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MISS LILLIAN K. MALCOLM

(For Delineation See Next Page)

**PHRENOLOGICAL DELINEATION OF
Miss Lillian Katheryn Malcolm**

FROM A PERSONAL EXAMINATION BY
ALLEN HADDOCK.

WEIGHT 140 lbs., Height 5 7 inches, Complexion Ruddy, Hair black, Eyes dark brown, Prominent features, Athletic build. Nose convex—the nose of energy—sharp and pointed, indicating penetration. Chin strong, Chest very prominent, Breathing and Circulatory powers magnificent, Health perfect. Head 22 inches in circumference, Nose to Occiput 14 inches, from ear to ear over crown 14½ inches, diameter 5¾ inches.

In delineating character it is advisable to compare the person under examination with the average man or woman, in order that the patron may see how he or she is related to, or diverges from the common standard. The test shall be applied in this case, and it is evident that you will not suffer by the comparison.

The average woman weighs 125 lbs., stands 5 feet 4 inches tall, and her head measures 21½ inches in circumference.

Her Organic Quality is neither very fine nor very coarse. By Quality of Organization is meant the degree of Texture. A rather small person, with a head and body below the average in size and weight, may have more intelligence and be superior in talents than a larger one, but then in that case the Texture or Quality of Organization is finer.

You weigh 140 lbs., stand 5 feet 7 inches tall; your head measures 22 inches in circumference, and although you are muscular, your Intellect and Strength of Organization is far above that of the average woman.

You have inherited all the strength of character and sterling qualities of your father, whom you greatly resemble; and these are softened by the domestic and moral sentiments descended from your mother.

Phrenology alone explains your complex and highly strung nature. People do not understand you. Some people are apt to conclude because you are muscular, you are masculine; or because you are strong and forcible, you are positive and domineering; if so their conclusions are false, you are only self-reliant, independent and full of courage.

The fact is you are as tender, sensitive and as responsive as the most delicate woman. In one respect you may be described as supersensitive. But it is not that sickly sentimental disposition that usually accompanies the emotional-nervous type.

Your dark hair and eyes, the brunette type, indicate intensity of feeling; when accompanied by a full back head as in your case the intensity is increased in power and larger volume, and enjoying as you do perfect health in body and mind, you are naturally bouyant, full of hope, and able to make yourself felt in the world.

All your bones, muscles and nerves are in good working order. You enjoy the exercise of every organ of body and brain; you should manifest great efficiency in both physical and mental labor, finding steady and hard work alike easy and pleasant, and be able to endure toil, exposure and toil with impunity, because you are well proportioned, full chested and amply supplied with the oil of life.

With such a healthy constitution as yours you ought to enjoy life. I look upon you as one of Nature's children almost devoid of social conventionalities and artificial simulation; you appear to be in touch with dame Nature and need no corsets.

You ought to, and are likely to manifest a good degree of business talent (not exactly in a commercial sense, because Acquisitiveness is rather weak), but in a general way you are tactful, diplomatic, and because of your physical and mental attributes for superintending your

own affairs, develop in the long run, managing abilities to control others.

I must not pass that full back-head of yours, in denotes love of children, home and friends.

Be careful where you anchor your affections, as your brain organ of Conjugality is large and active and Veneration—devotion is at least full, which means that you are liable to become miserable by disappointment in love, for as a well known author said of one who was highly endowed with this faculty "Where you truly love, you must possess", indeed, in affairs of the heart you know such words as "fail", and being well mated you will find your highest happiness in the society of the chosen one, but you would tolerate almost anything in him except infidelity to the marriage relation.

With such a forehead combined with your Temperament, you should be Intellectual, and capable of following Intellectual or Literary pursuits, as Writer, Speaker, Clerk, etc. I have no doubt but that you could make your mark on the stage; however that is a matter of culture and training; you possess the instrument for Histrionic work, but I am of the opinion that depends much on environment and force of circumstances, as to whether you would adopt the stage as a profession. Usually men and women of your Temperament love great liberty of action physically as well as mentally, and they are ready to exclaim "Give me liberty or give me death."

But there is so much of you in other directions, that even an observing and close analytical Phrenologist would be apt to overlook your Histrionic abilities, although you possess considerable public spirit, and enjoy public applause, but you abhor cheap notoriety. This is certainly true, your Intellectual faculties and mental resources are considerable, placing you far above the average standard of women, but in my opinion, what you are or what you may be depends very much on surrounding circum-

stances as to which way you will steer your ship, but it also must be said on the whole, you are apt to control rather than be controlled by circumstances.

Your Religious nature is quite strong, but it is not the religion born of creeds and dogmas of the church. You see God through His works. You probably do not believe that God can be geographically located, but that He is the Spirit, as it were, of the Universe, that he is Omniscient and Omnipresent, and that He endowed man with an Immortal soul.

The marked printed chart accompanying this analysis registers your Physical and Mental status, and your marriage table.

