

# THE INNER LIFE

THE HERALD OF THE NEW AGE

*Preparing the minds of men for the  
coming of that Age.*

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Devoted to the study of the Soul and of experiences  
of an inner nature pertaining to the Soul life.

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## EDITORIAL

### "HE SHALL TEACH YOU ALL THINGS"

THESE days when we are having presented to us Eastern teachings by many representatives of Eastern peoples and religions, as well as by Western students who have either lived in the Orient or have imbibed deeply of its spirit, it becomes our duty to inquire into the matter and to set before our audience certain facts for their consideration.

This is of importance at this time because of the fact that many are being influenced by these teachings, and not a few have come to the place where they are believing that while Christ's teachings are good and most helpful for young souls, for advanced students the occult teachings of the East are the only ones that afford opportunities for real Spiritual growth, because of the definite and practical instructions they provide for self development and the attainment of self-mastery.

We have chosen carefully the words in this last statement, in order to express what we feel is the attitude of many students. We refer in it particularly to the religions of India and its ad-

jacent countries, and have fully in mind the value of these religions for their respective peoples.

But there are certain things that all should know in order to be fully informed about these religions, and especially that you may correctly estimate their importance *for you* at this particular stage of your Spiritual unfoldment.

In the first place you must realize that these religions were given to their respective peoples in the early days of the race when they were undoubtedly suited to the peculiar needs of their times, or each would not have such different religions. Likewise you must realize that each was the attempt to express to the human understanding of those peoples the meaning of God, of man's relation to Him, and of God's will for man, which they could accept and apply in their daily conduct and in their efforts to please Him.

Another thing to realize is that from the very beginning there seems to have existed a fundamental Teaching, universal in its Truth, known to a very few in each race, and which served as the basic pattern, so to speak, from which certain great souls, the most perfect fruit of each race, gave forth teachings, and which later were gathered together by others and formulated into definite dogmas of religious belief.

From this it is easy to see that basically all religions are one, for all of these truths were derived from the same source—the original Ancient Teaching. The fact is there have always been certain great souls, whatever the time or race, who have been able to delve beneath the dogmas and forms of existing religions and to uncover and give to the world the truths of the Ancient Teaching in higher and clearer form than had before been known. And these souls have ever been recognized and accepted as prophets and teachers by their peoples.

But that which few realize and which we now wish to impress upon our readers is that what are called the civilized races of today are composed of the souls that formed the races of one thousand, two thousand, five, ten, twenty-five, one hundred thousand and more years ago. And we would particularly have you know that the souls now in the bodies of the Western peoples, those of the Anglo-Saxon race, are the oldest souls in the world today, and are therefore the most advanced.

Only a casual study of history will show that as "Westward the course of empire takes its way," so did the most advanced souls of each age migrate westward, beginning apparently in Babylon, India, and Egypt, then to Greece, Italy, France, Spain, Germany, England, and then Westward across the Atlantic to America, occupying in each nation or people bodies that would enable them to do greater things than had ever been done before.

This can only mean that large numbers of souls were reborn successively, perhaps, in the various peoples of the different countries mentioned, for the sole purpose of experience, of gaining greater knowledge of life's meaning, and of earning greater opportunities for soul advancement. Of course to each new people they carried the knowledge garnered from the experience of past lives; and naturally those souls now occupying Western bodies have brought with them all the knowledge gained from the experiences of all their physical lives of the past in other countries and peoples, including those of the East, from which they originally "migrated" thousands of years before.

Then this also means that most of us of the West long ages ago were Hindus or Orientals, and if some today are still attracted by those old religions it is only in order that their souls can at this time uncover to their brain minds certain of the knowledge gained therein, that they may put it to definite use in present conditions. But with the oldest souls that knowledge has been ingrained into the consciousness and is now being unconsciously applied and utilized in the higher methods of self-expression practiced by Western civilization.

One other thing must be considered so that all may see for themselves. When these older souls after leaving a race or people moved Westward and were reborn in new races, it means that naturally their places were taken by younger souls; and that after the many migrations of older and then of younger and younger souls from a country or people during the ages, there must now be left in the bodies of all Eastern peoples only the youngest and most backward souls.

We have only to look at the peoples now living in India, Thibet, China, Egypt, etc., to see that this must be so; for not only all living conditions have deteriorated into almost unbelievable states, but their former religions likewise are far from being what they

originally were when first given to their ancestors. We are referring to the masses—not to the ruling classes—but to the many millions of people in the East that are living in not much better conditions than those of their cattle, and with practically no education or opportunities for receiving it.

This is all shown you to prepare you for the realization that the teachings of Jesus Christ, from which has been formed the Christian religion, the last of the great religions of the world, must conclusively contain the highest teachings so far given to humanity, and those intended for and best suited to the minds of the Western peoples. Despite what may be said against the results of so-called Western civilization, there are plenty of evidences that there are today more great souls in incarnation in the Western nations than were ever before in manifestation at any time in any one people in the history of the world. And by great souls we mean those who have done or are doing great things, estimated by their capacity for accomplishing great things even in the eyes of the world. You have only to look about you in all departments of life to see what we mean. Not that all are devoting their capacities and abilities to the highest types of human endeavor, but we marvel at what would be accomplished by these souls did they but turn all their talents to the serving and betterment of the race, instead of thinking and working chiefly for self and of piling up wealth and possessions for the sole use of themselves and their children.

From the above it is not difficult to see, if the oldest and farthest advanced souls are living in Western bodies, that the great souls who are doing things today must have likewise been the ones who did the outstanding things of the past in the various races and peoples in which they were then incarnated, undoubtedly for the very purpose of helping and hastening the evolution and advancement of those peoples.

But it must be remembered that the human minds of these souls know very little, if anything, of this; they only know that they have powers within themselves greater than those of their fellows, and that they were impelled to do what they did by desires more to gratify self than to benefit the race. Nevertheless, their Higher Selves knew from the beginning, and some day their souls will awaken, and then their minds will be made to see that all they have been doing has been but a preparation, development and

training of their human personalities as instruments for the later use of their Christ Selves. Should some souls have come too much under the dominion of their lower selves and they refuse to yield to their better natures, when the veil of the soul is lifted, as it soon will be, then they will be compelled to line up definitely with the powers of darkness, and they will have to face the consequences and go down with the hosts of evil into the darkness—when the forces of Light come with their conquering hosts and bring with them the Kingdom of Heaven upon the Earth.

Naturally we refer in the last mentioned to the great business men of today, to the many industrialists, bankers, financiers, engineers, scientists, lawyers, physicians, who are doing big things in the world's eyes, but who at present are more or less under the control of the enemy, through the glamour cast over them by money's power, and who do not realize whom they are serving. But the day of awakening is soon here, and let us hope that all will then be recalled to their true natures, and that they will throw off the yoke of the enemy and will join definitely the forces of Light.

These forces of Light of course include all those awakened souls who have caused their human instruments to dedicate themselves and all their powers to serving and uplifting the race. They are the prophets and teachers of old come again into incarnation to do what they have always done—to quicken, awaken, inspire and teach younger souls the knowledge of their spiritual nature—as fast as such are able to receive such knowledge. Their lives are devoted in one way or another to such work, although but very few as yet in their brain minds know anything about the past—they only know that they are thus serving because they must, because of the love in their hearts which makes them want to bless and help all of their fellowmen.

It is the few who know who they are and why they are here, who are the great prophets, teachers and leaders of the past, and who, when the full awakening comes to all people, will step into their true places—when the Kingdom of Heaven manifests upon earth.

**Y**OU have been given, as it were, a more or less comprehensive bird's-eye view of the past, showing how all through the

history of the human race there have been three types of souls manifesting in physical bodies composing the race,—

(1) Very old and wise souls, who seemingly are responsible for the evolution and advancement of the race, and in whom by now you recognize the Sons of God, mentioned in the previous articles on the soul.

(2) The souls of ordinary humanity, who are gradually unfolding in consciousness to an awareness of the love of their Father-God within their hearts, and with the help of these Teachers, the Sons of God, are being reborn through the birth of their Christ Selves in their consciousness, and who thereupon attain conscious immortality and become definite co-workers with the Forces of Light.

(3) The souls of those who are so bound by selfishness that they think, speak and work only for self, and who thereby become the instruments of the forces of darkness, who from the beginning have been warring with the children of Light, ever seeking to drag down all the souls they can to their estate, to make them their tools and do their bidding.

From the above you can see that there is a definite plan back of all manifestation. We tried to make this plain in the several articles on the soul, and we will now give a short résumé of this plan in the light of what has just been shown.

Through the aid of His Sons of Light, Jehovah-God is lifting the consciousness of humanity back into His Consciousness. In order to do this, at various times during the ages He used one of His chosen Sons as a manifestation in human form of His Spirit, who thus became a Christ even as Jesus was a Christ, showing through that Son the way that He wanted the people and the race of that time to go, and teaching them the truths they were then able to accept and use.

Each Son as a Christ, a divine manifestation of the Father, helped unmistakably the race to which He manifested to unfold to a higher state of consciousness, and out of the various teachings given by these different Sons of Light grew the different religions of the world.

Jesus Christ was the last great Son of God through whom Jehovah-God manifested, and He calls Jesus His "only begotten son," for the reason that He was finally able through Him to manifest the fullness of Himself as the Christos or Logos, as we have shown in the 18th Paper.

Therefore the world has been given through Jesus' teachings, and has seen manifested in His life, the very God-head Itself, and while in the Christian religion His teachings have been distorted and commercialized and have brought discredit to Jesus, and to God Himself (as has likewise been done to all originally pure teachings in their respective religions), yet to those whose *Spiritual* faculties are awakened there is in the Christian religion, or rather in the Christian Bible, so much wonderful Truth that it establishes it unquestionably as the greatest, the most comprehensive and inclusive teaching that has ever been given to man.

