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Mental Science MAGAZINE

CHICAGO.



MRS. KATIE L. SWARTS, EDITOR AND PUBLISHER,
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
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MENTAL SCIENCE MAGAZINE

"Behold, I will bring it Health and Cure, and I will cure them, and will reveal unto them the abundance of Peace and Truth."

VOL. V.

DECEMBER, 1888.

No. 3.

For Mental Science Magazine.

Of The Doctrine of Truth.

APHORISMS, TRANSLATED FROM THE LATIN
OF THOMAS A KEMPIS, BY E. R.
KNOWLES, PH. D.

Happy is he whom Truth teacheth by itself, not by figures and sounds, but as it is in itself.

Our own way of thinking, and our sense often deceive us, and see but a little way.

What matter is it to us of *genera* and *species*? He to whom the Eternal Word speaketh is delivered from a multitude of *opinions*.

From the One Word are all things, and all things speak this ONE, and this is the Beginning which also speaketh to us.

Without this ONE no man understandeth, or rightly judgeth.

He to whom all things are one, who ferreth all things to one, and seeth all things in one, may be steadfast in heart, and abide in Truth at peace.

O Truth! my God! make me one with Thee in everlasting charity.

I am often wearied with the many things I read and hear; in Thee is all I wish or long for.

Let all teachers hold their peace, and all things keep silence in Thy presence; do Thou alone speak to me.

The humble knowledge of oneself is a surer way to Divine Truth than deep researches after material science.

How many who take little heed to Divine Truth are ruined through vain learning?

And because they love rather to be great than humble, therefore they are lost in their own imaginings.

He is truly great who hath great charity.

He is truly prudent who esteemeth all material things as dung, that he may win TRUTH.

PRACTICAL REFLECTIONS.

To study the truths of Spiritual Science, not so much to know as to practice them; to listen to Divine intuitions which reach more the heart than the understanding; and to know and to do what is necessary for physical and spiritual salvation, is the true CHRISTIAN SCIENCE.

I am weary of speculative philosophy, which does not change or move my heart, but only flatters the curiosity of my mind. I am tired of knowing and saying so much concerning Eternal Truth and Salvation, and yet doing so little to obtain it.

Providence, R. I.

May every soul that touches mine,
Be it the slightest contact, get therefrom some
good,

Some little grace; one kindly thought,
One aspiration yet unfelt, one pit of courage
For the darkening sky; one gleam of faith
To brave the thickening ills of life;
One glimpse of brighter skies beyond the gathering
mists,

To make this life worth while,
And heaven a surer heritage.

Anon.

For Mental Science Magazine.

Thought Transference.

CHAS. W. CLOSE, PH. D.

Thought is the cause of all action. Thought and existence are the same. It is the law of our being that our thought about ourselves should find expression in the physical organism. It is also a law of mind that thought may be transferred from one individual to another. This transference of thought from one to another occurs through the medium of the Universal Spirit or Life Principle. This Principle being omnipresent there is no limit to the distance to which a thought may be sent. It is this fact that enables Mental Healers to treat disease absently. But thought does not transfer itself from one to another, except under certain conditions. If a person wishes to transfer a thought to a friend he must have an intense desire and wish that the thought shall reach the friend. It is also desirable that he believe the thought has reached its desired destination. Jesus expressed the necessity for this belief when he said, "What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them."—Mark xi., 24. It is also necessary that there should be some degree of passivity, a willingness to receive, on the part of the one to whom the thought is sent; for we are protected from the evil thought of others by the inability of one man to enter the mentality of another without the other's consent.

Much of the talk about malicious mesmerism is as senseless as was the belief in the "Salem witchcraft." No one can mesmerize you unless you are willing to be mesmerized. We are not placed at the mercy of the evil thought around us, but may repel it by a simple refusal to receive it. But it is otherwise when we think good thoughts that are in harmony with God and his purpose, for then we have the whole power of God on our side, and may

to a certain extent, enter the mentality of another without his knowledge; but even then, if he persistently refuses to receive the good we wish him, we cannot reach him with our thought, unless we are equally persistent in our endeavor to "overcome evil with good." But if we heartily desire, and our friend is receptive, we may transfer our thoughts to any distance. This is so true that even a very sick man may bring health to his distant friend, if his desire to do so is intense and he believes that his friend receives the health that he desires for him. It is this fact that enables healers to bring health to their patients, even though they be not in perfectly sound health themselves. If a healer is able to form the perfect idea of health in his own mind, and intensely desires to transfer that idea to his patient, he can do so, bringing the patient health, without regard to the healer's physical condition. It is an erroneous idea some have, that a healer transfers his physical condition to his patient. He cannot do this. The physical condition of a healer has nothing whatever to do with mental healing. Although Paul is said to have been a sickly man, he was able to heal the cripple at Lystra—Acts, xiv., 8. When both healer and patient desire the health of the patient, the healing takes place, with greater or less rapidity according to the circumstances of the case, and in accord with the law of thought transference declared by Jesus, "That if two of you shall agree on earth as touching ANY THING that they shall ask, it shall be done for them of my Father which is in heaven."

Bangor, Maine.

For Mental Science Magazine.

God In Us: or, Oneness With Him.

E. A. SMALL.

"God is Spirit, and this Spirit dwelleth in us, because he is above all and through all and in all. It is God which worketh in you to will and to do of His good pleas-

ure." God is love, and if we dwell in love, God dwelleth in us, and we may know that we dwell in Him and He in us, if we love one another; for this continual indwelling of love plainly shows that He hath given us His Spirit. "Hereby we know that we dwell in Him and He in us, because He hath given us of His Spirit." In the Scriptures we find many passages showing that if we have His Spirit and dwell in love, we have oneness with Him. And again, we must keep His commandments, for by so doing we know that he abideth in us.

