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Keeler's

COMMENTS

MARCH
1938

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March 1938

KEELER'S
COMMENTS

Vol. 6 - No. 3

About Applied Christianity, the Victorious Faith, Direct Knowing (Intuition), and the Greater Power of the Spiritual Empire of the Mind.

An unique periodical published by W. Frederic Keeler, P. O. Box 426, San Diego, Calif.

For those who wish to know the Truth of the Indwelling Christ.

Issued the first of each month.

SUBSCRIPTION: One dollar a year. Six months, fifty cents. Ten cents each post free when mailed separately. Special rates to Centers, Libraries and Bookshops.

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KELLY'S

Vol. 5 - No. 2

March 1934

COMMENTS

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to which Kessler's published by W. Kessler, Boston, U. S. No. 425, New York, 1931.

for those who wish to know the truth of the Kessler's birds.

found the type of each bird.

and Kessler's birds are very, very small, little birds, for each bird has two
 very small wings, which will never be broken, broken and broken.

which will be called as "Kessler's birds".

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THAT-WHICH-IS-THE-CHRIST



After His resurrection, Jesus said (Mark 16), "Go ye into all the world" and preach the gospel to "every creature". He said this to His disciples, but more were needed so they sent out the seventy. This statement was really to all who will believe, for "Signs shall follow them that believe".

If we are to do away with the last half of our great commission, preach the gospel and heal the sick, we might as well do away with the first half.

A preacher has said that, "In the early days it was necessary to perform miracles and heal the sick in order to establish the church". I ask, is it necessary to establish "the church" or is it best to live Christianity and let churches follow in their place as an aid to the Christian life?

"After He had spoken unto them He was received up into heaven and they went forth and preached everywhere, the Lord working with them and confirming the Word with signs following. "Amen".

"Amen" indeed! Christianity follows the things He said and did. Some think like this: "Jesus the Christ is in His high office in heaven; of course His power is not limited but He no longer does what he did on earth. He is elected and on high.

I answer with the Bible, Hebrews 4:15, 16. "We have not an high priest which cannot be touched with our infirmities; but was in all points tempted like we are, yet without sin."

Is it to be thought that the Christ was like some politicians

who, after being elected to an office, forget the nearness of the people? The needs of the people are in the heart of the Christ. He knows we can be tempted, but that we are to be healed. The love of the Christ is with us, and with us forever. We are to accept it. If the Christ has changed He is no longer the same, is He? The Bible answers - "He is the same yesterday and today, and forever".

I say that a conversion to Peace and to real Life heals, and that this conversion is not a matter of surface consciousness. It must penetrate to the very soul. And prayer is the most penetrating, far reaching, and soul stirring force in all existence. Salvation is not limited, the Great Law does not draw a line between Soul and body. There is no "out". The body is not outside the Law of Life. We heal by the forgiveness of sins. We turn from a belief in fleeting and superficial things to staunch and over enduring realities.

In His day disease was popularly supposed to be caused by devils, which was a crude attempt to express disease as hidden, artificial wrong forms of life. The disciples reported that "Even the devils are subject unto us in Thy name".

Very well, we pray for complete conversion to our God, our Good. We should avoid making our attempts to heal subject to some complex system. We can always call upon the name of Jesus Christ.

It is not psychology that heals us, it is not our thought it is the Christ Consciousness that heals. We, of ourselves, can make mistakes but the Christ never makes mistakes.

The disciples found others "casting out devils in Thy name" and they wanted to stop them but Jesus said, "Let them alone".

"He that believeth on me, the work that I do he shall do also, and greater works than these shall he do." He went "unto his Father, leaving us with His power and His work to do here. We share with Him. "In my name you will do it." "Whatever you will ask in my name I will do it that the Father might be glorified".

There is a certain trueness to the Christ Principle that

must be attained. Mockery or insincerity never reaches the Christ.

Christianity knows no partiality. The Christian Law covers all. We are as much cared for today as were the first Christians. The Comforter has come. The Christ is within us. Prayers are answered today as always. Jesus said to the sick man, "Wilt thou be made whole?" Afterward He met that man and said, "Behold thou art made whole." Where the Christ Principle, where the Christ Knowing, and man are met the man is made whole. "Thy sins are forgiven, thou art healed of thy plague."

We make the start by not arguing or doubting. We make an earnest effort to have this, our healing. God always fulfills His promises.

This man that was healed at the pool did not know what person it was that healed him. When he was asked who it was that healed him he could only say, "He that made me whole". That is why we use the term, the Christ Principle. We give ourselves and our troubles over to that which is the Christ, for That-Which-Is-The-Christ is greater than anything in mortal life.



A little consideration of what takes place around us every day would show us that a higher law than that of our will regulates events; that our painful labors are very unnecessary and altogether fruitless; that only in our easy, simple, spontaneous action are we strong, and by contenting ourselves with obedience we become divine. Belief and love --- a believing we love will relieve us of a vast load of care. O my brothers, God exists.

The whole course of things goes to teach us faith. We need only obey. There is a guidance for each of us, and by lowly listening we shall hear the right word.

*From The Oversoul
by Emerson.*

TO EMANUS

(OUR COVER PICTURE)



he apostles were ordained "to be a witness with us of His resurrection". (Acts 1:22) To them He showed himself alive after His passion by many infallible proofs, being seen of them during a period of forty days and speaking of the things pertaining of the Kingdom of God (Acts 1:2); among other things, "assembled them together" and "commanded them that they should not depart from Jerusalem but to wait for the promise of the Father (Acts 1:4), that is, until they were endowed with power from on high.

