



DM

FEBRUARY-MARCH, 1964

DAILY MEDITATION



**THE COMPLETE
PROPHECIES OF**

Nostradamus

OPASTOOPRESENTOOFUTUREO



Close your eyes and picture in your mind a quiet, thoughtful man sitting alone in his ancient study four centuries ago. The darkness is broken only by a slender flame that leaps from a brass tripod. His foot and limb have been dampened with water — he leans over the tripod holding a divining rod.

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February-March 1966

Volume Fifty-Three

Number One

ROSE DAWN

Publisher

RUTH S. PATERSON

Editor

FAYE ARNIM

Associate Editor

W. R. GIERHART

Circulation Manager

DAVID MARINES

Staff Photographer

DAILY MEDITATION

Editorial and general offices,
P. O. Box 2710, San Antonio,
Texas 78206. Published bi-
monthly by the Mayan Order,
731 Fredericksburg Road, San
Antonio, Texas 78201. Second
class postage paid at San
Antonio, Texas. Price annual
subscription \$4.00 a year, 2
years \$7.00 in U. S., \$4.00 a
year in Canada, \$4.00 for-
eign. We accept no responsi-
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Daily Meditation

"The Silent Guide to a Successful Future"

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COVER PICTURE: Apple Blossom Time in Washington,
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NEWS & NOTES

Piece by piece, a mysterious giant puzzle falls into place as archaeologists dig in many locations around the world and scientists probe for answers. One of the latest such pieces may be the answer to the riddle of Britain's Stonehenge advanced by Boston University Astronomy Professor Gerald Hawkins.

Stonehenge, many of you will recall, is the ruin of a 97-foot circle comprised of 25-ton uprights and horizontal slabs surrounding five huge archways. Through the centuries, people have believed that Merlin transported the stones from Ireland or that Stonehenge was the work of a mystic priesthood known as the Druids constructed for ceremonial worship. It must have been important for the early people who built it to have brought the huge stones at least 20 miles and placed them as they did. Still, until now no answers as to its purpose and builders, other than legend or conjecture, have been given us.

In our day, by radio-active carbon tests it has been estimated that the age of Stonehenge is 3,500 years. Recently, Professor Hawkins used another modern method and fed information concerning the ruin into a large computer — and the result was an amazingly reasonable answer for its purpose.

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A report of his work has been published and in a review by *Time* magazine the computer answer is given — that the alignments between the center point of the circle and each significant archway, hole, and mound show it to be an instrument to accurately predict solar occurrences, including the first day of spring and fall and eclipses of the sun and moon. Stonehenge, according to the professor, was the focal point of the civilization who built it and the calendar from which crops were planted and harvested.

It is interesting to recall the importance of the observatory to the ancient Maya. The Maya knew the world was round centuries ago when others still thought it to be flat. Their calendar was more accurate than the one we use today. The Maya had a decimal system long before the Europeans, who got it from the Hindus. Maya Gurus (teachers) went to India and various other parts of the world.

Is it odd coincidence that among the clippings on my desk today are several sent by Companion William Conroy, two of which are "Stonehenge Still Remains a Mystery" and "Ancient Atlantis Was Merely a Myth"?

Is Professor Hawkins' answer to Stonehenge another piece of the

Daily Meditation

puzzle to link the ancient world together? What will that puzzle show as the pieces are added and will it be completed in our time? I hope so, don't you?



Another clipping tells of the challenge to Mexico's national institute of anthropology by one of the Mexico City newspapers. Two sets of photographs were published in *El Universal*, one set twenty years old and a new one showing how fast the famous frescoes of Bonampak are fading. "It is incredible," the newspaperman observes, "that the Bonampak frescoes were preserved while they were lost in the jungle, yet their destruction began from the time they were discovered," and obviously hopes by such publicity to stir up sufficient interest to preserve the priceless treasures left by the ancient Maya.

Thank you, Companion Mary Thompson of Illinois, for this clipping from your paper. And our thanks also to our other Companions reporting so faithfully the Mayan publicity in your areas.

Heartening is the news of a movement in California, reported by Companion Daniel F. McLaughlin, to advance the knowledge of ancient Mayan history and culture. For further popular interest in the Maya, at the time the story was written a contest was being held to find a composer to write a suitable musical score for a ballet to be produced at Tullum. So it gathers momentum — the exploration into the wealth of the ancient culture productive of more and more contributions to the art of our day.



Congratulations to more Mayans for accomplishment in various fields.

Two lovely colored pictures in this next letter are of Companion Caridad Suguitan of New York, taken when



she sang in Filipina dress in the New York State Pavilion at the World's Fair this past year. One dress is of sheer fabric made from pineapple fibers and delicately embroidered, with a full skirt, full collar and butterfly sleeves. The other is a sheath-type dress of brocade, also with the butterfly sleeves that are characteristic of a Filipina dress, she writes. Perhaps some of you were in the pavilion when our Companion sang and will know why she plans to continue her vocal training.

Companion Charles Townson of California reports another manuscript accepted for publication.

From this picture of Companion Mable Maguire, it is evident why children return her love. She is 80 years young, but so obviously happy and young at heart. All her little ones affectionately call her "Mickie". She has been working with Girl Scouts for 28 years, and Cub Scouts for 31½ years. "At present we do not have Girl Scouts here, so I have a group of junior girls Mondays after school, another group Wednesday evenings, that I teach crafts, and we are hoping to get Cubs started next week."

Companion W. R. Devenish of Utah is really up in the air these days, if you will pardon a poor pun. But it is literally true, for after holding an airplane pilot's license for over 30 years, he is now a licensed helicopter pilot too. His company's work is developing gas and oil properties so they use both types of aircraft. Apparently, our Companion felt he had taken a back seat in the helicopters long enough.

After two years at the university to finish requirements for her teaching diploma, Companion Claudette Des-

marteaux of Canada is now teaching fourth graders. "This is another milestone in my life," she writes. "For this I thank the Mayans."



National attention has been focused on the famous Dome Stadium in Houston, Texas since its opening. Companion Edith Hull is finding it most interesting to conduct tours for visitors — a total of between three and four hundred in the three groups she directs each day. The setting is beautiful, she enjoys people, and she gets her exercise — five miles of walking a day.

Companion Eloise Mentz of Louisiana is one of two retired employees of her firm cited for meritorious service recently. She says, "I don't think I've done any more than anyone else, perhaps a little longer in terms of years, and I did what I wanted to and enjoyed it. I'd do it over again, though. I hope, with improvement." In the words of Our

Lord, "Well done, thou good and faithful servant," for what higher praise can any of us receive than that?

This newspaper clipping shows a picture of Companion Clarence Munford of Ohio setting up his schedule of night college classes with an official of the college. A large drug firm in that state offers scholarships to mature citizens who could not go ahead with their college studies in their younger years. Our Companion is a recipient of this unique scholarship. And he is so proud of his children to whom he has given the privilege that now is his. His oldest son was graduated Cum Laude from the University, on the Dean's list all four years, and continued his education in Germany under a Fulbright Scholarship. He is now the head of the history department of the University of Nigeria. Four other sons are employed with the postal department and one of them attends night college classes. The youngest son, 13 years old, has been placed in accelerated classes. His one



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daughter entered college this past fall. What a wonderful record. Your pride is certainly justified.

Another proud Mayan parent was Companion Susie Bauer of Florida when she attended her son's graduation from the University of Washington this past summer.

Special congratulations to all these.



Companions Mr. and Mrs. Ronald Hinerman of Ohio are very proud of their daughter and her new husband. Both the newlyweds are students at Ohio State University — the daughter in the school of nursing, and her husband finishing work on his doctorate in organic chemistry.

And the lovely daughter of Companion Margaret Letcher of New Jersey is also a recent bride — as is our Companion Rachel Moore of Maryland.

"I have a grandson-in-law now," writes Companion Cecile Sherrill of California. "The first grandchild was married." As I read that affectionate way of describing the newest addition to her family, a warm glow came into my day.

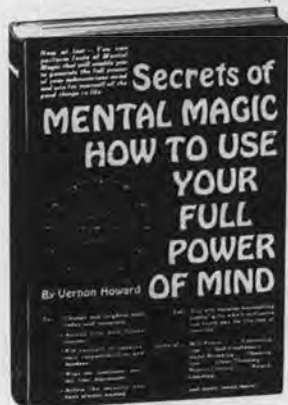
Our best wishes and prayers that all these new homes may be blessed with many years of happiness.



Companion Gladys LaCrosse of Massachusetts decided to explore the spots of historical interest and beauty in the New England States this year, spending less time in travel, and reports a very interesting vacation as well as being "so rested".

Beautiful Nova Scotia drew Companion Mrs. Stanley Hale and her
(Please turn to page 90)

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MAYAN BOOK HOUSE



Editorial Letter

Dear Friends:

Among the many delightful legends of the East is the one about the two weavers, both of whom were anxious to obtain the business of a very rich merchant. One day, the merchant told them he would put both to a test and the weaver who showed the greater creative talent would be given his work.

Equal quantities of thread were supplied - much black thread, smaller quantities of several lovely colors in varying shades, and a few strands of gold. The weavers took the allotted materials and returned to their workroom.

One weaver held the bag of thread high above a table and out tumbled the mass of black from which, here and there, a bit of color could be seen. He shook his head. Who could do anything with just black thread? He wove indifferently, intermixing the bits of color, not even bothering to use the few strands of gold.

In the quiet of his workroom, the other weaver spread the thread this way and that. His skill was challenged and, in his imagination, lovely shapes began to form as he arranged the threads of royal purple and sky blue, the greens and pinks, against the black. Then he began to fashion a beautiful design touched delicately with gold and made even more lovely by the depth of the rich background of black. When the finished work was spread before the merchant, his eyes shone with delight - and the artistry of it so humbled the other weaver that he silently stole away unnoticed from the room.

Are we so bound by expectations of adversity that we fail to see the beauties of God's love that are right before us? Or have we learned to let the gloom fall into a background for the delicately beautiful pattern, always touched with gleaming gold, that He is weaving through our lives? The blackness itself glows as we realize the spiritual dimension that would not be ours without its inky contrast that makes our blessings even more sweet. We praise and thank Him for increased faith.

Rose Dawn

What do YOU have in the house?

WHEN we lived in the country, after working out in the garden my father invariably came to the back door and inquired of my mother, "Dear, I'm thirsty. What do you have in the house?" It is interesting to note that through the ages one's personal needs are fulfilled according to varying and proper replies to this question.

Elisha, Israel's prophet, was approached one day by the widow of Obadiah whose creditors had collected nearly everything she owned except her two sons, and they were about to collect them. Elisha, who represents the God of Deliverance, the riches and the supply of God, takes inventory and asks the widow the question, "What have you in the house?" "Nothing . . . except a jar of oil," she replied.

Elisha then instructed her, "'Go outside, borrow vessels . . . and not too few. Then go

Gather your vessels — have faith, pray and love. Keep pouring!

Harold A. Schulz

in, and shut the door upon yourself and your sons, and pour into all these vessels, and when one is full set it aside.' So she went from him and shut the door upon herself and her sons; and as she poured they brought the vessels to her. When the vessels were full, she said to her son, 'Bring me another vessel.' And he said to her, 'There is not another.' Then the oil stopped flowing. She came and told the man of God, and he said, 'Go, sell the oil and pay your debts, and you and your sons can live on the rest.'" (II Kings 4:1-7 RSV)

THIS parable and miracle of truth, love and supply happens to us in our spiritual beings. Our inner being is the

house of God. There are times in our lives when our house is stocked with scant supplies of those things that are of vital necessity to progressive, illuminating and prosperous living. The oil of life has then run low.

We had at home a three-burner oil cooking stove called a coal oil stove. From a gallon glass container on one end the oil drained to the three wicks. At times we failed to refill the container and the light on the wicks went out. In a similar way, when we spend ourselves, our spiritual energy becomes depleted. Spiritual qualities cease to function. The transforming, renewing, revitalizing and replenishing power of our entire beings ceases to promote the good of life. The vessels of the spirit are empty because of adverse use of the substance of life. With proper stewardship, the substance is self-replenishing; negative or ill use has the opposite effect.

The story of the widow and her children is a situation in life. Our concern is to know how to replenish our house with life, light and joy. The three important vessels within our spiritual being that need to be refilled are the heart, mind and soul. The substances of oil necessary for harmonious operations of life's activities are *faith for the vessel of the heart; prayer for the vessel of the mind; and love for the vessel of the soul.*

FIRST, we must exercise *Faith* in God, our Supplier. Why do we say we need faith in God when we admit that He freely bestows His good upon us? Because our faith in Him provides the impetus with which the good comes. Faith recognizes God's good. Faith has eyes that see the resource, while unfaith and doubt are powerlessly blind.

While Abraham does not represent the fullest expression of faith, that quality within him is indicated by his willingness to obey the Voice of the Infinite. He is willing to follow the guiding hand of God when he is asked to enter into a new land. Obedience brings fulfillment, progress, abundance; life becomes a living stream of prosperity. Abraham's faith keeps bringing in the empty vessels to be filled with God's blessings.

"*Now Faith,*" asserts the writer of Hebrews, "*is the assurance of things hoped for, the conviction of things not seen.*" (Hebrews 11:1) Faith brings the substance into view. The quantity of faith is irrelevant to the quality, which is of chief importance.

SECOND, the oil that needs to be replenished is *Prayer*. Prayer is conversation and communion of the heart with God. We meet God in the union of prayer with an affirmation of truth. Spirit mind unites with Divine mind. To

borrow a new figure of speech from the space age, we rendezvous as two space ships, so as to unite with each other in the realm of divine existence, with the harmonious intent of uniting with the main Source of Being, who is God. Prayer is looking closer at the beauty of God with spiritual eyes. It is a kind of magnifying glass, which enlarges and enhances the supply of God in a permanent state of increase. It is the act of replenishing the body, mind and soul with spiritual power. When we become one with God, the stream of divine substance, the oil of life pours forth into our beings and creates new vitality and blessings for regeneration.

A lady with apparent little means explained the continuous supply with which she was blessed. "Whenever I feel I am in need of blessings, I begin blessing what I have, believing that I have what I need. Seems funny to say it this way," she explained, "but I have never lacked for food or other supplies. In my mind I see God's assembly line moving toward me, like a stream filling my life with His good."

We must establish the fact that prayer is not the drama of seeking selfishly or begging God for unmerited rewards, but chiefly wholehearted recognition of God, the Eternal Good. It is the affirmation of God's eternal and divine presence and

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existence. Prayer declares, "God is!"

THE THIRD oil is Love — Love occupying the soul. Said Paul, at the close of his famous love chapter, "The greatest is love." In the Old Testament the Hebrews were instructed through the Shema, to love:

"Hear, O Israel: The Lord our God is one Lord; and you shall love the Lord your God with all your heart, and with all your soul, and with all your might. And these words which I command you this day shall be upon your heart; and you shall teach them diligently to your children . . ."
(Deuteronomy 6:4-7a)

Jesus said, "You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.

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This, is the great and first commandment. You shall love your neighbor as yourself." (Matthew 22:37-39)

As Paul stated, "love is the greatest," so countless authorities in all fields have since echoed his banner line. Psychologist Smiley Blanton has said while "hate blinds our view and warps our talents, love releases our energies for the creative action that sustains mankind." Thus love is like a great river being poured out upon a thirsty land so plants can grow. Life re-enters the body and mind when love flows abundantly to irrigate the spiritual and mental processes. Love puts the whole being of man into a positive condition.

LOVE pours in and out, ever refilling the reservoir of life. This is the nature of the spiritual containers of our divine temples. Thus they are not only containers, but living dispensers of the oil of life. As they function in this dramatic state of out-pouring (expressing) good and virtue to others, they are in the state of being continually filled. In a sense of the word, new vessels are incessantly being brought in. When the faith-prayer-love triangle are in full function and opera-

tion, the flow of oil (life) does not cease, but is enjoyed to the brim by the one who lives in the house.

There is no danger of a condition of poverty or spiritual foreclosure as long as right use is being made of the substance. The three activities work hand in hand with each other *faithfully, prayerfully, lovingly*. As these activities are in continual living rehearsal, they are being spent for benevolent reasons and the returns are inevitable.

Faithfulness, prayerful living and loving-kindness pay life's debts. One need not know any creditor. Or, in the case where debts accumulated, following forgiveness through faith, prayer and love, they are dissolved. Life is then lived in at-one-ment on the remainder of the spiritual substance which knows no end.

ARE YOU down to the last? Well, what do you have in your house? What have you in your spiritual being? The answer is that you do possess a portion of the oil of life. Gather your vessels — have faith, pray, and love. Keep pouring and pouring! Keep blessing and blessing! Keep living and living! Behold, the daily miracle in your life and your affairs!



Prayer Of Pathway

Out of the stillness comes
the power of achievement.

WHEN we walk down the highway to visit a friend, we know the condition and requirements of such a journey. A similar method of procedure is necessary when we travel along the pathway of prayer.

At first, there must be stated periods of prayer. This is training that helps us to grow. As our prayers become personal conversations with God, we feel His nearness, and this brings joy and happiness. Our time of labor can also be a prayer time. Faith helps us to relax and our thoughts are then in tune with God; we cease speaking and feel the Love that pervades all. This adjusts conditions because the Divine Energy functions through an open channel. Our desire is right and active.

WE DO NOT think of ourselves or our problems when

we truly pray. This is a time that we have reserved to think about God, to dwell on His goodness and love. The inspiration He gives us at that time may become tangible for our so-called present needs. It is necessary only to be receptive at that time. Then we become aware of His Presence in our inner consciousness. Now we will receive the guidance needed. We do not pray to have a condition removed, rather we rise above it. Then we take up the task at hand. This prayer period has lifted us above the seeming problem.

We should develop the listening attitude, as that is true prayer. It should be a sensing of the Presence of God. Begin the day and close it with this realization. Frequently during the day, pause and feel the quieting Presence, then difficulties will melt away.

