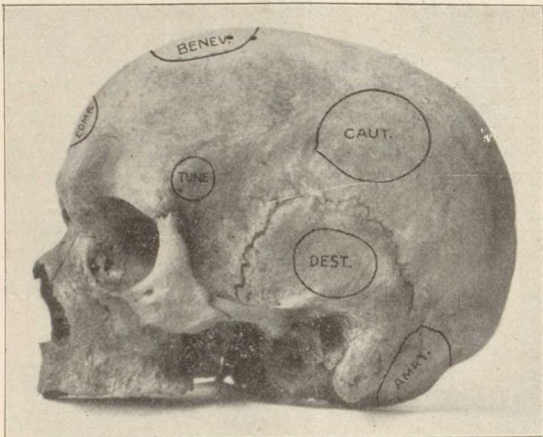


## A circular library stamp in purple ink. The text inside the stamp reads "LIBRARY" at the top, "MAY 6 1907" in the center, and "U.S. Bureau of Education" at the bottom. The stamp is slightly tilted and has a decorative, scalloped border.

No. 4

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# HUMAN CULTURE

Vol. 9

CHICAGO, MAY 5, 1907.

No. 4

## THE LANGUAGE OF THE LIPS AND HOW TO READ IT.

### THE LIPS OF LOVE.

People having full, cherry-like lips are good-natured, loving, true, devoted, kind, sympathetic and affectionate. Such lips are called "loving lips," and such a mouth is called a "loving mouth." The conjugal, parental, and social affections have their poles in the lips, especially outward from the center of the mouth. The sex instinct has its pole in the center of the upper lip and also in the center of the lower lip; but a person who has the upper lip, with the red part of the lip drawn in, who has a long, deep line at the external corner of the lip, who draws the lip downwardly until a fleshy fullness appears at the end of the corner of the mouth, as is seen in the bulldog, that person is not loving; he has a cruel mouth. The man who marries his daughter to such a man will not lay a foundation for happiness for her. Such a man has not a loving nature. He is an anarchist, as a rule, or a drunkard, or a fighter, or an agitator. He has a strong muscular system, iron-like tendons, solid flesh, developed bones, a hard heart and a solid fist. He can swear and fight, but never love. He likes hard blows. He takes interest in fistic activities. His hand is more adapted to hurt than it is to heal. He would not make a very good doctor, nurse or missionary.

When a man loves himself, he draws the corners of the mouth straight back; he pushes the lips out above the corners of the mouth; he renders the upper lip convex in the center between the nose and the under part of the lip. In jealousy the mouth is drawn down, the under lip pouts, the skin hangs down below the conjugal poles, and the entire mouth is disfigured.

When the mouth is strongly controlled by the will, it is drawn in, or the lips are held in tightly.

When a person's vitality is low, the lips are thin and faded as a rule, indicating that there are other conditions and states of mind having their influences on the mouth. When a person suffers from sexual trouble, his under lip is coated in the center; a white skin appears in the center and the lip is dark and faded. When a man is pessimistic, he draws the corners of the lips downwardly. When a man is optimistic, he draws the corners of the mouth upwardly. When a man is affectionate the lips are curved, beautiful and red. When a man is moved by sexual passion, his lips are dark red, especially the under lip. For that reason, we can always tell what a person is doing, and also the condition of his vitality.

#### The Mouth of Masculinity and Femininity.

A short mouth is a feminine mouth. A long and square mouth is a masculine mouth. We can tell from the development of the mouth, as far as length or shortness are concerned, whether a man is feminine or masculine. Masculinity of nature

goes with a long mouth and set lips. Femininity of nature goes with a short mouth and curved and fleshy lips. A very hospitable person has slightly curved wrinkles outwardly from the corners of the mouth, these wrinkles being slightly perpendicular. Very close attention, unity of mind, application and concentration are generally the results of predominating

Approbativeness has two kinds of signs in the upper lip; one sign being that of a graceful curling of the upper lip, which signifies love of distinction; desire for public approbation, and the other being a shortening and a lifting of the upper lip, causing a person to expose the teeth, which sign is generally accompanied by a simpering smile, signifying love of praise and a sensitiveness of mind. Such a person wishes to be worshiped; be careful when you speak to him that you do not tell him the truth. Such a person is not ready for the truth. You must praise him or say nothing.

and active continuity and power of concentration, which traits of character are physiognomically recognized by a long upper lip, the distance being estimated from the nose to the red part of the upper lip.

Contempt has a tendency to protrude the lip, especially the upper lip, in the side, between the center of the mouth and the corner, this sign of contempt being generally seen on the left side of the mouth.

Scorn, on the other hand, has a tendency to protrude the lip at the same place and to raise it slightly in an upward direction.

Dissatisfaction is seen in the same place, but it draws the lip backwardly and downwardly and causes perpendicular wrinkles to appear at the corner of the mouth.

A deep sneer and scorn can be noticed in the chin as well, these characteristics having a tendency to lift the central part of the chin in an upward direction.

Violent hatred, amounting to animosity, draws the lip, especially the under lip, downward to such an extent that a person exposes the teeth, this sign being often called the "snarling muscle," being seen midway between the central part of the under lip and the corner of the mouth.

Jealousy causes an oblique fullness below the under lip, which fullness runs towards the under jawbone and in the direction of the side of the face.

A lipless mouth, resembling a thin and straight line, without any curves and delicacy, denotes industry and precision, but indicates as often a mercenary, cold and critical mind. This kind of mouth and lips can be seen in Rockefeller.

A well-formed and over-hanging upper lip, denotes goodness of heart. Firm lips mean a firm character. Weak lips denote a weak character.

V. G. R.



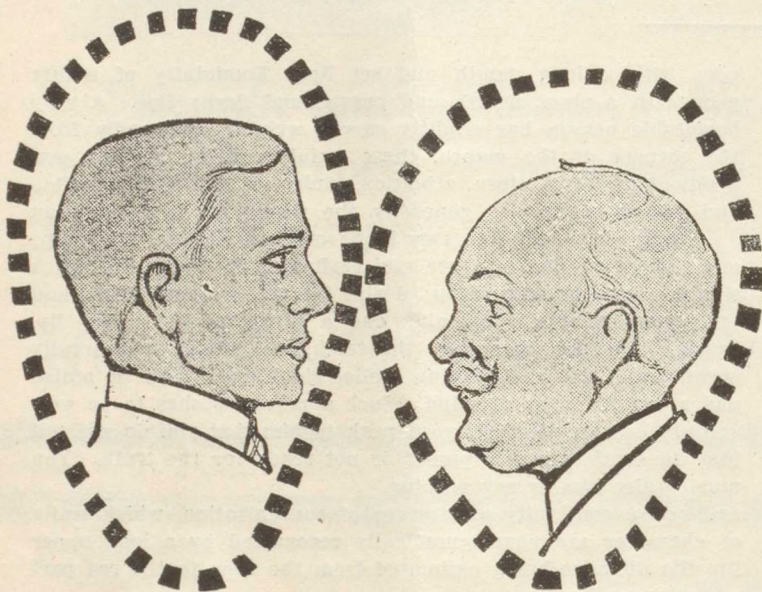
## CHICAGO HAT SALESMAN DISCOVERS A NEW SCIENCE.

## Knows More Than Our Modern Psychologists.

J. H. Heyman, a Chicago hat salesman, has discovered a new science.

But the shape of the head as a diviner of nationality is interesting in itself. Mr. Heyman thinks it might become of great importance if it were reduced to a science.

"I have measured many thousands of heads," said Mr. Heyman, "and while there is a marked individuality in each head there are certain general characteristics by which one who has made a study of the subject can tell the nationality of the man by the shape of his head."



American.

German.

## Head of a Negro.

He picked up a small bit of pasteboard from a hundred or more like it in a box. It was plain white and cut much in the shape of a cork inner sole.

"That is the head of a negro. You see how long it is from front to back, how the frontal bone is almost as wide as the back part of the skull. Along the two sides there is an inward curve. If we had the head here we should see that the backhead is straight and flat. That is a peculiarity of the race. Almost every negro will have such a shaped head."

He turned the card over and read the name and address on the reverse side. It was the head of a well known negro lawyer, who is often in the courts in Chicago, and is considered one of the shrewdest jury lawyers in practice here.

