

HUMAN CULTURE

BUREAU OF
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CONTENTS

Character Reading
Human Science
Magnetism
Laws of Conjugal
Selection
Development of Self-
Confidence
What to Eat

The Man Who Made Hell and the Woman
Who Made Heaven.

Why Hebrews are Less Criminal than Other
Nations.

How to Select a Good Husband.

How to Become Attractive and Beautiful.

How to Read Character from Mouths.

How to Tell at a Glance what a Man's
Occupation is.

How to Cure Timidity.

A Lesson in Success.

Understanding People.

How to Detect Jealousy.

Government Positions for 100 Persons.

The Value of Self-Examination.

Give the Children a Chance.

How the Nervous Woman Can Hold Her
Tongue.

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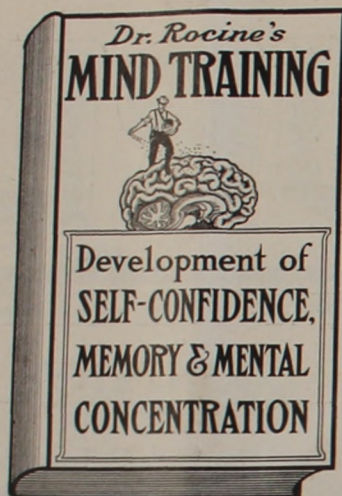
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SUTHERLAND, IOWA

HUMAN CULTURE

Vol. 8

CHICAGO, JUNE 5, 1906.

No. 5

THE MAN WHO MADE HELL AND THE WOMAN WHO
MADE HEAVEN.

Emily H. Vaught.

*"In the midway of this our mortal life
I found me in a gloomy wood astray."*

— DANTE.



Dante.

Here is a lesson in comparative physiognomy that demonstrates in a practical way that the mind writes its indelible history upon the face. To the phrenologist it teaches more—that while "man is what he thinks," he thinks according to what he is. Or, in other words, he thinks gloomy thoughts because he has a gloomy mind, and has a gloomy mind because his brain is developed only in the gloomy faculties.

Physiognomy and Head Formation.

What a sad, gloomy face is that of Dante, he who immortalized himself through his "Inferno." All the lines and features of this very long and sorrowful face are turned downwardly. His sunken cheeks indicate that he suffered in the vital organs of the body, which was only a natural consequence of his bitter, depressed state of mind.

While his head is covered almost entirely, in the picture, his strongest faculties have written their lines on his face. The high cheek bones and the long, downward-drooping nose, indicate the faculty of Cautiousness strong in development. De-

"I believe in the life everlasting; which is sure to be; and that it is the first duty of Christian faith to present that life in a form more attractive to the majority of men the life that now is."

— MRS. WARD



Elizabeth Stuart Phelps Ward.

structiveness and Veneration have produced the downward turning corners of the mouth; Destructiveness also in the deep lines from nose to mouth. Benevolence had penciled the horizontal lines across the forehead; and Conscientiousness the vertical lines between the eyes. Spirituality appears in the elevated eyebrows and in the dreamy expression of the eyes. Sublimity also shows in the nostrils, but this faculty is cramped in its expression because of his pessimistic mind. Conjugality shows in the chin and in the two cushion-like fullnesses of the lower lip and in the rounded, open and pensive eyes; but who would not know that it was a disappointed Conjugality? Because his Conjugality united with Veneration, he placed his Beatrice upon a throne and worshipped her. His love became part of his religion, and Beatrice his saviour.

The most beautiful face one would want to look at is the face of Elizabeth Stuart Phelps Ward. What a pure, elevating, sympathetic, tender and noble expression. See the spiritual sweetness in eyes and mouth. The eyes look up and beyond;

it seems as though she is peering into the Golden City itself. Here in this countenance are the three graces combined—faith, hope and charity.

Her brow is broad and full. A broad brow almost always indicates a strongly developed faculty of Comparison, which pushes the two convolutions of Casuality far apart, hence giving a broad forehead. Comparison is a leading faculty in the intellect of Mrs. Ward. This is the chief faculty of description. Notice also the width between the eyes, and the downward dipping of the inner corners of the eyes, and the fullness between the eyebrows, the inner corners of the eye and the nose. This is the location of the faculty of Form. It is a large faculty here, and it is also a very important faculty of description. When Mrs. Ward describes, her imagination takes form and outline and she describes only what she actually sees. Another faculty which is chiefly the instrument of imagination is Ideality. It imagines the beautiful.

The faculties of Ideality, Sublimity, Hope, Spirituality, Veneration and Benevolence give her tophead that square, broad and high appearance. These are the strongest faculties in her make-up, together with Comparison and Form. These faculties stand out so distinctly that anyone can see them on the picture.

In reading her writings, we find evidences of the following strong and weak faculties: Parental Love, Inhabitiveness, Veneration, Approbateness, Sublimity, Spirituality, Human Nature, Benevolence and Hope. These are all active. But Combative-ness, Self-esteem, the Perceptives, except Form and Order, and Conscientiousness to some extent, are weaker. She had no mind for science, but was very emotional and sensitive.

Work.

Destructiveness as a faculty was, by reason of his life and temperament, kept in constant action, in the case of Dante. He had literary and imaginative power, and in its expression it took the color of his mind.

We do not think there is anything in art or reality more terrible than the word pictures in his "Inferno." The artist Doré has painted these on canvas and they are like horrible nightmares. There is not one happy or cheerful expression in his writings—all is gloom, all is suffering, punishment and annihilation. Destructiveness and Conscientiousness are the faculties of brimstone hell. They are the punishers, especially when the social faculties are weak. The social faculties, with the exception of Conjugal-ity, were weak in Dante, else he never, never could have pictured these awful sufferings of the people. His face has the cold, lifeless expression that goes with weak social faculties. He had strong Benevolence and he wanted to save the people, but they first must be punished, even for the small sins.

In Mrs. Ward the social faculties are influential. She is impelled to do something for the people. She wants to save them, and she wants to do it through love (Benevolence and the social faculties). The motor faculties are not strong in her make-up. A hell of fire and suffering was so horrible to her that she simply could not endure the thought, even though her father and her grandfathers before her were orthodox ministers and professors in theological seminaries. The worst hell that it was possible for her to conceive of was the consciousness coming to one that he had committed wrong. This she clearly and graphically pictures in her story entitled, "The Gates Between."

