

Golden Rays



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Religion ? ?

By Dr. Richard W. McLain

Rev. Marta W. Mallery
Rev. Robert G. Chaney
Rev. Lytle K. Sensabaugh
Rev. Austin D. Wallace



A Chat With the Editor---

On The Splendor

Of The Autumn

As we have passed from the green grandeur of the Spring, through the ripening hues of the Summer, into the incomparable beauty of Autumn, we have reached the *ultimate in the expression of Nature*. As we reap the bountiful harvest, do we look beyond the view of physical substance? Do we look beyond the view of materialistic value or financial reward?

On a trip through Michigan into the Northern Peninsula the early part of last October, I was able to eye-witness the magnificent array of colors from Nature's own tray of paints. Visualizing three of the Great Lakes, Huron, Michigan, and Superior; Nature's own captivating waterfalls in their original beauty, and the enchanting spectral colors in the leaves of the trees—was an unforgettable experience.

From the flushing brilliant reds of the maples, shading into the intense dark yellow of the oaks, tinting the mellow greens of the cedars and many varieties of pines, softening in the splendid birches with their color-toned leaves, presented to me a landscape technique upon Nature's canvas that man can but hopefully anticipate in description and portrayal.

So many times we look at the Fall as the conclusion to passing fancies of the Summer and turn the pages for a new start—perhaps we do this with each Season, and yet is not the completed cycle of these periods but a replica of the cycle of man's earthly expression? In Nature we cannot blame the grandeur of Autumn upon a late Spring or a hot and dry Summer—we except the splendor of Autumn and then usually think of the freezing temperatures, snow, and ice of the oncoming winter.

Autumntime is Nature's presentation of its life expression for this cycle to be recorded in the Book of Life!

GOLDEN RAYS

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Healing Septenaries of the Spiritualist Episcopal Church

Wherefore, brethren, look ye out among you seven men of honest report, full of the Holy Ghost and wisdom, whom we may appoint over this business.—Acts, 6:3.

Do you have some bodily ill? Is there some problem or trouble lying in your path? If so, you will want to take advantage of the Healing Septenaries of the Spiritualist Episcopal Church.

“Glorify God in your body, and in your spirit, which are God’s.” (I Cor. 6:20.) Testimonials of spiritual healing are as important as silent acknowledgment to God, for many, who are thirsting, will be lead to this flowing stream of life energy through the offer of a cup of cold water in Christ’s name.

The spoken or written word of testimony in regard to healing offers faith to those who are earnestly seeking *peace of mind* and *health of body*—it extends a sustaining arm to assist in the revelation of a transcendent understanding and in the progress of a greater demonstration of a Natural Law.

As healing is the most beneficial phase of mediumship at present, we should like to print as many letters of testimony as we can on this page.

Please continue my name on your healing list as it has done wonders for me. I have been sick seven months with spasm of the stomach and a bad case of nerves. I have had such wonderful results!

—May Hinkley.

An eminent psychiatrist writes more of a new angle on an old subject—

Religion-??

By DR. RICHARD W. McLAIN

WHAT IS RELIGION? How did it originate? What is its purpose? These questions are pertinent to a study or discussion of religion.

Religion is not an "ism," a theory, nor a philosophy. In human consciousness, religion is an element, a factor, a principle, a psychic force. Religion is the sense of good and evil; it is the moral spark-plug controlling human behavior.

When God created man, He put into the organism many senses. For example, the physical senses of hearing, seeing, smelling, tasting, and feeling; the spiritual senses of good, evil, right, wrong, joy, grief, love, anger, affection, hate, passion, lust, regret, desire, worship, adoration, virtue, modesty—all of which create a *knowing sense* and sometimes *common sense*.

The sense of feeling is twofold, dual, involving both the psychic, or the emotional, and the physical phenomena.

The sense of good and evil, right and wrong, are to the spirit realm of human consciousness what the sense of hearing, seeing, tasting, smelling, and feeling are to the physical realm.

Religion is not man-made, it is

God-made; it is an essential part of the machinery God put in man when He created him. It is not a concoction, or material, prepared and doled out, at specified rates, by human organizations of any kind. It is an element inherent in the human creature from its beginning.

Religion is not something one gets after birth! It is one of the potentials at the time of advent into earthly existence. One may be foul and defile their religion by the exercise of will and the right of choice. So-called *conversion* is not getting religion, but the act of changing the quality of one's religion from an evil manner of living to a good one.

God alone, except the individual himself, can know, estimate, and judge the quality of a man's religion, behavior, conduct, and character. Man knows and realizes the quality of his religion through the manifestation and communication of spirit. (John 16:7-13)

Religion is as essential to the moral life and development of character in the spiritual being as is the eating of food, the drinking of water, or the breathing of air to the physical being. It is an inherent attribute of life, a factor in man's moral concept,

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comparable with hunger and thirst. "Blessed are they which do hunger and thirst after righteousness: for they shall be filled."

Religion is the sense to conceive good and evil, to evaluate their significance. It is the aptitude, the faculty to discriminate, to judge and choose between them. When God created man, He made him a free moral agent, with the power of will, the right of choice, to decide the course of his moral conduct, without let or hindrance. He made man to have authority and dominion, to rule and govern the earth.

Man only is possessed of such faculties; animals are not so endowed. True, animals have the instinct to care for themselves and offspring with what nature provides; but not the instinct to create necessities that do not immediately exist, as man does.

