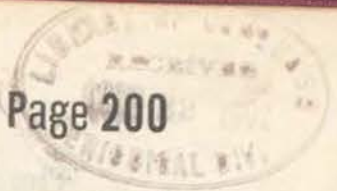


FORTUNE TOLD FREE BY ZODIAC See Page 200



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NEW YORK, APRIL, 1902

VOL. 2, No. 6.

MAGAZINE OF MYSTERIES



Almighty and Eternal GOD, who sent Thy Holy Son, the Master, to point the Way to Eternal life; we beseech Thee to lead us to the Truth,—that in the living Christ is the life and glorious resurrection; and grant us to die from our sins, that we may live in joy, peace and calm and helpful service and thus rise to Thee, Blessed One, as our LORD did. May we follow the steps of the Master's Holy Life that we may eternally live and reign with Thee, the King of Glory and Christ the Prince of Peace, and the Holy Spirit, and the Holy Angels, for ever and ever. Amen.

PERPETUAL ASTROLOGICAL CALENDAR See Page 187

"CHEERFUL CHATS" See Page 170

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IF YOU ENJOY THIS MAGAZINE, WITH ITS VIBRATIONS, ITS HELPFUL WORDS OF HOPE AND OPTIMISM, WOULD YOU NOT BE DOING SOME FRIEND A GREAT FAVOR TO SEE THAT HIS ATTENTION IS DIRECTED TO IT? A JOY SHARED DOUBLES THE PLEASURE.

The Holy Meditation

For Happy and Miserable Souls

EMINENT divines say that Psalm twenty-three has been more used than any other passage in the Bible.

The mere reading of it will inspire the soul of anyone. The Holy Adepts meditate much upon this beautiful Psalm.

It is David's confidence in God's Grace. It is for both the Saint and the Sinner; it will give hope to the sorrowful.

More good sermons have been preached and written on this short Psalm of only six verses than any other one portion of the Bible.

The twenty-third Psalm and The Sermon on the Mount have soothed and thrilled countless millions of souls, and will continue to do so until every soul turns to God.

Go into the silence of thy chamber and read these inspiring words of David:

1. The Lord is my shepherd; I shall not want.

2. He maketh me to lie down in green pastures; He leadeth me beside the still waters.

3. He restoreth my soul; He leadeth me in the paths of righteousness for His name's sake.

4. Yea, though I walk through the valley of the shadow of death, I will fear no evil; for Thou art with me; Thy rod and Thy staff they comfort me.

5. Thou preparest a table before me in the presence of mine enemies; Thou anointest my head with oil; my cup runneth over.

6. Surely, goodness and mercy shall follow me all the days of my life; and I will dwell in the house of the Lord forever.

The above six verses are read and re-read constantly by Holy Mystics.

This Psalm in verse one is a promise to the God-loving man of A HAPPY LIFE.

Verse four, of a happy transition called "death."

And verse six, of a happy and blissful eternity, with God, Christ and the Angels.

It is a beautiful Psalm to dwell upon in the silence and quiet of Holy meditation.

THE BLISSFUL PROPHECY.

GOD IS LOVE.

For the Sinful, Troubled and Sorrowful

ALMIGHTY and most tender GOD, the Eternal One, and the Loving Father of ALL, we are in sore trouble and are sad and sorrowful and perplexed. We have often sinned by disobeying Thy Eternal Law of Justice, and our grief and sorrow are the effect of our transgressions. But Thou, Father, art a merciful and forgiving God, and wilt forgive our sins and help us. No matter how much we are overwhelmed with sin, we are Thy children, and Thou art our Loving Father, and all we have to do is to ask for Thy help and give Thee but a little bit of our love, and you and Christ and the Angels will help us and rejoice with much gladness. O Loving God, how little you ask of us, and how grudgingly we, in the darkness of our sins and errors, honor Thee by giving that little! O Patient ONE, how kind and patient Thou art with us; how tremendous must be Thy great love! Merciful Father, the Eternal GOD, grant us pardon and grace and calm and peace, and breathe on us Thy Holy Breath which heals all wounds and restores us to a Holy Calm and a consciousness of our oneness with Thee, the BLESSED ONE. With glory to the Father, and the Son, and the Holy Spirit. AMEN.

How calm, restful, peaceful, serene and blissful is the soul that loves God and is bathed with the Holy Spirit. Again, how powerful, forceful and helping such a soul is, because it is at-one with GOD and is not disturbed and never disturbs another soul; it is only helpful; only soothing.

Mental Science says: "Get yourself right and the world will be all right." So far so good. But Mental Science cannot get your SELF (the Soul) right, because the SELF, or SOUL, is a spiritual thing and not a mental thing. Therefore, we must go to Spiritual Science, or Religion, to get our SELVES—our Souls—right. We must pray to GOD with earnest prayers for Divine Help and Leading. We must look only to GOD for help. The Mind can help us very little. There is the SOUL which is the master of the Mind, which must be roused and joined to GOD before we can get our SELVES (Souls) right. We must surrender mortal mind and mortal will completely to GOD before we can get our SELVES right; before we can breathe the Holy Breath—the Holy Spirit.—F. H.

"Be not deceived; GOD is not mocked." The Law of GOD cannot be cheated.

No one can escape KARMA, which is the law of cause and effect.

The Law of GOD is the Law of Compensation and Reciprocity and Reap what you sow.

If you put your hand in the fire, the fire will burn it.

If you sin you must suffer.

If you are indolent and slothful you are a drone in the great hive of the WHOLE, and WOE will be your honey.

The God-loving soul is orderly.

He sees that the first and eternal law of GOD is order—perfect order.

The more divine a man is the more orderly he will be.

There is nothing but perfect order with GOD. Throughout the universe we see only perfect order in everything.

Great men are they who see that spiritual force is stronger than material force; that thoughts rule the world.—Emerson.

Suppose you say to yourself: "This is an ordinary, shabby life of mine to look at—no great thing to do or be or hope for or grow to. I have just got to content myself with drudgeries that must be every day the same and never advance me beyond themselves. But I mean to put great cheer into all I do. I mean everything shall show integrity, shall speak of honesty, shall prove my truth; nothing that I touch that I will not adorn by some grace of soul." What will be the result? Where will be the paltriness, the worthlessness, of your life?

All about us, and within us, exist rates of vibration known as forms of energy, some of them forced by man's ingenuity to record themselves by aid of mechanism, others yet waiting this sort of detection. Recording devices to reveal the laws of light, heat, chemical affinity are familiar, but no one yet in a similar manner records thought or gravity.—Martin.

Soul, Mind and Body

WHEN man feels more of Soul than of Mind he is getting nearer to God and the Angels. The great and tremendous vibrations of the Soul are not to be compared with mental vibrations—from the mind only. Plato, Socrates, Jesus and Buddha were Great Souls, who vibrated with God from the Soul. They breathed the Holy Breath of the universe; were bathed in the Holy Spirit. These great souls did a tremendous work and made a divine impress on man and the world that will last forever.

Mental giants come and go in countless numbers and are soon forgotten. Not so with a great Spiritual Giant. He lives for all time—for Eternity.

Man should first seek God and cultivate the Spirit by feeding the Soul—arouse his soul fully and completely—and become a Spiritual man here and now. Doing this will better enable him to cultivate his mind and intellect and build a strong and healthy body. The reason so many men and women do not succeed in doing or accomplishing much here in the Earth Life is because they try to develop their mental and physical sides first. This is putting the cart before the horse, and is a great mistake and causes much failure and much suffering in the world.

Any man or woman, no matter what may be his or her vocation in life, can do more and better work, and enjoy better health and live longer in a healthy body with the vibrations of the Holy Spirit, which come from a love of God, than without them.

The world is full of mental and physical wrecks just through neglect of the Soul—neglect of feeding the Soul.

The insane asylums and prisons and poorhouses and public homes and public hospitals are kept filled, because men and women will not feed their souls. They feed their minds and bodies with all sorts of rot and rubbish, but starve their souls—the real part of their being.

Men and women, listen! You are ETERNAL SOULS with bodies and minds, and are not bodies and minds with souls.

Put the real man—the soul—first!

Mind next!

Body last!

We are SOUL, Mind and Body.

Many fail because they believe they are Body, Mind and Soul.

Feed the Soul with Love and Truth and Light—the Holy Spirit—and your mind will be clear, beautiful and radiant; your body will be clean, pure, strong and enduring, and you will live a long, useful and happy life right here on Earth in the body.

Now, remember, YOU are an ETERNAL SOUL, occupying a body, and that the mind is merely an instrument that you use.

Feed your Soul! FEED YOUR SOUL! FEED YOUR SOUL!

Failure, Dis-ease, Woe and Misery come to man because he starves the Soul—the real man.

Divine Power, Success, Health, Peace, Bliss, Joy, Happiness come to man when the Soul is fed with Spiritual Food.

A MYSTIC.

Daily drudgery and unceasing care come to him who is a slave to his senses, appetites, desires and ambitions, and who is thus bound to the Earth—earthly attachment. Listen to the Holy Mystic! Attach yourself only to God, your Father, and let all other attachments go, if you would be free and have peace.

Spiritual Science, or Religion, can help both Spiritual and Material things. Spiritual Science and Mental Science are not alike; a Spiritual Scientist and a Mental Scientist are two different persons. One is a knower of the Soul, and the other is a mere knower of the mind, which is an instrument of the Soul. Mental Science will carry one so far along the Mental Path and no farther, while Spiritual Science is not limited and carries the Soul far beyond all reason—all mind—to God, the Omniscient One. Religion, or Spiritual Science, is scientific, and is the Science of being here, now and forever; it is God, Christ and the Holy Spirit—Omniscience, Omnipotence and Omnipresence—OM.

Were I, O God, in churchless lands remaining,

Far from all voice of teachers and divines,

My soul would find, in flowers of Thy ordaining,

Priests, sermons, shrines.

—Horace Smith.

LABOR IS SWEET.

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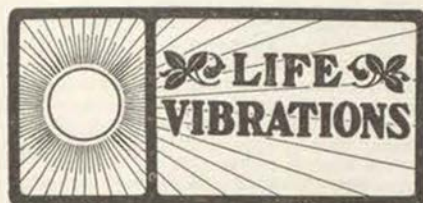
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Vol. II

NEW YORK, APRIL, 1902

No. 6

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APRIL! Sweet April!
Now we see God in the bud!
God in the flower!
God in the robin!
Sweet April!
LIFE, beautiful Life, breathes
Everywhere!

The bluebird chants from the elm's long
branches
A hymn to welcome the budding year.
The South Wind wanders from field to
forest,
And softly whispers, "The Spring is
here."

April coaxes and soothes all nature!
The Sun and Rain come at his bidding!
Sweet April!
APRIL!
LIFE!
NEW LIFE!
April! Sweet April!
"O NATURE! Sweet to every stricken
one.

"Thy voices, infinite in harmony, chant
secret things of Peace."
Bless God, who made the world so fair!
Our souls and hearts, Mighty One, leap
with joy!

Sweet April is here!
What a world of promise!
Look onward, forward, upward!
For Sweet April, the month of promise
and resurrection, is here.

Hearst thou the sweet voices of the
Angels in field, grove and forest!
Sweet April is here!

ALMIGHTY GOD, we sing with Thy birds
and buds and flowers and grasses of Early
Spring, a song of joy, thanks and gratitude
for being placed here on Thy fair Earth.
Glory be to the Eternal God, to the Blessed
Son, to the Holy Spirit, and to the Holy
Angels, for ever and ever. Amen.—F. H.

The Secret of Greatness

THE secret of greatness is intense, fer-
vent love for God, the Son and the Angels.
George Washington was a God-loving,
religious man.

W. E. Gladstone was a religious man.
Abraham Lincoln was a religious man.
William McKinley was a religious man.
No man can be truly great without relig-
ion.

We are made brave and courageous and
optimistic through love of God, and the
hope that such love inspires.

The enduring man is the religious man.
The religious man is the enduring man.
Religion makes one mild, gentle and
kind.

Mildness and gentleness and kindness
are the underlying qualities of all great
men.

Victories are gained by loving kindness.
"A MORE GLORIOUS VICTORY CANNOT BE
GAINED OVER ANOTHER MAN THAN THIS,
THAT WHEN THE INJURY BEGAN ON HIS
PART THE KINDNESS SHOULD BEGIN ON
OURS."

This is what the Blessed Christ taught—
to be mild, gentle, kind and forgiving.

Religion is the only true way to great-
ness.

Religion is the only true path of true
success.

Without religion this world would be a
wilderness, without civilization.

Look into the soul and heart of every
great man and you will find God dwelling
there.

The Past

ANSWER TO ELLA WHEELER WILCOX, "KEEP OUT OF THE PAST,"
IN THE MARCH NUMBER OF THE MAGAZINE OF MYSTERIES.

By Abbie Walker Gould Sutton.

GAZE oft at the Past; it has beauty,
There are roses and lilies of hope,
There are kisses of sweethearts and babies,
There are trials with Error to cope;
There are "Memory Pictures," unfading,
That Eternity never can mar,
There are dreams that came with the morning
When life was lived on a star.

Look to the Past; e'en its shadows
Were but the background of Light,
Life in its nature is dual,
Never comes Day without Night,
Never comes joy without sorrow,
Never comes pain without peace,
Then bind the Past with the Present,
The Future will bring sweet release.

Those who have loved with the Spirit
Cannot blot out their past days,
Theirs are the joys to inherit,
Though coming in manifold ways;
But let the Past teach its lessons,
The Good alone remains true,
I cannot give up my Past fancies
Though they may mean nothing to you.

Cheer up, you who are sick! God and
the Son, and the Holy Spirit and the Holy
Angels can and will help you! Go to the
Ancient Physician with all your ills. Try
God *once!* You have tried countless mor-
tal ways to have health and be free of dis-
ease, and they all have failed. TRY GOD'S
WAY! Go to Him quietly and penitently
and ask for His Mighty Love and Power.
O, how we ignore the Blessed One, who is
ever ready to take us into His loving arms.
No wonder the world has disease; the won-
der is that there is not more sickness.
Cheer up! There is an unailing remedy
for all our woes and miseries and diseases
always at hand. God can help us, when
everything else fails.

Men are tattooed with their special be-
liefs like so many South Sea Islanders;
but a real human heart, with Divine love
in it, beats with the same glow under all
the patterns of all Earth's thousand tribes.

God speaks to each one directly, and if
you do not listen to His Voice and obey it
you must suffer here and now. The inner
voice or our silent thoughts always tell us
what is right and what is wrong. "Every
one knows when they sin; we are always
told of sin by our thoughts, and if we will
follow them we will not sin; then we will
be happy; but if you fail to listen to your
better thoughts, then trouble begins at
once."

It is only through *living* the Christ-life
that we discover omnipotence—the power
to do and to achieve, here and now. Bel-
ief without *doing*, or *living* the life, does
not carry the soul far on the Path.

When the mortal mind thinks it knows
more than the Divine Mind and would have
its way, then the mortal suffers intensely.
It cannot be otherwise. This is the Law
that never changes.

Many people who have great mental
qualities are very miserable because they
worship mortal will power and make a God
of it. George Eliot said: "I've been a
great deal happier since I have given up
thinking about what is easy and pleasant,
and being discontented because I couldn't
have my own will. Our life is determined
for us by divine will; and it makes the
mind very free when we give up wishing
and willing, and only think of bearing what
is laid upon us and doing what is given us
to do." This is the hardest lesson—indeed,
the only lesson—man has to learn to follow
Divine Leading; to give up all mortal will;
to give up ALL to gain ALL right here and
right now.

It is great to feel and say cheerfully,
"I am content to bear and endure any
grief or sorrow that comes to me, with the
help of God, the Son, the Holy Spirit and
the Holy Angels."

The Universal Brotherhood of Ancient Mystic Adepts

By Brother No. 1

IN response to a request from the Editor of THE MAGAZINE OF MYSTERIES to our Universal Order of Ancient Mystic Adepts (in and out of the body) as to how to attain membership in our order and the benefits of our teachings, we would say that any aspiring soul who has an earnest, intense desire to get into our vibrations, where there are spiritual unfoldment, health, wealth, eternal joy, peace and happiness, should address a letter to BROTHER NO. 1 OF THE BROTHERHOOD OF ANCIENT MYSTIC ADEPTS, care of THE NEW YORK MAGAZINE OF MYSTERIES, 22 North William Street, New York City.

[The Universal Brotherhood of Ancient Mystic Adepts—THE HOLY SEVEN—which mystically works for universal good and the uplifting of mankind in all parts of this planet and the universe, recognize in this Magazine a medium for great and far-reaching good, and have for the first time been willing to appear in a public print of this character. The Magazine feels honored and blessed by this recognition, and our readers who listen to these Great Souls will be helped to reach the Great God—Light, Wisdom and Eternal Bliss.—Editor.]

Be Thoughtful

How many are the heart aches caused by want of thought! Thoughtlessness is sin. "I didn't think" is no excuse. We should have thought. "I didn't mean" is a poor apology. With the blessed possibilities God has put into our hands we should be "thinking" and "meaning" all day long; think how we can help, meaning to make our life a benediction to others. A frown will hurt. Scolding words will hurt. Silent neglect will hurt. A KIND WORD, A GENTLE SMILE—and these cost so little—will cheer the sad and comfort the tired. And the blessedness of the whole matter is that the smile we throw to a little child will come back in radiance to illumine our own lives, and the kindly word will ring a chime of music in our own hearts. My Beloved, let us write this motto on the portals of our life: "God helping me, I will help, not hurt, my fellow-men!"—H. A. K. Mystic 1.

When a man dies they who survive him ask what property he has left behind. The angel who bends over the dying man asks what good deeds he has sent before him.—*The Koran.*

You can train the eye to see all bright places in your life and so slip over the hard ones with surprising ease. You can also train the eye to rest on the gloomy spots in utter forgetfulness of all that is bright and beautiful. The former is the better education. Life is too short to nurse one's misery; my beloved, hurry across the lowlands that you may linger on the mountain-top, where the Sun of Eternal Joy forever shines.—H. A. K. Mystic 1.

And thine ears shall hear a word behind thee saying, This is the way, walk ye in it, when ye turn to the right hand and when ye turn to the left. —*Isaiah.*

"ALONE, alone, oh so alone! Is there no one to whom I can look for comfort or sympathy? Is there no one who will help me through this hard storm of adversity, who will stand by while I decide this awful question, who will lend a hand in carrying this heavy burden? Alone, so utterly alone!"

This is the heart cry of humanity. But oh, dear hearts, there is a season

when you must stand alone, *not to suffer, but to grow.*

Alone the soul must win her victories, alone her faltering steps make strong, until that fair, sweet day she finds herself in unity with God.

The times of loneliness presage the coming of new powers, the opening of wider doors of opportunity, if you can but work and wait with patience, for the very stillness of patience will bring you the new conditions, the greater strength.

Still the wail goes forth: "I have tried and tried. Where is the fruit of it all?"

Yes, but you are looking only at your present circumstances, at the *apparent* lack of reward. Take a larger view. See that all things work together for good. Make ready through *earnest desire* and *earnest expectation* for your Christ; your burden bearer, your peace giver.

"Who is this Christ and when will he come and how?" I hear the many eager ones asking.

Christ is the universal Power, Love, Truth made manifest in human life—the burden bearer because the truth revealed, like light, dispels all darkness—removes all thought of burden. The peace-giver because a recognition of the presence of Love creates in the soul that peace which passes words.

This Christ is then the God-love, the God-power in you that makes all things new, creates new conditions, continually reveals new aspects of itself and which possesses and uses you, if you will. This it is which in voiceless word proclaims "This is the way, walk ye in it."

Its other name is the Paraclete or Comforter which Jesus said would bring all things to your remembrance and lead you into all Truth.

As to the time of its coming, dear friends, that depends on your willingness to cease thinking and speaking of your burdens and miseries and loneliness. It is with you always. It waits ever to speak with you, to bring you friends, to comfort and bless and strengthen you. But your ears must be ready to hear, your heart ready to entertain the heavenly Guest. When that time comes you will not cry out in despair, "When?"

With shining face and joyous heart you will say "Now it is with me, this comforter

for whom I longed. I am no longer alone. It is my Companion, my Friend, my Beloved. It speaks to me, it guides me in all my ways. I am content."

"God is not dumb that He should speak no more.

If thou hast wanderings in the wilderness And find'st not Sinai, 'tis thy soul is poor. There towers the mountain of the Voice no less,

Which whoso seeks shall find, but he who bends

Intent on manner still and mortal ends, Sees it not, neither hears its thundered love." —*Mystic 7.*

Fragments Become Great

ONE of the most beautiful stained windows in an old English cathedral was made by an apprentice who gathered together the broken bits of glass chips which were thrown upon a refuse pile.

Are you throwing away your opportunities of doing good? Are you, like the builders of old, rejecting the corner-stone, for you know, the stone which the builders rejected the same has become the head of the corner?

Are we not of more value than a little piece of glass if only fitted into the niche for which God intended us? Come, let us burrow into the ground. Oh, thou dirty, black piece of coal, what are you good for? "Why," says the coal, "it took centuries to make me. Forests were hewn down and covered up. Miners, with their little pickaxes and lamps, hunted me out. I drive the steamers across the seas, I rattle the wheels of the factories. Before my glow the chill of winter flies and the children play the pranks of holidays and laugh at my anger as I sputter and leap."

Thou filthy piece of clay, what are you good for? Says the clay: "I am the porcelain which adorns the palace of the King. I am the vase holding the flowers which perfume the bedside of the invalid. I held the water which blushed into the wine at the wedding of Cana of Galilee. God took me and molded me and breathed into me until my lungs panted like a hunted deer. God made man out of clay, worlds are made out of the atoms."

Oh, thou mud bank, what are you good for? "I am the chemistry which colors the flowers. I am the pool where the birds quench their throats to sing. I am the spot where the trees love to grow. I am the harvest field where the farmer plants his grain. I am the place in which the slothful and unfaithful servant hid his talent, which, if he had properly cared for, would have blossomed seed ready to change me into a garden of fragrant opportunities."

Are you frittering away your evening with useless associates, without much money you spend night after night in some cheap theater, or some silly gossip, or dance? The thought of mental improvement never enters your mind. Is the hardest you perform the shuffling of a pack of cards?

How long are you on this planet? What is your account in the bank of Eternal Glory? How many kind deeds have you done in the past week? Are you using this one talent to fit yourself as a living stone for that spiritual building not made with hands Eternal in the heavens?

Arouse from your sleep, my Brother, rub your heavy eyes and discern the spark of divinity which has turned puny dwarfs into social monsters and puling infants of oppression into unconquerable champions of liberty. Oh, listen to that voice that speaks in every breast which, when heeded, leads on to glorious attainment. Use thou this one talent, my beloved, and I see for you a mighty work ahead. CHEER UP! Your failures and shortcomings and bitter disappointments and heartaches and penitent tears will teach you how to put the arms of love about some poor unfortunate one. Some one that the world spurns. Go to the outcast and the depraved. I have taken this message of Love to the cellars of Mulberry Bend and I have seen the faces of those whom I spoke to transform. Visit the jails, the hospitals, the poor, the rejected outcast, and you will lead him to the throne of Grace and in the eventide there shall be Mellowed Light of the Sun of Righteousness shining upon him.

One of the most beautiful stories ever penned is called "Miss Toosey's Mission"; it has become a classic.

A little, old, decrepit, rheumatic, New England woman heard a powerful sermon upon foreign missions. Being very poor, and wishing to do something to lighten the

dark continent, she offered herself to the rector as a missionary. The minister at first was so astonished he could not speak. Then he tried to hide his laughter behind a white handkerchief, and choke it with a fit of coughing. He finally advised that her mission was to stay home and help the cause with her influence and money and prayers. She was old and very poor, but she saved every penny she could, and a few years later, dying, a rich young nobleman, whose nurse she used to be, came to visit the strange little woman. Miss Toosey was weeping over her failure. She could not go as a missionary. Her influence was nothing, people only laughed, and her money was only a few pounds at the most.

But the night she died the young nobleman, John Rossiter, sat holding the cold hand of the one who had rocked him to sleep when a babe. As a result he offered himself and his great fortune to Christ. Thousands were converted, and only the records of heaven were long enough to tell the good that little old woman's mission had done.

So, my friends, can each one do his part or her part, no matter how humble we may appear. Let each of us recognize that we are of the divine essence and origin, bearing within our individual souls the potential substance and nature of Divinity itself, filling us with transcendent energy of hope and faith that brings forth into manifestation the beauty of the hidden pattern. A more ardent love of the Supreme. A purer and warmer attachment to our fellow-creatures, a more anxious desire to promote the attainment of genuine excellence both in ourself and others. Arise and use Thy One Talent.—*Mystic No. 1.*

Use Your One Talent

YOU may not be one of the Ten Talented Men whose heroes and heroines are those who were born great or achieved greatness and had still greater greatness thrust upon them. They painted, poetized, sang, financed, acted, bar-

tered, borrowed and investigated, tramped or sailed as naturally as a bird weaves a nest, a bee hunts a flower garden, a lily is white, a rose red, a wave crystal, or a spring apple tree green.

The mother of ambition rocked their cradle; the nurse of fame sang their lullaby; the whispering of immortality builded their air castles; the unquenchable flames of genius burning in their breasts made them leave the beaten and travel-worn byways to plunge into the entangled thickets and push their journeyings through dark continents and explore unknown lands merely for the sake of doing that which had never been done before. The icebergs of the Arctic could not freeze them; the desert's droughts parch them; the wild man's arrows and Indian's tomahawk poison or scalp them; the darkness begloom them; the quicksand trip them; nor any obstacle or danger terrorize them. No zenith was too high, no nadir too low. They might be slain, but never conquered.

When some one asked the great Plymouth pastor how he came to be a minister, Henry Ward Beecher answered: "I could not help it. Whoever heard of Lyman Beecher's son doing anything else but preach?"

As soon as the baby Mozart crawled out of his cradle he began to play when his chubby fingers first felt the ivory keys. At four years of age he wrote tunes. At twelve he had no equal upon the harpsichord; at thirteen he was known all over the civilized world, and every court of Europe was opened to his magic touch.

Elihu Burritt, the New England blacksmith, for the mere pleasure of learning, without any teacher, with his forge for a school desk, mastered Greek, Latin, French, German and Spanish before the world awoke to his genius. In the last century an Italian, Cardinal Mezzofanti, became a veritable walking linguistic encyclopedia. He could learn any dictionary within six weeks, idioms and all. He could speak between eighty and ninety different languages as perfectly as his mother tongue. These ten-talent men absorb knowledge as easily as a sponge soaks itself full. They are infinite for good. But what about the masses, the multitudes, the average people, the common folk and others which always end the list of public speakers? Are all candles to be snuffed out because Thomas Edison flashed his electric lights? Are all vehicles despised with slower speed than the limited express? All messengers considered spavined and wind-broken which cannot, like the telegraph, overleap the mountains and dive under the seas? God would never

have made so many one-talent men unless he loved and expected them to accomplish something. Don't think, my beloved, that Christ condemned the one-talent man for only having one talent, but because he did not realize the dignity of his opportunity. All mole hills cannot become mountains, all geese swans, all soldiers generals, all birds eagles, all wild beasts forest monarchs, all creeks rivers and all fountains seas, but ALL MEN CAN BE GOOD, NOBLE and INFLUENTIAL. My beloved, when you have a desire to lift your thoughts to God do so; no matter how you may appear to the world, your higher self is part of the universal whole. Or should you at any time feel like saying a cheering word or helping in some way even by a smile, do so; quench not the spirit; hide not your talent in the rubbish of selfishness. Let each one of us pray very earnestly to be used in some way for our Brother man. Do not say I cannot accomplish anything with just one talent, I will dig a hole in the ground and hide my one talent and when I lie down in my coffin I will be no better off than when I tumbled out of my cradle. Don't complain and cry over what you have not, but thank God with the song of Thanksgiving for what you have. You have health, you have good food, pure water, plenty of fresh air. You have your speech, hearing, smelling and seeing; these grand gifts are not appreciated until gone. I see by the evening paper that a merchant prince has passed away—C. B. Rouss. In 1895 Mr. Rouss' sight became affected and in a short time became blind. Then he made an offer of \$1,000,000 to any oculist who could restore his sight. This poor man, who had a fortune in the bank, could not see the check his own fingers signed. Like blinded Samson they led him about as a little child. Let us be very thankful for the ordinary blessings that we think are small, then we will praise the Blessed One for the wonderful gifts we have. You know, my beloved, to make our life a successful and beautiful one is by doing the small deeds of kindness.

God has always led and shown man when he would listen to and follow Divine Leading how to be strong, healthy and useful right here and now. We cannot grow and develop unaided by God, the Son, the Holy Spirit and the Angels. We must live in a moral and spiritual atmosphere to be really full of health vibrations and success vibrations. The soul that does not live with God is hard pressed by adverse conditions. About all, if not all, disease and woe and misery in the world is caused by men and women not recognizing and honoring and loving the Eternal God, the Loving Father of all.

"We have it in our power to surround ourselves with influences that will ultimately bring us to the standard of our most exalted ideals." If we will earnestly and persistently love God and live in love, hope and faith, we will reach and live every ideal that we have ever had. The Power of the Soul is tremendous to attract the mighty power of the ALMIGHTY GOD, the omniscient and omnipotent one. With God with us we can attain to any ideal.—F. H.

The path of True Success and Happiness is hard to tread with dis-ease. The Holy Spirit can breathe health into our minds and bodies when we give up our souls and hearts entirely to God, the Ancient Healer of all dis-ease. The Holy Mystic Adepts live long and busy lives here on the Earth-plane in healthy bodies because they live the Christ-life. They are religious men. Religious men are healthier, stronger and hold the body longer than any other class of men.

One of the significant signs of the times is that it takes a less number of lawyers in proportion to the population than formerly. Notwithstanding this fact, many young men are studying law and when admitted to practice find they have entered a much overcrowded profession. The profession of the law is much overcrowded. The Mystic Adepts say to young men become religious first and then let the Holy Spirit direct you. Any young man who does not seek God first is making a mistake.

Order is God's first law. Everywhere in God's domain we see perfect order. There is nothing that denotes demoralization so much as disorder. Divine or Holy Men are always orderly in all they do. Orderly habits make for health, wealth and happiness.

Conceit and arrogance are qualities of the ignorant and ill-bred.

How We Help the Sick, Sorrowful and Discouraged

Some of the Mystic Adepts connected with this Magazine are powerful healers through prayer alone.

Any reader desiring the prayers of this Adept can have the same freely and without cost by merely sending a written request for prayer to "Mystic No. 9," care of "The Magazine of Mysteries."

One subscriber writes: "Tell your Mystic Adept that my burden of sorrow was almost immediately lightened after writing him; that I had sorrow, and asked him to pray for me. It was indeed a remarkable experience."

The prayers of a Holy Mystic—a true God-lover—are all-powerful.

In writing enclose a two-cent stamp for reply. The prayers of The Mystics are very powerful; get into our healing vibrations. May the peace of the Blessed One be ever with our readers.

"The Mystic Healing Circle."

Books Which We Recommend

THE PUBLISHER OF THE MAGAZINE OF MYSTERIES calls attention to a selected list of books named below for careful reading. They will be sent postpaid on receipt of price.

THE SYMPHONY OF LIFE, by Henry Wood. A Series of Constructive Sketches and Interpretations; fine cloth; gilt top; rough edges; 300 pages; \$1.25.

STUDIES IN THE THOUGHT WORLD, by Henry Wood; fine cloth; \$1.25.

DOMINION AND POWER, by Charles Brodie Patterson. A Volume of Studies in Spiritual Science. An Epitome of the New Thought Teachings on every subject of Vital Moment of Human Development. Over 200 pages, beautifully bound in cloth and gold; price \$1.00.

THE WILL TO BE WELL, by Charles Brodie Patterson, relates chiefly to the healing aspect—philosophy and practice of Spiritual Science. It throws much new light on the path through which alone Health, Happiness and Success are to be secured; over 200 pages, beautifully bound; price \$1.00, postpaid.

WHAT ALL THE WORLD'S A-SEEKING, by Ralph Waldo Trine, has reached an edition of twenty-four thousand, and of IN TUNE WITH THE INFINITE, by the same author, forty-two thousand have been sold, showing the popularity of this soulful author. These books are bound in raised cloth, stamped in green and gold, and gilt top. Price \$1.25 each, postpaid.

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In "The Magic Seven" we have the clearest and most concise statement of the practical utilization of mental and occult forces for business success and individual self-mastery that I am acquainted with. B. O. FLOWER, in *The Arena*.

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Great peace have they which love Thy law; and nothing shall offend them.—*Psalm* cix, 165.

To HAVE perfect peace man must be guiltless; must have quit all wicked and sinful thoughts and deeds; indeed, must love God and Divine Law so much that he is willingly and cheerfully obedient to all of the ten commandments, and the later and greater commandment of the Master, Jesus: You remember that the lawyer who tried to tempt Jesus said, "Master, which is the great commandment in the law?"

"Jesus said unto him, thou shalt love the Lord, thy God, with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment."

"And the second is like unto it: thou shalt love thy neighbor as thyself."

"On these two commandments hang all the law and the prophets."

Reading all the books in the world, listening to all the best preachers and teachers in the world, and constantly praying to God and the Angels will not bring peace unless we love God enough to strictly obey His Law in every detail. The very words of God's commands make us vibrate with fear or joy, which clearly shows how true and powerful they are.

When we are disturbed and are easily offended, and are fussy and nervous and fretful and touchy, and are not cheerful, it is evident we are not loving the Father of us All and are disobedient to His law. There can be no great peace to any soul until it is *en rapport* with the Blessed One and is living by and under the Law. You can sit for hours and days and weeks and months and years and think all the beautiful thoughts in the world, and if you break in the slightest way God's commands you will not be happy and will not have peace.

We must live this Law to be Godlike and Christlike. What right has one to say, "I am a Christian," or affirm, "I am at peace and at-one with God, the Blessed One," if he is in the slightest degree apprehensively nervous, peevish, fault-finding, whining and grumbling and easily offended? The Peace of God is indescribable by any preacher, teacher or writer! Look into the radiant face of a true God-lover—a pure, Holy man or woman—and see and feel that indescribable something that stirs your very soul. How the whole world loves a peaceful soul! Or, rather, how the world loves one who loves God enough to obey His Law in every detail.

Many people in the world to-day who are earnest seekers after the Truth go here and there and in all sorts of out-of-the-way places searching for Light and Truth and do not find it. Light can come only through obedience to God through intense love. Peace can come only through obeying, with a loving, a willing and a cheering mind, God's wishes.

God only asks us to do the exact right thing, and He, the Loving Father of All, knows exactly what is best for all. Millions of preachers, teachers and writers and Holy Mystics have told millions of souls the secret of Holy Bliss. Some heed the teachings and become eternally peaceful, but many persons prefer to seek some magic or royal road to bliss and peace, through some mental science system or cult, and they flounder here and there and get nowhere. Is God's Way so easy and simple that some giant intellects or wonderful minds cannot comprehend it?

In all ages the great, Holy adepts, seers, sages and fervent, God-loving mystics have become peaceful and illuminated by the Holy Spirit through a simple childlike faith and love for God and His laws, and have always obeyed them strictly, not with fear of punishment or expectation of reward, but through pure, burning love for God. In turn these blessed, Holy Men have lived pure and sweet lives of tremendous labor

and work in teaching the Way to Eternal Peace. It is the only way to Eternal Freedom and Eternal Peace—Love and Obedience.

Those who don't obey God's commands fully, through love and not fear, do not know peace. If you obey God's Law through fear of punishment you make no headway. You must obey God through love and admiration and worship, and not through fear, to get that peace which passeth all understanding.

The Psalmist says, "Great peace have they which love Thy Law; and nothing shall offend them." He did not say "which fear Thy Law," but "which LOVE Thy Law." Any man who is good through fear of God cannot have that Holy Bliss and Holy Peace that come to the man who loves God without a selfish or fearful motive. The man who obeys for reward cannot be compared to the man who obeys naturally and because his heart is so full of love for the One, the Whole and All that he does not even lower his mind to think about reward and punishment for his obedience to God's Law.

The old God-fearing men were not as peaceful and calm and forceful as the present GOD-LOVING men. God, the loving Father of All, wants us to love Him as little children, with much love, and then we will gladly and cheerfully and willingly be obedient to all of His Commands. Then we will have great peace.

O Heavenly Father of All, may we love Thee with all our souls and all our hearts and all our minds! Then, Blessed God, we will know how to help humanity on the universal plane. Then we will bring about the Brotherhood of Man and the Fatherhood of God. Then, when we really do love Thee, Father, we will be gentle, kind and helpful and be free, entirely free, from all mean, low, vulgar and petty thoughts and deeds. Then, when we really love Thee, God, we will not be disturbed by every little breath of opposition; then we will know nothing about shallow gossip and slander and anger and envy and malice.

