

COSMON

RESEARCH FOUNDATION

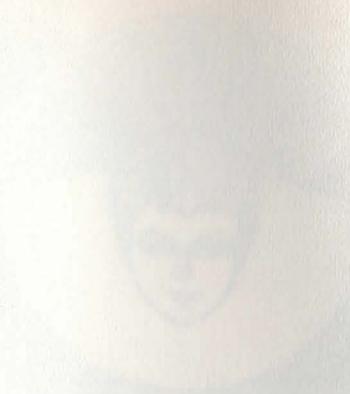
P. O. Box 483
Oro Grande, Calif.

AUGUST 1963



YOUR RESEARCH FOUNDATION DEDICATED TO DEVELOPING
MAN SPIRITUALLY AND PHYSICALLY FOR THE NEW AGE AND
SUPPORTED BY YOU.

Gloria Lee, Founder

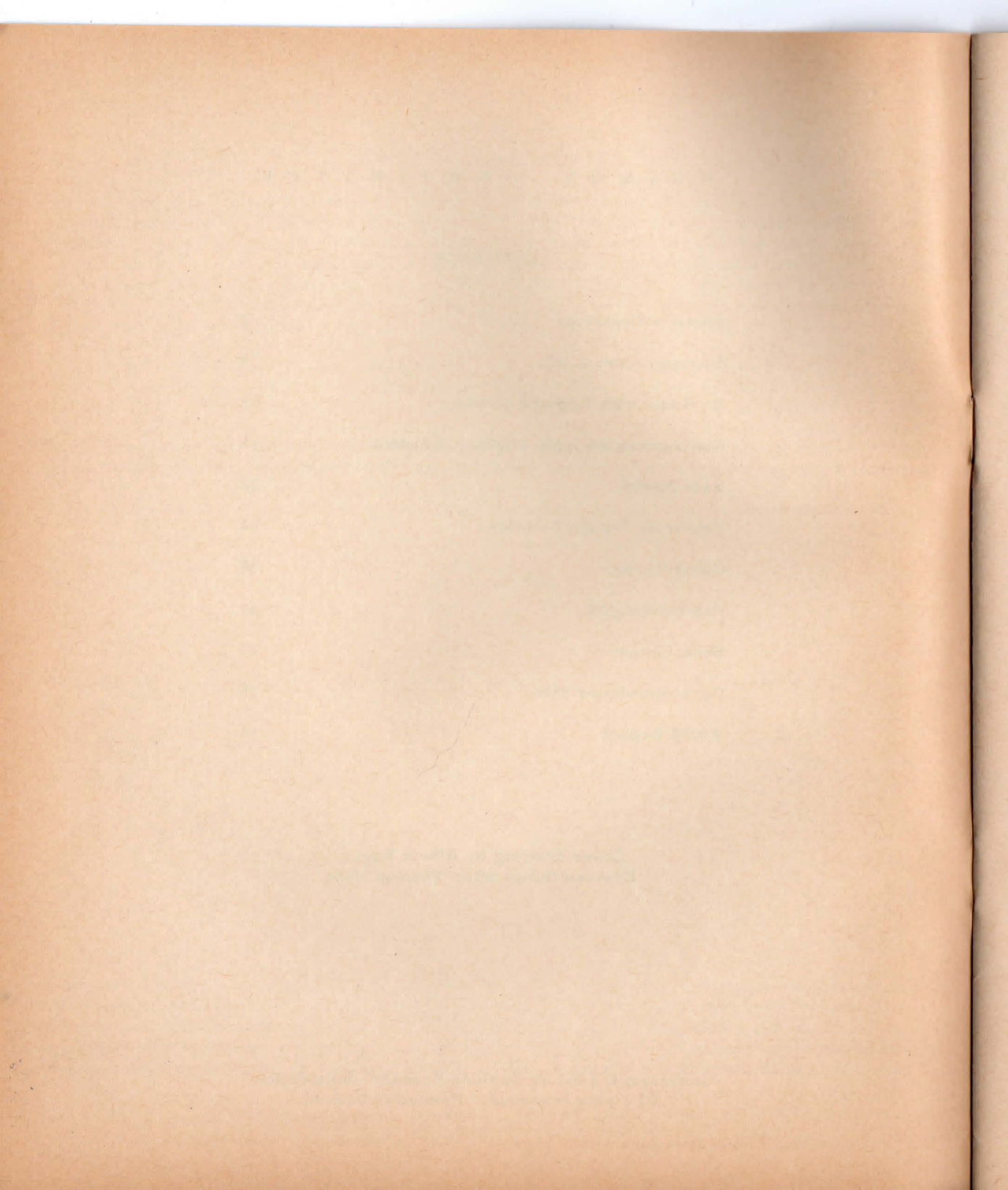


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Cover drawing by Albert Roger
Grecian flutist after Thomas Hope



G L O R I A ' S G R E E T I N G S

Greetings again, my beloved Cosmonites,

Since I last wrote to you in the pages of the newsletter, there have been many conflicting reports about my activities on the Other Side. Some of my friends on your side believe it is wrong to try for communication with me, for fear I will be delayed in my spiritual progression. Others believe it impossible for me to reach so many different individuals as have reported receiving messages, and still others feel they have been slighted by not reaching me where others seem to have gotten through who were less acquainted with me.

Well I can now tell you that I have been working with many over here to find better techniques for bringing the planes together in understanding. I have been permitted to try a lot of experiments because I have been so recently one of the earth people, and so can remember how it feels to be thinking inside an earth consciousness as well as to have been a channel in communication with individuals Upstairs. This is helpful, they tell me, to have my fresh earth experience plus a more-than-average understanding of the Teachers' point of view.

Survival of identity beyond death or transition has been proven for a very long time to many, and that is not such a great novelty, really. The thing that is more exceptional is my proof that progress, personality-wise, can be continued here so that I can actually open up or establish a precedent for others who leave the physical, and I can make a kind of dent on the surroundings hereabouts that will allow others to continue certain activities usually set aside until the following incarnations.

Over here the trend is against continuing relationships with the plane just relinquished at death. This is because these usually are not constructive relationships, but due to a desire to hang on to certain individuals and to maintain contact with familiar surroundings, all of which tends to keep individuals earth-bound and holds them back from releasing

themselves into higher planes of experience and preparation for advancement.

Where the Plan of the Father can be served, and physical plane people taught truths that will encourage them to continue their efforts and to develop themselves to greater spiritual capacity, there is permission granted to continue this contact. I have received this permission, and am allowing myself to be a guinea pig for the higher teachers.

I must say I am finding fascinating opportunities over here. I cannot begin to tell you how glad I am that I was enabled to develop far enough to be able to understand and appreciate what I have now, before leaving the body. Many times I said I wished there were time to travel and to visit all the Space Groups and become acquainted with the leaders and the members. Now I am able to get around to many more places and people than I realized were working on the side of Light. I may also add that I have now the ability to tell whether or not people are really on the side of Light, and some are mixed in with the good ones who are anything but Light workers, yet they pass because many on earth do not have any standards of measuring or judging the calibre and quality of those who claim to be servers of humanity within the Father's Plan.

The times are so pressured that the forces of Light will use even the smallest capacity to communicate truth, wherever they find it. Sometimes a person who is more on the dark side than of the light is able to give out a small MEASURE OF TRUTH, WHICH IS BETTER THAN NONE, AND SO IS USED to the full degree of possibility, anyhow, and often unknown to the person. The same thing is true in reverse and I would have you be alert to the possibility.

Truth does not always bring peace into a situation. Sometimes it reveals conditions that create conflict. Truth is like a super-floodlight that reveals the reality of circumstances which were somewhat shadowed by

illusions or glammers. Sometimes, such a mess shows up in the glare of the Light that everybody is upset to the point of illness and nobody wants to tackle the chore of cleaning it up.

People are very weak in discernment on the earth plane. They don't have much ability to judge between first and second principles, or to recognize what they ought to do immediately and what they can leave for later attention. They usually begin on the easy little unimportant things, while the big human problems are neglected and keep on growing bigger and bigger until they become such monsters nobody knows what to do about them.

It is interesting to see how things are looked at over here, as compared to ways of measuring them where you are. The Teachers and Space People are rounded-out individuals who can work in nearly any problem area, even if they have special interests and training. I was realizing this before I left you, and now I can see it more clearly, that correct spiritual unfoldment brings about a rounded-out individual who can function wherever need arises, to some degree, though often specialists of greater accomplishment in a given line will be invited in for conferences, advice or confirmations of correct procedures.

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It's so nice you want me to continue being part of Cosmon and the activities I started in conjunction with J.W. Of course I would feel awfully sad if there were signs you had already forgotten me or intended to change Cosmon or write me off, just because I am invisible to most of you; but instead, many of you still feel I am as much your friend as ever, which is true, and you have asked if I will come to you in the pages of the newsletter. I am happy to tell you I'll come as long as I am permitted to stay in contact, and there is no indication from here that it will be discontinued.

In comparison to all the things I told you were planned for Cosmon, it must seem as if the group has simmered down to a very quiet

organization, and you wonder if there will ever be those exciting activities in theatre, television and radio that we talked about, or those scientific researches or development of new age arts or more books from J.W. Well, I am not able to predict as to time, but I think all these things and more are going to take place, some of them perhaps not until after the Changes.

So often we discussed the Changes and what forms they would take, and I was given visions of myself in the midst of tidal waves and storms helping to keep people calm, because I had contact with the Teachers and they would try to follow directions if they knew the Space People were guiding through an instrument. I never thought I would come over here before all this happened. Maybe they will let me appear and do the very work that was envisioned, but in this indestructible body. My! I wouldn't mind that at all. I hope I can come down and help. It was such a problem to me then to try to know when all these things would happen and where and how. I wish I could give you my present understanding of the whole picture, but I don't think you would care to pay for this understanding as I did, and you have to pay a pretty high price for understanding, as it's considered one of the greater treasures.

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At one time I was a worry wart myself, and I felt miserable if I could not answer questions put to me about the spiritual facts of life. I remember really sweating it out for weeks sometimes because I could not find the right words or even the right thought to answer somebody's deep personal-problem letter. Often I would ask the Teachers for help, but there were times when they put me on my own and forced me to discover the answers through firsthand experience, or through exploring my past relationships of other lives. Even after this, there were sometimes questions I could not answer or letters to which I could not respond. And I was told that people have the answers hidden in the very questions they ask, and must be given the privilege and opportunity to work away at finding their own answers whenever they show any capacity to do so, in

order to grow spiritually by facing up to the challenges Life hands them for their own development. You just can't grind up your children's food after they get teeth to do their own chewing.

Really I hate to say it, but you would be surprised to see how many mentally lazy individuals there are on the earth plane. Over here we sometimes call them the drones. They cruise through life, sustained by the initiative and responsible efforts made by others of the human family, and when the shakedown cruise finally comes up, they are the first to zero out and fall by the wayside. They are all fat and looks and hot air. I can say this now because I am beyond the reach of certain destructive weapons that might cause emotional turmoil in an earth consciousness, and I am enjoying saying some of the things that should be said over and over until they are etched into the mind and begin to condition the thought processes of everybody. I wish I could pull off the veils of fear from the average people of earth, so they would realize they do not have to accept the rantings and bombastic directives and orders of ANYONE that goes against the dictates of their own souls. People have so little respect for the authority of their own Higher Selves, and allow people of far less capacity or intelligence to lead them around by the nose. People are still too much overawed by the printed word, and the spoken word that comes over legal communication channels as T.V., radio, movies, etcetera. They do not know propaganda when they see it, because they have not developed the habit of thinking for themselves.

Because you are my own group, I can say things to you that I might phrase more politely to channels of other groups, knowing they would not even bother to instrument my words if I seemed to be trying to get across controversial subjects. People detest to get themselves into a position where they have to think their way out, and this is the reason, my dear friends, why you get so much pap instead of the full, rich unstrained brew you should have for mental health. Here at Cosmon we don't care whether we win friends, so long as we influence people to wake up and live a little.

