

THE MYSTIC MESSENGER

ISSUED MONTHLY BY THE MYSTIC
BROTHERHOOD, TAMPA, FLA. AN
OCCULT PERIODICAL FOR STUDENTS
OF THE WESTERN TRADITIONS

SEPTEMBER 1937



- Prayer -

Thru the discussions which have been included in the Brotherhood curriculum, the matter of Prayer, the matter of contacting ideas, has been very much simplified. Still, it takes courage, it takes faith, strength and understanding to start about reorganizing one's life with the purpose of making it a perfect Prayer for a certain Goal, yet when we have done this, we find that we become so engrossed in the preliminary work, the task of rebuilding the Self in all its septenary nature, that our Prayer, our contact with ideas and our inspiration and guidance comes to us even before we definitely ask, before we realize we already had it.....

Let us cease, therefore, to pray with anguished lips for health, or financial relief, for this or that other Desire, let us turn first and take up the task of placing ourselves in a position where we have the right to ask, let us recognize the justice aspect of God as well as His loving aspect. As Souls that are fast growing into adulthood, let us cease to plead for special favor, and let us approach that Throne and ask, not for mercy, but for justice. And when we have adopted this attitude, when we come to a realization of all that is implied in what has just been said, we will find it creates within us true humility, and we will find many times that this spiritual humility that arises within us, sets certain Forces into motion, and our Prayer is granted before it is formulated in words, before we feel that we have earned the right to utter it.....

So to place yourself in a position where you may approach the Infinite Spirituality of the Planes, suppose you adopt a simple procedure, a procedure of awakening each morning with a feeling that you are being born anew to the world. The past is gone, and other than garnering the lessons which it had to teach you, is of no further concern to you, while the future is not yet born. And thus today, the one day that you have, is all that you do have. There is no other way to make certain that as the Tomorrows come and become Todays, and pass into the Yesterdays, that they will do so without regret, without worry or fear. This then should be your morning service, felt and believed to the very roots of your being.

THE MYSTIC MESSENGER



The Mystic Messenger
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Mystic Brotherhood as a channel for
news of general interest to the
students of the organization and articles
of importance to followers of the Path
of Western Occultism



-- THE ART OF OCCULT LIVING --

Living an Occult Life is a fine Art -- it is an Art that gives full expression to the soul, full expression to the God in us, as His spirit weaves the tapestry of life in the radiantly celestial hues of true bliss.

If we were asked to name one quality that typifies the nature of an occult devotee, one quality that dominates all others regardless of the stage upon the Pathway at which one may be, the quality we would select would be that of "Giving". The animal kingdom takes -- God gives -- and between these two man is rising toward God. The Higher Self in man impels him to share himself, his understanding, his ambition, and his hopes with his loved ones and with all the world.

Giving is actually the cornerstone upon which all happiness rests. The father who gives his energy and his ability to provide the best for his family, the musician who toils in poverty and starvation that the elusive melody within his soul may flower into being, the pioneer who risks life itself that others following him may have comfort and ease, the invalid who smiles thru pain that others may not know the depth of his suffering -- all these, and many more are giving to the world

the finest expression of God's Love that it is possible for man to reflect. They have tasted Life, and thru demonstrating courage and the God-like Spirit of Giving have earned the happiness which they, and they alone, are capable of truly appreciating.

What is the virtue of Giving? It lies in the sacrifice of Self, a sacrifice wherein Consciousness is purified and perfected to the highest degree.

Giving in this way is not always an easy task; we are desirous of the results attained, but the actuality of the method may often be one that brings frequent discouragement and heartache. There is something in every soul that longs for complete freedom, but instinctively each realizes that this freedom can be discovered only in the fulfillment of Divine Love, to which each must give expression.

That quality of supremacy that one admires in a successful person, in a genius, or in a completely happy individual has been attained thru this purification of self, for this is the established price, the fair and willingly accepted price of all good.

Giving is not the thoughtless bestowal of all that we have upon others, for such giving robs

the receiver of independence, self-reliance and pride. True giving is that which stimulates the best in others, so that they may become harmonized in their own particular sphere, in accordance with their own individual needs, requirements and situations. Gifts that you would want to give are not always suitable to the receiver.

Thus all happiness returns to the fundamental principle of understanding.-- We apply ourselves diligently to study that we may understand God, but we show our appreciation to God only thru the reflection of this knowledge in our contacts with man.

