

Keeler's

COMMENTS

FILE

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SPIRIT - BODY - MIND



HEALING A CASE

PRE-EXISTING CAUSE

TRUTH - TO - ME

July 1938

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JULY 1938

KEELER'S
COMMENTS

Vol 6 - No. 7

About Applied Christianity, the Victorious Faith, Direct Knowing (Intuition) and the Greater Power of the Spiritual Empire of the Mind.

An unique periodical published by W. FREDERIC KEELER.

For those who wish to know the Truth of the Indwelling Christ.

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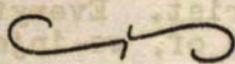
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SPIRIT IS BODY ◊ BODY IS SPIRIT MIND IS BOTH

THE LAST SUPPER

Mark 14:22 - 25 and Matt. 26:26

Jesus said, "Take, eat: this is my body".

Jesus blessed bread, passed it to his disciples and said, "Take, eat: this is my body".

Then he "took the cup, and when he had given thanks, he gave it to them: and they all drank of it. And he said unto them, "This is my blood of the new testament".

The act of eating and calling that which we eat one's body and that which we drink one's blood is a difficult thing to understand except in Truth.

Because of this the early Christians were charged with being cannibals by some, and were dreaded.

Yet the Lord's Last Supper is the one principal rite that is celebrated in all Christian churches.

The only other rite that is strictly laid down in the New Testament is forgotten by most Christians: that of foot washing, and along with it much of Christian humility is also forgotten.

What does this eating of flesh and drinking of blood mean in true Christianity? It means literally that everything in life is one thing. We cannot touch one thing that is not of God and it means and directly points out that even the physical things of this life are of the Christ. Everything is holy. When we partake of bread we partake of, we ingest, we eat and we digest that which is of Christ. We cannot escape Christ. We do not escape Christ. That which we do we do with Him in at-one-ment.

To recognize this is to come into the Christ consciousness. To truly bless the bread is to know that it is of the Christ, a gift of God and a gift that is on earth, of the earth. The same with drink.

In the clearest and most forceful way, both by precept and by word, the truth is taught us that not worldliness but earth-life

is of the one substance, the substance of very God, of the Christ, of Spirit. In Truth there is no difference between Spirit and matter. Jesus teaches that the earth and the bread that comes from it and his flesh ("my body") and our flesh, all each and particular, are of Spirit.

This is the single substance theory of science raised to the single substance Truth of Spirit.

That which we accomplish in Spirit, in the True Mind, in actual thought is accomplished in the body and is accomplished in all things that are real here on earth.

When we eat we think. When we think we actually are eating, accepting and partaking of the things of God and earth. When we eat we are to pray. And this means that when we pray we then do eat.

All things can be accomplished in Spirit by right acts done in this earth life. And this means equally that all things in earth can be accomplished in Spirit and by right thinking. He who recognizes this Truth comes into the Great Power.

We had before the time of Christ been taught that the real spiritual life was to be lived away from the earth, in spite of the earth life and even against life on earth. But complete understanding, the Understanding of Power and of actual life, comes only when we know that there is no struggle between so-called spirit and matter, between Heaven and earth, and that the life of the human being and the earth and the things of the earth are also Spirit. There is but one Life. Worldliness is but a belief in the shams of life and a rejection of the things of the body and mind as being in themselves non-spirit.

It is this Understanding that gives us the power that is in fact the power to heal the body and the circumstances of earth life by means of prayer and the Spirit.

How does Spirit contact the body? The answer is Spirit and life, including true healthy and harmonious physical life, are One.

He who Knows this has the Christian consciousness that applies the Christ teaching to our daily life, the consciousness that heals.



Using Ideas

BY

REV. BETTY IRENE MILLER

Divine Science is a Science of Mind, and the Divine Scientist works in the realm of mind ideas. To arrive then at new understanding, new achievements, the student is concerned first with the necessity of acquiring and using God (new) ideas.

There is never any difficulty about receiving new ideas, for usually more are received than can be recognized. How shall the student learn and catch and use the thoughts that should be retained without getting caught in the mesh of those that are valueless? For many of the thoughts we tolerate are like mice-- they nibble at and eventually destroy our good material (God ideas) and leave behind a mass of debris that is unusable. A precious hour is gone and we have not progressed toward our goal.

The student early discovers that one very good principle of work is this. When a new idea is presented to him, as they constantly are through the Universal-Mind-Stream, he does not attempt to cut down the new idea to fit his present understanding. Instead-- he endeavors to expand his own consciousness of the moment, to the place where he can meet and use the new. For then he can get a fuller inspiration and a greater unfoldment of spiritual knowledge from within.

A second quickly learned principle is to assimilate the newly accepted idea well before trying to give it expression. For when ideas are thoroughly digested, they *really express themselves*. Then the seeming labor attached so often to the expression of every worth while thought is eliminated.

A third principle-- when you sit down to entertain or work with a new, untried idea, do not be constantly watching to see whether the idea loves you and will accommodate itself to you and your pre-conceived whims and fancies. Instead-- inquire of your mind as to whether you love this idea and will work with and accommodate yourself to it. This process of inquiry is much quicker in results and gives more permanent satisfaction. For the thing to be constantly remembered is-- you cannot expect the help or protection of an idea until you have given help and protection to it.

All achievement is first in the realm of ideas. God Mind feeds us constantly with new thoughts, new understanding.

Learning a process, such as this, is valuable, because if we learn and use the principles that will enable us to eat mental food (thought) - satisfying to ourselves, we will in turn, be able to feed others satisfyingly.

We will have learned to obey the command -

- "FEED MY SHEEP" -

JULY 1938

SUBSTITUTING FOR GOD

Do not try to substitute for God, because it is impossible to do so. A wise man never attempts the impossible. Are you the kind of an absolutist who believes that all things are possible, for there really are kinds in the Absolute, there always have been so far as is known and if we are logical we proceed from known to the unknown in order to make the unknown known.

Are there things that cannot be done? There are, because there are things that God cannot do; therefore there are things that you cannot do. He cannot impose upon you nor can He be imposed upon by you. This being true, you cannot impose upon others nor can others impose upon you. You know differently! Perhaps, or do you only mistakenly think that you can impose upon others or that others can impose upon you? May not all this be only a mistaken idea?

Perhaps even you might be mistaken. Perhaps the whole of worldliness that believes this is mistaken.

All imposition may be only a false idea. I know that it is only a false idea. All worldlings are hypnotized into this idea for the motion of world thought consists of (a) prying into another's affairs (b) for the purpose of taking advantage of that other person by (c) any opportunity discoverable.

The process is worded like this by Mr. or Mrs. Pry, "What are you doing?" "Why do you do that way?" "You should do this other (my) way". Then there is a check up afterwards in order to see that these ORDERS by the Pry family are carried out by the personality to be imposed upon.

Sometimes this is done in a mean way and sometimes it is done politely, oh so very politely. Sometimes it is done under the love idea, or for "your own good, dearie" or because No. 2 personality is a "good Christian" or because the No. 1 personality is in need or -- and this is more important -- he thinks he is in need, or because one or the other is a relative, "the blood is stronger than water" idea, but not because Spirit and God's Law are stronger than any other thing.

Now "God is a jealous God". He will not let anyone take His place. And where is the argument? No one can take His place, so why be silly?

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Even the most conceited doer for another's good cannot play Atlas. Atlas is supposed to support the whole world on his shoulders. But he doesn't. All that is a fairy story for children.

Yes, you can play No. 1 or No. 2 personality and under the false belief that you can support in a material or world way this aunt who had plenty and lost (gambled) it all, or this strong backed man who can never find or never held a job or, or . . . Fairy stories all, EXCEPT as a passing thing, a world gesture provided you like it and enjoy doing it. But do you? Have you sufficient capital in Spirit to do it? If you have, do it. But why not go to your Source and find out what God says about it? And do this in prayer first, before you either impose or be imposed upon or "help" another.

Respectfully, your sympathies are not God. Nor is your conceit. Nor is the imposition of others Godliness or any part of Godliness. Nor is their poverty of money nor their poverty of this or that of Him. Divine Law is for them. They have God also and they should be permitted to know this.

If you help (?) others long enough by MATERIAL MEANS they will forget that there is a God and you can set down this one fact: they, those others, will never come to believe in your God-like qualities if you use material means only. They will want and demand more. And you should do better. And do it in their way. Yes, the end of this, if prolonged at all, is disappointment. Why not come out of such illusion first?

No mortal owns you. You own no one. You belong to God. You are under Divine Law. So is that other person. Be content.

The way for you to serve is through living your own life perfectly. The way of service is through prayer. The way to serve is to obey God, not personalities. Why try the impossible forever? It is far better to do something you can do.

We simply have to rise above personalities whether personalities like us to do so or not.

There is compassion from God or from you to others. Compassion compensates. Personal sympathy is only of seeming value and not even that except under compassion.