## One of a Greek.

"This," said Mr. Heyman, selecting another bit of cardboard shaped much like a pear, "is the head of a Greek. You see how broad it is drawing a line from the base of the ear on one side to the temple on the other. Most Greeks have that head formation, some more pronounced, some less, but all distinct enough to make it impossible to be mistaken. Of course, when they have been in this country for a generation or two they change."

"Do the heads of immigrants change from living in this country? That is interesting."

"I could not say that the heads of immigrants change, but

the heads of their children do. In one or two generations after the family comes to this country you will find the head taking the form of this one."

He took up an egg-shaped card from the box and balanced it on his fingers carefully.

## Picks an American.

"That is the head of an American. You see how well balanced it is. The general one-sidedness noticeable in the heads of other peoples, no matter where they come from, is absent from the well formed American. There is a difference in the sides of the cranium, of course, as all men are either left or right handed. But in the American this difference has fallen to a very slight one. Americans are more ambidextrous than any other nation. The cowboy shoots as well and as quickly with one hand as with the other. It is not a difficult thing for an American to learn to use one hand as deftly as the other if accident or caprice prompts him to do so."

"How do the heads of Germans differ from those of other people?"

## Points to Peculiarities.

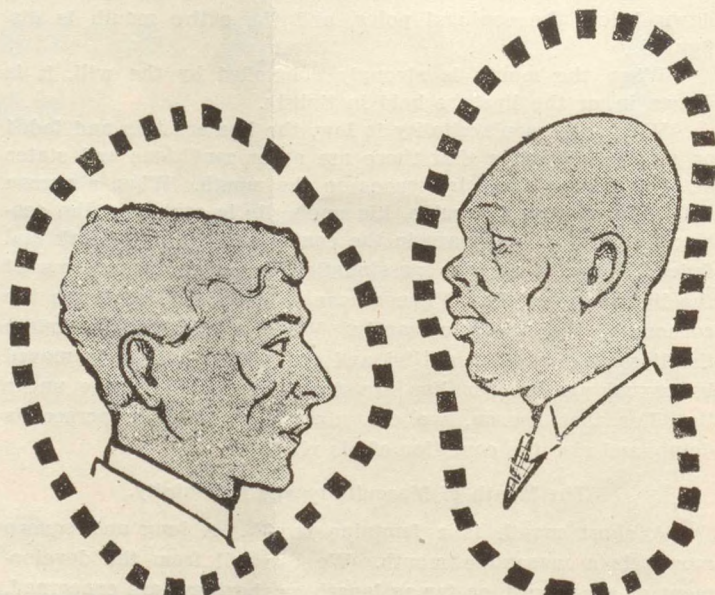
"They are broader directly across the center. Here is the head of a German. I could pick it out of a thousand. There you see the name on the other side—Peter Schmidt."

"There is a Scotchman. See, his name is Murray."

"This is the head of an Irishman. It is long and well formed. It shows action. It is more like the head of an American than any other people—not so broad through the middle regions in proportion to its other features, which indicates that the Irishman will not prove so tenacious as the Irish-American. But the two races blend well, I have observed. From such unions come most of the great actors, and many of the artists, writers, poets and newspaper men of this country."

"The German-American is more likely to become a methodical business man. He goes at things with less steam, but he stays at them longer, and is more likely to win in the end."

"The French-German is a peculiar type. His head is big and well formed generally, but with rather low brows and small eyes. He has great imagination one moment and is likely to be dull and prosaic the next. It is a dual type, from which are drawn the stage figures of 'Jekyll and Hyde' and other dual personalities."



Greek.

Negro.



## THE BRAIN AND ITS FUNCTIONS.

A SERIES OF ARTICLES EXPLAINING THE FUNCTIONS OF ALL THE MENTAL FACULTIES.

By V. G. ROCINE, Doctor of Science.

Written at the Request of Readers and Students of Human Science. Commenced in August, 1906. Continued from Month to Month

### PARENTAL LOVE.

#### Location.

Parental Love is located above the nape of the neck, in the backhead, about three-quarters of an inch above the occipital protuberance and three-quarters of an inch in a side direction. It is located in the lower end of the back portion of the cerebrum (large brain). It is located in the inferior occipital convo-

It is through Parental Love that people and animals take an interest in babies, children, youths, relations, young animals, small animals, pets, birds, tender and growing plants, in the birth of the same, in the nursing, rearing, protection, training and culture of them. It gives love of young, a desire to shield and help life in its growing stages. It gives a tender solicitude for young people and children. It gives an attraction for that which is weak, an inclination for the companionship of youths, a desire for parental duties, an inherent desire for cyesis, an inclination to adopt children, an interest in juvenile amusement,



*Parental Love Weak.*



*Parental Love Strong.*

lution of the cerebrum. When it is very large, the head is prominent in this part. The person has a large and pointed backhead, especially large at the nape of the neck and a little above.

#### Function of Parental Love.

Parental Love is the parental and nursing impulse or sentiment. It loves life in its tender stages and devotes itself to life in a nursing sense. Parention and nursing are the results of active Parental Love.

an aptitude for the nursery, a desire to nurse a baby during its infancy, an inclination for parenthood, an attachment to kindred, a love for racial characteristics, a desire to nurse chickens, plants, shrubbery, house plants, animals. When Veneration is strong and acts with Parental Love and Approbativeness, the three combined create a strong love for relations, tribes and clans, a liking for the geneological table and an inherent love for everything relating to kindred. If these three faculties act with Self-esteem, a man will feel that his tribe, or race, or nation,



is the only tribe, race or nation there is; which is the case with the Jew. He has all those faculties in the lead and has manifested all those clannish characteristics throughout all ages.

If Combateness be weak and a man has the mental or vital temperament, he naturally takes to babies or to anything of that which is tender; but if Combateness be very strongly developed and a man is of the motive temperament, he does not take interest in weak human or animal beings. If he becomes any kind of a breeder. When a colt is born, it is strong and vigorous. This is what Combateness likes, when it acts with Parental Love. Men, as a rule, have the motive temperament with strong Combateness, the reason of which they are not adapted for the nursery. They are very awkward in handling a baby.

Parental Love prompts to prolonged and constant care, protection, attention and solicitude for children or for life in its tender stages of development. The maternal and paternal sentiments spring from Parental Love. When Parental Love is weak, a man is not interested in the infantile generation, neither does he care for life in its more tender stages. It is Paternal Love that is the cementing affinity, attracting young people towards the older ones, and older ones in the direction of the younger ones. It is the existing magnetism between old people and young people. Through it, older people become interested in the pleasures, joys, training and education of the younger ones, and this interest or joy and pleasure, care and development experienced by young people, children and babies becomes a joy and a pleasure to the parents, or to the older ones.

It is because of Parental Love that a young man wishes to become a father and a young lady aspires for motherhood. Through it, a man experiences a fatherly feeling towards the entire human family and a woman is motherly disposed towards the whole human race. A mother strong in Parental Love manifests playfulness towards babies, children and youths. Through it, she watches animal young and remembers the care and needs of animal young. Through it, she is prompted to provide for, protect, play with, advise, direct, govern, train and educate her own and other people's children. This is also the case with a father, although he manifests those parental sentiments differently.

Without Parental Love, babies, children and animal young would be left to take care of themselves; and the companionship of babies, children and youths would not be desired, nor would people and animals experience any liking for their own. There would be no desire for babies, for ancestry, for pedigree, primitive relations, fatherhood and motherhood. There would be no foundling hospitals, no desire for motherhood, no nurseries, no soft and tender voices whispering affectionately in the ears of children; no tender care, no lullabies, no fond looks, no desire to handle babies, no parental joy, no schools for the education of children, no love for family relations, no desire for the companionship of children, no accumulation of wealth for them, no inclination to form institutions for their protection, no kindergarten teachers, no painters of animals and children, no rearing desire; and if a baby happened to be born the parents would desert the child at once and never give it another thought.

