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GEMS OF THOUGHT.

Men do not go to paradise in coaches. -Longfellow.

Nothing so snatches a man from selfishness as the frail arms of his little child.

A sweet disposition, in man or woman, is a jewel outshining the rarest of earthly

A kind word spoken in season would save many a man, and woman, too, from a life of shame.—Reed.

The fool sees not the same tree that the wise man sees; nor do all the wise necessarily see the same.

Never forget that it is possible to be at once a divine man, yet a man unknown to all the world.—Seneca.

There is nothing that leads a man up into the higher lights of life like the pure love of a devoted woman. - Reed.

He who climbs sees. To him as to Moses secrets unknown to the multitude are revealed upon the mountain top.

Those who preach the truth alone, not infrequently demonstrate the feebleness of a soulless Orthodoxy.—A. /.

Even spiritual blessings we may ask and receive not, if we only ask that we may consume them upon ourselves.—A. J. Gordon.

He who shall introduce into public affairs the principles of primitive Christianity will revolutionize the world.—Benjamin Franklin.

He who possesses the love of his family, the respect of his friends, and who believes in God, has happiness enough to triumph over all possible misfortunes.

Refer all the actions of this short life to that state which will never end; and this will approve itself to be wisdom at the last whatever the world judge of it now. -Tillotson.

When God has created a man to play a part and hold a place in this world, all efforts and all counsels to the contrary are but so many stalks of straw under his feet .- Guizot.

Knowledge is a comfortable and necessary retreat and shelter for us in our advanced age, and if we do not plant it while young it will give us no shade when we grow old .- Chesterfield.

The divine life is shut up in degraded natures more compactly than fire is in a flint; yet as it is shut up and preserved in them it will sooner or later, in this world or some after ages, come forth .- William Law.

No one has found the truth unless he has found it for himself and that in his own experience. No teacher, no church, no Bible can be a substitute for that experience. These are all helpful, but he who halts in them will never attain to the vision of God.

Our helm is given up to a better guidance than our own. The course of events is quite too strong for any helmsman; and our little wherry is taken in tow by of this matter, and left it to science to disthe ship of the Great Admiral, which knows the way and has the force to draw mate sphere of teaching the nature and after life, as far as they perceived their men and states and planets to their good. | character of the human soul-and its re- | natures and laws. -R. W. Emerson.

[Written for the Golden Gate.] EVOLUTION.

BY DR. JOHN ALLYN.

This world was once a fluid haze of light. Till towards the center set the starry tide, And eddied into suns, that wheeling cast
The planets." —TENNYSON.

The establishment of the doctrine of evolution caused the great scientific battle of the nineteenth century, in which theology has been made to take an unnecessary part. On one side earnest and able men were laboring to gain further light in regard to the order of nature and the primary and progressive facts of material existence. On the other side were arrayed men who feigned to believe a free inquiry into these things tended to injure religion and public morals. This belief was based on inherited theological ideas, backed up by the prejudices of the multitude who did not wish to be disturbed in their comfortable system as to the origin of the world and its inhabitants.

Every public school-boy knows how the allied powers of Europe met the great warrior, Napoleon, on the field of Waterloo, and put a final end to his victorious career, and so secured the peace and prosperity of Europe. Our little brush with England about the same time is equally well known. Our war with Mexico thirty years later is also fresh in the minds of many still living; and how we gained by it California, Arizona and New Mexico. The horrors and achievements of our civil war are fresh in the minds of the older portion of the present generation. All this was marked by external manifestations | home, would destroy the authority and | condition by which organic matter is sur--the booming of cannon, the rolling drum, the ear-piercing fife, and the inevitable sequence of national debts, and households of widows, orphans, and the maimed.

But comparatively few realize that during all this time a scientific battle was being waged in a comparatively quiet way in the realm of intellect, more far reaching in its results, and quite as beneficent in its consequences. There were intellectual giants in those days who took a leading part in this great conflict, for such has been, although not of necessity. considered merely as a scientific achieve-

ment. When Sir James Mackintosh stated that constitutions are not made but grow, it caused great remark and no little astonishment; but how they could be produced in any other way is not clear to the analytic intellect of the present generation. But when it was gravely claimed that worlds-vegetable and animal life as a whole-originated by a gradual process of accretion and development it met with determined opposition. Considered as a scientific proposition opposition is as much out of place as it would be to the statement that one atom of oxygen unites with two of hydrogen to form a molecule of water. Whether it is true or not true the water is just as valuable and just as necessary to animal life; and it is matter for scientific demonstration and not prejudice.

In order to appreciate the opposition that this scientific discovery encountered, it is necessary to consider the status of the religious world at the time when the scientists were quietly but laboriously working out this great achievement. When the first books of Genesis were written science did not exist as we would count science to-day. The Hebrews were an intuitive and spiritual people, but not scientific.

The Catholic Church took the Bible as the foundation of its faith as interpreted and modified by the Christian fathers, and reserving as a final authority an infallible pope. At the great reformation the Protestants rejected the authority of the fathers and the pope and took the Bible as their sole authority in theological matters. Hence with them all doubtful points of theology must be settled by the interpretation of Scripture texts. Religion undoubtedly transcended its proper limits when it undertook to teach how and when the globe we inhabit came into existence in its present form. Had it had the humility to acknowledge its ignorance cover this, and confined itself to its legitiwhich it has come out second best.

Theologians seemed to think it was necessary to have an authoritative docuthe universe, in order to impress forcibly moral precepts upon mankind. The first ianity. As the centuries went by it was that of Nice.

idea of an authoritative inspiration of the Scripture assumed three different forms, each having its advocates among the clergy.

First—A verbal inspiration, by which it was claimed that every word was directly inspired by God, and that the writers were knowable mystery of existence. He willmere amanuenses, or unconscious media, who did not realize the full import of the the boundary of finite knowledge. But words they wrote.

Second—An inspiration of the ideas upon the mind of the writers, leaving it ditions living beings progressed from a to each writer to express the idea according to his intellectual capacity.

Third-An inspiration of a general scheme of salvation, beginning with Judaism and ending with the advent of Christianity, leaving it for the church subsequently to interpret the meaning of the various parts. This view allowed great nothing of its origin. Huxley states the latitude to liberal thinkers, and was adopted by more advanced Episcopalians thus: "Given the existence of organic and Unitarians, but was vigorously opposed by the Orthodox clergy who thought it was an entering wedge, which, if driven occasionally to vary; and, lastly, given the value of the Bible altogether.

It was the first more restricted view of inspiration that Voltaire and Thomas Paine attacked in the eighteenth century, terms, heredity, variation and the changes but with no more force than Bishop in the environment. Colenso did in the nineteenth century.

As before said theology undertook, with too great detail, to describe how

ciliation.

creation as an outpost of the scheme of problem was worked out, but how it was revelation, which, if taken, the citadel stated. It would be easy to show, by their scheme of salvation destroyed. dall, Huxley, nor Spencer, were material-Hence they were exceedingly sensitive ists, or in any way opposed to religion. to anything in the advance of science that looked toward undermining their favorite say in defense against the aspersions of theory. Hence they rallied with great theologians: "Little as it seems to do energy, and not always in the best taste so, fearless inquiry tends continually to and spirit, to check the inevitable advance give a firmer basis to all true religion. of modern science in the nineteenth The limited sectarian, alarmed at the

century of the great conservative army of obstruction. On the other side was arrayed more his cherished beliefs shaken, secretly the great army of scientific progress, who were industriously interrogating nature, and seeking to explore and understand the facts and laws of the physical all infidelity—the fear lest the truth be world in which they found themselves bad. On the other hand the sincere man placed. The leaders in the great army of of science, content to follow wherever the progress were Herbert Spencer, Charles evidences may lead him, becomes, by Darwin, Thomas Huxley, Alfred Russell each new inquiry, profoundly convinced Wallace, John Tyndal, and on our side that the universe is an insolvable probof the Atlantic, William Denton. Many others took an honorable part in cultivating the physical sciences, but these took the brunt in the great controversy which theology forced upon them.

These were not impious or irreverent men, seeking to overthrow religion, or even to impair its usefulness as a factor in the moral and spiritual culture of the people. They were earnest, truth-loving souls. They believed that nature was true to itself, and that what was true of the tangible, physical world, could not be at variance with what was true in the theologi-Nay, more, they believed that a more complete knowledge of physical science better understanding of spiritual matters. great soul of the unverse, so far as truth was made manifest, or more reverent of the great mystery of life, death, and the

lation to Deity and the future life-much | They had set themselves to advance question of evidence, to be settled by dom corrects.

unnecessary labor and heartburning would the physical sciences and they were not have been spared, as well as a conflict in to be turned aside by the carping of poor, blind critics.

Darwin in his "Origin of Species" seldom mentions a theological idea, or ment direct from the intelligent soul of introduces the name of Deity. With great industry and painstaking he describes what he saw in his investigations, and definite expression of this idea was on suggested the inferences that a logical Mount Sinai, and it was a leading feature mind was compelled to infer therefrom. of Judaism down to the advent of Christ- He was a specialist, but his special line of study led him to find the key that ungradually extended to include the whole locked the great storehouse of physical canon of the Scripture of the Old and science, and of spiritual knowledge as New Testament. This canon was defined well. It led to a knowledge of the great by several eccesiastical councils, notably law of evolution and gradual progression which will render luminous many problems In the early part of this century this which in the world's previous history had been shrouded in darkness and obscurity.

Mr. Darwin did not attempt to elucidate the origin of life-the passage from inorganic to organic matter. He left that problem as an unknown, and probably in the present condition of our faculties, uningly accepted that as a limit which marked given living existences he most dilligently inquired by what environment and conlower to a higher stage of development. And this is as legitimate for science as it is for a breeder of blooded stock to inquire by what means he can supply the demands of the market at a profit. To object to this would be like objecting to a history of Rome because we know almost matter (living beings) its tendencies to transmit its properties, and its tendency rounded, that these put together are the causes of the present and past conditions of organic nature," or stated in its lowest

To intuition, or to those not accustomed to the study of zoology, it may be no more difficult to imagine how the first the earth was created, and stocked with step in animal life was taken than to comvegetable and animal life; particularly prehend any subsequent changes. But to man, having an intelligent spirit or soul. science it is different, for to it there never · Also, how he lapsed has been described a passage from the from moral rectitude and became alienated non-living to the living; while the history from his creator, thus laying the foundation for the subsequent scheme of reconstant changes and modifications, and this as well in fossils as in living samples. It The clergy regarded this account of is not the intention here to show how this itself would soon be overthrown, and abundant quotations, that neither Tvn-

This is what Huxley is constrained to progress of knowledge, obliged to aban-This is a brief and imperfect sketch don one by one the superstitions of his fears that all things may some day be explained, and has a corresponding dread of science, thus evincing the profoundest of lem. Alike in the internal and external world, he finds himself in the midst of perpetual changes, of which he can discern neither the beginning nor the end."

The account of the following little skirmish in Huxley's early championship of the doctrine of evolution, though told before, is worth repeating. At a meeting of the British Association, Bishop Wilberforce, of Oxford, at the conclusion of a speech against Darwinism, turned to Prof. Huxley and said: "Is the learned gentleman really willing to have it go forth that he believes himself descended cal and spiritual part of our environment. from a monkey?" Prof. Huxley rose, and, in his quiet manner, replied: "It seems to me that the learned bishop would throw light upon, and help to a hardly appreciates our position and duty as men of science. We are not here to

strict scientific investigation. But as the bishop is curious to learn my state of feeling on the subject, I have no hesitation in saying that were it a matter of choice with me (which clearly it is not) whether I should be descended from a respectable monkey, or from a bishop of the English Church, who can put his brains to no better use than to ridicule science and misrepresent its cultivators, I would certainly chose the monkey.

This was followed by a storm of applause. Huxley says of Darwin's "Origin of Species": "I believe if you strip it of its theoretical part it still remains one of the greatest encyclopedias of biological doctrine that any one man ever brought forth. You spin through it as if it were a novel, the first time you read it, and think you know all about it; the second time you read it you think you know rather less about it, and the third time you are amazed how little you have really comprehended its vast scope and objects. I can positively say that I never take it up without finding in it some new view, or light, or suggestion, that I have not noticed before. That is the best characteristic of a thorough and profound work."

I will cut this article short by saying that when these men commenced their life-work, their doctrines were understood by but few and were generally unpopular, and particularly opposed by theologians. These men have lived to see the battle fought and the victory won; and no victory was ever more complete, as the following statement of Prof. Lippincot will

"At Harvard every professor whose department is biology is an evolutionist; Asa Gray, Whitney, A. Agassiz, Hagan, Goodale, Shales, Farlow and Faxon. They are said to be Theists and conserva-

"At the Johns Hopkins University, which aims to be in the van of advancement, evolution is held and taught. In the university of Pennsylvania all the biological professors are evolutions,-Leidy, Allen, Rother and Parker. At Yale, Dartmouth, Cornell, Michigan, Brown, Bowdoin, and Princeton universities, the biological professors are in the same categories.

Dr. Christleib says: "Wherever you go, whether into the lecture room of the earned professor, or the municipal council chamber, the barracks of the soldier, or the work-shop of the mechanic, or into whatever place of public or social resort-everywhere you hear the same tale, that the old faith has become obsolete. The advance of modern science has made all real belief in it impossible."

Audacious Mendacity.

A certain general was traveling among the Rocky Mountains, when, straying out one morning from the trail, he stood for a moment entranced by the magnificent landscape spread before him. He was aroused from his meditations by the footsteps of one of the guides, who had followed him lest he should lose his way.

"Is not this magnificent, Bill?" exclaimed the general, anxious to share his

"It's mighty purty, gineral, said the guide; "but I kin show you bigger sights nor this. Why, one time Kansas Jim and me had been trampin' three days and nights, and we came to a plain, and right in the midst of it was a forest all turned to solid stun!

The general smiled, and remarked, "I have heard of petrified trees before, Bill." "But that warn't all, gineral. That war a buffalo on that plain, and he war petrified on the clean jump; and his hufs had kicked up a bit of sod, and I'm mistaken ef that warn't petrified in the air!"

The general turned an amused countenance on the narrator, and said, "Why, Bill, the sod would have fallen to the ground by the force of grvity."

Without any hesitation, Bill answered, "But, gineral, the gravity war petrified,

WHEN Miss Louisa May Alcott is writing a book, she works fourteen hours out No men were ever more loyal toward the inquire what we would prefer, but what is of twenty-four. At such times she leaves true. The progress of science has been, from the beginning, a conflict with old prejudices. The origin of man is not a waits for "an east wind of inspiration question of likes and dislikes, to be set- which never fails." In a month or so the tled by consulting the feelings, but it is a book is done. She never copies and sel-

[Written for the Golden Gate.] Pebbles.

BY ISAAC KINLEY.

The great is the outgrowth of the little the strong is weakness better grown, and whatsoever of life or thought exists to-day was prophesied by the microscopic monad millions of ages ago.

Music in a saloon-flowers at the portals of perdition. Both may attract, but death is just beyond.

The primordial savage lives full-grown in yonder philosopher. Environment has wrought its results; but these men are not so unlike that they can not shake hands across the line that divides them.

Who owns the beautiful? You, my reader, and I, if we will. Its Eden gates are wide open; shall we not enter and enjoy?

Yonder snow-clad mountain, towering in its grandeur, lifts the soul also heavenward. The man whose title deeds hold the ores within, owns not half so much of its precious treasures as he who learns from its upheaved rocks, its intrusive veins, and its contorted strata, the laws of its formation, and who marks in the successive fossils the footsteps of progress in this grand old earth.

The interior laws of developing force are even more beautiful than the resulting forms. All these may be the common property of thousands, and for each having added something to the general treasure of knowledge, they become only of the greater value by reason of the several possessors.

Yonder valuable ranch lying at the foot of the mountain, but stolen, by a forged testament, from a dead Mexican, belongs a thousand times less to the wretch whose perjury plundered the rightful heirs, than to you and to me, if we have but learned to admire its varied beauty.

Here gropes a curmudgeon who holds, by fraudulent title deeds, fifty square leagues of land; and yet in all this he owns nothing of value and gets from it nothing of value. For his crime against civilization and humanity, he has the constant, degrading consciousness of having obtained, through bribery and perjury, that to which he has no moral nor legal claim. There is a weight of guilt upon his soul. Every step finds a lower reach. Down, down he goes, until the delinum tremens of cupidity shall have delivered the earth of a vicious cumberer, and mankind of an enemy.

On this stolen domain forests wave, flowers bloom, crystal streams are flowing, and mountains are towering heavenward Birds sing in the groves, fishes play in the waters, and fleet-footed deers and antelopes bound over mountain and plain. All this beauty and grandeur belongs to you and to me. Yonder land-thief knows his plundered domain only by its price in the market. He is beauty blind and sees nothing lovable in earth or skies. His life is but a misery to himself, as it is a curse to his race, and when he dies all the people will say "amen!"

Flowers and forests, mountains and plains, rivers, lakes, and oceans, are ours, and so are the bright constellations above, if we have learned to look admiringly and lovingly on the works of the All-Father.