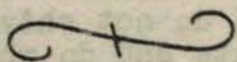
There is Freedom from dependency upon others whether you or others believe it or not.

For every clinging vine there is an oak. But no oak can stand too many vines. Oaks break. Vines do not. The fact is, we are all reeds without God. Why try to play any other part? Let's all be weak, so weak that we will contently place ourselves under Divine Love, because that will equalize all these things.

Worldly schemes will end but not one "jot or title" of the Law of compassion in Stillness-with-God will ever change.

Does this aloofness from personal struggles appear to you to be hard? Very well, you might as well be too hard as too soft. And here we reach Truth-for-all. Mastery is firm, sweet, compassionate. It is neither hard nor soft. Mastery is outwardly Perfect Poise. It is found in the Stillness.

Meditation upon this Truth brings it.



JUST A TALK ABOUT HEALING A CASE

I promised a rather complete discussion of the healing of a given case in this issue.

Theory is one thing, practice is another. Theory prepares, practice perfects. Realization gives us ability. Actualization is the results of the application of Realization. This article relates to practice, to the things I did in this case told in a personal way.

THE CASE: Arthritis. Knotted and enlarged, unsightly finger joints of long standing. Stiff hands. Pain. Some arthritis in other parts of the body. Also "bad eyesight" and slight deafness in left ear.

I kept a very clear record of this case.

In healing it I gave no attention whatever to the finger joints. I did not even think of them except as physical joints upon which I expected results to register. Should they improve that would be outer or physical evidence of healing. I did not heal the joints. I healed the hidden cause of the undesirable condition of the joints.

I proceeded to silently ask "What have you been doing", implying that something is wrong within her that she desires to be corrected and that is to be corrected.

It is to be borne in mind that this is a very personal

description of my procedure in this one case. I am accustomed to deal with two levels of mind in the individual that seem to me to be closely associated. In most cases I immediately come into rapport with these deeper levels within the one I am to treat.

These levels are known in our literature as the subconscious mind and the subliminal mind. But to me they are the mistaken mind (the subconscious) and the helpful or healing mind.

No, I do not use anything like telepathy. I despise it. This rapport is not of a psychic nature. I simply would not be bothered with things psychic. I do not shiver. I merely concentrate but I can easily concentrate and do what I intend to do with my mind, very especially in helping others in healing. And remember that is the one and only desire of my ENTIRE life. I am experienced in it as daily work.

This ability of rapport became completely fixed as an ability upon reading in Mrs. Eddy's and Prentice Mulford's statements that Spirit is equally present in the thinker and the one thought of and all the way between. To me this is real and actual.

At such a time I am earnestly inquiring of the patient (a) what I can do for him and (b) what is wrong, what is going on within. This will only be revealed to me provided my silent intention is strictly a helpful one. At these times I utterly ignore the conscious beliefs and all oral or written statements on the part of the patient.

I expect to find fear, resentment, criticism, or some chronic disturbance. I expect to find that the patient is over-active in fighting life or running away from it or that he (or she) is whipped and discouraged with life. And I find something of the kind immediately and, mark this above all things in this description, I always find a helpful, healing, counteracting strength present beside the trouble which is more or less static or still and rejected within, but in every case healing readiness is always asking to be accepted.

In few words, there is a turmoil within, a struggle of some phase or degree and That Something that will counteract that struggle asking for admittance as a helper. There is a Good, a desirable condition on the one hand and a bad or undesirable condition on the other, but they are not closely related. There is a resistance to the Good. This Good is not being allowed to touch the resistant subconscious mind.

Now how can I bring these two together? I as the healer am only an intermediary.

I will try to explain my mental action in silent words but it is all above words and the so-called thought procedure runs along

rapidly like lightening. First I always slow down this rapidity so far as possible in order to witness what occurs, else it would be but flashes of intuition instead of intuition that is easy to read. You will realize that I am trying to describe a wordless action with words.

I silently enter into conversation with this hidden level of the patient's struggle. This inner struggle corresponds with the patient's past (seldom the present) struggles with the world. It is a condensation of the sufferer's struggles in life.

I silently inquire in this case, "Is this fight?" What is my answer? The answer is "Yes". "Much fear here?" "No". "Will you give up fighting?" "No". How vigorous is that "No"! Answer:- "I cannot give it up?" "Should you stop fighting?" "Yes, I should".

I now know much about the case. This person has reached a degree of fear that is a fighting back. It is rather deep in degree because of the "I cannot give it up". But some healing is already going on within because of the answer "I know I should stop fighting".

All this time I am reading the case as a case -- that is, the struggle that is going on within, which struggle is the cause of the arthritis. It is the corresponding sin.

My conclusion is that the case is not as serious as most cases of arthritis are. I immediately inform the patient that given some opportunity, by that I mean time to treat, the treatment will probably heal her.

All this might be called intuitive impression. I call it that.

I now proceed to pray for her and to get answers to prayer. I am thinking of my patient. I take my patient to God in prayer. I give this patient and particularly this struggle that is within, or that appears to be within her (I personally believe it is there and I know it is for all practical purposes of healing so far as I am concerned), to the Lord. I ask Him in prayer, "Will You accept this case? Will You give her Your Love and Care?" I ask until I get an answer. Sometimes it takes days and many treatments to get this Higher Consent but in this case the answer was immediately "Yes". I call it The Consent. To win the Higher Consent is to heal the condition. Sometimes a consent appears to come directly from the patient. Very well, it is known to me as the sure promise that healing action is taking place. There is an inner conversion to Truth and that means healing.

I repeat this day after day. I find that these intercessions for her run along smoothly each time. This means that there is going to be a complete healing in this case. But I find that I have to begin at the very beginning and go over it all very

painstakingly each time. This means that there will be no instantaneous healing. It will take time but I will win.

I write letters and correspond with her (my patient) but the letter writing amounts to nothing as to the actual healing except that I can honestly encourage her, and I do so.

The treatment starts March 30th (never mind the year, I am doing these things every day).

Report from her April 28, end of first month: She says, "First week or so much worse. Then for a few days a little better, then worse. Think I am better. Have hopes".

Then May 15th: "I am much better. My finger joints are not as stiff as they were a few weeks ago. Eyes give trouble yet. Hearing a little better".

But she did not believe it could be done. How could the size of the joints become smaller? The doctors say it is a stone-like deposit, etc., etc.

Now I sense a greater struggle. She resisted more than ever interiorly and wanted to argue the matter by letter. "There should be quicker results. The teaching is that healing should be perfect. Isn't Spirit perfect, why should it take time, etc."

Of course I know that the doctors say that such a trouble cannot be healed. She knew this too and the doctors charge ten or more dollars where I charge one (if either of us, the doctor or I, get it). But people do not like to wait for a healer. Sore, stiff knuckles and hands for years. Pray for me, heal me, do it now. Hurry did much to bring the trouble. Hurry will not heal it. Right thought-prayer will heal it.

But I knew that this report was the surface indication of the last struggle going on within. I knew that it was such a real struggle that it would not and could not last. My prayers as such were bringing the finest response. When I feel from above that there is to be a healing there will be a healing. But I am honest with myself and I get my answers from above, from a Superior Source. I never read my opinions or my desires as answer-to-prayer. I have no opinions when healing, I am dealing with inner actualities.

Report of May 30th: "I believe my finger joints are smaller, and my fingers are much more supple. One of my troubles seems to be constipation, will you treat for that?"

I am treating away one day soon after this report when I find complete release from further treatment, Try as I would I could treat no more. There was nothing to do. All the struggle had departed.

JULY 1938

Report of June 30th: "My hands are so much better, scarcely no pain and I can use them in sewing, something I have not been able to do for some time. I do not want my money back, I am perfectly satisfied".

I had offered her money back when she complained. I try never to argue with a patient. If a patient starts to quarrel (remember they are sick people) I quit cold. I am busy healing, I have no time to beg, explain forever, or quarrel. Get well or I will give my time to someone else. God asks me to heal. There are others. The world law of get more by fault finding does not move me. I heal by appreciating God's Goodness. If others will not appreciate or if I am unable to APPRECIATE SUFFICIENTLY TO BRING THEIR HEALING, I can add nothing by resentment. It is resentment deepened to the degree of fight that I healed in this case. The enlarged knuckles healed themselves. The healing Law heals. It is my part to apply it.

The healing occurs within and the body registers that healing afterwards.

I have had cases where healing was asked one day and occurred so quickly I have been asked to send the fee back as they were not sick in the first place. There is nothing so well as a well person. They had been mistaken. The fee is returned. It always is upon request. But I get it first else -- Well, when a person is well he is well, is he not? He is!

July 16th: "I am still improving. My hands only feel tender and sore when I first get up in the morning and this soon passes off and I feel it no more until next morning. My shoulder joints also much improved".