From this it must be seen that if such Truth is to be found in the teachings of the Bible, and especially in Jesus' own words, then the claim of occult students about the Eastern teachings is not borne out by facts. To those who have eyes to see and the necessary *Spiritual* understanding to appreciate it, the teachings of Christ Jesus include not only all of the essential truths previously given to the world, but what is infinitely more, they aid the student to enter directly into the Christ Consciousness Itself—for, as our Master, Himself, states, by finding the Kingdom, which is the Christ Consciousness, *all things else will be added*.

What is plainer than this, and what more is it that an earnest student needs?

Therefore let not any of those who have journeyed with us be beguiled by the claims of occult students of Eastern teachings, but let them stick close to Jesus' teachings, trying unceasingly to live them; for we positively assert that in them there is all that is needed to find the Kingdom, and to gain with it all the results and many more wondrous powers than Occultism affords.

It is part of our work to provide help and instruction for self-training and discipline in the fulfillment of and as a furtherance of Jesus' teaching. All of His efforts and the great longing of His

soul was that all should find the Christ, the Comforter, in their own hearts, so that the Comforter, *within them*, could lead them into the Kingdom, where He could teach them all things and guide them unto all Truth, as we have shown by His wonderful words in the preceding Paper.

—From Paper No. 21.

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## THE SUMMER CLASSES

THE Summer Classes are over, and it was the greatest session so far held, and the greatest accomplishment attained. Students were taken through *The Way Out*, *The Way Beyond*, the *Soul*, the *Mind*, and such *Impersonal* teachings that systematically built up an understanding and consciousness of power that would equip and enable them to do *Healing* and *Inner Work* of all kinds, in the highest and most effective way—by knowing the truth of God being *All in all*, and seeing only Him in all things, conditions and people.

This Truth was proven to their minds in so many ways that most of those in attendance went home convinced of it, and in a consciousness so high that they cannot but see and know the truth henceforth, no matter what appears.

There were students present from Washington, California, Colorado, Texas, Kansas, Mississippi, Michigan, Illinois, Indiana, Ohio, Virginia, Florida, New York, New Jersey, Massachusetts and Connecticut; and the spirit of Love and true Brotherhood in evidence was so pronounced that it will ever be remembered by everyone present.

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# THE PRODIGAL SON

**A** CERTAIN man had two sons; and the younger of them said to his father: Father give me the portion of goods that falleth to me. And he divided unto them his living. And not many days after the younger son gathered all together and took his journey into a far country and there wasted his substance with riotous living. And when he had spent all, there arose a mighty famine in the land and he began to be in want."—Jesus.

By Morton Alexander

**T**HIS bewildered, bankrupt world, feebly rubbing its swollen eyes in an effort to discover the cause of its increasing tribulations, might, with great profit, consider the story of the Prodigal Son. Unmindful and disobedient of the law of Right-USE-ness, the young man "shot up the town"—so to speak. He had a "good time" while it lasted. But it didn't last. So presently he found himself hunting a job—and failing to find one after much searching, the young man's pomposity and pride deserted him. He grew penitent, *"And fain would have filled his belly with the husks that the swine did eat: and no man gave unto him."* Not even a WPA job in sight! And so he came to himself:

*"And said: I will arise and go to my Father, and will say unto him, Father, I have sinned against heaven and before thee, and am no longer worthy to be called thy son."*

**J**ESUS proclaimed truth in symbols and parables—so that it might be the easier comprehended by the unthinking. The parable of the Prodigal Son is a lesson to a Prodigal World. We are living in that prodigal world—and today, like the Prodigal Son, we are uttering our lamentations over the evils that have befallen us. But are we ready to cease our habits of "riotous living"—and in penitence seek the path of Right-use-ness, the Path that leadeth to the Father's house?

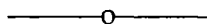
We look out upon a world filled with turmoil and strife—a world in which the selfish struggle for mere material existence arrays man against man, nation against nation, in an ever-increasing conflict. We hear preachments about Peace—but we see billions of wealth being expended to foster and prepare for War.

We seek to rescue the world from ignorance, vice and poverty—but we confront a powerfully entrenched, tyrannical Industrial Business System that derives its substance from the propagation of Vice, Ignorance and Poverty. We know the pitfalls of debt, yet we find our own nation borrowing \$50,000,000 per week to sustain a prosperity that at best is artificial and transitory.

Indeed, do we follow the footsteps of the Prodigal Son, and “spend our substance in riotous living.”

AND yet out of this gloomy night, out of this welter of madness and noise, there comes forever the pleading voice of the patient crusader crying:

“Return, return! ye children of men! Cease traveling the pathway of destruction and death! Cast off your burdens of Selfishness and Greed, of Vice and Folly and deadening Sensualism! Leave the swill and husks of low desire and aimless striving—arise, and seek again thy Father’s house, the Temple of Brotherhood, wherein dwell Peace and Purity, Light and Love.



## ALCOHOL

A HOUSEHOLD magazine states that: “Alcohol will remove stains from summer clothes.” True enough! Also it will remove the clothes themselves, not only summer clothes, but spring, winter and autumn clothes from the one who drinks it and from his wife, and children. It will also remove the food from the pantry and the fire from the cook-stove; it will remove the furniture from the house and the smiles from the faces of wives and children. A persistent application of it will remove reason, honor, manhood and self-respect—and it has removed millions of its users to jails, insane asylums, penitentiaries and graveyards.

As a remover of things alcohol is hard to beat.

—From *Humanity Magazine*.

# VISIONS AND DREAMS

By Lillie Frost

MANY years before I began studying *The Impersonal Life* I formed a habit of recording my dreams and visions. When your suggestion that we record our dreams and visions came I resumed the habit.

For that purpose I chose a stenographer's note-book with the pages divided into two sections—that is, a line down the center of each page. At the top of one section I wrote, on every page, dreams; at the top of the other section, visions. After that I put the date.

I have found that the visions are very clear and definite, the dreams sometimes vague and mixed. The symbology of the visions is beautiful, uplifting and strengthening. The dreams have proven to be a complete analysis of my hidden faults and desires. This analysis is quite revealing.

Everyone, I am sure can, with some thought and care, learn to interpret one's dreams and visions. I have learned that a very little concentration on them brings out the inner truths.

There are a few dreams and visions I would like to send you, feeling the interpretations will prove beneficial to many, as they apply to humanity in general. Following are a vision and a dream, both having come to me many years ago, but quite close together.

I had been thinking intently about the male and female principles of the universe. As I sat in deep meditation a huge egg-shaped figure opened out into a great lotus flower from which arose a male figure with a brilliant halo of golden light around the head, eyes like silver-blue stars and a most triumphant emanation.

From the feet of this figure rose a beautiful, sweet, gentle female form clothed in or rather radiating the softest, most restful light that seemed to flow around everything it contacted. The two became *one—male and female, both in one*. A wonderful understanding of the statement. "Both male and female made He them" was given to me in that vision. I knew without a doubt that

everything we are and everything in the universe could be explained by the symbol.

All of the puzzling sex questions were answered. The long outer search for a mate was over. I gradually learned I am a complete being as is everyone else. The intense yearning for a love from outside slowly grew into a realization of Divine Love within. Even greater than the realization came the intense joy of letting that Love pour out and of sending it to other centers of Divine Mind. That is the Kingdom of Heaven.

It is a significant fact that the following dream came after the vision.

My mother and I were walking down a hill in my native state. The June sun was invigorating. Clusters of mountain crocuses bloomed at our feet. Suddenly, I became conscious of four rattlesnakes intertwined springing upon my back. One sank its fangs into my flesh just below the right shoulder. I felt no pain nor fear. I tried to throw them off by stooping over. Failing thus, I told my mother to take the snake that had fastened its fangs in me, right behind its head, and squeeze it so that it would loosen its hold. She was too frightened to do anything but stand horror-stricken. I reached back, removed the reptiles and cast them away, not troubling even to kill them.

The greatest joy I have ever known then surged through my whole being. A feeling of freedom from all doubts and fears, all negative thoughts and all inharmonious conditions, filled me so full that I seemed to fly down the hill, leaving my mother far behind.

I then knew that this was to show me how the serpents of fear, selfishness, lust and earthly desires fasten themselves upon the mind, even as did the serpents in my dream, and just what I must do to get rid of them.

From that time on I found myself able to analyze all of my dreams. The analyses have been the means of telling me what has to be cleared from out my subconsciousness.

It is my sincere desire that this will carry a message to all who are interested in this, particular method of soul development.

# "I AM THAT I AM"

By Lillian De Waters

"AND God said unto Moses, I AM THAT I AM. Thus shalt thou say unto the children of Israel, I AM hath sent me unto you."—Ex. 3:14.

WHAT is the I AM? Do not the very words, "I AM," when repeated, bring you a foretaste of their meaning? Are they not Self-elucidating and Self-explanatory? Can you speak them without the feeling of Self-sufficiency, Self-completeness and Self-existence? Indeed, the words, "I AM THAT I AM," carry within themselves the deep significance of the Absolute—THE IMMOVABLE, UNALTERABLE, IRREVOCABLE; THE IMPERISHABLE, INVINCIBLE, ALMIGHTY; THE ETERNAL AND ALL-VICTORIOUS—THE ALL-INCLUSIVE ONE!

O, the glory of the revelation that I AM THAT I AM! Do you not feel the fear and worry, doubt and uncertainty, discord and inharmony fading out as darkness always does in the presence of the light? What darkness can withstand the light? And what dream of separation or duality can continue in the realization of I AM? ◆

Instead of saying, "I need health," one now exclaims with rapture, "I AM Health!" He says these words—"I AM HEALTH"—with a sense of finality, with the consciousness, "It is finished." He says these words because Something, Someone tells him IT IS SO! It is done! It is here! It is now! Health is present; nay, Health is *Presence*. I AM Health; there is none else. As one says, I AM HEALTH, he has lost the sense of separation and of duality; he stands as the One, the I AM, the living, actual Presence.

