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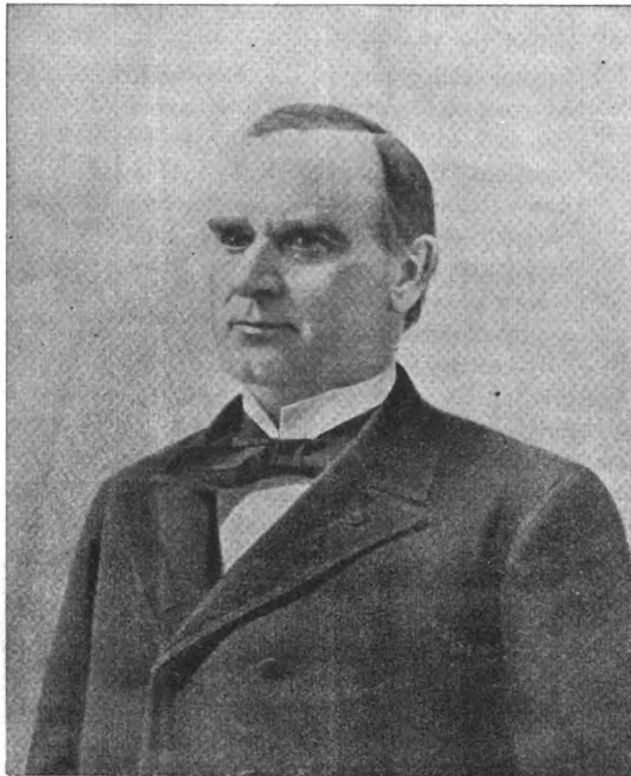
**A CHARACTERGRAPH**  
OF  
**MAJOR WILLIAM MCKINLEY,**  
Republican Nominee for President.

domestic feelings) is well developed, showing love of home, family and friends.

A dimple in the chin indicates a desire to be loved. Lips drawn back, with semi-circular lines at their outer angle, show public spirit. Mr. McKinley has these signs very large.

In accordance with the laws of correspondence every line of the human face and body corresponds to the form of brain structure, and vice versa, so that studied singly or collectively they are found to express character.

In observing the straight, almost rigid, spine and figure of Mr. McKinley, it will be seen that he possesses firmness of purpose and self-reliance, the keynote of which is found in the large development of the Phrenological organs of Firmness and Self-Esteem. Further evidence of this trait of character is seen in the strong lower jaw and stiff upper lip, expressing determination and perfect self-control.



The lips are close and compressed, indicating large secretive power, tact and diplomacy; he can keep his own counsel and use discretion when it is needed.

The side-head is narrow and thin at Acquisitiveness. Such men seldom get rich; they are ill adapted to commercial pursuits or the employment of mercenary methods to acquire wealth.

Taking the ear as a center of measurement, we find the greatest amount of brain to be in front. This is more manifest in a profile portrait or full side view, which has been published of him, than in the illustration here given.

The head is very high at Benevolence and Veneration, denoting great kindness and respect.

Judging by the length of brain fibre running from the opening of the ear to the crown, it is evident that he has considerable stability of character, and that he is one who will not recede from his position, or conviction, if he thinks he is right.

The fulness of the lower part of the face is a sure indication that the back-head (seat of the

The Perceptive faculties crowd the eyes well into their sockets. It shows that the subject is a practical man, one that readily grasps the facts of a case or proposition in an orderly and systematic manner; the faculty of Order being one of the best developed organs in the Perceptive group.

The upper forehead is ample, showing keen analytical power and ability to marshal facts.

This is a strongly marked intellectual type

of brain. It is evident that the brain is large and active and the organic quality of a superior order.

The eyes are sharp and keen, eagle-like, capable of penetrating everything upon which they rest; while the nose, with its downward curve, expresses shrewdness; the prominent bridge indicates energy of character.

He is of a strong Mental Temperament, with thin hair (one of the indications of brain activity), and he has the mouth of an orator.

He is not a large man, but possesses a well-nourished body, quite ample to supply the demands of the brain.

Major McKinley's ancestors were Scotch-Irish, a sturdy, intellectual race, the representatives of which have left their mark in whatever country they have sojourned.

Horace Greely and General U. S. Grant were of this parent tree; and the honesty of character and steadfastness of purpose displayed by these men, so characteristic of the Scotch-Irish, is displayed in the character of the new standard-bearer of the Republican party.

Whether he shall ever sit in the presidential chair, the future must decide; in any event, he is a man great enough to fill the first office in the gift of the American people.

#### NATURE'S BILL OF FARE.

Dr. Dewey says: "Nature has a bill of fare for the support of vital power in sickness. \* \* \* There are no hints of this in any work on the practice of medicine. It is *feed, feed*, to keep up the strength, no matter how averse nature may be." And he asks: "Is it not most strange that physicians have never been able to infer that the wasting of the body in time of sickness is *sound evidence* that food is not being digested and assimilated?"

"The thinkers in the profession are going to accept this unfolding and enlarging of a fact known to physiologists as a revelation that will revolutionize medical practice in time to come; the people are going to accept it whether the dullards in the profession do or not."

#### WHO GETS RICH?

A well-known millionaire gave it as his opinion not long ago that "Any young man possessing a good constitution and a fair degree of intelligence might acquire riches."

Of course, the statement was criticised, literally picked to pieces, and finally adjudged wildly extravagant. It was shown that there are thousands of young men in every city with good constitutions, and well educated, working for a mere pittance, with little or no prospect of ever becoming rich.

Had this millionaire understood men Phrenologically, he would have known better than to have made such a statement.

One who is largely developed in the base-brain is naturally selfish, and if he has sufficient intellectual capacity to plan and scheme as impelled by the propensities, he may become rich; but if the base-brain be weak, the head narrow just above the ears, although endowed with an excellent intellect, he will not be likely to acquire wealth however well trained his intellect or strong his constitution.

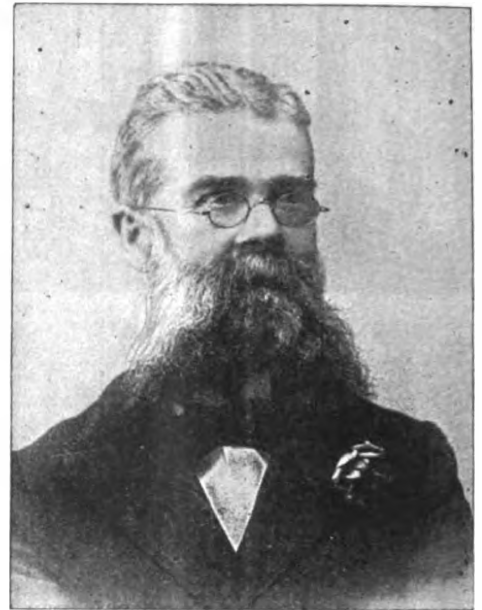
Men who by their own efforts have acquired riches are noted for heavy base-brain. Some of them have not great intellect, are not prone to indulge in flights of oratory, not necessarily conversant with great authors or poets, though they may have great libraries containing books with gold bindings.

