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TWO MEN CONTRASTED.



The people of California have spoken and the next Governor of the Queen State of the Pacific Coast is named Henry T. Gage, and the Lieutenant Governor who will assist in the governing business answers to the scriptural cognomen of Jacob whose surname is Neff.

They are both good men and will doubtless fill the stations to which they are elected with honor and ability, but it requires only a glance at their portraits which embellish our first page this month, to realize that they are very unlike in phrenological

development.

Mr. Gage has a narrow head compared with that of Mr. Neff, and the distance from the opening of his ear to the point where phrenologists have located the brain organ of Acquisitiveness is short, causing him to care but little for money, just for the sake of accumulation or hoarding. Mr. Gage is of the mental-motive temperament, which was also that of Abraham Lincoln, whom he resembles in many respects, possessing a kind heart, springing from well marked Benevolence and integrity of character, the outcome of strong Conscientiousness. The energies of such a man are always devoted to the cause of right and justice, as he sees the right. The strong chin, firm set mouth and high crown are indicative of firmness of purpose and a determination to overcome all obstacles by which his pathway to success may be b set. Mr. Cage is strongly electric, and when his energies are aroused wields an influence over his



fellow men that is irresistable.

The head of Mr. Neff will be seen to be broad where that of Mr. Gage is narrow. He will be sure to look out for the proverbial rainy day, and provide for its coming. He is a hale and hearty man, blessed with a good digestion, which is half the battle of life. Other things being equal, the man with the strong digestion will discount the success of the man with a weak stomach, two to one.

While Mr. Gage breaks down tissue very rapidly and exhausts his nervous force as fast as manufactured, Mr. Neff husbands his resources and keeps what he gets of vital energy, reserving it for time of need.

Both men are highly executive and intellectually well endowed, but their temperaments are opposites; Mr. Neff possessing the vital temperament in a marked degree, while in Mr. Gage the motive predominates over the vital, the significance of which is that the former will conserve his life forces and take the world at ease, while the latter will be kept busy setting things to rights.

The men are unlike—the Governor representing the moderate base brain, energetic, non-acquisitive, progressive and philanthropic, while the Lieutenant Governor represents the broad base brain, large acquisitiveness and easy, well-nourished organization.

quisitiveness and easy, well-nourished organization.

They are both typical Western men, and while the competitive system continues in force, are as good as could be selected to execute the laws of the Golden State.

The Cause of Spain's Decadence.

During the centuries when Spain was overrun and trampled beneath the iron heel of her Moorish conquerors, her children were consigned to labor and toil by the sweat of their brow, and to subsist upon the simplest fare, in order that they might build up and support the princely magnificence of the usurpers who ruled their land.

Born and bred amid the couditions of a Spartan life, a strong and mighty peasant race was gradeveloped, and from amongst them in course of time, arose men of firm courage, of marked intelligence, progressive spirit and unnending will. With tongues of burning fervor, these leaders of men stirred their downtrodden fellow-countrymen from lethargy to patriotic zeal, and aroused them to aspirations of a great people. The Spaniards, as one man, answered to the call: they revolted from Moorish tyrauny; they claimed their country and their liberties for themselves; they snapped asunder with terrific earnnestness the shackles of slavery which bound them, and their victors lay prostrate at their feet.

Fired by the enthusiasm of liberty, strengthened by the glorious heritage of stamina and health, they spread themselves over the face of the earth, carrying civilization to its farthest corners, building up an empire of greatness, grandeur and wealth. Her hardy sailors were known as the most skillul and adventurous that tracked the ocean; her soldiers were the bravest, her army the best disciplined in the world. The wealth of nations in richlyladen argosies thronged her ports and her proud flag floated on every The rights of the known sea. poor were considered equally with the rich; the wisdom of the Span ish Court and its startling reforms became a pattern for civilized countries elsewhere, and she equalled, if not surpassed in her greatness the glories of Ancient Rome.

Intoxicated with her success luxuriating in her wealth, Spain soon forgot the traditions of her forefathers and the basis upon which her empire had been reared. Step by step her people degenerated into a condition of luxurious ease. Toil, which had crowned their fathers' regacy with its glory

and had rendered Spain the most envied and feared of nations, was viewed as a mere vulgarity by her proud and indolent sons. Thev had entered into spoils they had not won, and had inherited an ease, the value of which they could not appreciate. The simplicity of their ancestors was blotted from their memory; the heroism which sprang from the vigorous manhood of peasant life was remembered but for its romantic history, whilst the source of is strength and power was forgotten.

Glittony and idleness ran riot through the land Spain's ancient casiles—those venerable links with a memorable past—which should have rou ed a sense of pride in every patriot's breast, crumbled to the ground, ur cared for, unwatched. The government was abandoned into the hands of administrators who cared only for personal aggrandizement, and in a few generations, the once mighty Spain became the home of an effete race, and her statesmenship, but a by-word in the Councils of European Courts.

We see to day the descendants of the brave men who carried the Standard of Castile over the inexhaustible treasure fields of the New World, practically helpless and hopeless in the presence of a nation of but a century's growth, whom yesterday she despised—a nation whose land Spain's own children had discovered, and by whose zea and enterprise it had been op ned up five centuries before — WALTER R. HADWEN, M. D., in Vegetarian.

The Teacher and Phrenology.

We have received a letter from one of our former pupils who is a school teacher in a neighboring state, in which he says he is instructing a class of school teachers (25 in number) in Phrenol gy.

We feel sure that the instruction they will receive from such an apt student will enable them the better to understand themselves and their pupils. Above all others, school teachers ought to study Phrenology so that they can readily adapt to each pupil the right me hod of instruction.

Under the old method, s hool than control the appreciate s must study their pupils well.

by their actions; this slow process takes months before they comprehend the disposition of the pupil, and then the knowledge is indefinite. Five minutes in the light of phrenology will revea the true character, disposition and ability of any pupil in the school.

How is it that some pupils are quick in comprehension, others slow; some quick in figures, but fail in history and grammar, while another pupil is a complete failure in arithmetic, but successful in history, grammar, drawing, etc? How is it that one pupil is intelligent, but retiring and timid, another is brave, selfish, headstrong and incorrigible?

The phrenologist reads each pupil at a glance, and can talk to each so as to guide, instruct, lead, win and control. There are people who have intuition and become expert in knowing others; the majo ity of persons are not so endowed, but can learn to read character scientifically.

Teachers and clergymen can do their work in reeffectually if they learn phrenology. One of our students, who is a school teacher in a country school, had an incorrigible boy that no one could manage, but he understood the boy so well that he trained him to be one of the best boys in the school.