I AM includes your body. It does not apply to your Soul only; it applies also to the body—even your body, white and glistening—your body, *the work of God*. Give everything to God, and here and now you will begin to live the life of Freedom. Take the scandal off the body. Blot out your false beliefs concerning the body. Delay no longer in calling it "good," "real," and "perfect." It is ignorance and lack of progress which calls the body "matter," or "a false belief," thereby placing it in the grave. Awake, thou that sleepest, and redeem your body from death by seeing it in its right light.

*"They that are in the flesh cannot please God."* They who believe their body is "flesh" cannot please God. *"Ye are not in the flesh but in the Spirit, if so be that the Spirit of God (Understanding) dwell in you."*—Rom. 8:8-9. *"What? Know ye not that your body is the temple of the Holy Ghost which is in you, and ye are not your own? . . . Glorify God IN YOUR BODY, and in your Spirit, WHICH ARE GOD's."*—1 Cor. 6:19-20.

Therefore instead of believing or thinking of your body as "matter," or as "mortal," or "human," one may, if he will but be receptive and open his vision to the higher Light, see and understand that *his body is not his own, but is the Body of God!*

There are no individual bodies to be governed by individual minds! This is the view of those who do not or will not see beyond it. The great Fact eternally exists to be revealed to those who are ready and willing to receive it, *that there is but one Body only—the Body of God, the Creator!*

Verily when we shall be willing to bring our hearts and our lives into harmony with God, then shall we begin to see God in manifested Form before us. As our bodies are His "temple," necessarily He will be present in His temple when we make this wonder possible. In proportion as we become "pure in heart," will He reveal Himself to us; and in proportion as we live the true life here and now will we be conscious that He abides within us; then no longer shall we appear as mortal or material beings or bodies, but we shall know that God is the *only* Presence and that *"I and my Father are one."*

Are you willing to understand that there is no matter, and hence no material body? *"By Him all things consist."* Furthermore, do you know that *"By Him were all things created that are in heaven AND THAT ARE IN EARTH, visible and invisible; all things were created by Him and for Him"?* (Col. 1:16) Then begin to regard your body *as the work of God*, hence good and perfect; immutable, indestructible, immortal and incorruptible. And will you forever cease thinking of the body as a human concept or as a material expression! It is indeed glorious to see that God is not only the only Mind there is, but that He is also the only Body there is. That He is actually a living, Present, All-inclusive-Being.

"Glorify God in your body and in your Spirit which are God's." Give God not only your mind but give Him also your body, so that not only will His Mind be your Mind, but His Body will be your Body. Thus shall your "mind" and your "body" be *redeemed*, and as it reads in Isaiah, "*Instead of the thorn shall come up the fir tree, and instead of the brier shall come up the myrtle tree.*" Likewise, instead of the mortal, material body—the body representing the beliefs in birth, age, death, there shall "come up" or become visible the Spiritual body of Life, Light and Love—the *Body of the Resurrection*. Thus shall God live with men and walk in them, and we shall not only be characters in the Book of Life, but we shall know that I AM THAT I AM is the *only* Presence.

I AM THAT I AM, the one and only Source, Cause, Creator; likewise the one and only Manifestation, Expression and Creation. I include all characters, and all living things.

I AM THE SELF-EXISTENT, SELF-SUFFICIENT, and ALL-VICTORIOUS ONE. I AM the within, or invisible Spirit, and I AM also the without or visible Creation. I AM the Unmanifest and I AM the Manifest. I AM THE SOUL, AND I AM THE BODY. I AM the Author, or Consciousness, and I AM the Characterization or Reflection. I AM All in All; and there is none else! I AM Continuity; Infinity; Immortality.

I AM OMNIPRESENT LIFE! I AM wholeness, health, strength, activity, function, energy, vigor, soundness. I AM sight, hearing, smelling, feeling, tasting. I AM beauty, color, fragrance, splendor, radiance, light, music, glory.

I AM joy, gladness, happiness, harmony, delight, ecstasy, mirth, bliss. I AM purpose, progress, unfoldment, success, poise, simplicity. I AM Fatherhood, Brotherhood, Companionship, Oneness.

I AM form, body, formation. I AM the ear, the eye, the hand and foot, and every part of man and every living creature or thing. I AM manifestation, expression, reflection, creation. I AM THE BEGINNING AND THE ENDING; THE ALL-INCLUSIVE ONE; AND BESIDES ME THERE IS NONE ELSE.

I AM OMNISCIENT TRUTH! I AM understanding, wisdom, knowledge, principle, intelligence, integrity. I AM right-

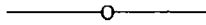
eousness, uprightness, might, majesty, power. I AM salvation, liberation, redemption, deliverance, resurrection, freedom. I AM substance, wealth, supply, riches, abundance, opportunity, instantaneity, spontaneity, dominion.

I AM honesty, verity, stability, justice, honor. I AM desire, awareness, intuition, inspiration, illumination, effulgence, receptivity, exaltation, zeal, satisfaction, protection, sublimity, revelation.

I AM OMNIPOTENT LOVE! I AM goodness, purity, kindness, feeling, consideration, tenderness, mercy, affection, forgiveness, patience, trust.

I AM perfection, fulfillment, completeness, attraction, confidence, assurance, faith, hope, courage, will. I AM vision, praise, thanksgiving, peace. I AM ALPHA and OMEGA: THERE IS NONE ELSE.

"Blessing and glory, and wisdom, and thanksgiving,  
and honor, and power, and might, be unto our God  
FOR EVER AND EVER."



## I HEAR YOU LORD, WITHIN THE WIND

By Kay Simon

I HEAR you Lord, within the wind.  
I see you in each thing of life.  
I walk upon this earth in listening attitude  
Just but to hear your precious voice.  
I hear you Lord, within the wind.  
I hear you Lord, within the wind.  
I seek you all times everywhere,  
And when I see your smallest sign  
My aching heart is filled with joyous tears.  
I hear you Lord, within the wind.  
I hear you Lord, within the wind.  
My faith in you is strong and firm.  
Things negative I do ignore,  
And in the birth of every day  
I only seek your way, O God.  
I hear you Lord, within the wind



# SANDALPHON

## "The Great Angel"

HAVE you read in the Talmud of old,  
In the Legends the Rabbins have told  
Of the limitless realms of the air,  
Have you read it, the marvelous story  
Of Sandalphon, the Angel of Glory,  
Sandalphon, the Angel of Prayer?

How, erect at the outermost gates  
Of the City Celestial He waits,  
With His feet on the ladder of light,  
That, crowded with angels unnumbered,  
By Jacob was seen, as he slumbered,  
Alone in the desert at night?

The Angels of Wind and of Fire  
Chant only one hymn, and expire  
With the song's irresistible stress;  
Expire in their rapture and wonder,  
As harp-strings are broken asunder  
By music they throb to express.

But serene in the rapturous throng,  
Unmoved by the rush of the song,  
With eyes unimpassioned and slow,  
Among the dead angels, the deathless  
Sandalphon stands, listening breathless  
To sounds that ascend from below—

From the spirits on earth that adore,  
From the souls that entreat and implore  
In the fervor and passion of prayer;  
From the hearts that are broken with losses,  
And weary with dragging the crosses  
Too heavy for mortals to bear.

And He gathers the prayers as He stands,  
And they change into flowers in His hands,

Into garlands of purple and red;  
And beneath the great arch of the portal,  
Through the streets of the City Immortal  
Is wafted the fragrance they shed.

When I look from my window at night,  
And the welkin above is all white,

All throbbing and panting with stars,  
Among them majestic is standing  
Sandalphon the angel, expanding  
His pinions in nebulous bars.

And the legend, I feel, is a part  
Of the hunger and thirst of the heart,

The frenzy and fire of the brain,  
That grasps at the fruitage forbidden,  
The golden pomegranates of Eden,  
To quiet its fever and pain.

—Longfellow.

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## ON HEALING

THE only inhibition to physical healing are mind's beliefs. Every organ contains the possibility of re-creation and of re-adjustment through spiritual Power, directed by spiritual Intelligence.

Build never a mental barrier; place never a mental obstacle. God and His Goodness and Perfection is in all parts of the body. That dispels all argument.

This is strong teaching; it is the teaching of the future. Take it and USE it Now. Re-creation is not only possible, but it awaits your intelligent use.

Re-creation is as possible as creation. Advanced teaching, advanced knowledge is for enlightened souls. The mind is the prison of the body—if it is an unbelieving mind.

In seriousness believe, believe and be saved from self. The soul-controlled and directed activities of the mind provide release from all inharmonies that absorb power but deliver no value in return.

The great business of life is to know God and His Will for you. Acquaint now yourself with Him.

—J.

# JESUS CHRIST

## XVI

**K**NOWING now that by thinking only My thoughts all the riches of My Father's Kingdom are yours, it but remains for ye to see that they are here now, right before your eyes—your eyes of spirit, not of the flesh.

When in My Consciousness ye are no longer in the consciousness of the flesh, and what appears to the eyes of the flesh no longer concern you; for such ye then know have no reality and are but the illusions of the flesh mind.

When such knowing is fully established in your consciousness, all your attention and interest is fixed within, is wide open to what is in My Consciousness, IS of My Consciousness; for all that I AM ye are, and whatever is appearing to the flesh mind ye see with My Mind its purity and perfection—not what separate minds thought into such appearance.

Nothing that appears in the outer is real and true, for whatever appears is only what the flesh mind thought into being; but as it exists in such forms only in that mind's separate consciousness, its *reality*, its goodness and perfection—for in the Kingdom of my Father's Consciousness, which is My Consciousness, only goodness and perfection exist—can now be clearly seen, for the reality is all that is in the Kingdom.