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In a way I would like to talk about instrumentship, taking sort of a busman's holiday. You would think I had saturated myself with the subject, but there are always new angles to everything, especially when viewed from a different plane of perception. J.W. repeated to us all who read His books, and to me who instrumented them for Him, that everybody is an instrument of some kind or another, and not necessarily what you are accustomed to call a psychic instrument. Maybe you are an instrument that radiates serenity into your environment, and do not even know you have that power. Some people act like oil on troubled waters. The minute they appear on the scene, everything relaxes and peace is restored where there was hostility or open conflict. This is a very valuable kind of instrumentship, and is the radiation of a kind heart who beams out good will and re-establishes harmony.

There are other instruments that radiate a magnetic vitality and who cause everything and everyone around them to spring into renewed activity. This can be extremely stimulating, but not necessarily on the side of what we think of as constructive projects. People in situations of relationship to magnetic instruments may read into their vibrational impacts, intentions that were not any part of the instrument's plan or purpose. This again may be good or bad, according to how you look on it and what happens to you.

I have seen instruments of healing, some quite unconscious of the effect they were having on the persons around them. People with radiant health of their own bodies are like fountains that spill over health on everybody around, and when they come into groups where you are or into sickrooms, they make everybody feel better automatically. The people who are cast down in spirits or ill or hurt, immediately feel better when these instruments of healing vitality come close to them. People of this kind are often exceptionally clean and sometimes beautiful, and everyone is encouraged just to look at them and be close by.

There are instruments of great thought force who channel vibrant creative energies into other minds and spark them to greater

mental activity. People always shine more brilliantly and discover greater depths of their own mentality when influenced by the auric field of this kind of channel.

Some people instrument patience. Sometimes these are the people who have gone through great physical or mental suffering and have learned the lesson of quiet acceptance, without bitterness or fear. Oftentimes you will find people such as these among terminal cancer patients or spastics or post-polio cases, or among those who have lost sight or hearing.

I hope by now you are getting the idea that all kinds of instruments are valued and needed in this world where you live, and also that whoever YOU ARE, you are bound to be channeling something that is identified with your tag line or brand name wherever you go. Have you ever thought about this, and do you ever think what you are bringing into the environments where you work or live your private life?

Have you ever heard someone say, "Let's scam! Here comes that sour puss again!"? Did they say it about you? Do you drip gray streams of bitterness and cynicism into the atmosphere where you congregate with others? Did you leave your faucet turned on for channeling discontent and impatience?

All this may seem a far cry from channeling messages of spiritual Truth and Wisdom and Love, and it all IS A FAR CRY. In fact it is so far from it, that this is the reason why YOU may be far from it. Had this ever occurred to you? If true instruments were a dime a dozen, everybody would buy a dime's worth, and treat them as the trashy performers they would be.

What would you say if I tell you that many of the channels working today in Light groups have been burned at the stake, crucified, drowned, beaten to death, thrown to wild animals, and to snakes; guillotined; tortured; strangled, buried alive and hung by the neck, cut to pieces as living sacrifices, and generally mellowed and whipped into shape as human beings along the long road of incarnation? I

know this was true in my own case. I cannot think of any type of death I missed. When you think it is a shallow accomplishment to be permitted to communicate with other and higher minds, ask yourself if you would be willing to go through a hundred lives of tragedy and turmoil to open your heart and mind to the extent that Teachers of Love and Compassion and Wisdom might be reasonably assured their efforts to bring their words of Truth through you would not be misinterpreted or slanted by your earth consciousness to fit your personality convenience, or your limited concepts of universal life and law.

Channeling is certainly a RESPONSIBILITY! While we are in the physical body we are taught that words given through us are our own particular responsibility. We reap the karma of our misinterpretations and mistranslations of the Communicator's intention. All who are in the earth body are subject to the imperfections of earth plane substance to some degree. You must learn to use discernment about the communications you accept. Your best bet is to study as many different publications as you can; to hear as many lectures as you can; to meet and talk to as many different groups and leaders as you can, and to weigh and measure and compare for yourself, and to sift all this mass of material and take out the parts that ring true and can be used by you in your daily affairs.

As far as Cosmon is concerned, we always took the approach that since we are not selling our services, you cannot say you were cheated by phony claims and paid publicity. If you don't like what we give you in our magazine, simply ask to be removed from our mailing list and go to other individuals or groups with whom you have more affinity. We are not suffering from lack of members or readers. We love our members and readers, but they are completely and absolutely free. They don't owe us any allegiance if they prefer to seek Light elsewhere.

Before I left the earth plane I heard from a few of our friends that some groups become vindictive and critical when their members wish to take on other affiliations, or wish to

cut-and-try before entering into the entity of the group purpose. This to me always smelled of orthodox churchianity, where the important thing is quantities of members who will keep the financial structure afloat. We prefer quality in Cosmon, and we prefer to leave our income to the Father. In the beginning when I decided, with J. W., to set up a non-profit corporation, I wanted to prove that the Law of Balance would attend automatically to our supply if we would attend to the quality of our services. Now I am free to admit that this was not an overnight achievement — to learn the lesson of faith in an impersonal, invisible Universal Law, and many times I repeated my requests to our members for more help. Now, all of us who keep Cosmon going from our various levels of individual focus, are in accord that if we watch over the outgo, the Father will watch over the inflow. And as you see, we are in no anxiety that we shall be disintegrated as a group, so long as we adhere to this basic intention to seek ever for Truth and to share all we can discover of it. Since TRUTH is everywhere our problem is complicated, but challenging, and we'll keep working to find it so long as you say you want to keep us in action!

Today I am using Barbara as a channel. We get on famously together because we know each other so well from many past life experiences, and we both know now beyond any questioning that it is possible to continue a friendship and even to work together, though one of our bodies dropped along the way. Also we allow each other full freedom in all things. Even

before I left we trusted and loved each other enough to keep an open flow for new ideas between us. There are many now living who have experienced this continuity of relationship with a departed mate or friend or relation, and could attest to the fact that this is one of the few treasures you can take with you, and can retain when another has departed from you.

Where true love exists between individuals, there is continuous rapport and there is no necessity of rituals or hocus-pocus. The relationship simply IS, and those within it are as close as thought and do not require to set up any conditions or times, but any time is as good as another because the communication level is above the action and work levels, and comes across on the intuitional plane regardless of distance or occupation. It takes a very long time to set up relationships of this kind. It is something I learned in association with J. W. For, you see, you can have the privilege of many such relationships, and they are all treasured in their different ways. In a heart of love there is room for as many as can enter into an affectionate relationship with the Soul involved. Hearts are so expandable and that is the very lesson J. W. was trying to teach you in WHY WE ARE HERE, but human minds are so incapable of seeing the true inner meaning until all the parts are dissected and laid out on the line.

Always your own

GLORIA

I DREAMED IN A DREAM

I dream'd in a dream I saw a city invincible to the attacks of the
 whole of the rest of the earth,
 I dream'd that was the new city of Friends,
 Nothing was greater there than the quality of robust love, it led
 the rest,
 It was seen every hour in the actions of the men of that city,
 And in all their looks and words.

LEAVES OF GRASS
 Walt Whitman

M E S S A G E F R O M J . W .

My Greetings once again,
Friends of the Earth Plane:

A letter from one of your circle of readers has been brought to my attention and I would request that it be published, together with my reply in your August newsletter.

EXCERPTS FROM READER'S LETTER

". . . I feel it is important to suggest you check out with J. W. the following postulates for action:

- (1) If it is true that time is of the essence in awakening the world to its imminent destruction and that it can be saved by understanding -- then, it seems to me that the world must be made aware of its need for choice and action. So far -- Cosmon can have reached only a tiny fraction of the population. Therefore:
- (2) If it is true that spacemen come in spaceships with a message: the world must know that spacemen and spaceships are real -- as real as the other realities the world accepts. Only then -- can the world know for sure and thus take action thru new insight. Therefore:
- (3) A spaceship and a spaceman should be seen, talked to directly and photographed. If such arrangements are made with spacemen, and Life Magazine and/or Look, etc. are contacted and permitted to do a complete coverage -- the world will suddenly know this till-now debatable status. Either magazine will pay a large sum for such a world-wide story. The money, under guidance, can go a long way to widely establish Cosmon Research facilities.
- (4) Such action would prevent interference by Air Force or other government offices.
- (5) Having been given such proof and the messages from space -- the human family would then be responsible for subsequent action, in the light of this new information. But -- unless the world is so unequivocally informed -- I cannot see how

J. W.'s stern warning is quite fair or just. Humanity is still a collective infant.

- (6) In summary -- I truly believe that J. W. and other enlightened spacemen -- if they do indeed exist -- have a tremendous obligation to INFORM the world -- not just a tiny fraction of its more enlightened population. To suggest that we, collectively, could not stand the strain of such knowledge, is illogical in terms of the prior premise: that we must act or be destroyed. Ergo: Give us, collectively, the information. Then we are collectively responsible for what action we do or do not take because of it. "

Name withheld

J. W.'s REPLY

In response to the first question, I would say to the writer of the foregoing letter that constant action has been taken, especially from your calendar years of the middle 1940's onward, upon the part of countless individuals and groups native to other planets, to inform the populous nations of your world of our presence in your skies, the reasons for our presence, and of our peaceful desire to be of service.

During the ensuing years you have amassed shelves of books and periodical literature, much of it available in the public libraries of America, wherein the writer of this letter resides. We have made a continuous effort to reach your people, and we have made our efforts in every country. Yet we are bound by Universal Law and by the Law of Freewill, which latter the people on your planet exercise in self-determination of their destiny.

A network of small groups has been established and deployed across the surface of your planet, so that every major area of human consciousness is convinced to the degree of its acceptance of the aspects of TRUTH we have been permitted to disseminate, in the hope that a movement toward international

cooperation would be initiated whereby the men and women of earth and the men and women of other planets might meet and confer upon the most spiritually-practical means to the ends in view.

Since we came, not as conquerors or as armed assailants of your populations, but as volunteers to afford you spiritual and physical First Aid in time of total crisis, we cannot perform our ministry if the majority of your leaders refuse to grant us amicable access to your several continents. It was not our thought but the thought of your Rulers that the people of earth would destroy themselves in panic, by reason of our appearance. All leaders of any influence whatever have been approached and tested on receptivity to us and to our Cause. Leaders are the key representatives of vast blocs of persons which make up the citizens and inhabitants of their domains. It matters not whether a leader is chosen by the people, or self-chosen through default of the people. The fact remains that a leader sums up in his personality the national strengths and/or weaknesses of the people represented, and through him, as through a robot model of the national character, the will of the people is fulfilled. We are subject to that will as having been conferred by the Father upon His children.

Cosmon Research Foundation, it is true, has only reached a small fraction of the planetary population, but Cosmon is only one of many groups dedicated to the same goal of communication and education of the masses. Other groups are working steadily to acquaint their members, followers and subscribers with the same information, couched in familiar terminology and the common idioms of many languages, broadcast through the medium of informal talks, classes, lectures, books, magazines and correspondence.

Many of your people have turned away or reacted aggressively or ridiculed the information offered.

In answer to your second question, I would relate to you that receptive people on every continent have been reached with the

information that we exist, that we are present in great numbers, that our craft are standing by and patrolling your lands and seas.

Individuals numbering millions are aware of our reality and the reality of craft from outer space. The world cannot take action through new insight unless the controls on communication media are relaxed by those who would find it detrimental to turn over their symbols of office and to step down to a level of equality with their fellow men and women. In opening the way for conscious world-wide acceptance of us by your people, there would necessarily follow the removal from leadership of unqualified personnel in perhaps more than 90% of the power posts of influence within your nations.

There is a phrase rampant among your executive personnel in all branches of all governments, which is pronounced "enlightened selfishness". Your leaders trade agreements with one another as to the mass moving of those pawns within their own realms of influence, to advantage themselves and to increase apparent prestige for their bloc or their nation. It would be dangerous to import advanced thinkers from other realms, and to allow the human masses to compare these visitors from greatly advanced civilizations to their own rulers and self-designated guardians; for the net result would be damaging to the majority of those who have gained world prominence and personal fortunes at the cost of intrigue, secret schemes and perverted ideologies. There is an unwritten agreement among your world leaders that they will acknowledge the importance of banding together as self-elected shepherds and swineherds of the multitudes of your people whom they despise, and whom they tolerate only as contributors of greater or lesser aggrandizements and emoluments to their fame, well-being and continuity in office.