It is not by the exercise of the higher intellectual faculties that men acquire riches. Poets, authors, artists, inventors, etc., are generally poor. It is the man with a wide head and large perceptives who acquires riches while the purely intellectual man often starves in a garret.

Nothing is more injurious to the chances of a man in business than an over-indulgence in the pleasures of so-called "life."

You cannot reason with conceit.

## IN GIVING A PHRENOLOGICAL \* EXAMINATION



### PROF. HADDOCK

Takes into consideration the Constitution, Temperament, Activity and Quality of Organization, Form and Shape of Head, Face, and Condition of Body.

A true Phrenologist sees Traits of Character at a glance on the Head, Face and Body, and knows almost instantly the NATURAL adaptation of a person for Law, Literature, Art, Science, Commerce or Mechanism. The Secret of Success lies in following an occupation to which one is adapted; only a good Phrenologist can decide this accurately for you.

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Has been giving Phreno-Physiognomical Examinations here over eleven years, and he will give you a Phrenological Examination not to flatter, but to benefit, being the truth, or the interpretation of Nature's laws and signs, which he reads as easily as a placard on the wall.

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Terms for teaching, moderate.

**LIVING EXPENSES** in San Francisco during the Course need not exceed \$15.00.

## FROM THE LECTURE FIELD.

## THE HIGHER CIVILIZATION.

BY PROF. D. C. SEYMOUR.

The world rolls on in its splendor. The glimmering rays of golden sunlight bathe hill, mountain top and valley in a sheen of glimmering light and beauty. The silent stars march in their majestic grandeur from east to west, across the disc of the vaulted skies. The midnight splendor of the starlit heavens is only equaled by the day's storm king, when the black, surly clouds roll angrily across the blue-vaulted dome, and the gleam of the forked, chain lightning travels the corridors of the world "above, and the deep-toned reverberations of nature's artillery proclaim the warfare of the elements. The earth groans in its hour of travail, and its surface heaves in its throes of labor. Fire leaps from the top of some silent mountain, and from the trembling earthquake a volcano is born, which soon opens its volcanic, fiery jaws, and rivers of red hot lava roll down its rocky sides, carrying death and destruction to all in its path. Old ocean, to-day sleeping so calmly on its sandy bed in the bosom of its mother, earth, lulled to sleep by the spice-scented zephyrs from Oriental climes, to-morrow may be lashed into a demon of fury by the cyclone's howling blast that will lift its placid waters into mountains of billowy foam that may send a tidal wave rushing on for a thousand miles to attack the puny works of man in some hotbed of vice and poverty, called a city. The world is groaning in its misery. Flood and flame, storm and want, greed and avarice, rum and disease are crowding ignorant humanity into the gulf that is swallowing up nine-tenths of the human race, for not one-tenth die from a legitimate, healthy, happy old age. Millions are arrayed for mortal combat, armed with Gatling guns and repeating rifles, monster cannons and 2,000 pound bombs,

ready at the tap of a drum to blow an army of bodies and brains into an ocean of froth and slime. We think we are civilized because our knowledge of how to torture and destroy has so greatly increased, because we have learned how to manufacture rum, tobacco and drugs that destroy the minds and bodies of several millions every year, and sends millions more to asylums and alms houses with crazed brains and putrefying bodies, while the balance of the "civilized," half imasculated bipeds of humanity move on in the whirl of the crazy dance for show, pelf and power. It seems, as we cast our eye over the civilized world, by reading the daily news, that humanity is fast becoming fiends incarnate. It is often said, "Civilization has nearly driven cannibalism from the face of the earth," while the fact is, there is *more, a thousand times more man eating* going on to-day among the "civilized" nations than ever occurred with primitive man. The bloated plutocrats who live on their interests, rents and profits from wealth they never earned, but have accumulated from the toil of others, and never paid what it was worth, such wealth is robbery of the blackest dye, though perhaps legal according to our detestable Civil Code. All corporations, syndicates, millionaires, aristocrats, plutocrats and bloated wealth of whatever kind that lives on unpaid labor (and most of them do) are cannibals of the most heartless and selfish kind. The wild savage kills his human brother with a single stroke or two of his club or boomerang, and thus ends his suffering, and proceeds to eat his corpse at his leisure, but the rich, civilized man-eater keeps his victim alive for a score or more of years, literally devouring him alive by living off the sweat of his brow, consuming the product of his labor into which he has put his muscle, bone, nerve and brain without ever receiving one-third of what his services were worth: for if he had been fully recompensed, the employer would never accumulate wealth as a result. Those who thus fatten at the expense of labor, do so

by consuming the laborer little by little, and as the toiler's mind and brain force goes into his work, necessarily with his muscle and bone, and all are worn out by his almost ceaseless work, it naturally follows that those who "toil not, neither do they spin," the drones and idlers who live upon his labors, are eating him up alive, little by little, soul, mind and body. The worker, as the result of his ceaseless toil, is too weary and worn out to feel like study and thought, and he soon becomes a mere machine to vote as his oppressor directs him, or lose his situation, and by the votes of this ignorant horde of over-worked, half-paid army of wage-workers are the rats and foxes, the drones, the cannibals of this civilized age, elected to office to make laws that will further enable them to still more consume their helpless slaves both soul and body.

Every dollar of the millionaire's wealth has come from the unpaid labor of the sons of toil, perhaps with his consent (as he knew no better), and law made by the rich for that purpose, has made it legal, and thus the web has been woven by the cunning spiders, who are few in numbers, that holds in its meshes of fate the millions of pauperized labor, and we call this civilization—Christian civilization.

We think if Christ came to Chicago, Congress or our State and city legislative halls, or visited our jails and prisons, asylums and alms houses, bagnios and dens of ill-fame, saloons and the homes of our starving millions of poor, or viewed the morgues where the cold, lifeless bodies of the ever-increasing number of suicides are laid out, he would think this was anything but a Christian civilization; surely it would look more to him as though the world was fast being turned into a world of torture and suffering, a modern hades, a kind of a gilded Dante's Inferno. What will the world be in another 100 years of such plundering civilization? It can have but one result—the wiping out of our race, at least the civilized part of it, like the ancient cities and na-

tions that have become extinct by their civilized horrors, so will the so-called advanced nations of to-day yet go down in eternal ruin.

