

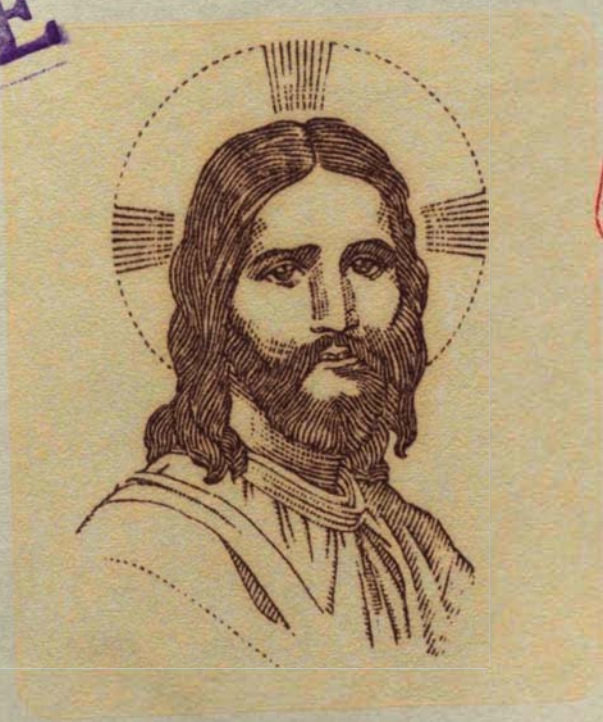
Vol. 6

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No. 6

# COMMENTS

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# KEELER'S COMMENTS

Vol. 6 - No. 6

About Applied Christianity, the Victorious Faith, Direct Knowing (Intuition), and the Greater Power of the Spiritual Empire of the Mind.

An unique periodical published by W. FREDERIC KEELER, P. O. BOX 426, SAN DIEGO, CALIF.

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# SO SPEAKETH THE CHRIST

Take heed that no man lead you astray. For many shall come in my name; saying, I am the Christ; and shall lead many astray.  
--Matt. 24:4-5

I am the way, the truth, and the life; no man cometh unto the Father, but by me. --John 14:6

All authority hath been given me in heaven and on earth.  
--Matt. 28:18

I am the light of the world; he that followeth me shall not walk in darkness, but shall have the light of life. --John 8:13

If ye abide in my word, then are ye truly my disciples; and ye shall know the truth, and the truth shall make you free.  
--John 8:31-32

Verily, verily, I say unto thee, Except one be born anew, he cannot see the kingdom of God. --John 3:3

Why reason ye in your hearts? Which is easier, to say, Thy sins are forgiven thee; or to say, Arise and walk? --Luke 5:22-23

I will come and heal him. Go thy way; as thou hast believed, so be it unto thee. --Matt. 8:7 and 13

The things which are impossible with men are possible with God.  
--Luke 19-27

Hitherto have ye asked nothing in my name; ask and ye shall receive, that your joy may be full. --John 16:24

And whatsoever ye shall ask in my name, that will I do.  
--John 14:13

It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God. --Matt. 4:4

The good man out of the good treasure of his heart bringeth forth that which is good, and the evil man out of the evil treasure bringeth forth that which is evil; for out of the abundance of the heart his mouth speaketh. --Luke 6:45

Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do. --John 14:12

Peace be unto you. --Luke 24-36

# The "Comments"

## WILL BE COMMENTS

The "Comments" is going to be what it started out to be and never has been -- just comments.

After my experience with my Christian Victory magazine which consisted of article after article on the subject of applied metaphysics, having also the aim of cooperating with others in the metaphysical field, I decided that there should be less treatment of our subject by articles, and even less metaphysics, and more simple personal talk, yes, just talk, about our Truth, and far more simple and readily comprehensible Christianity.

As for cooperation in this "thought" among so-called fellow workers, I came out of that dream before I discontinued the Christian Victory.

Some degree of closer unity among workers in the field of American metaphysics was my greatest desire, subject only to the joy of actual activity in healing. I have been about ten years in relinquishing this idea entirely. This shows unusual stubbornness upon my part, but after all I find that most of us place our own personal ideals and aims before God's wishes for us. We not only try to convert other people to our ideas -- personal ideas, mind you, selfish ideas -- but we even try to convert God and the very laws of life to our ideas. Think of it!

We might convert some persons to our personal concepts, but we will never convert God to them. I give up. I am not going to try to convert anyone to anything except to the Love of God and to

their own individual Freedom, which (Freedom) is after all the individual's greatest gift from God.

The law of this metaphysical or Truth movement is Individuality.

I have never witnessed the slightest evidence of unitedness of personalities or actual cooperation in this, our particular group of thought, call it New Thought or Truth or what not. The fact that after having been before the public about 85 years it is still unnameable except by the use of numerous terms from that of modern psychology to pure Christianity, is proof enough of this. We agree that each "worker in the field" shall believe and teach as he pleases. We have adopted no particularized ethical course of conduct in going before the world with that which is a science, a philosophy, a religion and also a profession. The very fact, however, that the public recognizes us and gives us unstintedly an acceptable place in our present day civilization and that our workers stand clean before the world and God indicates a unity in Spirit which is undeniable.

I just said, "clean before God". The practitioners and leaders in our Truth come from all walks of life, rich, poor, educated or not. They come from all the various religions, the Jewish, Catholic, Christian Science, the orthodox churches or from no church or religion at all, but there is a certain recognizable agreement in spirit underneath it all even though the training in our Truth has been independent, each his own.

