

THE COSMIC WORLD

DECEMBER, 1908

Your Thoughts Make You

ONE of the most vital truths known to man to-day is expressed by James Allen in his wonderful book, "AS A MAN THINKETH." This book is a message from a great writer who wishes to awaken the mind of the race to the important fact that "As a man thinketh so is he"—that each of us is what he is simply and solely by reason of what he has thought—that our to-days are but materialized thoughts of yesterday—that our to-morrows will be but the finished material created from the warp and woof of our mental activities of to-day. Mr. Allen teaches us that "Thoughts take form in action"—that our thoughts are pressing forward ever toward material expression and activity—that we are constantly making mental paths over which we must travel in our material activities. He also teaches us that our minds are mighty magnets attracting to us the people, things and circumstances in harmony with the general character of our thoughts—that our Mental Attitude determines the nature of our environment, and the character of our associates and occupations. He makes no attempt to advance strange, weird, mystical theories, but, on the contrary, shows us that "As a man thinketh so is he" is but the statement of the operation of a great universal law, as invariable and constant as the swing of the planets, and the rise and fall of the tide—and just as natural as either. These, and many other truths, this writer tells us in this great book which has attracted the attention of the thinking world. Read it together with *Eternal Progress* and be master of your own life.

As A Man Thinketh

By James Allen

A remarkable volume, the object of which is to stimulate men and women to the discovery and perception of the truth that

"They Themselves are Makers of Themselves"

by virtue of the thoughts which they choose and encourage; that mind is the master-weaver, both of the inner garment of character and the outer garment of circumstances, and that as they may have hitherto woven in ignorance and pain they may now weave in enlightenment and happiness.

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Thought and Character.
Effect of Thought on Circumstances.
Effect of Thought on Health and the Body.
Thought and Purpose.
The Thought-Factor in Achievement.
Visions and Ideals.
Serenity.

It is little books like this that give one higher ideals and renewed inspiration. They make one forget "circumstances" and "environment" and think only of the power that lies within oneself. "Thought tends to take form in action," and Mr. Allen shows how practical this can be made and what a force it can become in the life of anyone. "You will be what you will to be" is not merely a poetical thought, but a practical truth. With a definite ideal in his mind, believing in it and working towards it, Mr. Allen claims a man can make of himself what he wills. "As a Man Thinketh" is a book to make a friend of and may be studied for years without exhausting its truths. 80 pages, printed on exceptionally heavy Egg Shell paper; bound in silk cloth.

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The purpose of **THE COSMIC WORLD** is to present the highest spiritual thought that is known in the world to-day. The best and the most spiritual methods will be given for the healing of the body, the illumination of the mind and the unfoldment of the soul. To reach the spiritual life of complete emancipation, and attain cosmic consciousness now while still in personal form, is the great goal in view. And this periodical will aim to make the way so clear that any awakened soul can understand. **THE COSMIC WORLD** is published monthly at \$1.00 a year, and a free copy of "On The Heights" is given with every yearly subscription. This book deals with the sublime heights of cosmic consciousness, the mountain tops of the spirit, and presents in simple language, the true steps to the heights, to which is added that wonderful spiritual gem, "The Soul's Prayer." The January number of **THE COSMIC WORLD** will contain a complete study of cosmic consciousness, with the best methods for the development of that sublime spiritual state. Kindly inform your friends.

