stamp will send you Beauty Secrets worth a dollar. D. A. Gorman & Co., 568 Golden Gate, San Francisco.

MAP OF YOUR LOCALITY, wherever you live, finely engraved, all roads, streams, houses; every detail, 25c. Universal Map Co., Box 81, Washington, D. C.

FROM YOUR COMBINGS let me make a switch, transformation puffs or any hair goods desired. Send combings of three friends and get yours made free. Also teach hair work by mail. Write today. Frances Blanchard, Mason City, Ia.

WILL TRADE 50 Egg Invincible Hatcher and Brooder—good as new, for 6 Thoroughbred Buff Wyandotte hens. E. G. McClellent, 4 Cleveland Bldg., Detroit, Mich.

OLD COINS, POST CARDS, ETC.

OLD COINS, \$7.75 paid for rare date 1853 quarters, \$20 for \$1/2. We pay a cash premium on hundreds of coins. Keep all money dated before 1884, and send 10 cents at once for our new illustrated Coin Value Book, size 4x7. It may mean your fortune. C. F. Clarke & Co., Coin Dealers, Dept. 21, Leroy, N. Y.

Please mention NAUTILUS when answering advertisements. See guarantee, page 5.

New Thought Practitioners

BROOKLYN-NEW YORK CITY, 32 Putnam Ave.; Drugless methods harmonizing with New Thought; personal services at my office or your residence. **DR. BRADFORD, NERVE SPECIALIST.**

Trinity of Health, Physical, Mental, Spiritual. **M. ELLEN VAN VOAST**, teacher and healer. Treatments for harmony on all lines, including success. 1428 Clifton St., Washington, D. C.

Mental Healer. **ELIZABETH CHRISTIAN**, 10 KEMBLE ST., UTICA, N. Y. The mental treatment is supplemented by physical methods, which hasten the return of health.

EDITH MARIE RAYMOND, 302-22nd St., DENVER, COL. Practical lessons in Success and Happiness. New Thought Circulating Library. Leading New Thought books for sale.

PRISCILLA KNOX McARTHUR. Teacher of Physical, Mental and Spiritual laws which lift mind and body. Mental treatments by appointment. Call or write, 1340 La Salle Ave., Chicago. Phone Dearborn 1232.

MRS. CLARA C. McLEAN'S Classes and Treatments in Mental Science. Personal interviews Tuesday mornings. Advanced class, Friday, 2.30 p. m. Free. New Thought Library, 403 WINEBIDDLE AVE., PITTSBURGH.

MENTAL THERAPEUTICS combined with corrective and invigorating physical exercise. Address with stamp, **MISS CARTER**, 507 South Warren St., Syracuse, N. Y.

NATIONAL NEW THOUGHT CENTRE. **MISS EMMA GRAY, DR. GEO. RICKER**, teachers and healers; twenty years' experience. Reading Room and office. Loan and Trust Building, Washington, D. C.

REST READING ROOM AND HOME, 719 14th St., Oakland, Cal. Teaching and Healing. Sundays, 11 a. m.; Thursdays, 8 p. m. **MRS. HELEN E. CLOSE, MISS IDA B. ELLIOTT**, Ministers.

OLIVIA KINGSLAND. Lessons in Mental and Physical Culture. Advice and treatment for health and success. Write or call. 48 Portola St., San Francisco, Cal.

WOODBURY, N. J., 146 MAPLE AVE., **WM. C. HILL, SUGGESTIVE THERAPEUTIST**, successfully treats for Health and Success. Correspondence confidential. Send 2c stamp for terms and methods.

CHARLES W. CLOSE, Ph.D., DEPT. S, BANGOR, ME. Mental Healer. 48-page booklet, giving method and terms for two-cent stamp. 25 years' successful practice.

The well-known healer, **HELEN A. HEARST**, will receive patients for health and success through correspondence. Enclose stamp. Suite 3, 76 Huntington Ave., Boston.

MRS. C. A. BARTHOLOMEW, Lansing, Pa. Experienced New Thought teacher and healer. No charges unless patient is benefited.

DIVINE SCIENCE HEALING AND TEACHING by **W. JOHN AND SARA VAN ALLEN MURRAY**. Reading rooms and offices at No. 113 West 87th St., New York City.

ORPINGTONS THAT WIN In Show Room or Utility Pen Buff and Black

Don't forget that the Male bird is half your flock. We have some high scoring cockerels for sale.

HICKORY FARM (Ludlow, Mass.)

Address: George W. Pike, Prop., 5 Madison Ave., Springfield, Mass.



Dr. Campbell
Principal

NORMAL COURSES

Our Home Study Courses for teachers prepare for Certificates of every grade. Special courses in Pedagogy, Psychology, Primary Methods and Kindergartens. We assist in securing positions.

Over one hundred Home Study Courses under Professors in Harvard, Brown, Cornell and leading colleges. 250 page catalog free. Write today.

THE HOME CORRESPONDENCE SCHOOL
DEPT. 165, SPRINGFIELD, MASS.

Start A New Thought Center

OR A NEW THOUGHT CLUB;

We Will Help You.

ARE YOU INTERESTED IN NEW THOUGHT? WHY NOT INTEREST OTHERS? MAKE IT PLEASURABLE AND PROFITABLE. ORGANIZE YOUR FRIENDS INTO A NEW THOUGHT CENTER. IT WILL MAKE FOR HEALTH AND HAPPINESS ALL AROUND.

There are at least a dozen people near you who are **your** kind! So why not start a New Thought Center or headquarters where congenial people who are interested in these teachings can get together for meetings, for study, sociability, etc. A place where helpful literature along these lines can be obtained. A hearty welcome will be given you by any of the centers listed on our inside front cover. Try it once.