Sodom and Gomorrah, Babylon and Thebes and scores of other cities with the nations and peoples that built them, have disappeared, and so will the vice-gilded, rich, gorged, cannibalistic-ruled people of to-day, in the rounds of time, be swept by the tidal wave of outraged justice. Its mutterings and swirl are already heard and felt in the air. The groanings of a human earthquake is rumbling in the distance. The pent-up fires of an outraged, crushed labor world will ere long break out from a billion mental mountain peaks that will soon become veritable mental volcanoes that will vomit forth fire, smoke and lava that will crush as so many egg shells the ill-gotten gains hoarded in palaces, banks and cities. Our beautiful country once free, equal and happy, is on the verge of ruin and disaster. It has fallen into the hands of rulers who are little better than pirates who care nothing for the lower million (called the labor world); they legislate for themselves, not for the poor; they are more anxious to become billionaires than they were to be millionaires, and would consume the lower million that the "upper ten" might own and control the earth. Being born with excessive selfish faculties and great intellect, they turn earth upside down to control it, and will utterly ruin it in the end.

We have faith that a mighty change is coming for the better. The great common people that feeds, clothes and houses the world, are "coming up the steeps of time," as Gerald Massey, the English poet, puts it, "They will soon learn to unseat the human vultures who have plucked them so long."

Labor-saving machinery has liberated them from their ceaseless toil and turned them out to starve, but it has also given them time to think, read and reflect, and to develop their reason and intellect; and remorseless want and need will in the near

coming future force them to act, and, by ballot, to slay the Goliath that has had them by the throat so long.

There is music in the air. It is the swirl of millions of paper bullets that will soon flutter into the ballot box and forever break the yoke of human slavery.

This nation, all nations, shall yet be free in fact, and labor shall yet wear the crown, that none should ever wear but they who enrich the earth by educated labor. A poor man with a wealth of intellect shall yet wear upon his regal brow the crown woven by the gods of truth and science and the love of a labor-redeemed world.

Labor saving machinery, touched by the magic hand of educated labor, shall yet drive all the belts and pulleys, cog-wheels and machinery of the producing classes, and they will keep the distribution of all products within their own hands. They will soon learn to do away with all interest, profits, taxes and rents; veritably the millennium shall be ushered in.

#### MORE LIGHT.

While it is true that every *progressive* physician now believes in and appreciates Phrenological science, there are many so-called "Regulars" who disbelieve in it, but their disbelief arises from three conditions of mind: One is from their lack of information on the subject; another is from their natural inaptitude for judging the evidences of the science; the third is, they gull the public so much with their *hocus pocus* language, that, like the man who lies thinks everybody else is a liar, or the libertine who disbelieves in the virtue of women, they cannot conceive the truth.

That there are noble exceptions even among the Allopaths we admit, but it is hard to believe in men's honesty who band themselves together for "business purposes;" thus trading in the health of the community as do the "Regular" drug doctors.

Hear what the famous Dr. Dens-

more, of London, says about them and their organized hand:

"America is supposed to be a free country, and yet an organized band of physicians holding diplomas—in fact a Medical Trades' Union—have succeeded in getting laws passed in most of the United States making it unlawful to employ any doctor who is not a member of the Union. Still they are not happy; they are trying to get laws passed that it shall be unlawful to sell a proprietary remedy unless the formula is printed on the package; and these guardians of the people are the ones who write their prescriptions in Latin in order that their patients may not know what medicines they are taking!"

It is not to be expected that this "Medical Trades' Union" will or can appreciate Phrenology. Why? Because Phrenology enlightens the people, and priests of all kinds believe in keeping the people ignorant in order that they themselves may thrive. They write their prescriptions in Latin phrases in order to deceive the public.

It is hard to believe any man honest who opposes Phrenology, provided he is capable of comprehending its principles.

Opponents of Phrenology are enemies to the progress of the human race, whether they know it or not.

Medical men of the progressive schools now appreciate and incorporate Phrenological science in their practice, and succeed in effecting some wonderful cures.

"HUMAN NATURE for May is just to hand from its editor in far-away San Francisco. It contains many original articles, and some of not a little value; for instance, one insisting on wholesome bread—bread which has not the life taken out of it in the rolling mills. White roller flour, so nice to look at, has little nutritive value. HUMAN NATURE, we may state, is received regularly by Mr. Dawson of Dewsbury Market Place, and Messrs. Fearnside & Sons, of Commercial Street, Batley.—Dewsbury Reporter, Yorks, England.

Subscribe for HUMAN NATURE; 50 cents per year.

## PHRENOLOGY IN OUR COURTS.

The following recently appeared in the *San Francisco Morning Call*, and it shows the need of Phrenology and reform in our Courts of law :

## GARCIA ASKS A PARDON.

A SAN QUENTIN CONVICT CLAIMS TO BE INNOCENT OF THE CRIME FOR WHICH HE WAS CONVICTED.

Charles Garcia, with a twenty-years' sentence before him in San Quentin, has petitioned the Governor for an absolute pardon on the ground that he is innocent of the crime for which he was convicted.

The circumstances attending his conviction are as follows : On the night of November 4, 1893, a Chinese servant in a Grant-avenue saloon was held up by two men on Stockton street, near California, and robbed of \$25 in cash and other valuables. Despite the fact that it was dark and the attack upon him quite sudden Leoung Tom swore that he could identify the men on sight, which he did in the persons of Isidor Baldivia and Garcia. Both were tried before Judge Wallace and convicted, notwithstanding the fact that Garcia's mother swore that her son was in bed at the time the robbery took place. In addition to this, Baldivia makes a statement in prison that he had not been in company with his fellow-convict on the night in question, and in fact did not see him for two weeks prior thereto, and that he alone committed the robbery.

On this statement Governor Budd will be asked to set Garcia free. He belongs to an old Spanish-Californian family, and prior to his arrest had never been in trouble with the police.

It seems hard that a man who has "never been in trouble with the police" before this should be sent to the penitentiary for twenty years on the sole testimony of a Chinaman.

Our laws are severe on poor fellows who steal small sums, while men who embezzle thousands and hundreds of thousands of dollars are almost sure to escape Scott free.

The taking of a human life is often of less consequence and attended with less punishment in California than stealing ten cents.

Not long ago, a poor fellow from the East who had no previous record against him, being only eighteen years of age, and said to be starving, abstracted from the pocket of a lady a silver dime, pleaded guilty to the charge in the hope of getting a light

sentence ; but the Judge (?) sentenced him to eighteen years hard labor in the State's prison.

The sentence was cruel and out of all proportion to the crime, and when the poor boy leaves his prison after the long years of tuition in crime, he will be an adept in wickedness.

However morally inclined a man may be, it is quite impossible for him to breathe the tainted air of a prison for a term of years and emerge from its dark shadow uncontaminated and free from moral leprosy.

Surely some discrimination ought to be made between those who have a good moral brain and those who have an immoral development, or between those who are naturally criminal and those who are not.

Here Phrenology draws a broad line of demarcation between the moral and immoral, and its principles should be applied in our courts.