What is our body? The temple of the living God, the temple of the Holy Ghost. Where is this Holy Ghost to be found? When we come to a full knowledge of the wisdom that gives control of the body, we become so baptized with this Holy Love, it is not hard to discern that it is in us. "What! know ye not that your body is the temple of the Holy Ghost, *which is in you*, which ye have of God?" Then, to all who understand this Science, let us clear this temple of all unbelief, following our Master with the whipcord (Truth), and drive out all error in the shape of ignorance, sin, sickness and disease, till it becomes the house of prayer, instead of a den of thieves.

When Truth dwells in us instead of error, then shall we know that we are one with God, and He will give us His Spirit and we will possess the nature of God, for we will have life, Truth and love. Happy thought! we are one with our Father, our will lost in His; thus we stand free indeed. Awaking consciousness that our life is inseparable from God, can we not see how plain this truth, that God is in us? Here is unity and here is Truth.

East Thorndike, Maine.

For Mental Science Magazine.

Prayer.

BY S. LOUISA MECRACKEN.

Word prayer is thought expressed, and with some is the best way to manifest the desire to grow and to learn of good. Prayer

unexpressed is silent thought turned upward to receive of God the principle of *truth*. Either is effective if persevered in through earnest desire, for they make a link between us and the divine. But to pray aright is what is needed; too many pray wrong, and as a consequence there is no response. True prayer is an uplifting of the *spirit* for good. Pray in earnestness with a heartfelt desire to be made wiser and better. The more earnest we become, the quicker will there be a response from the *All High*. Vain-worded prayers are utter foolishness; they are lip-language that deceive—mere errors of mortal sense.

The faster we merge into divine knowledge, the less need of verbal prayer, for our whole life becomes prayer, and that power to heal sickness and sin is God's *ever present* prayer come to abide with us. We will know this by the ever present desire to do good, for in doing good we pray a prayer worth praying.

Chicago, Illinois.

For Mental Science Magazine.

"The Healing of the Nations."

"Physician, thou art unworthy the name, if ignorant of the intimate connection of spirit with the mind, and through this, the body.

"Inspiration is not confined unto a few of God's children, but hath an avenue leading into every spirit on earth, and through the spirit it can affect all the regulations of man. This governing power thou canst never reach without knowledge from above.

"If thou knowest no more than unaided intellect can teach of man, thou canst never appreciate the power of the spirit, of which thy intellectual power is but a result.

"A result cannot understand its cause. This should be thy first great lesson in Physic.

"To understand the causes of disease, it is necessary to understand, first, the cause of the body, and its connection with spirit.

No man, unaided by Inspiration, can see or understand this connection.

"First, and greatest, and most difficult, the spirit must be understood; not only in relation to the body in which it exists, but in its immediate connection with God, its Creator.

"Thou must in humility seek God; for, remember, all the spirits of His children are connected with Him, and for thee to thrust thyself between them rudely, is certainly presuming. Ask of Him help. If thou hast obtained this aid, disease must fly before thee, as chaff before the wind.

"Disease is simply inharmonious action or passion. To remove this, thou must, of necessity, be in harmony with God, and, through Him, with the elements surrounding thee and the sick."

* * * * *

"For perfect health, the spirit must be harmoniously connected with God, and in sweet communion receive nourishing food—sending down through the mind the joys of perfect peace and revealing itself in form of vigorous manhood in the outer body.

"With those enjoying this peace, yet having, in the outer body, an inheritance which obstructs the spiritual power, all disease can be by the inspired physician removed by the simple touch.

"He, with his powerful harmony, removes the disease or obstruction by simply stimulating the spiritual power of the sick.

* * * * *

"Take away the physician's confidence in his drugs, and they are perfectly useless

*The *Esoteric* for October, 1898, has a fine contribution, the gleanings by W. A. Engleb, M. D., from a work entitled, "THE HEALING OF THE NATIONS." We give a portion of it. The doctor says: "The work was written in 1853-4 by the hand of a young man of limited education, a blacksmith by trade. He disclaims all the credit of the authorship, and says, 'When about to write, I felt descending upon me an influence whose holy sweetness words can never express. My whole being entered a calm and tranquil state which was expressed * * * in a devout prayer, * * * I never planned anything ahead in writing, for besides the power dictating, I felt truly as a little child, and can now thank God that I was permitted to have a child's trustfulness.'"

in curing, and worse than useless unto the patient.

"There is but one true system of healing; this is, that in which love obtains passiveness, and through which passiveness, spirit assists spirit to throw off the inharmonious action of the being, either spiritual or physical.

"Sickness of flesh is not the commencement of disease. It is but an effect of transgression, which, of whatever form or character, makes at last its centre, by entering the transgression of God's law, through which pure love floweth unto the spirit.

"Change of disease is no cure, yet many great fames and great names have been builded upon such change. Faith in God would remove disease from the lot of man. He would then see, in the bounteous love of his Father, all that spirit could enjoy, and would nourish his earthly body with the simplest, healthiest food he could find.

"The enjoyments of animal disease would be left behind, and he would only live to enjoy perfect health.

"Physician, do thy duty. The removing of disease can only be accomplished by understanding correctly the cause of all diseases, and this understanding can only be given by thy Creator, in whose very life thou dost exist.

"Thou must show the preventive of disease as he showeth it unto thee, else his showing will certainly cease. He is just, and giveth unto none more than others equally deserving of trust. Thy vision must, by His aid, be so refined as to pierce instantly all flesh.

"Thou must borrow, as it were, his unlimited vision, and as He does, view his children.

"With him, in his unlimited vision, nothing is mysterious, and unto thee, there is more or less mystery, as thou dost approach or recede from Him.

"The human form should always be open unto thee, and transparent as air.

"Is this impossible? If thou thinkest

so, so long as thou thinkest thus, it is; but thou art measuring with thy own measure, and not with God's, or as thou wouldst with His aid. Dost thou desire this aid? Seek within thy spirit and thou shalt find it, for thy spirit is intimately connected with thy Creator's spirit, else it could not exist.

(To be Continued.)

Way to True Spiritual Progression.

BY ELLA L. MERRIAM.