If you are a worker and want to do something of this sort, or if you are already established as a teacher of New Thought, be sure to write for our free special letter on the subject, and let us know if you want some free advertising. Address: **The Elizabeth Towne Co., Holyoke, Mass.**



CATARRH, ASTHMA CURED WHILE YOU SLEEP

Two or Three Cents a day if you are satisfied, and Nothing if you are not. Harmless, Convenient, Agreeable, Private, and Marvelously Certain. **INHALANT** is Discovery of an Eminent Physician, improved by us through years of experience, and is Best in the World. **INHALER** is our Patent and is Best Ever Devised. Its cures of **CATARRH** caused patients to name it, "**THE LITTLE WONDER**." Its cures of **ASTHMA** have looked like Miracles. By far the best for **BRONCHITIS, HAY FEVER** and Catarrhal Disease in every form and stage. Best Remedy for **COLDS**, and prevents **Pneumonia**. Cures or prevents **DEAFNESS**, and restores **LOST SMELL**. **LITTLE CHILDREN** infallibly and easily cured. **BAD BREATH** it never fails to cure. Succeeds as nothing else can, because it is the Right Medicine

applied in the Right Way,—that is, **CONTINUOUSLY**. A healing Balm laid directly on the Sore Spot, whether in Nose or Bottom of Lungs. Change of Climate without Change of Residence. Takes none of your time, does not hinder the breathing, and may be regulated to any force desired. Needs no help from other medicines. A Triumph of Science and Common Sense. **LONG TRIAL**. Sold always under **STRICT, LEGAL GUARANTEE**, which would have ruined us long ago but for the Astonishing Reliability of the Remedy. Write today, as you may not see this again; for never before has come to you a thing so Wise in its Means, so Strong in its Proofs, so Easy in its Application, so Generous in its Terms, so Certain in its Results.

E. C. C. CATARRH-ASTHMA CURE,

3041 Van Buren Street, CHICAGO

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

Washington News Letter



OLIVER C. SABIN.

A beautifully printed monthly magazine devoted to **Divine Healing**.

Edited and published by Oliver C. Sabin, Bishop of the Evangelical Christian Science Church, Washington, D. C.

Each number of the News Letter contains one or more lectures by Bishop Sabin as delivered before his church at Washington. These lectures cover plainly and simply the subject of **Divine Healing**. They instruct you how to proceed in self-healing or in helping others. Many interesting illustrations are drawn from the personal experiences of the lecturer in healing work. Each number of the News Letter also contains many articles by writers engaged in New Thought work. Also a Children's Department for the little ones.

The magazine is printed on the finest grade of super calendered paper, and each issue contains 64 pages, with very little advertising.

Subscription, \$1.00 per year. Or send 10c NOW for three trial numbers. Address **OLIVER C. SABIN, Box 374, Washington, D. C.**

Send 12c for **DIVINE HEALING**, 112-page book.

FOR WORLD PEACE

FOR HOMES, SCHOOLS, PUBLIC BUILDINGS, OFFICES, LIBRARIES, ETC.

In response to many requests, we are putting out the "For World Peace" motto (read it on another page), on 80-lb. India tint wove paper, 16 3/4 x 14 inches. It is printed in heavy black face large type, with a handsome border all around. How many do you want at

10c per Copy,

Securely mailed in a tube.

50c per dozen copies or \$2 per hundred.

Post them in schools, homes, and other public places and help along World Peace. The same motto on a small slip, just right to slip into your letters, 25c a dozen; 50c for 100, postpaid.

The Elizabeth Towne Co., Holyoke, Mass.

DON'T WEAR A TRUSS

FREE **STUART'S PLAS-TR-PADS** are different from the painful truss, being made self-adhesive purposely to hold the rupture in place without straps, buckles or springs—cannot slip, so cannot chafe or compress against the public bone. The most obstinate cases cured in the privacy of the home. Thousands have successfully treated themselves without hindrance from work. Soft as velvet—easy to apply—inexpensive. Process of cure is natural, so no further use for trusses. Awarded Diploma and Medal as meritorious invention. We prove what we say by sending you Trial of Plapao absolutely **FREE**. Write name on coupon and mail **TODAY**. Address

TRIAL OF PLAPAO PLAPAO LABORATORIES, B'k 29 St. Louis, Mo.

Name.....

Address.....

Return mail will bring Free trial Plapao.....

Please mention NAUTILUS when answering advertisements. See guarantee, page 5.

A Self Filling Fountain Pen

FOR ONLY \$1.35



The cost of rubber has gone up. The cost of labor has gone up. The manufacturers of the **COMMERCIAL** (formerly known as the Automat) pen have just advised me that **they must advance their price to me**. In their new catalogue the retail price of the pen is **\$2.00**. I have decided to make price for the present **\$1.35**.

You know that I have been advertising this pen in *Nautilus* for years. You can read below what buyers say of the pen, and **my guarantee**.

The **COMMERCIAL** is almost as easy to fill as an ordinary pen is to dip in ink. One-fourth minute is all the time required to clean or fill it. **No inky fingers**.

A simple pressure of the bulb shown in center of holder fills the pen. This bulb is concealed when pen is in use.

Pen point is 14k gold, tipped with iridium.

Just Read These!

(LOTS MORE IN MY FILES.)

"I herewith enclose remittance for another **AUTOMAT**. The other three that I purchased from you are all doing good service."—**MRS. JENNIE JAMISON, Salem, Ore.**

"Enclosed find money for which please send me two more Automat pens. They are the best pens I ever saw for the money."—**CHAS. PARBUE, Laving, New Mex.**

"This pen suits me better than any and this is the third I have ordered."—**A. B. WILLIAMS, Elmhurst, Pa.**

"I wish to order two pens. I like the one I have and my mother and aunt both wish them."—**MRS. J. T. NICHOLSON, Omeo, Wis.**

"Please send by return mail 3 self-filling pens. Find enclosed draft for same."—**S. J. LORD, City Clerk, Watts, Cal.**

MY IRONCLAD GUARANTEE.

Compare this pen **IN USE** with those costing 100 per cent more, then if you are not satisfied with it, return to me within 10 days and your money will be refunded.

In ordering specify fine, medium or stub point.

Price only \$1.35. Send \$1.35 NOW and you will soon have this beautiful pen in your hands.

SIGN AND DETACH.

WILLIAM E. TOWNE, Dept. 1,
Holyoke, Mass.

I send \$1.35 for your Self-filling Fountain Pen on

10 days' trial. I prefer a.....point.

Name and.....

Full address.....

JUST PUBLISHED

The Science of Regeneration or Sex Enlightenment

A study of the sacred laws that govern the sex forces,

By **ARTHUR GOULD**

The latest, most advanced and comprehensive work that has ever been issued on this important subject. Not a repetition of other books, but the results of the author's many years' study and investigation.

