

BROTHERHOOD TRUTH SHEET

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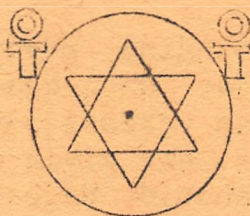
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SPIRITUAL AND HEALING MESSAGES OF LOVE

We gladly prepare and publish this weekly message of Truth for your Spiritual Edification. We do this without charge to you, all we ask, to insure its continued growth, is a "Love Offering," to cover cost of handling.



BROTHERHOOD OF THE WHITE TEMPLE INC.
SEDALIA, COLORADO 80135

VITAMINS AND ELEMENTS

By
Dr. M. Soreal

We wish to call the attention of our students and friends to the very informative book by Dr. Soreal titled "THE VITAMINS AND THE ELEMENTS."

The knowledge of foods and their value can be of inestimable value to the Seeker of Light, for often the Student's development is impaired through improper feeding. Unless the proper food values are given in their proper combinations, the vitality and harmony of the body may be deficient to meet the demands of the consciousness for the attainment of balanced, spiritual unfoldment.

It gives the twenty - two chemical substances in man and the foods which contain them.

The corresponding physical conditions which appear when the body has a deficiency or an excess of the twelve master chemicals, are given with a list of foods which should be eaten in each instance.

\$1.00 each.

PRECEPTS OF THE MASTERS

Part Four

By

Dr. M. Doreal

3. Meditation without sufficient preparation through having heard and pondered the doctrines that are law, is apt to lead to the error of losing ones self in the darkness of unconsciousness. That is mental chaos or delirium, the antithesis of mental discipline. One begins to meditate, but what on? There are certain meditations and steps which lead us into high places, and there are others which take us around and around in a circle and some lead us into darkness. Most of us meditate merely upon an idea, or an emotion, or a desire. We have not learned the secret of true meditation, that is one reason that the Guru must prepare the disciple by the proper and complete instruction as to how to meditate. Meditation is more than just sitting down and thinking of some particular object, just as concentration is more than holding one object in your mind to the exclusion of everything else.

4. Without a practical or operative and adequate understanding of the doctrine (word doctrine in Tibet means universal laws) one is apt to fall into the error of spiritual self-consciousness. That is the first wrong step. Maybe we

know a little bit about one law, and then we try to make that one law embrace everything in existence, and it will not do so. That has been the failure of so many metaphysical schools. They learned one rule and then tried to make it fit everywhere, and it will not do it because the Divine law which is manifested to produce one result, is not the Divine law which is used to produce another result, though they are correlated and are from the same Divine source. It is like the light in this room. There may be three different circuits supplying the lamps, but each derives its electricity through a different path. I notice one of the lamps is burned out, that is, the filament is burned out, and the lamp is not receiving the light because the vessel is not prepared. The vessel is not right to hold the light and it does not retain it. There is a break in the circuit. The person living in darkness is like the dark lamp, the power is flowing through them, yet they are not manifesting the light.

5. Unless the mind be trained to selflessness and infinite compassion one is apt to fall into the error of seeking liberation of the self alone. That cannot be done, because, remember this: your own liberation, the manifestation of the spiritual power within yourself is dependent upon the manner in which you exercise it or bring it into the world, because the Divine power does not manifest in a dammed-up body, but only manifests where there is an open channel

for its expression. That is one reason why we cannot take any spiritual knowledge and hold it within ourselves. We have to release it in action or in words. The best way is in action. The teacher has to do it in words as well as actions, but we should be sure that our actions balance our words.

6. Unless worldly ambition be eradicated one is apt to fall into the error of allowing one's self to be contaminated by worldly moods, or goods. The disciple may occupy the highest position in the world but he must do so not because he is ambitious to stand before his fellows and be superior to them, but because by earning that position he can be of a greater service to man. The disciple may never seek position, or wealth, for the sake of the position or wealth alone, nor for fame that it might bring him. He must seek it so that through it he can be of a greater service to mankind than he could be in a more lowly position. There is nothing forbidden of the disciple or the Guru occupying any position in society or in life, but he must do it not to have power over his brother. We are in an age of power where men seek power in greater or lesser degree over their fellows. Such is not the spiritual path and only leads to destruction of the one who seeks it. They may hold it for awhile but soon more power is generated than they can hold.

7. By permitting credulous followers or admirers to congregate about the dis-

ciple, there is liability of falling into the error of being puffed up with worldly pride. Disciples should never be proud, nor feel that they are above or beyond even the lowliest. If they do, they shut themselves off from the Divine power which expresses itself through them. In the Divine there is no above or beyond; no higher or lower; no master or servant. The thing that appears lesser is only lesser because it is not conscious of its true nature, but in reality everything is one. There is only one Master and we are all part of it - the all-pervading Christ Consciousness. It is only humans who speak of Masters. Masters do not speak of Masters - they consider themselves only guides, instructors, teachers, showing men how they too can attain to the same awareness of their true nature.

