A JOURNAL OF PRACTICAL REFORM, DEVOTED TO THE ELEVATION OF HUMANITY IN THIS LIFE, AND A SEARCH FOR THE EVIDENCES OF LIFE BEYOND.

VOL. VI.

[ J. J. OWEN, EDITOR AND MANAGER, ]

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### GEMS OF THOUGHT.

Between two worlds life hovers like an.—Byron,

Where evil is true, mercy must be ter ible.—George Eliot.

Royal deeds may make long destinies multitudes.—George Eliot.

Daily perform thine own appointed ook unweariedly.—Brahman.

Faith, the stronger for extremity, becomes prophetic.—George Eliot.

Slander, that worst of poisons, ever finds, An easy access to ignoble minds.

True nobility scorns to trample upon a form or sneak to an emperor.

Every thought which piety throws into

Clap an extinguisher on your irony, it you are unhappily blest with a vein of it. Revenge, that thirsty dropsy of our ls, makes us covet that which hurts us

Talking much is a sign of vanity; for e that is lavish in words is niggard in

One must study to know, know to un-erstand, understand to judge.—Indian Truth should be the first lesson of the hild and the last aspiration of manhood.

Reason may be the lever, but senti-ment gives you the fulcrum and the place to stand on, if you want to move the world.

Happy the man, and happy he alone, He who can call to-day his own; He who, secure within, can say, To-morrow do thy worst, for I have lived to-day.

The pleasantest things in the world are pleasant thoughts, and the great art in life is to have as many of them as possible.—

How cunningly nature hides every makle of her inconceivable antiquity un-er roses, and violets, and morning dew! -Emerson.

Do not fret. It only adds to your bur-den. To work hard is very well; but to work hard and worry, too, is more than human nature can bear.

So long as you can contribute to the casure, happiness, or comfort of any man being, you are of importance in a world—and no longer.

A lie should be trampled on and extinguished wherever found. I am for fumigating the atmosphere when I suspect that falsehood, like pestilence, breathes around me.—Carfyle.

One of the saddest things about human stare is that a man may guide others in the path of life without walking in it himfly that he may be a pilot and yet a sataway.—Anon.

Appetite is a relish bestowed upon the worer classes that they may like what they it; while it is seldom enjoyed by the the because they may eat when they like.

## PRIZE ESSAY .- No. 1.

First-"Can Money be Used to Advantage

cond—"How Can One Hundred Thousand Dollars, More or Less, be Used in Califor-nia to Ensure the Best Results in Pro-moting the Cause of Spiritualism?"

First—"Can money be used to advantage to

This proposition seems almost a self-evident fact, that will not need much elucidation to enable us to answer it in the affirmative, for although a knowledge of these great and startling truths will find its way to the hearts of many "without money and without price," still an effort involving an outlay of money will result in bringing it to those in great numbers who will not come in contact with it without

involving an outlay of money will result in bringing it to those in great numbers who will not come in contact with it without that effort. Among the means to be used requiring money may be mentioned, First—The sending out of "test mediums," with lecturers, into places outsaid of the city, as well as to employ them in the city;—to do which requires money to pay traveling expenses, hall rent, printing of posters, and advertising bills, and the workers employed, for no matter how devoted mediums of any and all phases may be to the cause, they can not live on air, and should be paid for their services, not a beggarly allowance just to keep soul and body together, but enough to enable them to lay by a little for a "rainy day," or for the time when their powers may fall and leave them no other means of gaining a livelihood.

Second—The distribution of spiritual papers and magazines, so as to have them on the tables of all the public readingrooms in the State, and many of the hotels. This, in connection with meetings held in the city for its own citizens, as well as those outside, will give all a chance to learn of these truths.

Third—A very important and necessary means of accomplishing this work is the erection of a building such as was proposed by a public-spirited Spiritualist, of San Francisco, in the GOLDEN GATE, a few weeks since. Its proposed object was to provide rooms and offices for the GOLDEN GATE, and Corrier Dove, and halls for our various societies, in the city. Without exceeding the limits of the amount specified (after reserving a necessary fund for missionary work), this edifice could be enlarged sufficiently to accommodate a school of "Spiritual Technology," if I may be allowed the term, in charge of competent professors, who have made a life study of spiritual phenomena and therapeutics, assisted by those who are used by workers in spirit-life; their work to be the teaching of the philosophy and laws of all branches and phases of spirit force and their significance, from the beginning of its simp

graphed.

These and other modes that will be considered under the second proposition, will require money to put them in practice, and can but show us that money not only can be used to advantage in this cause, but is an imperative necessity.

SECOND PROPOSITION.

Second—"How can, say, one hundred thousand dollars, more or less, be used in California to ensure the best results in promoting the cause of spiritualism?

ensure the best studies in promoting the cause of Spiritualism?"

To erect a material edifice in the best manner and at least possible outlay, we employ an architect to furnish plans and specifications, showing its capacity, appearance and cost. In the construction of our spiritual "house" "not made with hands," there should be a striking resemblance in our mode of procedure.

Now, in this case, what do we wish to accomplish? We want to bring as many as possible to a knowledge of the grand truths of this philosophy—from the rudiments up to its most exalted teachings.

And how shall we do it?

That was a very pertinent injunction given by a cattere to a lady as a prelude to a recipe for making rabit stew: First, eatch your rubbit. And before we can make good Spiritualists out of people, we must first "catch them."

We all know there is a disposition with some of our best and most steadfast believers and speakers, who are doing a little standard to the stead of the standard to the stead of the standard to the stead of the standard to the st

grand work, to decry and deprecate the phenomenal part of Spiritualism. This has been brought about by several causes. First—The amount of fraud practiced and exposed in connection with "hybrical manifestations"—an evil that has assumed vast proportions, greater than it ever could have reached, had it not been for the still greater and more momentous truths that it has tried in vain to simulate, and which hungry souls are reaching out after.

Second—The propensity that people show for following after the sensational to the neglect of more important truths—thus engendering a habit that unfits them for the ethical teachings of Spiritualism.

These are points that are entitled to consideration, and we should do our best to correct these abuses, and leave no fair means untried to detect and expose these infamous frauds, and then let them severely alone.

But the people have got to be "caught."

alone.

But the people have got to be "caught," and we have only to open our eyes to everyday facts to see at once that "tests" and "phenomena" are the means best adapted to first arrest their attention.

See the crowds that flock to Mrs. Whitney's test meetings because there is a certainty of something tangible from lost friends—something that not only says but demonstrates the fact that our loved ones not only live, but can come to us. It is not an unfavorable omen, but shows how many hungry souls there are.

Look at the interest taken in slate-writing because something comes that is tangible.

Go, if you please, to a harmonious seance for materialization, where no mercenary motive tempts to fraud and no contending forces break the conditions, and see the heavenly visitants walk out from a background of solid, white, plastered walls and stand the intense glare of a calcium light for a photograph!

Witness under test conditions the production of a spirit picture that would be no discredit to a Raphael or Michael Angelo, where the spirit artist stands out in bold relief in view of all present.

Observe how spell-bound the sitter is when the "test" or "trance" medium reveals from some lost loved one proofs of her loving presence, or the gratitude of the invalid restored to health by the "phenomena" of the magnetic healer.

These phenomena, these "object lessons," make an impression that is ineffaceable—that volumes of words alone could not accomplish, though laden with the most exalted thoughts that ever came over the celestial wires—and point with unerring certainty to the means first adapted to make us "fishers of men."

These were the most important means relied upon by Christ and point with unerring certainty to the means first adapted to make us "fishers of men."

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These were the most important means relied upon by Christ and point with unerring certainty to the

till the test was brought curectly nome to the convert.

Obliterate all physical manifestations and tests, and the twilight of Spiritualism would soon set in, and the next genera-tion would be enveloped in a night of total darkness, relieved only by traditions of past glories.

Having satisfied ourselves that the

"phenomena" is needed to break up the ground, what then? When we have given people proof of the truth of this philosophy, we have only made a begin-

philosophy, we have only made a begin-ning.

We have dwelt at length on this "phe-nomena" and "test" question, because that will be the pitotal point on which this great movement will swing.

Already we see ideas becoming crys-talized in the minds of speakers and writ-ers on this point, and it is of such vital importance as to command our earnest attention.

But unless these proofs and "tests"

But unless these proofs and "tests" lead us to something higher, our work is

lead us to something higher, our work is vain.

Spiritualism must make us better women and men; more charitable, less selfish; help us to keep in subjection our lower passions, and raise in us higher aspirations; make us more tolerant of the opinions of others; less graping in our dealings; and cause us to realize that this life is not all, but only a beginning, and that "as we sow we shall reap." Unles it does this it will fall short of its mission. We might as well remain in the dark, if "having eyes we see not, and ears we hear not."

Above all, should our faith bring us in harmony with those of our own household, and make us "agreet o disagree" on minor points, that we may work together on the more essentials.

Our intense individuality should not result in broken heads in our own ranks. We shall spend money in vain if we don't pull together.

If, when one of us adds a brick to our edifice another flings one away, it doesn't rise very fast.

An urgent necessity among Spiritualists, and in our cause to insure combined effort and lasting results, is a better "combination of trace and breeching," individually and collectively.

These are the lessons that are taught us from the heavenly world, and this is what we want our speakers to tell us of, giving us "line upon line" and "precept."

An important item to take into the account is where to do this work. The city is our first starting point, but must not monopolize our efforts, for in all the outside precincts and in remote towns and villages are hungry, thirsty, benighted souls, reaching out for "light," more light," and a display of spiritual power and eloquence that attracts but little notice among the many exciting scenes of the city, will in the quieter conditions of the country towns yield a more abundunt harvest of more lasting fruits.

The camp-meeting, rightly manager, is an effective agency, and there should be not only one State Association, but disfrict and county meetings. The same tent and some of the same speakers and mediums could do duty in di

into interior towns, stopping in each place long enough to get up an interest and organize societies, repeating the visits occasionally, with publications for sale at the meetings, and let the speakers act as agents for our papers.

Fourth—The regular annual State Camp Meeting on grounds belonging to the State Association, and also other camp meetings to continue one week. At all of these camp-meetings have the best speakers and test mediums possible.