In this book there is priceless instruction for those that are ready for the true inner teachings. Anyone after reading this book should be benefited physically, mentally, and spiritually.

Learn how to control your most vital essence. The real secret of Rejuvenation. A few of the subjects treated: The Importance of Sex Knowledge. The Imperishable Records of the Unseen. The Creative Force. How the Body is Regenerated. The Renewing of the Vital Forces. How the Richest Material of the Body is Wasted. Abuse of the Creative Function. Instructions for Sons and Daughters. Some Sex Secrets. How the Sex of a child can be determined. The Results of Higher Regeneration. When We Really Begin to Live. The Awakening of the Higher Consciousness.

Our Special Offer: Money refunded if you are dissatisfied. Price, \$1.00; postage, 10c.

Advanced Thought Publishing Co.,
159 No. State Street, Chicago, Ill.

X-RAY KATHODOSCOPE

Latest pocket curiosity. Everybody wants it; tells the time on watch through cloth. Apparently see your fellow, best girl or any object through cloth, wood or stone, any distance, all climates, lasts a lifetime, always ready for use. Price 25 cents stamps or silver.



KATHOS CO., 318 Temple Court, N. Y. City



Short-Story Writing

A course of forty lessons in the history, form, structure, and writing of the Short Story, taught by J. Berg Esenwein, Editor Lippincott's Magazine. Over one hundred Home Study Courses under professors in Harvard, Brown, Cornell and leading colleges. 250-page catalog free. Write to-day.

THE HOME CORRESPONDENCE SCHOOL
Dept. 347, Springfield, Mass.



This Catalog

with its illustrations and complete descriptions, will tell you about the very best books on **Mental Healing, New Thought, Suggestion, Personal Magnetism, Character Reading From the Human Features, Hindu Philosophy, Science of Success, Health Without Drugs, Raw Food Diet, Handbooks upon popular subjects, etc., etc.** I furnish any book in print.

Save 10 per cent

by my rebate coupon plan. Send a stamp NOW for postage, and the catalog is yours. **WILLIAM E. TOWNE, Dept. 1, Holyoke, Mass.**

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

Clubbing Offers

THE NAUTILUS SERVICE MEANS:

Lowest Possible Clubbing Rates!
Prompt, Careful, Efficient Attention!
A Guarantee of Attention The Day
The Order Is Received!!!

Why Pay Full Price?

A man who reads four good magazines a month gets a liberal education. They give different points of view; they create a desire for knowledge on every subject; they keep him in touch with current events, and their contents are, as a rule, well thought out opinions—not the newspaper hodgepodge.

I know a man who gives each of his ten friends a gift of four magazines each year. He thinks it the most sensible kind of a lasting gift. Pretty good idea that!

If you want magazines for yourself or friends we can help you.

HERE ARE SOME SPECIALS.

The following are sample offers. If the magazines you want are not listed here do not hesitate to write us for information. These are a few about which our readers most often ask for club rates.

Name of Magazines.	Regular Price per Year.	Special Price with NAUTILUS.	Foreign Subscription Price.
American	\$1.50	\$2.00	\$3.50
American Boy	1.00	1.75	3.11
American Suburbs	1.50	2.00	3.36
Business Philosopher	2.00	2.50	3.36
Cosmopolitan	1.50	2.25	3.61
Delineator	1.00	1.90	3.11
Good Housekeeping	1.25	2.00	3.36
Good Health	1.50	2.00	2.71
Good Health Clinic	1.00	1.50	2.36
Health	1.00	1.50	2.36
Health Culture	1.00	1.50	2.36
Harper's Bazar	1.00	1.75	3.11
N. Y. Magazine of Mysteries	1.00	1.50	2.34
Opportunity	1.50	2.00	3.50
Philistine	1.00	1.50	2.26
Physical Culture	1.50	2.15	3.15
Success	1.00	1.75	3.11
Unity	1.00	1.50	2.16
Uplift	1.00	1.50	2.21
Washington News Letter	1.00	1.50	2.16
Woman's Home Companion	1.50	2.00	3.36

Address, **THE ELIZABETH TOWNE CO., Holyoke, Mass.**

To Keep Clean Inside Use Only Dr. Wright's New Internal Bath

This cannot be done with drugs or laxatives but it can be done effectively by the use of **Dr. Wright's New Internal Bath Outfit**, the only means known by which the **colon**, the **great sewer** of the body, can be thoroughly washed and cleansed of its impurities, the greatest cause of disease; the water being carried to the parts where it is needed. The **high enema** has been in use for years by physicians in hospital practice, but is now supplied for a **home self-treatment** for nearly all forms of acute and chronic disorders, including **Appendicitis, Indigestion, Constipation, Liver and Bowel Troubles, Billousness, Rheumatism, La Grippe, etc.** It will keep your body and your breath sweet and clean. This should be in every home and the price only \$5.00 for the complete outfit places it within the reach of all. And it is better than any other form of Internal Bath at any price. No matter what else you are doing for health use this. An illustrated 32-page booklet, "**The Art of Being Well**," telling all about this will be sent free, with a large illustrated catalogue of books on Scientific Living.

Address **THE HEALTH CULTURE CO., 92 St. James Building, New York**

Health Culture sent 6 mos. "on trial" for 25c. (1.00 a year 15c a no.)

NERVOUS?

LIFE-ATOMS are the only **NATURAL** nerve foods in the world. They contain absolutely no sedatives in any form—are remedies taken from "Mother Nature" without human adulteration. We offer no "cure-all" for nervous conditions, however, the careful handling of thousands of cases have only given us a gleaming of the results possible.

A prominent Doctor says: "**LIFE-ATOMS NERVE FOOD** is the most wonderful curative agent ever discovered by man." Another says: "When the medical profession fully understands the nature and range of **LIFE-ATOMS**, insane asylums will no longer be needed."

If you have any **Nervous** ailments your blood is calling for **LIFE-ATOMS**—nothing else can possibly effect a natural and permanent cure. By supplying **LIFE-ATOMS** you remove the real cause of all nervous diseases. It is your own fault if you continue to be nervous. **LIFE-ATOMS** are honest remedies.