There are degenerates so low in the scale of human development that however excellent their environments, their deeds must be evil, and as our prisons are conducted they grow constantly worse as the days go on.

Prison rules are impartial ; and the association of morally inclined with incorrigible convicts debases the former without elevating the latter.

Our law makers, judges and prison wardens should learn that a prisoner with a low, flat top-head, sloping away at Conscientiousness, and with a heavy base-brain, is "prone to evil as the sparks fly upward," but with proper training may be improved, yet should be kept under surveillance for the protection of society, while a prisoner with a better moral brain, but who has in an unguarded moment, or through stress of poverty, broken the laws of the land, may, by good environments and kind treatment, become an honored member of society, but he should not be compelled to serve a long term of years in prison with criminals for associates as a penalty for a small offense.

The remedy for this unjust way of dealing with criminals is to have a competent Phrenologist appointed and paid by the State to pass upon the moral status of all convicts and direct their treatment.

## BY MAIL.

You are anxious to learn how to read character as revealed by the twin sciences, Phrenology and Physiognomy, but too far away to attend a college where the art is successfully taught, or you cannot spare the time away from home during instruction.

We have prepared a course of TYPE-WRITTEN LESSONS BY MAIL that will teach you how to read character at sight and in detail.

For the convenience of students we mail these lessons at the rate of two per week at \$5.00 per month for five months ; at the end of which time students are qualified to read correctly their friends and the photographs we mail them to read.

If you need further particulars enclose stamp for reply.

## A Word to the Inconsiderate.

We are frequently in receipt of letters from people who wish to know of personal matters, which information we are quite ready and willing to give, provided a stamped and addressed envelope is enclosed ; otherwise their communications will find their way to our waste-paper basket.

## Last Chance for Demology.

At the end of this present month we shall return all unsold copies of "Demology" to the author, Dr. A. O'Leary, who will dispose of them at his evening lectures now taking place in Minneapolis.

We advise those of our readers who intend to secure this famous work to take advantage of our combination price, namely, a subscription to HUMAN NATURE FREE to each purchaser. If your subscription is not due, you can renew ahead, or send HUMAN NATURE to any of your friends.

We shall certainly close the sale July 31st ; so please do not write for a copy after that date. Price, \$1.50.

Subscribe for HUMAN NATURE ; only fifty cents a year.

## Health Department.

### THE BITTER CRY.

FROM DR. ALLINSON'S ESSAYS.

It is my lot more than that of the ordinary run of doctors to have as patients those who are suffering from severe or long-standing diseases. The bad or long continued attacks are brought on in most cases by ignorance of health rules. Babies are sometimes born delicate, puny, or deformed, because the mother lived wrongly during the time she was pregnant, or was not in a fit condition to have children. When the mischief is done then comes the bitter cry, "I wish I had known better." Among grown-up folks I see many severe cases of illness; I am often left to the last to be consulted, as the sufferers do not like to be deprived of their tobacco, stimulants, or immoderate use of flesh meats unless it is a case of life or death with them. People are not taught by the drug doctors what to do and what not to do; what to eat and what to avoid; what to drink and what to let alone. The result is in many cases that the person eats and drinks what is put before him or what others round him take. Some may seem to be none the worse for this all-round feeding; some are made slightly ill, and some are made very ill indeed by it. Then they may consult the drug doctor, who makes them worse. Instead of showing his patients where they have done wrong, the drug doctor gives some poisonous medicine, and in all cases makes his patients worse—those that soon get well doing so in spite of the drugs given. When these patients come to me suffering from cancer, consumption, heart complaint, diabetes, paralysis, or some other bad form of disease, I point out to them what they have done wrong, and by altering it try to set them right. In some cases the disease has passed beyond the curable stage, and only relief can be given. When told this they exclaim: "Oh, if I had only

known better." Readers sometimes think that I preach rules too hard for them to abide by, or else ask, "What is the use of living at all if you cannot smoke, drink intoxicants, and eat meat or do other wrong things?" When these same people are ill they want immediate relief from their sufferings, forgetting or not knowing they are then paying the debt due for breaking natural laws. When smitten by the hand of disease they find out that what I have been preaching so long is perfectly right, and are sorry that they did not take the hints that are given. Intoxicants and tobacco must at once be left off; strong tea and coffee must not be drunk; drugs of all kinds must be poured down the sink. The food must be eaten at regular times. Exercise must be taken daily; fresh air must always be breathed, and the skin pores must be kept open. Persons with good vitality, may, if they so wish, eat a little flesh meat daily; those not so favored may eat meat only every other day; whilst the weak, diseased, and ailing should not eat it at all. If gout, asthma, consumption, apoplexy, fits, insanity, diabetes, cancer, or other serious complaint runs in the family, then it is absolutely necessary for the members of that family to adopt a non-flesh diet and obey all the rules of health if they would be free from these diseases. Time and careful living, and obedience to health rules, will work out of the system all wrong material, and so keep in check all diseases that are hereditary, or which are said to run in the family, and so save unnecessary suffering.

T. R. ALLINSON, L. R. C. P.

### FACTS REGARDING ADVENT FLOUR.

All who labor with brain or brawn require for sustenance an abundance of such food as will nourish nerve, brain and muscle, thus restoring broken down tissue. If the food taken into the system lack these essentials, physical bankruptcy must as surely follow, as the withdrawal of capital from a bank without restoring its

equivalent, and is certain to result in financial failure. The brain, nerves and muscles require, for upbuilding, the gluten and phosphorous contained in the whole wheat. If these elements are discarded, the result will prove disastrous to him who thus attempts to deceive nature.

Prof. Nelson Sizer, who is authority upon the diet question, says:

"A human being living on nothing but bread made of superfine flour would be dead at the end of seventy days."

Superfine flour, the heating part of wheat, produces only fatness and warmth; yet people make their bread of it, and when they eat it in the form of griddle cakes, they generally eat it with several more things of a heat producing and fattening tendency.

The starch of wheat only heats and produces fever and constipation. Dogs fed on fine white flour die in ninety days, while those fed on the bran part of wheat die in about forty-seven days of coldness and diarrhea.

Dogs that are fed on meal made of entire wheat will be happy and vigorous when the other dogs are dead and buried. This, then, is the bread question. Now, if the starch of the bread, that is common everywhere, will kill dogs of heat and constipation, it is not wise to make it into bread, because such diet results in biliousness, dyspepsia, liver and kidney difficulties, and by and by comes nervous prostration—and we may add death.

It seems to us that if people were wise, they would discard superfine flour and use ADVENT FLOUR, which contains the whole wheat.

Prof. Sizer further says:

"Wheat, if we would grind and use it, eating the whole of it, as we eat rice when we stew it, or peas and beans when we cook them, leaving the coating on, is perfect food."

