

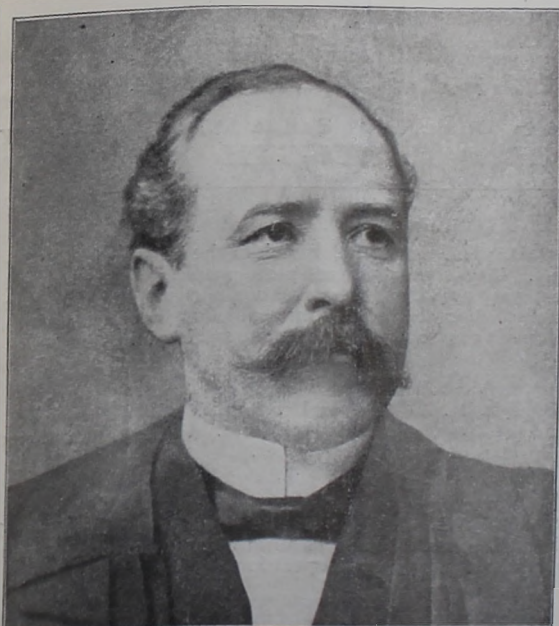
HUMAN CULTURE

VOL. 6.

CHICAGO, ILLINOIS, MAY 5, 1904.

BUREAU OF
AMERICAN ETHNOLOGY. No. 5

A MAGAZINE FOR THOSE INTERESTED IN THEMSELVES AND HOW TO MAKE THE MOST OF THEMSELVES.



JUDGE PARKER

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Sketches of the Three
Democratic Presidential
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THE TEMPERAMENTS

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HUMAN CULTURE

Vol. 6

CHICAGO, MAY 5, 1904.

No. 5

PHRENOLOGICAL ANALYSIS OF DEMOCRATIC PRESIDENTIAL POSSIBILITIES.

By Charles F. Boger.

Judge Alton Brooks Parker.

Judge Parker is fifty-two years of age. He is nearly six feet in height, broad-shouldered, straight as an arrow, with clean-cut features and eyes that have a piercing though kindly gaze. His personality is markedly distinguished, but there is nothing judicial about it. It has been said that if ten men who never laid eyes on the Judge before and did not recognize him from his picture were asked for an opinion as to his station in life, probably the majority of them would set him down as a bank president or a leading financier, but it is safe to say that none of them would pick him out for a judge. That is owing to the preconceived notion which most people have about any judge—that he will be either a man of ascetic countenance, indicating

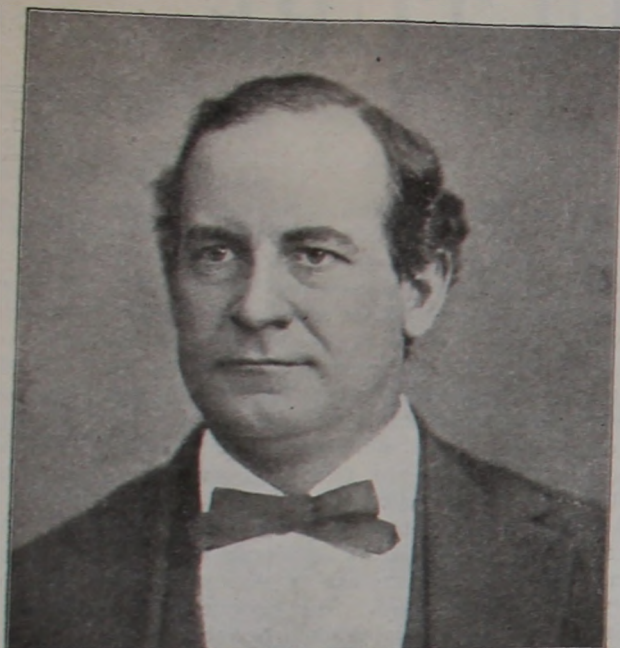


late hours and an innate studious nature, or an absolute indifference to physical culture, or a big strong man of severe and frowning mien. Judge Parker does not fit in with this conception. He represents fairly balanced temperaments, and is gifted by nature with good health and a magnificent physique. He manifests a fair degree of vigor without excess of flesh, and a good degree of endurance and elasticity. His head is large and well developed in the moral, esthetic and subjective regions. Judge Parker's success in life can be attributed in the main to the early and unerring selection of a profession to which youth and manhood were devoted with a love and devotion that knew no limit. His ancestors were farmers. His parents were not able to send him to college, or even take care of him while he

was trying to find a foothold. He was consequently forced to rely upon himself and after completing an academic course he hoped to be able to complete his education at Cornell University. The dream of college life faded away. Reluctantly he was obliged to give up the hope of a broad training for his profession and to think of the old fashioned approach to the bar through the office of a preceptor. Here we have one of the keys to Judge Parker's success. Look at his face. In repose the jaws suggest firmness almost to severity, the full square chin completing a face indicating in its strong lines a mind behind it. The faculties of Continuity and Firmness are large. The lower temporal region is decidedly negative, when compared to the middle temporal which is decidedly positive. Herein lies the first great point of difference between him and Mr. Bryan. He ranks but average in physical activity and in the faculty of Destructiveness. His organic fiber is dense and compact, and in speaking he would be inclined to use his hands but little. He lacks the strenuousness of a Roosevelt and the magnetism of a Bryan. He is ultra conservative and secretive. He manifests a very high regard for things beautiful. He reveals very large Ideality, Order and Approbation. It is said of him, that when in Albany he invariably puts on evening dress for dinner. He is a stickler for etiquette, good clothes and good meals, but withal democratic in his relations with the people. He is decidedly agreeable and easy of approach. He ranks but average as a judge of character. He possesses strong reasoning power, has great natural ability to assimilate what he reads and is a competent critic. He is naturally broadminded and catholic in his tastes, be it literature or politics. He reveals but an ordinary amount of Combativeness and dislikes contention. One would not look to Judge Parker to advance or advocate any new or startling political theory. Not that he never theorizes, but simply owing to the fact, that he is innately practical, cautious and reserved. He never forsakes a certainty for an uncertainty. Here again he is diametrically opposite in character to Mr. Bryan. He is naturally a home lover, his affection for children being especially idealistic and tender. His chief delight seems to be in holding his grandson, of whom he is inordinately proud.

William Jennings Bryan.