One month's treatment, \$1.00. At the completion of the treatment if you do not feel benefited we will unhesitatingly refund the amount less 10c for postage.

To intelligently advise you we must be acquainted with your symptoms. Write us in full.

LIFE-ATOMS CO., Dept. A., 313 Chamber of Commerce, Denver, Col.

THE DR. C. O. SAHLER SANITARIUM

The Sanitarium (large, new addition, modern in every particular), is roomy, homelike, free from all institutional treatment and erected with especial reference to the care and treatment of **MENTAL, NERVOUS AND FUNCTIONAL DISORDERS** by the

PSYCHOLOGICAL METHOD EXCLUSIVELY.

Large verandas, cheerful, sunny rooms, and sun parlors, are features of this place.

Physicians and friends who have mental and nervous patients whom they desire to place in an institution having the principles of the home and family life, no-restraint, and having tried all other methods of treatment without success, should inquire into the merits of this sanitarium.

NO INSANE CASES RECEIVED.

Write for Circular.

THE DR. C. O. SAHLER SANITARIUM,
Kingston-on-Hudson, New York.



SEXUAL LAW

AND THE

PHILOSOPHY OF PERFECT HEALTH

Has helped thousands to better health and will show you how

YOU MAY HAVE PERFECT HEALTH.

Sent postpaid to any address for 10 cents. Address:

C. W. CLOSE, PH. D.

DEPARTMENT B,

BANGOR, MAINE



The New Profession

Disease detected and cause removed by the Howard System of Spinal Adjustment. The most simple, direct and advanced scientific method. Easy to comprehend. Certain in results. Learned in spare time. Based on unerring natural laws. Operators can earn \$200 to \$500 a month.

Send for our book—It is free.

NATIONAL SCHOOL OF CHIROPRACTIC
820 Wendell Bank Bldg. Chicago, Illinois

*The man who is looking for the money is not worth the job.
The man who is looking for the job is worth the money.*

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

ANOTHER TALK—By Ernest Loomis

ABOUT YOUR CIRCUMSTANCES

One test of your greatness is the ability to make your head work so effectually that you will find it unnecessary to work excessively with your hands. Another test is the ability to know it when a person is telling the truth. Still another test is the inability to disregard the things you know are true. You know it is desirable to save money for the proverbial "rainy day." You know it is desirable to let your accumulated savings work for you, even while you sleep. You know there is no safer investment than good real estate in a locality where as a result of natural causes it is bound to increase in value. You know that Manhattan Island is and has been so terribly congested that its rapidly growing population must as a physical necessity follow the new lines of suburban transportation that are being opened up. You know that thousands of ordinary people in and around New York have made fortunes for themselves simply by exercising horse-sense in investing moderate sums at the right time and at the pivotal points where these crowds were sure to go. Do you think the New York Central railroad would be so foolish as to spend a hundred and ten million dollars on its terminal and suburban electric service to Peekskill unless it thought great tides of population would gradually use this service and thus make it profitable? As a rule the ones who have so many millions to spend are careful not to make mistakes. If you had that sum you would be careful, too. You are safe in believing that if you invest even small sums in well located Peekskill real estate just now you are almost sure to strike at the right time one of those pivotal points where fortunes will be made. Do you know that the overflow of population from Manhattan Island has, to a large extent, favored this beautiful Hudson river country for more than 200 years and that its unusual beauty is just as attractive as ever? This one factor of improved transportation is what will make Peekskill available to New Yorkers. Bridges, ferries and tunnels have attracted multitudes even to mosquito-ridden New Jersey. In fact it has never been known to fail that improved transportation in and around New York largely determines where the overflow of population will go. This has been proven over and over again, and as clearly as anything can be proven. Transit improvements invariably result in an extraordinary growth of the territory affected. That will soon mean a sure advance in Peekskill real estate values. Does not this statement appeal to ordinary common sense and reason? Of course it does. Successful real estate investors who follow this law are always on the safe side as well as on the profit side. It does not require the Gift of Prophecy to correctly forecast about what will happen to real estate values in and around Peekskill and at an early day; simply because the transit improvements are nearing completion. There is not much time to lose. Some early surprises are in store for those who doubt. You will be sorry if you wait or allow other things to crowd this proposition out of your consciousness. \$1.00 is all that is required as first payment on each lot. The ones who send first get the best lots. If you wish me to choose lots for you send the first payment on as many as you wish. You then can pay a dollar weekly on each lot. You get the rise in value from the time you make the first payment; and in my judgment the lots are now worth much more than the price asked. The location is only five blocks from the center of the town and about the same distance to the depot. You get sewers, water, gas, etc., without extra cost. Peekskill people have bought freely at these prices. We have only the one price. We have some special and long cherished plans for making this a great Center for those who are followers of The Inner Light—for those who know that we are telling the Truth. The White Lodge work will have a center here. If you buy lots it will prove a good investment—and perhaps much more. The test of your greatness is the inability to disregard the things you know are true. You can pay a lump sum instead of paying weekly—just so the average is not less than a dollar weekly for each lot you buy. Send today to Ernest Yates Loomis, Peekskill-on-Hudson, N. Y.

P. S.—Peekskill is on the east side of the Hudson, hence we avoid the ferries.

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

"I have been studying *The Attainment of Efficiency*. I believe it is one of the few great books that have been written. It is an insight of all the seers of the ages simmered down to a practical working basis."—W. A. VOORHEES.

The Attainment of Efficiency

Rational Methods of Developing Health and Personal Power

By W. R. C. Latson, M. D., Author of "The Enlightened Life," Etc.

This work indicates the avenues that lead to efficient and successful living and should be read by every man and woman who would reach their best and attain to their highest ambitions in business, professional, domestic or social life. Something of its scope will be seen from the following from the

TABLE OF CONTENTS.