For myself I can only recognize that we agree in following our own conscience, as the Quakers do, and in the fact that there is within us the "Indwelling Master" and that the healing of all manner of ills and troubles can be and is done by the application of an Unseen Good. We believe in success. We are somewhat Pollyanna.

From such a stand our workers diverge at tangents. Many -- personally, I believe most of them -- make no claim to and care little about Christianity, while some are clearly and devoutly Christian. Some believe in religion, some do not.

We have a loose organization that leads an unsuccessful and impotent existence. It has had a Vicar of an Episcopal church in the best of standing in that church at its head. This President

was preceded by a business man who disliked the religious idea. It found itself one time with an out and out Mormon at its head.

Frankly, all this makes me dizzy. I cannot follow anything and everything. Everything, anything and no thing are the same as nothing to me.

They say that all this is the "Universal idea", and that we are to include everything in our circle. They forget that a circle is a thing. I think the so-called metaphysical "circle" is rather large. When you cannot name your circle you cannot name yourself. But yet they name themselves, that is, the workers do. Each has a "movement". When they meet each tries to convert the others to his or her very own movement. Each is a pope, so to speak. Some of these "popes" are driving one horse wagons and on a very narrow road at that, while some others come before the people as self elevated messiahs in whom all wisdom rests. They say so themselves. My desk contains plenty of that literature.

But here is the great evidence that Truth underlies our general metaphysical truth by and large: only those who live, preach and teach a spiritual life of healing and service among the people last any length of time or consequence under the egis or even the name of applied metaphysics. Those who adopt our wide and inclusive banner for the purpose, for instance, of "making big money" soon quit. And the blow-hard saviors blow up.

God's Hand is with this Truth of American applied metaphysics, especially in its healing service, for it has become known throughout the whole wide world. Its influence upon American English is tremendous for it has advanced a complete vocabulary of its own, and that vocabulary is found in about every third newspaper editorial today.

Medical science has, after recognizing so-called mind healing for years, just announced its discovery of how it is that the mind heals physical ailments of the heart, stomach, skin, and "other internal organs". The orthodox church tried to incorporate our system of healing as the Emanuel Movement but did not succeed with it. Our work is very distinctive. It makes no attempt to join the medical profession. The doctors and churches do not like it. The people do. It says nothing against doctors or churches. It,

American metaphysics, is not against anything, and that is such a big thing in itself that its security as a vital part of man's onwardness will remain. A movement that is spiritual and that has no resentments is inviolable, unattackable. It has made its own place among men and it has placed its own principles and precepts in the daily lives of the people, asking nothing for itself in its own name, for it scarcely has a name because it has so many.

When speaking about what little it asks from the public I state that its ministers do not demand support from the public for its churches and centers for, at least as a religion, its ministers and its healers almost entirely support its churches with the fees they receive for their services. Some of them ask no fee and all of them are expected to treat without promise of fee.

There you have it - a loosely bound aggregation of highly, even scientifically, individualized individuals who heal and serve others by unseen but provenly practical means, call them what you will.

I am one of these. I intend now to go my own individual way more freely than ever. I am going to do as the others do. I am going to teach that which is Truth-to-me. No, I am not going to do as some others do (whether this statement is constructive or not), I am not going to set forth Keeler as my teaching. I care nothing about Keeler except to get him really healed into a civilized being, for he has been something of a nuisance to me all my days. I would like to be merely a son of God and of real service to others. I like Christian healing. It is my joy. I would like to get everybody doing healing. It is the most fascinating of all the things there are to do in this grand and glorious world.

Yes, I say grand and glorious world. That is what it is to me. I have to look upon it from where I stand. You see what you see and I see what I see. I am not at war with anybody. Are you? Or are you fighting Spain's war, or China's. Don't do it. It's too wearing on the nerves. Besides, you can't win. It's not your war. It is a great thing to be able to mind one's own affairs. The Truth-to-me is that our relationships in thought should first be with God with First Cause, with that Intelligence which is fundamental.

I would rather pray than worry. There is more in it. There is more of the real things of life in it. Anything can be accomp-

lished through prayer. Even wars have been stopped by prayer. Anyway, why fight before you have to? I knew a woman who jumped off a ferry boat in San Francisco Bay because she was sure that the boat was going to tip over. It didn't. She drowned. Being afraid is a dangerous business. It leads straight to death, while Faith and Happiness are life. There you are. Why not cultivate life itself and the Peace of Life?

Back to my affairs to the extent that they affect you, my readers.

I have, over this Easter time, become so much further imbued with all the accompanying riches of healing in the manner of Christianity that all else must go so far as I am concerned.

My time and money must be applied to Christian healing and to its practice and its healing -- all of it, just that, and to nothing more.

This means, away with the pictures. There will be very few more pictures in the "Comments", and that is nothing against pictures, but I am a healer and no pictures, no ideals, no pretty play things nor anything else, even my personal ideals, nothing shall divert me from my chosen activity, the ministry of Christian Healing.

The "Comments" have cost me four times as much as they bring in. This out-go runs up into hundreds of dollars; I want that money and that time and effort for Christian Healing.

I belong to Christian Healing.

My money belongs to Christian Healing.

The money that you and others send me belongs to Christian Healing.

Economy does not mean niggardliness. It consists of the ability to use money wisely.