I test out the treatment every day and find that all is clear.

I then treat for clearness for the future and have, feel, good response. I try to find any possibility of a relapse. I find none.

Yes, I dig disease up from where it may be accursedly buried. I am not afraid of sin or disease. To recognize it is to uncover it and is of itself healing. No, I never use denial. I use Healing. There is plenty of it and it is the first desire of God. I use it in His name. All this consists of dealing with life at first hand. It is direct thinking.

Report of Sept. 29th: I am so happy to tell you my hands seem entirely well, the joints are back to normal and I have perfect use of my fingers. My general health is improved in every way. No one can realize what such a healing as this means, without experiencing it".

I had discontinued her case the first of August. The healing perfected itself.

October 12th: She said, "Mr. Keeler you may use any of my statements you wish. I would be ungrateful indeed to refuse if by so doing I would miss a chance to help someone who was suffering from arthritis. I will advise you at the end of six months as to my condition".

But when a person is well, why bother? I am the one that is thankful. I like to win.

But think of it! I ask God and He responds. Could there be any greater satisfaction in life? Well, may be. He lets me go along an ordinary human being helping me as well as others over the bumps that sometimes come along.

I did not picture or imagine unswollen hands. I kept in the Presence. I looked upon the case while holding to the Truth. I asked God. I asked the patient to accept interiorly. I know nothing of assertion or dominance in healing. I reached a clear Decision in Truth for this patient, that is, in the patient's name. I kept my actions upon the Spiritual plane free from world thought. I uncovered the secret cause secretly. These things all contain the how of healing. It becomes habitual. I hope you will let it become so with you. Work at it, that is how to learn to do things, any thing.



A PRAYER

DEAR LORD, FOR THESE THREE THINGS I PRAY:

TO KNOW THEE MORE CLEARLY,

TO LOVE THEE MORE DEARLY,

TO FOLLOW THEE MORE NEARLY,

EVERY DAY. AMEN

PRE-EXISTING CAUSE IS CAUSE

"You say that disease comes from within, that it arises from a hidden mental correspondence of sin. There is evident truth in this but what about children that are born diseased?"

Applied Metaphysical Truth takes the clearly worded stand that is contained in this question, and it is a good question. There is a hidden correspondence as cause of every disease, defeat or lack.

Mrs. Eddy teaches very clearly, as I understand her, that parents reflect diseases upon children. Anyway, I believe that this is true in many cases.

Suppose the mother or grandmother in a household of which a young child is a part has worried and silently resisted and antagonized others or has been antagonized by them (which is exactly the same thing in metaphysical diagnosis) for years upon years yet she (the cause) is so constituted that the disease does not register upon her own body. Such a case can register upon a child near to her in her silent life.

To illustrate: The family quarrel, including even polite fighting, mornings at the breakfast table. A sensitive child sits through it all day by day. The fighters are tough fighters. That is, they like it. They have inured themselves to it. The child shakes and fears and does not understand. A disease is very liable to register seriously upon that child's body but not to much extent upon the fight loving fighters. Personally I am certain that family fights sometimes kill innocent bystanding members of the family, especially children. That is one reason why it is wrong to live in marriage bondage. All bondage is wrong. Marriage is love, not antagonism.

But in any case: Is that child or any diseased child metaphysically innocent? The answer is "No". Physical disease is an evidence of sin in the individual.

I simply make no attempt to understand life on the basis that all life is lived on this earth during this time we are on this earth.

Is this earth greater than Spirit? Is God and all Universal

Law confined to this very small planet, one of the smallest bodies in our sun cosmos, itself including the sun, one of the smallest of all the many suns and cosmoses of the present man-known universe.

Materialist, you positively cannot confine all Law and Order to YOUR PRESENT LIFE here on earth.

Egotist, the universe and God's Law are larger than all YOUR life.

You expect to live after this life, at least you hope to do so. Well then, you lived before this life. There is no end to infinity. The Infinite did not begin with your birth, even if you regard yourself as being so important that you congratulate your mother upon YOUR birthday. She was here first and God and His Law were here before her.

There is no end, therefore there is no beginning. A beginning would be an end. If you believe in the future you believe in the past whether you admit it or not.

You lived before. You did things before. There is a Law. You are, under God, the result of what you did. If you accepted His forgiveness before you came here, you came here clean. Otherwise you may have come diseased.

This idea of former existence does not include nor deny the presumptions of theosophy nor the Hindu philosophies. It is the doctrine of Eternal Life, without an illogical prejudice against it. Because of this Jesus was asked by those who in his time to this truth for granted, "Was this man born blind for something he HAD done?" "Had done", before being born.

One cannot get away from one's self. This has never been done and never will be done. And God's Law is eternally with you. It will always be Now. This is the time to use His Law, Your Law, and be done with ALL the uncouth things of ALL the past.

Work it out. Worry it out. Fight it all or accept God's Loving Forgiveness now. We all have plenty of time, endless time, but why suffer and struggle through all that time. There is no struggle in heaven, and heaven is here; if not, where is it? live in that which was, or wait to live in that which is going to be. All the good power of the Universe is here. The earth-life is no exception to the Law. It contains the best for those who have faith to lift their eyes above their own and other people's difficulties and believe in something above defeat. It is all very simple but none of it is small or picayune, all belief to the contrary notwithstanding against the Eternal Law.

.....
The first letter I read after writing the above inquires

about a young child having a cold again. This child has colds often. It has just had its tonsils out. "I thought surely that the irritation would be removed after the tonsils and adenoids were taken out" says the mother and "I watch her so closely that it rather upsets me. There is something the matter with her nose". Just so, mother, take your choice between surgeons and Truth. Colds come from "upsets", babies' colds from mothers' "upsets" and you cannot cut those kinds of "upsets" out of a nose with a knife. I will treat you for this cold and those colds, and that will heal the baby. This is common metaphysical practice.



Some Truth-To-Me

I take the stand that P. P. Quimby's son George takes about Mrs. Eddy -- that is, that Mrs. Eddy's book and her Christian Science Church are her very own. I have no controversy with Christian Science. I have too much respect for a body of people who dare not only to have a Christian belief that is not copy-cattng the orthodox churches and who, moreover, have straightforward common sense enough to organize their own church and group and to proceed about their own affairs in the good strong manner in which they have done.

One thing they have done for the whole world. They have made the letters C. S. after a name indicate an individual who has character and dependability as well as ability to heal the sick. The C. S. Church has brought the respect of all to their belief and to their practitioners. They stand admirably united in Christian strength with no apology to anyone.

But I do not accept the teachings of Christian Science, much as I admire their stand, or I would be a Scientist provided they permitted, for not every one can become a member with them and carry into their sanctuary and halls of learning any and every wild idea that may be cooked up.

But in the so-called Truth Movement, the Whatever Movement, everything is acceptable, ostensibly at least.

You see, our "Truth" is Universal. Everything goes. But it doesn't. The Universal in one Center or Church or Group is not the "Universal" in another. One will teach that form of Hinduism which decries healing because it will interfere with karma. It seems that Jesus was so ignorant, according to this particular "Universal Truth" that he, Jesus, is all wrong about God's Goodness

and Forgiving Love being greater than karma, and that their god karma just simply must not be interfered with by any Good whatever. People must suffer. Personally I believe that a most destructive doctrine. I say that God's Good overcomes all karma and even Buddha teaches also that the Great Law of Good is Supreme.

And there is a book much read by our people "in the Truth" which advocates that one submit to an induced state of concentration in which he is to imagine there is a hole in his brain and that he must fill that hole with a "Thousand Petalled Lotus". He further compounds and confounds his mixture of Occultism, Hinduism and modern anatomy by saying that this lotus is "at the spot" where the pineal gland is located. He says by doing this you can "bring sleep upon the eyes of the multitude". What a noble achievement, put the multitude to sleep! I suppose that will save their souls. He may be right about putting them to sleep -- any multitude that believes such trash as this is already asleep so far as having common sense is concerned.

Suppose you were spending your whole life preaching the Gospel and healing the sick according to the specific injunction of Jesus Christ and you related yourself with the healing movement of America known as the New Thought-Divine Science-Unity-Truth-Healing Christ Movement. You travel from one Center or teaching place to another with your teaching or you are invited to speak at these places since they are open to the Universal Message. Quite often, year after year, you would meet some surprising "universal" conditions, so-called.

A rather recent one in no way extraordinary ran like this.

I was invited to give the talk or sermon at the Sunday morning services. These people knew just what I teach. I quoted the Bible with more than usual thoroughness. I plainly preached Christian Healing, quoting only what Jesus said, taking his words from a red letter Bible (His words being printed in red). I said nothing about, or against, any phase of occultism, nothing about the few present day anti-Christis who infect the large fringe of our Movement, but I did "bear down" for plain simply Christianity. The last moment on the Saturday preceeding the next Sunday morning when I was to speak again I received a short curt letter from the President of the Board saying that I must not speak against other beliefs, that the message at their Center (one which uses the Christian name) was the Universal message.