Try to understand just what this means, and I within will help you. First, refuse to accept anything that appears without as real. Know that within and back of it is always goodness and perfection, for is not God *in all*? Then look for it—not *without*, but turn within to Me and wait upon Me, letting go with the outer mind, and watching what appears in *your consciousness*. As surely as ye fix all your attention and interest on Me, will My Consciousness enfold and illumine yours, driving out the illusions of the outer world of mind, enabling you to see the glories of the inner world of pure being, where everything is lovely, beautiful and sublime beyond mortal expression.

Ye may wonder, if ye then see only goodness and perfection in everything and everybody, how then ye can work in the outer where men see little good and only imperfection.

It will be then with you, dear one, even as ye now see a child playing with its doll and its toys, loving them, talking to them, joying and sorrowing with them, as if they were living things. Ye will then know that all these things that men play with for a time and cast aside for more desired toys, that their loves and hates, their joys and sorrows, are no more real than are those of the child, and are no more lasting. For with greater understanding they leave all the things they once greatly wanted and valued for those they now desire; until in time I from within can make them aware of My Presence and can turn their attention to Me, when I will show them that what they really desire and seek is Me; that in My Consciousness alone will they find the goodness and perfection for which they search—and the only lasting peace of mind and happiness of soul.

Yea, that is what awaits when ye learn to abide in Me and let My words abide in you. Ye can then actually be in the outer world and yet not be of it, for ye will see everything not with your outer eyes but with your inner eyes—My eyes, and will know with My understanding the true meaning and purpose of all that appears.

Thus going about in My Consciousness and My Knowing, ye will be even as I was when manifesting as Jesus of Nazareth; and as ye become accustomed to letting Me assume all responsibility and be and do all things for you, ye will have the joy of losing all sense of self and of becoming One with Me, of feeling the power of My Love and Wisdom, and thereby of Divinity. Yea, ye will find that perhaps even greater things than I did then ye can do, for I must need do them differently through you now to suit the conditions and needs of your present life.

But know always that I AM, and that ye and I are One; that the Jesus of Nazareth and the Jesus Christ of you are One; that in Him I came to humanity nineteen hundred years ago, and in Him I come to you and to all humanity today; that I alone AM, was in the beginning, and always will be, the True Self of every man.

Know likewise that it is My Will and Purpose to give you all good things. Not that ye may have them for any enjoyment or use of your own, but because I can express through you only when perfect conditions exist in the outer as in the inner world. Which

means that I intend only the best possible conditions for you, that ye see and know only the best—the beauty, the loveliness, the purity, sweetness, strength, youth, wisdom and riches that are ever manifest in My Consciousness. For *what manifests in the outer life is only what is manifest in your consciousness.*

So no longer would I have ye see anything but what is in My Consciousness, when ye will be in the Kingdom of Heaven, or My Father's Consciousness. It is in this way that My Father intends to bring the Kingdom of Heaven down upon earth among men—when I can bring enough minds to see and know only Me, to abide in Me and to let My words abide in them.

Remember, it is My Purpose to manifest the fullness of Myself in you—all the goodness and perfection of My Nature, which is the image and likeness of My Father's Nature. I have been preparing you from the beginning for that end alone, that I may manifest Myself as Jesus Christ in the outer in you and in every man, even as I was manifest in Jesus of Nazareth.

Therefore, ye must see and know Me as I AM—as yourself, as your only and perfect self; must see all of My perfect qualities manifest in you now, must refuse to admit anything less in your consciousness as belonging to you or to anyone—for such must no longer have any existence to you.

When a thought or an appearance of imperfection of anything or anyone, especially of yourself, presents itself to your mind, say immediately, "No, that has no part in God. It is therefore only mind's belief and has no reality." Then turn within to Me and lose yourself in My Consciousness; when I will at once cause you to see the real and perfect of what appears.

The Kingdom of Heaven then is but the ability to abide in My Love, to look always out of My eyes of Love, to see in everything that appears not merely the goodness and perfection it hides, but to see God and His Love shining in the midst of it, and therefore its Oneness with you, with Me and with Him.

For until ye can know with Me in a complete knowing that God is ALL in all—and can see Him, His Goodness and Perfection and feel His Love pouring forth from within all, ye are still separate and are not yet fully in the Kingdom, and are not abiding in Me and My words are not abiding in you.

# THE SECRET OF REGENERATION

THE MESSAGE of "*The Ascension*" in the May issue of THE INNER LIFE is the contribution of a brother, is it not? May I, a sister, add my voice.

These words are not for the eunuch to whom the Lord has fulfilled His promise—"*Even unto them will I give in mine house and within my walls a place and a name better than of sons and daughters. I will give them an everlasting name that shall not be cut off.*"—Mat. 19:12. But this Message is given for those along the Way who are making themselves eunuchs for the Kingdom of Heaven's sake.

There are exalted souls in the Kingdom Consciousness having no organs of generation, even though possessing mortal bodies still in the throes of transmutation. No mortal mind can conceive or endure the supreme ecstasy of Divine Union of Soul with Christ, or of one Christ with another Christ.

The human love urge is a call from the God Self within, but mortal mind misinterprets and believes it is a mate without for whom he hungers.

There is always a way that is easy and pleasant, if we let Christ lead. And every human emotion can be used as a rung on the ladder of attainment.

When the love urge is brought before the aspirant, either from his own body or from another, it is a call from the Father. As we are not our bodies but *a state of consciousness inhabiting a body*, and as the human mind can think of only one thing at a time, and as the Father dwells within the human breast, would it not be wise and safe to *fly instantly within to Him* at His first call?

When this energy is kept at its source, it will fulfill the purpose of its being. *This is the secret of re-generation.*

The appointed time for the supreme caress (when and if this urge comes) is when one is most Holy. And if one can keep the mind completely *centered in the breast*, that one will surely see a White-robed CHRIST.

Yes, He, the Lord, is Father and Mother—is even Husband and Sweetheart—is All in all. And when my wandering eyes beheld Him I recognized all of my dearest loved ones—as ONE in Him, my Beloved.

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## A WORLD MESSAGE

“GRASP they pen and cast My forethought back to men.”  
(Lord in humbleness I have heard,  
Give to me Thy Holy Word)—

“Hearken ye! All mankind!  
Search the Scriptures through and find  
This, Christ’s Message; bear it in mind.

I come not to destroy but to fulfill.  
Be silent, listen to the Father’s will.  
(The Messianic Message vibrates, dynamic and clear)  
Come unto Me! Do ye not hear?  
Ye heavy-laden, I your burdens bear,  
Cast them on Me and be Spirit, *free!*  
The World problems are created by one and all.  
Love one another, lest ye fall.

The Kingdom of Heaven is now at hand!  
Let this be broadcast over ev’ry land.  
A Brotherhood of Nations make;  
Christ was crucified for Mankind’s sake.  
Arise! Make haste! Ere it is too late!  
Cease thy avaricious taking,  
Cease bombarding! Cease forsaking!  
Let Peace be thy Soul ambition.  
Beat to plowshares, weapons, ammunition,  
Seek forgiveness through contrition.

All things are possible; Love’s weapon try,  
I am Omnipotent, ever nigh.  
Peace on Earth, good will to men,  
Must apply to all. Amen!”

—Mignon E. Splane.

## WHAT IS DEATH?

**A**BOUT a year ago I had an accident, supposedly a fall on the ice, but actually something in me "separated," which I remember trying to adjust, unsuccessfully—apparently—since the fall followed.

During the time of unconsciousness, which lasted several hours, I found myself on the other side (you will appreciate the difficulty of expressing certain things) in the Great Reality—bodiless—formless—and alone. Oh, such aloneness is unimaginable—no one, no thing, anywhere, not anywhere in all the universe. Illimitable space!

Above, at the back of me was Light, which I understood was coming through a small opening from a "higher" place. Surrounding me was an "ocean" of Love and Knowledge—illimitable also. Something, almost like cords, seemed to be holding me—in a sense pulling me down.

As I became fully aware of all this I realized that it was "death." Oh, I was frightened—an agony of fear—a fear as vast as was everything else about me. No one—nothing—anywhere; truly it was awe-ful—and wonderful. I offer no apology for being frightened, though never before had I had any fear of death.

As I came to a full realization of all this, and in the midst of my terror, I was asked (I believe it was Myself asking myself), "Is your faith real? Was Christ right?" At once all of me began to "think," and after a while I replied, "My faith, yes, I think it is real—weak, often; but yes, it is real" (It was like a struggle to be quite accurate. Lying was impossible).

Then my mind went to the next question, and immediately, "Oh, yes, yes, Christ was right. Yes, yes, yes!" Not the slightest hesitancy there. Then, at once I was filled with Peace, Joy, Love, Beauty, Justice—a magnificent, perfect harmony of glorious, loving, living Beauty. Inexpressible. All sign of fear had gone. There was nothing but this wondrous beauty. . . .

Then, "Will you go, or will you stay?" Ah, so wonderfully beautiful it was that I longed to stay, and yet—was there anything I had not done that I could do if I "went back?" Ought I to go?



I did not know. I wanted to do what was right, but I did not know. Then—just like casting a burden from me—I said, “As you will.”

That was all. When I recovered consciousness the memory of this came to me with great vividness. I mean it had happened and I was remembering—it was not a sick imagination. I felt I had known God and that, somehow, God and myself were one; the questions about my faith and about Christ, to prove that there was no fear where there was perfect faith, and to encourage me by showing me that He knew my faith was real though weak. The last question was a test—my answer proved that I would rather do His will than anything else.

Strangest of all to me was the understanding that had I failed on this final question I should have become extinct, gone into nothingness. I did not know that that was possible. Does it mean that I would have proven myself incapable of further evolution and thus, therefore, would automatically become nothing?

