MRS. S. AUGUSTA ARMSTRONG.

An Exponent of the Philosophy of Life.
In the beginning, the Creator gave life to the fishes, to the fowls of the air, to the beasts, to the cattle, and to all the earth; he made man to have dominion over them all. But they in a short time became disobedient to the commandments of the Lord, and he decreed that the earth should be covered with darkness. Then the Creator prepared a great flood, and all the inhabitants of the earth were destroyed, except Adam and Eve. The Creator then, to provide for the continuation of the race, sent down a great dove, which returned after seven days with an olive leaf in its mouth to signify that the flood had abated.

When the waters were dried up, the Lord gave Adam and Eve a son named Seth, and told them to multiply and fill the earth. He warned them not to eat the fruit of the tree of knowledge of good and evil, or they would surely die. But they were tempted by the serpent, and they did eat of the tree, and they were expelled from the Garden of Eden and Eve received sin as a stain upon her beauty, awaiting the coming of "man. We will now attend to the STORY OF MAN'S CREATION.

The earth was covered with flowers, the trees bent under their fruit, thousands of animals roamed the plains and in the air, white elephants roamed un molested under the shade of gigantic trees. The Creator then bestowed upon them the ahancara, that is self-consciousness, and speech. He distinguished the sexes and ordained the command, "Be fruitful and multiply, and fill the earth.

For a long time Adima and Heva dwelt in perfect happiness. The most delicious fruits hung upon the trees, and the best of all that was seen or heard. But Adima was told by a dream that his son was to be born in the island Ceylon, and that he should name him Heva, and he should not go near him. Heva was told by a dream that her son would be born on the island, and that he should be named Adima. But Adima crossed the island, and Heva threw herself upon the rocks. Adima threw himself, weeping, upon the naked sands, but Heva threw herself into the sea. The Lord then spoke: "I will make you sensible of your sin, and of your imperfection, and I will send my Son to redeem you." And Heva was taken up into heaven, and she saw her son, Adima, and he was blessed by the Lord.

Christna was promised to the Hindus as an incarnation of Vishchenou, or Vischenou. Of course, we must esteem the miraculous tales as the products of ignorant superstition, but his teachings may deserve our careful attention. His teachings were for a moment. We have in Hinduism, as in all other great religions, a first human pair, Adima and Heva, as near like Adam and Eve as theCopy. The story of Vishchenou is more than a thousand years older than the story of Christ. Hence, it is not the copy! Let us copy some of his precepts and see if they are inferior to those of any other of the world's great thinkers. He taught his hearers that they should "never remember the offenses of an enemy in his misfortune." Among the maxims found in his teachings I select the following as sample:
ty to write. It is the period of pri-
mary domination, of an endless routine of ceremonialism. It is a race of a stream of inherited tendencies.

WILLIAM EMMETT COLEMAN.

The outrages against helpless child-
hood perpetrated by these villainous enactments, instigated by the medical profession, are a crime against the future, and a great crime against society. We talk about them, write of them, and a few doctors have condemned and uttered their protests. But the masses who need this knowledge do not read the newspapers, except the medical press. The doctors themselves are often the authors of these deplorable practices of the school of medicin

Editor Light of Truth. I wonder how many of our eastern Spiritualists read the bright, forcible and progres-

THE BIBLE IN INDIA—VACCINATION.

THE LIGHT OF TRUTH.

MARRIAGE RESTRAINTS

NEIL MACDONALD.

that mould their thinking, and blindly accept as a blessing the abominable

MARRIAGE RESTRAINTS

THREE PLANS OF SALVATION—10 cts.

NEIL MACDONALD.

THE BIBLE IN INDIA—VACCINATION.

THE LIGHT OF TRUTH.

MARRIAGE RESTRAINTS

NEIL MACDONALD.
MRS. WILLIAMS RIDICULES HIS TARDY SPIRITUALISM.

For Twenty-Five Years She Has Enjoyed the Truth Just Dawning Upon Him.

She said she had been in communication with the spirit world — both clairvoyantly and clairaudiuu — for 25 years, and that the mediumistic qualities of the trance and clairvoyant phase, and generally speaking she is successful in her work.

Formerly, some six years ago, Mrs. Reed lived in Cincinnati, and it was there that her psychic powers began to develop. On her removal to this city she entered the field as a public medium, and her residence here and the numerous friends who rise up and call her blessed attest her devotion to the uses to which her life are put and their appreciation of them.

She has lived here for a number of years. Her mediumistic qualities are of the trance and clairvoyant phase, and generally speaking she is successful in her work.

He waited a long time to find this out. If he would only come here and sit in these circles, where divines as eminent as he have sat, he would learn much more about the spirit world than has yet been vocalized to him.