PRAYER and worship are acts bowing to beauty. Go step by step on the pathway, from simple worship on to the Most High. God is higher than our words can express. The whole manifestation is One. All that is required is that the desire be pure and the mind in tune with God. Each one can know only so far as the mind can understand. God receives this sincere love.

Our prayers can be too long, composed of too many words. Then we are giving life to the very thing that we do not want. The mind holds these words before us, like a mirror, and they reflect the thing we fear. After deciding what is important at the time, have a quiet chat with God. You have presented the situation to Him. Silently listen.

Sometimes we do not receive the answer immediately, but be thankful that *God has answered* and go about your duties. Never doubt Him. Our love and sincerity make it possible for the answer to come. Perhaps you say, "It is so long coming." Maybe you have not made adequate preparation for the answer. It is a waiting time and God waits with you. So joyfully do the work at hand.

LEARN to be alone with God, and then feel His wonderful Presence. This is true prayer and comes as the result of your persistent effort to know Him better. We should have

only one thought, to commune with Him. Say nothing, but listen, then become conscious of His Presence.

All things are prepared for us, so some people ask, "Then why should I pray if it is already mine?" All things are in God and potentially ours. They are waiting for us to do our part in bringing them forth. We share in the creation of what is to be brought forth. Prayer is the pathway over which the Law of Supply requires us to travel. We do not beg for what is already ours, so clear your mind of doubt and fear, knock and ask. Always be sincere and accurate. Pray, meditate and put into practice what you learn, as we have affirmed that it is already ours. We know that it is in God's hands ready to be given to us. Jesus told us to be steadfast in our request.

THINK of God as a great Lake of Mind. When we want water out of a lake, we have to tap it and then pipe the water to the place where it is needed. So clear your mind of all despair, doubt and lethargy. Then be faithful to your wish to become one with the Father in prayer. Tap the Source of all life; then He can give us the gifts that we need.

We must be alone when we pray. This puts us on the path over which His help will come. Then our consciousness prepares us to understand God's

will. This is a privilege and a mighty force in our daily lives. To be receptive, we must be still and listen to God's voice, which comes to us in the silence. It is something that we can not talk about, even to our best friends, because this is meant only for the individual who receives it. When we affirm a thing is ours, it will be. Do not betray it by disbelieving.

Our prayers are heartfelt communion with the Divine. Realizing this, we can be still and wait in silence until He speaks. You have asked Him to help you. Now trust Him and await His answer and guidance. This will come in the way that He directs and knows is for our good. When we still the mind, we release the outer strain and forget the sense of urgency. Then we become tranquil and at peace and can listen to His voice.

GOD gives to us, but it is our unwillingness to be receptive that retards realization. We must have faith that the answer to our prayer is at hand. Ignorance or misunderstanding hinders our acceptance; trust solves all our problems.

Since prayer is a deep-felt longing for God, we should be ready to receive Him. We must believe that what we are asking for is given; then the attitude of the soul will be that of abiding trust. This helps us to give up our little plans and clears the vision, so that we can better understand the way God works. Now we can see how all our good deeds are a prayer and a joyous communion with God.

Praise is the highest degree of prayer. It is where petition becomes preparation to receive. It brings happiness, satisfaction and hope. It is complete faith in the plan of God for man. We glimpse the fulfillment of the plan and rejoice in the accomplished fact.

PRAYING without ceasing is keeping the mind steadily on its highest ideal and our wish is turned heavenward. It is constant communication with God in everything we think or do. On the pathway of prayer we find that deep within the recess of our being is a point where prayer and action meet. Then there is realization. Out of the stillness comes the power of achievement.

*With Him is wisdom and strength.
He hath counsel and understanding.*

— Job 12:13



FEBRUARY

The first frail snowdrops
putting out bloom
above the snow;
a blush of palest mauve
appearing long before the green
on eastern mountain slopes;
a robin appearing from nowhere
to peck at frozen apples
in the orchard;
an inner time-table
marks the season's cycle.
Man, too, feels the stir
and looks to new challenge,
prays to God with a fresh joy
even in the midst of blizzard.
God has surely endowed
all living things
with an urge to growth
and a will to achieve fulfillment.

— Elizabeth Searle Lamb

Reading
the
Paper
With

↓
GOD

Dorothy P. Albaugh

A FRIEND of mine discontinued the daily paper because the headline news was so lurid and depressing that it disturbed her elderly mother.

At first glance the average newspaper seems that way to most of us, but there is an inspiring way to read between the lines, especially in the advertisements. I call it "reading the paper with God".

The following paragraphs are samples of typical advertisements, and how God can use them to further His kingdom.

HERE is the ad for a new pink light bulb, "The light that does more for you than candlelight and moonlight combined. See yourself in this light and you'll never want to see yourself in any other."

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If we let God speak to us through this ad He might say, "When you truly walk in the Light of the world, It will be the softest, kindest and yet the most penetrating light that has ever shone upon you. If you are unworthy, its glare will reveal the depths of your unworthiness; but if you are following the Way, Its radiance will be more glowing than candlelight, more alluring than moonlight. When you see what it can do for you, you will never want to see yourself, or have others see you, in any other light."

The newspaper ad for blouses says that they are "beautifully right". God says that is the way everything will be when we are walking with Him.

The vinyl ad speaks of "wiped clean beauty", and the Christian knows so well what "wiped clean beauty" is like. It is the beauty that we find everywhere, every morning, when we know that the night has wiped away the failures of yesterday and this is a new beginning and a fresh opportunity. This day is ours because of "an extraordinary special purchase", as the clothing ad says. We know that the "extraordinary special purchase" was made for us by the Son of God.

But the acceptance of the awesome opportunity and all that it entails is up to us, because God arranged that, as the automobile ad states, we

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are to "write our own deal". God has given us free will — the choice to accept or reject.

THE real estate ad tells us to "bless your family with a home of their own". We need to be reminded to bless our family, our friends, and everyone we meet or think about each day. There should be a

blessing on our lips at all times, because it is a healing treatment for others and for ourselves.

Last of all, the savings company ad reminds us that "tomorrow starts today". God tells us that we are living in the Kingdom now. The Power and the Glory are waiting for us to claim. *And this is God's news!*



He Thought of Me

I somehow feel that when the Lord
Breathed fragrance in a rose,
He had in mind His love for me,
And mine for all that grows.

I somehow feel that when He took
His moondrops from the sea
And gently made His lakes and brooks,
He had His mind on me.
For, oh, within His wondrous world
I see Him standing near,
I feel the loving breath of Him
In all that He holds dear.

I somehow know that when the Lord
Said, "Hearken to My Word,"
He thought of me, and breathed sweet life
Into a singing bird.

— Nancy M. Richard

MIRACLE DRUG FOR HAPPINESS

IT HAPPENED at a parent-teacher interview. Since my teacher endeavors are concentrated on English and Latin, there always seems to be so much to discuss when fond mothers and proud fathers come to inquire about their children's progress.

Donna Sue had been in my classes for more than a year. Latin was a chore for her. She just couldn't master the conjugation of verbs with the intricacies of formation. The varied endings of nouns of five declensions baffled her beyond description. She was so deeply concerned about her deficiencies that at times her bravest efforts were deluged with tears.

A little encouragement brought back the smile and she was once more her happy self. In fact, Donna's inward goodness burst forth in such a merry giggle that she merited the name "Giggleena". Her cheerfulness was the eloquence of charity. She didn't have to be

asked to do a favor, but offered her assistance as soon as she saw the need. English classes were more to her liking and she achieved a mastery of expression that encouraged her and me.

THE interview with the parents, however, disclosed the cause of Donna's goodness. The hearty hand shake, the genuine smile, the lustre of the eyes revealed but one thing — "God shines in your face." The calloused hands, wrinkled brow, and bent shoulders showed at a glance that dad was unspoiled by the things of this world. Mom, too, had gnarled fingers, swollen ankles, a hunched back — yet her face revealed a serenity and "other worldliness" unknown to many. These wholesome, sincere, and genuine parents did not know material wealth, but they were rich with the riches of God. They bequeathed this heritage to their fun-loving children.

No psychoanalyst or counselor had to tell me that these simple folk were genuinely good people. Their lives were spent close to God. The sunshine of His love and care was reflected in their faces.

Almost instantaneously my memory recalled two quite different persons. One was a milkman in a very remote rural area who sold such watery milk that the townsmen often said, "His best cow is his well." Again I thought of the butcher in a

super market who always rested one hand on the scale while weighing the meat for his customers. Their deceit was not confined to the heart. It couldn't stay inside where it got its start, but was revealed in a telltale/sullen face.

YOU don't have to boast of your goodness, your sacrifice, your contributions to charity — your radiant face will reveal the motivating force of your generosity, for *God will show in your face.*

BIBLE BREAD

Mix together: 1 cup of Judges 5:25 (3rd item)
2 cups of Jeremiah 6:20*

Then add: 6 Isaiah 10:14

Sift together: 3½ cups of 1 Kings 4:22 (1st item)
A sprinkle of 11 Kings 10:2
1 teaspoon of 1 Corinthians 5:6*
½ teaspoon of Leviticus 2:13

Blend these two mixtures together, then add:
2 cups of Nahum 3:12
1 cup of Genesis 24:11
1 cup of Genesis 43:11 (last item)
1 tablespoon of Exodus 16:31 (last item)

Bake in a greased and floured loaf pan in a moderate (350°) oven for about one hour.

*NOTE: In olden days, "leavening" and "sweet cane" were what we today know as baking soda and sugar.

— Carolyn B. Dundes

Blessed are the poor in spirit:
for theirs is the kingdom of
heaven.
— Matthew 5:3



Keeping Up With the Joneses

R. I. Sharland

This is the first of a delightful series of modern, everyday applications of the Beatitudes by a new English writer we mentioned in the October-November issue. Each presents a situation by way of illustration in which you and I can see ourselves, for it could happen to us. We know you will be blessed, and join your D.M. staff in welcoming Mrs. Sharland to our "family".

THE minute Lou put her head around the kitchen door and called, "Yoo-hoo! Anybody home?" I could see she was bubbling over with news. "It's Will," she told me excitedly. "They've made him an Area Manager!"

"Why, that's wonderful!" I exclaimed.

"It sure is," she said. "It means we can have all the things we've only dreamed about. A decent car instead of that old heap, a good school for Bobby, a new television set.

Later we can even move to a better house, and Will can join the Country Club."

Truly glad for my neighbours' good fortune, the day Will drove up in his shiny new monster of a car, I was out there along with everyone else admiring its gleaming perfection. But that night over supper I remarked a little wistfully, "Our old jalopy's going to look pretty beat-up next to the Allen's, John. Couldn't we...?"

"No," said my husband firmly. "We couldn't." Then, seeing my crestfallen look, he added, "There are riches and riches, Sal. Ours are right here, around this table."

Looking at my bright-eyed, tousle-haired brood, I knew that John was right. Maybe we'd never have the material things that Will and Lou would enjoy, but in the five

little souls God had placed in our care we had something that no amount of money could buy.

MOST of us can number an Allen family among our acquaintances — people who believe that marriage was ordained for the procreation of bigger and better possessions than those owned by the folks next door. Usually the "Allens" are childless. They have been too busy becoming Somebody in the neighbourhood to take time off for becoming parents. Sometimes, however, they have one child. Often he is spoiled; occasionally he is precocious; always he is lonely and shut out, an adult before his time. His parents are too preoccupied with the business of success to observe the meaning of simplicity.

These are the glaring examples of all-out One-Upmanship. But how many of us, at some time or another, have not been guilty of this failing in greater or lesser degree?

You, Mrs. A. Didn't you talk your husband into buying that dish-washer he couldn't really afford, for no better reason than to impress that snooty woman up the road? And how about you, Mrs. B.? Did you really need a fur stole for Mary's graduation, or did you get it because Mary is always saying how Janie's Mom looks like a million dollars? The menfolk, too, are by no means guiltless in this respect. You and I both

can recall instances when we knew a man was browbeaten into joining an expensive club or otherwise putting on a front beyond his means — simply by his own inability to frankly admit he couldn't afford it. Oh, what foolish pride!

PRIDE of this sort is never a pretty thing, but if our vanity stopped short at the type of self-indulgence mentioned, little harm would have been done — except, perhaps, to ourselves. Sadly, however, we sometimes fall prey to a more vicious kind of pride — a subtler, crueller kind, and infinitely more dangerous.

That "dull, slightly-stupid" junior in your department — how often have you humiliated him with a deliberate showing off of your superior knowledge and efficiency? That rather unattractive girl who never seems able to get, let alone keep, a boy friend. How many times have you flaunted your conquests or flashed your engagement ring in the face of her wordless misery? Conversely, how many people have been driven through jealousy — which, after all, is only another form of pride — to lie, cheat, steal, and even kill, in their determination to be as good as, or better, than the next man?

It was pride that brought about the fall of Lucifer, and from that moment on, Lucifer has never ceased to play on this

most human of our weaknesses. Even Jesus was not permitted to escape the temptation of material gain. The devil, we are told, took Him up into a high mountain and showed Him the world and all the treasures thereof; and all these things Satan offered to Him as a reward for His submission. Few of us can honestly say that there has never been a moment in our lives when we could not have done well to remember Christ's reply — *"What doth it profit a man if he gains the whole world, and suffers the loss of his own soul?"*

IT WOULD obviously be a generalisation verging on the ridiculous to suggest that we are heading for eternal damnation each time we try to go one better than our neighbour. But make no mistake, there is danger in the distorted perspectives that set material gain above spiritual values. One-Upmanship is a pernicious social disease of a highly contagious nature. It can, and does, spread from individuals to communities, from communities to nations. The echoes of war still linger to remind us of the hideous depths to which mankind may be dragged by national greed and the lust for gain.

It doesn't matter at all if Mrs. Jones has a new mink coat and two cars in the gar-

age, while we are still wearing last year's tweed and driving the old family runabout. It doesn't even matter if we have our own private dreams of prosperity and success. What does matter is that we do not allow our dreams to carry us beyond the limits of reality.

The warmth of a home where love is, the bonds of sympathy and understanding that go to make up a happy family life, the respect and affection of our loved ones — these are the things that count, the true values that make life worth the living. When God dwells in our hearts and in our homes, then we are indeed rich beyond the dreams of avarice.

BLESSED are the poor in spirit," says the Beatitude, and what a blessed place this world would be if there were no room in it for greed or covetousness. Such, unfortunately, is a counsel of perfection, and mankind has a long road to travel before it achieves this goal.

But, individually, it is within our power to root out from our minds and hearts the gnawing canker of envy. With just a little more humility, more words of thankfulness, a recounting of our blessings, each of us can make our own little corner of the world a happier place in which to live.

AIR-MINDED

AMERICA has sent several persons and objects into space in the past few years. The men have returned safely to the earth and attempts have been made to describe the spiritual heights they attained. It no doubt would take a lifetime for any one of the astronauts to reveal their inner feelings and explain how it felt to encircle the earth, many miles in space, where before only birds and airplanes could go and return from a short flight.

All this has been accomplished in the mind of man through the Mind of God. Through an inquiring mind all questions are answered. Christ said, "*Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you.*" (Luke 11:9) Science is doing just that — seeking to understand space and all that it contains.

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I REMEMBER clearly, in July 1962, when Telstar was first put into orbit. We were all anxious to get a report from England regarding the completed orbit. On this particular day, a group of God-loving persons held a meeting in a small room of a church. Nearby was the telephone room where there was a radio.

When Telstar had gotten into position and England had received the picture sent to its receiving station, the telephone operator hurried to tell us the good news. The business meeting no longer held our interest. We immediately gave thanks in silent prayer that a great step had been taken to "hold hands" around the world.

The chairman of our Prayer Panel group, which held monthly meetings, chose the title for the coming year, "Prayer by Telstar". We were air-minded and considered our prayer service as a sending station. We would pray our thoughts and feelings into space, in the understanding God was everywhere present

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throughout the universe — through all, over all, and in all living creation, including all mankind.

We believed our God-prayer would connect with the receiving God-quality in someone many miles away. The key to God's receiving station is the willingness to accept our Father's good.

Prayerful persons all over the world are our receiving stations. Many wonderful answers to our Telstar prayers have been received.

ONE of our group members gave this report at the monthly meeting: "It was necessary for me to seek your prayers for my daughter and son-in-law, who had been injured in an accident in Caulician, Mexico. Immediately, prayers were sent forth that expressed God's love, protection, and guidance in the direction of Mexico. We did not know where Caulician was, but God did.

"When I heard over the television about Telstar sending pictures to England from America's sending station, I told my praying friends that we were a prayer sending station — sending loving, truth-inspired, healing thoughts from God-Mind in us out into the universal ethers. Wherever there was a need for healing, love would draw our prayers to the people in need of them. Our love and prayers included

everyone in that area of Mexico.

"I am sure the bright light of God's presence shone about them, for I received a telephone call from my daughter saying, 'Mother, everyone here is so good to us. John is in the hospital with a cast on and is doing all right. I am bruised, but not seriously hurt. Even the American Consul is helping us.' Thank God, the sending station in America made a direct hit in Mexico!

"Not only does God send a picture that talks as television, but God-Mind in you and me makes instant contact with other receiving stations throughout the universe. This is accomplished when those in need are mentally and spiritually in tune with the healing love of the living Christ. Individually, each one receives not only the picture of what he is to do, but gradually God-Energy in him is stirred into action, and perfect manifestation becomes possible."

ANOTHER friend told us about her son in a hospital. He was in a cast, and unable to feed himself or turn alone. Her request for Prayer by Telstar was for God's healing to become manifest as a perfect physical body. The son and his wife were too upset to know just what to pray for — whether to pray for the doctor to operate and do a good job, or to postpone the operation

that had been suggested. The mother asked that our prayers be sent upward and Godward at once. We did as she requested.

Prayer for open-mindedness was necessary for the young people to receive the spiritual help needed. Those of us in prayer knew all space was filled with God's healing substance, even the small cracks in the bones. Our faith was centered upon God Intelligence that fills every human need, when called upon.

Weeks passed before further X-rays were taken. The young couple became anxious because the doctor only knew about his small world of surgery, which would close the cracks in the bones, but leave the patient with a permanently stiff neck. The mother persisted in prayer.

