

# BROTHERHOOD TRUTH SHEET

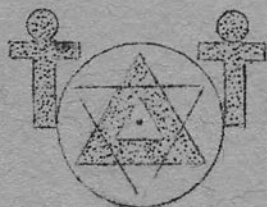
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VOL. 98 Sunday, December 11 1966 No 4

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## SPIRITUAL AND HEALING MESSAGE OF LOVE

We gladly prepare and publish this weekly message of Truth for Your Spiritual Edification. We do this without charge to you, all we ask, to insure its continued growth, is a "Love Offering" - to cover cost of handling.



BROTHERHOOD OF THE WHITE TEMPLE, INC.

# SCIENCE OF HEALTH

by  
Dr. M. Doreal

Everyone desires to have a strong healthy body, but there are very few people who do not have at least one ailment that keeps them from being in perfect bodily condition.

Fundamentally the cause of all sickness and disease is an unbalanced condition of the polarity of the body. All things in nature exist in manifestation, because of the presence of two polarities in all creations. When the positive and negative polarities are in perfect balance, it is impossible for the body to suffer the presence of the inharmonious conditions of sickness and disease.

You will note that I have made a differentiation between sickness, and disease. Sickness is primarily brought about by negative thinking. Disease is a condition brought about by outside influences or germs. Before a disease germ can be propagated in the human body to such a degree that it will cause disease, it must find an unbalanced condition of the polarities. Thus we can see that fundamentally all bodily sickness and disease are caused by the same thing - inharmony induced by wrong mental conditions.

Price: 50¢

# PROGRAM

Sunday, December 11, 1966 at 3:30  
P.M. lecture by Joseph Shwed.

Sunday, December 11, 1966 at 3:30  
P.M. Junior Temple Services.

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Sunday, December 18, 1966 at 3:30  
P.M. annual Christmas Party. Everyone  
bring the foods of their choice and en-  
joy the food, entertainment and Santa  
Claus.

Metaphysical classes every Friday  
at 7:45 P.M. at 2041 W. 51st St. in  
Chicago, Ill. by Dr. Alice Williams.

Every Wednesday at 1:00 P.M. and  
8:00 P.M., at 1720 S. E. 39th Avenue  
in Portland, Oregon, Spiritual Enlight-  
enment study group by Dr. Carrie Moffitt.

Wednesday evening at 7:30 to 9:30  
P.M. at 2009 Sandhurst Dr. in Charlotte,  
North Carolina meetings conducted by  
Dr. Lincoln Steigerwalt.

Weekly discussion meetings for  
time and place call Hank Vernava,  
Santa Fe Springs, Calif. Un 8-1095 or  
Frank Darling, Anaheim, Calif. 827-7088.

Healing circle Monday at 9:00 P.M.  
and Wednesday at 7:00 P.M.

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# BROTHERHOOD NEWSLETTER

Dear Students and Friends:

We would like to again remind you that your Brotherhood literature will be sent out regularly on schedule, but due to the voluminous amount of Christmas mail, your literature may be slightly delayed. Please be patient for its arrival. If however, any of your literature is lost after a reasonable period of waiting, we will be glad to replace it. Thank you for your co-operation.

The best of birthday wishes go to Kathy Miner who has just had a birthday. Kathy is a great asset to our community and church. She is ready willing and able to be of service and sets a good example for many to follow. In this same way we can all outstandingly reflect some of the attributes of God so that we may help to sway the mass consciousness in the right direction.

Dr. Lyle Whitby gave an inspirational Avatar message to us Sunday. The mantrams are sounded at the beginning of the Service so that we may cleanse, harmonize and purify ourselves so that we may more readily attune with the higher Spiritual Consciousness. We must train and prepare ourselves so that we will be able to participate in bringing about the Christ Consciousness to the entire universe.

Our sincerity alone cannot bring us

spiritual attainment. The desire and will to overcome things of the material must be of paramount importance and it must be put into motion. We must not be led astray by false promises when we now, know what the true treasures of Heaven really are.

In learning to work together we are expressing an attribute of God because we cease to think of self and begin to expend our efforts toward the totality and purpose of the all. One can work out of the finite into the Infinite.

This morning a gentle snow is falling which is a reminder of the fast approaching Christmas holiday. Christmas is the holiest and most spiritual of all our holidays. We commemorate the life of Jesus, the Christ, who came to this earth to teach and give us the greatest of all gifts, immortal and eternal wisdom. In our small way we also give gifts to our friends and loved ones. We do not give with the expectation of receiving something in return, but we give freely with thoughts of love. One of the lessons that Jesus came to teach the world is that of love. "For I have only love in my heart for all mankind," is a key for spiritual growth. We especially extend love to our leaders and guides and pray that we may repay them in some measure.

In Brotherhood,  
Iris Rawls.

## GOD'S MINUTE

I have only just a minute  
Only sixty seconds in it  
Forced upon me, can't refuse it  
Didn't seek it, didn't choose it  
But it's up to me to use it  
I must suffer if I love it  
Give account if I abuse it  
Just a tiny little minute  
But Eternity is in it.

-Anon.