Fifth—With present number of books on hand for a nucleus, found a "Spiritualist library," to contain all works of merit extant, bearing on this philosophy, and other works of general interest; to be accessible to members in good standing of all Spiritualist societies in the State.

L. M. Bowdotn.

Stockton, Cal., Feb., 1888.

Ouestions and Answers,

## Questions and Answers.

If you will kindly permit me the use of your columns I will answer a few ques-tions and objections used by skeptics in opposition to Spiritualism. That I may not occupy too much of your valuable space, I will proceed at once with quesions and answers.

SKEPTIC.—My chief objection to Spiritualisms the mystery connected with it.

Answer.—There is no more mystery in any of the teachings of Spiritualism than there is in the creation and propagation of mankind.

S.—By whom are spirits permitted to return to the earth?

A.—Without God's consent they could not come.

S.—If he is willing for them to return, why does He take them away? Why not permit them to remain here as long as they could be useful?

to remain here as long as they could be useful?

A.—No Spiritualist claims to be able to give God's reasons for all things. That our loved ones are taken from us by God's will, in spite of all we can do to keep them with us, no one will deny. Why it is so, no human being has ever been able to tell.

diums claim to be able to do?

A.—The power to do so is not given to all, yet we should accept as a truth what is told us by those whom we have no reason to doubt, just as we accept a scientific fact.

Every man is not a philosopher, or an astrologer. Yet we do not question the truth of statements made by them. Every man is not a Landseer or a Raphael; but when they tell us their talent is God-given we believe them, even though we see others struggling for years to attain the same high standard of excellence without success. Therefore, when we are assured others struggling for years to attain the same high standard of excellence without success. Therefore, when we are assured by mediums, whose reputation for truth and veracity we have not heard questioned, that they can see or hear our spirit friends, it is unjust to doubt them, because we can not enjoy the same privilege. I am sure the disbelief of the most stubborn skeptic in existence would be considerably shaken, if not entirely dispelled, if he should see two slates with a tiny pencil placed between them put upon the floor, and left there fifteen or twenty minutes, with no human hand touching them, and upon opening the slates find written messages from some dead loved one, signed with their full name which the medium could not possibly know. Let no man say it was the devil; he would not dare say so if his own angel mother's name was signed to the message; he could not believe that his little, innocent child was used as an instrument in the hands of the devil to play upon his credulity; besides, to attribute these messages to such a source is giving undue honor and credit to his Satanic Majesty.

Then as you cannot believe that an evil hand guided the pencil, you must believe that a pritten and a receive that for the cently appeared in the GOLDEN GATE, written by my learned and venerable friend, Dr. G. B. Crane, "If spirits do not write these messages, who does?" Let him who may answer.

San Francisco, January 26, 1888.

It is far more easy to acquire a fortune like a knave, than to expend it like a gene-

It is far more easy to acquire a fortune ike a knave, than to expend it like a gen-

Spiritual Gifts, Intuition, Clairvoyancy.

The aim of life in connection with mat-The aim of life in connection with mat-ter is to attain a state of harmony with Divine Nature, or God, so-called—this being to unfold a condition of soul or innate life force which neutralizes or counterbalances the exterior or material life impetus—the physical senses, so-called, ific impetus—the physical senses, so-called, and the animal or material emotions as anger, fear, sentimentality, grief, seifishness, hatted, malice, the craving for affection, sympathy, love, and such impulses as vanity, conceit, self-righteousness, and haughtiness or contempt. Arrogance is will power perverted by, or rather, misused for selfish purposes; and lust, or passion, so-called, is will power perverted by a misuse of the senses—either taking the form of a discordant force which craves repetition, or infuses the spirit body with a dark or material aura, which acts or reacts for this effect, and which, at the same time, beclouds the innate intelligent life principle or soul, and prevents this from exercising its powers or divine qualifications for a positive or spiritual effect.

The divine qualifications of the soul

sibility to magnetic currents, and through which the one so gifted is enabled to psychometrize the regions of space, planets, suns, universes and their various positions in other portions of space invisible to the material senses or apparatuses from the earth's sphere of action, and which, at the time, proves the pre-existence of man as a mortal being, for many are born with this gift inherent, which, as so powerful a force or qualification of the soul, could not have been developed and neutralized again for a spiritual effect in one short lifetime on earth. Thus its wonderful potency in penetrating both the past and the present outside of its own material sphere, and in the same comparison it is enabled to penetrate the future, only the latter requires an extremely passive condition of spiritual purification, so-called, viz.: a freedom from impure magnetic or material auras connection with the spirit body, for in its pure state, the latter is a strictly magnetic, and therefore transparent counterpart of the physical body; but when infused with impure auras (superinduced by sensulaism or selfishness), it beclouds the soul mature, and to penetrate the future, the soul must be able to penetrate the future, the soul must be able to penetrate the future, the soul must be able to penetrate the future, the soul must be able to penetrate the future, the soul must be able to penetrate the future, the soul must be able to penetrate the future, the soul must be able to penetrate the future, the soul must be able to penetrate the future, the soul must be able to penetrate the future, the soul must be able to penetrate the future, the soul must be able to penetrate the future, the soul must be able to penetrate the future, the soul must be able to penetrate the future, the soul must offer the necessary conditions.

Inspiration is the action of another spirit on one's soul nature, and is light

Steadfastness

To be firm of purpose and steadfast to perform the duty paramount above all others, "true to thine own self," is to be

sheathed in armor and prepared for battle.

The nature of the physical man or mortal mind is gregarious, therefore the masses are ruled by those of strong psychological powers and old modes and fashions, be-

solution from a contract of the contract of th

folded and trained in this life for the good it can do. But it is beautiful to converse with translated beings and be guided by angel hands, "lest we fall." All the time considering all things, weighing all things; not believing all weighing all things; not believing all we think they say, for sometimes we may hear wrong, but believing all that is good and true, pure and holy. There is one test that will try all things; ask yourself, "Is it as God would have it? Will it harm anyone, and can it harm me?" If the answer is satisfactory, then it is expedient, and, if followed, it will lead to disaster and error. The conscience is the unerring talisman, that gives us a warning, and how carnestly we must labor to drive away the errors of the flesh and live truly and steaddastly in the faith that "man lives not by bread alone," but,

"That the universe rests on the shoulders of love—A loves en limitless deep and broad."

A Gilroy Ghost.

[Special to the Examiner, Feb. 5th.]

A sensation has been created in the quiet town of Gilroy by the alleged reap-pearance, in ghostly shape, of a woman who died on the 9th of December, 1887. Mysterious noises and the moving of fur-niture by some invisible agency in the house where she died, have attended her return. The woman, whose wraith has frightened several brave boys who thought they were not afraid of ghosts, went by the

### LIBERALISM.

pelivered in Avon Theater, Stockton, before the Liberal League, Jan. 29, '88, and the following Sunday before the Progressive Spiritualists, at Washington Hall, San Francisco.

There has ever been two well-defined There has ever been two well-defined parties in the realm of thought. One party loves change, variety, progress, and is never so happy as when a new truth is born or wins a victory. They hate to wear old coats and gowns, and declare they always feel better when getting measured for a new suit of ideas. To be a newer man or woman each day, something fresher and different from yesterday, is their special aim.

The other class hates change. Having

The other class hates change. Having got themselves tucked in good and warm with a few ancient beliefs and opinions, they dislike to be disturbed. They are afraid to let a new lodger into the mind, for one is never quite sure how it will behave itself. There is always the haunting dread that it may raise a rumpus some day and turn all the rest of the mental family out of doors. We are reminded of the ambitious youth, who, trying to drive Apollo's steeds, and not keeping in the beaten track along the middle zone of the sky, they run away with him, upset the chariot and set the world on fire. All these fine efforts to improve the way our fathers went to heaven may end in a like disaster. It is safer to keep in the good old ways the saints and sages have traveled before us.

Liberal thought is no stranger, that her us.
ral thought is no stranger that has

ways the saints and sages have traveled before us.

Liberal thought is no stranger that has recently come among us. Way back when the world was young the patriarch Abraham preferred the freedom of the wilderness to the idols and superstitions of his clan. In Athens and Rome we find many earnest souls who were restive under the polytheistic ideas and customs of the day. Men like Xenophen, Socrates and Plato who early perceived the divine unity and thirsted for a more spiritual worship. And over in India Buddhism began in a revolt against priestly domination and caste. Considering the time and place in which he lived, Jesus was the most radical teacher the world has ever known. When only a boy twelve years of age He discarded the absurd Sunday-school theology of the rabbis, and puzzled them with some very hard questions. When He came to mature years He cast aside all superstitious reverence for the Sabbath day, found no charm in the barts and sacrifices of the temple, and preferred to sit under the shade of an olive tree and watch the shepherds leading their flocks or the husbandmen at work in the fields. In Lecky's "History of Rationalism" you will find the spirit of liberty along what is called the Dark Ages, like an oasis in the desert, with its palm trees and fountains, where weary men found a spot to rest. In spite of fetter and fire and threats of an eternal hell, there were always a few souls in that old medieval church, that, like Galilico, would whisper, "The world still moves after all." Perhaps at no period has human thought been so bold and aggressive. It has taken possession of all the new lands of modern discovery, and the ring of its ax may be heard in all the old woods of the past. Though still put into the ecclesiastical pillory, pelted with epithets and ex-communicated as a heretic, it holds the reins of science and philosophy in its hands, and gives to literature and art about all the fragrance and charm they possess.

But what is Liberalism. Let us see if we can get a good working idea of the

it holds the reins of science and philosophy in its hands, and gives to literature and art about all the fragrance and charm they possess.