Jesus foretold Matthew, Mark, Luke and John that He would arise after His death, "After I am raised up I shall go before you". They received their great commission when "the eleven went away into Galilee into a mountain where Jesus had appointed them" to meet Him after His resurrection and He spoke to them saying, "All power is given unto me in heaven and in earth . . . go therefore and teach all nations . . . lo, I am with thee always." (Matt. 28:16)

He was first seen by Mary of Magdala to whom He appeared so plainly that she at first thought He was the gardener of that place, and Luke, the physician, reports that when He appeared among the twelve He said, "Behold my hands and my feet, that it is I myself; handle me and see", and that He asked for food and "did eat before them".

After that Paul relates, "He was seen of above five hundred brethren at once; of whom the greater part remain unto this present, but some are fallen asleep".

He appeared ten times after His resurrection, and in addition an eleventh when Paul says, "Last of all He was seen of me also as one born out of due time".

The Christian teaching is "If Christ be not raised, your faith is vain; ye are yet in your sins".

Our cover page is an artist's conception of the time of the reappearance when Jesus joined Cleopas and another as they walked toward Emanus, a village of hot-baths. At that time He conversed with them and taught them His Truth, beginning "at Moses, He expounded all the scriptures" and "things concerning Himself" and He ate with them, but not until then did they recognize Him. So are obvious facts disbelieved by overcast opinionatedness.

Those who are endowed with the spiritual faculty of reading revealed truths cannot successfully impart them to the so-called common man, for those who understand must also be spiritual, for one cannot receive that which is entirely foreign to his belief and desire. Discovery and revelation are correlatives. Knowing is the result of God's fatherly love, nevertheless the word "revelation" means "the act of imparting knowledge". No mind is excluded from knowing.

I paraphrase Locke when I say that "a miracle . . . is a sensible operation . . . above the comprehension of the spectator". However, a miracle is according to law, both natural and divine.



STILL WITH THEE

Still, still with Thee, my God,
I would desire to be,
By day, by night, at home, abroad,
I would be still with Thee

With Thee when dawn comes in,
And calls me back to care,
Each day returning to begin
With Thee, my God, in prayer.

* * * * *

With Thee, in Thee, by faith
Abiding I would be;
By day, by night, in life, in death
I would be still with Thee.

--James Drummond Burns

THE PRACTICE OF CHRISTIAN HEALING

FOR THE BEGINNER

LESSON NUMBER ONE

THOUGHT

This is what I think when giving a Christian Healing Treatment: "I choose health for you."

I repeat that thought-act of "I choose health for you" from two or three to eight or ten times as I feel impressed.

MANNER

The manner of repeating this thought is very important. I do not hurry under any circumstances. Even should there be a great and fearsome emergency, I do not hurry. I determinedly practice, use, hold to Christian Principles.

At the time of treatment I am not of the world nor subject to the ideas of worldliness.

The clamoring relatives of a direly sick person cannot hurry me during a treatment. This fact and the exercise of any of the non-hurry Principles places me on the healing plane. I am to reach the world-condition before me, but I am to do that by being non-worldly. There is no hurry in Christianity, nor is there any desperation there.

Very deliberately I repeat this choice. I make each choice definite. I concentrate on and in this Choice thought.

CUT-OFF I stop between each choice.

INTENSIFICATION The more I wish to intensify my treatment, the more I concentrate, the more slowly I think and the more certain I close my mind to the clamors of the world and the more time I take as I proceed.

CHANGE After repeating my choice for health a dozen times or less, and according to my feelings in the matter, I stop all positive thinking.

POSITIVE THOUGHT My choice is a positive thought. It means in prayer, "Let thy Kingdom come". It is as near a command as I ever permit myself to go. I have been positively and clearly asking. I have been exercising Decision in making my choice.

"ASK" But I have been asking for the patient. I have been asking for health for my patient. I have not thought of myself except that I make my choice for my patient a thorough and clear one without the slightest equivocation. I want health for my patient and I have the good sense to silently say so. "Health for you, that is my choice". I repeat that this is a positive thought. I have declared my stand in this matter. I have not silently bullied or demanded. I am giving this treatment and I am not begging nor whining a treatment. I am instructed by Jesus the Christ to "ask", and I am doing just that.

MANNER I am by far more careful as to my "manner" (See Matthew, Chapter VI, Verses 6-7-9) of doing the choosing than I am about the silent words I use. This is very important.

I now take up the next step. I have only been a few moments probably with this first step. How long does it take one to repeat a definite, clear choice a few times? I take just that long. I never prolong nor tire myself in any degree, for to do so would be not to treat.

SECOND STEP I bring myself to an easy, restful state of mind.
REST For a moment or so I practice, I enjoy God's Principle of Rest.

THIRD STEP The third step consists of inquiry. I subject myself at this point. To what do I subject myself?
INQUIRY I subject myself to anything and to everything, to every thought, idea, Principle or impression that may come into my mind. I do this in full faith and confidence.

FIRST OR
POSITIVE STEP I have just declared myself by *doing*, not by assertion, but by doing a Christian act. That act was the utmost simple choice of health for a selected person.

RECEPTIVE I here prove my faith. Let what will come. I
THOUGHT want to know. What is going on?

How are you, patient? Just how are you?