Parental Love is one of the ethnic faculties, inclining men and women to take an interest in the needs of the unborn, in babies and in children, in cyclic processes, the pedagogic arts, ancestral deeds, tribal characteristics, family life, relational connections, lineal descent, family arms, genealogical tables, racial biography, nursing, paternal and patriarchal counsel, parental duties, medical nursing, affectionate training, fatherly and motherly obligations, teaching and protecting human life in its tender stages.

Parental Love, Friendship and Amativeness constitute the ethnic faculties. When they are very strong and acting with Veneration and a large intellect a man or a woman becomes

interested in eugenics, social culture, ethnic culture, sociology, and all kinds of sciences relating to the protection and development of the race. When Parental Love leads the mind, it throws the mind in the direction of nursing, breeding, attending to tender and growing plants, nursery gardening, fish culture, aviculture, bee culture, poultry farming, geneology, stock-breeding, pedagogy, infant hospital work, kindergarten teaching, the manufacture of toys, foundling hospitals, juvenile education, work in technical and training schools, polytechnics, singing about children and childhood, tribal statistics, ancestral historiography, studies of pedigree and ethnic characteristics, animal painting, sheep breeding, tree culture, toy business, training and managing children, running nurseries for money-making purposes, keeping school supplies.

It gives considerable inclination for professional nursing, the writing of juvenile literature, the making of picture books for the amusement of children, school inspection, the management of children's parties, the manufacture of food for infants, the making of children's paraphernalia, midwifery, obstetrics, the organization of children's homes, the running of maternity hospitals, the running of children's theaters, the making of baby carriages, the running of boarding school systems, animal training, orthopedics, ontogeny, phylogeny, ethnology, sociology, biogeny, biostatistics and other sciences and arts relating to life in its more tender stages. It inclines a scientist for laboratory studies. It is Veneration, Parental Love, Amativeness and a large intellect that incline a person for biological and anatomical studies. It even has its influence on the microscopist.

Parental Love adapts man to the infant world, plant life and animal life. It is the nurse of life.

A parent having Parental Love strongly developed wants children and if he discovers that he cannot have children with his wife or husband, he develops a great odium for him or her. Too strong Parental Love idealizes children. It leads to excessive parental indulgence, blindness for children's faults, parental conceit and irrational devotion for poodle dogs, cats, kittens, dolls, ponies, birds, chicks, plants, flowers. It may lead to child stealing. When it is inflamed it gives false notions of cyesis, a strong desire for keeping a park, yard or exhibition of animals. It may lead to suffering, mental agony and even death when a child suffers from want or disease; or it may even kill a child in order to end its suffering.

When Parental Love is deficient, a mother or a father is likely to experience a dislike for children and animal young. She may bargain with strangers for the rearing and education of her children. A father may manifest an odium for his child when the child is young; but after the child is grown, he may take a greater interest in the child. If Parental Love be weak, a mother cannot appreciate the conditions of babyhood. She does not tolerate the crying of a baby, nor can she sympathize with the same, nor understand the character of the little one, nor interpret its desires, whims and needs, nor win its affection, nor love, lead, train, direct and advise the same, nor have any influence over the child through her affection.

If a man be deficient in Parental Love and strong in Combateness or perhaps Destructiveness, he will be very sarcastic toward children, he will make enemies among them; he will not associate with them very much; he will never protect them, nor give them anything; he will be loveless, cold and indifferent, and if Veneration, Friendship and Benevolence be also weak, he will hate children, treat them cruelly, turn them away, whip, abuse and disinherit them and be everything else to them but a loving father. He will hate them and they will detest him. If he be a doctor, he will make his money by killing them in their fetal stages.



## OPERATIVE TREATMENT OF TRAUMATIC PSYCHOSIS.

By Bernard Hollander, M.D., Freiburg, M.R.C.S., Eng., L.R.C.P.  
 Lond., Ex-President of the British Phrenological Society,  
 Incorporated.

[From The Lancet, March 9th, 1907.]

The hypothesis of localization has helped me to trace in a large number of cases the cause of mental derangement to injury, sometimes apparently so slight as to be neglected at the time, and I am of opinion that in all such cases where the symptoms can be localized and an injury be traced to the same region, although apparently not severe, an exploratory trephining operation should be made as likely to reveal pathological changes. In the following case the symptoms of severe mental depression and a transient attack of word blindness enabled me to conclude that the disease was originally limited to the neighborhood of the supermarginal and angular gyri, and that it had subsequently spread downwards over the posterior temporal area, judging by the symptoms of irritability and delusions of suspicion, whereof we have 100 cases on record in which the disease was confined to this region. Finding on inquiry that this part had been actually injured, though there was no outward visible sign, I felt certain that pathological changes would be discovered on trepanation, and advised operation, to which the patient, himself an experienced physician, readily agreed. The result, as will be seen, was in every way satisfactory.

The patient, a doctor of medicine, aged 39 years, with a negative family history and no previous illness, received a kick from a horse on the right side of the chin in 1898, followed by a severe frontal headache and neuralgia pains. A year later he had a heavy fall from his cycle on the right side of the head, leaving no visible signs of injury but followed by hemiparesis of great severity, preventing any intellectual work, and by definite character changes. He became emotional, anxious, very depressed, accused himself of unpardonable sins, developed suicidal ideas, grew suspicious, easily offended, irritable and profane, erotic, and subject to uncontrollable fits of sexual excess. He suffered also from obstinate constipation, persistent insomnia, and had sensory disturbances in the left arm. He sought relief in change of scene by traveling but to no effect, and his strange conduct frequently led him into difficulties.

In the spring of 1905 he had symptoms of word blindness and a transient attack of paralysis of the right side of the face and left half of the body. The depression and headache increased and all medical treatment failed to cure him. Believing in the possibility of localization of mental functions, and hoping that if his symptoms were localizable operation would show pathological changes and give relief, he came to London. On examination on Oct. 3rd, 1905, he appeared depressed, emotional, showed strong suicidal tendency, and complained of intense headache on the right side and a burning sensation just posterior to the right parietal eminence.

On Oct. 9th, 1905, operation was performed by Mr. William Turner. Chloroform anaesthesia was employed. When the head had been shaved a scar became visible two inches behind the right ear and two inches long, commencing behind the parietal eminence in the situation of the angular gyrus and extending vertically downwards, corresponding to the posterior part of the temporal convolutions.

A semicircular flap was made, extending from the tip of the ear to the occipital protuberance. The scar tissues were found firmly adherent to the bone and had to be forcibly detached. Two trephine openings were made, one 1 inch in diameter, and the other 11-16ths of an inch just below and a little behind the other and joined together. The bone over the angular gyrus

was found thickened and hardened, with scarcely any diploe and the dura mater was adherent to it.

When the bone was removed the dura mater bulged into the opening, but showed no signs of pulsation, although the pulse of the patient at the time was quite strong. On cross incision of the dura mater a stream of clear fluid escaped. The membrane was opaque and thickened, but the brain appeared normal and on examination the neighboring parts revealed no pathological changes. The dura mater was stitched together and the periosteum over it, the portion of bone not being replaced. A drainage-tube was kept in the scalp wound for three weeks.

The patient during this period had still occasional attacks of depression and irritability, headache and trigeminal neuralgia, but with the closing of the wound all symptoms disappeared. On Nov. 15th the wound had quite healed. The trephine openings were felt through the scalp. The brain was felt pulsating beneath, but there was no protrusion. There was no tenderness of the surrounding nerves. The general condition was quite well.

On Feb. 20th, 1907, the patient reported himself as absolutely well. There had been no return of the insomnia, the headache, neuralgic pains, or the sensory disturbances in the left hand and arm. The obstinate constipation of the bowels that obtained throughout the case prior to the operation one and a half years ago had entirely disappeared. Mentally, he had lost completely his morbid suspicion and all suicidal thoughts. The attacks of mental depression, the erotic feelings and morbid sexual symptoms had likewise disappeared. He had resumed interest in all the affairs of life. Surgically the head was perfect in appearance and there was no tenderness anywhere.

The above is republished from "The Phrenologist," a new phrenological magazine published by the British Phrenological Society.