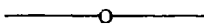
I was brought back to health, although about everything that could happen to prevent it did happen! But I knew that nothing could hinder, if I kept faith. After a time I was advised from the Within to seek a teacher to show me the way of the *law* of which I was completely ignorant, and that I must get knowledge. I followed guidance, step by step, and gratefully do I acknowledge the help of those who, each in turn, showed me the way. And then, one day, a fellow student presented me with “*The Impersonal Life*.”

The Reply:

WE HAVE read with much interest the very unusual experience you had a year ago, and it clearly shows that you have returned here to equip yourself for definite work in the Master's Service. That is why THE IMPERSONAL LIFE was sent you and why you were later led to the Lessons, for they are intended to help prepare and equip you for that work and to establish you in the consciousness of your True Self—the Christ of you.

Answering your question, no, there is no going backward into nothingness. You are a soul filled with the consciousness of your Divine Self, who created you and has brought you now to the

place where He is able to make you, His Outer Expression, aware of Him, so that you can consciously wait upon and cooperate with Him and He can accomplish that for which He brought this mortal part into expression. Yes, that part of Him could be annihilated and become extinct, but not the *real* you, which is pure spirit—is His Consciousness!



## PREPARATION

**C**HILD, take My Message of warning and preparation for the consummation of the age-old promise of the Father, that the Seed of the Woman should bruise the serpent's head.

Today the symbology is understood, and the final struggle draws on apace, to be followed by the establishment of the Kingdom in the hearts of all men everywhere.

Let not your hearts be troubled. Hold fast to the faith and watch the overthrow of evil and the Dawn of the New Day. In this struggle of darkness My Light-bearers must shine even as a beacon-light set upon a hill. They must not grope in the darkness of misunderstanding and unbelief, though they will be tempted thereto, because the enemy fights with such weapons and offers them to My beloved followers.

But ye faithful ones must keep your armour bright, and must join forces with the Armies of the Living God, under My leadership and protection.

Be not dismayed at destruction on the outer planes of life where evil is destroying evil, for in the inner planes all is well, and the great illusion that evil is a weapon of our Father of Love shall be dispelled forever, leaving only God Which is Good.

Then will My beloved Helpers quickly build up the structure of the Kingdom of God in the hearts of the little ones who have not known the Laws of Life.

Be strong even unto the end, and daily renew yourselves in the Love of God, the Source and Giver of Eternal Life, and follow Me.

—From *My Messenger*.

## A VISION OF THE U. S. A.

I IMAGED in consciousness that I was standing on the left side of a vast Dais outside of Washington, U. S. A. The Dais held about one thousand men mostly consisting of political officials, it being the occasion of the election of a President.

Outside this Dais in a vast domain were congregated about two millions of people, with loud-speakers all over the vast area.

When the last votes arrived a very splendid man arose and lifting up his right hand announced that Mr. .... had been elected President of this great Nation of America. He then gave a wonderful oration of the duty of the citizens of America to the Nation and to their International relationships, and of their duty to the President.

Then he asked, "Will you have Mr. .... to be your President?" (I cannot remember the name). And a great shout was heard that was as one voice. The question was asked three times, with the same unanimous assent.

Then the man of the Dais asked in a loud voice: "Who will you have to be your King?" And beyond my power to express there arose from that vast concourse a glad response which I will never forget—"The Lord Jesus Christ!"—three times. Oh the reverberation—then a pause. And then the great mass of humans began to sing: "*All hail the Power of Jesus' Name; let angels prostrate fall.*"

And that instant a terrific crash took place in the sky, which was split in every direction and the light increased tenfold. Thousands of angels joined in the song, "*Let Angels prostrate fall.*"

Shall I forget that music? On earth I had never heard anything like it. It is reverberating in my soul ever since. To give you an idea of the tone, it was like what Adelaide Proctor records in *The Lost Chord*. "I struck one chord of music like the sound of the great Amen."

It may be that Death's bright angel may speak in that chord again; it may be that only in Heaven I shall hear that Grand Amen.

—Received by Willoughby Connor, Tasmania.

## “A MAN WITH A MASK

A WONDERFUL man  
From a beautiful land  
Where things are just as they seem  
Took passage one day  
In a very queer way  
To a country made out of a dream.

Now in this new country  
He wore a strange guise  
As everyone else did, you see.  
And try as he would  
He never quite could  
Be just as he wanted to be.

For the people would meet  
As they passed on the street  
In this very queer land of the mask.  
They looked at him too,  
And yet never knew  
That he was a friend with a mask.

They looked at the mask  
But never did ask  
About the real man struggling within.  
For no one thought  
That the garment thus wrought  
Was the discolored garment of sin.

So the friends from above,  
United by love  
And the bonds of the one parenthood,  
For many a day  
Their ignorant way  
Passed on all unmindful of good.

There's a beautiful land,  
O very real land,  
And it shines with a splendid light;  
Its a very dear land  
And a very near land,  
And it beckons back thru the night.

There no man weeps  
And no man sleeps  
The sleep of the dark unknown;  
Each plays his part  
With a gallant heart  
And all injustice long has flown.  
—*Laura Collins.*

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## THE SUBTLE WORLD

“IN ALL religions, the one departing from Earth has been accorded an accompanying Guardian in the aspect of a Saint, Angel, or departed relative. Thus was affirmed the existence of a world beyond the grave and the need of a guide.”

May not the current researches of Prof. MacDougal of Duke University, of Dr. Carrell of the Rockefeller Institute, of Prof. Milliken, be knocking at the door of this subtle world with the instruments of twentieth century science?

Christ, Buddha, Moses—all great Teachers have proclaimed this truth, yet humanity is reluctant to accept any precept beyond coarse human sensation in examination of it's own soul. However it quite willingly submits it's material life to the instruments of science which measure and observe in vibrations and dimensions beyond common sensation.

“Why do I not see nor hear, if there exists an Invisible World? The Invisible World is, in reality, highly visible, when the eye is not obstructed. In the progression of worlds it is already adequately condensed. This means that the physical eye is so much cruder, that it cannot even discern the next stage of the bodily transformation.”

Let all researches be encouraged, for, “The linking of the consciousness of the Subtle World to the consciousness of those who reincarnate, will be the next conquest. Because Be-ness is in spirit, in space, between worlds; and on Earth there are but messengers of the transmutation of energies and the transformation of matter. Thus, the duration of the lives of those who reincarnate is nothing compared to the existences in all other conditions.”  
—*Gene Fosdick.*

# GOLDEN RULE CLUBS FOR CHILDREN

• **B**ELOW is another letter to the Author of *The Way Out Course* for children, written by the one whose interesting letter was printed in the July issue. We feel that those who have started such clubs will be grateful for the suggestions therein.

**D**EAR Friend:

Thanks so much for your lovely letter so filled with good things. We had a meeting yesterday, our fourth with two new members, making nineteen in all (Catholics, Christian Scientists and other churches). I had told them that I had written to you about our Club and I showed them your letter, that it consisted of six pages typewritten. They thought it was wonderful when I spoke of the puppet plays. They were thrilled with the idea. I can sew, and make anything so would be so glad of the patterns, etc.

My June *Inner Life Magazine* came the day before your letter and how happy I was to see the *Child's Way Out Course*, and then your letter about it. I read it to the children and they were so interested in it. I asked them if they would like to go on with it, and they *all* said yes. Most of them are from 8 to 13, but they were truly interested in it. I found the Catholic children answered the quickest. To-night while giving Nancy a bath she said, "I must keep my body-auto clean." I asked her who some of her playmates were. She said some were very little souls, some little and some big; said her mother was a mother soul. She used big and little instead of young or old. She said I was a big, big soul, and when I asked her if she had ever seen the light in any ones eyes, she said, "yes, in yours." She has asked me to read the lesson to her three times. She wants to send her love to Colombe and says she can play with her at cuddletom every night. She also asked if she could not send our club song to her. They must be about the same age. Nancy was four, April 11, 1937.

Now I certainly hope they will go on with this Course for children and that it will be printed in the Magazine each month. Nancy said Colombe should belong to our club and then she would not say "gee," as they are all trying to refrain from using slang.

Will review the lesson this next meeting and will let you know of any suggestions or ideas that come to me. Think it will be well to see if the children have thought of it this week.

Thanks so much for suggestions as to the noon meditation. Would be so grateful to you and Colombe if you would include Nancy and me at that time. I may have to do it at some other time as that is the time I am generally getting the dinner. I have been longing to enter into the very heart of everything and perhaps this is how it is to come about with Nancy's help. The hardest thing seemingly for me to do is successfully to "Be Still and Know," and to go within, shutting out all else; but it will come. I find I get the best results after 12 P. M., when all are in bed asleep. Your letter is a gold-mine come to me; I feel so rich, because of its true wealth—the kind I want. Nancy is eating much better. I had not tried to have her mind me as I thought it was her mother's place to see that she mind, but realize that I must watch that too. I was building on to the thought that she did not mind me, but I have revised it and it is working beautifully.

I am so happy to be used as a channel to help these dear children and my Higher Self truly showed me how to go about it. Also gave me the song.

(The Song)

*We are a Club of happy children,  
Happy all the day—  
Happy at our work,  
Happy at our play.  
We never quarrel or fight,  
We only do what's right,  
As we try to live The Golden Rule.*

Lines 1, 2, 3, and 4 and last line same in each verse.

Verse 2—*No slang we ever use  
We only say "Oh do,"*

" 3—*We never cry nor scream,  
Nor do a thing that's mean,*

" 4—*Mind our mother, its such fun,  
At her call we quickly run,*

There is no regular tune, but it seems to sing itself. Then we say in unison:

*We see no evil, hear no evil, think no evil, speak no evil. We think as God wants us to think. We speak as God wants us to speak. We do as God wants us to do. We hear what God wants us to hear. We see what God wants us to see.*

I thank you again from the bottom of a grateful heart, and I can never be grateful enough that I found The Sun Center and its teachings. How I cling to *The Impersonal Life*, and each day I am more thankful for *The Way Out Course*.

