

BROTHERHOOD TRUTH SHEET

Vol. 119

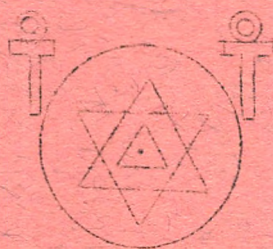
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DREAMS AND THEIR CAUSE

By

DR. M. DOREAL

(Part Two - Conclusion)

Of the many called, which will be chosen? It is easy to guess. Just now, when awake, the memories admitted were those which claim relationship with my present situation, with my actual perceptions: so then, among the phantom memories, which aspire to weigh themselves with color, with sound, in short with materiality, those only succeed which can assimilate the color dust I perceive, the noises without and within that I hear. When this union between memory and sensation is effected, I dream.

The birth of the dream, then, is no mystery. What then is the essential difference between being in a dream and awake? The same faculties are being exercised whether we are awake or dreaming, but they are in tension in one case and relaxed in the other. The dream is the entire mental life, minus the effort of concentration. Two elements go to the making up of a dream: a sensation, and the setting or background woven around it by the memory. A light flashes in my

window while I sleep; my memory weaves around this ray of light a plausible story - that story is my dream.

Many, though not all, of the dreams that occur to us may be explained by this theory. We may dream of riding a boat where it is very cold and awake to find the covers off. Or perhaps we dream of flying through space and awake to find a breeze in the room, and we are conscious of motion in the bed clothes or our night clothes; but our feet are not resting upon the ground, so we cannot be walking; our memory does the rest. It makes up a story; we are flying.

The Freudian theory is somewhat different. We usually think of the dream as the disturber of sleep but to Freud, it is the guardian. The dream protects the sleeper from being awakened either by external stimuli to his senses or by the internal stimuli provided by unpleasant emotions or thoughts.

To understand this theory we must have certain fundamentals in mind. "Every dream is a wish, the typical dream is the expression of some unfilled wish." In dreams at last we attain to our hearts desire, but "There is not a single dream which cannot be shown by analysis to offend some ethical or legal canon." It

is the insistence upon these two principles which has aroused such high indignation toward the Freudians.

Surely any honest person will admit that he often wishes for things, events or possession which he knows he cannot or should not have. Our legitimate wishes, we do not suppress, we express them, try to gain them, or at least allow them some part in our lives. It is only the wish for forbidden things which we push out of our minds and this does not destroy them, it only suppresses them, and they seem to grow stronger. They will have their way if not in our waking lives, then in our sleeping.

The latent meaning is always distorted or disguised to the dreamer in order that it may pass the censor, who even in sleep tries to keep improper elements from our minds. There is much here that the conventional person shrinks from accepting. Why should a snake, a hat, an umbrella, the tall flower stem and many other apparently innocent objects be symbols of sex? Freud did not invent these symbols; they are only discovered. Their source is in the consciousness of the individual or the race. Here is a simple dream and its interpretation:

A woman dreamed that she saw her

oldest son laid out in a casket and yet was totally unconcerned about it. She denied that the dream expressed the fulfillment of a wish. Psychoanalysis, however, revealed the following facts: Her first husband had died and left her with two children; she then married a widower with two children. They are happy but as they already have four children, they cannot afford to have any more. She had frequently expressed the wish to have a child from the second marriage as it would strengthen the union, but with four children it was out of the question. The dream fulfilled her wish by showing her that there are only three children in the family.

But there are other causes for dreams than these; there are some dreams that have a deeper occult significance than sense perception or repressed desire. When our objective mind is relaxed, and our sensory organs are dulled by sleep, then it is possible for the Cosmic Mind to send messages to the objective. These impressions or messages are impressed upon the objective mind and help to guide it through a difficult problem that has confronted it. Sometimes the consciousness of the body is freed from the body and during that time contacts other consciousnesses that it has known in the past and returns to its body, impressing

upon the objective, memories of associations and things called up by its contact with the past.

When you are alone by yourself, when you are awake on your couch, be careful to meditate in such precious moments on nothing but on the intellectual worship of God; approach Him and minister before Him in this true manner, and not merely in thoughtless emotion... But our heart can be constantly with God even whilst we are in the society of men.... Let us pray and beseech Him that He Himself may clear and remove from our way everything that obstructs our approach or forms a partition between Him and us, albeit these obstacles are mostly of our own creating.