A young boy about twelve years of age attending a public school in this city from one of the orphan asylums, proved such a source of trouble that the principal, in a rage—a large, burly man—sho k the poor boy and flung him against the school door with great violence. That principal did not understand the boy phrenologically, or he would have shown more love and mercy for the poor orphan.

Study phrenology.

Is it not a sensible plan to live hygienically and help nature throw off impurities hough the kidneys by drinking distilled water and through the pores by means of hot air or vapor baths?

It is very hard to overcome a habit, especially that of over eating. Many people prefer to over-eat and be sick, rather than control the appetite and be well.

Phrenological Examination and Child Culture.

The following, clipped from the *Phrenological Journal* for October, should be read and heeded by every one who desires success in life or has the good of children at heart.

"People ask, "What good will an examination be likely to do me or my boy?" We reply that this must depend very much upon who and what the person is. One person is full of fire, and needs guidance and restraint: another is timid and diffident, lacking in force, courage, fortitude, and needs encouragement; another is too sentimental, and should be taught the need of a more practical life; another is given to sordid greed, and worships, if not the Golden Calf," the gold that might make one; another requires advice as to diet and daily habit and hygiene; he does not know that he needs any advice; his doctor could tell him, but he does not apply to him; another is precocious, too imaginative, too intellectual, and needs ballasting and instruction in the way of daily habit and economic duty; another is too imperious, irascible and impatient; another is drawn toward the realm to social dissipation; another desires to know what he can do best, what kind of trade, business, or profession his talents, constitution, and aptitudes best fit him for, another is broken down by overwork or overstudy, and needs information as to the cause and cure of the trouble.

Occasionally there may be a man so harmonized in body and mind, so smoothly related to life, that he does not deed help from physician, phrenologist, or life-insurance company; it may be a comfort to him to know how amply he is endowed and how responsible he ought to be to the High Power for the excellence of his constitution and condition. If any one should happen to receive a description, and pay for it, even if he did not need it, it would aid the cause, and perhaps reassure him.

Most people, however, need something to fill out their deficiencies or restrain their excesses or to guide their forces. As a locomotive carries its head-light in

its front and illuminates a mile or two of track in advance of itself, so a proper description, phrenologically and physiologically, is calculated to illumine the pathway of life, and if it does not make the grade easier it makes the transit more safe and sure.

Young women have a laudable ambition to do and be more than their mothers and grandmothers. New opportunities are opening to them, and it is only a question of effort in the right direction for one of only ordinary talent to rise much above the common level. If culture is wanted, one should know the capacity possessed; if a profession is to be followed, special ability is to be understood. If one's ambition is to shine in society, then the more thorough the knowledge of strong and weak points the more can be accomplished

Phrenology is the only safe stepping-stone to success, and women need it even more than men, because they have greater mental than physical strength.

No woman who is in any way dependent upon her own resources can afford to be without the self-knowledge that a Phrenological Chart would give.

CHILD CULTURE.

Children should not be trained without taking into account temperamental and other characteristics. Phrenology will indicate clearly what to do for or with the precocious child or the dull one. The self-will in the stubborn one is not to be broken, but self-control is to be secured. Every child should be developed into a well-balanced man or woman.

The responsibility for the existence of one-sided, unbalanced men and women who are failures in life, rests very largely, if not wholly, with the parents. A proper understanding of the child's nature and an appreciation of its capabilities should insure such culture as will result in a life of success and usefulness.

Parents cannot fulfil their entire responsibility without securing a Phrenological chart showing fully the natural tendencies of each child."

Those who are unable to come to HUMAN NATURE Office for a personal examination can send a photograph with particulars, as stated on page 9, and we will do the rest.

Out of His Sphere.

It is unfortunate that many young men are not in their proper sphere. Men with commercial types of brain following mechanical trades or commercial men as mechanics. The natural result is that both are dissatisfied and both failures in their callings. Recently a bright young man with a light complexion, sanguine temperament (old classification), light hair, rather fine texture, and a head of the commercial type, called at the office of HUMAN NATURE for a phrenological examination.

His head measured 22 inches in circumference, and he weighed 155 lbs.

Over the crown from ear to ear. he measured 14½ inches, or 1½ more than the length, which is 13 inches. His organ of Self-Esteem was rather weak, showing want of Self-Confidence, but his organ of Approbation or Ambition, was quite large and acute, hence we informed him that he lacked Self Assurance, was not aggressive, and although very ambitious to do something worthy of himself and better his condition in life, he was not likely to assume great responsibilities and often felt discouraged. That he belonged in an office, counting house, or store, rather tha the workbench, and in conclusion advised him to turn his attention in that direction rather than to mechanical trades.

Phrenology, correctly interpreted, makes no mistakes, nor did it in this case, for the subject under examination confessed that he had always desired a commercial life, but had not courage to enter the the field, moreover he was not financially prepared, much as he desired to go into business for himself.

As a mechanic he certainly is not in his right place in life, and will never be satisfied until he enters the commercial field, as the commercial faculties greatly preponderate over the mechanical, and need exercise for their natural gratification.

This incident illustrates our test that many a life is wasted because the phrenologist has been neglected, and the right trade or profession chosen at the outset of life.

Health Department.

Diet and Digestion.

By Dr. T. R. ALLINSON.

I am frequently asked whether reading at meals is bad for digestion; to answer this properly, we must know what the reading is about. If a person eats a heavy meal and studies a philosophical or scientific book at the same time, and tries to remember its contents, then it will undoubtedly injure him, as intense thought and action can't go on well at the same time; such reading is therefore not fit for meal times. But if the book is simply one of tales or travels, or if a newspaper or some light reading be indulged in, then no harm will result, as only a medium amount of food is required by the brain for work of this kind. Talking at meals should not be indulged in very much; certainly not whilst we are attempting to masticate our food, otherwise we do wrong. We can't thoroughly chew our food if we talk, besides which we may get so interested or excited that we neglect to eat a proper quantity. The wisest policy is to talk between the helpings or the courses, but not whilst actually engaged in eating. conversation, too, should be light rather than learned. The question of rest after taking food must not be forgotten. It is always best to remain quiet for half an an hour or even an hour if possible after meals, so that the food may be partly digested before we draw blood from the stomach to other parts of the body. All of us know from experience that we do not feel inclined for much work of any kind directly after a meal, especially if it has been a heavy one. Those who are engaged all day at heavy work with the muscles, or whose brains are severely taxed all day, will do well to take simple food in the middle of the

day, and leave the heavier meal until evening, when the work is done, and when a quiet rest can be taken after it. It is related of John Hunter, the great surgeon, that one day at dinner he fed two dogs on suet dumplings; one of these he took out for a long run behind his carriage, whilst the other one was left at home sleeping on the hearth-rug. At the end of two or three hours he returned, killed both dogs and opened their stomachs. The food in that which stayed at home was all but digested and the stomach nearly empty, whilst that in the stomach of the dog which had taken the exercise was found to be in a hard mass that would take a long time to digest. The moral of this is to rest awhile after meals if possible; those who go out for bicycling and walking tours should not start directly after a meal, but allow the food to be fairly started in the digestive process before they take to the road again. Those who go in for contests of various kinds will do well to keep this in mind; they may have a fairly good meal two or three nours before the trial of strength or endurance, and then they have most chance of success,