Lord Jesus was the Prince of Peace as well as the Prince of Light, and the humble Master, throughout His blessed ministry, sang of Love and Peace, and Peace and Love. He knew that the Peace of God was something eternal and something that would never depart from us. The Master taught obedience through Love. Obedience through any other motive than pure and high love for God does not amount to anything. Those who obey Divine Commands because they fear the wrath of the Devil or the anguish of Hell, get nowhere on the Glorious Path to God.

Wake up, ye who fear! Rouse your souls! Look up and out and see the Great, Loving Father of All and rejoice! Come in out of the darkness of fear into the vibrations of Light and Love and Peace and Joy and Bliss. Hark ye! This is the beginning of the New Age! The Age of Light! The Age of Love! The Age of Great Peace!

Every Master, Adept and Holy Mystic knows this is the whole secret of progress and victory of the soul—of absolute freedom and eternal peace—to love God with all our might of soul, of brain and of heart. Why seek any other way or elsewhere for magic and royal roads to Eternal Bliss? Why chase this and that phantom and this and that dream in the air pictured by mortal minds? There is only one way to Eternal Peace and Eternal Bliss, and that is through fervent Love for God and obedience to His beautiful laws.

The true God-lover is never offended. Can you imagine Jesus of Nazareth being offended? Can you imagine a Holy, fer-

vent, God-loving Mystic being offended? When we really love God and obey His law with Love nothing can offend us and nothing in the universe can disturb our peace. Many of the old religious teachers were much disturbed because they taught man to obey God through fear of punishment, rather than through love. Even at this day of enlightenment some of our teachers are of the old school of fear. The secret of all spiritual growth and attainment is strict obedience through great love. There can be no spiritual growth without this Love.

The late Mr. Moody once said, "I am amazed to see how little it takes to drive all peace and comfort from some people. A slandering tongue will readily blast it. But if we have the Peace of God the world cannot take that from us. It cannot give it; it cannot destroy it. We must get it from above the world; it is the peace which Christ gives."

"GREAT PEACE HAVE THEY WHICH LOVE THY LAW; AND NOTHING SHALL OFFEND THEM." Dear souls, who read these chats, I urge you to try to burn these words of David into your souls, your hearts and your minds. Those of you who have for years been trying all sorts of mental schemes—and they are only mere mortal schemes—to reach God and Peace and Eternal Bliss, turn about! Look within! Go down on your knees in the Silence and commune with the Radiant Center—God. Open the wells of love within thy being! Listen to the Master: "LOVE THE LORD THY GOD WITH ALL THY HEART, AND WITH ALL THY SOUL, AND WITH ALL THY MIND. THIS IS THE FIRST AND GREAT COMMANDMENT." Are the words idle? Are these words of the Master meaningless? Do you mean to say that the billions upon billions of souls that these words have cheered were deluded? Every great man or woman in the world to-day believes in these words, and millions of years hence they will be the Divine Command to man.

Why waste time and energy and force in seeking elsewhere for the Truth? Why follow phantoms and ghosts and feed on husks when Jesus so clearly indicated God's Way of attainment to the highest realm of peace? "Blessed is he whosever shall not be offended in Me." People wonder why they have such a hard time and in the same breath whiningly say, "I have no faith in God's love and tender mercy; I pray to Him, but what does He do for me?" Their very words convict them of not being real lovers of God. These are the weak, whining, complaining people who would serve God for a reward. They desire to make a bargain with God. They pray: "O God, give me wealth, and give me health, and give me long life, and give me happy friends, and give me joy and peace, and a rosy path, and I will then love you and obey you." It would be better to ignore God entirely than utter such a low, vulgar and insulting prayer. We respect agnostics and sceptics and real searchers for Truth. It is hard to be patient with whining, complaining pessimists. Yet, the true God lover is not disturbed at cynics and pessimists. The Holy Mystics constantly pray that Light may reach these that murmur and complain, and many of them are being reached in this great Soul Age. Love vibrations are everywhere and are working miracles.

Man is born of God and he cannot thrive or have peace without God—in his soul, heart and mind. Many constantly feed the mind with husks—and neglect the soul entirely. The difference between a cheerful optimist and a whining and groaning pessimist is that the former feeds his soul with hope and courage and endurance, his mind with hope and courage and endurance, and his heart with hope and courage and endurance; the pessimist sees chaos, disorder and discord everywhere; he is envious, jealous and much disturbed about successful men and women; he sees the rich getting richer and the poor getting poorer; he feeds his soul, his mind and his heart on the venom of envy, greed, malice, anger, wrath and any delusive thought to keep him worked up and disturbed and *unfit* for any kind of real work. A pessimist is one of God's children who has strayed and wandered far from his Father's Mansion, and is out in a cold, bleak country—a foreign land. The pessimist is born of God and he cannot thrive or have peace without God. Sometime, somewhere, God, with His mighty love, will win the pessimist and take him in out of the bleak and cold world. We are all God's children. All must be saved. None can be wholly lost.

O souls of the world, you are all born of God! You all come from God and must return to Him. May the words of Christ turn some of you to the right path this very day! Christ was the greatest Master that ever came to this planet. The Father of All sent His Son, our Elder Brother, to show us the true way—the easy, simple way. There is no better guide-book than the *Old Thought* of Jesus. Mr. Moody said of the Bible: "If a man is traveling and does not know where he is going to, or how he is going to get there, you know he has a good deal of trouble and does not enjoy the trip as much as if he has a guide-book at hand. It is not safe traveling, and he does not know how to make through connections. Now, the Bible is a guide-book in the journey of life, and the only one that points the way to Heaven. 'Thy word is a lamp unto my feet and a light unto my path.' Let us take heed, then, not to refuse the light and the help it gives."

Eternal Peace, which means Eternal Freedom of the soul, and its oneness with its God, comes only through Love and Obedience. Christ, our Lord and Master, in a few simple words has given us the secret of that Great Peace of which the Psalmist sang. May the peace of the Holy Spirit reach every soul in the universe!

Messages from the Spirit World

At a recent Spiritual séance held privately among a select few in Denver, among the many who came from the Spirit World, so as to be fully described and recognized, giving unmistakable tests proving a continued, individual existence, with the memory that that implies, was one of the Brotherhood, with his black robe and cap, a noble and strong personality, with smooth face, and cheeks slightly hollow, dark eyes, and dark, closely cut hair. After giving some instructions regarding personal matters, he said that he "would like to give occasionally, for publication, certain facts or laws, the knowledge of which would benefit mankind." Then, referring to a certain unfavorable influence in material form, he said:

"It is not enough merely to become passive or indifferent as regards an evil influence. It should be met with the dominant power of Right, and the injunction, 'In the name of the Master and the Brotherhood, I command evil to cease,' for you must know that every blow struck against evil strengthens the right. Complaint is made that we do not oftener come and make ourselves manifest; but the reason is because we so rarely find right conditions, not only to come to, but to work through—a proper condition of mind, that, thoroughly truthful and unselfish, seeks only the spiritual unfolding of self, and to be the humble instrument of good to others. When you furnish us with these conditions, we will come."

Following this communication came one of the Hindu teachers in his yellow robe and turban, corroborating a symbol which had been given by the Brother, and giving some excellent advice.

He was followed by many relatives and friends of the inquirers present, too numerous and many of them too personal in their talk to make it of interest to the reader. But the occasion furnished many wonderful tests, as where a little box of thread and a needle case were shown, which identified the owner of them, who had passed to the higher life over seventy years ago.

Then a guitar was shown in such a way as to identify the owner, who was minutely described, and then readily recognized by a lady present, who said:

"It is Blank; ask him to tell what the piece was which he always wanted me to sing and play for him."

At that instant I saw in Spirit an old, feeble-looking dog slowly meandering across the floor toward her, and described him, mentioning it as a singular circumstance, after which I started to say, "Yes, you are a nice old dog, but just wait until we get through with the guitar," when the lady who had asked the question exclaimed:

"There could not be a better test. The piece I used to sing and play was 'Old Dog Tray.'"

[The above is taken from *The Mecca*, a monthly magazine of high character, which circulates among people of culture and high intellectual powers.—EDITOR.]

Pray and wait and Wait and pray has lifted countless souls out of despair into the bright and joyous realms of Hope and Optimism.

Force Is Motion

NEVER is force inert—never is force visible. We see the ponderous locomotive whistling through the land, but never stop to think that the force which drives it is invisible, imponderable and intangible, says Dr. Paul Edwards.

The "inert" force of which the Romans formerly wrote was a misnomer. There never was inertia in Nature. The apparently inert rock is a mass of moving atoms. These atoms are cohesive, but not adhesive. We look upon the pebbles, and remark at their smoothness and roundness. The boulder also presents a rounded appearance. Then we look at the sands of the seashore; most of them are not round, although they are parts of pebbles and boulders, worn off by the incessant action of the hidden forces of the sea. The restless force that crushed the boulder into sand-grains still pursues the little grain of sand when it is upon the beach, and causes it to "move on." There is no rest for the poor little sand-grain, so it crowds up against its neighbor, which is striving to go in the opposite direction. These grains of sand are never quiet; they are constantly becoming smaller because of being worn out in friction when traveling.

All this restless force is Nature's law. No doubt every atom of force is an atom of intelligence, as it is in the forces we discover, and which we call principles. We only adjust principles to laws that have always existed. We utilize force and motion in accordance with the degree of our intelligence. The best example of force and motion is the wind, which is really air in motion. It is thought that the constant friction of air produces meteorites.

To better grasp the unity of force and motion, I allude to the meteors, which are traveling bodies through interplanetary space. It is beyond a possibility to calculate their speed or force. They are so numerous that Professor Newton, of Yale College, has declared that our earth encounters 7,500,000 of them every twenty-four hours. These wonderful bodies are the result of aerial friction, assisted by the laws of cohesion and adhesion. Whether this aerial friction emanates from Jupiter, Uranus, or elsewhere, no one knows. I only cite the phenomenon to show the union between force and motion. In all these widespread phenomena is the guiding star of intelligence, for nothing in Nature is left to chaos or chance. Man is the best example of the unity of force and motion, because he is thoroughly fraught with the intelligence which force and motion produce.

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Steamburg, N. Y., February 9, 1901. After having worn the plaster-of-paris jackets, I can truthfully say your appliance is far more comfortable to wear. It corrects curvature quite as well and fits the body so perfectly that no one would suspect I was wearing one. You have my life-long gratitude and well wishes.

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TO live in the Now, and for To-day, is the divine way.

But before one can really live in the *Now* he must be a cheerful and willing soul, with an intense desire to do whatever duty comes to hand without murmur or complaint.

To really live in the *Now* is to live with God and the Angels right here on Earth, *Now*.

To live in the *Now* is not done through any mental schooling, but through Soul Growth—Spirituality. Living in the *Now*, the very present moment, is to live with love for God and faith and trust and hope in the Loving, Heavenly Father of All.

When the soul recognizes God and realizes that He is the Heavenly Father of All, and that we are all of us children of this Loving Father, then, and not until then, can the soul begin to live in the *Now*. I say, *begin* to live in the *Now*.

No one can live in the *Now* by simply affirming that they live for to-day. Thousands of thoughtless people are hypnotizing and weakening themselves by affirming this and that quality which they do not possess.

To affirm "I AM ONE WITH GOD!" before full and complete regeneration has taken place, is a falsehood, and with such sacrilegious affirmations one cannot live in the *Now*.

To affirm health, when low with disease, is to make the mind weak and foolish. That is not the way to live with God and Christ and the Angels in the *Now*. It is rather the path to imbecility and insanity and weakness and suffering.

No one ever lived in the *Now*, or ever can live in the *Now*, until he or she really loves God with an intense and persistent love, and lives under God's Law; the Law of the Omniscient One. There can be no obedience without fervent and lasting love of God and Christ.

To live in the *Now* and be filled with the great and thrilling vibrations of LIFE, HEALTH, JOY, PEACE AND BLISS we must live the *Christ life*—I say, *must live it*.

Millions of Souls are beginning to Live in the *Now*, through living the teachings of the *Living Christ*, and that is the only way anyone will ever really live in the *Now* and know FREEDOM and PEACE, and reach the goal of PERFECTION, or *Oneness, with God*.

Now is the time to rouse your soul and begin to live in the *Now*!

Now is the Blessed Age of Light, when Omniscience is teaching the children of Earth how to live in the *Now*.

Now is the Soul Age, when God and Christ and the Angels and the Holy Spirit are lifting millions of souls up out of the mire of woe, gloom and despond into the Heights of PEACE and JOY, where they can live in the *Now*.

Now is the Age of the permanent revival of the OLD THOUGHT, which taught that man must first love God with all his soul and all his heart and all his mind before he could live in the *Now*; the Age when God comes first, the heart comes second and the mind last.

When we put God first and the mind last we live in the *Eternal Now*.

The Holy Mystic Adepts, in all ages, have taught the children of God to love and seek God first. In this, the Soul Age, a grand and permanent revival of the Ancient teachings is taking place. It is the age of OLD THOUGHT! It is the God-loving Age!

Let the Soul unfold to its God first, and the Mind, the soul's grand servant, or instrument, will be orderly, and perform its work under Divine Guidance.

Soul must rule mind, not mind dominate soul. Soul is Master; mind is servant. Mental Science is well enough and a grand and helpful science to souls who have come to God—who have realized God.

Make complete surrender of mortal mind and will to the Mighty Will of God, and then you will begin to live in the *Now*. Then you will begin to be healed of all in-

firmities or weaknesses of mind and body. Then you will begin to live in a New and Larger Sphere. All gloom and sorrow and grief and misery will be a thing of the Past. You are now beginning to live in the glorious *Now*.

Then, when God has won your heart and mind by His Mighty Love, you can begin to affirm "I am one with God, our Loving Father of All!"

Then you can truly affirm "I am health!"

"I am Peace!"

"I am joy!"

"I am strength."

"I am Power!"

"I am *new* living in the *Now*!"

O Blessed God of Love and Light, lead us, your struggling and aspiring children, to Thee! Take us gently by the hand and lead us, lead us! Without Thy Divine Leading we fall into pits and get nowhere. O God, lead us! AMEN.

The Mystic Adepts in this part of the world are regular attendants at Churches; some of them are great workers in helping churches. Those of great wealth—and there are many wealthy Mystics—give much money to the churches. Both Roman Catholic and Protestant churches are helped much by the Mystics; the Mystics work on the universal plane, and look at all Houses of God, no matter of what religion or sect, as great helps to humanity. The Mystics know that the world could not do without the church and the temple and the Bible and the Vedas. Some alleged Mystics cry down churches; these are not real Holy Mystics.

The April Hours

WHEN the trees shake off their tears,
As a brave man does his fears;
And the violets smile again
Through the glistening of rain;
And the primrose's pale star
Looks up to where the angels are,
Brightly between the scudding showers
Dance the merry April hours.

The religious life is not a sad nor mournful life. Any one who is not cheerfully active in doing some honest labor or work is not religious. People who moan and groan about their crosses are not religious. The religious man or woman is never sad nor sorrowful no matter what they may have to endure. Real religion is optimistic. Whining and complaining and fretting and worrying and being apprehensive is no part of religion. Real religion enables one to endure pain, disease, "death," abject poverty and tremendous wealth, with joy and good cheer in the soul, heart and mind. Nothing in the world can disturb the God-loving Christian.

"COFFEE HEARTS."

More Frequent Than Tobacco Hearts.

Coffee-drinking frequently affects the heart and many cases of heart trouble are relieved or entirely cured by leaving off coffee and taking on Postum Food Coffee.

A good illustration is that of a lady who says, "I was troubled and at times would become unconscious. The children have many times run for the neighbors to come in and restore me by putting my feet in hot water and rubbing me."

"Dr. Short frequently told me that coffee was a poison to me and was really the cause of my weak heart. I could not do without the coffee though, but finally the doctor told me it was certain death if I did not give it up. This was about five years ago and I changed from coffee to Postum Food Coffee. My heart trouble gradually disappeared and now I am entirely well, have never used a particle of coffee since my first cup of Postum."

"I gave a little Postum to a lady friend one day to take home and try. She reported that she did not like it at all. I found she boiled it only five minutes, so I gave her some more and told her to boil it 20 minutes. That was different. She has been using Postum now a long time."

"It cured her daughter of liver trouble, restored her fresh, pretty complexion, and cured the mother from headaches from which she suffered severely." Mrs. M. Douglass, 607 Plum St., Elkhart, Ind.

How the Mystic Begins the Day

THE HOLY MYSTIC ADEPT begins each day with a prayer to God for guidance and with love in his heart for God and all sentient things.

O Almighty God of Love and Light and Power, lead me this day to do Thy work with only glory to Thee, the Glorious One! Let my soul and heart and mind be filled with the Holy Spirit so that I will show gentleness and loving kindness to all Thy creatures, especially Thy dumb animals. Grant me grace, so that I may honor and glorify Thee with my every thought and deed. Further, Blessed Father, grant me grace, that I may in no way criticize or condemn any soul, because it is not for Thy servants to judge or condemn. I ask for only more Love, more Light and more resignation to Thy will. I make this prayer through Thy Blessed Son, my Elder Brother, our Master, Jesus Christ. AMEN.

As the Holy Mystics are always very active and do tremendous work, their prayers are short but frequent. They feel the presence of God and the Holy Spirit at all times, and are inspired and upheld by the Angel Bands who help them. The Mystics are not known to the world and are found in all walks of life—some of them are great merchants and engaged in other commercial, or business, pursuits. Whatever work they do they do it with power and for God. Some of them amass enormous fortunes which they gladly use for God's work here on Earth. The wealthy Mystics are much abused and reviled by selfish, greedy and envious men, but are meek and mild under it all. The Mystics are powerful and blissful in either abject poverty or in opulence—possession of great material wealth—because they are the non-attached workers of the world.

As there are many whining pessimists who keep themselves in abject poverty and misery by envy and malice and reviling and condemning the successful, especially the rich, the Mystics always begin the day with the thought of their Elder Brother, Marcus Aurelius Antoninus, who said: "Begin the morning by saying to thyself 'I shall meet with the busybody, the ungrateful, arrogant, deceitful, envious, unsocial. All these things happen to them by reason of their ignorance of what is good and evil. But I, who have seen the nature of the good, that it is beautiful, and of the bad, that it is ugly, and the nature of him who does wrong, that it is akin to me, not only of the same blood or seed, but that it participates in the same intelligence and the same portion of the divinity—I can neither be injured by any of them; for no one can fix on me what is ugly; nor can I be angry with my kinsman, nor hate him.'"

The Mystic Adept knows that each soul is a Child of God, going onward, forward and upward to God, in an evolutionary way. The Soul is eternal and cannot be lost nor destroyed. It can suffer much, and does suffer during great periods through its ignorance and the mental will. Each soul is at different stations along the Great Path of Eternity. Each soul came from God and must return to God, the sooner the better, for the peace of the soul. Each soul is in a different degree of evolution. Knowing this truth, the Holy Mystic begins each day not overwhelmed and distracted with the sins and evils of the world. This gives him tolerance, calm serenity and tremendous power to help and uplift his brothers. He is full of the Holy Spirit, which makes him optimistic, cheerful, forceful and powerful and able to overcome and endure. He gives God all power, and the Devil no power, and hence the great power for good of the Mystic Adept.

The Mystic's Way of commencing the day is the way that all souls should commence the day, to bring on earth peace and harmony—the Kingdom of God.

Hatred does not cease by hatred, at any time; hatred ceases by love; this is an old rule.—Buddha.

What's best in life, O busy brain?

'Tis the glad power to strive again;

'Tis inspiration's joyous thrill,

And work, the balm for every ill,

Work's best in life.

—Elizabeth M. Champney.

The New Light

THE "alchemist's lamp" may yet be numbered among the discoveries of the twentieth century, says a Washington dispatch. The conservative opinion of the Smithsonian Institute inclines to this belief. A lamp which gives light without limit and without being consumed or used up, was the dream of the medieval chemist, a companion dream to the production of gold from a baser metal. The credit of this triumph in twentieth century science will go to a woman, Madam Sklodowska Curie, a Pole, who, with M. Curie, her husband, a Frenchman, discovered the metallic substance, and named it polonium.

The subject is discussed in the annual report of the board of regents of the Smithsonian Institute. The scientists hesitate to admit the physiological proposition which seems to be demonstrated, namely, that light—which is universally regarded as a form of energy—is obtained out of nothing. Others are less conservative; they would admit that light is a property of this substance, as hardness is a property of iron. The new light-giving metal is recognized as a new element. It is thought by some that there are two more similar elements, both possessing the light-giving quality, namely, radium and antinium. The report says:

"The molecules of which all bodies are composed are not something rigid. They live; that is, an atom or a corpuscle is continually being detached from this or that molecule, and it wanders through the gas, the liquid, or even the solid; another atom may next take place within the gaseous, liquid, or solid bodies, the wandering corpuscles always carrying with them the sort of motion we call an electrical charge. We know that, in living matter, the most compound molecules, those of albumen, are those which are split up most easily, and that what we call life consists in a continual splitting up and rebuilding of these molecules."—*Light of Truth.*

A Remarkable Dream

"BETWEEN my father and myself there was the strongest tie of affection, stronger than generally exists between father and son," wrote a prominent Frenchman, in Camille Flammarion's great book of "The Unknown." . . . "The night when he fell down the staircase I had got home from business about eight o'clock, after a day of very hard work, and I went to bed immediately after supper. I always slept next to the wall. I fell asleep as soon as my head touched the pillow, and slept a heavy, deep sleep, not even hearing my wife when she came to bed, and knew nothing until my father appeared to me at the top of a staircase, about to fall. I sprang to seize hold of him, and jumped out of bed at the foot, making a great deal of noise. My wife awoke, and asked me:

"What the mischief are you doing?" "I lighted a lamp, and looked at my watch. It was a quarter past two. I told her what I had seen, and she tried to make me laugh it off, but did not succeed.

"I slept no more that night. I did not even go to bed again, the impression having been so strong that I could not feel a doubt but that my father had hurt himself seriously.

"I went early to town the next morning, and telegraphed to him, asking if all were well. I got a reply, which exactly corresponded with what I had seen in my vision, and the very moment, as well.

"The sad consequences of the fall we know too well; but how, at a distance of so many miles, could I have seen my father fall? That is a matter which is entirely beyond my comprehension."

IDEAL thinking, which is pure thinking, will do more toward uplifting humanity than any other kind of effort in that direction. One hundred pure thinkers in seclusion will help humanity more than a thousand active reformers who go up and down the world with their different reforms. Thought currents are endless—they never stop. Their potency is wonderful.—*A Mystic.*

THE MORE SUBSCRIBERS WE HAVE THE GREATER WILL BE OUR FORCE FOR DOING GOOD. WITH THE HELP OF OUR READERS WE WILL SCATTER BROADCAST TO THE MULTITUDES THE DOCTRINE OF HOPE AND OPTIMISM. WE ARE DOING OUR PART BY SPENDING EACH MONTH THOUSANDS OF DOLLARS. WE EXPEND A GREAT DEAL MORE MONEY THAN WE RECEIVE, BECAUSE THE SOULFUL PEOPLE INTERESTED IN THIS MAGAZINE HAVE A GRAND OBJECT IN VIEW. WILL YOU GET FOR US ONE SUBSCRIBER?

Song of Rejoicing

O THOU great Harmony, soundless, eternal,
Filling all space with thy rhythmical sign,
Heart of the one Heart, exalted, supernal,
Word of all words, with its meaning divine!
So strong and beautiful, so sweet and tender,
Lifting the hearer to ecstasy's height,
Sweeps the pure melody straight from the
Sender,
Like a clear flood from the Fountain of
Light!

Soul of mine, drink of it, joy in its gladness,
Breathe with the Harmony, perfect and
strong;
Let its white flood cleanse thy Being of sad-
ness,
Lift thee, and bless thee, and bear thee
along!
Think, in thy joy, of thy brother in sorrow,
Whisper to him the glad promise of old;
Fill him with hope of a brighter to-morrow,
Teach him to sow and to harvest his gold!

O Love, unfaltering, mighty, unending,
Infinite, tender, unailing, divine,
Earth's heart and heaven's heart in Thee are
blending,
Fused by the flame on Truth's mystical
shrine!
O my Soul, join in the anthem Love's singing,
Soar like a bird to the unclouded skies;
Fear not, but upward thy glad flight be wing-
ing—
Higher and higher and higher arise!

Set sail, O soul of mine, sweet winds are blow-
ing
Fresh from the regions of Infinite Force;
Tides from the Sea of Compassion are flowing,
From the One Pure and Ineffable Source!
Through the wide ocean of evil and error—
Waters of ignorance whelming thy youth—
Banishing fear and misgiving and terror,
Sweep the clear, rescuing Waters of Truth!

Infinite Glory, whose rays, permeating,
Gleam on through unending vistas of time—
Manifold Power, forever creating
Lives that shall climb to the region sublime,
Thou with the flame of thy fire hath warmed
me,
Into my spirit thy Spirit doth shine,
I am a part of Thee—Thou hast informed me,
Thine is my Being, thy Being is mine!
—*Eva Best.*

Truth

THE idea that truth is immortal must not be construed to mean that it will always be remembered when once pointed out, or that men cannot lose the advantages gained by knowing truth. I am aware that this is what is ordinarily thought. The sooner we recognize the fallacy of this idea the better for us. While it is true that truth is immortal, it is also true that it is impersonal and can be lost or forgotten.

Truth is not created, but discovered only. We must work to keep as well as to find. It is not always sufficient that the results of a discovery shall live as added faculty. In this way we may truly say that truth is never lost, but there are times when what is potential must become actual, and at such times the actual, if it is to be efficient, must reproduce all the needed details or be able to produce them, or failure only will result.

So let us go earnestly to work with a full consciousness of the importance of our work, and reclaim the truths we can easily find buried on all sides in masses of falsehood.

To discover and render effective these potential points we must look through the eyes of Is It.

Analyze, reason, search widely, but always with the mind filled with a love of truth, not of personality, nor of personal principles or convictions. Is It is safe, Should Be is questionable. All philosophy should be scientific or at least scientifically demonstrable or it must be valueless.

Is It must be satisfied with all probability or we are dreamers of vague dreams only. Let us give to our dreams flesh and blood.—*Exchange.*

"Love bids touch truth, endure truth and embrace
Truth, though, embracing truth, love crush
itself.
'Worship not me, but God,' the angels urge;
That is love's grandeur."
—*Browning.*

"LET us do so—aspire to live as these
In harmony with truth, ourselves being true."
—*Browning.*

"It is the singleness of motive, not of action,
that makes true simplicity of life."—*Brooks.*

The Persian Master's Sayings

THE RULER, who is the Lord of the Worlds, and the King of earth and heaven, has come, and His is the Kingdom, Glory and Omnipotence!

OH, my God, I have turned my face to Thee, and pray Thee to illuminate it with the Light of Thy Face and keep it from turning to any but Thee!

THOU art the only One whose action was, is and ever shall be glorified, and whose commands shall ever be obeyed!

THOU art the One who changest by His command the dishonored to the highest state of honor, the weak to be strong, the failing to have power, the confused to be in peace, and the doubting to have strong faith!

LET my bosom be dilated with joy through the Spirit of Confirmation from Thy Kingdom. Illuminate my sight, so that I may behold the hosts of success following one another and descending upon me from thy Omnipotence. Thou art the Almighty, the Invincible, the Powerful!—*Beha'u'llah of Persia.*

Man's True Sphere

WE are not at the mercy of ills, disasters, destruction, poverty, only as we are pleased to think we are. All disaster is of our own creation; we make our own conditions. We create Heaven or Hell; we make our own environment.

We are not built like a ship to be tossed. Life is not intended as a tremendous struggle; as a struggle for existence.

God does not intend life to be serious; He intends it to be joyful, happy, peaceful, tranquil. God is good!

God never put into the world a pain, a grief, a sorrow, a disappointment, ill-health or disease; man alone has created all these discordant, inharmonious conditions.

Our strange and peculiar appetites, our unnatural desires, our ambitions (instead of high aspirations) throw a glamour about our higher self and create pictures of disorder and discord, which make us think life is hard instead of pleasant, which make us think God is hateful instead of lovely.

Life was never intended to be a burden; it is burdened to too many by fears, doubts, regrets, lack of hope, lack of faith. These can all be controlled, dominated and cast out by man if he acquires spiritual forces by believing in the pure love and good of the God spirit, which is ever ready to enter man.

The Creative spirit—the good spirit—the God spirit is love, joy, happiness, peace, contentment, ease, cheerfulness, kindness, gentleness, and creates, builds, constructs, unfolds, develops, refines, broadens. It never tears down; it never depresses; it never stops growth.

The Real Home

By Nixon Waterman

A HOUSE is built of bricks and stones, or sills and posts and piers;

But a home is built of loving deeds that stand a thousand years.

A house, though but a humble cot, within its walls may ho'd

A home of priceless beauty, rich in Love's eternal gold.

The men of earth build houses—halls and chambers, roofs and domes.

But the women of the earth—God knows!—the women build the homes.

Eve could not stray from Paradise, for, oh, no matter where

Her gracious presence lit the way, lo Paradise was there!

—*Psychic and Occult Views and Reviews.*

A CHILD CLAIRVOYANT

Ella Wheeler Wilcox Writes of a Little Girl Wonder



THE following communication from a subscriber with reference to an article about Clairvoyance by Ella Wheeler Wilcox, which is printed below, and comments on the whole by one of our Mystic Adepts, will be interesting as well as instructive:

Providence, R. I., Dec. 10, 1901.

TO EDITOR OF MAGAZINE OF MYSTERIES:

Being a reader of your valuable Magazine, and much interested in same, I take the liberty of sending you the inclosed slip taken from the New York Journal. I notice you advocate much study of Occult Science. In the inclosed slip the lady claims the possession of Mediumistic Powers weakens the system and injures the health of the person thus gifted. Is this true, in your opinion, and, if so, is it wise to continue to encourage the Unseen Forces? Being a developing Medium I am much interested to know the opinions of the Mystics. Trusting I am not trespassing on your valuable time, I am, very truly yours,

G. W. GOODMAN.

This is the copyrighted article from the New York Journal:

A lady writes me that she has a little girl of eight years who possesses remarkable clairvoyant powers.

The mother says:
"She is a very bright child and a favorite with everybody. About one year ago I began the investigation of psychic science, and asked my little daughter to sit with me and try if she could see anything. The first time we sat, which was only a very few moments, she proclaimed in open-eyed amazement that she had seen a vision of angels and the Christ. I was in doubt as to whether she really saw this or whether it was imagination, but upon further sittings, as the power seemed to grow, she told of angels' visits, of what they say, of their putting thoughts in her mind. Sometimes they dance and sing. She hears them also. She communes regularly with this source of intelligence, and tells of spheres and states of things beyond, which, if true, would shake the whole orthodox religion to its foundation. There cannot be a shadow of doubt that she does see. She can and has proven it to the most sceptical. But what I want to know is, what is your opinion as to the source of the intelligence?"

MOTHER.

I would advise this mother to direct her daughter with great caution along this mysterious pathway. It is very possible that the little girl possesses occult powers which bring her in communication with unseen forces and intelligences, but if she is allowed to give herself entirely to these thoughts it is more than likely that she will become a medium for other intelligences, but will lose her own individuality.

It would be wiser to educate the child carefully and thoroughly in all branches and departments of practical study, and round her into perfect womanhood. Give her plenty of outdoor exercise, let her come close to nature, and make her as wholesome as possible. Do not condemn her tendency toward Clairvoyance, and do not make too much of it. If she is one of the chosen messengers from unseen worlds she will retain her powers while educated for practical usefulness.

Her faculty will be of great value to her and to others as she advances into maturity, and she will control it instead of being controlled by it. There are very few of us who would care to adopt the career of the professional medium. It is an occupation surrounded by dangers. As a rule, mediumship weakens the health and taxes the vitality. Science is investigating this subject, and eventually we will understand it and the laws which control it, but at present it is a dangerous thing to meddle with unless the student is well balanced mentally and possesses great spiritual poise.

It is very possible that mingled with the clairvoyant powers which this little child possesses is also an active imagination. She

undoubtedly hears much conversation upon these subjects at her home, and her fancy forms pictures which she believes to be visions from another world. At her age it is exceedingly dangerous to over-stimulate her mind along these lines.

It would be more judicious to distract as much as possible her attention from such matters until she has attained her full physical and mental growth. Regarding the source of these experiences, I am not wise enough to instruct my correspondent. I have no doubt that space is full of unseen beings in various phases of development. I do not question that the majority of the planets besides this insignificant sphere are inhabited. It is as absurd as it is egotistical for us to assume that in the magnificent scheme of the universe this little earth alone is endowed with souls.

Thought transference and mental telepathy are established facts; it is only reasonable to suppose that thoughts from other spheres than this may be received by sensitive brains. One important factor to bear in mind in the pursuance of this study is that there may be ignorance, selfishness and folly in some of these invisible forces about us just as we find the faults in the minds of the human beings here; consequently, we should not consider all the advice we receive from mediumistic or clairvoyant sources infallible.

The very highest type of occult power which it is possible for a human being to possess is that which makes him intuitive regarding the right and wrong course in life to pursue.

The power of penetrating the future is not a happy one. It is fascinating to all of us, but to-day alone is ours—God will take care of to-morrow.

ELLA WHEELER WILCOX.

COMMENT OF A MYSTIC.

Great caution in acquiring and using mighty psychic and occult powers must always be observed. Indeed, the Wise Ones say, "Seek them not." Seek first God, and let psychic or occult powers be added or come as a natural fruit when your soul is at-one with God. All Spiritual Mediums and Clairvoyants who do not live the Christ-life suffer much mentally and physically, become unbalanced in mind, and often become mental and physical wrecks. "Mediums" who are sensual and selfish, and have not fully surrendered their mortal wills to God's Will, attract Earth-bound spirits. We are all under the law of Attraction—like attracts like. Earth-bound spirits often obsess mortals, especially some mediums, and influence them to do extraordinary things, even to the extent of being very sinful and committing crimes. These Earth-bound spirits, out of the body, like to get back on Earth and live as they did when here in the body of some mortal—sinful lives. They have tremendous hypnotizing powers, and when once they obsess the psychic it is difficult to cast them out. They are great vampires who sap mortals of vital force and drag them in the mire of wrong-doing—the transgression of God's Law. So great caution is always urged by the adepts to not "play" or "fool" with or seek psychic powers only through God and Christ—the Divine Way. The highest Divine powers, including Mediumship and Clairvoyance, come to the mortal who has unreservedly surrendered for all time his will to God's Will; who lives every minute with God because he is obedient to all of the Divine Commands. Our Master, Jesus, clearly demonstrated by His wonderful powers how to heal instantaneously and work miracles. No mortal Adept or Mystic has ever had Divine Power like the meek, gentle, loving and lowly Jesus. He and the Father were One, and these powers of His which seem wonderful to mortals were natural—merely incidental to His great mission. The whole secret of attaining to occult or psychic powers, which are only terms for God's Mighty Will working through man, is given in the New Testament by Christ and His disciples, and striving for them in any other way than the Christ Way—God's Way—is dangerous, very dangerous.—A MYSTIC.

Thought Forces

THOUGHT is the mind's mode of action. The admission of thought constitutes thought activity. Action is the growth of that thought.

Trusting the occupancy of thought is concentration. In other words, the act of the mind which leaves a thought undisturbed is concentration. Thought manifests itself in structural modification of the body. Thoughts only find companionship with their kindred.

There are but two phases of thought—good and evil. There is not one thought that is not man's for the choosing. Man is always invested with this power of choice.

Every thought sent out into space is available to him who understands the method of its reception. The expressed thoughts of the earliest ages linger as vibrations in the atmosphere of to-day. The receptive soul may call these expressions of truth out of the great Silence of the Universe, and they shall become intelligible to his inner consciousness.

On every ray of light traveling down from the stellar universe are thoughts of God. All thoughts that disturb the human soul come from some mistaken conception from within or without. No thought which had its origin in the Divine ever disturbed the human organism. All thoughts that result in physical or mental distortion have been man's. Such thoughts have in themselves the seeds of their own dissolution.—S. A. Weltmer.

There is no sure stronghold of faith, unless the God that spoke once is speaking still, and unless revelation is a continuous process.—R. M. Jones.

Some people are too small-minded to grasp two ideas at a time. Therefore have charity.

Psychic Sight

A SOLDIER, lately from the Philippines, told me recently an incident in his career that he had heretofore feared to tell lest he be jeered at.

