

# BROTHERHOOD TRUTH SHEET

Vol. 79 Sunday, January 31, 1960 No. 7

## SPIRITUAL AND HEALING MESSAGES OF LOVE

We gladly prepare and publish this weekly message of Truth for your spiritual Edification. We do this without charge to you, all we ask, to insure its continued growth, is a "Love offering" to cover cost of handling.



BROTHERHOOD OF THE WHITE TEMPLE, INC.



# ESOTERIC LESSONS

by

SARAH STANLEY GRIMKE

"The object of the following Argument is to establish what is commonly regarded as purely physical health upon a purely psychical basis; to show that Health is knowledge, wisdom, insight; that men suffer from so-called purely corporeal diseases only because they form erroneous judgments; also, to show that the fundamental erroneous judgment is, that there is any such thing in the Universe as Physical Causation, a belief in which leads both directly and indirectly to disease. Often directly in the case of the individual, but more commonly indirectly as a race-belief held throughout the known history of mankind."

"The practical outcome of such a doctrine of Health would be its teachableness. Health would then be something universally human, something everyone could acquire through instruction and practice."

"In attempting to establish this doctrine of Health, our aim has been to show that it is a direct implication and strict logical deduction of Theistic or Spiritual Philosophy."

This book includes "First Lessons in Reality" of which "Esoteric Lessons" is a sequel. Also "Personified Unthinkables" and "A Tour Through the Zodiac."

307 Pages - Price - \$2.60 Postpaid



# A THOUSAND YEARS AS A DAY

BY

DR. M. DOREAL

Who has grasped the meaning of these words? In what church are they rightly interpreted? In many cases they are taken to indicate everlasting life. In all creation there is, however, nothing that is not limited by time and space. The very word 'creation' supports this view, for what is created is a work, and every work has its limits in space, and what has its limits in space, has its limits in time.

There are many different spheres where souls dwell. These spheres vary in density, according as they are nearer or farther from Paradise. Their degree of density corresponds to the degree of maturity of the souls that inhabit them. The further they are from Paradise the heavier and denser they are.

Time and space shrinks and narrows in proportion to the increasing density of matter which again depends on the distance they are situated from the spiritual kingdom. This earth belongs to that section of creation which comes second in order of density. There is one section which is of still greater density in which the conception of time and



space is still more limited. The difference in the conception of time and space depends upon the greater or lesser elasticity of the human brain which regulates man's capacity to grasp abstract problems and ideas. And this again corresponds to the density of its environment. That is to say, to the nature of the substance of that section of the Universe where the human soul happens to be at the time.

Thus we must speak of differences in the conception of time and space in the different parts or spheres of the Universe. There are parts of creation situated much nearer Paradise, that is to say, the Spiritual Kingdom, than that section to which this Earth belongs. Those nearer parts are of another species of matter which are much lighter and less compact, and, therefore, offer greater possibilities and opportunities for consciously realizing phenomena.

In enumerating other kinds of matter, we must mention a finer species of dense, physical matter, a denser species of ethereal matter, and pure ethereal matter. We are now in a world of absolute dense matter.

The more rarefied matter is, the more porous it is, and the more porous it is, the more extensive is the field in which the human soul, living in a body of matter, can consciously realize phenomena, or, we may say, the greater is its capacity and its sensitiveness for receiving impressions. It is quite natu-



ral that in a dense body with its correspondingly dense brain, the human soul is more fettered and closely encased than it would be in a more porous, less dense, specie of matter.

The less dense matter is, the more buoyant it is, it floats along and becomes translucent and consequently more luminous itself. Thus the nearer their lightness lifts human souls to Paradise, the more luminous they become, because the Light from that region can radiate through them. Hence it follows that the further the human soul is able to lift itself out of its physical body into lighter and less dense surroundings, the greater its capacity for realizing phenomena will be, and it will be able to register a greater number of impressions so that in its surroundings, it can realize far more in one day than the denser brain of man can in a whole year on Earth. What a human soul can realize and experience will correspond to the nature and degree of porosity of its surrounding subject. The Spirit will be able to realize as much in one Earth's day as in one Earth's year. And when it is in the Kingdom of the Spirit it will be able to realize as much in one Earth day as in a thousand Earth years. That is why it is said there, a thousand years are as a day.

All depends on the aptitude of realization (the extent and range of experience) which increases in conformity with the degree of maturity attained by



the human soul. Man can best understand this if he thinks of his dreams. When dreaming, his soul expresses joy and sorrow; it laughs, weeps, and ages, realizing events of a whole life-time in the space of a single minute. In ordinary life, when awake, a man would require decades to realize such experiences because mundane time and space are so limited that each single step takes a much longer time. Only in his dreams can man live so rapidly, for in his sleep he has partly freed his brain from its fetters and is transferred to lighter and more luminous regions. When he has become a free spirit later on, he will habitually realize in this rapid manner. Then indeed he will only need one day for the experiences of a thousand years, a thousand years will be as one day.