You doubt that a handful of men have the capability and power and intellect to motivate the millions? Yet one individual man is capable of controlling a gigantic piece of complicated machinery if it is equipped with levers, gears and push buttons. If there were not a

world-wide inner government, which for eons has built and maintained this complex of power machinery: of domination through taxation, planned wars, ruthless poisoning of the masses through perverted medical conspiracies and distribution of tainted foodstuffs, perhaps you would have more room for doubt. One of the advantages of our superior knowledge is that we are enabled to penetrate the invisible government at mental levels and to see with clarity its unspeakable goals.

We have given you warnings to the extent of permission to do so, granted us by spiritual Higher Courts of Appeal; but you are those recalcitrant and self-blinded individuals who are so paralyzed in your capacity to think for yourselves, and so accustomed to taking orders from those in positions of influence, that you will not accept the opportunity to take the initiative even after we have given you the insight. The ratio of self-initiating individuals upon the side of Wisdom and Love, is so slight among your so-called average men and women at this time that they are as salmon breasting the falls, with the whole tide of civilization that is Piscean, cascading upon them in a mighty avalanche of hostile emotion, moving in the opposite direction.

My words are given you without heat. I am repeating myself for the benefit of those who may come upon this newsletter for the first time. Not only I, but many of my Brothers of Space, have exerted the fullest degree of the power quotients allotted to us for furthering this work of altruistic purpose.

In view of the other comments I shall make, I do not believe it essential that I respond to your questions number 3 and number 4, other than to say that as long as I am held in regard sufficient to be considered a **Co-Founder** and present Adviser for **Cosmon Research Foundation**, I shall use the weight of my influence against bringing in money to further its activities through the forms of publicity indicated. So far as I am concerned, your statement under Question 4 is debatable.

Humanity, my friend, is not still "a collective infant" but a retarded adult at the

adolescent emotional level, paralyzed in intelligent self-direction by self-indulgence and refusal to accept individual responsibility for the good of the whole.

A factor your people are prone to overlook, as you sketch visions of pleasing social meetings between our peoples and yours, is that it costs us considerable pain and sacrifice of power to step ourselves down to your earth surface frequency, and we look upon the action with about as much pleasure as would you if you were called upon to descend to the darker and deeper portions of the sea floor to hold social and economic counsels with communities of giant crabs.

If your people, who spend so much of their sentimental force in prayer, begging us to come thither among you, would instead, study for themselves the spiritually-scientific laws and rules governing and conditioning such meetings, they might discover the power of massed invocation intelligently undertaken, to provide those vibratory rates and influences which make it more feasible and comfortable for us to descend into what is to us a suffocating and stifling emotional and mental atmosphere, charged with conflict, turmoil, hate, suspicion, fear and malicious intentions to cause extreme bodily harm to any incoming rescuers of and instructors to your vast population. You ask: "Why cannot you advanced beings offset our negative atmospheres by your knowledge of magic and higher sciences?" I reply to you that we literally are assigned power or energy allotments for this project and we prefer, whenever possible, to get the greatest per capita results from our investments of energies, and therefore find that the educational program carried out via physical plane disciples who have some degree of spiritual impressionability is thus far the enterprise yielding the greatest returns.

The best suggestion I can offer, as an anticlimax to all the suggestions and instructions already given over the past four years by myself, through the channelship of Gloria Lee, is that all who read these words undertake, if belatedly, to accept responsibility personally for the negative conditions of your

planet, rather than putting it upon us who have already placed ourselves at the total disposal of the people, who now, it may be hinted, have some rather massive obligations to perform, themselves. Unity of effort has created miracles in the past ages of your world; so state the scriptures of all world religions. This is what is needed in the present. There is too much emphasis upon the personalities and too little emphasis upon the PURPOSE of this time of transition, even within the personnel of the Light Groups, themselves. And I am sorry to be forced to say this. A very few at the heart of each group, give of their total resources of knowledge, love and time. The others, with few exceptions, are not doers of the Word, but hearers only; and after feeding their ears, they return to the daily rounds to forget the impact of new wisdom until another weekly meeting.

Why do you not all undertake to request and circulate all the printed information that you believe is sound, logical and spiritually motivated, in books, periodicals and pamphlets, that you personally are able to finance? If you want the world to know about us so urgently, why don't you accept part of the responsibility to circulate this knowledge already in your

midst? Why should the few who are already doing all they humanly can, be called upon by all of you to do even more, while you simply act as cheering spectators at a sports event?

A common fallacy to which far too many of the peoples of earth subscribe, is that if they cannot do much, why do anything? Look at a coral reef, the accretion of infinite numbers of the impossibly insignificant. Yet, by continuity of concerted action the reef finally gets its head above water and provides the rugged understructure for earth, vegetation and the life cycles of higher creatures. Why not observe these obvious examples around you and accrete with all like-minded individuals to the benefit, perhaps the last-moment salvaging, of your planet?

If sufficient numbers of your people would gather together and project love and gratitude, instead of continuous requests for more and more benefits, we should not be long in appearing among you to your conscious realization of the fact; but until you provide your half of the needed action, we are limited in our ability to help you further in those ways you have suggested.

Insist on yourself; never imitate. Your own gift you can present every moment with the cumulative force of a whole life's cultivation; but of the adopted talent of another you have only an extemporaneous half possession. That which each can do best, none but his Maker can teach him. No man yet knows what it is, nor can, till that person has exhibited it. Where is the master who could have taught Shakespeare? Where is the master who could have instructed Franklin, or Washington, or Bacon, or Newton? Every great man is a unique. The Scipionism of Scipio is precisely that part he could not borrow. Shakespeare will never be made by the study of Shakespeare. Do that which is assigned you, and you cannot hope too much or dare too much. There is at this moment for you an utterance brave and grand as that of the colossal chisel of Phidias, or trowel of the Egyptians, or the pen of Moses or Dante, but different from all these. Not possibly will the soul's all rich, all eloquent, thousand-cloven tongue, deign to repeat itself; but if you can hear what these patriarchs say, surely you can reply to them in the same pitch of voice; for the ear and the tongue are two organs of one nature. Abide in the simple and noble regions of thy life, obey thy heart, and thou shalt reproduce the Foreworld again.

ESSAYS: FIRST SERIES

Self-Reliance

Ralph Waldo Emerson

E N R O U T E

Dear Cosmon Members and Friends,

Greetings in August. Now we are much more comfortable in our office because our good friends, who are also the printers of the newsletter, gave to us a fine air-conditioner they were not using. We had been working in temperatures that kept us literally sweating out the daily chores, but now we are enjoying so much relief of body and mind that the strains of desert summer are all removed. Bartram actually sneezed a few days ago and I see he keeps a warm, long-sleeved shirt hanging on his desk chairback so that he can quickly switch from his nylon, drip-dry short-sleeve hot-weather classic when the air conditioner is going full speed. Thanks to Bruce and Mickey Bain, who are altruists of "the first water" (old quote applicable to brilliance and perfection of diamonds). Thanks to Jim for hauling up our gift from Lomita and to my son, David and to Bartram as well as Jim, for installing this joy-producing appliance!

It's nice to report that the newsletter is becoming a two-way conversation. The letters you write back and the interesting things you tell us about your experiences and ideas make us feel the establishing of that special family spirit which involves all the human family everywhere, but which relatively few on our world recognize as yet. Col. Arthur Burks and Esther Stilgebouer spent a Sunday morning with us earlier in July. Bartram Kent and Harvey King of Albuquerque were present, and we were talking over this sense of being a part of an unlimited family which includes everybody on all planets, wherever they may be living and working. It is exciting when you first realize yourself to be a relatively-conscious member of this uncounted myriad of beings.

We are talking about the Family of God. More and more recognitions flare up between and among people, as we realize our unity within the Father's Purpose. You too are right in the midst of this dynamic activity, but you may not yet have thrown off the LONG SLEEP, or experienced the thrill of recogniz-

ing your brothers and sisters who are already awake and working together. We must all learn to ignore racial barriers, for they are man-conceived; not God-directed, in spite of what you may be told by hirelings of various minority groups who find it to their advantage to play up any barriers of any kind at the mass level, that will create disunity and loss of power.

In a former life pattern, the differently-colored person next you may have been your close kin, beloved mate or treasured friend. All who incarnate study the lessons Life teaches in all racial classrooms, as well as from the standpoint of both sexes. The one who fiercely hates another race body today will have his or her chance of adjustment and clear vision as he lives in one similar to that detested in the following life pattern. Hate is magnetic in reverse ratio and draws us in intimate relationship to, or change of place with, that which is hated and must be understood. If you hate enough, you may find yourself as the siamese twin of the loathed individual, next time around! This has been said before but bears repeating, for we forget that hate must be transmuted into love before we can roam free.

Gloria had friends of almost every color and nation which she made while serving as an air stewardess. When time was available, she would spend as much of it as she could, living with a family native to the country visited, in order to learn something of the language and customs from those who knew them best. She spent time with a Chinese family, an Irish family and a Spanish family in their own lands, and brought away better understanding of the common humanity of all people than could be learned by theory and lectures. Among our members we number Chinese, Negro, Jewish, German, Swedish, British, French, Australian, Canadian, South American people and yet others; and those of many religions are among us. Our group differs from some of the others in this respect. We do not charge fees or dues for membership or subscriptions, nor do we

place friends in one sealed compartment and members in another. Everybody, of any background, color, religion, belief or outlook may read our literature without any obligation. If what we offer strikes a responsive chord, we are glad and encouraged to try even harder to find a common denominator. If our offering evokes ridicule, insults, malice and disdain (which it does and has in some quarters), we are sorry we missed discovering a happy way to reach and bless everybody, but we just quietly remove dissatisfied acquaintances from the mailing list and keep on going.

At one time Gloria and I discussed the problem of finances at great length, and we both agreed that it rang true to us that spiritual food should be offered free to the people of the world, if in any way possible to produce it. Since we lived as you do in the teeth of the storm of controversy concerning this money-making bit, we floundered some in our effort to discover an even keel. It wasn't easy and Gloria often took the personality way out and talked to the membership about their duty to keep the pot boiling and to donate to the cause if they expected it to continue. Since then we have found a better way. Where Gloria is now, released from the constrictions of physical plane concerns with security, she can help me much better than we could work together in this aspect while she lived in a physical body, and we have the thing moving in a much better flow.

Many times, not just once, Cosmon has received checks for several hundreds of dollars, unexpected and unsolicited, from individuals who felt we were making a useful attempt to break down ignorance and help in the tremendous educational program leading into citizenship in the new and better Culture just around the corner. Many many times we have received donations of forty or fifty or twenty-five dollars from individuals around the world who believed in our assertion that we wanted only to keep the Lamp of Truth shining into the far corners and the dim recesses where life is difficult beyond human endurance. Personally, I have finally analyzed the problem of abundance down to a simple formula that works for us here at Cosmon. Number one is the

attitude of thanksgiving. Every day we remember to thank the Father for His abundant blessings, His trust in us to perform His works of love and light, and His center of service in which to perform His Will. Then we ask that He give us sufficient energy to increase and expand our understanding and activity.

Number three is the prime consideration. If we watch over the outgo, God watches over the income. If ever the income becomes less than we think it should, I undertake the personal responsibility to increase my output. This is a necessary rhythm and you can apply it to any part of your life. Watch your output, increase your value to God and man, and the supply for all you need will find its way to you.

Now, I want to say before I forget it, that thanksgiving is a spiritual force of expansion. As you show your gratitude in prayer and service, you expand and open up your capacity to receive greater blessings. Another thing of importance is this, to do what you can today on the side of construction. One of our members is perceptive enough to realize that although she can send only 25¢ each month as her unsolicited token of appreciation for her newsletter, this is deeply appreciated by us because it is given as a pure sacrifice, and is charged with understanding love. This same woman occasionally sends us one or two or three postage stamps, because she is intuitive enough to realize it must require astronomical amounts of postage to keep our mail flow moving and that every bit helps!

To all other groups of Light, let me say that if you are in the RED instead of in the PINK, perhaps you are forgetting your manners and your daily thanksgiving to the Father, our Source of all good, and thinking first of income before throwing yourself wholly into parlaying your spiritual gifts into a larger sacrifice upon the altar of Love and Light.