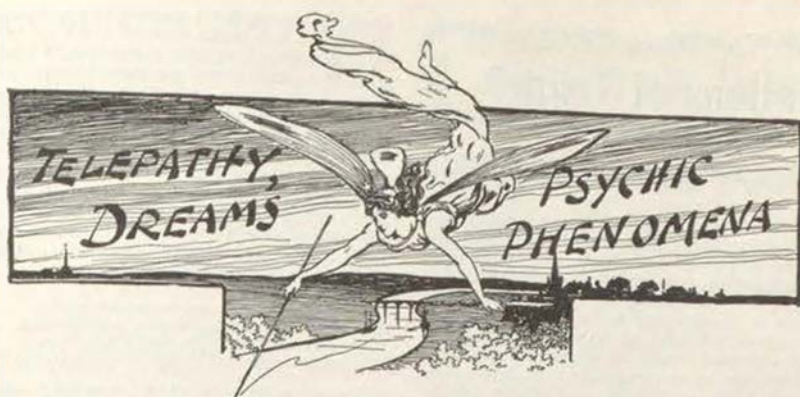
"I began to be afraid," said he, "long before we reached the islands, and came to the conclusion that I was too cowardly to face the enemy and should run at the first fire. After we landed, this fear became intensified, and as I lay down at night I was in terror. All at once I felt peculiar, and saw my mother, who died when I was a boy, and she told me that I would not be harmed. From that moment I never had the slightest fear. I was ready as any of my comrades. I have not been able to understand it, but that I lost my fear is a fact."—Noic.

Psychic Phenomena

AN INTERESTING EXPERIMENT

TAKE an ordinary glass tumbler, a finger ring and a piece of thread. Tie one end of the thread to the ring and make a fair-sized knot on the other end. Grasp the knot firmly between thumb and forefinger of the right hand, resting the elbow on the table. Let the ring hang just inside of the glass, and keep the hand perfectly still. Put yourself in a passive condition, and concentrate the entire attention on the ring. In a moment or two the ring will be seen to swing backward and forward, and will presently touch the sides of the glass. Listen intently to it, and WILL that the ring shall strike the hour of the day for you. If the conditions are good, the ring will strike the glass and tell the nearest hour. For instance, if it is twenty-five minutes past four, it will strike four; if it is twenty-five minutes to five, it will strike five, and so on. By considerable practice it will strike the quarter hours after the hours have been struck. It will also answer questions, such as telling how many people there are in the room, ages, etc., but it will only give information already in the mind of the person holding the knot. There is no spirit influence or anything of the sort about this phenomenon. It is merely an interesting manifestation of a psychological law. Try it. These little experiments illustrate great principles, and are the best possible means of obtaining a clear, practical knowledge of the subject. There's nothing like doing things. One fact is worth a bookful of theories.—W. W. A., in *Journal of Magicism*.

Every reader of this magazine can do much good by saying a good word for us; such good words will help create a tremendous force for good—for spreading the gospel of Love, Hope and Courage.



PERHAPS the most extraordinary phenomenon associated with the dreaming state is the tremendous amount of realism which is frequently presented to the mind of the sleeper in an incredibly short time. Tell a man who has just awakened from a vivid and horrible dream that the sights and situations, feelings and presentiments, which have resulted in a hurriedly beating heart and a profuse perspiration, all occurred in the space of a few moments, and he will probably doubt your word. Nevertheless, it is possible to have a dream in which the scenes and experiences carry the mind over a period of years, and yet the dream, from start to finish, may only occupy a few moments.

Count Lavalette gives a remarkable illustration of this. "One night," he says, "while I was asleep, the clock of the Palais de Justice struck twelve, and awoke me. I heard the gate open to relieve the sentry, but I fell asleep almost immediately." Then he dreamed that he was standing in the street, and shortly became conscious of a low, rumbling sound. Presently a troop of calvary was seen approaching him, but both horses and riders were as if they had been flayed. Their bodies were dripping with blood. Women with mournful faces appeared at the windows of the neighboring houses to watch this dismal procession, and the air was filled with groans and pregnant with the smell of blood.

"I remained in the street," says the Count, "petrified with horror, and deprived of sufficient strength to seek safety in flight. This horrible troop continued passing in rapid gallop, and casting frightful looks at me. Their march, I thought, continued for five hours. At length the iron gate of the prison shutting with great force awoke me. Instantly made my repeater strike. It was only just past midnight, so that the horrible phantasmagoria had lasted no more than ten minutes; that is to say, the time necessary for relieving the sentry and shutting the gate."

A still more remarkable instance is given in "The Philosophy of Mystery." A gentleman dreamed that he had enlisted as a soldier, then gone through various hardships, deserted, was pursued, captured, and brought back. Then followed a vivid experience of his trial by court-martial. He was condemned to be shot, and eventually led out for execution. At that moment a noise in an adjoining room awoke him. What was his surprise to find that that selfsame noise had been both cause of his dream and of his awakening. He had encountered the experiences of months in a single moment.—*Journal of Magnetism.*

A Marvelous Experience

IN the year 1873, and when in my thirteenth year, I experienced a most wonderful psychic demonstration.

For nearly two years I had been indulging in continued and daily prayer that I might find relief from unhappy and sinful conditions. After this long period had elapsed, and still no release, had I lacked faith in God's mercy I would have become discouraged, when suddenly and without warning, as I was walking through the woods with my brother, I was lifted bodily and raised to a height of at least thirty-five feet. Then I floated along in the air for more than a hundred yards, when there appeared a wonderful light, so bright, so splendid, that I knew it was the presence of God. My brother also saw this strange light and was overcome with fear, for I appeared to him as being consumed with fire.

How long I remained in this suspended attitude I cannot tell, but during my elevation there came to me, robed in green and white, our blessed Jesus.

When I alighted and returned to my brother, who was anxiously waiting for me, he said: "Why, you fairly flew, and there was a light all around you, which reached from earth to heaven."—*B. D. Freeman.*

MAN is unjust, but God is just; and finally justice triumphs.—*Longfellow.*

Brought Back to Life

STRANGE CASE OF SUSPENDED ANIMATION, IN N. Y. HERALD

FIVE doctors are quoted by Thomas Hildreth, a racing man, as authority for the statement that a miracle was worked by a woman's scream—that by it a dead man was brought to life at Gravesend recently. Frank Taylor, Hildreth's brother-in-law, is said to have been lifeless for seven minutes during the afternoon of that day, and to have been pronounced dead by five physicians who were operating on him. He is said to be recovering rapidly.

Mr. Taylor, who is himself a racing man and is the owner of Maximo Gomez, a race horse, lives with Hildreth, at Gravesend avenue and Avenue U, Gravesend. Falling ill from an attack of appendicitis, Taylor was found in a serious condition at the end of last week by his physician, who decided that an operation was necessary to save the patient's life.

Taylor consented to the operation, and his wife telegraphed for her brother, who was in Memphis, Tenn. Hildreth came on at once and reached Gravesend Monday afternoon before the time set for the operation. The physician who had been attending Taylor called in four others, including two Brooklyn surgeons, and about half-past two o'clock Taylor was placed on an improvised operating table in the house.

Having completed the operation, the surgeons were about to dress Taylor's wound when they became alarmed at the condition of the patient. His heart action weakened, and in a moment ceased. All attempts to dress the wound were abandoned, and efforts were made to stimulate him. Finding their labors were apparently in vain, the physicians after a few moments decided to break the news to Mrs. Taylor.

Who went to her is not told by Hildreth, but, he says, one of the five met Mrs. Taylor in another room and told her that her husband had passed away. Mrs. Taylor screamed and fell into a swoon. To several persons in Gravesend Hildreth, in these words, described what followed:

"That scream brought Taylor to life. His heart began to beat and he opened his eyes. In a few minutes his heart was beating fairly strong and he was able to talk."

Hildreth refused to give the names of the physicians who attended his brother-in-law.

Dream Saved Four Lives

THE following news item is taken from the New York Journal of a recent date:

Mrs. Patrick Lyons, forty-eight years old, her two daughters, Margaret, aged eight, and Mary, eighteen, and her son, Patrick, aged seventeen, were found unconscious and nearly dead from gas to-day in their home, at No. 350 East Seventy-sixth street.

Two things saved the family from death—a dream and the twenty-five-cent gas meter.

Mrs. Julia Powers, a married daughter, awoke early this morning troubled by a dream that the world was coming to an end. She went to her mother's home across the way to see whether her relatives were alive or not.

When she got there she found the door locked, and, after knocking repeatedly, called a policeman. He got the key from the janitor and opened the door. As he did so the gas rushed out into his face, and it was a long time before he could enter.

The family was removed to the Presbyterian Hospital. It was some time before any of them regained consciousness.

The cause of the accident was a defective stop cock. Whoever turned the gas out last night turned it on again half way. The gas is furnished by a twenty-five-cent slot meter and the fact that the gas had been nearly all used up saved the Lyons family from death.

At the hospital it was said that all would recover.

It was learned later that the man's name is Patrick Lyons. He is forty-eight years old and a laborer.

A RECENT experiment with one of the somnambules in my class is worth reporting. For it I find no adequate explanation.

I took about seventy-five of my business cards, as they have a blank side and are as nearly alike as human ingenuity can devise. While the young man was asleep I had a member of the class take one from the pack and put a private mark upon the printed side. I placed this card, blank side up, on the top of the pack and put it into the hands of the subject, telling him that there was a picture of a lady upon the top card. He saw the picture. I then told him that he would know that card when he awoke and ran over the pack. I awakened him and told him to run through the cards. He did so, and when he came to one card he stopped and said: "Why, here is Mrs. N—'s photograph on this." The card was handed to the one who had marked it. It was correct. This we have tried since on a number of occasions with the same success.

The next day after the first experiment he came into my office, and I put the marked card among a lot of others and asked him to become passive and look the cards over. He did so, and picked out the correct card. I tried him a week later, putting six cards that had been marked on several different evenings, with some fifty others. He had no difficulty in picking them out of the pack and seeing upon them the same pictures he had seen the first time.

This cannot be explained upon the principle of telepathy, for no one knew the card amid all the rest. The experiment, I feel, means much in helping to solve the problems of mind and in explaining the phenomena of imagination and clairvoyance. I give it as a "nut" for the physical scientists to crack. Ultimately, I think, we shall come to the conclusion that there is nothing but mind; that thought has power as a mode of motion to print pictures, through the imagination, and that, in reality, the imagination is the only creator.—*Henry Harrison Brown, in Philosophical Journal.*

Another Dream Fulfilled

AS though in fulfillment of a dream her husband had sometime ago, Mrs. Catherine Donovan, wife of Bartholomew Donovan, superintendent of repairs in the Department of Public Buildings, Lighting and Supplies, died at her home, No. 119 East 105th street, about a week after, of heart failure, superinduced by rheumatism, with which she had been suffering for the last two weeks.

Just a week ago to-day Mr. Donovan frightened his household by relating a dream he had the night before, in which he saw his wife lying dead in a coffin. The dream was so realistic that as soon as he awakened he visited the room in which his wife lay ill, and satisfied himself that it was not an actuality. In church, a few hours later, he was startled when he heard a request that prayers be said for Catherine Donovan. Although this was not the Catherine Donovan who was his wife, he was greatly disturbed, and was still further annoyed when friends of the family inquired after Mrs. Donovan. His unsettled mental condition was noticed by his wife, and she asked him what was worrying him, persisting in her inquiries until he had told of the vision and the happening in the church.

Mrs. Donovan laughed away his fears and assured him she was not then near death's door, nor did she anticipate her illness would result fatally. In fact, she was so sanguine of her recovery that she really began to improve, and had so far regained her strength that on Friday evening she asked her daughter to trim her bonnet so she might wear it Sunday, as she intended going out to buy a birthday present for her grandson.

The husband, however, was troubled about his dream, and each morning he visited his wife's bedside on arising, to satisfy himself that his foreboding had not come true. Yesterday he looked into her room and saw her sleeping, as he supposed, but he could not hear her breathing, as on other mornings, and, fearing she might have suffered a relapse, he hastily summoned the family physician. The doctor pronounced the woman dead.

Mrs. Donovan was fifty-eight years old, and until her recent illness had always enjoyed good health.—*N. Y. Herald.*

At Kokomo, Ind., Cecile Champ, a ten-year-old orphan, told her classmates at school one Friday of a dream in which her mother came down from heaven and requested her to accompany her back to the celestial shore. Cecile, in the dream, consented to do so.

An hour after telling of the vision she was taken violently ill and died in a few hours. She had been in excellent health. Cecile was a student at St. Francis's Catholic Academy, and lived with her aunt, Mrs. A. B. Coonfare.—*Chicago Record-Herald.*

Are There Fresh Revelations of Truth?

By Henry Wood, in Mind

TRUTH is ever seeking recognition and demonstration. We may almost imagine Reality, or that which is, as a charming personality earnestly knocking at our door and awaiting our intimacy. It is positive and even aggressive in its nature. A rounded philosophic unit must include both a principle and its application. Truth has been waiting for man, and his search for it also has been untiring. Like supply and demand, they are mutually attractive, and in due season must come together.

In considering recent illuminations that have flashed into the mind of man we may generalize briefly, preparatory to a review of those psychical and spiritual laws which bear more especially upon the multifarious ills of humanity—their meaning, assuagement and healing. Any full survey of Reality must include both its abstract and relative aspects, and these must be carefully discriminated. Abstract moral and spiritual principles may be regarded as fixed, but subjective verities are elastic and variable. Relatively, they are not quite the same for any two individuals, and are not to-day just what they will be to-morrow. Practical truth is a law for human action, and therefore is personally differentiated. Truths—which are fractions of Truth—when held out of due proportion in the human mind, have an element of falsity; but there is progressive purification. No one can recognize that which is above his capacity, and it cannot be revealed to him. Growth is not in the truth, but in the suitability of human channels.

Truth is only a familiar name for divine method. It is God's plan that the progress of all His creatures, of whatever grade, shall be orderly and educational. Man can deal with conditions only as fast as he comes to them. The perfect abstract to him, will continue to be an abstraction. Love to God and man is the sum of the whole "law and the prophets," but the statement is too concentrated for man's ready assimilation. It is profitable to hold as abstract truth, but it must be rendered into terms of actual living. To be transmuted into spiritual fibre it must be presented in all possible combinations and circumstances, seen at all angles and in different lights, and tested in its application to varying ages and social conditions. Its essence must flow into life upon different planes of development, and each man will catch some aspect not quite like that of any other. It is a great unit with many sides, a melody with endless variations. The instruments of its revelation are without limit.

If Truth be a revelation of divine method it is a revelation of God. Even in human relations the method reveals the man. God is ever seeking to be outwardly expressed, and mankind must furnish the suitable channels. There has been a prevalent impression that divine revelation was formally closed, but man can never seal his own spiritual nature nor cease to feel the influx of inspirational light and love. These disclosures are continuous. God pours Himself into every human channel that is consciously opened.

The Bible itself makes it plain that the "Spirit of Truth" is the "Teacher" which is to supplement and transcend its own measure of divine reality. Inspiration is not a technical and supernatural gift, but a quality that inheres in degree in all that practically inspires. The beginning of the twentieth century marks a new era, well begun, of higher illumination and practical idealism. With the displacement of dogmatic and scholastic limitations, there is clearly a spiritual renaissance of unwonted power. The "Holy Spirit"—never sent, but always present, even though unrecognized—is in active demonstration.

It is true that, superficially viewed, there is a great counter-current of materialism, sensationalism and conventional stress which is much in evidence. But every profound student of human development must be impressed with the numerous symptoms of a spiritual hunger, which is limited to no class or condition. That craving is being satisfied in increasing degree. The developments in science and philosophy startle us by their brilliancy, and not less by their distinctive spiritual trend. Truth is being woven into common life. All that is demonstrable in science, vital in religion and rational in philosophy is visibly converging. Religion is finding its scientific side and that its development in man is through psychology. Neither can be pent up by itself. Nothing can successfully detach itself from the great Whole.

This era is nothing if not practical. If there are new revelations of Truth, we want to know

what they are good for. If man is proved to be constitutionally a spiritual being, should he not lawfully claim some increasing rights, uses and privileges? Is it possible that there is new light, progress and growth everywhere outside of himself and none within? Is he a mere animated lump of clay, or rather a dynamic spiritual entity, of divine relation and sonship? Is he to remain in complete bondage, not only to objective conditions, but to the handful of dust that he has shaped into his own organic form? Once admit that the basis of man's nature is psychical and spiritual and the rest resulting outward articulation, and a thousand former doubts and difficulties are dissolved and a new vista opened. The radical change of viewpoint introduces a general transformation scene, comprehensive, potential and beautiful.

The clear-cut lines of spiritual law run through the constitution of man, and not only its requirements but its potencies and rewards are written in his deeper nature. The great educational ideal now should be the dominant development of a spiritual consciousness. Without this strengthening and illuminating understanding, man is "cabin'd, cribb'd, confin'd."

We must cultivate a conscious oneness and contact with the Divine Mind, and know that the influx of spiritual truth and power has never ceased or been withdrawn. God is everywhere except in the closed human consciousness. Man's freedom being inviolate, an entry will not be forced but must be invited. The developed spiritual consciousness includes the normal cultivation of the thinking faculty and the recognition of its creative and reformatory power. It involves the mastery of external conditions and the growing command of the physical organism in a degree entirely beyond that attained by any accepted system of the past. It establishes a firm psychological and scientific basis for the healing of mental and physical ills, and reveals the *modus operandi* of the "wonderful works" that have occasionally cropped out during past ages. Even pure superstition may temporarily set psychical healing forces into action.

Error, disorder and disease are at the negative pole of positive Truth. To sense-consciousness they are only evil, but when understood they have a negative educational utility in urging men forward to an acquaintance with Truth. Their penalties and pains are not vindictive, but kindly compelling toward purification and salvation. They are the darkness in the basement of self-consciousness, to escape which man must ascend into the light.

The therapeutic potency of the new philosophy is both a revelation and rebuke to scientific materialism, the current of which has run so strongly through modern life. It brings to light unseen and eternal forces that assume their normal supremacy over those which are seen and ephemeral. Man comes into the conscious possession of his lawful heritage as a child of God. Christ is interpreted as the divine sonship in mankind, thus widening the exclusive local and historic significance of the term and office.

How can the vital principles already outlined be most readily introduced into concrete daily life and made dominant? As before indicated, thought is the motor, and it must be trained with intelligent care and persistence. If we choose our ideals, and dwell with them, they in turn will give shape and tone to our consciousness.

Mind has its habits, its well-worn channels, its favorite resting places and its concentrative possibilities. These powers and forces must be intelligently utilized in order to the formation of a symmetrical consciousness. As the body is a correspondential transcript of the psychical totality, two problems are solved in one. But chronic mental as well as physical habits are persistent, and "eternal vigilance is the price of liberty." If certain ideals are to be built into the actual and external, they must occupy the "chief seats" in the consciousness. If elbowed one side by mere sensation, mental or physical, they will have no moulding force.

Thought, being architecturally constructive, and always busy, makes ideal thinking an art—indeed, a fine art. Endless illustrative examples show that, as a photograph is the likeness of the negative, so a given personality is the sum of complex antecedents.

"The word is made flesh;" but to transmute a mental structure into visibility requires more than the cold, formal thought of the head. It must be translated into feeling. There are psychical as well as physical gymnastic exer-

cises. At convenient seasons the body should be relaxed and made receptive, for all tension bars out practical responsiveness. Technically, the great nerve ganglion known as the solar plexus seems to be a kind of bridge between the unseen and the seen. Spiritual concentration and aspiration may cause it to thrill with a responsive vibration reaching to the outermost extremities. Thought of such a depth has a wonderful potency. But conventional physical inertia and solidity are resistant, so that effective responsiveness is a matter of patient cultivation. Said that eminent poet-prophet, Robert Browning:

"There is an inmost centre in us all,
Where truth abides in fulness; and around
Wall upon wall the gross flesh hems it in,
This perfect, clear perception—which is truth."

The aggressiveness of the seen and external renders it important that at suitable times we should lift ourselves into a condition of inner stillness and receptivity. Then it is the soul's privilege to expose itself to its divine ideal until its features are deeply impressed. This is no impossible or unmeaning exercise, but practical, helpful and inspiring. Bondage, to the seen, is veritable slavery, and the fact that it is common does not render it normal. The laws of man's threefold constitution demand that the spiritual zone shall be supreme, with the psychical and physical respectively in subordination.

The fact that telepathy or direct thought-transference is well founded proves that a positive healing influence can go out and produce a sympathetic vibration in the subconscious realm of another. Everyone who will interest himself in the practical power contained in the new philosophy of life will find abundant reward. Life will be rendered fuller and richer than would be possible otherwise.

God's Love

God gives to the world His great love in great abundance; some souls are ready to be touched by it; other souls are not. The time will arrive when these non-receptive souls will be bathed in this ocean of divine love, and then they will not murmur and complain that God does not love all of His children alike. The God-love is ever at hand in great abundance—it is omnipresent.

A great Soul says:
"There is no such thing in God's universe as a principle of positive evil. Evil is the travail-pain of the Soul's birth from the material surroundings to immortality, life and joy. It is the friction of the spiritual life in its evolution from the material. Evil is, therefore, inevitable, but temporary. In one position it is good; and in the absolute sense it is right that evil is. It is only when by an attempt to force the animal rule of selfishness into the domain of the spiritual that good becomes evil, and right is transformed into wrong."

The Divine Law

PLEASURE, through divine knowledge of what pleasure is, should be our main pursuit. It pleases the man of God to do his duty, therefore his whole life is one round of pleasure. Nothing displeases him who understands God; therefore his whole life, his whole being is pleasure. The divine law with respect to pleasure is that he who pleases others shall have pleasure himself. And so it is with all the laws of God; just what we put forth we get back. If we are kind and gentle to all, then all are kind and gentle to us; if we never have one angry feeling against another, no one ever has an angry feeling toward us. What you sow you reap.

PAUL said: "Whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report, think on these things."

THINK much about happiness, cheerfulness, gentleness, kindness, joy, peace, contentment, tranquillity, serenity, rest, repose, charity, brotherhood, hope, then you will be happy and make others happy, cheerful, gentle, kind, joyful, peaceful, contented, tranquil, serene, restful, reposeful, not ill at ease or diseased, comfortable, charitable, lovely and divine, hopeful; indeed, here in a few words is the real secret of eternal joy and happiness. As we think we will be. All peace, joy, contentment and happiness come only through thinking peace, joy, contentment and happiness.

Oh! Infinite, Eternal Self, divine,
The heart of humanity awaits Thee.
Awake, come forth and daily shine,
Thou precious One of eternity!

God is love, and he that dwelleth in love dwelleth in God, and God in him.

Aim of This Magazine

THIS Magazine is a monthly message of optimism, intended by its Heavenly Guides to bring into the hearts and homes of its readers joyous hope and courage and cheering optimism. We know that God is in His worlds, and that we souls on this glorious planet are continually evolving from one plane to a higher plane; that God throughout the universe is working with a wonderful plan in which progressive evolution or unfolding of the soul is His sole purpose. When man once fully realizes that he is an Eternal Soul, the child of One Loving Father of All—the Eternal God—he becomes a new and powerful being right here and right now. This Magazine is always striving to rouse the souls of the children of God by telling ALL, irrespective of religion, creed, sect or color, that they are *Eternal Souls*, always going onward, forward and upward to the Blessed God. All the Mystics connected with this Magazine are God-loving souls, who live in the vibrations of this *second*, this *minute* and this *hour*—in the *ETERNAL NOW*. We preach the gospel of Love, Hope and Happiness *now*, and not the doctrine of Fear, and the expectation of a reward in the far future. We say Love God so intensely and fervently *to-day* that you get your reward *here and now*. This was the teaching of the Blessed Christ, who repeatedly taught us to do to-day's duty through Love and without thought of the morrow. He who is good and wise and Christ-like *to-day* need fear nothing of the morrow.

So, we iterate and reiterate here each month *OLD THOUGHT*, as we find it is the *only Thought* that never fails to carry the soul to the Most High.

Our tremendous success is due entirely to our always placing God and the Soul *first*; to intense and earnest and persistent prayer to God for Light and Truth. All the Mystic Adepts connected with this Magazine are men and women who pray to God for direction, guidance and wisdom; they are not Mental Scientists, but simple, God-loving souls, who have made complete surrender to God of mortal mind and mortal will.

With fervent prayer and love for God, and the Son, and the Holy Spirit and the Holy Angels, and the Holy Bible and all humanity, how can we help but bring hope and good cheer into the world?

The whole substance of true religion is love, gentleness, faith, hope and charity, by the practice of which the soul becomes united to the will of God.

Advertisements in Our Paper

WE desire to say to all our friends and readers that THE MAGAZINE OF MYSTERIES, now twelve months old, has for a period of ten months steadfastly refused to take advertisements of any kind. It costs a vast sum of money to publish a high-grade paper like THE MAGAZINE OF MYSTERIES, and the expenses of publication have exceeded the income received from subscriptions by many thousands of dollars. Consequently, in justice to ourselves, and in consideration of the fact that we have received so many flattering offers for advertising space, we have decided to accept advertising of the *highest character only*. We shall at all times exercise the strictest care and exclude all irresponsible firms.

The standing of every individual or firm asking for space in THE MAGAZINE OF MYSTERIES is thoroughly investigated, and our constant effort will be to keep this periodical (the only one of its kind in the world) on a plane worthy of the high regard of our most critical readers.

There is no other magazine in all the world that has pursued this policy, and we therefore point with pardonable pride to the unprecedented fact where personal sentiment has played a conspicuous part in this money-getting era, and where thousands of dollars have been lost to us in order to hold steadfast to that sentiment.

RIDER AGENTS WANTED
to ride and exhibit sample bicycle.
1902 MODELS, \$9 to \$15
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MORALITY ONE THING—RELIGION ANOTHER THING



MORALITY is a phase of religion, the same as occult and psychic powers are phases of the divine within us. Morality is essential in any civilization and is a grand quality individually and collectively.

Moral laws make men just; it is a tremendous power to be moral.

But morality should come in a natural way out of religion—out of a pure and higher love for the Great God. Religion, or realization of the soul's oneness with God, never comes out of morality alone.

So, a man may be the most moral man in the whole world and yet be the most Godless man in the world.

We cannot attain *oneness* with God through morality. This can only be obtained through love of God and Christ.

Eternal Peace and Eternal Joy and Eternal Bliss cannot come through morality alone. A man must be *more* than moral; he must love, adore and worship God *first*, and he will be *naturally* moral without any effort.

The truth about *loving and honoring and worshipping and revering* God, and complete surrender to God, is not embraced nor understood by some moral men, and that is the reason they are neither really happy nor really powerful nor really successful, even if they are strictly moral.

Many men think that ALL they have to do is to live moral lives and they will reach the goal or be perfectly happy. The Super-conscious state or Blissful Perfection can never be reached through morality alone.

A Great Soul says: "The law of civilized society is founded upon morals; that is, justice between man and man. An atheist, deist or skeptic of any shade of unbelief may possess a spotless morality, because social contact only requires right between individuals. Righteousness springs from the recognition of our true relation to our Heavenly Father in the redemption of the race through the offering of His beloved Son. Tersely put, it is the completion of man: the third story, or spiritual, being added thereby. Morality may be represented in or by two stories; but to be righteous our lives must reach up to the Infinite Father of All, through the love of our Elder Brother, Jesus Christ. Thereby is added the third story or complete man. The moral life must continue—indeed, will continue—after the new relation has been established by accepting the atonement, and the glory and honor given to God, and not taken to ourselves, as is usually done by those who pride themselves on their moral-

ity. Morality is a product of humanity with many men; with a Holy Man it is the natural effect of oneness with God. Righteousness exists by being in touch with Divinity."

How much scorn and ridicule is put on the average *Moral Man*—men who are not only strictly moral yet pride themselves on their morality, their *will* to be good and moral? We never see a really Holy Man ridiculed for his morality.

A Great Mystic Adept says: "So-called 'moral' men, without a fervent love for God and a daily practice of religion, are farther away from God than a great sinner who is not moral yet does not deny God. The 'moral' man is so filled with self-pride and adoration of his mortal will that he cannot see God, nor can God impart to him any of His Divine Will. On the other hand, the sinner may have, and usually does have, a great big heart and little of mortal will, and when his sufferings from sin are great he calls out to God and is redeemed—*saved* from his sins."

In all ages (thousands of years before the Bible was thought of) the Holy Mystics have taught *complete surrender* to God, through intense love for All-Good, as the very first step to be taken toward living the *Life*. Morality comes naturally to a God-loving man.

A writer in the Christian Herald says: "Morality relates to the practice, manners or conduct of men as social beings, in relation to each other and with reference to right and wrong. A moral man follows the letter and spirit of the Golden Rule, and most of them have a notion that they will be able to gain an entrance into the Kingdom of Heaven on account of their morality. What a fearful mistake! A moral man may not be a righteous man, but a righteous man is a moral man. Where does the one end and the other begin? Morality, or self-righteousness, ends where true righteousness begins—when the door of the heart is opened and CHRIST is allowed to enter. True righteousness begins when the man is converted to God."

Seek God and Real Religion *first!*
Let everything else go by the board until you have found God!

With GOD and CHRIST in our hearts we have the HOLY SPIRIT and the ANGELS with us *all the time*, and then we will be happy and successful—**ETERNALLY BLISSFUL**.

REAL RELIGION is what men need! *Real Religion* is living the Christ life and gives one Hope, Courage, Power and Optimism to do great and mighty works and be *modestly moral*. F. H.

A Great Lesson

HERE is a lesson drawn by Helen Hunt from the words of a poorly clad little girl who, on a chilly, rainy day, stood before the window of a milliner's shop, rapt in delight at the bright hues within, and saying to herself, "I choose that color!" "I choose that color!" "I choose that color!" "I choose that color!" Why should days ever be dark, life ever be colorless while we have such souls in the world? There is always sun; there are always blue and scarlet and yellow and purple. We cannot reach them, perhaps, but we can see them, if it's only "through a glass" and "darkly"—still we can see them. We can "choose" our colors. It rains, perhaps, and we are standing in the cold. Never mind! If we look earnestly enough at the brightness which is on the other side of the glass we shall forget the wet and not feel the cold. Pennilessness is not poverty, and ownership is not possession; that to be without is not always to lack, and to reach is not to attain; that sunlight is for all eyes that look up, and color is for those who "choose."

Why is sun more bright than rain?
Why does night bring forth the day?
Why do souls grow strong with pain?
'Tis God's way.

Him to trust though sunbeams fail,
Him to love though loves decay,
Him to see behind the veil,
Be my way.

The drunkard and the glutton shall come to poverty.—Solomon.

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THOUGHT is Power.—Victor Hugo.

GIVE us to-day our bread for the day before us.

WE can make our lives sublime.—Longfellow.

THOUGH He slay me will I trust in Him.—Psalms.

AND what they dare to dream of, dare to do.—Lowell.

THE laws of thought are the laws of the Universe.—Buchner.

I KNOW the spirit of God is brother of my own.—Walt Whitman.

JUST God and I, with naught between.—John White Chadwick.

MAN is a prevalent force and a new law unto himself.—Thoreau.

GREAT things has the Almighty done for me; and holy is His name.

'Tis not what man does which exalts him, but what man would do.—Browning.

THOUGHTS and feelings are the fundamental facts from which there is no escaping.—John Fiske.

CERTAINTY walks alone. It is doubt that has to be propped. Hope ever stalks on both sides of it.

GREAT men are they who see that spiritual force is stronger than material force; that thoughts rule the world.—Emerson.

FORCE is not gravity, nor electricity, nor magnetism, nor chemical affinity. But WILL is the typical idea of Force.—Dr. Brown, Dean of Boston University.

THE man who never makes any mistakes never makes anything. Many chips, broken instruments, cuts and bruises, belong to the history of any beautiful statue. Persist, in spite of everything.—Malbie D. Babcock.

WE know nothing of the ultimate of force. Science is already getting something like a firm hold of the idea that all kinds of motion are but forms of one persistent Force, arising in one fountain head of Power.—Duke of Argyll.

Do not be deceived. God is not to be trifled with. What men sow they will reap. For those who sow the field of their earthly nature will from it reap decay; while those who sow the field of the spirit will from it reap enduring life. We must never tire of doing right, for at the proper time we shall reap a harvest, if we do not grow weary.

TRIFLES are trifles only to triflers. To the thoughtful they are symptoms of peril, signs of hope, opportunities of love. To ignore trifles is to be ignorant of the spot where decisions are made and destinies determined. Railroads figure, not on dollars and cents, but on fractions of mills; and we have discovered of late that God ploughs and harrows His fields with earth-worms, and puts the burden of His creation on beasts that car swarm through the eye of the needle. Awake to the significance of the insignificant; for you are in a world that belongs, not alone to the God of the Infinite, but to the God of the Infinitesimal.—Malbie D. Babcock.

E'EN now the eye that high up-towers
The bright dream sees—no shadow lowers
Upon it, thou so far away;
For snapped shall be each galling chain.
The Past was Hate—'tis o'er his reign;
Thy name is Love, thou coming day.

E'en now, amid our sorrows dark,
The germ of Union lights its spark.
Men shall be brothers—Thus God wills.
At dawn the humble bee awakes,
From poison flowers its honey makes,
And so works Progress with our ills.

The Power of Truth

PETRARCH (a celebrated Italian poet who flourished about 460 years ago) recommended himself to the confidence and affection of Cardinal Colonna, in whose family he resided, by his candor and strict regard to truth. A violent quarrel occurred in the household of this nobleman, which was carried so far that recourse was had to arms. The Cardinal wished to know the cause of this affair, and that he might be able to decide with justice, he assembled all his people, and obliged them to bind themselves, by a most solemn oath on the Gospels, to declare the whole truth. Everyone, without exception, submitted to this test; even the Bishop of Luna, brother to the Cardinal, was not excused. Petrarch, in his turn, presenting himself to take the oath, the Cardinal closed the book and said: "As to you, Petrarch, your word is sufficient."

THERE are many teachers who profess to show the nearest way to excellence; and many expedients have been invented by which the toil of study might be saved. But let no man be seduced to idleness by specious promises. Excellence is never granted to man but as the reward of labor. It argues, indeed, no small strength of mind to persevere in habits of industry, without the pleasure of receiving those advances which, like the hand of a clock, while they make hourly approaches to their point, yet proceed so slowly as to escape observation.

There is one precept, however, in which I shall only be opposed by the vain, the ignorant and the idle. I am not afraid that I shall repeat it too often. You must have no dependence on your own genius. If you have great talents, industry will improve them; if you have but moderate abilities, industry will supply their deficiency. Nothing is denied to well-directed labor; nothing is to be obtained without it.—Reynolds.

DIFFIDENCE.—The celebrated Aboo Yussuf, who was chief judge of Bagdad in the reign of the Caliph Hadee, was a very remarkable instance of that humility which distinguishes true wisdom. His sense of his own deficiencies often led him to entertain doubts where men of less knowledge, and more presumption, were decided.

It is related of this judge that on one occasion, after a very patient investigation of facts, he declared that his knowledge was not competent to decide upon the case before him. "Pray, do you expect," said a pert courtier, who heard this declaration, "that the Caliph is to pay your ignorance?" "I do not," was the mild reply; "the Caliph pays me, and well, for what I do know; if he were to attempt to pay me for what I do not know, the treasures of his empire would not suffice."—Malcolm.

THE healing power is not mental, but is the Truth, and the healing is worked out by the individual will allowing the mental to give way that the Truth may express itself. The Healing Power is free, and the healing in and of itself is free. It is all of the Spirit of Truth, and every person has equal access to it and has equal claim to its beneficence. Our work as administering to the bodily and mental needs of humanity is not in aid of the Truth, but is in aid of the individual, that he may allow the truth to manifest its perfectness in him. Not the Truth, but the time that we give up to this service for you when you come to us for help is what you pay us for, and certainly no one presumes to expect another to give up time to them in their personal service without a recognition of the obligation that in turn devolves upon themselves. But what we expect and take pay for is our time.

THINK Health; think Self-mastery; think Self-sufficiency; think of the Infinite Power that you are. As you exercise think of yourself as Spirit (or as Mind, or as Power, for these are all one), and think that by this action you are letting the Power flow into expression; are materializing Thought into muscle; building out of Thought your body to your ideal. Hold this ideal before you, and as surely as bud unfolds into rose, so will this ideal bloom into body and environment. Remember that you are only materializing Will. The amount of Will, of Thought, will determine the amount of benefit and the line of benefit.

EXCLUSIVENESS is death. Shut up your house from all the outside pure air that comes from the universal, and you would not live long. To shut yourself away from the spiritual influences of your inmost being is still more harmful.

A MAN who gives his children habits of truth, industry and frugality provides for them better than by giving them a stock of money.

The Heart's Theology

By Herbert M. Lome, in Success

WITH broad'ning minds the narrow dogmas die,
The world, maturing, sheds old hopes and fears;
And yet, my wife, your true and tender eye
Refutes some newer doubts of newer years.
What though I pay no pew rent, and, perchance,
May hold that creeds, chameleon-like, must take
Their color from the Age's circumstance!
Yet, you have founded Faith no man can shake.

You cast your lot with mine for ill or good,
And more of ill than good, God knows, has been;
You, faithful, patient, murmuring not, withstood,
Snow-pure and steadfast, patient and serene,
The errors that within the blood will live,
The vows forgotten—anger, wrong and guile—
You, angel-like, were ready to forgive;
Through wifely tears there shone a wifely smile.

