

THE INNER LIFE

THE HERALD OF THE NEW AGE

*Preparing the minds of men for the
coming of that Age.*

Devoted to the study of the Soul and of experiences
of an inner nature pertaining to the Soul life.

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EDITORIAL

THE ORDER OF MELCHIZEDEK

IN THE Impersonal Teachings are some very great truths, some of them hidden from the beginning from all but the Elect. The very fact of their being Impersonal—truly Impersonal—declares their Source.

We would have you consider with us their Source, a Source which only a few so far have discovered; but those who know it are those who will comprehend fully what will be disclosed herein, while others we hope so to impress with the significance of what is stated that they will turn to the Teachings with a new understanding, inspired to search and study their truths and to stay with them until all of their vital meaning is uncovered.

One particularly vital point from the very beginning was persistently emphasized—that of turning the student within to his own Divine Self, (1) as the Source, (2) as the perfect Teacher, and (3) as the final Authority in all things needed to be known. Those who perceived this and who faithfully sought to become

fully acquainted with this Self, have been richly rewarded by finding the promises of the Teachings perfectly fulfilled.

In the Teachings was shown that the Divine Self is variously known also as *God in man*, as the *Holy Spirit of God*, as the *Christ within*, as *Jesus Christ*, as the *Light which lighteth every man*, as the *Comforter*, as the *Higher Self*, and as a *Son of God*; that these terms are synonymous as used and all mean the Divine Spirit of man which gives him life and which is his true consciousness and nature and is beyond the comprehension of merely mortal mind.

But it is also clearly shown that the sole mission of this Divine Spirit, which as a Son of God is the Higher or Real Self of man descended into human expression, is to redeem man's mortal consciousness and lift it into oneness with His Divine Consciousness. For humanity's consciousness is but the consciousness of all the Sons of God's lower nature, given birth in a former world period long before the earth was, and these Sons of God alone are responsible for and must redeem that consciousness. The earth is but the realm in Cosmic Consciousness to which the mass consciousness of humanity has unfolded and through which it is now passing on its return journey to the Sons of God's Consciousness in the Sun, Their Celestial Home. The full explanation and purport of this will be found in the Impersonal Teachings.

Our purpose in recounting these facts is to bring out clearly the part that the Sons of God are playing in the destiny of what we know as humanity. From these facts can be seen that the Sons of God are not only responsible for all that humanity is and does, but They are the Source of its guidance and also must be the Source of the Impersonal Teachings, and of all Teachings that point men's minds to Them and to God Whom They represent on earth. And remember God has never left His children, from the earliest childhood of the race, without Teachings given to them through His Sons of God.

Consider now with us what this means—how it pertains to you who are reading these words. You have a Higher Self who must be one of these Sons of God, and Who is the Source of your life, consciousness and nature—Who is *all that you are*; for you have no life or consciousness that is not His. Your mortal mind thinks itself separate from Him, when how could it be separate when His Consciousness is all that your mind is? Like-

wise your body is not separate or different, when His life and nature fill it and are ever expressing through it.

What then causes the seeming separation and difference? Only your mind's beliefs, acquired from long ages of the mass consciousness—of which your consciousness is a part—*thinking* itself separate and living in a world apart from God and His Goodness, thus wandering in the outer darkness of self, indulging in the sensations of the flesh, and unconscious of and unheeding the voice of Spirit ever speaking deep within the consciousness.

Every man from the beginning has had the guidance of this voice, whether he knew it and heeded it or not; but only through long wandering, and suffering the results of listening instead to the voice of self, has man learned how deceitful is self's voice, and that the outer world can never supply what his soul is seeking—freedom, happiness, peace. And so after many ages of hard experience, after tasting and eating to the full of the luring fruits of the Tree of Knowledge of Good and Evil, man learns what is not the right way; and like the Prodigal Son he reaches a state where he remembers his Father's home within, where speaks that quiet voice as from afar off in his consciousness and to which he had refused to listen, but which now he knows had ever been pointing him the right way and would have saved him, had he listened, from the follies and mistakes of the past.

All men eventually come to that stage where they are ready and willing to listen to the Inner Voice, but all have to learn that not until Love enters the heart and is allowed to rule, there are also deceiving inner voices; for self does not give up without a struggle, and it soon learns to simulate the Voice of the Divine One within.

In time, however, the mind learns to distinguish the true from the false, and is satisfied only when communing with the Lord within the soul, which so acquaints the mind with His loving vibrations that it can no more be fooled.

This after much testing and proving prepares the consciousness for the Second Baptism, illustrated by the baptism of Jesus in the Jordan, where a Voice out of the heavens of consciousness will say, "*This is my beloved son, in whom I am well pleased.*"

HOW many living on earth think you have had this Second Baptism, and then have proven themselves by meeting the Devil in the wilderness and defying him in the three temptations,

Satan finding no sin in them, so that the angels came and ministered unto them?

Very few are there of such on earth. But they can be known by the work they are doing. It is always a work similar in many respects to what Jesus did; for He was the Example, the Way-shower, the Pattern, given to man by the Father to show all men the way back to His Consciousness, their Heavenly Home.

All must admit that Jesus attained, through the gift of the Holy Spirit at His Baptism, a consciousness unique in the history of mankind. No other person previous to Him gave evidence of such a high consciousness, claiming Oneness with the Father, and stating, "*He that hath seen me hath seen the Father.*"

But we hear much of the Christ Consciousness these days, and it is not vain illusion that many are speaking of it; for the very fact that it is being brought so prominently to the minds of men at this time is a sure sign it is possible of attainment—perhaps is the next step for those who are in the vanguard of humanity in this dispensation.

Take note of this statement—"the vanguard of humanity in this dispensation." This implies not only that there are those who are in advance—who are the highest advanced Spiritually in this age, but that there are those who in previous ages reached the zenith of human attainment, and then "ascended" as Jesus did beyond humanity's consciousness, even as will "ascend" those who are now the highest advanced of mankind.

Listen to what was told in Hebrews 12:22-24, of those "*who art come unto Mount Zion, and unto the city of the living God, the heavenly Jerusalem, and to innumerable hosts of angels, to the general assembly and church of the firstborn who are enrolled in heaven, and to God the Judge of all, and to the spirits of just men made perfect, and to Jesus the mediator of the new covenant.*"

What is Mount Zion but that high Spiritual Consciousness where in God's City of Truth, the Heavenly Jerusalem, dwell those who, like Jesus, have proven themselves, and where they are of the General Assembly, the Church of the First-born who are enrolled in Heaven, the Spirits of Just Men made perfect; where they are ministered unto by innumerable hosts of Angels, and where they are in the actual Presence of God, the Judge of all—being in His Consciousness, and of Jesus, the Mediator of

the New Covenant—that Covenant where He promised to meet them in Heaven and to be with them ever afterward?

WHAT we are trying to prepare your minds to understand is that there is a certain very high state of Spiritual Consciousness attainable by man that was known from the beginning; and that once more the cyclic cosmic wave approaches that will gather to the bosom of the vast ocean of the Father's Consciousness those who have finished their term of mere human expression, and who are now prepared to serve as perfect instruments for the Father's use—even as was Jesus, for the short period He was on earth after His Baptism.

In other words, there awaits for a certain special few Spiritually prepared souls of the race advancement into a new Order of being, one eligible to the Elect only; and that Order is so high that it is impossible of attainment except to those of proven service and who have *washed their souls clean in the Blood of the Lamb*.

In only three places in the Bible is this Order spoken of by name, and always with such import that its significance indicates it was beyond mere human comprehension. These three instances were:

In Genesis when Melchizedek, King of Salem, Priest of God Most High, brought bread and wine and blessed Abram; one where David sings of how Jehovah swears of the Lord, saying "*Thou art a priest forever after the Order of Melchizedek*;" and where in the Epistle to the Hebrews all of the foregoing is recounted and it is stated that *Jesus Christ our Lord* was meant by David, and then in great detail is explained how those who follow Christ, live His Life, and prove themselves like Him in all ways, are fitting themselves for admittance into this High Order.

We will try to make clear to all those who can receive it just what is the Order of Melchizedek. First let us consider what is the Second Baptism.

You must remember that the birth of the Christ or Divine Love in the soul is caused by the actual "descent" of a Son of God, *Who is One with Christ*, into the soul, thereby making it a "living" soul—a "reborn" soul. From that moment the outer man is changed and begins to live in a new world of consciousness;

for Love, his own Divine Self, is making Himself felt, and Love, instead of selfishness, becomes active in his life.

This is the surest sign of rebirth, and is caused by the mind now listening, unconsciously at first, to the urge of Love—the Voice of his Divine Self, a Son of God, the Christ Child within. In time this Child as Love grows and develops and more and more influences the mind and life, until finally it attains maturity, as Jesus did at the age of thirty, and he is ready for his Baptism in the Jordan. (Did you know that the word Jordan means “the descended?”)

The time has now come for Divine Love, the Son of God, the Christ, to “descend” farther—this time to the outermost of consciousness, or to push forth from the soul and take complete possession of the mind and life; and it is then when doing this that the Son of God, the Divine Father of the mortal man, for whom He has been responsible from the beginning, now says to his mortal mind, His outer expression, “*This is my beloved son, in whom I am well pleased.*”

From then on the Son of God possesses, dwells in and rules the mind and body, and is the whole man; when before He possessed, dwelt in and ruled only the soul and from there as fast as possible taught the mind and brought the human personality to listen to and respond to His Voice of Divine Love.

In other words, this Son of God or Higher Self as the Christ, after his “Baptism,” performed by Jesus the Christ, Who was a “High Priest forever after the Order of Melchizedek,” then took charge of His creation, now wholly redeemed, and thereafter lived His full life, did His Father’s will, and was His perfect self without let or hindrance of the human self, now become a perfect instrument for His use.