I believe in the law of compensation. People have always said that I should not send out so much for so little. They are right. I have always known that, but as I said in the first place, I have been stubborn. Therefore, a little self-healing; therefore, smaller "Comments" in size.

Besides, the "Comments" has never been comments.

I started this periodical with the aim that it would consist of easily written, heart to heart comments about metaphysical things, written in an easy-to-read style. That was my Guidance and it is more strongly so now than ever. I shall follow it.



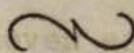
I really want to talk with you, not to you, about how real true Guidance and how near a higher and powerful Help is to you in your own life. I desire to encourage all of you into adopting the Truth that is always present within you, a Truth that you can apply in each and every instance in your daily life, a living, healing, guiding power that can be enthroned in your life taking the place of all worry and strife and bringing success and good, the Best. I wish to take the mystery out of it because there has never been any mystery about it so far as I am concerned. For one to be healed of that mystery idea that the public likes to believe about this healing and guidance is to be healed of all our troubles. I am going to "rend the veil" if I can find one to rend, and there is one. All that stands between any individual and freedom from misery is within the mind of that person. The undesirable need not be for you. Regardless of your doubts or the doubts of the whole world, I know this to be true. Yes, I claim that life is happy and heavenly. Do you doubt it? You may doubt it. It may not have proven so to you. But of one thing I am sure. You desire a heavenly, happy life. Well then, why not be as busy about getting it as you have been in doubting it.

I say there is a direct way to silently come into a happy life right here and now on this earth, and that this can easily be accomplished without any visible means whatever, and from right where you find yourself.

I speak from Faith and experience. I do this work of restoration for others every day. And I see others do it, and I help others do it. If you read the "Comments" I will help you do it. But you will do just as you please about reading the "Comments" and about everything else, and I will encourage you to do as you please, for I believe that if you do really as you please in Truth you will not and cannot do any harm to yourself or to anyone else. It is the struggle against being unable to do as we please that does the harm. We really are free, but the world tries to convince us that we are prisoners, that we should do what this one or that one or some undesirable circumstance or condition says we should do.

As for me, I have faith in you, and you, and you. God has faith in you. I follow Him; therefore I have faith in you and I hope you have faith in yourself?

Now you know why I want the "Comments" to be as I first planned and why I want them to be my way, God's way, your way, the right way.



*Christ is not valued at all unless He be valued above all.*

--Augustine

# Science says that we can Really Heal

One time I had healed a very old lady of bowel stoppage after her physician had given her up. There was relief the next day and she became well.

I called upon patients in those days and I had placed my hands upon her.

She had four large strapping sons. They demanded that I tell them what I did to heal their mother. I tried to tell them. I talked about Spirit and the laying on of hands. They wondered whether there was some magnetism about this healing and decided that I just simply must show them the electric battery which they insisted I had concealed in my clothes. I was obliged to show them that I had none. When they found that I had no battery they insisted that it was what they thought it was in the first place, that I used some sort of hex, magic.

There could be no explanation for them because I used nothing that they could see.

It is so with many who would like to comprehend healing. There must be something physical about it, something they can see, else they fail in their endeavors to understand.

However, the finer the force, the more powerful it is, just as steam is more powerful than water. Of course, one cannot see electricity but one can see the wires.

Scientists are like that because they are materialists. They must see the wires. Well, they have just lately discovered the "wires" that convey healing from the brain to the physical organs. They can admit now that the mind heals physical disease, and they do admit it.

Besides the motor and sensory nerves they have discovered two other sets of nerves. No one knows what nerve force actually is, but there is something that is called nerve force. This nerve force is intelligence, at the very least it conveys, transmits intelligence.

One of these lately discovered nervous systems, of which the large vagus or pneumogastric nerve is a part, is described as "starting from the lower part of the brain and running down through the neck to supply branches to the heart, lungs, the stomach, etc." "The duty" of this system "is to supply one set of impulses regulating the action of the internal organs; such, for example, as the rate of the beating of the heart".

The fourth set of nerves leaves the spinal cord at various places and "runs to the same organs". "Now it is known that these two sets of nerves have opposite characteristics. Signals sent down the vagus nerve to the heart have the effect of making the organ beat more slowly. On the other hand, signals sent by way of the spinal cord and the nerves that leave that cord make the heart beat faster".

Especially all of this is proven to be complete relative to the heart. Also, it is supposed to reach the various abdominal glands.

The conclusion "being true, it is easy to see how nervous and mental effects can produce diseases of these organs".

These things are reported by Drs. M. I. Nemenov and N. N. Petrov, College Professors and specialists. Also, Dr. Harvey Cushing's theory is that there is something wrong with the lower part of the brain that causes stomach ulcers and that this trouble is caused by worry.

I have always claimed that ulcers of the stomach and duodenum are caused by habitual worry.

The basic doctrine and truth of Christianity is that sin is disease and death. Also, worry is a sin, being totally the opposite of faith. Naturally one who has faith in life, in themselves or in God cannot worry.

Well, all this is true now because they have discovered the "wires", the proper nerves. Just the same, these nerves take us back to mental states.

Can you tell how many hams there are in a smokehouse be feeling the shingles? No, nor can you tell what wrong and destructive thoughts are mentated by knowing what nerves transmit their correlates about in the body.

Mental healing is brought about by high mental or spiritual

states just as disease is brought about by low, depressed and destructive mental states.