God endowed man with every conceivable talent and gift of genius, with which to provide for and govern himself and the world, for human welfare, comfort, and happiness. The Hand of Providence is overflowing. The resources of nature are seemingly inexhaustable.

Scientists tell us that the state of Texas, if intensively cultivated, could feed all the people on the earth. A recent statement was that Texas could raise cotton enough to furnish the world. And still another, that a single county, in Illinois, could care for

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15 million inhabitants, more than all the folks living in that State. (While its 40,000 mentally sick are crowded into hospitals with a capacity for 26,000 patients.)

The mess, man, with all his genius, has made governing himself and the world, is enough to make the hardest of hearts shudder. Yet selfishness and greed roll blithely along, in their luxurious carriages, while poverty, want, destitution, and misery, grovel in their pathway.

However, neither physical substance nor material wealth, with all man's creations of towers of Babel, including inventions of war, with atomic bombs, cannot bring righteousness, peace, and happiness, to the earth, by shooting them into the human family. The more we try to coerce man, the more stubborn, unruly and unreasonable he becomes; and the further we are from the goal of righteousness and peace.

Witness the after-pains of World War Two with the nations carrying the dove of peace in one hand, and the sword of War Three in the other hand. All man's efforts to attain world peace, by other methods than by pure and undefiled religion, are bound to fail, for there can be no peace without righteousness. There can be no physical peace without spiritual peace. "Not by might, nor by power, but by my spirit, saith the Lord of

hosts." "Put up again thy sword into his place: for all they that take the sword shall perish with the sword."

God did not say, neither did He intend, that man should not know of, or about, evil; that he should not come in contact with, or touch, evil; for God deliberately told man about evil, and warned him against attaining an experimental knowledge of evil, by adding the realization of the effects of evil to his experience.

God told man he should not eat of the fruit of evil—to eat is to take food, masticate, assimilate, and incorporate it into the body. *Eat*, is here used in a symbolic sense; it means to accept, take in, assimilate, incorporate, and make evil a part of life.

He is here giving man of all time, all men, fair warning against such an experience. The Scriptural facts are man was to eat of the tree, or the fruit, of good and live; but to experience the knowledge of evil, by making it a part of life, meant death. Emphasis is here upon the importance in the sphere of knowledge of, whether it be merely intellectual, or has the added weight of experience.

For example, one may have an intellectual understanding of the effects of opium, whiskey, and deadly poisons, without an experimental realization which would necessitate taking them

into the body, and the same may be said of evil, sin.

Jesus, the Christ, had intellectual knowledge of good and evil, right and wrong, sin, else how could He warn mankind of their danger? He was tempted in all points, like as we are, physically, mentally, and spiritually, yet without sin. Why? Because He did not, He would not, accept evil. (Eat evil, so to speak.) He would not make evil a part of His life and being.

Jesus could see the effects of evil, without experiencing them, and chose not to do so; thus exercising His religious sense, His right of choice. He could have sinned, had He wished to do so, the same as Adam and other men have done since Adam's day. *We have the same facilities for resisting evil that Jesus had!*

We know what Polio, Tuberculosis, and Cancer are, and their effects, but none are so foolish as to deliberately acquire these diseases as we do evil and sin that destroys many times more than all of these diseases put together.

Jesus came, primarily, to save man from sin; that is, to save, or keep man from becoming a sinner; to show man how to live without sinning, without accepting evil; secondarily, to redeem man, the sinner, from the sin committed, the one who had accepted evil, giving His life as a part of the redeeming act!

(To be concluded next month)

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An inner meaning lending itself to our understanding—

An Occult Interpretation Of The 23rd Psalm

By REV. MARTA W. MALLERY

The Lord is my shepherd; I shall not want.—God is my provider, He giveth me an abundance; I need never be ill, hungry, naked, nor cold, for He is able to supply my strength, comforts, and protection, to sustain me in completeness and perfectness as His child.

He maketh me to lie down in green pastures:—He leadeth me into a fertile state of consciousness where I do not have to seek food with the sweat of my brow or with frustration. He maketh me to lie down and relax my mortal self, or my outer consciousness, in the green pastures of the Cosmos, in which everything exists.

I need only to let go of the outer consciousness and lie down in the realms of this great Cosmic wealth and drink in the fresh green growth. This pasture is never dry or parched, for the flow of spirit is ever fresh and green.

He leadeth me beside the still waters.—He leadeth me beside the pure cool spring of spiritual knowledge, the still small voice which speaks to us in the silence
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of our consciousness.

He restoreth my soul:—He leads us back when we have become lost in the mire of materiality. He leads me back from discouragement, from tears and suffering, and most of all from a loss of faith in Him.

He leadeth me in the paths of righteousness for His Name's Sake.—He turns my footsteps back from the wide and easy paths of this world and guides me into the long and narrow one.

Although beset with all manner of trials and temptations, He will ultimately lead me back to my Father's house where I shall again be conscious of my Divine Heritage. I shall be, "His Name's Sake"—a child of God.

Yea, though I walk through the valley of the shadow of death I will fear no evil: for Thou art with me;—Even though I am walking through the "Valley of Sad Experiences," which are necessary for the evolution of my soul, I will not fear the outcome for I do not walk there alone.

Thou art always there with me. Thou hast given over me a

Guardian Angel and spirit guides who protect and show me the way.

Thy rod and Thy staff they comfort me.—These heavenly forces act as my rod and my staff. With the weapon of Thy rod, I shall slay my ignorance, and upon Thy staff of Truth will I lean for my support.