All this is but to tell you of the final return of the outer consciousness to its Source, its Father in Heaven—a Son of God; or of the Union that takes place of Spirit, soul and mind—the culmination promised by Jesus, “*When ye shall know that I am in my Father, and ye in Me, and I in you.*”

WE HAVE now told you what constitutes the Order of Melchizedek. Heretofore we have spoken of it as the “*Brotherhood of Christ,*” in order to prepare your minds so you could comprehend the Order’s true meaning. But you can now see that it consists of all Christed souls of the Second Baptism

whose consciousness is centered in the soul—no longer in the mind, and lighted by *Divine Love*.

All who are in that Consciousness are wholly one with their Brothers in Christ and dwell in the Heavenly Jerusalem. They are those who comprise the General Assembly, the Church of the First Born, and are the spirits of Just Men made Perfect. In other words, this assembly of Christed Souls constitute the Order of Melchizedek, which is ruled over by Jesus Christ, Who as King-Priest, is King of Righteousness, also King of Salem, which means King of Peace, and Who was a High Priest forever of this Sacred Order.

You who read and who have been lifted up in consciousness to where you see the glory of the Christ Life, and now nothing less than that will ever satisfy your soul;

You who are no longer seeking Masters or other Teachers, and never will be content until you are wholly One with your Divine Self, conscious as a Son of God, and doing the work you came here to do;

You who have already found and are being daily taught by the Loving Christ within, who live in His Presence, and allow Love often to possess and wholly use you;

Know that you are potential members of and are being prepared for admittance into the Order of Melchizedek.

But remember what that means and all that it entails and includes; it means the complete crucifixion of self, the ability to meet every trial and test no matter what it be, even as Jesus did, and to rise at will into your true consciousness as a Son of God and to work from there when the need arises.

In that consciousness you will in time become conscious of your Brothers in Christ, the fellow members of your Order, and you will work as One with Them. In that consciousness, nothing you need to know or to have will be withheld from you, for all that is necessary is to desire to know or to have, to focus your mind on the thought of it, and the knowing and the having will flow into your mind as a memory recalled—and it will be so to you.

In that consciousness likewise all power is yours, for you need but to start to do anything and the power will flow to you from within enabling you to do it perfectly.

And in that consciousness Divine, Impersonal Love is the very life you breathe, it being the only life of your Brothers in Christ, and of the All-Father-God whom you serve by always expressing His Nature, doing His Will, and blessing all you contact, even as did Jesus when on earth.

Is this not worth more than all the worlds of men—physical, psychic or spiritual—can offer or provide? Does not something say, "This is why you came into the worlds—to learn to know them for *what they are not*; until they no longer can hold you and you have freed your consciousness utterly from self, and you now live in the Consciousness of God and His Love?"

Dear friends, this is the picture shown you from the very beginning in the Impersonal Teachings—as fast as you are able to receive it; and it is to this Consciousness—to this Goal, the Kingdom of Heaven, that it continually points, and which when reached admits you into the Sacred and Most Ancient Order of Melchizedek.



THOSE who have not been aware of the special nature of the Impersonal Teachings and who feel strongly led, after reading the above, to know more about them, are referred to the article, *The Sun Center Work*, on pages 9 and 10 in the back section of this issue.

After reading it carefully, those whose hearts urge them to write for the Lessons will be sent the first number, and the following ones upon receipt of a signed Application showing that they are truly "making the finding of the Kingdom first in their lives, and are no longer seeking anything for self, but only to prepare themselves for service under the direction of their Christ Selves."

From all this you will learn the vital import of the Impersonal Teachings, their high Spiritual nature, and to what they surely lead the deeply in earnest ones who will permit of nothing standing in the way of their finding the Kingdom.

All such are not only gladly welcomed, but it is for such especially that these Teachings are intended.

THE SCHOOL FOR DISCIPLES

THOSE who are interested in *The School for Disciples* we know have been deeply impressed by the high truths in the preceding article, and cannot but see their intimate connection with the proposed School. The fact is, all who feel strongly led to prepare themselves for Christ's Service through the help of the School are given a glimpse of what is back of and inspiring all their hopes, aspirations and efforts.

If all such will try more and more to realize that they are being taught, guided and prepared as fast as possible for such Service, and will surrender all personal desires to this higher leading, they will find it just naturally arranged for them to attend the School, when all is ready.

The School is gradually being organized, first through the organizing of the *Sun Center Work* so that the School will be a main part of the Work, and then through the choosing of those who are to be the Teachers and Workers in the School. This is progressing nicely, so much so that we feel during this year all will be prepared; when the material manifestation of the School—the buildings and location, will come into evidence. Let all friends of the School *see and know* this with us; for when many see it on the mental plane as a living reality, it will soon come forth in the physical.

In the meantime, if anyone feels led to speak of the School and its high purpose to anyone having grounds and buildings not in use that are deemed suitable for such purpose, and will write us of same, it may be helping to bring it about. There is undoubtedly the right place waiting for us, but our Brothers in Spirit can work only through human agencies, and you may be the one used to help bring the School into actuality. Therefore, do not hesitate to follow any strong urge of such nature that comes to you.

In the next issue will be given plans for the Summer Classes to be held during July and August.

PLEASE NOTE: Change of address must be in our hands by the 10th of the month. Otherwise we cannot be responsible for magazine not reaching subscriber.

"DREAMS THAT COME TRUE"

WHEN little Selma Johnson, pretty blond Swedish girl, found herself fatherless at the age of fifteen years, she yielded to the counsel of a kindly disposed uncle and came with him to America. Seeking to have a way of supporting herself and of being of assistance to her mother, Selma soon found herself employed as a nursemaid to a small child in the great, strange city of Chicago. Although she could scarcely speak a word of English, she managed so well with her duties that her mistress liked her and helped her to become quickly acquainted with American ways.

Selma gradually learned to love her new country and mastered the difficult language. Being ambitious to forge ahead and increase her earning capacity, in time she changed from her place of employment to various occupations, until finally she found herself working in a gas-mantle factory. Here she met a young man from her own native land—Alfred Anderson, whom she afterward married, and with whom she has spent many years of happiness.

Being ambitious and thrifty, the young couple decided to have a factory of their own. They soon achieved this, opening a small place in which they made—not the entire gas-mantle, but the knitted webbing which was necessary to the manufacture of this product. This was of course back in the period of time when the electric light was not yet in evidence, and the gas-mantle was adding so much to gas illumination.

Every manufacturer of this gas-mantle product was having great difficulty in preparing a proper sort of "web." Many of us can recall how they would fall to pieces at the slightest touch—having no substantial qualities, yet giving so beautiful and pure a light that they were in great demand.

After much praying (for Selma was always a spiritually-minded young woman) and concentration upon the subject, she was finally shown the way by which the perfect web might be chemically brought into manifestation. She had for some time felt sure there was a way, if she could only find it.

The way she was shown and which follows is most unusual, yet it is absolutely true.

This young, ambitious, persevering Swedish woman, whom you must understand was practically uneducated, had never had the least instruction in chemistry. She knew practically nothing at all of any kind of acids, and positively nothing of the kind she was told to use, and did use, with such perfect results.

She did have, however, *great faith in prayer*, and for months and months prayed that this secret might be revealed to her. One night during her sleep, a man came to her whom she describes as follows: "Past middle age; smooth, kindly face, very pleasing, soft voice." He said to her—O so kindly;

"Selma, arise and come with me, and I will show you how to make the perfect mantle. If you will do exactly as I say, you shall have the desire of your heart."

She obeyed. Arising from her bed (in her dream) she followed the gentle kindly guide. He led her directly to the factory, and went inside, she following. He proceeded to open certain packages that appeared as he needed them. He told her what each one contained and showed her exactly how to use it.

This is the formula as she told it to the writer: First: He made a solution with water and simple baking soda. Second: The same proceeding, using ammonia. Third: Muratic Acid. Fourth: Sulphuric Acid.

Then he dipped a knitted web of a gas-mantle in the solution until, after the fourth dipping, he smilingly told her it was "purified," and would give the beautiful light she had been trying for so long to make a web radiate. He said she would always have the perfect result she had been praying for, if she obeyed his exact instructions. He then took her back to her bed and disappeared.

Immediately upon awakening from her sleep, she arose and wrote down exactly what she had learned. With the acids she was not at all familiar, but at once procured them, and obeyed implicitly all instructions as given her. Her faith and obedience were abundantly rewarded—the result was precisely what she had been praying for so long—a *perfect mantle*, or web for the mantle.

The sale of this product was instant and tremendous. These mantles made with this chemically-treated webbing by someone

who knew nothing of chemistry, and who retained the secret of her formula, were shipped everywhere—to South America, Europe, even to Africa. Naturally the returns were very great. The little factory grew into a big one. Mr. and Mrs. Anderson have long since retired from active business, but are still hale and strong. Needless to say, they have been able to live peaceably and comfortably from the rich harvest they were able to reap from their perseverance, dilligence, faith and obedience.

WHILE very grateful to her unknown friend for the prosperity and happiness he brought into her life, Mrs. Anderson shows more enthusiasm, however, when she relates the story of this kind friend's second visit to her during her sleep. Her eyes light up with adoration, and thankfulness for this man, whom she has never met in earth life.

The second visit from him was a number of years after the first one, when her little girl "Alphild" was seven and a half years old. He appeared at her bedside one night and said:

"Selma, this day Alphild will be killed, unless you act to prevent it—only you can save her." Without any other explanation, he disappeared.

Having perfect faith in him, gained from her other experience, she prayed for wisdom and guidance how to protect this beloved child. Acting upon inspiration, she counseled everyone employed at their factory and home to be very watchful over the little girl, to be ready to give any assistance, to stop any machinery if necessary, no matter what the damage or loss.

At noon, while all the machinery was running at full power, the little one came joyously in through the front door of the factory, jumping a rope. Instantly the rope was caught by a huge piece of machinery and the child was being drawn into a part of it that would have crushed her to atoms. The mother saw, but was too far away to reach the child. One girl, whom Mrs. Anderson refers to as "Jennie," was near enough, and acting according to the morning's instructions, was watching Alphild as she came through the door; she saw the rope caught, saw the child clinging to it, saw the great machinery ready to crush out her life in another second. Because of the warning, she had the presence of mind to act; she grabbed the little girl by the shoulders and

pulled her free—not one second too soon. The rope went on to its doom, but Alphild was turned over to her mother's anxious and loving arms.

