

THE INNER LIFE

THE HERALD OF THE NEW AGE

*Preparing the minds of men for the
coming of that Age.*

Devoted to the study of the Soul and of experiences
of an inner nature pertaining to the Soul life.

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EDITORIAL

MAMMON

(The God of Riches)

WE WONDER how many realize what a mighty power Mammon has become in the world—in fact that it actually rules the world.

If you do not realize it as yet, consider what follows, and then perhaps you will agree that there are very few indeed who are not under Mammon's rule, who do not fear him, and who are wholly free from his power.

First look about you among your friends and note how money, or the possession of it, means everything to them. Without it they are "looked down upon" by those who have it. With plenty of it, especially if they spend it freely, they are "good fellows." Those with a superabundance of it are "looked up to" with more or less awe by those who have less or little, and others bow and cater to them, deem them a great success, and generally consider them as having reached an exalted place in the world.

Can you admit that the possession of money today, in the eyes of the world, does not mean more to the vast majority of people than the possession of any other thing? Which means that practically everyone acknowledges it as his Lord and Master, yields to it obeisance, and thereby gives it absolute power over his life and thoughts.

Do you think this is stating it too strongly? Then answer to yourself these questions:

Are you who read truly free from its power? Think! Has it no hold whatever on you? Are you not in the least afraid of losing your job, your social or financial standing, or your investments? Or should you lose all, have you not the slightest fear for yourself and of your power to regain what is lost?

Are you sure in your social relations with others that their possession of wealth or lack of it has no effect or influence whatever on your attitude towards them—that the beggar and the banker are alike your brothers?

Are you sure, in your business dealings with others that the prospect of profit or loss in no way influences your statements or causes you not to listen to a desire to help them, when you want to sell them something?

Can you truly say that money means nothing to you, that the possession or lack of it in the eyes of your friends has no place in your thoughts, and that you could be a tramp or a millionaire with equal disregard of Mammon's power to cause you to deviate one iota from your loving service to the Lord Christ within?

If you can answer "yes" to these questions, then you have truly reached the stage of discipleship, and are ready for or are now really doing the work of the Master, for you have passed a supreme test and are worthy of doing the work you came here to do.

This article is written in the full understanding of the insidious power Mammon has acquired over practically every seeker of the Kingdom, a power that very few are aware of, and which it is our duty to show up clearly, so that each may know for him or herself and deal with it definitely from now on.

This power has so instilled itself into the consciousness of nearly everyone that it is most difficult to free one's mind from it suffici-

ently to see the hold it has obtained upon our thoughts and lives. If we will only admit it, it influences unconsciously most of our motives, desires, aims and actions, and it ever drives us onward with the whip of fear so that we cannot reason calmly and see that self is being wholly misled by a false god to the forgetfulness of the Loving One within, who promises if we seek *first* His Kingdom and His Righteousness *all* things else will be added.

Therefore we say to you, search deeply in your mind and heart and make sure that you have not unconsciously been worshipping Mammon, obeying his mandates and living under his rule, rather than God's

This applies as much to those to whom the need of money is perhaps at this moment paramount in their thoughts, as to those who have an abundance of it and who are living in an atmosphere of wealth.

Money of itself, of course, is no more than a medium by which we exchange one commodity for another, and is therefore neither good nor evil. But a selfishness that seeks more than one's share of money or more than one needs and can use, is undeniably evil, for that deprives others of their just share or needs. Such a selfishness, however, has become so common that it is not considered to be selfishness any more. It is deemed to be a natural process of nature—a "survival of the fittest," when from the foregoing it is plainly seen as perverted nature.

Therefore many millions of souls are living in a perverted state, entirely under the dominion of a self-created power, existing, maintaining itself and fast gaining a stranglehold upon its creators, solely because they do not realize whom and what it is they are serving—their own selfish wills.

Mammon is thus seen to be crystalized selfishness—nay, entitized selfishness, because money has no power unless it is gathered together in the hands of a few who purposely deprive many others of their rightful share in order to maintain their power to further their own evil ends. We will not go further into this phase of the subject at this time, but for fuller light upon it refer to the article on "The Enemy" in the booklet "*Brotherhood*."

One thing each seeker of the Kingdom must clearly determine here and now—the influence that Mammon has exercised over

him in the past, and that its influence henceforth will be eliminated from heart and mind forever.

This means that from this moment his allegiance is to God alone and that he will look to Him only as his support and for his supply, and will have full and utter faith in His promise of what will result if he makes the seeking of Him and His Righteousness first in his life.

But realize that much will come to test this faith, and outer circumstances may grow very dark and friends and loved ones may condemn and consider you gone daft. But know that when everything is the darkest, and it would seem that God and all else have deserted you, the time of deliverance draws very near. For there is no truer saying than "it is always darkest just before dawn."

THE ABOVE article is reprinted from the seventh *Impersonal Lesson Paper*, and prepares the reader to consider with us another phase of the meaning and purpose of money in man's life that very few have noted and analyzed.

We have seen how money in the past has been the agency misused by Mammon to bring the whole world under its dominion; how the desire for it created a monstrous selfishness that almost destroyed civilization time and time again, and finally has brought man face up against the definite decision—whether he will serve God or Mammon, will go on with and be a part of the New Age of Co-operation and Brotherhood, or be wiped out with the Old Order of Competition and Greed.

There are many true thinkers who clearly see that the latter alternative is an inevitable outcome of the misuse of the power that money gave to a selfish race. These same thinkers are also beginning to see the glorious possibilities of the right use of money in the hands of those who would use it for the good of the whole, instead of for the selfish few.

Leaving with you this thought, we now wish to present a picture of what the possession of money or of what it represents will mean in the New Age, or of what it means now to those who belong in the New Age—the spiritually minded ones.

Did it ever occur to you that those of us who would be a part of the New Age are now being *compelled* to free ourselves from the domination of Mammon forever; that we are *being forced to prove that we are superior to money and its power, and that money is our servant and comes obediently at our call or need?*

In other words, in the New Age the possession of money or of what it represents will be the evidence of one's spiritual power and ability to serve others, even as in the Old Order it was the evidence of material power and ability to serve self. The possession of money will be the proof of one's having attained the Kingdom and of using it in righteousness, and the lack of it will naturally also prove that one has not yet attained these blessings.

Remember Jesus' command, "*Seek ye FIRST the Kingdom of God and His righteousness, and all things else will be added.*" Well, if all things else are *not* added, it is because God and His righteousness are not yet *first*—that one is still serving Mammon or self. If one is poor in this world's goods, it is only because he is poor spiritually—self's concerns are still too much ruling his thoughts.

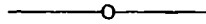
Not until we can say and KNOW, "*All that the Father hath is mine,*" are we rich in spirit, and are therefore rich in earthly possessions as well. Yea, even now is this so of the spiritually minded ones. The true evidence of one's spirituality, and of how surely one *knows* that "*All that the Father hath is mine,*" is the manifest state of one's material life—whether all of one's needs are being abundantly and continuously supplied.

We cannot get away from this self-evident fact. No matter how much we know, how much we love God or think we love Him, how much we seemingly are serving Him, until we have brought our minds to that perfect love and trust where like a little child we *know* that our Father is providing for us and taking care of everything, and we give it no concern whatever,—we are not established in the Kingdom and in His righteousness.

Putting it in another way, when we see any disciple or follower of Christ doing the Father's work and always provided with abundant means for his needs or the needs of the Work, you may know that that one is obeying the law of the Kingdom and is more or less established in its consciousness.

You may ask, what about those who possess wealth and who are unquestionably serving Mammon, from the selfish misuse of the power they manifest?

We say, never mind about them; they are undoubtedly Mammon's agents and are giving him full allegiance, and Mammon always takes care of his faithful ones. It is for you to see that you are equally faithful in your serving of God, and are no longer under Mammon's sway in any way. When you are able to prove this in all your thoughts, speech and actions, then you are a beloved Son, and the Father will bless you with His *Spiritual Power* and with it the free use of all the riches of His Kingdom, which includes their manifestation in all of the lower kingdoms.

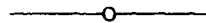


THE SUMMER CLASSES

WE ARE pleased to learn of the number of earnest students who are planning to be with us in July.

We feel this will be a most important gathering and will be productive of far-reaching results, in that many will unfold into a higher consciousness and become equipped to serve and do practical *inner* work in their respective communities. That is our earnest hope and our efforts will be devoted to that special end.

At this session will be available more personal help when needed than in the past, and certain hours will be set aside for private interviews and instruction. Each student will have the privilege of such instruction.



BY OURSELVES is evil done,
By ourselves we pain endure,
By ourselves we cease from wrong,
By ourselves become we pure.
None can save us but ourselves;
No one can, and no one may.
We ourselves must walk the path—
Teachers merely point the way.

—*Dhammapada.*

THE WISDOM OF OMAR THE SERENE

Stewardship

THERE was once in a far-away land a very wise man. So wise was he that the people came from all that country and from distant lands to sit at his feet and catch the pearls of wisdom that fell from his lips. They called him Omar, the Serene; for he seemed to be ageless, living in a spiritual world apart from men, but ever ready to give of his marvelous wisdom to one and all.

One day, as he was sitting under a shady tree reading from a big book, a man dressed in rags, limping along with the help of a staff, came and sat down beside him.

"O, Serene One," he said, "I have been told that thou art full of wisdom, and art able to help the sick and the needy. Canst heal my joints which have been twisted and are full of pain these many months?"

The sage raised his head from his book, and with piercing, luminous eyes gazed deep into those of the ragged cripple.