See yonder vulgar boor clad in rich garments, and living in a splendid mansion; what owns he of all the world calls his, and for which he has the title deeds? His fine house was planned by the architect and erected by the builder. It could have taken any other fashionable style and been all the same to the beast that burrows within. His grounds are the work and taste of the gardener, who, poor though he be, as the world esteems poverty, owns more in a single leaf, or flower, or blade of grass, than the fellow who prides himself as the possessor of it all. See him. He stalks along these gravel walks amid all this wealth of floral beauty, with his eyes at his feet, meditating some trick by which he may cheat his neighbor and annex the adjoining

He prides himself on his possessions as valued in dollars and cents, but if you ask him the name of the first flower, he will stare vacantly and refer you to the gardener. All this beauty, the contemplation of which refines and ennobles, he knows not of. If the flowers were blotted from the earth, and the stars from heaven, it would be all the same to this groveler whom the world mistakes for a man.

Real wealth is of the soul. He whose mind is filled with knowledge and who has learned to love the true, the pure, and the beautiful, bears about with him the treasures of earth. Reader, enter in and possess.

Knowledge of the abstract comes through the concrete. The child learns the idea of unity from the unit; and can tell that two apples and two apples make four apples long before it can understand that two and two make four.

Observe the actions and prattle of children and learn thereby nature's order of

growth. They see objects and seek to know their names. Very early they ask, "What?" Somewhat later they ask, "Why?" and very much later they can comprehend abstract truths.

It is common to disparage the abstractionist and the theorizer. But the highest reasoning is the abstract. He can hardly be said to reason at all who has not learned to reason abstractly.

Justice, purity, beauty, truth, right, wrong, are all abstract ideas; and he would be but a bungling thinker, who, whenever naming these qualities, would speak of them in the concrete, associating them with some person or object.

The language of all savages is concrete, and they have no words to express abstract truth. Children in thought, their languages are those of children. The American Indian would not say of his Great Spirit that he exists, without assigning him a place.

The same was probably true of the ancestors of all civilized races. English speaking people have inherited from their savage ancestors a form of expression, showing a like paucity of thought. We too say, There is a God, when the adverb of place has no significance.

From the savage to civilized, from the child to the man or woman, we grow from thing to thought-from the concrete to the abstract.

Is there yet another step? Is it not true that our highest conceptions are without even words, and that somewhat of force and beauty is lost by translating into oral language?

Heartless Cruelty.

[Rev. George P. Hepworth, the eminent Eastern divine some time ago, gave to the world a volume of his travels, entitled "Starboard and Port," which contains accounts of cruelty to God's dumb creatures which stamps him as anythus writes on the subject to Henry Bergh:]

" Henry Bergh, Esq., President of the Society for the Prevention of Cruelty to Animals—Dear Sir:—A little while ago that excellent and true-hearted woman, the Baroness Burdett Coutts, came out with a letter that tingled the blood with horror as we read of the cruelty to the little birds, which were destroyed for the sake of their plumage, in a very barbarous manner. I have just been reading a book entitled 'Starboard and Port,' by Rev. George H. Hepworth, presumably a leading member of one of the 'yacht clubs' of New York.

"During the cruise, he appears to have not only permitted but participated in some acts of wanton cruelty that should never be repeated; and it is to be hoped will never be sanctioned again by the Commanders of these pleasure vessels.

"On pages 29 and 30 he speaks of shooting 'medrakes' for 'their wings'; and on page 80, after the reading of the Sunday servides, etc., he says: 'The birds--loons, ducks, and gulls--seemed to be aware of the character of those on board, and with a defiant kind of persistency settled within easy range,' but, however tempted to kill or wound these poor creatures, they were restrained by unison in the work on this side, and we some feeling of decency, although one of are competent to meet the demand and them could hardly resist the temptation, will gladly come whenever we find the and actually aimed at them; finally check- way open to us. Very much of the presing himself, and muttering, 'no, I won't ent fault lies in the mediums; they do shoot to-day, but if you show your heads to-morrow, woe be unto you!' showing the murderous instinct with great difficulty restrained. The next day they came near shipwreck, and of course had other matters to think of. On page 198 he writes of the 'Rocky Cliffs,' where thousands of gannets, medrakes, and cormorants build their houses. They then fired their guns, and there arose flocks of birds so numerous that they were startled. Now for sport '(?) said one, 'we'll run into Pearce and have such a day's shooting as those birds never heard tell of." And accordingly the next day (page 202), after a description of the great 'arched rock,' inhabited by these nameless creatures of God's creation, and after saying they cannot be frightened by the discharge of a gun, for they are exceedingly loyal in their parental love; nor can they be beaten off with clubs,' yet after a few discharges of their guns they did manage to scare a great number of them, and after patiently waiting' for their return to their young, Mr. Hepworth coolly says, 'We managed to drop a few of the medrakes, whose wings seemed to be in demand, and one or two of the immense gray gulls, while regretting that the 'cormorants kept out of range!

"Now, sir, fancy these poor, harmless (and useless to mankind) creatures, either shot wantonly, for 'sport,' or being left to die lingeringly with broken wings, and, of course, this being the breeding season, leaving their young to starve to death!

"Please do something—say something -that will cause, from shame itself, no educated man to in future sanction such acts which a true sportsman and real gentleman would shudder at."

The sentiments of the writer of the foregoing letter are doubtless shared by a large portion of the readers of the book in question, and it would afford the undersigned a profound satisfaction to listen to a sermon by its reverend and learned author on the subject of "Cruelty to Ani-With much respect,

HENRY BERGH.

From the Spirit World.

[Bro. Owen:-We frequently hear it stated that none ex-cept Spiritualists or discontented spirits return from the other shore to communicate or give us any information respecting that country to which all are gradually approach ing; but here comes a friend of ours who was one of the most contented men I ever knew, and who always had a sunny side to approach. He was a Presbyterian preacher, living on earth, in Augusta, N. Y., where he was pastor o the same church for half a century, and beloved by all who knew him, whether in the church or out. Yours, etc.,-H. H. KENYON.]

Good-evening, Friend Kenyon and Libbie: -I did not expect to find you this way, but your Mother Abbott invited me to come and I gladly accepted the invitation. How strange, after so many years, to step in and greet you as in olden times!

I find spirit world very much like earthlife, only differing in conditions which we carry with us. We are as we are, and everything begets like.

I am perfectly content and will be very glad to greet you both upon these bright green banks. We enjoy life very much more than in earth-life, for we ourselves are in a proper state to fully appreciate all that we have, which is not always so in earth-life.

When spirits enter the homes where hearts beat with one unison, where all is in such perfect keeping with spirit presence, we cannot fail to rejoice and bring our many comrades with us to meet and see that all ears are not deaf to the call: that all hearts are not frozen to the loved one's call. We can but exclaim, Rejoice that the door in this blessed home is open for us freely and wide, as in days of old!

To-night, while here, I have heard many exclaim, "Oh, what a grand time we are having here-what comfort it is to come in; we could remain a long time and enjoy it!" which cannot be said of all homes.

I am very thankful to come this way tonight to tell you that I am still the same friend that in days gone by was with you, and held many a consultation with. I am thankful to be able to bring the glad news that we do live and are real men and women, more competent to do to-day's duty than when in the physical form which shows that spiritual life and world is not a myth; that there is such a place, as every one will some day solve.

Father Kenyon wishes me to become one of the workers with this band, and I am very glad to be numbered as one of the willing ones on this side the river of life to come with information, that you in earth-life may the more clearly see the objects of an existence on the earth plane.

As I now look back to my earth work I frequently wonder why I was so blind; why it was that I saw as through a glass, dimly. At the same time I also realize the fact that my teachings were always shaded with truth and love for my fellow-

I find very many opportunities to do good and to give communications to the people in earth-life, but they are put away where no one can receive any benefit from them; in other words, they hide them under a bushel. I do not like this. There never has been such a demand for spiritual information as now; there never has been a time in the history of mankind when there was such a longing for spiritual food and solace as now; nor has there been a time when there has been so much not stir themselves sufficient to get it out where it can do good. We have given a vast amount of information to mediums that would flood the world almost. If they would let this light be seen there would be less groping along through earthlife; as one in the dark, the old command is peculiarly applicable in this connection, viz., let your light so shine that others may see and be guarded by it into the glorious truths of the life on this side of the river.

There is not a day that there does not happen to every one on this side some experience that would be of interest to you; therefore, I say, "Keep the door open and we will let the light in," and when received do not put it under the table, but place it where others may become better informed and strengthened to battle with the duties of earth-life, and thereby be the better fitted for the life awaiting them on this side the river.

There is a better field for working today than ever before; light is coming to you from all sources; we are in harmony with very many preachers and teachers among you. You will notice that when a man preaches "love and patience" to his congregation, it is generally supposed that he is inspired. Yes, true, for such preachers have with them the soul of the Great Teacher, and gradually lead their hearers into the light of spiritual truth. Truth is valuable, let it come from whence it may; do not stop to question the source, for like begets like, and you will always be safe to follow where that light

leads, i. e., truth.

If you will select the subject, I will gladly give you my thoughts as I now see from the brighter side of life, where so many things do not look as though seen through a glass, dimly. You will know who it is when I sign myself,

Yours truly,
O. BARTHOLOMEW.

woman with a caudal appendage covered carry forward her cherished ideas.

with hair. This anomaly was present in several of the maternal ancestors of the

Spiritualism and Other Matters in Washington, D. C.

EDITOR OF GOLDEN GATE:

For many years Spiritualism had a fitful, feverish existence in this city. Owing to causes not necessary to revive there was a general break down and abandonment of organic effort. When Mrs. Maud Lord came here, about three years ago, a few of us were preparing to make an effort to renew our public meetings. Upon the interest created by Mrs. Lord, we made a small beginning, and have continued until now, closing each year with a balance on hand and an increasing interest. Mrs. A. M. Glading (whom and should be better known) has just closed a successful month. She found us in debt, and left us with a balance on hand, notwithstanding unpropitious her spirit guides require her to call her-self, the "Spiritual Advocate." Snatched as a "brand" from the jaws of death, and the bonds of creed, by her own controls, she has come, within five years, to a maturity seldom attained in so short a time. Modest, unassuming, zealous, entering into her work with the zeal of a martyr; putting away self-throwing her whole soul into the cause, she wins her way into all hearts; draws together in paternal bonds, and upbuilds the cause. It will be good for us and the world when all the public representatives of our great cause and all professional mediums shall be able to put the work before all personal interests. We are incorporative, and contemplate

fitting up a hall permanently, so that Spiritualism shall have a solid foothold in the capitol of the nation.

forces; here congregate the greedy politician and satellities; here all prominent foreign governments have their representatives; here people come from all parts of the country by the thousand. Here the grandest science of the universe, the greatest moral truths uttered by the sages of the hither and thither side of life, should have public expression. Here the representatives of this science and these truths should so live that we may have pentecostal showers of truth, wisdom and spirit power. Here the intelligent forces of the spirit world should find us ready to be baptized with fire, to be endowed with the gift of tongues, so that this ever moving conglomeration of humanity might hear the glad tidings each in his own language.

We need, not merely a hall, but a temple, dedicated to truth, to right, to freedom, to fraternity, to equity, to education in all these; in a word, not to an invisible unknown, incomprehensible, impossible, monstrous God, but, to humanity.

The masses have yet to learn the first principles of a true morality, a true science of society, and of a true life. We have had churches, colleges, and common schools; and yet the land is full of almshouses, prisons, asylums, hospitals, -all crowded with the victims of error and injustice.

To-day Congress proposes nearly \$100,-000,000 for education in the south, under the misapprehensioon that this will cure the cancer gnawing at the vitals of civilization. The disease is not in the masses whom they propose to educate, but in the public men, to-wit: selfishness and ignorance. If they would put a part of this money into a school of political science, (a night school for Congressmen would help) matriculate themselves and remain there until they have mastered the principles and measures of a true political science before they attempt responsibilities for which they have no fitness, there would be no need for this monstrous scheme for squandering public money without adequate returns. The fact is, education does not make men moral, and has no practical value unless specially directed to an understanding of the causes of the present diseases of the body politic and practical remedies therefor. The books and brains of teachers, and public men, do not contain the information needed, and hence this money will be spent in vain.

We have had at the North and West all and more than Congress proposes or can do, and yet to-day we have more disturbance, danger, and actual suffering than there is in the South. Education, as well as charity, should begin at home.

JOHN B. WOLFF. WASHINGTON, D. C., Feb. 9, '87.

ELAINE GOODALE, who it will be remembered, together with her sister Dora, when they were children, sent forth some beautiful poems from the home-farm in the Berkshire Hills, has just accepted a commission as government teacher on the great Sioux Reservation. Miss Goodale was a teacher in Hampton Institute and there became intensely interested in the welfare of the Indian. The mantle of Helen Hunt Jackson seems to have fallen upon her. It would appear very fitting and not at all unlikely, that "H. H. may find in this sympathetic young girl HUMAN TAILS .- M. Eliseff presented with her beautiful poetic nature, an aveto the French Anthropological Society a nue through which she may be able to Birth into Spirit-Life.

[From Spirit W. G. Clayton, through a private medium,

The act of passing out of the body, which is known as "death," is the same to the spirit as the coming into mortal life of the child, whose first entrance into what is called "life" is attended with sensations of mortal anguish to the mother; it is the birth really of the spirit into the life that is to continue unattended by the conditions that have environed it during its stay on the earth plane, and attended in this case by physical suffering on the part of the mortal encasement itself.

The spirit gradually forms about itself the spiritual body, dematerializing the part of the mortal vestment in which its home has been during earth-life, (namely, the brain tissues, or the part of them, that it is needful for them to assist in forming its spiritual body,) and when the con-I notice specially because but little known ditions are adapted to the withdrawal of the spirit from the body, it gradually leaves its bodily vesture and is called dead; but not dead, "born again," is more applicable to the condition in which it weather. Mrs. G. is emphatically what finds itself. The body is devoid of life, that is all, and must be laid aside, but the spirit is free-free to continue its career unfettered by the ills and unpropitious conditions that were constantly interfering with what it desired to accomplish, but subject to new cnoditions that belong to the spiritual side of life, and which it oftentimes finds irksome and inexplicable for a time until it becomes accustomed to its new surroundings and adapts itself to the change that has taken place in its life (as one must also do when in earth-life an entire change of surroundings takes place).

Soon the sense of freedom from what had been so burdensome to it while in the body becomes predominant, and the sense of disappointment that is felt at not finding spirit-life what it expected, passes away, and the spirit realizes that its ife has begun, and begins to investigate Here we have the center of political into what seemed unreal and unnatural, and finds its happiness increased by the knowledge that hereafter its way is upward, untrammelled by the "ills that flesh is heir to."

In some cases life will apparently remain after the spirit has virtually passed out of the body (when the vitality has been strong). In cases of accident or organic disease which result in sudden death, the spirit receives a shock which is detrimental to its first condition upon entering the new life, and it remains sometime in a sort of stupor, oblivious to all that is passing around it, until it has time to recover from the sudden change from bodily to spiritual conditions. Sometimes the shock is apparent to the new born spirit and causes what you would call mental anguish, especially in cases where the passage was caused by suicide.

We all dread to see our friends suffer and consider long illnesses a terrible thing, but oftentimes the spirit is better fitted for entering its new life in consequence of such purifying auxiliaries, for all the time when life and death are battling for the mastery, conditions are being adapted to the spiritual part of the sufferer that will assist materially when the end comes and the spirit leaves the body to become forevermore free. In cases where the suffering has extended throughout the whole, or nearly so, the spirit is generally sufficiently prepared to enter into rest without lengthened illness (that is unusual illness), as it becomes so gradually emancipated from bodily conditions that the end comes quietly at the last.

Those whose lives end suddenly must enter upon a term of probation, if I may call it so (or rather, perhaps, preparation) in order to be fitted for the change of conditions, and it is better for the spirit to accomplish this preparation while still in

the body.

Children who pass from earth-life are spared much physical suffering, but their spiritual growth is hampered by the lack of preparation, and although they enter into pleasant conditions, because of their purity of spirit, their lives are not rounded out as they would have been had they remained longer in earth-life. If you on earth could only realize how life is death, and death life, the mourning that fills your hearts for those that pass from sight would change to pleasure at the blessing that had come to them in the passing from mortal to immortal life, since it is not only a pleasure but a help to those who have gone out of the body, for the chord of affection still holds strongly, and when the conditions surrounding those who are left, are gloomy, and filled with continual mourning, it affects the advancement of the spirit and holds it down to earth conditions which it is unable to free itself from, and at the same time it is unable to penetrate the cloud of darkness and grief that surrounds those to whom it is most attracted.

When, on the other hand those with whom its mortal life was passed, and to whom it is bound by ties of affection, feel that the dear one is only out of sight but still of their circle, then it feels indeed free, and the life that was and is are blended into one. Look to it, therefore, that when your friends pass into the unseen life, that you keep their place bright for them,—that their invisible presence may be near you, and meet you with rejoicing when the time for reunion shall W. G. CLAYTON.

A good working motto: Educate the masses, smash the whisky glasses, never mind the asses.

From Paris to Rome.

EDITOR OF GOLDEN GATE:

Nothing gives me more pleasure while journeying abroad than the dear GOLDEN GATE. It reaches the very soul of my being. I read and rejoice, though thousands of miles distant. I can hear, see, and feel the great power and influence which is moving upon the world to release from bondage the souls of men. The Christmas number was, indeed, a gift to its readers, filled with the good thoughts alabaster, and are architectural beauties, which are born of the soul. Long may you and yours be spared to enjoy with us the feast you are so liberally giving to the that of a poet, as it is on the banks of the world.