According to the law of selection and affinity you should marry your *opposite* in Temperament and Color, but mentally similar. As you greatly resemble your father, he should naturally inherit the traits of his mother. Both are the better for such inheritance.

BIOGRAPHY.

Some time after this delineation was made and written out, we gathered the following particulars:

Miss Malcom is the youngest daughter of Robert Gordon Malcom and was born in Cincinnati, Ohio.

Her father was a sturdy Scotch Highlander, a member of the Grand Army of the Republic and veteran of the war who belonged to and fought in the famous McKinley regiment.

She is and has been a great student of Shakespeare, and played leading parts with some of the principal Shakesperian stars of the day.

Her whole soul and ambition was wedded to the histrionic art, but the commercial spirit of the age lowering the morale of the stage to the level of the box office, she left it in disgust and struck out in a new and independent field of action, but strictly honorable and in accordance with her strong, robust constitution.

The above statement of facts together with the following information culled from the columns of *The Tonopah Daily Sun*, corroborates in a remarkable manner our delineation of the young lady, although a complete stranger to us at the time:

"Miss Lillian Katheryn Malcoln is noted in southern Nevada as being the foremost mining woman in this region. She not only owns and superintends the operation of properties, but on occasion has done actual mining with her own hands. Miss Malcoln owns a large number of claims in the Goldfield district and has actually worked in the shafts herself with pick and shovel. She is also noted as a stamper and many a time has gone miles over the desert, her outfit being packed by burros. She was the first on the ground when the news of the fabulous strike at Gold Crater was made known last summer. She has a large number of claims there and expects to make her fortune from them. She now is directing her attention to Kawich and says she believes it is the coming district, but as yet has not secured the number of mining interests there that she expects to get and believes she is entitled to. * * * * She went to Klondike with the great rush of '97, and there her mining began. She staked a number of rich claims and fractions but had trouble in getting them, as the Canadian officials wanted everything for themselves. Nothing daunted, she went to Nome, only to secure claims and then have them jumped and at once thrown into the hands of a receiver by A. H. Noyes, the crooked judge who stole the gold from so many miners' properties. Since her advent here Miss Malcoln frequently declared that she likes mining and stampeding and that she will not do anything else."

The American Institute of Phrenology opens its next session the first week in September.

How People Contract Disease.

For the first year or two that a man studies medicine, he has every disease that he learns about, says a London paper. We had a man among us who thought that he was going to be paralyzed. He was as healthy as the next man, but that seemed to him to make the disease more insidious. Paralysis and nothing else was in his mind. One night when he had gone to bed, somewhat the worse for the evening's merriment, two of us went in and tacked his slippers to the floor. About six next morning we were startled by a blood-curdling yell from him. We went in and found him with his feet in his slippers, just as he had stepped from bed. "Look at my feet," he cried. "I can't move them; I cannot walk a step. It has come at last!"

Superstitious Faith in Drugs.

Owing to wrong training, ignorance and superstitious faith in drugs, fostered by medical priests, quacks and druggists, the false faith in the potency of drugs is confined to no one country. A Dublin druggist notes that the poorer classes of that city appraise medicines by their looks. They attach little importance to colorless mixtures, however good, but are made happy by a bottle of highly colored water made pungent by some herbal extract. And great is the effect if a muddy sediment is to be shaken up before taking in tablespoonful doses every four hours in water.

Correction

By an unfortunate error Riddell's book "Human Nature Explained" got classed amongst our \$1 books last month. The price is \$1.50.

We select the proper trades and professions for men, women and children.

OBJECTIONS TO PHRENOLOGY ANSWERED.

A Paper by Prof. Allen Haddock,
Practical Phrenologist and Editor
of *Human Nature*, San
Francisco, Cal.

Read at the Human Science Congress,
at Portland Oregon,
July 12, 1905.

THERE are no more valid objections to Phrenology than to Chemistry, Astronomy, or Mathematics. All sciences and new discoveries have met with opposition at first, but as Phrenology upsets so many false beliefs, and opposes so many interests, there need be no wonder it has met with such violent opposition.

Phrenological objectors have been successfully met a thousand times, yet still raise their heads and get a clubbing.

One of the most persistent, stupid and bigoted opponents of modern times is Dr. Andrew Wilson, who appears to have the free use of one of the leading journals in England,

His latest objection is that a celebrated Britisher "possessed a head in size below that of the average Briton."

He has been told over and over again that one of the fundamental principals of Phrenology is that

"Size, other things being equal is a measure of power."

These "other things" are Quality, Activity, Health, Temperament, Formation of Brain, etc.

A 10 inch bar of *steel* is stronger than a 10 inch bar of *cast iron* of the same thickness.

A beam of hickory, or oak, is stronger than a beam of basswood same size and thickness; this law of Organic Quality holds good in relation to man's Organic Structure, physically and mentally.

A man of *low or coarse Organic Quality*, will never amount to much intellectually, even if his head be

several inches larger than that of the average Briton.