So live that the words of Paul can be taken unto yourself as a law of life. "Charity suffereth

long and is kind; charity envieth not; charity vaunteth not itself, is not puffed up, doth not behave itself unseemingly, seeketh not her own, is not easily provoked, thinketh no evil." Many may not know God in the finiteness and limitation of their consciousness, the great experience of Illumination may be frustrated, but they can know the God that lives in man, and this they can serve in faith and honor, and to all who live by these laws shall be fulfilled the promise, "Eye hath not seen, nor ear heard, neither hath entered into the heart of man, the things which God hath prepared for them that love Him."

-- Andre.

-- GOD IS EVERYWHERE --

"God is everywhere" is a basic Truth which when realized holds within itself the possibilities of manifesting all Truths. It is realizing to the fullest extent one's close identity with the spiritual consciousness. When this fact is realized we know that we are spirit and that spirit is inseparably united with us.

The things that you hate, the things that you fear, a condition that troubles you or a person that annoys you--should you be able to realize that these also are constituted of Spirit, then you would perceive that they also are good; that which is good is favorable to us and we have no fear of it. Therefore, realizing the identity of the spirit within us helps us to overcome all sensation of limitation, doubt, fear and uncertainty.

Should you ask a group of people the question, "What do you get out of life?" there would be a variety of answers. Many would say, "nothing" others would say "everything". Some measure life by wealth, others by spiritual attain-

ment, others by popularity. Actually the important consideration is not what you get out of life but what you put into it.

There is a Divine Justice that weighs and balances all things, even though surface appearances may sometimes seem to contradict this. It appears at times that there are instances of unearned wealth, that there are those who enjoy privileges to which they are not entitled, that there are unfortunates who do not receive the reward which their life and character apparently merit. True Happiness is of the spirit -- it comes from within and is characterized by a certain inward peace that is unmistakable. If we are dissatisfied we are yielding to negative vibrations and negative vibrations serve only to impoverish life. If one is selfish, he takes from himself the pleasure that lies in giving. If he is envious he takes from himself the pleasure of enjoying good fortune in the lives of others. If one is controlled by hate,

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Since mentioning the Auric Color Chart in a recent Messenger, we have received a number of requests for a further discussion of this subject.

Many have asked "What does the human Aura look like?" This is a question that cannot be answered explicitly because the Aura of an individual is governed by his or her type, stage of development, and mental condition.

The Aura is "seen" with the faculties of psychic, not physical sight, so the ability of the observer must also be taken into consideration. Some who possess clairvoyant sight may see the Aura distinctly in all of its color and motion, others limited because of their development, are conscious of nothing but a faint glow or indefinite outline. Man of course, has seven bodies which operate upon the seven Planes, extending from the physical to the Higher Spiritual. Each of these bodies radiates energy characteristic of its own Plane. The energies of the highest Planes however, are known to very few. It is a combination of Astral and Mental Plane manifestation that is perceived by the average investigator.

Usually the Aura extends approximately two or three feet from the body, being oval in shape. It has no abrupt outline, as does the physical organism, but fades into space. All of the radiating energies of the seven bodies are incorporated in it, their sum-total making up the complete Aura.

The most dense elements of the Aura are of course the energies radiating from the physical body, these form what is known as the Health Aura, which is characterized by fine lines extending outward like rays. When the individual is in a state of health these rays are definite and straight.

-- THE HUMAN AURA --

Sri Veritus

In times of fatigue or illness, however, they become lax and sometimes crossed or knotted. The As-

tral Body contributes a cloudy vapor-like quality to the Aura, the higher Astral Body adding what can only be described as a "spark" or an electrical quality, that is quite distinctive.

One of the most interesting phases of the Aura is its changing color due to fluctuating mental states. These colors vary according to the mood, and can be read by those who are sufficiently informed in the language of colors to interpret their significance.

In considering color we recognize the fact that there is a general shade which acts as the background of the Aura. This represents the level of consciousness to which the individual has reached, or the general temperament and emotional state of the individual. Upon this background running thru it, sometimes completely obliterating it, flash the colors instigated by thoughts as they pass thru the mind in their endless sequence. Thus a fit of anger may produce a scarlet and black coloring that completely effaces evidences of all of the other Auric energies. Or, on the other hand, when one is swept by Spiritual ecstasy, rays of beautiful gold and silver may illumine the whole field. As development of consciousness proceeds the general coloring of the Aura changes from one of dull, murky, clouded coloring to a clear and clean shade. The undeveloped man shows how violently passing moods sway him, but the sensitive Soul remains serene, passing thoughts but little influencing the deep beauty of Auric Radiance.

The Spiritual body affects chiefly the Auric region surrounding
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A pretty Navajo rug hangs on a wall in the lobby of a hotel in a tiny mountain town. When I stayed there recently, my attention was drawn to the rug and its symbols which are grouped in an unusual form.