THE COSMIC WORLD

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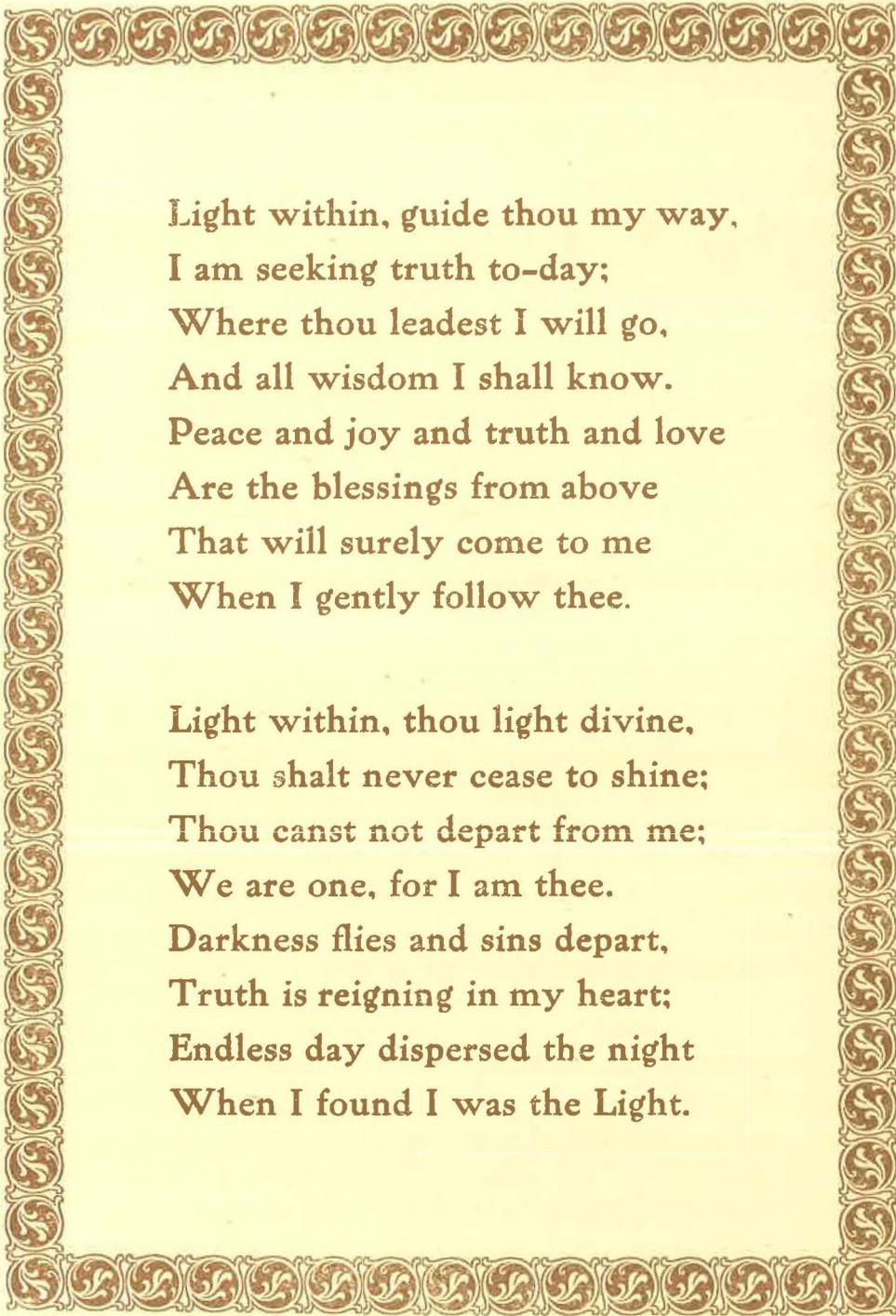
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Light within, guide thou my way,
I am seeking truth to-day;
Where thou leadest I will go,
And all wisdom I shall know.
Peace and joy and truth and love
Are the blessings from above
That will surely come to me
When I gently follow thee.

Light within, thou light divine,
Thou shalt never cease to shine;
Thou canst not depart from me;
We are one, for I am thee.
Darkness flies and sins depart,
Truth is reigning in my heart;
Endless day dispersed the night
When I found I was the Light.

The Cosmic World

Vol. I

DECEMBER, 1908

No. 4

But thou, when thou prayest, enter into thine inner chamber, and having shut thy door, pray to thy Father which is in secret, and thy Father which seeth in secret shall recompense thee. — Mat. 6: 6.



THIS is not a literal statement; the inner chamber is not some secluded place in some material structure, nor is the door referred to something that can be opened or closed with the power of physical hands. There is only one inner chamber; there is only one secret place; there is only one sacred realm where the human meets the divine, and that is in the soul of man. To enter the inner chamber is to enter the beautiful stillness within. God is enthroned in every human soul, and to enter into the secret places of the soul is to meet Him face to face.

The Secret Place
Within

The door that must be closed is the consciousness of the without, that something in the mind that takes cognizance of the world of things. When we enter into secret, the visible must be forgotten; we are upon holy ground and must remove the shoes of external existence. We cannot enter the silent within so long as we think of outer things, therefore the door must be closed. And we cannot pray to the Most High unless we enter His presence. To pray is not simply asking God, it is also going to God. The most beautiful prayer is not uttered in words but is felt in the sacred depths of the soul.

Prayers that Are
Answered

When we simply ask God our prayers are never answered; we do not pray unless we enter into secret; it will profit nothing to make a request of the Infinite unless we first enter our inner chamber and close the door. And no person ever prayed in secret that was not rewarded openly. No prayer that is uttered in the sublime stillness of the soul is ever disregarded. All such prayers are answered. What we ask of God when we meet Him face to face, that we invariably receive.