"And didst thou leave thy fine raiment and thy riches behind thee in Bagdad, O merchant;" he said, sternly, "for no beggar art thou. Dost think that thou canst trick the Infinite Intelligence that sees all and knows all? Thou dost only trick thyself into pain and misery. Go back from whence thou came, and start living in a manner befitting thy true rank—not that of a rich merchant hoarding his gold pieces, but as a son of the Living God, for whom thou dost act only as a steward. Remember, thou shalt be called to account for thy stewardship! If thou dost persist in clutching thy riches to thyself, thou dost only clog up and bind thine own consciousness and its manifest likeness—thy body." "Loose it and let it go." Thou canst not live to thyself alone, for thou art a living part of the Universal Whole. Go, and give back double to any man whom thou hast swindled. Scatter thy gold, that it may fall as seeds of happiness on fruitful soil, and thou shalt be blessed. As thou doest this, thy joints shall loosen up

and straighten themselves, and thou shalt stand erect before thy God in wholeness of mind and body."

"O, Wise One," stammered the man with bowed head, "I go to do thy bidding. Wilt give me thy blessing?"

"There is no need for that, my son. Thou dost carry thine own blessing within thee. Loose it and let it go—out to mankind, and thy good works shall return to thee increased a thousandfold."

—*Kathleen Winifred Welch.*

THY SOUL

GOD Thy immensity,
Thy limitless eternity,
Thy boundless Love.
From the great silent heart of Thee
Comes all.

God, Omniscient Mind,
The Principal back of all Thy manifestations.
Love, the Divine Creative Force of all Life,
Of Thee was born Thy Idea.
Out of Thy great Cosmic Breath sprang Thy perfect Worlds.
And all was good.

Thy image and likeness—
Man,
Son of the Father GOD,
Prince of Life Universal,
Born of the Force of Love,
Creator and Guardian of the Life Force,
Building eon after eon, century after century.
Time and Space are not to Thee,
Eternal Life.
As the Nautilus builds his shell
Man builds his Soul—his shell that holds Life.

—*Ora M. Shand.*

A CHALLENGE TO METAPHYSICIANS

DEAR Brothers in Spiritual Ministry:

As a practical experiment in developing the Christ Consciousness, please consider conducting meetings on the basis suggested below.

Here we are, a group of earnest, thoughtful individuals. Are we seeking the Light of the World? No! Are we seeking the Light *for* the World? Yes! But why seeking? Why not sending?

We believe that through the Christ Light, which is within each one of us, we all have sending power. **WE BELIEVE THAT WE ARE BROADCASTING STATIONS, NOT MERE RECEIVING SETS.** So, leaping from the "I AM" of the occultist to the "We Are" of the Brotherhood of Christ, we unify ourselves, through Christ, with one another, with our Loving Father, with all mankind, with everyone, everywhere.

First, in invocation, meditating on each phase of the thought, we address ourselves to Our Loving Father, Source of all Good.

"Father, we thank Thee that through the power and glory of the Living Christ, indwelling within each one of us, we all have broadcasting power—the power to broadcast Thy Love, Thy Life and Thy Truth to anyone—to everyone, everywhere."

(These words of invocation may be spoken by the leader and repeated, phrase by phrase, by the members. It is very essential that all phrases for repetition be short, otherwise there arises the strain of trying to remember.)

Now, still in invocation, we address ourselves to the Living Christ:

"Thy power, O Loving Christ, Thy Living Presence, here with us now, we would send forth in love and faith, in a prayer for the good of everyone, everywhere."

Now, the invocations over, we unite in speaking the Word.

First we speak the Word for the spiritual illumination of everyone present in the meeting. We will say:

"In the name and through the power of the Jesus Christ we radiate the Love of God to everyone present." And we will repeat this three times.

Now, in the same way, for our perfection on the physical plane:

"We are whole, sound, perfect!

We are whole, sound, perfect!

We are whole, sound, perfect—through Christ in us!"

(Here a brief interval for silent meditation)

Now we will speak the Word for our perfection on the mental plane:

"We have strength, power, peace!

We have strength, power, peace!

We have strength, power, peace—through Christ in us!"

Now for our supply:

"There is abundant supply for all our needs—through Christ who is all that we are!" (Two times as above)

Now, speaking the same Word in the same way but making the word "Our" include everyone on this tiny planet:

"There is abundant supply for everyone's needs—through God's Life, Consciousness and Nature expressing in everyone!"

The above statement is a factual truth as well as a statement of spiritual truth. All mankind has to do now is to use the brains that God has given us. The minds which invented fast machinery can also develop efficient distribution.

Now each one will single out a friend who needs help. We will say for him or her:

"We bless you! We love you! You are expressing the life, consciousness and nature of our loving Father God."

After a brief interval for silent realization we add the Word: "Father, we thank Thee that through Christ it is so."

Now, unifying ourselves in love and faith with the high Spiritual Powers of this planet, we will speak the Word for anyone doing the Master's Work in the world.

"We bless you! We acclaim your high spiritual power! Through Christ in you we see Life, Love, and Truth expressing freely through you!

After an interval for silent realization:

"Father we thank Thee, that through Christ this is so."

Now for all those on this planet who rule by murder and who lust for personal power: "We bless you! We forgive you! We see the Christ Presence transforming you!"

Now to President Roosevelt, or to anyone else, either saint or sinner, who needs more of what we all need:

"We bless you! We see the Christ Power manifesting Perfection in you and through you!"

Metaphysicians all, which would be more effective as a means of tuning in with the Universal Christ Power, a service such as is suggested above or a service in which each one in the assembly seeks the Light for himself? Which is best, to enact boldly our spiritual mastery through Christ, or to seek and strive to attain spiritual mastery? In the one case we stand together, an assembly of spiritual masters who have everything to give and who are giving freely and gloriously of all the good there is. In the other case, each one of us stands alone—seeking the light for himself first.

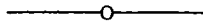
Which service do you think would meet the approval of Jesus Christ?

In a Spiritual Mastery Service we could, with advantage, transpose some of our Truth songs. Now we could sing the Truth songs for some great doer of good, or for the redemption of some destructive personality, or for some humble friend who needs a lift. We could now sing: "We clothe you safely 'round with infinite love and wisdom." We could sing: "God is *our* help in every need. God does *our* every hunger feed." We could make the word "our" mean all of us in this assembly, or all who are on this tiny planet or all who are on the invisible planes.

I predict that the day will come when the Truth ministry will be a glorious broadcasting of the Christ Consciousness. Then Truth services will cease being meetings in which the main thought is: How can I get more? How can I get mine?

The world is waiting for some great soul who will lead the Way, a Master in the Christ Consciousness who will conduct a High Power Spiritual Broadcasting Station in the name and through the power of our Lord Jesus Christ. Then, all over the world, in the dark, unknown places, there will be those who will be awakened by the Light. When we have a sufficient volume of prayer for the good of all, the millenium will come.

—H. F. C.



NAKED AND UNASHAMED

NAKED I came into the world—
Naked and unashamed.
Naked I stood again one day
While Light through the Temple flamed;
And I knew I was clothed in the Seamless Robe,
Woven by hands unseen.
I knew I was clothed in the Raiment of Christ,
For I felt its transcendent sheen.

I understood the Master's words,
"Let the little ones come unto Me,
For of such is the Kingdom of Heaven." I knew
The Peace of Life's Purity,
And the grave clothes faded—the tomb was ablaze
As Light through the Temple flamed,
And I stood reborn in the Spirit of Love,
Naked and unashamed.

—S. B.

INDULGING IN SENSE GRATIFICATION

*Reprinted from the article in the July 1934 issue
under the title of "SEX" by request.*

BECAUSE of the tendency of the times and the much subtle influence being brought to bear upon men's minds and passions these days, evidently seeking to drive them down to the lowest moral levels; and because of teachings being given out from occult sources and, we are sorry to state, by certain "Truth" teachers who are being misled into believing that spirituality can be gained by controlled sex practices, the time has come when definite truths must be stated for the clarification of the subject and the guidance of those who are sincerely seeking the real meaning and purpose of sex.

All those familiar with the Impersonal teachings know that the subject of sex has never been mentioned therein, for the simple reason that those who respond to their truths are supposed to have risen above the influence of self and sex. But we now feel it necessary that all know just what is the only attitude of a follower of Christ to take on this most important subject.

In our desire to give adequate and convincing information to our readers, we were led to the following article in *Teachings of the Temple**, which so fully expresses what we intended to say, and perhaps better than we could say it, that we are glad to quote it herein in full.—The EDITOR.

VOLUMES have been written on the subject of Sex. The light of the highest intellects of all ages has been turned on the subject. The mind of every normal human being still wrestles with it, and yet it remains a mystery to the uninitiated, and must remain so until passion has been divorced from Compassion—Love.

Passion is but the shadow of Compassion, and when the shadow flies away the pure white Light of Compassion shines forth as the Sun. As all shadows are deceptive this great shade of passion is no exception. It has veiled the eyes of angels and men and will continue to do so until its nature is recognized and the veil is withdrawn.

Man's ignorance of the seven-fold division of Matter, Force and Consciousness and of the nature of those divisions constitutes

*At present out of print, but is hoped to republish soon.

the veil. What are commonly termed the physical senses do not function primarily on the plane of gross matter, although their organs of excitation are clearly physical. The five or seven senses of man are but one sense on a more interior division or plane.

Just as the senses of taste and smell are intimately related, the sense of touch—feeling—and the sexual sense are similarly related. The stimulation of one sense arouses activity in all, and consequently if the psychic senses in an individual have been awakened, the consciousness is very apt to turn inward to that plane of the one sense, and psychic sight and hearing may then respond to the sense of touch or feeling functioning on the physical plane.

Herein lies the great danger to the spiritually unenlightened man, for unless he is aware of the deceptive sensuousness of the sights and sounds of that interior plane as they are thrown into form and sound by the energy set free by excitation on the physical plane, the beauty and delight of these sights and sounds would deceive him into believing he was contacting still higher planes of being where life is real, and which are only open to man when the senses are all under control and the now atrophied organ through which the one sense may act is again developed; or the horrible, licentious and vicious images and gross sounds he may vision or hear would deceive him into believing he had entered a veritable Hades. For when undirected physical or mental energy is set free by man, it may throw the substance of that first interior plane into either class of images.