But what is Liberalism. Let us see if we can get a good working idea of the term. When fully conscious of itself, it is a love of the most true and enduring. Could you go back to the town or neighborhood you left many years ago, after a sort of Rip Van Winkle sleep, you would feel almost as if you were in a foreign country. The fashions and manners have changed. The folly and gossip, the pleasures and conversations of society, or the clubs are all quite different from what they were. You would specially miss the dear old doctor who used to come with his blood-letting lancet and big dose of calomel and jalap. But amidst all the varied change you would soon find there was something that had not changed. Human nature remains the same. You would find the same laws of life and health, the same old-fashioned love blossoming into the rose-bower of home and the family, the same principle of justice and equity holding sway in the markets and courts. In like manner there is a fashion in literature that passes away. We can all remember plays and songs that were once all the rage that have nearly gone out of date. Most of the books and pamphlets that nourished a former generation have passed out of print. Thus time sweeps out the old fashions of thought, and when they are gone we wonder how they could have produced as much interest as they did. But amid all these changes there is a form of literature that does not pass away. Time winnows out and lays away a great deal of seed-corn for other ages, like the poems of Homer, Shakspeare, Dante, and Milton; like the music of Hayden, Mozartand Beethoven, or certain masterpieces of art; like the matchless productions of Angelo, Raphael and Titian. The local and transitory perish. They belong to the ipassing hour, while the ideas and sentiments that are the

blossom of an age, the fruit of humanity, fragments of the universal man and live on and never know Winter and decay.

The liberalist in literature gathers and garners all that is imperishably true, beautiful and good that comes into the market of this or any other age, and lets everything else go into time's great waste-basket. The liberalist in politics looks upon all questions of tariff, paper money, home and foreign policies, and many kindred matters as merely possessing a temporary interest, but the perpetuity of free government, the inalienable right of every one to life, liberty and pursuit of happiness belong to humanity. These rights he will chant in national odes, paint on his banners, and woe be to the man or party who shall attempt to fetter their evolution. Well, now, the Liberalist in religion is one who perceives there are two sets of theological ideas in the world. One as fickle and unstable as the clouds; the other as permanent as the blue sky. He treats the old controversies about the fall of man, original sin, miracles, eternal punishment, and many kindred opinions as he would a relic of the May Flower, or a piece of Washington's tomb, for they all did good service in their day. They were, perhaps, the best ideas the times could produce. But we throw away old hats and shoes when they are worn out, and feel a little bit ashamed to be seen on the street in a coat out of style. Even snakes will not crawl back into their old skins. Why should we be so economical as to cling to a dogma that has seen its best days, and is considerably the worse for wear?

Our chief concern should be to deal with the unchanging facts and imperishable truths revealed in nature, in the grand evolutions of divine thought in history, in the soul, and in all the Bibles and mythologies that have been produced by the religious consciousness in all ages. It is these particles of gold in the quartz-rock of humanity that we will dig out, assay, and coin into general circulation, and all the rest wash as as and into the irrors

II.

But Liberalism is also the love of the most useful. That is the best philosophy which is the most practicable. A new thought that can not be put to work and made to earn something that may lighten the burdens of toil, may as well pass on, the age has no use for it. And this is the only safe rule by which you can estimate the value of religious beliefs and opinions. The good men of the past were made so, by the few useful ideas they possessed. All that is worth remembering in the lives of the old patriarchs and prophets came not from daily sacrifices, chants, and ritual readings in the temple, but from the truths they uttered, the help they rendered. Jesus went about doing good. The glory of Paul's career was his desire to break the bread of life he had found to the Gentile as well the Jew. So, too, all that was noble in Seneca, sweet, pure, and gentle in Epictetus, brave and grand in Marcus Aurelius, were the few great, practical ideas they inculcated, and that could be made serviceable to their age.

It was not the Catholic creed that made the lofty and serene trust of Fenelon, Madam Guion, or St. Louis, but their faith in a just and merciful God. Pascal was not helped in the least by Gothic cathedrals, masses, confessionals, winking madonnas and the bones of old saints, but by the eternal truths he found scattered about in the literature of the times, like grains of wheat hidden in the dust and cerements of a mummy. It was not total depravity, or vicarious atonement,

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SATURDAY, FEBRUARY 11, 1888

### EDITORIAL FRAGMENTS

Like rain to the parched and thirsty earth ar the crystal drops of spiritual truth to the se whose inner consciousness has been awakened to its divine origin and mission. In the light of its new day it mounts as on eagle's wings to the upper air, where serene splendor and undin ished glory environ it forever more.

Who can account for the infidelity of those who call themselves Christians, concerning the demonstrations of a future life through the phe-nomena of Spiritualism? One would naturally think they would be glad to prove what they can only hope for. They not only deny, but will even ridicule facts occurring to-day, the counterpart of which occurring in ancient times, whereof their Scriptures abound, they place implicit con fidence in. Who can explain the strange incon

We bring nothing into the world but the germ of body and spirit; we take nothing out but spirit. The body having done its work is re-solved into its original elements. But what of the spirit? In this is centered the fruition of our years—of our experiences—of our joys and sorrows—of our good or bad thoughts and deeds, -all of which may be summed up in one word,

character." This, and this only, we carry with us to the other life. Put this question to yourself, dear reader, "Stripped of everything else but character, what have I to commence ess with in the other life?

Last Sunday was a golden day. sunshine flooded the earth with a mellow warmth. making the green of the rolling hills more green, and the sky a softer blue. Everybody seemed to be out enjoying the day—a day so unlike those of other lands as to make the contrast almost painful. What a glorious land is this by the Pacific sea! How it excels in the splendor of it climate and in the fertility of its soil, all other lands. Who that has dwelt on these Western shores, and enjoyed the rare loveliness of our atchless seasons, would exchange this for any other spot beneath the bending skies!

"Once upon a time" there was a rich man who fared sumptuously and riotously. He had many mistresses, and openly boasted of his shame In this direction there was no depth of dishono he had not reached. At last he sickened and died, long before his alloted years. He passed on to spirit life, leaving all his milli the exception of a beggarly trifle, with instruc tions to spend the last dollar, if necessary, to defend him in his infamy. Oh, the long years of retribution! the agony and humility of spirit!
the deep and bitter remorse! that must come
to that erring spirit before it can mount the

"One world at a time," says the Materialist That is good advice, provided one makes the right use of the "one world" he now lives in. But the trouble with most people who give no thought to a future life, or to another world, is, that their spirits become so incrusted with material things, and so oblivious to things spiritual, ey enter upon the other life they are as illy fitted for its duties and responsibilities as babes. If one was going to a new country to reside it would certainly be a great advantage to him to know what was necessary to take with him to secure the best conditions and highest enjoyments of the place.

Don't complain of your lot in life; you are not nearly as poor off as you think you are, howeve nearly as poor off as you think you are, however deficient of this world's goods you may be. The real treasures of earth and heaven are all yours, if you want them. Love and honor are yours; so also are the beautiful stars, the bright sunshine, the golden glory of the evening sky, the breath of the rose, the song of the birds, and the laughter of children. Can you look into the cree of the wearent he leave warm. into the eyes of the woman who loves you-your heart's idol—or the face of the babe crooning and crowing on your knee, and say that you are not among the favored ones of earth? Ac-A few days hence the beggar and the king shall lie down together. What will be their relation to each other "

### SPIRIT "CONTROL."

Some of our theosophical neighbors hold to the idea that no one should ever consent to be "controlled" by any spirit in or out of the body other than one's own, and that we should so develop our own spirits as to be able to dispense with all mediums in the matter of spirit comunion. This seems to us a selfish view of the stion, as we shall endeavor to show

We must ever remember that all person not gifted alike, and in the nature of things never can be; and all are more or less "influenced" or controlled" by others. 1 Now, really, in trans ediumship, the spirit does not control the me dium, but merely borrows the medium's machine -his brain and vocal organs—through which ommunicate with his friends in mortal life. At no doubt often is, away in the higher schools of spirit life, growing and unfolding in beauty and strength. Certain it is, in the ordinary trance the spirit usually returns to the body greatly re freshed and strengthened for the cares and re sponsibilities of life. Bodily aches, and all feelings of weariness and despondency, are at such times taken away. This invariably follows where of the medium. The body, at such times, may mpared to a musical instrument out of to A master musician takes it in hand and leaves it in a better condition than that in which he found it.

Suppose a person who could not read should come to you with a letter from some loved one far away. What should be thought of you if you refused to lend him the use of your better educated brain that he might hear from his friend through you? It would do you no harm, and would afford him a great satisfaction.

This is the case with mediumship. You lend cating spirit your instru little while. Of course you have the right to refuse it to any spirit who would in any man injure it, or make an improper use of it. that you must be the judge. But to say that you will refuse it to all spirits for any purpose whatever, is not the right way to treat your neighbor; it does not bring the highest good to

There are spirits infinitely more exalted that their atmosphere without benefit to ourselves Shall we shut them out from our lives? Of course not, you will say; and yet if we refuse to help those beneath us, or who are not favored in the matter of spiritual gifts as we are, how can we reasonably expect that those bright and shining ones will come down into our own lives?

The duty of developing one's own spirit n one will question. And herein is found the highest mission of men and angels—to assist the less favored ones of earth or spirit life. In the one naturally finds the means for his own higher For in doing good to others bring the highest good to ourselves.

So may no medium for the angel world ever eel it his duty to refuse a kindly service to one less gifted.

## SWEDENBORG.

"Swedenborg, the Buddhist, or The Higher Swedenborgianism—Its Secrets and Thibetan Origin," is the title of a volume from the pen of Philangi Dasa, of recent issue. The work is unique in construction, but bears evidence of much careful research into the mystic teachings and practices of Swedenborg. The author in the preface or "foreword" gives a condensed biographical sketch of his subject, in which he says, regarding his mode of living, that—Swedenborg lived in great simplicity; waited, as a rule, on himself, and prepared his own meaks, which consisted generally of bread, milk, and coffee. His sensitiveness and psychical emanations of most persons with whom he came in contact that to prevent names and fainting he used to take sauff—of which, therefore, there is a liberal amount scattered throughout his manuscripts. He worked and slept without regard to day or night; and in the latter years of his life he became severely sacctic—impired thereto by the Great Buddhist Ascetics with whom, on super-sensual planes, he came in contact. In character he was gentle and modest, shrinking and unassuming, hopeful and contented, industrious and unselfable, hencevolent and loving.