She wrote three books descriptive of heaven, viz., "The Gates Ajar," "Beyond the Gates," "The Gates Between," but especially the first two deal with that land of bliss and happiness.

Environment.

How much had environment to do with the lives and works of these two individuals?

Dante's life was a wail, a funeral dirge almost from beginning to end. He was left an orphan in his early childhood, and was sent to war when he was yet a boy; was involved in wars and political feuds, to his constant loss, until at last he was compelled to die in exile and poverty. He was disappointed in love and in marriage.

On the other hand, the life of Mrs. Ward has been comparatively harmonious; she was born in love, and while there have been some sorrows, as there needs must be in every life, yet there has been a sweet peace, a refined culture, surrounding her all her days. Her mother was a writer of children's stories, and a kind and noble woman. Her father was a professor in a theological seminary and a genial and inspiring comrade to his daughter. Her marriage also has been a happy one.

While their environments seem to agree with the color of their respective minds as revealed in their writings, still we may ask, which is the cause and which the effect? Had Dante the brain formation of Mrs. Ward, would he have produced an Inferno, or would he have lived a life such as he did? Would he not have changed his environment? Would not different experiences have come to him? Would he not have attracted success instead of failure? Could Mrs. Ward with her brain formation ever have written "The Inferno"? Could Dante with his brain formation ever have written "The Gates Ajar"? Why did not Mrs. Ward accept the orthodox beliefs of her father regarding future punishment, etc.? Why did Dante not consider more advanced and humane theories in regard to the conditions of eternal life?

Do not people create their own environments, their own failure or success in accordance with their brain formation? Do they not accept or reject theories and creeds in accordance with their individual view of things?

Brain formation or faculty development is the foundation cause of all the myriad shades of differences between people, both spiritually, mentally and physically.

"CORPSE" SWEARS AT UNDERTAKER.

A recent dispatch says: J. Chambers Fox, a railroad fireman, was leaning from the window of his locomotive while crossing the Perryville bridge last night, and he was struck by some of the timbers and rendered unconscious. His body was dragged half way from the engine cab and he hung face downward.

Everyone thought he was dead, and when an undertaker from the lower part of the town took charge of the body, he rushed it to his rooms and stripped the "corpse" immediately for embalming. As he plunged the embalming needle into the flesh the arm of Fox gave a twitch. Fox an instant later rose from the marble slab and swore loudly at the undertaker, who was so hasty about embalming him.

In speaking of his experience Fox said it was the jab of the embalming needle that roused him to consciousness.

The above clipping from the New York World illustrates the fact so often taught us from spirit realms that real death does not occur till long after apparent death; and the danger of premature burial.

Undue haste in burial of our friends is not in good taste, and is rather dangerous to the "dead."

We think the corpse should be forgiven for swearing under all the circumstances.



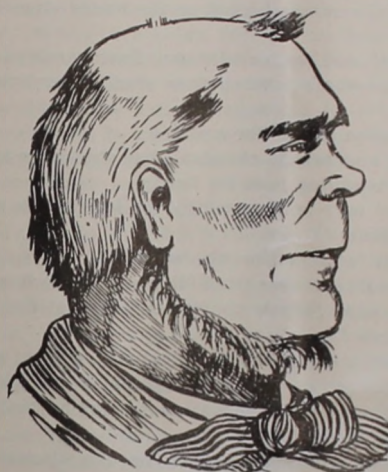
HOW TO READ PEOPLE

BY VICTOR G. ROCINE



HOW TO READ CHARACTER FROM MOUTHS.

V. G. Rocine.



A Masculine Mouth.

A large, long and straight mouth is a sign of masculinity, but full lips and a small mouth is a sign of femininity.

A coarse and flabby mouth, with ill-formed lips, is not a mouth of refinement. Such a mouth is often seen in sensualists.



A Coarse Mouth.

Beautiful and gracefully curved lips mean love, tenderness, motherly affections and emotional susceptibility.

A straight mouth, with set lips, signifies firmness and stability, but not affection.

Curved and cherry-red lips are signs of healthy affections; dark-red lips mean active passion.

Two indentations under the lower lip, on each side of the center, denote love of pets and children.

Open, hanging lips, and an open mouth are indications of weak will and changeableness of character, while compressed lips indicate will and resolution.



A Cunning Mouth.

A secretive nature closes the lips, as does resolution. Great energy, honesty of purpose and stability also close the lips. When a person closes his lips tightly, it means strong convictions, desire for conquest and a strong character of some kind.

Dignity gives convexity to the upper lip, immediately above the corners of the mouth and a little inwardly from the corners.

Will gives a perpendicular stiffness to the center and lower part of the upper lip. When a person draws in the center of the upper lip and the lower edge of the upper lip, it means self-reliance, stability and power of self-control.

The affections are shown in the red and fleshy parts of the lips.

Appetite of food and drinks is represented in the inner part of the lips. When the lips turn out in the center, it is a sign of an active appetite. When appetite is active; when social affections are active; when the person loves praise, and when he likes talking, his lips are large in the red parts and very flexible in appearance.

Vanity lifts the upper lip, or turns the upper lip upwardly with its lower edge. When a person has his affections under control, the lips are under control also. The red part does not show to such an extent. But when the lips protrude, the person does not have his affections, passions and appetites under control.

The various affections are all represented in the lips. Con-



Affectionate Mouth.

Jugal devotion, amatory passion, desire for social companionship and parental love are all represented in the red part of the lips. When a person is moved by the social sentiments, the lips are full and relaxed, but when will and morality are active qualities in a person, the lips are held in and controlled. Therefore, the lips show to a great degree to what extent a person has control of his love sentiments. No one has a high degree of moral self-control who cannot control his lips. A person who can draw in his lips has power of self-control. A feeble-minded person cannot control his lips, for the simple reason that his will is feeble. When the impulses dominate the mind, the red parts of the lips turn out, indicating that the passions are not under control. A person who can master his lips can master his tongue, his passions, his appetites and his affections.



Weak Will.

