

# THE COSMIC WORLD

APRIL, 1909



# Your Thoughts Make You

ONE of the most vital truths known to man to-day is expressed by James Allen in his wonderful book, "AS A MAN THINKETH." This book is a message from a great writer who wishes to awaken the mind of the race to the important fact that "As a man thinketh so is he"—that each of us is what he is simply and solely by reason of what he has thought—that our to-days are but materialized thoughts of yesterday—that our to-morrows will be but the finished material created from the warp and woof of our mental activities of to-day. Mr. Allen teaches us that "Thoughts take form in action"—that our thoughts are pressing forward ever toward material expression and activity—that we are constantly making mental paths over which we must travel in our material activities. He also teaches us that our minds are mighty magnets attracting to us the people, things and circumstances in harmony with the general character of our thoughts—that our Mental Attitude determines the nature of our environment, and the character of our associates and occupations. He makes no attempt to advance strange, weird, mystical theories, but, on the contrary, shows us that "As a man thinketh so is he" is but the statement of the operation of a great universal law, as invariable and constant as the swing of the planets, and the rise and fall of the tide—and just as natural as either. These, and many other truths, this writer tells us in this great book which has attracted the attention of the thinking world. Read it together with *Eternal Progress* and be master of your own life.

## As A Man Thinketh

By James Allen

A remarkable volume, the object of which is to stimulate men and women to the discovery and perception of the truth that

"They Themselves are Makers of Themselves" by virtue of the thoughts which they choose and encourage; that mind is the master-weaver, both of the inner garment of character and the outer garment of circumstances, and that as they may have hitherto woven in ignorance and pain they may now weave in enlightenment and happiness.

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Thought and Character.  
Effect of Thought on Circumstances.  
Effect of Thought on Health and the Body.  
Thought and Purpose.  
The Thought-Factor in Achievement.  
Visions and Ideals.  
Serenity.

It is little books like this that give one higher ideals and renewed inspiration. They make one forget "circumstances" and "environment" and think only of the power that lies within oneself. "Thought tends to take form in action," and Mr. Allen shows how practical this can be made and what a force it can become in the life of anyone. "You will be what you will to be" is not merely a poetical thought, but a practical truth. With a definite ideal in his mind, believing in it and working towards it, Mr. Allen claims a man can make of himself what he wills. "As a Man Thinketh" is a book to make a friend of and may be studied for years without exhausting its truths. 80 pages, printed on exceptionally heavy Egg Shell paper; bound in silk cloth.

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**I**N the past few years a wide-spread mental and spiritual awakening has taken place among the people of this country. And this new awakening has been very aptly called "The New Psychology Movement," because it has to do with the development and expression of the mind or soul of both the individual and the nation. A great deal of literature has appeared purporting to explain this Movement, some of which has been good. A large part of it, however, has been mystical and rather beyond the understanding of the ordinary person.

For some time the officers of *The Progress Company* have seen the need of a book or series of books which would really explain this Movement and at the same time give definite, practical directions as to the best method of getting all the benefits, both physical and mental, for the individual to be derived from it.

Hitherto Man has allowed circumstances and environments to rule his life; now he decides to be his own master and rule things instead of being their slave. He can do this if he only will. To show how easily this may be done when one knows how, Mr. William Walker Atkinson has been commissioned by *The Progress Company* to prepare a series of twelve volumes, all to appear during the year 1909 and all bearing on the above-named subject.

The following are a few of the titles to appear: "The New Psychology: Its Message, Principles and Practice;" "Memory: How to Develop, Train and Use It;" "Suggestion and Auto-Suggestion;" "The Will: Its Development and Use;" "Constructive Imagination: How to Acquire It;" "How to Think;" "Desire;" "The Subconscious and Superconscious Mind." Other titles will be announced later.

Each volume will be complete in itself and will contain practical, definite instruction for the development of that faculty or quality of mind represented by its title, taking this instruction out of metaphysical and philosophical speculation and placing it where any person of ordinary intelligence may understand it. Each volume will also be comprehensive and encyclopedic in that it will contain in condensed form everything of value that has ever been written on the subject. This will save the buying of many books bearing on the same thing,

Although each book will stand alone as an authority on the subject treated, yet one theme will run through the series binding them together to make a complete whole; and that theme is—the reading and study of these books must make one stronger, more powerful, more capable, more proficient, better.

Three books will be ready shortly as shown on the opposite page. Each volume will contain from 150 to 200 pages and will be printed on 90-lb eggshell paper, from new plates made from large, clear, readable type. Size of book  $5\frac{1}{2} \times 7\frac{3}{4}$  inches. All the books will be uniformly bound in dark green cloth with title in gold on cover and backbone.

The uniform postpaid price of each volume in The New Psychology Series will be \$1.00. To those who believe that this series is just what they need, and desire to pay for the twelve volumes in advance before publication, we are making a special price of \$10.00 for the set. Those who purchase in this way will have each volume forwarded, postpaid, as soon as it comes from the binders. If you desire copies of the first edition of any of these books, send your order now.

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# The New Psychology Series

Twelve volumes to be published during 1909. Two of the Series will be ready for delivery April 15th. They are:

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**Its Message, Principles and Practice**

By WILLIAM WALKER ATKINSON

This book is not intended as a text book of The New Psychology—neither is it technical in character nor treatment. Its purpose is solely to present the "working principles" of The New Psychology in a plain, simple form, that they may be understood and used by any person of average intelligence. There has been no attempt at delicate phrasing or fine writing; everything has been sacrificed to utility and "workability."

As will be seen from an examination of its pages, it follows along the lines of the pragmatic trend of thought now rapidly coming to the fore. It brushes aside theory or attempts to guess the ultimate nature of the mind, and devotes itself solely to the "What is it good for?" "What can be done with it?" "How will it work out?" side of the subject. The metaphysical or philosophical side of the subject has been avoided purposely for the reasons above indicated.

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The New Psychology	Imagination
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Egoism, Not Egotism	Desire
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The Subconscious	Thinking; Conscious and Subconscious.
The Superconscious	Mental Suggestion
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As the table of contents shows, it is intended that this volume will be exhaustive, treating the subject from every point of view, and giving the student the very best that is known from the most authoritative sources. Liberal quotations are made from other works for this very purpose. If any person will follow the instructions as given in this book, a fine working memory is guaranteed.

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Memory: Its Importance	How to Remember Names
Cultivation of the Memory	How to Remember Faces
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Memory Systems	How to Remember Numbers
The Subconscious Record File	How to Remember Music
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Suggestion of Imitation
Instances of Suggestion

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Verbs  
Shall and Will: How to Use Them  
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The purpose of **THE COSMIC WORLD** is to present the highest spiritual thought that is known in the world to-day. The best and the most spiritual methods will be given for the healing of the body, the illumination of the mind and the unfoldment of the soul. To reach the spiritual life of complete emancipation, and attain cosmic consciousness now while still in personal form, is the great goal in view. And this periodical will aim to make the way so clear that any awakened soul can understand. **THE COSMIC WORLD** is published monthly at \$1.00 a year, and a free copy of "On The Heights" is given with every yearly subscription. This book deals with the sublime heights of cosmic consciousness, the mountain tops of the spirit, and presents in simple language, the true steps to the heights, to which is added that wonderful spiritual gem, "The Soul's Prayer." Beginning with the next issue **THE COSMIC WORLD** will present a greater variety of subjects, and will aim to cover the entire field of cosmic philosophy. Every subject, however, will be analyzed from the viewpoint of the highest spiritual thought, the object being, always to reveal the real truth that is within all things, and that has the power to give freedom to all things.