The chapters on "The Seven Principles of Man 10 "The Astral."

and mosest, summing and unassuming, popular and contented, industrious and unselfish, benevolent and loving.

The chapters on "The Seven Principles of
Man," "The Sewi-physical State," "The Astal
Light," "Mystic Anatomy," "The Divine Sun
and Universal Life," and "Karma and Re-Enfleshment," will be of special interest to students
of theosophical literature. The book is for sale
by Carl Casso & Co., Santa Cruz, Cal.; Price,
St.50. We commend the perusal of its pages to
the thoughtful mind in search of "more light on
the subject of life--its causes and obects."

Philangi Dasa says: "The motive that underlies this book is to lead to truth and goodness,"
and the reader will surely receive some rays of
truth and goodness if he reads its pages with a
desire to be benefited thereby.

onize that is better or in any way compares with their own. Congress will grant them all the rights and privileges they may reasonably de-mand. Those who go from home for such pur-poses only make room for foreigners not so blind to our superior advantages for life, liberty, and the pursuit of happiness.

### OUR PRIZE ESSAYS.

The Committee chosen to determine the merit of the essays on the best methods of using money for the promotion of the cause of Spiritualism this State, and to award the generous prizes offered by Dr. John Allyn, of St. Helena, have discharged their onerous duties and retired to private life.

The work of carefully reading thirty-five es says, many of them of great length, and no always plainly written, was no light task; and where so many of them were good, it may reason ably be supposed that it was with no little diffi-culty that the Committee could arrive at a definite conclusion. The disappointed competitors may conclude, when they read the winning essays, that another committee would probably hav iscovered the superior merits of their own es says and decided accordingly. With this comforting assurance, coupled with the thanks of th GOLDEN GATE for their interest in the matter.

we will proceed to announce the result.

The first prize of \$25 is awarded to Leon M. Bowdoin, of Stockton. His essay appears on our first page. The second prize of \$15 is awarded to Hudson Tuttle, of Berlin Heights, Ohio. This essay will appear next week. third prize of \$10 has been awarded to E. G son, of this city, and this will appear the Ande following week.

We will say that the name of each writer, in ealed envelope, was kept in our own hands, and that no member of the committee, (which con-sisted of three gentlemen and two ladies), had any knowledge thereof until after their choice was determined.

wanting their essays returned will plea forward a few stamps to pay postage there no fund has been provided for that purpose.

### A GRAND SUCCESS.

The spiritualistic portion of our community were hardly aware, until last Sunday evening, that we had another platform test medium in our midst who is quite likely to equal the best, but of whose wonderful powers the public was hitherto ignorant. And yet it is nevertheless

mist wno is quite incept to equal the loest, of whose wonderful powers the public was hitherto ignorant. And yet it is nevertheless true.

At the Fraternity Hall meeting at Oakland, Sunday evening, Mr. Fred Evans and his wife, Agnes Evans, (formerly Agnes Hance) were announced to be present and give manifestations from the platform,—Mrs. Evans to give lests similar to those given by Mrs. Whitney, John Slater and others, and Fred Evans to give his usual wonderful slate-writing tests.

The house was densely packed, and hundreds of eager invetigators were unable to obtain admission. The hall should have been one of the largest in Oakland to accommodate those who would have been glad to be present.

The expectations of all present were more than realized. Mrs. Evans first took the rostrum. She was naturally somewhat nervous until after passing under control, when for three-quarters of an hour her guide held the large audience as if by magic, giving test after test, clean cut and positive, with full names in every instance, and never making a mistake. Each name as given was accompanied with a message from the spirit, which were mainly of the most convincing character. It is needless to say that Mrs. Evans 'friends were taken by surryines, as none of them were aware of her power in this respect.

Mr. Evans followed with his marvelous slate-writing manifestations, which have been too often described in these columns to need mention here. These mediums are both admirably fitted for public work. Working together as they do, the manifestations through them present a most pleasing combination. They will occupy the platform of Scottish Hall in this city to-morrow (Sunday) evening. Mr. Maguire and Mrs. Carrie Minor will be present and sing.

## ONLY THE BIBLE.

ONLY THE BIBLE.

This is an age of phenomena, and now comes a man who is not only a puzzle to himself, but to all others who do not understand spirit power. As usual, he hails from Georgia. His name is J. B. Wilson, and the orfiffin Sum says he was born at sea; lived in sixteen different states in as many years; grew up without education, wild and wicked. Some years ago he became a Christian, and since then has lived consistently with his profession of faith. One night he dreamed that he must read a certain chapter in the Bible; the dream so impressed him that he arose to obey it, and although he did not know the alphabet, found the chapter and read it through. Since that time he has read his Bible regularly, but not a word, it is claimed, can he read in any other book or paper.

lies this book is to lead to truth and goodness," and the reader will surely receive some rays of truth and goodness if he reads its pages with a desire to be benefited thereby.

Debt.—The Republic of Mexico has laid another burden of woe upon its people—burdens that always rest most heavily upon the poor. The immense loan of ten million pounds just negotiated for, will sink the Mexican peans to a depth of poverty and misery yet unknown to them. What a country for Americans to colonize in, to say nothing of its murderous gangs of banditti, who pounce down upon isolated villages, sacking, burning and killing. Now, there is no country on the globe for Americans to colonize in the colonize in the

### IRVING HALL

On Sunday last, Feb. 5th, W. J. Colville had cellent audiences in Irving Hall despite the an-

On Sunday last, Feb. 5th, W. J. Colville had excellent audiences in Irving Hall despite the announcement previously made that meetings would be held in Odd Fellows' Building. The proprietors of Irving Hall have been extremely kind and courteous, renting that popular and commodious place of meeting on peculiarly advantageous terms. The hall last Sunday presented a truly fascinating appearance, as it was adorned with a large number of very handsome pictures which were sold at auction during the week.

The subject of the morning discourse was "The Transfiguration." A synopsis could not possibly do justice to the treatment of the theme. An active member of the audience, who circulates a great amount of spiritual literature, the GOLDEN GATE in particular, was very anxious that it should be re-delivered and reported for these columns, as it was fall of practical suggestions for the spread of spiritual truth, and earnestly called upon all who had received any light to let that light shine brightly wherever it would. In the afternoon the class lecture on the "New Dispensation" was very interesting, as it explained the signs of our times in a most instructive and impressive manner. But the event of the day was the evening discourse on "The True Basis of Moral Education and the Relation of Spiritual to Secular Culture." W. J. Colville seems particularly inspired when dealing with educational topics, in which he and his guides seem to take a special interest. As a preface to the discourse short extracts were read from the works of Herbert Spencer and J. R. Buchannan. Both these eminent men seriously bemoan the present to take a special interest. As a preface to the discourse short extracts were read from the works of Herbert Spencer's on the substitute of the present of the present which plantify for rearing and training of offspring. Fourth—Activities which discretly minister to self-preservation. Second—Previous are as follows: First—Activities which discretly minister to self-preservation. Second—Previous are as follow

—Practical. Fourth—Hygienic. Fifth—Intellectual.

W. J. Colville's lecture first considered Spencer's and then Buchannan's recommendations, seriatins; but throughout especial prominence was given to moral colture, which, when it takes the lead, glorifies all the rest, and indeed expresses itself through all methods which are but diversified channels for its expression.

What is true education but education from the Latin, educer, to lead forth. Intellectual cramming is not conducive to health or longevity; indeed, it saddens and shortens many a career. Upon being misdirected it places power for mischief, rather than for good, in the hands of the morally perverted. Education is an engine of tremendous force; without it men are comparatively helpless, with it there is little they can not perform. Therefore, its direction into useful and ennobling channels is the one great question of the day.

Schooling is not education; book-worms and

s tively helpless; with it there is little they can not perform. Therefore, its direction into useful and senholing channels is the one great question of the day.

Schooling is not education; book-worms and ascholastics are too frequently nothing but pedants contributing scarcely anything to the real wellow the contribution of the con zens everywhere to purify the Board of Educa-tion, and secure the election of such men and women as are distinguished for sterling worth of character, rather than for mere intellectual brilliance. Many a brilliant man has ended his days in a convict's cell. Good citizens, rather than wealthy and dazzling ones, are the need of

than wealthy and dazzong the age.

The music at all services was very pleasing, and the collections large. The door fee, morning and evening, has been abolished and with very good results.

The jattendance last Sunday evening was sofficient to fill the lower floor and nearly fill the gallery. W. J. Colville has only three more Sundays in this city, as he leaves for Los Angeles and other Southern points at the end of this month.

month.

On Sunday next, Feb. 12th, the subjects of discourse will be: 1045 A.M., "Eminent Heroes of History, with Special Allusions to the Life and Work of Abraham Lincoln, the Anniversary of whose Birth Occurs To-day:" 7:39 P. M.,

econd lecture in the present course on Educa Woman by Means of Enlightened Co-education."
The Theosophical lesson at 2:30 P. M. will be on
"The Great Pyramid of Egypt—A Symbol of
the Universe and Man," (by particular request).

### SUPERSTITION AND SCIENCE.

SUPERSTITION AND SCIENCE.

Some very pretty beliefs are ascribed to the Wintuns Indians—pretty because they are considered the untutored children of Nature; but it will be seen that these ignorant people have an inkling of some scientific truths. They believe in three worlds, while we know there are now, and believe in many more. Some of this tribe think the sky is smoke, others that it is ice, and still a few more believe it quarte crystal.

Some modern would-be scientists declare that were it not for smoke in the atmosphere all distant objects now at all visible would stand out clearly to our vision. Those who believe it is ice have surely had strong confirmation of their opinion in the recent snow and extreme cold. No fairer conception could be had of the serene Summer sky than that it is a dome of crystal. To the ancients it was a concave expanse resting upon solid foundation. To the Wintuns mountains were made by the burrowing of the mole god.

The idea that the mountains were raised is a correct one, the method only is in error. Calling light and darkness maiden goddesses very much resembles the superstitions of mythology, of which those regarding the forms of Nature and natural phenomena were most beautiful, however heathenish and far from the trath.

According to the Wintuns rocks and other inanimate things were once living, and some rocks now live and speak, which is the Wintuns explanation of echoes. See, now, another truth perceived by the Wintuns.