Some occassionally ask may they have many courses at dinner, or is it best to keep to only one or two? The best plan is to eat from as few dishes as possible; to dine from one course only is best, to have two courses is next, but more than three are hurtful to the stomach. Persons who eat one course are less liable to overfeed than those who have two, and those who dine from two dishes will overfeed less than those who have three or more. At a grand or big feed the wise man will content himself with simple food, and go away from the feast uninjured; he who tries everything must suffer next day for his overfeeding.

Bread Reform.

Bread made from white flour is not only innutritious but actually injurious to the system, because the white portion of the wheat is nearly all starch, which starch is very hard to digest, and when digested does not make muscle or give vital strength; it only aids in producing heat.

An excess of starchy food is not only starvation, but it also causes fermentation, or "sour stomach" and intestinal dyspepsia. This can be proved to the satisfaction of any person sufficiently interested in the food question to analyze his own symptoms and observe those of others. But the majority of people go on in the old ruts, eating hot biscuits, soda biscuits, pastry and cake, consuming twice as much in quantity as needed, then lay their illness to the "dispensation of Providence," or as a remedy, swallow

some quack nestrum.

. If we are to become a healthy people, we must think for ourselves, and not let the medical priest think for us. With few exceptions, doctors have a financial interest in keeping the people in the dark, and ignorant on the laws of health If this is not so, why do they not teach the adoption of nature's laws, or advise their patients to live naturally, instead of prescribing nauseating drugs couched in Latin phrases, which nobody but themselves can understand? Why do they not teach people that it is better to eat bread made from the wholewheaten grain? The best wholewheat flour is the Advent, because it contains all there is in the grain, and is superior to other wheaten flour for the reason that the outer covering of the grain, which is an indigestible, woody, fibrous substance, found in other wholewheat flours, is entirely removed by a scientific process.

The ancient Spartans were a hale and hearty race and subsisted largely upon whole wheat. Since the beginning of the present century the inventive faculties of our mechanics have been exercised to discover some means whereby wheat flour could be produced that would immaculate bread as white as the driven snow and quite as innutritious. Since their efforts have been crowned with success, the complexion of our fair damsels has faded to the color of the bread they eat, and their strength and health has correspondingly diminished.

I)r Andrew Graham gave the world a few hints upon this subject but with the advent of Advent flonr we have wholesome bread and handsome girls.

Advent Flour is made by the Del Monte Milling Co.

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PugetSound Department

VENERATION.

By Prof. D. C. SEYMOUR.

The organ of Veneration is located at the highest part of the arch of the center top head, on each side of the median line. This organ seems to be that part of the brain, through which we search for something to revere, to venerate and to worship. It teaches us to be humble, spiritual and worshipful, to venerate the aged, the great, the powerful, ancient coins, pictures, paintings, sculpture and to collect together ancient relics. heir looms and old books. It gives a love of ancient history, religion, our parentage, the home of our youth, our native country, a belief in God and all the gods, in creeds and priests, popes, inspiration and revelation, and with reason moderate or small, and Destructiveness and Combativeness large the person will fight and die if necessary. for his religion. Those thus organized make good martyrs, also fine soldiers, to carry on religious wars and crusades or to defend their own country.

People so organized see the hand of God in everything, believe much in special providence, and if poorly educated, will not believe that, as the great Humboldt said, "the Universe is governed by Such people will strive to do right, not because it is right or the right thing to do, but because God says they must do so and so. The faculty of Veneration has led to the rise of all the religions in the world that now exist or that have ever existed Man, before the dawn of science, knew but little about nature's laws, or "Nature's method of procedure." All manifestion of force, energy, life, motion, etc., now denominated as a "phenomena of matter," was believed to be the workings of a mysterious providence," the hand of God made manifest.

All savages, barbarians and partly civilized, and millions of so-called civilized human beings still so believe, where the intellectual lobe of their brain is small and Veneration well developed. It is always much easier to open the eyes and mouth and believe, than it is to close the eyes and think, meditate and philosophize. Humanity is ever ready to travel

on the "lines of the least resistance." I indicated in a former article in Human Nature why and how religion had to come and be developed before the "dawn of science," or even education. In fact, we never would have had, either except through the workings of religion. The brain grew upward, as we evoluted away and above the animal, thus was built into our top-head a spiritual "skylight" that we might soar upwards, far beyond the "ken of mortal vision", and through those windows of the soul, Veneration, Spirituality, Intuition, Hope, Sublimity, gather food for thought and meditation, thus inspiring us to ask, why and what is the cause of these wonderful manifestations and infinite phenomena. Thus was humanity led to think and reason, and the dawn of Intellect thus be-

A wise man has said the "very first doubt was the cradle of wisdom?" Thus our front brain, the intellectual, began to grow and unfold, and little by little has the law, order and system of the Universe been unfolded, to our astonished vision, the birth of Science, an accomplished fact, and the world is fast being made to comprehend the infinity of the Infinite mind, that "doeth all things well." The front brain, with the inspiration given by the convolutions of the top head, and the energy and force mechanical skill and acquisitiveness, lent by the full side head, man is fast unraveling the mysteries of the universe. He has snatched the lightning from the clouds, and makes it light up into brilliancy the midnight darkness, and the grewsome caves of mother-earth; by its use, he gathers the force of the Niagara and transmits its power to other places, to do the work of over-burdened humanity, giving them the chance if they will, to more develop their intellect, knowledge, being, power, etc. Front brain has read aright the writing on Nature's stupendous walls, and those hieroglyphics translated aright gives us the key to the universe.