Look at the feeble-minded person, or at an idiot, and you will see that his mouth is open, that his lips are in a hanging condition, especially the under lip.

HOW TO TELL AT A GLANCE WHAT A MAN'S OCCUPATION IS.

V. G. Rocine.

As soon as a physiognomist is acquainted with the marks peculiar to a certain occupation, he can tell at a glance what kind of work a person follows for a living. Each occupation has its own effect on some part of the body of a man.

The violinist carries his head to one side and has hard fingertips, hardened by the constant playing and manipulation of the strings.

The shoemaker may be known by his square legs, or by the position of his body and legs, by the condition of the skin on his fingers and by the impression left on the hands after the cobbler's thread.

The groom and the cavalryman have bowlegs, caused by much riding horseback. When they stand, they hold their legs wide apart.

The liveryman smells like a stable.

The man who works in chemicals has chemicals on his hands, causing an odor issuing from his hands.

The painter may be detected by the impression made by the palette in his thumb.

The pianist is known by his hands.

The seamstress is bent from sitting and she has little holes in her fingers, especially in the index finger of the right hand, caused by the needle.

Men who work in the vapors of mercury, copper, arsenic, etc., have a green mucous membrane and greenish hair and skin.

Players on wind instruments are known by their thick and leathery lips and distended cheeks.

The scrubwoman limps, caused by the disease called the housemaid's knees. She suffers from such trouble because she is down on her knees much of the time. Her knees become swollen and tender.

The watchmaker is known by the impression under the eye, caused by the lens used for examining the small parts of the watch.

If a person understands practical physiognomy, he can tell what a person is doing each and every time. It is easy to do this but it is not so easy to tell what a person **SHOULD** do. This lies within the scope of the scientific phrenologist.

HOW TO CURE TIMIDITY.

V. G. Rocine.

The first thing to do in order to overcome timidity is to stop believing that you are timid. You should believe that you are **BOLD** and daring. A man acts as he feels. Feel bold and you act boldly. The thoughts that you cherish of yourself make you what you are. If you feel daring you develop courage and overcome timidity. As long as you feel timid, you will remain timid. You should make up your mind that you are courageous and you will soon develop courage.

If you have been calling yourself a timid man, stop doing it. Call up a different current of thought in your mind. As long as you picture yourself timid and think of your timidity that long you will remain timid. It does not make any difference how valiantly you fight your deficiency, as long as you look upon it as an established fact you will never cure yourself. You must not think of your timidity, nor talk about it, nor feel it. You should think nothing else than thoughts of courage; you should picture yourself as being a fearless man or lady, as the case may be.

You do not lack courage, but you have repeatedly told your-

self that you do. Because you have done this, you have made the statement a reality, until you are simply breaking down the brain cells in that faculty center which is at the very foundation of courage. You must not do this any longer. It will not pay you. You are breaking down your fortification of success and health. From this on, you should build up the brain center of courage and build it on a larger pattern. But you can NEVER build up as long as you break down the neurons in the convolution of courage. The ONE way to build up this convolution is to assure yourself that you are FEARLESS. Keep thinking courageous thoughts, speak courageously, act fearlessly, feel strong and able. Tell yourself that you can meet every man fearlessly. Keep preaching to yourself about your courage and daring. Convince yourself that you are invincible.

I know many men who cured themselves of timidity by this very method. When they began they had an unusually sensitive and shrinking nature and in their struggle to achieve success suffered mental torture, such as only sensitive natures can understand. Their timidity was almost appalling, for they had not even courage enough to go to a business office and make a transaction, but would turn and go in an opposite direction.

But to-day these men are fearless business men, perfectly poised, fearless, aggressive and magnetic.

How did they do it? This is the way they did it:

They began to tell themselves when they were afraid that there was no such a thing as fear in them. They did not stop to develop courage; they simply convinced themselves that they HAD courage. They compelled themselves to look fearless people squarely in the face at times when they themselves were trembling with fear and timidity.

And have not these men excelled their friends in other lines, who had better opportunities, more capital and more education. Those men understand the law of development and believe firmly that it is possible to overcome timidity.

If you tell yourself: "I am wonderfully courageous; I am daring; I can accomplish anything that I wish; I am strong and able," and continue with such feelings and thoughts, timidity will disappear as darkness before the rising sun. Recognize that you have fearless traits of character; insist that you have them and you will soon conquer your timidity.

Teacher—Tommy what is the different between a monarchy and a republic?

Tommy—In a monarchy the people obey the rulers because they love them; in a republic they obey the bosses because they can't help themselves.—Clipped.

AN INSTRUMENT OF GREAT MERIT FOR THE CURE OF DISEASED EYES.

Any reader of this article who is afflicted with any impairment of his or her eyesight should not fail to address the New York & London Electric Association, Suite 209, 929 Walnut Street, Kansas City, Mo., for detailed particulars and testimonials regarding the merits, reliability, and efficiency of "Actina," the wonderful discovery which is now attracting the attention of the people, owing to the many cures of afflicted eyesight that it is performing. This method of treatment is used by patients in their own homes and without any trouble or expense beyond the small cost price of "Actina." No cutting or probing is involved in the use of this treatment, nor are any drugs or medicines required. It cures afflictions of the eyes, and cases of cures are reported where the patients had been pronounced by leading oculists as incurable. Our attention has been called to this marvelous treatment for failing eyesight, cataracts, granulated lids or sore eyes, etc., and we in turn

A LESSON ON SUCCESS.

Emily H. Vaught.

We know of a very successful business woman, who, by her own efforts alone has built up a business that serves between fifteen hundred and two thousand people every day. And at the same time as she has built up a business, she has built up a reputation for honesty and she has developed an independent, self-sustaining character. While she is friendly enough in her greetings, still there is an aloofness about her that repels the most bold. Her manner plainly says, "I am too important to become commonplace. If you have anything of importance to say I am pleased to listen."

Those who study the requirements of a successful career know that this attitude of mind and manner of importance is one of the necessities.

We are not surprised when we find framed and hanging upon the wall of this lady's room, the following:

We are sure that she early learned to live it in her own character until it became a part of her. It has become her creed—and she has made a success. Therefore we give it as it is, and we would commend all who have ambition to get the best out of life to incorporate it into their daily creed.