When we have learned to pray in secret we should never have occasion to doubt any more. We then know that every request will be granted. Even though the answer does not come until the eleventh hour and the last moment of that hour, we know that it will come. Our faith is as perfect as the word of truth, and as high as the heavens of the spirit, and in that faith we live. God will find a way; we have asked Him to do so and every request brings that beautiful response, "I will not forsake thee nor leave thee; I am thy Redeemer, I will care for thee."

Live for the Spirit

To enter the inner chamber of the soul is to transcend everything, for the time being, that pertains to the visible world; but this requires spirituality. We cannot enter the spirit so long as we are subject to the body, and we are subject to the body so long as we live for the body. When we begin to live for the spirit we can enter the innermost chambers of the spirit whenever we so desire, and when we are in this spiritual state we may pray for anything that is needed in the body, the mind or the soul. What we pray for in secret we shall receive openly. Therefore, to live for the body is to neglect the body and to lose the soul. But to live for the spirit is to give the fullness of life to the entire being of man.

When we pray openly we do not pray, because we cannot be in the secret chambers of the soul so long as we are in the material world of external things; and no desire is a prayer unless it is uttered in that secret place within where we meet Him face to face. We

must be with God to receive of God, and as He is enthroned within us, the perfect path to His presence is to enter the spiritual chamber within. There we shall find, not only the sublime stillness of the soul's communion with God, but also the secret power of faith—the faith that makes all things possible.

The secret power of faith is found in the soul's nearness to God; the nearer we are to God the more perfect our faith, the greater our power and the more beautiful our life; and when we enter into the sacred realms of the soul we are in the very presence of God. We are touched by the spirit, and to be touched by the spirit is to be filled with the spirit—to be filled with everything that the perfection of divine spirit may contain.

The prayer without ceasing is the living of that life that is so near to God that we can feel His power and His love at all times. In that life the mind is in constant touch with the soul and every true desire becomes a prayer uttered in secret. Therefore, when we so live that life itself becomes a beautiful prayer, there is nothing that we can desire or ask for that we shall not receive. When we live so near to God that we actually have our being in the spirit of His life, our every desire will be just and wholesome and true, and all such desires will be fulfilled; not in the distant future, but now. We shall begin to receive now that which is in store for them that love Him and every day the measure will increase as long as eternity shall continue to be.

The Prayer Without
Ceasing

Jesus saith unto him, I am the way, and the truth, and the life; no one cometh unto the Father but by me. — John 14: 6.



THE great statements of Jesus Christ were never spoken from the personal, but always from the impersonal. No truth ever sprung from the personal mind because it is only the impersonal that can touch the universal, and it is only in the universal that absolute truth can be found. When the mind en-

Where Truth Is
Found

ters the impersonal state, consciousness comes in touch with the cosmic state of being, and in that state we realize the "I Am" of being. We discern what the "I Am" actually is, and we find that the consciousness of the "I Am" is the open door to the limitless vastness of the spiritual universe. "I am the door." Enter through the door of "I Am" and we pass into that immense world that is found on the upper side, or the divine side of sublime existence.

Realizing the I Am

The "I Am" in every soul is the spirit of Christ within us, and when we become conscious of the Christ within us we can truthfully say that "the mind that was in Christ Jesus, the same mind is in me." The mind that was in Christ Jesus knew the "I Am" of eternal being; in brief, was the "I Am" of eternal being, and therefore could say that I am the way, and the truth, and the life. But this same "I Am" is in every soul and constitutes the real "me" of every soul, and as we grow in Christ we grow into the realization of that great truth that we are one with Christ, and that the same Christ that reigned supremely in the personality of Jesus shall reign supremely in us.

The Christ within us is the only begotten of the Father, and is created in the image and likeness of the Father. There is only one Son of God, but this one Son reigns in every soul, and constitutes the "I Am" in every soul. The "I Am" that occupies the throne of your spiritual being is the only begotten Son of God, and as this Son is like the Father you cannot grow into the likeness of the Father unless you do so through the Son. Nor can you enter into the presence of the Father without going through the Son, because it is the Son that unites the Father with you.

The Real Image of God

The Son of God is one with God, therefore if you wish to realize your oneness with God you must enter into the life and the spirit of the Son. In other words, you must become conscious of the "I Am" within you because it is this "I Am" that is created in the image of God, and we are not one with God unless we realize that we are created in the image of God. To be one with God is to know that we are in the

Father and the Father in us, but we cannot enter into that consciousness wherein we know that we are in the Father until we are conscious of our exact likeness to the Father.