As I had taken particular pains not to speak disparingly of any other teaching, this was an utterly false charge. Of course I did not speak the following Sunday which left me in the light of not fulfilling my obligation before the public to complete an announced course. Months afterwards the facts came out just as I knew them intuitively.

Officers of this Christian institution and some others chose

to think that I was saying something against a certain teaching that is being quite largely accepted by our Christian Universal take-it-all-in Thought, which teaching is to the effect that Jesus has appeared in a cave before a special sainted "messenger" and that he, Jesus, brought along with him a middle aged mountebank character by the name of St. Germain. This teacher states plainly in his widely read books published by a metaphysical publishing house that this St. Germain must be accepted along with Jesus Christ as an equal.

This great teacher is really great, he is more than great. He says so himself and he proves it. He saved the entire Pacific Coast from slipping into the ocean and, see, the coast is here yet. What more proof of his special power granted by special dispensation could anyone want? Of course the fact that it has always been here need not count against any such loud claim.

Well, I do not accept any such stuff-and-nonsense and I think that I have the ability to say so although I have not said so before and I receive inquiries about this particular teaching every week. There is such a thing as being so "constructive" and so "universal" that one can readily be made to appear to be teaching anti-Christ. I shall not be placed in any such light. My universal message leaves all anti-christianity out and places simple primitive Christianity in. Think of it, a universal message with Christianity excluded!

Is there no frontier to decency? Does a man have to see Truth struck down in the minds of the gaping crowd and assume a mis-called constructive goodness to the extent that he appears, because of his silence, to recommend and so violate his own soul as well as that of common Christian decency?

I do not care what people believe. I teach that each individual is free and that he should follow his own inner Leading. But I, also, am free to set forth my convictions.

Let me state the whole truth. This same Center is highly respected in its community. Its actual leader's work is of the cleanest, highest, most true Christian kind.

I tell you, my friends, in Truth we are so unorganized, we as a people are so liberal and so deterioratingly inclusive that we have denied ourselves all distinctiveness before the public and are consequently almost without voice in the land. But perhaps that is just as well, for certainly the public cannot tell what all this is about. The public is confused about us. Our students are confused. At our conventions they hear so many absolute and obsolete Truths (?) that they go about inquiring of the teachers why does this one say this and the other one say that.

This is a confession on my part. After a lifetime in healing I do not know what is believed or what is taught in the name of

spiritual healing. I consider it to be largely a conglomeration of some beautiful and some conflicting "thoughts", but that the very Spirit of God has given us some distinction in spite of a body of teachers, some of whom are so afraid of organization and of standards and written code that this teaching which was set forth by Quimby over eighty years ago and which could have been one of the greatest forces of Peace and Strength in the world today, is liable to wash out in some form of a puttering phantasy.

I advise students to study Quimby and particularly his unassuming clean personality and his forthright trueness as well as his message, to study the older first teachers such as the Van Eps, to select their reading matter carefully for we have a large, clean and beautiful literature bearing distinctive marks that is entirely free from all this self-vaunted fringe of heathenism

I shall later list some books but will say now that I advocate the works of Judge Thomas Troward. First the Bible and what Jesus says in the Bible. The interpretation of Applied Christianity as P. P. Quimby gives it. Ralph Waldo Emerson's Essays, not only as beautiful literature but as a setting forth of a theory of life that can be applied in healing the woes of every individual. Then Troward's books, all of them. Go back also to our early teachers. And leave out every teacher of any kind who tries to tell you that he or she has a special dispensation from God. The Universal message is that message which is not a personal message. No one is better than you, just as good but no better, and none more loved of God than you.

THAT IS SPIRITUAL WHICH IS UTTERLY FREE FROM ALL PERSONALITIES AND FROM ALL SUBJECTION TO PERSONS OR TO MATTER. This is a clear definition and true, and it never entraps a soul.

Quimby followers never compare him with "the great philosophers or with Jesus". He never permitted himself to be known in any way except as a lover of Truth. He talked his truth everywhere in a most natural and normal manner. He was quietly enthusiastic. He wrote of his discovery and his findings first in his Questions and Answers (1862) and these were passed about among his patients.

He taught for years in a conversational manner. He would heal and he would explain his cases and would read from the Bible as his text. Dresser says that his "followers were remarkably free from all hero worship".

"His work and teachings were both like and unlike the teachings and work of his later followers". All this is just what I have been saying above.

One marked distinction of his teachings has not been followed. It is this: "He undoubtedly possessed greater intuition and greater healing power than the therapists who have come after him".

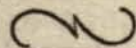
Why has the use of intuition and answer to prayer at the time

of giving a treatment been unrecognized by our practitioners? I will tell you why. It is because our practitioners and teachers are filled with extraneous beliefs about psychism and are so afraid of the realities and of the Guidance of God directly within their own minds that they have not permitted themselves to accept the wholeness of Spirit. They have been side-tracked by spiritualism, occultism, and forty other "isms". They have become so universal in their own conceits that they dare not read the word of God in their own souls. They had better go back to Quimby whose "patients tell us that he had remarkable insight into the character of the sick". Quimby understood his cases thoroughly "at the first sitting".

I tell you that the real teaching of how to heal a case, and all cases, comes from within. We learn healing through prayer while making earnest IMPERSONAL effort to heal. We have too much psychic and too much meta physic. We need more Christ-like faith and Christ-like knowing. Healing is not a matter of the rattling of some man-made affirmations. It is a very simple process. It rests upon genuine intent under God. It does not rest upon personal opinion under world hurry.

Anyone can pray. Anyone can heal if he will only simplify, do as Jesus instructs and be genuine and not permit the bullying mind of worldliness to enter into the process at all.

Forget your "isms" and your self-patented ideas and get down to your cases in Christian prayer and you will receive plenty of inner strength and interior aid to help you do God's Work, which is the first business of man on this earth.



CORRESPONDENCES

The first correspondences discovered by Quimby were those of lack of the ability to satisfactorily solve problems that arose in the minds of Bible readers. Continued unrest about important subjects result in physical troubles.

Later some French scientists independently discovered that the shock of witnessing a serious accident caused a paralysis that had resisted all medical efforts; nevertheless it responded to the removal of that shock picture from the mind and became entirely healed.

The fact that resistances, jealousies, and pent-up emotionalisms injure one bodily is read often in the popular magazines and newspapers today. Science Service in a newspaper of June 8th says:

"Hostility suppressed for years like a boiling volcano which never erupts is the fundamental cause of the malignant high blood pressure for which no physical cause has ever been found, Drs. Franz Alexander and Leon J. Saul of the Institute of Psychoanalysis in Chicago told members of the American Psychiatric Association here (San Francisco) today", and cites the case of often "getting mad at the boss" as a common cause.

Keeping facts such as these in mind, perhaps you can understand how it is that in late practice I have

HEALED	BY TREATING AND REMOVING
1. A pain in the back	a hatred of a relative of years standing.
2. A constant nervous depression	An habitual jealousy that appeared rather soon after making new acquaintances.
3. Asthma	Getting rid of the false belief of being over-worked.
4. The need of a job, securing one	Removing an ever ready temper.
5. Sold a house	Healing desperation.
6. Eczema	Removing the pressure of school studies; the pressure, not the studies.

What did I do when treating? Of what did the treatment consist?

Case Number One: I brought before the patient, whom I held in Mind, the Truth, the Principle that there need never be over-activity because an interior over-activity is often present where there is pain. I soon found mention of a hatred in a letter. I healed that by silently offering God's Freedom. The report soon came "no more pain".

Case Number Two: Unworded jealousy was everywhere apparent throughout the reports of this patient (of course the patient was not jealous. No, of course not). I treated that one thing. By the way, to outwardly charge such a person with being jealous would heal nothing whatever. Their self protective denial of all jealousy would only further deepen the cause of the disease.

We do not correct people. We heal them. We never judge. Thi

is a great point in healing. If, however, one is treating one's self one must recognize and confess, to one's self or silently to God, such jealousy. "Thy sins be forgiven thee".

Case Number Three: I found it difficult to get Peace when I brought the idea of fear before me FOR THIS PATIENT. When all reaction to fear disappeared a mild sense of burden remained. When I could no longer add burden to Peace and it was all Peace within, the asthma disappeared. The patient talked of overwork, just incidentally of course.

Case Number Four: Right away I was impressed to stop an active fight. Temper is fight. One cannot get a job from the world by fighting the world. How did I stop the fight? By praying for Peace FOR THIS PATIENT. The patient said that I attracted the job by getting in the right vibration. Sorry, but I didn't vibrate. I prayed. The patient noticed that his bad temper grew less. Well, vibration or no vibration, it will continue to grow less.