We can easily see the origin of Veneration. Let us go back to man's primal condition, when, in a state of nakedness he dwelt in caves and hollow logs, and looked out from under shaggy brows with an illiterate brain, through savage eyes on an unknown world. He had no conception of what pro-

duced the lightning's flash or the earthquake's power, or what caused the tides of the sea, or the howling of the storm, the spanning of the sky by the rainbow's artistic arch, or the volcanic fires. He watched with fearful eyes these dread signs ef his destruction. It was but natural for him to conclude that somewhere was a being located with omniscient power, that was manifesting in all these divine ways. Here was the dawn of the God idea, and the formation of the first brain cell in the organ of Veneration, and every thought of this kind afterwards added more brain cells to the faculty, and thus little by little this region of the top-head became elevated-and thus, after the lapse of almost infinite ages, we find religious people, nearly all with highly arched top heads. have bvilt them themselves, with the help of their forefathers, and the grand structure is not yet finished. Man is yet to know more of "God" than he has found out.

It was but natural when primitive man, as he thought, discovered the Infinite source of all things, that he should show his submission and subserviency by. prostrating himself in submission and prayer, and in tones of supplication ask for help and guidance, for he greatly felt his weakness and need of guidance. Here then was the origin of prayer and the foundation of all religion, and religion in the main has always blessed the world, for it has been the great factor that has evolved humanity from the brute plane of thought and action into more spiritual and moral modes of work and thought, and as before shown, it has led to the dawn of intellect and the searchlight of reason. It has built the bay-window of intellect for man's benighted mind to look out into the material world and learn the laws of Nature and Nature's God.

On the Trail.

From Anacortes I journeyed by rail to Wooley, which is located in the valley of the Skagit river, where it debouches from the foothills of the great Cascade range of mountains into the valley and tide lands of Puget Sound I found Wooley not so woolly a place as one might think from the name, but a very live and progressive

little city, with two railroads and steamboat navigation, with thrift and business enterprise manifested everywhere. New buildings going up in all parts of the young town and vast tracts of level, fertile bottom land on every side with heavy forests of fir, spruce and cedar, and a great fruit, hay and stock country, a most lovely landscape, with no real winter, and never a failure of crops, no malaria but a most genial and healthy climate, land cheap and great mining interests at their door, what more could the average mortal ask, than to have his lot cast in the

celebrated Skagit Valley? I gave five lectures here in Odd Fellows Hall to good audiences, and received a goodly list of subscribers to HUMAN NATURE. People here soon became very much interested in cranial lore and the philosophy of Gall, Combe and Spurrzheim, and for a week or more, I had my hands full manipulating the craniums of the best people of this coming city of this rich country; and verily, I felt my lot was cast in pleasant places while in this "Wooley town." "Ice water ever running by your door, in the laughing ripples on old Skagit's limpid shore. These ice cold waters come from the ever snow-clad peaks a few miles away and are as clear as the crystal dew drops on the leaves of the budding rose. Wooley is rather of a double nature—there being two towns, Wooley and Ledro-two post offices, two railroads, two churches, two schools, two first-class hotels, two mills and two classes of people, masculine and feminine.

D. C. S.

To Phrenologists.

One of our MAIL, students who excels in reading character and whose work in this line we have had occasion to commend in these columns, wishes to engage as an assistant to some reputable phrenologist. We can recommend him as a thorough student, and feel sure he would please any phrenologist with whom he should associate himself. He is something of a linguist, speaking English, German and Polish. Address, John Blume, Pekin, Ill.

Daniel Webster.

By John F. Bernard.

Nature has never produced a perfect man, but, rather, and in pursuance of the divine plan that no two persons shall be exactly alike, has produced only imperfect specimens, or combinations of organs and faculties, in endless variety. Among the greatest of her productions was the subject of this sketch, Daniel Webster. Taking him on the whole, he was great, and the peer of any other man described in history. He was the great expounder and defender of the Constitution. His friend Rufus Choate, a great lawyer himself, pronounced Webster the greatest lawyer in the world; and Evarts, another great lawyer, said of him, "There is not, in the general judgment of the profession, nor in the conforming opinion of his countrymen, any lawyer that, in the magnitude of his causes, in the greatness of their public charrcter, in the immensity of their influence on the fortunes of the country, or in the authority which his manner of forensic eloquence produced, in courts and over courts, can be placed in the same rank as Daniel Webster.

He was born in New Hampshire, January 18, 1792, a backwoodsman, in a log-cabin, on the borders of the unbroken forest, and early innured to hard labor, as he himself boasted. He descended from sturdy, long-lived and intelligent stock, and inherited the prevailing family characteristics of organic coarseness and extraordinary muscular and vital apparatus. His great-grandfather died at eighty-three, his grandfather at the same age, his father died aged; and he himself lived beyond seventy. His father was a prominent public man of sound hard sense, and his maternal ancestors were among the most noted men of their times. His brother was even more talented than himself.

He was one of those slow, backward boys of whom little is expected, but who later on astonish the world with their mental strength and executive ability. At fourteen he was so shy that he could not speak before his class at school. He said of himself, "I made tolerable progress in most branches which I attended to; but

there was one thing which I could not do-I could not make a declamation, I could not speak before the class. Many a piece did I commit to memory, and recite and rehearse in my own room over and over again; yet when the day came, when the school collected to hear declamations, when my name was called and I saw all eyes turned to my seat, I could not raise myself from it. I never could command sufficient resolution to venture to speak." Yet he became one of the most self-possessed and fearless orators the world ever produced. In other respects, however, he gave decided promise of his future eminence. So great was his verbal memory, for instance, that at nineteen he memorized the United States Constitution in one night, sitting up all night.

At nineteen he graduated from Dartmouth College, with the best and most finished college education the country could afford; and, thus prepared, he entered on his career with the study of law. In due time he was admitted to the bar; and after that he rose rapidly to eminence. At thirty he was elected to Congress; at thirty-four he moved to Boston where he was elected to Congress the same year; at forty-five he became a United States Senator; at forty-eight he made his celebrated reply to Hayne; and he was Secretary of State from fifty-nine to sixty-one, and again from sixty-eight till he died, October 24, 1852, going on seventy-one.

His temperamental elements were about equal and each greatly developed. Perhaps there was a difference in their activity, due to his vocation and other influences; which would naturally tend to determine his temperament to be the Mental-Vital-Motive. His temperament had the bilious phase. His quality was not high, but somewhat coarse, yet no doubt improved under the influences of his culture, vocation, associations and surroundings.

Correspondingly, he was large and heavy. Judging from his picture, he must have weighed consideraly over two hundred. He was tall yet broad, well-proportioned, round but not corpulent, stout but not obese. He had a commanding figure, and a magnificent presence. His build indicated great strength. His complexion was dark, his hair dark brown, his eyebrows thick, heavy and coarse, and his eyes cavernous, large, brilliant and almost black. His voice was deep toned, yet musical, like a great bell or organ; and when aroused he could make it swell and roll in thunder tones. He had the leonine aspect and disposition, and was appropriately called "the lion of the North," rrom his general resemblance to the lion in form, great mane and shoulders, and outline and expression of countenance, and leonine he indeed was in his sluggishness when at his ease, but power when aroused, in his magnanimity to opponents, and the power of his passions and appetites. weilded a powerful influence over men and women. He was thoroughly and powerfully masculine in makeup, cast of thought and mode of expression.