A few difficult but necessary rudiments to master before we can successfully ascend the scale of True Spiritual Progression:

- To judge not.
- To bear and forbear.
- To return good for evil.
- To control our tempers.
- To look upward, never downward.
- To court smiles instead of frowns.
- To conquer our little weaknesses.
- To cultivate *patience*, the key to success.
- To count every human being a brother.
- To endeavor to grow better every day.
- To be charitable in thought, word and deed.
- To never give offense, but rather soften wrath.
- To study our own character, not others'.
- To try to improve, and ennoble the same.
- To check all unkind and unjust expressions.
- To glean wisdom from daily discipline.
- To extract sweetness from every experience in life.
- To indulge only in kind, happy and profitable thoughts.
- To comfort others instead of making them uncomfortable.
- To live each day better than the preceding one.
- To carefully and conscientiously deal with the over sensitive ones.
- To try and be a beacon to discouraged, doubting souls.
- And finally, to let every thought and

impulse spring from a heart filled with love and gratitude toward our All-Father, and earnest good will for all His creatures, and every day's rich experience will lift us nearer and nearer that inconceivable and unapproachable *Spirit of Perfection*.

Los Angeles, California.

For Mental Science Magazine.

What Is Absolute Truth?

DR. GEO. E. WHIPPLE, PH D

Evidently we have reached a winnowing time in the onward march of the Great Spiritual Truth which has stirred to the very depths the "great sea" of mankind, causing it to cast up its "mire and dirt." There have been those who would "strain at a gnat and swallow a camel," associated with this, as well as with all other so-called "reforms." Mankind generally judge of any great "Truth," or "Cause," which becomes prominent, by the character of its advocates. If its effects are good upon them, then it must be good; if its effects are bad upon those most intimately associated with it, then it must be shunned as if it were a viper.

"A tree is known by its fruit," instead of by the character of those who pluck that fruit. "A fountain also is known by its water," instead of by the fish or reptiles that drink of or dwell in that water. "Men do not gather grapes of thorns, nor figs of thistles." How often scheming individuals have discovered an opportunity to make some money or worldly notoriety out of advocating a great and sacred Truth. They never become true, sincere believers of that Truth, but prey upon the credulity of those who are sincere, and for the secret purpose of making money, while ostensibly they would have everybody believe that they were earnest, sincere and devout lovers of the Truth which they advocate; but, like Judas Iscariot, when the proper time and opportunity presents itself, they will sell their Lord for a few "pieces of silver," or

the gratification of some morbid appetite. Thus the most sacred truths have suffered shipwreck after shipwreck, until Absolute Truth, and Absolute Good, are generally thought to be impossible to be found in this world. People will admit relative truth, and relative good, and that you cannot estimate the value of truth until you have contrasted it with error, or the goodness of Good until you have contrasted it with evil. Therefore, while it is a fact that "truth is mighty and will prevail," and that it has liberated thousands from their bondage to sin, sickness and death, and has never lost one grain of its saving power, still its advocacy by unworthy individuals has greatly corrupted and prejudiced the mind of many earnest inquirers and seekers after Truth. This has for the time being appeared to greatly cripple it in its results, and to hinder it in its onward march. Those insincere adherents and advocates must be winnowed out, for the "fan is in his hand and he will thoroughly purge his floor, and gather his wheat into the garner; but he will burn up the chaff with unquenchable fire." Matt. iii: 12. The winnowing time is as essential as the reaping time. And the Master will find occasion to say to the "chaff," "You do not seek me because you saw the Signs, but because you ate of the loaves and were satisfied." "Labor not for that food which perisheth, but for that which *endureth* unto everlasting life." John vi: 26, 27. That which *endureth* unto eternal life is The Absolute. That which "perishes with the using" has been, alas, too often accepted instead of the Real and Eternal Verity. Well, did the Spirit "counsel thee to buy from me gold which has been refined by fire, that thou mayest be rich; and white garments, that thou mayest be clothed; * * * and eye salve to anoint thine eyes, that thou mayest see." (Rev. iii: 18.) See what? See the Signs by which you may determine that which is the Absolute. If there were no *Absolute*, or *Real*, there would be no use for a counter-

feit. The fact that there are counterfeits also should suggest that there must be a genuine. The fact that there appears to be a relative truth and a relative good should also declare that there is an Absolute, Unchangeable and Eternal Verity, a Perfect and Incorruptible Good.

New York City.

(To be Continued.)

Congratulatory.

MY DEAR MRS. SWARTS:—Learning the MENTAL SCIENCE MAGAZINE will hereafter be edited and published by you, I write to express my gratification that it has fallen into such good and able hands. Your excellent record in Christian Science is a guarantee of your future usefulness in this special department of the good work of converting the world to its saving truths. Your thorough and practical understanding of its principles will prove your sufficient guide in your chosen field of labor.

All earnest workers in the Science, will, I am sure, gladly uphold your hands, and aid by their contributions in accomplishing the greatest possible amount of good through the MAGAZINE, which will, I feel certain, under your fostering care prove the fruitful source of abundant blessings.

Bidding you God-speed in your good work. Very truly yours,

J. C. BITTENDER.

Chicago, Illinois.

Mother; God.

FRANCES POWER COBBE.

If there be, as I humbly believe and trust, in the nature of our great Parent above, certain characteristics of tenderness and sympathy with His creatures which are more perfectly shadowed, more vividly inflected, in the love of human mothers for their children than by aught else on earth; if there be a real meaning in the old lesson that God created woman as well as man in

His own image—the image being only complete in the complete humanity—then I think it follows that there is urgent need that woman's idea of God should have its due place in all our teaching of religion. I think that there must be truths in this direction which only a woman's heart will conceive and only a woman's lips can teach—truths, perchance, which came to her when baby fingers have clung around her neck * * * the helpless little child thus lying in her arms—a living parable of all our race in the everlasting arms of God.

The Tongue.

REV. PHILIP BURROUGHS STRONG.

"The boneless tongue, so small and weak,
Can crush and kill," declares the Greek.