E. D. Walker, in Christian Wide, Anake, says; We generally think of miorrals as dead lump of inactive matter. But they may be said to be allive-creates of vital pulsations, and separkate into individuals at distinct as piens in a forest, or the tiges in a jungle. The dispositions of crystals are as diverse as those of animals. They throb with unseen currents of energy. They grow as long as they have opportunity. They can be liked, too, though not a easily as an oak or a dog. A strong electic abod discharged through a crystal will decompose it very rapicly

assure graze in the reverse order from its growth, used its proport thing lies a dead, shapeless ruin.

Linnaus, the renowned Swedish naturalist, defines the three kingdoms thus: "Stones grow; "plants grow and feel; animals grow, and feel, "and move."

To the Wintuns whirlwinds are little spirits neeking water to drink. Is not this what the winds mostly do—drink up the earth's moisture? Farther and lastly, these people attributed disease to mythical animals. We call these mythical animals eval spirits, and we dare say their orms are sufficiently hideous and various as to tamp them with any but a natural origin.

## A LIVELY REVIEW.

A LIVELY REVIEW.

What I saw at Cassadaga Lake: A Review of the Seybet Commissioner's Report. By A. B. Richmond, Est, a member of the Pennsylvania Bar? Author of "Long and the Prison," "Dr. Crostby's Calm Riv Author of "Long Standard Sta

nedium at Cassadaga Lake:

Sir:—Do all you can to combat the error into which my
commissioners have fallen. They were unworthy and unsithful. Henry Savorer.

Mr. Seybert has evidently found the right man Mr. Seybert has evidently found the right man to vindicate him, and properly rebuke the Commission, (the custodians of his munificent gift to the University of Pennsylvania,) who, by their report, sought to cast ridicule upon his belief. In Richmond's trenchant pen they have met their lost Atlantis, and have been overwhelmed so vastly by the deep sea of argumentative oblivion that nothing but another planetary cateclism can ever resurrect them.

Every Spiritualist should procure copy of this book. Price, \$1.25. The publishers have our thanks for a copy.

thanks for a copy.

HER MISSION.—Rumor has evidently reached the end of her tether regarding Mme. Blavatsky and her mission outside her native land. Her last "find" in the character of Mme. Blavatsky is that she is a spy of the Russian Government, and the mystery she professes and practices is but a means employed to detract public attention and curiostly from her real business. The meddlesome Dame is rather rough on Col Olottu, making the Madam designate him as a "fool," "the chief of her domestic imbeciles," her "psycological baby," etc., etc. Now, if the mission of this remarkable woman has been to further Russian interests in India, the long years she has persistently devoted to that end, have certainly entitled her to the highest reward that attaches to persistently devoted to that end, have certainly en-titled her to the highest reward that attaches to such service. The outcome of her work does not yet appear, but if it be such as described, the near future must reveal it. If it shows noth-ing to sustain present reports, then the world will have to content itself about Mme. Blavatiky until the Recording Angel chooses to truly en-lighten it.

-Hon. Horace Davis has been elected President of our State University.

## EDITORIAL NOTES.

E. W. Steele and wife, of San Luis Obispo, ed us with a pleasant call on Wednesday

-Admission to Mr. and Mrs. Fred Evans'
nnce at Scottish Hall, 111 Larkin street, is o

—Mrs. Elsie Reynolds arrived in San Francis on Thursday last. She will remain for a week ten days, and will hold seances each eveni dering her stay at 1037 Mission street.

-Mrs. M. J. Hendee will lecture before the Joion Spiritual Society next Wednesday evening, 1111 Larkin street, St. Andrew's Hall; subject, Soal Science." Doors open free to all.

—An appreciative reader says: "Of all the Christmas presents received, from her hus-tand that of a year's subscription to the GOLDEN GATE gave her the greatest pleasure."

-Masloth, the astrologer, will be located the essuing summer at Turlock, Cal. Send stamp for circular containing full particulars of his astral readings. Address, Masloth, Box 45, Tur-

—Victorien Sardou, the great dramatist, is to call his villa at Nice "La Tosca," after his latest pisy, which has created such a furore in Paris, with that queen of tragedy, Sara Bernhardt, in the title role.

—It is authoritively stated that General Lew Wallace has received \$37,000 as royalties on Ben Hur, the sales of which have reached to almost 20,000 copies. This "tale of the Christ" is one of the great works of fiction of the century.

"We call attention to the advertisement on our fifth page, of Mrs. Cora L. V. Richmond's cew book, entitled "The Soul," All advanced spiritualists will find in the teachings of Mrs. Richmond's guides the grandest of spiritual les-

—The Society for Theosophical Research which set every Saturday at 7:30 P. M. is progressing minally. The exercises, Feb. 4th, were both neative and diversified. Several excellent teaches were made; songs were finely sung; sev-al new members were enrolled, and a general old feling pervaded the assembly.

od feeling pervaded the assembly.

—Mrs. J. J. Whitney will hold a public seance
the Avon Theatre in Stockton, on to-morrow
enday) evening. She will leave Stockton for
termment on Thursday next, February 16th,
od will stop while in that city with Mrs. Thorpe,
or Eighth street. On Sunday evening, the 19th
atant, she expects to give a public seance in
termento. She is receiving a grand ovation in
ockton.

-We recently attended a delightful birthday —We recently attended a delightful birthday ty, given by Mrs. Agnes Evans, wife of Fred rans, to a few friends. For an hour or more eir beautiful parlors resounded with the mirth all to progressive euchreists; then followed an beamment to the dining room, where all sat was to a substantial banquet. Mrs. Evans pre-dig gracefully, he guests were in their best hu-or, and the evening was one of refined social

-Odd Fellows' Hall was packed to its full measure, on Sunday evening last, with an intel-ligent audience, to witness the marvelous maniugan ausence, to witness the marvicous mani-fications of psychic power as given through the mediumship of Mr. John Slater. As a public platform test medium, Mr. Slater has no superiors and but few equals. His season promises to be both profitable to himself and the cause he so represents. He appears at the same place to-morrow (Sunday) afternoon and evening.

signit o-morrow (sunday) atternoon and evening.

—At Metaphysical College, Room 7, Odd
Fellows' Building, W. J. Colville's classes crowd
the hall both Monday and Thursday evenings.
The teachings are of great importance, as they
steeped significant to the steeped significant to the steeped significant to the steeped significant to the significant to the

—We had a pleasant call the other day from that grand old pioneer Spiritualist of Michigan, Hon. J. G. Wait, of Sturgis, Mich. He, with his family, are on a few week's visit to this Coast. They have been for the last two weeks guests of Mr. L. L. Moore, of Lemoore. Mr. Wait was takely instrumental in building the first edifice exceted to the uses of Spiritualism in America. He has occupied many positions of honora and trust in his native State, and is a man to reflect honor on any cause.

—Hon. Amon Adams in the Patron of Hus-

—Hon. Amos Adams, in the Patron of Hus-isudy, says: "I am in favor of taxing whisky "in every form, and, if possible, banishing it "from the face of the earth. If that cannot be "doon, then I would enact laws to punish the "whisky-dealer as an accessory before the fact "of three-fourths of all the crime committed in "the United States." We are pleased to add that the author of the foregoing noble sentiments be the President of the "Golden Gate Printing and Publishing Company." As a rule Spiritual-uits are generally sound on the whisky question.

as are generally sound on the winsky question.

ATE takes exceptions to an "editorial note" at appeared in last week's issue of the paper, herein we spoke of a certain seance at which he was present. We stated what had been repsented to us as a fact, whereof we asserted, "we are assured," etc. Our friend informs us hat so far as she and at least one other person ere concerned, our informant wholly misrepredied the facts, as they were very much dissatised with the seance. We see in this then the seance we see in this the seance where the search of the facts of the search of the facts, as they were very much dissatised with the seance. sented the facts, as they were very munca cassatised with the seance. We see in this the necessity of greater caution in relying wholly upon the statements of others in matters of such importance. "I said in my haste," says the Paalmist, "fall men are liars." Don't apologize, O Paalmist

—At Oakland, Alameda, and San Jose, W. J.
Colville is continuing his work most acceptably.
The local papers are fair and courteous, often devoting considerable space to excellent reports of the proceedings. Classes in Alameda are held in Odd Fellows' Hall, Market street, Monday and Thursday, at 245 P. M.; San Jose, Germania Hall, Wednesday, 2:30 and 7:30 P. M.; Oakland, Hamilton Hall, Friday, 2:30; public lecture, S. P. M. The Friday evening lectures on "The Miracles" are found intensely interesting, the audiences increasing each week. February 3d the subject treated was "The Man Blind from Birth;" February 10th, "Raising of Lazurus." The subjects for the two closing lectures will be: February 17th, "The Woman who Touched the Hem of the Garment of Jesus;" February 24, "The Resurrection of Jesus and What it Signifies." Admission, ten cents.

# To all Interested in Spiritual or Men tal Healing.

As my recent announcement in the GOLDEN GATE has brought me crowds of letters and inquiries from all parts of the country, in many instances coupled with offers of subscriptions, which I have, with two exceptions, declined to receive at two exceptions, declined to receive at present, I must beg leave to trespass again on your hospitable and widely circulating columns to give all interested precise information as to the nature of the work. I have decided to issue it in handsome cloth binding at \$1.00 as a companion volume to "Spiritual Science of Health and Healing," (new edition, 270 pages, Garden City Publishing Co.) It will also be issued with "Spiritual Science" in one volume of fully 500 pages, under title, "Universal Theosophy" at \$2.00. Now to cover the actual cost of production and no more, I will take subscriptions immediately from subscribers to the Golden Garten only at 50 cents for the \$1.00 book, and \$1.00 for the \$2.00 book. Such subscriptions to be sent to Mr. Owen, who, of course, knows who are his regular patrons. All subscriptions sent to me must be atther rate of 75 cents for the single, and \$1.50 for the double volume. I have already almost more material than I can use, but as my time is fully occupied in so many directions, I can not promise the book earlier than June, though I want to see it in the hands of subscribers at an earlier date if possible.