Mrs. Williams closed her address with the statement that there were 15,000 clean-hearted, clean-minded Spiritualists in this country who knew the dead came back and who had a more satisfactory religion than Lyman Abbott or any of the other divines who were doing their work in a quiet way, the lady whose portrait we give occupies an important place. Mrs. Reed is of a quiet, retiring nature, a woman who has suffered, and as such knows the deeps of sorrow to which others are subject. She has lived here for a number of years. Her mediumistic qualities are of the trance and clairvoyant phase, and generally speaking she is successful in her work.

Arthur H. Norway in his "Highways and Byways of Devon and Cornwall" relates that when the country people in the Middle Ages.

If a dog is ailing he rolls himself into a ball in a warm corner and eats little or nothing till he is well.

That machinery which carries on involuntary motion when the body is at rest expels from it from two to eight pounds of waste material in every twenty-four hours; the physician of experience says so.

The biped loses the instinct of the animal.

If he, too, would retire to his bed, keep warm and eat next to nothing for a time those waste and poisonous matters which his body had been expelling would be expelled in due time.

That machinery which carries on involuntary motion when the body is at rest expels from it from two to eight pounds of waste material in every twenty-four hours; the physician of experience says so.

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That machinery which carries on involuntary motion when the body is at rest expels from it from two to eight pounds of waste material in every twenty-four hours; the physician of experience says so.
THINKS WE EAT TOO MUCH.

Restricted Diet Is the Main Cure of All the Famous Health Resorts.

"Of the many cures in vogue and claimed for their marvellous virtue, the name, nine-tenths of them depend upon reducing the diet for their cure; and thousands of dyspeptics have gained health, the stout have grown slender, and many of them have grown so thin all through the lifting of the burden from overtaxed digestion. An equally popular indication of this was the offing off of the evening meal—equally effective, just as in a dry diet, in the case of a New England housewife.

As further evidence the following is pertinent:

Referring to the beautiful poem inscribed to Lotta J. Darling and printed in March 11th Light of Truth, the following explanatory letter has been received from Mr. Darling:

"If Washington, Lincoln or Grant acknowledged the divinity of Christ it ought to be an easy matter to prove it. As an incentive I make the following offers:

1. I will give $100 for a sentence in Washington's writings or speeches acknowledging the divinity of Christ.
2. I will give $100 for a sentence in Grant's writings acknowledging the divinity of Christ.
3. I will give $100 for a sentence in Grant's writings or speeches acknowledging the divinity of Christ.
4. I will give $100 if the name of Jesus Christ can be found in the writings or speeches of either Washington, Lincoln or Grant.

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"Says the author of "Six Months at the White House," with reference to the religious creed of President Lincoln. "The Lord's commandment to love your neighbour as yourself; that church will I join with all my heart and with all my soul."

"Ye call me Light, and see me not; Ye call me Mighty, and honor me not; Ye call me Gracious, and trust me not; Ye call me Noble, and serve me not; Ye call me Just, and fear me not; If I condemn, you blame me not."

THE LIGHT OF TRUTH.
CHAPTER II.

"Home again, and now a pleasant tea and the prospect of a restful chat afterwards; but I will be careful about introducing anything that will lead to the subject of religion."

Home again, and now a pleasant tea and the prospect of a restful chat afterwards; but I will be careful about introducing anything that will lead to the subject of religion."

1. Bachelor Ratiocinate.

2. Widow Intuite.

3. w o n d e r! Oh, I wonder! What can the matter be? This world would surely be a heave&-Jf^ the folks were all like me. ... of blooming thistles, we are^reeted with beauty and sweetness; but if we per­sist in seeking for the briars that are^characteristics, we may be angered with the pain produced by the briars, and, ever afterwards the sight of them will suggest unpleasantness.- We will usually find the briary side of human nature if we ... cul­minate in the latter, before we attain the former state; when we learn to wisely estimate all of the parts in con­nection with the whole, and ourself as containing in common with them- limited possibilities of expression, so that neither place self above or below others, but, with them, realiz­ing at all times that we each render service according to individual capa­city."

4. W. T. STEAD.

5. FLOWER SEEDS FREE—A LIBERAL OFFER.

6. I have been astonished to find so lit­tle in the Spiritual papers' upon this subject. It seems to me every true "Spiritualist should be an active worker in advocating the gradual disarm­ment of the nations, and the estab­lishment of an international court of arbitration. I am in receipt of a let­ter from William T. Stead of London, England, who is actively engaged in organizing a Crusade for Peace, and in publicizing his proposals for "War and Peace." In the interests of this movement, I send you a copy of his letter. I hope that your correspondence will lead to the subject."
THE LIGHT OF TRUTH.

CHAPTER II.

"Home again, and now a pleasant thing to look forward to, is a great relief; but I will be careful about introducing anything that will lead to our leaving this..."

"Dit, it is refreshing to look at you! You do not look a day over twenty-five. How much am I your senior?"