The last mentioned phenomenon occurs when the mental balance has been disturbed by disease, or when over-indulgence in sense gratification has led to satiety.

The great aim and ambition of enlightened man is Mastery, and the word itself should indicate the process and the result. An enlightened man does not aim at mere mastery over worldly physical conditions. Such mastery is far more easily gained than is the mastery over the finer forces of nature and *the absolute control of his lower self*. So long as man can be controlled by his senses, it is utterly impossible for him to arouse into new activity that now atrophied center of the brain which is essential to the control of the higher creative forces.

If a unit of the human race is content to take his evolution with the other units of the race, so far as the functions of sex are concerned, he will be subject only to the sex karma of the race. *If he perverts those functions in some abnormal manner, he adds immeasurably to his share of that karma.*

If man deliberately and wilfully, in full consciousness of the difficulties in the way *sets out to gain liberation and then falls back into sensuality*, he must necessarily block his way for ages; for by so doing he has veiled his intuition anew and will no longer be able to distinguish the false from the true. He has paved the way for the deceptive elementals of the Eighth Sphere *who will bind him to the character of the experiences he passes through* until such time as satiety has partially opened his eyes, when he then *realizes the bondage in which he has placed himself.*

Satiety always follows upon the heels of over-indulgence, and this alone should teach man the materiality of all sense indulgence; for true spiritual experience never satiates. Ecstasy of sense and ecstasy of soul are possible realizations of the two poles of the great Mystery—Love. The ecstasy of sense is the fulfillment of passion; the ecstasy of the soul is the fruit of Compassion. *One must disappear in the face of the other, for the two can never meet.* The one is separation from Spirit, the other is completeness of Spirit.

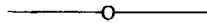
Those who dare to degrade the ideal of Divine Love by prostituting it to low sense gratification come close to committing the unforgivable sin, and those who teach the ignorant that true enlightenment may come by such methods are creating a heavy karma.

It is passing strange that any student of life who has had the advantages that study of the Secret Doctrine and other like philosophies may give, those teachings that contain all available data concerning the primal causes for the failure and destruction of other civilizations, can fail to perceive that it is only by a return to a state of purity that man can regain his lost estate.

Such a student must know that *sex-abuse, or some aspect of licentiousness, built the bridge whereby the angels of light entered the abode of demons*—the gross physical plane, and that they must recross that bridge by turning the creative forces in an op-

posite direction, if they would further the development of the human race and thus regain their spiritual supremacy; and the humanity of the present age and that host of angels are one and the same.

When man reaches the point of development where the functions of sex will be employed for procreation primarily and not alone for mere sensual enjoyment, and the waiting souls long seeking incarnation can be given bodies without endangering the lives of the women who bear those bodies, and who therefore can banish the fear and anxiety which now mark countless bodies with the sign of degeneration and decay, the human race will have made a great stride upward.



DISARMAMENT

THERE is a story told
In Eastern tents, when autumn nights grow cold,
And round the fire the Mongol shepherds sit
With grave responses listening unto it:
Once, on the errands of his mercy bent,
Buddha, the holy and benevolent,
Met a fell monster, huge and fierce of look,
Whose awful voice the hills and forests shook.
"O son of peace!" the giant cried, "thy fate
Is sealed at last, and love shall yield to hate."
The unarmed Buddha looking with no trace
Of fear or anger, in the monster's face,
In pity said, "Poor fiend, even thee I love."
Lo! as he spake the sky-tall terror sank
To hand-breadth size; the huge abhorrence shrank
Into the form and fashion of a dove;
And where the thunder of its rage was heard,
Circling above him sweetly sang the bird,
"Hate hath no harm for love," so rang the song;
"And peace unweaponed conquers every wrong!"

—*John Greenleaf Whittier*

—*American Quaker Poet (1807-1892)*

JESUS CHRIST

XIV

WHERE, think ye, that I AM? Yea, verily, I dwell in the Kingdom. But *where* is the Kingdom?

My word to you was that the Kingdom is within you, that it cometh not by observation, but by entering the closet of your soul and shutting the door to the outer world. There I come, if ye are ready, as Love, to lead you deeper within, where ye may find and know Me as I AM—as your Self, your One and Only Self, and where Love floods your consciousness.

When ye know Me there as I AM, and ye are abiding in Love in My Consciousness, then, beloved, ye are in the Kingdom, and ye can say and *know*, “I and my Father are One,” and “All that the Father hath is mine.”

But just *where* am I? Where *in consciousness* am I? Where is the Kingdom?

Yes, seemingly to your outer mind I AM deep within. But in reality I AM right here *in your consciousness*, I AM your consciousness, AM all that ye are! And remember, *all that ye are is consciousness*, and if I AM your consciousness, then ye and I are One, and all it needs is for your *mind* to realize and *know* this, and it will be so, and ye can truly say to your mind, “I AM you—but I Alone AM.”

Try, beloved, to realize the full import of this. The Kingdom and I, Jesus Christ, then are not far away—deep within; but are HERE and NOW, are all that ye are. Ye are then pure knowing, the knowing of Jesus Christ and of your Father in Heaven; for Their Consciousness is now your Consciousness.

Yea, and if ye can comprehend it, in this Consciousness there are not different identities, nor different Brothers in Christ, but all are ONE in Me; for then, like ye, *all are One Consciousness*, My Consciousness and My Father’s Consciousness—there is only Selfless, Impersonal Love, God’s Holy Spirit, which is the Life and continuous Expression of everyone abiding in Me—and *they* form the Kingdom of God!

I know this is hard for human minds to realize, for they can think and conceive only of separate selves, each having a body or form of some kind. But in the Kingdom, which is a consciousness of Pure Love, self and separation exist not—all are One in Christ and work as One, conceiving not each other as selves but as parts of their own consciousness, and receiving from such Consciousness all needed ideas as from their own consciousness.

This, of course, does not pertain to the heavens created by human minds and which exist in the mental realms of spirit, but only to those who have found Me and are abiding in Pure Love, One with Me in Christ; they alone are in the Kingdom, the City of the Living God, the heavenly Jerusalem, with its innumerable hosts of Angels, the General Assembly, the Church of the First Born, and the Spirits of Just Men made perfect—all of Whom are enrolled in and form the true Kingdom of Heaven.

This Message then is for you, My beloved, who have found Me and whom I have lifted into My Consciousness at times, when ye have been permitted to see with My eyes and to know with My understanding. Ye may then have been privileged to see back of the personalities the souls of your brothers, and if ye saw clearly a soul it can best be described as an individualized intelligence shining in the midst of the darkness of appearances. But your mind may have pictured it as a beautiful light or being, a glorified human; when, if ye can only know it, a soul as created, being a center of consciousness or spirit, has no form; being Pure Consciousness, My Consciousness, it is but a part of Myself.

This is hard to see, and in reply ye may say God created man's soul in His image and likeness or in the likeness of the Sons of God. But has any man in his separate mind ever seen God, or even a Son of God, his Higher Self, Who are Pure Spirit, centers of Divine Consciousness?

No, but in order the better to help some men to understand when I sought to teach them in their ignorance about Me and My Father, I within them caused their minds to picture Me or the Father as artists in the past have conceived Us to be, when being inspired with a realization of Our Presence as Divine Love.

So down through the ages men have pictured God and His Beloved Sons in *their* image and likeness as perfect *men*, mis-

interpreting Moses' description of creation and not comprehending their God is Pure Consciousness or Spirit and has no form, but far transcends all forms, and exists only as the One Consciousness in which all things live, move and have their being.

These My words are to assure the blessed ones who are fortunate enough to enter My Consciousness and become One with Me for the time being, and who do not see things, places or their Brothers in Spirit, that those things belong in much lower realms of consciousness—in the soul realms where disciples *are prepared for* the Christ or Kingdom Consciousness.

But know, nevertheless, that your Brothers in Spirit are very real Brothers, and are actually with you always, but *They are a part of your consciousness*, which is now My Consciousness.

Paul sought earnestly to have ye realize this when he said, "We have many members in one body, and all the members have not the same office; so we, who are many, are one body in Christ, and severally members one of another."

Again he said, "There is one body and one spirit"—meaning one consciousness, "one Lord, one God and Father of all, who is *over all, through all, and in all.*"

Being one body in Christ, meaning one consciousness in Me, or having My Consciousness, ye are not separate, but are part one of another; and all make up My Consciousness or Body, which then is your consciousness or body—for we are One, have always been One since the beginning, when I became the Light which lighted every man in the world.

Therefore, beloved, look not without to personalities or to separate selves for help or understanding, for Truth is not in them. Only by looking *within your own consciousness and seeing Me shining in the midst of your concept* of your Brother will ye ever truly see him. For *he and I are One*, even as ye and I are One, and all exist only in your consciousness, *which is all ye are and all there is.* That consciousness I AM, and I ALONE AM.

SPIRITUAL SIGHT AND HEARING

WHEN one begins to identify himself with the Mind of God, and to let the Holy Spirit take possession of him, he will begin to experience a transformation of his nature which will surprise even himself. He will begin to serve his fellowman, and to take joy in the success of others whom he would not have noticed before. He will even deny himself pleasures or luxuries so that others, not so fortunate, may have their necessities relieved. He will feel strange stirrings of pity and compassion for beasts, insects, and other creatures which he never felt before. He will, in time, suffer with those that suffer, and rejoice with those that are joyful, and he will do so through his newly awakened sympathy with all of God's creations of which he knows he is an infinitely small part.

As he goes on serving his fellow man, forgetting himself in loving service of the Christ, his intuition will develop so that he will know, without a reason for knowing, many things which are hidden from the five ordinary senses; he may begin to see shadowy forms near him, and to hear voices that are inaudible to the ordinary "avenues of knowledge." He will be like one who enters a strange garden, and he will have to learn to know and use the unaccustomed things that are then presented to him.