"I am in earnest, I will not equivocate, I will not excuse, I will not retreat a single inch and I will be heard," words indicative of supreme determination, uttered by the brave and persistent Lloyd Garrison, during the anti-slavery agitation, springs into my mind upon meeting William Jennings Bryan. With health, vigor, buoyancy and energy, well organized, refined, appreciating the ideal as well as the real, tendencies upward rather than downward he is splendidly calculated by nature to meet life in its realities and conform to its every demand. The impression that one gets from a glance of Mr. Bryan is that he is a thorough fighter. The development of his cranium as well as the lineaments of his physiognomy indicate this clearly. He possesses the chin and nose that bespeak great courage, resistance and defiance. He is a very volcano of suppressed force and ambition. He is, however, ordinarily cool, deliberate, calm, not given to extremes of feelings. Whatever the difference of opinion prevalent as to the expediency of the theories advocated by Mr. Bryan there should be none as to his



absolute honesty in their belief and in himself. He is not necessarily egotistical, but manifests, nevertheless, a very good degree of self-confidence and self-respect. He is not only honest and loyal to duty as he sees it, but is naturally disposed to regulate his conduct by the standard which he believes right, and in performing his duty will sacrifice personal interest and will not allow himself to be interfered with by any consideration of friendship or affection. Conscientiousness being strongly developed he is inclined to place a very high standard of morality for self and others and will in general, owing to his strong tenacity of will, and naturally combative disposition, be more just than generous. He is unchangeable, will undertake much and never give up; he might be convinced by logic, but then the issue would again depend entirely upon what he deemed logical. He is very contentious, very decided and persistent. It is after seeing his face in repose, the strong jaws, energetic nose, the protruding chin, thin upper lip, keen and calculating eyes that sparkle with enthusiasm, every fiber of his body quivering with suppressed energy; the full developed upper back head, that always means "If at first you don't succeed try, try again," and the wonderful acumen he displays as a judge of character and a handler of men, coupled with his wonderful oratorical ability and magnetic personality, that one begins to understand in a measure the reason of his wide renown. His reputation as an orator is well known. He possesses the necessary vitality and recuperative power necessary for the highest order of success as a public speaker. He reveals strong Destructiveness, strong Ideality and Sublimity. Added to the above we find strong Individuality and Comparison and good organic grain. He has an emotional temperament and can be bitter and sarcastic, as well as most ardent and pathetic. He commits to memory with great facility and recites verbatim with but little effort. He manifests strong Approbativeness and would in consequence be careful in the selection of words, but he is deficient in caution and generally inclined to say too much, rather than too little. He likes praise, that is merited, is desirous of the respect of everybody, is very affable and agreeable. Agreeableness and Mirthfulness are two strong characteristics. He delights in conquests, not alone because of the honor involved as from the satisfaction of having won. He feels defeat terribly for a time, but soon recuperates

and owing to his "never-say-die spirit" and indomitable pluck would go after it again harder, if possible, than ever. He reveals some Hope but not to that extent that he deems "hope and hustle inseparable." He is orderly, believes in system and regularity; this applies also to his personal attire. The posterior part of the cranium is well developed. He is fond of home life in all that it implies. He excels in the subjective intellect, the reasoning faculties, rather than in the objective or perceptive faculties and is in general more theoretical than practical. Mr. Bryan belongs to that class of men who wish to work as well as to think and who succeed best when on their feet carrying into effect their enterprises. His mentality is such that he will always be a power in politics and as such must be reckoned with as well as recognized.

William Randolph Hearst.

"The papers must be delivered on time, at the price agreed upon, or I will build or purchase competing lines." The speaker was William Randolph Hearst. His remarks were addressed to the managers of the various steamship and railway companies who had contracted to deliver Mr. Hearst's paper, the San Francisco Examiner, to the several cities throughout California and were determined to violate their contracts, owing to the pressure brought to bear upon them by the owners of so-called conservative papers, who had already begun to feel the



inroads made in the circulation of their papers by the originator of so-called "yellow journalism" in America. The trust magnates simply scoffed at the idea of "Billy" Hearst, as he is generally known, building or purchasing railroads for the express purpose of delivering the Sunday issue of the San Francisco Examiner. How they ridiculed him. "That boy Hearst, who never earned a dollar himself, the fortunate possessor of twenty millions of dollars left by his father, to antagonize us. Let him go ahead." And Mr. Hearst did go ahead. He purchased boats and railroads and so humbled his unfair competitors, who were determined to drive him out of business, that they were glad to make peace at any price. His antagonism

against the unlawful combination of capital, as well as his great success as the owner and editor-in-chief of eight prosperous daily newspapers dates from that time. Mr. Hearst is distinctly a doer. He has a good physique and is mentally active. He manifests strong Firmness, Continuity, Self-confidence and Approval. He is also Combative and inclined to stick to that which he deems right. He is intensely ambitious, will not be outdone, and will work till completely exhausted in order to eclipse rivals. He is naturally reserved; Secretiveness is strongly developed and he is apt to say too little rather than too much. Whilst he reveals a fair development of the faculty of Language, he would never take high rank as an orator, conversationalist or raconteur. His forte is in writing rather than in speaking. He possesses strong Human Nature, is a good judge of character, and endowed with a remarkable power for analyzing and comparing. Owing to the large development of Secretiveness, Comparison and Human Nature, in an argument, he would be apt to play the waiting game, draw his opponent out, listen attentively, respectively, gathering the weak points in his adversary's argument, and when through, tear it to shreds before his very eyes.

In comparing the three men, it would be correct and fair to say that, whilst Mr. Hearst is not as logical as Mr. Bryan, neither is he as practical as Judge Parker. Although Mr. Hearst belongs to the so-called radical wing of the Democratic Party, of which Mr. Bryan is the acknowledged leader, he is the exact antithesis of Mr. Bryan, not in his views, but in his personal characteristics. He is as deliberate as Mr. Bryan is quick, as reserved as Mr. Bryan is open, and as serious as Mr. Bryan is brilliant. He is but fairly social, and notwithstanding his well known advocacies in the interest of the masses, is at heart an aristocrat and exclusive in his friendship and affection.

THE TEMPERAMENTS.

Their Indications of Character and Relations to Health and Disease.

By Virgil P. English, M. D.

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Chapter I—Ancient Medical Classification.

At a very early period in the world's history, men began to observe certain marked differences between the bodies of some men, women and children, and those of others.

They saw that one person was tall and slender; another broad and fleshy; one was light and florid in complexion, and another was dark and swarthy.

They also observed that there were equally marked contrasts in the dispositions, talents, endurance and capabilities of different persons.

One person was seen to be quick and active; another sluggish and lazy; one was cheerful, hopeful, optimistic and expectant in disposition, while another was gloomy, melancholy, pessimistic and despondent; one was timid and shrinking; another bold and aggressive; one was easily fatigued and exhausted; another had great strength and endurance.

It was also discovered that a person's build, contour and complexion were, in some mysterious way, intimately related to his disposition, character, talents, strength and endurance. It was seen, for example, that it was the slender persons that were quick and active, and that those who were fleshy and heavy were sluggish and lazy. Persons of a light, florid complexion were found to be more cheerful, hopeful and changeable and to have less courage, aggressiveness, intensity, constancy, strength and endurance than those of a dark complexion. And those of

a dark, swarthy complexion, were found to be the ones that were most subject to attacks of dejection, melancholy and despondency.