"Only ten years.""And women, too, Rate. I would not rob men of their well earned laurels, but I believe true spirituality triumphs over the enmity of the soul—a characteristic of the plant, ignoring the beauty and sweetness, also characteristics, we may be angered with the pain inflicted upon either. It seems to me, all should be educated to cultivate an independent spiritual growth. Otherwise, they will remain selfish, and life's experiences will prove to him the futility of seeking joy through self-gratification alone.

"Yes, I have often rejoiced that I am a man. I am a man, but I wish the men who walk the earth would have the patience to fathom the reason for a conclusion, and others arrive there intuitively, yet I have grave doubts about their being sex traits.”

"I happen to know that dentists put even in masculine mouths pearly teeth when time removes them; that hair and whiskers often grow with a bowing out of their owner; that women's shoes are always worn by the man; that one can't see one's self in a mirror, similarly located in a gentleman's dressing room. Is masculine after all, human nature so very different, after all?"

"Never having studied the last named I am not prepared to say, but I believe man is more of a logician than woman is. He will reason himself to a conclusion, and a woman jumps there, so to speak."

It is an immense economy of time, to think twice before one acts. But remember, a hearing a friend say what at college she was in a class of mathematicians, and I have been taught by the same master, a man named, that was subjected to an interesting drill. One of each sex considered the most rapid was sent to the blackboard; and that all should be educated to cultivate an independent spiritual growth. Otherwise, they will remain selfish, and life's experiences will prove to him the futility of seeking joy through self-gratification alone.

"Yes, and we were mutual sustainers, for we expressed ourselves freely, and were often misrepresented and misunderstood, but in my opinion, and even persecutions, by a certain intolerant class, who would compel all to believe by duress. It was a death blow, for whatever could we do without the decay in our life force? We could do, and life is weakened by continued friction and beauty. Neither death nor life has any terrors for me. I realize that the form of our body is not necessarily separate from our loved ones; that they encourage and help us, and that it is possible to be كما ىر -2 at times. Realized this before Tom died, and because of it we signified a change, for it was for it would be our mutual good. I believe all that happens is in accord with infinite law or love, and is ever evolutionary."

"Then I surmise you are a sort of Spiritualist?"

"Yes, with the sort omitted, and if you study your Bible without being prejudiced by the name you will be one, too."

"I am attention, but I do not think you will find me so interesting and profitable as a study!"

"Suppose we turn our attention to the subject of social prerogatives. Do you deem it necessary for one to entertain and mingle with the social world because of business or religious position?"

"Why do you ask? Have you a dislike for society?"

"In other words, through social etiquette, to tolerate what you dislike, and associate with uncongenial folks?"

"Well, yes, plainly put!"

"Not may not be necessary. A man as wealthy as you may be, is independent, and need not feel necessarily as he pleases, and neither suffer for food, rainment, or friends, if that his friends will necessarily follow his own pattern, and life's experiences would bring him the feeling of deriving joy through self-gratification alone."

"What need we subject ourselves to annoyance, patience-trying in the extreme, merely for the sake of appearance?"

"Why does a thing become annoy ing, if it is not because we are aware of the pleasure we would extract from it? If we would consider in-"
THE LIGHT OF TRUTH.

A MACEDONIAN CRY FROM CHICAGO.

Dr. D. S. White Removes His Gloves and Brushes Up the Fraud Hunters.

Some Wholesome Reading.

To the Editor:
I desire to congratulate you on the treatment you gave, in your issue for March in which you quote from "Light" in relation to licensing our mediums. I love "Light," but I find that you this is impracticable and wrong in the way you have done it. I wish to allow those who desire to investigate the great question of the Immortality of the Soul, and the phenomena of Spiritualism, as they see it, and decline the would-be mentors of our spiritual life, as this would be another great trust, and Spiritualism is not advocating Trusts of any kind at present. The licensing board would have a few persons who were their favorites all provided with a license, and thousands of worthy mediums as good and whose inspiration is just as deep and uplifting, and which take one to the verp pinnacle of the Spiritual Universe. Think of such grand men as Lyman C. Howe, who has been for years a most in- credible horse dealer, and whose name is just as deep in the estimation of his colleagues as in the estimation of the great men of the age. Then there are others just as good and whose inspiration is just as deep and uplifting, and which take one to the verp pinnacle of the Spiritual Universe. Think of such grand men as Lyman C. Howe, who has been for years a most in- credible horse dealer, and whose name is just as deep in the estimation of his colleagues as in the estimation of the great men of the age. Then there are others just as good and whose inspiration is just as deep and uplifting, and which take one to the verp pinnacle of the Spiritual Universe.

Dr. D. S. White Removes His Gloves and Brushes Up the Fraud Hunters.

I do not care to have any live man tell me to whom I shall go to find out about spiritualism. I am perfectly competent to decide this for myself. I am a live man, and I will not have to be told what I believe in. I am absolutely sickening. I have seen and known so many mediums that I can not tell you about the picture. I can not tell you about the picture, and it speaks for itself—it is a fact. There is a fair sample in your paper of the same date I am speaking of. "Light" in relation to licensing our mediums, and I heartily agree with you- that this is impracticable and would work a great evil.