If he has trained himself to be so honest that he will even call back a street-car conductor who has forgotten to collect his fare, and if he has trained himself to be a careful and kindly observer of objects and people, these new senses will be as reliable as those he has always been using. To a most remarkable degree do the unseen forces about him reflect his own mental attitude to the rest of his world. The author of "Water Babies," understood all this when he had Tom visited by Mrs. "Do as You Would Be Done By," and Mrs. "Be-done-by-as-you-did." This sort of thing holds very true in the spiritual and mental world. Some people call it reaction.

A woman who had consecrated her life to the service of humanity, and who had worked for years ministering to the needs of the poor and friendless, had grown into the habit of listening for the appeals of those about her.

All her life she had had a great fear and hate of spiders. From her childhood, she had hunted them out and killed them, and the more she killed, the more they seemed to multiply wherever she lived. They seemed to drop from the air, and to scurry across her room whenever she was sitting quietly or with her friends. Spiders of all kinds and sizes, the poisonous and the non-poisonous kinds, were over-running her home. Of all God's creations they were the only ones she feared and hated. Even snakes and mice were looked upon with kindly compassion, but not so spiders.

One day she was working in her flower graden, forking up the stiff clay in which her roses were planted.. A jab of the fork loosed a huge clod of hard clay which fell over to one side against the fence. Letting it lie there, she kept on digging with her face close to the earth. As she did so, she became aware of a tiny voice, insistent but very faint, which seemed close by. It made her think of the fairy stories she had read when she was a child. Now she had at other times heard voices asking for help, but they had always been those of persons. Never did she imagine that she could hear an animal or an insect speak. She laid down her fork and listened. She looked about her. Nothing could be seen. She resumed her work, this time closer to the clod. The voice was louder. It was saying, "Take this off of me. I am hurt. Oh, help me, I suffer so!"

"Am I crazy?" said the woman. Am I imagining things? That voice comes from the clod." So saying, she turned the clod over. There lay a large brown spider, with one leg crushed. It scrambled to its feet and ran limping away. She let it go; it was the first spider she had ever spared. Much she marveled over the occurrence. By thought, prayer, and experiment, she finally solved the mystery.

In her own particular case, the spiritual perception of truth was being given her by means of illustrations of the things she had been accustomed to all her life. The Spirit always speaks to us in terms or symbols which we can best understand. Only in this way could she be brought to see her own cruelty. She ceased to kill the spiders, recognizing that they too were creatures or children of the All-Father. In a short time all the spiders had disappeared from her home. She has never been bothered with them since that day.

She reasoned, "If I can hear the spiritual cry of the spiders, they could hear my own mental attitude toward them." After that she commanded them not to annoy her on pain of punishment. She did this wholly by mental attitude. Sometimes she would find herself reasoning mentally with them. Not until she had left her home and resided in another for over two years, did the spiders return to it. The near presence of one is always felt with unerring precision.

She tried a different concentration on the kind of birds she loved. Going to her door, she would imitate their call and throw out crumbs, mentally inviting them to come and dine with her. Her yard is now always full of all kinds of birds. She has counted twelve different varieties in one day. They sit on the window ledge and peer in. They swing on the rose vines in front of her windows and look for her. A pigeon ran up to her one day and showed her its wounded wing, plainly begging by piteous cooing for help in its dire extremity.

She tried the same mental attitude on children. Before long dozens of them thronged around her wherever she went. Her appearance would be the signal for cheers and welcoming songs from all kinds of children. Other people obeyed her unconscious or consciously formed wishes rather than her words. Her attunement with Nature made her radiant, happy and greatly beloved. So great was her sympathetic attunement with people that she had only to think on any subject for a time, and it would become a subject of conversation among those around her. Their feelings and thoughts were hers, choosing the kind she liked, or mentally directed, but she did not try to control them. She had only to listen mentally to any person, and she knew his or her feelings on any subject, just as she had known the spider's. As long as she kept her own channels sweet and clean, there was no impediment between her and the mind of any one.

In time through prayer, her hearing and seeing in this spiritual way became an inner knowing, rather than an audible voice or an actual seeing. The seeing and the hearing always remained at her command, but she reserved them mostly for unusual occasions. No secret can be hidden from a heart and mind attuned to God; but every one and everything has a right to privacy. Only God can always look into the heart and mind of all Nature and make a sane, continuous, practical use of the knowledge thus obtained.—D. V. S.

A FRIENDLY FELLOW

HE MADE me ashamed. I sat with him for twenty minutes—and the longer I was with him the more ashamed of myself I became.

We talked about people. Or perhaps it would be more truthful to say that he talked and I listened.

He talked about a political boss we both knew. I'd always thought of that boss as an unscrupulous and dangerous fellow. But my friend gave me another picture of him. To him that boss was "a splendid chap"—generous, loyal and dependable—ready with time or money for any friend in need.

He mentioned an officeholder we both knew. I remembered what a petty grafter that officeholder used to be. He remembered our acquaintance as a man with the kindest of hearts.

And so he talked and in those twenty minutes he must have spoken of at least a dozen men or women. Each one he praised. If he could not say they were intelligent; he said they were kind. If he could not say they were kind, he said they were able.

Somehow he couldn't see a mean spot in any person he knew. He couldn't see a weakness, a blemish on any of them, anywhere. He saw only their *virtues*, their *good qualities*, the things about them *that made him love them* . . . He had in him none of that hunger for malicious gossip that is in so many of us. Friendliness was a food that was good enough for him. He had no need to spice his conversation with malice.

And that's why he made me ashamed. I tried to excuse myself by reflecting that he didn't see all around the people he knew. He saw only the shining side of the moon and knew nothing of the dark and dangerous valleys on the other side. He was a gullible child, said I, and that was all. . . . But my argument didn't work. I could not convince myself of that—because I knew in my heart that his way of looking at people is the *only right and wise way* and that when we take any other way we are but spiteful children betraying our own happiness.

Selected—from *The Messenger Magazine*.

AUTOMATIC WRITING

—THE GOOD SIDE

ABOUT thirty years ago, quite by accident and it was an accident, the beginning of a forest fire, which some of us were able to finish off before it got well started, brought me into touch with Mr. and Mrs. Drake. Mrs. Drake was Mrs. Maude Lord-Drake, the famous medium. She and Mr. Drake insisted upon our going to their place which was quite nearby and resting, and later on, persuaded us to stay to dinner.

At that time Mrs. Drake had been practically blind for years. One eye was entirely blind but the other could tell the difference between daylight and darkness. I took her to our own eye specialist and he said that her point of vision was so little that it could easily be covered by the fine point of a needle and so he would say she was entirely blind. But she could tell the difference between day and night.

Immediately upon shaking hands with me she inquired what was wrong with my Dad's leg, but Mr. Drake shook his head at me to say nothing. So Mrs. Drake went on to express her great pity for a man who was suffering the "tortures of the damned." (My Father had suffered from running sores, the result of an operation to remove varicose ulcers some 17 years before.) Finally, Mrs. Drake said that she could cure that leg—with three holes in it, one toward the ankle and two of them so far in that you could see the bone. I immediately said, "Well, if you could do that, it would be a miracle." And her reply was, "No, not a miracle, for it is according to God's Law; I am used merely as a channel for the healing." Then she went on to say, "You are the same sort of a healing center, and the time will come when you will do these same miracles, so-called."

Mrs. Drake was used as an instrument of healing, and in broad daylight, with all of us watching day after day, apparently condensed an ointment, smelling a rather weird tobacco-iodine odor, out of the air. There could not possibly have been any mistake about this, but I'll give no more details as I want to get to the automatic writing. But perhaps you would be interested to hear that her prediction of my being used as a healer has worked out, and perhaps the greatest "miracle" that occurred with me as the

channel was the restoration of sight to an elderly lady who had been blind for years. One is very grateful to be so used.

During our daily visits with Mrs. Drake, she finally said that I had the gift of automatic writing and to make use of it, and then she and Mr. Drake in about these words said:

“In sitting for anything of this sort, be sure always to pray; send your most earnest thoughts and wishes and hopes direct to God Himself, that He may keep you pure and good and ever in earnest in following spiritual values. Put time and attention into those prayers so as to clear the passageway for any demonstration. Then ask, if it be His will, that such a manifestation may occur. It is necessary that you keep yourself as nearly pure and holy as you can and see that you are as careful about the Truth as you know how to be. If you close all those avenues, no entity can approach too closely who might not be worth while. The vibrations of goodness and truth you work into yourself and then throw forth act as a barrier to keep undesirable entities away from you.

“Then, when you get your writing, be sure and ‘Test the spirits,’ as the Bible says. Simply because of the phenomena do not accept it as being worthwhile unless Common Sense approves it. Be constantly on your guard, for your job is after all to develop your own spiritual possibilities.”

Mr. Drake also told me to “Read *aloud* anything that is written, and if anything comes that you know positively is untruth, immediately disclaim it as such and demand the Truth and nothing but the Truth.”

For the most part the one who writes is always the same one. I was told from the start, “We are permitted to impress you with what seems best,—that is, we can send the thought to you, but not with much force, nor can we dwell upon it hypnotically. You, too, ‘Must work out your own salvation,’ and we dare not interfere with that. We are not with you for material benefits, nor to attempt to answer material questions, which we will not do. That would be to make you depend upon us and that must not be. You must cultivate your own spirit—that is your job in your present condition, fully as much as it is ours to do the same thing on what may be a slightly higher rung of the ladder. But too much help is weakening, so you must do your own thinking always.”

All through the years what I have received has been of the plus quality always—always inspirational and encouraging me to keep plugging to get closer to my own spirit. So, when I read of how others have had such a bad time, I'm sorry of course, but can hardly understand why they've failed. —R. J. E.