The lovelight and appreciation which shows in her eyes today after so many years, is but the reflection of the glow that must have been there that day when she realized but for the warning of her good—may I say "*White Brother*"—her child would have met with a most horrible fate right before her eyes?

Note:

Mrs. Anderson is a quiet, unassuming woman, and is a very earnest Truth Student. Not a Spiritualist or anything other than a just person and a sincere believer in God. She goes about her Father's business and does not often let her "left hand know what her right hand doeth." She lives very modestly in a neat, frame house which she and her husband own. She was happy to give the above information and readily consented to its publication in the hope that it might prove of benefit to other seekers of the Light.

—E. L. P.

HE CAME

HE CAME into my little world
And then behold! All things were new.
Life's purpose and its plan unfurled
Till deep within my soul there grew
A longing to be like Him.

He looked into mine eyes and saw
The Christ, and not the sinner there.
He spake in tones that filled with awe
My waiting heart, and dark despair
Was vanquished by His smile.

He touched me with His hand and lo!
Love's flame was kindled in my heart.
The veil was rent—and now I know
The blessed joy that is a part
Of immortality.

—S. B.

INDIVIDUAL PURPOSE

By J. H. H.

LIFE is like a great ocean unexperienced. Life is like a great garden in process of cultivation and growth.

Each individual is a world containing the possibilities of the universe. Each individual is a god possessing potentially every attribute and power of the Infinite.

Purpose is a golden thread binding the activities of a life into the sheaf of achievement. Man must give his life to his purpose and if necessary, give his life for his purpose.

The great purpose of life has never been fully understood on the earth plane. It has never been fully revealed to earth minds.

Life is eternal and a true purpose is eternal.

Comes to each individual the time and the opportunity for consciously recognizing, consciously selecting and consciously accepting his purpose in life. For a holy purpose is every man created. Never has the deep significance and importance of individual purpose been recognized and developed on earth. Never has the importance of recognizing and consciously, definitely, choosing one's purpose been emphasized. Here and there has purpose been touched upon as important to the progress of the individual. Never has it been stressed as essential to true progress nor given its true place in the developing life of every individual.

To each individual life there is a purpose peculiarly its own giving that life incentive, harmony, dignity and success. Essential to true progress is the recognition and choice of one's true purpose. Purpose is to life eternal approximately what a profession is to earth life, a contributing, stabilizing, maintaining element.

Always bear in mind the continuity of life. Everything in every phase of life constitutes a part of the whole of life.

Life is eternal.

A life of progress is one of continuous purpose and action. Limited only by the mind is a man's progress. To any aspiration

may one attain, following the law of choice, belief and action. Any and every thought is possible of realization and demonstration. Whatever one wishes one may become. Every thought holds its possibility and promise. Whatever you think of with desire, that you may be and do. Desire is a promise of fulfillment. Devote yourself steadfastly to one purpose. Each life should be a day of holy purpose.

Following the law each individual chooses to express the purpose to which he owes full allegiance. He chooses consciously to recognize the urge of his spirit for expression of its potential purpose, that purpose for which he came to earth. Choice is a function of the conscious mind. The conscious mind chooses before the soul acts or the spirit expresses. Man may choose to repress the urge of his spirit or to express this urge. According to his definite choice is life a harmony or a discord, a success or a failure.

When the conscious mind chooses to oppose spirit, there is consequent lack of cooperation and of coordination of the parts of the unit, man. The result is diminished power and inhibited success in life's achievement.

Note in the physical being the disastrous effects of the lack of coordination. Can you not understand that this is due to lack of harmony of body, mind and spirit? Individual harmony results in expression of spirit, peace of mind, health of body. Until the great truth of unity and inter-relation of all the kingdoms and planes of life become general, lack of coordination will prevail, inhibiting development and progress, inhibiting health and success.

Potentially in each life is a definite, an individual, an essential purpose to which one should be true. Essential to true progress is the recognition, choice and acceptance of one's true purpose. The consciousness of a purpose in life is as the sunrise to the day; it lights the whole. A sacred purpose is a continuous benediction.

Devoted purpose is a mighty key to the stronghold of wisdom's temple.

TO HIS PURPOSE TRUE BE THE LIFE OF EVERY MAN.

THE SIGN OF THE SON OF MAN

"AND then shall appear the Sign of the Son of man in the heavens. And then shall all the tribes of earth mourn, and they shall see the Son of man coming on the clouds of heaven with power and great glory.—Matt. 24:29-30.

BECAUSE these are unmistakably the "last days," many are seeing and reporting unusual signs in the heavens, some of them actual signs visible by many people, and some visible only in the heavens of the seer's consciousness.

We have been sent a number of such visions, some of them quite remarkable and most convincing that the coming of the Son of Man is soon. Most of such seem to be of a personal nature bringing to the seer an assurance of His early coming. From time to time we will give the most significant of such visions to our readers, feeling that all will be interested in what they suggest.

But there are appearing signs and wonders these days that are seen by many people, and we submit two that will cause even the most skeptical to pause and marvel.

"A most remarkable wonder seen at Grimstad, Norway, was witnessed by more than fifty people; witnesses who have been questioned relate practically the same thing.

"The following are translations of reports as given by different Norwegian newspapers. Note especially that some of these reports came from sources that tried to discredit rather than to stimulate faith in the vision.

"*Grimstad Posten* reports that people at Grimstad saw a remarkably beautiful, radiating vision in the sky.

"Over the island Maaloya towards the city, came sweeping a white cloud shaped like an aeroplane. Out of this there arose a white figure which in a short time took the form of an illuminating image of Christ, surrounded by several smaller white images. The image of Christ stood facing toward the city with arms outstretched and raised as if to bless.

"If a religious artist had made the 'picture' he would surely have placed beneath it as a motto, 'Come unto me all ye that labor and are heavy laden, and I will give you rest!'

"One of the Oslo paper's reporters, *Tidens Tegn's*, has spoken with many credible men and women in Grimstad who saw the Christ vision in the sky.

"'We are not at all superstitious or more frantic, we folk in Grimstad, than people in common,' says the *Grimstad-Posten's* trustworthy publisher. 'But a beautiful and remarkable vision it was. I saw it myself—and that after being notified by telephone that it could be seen. In all it was certainly more than fifty people who actually saw an illuminating vision of Christ in the sky.'

"'At what time was it?'

"'Between three and four o'clock in the afternoon. It was sunshiny and entirely clear, and I dare state that there did not reign any fear of ghosts in Grimstad at that hour of the day or any other hour.'

"The Oslo daily, *Dagblad*, makes mention of their unbelief in this matter, but they turned to the director of the Farmer's Sales Association in Grimstad, Gothard Tejesen, who relates the following: 'It was about three o'clock yesterday afternoon, the weather was fine and the sun shining. Then we saw far in the distance a white cloud in the shape of an aeroplane, which came nearer with great speed. As it came nearer we noticed that it lacked the middle section, but as it came over the bay, out toward the sea, there arose out of it, where the middle section should have been, an image of Christ with hands upraised.'

"'Who was it that saw it?'

"'There were at least thirty people who were standing on the docks.

"'And everyone saw it?'

"'Yes, everyone saw it. Perfectly plainly. The image of Christ was surrounded by several white figures, but after a quarter of an hour the image of Christ disappeared and took the form of an altar chalice (Communion wine cup). A little later was seen a smaller figure which also had its arms raised as if to bless. This too lasted for a while but then disappeared.

"'And there were no other clouds in the sky?'

"'No, not another cloud to be seen.'

"'Did you discuss it while it was going on?'

"'Yes, and we will never forget it.'

" 'Was it seen from other places?'

" 'From several other places.'

" 'What do people make of this then?'

" 'Oh, it differs. Some believe in it, others do not believe in it. Some believe it is a warning.'

" 'The following is taken from the Oslo paper, *Tiden's Tegn*.

" 'A dependable and creditable man tells us that he himself for several minutes had watched the remarkable cloud formation.'

" 'Did you see it a long time?'

" 'About a quarter of an hour.'

" 'How did the figure look?'

" 'Exactly like Thorwaldsen's statue of Christ. It was radiating white and it appeared as if His garments moved softly as if they were of silk. Surrounding the figure itself were smaller forms that resembled the angels of one of Rafael's paintings. It was an impressive vision. I came to see it, as mentioned, toward the end, when others had seen it for several minutes. At last it disappeared, as if erased, and appeared no more.'

" 'What do others think who saw it?'

" 'It differs. One man who saw it, a brave and good fellow, was so moved by it that he went into his house and prayed. He said himself that he prayed that he might be with Christ. He meant and honestly believed that it was Christ he had seen. Others believe the same; and it was not only those who had a conception of what Thorwaldsen's statue of Christ is like, but others also concluded that the cloud formation was like the common conception of the appearance of Christ.'

" 'Was it not a mirage?'

" 'No, it was a cloud, a single cloud in the sky, which formed itself peculiarly and made the impression on those who saw it.'

" 'And others in Grimstad we conversed with placed the vision as an experience most extraordinarily rare. Upon many it made a very deep impression, because there exists in the consciousness of everyone the expectation that Christ shall come in the clouds in the last days before the judgment, and here one saw in actual fact something that fulfilled every demand in that direction.'

FIERY SWORD IN CLOUDLESS SKIES AWES TEXANS

PALESTINE (Tex.) Nov. 24, '35 (AP)—A strange amber-colored sword-shaped shaft of light reported visible in the northwestern sky here early today puzzled residents.

The phenomenon, remaining stationary for almost an hour, caused pedestrians to congregate on the streets to view its red glow, Ernest Jones, newspaperman, said the light became visible shortly before midnight.

"I could see the hilt of the sword almost as plainly as the blade," said Franklin Bradford, newspaperman.