Thou preparest a table before me in the presence of mine enemies:—Thou hast prepared a table of spiritual food in the shape of spiritual and mortal teachers and other forms of signposts which are ever there, no matter how many enemies may encompass me about, such as doubts and fears, lusts, greeds, selfishness, jealousy, envy, etc. These are my enemies.

Thou anointest my head with oil;—Thou makest me one of many chosen ones. Thou hast anointed me king of my adversaries and my sins have become my servants.

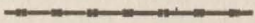
My cup runneth over.—The overcoming of my lower self.

Surely goodness and mercy shall follow me all the days of

my life; and I will dwell in the House of the Lord for ever.—If I use the rod of self-discipline and lean upon the staff of Truth, I shall always find that God's goodness and mercy will never forsake me and be with me in the time of trouble, and will lead me out again and again, out of the dark valley until after all failures and overcoming of such, I shall live in the House of the Lord forever.

That is, in a higher state of consciousness where none of these illusions can ever touch me again, and henceforth only know peace and unity of my God and fellowmen. From whence my soul shall never go forth again to walk in the shadow of ignorance or where it will never again have to dip into the mass of humanity for further incarnations, where my soul has so often brought me to shame.

Then I shall never again have to descend in an earthly body and suffer the pangs of rebirth and resurrection. I truly shall dwell in the House of the Lord forever.



THE SUCCESS of every day depends on how it is started.

A good beginning makes a good ending. The best way to start your day is by reading the *Golden Rays* daily thought the first thing in the morning—every day. It will help you attune yourself in such a way that you can find your day a happier and more successful one.

Not front-page sensationalism, but facts we should seriously consider—

The Advance of the Healing Arts

By REV. ROBERT G. CHANEY

THROUGHOUT THE AGES, sorely troubled by mental and physical disturbances, man has sought ways and means of cure. The code of Hammurabi, King of Babylon, in 2200 B. C., contained laws referring to the art of healing.

Three thousand six hundred and one years ago the Emperor Vespasian healed people of their diseases by the *laying on of hands*. From his work developed healing by the "royal touch." That it was effective we can have no doubt for many thousands have been cured by this method. This *laying on of hands* is the first healing agent of which we have any authentic record, and, we still use it successfully today.

Faith is necessary for a cure, no matter what kind of healing is used. Even Jesus could not heal without it. Different types of people need different types of healing to instill in them that necessary faith. And so there has developed many basic types of healing, all of which have been successful when properly used. However, it is interesting to note how frequently we go back to that first method of healing, the *laying on of hands*.

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Throughout Old Testament times we find evidence of various healing arts being practised. The early Greeks also combined religion and healing. They built many temples in honor of the Greek god of healing. These temples were in charge of priests who had knowledge of healing and of drugs.

All who were ill stayed at the temple until cured. The temples were located in light, airy, healthful places, and so to them we attribute the origination of the sanitorium of today.

However, until the time of Jesus Christ the healing arts were not so much in evidence, so prominent, except among the great Hindu mystics. Jesus visited one of these mystics, and from him learned of the Hindu art of healing which He incorporated in His own work.

In the New Testament you will find nearly sixty references to the wonderful feats of healing done by Jesus and His apostles. It is regrettable that most sects have seen fit to discard that noble, that divine profession of healing.

The Indian, as the Hindu, used as healing forces the various plants, herbs, roots, that were

easily obtainable, easily used, and effective. The Indian also used the *laying on of hands*.

This type of healing, with which Jesus accomplished seeming miracles, was used by the Hindu, the Indian, and by nearly every branch of humankind. It is the one Universal type of healing that has withstood the test of time and the fancies of human nature.

The methods of healing by drugs and by surgery began their rise to prominence around the 16th century. Many were the great men, pioneers, leaders, who sacrificed self for the betterment of society.

The science of healing by the *laying on of hands* was brought to prominence, in modern times, by Mesmer. It was he who recognized, and brought to the attention of the scientific world the fact that there is a definite healing force that can be made to flow from the body of the healer, especially the palms and finger-tips, to the body of the patient.

His reward was ridicule, the same as was given Jesus, the

same as is always given by mankind to anyone working for mankind.

Another type of healing, used almost as long as the *laying on of hands*, is that of *prayer*. Long sneered at, discarded, it is coming into prominence again, and in the last few years has been used with amazing results.

Modern science and medicine has given us different kinds of rays, surgery, pills, and all that, but, considering population increases, we don't cure any more people now than we did four thousand years ago. With sanitation, vaccination, isolation, we prevent disease, and in that we have made our advance.

If you are ill, you can be healed! All the modern drugs and instruments cannot heal you as quickly, as completely, and with less pain as you can be healed by *prayer* or the *laying on of hands*.

Never have we found a type of healing that could accomplish the amazing cures of these two, and until we do, we have not made any advance in the healing arts.

DILIGENT and Consecrated use of the *Daily Meditations* helps you to start and carry on through the day in the best possible mental and spiritual attitude for healthy, intelligent, successful living.

Be Ye Not Faint Hearted!

By REV. LYTLE K. SENSABAUGH

"HE who has not known discouragement at heart, has not lived!" That would seem a preposterous statement. It nevertheless is most true, for discouragement, when properly viewed, can have a most heartening and encouraging power. Discouragement can be the turning point to a better, fuller life, or by not getting the true perspective of its value, we can relinquish ourself to utter failure.