THE SECOND DEATH

HE THAT *overcometh shall inherit all things, and I will be his God, and he shall be my son.*

"But the fearful, and unbelieving, and the abominable, and whoremongers, and sorcerers, and idolaters, and all liars, shall have their part in the lake which burneth with fire and brimstone; which is the second death."—Rev. 21:7-8.

HE WHO is possessed by the spirit of fearfulness, the spirit of unbelief, an abominable spirit, the spirit of murder, spirit of adultery, spirit of witch-craft, spirit of idol-worship, lying spirit—either in part or severally, such a one will naturally be removed from the earth-plane.

There being no resurrection from the second death, then naturally one possessed by any of the spiritual conditions above mentioned, when removed from the earth-plane, would pass into the second death. One moved by any of these spiritual conditions (forces) is *already* dead, and is being continually consumed by fire and brimstone, while seeming to be alive to natural eyes; the sentence of death is upon such a one. Finally that one passes into the grave (second death), from which for him there is no resurrection.

We that know the TRUTH, know that there is no resurrection in this age for one who goes to such a grave. In fact, ever since the Lord Jesus ascended and became ONE SPIRIT with the Father, there has been no resurrection outside of HIM. HE is the Resurrection and the LIFE.

Unless the Spirit of Jesus controls a man, then we will find either one or several of the spiritual conditions mentioned above controlling him.

Any one of the above mentioned spiritual forces will send him to the second death. (Dust he was and to dust he returneth).

But—the HOUSE that the Lord builds today shall exist forever. —S. T. N.

GOLDEN RULE CLUBS FOR CHILDREN

BELOW are copies of letters that should be very helpful to parents who are interested in the WAY OUT COURSE for children. The first one is to the Author of the Course, and the second is part of her reply. The third is the reply to the letter printed in the May issue under the title, "Spiritual Help for children."

DEAR Friend:

I was much interested in your "*The Love Fairy's Magic Fingers*," and have thought about it a great deal. I had wished that I might write you, and then came your answer to a letter in the May Magazine and I knew now I might write.

This is my problem. I have had almost the entire care of Nancy, my little granddaughter, four years old last April. She undoubtedly is an old soul, she turns to me for every thing. I live with my daughter; neither she nor her husband are interested in Spiritual things, but Nancy seems hungry for them and is very responsive, is very bright for her age, learns easily and remembers well.

Now it seems as if I am called upon to look out for her spiritual welfare, or rather that I am to be the channel used, for I know that I of myself can do nothing. I have been studying *The Sun Teachings* for only about a year, am taking the Correspondence Course, THE WAY OUT. After five lessons I wanted to take at least five weeks to review them as there was so much in them to ponder over and to put into practice. I have the four bound volumes of the Magazine; have given myself fully to Him to be used in His service as He sees fit. My only desire is to be used in any way possible in helping to bring His Kingdom on earth, and your story and May article have been a real inspiration to me.

In our neighborhood we have about twenty children, Catholic and Protestants. The language, the screaming, the quarreling, etc., can be imagined. Nancy was getting to use slang constantly, and something had to be done. The thought came, grew and developed into a Club, to which I invited the children, and in which I talk to them, trying to instill some of the nicer and higher

things into their little minds. Instead of using slang they now say the password, "I Do." It's a "Do unto others Club"—The Golden Rule. In one week's time much has been accomplished. Now I would like to have this be a real lasting help in their lives, and I wondered what you would think of the idea and if you could give me some suggestions to use. The children are so interested. One boy of thirteen said he had wanted to move some place else, but not now. It seems as if it would be a fine thing to start similar Clubs all over the country. It will take time, thought, interest, patience, etc., but I love children and they love me, and nothing is too much to do to get them to know the truth about themselves and about God, and I want to know just how to teach Nancy. I will be most grateful for any ideas you can give me.

I do most of the work for my daughter and it is not always possible to be alone at noon, but I do the best I can, KNOWING that soon I will be able to observe the Noonday Silence as I wish. Would like to know just how you and your little girl observe it, also how you make your little girl feel "at one" with life. Nancy has a wonderful imagination. She clings to me and is so loving. We have such a time making her mind, and she does not want to eat. Her mother is inclined to tell her to do something but fails to see that she does it. She is more a plaything to her parents, to be enjoyed when they feel like it; so she is with me almost constantly. Have tried to tell you the things that would help you to answer this letter.

When Nancy is finished with her prayers at night she always adds her own ideas, "Dear God; Nancy, Nana, Mummie, Daddy and *everybody* (much emphasized) loves You." After the flood she said every night, "Dear God, take all the people without a home into your Auto and take them home and take care of them."

Anther thing, the mothers of these children, sixteen members now, thoroughly approve of the Club. I shall be so grateful for any help you can give me.

—J. B. E.

DEAR Friend:

You are most certainly being led by your Higher Self in the wonderful work you are starting for children. It has long been a

cherished ideal with the writer to see JUNIOR Sun Center Groups all over the country, helping to guide young plastic minds into the Truth about the laws governing life and earthly manifestation.

Since whatsoever these youngsters think or hold in consciousness as being so must outmanifest for them, then whatever change you can lead them to make in their beliefs will actually *change the course of their entire lives!* And how much more readily does the simple child mind respond to Truth than does the set, cluttered, adult mind! Children adore Clubs and meetings and thru them untold Good can be accomplished.

The Sun Center is preparing to try out a new series of lesson-stories written especially for children, called THE CHILD'S WAY OUT COURSE, which you probably have noted in THE INNER LIFE Magazine. This Course, with its questions, would seem well adapted to the work you are doing, and I would suggest that you try it not only with Nancy, but also with the group of children you are helping. We would appreciate any comments, suggestions, or ideas which you could supply, after noting the reactions of the children to this first lesson, which is designed to answer a similar purpose to the definitions in the front of *The Way Out* booklet, as well as to help rid the child of the idea that he is merely a body.

Answering your question as to how to go about the Noon Meditation period with your four-year-old granddaughter Nancy, you could ask her whether she would like to come with you to find God's Light (or whatever other approach you, from your experience with her, would care to use). Then either hold her on your lap, or close beside you, and in simple words talk to her as the Sun Center talks to us thru the front and back covers of the magazine. For instance one can quietly talk somewhat as follows (using different words and illustrations according to how one is impressed to do at the time from WITHIN).

“Now let's shut our eyes and be *real* quiet, and see if we can feel God's beautiful Love-Light all around us, in everything—just filling this room full. Tell me when you can feel it. . . . Now let's breathe it way inside of us, deep within to where God's Love-Light is *in US*. (Taking several deep, long breaths). Do you feel it way inside of you growing bigger and bigger? Do you feel it going all thru you into every little cell of your body, mak-

ing them so happy and full of life?—Do you feel it in your toes, your legs, arms, heart, head—everywhere? Do you feel it getting so big and beautiful that it is pouring right out of you? Fine! So do I!

“Now let’s pour our Light out to everyone who might need it. There! Do you feel it shining way far out? So do I! Do you want to send it to (name a playmate) in (town or street of residence) to make her happy too? All right, we will send it to in (*child’s selection*). Do you feel this Love-Light going right into her house? See, it is shining right on her.

“Dianne (speaking to the one chosen), open up your heart and let in God’s Light. Be quiet a moment so you can feel it, Dianne. There!” Look how bright *her* Light is now getting. Our Light is shining on her’s and helping It to grow bigger and brighter! See how it is shining thru her eyes? She likes it and is happy,” etc.

This is a sample of how Colombe and I go about the noon period, which can be done at other times of the day if a noon meditation seems to be impossible. Often Colombe tells the ones contacted to “be quiet and open up your heart,” and is very interested and impressed. I never do more than *invite* her, treating this period as a rare privilege. The main object is to get oneself and the child into the proper attitude, then “let go” and allow the Higher Self of both to take charge.

With a child as imaginative as Nancy, wonderful things can be accomplished. After she becomes accustomed to sending forth her Light to various people and places, she can start sending it to trees, flowers, birds, animals, etc., “to make them happy, too.” Go with her in spirit to the top of the trees, allowing her to “take with her” the souls of her playmates or friends (they needn’t necessarily know of it, however). “Show” her the nests with their eggs, etc., explaining about how the mother guards and tends them, etc. It will surprise you how easily she will soon actually be in the treetops, and the things she will tell you about them, especially if you can enter strongly into the feeling of being there yourself. Tell her how the bird-soul is talking to her, and what it is saying, making her feel a love and friendship for the little thing.

This can be done with everything—grass, plants, etc., and later even the sky, stars, sun, and moon can be visited, with their accompanying opportunities for explanations and for answering questions asked by the child, often leading into wonderful revelations to both.

However, I caution you to do any of these things *only as you feel urged from WITHIN*, as a child can so quickly detect insincerity. You must be actually able to go in spirit yourself and to truly FEEL and BE there *in consciousness*, before attempting to take along the child. Allow Nancy to take the lead as much as possible in these at-one-ment periods, and you will be delighted at her increased feelings of love and at-one-ment with all life, and with the much greater attunement, love, and understanding growing between you and her.

You mention that Nancy shows a disinclination toward eating. This condition is very often the result of too much concern being shown by those in charge about the child's appetite, and can usually be corrected by a complete disinterest in whether or not the child eats—quietly placing a small portion of food before her (reserving the desert for a treat, when and if she finishes the main course), allowing so much time—and no longer—for consuming it; and then quietly and unemotionally clearing it away when the allotted time is up, despite any coaxing or pleading by the child. Needless to say, nothing further should be given until the next meal—not even an apple, cracker, or cookie—and no candy whatsoever until full meals are eaten with relish. This of course requires much firmness and will-power on the part of the parent, and is a good test of the amount of self-control and self-discipline acquired by a *Way Out* student.