When Jesus declared, I am the way, he spoke in the consciousness of the Christ. It was the supreme "I Am" that made this great statement, and this "I Am" is the way. The supreme "I Am" is the way to everything that man may need or desire throughout eternity, for "I Am" in God, and in God we find the allness of all that is. The "I Am" is the way to God, because it is the "I Am" in man that is always one with God. "I am the door," and there is no other door; it is therefore evident that no one cometh unto the Father but by me.

The Eternal in You

To go to God you must go by way of the Christ; that is, you must enter into the inner consciousness of the Christ that reigns within us; you must enter so deeply into the spirit of your own sublime being that you can readily realize that "I Am," and know that "I Am" is not distinct from you but is the real and the eternal of you. "Where I am there ye shall be also." You shall some day enter that same exalted state where your consciousness of the "I Am" will be so perfect that you will know that you are "I Am." Then the supreme "I Am" will speak in you as he did in Jesus Christ and will in like manner declare in you, "I Am the way."

When we find the spirit of Christ within us we find the way; we then enter the path, the path that leads to the fullness of life and the perfection of being. To daily ascend higher and higher in the consciousness of this spirit of the Christ is to follow the Christ, and to follow the Christ is to enter the Kingdom.

Entering the Path

The "I Am" is the truth because all truth has its source in the divine being of man. That the real man is created in the image of God is the one supreme truth, and the real man is the "I Am." To know the truth is to enter into the life and the spirit of the "I Am" within; that is, the Christ within, and to enter into the Christ is to enter into freedom because there can be no bondage or ill whatever

in Him. This is how we gain freedom when we know the truth; not by forming intellectual concepts about truth, but by entering consciously into the spirit of the Christ within which is the truth.

Being in the Truth

To enter into the Christ consciousness is to become conscious of the real being of the Christ, and the real being of the Christ is identical with the real being of man. To become conscious of the real being of man is to know the truth concerning man, and when we know this truth we know that man is divine because man, in his eternal nature, is identical with the nature of the Christ. When we know that we are created in the likeness of truth we know that we are truth, and we can say, when speaking from the Christ consciousness, into which we have entered, "I Am the truth." And when we know that we are truth we are conscious only of that which is truth. We cannot be out of the truth when we are in truth, and as there can be no ill or bondage in the truth we must necessarily be in absolute freedom while we are consciously in the truth.

The "I Am" is the life; all life comes from God, and the life that is in us is the life of the only begotten of God. The life eternal is the life of God in us, and it is the "I Am" in us that lives the life of God in us. To gain the life more abundant it is therefore necessary to enter more and more deeply into the consciousness of the "I Am" within. In brief, the more fully we realize the "I Am" or the Christ within us the more we live, and when we enter so perfectly into the Christ consciousness that we actually know that the real in us is identical with the "I Am" in us, then we begin to live the life eternal; then we actually enter eternity while still in personal form; then we know with positive conviction that we are immortal, and we need no further evidence from any other source whatever.

When we learn that "I am the door," and seek this door in the spiritual life within us, we shall find it; and as we pass through this door we enter the other side of life, the divine side, the eternal side. There we find the kingdom of God that is within us, and beyond is

the shining shore. But we are not required to leave the personal form and the physical life in order to live on the other side of life. True being is to LIVE on the spiritual side of life and to manifest the perfection of spiritual being in the personal side of life. Thus the Word becomes flesh and the glory of God is made visible in man.

For whosoever would save his life shall lose it; and whosoever shall lose his life for my sake shall find it.— Mat. 16: 25.



WHEN you lose your life for the sake of the Christ, you let go of the limited life that is living in you in order that the limitless life of the Christ may live in you. Likewise, when you deny yourself and follow the Christ you remove the personal self from the throne of your being and enthrone the superior spiritual self instead. There is therefore no sacrifice; you lose nothing but your limitations and your illusions, while you gain everything that the kingdom of God holds in store for man.

Losing the Lesser

The belief that it is necessary to lose something of actual value in order to gain the life eternal is not the truth. Poverty in the personal life does not produce spiritual riches, nor does the sacrifice of temporal joys produce the bliss of heaven. The idea of self-sacrifice must be eliminated; so long as we think that we have to sacrifice all that is good in the visible world in order to gain the joys and the riches of the invisible, we are out of harmony with the beautiful order of the cosmos. In the true order of things all that is real is good, and all that is good, man has the privilege to enjoy now.

The only things that we are required to sacrifice are our ills, our defects, our weaknesses, our shortcomings, our limitations; in brief, we are required to remove the personal self and its imperfections from our world of existence. The true self-sacrifice is that which refuses to permit personal imperfections to rule in the personal life, and gives up to the light, the power and the life of the spirit.