Leaving gay Paris, with snow every-where, we journeyed South, through the vast vineyards of central France. The beauty of the country was somewhat marred by the snow, which is an unusual occurrence. Arriving at Lyons we made one day's stop, affording an opportunity to visit the principal silk manufactories of the world. The situation of Lyons at the confluence of the Rhone and Saone rivers is imposing. The city is the second largest in France. One more day's journey by cars brought us to Marseilles and the Mediterranean, where the genial warmth of the sun's rays kissed the fields and not near so high as Nob hill in San Franflowers, leaving no trace of cold or frost on the ground. Marseilles was founded on B. C. by the Greeks, and consethree buildings designed by Michael AnThe Vatican palace, which adjoins St. quently forms a prominent place in the gelo. One is used for municipal purposes, history of the world.

Another day's journey along the shores of the lovely Mediterranean, whose waters are quiet and clear, gently reflecting the rocky coast in a beautiful picture; here we preservation, and which have come down reach Nice, the twin sister of Santa Barbara, Cal. Nice is sheltered from the to be compared in expression and effect winds by the lower terraces of the maritime Alps, and to this it owes its reputation for mildness of climate. During the cold season invalids from Continental Europe assemble here to escape the rigors of their climates. Eucalyptus trees grow everywhere, and in nearly every yard and garden may be seen the orange tree filled expression is manly tenderness, and this with rich yellow fruit. The leading hotels is so inwrought in the marble that no livare the centers of fashion, and the display of dress somewhat bewildering at table d'hote, where waiters serve you in white gloves and full evening dress. Here you dine side by side with dukes and duchesses.

A few miles from Nice is the "Principality of Monaco," a country without an army or navy. It has but six square miles of territory, and the most part of this stands on edge; but there is one little nook down by the sea that sweet nature has smiled upon, and the loveliness of this spot is something grand. It has often been said that extremes meet; and they most surely have met at "Monte Carlo." It can be truthfully said that "Monte Carlo" is one of the loveliest spots on earth, and also one of the most unhappy, or at least the cause of unhappiness. Thousands of people are attracted here by the mildness of the climate; and on ended the struggle; that day Victor Eman-sitting posture, with the veritable clothes play. Three immense saloons most gor-geously decorated; in all containing eight in the Vatican, from which it's said he into wreaths and other fantastic patterns, never crossed the threshold of the outer —some made of vertebræ, some of skullgame is "rouge et noir." Both games passed to spirit-life, but his memory will and legs. The living monks of this esfor skill. The one redeeming feature (if to-day he is spoken of as "The Father of of the monks of Rome (and they are there be any in a game of this kind) is, his country." His son, Herbert I., suc- scores in number) are remarkable for that the players do not play against one ceeded to the throne, and I can assure nothing more than for what seems a that the players do not play against one another, but against the bank. Around each table sat or stood some forty or fifty players, and, perhaps, double that many spectators; some like myself, mere spectators, with their disapproval or disgust uttered not in words (for dead silence reigns), but in looks no less expressive. Among the players were men and women who had the air and address of cultured ladies and gentlemen; but the larger part showed in countenance and mien the fierce passions that appertain to high play. Some looked savage, some desperate, others brutal; in the long run no one wins. The expense of the establishment per day is \$6,000, and last year the net income was \$1,000,000. As I left the place I seemed to say, Players, you will learn by tine hill, and Augustus was born here. Rome in 326, and may only be ascended experience that heaven and hell are not locations; they are only conditions.

Resuming our journey we next reached is here pointed out. Genoa, Italy. This place was a principal sea-port town prior to the Christian era, seum, one of the most imposing structures than twenty-five persons made the ascent. and it is difficult for my pen to attempt a portrayal of its antique splendor. The streets are very narrow, dark and crooked. nearly one hundred thousand persons. The town commands a fine view of the harbor. The ancient palaces somewhat tators were protected by awnings. Here, imposing (considering their age) with elaborate decorations inside form the principal feature in the place for the average modern tourist.

The following morning we took up the line of march for Pisa. At one period of time Pisa held an important position, and figured largely in wars as well as in art; and there are only a few important places to visit-the Cathedral, Baptistry, Lean-ments of any kind; nothing either to in-shown the sacred picture, "Acheirotope-secured an impression of a midnight landing Tower and Campo Santo, a burialground. After the loss of the so-called The statuary is mostly marble and all coholy land the Archbishops of the Holy lossal. There are no paintings but Lict-Catholic Church had conveyed to this ures chiefly, enlarged copies in mosaic, of fill the colors in, it was found finished by place fifty-three shiploads of earth from well-known master works. The stones, invisible hands. Mt. Calvary in order that the dead might or rather the blocks of porcelain, that

the ground in the neighborhood is porous and almost marshy. A plumb-line let down from the depressed side of the roof would reach the ground fourteen feet outcult in making the ascent. The view tame. Galileo, who was born here, is said to have availed himself of the oblique position of this tower in making his experiments regarding the laws of gravitation. profusely decorated with carvings. The house of Lord Byron is also pointed out to you, and I fancy the situation is like River Arno and commands a lovely view

of the country.

One more day by rail and we are in Rome. Rome is of all cities the most difficult to describe. It is three cities in one-the ancient, densely peopled, by ruins, tradition and memory; the mediæval, with its churches, palaces and ecclesiastical pomp; the modern, with its filth, beggars, and some new improvements. The first view of Rome is not attractive. As regards ancient Rome, I was much disappointed in the seven hills, which, though they were marked elevations, are by no means so high as I had imagined; and the other two as public museums, called the Palace of the Conservatori and Capitoline Museum. Among the many statues which are in more or less perfect to us from remote antiquity, there is none with the Dying Gladiator. It represents a young man who has been engaged in a conflict of arms and is dying of his wounds; the face without a trace of anger or vindictiveness indicates a native nobleness of spirit, calm and firm endurance, and at the same time profound sensibility. The expression is manly tenderness, and this ation," and in the picture gallery Raphael's ing countenance in death agony could call torth deeper sympathy or warmer admiration. The Venus of the Capitol is peerless in beauty, grace and loveliness.

Below the Capitoline hill, and between

the Palatine, is the Roman Forum. My heart throbs as I dare to write on this subject. The center of the "Eternal City," whose history dates back to the well-known legend of Romulus and Remus, in the year 752 B. C., tradition makes the rid and appalling. Forum the scene of many parts, played by those who had a part in governing Rome. Very little of the Forum was known until 1871, although trifling excavations were begun in Raphael's time—1519. Nothing from Jerusalem in which all the brethren of importance was brought to light until for many generations have wanted to be the daylight of Sept. 20, 1870, dawned buried. Each, therefore, has his turn. with the emancipation from papal slavery, a day which will ever shine brilliantly in of the sacred soil is disinterred, and what the other hand the chief inducement is uel led his brave followers to the wall of he wore in life, and the monks' cap drawn the tapis vert, at the Casino. We spent Rome, and, after a sharp bombardment of over the head, resting in a cloister dean afternoon in this celebrated gam- five hours, effected an entry and marched voted to this use alone. Many of the bling establishment. It is a building of his troops into Rome. A memorial tablet great magnificence, everything to attract on the outer wall marks the spot where to look even more hideous than skeletons. visitors, and all open free of charge, doubt- thirty Italian soldiers lost their lives through less with the intent of entrapping those the Pope's guard. Pius IX. was driven who have not yet acquired a passion for from the Quirinal Palace and took refuge not be held together, have been wrought tables for playing. In one of these the door until death. Victor Emanuel has bones, some of ribs, some of the arms are mere chance, with no possible room live forever in the minds of his people, and tablishment, and, indeed, the greater part you no monarch ever was more popular chronic hydrophobia. with his people. He is loved generallyonly a few who would cling to the tarnished gilding and gaudy tinsel of the papal may be their general consistency of conautocracy.

freedom and privileges of every-day life. I had the pleasure of seeing them many health would tolerate them in the streets. times while driving in Villa Borghes (the fashionable park of Rome), unattended by pomp other than their livery. The feel- I know not how to choose among them, ing here is that the present administration is fast freeing Italy from the galling than the Scala Santa. Here is seen the chains of papal slavery.

Excavations in the Forum and the Palatine have, since 1870, been most marvel-Julius Cæsar's palace was on Palaous. The very spot where Mark Anthony deivered his oration over the body of Cæsar tents that for the ascension on their knees,

From the Forum we pass to the Coliin the world, completed by Titus A. D. 80. It was so constructed as to seat The building had no roof, but the specin ages past, men and animals were pitted against each other; here old Romans ing anything but a penitent position; and many substances absorb luminous rays amused themselves in the deadly combats for which they were so famous.

There are three hundred and seventyfive churches in Rome, of this number eighty are dedicated to the Virgin. St. Peters is the largest and very interesting. There is no painted glass, no tawdry ornatercept the view or even a seat to sit upon.

Among the objects of interest here I cannot refrain from speaking of the colos- are as spirited as life could make them. sal bronze statue of St. Peter, seated in a You almost hear their breathing, and marble chair. This figure attracts more expect them to break loose from their side of the base. The tower is about one visible worship than any shrine or altar in hundred and eighty feet high and has the Church. It is very majestic in atti- baths of Constantine, and are currently eight stories. We found it somewhat diffi- tude and expression, but lacks the grace believed to have been the works of Phidias and symmetry that belong to the best and Praxiteles. Certain it is that horses from the top is very extensive, but flat and days of classic art. The great toe of the of higher artistical merit can never have right foot is nearly worn off, and the next been molded or chiseled. The gallery is beginning to suffer by the incessant kissing of worshipers; and still more, perhaps richer in ancient sculpture than all the by constant wiping, for every votary that The buildings are of Pisa marble and has a handkerchief wipes the toe, kisses of these, in my estimation, is the Lao-alabaster, and are architectural beauties, it and wipes it again. The most impress- coon, of which no copy can give more ive view of the interior is from a gallery which runs round the base of the dome. Standing here and looking down from an altitude from which men on the floor were their faces and limbs. It is often said as grasshoppers, and up into the vault that sculpture should represent repose, which stretched higher above me than I not action, and I think that I have never stood from the floor, I felt the grandeur of the building as I felt it nowhere else. The temple below me seemed to reach out into shadowy depths of unmeasured tended to be grand and pathetic. But space, and the vast dome looked more like an horizon of colored air than like a man-made structure. Its inner surface is composed wholly of figures and pictures in mosaic, in the most brilliant colors. The roof of St. Peters is adorned in front by statues of the Twelve Apostles, which look no more than small men from below but when I walked among them I found them very roughly carved granite figures, noble families profess themselves de-not less than twenty-three or four feet scendants of families that were distin-

Peters, is an immense and irregular mass of buildings of various ages, some at least as old as Charlemagne, and is now the present Pope's only residence. It contains about five thousand rooms. Most noteworthy among these is the Sistine for the latter would have been extermin-Chapel, a very plain apartment, but celebrated for its world-renowned frescoes, especially those by Michael Angelo, on the ceiling, and on the wall opposite the entrance. There are, in the Vatican, several porticos and halls that were frescoed under the superintendence of Raphael, and painted in great part by his own "Transfiguration," considered the mas-terpiece of his life.

One of the most curious churches in Rome is that of St. Stephen, supposed to have been a meat market in the time of Nero. The inner wall is completely covered with frescoes of martyrdoms, comprising all the terrible forms of death recorded in the annals of the church, and recorded in the annals of the church, and this, too, in the coarsest style of art, there are many spots in which I feel proseeming to make the representations hor-

The crypt or vault of the Church of the Capuchins has left even a more grim and ghostly impression on my memory. In this vault is a small quantity of earth for many generations have wanted to be When a brother dies, the senior occupant bodies retain enough of form and feature Most horrible of all, the bones of the bodies which, with the utmost care, could They believe cleanliness to be at the opposite pole of humanity from godliness, and whatever lete, while Adam wore a blue hat and duct, no one can deny that in this respect The king and queen enjoy the utmost they are true to their creed, both in per-reedom and privileges of every-day life. son and in apparel. No active board of

Of the churches of Rome there are so many which might claim distinction that and shall not attempt a description further twenty-eight marble steps, fabled to have been those in Pilate's house, down which Iesus passed after his examination by the Roman governor. They were brought to on the knees. The priest tells the penione thousand years of purgatory can be avoided. While I was present not less The sight was ridiculous in the absurd incidences inseparable from it. An old priest, in the act of getting ready, was careful to separate his priestly robes in the back and so wind them around his waist as to secure them from the dust, presentwhen the New Dispensation flashed through his mind. At the head of the stairs is is said to have been drawn in outline by race of the observatory at Prague. St. Luke, and before he commenced to

Among the most beautiful remains of

prancing steed by the bridle. The horses of statuary in the Vatican is said to be world beside. By far the most impressive than a faint idea. The victims seem almost to shriek audibly, so intense and vivid are the lines of terror and agony in seen action represented by a modern sculptor without feeling his work was a failure, often hideous where it was innot so, the Laocoon; not so, the Athletes in the Vatican; not so, the Apollo Sanroktonos with his bent bow, every muscle of his beautiful face strained to its utmost tension to give his arrow death dealing power. Of the ancient Roman people, the vestiges are few and doubtful.

Some of the palaces bear names suggestive of classical names, and some of the scendants of families that were distinguished under the Republic and Empire, but it is said there is not a single instance in which the pedigree is not vitiated by a break of several centuries. If there are genuine Romans in existence they are much more probably the descendants of obscure than of distinguished families; ated or driven into exile in revolutions or invasions, by which the former would not have been disturbed. If I saw any men who were Romans in mien and gait, it was the Trasteverine, who live beyond or on the right bank of the Tiber, who are coarse and rude in appearance, but are often possessed of physical development. This region of the city furnishes not a few beggars and models, men, women and children. I have seen a Trasteverine beggar wrap his filthy tattered raiment about him and stretch out his hand for alms with as much majesty and grace as Cicero can have shown when he arose to address the Senate.

There are many places in which I have been deeply interested, but cannot, for foundly the indestructible grandeur of the eternal city; but dilapidation and decay are the initial expression of Ancient Rome. Yet, as I linger, the old glory revives; its tokens multiply and takes a strong hold on sense, thought and emomonths and years would not suffice for objects which crowd on my curiosity, when seen, crave to be studied, and when studied seem worthy only of being seen the more. Mrs. May Mozart.

ROME, Italy, Jan. 27, 1887.

A PLAIN Puritan of Boston, who has been traveling in frivolous Europe, has this to say about a solemn subject: "I was amused with some very old, stained-glass windows, which admit a 'dim religious light,' at the Milan Cathedral, and are supposed to illustrate scenes in the Old Testament. It may not have been reverential; but I had to laugh to see Cain, in a pair of green pantaloons, killing Abel, who was dressed in a short jacket of yellow stuff. I regretted to see that Eve, when driven out of Eden by the archangel with the flaming sword, was so frivolous as to array herself for the occasion in a purple overskirt, cut very decolpink ribbons. There may be authority for these representations,-I do not know, -but they were a surprise to me."-Exchange.

THREE THINGS .- Three things to dolive, think and act. Three things to govern-your temper, tongue and conduct. Three things to cherish-virtue, goodness and wisdom. Three things to lovecourage, gentleness and affection. Three things to contract for-honor, country and friend. Three things to hate-cruelty, arrogance and ingratitude. Three things to teach-truth, industry and contentment. Three things to admire—intellect, dignity and gracefulness. Three things to delight in-beauty, frankness and freedom. Three things to avoid-idleness, loquacity and flippant jesting. Three things to wish for -health, friends and a contented spirit. Three things to cultivate—good looks, good friends and good humor.

THE fact has been satisfactorily established by various scientific researches that during the day, and at night emit these an old lady, in filthy rags, looking behind during the day, and at night emit these her to see if her feet and legs presented a rays in such a manner as to impress phorespectable appearance, as she clambered up the stairs, one by one. Tradition says be perceptible to the unaided eye. Artists Martin Luther was toiling up these steps have not only succeeded in photographing the visible night phosphorescence of Mount Blanc's summit, but have even ton," made without hands. This picture scape-invisible to the eye-on the ter-

By the use of gold-coated selenium plates, Mr. C. E. Fritts expects to accomplish the important object of converting Mt. Calvary in order that the dead might or rather the blocks of possible propose in holy ground. The Leaning constitute the mosaics being so fine and mit of the Quirinal hill marble statues of Castor and Pollux, each holding his transformed into light as required.

Personal Liberty and Prohibition.

[E. Brown, in Boston Investigator.]

MR. EDITOR:-I notice in your issue of August 19th, that Mr. B. F. Underwood presents some arguments against the prohibition of the liquor traffic, claiming it to be a flagrant violation of the true principle of government, and subversive of personal liberty.

By your permission I will review some of these arguments. Mr. U., in common with many other opponents of prohibition, assumes (on what ground I never could understand) that a man's right, under all circumstances, to eat and drink what he pleases, is somehow peculiarly sacred, and distinct from all other indulgences; and yet these acts do not relate more exclusively to one's self than several others, which all recognize as proper sub-

jects of stringent legislation.
But I will state an axiom covering this whole ground, and I challenge its overthrow, viz: The individual has absolutely no right whatever, not even to life and the pursuit of happiness, when it is certain that his life and pursuit of happiness inevitably carries contagion, misery, and death, to myriads of other human beings about him, each one of whom has personal rights as inalienable as his own. You have not the right to eat or drink that which makes you insane or a disturber of the peace, and turns your family out upon the public for support, any more than I have to turn my sewerage upon the surface in my yard in such a manner as to sicken the neighborhood, and to bring

disease and death to the town.