The oblong space in the center is filled with sixteen whirling crosses. Twelve are pictured as moving clockwise, from left to right, and four are whirling in the opposite direction. The twelve are gaily colored; the four are black.

Surrounding the central figure is a series of arrows pointing outward, and around the whole is a red and black "zig-zagging" figure that is easier to draw than to describe.

Here is a high form of art executed by the most primitive people in our country. It is a philosophical treatise clothed in simple, beautiful form. One might write a large volume on the message it contains.

In the center is the great "power-house" of Creation wherein the Sacred Four move in ceaseless, resisted, orderly, circular motion; tirelessly building. Yet all is not "good" therein, for there are four destroyers; the black forces of evil whose objective is backward toward chaos. They await the cooperation of all who tread the forbidden way. The Sacred Four build in a twelve-sided effort; the principle of the Zodiac. Evolution goes onward because the Four are stronger than the (d)evil forces of chaos.

Out of the central power-house is pouring the motivating Force that is responsible for all manifestation. And we find here that all things manifest in the rhythmic inbreathing and outbreathing of Nature; the Cosmic Cycle within Cosmic Cycle which is a

-- THE NAVAJO RUG --
by
Alan M. Emley, F.M.B.

day, a year, an age, an eon or a life. In every cycle the principle is the same.

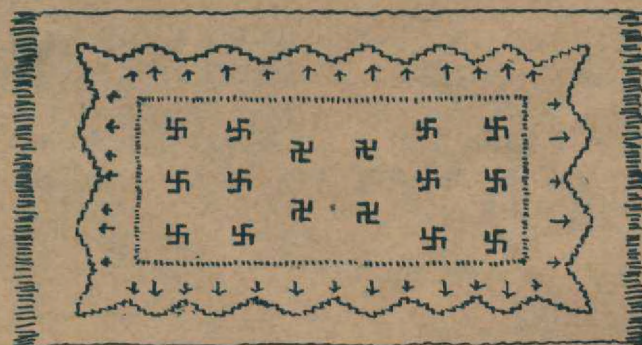
A mining engineer was in the room, and I called his attention to the rug. He became highly indignant, however, and I was sorry I had not held my peace.

"The idea that any such belief could be held by those ignorant savages is one that could be held only by a fool," he stormed. "Those figures could be made by any child and are merely a crude decoration. Savages are not philosophers or scientists."

True, yet such is the human mind that a retrograde civilization clings subconsciously to the glory that has been. Primitive people do not originate. They do as their fathers have done, and their art has come down intact from past generations.

Here is a rug that is comparatively new, yet the design is hoary with antiquity. It may have come down as given by some Atlantean teacher, or still further back when the ships of Lemuria touched American shores to trade with and teach the ancestors of the makers of this rug.

The meaning of the symbols was long ago forgotten by the simple people of the desert lands, yet they give us the message today just as a hollow log yields up a secret entrusted to it many years ago.



(Diagram of the rug)

For the benefit of those who may have a similar problem we wish to reproduce an excerpt from a letter written in answer to an appeal for advice about a condition of mental limitation.....

-- A LETTER ANSWERED --

"....And now let us proceed to this distressing situation which you have described; you have stated that the conditions under which you live are almost impossible to endure, that your associates and even close relatives have caused you to become most unhappy.

"Yes, this situation can most certainly be adjusted -- but curiously enough it is not about these others that we will speak, for the first (and perhaps the only) change must take place within yourself. You are of a highly sensitive nature, of active mind. Your consciousness is so keenly receptive that the suggestions and veiled intimations of others are permitted to pour into your mind unchecked, there to react upon your emotions and cause the unhappiness of which you have spoken. Now those about you do not appreciate the nature of this sensitivity -- their comments, critical, hateful and envious as they may be, are but shots in the dark. But you, because of this unprotected sensitivity, received their full impact with the consequent suffering.

"Consider a vial of acid in the chemist's laboratory. As long as it remains in its glass jar it harms no one. Should it accidentally be spilled upon a non-receptive area it still harms no one, but should the chemist cause a portion of this acid to drop upon his hand, a painful burn is inevitable.

"Individuals of little understanding (young souls) sometimes have dispositions that are as corrosive as acid; they seem to de-

light in giving expression to all that is unlovely, but what they say or what they think can hurt no one

but themselves, unless a sensitive soul is exposed to their caustic criticism. At the present time the magnetic field of your emotional nature is thus exposed. Without realizing it you are alert for any symptom of inharmony so that these rude, invading thoughts cause you to forget the God Within.