Many times she was asked by the young couple if it was wise to wait so long. Her answer was, "God is never late. Let us give thanks that God knows how and when to re-make His own tissues of the 'Temple not made with hands'. Let us pray about this a little longer."

We all prayed, for our Prayer Panel has a method of prayer service that extends for as long as the person needs our help and is in constant touch with us. By this time we were all air-minded and expecting wonderful results.

WE WERE delighted to hear after the third month that the X-rays showed thickening of the edges of the cracks, and a new cast now could be put on. By this time the doctor agreed to wait with us, not knowing the prayer-power in our sending station.

Before the next three months were up when more X-rays were to be taken, we noted other wonderful changes in the patient. He was walking and using his arms and hands very well. Gradually, he was able to bring his hand to his mouth as muscles were re-educated to respond to his will. All these improvements showed God's perfect work being done. We knew the cracks were closing because new bone cells were forming to make a perfect body. Our prayer message had been received in the mind and body of a receptive patient. The grateful mother and her family were reunited in joy and harmony.

AIR-MINDED? Yes. Prayer has wings! Going into orbit? Yes. You are immersed in the healing substance and Spirit of God always. Wherever you are, God is, and your prayer can be heard around the world. You are both a sending and receiving station for the Divine. You, therefore, can give and receive unlimited good when you are air-minded and believe in the power of prayer.

... to Christians whose deeds
are the rays of sunshine

KEDOSHIM—

Righteous Christians

Ida M. Barkan

IF SOME time in the near future revised editions of our dictionary include the word *Kedoshim*, we will find its derivation is from the Hebrew word *kadosh*, meaning holy or righteous. A common connotation of the word at that time will probably be its reference to the righteous Christians who, during the dark days of anti-semitic rule risked their own safety and lives by saving untold numbers of Jews.

Every now and then, an item in a newspaper tells of a European coming to the United States as the guest of an individual or a group of people who owe their lives to him. When financial help is needed by this benefactor of over a quarter of a century ago, the recipients of his selflessness are only too eager to extend such help. The span of years cannot dim the sense of appreciation.

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Six million were lost, but thousands owe their lives to the efforts of Christians, neighbors and friends and sometimes only strangers, who at the time of their action had no thought of reward. Great attempts are constantly being made by grateful individuals and by groups to single out these people, and recognition comes to them in various ways.

RECENTLY in London two spinster sisters were given recognition for their efforts. Under the guise of opera lovers, traveling from London to Germany to hear the operas, they helped twenty-six Germans to escape from the Nazis.

During the Nazi occupation of France, more than four hundred Jews were able to escape before being deported to concentration camps through official papers supplied by a

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clerk in the Limoges municipal office. Placing herself in even further danger, it has been revealed, she concealed many Jews in her home.

A Catholic buggy-maker in Poland hid and saved thirty-two Jews. One of the women so concealed gave birth to a baby. Today, the buggy-maker lives in Buenos Aires, but he and his family will soon come to the United States because of the successful efforts to obtain permanent visas for them by some of the people he saved years ago.

IN THE Holy Land, in the city of Jerusalem, there is an Avenue of Righteous Gentiles. Three trees were planted in this Avenue to honor the heads of an organization which rescued Jews in Holland.

A medallion was recently created on which is inscribed: "Appreciation of the Jewish People." These medallions are awarded to Christians whose deeds are the rays of sunshine that filtered through the dark days of sorrow and martyrdom. The recipients of these medallions are called Kedoshim.

Script

There would be no music without resistant strings,
motion through obstacles,
heaving branches blowing upward.

Rapturing the lark descends.

He who knows the secret of motion knows all,
as he who knows the secret of rest.

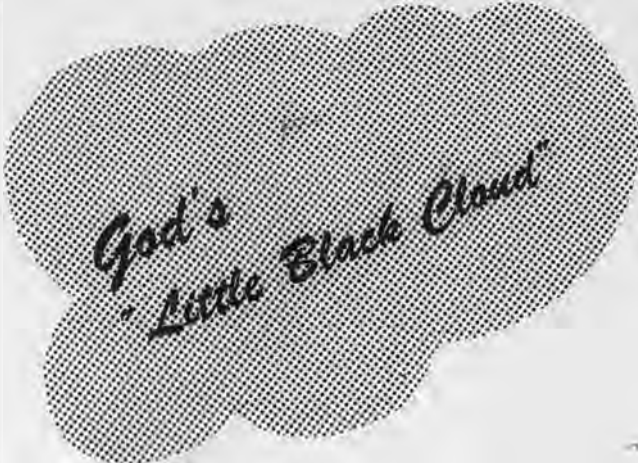
The primer of space is written by the wind;
monotony is written by man.

It is a beautiful book, this writing in the sky,
written in dimensions of sound and mind,
as pure as purpose!

Man, with his parturition of parts, knots himself.

Life is a seamless robe, partitioned with mystery,
but with a mystery that can be understood,
in patterns of shadows and patterns of light!

— Rose Noller



God's "Little Black Cloud"

Dan Harman

SCRUBBED!" that's the word they used at Cape Kennedy. It meant that the GT-5, eight-day orbiting was called off for the time being.

There were several reasons for it; in fact, days before the launch date, there were hints of mechanical troubles of all sorts. But things ironed out fine and the day came. A wait developed and then the count-down reached ten minutes. Almost time for the blast-off.

Then things got dark — literally. A little black cloud started forming just over the launch platform. Man had conquered everything except the weather. But that has been the history of man's efforts since

time began. The flood in Noah's time. Shipwrecks and storms in Jonah's time, in Jesus' time, and in Paul's travels. The wreck of the Spanish Armada and now the very vital matter of launching space crafts — all at the mercy of the weather.

But the description given us about the postponing of the launch the other day was that a "little black cloud" came over the space craft area.

NOT to stretch the matter, but aren't there dozens of times in your life and mine when God's "little black cloud" appears and makes us postpone the things we've set our hearts on? The young experience it in

matters of love and romance. Things go well, then Dad is transferred to a distant city and a budding romance is nipped. We wouldn't want to "blame" this on God, but there are many people who will testify to God's guidance in such things.

The girl we "almost married" is replaced by the very best girl ever created, and as the years go by, we wouldn't have had it any other way.

The home we couldn't buy, or changes in our economic picture — how often such things work out to our advantage. God is not necessarily the mover of such things, but are we so blind we do not see how He brings blessing in all situations?

GOD'S "little black cloud" is a warning that there is danger involved in what we're doing and that He has some much better things for our future, if we'll "scrub" the present project and follow Him.

Think about it. Next time a black cloud appears on the horizon, don't attack it as a bad thing. It may be God's little black cloud of warning.

We can plan and work and scheme and finally gain control over all that man can know. But God's "clouds" cannot be controlled. And they usually are signs for us to slow down, remembering God knows best, even when we are so very intent on having our way.



God's Storehouse

Sun bursts upon the desert, spears of grass shoot up,
Flowers of varied hues begin to show.
A stretch of quiet sand stirs in the sun,
Then with a quivering slide, it humps, and lo
You watch a tortoise
Drawing its body from its winter bed,
The flowers provide this desert-dragon's breakfast.
Our God supplies each need, as ALL are fed.

— Katherine Bevis

SEVERAL years after Thackeray's death, when Boston publisher James T. Fields sat down to write his reminiscences of the great English novelist, his feelings got the best of him. A flood of tender memories tugged at his heartstrings and, as he recalled all the happy times they had had together, the very first words Mr. Fields put down were "Dear old Thackeray!"

How deeply the writer was loved by his friends! Thackeray was like an exuberant, high-spirited boy and Mr. Fields, like all his other acquaintances, fell a slave to the whims and capers of his rollicking good nature. However, the novelist's motto, "Never do today what can be put off till tomorrow," often got him into hot water with his publishers. Again and again, he would wait till the last minute to write the chapter for which thousands of magazine readers were waiting. The result was that printers were about driven frantic by his last-minute scrambles.

Thackeray once invited a large company to dinner. They were told to meet at a certain hotel where the writer said he would join them at six o'clock sharp. When the time came, the guests were all there, but their host hadn't shown up. As the crowd were all strangers to each other, an awkward and embarrassing silence prevailed.

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There it was, unmistakable, lifted up against the crystalline sky.

"Dear Old

Thackeray"

Vincent Edwards

HALF AN HOUR passed — no Thackeray. Another half-hour slipped by; still, no Thackeray. The hotel manager, the head chef and the waiters rushed in and out, crying for the host. A hungry fat man in a whisper loud enough for everybody to hear, commented that the dinner had been spoiled twenty minutes ago.

Then a merry shout was heard. It was Thackeray! He bounded in, still dressed in his morning clothes and with ink stains all over his fingers. Clapping his hands and pirouetting upon one foot, he gleefully cried, "The last page of *The*

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Virginians has just gone to the printer!" His delight over finishing the novel was so great that the guests forgot their annoyance and turned in and made merry with him.

Like Dickens, the creator of *Henry Esmond* wrote nearly all his novels in monthly installments for magazines. He once confessed to Mr. Fields that, when he began a novel, he seldom knew how many persons were to figure in it, and he hadn't the slightest idea as to whether his characters would turn out good or bad. If he had been dining late and did not feel in a pleasant humor the next morning, he was inclined to make his characters villainously wicked. But if he rose serene and with an unclouded brain, there would be no end to the lovely actions he would make his men and women perform.

Once, Mr. Fields was led by Thackeray on a tour of all the houses in London where his novels had been written. The publisher never forgot that outing. When they came to a house in Young Street, Kensington, the writer spoke up in a make-believe, very solemn voice, "Down on your knees, my friend, for here *Vanity Fair* was penned! And I will go down with you, for I have a high opinion of that little production myself."

THACKERAY made his first visit to America during the

winter of 1852. One day, when the snow lay deep on the ground, Mr. Fields saw him plowing his way down Beacon Street in Boston, with a copy of *Henry Esmond* (the English edition had just been issued) under his arm.

Seeing his friend some way off, Thackeray held aloft the book and began to shout in great glee. When Mr. Fields came up, he cried, "Here is the very best I can do. I am carrying it to Prescott as a reward for having given me my first dinner in America. I stand by this book, and am willing to leave it, when I go, as my card."

When Thackeray came to America on his second and last visit, his object, as he put it, was to "lay up a pot of money" for his two daughters through a lecture tour. He was in a fair way of securing it when one evening he picked up a newspaper in which a steamer was advertised to sail the next morning for England. A wave of homesickness swept over him.

Without saying good-bye to anyone and with half his lecture engagements unfulfilled, he was gone. The first word Mr. Fields had of his sailing was the card Thackeray had hastily scribbled and left behind: "Good-bye, Fields; good-bye, Mrs. Fields; God bless everybody, says W.M.T."

Thackeray's fun-loving nature was known to all his friends, but they rarely caught

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a glimpse of his intense spiritual side. One person who did was the Scottish writer, Dr. John Brown, the author of *Rab and His Friends*. Dr. Brown never forgot what happened when the famous novelist came on a visit to Edinburgh, and he put the incident down in his own words:

ONE SUNDAY evening in December, Thackeray was walking with two friends along the Dean Road, to the west of Edinburgh. It was a lovely evening; such a sunset as one never forgets; a rich dark bar of cloud hovered over the sun, going down behind the Highland hills, lying bathed in amethystine bloom; between this cloud and the hills there was a narrow slip of the pure ether, of a tender, cowslip color, lucid, and as if it were the very

body of heaven in its clearness; every object standing out as if etched upon the sky.

"The northwest end of Corstorphine Hill, with its trees and rocks, lay in the heart of this pure radiance; and there a wooden crane, used in the granary below, was so placed as to assume the figure of a cross. There it was, unmistakable, lifted up against the crystalline sky. All three gazed at it silently. As they gazed Thackeray gave utterance in a tremulous, gentle, and rapid voice to what all were feeling, in the word 'Calvary'! All that evening he was very gentle and serious, speaking, as he seldom did, of divine things — of death, of sin, of eternity, of salvation, expressing his simple faith in God and in his Saviour."

HEALING

Dear Lord, I dared not pray so very much,
Because I could not bear to have you touch
The quick and sensitive fiber of my soul
Wrapped snugly up in righteous self-control.

But now, O Lord, since Love has torn apart
Those self-made bandages, my bleeding heart
With tears of tenderness is healed and blessed,
My great unworthiness has been confessed.

Bess Foster Smith

Quiet the mind, and tune into Him.

CAST YOUR BREAD

UPON THE WATERS

Margaret Stephens

DOWN on the shore of our quiet little harbor, the incoming tide brings in tiny little fish. My cat will sit down on the beach, at the edge of the water, watching these little minnows swimming back and forth and just slightly disturbing the water. The cat wants to catch them, but the idea of using bait to lure them in is out of the realm of cat-thinking. She reaches in, gets a wet paw, but no fish. Cats have great patience so she will sit by the hour and keep trying.

She has the desire. She makes the effort, and she has the patience sometimes needed when we wish to bring about a manifestation of our desires; but where does it get her?

When children come to visit us, they throw bread crumbs in the water and watch the fish nibble at them. The fish could be caught easily in a net, if the children so desired. The children know they must use something as bait, such as bread, in order to attract the fish.

WE CAN make an allegory or parable out of this. We are told to "*cast thy bread upon the waters*" and if we do so, it will come back to us multiplied.

The bait (bread) attracts the fish (ideas). So we cast our bread (gift, tithe, good deed, loving thought or prayer) upon the water of eternal life and we catch a fish — a God-given idea.

Now, to go back to the fisherman, who cast his bait, lowered his nets and caught fish. The fish removed from the hook or net has to be "accepted" by the fisherman. If he does not follow through after catching the fish, they are useless and wasted. He has gone out with the expectation of catching the fish so that he may put them to use.

After he accepts the fish, he has to work them over. Some are too small, some useless and must be discarded. The fisherman must know which is for his use and which to discard. We must know which thought ideas are given us by the Father, and which are useless, transient ideas.

OUR fisherman has "accepted" and culled; however, he still has work to do. He must prepare the fish — clean, scale, and trim them. We must accept and work over the idea that has been given us by God. The fish are cleaned and scaled and ready for use. Now comes the cooking and eating; the complete acceptance and proper use of the original fish.

To elaborate upon the symbology, after we have good thoughts, have prayed and done our good deeds, we must have patience and be very still — so still that we know God. Then when God, in the silence, lets us in on His secrets, we must have patience and dis-

cernment to know which part of His secret we are to use in order to bring about the particular manifestation we desire. Having culled out this idea and knowing it is right, we must then work over it and let it work for us.

When we look for the answer to the promise regarding the command to "*cast thy bread upon the waters*", we have to realize that truly to cast, we must do so with the knowledge that we are casting in God's waters of life. But, after casting, it is up to us to accept and use the fish our bait has been cast for.

WE MAY have been casting for a large sum of money — and if we have cast with true faith, we shall receive that money. However, it is up to us to recognize it when we first receive it. Faith is the *substance* of things hoped for. We have to go to Him so He may bless us with the proper ingredients for us to use to bring our dream into fulfillment. Unless we accept this gift with a spirit of thankfulness and use it, we are not letting God manifest the good He has already given us.

The artist who makes rough sketches of ideas as he receives them, has caught his fish. But it will not bring him real satisfaction, nor do the world appreciable good, unless he works over the sketches to find out which are good and should be developed.

THE author receives ideas, but unless he gets them down on paper, works them into usable form and submits them to a publisher, they are useless.

The researcher, manufacturer, architect, and the designer — each has to accept and use his ideas to get the desired results.

The housewife who gets up in the morning will not accomplish anything as long as she spends her time worrying about what to do first. God has given her the day, and the knowledge of how to use her time, if she

will quiet her mind and tune in to Him. A few minutes of silent prayer will be her way of casting in her waters for the right idea, a work schedule. After that, all she has to do is to start working according to her planned schedule and wonders will happen, because God is working through her to make her day an easy and worthwhile one.

If we wish to accomplish anything, there is a good or God-way to do it. Cast, accept, meditate as to the true good in our catch — then work on it and use it!



One of the greatest enemies in the world of both man and nature, is stagnation.

Swift running streams purify themselves; no rubbish or refuse remains in the rushing currents of great rivers which hurry along on their courses to the sea. Stagnant pools develop thick evil smelling scums which breed mosquitoes, pestilence and disease.

Let us take heed of this lesson. Let our individual lives be like the swift-running stream; let our lives be fed from the eternal springs of learning. Create new ideas, new dreams, new hopes. Turn these ideas into actions and keep them moving into our every activity and every phase of our lives.

The man who is ever learning something new and applying that knowledge to the betterment of himself, his work and his fellowmen, will never find time for the evils which thrive among idle and indolent men. He will be a leader of men. A nation built of such men will be a leader of nations.

— from *Cheer*



THE quantity of hours we are given to live is not as important as the quality of these hours.

Our hours are filled with quality when they include communion with the Giver and service to those in need of spiritual and physical help. The Determiner of our hours tells us in His Word: "*Ye have not chosen me, but I have chosen you, and ordained you, that ye go and bring forth fruit, and that your fruit should remain . . . these things I command you, that ye love one another.*" (John 15:16-17).

Do we fear that we do not have enough time in life to enjoy everything we would like to? Have we become so absorbed with the ticks of the timepiece that we forget whose

Hand fashioned the mainspring in our life's clock? If we place our hours in the Hands of 'He Determiner, there shall be no end to the benefits we receive, whether our life's hours be many or few. For time spent with God is never wasted.

JESUS knew the need of drawing away from the crowds and from His disciples to commune with the Father, to pray in solitude — and these moments alone with God became peak experiences in His life. From them He emerged with greater strength and power to do His Father's will. If this be true of the Son of God, how much more true is it of us — that we realize there is time enough in the life span of everyone to act within or outside God's will.

Taking time to listen to God is an integral part of our prayer life. We talk to God and seek His will by listening to His answer. Too many times we hurriedly tell God our desires of the moment, then turn away to the material things at hand, never giving God a chance to speak to us.