You can never find a higher, holier, or more infallible standard for all legislation than to aim for the greatest good of the greatest number; and I am surprised to find intellectual men and public teachers who can get a single idea of the preeminent sanctity of a man's right to eat and drink so near their mental vision as to ignore the rights of others. Why, if eating and drinking are so sacred rights for the father, are they not equally sacred rights for his poverty-stricken family, whose wailings nightly go out upon the

pitiless air?

If a man's right to eat and drink what he will were so exceptionally sacred above all other rights as it is claimed to be, then the cannibal can justify his practice; but this would look very strange to us, who are taught to believe that a man's right to not be eaten is fully as sacred as the right of his brother man to eat him. Do not say this is a strong figure, for I can show you families to whom it would have been a mercy if the husband and father had slain them one by one and devoured their bodies, rather than starve, freeze, abuse, and disgrace them, grinding out their lives by inches.

And again, the law cannot consistently hold any man accountable for acts performed when bereft of reason or intellect, and hence the only alternative left is that he be held responsible for those voluntary and deliberate acts by which he disarms himself of that safeguard of manhood, his

mental power.

Mr. U. concedes too much for the safety of his position, for when he says we of course have a right to "regulate and control the sale of liquors, he would open the same door to all sorts of abuse of personal liberty which he so deplores in prohibition. For if we are to suppose that our legislators have only the decretion with which he credits them, we may next expect them to enter into our homes and "regulate" our tables, dress, and all which he very confidently assumes to be foreshadowed by their acts of prohibition.

The fallacy of his whole argument, on this point, consists in the unwarranted assumption that legislators have no discretionary powers to check the inordinate exercise of the powers vested in them, whereas everybody knows there is hardly a bill passed in our Legislatures touching personal liberties, which is not thoroughly considered with relation to its practical necessity, and also the possibility of its abuse in case it should become a law.

Now, to assume that we cannot trust our legislators in their efforts to sweep out this all-prolific source of crime and pauperism, for fear they may interfere with tea, coffee, tobacco, or some other foolish though comparatively innocent indulgence, is about as sensible as to object to the prohibition of the selling of tainted meat, or decayed fruit and vegetables in times of epidemic, for fear that the sacred rights of eating and drinking might be further interfered with in the future.

AT a recent literary entertainment given by the students of Grant University, at Athens, Ga., Miss McLaine was to recite. As she walked upon the stage she was in apparent good health, and was giving her recitation successfully, when suddenly she stopped, placed her hand over her face, and stood silent. She was led from the stage, and then it was ascertained that she had become totally blind.

TRAMP (whose request for food has been denied)-" Well, ma'm, would you let me sleep in the ten-acre lot back of the barn if I won't make any noise?' Woman-" Ye-es, I don't mind lettin' ye do that." Tramp (appealingly)-" Well, one thing more, ma'm, before I say goodnight: Would you have me called at 7 sharp? I want to catch the limited cattle train West."

GOLDEN GATE.

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SATURDAY, FEBRUARY 26, 1887.

"LIGHT IN THE WEST."

Not our estimable St. Louis contemporary of that name; but the light of the new gospel that shines into the hearts and homes of thousands upon these Pacific shores-it is of that, and of its peculiar effulgence in our pure, magnetic ether, that we would speak.

All sensitives from the East on visiting these shores find their powers greatly augmented. This fact, coupled with the marvelous unfoldments of our own mediums, leads us to conclude that there is something in our climate peculiarly favorable to the highest order of development of mediumistic gifts. In the Summer we are never exhausted by the excessive heat, to which they are subjected in the Atlantic States; nor are we brought under such severe conditions of Winter climate as they are there.

Whatever the cause-and it may be something other than this we suggest-certain it is that California, and especially the region along the coast, is remarkably favorable for spiritual and mediumistic development. There is probably right here in San Francisco a larger proportion of mediumistic persons than in any other city in the Union, and some of these mediums are equal to the best in the world.

It is a common and frequent prediction of the invisibles that from these shores is to go forth spiritual light and truth as from no other land; that here will the spirit world find its grandest instruments-the ablest exponents of its philosophy-the most wonderful magnets for its physical manifestations.

In the light of these predictions, ought not the laudable ambition of all mediums be to excel in their especial gifts? Ought they not to strive, by every effort, to live true and noble lives, that they may attain to the highest possible unfoldment of their gifts?

If our mediums realized more fully their advantages of location, and how they could enhance their powers, and improve the character of their mediumship, by a firm determination to live up to their highest convictions of right, by putting beneath their feet all things that tend to becloud the pure white light of the spirit, we should soon have a much higher order of manifestations. We should hear no more of fraud and unreliable communications.

As light takes its hue from the color of the glass through which it shines, so messages from the other world partake more or less of the nature of the brain and magnetism through which they flow. A pure stream will necessarily become contaminated by flowing through an impure channel. Honesty, nobility of character, and a pure body-with these as a basis for the divine gift of mediumship, the angels from the higher spheres can come close to the lives of men.

The medium that would unfold the highest must live the truest. Excelsior should be the motto of every one.

PAINTING IN THE DARK .- We referred, in our last issue, to a newly-developed spirit artist -Mr. W. H. F. Briggs-who has recently arrived in this city. Mr. Briggs has been soiourning on this Coast for several years, traveling from place to place in pursuit of health. He assures us that, in his normal condition, he knows nothing whatever of painting as a fine art; but that, while in deep trance, he is made the instrument of certain grand Old Masters, to produce, with all the skill and perfection with which they were possessed in their mortal existence, and have since acquired, the finest conceptions of genius. He paints wholly in the dark, and only during the silent hours of night. He has been at work for the past week on the portrait of a well-known lady, which is now about completed. His controls, he says, are Polygnotus of Greece,-Raphael and Rembrandt. We have not seen this picture yet, but are assured that it is a masterpiece, and that it will be on exhibition at this office on and after Monday next.

-The Overland Monthly has engaged Gen. O. O. Howard to furnish a series of Indian War Papers. The first, to appear in April or May, will be upon the "Piute and Bannock War of i878," the first detailed account of that campaign. General Howard will not contribute articles to any other Pacific Coast periodical, the Overland having secured his exclusive services. Senator A. A. Sargent will shortly furnish the Overland Monthly several articles upon topics of public and industrial interest. Senator Sargent is engaged to write exclusively for the Overland Monthly.

A QUESTION OF FEELING.

It is seemingly almost impossible for one to tell the truth in matters wherein one's feelings are deeply interested. That witnesses see things in a directly opposite light, in cases wherein they are personally interested, is demonstrated daily in our courts, -and they are generally honest in their convictions.

A party of a dozen or more men and women, believing a certain medium to be a fraud, secure a private seance for the purpose-not so much of fairly ascertaining the truth as for confirming them in their conclusions. At such a seance the medium, were she honor's self, would have but a poor show. She is but one against a host. If any forms appear, they are, in the eyes of the skeptical conspirators, necessarily and naturally confederates.

Far be it from our purpose to apologize for even seeming fraudulent manifestations in mediumship. We would have all seances for materializing so open and fair as to be beyond question of dishonesty; and the medium who is fairly proven guilty of dishonest practices, should, if such practices are indulged in, be driven from the field. If the exhibition is one of cold-blooded trickery the perpetrator should be exposed and severely dealt with, as a necessary lesson of reform. At the same time we do not regard the methods in common use for exposing spiritual frauds as the best that could be devised. They are liable to work serious if not fatal injury to worthy mediums.

Seizing the spirit forms, or the medium, and destroying the cabinet and furniture, as a means of arriving at the truth, is a good deal like burning the barn to get rid of the rats. There is about as much sense in it as there would be in blowing up the chemist and his laboratory with dynamite, because one did not believe in the results of certain of his scientific experiments.

And here we repeat a bit of advice often given in these columns: Avoid all materializing mediums who do not make their seances absolutely

Most Spiritualists have had abundant evidence of the amazing fact of spirit materialization. We have had such evidence many times, and under conditions wherein collusion or confederacy were absolutely impossible. Hence, if every medium in the universe were "exposed," it would not change our views, nor the views of thousands, on that subject in the least. But to us there are other phases of the spiritual phenomena that as yet are far more satisfactory than the psychic form-more satisfactory because of a more intellectual and a more truly spiritual character, and because, also, they are produced under conditions wherein deception and collusion can not possibly enter in.

That the manifestation of the psychic form will yet be so perfected as to forestall all question of deception, we verily believe. But surely that time has not yet arrived-at least not in the large majority of seances for that phase.

NOT YET.

It appears that England may safely take a rest from her fears regarding Russia's intent to enter British India by means of the railroad from the Caspian sea to Merv. This expensive piece of work is now declared to be a failure, because of the present impossibility to keep it clear of the shifting sands of the desert; and as the country affords neither stone, lime, water nor timber, the suggestion of sheds is one not to be acted upon. Moreover, the fact of the road running for a good portion of its length near the confines of Persia, might necessitate the presence of a strong body of soldiers to insure the safety of the road, should it ever become practicable. The designs of Russia upon England's British possessions, and perhaps other national enterprises, will doubtless be postponed until such time as aerial navigation shall come to their aid. When Rus-

either in imagination, or in a balloon. This prospect gone for the present, Russia will just as soon wait a few years before attacking the European lion's cubs, even though basking from their mother at so great a distance as India.

sia finds herself at the gates of Herat, it will be

If any obstacle that nature can interpose, will serve to put off the impending strife, it should be hailed as a kind providence.

AN ANTICIPATED TREAT .- The proposed entertainment to Miss Crews promises to be a brilliant success. Most of the seats have been taken, and it looks as though the worthy beneficiary would receive a neat little sum. The following program will be given: Song, "Blessed be the Name of God Forever," J. W. Maguire: reading, "The Huguenots," J. J. Owen; "The Storm at Sea," (Colletta), Miss Crews; recitation, "Der Oak und der Vine," Mrs. Aylesworth; cornet solo, Miss Hammond; Scene from third act of Camille, Mr. and Mrs. Owen; "Medley of National Airs," (Colletta), Miss Crews; recitation, "Nothing to Wear," Mattie Hughes; song, little Laura Crews; Sonata in E-minor, (Dunbarh), Miss Crews; Scene from Julius Cæsar, Mrs. Aylesworth and Mrs. Cramer; song, Mrs. Cressy; recitation, "Adam's Grave," Mr. Cramer; song, "There's Peace on the Deep," J. W. Maguire; "Drops of Morning Dew, (Colletta), Miss Crews.

-The two Persian gentlemen, students in this country, have with them, along with other curiosities, a copy of the Peshito version of the New Testament, in the form of a parchment manuscript dated A. D. 1207; one of three copies only she may receive a liberal support.

known to be in existence. The manuscript was the work of a Syrian priest named Bahnab, who lived at Mosul.

LIFE'S LESSON.

That life is most in harmony with the Divine Spirit of Nature that lives most in harmony with itself. Sin is nothing more nor lese than discord, which is but another name for ignorance.

When men and women learn that there is no heaven for them outside of their own souls, and that to attain happiness one has but to look for it within, where alone it can be found, they will surely begin the work of the world's redemption

No sacred wafer, nor baptismal rite, nor holy water, nor death-bed repentance, can bring heaven to a soul out of tune-to one whose nature has been warped by sin, and who, through a long life, has been a willing slave to degrading appetites and passions. Such an one must come, in time or eternity, to see the folly of all extraneous efforts for his redemption that do not find a full and sincere response in his own soul. It is there, in the very center of conscious being, he must find his alphabet, and thence, line upon line and precept upon precept, learn the true lesson of life and happiness.

When, by a life of well doing, by the unfoldment of his spiritual nature, and by the radiation and absorption of the light that shines into every soul, one reaches the supernal hights of mortal being, where dwelleth the Spirit Divine, there, and there only, is peace, rest and happiness for evermore.

All must come to this. There is but one way of salvation, and that, not by the atoning sacrifice of Christ, but by the evolution of righteousness from within. He can not save, only as his beautiful example and spotless life entice to

And this is the grand mission of the angelic hosts now knocking at the door of the great throbbing heart of humanity, seeking to enter in that they they may teach man the better waythe way of eternal progress to the home and haven of eternal happiness-the welcoming arms of the All-Father.

"THE LAW'S DELAY."

If law and justice should chance to meet, in this country, they would need an introduction before they would presume to so violate the canons of good breeding as to recognize each

In the courts of all great cities, and in none Gray, written in his usual crisp and ready manner. more so than in the city of San Francisco, law, as a rule, is not practiced to further the ends of justice, but to defeat the same.

A case in point is that of young Goldenson, who deliberately killed the little school girl, Mamie Kelly, of this city, for refusing his attentions. A mere child she, he a man grown, -of violent temper, of shiftless and dissipated habits. He persisted in annoying her, on her way to and from school, and because of her indifference to him, he maddens his brain with whisky, watching his opportunity, and kills her on the street. This is the case in a nutshell.

Then comes his attorney, schooled in all the quibbles and rat holes of the law, and through some of the sinuosities of which he hoped .- as many an attorney, in similar cases, has done be--to so befog the blind goddess with the scales, as to enable his client to escape punishment for his terrible crime. Commissions are demanded, and yielded by the court, to take testimony in both hemispheres to prove that this young man's grandfather, or great uncle, or some other relative, had been afflicted with insanity. Then come motions for postponement, with objections to everything that give the slightest intimation of bringing the case to trial, until the Judge, seeing, as did everybody else, that it was a clear case of obstruction of justice, stepped in and refused longer dalliance.

Then the prisoner's attorney retires from the case, with a grand flourish of injured innocence. and refuses to assist his successors whom the court appoints, and instructs his client to refuse all recognition of them, which he does, insolently and defiantly, in open court; but the Judge, now fully aroused to the frivolous nature of the defence, proceeds, nevertheless; and so, for once,and we were about to say for the first time in the history of criminal jurisprudence of this city,justice comes out a little ahead.

But the end is not yet. There is a court of last resort, where the lawyer can carry his quirks and quibbles; and Justice, being blind, is liable to be outwitted by the law, who has more eyes than Argus, at last.

This is a sample of the way in which our laws are administered. Our city jail is full of criminals, whose cases ought to have been disposed of months, and some of them years ago. And they would have been in any country but ours, where the tenure of office of the ministers of justice does not depend upon the corner saloon, and the political caucus of freemen filled with beer.

-Most of San Francisco and Oakland Spiritualists are acquainted with Miss Anna L. Johnson, the little medium for spirit healing of this city. She has recently, on several occasions, given satisfactory evidence of her power to diagnose disease, from the platform of the Society of Progressive Spiritualists at Washington Hall. For several years past, Miss Anna has freely given, as it has been given to her, to all applying to her, without charge; but the time has come when necessity compels her to accept a small fee for her services. She, like all other good mediums, has a right to live by her gifts. We trust SPIRIT PICTURE.

The picture upon our eighth page is given as that of one of the spirit guides of a private medium of this city, who shrinks from the notoriety which the publication of her name would give to her. The spirit, whose name we also withhold for the same reason, is a bright, beautiful spirit, vivacious, witty, and interesting. Her utterances abound in wise sayings, for which she takes no credit to herself, but always attributes them to her teacher, who is also a guide of the same medium, and is a spirit Assembly Hall, Odd Fellows' Building, in this of great intelligence.

This spirit passed to spirit-life in infancy, many years ago. She was partly of Indian parentage, her mother being a princess of her tribe. She character, the medium, Dr. D. J. Stansbury. always presents herself as a lively little maiden, full of sunshine.

The picture was taken through the mediumship of Mr. Fred Evans, of this city, whose powers as an independent slate-writer are of a truly marvelous character. . It was taken on Sunday last, Feb. 20th, in the presence of the editor following manner: Three slates were first thoroughly cleaned with a damp sponge and wiped dry. One of these slates was placed upon the floor, in plain sight, and Mrs. Owen was requested by the medium to place a foot upon it, unconcernedly upon the opposite side of the table, and fully four feet from where the slate lay upon the floor. Subsequently, and while the work was progressing, another slate was placed upon the floor by the side of the former.

We were not really expecting a picture of this spirit at this time; in fact the spirit artist had intimated to us the Sunday previous that it would probably be two weeks before he again attempted it. In about a quarter of an hour from the beginning of the seance the familiar raps signaled slates from the floor it was found that upon the under side of the one upon which the foot rested was the picture as seen in our engraving. On the under side of the other was the following message from the artist:

To MR. OWEN-DEAR FRIEND:-At the request of John Gray I take this mode of introducing myself to you, and also to our worthy medium. As you will see, I have taken the picture of the Indian maiden, -. This spirit is of such a lively temperament as to make it extremely difficult to give a correct picture of her. But she has robed herself to her own satisfaction, and has expressed herself as being pleased with her picture, and also states that her medium will be much delighted with the results of this sitting. When I become more accustomed to the control of this medium, and with the assistance of his powerful guides, I will endeavor to give you some very good manifestations, which will reflect much credit on the medium and yourself. I have come to stay with this medium, conditions permitting. With best wishes to all, I remain yours in spirit. STANLY ST. CLAIR.

On the under side of one of the slates upon the table was a friendly message to the writer from Mr. Evans' psychographic control, Spirit John

It is a significant fact that the little Indian maiden represented in the picture, wholly unknown to Mr. Evans or to us, had, on Saturday evening, informed her medium that the artist would sketch her likeness at our scance on the tollowing day.

As to the fact of the messages and the picture being produced as stated, by occult or spirit power, there is not an intelligent person in the universe, with the same opportunity for observation as ourselves, who would question it for a moment.