"The tongue destroys a greater horde,"
The Turk asserts, "than does the sword."

The Persian proverb wisely saith,
"A lengthy tongue—an early death."

Or sometimes takes the form instead,
"Don't let your tongue cut off your head."

"The tongue can speak a word whose speed,"
Say the Chinese, "outstrips the steed."

While Arab sages this impart—
"The tongue's great storehouse is the heart."

From Hebrew wit the maxim sprung,
"Though feet should slip, ne'er let the tongue."

The sacred writer crowns the whole:
"Who keeps his tongue doth keep his soul."

BE CALM.—"In the differences that may arise between us and our greatest enemies, while they permit themselves to utter the vilest abuse, we should make a strong effort to contain ourselves; we should be calm and repress the stirring of passion. If we once allow ourselves to get irritated we shall no longer be able to preserve our self-command, and, at last shall find that those will decide against us who would otherwise have been disposed to take our part."

Beautiful Words.

SELECTED.

"Cast thy bread upon the waters; for thou shalt find it
after many days."—Ecc. XI., 1.

'Mid the losses and the gains,
'Mid the pleasures and the pains;
'Mid the hopings and the fears,
And the restlessness of years,
We repeat this passage o'er—
We believe it more and more—
Bread upon the waters cast
Shall be gathered at the last.

Gold and silver, like the sands,
Will keep slipping through our hands;
Jewels, gleaming like a spark,
Will be hidden in the dark;
Sun and moon and stars will pale,
But these words will never fail—
Bread upon the waters cast
Shall be gathered at the last.

Soon like dust to you and me,
Will our earthly treasure be;
But the loving word and deed
To a soul in bitterest need,
They will not forgotten be,
They will live eternally—
Bread upon the waters cast
Shall be gathered at the last.

Fast the moments slip away,
Soon our mortal powers decay;
Low and lower sinks the sun,
What we do must soon be done;
Then what rapture, if we hear
Thousand voices ringing clear—
Bread upon the waters cast
Shall be gathered at the last.

Pleasure is a shadow; wealth is vanity;
and power is a pageant; but *knowledge* is
intrinsic enjoyment, perennial fame, un-
limited space, and infinite duration. In the
performance of its sacred office, it fears no
danger, spares no expense, omits no ex-
ertion. It scales the mountains, looks into
the volcano, dives into the ocean, perforates
the earth, wings its flight into the sky, en-
circles the globe, explores sea and land, con-
tentemplates the distant, examines the mi-
nute, comprehends the great, and transcends
the sublime. No place too remote for its
grasp, no heavens too exalted for its touch.
—*De Witt Clinton.*

MENTAL SCIENCE MAGAZINE.

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EDITORIAL.

Greeting.

"O life that maketh all things new—
The blooming earth, the thoughts of men!
Our pilgrim feet, wet with thy dew,
In gladness hither turn again:
From hand to hand the greeting flows,
From eye to eye the signals run,
From heart to heart the bright hope glows,
The lovers of the Light are one."

Dear readers and friends of the MENTAL SCIENCE MAGAZINE! We send you all a cordial greeting! We feel that we are not a stranger among you, as we have been so long associated with you, as healer and teacher in the grand Cause of Christian Healing, in which the MENTAL SCIENCE MAGAZINE started on its mission. We remember with pleasure all the meetings and the congenial interchange of thought that we have had with the subscribers of the Journal, as well as our students and patients; and while we feel that we have labored hard to cheer and strengthen those who have been seeking the light, we are not unmindful of the mental and material aid which the MAGAZINE has received from you, and without which it could never have reached its present stage of existence.

We wish to assure our readers that we are deeply grateful for all their kindness, and favors; and that we earnestly desire to be true and faithful to our trust. Our

only motive is to seek the highest good of all. We appreciate all true and earnest workers in reform, and do not wish to ignore any means by which humanity may be brought into a higher and better understanding. It is the light of Truth that sustains us all, and it is this light that must continue to grow brighter and brighter until we experience the perfect joy which arises from the knowledge that truth is mightier than error.

In this, our new undertaking, with its consequent responsibilities, we feel that we need your help and good thoughts to strengthen and encourage us.

We shall engage in hard and cheerful work, of real interest, prompted by a desire to relieve the suffering of our race, and to assist those who are struggling for more light and understanding—to teach them how to restore their loved ones to health and happiness, that their dearest ties may not be prematurely broken by the chilling frost of disease and decay. We have had sufficient proof of this Divine method of cure, to know that it comprises the highest Intelligence in healing the afflicted when all other systems have failed.

As trial and tribulation press upon sensitive ones, they are asking for more light with which to penetrate the hidden mysteries of life; to bear in obedience; to hear the inner voice calling to them to come up higher, and receive the baptism of Divine inspiration. Let us go on in this glorious work which Jesus so beautifully manifested, while doing his Father's will. Let us be ready to answer every call of duty.

"Faithfully following our Master's command,
Fruitful our labor, we build not on sand.
Fear hath no place in us; Love, sweet and grand,
Fills all around us, the sea and the land."

Christmas Greeting.

"Bethlehem's star in days of yore
Proclaimed the Savior's birth;
Today bright-shining doth proclaim
The re-birth of the Truth."

To one and all wherever their abode may be,
 In our beautiful land or across the sea,
 In low soft whispers may it reach each listening
 ear,
 And merry Christmas greeting be renewed each
 year.

Let us preserve this season as one of
 gayety and simple pleasure and widening
 and deepening Christian Charity. It is in-
 calculable what Christmas and the spirit
 of Christmas has done, and is doing, for
 the world. There is no day like it for as-
 suaging enmities, reviving tender memo-
 ries, drawing together the estranged, and
 narrowing the gulf between classes. Let
 us keep the best holiday of the ages in the
 old spirit of unostentatious charity and the
 exercise of mirth and good will that re-
 freshes and does not weary.

"Let us, in our happy Christmas,
 Breathe the universal creed,
 Clasp hands with distant ages,
 In a brotherhood indeed."

Present Need.