You also say that Nancy doesn't mind well, due to a lack of firmness on the part of her parents. You fail to mention, however, whether or not Nancy minds *you*. Now my experience has been that the very most important item entering into any relationship with a child (or anyone else) is *one's own attitude* toward it. And that is why I so strongly recommend a sincere study and application of *The Way Out Correspondence Course* for all parents or those dealing with young children who truly have the child's best interest at heart.

I am happy to note that you are already enrolled in this Course, and assure you that you will find, as you proceed in truly applying these teachings, an entire change taking place in your attitude, not only toward the child, but also toward everyone and everything. You will gradually be able to see straight into the beautiful soul of a person, condition, or thing, right past the distorted and false *appearance* hiding it, and be able to talk, think, and act in direct harmony with this Soul-part.

Your thoughts and feelings, through this rigid *Way Out* training, will have become so concentrated and powerful that they will dissipate entirely the false appearances caused by past untrue thoughts on the part of less disciplined minds. This applies especially to children, whose minds are so very open and receptive, and who respond so readily to Love and Truth.

To help attain to this right attitude toward Nancy or anyone else, try the following: During any of your meditation periods, but best of all during the noon periods, after stilling the outer mind and entering into the Love-Light Consciousness, direct it straight to Nancy. In your consciousness feel yourself merging with her; realize her as a brilliantly shining Light growing larger and brighter as you direct *your* Christ-Light upon It, until you see It radiating forth from her, flooding her being and shining thru her eyes. After such meditation try to hold this feeling and picture. Then actually SEE her all shining, beautiful, and perfect, and talk to and act toward her in such consciousness. It will then be your Higher Self talking to her Higher Self, and you cannot help saying and doing the correct things, nor can she help responding to such Love. A constant application of this *Way Out* teaching will soon solve both of your problems—of eating, and of her refusal to mind.

You are certainly to be commended for interesting yourself in such a wonderful field of service, and I am sure that it will eventually lead to great things for yourself and for those you are helping. Don't hesitate to write me concerning any further information you may need, or regarding any points or methods suggested which are not yet quite clear to you. I know that you will find real happiness in this service, to which you have given yourself.

DEAR Friend:

I received your very helpful letter of April 16, and have delayed answering it because I wanted to thoroughly test the lesson you sent. It is indeed a splendid lesson, and the story helped so much to make it much easier to grasp.

If you intend to make the lessons available to those who are interested, then I, for one, should like to have them for Daniel. I believe you have the very thing for children which I have tried so hard to find.

All of your letter was very helpful, and for several days now Daniel has dropped what he was doing at noon and came in to meditate with me, without being asked. Daily he has sent his love to Colombe, and often spends his whole nap period "visiting" her, talking to her as though he were present with her. He seems to understand so well that the personal presence is not necessary to enjoy the companionship of one he loves.

Daniel has playmates and enjoys them too, but just a few days ago he surprised me by coming in to tell me that "I like kids to play with, but I don't have to depend on them to make me happy, on account of God is always in me and around me so I can't get lonesome." He says God gives him joy and so many ideas, that how could he get lonely?

I believe this came to him because of so many disappointments in his playmates. Daniel is a very loyal soul and is so careful and considerate of people's feelings, so when he sees children being rude or mean to one another, he sometimes broods over it, even though it doesn't concern him.

Upon your suggestion, I have applied for *The Way Out Correspondence Course*, hoping that it will enable me to receive the inspiration of the Spirit as it has for so many others.

WE ARE pleased to report that we have received enough happy requests from parents to warrant our printing *The Way Out Lessons* for children in the Magazine. So Lesson number two will appear in the next issue. This next Lesson

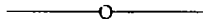
will prove a real treat for both children and parents, and we feel these Lessons will be most welcome and helpful.

The above letters are published first to show the great possibilities of this Study Course for children, and what it will mean not only for one's own children but for their playmates in the neighborhood. The Club idea especially should appeal, and we urge any mother seeking some way to serve to call a few of her child's playmates together and to suggest forming a Club to them, explaining about the Lessons, even reading them the first one, and one of our Fairy Stories.

If such puts her heart into it, she will be very happy at the children's delight and approval. It will take a little study and effort, but is any trouble too great to take for the child's spiritual welfare—to build into their little mind's so early a true understanding of life that will influence and help them ever afterwards?

The author of the Lessons and the writer of the second letter above will be glad to answer any letters from mothers equally interested in their children's spiritual welfare. They can write Mrs. Carol Snyder, care Sun Publishing Co., Akron, Ohio, and their letters will be forwarded her.

You will be pleased to learn that "*The Love Fairy's Magic Fingers*" is now available in booklet form for reading and study in such a Club. Price only 27c postpaid.



ALONE—WITH THEE!

A GAIN the quiet hours are here; earth sleeps. And I may enter deep within where Thou hast ever waited my awakening. Why did I sleep so long through wasted years?

And comes again the thought—of how alone are we who seek to grow more conscious of the Light. Alone upon the earth, but ever near that Great Unnumbered Host Invisible! Alone, yet where Thou art I need none else. Thou 'rt all to me—my Joy, my Peace, my Love!

Teach me, Beloved, use these hands and feet, this mind and all, to do Thy Holy Will. Thou art the Doer, the Healer, Teacher, King, Who rules by Love and brings to earth Thy Peace!

—R. C. F.

I KNOW—I AM—GOD

FROM a student comes the following change of the words in chapter "Finding Me," pages 150-1, of *The Impersonal Life*; stating that speaking them in the consciousness indicated she has been greatly helped, and she hopes that it may help others.—THE EDITOR.

BELOVED Father, I acknowledge Your loving Words of Instruction, and I know them to be Truth.

I *know* I AM—YOU, God. For I AM YOU! YOU are ALL that I AM!

I know YOU are my Life; I know all Wisdom, Love and Power abides in this Life; that It is flowing through me at all times, freely flowing through my entire being.

YOU are my Life! YOU are my Intelligence! YOU are my Power! You are all the Life, Intelligence and Power that is in all substance—in the cells of my body, and in the cells of all mineral, vegetable and animal matter; in fire, water, air; in Sun, Moon and Stars. YOU, GOD, are all that in me and in them IS!

Their Consciousness is one with my consciousness; all is my consciousness, because Your Consciousness—the One and Only Consciousness—is mine. Through the One Consciousness in all, all that they have or are is mine—for the asking.

I now speak to them IN YOUR NAME, I speak in the Consciousness of my Oneness with YOU. I speak in the Consciousness of YOUR POWER *in me* and YOUR INTELLIGENCE *in them*. I speak—I command what I will in this Consciousness, and the Universe rushes to obey!

I rise up and I accept NOW my divine heritage!

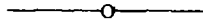
I open wide my soul, my mind, my body, and breathe in YOUR Breath of Life! I KNOW that YOU, my Father, are filling me full to overflowing with YOUR Divine Power, and that every fibre, every nerve, every cell, every atom of my being is now consciously alive with YOU! alive with YOUR Health, YOUR Strength, YOUR Intelligence, YOUR Being!

For YOU ARE All I AM—we are NOT separate. We could not possibly be separate, for YOU are Myself—My REAL SELF,

My REAL LIFE,—YOU are manifesting YOUR LIFE and all YOUR Powers in Me NOW!

I AM now fully awake! I rise up and assert My Sovereignty! I KNOW Myself and My Powers! I KNOW that all YOU have is Mine! I KNOW that Your Omnipotent Life is flowing through Me, and I can take of it and build of It what I will; that It will manifest for Me as Health, Power, Prosperity, Union, Happiness, Peace—anything that I command.

I SEE it! I THINK it! I KNOW it! With all the positive-ness at My command, I now speak the Creative Word, and It will not return to Me void!



GIVING

THE WAY to be happy is the way to be good,
For the two go hand in hand;
We cannot receive if we do not give,
For giving is God's command.

The river gives to the earth its life,
And the earth brings forth the seed;
The sower reaps the harvest bright,
That gives us what we need.

The mountains give their wealth of gold,
And the valleys give even more,
In fruits, and flowers, and running brooks,
From Nature's exhaustless store.

Good thoughts are gifts we all can give,
And they soothe like the morning dew;
They banish the wrong that makes us ill
And change the false to true.

—By Alice Thews,—from *Immortality Now*.

THE IMPERSONAL WORK

IN THIS Department will be included teachings and truths for more advanced students, especially for those who have received the monthly lessons in the sixty-five issued Papers.

Some of our readers perhaps may not be able to grasp these truths, but we urge if so that they reserve them for future study and consideration, as they will contain matter of vital moment to the soul, when it is grown ready to receive and use it as intended.

SOUL WORKERS

LAST month we spoke of an *Inner Group* gradually coming into evidence, forming itself out of the list of several hundred earnest ones who responded to a call for Inner Workers two years ago.

We indicated that the members of this *Inner Group* are not being chosen by us or by any other outer organization or individuals, but nevertheless they are showing definite evidence of being a part of such a Group.

But we do not refer to them as being a part of any of the Brotherhoods or Orders in the spiritual realms of being which many have contacted in their inner experiences. There are indeed such Brotherhoods and Orders, and every awakened soul sooner or later finds himself in one of such, according to his degree of spiritual unfoldment.

We speak of *souls*, however, not of human beings, for all but a few of such are totally unaware in their outer minds of any such connection. The fact is, their spiritual development is indicated by the nature of the Order or Brotherhood in which they find themselves at the time, and these Brotherhoods are the agencies used by the Sons of God for the preparing of *souls* for discipleship; even as the outer Orders, consisting of such organizations as the Churches, Christian Science, Spiritualism, Unity, New Thought, Theosophy, Rosicrucianism, etc., indicate the state of development of the outer man and are used in their respective degrees to prepare the *mind* for discipleship.

In all of these organizations the outer man is taught, trained and disciplined according to his capacity to receive and under-

stand *inner* guidance, which in the first named or lower Orders is very limited, and increases in each succeeding Order in which he finds himself, such as when he "grows out of" the orthodox church, of Christian Science, of Spiritualism, etc., as one does in time—if not in this lifetime in a later one.