The noted Englishman referred to by Dr. Wilson was a man of a good Quality of Organization, and he possessed a favorable temperament; he had all the physical and mental endowments required for his work, together with a cultured mind. With these advantages he accomplished more than the average Briton, and no wonder.

Dr. Wilson has heard these explanations, but he appears not to heed them, for he bobs up again as if he neither heard or saw, thus proving that he is a bigot; and loves not the light unless the rays be shed from his own school of medicine.

THE FRONTAL SINUS.

Another objection to Phrenology is, that the cavity between the two plates of the skull in the lower part of the forehead prevent our observing the Phrenological faculties correctly in this region.

Now in the first place the frontal sinus covers only two of the 43 faculties, but all children and 90 per cent of women have no frontal sinus, and where it is found in men an observing Phrenologist can correctly estimate the size and activity of the two faculties behind the cavity in accordance with the Temperament, Organic Quality, and the voice of the subject. The frontal sinus is a sounding board; when the bones are thick and coarse, as in a coarse Motive Temperament, the voice has a hollow, rumbling sound, and we judge accordingly.

Where the Mental Temperament, or fine Organic Quality prevail the voice is clear and resonant, we know then that no allowance need be made for the frontal sinus. There is not one doctor in five hundred knows this. To Phrenologists belong the discovery.

PHRENOLOGY AND ANATOMY AGREE.

Another puerile objection to Phrenology is promulgated by an obscure

English physician, Dr. Russell:

"The outside of the head can not be taken as a guide to the capacity of the brain, owing to the irregular and sinuous formation of the brain structure inside."

This statement is contrary to the view of the leading anatomists of the world. Dr. Vimont, that most eminent of European surgeons, says: "We can form an accurate idea of the volume of the brain by simple inspection of the skull, or external table, the internal table being perfectly parallel, and the degree of elevation of one corresponding exactly to the other. When a portion of the cranium is developed, the portion of the brain corresponding with it is also developed." This high authority confirms the Phrenological claim and thoroughly refutes Dr. Russell's. But if that is not enough, I refer him to Sir Charles Bell's Anatomy II, page 320, which says: "Thus we find that the bones of the head are moulded to the brain, and the peculiar shape of the bones of the head are determined by the original peculiarity in the shape of the brain." * * * Cuvier is also explicit on the point. He says: "In all mammiferous animals the brain is moulded in the cavity of the cranium, which it fills exactly, so that the description of the osseous part affords us, at least, a knowledge of the external form of the medullary mass within." Magendie says: "The only way of estimating the volume of the brain in a living person is to take the dimensions of the skull."

Other authorities might be quoted but these are sufficient for our purpose. Anatomists and physicians at least cannot with any appearance of consistency question this proposition, and no others have a right to do so. Its correctness stands unshaken."

PROVE IT YOURSELF.

That the inner side of a skull corresponds to the outer surface, any one can prove it for himself by taking a cast of the inner side, the plaster cast will also correspond to the form and shape of the brain in life, there-

fore it is all the more surprising that any physician who is supposed to be well informed on anatomy will deny this phrenological fact in face of, too, the unimpeached testimony of the greatest anatomists that ever lived.

Sir Chas. Bell and the world-renowned Dr. Ferrier, in his "Manchester Science Lecture" support the phrenological view thoroughly, therefore physicians who object to phrenology on these grounds cannot be said to be up in anatomy at any rate.

THE CELEBRATED CROW BAR CASE.

Thirty years ago I was a member of a debating class in connection with a Mechanics Institute, and Young Men's Mutual Improvement Society in England.

The subject of Phrenology came up for discussion, and I was chosen to prove "The Utility of Phrenology" as the subject. I took and maintained the affirmative with earnestness and great glee.

Two of my opponents were also very earnest and intense in their opposition. (One of them is now a member of Parliament, and a powerful speaker in the House of Commons, the other has gained a worldwide reputation as a scientific microscopist and mechanical engineer.) They quoted the "American Crow Bar Case," which to the popular mind at the time appeared to disprove the theory that the frontal lobes of the brain is the seat of the intellectual faculties.

A BRIEF STATEMENT.

One P. P. Gage, aged 25, whilst engaged in blasting a rock, a pointed iron bar 3 feet 7 inches in length $1\frac{1}{4}$ inches in diameter and weighing $13\frac{1}{4}$ pounds was by force of the explosion driven through the left angle of his jaw, pointed end first, and passed upward clean through the head near the sagittal suture in the frontal region; he was picked up covered with "blood and brains," but within an hour after the accident he was able to walk up a flight of stairs and

give the surgeon an intelligible account of the accident, as if he had only lost an arm or an eye.

He ultimately recovered and lived 12 years after the accident. The accident proved that part of one hemisphere of the brain may be lost without total loss of power, provided no vital spot be touched.

But hear what Dr. Harlow said of Gage's mental condition after the accident: "His contractors, who regarded him as the most efficient and capable foreman in their employ previous to his injury, considered the change in his mind so marked that they could not give him his place again.