I repeat, what I ask for is definite questions for the philosophical department, and well authenticated reports of cures for the section entitled demonstration. Readers of "Spiritual Science of Health and Healing" will, no doubt, have many questions they desire to have answered. A little book entitled "Metaphysical Queries," compiled by Miss S. C. Clark, of Cambridge, Mass., is still in the market, and is her copyrighted property. I shall take nothing from that for my new work, the questions and answers in which will be in every case original.

I have been particularly requested to republish "Practical Directions for Treatment," which, when issued in type writer style two years ago, achieved an enormous circulation, but are now out of print. These will be greatly improved and extended in my forthcoming work.

A book entitled "Universal Theosophy" is the large, double conspicu

## Live Reflections.

Human nature is becoming to me mo and more a puzzle. That rich men, who have no assurance of enjoying their pelf a week, and who firmly believe their interest in the never ending higher life will be in proportion to the good they do their fellow sufferers in this vale of tears, can be devoting all their energies to further accumulation, withholding even small por

be devoting all their energies to further accumulation, withholding even small portions of the same from the advancement of the cause, which is converting this same vale of tears into a probation of happy expectancy, is to me a mystery, inscrutable and past finding out.

Horace Greeley once published in the Tribuns, "The doctrine that teaches an everlasting separation of parents, children, and friends, consigning a portion of the same to endless torture, has caused more affliction to the people throughout Christendom than all other evils combined."

And yet men who have their thousands are, but too generally, unwilling to relax their grip on their hundreds, for the removal of the afflicting superstitions which the philosopher Greeley deplored, and which it is in the power of the present generation to prevent from much longer enslaving the human, God-given mind.

How long Money-bags will be required to call, Dives like, to Lazarus for water to cool his parched tongue, after he has "shuffled off this mortal coil," we are not informed; but we have a right to believe that, in the course of natural justice, his suffering and its duration will be proportionate to his opportunities for doing good to his less fortunate fellow creatures in this life, and the way he has improved or neglected them. neglected them

I notice that there is quite a stir in the Christian churches throughout the United States upon the subject of the science of Christianity as applied to the cure of dis-eases of the mortal body. Metaphysics is the term used, I believe, to convey the idea to the public. In the issue of the GOLDEN GATE of January 21st, I notice an article from J. A. Wilson, starting out

Golden Gate of January 21st, I notice an article from J. A. Wilson, starting out upon the subject of small-pox. I expected when I started in to read the article that I would be told how the lady cured small-pox with Christian science. I read the article over twice, but failed to see the problem solved. I think I can see how the mind or controlling power of one mortal body can effect the mind or controlling power of one mortal body, and I think I can, in a small degree, see how the light from the great Source of all spiritual light is reflected upon our souls, as a guide to lead us onward and upward, toward the fountain-head of all that is good, of which at present we know so little.

To illustrate what I want to better understand is the action of mind over matter. I once knew a very bright and talented man, an editor of a paper. He seemed to spare no pains to cultivate the intellectual or spiritual part of his nature, but almost entirely ignored his mortal body. He allowed his physical body to go about the city in dirty clothing, did not provide suitable food, or a good bed for the body to rest in. The floors of his rooms were covered with dirt, books, dishes, and fragments of his last meal. A straw bag in the corner was sufficient for the body to rest on. Consequently his body was often in a dirty, emaciated condition, although the emanations from his brain or spiritual life were of a high order. The articles he wrote for publication were full of wisdom.

As I said, I can see how a person can

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SAN FRANCISCO, Feb. 7, 1888.

A Test Case.

Edition of Golden Gate:

Miss Ruth Randolph of Oakland, who was recently favorably mentioned by the Golden Gate; show the mortal body can be cared for, unless constructs and unmistakable evidence, last week, of her power as a slate-writing medium. The slates were my own, and sealed in a wrapper and tied with bands of rubber. She took hold of one end of the slates and placed them under the table with one hand, while I held them by the other end. Immediately the writing commenced on the slates. I could hear the sound of witing and feel the vibration of the slates; at the same time I distinctly felt gentle pressure of spirit hands on my hand under the table. I received a long, friendly communication, in four distinct colors, on one side of each slate. This communication was written without any pencil, as I did not place any between the slates.

The medium held a slate before the mirror, with a piece of white slate-pencil, and I saw it write a sentence. The pencil wrote withou hands—so far as I could see. About the genuineness of this message there can be no mistake. H.

Man's deepest want, uttered out of the defect and penury of his spiritual life, has been that there might be something more than a withered branch, a fragment; that he might know his place and be at home in the universit order reconciled to the divine law.—J. C. Learned.

Woman is the Sunday of man. Not his repose only, but his joy. She is the salt of his life.

procure nature's remedies, often become diseased, but recover as soon as the right kind of food is provided.

I do not believe that Christian science comes within nature's laws for curing the diseases that mortals and the lower grade of animals are subject to. I suppose it is my ignorance of the laws of nature. I wish someone who has made this subject a study would tell me how to cure small-pox, typhoid fever, or any well defined disease by Christian science or metaphysics, as it is called.

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## Material and Spiritual Science

" It-the study of science-admits that there are two worlds to be considered— the one physical, and the other psychical,—and there is a most intimate relation and inter-connection between the two; the bridge from one to the other has yet to be found,—that these phenomena run ot in one series, but along two parallel

lines."

This is said by Huxley, who occupies a conspicuous place among the pleiades of bright men who have, with great success, devoted themselves to the advancement of the physical sciences during the last half century. He possesses the rare faculty of writing brilliantly and holding the interest of the unscientific while elucidating the most intricate problems of physical science.

science.

He once said that "if the spiritual phenomena are true, they do not interest me," for which unworthy expression he should now be forgiven, when he admits there are two worlds inter-blended and running in parallel lines. But when he says that the bridge connecting the two has not been found, he shows that he is much better acquainted with physical science; but it is much that he admits that there are two worlds so different in their character, but inter-connected one with the other.

When the suspension bridge was built across the Niagara river the engineer attached a small cord to a kite which was flown across the seething chasm; to this was attached a larger rope which was increased until the ponderous wire cable was in place, securely suspending the railroad bridge over which hundreds of people pass and repass daily in comfort and safety.

The bridge connecting the psychical with the material world may be in the condition of the Niagara bridge when the rope connected the precipices on either side of the river. If this is so, the most difficult part of the problem is solved, and the completion of time and every-day work until the structure is completed and the people can pass and repass without difficulty or skeptical question. The completion of this structure will be the work of the next century, but the work of the pioneers, who have flown the kite and passed the first cord, will be appreciated at its true value, and they will be held in grateful remembrance.

This illustration should not be taken too literally, but liberally construed, it expresses a great truth with regard to our spiritual environment. The saying of Paul that we know in part, and prophesy in part, holds true until the present time. In fact, our faculties which cognize spiritual matters must be developed by a progressive culture before we can arrive at clearness of conception with regard to the spirit world and its inhabitants.

Let us inquire in honest candor, What has Spiritualism, in its phenomenal aspect, done for us in the la

tuition which cognize the spiritual world by direct contact.

And here the question arises, Can the intuitional powers of the soul be put in direct contact with spiritual truth? Material scientists deny it, but theosophists affirm that it is the principal method by which their masters have built up a grand system of spiritual knowledge. Let us not too hastily deride this important matter, for it is plain that those who continue too long and exclusively to seek mere phenomena bring leanness upon their souls.

souls.

But we must be charitable and allow a wide margin for individual liberty, ever bearing in mind that all are not on the same plain of unfoldment, and can not be crystalized into the same mold of belief; but duly consider what Paul says to the Romans: "God will render to every man according to his deeds,—to them, who, by patient continuance in well-doing, seek for glory, and honor, and immortality,—eternal life."

Bernhardt's Hospital Experience.

—It is aaid that when Bernhardt was studying for a play in which she had to die of consumption, she used to visit the Paris hospitals and study realism in the consumption wards. At last, one afternoon, while she was passing through one of the wards, a young girl, dying and delirious, rose to a sitting posture in the bed, and, shaking her finger toward the actress, cried: "Look there! There comes again that dreadful woman! She is death itself! Wherever she goes we die! Whenever she looks at one of us, that is the end! Take her away! Take BERNHARDT'S HOSPITAL EXPERIENCE.

her away!" and with a shriek the woma fell dead. The Bernhardt visited th hospitals no more.—N. Y. Sun.

### Swedenborgians Pained

It is somewhat surprising that Swedenborgians should denounce Spiritualism, and yet they are among the most bitter of and yet they are among the most officer of its opponents, probably because it ap-proaches so nearly their belief without be-ing identical. Dr. W. H. Holcombe, one of the lights of the New Church, says in Helps to Spiritual Growth:

Helps to Spiritual Growth:

I am always pained to see people who have been recently deprived of their friends, rushing excitedly and hurriedly into spiritual matters, reaching out blindly in the dark, consulting mediums or clairvoyants, and yearning after comminication with the dead. It is an unhappy and unhealthy frame of mind, productive only of evil. Such persons are not disinterestedly seeking the truth, the only way in which it can be found, Their intellect is not calmly engaged in the pursuit of a rational philosophy or religion; but their affections are intensely aroused, and eager to find consolation in some kind of reunion with the beloved ones who are apparently lost.

Then he goes on to make our duty

Then he goes on to make our duty plaim—that we are not to seek to learm anything about the individual spirit that is our loss, but to so live as to be prepared to be reunited in heaven.

If the Rev. Dr. Holcombe ever loses a near and dear friend (we infer from his words that he has not), he will find how utterly heartless and unsatisfactory his talk about a "rational philosophy" and "religion" is, and he will be most "eager" "to find consolation" in direct and tangible communion "with the dead."

A calm, philosophical frame of mind is desirable, and to be folded under the protecting wings of religion a comfort to the weary, world-lost soul; "disinterested seeking after truth" for its own sweet sake one of the most delightful occupations in which a human being can engage; but the mind has still other qualities which bestow many fold more joys. We are creatures of affection. We love; and love is, according to Swedenborg himself, one of the prime factors of heaven and earth. We love, and death does not extinguish our regards. The white-robed angel of highest heaven has not escaped the chains of love for those left on earth. Like the cord which the legend says ties the stork to its old nest, and draws it back from remotest climes, love holds the spirit, and draws it from the most enchanting scenes to the family hearth.