Dr. D. S. White Removes His Gloves and Brushes Up the Fraud Hunters.

I do not say it is fraud—I. say I do not know. There is the picture, and it speaks for itself—it is a fact. There is a fair sample in your paper of the same date I am speaking of.

Dr. D. S. White Removes His Gloves and Brushes Up the Fraud Hunters.

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The editor of Mind has been inter
viewing Col. Ingorsoll. The interview as printed shows the pertinacious qualities of Col. Ingorsoll in truly ad
mirable spirit.
THE LIGHT OF TRUTH.

A Famous $2.50 Book, FREE—SEE "OFFER"!!

The Only Peer of Mark Twain's Humor is

Samantha at Saratoga

A COPY FREE
Every New Subscriber

BY
Josiah Allen's Wife

A COPY FREE
Every New Subscriber

A SPECIMEN OF MISS HOLLEY'S HUMOR.

A few days after this, Josiah Allen came in, and see 'ee, "The everlasting spring is the one for me, Samantha! I believe it will keep me alive for hundreds and hundreds of years." See I, "I don't believe that, Jo­si­ah Allen."

But Josiah kep' on, for he was fearfully excited. See he, "Why, the fellow said, there was an old man right by the road who lived in this spring, and felt the effects of it inside and out all the time, it was so healthy there. Why the old man kep' on livin', and a livin', till he got to be a hundred. And he was kinder lazy naturally and he got tired of livin'. He said he was tired of getting up mornin' and dressin' of him, tired of pullin' on his boots and drawin' on his trowsers, and he told his grandson Sam to take him up to Troy and let him die.

"Wall, Sam took him up to Troy, and he died right away, almost. And Sam bein' a good hearted chap, thought it would please the old man. So he took his granddad back their in a wagon he borrowed. And when he got dost to the spring, the fellow said, there waz a old man who lived right by the side of this spring, and felt the effects of it inside and out all the time, it wuz so healthy there. Why the old man kep' on livin', and a livin', till he got to be a hundred. And he was kinder lazy naturally and he got tired of livin'. He said he was tired of getting up mornin' and dressin' of him, tired of pullin' on his boots and drawin' on his trowsers, and he told his grandson Sam to take him up to Troy and let him die.

"Well, Sam took him up to Troy, and he died right away, almost. And Sam bein' a good hearted chap, thought it would please the old man. So he took his granddad back their in a wagon he borrowed. And when he got dost to the spring, the fellow said, there waz a old man who lived right by the side of this spring, and felt the effects of it inside and out all the time, it wuz so healthy there. Why the old man kep' on livin', and a livin', till he got to be a hundred. And he was kinder lazy naturally and he got tired of livin'. He said he was tired of getting up mornin' and dressin' of him, tired of pullin' on his boots and drawin' on his trowsers, and he told his grandson Sam to take him up to Troy and let him die.

She takes off Follies, Flirtations, Low Neck Dressing, Dudes, Pug Dogs, Tobogginng, etc.

OPINIONS
OF
NOTED CRITICS

"Exceedingly amusing"—Rose E. Cleveland. "Delicious Humor."—Will Carleton. "So excruciatingly funny that, we had to sit back and laugh until the tears came."—Witness. "Unquestionably her best."—Detroit Free Press. "Bitterest satire, coated with the sweetest of exhilarating fun."—Bishop Newman.

FREE Unparalleled Offer FREE
$10,000 CASH was paid for the copyright of this work, and until recently it was sold at $2.50 per copy, yet by a lucky turn of events this work has been published in somewhat cheaper form. It is exquisitely bound in cloth, printed in new type, and on fine paper.

OUR OFFER

While the Light of Truth for one year is only $1, and while a great many thousands of "Samantha at Saratoga" have been sold at $2.50 per copy, yet by a lucky turn of events this work has been published in somewhat cheaper form. It is exquisitely bound in cloth, printed in new type, and on fine paper.

You may want it sent AT ONCE.

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You may want it sent AT ONCE.
What More Than Wages One Company Pays Its People, and What These People Pay the Company.

There is a miniature yet exceedingly grand industrial republic at Dayton, Ohio. Here are some of its points. For the 1,626 employes the company provides management by committees instead of by a superintendent. A monthly meeting of 300 officers, foremen, clerks and workmen for discussion, complaints and suggestions. $1,230 given annually in prizes to employees. A carefully selected library of 600 volumes and 31 periodicals is at the command of all employes, and a comfortable reading room is provided. Showers and tub baths are provided, and all are allowed 20 minutes of the company's time each week for bathing.

