

BROTHERHOOD TRUTH SHEET

Vol. 88 Sunday, April 23, 1962 No. 8

SPIRITUAL AND HEALING MESSAGES OF LOVE

We gladly prepare and publish this weekly message of Truth for your Spiritual Edification. We do this without charge to you, all we ask, to insure its continued growth, is a "Love Offering" - to cover cost of handling.



BROTHERHOOD OF THE WHITE TEMPLE, INC.

VITAMINS AND ELEMENTS

DR. M. DOREAL

We wish to call the attention of our students and friends to the very informative book by Dr. Doreal titled "THE VITAMINS AND THE ELEMENTS."

The knowledge of foods and their value can be of inestimable value to the Seeker of Light, for often the Student's development is impaired through improper feeding. Unless the proper food values are given in their proper combinations, the vitality and harmony of the body may be deficient to meet the demands of the consciousness for the attainment of balanced, spiritual unfoldment.

It gives the twenty-two chemical substances in man and the foods which contain them.

The corresponding physical conditions which appear when the body has a deficiency or an excess of the twelve master chemicals, are given with a list of foods which should be eaten in each instance.

Price.....50¢

THE HOLY SHADOW

AN EASTERN LEGEND

Long ago, there lived a saint, so good that the astonished angels came down from the Heaven to see how a mortal could be so godly. He simply went about his daily life, diffusing virtue, as the star diffuses light, and the flower perfume, without even being aware of it. Two words summed up his day: "He gave, He forgave." Yet these words never fell from his lips. They were expressed in his ready smile, his kindness, forbearance and charity.

The angels said to God, "O Lord, grant him the gift of miracles."

God replied, "I consent, ask what he wishes."

So they said to the saint, "Do you wish that the touch of your hands should heal the sick?"

"No," answered the saint, "I would rather God should do that."

"Should you like to convert guilty souls, and bring back wandering hearts to the right path?"

"No, that is the mission of angels. I pray, I do not convert."

"Should you like to become a model of patience, attracting men by the lustre of your virtues, and thus glorify God?"

"No," replied the saint, "If men should be attracted to me, they would become estranged from God. The Lord has other means of glorify Himself."

"What do you desire, then?" cried the angels.

"What can I wish for?" asked the saint, smiling, "that God give me His grace; with that, should I not have everything?"

But the angels answered, "You must ask for a miracle, or one will be forced upon you."

"Very well," said the saint, "I ask that I may do a great deal of good, without ever knowing it."

The angels were greatly perplexed. They took counsel together and resolved upon the following plan; every time the saint's shadow should fall behind him, or at either side, so that he could not see it, it should have the power to cure disease, soothe pain and comfort sorrow.

And so it came to pass; when the saint walked along, his Shadow, thrown on the ground, on either side or behind him, made arid paths green caused withered plants to bloom; gave clear water to dried up brooks; fresh color to pale

little children; and joy to unhappy mothers. But the saint went about his simple daily life, diffusing virtue as the star diffuses light and the flower perfume, without even being aware of it. And the people respecting his humility, followed him silently, never speaking to him about his miracles. Little by little they came even to forget his name, and called him only "The Holy Shadow."

FROM THE WISDOM OF SOLOMON

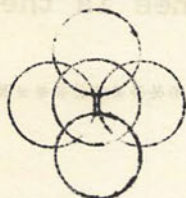
Think of the Lord with a good heart and seek Him in simplicity. For He will be found of them that tempt Him not and showeth Himself unto such as do not distrust Him; froward thoughts separate from God; and His power, when it is tried, reproacheth the unwise. Into a malicious soul wisdom shall not enter, nor dwell in the body that is subject unto sin. God's power is the beginning of righteousness; and because He is the Lord of all, He is gracious unto all. Thou, O God, mastering Thy power, judgest with equity and orderest all with great favor; for Thou mayest use power when Thou wilt. But by such works hast Thou taught Thy people that the just man should be merciful, and hast made Thy children to be of good hope that Thou for repentance forgivest sins. To know Thee is perfect righteousness; yea, to know Thee is the root of immortality.

THE GOODNESS OF GOD'S WORK

Men frequently think that the evils of the world are more numerous than the good things; many sayings and songs of the nations dwell on this idea. They say that the good is found only exceptionally, whilst evil things are numerous and lasting. The origin of this error is to be found in the circumstances that men judge of the whole universe by examining one single person, believing that the world exists for that one person only. If anything happens to him contrary to his expectation, forthwith they conclude that the whole universe is evil.

All mankind at present in existence form only an infinitesimal portion of the permanent universe. It is of great advantage that man should know his station. Numerous evils to which persons are exposed are due to the defects existing in the persons themselves. We seek relief from our own faults; we ascribe them to God, who is far from connected with them. As Solomon explained it: The foolishness of man perverteth his way, and his heart freteth against the Lord.

When thou hast thanked the Lord for every blessing sent, what time will then remain for murmur and lament?



PROGRAM

APRIL-29 THRU MAY-5

Sunday, April 29, 1962 at 1:30 P.M., Dr. J. Trenton Tully will give a Metaphysical Talk.

Sunday, at 3:30 P.M., Dr. Irvin Buche will have charge of the Temple Services.

Sunday at 3:30 P.M., Dr. William Harth and Dr. Lyle Whitby will have charge of the Junior Temple Services.

Directly after the 3:30 Services, there will be a special meeting for all Retreat Members.

Tuesday, Lecture; Thursday, Neophyte Class; both meetings at 7:30 P.M., Dr. J. Trenton Tully, 1707 Gilpin St., Denver.