Attaining the
Greater

When Christ Lives
in You

When you deny yourself in the true manner, you deny your outer mind the privilege of rulership. You no longer follow the desires and the beliefs of the flesh; you no longer obey the dictates of the body; you declare that the body must serve the soul and the soul must serve the Christ. You thereby permit the supreme life of the Christ to live in you; the mind that was in Christ Jesus enters your mind, and His life and His power becomes your own. The lesser life is lost, the greater life has come in its place. The mere man in you is decreasing while the divine in you is increasing and will thus continue until you are perfect as your heavenly Father is perfect.

To try to save the personal life is to live exclusively for the limitations of external existence; in consequence, the mind becomes so absorbed in the lesser life without that it is wholly unconscious of the greater life within. But we cannot receive the greater life from within unless we are in conscious touch with that life, and since the within is the only source of life, we cease to receive life the moment we are consciously separated from the inner life.

Lose Yourself in
Christ

To live entirely for the personal life is to be separated from the inner life, and therefore we are not receiving any more life. The personal life, however, that we are trying to save will be gradually used up, and thus we will lose what we are so anxious to save. But when we begin to live for the spirit, and begin to follow the Christ into the vast spiritual realms of limitless life, we will find more and more life; and the more life we find in the vast within the more life we will bring forth into the without. All the life that we become conscious of in the soul we will express in the mind and the body, and the personal self, instead of growing weaker, will grow stronger and stronger as it is filled more and more with life and power from on high. And thus, by losing ourselves in Christ we gain everything that exists in the supreme life of the Christ; we lose nothing, sacrifice nothing, while we find ourselves—all that we are in the image and likeness of God.

But Jesus answered them, My Father worketh even until now, and I work.—John 5: 17.



THE significance of this statement is as large as the limitless sea of divinity in which we live and move and have our being. The Infinite is everywhere and works everywhere, and therefore He is with us working with us. To know this is to know one of the greatest truths in the world, and there is nothing that is more helpful in the living of everyday life than to live, think and act in harmony with this truth. Whatever our work may be, it ceases to be difficult the moment we realize that God is working with us. When we know that His power is with us, the burden disappears completely.

God Working with
Man

The undertaking we have in mind may be very large; it may seem to be more than we alone can carry through; but we need not be alone; the Infinite is at hand ready to work with us, and with Him there can be no failure. Depend upon the Supreme; ask God to work with you; live so near to the Spirit that you will be one with God, and when you choose to go with God, He will go with you. Then the work will almost do itself; you perform the most difficult task with perfect ease, and you can work as much as you desire, weariness will not even make an attempt to enter your world.

The average person works alone; his task is therefore difficult; he does nothing well, and his work is wearing and tearing to a degree that makes his life both bitter and disappointing. But he works alone, with almost every disadvantage in his way, simply because he has not ascended in the spiritual scale. He has not arisen to that lofty realm where he can be in harmony with Supreme power, and therefore must depend upon the limited power of mere man. This, however, is his own choice; he may rise in the spiritual scale whenever he may desire and as much as he may desire; and the higher he goes in this scale the more direct assistance he receives from the Infinite.

Supreme Power in
Your Work

The Greater Works

When we reach those same spiritual heights that Jesus had reached, we can also say as he did that my Father worketh and I work, and we will receive just as much power from God as he received. We shall thereby do the works that he did, and as we go on still farther with him, we shall do the greater works. Jesus declared that he could of himself do nothing. His great power came from God, and his spirituality was so high that he could both receive and apply this power. He had reached that state where he was in perfect harmony with Supreme power, and could manifest the fullness of that power in all his life and works.

And his command was: Follow me; what I have done, ye shall do. We are therefore not to remain content with simply believing that he was what he was and did what he did; we are to go and do likewise. Nor is the way difficult; to follow Christ is the simplest thing in the world, and there is nothing that produces such great results. Though we may not reach the heights that he reached at once, we can press on, and gain ground daily. Every step will bring added power, and this power we can use now in everything that we may be doing now. Spiritual power is not only for some other world; nor is its sole use in this world to keep us away from temptations. The power of the spirit is intended to be used in the living of a great life here and now, and in the doing of great things in this present world.

**Doing the Will of
the Father**

Those alone will enter the kingdom who do the will of the Father, and to do the will of the Father is to live the life that He lives now. Live the life of the Spirit now, and you are saved both for time and eternity. And one of the great essentials in the living of the spiritual life is to live so near to God that His power is in everything that we may do. Then God works with us; not simply in what the world calls great things, but in all things. Even in those things that seem to be insignificant, the power of the Supreme is with us, and everything we do brings joy.