- How to Live the Efficient Life**—Man a Production of Law—The Law of Rhythm—Rhythm and Health—The Law of Balance—Determining Factors in Health and Power—What is the Most Wholesome Diet—The Essentials of the Bath—Practical Exercises for Efficiency—Corrective Exercises—Influence of Thought Habits.
- Mental Habits and Health**—All is Mind—Seen in Animals—Formative Desire in the Jungle—The Whale Once a Land Animal—Mind the Great Creator—Mind the One Cause of Disease—Causes of Causes—Cause of Overfeeding is Mental—Mentality and Sub-Elimination—Faulty Mental Habits.
- The Conquest of Worry**—Mental Pandemonium—Effects Upon Digestion—Other Effects—An Insidious Disease—Anarchy of the Mind—A Curable Disorder—How to Overcome It.
- Secret of Mental Supremacy**—Something About the Mind—The Strata of Consciousness—Mental Power Means Mental Unity—Practical Methods—The Key Note of Mental Supremacy—Mental Power a Habit—Value of Attention.
- The Nobler Conquest**—Life a Struggle—Who Are the Survivors—The Real Enemy—My Enemy is My Friend, My Helper—The Enemy Within—The Art of Conquest—The Struggle with the World—The Great Man—Effects of Opposition—The Strong—The Weak—To the Strong of Heart All Things Are Good.
- Firmness One Secret of Power**—Examples—Intellect is Useless Without Firmness—Vacillation is Fatal to Success—Without Firmness no Real Power—How Firmness Grows with Exercise—Gaining the Habit of Firmness.
- Self-Effacement and Personal Power**—Growing Older in Wisdom—A Lesson from a Leaf—The Fallacy of Identity—Self-Preservation the First Law.
- The Power of Calmness**—The Nervous System—The Mind Controllable—Effects of Control—Being Master—Effects of Worry.
- The Attainment of Personal Power**—An Achievement—Know Yourself—Express Yourself—Learning from Others—Courage.
- The Secret of Personal Magnetism**—What is Personal Magnetism?—Charlatan Teachers—Achieving Personal Magnetism—Effects of the Lack of It—How to Gain It.
- How to Increase Vitality**—The Strong and the Weak—Vitality the Mark of the Master—Examples—What is Vitality?—Possibility of Increase—How to Get It—Spending Vitality—How to Conserve It.
- The Prime Secret of Health**—The Body a Machine—Its Proper Working is Health—What is Essential?—The Secret of Health—What to Do—How to Do It.
- The Attainment of Physical Endurance**—Essential to Success—One Must Not Get Tired—The Secret of Endurance—Working Easily—Economizing Strength—Results of Its Unnecessary Expenditure—Exercises for Promoting Endurance.
- The Attainment of Success**—What is Success?—The Secret of Success—What to Do to Acquire It.
- The Way to Happiness**—A Universal Desire—A Royal Road to Happiness—Not from Conditions—The Secret of Happiness.
- How to Live Long in the Land**—Characteristics of the Long-Lived—Essentials—Bodily Peculiarities—Mental States.
- The Gospel of Rest**—Importance of Rest—All Need It—Few Get It—The Secret of Rest—Exercising for Rest—Relaxation—Its Effects on Body and Mind.
- Sleeping as a Fine Art**—Causes of Sleeplessness—Indigestion, How to Overcome It—The Mind, How to Control It—Muscular Rigidity—How to Relax.
- Common Sense Feeding**—What is Proper Feeding?—Many Theories—Three Factors—Mental Conditions—The Kind of Food—Frequency of Meals.
- How to Be an Efficient Worker**—Work the Law of Life—How to Work—Making Drudgery a Work of Art—How the Efficient Rise.
- Grace and How to Get It**—What is Grace?—Hindrances to Grace—Dress—Anxiety—Muscular Tension—Exercises for Grace.
- Style and How to Have It**—What is Style?—The Secret of Style—Carriage of the Body—Exercises for Stylishness.
- The Secret of a Beautiful Voice**—What the Voice Is—The Secret—Easily Acquired.
- How to Cure Yourself When Sick**—It is Easy—Seven Out of Ten Can be Cured—What is Disease?—One Cause—One Disease With Many Names—Nature's Efforts—"Acute" and "Chronic" Cases—Best Remedies—Guess Work Old-Fashioned.

One of the most practical and helpful works published on personal improvement and the acquiring of physical and mental vigor; a key to efficient manhood and womanhood and a long, happy and helpful life. All who are striving should read it.

The work is printed in large, clear type on fine paper, artistically bound in cloth. Price, \$1.00.

If ordered this month, will send you *Health-Culture* (\$1.00 a year) three months FREE. Order now. Address MRS. E. L. Q. LATSON, 408 St. James Bldg., New York.

"I have been reading *The Attainment of Efficiency* and find it the most helpful book of its kind I have ever read. Every reader should owe you at least a debt of thanks. Accept mine."—A. R.

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

The Mastery of Being

A STUDY OF THE ULTIMATE PRINCIPLE OF REALITY,
AND THE PRACTICAL APPLICATION THEREOF

By William Walker Atkinson

THIS book gives what has long been needed—the fundamental principles upon which the New Thought philosophy is based.

But it does not content itself with merely stating the general basic principles by which the Intellect arrives at the Perception of Truth—it also proceeds to the awakening of the Intuition, whereby one arrives at Illumination or Realization of Truth; and concludes with the conscious manifestation and demonstration of Truth, which constitutes the Mastery of Being.

It begins by awakening the intellect to the undisputed and impregnable logical principles by which we arrive at the perception and recognition of Reality, or all the shifting forms of phenomenal life.

It shows us what this Something must be, according to the invariable report of Reason. It brushes aside erroneous conceptions, and turns the bright light of the Intellect upon the fundamental principles of Being. It gives us a firm, stable, solid basis of Reason, upon which we may confidently stand and defy intellectual attack. It gives us the "why and wherefore" of our philosophy.

This part of the book is a liberal education in the deepest philosophy of the race—its plummet descends into the veriest depths of human thought.

From this, it proceeds to identify Universal Reality with Spirit, showing Spirit to be All-Substance, All-Energy, All-Life, All-Law, and All-Mind.

The All-Mind is shown to be the creative cause of the universe, and a wonderful light is thrown upon the nature of its activities. We are given a clear philosophical and scientific presentation of the principle of "All is Mind."

At the same time the All-Mind is shown to be the most

substantial thing in the universe, the most powerful thing, the most lawful thing, the liveliest thing. It shows that Mind is the most real and substantial thing in existence and makes clear the relation of Matter thereto. It explains the creation of nature, and the nature of creation, in a wonderful manner backed by the reports of modern science.

