

BROTHERHOOD TRUTH SHEET

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SPIRITUAL AND HEALING

MESSAGES OF LOVE

We gladly prepare and publish this weekly message of Truth for your Spiritual Edification. We do this without charge to you, all we ask, to insure its continued growth, is a "Love Offering" - to cover cost of handling.

THE TRAINING AND WORK OF AN INITIATE

BY

DION FORTUNE

This new, long-awaited edition of this much-sought-after book, gives details of the preparation for and degrees of true esoteric initiation, together with a description of the work to be performed and the training to be undergone by the candidate for the Higher Mysteries.

Information is included on The Way of Initiation, Preparation for Initiation, The Initiate's Ideal, Daily Life on the Path, The Sources of the Esoteric Christian Tradition, The Training of the Mind and Body, Initiation and Celibacy, etc.

An essential book for all true students of Occultism.

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BROTHERHOOD OF THE WHITE TEMPLE, INC.



MEDITATION AND CONCENTRATION

DR. M. DOREAL

(Part Five)

Let us say that I desire to bring about the projection on the astral. I don't think I have given you this before, yet it is something I think you will find of value. You have learned to center your attention, your consciousness on the pineal eye for the projection of the ego from the body because that is the point where the ego or consciousness is projected from the physical body. When we center our attention there, we, with all our power, meditate upon the consciousness being centered there and we meditate upon it moving or going away from the body into the fourth dimension or astral plane. What we actually do is bring into our attention that pineal. You see it and realize it and in our mind's eye make it assume the form of a gateway and then we approach it and cause it to become larger and larger until finally, we find ourselves within the gate and then, at that moment, we must cease to realize the mental objective, cause it to vanish and become as nothing so we rest at the balance point of nothingness and in the instant our awareness returns to us we can just as easily step, as it were, into the astral plane and we can drop back into our body but it must be done at the very instant of quickening of our awareness or we have to do it over.

Very often people will say, "Oh, I do not have time to concentrate," and "I do not have time to practice," and "I do not have time to do this." A lot of people think they have to take an hour or two or three or four and go away from everything and put their attention on nothing but that. You know, we can even practice things of that sort while we are riding on a streetcar or bus or waiting around, waiting for things to happen. You can sit down, close your eyes. You will hear all kinds of noises around you. You try to shut out from your attention first one noise, then another, and become oblivious of everything around you and everything of that sort that you do, helps in developing power of concentration. The few minutes we have in every day can be utilized to great advantage if we only learn how to do it.

I might go a little farther and say, if we have a physical condition in our body of sickness, disease, if we can bring that to our attention, meditate on it, then concentrate on it until we obliterate it in our consciousness it becomes as not. We can dissolve it from our body at the same time we dissolve it from our consciousness.

Now, another thing, in all of the mystery schools of the past there have always been certain injunctions of silence that have been placed upon the disciples from time to time. When one goes deeply to the inner mysteries, when they become a neophyte and chela and finally a master, always there are certain injunctions of silence given to them concern-

ing certain principles and laws that they are not permitted to give and again the time will come when the injunction is removed and they are allowed to give certain things to the world. When one goes far into the mystery schools, when they really become disciples or chelas, very often they are told certain things. Sometimes they are of great importance and they are told that they must keep them to themselves and not give them. Sometimes they are not important and they are told to keep silent anyway even if it does not make any difference but they are tested to see if they can practice silence before they are given the things that they really should not tell. That may sound like a peculiar statement. Yet, it is a true one because though many people say they cannot understand why, if the Great Masters and Adepts have all the power and wisdom that it is said they have, and those who have said they know them and said they have, why do they not step out into the world and stop all wars and rumors of wars and teach man the knowledge of the forces of Nature and there will be no more war. The reason for that is very simple. The Great Ones have been for Ages the custodians of knowledge. It is not theirs to give. Man must earn the right to it. As a matter of fact, part of the duty of the White Lodge has been to protect man from himself wherever and whenever possible.

There are certain of the higher forces that man who had not prepared himself and who was not mentally and spiritually ready, could not use without destroying himself. There are certain forces

of Nature that man can use. They have tried to restrain knowledge from man until he was in a condition mentally, morally, and spiritually to use it properly but sometimes man has gained those secrets in spite of their attempt to keep them from him. That was the reason that the secret of the atom, atomic disintegration, came out when it did. For Ages the White Lodge has known about it but if man had had it in the past, he would have done more harm with it than at present. The atom bomb is like one of those ladyfinger fire crackers in comparison to some powers. That may seem impossible in the light of what we have been told about its destructive power. There are powers and forces in the universe that could disrupt not only this planet but every planet in the Universe. The men and women who have knowledge of those things are those who have been tested and tried and they have been trusted with little things and gradually greater things, and they have shown in a lifetime or lifetimes that they are worthy of those trusts. Each disciple before he has been given the deeper secrets, has to prove himself worthy in little things before he is given greater things. Every disciple must prove that worthiness not by words or by saying, "Oh, I am ready and I am willing," but by deeds, by test and trial. People speak of the tests and trials that the disciples go through. Many times one is tested when he is not aware of the test he is going through.

(To be continued)

THE ESSENES

THEIR HISTORY AND

DOCTRINES

THE KABBALAH

ITS DOCTRINES, DEVELOPMENT
AND LITERATURE

TWO ESSAYS

BY

CHRISTIAN D. GINSBURG

At the time of Christ the Essenes were a flourishing desert community, one of the few Jewish monkish orders, and of which John the Baptist was a member. Very little is known about them (except for some recent discoveries in the Dead Sea) and the author surveys all the known material about this important sect.

The Kabbalah is a mystic Jewish doctrine which has been handed down from the earliest times, but its eternal importance is here discussed in full detail, showing in particular its relevance to the present time.

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