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## ASANA BREATH AND MANTRAM

BY DOREAL

A complete course in the essentials of Yoga, especially adapted for the Western student. How posture, breath and sound may be coordinated to bring about an awakening of the occult centers, and the revitalization and rejuvenation of the physical body.

Price: \$3.00



## PROGRAM FOR

JAN-31 THRU FEB-5

Sunday, January 31st, 1960 at 11:00 A.M., Dr. Lyle Whitby will give a lecture on "As Above, So Below."

Sunday at 4:00 P.M., Dr. John Morrow will lecture on "Healing."

Sunday at 1:30 P.M., Dr. J. Trenton Tully will give a Metaphysical talk.

Friday evening at 8:00 P.M., a Meditation Period conducted by Dr. Marguerite Pratt.

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## A TEXTBOOK OF THE ANCIENT WISDOM

The TEXTBOOK OF THE ANCIENT WISDOM states what the Brotherhood of the White Temple teaches and the manner in which its teachings shall be taught to comply with the decrees of the Supreme Order of the Great White Lodge.

The following subjects are explained: Shamballa, and the Great White Lodge, Illumination, Mastership, The Three Divisions of Consciousness, Reincarnation, Cause and Effect, The Astral World, Polarities, The Occult Centers, Healing, Spiritual Entities.

Price: \$2.00



# ACTIVITIES AT TEMPLE HEADQUARTERS

There was a good attendance at all three Church Services last Sunday. Next Sunday morning Dr. Lyle Whitby is lecturing on "As Above So Below." The following Sunday morning, Dr. Leland Kaiser from Boulder will lecture on "The Razor's Edge."

Shamballa people have enjoyed a variety of activities the past week, even though the roads have been icy and slippery in the Valley. Most of us living here in the Mountains are prepared for snow and icy roads with snow tires and chains, and think nothing of stormy weather and passable roads.

I hear there were a good many people out ice skating last Sunday from Shamballa, from little ones to big ones. Lyle and Darlene Whitby and children, David and Debbie, Howard and Delores Morrow and daughter Sandra, and Carolyn Morrow. Also Bud Evans and children, Sandra and Ronnie. They were all demonstrating their ice-skating skill and having lots of fun.

Mr. and Mrs. Ed Anderson attended the Stock Show in Denver Wednesday night and report that it was very good.

Saturday, Ed Anderson went to Greeley to visit with his Son's family, Mr. and Mrs. Leland Anderson and small son. He



reports his Grandson is almost three months old and that he weighs sixteen pounds.

Mr. and Mrs. J. A. Williams had friends and neighbors in Sunday Evening to hear some new tape recordings on their Stereophonic recorder.

Darlene Whitby, Carolyn and Ray Morrow went bowling with the Howard Morrows last Monday night.

We are glad to hear that Jim and Marion Butler are home from Scottsdale, Arizona.

Mr. and Mrs. Gene Buttram had supper Saturday night with John and Dora Morrow, Mrs. Buttram's parents.

Some out-of-town visitors for Sunday, were Mr. and Mrs. Grice from Victor, Margaret Roush and Martha Mahon from Denver. Mrs. Rawls and Sharon, Mrs. Valdeck, Steven and Gwen, all from Denver, and many others.

---Winnie Whitby

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"All persons possessing any portion of power ought to be strongly and awfully impressed with an idea that they act in trust, and that they are to account for their conduct in that trust to the one Great Master."--Burke



# Love Truth The More

If you have seen seeds of hypocrisy  
sprouting to cover the earth...  
Truth did not sow them - love Truth  
for all it is worth.  
If you have seen principles distorted  
and values deteriorate,  
Truth did not undermine to rend them,  
inferiorate.  
If folks have lost fought-for freedoms  
their forebears chose to hold dear,  
Truth did not lose them or, cowardly,  
fill hearts with fear.  
If you have been distressed, falsely  
accused and rudely maligned  
By opportunists or frauds, it was not  
by Truth designed.  
If you have trailed delusion, kept  
ignorant to the end -  
It were easily guessed that Truth was  
not your friend.  
If you saw but the back of indifference  
frustrating best pursuits,  
Truth would have faced you for the  
asking, engendering good fruits.  
But had most of you followed Truth  
unfailingly  
How blest had been spirit and earth  
with God's gifts, prevaillingly!

— PAUL JANS



# THE TRAINING AND WORK OF AN INITIATE

BY

DION FORTUNE

This new, long-awaited edition of this much-sought-after book, gives details of the preparation for and degrees of true esoteric initiation, together with a description of the work to be performed and the training to be undergone by the candidate for the Higher Mysteries.

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Published by the Aquarian Press,  
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R.R. #1  
Pickering, Ontario, Canada