THIS hour is the most important hour in your life — the only hour of its kind that you will ever live. Give it a royal reception for your efforts, your

deeds, your words. Even your thoughts in this hour will count for more just now than all your careful plans for the rest of the hours you may live. The quality of this hour is more important than the quantity of hours left for you to live.

The present hour means opportunity, dedication and thoughtfulness in building influences, in a practical demonstration of Christian values. Do well what is before you, for the hours we live are not measured in quantity but in quality.



A century ago men were following with bated breath the march of Napoleon, and waiting with feverish impatience for news of the wars. And all the while, in their own homes, babies were being born.

But who could think about babies? Everybody was thinking about battles.

In one year, midway between Trafalgar and Waterloo, there stole into the world a host of heroes. Gladstone was born in Liverpool, Tennyson at the Somersby Rectory, and Oliver Wendell Holmes in Massachusetts; and the very same day of that same year Charles Darwin made his debut at Shrewsbury, and Abraham Lincoln drew his first breath in old Kentucky. Music was enriched by the advent of Felix Mendelssohn at Hamburg.

But nobody thought of babies; everybody was thinking of battles. Yet which of the battles of 1809 mattered more than the babies of 1809? We fancy that God can only manage His world with big battalions, when all the while He is doing it by beautiful babies. When a wrong wants righting, or a truth wants preaching, or a continent wants opening, God sends a baby into the world to do it.

— from *Cheer*

God Speaks to Me

Catherine Mann



THERE are times in the lives of all of us when the Higher Mind, which functions above our conscious intellect, speaks to men and women. I do not know your experiences in this way, although I am sure you have them, but I know mine.

Sometimes He speaks to me at moments when I least expect to hear Him. It could be in the midst of a pushing crowd or walking in the woods with the gentle swish of brown pine needles the only sound under my feet. Or standing under wide, limb-reaching arms, peering up at openings of blue sky through green leaves. It could be looking up at the stars on a full-moon night and feeling the infinity of God's space world. Yes, His words reach me in strange and surprising places and they come in different guises.

OFTEN I hear Him through the voice of another person,

particularly a very close friend. Somehow what the friend says strikes me with such impact and meaning that I know it is God speaking to me through the friend.

Once a very dear friend said, "Better go ahead and enroll in that correspondence course in writing. It's what you need." This ended my uncertainty, for I felt through her God was counseling me.

One reason His speaking reaches me so forcibly is the variety of ways He makes it known to me. If it were always in the same manner, I might not catch the full impact of the message.

There are times when He communicates with me by the "still, small Voice" deep inside. Some call this the subconscious mind; others call it conscience. But whatever the name or from whatever source it comes, I know, distinctly and without doubt, it is God contacting me.

As a writer, I am constantly in search of ideas and whether God puts them into the subconscious, where they pop up at unexpected times, or whether He utters them right at the moment, I do not know. My most creative ideas come from God's direct suggestions. The suddenness of it may bring me up short when this is my first meeting with the new idea.

GOD speaks to me through the printed word. He understands how much I love words! My beloved medium of fulfillment. Reading others' words, thrilling to a new concept or meaning, lighting up my mind, enlarging my thought world!

Especially through His printed word does He speak to me. *"Why are ye fearful, oh ye of little faith . . . With God all things are possible . . . Peace be still . . . Be not afraid . . . Consider the lilies how they grow . . . Solomon in all his glory was not arrayed like one of these . . . As many as believed to them gave He power to become . . . As thou hast believed, so be it done unto thee . . . It is your Father's good pleasure to give you the kingdom"* and many, many other passages at different readings spark into living meaning. They stand out with far more brilliance than a neon sign, glowing before me, lighting up my spirit with a magnificence unequalled. With great

clarity of mind I can feel the beat of response in my heart.

In my pursuit of the "how" of writing, learning to more effectively bring out the thought, feeling, experiences through the magic of written words, which I humbly and thankfully use as tools, I ask God to teach me, guide me, how to write. The response in learning has been breath-taking and exciting. At different times, various points in the technique of writing come to me very suddenly. I call these illuminations.

REGARDLESS of what medium God uses to speak to me, I have found that the character of the message is the same — short, to the point, never any doubt about understanding it. The words are brief, the meaning clear and easily remembered. It is so plain that the message alerts me instantly to catch its full impact. It is so simple and concise. I can easily repeat it until it is recorded in my memory. This I do, fixing it in mind until I am sure not a word will be changed or escape me. Then I write it on some kind of pad, kept at hand.

I am always amazed when God chooses me to receive His wonderful words. How blessed to know that He is this interested in my affairs. Once in one of the messages He called me daughter. I was moved to greater belief and effort by the loving term.

Many times I wonder how I can create a more receptive climate for His words. Is there any way I can tune up my spirit-receiving set to a higher wave length to hear Him more often? It is true I pray in the most communicative way I know. I seldom worry, but there are times when anxiety presses me. I try to put this away as I listen for His voice, and wait calmly for His answer.

At night, after I have made my last prayer of the day, I try to clear my mind, to shut out my earth world and its activities, which crowd my thinking. I picture the word, "God". Waiting. I listen, wondering if now is His chosen time. Sometimes He speaks, many times not, but who knows when those times will be? So I must be ready. I must invite Him by the proper conditioning, as far as I know. If He chooses some other time, then I will grasp His words at whatever time or under whatever circumstances.

I CANNOT report a dramatic time when God spoke to me warning of danger, as some of His children state He has done for them. There has been no such emergency. But I do not doubt that if I needed instant direction He would give it.

THERE was an instance once when my whole way of living was threatened and it seemed I could not continue. This happened so suddenly that I went into a room alone, closed the door and sank down in a big chair, groping, insecure, in shock, unable to think of a way out.

Suddenly there was a Presence. Although the lights were on and my eyes wide open, I could not see it, yet I recognized it with as sure a knowledge as I have ever had. I could sense its comforting nearness and feel its loving benediction. Then the Voice spoke — not out of the Presence, but inside me. "Don't worry, everything will be all right." And it was.

WHENEVER He speaks to me, I am filled with indescribable radiance and great joy. In this sharp moment of awareness I know truth, even though it be only a fragment. It is mine forever to keep, to treasure, to follow, to give out. In the reality of my being I know, *This is the way, walk ye in it.*

Nor will things ever be the same as they were before; for I am in a new dimension. I have taken a giant step forward in living, learning, growth and creativity.



BEYOND

This Life -

*"Our little life is but a gust
That bends the branches of thy tree."*

— Longfellow

Ona Lacy Hunter

TO A deeply endowed mystic, death is simply a passing from one plane to another; a lifting of the psychic through the various degrees of evolution from the earth plane on toward the highest form of celestial adaptation. Through the ages, some great poets have been our truest mystics and seers. An "inner sight" allowed them to vision and understand phenomena ordinary mortals never perceive.

This faculty is especially significant when one of these mystical poets has written of the Spiritual Universe and of

Immortality. The worldly and materialistically minded have not the desire nor the faculty to understand the poets' prophetic meanings, nor the metaphysical truths presented. The *seen*, not the *unseen*, is all that causes any concern for many people.

IT WOULD seem the poet's spirit, in his silent hours of meditation, frequently crosses the borderland of higher vibrations and is moved to express ultimate truths in his verse. But anyone who has enjoyed even a moment of divine perception of Universal Power has

Daily Meditation

touched the edge of a higher vibration and had a glimpse of the Eternal.

As Lowell sat playing an organ, his music produced a mood that caused an inspired conception of his immortal poem, *The Vision of Sir Launfal*. "First guessed by faint auroral vista of his dream," he let his thoughts grow into a poem, revealing truths from the Infinite Realm where all great creations start.

WHO CAN doubt Wordsworth's mystical soul-awakening insight into the world of things Invisible before he wrote his marvelous poem, *Ode on Intimations of Immortality*? How reverent but satisfying are his answers to questions that often pervade thoughtful minds above the inevitables of our immortality. He believed the soul existed in another life form before its birth into a physical body form on earth.

Wordsworth speaks of birth as an awakening of the soul from a sleep of forgetfulness of all that had gone on before and that it left "trailing clouds of glory" to enter earth life. Yet, he does say that often in early childhood some children do show they still have traces of a consciousness of another existence. This consciousness fades away as they grow older. "Heaven", Wordsworth wrote, "lies about us in our infancy" and "be these dreams what

they may, they are yet the fountain light of all our days."

John Stuart Mills is credited as saying the reading of Wordsworth's poems saved his reason and restored its balance when other means failed.

CERTAIN of Longfellow's poems disclose his unshakable belief in life hereafter and in the visitations of spirit forms to those whom they have loved on earth. Some of his lyrics are so rhythmical and hauntingly beautiful they have led composers to set them to music. Spirit-minded lovers of his poetry will recall a poem with this beginning, "When the hours of days are numbered." It is sung as a hymn in many churches.

The tragic death of the poet's beloved wife, no doubt, brought him to think most profoundly about life hereafter. When the so-called death of a loved one comes to us, it often seems that the passing of the physical contact is the most utter loss. At the time, it is hard to realize a psychical transition through which each must pass is a part of the drama of life. Longfellow truly believed in survival on another plane of existence and it must have appeared very real to him.

Spiritually, he was at his best in his lyrical poems and some of his finest works are in longer, ballad forms. His *Psalm of Life* is a paean of his faith in immortality and it is exult-

ant, too, in inspiration for living a good life on earth. If you haven't read this poem lately, why not read it now and feel the spiritual uplift it will give you?

What a veritable triumph over the futility of death is recorded in his poem, *Inspira*. How true Longfellow is to our human living in his poem, *Resignation*, where he says, "There is no Death! What seems so is transition." Again, in *The Building of the Ship*, he said, "And in the wreck of noble lives, Something immortal still survives," for memory is part of immortality.

In another of his lovely poems, *Nature*, Longfellow described passing from this life to the next, and the soul's reception where it goes.

IF A POET achieves something above human comprehension, that is greatness, we say. Yet we need not depend on our poets to teach us belief in the hereafter. Once we break down the wall of ignorance, built up by our hates and fears, we, too, may have flashes of divine inspiration that bring illumination and understanding of life, the interlude on earth, before transition to a higher plane. Most of the unseen becomes the seen.


Along with many great poets, we must believe that love and tenderness do endure beyond this life and,

*"That the tidal wave of deeper souls,
Into our innermost being rolls
And lifts us unawares
Out of all meaner cares."*

— Longfellow in *Santa Filomena*

HOW LONG HAS IT BEEN SINCE YOU TOLD SOMEONE ELSE ABOUT MAYANRY?

The help you are receiving from the Mayan lessons may be the very solution your friend or neighbor is seeking for his problems and worries. A word from you can start him on the road to blessing that you have found. Blessings are to be shared — and surely the blessings of Mayanry should be heralded to all we know. Speak to someone today! Then share his joy at having found the Way to abundant living.



Mysteries

in Wady Qumran

Winnifred Churchill

ABOUT 150 B.C., a small company of men withdrew to a sparsely settled area near Bethlehem where they could be free to study and live simply and according to the Laws of Moses. In Wady Qumran, on the northwest end of the Sea of the Plains, later called the Dead Sea, they constructed a monastery of large square stones. The building was at least two stories high and 111 feet long by 90 feet wide, with a watch tower at each corner. On the second floor was the Scriptorium and ink from the inkwells, when tested, has proved to be the same as used in copying the Dead Sea Scrolls.

February-March 1966

"Holy Ones" they were called by outsiders, but the Essenes referred to themselves as Brothers. The older men were revered as Fathers or Prophets, and the young men were known as Sons or Sons of Prophets. They renounced marriage, so it was only through the admission of others who chose their life of austerity that depletion by death of the elders was offset — and yet their number grew. It is thought that at times there may have been as many as 400 Brothers living in the monastery.

THEY were a solitary Order who distinguished themselves by earnest desire for

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ideal purification rather than through any social doctrine. Through study of the Scriptures, their only guide being God and the Laws of Moses, they attained the joys of mystic asceticism. One who desired to become a member must first prove his worthiness during a period of probation — living in a small hut on the grounds of the monastery and daily joining the Fathers in study, contemplation and labor.

From a common storehouse into which the fruits of their labors were gathered, their needs were supplied. The Sabbath was strictly kept. Blasphemy against God or Moses was cause for immediate capital punishment. They taught that the soul is immortal; and, when death came, they rejoiced that they were delivered from all bondage and could mount upward to their rewards.

EACH shared in the work that made them self-sustaining. Before entering the dining hall at mealtime, they bathed and changed from their work clothes into white robes, for meals were like a sacrament, to be enjoyed quietly and reverently. Prayers were said before and after meals. When the meal and second prayer was finished, they again put on their work clothes and returned to their labor. It is believed that because of their simple vegetarian diet, and simple life, many attained great age.

Theirs was a gospel of peace and freedom; their lives a dedication to conformity with God's will. Wayfarers found refuge at their monastery, and needy children found a home within its walls, for their doors were open to all who came their way. Some of the Holy Ones went to live in the villages where it was their appointed work to care for strangers and supply food and clothing to the needy. They also supported the aged and infirm by working at some trade or agricultural pursuit.

The area of Wady Qumran shows evidence of cataclysmic upheavals. A short distance from the monastery ruins are bluffs of weird shapes and colors, pocked with large and small holes leading into caves. It was in these caves that the Dead Sea Scrolls were found. In another, tragedy was discovered — the skeletons of a man, woman and two children, who were living there during the Roman invasion of 70 A.D., it is believed. Their cave was well furnished for comfortable living, but apparently they did not dare venture outside for food when their supply was depleted, and so they perished.

ONE of the mysteries of Qumran was solved about two years ago, when what might be called a worksheet was found. It shows a map of a series of cliffs across a camel trail from the monastery and

another cliff area about a mile beyond. Between these two ranges was a fertile garden spot where the Brothers grew all sorts of vegetables and fruit. Also, two pipelines from springs were traced to the monastery — one, it is thought, from a hot spring and the other from one of cold water. On the rock wall along the trail are messages carved into the wall, some of which have not yet been deciphered.

Legends are told about John the Baptist being brought up in this monastery. His mother, Elizabeth, must have taken her little son into hiding to escape Herod's slaughter of the innocents, and the Scriptures tell us that John was brought up in the wilderness (Luke 1:80). It must be that Elizabeth and her baby were able to find refuge or they would have fallen prey to the wild dogs and jackals and other hazards present in the desert. Also, legend has it that Elizabeth died forty days after leaving her home — you remember that she was "well stricken in years" when her baby was born. If such is true, who took care of the baby in

his early years? Could it be that the kind Brothers of Qumran raised John to maturity?

BETHLEHEM is less than 15 miles from Qumran. Could it be that Jesus spent those "hidden years" at Qumran? Dr. Christian D. Ginsberg, in his "The Essenes, their History and Doctrine" — London, 1864, says: "Jesus, who in all things conformed to the Jewish law and who was Holy, harmless, undefiled and separate from sinners, would therefore naturally associate Himself with that order of Judaism which was most congenial to His Holy Nature. Moreover, the fact that Christ, with one exception, was not heard of in public until His thirtieth year, implies that He lived in seclusion with this Fraternity (the Essenes) and that, though He frequently rebuked the Scribes, Pharisees and Sadducees, He never denounced the Essenes, strongly confirms this decision."

Will archaeologists in their continuing search among the caves find the answers to these mysteries that have puzzled scholars through the ages? Perhaps in our time?

Attach thyself to truth; defend justice; rejoice in the beautiful. That which comes to thee with time, time will take away; that which is eternal will remain in thy heart.

—Tegner

Psalm Prayers

Expectation *Psalm 62:5*

As quietly now I wait to hear
God's guiding word, to inwardly feel
True inspiration, the message comes clear:
"There is nothing too great for My power to master,
Nothing too small for My love to heal."

B. L. Wolfe

Fulfillment

Psalm 42:2

I thirst for God, the living God, who guides
My spirit toward eternity; who feeds
My soul with wholeness and my heart with love;
Who lights my mind with wisdom from above —
And then who graciously provides
For simple daily needs.

Psalm 103:2,3

Forgiveness

Yesterday is gone, its errors wiped away.
Fresh from the hand of God, I start anew today.
As now I am forgiven, so, freely I forgive.
Great is our Father's love: In Him we live.

Courage

Psalm 27:14

I can have courage, for I know that God is here.
I can be strong because I know He strengthens me.
I can wait joyfully to see my good appear.
With God, I face the future fearlessly!

Guidance

Psalm 119:18

Open now my eyes, O Father,
Let Your wisdom light my way.
Show me how to live more truly
By Your Word today.
As Your law of love upholds me,
Surely I will learn to be
Ever open to Your guidance,
Poised in quiet expectation,
Grateful for the wondrous blessings
That You have in store for me!

Psalm 145:18

Confidence

More precious than the gift of things
Is the knowing: God is here!
I can feel the Spirit's sheltering wings
As I place myself and my affairs
In the hands of Him Who knows, and cares,
And Who loves away my fear.

Satisfaction

Psalm 107:9

"He satisfies the longing soul!"
On this my hungry heart shall feed
This knowing that His goodness fills
My emptiness and need.
For surely as the tides flow in from sea,
In God's good time my own shall come to me.



Pray it Away



Ruth Pierce

WHEN I was a little girl, I delighted in summer visits with my grandmother on her Georgia farm. But one year as I entered my teens, my visit extended into the school year and my delight turned to misery. To vent the misery, I complained about everything.

Grandmother always listened to my complaints without comment, but one morning when I let loose a tirade of dissatisfaction, she abandoned her usual restraint.

"Instead of complaining all the time," she said, "why don't you pray? Pray your complaints away."

"Grandmother," I pleaded.

"No, I mean it," my grandmother said. "Pray it all away. Stop complaining and pray. Pray that you can go home or be contented here."

GRANDMOTHER must have already been praying

to that effect, for that very night my parents telephoned the news that we were to be reunited. I had few complaints after that. Not until I was a young wife with two very small children and a Cocker puppy did I need my grandmother's advice acutely enough to remember it, or put it to use.