Change of air is accomplished in all buildings every 15 minutes by the most approved system of ventilation. Experts have pronounced these the model factory buildings of the world. To avoid crowded ears and other difficulties, the women employes come to work an hour later and quit 10 minutes earlier than the men. Nine and one-half hours for men and eight hours for women, each drawing 10 hours' pay. Ten minutes' recess, morning and noon, for women.

The 260 women have organized the only federated women's club composed exclusively of working women. Educational and instructive programs are arranged by the members.

Cooking School.—Here free instruction is given by a graduate of Pratt Institute to the young women in the science of cooking and good housekeeping.

RESULTS.

1. These pay the company and its people because it is right to do them and because the company secures a more intelligent and skillful class of workmen, giving it constantly improved machines.

2. The company gets more enthusiastic and careful work, assuring a better product at lower cost.

3. The tone of the people is constantly being elevated by their clean and beautiful surroundings, making better citizens and more contented lives.

4. These pay each customer because he obtains a machine which is perfectly constructed in every part at the lowest price possible with fair living for all.

Every institution requiring the labor of men and women, whether factory, store, railroad, government institution, church, school or home, will find here that which can be done with benefit. It is not claimed that every institution could adopt all these methods at once, but there is not one that could not immediately use some of them to great advantage.

Strife, so far from being an element of strength, is the very principle of weakness, and recognized as such in military science, and selfishness, so far from being an elevating influence, as powerful for evil as formerly for good, becomes a new form of the incubus from which humanity has again to struggle free.

What, then, is the essentially human problem of the great moving factor of human progress as distinguished from the brute principle just noted? I find one and only one word in the minds and hearts of the people. It is not called harmony, which, in the intellectual realm is reason, sound philosophy and wisdom. Harmony which unites itself in peaceful co-operation, orderly social life, justice, equity and the social institution, that the good of the whole is the highest good of all the parts, in the long run which is the goal of the best human arrangement and the best practicable code of public and individual conduct. Having the best good of the race directly in view, so far as earthly trials are concerned, it will be the supreme court of science which will harmonize and unify the whole.

Z. C. FERRIS.

SPIRIT

Of Her Husband Warned Her of Danger, Declared Mrs. Allman.

Special Dispatch to the Enquirer.

Dayton, Ind., February 27—Peter Allman, residing near this city, died last Thursday at the age of 72 years. Both Allman and his wife were born in the Alps of Switzerland and had many superstitious beliefs. Before his death, Allman made all necessary arrangements for his funeral, even employing a minister to deliver the sermon. He told his wife that on the third night after his death he would return in spirit form and deliver her a message.

Last night about midnight Mrs. Allman and daughter, clad only in their night robes, applied for admission at the home of David Bixler, a near neighbor. She says that about 11:30 there was loud rapping at her bedroom door, which lasted several minutes. She called to know who was there, when the door opened and a ghost-like form entered, which approached her bed and told her of an impending danger which she refused to divulge. The ghost then suddenly disappeared through the floor. She declares it wore the face of her departed husband. Grabbing her daughter and screaming she left the house.

The Factory Committee at Work.

A ghost-like form entered, approached her bed and told her of an impending danger which she refused to divulge. The ghost then suddenly disappeared through the floor. She declares it wore the face of her departed husband. Grabbing her daughter and screaming she left the house.

The Factory Committee at Work.

A corner of the women's dining room.

The Factory Committee at Work.
To the Editor—The producing classes should tender a vote of thanks to the editor of the Light of Truth for opening his columns to a discussion of the burning questions of the day.

There are two subjects upon which a very large number of our people greatly need education. The first is the principles governing finance or law of values; secondly, as to a sure and practical course or method whereby the producing masses can gain economic freedom, and rid themselves forever of competition with all its grinding and demoralizing effects. These two subjects are so closely allied as to be almost inseparable. The rules which an individual must observe, to be successful, are in no way different from those to be observed by the government of a city, a county, a state or a nation. This I hold to be an axiomatic truth, which can not be honestly gainsaid or disputed by any individual must make his income at least equal to his expenses; just so with a nation. According to the unquestionable statements and logic of some writers on finance a nation, in matters of finance, is omnipotent. Surely, such a congress must be nearly omnipotent. Why not apply a little more of the same kind of power and reduce the interest to ml? This is what Borne of Virginia used to contend for in the seventies. There are those who say money is not property. It matters not; it is inter-

verse government run by each adult person would produce more than we could consume and all we could sell to other nations. But the spirit of self-sacrifice and thrift stands across our path. So many millions wish to get rich as others have done. So many don't want to lose their freedom—which is already lost. To every life there comes a time supreme; One time—on foie goes ill, with the

Spiritualists have informed us of heaven's conditions. If we fail to imitate them on earth, we might as well have not received the gift. Spiritual truth can not advance much further until human environment is greatly changed for the better. Spiritualists will only aid their task if they fail to help lift humanity from its low environment—an hereditary trait—that it may be prepared to bound upward again to toward celestial ends.

Crown Kilmer, A.R.