In the almost cloudless sky the sword-shaped light gradually assumed a red color. Finally, Bradford said, the light disappeared or became obliterated by clouds.

—A newspaper clipping recently received.

THE PATH

THERE is but one road to the Path. At its very end alone the Voice of the Silence can be heard. The ladder by which the candidate ascends is formed of rungs of suffering and pain; these can be silenced only by the voice of virtue.

Woe then to thee, disciple, if there is one single vice thou hast not left behind; for then the ladder will give way and overthrow thee; its foot rests in the deep mire of thy sins and failings, and ere thou canst attempt to cross this wide abyss of matter thou hast to lave thy feet in waters of renunciation.

Beware lest thou should set a foot still soiled upon the ladder's lowest rung. Woe unto him who dares pollute one rung with miry feet. The foul and viscous mud will dry, become tenacious, then glue his feet unto the spot; and like a bird caught in the wily fowler's lime he will be stayed from further progress. His vices will take shape and drag him down. His sins will raise their voices, like as the jackal's laugh, and sob after the sun goes down. His thoughts become an army, and bear him off a captive slave.

—The Voice of the Silence.

A MESSAGE

FROM an English "Tommy", who was killed in France in the late war. Received in June, 1935.

IT IS nearly seventeen years since the Armistice was signed, but there are many hearts that still beat with intense hatred on this side. Against the Germans? Not a bit of it, but against the War Lords and those who decreed that war should be. And that goes too, for the men who make war possible by inventing deadly gases and arms for all; profiteers in food and those responsible for other dishonorable practices. Blast them to hell!

We know, and we gloat! Gloat, because we know their punishment has come upon them at last. When they gave the word we were rounded up and sent into the shambles at the front; and then came hordes of human hyenas, the jackals of war, who grew rich by dirty lowdown work on food at home—the *profiteers!*

The bread was not fit to eat, many staple foods were rotten, bacon rancid, milk was adulterated, thereby endangering the health and lives of the babies and children, causing rickets and all sorts of infantile diseases, and ensuring us of a future generation of weaklings and neurotic adolescents later on.

Do you wonder we gloat as one by one those blood-suckers, those foul parasites come over and face us and get the hell awaiting them on the spirit side of life. They are getting from remorse too, more than we ever got of hades in the stinking mud of our trenches. Did they think they could escape what was coming to them—what they had earned for themselves by their damnable greedy treachery, even though it was so long ago? Had they never heard of the mills of the gods?

And they talk war again. We who can read the hearts of those who desire another war can read their thoughts. We see Greed and Ambition, and nothing else. And as soon as war is decreed, then the whole mess, that damnable mess and its attendant horde of bloodsuckers, profiteers and crooked wolves in sheep's clothing will be in evidence again; millions of lives will be lost, and no decisive victory will again be the result.

But as sure as there is a hell of remorse for the crooks who profited from the last war, so will we see the defendants called

one by one to the Bar of the last Tribunal and all will pay the penalty for their crimes against their fellowmen; for one and all of them failed when they should have stood shoulder to shoulder and helped out matters at home. Remorse on this side is the hell awaiting them, and the place where they suffer that remorse is incredibly more terrifying and lonely than any punishment on earth. But it is no worse than they deserve—traitors as they were to their country and brother-men.

Do we hate the Germans? No! They too were drawn into the war; many were just boys, too young to know what it was all about, yet they had to leave happy homes, schools even, to fight like men.

You know the act of dying does not start your wings sprouting or make you become an angel all at once. We Tommies (yes, I am English, all right, and was a bank clerk), we learnt lots of things when we came over to the spirit side of life, things that had happened at home in our absence over at the front; and we know who to blame for things the perpetrators never thought would come to light; hence our bitterness after all these years.

For the sake of the world's peace, stick your war lords in the front trenches for the first six months, together with the profiteers and munition-factory owners, and you'll soon get arbitration instead of wholesale murder. Let them at least "do their bit" for a portion of the war period. Many of us now have sons of a fighting age; hence this communication. For what will *we* feel like when we look on helplessly and see our boys facing and going through what we had to go through. I have two sons of my own—it will not bear thinking about!

If one could cure the ills of a country by sacrificing life, the end would perhaps justify the means; but it does not, as witness the present economic conditions of all countries engaged in the late war. The evils of war ruin the morale of those engaged in it. Nor does it end with the declaration of an armistice or peace.

Added some days later:

WHEN I told some of my friends here on the spirit side of life that I had got a communication through to you, they all wanted to write something too (you see we are still somewhat earthlike in our inclinations); but that being inadvisable we are

jointly adding a further message to that of mine of the other day. It follows:

The thoughts of war raised by the papers and absorbed by their readers, the fear in the hearts of the mothers, the lust for wealth in the hearts of the jackals, profiteers and warlords,—all help to make conditions chaotic again, when they were calming down.

Most of us died fighting, our hearts bursting with hatred and rage, each man savage with the idea that he must fight his damndest and so get the bloody war finished the sooner; for every one of us was sick to death of the prolonged struggle. We even cursed God in our hearts for letting us in on such a hellish business.

The whole thing had got on our nerves, we got hysterical with impotent fury over the filth of the trenches, the rats and lice and close quarters in the dugouts, the screaming of the shells, the wounded with perhaps half a face left, the blood, the dead! There were things done, in order to forget the horrors of the whole bloody mess, that we shudder about even now.

But that is war. And we came over here *with all those emotions still with us*, and they had to go somewhere; for a thought is never wasted here or on your earth plane—it has to find a home. Do you wonder that after a war there is always a crime wave, with all that evil floating about in the mental atmosphere?

On Armistice Day a heavenly peace arises and we are most of us with you on the earth plane praying unseen, but felt by many of you; asking for peace and prosperity for our different home lands. And now this war talk comes up again!

We shall have to see homes broken up (many of our sons are now married and with homes and children of their own); business careers smoothly going will be disrupted; fear, desolation, death again striding into every other home; hospitals full of maimed and disabled men; governments and people taxed for pensions, institutions; and the whole blasted chaos and crime waves to be gone over again. And just for a few miles of territory which is worth about the millionth part of the expense and aftermath of a big war!

You mothers of the world, can't you do something? Have you borne sons just to bring them to a sudden and soul-racking death?

There are those who say the world requires wars in order to keep the population down. Leave that to nature. There are always epidemics to decimate the population. Nature looks after her own interests in her own way.

Do not think, you who read this, that we are slackers or cowards. We have all done our bit, and it is just that which makes us realize, on getting over to this side, how futile the sacrifice was; and we do not want the same sorry business to happen all over again for our loved ones.

We who *know* can, and *do* tell you, you are not fighting for your country, but for a handful of men who will profit out of the war. *Your country will not profit by it! Be assured of that.* There will profits be made, vast profits; but those profits all go to certain individuals. Are you so blind that you cannot see that?

That last war was not a decisive victory, and you have not even yet got over its resultant effects. Your governments are still in a chaotic state; not one of the countries involved in that holocaust can be said to be in a peaceful, prosperous condition. Crime is rampant, work is scarce, business is bad, and yet the idea of a new war is strong and ever working within the hearts of those who will profit by it at the expense of their fellowmen.

How do we know? Because if we care to, we can look into and read their minds; and those who wish war are stealthily, secretly pushing that thought into your consciousness, so that en masse you give out war thoughts and vibrations—and then those thoughts will become concrete—become *a fact!*

If only you knew the vitalizing power of thought! But we suppose you do not take any notice of the biblical saying that, "*As a man thinketh, so is he.*" There never was a truer saying.

If the papers and certain men had not communicated the thought to one another until the whole world was talking and *thinking* depression, do you think the depression would ever have been as bad as it was? You brought three-fourths of that on yourselves by talking about it, hugging the idea until you created most of it; and then not satisfied with that, you kept it around you by continuing to look on the dark and gloomy side, going about with unhappy faces and shutting optimism and hope out of your hearts.

We know! For the 'fog' of your thoughts reached us even here! We tried to combat it and help you by sending you optimistic and happy thoughts, in order to counteract the harm done in your ignorance; and by degrees things are righting themselves on the earth plane. But if war is to come you will have the whole gory mess over again.

Pray! Pray for Peace, Brotherhood and Prosperity. Pray for a more Spiritual Understanding. *Do not wait until you come over here for that to develop.* Remember, you come over as naked as you were born; with but one asset, and that asset is the record of your life, your dossier, so to speak.

The richest man on earth will be the poorest if he has mispent his wealth and has not helped suffering humanity when he had the chance.

That is what is meant by "*The first shall be last, and the last shall be first.*" There is not a man, millionaire though he may be, who can smuggle over here as much as a one-cent stamp—rather a startling fact if you stop to think of it; but true nevertheless.

So pray for Peace for your world, *for nothing will prosper for you without it.*

Greetings to our loved ones who may not know that we are closer to them than many of them have any idea of, and may this bring them some comfort in their loneliness.

October, 1935.

ANOTHER thing you are forgetting; by involving your whole race in wars you are not only killing off the flower of youth, but the men in their prime, strength and vigor. Back at home are left the old men, rejected for their age or for being diseased; and the young, too young to fight, but who, for the period of war, will be fed (with the women and children) on adulterated bread, insufficient meat and butter, bacon of third-rate quality, ditto cheese, milk and potatoes.

These will all be rationed to you as in the last war in unbelievably small quantities and at the highest prices. The babies born in war time and fed on profiteer's products will be rickety and unfit later for producing children of a vigorous healthy type, yet they when of fighting age will probably be drawn into another war.

And so it will go on and on, the dwindling, dwindling, dwindling of the white races, while the colored races look silently on. And when the white races are decimated and weakened, they will pounce—and become the top dogs! And God help the under dogs then. There will be centuries of wrongs, hurts, cruelties to be repaid on account of their ancestors and what they suffered. It may be centuries before the white civilization is ruling again.—See how shortsighted you are!