That happened when my husband's job enforced a six-month separation of our family, and we decided it would be more practical for the children and me to live in an apartment during his absence than to occupy the house we'd been renting. After my husband left town, I discovered our practicality had drawbacks. One of the worst was that we no longer had a safely fenced yard in which the children could play and the dog exercise. When Rebel wanted out, I had to walk him on a leash.

It was he, in fact, who

sparked my loudest complaint. In his zest to protect us, having appointed himself our guardian when my husband went away, he began to growl at the rustle of a breeze against a drapery, or the shadow of a speck of dust beneath the apartment door.

I had always been slightly uneasy when night came. Now, Rebel's watchfulness became my undoing. By time for his last excursion each night, I was almost too terrified to open the door. The walks on the dimly lighted outskirts of the apartment building were so frightening to me that for hours afterwards I was too tense for sleep.

ONE night, I began to confess my fright in detail in a letter to my husband. As I wrote, the memory of my grandmother's voice came to me suddenly. "Instead of complaining," I seemed to hear her say, "why don't you pray? Pray your fear away."

On impulse, I tore up the half-finished letter and began to try to pray my fear away.

First, I prayed that God would protect our small family from danger and my fear of it. Later, as I walked out with Rebel, I prayed again. On previous nights, for comfort I'd gripped the handstrap on Rebel's leash as hard as I could. That night, I held the lead lightly and prayed.

Within a very few nights, I had developed a regimen that

eased my fear. Immediately after my babies had been put to bed, I sat down with my Bible, seeking and finding passages in which I seemed to find my own fear mirrored and comforted. Psalms 28 and 91 were among the many I found helpful.

Afterwards, freed from much of the nervousness that had previously hampered my evenings, I was able to catch up with the household tasks that couldn't be accomplished while the children were awake. Finished, I turned to the letter-writing, handwork, and reading that provided my recreation.

ALWAYS before time to walk Rebel, I prayed again. Sometimes I read from a book of prayers I had acquired. Then, as we walked, I made a concentrated effort to remember either the exact words of a prayer I had read or a Bible verse I found sustaining.

As I let myself back into the apartment after Rebel's walk one night and prepared to say my usual thanksgiving for my safe return from the excursion, the words I'd planned to say seemed insufficient. For I realized the walk had been far more than a "safe excursion". I had felt no fear at all as I left the apartment. I remembered. In fact, I'd set forth for the walk eagerly.

It was Fall. The apartment was stuffy from central heating, and I'd looked forward to

a brisk walk in the fresh air. But once outside, the walk hadn't been brisk at all. I'd strolled, enjoying the sound of the crisp leaves beneath my feet, and the scent of wood smoke that came from a row of houses that bordered the apartment grounds.

Rebel became so impatient with my sauntering steps that, in pity for him and selfishness to prolong my enjoyment, I had dared to unclasp his leash and let him run free. He'd bounded ahead while I lingered counting stars, courting the slightly pleasant chill I felt between my shoulders.

NO WONDER the prayer I had intended to say seemed scanty as the full significance of the walk emerged in my mind. Freed from my fear of the dark for the first time in my life, I had seen and felt the full measure of the night God created.

I have since had many occasions to re-use and re-examine my grandmother's advice. There was one just the other day. In the night, our hot-water heater had burst, dampening the hall carpet and our family plans for a weekend vacation.

Frustration filled me as I telephoned a plumber, ordered a new heater, and cancelled our motel reservations. "Something

like this always happens when we get a little ahead." I grumbled childishly. As if to spite the house, I left the beds unmade, the dishes unwashed, and the living room untidied and sat brooding until I realized how foolish I was acting. When I did, I prayed.

WHEN I'd finished, I felt much better. As I began my household chores, I no longer rued the unexpected expense or the lost weekend. My world was suddenly too filled with other things that absorbed my attention.

As I waxed my kitchen floor, I played tag with a shaft of sunlight. While making the beds, I eavesdropped on the gossiping birds as they visited in the Mulberry tree outside the window. Dusting the living room furniture, I loitered, marveling at the grace with which a cat can occupy a hard, brick hearth.

But then, everything is marvelous after I have prayed away the fear that clouds my view of God and all His Glory. I'm sure my grandmother knew that when she told me to stop complaining and pray. For it is only when I do, that I fully comprehend the pettiness of the things I pray away, and the greatness of the gratitude and praise I want to give.



Altitude



little bird built her first nest and laid her first eggs. Then she started sitting on them. She had made a good nest on her first try, and she was no doubt looking forward with a thrill to hatching her first three baby birds. They did hatch in time. But, while she was off hunting food, a snake crawled up the short trunk of the tree and devoured the birds. The little bird had built her nest too low!

You may be perplexed right now as to why you are confronted with problems, failure, or with some affliction. It may be that you've not set your life and activities on the highest plane possible. Many people are living beneath their privileges as Christians. Through prayer, the study of God's Word, and meditation, we learn that our opportunities for deliverance, success and healing through Jesus Christ are limitless.

Don't limit your faith. Let it be completely released. There may be a few hindrances to this and some of which you do not realize until you ask God to provide you with the way of release. But faith released soars to the altitude where it touches Almighty God. When this occurs, God's powerful and miraculous hand of power descends to touch your life and body and elevate you upward into the more abundant life. Get more altitude for your faith! Allow it to go out, then upward into the Source of your sure deliverance.

Affirmation: I release my Faith to go higher, O Lord, into Thy realm and expect Thee to honor it as I honor Thee in releasing it.

— Mont Hurst

We Are Not Alone

Freda K. Routh

"There is a mystery in human hearts . . . And though we be encircled by a host . . . Of those who love us well and are beloved . . . To every one of us, from time to time . . . There comes a sense of utter loneliness . . . But those who walk with Him from day to day . . . Can never know a solitary way.

— Author Unknown



HOW many of us have not at some time in our lives been touched by the cold hand of loneliness, by the bleak feeling that we were cut off from the understanding love and companionship that seems so necessary to human happiness? Few, indeed!

A sense of isolation is not always brought on by one's being separated from other people. Some will tell us that the worst feelings of loneliness they have ever experienced occurred while they were surrounded by crowds of people. This shows that it is not proximity with others that feeds the human heart with its rightful nutriment, but a closeness to Spirit.

Someone has said that

"Loneliness is the worst disease known to man, and can, if indulged in, lead him into the most acute trouble and pain."

Those who are alone and have not learned how to be happy and content, may be led into unwise thoughts and actions in their search for companionship, consequently their lives are in constant turmoil.

AFTER her husband passed on, an acquaintance of mine who had taken some interest in the study of Truth almost wrecked the good marriage of her only child before she learned how to cope with personal loneliness. I asked her recently to tell me about it, and she said:

"I simply couldn't bear to stay in my home alone for any length of time right after my husband passed on. My daughter, Grace, her husband, Jim, and their little four-year-old girl lived two blocks down the street from me. I made a habit of going to their home as soon as I thought they were up in the morning. I would have breakfast with them and often

stay until noon. Then, I would go home, generally taking my granddaughter with me for company, to rush through the little housework I bothered with and get back to Grace's where I would remain until bedtime.

"This went on for six months before I was made to realize what I was doing to my own child. One morning I arrived at my daughter's home even earlier than was my custom. The windows in the house were up, and as I neared the front steps I heard my son-in-law's voice raised in anger. Automatically, I stopped.

"I can't help it if she is lonely,' Jim was almost shouting, 'she has no right to move in on us like this. I hardly get a minute alone with you. I can't discuss any of our personal affairs at all any more. Now, either she stays home where she belongs once in a while, or I'm getting out.'

BLINDED by tears I crept back home. As I sat sobbing in a big chair in the silence of my living room, I thought my heart would break. I felt completely and utterly alone, and terribly afraid. Then, because I seemed to have nowhere else to turn for comfort, I closed my eyes and prayed, 'O God, help me!'

"Immediately, my emotions began to quiet. I reached for my Bible that lay on a nearby table; and, as if the hand of God was guiding mine, I leafed

through it at random, turning to and reading these passages:

"I will not leave you desolate; I come unto you." (John 14:18) 'Peace I leave with you; my peace I give unto you; not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be fearful.' (John 14:27*)*

"You will forget your misery; you will remember it as waters that have passed away.

"And your life will be brighter than the noonday; its darkness will be like the morning.

"And you will have confidence, because there is hope; you will be protected and take your rest in safety." (Job 11:16-18)*

"The sudden peace that flooded my heart was almost unbelievable. With that last sentence from Job lingering in my mind, I sat looking around the room. My gaze went to a small bookshelf. On it was a stack of dusty Truth literature. I went over and picked up several of the periodicals and sat down to read them, looking up from their pages only when I heard my telephone ring. It was my daughter, asking why I hadn't come down that morning. With a joyful heart I cheerfully told her that I had many duties around the house that I had neglected too long and that I was now ready to start living my own life again.

"Mother!' Grace said, puzzled. 'Is anything wrong? You sound so different.'

** Revised Standard Version*

"'No, darling,' I assured her, 'nothing is wrong. Everything is all right again. I've found the best companion there is—God.'

"'Oh, Mother,' Grace said, half laughing, half crying, 'I knew you would. I knew you couldn't have forgotten all the things you taught me about God's being able to help us in any kind of trouble.'

FROM that day on, I rarely visited my daughter and her family unless I was invited, but that was quite often. My son-in-law, now comfortable and relaxed in my more poised and cheerful presence, often drops in to chat with me and has assured me that he is always happy to have me in their home. Friends, who I realized had been avoiding me because of my morbid attitude, also started visiting me again.

"Isn't it wonderful how, when we turn to God for comfort and companionship in the spiritual realm, 'all these things' are added to us on the material plane? Faithfully studying Truth and daily practicing the realization of God's omnipresence have brought me an increasing awareness that I am never really alone. Whatever my need, God not only fulfills that need, *God is the fulfillment* of that need. Whenever I feel the old sense of loneliness trying to claim my attention, I affirm: God is all things to all men; God is all things to me; He is my father,

mother, sister, brother, friend — yes, even my husband, *Thy Maker is thine husband.* (Isaiah 54:5) God is my strong protection, and the supply of all my material needs, and He loves me with a love more infinitely tender and true than that of which any human being is capable."


THERE are other wonderful experiences of how people have overcome loneliness by turning to God for company and companionship. An elderly mother who found it necessary to enter a home for the aged, told me that the sense of lonely exile experienced the first few days of her stay there was too agonizing for words. Then, turning to God for relief, she suddenly realized that she could think of her new home — where she was free of any responsibility for others — as a quiet sanctuary, as a place to do something she had always wished she had the time for, an extended study of the Bible and other religious works. Through her new realization, she has opened up for herself a whole new realm of thought and a beautiful new life in which all sense of loneliness has faded like mist before the morning sun.

Perhaps no one has ever believed himself to be more completely alone than did the great explorer Richard E. Byrd, author of the book *Alone*. Terribly ill, constantly fighting off

complete despair, he spent many, many months cut off from the rest of humanity, locked in the vast dark "refrigerator" called the Ross Ice Barrier, between Little America and the South Pole. Then, at his mind's and body's lowest ebb, in a moment when he was convinced that he had no chance of survival, he found that man is never alone. He wrote: "There is an Intelligence . . . and it is all pervading . . . Though I am cut off from human beings, I am not alone."

Perceiving these great truths, feeling the harmonizing presence of God, surely saved this great man's reason and gave him the ability to sleep and the strength to hold out until he was rescued and brought back to civilization with the valuable data he had set out to obtain.

TO COMPANION with God, to abide in a consciousness that holds steadfastly to the beautiful, the good, and the true is to live with peace and joy, is not only to welcome human love and friendship with more open arms but to bid them good-bye with the same unclinging poise. Yes, truly — *"Those who walk with Him from day to day . . . Can never know a solitary way."*



THE ONE

GOD IS ALL

in my soul,
in my mind,
in my body.

GOD IS ALL

in my home,
in my business,
in my recreation.

GOD IS ALL

love,
joy,
wisdom,
peace,
prosperity.

In every area
of my life and being
GOD IS, indeed,
ALL.

— E. S. Lamb

One Minute Meditation Lessons - Beginning the

DAILY GUIDE SECTION

Each moment of the day is a sparkling walk with God if we put our hands in His when our day breaks. Gone are the problems of yesterday, for we have given them to His keeping and solution. We remember with joy and praise only the great blessings that were given us, from which a brighter and better today has emerged as we opened our eyes. And tomorrow's outcome finds its roots in the soil we cultivate today. So it is Today we live, each of them one at a time, making them our best through God's loving guidance that leads us when we begin the day with Him. If you feel the special need

for united prayers, send your written request to the Mayan Chapel of Miracles and we will join with you each day when the Angelus Call sounds and sincere hearts around the world raise their petitions for the prayers on the altar. If at the end of thirty days you wish your prayer renewed, please let us know; or if your prayer is answered within that time, we shall appreciate hearing from you so it can be removed to make room for others. If you wish to include a love offering, you may do so.

Meditation Lesson

February 1, 1966

... new things do I declare.

Isaiah 42:9

ACTIVITY AND VITALITY do not decrease with the passing of the years. Life, with all its strength, is as new today as it was the first day of Divine Expression. It would be a strange Father who could sustain and maintain His children for a time and withdraw Himself later, leaving those children weak and incompetent. It is man, himself, who has planted within his subconscious the seed of belief in old age and weakness; and from this seed, has come the harvest of that experience, the appearance of old age. It is not sufficient that we give attention to the physical body alone in order to stay young. We must give attention to the mind as well. The one life that flows through each body is renewing and vitalizing that body and mind. Our abiding faith in this infinite power is itself our fountain of youth.

**AFFIRMATION: My Faith In The Life Force Keeps My Body
And Mind Young And Active.**

Meditation Lesson

February 2, 1966

Commit thy way unto the Lord.

Psalms 37:5

WHEN WE COMMIT our way unto Him, we must be at peace with all the world. As the world did not give us this Peace, the world cannot take it away. It is forever at the center of our being, awaiting our recognition, that we may enter into conscious union with it. We no longer need to search for Peace. We have but to seek Him at the center of our being. We need not seek to cultivate calmness; we need only to cultivate God. Spiritual poise is not a human achievement; it is a gift of God. When we have found this peace, outward condition can have no power to disturb us. Our days are filled with loving thoughts and deeds. Let us learn to speak the Word of Peace — learn to know that our Peace has power because it is the Peace of God within our own souls.

AFFIRMATION: I Live In The Peace Of God Within.

Meditation Lesson

February 3, 1966

Christ liveth in me.

Galatians 2:20

ONE OF THE MOST difficult things for many to understand is that there is one Life running through everything; one Presence manifest in everything; and one Person individualized through everyone. When we perceive the unity of all life, we see through all differences to one universal sameness; yet, unity does not mean uniformity. All are not alike, nor do they think or act alike; but to attain true harmony in the world, we must learn to act in unison. The Infinite One manifests in infinite variations. Each springs from the One Source, but each is distinct and separate in its own right. With true spiritual sight, our minds reach back through all the different variations to the universal One. Each being is in Him and He is in each being, for the Christ within each of us is the Christ within every other being.

AFFIRMATION: I Recognize The Christ Within Each One.

February-March 1966

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Meditation Lesson

February 4, 1966

For it is God which worketh in you. . .

Philippians 2:13

IT SEEMS STRANGE that so many times we put less trust in God than we do in men. We must know that the nature of God insures our having better treatment from Him than anything that man is capable of giving. God has given us the power to give to creative Mind the only intention that it has for us; and if we find ourselves in limited understanding and circumstances, it is but the result of our confused thinking. Through His wisdom we can make correct choices each day when we hold steadfast to the thought that Good is the only power. We know that both cause and effect are spiritual and that through our right ideas we enforce the Law of Mind. All that God is, all that He has, He has given to us, so within ourselves is the fullness of completion.

AFFIRMATION: God's Wisdom Inspires Me To Make The Right Choice At All Times.

Meditation Lesson

February 5, 1966

. . . before they call, I will answer.

Isaiah 65:24

SOME PEOPLE STILL BELIEVE that there are unanswered prayers. As Dr. Fox has said, "It would not, by any chance, happen under any circumstances, that any man or woman could pray for a single moment without some result for good following." Not for one moment has God ever let us down. Once our interest is centered in God, it is impossible to return to the narrow confines of separation from others. When our prayers are based on the cornerstone of Truth, nothing can prevail against them. The will of God for us is goodness and the perfect manifestation of life. As we work in line with the Eternal Principle, it delivers to us the desires of our hearts, and our souls are exalted through communion with the Living Life. There may be delayed answers to prayer, but always the prayer is answered when it is sincere prayer in faith believing.

AFFIRMATION: With Perfect Assurance, I Know My Prayers Are Answered.

Meditation Lesson

February 6, 1966

That have I given unto you.

Joshua 1:3

THIS PROMISE given to Joshua is our promise today. God has said, "I AM," and left it to us to fill in what we shall claim to be or to have. In the most trying experiences, we can still say, "God in the midst of me is my abundant supply." Instead of making our statements that the good is coming to us, let us know that it now is ours. All that we can desire, God has already given. The only delay is in our acceptance of the blessing. Each treatment for any desired good should be finished with the affirmation that "It is done." Our prayer is already answered; we acknowledge it and give thanks for it, even though it has not yet become manifest in our outer lives. We know in whom we have believed and we must cling steadfastly to the knowledge that God is all.

AFFIRMATION: I Am Bountifully Supplied From God's Abundance.

Meditation Lesson

February 7, 1966

And a man's foes shall be they of his own household.

Matthew 10:36

EVEN WITH A KNOWLEDGE of Truth, we may often find ourselves confronted by a problem that seems an obstacle or handicap. At such times, we may suffer from the fear of an imaginary evil. But let us stop and consider — for whom are we working and with what are we working? The Law which controls our lives cannot be influenced by conditions or environment or people. No other person's fear can disturb us, nor can our fears disturb them. We must come to know that we are forever surrounded by love because we possess the drawing power of Spirit, the greatest of all attractions; and it is love which can break down the bars of any destructive force. So, whenever an obstacle may seem to threaten our peace, let us know that the force of love within ourselves can overcome any obstacle.