"If you will clothe your nature in the armor of Divine Love, no barb, no painful idea can pierce that sure protection. In this way you can find yourself, and you will find also that Divine Love is constant and strong. Remember that hatred in the attitude of those about you is actually a weakness within themselves, but the God Within which is your inalienable inheritance is perfect and vital.

"This entire situation is not without its purpose. In accordance with the Divine Plan of all things this unprotected sensitivity of your nature has been discovered by the circumstances of your daily life. You have thus been shown that there is a problem here to overcome. You are faced with opposition, you are given an opportunity to set about the adjustment of your thought world, that you may never again know this type of hesitancy and sorrow.

"Our problems make us wiser, kindlier and more tolerant. This situation can actually be the beginning of a change that will not only bring more of security and happiness to you, but also may have the indirect effect of influencing those who have lost the sense, or have never known the beauty of kindly fellowship.

"This sensitivity which you possess is a rare and blessed gift. If it responds quickly to

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Conserve Nerve Energy

By GABRIEL KNIGHT

Speed is the king of modern life; everything is keyed to a pitch of supreme efficiency. Everyone rushes in their business, in their social activities, in their amusements; transportation lines, work feverishly to cut down schedules, saving seconds, while engineers constantly strive to design motors capable of higher and higher velocity. The average American lives in a maelstrom of hurry that would have completely bewildered his grandfather.

As a result neurotic disorders of every description are constantly increasing, for the tension of modern life exhausts one's nervous energy. Life, a century ago, was calm, serene and quiet, but this age is far different. While in ancient times, man's destiny depended upon his personal strength, today it depends upon his nervous endurance. The efficiency "on your toes" attitude may be necessary for success, but there must be periods of nerve relaxation or the tension of speed and concentration will take their toll in physical ill health. Just as the body needs food to maintain its equilibrium, so the nerves need the sustenance which only rest and quiet can give them.

Relaxation has two forms, play and rest. Play is not always a tonic for the nerves, for it may involve action which stimulates rather than calms. Play is valuable, however, for it at least changes the routine of daily life and introduces new interests.

But it is with rest that we are particularly concerned at this time. Occult activity teaches much concerning the development of the ability to concentrate. Concentration in its highest form is the regulated use of nerve energy. But prolonged concentration brings

on nervous fatigue. There are a number of suggestions that can be made, that will be helpful in conserving energy. First, when you find yourself hurrying, stop and consider a moment. Plan your daily activity in such a way that there will be sufficient time for performing those unexpected duties that have in the past caused you to rush with nervous haste. Finish every piece of work before starting on something else. This in itself is a release of nervous tension, for the subconscious mind is then satisfied and not cluttered with uncertainty and doubt.

Second, cultivate the friendship of those who are of a far different type or social calibre than yourself. Being with those who are different than you in many respects, assists in the maintenance of perfect mental poise.

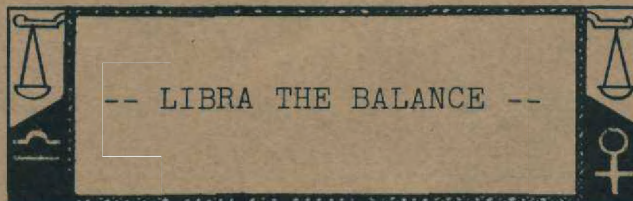
Third, lie down and rest for ten or fifteen minutes during the day, if you can. This is extremely helpful for those in the business world, whose responsibilities and duties give them little freedom from steady routine. This period may also include a few moments for meditation during which you lift yourself mentally to the Inner Planes and permit the vivifying inspiration of Divine Love to unfold and renew your spiritual consciousness.

Fourth, keep your thoughts elevated. Lift them above the commonplace, the ordinary and the sordid. Refuse to be annoyed by trifles. Sufficient sleep is also a necessity for it is one of the best healers that nature has provided.

Fifth, learn to leave your work behind you when the working day is finished. No matter how important it may be to you, or how vital the issues involved, your business

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From September the 24th to October the 23rd, the Sun is in the Sign of Libra, ruled by



the planet Venus. Libra is a cardinal, airy and masculine Sign. Natives of this Sign are likely to be of a nervous disposition. The significance of the Sign is, however, that wonderful quality of balance, which is so familiar to students of the Caballah. It represents balance not only in the physical world and in the physical organism, but also balance in the mental and spiritual worlds.

It signifies also justice, as depicted by the traditional symbol of the female figure blindfolded, holding the scales of Life in her hand. Libra represents the equilibrium of natural force, and is one of the chief symbols in the ancient Mysteries Initiation Ceremonies.