WHENEVER you go out of doors draw the chin in, carry the crown of the head high and fill the lungs to their utmost; drink in the sunshine; greet all your friends with a smile and put your soul into every hand-clasp. Do not fear being misunderstood and never waste a minute thinking about your enemies. Try to fix firmly in your mind what you would like to do, and then without violence of direction, you will move straight to the goal.

Keep your mind on the great and splendid things you would like to do, and then as the days go gliding by you will find yourself unconsciously seizing upon the opportunities that are required for the fulfillment of your desire just as the coral insect takes from the running tide the elements it needs. Picture in your mind the able, earnest, useful person you desire to be and the thought you hold is hourly transforming you into that particular individual.

Thought is supreme. Preserve the right mental attitude—the attitude of courage, frankness and good cheer. To think rightly is to create. We become that on which our hearts are fixed.

Carry your chin in and the crown of your head high.

call particular attention to it in order that any or all readers who are troubled with eyesight difficulties may investigate "Actina."

HUMAN CULTURE

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Human Science
Human Culture
Human Health

Human Progress
Human Success
and
Human Happiness

Published and Edited by

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LECTURES.

Every Tuesday night at 7:45. (Be sure and come before 8 as elevator stops at that time.)

Come early and tell your friends. The lectures will be highly instructive and scientific. If you have any friends who are disbelievers in the science of phrenology, bring them along. People from the audience will be chosen as subjects from time to time. Scientists, ministers, doctors, professional men and business men ESPECIALLY INVITED. All serious minded, rational people WELCOME.

We call them Free Lectures, although an admission of 10c is charged at the door for the purpose of keeping out undesirable people. TUESDAYS at 7:45 P. M., Suite 414-415 Old Inter Ocean Bldg.

Subjects for June.

- June 5 "Whom Should You Marry?"
- 12 "Three Success Bringers for You."
- 19 "Why You are a Failure."
- 26 "Bashfulness and its Cure."

UNDERSTANDING PEOPLE.

How beautiful is phrenology. It overwhelms us with its comprehensiveness of things. When we listen to a conversation, when we look at a child, when we see a wife look at her husband, when we read a biological sketch, when we read an essay—what a world of meaning is revealed. How much, how very much of

the hidden undercurrent of life reveals itself as it never does through any other agency. It appears to us sometimes as though all the world of man and mind is groping in darkness with only here and there little rifts of real understanding. And when we see these even, we know their source and their extent.

If a person exclaims in admiration on seeing a beautiful sunset, instantly we recognize the expression of the sublime, grand, far-reaching sentiment coming from the faculty of Sublimity, and knowing this, how much, how infinitely more we know of that person's character than it were possible for us to know simply because he expressed a passing appreciation of a sunset. Have we not had a peep into the innermost sanctuary of his soul; do we not know something of the winged aspirations, the lofty ambitions, the sublime day-dreams which he lives at times, because of this faculty? When we know the faculties that lead the mind of an individual, we know everything there is to know concerning him.

And thus it is when people clumsily try to explain their peculiarities or when we read the biographies or auto-biographies of people—a word, a phrase is as a volume, when you understand the soul.

Emily H. Vaught.

GOVERNMENT POSITIONS FOR 1,000 MEN AND WOMEN.

State Needs Hospital Attendants; City Jobs Open.

The United States civil service commission called a special examination May 17 to select clerks and carriers for the local postoffice. An examination was held last month and 427 persons passed. The eligible list from this examination has already been used up and a new test held to supply employees for vacancies. If possible, the postoffice authorities want to get a list of at least 1,000 names from which to pick clerks and carriers.

Women as well as men can take the clerks' examination. The pay to start in each classification is \$600 a year. From these positions successful competitor can work into jobs paying as high as \$2,500 a year. Applications received up to the morning of the examination. Papers secured at the offices of the civil service bureau, thirteenth floor, Federal building.

Good Scientific Jobs.

On May 16 an examination was held to select laboratory assistants, assistant physicists and assistant chemists in the government bureau of standards. The positions pay from \$900 to \$1,600 per annum. On June 6 an examination will be held to secure laboratory assistants in the bureau of the mint, treasury department. The positions pay \$1,200 per annum. Mechanical draftsmen to work under the isthmian canal commission on the Isthmus of Panama will be selected by an examination to be held June 6-7. The positions pay from \$1,200 to \$1,800 a year.

May 31 an examination will be held to fill a vacancy in the position of chief inspector of clothing in the quartermaster's department-at-large. The place pays \$1,500 a year. A poultry assistant in the bureau of animal industry is wanted. An examination will be held May 23. The place pays \$1,200 per annum. June 6 an examination will be held to select government draftsmen. There are four vacancies in Idaho, one in Arizona,

Human Culture and Vaught's Practical Character Reader \$1.50.

one in Nevada and one in Washington. The places pay \$4 per diem.

State Wants Attendants.

Examinations for attendants in the hospitals for the insane will be held by the Illinois civil service commission the latter part of this month in various parts of the state. Male applicants must be between the ages of 21 and 45 years and weigh not less than 155 pounds. Women should be between the ages of 18 and 45 and weigh not less than 125 pounds. Men start at \$25 per month with board, lodging and laundry, and women at \$18 per month.

It is the desire of the commission to conduct the examinations in at least a dozen different cities, and it is largely dependent upon the residents of the various cities and the districts surrounding them as to where they will be held. The communities producing the largest number of applicants will get the examinations.

All applications should be addressed to Joseph C. Mason, chief examiner, Springfield, Ill.

Following is given a list of the civil service offices, where application can be obtained and filed, and where information is freely given:

City of Chicago, 400 City Hall; telephone 447 Main.

County of Cook, 312, 218 LaSalle street; telephone 15 Main.

State of Illinois, Springfield, Ill.

United States, thirteenth floor Federal building; telephone 4700 Harrison.

Requirements for mechanical draftsmen are: Spelling, penmanship, letter writing, arithmetic or mathematics, each 1; technical knowledge, 4, and experience, 2. The pay is from \$1,000 to \$1,800 a year. The city has much trouble getting good draftsmen.

HOW TO DETECT JEALOUSY.