The greatest successes yet to be born and those whose birth we are aware of, have come out of discouragement. Such states of mind are the testing grounds of man's ability. Show me the man who has not met adversities and you will be showing me a man who has neither accomplished anything for himself, nor made any worthwhile contribution to life in general.

We are all on a path that leads upward through what experiences we may encounter. *Man forgets that he is in a partnership with God.* Of his own strength, he has, indeed, very little, and when he relies only on that

which he has of himself, failure and discouragement are most likely.

To know that there is a reserve that we may draw from that is unlimitable, and can only be discovered, when the ego of man's own self, is exhausted, and only the God within, refuses to surrender, can man tap, with fullness, to this dynamic power and move safely out to a new and distant horizon in his life.

We learn to swim, not by struggling in the water, but only by lying back upon its surface in a perfect trust, and with small effort on our part, are buoyed up safely. We can struggle with it, fear it, exhaust our strength upon it, and we still go down. Why must man have the tragic climaxes in his life just to learn. It is because that only in times of this utter failure at hand, does he learn the utter futility of himself.

We cannot turn ourselves over to the God power and then go on and do the job the way we began or had been doing. The greatest secret yet to learn is to complete-

ly submit mentally and physically to the fullest measure, knowing that within, we are of so little consequence, and at that moment of apparent failure and discouragement, we begin our first great accomplishment.

God is within man, not on the outside. Man must believe, not so much in himself as a flesh being, but as a duoprinciple of himself and the God within, before he can know that there is no cause for failure. Let us take a fleeting glance at a few famous men. Study their lives and we will note that not until failure pressed closely upon them and discouragement filled their mind, did anything really great be expressed.

We cannot find a single instance in the life of Napoleon that would cause him to rise to be the great leader that he was. Handel, almost paralyzed, poor, disheartened, years upon his brow, found this new power in his apparent failure and came forth with the great *Messiah*.

Sudden tragic changes, new inspirations, greater enthusiasm,

seemingly from nowhere burns with new life within, and the very face of failure is transformed into shining achievements. What has happened to them can and will happen to us. Time has neither changed the law nor the process!

Man must have a kind of faith that works in moments of despair, exceeding the kind of faith we think we have when the path is smooth. We must trust, a kind of trust that leaps beyond reason, doubts appearance yet stays poised in our heart.

Let us then know that your seeming adversities are a part of your life's pattern to help you discover your own personal frailty, but to find as well the place of greatness and strength of the *God Power* that lies within.

You, who read this, may at this very moment be discouraged and sad. Maybe this is the presence of the great moment in your life. May you heed these words that successful men have found to be true and join them in the march to happiness.

MARY PICKFORD dates her belief in the world of spirits to the day when she had her first sitting with the famous medium, Mrs. Curran (of Patience Worth fame) several years ago.

What processes are behind, and how shall we appraise these—

A P P O R T S



REV. JOHN W. BUNKER

By REV. AUSTIN D. WALLACE

RESearch SCIENTISTS have proven and accepted as positive fact that there is no actually solid object—that matter is composed of molecules in constant motion, vibration.

Professor Harold Higbie has used a scientific corollary to explain apport mediumship. "Apport mediumship operates through laws of vibration just as other mediumship does. It is much the same as the conditions which cause the cycle of water being drawn into the sky and then returned to the earth as rain.

"We begin with water on earth, either in its liquid state, or solid as ice. Through application of heat, water is drawn into the sky as its rate of vibration is so raised that it becomes vapor. This vapor is invisible, like the steam at the spout of a tea kettle.

"The vapor pervades the atmosphere. Then, by the passage of magnetic currents through the ethers it is gathered into a more concentrated form which we see as clouds. The magnetic currents continue, the clouds become of greater density as the

vapor is further solidified, and it finally comes to its original vibration as water and it falls to earth as rain."

In an apport demonstration, an object is selected some distance away from the seance room. This compares to the water on earth. The object's rate of vibration is changed so that it may be carried into the ethers in astral form, just as the water is changed to vapor. It is brought into the seance room and through the application of magnetic currents is changed back again to its former vibration, which may be compared to rain dropping from the skies.

Perhaps no one in America has demonstrated this rare phase of physical and psychical phenomena so unquestionably as Rev. John W. Bunker, of Eaton Rapids, Michigan, who, in the course of thirteen years, has given public and "mass" apport demonstrations before *thousands of people*—the largest group or mass demonstration was for a *congregation of 1500!*

Though the majority of witnesses have been from the United States, many have been citizen visitors from such places as Canada, Mexico, Hawaii, Puerto Rico, England, France, Germany, India, and China.

In Rev. Bunker's demonstrations articles such as Indian arrowheads, stones, jewels, crosses, cameos, and even pictures 12x18 inches have materialized in the

darkened seance room for the public, or in the red light for the mass demonstration. Upon infrequent occasions apports have even manifested in the artificial light or *even in the daylight!*

During the public demonstrations or seances of apports Rev. Bunker is entranced by his spirit guide, Dr. Gonzales, and the circle is conducted by his beloved spirit Messenger Guide, Thistle. Thistle speaks independent of the medium as do many of the Orientals and loved ones, while the majority of Red Indian Guides use the trumpet or what is known as Direct Voice.

Neither the trumpet nor the body of the medium are used in these demonstrations for the rematerialization or manifestation of apports. Many have deduced that the apports are conveyed or pass through the body of the medium and that the apport is warm because of the body temperature.