He was addicted to drink and notorious for sensuality. Wells adds that Webster lacked the devotional disposition and was not a model of moral excellence, and affirms that this derogates from that character which many denominated

"god-like."

The authorities agree in asserting that muscular exercise is indispensable to greatness and happiness; and among their numerous citations it appears that Webster felt the necessity for it, and took much daily exercise, and had his seasons for hunting, fishing and rowing, when he would break away from public life and range forests and marshes for days in search of game and exercise.

Webster's head and brain were of the largest size. His head measurements were as follows:—

- 1. Tape. Circumference twenty-five inches, ear to ear over Firmness fifteen inches; ear to ear over Individuality thirteen and a half inches.
- 2. Callipers. From the centre of the forehead to the prominent part of the backhead nine and a quarter inches; diameter just above the ears seven inches; from the opening of the ear to the center of the tophead six and three-quarter inches. The vertical elevation from a line drawn from the opening of each ear was five and three-quarter inches.
- His brain was estimated to weigh sixty-three and one-quarter ounces, the average man's being fifty ounces.
 - His Causality and Comparison

were extraordinary. His next greatest developments were Philoprogenitiveness, Friendship, Alimentiveness, Self-Esteem, Firmness, Benevolence, Mirth, Form and Language. Nearly as large were Amativeness, Combativeness, Detructiveness and Ideality. was full in Inhabitiveness, Cautiousness, Approbativeness, Conscientiousness, Hope, Size, Order, Calculation and Locality. He was somewhat deficient in Concentrativeness, Imitation, Individuality and Eventuality; more so in Secretivenss; and still more so in Acquisitiveness, Spirituality and

Applying the principle of the new facial angle to Webster's head, we find the face to be vertical; the forehead stands out far beyond the eyes; and, although the face is large and strong, the brain above is strikingly massive.

The distinguishing feature of this great head was its immense forehead, indicating an extraordin-The leading phrenary intellect ologists attest that they never saw such another high, broad and prominent forehead, with such an extraordinary development of the reasoning organs, and particularly Causality. Webster is the greatest example of Causality that history furnishes. And his Comparison was nearly as great. He never had a superior in casuistry and originality of thought and comprehen-ion of first principles. He could grasp the most formidable subjects, and confound his ablest adversaries with his arguments. Causality was a little larger than Comparison; and the reflectives were larger than the perceptivesyet the actual measurement of the perceptives were great. His great Comparison made him a powerful jury lawyer; and the reflectives being larger than the perceptives, his oratory was massive and full of deep meaning.

Webster had great confidence in himself; and like all distinguished people he was well endowed in Approbativeness. He was always keenly alive to the importance of a proper discharge of his professional duties; and his calmness and self-possession were not owing to indifference at all, but were the repose of conscious power. When Hayne made his great speech, many of Webster's friends feared it could not be answered; but we learn from Everett who saw him that evening, that he appeared

perfectly unconcerned, and free in spirit, and even a little playful, and that night he slept and slept soundly, and next day he awoke to immortal fame. In no emergency, on no occasion, where he was ever tried, were the high expectations formed of his abilities disappointed. Armed at all points, and ready for either attack or defense, he was found equally great in the conflicts of the legal and Congressional tribunals. fame as a brilliant political orator and successful parliamentary debater was so great as to almost eclipse his reputation as a forensic orator; yet he was an equally great advocate before the legal bar.

It was his custom to eat lightly a day or two before making a great effort, and then just before the effort to take a generous meal.

His speeches have this great merit, that when read by those who never heard him speak, they are admired as classical; and his forensic speeches are recommended by our legal text-books as models for those who are ambitious of excelling in forensic oratory.

He always adapted his style of oratory to the tribunal he addressed; and accordingly in the courtroom he was the typical forensic orator, in the Senate he adopted the style which is most appropriate in that august tribunal, just as on the stage he would have been theatrical. He never made the mistake of being theatrical or clownish in a courtroom, or of soaring in passional and poetical flights in such a grave and intellectual assembly as the Senate, any more than he would have been coldly intellectual on the popular stump. He could indulge in all the styles of oratory, but he would never violate the proprieties of the occasion.

Dr. Peebles' fascinating book, "Three Journeys around the World," just published, has 454 pages describing intensely interesting sights and adventures. It is elegantly bound and cheap at only \$1.50. Just the present for the holidays. We have it for sale. Sent by mail without extra charge.

A Correction.

On page 12 the Dilator advertised to be sold for \$2.00, was a typographical error and should read \$3.00.



San Francisco, Cal., December, 1898

Human Nature

A MONTHLY JOURNAL DEVOTED TO Phrencingy, Physiognomy, Health, Medical and Social Reform

Entered at the Post-office at San Francisco as second-class Mail Matter, Sept. 29, 1890.

50 cents per year in Advance. Single Copies, 50 Back Numbers, 10c per Cepy.

ALLEN HADDOCK,
EDITOR AND PROPIETOR.

C. P. HOLT, . Associate Beiter D. C. SKYHOUR, . Beiter Paget Sound Dept

Professor Haddock is the author of and accepts responsibility for all unsigned articles and paragraphs. The moral responsibility for signed articles devolves upon the writer whose name is attached.

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At Home For a Nickel.

"Cleanliness is next to Godliness." It is Godliness and the prime means to health. Kuhne resolves all disease into one and says that dirt is the primal cause of all ills to which flesh is heir.

Clean the machine and the wheels will run smoothly. Take a bath. There are many kinds of baths, but for cleaning the body of dirt, a cold bath is not a success. It requires heat to open the pores of the skin, either dry heat or hot vapor.

A cold yields readily to this treatment and the same is true of rheumatism, catarrh, liver complaint and kidney diseases. In fact, there is no disease either chronic or acute, but what is benefited by opening the doors and



the bowels, the kidneys, the lungs and the pores of the skin. The skin is a perfect network of pores; if they are closed death ensues almost as quickly as if the mouth and nostrils should be closed. Drugs are deadly and should never be swallowed by civilized man, woman or child. A hotair bath will do the work without strain upon the nervous system. All sanitariums make use of the hot air bath as the principal remedy in curing disease.

The above cut illustrates a portable, hot air bath which is the most convenient and at the same time most effectual bath ever in vented, the results of which are equal to those obtained in the sanitariums, the public Turkish baths or the Russian baths.