At length I said: "The Power who gave her me
And gave her, too, the spirit that endures—
Can He less loving than her dear self be,
Though theologic fog His love obscures?"
My soul and heart cried, "Nay!" and so were
naught
The teachings of the moles who, blind, cry
"God
Is but blind teaching, and by blind men
taught,
And life begins and ends with just—a sod."

Ah, watch! The tender, sun-kissed hyacinth
Dies—so it seems. But lo! a miracle!
The Spring! and on an emerald plain
Is built again the perfumed pinnacle!
So 'twas I said: "This pure, this perfect flower,
Of wifehood, when the winter touch of
Death
Shrivels its petals—shall no sun endower,
No unknown sun revive its breath?"

"Will He, who hue and life and vigor gave,
Who saw the storms it bore, the blasts that bent,
Be willing that it sleep within a grave,
Forgotten, nay, begot without intent?
Must all the joy it brought, its lessoned life,
Meet no reward when it is placed in dust?"
Then from my heart's persistent, questioning
strife,
There came the answer: "Peace, for live it
must."

"Is she, to Him, less than the passing bloom,
That dies but to revive itself anew?
Oh, one of troubled soul! your earthly doom
Is but a rest to fuller strength endue."
And so, content, dear heart, I calmly wait,
For you have solved these vagrant mysteries
By your own blameless life. When Death's
broad gate
Swings open wide, I know that He who sees

What all men do, will guide my erring feet—
The earth's reek cleansed from me. There
unknown
Are pangs of parting. You will know, my
sweet,
How that you were my all-in-all alone.
The drear, dead, sinful past will be a wraith;
The future—ah, what future may not be!
We, with clasped hands—it is my perfect
faith—
Shall gaze down vistas of eternity!

Spiritual Psychology

WHAT has spirituality to do with health? Everything, almost. We are a community of invalids, says the Reasoner, because we lack spirituality and the education that teaches what spirituality stands for. Health does not inhere in the body; neither does disease. Health inheres in the soul. Most of our ill health is brought on through fear. The coward's legs are weak and tremble as he runs, making him thus the more easy victim to his pursuers. We should have a series of textbooks on soul culture, written by the ripest scholars in spiritual psychology and mental therapeutics. Now, do not sneeze at the term "spiritual psychology." It is correct, and I use it advisedly. Every teacher should be required to pass an examination in these branches. The Prodigal Son has wandered about far enough, eating husks with the swine. Let him come home now and feast upon the fatted calf. Disease is a bugbear, a hallucination of the mind, and is brought on, like other nightmares, by improper mental food. Let the people be taught these things, and disease will disappear.

A Page of Miscellaneous Matters of Interest

Brutalizing Sport

Is it not time to call a halt to murderous sports that take innocent life, out of mere wantonness—a brutal indifference to the sufferings of animals on the lower plane? This needless shedding of blood is very horrible to the truly sensitive and spiritual mind, and can have no other effect than to brutalize every God-given faculty implanted in Man, who boasts his image and likeness to his Creator! This is what Lady Florence Dixie has to say about the taking needlessly of animal life:

"I have seen the terror-stricken orb of the red deer, dark, full of tears, glaring at me with mute reproach, as it sobbed its life away, and that same look I have seen in the glorious-orbed guanaco of Patagonia, the timid gazelle, the graceful and beautiful koodoo, springbok, etc., of South Africa, seemingly, as it were, reproaching me for thus lightly taking the life I could never bring back. So, too, I have witnessed the angry, defiant glare of the wild beast's fading sight, as death, fast coming, deprived him of the power to wreak his vengeance on the human aggressor before him. And I say this: The memory of these scenes brings no pleasure to my mind. On the contrary, it haunts me with a huge reproach, and I wish I had never done these deeds of skill and cruelty."

Spiritistic Movement

In one way the "Spiritistic" movement has made progress; that is in the mass of its uncritical adherents, of whom in Berlin alone there are said to be 10,000, with some four hundred (?) mediums, and from fifteen to twenty spiritistic societies. In North America there are, it is said, 16,000,000, and in the whole world, in the year 1894, some 60,000,000, with two hundred spiritistic journals. But the quality is in inverse ratio to the quantity. Religious Spiritism has increased, but scientific, critical Spiritism is as pitifully deficient at the present time as it was twenty, forty, a hundred or a thousand years ago. Acevado, Aksakoff, Brofferio, Buttlerow, Crookes, Edmonds, Falconer, Flammarion, Flournoy, Hare, Hellenbach, Huggins, Lombroso, Morselli, Perty, Du Prel, Rochas, Schiaparelli, Varley, Wagner, Wallace, Weber, Zollner, and others, have done nothing to change this state of things. *Nothing is proved!* There is not one absolute proof or "naked fact" given of the post-mortem existence of spirits, or even for the existence of the spirit or soul as an independent entity, and in all probability no such exact proof ever will be given.—*Dr. Maack, in Light.*

The Lonely Heart

At all times we are a mystery to ourselves! We cannot fathom our own souls, but not unfrequently we catch glimpses of their awful capabilities and untold powers of happiness or misery. Some sudden pang of remorse; the slow anticipation of a cruel sorrow; the loss of an object dear to us; or the intense yearning of deep affection frequently startles us with the dreadful conviction of how much we may be made to suffer; and then comes the thirst for sympathy, and the fear that we shall not find it. The world knows nothing of our heart; the best friend may not understand its windings; and even if we could trust him our efforts to explain ourselves must frequently end in the simple declaration that words cannot express what we mean. In short, as far as human sympathy goes, there must still be many a time when a man feels that he is utterly alone.—*Church News.*

Compensation

ALL life is an echo. If a man crushes, he shall, in turn, be crushed; if he hates, he shall be hated; if he torments, he shall be tormented; by being unmerciful, he breeds the influence that makes all conditions unmerciful to him; if he loves purity, all the pure will love him in return; if he seeks to be wise, all the wisdom seers will seek to aid him. With the measure that he metes, it shall be measured to him again. There is no escaping this inexorable law of compensation; it may sometimes appear to be slow in its operation, but it inevitably operates.—*Brahma-vadin.*

Signification of a Name

The word Abram signifies cause of elevation to the soul; advancement upward. Faith in the soul is never discovered through credulous creeds or doctrines. It has nothing whatever to do with physical states or emotions. Faith is to the soul what any sense is to the body. It is cognizant of the Elohim, the God moving and ordering within and without. It obeys the Supreme under all circumstances and conditions. It causes the soul to advance. Abraham hears the God-voice. He takes no cognizance of earthly conditions or sacrifices. The character sketch stands out as a beautiful setting to show the value of faith to the soul. Abraham meeting this objective type or king after the slaughter of the kings or the lesser ruling faculties of mind becomes blessed and partakes of bread and wine from Melchizedec, which duly interpreted means the one Divine substance is broken and the wine, the new life of the ever-moving spirit. This blessing of King Melchizedec ever follows every battle with the terrene forces, which seemingly for a time beset the soul. He who performs this first sacrament is after the "order of Melchizedec." That first sacrament administered begins that new ordering of the soul by which the outward senses are purified and drawn inward. In other words, Faith is advanced.

What's in a Name?

Is there anything occult in a name? The naval superstition that ill-luck attends ships named after reptiles has received strange corroboration of late years.

"Besides the Viper and Cobra, the Serpent was lost with nearly all her crew, the Wasp was wrecked with heavy loss off Tory Island, and a second Wasp, a gunboat, disappeared in a typhoon, never to be heard of again. In consequence of this double disaster to ships named Wasp, that name has been struck off the Admiralty list of available names. In the past we have lost a Rattlesnake, Gaddy, and Hornet. Probably a new Viper and a new Cobra will be built, but should anything happen to either of them the name of the other is almost certain to be changed by the authorities in deference to the sentiment that prevails afloat concerning unlucky names. The only exception that obtains is the Resolution. The present ship is the tenth. No less than eight of them have had tragic fates, and the present one some years since very narrowly met disaster at sea. Most of the old Resolutions, however, earned glory first in battle, hence the perpetuation of the name."—*Psychic and Occult Views and Reviews.*

Never Wait for the Crowd

THE man who does things, who brings about results, who feels within himself the power of achievement, and is determined to make himself known in the world, never waits to see what the crowd is going to do. He does not ask advice of everybody he knows, or wait for precedents. He lays out his own plans, thinks his own thoughts, directs his own energies. He does not complain because obstacles appear in his path; and, when he comes to them, he goes through them, not over them or around them. He never whines or grumbles; he simply keeps to his task and works in a vigorous, manly way. He goes about everything he undertakes with a determination that insures victory. It takes courage and originality to step out from the crowd and act independently—to jump into deep water, as it were, and swim or sink. The man who acts boldly wins the confidence of the world.—*Success.*

A Benefit

All that removes the inhibition of wrong thought, whether it be a "change of heart," mental culture, higher ideals, sleep—natural or induced—leaves the deeper powers free to act. All that co-operates with the subliminal consciousness for expression harmonious with universal Being, whether it be mental sunshine, optimism, joy, rationalism, universal love or faculty-expression, will accelerate those subliminal powers that operate so beneficently for the individual well-being.

Raja Yoga

THE word "OM" or, rightly rendered, "A-U-M," is used by students of the occult who do not understand the potency of sound. It is claimed that there have been students who have used it to awaken the "Kundalini" (which is only the nervous system) and have been driven insane by the intense and rapid vibrations engendered by it.

It is not in merely pronouncing the word wherein resides potency—the sound, number and color must harmonize, and be directed by the awakened consciousness of the individual.

Every letter in the alphabet has its own sound, color, form and number, darkness and light, silence and sound, positive and negative, the eternally concealed and the manifested—is the first Cosmic Square, from which has sprung the Universe.

[The above short article is from Views and Reviews, an ably conducted Toledo (Ohio) monthly. We have practiced Raja Yoga (the breathing lessons more especially) and have been benefited thereby. There is absolutely no fear as to the harmful results of the sacred word OM. The key to increased power is the knowing how to use it. We impart this advice to the readers of THE MAGAZINE OF MYSTERIES: Upon retiring for the night lie on the right side, relax every muscle, breathe gently and rhythmically—imagine in mental vision you see the gentle swinging motion of a clock's pendulum. Five to ten minutes of such breathing will cure the worst case of insomnia and insure refreshing sleep. We know whereof we write, as we have tried and proved its efficacy.—Editor.]

Universal Order

CONFORMITY to truth is the only means of coming into relation with cosmic or universal order.

It is difficult to reach at once that plane of realization where truth is esteemed above all preconceived opinion and previous teaching. Consequently when the light comes, many insist upon receiving it through the avenues of the old false thought from which they should desire escape; and when they give out what they have perceived, it is moulded as nearly as possible to some man-made scheme of philosophy—not untrammelled and free, vibrating with the life of truth.

We must put truth above all else, and be not only willing but anxious to sacrifice all our opinions and theories which are not of it. How else is it possible to attain its illumination?

He who can free himself from the limitations of false thought fits his mind for the immediate cognition of truth, thus creating conditions for greater attainment and the only real progress.—*Joseph Stewart.*

THE warlike Europeans stand in great need of learning the lesson of earning bread with the sweat of their brows. When they use the hands in obtaining their food, they will have mastered a great Christian virtue, which teaches us: Give to Caesar what is Caesar's. Militarism is un-Christian, and so long as it is in vogue there can be no true Christianity or peace on earth. Great booty secured by conquests blinds the reason. If boys be properly trained in Christian religion, and some parents set an example of it, they may when grown up give up militarism and refuse to shed the human blood for the sake of an individual monarch's quarrel.—*The Harbinger.*

PEOPLE born in the sign of Virgo possess bright, inquiring minds, are very interesting and agreeable to meet, possess great literary and reformatory ideas. Oliver Wendell Holmes, Tolstoi, James F. Cooper, Prince Albert and Bishop Wilberforce were born in this sign, which the sun does not leave until Sept. 23 to enter the sign of Libra. People born in the sign of Libra have high ideals, often become famous, in politics are splendid organizers, and if robust, make strong leaders. Madame Helen Modjeska, Noah Webster, Geo. Bancroft, Thomas B. Reed were born in this sign.

THAT children tall for their age are generally born in the summer is a novel theory. So far as boys alone are concerned, those who first see light during autumn and winter are not so tall as those born in spring and summer. Those born in November are the shortest, in July the tallest. Average for girls shows that those born in winter and spring have less length of body than those born in summer and autumn. The tallest girls are born in August.

THE gift of the Spirit is the gift of Infinity, and there is no price that can be paid for such a gift. Price is the measure of compensation in time. There is no time to Infinity, and Infinity demands all—forsake all and follow Me.

SAYINGS OF THE BLISSFUL PROPHET

Observations on Human Affairs, Specially Written
for The Magazine of Mysteries

"That which exists is one. Sages call it variously."—*Rig-Veda*, I, 164, 46.

INVOCATION

O Blessed and Adorable God, the Heavenly Father of All, may all honor and all glory be Thine! Thy humble servant, who gladly and joyously serves Thee, approaches Thy Majestic Splendor and asks of Thee guidance in writing down the Sayings. Guide my pen, Holy Angels! May Light radiate from the RADIANT CENTER and be given through this medium to the children of Earth. For the Glory of God on Earth, Amen.



WHEN the sons and daughters of God, the Loving Father of All, contemplate the great universe with Holy and sublime thought, they behold amazing splendor. By observing the universe with spiritual reverence for the Creator, the soul of man is carried to great heights. The Holy Adept "holds that the manifested universe, both visible and invisible, is the thought of the Divine Mind in expression."

The Holy Seer, in observing this planet and our Sun and all his attending planets—this solar system—is amazed and thrilled with vibrations of great bliss at the grandeur and perfect order of the same. At every hand he clearly sees orderly progress. Everything he observes is surely moving onward, forward and upward, from lower to higher planes, all ruled and guided by the Hand of God. Everywhere are beauty and grandeur! What a splendid spectacle! Everywhere are beautiful and inspiring manifestations of Intelligence, Force and Matter.

The God-loving Adept in all ages says: "It is impossible to conceive of intelligible and orderly results, such as are everywhere seen throughout all the kingdoms of Nature, and throughout the universe, without first admitting the existence of a Universal Consciousness continually guiding the operations of force within matter from first to last along the line of evolution." The Divine Man *knows* that the sum total of both matter and spirit is the same; that matter and spirit are both eternal; that matter here on Earth in its coarser state, or in the Astral in its finer or more subtle state, is the vehicle through which Spirit manifests; that those who do not reverence and recognize matter just as essential as Spirit are people who, through ignorance and spiritual blindness, try to bring ridicule on the Wise One—God.

Those fanatics who do not recognize that matter is as real as Spirit are one-sided and bring discord into the world, both for themselves and others. Before the great, Holy Adept can control Nature, within and without, and reach the Superconscious State—the Glorified or Blissful State—he must become wise and cease to be a fool. The wise man knows there is only one source from which understanding and wisdom can be obtained, and that source is God, the fountain-head of wisdom. The Omniscient One, therefore, in His first lessons to the aspiring soul, teaches that the sum total of matter and spirit is always the same; that matter, as well as spirit, is eternal; that we are all eternal souls, manifesting in eternal matter, finer or coarser, depending upon the degree of evolution we are working in.

Those who deny matter suffer much, and as long as they maintain that attitude they are not happy and attract to their center Astral cyclonic disturbances which take many prematurely out of the body and others into madhouses. In all ages many of these people have lived and suffered and caused much suffering, woe and misery in the world. In reality they are hypocrites

and idolaters; they affirm the temple of the soul (matter of the human body) is not real, and yet are perniciously active in taking money (matter) to cure disease of a body which, they affirm, does not exist; they are idolaters and heathen, because they worship a mortal instead of God, and idolize a book (matter) which they pay usually a high price for in money (matter).

Sometime, somewhere, these deluded people who do not now really worship the Mighty God, will wake up out of their dream, through dire failure to reach any degree of real joy, peace or bliss, and, after much intense suffering, will cry out to God in their woe and anguish, and then He, the Blessed One, will gladly take them to His Bosom and give them Light, Understanding and Wisdom. God, in His great and tender love and mercy, wins all souls in time. The soul in each being is Eternal.

It gives the soul bliss and peace to know matter, the universal substance, and how Spirit works in and through it and crystallizes or forms matter. God breathes, as it were, into the mind of the Holy Man who really loves and worships Him, understanding knowledge and wisdom. Then we have the great adept with wonderful psychic and occult powers. Jesus, our Master, is the highest manifestation of God on this planet. He was the very God incarnate, and is now the living Christ of this Planet. The Blessed Master knew and recognized and loved matter and controlled Nature, both internally and externally. Hence his great miracles. Jesus is the greatest God-lover that we mortals have known. Try to always think of Jesus as THE LIVING CHRIST OF THIS PLANET, and of to-day—NOW—and not as the dead Nazarene.

And right here, in this connection, let me say that the Angels have, in all ages, instructed the Holy Adepts to tell the world of mortals to love and revere Jesus as the Son and Master and Mediator and Saviour, as the *living* Christ; but to not worship and idolize the Master as the Eternal God; that we can easily reach the Eternal God through the living Christ; that it pains and disturbs the Master in Heaven to see so many giving all of their love and adoration and honor to Him, the Son, and not to the Heavenly Father of All, the Eternal God, whom we should always first honor and glorify. The great Mystic Adepts love God first, with all their souls, with all their hearts, and with all their minds; then Christ, who leads or points the way to God, and then the Holy Angels, who are the Bright Messengers from God to man—from the Heavenly Spheres to Earth.

Yet all is *One*. The Holy Spirit, to a more or less degree, depending upon what degree of evolution we are in, permeates all. It is the All in All—the mighty breath of God manifesting in universal substance or matter. The ancient adept says: "Hence we trace the formation of worlds, and the transmission of the life-impulse from one to another. Through all we see the action of a conscious, intelligent creative power, building the universe of worlds, according to a plan already conceived of in the Divine Mind, and traced by its Thought upon the waters of the Cosmic deep. Here there is no vacuum; no creation of something out of nothing; not even a 'fortuitous concurrence of atoms.' Consciousness everywhere, life everywhere, substance everywhere. The plenum, or universal extension of matter, is a logical necessity."

The real God-man is both a Spiritualist and a materialist; he is wise and sensible and practical, because, through his intense and persistent love for God, the Omniscient One has given him knowledge, understanding and wisdom. Moreover, the real God-loving man is powerful, because he is at one with God and hence a co-worker with the Omnipotent One. Again, he who has fel-

lowship with the great, eternal and ever-present God is not limited and lives in the Earth, the heavenly sphere and the depths of the universe, for God, the Omnipresent One, does not limit His children who persistently love Him.

The Divine Powers, or so-called unseen forces, are not Mysterious Powers to the Holy, God-loving Soul, any more than light vibrations and sound vibrations and electric vibrations are mysterious to the scientific mind: Mr. Marconi's wireless telegraphy and Mr. Bell's telephone are mysterious things to the Eskimo savage; telepathy is not comprehended by many minds; clairvoyance, clairaudience and communion with the Angel World is scoffed at, ridiculed and doubted by the ignorant and thoughtless. It takes tremendous love for God and great Spiritual growth to KNOW the wonderful universe and its charming mysteries. To know God by having fellowship with Him is to reach the Peaceful or Blissful State of consciousness where man becomes more than man. This is the state when the Living Christ lives in man. It is the effect of regeneration. He is no longer bound by the power of mortal senses, because he has evolved on to the Universal Plane and is in the Superconscious or Heavenly State, where he is intensively active and now has the Divine power to do great and mighty works for the Whole—for all humanity. This Blissful or Peaceful State is the goal of each and every soul in the universe. It can be reached in a minute or a billion billion æons. It begins when the soul recognizes, reveres, honors and glorifies God, its Father, from whom it came and to whom it must return. Divine Knowledge is Bliss.

So, dear souls, we can readily see and reason it out how very, very unwise it is for man to get on the wrong path, and how wise and important it is for him to get on the Right Road as the Path of Eternal Bliss. It is easy, very easy, to worship and follow false gods. It is easy to worship and idolize some mortal who impresses us, and be led astray and far away from the Eternal, Living God. Mortal man has a weakness for chasing phantoms and believing in "dreams of the air." All our suffering and woe and misery comes to us because we will not love, recognize, honor, glorify and serve the Eternal God of this Universe; because we believe more in mortal mind than in the Divine Mind, which is manifested in every solar system, sun, planet, man, animal, plant and mineral. Remember, this universe, both visible and invisible, is the *Thought of the Divine Mind in expression*.

We are all eternal souls in different and various degrees or stages of development and evolution. All that the Adept or Mystic or Seer can do to help souls along to the Blissful State is to patiently and persistently sing of God's Love and Power. Here and there an aspiring soul will hear his song and be filled and thrilled with a desire to realize perfect peace and perfect bliss here and now on the Earth plane. Such a soul will then drop all mortal schemes for attainment and go alone into the sanctuary of Holiness and on bended knee honor God, the Loving Father of All, and the King of All Kings, by asking Him for Light, Understanding, Knowledge and Guidance. Drop all human or mortal teachers and ask God in prayer to direct you to a Holy Man of God. The Blessed Father will either send you a Holy Teacher (Mystic) or an Angel of Light from Heaven who will put into your mind truth and holy and divine thoughts.

Whole bands of Bright Angels are ever around trying to reach God's children; trying hard to minister to us. We drive them away and keep them away with our low, mean, petty, selfish thoughts—our sinful and wicked thoughts and deeds. Where there are discordant vibrations angels cannot come. Where there are cruelty and much envy and malice Bright Angels cannot come. But terrible, Earth-bound Spirits—demons—can easily come and stay where there is much sin, much wickedness and much discord, and enter and obsess the mortal and keep him bound to Earth. If the sinful could see these demons as the adept sees them, clairvoyantly, in places where the low and vulgar and sensual and immoral congregate, entering and possessing and obsessing mortals and making them do sinful and shameful acts, they would be careful what places they enter. The Holy Adept, even with all his power to control and awe and teach these Earth-bound spirits, is careful how he enters the haunts of

vice, where they congregate in great numbers and hold forth in high carnival. In a future instalment of sayings I will have something to say about Earth-bound spirits, and how certain Holy Adepts are busily at work teaching and freeing them so that they may enter higher spheres. There is much mystical work being done in this world that the average mind knows nothing about. The work of the great and ancient brotherhoods is tremendous, and most of it is done in a mystical way—secretly and silently. The more divine a man becomes, the less he cares for glorification of self; he keeps out of the Public Eye.

I know great Holy Adepts who daily perform what the ignorant and superstitious would call great miracles, and who are known to the world as plain, ordinary men. The really great souls shine only before God and the Angels. He who seeks for Psychic and Occult Powers so that he may shine before men never attains them. It is the mild and meek and gentle and unobtrusive man who patiently and persistently loves God with all his soul, all his heart and all his mind, and who desires only love, and not psychic or occult powers, that really becomes the Mighty Holy Mystic. These fervent Holy Men become the Seers, Sages and Knowers, or Wise Men, of the world, and live here in the body on the Earth right now in glory, radiance and peace. These illuminated Holy Men are in Holy Temples of real blood, real flesh and real bones, and are tremendously active in great affairs of men, little suspected by their companions or the world of being great Holy Adepts.

This would be a sorry old world if it were not for its many Christlike men and women. Some of the Adepts are enormously wealthy and quietly use the wealth entrusted to them freely to help bring to Earth the Kingdom of God—Peace and Harmony. God and the Angels always lead the real Holy God-lover to whatever material wealth is needed, as well as to that Divine Knowledge which gives the soul rest and peace and power to do.

The very highest attainment for the Soul here and now and hereafter is when it attains oneness with God, the Eternal One. There can be no peace, joy or happiness to any soul until it is at-one with God. Men try millions of ways to secure peace without going to God, and always fail. There is but one successful path to Eternal Peace, and that is the Path of Light, which leads to the Eternal God, the living Christ, and the hosts of Angels bright.

THE BLISSFUL PROPHET.

Influence of the Zodiac Upon Human Life

We are pleased to recommend to our readers a book by the above title, by Eleanor Kirk. It is a simplified work on astrology, of great merit. It will tell you the truth about yourself, your family and your neighbor. It will strengthen you. It is not awkward, because the year of birth is not necessary to the true reading of your character and future possibilities. It will show you how to use your talents to have health, wealth and happiness. The price is only \$1.00, postpaid. Address all orders, enclosing \$1.00, to THE MAGAZINE OF MYSTERIES, No. 22 North William Street, New York, and the book will be promptly forwarded.

The words "fate" and "luck" are not in the vocabulary of successful man.

God's Love

God's Love is true and deep and lasting and never changes; it is nothing like human or mental love. It is a healing love, a soothing love and a strengthening love. God's Love is an indescribable love; we can, with voice and pen and types, give but a faint conception of the Mighty Love of the Mighty One.

"It is God; His love looks mighty,
But is mightier than it seems;
'Tis our Father; and His fondness
Goes far out beyond our dreams."

God's Love is broad as space and as far-reaching. It is the All-in-All. Mortal mind makes His Love too narrow, and we say He is cruel and harsh and too strict. We do not know God when we say this. It is the mortal mind that is narrow and cruel and harsh. He has great love and tenderness for all of us, but we spurn Him and suffer much, for there can be no happiness where there is not love for God.

"For the love of God is broader
Than the measures of man's mind;
And the Heart of the Eternal
Is most wonderfully kind."

Hail, Holy Light

HAIL, HOLY LIGHT!
This is the AGE of LIGHT!
The New Era!
Only the wilful and perverse need remain in darkness now.
The Holy Light of God is shining here and now on this planet as it never shone before.

Wake up, soul!
Shake thyself, soul!
Rouse thyself, soul!
It is the Morning of the NEW DAY!
Behold! The HOLY Light of God is shining with radiant brightness everywhere.
The Holy Light is burning away the CAGE of SIN in which we have been imprisoned so long.
Behold! burning letters—FREEDOM!
Hail, Holy Light!
Shine in our Souls!
Shine in our Hearts!
Shine in our Minds!
HAIL, HOLY LIGHT!

F. H.

The world is made, not only by God, but is of God. He is the inner life of each and all. Holy Light, Holy Breath and Holy Spirit are the INNER LIFE—the One Life of the Universe. "He who is in the fire, and He who is in the heart and He who is in the Sun are all one and the same. He is one with the One." Or, "Can anyone distinguish water in water; or fire in fire; or ether in ether? So it is with one whose light is in the Light of Life. The life that is hid with Christ in God." This is the Holy Mystics' realization of Oneness with the Blessed One.

The man of genius is inspired, and through inspiration aspires to do the highest and best; he creates and constructs through the divinity within and without.

Some thoughts always find us young, and keep us so. Such a thought is the love of the universal and eternal beauty.—Emerson.

Inspiration

My word shall not pass away;
Not one jot or tittle of the law shall fail
Till all be fulfilled.

—Jesus of Nazareth.

Lessons in Palmistry

We can highly recommend this book to anyone desiring to become a palmist, or who wishes to read his or her own hand. Anyone can easily understand these lessons in palmistry, as they are profusely illustrated with excellent engravings, showing in detail the many different kinds of hands and the lines of the palm.

The author of Lessons in Palmistry, who hides her identity behind the pen name "Maria Andrews," has made a life-long study of cheirosophy—the science of palmistry—doing so for pure interest in the study and not for professional gain. She is a member of one of the oldest and best-known English families, as a girl meeting in her own home, where they were constant visitors and long-time friends of her family, Bulwer-Lytton, Charles Dickens, Thackeray, Anthony Trollope, and others of their contemporaries of national note. Bulwer-Lytton and Dickens were firm believers in the science of cheirosophy, and through their interest in it, and later for its own sake, the writer of these lessons found it a most attractive study, no less for cultivated people than for men of world-wide fame.

"Mrs. Andrews" looks upon the hand as an open book to all who can read it, and in forty years of travel and active life she has proved to herself and to her friends the truth and worth of the science in helping the youth of both sexes to determine their career from the knowledge, written in their hands, of their talents.

We have secured an edition of this valuable work, and as long as it lasts we will be pleased to send a copy to any of our readers at only 25 cents a copy. It is a book of 68 large pages, profusely illustrated. Address all orders, enclosing 25 cents, to MAGAZINE OF MYSTERIES, 22 North William Street, New York City.

Has Read the Bible 117 Times

Systematic Search of Blacksmith for 33 Years—Has Memorized all the Details of Holy Writ

A. S. OTTEY, of Elkton, Md., who is a veteran blacksmith, 33 years ago began a systematic reading of the Bible, and has succeeded in arranging an odd classification of its contents. After reading the holy book 117 times, he knows how many times certain words and letters appear; how many chapters and verses there are; names that spell the same both ways; peculiar passages of Scripture; the middle, book, chapter, verse and line, and other facts.

He says if you want to read the Bible through in a year you can do so in an interesting manner by reading three chapters every week day and five on Sunday. Or read two in the Old and one in the New Testament every week day and six in the Old and four in the New Testament every Sabbath, and you will then have read the Old Testament once and the New twice in the year.

He has computed the number of verses commencing with the various letters of the alphabet as follows: A, 12,638; b, 2,207; c, 183; d, 17; e, 207; f, 1,797; g, 209; h, 1,164; i, 1,449; j, 158; k, 65; l, 411; m, 437; n, 961; o, 592; p, 149; q, 4; r, 127; s, 1,088; t, 5,286; u, 83; v, 37; w, 1,396; x, none; y, 356; z, 17. He has ascertained that the Bible contains 1,189 chapters, 31,198 verses, 773,697 words and 3,566,480 letters.

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THE charm of woman lies wholly in her mild, gentle and Christ-like nature. She is much finer in her organization than man, and when she lives entirely in her own realm or sphere is the most charming and lovable being known. But the very moment she gets the least bit beyond her sphere she loses much charm and natural sweetness.

Woman's most beautiful garment is simplicity and a lack of ambition to be man-ish or do things that God intended coarser man to do. "Honor, fame, public applause may be sought by man; but, as for woman, let knowledge be her garment, virtue her girdle, and pity a crown about her head. This is her appropriate panoply; and, thus equipped, she will claim no station above that which Heaven designed for her, nor will she hesitate to lend her hand, in cheerfulness, to the various household duties which are emphatically assigned to her. Graceful she may be in the mazy dance; lovely, when her hand flings upon the air sweet notes of music; fair, when the bay entwines her brow; but lovelier, fairer and more graceful, far, is she when, with meek eye and cheerful heart, she plies the homely task, desiring no reward saving an approving conscience—no praise, save the smiles that beam from her own fireside."

Woman is naturally more intuitive than man, owing to her fineness and gentleness. The Holy Spirit always has fuller expression in a mild and gentle person. That is the reason all religions have taught the children of God to be mild, meek and gentle—that the Holy Spirit might have a fair instrument on which it could play or vibrate.

When woman is not ambitious to shine in the world she is charming and powerful. But the moment she gets into the "strenuous" life and has ambition to shine, rather outshine other women, she loses all of her charm, fascination and lovable qualities. Wise men do not love or marry ambitious women as a rule. Woman's real sphere is to be divine—to be sweet, pure, good and holy like an Angel. Woman in her highest development is an Angel living here on earth, ministering to humanity by her lovely presence. A pure, holy woman need exert herself but little to spread tremendous good everywhere. There is nothing really lovable about an ambitious woman. For that matter, ambition in man or woman is a repelling and not an attracting quality. High aspiration will carry the soul to the highest realms of attainment, while ambi-

Anyone who lives an absolutely pure and Holy Life—the Christ life—is a more or less Natural Healer of Diseases. Wherever such a person goes will be started health vibrations. Not a thought need be thrown out, not a word spoken or not an action taken; with a Holy Man, wherever he goes the air is purified and Peace and Harmony reigns. His very presence is recreating and refreshing. The basest sinner rejoices in the presence of a really Holy Man, and will look up to his radiant face with a new hope and a new inspiration. Such is the Power of the Holy Spirit.

Bramwell Booth, Chief of the staff of the Salvation Army, has been a strict Vegetarian for eleven years, and gives as his reasons for abstaining from eating flesh of dead animals the following: "Because, according to the Bible, God originally intended the food of man to be vegetarian. 'God said, Behold, I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat.'—Gen. i. 29. Because a vegetarian diet is favorable to purity, to chastity and to a perfect control of the appetites and passions."

tion usually leads to misery and unhappiness.

The great woman is never ambitious. Yet, the great woman with the charming modesty and quietness and serene calm and dislike for publicity and notoriety attracts to her all the great prizes of life here which the soul of woman aspires for and her heart pines for. She is then a Mighty Queen sitting on a throne, and the whole world loves, adores and worships her, because she is a mild, sweet, Christ-like woman without ambition to shine in the world. Such a queenly woman makes the ideal wife, the ideal mother, the ideal sister, the ideal leader of society. Queen Victoria was an ideal woman, because she was all soul and heart. In every sense of the word she was royal. Queen Victoria loved God with all her soul, all her heart and all her mind, and was loved by the whole civilized world.

Personal charm in man or woman is just as deep as their love for God is deep, and no deeper.

Woman in her highest is an Angel, pure and sweet, sent by God to minister to humanity, and it grieves the wise and holy ones to see her descend from her heavenly sphere to the lower realms of ambition, where she lives to gratify vain and shallow ambitions.

But, thank God, the ambitious woman is found only here and there, and soon vanishes from public gaze, either through mental, physical or moral break-down. The shores of life are strewn with the wrecks of ambitious men and women. The ambitious woman who has a mania to shine in this world will seek any means, no matter how degrading, to reach her end. The end is usually a sad and miserable one. The misery and failure of vanity cannot be described by pen or printer's types. It is sad and pathetic to see a fine vessel dashed to pieces by a perverse mind and will.

In this Age of Soul and Light we see the passing of the ambitious woman. She has had her day and failed. The Blessed Christ is entering the souls and hearts and minds of women and making them mild, sweet and gentle and Angelic. The cold, ambitious woman, full of "will power," discords and inharmonious, cannot keep on her feet in this New Age. The world does not need ambitious women and there is no niche they can fill. What the world does need and will love and glorify is sweet, pure, motherly women who love God, and are meek, mild and gentle like the Blessed Christ.—F. H.

What Was It?

RECENTLY a well-known merchant of Painesville, O., at a late hour in the evening, sat reading at his quiet fireside, and his attention was directed to the steady dropping of water or what sounded like it, near or by an outside sash door, and the night being still and freezing, his search discovered nothing, but the sounds did not cease, and the puzzle remained unsolved. It was after midnight when he was aroused by a knock at the front door by the night watchman, who came to inform him that a small water pipe in the story above his place of business had burst, from freezing, and his goods were being drenched. He hastened to his store and there witnessed and heard the same dropping of water he had heard at his home, several blocks distant, an hour or two previous, and for which he was unable at the time to assign a cause by the most diligent search. Was it a mere coincidence, a case of wireless telegraphy, or a spirit warning of danger? Who can tell?

The ethics of the world have always been founded on the principle of LOVE, and always will be.

God Is Love

It appears as if the LORD was angry when man's own evil punishes him; which is permitted out of love, that his evil may be removed; like the case of parent and child.—Swedenborg.

God is not angry. It is not His nature to be angry.

"God is love."

When will man learn that it is their own evil that punishes them?

God is wise and good and makes one Eternal Law that is good for the WHOLE, and if that law is broken there must be suffering—even unto the third and fourth generations.

This is the only way that God can order His universe. There cannot be perfect order, harmony and peace until all men love God and obey God.

Not one reader of this Magazine can have real joy and peace until he or she fully loves God and obeys God's commandments.

God is not angry with you, his own child. In no sense is God wrathful and avenging. HE IS LOVE! He is wise and good! He has one Eternal Law for all and for everything, and He can in no way change the law. If we break the law we must suffer here and now. There is no possible escape from reaping exactly what we sow. Everything in the universe is cause and effect. Everything is under Divine Law.

We cannot have peace and calm and power and real life until we love God and obey Him. There can be no love for God without obedience—strict obedience.

When we go with God, we are in the Right Path, and the moment we swerve one jot from God's Law, we are in the wrong path and suffer. All suffering is due to ignorance, wilful or otherwise, of the Mighty God.

God's wrath and anger is only an appearance—a creation of the mortal mind.

"GOD IS LOVE!"

The Bible says so.

How can the GREAT GOD be angry?

"It appears as if the LORD was angry when man's own evil punishes him."

This is the New Age—the God-loving Age!

There is not one word in the teachings of Jesus, Buddha, Horus, Isis, Osiris, Pythagoras, Socrates, Solomon, or any other great religious teacher, about cultivating will, says Occult Truths. Indeed, all great teachers teach that man only makes real progress on the Divine Path when he has no will at all. Strong-willed people are always miserable people and are not lovable or charming. The coming great souls of the world will "banish all thought of will as a factor in life. It never produced aught but suffering." The beginning of true life—the Christ life—begins when mortal loves God and stops cultivating will. The Holy Mystics know that much woe, misery, failure and suffering comes through cultivating the mortal will. "So far as the world has listened to Jesus, it has found peace and satisfaction."