Rather, we return to our scientific explanation as given at the beginning of this article—the medium acts as one magnetic pole, and the sitters, the opposite magnetic pole, as in a battery, which, through the electrical current, transforms the objects back to their particular physical vibratory rate.

This is accomplished through the drawing of magnetic energy, by spirit, from the solar plexus of each of the group; and by relaxing and releasing the mental

anxiety, one can *pull* the apport to them so that as the apport is released from the astral to the physical plane of expression, it can drop into your lap.

Rev. Bunker begins to release this energy several hours before a demonstration. Usually it is the late evening, before retiring, during which time the apports are selected by spirit and dematerialized, changed to the vapor or astral vibration. They are held in that state until eight o'clock in the morning when the seance convenes.

In a mass demonstration Rev. Bunker invites a lady and a gentleman, volunteers, to come forward and upon the platform. He then requests the lady to stand on his left side, and with both of her hands hold his left arm aloft so that his left hand is above their heads throughout the demonstration; the gentleman is asked to do likewise with his right arm. During one verse of the hymn, "*In the Garden*," he is entranced by Dr. Gonzales who then conducts the manifestation.

In the closing the mass apport demonstration at Chesterfield Camp, Indiana, on 24 July 1948, Thistle made the prophecy, through her medium, that she hoped, in a demonstration during the 1949 Camp Season, she would be able to bring into manifestation a shower of apports.

At a mass apport demonstration in the Chesterfield Auditor-

ium given this year, on July 2nd, Dr. Gonzales spoke and gave identifying messages—told to whom the apport was coming, the spirit who was bringing it, and described the apport, as *Thistle brought through seventeen apports in less than a half-hour.*

Then, in an attempt to manifest the shower of apports, though climatic conditions seemed to be unfavorable, a storm was approaching and it was already thundering and lightning, Dr. Gonzales counted the apports as he could see them in the shower, and there were fifty!

These apports fell in an area about twenty-four by five feet, the farthest being about *thirty-five feet from the medium.* They were smaller in size than the usual, but were as distinctive with their individual cutting and hue, and their particular shape.

A Mrs. Lida Crain, who sat in the last row of the auditorium which was approximately one hundred and fifty feet distant from the medium, found and felt "*sands of the sea*" in the lap of the skirt of her dress!

Investigators many times shake their heads! Skeptics claim they can offer explanations—yet the friendly, unassuming, John W. Bunker is still eager to see each token after a demonstration with an unbounded interest and unlimited enthusiasm!



MONTHLY CLINIC OF GOOD BOOKS

A Cavalcade of the Supernatural

By Dr. Harold H. U. Cross

There have been many books which have attempted to gather together a convincing and authentic collection of typical incidents and occurrences of psychic phenomena. This book of Dr. Cross' is by all odds the most convincing and best presented of all these books.

It is not a large book, for Dr. Cross believes that one fully documented and unbreakable case is better than a crowd of doubtful or hearsay ones.

Dr. Cross is a Ph. D. and an electrical engineer, and he has traveled and worked in many out-of-the-way corners of the world. His book, however, proves him to be sincere and quite convinced, for it is obvious that he has spent a good deal of time and thought for some years on these, the strangest manifestations of the modern world.

He admits that some of the ablest investigators who thoroughly believe in the truth of these strange happenings and strange powers belonging to some human beings do not acknowledge them to be the work of, or connected with discarnate intelligences of "spirits."

He himself believes, however, that some of the cases he presents are *irrefutable evidence for human survival*, and he believes that the *spirit explanation is the most probable*. He admits, nevertheless, that *we do not know everything yet about the powers of the subconscious mind*.

A Cavalcade of the Supernatural is well illustrated by completely authentic photographs, and is as convincing and as clear a book on the subject as can be written at this particular moment in human knowledge.

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By DR. HAROLD H. U. CROSS

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TEEN-AGE DATE-PAGE FOR OCTOBER

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-----------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|
| | | | | | | 1 When Fear dies, joy is born. |
| 2 He who cannot ad- just himself social- ly usually becomes lonely. | 3 Learn to live con- tent with small means while you are yet in youth. | 4 Whatever y q u r work or station in life, refinement is a real asset. | 5 So live in aware- ness that you are ever in the process of evolution. | 6 A certain amount of trouble is always a good thing for every man. | 7 Life is a great dra- ma, and you—you are one of the actors. | 8 Deliberately take up a new task if the present one bores you. |
| 9 Habit is but the lack of will power manifesting itself. | 10 Better it is to seek beauty, than lux- ury. | 11 Learn to speak gently, but act frankly. | 12 The storm yester- day made the grass greener today. | 13 A good motto—my flowers for the liv- ing. | 14 The spirit heals man in spite of the drugs he takes. | 15 When man thinks he has arrived— He's a <i>Has Been</i> . |
| 16 If the young man avoids responsibil- ity, he forfeits the rewards of dili- gence. | 17 Listen to all na- ture, as she speaks, with an open mind, thus yours will be a liberal education. | 18 Grow up, with common sense as your partner, you'll be loved by young and old alike. | 19 It is always safe to keep both feet on the ground while we still live on earth. | 20 It is how much you do, not how much you make, that makes you a valu- able citizen. | 21 It is good for man to have a friend who now and then stings him into action. | 22 Fear is the club used by the <i>Hell- fire and Brimstone preacher</i> to save man's soul. |
| 23 Those who do not work can never en- joy play. | 24 Strong drink blurs the vision of your goal. | 25 Never let your friendships go to seed. | 26 Post Mor ems come too late to help you. | 27 A Master is One Who has learned to Master Himself. | 28 Humor is the sauce that gives flavor to life. | 29 Man often is con- fused with his many plans, while God has only One. |
| 30 Enthusiasm is a great hill-climber. | 31 Experience is a germ of power. | | | | | |

Blair Curry Returns to Niece On the Morning of His Passing

A Golden Rays Featurette

EARLY IN THE MORNING of August 22nd, 1949, as she lay sleeping in her own home, Betty Jo Thomas of Ligonier, Indiana, dreamed that a white french-style telephone floated down in front of her and heard the bell ringing.