THE SUPREME TIME.

To every life there comes a time supreme. One day, one night, one morning, or one
tune, if your water, when allowed to remain undisturbed for twenty-four hours, forms a sediment or has a cloudy appearance, it is evidence that your kidneys and bladder need help.

Swamp-root: When you are suffering from clogged kidneys. Swamp-root has been tested in so many ways, in hospital work, in private practice, among the helpless too poor to purchase relief, and has proved successful that a special arrangement's been made by which all readers of the Light of Truth, who have not already tried it, may have a bottle sent absolutely free by mail.

We'll help all the other organs to health. Well people have healthy kidneys. Your are in no danger of being sick if your kidneys are well.

Your other organs may need help but your kidneys must, because they do most.

If you are sick, begin with your kidneys, because as soon as they are well they will help all the other organs to health.

The treatment of some diseases may be delayed without danger, not so with kidney disease.

Swamp-root is the great medical triumph of the nineteenth century; discovered after years of untiring effort and research by the eminent kidney and bladder specialist, Dr. Kilmer, and has truly wonderful healing action on the kidneys and bladder. It will be found by both men and women just what is needed in all cases of kidney and bladder disorders, lame back, dull pain or ache in the back, gravel, cataract of the bladder, rheuma-

Kidney Trouble Makes You Miserable.

Dr. Kilmer's SWAMP-ROOT is the Great Remedy for Kidney, Bladder and Urinary Acids Troubles.

By Special Arrangement, Every "Light of Truth" Reader, to Prove For Themselves The Wonderful Merits of This Great Discovery, May have a Sample Bottle Sent Absolutely FREE by Mail.

If your water, when allowed to remain undisturbed for twenty-four hours, forms a sediment or has a cloudy appearance, it is evidence that your kidneys and bladder need help.

Swamp-root: When you are suffering from clogged kidneys. Swamp-root has been tested in so many ways, in hospital work, in private practice, among the helpless too poor to purchase relief, and has proved successful that a special arrangement's been made by which all readers of the Light of Truth, who have not already tried it, may have a bottle sent absolutely free by mail.

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Well people have healthy kidneys. Your are in no danger of being sick if your kidneys are well.

Your other organs may need help but your kidneys must, because they do most.

If you are sick, begin with your kidneys, because as soon as they are well they will help all the other organs to health.

The treatment of some diseases may be delayed without danger, not so with kidney disease.

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telling," has been acquitted. The case against Mrs. Virginia Barrett will not be pressed.

The West Side Spiritual society of Grand Rapids, Mich., will hold anniversary services in memory of the advent of Modern Spiritualism, on Sunday, March 26, services commencing at 9 a.m., and continuing through the entire day.

Lyman C. Howe is open for engagements for the spring months, also for the entire season of 1899-1900. Address Mrs. Isa Wilson Kayner will assist the Veteran Spiritualists' Union of Boston, Mass., to celebrate the fifty-first anniversary on March 31.

The Spiritualist society of Galveston, Texas, is striving for a temple and library, and earnestly solicit books from anyone willing to donate. The society will pay the postage or express. Address John W. Ring, 2011 N. Galveston, Texas.

On March 26 E. W. Sprague and wife will have completed a two months' work with the friends in Alliance, O. On that date ... meeting in the church, Mr. and Mrs. Sprague are free for April and May. Home address, 600 East Second St., Jamestown, N. Y.

The Pioneer Spiritual society of Whatcom, Wash., has been organizing with charts from the N. S. A. and the Western Association. J. H. Dupin, president; Mrs. Geo. Merriam, vice-president; L. M. Stoner, secretary; Mrs. W. D. Andrews, superintendent; Mrs. W. J. Chace, treasurer.

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H. Freedman and wife, the Australian healer, will render songs; Mr. Charles Pryor, vocalist; Miss Maud Massey, pianist; and many others will participate, as this date will not interfere with other societies' celebration.

We hope all societies in the city will cooperate and send some representative and many hearts may be made glad by the loving messages voiced through their chosen instruments, and many more workers enlisted for our glorious cause. COR.

On the fifty-first anniversary day in Chicago, the Englewood Spiritual church will hold an all day anniversary service at the church on Ninety-third street, commencing at 10 a.m. Sunday, April 2, with speeches and tests from 1:30 p.m. to 2:30 p.m. by their pastor, Mrs. Lora Holton. Subject, "The Field Reviewed," followed by tests from H. F. Conger, M. D., assisted by Miss Mabel Allingham, violinist; Mrs. C. H. Horne, elocutionist, who will take part. "Little Stella" will give messages through her medium, Mrs. Lora Holton, also Vedette Banas, her musical guide, will give musical life readings, and many others will participate, as this date will not interfere with other societies' celebration. We hope all societies in the city will cooperate and send some representative and many hearts may be made glad by the loving messages voiced through their chosen instruments, and many more workers enlisted for our glorious cause.