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## THE COSMIC WORLD

CHRISTIAN D. LARSON, Editor

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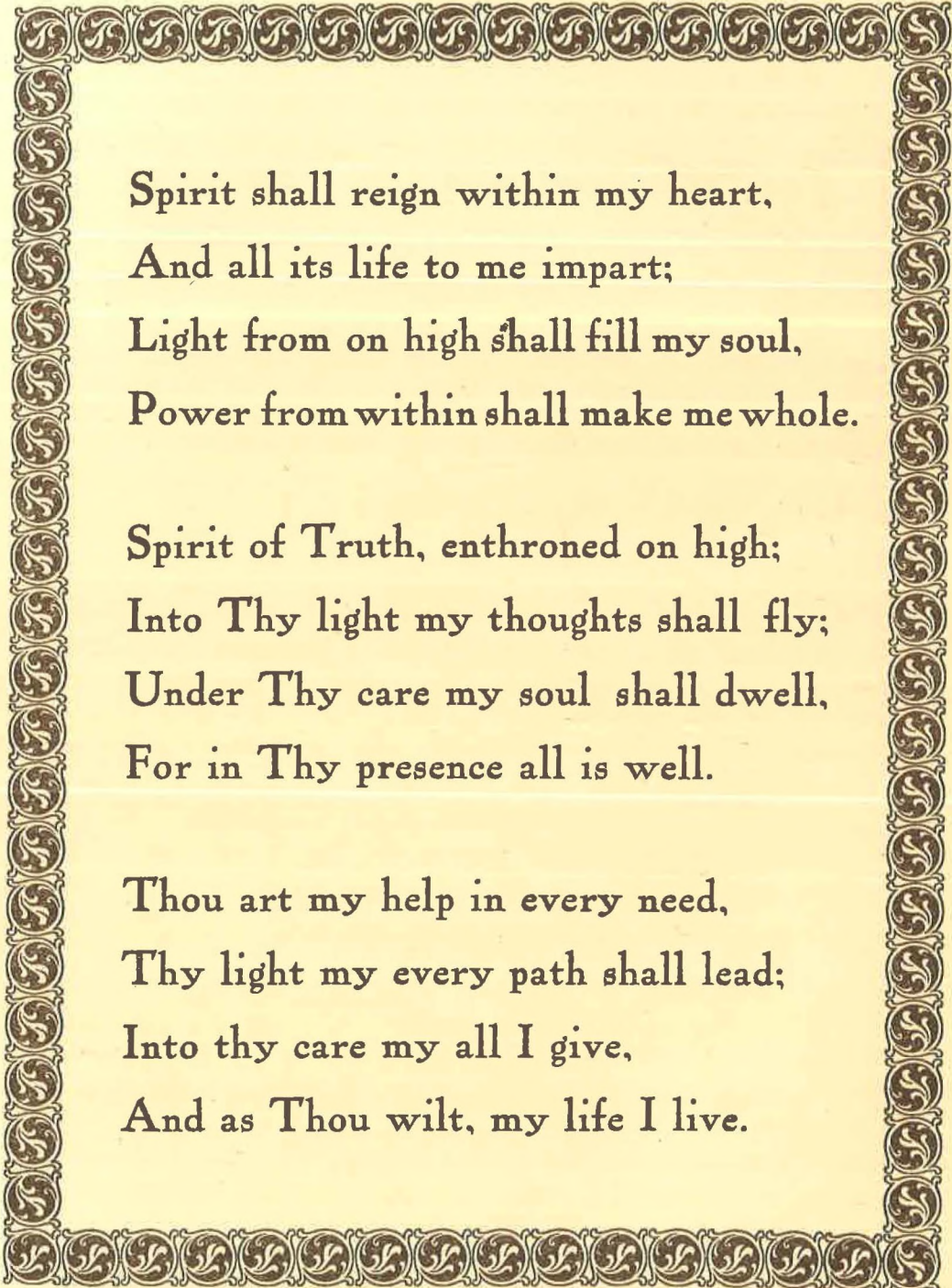
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Spirit shall reign within my heart,  
And all its life to me impart;  
Light from on high shall fill my soul,  
Power from within shall make me whole.

Spirit of Truth, enthroned on high;  
Into Thy light my thoughts shall fly;  
Under Thy care my soul shall dwell,  
For in Thy presence all is well.

Thou art my help in every need,  
Thy light my every path shall lead;  
Into thy care my all I give,  
And as Thou wilt, my life I live.



# The Cosmic World

VOL. I

APRIL, 1909

No. 8

## THE WAVES AND THE WINDS SHALL OBEY MY WILL

And when he was entered into a ship, his disciples followed him. And, behold, there arose a great tempest in the sea, in-somuch that the ship was covered with the waves; but he was asleep. And his disciples came to him and awoke him, saying, Lord save us; we perish. And he saith unto them: Why are ye fearful, O ye of little faith? Then he arose and rebuked the winds and the sea; and there was a great calm. But the men marveled, saying, what manner of man is this that even the winds and the sea obey him.—Mat., 8; 23-27.



**W**E ALL come to places at times when the sea of life is tempest tossed, and the winds of adversity are mercilessly raging about us; we are all placed in circumstances at times when everything seems to go wrong, when everything seems to be against us, and when we fear lest we perish; but at such moments we should remember that the Christ is in the ship. No matter what the ship of life may be; no matter what manner of men may be sailing in that ship, or what their purpose may be, wherever man may be found sailing upon the sea of human existence there the Christ will be found also. Wherever we may be or wherever

The Christ Is In  
Every Ship



we may go, the Christ is in the ship. "For, lo, I am with you always." And it is our privilege, under every circumstance, to awaken the Christ. When we do, he comes forth invariably, and the winds and the waves will obey.

The Coming of the  
Great Calm

Whenever we enter into that higher and more sublime state of being where we meet him face to face, the consciousness of the Christ within us is awakened; we are in the Christ state; we are in the presence of Supreme Power; we are at one with God; and upon us comes a beautiful calm. The winds and the waves in our own minds are stilled, and upon the great sea of thought within us the billows are tossing no more; the storm has ceased; the black clouds have disappeared; all is beautiful and still; and the peaceful waters seem radiant with joy as they glitter in the sunbeams from the smile of God. We have opened our minds and souls to the strong and peaceful presence from on high; thus we have placed ourselves in the beautiful calm; and when we are stilled, all that is about us will be stilled also. As man is in the within, so will his life be in the without. When he can still the storms of his own mind he can also still the storms of adversity in his outer life. It matters not what is taking place in our own circumstances, all must change when we change; all must be stilled when we are stilled; and whenever we awaken the consciousness of the Christ within, upon us comes a beautiful calm.

All Anxiety  
Removed

When we know that the Christ is within at all times; when we know that whenever we call upon the Christ to come forth, the winds and the waves will obey; and when we know that the very hour the Christ is awakened, everything in life will be stilled, harmony will come out of everything, peace will come out of everything, good will come out of everything—when we positively know this, need we have any fear whatever concerning the future? Need we fear opposing circumstances or adversity? Need we fear any condition that might arise? Nothing can happen that need disturb us in the least. The Christ is ALWAYS in the ship; we may call upon him at any time; he will never fail to come forth, and when he does, there



will be a great calm; peace will reign once more, and all will be well again.

Those who do not know that the Christ is in the ship, are living constantly in fear; they reason that almost anything might happen to place obstacles in their way, or that certain conditions might arise to upset everything they had undertaken to do; and the things they fear usually come upon them; but when they know that there is a power within that can be awakened at any time—a power that is greater than anything in the world, fear may be banished for all time. When this great truth is realized we need never be concerned about the future any more, and anxious thought may be banished forever; whatever may happen in the future there is a power within that can change anything as we may desire, and turn anything to good account as we may desire. We may thus live in the conviction that all things will work together for good—for greater and greater good, and we may KNOW that this conviction is based upon nothing less than eternal truth.

All Things Turned  
to Good Account

The Christ is always in the ship, always in every ship that may pass upon the sea of life; and he may seem to be asleep; we may not be aware of his presence within us, but our unconsciousness of his presence does not prove that he is asleep, or that he is never there. The Christ is never asleep. The only begotten son of God that is within all, within everything, that is the ruling power in every soul, the Supreme I Am in every soul, is never asleep. The statement that the Christ was asleep in the ship is metaphorical. It is not the Christ that is asleep, but our own consciousness of the Christ. When our own consciousness of the Christ is asleep we are not aware of his presence, and he seems to be asleep to us. When we are not aware of this great spiritual power within us, we are unconscious of that power; we are asleep, so to speak, as far as the existence of that power is concerned, and therefore will never think of awakening that power. But when we have attained sufficient spiritual discernment to know the power of the spirit in our own soul, we shall begin to call forth that power. From that moment higher power will be

The Christ Is Never  
Asleep

*Truth may be  
asleep in our heart  
but Life is not.*



with us, and we shall no longer be victims of the tempest tossed sea; whenever the billows begin to toss or the storms begin to rage, we may call forth the Christ; he will always be with us, and will always respond to the call; he will answer our prayer with his own presence, and in his presence all is beautiful and still.

No Soul Is Lost

*Why then, did  
the Master say:  
"He that believeth  
shall be saved; he  
that believeth not  
shall be damned"?*

This same unconsciousness of the presence of the Christ within also explains the seeming loss of the soul. The soul is the Christ individualized, created in the image of God, and therefore can never be lost. The soul is co-existent with God, always is with God; and that which is eternally with God can never be lost. But the personal man is sometimes so engulfed in materiality that all view of the soul is lost. The soul is always there within us, ever abiding in the shining glory of the kingdom of God within us; the soul is safe, always was safe and always will be safe—safe in the life eternal; but if we are living in materiality, we do not see the soul, we do not feel the soul, we are utterly unconscious of the soul and therefore conclude that there is no soul. Or, if we are sufficiently awakened to feel the soul, but not sufficiently developed in spiritual discernment to know the divine nature of the soul, we may conclude that the soul is weak and imperfect as the flesh, and that it may go down into pain, bondage and misery at any time, now or in the future. And thus has arisen the seeming need of the doctrine of future salvation for the soul. Such a doctrine, however, is not based upon the spiritual conception of the soul, but was formed when we looked upon the soul through the confusion of materiality. The soul is never lost, never can be lost; and as you are the soul, you can never be lost. The soul is always safe with God, therefore you are always safe with God. Realize this truth, and you will find the soul; you will find that you are identical with the soul and that all is well with the soul now as all is well with God now.

The Salvation We  
Seek

To save the soul is not to save the soul, because the soul needs no salvation, but to restore the power of the soul as the supreme ruling power in your whole life. Enthroned the soul in every thought and action and you save the soul, not from sin, because it is free from sin, but you save the soul from your own personal neglect. The



power of the soul is no longer neglected but is saved for actual use in the realization of health, freedom and mastery throughout your entire being; thus you gain emancipation for every element in your being, and that is the salvation we seek. We are saved in the true sense of the term when the divine power of the soul reigns so completely throughout the mind and the body that all the ills of life are completely banished from mind and body. We are saved in the true sense of the term when the body is filled with the power of health and wholeness, when the mind is illumined with the light of eternal truth, and when the soul is abiding forever in the splendors of the cosmic realms. And such a salvation is realized when we no longer ignore the soul, but place the soul upon the throne of being as complete master of everything that we may ever think or do or say. To enthrone the soul, the principle is to follow, not the desires or the tendencies of the person, but the supreme purpose of the spirit, and to depend absolutely upon the power of the soul in all things, knowing that the power of the soul can see you through no matter what your life, your work or your purpose may be.