.....

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The Brotherhood Newsletter

Dear Students and Friends:

Shamballa just had it's biggest and heaviest snow of the past winter. Our thanks to Bill Miner for his miraculous achievement of keeping our Shamballa roads open. The County was not able to keep their roads open. Most of the Staff members walked to work so that Dr. Doreal's work would go out on time.

Dr. Fred Jones gave an interesting and inspiring lecture Sunday evening. This is part of our great work to inspire and encourage our brothers and sisters in truth. If we can work in a manner to help bring out the best qualities in each individual, it is a job well done. By so doing we know that our homes, community and Country will grow closer to that state of Cosmic Consciousness under the influence of the Divine. Dr. Doreal said, "Let us live in such a manner that all mankind will have been uplifted from having known us." This is a tremendous task but things of great value are not easy. There is no short cut nor an easy entrance to the Heaven State. "As ye sow, so shall ye reap." This is the Divine law of cause and effect and it is immortal and immutable.

In Cosmic Harmony,

The Brotherhood Staff

P R O G R A M

May 7, 1972, 5:45 P.M. Neophyte
Review Class.

May 7, 1972, 7:00 P.M. Fellowship
of the Avatar for members only.

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Seebach in attendance Sundays, Tuesdays
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formation call Dr. Vivian Teaney or Dr.
Dorothy Dickinson, Rt. 3, Box 4103. Phone
Area Code 916-644-1778.

CALIFORNIA, Sacramento: B.W.T. Metaphys-
ical Study Group and Counseling. For in-
formation call Dr. Kathryn Reagan, 2601
Fifth Avenue. Phone 451-9034.

CALIFORNIA, Sun Valley: The Church of
Divine Harmony, 10064 Stonehurst Avenue,
conducts Sunday worship at 11:00 a.m.,
Sunday School at 10:00 a.m., and Wednes-
day class at 8:00 p.m. The Ministers,
Drs. Marian and George Jones, may be
contacted at 767-4937.

CALIFORNIA, Wilmington: Dr. Osmon Rohm conducts Thursday evening study groups, 1043 N. Avalon Blvd. For details contact Dr. Rohm at 835-6888.

MARYLAND, Columbia: Dr. Lincoln Steigerwalt, Metaphysical Group in Columbia. Call Area Code 301-730-0516 for Time and Place. Baltimore and Washington members invited.

MEXICO, Merida, Yucatan: Dr. P. Gonzalez Milan, meetings held Monday at 9:00 p.m. at Calle 30 #502-p x 63.

MICHIGAN, Empire: Dr. James B. Carriere, MsD., P. O. Box 192, for Metaphysical Instruction and Counseling call 616-326-3651.

MINNESOTA, Minneapolis: Metaphysical Group Meetings at 8:00 p.m. every Tuesday at 303 Ridgewood Avenue, conducted by Michael Mavis.

NEVADA, Las Vegas: Paradise Metaphysical Center. For information or Spiritual Counseling, call Rev. Maxine Dowell, 736-4205.

NEW JERSEY, Trenton: Metaphysical Counseling and discussions by Rodney F. Mortillaro, 35 Atkins Avenue. Phone (609) 586-4529.

OHIO, Toledo: Metaphysical Teaching and Healing Classes each Sunday 4:00 p.m. to 6:00 p.m., Dr. Tillie Burkett, 846 Dorr Street. Phone 531-3962.

OHIO, Toledo: Metaphysical instructions and discussions by Bertha Eaton, 2058 Eastbrook Drive. Phone 473-9803.

OREGON, Portland: Welcoming those seeking B.W.T. Metaphysical Instruction, please contact "Footsteps On The Path", study group. Jeanette Gonsalves, 13110 S.E. Stark Street, No. 4. Phone 255-8069.

OREGON, Portland: Those seeking counsel on the New Age Metaphysical and Spiritual Enlightenment may contact Dr. Carrie Moffit at 1720 S.E. 39th Avenue. Phone 232-6564.

OREGON, Winston: New Age Brotherhood, Metaphysical Instruction, meets at the home of Dr. Mary Musick in Winston at 3:30 p.m. each Wednesday. For information call 679-5787.

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