But, it does not leave us in the fog of vague and general theory. It shows our relation to Universal Spirit, how we are its manifestations, and how it is immanent in us. Nay, more, it shows us in indisputable logic, that which the advanced souls of the race have perceived intuitively and by illumination—the fact that

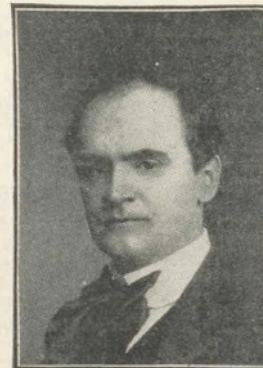
YOU are identical with spirit—not only that Spirit is in you, but that **YOU ARE SPIRIT**. It shows that the Totality of Being is back of the manifestation of **YOU**, and how you may draw upon its powers as a matter of right and being.

All this, and more, is shown not by mere general assertion but by actual, logical proof which cannot be disputed by reason. It asks you to take nothing on faith, but submits everything to the test of logical reasoning.

This book is destined to create a sensation in the world of philosophy. It gives to the New Thought that which has long been needed—a logical, philosophical statement of basic principles with "the why and wherefore" clearly explained in simple terms. It provides the intellectual explanation of that which has been intuitively perceived by the eye of faith—it adds the approval of the head to the voice of the heart. It is like a mighty searchlight suddenly illumining the hidden corners and the dark places of the Path of Attainment. Its appearance is that of a gladiator of New Thought, boldly stepping into the arena, throwing down the glove to the older systems of thought, and bidding them enter the lists of intellectual combat. It is the book for which you have been long waiting and which you have needed so many times when the reason cried "Why?"

"THE MASTERY OF BEING" contains 200 pages, printed on antique paper, large, clear type, silk cloth binding, portrait of author, special cover design. Price, \$1.00. Order NOW and use coupon. THE ELIZABETH TOWNE CO., Holyoke, Mass.

(SEE CONTENTS NEXT PAGE.)



The
Elizabeth
Towne Co.,
Holyoke, Mass.

Enclosed is \$1.00 for
a copy of the new book,
"Mastery of Being."

Name

and

Address.....

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

The Mastery of Being

TABLE OF CONTENTS

I. THE QUEST FOR TRUTH—An Ancient Oriental Fable—One Thing Which When Known All is Known—The Quest for Ultimate Reality.

II. BASIC PRINCIPLES OF REALITY—Reality Defined—Reason—Intuition—A Glimpse of the Heights—Fundamental Postulate—The Principle of Reality—What This Principle of Reality Is—Message of Reality—One of the Fundamental Definitions.

III. AXIOMS OF REALITY—Self-Evident Truths—The Mind Saturated With Truth Cannot Go Astray—The Axioms of Actual Existence—Being's Ceaseless Tide—The Quest for Principle—"The Master of the Show"—The Report of Intuition.

IV. AXIOMS OF REALITY (continued)—Axiom of Inclusiveness—Actual Being—That Which Is and That Which Is Becoming—Axiom of Infallible Identity—The Negation of Nothingness—Axiom of Absolute Unity—Axiom of Independence and Freedom—Axiom of Wholeness, Completion, and Perfection.

V. AXIOMS OF REALITY—(continued)—Axiom of Originality and Causelessness—Reason Versus Imagination—Nature of Cause and Effect—A Test for Your Reason—Axiom of Eternity—Axiom of Ultimate-ness.

VI. AXIOMS OF REALITY (concluded)—Axiom of Indivisibility—An Error of Pantheism—Axiom of Immutability—A Changeless Ground for the Changing Forms of the Universe—The Evolving God an Erroneous Conception.

VII. REALITY IS SPIRIT—The Term Spirit—Esoteric Meaning of the Term—What Edgar Allen Poe Once Said of the Term.

VIII. THE SUBSTANCE OF SPIRIT—Immateriality of Substance—The Universal Ether—Spiritual Substance.

IX. THE ENERGY, LIFE, AND LAW OF SPIRIT—Immaterial Energy—Will Energy—Spirit is Life Itself—There is Nothing But Life—What Luther Burbank Says About Life—The One Law of the Universe.

X. THE MIND OF SPIRIT—Mind and Thought—That Which Thinks—Unknowable Mind—Noble Mental States—Sensation—Feeling or Emotion.

XI. THE MIND OF SPIRIT (continued)—Intellect—The Pure Logic of Spirit—Ideation.

XII. THE MIND OF SPIRIT (continued)—Will—The Nature of Will—Mentation of Spirit—Volition and Ideation—How Will Determines or Creates Ideas.

XIII. THE MIND OF SPIRIT (concluded)—Universal Subconsciousness—The "Lifeness" of Spirit—Spirit as Universal Mind.

XIV. THE ETERNAL MANIFESTATION—The Verdict of the Wisest of the Race—The Days and Nights of Brahm—Cosmic Days and Nights—Cosmic High Noon and Midnight—The Law of Change—The Law of Continuity—The Law of Rhythm and Cycles—Brahm, Vishnu, and Shiba—The Rain of Law—The Inner and the Outer—Like Two Great Giants Wrestling for Supremacy—The Unity of Creation—Surface and Depths.

XV. THE PHENOMENAL UNIVERSE—Creation and Materials—Pro-Creation—Creation by Change of Form—Cause of the Transformation of Energy—"The Changing Absolute" a Fallacy.

XVI. THE NATURE OF CREATION—Mental Creation—Everything Built Around an Idea—Idealism—Thought is Second Only to the Mind Creating It—Everything of Immaterial Origin.

XVII. PRACTICAL IDEALISM—You are Greater and Grandeur Than You Have Been Lead to Believe.

XVIII. THE CREATION OF NATURE—The Beginning—The Mother Nature—Creation and the Atoms—The Story of Evolution—Appearance of the Life Forms.

XIX. LAW AND CHANGE—Foresight and the Creative Processes of Universal Mind—Law Not Fate Rules—Omnipresent Change—Everything "Becoming"—Spirit in Nature.

XX. IMMANENT SPIRIT—Spirit in Creation—Everyone Creates Ideas and Thoughts—How Thought is Created—Immanence in Thought—Characters—The Artist in His Creations.