You may not see this change come, nor even your children's children; but the seeds are being sown and the tares will be gathered by all warring white nations and their profiteers. *And great will be the sorrow of those who decreed war.*

Bankruptcy, business failures, loss of health, epidemics, crime waves and national disasters always follow a war; generally after its so-called "finish." For the aftermath begins then, and the aftermath is full of trouble and suffering, because of the complications and the warring minds at work. Brain-storms, anger of men who return to their jobs only to find them filled; or no longer any jobs as the firms have smashed—gone into bankruptcy. Anger between employers and employees—strikes!

The only way is to imprison agitators. Deal severely with business heads who threaten employees with dismissal if they do not vote in a certain direction. A man should be allowed to vote on his own initiative. Clean up all such graft, and if a conspiracy is detected between a political candidate and a big firm, deal drastically with the situation. If an aspiring candidate has bribed, or his agents have corrupted by promises, then he should be struck off the list. For even before election has he been guilty of bribery; so therefore has he proved himself unfit for the post.

You will never clean up your politics if you do not punish *and show up your rogues.*

In a few hundred years, perhaps before that, telepathy will be in force.

Just sit down and think what a force for good, mental telepathy will be; in fact it will be the greatest deodoriser the world can have. *Lying will become futile. Graft and chicanery will disappear and dirty politics will be a thing of the past!*

REMARKABLE CHILDREN

AT THIS time we wish to present some facts to parents who are students of this magazine and who are anxious to save their children as much as possible from the handicaps suffered by the children of those who do not understand Truth and the laws of Mind.

Particularly do we wish to call attention to the law that what one *thinks* and holds in consciousness as being so outmanifests in the body and affairs. In other words, it is what you *think* and *fear* about your children that usually comes true. You should know why from your study of *The Way Out*.

Now let us apply this to specific cases. Before doing so, however, we will say that it is natural for a mother to be deeply concerned about her child and over anxious about its health and general welfare, and that it is very easy to forget the above law in her concern. But if the law is to be applied, it must be remembered at all times and under all circumstances.

We will consider first some ailment or trouble that is feared for a child, no matter what it is, or what its source—whether the suggestion of it came from a doctor or from a friend. The only way is at once to say, "No, God is living in his (or her) body, and He expresses only perfect health and harmony."

This is a simple but a very comprehensive and effective statement. If you will say it *positively* and *powerfully* to your mind, when such a fear presents itself—after carefully considering it until you are convinced of its truth; that there is only one life, consciousness and nature, God's, He being *All in all*, and that they always express perfectly unless influenced by the human mind—you will find that the negative thought will be erased from your consciousness and the Truth voiced will be a positive protection for your child.

This must be so, for remember that what manifests or *appears* to you exists only in your mind; and if you erase it from your mind and supplant it with a confident knowing of the truth, the truth is so powerful it immediately changes the manifestation to fit the truth.

Does this give you a glimpse of the mighty power you have under your control, where you can by such positive statements, uttered when knowing their truth, change conditions to what you want to manifest?

WE WILL now present another phase of the cause of children's ailments that needs to be carefully considered by parents. From it you will see how definitely responsible you are for what your child suffers—whether you are aware of it or not.

First, we will restate the law, "It is what you *think* and hold in consciousness as being so that outmanifests." This of course applies to all the things you think and believe (or hold in consciousness as being so) and which you find yourself often voicing, and includes all the negative and destructive things you say in the home to the children, to your husband or to your neighbors and friends. And how many of such are said without your realizing it; how many criticizing, condemnatory, irritable, catty, hateful things are said during the day, and how many bitter, resentful, envious or jealous feelings are carried around in the heart!

Think you these negative, destructive thought vibrations sent forth into the mental atmosphere of the home and neighborhood are harmless and have no effect upon anyone?

On the contrary, can you not realize that your consciousness is a part of the consciousness of your home, neighborhood and city, and that for every negative and destructive thought you send forth you are responsible and must pay, until you redeem it? This means that you and yours must suffer until all are redeemed—for their consequences go on and on in the mental atmosphere, affecting and influencing all of a sensitive and negative nature who cannot or do not know how to protect themselves.

This is no fanciful picture we are showing you; but it is the actual cause of all the trouble, inharmony and sickness that appears in your home and community. For what you call epidemics, flu, and infantile diseases, such as measles, mumps, chicken-pox, whooping-cough, diphtheria, scarlet-fever, etc., are but the results of different kinds of negative and destructive forces sent forth by foolish minds who do not know what they are

loosing, like wild beasts, in their mental communities, and which always create havoc before they spread and thereby lessen their harmful effects.

In the meanwhile those of your own or your neighbors' children, helpless victims who are susceptible to the destructive effects of the vibrations of your selfish and thoughtless words, have to suffer and some of them even unto death. In the light of these facts, do you wonder there is so much sickness, inharmony, and trouble in the world?

With all due respect to medical science trying to account for the causes of different diseases, we say that all so-called germs or microbes are but these destructive vibrations sent forth into the mental atmosphere by different minds. Some of them sent so powerfully that they affect whole communities.

When the medical fraternity as a whole turns its power of scientific research into the realms of the mind and makes a systematic study of thoughts and the various emotions vitalizing them, and of all thought processes, they will then learn the true causes of the countless diseases now afflicting humanity; when it is hoped they will also learn the true way of curing them.

HOW THE above applies to remarkable children can be seen when we say that many of such understand this law of the Mind and wonder that their parents do not know these facts and so foolishly say things that bring them so much unnecessary trouble. It is often the real cause of loss of respect for their parents.

We know of one girl who has been allowed to grow up and do much as she chose, because of her ability to fool her mother at will and because her mother could not understand her. As a result of being allowed to eat candy because she insisted upon having it, and only the food she liked, the child is thin and sickly, has a weak stomach, no physical stamina, and is subject to every cold and ailment going the rounds of the neighborhood.

She often surprises her parents with unusual remarks, and once when her mother suggested if she did not stop eating so much candy she might die, she told her mother she was not afraid to die, because the soul never dies. She knew she had lived in other bodies. When her mother asked her how she knew this, she

replied, "Mother, I know many things I have never told you, because you could not understand." Which is only too true.

The other day the writer saw Tommy, our little friend of the August article and asked him how he was getting along with his mind, whether it was becoming a good servant. He replied, "Its behaving pretty well, but it slipped a little today, for it is trying to tell me I am getting a cold. I have been so busy playing I haven't payed much attention. But I'll take care of it. That cold is not in my nose, it is in my mind, but it will be gone tomorrow." And it was. In the morning there was not a sign of it left. Tommy is now nine. He is one of the fortunate ones who have parents who understand and work with their souls.

Little Freddy Bartholomew of Movie fame was also one of the fortunate ones, for he had an Aunt whom he called Cis who thoroughly understands him, according to his statement quoted in the November *Screenland*, as follows:

"You may not believe this, but Cis and I can talk to each other without saying any words. There was once on the stage a time I'll always remember. I had a speech to say, and for some reason I hadn't rehearsed it with Cis. And about a quarter of it I knew, and the rest I couldn't remember. The words went right out of my head, and then I looked at Cis who was standing in the wings, and the words came running right back in again. Queer, isn't it?

"D'you know what I do? There's a game I like to play sometimes, which consists of my saying to Cis: 'Let's think about someone we both know, but not very well.' And Cis thinks, and suddenly in the middle of my head, about a quarter-way down, there forms a hazy little pink square, and inside the square I see the person she's thinking about.

"You can laugh if you like, but it's absolutely true. Well, it may not work out *every* time, but you must admit that it does at least once in ten—or d'you think twenty would be fairer?

"One time she was reading in the Bible, about Jesus being God's only begotten Son. After reading, she said: 'It's far too difficult for you, darling.' But it wasn't so very difficult after all, because she explained it first. One thing I couldn't under-

stand by myself, and that was why God had only one son. Because if Jesus did so much, just think what a whole family could have done. But Cis explained that there was nothing else left for anyone to do, because Jesus did everything.

"And sometimes, even though I didn't understand the words, I loved the sound because it gave me all sorts of feelings—sad ones and happy ones and now and then a feeling as though I were getting larger and larger inside and might float off somewhere if I didn't hang on pretty tight to Cis.—That was a little frightening and yet it was awfully pleasant, I can't explain why."

THE GUEST OF GOD

"Why should we wear black for the guests of God?"

By Ruskin

IF I'M His guest,
Why should my body be
Enrobed in black . . .
Why worship the Divinity
With low bent back . . .
Why should I wear a frown
Upon my face . . .
Why should my spirit be cast down
As in disgrace—
If I'm His guest?

If I'm His guest,
Should not my body wear
Some colors gay,
And when my heart's engaged in prayer,
Along the way,
Should all my laughter be suppressed,
Should head hang low,
And should I beat upon my breast
Or be aglow—
If I'm His guest?

If I'm His guest, 'twould be the thing
To walk erect . . . and laugh . . . and sing!

—Frank Hartman.

MENTAL CAUSES AND PHYSICAL MANIFESTATIONS

DIABETES (Mellitus)

MANIFESTATIONS known as disease are the result of the accumulations of emotionalized states of consciousness allowed to become mental convictions.

If the individual can be induced fully to rationalize his thinking and to change the negative states of consciousness to positive ones, the inharmonious manifestations disappear.

There are conditions which have to be met over which it might appear that the individual has no control. It does take a high degree of understanding to meet all conditions that arise.

Take a case of diabetes mellitus. Sugar is found in the urine, where it is not supposed to be. The substances found in the urine should be only waste, the by-products of combustion and wear and tear of the bodily economy in the expenditure of energy. To be found in the urine the sugar must have been in the blood stream. We know that sugar is needed in the blood; it is the great source of energy.

We also know that that part of consciousness that regulates the production of energy knows its business, and would operate perfectly if not interfered with. So if there is too much sugar in the blood stream for the amount of energy expended, there must be some reason why it is there; and there is a very definite reason.