## WHAT MAKES MAN DEPENDENT AND SERVING?

The eight emotional faculties—Conjugality, Parental Love, Veneration, Benevolence, Approbativeness, Cautiousness, Spirituality and Hope—are most dependent. They depend upon Bibles, priests, Gods, angels, Saviours, "spirit guides," impressions, dreams, great men, public opinion, style, doctors, books, medicine, husbands, friends, filling the mind of man with peculiar fears and presentiments. When one, or more than one, of these faculties is leading the mind, Human Nature, when strong, interprets in favor of strong faculty. Thus, if Spirituality, Approbativeness and Vitativeness be strong and a lady has pinned her faith to a doctor, Human Nature will, in such a case, interpret that that doctor is honest, able, great, learned, good, kind, and that his medicine is very effective. A man or a lady having these eight faculties in the lead is good, but she is too good for her own good. She should develop courage.

## THE INNER VISION.

It isn't raining rain to me, it's raining daffodils.  
 In every dimpled drop I see wild flowers on the hills  
 And clouds of gray engulf the day and overwhelm the town—  
 It isn't raining rain to me, it's raining roses down.

It isn't raining rain to me, but fields of clover bloom  
 Where any buccaneering bee may find a bed and room.  
 A health unto the happy; a fig for him who frets—  
 It isn't raining rain to me, it's raining violets.

—Ella Toole Stout.

Helena, Montana, June, 1906.



# HUMAN CULTURE

## DEVOTED TO

Human Nature  
Human Science  
Human Culture  
Human Health

Human Progress  
Human Success  
and  
Human Happiness

Published and Edited by

DR. VICTOR G. ROCINE

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## WHERE IS SPEECH LOCATED?

Broca's Area of Speech Doubted.

"A long established belief now seriously questioned, if not disproved, is that the various senses each have a special center in the brain. Nearly half a century ago Broca decided the faculty of articulate speech to be localized in the foot of the third cerebral convolution on the brain's left side, and it has been understood that removal of this part of the brain would cause loss of speech, or that the brain of a person attacked by loss of speech would show a lesion in this place. A late investigation by Dr. Pierre Marie of Paris does not confirm this theory. More than forty autopsies of subjects who had lost their speech have shown no case in which this part of the brain has been attacked, but an extensive hemorrhage of the brain has been noted in most cases. Further than this, loss of speech usually is attended by a diminution of the general intelligence, indicating that speech cannot be assigned to any special part."

Destruction of the brain area is one cause of the loss of speech, but it is only one. There are many, many other causes. The investigation of Dr. Pierre Marie of Paris proves that hemorrhage is another condition that causes loss of speech.—Editor.

## GAME OF CHARACTER READING.

Highly amusing and instructive. An easy and pleasant way to study phrenology and character reading. The game consists of ninety cards, each card illustrating a lesson in phrenology and physiognomy. They are arranged in books and played the same as authors.

The drawings for the game were made by prof. Vaught, and the book of explanation that accompanies the game was also written by him. The game is gotten up in durable style, each set packed in a box, with directions, and a hand book on phrenology. Only 50c. Address Human Culture, 130 Dearborn St., Chicago, Ill.

## WANT OF DECISION.

One of the most positive factors against success in life is inability to decide at the proper time.

"There is a tide in the affairs of men

Which, taken at the flood, leads on to fortune."

The most dangerous habit for a young person to acquire is to indulge the inclination to reconsider, balance and weigh a matter after a decision has already been reached. This has a tendency to confuse the brain and make it impossible to get a clear conception. It weakens the power of decision, destroys self-confidence, and is fatal to all achievement. Such a habit is one of the greatest dissipators of mental power, and the man who indulges this habit is foredoomed to failure. A prompt and positive decision when occasion calls for a decision, means success. The wabblers never succeeds. No one can trust him—he cannot be depended upon. He never has any influence among people. He never becomes a leader. The very essence of leadership is confidence in one's own judgment and ability to impose it on others with promptness and vigor.

Indecision deteriorates character in many ways. It not only destroys confidence and ruins the judgment, but it actually paralyzes the executive faculties. The man who is not enthusiastically sure of the wisdom of his own decision can never execute with vigor.

It is best to decide promptly, even though there may be danger of making a mistake. Better a thousand times suffer the consequences of a mistake now and then than to be forever digging up matters for reconsideration only to weaken your power of decision. The added strength of mind you will acquire by trusting your own judgment and going ahead and doing things will more than compensate for any mistake you may make.

If you go here and there seeking advice in a certain matter, you are lost, for everywhere you ask you will be introduced to a different phase of the case and a different advice, until at last, you will not know which way to turn, and likely in the end, you will not do anything at all, for you will be unable to decide. The best way to do is to make up your own mind and go ahead, indifferent as to what others may think.

There is no one quality that adds more to life's achievement than the power of prompt, vigorous decision, and this not so much because you are wont never to make a mistake, but because it gives you self-confidence, courage and the quality of leadership, for the great majority of people in the world are like stray wandering sheep, looking around for a bell-wether, and willing to follow in the wake of those who will take the lead.

The man or woman who decides quickly and firmly has an infinitely better chance of success than the one who is always hovering on the brink of hesitation and uncertainty. A decided man with an air of conscious reserve power carries a positive atmosphere. He impresses you with his force and power to do things. His very presence carries confidence and conviction. All great men have had this manner, and especially great leaders and doers.

The best way to overcome the undesirable habit of indecision is to learn to depend upon yourself. When a question arises for decision, make up your mind to throw all the light possible on the subject, think over it, weigh and consider it yourself, and then decide finally, once for all. According as your intellect is weak and unused, you may make some mistakes in the beginning, but you will find that such positive action of your own judgment will cultivate your intellectual faculties and you will gain also in force of character, courage and self-confidence.

Cultivate the power of quick decision and your weakness will become strength, your reasoning capacity will increase enormously, and your life will simply be made successful beyond your expectations.



Prompt decision and sublime audacity have carried many a great man over crises where deliberations and indecision would have proved fatal. Accustom your mind to make quick, positive independent decisions. It is the best thing that you can do.

E. H. V.

### THE LITTLE PATRIOT.

Memorial Day.

By Harriet T. Jones.

I'd like to be a Soldier Boy  
In a Uniform of Blue  
With shiny buttons down in front,  
And a little drum that's new.

I'd have my knapsack hanging here,  
And a cap just like the men's,  
And I'd march off to the music,  
'Long with the rest of them.

I'd like to be a Drummer Boy  
And with my sticks I'd play  
To the Fifer and the Bugler  
On Decoration Day.

And when I heard "Right," "Left" and "Face,"  
I'd quickly turn around  
And to the men in plumes and gold  
I'd bow clear to the ground.

I'd like to carry a big Flag  
With the Stars and Stripes unfurled,  
'Cause I'm a proud American,  
And some day we'll rule the world.

But papa said "They had to fight  
To get this land of ours;  
And then they had some more big fights,  
Along with other Powers.

And that one time the North and South,  
They wanted this and that,  
An' it didn't suit on either side  
And so they had a spat."

They must have had an awful time,  
For thousands were killed and died,  
And all the bodies got mixed up  
An' was a-lying side by side.

And then from cross the water  
A lot of people came,  
To torture poor, old Cuba,  
In some great, long, funny name.

Why, they even killed the babies  
And the women folks, and then  
Up jumped our Uncle Sammy  
And trounced those Spanish men.

And then he rode off swiftly,  
To more islands, south and west,  
And took the Filipinos  
Close to his loving breast.

But all the wars we ever had  
Was just to make us Free,  
And papa said, "My little man,  
The name is Liberty."

So once a year's the big folks' day,  
On the thirtieth of May,  
To dip their flags and strew with flowers  
Graves of the Blue and Gray.

Oh, I'd like to be a Soldier Boy  
In a Uniform of Blue,  
With shiny buttons down in front  
And a little drum that's new.