The Nature Cure is free from deception in every particular, not one sentence contains a shadow of deception; there is not one comma, period or question mark that might suggest any deception, and the book "The Light of Truth" unhesitatingly indorses this timely work. It is strongly and handsomely bound in cloth for $1.25.

The highest possible attainment of the true physician is to teach prevention, and heal by the use of nature's remedies. The physician can never cure, his office is limited to making the best possible conditions for nature's unseen living forces.

The American Nonconformist is 25 years old and has some of the ablest contributors to its columns. Among them are Hon. John Davis, ex-member of Congress from Kansas; B. O. Flower of Boston, F. J. Van Vorhis of Indiana, Elwood Ponstier of N. J and others.

The Light of Truth is published in forty-five States and Territories. Price 5 cents a year. Send for sample copy.

WILL THE COMING MAN WORSHIP GODS?

H. W. Miller writes: The Progressive Spiritual church of Chicago has been for a few weeks without its pastor, Mr. G. V. Cordingly, who was filling an engagement with two societies in New Orleans with great success. Although the members of the church have labored under great disadvantages through Catholicism, two societies—The First Biala and the Chicago Light and Truth Association—are fairly progressing. During his engagement Mr. Cordingly arranged for Mr. W. H. Miller to take the place of the pastor, and he is doing creditably. On Saturday, Feb. 26th, Dr. Randall's discourses were received with great appreciation. As a teacher we wish to extend a cordial welcome to these worthy workers for their efforts in our behalf. Our church has now a rapid growth and its success is becoming apparent. On Friday, March 31st, a grand jubilee anniversary of Modern Spiritualism will be celebrated at Handel hall, 40 Randolph street. We have had a week night to interfere with the services of any other church, and we invite all societies to join us.

Balcom, after a hard day's work, retired and dreamed that he was taken by a group of Indians to the top of a mountain in Montana, near the border line of British Columbia. The sun was just rising and his guide pointed to a certain spot which was literally covered with gold.

The dream so impressed Balcom that the next day he drew up a map giving the mountains, valleys and rivers as they appeared to him, and the spot where he had seen the gold.

Balcom has never in Montana and knows practically nothing of its surface, yet the map is a perfect reproduction of that section and is pronounced correct by experts, who have inspected there.

Balcom has taken carbon copies of the map and one is in possession of the Pittsburgh and Western railroad.

As soon as Balcom can arrange his affairs and secure the necessary offices, he expects to make a rich strike.

ADVANTAGES OF DIRECT BUYING.

New York, March 2:—Our society visited the eastern cities, with prompt public approval. While the American people are famous all around the world for their business acumen and general aptitude to think out and bring into action new inventions and new methods, we often show a disposition of positive lethargy when it comes to changing so-called fixed principles and methods.

Covers were laid for fourteen, the table and dining room were beautifully decorated with "Old Glory," flowers and mottoes, among which "Camp Black," "Long Live Our Beloved Captain," etc., etc., responded in a quaint and humorous manner. Several toasts were given by other members present. Then the good work for the spiritual as well as the mortal man goes on in Buffalo, N. Y. —Cor.

WILL THE COMING MAN WORSHIP GODS?—By B. F. Underwood. 10 cents.

NEW HYMN SHEETS.

A new Hymn Sheet with all the old songs, and a number of new ones added just published by the Light of Truth Publishing Co.

This new hymn sheet contains 36 Pages and a handsome and appropriate title page.

Prices: 25 cents per 100, 1.00 for 50, 2.00 for 100, 5.00 single copy.

POSTAGE: 40 cents per 100 and proportionately. Express charges vary according to distance.

Light of Truth Publishing Co.
Dear Nieces and Nephews: Before we meet again in our children's hour the 31st of March will have come and gone and will have completed the fifty-first year since the little Fox girls first heard and understood the tiny spirit raps.

The Children's Hour, 6 Delpha Pearl, 36 Hughes St., New York.

"Between the dark and the daylight, 
When the night is just beginning 
Come a pause in the day's occupations 
That is known as the Children's Hour."

(All communications for this Department to be addressed "Aunt Rose," Box 61, Rollin, Mich.)

THE TINY RAPS.

"Dark, dark, O friends!" and a spiritually child
Fifty-one years ago;
"Oh, what in the world is this wonderful thing
That comes to startle us now?"

Some little, strange, mysterious sounds,
That come from over the lea;
What tidings to us can such things bring,
What can their meaning be?

And vocal is all our home here now, Even cupboard and table and chair;
And up in the spirit land!
With a glorious truth to tell!

And how shall we ever the problem solve
Who are the friends so dear
Unless they come in some other form
Their purpose to disclose?

But ah! a querying thought now comes,
The answer to those raps from above
If they might be consciously able to count
In numbers, from one to three.