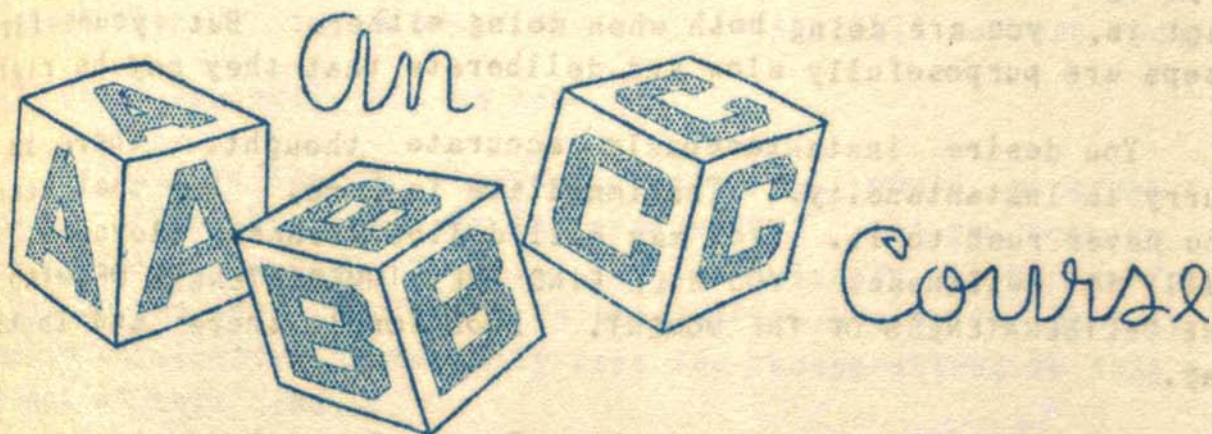
How are things here and now as between God's Law of Love and me?

I reduce this, my inquiry, to utmost simplicity.

What do I find? I desire impressions regarding the condition or state of my patient. I give myself over to great interest in my patient, the person for whom I am working.

HEALING I find great unrest. Since worry is unrest, it
INSIGHT is of the world, mortal and worldly. This unrest does not come from me, for I have made certain that I am doing a very simple act of service for another. I have prayed for my fellow man by asking for health for him. If unrest comes at this time, it comes from my patient.

Very well, let it come. Why? Because it is not of Reality. It is the case. It is what I am looking for. I now desire to be guided. I wish to know what



LESSON NUMBER FIVE

Thought is instantaneous. Exactly! But are you instantaneous in bringing about the thought you wish? Yes and no.

A golf expert walks up to the ball. He strikes it. He places that ball where he wishes ---- at the point where it should go. As quickly as that.

And why?

Because he is an expert.

But why is he an expert?

Because of practice.

Of course!

You are to become expert with your thought. The thought you wish shall be yours, at the snap of your fingers, so to speak. It will be instantaneous. It will be positive in its healing of whatever situation you desire, or it will be clear in its accurate guidance, either as you wish, after you become expert with it.

Your expertness may be achieved by gift or acquirement, or by both. You will do your part by mentally and spiritually ac-

cepting it as a gift or by acquiring it through practice. The fact is, you are doing both when doing either. But your first steps are purposefully slow and deliberate that they may be right.

You desire instantaneously accurate thought. There is no hurry in instantaneity. The immediate is here. For that reason you never rush to it. You may call deliberateness slowness. I call it swiftness. YOU WILL FIND THE IMMEDIATENESS OF MIND IN THE DELIBERATENESS OF THE MOMENT. Look for it there and in that way.

In an earlier lesson of this Course I mentioned a pause in thinking as essential, and I compared it with sleep. It is not sleep. It is furthest from sleep. It is restful like sleep, but it has all the intensity of Spirit and of peace. We do not intensify mind by speeding it. We intensify it by making it peaceful. The tranquil mind is powerful providing its tranquility is a living tranquility, not a sleepy one.

Never permit yourself to go to sleep or to become sleepy when practicing thinking at the special thinking time. Break up any such tendency drastically.

If a tendency to sleep is observed, get up, take a few steps. Change your trend of thought. Break up your sitting, your silent work for that time, if necessary. Never, for any purpose whatever, tolerate drowsiness.

Be pointed. Be in command. Do not waste your time dozing. Sleep when you sleep. Think when you think. Do one or the other. It is thinking time now. Be decisive about it. Train your mind to it. Carry out your intentions in handling your mind and its thoughts during this special thinking time. Do that or break up that thinking time. Have it or do not have it, but know what you have. It is silent mind practice or not silent mind practice at this time. No half-way business. When you stand physically, you stand. When you sit, you sit. Be equally certain with your thinking. Either think alertly or do not think. Be alert positively or alert receptively. The mind is to be consciously alert when thinking.

If you are over-inclined to sleep when attempting especially

to practice silent thinking exercises (the silence), make your sittings short. Two minutes or five minutes will be long enough.

"Oh, I generally sit an hour."

And you are the one who was afraid you would progress too slowly. "Thought should be instantaneous." And you require an hour to think. Never! Stop it! Think silently and purposefully or get up and work or play. Do not deceive yourself. When it is time to physically and mentally rest for recuperation, do that --- but not at this time.

If you are thus decisive with your mind, GIVING IT ITS OPPORTUNITY OFTEN, REMOVING THAT OPPORTUNITY WHEN IT DOES NOT OBEY, it will rise to its opportunity and incline toward its true law and procedure, it will finally obey you. Do not wrangle with it. It is not a child nor you a spoiled mother. Speak. Do true silent work or terminate the sitting.

Nevertheless, be persistent. Sit once or twice a day. Be patient. Be determined. You are training. You are training your mind and you are training yourself. Both your mind and yourself may be somewhat wayward as to mental powerfulness, but you know how experts become experts and, more than that, you know that the Law of Good and of Intelligence is with you all the way.

Now you have learned that you actually have Freedom when sitting in the Silence, as some call it, when doing your special thinking exercises.

You can stop thinking during your exercise, as a part of any special exercise. Also, you should stop sometimes. You never lose by stopping. You can terminate the exercise at any time, and when it is not satisfactory you should do so. But you will persist in taking the exercises.

You are to have no tenseness. You are different. You can be interrupted. Your fears about the sittings are gone.

You are entirely natural at the silence sitting time. You are physically relaxed and mentally at home with yourself.

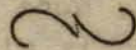
You will do things for your mind, and your mind will do things for you. You are getting acquainted with your mind as though it were a friend.

It is something like learning to ride a horse. You train it. It carries you. You get the horse free from its fears and you, yourself, become free from your fears. You have plenty of time, much patience, quiet determination. You are going to learn this thing of true mind relationship and real mind control by practicing a few moments each day.