The equilibrium or balance, so to speak, between his intellectual faculties and animal propensities seems to have been destroyed. He is fitful, irreverent, indulging at times in the grossest profanity (which was not previously his custom), manifesting but little deference for his fellows, impatient of restraint or advice when it conflicts with his desires; at times pertinaciously obstinate, yet capricious, vacillating, devising many plans of future operation which are no sooner arranged than they are abandoned in turn for others appearing more feasible. A child in his intellectual capacity and manifestations, he has the animal passions of a strong man."

"Previous to his injury, though untrained in the schools, he possessed a well-balanced mind, and was looked upon by those who knew him as a shrewd, smart business man, very energetic and persistent in executing all his plans of operation. In this regard his mind was radically changed, so decidedly that his friends and acquaintances said he was no longer Gage!"

You have observed that Gage's religious and reasoning organs in the left hemisphere were almost, if not entirely, obliterated; he became therefore, addicted to the "grossest profanity," "quite a child in his intellectual capacity and mani-

festations." and possessed "the animal passions of a strong man."

The crow bar had not touched a vital spot, and only affected one hemisphere of the brain, nevertheless the intellectual and moral faculties had been greatly impaired, which accounts for his strange conduct after the accident.

I won the verdict in favor of Phrenology, and the two members referred to probably changed their mind from that time on, as they are old subscribers to Human Nature.

OBJECTORS GRILLED.

This is the way O. S. Fowler grilled Objectors to Phrenology:

"Any village pettifogger can urge objections more plausible against Blackstone, and pedagogue against astronomy. All science encounters difficulties equal if not greater. But do these difficulties in the way of making some of the observations in any science annul all its other facts? Do difficulties in making astronomical observations disprove astronomy? Do mirages overthrow all the principles of optics? Does our inability to count *all* the stars in the firmament prove that there are none there? Does sun sometimes being beclouded prove that there is no sun, or that it never shines? And yet these are precisely analogous to the objections of our opponents. Difficulties do not kill truths.

Objecting educationists, you know not what you do. Young men by thousands whose education was entrusted to your care you prevented from investigating this science, and kept them from obtaining its advantages, should have *known* whereof you affirmed. But truth is mighty and will prevail, and oblige you to eat your own words, or else be branded bigots by those who come after you. You have misled humanity and especially our youth, which is a crime against the race, and against truth, for which you must yet atone. The evil effects of your opposition will follow and curse your

pupils and you till God makes "the very wrath of men to praise him." You are making fools of yourselves before all men, who, fifty years hence will retort:—"you are fools not to see that Phrenology is true, or else bigots in allowing prejudice to blind your eyes to its palpable evidences, besides sinners by thus misleading your followers. You are blocking the wheels of human progress, and wickedly opposing man's greatest good. Away ye blind leaders of the blind into merited oblivion, with human curses following you forever."

All Inside.

BY J. P. BEAN, RYLAND BLOCK, SAN JOSE, CAL.

THE condition of a man's digestive organs and muscular and nervous systems very largely determine the way he looks at things. If he is sound and healthy from head to foot a few little mishaps and disappointments do not count for much. The way of living is sufficient, when the health is good, to offset many cares and trials. In fact small things are not noticed at all. But let a man's stomach get so that its internal condition resembles that of an old swill bucket, liver jammed chuck full of partially digested, partially fermented food products, bowels on a strike, blood full of sour bile, skin sluggish and kidneys overworked and tired out, and you may confidently expect that such an individual will be able to see nothing but his own misfortune, death and disaster all about him. His sleep is broken and disturbed by horrible nightmares, and his working hours filled with dark forebodings, evil presentiments, dire misgivings and general depression. Such a man would "hoodoo" a \$20 gold piece so that it would not be worth more than \$19.

He would make an Irish picnic look like a funeral procession, and would generally radiate gloom and

horror a thousand yards in all directions. If at this stage of the game he happens to get mixed up with a revival meeting he is almost certain to "get religion" of a most malignant type and make himself a general nuisance and calamitous affliction to his family and friends and the public generally.

Of course he means well, but in such a condition as he is he would naturally and invariably do and say exactly what he should not, hence his utter failure as a "worker in the vineyard." If he makes an investment it is always in some wildcat scheme which could not possibly be other than a disastrous failure. If he seeks medical advice it is certain to be of some quack who will do him more harm than good. About this time he is likely to fall in love—fancy a woman coming in contact with that awful breath of his—and the lady, naturally objecting to a walking pestilence, refuses to respond. Still fraughted by the spirit of utter per-

THE FISHERMAN OF COOS.

FROM THE days of Isaak Walton to the days of Grover C.,
The fisher-folk have been the best of all the folk that be;
All lovers of the mountain streams and of the dimpling pool
Of shady bars and mossy banks, and bowers green and cool—
All living close to Nature's heart and loving all her moods,
The blustering time of budding spring and peaceful autumn woods
And by the names of Walton and of Cleveland there is room
To bring from Curry and from Coos, and add the name of Hume.