In His Service,

J. B. E.

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## FANATICISM

**M**ANY in this age believe in fanaticism. Many put considerable trust and confidence in fleshly demonstrations. The **WORD** tells us that it is the spirit that is born of **SPIRIT**.

I am inclined to believe, and I say it with kindness, that many who claim the "Baptism of the Holy Ghost" have never been born of the Spirit! When we are born of the Spirit we manifest a loving spirit at all times, and possess patience that is extended unto all men. You might be able to jump and shout, yes, and even jabber in some "other tongue," yet not be born of the **SPIRIT**.

Now don't **YOU** judge me falsely, and say: "Why, he doesn't believe in the Gift of the Holy Spirit." Before you pass false judgment upon me, may I inform you that I have received the "Pentecostal Experience," as many choose to call the Baptism of the Holy Spirit. My whole desire today is to lead my "brethren" out of fanaticism and truly into Christ.

A safe estimate, I am sure, is to say that around 90 per cent of the so-called **FULL GOSPEL** people do not actually know what to be born of the Spirit of God really means. "By their fruits ye shall know them." When you are born of the Spirit you love your enemies. Yet if you have a root of bitterness in you against anyone, then you are not born of the Spirit. My advice to you is to repent; do the first works over; let the Spirit of Love rule in all things.—**S. T. N.**



# LABOR AND CAPITAL

I WOULD be glad now if the workers would treat against the combinations of labor and capital which are not only unfair to the public, but to the people concerned themselves.

A man cannot join a combination to do wrong towards an individual, or individuals, without suffering from the result of such wrong doing. It is true that sometimes the punishment is not noticeable, either by the individual concerned, or the people who know him, otherwise people would soon stop doing wrong. This is because the punishment very often is of quite a different character to the wrong done.

A rich man will often be known to be doing wrong by those associated with him, and yet he does not come within the clutches of the law, and he does not seem to have any punishment. This is merely because we do not see the skeleton in the cupboard. I have often been told of evil being done by wealthy people who appeared to be perfectly happy. Any one who, like myself, is approached by people in trouble, will tell you quite a different story. One of the leading clergymen in London, one who I suppose has more people in difficulty coming to see him than any one else of any standing, told me that he would never believe a man's life was satisfactory unless he knew every detail of it.

The reason for this is that the punishment does not follow the crime that is *done*, but it follows the crime of the *wrong thought*. With one man, his only son, whom he adores, is going to the devil, and everything he does merely seems to make things worse. Another, ostensibly a multi-millionaire and the owner of a large amount of property, has over-traded, and at any moment may have a run upon his bank and be made bankrupt. Another man who looks equally sound, as a matter of fact may see financial ruin staring him in the face, with a prospect of jail through illegal actions. Another man is dying of cancer and is in pain every day, but bears it with a bold face; and a fifth man madly loves some one with whom he is in daily contact, and she loathes him and shows it.

Mortal mind has many means of punishment in hell, for we punish ourselves by our own wrong thoughts, and one of the proofs

of this being hell is that we get just as much punished on account of ignorance as on account of sin.

The particular troubles for which help is wanted at present are the conspiracies to restrict trade, and the conspiracies to raise the price of articles and the cost of work done for the public. These manifestations of greed are very wide spread.

The other difficulty is amongst the workers. If they would confine themselves to strikes, people would not complain; but the unions interfere with the freedom of the men, and not only force the management to take back men they have dismissed on account of incompetence, but do not allow the workmen to work to the full amount of which they are capable. Then again, machines are not allowed to be used unless the user of the machines pays to the men an amount equal to the amount saved by the machine in wages.

The difficulty at the bottom of it all is that people think they can help themselves whilst harming others, which is an absolute fallacy. In order to get the best for ourselves we must put our fellowmen first, and do what is best for him. This is now recognized in the leading businesses.

We cannot, however, do this always unless we know how to pray. Then when fear is eliminated with prayer, it is always best to do what the other man wants. The principal thing to work for is Love, so that we *want* to do what the other man wants us to do. Then *he* wants to do what we would like him to do. In some cases we must also treat for justice, so that neither we nor the other man asks for anything which is unfair.

Men think that by reducing the amount of work done by each man they increase the amount of work available for other men, whereas as a matter of fact this is not the case. As you reduce the cost of articles, you increase the demand, within certain limits; and as you increase the demand for one article, as a rule the demand for other articles increases.

As mentioned the principal thing to work for is Love. In working for a thing always begin by the realization of God. God is Love, and man reflects that Love and is loving towards all.

Then you can realize that God is the Principle of all Justice, and that man is always just, always doing what is right. Man

cannot limit the output, because God's ideas continually unfold to man and are continually re-presented to his fellow man in their entirety.

Man does perfect and glorious work, grouping together God's ideas into perfect combinations which radiate out in infinite Mind, giving infinite beings joy and happiness. There is no mortal mind to stop that action, for there is only one Mind, God, and the unfoldment and re-presentation of the ideas is the action of that Mind.

There is no over-production, because the ideas of God unfold with perfect sequence and are re-presented with perfect sequence, idea after idea. Man cannot think that there can be over-production, for God is Truth and man knows Truth.

There is no greed, for man has everything he needs; he cannot possibly take away anything from his fellow man, on the contrary he is always passing on God's ideas to his fellowman and receiving ideas in exchange which give him infinite joy and happiness.

—F. L. Rawson, from Bulletin No. 11.

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## MY SHEPHERD KNEW

HE KNEW the way I had to go—  
My Shepherd knew  
The sting of the wintry blast that chills  
The sheep that wanders o'er the hills  
Away from the Fold.

He knew—and the warmth of His steadfast Love  
Through the dark night shone,  
But the sheep plunged on till the dismal drift  
Of the shadow-land but widened the rift  
From the Light of His Fold.

He knew the way I had to go—  
My Shepherd knew,  
And He left the ninety and nine to bring  
The lost one Home.—O the welcoming!  
To His Heavenly Fold.

—S. B.

# THE IMPERSONAL WORK

IN THIS Department will be included teachings and truths for more advanced students, especially for those who have received the monthly lessons in the sixty-five issued Papers.

Some of our readers perhaps may not be able to grasp these truths, but we urge if so that they reserve them for future study and consideration, as they will contain matter of vital moment to the soul, when it is grown ready to receive and use it as intended.

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## INNER WORK

YOU HAVE been shown the most effective way to do what is called *Inner Work*. Let us go more fully into the technique or "mechanics" of such work—this for the purpose of making it so plain to your mind's understanding that you will be able to do it as easily and naturally as to do anything in the outer world.

For what you are now teaching yourself to do is *conscious work* in the inner world of mind. This is done simply by *conscious thinking*, thinking conscious of the fact that *what you think becomes actually so in this world of your mind*; which in time you will learn is a much more real world than is the outer world of matter, for it is *what you THINK there that causes all to "out-manifest" that appears in the outer*. Therefore it becomes increasingly important that you cause your mind to think only the true and perfect thoughts you want to outmanifest.

Let us always remember that God is *All in all*—that there is nothing but Him everywhere, in everything and in everybody; that He is *Pure Consciousness*—is That in which *all things live, move and have their being*.

He being *Pure Consciousness*, then all *things* must be *thoughts*—and nothing but thoughts—in His Consciousness, and they necessarily must be pure and perfect thoughts. In other words, they must be those thought-things that were created in the beginning in the Six Days of Creation, and which He pronounced "very good." The natural conclusion then is that all things that are *not* good and perfect must be but the wrong thoughts of men, or men's wrong interpretations of God's thoughts that they hold in their minds or their "separate" consciousness believing they are so,

until they seem like *real* things to them. Go over all of the foregoing carefully until you see how it must be so.

Now you have learned that whatever you see in the outer is only what you see in your mind's consciousness and which has become so established there as a fact that it seems and you have accepted it *as real*. And because your mind's consciousness is but part of humanity's consciousness, all "humanity" being one consciousness in its present belief in separateness from God, it has thought itself as living in an "outer" and separate world from the "inner" world of God's Consciousness—having long ages ago lost all realization of the life in Eden when these worlds were one consciousness.

This prepares your mind to grasp and to see clearly that all that is in the outer world is only what you "see" in the inner world of your mind and which you have accepted as being real. This being so, and when you fully realize that only the good and perfect things you see in the outer—if you are able to see any of such—are real and are eternally true, and *all others are but beliefs of your mind*, it then but remains for you to begin to change your beliefs to the real and perfect things you want to outmanifest and which you know are everpresent and are but waiting to appear in your mind's consciousness—when your mind's wrong thoughts of them disappear. Consider this carefully until it is clear.

**N**OW REAL *Inner Work* is but the changing of any wrong thoughts about anything or anybody that present themselves to your mind's attention. That is done by showing and convincing your mind, through reasoning it out to it, that such wrong appearance cannot be true, because it is not true of God or could not be what God sees that thing, condition or person to be; then by showing clearly to your mind the goodness and perfection of such as God must see it. And the mere desire and effort to do this will give you the power and ability to do it, and will bring forth God's perfect picture to your mind's eye.

This means a careful and constant watching of the thoughts that present themselves to your mind, and of not admitting a single one into the consciousness that is not what you wish it to entertain. This at first will be difficult—to keep such constant

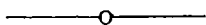
watch, and it may be many undesirable ones will slip in; but if you are deeply in earnest and are determined to keep your mind free and clean for the Master's use, in time it will become second-nature for it to give such no attention and immediately to turn back within to God or Christ and to rest in Their Love.