One of the functions of the liver is to store glycogen, which is a very soluble form of sugar. It is stored there to meet the ordinary demands, but more particularly to meet emergency demands, and is quickly forced into the blood stream to meet those demands.

Our primitive ancestors, when aroused to a high state of emotional stress, either fought or ran away. Modern society comes along and says it is not nice to fight and it is cowardly to run. So we allow our emotions to run riot and get aroused for action as did our predecessors, yet we repress action and thus prevent the expenditure of energy supposed to accompany such cyclonic mental states.

For example there was a peace officer in a certain rural district. It became necessary in the pursuit of his official duties to aid in sending a certain bad man to the penitentiary. The convict told the officer that he would "get him" some day.

When released from prison he reiterated that threat. The officer thoroughly believed that he meant what he said and would kill him if the opportunity presented itself. He kept himself in a constant state of mental anxiety and tension. He was constantly on guard. Any unusual noise caused him to be ready for instant action.

When walking down the street or driving his car, if anyone appeared that he did not at once recognize as one of his neighbors, he charged himself for action—yet he did not act.

This highly wrought mental state existed for some time, until finally his health began to give him concern, and he was examined and sugar was found in his urine and his condition was diagnosed as diabetes. The usual treatment was prescribed but the condition persisted.

Let us see what really happened. When he charged himself, mentally for action, for emergency action, the thyroid gland was first to start the alarm in the bodily functions. The thyroid gland not only sends stimulating substances into the blood-stream to help meet the emergency, but sends messengers (hormones) to other glands. The adrenal glands send out a most powerful stimulant and the liver disgorges glycogen, which is very high in carbon.

The action in this case might be compared to stepping quickly on the accelerator while driving a car. If one needs a sudden increase of speed to meet an emergency, he puts more pressure on the accelerator, which causes a greater flow of gasoline which also is high in carbon content and is burned to produce the energy needed to carry the car at increased speed.

In the case we are discussing, more carbon was forced into the blood stream and stimulating chemical substances were deposited by the glands of internal secretion to help carry out this energy-producing function. Yet all action was repressed by the mind of the officer, contrary to the natural law of his being. So without a chance to use the substances put into the blood stream

and made available for that use, only one thing could occur—they must be eliminated from the blood as waste.

As the same mental states persisted, of necessity the so-called diseased condition began to manifest.

When the desperado was killed in another part of the state, our officer let go of his fear and ceased his intense mental charging of himself for action, and in a few days an examination showed no symptoms of diabetes.

This is a case where it seems that an outside condition caused certain negative states of consciousness, and a removal of the conditions brought about the change of mind that produced the cure.

It would have been possible to have met this condition by an understanding use of the law of Mind.

Had he known the higher laws of Mind he could have stood guard at the door of his consciousness and kept all his mental activity constantly constructive and harmonious. If he had done this, not only would he have maintained perfect health, but he would have been fully protected from any harm and from any attempts to injure him.

THE HUMAN BODY

THERE is never a dead part in the human body—there is no atrophy. A part may become sluggish, inactive, as a result either of mental conditions or of some physical insult, or of a shock to a part of a body not well sustained by its mind—not well counseled by its mind. Or that body may and does respond to the thoughts of other minds regarding it, when its own mind is less strong, or not trained and informed that its function is to sustain and maintain the balance of the body by a perfect acknowledgement of the God-life within it, ever active, ever creating and recreating in perfection, when there is no interference.

Accept consciously life, Life, L-I-F-E in abundance, and remember the perfect chording. Even physical life in its various and diverse activities is a symphony, is a music maker—if God attuned. Consider the very material of the body—its texture, its delicacy; it will fix your reverence for its divinity.—J. H. H.

WOULD YOU HEAL YOURSELF?

MY CHILD, do you believe that I Am—I, and I alone? Then you must believe that all that you are, I am—that your body, your mind, your life, your will, your self—all are Mine.

Then you must be I, My Self. Which means that you can not be separate or different in any particular from Me. Only as you *think* yourself different can you be other than I am in any phase of your nature.

Then naturally, if you *think* yourself as *not* different but *one with Me*, so shall you *be*, and you shall express My nature.

Be still, until you glean the full import of these words.

If I am your self, then if you will but thus *know* it and let Me think My thoughts, speak My words, and do My will in you—which I will always do if you keep your thoughts of a separate self and will from your mind—then you will soon learn to be your *true* self and will consciously join your mind and will with Mine; and I will possess and work through them, and My Mind and Will will become yours, and you will know yourself as I AM, even as My beloved Son, Christ Jesus, showed My Self to you.

But before you can be and do this, you must accustom your mind to the knowledge of your true nature as very Christ living in your body and ruling your consciousness and the consciousness of your body. You must strive unceasingly to permit no thoughts to enter your mind and no feelings to influence your heart that you know are not Mine.

Yea, you must speak to your mind as I am now speaking to you, and must convince it by words of truth whom you are—must lift it up into the consciousness that you know to be Mine and yours.

You must even persuade the consciousness of the organs and parts of your body that you are now allied with God, the All-Good, thereby wiping out of their consciousness all of the old

separative thoughts of imperfection and not-good, and promising that henceforth only the good and perfect thoughts of the God you are will be sent them, in order that the All-Good of the One Life may manifest in and through them in perfect harmony.

Then you must practice daily, hourly, seeing yourself, feeling yourself, and being outwardly the all-good God that you, yourself, are in reality.

Yes, you can do this, by saying and *meaning* it as you say it:

"Be still, and know—I AM,—God."

Saying it again and again—and truly realizing yourself as God—to the consciousness of the organ or part of your body that still yields to the claim of separation. Say it until it is freed from such false claim, and *know* that it must obey and let go when you thus speak; for error cannot stand before truth spoken by one who *knows*—no more than darkness can remain where there is light.

Then in order that I may use you as a channel for the freeing and healing of others, you must practice keeping your heart open and letting My Love pour out and radiate from you, as light radiates from a powerful arc lamp.

You will thus become a moving center of influence for good that will affect all who meet you, for My love-life in the midst of you will touch and quicken the love-life in the midst of them, and they will be lifted up and made to long for and to come close to Me in consciousness, even though at the time they know it not.

Ah, do I hear some ask, "How can I open my heart and let out Thy Love?"

Do you not love someone or something—your mother, your sweetheart, a dear friend, a babe, a kitten? If you know not as yet that you have a heart, study carefully your feelings when you see such a cherished one,—note the warmth and welling up in your heart of something precious and wonderful there.

Do you ever feel kind, or long to help some suffering or needy one? When such feelings compel your attention, know that it is My Love in your heart knocking there and asking to be let out.

And if you yield, your soul will rejoice, for just that much more is it freed from self.

From much yielding to such feelings I shall in time teach you to keep your heart always open for My use: for in such a heart I come and make My abode and there live My life, do My will, and manifest My Self, unhindered and unlimited by the separate mind—Love having long since dissolved all sense of difference and separation, and lifted it up into oneness with My Mind.

Thus as My Mind in you is lifted up do I draw all men unto Me.

—From the *Eighth Lesson*.

INNER MEANING OF WORDS

I WAS working with a young lady in an endeavor to help her solve her problem. I started to say to her, "Why don't you do so and so?" But before I could get those words out of my mouth, these was impressed on me from within, "Why don't you TRY! 'TRY' is just a little word of three letters. The first is T which stands for TRUTH; the second is R which stands for RIGHT-USE; and the third is Y which stands for YOU. Therefore TRUTH put to RIGHT-USE by YOU, will gain you contact with GOD, and when you have *That*, you have all you need!"

Another instance of a similar nature is as follows: In using a certain reference to a prominent writer, I was inspired to use the words NOW-HERE and NO-WHERE to illustrate the point of extreme separation in *thinking*. The words are spelled with the very same letters, in the very same sequence—but My! what a difference in meaning. Actually it is the *seeming* difference between man and God, depending on whether I realize HE is NO-WHERE or NOW-HERE. The difference is appalling. One is the vast void of nothingness, and the other is the realization of "The Omnipresent Omniscience of Omnipotence!"

ARGUMENT is the weapon of straw with which ignorant, untaught minds fight the wielder of the Sword of Truth.

Intelligent discussion is the adjuster of facts, whereby the indelible colors and perfect pattern of the eternally Divine Plan is written upon the pages of our Book of Remembrance.

—*Faith Barree*.

GIVING

By Dorothea Hamilton

IT HAS been a spiritual journey, my learning something of how to give as God directs. When I had a substantial income, real love, interest and sympathy had little part in my giving. I never thought of my capacity to give in proportion to my resources, much less of putting it under the guidance of God. As appeals came, I wrote checks—sentimentally, emotionally, or prompted by a sense of duty.

During the second year of the depression almost every material possession I had had was taken from me. The experience of finding myself on the receiving rather than the giving end made a profound impression. Previously I had taken gifts for granted. In gifts to me at that time by several friends I saw with new eyes a quality of concern and sympathy and love which my own giving had lacked.

I discovered many truths as I began to think through and to put into action steps in the process of learning how God means us to give. The first was the significance of the words, "*Of Thine Own have we given Thee*". Once I began to see that all we have is God's and that whether much or little we are to be stewards of it, I knew that out of little as well as out of much, God had a plan for my giving.

Guidance came to put aside a tenth of every amount that came into my hands, no matter how small. Further guidance indicated practical use for these modest sums—the purchase of books which had spiritually helped me, books which could give others knowledge which had changed the course of my life.

Another step which I learned was to eliminate fear from giving, as I experienced the great truth that where God does guide He also does provide.

Another step was that giving for the sake of receiving was not good enough, of course, and contains impurity of motive; but that God asks more of us than giving just money in opening our minds and hearts to Him. For me, however, the willingness to give, in every area, has put money in its proper place. The realization that it is God's money has brought a greater and deeper sense of gratitude than I had ever experienced.

Yet a further step was that unguided sentimental giving can do actual harm. It is as wrong in some cases as it is right to give in others. My solution to this side of giving, as indeed to all, was to seek guidance as to where, when and to whom to give.