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## TRANSMUTATION

Be thankful for each glorious goal  
Will help one know their inner soul  
Much more than will what's 'me and mine' -  
Until such light has grown divine  
Enough to be both ours and Thine.

-Paul Jans.

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# *Gleanings of Truth*

By  
Doreal

The Great Masters of the White Lodge, and those they have worked through, throughout the Ages, have sought to make man more harmonious with the higher planes of thought and aspirations so that man could express more and more of them in his every-day life. The reason the various metaphysical religions were formed, and the great Mystery Schools of the past came into being, was because man had not yet built a Temple within himself to manifest the Divine Spirit of God within, and then express that without. Man has looked too much at externals and not enough to the Divine Spirit of God that lies within us and beyond.

We wait for the coming of the Master to give mankind the way and path by which all of his higher aspirations may be reached, yet we do not realize that unless each one of us and every individual in the world today does their utmost to express the Divine in their consciousness and in their life, the Master could do nothing with us or for us. He can only point the way. We, as individuals, must walk that way. The Buddha pointed out the Eight-Fold Path, and many accepted that path and walked it to some extent, but the great majority merely accepted it as a philosophi-



cal theory and not an actuality. The great mass of mankind in the world today accepts the aspirations and teachings of harmony, order, and perfect creation as a philosophical thing, but they do not bring the Christ teachings into manifestation as an actuality in their lives.

On the secret places of the world, where those high souls who have attained are gathered together, those great souls look out upon all of the world, to guide and direct, regardless of race, color or creed, seeing in them only souls that need the direction of their aspirations. They have sought to bring down the higher self into the lower so that the lower might be transmuted and become a harmonious working part of the whole.

The Great Ones know that man must create the world of the New Age. They know that man must purge himself of all the dross of negation he has accumulated around himself through the Ages. They know that only man himself can create the Christ Kingdom within and without. We are told that as man passes through the darkness, as he is brought into direct conflict with the forces of the Anti-Christ, that he will gain greater and greater strength. He will see more clearly, and that in the time to come he will purge himself of all the dross and animal nature and the negation and disorder. He will take his place as a perfect child of God in



the Christ Kingdom, and establish the Golden Age, not only upon this earth, but upon all the worlds throughout the Cosmos. We must realize that this earth is only one of uncounted billions of worlds, upon which life and consciousness exist, upon which the Christ Spirit is working to bring all of the Cosmos into one great chord of Divine harmony that will emerge into one great Divine melody, which will cause all of the world to vibrate in complete and perfect harmony so that there will be a rearrangement, a change, of all the forms of manifestation. Then in that ordered state the Great Souls, which man calls Divine Consciousness, will be able to move along the new path into a greater sphere of activity, for this world and this cosmos is but a transitory period of manifestation and existence. The Great Law of the Cosmos is Progression. Nothing stands still. It goes forward or it goes backward. The Divine Consciousness every day steadily presses forward. Those souls in harmony with it pass on, but there will come a balance point, a time, when it will pass beyond time and space, and only those souls in harmony with it will pass with it.

The Great Master with all of His chelas and disciples under the Diamond Banner of Shamballa, works not only with this world upon which we dwell, but in harmony with all of the manifestations of the Christ Consciousness upon all the uncounted billions of worlds

throughout the Cosmos. Every effort, every thought, is coordinated in the great Cosmic White Lodge, that is dedicated to bring every soul that fell into darkness in the beginning, back into that light from whence it sprang. We are sparks of the Divine Fire, and we return again to that Divine Light, that Divine Fire, which created, shaped, and formed all things, and which lights with its infinite radiance all of the higher planes of being and consciousness.

The Great Masters of the Great White Lodge, with their neophytes and disciples, work in the world of man. They work in the material plane as well as the spiritual plane, because man is a material being. Immersed, as he is, in the negation and darkness of illusion, he must be reached upon the plane which he knows and accepts, for man is bound very tightly and securely with the bonds of the material which he, himself, has created in life after life, and age after age. He is influenced, impelled and directed by all of the forces of the results of causes he has set up in the past, and it is only in rare exceptions that all those causes are removed in one instant of time, though it may be done and it has been done many times. The average soul feels the force of the many years of lifetimes of experience behind it, and that exerts a tremendous pressure to hold and bind man into the material conditions in which he exists.

(To be continued)



# THE EMERALD TABLETS OF

THOTH THE ATLANTEAN  
*A Literal Translation by  
Doreal, of One of The Most  
Ancient and Secret of the  
Great Works of the Ancient  
Wisdom*

Oh Men! List to the Voice of Wisdom; list to the Voice of Light, Mysteries there are in the Cosmos, that unveiled fill the world with their light. Let he who would be free from the bonds of darkness first divide the material from the immaterial, the fire from the earth; for know ye that as earth descends to earth, as also fire ascends unto fire and becomes one with fire. He who knows the fire that is within himself shall ascend unto the eternal fire and dwell in it eternally.

Remember, Oh Man! That all which exists is only another form of that which exists not. Everything that has being is passing into yet other being, and thou thyself are not an exception.

Excerpt from "The Emerald Tablets."  
Price . . . . \$2.00.



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*Brotherhood of the White Temple*

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