XXI. CREATIVE POWER OF THOUGHT—Man The Expression of Spirit—The Activities of Spirit are Purely Creative—How Man May Create—The Master Key of the Science of Creative Thought—How to Manifest Power—Mastery—The Key to the Demonstration of Those Who Have Awakened to the Experience of Free Being.

XXII. IDENTITY WITH SPIRIT—What Constitutes the Mastery of Being—The Message of Truth—The Perception of Truth—Reason Versus Intuition—Esoteric Teaching—The New Philosophy—The Something Within—Schopenhauer's Conception—What the Hindu Philosophers Regard as the Essence of Being—Mystic Illumination—Maurice Bucke and "Cosmic Consciousness"—Intellectual Illumination—Seeing and Feeling—The Coming of Peace—Nirvana—Rest for the Reason—Avatars of the Almighty—The Conscious Manifestation Which Constitutes the Mastery of Being—Parting Words.

Price \$1.00. Use Coupon On Preceding Page

Order of THE ELIZABETH TOWNE CO., Holyoke, Mass.

You Can See

big, brilliantly illuminated images of all your favorite photographs, picture postcards, etc., by means of the RADIOPTICAN.

The views look like stereopticon or magic lantern views, and are three to four feet in diameter.

THE RADIOPTICAN

is an easily operated instrument, which any child can use.

It projects a greatly enlarged image of any picture, photograph, newspaper or magazine illustration, cartoon, or drawing upon any white screen or surface.

You can go traveling right at home by projecting views of foreign scenes, using magazine illustrations or picture postcards.

Once you begin using the RADIOPTICAN an unlimited number of subjects will occur to you. It will prove not only an endless source of amusement, but a means of education as well.

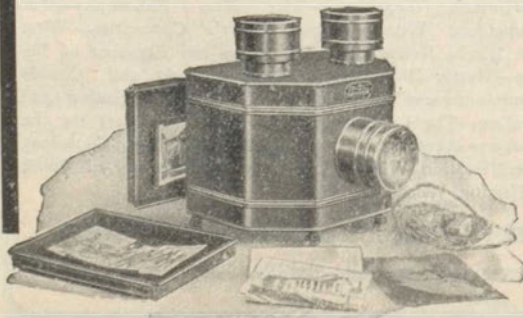
And you can have a NEW entertainment just as often as you desire. There is practically no limit to the available subjects you can use without a cent of cost.

This is the best entertainer for the youngsters you can imagine. It beats the magic lantern by a mile because you can project enlarged images of any picture you like—photographs of your friends and relatives, snap shots taken on your vacation, picture cards which you collected last year, newspaper and magazine pictures of prominent men, actresses, etc.

The RADIOPTICAN is furnished in three styles as follows:

No. 331 Electric RADIOPTICAN Opaque Projector.

This instrument is constructed of open hearth steel beautifully finished in Antique Copper. It is fitted with two 60 Watt metalized Carbon filament electric lamps and two hand spun, highly polished parabolic reflectors made of non-tarnishing metal.



The Radioptican In the Home.

This instrument will project on a screen a bright picture from 4 to 4½ feet long from an ordinary post card. It is not, however, limited to pictures of exactly post card size. It is fitted with instantly adjustable picture holders taking cards, photographs, clippings, etc., of any size up to 8½ inches long x 5½ inches high, giving a correspondingly large image on the screen.

The machine has two detachable sliding backs. One slides into place with a new picture while the other is taken off and reloaded. It is equipped with double lens system consisting of two accurately ground and carefully polished lenses locked in instantly removable metal settings. The remarkable brilliancy and sharpness of the projected picture is accomplished through the lens system, the powerful lamps and the marvelously efficient RADIOPTICAN reflectors.

No. 332 Acetylene RADIOPTICAN Opaque Projector.

This instrument is an exact duplicate of the No. 331 with the exception of the lighting system. It is equipped with large size acetylene gas generator, which supplies a powerful light for two hours on one filling. The generator is remarkably simple in operation and absolutely safe.

No. 333 Gas RADIOPTICAN Opaque Projector.

This instrument is fitted for gas, either natural or artificial, and is equipped with two standard gas burners and mantels, eight feet of cloth wrapped gas tubing and all necessary connections. Otherwise the same as No. 331.

OUR SPECIAL OFFER.

We will give one of these beautiful instruments FREE, delivery charges prepaid, for only 12 NEW subscriptions to The Nautilus at \$1.00 each.

Or, we will send the RADIOPTICAN for 7 NEW subscriptions and \$5.00 cash.

Address THE ELIZABETH TOWNE CO., Holyoke, Mass.

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

Pay 17 Cents a Day and Own The Printype Oliver Typewriter

IMPORTANT: The introduction of the Printype Model came as the climax to our great advertising campaign in which we offered The Oliver Typewriter No. 5 on the 17-Cents-a-Day Purchase Plan. For months past we have devoted all our advertising announcements to the new Printype Oliver Typewriter, with its revolutionary improvement in typewriting type.

The impression has gained ground that the 17-Cents-a-Day Purchase Plan does not apply to the Printype Model. In some instances the idea prevails that we can even charge extra for The Oliver Typewriter equipped with Printype.

We desire to state with all possible emphasis that The Printype Oliver Typewriter can be purchased on the "17-Cents-a-Day" Plan at the regular price of \$100.

The Machine That "Typewrites Print!"

America rings with praise for The Printype Oliver Typewriter—the first writing machine that successfully TYPEWRITES PRINT!

This remarkable machine combines all the operative conveniences, all the practical improvements of the most highly perfected typewriter, with the type that from time immemorial has been used for magazines and books!

It is infinitely superior to the old style, thin outline Pica typewriter type—a fact which none will deny. It ranks in importance with visible writing, which the Oliver introduced.

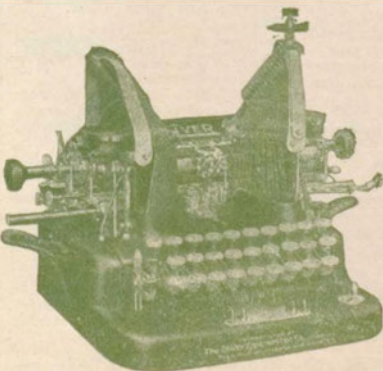
The preference of typewriter buyers is so overwhelmingly in favor of Printype that already over 70 per cent of our total output are "Printypes."