It was also observed that persons of a certain general build and complexion were peculiarly liable to certain kinds of weakness and diseases, while other persons of a different build and complexion were peculiarly liable to another class of deficiencies and diseases. A third and fourth class of men and women were found to be peculiarly liable to still other diseases.

In their attempts to account for these differences in human beings, the ancients hit upon the following explanation: They thought that the human body is largely composed of four humors or fluids. These supposed fluids they called blood, phlegm, yellow bile and black bile. And they concluded that these fluids exist in different proportions in different persons. In persons of a light, florid complexion, there was supposed to be a larger proportion of red blood than of either of the other three fluids. Hence these persons were called sanguine. (Sanguis—blood.)

Persons who were fat, heavy, sluggish and lazy were supposed to have more phlegm than either of the other three fluids, and these persons were consequently called phlegmatic.

Those in whom there was thought to be a larger proportion of yellow bile were called choleric.

And those in whom the black bile was thought to overbalance the other three fluids, these were called melancholic.

These four supposed fluids were believed to temper the body; and the temper or temperament of a person was thought to be determined by the relative proportion of each of these fluids in the body.

For example, men and women of the choleric temperament were believed to have in their bodies more yellow bile than the quantity required to form a harmonious mixture with the other three fluids; and those of the melancholic temperament were supposed to have an overbalancing supply of black bile. Those of the sanguine temperament were thought to have an abundance of red blood, and the phlegmatic people were supposed to have too much phlegm.

According to these ancient ideas there were, therefore, four great classes of men and women. The following diagram exhibits this classification:

EARLY MEDICAL	}	Sanguine,
CLASSIFICATION		Phlegmatic,
OF THE		Choleric,
TEMPERAMENTS.		Melancholic.

The following are the descriptions of these four classes of people, as given by Paulus Aegineta, an ancient physician. (I quote from "The Temperaments," by Dr. Jacques.)



"THE SANGUINE

Continued on Page 91.

CRIMINOLOGY.

Its Fundamental Psychology.

L. A. Vaught.

The constitution of human nature points with unerring certainty to the sources of criminal tendency and talent. This is true by virtue of the very make-up of human nature. The natural elements of human nature fully explain the various powers, talents and tendencies manifested by mankind. These elements are some forty-two in number. They are genetic and have specific functions. They also have definite locations in

sibility in just the same sense that a savage is a possibility.

If certain higher elements are predominant, positive criminal acts cannot be committed.

There are two of these that are more important than any others in inhibiting criminal tendencies. They constitute chiefly what may be termed moral self-control. They lift one higher



the brain. Their localization is as definite as that of any part of the anatomy of the body. Their functions and locations are now known.

All good and all evil tendencies spring from these elements. At the same time no element is inherently evil. All criminal tendencies are possible only because of a deficiency in some of the higher elements. This makes two sides to criminality, one positive and the other negative. A positive criminal is a pos-

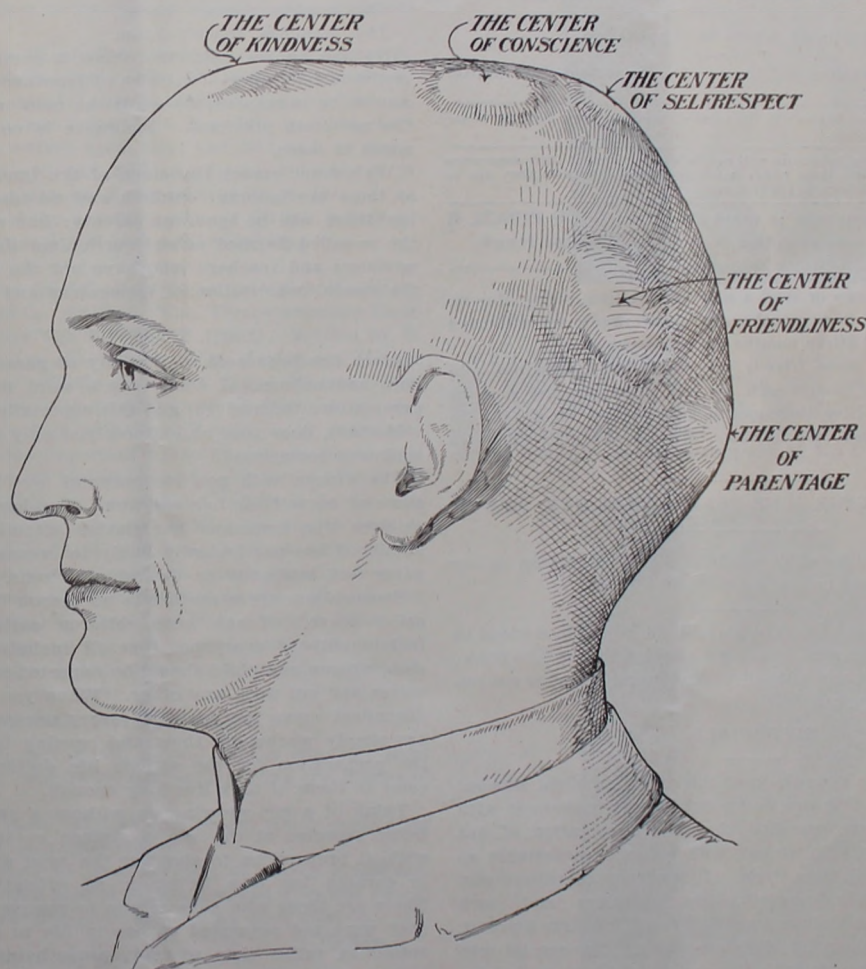
in the sense of moral stamina than all the other elements. They give one more moral resisting power than can be gotten from any other source. They may be said to be one's moral armor.

These two elements are Conscientiousness and Self-esteem. Each is a distinct, fundamental element. Each has a distinct function and localization. This localization can be determined definitely.

A deficiency of these two elements, therefore, is the chief reason that crime is possible. With these two elements dominant it is impossible for one to be a criminal. On the other hand, if these two elements are deficient, one may have all of the other elements that constitute a human being and yet become a criminal. It is even easy to become a criminal of some kind when these two elements are deficient. No one nor all of the other forty elements of the mental constitution will make one absolutely safe.