"Pained!" Why? Because the Rev. Holcombe thinks all knowledge of the next life ought to come through Swedenborg; and bear the seal of Jesus Christ!

It is joy that they who part at the grave, when they return to their homes, instead of sitting down by the grey ashes to extinguish the last expiring flame with bitter tears, may feel no vacant place, no less warmth or light, but a presence of an angel, unseen, but felt as a sacred influence, leading all thoughts and desires to a higher life.

If there is ever a time we want a strong staff to support us—if we ever need consolation, a balm to heal our lacerated hearts, it is at the grave of one dear to us. It is not surprising that people seek Spirituali

It is a very attractive millennium which Dr. Talmage predicts, when society "shall be attuned by the gospel harp:" "There will be as many classes in society as now, but the classes will not be regulated by birth, or wealth, or accident, but by the seale of virtue and benevolence; and people will be assigned to their places of i good, or very good, or most excellent. So, also, commercial life will be attuned; and sixteen ounces in every pound, and apples at the bottom of the barrel will be as sound as those on the top, and silk goods will not be cotton, and sellers will not have to charge honest people more than the right price because others will not pay, and goods will come to you corresponding with the sample by which you purchased them, and coffee will not be chickoried, and sugar will not be sanded, and milk will not be chalked, and adulteration of food will be a State-prison offense. Ay, all things shall be attuned. Elections in England and the United States will no more be a grand carnival of defamation and scurrility, but the elevation of righteous men in a righteous way."

They have some original characters in IT is a very attractive millennium which

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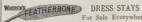
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will try to fill out a fragment.

Some spirits are very near this life; that is, are but little removed from mortality.

I am not meaning in this connection high er low spirits, but some are closely allied to this world. Their alliance may be from attachment to persons in the form, and of others their attachment may be to material things that they still hunger for; as there may be high and low attachments, and it may not follow that an earth bound spirit is necessarily a low or undereloped spirit. It is necessary for me to say this for the sake of clearness. I think those spirits who are but little removed from this life hear audible expressions and see what I have written objectively, as I now do; but they will not know what I will say next until I say it, while a spirit who reads my mind will know it as I know it. Thought is prior to expression in the order of genesis, but practically equal in the order of time. I am not making this division very definite, only feeling my way for an idea.

There are constitutional mind-readers in the form; what makes them so no one antell; so on the other side of life we carry over our mental characteristics and are mind-readers there. Thus in spirit life are constitutional qualities, as well as impoved facilities, and certain it is there are, as I have said, spirits who read what is in the mind, and there are those who as see and hear objectively. The mindrading spirit has the advantage of the spirits who hear and see empens, it helps external hearing and seeing. It takes material organs to hear and see material sounds and written expressions; they can easily be found, so that if any spirit wishes to see and hear material things there is opportunity; but the presence of a medium does not open the mental vista; it makes conditions. That is more or less agift or a growth.

I do not think it perhaps wise to say, though I have good authority for it, that

medium does not open the mental vista; is makes conditions. That is more or less agin or a growth.

I do not think it perhaps wise to say, though I have good authority for it, that higher spirits read the mind, and lower ones see and hear externally; and certainly, if I did say so, I should wish to be understood that "high and low," in spirit life, were not what we understand by the terms in this life. I should say spiritually high or low, rather than intellectually. I consider Robert Dale Owen a good authority, and he says higher spirits read our minds; those lower than we are hear or see the expression when uttered or written. Eugene Crowell, a great observer and able writer, says the same, and llustrates it with proof. Both of these writers would say that if Theordore Parker as on one side of me and Jim Fiske on the sher, as invisible spirits, the latter would bear my uttered thoughts, and read observely my written words, but not read my unind; and the former would read the bought in my mind, but could not hear as utter it. I only use these two names a llustrate the principle. I will add that my mind is rarely read by a spirit, but I now myself, and am not so high by commution or cultivation that I overtop my wroundings, and that when I sit with a second of the secon oundings, and that when I sit with a lim the controls are below me, as a real thing, for I know that can not be, the fact is patent; they can not read mind, but they can hear what I say, and should guy them, they would not w it, but I would. Oh, how many se I have been fully charged with a upth—boiling over with it, but never

snow it, but I would. On, now many times I have been fully charged with a booght—boiling over with it, but never reached by the spirit.

I think those who get readily what they consider good tests are those whose minds the spirits can read. Such things are not tests to me. Tests of spirit presence are asily obtained, but tests of identity are much rarer. So, when an investigator and to me at Charles H. Bridge's circle, the other night, that he had been following this up for nearly thirty years, and was no nearer than when he began,—he was not very difficult to convince; he said he wants his father to call him by his pet name; he can do it well enough, if it was his father, and that would settle the matter with him, be should believe it was his father. Says I, knowing how easy it would be for some spirits to read his mind, and get his pet mame, "I should prefer the spirit father to tell me something that he knew and I did not know, and that I could identify him by." That is what I call a test, and I have had such, though, like "angels' visits," they are tew and far between.

ualists will remember him. His manifestations were very singular, very intelligent, and certainly very unaccountable, some of them even as spirit manifestations, and yet were unmistakable. In some respects, his were something like Charles H. Foster's, writing on the arm initials and names, tests to identify names written on pieces of paper and folded up into pellets; but his most unique ones were different from any one's else, and those were what interested the author of the "Scientific Basis" and myself, and we followed them up night after night and day after day.

A description of one will give the idea: We went to a well known gentleman's house. As usual, he nsed a chamber for a seance room. I sat, as usual, on the side of a nearly square table; the medium, Mr. Sargent, and some one else occupied the other three sides. My back was against a bureau, the drawer of which could not be opened unless I got up and moved my chair. This location, however, was accidental. On the table before us were paper, cards, and a box of crayon pencils of various colors.

While having various manifestations, Colchester said to me, "Take a few of those cards and see that they are white and clean, and mark them so as to know them." I took a half a dozen, and cut crooked corners off of each, and put the bits in my pocket; and he said, "Put the cards out of sight;" and I got up and opened one of the drawers behind me, which seemed to be packed full of white clothing; but I put in the cards and also a handful of the crayons, some eight or ten, of various colors, and shut the drawer. I took my seat, and then we went on with the manifestations as before. Coming to a pause in fifteen or twenty-minutes, the medium said, "You better see, Mr. Wetherbee, how your cards look." I got up, moved my chair, and opened the drawer, and on each of flowers, scenery, birds, houses, etc., and the colors of each of the crayons were found in the several pictures. My bits fitted into the mutilated corners. We were absolutely certain they were the same card

the colors of each of the crayons were found in the several pictures. My bits fitted into the mutiliated corners. We were absolutely certain they were the same cards that were new and clean; it was in the daytime, and no possible communication with the drawer, and the cards had to stand on end owing to the fullness, and the crayons had, for the same reason, to lie horizontally, or roll into the crevices. It has always appeared to me that it was a will rather than a mechanical operation; but the fact is exactly as I have stated it. I suppose Mr. Sargent and myself have been present twenty or thirty times to witness these operations.

I remember one time Sargent said to me, "I will meet you there, and why won't you, on your way, buy a sheet of cardboard, and see if anything would come on that?" "I will." And he said, "I have no doubt of the cards on our friend's table, still it would be a strong thing to be able to say we brought our own cardboard." On my way I stopped and bought a new sheet, and when I got to the house it was early. Colchester had not arrived, and I cut the board into six or eight squares, of about five by six inches in diameter, and laid them in a pile on one side. I don't think any one knew it. Nothing was said about it, and the manifestations went on as usual for nearly an hour, when Mr. Colchester said, "Mr. Wetherbee, take now one of your cards, and mark it so as to know it." I did so by cutting a bit out of a corner and retaining it, passing the card over to Colchester, who took it with his thumb and finger and shied it into the opposite corner of the room, and grabbing a lot of the crayons on the table, threw them over in the same corner, saying, "Go and pick it up," and I did so. The pencils lay scattered helter skelter, and the card, which passed from me white and clean ten seconds before, had a very pretty and artistic vase of flowers drawn upon it, using the colors of the crayons of those he threw after the card. I could name many more incidents of this kind, but these two, out of a g

boundary of the spirit world."

\*\*

Colchester the medium used to do one thing that I never saw done before, or stone, pro often did he do it. He was not often inclined to do it and had to be in consider good tests are those whose minds the spirits can read. Such things are not tests to me. Tests of spirit presence are tasily obtained, but tests of identity are tasil

were the pellets and the names, the same ones that I had thrown out the window and should have been blowing up or down

ones that I had thrown out the window and should have been blowing up or down the street.

The same thing was done for others as well as for me, not often, but I can safely say five or six times, that phenomono was done as I have stated. This was before I had seen materialization or dematerialization, and it embarassed me, and it would now, and does when I think of it. It is as incomprehensible as Zollner's fourth dimension. I simply know positively that it was no illusion, or deception, or sleight of hand, and the same identical papers with the same names that were out of doors, were at once found in the vase on the mantle, the medium nor any one else having left their seats at the table, and the parior where we were sitting was brightly lighted with a gas chandelier. I don't see how it was done, or the object of it as a spirit manifestation, unless it was to show their power to do the unaccountable, and they succeeded.

Boston, January 25, 1888.

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es for the Golden Gate.]
Gems of Thought.

In the limitless sea of that wonderful world,
The life of the soul and the mind,
Its great waves, all auruge, o'er our being are bu
Drifting pearls in the sands left behind,—
Pearls of thought on the shores of the mind.

All the rest is as but a vast, o'erwhelming deep, From which often we seek to retire; Seek surcease, when o'er wearied, in soul-restful And by day in each restless desire, In the soul's hidden loves' smould'ring fire.

r like gay-plumag'd birds flitting past on the win Trilling cheerily or sadly each note, re the swift-wing'd thoughts, and the songs that th Making music or discord allout, Sounding sorrow or joy in each note.