You know that you can do this one thing---these mental training practices -- and do them well, for you are to do them slowly and deliberately a few moments --- ten, fifteen, or twenty minutes as a total for the day.

No, child, one does not try to execute opera singing after one or two practices. Learn your exercises, then sing and the whole world will sing with you.

Become expert in power thinking, but remember the rules of expertness. Real thinking is actually the easiest of all the special knowings to acquire.



We distinguish the announcements of the soul, its manifestations of its own nature, by the term *Revelation*. These are always attended by the emotion of the sublime. For this communication is an influx of the Divine mind into our mind. It is an ebb of the individual rivulet before the flowing surges of the sea of life. Every distinct apprehension of this central commandment agitates men at the reception of new truth, or at the performance of a great action, which comes out of the heart of nature. In these communications the power to see is not separated from the will to do, but the insight proceeds from obedience, and the obedience proceeds from a joyful perception. Every moment when the individual feels himself invaded by it, is memorable. Always, I believe, by the necessity of our constitution a certain enthusiasm attends the individual's consciousness of that divine presence.

* * * * *

The nature of these revelations is always the same; they are perceptions of the absolute law. They are solutions of the soul's own questions. They do not answer the questions which the understanding asks. The soul answers never by words, but by the thing itself that is inquired after. *From The Oversoul by Emerson*



HEALING IS A DIRECT ACT OF INTELLIGENCE

This is a description of how the Healing Principle of Life proceeds to do its work in the body.

We are dealing with that Intelligence which is Life. Just as this Over Intelligence, I call it God, displays itself before the eyes of man in part as it produces trees, plants and flowers, so in part much that goes on in their production is hidden. We know more about the flowers than we know about the roots. There is a nature system of life's expression that is hidden from ordinary scrutiny. Research and discovery, though, finally learn facts concerning these hidden ways.

The way the body secretly deals with infections in general provided they have avoided the protection of the skin, the mucous membranes, or the gastric juice of the stomach and have passed directly, perhaps because of an injury, into the blood stream, which blood stream is otherwise warm and nutritious, is as follows, but please remember that although this description is on the face of it in terms of chemotaxis, it is but the out-picturing of Healing Intelligence as its final analysis proves.

Immediately the poison enters the blood a phenomenon that no mortal science has ever explained occurs. White corpuscles of the blood, the phagocytes, in other words the eating cells, *rush in great numbers* to the place of infection and proceed to destroy

the infection germs. Meantime the *body manufactures* neutralizing antibodies. The toxins or poisons are usually destroyed by these antitoxins -- the white corpuscles and the antibodies.

But there are additional healers in the blood, the lysins, that dissolve germs, and the agglutinins that clump them together and render them totally inactive. If pus is discharged it is the dead bacteria.

These antitoxins usually confer immunity on the sufferer for life. Re-infection seldom occurs because the *body has learned how to heal* that kind of infection.

Vaccines that the doctors use are "composed usually of dead or weakened bacteria"; that is, they are mild poisons given to stimulate the natural healing forces of the body.

Serums are obtained from the blood of some animal that, because of having been diseased and recovered, has a high content of these healing antibodies. Incidentally there are about 2,000 known bacterial germs, only 100 of which are at all disease provoking or that need to have the body's healing attention.

All this proves that the very blood in us is not only intelligent but that it has healing intelligence.

I here remind you that all drugs are poison and that their only action is to stimulate the healing powers of the body.

Oh! Did I say the healing powers of the body? I should have said the healing powers. Intelligence is everywhere. The body is intelligent but all intelligence is not limited, of course, to the skin and to that which is enclosed therein. Intelligence is everywhere.

Let us see. René Pax says in the *Miroir du Monde*, Paris, that for several days an experimentalist scratched two guinea pigs behind the ears and injected some sheep's blood. The blood in the guinea pigs defended itself against this strange substance "by producing anti-toxins". This continued for two weeks. They then stopped the injection and merely scratched them behind the ears and the guinea pigs continued to produce the healing anti-

bodies and their blood manufactured them "more abundantly than ever".

Here we have the fact that the habit of healing once started never stopped, and that habit actually produced the antibodies, that internal physical state and condition which heals.

I submit that habit is mental, and that habit can be a mental state which heals even in animals.

Always it is the deeper states of mind that heal.

In Divine Science we appeal to the Highest Intelligence by Direct Thinking, in a thought-prayer manner that ignores these mortal processes as such, but that directly, immediately and specifically deals with the situation by applying the more divine phase of Intelligence and spiritual Understanding to whatever process of body or habit mind is necessary. Divine Mind knows, and the practitioner Knows Divine Mind. He has familiarized himself with a silent, and to most people generally secret, process which he is obliged to describe in terms of Spirit only.

Certainly if blood can heal, and the habit mind can heal, then the Higher Intelligence can heal when directly applied to a given case. Man can offer the direct service of Principle just as surely as he can offer serums. In any case, the healing Intelligence Within must be reached.

There is a case where mercury was being injected in an adult human "to excite the body to get rid of the noxious fluid" ---- a purely scientific M. D. term -- in this case, dropsy. The doctor became afraid of the mercury and therefore continued to inject a common salt solution. The desired healing reaction continued.

Why, then, do we need drugs?

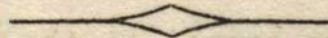
The answer is, we do not need them. We need to start the healing process for the patient that is in the patient in a more or less latent condition.

In Divine Science we say, and we Know, that the right and righteous appeal to God, to Intelligence, heals.

The patient need not consciously know exactly how the healing takes place step by step in order to be healed any more than he needs to know how digestion takes place in his stomach. He needs digestion. He needs to be healed.

It is the practitioner who knows his part in the healing, and he also knows that God does His part.