More gentleness, more sympathy, more
 consideration, more knowledge of charac-
 ter, more real respect for one another, are
 needed in all the relations of life. Some-
 thing of the old chivalry needs to be re-
 vived. Let there be more deference of
 husband to wife, of brother to sister, of
 parent to child, and home will become
 more blessed. Let there be more defer-
 ence of employers to employed, of wealth
 to poverty, and many social questions will
 be settled. Let the strong defer to the
 weak, the healthy to the sick, the wise to
 the ignorant, the skilful to the unskilful,
 the righteous to the erring, and the roots
 of justice will be strengthened, and the
 rich fruit of human love and happiness
 will abound.—*Phonetic Journal.*

WIFE—"I wouldn't worry, John; it does
 no good to borrow trouble." HUSBAND—
 "*Borrow* trouble! Great Cæsar! I'm not
 borrowing trouble; I've got it to lend."

To Patrons.

All those whose term of subscription
 expires with this issue, are cordially in-
 vited to renew promptly. We trust we
 have sufficiently enlisted their attention,
 and secured their interest, to cause prompt
 renewals that their names may be placed
 right on our books, ere the mailing of the
 January issue. We feel a special interest
 in every reader, and shall regret to erase
 a single name, and trust they may all be
 enlisted with us for the grand life and
 great work that is before us.

We have received many encouraging
 letters and words of approval, for all of
 which we are duly grateful and shall
 earnestly strive to merit them. We would
 urgently request that our readers aid us in
 bringing a knowledge of the MENTAL
 SCIENCE MAGAZINE to their friends; in
 short, to all those who are likely to appre-
 ciate and benefit by the same. A rapid
 growth in our subscription list will en-
 able us to make valuable additions and
 improvements; consequently the prosperi-
 ty of the MAGAZINE becomes a matter of
 mutual interest and advantage. Let each
 one do what they can to secure new sub-
 scribers. We will substantially reward
 such service, either in money or Christian
 Science pamphlets.

We are anxious to place the MENTAL
 SCIENCE MAGAZINE in the hands of all
 seekers after higher light and unfoldment,
 and will freely and gladly send a sample
 copy to any one who will appreciate the
 same; therefore, in addition to what sub-
 scribers you are able to secure, kindly
 send us the address of all who are seeking
 for the light.

Metaphysics To The Front.

While in the East last winter, Mr.
 Swarts began the origination of a move-
 ment adapted to all recognized reform.
 This interest has so absorbed him, that he
 desired relief from certain work to pursue

his conceptions and hopes, as also lecturing and teaching. He determined upon a vigorous pursuit of his Non-Resident Courses of Instruction for a brief time yet, and then the merging of his school into an extended enterprise. So many have ordered his instructions by mail, he has remained in Chicago a month longer than was expected. From various sections of the country many ordered his course in the Science during November, as many as eighteen during one week, at the price he offered in the last issue. All mail relating to the Non-Resident instructions, addressed to him at 145 Monroe Street, Chicago, will receive his personal attention and will be promptly forwarded to him if absent. His school here will continue in force as in the past, and until the new organization is effected, which may be in another city. In ordering his Text Book and the Course, it may be better to remit by *draft* or by Postal Notes. He has received great encouragement from leading minds on the utility of a thorough Non-Resident system; is also receiving proffered help and co-operation. He has sent us the following to insert, if we choose, from an able mind, a surgeon (from Maine), of the Federal army during the war, and a graduate of several medical and other colleges. Believing it the honest sentiments of one who has the cause of true reform at heart, and who wrote it voluntarily, we insert it without further comment.

ATCHISON, KANSAS.—A. J. Swarts, Ph. D.—My Dear Sir, through inner convictions I desire to make some expression of my appreciation of the cause which your University has pursued in extending the Non-Resident Courses and Diplomas. I was pleased with your "Healing Formula Text Book," and its system of questions for the S. S. D., or Science Course. I was instructed, my mind enlightened and illumined; in other words, it gave me new inspiration, new life, and new strength to the physical body. I often read this little book for I gain strength and a power over disease in others. So strongly at times does this power possess me, that I feel as though I could cure any disease, rather than the Spirit through me can do so. I have attained to this condition of mind in the past, largely through the instrumentality of your writings, and much more rapidly since I received your Non-Resident Course in Christian Science. That course brought me into clearer relations and fellowship with the

minds of others, and that was one of the reasons that induced me to avail myself of your Normal and Ph. D. benefits.

The Non-Resident Instructions are the available means of opening the doors of knowledge to thousands of hungry souls. I do heartily commend the system your school has pursued in the past, and do earnestly hope that some means may be devised through you to enlarge its sphere of usefulness in the future.

I believe that the Metaphysical colleges will yet take precedence and stand at the front of the learned Institutions of the age, for upon their teachings and understanding is based the foundation of all science. I am at a loss for words with which to convey my confidence in their ultimate pre-eminence and predominance in culture and in the means of creating growth, thought, and the propagation of the power that will unite and amalgamate all the doctrines and isms of the hour. There must be no fear nor hesitation but intrepidity, fervency and zeal, and all under the direction of that Spirit which leads every man aright when truly sought.

It has seemed to me that your school has been truly aggressive, even leading in liberal and advanced thought; hence, as demanded, it should advance to more extended fields of usefulness. When we are ready to advance, God furnishes the method and means, so it will be with you. This inception of the movement is but an infant in comparison with what is to be. The picket line has only commenced to fire. The public mind is ready for an avalanche of moving thought in the right direction.

I want to add a line on behalf of your beautiful Diploma, conferring on me the legal right to cure disease under this mental or spiritual system. Not only this right, but it constantly reminds me of the Rock of Truth, and of the appropriate selection of one of its Latin mottoes: "*Deus major columna*"—God the strongest pillar: God the greatest support. I have it framed and up among my other Diplomas; when I look on those from medical institutions, they remind me of anatomy, physiology, and drugs, but when I look on yours, I feel that it gives me the key to power over disease. However useful the teachings of the other colleges may be, such as yours furnishes the "Key Stone of the Arch of them all." "The stone set at naught by the builders, has become the chief head stone of the corner."