We will add that the drapery in the picture, together with the necklace and earrings, are worked in colors, a fact which, of course, our engraving does not show. We hope to be able, ere long, to give a likeness of Mr. Gray, and perthe artist, St. Clair, himself.

A LOTTERY.

Several California journals are favoring the organization of a lottery in our State, on the ground that a great deal of money is expended in and charitable purposes; that the law regulating the sale of tickets, and correspondence regarding them, is a dead letter, etc.

We dare say it is an impossibility to stop the lotteries now in operation, as they have long been legally incorporated; the Louisiana lottery is the most flourishing institution. Cubans invest in the Havana lottery with the same regularity as the majority of mankind elsewhere do in something to eat. Failure one month to win a prize. or of six, does not in the least discourage one of them. That it is a money-making business (for the company), is certain; that persons occasionally (very rarely), draw large sums from small investments, cannot be successfully denied.

But, is it good for anyone to thus get some thing for nothing? Of course, the money received for tickets aggregates to several times the amount given out in prizes, so that whatever one gets is rather a contribution than a prize; but, individually, it is something received without an equivalent, and inclines to foster a natural tendency in man that, if generally indulged, would set him retrogading at a more rapid rate than that by which he has reached his present station.

If, by investing a dollar a month, a man is likely to win a fortune, not many of them would do much more than was necessary to obtain the mighty dollar. On the whole we don't think it advisable to multiply these chance institutions. They tempt the poor to risk their small earnings, thus causing families to suffer, whereas they might be comfortable and happy. Being all a matter of chance, or luck, they cannot be convinced it may not come to them as to others.

"BUCHANAN'S JOURNAL OF MAN." -- We have received the initial number of Dr. J. Rodes Buchanan's new journalistic venture, entitled as above. It is a monthly containing forty pages of choice matter, and is furnished for the moderate price of \$1 a year. It is a work for advanced grades rather than for students in the alphabet of the knowledge and philosophy of being. For this age they receive from American journalism.

work we know of no one so well adapted as Dr. Buchanan. He stands at the head of the thinkers of this nation, and has given to the topics with which he regales his readers his best thoughts. We recommend the readers of the GOLDEN GATE to enclose a dollar to the publisher at Boston and taken in the Journal of Man.

SLATE-WRITING IN PUBLIC.

A most wonderful exhibition of independent slate-writing occurred last Sunday evening at city, before upwards of five hundred people. After Mrs. J. J. Whitney had finished her

tests, which were of an unusually interesting came on the stage with four slates, a sponge, and a towel. He stated that his guides would attempt to obtain the writing and hoped the audience would give him their sympathy, as much depended thereon. The Doctor then exhibited the slates. He had invited Mr. W. R. Colby, a slate-writer, and Mr. W. H. Northway, of the GOLDEN GATE and his wife, and in the a short-hand reporter, to examine the slates, which they did, as well as place private marks upon them so they would know they had not been exchanged for others. The Doctor, having stated the conditions under which his guides had promised the writing, proceeded to clean the which she did. The others were under our two slates in the following manner: He poured from pairs of hands upon the table, Mr. Evans sitting the pitcher, on the speaker's desk, a glass of water, part of which he drank to show, as he said, that there was no chemical substance in the water by which the writing might be produced. He then wet the sponge, and taking one slate rubbed both sides, and with the towel thoroughly dried the slate, which, after exhibiting to the audience, he laid upon a chair in plain view; he then proceeded to clean another slate in the same manner, putting those two slates together, with a bit of pencil between, held them out at arm's length for the space of three minutes, durthat the work was finished. On raising the ing which there was low music, and the doctor seemed to be entranced. Upon returning to consciousness the medium handed the slates to the organist, who opened them and read two messages which were written thereon. One was a loving message from a lady to her husband. giving her full name and the name of her sister, whom the message stated was also present. This was recognized by the husband, who acknowledged it to be correct. The other message was from two spirits, signing their names in full, with greetings to old friends, which was instantly recognized by the parties addressed.

The Doctor then took up a single slate, and with sponge and towel thoroughly cleansed both sides, slowly performing the operation in full view of the audience, and having exhibited it to all in the front seats, laid a bit of pencil on it, held it out at arm's length, simply covering it with the towel. The Doctor was again entranced, and in two minutes the cloth was removed and messages from three different spirits were found written thereon, which, after having been read, were all recognized by friends present.

The Doctor then took the remaining two slates and cleansed each separately as before,-holding them up to show there was no writing on them, and knocking one against the other to show there were no pads or duplicates, -tied them together with a cord, -a bit of pencil having been placed between as before, -and hung them on the chandelier under the full gaslight, and took a seat about ten feet distant, where he became again deeply entranced. The slates hung motionless for a minute or two, then began to vibrate, turned around and were still. At the expiration of five minutes, Mr. Northway, who had remained on the stage all the time, was requested by the medium to examine the slates, which, upon opening, were found to contain twelve full names of spirits written thereon, which were then read and every one fully recognized by friends and relatives present, some of whom said their friends had promised if possible to give them a test, and four of the persons stated that they had mentally requested the spirits whose lottery tickets and sent out of the State; that the names they recognized to go and write on the profits could be devoted to the support of schools slates, and two had clairvoyantly seen them do so.

> The audience testified their entire appreciation of the medium and his guides by abundant applause as each message was read. The modesty and sincerity of the medium was apparent in every word and act, which, together with the entire absence of all paraphernalia, and the perfect success which attended the exhibition throughout, proclaims that the climax of independent slate-writing in public has been reached, and that San Francisco can produce as good mediums as can be found in the world.

> A PLEASANT EVENING .- A number of the friends of Mr. and Mrs. M. B. Dodge, gave that worthy couple a jolly surprise on Monday evening last, to celebrate Mrs. Dodge's birthday. Their cosy home, on Hill street, was packed with unexpected but welcome visitors. The honored host and hostess proved themselves equal to the emergency and succeeded in making the happy hours glide rapidly away. Choice refreshments were served, and there was nothing to mar the evening's festivities. Mr. Dodge is one of the main pillars of the Temple, and he has a most faithful and able co-worker in his good wife, whom to know is to honor and esteem. The GOLDEN GATE joins with her large circle of friends in wishing her many happy returns of

> MERITED HONORS,-Countess Lourina Amiel, of Toronto, has just been granted a silver medal by the Minister of Public Instruction in Italy, for the services rendered by her during the last few years to public education in that city. The United States does not deal much in medals for the reason, we think, that there would be so many deserving them that it could not do justice to all; or if it could, the matter would become so common as to be but a poor mark of honor. Our noted personages are all honored in every possible way by the press and public; especially is this true of our women to whom, we opine, nothing could be more acceptable than the hom-

EDITORIAL NOTES.

-W. J. Colville's racy letter, on our fifth EDITOR OF GOLDEN GATE: page, will find many eager readers on these West-

-Although of extra length, the letter of Mrs. Mozart, in this number of the GOLDEN GATE, from Rome, will be found of unusual interest.

-We acknowledge the receipt of a tract by James A. Bliss, of The N. D. C. Axe, entitled "The History of the Discovery of Transfacial Mediumship.

-Don't overlook Dr. Allyn's able paper on "Evolution," on our first page. The Doctor is a vigorous writer and a clear thinker; hence, an ever welcome contributor to our columns

-We call attention to the card of Mrs. Sarah J. Penoyer, on our 5th page. Mrs. Penoyer is recommended to us as a most remarkable psychometrical delineator of character, and also as being a lady of rare worth and integrity.

-Golden nuggets of truth and wisdom are the "Pebbles" of Isaac Kinley, which appear from time to time in our columns. After a lapse of several weeks we are glad to be able to present our readers, to-day, with another rich basketful.

-The lovelight of a sympathetic eye, the touch of a gentle hand, the soft tone of a tender and loving voice, will win the erring to better ways of life when all other methods fail. Salvation from sin means nothing more than ceasing to do evil and learning to do well.

-Man can safely be trusted to become a law unto himself only when he has learned the perfect mastery of himself in all things. When he becomes a ruler over all of the base appetites and passions of his own nature, then may all lets and hindrances to his advancement be removed.

-Our readers will please understand that we have no time to sit with mediums for slate-writing, or for psychometric readings of character or diagnoses of disease in their behalf. We would gladly do so, but we have all the work we can properly or reasonably attend to in editing and managing this paper. So, friends, don't ask us.

-Mr. Harr Wagner, of the Golden Era, has removed with his wife, "Madge Morris," (the author of that incomparable poem, "The Golden Gate," that appeared originally in our columns,) to San Diego. Mr. Wagner takes his magazine with him, and will issue it in new form in that flourishing Southern city. Thus drops out of San Francisco's periodical literature one of its oldest and best-known magazines.

-Mrs. Whitney's powers as a platform test medium are of a truly remarkable character. On Sunday evening last, at Assembly Hall, she gave a large number of astonishing tests. These tests, in connection with Dr. Stansbury's slatewriting, referred to elsewhere, constituted an exhibition of psychic power seldom witnessed in this city. They will give another seance at the same place to-morrow (Sunday) evening.

-Theories may stand long in the mind as truth, but neither truth nor error is positively the one or the other, until proven or disproven by practical test. Geologists have held the opinion that Florida was one vast coral formation, but the seven-hundred-and-sixty-foot artesian well that is sunk at St. Augustine, and which is still being deepened against a flow of water amounting to seven millions gallons in twenty-four hours, upsets the ancient idea.

-W. A. Bartley, of Los Angeles, in ordering two copies of the "Watseka Wonder," says: "It is one of the most wonderful accounts of "spirit manifestation I have ever had the pleas-"ure of reading; just the thing to put in the ant feeling between the various societies "hands of a friend to set him to thinking." The writer then kindly add: "Before closing, I "must add that I am greatly pleased with the "GOLDEN GATE. It is really a spiritual paper, "and I think it the best in the United States."

-- The Chinese are proving their fitness for American citizenship by their ready adoption of our customs. It is reported that the Chinese of New York City are preparing for a strike by forming a strong organization, which they observe to be the popular means of defense against all oppressors. At Deadwood, Butte county, is a great Chinese physician, who is reported to be performing some remarkable cures. He has a sanitarium for his patients, where he boards them by the week or month. He is as shrewd as skillful, and employs all white help, except a cook and laundryman. These, and similar instances, show that John is not yet at a standstill.

-A Pasadena subscriber writes us the following appreciative words of the GOLDEN GATE: "I wish to express my high appreciation of the "GOLDEN GATE. It comes to me weekly, "freighted with intellectual, spiritual wealth, "culled from the most gifted minds of all nations "and people. It is so fascinating I never lay it "aside until I have read it through. I have "read the Banner of Light since its first publi-"cation, and probably shall never fully realize "how much it has done for me spiritually until "I pass to the land spiritual. But, Brother "Owen, I am delighted with your paper. It is "so admirably gotten up and edited, I take pride "in calling people's attention to it."

-- The test meetings at Odd Fellows' Building continue with increasing interest. Last Sunday evening, Mrs. J. J. Whitney, although suffering somewhat from recent indisposition, appeared at her best and for nearly an hour held the large audience spellbound by her vivid descriptions of spirits, and persons, and places,-every name and incident being fully recognized; one person testifying to having recovered lost property through the advice of her guides; others to receiving valuable advice in reference to business matters of which the medium could possibly know nothing. The slate-writing tests by Dr. Stansbury are described in another column. The meetings will be continued next Sunday evening as usual.

Letter from W. J. Colville.

It seems quite a time since I last wrote to you, and as you always publish my letters so quickly I feel impelled to write as frequently as I can, especially as I hear so many friends are kind enough to like to receive a line from my pen every once in awhile. I suppose the dominant inquiry which affects me concerns my new book, 'Spiritual Science of Health and Healing." I am glad to be able to say it is now out, and I have ordered the publishers to send you two hundred and fifty copies without a moment's delay, so I hope they will arrive almost as soon as this letter, though I am aware, from frequent experience, that freight is not as rapid as postage. Owing to a misunderstanding of the publisher the work has not been stereotyped, so I can not supply any more copies after these are sold, unless I happen to have a few unsold after my Bostton friends are supplied. The book spiritual experienc s, if only they can read is not in the market, and can not be obtained unless re-published after the present edition is exhausted. My price is seventy-five cents per copy to those who have sent in their names already, but I see no reason why, if any spare copies remain, they should retail at less than one dollar.

I am as busy as ever, though last week I did get a few days off to attend the Carnival at Montreal. We had, on the whole, very pleasant weather; of course the antithesis of California weather; still, though very cold, the air was clear and bracing, the sun warm and the sky very blue. The moonlight evenings were very enjoyable, while the Ice Palace, brilliantly illuminated, the gorgeous processions in fancy costumes, and the brilliant displays of fireworks, converted the whole scene into veritable fairyland. The Carnival draws immense crowds of visitors, and is the great event of the year, consequently every house is crowded, accommodations scarce and dear, so the people generally reap a golden harvest. I must say, how-ever, I found very little attempt at exgood, honest, hospitable people, though there is nothing in Canada in the way of modern improvements to equal the large cities in the United States. Montreal is town, and somewhat of a French city; also the two languages are spoken about equally. I did not meet any Spiritualists, or indeed any one with whom I had any conversation except on city and Carnival matters. I have heard there are Spiritualists in Montreal, but I believe they hold no public meetings. The people, as a rule, are conservative in their ideas, and either attend Catholic, Episcopal, or orthodox Protestant churches, or else take little interest, apparently, in religious questions in any way.

In Boston the interest in all spiritual questions is as great, if not greater, than ever. All the meetings are largely attended, and increasingly so. It would not be true to say that all the Spiritualists using that name in either its broadest or its narrowest sense, are thoroughly united, but there does seem to be a less discordthan there was some time ago.

Great preparations are being made for union celebration on the 31st of March. Delegates have been solicited by a central committee from all the societies, and there seems a likelihood of the day being celebrated in a manner more befitting the occasion than is ordinary. I suppose the present excitement in thought everywhere is a prelude to the inauguration of an age of greater general harmony and enlightenment than the period which now seems drawing to a close; still it does seem unnecessary for persons to go out of their way to pick flaws in the work of others, which seems a fashion in many quarters where better things might reasonably be expected. For my own part I have long since ceased to trouble myself about hostile criticisms, knowing that it is utterly impossible to please everybody, and those who give offence by faultfinding rather than those who are attacked seem usually to get the most of it in the long run.

I am certain that the Golden Gate owes a very large share of its ever-growing popularity to your noble editorial policy which leads you to insist on justice and yet practise charity. If some other newspapers devoted ostensibly to the furtherance of the same great truths would only be as temperate as you are there would be far less occasion for unfavorable comment from the outside than there now is.

I suppose you are still in the height of a spiritual revival; or has the fire cooled temporalily with the exodus of some of the illustrious workers who have recently been with you? It always seems a sad pity that people should depend so exclusively, as many appear to, on the ministrations of a few public individuals for the carrying on of work which should be in my opinion fraternal and co-operative to the fullest extent possible.

Boston has recently been much exercised over the work of Sam Jones and Sam Small, the two celebrated Georgia evangelists. Though Methodist in theology and decidedly averse to liberal ideas on many subjects their vigorous crusade against intemperance cannot fail to be of lasting benefits to the community, as they follow exactly the explicit requirements in the have attracted large crowds of men to February number.

hear them who are not reached by any other agencies. I have heard them both once, and while there was nothing at all remarkable in what they said the personal magnetism they threw out and the psychological influence they exerted seemed to sweep over the vast assembly like a mighty wind whenever the preachers became more than usually emphatic and eloquent. I am sure all such people are highly mediumistic whether they know it or not, and owe much of their success to the assistance they perhaps unconsciously derive from their mediumship.

In the literary world here theosophy is

making itself felt. Mr. Sinnett's novel, "Karma," is now on sale at every bookstall, at a low figure and in pocket form. Such works coming thus prominently before the public cannot fail to make people think; and while it might be better for some reasons to drop romancing and give plain facts to the world without the drapery of fiction, still the question arises, Are there not many who will not read a sober recital of plain fact put before them as such who will gladly read a thrilling tale introducing the most remarkable it first as a romance?

My next literary venture will be "Real Life in the Spirit World." Now that "Health and Healing" is before the public I shall hurry up the new volume, material for which I have been steadily and carefully accumulating for the past several years. I hope to bring it out in California very shortly.

I am very glad you published the article on "Earthquakes," written inspirationally by Mrs. Greenwood. She has very kindly placed in my possession other manuscripts, some of them extremely interesting. will send you some from time to time and hope you will be able to use them. I shall look out for severe criticisms of my new book in your paper; of course don't suppose you can fully indorse all the theories it puts forward, and if the public will only understand that it is written in a suggestive and certainly not in a dogmatic spirit, my friends will feel that my only desire is to help them, as far as lies in my power, to see the why and the wherefore of what is popularly termed metaphysical healing. My classes tortion. The Canadians strike me as in Boston are large, but not so large as in California. Great success is attending the efforts of many who call themselves my students. In every case I remark that latent mediumistic power develops very picturesque, and almost, if not quite, as hilly as San Francisco. It re- to the subject. My own opinion of minds me somewhat of a large English classes is that they are developing circles, in one sense, i. e., they call out latent powers which would not so readily unfold unless stimulated by an appeal made to

> I hear frequently of the good work being done by many who were in my classes in California last Summer. hope many have come before the public since then, both as teachers and healers. If nothing occurs to prevent, I hope to arrive in San Francisco early in September next. I say this publicly as I am written to continually on the subject. If my friends on the Pacific Coast desire to make arrangements to that effect, I can promise my services at that time. California is the most congenial field of work I have yet met, and though I stand the ice and snow as well as anybody-better than many natives of New Englandstill I must say I should enjoy a Winter where the weather is rather less tem-

With the kindest regards to all friends, and many thanks to the Gnostic Society for a special favor received from that Readings, \$1 00. ; : Enclose lock of hair. honorable body, believe me, as ever, Your sincere and grateful friend,

W. J. COLVILLE. 668 Tremont St., Boston, Feb. 19, '87.

IN MEMORIAM.