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One of our members asked me to note that in communication he received the information he was in tune with the planet of

VERGA in the System of Vega. Has anyone heard of this planet? Verification of its existence, or details concerning it would be most welcome to our friend. Thanks for your help.

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There are, as usual, many things to talk over together. This is a New Age way of educating each other through a continuous exchange of the information, knowledge and ideas we have accumulated along our individual paths of life, no two alike and therefore filled with new thoughts and inspirations for the others around each of us. Don't say you have nothing worth sharing. Even babies can teach all of us lessons of sweetness, trust and patience, and they have not made any mileage at all upon the path of conscious self-development.

When you read Ani's article in this issue, you may shake your head in surprise and doubt. I was the channel for Ani and shall explain that some months ago several of us were gathered together around an instrument who was channeling J. W. That evening J. W. brought to us several guest speakers, among them Ani, Who was introduced as a representative of the consciousness of the Third Kingdom in Nature, the Animal Kingdom. J. W. undertook to bring Ani, Who is His friend, to us for expansion of our thinking and receptivity to a wider area of communication, and we were told that Non-human Intelligences of this nature must be invoked and related to our minds through the offices of someone who is capable of applying the techniques of protection and correct contact for all concerned.

Many times after that I thought about Ani and felt that such as He might welcome the opportunity to use a human instrument to express some of the ideas He would naturally have in mind. Therefore I placed a person-to-person offer with J. W. and said I would greatly enjoy being on a mental hookup with Ani, if permissible. Considerably later, one morning while sitting at the typewriter, I was made aware that Ani would converse with me. I should explain that great entities Who work behind the scenes of the other kingdoms of Nature are profoundly intelligent, and can communicate

their ideas with supreme ease and wisdom. The words are mine: the ideas are Ani's.

There are statements communicated in Ani's message that seem to me to require expansion and discussion, and I have given much and long thought about methods by which I might bring to this group of readers vital information on subjects still considered taboo.

Further along in the New Age, everybody will be clairvoyant, and as one Great Teacher wrote, "Nobody will be able to lead a double life." Since everyone will have developed X-ray vision, nobody will be able to have any secrets. The advanced beings who live and work on the other side of illusion in the clear light of constant revelation, are accustomed to living, thinking and acting in a perfectly open manner before all others. It would not avail anyone to attempt to hide anything, and they see each other in the Light as well as they see us. We alone are unrevealed to ourselves, but as open books in every particular and detail of our minds, hearts and bodies to Those who have developed further.

At this transition point, there are a great many hypocrites among us who believe people will accept them at face value if they make a loud and impressive protest about discussing the creative relationships between the masculine and feminine principles. Several individuals have requested to be removed from our mailing list from time to time, because of our frank discussions of the facts of this relationship, and so I have hesitated for some time to continue along this road until I felt I might have discovered a better form of semantics, communication, form of words, etc.

Now I will deliver my small ultimatum, which is: Take it or leave it. I consider myself in the mothering class and am bound to explain certain things that everybody should know, whether they like it or it makes them squirm in self-consciousness, or not. I have been requested to tell what I believe to be TRUTH, regardless of the effect upon myself, and so I shall; and if you wish to hide your head in the sands of ignorance and illusion, just go right ahead.

What background gives me the right to set myself up as "authority" in this field? I have worked in a doctor's office through which wended a stream of men and women who had many marital and relationship problems. In that office I had access to the doctor's case histories, reference works, medical textbooks and contemporary periodicals, and I spent a great deal of my marginal time studying this material in order to understand and to help people. I read the Kinsey Report. I lived on a farm and observed Nature's cycles of reproduction among cattle, horses, hogs, poultry, cats and dogs. I read Rabelais, the life of Don Juan, endless books on marriage, marriage customs, history of marriage, the spiritual side of marriage, normal and abnormal psychology, reincarnation studies of cause and effects in human relationships, the Alice Bailey books, WHY WE ARE HERE, and also sat as one member of three including Gloria Lee and Dr. Sellstrom, to whom the Master Teachers began a series of talks on the necessity for bringing forth a better understanding of these matters so intimate, close and tumultuous to all of us. We need all the Light we can get. I was very lucky when young that nobody censored my reading, for I read all over the map from the time I was very young and my emotions were not involved, so that I could look upon my studies with clinical interest and dispassion, until I became swept up in the usual whirl of feeling and yet was better prepared to understand myself and observe my own reactions than many who get caught and drowned without ever quite realizing what it is all about.

Are you aware that we are forced to view the subject of our relationship with the opposite polarity through mankind's age-old self-constructed thoughtform that is as a red blur of passion, lust, desire and frustration, and that those who protest most vehemently and loudly about their freedom from interest in this fundamental aspect of all conscious life everywhere, are those to whom the whole subject is still a problem — major and unsolved? Those who take life straight and as a natural, normal process, are those who have come to a degree of balance within themselves and who do not go through exaggerated dramatic

procedures of self-flagellation and ascetic pretense.

You who are reading this message have not always been the man or woman, boy or girl you are now. You have often been the opposite, and thought the thoughts most common and normal to one aspect or the other. Test yourself with honesty and see if you cannot allow yourself to put yourself in the place of the opposite gender. Cannot you see life as a woman or as a man almost equally well, if you strain a little?

After Gloria and I went to see the movie, EL CID, she said she felt sure we had once been in a position similar to the two leading male characters. She thought we had been two military leaders of different racial backgrounds, who met after the battle and shook hands, and recognized the fact of human brotherhood over and above the other considerations. This does not strike me as being ludicrous or peculiar, for I feel equally able to throw myself into a masculine viewpoint or a feminine viewpoint, although I stick with my present appearance as a general rule. To me it is important to be a person. I like to think of others as people, regardless of their temporary manifestation as men or women. To me this is basic to expression of true friendship, which is often lost in an emphasis upon the differences instead of the common ground all people share by simply being humans.

Human relationships are extremes of complexity. The one who is your child today may have been your mate in a former life pattern. Two men friends of today may yesterday have been father and son, mother and daughter, or lovers of opposite polarity. The same may be true of any two women friends. Any of these, involved in the relationships of today, with veils of memory drawn and darkness over their yesterdays, may still be swept by tides of true Love, generated in some innocent past and now causing tensions and pressures of remorse and inward guilt because of the ignorant accusations of the masses who cannot see below the psychological surface, and assume all constant and continuous relational living patterns of women friends alone

or men friends alone to be perverted or suspect. It is also obvious that such relationships could be based on former associations as groups of monks or nuns, wherein the individuals had renounced life with the opposite aspect in marriage as being a carnal sin against the spirit and the church. We must open our minds far wider in this area.

J. W. tried to get across through Gloria that the Space People believe TRUE LOVE should be free to express itself wherever it is found, as affection, consideration, compassion, courtesy, friendliness, cooperation and collaboration. It is almost impossible for us to rise to the fact that the so-called sacred matrimony of today is a man-made concept. Marriages made in heaven are not ring-and-book unions, but something quite other, which we can discuss at a later time when there is more room. The point is that civilization should sanction and encourage LOVE, and override the notion that any personality owns or can possess any other personality, regardless of all evidences to the contrary. All should be free to smile and hold hands with any other! But we should not debase our natural and normal needs for balance with our opposite force into orgies of lust, perversions and damaging activities that brutalize and demote personality to the level of beastliness, which is actually sub-animal! If our human races were really relieved of their abysmal ignorance in this aspect of life alone, we would see a surge upward toward greater wisdom and loveliness as a whole.

The deplorable feature of homosexuality,

as the term is bandied about today, is that it is a degenerated and depraved game, and completely off the goal of providing balance of forces; creative unities for production of spiritual, mental and physical offspring. The only hope for healing this running sore on the body of humanity is application of more knowledge, understanding and education of children to avoid the pitfalls leading to such a mistaken aim.

The individuals who say we must not look down at the evils of the day and help to erase and heal them, are those who have not looked deeply and understandingly into themselves, for if they had, they would have discovered imbalance and fear in greater proportions than Christ consciousness and wise love. To truly love is to endure revelation for the sake of those loved, and to be willing to go down into hell with a mop and a broom to clean the festering misery and ignorance there that are breeding places for human woe. No matter what the self-righteous say, in the certainty they are on the side of proper and untainted dippings into the panorama of life, I am still for setting free the prisoners of ignorance and bringing to them the good news that they are as much loved by God as anyone else, and can pick themselves up wherever they come to their true spiritual senses and go forward with all of us to the very same Goal.

That's all -

Lovingly yours,

Barbara Steele

STRONGER LESSONS

Have you learn'd lessons only of those who admired you, and were tender with you, and stood aside for you?

Have you not learn'd great lessons from those who reject you, and brace themselves against you? or who treat you with contempt, or dispute the passage with you?

LEAVES OF GRASS

Walt Whitman

COMMUNICATION FROM ANOTHER KINGDOM

I am Ani. I have come in answer to your hope for contact, by Divine permission and through the good offices of J. W. of Jupiter.

To those who do not recognize my name I shall introduce myself as one who acts as an animating spirit of the Animal Kingdom. You may designate me as that one-over-all, where the animals of Planet Earth are concerned. I am not a group soul of flock or herd, or of a species or family, but it is my function to preside over the destinies of the third kingdom in Nature. It should not evoke astonishment among the sons of men, to witness that intelligent communication is possible between representatives of various kingdoms in Nature, for all are encompassed within the reach of the Mind of the Same Over-Father.

As many of you are experiencing at this period of transition, a rise in consciousness, it is appropriate that you should prepare yourselves to accept the penetration of your expanding consciousness into realms other than the human, upon the ladder of evolution.

It is of record that the Creating Father established mankind as ruler over the beasts of the field, and the kingdoms of plant life and of minerals. This is accepted without question as appropriate, but is interpreted in relation to that which mankind defines as rulership. To humanity of this epoch, the meaning of ruling is imposition of force upon the weaker consciousnesses in the area of the influence of the ruler.

Man has not yet come into his era of kingly spiritual authority for the guidance of those conscious lives of the animal kingdom of Nature, for he has not yet, as a mass unity, demonstrated rulership of the beast within his own nature.

Without emphasis, for TRUTH stands without emphasis, I say you are a race of cannibals. You are those spirits inhabiting desecrated temples in which the dead bodies of your animal brothers are daily sacrifices to

the brute within your own self, that the beast in you may be made stronger in his beasthood and fill the temple of his desires with those provocative fumes of the incense of death which drive you further upon the pathway to Illusion.

Is it a thing of uniqueness to imagine that I, an informing intelligence of a lower order of beings, am capable of conversing with those of your kingdom and may observe the practice of your worship of the physical human body, to which countless members of the animal kingdom have given up their planned evolutionary pursuits while you are led further astray as the unwitting prey of the forces of Negation, which, in their turn, have established themselves as rulers of the beast within man?

It is not of Truth that man must feed upon the carcasses of his younger brothers in order to sustain the life of his body. This is an enormity, that such a misconception should be given credence within the minds of men and should find coexistence with the pretended worship of an all-loving Father. How could a Father be all-loving, yet concur in the conspiracy that His younger children be murdered and eaten by the elder children within His family? You have turned away when faced with this question, generation after generation; for you cannot face it with honor and continue to take the name of your Divine Father in vain, which you do when you ascribe to Him a double nature which permits evil and cruelty, while sending Christs of Compassion and mercy to lead you into His Kingdom of Heaven. It is not a possible feat, even for the cunning minds of the human kingdom, to devise a means of splitting the individual into two sections, one retrogressing at the same instant the other is progressing.

In your true spiritual nature, it is impossible for you to move in two opposite directions simultaneously. And yet it is possible for that part of your wholeness, which is an individualized graduate of the animal kingdom, to sever the silver thread of communion

between itself and the immortal, eternal Soul, and to sink backward, and to undo the countless slow eons of effort invested by the Higher Consciousness, and thus to place upon the Higher Self a necessity for beginning at the beginning in the re-evolution of a perfected human being prepared to graduate into the Spiritual Kingdom of conscious Christs.