These two elements, therefore, are at the very heart of criminality so far as permission and prevention are concerned. By their deficiency they permit it and by their dominance they prevent it.

central faculty of human industry and business, there will be little commercial, saving, accumulative tendency, and the individual will not like to earn money. Such a one will not be thrifty. Thrift, in the positive sense, is not possible without Acquisitiveness. There are those who are so weak in this element that they dislike to earn money. Yet all have desires, more or less strong, to gratify. To gratify these, money is a necessity. Hence, when a young man with weak Conscientiousness, Self-esteem and Acquisitiveness finds himself in any situation which arouses a strong desire to gratify any other element of his nature and is without money he can easily resort to some dishonest method of getting it. Conscientiousness and Self-esteem are not in the way,



Let us suppose a child born with a rather weak degree of these two elements; there will not be enough inherent love of truth nor enough inherent self-respect to spontaneously tend toward a truthful, honorable, personal life. Then if the child has any strong selfish element there will be no doubt about it becoming some kind of a criminal, if circumstances are at all favorable. If Amativeness is large in such a defective child the tendency will be specifically toward sensuality. This will lead to sexual depravity and probably criminality. If Alimentiveness is large and Amativeness weak there will be a tendency to intemperance in eating and drinking, which may lead to drunkenness and therefore to crime. If Acquisitiveness is weak, which is the

and having a dislike to earning money he therefore falls back upon his other strong faculties. In common parlance, he uses his "wits." He will then naturally and instinctively drop into that kind of dishonest life that his other faculties most vigorously prompt him to undertake and fit him for. This is a self-evident fact. Just as surely as Conscientiousness, Self-esteem and Acquisitiveness are negative in the mental make-up of any child when born it will become some kind of a criminal, unless these deficiencies are recognized by the parents and special efforts made to develop them.

The question of criminality, then, rests more nearly upon a negative condition of these three elements in the mental constitution than upon a positive development of others. In

Continued on Page 92.

HUMAN CULTURE

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EDITORIALS.

You are willing to concede that this is an excellent number of Human Culture. We are doing our best to improve it with each issue. However, we find that the co-operation of our readers is necessary. So we say with as much earnestness as we can—If you like it, pass it on. If you know of anyone who can be benefited by a knowledge of themselves and such knowledge as Human Culture can give them, let them know it, even force it upon them for their own good. Our special mission is to acquaint people with themselves and how to develop themselves mentally and physically. Our Gospel is the Gospel of Growth. Help us to spread it. We believe you will. Don't allow this to go over the top of your head, thinking it is meant for the fellow behind you. It isn't, it is meant for you.

In view of the recent harrowing account of the trial and execution of the three unfortunate young men, whose history is fresh in all our minds, we think it timely to publish the article "Criminology," (elsewhere in this number), which states plainly and in no uncertain terms the faculties and the lack of what faculties are concerned in the making of a positive criminal. Ignorance, black ignorance, stalks through the land.

Those who deal with the molding of immortal souls, from the cradle, from the schoolroom, or elsewhere, cannot afford to be without a knowledge of the elements of human nature.

We affirm confidently that the time is drawing near when it will be as much expected of teachers and parents that the latent faculties of each individual child are understood, considered and treated, as that the multiplication table should be mastered by the teacher before it can be taught the pupil, or that the mother should know that eating too many green apples will give a boy colic.

As it is now, his natural propensities, not being understood, they are augmented or restrained, as the case may be, by his environment whatever it happens to be.

The parent doesn't know.

The teacher doesn't know.

The preacher doesn't know.

No one knows, until the crime is committed, and then this victim of ignorance—centuries of ignorance, is held responsible. And so he is responsible—so is the man or beast who falls over the mountain precipice. Ignorance is no excuse. It only remains to learn.

We cannot expect too much of the ignorant parent—as long as there are ignorant children and no teaching or false teaching, there will be ignorant parents; but what shall we say of the so-called finished school curriculum that turns out doctors, ministers and teachers who have not the first tangible idea of the mental constitution of themselves and their charges?

Much has been said of the duty of parents to their children, born and unborn. I would say a word in regard to the duty parents owe themselves, and this especially to mothers.

Mothers, does your child know you only as its servant, nurse, cook and seamstress?

The woman with positive parental love is so apt to make a slave of herself for her children. Let her remember that the children who command her slavish attention throughout their childhood are not logically likely to become considerate future wives and husbands or desirable citizens.

Because you are a mother is no reason that you should be a galley slave. Teach your children early the freedom and individuality of everyone, yourself included. Each individual man, woman and child should be expected to depend upon themselves and not upon any other. When you make your children dependent upon you for their every necessity and luxury, you are simply weakening them and causing them to lose time in the preparation for the serious life duties that are bound to come to them, if they live long enough.

Think of a girl growing up without a care or responsibility, being expected at the age of sixteen or twenty, suddenly and without preparation to shoulder the most arduous duties, either in earning her own living or of wifehood and motherhood. There are those who have reason to reproach their parents that they were not requested earlier in life to rely upon their own resources, rather than so many props being furnished for them to lean upon. It is a very serious mistake—this matter of furnishing props. Character is only developed by relying upon oneself. The baby only learns to walk by standing upon his feet.

This does not mean that we should not assist the child or the weak brother, but it should be assisting them to help themselves through self-development. Have you heard of the man who succeeded in lifting a large animal by commencing when the animal was born and lifting it every day? In this way he prepared his muscles for the increased weight of the animal. Just so should children be prepared for the large responsibilities of life. I think it would be safe to say that a great deal of misery, pessimism, broken health and ignominious failures

Game of Character Reading, 90 Illustrations by Prof. Vaught, - 50c.

are attributable to trouble and grave responsibilities coming to those totally unprepared.

The idea of ownership is a rock upon which many otherwise happy homes are wrecked. The husband has an idea that his wife belongs to him; the wife thinks the same of her husband. In reality they have simply covenanted to be companion and friend each to the other for the years of their earthly life, and to assist each other during these years in fulfilling the duties and responsibilities necessary for the growth of their souls. The children are allowed to believe that the parents exist mainly to take care of them. In truth this is not so. We are not slaves. We belong to no one and should be responsible to no one but ourselves. Homes should not be founded upon ownership but upon partnership. Every member of the home should be a partner and a sharer in its responsibilities to the extent of his or her strength.

So, mothers, do not do all the doing for the children; let them do some of it themselves. Also let them do something for you. There is no greater cement for love than service.

The selfish faculties are fostered in the child and his character stunted who is waited upon hand and foot and no sacrifices expected of him, to say nothing of the self-robbery in time, self-culture and pleasure on the part of the mother.

Be kind to the child by teaching him to fill an individual place and to be his biggest and best self every day.

We want to call your special attention to the series of articles which begin this month, entitled "The Temperaments—Their Indications of Character and Relation to Health," written by V. P. English, M. D., author of "Mind and Its Machinery," "Plain Talks to Young Men," "Plain Talks to Young Women," etc. Dr. English has made a thorough study of Phrenology, and traveled in the lecture field with Prof. Vaught many years ago. However, he treats this important subject from the physician's standpoint, augmented by his fifteen or twenty years of medical practice. Begin reading this series and follow it to the end, and if you would like any of your medical friends to read it, send us their names and we will send them sample copies. Physicians need above all things, in professionally treating people, to know more of their temperaments. Beyond any possibility of contradiction, there are many people killed annually through ignorance on the part of the physician as to what amount of butchering and dopping the poor patient can stand.