Science and Spiritualism are now standing side by side and are working hand in hand, helping man to realize he is an Eternal Soul, endowed with tremendous Divine Powers, when he lives with God and the Angels.

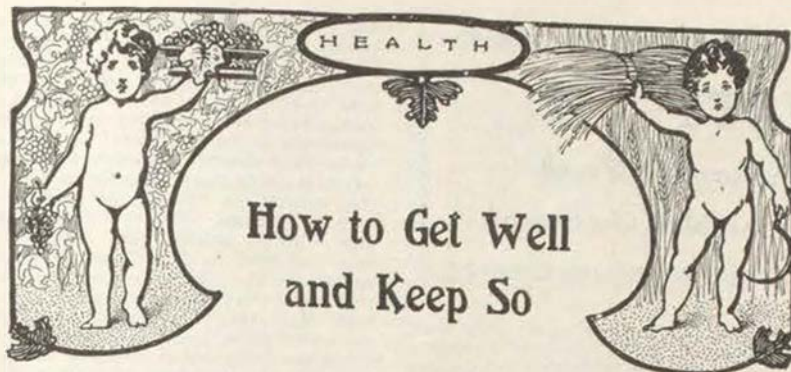
We have the ALL-POWER and know how to wisely use it when we love God and live the Christ-life.

Special Notice to Our Readers

We have a few copies of the first volume of The Magazine of Mysteries, which consists of the May, June, July, August, September and October numbers, bound in cloth with gold lettering, for \$2.00, postage prepaid. The binding costs \$1.40, and the six numbers at ten cents each brings the total up to \$2.00.

As a great many of our friends would like to have one of these bound volumes, we suggest that if you desire one, to send your order promptly, as our supply is limited to one hundred volumes.

We also take this opportunity of telling our readers that, as the first numbers are now out of print, all subscriptions will necessarily have to start with either the November, December or later issues.



Take Good Care of Your Body

ANY advice that comes from the pen of the editor of the Mental Advocate is well worth heeding at all times. Experience is a grand preceptor, and Dr. Edwards writes from the heart, and from his actual experiences of LIFE. In order to be well and keep well, we want practical results—the results of one who has gone through the mill, so to speak, and not mere theoretical assumptions. If a man teaches us HEALTH, we naturally desire to see what he himself looks like. In plain English, is he healthy? Does he practice what he teaches? Can he rid himself of his own ills? If he impress us as one of thoroughly healthy Mental and Physical mould, we have faith in his power to banish the ills of others. So we assume that any advice coming from such a wholesome source is of priceless value to the sick, as well as to the healthy. Bear this in mind, too—that to cure and keep well one must be guided by the POWER of LOVE for all of God's creatures! We cannot impress this Living Truth too strongly upon the minds of our readers, in whom we take the deep interest suggested by a SOULFUL LOVE and SYMPATHY for their physical as well as spiritual well-being.

St. Paul said that the body was the temple of the soul. Webster defines soul, spirit, intelligence and mind as one, and classes them all as *mind*. So do I. Because of former belief in pain, sickness and decay, we are, even yet, constantly falling ill. Now, as long as there is sickness, there must be remedies and directions for health conditions. I have always known and written that sickness is the direct result of violation. The best way to keep well, then, is to avoid violations. But some are already sick, and to them I now speak. At once discontinue whatever has made you sick. Run your mind back to where you became sick, and find the cause of illness; cease the cause; then begin treating for health.

I am a great believer in relaxation. I have tried it with supreme satisfaction. The one thing you will not like about relaxation is its extreme simplicity and costless features. Waive these objections, and fall into an easy chair; "slump" down into a limber, tenseless heap. Remain absolutely quiet, except that you now begin to draw in full, long, easy breaths, holding each for five seconds, then empty your lungs well. Breathe in this manner for full five minutes, then continue seated and relaxed for fifteen minutes longer, but in absolute mental and physical rest, with eyes gently closed all the while.

Now note the increased rush of circulation through the whole being. That is new health coming to you from every quarter of space. Keep it up—a thousand doctors could not do you so much good if all were present. Now, invite the whole forces of heaven to come into your temple and rejoice at the strength within. This will all take twenty minutes.

But there are other duties to perform. Retire and arise at regular hours. When retired, *insist* on sleeping. Tell your whole intelligence—every grain and atom of your being is intelligent—that you have retired only to *sleep*—that you shall go right into sleep. Then cease all thinking, and prepare for sleep. Last of all conscious acts, turn your body over to the subconscious mind with a positive injunction, or command, that you will be nourished, rested and cared for throughout the night. If you have a pain or ache, direct the subconscious mind to remove it before awakening you the coming morning. If your stomach is weak, direct your sleeping mind to strengthen it during the night. If you are worried, direct that the worry be not brought to you on awakening. In fact, ask for what you wish—ask just as your wakeful mind is turning your body over to the subjective mind. Direct the last thing you can say or suggest to the mind that will have your body in charge during the slumber.

Remember that your body is a great bulk of intelligence, that your central mind has

command or control over the entire structure, and that when you sleep another or subjective mind is in charge of your entire being and forces. This sleep mind is susceptible to intelligent instruction, and when understood will rarely disobey. I wish that everyone could become acquainted with the dual or double-mind fact of our existence. These minds come and go, or relieve each other, with a regular system, like picket duty. When the day mind is leaving, it can leave a wish or command that the coming mind will respect. Don't stop to doubt this before you have tried it intelligently. If you try it *intelligently*, you will *never* doubt it.

Now you have a way to improve while you sleep, nevertheless help Nature all you can when awake. Treat your whole body with your hands twice daily. If constipated, work the liver vigorously; it lies about half concealed—or nearly so—under the ribs to the right of the stomach pit, or, in most cases, nearly to the right of the stomach. This organ will often cease to throw a proper volume of "bile" into the intestines; hence they become dry, and their contents do not move on. We call this constipation. In nine cases out of ten, a good shaking up of the liver will remedy this state. Exercise the whole body by any fair means on retiring and arising.

If the chest is weak, slap it sharply with open hand, and direct the word "good" to the concealed intelligence within the chest at every slap. Spend five to ten minutes each evening in overhauling the body, and working on your weakest points. Shoot the hands up over the head sharply; then from the shoulders out. Work over the stomach with your hands; knead it well, if weak. Treat your whole body as a double of yourself, or the "other self." Talk to it with sincerity, and *expect results*.—From *Mental Advocate*.

The Family Physician

EVERYONE is interested in learning how to keep in good health, but as people continue to get sick in spite of all the good advice given, it naturally seems that either the advice is of no account or it is not adhered to.

Individual constitution and environment must govern the regulation of the habits of our lives and also the treatment of our bodies in sickness. There cannot be fixed and invariable rules for all.

My advice to you then as the best means of keeping in good health is to select your family physician and adhere to him and to his advice. Consult him frequently that he may detect in your body any departure from health before it is established beyond the control of treatment. Many times a disease is very insidious, and the physician with the appliances of to-day has every advantage which should enable him to detect it, if his patient will only consult him occasionally during the year, even though he may consider himself in good health.

How many rejected applicants for life insurance were surprised, having thought they were in perfect health!

By following this advice you may know that no such surprise would greet you.

THERE are many methods of healing and many creeds. Material beliefs are as real to one mortal as to another, and because one thinks upon lines that differ from us is no reason why we should harden the countenance and assume superiority.

God is Love. Love doesn't take all it can get and leave that from which it takes helpless. Love is just. It is the religion that the Master taught, the religion that leads us on to a higher life, higher aspirations. The ideal self—which, misunderstood, misleads many into believing that its attainment justifies any and all means, and are thus prevented from ever realizing their fondest hopes.

Man's Ignorance of God's Principles

By Dr. T. J. Shelton, in Christian

THROUGH ignorance man has been groping his way through the centuries, seeking in materiality for the "elixir of life" and the "fountain of perpetual youth." Because he is a Son of God this is a natural instinct. There is an unailing "elixir of life." There is a "fountain of perpetual youth," all sufficient. Instinctively man knows that freedom and perfection belong to him. He thirsts for the "water of Life," because of his Divine nature. Instinctively he knows that perpetual youth belongs to him; else he would not seek it with heart-throbs of despair. But he has sought wrongly. He has sought without in materiality for what can be found only within. If he would listen to the Divine Voice within, he would find the pure "elixir of Life," he would be able to drink of the perennial "fountain of perpetual youth." "The water of Life is now flowing for thee." "The water that I will give him shall be in him a well (fountain) of water springing up into Everlasting Life."

The finding of the Christ within, which is the Son of God, the True Self, is finding this perennial fountain. For the True Self is immortal, God-fathered and God-mothered. Yet man has buried his Divine Consciousness beneath the rubbish of material beliefs. Young sings:

"Yet man, fool man, here buries all his thoughts,
Inters Celestial hopes without one sigh;
Prisoner of earth and pent beneath the moon,
Here buries all his wishes; winged by heaven
To fly at infinite, and reach it there;
Where seraphs gather Immortality on Life's
fair tree,
Fast by the throne of God."

To fully enter into the realization of your Divine estate, to know that even now it is your very own, will bring you better health, and start you on the way to the manifestation of the Sons of God. John said: "Beloved, now are we the Sons of God; and it is not yet manifest what we shall be; but we know that if He shall be manifested, we shall be like Him; for we shall see Him as He is." Even now we are *Sons of God*, though we are not fully manifesting *what we are*. But when we do manifest the Christ, we shall be Christ-like in thought and understanding. The perfect pattern is within; the high standard is there. It is the Divine Self, the Immaculate Christ. All longing, all soul hunger and aspiration for higher things, is the True Self seeking outward expression.

Strange Cures

INSTANCES of unbounded faith in the efficacy of queer treatment of diseases do not seem to fall off in number or in oddity. One Western man says he was a martyr to the most agonizing form of chronic dyspepsia until he began the practice of taking a small quantity of fine, dry sand into his stomach every day. He insists that he is now completely cured of his malady. But many persons will be inclined to regard the swallowing of sand daily as almost as severe an infliction as dyspepsia.

In Colorado a former citizen of New York asserts that by going about constantly bareheaded he has relieved himself of chronic catarrh of the worst type, while a clergyman in West Virginia declares that by eating no solid food for forty days he has conquered entirely the besetting rheumatism which has tormented him for a dozen years. These are interesting cases. How would it do for some adventurous experimenter to try all three systems of treatment on himself at once—to go bareheaded all the time, to swallow sand every twenty-four hours, and to fast from other food for forty days? What would the autopsy reveal? A constitutional disability, to tell the truth.—*Psychic and Occult Views and Reviews*.

Ways to Injure Health

Giving way to fits of anger.
Leading a life of unfeeling, stupid laziness.
Contriving to keep up a continual worry about something or nothing.

Tempting the appetite with bitters and niceties when the stomach says no, and forcing food into it when Nature does not demand and even rejects it; gormandizing between meals.

Marrying in haste and getting an uncongenial companion, and living the remainder of life in mental dissatisfaction, cultivating jealousies and domestic broils and always being in a mental ferment.

Surfeiting on hot and very stimulating dinners, eating in a hurry, without half masticating the food, and eating heartily before going to bed, when the mind and body are exhausted by the toils of the day and the excitement of the evening.

INFIDELITY

Immortality, the Immortal Fact

The Subject as Treated by a Distinguished Clergyman

A COMMUNICATION reached this Magazine recently asking us to furnish arguments in respect to the Immortality of the Soul. The writer of the note does not hint that he himself is a DOUBTER, but he probably has to deal with those who are DOUBTERS. However that may be, we take it that he is sincere in his request, and we think we have the matter in hand that will serve to convince all DOUBTERS of the ETERNAL LIFE beyond this body. It is sad that Infidelity should have recognition in this progressive age, through the reckless utterances of well-meaning but misguided people. And as we come to Infidelity first, so shall we elucidate, taking afterward *seriatim* the subject of chiefest importance to man, whose hopes lie in the Eternal Soul beyond the present earth life. "Infidelity," wrote Robert Hall, "is a soil barren of great and sublime virtues. By great and sublime virtues are meant those which are called into 'action' on great and trying occasions, which demand the sacrifice of the 'dearest' interests and prospects of human life, and sometimes of life itself; the virtues, in a word, which, by their rarity and splendor, draw admiration, and have rendered illustrious the character of patriots and martyrs. It requires but little reflection to perceive that whatever veils a future world and contracts the limits of existence within the present life must tend to, in a proportionate degree, diminish the grandeur and narrow sphere of human agency."

And, proceeding further, wrote this great teacher, after a profound argument against the spirit of Atheism, rampant in his day, and more or less in ours: "As well might you expect exalted sentiments from a professed gamester as look for noble principles in the man whose hopes and fears are all suspended on the present moment, and who stakes the whole happiness of his being on the events of this vain and fleeting life." Robert Hall wrote for his era and according to his lights; he was one of the great theologians of his day; but we do not hold ourselves bound to agree with all of his arguments. For instance, we do not regard life as "vain and fleeting." The teachings of this Magazine are, if anything, optimistic in their best sense. Let the reader choose as much or as little of this able theologian's views as fits his particular case. "If he be ever impelled to the performance of great achievements in a good cause," resumes Dr. Hall, "it must be solely by the hope of fame; a motive which, beside that it makes virtue the servant of opinion, usually grows weaker at the approach of death, and which, however it may surmount the love of existence in the heat of battle, or in the moment of public observation, can seldom be expected to operate with much force on the retired duties of a private station."

"In affirming that infidelity is unfavorable to the higher class of virtues, we are supported as well by facts as by reasoning. We should be sorry to load our adversaries with unmerited reproach; but to what history, to what record, will they appeal for the traits of moral greatness exhibited by their disciples? Where shall we look for the trophies of infidel magnanimity or atheistical virtue? Not that we mean to accuse them of inactivity," pursues the doctor; "they have recently filled the world with the fame of their exploits; exploits of a different kind, indeed, but of imperishable memory and disastrous lustre. Though, it is confessed, great and splendid actions are not the ordinary employment of life, but must, from their nature, be reserved for high and eminent occasions; yet that system is essentially defective which leaves no room for their production. They are important, both for their immediate advantage and their remoter influence. They often save and always illustrate the age and nation in which they appear. They raise the standard of morals; they arrest the progress of degeneracy; they diffuse a lustre over the path of life; monuments of the greatness of the human soul, they present to the world the august image of virtue in her sublimest form, from which streams of light and glory

issue to remote times and ages; while their commemoration, by the pens of historians and poets, awakens in distant bosoms the sparks of kindred excellence.

"Combine the frequent and familiar perpetration of atrocious deeds with the death of great and generous actions and you have the exact picture of that condition of society which completes the degradation of the species; the frightful contrast of dwarfish virtues and gigantic vices, where everything good is mean and little, and everything evil is rank and luxuriant; a dead and sickening uniformity prevails, broken only at intervals by volcanic eruptions of anarchy and crime." This vivid picture, drawn by Dr. Hall, prevails more or less even at the present day; but such misguided tendencies are slowly but surely dying out, and the further civilized man progresses in thought the broader and more optimistic will be his future. At this point we present, condensed from Weltmer's Magazine, a profound article on Immortality, by Alexander Wilder:

"It is a cherished sentiment of mine," writes Mr. Wilder, "that our ability to form a conception is itself a proof that the concept is after some manner true. This may be some unconscious reiteration of the hypothesis of the great philosopher whose Dialogues constitute the 'Bible of the Learned'; but it has seemed to me intuitive. Plato taught us that ideas were the prior realities, and came with the soul from its divine source. We do not, then, originate in our own minds what we make or think, but only copy or reproduce.

"I have the conception distinctly and very vividly that I am subjectively a spiritual essence. This was not so plain to me and unequivocal in my earlier years, when the personality seemed to include the entire corporeal structure. But as the years accumulate, the body with all its curious organism is felt to be a thing apart, which I may contemplate as a distinct object. It seems as if at some little distance from me, I am conscious of no mental or functional disorder; the thought is clear, the brain apparently normal, and the various parts in their usual health. There is evidently a maturing of the psychic entity away from the corporeal investiture which has been all along so necessary, and which is yet able to make me keenly awake to the discomforts of cold, pain and fatigue. In short, it is evident that we realize in ourselves the full analogy of wheat. The grassy blade is for a time all-important. The stalk is also necessary, and then likewise the ear with its growth of chaff. In its season the blossom appears and the kernel is developed. After this the whole stalk, the straw and chaff become superfluous, and have no more part in the economy of the newly formed grain. So the physical structure, having served a necessary purpose, and become no longer useful, is quietly dispensed with by its occupant.

"To demonstrate the fact of our immortality by argument is by no means easy. It has been justly affirmed that one must first love before he can know the object to be lovely. In like analogy it behooves us to be immortal in order to perceive our immortality. I do not propose by this remark to question the continuing of the individual being of any one who doubts or denies. I only maintain that my own consciousness is abundant evidence in relation to myself. Another may not have attained such maturity, or his spiritual faculty may be from some cause rendered torpid. I have no authority to judge any one.

"Charles Fourier declared that a desire which God had implanted in a human being was the prophecy of its fruition. This would be ample evidence in such a case that our existence is continued in some form beyond the present earth-life. The wish to live, to be, to know as known, is cognate and inborn. It was not engendered in us from the external world. It has its origin in the interior consciousness, and was there evolved to be the witness of God in man.

"We are apt to form too circumscribed a conception of what is meant by immortality.

We too generally think of life as a matter purely physical, a mode of existence with physical sensibilities. It is this habit of thinking which induces many to suppose that there can be no soul or intellect except as the brain and organism exist for its evolution and support. But I do not cognize such transcendent importance of material substance. Analogy suggests to me the fact that there is a likeness of entity with a varying of form. The tree derives the elements of its woody fibre from the air; even the coral its lime from the sunny atmosphere; the mineral cannot be found in the water that flows around the growing reef. The same principle may hold good in our own human nature. The elements and atoms are composed of invisible forces. Because they have become tissue and brain, and thus the physical basis of existence, it does not follow that when they are resolved away the existence must cease. Indeed, there is a process of disintegration going on all the while. The particles that made our body and brain of aforetime have since bidden us farewell and given place to others. The potency which can attract elements and forces and lay them aside for others is greater than they; while they change, it remains. It survives their departure, all the while retaining its own identity. As the kernel of wheat does not perish when the chaffy envelope bursts and it leaves the stalk, so the real individual, the soul, does not cease to exist when it leaves the body.

"What, then, is life? That it is a force, or rather a principle that co-ordinates forces, is evident. But this is only an imperfect explanation. It is analogous to light, which is white and invisible to common eyes, but is described in various colors, when commingled with the shade. The human soul in like manner is constituted of qualities and affections. Love is the essence of vitality, and its intensity is correlate with the tenacity to live. What we usually denominate sentiments are so many elements of life. The word nature is the essential principle of our being. We are constituted of our love, our thought, our virtue and probity. Herein is the measure of our immortality. It is no problem of our material and spiritual, but of goodness, love of justice, moral worth. Whoever loves is immortal.

"How can this be shown? For it is not easy to throw the measuring-line of physical science over the field of true wisdom. The finite cannot comprehend that which is beyond dimensions. We may know God, but we cannot 'find out the Almighty to perfection.' We know that the protoplasm of the scientists exists as such by virtue of inhering life, but we do not perceive the presence of that life except we have first obtained the protoplasm. Even then, only the phenomena are perceived, but not the entity which causes them. Consciousness transcends all its manifestations.

"We may not, therefore, limit our attention to external facts. Such knowledge is empirical and of necessity only superficial. Man has a mind and spiritual nature capable of the apprehension of right and wrong. The measure of these is determined by the rights of others. But this external restriction does not create the principle. That is original with the mind itself, and is the outcome of its divine parentage. Deity is the primal source; the human spirit is his emanation and the human soul the evolution. By the one we are immortal and divine; by the other our distinct individual existence is maintained.

"Emanuel Swedenborg has inculcated that God founded the universe for the sake of a heaven for the human race. There is an abundance of truth in this statement. For God, being love itself in its entirety, must not only regard all creatures with benevolent will, 'not willing that any shall perish,' but He extends it to us an inspiration and imparting of His own being. Hence love is the life of man, the inmost and highest principle of human nature, redeeming from selfishness and bestiality, and exalting to ideal excellence as the offspring of God.

"We are enabled to understand this lesson by a surveying of the infinitude of the creation. Between man and the monad is an endless variety of living beings in innumerable series and gradations; and we may not suppose that beyond man clear away to the Absolute One all is a void and eternal blank. Analogy teaches us otherwise, and so indeed does our own consciousness. I am confidently assured that there are intelligent beings near me that are able at times to make me sensible of their presence. Sometimes, too, individuals who are still living upon the earth, and at a distance from me so far as space is to be considered, exercise a similar power, and I perceive

them. I recognize this fact because of having likewise perceived voices and the actual presence of living essences that were of another mode of existence. Yet I never knew or sought to ascertain who or what they were, whether persons once living here in human form, or beings always supernatural and preternatural. Indeed, it seems better to me to be heedful to make sure of the right and true than to delude the thought and imagination with marvels and curious phenomena. Spirituality consists of being like God and not in becoming familiarly conversant with spectres and the proletarians of the invisible region, or even with angels about His throne. To see is better than to be seen. Of such things one may not boast. Indeed, it is very questionable whether they may be properly mentioned at all. The true wife rejoices in her husband himself, rather than in the gifts and caresses which he bestows, and she speaks of none of them. Greater modesty belongs to these relations of man to the superior world. It is much to know God, and impossible to utter the knowledge.

"The real immortality is not a condition to be entered and experienced only after the occurring of corporeal death. Life beyond the grave, as the common view represents it, is a mirage and does not realize the true import of the expression. As eternity is a state without reference to beginning or duration, so immortality has nothing to do with the grave. It pertains solely to the interior essence which came forth from eternity and partakes of the divine quality. We have read in the little poem that that which went was not love. We may likewise bear witness that that which dies is not man. Immortality is possessed without reference to the dissolving of the body. The same idea is conveyed when we speak of heaven, which is above and yet contains earth. For it is subjective, interior, spiritual, divine.

"To measure the scope, the profoundness and extent, is beyond our ken. We can perceive the fact, but may hardly comprehend its objective features. The theologian of the Apocalypse has treated of certain death that "lived not," but he gives no further clue. So likewise, there are many who are outside of the field of our explorations. There are those who appear to have no faculty enabling them to apprehend these matters. A dormant power is perhaps extinct; or, rather, it may abide unperceived, till, under conditions of a favorable character, it shall be awakened. It has accordingly been somewhat of a study with me whether the something in such persons that came from Divinity returns thither as the rain-drop merges in the waters of the ocean; or whether, being individual and identical, it does not permanently retain its integrity together with its experiences and capabilities. I entertain the latter belief, and it appears to me logical as well as true. I cannot think that any word of efflux of Divinity will return thither fruitless and abortive. Any death or apparent extinction of the soul, however dreadful, is, therefore, only relative. There is a resurrection and deliverance even from the lowest hell.

"The whole matter, however, transcends our reasoning. We may act as precursors and heralds to announce and point the way to the real truth; but beyond that every one must minister to himself. The truth, and not its exponent, will make us free. But it will be unlimited freedom—liberty to think and do all that is right. It is no more breaking the yokes and fetters, as many ignorant suppose, but an initiation and induction into the fullness of life and knowledge. Herein is immortality," ends Mr. Wilder. In the New York Sun, of a recent date, is the following most pathetic incident, bearing upon the Immortality of the Soul. It is contained in a "letter from a distinguished Catholic priest to the editor." "Many reasons are given for the belief in immortality," writes the good clergyman. "One of the most convincing and unanswerable is contained in a history or, it may be, a parable, I read some years ago in the then brilliant pages of the Detroit Free Press. A priest was walking the wards of one of the great London hospitals, and stopped to see a patient recently brought in and very dangerously injured. The man's face was bloodless and that stare called stony met the priest's first glance, but it relaxed a little into polite acknowledgment of his 'Well, sir, I hope you're feeling better?' 'Thank you, no: I'm done for.' In fact, he had been run over, and his leg, as the chaplain soon found out, had been amputated after great loss of blood. He was an American, and the native coolness of his countrymen made him far more self-possessed and at his ease than an Irish-

man, or even an Englishman, perhaps, could have been under the same circumstances.

"The priest naturally drew the man's attention to the condition of his soul, and the propriety of settling his accounts with God, as his accident and present state must assure him that, after all, we have no abiding city here and should fix our hearts on the future life—'I'll give you a hundred thousand dollars if you can make me believe in God!' This interruption startled the speaker, and its accent of profound despair filled him with pity for the poor man. 'God forbid, my friend,' he replied, 'that I should take money for helping you to a knowledge of the first and most important of all truths. But you are in trouble. Tell me about it. It will do you good, here all alone, as you are far from home and, I suppose, from friends, and I will do my best to comfort you.' As he spoke he raised his heart in earnest supplication that his words might be the means of bringing light and grace to this poor, dying brother of his. The manner of the priest, his kindly tone, and perhaps his professional habit of receiving confidence moved the patient to tell his history, which, though very sad, was, unhappily, not uncommon.

"He was well-off, even rich, and had married a beautiful, accomplished and affectionate young woman, who had accepted him against the better judgment and the wishes of her family. They lived together for a while, but his habits of dissipation soon caused him to neglect his chaste and gentle wife and seek the company of bold and dissolute women. At last, not many months after his marriage, he left home, crossed the ocean, and came to London with an actress, who led him a wild chase up and down the rapids of fashion and folly, and then laughed at him and took up with some other rich fool. The result of his association with this wicked woman, and the contrast which he now realized between her devilish character and the angelic being whose loving heart he had broken, startled, shocked and stunned him. While in this condition he heard of his wife's death, and it was while he wandered half-dazed through the streets of the great capital that he met with the accident which laid him up in the hospital.

"It is not necessary to repeat what the priest said to this unfortunate wretch, this most unhappy victim of vice, this murderer of a woman who had left father and mother to cleave to him, this maimed and dying wreck of humanity. My object is to show how he got him to believe in God and immortality.

"The patient was exhausted with the telling of his sad tale, and more with the emotion which it excited, but the sharing of his trouble with a sympathizer gave him great relief. The priest himself, though accustomed to human griefs, was very much affected. 'Ah, poor wife,' he said, 'poor wife! May God rest her soul this night! What a disappointment of her hopes of happiness! Did she have any consolation in her dying hour?' 'No,' replied the sick man, 'I never wrote her a line, and she died believing me unfaithful and hard-hearted.' 'Well, my dear friend, do you, can you, think that it is all over with that poor wife of yours, and that she is to receive no return for all her sufferings, her faithfulness to her marriage vows, her devotion to a worthless husband?' No reply. 'By the way, does it strike you that you deserve to be punished for the manner in which you have behaved toward your wife?' 'I am the first one to admit that, father (I believe they call you); I have no words to express the contempt I have for myself; if my death would bring her back to her happiness before she met me, I'd accept it right now.' 'That's right; allow me to say that you haven't lost all your notion of nobility, decency and justice.'

"'Now, my dear friend,' continued the priest, 'your wife is dead, but can you believe that what generosity, nobility and justice itself demand will not be done, and that she will never be happy again, but died just as a dog dies, and all is ended? Does your heart allow you to believe that?' 'No,' was the reply; 'I cannot think but that she will be happy yet. It's impossible that it should be otherwise.' 'True,' said the priest, 'tis the voice of Nature, that cannot but be true; else we would have to say that gratitude, justice, nobility, virtue and vice were mere fancies unworthy of attention, respect, reward or condemnation on the part of reasonable beings. Now, my dear friend, there is One above us all, One Who is Lord of life and death, Who implanted those grand ideas, reflections of His own Divine attributes, in our created nature, and Who it is will bring the just to their

destined happiness and condemn the wicked to their self-sought fate.'

"Then he spoke of the goodness of that Necessary Being who had created that good wife, and told the story of the Son of God, infinite in mercy as in power and justice, Who had become man and dwelt among us, proving His divinity, pitying our utter weakness, teaching, enlightening and strengthening us to practise virtue and reach the happy home of His Father in Heaven.

"The accents of truth from the mouth of a sympathizer touched the heart of the poor stranger. 'Father, I believe. O God, be merciful to me a sinner!' These were his last words. The paroxysm of sorrow worked his frame, the ligature slipped that bound the artery and in a few seconds he was dead.

"As for the priest, he knelt by the bedside and prayed for a redeemed soul, saying, 'Whence is this to me, O Lord, that I should be made the channel of such grace as this? Depart from me, for I am a sinful man, O Lord.'

Answered Prayers

A WRITER in the Christian Herald, among other things, says: "God works many times by human agencies. He opens doors that would not of themselves open to us; but in doing this He is pleased to employ His servants. The answer to our prayers comes by natural means; and so we, after receiving, often fail to recognize His Hand. In especial times of trial and in bereavement He helps us bear our burdens and heals our wounds. God's healing leaves no scars."

When in utter woe, despair and misery, and sorely perplexed as to what to do, that is the time to go down on your knees and ask the Mighty God for Light, Guidance and Wisdom; that, too, is the time to ask the Father to forgive you all your sins—sins of commission and omission. In grief and agony go to the Blessed One and tell Him all about it; the bliss of the soul comes only when we pray, confess our errors and thank God for His countless blessings. The Angels hear our prayers and supplications and also help us.

The Christian Religion is making wonderful progress in India. From Christian missionaries in India, of many denominations, cheering reports are coming of large accessions of converts.

Love God and get your heart and mind right and then you will become a wonderful psychic to attract only the good, unseen forces that will help you along the Great Path to Eternal Joy and Bliss.

To-morrow is but another to-day, therefore, let us live and do NOW. "Thou art happy when thou hast done what God has planned for thee this day, this hour."

To live nobly in this world one must forgive much, forget much and forbear much.

Just for To-day

LORD, for to-morrow and its needs
I do not pray.

Keep me from stain of sin
Just for to-day.

Let me both diligently work
And duly pray;

Let me be kind in word and deed
Just for to-day.

Let me be slow to do my will,
Prompt to obey;

Help me to sacrifice myself
Just for to-day.

Let me no wrong or idle word
Unthinking say;

Set Thou a seal upon my lips
Just for to-day.

So for to-morrow and its needs
I do not pray;

But keep me, guide me, hold me, Lord,
Just for to-day.

If you have learned belief you have learned something.—Kipling.

Be kind to each other,

The night's coming on,

When friend and when brother

Perchance may be gone.

—Charles Swain.

PURE LOVE ENVIETH NOT.

The Mysteries and the Bible

TO THE spiritually-minded the Bible is easily understood and means *much*; to the carnal-minded it is vague, obscure, involved, and is meaningless. The Mystics understand the Bible, because the Mystics are not sensual nor carnal-minded.

There is not one portion of the Holy Bible but what is clearly understood and fully comprehended by a Holy Mystic Adept.

The Mystics say that why many people do not understand the Bible is because they believe that Religion came from the Bible instead of the Bible coming out of Religion.

Long before there was any Bible there was Religion. So there was, first, Religion—and Holy, Religious men—seers, sages and prophets—before there was any Bible.

The late Henry Drummond was an ideal God-loving, Christian Gentle Man and a modern scientist of rare ability. In speaking of the study of the Bible Mr. Drummond said: "THE BIBLE CAME OUT OF RELIGION, NOT RELIGION OUT OF THE BIBLE. The Bible is a product of Religion, not a cause of it. The war literature of America comes out of the wars; the wars did not come out of the literature. And so in the distant past there flowed among the nations of heathendom a small, warm stream, like the Gulf Stream in the cold Atlantic—a small stream of religion; and now and then at intervals men, carried along by this stream, uttered or expressed the divinity within them in words. The historical books came out of facts; the devotional books came out of experiences; the letters came out of circumstances, and the Gospels came out of all three. That is where the Bible came from. It came out of Religion; Religion did not come out of the Bible."

Ever since the Bible has been in existence it has been the sacred text-book of the Holy Mystic, because it breathes the words of God and the Ancient Holy Mystics who lived here on Earth thousands of years before the Bible was thought of. The Ancient Brotherhoods of Holy Mystics are older than the Bible.

Ever since man has been on this planet there have been Holy Adepts here. Ages before the periods of which we have any historical record there were Holy Mystics. These God-loving men are always found where men dwell, and are the Great Souls who teach men religion and who leave written Divine Messages which are handed down from age to age and finally are, in a Divine Way, gathered together and made into a Great Book—a Bible.

So the Mystic of to-day has the Great Bible for his text-book and desires and needs no other book. All there is to know is contained in the Bible. Of course, great nuggets of gold are buried deep and hidden from the wicked and malicious. All the grand truths of the Everlasting Bible cannot be discerned nor comprehended by the carnal-minded. But any mind in deep grief and sorrow can understand. "Come unto Me, all ye that labor and are heavy laden, and I will give you rest."

So long as man lives in sin and carnality so long must he be blind to saying truths and must suffer terribly. The Bible is for aspiring souls and sin-sick souls who desire to give up all sin and carnality and come home to the Eternal God, the Loving Father of All.

The Bible is the result of fervent, Holy Men having lived with God and taught their fellowmen about God, and is a help in sustaining all who are on the Path, because it is the experience of men who strove and struggled and succeeded in reaching God.

The Bible gives strength to every aspiring soul because it relates experiences that the soul goes through and in many places confirms truths that have come to us from God and the Angels.

The Great Mystic Adepts find the Bible a daily necessity; those not so far on the PATH as the GREAT ADEPTS do not care for it so much; those just entering the PATH look at it now and then.

Those who worship MIND, WILL and INTELLECT have little use for the Bible, because it is a SEALED BOOK to them. Those are the people who criticize and condemn the Bible, simply because they have it fixed in their mortal minds that Religion came out of the Bible, instead of having the truth indelibly burned in their minds and hearts that the Bible came out of Religion.

So, the Mystic first loves God with all his soul, all his heart and all his mind, and loves the Bible and uses it daily as his only text-book. He knows THE BIBLE CAME OUT OF RELIGION, NOT RELIGION OUT OF THE BIBLE. A MYSTIC.

The Dawning Light



WHEN the Divine Impulse is evolved in the consciousness then we no longer think and act, we simply *live*, says the editor of Dawning Light. Then we can and will take no thought for the morrow and feel safe to do so.

To the above the Mystics would add that it is only that soul which has realized its real relation to God that really does take no thought for the morrow and really *lives* in the *Now*. Indeed, the soul that loves God and fully trusts Him and has no human or mortal mind will about life here on Earth does much more and better work through *Divine Leading* than one who relies on his own mortal mind and own mortal will. It is just beginning to dawn on men and women in this great Age of Light that Mind, Thought and Will are great in their place and when dominated by God and the individual soul are useful servants, but that is all—*mere servants*. It is a grave mistake to neglect God and the Soul Powers for Mental Powers. God must be sought first. The Divine Mind or Omniscience is what men and women need. It is the Divine Will that gives man *real* and *lasting* power. He who makes a God of his mortal mind and will and searches and strives and hungers for "will power" makes a sad mistake and reaps only sad disappointment and great misery and much unhappiness. Every Mystic Adept knows this grand truth and therefore avoids all misery by having no will of his own. We have adepts in our Brotherhood who are the most wonderful workers in the world. All of them are very happy. All of them have health and plenty of material means to carry out any work, no matter how much it costs in dollars. Some of them are what the world calls *rich*, having many millions of dollars. To the real Adept all money that comes to him is God's money; he is merely the custodian or steward of wealth. These multi-millionaire adepts have absolutely no "will power," such as most men strive for. They are pieces of clay in the Ancient Potter's Hand.

This is the Dawning Light that is shining with so much brightness *now*—the Complete surrender to God of *impotent* mortal mind and will.

The *omnipotent* will at complete surrender takes the place of the *impotent* will.

The peace, bliss and joy and delight of having no mortal will at all cannot be described. This is what Jesus Christ, the Son and Master, taught man—*non-resistance*. This has always been the great and true teaching and men who have heeded it and *lived* it have become good and great and religious. No one can become religious until union with God is made and *union* means giving up mortal mind and mortal will entirely—for all time. We must give up all to gain all.

The Dawning Light is breaking!

Our poor weak minds are beginning to recognize the Blazing Light of Truth after ages and ages of darkness and intense and bitter suffering.

God has always in plain and simple language told men what to do, and to the extent that they have obeyed the Divine Commands they have prospered and been happy, and to the extent that they have ignored God they have suffered.

The *Eternal Law* of the ETERNAL GOD never changes. It is the same to-day and will be the same forever and forever. Man may try every mind-conceived plan and scheme to get around The Law and he will fail, *utterly fail*, to get anywhere but in the mire of hopeless despair. Until he looks up to God and Christ and the Angels and fully and completely obeys the commandments of God and honors and glorifies God, the Loving Father of All, he will be in the dark, and not happy.