Finally I began to see that giving was a very concrete way to measure up to Christ's standards of absolute honesty, absolute purity, absolute unselfishness and absolute love; honesty with God and myself; purity of purpose and motive; unselfishness in denying myself; love in ministering to the needs of others.

And so it came about, slowly, that I began to see not only that formerly I had failed in stewardship by the selfish self-centered use of the larger amount of money God had at one time given me; but that now, as I gave on a basis of guidance, *with constant realization that God was intrusting me more and more as I showed trustworthiness*, more and more came to me again to give.

Christ's words in Luke VI: 38 took on new meaning: "Give and it shall be given unto you: good measure pressed down and shaken together and running over shall men give into your bosom. For with the same measure that ye mete it shall be measured to you again."

And there began to emerge the realization that in my past failure to give to others both in proportion to my income and out of my concern and love, I had broken a great spiritual law—a law as real and definite as the physical law of gravity. *Where there is intake there must be outflow, otherwise stagnation results.*

I have learned that we must have the same attitude of trusteeship for God and willingness to share our money as we must have in a willingness to share our spiritual treasures, our experiences. Our inner progress is quickened and deepened as we share with others, and it has been my own experience that income increases as we share that also.

The warning in Acts, "Remember the words of the Lord Jesus how he said, 'It is more blessed to give than to receive,'" has become so familiar that sometimes it fails to carry significance. But if we go deeper into it we shall begin to comprehend that great command of Christ.

We are God's stewards, our money is His money however much or little we possess, and His will for us is to share it, *and the more we share it, the more He gives us to share.*

—From *The Calvary Evangel*.

THE IMPERSONAL WORK

IN THIS Department will be included teachings and truths for more advanced students, especially for those who have received the monthly lessons in the sixty-five issued Papers.

Some of our readers perhaps may not be able to grasp these truths, but we urge if so that they reserve them for future study and consideration, as they will contain matter of vital moment to the soul, when it is grown ready to receive and use it as intended.

INNER WORKERS

AGAIN we would emphasize the necessity of all *Inner Workers* thoroughly acquainting themselves with their own souls, knowing themselves as such *centered in their soul consciousness*, instead of in their outer minds.

We know we have stated this often in different ways, but we are surprised, when the subject is mentioned at the hazy ideas most students have of the subject, even the more advanced, and how few really understand what is the soul and how to get back into its consciousness, despite the many times we have shown just how to do it.

We fully realize this is because, when the instructions were given, they did not study them carefully and *make themselves do just what was shown*, in order to gain for themselves the knowledge of it and the power that awaited. For there is a definite feeling of power accrues to one who is able to free himself from the mind and the influence of the senses and the emotions, which usually keep one's consciousness centered in the outer man.

Yes, it takes real effort and practice and some deep thinking, in order to understand just what is meant, and most minds balk at that; but no one gets anywhere in Inner Work until he is able to make his mind do what he wants it to do and is no longer influenced by its likes and dislikes.

We stated something in the last issue in this Department that we hoped would arouse in the minds of all *Inner Workers* a realization of the great importance of this we have been urging upon you. We do not know how many understood just what was meant or recognized its importance, but we have yet to hear any comments on it. We take it that it just did not

Oh, I think of the Impersonal Teachings as a Home at the end of a long, long road, with the words "I ALONE AM," across its portal, and I am shown a golden key. The key is LOVE. Maybe, there was a Shining One who whispered those words "I ALONE AM," and pressed the key into my hands; for I entered. Christ opened the door, and I found nothing but a golden radiance and peace, within.

For some time I have rested in the peace and radiance of my Father's home; but I remember so many who have not found Him, and whom I must help also to find their Home.

Therefore, recalling the words in the sacred Bhagavad Gita, "*Having pervaded the Universe with one fragment of Myself, I remain,*" so must we realize that Universal Love is inexhaustible, that we may draw near to It and draw from It at all times; but that it is our duty, while incarnated in a human body, to USE it for the benefit of our fellowmen; that, having found the Kingdom, we must go forth 'from' the Kingdom with the good tidings.

Truly, the angel within the heart sends forth to all mankind tidings of great joy, when the Christ-child is born within the human soul—tidings of a Love, which exists not to help one get and be loved, but only that it may give.

MODERN MIRACLES

MUCH has happened during the two years since I first began studying the Impersonal Lessons, much that is just as miraculous as the things that happened 2000 years ago.

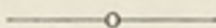
Last winter a man in my house was wounded by a bandit—shot when on the golf links, through the thigh close to the bone.

He insisted upon being brought home. I treated him that night until about midnight. A friend who is a truth student also came in and sat and worked with me for a time.

The next day, he dressed himself, came downstairs grinning, got into his car about 10 a. m. and drove downtown. He went about his business as usual and did not return until 11 p. m. His friends during the day were sending him flowers and calling to see him, and looked incredulous when told that he driven off in his car.

waiting for your mind to recognize it, look to and wait upon it as the *real* you.

Therefore go back to the first year's articles on the Soul and carefully study them. When you really know your soul, you have found I Am, and you will know I Am and be I Am.



SIGNPOSTS ALONG THE WAY

MANY thanks for your nice letter received this A. M. Also for *The Way to the Kingdom*. For me, the latter, is truly the WRITTEN WORD OF GOD, as received by one of His Sons. And in the Love in my heart to whomever it came through, and to you of *The Sun Center*, I add a blessing.

I find God in everything that HE leads me to through you. No matter what the other teachings through which I had to travel and learn many lessons, with your words I seem to have found a sheltering home. And each letter I receive from you seems like a warm handclasp.

There have been many lovely sign-posts along the road. There naturally were many intellectual truths to learn. But oh, when I reached the *Impersonal Teachings*, it was just like finding a quiet, gentle, and all-understanding Father.

Through them I have found God within my heart, not as in an idle dream, or through an intellectual process, but by the elimination, through actual experience, of life's lower elements. I KNOW, that as we sow, so do we reap; this exempts neither an atom nor a world. And I KNOW that LOVE is God's greatest spiritual force, which once comprehended in its impersonal reality, levels all barriers and heals all ills. Jesus was Love Incarnate; He used the "natural" force of Divine Love, and poured it into the hearts, minds and bodies of the bewildered humanity of His time. And what happened? We read that "miracles" happened.

And time passed, and fewer and fewer "miracles" are recorded. Why? Because man, as a part of humanity, loves only himself; and Divine, Impersonal Love, which should flow from one to another is blocked and cannot express.

as handsome and healthful looking a man as I ever saw; said he had read the book three times and wanted to go to a Truth lecture. I know that God is blessing this father and son, and that through this lesson, they too, will *seek and find the kingdom of God within themselves.*

FOR A long time I have been holding two men, cousins of mine, in my meditations, speaking to the God-self of them to awaken.

One of them stopped drinking recently, and he had been drunk most of the time before that. The other suddenly appeared one morning at four o'clock (we hadn't seen him for one and a half years) and told us that in the Spring he was about to commit suicide when he was led to the Oxford Movement in Arizona, where through Divine Guidance he went to San Diego and to the Ford Company, when by a seeming miracle he was selected out of many to work for them at the Fair. He says he now has Divine Guidance in everything he does.

I am so thankful I have been led into this Inner Work and hope I can do more and more serving on the inner planes as well as in the outer. If you could see me now, you would hardly know me for the woman I was two years ago.

YOUR DIVINE POWER

ACCCEPT nothing adverse in your life, in your body. See straight, see what has come, and if it is not good and perfect, do not accept it. Do not empower it. Find the cause if you can. Accept not results from any cause. Give nothing building power.

Your mind has not only creative and recreative power, it has also the power to decide your mental and physical reactions. You are responsible for the reactions of your mind and your body. "As a man thinketh in his heart, so is he." The Divine Power of every individual is extraordinary and ever present. There is no limit to man's potential power. For the power of Will and the working of Wisdom, I feel we should always sing praises.—J. H. H.

THERE is no ill that may not be dissipated, like the darkness, if you let in a stronger light upon it.—Thoreau.

There were many witnesses to this glorious work of God, and much Spiritual benefit has resulted from it. I have seen the quickening transforming work of the gentle Christ Spirit outmanifesting through this man in his life and affairs, since his healing, just as it outmanifested through his body and wrought that miracle.

He did not know at the time that I was treating him, but did acknowledge, when I asked him afterwards, that "God healed him!" God did heal him and is blessing him. (I operate a small hotel and that is how I contact so many people. My right place!)

Then there was the distracted father whom I had never seen before. He came to get a room for himself and one son; the other son he told me was in a cell violently insane—had been suddenly stricken two days before, a splendid 27 year old man.

I looked right in his eyes and said, "Your son can be healed! Only believe! It will be so!"

He looked at me hopelessly, and said, "You don't know the condition he is in. He tears his clothing off, and is naked in that horrible cell. They will not let me take him out, saying he is a public menace. He will not eat; throws all his food on the floor."

I said: "Do you believe in God?" He answered, "Yes." Then I asked him if he did not believe God could do anything. To which he replied, "Yes." Then I told him to believe that God could and would heal his son. He said he did believe it.

The next morning about 10 a. m. he came running down my hall, calling me. He was so overjoyed he could scarcely speak. He told me his son was dressed, out of the cell, had eaten a hearty breakfast and had talked an hour and a half intelligently to his father before he came to tell me the good news.

Then his face clouded and he said, "If it will only last."

What doubting Thomases we are! I quoted, "Whatsoever God doeth it shall be forever." Remember He healed your son!

He acknowledged it. Again and again he has since acknowledged it. He asked me for some literature and I gave him *The Impersonal Life*. He came down this summer and brought this son—

myself to rise and to my surprise I immediately began to ascend. When I arrived at a level with the top of the fence, I became concerned at being so high above the ground and wondered if I could let myself down again. Again I thought of my will, and as soon as I exercised it I stopped moving and after being suspended in the air for a moment I willed to descend, and to test the power I stopped and started twice on my way down to the ground on the other side of the fence. I was so overjoyed at the discovery of this wonderful power, that I knelt down and said in a loud voice, "O Father, I thank Thee for this power."