It is a matter of right adjustment in Intelligence.



From the purely metaphysical standpoint of healing practice, I would say that gradually from the earliest days of practice I have come firmly to the conclusion that, of all parts of the body, the blood is the most sensitive and most responsive and that our healing intelligence reaches it more quickly than any other part.

It has been supposed, and is rather naturally supposed, that in metaphysical treatment we reach the body principally through the nerves. I have not found this to be true.

Of course, there are other than infectious diseases, and even with muscular troubles, those that affect the eyes, pains that come from colds, distortions of the spinal column --- all of these where one set of muscles is over-tense and its opposing set displays lack of vitality, such muscles are controlled by nerves, they are directly responsive to such states of mind as peace and thorough reassurance. In matters of digestion the stomach and digestive tract is often reached through what I would call nervous channels. Even the circulation of the blood must be reached somewhat through muscular reactions in cases of high blood pressure.

Many cases, therefore, are not to be appealed to directly through the blood stream, but we recognize True Intelligence in every physical organ and in every physical function.

Of course it is understood that we treat mental states which correspond to physical conditions. In fact, we always treat for the stabilization of the individual.

We treat infections with the Principle of Selfness; that is, for greater Selfhood. We call to the individual to be thoroughly himself and to be unafraid. We treat by establishing the Kingdom of the Individual, and Christianity is a kingdom, a state, not at all national or racial, but entirely individual. The individual is to realize deeply within that he is unattackable, that he stands in absolute Protection, that nothing outside his own Kingdom has power in it except by his consent. God is within his (the individual's) Kingdom. God is not outside of his (the individual's) very own life.

I can say that compared with other difficulties which we treat, the response is as great and probably greater generally in the healing of infections than in any other main classification of so-called disease.

5/5

"Ineffable is the union of man and God in every act of the soul. The simplest person who in his integrity worships God, becomes God; yet for ever and ever the influx of his better and universal self is new and unsearchable. Ever it inspires awe and astonishment.When we have broken our god of tradition and ceased from our god of rhetoric, then may God fire the heart with his presence. It is the doubling of the heart itself, nay, the infinite enlargement of the heart with a power of growth to a new infinity on every side. It inspires in man an infallible trust. He has not the conviction, but the sight, that the best is the true, and in that thought easily dismiss all particular uncertainties and fears.....He is sure that his welfare is dear to the heart of being.....He believes that he cannot escape from his good."

From *THE OVERSOUL*

by Emerson

NOTES

ON THE

PRACTICE

OF

CHRISTIAN HEALING



WAYWARD OFFSPRING:- Among the kinds of cases that come before the practitioner, are those that I call "false mother love".

To a practitioner, of course a "case" is not only a disease, it is a sin. We heal sins. But our patients, persistently as a rule, do not permit us to tell them that they sin, yet they always want to know *why* this or that happens.

In these "mother love" cases, "my boy" or "my daughter" is always right yet is always in trouble; "needs more money", "spends all he gets", "doesn't mean to", "keeps me constantly agitated", "never off my mind", "what shall I do?"

The parent's distress about the son or daughter in these chronic cases always, I say always, comes as the result of trying to serve and help that child by means instead of through Spirit, by the use of money instead of by the exercise of Christian practices, and I accent "*instead of*".

It is axiomatic that it is difficult to serve others in a manner satisfactory to either ourselves or to the others by the use of material means. So often only bitterness results. Personally I do not believe that it is possible to serve others and exclude a true Christian attitude, and that constitutes these cases. Every attempt is made by money giving and by argument. Years of this will be practiced in most cases without good results. There must be at least Peace and a higher faith in the one who serves. Worry always injures and defeats.

Wrong methods are being used. Right methods are not being used. Stop persisting in your way. Change your pattern of thought and action. You do not succeed, therefore you are of course using a wrong method.

Try God. Confess your own wrong. Perhaps you as the parent are not doing right. Perhaps it is not all the son or daughter. Why not come out of your own conceit? I say, try God. There is a God, you know. God knows Best. You wish him or her to be more Godly. Well, pray for that. *YOUR son has God also*, also as well as he has you, and you will never take the place of God in your son's life, nor will your money or your personal desires take His place.

You desire Peace about your son. Well, get it. God has it. He has it for you and He has Peace for your son, even *YOUR son*. Ask God for that Peace for your son and for yourself regarding your son.

There is just one treatment for a wayward offspring and that is, we give this son or daughter, living, whole and entire to God. God can do for you. Give this child to Him. This child belongs to the only One who can care for him. You do not own that child personally.

I can say that there is no other treatment than this surrender to God in such cases, and that the results of such treatment are of the most remarkable of all metaphysical treatments.

TREATMENT FOR SUCCESS IN WRITING consists of giving to the individual that which he or she ardently desires.

The practitioner offers fulfilment of desire to the one he is treating, and *nothing else*. My advice is then, when treating these cases to keep away from all thought about details. Do not offer or treat for better imagination, or application. Give this person *that which he desires*. God has this joy of writing and this fulfilment in writing for this person. You, as a practitioner, should give it to him. Yes, you can give the things of God to others. Get this writer over all delay or dismay about

writing by deliberately and silently giving him that which he wants, his very own writing ability. Yes, it is God's writing for him. Do not permit yourself any argument. Get down to business. He, this writer, wants it. Give it to him.

By writing cases, I mean those who are actual writers, those who work at writing, to improve their work to overcome any lack or flow of ideas, to get them at their desks again.

Do not attempt to do their writing. You are to act as the practitioner only. Do not imagine or picture them at their desks. This is Christian healing, not picturing. Give them, bring them, to their own God-given talent.

THYROID CONDITIONS:- Heal the patient of emotionalism. Wean him from his own *personal feelings*. Realize for him that all beautiful and worthwhile things bring true emotion, never emotionalisms. True emotion is the appreciation of Good and all appreciation is done in Peace.