THE PRESENCE OF THE CHRIST IN THE SOUL, WHEN RECOGNIZED, WILL ENTHRONE THE SOUL. AND WHEN THE SOUL REIGNS, THEN COMES PERFECT FREEDOM TO THE ENTIRE BEING OF MAN.



THE belief of the many is that whatever we may wish to accomplish we must depend wholly upon ourselves; and that we must depend upon ourselves as far as our ability and power may go, is very true, but it is not true that we should depend "wholly" upon ourselves. We CAN receive power and aid from sources that are above the personal self; and what is equally true, no one ever scaled the heights in life that did not depend constantly upon these higher sources. The best ideas, the noblest thoughts and the greatest truths that have ever appeared in the world, came to man when his mind was in the upper regions, in touch with the

Souls that Scale  
the Heights



spirit sublime; and the power with which all great things have been wrought, has come from the same source. Men and women who depend wholly upon themselves—their personal selves, are weaklings; they come and go without doing anything aside from sustaining existence; but men and women who depend upon Supreme Power as well as their own ability to work out their purpose in harmony with that Power, invariably become giants in mind and soul. It is the deeds of such minds that become lights on the path to greater things; it is the lives of such souls that reveal to the race what true, spiritual existence has in store; and it is the work of such men and women that has given us the light, the freedom and the happiness that we now enjoy.

Remember the  
Great Statement

You may live in absolute darkness today; you may not know where to turn; your sky may be black and a raging storm may be almost upon you; you can see nothing but destruction as you have no idea what to do; you are about to give up and perish, but as this thought passes through your mind you remember the "last resort;" you remember the great statement, Call upon me and I will answer thee. You then call upon that power that should be sought first, but that men usually seek last when in trouble. You turn to the Christ that is asleep in the ship. You open your mind to light and power from above, and almost at once there is a rift in the cloud. You are in absolute darkness no more, and the threatening storm is beginning to "break." You pass more completely into the spirit of the Christ, and you realize the beautiful calm. The clouds are gone; you are in the light! you can see everything clearly, and you know what to do. You are now in touch with that upper region from which you may receive better ideas, greater thoughts and more valuable truths than you ever received before; in consequence, you will find precisely what you may need in securing emancipation from external adversity, and in building for those greater things that alone can satisfy the aspirations of the soul.

Depend Upon the  
Greater Things

The belief that the Christ within can still the winds and the waves of every condition that we may meet in life, and change every



circumstance into one of calmness, harmony and well-being, is a truth that can be taken into every event of daily life. No matter what may come; no matter what the obstacle or the difficulty may be, there is something within us that is greater than anything in the world. The Christ is with us in the ship; we may call him at any time; he can still any storm, change any circumstance and remove every obstacle that we shall ever meet. His power is not applicable to conditions of mind and soul alone, but no physical conditions and circumstances as well. There is nothing that will not respond to the ruling will of the Christ within, and there is no place in practical life where the power of this will may not be applied to the greatest advantage. He who lives in constant touch with Supreme Power, is always in possession of the most power, and he may apply this added power in body, mind and soul. "They that wait upon the Lord shall renew their strength;" but this added strength does not simply appear in the spirit; it appears also in the mind and the body. Therefore, it is always profitable to be in touch with Supreme Power, and to depend upon Supreme Power, whether our work be physical, mental or spiritual. It is not wisdom to depend solely upon the lesser things of the person when we may constantly receive power and aid and inspiration from the greater things of the spirit. All things are for man; and the use of all things should ever be his purpose, no matter what his work may be.

We have found a perfect remedy for fear, because he who knows that the Christ is always in the ship will fear nothing. To him no ill can come whatever. Though the approaching storm may sweep everything before it, its fury will be dissipated into nothing when it comes to the ship where the Christ is awake. But the Christ is in every ship, and he will come forth in every ship and utterly put to naught the impending danger. Whatever our position in life may be, or whatever we may be called upon to do, when we know that the Christ is with us we may proceed calmly, peacefully and serenely in the full conviction that nothing but good will come. We need fear nothing because there will be nothing to fear. The turning of the tide may sometimes be delayed until the eleventh hour, and even until the fifty-

Nothing but Good  
Will Come



ninth minute of that hour; but the turn will come without fail. We may continue positively in that faith. "I will not forsake thee or leave thee." This is the truth, and we can, under every circumstance, demonstrate this truth, providing we never fail to call the Christ. We must go to the Christ first; then he will come to us and answer our prayer whatever that prayer may be. We must place ourselves in touch with Supreme Power first; then that power will come with us; and when Supreme Power is with us we have nothing to fear. When the power of the Supreme is on our side all things will be on our side; and God will go with us the very moment we choose to go with God.

Whatever Comes,  
Rejoice

When the day is calm, it is well; but if it is not calm, it is also well; it will soon become calm if you call upon the Christ, for "the winds and the waves shall obey my will." If the future seems bright, you may rejoice; but if the future seems dark, as dark as the blackest night, you may also rejoice; there is a power within you that can put adversity to flight and turn misfortune and sorrow into the glory of a cloudless day. When all that is good is coming into your life you may be grateful; but when all that is good is passing out of your life you may also be grateful; the Christ that is within you can not only save your ship from every threatening storm and impending danger, but he can also guide your ship towards the shores of richer treasures and greater good than you ever knew before. Grieve not when in the midst of loss; rejoice with great joy, and be grateful from the deepest depth of your heart. Call upon the Christ and you will regain everything and more. There never was and never will be any real occasion for disappointment or tears; when the lesser disappears, turn to the greater; you will find the gates ajar, and you may enter at once into pastures green.

**WHEN YOU KNOW THAT THE CHRIST IS ALWAYS WITH YOU IN THE SHIP, TOMORROW CAN HOLD NOTHING FOR YOU TO FEAR. YOUR ENTIRE FUTURE IS IN THE HANDS OF A POWER THAT IS GREATER THAN ANY CIRCUMSTANCE, AND WHEREVER YOU MAY GO THAT POWER WILL BE WITH YOU.**





THE power of that will that causes the winds and the waves to obey, comes invariably from the depths of spiritual existence. It is the power of the Christ enthroned in the soul, and whoever will recognize and call forth the reigning Christ within, will gain possession of such a will. But we can never gain such a will so long as we try to dominate the lives of others or try to forcefully control external circumstances or events. Nor can we gain such a will so long as we try to will with the outer mind. The real will comes from the great spiritual depths of being, and as it is coming forth it causes the being of man to become deeply calm and enormously strong. The difference between the man of real will power and the man of mere external force is readily discerned. When you meet the latter you find a great deal of domineering effort expressed through the most superficial of action; but you find the man, himself, weak and easily overcome by almost any adverse condition; when you meet the former, however, you will find yourself in the presence of a truly strong man, a man who is strong and alive all the way through to the very depths of his inexhaustible being, a man who is actually conscious of irresistible power; and you inwardly know that such a man cannot be moved by any power in the world; he has gained possession of that something that is greater than anything in the world, and wherever he may journey upon the sea of life, the winds and the waves must obey.

The Power of the  
True Will

To depend exclusively upon the personality of Jesus and that power of the Christ that manifested through him twenty centuries ago, is to ignore the present power of the Christ within us. Thousands are doing this, and, in consequence, continue in sickness, trouble and sorrow. To depend upon any personality, no matter how sacred or how highly developed, is to depend upon the outer form and ignore the interior spirit. Such a practice leads into materiality away from spirituality, and materiality means bondage. To follow the Christ is not to worship the person of Jesus but to follow absolutely the light and the spirit of the Christ in your own soul today. The power that

When We Follow  
The Christ



can calm the waves on every tempest-tossed sea does not come through any external personality; such a power can come only through the great spiritual depths of your own soul, or, to state it differently, from those sublime spiritual heights within where the Christ reigns eternally. When we follow the Christ that is here today, the Christ that reigns in the spiritual kingdom within today, we shall steadily grow in spirituality, emancipating mind and body from every form of bondage and from every condition of materiality, until that freedom that comes from the truth divine has been realized in its greatest measure. Then we may also say, My yoke is easy and my burden is light. Then we may also speak the great word, Peace, Be Still, and to us shall come the beautiful calm.

**SPIRITUAL CONSCIOUSNESS IS IN THE LIGHT OF THE TRUTH, AND CAN ALWAYS SEE THE TRUTH CLEARLY. TO SEE THE TRUTH CLEARLY IS TO KNOW THE TRUTH, AND TO KNOW THE TRUTH IS TO BE FREE.**

The Secret of  
Overcoming



THE attitude of overcoming is usually thought of as being inseparably connected with resistance, and as being directly antagonistic, in its action, toward that which is to be overcome. Nearly every person, when trying to overcome anything, begins to resist, begins to antagonize, begins to work against that which is not desired. Accordingly, he does not succeed because he must work in the opposite direction before his purpose can be fulfilled. The first principle in overcoming is to give no thought whatever to that which is not desired. The more completely we can forget that which we wish to overcome, the better. The second principle is to give our whole attention to that something which we know we shall realize when we have overcome. If a person is in adversity he knows that when this adversity is overcome certain most desirable conditions will be realized. Then let him begin at once to give his whole attention to those desirable conditions. By giving his whole time, thought and energy to the attainment of that which is desired, he will in-



variably overcome and rise out of that which is not desired. We overcome the wrong by turning completely away from the wrong, and giving all our life and power to the greater realization of the right. This is the secret of overcoming.