### BENEFITS OF MODERN DISCOVERIES.

Perhaps no greater discovery has been made than Dr. Gall's discovery of the mental faculties. This discovery has contributed more to human improvement than anything else. Indeed, it would be impossible to enumerate the many benefits derivable from the study of phrenology, for it reveals the motives of action, the causes of failure and the agencies of success as nothing else does. It teaches us how to govern, control and teach children, according to their own mental constitution. It reveals the laws of mind, health and disease. It shows why people act, think and feel as they do. It teaches us what each person can do and what he cannot do. It teaches us how to counteract hereditary tendencies. It shows how we may develop weak faculties. It reveals how we may develop self-confidence, overcome bashfulness and fears, and how we may govern our temper. It enables us to reveal character, improve health, understand talent, explain hypnotism, magnetism and psychic phenomena, originate new occupations, discover hidden genius, select friends, associates and lovers, understand the laws of mind and matter, cure diseases, handle the insane successfully and prevent insanity. Through it we may know how to live, eat, drink, sleep and work, how to prevent misery, sorrow and degradation, how to determine the best systems for human growth, evolution and happiness. It broadens our views in every direction, and teaches the laws of health, happiness and success. It points out with the finger of God the laws, talent, the possibilities and limitations of each individual, thus preventing dangerous experimentation. That which is called science is nothing else than the laws of nature, the laws of God, the finger of God; and is it not the duty of every man to understand his own constitution and that of everybody else?

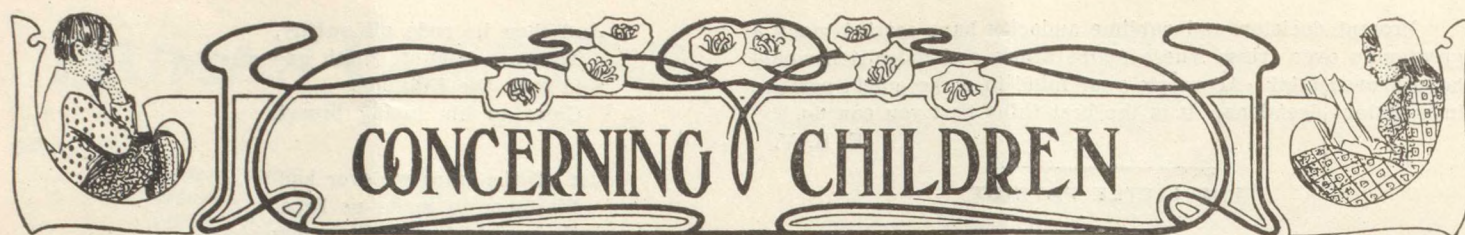
The man who studies this science studies the laws of God and the laws that govern human talent, human success, human salvation and human destiny.

V. G. R.

### SOUL-LIFE AND HEALTH.

When your eyes behold your fellowmen with a thrill of kinship, when your ear catches the bird calls, and the sounds of all life resound through your being as a melodious chord, when the fragrance of flowers and growing plants are sweet to your nostrils, when the fruit and food products of Mother Earth are luscious to your taste, when your heart beats with glad consciousness that all is well; then may it be known to you that light is breaking into the night of your unconsciousness.





# CONCERNING CHILDREN

## WHAT TEACHERS AND PARENTS SHOULD KNOW, OR A GUIDE FOR HOME AND SCHOOL

By Emily H. Vaught.

(A Series of Articles Continuing from Month to Month, Beginning Sept., '06.)



*Potential buds.—Let us help the child to so develop his brain powers that his life may be a garden of health and success.*

### HOW TO MANAGE, TRAIN AND TEACH THE THINKING STUDENT.

We quote from Luther Burbank, who from his extensive study and conscientious experimentation with the voluntary improvement of plants, has caught the right idea in regard to child training. He says as follows in the Century Magazine for May, 1906:

"Right here let me lay special stress upon the absurdity, not to call it by a harsher term, of running children through the same mill in a lot, with absolutely no real reference to their individuality. No two children are alike. You cannot expect them to develop alike. They are different in temperament, in tastes, in disposition, in capabilities, and yet we take them in this precious early age, when they ought to be living a life of preparation near to the heart of nature, and we stuff them, cram

them, and overwork them until their poor little brains are crowded up to and beyond the danger-line. The work of breaking down the nervous systems of the children of the United States is now well under way. It is only when some one breaks absolutely away from all precedent and rule and carves out a new place in the world that any substantial progress is ever made, and seldom is this done by one whose individuality has been stifled in the schools. So it is imperative that we consider individuality in children in their training, precisely as we do in cultivating plants. \* \* \*

"Preserve beyond all else as the priceless portion of a child the integrity of the nervous system. Upon this depends their success in life. With the nervous system shattered, what is life worth? Suppose you begin the education, so-called, of your child at, say, three or four, if he be unusually bright, in the kindergarten. Keep adding slowly and systematically, with what I think the devil must enjoy as a refined means of torment, to the burden day by day. Keep on 'educating' him until he enters the primary school at five, and push him to the uttermost until he is ten. You have now laid broad and deep the foundation; outraged nature may be left to take care of the rest.

"The integrity of your child's nervous system, no matter what any so-called educator may say, is thus impaired; he can never again be what he would have been had you taken him as the plant cultivator takes a plant, and for these first ten precious years of his life had fitted him for the future. Nothing else is doing so much to break down the nervous system of Americans, not even the insane rushing of maturer years, as this overcrowding and cramming of child-life before the age of ten. And the mad haste of maturer years is the legitimate result of the earlier strain."

Not only Luther Burbank, but every sane thinker and close observer in the direction of race improvement, is able to see the danger of modern educational systems. Orison Swett Marden, another great worker in human development, asks the question, "Why So Many College Men Fail?" and then answers the question himself: "His mind is clogged with theories and impractical facts. He mistakes a stuffed memory for an education, knowledge for power, and scholarship for mastership."

What has been quoted above applies especially to the boys and girls whom we have described under previous headings as the Thinking Student. In fact, our Visual Student and Auditory Student can stand being "pushed"; they should be urged to study, just so their individuality is not destroyed by too much memorizing and cramming. Memorization is a very poor method of teaching, in any case.

In regard to teaching and training the Thinking Student, there is very little to do for the first ten or twelve years of his life except to leave him alone educationally, and refuse to encourage his insatiable craving for knowledge. Or in other words,



encourage the non-use of his brain as much as possible, until he is at least ten years of age, and in some cases fifteen, depending upon his physical condition. These years should be lived by him as much as though he were a little animal with nothing to do but eat, drink, sleep and play, as it is possible. He should be taught that his only business is to grow big and strong so that he may become a great man. The very best place for such a child to grow up, and the only place where he can develop physically is on a farm or in the suburbs, where he is surrounded by natural scenery and growing vegetation. An artificial city life is fatal to such a child, for here there is too much excitement, mental stimulation and impure air. He must live close to nature. He should not be taken even for holiday trips to the city or where he is likely to become mentally excited. When farmers want hens to lay a great many eggs or when they want a cow to give a great deal of milk, or in other words, when they want an animal to develop physically and use its functional powers to the best possible advantage, they are careful to keep from the animal all excitement.

The worst thing you could do with the Thinking Student is to take him away from his home surroundings on a long excursion where he will see thousands of unfamiliar things which will start his brain to work at such a rate that he will lose a great deal of nervous energy—more than he can regain in a long time. What he needs more than anything else is a uniform, quiet, peaceful home where he can wander all day long in the meadows and sit by the brook and keep company with the wild birds. This is all the brain stimulation he needs. Here his mind will become active in a natural, spontaneous and original way and develop slowly, keeping pace with his physical development. Such training fosters genius. Here is where Lincoln came from, Robert G. Ingersoll, Ella Wheeler Wilcox, James Whitcomb Riley and thousands of other illustrious people.

You need never fear that such children being restrained educationally will fall behind others in intellectual development, for by the time they are twenty they will be far, far in advance of those who have been pushed and crammed through the schools. They will learn as much in five years of schooling as another child would learn in ten or twelve years. I have in mind a boy of this type, who started to school when he was nine years and nine months old, who had never studied at all, and who in two years exactly, had made five grades, being in the same grade now as those who had started to school when they were six. At any rate, suppose they do not know as much in technicalities, theories and impractical facts, they will have more real education, broadness of mind and scope of mental penetration.

Let an intelligent and common sense person take a twelve year old Thinking Student out for a walk in the heart of nature, let him talk to him of the things seen—the trees, insects, birds, sunshine, storms, and direct his mind; it will be surprising to note the depth, beauty and scope of his mental capability and grasp of the deepest philosophies. This is the only teaching he needs, and this he should only have occasionally until the time comes when his body is able to sustain and nourish his large brain, but when this time comes he will be able to take very long strides indeed in a mental sense.