Offer these cases freedom from all possible hurt. Hold Faith for them.

Free them from the past. Emotionalisms always relate to the past; but there is no past, there is Life.

Silently meditate upon these particular Truths *for the patient* in Silent Prayer.

OVERWORK:- This is a deep, subtle, persistent sin. Does God overwork? No. Did He ever overwork? No. Is there any excuse for overwork? Never!

Make sure of these things for yourself. Now carry this, your sure conviction of the moment, in mind for your patient and do so without the slightest sense of hurry. Make certain of your own conviction that there is no hurry in heaven or on earth. Now make equally sure of this for your patient. This constitutes a treat-

ment. Do not dally with it. Come to the point. Stop. Do not overwork the treatment. The Spirit-Truth you have realized does the healing.

BLEMISHES ON ONE'S FACE:- I can only say that to me it is as though the blemishes were not there, as though they had been there but are gone. This is usually very successful. I refer to growths, minor disfiguring growths especially, although the same realization of Knowing often reaches scars also. I think my own success with this method comes from my conviction that the spiritual body (and I think we have a spiritual body) never registers a blemish. We will never stand before God carrying a blemish. Retouched photographs do not show blemishes and they display greater individuality of the person by not showing them.

Anyway, the treatment for the removal of the blemishes is subtle. Do not dwell upon each treatment too long. Realize as a matter of course that blemishes are not real, that they are no actual part of the patient. Give short, frequent treatments in these cases. Pass the true Word in Spirit as to their non-existence. This is not a fixed denial, it is giving of the Word relative to a Spiritual fact. There are no blemishes in the true Life. When you find that you can easily register the fact that the patient has dropped the matter, the blemish will decrease or disappear.



*These are thy glorious works, Parent of Good,
Almighty, Thine this universal frame,
Thus wondrous fair: Thyself how wonderful then!
Unspeakable, who sitt'st above these heavens
To us invisible, or dimly seen
In these thy lowest works; yet these declare
Thy goodness beyond thought, and power divine.
Speak, ye who best can tell, ye sons of light,
Angels, for ye behold Him, and with songs
And choral symphonies, day without night,
Circle His throne rejoicing, ye, in heaven,
On earth join all ye creatures to extol
Him first, Him last, Him midst, and without end.*

From Paradise Lost, Book V
by John Milton.

NEWS NOTES

FROM

THE INTERNATIONAL NEW THOUGHT ALLIANCE

DURING the last three years Summer Institutes have been conducted near Minneapolis, Denver and Cincinnati. Each of these has attracted a goodly number of students and teachers.

This year all of the interest will be centered in the Institute to be held at Chautauqua Park, a few miles north of Cincinnati. The sessions held there last year were very well attended, and the lessons given by a faculty of nationally known leaders were exceedingly valuable. Dr. Harry Granison Hill, of Cincinnati, was Dean of Faculty and gave to the Institute the wealth of his experience as an Educator, and as Chautauqua Director. Dr. Hill will have charge of the sessions again this year. The park is a beautiful one with good accommodations and summer amusements and entertainment between class sessions. Dates have been set for June 19th to 26th inclusive. The cost will be amazingly small. The entire expense for meals, room and tuition for the eight days will be 28.50. Experience has taught that anyone can obtain a liberal education in New Thought philosophy by attending the intensive sessions and lessons offered in these summer schools. All who are interested are invited to write to Dr. Harry Granison Hill, c/o New Thought Temple, Woodburn & McMillan, Cincinnati, Ohio, who will be glad to furnish any desired information.

PRINCETON, ILL. A very interesting newspaper clipping has been received from Princeton, Illinois, telling of the dedication on February first of the new Metaphysical Library, a one room structure so built that other rooms can be added as necessity demands. The number of books has increased from a few volumes to four hundred and fifty in the course of just a few years. The library was started by Miss Cora Phillips about 1934 and the Librarian is Miss

Hildegarde Fieber. The address is 606 E. First Street. Various classes along the lines of New Thought are held to which all are invited. Princeton is a town of only about 5,000 inhabitants and furnishes a fine example of what can be done along our lines in the small places as the result of prayer.

LOVELY, KY. Another instance of the work in the smaller communities is the activity of Dr. Rufus M. Reed in the mountains of Kentucky. Dr. Reed uses the principles of metaphysics and he also writes a column for the local weekly paper. A recent caption was "How Divine Truth Heals". This was linked up with the healings of Jesus and the article attracted much attention among the mountain people. More power to you Dr. Reed!

ROCHESTER and SYRACUSE, N. Y. Mrs. Georgiana Tree West of Louisville spoke at the Unity Centers in Rochester and Syracuse recently while the leader, Raymond Charles Barker attended the Great Lakes Unity Conference at Chicago. While in that city, Mr. Barker spoke at the center of Miss Edith M. Reynolds and then went to Indianapolis for a Friday evening with Murrel Powell's fine Unity Center, after which he visited Louisville for ten full days at Mrs. West's Unity Center there. Not content with this busy program, he jumped down to Memphis for an afternoon and evening meeting with Mrs. Elizabeth Chester's Unity Center where he received a right royal welcome. Mr. Barker's last stop was at New York City to attend the Eastern Unity Conference and a meeting at Gladys Grier's Church of the Truth.

NEW YORK CITY, N. Y. From Maude Bullock, Secretary of the Church of the Truth, Gladys C. Grier, Leader:- "Greetings to all members and friends of the I.N.T.A. and great blessings for growth and success in 1938! Our work is moving steadily forward and we are continuing to carry on our program of five meetings daily. We have had the pleasure and blessing of two visiting speakers during the month of January, Mrs. Georgiana Tree West and Mr. Raymond Charles Barker.