Passed to the higher life from Victoria, B. C., Feb. 8th, Capt. G. G. Walker, aged 69 years. Capt. Walker was Treasurer of the British Columbia Association for the Investigation of Spiritualism, and one of its most liberal support-His associates in office and the cause of which he was an honorable and earnest advocate will greatly miss his counsel and aid. Being one of the first in this place to investigate and em brace the phenomena and philosophy of Spirit ualism, his house was for many years, until the decease of his wife some five years since, the home of mediums and their friends. It can be truly said of him that he "fought the good fight," neither retreating or compromising,—not even with death. Retiring at night in usual health and spirits, and apparently sinking into a peaceful slumber, the Angel of Deliverance gently kissed his eyelids down and bore his spirit upward through the "Golden Gate" of life's new morning. What a glad reunion of husband, morning. What a glad reunion of husband, wife and son,—once more all at home!

The burial services were conducted by the Spiritual Association at the hall where their

meetings are usually held, and the remarks were made by your humble servant. A large con-course of friends attested the high esteem in which the deceased was held by the community in which he had lived for twenty-six years.

Susie M. Johnson.

MENTAL SCIENCE HEALING TEST.

Prof. Swarts and wife, of the Mental Science University, assisted by another able Mind-Healer, have set apart thirty days for the joint treatment of distant patients; any disease whatever. Full particulars and conditions for their undertaking are given in the February number of their Mental Science Magazine, published at 161 La Salle street, Chicago. Price, 10c. in stamps. Hundreds will

All the Mental Science or Mind-Healing works are on sale at above office. A price list will be sent any one for a two-cent stamp; also a pam-phlet free—"Human Rights Imperiled"—by A. . Swarts.

Questions or remarks about disease or treatments will not be answered till after you read and Letter from J. M. Harper.

DEAR BROTHER OWEN:-I am happy to notice quite a little interest manifested in our little experiment with Fred Evans (here in Colfax), in regard to the sealed slates that you held for us in his presence, and mentioned in the GOLDEN GATE of January 29, 1887.

On seeing the crayon sketch of D. D. Home, in my last Golden Gate, reminds me of a sketch on the slate referred to above. It was the head of some person, but as we did not recognize it, and it not being very artistically executed, we did not mention it before. It may be the controls were just experimenting with the hope of something better in the future, which they have obtained.

In a recent letter on business to Fred Evans, I addressed an envelope to myself, placing a small blank sheet of white paper within, and sealed it well in the usual way, then doubled the two ends back about one-third of an inch and sealed them thoroughly, aiming to inclose the point of a pencil, but forgot to do so; then inclosed the letter referred to and said sealed blank package in another envelope, and addressed to Mr. Evans, requesting him to sit with my blank for a test. He complied with my request, and in answer to my business letter requested me to let him know if I received any thing on my blank. On examination I found my sealed package in every particular the same, apparently, as I had sent it away, and was doubtful of any test (as I had omitted the pencil), but on opening the seal I found the following cheerful message from my dear brother:

MY DEAR BROTHERS, MILTON AND JOHN.— God bless you, my dear boys. With the aid of other kind spirit friends, I am enabled to write these few lines to you as a test of spirit power, and am glad to say that I will manifest for you soon at home. I feel that I can be of some service to you when I can control either of you, and hope the time is not far distant. There are many more loved ones here who join with me in sending love. This from your brother in spirit,

JAMES HARPER.

Thank you; a very good test, brother. In conclusion, I wish to say it is with sincere pleasure and gratitude that I now embrace this first opportunity of acknowledging the receipt and happy surprise of the welcome presentation of a fac simile (on paper), of yourself and estimable companion in the labor of love to humanity. I truly appreciate your kindness, and have encased them both in the handsomest frames that the Colfax market affords, and have adorned my parlor with the same. May the kind guardians of a high order of development and refinement ever hover around, protect and assist you both in your high calling, is the best wishes of your sincere friend.

Yours truly, J. M. HARPER. COLFAX, W. T., Feb. 13, 1887.

A young man proposed for the hand of a beautiful girl. As she hesitated about replying, he said: "I await your answer with bated breath." The girl, who is a good deal of a humorist, said: "Well, Mr. Man, you will have to bait your breath with something besides high-wines and Limberger cheese to catch your humble servant! Good-evening.'

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NOTICES OF MEETINGS.

SPIRITUAL PHILOSOPHICAL SERVICES AT Metropolitan Temple, by the Golden Gate Religious and Philosophical Society, Sunday, February 26th. Mrs. E. L. Watson will answer questions at 11 a. m. In the evening at 7:30 she will lecture. Children's Lyceum at 12:30 p. m. All services free.

SOCIETY OF PROGRESSIVE SPIRITUALISTS meet every Sunday at 1 P. M., in Washington Hall, 35 Eddy street. Good speakers upon all live subjects pertaining to Spiritualism and humanity. A free Spiritual Library, of 700 volumes, open every Sunday from 1 to 5 p. m. All are invited.

FREE PUBLIC MIND-CURE MEETINGS ARE held every Sunday at 11 o'clock a. m. and 2:30 o'clock p. m., at Grand Pacific Hall, 1045½ Market street. The min, at Orano Facilite Ani, 1045/2 Market street. In morning meetings are devoted to questions and answers and healing patients. At 2 o'clock a paper is read, followed by testimonies and closing with a social. These meetings are for the purpose of showing people how they have power in themselves to remove all disease and trouble.

UNION SPIRITUAL MEETING EVERY WED-nesday evening, at St. Andrews' Hall, No. 111, Larkin street. First hour—Trance and Inspirational Speak-ing. Second hour—Tests, by the Mediums. Admission, free.

FORM OF BEQUEST.

To those who may be disposed to contribute by will to the spread of the gospel of Spiritualism through the GOLDEN GATE, the following form of bequest is suggested:

"I give and bequeath to the GOLDEN GATE Printing and Publishing Company, of San Francisco, incorporated, November 28th, 1885, in trust, for the uses and dissemination of the cause

*When ordered by mail, eight per cent added for postage. of Spiritualism, - dollars."

Oakland.

"Shadows" on Mrs. Ross.

I want to say something about Mrs. Ross' exposure, who is one of the best material zing mediums I have ever seen. I have said so before and wish to plus it after such an attempt as the late one, which has been the sensation for a week past at the "Hub." I do this as much for my own sake as anything else, to sustain my reputation as a close observer, for positive statements, and do not in this instance, and do not hereafter expect to.

First, let me relate an experience of dematerialization. I have had a great many such experiences. I have the testimony of others to this fact or I would not dare to report it, for fear some one would say I was not level-headed. Lately an old man rose up from the floor slowly. He always comes to me; sometimes he does it in the middle of the room; this time he was near the curtain, so only the very near ones saw it distinctly. After walking with me, and shaking hands with parties in the circle, and then, retiring back with me, he sunk as he rose, holding my hand till it touched the carpet and he was non est inventus. An old man, who was in the circle, said: "I wish I could see a dematerialization." "Did you not see that?" said I. "No," said he, "you stood in the way." The medium said, "Don't sit down, Mr. W." and she called this man up to the cabinet by the side of me and called two or three others up, and we formed a semi-circle around the cabinet opening, expecting to see the curtain part and this old man come out. Instead of that we all saw a hat on the floor at our feet slowly rising up, and a head under it, then a body, and then the rest of the same old form that a few minutes before had vanished, as I have said. We all shook hands with him, and then between me and the old gentleman (who wanted to see a dematernalization) he sunk again, apparently right into the floor, and he was gone, and my empty hand was resting on the carpet. The old gentleman was gratified and said, "I now believe;" and I could give all the names of this semi-circle if needed. have seen such dematerializations, think, a hundred times. This old man and saw it, and was so astonished to find does it better, however, than any other in it so different from what a "lady" had my experience. He says, replying to a question, it is quite wearing to a medium to dematerialize in the light, but is not so

in the cabinet, the proper place, and

where all these forms vanish when their

work is over. So you see I have positive

knowledge of the fact.

With the above incident for an introduction, let me now speak of Mrs. Ross. A party of fifteen men, believing her to be a fraud, undertook to prove it so. They had four private seances. During the first three they pretended to recognize the forms by saying, "Is it Nancy?" or, "Is it Harry?" and getting an affirmative reply. They "appeared delighted" that their friends should thus come and gladden their hearts, but this was all pretense: they were imaginary names, or living persons, but they wanted the medium to feel that they were satisfied, and they intimated, also, that they would like to continue the seances beyond the four, when they had no such intention. All this the parties told me when I interviewed them after the "exposure(?)." On the fourth and last seance it was planned that a 9 o'clock the first one that went up to the | ializations at the Continental Hotel in "form" at the cabinet should grab it and say so. At that instant one of the party was to seize and hold Mrs. Ross. Three were selected to hold securely Mr. Ross, ness and genuineness of the occurrence. (one of them selected for the purpose was a Mr. Willard, who was employed in some institution to handle crazy people; he is so strong that they say he can lift an ox) one was to strike as many parlor matches as he could, having a box of them in his pocket. All this was done on the instant, and, so far, was a success. Most unfortunately for this astute mercantile party they did not secure any ghosts. They also tell different stories of what they saw and what they did, some of it and dematerializing right before their Falstaffian, but with fifteen disciplined eyes. She also mentioned that the memen they carried out their plan, secured Mr. Ross and also Mrs. Ross, but not a "goblin." They tell what they saw, and how they probably got away, but they are not a unit in that; their story is simply laughable and wholly improbable, and later proved so.

I will only relate one item as a sample. One young man, one of the heroes, said the form got away from him, and pulling aside the curtain he saw the "big Indian standing against the wall with a chair uplifted to hit the hero with, but he "fetched him" with a left-hand blow, and when the form was prostrate on the floor it ended at the knees, and he found his extremities in a hole in the movable mop-board, and that was their mode of egress and ingress. I won't go into the inferences how a "big Indian," with a chair, could be so formidable on his knees, for he could not get them into the outlet when knocked down on the floor; so I will leave that and say if there was a movable mop-board, and any such surreptitious "outlet," we could pleasantly give them the case. But what are the facts? Stating them knocks the bottom out of their truth. I will give them briefly:

built over forty houses in this city. I am | censure, gratitude or hatred. - Whittier.

not a carpenter, but I have had such supervision, and I need not have looked again, I would know that there was no truth in it.

. I have had experts with others to test this corner. The mop-board in the curtained corner is seven inches high; the nails are sunken, puttied and invisible, and the whole painted, and there can ternal passions.

have been no possible disturbance of that

The properti molding since it was painted last Spring. The paper on the wall comes down to the molding and not being nicely trimmed, it laps in spots and is pasted on to the of light and purity, faith and uprightness I have never yet had to go back on my top of the mop-board, or molding, and is of character. as good as a sticking plaster-test.

In the contiguous corner, in the back room, the mop-board is simply a fourinch strip of wood, mortised, which has never been disturbed since the house was built. So if this was not a demonstrable fact, the supposed confederates would have to pass through a four-inch crack. The folding doors slide into a four-inch socket, between the front and back partitions, and that is smoothly sheathed from the top to the very bottom, and besides, on the occasion when Prof. Wallace had his seance with Rev. M. J. Savage, Prof. James of Harvard and Dr. Nichols of the Journal of Chemistry, and others with him, the sliding doors were open, hence in that socket, and that of itself would have been an impediment, and Prof. Wallace sat in the back room and the corner in his sight all the time. All this proves the statement false.

Besides the foregoing, .Mr. Ross has got a certificate from the owner, which will be printed, saying there has been no tampering, or altering, and the house is just as it was, when turned over to them by lease.

A man, a friend of Prof. Wallace, has been there since, with coat off and measuring tools, has inspected it thoroughly, and says (giving them his card), "Send any one to me and I will indorse you on that point."

A man was there Saturday, I think he said at the suggestion of Mrs. Fay, the medium, whose jealousy has been very overt to all other mediums, that he wanted to see the situation. Mrs. Ross was sick. (If you doubt it ask Dr. Flowers or Dr. Pratt.) He was mad, and this dodge he said proved it a fraud. He is from the West. To-day, just one week from the exposure, he came again said, that he felt real badly at his haste in condemning her, and he almost cried at his rough course.

So I might go on. I attended a seance on Wednesday evening, less than twentyfour hours after the row, and it was one of the best seances I ever attended. There were two splendid tests to strangers that were tests indeed, and the "forms, or "confederates," as the exposing party would call them, were fresh and good. There was no rough usage, and from these and other circumstances I consider the exposing affair, and what I have seen since, to be one of the best tests of the truth of this I have ever had. I have had to write this sketch rather hurriedly, but I want it to be believed, and if it is, any one will see it knocks the bottom out of the whole affair. JOHN WETHERBEE.

Boston, February, 1886.

Confirmation.

EDITOR OF GOLDEN GATE:

In regard to the account of the mater-Buffalo in the Cleveland Plaindealer, I send you a confirmation of the truthful-My cousin, Mrs. J. N. Hazelbaker, formerly boarded at the Continental, and is well acquainted with the proprietor and his wife, Mr. and Mrs. Avery. After seeing the account, Mrs. H. wrote to Mrs. Avery asking her about the genuineness of the manifestations, etc. She received a reply confirming the account, and much more; four or five spirit friends and strangers materializing at once, singing and speaking different languages at once, dium is an old friend of their family, and that this power came to her without her seeking, the sittings spoken of being given for the enlightenment and satisfaction of L. W. EMERSON. her friends. LOUISIANA, Mo., Feb. 12, 1887.

THE old anti-slavery pioneers are rapidly passing away. Abby Kelly Foster, aged seventy-six, and Henry B. Stanton, aged eighty-two years, have recently joined the "choir invisible." Mrs. Foster was of Quaker origin, deeply religious and conscientious; she felt that she had a divine call to work for the freedom of the slaves. She possessed undaunted courage, though her meetings were often attacked by the mob, the broken glass from the windows falling about her; but she never wavered or lost hope, and lived to see the last fetter fall from the black man. She has lived in retirement for the past few years, but was still keenly alive to all reforms, taking great interest in woman suffrage, temperance, etc., and at a ripe old age has entered into rest.

Honor to the true man ever who takes his life in his hands; and at all hazards Every seance I have attended at the speaks the word which is given him to Ross' I have been sure on that point, utter, whether men will hear or forbear. and I am an expert, having in my life whether the end thereof is to be praise or

Language of Precious Stones.

The quality of turquoise imparts a prosperity in love.

Conjugal felicity was symbolized by the sardonyx, which it was believed to insure. The topaz was thought to promote fidelity and friendship, and to calm in-

The properties of the amethyst are to calm the passions of the body and prevent drunkenness.

The diamond has the mystic symbolism

The bloodstone was thought by the ancients to impart courage, prudence, fortitude, and stability of character.

Garnet or carbuncle represents con-stancy of purpose and fidelity to duty. It is pre-eminently the soldier's gem.

The moonstone was the emblem of the merchant prince, and signified welldirected industry and the arts of peace.

The ruby was thought to guard against unfriendliness, and particularly that form

so common in antiquity-poisoning. The sapphire signifies modesty and charity of opinion, and was thought to possess the power of breaking the spells of magic.

The agate of chalcedony represents physical prosperity, and it is the stone of the athlete and physician, and imparts longevity and health.

The emerald symbolizes truth, and was believed to secure good faith and happiness in friendship and home. It was also the appropriate emblem for judge or lawyer.

THE German spelling for "beer" is bier." The English equivalent for bier is "coffin." The step from beer to the grave is very short.

A STUDENT of human nature says anything can be sharpened. Put a lead pencil in a woman's hands and see.— Binghamton Republican.

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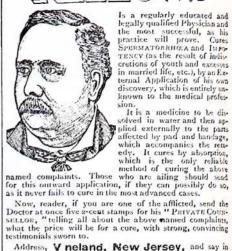
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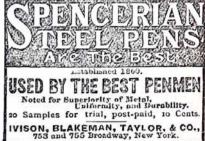
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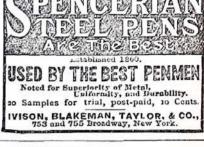
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Prof. Newman.