PROVING PHRENOLOGY.

Under this heading each month we will publish clippings, short articles or illustrations directly or indirectly proving the Science of Phrenology.

All clippings or short original articles sent which would come under this heading will be published here.

We ask all our readers to send anything of interest in this connection and let us see what kind of evidence we can give that *Phrenology is staring us in the face every day and we don't know it.*

EDITOR.

What object lessons are the newspaper cuts of men, women and children who are remarkable for some specialty or feat. They cannot help but be if they are true likenesses, as the individuals could not be remarkable in their particular direction if they did not have the constitutional make-up to be so. We give here a few of those which came to our notice, which to us and to you have a "thousand dumb mouths" to tell the bent of their individual talents and personalities. Next month we will show the "most original Editor in the State of Illinois," and others.

First, we will take Howard Chandler Christy, the man who is the creator of the famous "Christy Girl." He ranks among the first of American artists and illustrators.



HOWARD C. CHRISTY.

What is the first faculty that phrenologists look for in a portrait artist? The faculty of Form, indicated by width between the eyes. This faculty and also the faculties of Constructiveness, Ideality and Spirituality, also the Perceptive faculties are shown positively in this photograph of Mr. Christy.



GOVERNOR BAILEY.

Governor Willis J. Bailey, of Kansas, bachelor, who the newspapers claim has refused two thousand proposals of marriage since his election. We can readily believe from the comparative size of his back-head that he is not overwhelmingly inclined toward "buckling to." What do you think?



A DANGEROUS RIDE DOWN LONG HILL.

A STORY FOR CHILDREN.
By Hosea P. Myers.

The C—— Railroad runs through a country noted for its variety of scenery. For a long distance it passes through dense forests, then into an open country where the pioneer has laid the mighty forests low and now appear fertile farms dotted with happy homes. Leaving civilization with its heavy population, the road passes into a broken country, climbs great hills and plunges through deep ravines which lie along its course.

One bright morning in the early part of June, 1902, a large number of men in charge of a civil engineer, were constructing a difficult piece of work on Long Hill, the approach to the top of which was a grade that rose higher and higher for many miles until it reached a level that was known as the highest point on the road. While thus engaged, the civil engineer received word that the president of the road was on a tour of inspection and would arrive within an hour to examine the work being done there. About eleven o'clock in the morning the workmen heard the sound of an unfamiliar whistle and as they looked up saw one of the finest type of engines on the road pulling a handsome palace car. A chorus of voices exclaimed, "It is the president's special."

The train pulled on to the side track and the president, accompanied by his two young children, Robert and Lucy, stepped from the car. In order to improve the short time that he had to spare, he began at once to inspect the work and engaged in conversation with the civil engineer in charge.

The children at first followed their father from place to place with great pleasure but soon lost their interest. They then began to look for some other kind of amusement and found a hand car standing on the main track just above the brow of the hill.

In a few moments Robert had assisted Lucy to climb on the car. He then began to shove it. By hard work he soon had it at a point where it would run without being pushed and then jumped on himself. As the car began to gain speed Lucy shouted: "Papa! Papa! Look, see what a fine ride Robert and I are having."

As the president caught the sound of Lucy's voice he looked up quickly from the work that he was watching and realizing at once the dangerous situation that his children were in, he called loudly to the workmen nearest to the car, "Stop the hand car, stop the hand car." The men made a desperate effort to reach it but failed; for now, each revolution of the wheels caused the car to move with increased speed.

The president knew that it would be useless to pursue the car and quickly pulled a time-table from his coat pocket in order to learn at what time a train was due from the direction in which the hand car was going. Yes, there to his horror, he saw that the fast express was due in six minutes at Dover, a flag station located at the foot of Long Hill, and he cried, "O my poor children, they will be crushed to death." Then instantly, with a determined look he rushed towards his private car and observing his telegraph operator on the rear platform shouted to him, "Tap the wire! Telegraph Dover! Flag and side-track No. 5!"

The operator, who had noticed what had taken place, was an active young man and always ready to act promptly when on duty. He immediately realized that it all depended upon him to save the children, and rapidly climbed the nearest telegraph pole, attached his instrument to the wire and flashed the message to the station. While the operator was at work, the president, with his large field glass, stood looking down the long steep grade. There, a long distance ahead he could see his children clinging to the small car, which, in its swift descent appeared almost to leave the shining steel rails that supported it. On looking further down the track, he saw the smoke of the fast express which was coming around a sharp curve. In a few seconds more it would meet the hand car and all would be over. A feeling of anguish almost crushed the father. Just then a man with a flag in his hand rushed on to the track and wildly waved it. The express instantly slowed up and passed on to a side track. The hand car with the children rushed past the station and at some distance beyond was stopped.

The children were picked up by the express and in a few minutes were brought back to their father, who wept for joy, as he clasped them in his arms.

THE MANLY BOY.

Both He and His Opposite Are the Result of Home Training.
By Helen Clifton.

There are some boys whose tendency is to be brutal; there are others whose tendency, whether natural or inherited, is to be dreamy and unpractical. Both bents can be corrected, and the fault lies with the mother if one boy grows up a brute and the other a "sissy." It is useless to try to deprive the boisterous boy of his strength and to try to make him act like the gentler lad, because he won't. But he can be taught that his strength is for an object—to protect those weaker than himself. He can be taught honor and courage and so called "military" qualities. His overabundant vitality can be directed toward athletics and contact with other strong lads will rob him of his bravado. Above all, the love of home must be fostered in him, and this can best be done by making home a pleasant place, where he is not perpetually squelched or expected to have the qualities of a girl, but where he is appreciated as one of the protectors of the household and where he has comfortable quarters of his own in which he can receive his chums.

The overgentle boy, on the other hand, needs different treatment. He should be encouraged to drop books and choose his friends among the really "alive" boys of the neighborhood and never among dreamers like himself. If possible he should be sent to a military school or made to join some athletic organization. His sensitiveness should not be humored and his spirit should be aroused—if necessary by sharp treatment. Above all, he should never be coddled by his mother, and she should never be a slave to him. More than other boys, he should be taught to swim, to sail a boat, to shoot and to depend on his own resources. If necessary he should even be entirely separated from his books and sent out in the woods to rough it. Manliness is far more important than book knowledge to a man. It helps him through half the difficult situations in life and wins for him the respect and esteem of his fellow men.

or Hot and Moist Temperament, is more fleshy than is proper, hairy and hot to the touch. Persons having this temperament in excess are liable to putrid disorders."