Either hot dry air, or hot vapor can be used, and the bath taken in the home and at a cost of a few

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For ten cents we will mail you one copy each of Health, Phrenological Journal and the Popular Phrenologist.

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For two dollars we will mail you ALL the above, together with the new Self Instructor (cloth) and one year's subscription to HUMAN NATURE.

We observe the custom of all business houses in declining to send goods C. O. D. unless a deposit accompanies the order sufficient to pay return Express charges in case of non-delivery.



A Fine Trio for 1899.

Dr Burke's Health magazine is \$1.00 per year; Phrenological Journal, \$1.00; HUMAN NATURE, 50C.; total, \$2.50. We offer all the above for only \$1.50. Address HUMAN NATURE Office.

"Health."

You should see a copy of this excellent monthly magazine—you would see the mischief wrought by taking drugs and learn how to live hygienically. The price is \$100 per year; Human Nature is 50cts. Send \$100 to Human Nature Office and you shall have both magazines for one year. If you already subscribe to Human Nature you can have your term of subscription extended.

Mail Course

OF PHRENOLOGICAL LESSONS

We have decided to send our \$25 Mail Course of Lessons in Phrenology in one package, instead of semi-weekly, as heretofore, and in order to enable every one to learn. "How to Read Character," we have reduced the price to \$5.00.

Send a one-cent stamp for a Price List of Books to HUMAN NATURE Office, 1020 Market St., San Francisco, Cal.

Defy Old Age.

On page 16 will be found the advertisement of the Hygeia Distilled Water Co., 420 Eighth Street. "Take a drink."

Keep Still.

Look on page 16 and read of the Household and Home Stills; they are ornamental and indispensable to health.

Keep Clean.

Nothing equals the Turkish or Russian Bath as a means to clean the human body, and rid it of all effete matter, bringing health and renewing youth. The place to enjoy this oriental luxury is at the Hammam Baths, 11 Grant Ave., S. F. Mr. E. F. Burns, who knows how to run a hotel, and did manage one to perfection at Paso Robles is now the genial proprietor. Let those who would be clean make his acquaintance.

Our Course of Lessons.

We give private lessons in Phrenology and Physiognomy daily at the office.

Students received at any time.

Our method of teaching is simple. We do not confound students with technical phrases, but teach them how to read heads and faces as easy as reading a placard on the wall.

Each lesson takes one hour. Some pupils take two lessons per day; others one; others still, only one per week. Students make their own time.

 Short Course, 8 lessons
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Address HUMAN NATURE Office.

New Classes.

Both Ladies' and Gents' classes will close at the end of December, when new classes will form, beginning with the new year.

Those desiring to join will please give in their names now.

Terms as before, \$5 for six months' tuition, meeting one night per week. Private students or candidates for individual instruction received daily.

Do not write to us, but to the publishers of any magazine you subscribe for through us, if it fails to reach you regularly. By this course you will have the error more quickly corrected.

Think and Act.

The evenings grow shorter as winter approaches. These evening hours should be improved by reading and study. On page 15 will be found advertised some excellent books.

Phrenology offers a broad field for the young man to win fame and fortune. Those who become proficient in reading character need never be out of work, for every town and city in every civilized country offers an opportunity to put this knowledge to practical use and money received for services rendered in making phrenological examinations.

We guarantee to teach any one with ordinary capacity, this science in only forty-five lessons. Students received at any time.

HUMAN NATURE Office.

1020 Market Street.

The San Francisco Mornin Call publishes the opinions of five prominent physicians regarding colds and their cure. Some of the physicians recommend quinine, but warn sufferers to be careful in using the drug, because it depresses and weakens the heart, producing other dire results. It is a a very strong astringent. We knew a man who became deaf within fifteen hours after taking a dose of quinine, and has not been able to hear since. Drugs are dangerous.

Dr. Kart strongly recommends a hot air or vapor bath as safe and efficacious. If you have a cold, drink a hot lemonade, take a hot air or vapor bath and go to bed. You will arise in the norning with new life—the cold will have gone.

Stand From Under.

Something has happened; though bnt few people know of it. The Flaming Sword that was supposed to be a fixture at the east entrance to the Garden of Eden, which through some occult means turned this way and that way, to keep out intruders, has slipped its moorings, and having invaded Uncle Sam's mails, goes flapping around helplessly. Either this is the case or some unskilled mechanic has contrived a base imitation of the original illuminated weapon and is trying to scare tolk by thrusting the flabby thing at them. To be more explicitthere is a fantastic publication emanating from the Windy City bearing the formidable title of the Flaming Sword, which, in its way, is a curiosity.

This queer magazine (?) advocates "Koreshanity", whatever that is; perhaps it is a new diet, or the new woman, or a new lymph to be injected into the blood of long-suffering humanity to prevent rabies or the "grip", or it may be a scheme by which the Paris Peace Commissioners can wheedle the Spanish Dons out of the Philippines and yet permit them to retain their dignity. Yet the strange embellishments liberally supplied throughout the magazine show scooped out globes and planets in all sorts of shapes and positions, which leave the impression upon the beholder that Koreshanity in some way treats of Astronomy and Cosmogony, which a careful reading of the Flaming Sword's ebullient columns tends It calls Koreshauto confirm. ity a science, and declares that it "Uncovers the Mystery of the Ages" and that "Modern Science has failed to discover the Laws, Forms, and Relations of Being and Existence. Koreshanity is a genuine interpretation of Phenomena and Form as expressed in the Universe. It is a true index of the character of God and man in their relations.'

Here we have a modern Gallileo begging us to take a peep through his telescope and learn how mistaken we have been these long years since Copernicus explained that the Earth is a convex globe revolving round the sun "Koresh" informs us that such is not the case, on the contrary, the

Earth is a "Concave Sphere," and all its inhabitants are huddled in the concavity, the outside of this "shell" being uninhabitable. The sun is in the centre, "rotating on its axis, having an orbital path on the ecliptic." The Planets are spheres of energy reflected from metallic discs in the earth's circumference, and the stars are focal "points of light."

We are further informed that we have been deluded in supposing the distance to our luminary to be 92,000,000 miles, whereas it is right at our door, so to speak, or to be more exact—the sun is only "1,000 miles distant from the earth"—about a day and a night's ride on the overland, lightning express, with Pullman sleeper.

Then again, instead of the sun being a huge body, as we supposed, 886,000 miles in diameter, it is only 100 miles through in its thickest part. It is also humiliating and distressing to think that we have been teaching our school children that day and night on the earth is the result of a diurnal revolution of the earth around the sun, whereas "Koresh" has discovered that it is nothing of the kind, but "day is produced by the sun coming into view," and of course night steals upon us when his sunship recedes from view.