When we devote all the power of thought, all the power of soul, all the power of life to the constant attainment of greater and better things, we shall ascend perpetually in the scale of existence. This means perpetual growth, and, in consequence, the elimination of evil, because all evil is caused by retarded growth. The purpose of life is to move upward and onward forever; to live is to live more; but no person is actually living more unless he is living more every single moment. The moment he begins to live more he begins to ascend, and when he begins to grow into the greater he begins to grow out of the lesser. When he grows into the right he grows out of the wrong; he gains freedom from that which is not desired by entering more fully into the life and the spirit of that which is desired. But the moment he ceases to live more, he retards his growth; he violates the purpose of his life, and instead of supplying more life he supplies less life; his real nature, however, demands more and more life, and therefore, demand and supply will at once become unequal. There will, accordingly, be a lack of something in his life, and every evil that man has ever met came originally from a lack of something. Real life demands the living of more and more life; but when man fails to live more and more, the natural demand in life will not be fully supplied; the lack of one or more things in human existence will be the result, and conditions of evil invariably follow.

The Purpose of Life

Real life is lived in the individuality, the soul, or the real man; and so long as we consciously live in the real man, or in the "I Am" of being we shall continue to live more and more. We shall thus realize the fullness of life constantly, and constantly grow into a larger measure of that fullness. Life will be full; there will be no lack of life, and no retarded growth in life; in consequence, there will be no evil in life; we shall have perfect freedom and there will be nothing to overcome. Accordingly, we shall fully comply with the

The Only Fall



great statement, **THE TRUE WAY TO OVERCOME IS TO SO LIVE THAT THERE IS NOTHING TO OVERCOME.** However, when we do not consciously live in the individuality, or in the real man, but live consciously in the personality only, we are not in touch with the constantly ascending current of real life; we are not in touch with that greater measure of life that will enable us to live more and more life. A lack of life will at once be felt, and here we have the original cause of every ill, every wrong and every undesirable condition that man can know. This is the real fall; conscious living falling down from the living of unlimited life in the individuality to the living of limited life in the personality. But this fall did not take place only once ages ago; it is taking place every day in nearly every mind, and is taking place many times a day in most minds. To be saved from this fall, which is the only fall, proceed to live in the spirit, in the soul, in the real life of the "I Am" of being. Express the life more abundant in the personality, but **LIVE** in the individuality. By living consciously and constantly in the individuality you will live in the life more abundant. You will live the limitless life, and what we live we express. We express in the personal man whatever we **LIVE** in the real man; and therefore when we live the limitless life in the real man we express the limitless in the personal man; thus the personality is ever filled with the life more abundant; there will be no lack of life anywhere in the being of man; and there can be no evil where there is no lack of life.

**Begin to Live More**

To try to remove or overcome evil is nothing but wasted effort; evil is not a thing but a condition arising from a lack of life. When the necessary life is supplied, there will be no further lack of life, and where there is no lack of life there can be no evil. To antagonize evil, to resist evil, to work against evil will not remove evil. Supply the life more abundant and evil will disappear of itself. Evil is simply emptiness, and no place can be empty when every place is full. To supply the life more abundant, live in the soul, in the real man. Do not establish yourself in the personality; establish yourself in the individuality and live in the source of life instead of in the partial manifestation of life. This is the simple secret. Go up into



more life and you overcome everything that is not desirable in life. Do not try to overcome anything; simply begin to live more. Give no thought to evil; never try to remove evil; give all your thought to the attainment of the good, and direct all your effort towards the attainment of an ever-increasing measure of good. When you see evil, do not become indifferent; proceed at once to add to the good; when the good is on the increase evil is on the decrease; this is invariably the law; and the good will begin to increase the moment we begin to live more.

The same principle should be applied in every thought, action or relation in human life. We should never emphasize or ever recognize that which is not desired; but that which is desired should be recognized constantly and be emphasized most positively at every opportunity. When we meet others, their imperfections and shortcomings should be overlooked, while their good qualities should be given special attention. When we think of ourselves we should apply the same rule, and we should apply it universally in all physical, mental and spiritual training. The child that is trained in this manner from birth will naturally become extraordinary. When all the power that a person may possess is employed in the building of greater things, there must be great results, even though the power originally possessed be limited. The average person, however, employs but a fraction of his power in the upbuilding process; the remainder is employed in resisting evil and adversity. The reason why we are not higher in the scale of life, and not more perfectly developed in body, mind and soul, is because we have emphasized our imperfections, and have failed to give our good qualities special attention. You give your life to that which you emphasize; therefore give no thought to weakness or imperfection; give all your thought to those desirable qualities that you wish to build up; your worthy qualities will soon become so strong that weakness can no longer exist in your nature. Build up what you want; that is how you overcome and remove what you do not want. The more fully we can concentrate the whole of attention upon that which we desire, the

Recognize and Emphasize Only What You Desire



sooner it will be realized; and when that which is desired is realized, that which is not desired can exist no more; therefore give all your thought, all your power, all your life, and the whole of your attention to that which is desired; do not try to remove the lesser but work uninterruptedly for the greater. The lesser is left further and further in the rear as you approach the greater goal that lies before you.

**The Remedy**

The process of overcoming is an ascending process, with the eye fixed upon the eternal mountain tops of spiritual supremacy. Give constant recognition to the very highest states of spiritual supremacy that you can possibly discern, and desire all the elements of your being to move perpetually towards those sublime states. You thus produce this ascending process; you will begin to grow out of, to rise out of everything that you have wished to overcome; and when this ascending process has been placed in full, continuous action, there will be nothing further to overcome. The wrongs that we wish to overcome have been produced by retarded growth, but when we are ever rising into more and more life, growth will no longer be retarded; and, in consequence, there will be no further wrongs to overcome. It is therefore evident that if you are still meeting things to overcome, you have not learned to live more and more; you are still permitting yourself to fall down from the world of real life into the world of temporary conditions; you are still living in the body instead of manifesting in the body; and you are still following the confused desires of the personal man, when the only true desire can arise in the real man. To go up into more life, into the limitless life of eternal being, is the remedy.

**Grow Like the Flower**

Whenever you find yourself in any adverse condition, remember you will not come out of it until you grow out of it. You may antagonize adversity and cause it to disappear temporarily, but it will soon return in some other form. Nothing, therefore, is ever gained by such a method. Train yourself to grow out of that which is not good by constantly growing into the greater good; and we invariably grow into that which we think of the most. Think constantly of



that which you desire, and you will grow into it. But your thought must be of the heart; it must be deep and strong, and inspired by the invincible power of soul. Do not give personal force to your thought but try to feel that every thought you think has soul, and know that every thought that has soul has the power to do whatever it was created to do. And in all your efforts to grow into the better, the greater and the more beautiful, consider the lilies of the field; grow like the flower and you will never fail. The flower resists nothing, antagonizes nothing, works against nothing; it gently comes out of its gross and earthy environment, and grows on peacefully, silently and serenely until it becomes an inspiration to all the world. Human life can do the same, must do the same, if we wish to realize the life beautiful and become conscious of the richness and glory of the spiritual heights.

**THIS IS THE WORD OF FAITH: WHEN SOMETHING COMES IN MY WAY, IT COMES IN MY WAY TO PROMPT ME TO ENTER A BETTER WAY.**



**T**O HIM who has faith nothing is impossible. It matters not what he may wish to realize or what he may wish to do; if he has faith, it can be done. But what do we mean by faith? Faith is not a passive belief; it is a positive action. It is the power of the spirit within man acting upon the life, the mind, the body and the nature of man; and by acting through man it acts upon everything with which man may come in contact. When we have faith we do not simply believe in the form, or that which may exist in the external; when we have faith we enter into the spirit of that in which we express our faith; the secret of real faith and the real power of such a faith is therefore found in the spirit.

When you proceed with something that you wish to accomplish, do not simply have confidence in yourself; and do not simply proceed in the mere conviction or assurance that your purpose will be realized;

When Faith Is R.  
Faith



do more than that; have faith, and when you have faith, your mind will enter into the very spirit of that which you have undertaken to accomplish. This is the reason why nothing is impossible when you have faith, because when you enter the spirit you enter the power of the spirit, and to the power of the spirit there is no limit whatever. To have faith is to enter into the spirit; to enter into the spirit is to enter into the life and the power of the Most High; and with God all things are possible. The entire world of things is permeated with spirit, with infinite power; therefore, when we enter into the spirit of anything we enter into the one spirit that lives in all things, and gain possession of as much of the power of the one spirit as we can possibly receive. The greater our faith the greater our capacity to receive of the limitless power of the spirit, and, in consequence, the greater will be our realization of whatever we now may have in view.