Case Number Five: I let that house go. "We have to sell it. . . a dear old family home . . . why doesn't it sell?" They wanted it to go, not to go, to go. I let it go. No, it was not my old family home. They wanted it to go. I let it go FOR THEM. I did this silently. I first brought the entire case out of the world over into the Silence.

Case Number Six: Beg pardon, but I held strictly and while at ease that the body, mind and soul was more valuable to him or to his parents than all the schools on earth. You see, one has to have a body, mind and soul in order to go to school in the first place. Some people, nice people too, seem not to think of that. "Our family, you know, are all educated". Well, one of them will not have eczema anyway. But how did I know that the pressure of study caused eczema? Experience. I suspected. I treated. Result. I learn that way. I seek the INTERIOR cause. I apply the Remedy of Spiritual Principle.

~

LESSONS

The NEW LESSONS are on various subjects but will deal principally with the Presence, applying the spiritual Fruits of the Presence by Onlooking in Stillness: Of Forgiveness to the degree of Healing: Of Totalizing the problems of the world with the Principles of Spirit to bring the result of mastery and adjustment: Of uncovering the interior cause by Inner Insight and so exposing it to the Light. All very real, simple methods.

~

A CHAT ABOUT FEES

Since trying unsuccessfully to live as a practitioner of Christian Healing for about eight years on free-will offerings, I have had a regular fee during the last thirty years. I thoroughly believe that a practitioner is entitled to monetary consideration for his work. He treats for adjustment. Therefore, I believe that there should be an adjustment with him about his work for adjustment in the lives of those he serves.

I first consider each case without a fee for doing so, and I give some test treatments.

I write frankly about these cases and I accept them for treatment, provided my leading is that I can be of real service.

The fee for a case, after being agreed upon, is from five to ten dollars a month, not more.

I give intuitive advice to all whom I treat, but not to others. My Guidance for others is dedicated to Christian Healing.

I never send bills.

In every case I always return the last two months' fees if the service has not proved satisfactory either to the patient or to myself. I have always done this.

I find that this gives both parties an opportunity to know what we are doing and it insures to me the fact that my healing work rests upon a basis of good results, otherwise I could not have continued all these years.

I am serving four persons this week (of June 12th) whom I served thirty years ago. It is a steady, established and practical service, although many troubles are healed instantaneously.



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COMMENTS

ON

FILE IDENTITY

A BIBLE LESSON

QUESTIONS & ANSWERS

THE HEALING OF HATE



OCTOBER 1938

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HEALTHY COMMENTS

About Applied Christianity, the Victorious Faith, Direct Knowing (Intuition) and the Greater Power of the Spiritual Empire of the Mind.

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SAN DIEGO, CALIFORNIA

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I never divulge names of my correspondents for any purpose whatever nor to anyone under any circumstances nor anything considered in those letters.

Every letter is strictly personal. I dictate it. I use no forms nor printed set "readings".

2

THE HEALING OF HATE CURES STOMACH TROUBLE

"An experiment on the effects of emotions upon stomach trouble":- "Patient No. 1 - Every morning he vomited on awakening and suffered agonizing pains in his mid-section most of the day." "None could help him." Operated upon his gall bladder. was found to be in excellent health. "Operated upon for stomach ulcers." Stomach "tense" and "intact".

"His trouble started twenty years earlier, just after his wife left him." "Before long he had nightmares of hate and revenge."

"Think of it! A wrecked life, twenty years of agony and two operations -- for hate".

He was cured because, as he at first said, "That muddle-headed nincompoop thinks he can talk me out of my stomach trouble."

Sounds like Truth treatment, doesn't it? But it isn't. It is a report by Matthew N. Chappell, Ph.D., a psychiatrist of Columbia University.

It is all exactly what P. P. Quimby discovered, practiced and taught seventy-two years ago, and what Jesus Christ taught 1900 years ago.

"A girl underwent an appendectomy but a perfectly normal appendix was discovered. Psychiatric examination disclosed the pain and symptoms, exactly those of appendicitis, arose from the girl's intense fear of being alone and of walking in the dark".

"An unmarried woman exhibited symptoms of high blood pressure so extreme that she appeared near death on three occasions during her first week in the hospital. She was later found to be physically sound. The disease symptoms arose from unconscious resentment of the fact that she had to take care of her aging parents for many years, sacrificing her own plans for her future."

The above two cases were described to the American Psychiatric Association by Dr. Theodore P. Wolfe of New York City.

"Fear and worry and inherited weak nerves cause half the cases of 'stomach trouble'. In fifty percent of indigestion cases the specialist can discover nothing wrong with the digestive tract."
--Walter C. Alvaraz, M.D., Mayo Clinic, Rochester, Minn., in Hygeia Magazine.

Note that this resentment on the daughter's part was UNCONSCIOUS, but that she SACRIFICED herself.

Oh no, there is nothing in religion that saves, some say; but it seems there is something in hatred, fear and sacrifice that kills, others say. Well, life or death is a matter of choice, as I see it. The daughter, the father, the friend do not do as the chooser wishes; or finances are not what they should be; besides the country is going to the dogs, it always has been going to the dogs.

"If I cannot have things go just as I choose and as I demand they should go, there is no use in living", these people who have bound themselves out to live in terms of world personality say in effect silently to themselves; whereupon slow extermination sets in for them, for these demanders of persons, these demanders of mortal fulfillment. Life slips away simply because life is not chosen. Peace is not requested. The soul of things is denied. "I will have it my way or not at all" is lived in the heart and they who choose thusly win; such individuals have their way and that way is "not at all".

The mind is a power, a power of life and death. When the mind subjects itself to and constantly relates its thoughts to the Principles of Life that mind and its body thrive.

The first law of God is Survival here or hereafter. That law is never defeated. Why, then, worry about the things of mortality?

The first law of nature is survival. Why, then, do we not concern ourselves with things of life, with forward going things and mind our own business of living instead of cutting off our God-given Freedom?

We cannot injure others by silent thought. I tell you the

first law is survival, self-protection. We are unconsciously protected from all except ourselves. To deny for others is to deny for ourselves. Jesus knew. The Living Christ that Indwells knows. Take your desires off others except for their greater Joy. Take your thoughts off yourselves and give them to God. Surely you must realize that if you give your thoughts to God those thoughts cannot injure you.

Some day if you are big enough, if you have faith enough, if you have sufficient mental or soul cleanliness you will give that crying babe the other woman holds, or that feverish child on the sick cot to God whole and well by means of your silent prayer and so win the demonstration of a true healing not only before your eyes but within your soul and then, and I believe not until then, you will know not only what it is to live but you will know what it is to live with very God in Spirit and at the same time to be a master of life here on earth. Think of it! Would you then dare to snivel and hate and to beg of personalities and trick yourself out of happiness and health trying to dominate and rule others instead of letting God Our Father love and save you?

Jesus was the last sacrifice. You have nothing to sacrifice except the last vestige of smallness that you can find within yourself, and you had best be seeking God's Goodness for yourself instead of exposing yourself to your own condemnation, for there is no other condemnation than self-condemnation. You cannot condemn others, but only yourself, for the Law is God's Law and He condemns no one. God shall not be maligned, He forever saves.

That daughter in the case quoted above was not serving her mother. She was ruining herself, a thing she has no right to do. She belongs to God as much as does her mother.

We are to master circumstances, not to submit to them. Sacrifice is the negative opposite of mastery.

But what should this daughter do in this case? She should pray to God. Always in utter simplicity pray to God. Never be ashamed to take your problem silently to Our Father. He is the Knower. He has placed the Christ, the Comforter within you, with the entire universe subject to your call. "Ask", I tell you. "Ask" and you will be answered, as the Christ teaches you. Or do you know better

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Are you so great that your opinion fills the Universe and blots all else out? Or are you out? Do you think that the Lord made a special Law which exempts you from all Law, leaving you and your troubles outside of it?

Forget YOUR troubles. You may be mistaken, even you. And God's Law may be right and righteous. Why not accept Faith? A moment's thought should convince you that doubt cannot survive; why try to survive by means of it?

The silent change of heart to the acceptance of God rejuvenates and renews. It saves others, body and soul, as well as yourself.

When you hate that woman's hat you hate the God of that woman, and your God. There is only one God.

Learn these words. Then learn the sentiment that they represent. Then in your heart live as you value a real and joyous life this statement as Truth -- say it, think it, give it, live it -- "Peace be unto you".

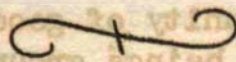
What shall I say, what shall I do in my extremity or in my Joy, at all times -- what shall I do?

Give your Peace to God and to the world, and to each particular person or event that comes before you. Give God's Peace if you think you have none.

Your sins return to you! But in single fold. God's Peace returns to you a thousand fold.



"There are three parts in truth; first, the inquiry, which is the wooing of it; secondly, the knowledge of it, which is the presence of it; and thirdly, the belief, which is the enjoyment of it." --Bacon.