With part of this latter remark, we do not agree, because the outer coat of the whole grain of wheat is nothing but a shell of woody fibre, indigestible, and contains not the least nutri-

tion. Yet to eat the grain with the whole coating on would be a thousand times better than stripping the remaining three coats which contain all the nourishment there is in the grain, as is done in the manufacture of superfine flour.

In previous articles we have shown that in the patent process of manufacture now carried on by the Del Monte Milling Company, this outer shell of indigestible, woody matter is carefully removed by improved machinery, erected at great cost, the whole of the remaining parts of grain being retained. We believe the Del Monte is the only mill in the world which has adopted this process of manufacture, that is why we urge our readers to encourage them by using this flour.

Other mills continue manufacturing white superfine flour, thus giving the hogs the benefit of the best and most nourishing portion of the wheat contained in the bran, as though hogs should fare better than men. Let us give the swine their due, but not the most life-giving nourishment, while men and children perish.

Grocers anywhere on the Pacific Coast keep it, or will order it for you.

#### Nearly as Good as Personal Instruction.

One of our mail students writes as follows:

"I had read up on Phrenology and Physiognomy considerable, so that I had a fair knowledge of the subject, but some how or other your lessons brush away the verbiage I have found in books, and exposes the gold; and while I think reading of books is a great help, your course is teaching me how to read character in such a way that I did not think it was possible to obtain only by personal instruction. I wish you success."

#### HOW NATURE CURES.

Dr. Densmore's great work, "How Nature Cures," which is creating such a sensation everywhere, is for sale at HUMAN NATURE office. Price \$2. Postage paid to any address.

#### CENTENNIAL BADGES.

Mrs. Bosworth, Warren, Mass., writes:

"This being Centennial year, I wish all those who take interest in Phrenology could have a badge.

"I think a piece of ribbon with a portrait of Gall pinned on the breast would be a good one.

"It would be very pleasant to meet those who are versed in the science, so that ideas could be exchanged. It seems to me that the general public is not well informed on the subject."

We agree with Mrs. Bosworth, but think that a button would be more convenient and durable than a ribbon, not worn only for this Centennial year, but for all time.

Students of Phrenology are natural born observers and thinkers. They seem to stand alone in communities, often without anyone but their books and nature, with whom to hold communion. We have known students who have longed to meet others equally interested, by which an interchange of ideas could take place; hence, it "would be a pleasant thing" to be able to recognize on the street fellow students of human nature in order to become acquainted.

Could any of our readers inform us where these buttons could be manufactured?

#### A Waste of Time and Money.

A lady called upon us the other day for a Phrenological examination. She was very deficient in Tune, and had a very unfavorable "ear" for music; yet, when a girl, her father made her practice four hours a day at the piano. She naturally hated the task, for it was a task instead of a pleasure, and both time and several hundred dollars spent on her for music was entirely thrown away.

Our present Thursday evening class has only been running three months, representing about twelve lessons, yet the students are already reading character like "old hands."

#### EXTRAORDINARY GROWTH.

The most remarkable instance of a human being's rapid growth and maturity, followed by decline, is one recorded by the French Academy in 1729. It is that of a boy whose voice changed at the age of 5; whose height at 6 was 5 feet 6 inches, and whose beard was then grown, making him appear to be about 30 years old. He had great physical strength, and could easily lift and carry a bag of grain weighing 200 pounds. His decline was as rapid as his growth. His hair and beard turned gray when he was 8 years old; at 10 he tottered in his walk, his teeth fell out, and his hands became palsied. He died at 12 with every sign of extreme old age.—*London Sun*.

The Port Angeles *Daily Pop* says: "A branch office of the cemetery has been established in the Cooper Building. Prof. Seymour, the Phrenologist has gathered up the skulls of the Republican boodlers of Clallam County, and has them on exhibition there."

#### BOOKS.

We call our readers' attention to the advertisement of books on page 13. We have every book in stock as advertised, and ready to mail any of them to distant buyers at a moment's notice without extra charge for postage.

If you wish to act as agent to receive subscriptions for HUMAN NATURE please send us a two-cent stamp for TERMS and a bundle of printed receipt forms.

Is it right to send your children out into the world without ascertaining their natural adaptation for special occupations?

Read the paragraph "By Mail" on page 5.

# HUMAN NATURE

A Monthly Journal devoted to  
Phrenology, Physiognomy, Health,  
Medical and Social Reform.

Entered at the Post-Office at San Francisco as  
Second-Class Mail Matter, Sept. 29, 1890.

50 Cents per Year, Single Copies 5 Cents.  
—IN ADVANCE.—

**ALLEN HADDOCK,**

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**C. P. HOLT,**

ASSOCIATE EDITOR.

PROF. HADDOCK is the author of and accepts responsibility for all unsigned articles and paragraphs. The *Moral* responsibility for signed articles devolves upon the writer whose name is attached.

## MONEY ORDERS.

We hope our friends will remember that all money orders, American or International, must be drawn on the Post Office at San Francisco, Cal., or through an Express Company, and made payable to Allen Haddock at 1016 Market St. Do not send checks on local banks. If money orders are inconvenient, send 2-cent U. S. stamps.

When this paragraph is marked with a blue pencil it means your subscription has expired, and if not renewed H. N. will be discontinued.

When renewing, if any books, etc., are required, please write on separate paper, stating title, price and your full name and address.

HUMAN NATURE will be sent only during the time paid for. Back Numbers 10 Cts.

San Francisco, Cal., July, 1896.

## LACK OF INFORMATION.

The *Examiner*, in publishing a delineation of McKinley by an Ohio Phrenologist, had the following headline over the article:

"What McKinley's Features and Bumps Indicate."

In concluding his article the Phrenologist wrote:

"I have said nothing of bumps. I suppose the lay reader will note this circumstance and inquire why. The bump idea is one which Phrenologists have for many years tried to weed out of the mind of the public. To

speak of bumps is to expose one's lack of information on the subject, and hence I have not mentioned them in this little study."

## OUR LESSONS BY MAIL.

Of course, there is no method of teaching equals personal instruction; but we have prepared an unique course of lessons to be sent by mail to those students who are unable to come to our office. They are type written, and a practical Phrenologist who is taking a mail course, says in a letter just received.

"Your lessons are O. K. They get into the smaller details more than I have seen in books that I have read."

Our lessons TEACH HOW TO READ CHARACTER

## WHY YOU SHOULD READ THE PHRENOLOGICAL JOURNAL.

Because it is a bright up-to-date exponent of Human Nature.

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Because it exposes to view the mental machinery of public men and women.

Because its Child Culture Department helps mothers to understand the character and needs of each child.

Because it will interest you intensely.

Single Copy 10cts., One Year \$1.00, mailed free. Address HUMAN NATURE office.