V. G. Rocine.



Jealousy disfigures the mouth, especially that part of the under lip where true love has its pole. Jealousy draws the mouth down, giving rise to a pouting under lip, to a hanging skin and lip below the conjugal poles, about three-quarters of an inch from the center of the under lip. It disfigures the entire mouth, chin, cheeks, eyes and nose. A jealous person is anything but beautiful.

Contempt protrudes the lip, especially the upper lip, in the side, between the center of the mouth and the corner. The sign of contempt can be seen on the left side of the mouth.

Scorn protrudes the lip at the same place and raises it slightly in an upward direction.

Dissatisfaction is seen in the same place, but it draws the

lip backwardly and downwardly, causing perpendicular wrinkles to appear at the corners of the mouth.

Sneer and scorn can be noticed in the chin. These characteristics lift the central part of the chin in an upward direction.

Violent hatred draws the lip downwardly to such an extent, at the same place, that a person exposes his teeth. This sign is called the "snarling muscle." It is seen midway between the central part of the under lip and the corner of the mouth.



Cruelty and Combativeness Seen in Chin, Mouth and Lips.

A lipless mouth, consisting of a thin, straight line without any curves or delicacy, is an indication of a mercenary, cold and critical mind. That kind of mouth and lips are seen in mercenary capitalists and shark-like misers.

A well formed and overhanging lip denotes goodness of heart.

A SERIES OF PSYCHOLOGICAL ERUPTIONS.

Designed by Victor G. Rocine.



The above picture gives you an idea of where the faculty of Constructiveness is located. Men like Edison are strongly developed in the faculties Constructiveness and Causality. Pay close attention to the head formation in the above picture, and to the face, eyes, chin and general facial development. This is the genuine head formation, features, expression and appearance of the mechanic.

It is Constructiveness that has made all kinds of tools, machines, talking tubes, machinery, ships, etc. Without Constructiveness the world would still be in a state of barbarism and crudity.

COME TO OUR TUESDAY NIGHT LECTURES.



Conducted by Emily H. Vaught.

REBECCA AND BECCA.

Rebecca was an old woman who did not live very far from our house, and she had a little granddaughter whose name was Becca. They lived in a little tumbled down house with broken windows and door off the hinges. Little Becca went to school, but her dresses were not made like those worn by other little girls, and they were faded and thin; if she had shoes they were usually those that had been thrown away by someone, and were usually so large as to make Becca's feet look ridiculous, and of course the other children were tiny specimens of humanity and they made fun of Becca.

Sometimes Becca's patience would become exhausted when the boys would throw stones at their house, and she would call them names and throw back at them, so they gave her the name, "Spit-fire."

This happened when the writer was a little girl. We had a little cousin staying at our house. She was a kind, helpful, sunshine child, and she suggested that we make Becca a surprise party. Then she made quite a speech on Becca's old shabby home, and how old Rebecca could furnish from the sale of milk and her garden vegetables. So Emily thought we should have a surprise party for Becca and that everyone should take her a nice little present and something to eat, and visit with her a little while. Mother thought it a splendid idea, and Emily and I went to tell the other girls.

All of the children and their mothers seemed to be pleased, and the next evening we gathered in Becca's yard. We were a little frightened when we thought of old Rebecca, and each one pushed the other one to knock at the door. Emily was the oldest, and as we told her it was her party anyhow, we all huddled together by the side of the door and pushed her forward to do the knocking. She gave a gentle little rat, tap, and a voice inside said, "that's enough of that." Emily whispered to us to holler, "surprise party for Becca," and of course we did. Then a voice said, "I want none of your surprises." "We want to come in to see you; we've brought you something." Then old Rebecca said very loudly, "Becca, where's my cane?" At this moment I stepped up even with Emily, but the rotten board gave way and I went down three or four feet, and I cried loud and long. Rebecca came to the door then with a lamp in her hand, and after taking a good look at us all, she lifted me into the house, gave me a chair and told the others to come in.

"We came to give Rebecca a surprise party," exclaimed Emily, "and we brought her some presents." Becca and Rebecca stood speechless; and Rebecca wiped her eyes on her apron when she saw us talking to Becca and giving her apples, cake, pie, handkerchiefs, a new dress, books and other little things.

Rebecca told us how thankful she was and shook hands with every one of us; the minister's wife couldn't have done it any better. Then she rubbed some home-made liniment on my foot, the very best liniment in the world, for my foot did not hurt any more after we began to play. We played "Johnny Gray's Land" in the kitchen; we had certain boards to run across and would sing, "we're on Johnny Gray's land";

Johnny's gone from home,
Johnny's gone to our house.

Then Johnny would spring from his hiding place and the one he caught would have to be it.

While we were having a great time playing, some of our mothers came and brought Rebecca some presents. After we were tired out playing, Emily suggested that we should give an entertainment; so those who could speak were all called upon. Rebecca asked Becca to recite. We did not know that Becca knew a line of anything, but Rebecca said she learned everything she found, and it was much company for them. At last, by us all coaxing, Becca recited a number of little poems, and our mothers were so pleased that they decided to make up money for her to take elocution lessons when she had finished her school course. Becca is now one of the teachers in one of our best schools of oratory, and as Rebecca lived a number of years after, Becca was able to take care of her.—Word and Work.

GIVE THE CHILDREN A CHANCE.

Mothers should not allow their love to interfere with the best interests of their children. The career of many a man has been ruined by his mother whose love would not let him leave her when the best opening for future success came to him.

Many a girl has refused the man who would have made her happy and comfortable because marriage to him would have taken her far from home, and her mother was not willing to let her go away. Too often girls have married men near home because their mothers wanted them to do so and have ruined their lives, and men have been kept in a condition of life long poverty because their mothers objected to the way which would have led to prosperity and usefulness.

Mother-love is one of the very best and most precious gifts of life, but mothers should be careful that their love does not wreck the lives of those whom they would not harm for the world. As a rule fathers, although they may be as reluctant as the mothers to part with their children, take a larger and more unselfish view of their prospects for life and will not stand in the way of their best interests, but mothers too often do not look beyond the limited circle of the satisfaction of their love.—Watchman.

HOW THE NERVOUS WOMAN CAN HOLD HER TONGUE.