IDENTITY

I am working for the increase of the public acknowledgement of the therapeutic powers of Christianity. I think that those of us who have come to know of this great healing value should openly and outspokenly acknowledge the Christ as the Healer. To be ashamed of this Truth from which we expect and receive so much is to me unconceivable. We owe fealty to Christianity and to its healing and helpful power. The idea of attempting to accept Christ without accepting the healing and completely redeeming Christ is ridiculous. No, this may not be popular but are we to prefer popularity to Principle? Can we expect to live according to "what people think" to the exclusion of the very fundamentals of Being? Unless we forever expect to be ordinary we must step forward out of the ranks of the commonplace. People who dare to think for themselves, free from public commonage and pliant to progress, are respected these days more than ever before. Charm in the individual lies in his daring to be himself and in his trueness to his own convictions. To admit being without convictions is but a statement of cowardice. Our only gift-value to others is our Best Self, and Best never shrinks, shirks or avoids.

Groups are as distinguishable by their characters as a group as are individuals. Why is it that New Thought-Divine Science-Truth has been content to be only an influence upon the thought of the world as an Infinite Idea or a universal aim instead of a definite nameable group with a clearly defined and acknowledged purpose?

From the earliest times of New Thought conventions many of the best "leaders of the movement withdrew from active connection", to quote the "History of New Thought", because the meetings were generalities open to whoever cared to promulgate their private opinions or their personal concepts of religion or the unity of good.

Of course, there is a unity of good. Equally there is such a thing as the unity of human beings grouped to set forth the truths of the great good of unitive actions. There is no law, high or low

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against a community of persons gathering together in fellowship for the purpose of mutual aid in good purpose.

To define one thing is not to limit all things. If I walk up "G" Street alone it does not affect Principle; and if I walk down "G" Street with ten others, Principle and the Great Good will still be the same. I can even sit down with fifty others, in a home or a temple on "G" Street or on any other street, and God will not be offended; nor will He be offended if that fifty praise Him and His Works with better understanding because of their brotherly gathering.

What is all this cheap talk against organization anyway? Cast your eye about. What do you see? You see organized objects. Every stone consists of organized particles. The stars are organized. True thought is organized. Chaos and distance between the individuals who know the values of the practical application of Truth contribute nothing to progress or understanding. The cheap statement that all organizations die proves nothing. Like everything that dies, they die to live. Your body is an organization, should you for that reason deny it and refuse its sustenance? You can further the organization of your body for its perpetuity. You can organize your friends, your neighbors and the friends of Truth for the glory of God, if you will, but you cannot sing death and denial about the propagation of Truth and in doing so preserve either it or yourselves.

It is time we learn that no life is aloof, that criticism and isolation contribute only to destruction, that man is gregarious and cannot and does not live alone.

Vagueness is no contribution to Truth. The entire power of Truth comes from proper identification with Truth and in Truth. God is an Identity. Who are you, either person or group, that think you can survive without identity?

What are we? We are a characteristic form of American thought and action. We are not a science, a philosophy or a religion, neither one alone nor either of these as directed against the other. We represent a unity of science, philosophy and religion with the virtues of all, always constructive and beneficent and interpretable by every true primitive Christian doctrine and by every precept in the life of Jesus the Christ.

We should stand forth and say so without quibbling. Of what

are we afraid? Are we to take steps backward in order to go forward? Are we to forever remain an undefinable mob, even "for good"? Are we to be wanders by the wayside while others ride the roads of progress? Are we to raise our children according to artificial theologies in other people's churches of tradition and afterward "rescue them to Truth"? Are we to believe that consistency is outside the domain of Truth?

The absurdity of this confused upon confusion idea was brought forcefully home to me when I first issued my magazine the "Christian Victory". Its name was the only objection ever made against it except by one person. This one person objected to the fact that I stated that I believed in America. Of all things, what could be more ridiculous? I an American believe in America! Nice people!

But this other objection was worse and there was plenty of it. Many of "our Centers" where I sent it forth for sale thought it would not sell on account of its being named "Christian", many individuals did not like the name Christian.

And let me here recall that in all my years of travel visiting various Centers and metaphysical Libraries and Headquarters of activities in our work I have never seen the Bible on display for ready reference, or any other kind of reference for the use of the public in any of them with one exception.

What are we supposed to be, anyway? Are we a flock of shepherded sheep? Or is each lamb to wander solo? Or would it really be wrong for these sheep to be in a flock? Or maybe one flock would be wrong? Or if there could not be a single universal flock, there should not be any flock? Perhaps no sheep!

Where does all this inanity trend? Tell me, I would like to know for I have never known. I have never known why the religious or Christian idea is ever rejected by those who call themselves Truth Centers. Its rejection is certainly an idea, it is not Truth. And, if they are not religious, why do these Centers advertize in the Church columns of the daily papers and accept the lower advertising rates of a religious announcement instead of paying full rates?

And why do they hold their principal meetings at church time? Is a lie the Truth? Is a crooked stick a straight one? Is Truth

to be determined by someone's idea and biased opinion instead of by Principle?

It is time that some of us who are not teaching self-hypnotism and psychology as being of the Spirit and who are not holding ourselves before the world as special messengers, as God Himself, or as one who has the only Truth, stood upright before the world in clean garments unashamedly as simple but fearless teachers of God's Word and practitioners of Truth's own power to preserve and further life.

We are not suggestionists, occultists, spiritualists, psychoanalysts or theosophists and the public has the right to know this just as surely as they have the right to accept any or all of these beliefs mentioned. The public also has the right to know that we do not prosylite. We do not defend the Truth nor force it upon any one. The Truth defends us. We wish all persons to be free in their beliefs and acceptances and to be true to their own conscience, and that is exactly why we should make clear just what we believe and know to be true. We should play fair. We should square ourselves with the world, with God's world, and this we cannot do by denying ourselves and others our true identity.

What is our identity? It is that manner in which we identify ourselves with God and man.

In what way do we identify ourselves with God and man? As Christian healers and ministers of Truth after the manner of the Christ by a scientific recognition of the Christ in all to the manifestation of Peace and happiness in all, in Spirit, body and soul. And we do this with an inclusive and practical effectiveness, asking no man to believe that which he cannot find within his own Soul.

This may be a high office but it is a simple one and it finds its every reward within its own Joy of Doing. It asks nothing of the world or of worldliness, neither does it submit to the world nor make demands upon it.

The Source of Truth is the Source of Life, and it is in Truth that we live.



M. D's.
AND
METAPHYSICIANS

When you engage a Christian Healing Practitioner to treat you, you do not know whether he really gives you treatments or how many. You are obliged to trust him implicitly and you do.

If he is a true metaphysician he does not tell you that he will treat you at some selected time because he does not use telepathy and generally abhors it. I do. His aim is not to set up some super-sensitive phenomenon in your mind. You are probably too sensitive anyway. He does not deal in mental or psychic phenomena. He deals in health. His one aim is health-for-you and he does not permit you to sidetrack his prayers for you into some extraneous "experience".

Always the metaphysician uses Prayer, not thought projection, if there is such a thing. Prayer includes all that is True.

He prays for you in a manner that he has reduced to a Science.

The only results you receive are health. You judge his work by results.

You may ask why you should pay good money for some service that you do not know you receive or that perhaps you do not understand.

The reason is, there is no other way. I said, there is no other way, I mean no other way ANYWHERE.

When and while you are sick you are in a state in which you are going to trust somebody, be it nurse, doctor, or practitioner.

Are practitioners asking a great deal of their patients, do they ask much in trust? Let us face facts.

You go to a hospital. What do you know about what they do to you or with you there? They give you drugs. What do you know about

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drugs? What drugs do they give you? Find out if you can. They probe you, they cut you.

Yes, they do something. You know they do something. It may be a great satisfaction to your mortal mind to know that something is being done, if not for you, to you. You have something to show for it afterward, a drug reaction, a blister or a scar. Something was done, but what?

"There are metaphysicians and metaphysicians, some are different", you say. That is true. Also there are doctors and doctors. It is said that one-third of the U. S. does not have access to scientific M. D. care and Dr. Cabot of Mayo Clinic, certainly an honest clinic but nevertheless a clinic, says, "There are very large areas in this country where the practice of medicine . . . is medieval".

Remember, too, that through God we practitioners heal poverty. Health with us means normality in one's whole life and that includes amply sustaining supply.

Yes, you have to trust your practitioner. I hold that if he is the kind of a person that can produce results by the exercise of prayer he is not the kind of person who would accept your money and not serve you. I doubt whether those two possibilities can enter the same mind.

I said take your money. How much? Suppose we compare fees, if there is any real comparison, for the practitioner receives a dollar where the doctor receives tens and hundreds. The doctor sues for his in court. Did you ever hear of a practitioner suing for his fee. The law says that he can do so. Fees for services are collectible. But does he do so? No. Yet he pays income tax to the government as all do. The government says his "gifts" are fees.