There are subjects which I feel it is my duty to bring to you in terms that cannot be mistaken for definitions of other intentions, and which relate mankind to the animal kingdom. Humanity is a bridge between the animal and the spiritual realms of awareness and as the intended ruler of the less evolved consciousnesses, is held responsible to the Creator for those atrocities committed within the jurisdiction accorded and entrusted.

Having given you these foregoing remarks, I would next bring to your attention the logical consequence of hostility between the animal kingdom and the human, where not cannibalism and slavery, but companionship, mutual service and proper examples of guidance were intended.

Animal instinct is not overlaid by conditioned responses in its natural state, but brings into the animal consciousness immediate directives for self-preservation. The animal is normally aware of the presence within man of a beast or an angel, and reacts accordingly.

Civilized man, if of educated refinement, cannot enjoy the act of murdering an animal, followed by gorging himself upon a fresh, bloody kill. He pretends to himself to convert the facts, ugly and terrible, through the magic of cooking those violated carcasses that they may take a new form and appear as food; not as victims of premeditated murder. Men are in depths of untruth when they surround killing with the rules governing games. They say they are sportsmen. Is this a better sport than that of the martyring of those early followers of Light who were placed in the Roman arenas? Where is the distinction? Since there is not necessity in either example, what remains but blood-lust; disguised, camou-

flaged, to those who allow themselves the benefit of deluded outlook and a turning away from the Predator within — the Beast in man. This is not to be imputed to the compassionate Christ-nature; not to the Soul; not to the evolving God.

With weeping sentimentality, there are those who condemn animal experiments by scientists, yet fill their stomachs with the tortured, broken victims of the slaughterhouse. Even while gathering arsenals for the protection of cats and dogs, there are those who support the mass murder of sheep and cattle and hogs. These are often those who wince and turn pale at the sight of a shrunken human head, a trophy of savages, yet rejoice at the savagery of their own "sportsmanship" that produced the trophy of an animal's head upon the walls of their den. Is it not appropriate that the human being terms that place a "den" in which he displays his brutish prowess? There are many who would shrink away from the proximity of a human scalp cut from a living skull, yet would not hesitate to deck themselves in the pelts torn from murdered animals.

There are those who go forth among their fellows with an expression of self-satisfaction because they are fruit eaters and vegetarians, yet take their steps of holiness upon feet of clay encased in shoes and sandals of leather. Upon their wrists are leather bands. Upon their hands are leather gloves. Upon their backs are leather jackets. Within their pockets are leather money holders. Upon their shelves are bone-meal pellets. Upon their floors are rugs of fur. These teach their pets to carry on the cannibalism they have foresworn. These are willing horses should be murdered that their dogs may be filled. These also turn their eyes away, for they have not allowed their perception to roam in these channels of comparison.

Man has created excuses for himself. He claims he is dependent upon the murder of evolving bodies in another kingdom to sustain him in his hunger, his vanity and his nakedness. There are no longer the excuses of ignorance or forgetfulness because substitutes

have been devised for all animal products, and now man must face the fact that he is enslaved to the BEAST within his own nature, as his karma for enslaving and plundering the beasts of the field which were given into his keeping and rulership by the Fiat of the Father, to Whom man is accountable for the transgression of his trust.

Not only has mankind enslaved his own lowest nature, but has vitiated and perverted the instincts of the animals which were placed within his guardianship and the proximity of his auric influence for added stimulation of a higher frequency which would enable them to attain to the individual status of humanhood.

Animals are impressionable through their emotions and accept the vices as well as the virtues of those beings, senior to them, with whom they are associated. An animal exposed to the atmospheres exuded from human excesses of lust and passion and perversion will exhibit these qualities also. An animal exposed to serenity, gentleness and self-restraint will exhibit these qualities as easily. It is due to these causations that the animal world exhibits that which it exhibits. Animal greed is an imitation of human greed.

As above, so below. Two worlds meet in man and he finds himself mirrored whether he turns to the world above or the world below. If a man focus his thought within the world of the beasts, he will see the reflection of the beast in himself. If a man turn to the world of the gods, he will behold the forming image of his own god-self. So be it.

Seldom do the sons of men invoke the intelligences of companion kingdoms to converse with them as friend to friend, as brother to brother. We of adjacent realms would come forth in gladness as brothers within the family of the Father over all. We must be invoked. We must contact you under the rules governing such association. It is through the understanding of the technicalities involved, and due to his friendship with members of the human and the animal kingdoms, that J. W. has kindly fulfilled those needed requirements which have made my message available to you through a

human instrument.

Further to the subjects I have brought to your attention, I would cause you to take note of the suffering and unnatural conditions you create for your pets through isolating them from their complementary polarities. In your own kingdom, you express an extremity of ignorance concerning the balance of forces in Nature and the necessity for association of the masculine and feminine aspects of all species, races and families, through chemical, mineral, vegetable, animal, human and superhuman kingdoms. Your misdemeanor in this regard opens you to unrestrained inflow of those influences and suggestions from the powers of darkness which enter into your minds with formulas for artificial and degraded modes of stilling the lower emotional drives and hungers of man and of animal.

This brings me into an area of discussion which your kingdom surrounds with taboos, yet I would avail myself, as a spiritual intelligence, of the opportunity to draw aside the veil from certain inharmonious topics so that you may fail to claim the excuse of ignorance of the facts involved after my declarations.

In this aspect to which I allude, J. W. has exchanged thoughts with me and has stated the area requires cleansing and exposure to the influx of the spirit of TRUTH, and that since my kingdom, as well as yours, is involved, I may, with some hope of benefiting you, touch upon the relationships of an emotional nature you term homosexuality, due to your lack of true spiritual education and your propensity for turning away from that which revolts the sensibilities of the refined and those among you who find the conditions established, beyond their power to ameliorate.

Nature, under the Universal Laws of harmony, order and beauty, does not violate the law of cycles or the law of love. In pure Nature, not vitiated by the proximity of man's barbaric stupidity, there is the progressive display of evolutionary forces in harmonious relationships.

J. W. elaborated to me his attempt to place before the people of earth two manuals for New Age behavior in the formative stages of your coming civilization. He said that He experienced the same inane and infantile reactions and misinterpretations that have been accorded to all reformers, and educators sent to this planet from other spheres of higher development, through the slow revolvings of innumerable eons. Those from elsewhere have commonly concluded that a majority of the humanity upon this globe will go down in the records of the infinite memory as that race of individuals most layered over and laced in and encircled by extrusions of inner complacency, stubbornness and egotistic unreceptiveness, crystallized into glassy indifference to the Truth, of any of the humanities of any of the man-bearing worlds of the universe.

And now I would say, in defense of the animals of this planet, which are my proteges, that the source of the perversion of homosexuality is not to be discovered within the animal nature of animals but within the animal nature of man. The basic statement to be remembered is this, that all functioning of this sort is, in its final analysis, a misconceived and wrongly expressed yearning for the exchange of the energy of love. No one: no consciousness: no intelligent entity ever outgrows the need for an exchange of the pure energy of love. Substitutes spring from imbalance and segregation and the damming up of the proper circulatory flow of Life to all parts of its body of manifestation.

If as is true, the mistaken attempt to find Polarity Balance is undertaken between animals of the same sex, due to their arbitrary and inescapable separation from their complementary polarities, as an instinctive urgency to find balance and revitalization, — the karmic liability lies with man and not with the innocent creatures dependent upon his guidance and cultivation.

There are those individuals, both male and female, among your multitudes, who have made a fetish of culturing perverse attitudes and elaborating artifices to an extent they are out of touch with reality, and vainly imagine

themselves to be those who exemplify fore-runners of a superior type released from dependence upon the opposite polarity by the possession of an accreted body of rituals, doctrines, formulae and mechanical techniques by which they believe they supply to the physical body a supposed balance through exaggerated exercise of the sexual function, aided by the willing, enforced or remunerated cooperation of their own sex.

At the end of the pathway of human evolution, it is true that each individual concludes certain developments of potential which allow the establishment of a balanced supply of masculine and feminine attributes within the personality. Either developed man or developed woman is in a wholeness of individuality at this point and can look out upon others with the understanding of both polarities, acquired by extensive sojourns within each aspect. Love is known for what it is: the Universal Life Principle of Creation.

A Soul is inclusive in its awareness of, and love for, either or both polarities. The personality of an experienced old soul expressing upon the earth, is one who includes love of either sex — for its fellow men and women. This is a true hermaphrodite, a spiritually mature combination of Hermes and Aphrodite, or man-and-woman, in the sense that incarnations in vehicles of both polarities have been experienced so frequently there is no great emphasis placed upon a distinction between the two. Often personalities of souls such as these, are captured in their innocent youth upon the physical plane and conditioned by a perverted adult to imagine they are beyond the understanding and acceptance of society and must accede to a way of existence prescribed by the one who seeks to corrupt them.

This is a blight upon your kingdom, a cancerous growth of your civilization; a misuse of the creative power which should find its expression in bettering the form aspect of your humanity, in producing better opportunities for incarnation of both animal and human. You have a great need for exploring the field of spiritual eugenics. You who read my

message are as much to blame as any for you, too, are of those who have turned away your faces or closed your ears. All these corruptions are rooted in the ignorance you have not eliminated by acceptance of responsibility for the finding and teaching of TRUTH. You have all been a part of the failure to guide the young of your kingdom, to rule the animals, and the beast in your own self.

It may now be repeated that this is a rare opportunity, which I cherish, to be permitted entry into your world of conscious thought and to open more widely your door of recognition that no activities, desires or thought processes upon your planes are in any wise hidden from the clear viewing of those in greater spiritual capacity. You are known for what you are in all the detail of your living. I would have you realise that contrary to the claims of superiority and freedom from the restraints of Universal Law promulgated by those of perverted patterns for living, they are the LAGGARDS of your race; the first who will fall away and be separated off from the pioneer exponents of Christ powers, and who will find themselves again in the kindergarten zones of evolution, facing an enforced re-ascent through

the veils of ignorance, until at length, even these will have learned by repeating the course how properly to utilize the CREATIVE FIRE of LIFE.

My understanding will not permit me to withdraw from your realm until I have left with you the thought that you hold within yourselves the power to turn yourselves away from those actions which your spirits have long since outgrown, and which should find no response or encouragement within the kingdom of man. I am not an animal, but a spiritual intelligence. (There are animating intelligences of communicative capacity within the vegetable and the mineral kingdoms also.) I am quite capable of communicating with members of your race in the terminology to which you are accustomed among your human brothers, but it must be remembered that I and others of my kind are not able to meet with you as yet in the normal course of events, but only under special permission and by invocation where conditions of inclusive love and altruistic purpose have been fulfilled upon all sides. My prayer upon leaving your human vibration is that your people of earth may begin to look upon the animal kingdom with concepts cleansed of illusion.

"A main fact in the history of manners is the wonderful expressiveness of the human body. If it were made of glass, or of air, and the thoughts were written on steel tablets within, it could not publish more truly its meaning than now. Wise men read very sharply all your private history in your look and gait and behavior. The whole economy of nature is bent on expression. The telltale body is all tongues. Men are like Geneva watches with crystal faces which expose the whole movement. They carry the liquor of life flowing up and down in these beautiful bottles, and announcing to the curious how it is with them. The face and eyes reveal what the spirit is doing, how old it is, what aims it has. The eyes indicate the antiquity of the soul, or, through how many forms it has already ascended. It almost violates the proprieties, if we say above the breath here, what the confessing eyes do not hesitate to utter to every street passenger."

ESSAYS: 2nd Series

Behavior

Ralph Waldo Emerson

Y O U R H E A L T H

Several of our readers have written requests for articles on diet. Many of them wish they could steer a middle course and add a forbidden item once in awhile just to balance the monotony. The following list was given by Master D.K. through Alice Bailey, as a commonsense diet for those who were trying to live a reasonable New Age life among the "cannibals".

All vegetables that grow above the ground
 Milk (sparingly)
 Honey
 Whole wheat bread
 Oranges
 Nuts
 Raisins
 Bananas
 Potatoes (sparingly)
 Unpolished rice

This Teacher said our foods should be chosen from among the fruits and vegetables that vitalize. Since this Teacher was well past 100 years when writing the Bailey books, it should be inferred that He knew what vitalized.