The advantages of Printype are self-evident. The story is told at a glance.

Its beauty, its symmetry, its clearness and character lend a new distinction to typewritten correspondence.

Printype Increases Speed

Not only does Printype enhance the artistic appearance of typewritten matter, but it enables the operator to attain greater speed, as the type is so easy on the eyes. It relieves the tension on the nerves and thus gives wings to the fingers.



Why Don't You Write Us Today?

How can you resist the attractions of "Printype" and the appeal of the "Penny Plan?"

Here is the world's greatest writing machine—The Printype Oliver Typewriter—the standard visible writer—the regular \$100 machine—actually offered for pennies!

A small first payment brings The Printype Oliver Typewriter. Then you save 17 cents a day and pay monthly.

Your request will bring the special Printype Catalogue, the details of the Penny Plan and a letter written in Printype. Whether you are "Commander-in-chief" of a business or a private in the ranks, you will be greatly interested in the literature we will send you. (128)

The Oliver Typewriter Company

797 Oliver Typewriter Bldg., Chicago

Agencies Everywhere

Printype —
OLIVER
Typewriter

The Standard Visible Writer

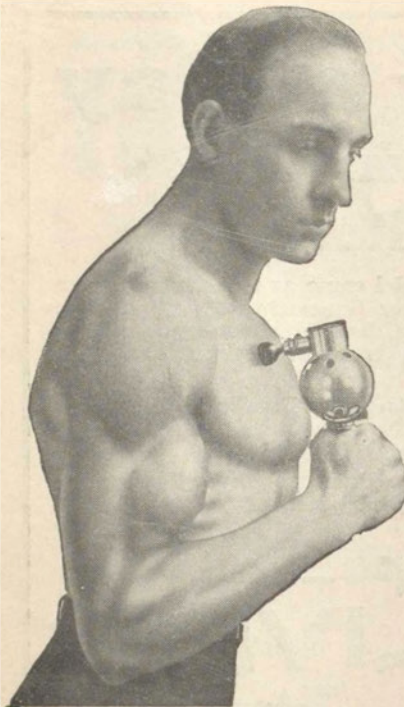
With all its commanding advantages from a purely mechanical standpoint, and its new artistic triumph, its supremacy is unquestioned. Its simplicity, versatility and extreme durability all revolve around the great basic feature—the Oliver Double Type-Bar.

Without this Double Type-Bar the successful use of Printype would be absolutely impossible.

"17-Cents-a-Day" Plan

This machine—The Printype Oliver Typewriter—offered on the famous "17-Cents-a-Day" Plan—has all the improvements, all the exclusive features which our experts have developed. It has the Vertical and Horizontal Line-Ruling Device, the Disappearing Indicator, the Back Spacer, the Tabulator, the Adjustable Paper Feed, the Double Release, the Automatic Spacer, the Locomotive Base, and many other innovations which contribute to high efficiency. It operates with the lightest touch and, of course, writes in sight.

THE NAUTILUS.



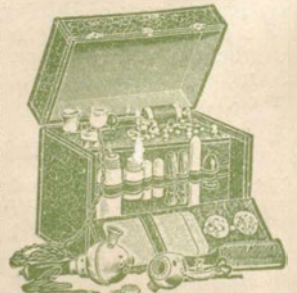
POWER for YOU!

Power from within! Strength that is **more** than mere muscular strength—the strength of perfect health, abundant nerve force—the strength of the **perfect man** now within your reach through **Vibration!**

Nine people out of every ten are only **half alive**. They exist—they do not really live. How about yourself. Listen—

All the Joys of LIFE--STRENGTH--YOUTH

may be returned to you through **Vibration**. For **Vibration is Life itself**. It will chase away the years like magic. Every nerve, every fibre in your whole body will fairly tingle with the force of your own **awakened power!** Stagnation simply cannot exist. You are made over—new—from head to foot. **All the keen relish, the pleasures of youth**, fairly throb within you. Your blood is sent humming along through every vein, artery and tiny capillary. All the poisonous matters in your system are **washed away**. Every organ is put in **perfect working order**. Your self-confidence—**your self-respect**—are increased a hundred fold. Yes, Vibration will do all this and more, **much more**. And it is within your reach. You can enjoy its wonder-working powers right at home, right in the privacy of your own room. You can give yourself the same identical treatments that you would receive in the offices of the world's most famous specialists—all without extra charge.



THE WHITE CROSS ELECTRIC VIBRATOR

is the result of years of work and experiment. It is absolutely perfect. If you have your house wired for electricity, you can connect it up as easily as an electric lamp; if not, it will run perfectly on its own batteries.

SEND FOR
THIS
BOOK



LINDSTROM,
SMITH CO.

Dept. 1927 218 S. Wabash Ave.
CHICAGO, ILL.

Without any obligation at all, please send me, free and prepaid, your free book on Vibration, full particulars of the White Cross Vibrator and your Special 60 Day offer.

You may give yourself Swedish Movement, Vibrating Chair Treatments, Electric Baths, Faradic or Galvanic Electric Treatments—just such treatments as you would have to pay from \$2.00 to \$3.00 for—yours without charge through the White Cross Electric Vibrator.

**Special Offer for
a Limited Time**

For a short time only we are making a remarkable Special Introductory Offer on the White Cross Electric Vibrator, in order to place at least one of these splendid instruments in every city, town and village in the country—an amazing offer to those who write at once—amazing discounts—actual rock bottom prices direct **if you act at once**.

FREE BOOK Sign coupon and mail it today. Get our splendid big FREE book telling you all about the marvels of **Vibration**. Read what great scientists say. Post yourself on what it will do for you. Learn all about the **White Cross Electric Vibrator** and our limited offer. No obligations at all—send coupon, post card or letter **today**.

LINDSTROM, SMITH CO., 218 S. Wabash Ave., Chicago
Dept. 1927

Name

Address

H 124 81

Cut this out and mail it today.

Please mention NAUTILUS when answering advertisements. See guarantee page 5.

LE D '12

TRANSCRIPT UNION LABEL HOLYOKE, MASS.

Handwritten signature