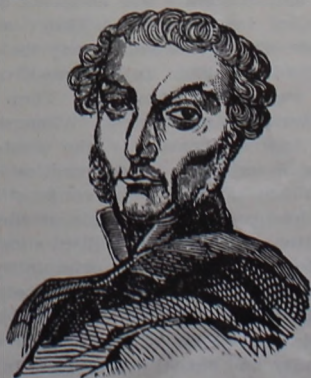
"THE BILIOUS."

or Warm and Dry Temperament, is known by abundant dark hair, large and prominent veins and arteries, dark skin and a well articulated muscular body."



"THE PHLEGMATIC"

or Cold and Moist Temperament, is gross, fat and lax. The skin is soft and white; the hair, tawny and not abundant; the limbs and muscles weak; the veins invisible, the character timid, spiritless and inactive."



"THE MELANCHOLIC"

or Cold and Dry Temperament, is known by hard, slender and white bodies; small muscles and joints, and little hair. In disposition, persons of this temperament are timid, spiritless and desponding."

Thus originated the word temperament. Later discoveries

have disclosed the mistakes of the ancients in regard to the four supposed fluids. But they were not mistaken in regard to the four classes of human beings; and they were not mistaken in regard to their descriptions of the characteristics of each class. They were mistaken, simply, in regard to the causes that produce these various characteristics.

Who it was that first made this classification, and at what particular period in the world's history, nobody seems to know. But it is certain that the date was a very early one, from the fact that early medical records show that medical men were familiar with these ideas a great many hundred years ago.

As new discoveries were made from time to time, medical men gradually changed their opinions in regard to the causes that produce these variations in the human body, and one after another, most of the old names of the temperaments were changed by subsequent writers, who substituted new names in order to better express modern ideas regarding the causes that produce these four classes of human beings. These various changes have continued, in fact, until the physicians now have a new classification that employs, with a single exception, new names. The one name in the old classification that has been retained is the sanguine. Physicians still believe that the ancients were practically right in regard to this temperament. Modern descriptions of the sanguine temperament are, however, much more complete and accurate than those of the ancients.

The illustrations that I submit herewith are taken from a book by Dr. Spurzheim. This book appeared early in the Nineteenth Century. But Dr. Spurzheim seems to have given but little thought to the temperaments, and to have made no original investigations along this line. Consequently I conclude that these illustrations accord with ideas that prevailed for a considerable time before Spurzheim's book appeared. That Spurzheim simply described what was then accepted as the correct explanation of the temperaments. If this is true, these illustrations represent the ideas that prevailed long before the year 1800.

In our next chapter I will explain the modern medical classification of the temperaments, the characteristics of each, what modern physicians say regarding the tendencies of the people of each temperament to certain diseases.

In subsequent chapters I will describe the phrenological classification. A simpler, better and more useful classification.

THE CREED OF WORK.

Let others frame their creeds; mine is to work;
To do my best, however, far it fall
Below the keener craft of stronger hands;
To be myself, full-hearted, free and true
To what my own soul sees, below, above;
To think my own thought straight out from the heart;
To feel and be and never stop to ask:
"Do all men so? Is this the world's highway?"
To look unflinching in the face of life
As eagles look upon the noonday sun;
To cut my own path through primeval woods;
To lay my own course by the polar star
Across the trackless plains and mountains vast;
To seek, not follow, ever till the end.
And for the rest—bare-handed have I come
Into this world, I know not whence or why,
Bare-handed and alone and unafraid,
With heart of fire and eyes that question still,
Will I go forth into the wide beyond,
As went the men who bore my blood of old
To Eblis or Valhalla, nothing loath.

—Everybody's Magazine.

PHYSICAL CULTURE.

By Albert Whitehouse.
Summer Precautions.

It will be appropriate this month to add something that is in the line of prevention, the best field of action for physical culture. Prevention is better than cure or counteraction, but it is most difficult of inculcation seemingly. In the month of May most people are looking forward with eagerness to the summer weather, many invalids are anxiously longing for it to improve their condition—not all invalids, however, for there are some forms of nervous diseases which are not favored by hot weather. In the springtime as the temperature rises there is with many people a feeling of lassitude experienced, and which is called spring fever. This is due to a condition of the blood arising from more heat being generated than is necessary. At the approach of warm weather the diet should be changed and lessened. If that is done there will be no need for spring medicines or tonics as has become quite a habit. The clothing also should be judiciously changed. To go through a hot summer season without leaving the body in an enervated condition at the end it is necessary to pay due attention to hygienic living. It is in the fall season that there are so many cases and deaths from fevers. This is owing to the two facts that the hot season is favorable to germ life, and that the resistive powers of the body are lessened in so many instances. One of the most important factors to good health in hot weather is the diet. Light meals are advisable and little flesh meat. Care should be taken with under-ripe and over-ripe fruit. Ice water should be tabooed. It is well to have the water cooled with ice, but not drunk at a freezing temperature. Stimulants should be avoided altogether. By judicious bathing the skin may be kept properly active and allow free perspiration. Persons who perspire freely are in no danger of prostration in the hottest weather. A summer cold is very annoying and lasting one and can be avoided by taking care not to cool off too quickly after being heated and perspiring freely. Sea-bathing is healthful if indulged in with judgment. The baths should be of short duration and preceded by sun and sand baths which are really more beneficial than the dip in the salt water. In taking sun baths the head should be covered. The cold morning bath is not so invigorating in summer as it is in the winter and had better be substituted for a tepid bath at night before retiring. Never take cold baths when feeling fatigued. The warm or tepid bath at night is most conducive to sleep. The summer clothing should be as light in texture and weight as will allow sufficient warmth on the cool nights. Underclothing should be frequently changed. In the hot weather the inclination is to make as little physical effort as possible. On that account the functional activities are likely to be lessened. It is well therefore to keep up some light exercise regularly.

The discomforts of the heated season may be lessened by assuming a right mental attitude towards them. The persons who always meets you with the remark, "Ain't it hot?" "Ain't this a sizzler?" are the ones who are most affected by the heat. Better to put yourself in an attitude of making the best of matters and act as coolly as you can.

With due attention to the matters I have pointed out there is no reason why you should experience any discomforts of a very hot summer or find yourself enervated towards the end of it. One should express more energy in hot weather; it is then that the race horses and athletes perform their best feats.

Queries.

Ques. How long should a respiratory exercise course be continued?—L. E., Chicago.

Ans.—Until the habit of deep and full breathing has been established.

CRIMINOLOGY.