Enter More Deeply  
Into the Spirit

To have more and more faith, the secret is to enter more and more deeply into the spirit of everything in which we express our faith. Do you have faith in yourself? Then try to enter mentally into the spirit of your entire being whenever you think of yourself. Do you have faith in your work? Then try to enter into the spirit of everything that is connected with your work. Do you have faith in every person you meet? Then try to enter into the spirit of his life, into mental contact with the greater man that lives within the personal man. Do you have faith in all things? Then enter into the spirit of things, into the real soul of things whenever you think of things or look upon things. Do you have faith in God? Then enter mentally and spiritually into the spirit of Infinite Spirit whenever you think of God; whenever you think of God, think of yourself as being in the spirit of God, and try to feel that God is "closer than breathing, nearer than hands and feet." The more deeply, the more fully and the more completely you enter into the spirit of that of which you think, the greater your faith; and the greater your faith the greater your power.

Faith Gives All the  
Power Required

There is not a person in the world who may not proceed in life with the full conviction that his ideals will be realized and that



he will accomplish everything he has undertaken to do. If he lives and works in faith he simply cannot fail, because faith will give him all the power he may require, and anything may be accomplished when we have sufficient power. But the average person proceeds in the thought that he may possibly reach his goal; he is not certain; he concludes he will try, and will do his best; but as to the outcome he does not know. This, however, is not faith, and without faith nothing whatever can be accomplished. To fulfill any purpose, even the most insignificant, there must be some measure of faith, and the greater this measure, the greater will be the realization desired. He who proceeds in real, unbounded faith, will place his life in touch with invincible spirit, and he will continue unmoved, untouched and undisturbed, no matter what the circumstances may be. He will place his mental vision upon the highest light of supreme faith, and whatever may happen he will never waver from that light for a moment. He will continue with ceaseless perseverance and the most positive determination; he will continue in faith, and as he continues and grows in faith he will gain more and more power until he has sufficient power to do everything he is determined to do.

Faith does not always produce the expected miracle at once; it does not always convert a life of confusion, sickness and failure into a life of happiness, harmony and abundance without much waiting and watching and prayer; it does not always change a pathway of thorns into one of roses the very first day we begin to live by faith; and it does not always remove every obstacle in a minute. There are times when it requires months and even years of constant faith to realize what we pray for; but we may rest assured in the great truth that whoever fixes his attention upon a certain definite goal and continues to work towards that goal, in faith, will positively reach it. Work in faith, in continuous faith, in the spirit of unbounded faith, and you will reach your goal, you will accomplish your purpose just as surely as the coming of another day. Therefore, though you may not have results at once, nor even for some time, continue to work in the same unbounded faith; the results you desire will



positively be gained; and the deeper and stronger your faith the sooner you will reach the object in view.

**The Climax of a  
Growing Faith**

When faith seems to fail, the remedy is more faith. Do not become discouraged in the midst of seeming failure; do not give up the purpose you have undertaken to fulfill; do not doubt the possibilities of this purpose, nor come to the conclusion you are moving in the wrong direction. Continue to work in more and more faith, and if you should be on the wrong path, something will happen to set you right. Enter more and more into the light of faith, and all things will clear up. When you are on the wrong track doubt and uncertainty will but confuse you more, and cause you to go further into the wrong. But faith will increase your light; faith illumines the mind and clears the sky of your entire world; faith will lead you out of your mistakes and give you enough power to regain all that is lost and more. Continue, in faith, to press on towards your goal; discord will soon become harmony; uncertainty will soon become positive convictions; the crooked will be straightened out; obstacles will disappear; you will find your proper place; you will enter the work that is intended for you; all things in your life will work together for good, and you will press on and on, gaining ground steadily, drawing nearer and nearer towards the highest goal that your spiritual vision can possibly discern.

**Welcome Every  
Occasion**

The majority of minds have many obstacles to meet, and almost invariably give emphasis to the belief that every seeming obstacle actually is an obstacle; but faith does not look upon obstacles as obstacles; faith does not call difficulties difficulties. When a person begins to live in faith, all things that come into his life are looked upon as opportunities, and they are. We all know very well that if we had no difficulties or obstacles to meet, or what would be more appropriately termed "great occasions," we should soon become nonentities. It is the difficult things that we meet that enable us to bring into action the greater power that is within us; difficulties, therefore, are the most valued of opportunities, and if taken advantage of as such, will always be met with joy. No obstacle should ever be called by that



name or ever thought of as being an obstacle, for it is, in truth, something that will enable you to prove to yourself that the power that is within you is greater than anything in the world. When we no longer call obstacles obstacles or difficulties difficulties, we shall not be disturbed by obstacles or difficulties any more. Whatever we meet will be turned to good account and will call forth more and more of the greater power that is within us. Accordingly, all things will work together for greater good; every occasion will be welcome, no matter what it may be; every experience will be a pleasure, and everything that we pass through will add to our welfare and joy.

When a person thinks that every obstacle is an obstacle, he will frequently hesitate to proceed; and will, in many instances, on account of this hesitancy or doubt or fear, fail to reach his goal; but if he proceeds in the faith that there is something within him that is greater than all the obstacles in the world, there is no obstacle that can stand in his way. In fact, when he proceeds in such a faith, every obstacle that is met will simply call forth that greater something that is within him, and this "something" will give him all the power he may require to reach his goal.

**THERE IS A POWER WITHIN ME THAT CAN SEE ME THROUGH, NO MATTER WHAT MY POSITION OR PURPOSE MAY BE; AND THIS POWER IS AWAKENED THROUGH FAITH.**



**F**AITH is that attitude of mind through which we come into conscious touch with the Infinite. When we are in the attitude of faith we are in the very spirit of life, and in the spirit of life God reigns supremely. The power of the Infinite is in the spirit, and when we are in the spirit we become one with that power; therefore, while we are in that oneness nothing can be impossible with us any more. But the power of the Infinite, expressed through us while we are in the spirit of faith, is not applicable to spiritual things alone; it is applicable to all things, and may be applied anywhere in life in the attainment of the higher, the greater

How to Proceed



and the better. If you wish to change your environment, or if you wish to better certain things in your life, determine precisely what you want; then have faith. Continue to say "I have the faith," and repeat that statement as frequently as possible. Believe that you will realize what you want and believe that your belief is absolute truth. Have faith, and also have faith in faith; and whenever you affirm the statement, "I have the faith," enter into the very spirit of that statement. When you say that you have the faith, and enter into the spirit of what you say, you awaken the power that can do what your faith has undertaken to do. That is how faith can never fail; the moment you begin to have faith in what you have undertaken to do, you arouse all the power necessary to see that undertaking through. And the more frequently you affirm, in the spirit, "I have the faith," the sooner you will enter into the spirit of real faith, where the necessary power will be gained.

The Pathway of  
Faith

Our constant purpose should be to become conscious of the inner spirit of faith; and when we feel this inner spirit we should try to become conscious of the still deeper spirit that is within our first realization of the spirit. To go deeper and deeper into the realization of the spirit should be the ruling desire whenever we enter the attitude of faith; and as there is no end to the depth or the height of the spirit, there is no limit to that inner world of life, wisdom and power that may be realized through faith. However far we may enter into the spirit we can always go farther still; every step that we take in spiritual realization opens the door to a still higher spiritual realization, and whenever we proceed, through faith, to enter more deeply into the limitless spirit of faith, we open another door to the marvelous kingdom within. Faith goes into what seems to be unreality and finds that the deeper we enter the world of the spirit the more real and the more substantial the spirit becomes. Faith goes out upon the seeming void and finds that there is no void; all is real, and the farther we go out into the vastness of limitless life the more real and the more beautiful life becomes. Therefore, to follow faith is always to pass from the lesser into the greater, into the better, the richer, the larger, the more wonderful and the more beautiful.



The mind that lives in doubt can see limitations everywhere; the mind that lives in faith can see no limitations, and, in fact, knows that there are no limitations anywhere. The mind that lives in doubt is in bondage to these seeming limitations and therefore realizes nothing more of life than what is confined within these seeming limitations; but the mind that lives in faith lives in the freedom of the all of life, and is daily realizing more and more of everything that is contained in the all of life. Faith can see that no matter how large or how beautiful life may be now, there is always a larger and a more beautiful life to live for, to work for and to realize in the days that are near at hand. In the life of faith there is no end to anything; there is always something more, always something richer, always something greater, always something better. The life of faith is therefore full of realization, full of promise, full of joy. What was promised by faith yesterday is realized today, because faith is not only the power to see the greater vision, but is also the power that can lead life into the very world of the greater vision; and thus the promise of yesterday is always fulfilled today.

There Is Always  
Something More

Every person in the world, whatever his present position may be, can begin today, and through the power of faith, work himself up into any attainment or realization he may have in mind. Whatever his goal, he can reach it, if he works in faith. This may seem to be a strong statement, but Jesus Christ declared it was so; and it is certainly high time that we begin to believe and practice the great truths this Master Mind proclaimed. If the teachings of Jesus mean anything they mean that I can, through faith, overcome anything in my life, change anything in my life, better anything in my life, and realize any goal whatever to which I may aspire to reach in life. Though it may take months and years to reach certain things, those things that have exceptional worth, nevertheless I can do it, if I continue persistently to work in the spirit of unbounded faith. And, in the meantime, if I give this same faith to all my work, I shall be gaining ground daily, making my life larger, better, richer and more beautiful constantly. When I begin to work in the spirit of faith,

What Can Be Done  
In Faith



I will always be in touch with the spirit; and to be in touch with the spirit is to be at one with God, because the kingdom God is in the spirit; therefore, when I am in the spirit, I am with God; God is with me; God is on my side, and we two constitute a majority; we are greater than anything we shall ever meet, and we have the power to do anything we may desire, to work out anything, accomplish anything or realize anything that we may at any time have in view. Faith has made us one—the Infinite and myself, and together we hold, not simply the balance of power, but all power. Therefore, knowing this to be true, why should I ever doubt any more; why should I ever hesitate any more; why should I ever be fearful or afraid any more.