States of mind are conditions of life; more abundant life or lack of life, as the case may be.

The health of the body is dependent upon the life that is in it. Healthy and vital life consists of balance. Balance is both normal and spiritual. Balance in the body is called metabolism. Peace is balance. Peace is spiritual and Christian -- "My peace I give unto you, not as others giveth, give I unto you. Let not your heart be troubled, neither let it be afraid".

In my twentieth year I found that when using scientifically applied suggestion in surgical cases that were on the operating table I could control heart action to the extent of re-establishing a healthy or restorative beat in times of critical necessity. The healing of undesirable heart conditions is one of the most dependable of all metaphysical or prayer treatments today.

I did not have to know any thing about the nerves in order to do this, nor does the patient have to know anything about nerves in order to have it done. It was necessary that I know the powers of Mind and to have faith in the Mind, and have all this for the patient. Then I learned that Mind and Life and Spirit are one and that prayer is the highest function of the mind. To me this is logical and always has been -- that is why I am a healer.

Every cell of the body is intelligent; therefore, every cell of the body is directly subject to Intelligence; not to worry, which is the lack of intelligence, but to Intelligence; not my intelligence but God's Intelligence. And Intelligence cannot be blocked out by nerves. Intelligence created nerves.

We do not thank science that we can heal. We thank God that we can heal, and be healed.

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A person with migraine headache is on a perpetual emotional drunk according to Dr. Milton B. Jensen, consulting psychologist of Louisville, Ky.

Simple habits of becoming extremely excited over everything or nothing are blamed for this puzzling and painful type of headache without organic cause. In his or her emotional sprees, the individual tenses his muscles so that he produces a partial anemia in the brain by reducing the circulation of the blood. The headache results from a stretching of the blood vessels in the brain.

Too much excitement in the home during childhood, improper rest and acquired habits of incessant nervous excitation were held responsible. Dr. Jensen cited cases where the headaches cleared up when the sufferers learned to control their emotional responses.

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---Science Service

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# Change to Better,

## BEST



**P**aul told the men of Athens "as he stood in the midst of Mars' Hill" "that they should seek the Lord, if haply they might feel after him, and find him, though he be not far from every one of us; for in him we live, and move, and have our being; as certain also of your own poets have said, 'For we are also his offspring'. Forasmuch then as we are the offspring of God, we ought not to think that the Godhead is like unto gold, or silver, or stone, graven by art and man's device. And the times of this ignorance winked at; but now commandeth all men everywhere to repent."

The basic law of Christianity is that of Resurrection, the turning of death into life.

At every place where Paul taught he pointedly spoke as the representative of the man of Nazareth who was put to death and who rose again from the dead. This was such a strange doctrine that at his (Paul's) trial he was told that he was "mad with much learning". He was recognized as a brilliant man yet they could not comprehend this doctrine.

Although the doctrine brought the disciples their greatest criticism, yet they never relinquished it.

At the time when Peter healed a "certain man lame from his mother's womb" whom he found at the gate of the temple he said, "In the name of Jesus Christ of Nazareth rise up and walk". "And immediately his feet and ankle bones received strength. And he leaping up stood and walked . . . leaping and praising God". For the man was above forty years old on whom this miracle of healing was showed".

Peter was asked by the rulers, elders and by Annas, the high priest, "and as many as were of the kindred of the high priest": "By what power, or by what name have you done this?"

Peter answered, "Be it known unto you all . . . that by the name of Jesus Christ of Nazareth, whom ye crucified, whom God

raised from the dead, even by him doth this man stand here before you whole".

Mark you all the officers of the temple had witnessed this healing. And notice that the CHRIST WAS CALLED UPON as the method of healing, and further that the teacher and sponsor of this healing was particularly identified by name and place and as the man raised from the dead. This resurrection law is always proclaimed, and note further how vigorously it is proclaimed, for Peter continued --

"This is the stone which was set at naught of you builders, which has become the head of the corner; neither is there salvation in any other".

In this day in the practice of healing we have, since Quimby's interpretation, come to use certain terms of modern English which have made healing more easy to comprehend, for it is so practical and readily repeatable that we have reduced it to a science, Divine Science.

In the Christian Victory instruction we know this calling upon the Name as the exercise of High Decision.

It is necessary to Decide upon where we stand in life. Our Decision is that we stand with the Christ. We find absolute security in such Decision. We leave the world of strife entirely and enter the Decided, the dedicated life as our thought and aim.

This means much as it determines the law for the individual. It places him among those of the righteous. It foregoes destructiveness, at least in thought and determination. But more than this, this same power of Decision (choice brought to its apex), where a Decision is at its height and wherein that Decision includes the Divine it becomes, then and there, the prime and complete specific Healing Remedy in any particular case of need that may be at hand.

Jesus and His resurrection constitute the entirety of the Christian Healing doctrine, which doctrine with us in Christian Victory is the Healing Power complete, and which in Biblical terms is the corner stone of the entire structure of life.

The way of healing is not limited, else it would not be either Christian, Healing, nor a power.

To those who do not find themselves readily equal and sufficiently inclusive in Faith to demonstrate its healing application of the "corner stone" of Christianity as the Gospel (Good Spell) sets it forth in its extreme illustration there nevertheless remains this power of Resurrection which can be readily comprehended and used by anyone in healing.