Your dream is interesting, but we are wondering if you really got the lesson from this experience or were so concerned about the phenomena part that you missed it entirely? It was to illustrate your power to rise above every difficulty no matter how hard or high—if you only know it. All you have to do is to remember this power of will you have, then to call it into play and start to do whatever task is before you, and you will find yourself rising to the occasion as easily as you did to get over that fence.

DARK SPIRITS

MY YOUNGEST brother for quite a while has been dabbling in Spiritualism, and he is at the stage where he "knows it all." Of course I realize that just what he is going through must be good for him or he would not have to experience it. But just the same it worried me, because he is of a very sensitive nature, and believes everyone should see as he does. One night I was thinking strongly about the subject and talked it over with my husband before retiring—and then I was asleep.

I dreamed that I went home—over in Canada, and I seemed to see each one, Mother, Dad and the rest, and then I went over to the small room my brother uses for a meditation room; there I saw a curtain drawn. As I stood there a tall figure came across the room dressed in a white robe and a white turban—but the FACE AND HANDS WERE BLACK.

He, or it, did not see me, and when he entered the meditation room I drew the curtain and stood with my arms outspread, trying to surround the room with the Light and Power of Christ. Then I spoke the Word. Just what was the Word I am never conscious of when I awaken; but I have uttered it before. Even as I spoke it this time the curtain vanished and with it the being I had seen enter the room—it all seemed to be consumed in a white smoke.

Since that dream I have not been worried at all about my brother, but I seem rather to be waiting.

We are interested in your experience with your brother. Let us hope that what you did to that entity by speaking the Word will destroy his influence forever over your brother.

Try to realize the great power of Truth—that Its Light, when sent forth by one who knows, as you evidently did in your soul consciousness, can utterly change both the one influenced and the one influencing, through the quickening into a flame the Light of Christ within each of them; for remember in each is His Light which is the only Light they have. Know that this is so for your brother, and it will be so.

THE INTERPRETER'S HOUSE

IN THIS Department will be given interpretations of dreams and visions of those needing to know their inner meaning. We reserve for it only those of special interest and helpfulness.

POISONOUS THOUGHTS

I DREAMED that I was in a room and had some bandages around my feet and legs up to my knees. I unwound these and as the last lap came off I found my feet and legs were as white as snow, with beautifully soft white skin. Two days later I was taken down with native Pneumonic Flu and was in bed for over a week, coughing up a lot of mucus from the chest. I have never had not even a cold before on the chest. But this got me all over the body first; then it went to the lungs and since then it left me with a cough. It looks to me as if I am throwing off millions of dead cells. My skin has got much clearer and I must have got rid of a lot of poison.

From this I take it that my understanding, symbolized by my feet, is getting much clearer as the bandages—meaning the errors of understanding that were binding me—are being removed.

I am between two adverse conditions where I work. I have treated both; one has improved wonderfully, the other seems to be up and down. So I have asked to be led to know what to do there now.

Your dream was a forewarning of what was coming and an explanation of the cause. You must remember that so-called "colds" are the result of some mental or emotional disturbance that nature is trying to correct. What you call poison in the system are really poisonous thoughts and feelings in the mind.

Let us hope that now the bandages have been removed from your understanding, all of the life forces in your consciousness will have an opportunity to express freely. Search your mind carefully, and see if you can discover what was that poison that had accumulated and which caused the congestion or binding of your understanding. Did you allow too much destructive feeling to enter the situation you report you were in with the two friends? If so, that is the way a cold or congestion starts.

We see you coming through this experience much wiser and better able to handle conditions. Remember nothing that comes to pass can affect you, only as you allow your mind to get stirred up about it, and then it affects only your mind and body—not YOU, who are pure Spirit.

DIFFICULTIES IN THE INNER REALMS

I WAS standing alongside a very high woven-wire fence, over which I seemingly needed to go, to get past it, and felt myself attuned to the higher plane of consciousness. I felt an electrical vibration throughout my entire body which seemed to make it very light and buoyant and gave me the idea that I might levitate my body into the air. I then willed

"THE POOL OF BETHESDA"

THE "POOL OF BETHESDA" is that pool of Spirit deep within your consciousness that is the very Source of your life. Therein is life in its pristine purity. Try to realize that you have such a pool of consciousness deep within where you can enter and bathe any time you will, and there can be cleansed of all impurities, all weakness of body, mind and soul, and can come forth renewed, revitalized and strengthened for whatever is before you.

Your body, life and world are only what you think they are. In that quiet wonderful consciousness you see everything as it really is, and think only true thoughts about yourself and the God Life in you that is your only life. There you *know the truth*, and the truth is so wonderful it will make you clean, and free you from all the false beliefs accumulated in the outer consciousness of self.

TRIALS

WHY BE disappointed with yourself? Those things are but tests to prove whether or not the truths you had learned you can now use. Why think you they were given you by your Higher Self? And how are you to know that you really understand them until you are given such opportunities to put them to use?

Let this experience be an incentive and a stimulation to you to make yourself the next time say and do only what the Loving One within wants you to do. We never know our weaknesses until we are tested, and then they are shown us only that we may get busy and correct them. Can you not see it now?

FALLEN ARCHES

WE REGRET to learn of the fallen arches and suggest that if possible you begin the exercise of the muscles that support the arches as follows: Raise yourself on your toes six times or more as far as you can and rest there a moment after each raising. After which, resting on your heels, raise your toes as far as you can an equal number of times. These exercises cause the blood to circulate fully in the muscles which before were not getting enough vitality and had therefore grown weak. Do this exercise several times a day and while doing it see and feel the muscles being strengthened thereby, and you will soon find relief manifesting and a restoration to normal condition.

WHAT IS PROGRESS?

DO NOT think that you are just a beginner, because one's progress is not in anyway determined by one's occult or metaphysical knowledge, but only by one's Spiritual understanding and sympathy for those who are facing their problems bravely. Love is the only criterion—love for others despite what they say or do. When one has love—real love, it shines from their faces and shows in all that they do. But that love is only the reflection of what is coming from the real Lover within, the Christ, Whose Light lighteth every man who lets His Love thus shine forth.

THE INNER ROOM

CONTAINING quotations from our replies to those writing us for help in their *Spiritual problems*.

Each day at 12 o'clock noon, we take the names of those asking for such help in the Silence of the Spirit, and "Speak the Word" for them. Many hundreds have testified to receiving the blessings of such ministry.

KEEP THE CHANNEL OPEN

WE TRULY want to help in the problem confronting you, but the only way to prepare your mind for the truth is to insist upon making it study carefully and prayerfully the law that is stated so clearly in *The Way Out*. If you only know it, all that you need to know is in *The Way Out*. But of what use is it if you do not *make yourself do* what you are shown therein you must do, if you desire the blessings promised on the cover page.

Also how do you expect to get anywhere when you deliberately clog up the channel through which good flows into your life by filling it full of fears, worries and discouragement, and all such negative and harmful thoughts. You might as well expect water to flow from a pipe that is all plugged up with mud.

The only way you can start the inspiration and guidance flowing from the Source of all Truth—the One Consciousness, of which your mind is a channel—is (1) to know yourself as a channel; (2) to know that your mind is a part of and is always connected with the One Consciousness; (3) to know that whenever there is a need in your life, by turning to the Source within you and mentally connecting yourself with It in a perfect faith and trust that by thinking and seeing yourself connected you ARE connected, when the inspiration and guidance needed will pour through into your mind just as surely as air rushes into a vacuum or as the water will flow forth when the faucet is turned on.

The above tells the whole secret and all you need to do. But you must make yourself do it. No one else can do it for you.

TEMPERING THE SOUL

YES, YOU are being put through the fires for a very special purpose. Think what this means. The fire burns out all impurities and brings the steel to just the right temper. Is that not what you in your soul really desire to take place with your human personality? We know how hard it is to see your family seemingly suffer because of your inability to provide what is needed or what they think they should have; but just so long as you allow yourself to be unnerved and affected by what the family says, and allow the picture they paint to remain in your mind and discourage you, it cannot help but prevent your good and theirs from manifesting in your outer lives.

We urge you to read carefully the article "*As a Man Thinketh*" that appears in the January issue of this Magazine. It shows you clearly how to handle your present situation.

It is quite difficult to be wholly impersonal; in fact it is almost impossible in a world of human personalities where everyone is concerned about his own self and the selves of others, and lives only to develop and perfect self. This means that personality and self are closely allied—if they are not the same. Most students and thinkers deem them synonymous, and we will so consider them; for the personality is what the world considers to be the self of a person, is that which distinguishes and characterizes the man.

Then to be wholly impersonal would mean there must be no evidence of self of any kind, no concern about self, no self interest, no seeking or striving for self. Instead the interest should be altogether away from self and from personalities.

This could mean only that to be impersonal one (1) must be above self, (2) must live above the interests of self and of personalities, (3) must see past and through appearances to the soul of things, (4) must know that what appears is not real. An impersonal one is then wholly unconcerned about personalities and their interests, and about the things of the outer world.

To the ordinary person all this seems impossible of attainment; and for such it is impossible. But for students and thinkers the impersonal state must be attained at least in some degree before any progress can be made toward self-mastery, and before one can have any real *Spiritual* growth. For without the ability to rule self and to be able to do what he wills as a *Spiritual being*—man's true estate, one is bound and subject to his lower nature and is ever held down to the outer, material world, which means to a limited and uncertain existence.

Let us consider then these four attributes of the Impersonal Life.

(1) To be above self can mean only to be above selfishness. To be above selfishness means never seeking anything for self and instead always keeping in the background, coming forward only when there is a need, and then doing what there is to be done quietly and unobtrusively.

(2) To live above the interests of self and of personalities, means that one must thoroughly understand human nature in all its personal phases, through having mastered his own personality; and he thereby knows that all men are not their personal natures but are in the process of overcoming the forces of their lower