There are thousands of richly endowed minds in the world that accomplish nothing to speak of; and the reason is they live in the confusion of doubt, uncertainty and fear. Many of these minds would become giants in the world if all their powers were spurred to action by the invincible spirit of faith. In fact, there is not a single mind, whether naturally endowed or not, that would not come forth into a larger, richer life if inspired by the wonder-working power of faith. Faith awakens the all that is in human life, and makes that all a continuous power for good. Therefore, not a person in the world, whatever his work may be, can afford to live or work a single moment without faith, without the deepest, strongest faith that he can possibly arouse in his own soul. Faith is not for the spiritual world alone, but for every world. Not a muscle should move unless it moves in faith; not a thought should be formed unless it is filled with the spirit of faith; not a word should be uttered unless it comes directly from the limitless power of faith. This is what it means to live by faith, and such a life is a life indeed.

WHEN WE LIVE SO CLOSELY TO THE SUPREME THAT WE INWARDLY KNOW THAT WE ARE ONE WITH THE REAL LIFE OF THE SUPREME, WE MAY DRAW UPON THE LIMITLESS SUPPLY OF THAT LIFE FOR EVERY DESIRE AND NEED.





HERE is a belief among many that since every soul has the power to draw upon the limitless for any desired supply, it is not necessary to give special attention to physical or mental efforts. In other words, if they continue to live in faith they will receive what they want, their own will come, even though they be very inefficient as far as work is concerned. This is their spiritual theory, but it is a theory which, when applied, leads invariably into poverty both of body and mind. The fact that "all things are yours" on account of your divine heirship; and the fact that your spiritual nature is actually and permanently one with the limitless source of every good thing in existence, does not prove that you may receive all that you need by simply declaring, "my own can not remain away from me." To fold your hands and wait in faith for your own to come, is not to wait in faith; hope stands and waits, but faith goes to work. Therefore, if you are waiting in faith you have no faith; and having no faith you will continue to wait; your own will not come. In the real, "all things are yours," but you can make no actual use of the riches of the kingdom within until they are brought forth into manifestation. The life, the power and the riches from within, however, will not manifest through a mind and body that is dormant; and the habit of waiting and hoping for supply to come, regardless of efficient personal effort, has a tendency to make the faculties and the elements of the human system more or less dormant.

"All Things Are Yours"

To have faith is not simply to believe that everything will come to us, or that everything must come to us because everything already belongs to us. Faith is not simply belief; it is an attitude of mind and soul wherein you place your own life in perfect contact with infinite life; and, in consequence, when you live and work in faith every thought and every effort will be charged, so to speak, with the power of infinite life. To work in faith is to give more life and more power to your work; to think in faith is to animate and inspire your thought with a finer insight and a higher degree of understanding

Gaining the Riches of the Kingdom



than you could ever receive in any other manner. The mission of faith, therefore, in practical life, is to give the individual that greater measure of wisdom and power through which he may make himself worthy of the very highest good that he may desire as his own. All things belong to us; that is, all things are ready for us whenever we can use them; but we can not use the greater things in life so long as we are living a small, partially dormant life. The riches of the kingdom are not for us "to have and to hold;" they are for us to use; and we can use them all only as we become alive with the life more abundant in every element of body, mind and soul.

The principle is this: Use the body, use the mind, use the soul, use every faculty, use every force, use every power that you can possibly find and arouse throughout your entire being; and use all these things in faith; that is, while you are using all these things, place your life, your mind and your consciousness in such perfect touch with the Supreme Source of life, power, wisdom and inspiration, that you become a perfect channel of expression for all that is great and worthy in the vastness of sublime existence. In this manner, you become so worthy, so competent and so efficient in your life that all that is great and worthy in the ideal can be naturally attracted and used by you in the real.

Combine the  
Personal with the  
Spiritual

With regard to this subject, the human family divides itself into three classes. The first class is composed of the masses of men and women in the world, those who try to live and try to accomplish something in life by depending solely upon objective faculties. They proceed without paying any attention to the greater powers within them or to their relationship with infinite life; in consequence, they are constantly hemmed in by their own self-created limitations, and as a rule, merely exist. The second class is composed of those who go to the other extreme, depending almost entirely upon the power of the spirit to provide supply, while the true and full use of the powers of the personal man are either wholly or partially neglected. These people are buoyed up in the beginning with hopes and expectations, and for a time their spiritual theory of life seems to work; but ere



long they find themselves drifting into adversity and want, and are forced to return to the ways of the world, as mere existence is better than annihilation. The third class is composed of those who combine the powers of the personal man with the powers of the spiritual man; they make a special effort to turn all their powers and faculties to practical use, and to all their work they invariably add the inspiring attitude of unbounded faith. The members of this class try to develop all their faculties to the very highest degree; they try to place body, mind and soul in the best working condition; they try constantly to increase their working capacity because they are not only believers, but doers; they are disciples of work—work that adds to the welfare of the world, and they always work in faith; they try to make the best use of everything in their possession, but while trying to push to the front, so to speak, the best that is in them, they try constantly to develop a higher and a finer conscious realization of the great truth that we live and move and have our being in the limitless power of the Supreme.

That all the great men and women that have appeared in the history of the world have come forth from this last mentioned class is most evident; and that no person can ever rise in the scale of life unless he applies the method of this class is equally evident. To depend solely upon the personal man is to merely exist; to depend solely upon the spiritual man is to be a dreamer, not a doer; but when the powers of the personal man are combined harmoniously and practically with the powers of the spiritual man, we cannot only dream; we can also make our dreams come true. What we discern in the ideal we can cause to come true in the real. We provide practical working capacity on the personal side and limitless power on the spiritual side; whatever we may wish to do, attain or accomplish in the great without, we may receive all the wisdom, all the understanding and all the power required from the great within. We shall thus demonstrate the great truth that "All that the Father hath is mine," not simply for spiritual contemplation, but for actual, personal possession and use in the tangible world today.

The Vision Made  
Manifest



The Great Principle  
for All to Apply



**T**HAT the powers of the spiritual man can be readily combined with the powers of the personal man, in the producing of practical results, is a fact that is constantly being demonstrated in the lives of thousands. We all know of remarkable instances where people have, when in the midst of extreme want, sickness or despair, placed themselves in the hands of higher power, and secured emancipation under circumstances that have seemed miraculous. Many a person has found himself in a position where everything was lost, where all the elements were against him, and where not a single ray of light could be found anywhere; but by placing himself in touch with the power of the Supreme, and by going to work in full conscious oneness with that power, has caused everything to change in his favor. Many a person has demonstrated the great truth that by taking God with him in his work, he could overcome every obstacle, remove every barrier, vanquish every enemy, disperse everything that was against him, and come out victorious under circumstances that, in the beginning, seemed utterly hopeless. It has been demonstrated thousands of times that where the personal man alone was helpless, complete emancipation and victory were made possible where the powers of the spiritual man were combined with the efforts of the personal man. This is therefore a principle that no person can afford to ignore, no matter what his work may be.

Call Upon God First

Whatever we may wish to do or gain, there must be personal effort; but the more perfectly we are conscious of the limitless powers of the spirit within us, the greater will the results of those efforts be. And this is not true of certain special efforts alone; it is true of all efforts from the least significant on the physical plane to the most important on the sublime cosmic plane. It is true, not only in instances of man's extremity, but also in every state or degree of man's prosperity. If the power of the spirit, when combined with personal effort, can take man from death's door into perfect health, as has been done thousands of times, even when all hope was lost and every



other method had failed; and if this same power, when combined with practical work, can take man out of the lowest depths of adversity, poverty and despair, and place him on the very heights of freedom, power and limitless supply, is there any reason why the power of the spirit can not be combined with personal effort in all the affairs of everyday life and thus give an ever-increasing measure of health, happiness and prosperity to man? Man calls upon God when everything else has failed; but he should call upon God before he tries anything else, and he would never fail.

Though we may be strong physically now, and be in possession of exceptional capabilities and advantages, we can not afford to ignore the fact for a moment that increase comes only from the within. "They that wait upon the Lord shall renew their strength;" none others. The present strength of the body will not hold out unless it is constantly replenished from on high. The present capabilities of the mind will shortly lose their brilliancy and power unless they are kept in the highest state of perfection through constant contact with the light and the life of the soul. It is not wisdom to use up the limited powers of the person and utterly ignore the great interior source of inexhaustible power. Yet man does this very thing; therefore, his person is weak, his days are short, and his life but a trifle better than mere existence. There is, however, a better way; let the powers of the spiritual man be constantly combined with the life, the powers and the efforts of the personal man, then shall the person of man never be weak; his days may be lengthened indefinitely, and his life will become richer, more beautiful and more inspiring, until a million joys are blended harmoniously in every moment of his endless existence.