Resurrection means a complete change from the "bad" to the Good, from the undesirable to the desirable, from lack to supply, from non-knowing to Knowing, from sickness to health, from death to life. No matter how we may express this, it means one and the same thing, the salvation of a person from some form of corruption to the Perfect Life here and now.

It has its degrees in this insofar that of course it is not at all necessary to die bodily and to be raised from an entombed body to a bodiless life in Spirit.

Jesus used the most absolute demonstration in his actualization of Resurrection. But we are to remember that He illustrated this Power in healing the human body as a fleshly body, making the body whole, as did His disciples, time upon times uncounted. His Word, His Knowing, is "made flesh".

There always remains, however, this utter completeness. There is no slightest limit in its action. Sickness, incapacities, maladjustments depart completely and wholeness takes their place.

We must realize that WHOLENESS IS RESURRECTION.

This mystery of Christianity is that we die to live. This is always true. There is no half way point in healing. The healing is by a change of the state of mind. It is accomplished by a complete face-about change in the thought world.

The change is this: we die in thought, in spirit, and in fact to the wrong life of lack and disease; whereupon we find ourselves more alive than we had previously believed to be possible. We are healed, we are renewed. We become NEW.

We never bring about this healing by argument. There is no logic to it. It is simply a fact and must be accepted as such and there is nothing strange about such acceptance. There is no logic in the fact that a stalk and flower come out of a seed, -- facts are ever greater than logic.

In healing we need to plant in the deeper mind, the Soul Mind the emotional mind, the seed of this Power.

That seed is a Knowing.

We who heal know this Law of Resurrection. We know it by an intuitive Knowing, by a Knowing that is Understanding or Faith, or by a Knowing that arises from experience in applying, not reasoning about but by applying, this following fact which is of nature and in its entirety of Spirit.

#### TRANSFORMATION

The Law of Resurrection is this - When anything to which we

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cling or which clings to us becomes known to us as being not for our good or which according to the Law of God is not Best, either of these or both, is discarded, turned from, let go of COMPLETELY IN PEACE, then, unfailingly something better COMES IN, comes into our lives.

If we desire this incoming of-the-better to be particularly Chosen it will often be so, such as the healing of the ankles of this lame man. There is no limit to it. It will do small things or large. It will accomplish a so-called minor demonstration or it will convert and change one's life completely, body and soul. It is a law, a Law of intelligent procedure that can be put into action by any person "WHOSOEVER".

And owing to the Law of Love, the Law of Brotherhood, the Law of Limitless Spirit it can be applied, enacted, by one person for another, for any other "whosoever".

Some learn to do this. Some have the ability to do it by God's Grace. Some reject it.

I here remind you that there is no flesh except healthy flesh. Disease is disease, it is not life. Diseased flesh is not flesh, it is corruption. All flesh is pure, well, right, righteous. We know this in healing.

All healing is miraculous because it is a COMPLETE CHANGE.

True Christianity is always victorious. That is why this teaching is called the Christian Victory Teaching.

This properly descriptive name is used by me and will be more regularly used by me in the future for the purpose of distinguishing this particular setting-forth of the Christian Law from the teachings of

#### MUMBO-JUMBO

or heathenic hocus-pocus that is all too often placed before the world as true American metaphysics. I have never taught such stuff-and-nonsense and I never shall do so for any reason whatever.

The time has come when I must in the name of Christian Healing and Christian Truth denounce this mumbo-jumbo wilderness of thought as unChristian.

Some of this mumbo-jumbo may cure or temporarily aid. None of it will Heal. But mud will cure temporarily. So will whiskey I have been told. It is also said that a potato carried in one's pocket until it becomes stone-like will cure. Very well, I am not interested. I know Christianity, that is why I am not interested.

I intend no longer to be in any way considered a part of any



general movement or "thought", by whatever name it may be announced, that advocates or practices anti-Christian phases of so-called healing or that pretends to do so.

I refer particularly to the following whether it be mid-African heathenism or whether it be called newer psychology. I say that mumbo-jumbo includes what has often been termed visualization in healing.

Jesus never taught, nor is it anywhere taught in the Bible, that to build, to visualize, to construct mentally in one's mind or before one's eye a picture, any picture whatever will heal. No picture heals. No so-called spiritual picture heals. There are no pictures in Spirit. Imagination does not heal.

Interest, love, Peace, the Spirit heals.

Who can make a picture of Love? What color is it, what is its shape. How long is Spirit. How large is the picture of it?

Talk about picturing a healthy stomach. No one ever saw a healthy stomach. Do these pictures mean that a butchered stomach as in a surgical operation is the "perfect picture? Or is the picture the bloody way that was cut to it? Or is the picture founded upon a portion of a cadaver? Answer me that you would-be Christians.

Or is the picturing in the mind of a ruddy face a means of healing?

Do we not know that it is health that brings color to the face, not face that brings color to health? Who ever saw health? I tell you health is of the Spirit. Health is unseen. Its effects are seen. We do not heal effects. We heal causes. There may be some sense in applying a plaster, mustard or pepper, to a stomach that has an ache located in it. Even so, the plaster will never be applied to the ache for an ache has no anatomy; an ache is a lack of life, true life. However, the plaster is none of my business. It is none of Christianity. And besides you cannot apply a plaster to a picture of a stomach nor the picture of an ache to a stomach.

What utter nonsense is this to be taught as Christian!

Even the people of the Old Testament renounced the use of images thousands of years ago, and mental images are images even when they are called psychological.