#### Foods for the Thinking Student.

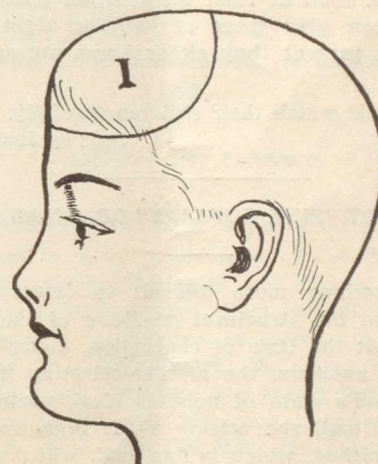
The most nutritious and easily digested foods possible should be placed before the Thinking Student. Care should be given to the cooking also, for poorly cooked food is very injurious to a delicate stomach. He should not be allowed to acquire a too strong inclination for dainty foods which are innutritious and indigestible, for after this it will be difficult to get him to eat plain and solid food. His natural taste runs to dainty foods and he does not care for much of anything. If you want him to eat solid food, give him just a little at a time and arranged so

that it looks inviting. If you do not do this, he will refuse to eat at all, and thus rob his own system of the nourishment it needs. He needs such foods as whole wheat bread and whole wheat preparations, tea made of health bran with sugar and cream added, rice, barley soup, green peas, bean soup, kidney beans, figs, nuts, fish, corn bread, fruits of all kinds, eggs, orange juice, grape juice, baked apples, all green vegetables, tomatoes, buttermilk, prunes, sago, tapioca, pure water, a little mutton or chicken at times.

They should never be allowed heating and stimulating foods and drinks, such as coffee, tea, chocolate, cocoa, candy, spices, pork, pickles, catsup, etc., etc.

#### Exercises for the Thinking Student.

The Thinking Student needs a systematic course of physical culture, breathing and nerve exercises. Such exercises may be found in Dr. Rocine's *Mind Training*, which book should be in the hands of every parent who desires to develop and improve



*The Thinking Student.*

children, for the sake of the valuable exercises it contains. The Thinking Student should practice deep breathing and he should be taught the diaphragmatic method of breathing, which would go a great way toward developing the physical organs.

Above all, he should sleep, sleep, sleep. He should have at least twelve hours of sleep every day he lives.

#### Vocations of the Thinking Student, or His Talent.

The Thinking Student when grown and properly educated naturally develops into either a teacher, university professor, artist, inventor, designer, philosopher, poet, portrait painter, writer or metaphysician.

#### A WORD TO PARENTS.

A scandal, involving young boys and girls of some of the best families of Hyde Park and Englewood, has come to light in an extraordinary secret session of the Juvenile Court. Judge W. Mack, Superintendent of Schools E. C. Cooley, Miss Abbey E. Lane, of the Carter School, and societies interested in the welfare of children conducted the investigation.



Shocking conditions among some of the pupils attending the public schools were revealed, and the parents of fifteen children, haled into court, were warned that they must watch their children more closely.

Immediate steps to combat the evil, which is declared to exist among the pupils in nearly every school in the city, will be taken by the Board of Education, while Judge Mack threatens to send some of the children involved to the state and city reform institutions.

Notice carefully the statement: "The parents of fifteen children, haled into court, were warned that they must watch their children more closely." What a commentary on parental training! And no doubt each of these parents believed his or her children free from the necessity of a frank knowledge of the vital principles of life which are part of such condition. Whatever may be the state of affairs in the Chicago public schools it is not apt to be any worse than exists among the school children of other cities. Nor can we justly lay the blame on the schools or on those in charge of them. Our first duty, as parents, lies in sending clear-minded children to school who, with a correct and honestly-given knowledge of what they are destined to face, shall at least have within themselves all the protection we can give them of knowing right certain vital truths which at present they either know not at all or know wrongly.

Parents should watch their children carefully.

Sent by John O. Viking.

#### HOW TO DETECT "FINE QUALITY" OR A MAN OF "BLOOD."

There is nothing more difficult to detect than quality. Quality refers to the structural condition of the molecule. It is hereditary. At the time of conception, animalcules are furnished in great numbers, the mother selecting from all these. When the mother's state of mind is ideal, poetic, intellectual, refined and spiritual, she selects a life organism, from those animalcules furnished, which is fine, and, when an organism is once begun, it perpetuates itself and gathers nothing but fine cell substance around itself. Hence children of the same family are often of different quality of organization. There is not one phrenologist in one thousand who can determine what is and what is not fine quality. It can hardly be described; yet, the following signs aid in detecting quality:

A closely built organization, an organization that weighs more in the scale than you think, finely chiseled and well formed features, thin and gray skin, brilliant, speaking and highly intelligent eyes, earnest appearance, translucent forehead, thin skin layer on the surface of the back of the hands, poetic and refined voice, a large, intellectual or frontal lobe and great comparative development in the temples and front part of the top-head, where the esthetic and altruistic faculties are located.

On the other hand, coarse quality can be detected by a thick skin, a flabby organization, dull, stupid appearance, a heavy and dull voice, dull eyes, and by a coarse and elephantine look.

In handling people of fine quality you must not tell ugly stories, nor in any way act improperly, for if you do, they will become disgusted and you will lose their patronage. Refinement of manner will win them more quickly than anything else. It will pay to win such people as customers. They are particular, intense, sensitive, refined, delicate, impressive, tender, tidy, studious, literary, intellectual, spiritual and musical. When the mental osseous temperament is in the lead and the quality is fine we are in the presence of talented people, possibly

geniuses. Such people belong in the higher walks of life. They are interested in studies and self-improvement. Talk to them about self-development, soul culture, religious training and education, and you arouse their attention and win their patronage.

If you want to win coarse people as customers talk about their interests; give them something to eat and drink, and they will advertise you all over the city.

V. G. R.

#### PAYING OCCUPATIONS—SALESMANSHIP.

There are different kind of salesmen. The salesman may be a city salesman in the United States Service office, charged with the legal affairs of a city; or he may be one who is employed in the governmental service in the National Department of Justice; or he may be a United States officer in the Justice Department, assigned to the Treasury Department for the management of legal affairs; or he may be a book agent; or he may be a commercial traveler, who travels in the interest of some business firm; or he may be a traveling demonstrator, who exhibits and describes the nature, qualities, properties, utility and value of manufactured articles, for the purpose of getting patronage and sale for the same, which article may be of a food nature, or of an artistic, or of a scientific, or of mechanical, or literary, or religious. Or a salesman may be a politician, soliciting votes or influence for a political party, or for some politician, in a public measure; or he may be a solicitor for some organization, corporation, society, club, order, college, academy, institution, for the purpose of increasing the membership of the same, or for gaining influence and patronage socially; or he may be an agent traveling for some dairy industry, agricultural industry, fuel, food, gas, light, nursery, seed, jewelry, ice or toy industry, soliciting orders for himself or for others; or he may be an agent for educational courses, for literary, medical, religious, scientific, metaphysical, or agricultural magazines, or daily papers, or a directory. Or he may be an advertising solicitor, soliciting advertising patronage for his own paper, or for somebody else's magazine; or he may be an agent for some mechanical, constructing, engineering, repairing or hoisting company, soliciting orders of work in this direction. Or he may be an agent for patent rights, or for some inventive design, scheme or contrivance, traveling for the purpose of exhibition, demonstration and description, in order to gain pecuniary influence or patronage for his own or for some one's invention. Or he may be a collector, or solicitor, for some unique, archaic, or antique work, but in nearly each case he is a promoter, contributing to the development, increase, influence and patronage of some enterprise by his urgent entreaties.

#### What He Should Be.

He should be an urgent talker, inclined to advance, forward, educate, improve, encourage and promote that cause, enterprise, movement or industry for which he is working. He should be willing and able to promote any scheme begun by some one else. He should take an interest in that which is already begun, willing to support and promote the industrial affairs of some one else and ready to shoulder and contribute to the movements executively.

He should not be original, independent, inventive, self-acting, aristocratic and revolutionary. If we give him this self-acting, independent, original and aristocratic turn of mind, he will not work for somebody else in a dependent, promoting and constructive sense, but will, on the other hand, work for himself according to his own ideas and plans.