Referring to the questions you send out to be answered by those who desire the benefits of your Normal Diploma and Ph. D., I have for many years entertained similar ideas, for I have, during twenty years, studied the writings of Rev. Dr. W. F. Evans, Emanuel Swedenborg, Comb, Ellis, Winslow on "Brain and Mind," Mrs. M. B. G. Eddy and many others in Philosophical, Theosophical and occult sciences. The Normal Non-Resident feature of your University ought to be more universally adopted, and, I doubt not, will be as its utility becomes more generally known. As you intimated in the last issue, that new arrangements would be entered into to extend the usefulness of your school and work, I hope that the purpose may be fully accomplished. I predict a glorious future as the rich reward of a noble work to bring the mind of man into closer communion with his Creator. You can rely upon my moral support to encourage and aid the work."—O. P. Rice, M. D., Ph. D.

A Tribute.

Among some items which the ex-editor designed to insert in the November issue we find the following, which was held over for more definite information, that Dr. and Mrs. Patty have decided upon Los Angeles. Having formed a good opinion of their work, we join also in the following wishes:

While we omit many cases worthy of personal mention, we feel it a duty, as well as a pleasure to say a word relating to the earnest work of Prof. J. H. Patty, M.D., and his wife, Mrs. Rose A. Patty, who is also a physician. No better endorsement of their success as independent healers is needed, than the fact that ablest physicians and Medical institutions, where they have practiced, earnestly desired them to desist and move away. We learn of their recent removal from Kansas City to Los Angeles, California, where they have chosen their residence and opened an office for professional labors. We wish them abundant success, not only as students of *Christian Science* and graduates also of our *University*, but from the fact that after they incurred the expense of medical graduation they followed their intuitions and convictions in the abandonment of drugs for a better practice. Among the many good things in their professional bills we read: "Drugs never cured a disease; the Mind cures all diseases."

We commend them to all who desire health and useful information in human culture and advancement.

Don't try to be like anybody else. Infinite variety is God's plan, and you cannot improve upon it. Be your own sweet, blessed, individual self; and make that self more individual and blessed every day by keeping guard over your thoughts; for thoughts are the only building material you possess. Think only love and good will. Never mind if somebody does scold, or find fault, or criticise, or, worse still, say some false thing of you. If you will persist in sending out only thoughts of love, you shall win others into beauty, as well as grow beautiful yourself.—*Mary H. Plunkett.*

A soft, low word in kindness spoken—a radiant face beaming with love and sympathy, are dews from heaven, distilling sweet hope and courage to weary-laden hearts.

Editorial Notes

We are pleased to welcome several new contributors to the present number.

December class in Christian Science, Mind Healing is now forming. Will open about the 14th. Those wishing to join this class are invited to inform us early.

Dear readers and friends.—Please accept my heartfelt thanks for so many expressions of encouragement and sympathy. They are like the bright oasis in my pilgrimage.

Mrs. J. C. BITTINGER, 1516 Michigan Boulevard, has recently returned from the East. She is a lady of intelligence and culture, and an excellent healer in CHRISTIAN SCIENCE, especially in absent treatments.

Mrs. K. V. Grinnell, 41 N. Talman Av., Editor of the *Logos*, is a lady of rare spiritual culture and unfoldment. Her publication is receiving many words of praise.

The manager of the Purdy Publishing Co. is succeeding remarkably well. Formerly she was our correspondent and business manager. Now the *DAY STAR* is shining in McVicker's Theatre Building. She and her sister and brother (co-laborers), are worthy of any one's confidence and esteem.

We hope to be able to meet the requirements of our readers and continue to give the clearest and best articles relating to Christian Science. We hope to aid all in this branch of reform. We are ready to report the best interest for every locality.

From looking at the November issue of your beautiful *MAGAZINE*, which I found at the house of a friend, I notice you are now the sole owner and proprietor. Hope you will not only find the labor of editing, and conducting the *JOURNAL* pleasant, but every way remunerative. MRS. J. S. C.

Hartford, Conn.

A Poem.

"It was only a breath, a foul dark breath,
That whispered of sin and shame,
Yet it fluttered around and hovered about
Till it blackened a fair, good name.

Sin—what *is* sin? and what is shame?
Let the answer come from within
And tell me *this*—is not lying, a shame?
Is not *all uncharity* sin?

Who dares to judge of his brother's heart?
Or how white is his sister's soul?
Look well, instead, that your own be clean
When the curtains that hide it, roll."

—Selected.

Kindness Echoed.*

MRS. R. S. WILLSON.

This is the first time that these columns brought
pain,

But surely it is not for money to gain:
How strange seem the tidings, that "it must be
so,"

But we're glad you affirm 'tis the Father says
"go."

We'll ever remember your kindly words sent,
For words of instruction and caution were
meant:

They'll help us press onward to that brighter day,
And aid on our journey but kind words to say.

There are other thoughts I incline now to write,
Thoughts blending with majesty, justice and
might;

For claims of indebtedness what can we pay?
These things may be thought of, for words can-
not say.

How express with thee that we wish to impart?
Has He not engraven it deep in the heart?
Requite with a "thank you," the treasures we've
read?

No, never! but *think words* that need not be said.
Madison, Wis.

*This recognition was penned and sent to the office quickly after last month's issue went out. It is an expression of gratitude to our predecessor by one in a sister State whom he had instructed and treated absently. For its beauty of sentiment we give it a welcome place and echo back to our sister a kindly refrain.—Ed.

"Are you asleep, baby?" "Yes, mamma; and you know the doctor told you not to wake me to give me my medicine."—*Ex.*

Healing and Teaching.

FORMULA.

Soon to be issued for recording metaphysical treatments, both home and absent. Twenty-five cents per dozen. Please send in your orders.

ABSENT TREATMENTS.