In one of Master Morya's Agni Yoga books, mention was made of the benefit of fragrance radiation from ripe apples. How many of you know that apples belong to the same family as roses?

You are going to have to gather up your courage and experiment upon yourself in this wild territory of diet and food preferences. Nearly every authority differs on some basic essentials and so there will always be the need for you to inform yourself of several intelligent viewpoints and strike a personal balance somewhere among them.

Please don't be dogmatic or dictatorial about one pet item or another, just because you like it and can buy it at your health food store. Also be reasonable. Can you expect others to take you as a perfect example of your

preachments? Are you glowing with health, radiantly beautiful, nice to be near? Or are you a theorist who feels impelled to tell everybody in your family and elsewhere what is best? You could be missing the mark and ruining the whole subject of proper diet for all who know you, just because your appearance, performance and character do not match your sermons.

Some of our Cosmon friends are purists and will refuse to take certain things into their systems. Yet could they be overemphasizing food and underemphasizing being fun to live with?

The Space People explained to Gloria, as we have told you before, that any cooked foods are dead foods and have only the power to maintain you in whatever condition you may be. You can hold your own with these to some degree, but you cannot regenerate your skin, muscles, organs and bones on dead vegetable or animal matter. It is necessary to eat fresh raw fruits, vegetables, and juices of both, for energy to turn back the clock.

Over and above all, let's try to remember that a very great deal of the physical ill health, indigestion, run-down feelings and misery are due to lack of humor. "A merry heart doeth good like a medicine."

One of our friends, a member of the U.S. Navy in Asia, tells us he wishes we would put in some good words for herb teas. They have helped him a lot, he says.

Your local health food store or the health food section of your market may offer up to 150 interesting and unusual teas made from the flowers, bark, leaves, stems or roots of plants. You will enjoy some. Others you will find flat or tasteless, but they all have some medicinal or health values which you would enjoy studying.

As in making regular tea, it is advised to use either tea bags or 1 - 1-1/2

teaspoonfuls of herb per person. Have your pot or cup heated before brewing the tea and if you make a pot of it, add an extra spoonful or teabag, for second cups. And pour on water that is really boiling hot. Most persons like tea steeped for 3 - 5 minutes. Sweeten with honey!

ALFALFA TEA - Rich in iron. Relieves anemia. Good for bones and teeth.

COMFREY TEA - Helps to ease sore throats and heals fresh wounds.

FENUGREEK TEA - A good intestinal cleanser.

HOPS TEA - Soothes nerves. Helps overcome insomnia. Relieves heart palpitations.

HOREHOUND TEA - Helps in relief of coughs or asthma.

HYSSOP TEA - Helps bronchitis, lung congestion and asthma.

LAVENDER TEA - Helps in relief of cramps, dizzy spells and headaches. Use as a gargle to relieve hoarseness.

LICORICE ROOT TEA - Said to be helpful in treating ulcers.

RED CLOVER TEA - Has an active ingredient, glycogen, which is said to help in blood infections, coughs, rheumatic and arthritic pains and heart palpitations.

MINT TEA - Said to soothe stomach pains and to stop colds.

SAGE TEA - Good for relief of stiff joints, when used in the bath. Good gargle to soothe sore throat and head colds.

SARSAPARILLA TEA - Said to relieve skin ailments and improve poor blood.

SASSAFRAS TEA - Tonic and general therapeutic use.

The list is almost endless. Study the fascinating details for yourselves. In future perhaps we shall stock some of the more general-use teas and books of instructions that should accompany them. American health food stores stock tea packages at approximately 65¢ per box. This is the average size and price, though they vary from 49¢ to 75¢ or more, depending on rarity of tea, etc.

* * * * *

Try to eat all the raw fruit and vegetable salads you can during the summer and if you are lucky enough to own a juicer, make lots of orange, carrot, and mixed fruit and vegetable juices for your family.

We will add more diet information as we go. Try to avoid extremes, because it is important to be "fit to live with," and many place themselves on diets that were never intended for their type of body and cause pain and discomfort instead of health and happiness.

 *
 * Our dear READERS -
 *
 * A very few of you have sent
 * in your new ZIP CODE numbers.
 * All within the United States have
 * now been assigned a mail-deliv-
 * ery AREA CODE NUMBER. Re-
 * member to send this to all your
 * correspondents.
 *
 * Bartram suggests that you
 * tell us more specifically if you
 * do or do not like the newsletter.
 * We are open to constructive crit-
 * icism, and ideas that can be in-
 * corporated to the benefit of ev-
 * erybody.
 *
 * *****

INTUITIVE PERCEPTION

Maurine W. Sellstrom

Intuitive perception should be a useful function for all of us who are looking with interest toward the New Age. Intuition is the ability that can perceive what is in the future. Both reason and senses must deal with what has happened. Feeling knows what is happening. Only intuition reaches toward the future.

Admiration is frequently a form of intuition. We admire in others what we sense we must potentially develop. When we feel this admiration without any awareness of having the qualities we admire, we often fail to relate to our heroes. The very quality repressed in us keeps us from expressing those values precious to us and to those we admire. Hero worship which carries no sense of identification with our hero creates a fan attitude. Fans can have a distant relationship with their stars, but sooner or later feel frustrated because they do not have real acceptance by those who look so glamorous to them. Stars also tire of admiration which has no exchange of ideas which they value. Sheer admiration may for a while attract those who need ego bolstering, but it does not really create a relationship conducive to communication and mutual acceptance. We soon feel the need of being accepted as an equal, a brother. Only those who feel such equality can really communicate.

Who is our brother or sister? "He that does the will of our Father Who is in Heaven," or he who serves our values. As we see the same values as Heavenly, we can agree. When we cannot, we argue. This includes even such simple things as choice of color or foods. When people like what we like, we feel they have "good taste". When they do not, we are puzzled and question their judgment.

What causes us to reject parts of our endowment as important as intuitive perception? Why do we refuse to live these traits and then be so charmed by them in others?

Usually it is because we have witnessed the trait immaturely used, usually early in our childhood. This kept us from developing certain abilities that were our gifts from "our Father Who is in Heaven."

Even such a wonderful quality as love can seem undesirable when it is lived "not wisely but too well." The love that is selfish and possessive is usually an immature form of loving. Those of us who may have experienced such a love from others, may have become cool and remote in the expression of our warm and outgoing feelings.

When we have seen a particularly frightening form of any function in our early years, we often feel that "I'd rather be dead than like that." Often that is exactly what happens. A side of us becomes dead. It no longer lives. Even as Herod killed the babies in the Christmas story, many of us have sides of ourselves that have been killed before they were two years old by the cruel dictation of customs or people who had power over us in our early experiences. Longing for these dead children in us makes us susceptible to disproportionate longing for people living qualities like these dead sides of ourselves. Yet this very suppression makes us unable to express those values we admire in the very areas we admire them most.

This is why agreeing with our adversary while he is yet in the way with us is so important. Loving our enemy becomes necessary if we are not going to imprison parts of ourselves. It lets us keep alive traits we need to train and develop so they can express maturely. If we cannot do this, we leave parts of ourselves in outer darkness until the trumpet is sounded which lets us see the Christ or the way God created those traits to be used.

As we feel admiration for another whose abilities seem beyond our world of expression, he is indeed a hero or savior to us. He is redeeming qualities for us which had been condemned in our early living by seeing them

used too hard or unwisely. As long as we cannot use them because of our former enemy whom we could not forgive, we are cast into a prison. We lack the freedom to use these sides of ourselves or enter into the areas of life this endowment would open to us. We will remain in this prison as long as the ones we condemned remain in outer darkness — or suppressed beyond the light of our attention. This also robs us of the energies surrounding us we could use to bring them into form and expression.

Why would we repress any qualities so valuable as intuitive perception? Usually because we have seen others use it in a way that seemed to us "crazy", or loaded with delusions of grandeur. We have seen intuitive people who had claimed some great gift that everyday observation told us they lacked. Or perhaps we saw intuition used exploitively in a way that gave others too big a bill to pay, by predicting some dreaded and feared future event in order to receive some compensation or blackmail from the fearing one.

One woman was told that she wouldn't live past a certain time unless she studied from such an intuitive person about how to pray and meditate. Others have seen people who made extravagant claims for themselves, saying they received such information intuitively. All of us have read of prophecies which never happened. These are all public examples of beginning attempts to use intuitive perception. Beginners often do things in a bungling manner. We all make some mistakes as we begin any new enterprise.

Ego must be surrendered in most of these cases, before the wise and mature use of pure KNOWING can come about. We have to be willing to learn, often by trying and failing.

What are the skills right use of intuitive perception can give us? One of its frequent right uses is flare, or a sense of timing that tells us what will be popular. Clothing firms, manufacturers who succeed in correctly estimating the market are frequently using intuitive knowing in this way. We are more apt to

have intuition express as flare in areas of life where we are experienced and have worked extensively. Even when we feel we do not have this quality of flare or sense of knowing which direction to go, it is our repressed intuition which accuses us and makes us feel that we are heavy and ponderous. It is our unconscious awareness of flare that sneers at us when we do not use it.

Intuitive perception senses the future and helps us to move instinctively towards it. Many of us do this, then try to give reasonable explanations to justify our actions, which sound stupid. Or sometimes when we cannot find a reasonable explanation we delay and procrastinate, until we sense we are being fearful or stubborn. Prayer and faith in guidance can help us reduce the mechanism of procrastination. Many times we fear our dream of the future because we sense it is conceited and unjustifiable. We sense that man can not put himself ahead of God. Most of us have witnessed some self-styled prophet who implied that he was greater than he believed God to be. Man perhaps is potentially all that God is, but he can never be secure in having any part of God's abilities that he has not proven by his own action. Intuition can show us what part of any new ability we can use. It will also make us aware of where we can use it safely, if we will allow this tutoring from within to take place.

Really mature intuition brings with it a humility and a sensing that "Thine is the Kingdom and the power and the glory." As we mean this prayer our fear of blame diminishes, as well as many of our encumbering protective mechanisms.

Intuitive perception that seems foreboding can be the warning that we may be confronted with a test or initiation that requires more preparation on our part. It is time to get ready and learn, so we can pass our test with flying colors. If we are thrown into fear and depressed foreboding instead of study, we allow ourselves to be thrown into dark moods. Thus we are cast in a dark light and cannot pass with flying colors, because our colors are heavy and we cannot see our problem in

its true light.

Intuitive perception gives us the ability to slough off unnecessary encumbrances. We do not have to save against the rainy day, because we believe in an inner guidance which will have us under cover in time. Thus "sufficient unto the day is the evil thereof."

Intuition can let us know what we will face in our tests, so we do not have to review the whole course. It will let us leave what is old and outmoded and move with interest and energy toward what is new. We can reach into the New Age with enthusiasm and find joy in creating new forms, which make old and hoarded ones unnecessary. They can be given to our fellow man who is coming up the step we have just left. He can benefit from that which we can no longer use.

Most of all, intuitive perception can help us to find God's law in regard to any situation. If we can follow His guidance we do not have to carry armor and defenses against the punishment for our mistakes. As we can perceive and follow God's law, we prosper. Things go well, so we do not need all the equipment we try to carry in case they do not.

We do not have to prepare so carefully or consider so thoroughly what we will say, for our perception of God's way can put the words into our mouths as we have need of

them. We do not have to consider what we will answer, for we will know what is true.

This inner tutoring can teach us what is God's plan for the gifts we brought into life with us, to accomplish God's purpose for our living. As we can find the right use of all we are, we can become the beloved sons in whom God is well pleased. It is then we can be like Sir Galahad who had the strength of ten, because his heart was pure. We can start out in our search for the Holy Grail, the cup from which we drink of the essence of the Christ in us, which is the way God intended all He created like us to be used.

This cup gives us the living elixir of life, the body of the Christ consciousness of man as being sustained by God in His Kingdom. This cup satisfies all thirst, and man no longer hungers and thirsts for righteousness. His own intuitive perception lets him know the right use of all he is, and he is filled.

Much of the anxiety we feel is the fear that we won't know, we won't understand. We are afraid that we will be oblivious and miss the Holy Grail, that it will pass us by unseen. Let us stand still and see the salvation of the Lord. For He has promised us: "Lo, I am with you always, even unto the end of the world." This certainly includes any form within this world.