I quote from "Diagnosing the Doctors" by Beverly Smith from the American Magazine in preference to the many such stories that I receive constantly. Perhaps you know of such cases.

"'We were getting along pretty well', a 42-year old clerk in a Southern town told me, 'until my wife broke her hip. Five months in the hospital, pneumonia complications' -- in a hospital! 'Spec-

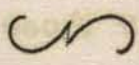
ialist fees. The bill cleaned out my savings, and my son has had to quit his course at engineering school'."

There are no such reports about practitioners' fees. But practitioners are constantly appealed to by those who say they have no money, that the doctors take it all. "Now I will have to rely upon God, I have no money. I hope, or I know, you can heal me". We hear this plea day after day.

I am not complaining. I believe in doctors notwithstanding the fact that the U. S. Technical Committee of Medicine issues a government report indicating that 200,000 deaths a year could be prevented, 600 a day. I know that prayer treatment could do wonders for some of these.

I am not fighting M. D's. I am not fighting anyone. I recommend patients to them when answer to prayer tells me to do so. And it has been years since I have not had one or more M. D's. on my list as patients. We do not need fanaticism, we need health and happiness.

And it is worthwhile to discuss facts. Truth is a free country in consciousness.



"Creative prayer does not stop with an aspiration or ideal held in the mind. That is the beginning of the process. It is continued by outward cooperation. 'Be ye doers of the word' and not thinkers only. The musician, inspired from within to become a great artist, is not content merely to vision himself playing masterfully before audiences; he practices diligently day in and day out to perfect himself in his art. Begin to play the part -- now, today -- in thought word and deed to which you aspire. Think, feel and act in the spirit and mood of that which you hope to be, to achieve, to express. Play the part. Ask yourself -- How would I think and feel and act if I had already attained my desire? And answer your own question with a living answer." --From CREATIVE PRAYER by Gladys C. Grier.



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A Bible Lesson

Here is a fundamental doctrine of Truth. With it we answer those who say that we should not use prayer to bring about specifically desired and desirable results in our outwardly expressed daily life.

"Thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly." Matt. 6:6

This is plainly preceded by "Thou shall not be as the hypocrites are: for they love to pray standing in the synagogues . . . that they may be seen of men." Matt. 6:5

And Verse 7 says that we shall not be heard for our much speaking. We are told to be not "like unto them" who depend upon outward observances.

I hold that the teachings of Jesus are plain and easy to understand. Whoever desires to understand His Truth will readily comprehend it.

What prevents? Tradition prevents. Denial or non-acceptance of actual faith in God prevents.

The criticiser and scoffer will say that it is wrong to ask for material things of God. One reason offered is that these material things may be harmful, citing his "for instance, to pray for supply includes money and money might injure one unworthy of it."

How ridiculous that one would dare to deny Scripture, the while calling himself Christian, who proceeds to preach unworthiness of another, to judge others against the Goodness of God!

The prayer for things seen that will be rewarded openly is addressed to God. It is not an affirmation of human will for the benefit or undoing of another person. God is the one that will make

that reward or not make it. The open reward is of no man's doing except under Divine Law, and Divine Law injures no one, with its demonstration of money or in any other way.

The "Kingdom of Heaven" and all good things are "at hand". We can reach for that Kingdom to the extent that every care and good shall be brought to us and our fellows. We are to ask and we are to receive. The power to ask and to receive is given us of God, but never the power to judge.

In Truth we believe in God, not in a half-god who can save us in part, but in the salvation of man "on earth" and "in heaven".

When we are told by the Word that the power of prayer is a secret power and that the Kingdom of God is of Spirit we exercise that secret power in order to come into the Spirit.

Ralph Waldo Emerson was a minister of the Unitarian Church and he left that church, making a public announcement of the fact that he no longer believed in and would not use spoken prayer. The Quakers would have none of it. The spoken word is futile compared with the Silent Word. Spirit is unseen. We should deal with it unheard. Spirit is not subject to the natural senses, it is the Truth that precedes the senses. We are to use Spirit and prayer to sharpen our senses and to improve our faculties, not our senses and natural faculties to improve Spirit.

We are never bound by church or synogogue tradition, the churches should serve, not bind, as the Spirit serves. It is the Word of God that releases us from the bonds of habit and from what "others believe", and from the beliefs of the world. We are free. The habit mind is of mortal mind, it neither saves nor heals. It is the sublime Mind, the Christ Mind, that heals. "This people honoreth me with their lips; but their heart is far from me" . . . "in vain do they worship me, teaching for doctrines the commandments of men. Laying aside the commandments of God, ye hold the traditions of men", says Jesus, "that ye may keep your own traditions." ---Mark 7:6-9

We are to die to the old conceptions of the world and its traditions that we may come into the powers of the Kingdom. This Kingdom is a secret empire that exists within the heart of those who will accept it, an empire in which we find ourselves at one with

all good. We do not emit thought from this secret place that others may be healed. We bring others into this "secret" place of prayer by the use of our spiritual faculties and there share Truth and Life and Freedom from all bondage.

Truth is achieved in consciousness. It is not founded upon a single belief of personal opinion. We are free to reject the Word of God if we will, "making the Word of God of no effect through your traditions," (Mark 6:13) and beliefs in opinions and ways of set and fixed habit. No habit ever saved anyone, even the habit of prayer. It is the prayer that saves and prayer is not denied of anyone, nor is absolute Freedom denied. The Law is Love, not coercion.

It is not the surface life, the outer life that can give us power, the little things we do on the outer plane are not things of grave consequence "for nothing from without man, that entering into him can defile him". (Mark 7:15) Man, the real man, is the inner man, the heart, the soul man, not his body. It is not the things we see or hear that hurt. These pass. It is our REACTIONS WITHIN, our thoughts and feelings that we permit to build into our secret life which act as cause of trouble, defeat and disease.

We should not judge ourselves or others by or because of visible acts. We should continually cleanse ourselves of all denials of Life Supreme and of defeatist beliefs by accepting the Love of God our Father and His Law of Liberty. We should trust our morals and our money to Him with complete and simple dedication.

But in order to do this we must learn how to do it in secret prayer and silent understanding. "Harken unto me everyone of you and understand".

It is the Christ that says, "Ephphatta", (be opened) and it is the Christ that says, "I have compassion on the multitude" and "he that seeketh shall find. "After this manner" of silent prayer in that at first small place, "the closet", with the door shut to the exclusion of all worldliness and doubt, we find the way. We forget all judgment. We commune and ask.

We permit results of prayer in prayer to take the place of opinion and we find those results everywhere, and forcefully, always surprisingly so, in our improved lives.

The Truth is not a matter of opinion. Truth is beyond opinion. It is a matter of practical living. Nowhere is it said that the doubter will know this. Everywhere it is said that the Truth shall set us free.



PROTECTIVE FREEDOM

The subliminal Self, the Real Mind in you every day and every hour, tells you that you are free.

You have no attachments to the world. You are attached to God.

You are not subject to persons. You are subject to the munificence of Spirit.

What of your dependents, your relatives, or these weaklings?

Be not conceited. Their Source is God. Only God, the God in you, and the God in them can serve them.

You are free.

God finds no burden in serving. God does all things, and He does all things easily.

All that serve these dependents do so easily. You are mistaken when you think you have difficulty serving others. No mistake, no difficulty, ever serves. You are thinking about your illnesses, your nervousness, your conceit, when you think you personally serve. The God-you serves. Let it. It is invincible.

Why worry? Be a man. Be a woman. All are dependents. All are dependent upon God. All are subject to the Heavenly Law. Silently make this known to all dependents and be free -- and let them be free.

Freedom from personal attachments leads straight to the plane of Power.

But you love another, you say, and you ask, "Is that not attachment?"

Child, Love is Freedom. Love is Peace. When you love, you

give. Being a giver, upon what are you dependent? Be attached, yes, to Love. Detachment is from worldliness. Attachment is to the Higher Law. It is not personality to which you are attached. It is Love to which you are attached. Respect the person. Respect the Higher things. Why imprison yourself in thoughts of limitation simply because you love another? You will only have to escape that person and lose that other when you feel the need of escape.

Love life. Live it where you are. The one you love, even the person you love, is eternal. You cannot lose either your love nor the person. Be content and struggle not. Hold to the Higher Love. Let it strike and rest where it will, appreciate it where it now is. You are free. All are free.

Become detached, wholly detached, from all struggle. Then conformity, righteous conformity, in all things will occur of itself. It will find its level as does the ocean. You would not battle the waves, nor can you battle Truth. All battle is with imagined wrong.

Your dependents are free.

There are no burdens.

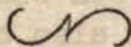
Your love is free.

There are no limitations.

Right is might and righteousness is present.