Until further notice we offer the Phrenological Journal and Human Nature combined, one year for \$1.25.

HUMAN NATURE and other Phrenological publications do excellent missionary work for traveling Phrenologists.

Lecturers know the greatest obstacles they have to encounter is ignorance and its twin brother, bigotry, which Phrenological publications do their share to remove; hence, traveling Phrenologists ought to work better than they do for the organs that do so much for them.

## "DEMOLGY."

In order to clear out this, the latest work of Dr. A. O'Leary, a well-bound book of 320 octavo pages, we now offer one year's subscription to HUMAN NATURE free to every purchaser. The price of the book is \$1.50, postage paid to any address. You may send HUMAN NATURE to any of your friends as a present, if you wish.

"Demology" deals with the ethics of Love, Courtship, Marriage, Divorce and Stirpiculture. It is not a medical book, although it embodies the results of long and wide experience in the practice of medicine, and public lectures on the themes discussed. Table of contents mailed for a postage stamp. HUMAN NATURE office.

This is last month of sale.

Phrenological knowledge enables the student of human nature to feel safe on solid ground. He has no doubt as to who is honest or dishonest by nature, because he knows it.

Phrenology is founded on observation. Observation discovered and established the science.

## NATURAL FOOD LITERATURE.

The following leaflets and pamphlets issued by the Natural Food Publishing Co., London, are at present for sale at HUMAN NATURE office; the whole bundle for 25 cents; no extra charge by mail.

1. Fruit as Food.
2. The Food of Paradise.
3. Curative Action of Regimen.
4. Anti-Cereal Cookery Receipts.
5. What is Densmorism?
6. Dr. Allinson and Dogmatism.
7. Sample copy of *Natural Food* monthly.

When a sample copy is sent, it is as an invitation to subscribe, at fifty cents per year.

If we have no agents near you to collect your subscription, and if you intend to subscribe, kindly send at once 50 cts. to Allen Haddock, 1016 Market St., San Francisco, Cal.

When writing to this office friends will confer a favor by sending us addresses of *thinking* and liberal minded people to whom to send sample copies of HUMAN NATURE.



## PHRENOLOGY IN BUSINESS.

Edward W. Bok says that "There exists more opportunities than there are young men capable of embracing them. Positions of trust are constantly going begging for the right kind of young men to fill them; but the material does not exist, or if it does, it certainly has a most unfortunate way of hiding its light under a bushel."

Mr. Bok is certainly mistaken. The material does exist, but so many business men do not know the material when they see it, or positions of trust need not go begging.

Let the light of Phrenology shine, so that the proper young men may be found. There are hundreds of thousands of such, poor perhaps, but honest and capable of filling positions of trust, if business men will open their eyes to the light.

Cases of embezzlement, of fast young men spending their employers' money, and trusted employees ending up in jail, will continue until Phrenology is more thoroughly understood by merchants, etc., and their help chosen accordingly.

Young men in positions of trust with no ability to save or economize, but who spend more than they earn because their heads are too thin in the temporal region, too weak to live under their means, because the passions are too active and not subservient to the moral region, or to the moral law, these trusted servants are always apt to go wrong, and it will ever be so until Phrenology is applied to business.

Sara Bernhardt impressed a Syracuse (N. Y.) dramatic critic as having a "slim, lynx smile combined with serpentine sinuosity, orphidian grace, cat-like softness, tigerish ferocity and the agility of the leopard."

This critic can evidently give Phrenologists a few "points" on character reading. What more could he expect from the "divine Sarah?"

Subscribe for HUMAN NATURE; 50 cents per year.

## VICE VERSUS VIRTUE.

Corbett, the pugilist, received \$7,000 in gold for his fight with Sharkey the other night in this city. The bout lasted twelve minutes.

The amount the pugilist received for his services in a few minutes is more than some Phrenologists earn in years.

Moral: Phrenologists who are in the profession for money had better turn to be pugilists; it will pay much better, so will selling whiskey. It even pays better to sell tobacco than Bibles. Or they may study medicine, and prescribe drugs for curing ills. The remedies (?) may kill off the fools after fleecing them of their cash, but "there is money in it," and some people will do anything for money.

After all it pays to be moral. "Virtue hath its own reward." Vice brings about destruction, but morality builds up and makes one strong enough to look the whole world in the face.

**Third Edition of Haddock & Holt's Delineator Now Ready.**

We have just issued a third edition with new features added.

At the foot of each page are paragraphs showing how to *Cultivate* and *Restrain* each faculty. Price: 25 cts. or by the dozen 12½ cts.; by the hundred, 11 cts. each; postage or express paid on receipt of cash.

We call the particular attention of Phrenologists to this Chart, which is the best extant. HUMAN NATURE office.

**Show Your Friends "Human Nature."**

Will our subscribers kindly show their friends "HUMAN NATURE." It is a good plan to secure subscribers. HUMAN NATURE is a success; its circulation is increasing, and just as soon as we can afford we shall enlarge it to twenty pages, but still keep it at fifty cents per year. Some good things are in store for our readers.

Read the paragraph headed "By Mail" on page 5.

## TIN TYPES FOR READING.



Send us Two Views of Your Head and Face.

**SEND TIN TYPES.**

You can get them taken now at two for a quarter anywhere.

State height, weight of body, size of head, measuring by tape around and a little above ears in inches. Height over crown from opening of ear to ear in inches. Send color of hair, eyes, skin, education, present occupation, name and address, and enclose \$1.00 for a brief description, or \$2.50 for an elaborate, type-written delineation, and we will describe your character and disposition, your leading traits and talents; indicate your natural occupation, trade or profession, and temperamental adaptation in marriage; which organs to cultivate and which to restrain, together with best advice on health and morals.

Please give us your orders for *books* and the *Phrenological Journal*. You get them at the same price and the orders leave us a little commission which enable us to carry on our work.

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See Ad, Page 16

## CRAZY AS LOONS.

"Whom the gods would destroy, they first make mad."

Mankind are made of queer stuff. It seems impossible to affect to any degree the majority of men and women unless there is a great flourish of trumpets, the fife and drum is produced, and the day and night made hideous by the belching of cannon, the blaze of bonfires, and the yells of the populace. A cool discussion of principles, and then an earnest, calm endeavor to put them in practice seems impossible to the mass of mankind. It is to this emotional trait in the character of men that the capitalistic class and political wire-pullers appeal when they want to tighten the thumb-screws a little tighter on their hapless victims.

If a traveler from Jupiter or Mars should visit our planet and country during the coming presidential campaign, he would be sure to write us down as lunatics. We are incapable of performing so simple an act as the election of a Chief Magistrate to execute the laws of our nation without a display of fuss and feathers that would cause a Fiji islander to open his eyes in wonder. So here we are in the midst of the cyclone, and one or the other of the candidates of the two great political parties is sure to be rushed through the noise and smoke to his seat at the White House.