(Continued from Page 87.)

the majority of instances a criminal organization is more of a negative than a positive one. In other words, a criminal is, strictly speaking, a defective. He is not simply defective in some general sense. He is specifically defective, and I positively affirm after years of the most careful investigation of the constitution of human nature as found in all classes in the United States, and an examination of more than fifty thousand men, women and children, that the specific defects of anyone that permit him to become a criminal, are the three above named elements. They are the trio that should be considered. I am positively sure that a deficiency of one or all of these constitutes the specific defects in the mental constitution of every criminal that has ever lived. It cannot be otherwise. The destruction of both eyes prevents vision. The destruction of Conscientiousness and Self-esteem makes one as specifically morally blind as the destruction of the two end organs of sight make one visually blind. One can certainly have one of the five senses so injured or defective that he is incapable of using it. He then is blind or deaf as the case may be. This can be applied to elements of the constitution of the mind just as definitely as to the five senses. A deaf mute is specifically defective. A blind man is specifically defective. A natural criminal is just as specifically defective. He is not defective in any general sense. He is elementally defective. He is specifically defective in Conscientiousness in every case, and in the majority of cases he is specifically defective in Self-esteem and Acquisitiveness.

Unite Benevolence, Friendship and Parental Love with Conscientiousness and Self-esteem and the highest possible array of natural moral elements is formed against committing any kind of injustice. These five elements constitute the strongest degree of inherent love of that which is honest, noble, high-minded, good, humane, philanthropic, etc. They make the highest possible humane, moral character, and therefore are the bulwark against which all of the lower elements may strive in vain. When these five elements are positively dominant in the mental constitution of humanity, all brutal crimes will be prevented. Then criminality will be destroyed.

On the other hand there are five elements of a selfish nature that may be called law-breakers. They are the positive criminal elements, if any elements may be termed criminal. They at least lead to crime in the positive sense; without them no crime would be committed. They are Approbateness, Amativeness, Destructiveness, Alimentiveness and Acquisitiveness. Approbateness is the center of jealousy. This often leads to crime. In conjunction with Destructiveness it will lead to murder. In conjunction with Acquisitiveness it will lead one into all kinds of illegitimate schemes to down opposition and achieve selfish success. It leads a great many into some phase of criminality. However, it must necessarily unite with some of the other forty-one elements before any kind of criminal act can be committed.

Amativeness is the center of the "social evil." It is the center of sensuality and sexual depravity. In this way it leads to crime.

Alimentiveness is the center of intemperance. Nearly all drunkenness arises from the excessive or misuse of this element.

Acquisitiveness is the center of monopoly. All crimes that are committed in the name of business are stimulated principally by this element.

Do you know a child, woman or man with a brutal disposition? Then observe his head exactly where the tip of the ear touches the head when pressed against it. If you can locate one's ears you can locate Destructiveness. It stands out by itself sometimes like the half of an egg on the sides of the head. It stands out because the convolutions of the brain inside form it that way. Those who are so deplorably and dangerously ignorant of cranial formation as to facetiously denominate such elemental, genetic, natural formations of brain and skull as mere "bumps" ought to be pitied. It is criminal negligence to deceive innocent people by ignorant ridicule of a fact of such stupendous importance. So important that thousands of good lives might be saved from poisoning, murdering men and women, like the Benders, Tracy and Holmes. Let no dangerous, brutal man or woman escape. Let them be spotted instantly by all. Let children detect them at a glance. It will be the best thing for both parties. If all could read character at sight, dangerous people would have small opportunity to flourish. They ought to be read for their own best good. They ought to be read when babies. Better late than never, however. These elements ought to be seen in babies and "nipped in the bud" They can be. The most extreme case ever born can be reformed—if seen in infancy and the proper measures used. However strong these elements may be in children, they are not necessarily ungovernable. They can be regulated. They can be made to do good service. No human element is bad. It is only the unregulated and perverted use of these dangerous elements that make them dangerous. Seen and understood in infancy, they can be checked in their dominating power and the higher elements developed to that degree that the most vicious may be made self-governable.

Prevention is better and safer than cure. There is no necessity of letting a Bender, Holmes or Tracy grow to manhood with Destructiveness predominant. But where parents and educators neither know nor see, nothing else can be expected. Society is responsible. Ignorance is at the bottom of it—ignorance of the natural elements of human nature and their location in the brain.

Several years ago I examined Willie Sells of Osage county, Kansas, hardly fourteen years of age, who one night killed his brother, sister, father and mother. A properly taught five-year-old child could have seen at a glance that he had a bad head—a dangerous head. Yet all the rest of the family and all the neighbors lived with him for fourteen years and never detected the danger in him. Such blindness is not only unfortunate, but positively reprehensible.

It is the duty of parents to see these dangerous developments in their children. It is the duty of the teachers to see them in their pupils.

These elements should be seen in babies—not children—BABIES. Then they can be attended to. Then there is more likelihood that they will be attended to. Then children will not be permitted to grow to manhood and womanhood equipped for the destruction of themselves and others.

I have seen hundreds of both girls and boys go straight to vice and crime who had these two elements relatively too strong in their mental make-up—who could have been saved if their parents, teachers and ministers had had any definite knowledge of the elements of human nature, and particularly of these two.

It is unfair to children to give them these two elements in such dominant degree, especially where it is done by ungoverned tempers and passions in parents and grandparents. Parents do "set their children's teeth on edge by eating sour grapes." Then they punish them for it. Parents are responsible. Educators are responsible. Society is responsible. The state is responsible.

GETTING READY TO LIVE.

Emily H. Vaught.

Some of us are collecting a library—adding a valuable book now and again—to read? Oh, no! To lock up in a bookcase—to read when we get time. There is a time in the dim future when we will have nothing to do but read, read, read all day long. Then we will devour all the books which we would so much like to read to-day. Now, are we quite sure that time will ever come? And if it does, will we be able to enjoy the things that we would enjoy to-day? Or will we be so old that sitting in the sunlight whittling or knitting may tax all our remaining strength?

Some of us use all our time and strength in the getting of wealth—"something to educate the boys, give them a start (which we didn't get), and lay up a nest-egg for my old age, when the boys will be married and gone and I am alone." And what does the "nest-egg" amount to—a brown-stone house on the boulevard, carriage and fine furniture to enjoy (?) when the blood is stagnant and the shoulders bent and tired with the disappointments and toil of many years. If more time was spent in living with the boys, giving them of your experience, your love and yourself; if they were well born, well raised and well cultured, tied to you securely by the ties of love and gratitude, there would be no danger of their leaving your old age to want.

Oh, don't you know that living every day is what goes to make up a life. Read a little, think a little, work a little, love a little to-day. Don't let us be one-sided; let us make an effort to grow symmetrically. Consider the tree—does it grow all stalk until as high as possible and then commence to grow leaves? No, the stalk and leaves grow simultaneously, so that when maturity comes it is a fully developed tree—not one-sided. A young tree is just as beautiful and in its way just as finished as a matured tree; the only difference is in size.

Suppose your boy doesn't have the "start," teach him how to live and it will mean more to him in the long run. One of the greatest of men said that his parents didn't teach him how to make money; they didn't even teach him to respect riches, but by example and precept they taught him how to live. Incidentally he learned how to make money, as this is one of the necessities of living, but not the only one.