Then flash the tidings athwart the skies
That heaven and earth are joined,
And all the echoing chimes expand
All over the earth, again and again,
Than the old man does himself. He is the coarsest-dressed scholar in school, and the greatest favorite. Everybody knows just what to expect of him."

"Some little, strange, mysterious sounds, Like echoes from over the lea;
But in the spirit land!
With a glorious truth to tell!"

I mean it.

Hark, hark, O friends! said a sprightly child
To the world we go; 
"Through the world we go;
"Hand in hand with angels,
They who travel heavenward
Never walk alone."

Katie Fox was but nine years of age, Margaret thirteen, when they first heard those mysterious sounds in their parents' country cottage at Deep River, New York, and wondered so much who or what caused them.

You can imagine how disturbed they became when these noises were continued day after day and night after night, without any visible agency, and how much talk and communication it created among their friends and neighbors as it became known abroad. Some of the more ignorant and superstitious even concluded that the little girls were possessed by the "evil one."

But I mean it.

I am sure we enjoy hearing it, for wasn't it every time the angel voices cheer us, Than we deaf will own;

To its

And lo! the response is quick and clear
As the tones of a silver bell:

But having been out a few minutes,
They might be consciously able to count
In numbers, from one to three.

And the response is quick and clear
As the tones of a silver bell:
"Ah, yes, we are here from the spirit world!
With a glorious truth to tell!"

And the told, and the joyous, sweet refrain
It has just every kind,
All over the earth, again and again,
And up in the spirit land.


J. C. F. GRUMBINE'S WORKS.

CLAIRVOYANCE:
A System of Philosophy, Concerning its Law, Nature and Unfolding.
It is a system of inspired teachings concerning Divinity, especially how to unfold the Clairvoyant vision, to pierce the veil of sense, see all things as with the eye of pure and spiritual sight, and to grasped the relation of the spirit world to the physical world and to the human soul.


For the student who has the curiosity to learn the science of Clairvoyance, its spiritual and physical laws, and how to cultivate the faculty to see and hear, and understand and speak to the spirit world, he is the teacher.

The student of Occult, Mysticism, Spiritualism and Theosophy will receive a scientific exposition of the Science of Psychometry. Price $1.00.

PSYCHOMETRY:
Its Science and Law of Unfolding.

For the student of Occult, Mysticism, Spiritualism and Theosophy who desires to learn the science of Psychometry, its spiritual and physical laws, and how to cultivate the faculty to see and hear, and understand and speak to the spirit world, he is the teacher.


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Homoeopathic Medicines

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Dignitary. H. B. Barlow, Pres. N.A.A.

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THE MOST IMPORTANT BOOK OF THE DAY

CEASAR AND JUICE

By Professor GEORGE D. HESSON

This book contains facts about all diseases, physical and mental, at any distance without medicine, curing many cases where medicine has failed. Testimonials from all parts of the United States. G. F. Griswold and William J. Hall recommend it. Send stamp for circular, terms, etc.

IMMORTALITY

In a Quarterly, Mercantile Magazine, edited by J. H. Gieson, President of the College of Physicians of Philadelphia. It is the second of its kind in the White House of Government, and is published at the request and approval of the President. Dr. A. W. H. Swain, President, has named it "The Light of Truth." The words "light of truth" are in gold letters on the cover.

Dr. J. W. Swanson, of Chicago, has its spirit. It teaches the healing art, without medicine, medical and surgical. It contains the average number of one hundred cures and provides men and women.

Dr. W. H. Moore & Co., 1518 E. 10th St., CHEVIOT, OHIO.

LIFE OF TRUTH PUBLISHING CO.

WORKS OF E. D. BABBITT, M. D. LL.D.

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"An imposing volume of nearly 1,000 pages. Shows a great amount of research on the part of the author. Will prove a great acquisition to Scientific Libraries."—N. Y. Herald.

HUMAN CULTURE AND CURE.

To six parts, four parts being already issued. Price for each, postage, 75 cents.

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PART II. Marriage, Sexual Development and Social Upbuilding.

"The usual heavy volumes issued by medical authors do not contain a tithe of the practical information that is included in Dr. Babbit's work."—J. O. Underhill, Chicago.

PART III and IV in one volume, postage, $1.60.

"A resource with great good, including Mental Science, Phon-o-Electro-Nervology, Psychometry, Hypnotism, (explained for the first time), Clairvoyance, Nervous Force, Insanity, etc.

HEALTH AND POWER.

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I should like to say a very great many more things if I had space. I should like to say that developing common tastes is a very great bond between husband and wife. Opinions and principles may widely differ without affecting married happiness, but for really good fellowship tastes must coincide. We must like to do the same things, to go to the same places, like the same people, find the same things funny and the same things interesting, and each must be satisfied with the way in which the other conducts himself or herself in the small propeties of life. For, as I understand living, only the occasional moment finds us on the heights; our days and our years must be spent in the Valley of Commonplace Things—Helens Watson Moody in The March Ladies' Home Journal.

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