AFFIRMATION: I Keep My Thought At Peace So Nothing Can Disturb Or Hinder Me.

Meditation Lesson

February 8, 1966

There is one body and one spirit.

Ephesians 4:4

BACK OF THE human body, like everything in creation, there is a creative idea. The Divine pattern for man's body is an eternal idea. This pattern cannot be "old," for it has always existed and will always exist. Since what we believe so we are, it follows that we need never have a decrepit body if we keep in mind and affirm the truth of the Divine idea. Our bodies are now objectifying the God-idea which is forever perfect. Therefore, God's idea of strength, energy and vitality is now expressing through our bodies as perfect health and we carry on the activities of the day with no sense of weariness or fatigue. Let us train our conscious minds to know and believe that only life and increasing life is forever flowing through us, renewing and revitalizing our very being.

AFFIRMATION: I Will Keep My Body Young And Strong Through The Strength Of The Spirit.

Meditation Lesson

February 9, 1966

... your heavenly Father will also forgive you. Matthew 6:14

MUCH IS SAID in the Bible about the "remission of sins." By this is meant freedom from all sense of condemnation, the release from fear and sense of punishment which fills the mind of so many people. No one can be fully forgiven as long as he holds within himself the fear of condemnation. In the mind of God, He sees all men as being without sin. The thought of sin is within our own minds and, therefore, we condemn ourselves and feel that we must wait until, through suffering, we may earn the right of God's forgiveness. We must free ourselves of the belief in condemnation and in its false consequence through a knowledge that every man is an incarnation of the Perfect God, and being such must manifest Perfect life. When we free ourselves, we are in a position to experience perfection in every manifestation.

AFFIRMATION: I Forgive Myself And Every Man.

Meditation Lesson**February 10, 1966****Walk in wisdom.****Colossians 4:5**

THE SCRIPTURES TELL us that true understanding comes from a spiritual perception of the Divine Unity back of all things. Knowledge is of the intellect, but wisdom and understanding are of the heart. With spiritual understanding, we discover the unity of good; that we are one in essence with the Spirit; that the unreal never has been and that the real never has ceased to be. With true understanding, we are able to penetrate everything which may seem opposed to good. Back of all appearances we perceive the One Cause, the One Presence and the One Purpose. Thus we consciously ally ourselves with this Divine Presence that runs through everything. We open the gates of our consciousness and, through recognition and acknowledgment, we permit the Spirit of Oneness to flow through us. We know in Truth there is one God, one Spiritual Man and one Eternal Life.

AFFIRMATION: I Look To The Spirit For Wisdom.

Meditation Lesson**February 11, 1966**

The hand of God is upon all them for good that seek Him.

Ezra 8:22

IT SEEMS BUT HUMAN that we think it is we, ourselves, who are taking care of our children or loved ones, rather than their own Divinity within them. By this thought, we deny that God is omnipresent and not for one moment can those loved ones find themselves where God is not. It is not that some law has been set aside when a loved one has been saved from what seems certain death. Instead, laws are continuously transcended in the same manner that iron, that once sank when placed in water, now floats, both in accordance with law. Each individual may choose for himself to be consciously directed by Divine Intelligence and It will not fail him. God is able and does care for our loved ones wherever they are. When we surrender them to this Divine Intelligence, we remove every fear and sense of uncertainty.

AFFIRMATION: I Know That God Takes Care Of My Loved Ones At All Times.

Meditation Lesson

February 12, 1966

LINCOLN'S BIRTHDAY

God is greater than man.

Job 33:12

IN THE LIVES of all great men, one quality above all others seems to stand out, and that is faith. All through the life of Abraham Lincoln, we find that sublime faith in the justice of the cause for which he worked and his faith in God as supreme over the power of men. He kept that faith bright through communion with the One upon whose strength he relied to bring freedom to those of His children who were in bondage. From that unwavering faith came the courage to stand firm in the face of almost overwhelming opposition; and because of his steadfastness, we are today a nation undivided and strong under one flag. It is well that we take time today to pay our tribute to this great man in whom was so perfectly exemplified that greatest of all qualities — faith.

AFFIRMATION: My Faith In God's Power Is Supreme.

Meditation Lesson

February 13, 1966

Now there are diversities of gifts.

I Corinthians 12:4

WITH TRUE SPIRITUAL understanding comes the knowledge that all things are made from one formless Substance. This invisible essence of everything is pure Spirit. "It is the Spirit that quickeneth." When we recognize the Spirit in anyone or anything, there is an equal reaction from the Spirit back to us, and we are made more alive through the divine influx which follows our recognition. As students of Truth, we must ever seek to see the Spirit in everything. Then is our own spirit quickened. In everything we contact, there is an inner Presence which will respond to us as a result of our recognition. Everything is alive and aware with this Presence and, in every experience of our lives, we contact this one Presence. Serenely, we can go forth to meet the Divine and to consciously live in His house forever.

AFFIRMATION: In Everything And Everyone I Seek To Discern The Spirit.

ST. VALENTINE'S DAY

Let brotherly love continue.

Hebrews 13:1

WHEN WE ALLOW anything but love to fill our being, it is because we take a superficial view of life. When we look deeply within, where we make universal contact with the God of Life, and when we really see that life is as dear to all others as it is to us, we find true peace and happiness. We but faintly perceive what our divine potentiality is, but we know there is an Infinite Good which is undifferentiated Substance available to all. In seeking a greater consciousness of this good, we learn to make allowances for others, as others must make allowances for us. Love is of God and through understanding we come to express it. We must constantly strive to uncover within ourselves greater depths of love and understanding so that we become broader channels of expression for that which is of God.

AFFIRMATION: Through Love, I Have Access To The Riches Of The Infinite.

Meditation Lesson

February 15, 1966

Pray to thy Father which is in secret.

Matthew 6:6

THESE WORDS OF JESUS mean that we should turn our consciousness of life within, turning away from the confusion that may surround us. Then, we are able to recognize ourselves as the God-self, for only by recognizing the life consciousness with us as God can we attain true spiritual understanding. Our inner self is the secret place of the Most High where we abide under the shadow of the Almighty. Here, in the secret place, our consciousness of unity does not change, for the life of the Christ is always the same. Here, in the secret place, we contact the Source of all power and know that this power is flowing through us, renewing both body and mind. Then, we can go forth to meet the experiences of the day, knowing that we have drawn to ourselves the knowledge and the wisdom of the Almighty.

AFFIRMATION: From The Secret Place I Come Forth Relaxed And Renewed.

Meditation Lesson

February 16, 1966

And whatsoever we ask, we receive of Him.

I John 3:22

THE EXPERIENCE of lack or limitation through which we sometimes pass may seem to us to be a fact, but limitation is never real in the sense of being an eternal verity. The hidden Cause within every visible effect is Spirit and it is forever operating for and through us. Reality is an Eternal Perfection and when we turn from the appearances we perceive the real. Then we are no longer concerned with the confusion of experience. We know that there is but One Source for all things and this Source is also centered in each being. Knowing that the Divine Wisdom within each one will project Itself into the form of our desires, we come directly to that Source for our supply. We make conscious contact with the Infinite and know that Reality prevails in and through all of our experiences so that there can be no lack of any good.

AFFIRMATION: I Accept God's Fullness Of Good.

Meditation Lesson

February 17, 1966

God sitteth upon the throne of his holiness.

Psalms 47:8

GOD'S THRONE IS His understanding of wholeness and perfection. We may share this throne of understanding since we are one with God. This oneness gives us a sense of stability, for God is always the same; so we should have no fear, for the changing expressions of our life are interesting. This is well, for no one would desire that all days should be the same. Today, we can accomplish the things we wish to express, for we know that we are at all times guided by our understanding of God. Our good is being constantly manifested in an ever-increasing realization of the stability of our lives. Sharing God's throne of understanding, we are able to sense a new feeling of this stability in all that we do. In this realization of confidence, we are daily renewed and strengthened.

AFFIRMATION: I Seek God's Understanding In All Ways.

Meditation Lesson

February 18, 1966

Peace be still.

Mark 4:39

IT WAS PHILLIPS BROOKS who said that "Peace is the entire harmony between the nature of anything and its circumference." House is a symbol of any of the bodies or habitations of the soul on any or all planes. In the Bible, we read of the House of Bondage and the House of Freedom. It is written that we must "come out of the house of bondage" and that we must be led by the Divine Spirit into our true home, which is heaven. Jesus has said, "In my Father's house are many mansions," many spiritual abiding places. What a joy it is that we are permitted to have our mental house at peace. We know that our true home is Heaven and that the Kingdom of Heaven is at hand. Today we may consciously move in and make our dwelling place in this House of Peace.

AFFIRMATION: I Will Keep Peace In My House.

Meditation Lesson

February 19, 1966

I press toward the mark.

Philippians 3:14

MANY TIMES, we fail to retain the thread of high purpose through each step of our daily life, so that the entire pattern of our lives becomes marred. When we fail to consciously work with our indwelling Power, we postpone the privilege of exercising dominion over our lives. If the attributes of Spirit direct our entire thoughts and deeds, we may become a power for the manifestation of God's good. Jesus said that we should go beyond even His own demonstration, for He said, "Greater works than these shall ye do." We must realize our strength and then use it; realize our love and then express it. We should strive always that our vision of tomorrow shall be an expansion of what it is today, with life forever appearing as an unfinished symphony. Being one with Infinite Mind, we are continuously unfolding and forever expressing the life of God.

AFFIRMATION: I Strive Each Day To Live With A High Purpose.

February-March 1966

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Meditation Lesson

February 20, 1966

... we are more than conquerors.

Romans 8:37

IN EZEKIEL, God has said, "Son of man, stand upon thy feet and I will speak unto thee." These words show that God does not desire us to become object, but to be responsive to Him, not merely submissive. When we stand on our feet and listen for His voice, our individuality becomes His instrument. While we do not look upon ourselves as finished products, still we should look upon ourselves as conquerors, each day rising a step higher in our unfoldment. We should ever be attentive to the still, small voice that our eyes may see and our ears may hear. Then, we will have surrendered to the divine purpose and neither sorrows nor failures can hurt us. We will realize that the glory of the Lord and His mighty power is within each of us and so declare, "I am more than conqueror through Him."

AFFIRMATION: Through The Christ Within I Am More Than A Conqueror.

Meditation Lesson

February 21, 1966

... my God shall supply all your need.

Philippians 4:19

POVERTY IS THE working out of mental error, the creation of untrue thought. The fruits, flowers, vegetables, which are provided so bountifully for the pleasure and sustenance of man, show forth the law of increase. All things that are planted are multiplied, just as our every thought which we send into the mental realm returns to us multiplied. Everywhere, nature gives forth riches and abundance. As both receiving and distributing centers of the Infinite Good, it is our privilege to give out freely and wisely. But good must be a part of our thought and made a part of our being before we can claim and use it. Then, we become channels through which good flows freely into the lives of others. When we give freely of ourselves, we set in motion the law of increase in our lives and clear the way for the Spirit to work through us.

AFFIRMATION: I Make Of Myself A Channel For The Law Of Increase To Operate.

Meditation Lesson

February 22, 1966

WASHINGTON'S BIRTHDAY

I have fought a good fight.

II Timothy 4:7

HOW APTLY these words of the Apostle were manifested in the life of George Washington. Regardless of cold and hunger, lack of clothing, the seeming weakness of his small army, this great man of destiny never faltered for one instant in his work to "press on toward the mark." In times like those, mere human strength is insufficient. Only the spiritual strength which comes from the faith and the courage to carry through the heritage of his destiny with God's help could have made possible the victory. Washington knew from whence must come the wisdom to guide those colonies along the pathway to a glorious nation. He drew that wisdom from his times of prayer, in which he opened up his soul so that the light of understanding and the power of right might use him as an instrument for a divine purpose.

AFFIRMATION: I Strive Daily To Press Toward The Goal.

Meditation Lesson

February 23, 1966

The Lord is nigh unto all them that call upon Him. Psalms 145:13

ALL OF US BELIEVE in Divine Guidance though we do not rely upon it at times. Many times, we forget its presence until the moment of great emergency is upon us. Then, we turn quickly to a High Power and throw ourselves upon Its direction. If we would only learn to always listen to and trust the "still small Voice" and follow its leaning, how much uncertainty and fear we would escape. No human counsel can compare with that which comes when we rely wholly upon the true Self, when we ask for guidance from the Divine presence and follow It without question. We can claim this Divine Guidance every hour and thus meet all responsibilities with courage and intelligence. There is no darkness in which His light does not shine and no knowledge that He does not possess. Let us trust ourselves fully to this Divine Guidance.

AFFIRMATION: I Claim Divine Guidance For Myself And Loved Ones.

Meditation Lesson

February 24, 1966

He sent His word and healed them.

Psalms 107:20

THERE IS A Healing Presence within each one, but the only way this Healing Presence can create for us is through the images of our thought, through the beliefs which we entertain. The time is coming when we shall be embarrassed to admit sickness or poverty, for we shall have learned that the false condition of body or affairs is but an effect, the visible evidence that we have held false ideas about being. If, in ignorance, we have believed that we are bound by external conditions, we need but to remember who we are and declare that we will this day move into our rightful inheritance, our legacy of health, abundance and harmony. Our companionship with the Great Physician within us is sufficient to heal any belief that we might experience, physical inharmony or limitation in our affairs.

AFFIRMATION: God Is My Physician And Fills My Being With Health And Strength.

Meditation Lesson

February 25, 1966

Father, I thank thee that thou hast heard me.

John 11:41

IT IS BY MEANS of prayer and meditation that we become attuned to the power and love of God. By these means, we put aside that which does not allow the free flow of the Power of God through us, because we establish the perfect faith that knows that God always hears the voice of His children. We learn to become of the radiance and the wholeness of Spirit and know that the Intelligence within us will always bring to pass that for which we pray when unhampered by thoughts of personal weakness. It is only when we cut ourselves off from the inflow of power through lack of faith, that we experience moments of separateness. When we recognize our complete unity with the Father in quiet confidence, we come to say, as did Jesus, "Father, I thank Thee that Thou hast heard me."

AFFIRMATION: I Know That My Prayers Are Always Answered.

Meditation Lesson

February 26, 1966

Blessed are they that keep his testimonies.

Psalms 119:2

WE HAVE BEEN taught to believe that "they that wait upon the Lord shall renew their strength." Now, we understand that we are keeping His testimonies and seeking Him with our whole heart when we affirm that the law of our life is a law of freedom. This Law, which is the very center of our being, is creative. When we become completely unified with the nature of God, it becomes possible for us to unconsciously express Goodness. To affirm the presence of His good is to use the law within ourselves for the creation of the good which we affirm. God is the Divine Urge within each one, compelling us to strive for greater understanding of our Creator. Insofar as our word is that of Truth, our word becomes His word. The Spirit working through each one is the Presence of Peace and manifests joy in all that we do.

AFFIRMATION: I Seek To Know His Will And To Do It.

Meditation Lesson

February 27, 1966

Let that mind be in you, which was also in Christ Jesus.

Philippians 2:5

THE WORD, CHRIST, is an occult term meaning one's awareness of himself as a definite part of the Universal. Jesus referred to this when He said, "I and My Father are one." Since there is but one Mind, then our minds must be part of this one Mind; and since this one Mind is the only intelligence, within us we contact the Source of all knowledge. We can use this knowledge for guidance in whatever problems confront us. Every problem has a correct solution and, as we are one with all the Intelligence there is, we know this solution is now manifesting in and through us in the perfect action. The Christ Mind is sufficient to meet every need and this intelligence of the Christ Mind in each of us solves every problem before us, so there need never be any confusion or uncertainty.

AFFIRMATION: All Of My Activities Are Governed By The Christ Mind.

Meditation Lesson

February 28, 1966

Not as I will, but as thou wilt.

Matthew 26:39

SINCE GOD KNOWS only perfection, then we should know that His will can be only the best of everything for His children. When we experience inharmony, it is the result of our wrong thinking. Realizing this, we should then endeavor to align ourselves with the only reality, perfect harmony. When we see suffering and inharmony, we must realize that these conditions are not the result of the Father's will and should set to work to change them by speaking the word of truth. Then, we change our minds from apparent inharmony to peace, health and plenty, and these will become objectified in our lives and conditions. How grateful we should be for the knowledge that the Father, Creative Mind, wills only the good for all of His creatures. Let us never fear to pray, "Thy will be done," for "Thy will" is only the perfect will.

AFFIRMATION: With All Gladness, I Pray, "Thy Will Be Done."

Meditation Lesson

March 1, 1966

... but to the righteous good shall be repaid.

Proverbs 13:21

IF WE WOULD have good come to us we must exercise care that nothing but good goes from us. Before a workman is worthy of increase in pay, he must increase the quality of his workmanship. If we would have love extended to us, we must give more love. If we receive, we must give, for by giving we make ourselves open and receptive to more good. If we find, at times, that we seem to attract unwanted situations, our first step is to discover the reason. The reason is always within ourselves, for whatever comes to us is indicative of that which we send out. So, in order to receive the highest good, let us give the very best that is within us. When we have become a good giver, we must become a channel for good receiving. When we learn how to give, we learn how to receive.

AFFIRMATION: I Give And Receive Only That Which Is Good.

Meditation Lesson

March 2, 1966

Execute the judgment of truth and peace in your gates.

Zechariah 8:16

THE GATES HERE referred to represent the place in our consciousness where the Divine flows into the human. The light which the artists of old sometimes painted around people represents the lifting up of these gates. Illumination is a reality and is what Jesus meant when He said, "Let your light so shine before men that they may see your good works and glorify your Father which is in heaven." We today may lift up our consciousness, may open these gates and know that the King of Glory will come in. We can keep this inner light trimmed and burning so that the Christ, our true selves, will enter these gates. We will find a divine light radiating from everything. In this light which arises from the center of everything, there is no darkness and in this light we shall see only light.

AFFIRMATION: I Open The Gates Of My Consciousness To The Christ Light.