Remember, this occurs simultaneously in the inner and outer realms; in the inner the soul becomes a member of an inner Order or Brotherhood that is reflected in the outer by one of the Churches, Movements, Organizations, Isms, Cults or Fraternities into which the outer man is led and joins himself.

Of course many souls—the vast majority—have not grown to the stage where they respond to and are as yet susceptible to what is called spiritual guidance, but who are nevertheless inspired and directed by their Higher Selves in their mental and moral unfoldment, which is reflected in their outer lives by their tastes, inclinations and desires and their resulting activities, conditions and environments.

But this is just preliminary and to show you what this Inner Group *is not*, that it is different from and serves in a different way and from a different consciousness than that of the various Brotherhoods above mentioned; yet it is a consciousness that is largely responsible for the activities of that larger Group of Servers we have called herein Inner Workers, because the members of this Inner Group are pure channels through which the Light of the Christ Love continually pours and influences all they contact, and such are found among the Workers in this larger Group and often inspire much that they do.

As indicated last month the Impersonal Teachings are not for the many, but only for the few who came here to serve the Christ, and are to recall all such to the purpose of their being here at this time; that they came "to help usher in the New Age and to become conscious workers in it, serving under the direction of the Great Brotherhood of Christ in the guidance, development and upliftment of humanity."

Therefore while there are many who at first recognize the purity of its teachings and are inwardly drawn to them, yet not having grown to the stage where they are making the finding of the Kingdom *first*—which means the serving of the Christ *within* first—in their lives, they are soon attracted elsewhere by alluring

promises of quicker and easier attainment, because of their not being able to understand, or they are not willing to study and conscientiously apply, the deep inner truths with which the Impersonal Teachings are filled.

In these Teachings are shown most clearly *the Way to the Kingdom*. No one, no matter what previous studies have been made, cannot but agree with this; but it is also seen that the way shown is not for the faint-hearted nor for those unwilling to do the studying and meditating necessary and to strive unceasingly to master every fault and weakness of the lower nature that stand in the way. The Impersonal Teachings are far from being just a course of lessons, as some think, but are part of a Work, a work of preparing as many human channels as possible for the Master's use. And by the Master, we mean the Master *within*, even the Christ, the only Teacher and the only Authority for such.

Please note carefully this distinction, for in it lies the great difference between the *Impersonal Work* and all Movements looking to outer or other Masters and Teachers for guidance and instruction, no matter who are such, and not excepting the "Master Jesus," whom some look upon as a Master like other Masters. It is such who are drawn into the various Schools, Brotherhoods or Orders in the inner realms and into various Occult Movements in the outer, and from which they will gain the intellectual understanding that will prepare them for the true Spiritual awakening that awaits.

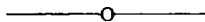
Yes, we know that some who read will rebel and deny that they are not Spiritually awakened and are not receiving Spiritual instructions now in such Occult Movements. But such we urge to read carefully the "Jesus Christ" Message in this issue, and the first half of page 856 and all of the article "I, the Lord Self," pages 858-60, in the June issue. It will give them a glimpse of what we mean.

This article is to impress upon all readers the importance of *The Impersonal Work* and the goal for its students. Many who read will recognize this importance and will gratefully accept every word as truth, and they will strive faithfully to make themselves worthy and well qualified, in order as quickly as possible to reach the goal—which is the Kingdom of Heaven, our Father's and the Christ Consciousness.

In other words, we recognize all other Movements, Organizations, Churches, etc. and their teachings as necessary and helpful for those souls who are now in them, for they were led to them by their Higher Selves for the understanding that could be given only in such experience. But when that understanding is gained they are then open and able to receive the higher and fuller understanding their Higher Selves intend for them and that can be given only in the schooling received in the next organization into which they will be led. Of course all the understanding coming from these experiences is not necessarily gained from the actual teachings of the said movements, but often instead more is gained from what they fail to teach and practice and from the disillusionment that follows.

Every Movement and Organization is inspired by Those Who are in charge of the unfoldment and development of man's understanding of the true meaning of human expression. That cannot be fully gained until man's mind becomes aware of his own Divine Self as the One Teacher and Authority, and then surrenders his consciousness and will to that Self. With such awareness and surrender there takes place a transferrance of the center of consciousness from the mind to the soul, or the return of the Prodigal to the Father's Home. This return is fully taught and its accomplishment is the chief aim of *The Impersonal Work* for every student who will stay with the Teachings until the goal is reached.

As the illumined one in the June issue states, "*Only those who are of the First Born stay with the Sun Teachings until they are prepared for the Heavenly Honor of possessing a Medallion which admits them into the Order of the First Born—the ELECT.*" And it is those alone who reach their Heavenly Home in the New Jerusalem, and who are the ones of that *Inner Group* who, one by one, are making themselves known to us and to their Brothers who belong in and are preparing their outer minds to become conscious members of the Church of the First Born.



ANOTHER DEAR ONE HAS COME HOME

MY Beloved Brother,

This is to be a very different letter from the last one, where

Ruby came begging for *more* help, when for four years You have poured out an ocean of Love and Teaching! How ashamed of her I was, for that, and for letting You see her so! It seems that she needed just this mortification to make her try harder to be worthy of the Glory that is, and is to be.

I have told her that she cannot lean on You any longer—she now must use what she has (and how much that is!) and must follow Me (Who am One with You anyway), and by her own efforts must earn the Reward. I keep her almost constantly in My consciousness now, and twice she has been privileged to see Me, even though dimly—since the last letter.

Once she stood by a window wondering about an old dream of the torrent, and over it the Star which fell and turned into a Man in White carrying a Child. And just recently she saw Him again, and coming toward her across the water, alone. He came close to her left side and answered her thought, “Where is the Babe?” with, “The Babe was you.” And then He came nearer and nearer, as He had done before, and then he merged into her and there was but One.

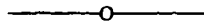
One night she entered the Inner Room—all purple and gold and white. She thinks that lovely Place must have something to do with the High Priest and the Gold and White Altar. And she will know it some day. She does know what the Sun Center is, and there in the very Heart of God is the Order of Melchizedek and the High Priest and the Wonderful Ones. And she dares to know that she is a potential Member of that ORDER—knows and rejoices, and is so unspeakably thankful—so full of Joy she has no words to tell it!

Well—as she entered the Room and saw her Angels still kneeling there, and looked to see Christ Jesus as usual, even tho she knew He was within and surrounding herself, she saw she was again the Beloved, and as she waited, she grew and grew and grew until within her was the whole Universe. Now I have told her of this truth so many times—will she grasp it this time and hold on to it?

She has promised Me that she will be unafraid to claim her Inheritance—to know at all times she is only I, and that the words she has spoken and loved so many, many times are every one true. And she is praying night and day to be able to stay

here within with Me—for she cares for nothing else in all the world but Me, and to please Me. When self is entirely out of the way, and she tosses it aside as a worn-out garment, and makes diamond dust of all her cells, then——!

My Love goes before her everywhere—everything is made so easy, and she says and does surprising things—for I make her do it. Yes, many times have I used her, and she loves to do My work, and asks nothing else, but the ability to do it well.



YOUR PLACE IN THE SUN

HAVE you prepared your Book of Life, dear one? Is it finished? There is little time left now for its completion.

Of course many have been preparing their Book these many years, for each of the Elect have a Book which he or she will carry when going into the presence of the Priest of the **MOST HIGH**.

The Monitor within will permit me to tell but very little about the Book. He wishes each one to have the supreme joy of its discovery . . . But I can say that it is bright and round like the Sun, and the pages are of living, breathing beings.

In my own Book are many wonderful pages—each complete in its individual perfection. Every little while I add another page, and last month was added a **GODDESS!** Oh, She is so dazzling that I must hide my eyes.

On one page is a **NUN**—a Sister of Mercy. She continually prays for the world: On another page a Lord looks out at me, and He speaks the Words of Jesus: On another page is the Great Angel—the Initiator;

Then there is **GOD!**

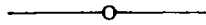
To behold Him is agony indeed. But I venture it a few seconds. I can see only a small part of Him, the Light is so blinding. Down near the feet is a part something like human. And far out around Him the Light is Golden.

Now on the last page that I am adding to my Book is a lonely, foresaken little girl—she is unconscious and dying, and I love

her, O so dearly. I could not love her much before she became unconscious, for she would have mis-used My love for self-pity. But now I love her and make her dying easy—then she will be no more. And where she stood a Princess will take her Place In The Sun.

Each kind and good thought is material and some time they will be gathered into a wonderful vision outmanifest, just as your Soul wishes you to see it.

Oh, is not your Father good to give you the power and freedom to create without limit or hindrance? And when your Book is finished, you can lay it upon the White and Gold Altar, and you can take YOUR PLACE IN THE SUN.



THE SOUL

EACH time I meditate on the Soul there comes back to memory an experience I had many years ago and which I think is a wonderful illustration of what is the Soul.

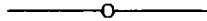
At that time I had been very ill and my recovery was very slow, and so we moved to a nearby hillside town in the hope that life in the open would restore my health. It was here that I met my first Spiritual Teacher. I had never heard of metaphysics and did not know what Truth meant, but the instruction she gave me fell like “drenching rains on parched ground.”

One evening I felt very ill I was all alone in the house; the tortures of mind and body and the lonesomeness were such that I thought I could bear it no longer. I prayed fervently, asking the Father for help, and wished the Teacher would come and pray with me as she had done before. A deep prayer it must have been—for after awhile the door opened and in came the Teacher. And this is the story:

She had left home to spend the evening with a friend; on her way home she came to a part of the road that was thickly wooded, and there in the darkness under the trees stood a beautiful Being clothed in flowing white robes. Drawing closer, she saw it was I—looking at her with pensive eyes. She understood the message, and came to see me.

And so my Inner Self, my Soul, had gone forth to summon the help I needed.