SOUTH BEND, IND. The Life Adjustment Center, Mrs. Evelyn Hawbaker, Leader, has moved from its former quarter in the J.M.S. Building to 1021 East Donald Street.

HOLYOKE, MASS. We have word from Mrs. Agnes Barton Haskell that her Unity Truth Center meets at the Y.W.C.A. and has a lovely vested choir of girls with a pianist and violinist.

WASHINGTON, D. C. Headquarters was favored with a visit from Elizabeth Towne, Editor of *Nautilus*, the middle of January. Several little informal get-together parties were arranged with the various workers in this vicinity. We are looking forward to a visit after Easter from Rev. Henry Victor Morgan of Tacoma, Washington, one of our Vice-Presidents, at which time we hope to arrange an Alliance meeting with Dr. Morgan as principal speaker. We are enjoying the presence of Mrs. Mary Robbins Mead of Watkins Glen, N. Y., our District President for Western New York, who is holding a meeting and meditation at the Grafton Hotel each Friday afternoon at five o'clock and giving a Troward class each Tuesday at I.N.T.A. Headquarters at 7:30 p.m. This Troward class took place on our first day in our new office and we feel served to start us off in the right spirit.

THE INTERNATIONAL NEW THOUGHT ALLIANCE is the only federation of the various schools of New Thought in the world today. You are cordially invited to become a member and thus help to spread the glad tidings through their *Bulletin*. Active membership, which entitles one to all issues of the *Bulletin*, is \$1.00 a year. Address *Leona Feathers, Secretary, I.N.T.A., Room 700 American Building, 1317 F Street, N.W., Washington, D. C.*

. . . .By combined meditation and action he will find himself advancing into increasing light, liberty and usefulness. The advance may be almost imperceptible from one day to another, but it will be perceptible at longer intervals, and one who is thus moving forward with the Spirit of God will on looking back at any time always find that he is getting more livingness out of life than he was a year previously. And this without strenuous effort, for he is not having to manufacture the power from his own resources but only to receive it - and as for using it, that is only the exercise of the power itself. So following on these lines you will find that Rest and Power are identical . . .

From The Creative Process
by Thomas Troward

to treat, that is why I am in a receptive state of mind.

I have found out to the best of my ability at this time what I am to treat.

**REGISTRATION
OF THE CASE**

I am to treat, I am to remove unrest.

God has brought this feeling to me, or the patient has told me, or something within has revealed to me that the situation is unrest. I have asked for and expected a Leading about this case, and I have received it.

REGISTRATION

The case before me is unrest.

My patient tells me by word of mouth or by writing that he is (1) discouraged and nervous, (2) that he has a very prickly skin and asks what he shall do. (3) He cannot sleep nights. This is all he knows about it.

I am a metaphysician. I am a Christian healer. I am not going to heal his skin. I am not going to imagine or picture a clear skin for him. I am not going to be tempted to use my imagination. I want no imaginings here. I want facts. I want Christian Healing facts. I shall follow my Christian Leading. I asked for Guidance regarding this case and I have it. I am not in the skin business. I am in and exercising the Christian business, the Christian ministry of Healing.

**FOURTH STEP
TREATMENT**

I proceed to treat unrest. I am getting to my case now, therefore I proceed with the fourth step, the actual treatment. The foregoing steps were preliminary only.

CORRESPONDENCE

The disease correspondence is unrest. This is all I know at this point and I am going to work with what I know; the fact is, as any reasonable mind

ought to realize I cannot work with anything else. Of course, I could place my personal ideas and opinions before my Leading but that would destroy my usefulness in this case at this time.

I desire to actually give a treatment and a treatment, of course, means results. Where there are no results, there has been no treatment. Good intentions, yes, but good intentions do not constitute a treatment. My work is to give a treatment regardless of all mere ideas. And a truly strong mind does what it sets out to do. It does not start to make a plow-share and produce a fizzle.

Always back to a real treatment and to Principle.

THE REMEDY

I am to silently convert, win my patient to the opposite of unrest. And that opposite must be a Principle of God, a phase of His Love.

APPLICATION

I offer Rest, Universal Rest, God's Rest to this patient. I hold His Rest before myself. I now silently, mentally hold Rest before the patient. I exhibit Rest.

**COMPLETION
of
TREATMENT**

I find it is easy to bring my own mind to God's Principle of Rest. I find also that it is now easy to think of my patient as being at rest, as also being at ease.

Having found the Principle to offer, and having been able to offer this Remedy of Rest and to easily retain my own peace while doing so, the Remedy has been accepted by my patient. I read and register this as being the completion of the treatment.

The treatment, of course as one treatment, is ended.

**TEST OF A
TREATMENT**

I test it all out again after a short interval. I find that I can add the factors of this treatment

together in my mind, that they readily unite. These factors are God's Rest, the patient himself, and my own assurance and that my mind is ready to peacefully let go of the whole matter, consequently I have really accomplished something silently.

SOME SIMPLIFIED DEFINITIONS
OF TERMS AS APPLIED TO CHRISTIAN HEALING

- THOUGHTS** Things, but only things.
- MANNER** See Matthew Chapter VI, Verses 6-7-9. Way of doing.
- CUT-OFF** The absolute cessation of activity. A momentary stoppage of thought in the act of or preparatory to a change of thought.
- INTENSIFI-CATION** Concentrated, empowered, silent activity.
- POSITIVE THOUGHT** Active thought as distinguished from any receptive state.
- DEDICATION** Offering oneself or one's efforts or one's gifts wholly to an object, person, Principle, or act.
- STEP** A planned, scientific or artificial division of an activity.
- RECEPTIVE THOUGHT** Mental acceptance. Opening of the mind. Non-active.
- INSIGHT** The knowing or receptive reading or understanding of fact relative to the world.
- GUIDANCE** Being led of God. Subject to the Higher realities. The understanding of the Over-soul.
- REGISTRATION** The definite acceptance of a fact.
- CORRESPONDENCE** The sin that corresponds to or relates with the physical disease. The mental correlative to the disease.