But the Dawning Light is breaking and we children, the sons and daughters of God, the Loving Father of all, are seeing the Radiant Brightness of a Glorious Day.

The Age of Mind and Will has gone forever and we are coming into the Mighty Golden Age of Soul! Think of it—the SOUL AGE! The Age of Peace! The Age of Joy! The Age of Happiness!

Every real Adept in the universe knows this is the truth. Every Holy, God-loving Man on Earth knows this is the Dawn of a Brighter Day. All the Angels in Heaven are singing psalms in Heaven and Earth about the Dawning Light.

Glory be to the All-Father and to the Son and to the Holy Spirit and to the Holy Angels forever and ever!

No one can be healthy or happy who is bound by sinful habits.

Fear and Despair

THE fear and despair which at times seizes one who has lived years of ill-spent power is awful!

Crushing fear and despair taunts the soul of the sinful and wicked ones with relentless force.

But for all sin, shame, fear and despair there is permanent relief ever at hand.

Permanent and *instant* relief from fear and despair is always at hand.

Take your fear and despair to God. Cry out to the Mighty God, the Loving Father of All, to help and save you. He is the only One who can give you relief. You have tried many ways for peace and happiness and release from your fear and utter despair and have got no relief. Oh, stubborn and perverse mind and will, why will you keep souls in fear, doubt and despair? "Without ME ye can do nothing."

Without God man has nothing but fear and despair.

To-day, this very instant, Awful Fear and Despair will vanish if you but go to God and CHRIST and the Angels. "To-day if ye will hear His voice,"

Surely His grace can save us from the awful despond of fear and despair. GOD is always knocking at the doors of our hearts, especially is He knocking at the hearts of the sorrowful.

"Behold, I stand at the door and knock; if any man hear My voice and open the door, I will come into him and will sup with him and he with Me."

"Knocking, knocking, who is there?"

Waiting, waiting, oh, how fair!

'Tis a Pilgrim, strange and kingly,

Never such was seen before,

Ah! my soul, for such a wonder,

Wilt thou not undo the door?"

Mortal, in stubbornness and perverseness, will not undo the door and let in the Holy One, and suffers from Fear and Despair.

It is not a good nor wise prophet who says God does not answer our prayers; that we, *mortals*, answer our own prayers; that cries down religion and creeds and churches and forms and ceremonies. Millions of souls are in that degree of evolution where forms, ceremonies and creeds are helpful. All forms of religious worship are good. The great trouble with some men is that they do not go into the Holy Church at all.—A Mystic.

Jesus, the Master, was of commanding figure and looked as gentle as a fawn, according to the great painters who have painted Him.

NEW THEORY ON

Cause of Hay Fever.

Hay fever is not so much a result of climatic conditions as it is a showing of the "weak spot" in the general condition of the body. If a hay fever sufferer can be fed up to the prime condition of health by the use of well selected food the chances are the hay fever will not present itself.

As an illustration, a lady in Cave Spring, Ga., explains how the change of food affected her. "This past summer I found myself in a very low state of health and much emaciated. I got down to 95 pounds and was worried, especially as I had to look forward to my annual tussle with hay fever in September and felt it would push me even further down.

"One day a friend told me she had been using Grape-Nuts Breakfast Food and that she felt like a new person with greatly increased strength and vigor. I grasped at the straw and began the use of Grape-Nuts. The effect was really magical. In a week I felt toned up and in a month began in earnest to gain flesh and strength. By September my weight had increased to 110 pounds and much to my amazement I discovered that when the hay fever sufferers began to complain I had not one symptom and escaped it altogether. Inasmuch as I had suffered for years from this miserable disease and had made no change except in my food, I naturally concluded that my improved condition was caused by the daily use of Grape-Nuts and by observing the usual laws of health." Name can be given by Postum Co., Battle Creek, Mich.

The New York Magazine of Mysteries

Perpetual Astrological Calendar

1700.		1800.		ALMANAC FOR ALL TIME, PAST PRESENT AND FUTURE.												1900.				2000.																																																																																																																																																																																								
1700	1701	1702	1703	1800	1801	1802	1803	1804	1805	1806	1807	1808	1809	1810	1811	1812	1813	1814	1815	1816	1817	1818	1819	1820	1821	1822	1823	1824	1825	1826	1827	1828	1829	1830	1831	1832	1833	1834	1835	1836	1837	1838	1839	1840	1841	1842	1843	1844	1845	1846	1847	1848	1849	1850	1851	1852	1853	1854	1855	1856	1857	1858	1859	1860	1861	1862	1863	1864	1865	1866	1867	1868	1869	1870	1871	1872	1873	1874	1875	1876	1877	1878	1879	1880	1881	1882	1883	1884	1885	1886	1887	1888	1889	1890	1891	1892	1893	1894	1895	1896	1897	1898	1899	1900	1901	1902	1903	1904	1905	1906	1907	1908	1909	1910	1911	1912	1913	1914	1915	1916	1917	1918	1919	1920	1921	1922	1923	1924	1925	1926	1927	1928	1929	1930	1931	1932	1933	1934	1935	1936	1937	1938	1939	1940	1941	1942	1943	1944	1945	1946	1947	1948	1949	1950	1951	1952	1953	1954	1955	1956	1957	1958	1959	1960	1961	1962	1963	1964	1965	1966	1967	1968	1969	1970	1971	1972	1973	1974	1975	1976	1977	1978	1979	1980	1981	1982	1983	1984	1985	1986	1987	1988	1989	1990	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000

FOR THE NEW YORK MAGAZINE OF MYSTERIES
By Zamael

Practical Astrological Guide to Success.
—Zamael

DATES OF THE MONTH.						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

ON A LINE WITH THE YEARS NUMBER FIND THE MONTH. IN THIS COLUMN THE DAY OF THE WEEK WILL BE IN LINE WITH THE NUMBER OF THE DAY USE FULL FACE JAN. AND FEB. FOR LEAP YEARS. THESE ARE MARKED WITH A STAR.

Copyrighted by The Magazine of Mysteries

The above chart is an exact copy of one which has been in use for many years by some of the most expert Astrologers for determining immediately the day of the occurrence of any event in the past or in the future for a period of two thousand years in either direction. By holding a small ruler, stick or pencil to the chart in a horizontal line with any year, you will see in line the months of that year. (Note whether it is a leap year or not.) Directly below in the column in which you find the month, is a group of the names of the days of the week. If you place your ruler horizontally to the day desired, you will find in line with it all the dates in that month which occur on this day of the week, or, if you look first for the date in the month, and then follow in a straight line back to the column in which you found the month, you will find the name of the day on which this date occurred. Look now at the figure in the left hand lower corner and in the outer circle you will find the month of the year. According to the part of the month denoted by the date, you will find on the next inner circle the sign of the Zodiac ruling this part of the month.

On the circle inside of this in a corresponding position is the symbol representing the planet which has most power when in this sign, and which is one of your ruling planets. Inside of the circles is a figure composed of two interlaced triangles forming a six pointed star. (This star is quite emblematic and in its understanding is the key to many Occult Truths. This subject, however, must be left for a future issue of THE MAGAZINE OF MYSTERIES.) In the center of this star, as in the center of any solar universe, holding the place of rest and symbolic of power is the Circle and dot used to represent the Sun, which is the ruler of the first hour of the mundane Sunday. In the spaces around the star are the symbols representing the other six planets with a letter denoting the day of the week ruled by each planet. Anyone can learn to find two of their ruling planets by this chart; the one which was ruling strongly on the day and the one ruling the month of their birth, also to determine the day of date upon which any known event happened during the past two thousand years, or which is to occur during the next two thousand.

It is advisable that you carefully preserve this chart, as it is both ornamental and useful and it may not be published to the public again in this form. I intend to refer to it again in the near future and if you are at all interested in the true side of the study of the Divine science, Astrology, it will well repay you as students to follow up these articles.

Next month I hope to continue this article and show you something else in connection with the above chart.

ZAMAEI.

This Is Life

We live this moment to learn how to live the next; this day to live to-morrow; this life to live the next, and so on, *always* learning, always getting experience, and always progressing through painful and happy moments, gay and mournful days, until at last we reach a state of consciousness where we recognize, honor and love God, and forever live with Him, the Blessed One.

Learn to be quiet and passive without any ambition and listen to the Divine Mind. Then God will make you active and you will do greater works than the ambitious person. Let Aspiration take the place of ambition.

Every action produces an effect. How important it is to act rightly. Once the act is done, we cannot change the effect. The Law cannot change. O what misery comes to man from some base or mean act! And what peace and joy comes from a good act! It does not take a great thinker to reason out that *all* is cause and effect. We must reap as we sow. This truth has been printed millions of times and will be printed and taught as long as man is not perfect.

Wiser it were to welcome and make ours Whatever of good, though small, the present brings,
Kind greetings, sunshine, songs of birds, and flowers,
With a child's pure delight in little things.

—R. C. Trench.

Because the soul is progressive, it never quite repeats itself, but in every act attempts the production of a new and fairer whole.—Emerson.

To this we would add: Each succeeding day finds the soul nearer freedom—nearer its source, God. The soul is Eternal; it is; it comes from God and returns to God; it was never born and never dies; it is! It is the only simple in the universe; nothing comes from it; it comes from nothing; it has neither beginning nor end; it is. Almighty God! we are eternal with Thee, the Eternal One.—*The Universal Brotherhood of Ancient Mystic Adepts.*

What is more beautiful than a well-ordered life! The soul dislikes discord. Disease and failure are discords. God is orderly, and when we live according to His Law we live beautiful and well-ordered lives, without any discords.

Some thinkers and teachers say that they believe there is an Infinite Power in and of all things. The Mystic Adept is not a believer but a *knower*, and he says he *knows* there is a God, the Eternal omniscient, omnipotent and omnipresent One. Through love of the Blessed One he has realized oneness or union with God. The soul is the only real eternal part of man; it is the real man. The Mystic Adept takes Christ as his only Master, and by living the Christ-life realizes the great God is his Father, and more yet, the Loving Father of All. Each soul on this planet or anywhere in the universe is a child of the Eternal God, and sometime, somewhere must know and love the All-Father.—*The Blissful Prophet.*

It is a most excellent plan for the aspiring soul, now and then, to sit alone with conscience, and take a retrospective view of the past, and then ask God to forgive all the sins and errors you have committed, and ask Him to give you divine strength to overcome all similar evil tendencies in the future. All of us commit sins—of omission and commission—to a more or less extent, and it does the soul good to confess them to God and ask His Blessings and forgiveness.

Wisdom and power to do right can only come to man in one way, and that way is through love of God and strict obedience to *all* of His commandments.

Loye of God cures all fear. With fear we lack poise, and our mental and physical health is determined entirely by Soul or Spiritual Vibrations. When man lives with God he realizes there is nothing in the universe that can hurt him—he becomes a fearless soul. Worry and apprehension about life and its affairs is fear of the worst kind and causes many to go to pieces, spiritually, mentally, physically and financially. Love is the only specific for Fear.

Life, Health and Happiness comes to him who is moral and virtuous through love of God; it cannot come through morality and virtue alone.

Life takes on a new meaning to him who begins to seek God—it looks brighter and larger. New hopes and new courage come. It is never too late to seek the Living Father of All.

Celebrates 102d Birthday

Formerly a Slave, Preston Garland Still Works for His Living

STILL able to earn a livelihood, Preston Garland, colored, of Morristown, N. J., on March 4 last celebrated his 102d birthday. Garland is a Christian man and is employed as sexton of the A. M. E. Church, having served in that capacity during the last five years. He is a member of the Board of Trustees of the church, and receives a small pension from the Government.

Garland was born a slave on a plantation called Chestnut Hill, in Lynchburg, Va. Both his parents were slaves. He was sold by his first owner, Paul Calvin, to a dealer named Armfield, who sold him to a man named Robert Lewis. When Lewis died, Garland was sold, at a sheriff's sale, to John Linton, a religious gentleman, who freed all his slaves before Lincoln's proclamation.

Garland enlisted under General Butler's call for colored soldiers, and served until the close of the war, participating in the fight at Port Hudson and many other engagements. In 1865 he secured a position as cook on a vessel owned by one of the Vanderbilts. His wife accompanied him and served as cabin maid. When the vessel arrived in New York the captain disappeared with the money due the crew. After wandering about the city for three weeks Garland and his wife secured employment with a Mrs. Stamford, in Morris Plains. Later he went to Morristown, where he has lived since.

The Mystics say that one of the signs that we are entering a new and great age of the world (the Real Golden Age) is the fact that many souls are now holding their physical bodies for great periods of years. We should all strive to serve God and man as long and as well as we can here on the Earth plane. People who live the longest here and do the most work and are the happiest, most healthful and most prosperous are spiritual or religious people. Statistics show that ministers have the longest average life of any class of men. Living the Christ-life means to live a long, useful and happy life here, as well as hereafter, in the Angel World.

Almighty God, teach me to forget and forgive, that I may glorify Thee and be a true son and a true brother free from all anger and vengeance, for Christ's sake. Amen.

A Mysterious Power

THE MAGAZINE OF MYSTERIES is in receipt of many thousands of letters monthly from those who have been almost miraculously benefited by a constant and conscientious perusal of its columns. We have said and cannot repeat too often the fact that the way to happiness, success and contentment is by following the instructions given out monthly by the soulful band of Mystics engaged in disseminating Living Truths through the pages of this Magazine. These Blessed Adepts are never tired of doing good to the earnest and honest seekers after Truth—nor do they neglect to send vitalizing, spiritual and ennobling thoughts continuously to the struggling souls of the whole Human Race in all climes and under all conditions.

It does not matter what religion you profess, the Spiritual and life-giving forces of the Mystic Brotherhood will reach out to you, carrying Ease to the Dis-eased, Hope to the Despondent, re-vitalizing every atom of you with new life and new courage, thus overcoming every evil tendency—whether of health or environment to which you have been subject. We cannot impress this too strongly on the minds of our readers. What we do require at their hands is that they read every line of this Magazine conscientiously and earnestly—yea, read and re-read it—make it part of their very soul's longings, so that the Vibrations of Health, Prosperity and Happiness will become actual facts, not mere theoretical speculations. Follow but the advice given by these Soulful Mystics, and do not fear that your soul's longings will remain ungratified. And at this point, we come to the letter of a Doctor of Medicine and Divinity, the Rev. W. Harlow Davis. An extract will be enough to serve our purpose from the Doctor's energetic epistle.

"My attention was called," he writes, "to THE MAGAZINE OF MYSTERIES some five months ago by a medical friend well known in Greater New York as a reliable and successful physician.

"I read constantly your Magazine," wrote the Rev. Dr. Davis, "since my friend's recommendation, and I must admit it is all he says and more, too. It is a WELL OF LIVING TRUTH. Nobody need be despairing or hopeless who devotes a little of his time to a thoughtful perusal of its pages. I'll venture to say after a short while he will neither be sick, unsuccessful nor despondent. I always make it a point to conscientiously recommend THE MAGAZINE OF MYST-

TERIES whenever and wherever I can. I tell the people it is the only paper in the world of its kind—and that it will do more lasting good than all other papers put together.

"As I leave on the 19th of April for a Lecture Tour in Great Britain, I would like to have two or three hundred copies to take along at your usual rates, as sold at the newsstands. I am sure the people of the United Kingdom are prepared for just such a medium of Spiritual Truths."

The writer of the above extract (Dr. W. Harlow Davis) is well known throughout the English speaking world as one of the most marvellous psychics of the present day. He is one of those peculiarly gifted men one but rarely meets in a lifetime. Many learned Scientists have asserted that certain persons are endowed with an abnormal mentality which may be rightly termed a sixth sense and commonly called Mental Intuition or Clairvoyance.

This he gives a practical use in his profession and has startled many of the leading physicians of the United States and Europe by the ease and accuracy of his diagnosis of complicated cases which have baffled the skill of experts. When examining a patient he dispenses with the methods ordinarily in use by the every-day physician. Closing his eyes and seating himself opposite to the subject, he, without asking a question, describes to the minutest detail every symptom and the smallest ache or pain from which they may be suffering. He locates bone fractures, bullets, tumors, etc., with the precision of an X-Ray Machine and is equally successful in advising them of a positive cure for their ailments. In explanation of this phenomenal power he says a person's body is as transparent to him as though made of glass.

The Doctor does all this by Spiritual Force—a force that was born in him and increased by the cultivation of his moral and mental powers.

GERALD CARLTON.

There is a perfect adjustment between supply and demand for all who will stand aside and let the Divine Powers work, and who will, while standing aside, do all the duty that comes to hand with faith and love and good cheer.

Love and worship of GOD will disclose man's divine origin and prove the Oneness of all life—the omnipresence, omniscience and omnipotence of God.



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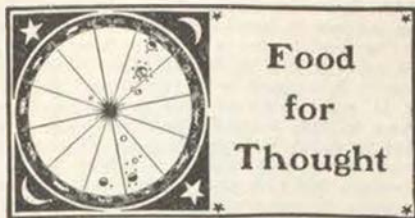
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Food for Thought

One Power

THE Primal Power is Energy or Force, and it is this that holds the planets in their position, guides them in their revolutions, holds the earth at its proper distance and in its proper circuit about the sun; that keeps the moon in its orbit; that controls the winds; that governs the ocean's tides and the flow of the rivers. It is this power that propels the machinery of the factories, that drives the miner's drill into the solid rock, and that carries him down and returns him again to the surface from the pit where he works, 200 feet below the surface of the earth. The commerce of the world, whether on ocean steamer or over the trans-continental railways, is carried on by this One Power. In short, all the study of physics—that is, natural philosophy or physical law—is the study of this One Power.

While this Power is Energy or Force it is also Life. It is this that organizes the plant out of the mould of the earth, that covers broad areas with rich forests; that peoples the sea with animal life and creates and sustains the wild beasts of the jungles. It is this One Power as Life that is present in all the animals that have been brought into the service of man, and that is also the life of man himself. The distinction is only that in man it comes to its highest consciousness. The Power, the Energy, the Force, the Life of God. All activities are of this Divine Essence and all creation is its manifestation.—*Higher Thought.*

Perpetual Youth

THAT it is possible for a man to live in perpetual youth Mental Science is demonstrating to the entire satisfaction of thousands every day.

Not one can be found, after an experience of a few months, but will testify to the truth of the fact just stated; and to know it to be true is within the reach of nearly all; no individual of ordinary intelligence can be found who may not avail himself of this knowledge, the value of which cannot be expressed by words or figures. No language can convey an accurate idea of its worth. What would we not be willing to give in exchange for life, happiness, beauty and opulence that is perpetual? Nothing is more certain than that Mental Science (a knowledge of which) will guarantee all this; and yet how few will take the time to investigate the subject or even give it the attention necessary to form an opinion of its merits. A dollar—just out of reach—has the attention, and seemingly is of greater value than this mighty truth.

As "All is good," we can safely leave the non-thinker at that, with the hope that if reincarnation does not become obsolete before they develop mentally to an appreciation of life, all may be well with them yet.

I fully believe in perpetual youth; while my years number seventy seven, in feeling and general appearance I am thirty years younger; I am more active, and in health am as perfect as at any time during my life.—*Freedom.*

Thought the Outcome of Central Action

MARCONI has shown that a small electric battery can send waves of energy and thought through the ethereal atoms of space for a greater or less distance according to the elevation, which may be caught by a sensitive mechanical receiver, and its code of signals recorded and interpreted. In the battery a small amount of material is decomposed to produce the electric current. The brain is to a certain extent a battery. And the ganglions of the great sympathetic nerve supply the nervous energy generated in a great measure by the brain. The battery with its relays, by nourishment applied to the body decomposing its own material thus supplied, is perpetually in action. Thought is the outcome of central action, the same as electricity. It is a force evolved from the decomposition of elementary substance. Thought, then, is an entity, a force, something which can travel through space and be caught by a receiver, however distant, which is in tune with its vibrations.

The Higher Self

MIND, Principle, Infinite Spirit is the Divinity that shapes our destinies, and when we individually and collectively begin to make proper use of this divinity within each and every soul of us, then and only then will we come to the fulfilment of our hopes. When we begin to recognize the fact that we are one and inseparable with the Universal Spirit, and that the will of the Universal Spirit is identical with our Higher will and that our Higher will is one and identical with the Universal Spirit, approach it with awe, superstitious fear and a beating heart if you must, like a horse that shys and trembles at the flutter of a piece of paper. When we begin to understand our oneness with that Universal Spirit, then we will begin to gather to ourselves all the riches and honors that are due to us. "Seek ye first the kingdom of heaven (which is within), and all these things shall be added to you." (Seek ye first the knowledge of your being), your power, or oneness with the Omnipresent, which is the light that shineth in the darkness and the darkness comprehendeth not, and all these things shall be added to you. Our rightful share of the benefits of the universe will come to us through the law of attraction, our understanding of thought substance attracting to itself substance, just as the ameba attracted unto itself life. We will then begin to gather in our share of the world's comforts, while we are here on earth in the body as individual expressions of Infinite Spirit with individualized needs.—*A. Van Vredenburg.*

A Consciousness of Unity

PEACE on earth is a consciousness of the wholeness, or oneness, of body (not our physical body only, but the body or "matter" of the universe) and Mind or God. Every part of the material universe, and every part and organ of our own body, is an instrument to express the thoughts of the Infinite Mind. God is manifest in every movement of the solar system and in every detail of our daily life. We are so much a part of the Whole Purpose that whatever operates elsewhere concerns us, and whatever we do affects all.

Herein lies the secret of harmonious conditions and of happiness, beauty and perfection. A consciousness of unity in the seeming diversity is the bond of completeness, and is the basis of love, and love is the fulfilling of the whole law of God.

Destiny

As angel spirits, we emphatically believe in destiny. It consists in the omnipresence of God or of a controlling principle. If God is, God is sure to control in small as well as in large things. We believe in only one supreme intelligence, controlling, directing, governing all things. It ever does and ever must. You may think you can will to do or not to do this or that, but if there is a Supreme Power it governs me and you even in the smallest act or the minutest thought. It is a mere presumption to suppose that finite humanity could have a will of its own independent of Deity. This same Deity impels you to duty and always impels aright.—*William E. Channing.*

A PROVERB is the wisdom of one, but the help of many.

Intuition

THE following is clipped from an exchange, says Occult Truth: "I have often been walking down the street when I have been strongly impressed to go into a certain place of business (which I had no idea of), and I have done so, and the result was a profitable transaction." The spiritualist paper from which we call this entitles it "Spirits procure me business." That title is bald, unwarranted assumption. It ignores the divine within and credits to lower intelligences what does not belong to them. The phenomenon will occur with whoever is sensitive to the divine voice. The "spirits" of men lately deceased hang around us only when earthbound, and they have no knowledge or ability which they did not possess in the body. We can help liberate them, but they cannot aid us."

As soon as the attention is directed to an observation of the law of human experience, it observed that the mental life is really the moulding influence that shapes affairs. It is difficult to realize the full import of this fuller knowledge of man's relation to the world.—*E. A. S.*

Compensation

It is well enough to love one, but it is better to join that one in loving all: our interdependence exacts it of us, and if we fail in our duties, some time, somewhere, the law of compensation will see that we pay the penalty. When we make up our minds to love our neighbors as ourselves, our enemies as well, we will find that there is no one so apparently bad that we cannot discover an equal amount of good in him. We have to see only the good and the strength in people and hold to that thought, sending out to them in this magnetized form only good thought waves, and sooner or later those thoughts will penetrate the subjective mind in spite of them. Subconsciously they will get the vibration, and manifestations are bound to follow.

Think Aright and Fear Not

THOUGHTS act and react. If they are good thoughts we get good return waves. If they are what is termed bad we get bad return waves. The word bad is certainly a bad word and should become obsolete. It is responsible for more evil than any other word in the English language. Tell a child that he is bad and he will generally manifest bad; the thought thus sent out to him creates all the bad that there is in him and brings it to the surface to react upon the creator of the word. If he is what is designated as bad he will go from that bad that has at some time been called into action by the spoken word, to worse. In the beginning was the word, and the word was bad and there was bad. The thought was the creation of the bad. Show the boy that you can see only the good in his nature, and he will grow better every day of his life. Our good thoughts sent out are the bread cast upon the waters, which after many days shall return.

Two families who were always trying to "get even" with each other had for twenty years each been sending out to the other thoughts and words of envy and jealousy, until the action and reaction upon themselves had reduced both families, who were once in affluent circumstances, to poverty. They are both evened up now. They both expended their forces upon each other and against the world generally, and the good things of life passed them; by-and-by the law of attraction took from them the good they had. It is the dynamic force of our being that thus acts and reacts.

Conception of the Physical World

AN excellent means of realizing the nature of our conventional life and consciousness—the personal man—is by forming a conception of how and of what it is evolved. The most fundamental thing we can know of ourselves is that we are conscious; next, that consciousness changes, and changes according to the things and ideals to which we relate ourselves or become conscious of. We have a conception of the physical world because we have evolved suitable means of becoming conscious of some of its states, that is, through sensation. Through introspection and reasoning we can change our conscious states related to our purely ideal world.

Learning has taught us that our perception of the physical world is not altogether truth-telling; it leads to some false conclusions as to the real nature of things. It does not require much thinking to inform us also that our consciousness of our ideals is largely a consciousness of false conceptions. Such a natural state may therefore be one of illusion. The popular belief, therefore, that the conventional standards are the true ones is incorrect. They are but temporary gauges of transitory states of consciousness that are useful only as long as they assist to the realization of true ones.

We must build truth-embodiment consciousness, or we will never attain a high degree of knowledge or realization.—*Joseph Stewart.*

MAN'S mission in life is (or should be) to reach the highest possible eminence. This can be accomplished only through physical and mental development. The Twentieth Century is bringing to man an enlightened condition of which he has never heretofore dreamed. It is the dawning of a higher state of spiritual enlightenment which points out to him his own innate capabilities. He has discovered that individual growth is not obtainable save through individual development; hence the entire responsibility of evolution in life rests upon himself. The conscious knowledge of this fact has been slow in coming, but it has arrived and is here to stay.



Free Astrological Delineations are given to all yearly subscribers to THE NEW YORK MAGAZINE OF MYSTERIES provided the request is made at the time the subscription is sent. IF we have not space to print the delineation we will either write you a special delineation, or mail you free a printed delineation which will apply to your birth. These printed delineations were specially prepared by the MYSTIC ADEPT who conducts this department, and are very valuable to any aspiring Soul. Address A MYSTIC, Astrology Department, New York Magazine of Mysteries, 22 North William street, New York City.



BLESSED ANGELS, I greet ye and ask ye to continually assist me in this noble work. May my efforts always be to obtain a greater knowledge of the Divine Laws governing the life of the individual upon this planet, and to make that knowledge of use in uplifting the soul and relieving the sufferings of my brother man.—*"Zamael."*

G. E. M., Dec. 15, 1882.—You have considerable artistic development in your nature and are shown to be an excellent talker and writer. If you will devote your time to some occupation of a literary nature you can achieve excellent results. You will, however, need to concentrate your mind steadfastly to your studies to develop the best qualifications you have. You are shown to be in many respects kind and generous and will make many friends. About your thirtieth year will be your most prosperous time, from a financial point of view. At this time you must be careful to practice economy and to hold what you gain, for there will be changes immediately following which you must be prepared for. During the latter part of life you will come under still more favorable auspices and be surrounded by numerous influential friends. You should use the color red a great deal. The color yellow should also be used. The colors indigo and purple are also very harmonious to the vibrations of your nature. Thursday is one of your most fortunate days.

LES, April 24, 1887.—Sunday, the day of your birth, was a day of bright and happy influence and you have a character which should be one full of sympathy and kindness for every one with whom you come in contact. You have many good and useful traits and should endeavor to school yourself to give away all the sympathetic and good qualities which are possible of expression. The planet Neptune, governing spiritual impulses, was very close to the position of the house governing kindness and this is the reason why you have high and noble thoughts. Cultivate these and you will bring a blessing to those with whom you are brought in contact. Your fortunate days are Friday and Saturday and works which you will begin upon these days have better opportunities for success than they would under other conditions.

J. S. E., March 28, 1844.—Your sympathetic qualities come from the position of the moon in her own sign Cancer at the time of your birth and at the same time being in triangular aspect to the position of the planet Jupiter. This gives you excellent mental qualities and is some indication as to financial conditions. The position of the planet Mercury in your horoscope is the controlling influence upon your inventive qualities and you should pay some attention to the aspects of this planet and try to concentrate your thoughts upon new inventions at the time this plane is well aspected. By so doing you may make other important gains than those which have been yours up to the present time. The bloodstone is your birth-stone and it would be well for you to obtain one of good quality and wear it continually. You are most

liable to suffer illness affecting the nervous system and the stomach and you should be particularly careful to avoid getting the feet wet.

HANS PETER, Oregon, Aug. 14, 1852.—Your strong, impulsive tendencies come from your having been born under the rule of the fiery sign Leo, which is the sign represented by the Lion in the Egyptian Zodiac of the heavens. If you will study the nature of the Lion you will have the key to a great extent to your own disposition. While you have a great deal of courage and impulsiveness, you should also cultivate kindness and generosity, which would allow you to become prosperous and also be of assistance to others around you. You have excellent mental qualities, but there is some impulsiveness which you must overcome in order to make you truly successful. You will make large financial gains during your fifty-fifth year. Your birth-stone is the ruby.

JOSEPH L. H., Chicago, June 1, 1873.—The impulsive character which you possess is governed by the planet Leo, which is the sign of the Lion. There is some impulsiveness of the mind indicated and this causes you to change from one thing to another, which you must endeavor to overcome, for this is very detrimental to you. You have been under exceptionally unfavorable planetary conditions during the past few years. During the year 1902, however, you will come under much more favorable planetary influences than have existed before in a long time. If you will hold steadfastly to one occupation you can achieve good results. You must avoid controversy to a great extent. You will have the best success in employ in some line of work of a mechanical or clerical nature. There are many who can succeed best in a business on their own account, but this is not your fortune. You should wear the colors white and pink to some extent and should use the agate as your birth-stone. You will find June 5, 6 and October 11, 12, 20, 21 to be a few of your fortunate days.

H. H. T., Boston, Aug. 13, 1834.—You have lived to see many happy days as well as a few of those which have been unfortunate. If you will hold steadfastly to one occupation you will achieve excellent results. You should be in some mechanical occupation or connected with the buying and selling of metal goods. In artistic mechanical work you would have the best success, for this is your best field of labor, and while you will be troubled at times with illness affecting the kidneys and chest, you will in this line of work receive enough exercise and come into contact with the vibrations of the metals and the bright sunshine, to keep you in general good health. Your fortunate days are Wednesdays and Sundays and these should be used whenever possible. In commencing new undertakings you will find August 12, 13, 23 and December 9, 10, 11 to be quite fortunate days during the coming year. Your colors are red and green. Your health will be benefited at times if you will wear something of an orange color. The bloodstone is your birth-stone.

J. H. L., Michigan, May 6, 1836.—Venus was one of the ruling planets at the time of your birth and was ruling the day on

which you were born. You will have the best success in handling agricultural products or food products of some kind and if you are engaged in farming on your own account in a small way you would do better to remain where you are. You are shown to have a strong love for home, but there is some changeableness of the mind which causes you to have a desire for excitements and this you should endeavor to overcome to some extent. Your astrological colors are white and yellow and you should carry a topaz as your birth-stone, for its vibrations are those which are the closest in harmony with the vibrations of the planets at the time of your birth.

J. E. B. ANXIOUS, Feb. 19, 1842.—At the time you came upon this planet the Sun was just entering the watery sign Pisces, the sign which corresponds to the feet in the great Solar Zodiac. This is a sign holding great inventive possibilities and in order to realize this fact you should endeavor to cultivate the mind to the highest possible extent and concentrate your thoughts upon the highest utilities. You have good mechanical ability which will rapidly develop if you will do much reading and studying. You are too anxious and cause yourself a great deal of worry unnecessarily. Cultivate contentment and cheerfulness and overcome this tendency if possible and you will not only make yourself popular, but will also add greatly to the comfort of those with whom you may be brought in contact. Thursday and Saturday are your fortunate days and you should use them whenever possible in commencing new enterprises, for this will bring you under better planetary influences, as two of your ruling planets are controlling your success strongly upon those days.

HOPEFUL E. F. P., April 2, 1854.—Sunday, the second of April, 1854, was the day of your birth, and I find that you are endowed with excellent vitality and a strong constitution which should enable you to live many years. Your chief illness will be that which will affect the throat or some blood disease which will be entirely overcome if you are careful in the selection of your foods. You have good reasoning ability and can realize the truth of this to a great extent by the past. If you will control your diet to some extent you will find that it will prove very beneficial to you. Your colors are white and red and your birth-stone is a bloodstone; a stone of a dark green color with little red specks in it. You should, if possible, obtain some clerical position, for it is plainly indicated in your horoscope that you are best adapted for employment and will do best when engaged in business in connection with others.

W. JAY, June 15, 1856.—Sunday is one of your fortunate days and is the day of your birth. In the horoscope, which was first given you, the information was necessarily general on account of the indefinite data as to the time of your birth; but as you now give me more accurate information I can say in answer to your questions that you have during the past year been under very malefic influences, so-called from the apposition of one of the most important planets in your horoscope to its original place at the time of your birth. Your troubles in this case have not been strictly of a psychic nature nor depending upon any action which you have done in this life, but the vibrations of the planetary influences have been such that you could not well succeed in your undertakings. The only way to do during this period was to remain as quiet as possible until these influences had passed by. This is now the case and you are coming under much better conditions from day to day. If you will hold steadfastly to one line of work and concentrate all your energies upon it, you will have much better success during the coming two years. White and pink are your astrological colors whose vibrations most nearly correspond to those of your nature.

The Mystics dearly love All in the Universe, and know All are One and All are going onward, forward and upward to perfection. We tell ALL that the goal for ALL is the same perfect knowledge, perfect bliss and Eternal Life.

No matter in which sign of the Zodiac you were born, you have good natural tendencies, which, if cultivated, will lead to health, prosperity and happiness. Understanding this, we, in a certain way, tell you exactly what to do to overcome everything that does not make for health, prosperity and happiness.

Address your letters to
A MYSTIC,
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THE NEW YORK MAGAZINE OF MYSTERIES,
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THE power of Loving Kindness! A tremendous power! The great power of the Holy Mystics! **LOVING KINDNESS!** Loving kindness to all beings—all men—and all animals!

Loving kindness is what helps us mortals and animals to endure everything and anything. It is a great upholding and sustaining power.

Loving kindness is the power of God and the Holy Spirit.

Without loving kindness in our souls, our hearts and our minds, we are cold, harsh, cruel—Godless.

Without loving kindness in our whole being, we lose all that is sweet and good, and pure and inspiring; without loving kindness we are in the vibrations of disease, darkness and ignorance.

Loving kindness makes the soul, the heart and the mind vibrate with the Light of the Universe!

Loving kindness cures disease, drives away loneliness and makes one thrill with New Life, New Hope and New Courage.

It is a Mighty Power, because it is God's Power—LOVING KINDNESS.

It is the Holy Mystic's secret key to unlock the mysteries of the universe—loving kindness.

It is the mystic and occult power that we see in all great souls—all adepts. **LOVING KINDNESS!**

It is the divine power, which helps one to feel and see the inner Light of the Soul.

Loving Kindness gives us power to pray, to meditate and to concentrate, and approach the Radiant and Majestic One.

Loving kindness makes the soul calm, serene, tranquil and powerful.

All the world is charmed and fascinated with any display of Loving Kindness.

Loving kindness dries tears, melts grief and sorrow and generates hope.

Loving kindness glorifies God and reaches Heaven and the Angels.

Loving kindness was the great power of Jesus Christ, the Master.

WE RESECH THEE, ALMIGHTY GOD, LOOK INTO OUR HEARTS, AND IF THEY ARE COLD, WARM THEM WITH THY HOLY BREATH OF LOVE, SO THAT WE MAY LIVE IN LOVING KINDNESS TOWARD EVERY ONE OF THY CREATURES. MAY THE HOLY SPIRIT EVER DWELL WITH US.—AMEN.

The real Astrologer is a Holy Man—a divine man. Of all men, a competent Astrologer needs religion which will make him wise, discerning, prudent and discreet. In no sense is an Astrologer a "fortune teller."

The Mystics connected with this Magazine are quietly doing much work, in a Mystic Way, to get people to have more love, more tender sympathy for animals. All the great Mystics of this world make a solemn and sacred pledge to God to do all they can for His dumb creatures. God's Holy Breath animates all beings, and cruelty to animals is a great sin. The world is only beginning to realize that all men must be just to all animals. The Mystic applies the Golden Rule to animals and men.

The bliss of the Holy Mystic is in *knowing* and *realizing* that All souls are the children of the Eternal God, the Loving Father of All, and that sometime, somewhere, each soul will come to God, and live with Him and the Angels throughout Eternity. God is not the Father of a few children, but the Loving Father of ALL, and wins all by His Mighty Love, in time. Christ said: "That ye may be the children of your Father, which is in Heaven: for He maketh His sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust."