The first step to be taken in anything we wish to do, is to seek divine assistance. To ask God to go with us and work with us, and

to enter into such perfect spiritual harmony with God that we can feel His supreme power through and through—that is the first and most important, be it work pertaining to body, mind or soul. Whether we are beginners in the spiritual life or have reached the heights, God will work with us in whatever we have the understanding to do now; and as we rise in the scale, He will work with us in doing those greater things that spiritual giants have the privilege to perform. And with God working with us, we shall never fail; all work will be pleasure, and the days of weariness shall come no more.

Seek Divine Power
in All Work

But seek ye first his kingdom, and his righteousness; and all these things shall be added unto you.—Mat. 6: 33.



THE kingdom of God is within, and manifests through man as the spiritual life. His righteousness is the right use of all that is contained in the elements of the spiritual life. The spiritual life being the complete life, the full expression of life in body, mind and soul, it is evident that the right use of the spiritual life will produce and bring everything that man may need or desire. The source of everything has the power to produce everything, providing the power within that source is used according to exact spiritual law.

The spiritual life being the source of all that is necessary to a full and perfect life, and the kingdom of God within being the source of the spiritual life, we can readily understand why the kingdom should be sought first; and also, why everything that we may require will be added when the first thought is given to spiritual living and righteous action. Righteous action, however, is not simply moral action, but the right use of the elements of life in all action.

The Reason Why

To seek His kingdom first, it is not necessary to withdraw from the world, nor to deny oneself the good things that exist in the

world; to seek the kingdom first, is to give one's strongest thought to the spiritual life, and to make spiritual thought the predominating thought in everything that one may do in life. In other words, go to God first for everything, place your greatest dependence upon His power to carry you through everything, and live so close to His kingdom within that you are fully conscious of that kingdom every moment.

The Supreme Desire

To seek the kingdom first, the heart must be in the spirit; that is, to live the spiritual life must be the predominating desire; but the mental conception of the spiritual life must not be narrow; in brief, that conception must contain the perfection of everything that can possibly appear in life. To think of the spiritual life as being distinct from mind and body is to deter the spiritual life from being expressed in mind and body; but what is not expressed is not lived. To think about the spiritual, or to feel the emotional power of the spiritual is not sufficient; but that is as far as the spiritual life has been taken by the average person; that the other things were not added is therefore no fault of the law.

The spiritual life must be thoroughly lived in mind and body; the power of the spirit must be made the soul of all power, and the law of spiritual action must be made the rule and guide in all action. When the spiritual is lived in all life, the richness, the quality and the worth of the spiritual will be produced in all life, and spiritual worth is the sum-total of all worth.

What Is Added

To enter the kingdom within is to enter health, harmony and happiness, because these three great principles reign supremely in the spiritual life of man. Therefore, by seeking the kingdom, health will be added, harmony will be added, happiness will be added. It is impossible to be sick in the spiritual life; and discord and unhappiness can no more exist in such a life than darkness can exist in the most brilliant light. But to seek the kingdom is not sufficient; we must also seek his righteousness. If we misuse any organ, faculty,

function or power anywhere in body, mind or soul, we cannot remain in health no matter how spiritual we may try to be.

To seek his righteousness is to use everything in our world as God uses everything in His world; which means, in harmony with its own nature, in harmony with its sphere of action and in harmony with the law that tends upward and onward forever. Righteous action is that action that is always harmonious, and that always works for better things, greater things, higher things.

Meaning of Righteousness

To enter the kingdom within is to enter more power, because there is no limit to the power of the spirit; and the more power we enter into or become conscious of, the more power we will give to mind and body. In consequence, the more spiritual we become the stronger we become, the more able we become, the more competent we become, and the more we can accomplish whatever our work may be. And he who can do good work in the world invariably receives the good things in the world. To his life will be added all those things that can make personal existence rich and beautiful.

To enter the kingdom is to enter the life of freedom. There is no bondage in the spirit, and as we grow in the spirit we grow out of all bondage; one adverse condition after another disappears until absolute freedom is gained. All bondage comes from incompleteness in living, and misuse of life in doing. But the spiritual life is full and complete, and it follows the law of righteous action in all doing; therefore, when we seek first His kingdom and His righteousness, perfect freedom in all things and at all times will invariably be added.

The Freedom of the Spirit

When we seek first the kingdom, all other things are not added in some mysterious manner; nor do they come of themselves regardless of our conscious effort to work in harmony with the law of life; that is, the law of being and doing all that lies within the power of life. We receive from the kingdom only what we are prepared to use in the living of a great life, and in the doing of great and noble things in the world. We receive only in proportion to what we give;

and it is only as we work well that we produce results; but by entering the spiritual life we receive as much as we may require in order to give as much as we desire; and we gain the power to do everything that is necessary to give worth and superiority to our present state of existence.