This seems astounding, but is as nothing when Koresbanity lapses into prophecy, as it does in the following quotation from its "Cellular Cosmogomy":—

"We are now approaching a great biologic conflagration. Thousands of people will dematerialize, through a biological electro-magnetic vibration. This will be brought about through the direction of one mind, the only one who has a knowledge of the law of this bio-alchemical transmutation. The change will be accomplished through the formation of a biological battery, the laws of which are known only to one man. This man is Elijah, the prophet, ordained of God, the Shepherd of the Gentiles and the central re-incarnation of the ages. From this conflagration will apring the sons of God, the binne offspring of the Lord Jesus, the Christ and Son of God."

So stand from under! "Thousands of people will dematerialize through a biological electro-magnetic vibration!!" One feels to exclaim with Rip Van Winkle at sight, of the speechless ghosts upon the mountain, "I wish I hadn't come!" That will be a seance worth attending; and to think that it is all to be accomplished through a "biological battery, the laws of which are known only to one man and this man is Elijah!" How-

ever, this is not so very surprising after all, when we recall the wonderful feats in necromancy performed by blijah when he was on Earth the other time, being fed by raven, and finally going up into the sky, blood, bones and boots.

If anybody can manage that biological battery to the dematerializing of thousands of substantial people, Elijah is the man to arrange the electrodes. But why?

Never mind, we'll let that pass, and leave Elijah, Koresh and Cyrus to fix up the dynamo that is to electrocute the thousands of unsuspecting, confiding people. Koresh is harmless while fussing down in Florida making geocentric observations to convince the alligators that Copernicus, Herschel, Winchell, Swift and many other astronomers have erred in calculating eclipses, transits and planetary movements, but his silliness become unbearable when he meddles with the science of Phrenology, of which it is evident from his drivellings he has no knowledge whatever.

Following is a quotation from the *Flaming Sword*, advising Human Nature and trying to impart some sort of information regarding microcosms, macrocosms, cells, etc.

"If Human Nature would make a specialty of studying from human nature and the structure of man as the microcosm, it would soon learn that the analogous macrocosm, or universe at large, is an organistructure, a cell possessing form and limitation. We would make phrenology serve a better purpose than to prevaricate concerning the character of man and the universe."

All of which seems as clear as mud and as intelligible as the babbling of Carlyle's "Dead Sea Apes."

Koresh would make phrenology "serve a better purpose than to prevaricate concerning man and the Universe!" Phrenology lie? Indeed, it does nothing of the kind; it adheres closely to truth and that is what disturbs Koresh. When a man vaporizes, evolves baseless theories, and concocts schemes to delude silly old women of either sex, prophesies impossible events and makes himself ridiculous generally, phrenology explains his peculiar structure and shows that he was built upon a fantastic model and must be as eccentric as his theories are silly. Phrenology is a science. eshanity is nonsense.

C. P. HOLT.



SAVED!

Charles Kingsley Johnson is a resident of San Francisco; he is also an amateur phrenologist, a keen observer and HUMAN NATURE, s friend. He has recently returned from an extended tour through the Eastern States where he took notes of what he saw and heard.

The following relation of an incident which came under his observation while briefly sojourning during September in Richfield. Ohio, which he has kindly told the editors of HUMAN NATURE, happily illustrates the ease with which a person who understands phrenology can accurately read the character of strangers, and the usefulness of the science in detecting wolves in sheep's clothing, and thereby saving innocent confiding woman a life of marital unhappiness.

Mr. Johnson relates that at the house where he was a guest in Richfield, Ohio, a young lady was also visiting, whose real name for obvious reasons is with-held, but in this tale shall be known as Rena Lovejoy, which is pretty enough and hides her identity.

The day before Mr. C. Kingsley Johnson's arrival at Richfield, the quiet little village was shocked by the news that an old and respected citizen was among the missing. A two days' thorough search of bouses, barns, cellars and out-ofthe-way places resulted in his body being tound in a manger of the stable on his farm, with a strap drawn tightly around his neck and his venerable head mutilated by some blunt instrument. Rumor had long credited the murdered man with possessing money which he had secreted on his premises, and as he had lived alone in his secluded farm-house, the temptation to murder and rob was greater than some miscreant could withstand, and so the poor old gentleman died in his loneliness, and somewhere roamed a guilty conscience-somewhere there was a Cain skulking who was not his "brother's keeper." Where was he? Who was he? We shall presently see.

Now, Rena had a lover to whom she had plighted her troth. He bore a reputation for industry and thus far in life had escaped suspicion of wrong-doing, and so far as appearances went was exemplary. On the day the body of the murdered man was discovered, Rena's lover called at her visiting place to take her on a pleasure ride and incidentally visit the scene of the murder.

While the young lady was arranging her wraps, our amateur phrenologist entered into conversation with her escort, whose name by a co-incidence was also Johnson. During this brief interview, our friend made a mental phrenological examination of his companion, and when asked at evening by Rena to give his opinion of her sweetheart, he with reluctance told her that from a phrenological view-point, the man she had chosen to marry was not such an one as would make her life happy. In his composition was low organic quality, large Destrctiveness and Secretiveness, a heavy base brain with the moral and restraining faculties in abeyance—that he was selfish, morose, willful, positive, determined, unscrupulous and cruel.

Cupid is a blind god—he had failed to discover what science readily perceived. Rena's heart refused to believe the revelations of phrenology. On the following morning, tear-dimmed eyes and a flushed face betrayed a sleepless night for the poor girl, who, like every daughter of Eve, stood for the defense of her lover.

Only one day passed. The detectives had run the murderer to his den. It was Rena's betrothed. That night he confessed his crime and Rena was saved. C.P.Holt.

You Can Never Tell.

You never can tell when you send a wordlike an arrow shot from a bow By an archer blind—be it cruel or kind, Just where it will chance to go. It may pierce the breast of your dearest friend,

Tipped with its poison or balm;
To a stranger's heart in life, s great mart
!t may carry its pain or its balm.
You never can tell when you do an act
Just what the result will be;
But with every deed you are sowing seed,
Though its harvest you may not see
Each kindly act is an acorn dropped

Each kindly act is an acorn dropped In God's productive soil; Though you may not now, yet the tree shall grow And shelter the brows that toil.

You never can tell what your thoughts will do

In bringing you hate or love;
For thoughts are things, and their airy
wings

wings
Are swifter than carrier doves.
They follow the law of the universe—
Each thing must create its kind;
And they speed o'er the track to bring
you back

Whatever went out from your mind.

Ella Wheeler Wilcex.

Ugh!!