And then we have those who think that affirmations will take the place of God's Law. That to mumble their own mortal and worldly demands, demands made upon very God, mind you, will cause Him to obey them. Such a practice is the complete reversal of Life and Law. Talk about "negative thought" -- in the dependency upon

upon affirmations, as such, you have it.

Only the spiritual content of thought heals. That is the Law. Get the Spiritual content in, way in, your affirmations or you will wish you never made an affirmation.

Some people think that worry in the Silence is prayer.

Folks, let us learn to truly pray, let's be sensible, let's be well, let's be happy.

Let us not depend upon ourselves so much and find God and depend more upon Him, much more, and so enter into that life of continual Good and happiness, the always present miracle of life, the sweet life, the simple life of abundant Joy.

God did not place us here to struggle and strive. We are here to live.

It is easy to live. No! You don't believe it! Well, I do; I know it.

We face about in silent Decision and try new methods in order to bring a new life and new interests. We turn from strife with persons and things to happiness with Spirit, and we do this silently within our own private thoughts.

The "Comments" would like to help you do this.

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## a news item

The 1938 Congress of the Inter-National New Thought Alliance will be held in Washington, D. C., at Wardman Park Hotel beginning Sunday, October 3rd. It will continue four days. The Alliance Bulletin (both it and a membership for a year, \$1.00) will help keep you informed. Or write Miss Leona Feathers, Secretary, Room 700, American Building, 1317 "F" Street, N.W., Washington, D. C.

o o o

TRUTH-TO-ME  
ABOUT  
TRUE AND FALSE "SEEING"

Peter says in the Acts of the Apostles "This is that which was spoken by the prophet Joel:

"'And it shall come to pass in the last days', saith God,

'I will pour out of my Spirit upon all flesh:

And your sons and your daughters shall prophesy,

And your young men shall see visions,

And your old men shall dream dreams:

And on my servants and on my handmaidens

I will pour out in those days of my Spirit;

And they shall prophesy:

And I will show wonders in heaven above,

And signs in the earth beneath;

.....

And it shall come to pass,

That whosoever shall call on the name of the Lord shall be saved."

Here is some testimony taken from a Portland, Maine, newspaper regarding Phineas Parkhurst Quimby who discovered and first taught and healed by methods which we now know as applied metaphysics and upon which Christian Victory Instruction is founded entirely as the true interpretation of the teachings of Jesus. I recognize no teacher as being superior to or comparable with Quimby in the field of Divine Science or any other science.

The newspaper says of Quimby: "He says he is not performing a miracle but a cure by the exercise, in a novel way, of the power of intellect and reason with which the Creator has endowed him in common with all intelligent beings".

Please note that Quimby claims no special powers and in no way sets himself up as being superior to others. The paper goes on to call him "This eminently fair-minded man".

"The testimony of F. L. Town, assistant Surgeon, U.S.A., Louisville, Ky., who in a communication over his own signature, March 1862 wrote the editor" of this newspaper, for Quimby's work was much in the newspapers in those days 76 years ago: "The Doctor

himself the ["Doctor" being this Army Surgeon] came to the International Hotel . . . . an invalid, so feeble that he had to be assisted in getting into the door and afterwards to his room on the second floor. He was so terribly dyspeptic that he could eat no solid food, nor could he swallow water. . . . The Doctor left completely cured, in about six weeks from his coming to visit Mr. Quimby . . . . About the facts of the Doctor's remarkable cures there can be no doubt".

This newspaper goes on to say: "I have been led to know something of Dr. Q. and the modus operandi in the treatment of his patients . . . . I believe him to be an honest man in his profession who practices as he believes and would not intentionally deceive anyone . . . . He gives no medicine . . . . The patient will find him unassuming in his manners, and no more ready to talk of his successes than other men of theirs" and continues its remarks about Quimby's conversation by saying "He will end off perhaps by explaining a few passages of Scripture".

Here we have a view of Quimby and his work. I believe that one of the most harmful deterrents that has afflicted the present day teachings in our "New Thought" is the clinging to the use of hypnotism, especially self-hypnotism, under the lulling and wholly mortal-mind name of auto-suggestion which (auto-suggestion) as practiced is blatant affirmations without being based upon and without the admission of the spiritual, the religious, and Christian content.

Be shocked, ye affirmers, repetitionists, and declaimers of personal will as being superior to Spirit and humble prayer, be shocked I say, for know this;

Quimby knew all about hypnotism, and mortal dominant mind practices. He found that there is a power of mind in such use but that that power is superficial and of little value and he CAME OUT OF IT ENTIRELY because it led him to the discovery of the infinitely much more effective purely Spiritual power of Truth and Prayer.

Yes, our present day Truth of Christian Healing was born OUT of and came clean and clear FROM all psychism and all mental dominance. Quimby had not been a particularly religious man but he was converted to spirituality, to the Bible, and to Christian practices because of what he had discovered in the extra-powers that reside even in the mortal or worldly mind.

I, personally, had this same experience. That is why I will not be guilty of teaching these mortal mind, self-hypnotizing practices today found in the field of so-called metaphysics instigated by those who think that their personal decisions are greater than a true Decision made in the Presence of God and at-one-ment with Divine Guidance.

I confess my belief is that these persons who reject.

Christianity are afraid that they will have to give up, forego, let go from their lives some of the non-moral practices which they prefer to a cleaner and more upright life, or that these so-called newer psychologists are atheists and of course prefer to be atheists. All of which is their right. But they are playing with fire and they should not mislead and confuse others regarding true Christianity.