Let us gather the pearls from out worthless sands,
To wear as a crown on the brow;
Let our ships come back laden from far-away lands,
With treasures of thought for us now,—
With diamonds of thought for the brow.

en the heart all agiow with each purely bright ra And encircled by güstening pearls, all sing as a bird at the break of the day, When the glad sun illumines the worlds, When the stars sink in ether-like pearls.

ten April 17, 1887, after hearing tests given by a situalistic medium, when very ignorant of the truth of ritualism.]

Was it you, my darling children-Had you come to me once more! Did you call me as you called m In the happy days of yore?

Was it you, or all delusion Of my weary, frenzied mind? Had you come to soothe my anguish With your loving words so kind?

And I seemed to feel your prese Though you told me not to cry, I could scarcely hold the tear-dr Even now they dim the eye.

But they should be tears of gladne If I can commune with you; You who left me here in sadness— Tell, oh tell me, is it true?

Lillie, May, oh, darling children If it is not all a dream, Leave me not again in darkness, Give me still a glimmering beam.

Darling Lillie, when you left me Reason taught me it was best, And I felt a glorious morning Dawned for you, 'though I was le

But my wildest dreams had never Hopes that you could speak to m Through the lips of living mortal, And I wonder can it be.

Can it be 'twas May and Lillie Speaking in poetic strain, Every word like sweetest music Calling still the dear, old name? L. S. R. L., MILL VILLAGE, Pa.

Show Me the Way.

Show me the way that leads to the true life.

I do not care what tempests may assail me,
I shall be given courage for the strife,
I know my strength will not desert or fail me;
I know that I shall conjuer in the fray :
Show me the way.

Show me the way up to a higher plane,
Where body shall be servant to the soul.
I do not care what tides of woe, or pain,
Across my life their angry waves may roll,
If I but reach the end I seek some day:
Show me the way

w me the way, and let me bravely climb bove vain grievings for unworthy treasur we all sorrow that finds balm in time— bove small triumphs, or belitting pleasu to those heights where things seem Show me the wa

Show me the way to that calm, perfect peace Which springs from an inward consciousness. To where all conflicts with the flesh shall cease. And self shall radiate with the spirit's light. Though hard the journey and the strife, I peay. Show me the way.

"ALLAN'I ALLAN'I" cried the sick man, racked with the long night through, Till with prayer his bears grew sender, till his lip honey grew. But at morning came the Tempter, said, "Call his child of pain, See if Allah ever bears, or answers 'Here am I,' again, Like a stath, the cruel cavil through his brain and p

## Concerning Organization.

There are three objections to organiza-tion. First, All humanity is one vast or ganization, and as such is already organized. All of its individual members have duties to perform bearing on the interests of the whole. Second, Spiritualists, as a class, cannot easily permit a small local organization, through its committees and trustees, to exercise authority over their volition and conscience. Third, Where public efforts are made by workers in the various fields of reform, the majority will

volition and conscience. Third, Where public efforts are made by workers in the various fields of reform, the majority will throw in their financial contribution, rather than to become party to the necessary and sometimes annoying responsibilities.

How, then, can all the scattered forces be utilized? How can there be union that shall give strength? I say, Let the forces remain scattered. Let there be no effort at union until each member shall feel desirous of doing all the good he can for our common humanity.

As this sentiment prevails and becomes a leading impulse among the people (as it is surely doing under the warming influences of the bending heavens), there will be mutual helpfulness in every way, without simulation, without pride, without egotism, and without desire to rule. The wisdom of love and the love of wisdom will supplant "constitution and by-laws." Spiritual unfoldment and the unfoldment of spirit will make void arbitrary bonds of union, and influences celestial will operate as tenderly as a mother's love i regulating and correcting the antagonisms of society.

But from under the weight of national and local wrongs, I hear the piteous appeal, saying, "Oh, how can I help the angels in their spiritual work?" This yearning, heaven-born desire finds expression from the platform, from the spiritually illumined pages of papers, magazines, books, and general literature, and is voiced through the dear mediums, young and old, whose various gifts are set aflame by heaven's own inspiration. Let everyone, then, who believes in organization, first organize his own thoughts, arrange and rearrange his noble purposes, giving heed always to the "still small woice of the spirit," that his medium powers may unite him more divinely to all that is divine, and thus become a link in the chain of soul communion that is fast becoming a national reality.

Oakland Spiritualists.

## Oakland Spiritualists.

The First Progressive Spiritual Association of Oakland held their first meetings last Sunday, at Fraternity Hall. At 1:30 P. M. there was a children's lyceum, which was well attended. After the lyceum there was a social meeting and circles. The afternoon meeting is intended to be a medium's meeting, and will no doubt prove to be an interesting feature of the work of the Association, and add much to

work of the Association, and add much to the usefulness of the organization.

In the evening the hall was crowded, over three hundred being present, and the exercises opened with singing, followed by a short address by Mrs. Cowell of East Oakland. Mrs. Evans, wife of Fred Evans, a platform test medium, was introduced to the audience, and after a short introductory address, in which she stated that this was her first appearance before the public for four years, she gave some thirty tests, all but two of which were recognized.

After Mrs. Evans concluded her tests.

before the public for four years, she gavesome thirty tests, all but two of which
were recognized.

After Mrs. Evans concluded her tests,
Mr. Fred Evans took the stand; and, by
means of his slates, gave a large number
of messages. A committee of well known
people was appointed, who examined the
slates and held them. The slates were
literally covered with very close writing,
so close and fine that the words on one
slate would make a column of the GOLDEN
GATE. The messages were varied, and
those that were read were recognized.
There were too many to be read in the
time allotted to the work. Several people
have expressed a desire to investigate the
phenomena of Spiritualism, their desire
being created by what they saw and heard
last Sunday evening.

Mr. M. Miller spoke at Curis Hell

Deing created by what they saw and near last Sunday evening.

Mrs. M. Miller spoke at Curtis Hall last Sunday evening, and was listened to by a house well filled with earnest and interested seekers after the truths of Spir-

interested seekers after the truths of Spiritualism.

At Shattuck Hall last Sunday forenoon there was a fraternal meeting, in the after-noon a medium's meeting, which was well attended, and in the evening a lecture.

On Monday evening last, at Curtis Hall, there was a social meeting of Spiritualists. The design of these Monday evening meetings is to enable the Spiritualists to get acquainted with one another, and by conversation and words of good chear know how the work is progressing, and encourage one another to some more energetic work.

At Fraternity Hall, next Sunday, there will be children's lyceum at 1:30 P. M., mediums' meeting at 2:30, and Mrs. Finnecan (Ladd) in the evening.

L.

his 'American Notes,' speaks of Niagara as a place of peace and rest. I don't see what he could have been thinking about. Peace and rest! Why, to me it is one of abject terror."

LEARNING maketh young men temper-ite, is the comfort of old age, standing for ecalth with poverty, and serving as an armament to riches.

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Fine manners are like personal beauty—a letter of credit everywhere.

RULES FOR THE SPIRIT CIRCLE

RULES FOR THE SPIRIT CIRCLE.

The Spirit Circle is the assembling together of a number of persons seeking communion with the spirits who have passed from earth to the world of souls. The chief advantage of such an assemblyl is the mutual impartation and reception of the combined magnetisms of the assemblage, which form a force stronger than that of an isolated subject—enabling spirits to commune with, greater power and developing the latent gifts of mediumship.

The first conditions to be observed relate to the persons who compose the circle. These should be, as far as possible, of opposite temperament, as positive and negative; of moral characters, as positive and negative; of moral characters, of either physical or mental condition. No person suffering from disease, or of debilitated physique, should be present at any circle, unless it so formed expressly for healing purposes. I would recommend the number of the circle never to be less than three, or more than twelve. The best number is eight. No person of a strong positive temperament should be present, as any such magnetic spheres emanating from the circle will overpower that of the spirits, who must always be positive to the circle in order to produce phenomena.

positive to the circle in order to produce phenomena.

Never let the apartment be over-heated; the room should be well ventilated. Avoid strong light, which, by producing motion in the atmosphere, disturbs the manifestations. A subdued light is the most favorable for spiritual magnetism.

The strong producing motion in the atmosphere, disturbs the manifestations. A subdued has montained to spiritual magnetism. The strong produced has a song using in chorus, after which subdued, harmonizing conversation is better than wearinous silinote; but let the conversation be directed toward the purpose of the gathering, and never sink into diseasion or rise to emphasis. Always have a pencil and paper on the table, avoid entering or quitting the room, irrelevant conversation, or disturbances within or without the circle after the scance has commenced.

want conversation, or disturbances within or without the circle after the seance has commenced.

Do not admit unpunctual comers, nor suffer the air of the room to be disturbed after the sitting commences. Nothing but necessity, indisposition, or impressions, should warrant the disturbance of the stitting, which should never exceed two hours, unless an extension of time be suffered to the commence of the commence of the commence of the commence of the commence requires that time for spirits to form their battery. Let it be also remembered that circles are experimental, hence no one should be discouraged if phenomena are not produced at the first few sittings. Stay with the same circle for six sittings; if no phenomena are then produced, you may be sure you are not assimilated to each other; in that case, let the members meet with other persons until you succeed.

A well-developed test medlum may sit without injury for any person, but a circle sitting for mutual development should never admit persons addicted to bad habits, strongly positive or dogs addicted to bad habits, strongly positive or dogs addicted to bad habits, strongly positive or dogs produced the delicate magnetism of which is made or marred as much by mental as physical conditions.

Impressions are the voices of spirits, or the monitions of the spirit within us, and should

proper frame of mind in which to sit for phenomena, the delicate magnetism of which is made or marred as much by mental as physical conditions.

Impressions are the voices of spirits, or the monitions of the spirit within us, and should always be followed out, unleas suggestive of wrong in act or word. At the opening of the circle, one or more are often impressed to change seats with others. One or more are impressed to withdraw, or a feeling of repulsion makes it painful to remain. Let these impressions be faithfully regarded, and piedge each other than to offense shall, and the property of the property of the control of the property of the control of the property of the prope

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