He must have that kind of mind which is willing to work in an organizing sense, in a dependent, constructive, promoting and co-operative sense, and not in an independent.

The salesman must have an industrious, commercial and



managing side to his mind. He must be pushing, prompt, dashing and energetic. He must take an interest in property and manufactured articles, in the promulgation of schemes, doctrines and beliefs, in progressive and enterprising movements, in constructive work, in co-operative organization, in money-making industries, in influencing and handling of people; in business transactions; in traveling and money-making trips; in solicitation, demonstration, exhibition and description; in the promotion of pecuniary enterprises, in gaining financial, social, literary, religious and industrial influence and advantage, as the case may be. He must be enterprising, progressive, daring, fearless, persistent, enthusiastic, sociable, magnetic, talkative, friendly, mirthful, pleasing, agreeable, industrious and forcible. He must be desirous of making deals, in arousing interest wherever he goes. He must be able to read people as he reads an open book, and by this ability know how to deal with people and how to treat them. He should be very desirous of money making; he should be successful in making friends and should have that sociable make-up which enables him to make friends, transact deals, win influence and promote the interests of himself or the plant, company, or corporation for which he is working. He should have what people call "nerve"; he should have a "thick skin" in the sense of not being sensitive, or, in other words, he should pay no attention to insults, reproaches, ridicule and blame. He should be a good story-teller and entertainer, a smooth talker and a dashing, enterprising schemer. He should be witty in repartee, artful and courteous, prudent, logical and quick to judge character. He should be well nigh invulnerable to all kinds of indignities, or, in other words, he should be well developed in the side head. He should have an itinerant disposition. He must not be too strongly developed in the conjugal sentiment, nor in the domestic sentiment, nor in Continuity, but he should be strongly developed in Combaticiveness, Destructiveness, Sublimity, Spirituality, Human Nature, giving him an itinerant disposition.

A man who is very strongly developed in Conjugalitv, Inhabitativeness, Continuity, Acquisitiveness, and relatively weaker in Combaticiveness, Destructiveness, Sublimity, Spirituality, has a sedentary mind.

A salesman should be inclined for travel. He should love nature, action, change, travel, variety, people and commercial transactions.

The salesman should not be too weak in calculation, for he must do a great deal of figuring, estimating, recalling street numbers, keeping accounts, etc.

Form is very necessary in the salesman. It enables him to remember faces, features and appearances of the people. It enables him to remember the shape of goods and articles; it enables him to know houses, business structures, etc. Through it he can describe goods, the make, form and shape of goods as far as form is concerned. Through it he can recall people and remember their faces; through it he can remember buildings and treasure up knowledge in regard to the shape of goods.

Causality is necessary. This enables him to reason with his customers so that he may convince them. Through it he can judge, study, investigate, and learn the rules, law and principles of business life. It makes him capable in argumentation.

Firmness is necessary to the salesman. It gives him steadiness of purpose, stability, permanency of character, inflexibility. It is the "Samson post" of the mind. It holds out to the end in work and solicitation.

Conscientiousness should be rather good, so that he may be honest and reliable in his salesmanship; so that he may be inclined to handle honest goods, and willing to do the right thing to those for whom he works.

If he sells goods to women and children, he should be very strong in the Parental sentiment, Amativeness, Benevolence, Veneration and in the Esthetic faculties.

If he sells mechanical goods, he should be of a mechanical turn of mind. If he sells literary goods he should be of a literary turn of mind. If he operates in the direction of ordinary business, he should have Acquisitiveness. If he demonstrates and exhibits goods, he should have very strong Approbativeness. If he handles foods and drinks, he should have Alimentativeness, Bibativeness and Vitativeness. If he handles constructive, hoisting or mechanical productions, he should be muscular and strong, and he should have a mechanical turn of mind. If he handles goods in the direction of a church, or if he works for theological societies, or handles archaic goods, he should have very strong Veneration. When he works for Industrial arts, such as dairy, agricultural, fuel, food, nursery, seed or ice industries, he should have strong industrial faculties.

If he operates in the direction of jewelry, he should have Ideality and Acquisitiveness.

If he works in patent rights, inventions and designs, he should have strong Spirituality, Constructiveness and Causality.

When he works in charity and hospital work, or in a missionary capacity, or in the direction of humanity, he should have strong Spirituality, Veneration, Benevolence, Friendship and Conscientiousness.

V. G. R.

## WRINKLES AND THEIR MEANING IN CHARACTER READING.

### A Lesson For Salesmen.

Wrinkles have their meaning in character reading.

When a man is strongly governed by the characteristics of secrecy, cunning, policy, diplomacy and tact, or when he experiences feelings of suspicion, or when he watches people very closely, or when he is disposed to ferret out the secrets of people, the nose tip is drawn down; the eyes are nearly closed; the outer part of the eyebrows are drawn down close to the external portion of the eye; the nose becomes broad at the wings, where the wings join the face; the external part of the under eyelid becomes thicker; the lips are compressed and drawn in to a certain extent, and small roguish wrinkles play in the white part of the under lip. These wrinkles are not found in the red part of the under lip, for wrinkles in the red part of the under lip are often seen in people who are moved strongly by the emotions of friendship. The wrinkles of secrecy are seen below the red part of the under lip, in the white part of the same. Such a man has longer and more pointed ears at the top. He draws his head into his shoulders, giving him a short neck; he buttons up his clothes, and his face looks foxy, sly, roguish and strategic. He never tells anything about himself and his own affairs, but he pays the closest attention to his surroundings; he watches for opportunities; he listens closely to that which is said, and if he hears anything said that is of importance to himself or to his own interests, he makes good use of it. He draws the people out, and as he is doing this, roguish wrinkles appear in the white part of his under lip.

When a man concentrates his mind; when he applies himself in a patient manner; when he directs his thoughts in a certain channel, vertical wrinkles appear in the forehead and in the white part of the upper lip. When he goes on with the same state of mind for years and years, these wrinkles will be there at all times. They mean concentration, application and resolution.

When one deep, vertical wrinkle appears between the eyebrows, it denotes that the man demands honesty and justice in others; that he watches the conduct of others very closely, but he does not watch his own actions as closely. He is a character student. It is difficult to do business with him.

V. G. R.





## QUESTION DEPARTMENT

Send your puzzling questions to Victor G. Rocine, Doctor of Science, and he will answer them in turn. Ask only such questions as relate to human science.

Our readers are respectfully requested to give their full names when they ask questions. We use only the initials.

### CAUSES OF DEFECTIVE VOICE.

Questions by J. B. K., Bloomington, Ill.—Can a person be scared into dysphonia?

A.—Yes, a man may be stricken with fear to such an extent that his vocal cords may become paralyzed for a time, and perhaps for all of the time. Terror will affect the brain, tissues, faculties, nerve impulse and soul. But dysphonia is not altogether a result of fear. Deficient motor centres may give rise to dysphonia, or acute and chronic inflammation, or ulceration of the vocal bands, or poisons affecting the voice and vocal cords, or growths, or paralysis, etc., each and all may produce conditions leading to dysphonia. The treatment for dysphonia must be adapted to the case, each case requiring different treatment. If dysphonia be caused by fear, the causes of fear must be removed and the faculties of courage must be developed. The patient requires peace, vital development and a system of exercises that will reach the nervous system.

### Cause of Old Age.

Q. by M. H., Custer, Mich.—Should hard water be distilled, and what effect will it have on the system? Is a copper still safe?

A.—Yes, water should be distilled and purified before it can be used with safety. Hard water contains mineral substances, impurity and even germ life. By a continued use of impure water you are likely to lay a foundation for disease. Hard water and salt, when used to a great extent, will produce an aged appearance and rob the cheeks of their youthful, flowery tint. Coffee has the same effect.

A copper still is not safe. Copper substances may be introduced into the blood, stomach, intestines and liver, and such substances are dangerous for these organs. They produce constricted fauces. They effect respiration and heart action. The liver may become atrophied from irritation of its connective tissue and fatty degeneration of the hepatic cells. Pneumonic consolidation may set up.