To the sick and afflicted I will give a course of twelve treatments from 7:30 to 8 o'clock p. m.; Sundays excepted. Write us for reasonable terms.

Any person wishing to study with us will please write us early, and if they desire we will find suitable places while they remain in the city. It may be well to bear in mind the absence from home will be from fourteen to eighteen days for PRIMARY COURSE.

IN NEAR TOWNS.

Arrangements can be made with us to give parlor talks or class instructions in MENTAL CHRISTIAN SCIENCE Healing. Any one forming a class for us to teach will receive the course of lessons free; indigent students favored. A Diploma will be given to each student if they desire it. Write us for reasonable terms.

TEACHING.

Classes will be formed near the middle of every month, and will meet daily, except Sunday, in lessons of two hours each.

The second hour will be devoted chiefly to the asking and answering of questions, and to practical treatment.

Class treatment given to any student without extra charge, also a printed formula for proper diagnosis and treatment will be presented to each student who desires it.

A husband and wife, or two friends, will be admitted for one fee. Tuition payable on joining the class. No extra charge for a Diploma.

Spiritual, Mental or Christian Science will be clearly taught.

We will favor indigent students. Terms reasonable. All are kindly invited to write us freely.

Notices.

We regret that many good articles must be left out of this issue for want of space.

The MENTAL SCIENCE MAGAZINE will announce some interesting facts in January issue.

Duplicate copies will be sent to those notifying us of the failure to receive their numbers.

Patrons who are about to change their address will please inform us by the 25th of each month, and thus save loss and expense.

In sending us pay for anything less than 25 cents, two-cent postage stamps will be acceptable. Please do not send special delivery stamps.

AGENTS WANTED in every town and city to canvass for the MENTAL SCIENCE MAGAZINE and Metaphysical literature. Write us for terms.

We will send promptly, at the lowest price, any pamphlet or book in Mental Christian Science. Send in your orders with the price given in our list or any other catalogue for these works.

Expiration of subscription is indicated by an X on the WRAPPER. We kindly invite all whose subscription has expired to renew early by remitting the \$1.00, which must always be in advance.

EXCHANGE.—For the November and March (1888) issues of the MENTAL SCIENCE MAGAZINE we will gladly give in exchange two copies of any other date. We have received more orders for these numbers than we are able to supply.

All communications, literary or business, should be addressed to Mrs. Katie I. Swarts, Chicago, Ill., to whom should be made payable drafts, postal and express orders. All articles, notes or news items intended for publication should reach us at the very latest by the twentieth of the month.

Letter Extracts.

YOSEMITE, CAL.—I am 74 years of age. The reading of the MENTAL SCIENCE MAGAZINE has been of great benefit to me. The enclosed is for a course of treatment for hearing, etc., as stated.
G. C.

MILL SPRINGS, KY.—I am highly pleased with your Non Resident Course, and the Diploma, as I am a lecturer and desire to enter the teaching ranks. I expect to accept your offer soon for the Normal and Ph. D. Diploma.
REV. A. C. T.

EUREKA SPRINGS, ARK.—We prize your MAGAZINES very highly. They come like the visits of a dear friend, and we do not like to miss a single one. I received the November number freighted with good things for the hungry soul. I hope success may attend you in your grand and noble work for humanity.
MRS. C. J. B.

SAN DIEGO, CAL.—I remit for a second course of treatment. I am very much improved since you began teaching me; I have great hope of being cured. I am becoming much interested in Christian Science. If I am cured I can do much good by hunting up the sick and directing them to you.
MRS. H. W. B.

YPSILANTI MICH.—I will renew my subscription and will try and get subscribers for the MAGAZINE. I feel that what I know of Christian Science has made me a better Christian, mother, and friend. A deep interest has been lately awakened here on the subject. May success be yours. May grace and love be with you.
MRS. M. E. S.

MARIETTA, GA.—Your kind words are remembered. The Diploma is beautiful; it is being framed, and is to be a constant reminder of the great Truth, even an inspiration toward higher and more earnest efforts. Everyone observes the benefit this Science has been to me. I am much stronger and happier! Surely it is God's own work.
MRS. N. N.

NEW YORK CITY.—* * * And now, Dr. Swarts, my lady friend and I are both ready for your Text Book, the Non Resident Course and Diploma. With many other good friends here, I offer you my fullest sympathy, as my mite, in all that it may be needed, and gratitude for what you are overcoming and doing for humanity and the world's salvation.
A. C. S. B.

YPSILANTI, MICH.—In our conversation one year ago, you set thoughts in motion that stirred deep recesses in my mind. I have since better understood true religion. I have always felt grateful to you. I thank God that I have come into better light, and learned to live more in the Spirit. The promised millennial reign of one thousand years is to be a spiritual reign. O glorious Truth!
MRS. M. E. S.

BRADFORD, PA.—A year ago I bought "Science and Health." I was treated by a scientist and realized benefit through the Truth. Last spring I bought your "Healing Formula and Text Book." I read it and re-read it, for it contains so much! Want of time was all that kept me from writing out the answers. If I am in time yet for your recent offer for Non Resident Course, please inform me, with any suggestions about the same.
S. E. M.

Reviews.

The Mustard Seed.—A Strictly Christian Science Journal, published monthly. *The Seed*, although small, is growing finely. May it become a great tree! One year, 50 cents. James Reed, editor and publisher, Ottawa, Kansas.

Mansford's Magazine.—An excellent family journal. Volume 32, 64 pages; published monthly. The contents are instructive and uplifting. May it become a welcome guest in every household. \$1.50 per year. Rev. T. H. Tabor, editor and publisher, 774 West Van Buren Street, Chicago, Illinois.

Harmony.—A new monthly magazine. Volume 1, No. 1, 1888, 32 pages. Teaches that God is infinite and everywhere present; that Truth is Religion, and that Religion, or Truth, frees us from all error and sorrow. \$1.00 per year. Mrs. M. E. Cramer, editor, 324 Seventeenth Street, San Francisco, California.