Meditation Lesson

March 3, 1966

There shall no evil befall thee.

Psalms 91:10

OUR ONLY PLACE of security from evil is under the shadow of God's love. We find this place by refusing to see evil, by looking for and finding only the good which is the Real. It is up to each individual whether he will live under the protection of God or be conscious of the negative side of life, the evil. Whenever there is the thought of the reality of evil in our minds, the unrealities of the world seem just as real as the true. When our eye becomes single to the truth, we are able to look beyond the false and unreal into the realm of Spirit, the real and lasting. With the coming of Truth, we discover our power to create only the good and that our thought is the foundation of everything that appears in our scope of experience. Then, we arrive at the place where no evil can befall us and we are secure.

AFFIRMATION: I Am Safe In The Reality Of God's Goodness.

February-March 1966

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Meditation Lesson

March 4, 1966

So God created man in His own image.

Genesis 1:27

THROUGH OUR IMAGING faculty, we have the power to behold our true selves and see ourselves as sons of God created in the image of the Father. This power of visualizing may be used constructively or destructively. We may picture failure and disease, or success and health. We may see ourselves as bound by race thought to weakness and poverty, or we may behold ourselves as we are in Truth, victors over every limitation. The eye of the mind, this visional sense, must be kept free from any cloud of error. The lens of the mind's eye must be kept clear as we would keep the lens of a field glass. To demonstrate perfection, we must think perfection and see perfection. We must keep the eye single to the truth of our own innate perfection as a child of the Father who is always perfect.

AFFIRMATION: I See Myself As The Image Of God, Whole And Perfect.

Meditation Lesson

March 5, 1966

A faithful man shall abound with blessings.

Proverbs 28:20

SOME PERSONS HAVE the erroneous idea that faith has to do only with one's religious experience. Faith is a faculty of the mind that finds the fullest expression in one's spiritual life; yet, it should be developed in all phases of man's experience. In order that conditions may change in our lives, it is necessary that we have faith in the Law of Mind. We must have faith in ourselves if we hope to achieve our desires. With Truth as a basis, we do not have a blind faith, but a faith founded upon a knowledge which comes from experience. We know that the Creator's attitude toward us is always beneficent. He can know us only as an integral part of His own perfection. Therefore, we may expect wholeness in our bodies, harmony in all our affairs. Then may we refuse to allow any suggestion of negative feeling to come to us from any source.

AFFIRMATION: I Perceive Wholeness And Harmony In My Body And Affairs.

Meditation Lesson

March 6, 1966

... for he is thy life.

Deuteronomy 30:20

KNOWING THE SOURCE of our life is God, we divest ourselves of the belief that life can diminish or become lost. The life of God, which is our life, never decreases or changes. It is deathless and eternal. To enjoy greater expansion of life, we must build into our consciousness the belief in the more abundant life. All thought of limitation, for either ourselves or others, must be erased from the mind. When we think of any person's failure to demonstrate the good, we turn the vision from abundance to failure. When one loses hold on life and allows his vision to be directed away from life, he makes a break between mind and body and the higher forces are shut off. In Truth, we give much thought to life and to the spiritualizing of the body, thus manifesting daily more and more of the Christ life.

AFFIRMATION: God In The Midst Of Me Is Eternal Life.

Meditation Lesson

March 7, 1966

Casting all your care upon Him.

I Peter 5:7

WE SOMETIMES FIND our mental burdens heavier and harder to carry than our physical burdens. The sad thing about this is that the things we carry about are imaginary ones and seldom come to pass. There is only one way in which we can become free from sorrow and anxiety and that is by breaking the habit of letting the mind run in those channels. Worry is a habit and it often becomes such a master that we worry over every situation that comes to hand. When we discipline our minds so that we give no thought to this habit of worry, we feel the peace and assurance of Spirit. With this peace established in our lives, we no longer feel inclined to fear things, people or conditions which once filled our minds with anxiety. As worry became a habit through negative thinking, so that habit may be broken through positive and constructive thinking.

AFFIRMATION: I Cast All My Burdens Upon The Lord And Am At Peace.

Meditation Lesson

March 8, 1966

I will show thee my faith by my works.

James 2:18

UNLESS TRUTH is a demonstrable science, having definite and accurate principle which can be applied when the need arises, it is of little use. Some, when coming into the understanding of Spirit, feel that it is their duty to convert others to their way of thinking. But they can do more to spread the beauty of Truth by avoiding argument and by letting their own actions stand forth as the best proponent of their understanding. By demonstrating health, harmony and abundance in our own lives, others will be drawn to that way of life, for it is innate in every person to long for the good. In time, others will be led to seek this understanding. It is far better for us to wait until others come to us of their own free will than it is to try to force upon them what we may know is for their greater advancement.

AFFIRMATION: I Strive To Demonstrate Truth Which May Be A Light For Others.

Meditation Lesson

March 9, 1966

Repent ye and believe the gospel.

Mark 1:15

TRUTH BRINGS into our lives an entirely new outlook. We come to see everything in a new light and life takes on a more vital meaning. For those whom we may have been seeing in an unfavorable light, we turn from personal consciousness to belief in their innate goodness. We seek to increase our faith in all mankind. Instead of seeing the limitations of others, we set out to inspire them to a nobler way of living. Once having glimpsed this new vision, let us never drop back into the habit of thinking of ourselves or others in the light of human shortcomings. Our divine heritage gives to all the limitless power of the Spirit, but we must be true to the high vision of Spirit and behold the Christ in all men. As we develop this higher way of life, we will find that others come to look upon us as friends and brothers.

AFFIRMATION: With The Light Of Truth, I See All Persons As A Part Of The Godhead.

Meditation Lesson

March 10, 1966

I wish . . . that thou mayest prosper.

III John, 2nd vs.

THERE ARE MANY who think of Christianity as applying solely to the affairs of spirit. They fail to understand that mental peace, health and success have any relation to Spirit and its application. Truth teaches the threefold development of man; in fact, there can be no complete wholeness of man if one or two of these phases of development should be neglected. Order and prosperity in outward affairs are necessary if we show that we have worked out certain principles in our relation to external conditions and to people. When we demonstrate prosperity without having attained mental peace or bodily health, we have only made part of our demonstration. Real demonstration comes when we express ourselves on every phase of being. Only as we develop a well-rounded state of being, do we give God full expression in and through us, for God expresses Himself through our threefold expression of Himself.

AFFIRMATION: In Body, Mind And Spirit I Strive To Express The God In Me.

Meditation Lesson

March 11, 1966

A sower went out to sow his seed.

Luke 8:5

THE SEED REFERRED to here is man's thoughts and his spoken word. We are constantly sowing seeds, speaking the word, sending forth thoughts which may bring peace and happiness, or unrest and sorrow, to someone. Many times, our word of Truth may enter a mind not yet ready to receive it and lie dormant until it seems that it had fallen on barren ground. But the ray of Truth, feeble though it may be, grows brighter and, after a time, the mind of that one opens to receive the Christ Spirit within himself. Gradually, the light becomes stronger and the seeker's understanding unfolds so that he catches the vision of his mission in life, that he is a sower in the vineyard of God's kingdom and must scatter forth his seed into the minds of others that they, too, may discern their Christ Spirit and become sowers of the good seed.

AFFIRMATION: I Sow The Good Seed Of Truth Into The Minds Of Others.

Meditation Lesson**March 12, 1966****I say the truth in Christ.****Romans 9:1**

WHEN WE TRULY take Christ as our standard of thinking and living, we find ourselves becoming like Christ. When we have learned to make the teachings of Christ the principle of our own lives, we discover a great change in our consciousness. The presence of Christ in our midst clears our vision and we see Him expressed in everyone. With imperfection erased from our consciousness, there is erased from our mind the thought of disease and lack. The Christ standard becomes manifest in our body so that we demonstrate the health and wholeness of Christ. Those who dwell upon their weakness and failure are given to morbid thoughts which attract to them weakness and failure of many kinds. Those people are just as disloyal to themselves and to the Christ as they are when they speak destructively of others. Truth is impersonal and applies to all alike who seek to greater understanding.

AFFIRMATION: The Truth Of Christ Is My Standard Of Thinking And Living.

Meditation Lesson**March 13, 1966****And I . . . will draw all men unto me.****John 12:32**

UNTIL WE HAVE uplifted ourselves, we cannot uplift others. Before we can become a teacher or a leader, we must have shown by our lives that we are worthy to become a "fisher of men." When we have done this work in our own lives, we will not need to exert ourselves to help others, for they will follow readily that one who lives what he preaches. If we would become leaders of others, we must first find the Christ within ourselves. We must know that Christ is really within us before we are ready to point the way for others to find the Christ within themselves. Through being lifted up, Jesus exerted a strong drawing power upon others. They were drawn from earthly things to spiritual things. Their consciousness became changed from limitation and disease to abundance and health. He had shown the way for others through the drawing power of His own life.

AFFIRMATION: I Work To Become A Way Of Truth For Others To Follow.

Meditation Lesson

March 14, 1966

Mine eyes are ever toward the Lord.

Psalms 25:15

WHEN WE WITHDRAW our thoughts from the confusion of the world and realize that in the One Universal Mind there is peace, order and joy, then we find Reality. Here, in the consciousness of Reality, is the supply for our every need, physical, mental and spiritual and we accept that supply with loving gratitude. This is the way life fulfills our needs, through the doorway of our inner selves. Each of us may come to this Fountain of Supply, which is the very center of our being, and we may absorb that which we need as we become filled with the sense of the Reality of that which we desire. Filled with the knowledge of this Reality, we permit It to flow into our world of thought and action, knowing that it brings peace and harmony to those around us. It flows from us into all the lives we touch and they, too, become filled.

AFFIRMATION: Through The Christ I Enter The Realm Of Reality.

Meditation Lesson

March 15, 1966

I will not leave you comfortless.

John 14:18

WHEN WE HAVE once learned to rely upon the presence of God, we can no longer feel alone. We sense this presence of God by first having sensed a great peace. All mental tension is relaxed and every care seems to have passed away. We come to feel joy by reversing the adverse thought. Sorrow becomes changed to joy; depression is changed to exhilaration. These changes come through our change of thought. Nothing outside can give us happiness if our minds are closed to the thought of joy. Many people lack this joy because they look to external conditions to bring it; yet, joy is from within and each must look within to find the source of real happiness. When Jesus said He would not leave us desolate, He referred to the Presence of the Father within, for, once having sensed that Presence, He knew that we could never again feel desolate and alone.

AFFIRMATION: The Presence Of The Christ Within Is My Joy And Comfort.

He . . will perform it until the day of Jesus Christ. Philippians 1:6

THERE IS NOT only a Presence within us, there is also a Law operating through us that obeys the will of this Presence. It is a comfort to know that the work which God begins in us is completed "until the day of Jesus Christ." We love to know that God will bring His good work to a glorious consummation, that "He is able to present us faultless before the presence of His glory." We know that we are a part of and are of the nature of God. We know, also, that God is the Substance of all life, the Principle from which all things were created, so we may claim God's substance as ours at all times. Trustingly, we may leave our affairs in His hands, knowing that right will prevail. Living in unity with God is our great purpose and we are given the privilege of living like God-ordained individuals.

AFFIRMATION: I Live Daily In Unity With The Father.

ST. PATRICK'S DAY

The Almighty shall be thy defense.

Job 22:25

IT IS WITHIN the power of each one to manifest supply whenever he may need it. We have but to turn to God within us and realize that He is our supply and our support, the substance of our substance. When we learn to look to Him for the necessities and comforts of life, poverty disappears and we come into the way of life for which God created us. Truth reveals to us His gift to man — God, Himself, in whatever form He can best serve His children. We are no nearer God when we are poor and suffering. Famines and panics do not work for the spiritual outpouring, for these are not of the Spirit, but man's own limited and wrong understanding. We attain God's ideal for us only when we are able to live fully and completely on all planes of existence. Poverty and suffering have no place in the fullness of God's perfect world.

AFFIRMATION: I Daily Demonstrate And Manifest The Supply That I Need.

Meditation Lesson

March 18, 1966

Blessed are your eyes for they see.

Matthew 13:16

WHEN WE FEEL the need for a treatment for the eyes, we should relax and know the truth about our eyes. We should meditate upon the truth that Spirit within has power to see all things clearly and perfectly. When the sight seems clouded, we need a clearer understanding of the true nature of sight. Our eyes supply our contact with the world about us. They must be healthy and strong in order to give us true impressions. We should always think of our eyes as able to see clearly and distinctly without any strain on our part. We must look at things with the assurance that we can see them through the perfect eyes of Spirit. Let us never have any thought of condemnation for our eyes, but bless them for the perfect service they give us. Let us learn to think of them as God's eyes seeing the world of Reality through us.

AFFIRMATION: My Eyes Are Strong And Perfect With The Vision Of Spirit.

Meditation Lesson

March 19, 1966

Yea, I have a goodly heritage.

Psalms 16:6

IT IS WELL that we often stop and think what our Divine inheritance means. It is the certainty that God is our life, our supply and our protection. When we doubt our divine heritage, we cut ourselves off from that which is our Father's. Looking upon our inheritance as coming from God, our thought is turned away from the appearance of so-called evil and placed upon the All Good. Nothing of evil can come from Him, so we can inherit only good. We know that the success which we need is ours because God is the source of all success. As Law and Order, system and accuracy are a part of the kingdom of God, our success includes all of these. Being joint-heirs with Christ, the God in us, the God as us, is Success. There is no failure of any good desire in the Mind of the Infinite.

AFFIRMATION: I Claim Success, For Success Is My Birthright.

Meditation Lesson

March 20, 1966

I say unto all, Watch.

Mark 13:37

HAVING ONCE discovered Truth, our next step is to use it as the disciplinary principle to control our thoughts, words and deeds. When we have learned the truth about health, there need be no excuse for thinking disease. That within man which often causes him to "about face" is known by various names. Some call it "that something," some speak of it as "conscience," while others speak of it as "the Spirit of God." It is only when we have learned the importance of a standard for what we do that we are ready to be governed by divine principle. Our thoughts and words have such a far-reaching effect upon our lives for establishing either evil or good that it is essential to conform to a standard which brings forth only the good. There is an absolute truth about man which does not change. The principle of truth is always the same.

AFFIRMATION: The Spirit Of Truth Divinely Governs My Acts.

Meditation Lesson

March 21, 1966

The words that I speak unto you, they are spirit, and they are life.

John 6:63

SPIRIT IS the infinite and eternal life, unseen but ever active, recognized by its manifestations. Spirit which is God is the integrating power which is in every person, place and thing. It is Spirit that gives vitality and power to man and that spirit is taking form through us and our affairs now. The attributes of Spirit, which are peace, love, truth, energy, become a reality whenever we accept them as such. As individuals we must know the conscious awareness of our being and that what we term "death" is but an experience in life, a changing from this plane of existence to another plane. Each one's true nature is spiritual and his mind is filled with ideas through which opportunities and new experiences come. We should accept these ideas and develop them as God-given. Then we let spirit flow through us into success and happiness for ourselves and others.

AFFIRMATION: The Divine Presence Is My Daily Companion.

Meditation Lesson

March 22, 1966

Wherein ye stand.

I Peter 5:12

MANY TIMES, we find Truth students so interested in learning more of Truth that they neglect to demonstrate the principles which they have already learned. In their eagerness to learn more of the teachings, they lose sight of the fact that Truth can only be of value if it is lived in the everyday affairs of life. It is in living the truth that we learn more of it. In applying the principles of Truth, the deeper significance of God's laws unfold to us. In practicing and demonstrating these laws, we lay hold of the broader and higher meaning of life. The world needs to live the teachings of Christ, for it is then that the Christ becomes revealed to man. When each one does that which he innately feels is right, we shall have taken a long step toward individual freedom. In each one's heart rests the ultimate truth of life.

AFFIRMATION: I Stand Steadfast In The Principles Of Christ.

Meditation Lesson

March 23, 1966

Who satisfieth thy mouth with good things.

Psalms 103:5

PROSPERITY IS increased by blessing it. There is a mystical force in blessing which causes those we have to be increased and multiplied. The consciousness which is opened to express appreciation for a blessing is also opened and ready to receive more blessings. More blessings come to us when we believe the promises that He will pour out more blessings to those who believe. Our prosperity is limited only by our limited thought and vision. Through limited thought and vision, we have the power to shut off the flow of good into our daily lives. As like attracts like, so blessings attract blessings. The good which we already have acts as a magnet for other good. When prosperity begins to come, we find many avenues for greater prosperity opening. God's blessings are always of such nature as to be readily appropriated. We find them just when we need them most, filling a void.

AFFIRMATION: I Gratefully Accept God's Unlimited Prosperity.

Meditation Lesson

March 24, 1966

For God cannot be tempted with evil.

James 1:13

WHEN ONE HAS lost his vision of what is right, he should not feel that this is due to some external force. The one who entertains those negative thoughts has but himself to blame, for he alone decides whether his thought shall be for good or evil. Some may feel that God tempts them in order to test them as to their strength, but God does not work in that way. God never tempts any one to sin. In no way could the principle of Truth be responsible for deviation from that principle. The principle of Truth can never cause anyone to be involved in error. Our thought must always be of God as our standard for righteousness and never as in any way the cause of evil. We should ever seek to live so that the Christ within may come forth in our lives and, in that way, are we masters over self.

AFFIRMATION: Through Christ, I Am Master Of Myself At All Times.

Meditation Lesson

March 25, 1966

Love worketh no ill to his neighbor.

Romans 13:10

WHEN WE ARE freed from all tendency to be unkind to others, we become free to let love express in and through us. Every day we find an opportunity to prove how we can demonstrate Truth. We can prove for ourselves in various ways whether our understanding is intellectual or spiritual. When we truly experience love, we develop the power that will erase fear, inharmony and hate from our minds and hearts, for none of these destructive qualities can remain in a consciousness that is dominated by love. When we have true love, our actions can never become struggling blocks for others. We can do nothing that might cause others to be unhappy. We may sometimes feel that we find little of love. Then, comes our opportunity to discover that love is everywhere if we ourselves are loving. When our hearts overflow with love, others will share in that love and find a blessing.