Likewise, after much practice in this turning and abiding within, the mind will find itself no longer interested as before in what appears in the outer world, but it seems able to look right through the outer appearance to the soul or reality that it hides. If a person, the personality in no way interests, but the soul of that one stands forth and makes its appeal for recognition, oftentimes at complete variance with the attention the personality claims; if a thing, the real meaning of that thing alone interests; and if a condition, the cause and purpose of it is sought and soon shows through into evidence.

You see, if God is in everything, and you *really* KNOW it, you always look for Him and for the Good of that person, thing or condition. And the very knowing that and looking for Him and His Good unites your mind's consciousness with His and your Christ Consciousness, and all that is not in Their Consciousness at once disappears and is not, and instead the reality of what appears stands forth as all there is.

To sum up these truths into simple words: All *Inner Work* consists in cleansing from *your* mind any wrong or untrue thought-pictures caused by any seeming imperfection in another person, thing or condition brought to your attention. Once out of your mind and replaced by the truth of what exists in God's Mind, and the manifestation—no matter what it is—will cease to exist.

You must in no way be concerned about what is in other minds; it is *your* mind alone that you must treat or work with and cleanse. Your mind is a center of God's Mind and in your mind exists your world; when your mind is cleansed of all things—thoughts—that have no place in God's Mind, your world will then be what is called the Kingdom of Heaven.



## ONE WHO IS WINNING HER WAY HOME

I WISH to thank you for the Monthly Papers. Their beauty and help are beyond any words to express. So much of my study-

ing is at odd times, back and forth to work, at meals and during my noon hour, but I find that these Monthly Papers move me so deeply that I have to read them when I am alone. I have wanted these Papers for quite a while, but for some unknown reason I was forcing myself to go through *The Way Out Course* before permitting myself to write you for them.

I have had some things that distressed or puzzled me that I suppose now I should have written you about, but instead I was trying to do as you tell us over and over—seek guidance within. It seemed strange (like a miracle) to read the No. 1 Paper, because nearly all of these experiences it describes were what I have been going through the past year.

I rejoice that my personality does not argue the lovely facts which your lessons and books bring out; instead something within me responds immediately to all their truths. And the strange part yet to me is that each book I read seems to come just at the right time. "*The Teacher*" which I read this month contained the very things I need at this time.

I know that these teachings are inspired by God, yet I have trouble of letting go and giving all my worries over to God. These things are so big that my vision has not yet grown sufficiently to take them in. Some days I feel the Christ spirit in me strongly, and I love every one I speak to and wish to bless them. But several days lately I have allowed the difficulties that are prevalent in the world of business to weigh me down, and then for a short time I shut myself out from this lovely happy consciousness.

I have realized for some months that I am being instructed at night while I sleep. Occasionally I am awakened three or four times in the night for a very short time. When I awaken my whole body is in a high vibration, with an elation just as when I feel a great response within when some wonderful truth is understood in my readings. One time I was repeating over and over again a beautiful thought. I was awake and I said to myself, "This is the most beautiful sentence I have ever heard." I did not get up and write it down, because I thought it would be impossible to forget such a wonderful thing. I repeated it over and over and was soon asleep. In the morning when I awoke I could not recall a word.

In the night I have the feeling that God is very close, and I talk to Him and it seems as if I merge with His spirit. I get a beautiful understanding then of whatever I think about. One night when I awakened with my body full of this strange ecstasy, I immediately knew I had been listening to some beautiful truths; so I asked my Higher Self, "What have I learned this night?" Immediately the reply came, "All things work together for our good."

When I feel this union with God, or perhaps it is a greater consciousness of the Christ within, I can see a light within me, and then again on some of my restless nights it is not a steady light but seems to flash for a second.

But the strangest and most divinely beautiful experience of all I can not find words adequate to express. Nothing like it has ever occurred to me except once before, and strange to say I am not certain now about just when it happened, because at that time I did not know how important it is to write things down at once. However as I remember I was having intense pain in my head. The pressure some months ago used to be so intense that I had to sit up at night about one night every two weeks, in order finally to go to sleep, and then not for hours, occasionally just before daylight.

I was having just such a night when suddenly I said to myself, "What good does it do to study these lessons if I do not try to apply the truths I learn," and I turned to God within and asked for aid to free me from this pain and that I might go to sleep.

*I spoke but two or three words of this request*, when suddenly it was as if a divine liquid was poured into the very core of my being till it filled a space about the size of a cupful of liquid. It was warm and exhilarating and started flowing outward into all my body. Then the sensation was as if arms were put under me and I was lifted bodily to a great height. Then I was asleep. When I awoke the next morning I was happy in a way I had never been before, and this feeling stayed with me throughout the day.

I found that at first I was putting too much importance on some of the messages my Higher Self was giving me—that is, on the elation of receiving them, instead of spending my time seeing how



I was to use these truths in my everyday life. I felt that I should not write you at first about these different things that were happening to me, because I knew that self was creeping in and trying to puff me up and thus take my mind off of the real purpose of some of these messages which I wrote you about at the end of my lessons in *The Way Out*.

One of your students here told me I should get into the habit of writing you, that you could help me understand and straighten me out on some of the things that confused me. He also said that you would want to know of the inner experiences of your students. For that reason I believe I will tell you of a dream I had the night before I received your No. 1 Paper.

I dreamed that my house was in dreadful disorder. Such a disorder one can hardly imagine. There were things heaped around from the office also, everything dumped together so it looked like a store room. I immediately set to work and put everything exactly in its place. It was a discouraging looking sight, but I did not feel at all discouraged. This house was full of crude, ordinary furniture—nothing of beauty in it—everything of a practical useful nature. And on old fashioned kitchen wood-burning stove I remember in the kitchen.

Finally I realized I had it all in perfect order except the room off of the kitchen. I stepped into this room and looked around. There were only two or three things in the center of the room on the floor. I said to myself this should not take long to do as there is so little here. This room was a peculiar room; it was located as a porch off the kitchen and still it was not a porch. It seemed more like an attic, as it had a slanting roof and rough plaster walls. This is the only room that I remember having a door that led outside.

Then the door opened from outside and in walked my husband. I gave him the last bundle of things to discard and asked him to take them outside for me. While he was gone I started to brush down the walls, and I noticed one cockroach on the surface of the plaster as if the trowel of the plasterer had flattened it out on the surface of the plaster. Then my husband came back into the room and I talked to him, trying to hold his attention and keep him in the room till I had finished brushing down these walls so that we could go through the house together, and I could show him the house now in complete order. Then I awoke.

The way this dream seems to interpret to my mind is: This house was not the house of my soul or spirit, but of my mind, as it had nothing of beauty in it. It evidently shows where I am in my development, just as your No. 1 Paper stated when I read it the next day. I am now evidently clearing up the disorder of my mind. My husband was my Higher Self, who did not appear until I reached this last room that led outside.

For several days I could not imagine what the cockroach meant, but suddenly about five days later in a flash I *knew*. This room had previously been in darkness. Cockroaches infest rooms during the night in the darkness, but as the daylight enters in the morning they disappear. So this cockroach was the symbol to tell me that this room had previously been in darkness where now there was light. So that was why there was little disorder in this room, because it had not previously been used. All it had needed was light. Because of this light I was now entering this room and meeting my Higher Self.

—R. M. R.

### Our Answer

**W**E REJOICE with you that both your mind and soul so fully accept the truths in our lessons and books, proving that you are indeed ready for them and that therefore they are being brought to you in your need by your Higher Self. Of course they are to show your mind the weaknesses and shortcomings that still exist in order that you can take them in hand and free yourself from them through the help being given.

Remember all the time you read these truths you are being taught from within and are being continually shown what you must do as your part. Only as you make yourself do that part does freedom and peace result. More and more as you study these truths will this be shown you, and the way to this freedom and peace, and how to overcome the weaknesses that still exist.

There is no doubt but what you are being taught at night also, and the lessons that follow in the daytime are but your mind's reactions or the outpicturing of the truths taught your soul at night, so that your mind can be likewise impressed with the truth of the lessons. If you only know it, the Sun Center Lessons are but text-books in the outer containing the teachings in printed

form you are being given at night in the Soul Realm, and are to help you impress these truths on your outer mind. Do you wonder then that you so love these truths?

We rejoice with you at the wonderful experience that resulted when you turned to God within to free you from the pain so you could go to sleep. Remember in this experience exactly how you turned to God, and then try to feel again this Divine Elixir being poured into you, whenever the need arises for similar help.

We wish to commend you for the clear and true interpretation of your instructive dream had the night before you received the No. 1 Lesson Paper. You were shown in that dream just what was necessary to do in order to prepare the house of your mind for the new truths or furniture you were to set up in it. When that is accomplished you will find that very quickly the old furniture and utensils will give place to the new and you will soon have an entirely new and beautiful consciousness in which to live. We do indeed urge your writing us as often as you feel led of the Spirit, when we will be only too glad to work with you in the cleansing process.

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## ONE WHO IS NEARLY HOME

**Y**EARS ago a Voice told me never to work for myself, but only for others. Once when I was planning enthusiastically for a certain thing, happily believing it was possible, I heard a Voice commanding me, "Stop instantly!" I did, and was then shown how this very procedure had caused all the trouble in life—this visualization of future happenings.

My first reaction was, "But what on earth *will* I think about?" And the answer came, "Think of perfection, but leave the how and where to Me. I may want you to be in California, and if you create New York, can you not see how you are interfering with the fulfillment of My Plan for you? Take no thought for tomorrow."

Later, as I sat at the piano, I was told to strike a chord and to sustain it with the pedal; then without removing my foot from the pedal, to strike a chord in another key. The effect was awful, of course, a horrible jumble of tone. And a Voice said,

"Each day is a new chord. If you carry over the past one, the result will be pandemonium, and the beauty of both will be lost. Let each chòrd ring true. The pedal represents meddling in the past and the future." You have no idea what a powerful impression this made upon me. God uses the simplest of illustrations, and they are always to the point and perfect.