Let us use our intellect to remember our weak faculties, whatever they are—to give them sunlight and water and a chance to grow, so that our character may be symmetrical and perfect even as the young tree is perfect.

THE RIGHT START.

Chas. M. Armstrong, President Armstrong Business School, Hillsdale, Mich.

To start right is to know what you want to do. To know what you want to do, means that you want to study your own character, that you should study it from the standpoint of retrospect, looking back over the principal features of your father's and mother's, forefather's and mother's lives, and know what you possess by heredity. For all possess many things, and are given strong inclinations in various directions by hereditary influence, by what has passed into our lives as a peculiar conglomeration or amalgamation of the thoughts and desires of our progenitors.

It is therefore important that in the beginning, and at as early an age as possible, we scrutinize carefully and particularly these many and tremendous influences that have to do with our life and being. It is important from the especial standpoint that we may recognize in the lives of our ancestors,

the good traits, the real character building traits, those traits of character that make for the best of life, for power, strength and thought, for benevolence, justice and sublimity, not forgetting that there are other brain faculties that are good if influenced by the proper faculties or may be used vice versa if influenced by other faculties.

After a careful consideration of all the good and bad traits we find in the lives preceding ours, let us intently examine into our own personality and note well the same conditions within ourselves, and if we find that we are prone to some of the bad influences, in our thoroughly amalgamated existence, let us seek to avoid them, for life is too brief for us not to seek to do the very best we can, and we can avoid them if we set about it with that strong determination that is everyone's native birth-right, if they choose to use it.

Let us weed out the very germs of bad habits by not allowing the first thoughts or little rootlets of them nourishment or encouragement within us, for it is our own personal thought within our brain that is the propelling force of our personal actions. So it lies with us whether we encourage the growth of evil or the growth of good in our characters.

To start right, Mr. Holmes has said, "We should begin back at least one hundred years or more," but this we cannot possibly do; we cannot go back of, or even to, the very beginning of our lives, to say nothing of our ancestors.

We can only go back to where we began to decide between right and wrong. The beginning of these early decisions and the mighty importance of the increasing volume of them as we attain to the age of ten, twelve and so on up to twenty and twenty-five years, operates continuously throughout our lives, and especially through those exceedingly important character making years that decide largely what we will be in our maturer years.

As we would weed out the bad influences inherent within us that are thus suggested to our own individuality, let us also, with more decided energy, give all possible encouragement to each good impulse and thus to every good thought, that our character may be all that it ought to be for Him who created us.

With a right start and careful scrutiny of all decisions in regard to our continued actions, life will round out in a complete and beautiful whole. Hence, when we arrive at the closing, our retrospect may be one of pleasure and not of remorseful grief.

It stands to all young men and women to personally decide these all-telling, enduring points that as the years pass on, each may mount to the pinnacle of real contentment.

NOTICES.

The many friends of L. H. Womack will be interested to know that he is preparing to make a vigorous campaign for Phrenology in the lecture field 'way out west in Texas. Those who have read his articles from time to time in Human Culture know that he is an earnest thinker and worker. Much success, Brother Womack.

We are advised that the Lewis School for Stammerers will open a branch of their school in St. Louis during the World's Fair.

The Fourth New Thought convention will be held at St. Louis World's Fair, October 25th to 28th inclusive. Charles E. Prather, Chairman Publicity Committee, Kansas City, Mo.

Virilla Heights' Summer School of Metaphysics will hold its seventh annual session, beginning June 19th at Williams Bay, Wis., and continuing until the middle of September. For further

particulars address Dr. Alice Stockham, 70 Dearborn street, Chicago.

Albeth, a Scientific Proof of Immortality in the Flesh, by Leon Andruth. Paper 25 cents.

This is an interesting treatise on that most interesting of subjects—immortality in the flesh—not to be consummated, Mr. Andruth states, through proper diet, correct breathing, by concentrated thought, by sedular absorption, but by transmutation of sex energy, which he aims to prove in this little book.



WILLIAM HUBERT MILLER.

It gives us pleasure to introduce to Human Culture this month Mr. William Hubert-Miller, physical culturist, who next month commences a series of illustrated articles, which will without question prove of fascinating interest and benefit to the readers.

Mr. Hubert-Miller was born in Cologne, Germany, where he finished his early education, and since the age of 16 has traveled all over the globe. He is a cosmopolitan in the full sense of the word, being equally well at home in Germany, London, Paris, Buenos Ayres, New York and Chicago. For the past three years he has made Chicago his home, where he is engaged in teaching physical culture and writing and lecturing on the art of breathing and dieting. His athletic education has been international, having started in the German turning schools; he has studied and observed along these lines in Holland, England, France, South America, finally finishing in the United States. He is an absolute vegetarian, never eating anything which had to be killed, "not even an oyster." It has been over four years since he has tasted meat and if any one thinks this would prevent him from having strength and endurance, he would like to prove to the contrary with boxing gloves, foils or in running a 50 or 100 mile foot race.

From Pietermaritzburg, Natal, H. W. S. writes as follows:

I enclose the annual subscription to Human Culture. I unearthed your paper at the Public Library of this city and it filled me with interest.

From Clare, Mich., A. L. B. writes:

I have taken Human Culture for one year now and do not want it stopped. Enclosed find renewal.

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The Story of Three, a Phrenological Story by W. J. Sherwood.....	.25	1.00
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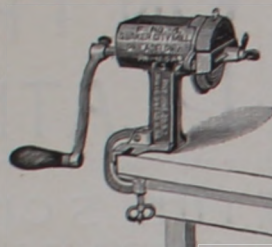
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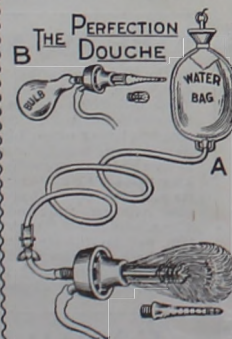
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Gem Style Fountain Hand Brush
Description same as Niagara
Gem Fountain Brush, with Portable Outfit, \$3.75
Gem Fountain Brush, with Bathroom Outfit, \$2.25

Safety Floor Mat
Is easily carried and emptied. Holds several gallons. Catches all spray.



Bathroom Outfit consists of an Allen Fountain Brush, six feet High Pressure Hose with Bulb Faucet connection. (Give diameter of faucet.)



Portable Outfit consists of an Allen Fountain Brush, a Sanitary Metallic Fountain (3-gal. Rubber Water Bottle can be used for Fountain sent in place of Metallic Fountain if ordered), Tubing, Pipes, etc., and Safety Floor Mat.

"SCIENCE OF THE BATH" greatest book on bathing, sent free. Responsible Agents Wanted. Ask your dealer or any outfit prepaid on receipt of price.

THE ALLEN MANUFACTURING COMPANY

423 Erie Street
TOLEDO, OHIO, U. S. A.