There is no psychology whatever in actual Christian practices. However, of course, some of the understanding of mortal mind (psychology) can bring one to a better concentration of mind and so lead to the gates of Christian prayer if one is minded in that direction.

It is my intention to deal with the facts of the difference between psychological dominance on the one hand and Christian Healing on the other. And let me say to the beginner who contemplates taking up the profession of the healing practitioner that no person whatever, with or without diplomas of any kind, has the slightest right to practice except as a minister. Christian Healing is a phase of legally recognized Christian ministry.

Note this about Quimby from the "Quimby Manuscripts": "In his own ability to make an intuitive diagnosis in a WHOLLY NORMAL STATE, we find his thought moving in the realm of SURE PRINCIPLES AND FIXED LAWS". (My capitalization)

We here read the words "intuition" and "sure principles". We do not here read anything about psychism.

How do I read the truth about the cases I heal, the truth about the various troubles that are brought to me day by day. My answer is that I read these things by direct knowing, by intuition not in any psychic state. I practice a normal choice with my mind entirely clear of any idea of distance or limitation and free from all doubt and worry. In other words, I use a clarified normal mind and my clearness comes from the practice of Christian Principle.

I tell this to others over and over, yet many immediately tell me to my face, "Well, you are a born psychic". Yet if I ask these highly informed persons who know more about my abilities than I do myself to define psychicism or intuition they cannot do so.

Because of these things I am going to teach Truth and not pass by but point out its difference from these other lesser, to most people, confusing things.

And here a word about that so-called form of constructive thinking that chooses to close its eyes to facts. The three key images that "see no evil, speak no evil, hear no evil" are images indeed, for they could not comprehend even as monkeys

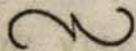
all their senses closed. Their noses would have to be open if they were even to breath. There are some things smelly and they would smell them.

We are to choose with a wide awake mind and by the exercise of the full powers of knowing heal the undesirable, for it cannot be and never has been successfully dodged.

Here is where I stand. I am not against. I am for.

I know for instance that clairvoyance is true (see page 3 of the May issue of the "Comments") and I can and shall help you prove this for yourself should you be interested and continue to read the "Comments". But I know and will also help you prove that clairvoyance at its best is a mere plaything of little value and of no value whatever to an unregenerated mind, that it in no way compares with the Direct Knowing which answers true Prayer, and that whoever attempts to practice clairvoyance or any other psychism will have to, and always does, turn to prayer in order to get the "truth, the whole truth and nothing but the truth" as well as to protect themselves from their own selfish will, even though that will be magnified to some extent by anything psychic whatsoever.

In this I have confirmation by Quimby and my life-long active experience in these matters.



### ILLUSTRATING THE POWERS OF TRANSFORMATION AND CREATION

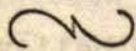
#### IN NATURE:

The largest redwood (The General Sherman) is 275 feet tall with limbs seven feet in diameter. Its trunk is 37 feet in diameter with bark four feet thick. Its roots spread under two acres and it weighs twelve and a half million pounds.

It was produced from a seed less than one fourth of an inch long and as large around as a small needle plus unseen and physically unknown forces.

That seed was not the tree any more than an acorn is an oak.

We are speaking of potentials in action. Every individual is the seed in which there potentially rests an unlimited potential that can heal every uncouth situation on earth. So great is the power of nature and of Spirit.



# Paragraphs

FEE:- Yes, I desire a definite fee adjustment when taking up treatment in each case. I know that there is always absolute compensation, but I also believe in compensation here and now just as I believe in the adjustment of health here and now.

Of course Christianity is free, absolutely free. Help yourself to it. But if you wish me to help you to its benefits please help me with my sustenance also.

Just as long as people worry themselves into sickness and ask me to pray them into health I shall expect a fair and square adjustment in the matter. I think that those who receive Christian healing should support Christian healing and its practitioners.

It is understood that I am not requesting others to have treatments from me nor am I asking for money. I am speaking of my personal services in Christian practice, and of my conclusions about these services after years of experience.

I have been receiving daily three or four requests and demands, (mostly demands) that I proceed to treat and very often these request-demands run like this: "Myself, my husband, then there is Willie, then there is a neighbor up the street that should be healed".

Well, I do my own charity, I really know enough to do that. Of course, I may be the selfish one but let us BOTH try to be fair.

2

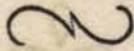
PRACTICAL INSTRUCTION:- I shall analyse just how I treat selected cases in future issues of the "Comments" insofar as the written word can do so. But the treatment is through Spirit, not by means of words.

2

NAMES:- I never divulge names of my correspondents under any circumstance, nor the true initials. Of course, quotations from these letters are recognizable by those who wrote them.

Each individual seems to believe that his problem is a

problem that no one else has ever had, yet there are only about eight or ten classes of problems in life, they are all very similar. And once the treatment is truly metaphysical there is not a great variety in kinds of treatment.

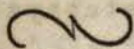


LESSONS:- I have found that although I have endeavored to cover the whole field of healing in the "Comments" by writing a large variety of articles there is no close connection between these articles. There should be lessons that would permit the student to progressively select his subjects; therefore I am going to cover each subject in separate and distinct lessons that can be arranged by the student to his own liking or as may be suggested.