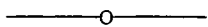
So I shall not plan. After all, what does this mortal life matter? Whether we are here or there, all is a lesson for us. We simply cannot run away from God's lessons He intends us to learn, for as sure as we are a foot high, they will catch up with us sometime.

So it all comes down to abandoning ourselves to God's will, and how slow we are to learn it. It is not a great feat to be happy with someone we love, and in a perfect environment; but to be happy with someone we have to struggle with, that develops spiritual muscle and sinew.

So whether Eda lives in a snow hut in Alaska or in a palace, whether she has a few raw carrots for dinner or a feast, she will be content, knowing that this is God's will for her.

Oh, I am teaching her. She recognizes Me as above her where I am viewing her as a picture, waiting for the moment when she will give up all to Me. She wants to; she quite knows her nothingness, only she is a little afraid to take the plunge.

A few nights ago I permitted her to see Me standing beside her, leaving just enough consciousness in her to be aware of both herself and Me. Then I said, "Come," and she did come. But only for a moment. With a little gasp, she flew into her shadow self again. But the day is not far distant when she will trust Me sufficiently to carry her over the Great Divide.



"**M**ANY of you think you have something to do, or that you have to become different. It is not so. God is in all that concerns you, in the mundane and in the heavenly. There is no place where God is not. *'Acquaint now thyself with Him and be at Peace.'* Be silent before Him. Out of this realization you will emerge with quickened aspiration and new desires. Slowly a sense of Love that cleanses, forgives, renews, fills your being. *'He leadeth me for His Name's sake'.*"

# THE INTERPRETER'S HOUSE

**I**N THIS Department will be given interpretations of dreams and visions of those needing to know their inner meaning. We reserve for it only those of special interest and helpfulness.

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## HOLDING ON TO THE CABLE

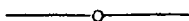
**S**INCE taking up these studies I have had some dreams. On April 5th I dreamed of a water-fall of boiling white foamy water and that we had to cross it by holding on to a cable. My husband went first and then I was supposed to go next, but did not; but my sister went, but she went down. I shouted, "Save my sister," but she came up and had the rope or cable under her neck and arms and was safe. It seems my husband needed help, yet was trying to teach me my lesson that I am to learn now.

**W**E are pleased to learn how you stayed with those questions, slept on them and then found yourself able in the morning to get the answers easily.

This only proves the blessing and help awaiting you when you persist and pay no attention to the outer things that seem to hinder.

Your dream is but an outpicturing of this very thing. Despite all the difficulties of getting across the space and passing through that boiling white foamy water, you found that by holding on to the cable of your determination to get across, somehow or other you made it—as you learned in the morning when you awoke, by getting the answers you needed.

But your sister and husband, representing the negative and positive sides of your human nature, seemed to fail. Your sister, the negative part, going down into the water—allowing your fears to pull you down—but even she finding that she still had hold of the cable and that it brought her safely to the shore. Both husband and sister symbolize qualities of your nature and have no connection with them personally.



## WHEN THE MIND REBELS AGAINST STUDYING

**I** AM sorry to write that I believe the Lessons are too deep for me to grasp. I do not have the time to study them as I should; still I reap much by reading them over and over. So it must be I am not ready for them, and therefore cannot receive.

A few weeks ago I had a dream. I am asking your help. I saw a woman at the bottom of a body of water, lying face down, with her right arm bent so her elbow was pointing out sharply, hand under her head. I could not see her face, the front of her body or her hands. She seemed to be lifted from the bottom of the water (I saw no one), bringing the

body to the surface and laying it down at the edge of the water, still in the same position as it was at the bottom of the water.

I seemed perfectly calm, not the least bit excited over seeing this body or the condition she was in.

If you feel that the teachings in the Lessons are too deep for you to grasp and that you cannot therefore answer the questions satisfactorily to your Higher Self, perhaps it would be better for you to wait awhile before proceeding farther at this time.

However, if it is only that you cannot get your mind to make the effort to study and search out the answers to the questions, then do not yield thus to your mind, but *make* it do the studying necessary and to stay with the teachings until the meaning unfolds. That is the purpose of *The Way Out Course*, and that is the only way you will grow, dear friend.

Now as to your dream, it illustrates what we have just said. The woman lying at the bottom of the water, face down, is this self of you which refuses to turn around and look up to the light; but later this self is brought to the surface and laid upon the ground but still does not turn around. These Lessons have brought your seemingly lifeless self from the depths of the waters of life to the surface, but it is now up to you to turn that self around so it will face the light of these truths; to wake up and obey you so you can teach it all that it came here into this life to learn. Can you not see this?

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## THE PURE SOUL CONSCIOUSNESS

**D**URING my noonday meditation recently my whole mind and being seemed to clear of everything and I was unaware of any physical sensation or body. My soul seemed to be the only part of me, and a host of souls to be gathered around me, such loving, beautiful souls, so pure that nothing earthly or physical could compare with them. I could not make out any physical features, but they were so white, a beautiful whiteness I have never seen before. More and more of them kept gathering around me and I was aware of their approval and acceptance. Then a glorious brilliance came into their midst; it was some Being so brilliant and peaceful that I cannot describe it. It made me feel that I had caught a glimpse of the real Christ Consciousness.

This experience left me very happy, but has not returned since. It lasted but a few minutes but it was very real, nothing vague about it. I do not know just what such a white gathering like that means.

Your experience during meditation was a very wonderful and blessed one, for you were for the time lifted into the consciousness of your soul, where you were aware of other blessed souls in the same consciousness and of the Christ in your midst. We are happy with you that you were vouchsafed this blessing, and it means that you are a part of a Great Company, a Holy Assembly of those who worship and serve the Christ.

# THE INNER ROOM

**C**ONTAINING quotations from our replies to those writing us for help in their *Spiritual problems*.

Each day at 12 o'clock noon, we take the names of those asking for such help in the Silence of the Spirit, and "Speak the Word" for them. Many hundreds have testified to receiving the blessings of such ministry.

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## THE LAW OF GIVING AND RECEIVING

**Y**OU have every right to expect and claim the good things of life, for as a child of God, everything He has is yours by divine right, and would be given you, if the channel of your mind were always kept open so that you could receive it.

This Work is to teach men the truth and how to apply the law. One of the important laws is that of Giving and Receiving; and for such as you who hesitate and fear to give, it is the most important one, for until you learn to work with it, as shown in the enclosed pamphlet, your Good cannot flow to you.

This work and all Spiritual Work, including all Churches, are supported by the voluntary contributions of those who come to them for spiritual help. All such seekers therefore should be made aware of the law of spiritual giving as a part of their spiritual instruction. Anyone like you who fears to give, because of a feeling of lack, and thereby objects to it and then seeks to find fault with the givers of spiritual help, claiming they are not fulfilling the law by expecting support, is but trying to excuse himself to his own conscience, or Inner Self, for his not doing his part in return for the help he asked for and has received. We naturally expect support from those who receive the Lessons, because it is in fulfillment of the law. We do our part in teaching it—the law then requires the student to do his part. If he fails to do his part, he will but suffer the consequences of the law, which works with all such like you by his getting no real benefit from such help, because of his not applying it, and his failing to give back love, appreciation and substantial evidence of gratitude, even if only a dime (if that is all he could give) instead of criticism and excuses.

However, it is perfectly plain that not until you free your mind of all the negative thoughts and the critical attitude you are holding, so evident in your letter, it will do you no good to have any more Lessons, as those thoughts and this attitude will prevent your getting any benefit from their great truths, because you cannot perceive their inner and true meaning.

We hope, dear friend, you will reread this letter several times, and try to get all the good there is in it for you; for as you asked for it, we have tried to show you some of the plain truths it is most apparent you need to know.

## WINNING BACK A LOST HUSBAND

**WE WANT** to help in your problem and this is what comes to us: Instead of doing as you have been doing, forcing your mind on your husband so that he feels the pressure of your desire to have him back, truly place him altogether in the Father's hands in a simple, child-like, perfect love and trust, knowing that He knows best what is good for both you and him and will take care of everything.

If you can bring your mind to such a love and trust and will thereby let go and release him to God, wholly at peace in your heart in the knowing that God does know best, you may be sure that the best will follow.

Now here is something else. See if you can get this. All that exists in your outer world is what you now see and believe is so in your consciousness. This being so, just look at that thought-picture of your husband, of your present condition of mind, and of all that you have been doing, and see how things in the outer could not help but be as they seem to be to you.

If you really want to change what is now in the outer, you must begin definitely and positively to change your picture of husband as shown you above, also the one of your own life; must release him and turn him wholly over to God, Who will then release you likewise, and will put into your mind the thoughts He wants you to think and thereby to bring forth into manifestation.

To prove this, know that husband is a soul like you, that as a soul he lives in the inner realms of consciousness called the soul realm or mental world. Whenever you think of him, his soul immediately presents itself before you—in your consciousness. Knowing this, you can talk to him as if he were actually present, and his soul will hear.

Now, his soul is not the outer man with that stubborn mind of his. If his soul loves you, and you think it does, then by talking to his soul and explaining the whole truth, asking his forgiveness and promising to do whatever the Father and he want you to do, and truly expressing what is in your soul, not what is in your selfish mind,—the Father in him will cause his soul so to influence his mind that husband will be compelled to do the right thing, which is what you want him to do.

This must be done by you wholly impersonally, however, as one soul talking to another soul, not as one personality with its personal loves and desires wanting her own; but in a selfless desire to do only what God wants her to do and what she knows would be best for both.

Think this over, dear friend, carefully and prayerfully, and then do what you are led to do by your loving Father, and everything will come out just right.