AFFIRMATION: Love Rules My Every Thought And Deed.

Meditation Lesson

March 26, 1966

And be not conformed to this world . . .

Romans 12:2

WE AT TIMES seem to become unable to contend with the confusion of appearances. Then as with a gleam of light we see things as they really are, not as they had appeared to be. With a sigh of relief we may say, "Oh, now I see." Yes, we see that things are not distorted, but with the understanding of Truth we find they are as they should be. It is only when we call upon the light within us that the discord to which we had been in bondage becomes the unreal thing which it is in fact. It is ours to refuse to see only the beauty about us everywhere, for this beauty is the gift of God to His children to have and to enjoy. We can always find this true light when we let the love within our own being shine forth to establish harmony in every phase of our life.

AFFIRMATION: Harmony Prevails In My Mind And Affairs.

Meditation Lesson

March 27, 1966

Let this mind be in you, which was also in Christ Jesus.

Philippians 2:5

SINCE THERE IS but the One Mind, we are using this Mind every moment of our lives, but it is only when we use this Mind consciously, realizing that this knowledge of the Infinite is available to us, that we feel its irresistible force. With this awareness, we have faith that God is the true inspiration back of all we think and do. The thoughts which come through our minds are our real gifts to humanity. We can make this gift great or small, depending upon how true we are to our spiritual enlightenment. We alone have dominion over our ideas and it is up to us what the manifestation of our lives shall be. Keeping our eye single to the good, our world is full of light. Whatever idea we need is always available to us through our highest use of the Mind of God.

AFFIRMATION: I Strive Ever To Think With The Mind Of God.

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Meditation Lesson

March 28, 1966

The Lord is my strength and my shield.

Psalms 28:7

WE CARRY ABOUT with us much excess baggage in the form of fears, hates and worries which if not discarded grow and bear fruit after their kind. Perhaps there is some person that we have not forgiven. If there is, we are blocking our own progress. Do we have a deep seated fear, a fear of something or somebody? So long as we keep it, it will bear fruit. Are we anxious about someone dear to us? If we hold this constantly in mind, we are helping to bring harm to that one. By means of our Christ nature we can clear out all of this excess baggage and press forward to greater heights. The companionship of the Christ is ever ours and as we keep this vital and constant we shall realize more and more what a wonderful inheritance we have. We shall be able to live richly, think clearly and act and understand perfectly.

AFFIRMATION: My Whole Life Is Fruitful And Joyful.

Meditation Lesson

March 29, 1966

The kingdom of God is within you.

Luke 17:21

IT SEEMS a part of our human nature to many times put off the fulfillment of our ideals until sometime in the future, only to find that they are never fulfilled. We too often find that we never quite catch up with the blessings we had anticipated. Instead, we must learn to think of our ideals as being fulfilled and of our dreams as being realized now and continuing to be realized daily. All fulfillment must be right now in the glorious today. We are living in a present-day heaven, a heaven which is right in our midst, but it is for each one individually to discover and live in this heavenly kingdom. We perceive it first in thought and it lies within our power to say whether or not we will take possession of it. Today, and every day, we live in this kingdom of heaven on the earth.

AFFIRMATION: I Rejoice That My Ideals Are Now Being Fulfilled.

Meditation Lesson

March 30, 1966

Cleanse thou me from secret faults.

Psalms 19:12

WE SOMETIMES find Truth students who work zealously to cleanse the subconscious mind. This probing of the subconsciousness to find some secret sin is very often the cause of mental and physical upheaval. Jesus taught the truth that sets us free from secret faults. He knew that the principle of Truth would erase all belief in limitation, so, instead of causing the seeker to probe the consciousness, He taught us to rely upon the Word of God, which is the freeing power of Truth. When we have a secret fear or undiscovered belief in limitation, it will pass when Truth is established in the mind. If we but keep ourselves unified with the cleansing, purifying power of the Christ within, we will always be assured of being freed in our minds of all belief in sin, limitation and disease. We may always be assured that Christ is continually lifting us higher like unto Himself.

AFFIRMATION: Truth Frees My Mind Of All Belief In Limitation.

Meditation Lesson

March 31, 1966

The Lord is my shepherd.

Psalms 23:1

AS WE MEDITATE upon these words, we become aware of the peace and love and strength of the One Universal Being, Divine Mind, the Shepherd of us all. We realize that this love and strength is all pervading, in all and through all, and that it is our true life. There is but the One Life and all are part of it. The fusion of love and thought makes us One and, in the One Mind, there can be no misunderstanding, for all are included in the One Love. When we have absolute faith in the Principle of Life, we permit love in its freedom to express through us, to radiate from us into the lives of others. We can fear no evil, for the eye of the Good Shepherd is ever watching over and guiding us into the way of peace and love.

AFFIRMATION: I Put Myself In The Care Of The Good Shepherd.

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Letters from those who found *The Power*

● MARVELOUS MIRROR

It will be a year next month that this novice has attempted to apply the principles to a body and mind split in at least five directions. Mayanry became a marvelous mirror in which appeared the extent and degree of a negative mind in action . . . to visualize the reality of negativity in our lives, to really see what it is and what it does and how utterly meaningless it really is. So, at last, a sense of real freedom in that area. The second and equally exquisite knowledge that has come in this year is an understanding of who I am and what I am, what I really want and want to give in this life.

Rita Hamilton
California

● GREAT JOY

Your lessons are wonderful. They have brought great joy and comfort to me. I look forward to each lesson, and the *D.M.* is a wonderful magazine and a great inspiration. I am very happy to be a Mayan.

M. B.
New York

● WAY CLEAR

I have been able to complete some things I had started months before I got your card (invitation to Mayanry). Last summer I could not see my way clear in any way; now I am beginning to move right along with these projects. My memory is so much better. I was worried all the time, and now I am learning to be happy and thankful, for everything has happened for the best. I am so glad I joined The Mayans.

A. K. B.
Ohio

● MORE BENEFITS

Through The Mayans I have derived more benefits in self-mastery, and of understanding and proper humility, and of hope and faith, than I could have derived anywhere else.

John W. Grout
Louisiana

● EVERYTHING UNFOLDS

I had taken lessons from (names of three other well-known metaphysical study groups) and also had teachers for over a period of 20 years, but I seemed to stand still. But after about 20 lessons in Mayanry, everything seemed to unfold and open up for me. I have a feeling of peace and trust. I talk to people and they say I help them so much. God is revealing wonderful things to me and I understand, and am grateful. Those lessons in Mayanry are just what I needed.

M. L. C.
Pennsylvania

● RIGHT DIRECTION

Received my copy of *Miracle Power*. Next to the Bible, it is the most helpful book I have ever read — you must have had great spiritual guidance. Thank you all. I know from what I have covered so far (in the lessons) that I am headed in the right direction at last.

L. F. Jones
Hawaii

● D. M. SHARED

I enjoy *Daily Meditation* so much. I read them over and over, and sometimes in the middle of the night I wake to find my husband reading *D. M.*

Lillian Peacock
Michigan

—gathered from the mail by Rose Dawn

● WONDERFUL PEOPLE

Thank you for your help in my recent illness, and I thank God that I had such wonderful people to call upon. Sometimes I wonder why God spared me when I really wanted to die. Perhaps I can find the answer in study and prayer, and will be looking forward to my next lesson for I feel I can resume my studies again. I do know that I could not have carried on had it not been for what The Mayans have taught me. So if I have gained that much faith, how much more will I gain as I go on step by step.

Edna Hannis
Canada

● A MIRACLE

Thank you for your prayers during my sister's illness, and for the comforting and strengthening letter you wrote. She is at home and on the way to recovery. She was with us for a while and one day when she was lying on the davenport, with the winter sun pouring over my flowers and over her, she spoke, "You believe in miracles, and so do I. You have just witnessed one. There is no doubt about it. They had expected to find cancer . . . and did not."

Her husband spent that day (of the operation) like a man in shock. He told me he could never have gone through that day without my husband and me beside him. My faith never wavered. I comforted my sister before surgery and she was not afraid and told me so.

Remove my prayer request and make room for another. "Thank you" seems very insignificant, but I am sure you know the sincerity within my heart.

Florence D. McKernan
Washington



● NEW HOME

I thank my Mayan Companions for praying for me. I have prayed so long for God to bless us with a home — we have a lovely place. Since I have been a Mayan, The Lord has blessed me with the things I wanted in life. Thanks for guidance to all truth, and to know God and His wonderful work. I love it with all my heart.

Lillie Duncan
Florida

● MORE PEACEFUL

Since I have become a member of the Mayan family, I do feel that I am living a much happier, more peaceful life than before. My mental conception of things is altogether different than before. I am being helped a great deal and am so thankful to God each day for this blessing.

Blanche Myers
Connecticut

● ANSWERED QUICKLY

Please remove my prayer from the Chapel as it was answered. Did not expect my prayer to be answered so quickly. Thanks to all my Companions.

Edith Bruce
Vermont

NEWS & NOTES

(From page 7)

husband from New York during their vacation days, while another New Yorker, Companion Louis Riccardi, found the national parks of California inviting and relaxing.



Companion Nellie Knull of Colorado, with her son and his wife, helped celebrate a 45th wedding anniversary in her family. As they drove to Boulder, "the hillsides were gorgeous rock gardens painted in autumn colors by the Master Painter," she writes.

Enjoying the mountains while hunting and fishing in their home state of Oregon was the vacation chosen by Companion Ruth Burge and her husband. And mountains seemed to be the highlight of the vacation of Companion Mary Shirey and her family of Michigan, who drove west into the Yellowstone area.

"We are seeing the islands for the first time" opens this message from Companions Mr. and Mrs. Chester Roche of Oregon written on a beautiful picture post card of Kaanapali Beach, Maui, Hawaii. Mrs. Roche continues, "I don't think I'd be very ambitious if I lived out here" — and so it is obvious she was enjoying the relaxed pace.

Companion Martha Germany and her family of California packed up their truck and camper and set off for Virginia to visit her sister and mother, our Companions Mrs. David Ross and Mrs. Callie Carroll. The highlight of their trip — second to the family reunion, of course — was the famous Carlsbad Caverns.

Companion Therese Whiteside of California chose swimming in a pool fed by a geyser at Calistoga as the place to relax for a week.

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A visit to New York and Toronto was the vacation of Companion Jerome Barzey of Puerto Rico, who is studying for his doctorate in economics and government, and his masters degree in modern languages. His wife and two children have now joined him in Puerto Rico, and Mrs. Barzey is also enrolled in the university for further study.

Companion Jane A. Brewer had a wonderful seven-week vacation beginning with her first airplane ride. From her home in New Mexico, she flew to Puerto Rico, then to New Orleans where she and a friend boarded a banana boat for an 18-day cruise. On their return to New Orleans, she came by train to San Antonio to renew friendships, then to El Paso to visit her son and his family, — and they drove home with her. "A wonderful trip. I wanted to turn around and do it all over," she concludes.

When Companion Nick Raptis joined our Mayan family, he was living in New Jersey, but on a visit to his homeland in 1959 he decided to stay. Now 76 years young, he is still enjoying the beauties of Greece, and sent us pictures of two of the sculptured masterpieces seen on his most recent vacation that included the old museum of Olympia.



"I will think of you in Thailand, etc.," Companion J. H. Effenberg of California wrote before leaving on a trip around the world. What a marvelous year it will be for him — Hawaii, Japan, Taiwan, the Philippines, Hong Kong, Thailand, Viet Nam, Malaysia, Ceylon, India, Pakistan, Somaliland, Egypt, France, Germany, Denmark, Norway, Sweden, the Netherlands, Belgium — then back through the Panama Canal. I like to think "The Orient — Land of Many

Daily Meditation

Faces" has added anticipation of enjoyment for our Companion.

"The Orient" brought back fond memories of days when Companion Harold Peverell of Florida, as an officer in the 1st Cavalry Division, lived in Japan with his wife and children. He recalled the birth of their

son there 18 years ago. They all plan to return for a visit in two years, to the land and people they came to love.

We are always happy to hear from Companions Ewald and Charl Leyendecker, and in this letter on my desk Companion Charl has shared some

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verse I know you will also enjoy. But, for the benefit of those of you who have come into Mayanry recently, I want to tell you more about these Companions. Companion Ewald is a fine artist — portraits, engravings in precious and semi-precious gems, the restoration of old Jade carvings and many other contributions to the field of Art. After living in New York City over thirty years, our Companions returned to West Germany about three years ago. Companion Charl sent us some verse, as I said, and it so sweetly expresses the spirit of this charming couple that I know you will feel as I do, drawn close to them as you read the lines.

Peace in your heart
And love in your eyes,
Beauty of soul
And power to rise;
Deep understanding
And purpose of mind,
Contentment in living
Makes humble and kind.
Truthful expression
And desire to grow
Bring joy in your life
With a sense that YOU KNOW!



Also in Europe, living in Germany, is Companion Betty J. Adams and how she and her son are enjoying the beauty of "this wonderful country". They also have visited the National Museum in Munich, taking many color slides of the exhibits that interested them the most. "The thing that amazed both of us was the detail of every scene of every section of tableaux of historical scenes and especially the scenes of the Nativity. But the oddest thing to us was that almost all of the scenes depicted the shepherds and wise men as German, each little doll beautifully dressed in German clothing. Even the background scenery, which was authentic

in most ways, here and there showed a touch of Bavaria more than that of the Holy Land. Most of these wonderful displays were created by the same man in the early 1700's, so perhaps he had no conception of how the people in Judea and Bethlehem dressed . . . This was one of the highlights of our stay so far in Germany. And she says their landlady is a jewel, who is teaching them German. Our Companion is very fair and so is taken for a local resident, which brings language problems and many amusing situations, but with her landlady's assistance, she will soon speak the language like a native, I'm sure.



Companion Mabel Rawson of Canada enjoyed her vacation at home this year in a visit with her sister who lives in one of the western provinces. And our Companion writes that she enjoys reading the news items about vacations enjoyed by other members of our Mayan family. I think we all do, don't you? It is as if we are touring here and there together and makes our family seem closer as we share our experiences.

A surprise visit is the happiness shared by Companion Ethel Martin of New Jersey. Her son has chosen his career in the Air Force and so she never knows where the next card or letter will be from. On a mission to New York, he picked up his sister who lives there and the two drove up to our Companion's door without letting her know they were on their way. They had just five hours this time, but what a happy five hours it was.

Another fine son, who has just retired from service, is the joy of Companion Annie Magee of Texas. She is busy remodeling her home, which she says is quite old. So while

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This study by Dean Merrill C. Tenney is a fascinating one that shows the meaning and purpose of the resurrection to life today. It is a study that will make this Easter more meaningful than ever before.

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her son and his family visited her, he pitched in to do much of the work and to add some conveniences for his mother's comfort.



It would seem there were not enough months this summer for Companion Betty Farren of New Jersey. Helping her brother settle their mother's estate and find a new place for him to live started the summer — and through all this her work for the Diocese as an officer of the Board, speaking engagements in connection with their work in urban missions. With the end of the school year, there was daughter and her many belongings to bring home and then get ready for a student tour to Europe. Just a few days after getting her safely off, their son and his wife and three darling children arrived for a visit, so that was a happily busy time for our Companion. I believe she had just drawn her first really deep breath when she wrote — but it had all been so much pleasure to her, contributing to the happiness of her family.



As you know, the selection of our gift books is made most carefully — and then when you receive them, I always wait for your comments, so anxious to know if they were of the benefit to you that I anticipated when choosing them. It seems that *Teaching the New Testament* has been of special blessing to a number of you, who will be interested in knowing that Companion Golda Carrell and her husband of Iowa are both graduates of Hartford Theolog-

Daily Meditation

ical Seminary and so feel very close to the writer of this gift book. The Carrells were in the Class of 1915 and recently enjoyed a reunion with the others of that year's graduates who could be present. She says the Seminary "rolled out the red carpet for us" and that one of their Japanese classmates flew from Japan to be with them. It was a wonderful time of fellowship for them all.



Newcomers to our family include a little daughter born to Companion Bettie Womack of Alabama.

Double joy is expressed in this letter from Companion Blanche Hildebrandt of Arizona — a 37th wedding anniversary and the birth of their 20th grandchild.

Companion Lue Ella Anthony of Florida shares her news of a great-grandson who recently came to bless her family.

Our loving congratulations to these happy families.



I'm sure none of you needs this reminder, but it is something I feel I must say — please keep all of our servicemen close in your every prayer. Also let us not forget to pray for our leaders, and to pray for our enemies.

And may we all use this time of preparation for Easter to search our hearts and determine to be more pliable in the hands of The Potter, so He can mold us into beautiful vessels of blessing, that "Project Peace" may begin with us through our daily living and spread to others. This is my prayer for each of you, and for me, this day.



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As you know, in the past few years interest has increased in the "legendary island" of Atlantis. Lost beneath the sea centuries ago, Atlantis was mentioned in the writings of Homer, Horace and Plato, all of whom regarded it as a domain of the blessed. Plato says it was the center of a highly-developed civilization, an ideal state, destroyed by an earthquake.

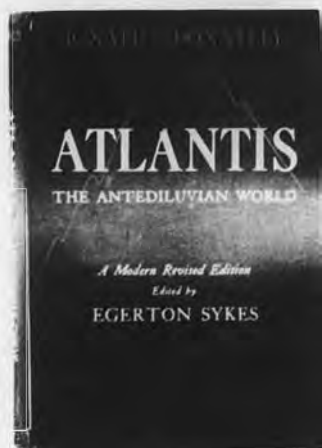
Today, modern scholars and explorers are excited by discoveries that seem irrefutable proof that Atlantis did exist — was reality and not just legend. Verbal history handed down from generation to generation in the Americas, the west coast of Europe and Africa, the Baltic and Middle East, substantiates the belief that colonizing parties from Atlantis went out from the ancient continent into those areas. Archaeological finds undeniably verify a relation of these peoples. It is like a giant puzzle being fitted into place, piece by piece.

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