There are a great number of women who come dangerously near to being common scolds. The reason for this is that they are living under pressure and have become bundles of nerves. When such a woman reaches a point where she feels "as though she should fly," let her stop at all hazards, go to her room, open the windows, lie down on the bed and put on enough clothing to be comfortably warm. Then relax every muscle in the body, close the eyes, let her get as nearly passive as she can. As one woman says, "Let the bed hold you—don't try to hold the bed." Breathe in a deep full breath, and while exhaling count ten slow-

ly. Keep your mind on the numbers. Repeat at least ten times. Lie still for a few moments.

This relaxing and passive condition will be hard at first but it will quiet the nerves wonderfully. You may feel drowsy. If you have time, sleep a few minutes. A few moments like this will save many a day from failure, will keep back words which make heart aches, and prevent the home from becoming a place of railing and back-biting in scores of cases. A fine thing for the nervous woman is to take a five minute walk in the open air every morning if she cannot take a longer one.—The Healthy Home.

THE VALUE OF SELF-EXAMINATION.

"First take the beam from thine own eye, that thou mayest see to take the mote from thy brother's eye."

Emily H. Vaught.

The song of Mr. Bobolink stops with a jerk, as his bright eyes fall upon a bulky creature sitting on a tree-stump in the shadows near by.

"Just see that great awkward owl sitting there, having eyes to see yet seeing not; ears to hear yet hearing not. If he would just open those sleepy eyes and look about him, even his lazy senses would thrill with rapture at the beauty of the morning."

"I fear his is a hopeless case," spoke up Mrs. Bobolink. "If the music of your song does not awaken him from his lethargy, nothing can."

"He that hath no music in his soul and is not moved to sweet concord of sound, is fit for treason, stratagems and spoils," quoted Mr. Bobolink, with a self-satisfied air.

"That just fits Mr. Owl's case," exclaimed Mrs. Bobolink. "His sin-darkened soul cannot bear the light of day, so he closes his eyes and ears and remains dead to the elevating influence of the beauties around him. There he sits all day in a stupid condition, whereas if he would allow the sunlight to enter the dark recesses of his soul, he would be happier and better and become a useful member of society."

"Just so, my dear. What a charming little philosopher you are. I am quite proud of you. But to return to Mr. Owl. True, he remains as one dead as long as the sun shines. But wait until darkness comes, when everything is still and all well-regulated beings are sleeping. Then will this monster awake, flap his wings, hoot his ghastly night-song, and with his great glaring eyes for lamps, he will plunge through the darkness, seeking his prey. He will kill and devour some light-loving creature who is innocently sleeping."

"The quality of mercy is not strained
It falleth as the gentle rain of heaven
Upon the earth beneath,"

quoted Mrs. Bobolink softly, as she looked lovingly down upon her brood of three.

"I thank Thee, dear Lord, that I am not as other men," rang out the clear notes of Mr. Bobolink.

The ensuing silence was abruptly broken by a new, strange song: "Beam in your eye, beam in your eye; take the beam from your eye."

"Who is that rude bird?" asked Mr. Bobolink.

But Mrs. Bobolink evidently did not hear, for she said sharply: "Mr. Bobolink, it would be more seemly if you hunted some breakfast for the children rather than sit there and moralize. Do you not see how hungry they are. The fattest worms will all be taken if you do not hurry."

Mr. Bobolink obediently spread his wings and soared away, watching his chance to pounce upon an unwary worm.



QUESTION DEPARTMENT

Send your puzzling questions to Victor G. Rocine, Doctor of Science, and he will answer them in turn. Ask only such questions as relate to human science.

Question by G. A. Lieser.—What does the hair line on the forehead indicate when it comes down to a V shape in the center?

A.—It usually means that the faculty Human Nature is strongly developed, and that, therefore, the person is tactful, penetrating and intuitive, and much prone to meddle with the affairs of other people.

Question by J. S. C.—Why is the nose bent to the right side in some, and why is it bent to the left side in other people?

A.—The nose grows faster on one side than it does on the other, when it is bent to one side. The reason of this is that there is more life energy on one side than on the other, simply because one of the brain hemispheres is larger than the other and therefore more energetic in reconstructive processes. One hemisphere superintends and builds one side of the body and face, while the other hemisphere superintends and builds the other side of the face and body. This is the reason that one side of the body is larger than the other: one foot, one hand, one side of the face, etc., is larger than the other, and this is the reason that, when photographers photograph one side of the face at one time and the other side of the face at another time, we can hardly recognize the person photographed as being the same person, at least in many instances.

Q. 2.—What special faculty has its pole in the central part of the upper lip?

A.—Amativeness, or sexual love and passion, is represented in that part of the lip. Cupid has his arrow in this place.

Question by H., Valparaiso, Ind.—What are perceptive faculties?

A.—The perceptive faculties are Individuality, Size, Form, Weight, Color, Order, Calculation and Locality. These faculties are located in the lower part of the frontal lobe or over the eyes. They are interested in the objective world; they are matter and qualify students.

Q. 2.—Mention the sensitive faculties.

A.—Amativeness, Conjugality, Friendship, Parental Love, Cautiousness, Approbativeness, Benevolence, Veneration, Spirituality and Ideality are, mainly speaking, sensitive faculties, and if Destructiveness be strong in this combination, there will not only be sensitiveness but also intensity of feeling.

Q. by R. S. A., Philadelphia, Pa.—A friend of mine sits and cries for hours at a time and complains—what is the cause of this?

A.—Your friend probably has brain trouble. The angular and supra-marginal gyri, situated under the parietal eminence are injured or inflamed, or too active. Your friend is in danger of melancholia.

WHY HEBREWS ARE LESS CRIMINAL THAN OTHER NATIONS.

V. G. Rocine.

Statistical Table.