The Unitarian.—A monthly magazine of liberal christianity. Volume 3, 1888, 48 pages. "Most excellent." Dr. H. W. Thomas, (Chicago). "By all odds the best religious monthly in the United States."—*Universalist Record*. \$1.50 per year. Rev. J. T. Sunderland, editor, Ann Arbor, Michigan.

The International Magazine of Christian Science.—Published monthly. Volume 3, No. 1, 1888. Freighted with rich and rare treasures from various sources. Its charming editor, with untiring energy, has won thousands to this field of reform. \$2.00 per year. Mary H. Plunkett editor and publisher, 13 West Forty-Second Street, New York City.

Christian Science.—A new monthly publication. Volume 1, No. 1, 1888, 24 pages. The style is attractive and unique. It has a rich table of contents. With its genial editor at the helm it cannot fail to be successful. It will prove a blessing to all who read and follow the teachings of the *Science*. \$1.00 per year. Ida A. Nichols, editor and publisher, McVicker's Theater Bld'g, Chicago, Illinois.

The Quarterly Record of the Societies for Ethical Culture, published in April, July, October and January of each year, beginning with April, 1888. This *Record* presents the news of the *Ethical Movement* at large, and also the progress in the different societies. Address, Miss Charlotte Porter, 333 S. 18th St., Philadelphia.

Send for "*The Kindergarten*" Monthly. Mothers need it, all the world should get and read it. Sample copies free to all, by the year the price is small. Address, Alice B. Stockham, 161 La Salle St., Chicago.

Special Notices.

THE NON-RESIDENT COURSES are gaining rapidly in favor. Many are availing themselves of this opportunity, which includes a diploma legalized by law for Mental healing.

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Form clubs, remit promptly, and thus serve yourself and the cause of Christian Healing.

Many are having the MAGAZINE bound in volumes.

If some of the friends who possess the "SPIRITUAL HEALING FORMULA AND TEXT BOOK," are willing to part with it, and will so inform this office, they may receive an offer of a work by another on the Science, and much larger, in exchange. Also, on another interest, a communication will be sent to such of special interest to them. Write soon.

From papers received, we infer that good earnest workers have engaged in the enterprise at 53 Boylston street, Boston. It is an "Information and Aid Bureau," both special and general. Among other things a list of healers in Boston will be kept, also free access given to Mind Healing or Christian Science publications. THE MENTAL SCIENCE MAGAZINE will be found among others.

That most excellent work by J. H. Dewey, M. D., "The Way, The Truth and The Life," is meeting with a rapid sale. It has 400 pages. Price, \$2.00. We will send it on receipt of this amount, post-paid.

Appreciation and Sincerity.

Among letters that are daily coming to our office, we find many relating to the great system of Mental or Christian Science. It becomes very evident that the Cause is taking a new hold of fine, and even ablest minds among the professions. The better instructions and ablest advocates of the Cause are soon to be heard by the best of thinkers. The principles of Christian Science can never die, for they are true and Truth itself. It begins to seem that the various systems of culture and cure may be brought nearer and nearer together, until they are in unity of faith on important points. We would like to make more copious extracts from many letters, that our readers might see the growing interest. We take the liberty of giving to them the loyal words which we extract from a letter we have lately received from W. J. Atkinson, M. D., V. D. of Clarksburg, Missouri. Among other remarks, that encourage, he says:

DEAR MRS. SWARTS.—The MAGAZINES arrived all right. They are good in thought. I will write you something for publication soon. I have taken a course in Mental Science, and can say, it is the grandest system in the world. There is nothing like it. It contains the whole science of life. A thorough understanding of it will restore to health from every form of disease. Disease is only a negative condition of health, and Mind, which is the Master, can change such condition to the positive, or health.

I am thoroughly imbued with the beauties and Truth of the Science. Never has anything accomplished for me what it has. My power over disease has greatly increased. I feel that under this Science I have life, and am to have it more abundantly. Bible truths are opening to me as never before. The whole world is brighter, and I see everything in a new light. I can say with Job, I know that my Redeemer liveth!

I have reached a point where I stand, as it were, on a great pinnacle. I can see the systems or kingdoms of earth. I know that if I will fall down and confess, or worship them, the evil, the devil, that they would be mine. I am often told that if I would give up these views, and join the church, I would soon be rich. This might be, looking thus from a worldly side, but why did not Jesus do so? He was true to His convictions to Truth, and he *could not*. Although assailed and poor, He said to all such kingdoms, "Get behind me Satan." So I say, and have said so for thirty years. I have come up through all the systems, but I have now found the *truth*.

To my mind Christian Science furnishes the key that unlocks all the mysteries of life. I have never found anything that equals it. When it is correctly presented, it makes a light so bright the soul recognizes it without an argument.

I desire to hear the particulars and terms for the Non-Resident Course and its benefits, for I feel that I can be profited thereby. Also I hope to obtain the Normal endorsement, or Ph. D.

A Letter.

MY DEAR MRS. SWARTS:— I send warm thanks for the generous supply of sample copies of the MENTAL SCIENCE MAGAZINE. It is truly a good journal, and I hope we will soon be blessed with it all over this part of the country. I am greatly interested in this new light which has dawned upon the world, and watch its progress with deepest interest. I will send my subscription as soon as possible. Certainly, this cause of the good must be sustained, and should be assisted by voluntary contributions. I observe many engaged in this Cause who are working nobly, spending money and accumulating none. It takes money to pay rent and publish a magazine. I will work faithfully for the journal, and influence others to do likewise. We think some will send you a check as substantial aid and a gift to the Cause. May Heaven's blessing be yours in this good work, is the prayer of your faithful, loving friend. Z.

Danville, N. Y.

A Token of Love.

DEAR MRS. SWARTS:— Please accept \$5.00 for your December issue. May Heaven's choicest blessings rest upon you.
Your loving friend, MRS. B.

MY LOVING MAMMA:— Please accept my little Christmas gift, \$10.00, for your December issue. I wish it was more. May you be crowned with happiness and prosperity is the prayer of your loving son

CHARLIE.

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