The Best that Life
Can Give

When we enter the spiritual life we gain every quality that is required in making life full and complete in our own state of being; and we gain the power to produce and create in the external world whatever we may need or desire. In other words, we receive everything we want from the within, and we gain the power to produce everything we want in the without. We therefore need never take anxious thought about these "other things." By seeking first His kingdom and His righteousness, we shall positively receive them. The way will be opened, and we shall be abundantly supplied with the best that life can give.

If ye abide in me, and my words abide in you, ask whatsoever ye will, and it shall be done unto you. — John 15: 7.



THERE is no stronger statement to be found anywhere in the literature of the world, and there is possibly no statement that has received less attention. Nevertheless, those who understand the inner meaning of high spiritual truth, know that this statement is not only based upon an exact scientific principle, but that any spiritually minded person can demonstrate the whole truth that is contained in that principle.

Demonstrating this
Truth

To abide in the Christ is not simply to live in the acceptance of some belief about Jesus; but this is the current idea; and being purely literal it has no power whatever; in consequence, those who claim to abide in the Christ do not secure any greater results through their prayers than do those who depend solely upon mere personal desire.

To abide in the Christ is to actually LIVE in the Christ consciousness, and every part of mind and soul is permeated, through and through, with the life and the power of the Christ. Your entire being is in the hands of higher power; you are in a world where things are absolutely mastered by the spiritual will, and your mind is so spiritualized that it responds perfectly to the power of divine will.

When the words of the Christ abide in you, your mind is in absolute truth because those words are absolute truth. The mind that is in truth is in the true state of being, and to be in the true state of being is to be so close to God that anything desired can be received at any time. With God all things are possible, and God will do anything for us if we live as He lives. This is the secret, and we do live as God lives when we abide in the Christ with His words abiding in us.

The Secret

When the words of the Christ abide in us, every thought we think and every word we utter will be animated with the spirit of the Christ; in like manner, inner spiritual power will give SOUL to everything we do, and that power that caused even the winds and the waves to obey will begin to work through us. Supreme power will be with us at all times to answer our prayers; our thoughts and our words will be living thoughts and words, and will carry the power of the spirit wherever they may go. We are therefore in that position where we not only can receive from God anything desired, but where we have the power to make our own prayers come true.

To be in the Christ means more than to receive from his love what our hearts may desire; it means spiritual mastership. To be in the Christ is not a mere feeling of the emotions; it is a LIFE, and in that life the power of the Christ is supreme. Nor is this power given to us temporarily; it becomes our own, and we become able to bring to ourselves anything we may ask for. It is the promise. "What I have done, ye shall do." This promise is not mere words; it means something; it means that any person may attain spiritual mastership and cause the world of things to respond to the power of the Christ within him.

Spiritual Mastership

The Inner Life of
the Christ

We have believed this; the hour is at hand to prove it; and those who will try will find that God is with them. But we must remember that this supreme state does not come through personal effort. "I can of myself do nothing." We must enter the consciousness of the Christ, the inner life of the Christ, the very spirit of the Christ; and our thought must become identical with His words. When there is no difference whatever between our thoughts and the sublime words of the Christ, then we can truthfully say that His words are abiding in us.

When our thoughts become identical with the words of the Christ, the same power that was in His words will be in our thoughts; and also in our words; a principle of truth so extraordinary that when we first think of it we become awe-stricken with thoughts so great, so wonderful, so marvelous that no tongue can ever give them utterance. And as we penetrate further into the inner meaning of this great truth we meet thoughts more marvelous still; we are face to face with the statement that we, even we, shall in the near future hold in our own hands the same power that wrought such wonder works in the hands of the Christ. Every person that is living the spiritual life is steadily moving towards that supreme goal.

Abiding in the
Christ

When we abide in the Christ and His words abide in us, we are living absolutely in the inner spiritual world; in that world there are no impossibilities, and everything that we can possibly ask for is even now at hand; that all our prayers should be answered is therefore most evident. God is more willing to give than we are to receive; the reason why we do not receive what we may desire or need is because we are not willing; that is, our will is not in harmony with the will of God and our desire is not in harmony with the desire of God. But this harmony with God is fully secured when we begin to live in the Christ and begin to think only those thoughts that are inspired by the words of the Christ. We are then absolutely in His power, in His life, in His love; we may ask what we will; His life contains everything; His power brings forth everything; His love gives everything.