Thursday, 2:30 P.M., a Mantram and Meditation Period by Velma Morrow in the Temple.

Thursday, 8:00 P.M., a Meditation Period conducted by Dr. Marguerite Pratt in her home.

Thursday, 8:00 P.M., Dr. Robert Morrow will give a lecture in Boulder, Colorado.

Friday, 8:00 P.M., Dr. William Harth, Metaphysical Lecture, 1434 No. Nevada, Colorado Springs, Colorado.

Saturday, 7:00 P.M., Dr. Chester Redd, Discussion Group, in his home.

Rienzi Edward Walrath: Group Meetings on Wednesday; Call RA 2-5690 for time and place, Englewood, Colorado.

ACTIVITIES AT TEMPLE HEADQUARTERS

Easter Sunday was a beautiful day in Shamballa, despite the cool temperature and dampness of the early morning. But in spite of the early morning weather, there was a nice attendance at the Sunrise Services out on the mountain top. This Service was conducted by Dr. Robert Morrow and his subject was "The Resurrection." The Services began with the rising of the sun, which was visible and very beautiful. The sun shown for ten or twelve minutes before becoming obscured by the clouds. At the conclusion of the Service, the entire congregation were invited to the home of Clovis Boyersmith for hot coffee, doughnuts and Easter eggs.

The Temple podium was a mass of flowers Sunday, with Easter Lillies predominating. Ada Mitchell gave a most beautiful rendition of the "Holy City" on the organ at the beginning of the three-thirty Service. Both the one-thirty and three-thirty Services were very inspirational.

As usual on Holidays, there were many family dinner parties and visiting of friends. Sunday guests at the Whitby House for dinner were Dr. and Mrs. Lyle Whitby and children from Shamballa, Mrs. Ruth Valdeck and children, Gwen and Stephen, and Mrs. Edna Donaldson from Denver.

Dr. and Mrs. John Morrow were dinner

guests of Mr. and Mrs. Howard Morrow and children, Sunday.

At Ruth Loder's home, Sunday, the dinner table was set for seven. The guests were Margaret Roush from Denver, Elva Denton, Alda Gage, Glada Connelly, with granddaughter Debbie (from Littleton) and Elizabeth Beeg.

Some out-of-town guests were the daughter and son-in-law of Clovis Boyersmith, Mr. and Mrs. Calvin Reber from St. Joseph, Michigan, and Mr. and Mrs. Earl Boyersmith, from Stevensville, Michigan, Mr. Boyersmith is the brother of Clovis and Marie Walstrom.

Sunday evening after the Temple Services, Dr. and Mrs. Lyle Whitby and children, visited Mrs. Whitby's parents, Mr. and Mrs. George White and other relatives in Denver and Littleton.

Last Monday, Marjorie Anderson was the guest of Elva Denton. They said they enjoyed a delicious dinner and a lovely visit.

Dr. Marguerite Pratt, Mrs. Sonya Doreal and Mrs. Swanander from Shamballa attended the Douglas County Republican Women's Club last Wednesday at the home of Mrs. Clay Keene. I hear that it was a very interesting meeting.

---Winnie Whitby

GIFTS OF THE DESERT

Of all the species of desert cacti, did
you ever know one of whom
It might be said it never did at some-
time ever bloom?
Tall arm-lifted, sentinel suaguaro, how
many older folks
Have outlived you who live almost as
long as sturdy oaks?
Great gifts of the desert, though your
mirage has tricked against the sky--
Have your vaster stretches ever failed to
yield a far-seeing eye?
How often have, you, surprised prospectors
with a surface well of water!
And each 'Garden of the Gods,' has she not
much inspired those whom have sought her?
Pilgrim of the 'desert,' no claustrophobias
here confines the spirit
Though stars, serene, look down at night
above the land, so near it.
The friendly naturalist, sees more than
solitudes and barrenness,
While artists watch and worship all your
subtle native dress,
Grand Canyon, painted desert, flower car-
pets, colored rocks,
The petrified forest... Sightseers? - but
few are the shepherds and their flocks.
Some overlook your desert dainties - none
your durability -
Yet who have grasped the locked potential
of your rich fertility.

— PAUL JANS

SEPHER YETZIRAH

THE SEPHER YETZIRAH unveils the Kabbalistic Teachings of the Ancients. It is a book on the 'beginnings' of the First Cause of Divine Creation and is usually considered by the Occultists as an introduction to the main Kabbala.

He who understands the Kabbala has the Key to the Source of all religions for it is the 'Ancient Wisdom' from which all Truth Teachings sprang. The SEPHER YETZIRAH explains how the Infinite Essence of Hoa came into being and manifested through the ten Sephirotic Lights of the Divine Tree of Life.

The Holy Elders of the Ancient Wisdom Teachers employed the Hebrew Alphabet of twenty-two letters, numbers of ten and the Sepharim to symbolize the Infinite Foundation of All Things; the Sephiroth and the Three Holy Mothers of Creation.

No words can express the magnificence of this Work, nor can one even adequately approach telling another of the Wisdom which it contains. Dr. Doreal gives the Text of the Sepher Yetzirah, verse by verse, and following each verse he gives explanatory notes of each.

No student of Occultism, Metaphysics etc., can afford to be without this beautifully explained version of the Kabbala. It is illustrated with numerous charts and diagrams which aids greatly in the understanding of the text. Price \$2.00.

RETURN REQUESTED

BROTHERHOOD OF THE WHITE TEMPLE

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