She raised the receiver and said, "Hello." A sweet lady's voice answered, "Hello." Again, Mrs. Thomas said, "Hello;" and again the voice returned, "Hello." For the third time Mrs. Thomas said, "Hello;" and still the voice replied, "Hello," waiting to be identified.

Then Mrs. Thomas asked, "Is this Bessie?" And the voice returned, "No, it isn't," and laughed sweetly and joyously; then continued, "*You can go back to sleep now, but I just wanted you to know that all is well and everything is going to be all right.*"

Startled at the recognition of the voice, that it was truly a voice from spirit, Mrs. Thomas awakened and exclaimed, "*Bill, I have just talked with Tessie!*" as she reached over to rouse her husband and tell him . . . but he had already arisen. Mrs. Thomas knew then it was past five o'clock as that is the time that her husband arises every morning.

A few hours later, Mr. Virgil Lindille, the father of Mrs. Thomas, called her on the telephone to inform her that her uncle, H. Blair Curry had passed away in his sleep between the hours of five and six o'clock that morning!

Mrs. Thomas then knew that the spirit of Tessie Curry had returned to inform her of the passing and relay a message of comfort and consolation to her and to the widow, Rev. Nellie Curry, of Chesterfield Camp.

Daily Meditations



Saturday, October First

“WHEN THE ANGEL ROLLED THE STONE AWAY from the sepulchre a new religion was born!” The religion of Spirit; yet, even today, the scars of the ancient religion of the Pharisees remains with us only to confuse man fettering him with fear of *the letter of the law* creed.

Let us this moment thank God for the rebirth of the broader conceptions of life as is being proclaimed by Spirit through the teachings of Spiritualism.

Sunday, October Second

THROUGH CARNAL THOUGHTS, and words, and deeds, man debases and severs himself from God. Nothing can bring peace, harmony, and oneness with God but Love. God manifests and expresses Love *through all Life* that man might be taught and might comprehend Love.

The pathway of Love is purity. When man comprehends and lives purity, he will understand and live by Love!



Monday, October Third

HAS YOUR FAITH IN SPIRITUALISM been weakened because of some disparaging newspaper or magazine article or someone whom you have found to have betrayed the sacred privilege and gift of mediumship? In all walks of life, all professions, all religions, even in families there are those who stoop to deceive. There are rogues in all professions, but these crafty, tricky, underhanded individuals themselves do not destroy your faith in a profession itself, do they? You would still consult a Doctor, a Lawyer, if the need arose, seeking a trustworthy one. Use the same faith in dealing with such misleading circumstances in your religion. Know there is usually an avaricious motive behind such instances.



Much which we think essential is merely a matter of habit.

—Thomas Wentworth Higginson.

Tuesday, October Fourth

THE TIME SEEMS TO HAVE COME when quantity of earthly possessions means more than the quality of character. Wealth is made evident by a display of costly possessions, homage, and respect are given no matter how the wealth was acquired by fair means or foul.

If, however, integrity and character are all that is evident, and poverty is at the door, failure is the label, and pity, tinged with contempt, are the homage one sees. Character or integrity mean very little any more in politics, in business, in government, even in religion. It is the wealthiest church which has the greatest patronage. *Let us respect richness of character rather than richness of earthly possessions!*



Wednesday, October Fifth

JESUS' RELIGION was one that practiced present help, so was it preached and practiced by His disciples, and until the third century after Christ it was a religion of an everpresent help. Then Constantine carved into the Christian rites many pagan forms and it then became necessary to make Christianity a religion of future happiness rather than that of the "Everpresent help."

Spiritualism has endeavored to rediscover and remanifest the ancient religion of Christ, that men may live by it as well as die by it. Ours is a religion of the beauty of life in the *Eternal now*.



*Better make penitents by gentleness
than hypocrites by severity.*

—St. Francis de Sales.

Thursday, October Sixth

DO NOT ARGUE about your religion or your religious beliefs. Truth, God's Love, and religions, are too sacred to argue about. If we used that time in trying to acquaint ourselves of the lessons in our daily experiences we would have a much more sympathetic understanding of other's states of mind or belief. *Remember, everyone's understanding is ever changing and what you might believe in today may change or expand by tomorrow.* Argument usually agitates, which is the opposite of peace. Demonstrate by living your beliefs or convictions, and, if they are sound, you will not have to argue or prove.