This table gives the total number of prisoners and the number of Hebrews that were confined within the various state penitentiaries, reformatories and houses of correction in the several states of the Union on or about March 1, 1906:

	Prison- ers. Jews.			Prison- ers. Jews.	
Alabama	2,000	1	Montana	448	9
Arkansas	862	1	Nebraska	326	1
California	1,392	25	New Hampshire ...	200	2
Colorado	700	4	New Jersey	1,282	35
Connecticut	483	11	New York	6,674	362
Delaware	371	2	North Carolina	658	2
Florida	1,201	0	Ohio	1,642	18
Georgia	2,300	1	Oregon	387	3
Idaho	228	0	Pennsylvania	2,786	51
Illinois	1,543	31	Rhode Island	1,066	10
Indiana	1,980	4	South Dakota	201	4
Kansas	1,172	1	Texas	3,911	12
Kentucky	1,944	10	Utah	199	1
Louisiana	1,589	4	Vermont	347	0
Maine	182	0	Virginia	1,608	1
Maryland	1,023	16	Washington	821	3
Massachusetts	1,859	62	West Virginia	1,195	3
Michigan	1,546	3	Wisconsin	661	7
Minnesota	582	2	Wyoming	182	0
Mississippi	1,100	0			
Missouri	2,066	19	Total	50,717	721
Per cent, 1.42.					

The reason that Hebrews are less addicted to crime than other nations is that the Hebrew is strongly developed in the faculty of veneration. People who are strongly developed in this faculty usually live a better life. Criminals are almost always weak in veneration.

Develop this faculty in your boy and you save him from sin and crime.

A NEWLY RECOGNIZED DANGER.

Flies have always been looked upon as a nuisance to the health of the home. The Spanish American war opened the eyes of army surgeons to the fact that the contagion of typhoid fever was undoubtedly spread by flies. Other investigation followed, until it is generally agreed by medical men that the little fly is a most dangerous carrier of all germs of infection.

Considerations such as these have lead scientific men to advocate a relentless war on the insect. It is impracticable to destroy the myriads of half grown flies, but is possible to make it hard for the eggs to hatch. The greatest points of attention to this end are cess pools, muck heaps, drains, manure heaps and the like. Various poisons have been resorted to, but it has been found useless to employ sulphate of iron, sulphate of copper, etc., for although in the beginning these metallic salts might have some effect, they would subsequently become changed by fermentative influences and lose their efficacy. It is found that ordinary soda mixed with ordinary chloride of zinc in the proportion of five kilogrammes of each to every cubic meter of matter, is sufficient to kill the larvae and prevent the hatching of further eggs laid in the same place during the season. This is a useful

Continued on page 94.

HOW TO SELECT A GOOD HUSBAND.

V. G. Rocine.



Manhood and Masculine Vigor.

A person who is strongly sexed is full of life and vigor, but a person who is weak in the sexual principle is feeble, uninteresting, repulsive and unmagnetic. When we speak of perfect manhood, we do not refer to that kind of manhood that disgraces itself by overaction of the sexual propensity.

Perfect manhood may be known by the following signs:

A well developed backhead.

A heavy neck.

Shining, lively, somewhat dreamy and magnetic eyes.

An elastic step.

A strong, deep and powerful voice.

A heavy chest.

A resolute bearing.

A strong inclination for the opposite sex and a desire to mingle with women at socials, theaters, parties, etc., not in an unchaste capacity, but in an associative sense.

Creative passion has its sign in the central part of the upper lip. When the upper lip is built downwardly in the center, presenting a fleshy fullness and a downward development of white part of the upper lip, in the center, it denotes power of sexual passion and great power of transmission. Dark-red lips are an indication of overaction of the sexual propensity. A dimpled chin is another sign of sexual capacity. A cloven chin denotes a strong desire for the appreciation of the opposite sex. A fleshy fullness in the central and upper part of the chin and a fleshy fullness in under the chin are signs of strong passion and power of transmission. Cherry-red lips denote active passion and a healthy action of the sexual impulse.

When these signs are understood, it is possible for any one to select a good husband, or one who has the capacity in himself to become the father of perfect children. Men who are poorly sexed should not marry, nor should a lady accept such a man in marriage, as it is a wrong to her possible offspring. The offspring must suffer because of her imprudence in selecting a poorly sexed man.

KEEP COOL.

When angry. When trouble is brewing. When others are talking. Until you can speak calmly. When your feelings are hurt. Until it is your time to speak. When slander is getting on its legs. When you have nothing worth saying. Until you have thought the whole matter over. Until you are sure what is best to say and do.—Neyman.

MAGNETIC CULTURE CLUB

We have organized a club for the purpose of developing PERSONAL MAGNETISM, which includes Health and Vitality, Good Manners, Self-Confidence, Good Memory, Concentration, Manliness, Courage, Beauty and Attractiveness of Person. A membership in this club entitles you to the following.

1st. Free copies of our Magnetic Culture Pamphlet Series, which will be issued from time to time, the first of which—Dr. Rocine's DIET GUIDE—is now ready.

2nd. This membership also entitles its members to special instructions in the development of Magnetic Culture.

3rd. All questions pertaining to Personal Magnetism will be answered either privately or in the columns of Human Culture.

4th. During the year 1906 we shall have a special department in Human Culture, reserved for members of the MAGNETIC CULTURE CLUB and here we shall give rules, laws, principles and exercises of inestimable value in the development of Magnetism.

You want to become magnetic. You want to gain personal influence. The magnetic men and women are those who operate in the highest spheres of human endeavor. It is not often we see the magnetic man. It is through magnetic culture and brain development that man becomes influential.

If you want to join this club, send in your application at once, and we will advise as to the requirements. We choose the members.



NEW COURSE, JUST WRITTEN.

Dr. Rocine's New Correspondence Course in Physical and Magnetic Culture is Now Ready.

Price Ten Dollars.

This Course will develop your muscles, train your nerves, strengthen your mind, develop your magnetic forces, make you controlled and self-contained and make you greater in word and deed.

It is our wish that you should take this Course and train yourself so that you may qualify yourself to form clubs and teach Physical and Magnetic Culture to others. By so doing you can improve yourself and others and at the same time, if you so wish, make money as a teacher, when you are qualified to teach.

HOW TO BECOME ATTRACTIVE AND BEAUTIFUL.