The great cry will be protection, free trade, free coinage of silver, free everything except *free men*, and the masses (them asses) will be hoodwinked by the specious babble of these political orators on tariff, coinage and such clap-trap, with promises of good times when "our candidate shall be elected;" and these wire-pullers will continue to play their old game of getting the people at loggerheads and quarreling among themselves upon religion, and silver, and gold standards, and temperance, and women's rights, and protection to American industries, and all sorts of reforms which are very much needed, but all quite impracticable until capitalism is abolished.

The best way to start a balky horse is to tie a string tight around one of his ears; he then straightway forgets his balking, and shaking his head and thinking of nothing but his ear, starts off in a smart trot. The capitalists are aware that unless they can tie up the ears of the balky workingmen their monopolist team is stuck in the mud and their journey ended; hence the torchlight processions and grand parades in which the wage-slaves will join while their masters look on and smile.

Why should the people be deceived? It will make no difference in the condition of the poor man which of the candidates of the two great political parties are elected. In either case, the great labor-saving machines owned by the plutocrats will continue to work, operated by the few wage-slaves required to run the contrivances, while the great army of tramps displaced by these machines, will continue their weary journey past the gilded homes of the capitalist to the city of despair.

If the following extract from an address on June 6th, in Lynn, Mass., by Geo. R. Peare, copied from *The People*, could be pasted in the hat of every voting citizen not a capitalist, it might set him to thinking in the right direction.

"Capitalists need a large supply of wage-workers, and in times gone by resorted to forcible methods to secure this supply. To-day, however, these forcible methods are no longer needed; the large factory has caused the downfall of the small producers, stripping them of all property, thus throwing them upon the streets where they must starve outright or enter the factory and become wage-workers.

"The number of wage-workers is ever on the increase, even capitalists no longer attempt to deny it. A revolution has taken place in the make-up of society, the same as it has in the system of production. The capitalist form of production has overthrown all others and become dominant in the field of industry, similarly wage-labor is to-day the dominant form of

labor. One hundred years ago the free farmers constituted the bulk of society; fifty years ago the free small producers of the towns and cities; to-day it is the wage-workers or proletariat who are the absolute majority, but they have about as much control over the conditions which give them employment as the passenger in a railroad car has over the motion of the train.

"The wage-workers have now become the largest class, and it is their condition and modes of thought that must eventually control the rest of society. This, then, implies a complete revolution in the condition of society itself, so soon as the workers shall assume control of legislation, which will be done through the Socialist Labor Party. In the days of small production the tools of production were the property of the producers, and the product itself belonged to them. The product of his labor, however, does not belong to the worker, but to the capitalist, who purchases his labor power. True enough, the worker receives wages, but these wages will buy back only one-quarter of his product. This is the change which has taken place, and accounts for the steady fall of wages, in spite of the fact that productive power continues to grow.

"Now when the capitalist buys labor-power, he does so for the purpose of utilizing it in a profitable way. The more the workingman produces, the larger the value of his product. If the capitalist were to work his hands only long enough to produce the worth of the wages he pays them, he would clear no profits, but the capitalist is no philanthropist. His capital calls loudly for 'profits,' and finds him a willing listener. The more workers he can gather around him, the longer he can extend their hours of labor the greater will be his surplus, or fleecings, and this exploitation of labor finds a limit only in the powers of endurance of the working people and in the resistance which they may be able to offer to him."

Is it not about time sense should take the place of nonsense? As the

days go on each rising and setting sun looks upon the rich getting constantly richer, and the poor poorer, while mother nature has her storehouse filled with abundance for all her children. It ought to be possible for the people to calm their emotions, and, putting on their thinking caps, realize that so long as the capitalist system continues there is no hope for prosperity to any but the plutocrats, no matter which of the two great political parties are in power. They will give us plenty of band music and torchlight processions while the campaign lasts, and occasionally will treat us to a glass of beer (if we are not set against the pesky stuff), because they believe as did the Roman nabobs that all the people want is "panem and circenses" (bread and circus shows).

However, there is a day-star appearing above the horizon, and there are indications in the great labor unions and councils that the people are getting now and then lucid moments, and when they shall have quite recovered their sanity, they will quietly take possession of the means nature has kindly and bounteously given them to "life, liberty and the pursuit of happiness."

C. P. HOLT.

REVIEWS.

By C. P. HOLT.

*The Phrenological Journal*; Fowler & Wells Co., 27 East Twenty-first Street, New York.

The June number of this veteran journal in the field of mental science came smiling to our table in a brand new dress and changed form, looking much like its old self. After three months' trial of an oblong shape which did not seem to fit anywhere, it has returned to the octavo form as being more convenient and satisfactory to all concerned. A shadow comes with the change, in a word from Dr. Beall as he shakes our hands and bids us adieu, saying that "for business reasons he is obliged to retire from the editorship of *The Phrenological Journal*." We shall miss his strong, radical articles and well-written "Phrenographs;" but as he is yet a young man, we shall probably hear from him sometime, somewhere.

Notwithstanding Dr. Beall's retirement,

there is plenty of first-class talent left flowing from the pens of Dr. Drayton, Prof. Sizer and Mrs. Wells, not to speak of the army of able contributors to the Journal. In this June number, Prof. Nelson Sizer gives an able and instructive sketch of the life and labors of Horace Mann, the great educator, and if it be true that the

"Lives of great men all remind us  
We can make our lives sublime,  
And when dying leave behind us  
Footprints on the sands of time,"

then this great and noble life is an inspiration.

Prof. Sizer, also under the caption of "Child Culture," with a group picture and baby likeness to illustrate, tells what influence temperament in parents had upon the character of a child.

Dr. Drayton has a very instructive article on "The New Discovery in Photography," in which the X-rays are explained and illustrated. There is also an excellent article on "Attitude and Expression," and Nelson B. Sizer, M. D., contributes nearly three pages of solid instruction about germs, under the title of "A Curious Family." Then Nelson Sizer falls to again, and writes an article on "Order; Its Uses and Abuses." There is much more in the Journal very interesting and profitable to read.

The British *Phrenological Year Book* for 1896; London, England; published by the British Phrenological Association.

It took six months for this Year Book to reach my table; but its contents will be just as valuable a score of years from today as the hour the book left the printer's hands. One hundred and forty-seven different subjects are treated in terse and entertaining style, among which the following are very interesting: "The Brain Development of Criminals," "Are Large Brains Essential to Power?" "Physiognomy and Crime," "Husband and Wife Grow Alike," etc. The book is unique and a valuable contribution to Phrenological literature. A few copies can be had at HUMAN NATURE office for 50 cents.