Be still and Know.

Accept your knighthood, your lady-hood, in the Realm of the Romance of God.



The beings of the mind are not of clay;
Essentially immortal, they create
And multiply in us a brighter ray
And more beloved existence.

---Lord Byron

REGARDING
LESSONS AND TEACHING

Heretofore I have written many and various articles seeking to cover the entire field of Truth and metaphysical healing. These were lessons upon various subjects, articles in magazines, lectures, etc. They have not been connected and unified as one whole nor have they been arranged progressively for the student. I have simply been content to set forth the teachings attractively and from many different approaches and, in fact, with too many angles. Periodicals demand such writing as well as lecturing to the same audience.

I am now arranging the teaching systematically so that the student may study it progressively and as a well methodized whole.

The plan: All lessons to be twenty-five cents each and in manuscript form.

The basis teaching upon which the Lessons will be founded are the words and acts of Jesus which are easily followed in red letter editions of the New Testament.

The basic interpretation of this Christ-Truth will be that of modern applied Christianity and metaphysics as presented by Phineas Parkhurst Quimby according to his Manuscripts as they are given us edited by Horatio W. Dresser, who himself is the author of "The History of New Thought".

All the above basis is unquestionably true and fundamental.

To this will be added my own simplified studies and interpretations of Quimby. There will also be Lessons upon my own teaching thoroughly systematized for progressive study.

The fundamentals of my distinctive lessons will be issued as a Course entitled The Mind Chart. The Mind Chart Course will start immediately and begins at the central theme of the Chart by dealing with the Subliminal Mind. The Subliminal Mind is the Christ Mind,

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the Master Mind, the Healer in Man, Emanuel, the Comforter that was bequeathed us by Jesus. This is a distinct level of mind, having its own faculties and powers, and is the most profitable phase, both spiritually and practically, for the healing and improvement of our daily lives.

There are also Lessons on the practical application of the healing science. I am presenting my method of healing, the result of a lifetime's experience. This method is based upon Scientific Prayer that contains within each treatment a definite Leading and Guidance as a part of that treatment. Treatment is a living act conforming to Truth and individual Freedom, a conscious act, Guided, scientific and exact, free from all guesswork or mortal minded idealism.

All former Lessons are to be systematized, newly classified, and some of them rewritten. From one to three lessons will be issued monthly. Each Lesson may be purchased as it is announced or, better, those who wish to avail themselves of this study may subscribe, say by forwarding one to ten dollars, as they may wish. Every lessons, regardless of its subject, will be mailed promptly as it is issued; whereupon should such a subscriber to the LESSONS not care for any particular lesson he receives, it may be returned.

Any subscription sum received in this manner for Lessons will be returned promptly upon the slightest request. This is simply offering an open way to Truth study. A distinct account will be kept for each student.

There will be examinations for those who wish them and question and answer forms. I will give personal certificates to successful students. No other certificate of study in our science is legal, at least in California, except certificates to personal students.

A seventeen page Lesson which is the first portion of The Quimby Manuscripts (unaltered) can be mailed now, also the first Mind Chart lesson on the Subliminal Mind and the first interpretative lesson on Quimby Simplified.

I repeat, these are twenty-five cents each, postpaid.

ANSWERS TO QUESTIONS FROM THOSE I SERVE

"Must I violate my own conscience and carry out orders from my boss that I know are not honest?"

We are to follow conscience, but we must get right, adjust in matters in True Conscience in all cases. This is a true Higher adjustment in conscience. You are to obey your "boss" or give up your job. You are not to struggle because that is not living Truth-fully.

You need not suppose yourself to always be clear in what is right or wrong. You are not to judge yourself or any other person severely.

If your present job causes you to do what you think is wrong, take the matter up in prayer and get a clear Leading. If you do not know how to do this, learn how to do it but do not attempt to live in mental struggle because to do so is dangerous to health and success. If you know no better or more clear way, follow on with your job and keep your Peace. You are Free.

Should your job demand wrong actions from you there is sin in you or you would not have attracted YOUR job. Confess this silently in a general way but do so without condemning yourself or another.

You are doing the best you can where you find yourself. Very well, do it. God asks no more than that, except He asks you to ask for, TO CHOOSE SILENTLY (for this is prayer) SOMETHING BETTER. Do not fight what you are doing, but silently in the conscious presence of Divine Law choose something better. Choose something specifically that you like better. Then, and here dedication to the Higher Law enters, LEAVE the matter each time with and subject to Divine Law. This action will heal the situation.

Illustrating the above: The soldier finds himself conscripted and in battle. He must fight and perhaps kill. War and killing are wrong. The sin lies in the soldier being in war. Something in him is being expiated. He should carry on. But he should ask to be c

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of war and that the war end. And he should commit himself to God and PLACE THE SITUATION in Divine Hands. He can do this so effectively that the entire situation will become solved, healed, healed completely and without delay.

All inharmonious conditions can be healed. We must place ourselves under the Higher Law FREE FROM INTERIOR STRUGGLE in order to escape our predicament. There may be no world-way plan of escape, but there always is the silent Higher Kingdom way in every case.

There is the world and there is Truth. Use Truth and face the world in Peace and you will win, because God will win FOR YOU.

.....

"My friend is fine but he drinks to excess".

Your friend seeks happiness. He is finding a false happiness from an untrue source. Offer him true Happiness. Silently bring the Truth of the Kingdom to him. Give him God's Happiness. Remember that you can give the things of God to anyone.

.....

"This person keeps making all kinds of demands upon me as though she had a right to do so. What shall I do?"

Do in Truth. Do silently. Do in Spirit. "This person" wants things from you because "this person" regards you as her source instead of knowing God as her Source.

Silently offer the good things of God to "this person." Set "this person" free. Being Free, she will make no demands upon you or upon any other personality.

Treat yourself. Make certain that God is your Source, that you are not source for any person, that God is sufficient for you and for this other person as all Source. Set yourself Free in Truth.

S/S

"Man is a spiritual being, the proper work of his mind is to interpret the world according to his highest nature, to conquer the material aspects of the world so as to bring them into subjection to the spirit." Bridges.

ANNOUNCEMENT

The Washington Congress of the International New Thought Alliance will be held October 23 - 27, 1938, at the Hotel Raleigh, Twelfth and Pennsylvania Avenue, N.W., Washington, D. C. This is a pleasant time of the year in the Capitol City, not too hot nor too cold, and very unlikely to be stormy.

Those who have already promised to be present and speak for us are Elizabeth Towne, Editor of Nautilus; Emmet Fox, Minister of the Healing Christ, New York, and author and lecturer, who have not yet sent in their subjects. James A. Edgerton, who will deliver his President's Annual Address; Earl Godwin, prominent newspaper man and radio commentator, Current Events in the Light of New Thought; Rev. Mary Butterworth, Editor Chapel of Truth Messenger, "Hitting a New High"; Raymond Charles Barker, Leader Unity, Rochester and Syracuse, "What Are You Waiting For?"; Brown Landone, author and lecturer, "Are Our Desires too Limited to be Fulfilled?"; Grace Lightfoot Patch, Minister First Divine Science Church, Washington, "Equality"; Dr. Amelia A. Randall, Third Vice-President, I.N.T.A., "Truth an Every Day Religion"; Agnes Barton Haskell, Leader Unity-Truth Center, Holyoke, "Thy Glorious Will Be Done"; Esther Garr Gerber, President Buffalo Psychology Club, "Tarnished Ideals"; Selwyn E. Simons, "The Integrity Point"; "Brahamachari Jotin, Leader Self-Realization Center, Washington, "Christ the Savior"; Eleanor Mel, First Vice-President, I.N.T.A., "Jesus Christ in His Kingdom"; Gladys C. Grier, second Vice-President, I.N.T.A., "The Most Important Think to Know"; Rev. George F. Sheldon, Leader Unity Society, Washington, "Evidences of Divine Guidance"; and Miss Villa Paulkner Page, Founder and Leader Metaphysical School of Health and Fellowship of Life Abundant, New York, "Live and Let Live".

Rev. Henry Victor Morgan of Tacoma, Washington, is also going to try to be present and speak on the subject "The Abundance that Is Yours". In addition to the foregoing, Thomas Brindley and Paul LaPrade, the former a worker at the Home of Truth and the latter President of the Metaphysical Club of Boston, will speak, but have not yet sent in their subjects. Mrs. Mary Thayer, Leader of the Providence Unity-Truth Center, and Dr. John Seaman Garns, Pastor of the First Divine Science Church of Minneapolis and Mrs. Mary Robbins Mead of the Holden Hall New Thought Group of Watkins Glen, N.Y., also hope to be present.

Send \$1.00 to Leona Feathers, Secretary, I.N.T.A., Room 700, American Building, 1317 "F" Street, N.W., Washington, D. C. and become a member. In this way you will receive all notices and Bulletins.