V. G. Rocine.

It can truly be said that there is no charm greater than that which is produced by innocence, purity and modesty, cheerfulness of disposition, a fruit and nut diet, plenty of fresh air and magnetic culture exercises. Any one wishing to retain his strength, vitality and beauty should never become bitter, irritable and sad. He should never pay attention to vulgar stories. Never mind if the people call him or her prudish; it is sometimes the greatest compliment to be called a prude. He should always be quiet in manner, whether at home or on the streets. Loud laughter and bold behavior are not beautiful nor attractive, no matter where it may be. Cultured ladies and gentlemen never permit their eyes to rove about to attract the attention of each man and woman on the streets, no matter whether they know him or not.

It is no compliment to be spoken to, nor to speak to a strange man or lady, nor to every acquaintance that we may meet. If a stranger or even an acquaintance approaches a lady or settles down in her presence for hours at a time, it is no sign that he admires her, nor that he respects himself, nor that he is sociable, nor that he entertains high thoughts of that lady—he simply thinks her approachable, and because he is not a man of dignity, he makes himself familiar. Ladies should keep men at a distance. Men will flock around an approachable lady and become familiar but at last they will drop her and turn to the lady who commands their respect. There is nothing that beautifies a person to such an extent as a cheerful mind and a sweet disposition. Innocence, modesty and sweetness of disposition are qualities that attract every man, woman and child. But bad thoughts, angry feelings, revengeful intentions, filthy stories and criminal newspaper descriptions will destroy virtue, poison the blood, inflame the soul and disfigure the face.

process for cess pool, but not effective for open drains. Petroleum is found useful, but in a short space of time the petroleum disappears.

The most satisfactory results are secured with raw petroleum or raw schist oil, the residue of distillation. This on being mixed with water and poured into a drain will form a stratum of oil which destroys the larvae and prevents eggs from hatching. This oil is so tenacious as to adhere to the walls of drains, form a coating over solids, and remain attached thereto for a long time. This layer of oil also favors the development of anaerobic bacteria which causes a rapid liquefaction of solids, thus rendering them quite unsuitable as a breeding ground for flies. In the case of manure heaps, this oil may be mixed with earth, lime, etc., in which state it is sprinkled over all sources likely to tempt young couples of the fly family in the rearing of a family.—The Healthy Home.

O Love is sweet that sweetly loves beneath a cloudless sky
But Love is great that greatly loves the storm and stress be-
nigh

Poets all have felt the call to sing Love's exaltation
Nor is there song so sweet and strong as Love's exhilaration
But I would sing if I could wing my thought with lyric fancy
No rhapsody to eyes of Jane nor ruby lips of Nancy.

A lowlier key I fain would strike for Love indeed is lowly
Love seeketh not to own its own, but lives to give it wholly,
And if the poet fire were mine I should a poem fashion
That would proclaim Love's hallowed name in other note than
passion.

In passion's name Love's ardent flame will claim what it desires
But Love is Love that loves and loves nor claims what it inspires
Had I the skill that poets wield I fain would sing a song
Of lowly Love of holy Love of Love that suffereth long.

Love suffereth long nor vaunteth nor unseemly is but kind
Its voice is that of tenderness to condemnation blind
Had I the poet's virile power my song would ever be
Unvexed by claims unsexed by rights unfettered Love and free.

Descending to the valley where Love's object lies in gloom
Love stoops and lifts the loved one from the shadows of the
tomb
Love lifts the loved one tenderly with no reproach nor moan
For Love would rather love in hell than dwell on high alone.

O Love is sweet that sweetly loves beneath a cloudless sky
But Love is great that greatly loves the storm and stress be-
nigh.
—Herman Keuhn, in To-Morrow.

WORTH REMEMBERING.

Spinach and dandelion greens are excellent for the kidneys.
Asparagus purges the blood.
Tomatoes act directly on the liver.
Lettuce and cucumbers cool the blood.
Celery engenders sleep.
Onions are a preventive and often a cure for malarial fever.
Onions, garlics, leeks, olives and shallots, stimulate the circulation, increase the saliva and gastric juices, and promote digestion.

Peas and beans are the most nutritious of vegetables, containing as much carbon as wheat, and double the amount of muscle forming food.

If possible vegetables should be cooked the same day they

are gathered. A small pinch of carbonate of soda in the water preserves the color of vegetables, and lessens the unpleasant odor of cabbage and onions when cooking.

Vegetables of which we use the roots, such as carrots, turnips and beets, are more difficult to digest than the top ground or succulent vegetables. Such green vegetables as spinach, kale and onions are very valuable in cases of constipation.

Green beans, peas and corn are wholesome when well cooked and sufficiently masticated. Unless the hull or skin of each bean, pea, or grain of corn be broken before swallowed, they are almost indigestible; and we do not live on what we eat, but on what we digest.

Steaming or baking is preferable for most vegetables, and when possible they should be cooked and eaten the day they are gathered, otherwise they lose much of their flavor and sweetness.

Raw cabbage is much more digestible than when cooked.

Strong vegetables uncovered in the refrigerator will spoil the taste of milk and butter.—Health, California.

We are pleased to note that Dr. Burke's magazine, "Health," has risen serenely from its ruins almost as though nothing had happened. The printing rooms, we understand, were at Santa Rosa and all plates, etc., were destroyed, but they have printed their May and June issues jointly and hereafter Health will be published monthly as usual at Burke, Cal.

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tenths of all disease is caused by improper diet.

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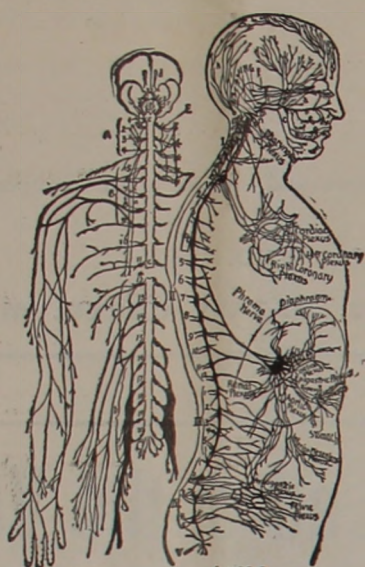


FIGURE 1
FIGURE 2
Cerebro-Spinal and Sympathetic
Nervous System

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EVERGREEN PHILOSOPHY FOR 1906

Many readers of Human Culture are already readers of that BRIGHT PACIFIC COAST PRODUCT,

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