In glaring headlines, one of our city capitalistic dailies announces the following:

THE COMING DOLL SHOW TO BE THE EVENT OF THE SOCIAL SEASON IN SAN FRANCISCO.

Society is all agog over the approaching model doll show, which will be held in Maple Hall, Palace Hotel, on December 1, 2 and 3. The smart set will be well represented, both in the management of the affair as well as in the attendance. Already the leading modistes and milliners are busily engaged in dressing dolls and in creating elaborate designs in gowns for children of larger growth who will lend brilliancy to a gorgeous function. The latest styles in the dressmaker's art will be exemplified, both on the dolls and on the feminine contingent who will lend their dainty presence to and assist in making the second annual doll show a success of the first magnitude. A fashionable crush is anticipated, and society ladies and matrons will assist.

"The smart set will be well represented." Who are the "smart set?" In what does their smartness consist? In playing with dolls, in spending the money they have filched from the wage slave in elaborately toggling dolls, in racking their childish brains to devise modes, cuts and ribbons for dolls, while there is a city full of hungry, ragged, squalid children of the workmen their husbands and fathers have fleeced, weeping: while at the street corners stand blind men piteously in pantomime begging for help, while women in unwomanly rags toil in canning factories and sweat dens for a pittance to keep soul and body together, or sell their honor to keep a mother or child from starving.

Then when a Socialist (not Anarchist, mind you, but Socialist) protests against such doll-dressing folly, he is called a "leveler." The Socialist is not a leveler—he can never be leveled to associate with the "smart set," whose highest attainments are displayed in doll-dressing. However, there is consolation in the thought that Evolution will, in Nature's own good time, destroy the competitive system and relegate the "smart set" of doll's dressmakers to Grover Cleveland's "innocuous desuctude."

C. P. HOLT.

A Commercial Traveler.

America is a go-ahead commercial nation, and offers with her increasing population and business, exceptional opportunities for young men capable and willing to enter commercial life.

A young man came into our office ten years ago for a phrenological examination; we advised him to enter commercial business and told him that he would succeed, best as a "drummer" or commercial traveler, he was one of those sharp, active, sprightly men we have seen on the road as the typical commercial traveler, sharp-featured, with a full body, large perceptives and a broad head, with sufficient self esteem to give him an air of self-confidence, but, said he, "I am studying medicine, and am in my second year at the Cooper Medical College." Nevertheless, we insisted that nature intended him for commercial life, and said we could not see why, with his commercial interests, he ever drifted into a medical college He answered that it was not his wish, but his father's desire; as for medicine, he had no particular wish to become a physician, only, he thought there "was wealth and position for those who were successful in the business."

During the middle of last month a man about thirty-two years of age walked into HUMAN NATURE Office for a phrenological examination. We "took his measure" by tape and callipers and began to describe his character. Before we were half through the delineation. he exclaimed: "You examined me ten years ago and told me the same things you tell me now. It took me five years to find out the full import of your remarks and ad-Those five years are lost vice. and gone in one sense, yet they are not in another. I will explain. Ten years ago I was a graduate of Cooper's Medical College. You bespoke of my unfitness to practice as a physician, or rather that my better chance of success in life lay in commercial channels. graduated and received my diploma, bought a drug store in the country, practiced medicine, but found country practice too slow and unprofitable. I sold out at a loss, got a position as commercial

traveler as you advised me to do, became the traveling representative of an Eastern drug-house five years ago, and have made for my house and myself, in commissions, a mint of money. I am still young in the business, am following my natural occupation and happy as the days are long; at the present rate of my earnings I shall retire with a rich competency before I am forty years old, thanks to phrenology."

Hundreds of lawyers and doctors to-day are sitting in their offices, having nothing to do and miserably chafing their lives away, yet some of these men have rare business ability and are naturally energetic and enterprising. They have chosen wrong occupations, those not at all in harmony with their organization, and while tuey remain in their present position will never be satisfied—their ambition will never be realized.

Some men are natural physicians. Mr. Thomas Tyndall. of Burlingame, Calif, whom we advised to study medicine is now an enthusiastic medical student, and bids fair to become an eminent physician. He writes HUMAN NATURE that it is his opinion that every young man should consult a reliable phrenologist before choosing his life-work. He is quite right.

What You Get

If you join our evening class, which begins in January, you get SIX months' instruction for \$5. At the end of the course you can read character correctly. You will know whom you can and whom you cannot trust. knowledge will save you from enemies, save your pocket and peace of mind, A young lady who graduated last year, would have married a villian, but for the knowledge she had. A knowledge of phrenology revealed to her the man's vile character, and she was saved from a life of domestic un-Her would-he husband is now in San Quentin prison. Get this knowledge and you will esteem your real friends all the more.

Tact.

A few years ago, when Evange-

list Moody was preaching in the slums of a large city he was delayed in leaving the hall till late in the evening. The exit was in a back street, and as he left the building, he found a number of roughs waiting to annoy him. As he walked along he heard them say, "Here he comes!" and they prepared to jostle him from the sidewalk. Going straight up to the ring-leader, Mr. Moody held out his overcoat, and with self-possession that commanded complete respect, said:

"My friend, won't you just help me on with this overcoat? I am not quite so active now as I was at your age, and some day, when you are as old as I am, I'll be glad to do you the same favor."

No bully was ever more completely taken by surprise. He held the overcoat for the evangelist to get into, and then, thanking the young man for his aid, Mr. Moody went along unmolested.—

Ladies' Home Journal.

A Panacea.

The nervous system should be studied. It is the nerve that feels and it is upon this wonderful sensitive point in the human organization that health depends; indeed, life itself is here located.

We have come into possession of a magical instrument called "The Dilator," which, by proper use according to directions will cure disease of the nerves that has baffled the skill of the medical fraternity. Send \$2.00 to Allen Haddock, 1020 Market St., San Francisco and receive a Dilator. It is a marvel.

Wanted,

A lady medical graduate, about thirty years of age. Wanted as an assistant at a sanitarium Protestant preferred. Apply Dr. R., care of this office.

Avoid Drugs.

If those who are ill will write to us enclosing a stamped envelope for reply, we will do what we can—and that is much—to place them in a position to be completely cured without the use of drugs. Address, Allan Haddock, 1029 Market St., San Francisco.



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symbolical Head, made from new and special drawings designed for he purpose. Lithographed in colors. A large poster size 50 cents

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cente Self-Culture \$1.00 Natural Laws of Man 50 cents

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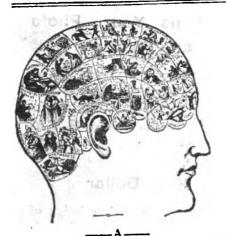
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