CASES

FROM MY CORRESPONDENCE

CASE NUMBER 427 (Improved Outlook on Life)

January 7, 1938

Dear Mr. Keeler:

"It is difficult for me to express my feelings fully at the present time. In the first place, I feel thankful to Almighty God for the improved outlook on life which is slowly but surely taking place in my experience day by day and for the Knowledge gained through the reading and re-reading of your publications and personal letters received to date."

CASE NUMBER 428 (Wen - Trench Mouth)

January 27, 1938

Dear Mr. Keeler:

"Your last letter to me . . . said you would give special attention to the healing of the place on X's neck where the wen was. It has healed up beautifully and I thank you for your good help.

"The trench mouth has also healed completely. The dentist could find no further trace, and the other doctor . . . who discovered it in the first place, took a test of X's mouth and examined it in his laboratory and found no trace.

"Again, sincere thanks."

In the way of righteousness is life; and in the pathway thereof there is no death. Proverbs 12:28

CASE NUMBER 430 (Threatened Influenza)

February 5, 1938

Dear Mr. Keeler:

"Many, many thanks for the help you so promptly and efficiently gave us for my husband's condition which was bordering on the 'flu'. Your work for him two days ago was an almost instantaneous healing, for today he is able to be back at work."

CASE NUMBER 431 (Hemorrhage)

February 7, 1938

Dear Dr. Keeler:

"I certainly can't begin to thank you enough for your prompt and very efficient assistance. The hemorrhaging had been going on for eleven days when I sent the telegram. I was getting so weak and 'jittery' that I knew I must have help and have it soon. The trouble seems to have entirely abated since Sunday at noon.

"Thank you so much".

CASE NUMBER 420 (Employment)

December 3, 1937

Dear Mr. Keeler:

"I am very happy to report that just a few minutes ago I was offered a position with a nice salary to last for several months. However, it is nice having it especially so near the holidays. I am very thankful for this, and know it is thru your help."

CASE NUMBER 424 (Increased Finances)

December 1937

My dear Mr. Keeler:

"I am getting a \$25 a month raise the first of the year and I received \$125 bonus for Xmas. I want to thank you again for the good work and help you have done for me and I certainly appreciate everything you have done and are doing for me. With my best wishes."

"SEEING"
THAT IS
KNOWING!



continually endeavor to tell what I experience in what I call intuition. That which I experience is accurately described five times in the excerpt from a letter written me by a doctor's wife relative to her experiences in knowing the truth as to recoveries in her own family.

Regardless of the continued and usual insistence on the part of others that I was born with a "gift", that it is "physic", that it is "vibration" or "occult" or some other form of mystery, I say that when I read the seriousness or lack of seriousness of any given case I am treating and know of its outcome, it is in answer to a prayer-desire to know and is to me an outcome of belief, experience and practice.

I have simply learned to do it at will. It is my business to know about healing. I do not heal by guess work.

I continually try different applications of Principle when healing a case and I am guided in each step by a refinement of this intuitive Guided-Knowing as I proceed. When informed from within that my patient is healed, I have nothing more to do.

I say that you, any of you, can acquire this ability but that you will never learn it by exercising doubt on the one hand or an awe on the other that places it high over and far beyond you.

I insist that healing through Spirit is the most natural and normal of acts of which the mind is capable. It is direct service by direct thinking. It is the practice of the Gold

Rule by the inclusion and application of Spiritual Truth.

"I am sure you will be happy to learn that the ulcer on his toe is all healed. This cleared up very suddenly. The past three days no discharge -- the skin has closed over and the toe losing the inflamed, swollen appearance. I think he is so happy over this, and his good Laboratory test of last month, that the eye trouble is less menacing. I mean it has encouraged him to expect a way out. I reminded him this evening that doctors are sometimes mistaken - They said our baby in 1919 couldn't possibly live. He was in Denver in the Children's Hospital five weeks, but (#1) I knew three days before the doctors did that he would recover.

"They thought I was a bit off in my head to be so happy and so sure - but (#2) God's assurance was too plain to doubt it. Then they said the baby's heart was impaired running so continuously a very high temperature, and he probably would never run around as other children and not live to be over ten or twelve.

"Now he is nineteen, an athlete in High School, and of our three boys has the best health in every respect.

"Then the doctors said I could not live in double pneumonia. The word went out that I could not live past the hour of 2 a. m. The ministers and all my friends told me afterwards how they prayed for me, and the (#3) assurance they received that their prayers would be answered - and this is what I experienced - I felt myself going and thought, 'I am dying now' - (#4) then a real prayer - and the answer flashed back. I opened my eyes enough to see a group around my bed, and this thought came, (#5) 'They think I'm going, but I'm not. I am all right.' The doctors and everyone in that town says it was a miracle.

"My husband knows all of this and I remind him as I did this evening - "God's ways are not our ways'."



PRAISE

FOR

CREATION AND PROVIDENCE

I sing th' Almighty power of God,
That made the mountains rise,
That spread the flowing seas abroad,
And built the lofty skies.

I sing the wisdom that ordain'd
The sun to rule the day,
The moon shines full at His command,
And all the stars obey.

I sing the goodness of the Lord,
That fill'd the earth with food;
He formed the creatures with His word,
And then pronounced them good.

Lord, how Thy wonders are display'd
Where'er I turn mine eye!
If I survey the ground I tread,
Or gaze upon the sky!

There's not a plant or flower below
But makes Thy glories known:
And clouds arise, and tempests blow,
By order from Thy throne.

Creatures (as numerous as they be)
Are subject to Thy care:
 There's not a place where we can flee,
 But God is present there.


--Isaac Watts.