Here is something else. On March 24th, after midnight, I was awakened out of a deep sleep. There was music in the air, music of indescribable beauty—like thousands of church bells ringing out into the Universe, an immense symphony of Joy and Peace. I felt distinctly it was Easter music out of the Celestial festivities of the Great White Hosts. It was a glimpse of Heaven.



HELPERS IN SPIRIT EVER AVAILABLE

IT MIGHT interest you to know of an experience I had in trying to heal myself. I ate a certain food, and while eating it I suppose I had some fear, as I thought of once before that kind of food had made me sick; but I thought this time it would not hurt me. Nevertheless, about three hours later I began to suffer intense pain in my stomach. The pain kept growing more and more severe.

I tried to call forth the power from within which I thought would relieve the pain, but it had no effect this time. Then I tried taking my mind off of it and thinking of something else; but there seemed nothing else to think about. The pain was so great that perspiration broke out over the entire body. I thought if I could get up strength enough to vomit I would get relief, but almost never have I been able to vomit, as the muscles of my stomach never seemed strong enough for that.

The pain was something terrible by this time. Then I thought, this is the way so many people pass out with Indigestion. I then let go and said, "Father, you take care of it." After saying that somehow I became perfectly calm and had no more fear. My next thought was to ask help from the Brothers in Spirit, which I did by mentally asking Them to come near and give me of Their strength.

Immediately I was able to vomit easily and freely, emptying the stomach entirely. In a few moments I was perfectly well again, and never felt any after-effects from it.

I was very grateful for this experience, as it convinced me that They are always near and ready to help in time of need. It seemed that I had first to turn my attention to Them and ask for the help needed. "*Ask and ye shall receive.*"

THE INTERPRETER'S HOUSE

IN THIS Department will be given interpretations of dreams and visions of those needing to know their inner meaning. We reserve for it only those of special interest and helpfulness.

THE WORTHY AND ACCEPTED ONES

LAST night I had a wonderful dream. I was with two young souls. There was a perfect radiation of Love. We were anxiously waiting for the Master, as if expecting a close and dearly loved friend. It was near the front of our home. Then to our delight we saw the familiar figure coming toward us; He greeted us as dear, loving friends, placed His arms around us, spoke so quietly, sweetly and cultured, His voice soft and deep, and His face—I have never seen such a glorious face ever!

Oh, the joy, the happiness—we were drinking it in; He just poured out upon us His Love and talked so kindly to us. He led us down the path at the side of our house to the pretty garden at the back, then bade us farewell—and I awakened. It was the most harmonious and beautiful influence I have ever experienced.

We rejoice with you at the wonderful vision or dream permitted you, for we know that it means that He has chosen and accepted you as His own. Truly are you now His friend. The happiness that you felt must have been beyond human understanding, and we know that the memory of it will remain with and influence you always.

THE REAL SELF

IHAD a vision of a great rock at the base of a mountain. As I stood looking at it, it opened in one place and through that opening I saw the most beautiful being, a girl about twenty years of age, in white raiment like silver or quicksilver—it was all living light. She had pale primrose yellow curls like a crown around her head. It seems I was able to push the pieces of rock that fitted in the hole back in place, and I hammered them home. Then I saw my own old hard face carved in the great rock where had been the opening. A friend told me I had seen my other self.

Your vision of the beautiful girl that shone out of the opening in the rock was indeed a vision of your Divine Self, and was undoubtedly permitted you in order that you might realize that this outer self is not you, and if you do not like your old self, that wonderful one you were permitted to see for a moment was your Real Self, and was waiting for you to let it out of the hard, rocky nature in which you were keeping it confined. The fact that you, yourself, hammered the rock back into place, shutting out that vision, is evidence of this, and that some day you will have to free that Self; for it cannot longer be hid and will insist upon coming forth, because of the Truth you are learning.

If you wish it to come out and will meditate upon that glorious vision and invite it to come forth and flood your consciousness as it did in that vision, you will find that many more wonderful truths will unfold to you, and the old hard face will change, as will your whole life and nature.

AUTOMATIC WRITING

I HAVE been interested in what you say of the "White Light," for in 1925 I received an unusual awakening. As I was playing the piano my father's face appeared in a sparkling orange golden cloud—he was smiling. I was much surprised, and pleased, but somewhat startled. The next day I had the feeling I must write—not a letter exactly, but just write. So I sat at my desk and wrote, "We come to you because we see your 'white light'." This was signed by a name I did not know, an oriental name. After that each morning when things were quiet I sat at my desk, and received much information, many, many symbols and drawings.

My only sister and a twin passed away in March 1931, and in exactly ninety days my husband also passed away. That Fall I was sitting in my room trying to figure it all out and I kept looking at myself in a mirror across the room. All at once in the mirror I saw myself in a clear oval ball of light leave my body and float beside the body in the chair. It was I! And there in the mirror, while I watched, I saw myself sitting in the chair, and BESIDE ME WAS MY DOUBLE! Please believe me I am supposed to be very normal.

After I had watched this until it faded I felt the desire to write, so I arranged some paper and a number of pencils. It was then 10 P. M. At 4:30 A. M. I realized I had been writing all night. I had been given a lot of symbols and was told that I was a part of a glorious inner organization. I was so surprised I could hardly believe it was intended for me. I was not tired, as I remember it.

I haven't written much since then, for I told some friends about it and they cautioned me to be very careful. So I have been afraid to write and besides have been so busy that I have not written for the past year or so. The things that came were very unusual, mostly symbols. I do not really understand it all, and no one has explained it, only to say it is wonderful, so I have kept to my work and have increased my activity all the while. I am a musician.

Your experiences are very interesting and show that you are quite sensitive and open to the vibrations of the spirit. Because of this sensitiveness you become aware of the thoughts and desires of those living on the inner realms of consciousness. As you saw in the mirror, your soul body is very bright and it naturally attracts entities in these realms, and when you respond to their urges, as you have seen, you get all kinds of messages, they impelling you to write them as given. Those who are giving you those symbols are evidently wanting to use you as a medium to give forth to the world some of their ideas. But we feel you are wise not to lend yourself to anything that is not of the very highest and which you do not clearly understand.

THE INNER ROOM

CONTAINING quotations from our replies to those writing us for help in their *Spiritual problems*.

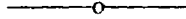
Each day at 12 o'clock noon, we take the names of those asking for such help in the Silence of the Spirit, and "Speak the Word" for them. Many hundreds have testified to receiving the blessings of such ministry.

THE WORLD, THE FLESH, AND THE DEVIL

THE three enemies which are termed the world, the flesh, and the devil are really the one great enemy, self or selfishness, which is the cause of all inharmony, sickness, sin, and death, now a part of the mortal life, and which is entitized in men's inner consciousness as the devil, and in his body as his lower, animal nature. While the world symbolizes all those influences that come to us from our world of consciousness, attracted to it by our selfishness.

These influences, of course, are the results of the selfishness and greed of others who make up the outer world, and include also those in the astral world, as it really makes no difference whether one is in or out of the body, he is just the same selfish, greedy, sinful soul in the astral that he is in the physical.

Until one is able to rise above these forces and master them—both those in his own nature and those assailing him from without, one is pulled down to their level and influenced more or less by them.



STORMS OF EMOTION

AS you say, the main thing is to watch your emotional reactions to the words and acts of those around you. Try to realize that the things you see in them are only in your mind. By that we mean, they are what you are now thinking and believing are so. If you can change your beliefs and see them as loving you as you really are and you hold to that belief despite anything that appears, you will be surprised to see the change that comes over them. As we have so often said, we see in others only what we see in our own minds. *If it were not in our minds, we could not see it in them*, and then we would never be disturbed or upset by anything they would say or do to us.

Your dream of being on a plaza high above the ocean with the dark clouds crowding over the sea until a storm arose, but shows you what would be when emotional storms arise in your consciousness, if you would only remain calm and unconcerned in your awareness of these truths. The fact is, had you remembered this in your dream sufficiently, you would not have fallen from the high place you were in way above the storm, and nothing near you would have been touched or affected by it.

MEDITATION

TRY to realize that meditation alone is not always good for one, and that real meditation is that accompanying action. We mean that the best results come with those who are meditating all through the day while doing the work of their hands, which they have trained in their duties sufficiently so that they can wait upon the Lord, doing such work solely to please Him, and joying in the doing of it. Many have grown very close to Him in such way.

If you feel more than anything else you need Spiritual growth, we urge, dear friend, that you try to do faithfully just what is stated on the enclosed card, and which is also on the back cover page of the Magazine. We know of nothing that will bring true spiritual growth more quickly or surely than the following of its guidance.

PROVING THE TRUTH

IN accordance with your request, we will withhold the monthly Papers until September or until we hear from you again. It is fine that you want to review and study more carefully the Lesson Papers you have, for the purpose of *proving their truths* in your daily life. That is the only way, dear friend, to build them into your consciousness, so that you really *know* them. We do not know any truth until we can use it as naturally as we do the power to talk and breathe. Then we do not have to think or wonder just what to do when a problem confronts us. We do the right thing automatically—even as you are learning to do when your husband gets angry and other people hurt you.

You say you do not see Spiritually, but you mean psychically, for Spiritual seeing is intuitive knowing. Those loving thoughts that come as if someone were speaking to you to help you are really the voice of your own Higher Self.

THE SEX FORCES

REGARDING the trouble you mention, in a way it is undoubtedly caused by wrong thoughts you are holding in your consciousness regarding the life or sex forces. Study yourself and these thoughts and try to realize that these forces and powers of your nature are God-given and are for use in the Father's Service; which means they should be always put to the highest use in purest love and desire to please the Father within. No wrong or condemnatory thoughts should ever be held at any time about this part of your nature; instead we urge that you study carefully all that is contained on the enclosed card, *The Way to Safety*, every word of it, and then try to practice its instructions in your daily life in all your thinking, speaking, and acting.