Friday, October Seventh

INTEGRITY . . . what a wonderful word! What a fine thing to be known as a person of integrity, for the words man speaks are no greater than the man himself. Are you a traitor to yourself or to others? Will you betray a friend to gain for your selfish self? Do you judge before all the testimony is in? *The light of integrity and justice shining brightly within surpasses the light of the sun or moon!*

Saturday, October Eighth

IT HAS BEEN SAID that we tire more quickly of the pleasures which we receive, than of the pleasures which we give. And it has also been said that he who thinks of others before himself is truly great. Think on these pearls of Truth. Try each day to do an unselfish deed, to become forgetful of self and think of someone else. Fill your heart to overflowing with unselfish love and you will be thrice blessed. Jesus said, "Love one another as you love yourselves."

Sunday, October Ninth

DARKNESS is but the absence of light, be it the darkness of night or the darkness of understanding. Darkness is a slow vibration and light is a rapid one. Jesus said, "Light is the breath of God vibrating in the rhythm of rapid thought." Darkness of understanding can be as black as night. *Therefore, seek ye the Truth that your understanding may become of the brightness of a new born day!*

*Monday, October Tenth*

WHAT A BLESSING to be able to be busy. The busy soul has little time for grief, hate, or jealousy. Thank God, if you have health, that you may give your life for those who live. Fill each day with selfless service that you may find joy in the everyday things of life, the morning sun, the evening dews, the song of a bird, the beauty of a flower, the stars of night.

Tuesday, October Eleventh

THERE IS NO SURER WAY of gaining health and happiness than by investing your life energies to aid others in finding a life filled with the joys of living. It is not what you do for yourself that makes you happy, for happiness is a science of sharing yourself with others. *He who withdraws into the shell of selfdom robs himself of the real values of life.* Begin today—do something for someone this very day, the seed will grow and bring its harvest in due season.

Wednesday, October Twelfth

WE SHOULD NEVER pray, "Lead me not into temptation," but, rather lead me to it, and give me intelligence to comprehend the will to meet it. He who prays, "Lead me not," reflects in his prayer the fear of his own weakness and faith in His God, to meet the temptation.

Jesus proved His strength and the power of God by often being tested and tempted, so must we!



Thursday, October Thirteenth

THOSE WHO ARE PURE IN HEART demand nothing for that which they give. They understand that each one is bound to all things in life, therefore, must live for all, love all, with no thought of any return.

Everything moves in cycles or circles so that which you give, good or bad, will return to you without thought on your part; and, as it moves, it gains momentum and gathers unto itself more of its kind returning to you a thousandfold. It behooves us to be sure that all we give is good, unselfish, with purity of heart.



*What do we live for if it is not to
make life less difficult to each other?*

—George Eliot.

Friday, October Fourteenth

WHAT KIND OF A FACE do you display each day? Is it one filled with lines of sadness, drawn with worry, and giving the impression of gloom, dejection, and discouragement? Or is it a face where happiness abides, eyes shine with joy and peace, that those who look upon it are filled with gladness just to pass your way? Open the window of your heart and let the light flood in washing away all moods of depression. A state of mind can put you in heaven or hell, and either can be reflected in your face! It is a barometer of your inward rhythm, or rise and fall in intensity of your joy or sadness.



Saturday, October Fifteenth

MANY ARE THE THINGS IN LIFE which turn us from the path of rightness. We see some tiny little sparkle flickering and we turn aside to see what it is, but, when we find it, we soon learn the tiny sparkle is not enough, we must have more and bigger sparkles. And so it is in life, tiny little indulgences which soon do not satisfy lead to more and greater indulgences which mire us down into habits.

Beware of sparkles and flickering lights, they are but tempters to lure you away from the greater light, *the guiding light from within!*



Act well at the moment, and you have performed a good action for all eternity.

—Lavater.

Sunday, October Sixteenth

THERE WILL NEVER BE A DEPRESSION if every man is willing to work! Depression comes when a race or generation becomes lazy and wants something for nothing, desires to bring into expression the old adage, "The world owes me a living."

When man was created, it was for a purpose which he could perform. When he fails to perform this duty in cooperation with the over-all-soul plan God's economy of life is thrown out of harmony and men come to want. *If all men are willing to do their share there never need to be want in the world.*



Monday, October Seventeenth

AS SERVANTS OF GOD we must *know how* to serve best. Knowledge, through experience, is the best teacher, and he who goes to the greatest depths reaches the greatest heights. Sufferings, griefs, and temptations should be welcomed, for through them ye may be more understanding, wiser servants of God.

Tuesday, October Eighteenth

THE MASTER IS COME and calls for you—with compassion, and patience He waits for us to answer, yea, more than that, He directs the angels to serve you, while you wait and learn. “I am the resurrection and the life,” the I am within us is that resurrection, is that which gives life, is that which will eventually hear His call and answer it. And, yet, through all this time the angels will serve us with a patient love that is born of God.

Wednesday, October Nineteenth

TO REMEMBER we are never tried with a trial or trouble until we are prepared to meet it will surely give us courage and faith in our ability to sustain a soul poise and mastery over every condition that we face in life.

And, too, to always know we are never tested on a plane higher than our ability to withstand and learn therefrom, aids us to see beyond the veil our Guardian Angel watching our every footstep in life. Why should we then be afraid?



Thursday, October Twentieth

REST IS NOT FOR MAN. There is much work to do for the Father and the time is *now*—not tomorrow. If we rest in luxury, or laziness, we miss the opportunities. Welcome any labors and any trials rather than evading them for every victory over self gives added strength for greater work to be accomplished.