8. By boasting of one's occult learning and powers, one is liable to fall into the error of proudly exhibiting proficiency in worldly rites. No true master of occult science should boast or make public exhibitions of his true and higher powers. It is only in sacred initiations and in instructions to disciples that they are shown, and then only as a means of illustrating the manifestation of the law, not for the sake of arousing the admiration of the curious.

(to be continued)

P R O G R A M

May 9, 1976, 5:45 p.m. Neophyte review Class.

May 9, 1976, 7:00 p.m. Metaphysical Lecture.

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Every member of the Brotherhood or Fellowship of the Avatar is invited to take part in our great effort to bring spiritual waves of healing and peace not only to our members but to all who wish to receive. Tune in at 7:00 p.m. Sundays and 9:00 p.m. Mondays Rocky Mt. Time.

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Dr. Doreal has written special Teachers Class Lessons for the College Students. These are essential for Brotherhood Group Leaders, Ministers and Teachers.

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The Group Leader Lesson Plans were outlined and written by Dr. Doreal to aid the beginner in forming Classes. There is no charge for these inspirational lessons for College members only. If interested, write for an application.

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Healing Circles at 9:00 p.m. Mondays.

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The Brotherhood Newsletter

Dear Students and Friends:

We are happy to welcome Iris Rawls back to work after her week's vacation.

The Fellowship of the Avatar Lesson was given Sunday evening at seven o'clock. The Brotherhood students were admonished in this lesson on the great importance of practicing the precepts and teachings of the Brotherhood. We are in the new Age of Light and of Reason and if we are to aid in bringing into manifestation the Golden Era of Peace, we must begin with ourselves.

The old sixth Age of Darkness was a result of the dark consciousnesses of mankind. The New Age of Light and Reason will be manifested by the light-filled consciousnesses of mankind. Long enough have we dwelt in darkness, in fear and in pessimistic ramblings. It is time for us to express the beautiful and the splendor of existence. It really is too much trouble to be fighting and feuding all the time when the whole glorious Cosmos is beckoning for us to come forth and enjoy the wonders of Gods Creations on all planes of existence. Let us turn to Light and be filled to overflowing with the goodness of all things.

We have had many wonderful reports from the special Easter Service sent out

in the Church Lessons. Many saw the great White Light and the Avatar. Many found themselves out of their body in a projected state. Several did not receive the special Easter Instructions until after Easter. Next year we will mail them a little earlier so that they will be sure to reach everyone in plenty of time.

Our weather has been very beautiful in this first part of May. Many Shamballa residents are planting gardens. The wild crocus are blooming and the choke cherries are in the bud.

Summertime is vacation time for most of us. We are looking forward to many Brotherhood members and friends visiting Shamballa this summer. The Office and Print Shop are closed on Saturdays and Sundays unless a special appointment is made ahead of time. The Brotherhood has limited rooms for visitors so be sure and let us know in advance if you are planning a trip to Shamballa this summer.

In Cosmic Harmony,

Dr. W. Whitby.

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"Seek ye first the Kingdom of Heaven and all these things shall be added unto ye."

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A MESSAGE

Have you ever thought just what Spiritual Development meant to you personally.

Most students think of Truth as an abstract thing, when in reality, Truth is something to be lived every day.

The Universe is controlled by Divine Law and if we learn to live in harmony with the Law it will set us free. No man breaks Cosmic Law but we often break ourselves against the Law because of lack of understanding.

The Brotherhood College is formed to instruct men and women in the way through which they can know and live in harmony with Divine Law, and become Masters of their own fate.

An invitation is extended to all who desire Light and Truth to affiliate with us in the great work. Each soul entering the Path of Light helps to banish the darkness.

In Cosmic Harmony,

Doreal.

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THE EMERALD TABLETS OF THOTH THE ATLANTEAN

By
Dr. M. Doreal

When the time came for Thoth to leave Egypt, he erected the Great Pyramid over the entrance to the Great Halls of Amenti, placed in it his records and certain mechanical devices. He then appointed from among the highest of his people, guards to protect his mighty secrets. In later times, the descendants of these guards became the Pyramid Priests while Thoth was deified as the God of Wisdom, the Recorder, by those in the Age of darkness which followed his passing. In legend, the Halls of Amenti became the Under-world, the Halls of the Gods where the soul passed after death for judgment. During later ages the ego of Thoth passed into the bodies of men in the manner described in the Tablets. As such he incarnated three times, and in his last incarnation he was known as Hermes, the Thrice-born.

The Brotherhood publication has produced a most attractive binding of Dr. Doreal's translation with a cover design of the original Tablets. The demand for this book on the Atlantean Mysteries has been so great that it is in its eleventh edition. \$5.00 each.

RETURN REQUESTED

Brotherhood of the White Temple

SEDALIA, COLORADO 80135

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