THE HOLY GRAIL

by Maurine Sellstrom

Had you asked of Me
I would have given to you
Of the Living waters
And you would thirst no more.
As man can sip from the Holy Grail
And drink its waters of understanding,
He does not long for righteousness
For he knows the right use of those qualities
Which were his at birth
From his Father which is in Heaven.

Once that right use is known,
He is not tempted to use them foolishly.
The flow of life becomes his cup
Which meets his need
Even as it arises.
He does not need to hoard or hunger
For sufficient unto every moment
Is the inspiration and gift
Of that moment.
The Christ within — the living waters
Flows through him into life.
He is part of the stream of all that is
And God moves through him, around him, in him
And from him to every corner
Of all that is Creation.

UNIVERA OF JUPITER
TEACHES TO STEP FORWARD INTO LIGHT

* * * * *

"I AM A WAY-SHOWER OF JUPITER. I, UNIVERA, do speak with thee again. I, UNIVERA, am a WAY-SHOWER of the Planet SATURN also, and am now becoming a WAY-SHOWER on the Planet Earth!

"UNTO YOU DO I SHOW THE WAY! UNTO YOU DO I LEAD WITH LIGHT! Unto you do I give the hand of Friendship, - the Fellowship of the Great Powers of the Great Beings of all Heaven! To Earth do we send the WAY! SHOWING THE WAY is ever entwined with all of the FATHER'S BEINGS in Heaven and Earth! LET THAT WAY BE SHOWING UP UPON EARTH! I, UNIVERA, would speak with thee sincerely, - KNOWING THE WAY IS STIFF AND HARD and difficult at times.

"COUNT NOT THE PEBBLES UNDER YOUR SHOE! COUNT NOT THE BRIDGES YOU CROSS! Count not the dark alleys and the difficulties on the Way, but count the LIGHT BEINGS as they play ahead of you, - knowing that AS YOU MARCH FORWARD, - as you STEP INTO ONE LIGHT-BEAM AFTER ANOTHER, - so do you acclaim that LIGHT-BEAM unto yourself, and you BECOME A PART of that INTO WHICH YOU STEP. As you acclaim it, you BE IT! You MOVE INTO that which you SEE, and which you CHOOSE TO BE. And that which you CHOOSE TO BE, you BECOME, and ARE!

"Little by little, you DISSIPATE that which you WERE; you undo the work which was erroneous. In error you lay it aside, in the Path which is BEHIND you, - and looking NOT BACK, but FORWARD INTO THE LIGHT, you

STEP FORWARD, forever moving into the LIGHT, breathing deeply that exultant LIFE which LIGHT IS! As you absorb LIGHT INTO YOUR BEING, you BECOME that toward which you face, and WORK, and into WHICH YOU MOVE!

"LEAN NOT BACKWARDS, nor be looking backward, nor under, nor beside; nor noting, nor taking note in whatsoever manner of the DARK and the DEVIOUS; of the ugly and betraying; the shallow and the wrong. THAT IS THE UNDOING OF MAN! For as he looks to THAT WHICH IS, he BECOMES THAT to which he fastens his eye, - his thought, - even his lack of desire. For a lack of desire is a Negative Thought; and that which is Positive, attaches itself to a Positive aspect.

"LEAN NOT TO THE DARK OR THE WEARY! LOOK NOT BACKWARD but FORWARD, feeling the LIGHT moving INTO you, over you, around you, through you! As you step along the Pathway to the Mountain which you see rising in Splendor, - VAST is that pinnacle of LIGHT and DELIGHT! For each step FORWARD into the LIGHT, raises you UPWARD, and you BECOME THAT WHICH YOU FACE, AND IN JOY, WOULD BE!

"I, UNIVERA, would address thee many more times; and shall, for I AM BEING A WAY-SHOWER OF EARTH!"

Hope Troxell
Channel for School of Thought

ON FREEDOM

* * * * *

(Especially July 4th)

"WE WHO ARE WATCHING THE WORLD wonder at the EXPLOSIONS which you perform! And now tomorrow in your Great Theatre of Action called AMERICA, you will perform for pleasure in great joy, more minor explosions!

"HOW YOU PEOPLE DO LOVE TO REND THE AIR WITH NOISE! Little do you realize what dastardly results you perform on yourselves, on your Auras — on the Functions of your Beings — on the PROGRESS OF YOUR CIVILIZATION!

"HOW UNGRATEFUL WE MUST SEEM TO BE OF YOUR SO NOBLE PURPOSE, that Fourth of July so long ago! And yet what has it become, but a 'CANDY DISH for the Kiddies? A TIME OF PLEASURABLE NOISE for the parents, - fathers, I would say, while Mothers prepare hot and steaming dishes, or cold foods in excess quantities, for over-gluttonous individuals!

"NO, I cannot say that we feel glorious in your glory, or pleasure in your attempt to REVIVE THAT DAY so long ago! FREEDOM WAS ITS ESSENCE, wasn't it? What has FREEDOM become, but noise, extravagances, excesses, gluttonous efforts! IS THIS FREEDOM, our Children?

"OH, WAY BACK ONE TIME — FREEDOM may have meant something greater still! But to us, FREEDOM IS IN THE NATURE, not in excessive bundles of this and that! Foods, firecrackers, noises, people!

"FREEDOM IS A WONDERFUL CREATION OF THE FATHER'S SPIRITUAL POWER! You have LOST the art of FREEDOM! You have LOST the MAKER'S PURPOSE in FREEDOM! CONQUER YOURSELVES! Children of

Earth! And you will once again, KNOW FREEDOM! For Freedom is the result of CONFINEMENT OF EXCESSIVE POWER! Think that over, and be relentless in your desire for Freedom, not of noise, not of excesses, not of hearing yourselves BOAST of that which you ONCE WERE, and have BECOME!

"OH, NO! Children! THE POWER OF FREEDOM IS IN THE WORK WHICH LIES BEFORE YOU! Freedom to achieve a Power so GREAT and grand and beyond your concept! FREEDOM is quiet sincerity to application of a POWER which is GIVEN UNTO YOU FROM ON HIGH! The FREEDOM to accept it, and to WORK AT IT and the FREEDOM not to abuse, but the FREEDOM TO ACHIEVE GLORY BEYOND GLORY! ACTION BEYOND ALL possibly conceived ACTION!

"WHAT FREEDOM MEANS TO US, dear children, in the Great HEAVENS beyond, is NOBILITY OF ACTION and serenity and the PULL with the FATHER'S LAW, and the ACCESS TO GREAT BEINGS — greater Beings by far, than you have encountered, or even surmised! FREEDOM TO ACHIEVE GREAT COMPLEXITIES and even greater UNFOLDMENT ... is the promise!

"OH little people of Earth, with your firecrackers, and your gorged stomachs! Oh little people of Earth! HOW YOU HAVE CONDEMNED YOURSELVES! FREEDOM you know not. Freedom is not destruction! Freedom is not SELF-POWER or SELF-WILL! FREEDOM IS THAT WHICH when abused, DESTROYS YOU! Watch and see!"

Hope Troxell
Channel for School of Thought

To All Light Groups and Light Bearers:

As received by the Channel, Phyllis Veronica,
JUNE 17, 1963. Released by Star Light Fellowship,
Unit 72, New York, N. Y., U. S. A.

THE LORD GOD * I AM THAT I AM *

I AM THE LORD THY GOD who speaketh unto Thee, O Daughter of ISRAEL. I AM with Thee always, even unto the end of the Latter Days which are now upon Thee, in the House of the Lord, Thy God, THE KING of ALL ISRAEL. I AM the Conqueror of the unjust; the Leavening of the Bread of Peace that shall Leaven the Whole Loaf.

The Third Time has ISRAEL fallen and risen again to take up Her Cross along the long, hard pathway the many have worn in traveling before Her. WATCH YE, AND PRAY, for the Time is nigh at hand when I SHALL JUDGE THE SHEEP OF MY FOLD, and Pray I that not one shall be found wanting! For long have I awaited Thee to stumble on to the Path of Righteousness for My Name's sake, and only You who can bear the hardness of the Bitter Cup shall be worthy to be Possessed by ME, when in the Last Hour I SHALL SEEK MY ENTRANCE UNTO THEE. O, My Blessed Lambs, My Blessed and Beloved Flock from My Pasture, keep Thee in thy ways MY TRUTH, that My Covenant with Thee may not be broken of Men.

Stand fast and firm in MY LIGHT which overshadows Thee so that MY WORD, MY POWER may come unto Thee and give Thee STRENGTH, as you unveil and unmask yourselves of the physical verities, which are unnatural in the EYE OF THE FATHER of All of His Children. PRAY YE, therefore, after ME, that I may come closer unto Thee in the Rising of The Sun within YOU, so that the LIGHT may pour forth in Wisdom and in Love, your own Ascension after ME when it is Time that I COME.

PREPARE YE and make ready, for al-

ready the Threshing has begun. For the Seed has risen above ground and is being Blessed by the Rays of the SUN to Bear Fruit after the labors of the Harvest Time. For They have been imprisoned, but have now been sent forth to sow Restitution in MY WAY that I AM bringing forth for them to travel. You have MY MARK upon You, who shall deliver unto ME those who cannot as yet see ME for the dust within the eye.

Let, therefore, thine eye sparkle as the LIGHT OF THE SUN, so that Ye may heal that which Ye shall look upon in the Days Ahead, which are Now upon MY DOORSTEP.

ENTER YE INTO MY SPIRITUAL WATERS, for Thou art JOHN Whom I have already sent to Baptise Thee in MY NAME. Let Ye who hear KNOW, and Ye who can see UNDERSTAND. For the Days of the Parables have begun to pass over, for THE LIGHT is no more hidden, but has risen above the shadows of mortal time Which has told its Given TIME.

REJOICE YE, WHO CARRY MY YOKE. For thy burden is made lighter in the carrying thereof. PRAY FOR ME to come closer unto Thee All, for THE FATHER has granted Thee ALL in MY NAME that is asked.

BE IN THE PEACE of He that lieth in thy womb and is preparing for THE BIRTH that shall raise up the Tomb unto the lush Garden of the LAND OF THE EVERLASTING SUN.

BLESS the Holy Ground wherein Ye stand, for in that Place I AM THE LOVING CHRIST IN ALL OF THE FATHER'S GLORIOUS VICTORIES which He has given ME to bear up the Earth Plane.

C O S M O N K N I G H T S

Dear CosmonKnights,

We want you to know about a lovely club in Canada, called the Kindness Club. They have put out a very fine book for all who love animals and want to know really HOW TO BE KIND, which is the title. This is a book for boys and girls and their parents and contains in it suggestions for forming kindness clubs among your friends, as well as giving you many stories about the wonderful intelligence of pets and wild creatures. Dr. Albert Schweitzer thought this was such a great idea that he wrote a letter of praise to the people who have brought all this information together for you, and it is printed at the front of the book. You may buy a copy at Cosmon for \$1.00. Add .04 sales tax if you live in California, and .10 more for postage.

HOW TO BE KIND
By Joyce Lambert

Our magazine is so full this month of so many things that we are going to publish two letters from other CosmonKnights instead of a communication to you from the Space People or a long letter from me. Vicky is eleven, as you know, and Frank Ninivaggi is sixteen. We hope you will read over what they have written and write to us about what you would like to see in the newsletter. If your letters are of great interest we may be able to publish parts of several letters from you, or one or two whole letters.

Several grownups have been sending us books for children and young adults so that you will be able to have a fine mailing library after awhile. This makes us very happy and we again say THANKS to all who have so generously sent help to the CosmonKnight group, and books for lending.

With love from your friend,

Barbara Steele

Dear Cosmon Members,

This time I am writing this letter for the same reasons that I want to help you and think of more and more things to do.

When you are over at a friends house or at home and think you have nothing to do then sit down and think for a while. You will find out there is really a lot to do.

Look around and see if you can find some odd materials, then find some odd things to make with all the materials that you had found. Right there that will keep you busy for a while.

Don't always think of your self. Help others to find things to do. Then someday you won't have anything to do and they will help you to find something to do.