Of Hume, whose many miles of nets are everywhere in vogue
From Bayview on Columbia, to Gold Beach, on the Rogue—
Who runs both of that river's banks, and owns its little bed—
Who is, to speak in metaphor, its mouthpiece and its head.
His father and his father's sire from out the bonny Doon
Have plucked the royal salmon with the hackle and the spoon.
And now where the Pacific throws across the bar its spume
The salmon meets its master, and its master's name is Hume.

Long may he yet be with us, this jolly fisherman,
Who cans the lordly salmon, with a "cap C" on the can.
The streams of Scotland knew him and the Restigouche's vales
Have seen him drag the salmon out and weigh him in his scales,
And many a time his whizzing reel has held his fish in check
Where pours down from the hills of Maine the lordly Kennebec.
But only the Pacific shores give such as he full room
Unless—well, back in Washington, they'd find a place for Hume.

versity, instead of going to work to clean himself, both without and within, he writes a despairing note to the lady (giving her a fit of the blues) takes a dose of carbolic acid or "rough on rats" and so completes the chapter of error and foolishness. It is a safe proposition that when a man commits suicide the real cause was not the financial loss or disappointment in love to which the act is generally attributed, but the mass of filth with which his system was fairly loaded. Right living is the only true safeguard against misfortune and disease. Keep the muscles strong and flexible, the circulation good, eat to live instead of living to eat, and thus keep the digestive organs clean and sound. Avoid drugs and stimulants, drink plenty of good pure water, try to do something to help and benefit your fellow man, and you will find your life full of joy and sunshine. The clouds, gloom and discord that you find are all inside yourself. Keep them out by keeping clean.

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The Russian, Turkish and other baths of that kind have the same objectionable features, viz., that the patient is exposed to a high temperature, and unless he possesses a good heart, kidneys and lungs, there is danger of him dying during the exposure. Another very objectionable feature which, in my opinion, overshadows all others, is the unsanitary conditions which usually accompany these baths.

In the Electric Light Bath conditions are different in every respect. Instead of the patient being exposed to a temperature of from 120° to 150° F, as in the Turkish and Russian baths, the temperature of the bath hardly ever reaches 100°. Radiant instead of conducted heat is employed. Perspiration flows freely at 85° F, and starts in three and one-half minutes after exposure, instead of five to six minutes required in the Turkish bath, even with its extremely high temperature. The reason for this is that the rays of heat pass through such transparent media as the air without heating it, the skin is also practically transparent to strong rays of light, as is the underlying tissue, except the bones which in the living subject are translucent. It is well known that rays of light when

obstructed produce heat, depending upon the amount of obstruction. The tissues offer enough resistance to the light to produce heat, which through the controlling vaso-motor nerves cause expansion of the capillaries. The stimulus of the heat-rays together with that of the carbonic acid gas contained in the blood of the distended capillaries act instantly on the sweat centers in the medulla oblongata and profuse perspiration results, the amount which is more than twice that produced by the other heating baths. The quantity of urea eliminated during an electric light bath is much greater than any other application, while that of carbon-dioxide is also greatly increased. The radiant energy of heat by this process is conveyed to the deep tissues direct instead of being slowly transmitted by conduction as in the case of dry or steam heat.

The bath which we use and which we recommend is that which permits the patient to lie down with the body exposed to the light while the head is outside the bath, thus the patient's muscles are perfectly relaxed, at the same time he is breathing the pure fresh air, and in this way he receives the full benefit of the application.

The Electric Light Bath produces a tonic effect on the patient, at the same time the best results are secured by applying some sort of cold douche or sponge bath after exposure to the light, followed by massage. Of course the patient's condition, temperament and idiosyncrasy must all be studied, as it is well known that the requirements of one patient is no criterion for the next; each must be studied separately.

In the treatment of malarial fevers, chronic bronchitis, chronic pneumonia, pleurisy, congestion of the spleen or liver, cerebral hyperemia, jaundice, rheumatism, neuralgia, sciatica, gout, obesity, acute alcohol poisoning, chronic nephritis, in fact almost any disease where eliminative measures and general tonic is required, the electric light bath is the best.

The principal reason why this bath is not generally employed by physicians is that, 1st, a suitable apparatus which costs from \$200 to \$500, with rooms large enough to give baths together with all appliances, are necessary. 2nd. The time required to give this treatment is more than the average practitioner will allow, besides extra attendants are necessary, another thing the regular practitioner does not give much study to Radiotherapy, physiologic and therapeutic effect of sun and electric light baths, etc. Another thing it would detract from the doctor's dignity somewhat to give a bath and that could not be tolerated.

From my point of view it looks as though it would be better to give more attention to physiologic therapeutics, and less to the study of drug medication. The physician would be able to accomplish more and the patients would suffer less and thus all things would combine for the general good of humanity.

Our Students.