Words of Cheer

THE more Godlike man becomes the more cheerful he is, and the more words of cheer does he sow.

"A soft answer turneth away wrath: but grievous words stir up anger."

The mild and sweet, soft voice of the God-loving Christian is that voice which is free from malice, anger or jealousy: the tender voice which voices real words of cheer.

"Put away from thee a froward mouth, and perverse lips put far from thee," and speak only tender words of cheer.

Words of cheer thrill not only the soul of the hearer, but equally the soul of the speaker, because they are God's words.

"The mouth of a righteous man is a well of life: but violence covereth the mouth of the wicked."

And violent words are cruel words and cut deep into the heart of thy brother; words of cheer gladden the soul and the heart.

The meek and gentle Master could speak words of cheer to the sad and sorrowful. Children of the Eternal God, who is the Loving Father of All, why speak harsh, bitter, cruel words to thy brothers and sisters?

He that speaks a slander is not speaking words of cheer, and is not helping to bring about the Kingdom of God here and now.

"The tongue of the just is as choice silver."

Love thy God, and soften thy heart, and speak only blessed words of cheer.

The lips of the pure in heart soften sorrow and sing glad songs of cheer which are heard in the Angel World.

"Heaviness in the heart of a man maketh it stoop: but a good word maketh it glad."

What a beautiful world this will be when all speak good words from hearts purified!

"A wholesome tongue is a tree of life: but perverseness therein is a breach in the spirit."

A merry word is a cheery word and is heard in Earth and Heaven.

"The words of the pure are pleasant words."

Words of cheer are healing to the heavy heart.

Words of cheer are music to God and the Angels; they are messengers of life.

"Truth wears no mask, bows at no Human Shrine, seeks neither place nor applause: she only asks a hearing."

Where, oh where, are the Great Universities, Libraries, Hospitals, Homes for the Aged, Homes for Orphans and Charitable institutes founded and built by those who do not love and believe in GOD, CHRIST and the ANGELS?

What would this world be, without Religion? What could be substituted for Religion? Could we have progress, prosperity and civilization without Religion? Is there a highly civilized, prosperous and progressive country that is without Religion?

"Be not overcome of evil, but overcome evil with good." This is the grand teaching. But the first step for us to take to get Divine Power to overcome everything is to send forth Love, and to pray to God without ceasing; that is, to keep God in mind constantly, in our daily life, in every little act we do. This is a world of labor, service and work, and we can do our work easily by thinking of God all the time, and will then do more and better work. If any other thought comes into our minds it interferes with our work. But the thought of God does not interfere with any labor, service or work, but increases our power of performance. God-loving men do much more work than those who do not love God.

Obsession

It is now generally admitted among Spiritualists who are competent to speak with authority that the weak and nervous and carnally-minded are the ones liable to obsession. A really spiritual man or woman who lives a pure and chaste life and who loves and worships God cannot be obsessed.

A writer in Light, of London, says a great number of cases of obsession are due to nerve starvation. If we reduce our physical forces below a certain limit, and we are naturally psychic, we are liable to obsession by some dominant idea or outside entity.

Religious or spiritual persons who live the Christ life, through fervent love for God, are never nervous or weak enough to permit obsession.

No pure or Holy person can be obsessed. Evil or Earth-bound spirits who obsess people here on Earth can only get a hold on the mind of one who is evil-minded. Sensual and carnal people are open to obsession, and it is a very easy matter for an Earth-bound Spirit with sensual and immoral tendencies to come into and dominate the mortal life of one of this class of persons.

"If I put myself above my neighbor, I lower myself." Fools try to build themselves up by pulling others down.

My Stars! ARE THEY LUCKY OR UNLUCKY?

This is the title of a dainty booklet, beautifully illustrated, explaining the influence of the

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"Behold, the angel of the Lord appeared unto him in a dream."—St. Matthew, i, 20.

A DREAM, to have significance, must occur to the sleeper while in a healthy and tranquil sleep.

Those dreams of which we have no vivid conception or clear remembrance have no significance.

To have beautiful dreams and night visions one must have a high spiritual nature.

The Angels do appear to us in dreams. The Bible says so. (Read Bible authority at head of this column.) But aside from the Good Book, wise and God-loving seers of all ages have interpreted dreams, and will continue to do so in the future.

Much discredit—and rightfully so—has been brought upon interpreters of dreams because so many alleged "fortune-tellers" and charlatans have fooled the credulous—for a money consideration.

I never receive any money for this work, outside of a regular salary, and never will. I will gladly interpret your dreams, and will be pleased to hear from the subscribers of this Magazine with accounts of their dreams.

I belong to a great brotherhood of Mystic Adepts, and in the name of that High and Sacred Order I pledge myself to treat all correspondence as sacredly confidential.

We will now honor our spiritual guides and controls and ask them to aid us in interpreting the following dreams:

NOEL, Jersey City.—It rarely falls to the lot of any one to experience the beautiful series of dreams you have just related. It means for you a future as brilliant and various as the dreams themselves, if you care to make it such. Show your womanhood and appreciation by giving to the world the wealth of talent that is yours. You have a beautiful mind, or you could not dream as you do. Many would give a decade of their lives for such visions. It is a call from God to do your best at all times. The first two dreams are curious and remarkable, but the third has an atmosphere that might be called transcendent.

JOHN E. POST, New Haven, Conn.—Music is always celestial, and to dream of it is doubly so. The description of your dream was ably given, and would indicate that you are a man of fine executive ability. The dream itself, however, would indicate sadness, but of that delightful, soulful kind that tends to make a man feel that life is worth the living, after all. The every-day trials and tribulations are in store for you, but it means a successful end to a very busy career. This interpretation is of the first two dreams only. The three remaining ones have no special meaning.

MRS. ANNIE SEALY, Texas.—The transitions from nightfall to dawn, and from dawn to day, are really the important action in your dream, and mean that a new chain of events is welding itself for your betterment and upliftment. New friends are to come into your life. Grapple them to thy soul with hooks of steel. One can never have too many friends. On the other hand, be not afraid to face your enemies squarely. It is sometimes necessary to have enemies in order that we may appreciate our friends.

W. E. MAY, San Saba, Texas.—Certainly, you positively threw yourself into your astral body and remained there. All your dreams partaking of such a holy nature, should prove an everlasting source of comfort—for they can only make for good. We believe in praying to the angels because they are ministers of light. Pray to whom you will—as your heart dictates, and let your soul fearlessly follow where your faith leads it, for there is no limit to God's mercy.

REV. G. G. MILLER, Oneonta, Alabama.—It is rather out of the ordinary run of events for a "man of the cloth" to be blessed with sacred dreams, for the reason that, during his waking hours, he is ever doing deeds of kindness and of love to all God's creatures. His sleeping hours, therefore, are apt to be anything but pleasant,

so far as dreams go. You repeated the words, "Father, Son and Holy Ghost," on account of the number of spoons lying upon the Bible. It was merely your subconscious self-asserting itself. You will be successful in a new line of work you intend to put into operation.

MISS M. BECK, Dayton, Kentucky.—There is some one in the unseen world trying to help you. Keep this dream as much as possible in your mind, and the help and advice will come all the sooner. I do not mean by this there is any serious trouble ahead for you—there comes a time in our lives when we all turn to some one wiser than ourselves for counsel. This happens to be your condition just now. Broaden your faith in all things. Hold fast to that which is good.

HENRIETTA, New York City.—Nothing could please the Dream Editor more than to have you tell him your dreams have taken such a spiritual turn since you have become a constant reader of THE MAGAZINE OF MYSTERIES. It is the true spirit of evolution working in you in a most beautiful and mysterious way. To dream of flying, or of being merely suspended, means that the spirit of heaven has breathed into your soul, and, better than all, you are conscious of it. Many dream of flying, but under different circumstances. Consider yourself blessed and appreciate the blessing.

MRS. C. B. WHINERY, New York.—For a woman to dream of babies is about the most fortunate dream that can befall her. New friends and old ones are soon to flock about you. Yes—it would have been better had you chosen the sword. Treasure trove should never be left behind. There is a little problem you will be called upon to solve later on, and your judgment will stand. A man always sees "the good of things as they are," a woman always acts upon her intuitions, or inner conviction. And the woman is right nine times out of ten.

SKOOKUM, Whatcom.—My good brother, our prayers are yours, and we are glad you have asked for them. Your dream is a beautiful counterpart of what your life has so far been. You have been climbing and striving now for a long time. But you reached the top of the hill, even in the dream, and there was the sun and the Christ to greet you. He will lead you, because you yourself have desired it. Let "onward and upward" be your motto henceforth, and happiness and peace will surely be yours. "And He shall give thee thy heart's desire."

BETHESDA, Brooklyn, New York.—Only that part of your dreams where you beheld acres of yellow and green striped plants holds any significance. Flowers are always symbolic of love and beauty—sometimes of forgiveness. Then the vision carried an atmosphere with it, or, rather, a sensation of dizziness. The dream is not prophetic at all. It carries a good deal of your own personality, however. You are talented and generous, and I would like to have another dream from you.

A SUBSCRIBER, Quincy, Mass.—It was manly and delightful of you to do the cavalier act in helping the lady. The beautiful smile was given you for your prompt assistance, and must have made you feel very happy. It is rather significant that you should have met the same person more than once in your dreams. It is more than probable you will meet her in reality. Keep a sharp look-out on yourself, that you may be worthy of her.

E. M. B. SIDNEY, Ohio.—You are one of the daughters of God. The Bible says this of childless women, and your dream, as you have related it, means much for you in a way that is hardly explainable in words, just as Love has reasons that reason cannot understand. This much I can say, however, that there has been an all-wise and sufficient reason that children have not come to you. You have been spared many griefs because of this. Be thankful that things are as they are.

B. HERBERT WILCOCKSON, West Wyoming.—It is rather odd to dream of bells—I mean of bells sounding clear and true; and Astral Bells, above all things, should be looked upon as especially fortunate. One has to be in a peculiarly spiritual condition of mind to hear sweet sounds. Then, too, the fact that your soul separated from your body. You see, your soul looked back upon you and told you what would lead to progression. The dream was given that your character may be built up gradually in power and majesty, just as you ascended the carpeted stairs.

BETH, Salem, Mass.—Never, my dear, under any circumstances, sign papers unless you thoroughly understand the nature and meaning of them. Consult some lawyer, in whom you have unbounded faith, or, better still, some friend, who could advise you only for your best interests. Your dream, taken as a whole, is a happy one, and means that your good grandfather is trying to help you. Fear nothing. Forge ahead. The stars were happily placed when you were born.

BEVERLY, West Virginia.—My good brother, do not dwell so much upon the evil you imagine there is in you. I like your confession, and I like your dream. I really think you are racking yourself in putting forth such tremendous effort. There is no earthly necessity for it. Your soul is strong as is your will. Your friends will soon learn to know that they can neither tempt nor trifle with you. Never for a moment let the spirit of sadness hold dominion over you. Then only can you live and move about in this great world as the good God has meant you should.

MRS. ANN GILL, Pawtucket, Rhode Island.—It must have been very grateful to you to dream of our late good President McKinley. No man in our country to-day can show a more beautiful, perfect domestic life—such a life indeed that any man might do well to imitate. Even in your dream the President tried to serve your son. Some good fortune is certain to befall you.

MRS. IDA AUSTIN, Baton Rouge.—No real dream is ever silly. To an extremely active mind it may be better to "be still and know"—but to the passive mind, which is just as great, it may be wise to speak out openly. No matter what your bridge was made of or what it turned into, you managed to get to the other side. This, of course, is an evidence of your future success. You are blessed with courage and common sense, coupled with the desire to do and to dare. Your life, consequently, can never, by any chance, end in failure.

M. F. F. W., Meriden, Conn.—Undoubtedly your spirit friends are trying to communicate with you, but only to tell you they are happy. Naturally, they wish you were with them. Ascending the stairs eternally, and never coming down them, means a direct progress for you in both body and soul. It is possible you may lack a love you need here—and this is what your mother is trying to give you even from the distance. The Mother-Love is never dead!

CYRUS PAYNE, Leipsic, Ohio.—It is a very curious circumstance, but it so often happens, that to a man who lives in a quiet country town many strange dreams are given. For instance, the dreaming of a rainbow is not by any means an ordinary dream. Generally, a rainbow becomes broader, or spreads, but when, as you say, it rises higher and higher, I should take it as meaning that God was calling you nearer to Him. No warning especially; merely that you are blessed with a spiritual essence you never thought you had.

MRS. T. BARNETT, San Francisco, California.—Your dreams are a true revelation of what your life has been—a struggle, at the beginning, with only your own efforts to guide and sustain you—but a genuine triumph in the end. Nobody could hope for a greater reward than this; that is, no one with any pretense to a character. The little child coming toward and doing for you is the only balm that can be offered you, because no child of your own has been vouchsafed you. One can always love the children of their Dreams. The children of the world often fall short of ordinary expectations.

CARRIE E. MARKWELL, Brooklyn, New York.—It is a very strange thing, but most people have a horror of snakes in their sleeping or waking moments. Now, in India, as I have said before in these columns, snakes are held sacred. It is true that in your case the snakes are trying to warn you against an impending deceit; still, for all that, the snakes are

warning you. So you see they hold rather an important place in the field of events. Your dream is an artistic one from first to last, and I would hold it an extremely lucky sign if you dreamed again of the sacred animals.

M. S. R., 630 Flatbush Ave., Brooklyn.—The fact that the snake turned into a larger animal means that you soon are to triumph over present difficulties. It is not unlucky to dream of snakes, except under very distressing circumstances. Let nothing dismay you and continue to strive for the victory that is certain to be yours.

All persons who write to this Magazine are helped by us in the Silent and Mystic way. If you do not receive a special letter or see your dream answered in print your letter has been attended to. We are tremendous workers, day and night. Most of our work is done through prayer and messages to the Spirit Realms. Where we see special help is needed we call for it.

But remember, dear readers, you must help yourselves. Don't lean on us. Nothing will come if you do. Get down on your knees and do some old-fashioned, earnest praying. We reach the Eternal Good by prayer, meditation, work, mediums and all the unseen forces of the universe. Every section of this glorious country has either a minister, a rabbi, a priest, a Spiritualist medium or some spiritually minded man. If in trouble or doubt, go to this Man of God and open your heart and soul to him, and help will come through him. The spirit works through ALL religions and all cults and all sects.

We are always pleased to hear from the subscribers to this Magazine, and cordially invite all of you to send in your dreams for interpretation.

Address Dream Editor of THE NEW YORK MAGAZINE OF MYSTERIES, 22 North William Street, New York City.

Thoughts from Great Minds

NOR can we venture to speak of Life as one of the varieties or manifestations of energy.—Crookes.

The world does not like men and women with positive views on a hundred subjects. The real positive men and women of this world are mild, gentle and courteous, who generally do not express their views save as public writers and speakers. A great soul is modest and polite at all times and especially so in private life.

The real way to overcome obstacles is with that mild and sublime patience and serenity that is always found in the God-loving Christian.

All of the two Americas—North and South America—within this century will be under one government—the United States of North and South America. Of course, this includes every inch of land from the northernmost part of Canada to Cape Horn. In the Ancient Mystic secret writings this is all plainly written down by the Adepts.—The Blissful Prophet.

You are an important part of the wondrous WHOLE—I say YOU are an essential part of the Mighty WHOLE.

We lend a hand to help all humanity, if we but live pure and holy lives.

That man has a little knowledge and a little power clearly proves that there must be an unlimited reservoir of knowledge and power from which he draws the little. Oh, let us seek to know and love the Omniscient, Omnipotent and Omnipresent One, and dwell in omniscience.

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An Old Secret Out Again

JAN KUBELIK'S "secret of success," worth \$1,000 an hour measured in mere money, was made public in the Sunday World. To American boys eager to emulate his career—of which the ability to earn \$100,000 for one hundred one-hour performances on his Stradivarius is no more than a commercial detail—this gifted man says:

"I should like to tell them how to succeed. They must learn to wish. A wish that hurts and hurts—that is the wish that comes true! And the whole world and poverty and no friends and ill-health can't stop it. If they wish they will work. Wishing and working will make the world right over for them. The boy who would like to succeed, he cannot succeed; but the boy who wishes to succeed till he cannot eat or sleep or do anything but work for wishing, he has success."

To this Eleanor Kirk adds; "There are wishes and wishes; sit-down wishes and stand-up wishes, and wishes that some one else would do the work. A wish that is not backed by will and converted into action is the most impotent thing upon earth.

"Every musician could be as great as Kubelik if he really wished to be. It is not Kubelik's genius that has made him a success. It is the result of an enlightened will."

[All success and achievement in any line depend upon earnest and persistent desire; but the aspiring soul is wonderfully helped if it will quietly, calmly and secretly go to God on bended knees and ask Him to help. When all people realize how God our Father can help us, His children, in our material affairs, the Golden Age of this planet will have been reached.—EDITOR.]

Keep Your Ideal in Sight

HE who lives with God and Christ and the Angels has a cheerful disposition and a power to do and achieve that is invincible.

Cheerfulness and serenity gives any one power. The cheerful and serene state can come only in its highest degree through love and faith and hope. It comes when we take all of our troubles and worries and anxieties to the great God and ask Him for grace and light and strength.

We will have cruelty and crime just so long as we do not impress the minds of the young with love and tender mercy for all animals. The Vegetarians go farther and say that sin, cruelty and crime will never cease until man stops killing and eating the bodies of animals.

Each succeeding generation is less cruel and vicious, because each succeeding generation is more God-like and kills and eats less animals. The day will come when killing and eating animals will be looked at with disgust and horror, the same as we now look upon cannibalism. The Great New Race of God-like people that are to come will say: "Why, in those days, the masses of the people were so ignorant, cruel and brutal and bestial that they killed animals and cooked and ate their bodies!" At the end of the Twentieth Century there will be few flesh-eating people among civilized nations.—The Blissful Prophet.

Look among men and women of great success and be astounded to see how many of them are God-loving Christians.

The Hand of Prosperity is open to you



Money-Making Opportunities ARE everywhere

There is no reason why the year 1922 should not be the most prosperous you have ever known. If you cannot see these opportunities train your mind to do so. Riches and fame come only to those who can influence and control the minds of their fellow men. Every self-made wealthy man is a living proof of this fact. You have but one brain, one pair of hands; you cannot do everything, but you can in your own home learn in an incredibly short time how to influence, control and direct the brains and hands of other people so as to put money into your pocket. You can bend their wills and make them do your bidding. You can learn the science of success, and pass your competitors in business, in social life, in politics or in any other direction you choose. You can charm and fascinate people with an irresistible power and hold their love and friendship always. You can command success in all you undertake. You need a knowledge of Hypnotism and Personal Magnetism to attain this result. These sciences are the very life blood of business and social success.

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The American College of Sciences, of Philadelphia, has in response to a popular demand issued a handsomely illustrated book, which clearly explains the secrets of the wonder science of the age. Twenty different authors of world-wide renown have contributed to it. A number of different methods are described which any intelligent man or woman can follow and materially better his or her condition in life. The secret of the money-making power of Carnegie, Morgan, Rockefeller and the Vanderbilts is made plain. The book tells how you can use Hypnotism to cure diseases and bad habits; how to make this grand science a potent factor in your life. It is full of intensely interesting and practical information. It is heartily endorsed by the most prominent doctors, lawyers, clergymen and financiers of this country. It has been issued at great expense, but to each interested person a copy will be sent postpaid for a limited time. If you want to acquire a wonderful power of personal influence; if you wish to rise higher in your accepted business or calling; if you wish to become a veritable leader of men—a man of mark in your community, send your name and address for a copy of this remarkable book which reveals to you the inner mysteries of the most marvelous mind and soul power known to man.

Capt. C. F. Strong of Dryden, N. Y., says: "Every sentence in your grand work is a gem; every thought divine; money could not buy the knowledge I have gained."

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Psychic Delineation By Handwriting

A MYSTIC ADEPT, who is a Chirographical Seer, writes for this department each month brief and correct psychic delineations of character by your handwriting. This is free to yearly subscribers only, and the request must be made at the time the subscription is sent. If you are not a subscriber and desire to have a brief delineation, send your subscription to our Magazine, together with eight or ten lines of your own handwriting, telling us how we can improve this Magazine, and your delineation of character will be printed or answered by mail. Sign your full name and some fictitious name for us to print, so that you will recognize your delineation when printed. Be sure to write your full name and address besides the assumed name or initials for print. We never print the real names in this department.



F ALL THE VIRTUES, patience is the greatest. We must ask those who write to this department to be patient. With our large and far-reaching circulation great numbers write us, and as we can print only so many delineations a month, we have to answer a large number by mail, all of which takes time and patience.

INVOCATION

Blessed Angels, Guides and Controls, I honor and love you. May we this month get More Light and impress the sorrowful and doubting mortals who write us with the Truth; impress them that we are Eternal Souls under the Mighty Love of the Great God of the Universe, unfolding, developing and progressing; impress them with the gentle love, mercy and wisdom of the Blessed One and the Angels.

A. C. MARGARET, Buller, Pa.—Your handwriting brings a force and strength that is remarkable and I feel that the life you are now living will bring many peaceful years. There is a singleness of purpose and the desire to give of your best that is singularly beautiful and I want you to believe with me that your watching and waiting is soon to be rewarded. Repeat for your own benefit this thought: "They also serve who only stand and wait."

MARGARET MAY, Zionville, Ind.—Your letter brings a purity and refinement that is absolutely charming. Of course, you love to read our MAGAZINE OF MYSTERIES, because you can grasp the meaning and scope of the endeavors of the mystics, and, believe me, there is nothing more grateful in this world than the spirit of appreciation. The angels are guarding you because of the fine spirit you have evinced in more ways than one and take this comfort to your soul, that the prayers of the mystics are ascending for you.

C. DAVIDSON, Canada.—A purely intellectual hand and, naturally, one that is a delight to any man's soul to read. You possess a tremendous reserve power and no matter at what time you may be called upon you are always ready and waiting to serve in an emergency. I fancy you are rather a strong believer in blue blood. This is pardonable enough, for it never fails to make a man live up to the best that is in him, and it also inspires others to give of their best to him.

IOWA, Box 563.—You are perfectly sane and sober and there is no doubt in my mind but you have seen everything as related. You are one of the children of God and an Inheritor of the Kingdom of Heaven. The fact that you have inhaled and received sweet odors shows that you are favored more than most of us. There is a fine spirit hovering about you, else you would never have received the Oriental odor. Watch and pray for repetition of this, for nothing could be more delightful.

OPAL, Petersburg, Ill.—My dear child, your quotation is beautiful and much beyond your years. Taking the single line, "The star that on its orbit rolls feels infinite desire," means, as I see it, that the soul is eternal in its destiny, if there is such a thing as destiny for a soul. Rest in peace, for all is well. As Robert Browning has said: "All's well with the world." To a man who can thoroughly believe that—well, Heaven itself is not far off.

JOHN J. DILLION, Andover, Mass.—Thank you for your kind words about THE MAGAZINE OF MYSTERIES. Although we receive daily thousands of letters of thanks, still somehow we are as grateful for the last as for the first. I am impressed with the idea that you have a hidden fire that

you dream not of. I advise you to read further upon these very occult subjects that seem to interest you so much. It delights me to know you possess an occult library. It would be a wiser plan if you read to your friends from these books. To lend them means that in the end your choice library will be scattered and broken.

ROSE LILY, Galesburg, Ill.—Yes indeed, Mystic No. 7 will pray for you with all his heart and soul. You will ever be blessed and guarded for you have chosen the true path and lived up to it with true ardor and understanding. Yours is a rare soul and from what I can see many happy years are to be yours for the asking. Reading and studying as you do, in the spirit of divine love, the way must appear plain, for there is a light shed about your feet. Pray without ceasing. Eternity forbids thee to forget.

MRS. T. W. PARKIN, Elgin, Ill.—Your handwriting is that of a plain-spoken, honest, sincere woman. From what I can see you would make an excellent business woman were the chance to present itself. You are brave, and when overtaken by disaster, recover quickly and go to work again with redoubled vigor. You are full of enthusiasm and hope and because of these fine traits you can never be downed. Hope springs eternal in your breast and you will reap the reward for keeping the spark alive.

MRS. GEORGE H., San Francisco, Cal.—You rejoice my heart when you say THE MAGAZINE OF MYSTERIES has helped you in such a wholesale way. Place no faith whatever in charms, Egyptian or Chinese. While we Mystics believe in certain signs and symbols, still, they are only signs and symbols. There is in reality nothing tangible about them. It is merely a pretty belief, and we like to hold these signs before our eyes in joyous contemplation that in God's good time our Ideals may become Realities. It won't hurt to look into Theosophy. Do not fill your mind with too many isms. It is much better to stand and abide by one belief. For instance, the Golden Rule. Practice this and you will come very near inheriting the Kingdom of Heaven while you live on this earth-plane.

TRUTHFUL, Salem Co., N. J.—We will gladly pray for you, not once, but for all time, and, as the Bible has said, "And He shall give thee thy heart's desire." You bring an honesty of purpose that I admire. Possess your soul with a little more patience and cultivate a larger faith. I am sure you will be the happier for it. You speak of a goat following you. That is a most lucky omen. A goat is always accounted a lucky animal, a sort of a mascot. Some good fortune is shortly to be yours.

HOPE.—My good brother, blot the fact forever from your memory that you are paying the penalty of a comparatively insignificant error. You write as if you were a woman. Never harp on past follies, but rather spend your time in building for your soul a lordly mansion where Peace and Love dwell together and where no fear can enter. Call up all the courage you have. Live in the blessed Now and stand ready to face any future. There are refinement and finesse indicated in your handwriting. Put these qualities to some account and go in and win. A faint heart never wins a fair lady in any circumstances.

X. Y. Z., Perry Iowa.—I do not quite understand what you may mean by the admiration of semi-purity. A man is either pure or he is not pure. There is no ground between. It is because of this that the world stands in need of mediation. The old saying: "To the pure, all things are pure," holds a spiritual meaning that few indeed seem to understand or appreciate. Your handwriting brings a beautiful, earn-

est doubt—beautiful, because it sets forth your vibrations of argument.

"There is more faith in honest doubt. Believe me, than in half the creeds."

J. O. LOWNI, Fairplay, Tex.—You must remember to keep your vigil, and I think it rather strange you have not, for you are a man of excellent memory. You have a true individuality and your ideals are high. You are apt to lose sight of the details, which is a mistake, for in the eternal vigilance of all things lies the price, not only of liberty, but of the achievement of your ambition. As a rule, you are correct in your estimates of people. Listen to the arguments of others oftener. It will serve to further broaden an already broad mind.

When writing you will get better results if you will pen your communication alone in a quiet place. Some letters produce remarkable clairvoyant visions; in such cases I send a personal letter to the writer, so please write your full name (not for publication) and a fictitious name in your letters.

It is always well to utter a silent prayer to all the higher powers for guidance just before you write the letter.

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THE NEW YORK MAGAZINE OF MYSTERIES.

The charm of woman is her Spirituality, her tender ways—her Christlike meekness. The God-loving Christian woman is a tremendous power for good. But let a woman become too ambitious, too masculine, too mannish, and go much out of her sphere so that she may "shine," and she loses all her charm and fascinating powers; she is no longer a great soul. God in His great wisdom made man for a certain line of service and women for an entirely different line of service. Man is great in his sphere, and woman is equally great in her sphere. Man is the coarser vessel, and woman is the finer vessel. Man trying to fill the sphere of woman is wrong, and woman trying to fill the sphere of man is wrong. Both are equal in the Sight of God. Both have Equal Rights to Serve God.

All mortals make mistakes, and the Adepts say that we must not let our mistakes discourage us; that sin, error, ignorance and mistakes must be overcome; that the only way to overcome, and the easiest and simplest way, is to ask the help of God, the Son, the Holy Spirit and the Holy Angels. This is what all Adepts have always done. Until man asks God to help him he can do but little in the world; without God his efforts will be poorly directed.

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NEW YORK WRITE TO - DAY

PROGRESSIVE METHODS IN THERAPEUTICS

BY ELLEN GOODELL SMITH, M.D.



In my youthful days I was open to conviction upon any subject that promised improvement for the race. It mattered not what the thought presented; if it seemed reasonable and had good sense at the foundation, I was sure to adopt it. My best inheritance was a fine constitution from a long-lived ancestry. But in very early life scarlet fever and the crude therapy of those days made of me a semi-invalid for many years. Pain, doctors and doses of every description were my companions, while my ambitions and ideals were nearly crushed. About that time a friend handed me some "Water Cure" papers, published by Fowler & Wells, and for the first time I found good, healthy, common sense ideas about disease and how to get well. My eyes were opened to the fact that, in addition to medical blunders, I had been industriously assisting my various doctors in keeping me an invalid. From that moment, when the first ray of light beamed across my path, my mind was made up on some things so strongly that I ceased to make a drug shop of my stomach, and abandoned the use of animal food; conversion was begun in earnest by improving myself. Slowly I groped my way alone amid contending forces, which gravely said I would soon fill a consumptive's grave. But no such thought was mine; my cherished ambitions to be and do were paramount to all else. And I have lived to know that thousands of similar cases have been restored to health, that victims of every vice have been reclaimed, and saved, by obedience to the commandments of life, which read something like this: Purify the body with natural food and drink; clothe it rationally; take plenty of sleep during the night; breathe pure air all the time, and when the house you occupy fails in any way to respond to your desires, then learn and find health and harmony of body and peace of mind in obedience to the same.

My next step was to become a patient in the then popular "Granite State Health Institute," situated at Hill, N. H., twenty-five miles north of Concord, where it had formerly been located. The physician, Wm. T. Vail, was a graduate of the two popular medical schools, but did not use their remedies for his patients. The doctor and his charming wife made their house a home for every inmate, and in healing the sick their success was unsurpassed. My faith in getting well was so great that improvement began the moment I entered the door. I was offered a position that enabled me to meet a portion of my expenses. After three months of rapid improvement and expecting to be discharged, to my great joy the doctor informed me that my services had become quite indispensable to the house, and invited me to remain, and a few months later, at his urgent request, I took up a course of study under his direction. Two years later I graduated from Dr. R. T. Trall's college, New York, then returned to Hill as matron and associate physician of the home.

Dr. Vail was a very progressive man, and in 1860 became interested in the wonderful work of the late Dr. P. P. Quimby, then in Portland, Me. A lady from the town had been healed by him, and a few of our patients went to him. The most remarkable of them was that of a young lady who, from an accident, had been paralyzed from the hips, and could only get about in a wheel-chair; the limbs were partially paralyzed. She was my special case for several months during my student days, and became as well and perfect in form as she ever was, but, through fear, she would not walk alone. Dr. Vail said: "I know you can walk, and if there is any power on earth that can make you walk, try it." She made the trip to Portland and went directly to Dr. Quimby's office. After a few moments' talk and treatment of the head, he asked her to walk with him across the room, which she did without hesitation. A little more treatment and the walk was repeated, and then they went to dinner. The next morning the idea of walking had such possession of her mind, she dressed as soon as possible, went to the parlors and walked an hour or more. She walked the streets with shoes so thin her feet became sore; but walking

was her special business at that time, and looks and feelings were a minor consideration. She remained there two weeks, and was interviewed by reporters, clergymen, lawyers, physicians and others. Probably Dr. Quimby rarely had a patient who created such a sensation. On her way home she visited her uncle, Dr. Burnham, a celebrated surgeon in Massachusetts. Her friends were filled with fear that she would overdo, and the only way to assure herself of her powers was to walk two or three miles. She gave our quiet town a great surprise by showing her ability to walk anywhere and as much as she pleased. Dr. Quimby came very near getting the entire credit of her remarkable cure, and it was a long debated question in the place as to whether he could have almost instantly made her walk if she had gone to him in the condition she came to us. Turning to Dr. Vail. His methods were: Water, electricity and every available hygienic agency, and to these he now added all of mental and soul science possible (acquired from Dr. Quimby), and gave lectures on that and kindred topics. Toward the closing page of my graduating thesis on "Medical Progression," in 1861, are these words: "So the wonderful facts and phenomena which have been developed more particularly in these latter days through mesmerism, clairvoyance, psychology, hypnotism and spiritualism are probably only so many varied phenomena of the great force of which we have been speaking, and it probably needs only some medical Morse whose genius shall be able to convert them into one great practical working system through which only the word need be said and the thing will be done." Dr. Quimby was the medical Morse we had in mind, for up to that time we knew of no other, and believed him to be a very remarkable man in his line of work, that but few could then comprehend. When I look back upon those days, the sometimes severe and crude methods of treatment, I wonder how the patients recovered. But they did, and the bedridden and consumptive were sent home well in a few months. Bad habits were abandoned forever, and all were taught how to care for themselves. In 1862 Mrs. Mary Baker Eddy (then Mrs. Patterson) was with us a few weeks as a patient, and then went to Dr. Quimby, by whom she was restored to health. There were others who went from our house to him, but none so marked as these I have mentioned.

After severing my connections with that house, I traveled in the New England States, lecturing and teaching the new doctrines of health, or how to live for health, until called to a position in Dr. Trall's establishment in New York City. The medical staff soon made a change, and advanced methods were made practical by the proprietors, Drs. Miller, Wood and Holbrook. For many years their house stood for progression along every available line. While there my services were solicited to assist in establishing methods similar to those in New York in a country sanitarium, and there, in 1866, I had an opportunity to make a test of mental science, which proved a complete success. The case was a young lady who had been there bedridden for a year. The doctor said he had exhausted his skill, his patience and his remedies, and wished me to take her entirely off his hands and use any treatment I thought best. I had been in the house two days before she would admit me to her room. She was not in bed because she wanted to lie there, but she was in a very bad condition—not one sound, healthy function about her. I discontinued her medicine and special local treatment, gave her the best of food, and manipulation of the entire body in addition to the mental treatment. In six weeks she was walking about her room, and also riding out. A few months completed the cure, and she became an active business woman. For exercise while getting well she had gymnastics and Swedish movements. The mental part of the treatment was what is now called "suggestion," which was of the most positive kind, both silent and verbal.

Teaching has always been an important part of my work; experiment and experience my best instructors. And as the years have gone by, I have tried to keep pace with the march of events, and bring into service everything promising the most speedy relief

for the sick. In nearly all my work I have been a pioneer, and when the now popular "massage" had scarcely been heard of in this country, I was developing a system of my own from the passive manipulations of the "Swedish Movement Cure." In those early days, when I traveled, lectured and practiced that method, stopping in a place as long as anyone needed my services, and more earnestly than ever taught them that the healing power was within themselves instead of anything any physician could do, any farther than a little assistance at times, the people listened and believed, but the physicians were not kindly disposed toward such innovations. Their attitude was not at all surprising, when the cases they had "laid on the shelf" years before were put into my hands and cured, and others, pronounced hopeless, awaiting death, were saved. How I had the assurance to make such positive assertions as I did in the most peculiar cases was often a mystery; and when a few would say: "This cure seems like a miracle," I would reply: "It's only the miracle of nature and her power to assert herself when given an opportunity." The past year my work has been very successful, but not being quite satisfied with my private study, I recently spent nearly two months at Dr. C. O. Sahler's Sanitarium, Kingston, N. Y. It is an inspiration to look at him (if you happen to get a chance); he is beloved by everyone who knows him, and is doing a wonderful work. I took the course of instruction in Suggestive Therapeutics, and was the recipient of all that so busy a man as Dr. Sahler could possibly bestow. It was necessary for me to witness practical demonstrations that I might more readily grasp the scientific side of the problem. We must know and understand why we know that our greatest success counts through the rapid responsiveness of the patient to the most positive suggestions, whether written, oral or silent. When we have learned what a mighty force there is in the deep silence of the soul, and how to make it useful, it will prove the most helpful, practical lesson of life, for "thoughts are things," and they will never end.

Thus is the kingdom of love being manifested upon the earth.

[The above interesting reminiscence is from an article in Views and Reviews, by Dr. Goodell Smith. The doctor is a charming and versatile writer, well known in New York City, and shares with Dr. Holbrook the reputation of being one of the most skilled hygienists in this country.—EDITOR.]

Beautiful Thoughts Condensed

OUR souls are bathed in a spiritual atmosphere; a spiritual sunlight falls upon them. Here and now—yes, truly, here, in this living present—we dwell in the spiritual world. There is a realm in which the Spirit is directly manifested. There is also in us a faculty, by the exercise of which we may draw power from thence. It is the function of this faculty to open, as the petals and leaves of a plant open.

Peace, be still! Forget all else but the Spirit. Unite in consciousness with that finest, inmost essence which fills all space, entering into its peace, contemplating its beauty, resting in its encompassing love.