Mentally, Libra is the signifier of the perception of external things. A perception that is harmonized and vivified by the operation of intuition.

The natives of this Sign are usually those who wish to see Justice in all things, they adopt a rational and logical viewpoint on debatable questions. They seldom take a fanatical attitude toward matters, and almost invariably advocate individual rights, peace and world fellowship. Their principles are of a very high order. It may be, however, that these qualities are not always fulfilled in a practical way, for there is a tendency for the Libra native to become idealistic in the negative sense of the word. It is necessary therefore that they exercise all of the spontaneous force and power that is possible according to the configuration of other influences in their Chart. They should

always strive to help their ideals to become operative in the material world.

Those born under this sign are usually held in high regard by others, as their character, their amiable viewpoint, their brotherly sympathy and their tolerance claim the respect of all with whom they come in contact.

In business matters the Libra person is likely to be one who is rather reckless and desirous of constant change. Their business activities are cleverly, sometimes brilliantly planned, and there is a general aptitude for the acquisition of financial gain.

They are usually very steadfast in their affections. They are kindly and generous, faithful in friendship; toward their enemies they are usually both forgiving and generous.

The love of change mentioned above is a weakness of Libra that it is well for all born under this Sign to guard against carefully. Rash decisions, impetuous actions and haste can well be the cause of losses which are unnecessary.

The general trust that the Libra native places in others is also a source of difficulty and caution should always be used lest one's friendship should be betrayed. This is emphasized by the fact that the opposite Sign from Libra is Aries, the Ram. Hence, the Libra person should strive to cultivate the habit of meditation and reflection, permitting the excellent qualities of this Sign to bring about a happy adjustment of circumstances that will be beneficial for all concerned.

It is in the Cardinal signs that the activity of the Zodiac is manifest, and Libra fulfills its divine purpose by harmonizing these vibrant impulses.

-- GOD IS EVERYWHERE --

(Continued from page 2)

he loses the inspiration that comes from realizing God's Divine Love. In other words whenever negative vibrations or thoughts of a lower nature enter one's consciousness, they take the place of something finer, higher and more inspiring and it is these latter that are the basis of all happiness.

If we are seeking happiness in life (and this is the prime need of every individual) we will need to subjugate baser emotions to higher aspirations. The Divine Spirit within us seeks to manifest itself thru love and service and when we yield to these impulses we find that they lead in the most direct way to happiness.

One might think that his ability to achieve success is very limited, but his capacity for love and service is infinite. It is in this way that his ability for success is increased, each is a free soul with his own pathway to choose.

-- THE HUMAN AURA --

(Continued from page 3)

ing the head and shoulders of an individual. It adds to the Aura what we might designate as "Light". Religious pictures customarily show the halo surrounding the head of the Nazarene, this being but a rough representation of the brilliance actually observed by the clairvoyant. The pure light of the seventh Plane can be but briefly alluded to. It cannot be perceived by the ordinarily Psychic faculties of man, although the Adept is conscious of its spiritual vitality.

-- A LETTER ANSWERED --

(Continued from page 5)

injury, to bring sorrow and turmoil, it will respond also to the Divine Harmony of the Spheres, to bring you that indescribable peace and joy that is beyond all limitation. Look upward, refuse to be drawn into the circle of influence which you have proven to be harmful to your peace of mind." --

-- CONSERVE NERVE ENERGY --

(Continued from page 6)

ability will grow stale if you live continually, mentally, with your work.

Use this relaxation exercise three or four times a week and more often if the opportunity arises: Relax in your chair making your mind a blank. Darken the room if desired and while resting there gradually relax every muscle of the physical organism. Let the body become limp, the mind quiet, with all sensations of noise, touch, etc., obliterated in a condition of complete peace. Do not let your mind dwell upon any one particular thing, either past, present or future, but let your thoughts drift lazily without direction. Your nervous system needs such a rest period and the reward of greater patience, more clear understanding and increased will power will be well worth the few moments that it requires.

The work which we count so hard to do,
He makes it easy, for He works, too;
The days that are long to live are His,
A bit of His bright eternities,
And close to our need His helping is.

-- Susan Coolidge.

THE CURRICULUM OF THE MYSTIC BROTHERHOOD includes the following subjects available to those who wish to have direct information upon these topics:

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Above, is outlined the approximate cost of these special phases of study. As with other phases of the Brotherhood work, we do not demand that such offering be made. We ask, if possible, that the cost be covered, but if not, whatever offering is made for the work will be accepted. We are eager to cooperate with each student, to help him attain the knowledge and understanding he needs and desires.

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