Friday, October Twenty-first

HEAVEN IS NOT A FAR OFF PLACE, heaven is everywhere. People just are looking for it with their eyes focused on too far a distance. When men obtain a new attitude and begin searching in the *now*, they will find in their everyday life the beauty of God expressing heaven all about them. Men seldom find what they are looking for, so *join the Heaven Club of today*, and search for It that Its joys may appear upon the horizon tomorrow morning.

Saturday, October Twenty-second

TODAY let us rid ourselves of one bad habit. Not a decision that we must do something about it, but right now this minute, say I will never do this thing again. Look upon it as dead and done for. Resist every temptation that will revive it! Cleanse your mind of any ugliness this habit may have held over you and lift your consciousness upward that love may be the guiding force, the protection about you, the everready means to peace, happiness and harmony.



Sunday, October Twenty-third

ALL THINGS in Life respond to Love. Love is a positive quality and hatred is the negative. Let Love flow through and cleanse every negative urge; for no matter how cultured, how influential one is, or how much money one has, if there is not Love all else is as nothing.

ONCE, Miss Nettie Colburn, while in trance, became the channel for a spirit to speak to Lincoln, and advised him to visit the army—but to go alone with his family, leaving all members of his official retinue behind, as well as all bodyguards. His personal interest in the men, she told him, would restore their faith in the government and revive their sense of duty which was on the wane. He did so and the effect was far greater than anyone could anticipate.

Monday, October Twenty-fourth

MEN are not made free by edict, but by the power of their own will over the conditions and circumstances which enslave their spirits and minds.

No doubt that there are more slaves in America today than ever there were in the black race! Think it over, are you not bound in slavery to something far less than human, passions of the flesh, bad temper, liquor, tobacco, money, even dust? Not that these, in themselves, may be so terrible, but when you cannot be free to use them, rather than they using you, determines the degree of masters to whom you are bound.



Tuesday, October Twenty-fifth

MANY INDIVIDUALS close their minds, to the Infinite Source, of the many blessings which could be theirs. The Divine qualities are within each one of us, an Heritage of He who created us, waiting to be objectified into the beauty, the power, the Godliness, which will bring joy to the soul, if *given expression!*



Apology is only egotism wrong side out. —Oliver Wendell Holmes.



Let nothing come between you and the light. —Henry D. Thoreau.

Wednesday, October Twenty-sixth

MANY ARE THE TIES which hold us, bind us to carnal life. The lower self is strong and numerous are the excuses to tarry amid the pleasures the vain ambitious and tempting ways of fleshly life.

We are not here to give our lives for honors, fame, nor for momentary illusory pleasures, but to manifest love and be a willing sacrifice for our brother man. *Find strength and worthiness of the inner heart and put it to work!* Instead of being saddened by giving up short-lived, passing pleasures you will find added joy that is lasting, stable, and durable.



Thursday, October Twenty-seventh

DO YOU REMEMBER what your conception of God was when you were a child? What is your conception, at this moment? If your understanding and interpretation has evolved, then so has God evolved in your mind's conception of Him. As our lives are transformed by Love and nobler living, so our ideals change.

TO GET THE BEST RESULTS from the help that *Golden Rays* has to offer, make an unfailing ritual of reading it every morning before beginning the day's work. Start the day with the right mental attunement for greater health and happiness.

Friday, October Twenty-eighth

MAN BELIEVES that the chains he has fashioned in this life are strong and tough enough to hold and bind to his wishes and desires. However, man-made fetters are as air when tested against faith and the power of will. The souls of men are not afraid, nor has any the power to bind a human soul. Rise up as did Daniel when bound and cast into the den of wild beasts. Do not sit meekly bound down by chains of fears. Fear is the chariot in which man rides to death, but faith and will power will release him from any man-made bondage.



Saturday, October Twenty-ninth

GROWING OLD? How we dread it! That feeling of not being so necessary in the scheme of things, the slowing down of the normal activities of life and the body not responding quite as rapidly as we would wish. But, remember, no matter how old the body, *the spirit is young, ageless!*

Sunday, October Thirtieth

TO ENVY what my neighbor has throws the acid of discontent into my own eyes and blinds me to my own riches. *Envy robs man from enjoying the blessings he has himself, it steals for him everything he has and leaves him naked in the night of carnal anguish and despair.*

Do you envy Mrs. Jones? Do you not have so much more than she? Go to enjoying what you have and forget Mrs. Jones, and Mrs. Smith!

Monday, October Thirty-first

MAN CAN BE NO STRONGER, you cannot gain anything, except by facing the problem on its own plane. If the plane of earth presents the spirit of you with a problem, it must master it here. *There is no other plane in the realm of spiritual manifestation or existence in which it could be mastered!*

If you permit it to go unsolved, it is the weak link in the chain of your life, and will fail in the hour of extreme crisis when every ounce of strength is being exerted.

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Prayer



Oh, blest relief from tragedies of life!
Oh, blessed boon to those bowed down with
strife!

What comfort, Thou, as on my bended knee
I seek that solace found alone in Thee!

I do not wish, for him of ill intent,
Who seems to be on my destruction bent,
Revenge, but that his hate be turned to love
As now, indeed, it *must*, ere both, above,

In that sublime abode of bliss may dwell
In peace supreme. What boots it then to gain
Some vantage that may cause another pain?
Nay, rather, let my prayer be hope that I
May be of some small service ere I die;

May bring a grain of comfort to some heart
O'erburdened in the heat of busy mart—
And, for myself, I yield to Heaven's plan
Of Love and Service to my fellowman.

—Arthur Guy Thatcher