In a professional course of 50 lessons (private and individual instruction) our students are taught the location and function of every organ of the Brain and Body together with their Facial Signs, and signs of Health and Disease, as well as to Read Character on sight.

Those intent on entering the field of Phrenology, are given all the latest information to help make their career profitable in every sense of the word.

Working men, employers of labor, merchants, lawyers, physicians, indeed, men and women in every walk in life, are taking up this course of study, as it teaches them how to understand themselves and others as no other science can. One student writes: "I would not take \$1,000 for my knowledge that your course gave me."

Human Nature 50 cents a year.

Graphology.

BY HARRY HILL, SAN FRANCISCO,
CALIFORNIA.

HAVE you not often heard the remark, "I do not like the style of that man's handwriting, it strikes me very unfavorably." This is actuated by instinctive deductions of the character from the handwriting. When you reach the point where you are able to read a person's character and discriminate his habits, caprices, desires and eccentricities, you can be considered a Graphologist. This science is of ancient origin. It has been studied in Germany and France for many years, and English and Americans are now taking it seriously. It is not generally known to the general public, but is gradually coming into favor. Graphology is deductive and rests upon laws founded from observation and experiment. I will enumerate some of the most simple. Take for instance, a person who writes in large flowing curves, is of an open and approbative disposition. When you see a letter written with a large margin, you may rest assured that the writer possesses good taste and judgment, while a large sprawling hand, with only two or three words to a line, shows extravagance and waste. A close pinched handwriting indicates economy, and very often great sensitiveness and spirituality. A slovenly handwriting is a sure sign that the writer is slovenly in appearance and habits, while a neat and tidy letter is a sure trait of tidiness on the part of the correspondent. When you see a person who fails to dot his "i" or cross his "t", you may be sure that he will neglect and shun business, this same trait is shown by neglect to punctuate. The singularity of human nature is in exact proportion to the idiosyncracies of the writer. For instance, a person writing a bold, clear hand can always be selected as possessing a strong nature, while delicate, faint strokes,

show ideality, but not stability.

Have these thoughts never come to you. Have you never compared the foregoing signs with the writing of those you know. If not, I would suggest you try the experiment and see if your conclusions are not verified. Take your own handwriting. When you are in good spirits, you will note that there is buoyancy in the outlines and they ascend toward the upper corner of the paper. You will instinctively turn the tails of all ending letters upwards. But notice the contrast when you are despondent, your writing has a dogged appearance, dropping toward the bottom of the page. These are the most simple laws of handwriting and by mastering their deductions you will be enabled to tell at a glance the type of person with whom you come in contact. After that it is simply a matter of analyzing certain letters and other signs which are more definitely outlined.

A person who mastered Graphology, will be able to read a man's handwriting and choose such business associates as he thinks honest and worthy of consideration. He may also select his friends and social acquaintances with respect to their several characters, and in fact help his duller senses to a more perfect realization of the worth of training in all he does. Surely no one can afford to ignore such a valuable science when a knowledge of its great practical benefit is so apparent.

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We have dealt with this well-known firm nearly twenty years, and can say with pleasure that the goods they supply cannot be excelled anywhere, and that they are of the best value that can be supplied in any market for cash. We have carried Smith's advertisement nearly sixteen years, or ever since Human Nature began publication, and we have never heard one word of complaint from their patrons, but expressions of satisfaction all around. See their new advertisement on page fourteen.

Character in Handwriting.

We have for sale a remarkable book on Graphology, by Henry Frith. It contains numerous autographs and explanatory specimens of handwriting selected from various sources, and is the best book on the subject that we ever handled at the price, 50 cents.

The latest and most elaborate work on the subject is the large bound volume of 149 pages, price \$2.00 cloth, entitled "Psychology and Pathology of Handwriting," by M. K. Thumm. This is the book by which you may read the character of all your correspondents on sight, or make an honorable living by utilizing its teachings. Apply Human Nature office.

Facts About Life.

There are 3,064 languages in the world; and its inhabitants profess more than 1,000 religions. The number of men and women are about equal. The average of life is about 33 years. To 1,000 persons only 1 reaches 100 years; to every 100, 6 reach the age of 65; and not more than 1 in 600 lives to 80. There are on the earth 1,000,000,000 inhabitants. Of these 33,000,000 die every year, 91,824 every day, 3,730 every hour, 60 every minute, or 1 every second.

The *Phrenological Journal* for August will contain an article on "The Difference Between Men and Women," and illustrations will be given of the life and character of Dr. Darlington, the Health Commissioner of New York, and some of our captains (among both men and women) of our Athletic crews. Another article will be on "Phrenology and Business," by Millett Severn, of England, and another on the "True Basis of Success," by B. Kline. "Valuable Advice to Parents on Children" is also given in the department for Psychology of Childhood.

Phrenology Progressing.