Prof. Francis W. Newman, of London, has been known as a free religious writer of some eminence. He is a brother of Cardinal Newman, an eminent and able Catholic, learned and sincere. The Professor has taken a step toward materialism. M. A. (Oxon) says in Light:]

Having in the maturity of life given to the world some books setting forth his belief in a future life, Prof. F. W. Newman has in his decadence published a pamphlet of recantation. · · · It would be a weary task to take the statements made in these few pages and to point out how many of them may be excepted to, how easily most may be refuted, how often mere assumption and assertion passes for argument, how few are the remarks made with care and caution sufficient to entitle them to respect. · I may cite the concluding words written "for the convenience of anyone who may assail these pages." "They [the pages] assert that the 'doctrin' of heaven and hell has its source not in Christianity, much less in Judaism, but in a shallow and monstrous Oriental Theosophy. They plead that this 'doctrin' ic not only unproved, but unprovable; that the idea of hell or fiery purgatory is wholly pernicious, and that of heaven (variously and on the whole) far from harmless." But surely all, save some exceptionally

belated thinkers, and those who do not think at all, have given up any such crude and materialistic notions as those repudiated by Prof. Newman. Has he not grasped the notion that "the kingdom of heaven is within" us; that heaven and hell are states, not places, and that in those states many human beings live here and now? It would seem too late to set forth such a well-worn truth, were it not that Mr. Newman argues or writes all through his pamphlet as if every Christian must run down this world, its duties, its pleasures, and its opportunities of development, in order to exalt, at its expense, a fancied heaven. "Belief in a future [why not "futur"?] life becomes pernicious, first, if the argument require us to disparage the present life, which is cer-tainly God's work." But it requires us to do nothing of the sort. An intelligent and reasonable belief in a future life leads us rather to seize all means of development in this, seeing that man makes or mars his future by the way in which he uses the present, and that he is, in literal truth, the final arbiter of his own destiny. This truth, once really grasped, will not permit a man to loaf through life as a mere epicurean, any more than it will lead him to disparage this world in contrast with the harps and crowns, the ceaseless adoration and elaborate ritual of an ideal New Jerusalem. The only statement of opinion in the pamphlet that will command general approval is that quoted from a Scotch minister, who defined the right object of life to be for each of us "To leave the world better and bonnier by reason of our having been born into it."

POLITENESS .-- Much of the pleasure of life depends on our attention to little politenesses and acts of consideration, and this needs to be often impressed on the children. A gentleman sent some valuable stamps to a little boy, who was very properly taught that this was an act of kindness, which ought to be duly and thankfully recognized. The boy sat down, onward march of higher and diviner light. and wrote a pretty letter of thanks. The gentleman wrote back at once, saying that, though he had sent the stamps under similar circumstances to other boys, he had never happened to find one before who was polite enough to thank him for them. Our ideal of home-life is this, every member acting always toward the other members with the courtesy and grace of Christian ladies and Christian gentlemen. -Sunday School Chronicle.

HUMAN RESPONSIBILITY .- A girl was taken before the Paris tribunal charged reference. with stealing a blanket. She pleaded that she was under the influence of another person and could not help herself. In prison it was found that she was in a hypnotized condition, and acted readily If your husband was the most worthless under the commands of others, doing man in the world and you were support-anything that was told her. She was exanything that was told her. She was examined by a commission of Chacrot, Brouardel, and Mollett, who reported that this condition came from the use of morphia, suffering, and hunger; that these suggestions from others, acting on an unstable, nervous organism, greatly deranged by morphia and other causes, rendered her irresponsible for her acts. She was acquitted.

A FRENCH PHYSICIAN contends that groaning and crying are two operations by which nature allays anguish, and that those patients who give way to their natural feelings more speedily recover than those who suppose it unworthy to betray such symptoms of feeling. He tells of a man who reduced his pulse from one hundred and twenty-six to sixty in the course of a few hours by giving full vent to his emotion. If people are unhappy about anything let them go into their rooms and comfort themselves with a loud boo-hoo, and they will feel one hundred per cent. better afterward .-- American Homeopathist.

KINDLY OLD LADY-" What's the matter, little boy?" Little boy (crying bit-rough stones and the smooth all finding terly)—"I lost fi' cents." Kind old lady their place, and rising, day by day, in (giving him a nickel)—"Well, here is five richer and higher pinnacles to heaven. cents more for you; don't cry. How did Ruskin.

you lose it?" Little boy (feeling better) "I lost it pitchin' pennies."-Chicago Tribune.

The Power of Mind.

[Sara L. Mecracken in Mental Science Magazine.[

If by measuring the present by the past we can realize the power of mind, great indeed is the glorious future. Compare the achievements of what mind one hundred years ago accomplished to the manifold improvements of to-day and what do we see? A ship from which is being torn the old canvas to give place to new. Theologically, socially and religously the world moves on, backed by the intelligence of spirit.

That matter is negative force or inert substance all can see when spirit or life withdraws. The tree cut by the hand of the woodman, the flower plucked by the wayside, both say "I am separated from inflowing spirit; I go back into the elements."

Man, the highest epitome of spirit, lives to-day; to-morrow he passes in o that which many call the unknown. Yet could all see aright there is no unknowable, naught but what higher light solves, for mind triumphs over all.

Spirit is divine and illimitable when once we realize its omnipotence and seek to develop its God powers, for then we begin to mount truly the golden stairs of progress.

The power of mind reveals to us that all things to be in truth must also be in Therefore what a world of sorrow might be avoided if men and women could see each other more by the spiritual insight than by the fleshly eyesight, which latter is too often blinded and brings us but sad memories of "what might have been.'

Our end and aim should be to round out a better individuality. To be a copy merely is left alone to those who cannot yet see the great Ultima Thule of their own souls.

We should be metaphysicians in the sov' sense, casting out all that mars the spirit, either by being projected upon the physical surface, or by finding lodgment within the mind, thereby breeding moral depravity.

How beautiful the dawn which heralds emancipation that all noble souls crave; that freedom from the ignorance which seeks to stultify growth, and stands with drawn sword to bar the way to that angel of light called truth, which only can set us free.

In the glad thought that the spirit can never die, comes to us the revelation of immortality. And while we know what power it hath here, we may also logically conceive of the power it may have when

disrobed of mortal clay. Let us seek then everywhere for that which is wise and good, for perennial fountains of love and divine beneficence are flowing all about us. Let bigotry be laid low, and let emancipated souls soar about petty factions and little quibbles to drink one and all of those waters which dash their diamond spray on this parched and thirsty earth-world where so many of its human children are still in the bonds of superstitious beliefs and in that outer darkness where the gnashing of the teeth can plainly be heard, because the old theological notions of God and a man-

DISCRIMINATING AGAINST WIDOWS .-"Who is your husband madame?" asked a real estate agent in Brooklyn of a woman who sought to hire a flat of him.
"I haven't any," she answered, sadly.
She was a widow who maintained herself

and her young children by sewing.
"Who will be responsible for your rent?"

"I am responsible for it," she said, and by permission gave the name of the husband of one of her customers as

"Unless the gentleman you name will be responsible for the rent," said the agent. "I can't let you have the flat. Our rules won't permit it. I am sorry. sponsible, and you would have no trouble, but no agent in the city will let a flat unless some man goes security."-New York Sun.

ALL the best things and treasures of this world are not to be produced by each generation for itself; but we are all intended, not to carve our work in snow that will melt, but each and all of us to be continually rolling a great, white, gathering snowball, higher and higher, larger and larger, along the Alps of human power. Thus, the science of nations is to be accumulative from father to son; each learning a little more and little more; each receiving all that was known, and adding its own gain. The history and poetry of nations are to be accumulative; each generation treasuring the history and songs of its ancestors, adding its own Price, : : : : : : : 25 Cents history and its own songs. And the art of nations is to be accumulative, just as science and history are; the work of living men not superseding, but building itself upon the work of the past; all growing together into one mighty temple; the

Men Who Live in Trees.

[Buchanan's Journal of Man.]

Dr. Louis Wolf, who made the sensational discovery awhile ago that the Sankuru River afforded a more direct and more easily navigated route to Central Africa than the Congo, made another discovery in the course of the same journey which was quite as remarkable if not so important. On the banks of the Lomami River, far toward the center of the continent, he says he found whole villages that were built in the trees. The natives, partly to protect themselves from the river when in flood, and partly to make it more difficult for their enemies to surprise them, build their huts on the limbs of the trees where the thick foliage almost completely hides the structures from view. The inmates possess almost the agility of monkeys, and they climb up or descend from their little houses with astonishing ease. It is believed they are the only Africans yet known who live in trees.

In Borneo some of the natives are said to live in trees, and Mr. Chalmers, in his book on New Guinea, tells of a number of tree houses that he visited on that island. These huts, which are built near the tops of very high trees, are used for look-out purposes, or as a place of refuge for women and children in case of attack. They are perfect little huts with sloping roofs and platforms in front, to which extends the long ladder, by means of which the natives reach the huts. Mr. Gill describes one of these houses which was used as a residence. He says it was well built, but it rocked uncomfortably in the wind

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It is calculated to elevate the mind above the mere greed for gain and momentary pleasures, and cause the thoughts to run in a more elevated channel. * * It contains some magnifi-It contains some magnificent gems, and is of that character that will command a place among the literature of the day .- Pioncer.

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The compilation brings before us, in a compact form, the talented author's best and noblest thoughts on life and morals. Nothing in quiet hours will give more food for wholesome reflection than one of Bro. Owen's essays .- Gilroy

The volume is made up of short editorials on thoughtful topics culled from the columns of the author's newspaper, which tell of studious application and observation, written in a pleasing and interesting style, and full of good "meat," with the intent of benefiting their minds.—Caron Appeal.

As a home production this collection of pleasing essays and flowing verse is peculiarly interesting. The author wields a graceful pen, and alsof his efforts involve highly moral principle. Although these are newspaper articles published by an editor in his daily round of duty, yet when now bound together in one volume they seem to breathe more of the spirit of the scholar than is wont to gather round the ministrations of the editorial tripod.—S. F. Post.

Bro. Owen's ability as a prose and verse writer is unquestionably of a high order, and in thus grouping a number of his best productions into a compact and handy little volume, he has conferred a favor on many of the Mercury's readers, who, like ourselves, have read and appreciated the "Sunday Talks," and from them, perhaps, have been led to form a higher and more ennobling idea of the mission and duties of mankind. San Benito Advance.

Owen has a poetic way of saying practical things, a neat and attractive way which makes them readable and easily assimilated and digested, and this volume should have a wide circulation.—Foot Hill Tidings.

The volume is readable and suggestive of

thought .- S. F. Merchant. They embrace editorials on miscellaneous subjects, poems, sketches, and short articles, and are really what he styles them, "Gleanings in Various Fields of Thought." The contents are as creditable to Mr. Owen's literary ability as the handsome looking volume is to the taste and resources of the Mercury printing establishment .-

The articles in "Sunday Talks" are written in an easy, flowing style, enchaining the reader, and teaching grand doctrine. One lays down "Sunday Talks" feeling improved in spirit, with a renewed confidence in mankind and a brighter opinion of the world. The poems are beautiful, and one in particular, "Across the Bar," if name were not attached, would easily pass for the production of some of the noted poets of the country. The poems have a similar tone to the ballads of B. F. Taylor, one of the sweetest poets of America. "Sunday Talks" should have a large circulation.—Watsonville Paja-

ronian. We have read the "Sunday Talks" and shall continue to do so, for let us open the book whers we may we are sure to find something that makes us feel the better for reading; every article is the expression of the thoughts of a manly man to his fellow man .- Monterey Californian .

Bright, crystallized sunbeams, which gladden the heart, and give fresh inspiration to the soul. The few moments we allotted to their enjoyment have lengthened to hours, and with a sigh of regret we turn from their contemplation, only because the duties of the day have imperative claims upon our attention. These sunbeams have been materialized in the magic alembic of a master mind. A more beautiful, instructive and entertaining volume never was issued upon the Pacific Coast, or any other coast. Every page is gemmed with bright, sparkling thoughts, the sunbeams of a rarely cultured intellect. As we read page after page of this splendid volume, we are forcibly reminded of the impressions received from our first perusal of Timothy Titcomb's "Gold Foil," or Holmes' "Autocrat of the Breakfast Table." It is a work which represents the highest, purest standard of thought, expressed in the best-chosen language. It is one of the happiest contributions which our home literature has ever received .- Santa Barbara

They are each and all of them full of deep thought, felicitous expressions, and clear insight into life and its needs and lessons. They are better than sermons, preaching purity and nobil-ity of character in language too plain to be mis-understood, and too earnest to be forgotten. Throughout the volume are choice gems of thought in paragraphs, as pointed and pungent as those of Rochefoculd, without any of the let ter's infidelity .- Fort Wayne (Ind.) Gazette

PRICE (In cloth), ONE DOLLAR

(Written for the Golden Gate.) Association.

BY MRS. L. CARTER,

Life-Death-are links of one unbroken chain, Heirs to each other interchangably; All things now dead have lived, will live again. And all things dead must live, again must die.

Earth bath been sown with generations: grass Is but past life-of present life the prop; We eat, drink, sleep, into our graves we pass, And form for the unborn a future crop.

Things human, vegetable, animal, Renew their forms as death renews their birth; Let us then treat, and love as brethren all, The children of our common mother earth.

Association makes the whole world kin: O'erleaping time and space with magic power, It brings the future and the past within The scope and bearing of the present hour.

Roll on, thou sun; the resurrection morn Is ever dawning on this changeful earth! What tho' we die, and to our graves are borne-The dead each hour awake to some new birth.

Our ancestors are in the corn and trees, The living fields are fertilized by death; The dust was human once, and every breeze That blows around us has been human breath. You waving grass, whose dark luxuriant shade

And those bright flowers in gorgeous hues arrayed Now breathe what once was human, vital air. "Tis this Promethean thought which vivifies And bumanizes all the forms we see,

Bidding them wake new symphonies and rise

Proclaims a human form dissolving there,

Above earth's dull materiality. The coal fields once were waying forest trees, Whose branches swarmed with saurian dark reptiles The rocks were insects fluttering in the breeze,

O, ye departed beauties turned to clay, That wept and smiled in long forgotten hours, Methinks your tears and smiles and bright array Live in the dewy and the sunny flowers.

And coral worms upreared the palmy isles.

The drifting snows were once distilling dews, The pearly dews were once refreshing showers, The showers were tears-and thus each change renews From snows to tears-from human forms to flowers

O, sun and moon, and stars, and painted skies; O, earth, sea, air, with your enchanting sights, How much more deeply do I sympathize With your resplendant glories and delights,

When I reflect that all beneath the sod, Once shared the rapture ye awake in me, And that ye shall still gladden and illumine Myriads of human creatures yet to be !

O, could I strike my harp in loftiest strain To Him who reigns supreme o'er all above, Who forms, destroys, renews, destroys again, Eternal changing in his boundless love.

Of love sublimed and hallowed by the thought That all created things from star to sod Are brooded over by the power that wrought Light, life and love-our common father, God.

Afterward.

A light wind ran through the field of clover, Brown birds on their sailing wings went by, The world had Spring, and my heart, a lover; And which seemed sweeter, Love's smile or sight

The bee was happy above his blossom, The bird was happy above her nest: My young heart fluttered against my bosom, Half hurt with pleasure, too keenly blest-

Was it enough for Love's full measure To pour itself in an empty hand? To give for a kiss the soul's deep treasure-Life's jewel crown for a grain of sand?

The fields are brown with their rough dry stubble The nests are empty-the trees are bare-The world is a world of sin and trouble, And my heart is a world of pain and care

Brief, brief and sweet, was the joy of meeting, But long must the pain of parting dwell-Only an hour for Love's glad greeting, And the rest of life for Love's sad farewell! -MARY AINGE DEVERE.

Mercy's Appeal.

[Lines from under the pillow of a fallen wor mitted suicide recently in Denver, Colorado.]

Angels that stand at the heavenly gates, Outside your portals a weary one waits; Sorrowful stands, with head bowed in shame, All unattended Death's journey she came. Life was so bitter she threw it away-Lift her up tenderly, angels, I pray! Grouping and stumbling, her pathway she lost, Lonely and weeping, Death's river she crossed.

Sinful she was, yet no sin did she crave, Fleeing its bitterness sought she the grave; She was but human, and wandered astray, Show her, at last, the beautiful way: Lead her beside the still waters of peace, Bid all her passionate weeping to cease; Show her the mercy that longs to forgive, Teach her the wisdom of learning to live.

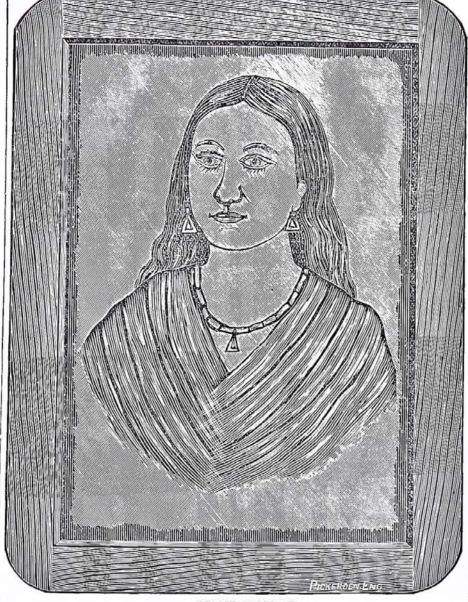
She had a brightness and beauty and grace That shone half angelic at times in her face. Oh! there was good in her—though led astray, Show her, good angels, love's beautiful way; Teach her to hate all the errors that first Turned her aside in the pathway accurst. Ye can redeem her, oh angels of light, And lift from her soul all its sorrowful blight.

Do not forget, she but wandered astray-Show her, at last, wisdom's beautiful way; Scoffing and bitter the cruel world seemed, Life was so different from what she had dreamed; All of her hoping had turned to despair; Apples of Sodom! Sin's promise so fair! She had not learned on our Saviour to lean-Only the tempest of sin had she seen.

Now she is wiser, and sorrowful wait Outside your portals, O1 heavenly gates; . Crime is no longer by splendor disguised, Now she will listen to words once despised, Tenderly lead her, O, angels of light, Lift from her soul all its sorrowful blight; Think of her as but a child gone astray, Show her, at last, wisdom's beautiful way.