Consider the Great  
Interior Source

We are all heirs to the kingdom, not only the spiritual kingdom but the entire kingdom of life; we can receive, however, only what we can use; we need only what we can use, therefore to receive more at any time would be superfluous, and there is no place for the superfluous in the realms of divine law. There are many that can use much, very much, but the majority do not receive as much as they can

How We Draw Upon  
the Universal



use because they do not live and work in the consciousness of the "all things are yours." Others receive but little at any time because they do not fully use what they already possess. We draw upon the universal for greater supply in proportion as we turn to good account our present supply; though we must remember, that no person can turn to good account the best that is in him now unless the efforts of the personal man are filled through and through with the powers of the spiritual man. The work that we do in faith is the only good work; and the faith that we apply in work is the only true faith.

The average person thinks that it is his privilege to continue to "hold" his possessions, regardless of use, and that he can accumulate as much as he likes; but this is not true. The true life is not lived for the purpose of accumulating things. Many have realized this and have gone to the other extreme, concluding that the only true life was the life that had no tangible possessions whatever. There are only a few, however, who have taken the path that lies directly between these two extremes, and that is one reason why the power of the spirit to combine with the power of the person in practical life has not been as extensively demonstrated as we should wish. But it is our privilege to demonstrate the true law of complete existence, and when we do, the reward will be great indeed.

How All Things Are Secured

Every individual is entitled to all the riches of the spiritual kingdom, and in addition, to the possession of as many things, and as beautiful things, in the visible kingdom, as we can possibly appreciate and use in the enrichment of all the realms of his own entire existence. But before he can secure all these things, he must cause his personal nature and his spiritual nature to live together and work together as one. He must work for everything that he may desire, and must work in the faith that every desire will be fulfilled.

To express the law of this principle more briefly, the first essential is to make the best use possible of everything that we may possess now. The second essential is to live, think and work in faith. He who lives in faith lives in the spirit, and he who lives in the spirit



lives in God. No person can afford to do anything without taking God with him; no person can afford to think a single thought without realizing that that thought is created in the infinite sea of divine thought; no person can afford to express a single desire without realizing that that desire is the expression of some supreme, some great, some beautiful state of interior existence.

It is extremely important to try, as much as possible and as frequently as possible, to enter into the inner consciousness of the great truth that "All things are yours." As we grow in this consciousness we actually enter into real, limitless possession; and when we begin to "inwardly feel" that we possess the rich and the beautiful in limitless supply, we will begin to attract the rich and the beautiful from every source in the world.

The Consciousness  
of The All

Take the statement, "All that the Father hath is mine," and mentally dwell upon the very innermost truth that can be found in this statement. Try to realize what it means to possess everything that there is in the kingdom of the Infinite, and enter into the very soul of that meaning. Try to feel the spirit of limitless, divine possession, and resolve to live perpetually in the innermost life of that spirit. The consciousness of limitless supply will soon become an actual factor in mind; and we can begin to draw upon the limitless when we are actually conscious of the limitless.

When you actually realize that "All things are yours," you will never be anxious about the future any more. You know that there will be a ready way to supply every need at the proper time. You do not live in the possession of simply the barest necessities; you live in the life of abundance, and the rich and the beautiful in your life is constantly on the increase. But you are never disturbed about the greater needs that you know will come in the future. You live in the positive faith that when the greater needs are at hand, the greater supply will also be at hand. And your faith always comes true.

The Greater Needs  
of the Future.



To live in this faith is to live in perfect peace; we are never disturbed about any threatening circumstance; we are never fearful or afraid any more; we know that the door will open when the time comes; we shall surely have what we need—enough to supply the greatest possible need. Having done our part we know that God will not fail in His; for as much greater is His faithfulness than ours as the entire cosmos is greater than a single drop in the sea. “I will not forsake thee nor leave thee;” upon this we may always depend.

God Will Be There  
with Abundant  
Supply

When you look into the future, do not be anxious about methods or means to carry out what the future moment may demand. When you come to that place, God will be there; the limitless powers of infinite life will be there; the wisdom, the light and the luminous understanding of your highest spiritual nature will be there; all of you will be there, and the power of your faith to draw upon the limitless for any desire or need will also be there. Then why be fearful any more. Why be anxious about anything. All things are yours now, and the now that now is, is eternal.





# An Unusual Opportunity

For Subscribers of

## ETERNAL PROGRESS

By Edward E. Beals



IN telling you of this unusual opportunity, I shall waste no words. If you are interested in progress, growth, advancement, it will appeal to you; if not it will not interest you. It has to do with the further development and up-building of an institution or movement that has made most wonderful progress during the last year—great strides—in fact, by some deemed impossible.

In June, 1908, The Progress Company was incorporated. It seems to have been the psychological moment for the establishment of such an institution, for its growth from the beginning has been phenomenal. In less than a year it has advanced from a small book and magazine publishing business to an institution, which bids fair to be the center of one of the greatest movements for good which this old world of ours has seen for many centuries.

There are several reasons for this great growth, but chief among them are these:

First: You who read this are one of the many thousands of people who wanted what we had to give you and were willing to pay for it; and

Second: The officers of The Progress Company believe sincerely in the principles which they teach. By the practical application of these principles, by an absolute faith in the Supreme Power back of all things, with the financial co-operation of our 400 loyal stockholders, and by our own ability, we have made several blades of grass grow where only one grew before.

At its incorporation, The Progress Company owned the copyrights and plates of nine books and ETERNAL PROGRESS, a sixty-four page magazine, with a circulation of 30,000 copies monthly. This latter

has now reached a circulation of 50,000 copies monthly and has doubled its number of pages; and the company now owns or controls the copyrights and plates of over 50 books for which there is a great and growing demand. Besides these we are the manufacturers of the Knickerbocker Spraybrush, protected by five valuable patents—an article which will soon become a necessity in every household believing in health and cleanliness.

Recently we leased the book and magazine publishing business of the Correct English Publishing Company of Evanston, Illinois, and we are now the accredited wholesale representatives for the books of Josephine Turck Baker, editor of the magazine "Correct English: How To Use It," as well as the books of the Exodus Publishing Company, written by Ursula N. Geste-feld. The cash receipts for the month of July—our second month in business—were \$1,609, while those for the month of March just past were \$9,571. This is solid, substantial growth and progress in the right direction, for it is on its cash receipts that a business must fail or flourish.

We have striven to build up a business that would not only be of value and service to the world, but one that would take care of itself, and pay back handsome returns to those who put their money into it. We are pleased with what has been accomplished and so are those of our stockholders who have stepped in to see what we are doing, while on their way through the city.

Ever since the inception of The Progress Company, its president and other officers have been informed almost daily by subscribers of ETERNAL PROGRESS that there was great need in Chicago of a center for the promulgation of the principles set forth in the magazine. Thousands of let-





**BOARD OF DIRECTORS OF THE PROGRESS COMPANY**

Center: Christian D. Larson President, Editor of "Eternal Progress." Top left: Burton D. Knickerbocker 1st Vice-President, Inventor of the Knickerbocker Spray-brush. Top right: Dr. W. C. Van Valen 2nd Vice-President, in charge of the Progress Sanatorium. Bottom left: H. E. Walrath, Secretary. Bottom right: Edward E. Beals, Treasurer and Manager.



ters from all parts of the country have come to us asking for instruction in these principles. Hundreds of visitors passing through Chicago have called at our offices and asked for some place where they might go to read, or study, or rest, or to hear some speaker talk along these lines. And both by letter and in conversation we have been appealed to, sometimes in words that were heartbreaking, to point out or to recommend some home or sanatorium where people who had tried doctors and drugs and every physical means that money could command to become well, might be brought back to health and enjoy the good things of life.

For many months we have had an ideal in mind of what was needed to satisfy all these people and at the same time to take advantage of a great opportunity which we knew to exist; and we have been holding that ideal with the intention of expressing it in material form next fall, when the time would be more ripe and The Progress Company by its cash receipts could take care of it. But our ideal has worked out sooner than we had expected. The Law of Attraction has been doing its work. The demand has become so insistent and the need has become so great, that we have decided to do something at once.

Just at this time something very propitious happened. The officers of The Progress Company were brought into touch with Dr. W. C. Van Valen, one of the pioneer mental and spiritual healers of this country, and one of the most able and successful practitioners of psycho-therapeutics to be found anywhere. For eight years Dr. Van Valen was in charge of the Van Valen Sanatorium at Atlanta, Georgia, where he had hundreds of patients from nearly every state in the union and many foreign countries, and where his record of cures, by mental and spiritual methods, of cases given up by doctors as well as by Christian Scientists, borders on the wonderful. Chronic cases of almost every kind have vanished before his marvelous healing power. He has dedicated his life to the healing of the sick, and bringing back to health and strength those who have strayed away from the right path.

Dr. Van Valen was surprised when he first visited the offices of The Progress Company, for he had expected to find a small office or two, in which would be Mr. Larson and a few assistants. Instead he found us occupying five large rooms on the fifth floor of the Rand-McNally Building with an office force of nearly 40 people. He had seen the need of a sanatorium in or near Chicago, and had set his mind on the establishing of one at the earliest possible moment. His visits with us have

shown him that we were the logical people to handle a thing of that kind, and he at once suggested that we co-operate in carrying the project forward. Although he had expected to own and control a sanatorium of his own, when he saw our position in the field and the lead The Progress Company had taken in the New Psychology movement that is sweeping over the country, he readily consented to become associated with us, lending his name and influence toward the upbuilding of the institution.

After several conferences the Board of Directors of The Progress Company at its April meeting decided to carry out the following plans:

First: To establish a "Progress Rest Room" in the center of the loop district of the City of Chicago, where anyone, Jew or Gentile, business man or shopper, regardless of any religious affiliations, may go for the purpose of resting, reading or studying the best metaphysical literature; where a person who understands will be in attendance to answer questions and show magazines and books, and where a skilled practitioner may be found to heal and to instruct at a nominal fee.