THERE has been no local opposition to Phrenology during the last twelve years in San Francisco. Up to that time some antiquated drug doctor would have his fling at it, and as sure as he opened his mouth on the subject he would "put his foot in it" by proclaiming his ignorance of the subject, and just as sure we would "go for him", and warned our readers to shun any medical man as dangerous who knew no more about the brain and body in relation to mind than proclaimed by his own words.

If our attitude has been fearless in thus defying opponents, it is because we have truth on our side.

Medical men are not all fools. We do not know one doctor in California to-day who opposes Phrenology; if there is one he keeps mum; times have changed.

Our readers may talk to any medical man to-day, and if he is not a believer in Phrenology, he is not well informed; if he has made a study of the subject with an unbiased mind he will be enthusiastic on the subject because he recognizes Phrenology as the key to his success in the treatment of his patients and as the only mental system through which he can understand the mind of those under his charge.

This revolution of opinion in the minds of medical men is taking place all over the world.

We have before called the attention of our readers to the excellent work of Prof. W. E. Youngquist, in Stockholm, Sweden. His monthly magazine, *Frenograffen*, contains the following in the English Column:

"Greetings to the advocates and friends of Phrenology in America, England, Australia and also in Sweden, for those who can read them.

Progress! Advancement! Approval! Encouragement! Truths unmistakable victory over ignorance! Silence from the press! Too weak to admit its mistake! Too ignorant of

our science to either oppose or approve it! The backbone of opposition is broken! The peoples constant approval of phrenology!

Stockholm is ours! Meetings orderly! Halls filled twice a week, with no free meetings! Numerous examinations! Books loaned by hundreds at 50 ore per fortnight. Large numbers of Fyrtornet are sold. Private pupils are increasing in numbers. Two classes per week. The New Phrenological Society, Frenolight No. 1, is progressing, membership increasing rapidly, with harmony among them all. Doctors (M. D:s) are preaching phrenology in their lecture courses, foreign Phren. magazines on exhibition by one of them. Others writing in their medical works. Magazines and comic papers giving whole pages to phrenology with several illustrations. One editor bought a picture of our open air meeting for 4 crowns and published it to 500,000 readers. Publishing enterprises in Phrenological literature past the danger point financially, now. Such is the report in brief at present.

Success seems painted everywhere, for phrenology in Sweden. What more can critics demand, friends expect, or ignorant enemies desire, to aggravate them? Should a man expect any more after 2½ years work in a strange land, starting on nothing financially. Acquainted with—no body. Encouraged by none. Opposed by thousands. Defeated—never. Swedish literature on Phrenology to distribute, not a leaf. Discouraged, down hearted, down in the trough of the sea of opposition sometimes, only to rise on the crest of the wave of encouragement, however small. Penniless sometimes—but never borrowed a crown. Only one aim and ambition: Phrenology's banner planted in Sweden to stay. Only one enemy; ignorance. One hope in the distance; a return to the "Land of the free, and home of the brave." Money was lacking, credit was good and is still better now.

We have much to be thankful for. The daily press batteries are silenced and beckonings to England were not in vain. Mr. James Webb has been here and his work was of great value. Thanks a hundredfold we shower upon this snowybearded veteran of Dr. Gall's science. Thanks to the phrenological press for the sympathetic attitude expressed in various ways and those welcome copies full of new ideas for me and for others. Ten new subscribers have been secured in Sweden in all now, yes more, Uppsala and Lunds Universities as well as the Medical Society of Stockholm have also received several copies free for a year from foreign editors.

Ignorance of phrenology has been a virtue in this country but things are changing. The outlook is promising, my latest work "*The Bridal Veil*," in eight chapters, is now ready, and about 500 copies of the edition (2,500) are already sold. A new book for children, "*Unga Sveas Frenolyra*," (lyre) is under way and will soon be published.

Wanted--12--more Swedish-speaking traveling phrenologists for various parts of Sweden, a good field.—But demand exceeds supply in this case. I have had very good health, so that not one meeting has been postponed, or an examination put off, on account of physical inability, or my vocal organs being at fault. Am now engaged 5 and 6 times a week for lectures, examination evenings, etc."

What is happening in Sweden is taking place all over the world. Phrenology is progressing, because people are seeking the truth. Dr. Gall said of Phrenology: "This is the truth though opposed to the philosophy of ages." Error dies hard but "truth is mighty and must prevail."

Elbow grease, in partnership with brains, will win where main strength and awkwardness will fail. Never take two steps where one will accomplish the same result.

The Matter With Him Was This.

Two months ago from a farm near Stockton, one of our patrons wrote: "I do not know what is the matter with myself and the other boys on the farm.

"Farming is a healthy occupation, but we are all constipated and half dead, yet we live well on three meals a day.

"It is very warm here and getting hotter working in the sun all day, besides we get pork, beef steak, mutton chops, plenty of new bread and hot cakes, beans and other strong nourishing foods every day—perhaps the food is too strong. The boys are always taking pills which only appear to give temporary relief, but never cure.

"I do not believe in druggtng, I am inclined to believe the cause is in the nature of our food. Please find \$5 for your letter of advice. Answer to questions enclosed."