*Food, Home and Garden* for May and June, Vol. 1, New Series, lie before me. After several months' subsidence, this dietetic reform Magazine reappears in a new dress, and looks cheery enough. It is published monthly by the Vegetarian Society of America, at 310 Chestnut Street, Philadelphia, Pa. Subscription price, fifty cents a year. The principles it inculcates are humanitarian and health promoting. Those who are wedded to the "flesh pots" would do well to read its pages; they would soon see the error of their ways, and turn in disgust from the horrible practice of making their stomachs tombs for dead animals. Among the contents of these two numbers I notice "Fruit as Food and Medicine," "Cruelties of Flesh Eating," Result of a Meat Diet," "To Become Beautiful,"

"Raisins as Food," "Is Barbarism Necessary to National Existence?" "Bad Temper and Meat Eating," "Therapeutic Uses of Apples," etc. A doggerel maxim truly says that

"To eat an apple going to bed,  
The doctor then will beg his bread."

*Natural Food* for June is as full of interest as ever; quite crowded with good things. On page 620 proof is made that man is not of the carnivora or herbivora, but of the frugivora; that is to say, he is so constructed that his machinery can best be run on a diet of fruit and nuts. Man has strayed or sinned in the matter of diet, and the sooner he gets back to first principles the better for his health and length of life. "America and England; Their Respective Merits," is an excellent reply by Dr. Densmore to Hector Waylen's criticisms upon this Yankee Nation as he saw us while globe-trotting.

"Notes" by Dr. Helen Densmore, "German Method of Cure" by H. T. Wolmat, "A Voice from Nature" by W. A. Rogers, "Diet for Beginners" by W. S. Manning, are all interesting and instructive articles. Everybody should read *Natural Food* and eat it too.

*The Philosophical Journal*, San Diego, Cal.

The June number of this magazine contains a strong article on "The Science of Mind" and a report of a discourse by Cora L. V. Richmond on "The Bonds of Union," besides much else quite readable.

*The Popular Phrenologist*, London, England, for June, is quite up to its usual excellence. "The False Key" is a pleasing story. "Philosophy, Old and New," "Know Thyself," and other articles of interest are among its contents.

*Truth in Song* is the title of a book of melodies set to music by Mrs. Clara H. Scott, 1496 W Congress Street, Chicago.

A portrait of the author upon the first page shows her to be spiritually minded, and her book is much like herself. It will be welcomed by societies and Sunday-schools as an aid in their musical exercises.

*Health* is a monthly, in its first volume, "devoted to the cause and cure of disease." \$1.00 a year; Altruria, Sonoma Co., Cal. Its motto is: "Too excessive and too continuous use of starch, cane-sugar and butter, the fault of the nation."

It is a well edited magazine, and should have strong support from those who believe in right living.

*The California Medical Journal* for June is not dry nor tedious, but sprightly and genial, while full of solid information. Among its contents are: "Ranch Life and Adventures in Arizona," by J. A. Munk, M. D., "Hypnotic Anaesthesia" by Chas. Clark, M. D., "Cerebral Localization and Surgery" by H. L. Henderson, M. D., and very much more that is interesting.

### Who Should Study Phrenology and Physiognomy ?

All classes of men and women should study Phrenology or the art of reading character, because it endows them with a knowledge that gives them great advantages in life.

Business men should study Phrenology and Physiognomy, as it would enable them to know whom they are dealing with at a glance.

Said a merchant to us one day : " I never felt sure how to handle strangers until I took your course of lessons. Now I see who and what they are at a glance. Indeed, life itself has a new interest to me ; I seem to live in a new world, for the revelations of nature are simply astounding."

Teachers by all means should take up this branch of study. They could better understand the nature and disposition of their pupils, and realize how it is that one pupil bright in geography is a failure in mathematics, and train accordingly.

A pupil may have talent for art, but be poor in spelling, and there is a Phrenological reason for it. No other science can so direct a teacher how to train the mental forces of their pupils.

Ministers and lawyers who understand Phrenology and apply its principles succeed much better in their professions if versed in Phrenology.

Medical men are becoming more and more interested in Phrenology every day. If we bar the old school of medical men, " The Allopathic Czars," or " Regular " Drug Doctors, who aim to monopolize the profession, we may claim nine-tenths of the medical men to-day as friends of Phrenology. Every liberal-minded medical man now acknowledges the truth of Phrenology, and admit that medical colleges are far behind the age or almost totally in the dark concerning the laws of mind in relation to brain. We assume that no physician can be solely trusted who denies the science of Phrenology. No man can deny it if he is acquainted with its principles or understands its

philosophy. Unfortunately many of our so-called leading physicians are no more acquainted with its principles than a prominent M. D. of this city, who, one day, wanted to know if he had a " bump " for making money.

Working men and women desirous of rising in the world should study this science. It will help them in all the walks of life. It sheds such a light and gives such a revelation of character that working people may not only know better how to protect themselves against the greed of others of whom they are the constant prey, but it enables them to understand themselves and how to train their children in knowledge of themselves, which is the beginning of all wisdom.

### OUR COURSE OF LESSONS.

We give *private* lessons in Phrenology and Physiognomy daily at the office.

Students received at any time.

Our method of teaching is simple. We do not confound students with technical phrases, but teach them how to read heads and faces as easy as reading a placard on the wall.

Each lesson takes one hour. Some pupils take two lessons per day ; others one ; others still, only one per week. Students make their own time.

Short Course, 8 lessons, . . . \$10.00

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Professional Course, 45 lessons \$50.00

The Professional Course earns a Diploma.

### BLIND AS BATS.

The world is full of people to-day who are making a failure in life just because they are in the wrong business. They are as blind as bats to their own interests, when a dollar or two spent in a Phrenological examination and chart made by a reputable Phrenologist, would assign them to their proper sphere in life ; but they do not seem to know it.

It is a most surprising thing that a science so capable of blessing the world is not embraced at once by all.

### Specimen Copies of Phrenological Journal and Natural Food.

We are prepared to mail a specimen copy (present issue) of the New York *Phrenological Journal* for ten cents ; also of the London *Natural Food* for six cents. The former is now only \$1.00 per year, and the latter 50 cents annually. Subscriptions received at HUMAN NATURE office.

If you wish to get along, keep yourself honorably in the eyes of the public and a just conscience.

### MEDICAL ADVICE.

An experienced physician, holding diplomas from the best colleges in the United States, with a thirty seven years' practice and good record in San Francisco, *who does not travel*, desires to inform the readers of HUMAN NATURE that he is in thorough accord with the sentiments expressed in this magazine as opposed to the terrible drugging system practiced by the medical profession generally.

He is prepared and thoroughly qualified to treat patients personally or by letter, on the most progressive and scientific modes of cure by rational means and hygienic rules.

All letters in the first instance should be addressed Dr. Barlow J. Smith, care Human Nature office, 1016 Market Street, San Francisco, California, enclosing a two-cent stamp for reply.

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