Second: To establish a "Progress Sanatorium," either in the outskirts of Chicago or in some nearby town where at least 100 patients may be taken at one time, to be treated by the most modern and scientific mental and spiritual methods, and where the charge for work of this kind will be nominal and within the easy reach of all.

Third: To establish a "Progress Correspondence School of Applied Metaphysics," to which people from all parts of the world, who cannot come to Chicago, may apply for instruction in the basic principles of health and success, and obtain the same by mail at a reasonable charge.

The fact that this decision has been made by the officers of The Progress Company will come as good news to hundreds of people in Chicago, and will be welcomed universally.

To carry out such a comprehensive and far-reaching plan as this, requires more capital than the daily cash receipts of The Progress Company will supply, these receipts being used to meet current expenses, and when a surplus is shown at the end of the month that is laid away against the coming of dividend day. In fact we reckon that our expenses in this connection will be about \$15,000 before one cent is returned to us. It means the purchase of property, equipment for the best work and comfort of patients, advertising, preparation of literature and a hundred-and-one other things which require money. But just as soon as it is permanently established and in good



running order, the amount of good it will do and the profits to be derived from it will be large indeed. This is shown by the wonderful success of the Battle Creek Sanitarium, as well as many others of like character. Taking his own past work as a guide, Dr. Van Valen figures that a sanatorium with 55 patients will do an annual business of \$60,000, showing a clean profit of \$21,000. One-half of this sum alone is sufficient to pay a dividend of 7% on the entire capitalization of The Progress Company. Such an acquisition as this means much to our stockholders. But it must be remembered that this is only one department of The Progress Company—there are three others just as important and with the same possibilities of profit.

To raise the money necessary to promote this work a number of plans were suggested. First, several wealthy men, realizing the large profits to be derived from such a business as this stood ready to furnish all the money that was needed, if they could control the policy of the Company and take the bulk of the profits. This plan was rejected because the officers of The Progress Company have sworn to protect the smallest stockholder and give each one a square deal.

Second, it was suggested that inasmuch as The Progress Company had such a fine property in its book and magazine publishing business, and the addition of these new acquisitions would make its stock so much more valuable, that the capitalization be increased from \$150,000 to \$250,000. This was a good suggestion but was rejected because it means that the dividend money earned would have to be spread over a larger capitalization, and therefore the percentage to each stockholder would be smaller. This would be unfair to our present stockholders.

Finally Mr. Larson solved the problem for us. He said: "I believe in the future of The Progress Company. Although I am more than pleased with its rapid growth during the past year, yet for a long time it has been one of my dreams to have as one of its departments an up-to-date sanatorium, where people from all parts of the world might come to be healed and go away rejoicing. I believe with such an addition as this, the amount of good we can do and the profits we can make for our stockholders as well as for ourselves will be doubled and even trebled. To show my belief in a very practical way, I am willing to turn over to the treasury of The Progress Company enough of my personal stockholdings—the same to be sold to subscribers of ETERNAL PROGRESS—to raise the necessary money to carry out our plans. There is only one restriction I wish to place on

the sale of this stock and that is—it must be sold for \$5.00 per share. My object in making this restriction is to place all of our stockholders on the same basis, some of them having already purchased our treasury stock at that price; and also to see the stock distributed as widely as possible."

This generous offer was accepted, \$31,000 worth of stock being transferred to the treasury of The Progress Company by Mr. Larson from his personal holdings, and it is now offered for sale only to subscribers of ETERNAL PROGRESS. Although the par value of this stock is \$10.00 per share and dividends will be paid on that figure as a basis, yet in accordance with Mr. Larson's restriction, the selling price of the stock while it lasts will be \$5.00 per share. This means that the dividend will be twice the percentage quoted; in other words, if a dividend of 7% is declared on the par value of the stock, the actual amount received will be 14% on the investment. In the sale of this stock, the officers of The Progress Company make the following guarantee: If any stockholder at any time should be in need of money or should become dissatisfied with his investment, we will sell his stock for him, returning the amount of money paid in plus 6% for the length of time the money has been invested in our Company. This makes capital invested in the stock of The Progress Company as safe as if it were in any savings bank, at the same time paying an interest twice as great. This is an unusual offer, but is made because of our confidence in the earning capacity of our own company.

Our desire of course is to dispose of this stock as quickly as possible so that we may begin the work of doing good and making money at the same time without delay. If you intend to invest, your early reply to this announcement together with your reservation or check for the number of shares you desire will be appreciated. And yet we are willing to accommodate a certain number of subscribers who wish to become stockholders by purchasing their stock on the deferred payment plan, if all payments can be made covering a period of not more than three months' time. A personal letter with a first remittance will arrange this. We ask that you join us to the full extent of your ability in carrying forward this great work, and also enjoy with us the exceptional profits that will be the logical and only outcome of such an institution. This is your unusual opportunity.

THE PROGRESS COMPANY,

*Edward E Beale*

Treasurer & Manager.



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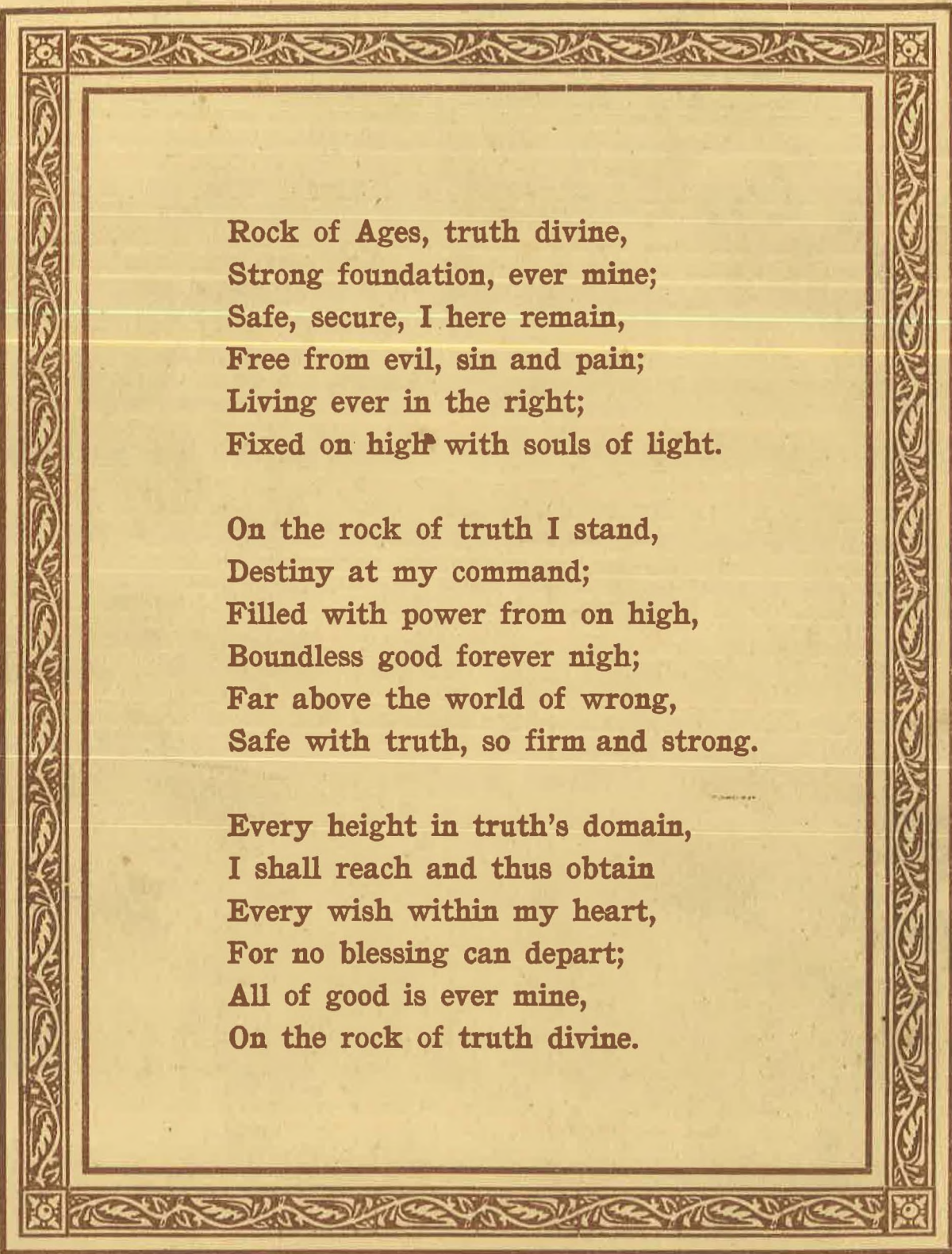
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Rock of Ages, truth divine,  
Strong foundation, ever mine;  
Safe, secure, I here remain,  
Free from evil, sin and pain;  
Living ever in the right;  
Fixed on high with souls of light.

On the rock of truth I stand,  
Destiny at my command;  
Filled with power from on high,  
Boundless good forever nigh;  
Far above the world of wrong,  
Safe with truth, so firm and strong.

Every height in truth's domain,  
I shall reach and thus obtain  
Every wish within my heart,  
For no blessing can depart;  
All of good is ever mine,  
On the rock of truth divine.