On July 17th we received the following letter:

"DEAR MR. HADDOCK:—I strictly followed your instructions and I have now the laugh on the boys. We have been pitching hay and doing other heavy work in the hot sun, but I am O. K. I never felt better in all my life. I can do more work with less fatigue than any of the other boys, although not as big nor as heavy as some of them. They are all still sick and complain about their health, but I am well, thank you.

I know now what was the matter. Pork and beans and other *hot* (heat giving) and windy! foods, are as bad for us here, as they were to our soldier boys in Cuba and Philippine Islands."

The writer of the above two letters evinces considerable intelligence for a farm laborer, who is supposed to have more brawn than brains, or little time and less inclination for study.

It certainly is surprising how little people know as to the value of food

in relation to health and disease.

During a hot spell last summer we visited a health (?) resort in the country. Much to our disgust hot buckwheat cakes and pork and beans were put on the table; such foods are as unhealthy—especially in hot weather—as the notorious mess of doctored canned beef in our army and navy, which was the cause of so much dysentery and death of our boys in Cuba.

Are Your Brains Paying Dividends?

One of our subscription agents, Harry Hill, has issued a circular from which we make the following extract as an example of his enterprising business ability. Harry pulls business up *Hill* successfully:

"If you are able to read character or human nature scientifically, you will have a decided advantage in dealing with humanity. If your mind is educated in the right direction it enlightens and moves you in correct paths. Many men and women possessing a fine education, can be found in obscure positions, when they might be filling prominent places in the business and social world, if they could only grasp and develop this powerful factor, (which they can develop) they would force their way from a condition of diffidence and obscurity into that sphere in life to which they rightly belong. Men and women succeed best nowadays in proportion to their ability and what they know, than what they do. Indifference and indecision in the presence of opportunities are the cause of most failures.

"Human Nature Magazine is a journal published for sixteen years and well known by students of Phrenology in all parts of the world. It is devoted to Phrenology, Psychology, Graphology, Physiognomy, Hypnotism, and other Kindred subjects. Mindreading and Telepathy is also treated from a scientific standpoint.

Summer Health.

Health Culture for July is a special summer and vacation number of this practical and healthful publication, and is filled with suggestions for health and comfort in hot weather. It carries on its cover a cool, refreshing marine scene, the contents are varied, considering many phases of summer life.

Under the head of "Some Summer Problems" Albert Turner considers Outdoor Life for Women, A Vacation with a Top Buggy, A Teacher's Vacations, The Summer Sunday Dinner, etc. "Vacation Days," "Dietetic Problems," "What to Eat in Hot Weather," "How Women Should Dress in Hot Weather," "The Tent Cure with Rest," "An Ideal Place for Summer Rest," "Children's Physical Culture Games," "How to Uplift the Chest," "A Course of Exercises for Boys," "Chapter of Experiences from a Busy Life," "Slaughter of the Innocents," and Golden Days of Summer," are some of the features of this excellent number.

It is safe to say that those who would be healthy and happy during the summer and "dog days" would be greatly helped by the reading of this issue of *Health Culture*. It is published at \$1.00 a year, 10 cents a number, by the Health Culture Co., 153 W. 23rd St., New York.

Subscriptions received at Human Nature office, 1020 Market St., San Francisco, Cal.

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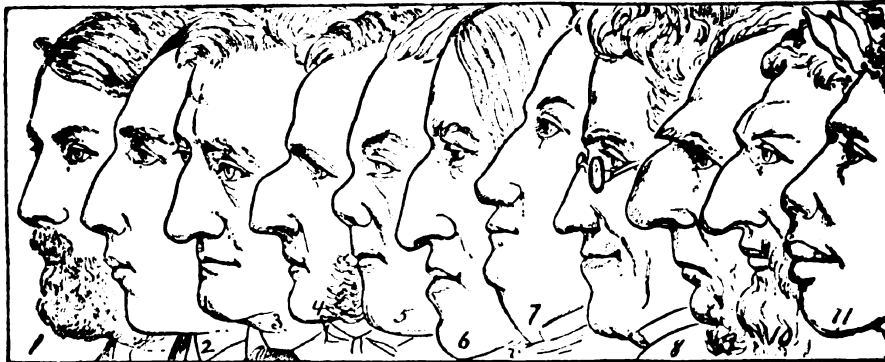
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A shoemaker hung out a new sign, and then wondered what passers-by found so amusing. His sign ran as follows: "Don't go elsewhere to be cheated. Walk in here."

DON'T BE A MIS-FIT!

Don't be a Round Peg in a Square Hole!

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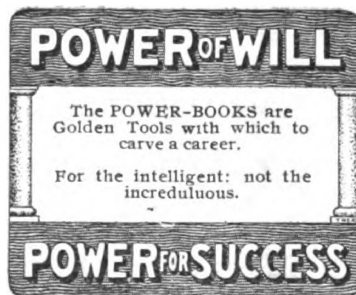
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