Foreshadowing of the Soul Cycle.

When Reason's voice Loud as the voice of nature, shall have waked The nations, and mankind perceive that vice Is discord, war and misery-that virtue Is peace, and happiness, and harmony When man's maturer nature shall disdain The playthings of its childhood, kingly glare Will lose its power to dazzle, its authority Will silently pass by, the gorgeous throne Shall stand unnoticed in the regal hall, Fast falling to decay; whilst falsehood's trade Shall be as hateful and unprofitable As that of truth is now.



SPIRIT FICTURE.

[Obtained through the mediumship of Fred Evans. For description see 4th page.]

"Sunday Stuffing."

[Mrs. H. A. Berry, editress of the Chicago Watchman writes an editorial on the above subject, and there is so much good sense in what she says, that we take the opportunity of partly reproducing it.]

Let us think for a few moments, says Mrs. Berry, upon this subject of "Sunday that from the early enlargement of the Stuffing," and even Monday and everyday stuffing; let us see if we each one are not in the habit of eating and drinking too much; let us see if the greater part of our bodily ailments are not due directly or indirectly to over-eating and over-drinking-let us stop and think.

Let us see! The infant stomach in its natural, healthy state, will hold but a few teaspoonfuls, yet, how often does the nurse or the mother apply the nourishment to the little one. At every fret and cry the child is fed, coaxed, and forced to eat, until the milk is forced out of the mouth. Baby is too full to breathe, too full for anything but sleep-Nature's great restorative. And were it not that Nature works in her marvelous manner and throws off the extra tood that is forced upon the body the body would give out much earlier than it now does.

But bountiful Nature has prepared herself for any emergency that blundering intelligence may impose upon her; but, even, with all her facilities of relief, she cannot hold out against the continued practices of violation of her laws and hence, distress and death in the final.

But to return to the child and its stomach-what becomes of the surplus amount that is put in the little stomach, if the stomach will hold but a few teaspoonfuls as you say, say our readers?

Well, we will tell you. The stomach is so constructed that it can enlarge or expand and to meet the demand of any undue encroachment thereon. In the first place, when the stomach is over-full, the walls of the stomach gradually enlarge-it will enlarge until it reaches its limit, and then the spleen is called into action to supply vitality to the stomach; when the stomach is no longer capable of holding more, and the supply is kept up, and the child is still urged to eat, or nurse, then the fluid refuses to go down, and it runs out of the mouth-and the ignorant nurse says, "the child is healthy because it throws up its milk." Remember this: Nature rebels against over-crowding, and has taken this means of relieving herself-that is the only sign of health there is in the throwing up of the milk.

Now, what has this over-eating to do with men and women? Answer. It has all and everything to do with us. First, if we are over-fed while small babes (which we nearly all have been) our stomach has, from the first few months of our life, been subject to enlargement, and as we grow older we feel the demand to fill up the stomach to its fullest extent-in childhood this is allowed and even encouraged, and the child eats twice as much as it is capable of making use of. All the surplus food is a detriment to the constitution, and creates stomach worms, and

ing food to send strength out to build and graph claim that it is support the growing body and brain.

But stop! Let us use judgment and caution. Let us see if four ounces of the purest, richest, most nutritive food is not worth, in nerve and muscular value, eight ounces of poor, weak chaffy food.

Experience and study have taught us that it is quality and not quantity alone that does the work of nourishing the body.

Well, we have followed the child until he or she has arrived at the age of, say ten years; now we will watch him or her up to the age of maturity, and we find stomach, and from the habitual filling of the enlarged organ, the stomach has finally become abnormally enlarged, and is in a diseased state-although there may not be any visible signs other than headaches, nausea and bilious turns, and sometimes water brashes and gas. Yet all this while there has been going on a silent yet effective poisoning of the blood, which is the result of over-eating, and the food lying in a decomposed state until passed from the body. All these years the system has been gradually weakened instead of strengthened by the food.

Nature is a wonderful master; she will make use of the best that is given her, and in this result she extracts all the good that she can find from what food there is taken into the stomach, and turns the surplus to a secondary account—the surplus food becomes stock for parasitical life (worms and disease germs) to breed in and feed upon until, as the body grows in years, first one form of disease and then another is felt creeping over the system, tape-worms are grown, stomach worms are in abundance, and even the pesky little torments, the pin-worms, are making raviges upon the human system.

Our readers may say, "Oh! what a picture you draw for us; how horrible it

Yet, we will answer you and say, it is the true state of the condition of ninetenths of the civilized race of to-day.

There are more deaths and more hereditary diseases caused by over and improper eating and drinking, than by hard labor and starvation.

It is astonishing to realize how small a quantity of food the human system can thrive upon and accomplish a good day's labor, either mentally or physically.

Let the food be of the very best quality, well cooked, if cooked at all; by that we mean that some kinds of food if eaten raw are wholesome and give the proper supply to the blood. Other kinds of food are not palatable raw, and are best cooked.

But remember that all cooked food should be well done, as the process of cooking alters the properties of the food, and if but partially cooked it is rendered more liable to early fermentation, and hence less digestible when taken into the human stomach.

"OUIDA" is in London. Correspondents describe her as a soured and discontented old woman, without human companionship or sympathy, and deriving no comfort from her literary fame.

ADVERTISEMENTS.

PSYCHOGRAPH,

DIAL PLANCHETTE.

diseases of various forms. Yet doctors say, "Give children all they can and will eat; they are growing and need it."

Yes, they truly do need enough nourishing food to send strength out to build and growth of the spirit world and as an aid in developing mediumship. Those who have experimented with the Psychograph taim that it is

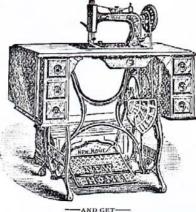
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PASSENGER TRAINS LEAVE STATION, FOOT PASSENGER TRAINS LEAVE STATION, FOOT of Market Street, SOUTH SIDE, at 8:30 A. M., daily, for Alvarado. Newark, Centreville, 8:30 Alviso, Santa Clara, SAN JOSE, Los Gatos, Wrights, Glenwood, Felton, Big Trees, Boulder Creek, SANTA CRUZ, and all way stations—Parlor Car.
2:30 P. M. (except Sunday), Express: Mt. Eden, Alvarado, Newark, Centreville, Alviso, Agnews, Santa Clara, SAN JOSE, Los Gatos, and all stations to Boulder Creek and SANTA CRUZ—Parlor Car.
4:30 P. M., daily, for SAN JOSE, Los Gatos and into Santa Cruz.
55 Excursion to SANTA CRUZ and BOULDER CREEK, and \$2.50 to SAN JOSE, on Saturdays and Sundays to Santa Cruz.
51.75 to SANTA CLARA and SAN JOSE and return—Sundays only.

days only.

8:30 A. M. and 2:30 P. M., Trains with Stage at Los
30 Gatos for Congress Springs.
All Through Trains connect at Felton for Boulder Creek
and points on Felton and Pescadero Railroad.

To Oakland and Alameda.

26:00, 26:30, 27:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30 11:00, 11:30, A. M. 12:00 M. 12:30, 1:00, 1:30, 2:00, 2:30, 3:00, 3:30, 3:30, 4:00, 4:30, 5:00, 5:30, 6:00, 6:30, 7:00, 7:30, 8:30, 9:30, 10:45, 11:45 P. M. STREETS, OAKLAND:

From Fourternth and Werster Streets, Oakland: \$5:30, \$6:00, \$6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, A. M. 12:00 M. 12:30, 1:00, 9:30, 10:00, 2:30, 3:00, 3:30, 4:00, 4:30, 5:00, 5:30, 6:00, 6:30, 7:00, 7:30, 8:30, 9:30, 10:45, 11:45 P. M. From High Street, Alameda: \$5:16, \$5:46, \$6:16, 6:46, 7:16, 7:46, 8:16, 8:46, 9:16, 9:46, 10:16, 10:46, 11:16, 11:46, A. M. 12:16, 12:46, 1:16, 14:6, 2:16, 2:46, 3:16, 3:46, 4:16, 4:46, 5:16, 5:46, 6:16, 6:46, 7:16, 9:16, 10:31, 11:31 P. M. \$Sunday excepted. Ticket, Telegraph and Transfer Offices, 222 Montgomery Street, San Francisco.

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TIME SCHEDULE.

Passenger trains will leave and arrive at Passenger Depot (Townsend St., bet. Third and Fourth), San Francisco:

	'. \ Commencing Aug. 20, 1386. \ An	
8:30 A.	San Mateo, Redwood, and Menlo Park.	6:25 A
10:40 V		
11:30 A.		9:03 A
3:30 P.		10:02 A
4:25 1.		3:36 P
5'15 P.		1 4:59 P
0:30 P.		6:00 P
11:45 P.		1 7:50 P
8:30 A. [Santa Clara, San Jose, and) 9:03 A
to:40 A.		*10:02 A
3:30 P.	A WARRY OF A PARTICIPATION OF THE PARTY OF T	7 3:36 F
4:25 P.	Principal Way Stations.	6:00 P
		J # 8:15 P
10:40 A. S	Gilroy. Pajaro, Castroville,	1 10:02 A
3:30 P. 1	Salinas and Monterey	6:00 P
	Watsonville, Camp Goodhall,	10:02 A
10:40 A.	Aptos, New Brighton, Soquel	
3:30 P.	(Capitola), and Santa Cruz.	6:00 P.
	Monterey and Santa Cruz,	1
7:50 A.	(Sunday Excursion)	1 8:55 P.
10:40 A. S	Hollister and	10:02 A
3:30 P.	Tres Pinos.	6:00 P.
10:40 A. } S	Soledad, San Ardo and Way Stat'ns.	6:00 P

A.-Morning. P .- Afternoon Sundays excepted.

†Theatre Train, Saturdays only. t Sundays only

Standard time furnished by Randolph & Co. STAGE CONNECTIONS are made with the 10:40 A. Train, except Pescadero Stages via. San Mateo and edwood, which connect with 8:30 A. M. Train. SPECIAL ROUND-TRIP TICKETS—At Reduced Rates—to Monterey, Aptos, Soquel, Santa Cruz, and Pes-cadero: also, to Gilroy, Paraiso and Paso Robles Springs,

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TICKET OFFICES.—Passenger Depot, Townsend St., Valencia Street Station and No. 613 Market street, Grand Hotel.

H. R. JUDAH, Asst. Pass. & Tkt. Age

SOUTHERN PACIFIC

COMPANY.

Time Schedule, April 6, 1885.

TRAINS LEAVE, AND ARE DUE TO ARRIVE AT BAN FRANCISCO, AS FOLLOWS:

FOR	DESTINATION.	FROM
18.00 a. m.	Byron	6.10 p. m
8.00 a. m.	Calistoga and Napa	10.10 n. m
*4.00 p. m.	Calistoga and Napa	6.10 p. m
7.30 a. m.	Colfax	5.40 p. m
7.30 a. m.	Delta, Redding and Portland	6.40 p. m
*3.30 p. m.	Galt, via Martinez	10.40 a. m
8.00 a. m.	Ione, via Livermore Knight's Landing	5.40 p. m
4.00 p. m.	Knight's Landing	10.10 a. m
5.00 p. m.	Livermore and Pleasanton	8.40 a. m
*8.00 a. m.	Martinez	6.10 p. m
*8.00 a. m.	Milton Mojave, Deming, Express	7,10 p. m
3.30 p. m.	Mojave, Deming, Express	10.40 n. m
7.00 p. m.	El Paso and East; Emigrant.	6.10 a. m
0.00 a. m.	Niles and Haywards	3.40 p. m
3.00 p. m.	(Ogden and) Express	1.10 a. m
7.00 p. m.	East Emigrant	9.40 a. m
7.30 a. m.	Red Bluff via Marysville	5.40 p. m
8.00 a. m.	Sacramento, via Livermore.	5.40 p. m
7.30 a. m.	via Benicia	6.40 p. m
3.00 p. m.	YIR Denicia	1.10 a. m
4.00 p. m.	·· Viet Demicia	0.10 a. m
4.00 p. m.	Sacramento River Steamers.	6.60 a. m
8.00 a. m.	San Jose	3.40 p. m
10.00 a. m.	"	3.40 p. m
3.00 p. m.	"	9.40 a. m
	Stockton, via Livermore	5.40 p. m
9.30 a. m.	" via Martinez	7.10 p. m
3.30 p. m.	via Martinez	10.40 a. m
9.30 a. m.	Tulare and Fresno	7.10 p. m

LOCAL FERRY TRAINS.

(Via Oakland Pier.)

FROM SAN FRANCISCO, DAILY.

To EAST OAKLAND—*6.00, *6.30, 7.00, 7.30, 8.00, 8.30, 9.00, 9.30, 10.00, 10.30, 11.00, 11.30, 12.00, 12.30, 1.00, 1.30, 2.00, 2.30, 3.00, 3.30, 4.00, 4.30, 6.00, 6.30, 7.00, 8.00, 9.00, 10.00, 11.00, *12.00.

6.00, 6.30, 7.00, 8.00, 9.00, 10.00, 11.00, *12.00.

TO FRUIT VALE — *6.00, *6.30, *7.00, *7.30, *8.00, *8.30, *3.30, *4.00, *4.30, *5.00, *5.30, *6.00, *6.30, 9.00.

TO FRUIT VALE (via Alameda)—*9.30 a. m., 6.30, 111.00, *12.00 p. m.

TO ALAMEDA—*6.00, *6.30, 7.00, *7.30, 8.00, *8.30, 9.00, 9.30, 10.00, 110.30, 110.0, 111.30, 12.00, 112.30, 1.00, 113.0, 2.00, 3.00, 3.30, 4.00, 4.30, 5.00, 5.30, 6.00, 6.30, 7.00, 8.00, 9.00, 10.00, 110.00, *12.00, 110.10, *12.00, 110.00, 11.00, *12.00, 3.00, 4.00, 4.30, 5.00, 5.30, 7.00, *7.30, 8.00, *8.30, 9.00, 9.30, 19.30, 10.00, 110.30, 11.00, 111.30, 12.00, 1.00, 2.00, 3.00, 4.00, 4.30, 5.00, 5.30, 6.00, 6.30, 7.00, 8.00, 9.00, 19.30, 10.00, 11.00, 111.30, 111.30, 111.30, 111.30, 12.00, 1.00, 2.00, 3.00, 4.00, 4.30, 5.00, 5.30, 6.00, 6.30, 7.00, 8.00, 9.00, 10.00, 11.00, 111.00, 111.30, 112.30, 12.00, 1.00, 2.00, 3.00, 4.00, 4.30, 5.00, 5.30, 6.00, 6.30, 7.00, 8.00, 9.00, 10.00, 11.00, 111.00, 111.30, 112.00, 11.30, *2.00, *2.00, 10.00, 11.00, 111.00, 111.30, *2.0

To WEST BERKELEY—*6.00, *6.30, 7.00, *7.30, 18.00, *8.30, 9.00, 10.00, 11.00, 11.00, 2.00, 3.00, 4.00, *4.30, 5.00, *5.30, 6.00, *6.30, 7.00.

TO SAN FRANCISCO, DAILY. From FRUIT VALE—*6.23, *6.55, *7.23, *7.53, *8.23, *8.53, *9.23, *10.21, *4.23, *4.53, *5.23, *5.58, *6.23, *6.53, 7.25, 9.50.

From FRUIT VALE (via Alameda)—*5.15, *5.45, †6.45, 9.15, *3.15.

From EAST OAKLAND—*5.30, *6.00, 6.80, 7.00, 7.30, 8.00, 8.30, 9.00, 9.30, 10.00, 10.80, 11.00, 11.80, 12.00, 12.30, 1.00, 1.30, 2.00, 2.30, 3.00, 3.80, 4.00, 4.30, 5.00, 5.30, 6.00, 6.30, 7.00, 7.57, 8.57, 9.57, 10.57.

5.30, 6.00, 6.30, 7.00, 7.57, 8.57, 9.57, 10.57.

From BROADWAY, Oakland—*5.37, *6.07, 6.37, 7.07, 7.37, 8.07, 8.37, 9.07, 9.37, 10.07, 10.37, 11.07, 11.37, 12.07, 12.37, 1.07, 1.37, 2.07, 2.37, 3.07, 3.37, 4.07, 4.37, 5.07, 5.37, 6.07, 6.37, 7.07, 8.06, 9.06, 10,06, 11.06.

From ALAMEDA—*5.22, *5.52, *6.22, 6.52, *7.22, 7.52, *8.22, 8.52, 9.22, 9.52, 110.22, 10.52, 111.22, 11.52, 112.22, 12.52, 11.22, 1.52, 2.52, 3.22, 3.52, 4.22, 4.52, 5.22, 5.52, 6.22, 6.52, 7.62, 8.52, 9.52, 10.52.

From BERKELEY—*5.15, *5.45, *6.15, 6.45, *7.15, 7.45, *8.15, 8.45, 19.15, 9.45, 10.15, 10.45, 111.15, 11.45, 11.45, 12.45, 1.45, 2.45, 3.45, 4.15, 4.45, 6.15, 6.45, 6.15, 6.45, 7.45, 8.45, 9.46, 10.45.

From WEST BERKELEY—*5.45, *6.15, 6.45, *7.15, 7.45, 8.45, 19.15, 9.45, 10.45, 112.45, 1.45, 2.45, 3.45, 4.45, *5.15, 5.45, *6.15, 6.45, *7.15.

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