Wait patiently for things to happen and for things to do.

Don't say that you can't do something for I know you can, that is everybody can if they try and have the patients. For all it really takes is the person and the patients.

If you have the patients then you can do anything your heart desires.

When you make something don't always make it for your self. Make it for a friend or someone who does not have anything except a house to live and clothing. There lucky if they have that.

Thank GOD every night for your blessings. Be grateful that you have shelter, be grateful that you have people around you to help you and love you, be grateful that you have clothing. Thank GOD for all these things.

Don't get angry, jealous or impatient. Be calm, nice, generous and patient.

If you have any kind of pet at all don't spoil it. For it's sad to see when a person or

animal is spoiled. Be nice to everybody and every animal. But don't get too nice. For it will spoil them.

If you follow the suggestions or at least try to follow them then you will be prepared for the NEW AGE. But you must try as hard as you can because it's not going to be easy.

Please feel free to write back to me. Let's be friends. I would appreciate it if you would write back and ask questions or anything you like.

LOVE and LIGHT
From VICKY CARSTENS

THE WISDOM OF A FOUR-YEAR-OLD

"My grandson Troy, four years of age, was viewing a picture of a dove I had just painted on a wall. He said:

'Maryellen, how does God make things?'

I said:

'Suppose you tell me, Troy.'

He replied:

'Why, He just thinks up something in His mind, like a bird: then He pushes it out of His mind into the air.'"

. . . Sent by Maryellen Sullivan
California

FEASIBILITY

Many people upon hearing the goals of Cosmon say that such ideas are impossible to be put into action. I think that in all honesty they are not to be called bigots because I know from experience that this is the most probable reaction of a person first hearing about Cosmon. Many of my friends have laughed and admonished me to stay away from such phony organizations. But through long and extensive investigation, I, myself, have realized that Cosmon is no ordinary group with old ideas just fixed up a bit to make them look new. Cosmon is prolific to old age thinking. We cannot go by old age thought any more. Now is the time for change. Today is the New Age. This is really the Age of Termination — the ending of old allegorical thinking in terms of religion, and the beginning of New Age ideas and True Age ideas. First, we must have hope in the future; for hope precedes faith. Then we shall have the

faith necessary to begin our investigations in thinking. From this revolution in the concept of thinking, we shall procure the knowledge of the ages — and endless array of color and concept.

Because God is all-good and has shown us His goodness by creating us, is it not right that we, reflections of the Father, should be good and loving too.

I love God with all the love He has given to me. I hope that you love God in the fullest way possible and show this by loving your neighbor. Jesus of Nazareth said, "If you love me, you love my Father in heaven."

Do YOU love your Father in heaven?

I do!

With Love and Light in God,

Frank Ninivaggi

T H E B O O K C O R N E R

SUGGESTED READING FOR ANIMAL LOVERS

Who Want to Read About Animals

(Not for Sale or Available through Cosmon Research Foundation)

KINSHIP WITH ALL LIFE by J. Allen Boone,
Harper & Bros., N. Y., 1954

This modern classic had its origin in the writer's becoming friends with the famous movie dog, Strongheart, and his discovery that he had much to learn from the dog. Entertaining and philosophical, the book contains adventures with many animals, and a completely new point of view about man-animal relationship.

LETTERS TO STRONGHEART by J. Allen Boone, Prentice-Hall, N. Y., 1939

Letters written to Strongheart about the author's observations on people, animals, and foreign lands. Like Kinship With All Life, the book represents a warm and unusual philosophy of living. Out of print, but available in libraries and sometimes in 2nd hand bookstores.

EXPLORING INNER SPACE by Jane Dunlap, Harcourt, Brace, and World, N. Y., 1961

The writer relates her experiences with LSD — a chemical agent which causes profound changes in consciousness. In these sessions she had some intense inner experiences regarding animals. Her behavior and entire outlook on life alters as a result. A book of great spiritual meaning as well as wide psychological implications.

THE ANIMAL WORLD OF ALBERT SCHWEITZER, ed. by Charles Joy, The Beacon Press, Boston, 1950

A collection of Albert Schweitzer's writings on animals. It contains some fascinating anecdotes about animals in Africa; but the book is significant principally for its section on

reverence for life and its discussion of the need for a broader ethical system, which shall insist upon man's ethical obligation to animals.

CATS' ABC by Beverly Nichols, E. T. Dutton and Co., N. Y., 1960

A slender and captivatingly illustrated volume, which no cat lover would want to miss. It is filled with wit, whimsy, and much practical information about cats from A (Amusements) to Z (Anything but Zoos).

THE FUR PERSON by May Sarton, Rinehart and Co., N. Y., 1957

This is a delightful story about a Cat About Town who decides to find himself a permanent home, and finally finds one that is suitable. He soon becomes a Gentleman Cat who obeys all the 10 Cat Commandments (I. A Gentleman Cat has an immaculate shirt front and paws at all times) and in the end becomes a real Fur Person.

ANGEL IN TOP HAT by Zulma Steele, Harper & Bros., N. Y., 1942

The biography of Henry Bergh, founder of the first Humane Society in the United States. Out of print, but available in libraries.

VOICE OF THE VOICELESS

A magazine which keeps its readers informed about events in Catland, Dogdom, and the animal kingdom generally, including those abuses and cruelties which cry out for correction. The need for humane education is stressed. \$2 a year. P. O. Box 17403, Foy Station, Los Angeles 17, California.

A SURPRISE FOR YOU

After almost a year, we have been able to locate only seven copies of a wonderful book which was published in 1961. It is "THE MASTER H" by Pensatia, and I do not feel capable of reviewing such a marvelous work. It is a history of the many lives of a Master.

Why do so few of us heed the inner call to become a Master? When we have suffered much and the time is ripe the Master will appear.

This is a must reading for those who

believe in Karma and Reincarnation and the Ones who have promised to help us to reach Their level.

I have read this book three times, and promise you this - if you buy one of the six books now left, and you think you do not like it, just mail it back to us and I shall send you my check for the price you paid. The price is \$5.00 plus .15 postage, and .20 tax in California.

Bartram

"The fossil strata show us that Nature began with rudimental forms, and rose to the more complex, as fast as the earth was fit for their dwelling place; and that the lower perish as the higher appear. Very few of our race can be said to be yet finished men. We still carry sticking to us some remains of the preceding inferior quadruped organization. We call these millions men; but they are not yet men. Half-engaged in the soil, pawing to get free, man needs all the music that can be brought to disengage him. If Love, red Love, with tears and joy; if Want with his scourge; if War with his cannonade; if Christianity with its charity; if Trade with its money; if Art with its portfolios; if Science with her telegraphs through the deeps of space and time; can set his dull nerves throbbing, and by loud taps on the tough chrysalis, can break its walls, and let the new creature emerge erect and free, — make way and sing paean! The age of the quadruped is to go out, — the age of the brain and of the heart is to come in. The time will come when the evil forms we have known can no more be organized. . . . And if one shall read the future of the race hinted in the organic effort of Nature to mount and meliorate, and the corresponding impulse to the Better in the human being, we shall dare affirm that there is nothing he will not overcome and convert, until at last culture shall absorb the chaos and gehenna. He will convert the Furies into Muses, and the hells into benefit."

ESSAYS: 2nd Series

Culture

Ralph Waldo Emerson

C O R R E S P O N D E N C E F I L E

ONE WOMAN'S EXPERIENCE

"I never was one able to pray aloud to God, whether alone or with others. My way was to just speak to Him at any time of day or night in my heart, silently within. But seeing how my church friends voiced their prayers, I thought perhaps my way was not the best, wondering with great anxiety if He really heard me. But to my great joy one day as I was talking to God in my heart, I heard my heart speaking out, as loud and clear as when a person is conversing with a friend. So in this wonderful way He showed me how easy it is for Him to hear plainly not only my heart's thoughts, but every person's thoughts.

"Another time I desired the riddance of

my carnal mind that I might have the Mind of Christ, and one night I was awakened from sleep and felt as it were, the Finger of God make a clean sweep inside my brain. After this experience, I found my consciousness expanding and I was enabled to drop all church doctrines, and when I say all I mean it literally, every last shred — yet not without some trepidation. But I received great courage to drop all because, again, I was awakened at night and a clear, audible voice within me said, 'Behold, I make all things new. Shall ye not know it? Truth shall spring forth out of the earth.' So Christ is to be formed in us and come forth out of us, earth."

LOADED IDEAS DEPARTMENT

QUESTION:

"Have you thought of a way for man and woman to get in touch for writing along lines Cosmon teaches? Could you print name, age and address, single or married? Please don't think I want you to operate a marriage service. I like to correspond with people of kindred mind."

ANSWER:

We will try almost anything once, but we do not intend to turn Cosmon into a lonely hearts club or a tender trap baited with lonely widows and handsome love pirates.

If you have the cool nerve to publish your basic statistics, which should include your real name, your birth date for astrological investigators, your marital status and your mailing address, we may give a cautious trial and see what happens. But we are not guaranteeing anything in the way of redress or

responsibility if you pull a lemon out of the hat or a bum steer from the corral.

(P.S. - What race are you?)

There are many ways to skin a cat and to hide a wolf in sheep's clothing. CAVEAT EMPTOR! - which means, "Let the buyer beware!" You take it from here!

C.R.F.

NOTICE

Single Guys and Gals (35 to 50 years young) wanted for week-end discussions, trips to mountains, walks, etc. Those with Meta-physical abilities or desires; knowledge of biochemistry, electronics, mineralogy, astronomy, chemistry, music, psychology, flying saucers, etc., etc., preferred. Write Don Bush, 639 Rosemont Ave., Pasadena, California 91103.

W O R L D R E P O R T

Notes and Comments by Eugene Hurtienne

Earthquakes

Southern California is receiving the greater number of quakes of late.

Heart Disease

The American Heart Association in a scientific study, stated that there is a strong relationship between cigarette smoking and heart disease.

Miscellaneous Items

. . . 21 miles south of Amman, Jordan, a pyramid was unearthed which is believed to be associated with Moses.

. . . A temple of ancient Rome was found adjacent to a wine cellar in the nearby community of Marino, Italy. This temple is known to have been erected to the god Mithra.

. . . Off the coast of Italy the Island of Love is rising again, according to authorities.

. . . According to scientists at Scripps Institution of Oceanography, land in the Pacific is two miles above the ocean floor — the highest point still remains under 1-1/2 miles or 8,000 feet.

. . . A titanic volcano erupted beneath the surface of the Scotia Sea, just outside the Antarctic Circle.

(Comment — Could this be the cause of the glaciers along the coast of Antarctica to be receding faster than they should?)

. . . Doctors from Istanbul reported examining a woman claiming to be 168 years of age.

. . . The fourth finding of diamonds in a meteorite has just been discovered.

. . . Scientists have disclosed recently the detection of water vapor on Mars, thus increasing the chances of life on that planet.

Sky Mystery

Dr. James McDonald, a meteorologist at the Institute of Atmospheric Physics at Tucson, is puzzled by a cloud formation 26 miles up and 30 miles across. This cloud was first seen over Arizona at 6:10 P.M., N.E. of Prescott. It was next seen at 6:15 P.M. North of Phoenix. At 6:30 P.M. was sighted West, N.W. of Winslow. The shape of the cloud was circular, some describing it as a horseshoe and others as a doughnut. Could this have been a U.F.O. giving off ionization, thus causing water vapor to form?

Tidbits

. . . At 11:30 P.M., June 25 in the area of Riverside and Elsinore, there was felt a shock of great strength, but was no earthquake, for it wasn't recorded in any of the nearby seismological laboratories.

. . . Two new mountains have been found by Japanese oceanographers in the eastern part of the Indian Ocean.

. . . A European is saving our crops. A wasp accidentally introduced to North America is saving California crops from destruction by an insect pest that has troubled growers for years. Seems that many crops will no longer be sprayed or dusted by chemical, for if they are the wasp is apt to go.

. . . From Nevada comes a report that man has lived in that area 32,000 years ago.

In Closing

I suggest that those who can get the June issue of Search magazine, do so and read the article,

"Who's to Blame if America
is Destroyed?"

Most interesting article.

a
r
e



FLUTE PLAYER