This is why it is dangerous to eat and drink such foods and drinks that have been prepared in copper vessels. Copper sulphate is often found with white flour, in maple syrups. It is used to color peas, or corn, or asparagus; it is found in chocolate, some bread and canned goods.

Q. 2.—Is vaccination harmful?

A.—Yes, it is harmful in many cases.

Q. by J. V. K., Reading, Pa.—What is the cause of suspicion, and how may I overcome it?

A.—You are too weak in the social faculties and too strong in either Destructiveness or Combativeness. You have a depressed mind. Develop the social faculties and Hope (cheerful-

ness) and you will overcome this state of mind. Take the Course for the Development of Weak Faculties.

### When Should Man Marry?

Q. by Mr. Bolling.—When is the proper time for a well developed man to marry?

A.—As soon as he finds his affinity and is financially prepared, in the way of education, or business, or wages.

### Who Is the Best Phrenologist in America?

Q. 2.—Who is the most careful and reliable phrenologist in America?

A.—The one whose phrenological education has not been limited to fifty lessons, or to the listening of a few lectures for six weeks. Students who take a three years' course in phrenology become reliable and successful; students who take "fifty lessons," or a six weeks' course in New York, become fakirs, and if they be honest, they simply become honest fakirs.

Q. 3.—Is there any country where phrenology is established and taught in schools?

A.—Yes, it is taught in schools all over the world.

### The Effect That Varicocele Has on the Mind.

Q. by E. R., Sharon, Pa.—What effect will varicocele have on the mind and health? Can it be cured?

A.—It will weaken the brain cells, especially that brain centre which controls the generation of life and magnetism. It will shorten life and lower talent, lessen influence, weaken memory and poison the blood.

Yes, it can be cured.

### The Benefits of Bathing.

Q. by R. S. K., Germany.—Why should a man bathe, outside of cleanliness?

A.—Bathing lessens the excretory work of the lungs, the kidneys and the liver. In taking a bath, you should see to it that the water is neither too hot nor too cold, that the room where you are taking the bath has an equal temperature to that of your body; that you are not taking a bath immediately before nor after a meal, and that you after the bath, rub your body until your skin is warm and glowing. A very cold bath dissipates the bodily heat, and for this reason it is excellent in cases of high fever, and in cases where you wish to reduce in flesh and bodily fat. A hot bath is cleansing, but it is at the same time weakening.

### The Effect of Lead Upon the Brain.

Q. by F. L. Miller, So. Cottonwood, Utah.—What effect has lead upon the brain? I am "leaded"; will it injure my brain, or can I overcome this altogether if I stay?

A.—Lead impairs the muscular centre, or the cerebellum and the medulla oblongata. Hence it produces contraction of the tissues, and destroys the power of muscular contraction. It gives rise to neuralgia, rheumatism, weak muscular action, or it destroys power to move the muscles altogether. It will effect appetite, bowel action and the secretion of the digestive fluids.

It is better for you to become a slave to the African savages than to work at a smelter.

### Destroyers of Vitality.

Q. by T. S., Carthage, Mo.—You said in a previous issue of Human Culture that cold and dampness are dangerous to vitality. Will you please explain why.

A.—Cold feet, damp skin, wet hands, cold walls, cold stones under the feet, wet clothes, damp air in your sleeping apartment, an unprotected neck, all draw your vitality away from



you. Always keep your body dry. Protect your neck, for close up under your neck is located the medulla oblongata, and in this part of the brain is located several of the physiological centres which superintend physical functions.

All VITAL parts should be well protected. Heat and cold will weaken you.

Do not use hot baths very much, for you lose more magnetism in five minutes by taking a hot bath than you can gain in two or three weeks. Always breathe through your nose. The nose serves as an air-filter and prevents flying swarms of germ life from entering the sacred presence of the vital organs. People who breathe through the nose are always safe, but mouth-breathers are always in danger.

Never live in dark rooms any more than you can help. Light equalizes the temperature of the system, quickens the activity of the physical functions, prevents chills in one place and excessive heat in another, and prevents congestion and obstruction in the tissues of the body. Light, life and health are related as steam and heat are related. Excessive heat, cold, dampness, germ life, dirt, fear, gloom, disappointment and darkness are destroyers of life, health, talent, vitality and magnetism.

### EARNEST WORKERS IN THE CAUSE OF PURITY



Maria C. Caldwell and her husband are earnest workers in the cause of purity. They have written a number of excellent little pamphlets and edit the "Purity Journal," published monthly, at Morton Park, Ill. In these publications the laws of purity are set forth in the most chaste language.

It may be interesting for readers of Human Culture to study their faces.

Mr. Caldwell has a high head, a rounded, dove-like, affectunate, pure and innocent eye. He is the very personification of purity and platonic love. That eye means strong Conjugality, acting with strong Conscientiousness and Veneration.

Mrs. Caldwell is a beautiful contrast, to Mr. Caldwell, in an ethnic sense. She is more public-minded and likes greater freedom than Mr. Caldwell. Mr. Caldwell is exclusive and domestic; Mrs. Caldwell is interesting in general public life. Mrs. Caldwell is more sociable and magnetic and more interested in the entire human race, while Mr. Caldwell is more interested in the individual and family. Opposite characteristics are seen in those heads.

Their publications would be as interesting to readers of Human Culture as the study of their faces.

### WHAT BUILDS, MOVES AND VIVIFIES THE MACHINERY OF LIFE?

The life impulse does. As soon as the life impulse leaves the body, the human machinery stops its motion. The organs may be there, the blood may be abundantly supplied, the food, air and liquid may be there in sufficient quantities and all other materials, conditions, means and organs may be present, but if the life impulse is not there to move and use the whole, all other considerations are useless. Every organ, nerve and fiber in the human system must be supplied with the life impulse, and if they were not, our eating and drinking would be useless. Diminish the life impulse and you diminish the vital organs and their health. The pneumogastric nerve conducts this impulse from the brain to the stomach, and the minute this nerve is cut off, the digestive function stops. This nutritive impulse is the life of the stomach. This life impulse or nerve supply is stored up in the ganglions, being transmitted by the vital faculties, therefore, it will be seen how very essential it is to have the vital faculties well developed. If they be feeble, man had better develop them until they can transmit the currents of life to the physical organs, else the observances of hygiene and dietetics will not do much good. It is a vigorous action of the life impulse, in all the parts of the system, which attracts blood to the various parts; it is this action that renders reconstruction possible. If a muscle be exercised, the blood rushes to the same, the blood-cells are extracted from the blood and deposited in the muscle; the waste products of the cells are carried away, the muscles grow in strength and life; therefore, the activity of a muscle is the cause of its growth; the life impulse being the engineer. This is also the case with the brain; it is governed by the same physiological law. When the brain is cultivated, the blood rushes into its folds, causing the brain cells to be extracted and deposited in the convolutions; the blood gives up its nutrition, blood vessels to enlarge, the cell-soil grows, the connection fibers multiply and lengthen, the neurons increase in numbers, the cortical layers expand and grow, the cranial bone-cells torn down and new bone matter deposited further out, causing the brain to enlarge, the faculties to increase, and giving life, vigor and talent.

A person can never fully understand and teach dietetics before he understands the foundation upon which the health rests. It is not sufficient to know that we have vital organs, that these are manufacturers and distributors, that they are so many in number, that they have a certain construction and form; that we need iron in the blood for the purpose of extracting the oxygen from the air, that the blood is the reconstructive agent; that the blood is composed of such and such ingredients, that we need liquid, air, food, light, rest, exercise, baths, etc., and that the food is composed of certain chemical substances; but it is also necessary to know that the life impulse engineers the whole. The life impulse is stored up in the brain-centers; increase these and you increase the forces of life; decrease them and you decrease the forces of life. Never study hygiene, dietetics, magnetism, physiology, in a developmental or doctoring sense, before you first study the science of soul functioning—phrenology.

V. G. R.

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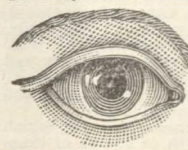
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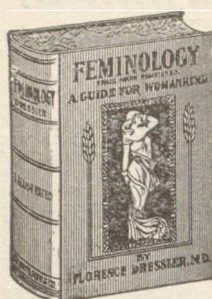
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