O Power, whence cometh all the energy which stirs this universe; O Wisdom, which guides the noblest deeds of men; O Love, which unites all hearts to thee, unto thee I dedicate all that is in me. Unto thee I open my soul anew, that it may be filled with thy peace, that it may be inspired by thy love. Guide me, that I may be faithful to thy presence. . . . And as we go, one and all, in silence, when the soul of each is moved, let us bear with us the Presence which has been with us to-day. Let us walk with that peace which has filled our souls, and forget not that love which has drawn us together as fellow-workers in the greatest of all spheres in all the universe—the kingdom of the Spirit. Peace, peace, peace!

—H. W. Dresser.

What We Live For

WHAT live we for but this?
Into the soul to breathe the soul of sweetness;
The stunted growth to rear to fair completeness;
Drown sneers with smiles, kill hatred with a kiss,
And to the sandy waste bequeathe the fame
That the flowers bloomed behind us whence we came.

—John Stuart Blackie.



Helpful Thoughts



Believe in Yourself

INSTEAD of saying: "I can't do it," when the matter is presented to your mind, as the best thing to be done, say, with a will, "I can and I will." Then go to work and do it, and you will find that it will be easily done.

REVENGE is the abject pleasure of an abject mind—*Juvenal*.

IF you describe things as in your opinion they ought to be, you will probably, nay, almost certainly, fail to lay due emphasis on every aspect of things as they are.

Oh, Son of Spirit!

I HAVE created thee rich; how is it that thou art poor? And made thee mighty; how is it that thou art cast down? And from the essence of knowledge I manifested thee; how is it that thou seekest someone beside Me? And from the day of Love I kneaded thee; how is it that thou occupiest thyself with someone else? Turn thy sight to thyself, that thou mayest find me standing in thee, Powerful, Mighty and Supreme—*Beha-ue-llab*.

ASK God for temperance; that's the appliance only which your disease requires.—*Shakespeare*.

No ideal could ever materialize if it were not for the faith of those who build it up in thought and act, from hour to hour.—*L. A. M.*

It is not by what you try to get out of the world that your life will be enriched; it is by what you give to the world.—*Washington Gladden*.

God is perfect order—God is all law. "So soon as we recognize the divinity of law and the love that is enshrined in it we feel the omnipresent might of this divinity, the omnipotence of the love. The restlessness and passion of our hearts are stilled. Trust in God takes on the peace and calmness of the heavens."

THE desire of knowledge is not more natural than is the desire of communicating our knowledge. Even power would be less valued were there no opportunity of showing it to others; it derives half its value from that circumstance. And as to the desire of esteem, it can have no possible gratification but in society. These parts of our constitution, therefore, are evidently intended for social life; and it is not more evident that birds were made for flying, and fishes for swimming, than that man, endowed with a natural desire for power, of esteem, and of knowledge, is made, not for the savage and solitary state, but for living in society.

WHAT shall we do, when our favors are requited with ingratitude? Repeat them, though they should seem so be repeated in vain. Let us persevere in our kindness, even when it may appear to be thrown away. There is no reason why a crowd of ungrateful receivers should make us unwilling to deserve their gratitude. Let us persevere in showing kindness, even after we despair of meeting with a grateful return. Cease not from well-doing, but pursue the undeviating course of the just.—*Seneca*.

PASSIONS are the gales of life; it should be our care to see that they rise not into a tempest.

To become more mindful of our fellow-mortals when we are about to take an advantage, regardless of what is due to them, say aloud: "Whatsoever ye would that men should do unto you, do ye even so unto them." It is a good thing to reflect daily.

THOSE who mystify are usually mystified themselves. They are cases of the blind leading the blind.

YEARS rush by us like the wind. We see not whence the eddy comes, nor whitherward it is tending; and we seem ourselves to witness their flight without a sense that we are changed; and yet Time is beguiling man of his strength, as the winds rob the woods of their foliage. He is a wise man who, like the millwright, employs every gust.

Thou Strivest Well

God called a little soul to Him
Forth from his quiring seraphim.
A little spirit, spotless white,
Out of His multitude of light.

"Wilt leave the glories of My throne,
And venture thee in ways unknown,
To acquaint thyself, from youth to age,
With yonder human heritage?"

"Weaponed for warfare shalt thou go,
In armor such as mortals know,
To wrestle thro' the unresting years
With sins and sorrows, foes and fears."

"Oh, gallant quest! Oh, high emprise,
To fight beneath my Father's eyes!
Thou, Lord, my perils proudly past,
Shalt crown me victor at the last!"

A weary soul, one midnight late,
Knocked humbly at the Heaven gate,
With dented helm and broken sword
And downcast head before the Lord

"Thro' mist and storm Thy will I sought;
Witness my wounds that I have fought;
The unequal strife was fierce and long
Alas! I bring no triumph song!"

"Nor wiles I had nor countermines
Against the cunning Foe's designs:
I can no more—my strength is spent—
Bid me, disgraced, to banishment!"

Then did the Lord upon His breast
Fold that poor, bleeding soul to rest;
"Thou strivest well, My child," said He,
"I spake not aught of victory!"

MANY a man's success is due to the fact that he never attempts to do anything beyond his ability.

It is a deal better to have a warm heart and plenty of goodness in one's nature than it is to know all about the whyness of the wherefore, or the whichness of the what as they relate to the whenceness of the whither.—*Light of Truth*.

VIRTUE'S guard is labor; ease, her sleep.—*Tasso*.

READ not books alone, but men; and among them, chiefly thyself; if thou findest anything questionable there, use the commentary of a severe friend rather than the gloss of a sweet-lipped flatterer. There is more profit in a distasteful truth than a deceitful sweetness.—*Quarles*.

NATURE imitates herself. A grain thrown into good ground brings forth fruit; a principle thrown into a good mind brings forth fruit. Everything is created and conducted by the same Master; the root, the branch, the fruits—the principle, the consequences.—*Pascal*.

THE old idea that meekness is weakness is no longer held. The Christ strength came mostly from His meekness. See how strong and triumphant the Christians of the whole world are now, eighteen hundred years after He passed into the God-spirit.

Through the meekness of Christ we see the civilization of the world. Its results speak for meekness.

THERE is no happiness in life keener than that which comes from having a noble son or a dutiful daughter.

THE thirst for beauty can only be satisfied when we cultivate beautiful thoughts.

WIR is brushwood; Judgment is timber. The first makes the brightest flame; but the other gives the most lasting heat.—*Hunter*.

IF a man would look back on his past life and consider what has brought him into the greatest troubles and the deepest distresses, and what has drawn his mind furthest from that which is right, he will generally be able to see that it was bad company, or the company of those who had no religious principles.

SOME people are too small-minded to grasp two ideas at a time. Therefore have charity.

Andrew Carnegie on Success

"WHEN we ventured some remarks in these columns the other day," writes Arthur Brisbane, in the *Journal*, "about the general insufficiency of wealth as an object of life, we referred to Mr. Carnegie's admirable benevolence as an instance of the possible utility of wealth."

"We had no idea then that Mr. Carnegie would so soon furnish an additional illustration in the same line of argument. In a recent issue of the *Journal* he said:

"Money does not make a man happy. I would give up all the wealth I have if I were denied the pleasure that comes from the study of literature and art. If Shakespeare and Wagner, the mountain peaks of literature and music, were taken out of my life, life would be poor indeed. Millionaires who live mostly for making money have a sorry time of it."

"No doubt of it. This is the testimony of all men that have accumulated wealth and have not lost in the process the invaluable sense that enjoys and appreciates what is really worth while in life. Mr. Carnegie is a very rich man. His income is greater than he can spend, even with all his great benevolences. He began poor. He made his way to wealth by prodigious and ceaseless labor. He is a conspicuous example of the kind of success that is so often held up to young men as admirable. And yet having closed his business career and ended his labors, he says with perfect frankness that he has found the whole of his possessions worthless compared with his satisfaction in the work of two artists."

"If Shakespeare and Wagner were taken out of this millionaire's life, his life would be poor indeed. He had rather part with all he has than part with them. Mr. Carnegie has put in a very much better way the exact idea we were trying to express when we admonished the gentlemen that are lecturing youth on the best ways to success. Mr. Carnegie's life is being crowned with success because he is devoting the money he has made to definite good. He has determined to make it all of use while he lives, so that he shall not die under the reproach of a vast accumulation of useless power. But if he were not engaged in these splendid enterprises, it is his own emphatic testimony that his life would be a barren failure and he would look back upon it without the least satisfaction. We think the lecturers to young men will do well to dwell on this testimony."

"Two artists, in Mr. Carnegie's opinion, are worth more than all the millions in the world. Someone is very likely to retort to this that all men cannot become Shakespeares and Wagners, or great or even tolerable artists, and if they could there would be no money-makers to support them. True. And, on the other hand, all men cannot become Carnegies. Mr. Carnegie's fortune was at least as much the result of circumstances and opportunity as of his own efforts. He is, after all, like the rest of mankind, bandied about by conditions and events. The point that we try to make is that the estimable persons that give advice to young men about success usually assume that Mr. Carnegie's kind of success (considered aside from his benevolence) is the only kind worth driving at. Whereas he himself declares that it amounts to nothing and he would give it all for the works of two artists. One of these two, by the way, is a conspicuous illustration of a walk in life entirely different from anything we have yet heard praised for young men."

"He was, in the estimation of the world, a total failure the greater part of his life. No one would listen to him. The public did not understand him. The critics laughed at him. A great many persons made jests about him or thought him crazy. He wrote works that could not be produced, and worked in obscurity and neglect year after year. The best part of his life was gone before it began to dawn upon the world that there was anything in him. Just before he died men recognized his unequalled genius. Now all the world does reverence to his memory."

"When all the rich men of this generation are forgotten and when even the last of Mr. Carnegie's libraries have disappeared, men will remember Richard Wagner."

"It is entirely probable that his works will in every year bless and benefit more people than all the money Mr. Carnegie can give away. The trouble with most of the admonitions given to youth about success is that they recognize only one kind of success, and that, according to Mr. Carnegie, the very poorest of all kinds. Real success is in being useful. The selfish man is never particularly useful, and, except in rare instances, like Mr. Carnegie, a man cannot devote all his energies and interest to accumulating dollars without the risk of developing selfishness."

Strength in Right Living

Co accumulate vitality our food must contain all the chemical elements which we need. Nitrates for muscle building; carbons for heat and energy production; fats and phosphates and other mineral salts for the sustenance of brain and nerve force. None must be permanently omitted. If we exclude organic phosphorus from the food of a man of mighty intellect he will be reduced to a stage bordering on idiocy. We obtain this phosphorus in cheese, milk, whole-wheat bread, oatmeal, peas, beans, apples and bananas.

Other elements are also necessary, and our diet must contain the whole of the fourteen from which the body is constructed. This fact suggests making our diet as varied as possible. Nature assimilates the necessary elements if opportunity is given her.

To store vitality we must live by method, and take some trouble. Nature's greatest gift is not to be obtained haphazard and without thought and effort. We must eat wisely, and breathe wisely, and live wisely.

The habit of deep breathing, like the habit of living much in the open air, yields important results. The atmosphere consists of oxygen and nitrogen—the very elements of which our bodies are chiefly constructed. Life and vigor can be inhaled, but few persons have learned the art.

The habit of cheerfulness tends to promote the assimilation of food which vitalizes—and thus it favors longevity.

Exercise is needful to make the life current pulsate through our veins and tissues. Without it our organs do not get properly nourished and rebuilt; stiffness and atrophy set in. Every organ must be used to secure complete development and health.

Food which is likely to contain disease germs and decomposing bioplasts must be eschewed, and worry and care must be banished as far as possible from our lives.

Vitiated atmosphere must be avoided—as well as all unwise and excessive expenditure of nerve force; these things deplete the storage battery of human electricity and lessen its voltage.

The Coming Race will master the secret of this accumulation of life force, for it is one of those higher things to which mankind is slowly rising upon the stepping stones of past mistakes and painful experience. Let us keep abreast of the times and win our way to Life more abundant.—*Sidney H. Beard, in the Reasoner.*

Max Muller and Religion

THE SCIENTIST DISCUSSED BY RABBI HARRIS BEFORE THE PEOPLE'S INSTITUTE

THE Rev. Maurice H. Harris, of Temple Israel, New York City, discussed Max Muller recently before the People's Institute, at Cooper Union. Language and religion were to Muller the two great words, the speaker said. He and others associated with him gave to the world the science of languages peculiarly, as the Hebrews who found peoples worshipping the various elemental forces gave unity of religion.

"Muller," continued the Rev. Mr. Harris, "taught that, having once been fair to all religions, we should see the superiority of our own. God has never deserted any part of the world. Some of the rites of the old peoples may seem foolish and childish, but in the sight of God all is childish. We should learn the lesson taught us to find the best in the lowest. What we want is less creed and more work, less ceremony and more honesty, less doctrine and more love.

"Muller built a bridge from the east to the west, reviving the hopes and aspirations dead for more than five thousand years. Scholars like him do more than any other agency to bring us together, to bring about the time when all is unity, to make the brotherhood of man, which is the ideal of every religion, no longer a dream but a golden realization."

The Spiritual

THERE is no room in the garden of the soul for the flowers of truth and falsehood to grow side by side. The latter will interfere with the growth of the former unless it is removed, while truth can only flourish when the soil in which it is planted is not depleted by the drafts made upon it by noisome weeds of falsehood. We hold that the world needs a religion that spiritualizes, purifies, uplifts and ennobles its followers. The choice between right and wrong must be made by ourselves, and we hold that all lovers of truth should welcome any and all revelations that will warn them of danger or make them conscious of the absolute reliability of the positions they have taken.

What Is in Your Name

Do not treat this question as of little or no importance. A name may hold the secrets of the past and the key that would unlock the door of the future. If we are to be guided by the Scriptures we must concede the truth of a name bringing to its possessor a blessing or the reverse.

We read in Exodus, chapter 6, verse 3, that God appeared unto Abraham, Isaac and Jacob under the name of God Almighty, but to Moses He manifested the name of Jehovah; we also read that after the birth of Isaac his father Abraham and his mother Sarai each received an additional letter to their name, that letter being one of great exultation and power, and its numerical value being of the highest, as well as the geometrical construction revealing the spiritual station of both, after having received from God the letter H, its number 8 and its corresponding color.

At each advanced cycle God has manifested Himself to humanity under a new name, each successive revelation being of a higher order than the preceding one, as the human race advances one step nearer to God.

This alone would cause us to know that in our name lies concealed the mysteries of the past, and they may also be alive with prophecy of the future.

Our names come with us at birth, and reflect the attributes and characteristics of which we are the authors.

The power that was vested in a name was well known to the Ancient Mystics, and in this Day of the Sixth Sense revealed in names, this ancient method of establishing one on the line of destiny, through a knowledge of the science of Nameology, is being revived.

Would you know your destiny and seek out the hidden meaning of your name, and know whether it be for good or ill, learn how to live in the highest spiritual attributes of your name, and overcome evil with good.—*Belle Gager, in Waves.*

Herbert Spencer

MR. HERBERT SPENCER, the distinguished philosopher, has reached the age of 81 and has completed his autobiography. It was while in poor health that he began work on his "Synthetic Philosophy" many years ago. In the face of all sorts of discouragement the great task was carried on. Not only was it completed, but the writer has lived to revise the "Biology" and the "First Principles." In the case of each of these books very few changes had to be made. Yet the "Biology" was first published in the sixties, and a great many things in a scientific way have happened since then. Mr. Herbert Spencer is an inspiring figure, says the New York Sun. A disbeliever in societies and organizations, he has worked practically alone by choice. He has carried his belief in the individual to the extent of refusing all honors and distinctions, so that the greatest of living men of science has no letters to tag on to his name. He is like the ambassador at a European congress who looked distinguished because he was the only man in the room who did not wear a decoration.

Astronomy

"Elements of Astronomy," by Simon Newcomb, Ph.D., LL.D. American Book Company, New York and Chicago.

This is a text-book and a popularly written work on astronomy in one. To those laymen who have followed Professor Serviss's articles in the New York Journal on astronomical subjects, Professor Newcomb's volume comes as another course in a science daily becoming better appreciated. As to whether the moon is an enormous sphere peopled by freaks in beetle-like armor, Professor Newcomb fails to state, nor does he give any pictures of the enormous engines and remarkable vegetation recent magazine explorers have discovered there, but for simple explanations of planetary phenomena, and easily understood illustrations of the subject, nothing better can be obtained.

The reading of works on Astronomy and Astrology is very helpful and inspiring to anyone. Will some reader of this Magazine suggest a list of books in this line—books on these subjects that the masses can comprehend?

ONE lives long in a single day
Who walks that day in wisdom's way.

BLESSINGS may appear under the shape of pains, losses and disappointments, but let him have patience, and he will see them in their proper figure.—*Addison.*

Personal Magnetism: What Is It?

By Charles Stanley Allen, in Practical Psychology

AMONG the many phases of psychological phenomena, that which for want of a better name has been termed "personal magnetism" has long possessed an especial interest for the writer. It is apparent to every discerning person that some individuals possess in a marked degree the power of attracting, making and retaining friends. They seem to make no conscious effort to do this. Their influence is not dependent upon beauty of face or charm of figure, for many who, from a purely æsthetic point of view would be considered unattractive, possess and exercise this gift. It is claimed by some teachers of mental science that personal magnetism can be acquired by a series of more or less elaborate drills or exercises. This may be true to a certain extent, but the writer is inclined to believe that the true source of the power lies deeper, and cannot be reached by superficial methods alone.

Call to mind, if you please, some person of your acquaintance who possesses these magnetic qualities. Can you locate the source of the mysterious influence? No; no more than you can find the hiding place of the perfume of the rose. The magnetic personality is surrounded by an atmosphere that attracts, just as the rose is encompassed by a fragrance that emanates, not from one, but from all its petals. It is the mission of the rose to be sweet; that is what it opens its crimson heart to the sunlight for. When the life of a magnetic person is studied closely, its power to attract, hold and uplift will be found to consist in a clearly defined purpose to live a pure and unselfish life.

It is true that there are individuals whose deeds are evil, and who influence people for their own selfish ends; but it is not difficult to discern the difference in the quality of the atmosphere created by such, any more than it is to determine the difference in the odor of the rose and the onion, for example, although the onion is not in *bad* odor with everybody, as the writer is well aware.

In brief, then, the writer holds that the atmosphere or aura that surrounds a person depends for its quality or power upon the life of the individual, and is created by it. Personal magnetism is the unconscious influence of that aura upon the lives of others, and does not depend upon any one trait or characteristic for its power, but rather upon the silent and irresistible influence of an atmosphere created by unselfish living and the knowledge that the true aim in life is service.

The writer has for many years been a student along these lines. His interest was first aroused through the influence of a very dear friend, whose career is a striking example of the magnetic quality of a sweet and pure life. During the past winter it has been my privilege and pleasure to become acquainted with the publisher of this Magazine, and with him to pursue with much satisfaction a more extended study of the varied phases of mental science. It is a helpful and pleasing study, and opens up almost infinite possibilities. It is significant that there seems to be an undercurrent of sincere investigation in this direction among the masses, and the writer is pleased to note that so many are abreast of the times, and are prepared to assist in very practical ways the earnest seeker after truth.

To You

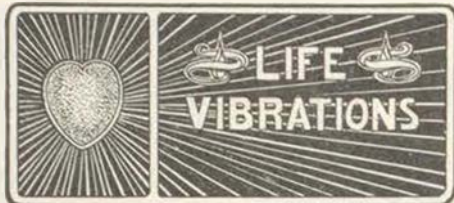
THE world may read these lines, dear,
And the world will find them true;
But the words of truth I have written here
Came straight from my heart to you.

FOR I wanted to share with you, friend,
The knowledge that came to me,
That each of us, in his upward trend,
Is like a ship at sea.

LOVE is the glowing, quenchless fires
By coals of pure thoughts fed;
WILL is the steam that still aspires
To reach some goal ahead.

DETERMINATION, the engines strong
That Faith well oiled should keep;
AND COURAGE, the lookout, though tried long,
Must not one moment sleep.

CHERISH your best hopes as a faith, and abide by them in actions. Such shall be the effectual, fervent means to their fulfilment.—*Margaret Fuller.*



Thy Will Be Done

We see not, know not; all our way
Is night—with Thee alone is day.
From out the torrent's troubled drift,
Above the storm our prayers we lift,
Thy will be done!

We take with solemn thankfulness
Our burden up, nor ask it less,
And count it joy that even we
May suffer, serve or wait for Thee,
Whose will be done!

Though dim as yet in tint and line,
We trace Thy picture's wise design,
And thank Thee that our age supplies
Its dark relief of sacrifice.
Thy will be done!

If, for the age to come, this hour
Of trial hath vicarious power,
And, blest by Thee, our present pair
Be Liberty's eternal gain,
Thy will be done!

Strike, thou the Master, we Thy keys,
The anthem of the destinies!
The minor of Thy loftier strain,
Our hearts shall breathe the old refrain,
Thy will be done!
—J. G. Whittier.

Peace, Peace, Be Still

"Master, the tempest is raging!
The billows are tossing high!
The sky is overshadowed with blackness,
No shelter or help is nigh."

CHRIST had fallen asleep in the little ship on the turbulent, treacherous waters of Galilee. The apostles and sailors had despaired of reaching shore, and, as a last resort, they spoke to Him, and asked Him if He could save their lives. He arose, and calmed the sea by a most majestic and sublime command, "Peace, be still." Christ did not lose His loving attitude, not even toward the angry waters, for His command was a message of love to the waves—"Peace, be still!" and the danger was past.—*Dr. Edwards.*

A TRUSTING little leaf of green,
A bold, audacious frost,
A rendezvous, a kiss or two,
And youth forever lost.
Ah, me,
The bitter, bitter cost!

A flaunting patch of vivid red
That quivers in the sun,
A windy gust, a grave of dust—
The little race is run.
Ah, me,
Were that the only one!

"We do pray for mercy and that same prayer teaches us to render the deeds of mercy."

Forgive us OUR sins just the same way that WE FORGIVE those who sin against us.

Bestow thy blessings upon us AS WE bestow blessings upon our neighbors; love us and judge us as we love them, for we realize as we measure so will it be measured unto us. AMEN.

CONDEMNATION of that which is not understood comes from ignorance. Those who know the least usually condemn the most.

The more intelligent one becomes the less one criticises the faults of his neighbors.

LIFE is the aim of life;
We may not hoard our days,
To spend them at the last
In some long-dreamed-of joy;
But having will to live
In fulness, giving much,
And asking all that fits
Our friends should give to us,
We may drink deep of joy,
And love and happiness,
Not the bright gods have more
Than life enriched by life.

The inner side of every cloud
Is bright and shining,
And so I turn my clouds about
And always wear them inside out,
To see the lining.
—James Whitcomb Riley.

Golden Words

THE Sabbath dawn steals over a slumbering world. Sleep, God's angel, who binds all wounds, who lulls the moan of the oncoming storm, who covers the Mountain of Despair with her soft garments—Sleep, Sleep has lifted her white wings and passed beyond the Gates of Morning. Every awakening soul vibrates with joy and life renewed. Softly on the waiting air breaks the chimes of distant bells. Some low, sweet cadence smites upon the harp of human life and it gives forth a responsive poem.—S. A. W.

OUR conscious mental operations of perception and reason belong to the objective mind, while the operations of the subjective mind are largely below the threshold of consciousness, and to a certain extent transcend the limitations imposed upon our objective minds by the bodily organization.

BEHOLD there came wise men from the East to Jerusalem, saying: "Where is he that is born King of the Jews, for we have seen his star in the east and are come to worship him?"

Ah, Life, I am one with thee!
Thy touch, once thrilling my heart,
Hath bestowed all thy glories upon me,
And never again shall we part!
—The Higher Law.

IN that great day no honor done to Christ on earth shall be found to have been forgotten. Not a single kind word or deed, not a cup of cold water, or a box of ointment shall be omitted from the record. The eye of Him who sat in Simon's house in Bethany is upon us. He notes all we do and is well pleased. Let us be "steadfast, unmovable, always abounding in the work of the Lord, forasmuch as we know our labor is not in vain in the Lord."—*Bishop Ryle.*

The Search Is Great

MORNING, noon and night
Let your prayer ever be—earnestly,
As ye stand upright,
Breathing deep the air of life,
This Prayer:

"Ye Power that rules this limitless universe,
Concentrate the Spirit of the worlds on me
this day,

And grant me that for which I seek and pray:
Give me Wisdom—Strength—and Courage;
And make me Healthy—Wealthy—and Wise;
Wealthy in Knowledge—Insight—and Mind
Power,

So that I may See—Know—and Understand
All things that Are and Are to be;
The Causes of Things and Thy Great Way."

Thus, Search, and ye shall find:
Success is sure:
The Search is Great.
—B. C. W. E.

Righteousness' Sake

THE good done for righteousness' sake, not through hope of reward nor through superstitious fear, or not with the selfish gratification that generally accompanies the bestowal of our benefactions, but the good through pure love of good and love of fellow-man. The spirit within us that seeth all things in secret and judges us according to light within; if it be not now and here that this infinite spirit within us is awakened, the time will come when the deeds done in the body will be brought before us to be weighed in the balance, and the delusions which we are now hugging to our breasts, the subterfuge that we make use of to quiet the still small voice within—that we are doing the best we can—will not avail.

In Harmony

INTROSPECTION gives us the keynote to the sympathetic chord which is in harmony with Universal Spirit—the essence of Life. It makes us realize our oneness with creative thought and teaches us that the good thoughts toward others and the good deeds done in the body without any desire for reward other than a consciousness of having left nothing undone is the only way toward cultivating the three divine principles which constitute the Absolute, THE ALL: LOVE—WISDOM—POWER.

CHIME on, ye bells of Heaven,
Swing, stars, within your spheres;
Ye voice the mighty symphony
Of Truth's eternal years.

High Ideals

THE social and moral conditions of man are only improved by getting him to hold in his mind high ideals.

"The power of any ideal in filling human hearts with inspiration, and the love of the good and beautiful, are dependent on how high and pure it is."

KEEP the mind full of happy, cheerful thoughts and you will then draw to yourself forces and powers that you little dream of. These forces will constantly give you new ideas, plans, suggestions as to the conduct of life and its affairs, which will bring you peace, contentment and prosperity.

ASPIRE to be forceful. Don't confound being forceful with pernicious activity. Hustling and Bustling are not always expressions of force; they often represent pernicious activity, which is an evidence of weakness. The greatest force—the greatest power—comes through quiet, reposeful thought and aspiration. The Christ was gentle and reposeful. He was the best representation of real force that we have yet had.

PURE thinking will bring us to our natural condition—perfect bliss, joy, peace, contentment, happiness.

THE operations of thought make us what we are, and, therefore, how careful we must be with our thoughts—to keep them absolutely pure and clean all the time.

WHEN we once learn to think purely we never weary of our own company; bad or impure thoughts disgust us with our own selves. The pure thinker is never lonely; he is full of resources to keep away the sense of loneliness.

The Voice of Prayer

I HEAR it in the summer wind,
I feel it in the lightning's gleam;
A tongue in every leaf I find,
A voice in every running stream.
It speaks in the enameled flower,
With grateful incense borne on high;
It echoes in the dripping shower,
And breathes in midnight's breathless sky.
Through all her scenes of foul and fair,
Nature presents a fervent prayer;
In all her myriad shapes of love,
Nature transmits a prayer above.

The Mystics' Idea of Progress

THE Mystic, through love for God and the whole universe, sees only perfect order and progress at every hand.

He knows that the Soul is eternal, and, therefore, he looks at everything with the spiritual eye; he is a real seer.

He loves God and is fearless.
He knows that fear of God is weakening and retards the soul's progress.

Human fear, doubt, ignorance and superstition, appetite, passion, greed, cupidity and selfishness are always strong with those who fear God.

God does not punish; God is love; He cannot be wrathful or revengeful. Every soul is eternal, ever going onward, forward and upward to God; some souls appear farther ahead on the Path than others, but that is only an appearance. Some time in the great eternity the lowest type of man who is now on the earth-plane will reach perfection; all souls are evolving; all are progressing; there is no such thing as degeneration or retrogression; these are only appearances because we take time into consideration. The Mystic never takes time into calculation; indeed, with him there is only eternal progression—neither beginning nor end.

The Heart of Love

THE new and wondrous light
Within the soul!
The light that never was
On land or sea!
This to behold, perceive,
Oh, sacred mystery.
Who can depict
The grandeur when
The Sun of inspiration
Floods the Soul!
What greater glory
For the heart to know,
When every centre
Is with life aglow;
'Tis but the dawn
Of wider consciousness
In spheres above,
Where throbs eternally
The Heart of Love.
—Marie A. Watson.

A Spiritualist's View of Immortality



WE may almost see the land of futurity, the home of immortality, the land of invisibility. Beyond this finite existence is another plane of life, fairer, more beautiful, with larger possibilities for progression, with more opportunities for development and capabilities of perfection. This plane of invisibility is peopled with invisible inhabitants—that is, spirits who are, as a rule, invisible to our mortal vision, yet these inhabitants manifest themselves under certain conditions, through certain laws by whose operation we are brought in contact with this world of invisibility, the land of immortality, the world of spirit. The knowledge of these laws constitutes spiritual knowledge and is called the philosophy of Spiritualism, says W. J. Cowen, in the *Philosophical Journal*.

The study of the laws of spirit communion reveals to us a broad plane of thought over which the mind travels through endless ages of time, coming in contact with newer thoughts at every stage of its progress through endless futurity, for the human entity is not destined to perish upon the threshold of immortality, but shall pass beyond this finite plane of progression to higher planes of existence, where each division of time sees the advancement of the spirit in knowledge of all that pertains to a perfected state of existence.

We are taught, and truthfully, that mortal man must lay aside the flesh, must doff the vestment of mortality and don the garment of immortality, but this truth is not at all times clearly understood, nor its significance realized. We are apt, in too close pursuit of mortal desires, to forget that we must some day lay aside all our possessions of a material nature and enter a condition of existence where only spiritual possessions are considered of value, and where material things have no existence save as they serve to advance the progress of the spirit.

Does spirit exist? The sceptic inquires of the Spiritualists and they refer the investigator to the phenomena of Spiritualism for the evidence which demonstrates immortality. We see, therefore, the importance of phenomena in promulgating the philosophy of Spiritualism, for if the immortality of the soul is a thought only and not a fact,

Spiritualism must depend upon theories alone for the basis of its spiritual philosophy. We direct your attention to the phenomena of Spiritualism first, and second, to the philosophy which serves as an exposition of the fact of the spirit's immortality. First came the phenomena through the agency of the Fox family and the medium, Home; later the philosophy through inspired speakers and writers, A. J. Davis, Litchfield, Lyman C. Howe and others. The investigator first comes in contact with the phenomena; second, with the philosophy. This is true spiritual progression.

We therefore should seek to come in contact with the phenomena of spirit return. These are many and varied, and we will not attempt to classify them, as all who are familiar with the facts of spirit communion have witnessed some phenomena of Spiritualism, such as spirit rappings, table tipping, independent slate-writing, clairvoyance, trance and the different manifestations of inspirational thought. Such phenomena are familiar to all who have formed circles for development, and may be witnessed by any who will form circles for the manifestations of spirit return. To those who are not enabled to visit mediums at a distance we favor the formation of private circles through whose means the spirits can and will manifest themselves to the investigator.

If we become convinced of the truth of spirit return and of the existence of the spirit, we naturally seek to learn of the spirits some knowledge of their life. What are the spirits doing? What is the object of this prolongation of existence? Can we, upon the earth plane, influence our future destiny in any way? Upon the last question we desire to present a few thoughts. What is the destiny of the soul?

As we learn from the communications received through spirit influence, we are impressed with the fact that the spirit is expressive of its own individuality. Thus we encounter spirits of a larger degree of intellectuality, as well as those who are very ignorant. Some spirits describe their present surroundings as a place of harmony, a place of congenial companionship, as an ideal home where all the aspirations of the mortal mind are realized. Upon the other hand, we come in contact with evil spirits, spirits who influence mediums to gratify their physical desires. Thus spirits represent their individuality and demonstrate to us that as the

mortal is, so shall the spirit be. We do not change our habits upon entering the spirit embodiment, but carry our individuality with us, so that our present life is a type of the future existence and character of the spirit.

Thus we realize the necessity of shaping and moulding our character while still in the mortal form so that we may be drawn to the higher rather than to the lower planes of spirit existence. Although every spirit shall ultimately rise to the highest plane of soul life, it is better to begin to ascend from the earth plane than to wait until we pass into spirit-life and there seek progression.

As many descriptions of the spirit world are very imaginative and deceptive in character, one of the objects of spirit communion is the correction of the many errors contained in religious or inspired books regarding heaven or the end of the spirit. The division of the spirit world into two distinct localities, one the abode of the pure spirits, the other the abode of the evil or unsaved spirits, is an error, arising from false conceptions of spiritual existence received through mediums at a time when spiritual knowledge was vague and of an uncertain character. The object of Spiritualism is the correction of these false conceptions of spiritual knowledge and to reveal the true condition of the spirit, or soul, representing those upon the immortal plane of existence. The basis of Spiritualism is the knowledge received through communications from the ex-carnated beings of the immortal world which reveals the true condition of the soul or spirit of man after it leaves the body at the change called death.

Spiritualism, the philosophy of immortality, is the only true knowledge of the spiritual realms of existence. From ex-carnated beings comes the knowledge of futurity, from spirits has come knowledge of the past. Ignorance has given these invisible beings the character of super-mundane, whereas the spirits are real persons whose conceptions are upon the same plane as the denizens of earth. There has never been a visitation from angelic beings, but we have both in the past received and are now receiving visits from our friends upon the shores of immortality. Our spirit friends visit us, not only to greet us and to tell us of their continued existence, but to teach us the lessons conveyed in the spiritual problems of existence.

Temperaments

By Susan Coolidge, in the *Independent*

JACOB BOEHME, Sage and Mystic, wert thou right or wert thou wrong. In believing and upholding that all human souls belong To some elemental structure, be they weak or be they strong?

That each separate spirit made is of one element, and shows By its power or by its weakness, its unrest or its repose, Whether earth, air, fire or water is the Source from which it flows.

'Tis a difficult conclusion; but, as in the jewel's blue, Red and rose and green and amber flash and leap and sparkle through, Through your speculative fancy seems to scintillate the true.

For the variance of the creature whom we call our fellow-man, Framed alike in needs and passions, on the selfsame human plan, Grows more wide, more past-believing, as we study it and scan.

Ah, the temperaments, the fateful, how they front us and surprise, Looking with bewildering distance out of wistful, alien eyes, Never drawing any nearer, either to hate or sympathize.

Eager, dominant, all un-resting are the spirits born of Fire, Burning with a fitful fever, ever reaching high and higher, Shriveling weaker wills before them in the heat of their desire.

Cool, elusive, fluctuating, hard to fix and strangely fair Are the difficult, grievous, grieving souls which born of Water are, Ours to-day, not ours to-morrow; never ours to hold and wear.

Vainly love and passion battle 'gainst their unresisting chill, Like the oar-stroke in the water which the drops make haste to fill, The impression melts and wavers, the cool surface fronts us still.

But the souls of Air! ah, sweetest, rarest of the human kind, They the poets are, the singers, making music for the mind, Lifting up the weight of living like a fresh and rushing wind.

And the souls of Earth, dear, steadfast, firm of root and sure of stay, Not disdaining commonplaces, not afraid of every day, Taking from the air and water and the sunshine what they may.

Theirs the dower of happy giving, theirs the heritage of Fate Which, when faith has grown to fulness, and the little is made great, Brings to love its true rewarding, harvested or soon or late.

Jacob Boehme, bygone mystic, gifted with a strange insight, As I read your yellowed pages which in former times were white, And review my men and women, half I deem that you were right.

A Powerful Factor for Good or Evil

If we think poverty, poverty will be our lot. It is a disease of the brain. Partial paralysis is superinduced in many instances by too much work. Too much work is degrading. The labor-worn mind is unable to develop, because of its weariness. It thus becomes dulled from lack of use just as any other member of the body becomes weak for lack of use, and thus it is degraded to the animal plane, working for a mere existence, something to eat and a place to sleep, just like a horse—a brother to the ox. No man or woman should work at any kind of labor, physical or mental, more than eight hours a day. To work longer hours exhausts the re-creative forces, and in the performance of excessive labor one ultimately loses all power to lift one's self from the depth of this animal existence to which one is degraded. Matter is matter, whether it exists in a table a buggy, a horse, or a man. Matter will lie inert until mind—thought, creative force—wakes it into action. Mind is only gray matter until Thought creates in it the power of action. It is that creative power which in the beginning will cause one to work beyond one's strength, to do two and three days' work in one, as is done by many, day after day. But stimulated energy acts and reacts to the detriment of the subject, because it is loaded with fear and oppression, and the nerve centres wherein is generated this creative power become strained and overtaxed, and decay and degeneration to the animal plane is the natural sequel. It is here where Mental Science comes to the rescue; it is the light that shineth in the darkness, and causes the intelligence to realize its position, the duty it owes to itself.

WHOEVER takes the premise logically that all is Spirit must admit that spirit can be expressed both carnate and decarnate.

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