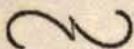
I am now writing up the Christian Victory Instruction in readily usable lesson form and intend to cover its entire field. These lessons will be issued at about twenty-five cents each and their issue will start in about thirty days. A student can select the subjects that interest him most.



PRAYER GROUPS FOR HEALING:- I am advocating Prayer Groups for Healing. I think this is the very best way to promulgate our Truth because people are healed in such groups and those who interest themselves learn to heal, and to lead, and to teach, in actual practice. In doing this, Christian service is completely fulfilled. Lesson Helps will be issued for this purpose.



The "Comments" are going to be very personal in their style in the future. I want to talk with you about these things of reality and do less teaching in the "Comments". Also this is definitely and increasingly requested by many of you. There will be fewer pictures and perhaps less pages, but I think more real interest. There will be very little shortage of pages as measured by the standards set by the "Comments" thus far because subscriptions received before the date of this issue will probably be extended. I am simply working for the best and most actual adjustment all 'round.



The Universe when seen through the eyes of Christ is eternally perfect. —Henry Thomas Hamblin BOOK OF DAILY READINGS



# MY MAIL



I submit the following to make it known what one practitioner is doing day by day, year in and year out in order to refute by direct statements of fact the criticism that "healers only heal a few nervous women". There are probably fifty thousand practitioners of metaphysical healing in this country. I shall do my best to show something of the inside workings of Christian Healing. Our practitioners HEAL.

## EXTRACTS FROM LETTERS

RECEIVED OR ANSWERED UPON ONE DAY, APRIL 20, 1938

- No. 1 - "My other niece, V. A., is well and happy. She demonstrated her return to \_\_\_\_\_. Many thanks for your part".
- No. 2 - "Thanks for your help to my brother, also my nephew who is now employed".
- No. 3 - A letter congratulating a pupil on her healing success in taking up her first metaphysical work.
- No. 4 - "Have rented the apartment. Isn't that fine?"
- No. 5 - "This week has been better".
- No. 6 - From a nurse. Case in hospital. "Mr. I has had a terrible time; all hope abandoned twice. Slightly better". (Later note May 11th: This man is up and about.)
- No. 7 - "Miss A. left the hospital today. Count of white blood corpuscles 66,000 instead of 8,000.
- No. 8 - "I am sitting up".
- No. 9 - From an Osteopath regarding a patient we are treating. "They are sure Mrs. Y. is much better. She is gayer and enters into the interests and activities of their family life in a way she has not done for a year or two".

June 1938

No. 10 - "Conditions are better".

No. 11 - "O. won by a large majority. It was almost amazing how things turned". (This refers to winning an office by election.) "I am in much better health".

## FIRST CASES THIS YEAR

### KINDS OF CASES TAKEN FROM MY FILES JUST AS THEY COME

Patient No. 1

Constipation better. Singing voice "is much sweeter, placement near correct." Grandchild arrived. "Beautiful". Daughter "never had an uncomfortable feeling". Also treating arthritis and for success of son's business (store). "Hearing is better. I can hear the clock tick now".

Patient No. 2

"My husband passed on". "Your treatment accounted for no suffering". (An emergency treatment for great last hour suffering.)

Patient No. 3

Success in church work. Inexperienced at first. Rose to high office.

Patient No. 4

A down-and-outer. Seems to believe in being down and out. Would like a "little success". Of course I do not treat for a little success. Let us have a big one. At least he secured a job, in fact he now keeps securing them. Seems he likes that "little" success.

Patient No. 5

Man on educational work. Some minor troubles healed.

Patient No. 6

Very able and successful woman. Wishes to change occupation.

Patient No. 7

Wishes a better job. Is now being advanced.



"Disease is the offspring of error and as long as the people worship men's opinions, just so long will they be sick." --Quimby

## IN GENERAL

Letter of April 18, 1938:

"X. X. is being pushed along in his work with the \_\_\_ Co. way ahead of the other boys . . . who were there much longer. It is just as you said it would be, and I thank you".

Letter of April 25, 1938:

"I am very happy to report that the pain is all gone". Another letter on the 18th: "I am able to work now".

Note: I told this patient from the first that her condition was not serious.

Letter of April 27, 1938:

"I first wrote you nearly three years ago. I asked for financial help and a companion in life. I am advancing financially . . . we are now engaged".

My letter of April 6 about a case of nervous exhaustion (mental).

"My impression about her is very clear. It is that she is certain to improve". I stated that I expected "a good solid basis of continually improving health."

The answering letter of April 26:

"I am writing to inform you of the recovery of my daughter."  
"She enjoys going about with her friends, etc".

Letter of May 3, 1938:

"My daughter X has worked out her problem exactly as you thought". Her employer "has been very appreciative as you wrote he would . . . proposes paying her passage to France to see his shipper". "No more outbursts of temper".

I wrote April 18, 1938

Answering a complaint "I am not getting the business". "I am afraid my salary will be materially reduced unless I do better."

My answer to this of April 22 I said "it will not be long before I will see that things are going better and you will be much encouraged and again riding on top of the waves, especially as to your daily work".

The answer to this (May 2) is "Thanks for your wonderful help. I had a good month in April as you predicted . . . You have not been wrong yet in your predictions."

Note: I have served this man about seven years.

Letter of May 3, 1938:

"Thank you for your letter and the treatments you gave me. They certainly reached me quickly. The swelling disappeared the next day and I was able to eat. The soreness left in a couple of days".