And he said unto her, Daughter, thy faith hath made thee whole.—
Mark 5: 34.



THIS is the woman who had suffered many things from many physicians, and there are thousands today with a similar experience; but these thousands can all be healed, every one. Faith can do all things, and we all can have faith. This woman was healed by simply touching the hem of His garment; we can be healed in the same way. The Christ is here today; the presence of his spirit is within us and all about us; we may at any time touch the hem of His garment and feel that we are filled with His power through and through. Then we shall, as this woman did, feel in our bodies that we are healed; the adverse condition is dried up, withered away, vanished completely, and we are every whit clean and strong.

The Power of Faith

This is the inner workings of faith; when we inwardly feel that we are healed, we ARE healed; whatsoever we inwardly feel, believing, that shall surely come to pass. Faith is not of the letter, but of the spirit; when we have faith we enter into the inner life of the spirit, and the power of that life can do and will do whatever we believe it can do. When we have faith we do not depend upon the outer, but upon the inner, and we thereby place ourselves in touch with the inner; we actually enter into the interior life and are therefore filled through and through with the supreme spirit of that life.

The spiritual life is always perfectly whole; when we have faith we enter into the spiritual life; and as we are no longer in darkness when we enter the light, we are no longer in sickness when we enter absolute spiritual health. When we are in the spirit, we inwardly feel that we are in health, strength and wholeness, and what we inwardly feel is true; it will come to pass; it is now coming to pass. The moment we feel health and strength in the spirit of the body,

What We Feel in
the Spirit

health and strength will begin to come forth; the turn for the better will come that very hour; if our faith is strong we shall be restored instantaneously, but in any event we will be made every whit whole.

Interior Spiritual
Power

To have the perfect faith and place in action the full power of faith, it is necessary to enter into the soul of faith; that is, the mind should recognize that interior spiritual power that animates the action of faith, and as we consciously come into perfect touch with this power, we **INWARDLY FEEL** the presence of this power. Then whatsoever we desire that power to do, believing, the same shall be done. "And all things, whatsoever ye shall ask in prayer, believing, ye shall receive."

When this woman touched the hem of his garment, Jesus "perceived in himself that the power proceeding from him had gone forth." Through her deep, strong faith, she placed herself in touch with the spiritual power that was so immensely strong in the divine personality of Jesus the Christ; and as this power entered her being she "felt in her body" that she was whole. Her faith opened the way and placed her life in conscious touch with Supreme life; the power of the spirit proceeding from the Christ gave her wholeness and freedom.

The Throne of the
Christ

But the same Christ is here today. The Christ is enthroned in every soul; by entering into the pure spiritual life of the soul we may touch the hem of His garment now, and the same power proceeding from the Christ shall come forth into us; then we shall also "feel in the body" that we are whole. Our faith has opened the way; we are in Him and He in us, and all is well.

And Jesus lifted up his eyes, and said, Father, I thank thee that thou hearest me. And I know that thou hearest me always.—
John 11: 41.



THIS beautiful statement was given before the answer to the prayer was received, and is therefore an illustration of the very highest form of supreme faith. To thank God after you have received what you asked for is simple; any heart can, at such a time, be full of sublime gratitude; but to thank God before you have received what you intend to ask for, and FEEL the fullness of that gratitude thrill every fibre in your entire being—that is spirituality indeed. Likewise, to be able to say that you know that God hears you always; only the mind that is in the spirit can make such a statement, and pray in this manner; but that alone is real prayer.

Real Prayer

To precede any prayer with doubt is to close the door between yourself and the spirit; there must be no uncertainty in our communion with God; we do not believe that God is God so long as we are uncertain as to whether our prayers will be heard or no, and we cannot enter into the presence of God until we believe that He verily is God. When we know that the power of God, the wisdom of God, the love of God—all is limitless, we can feel no doubt whatever, as to whether or no, our prayers will be answered. Divine power can do anything, but divine love cannot refuse anything.

When we know God as He is, we know that He hearest us always, and we feel it a privilege to thank Him every moment for this great truth. And when we thank Him in this manner before we begin our prayer, we not only enter into the very love of His spirit, but we also enter into that faith that makes all things possible. The faith that knows that God heareth us always is so close to God that it is animated with the very power of God; and therefore when we

The Faith that Knows

are in such a faith nothing can be impossible; we may then ask for what we will and it will be done unto us.

Ascending in the
Scale

The more perfectly we realize that God heareth us always the higher we ascend in the scale of true spirituality, because this supreme faith lifts the soul higher and higher until we are received at the very throne of the Most High. And to be in His presence is to receive whatever we may have asked or prayed for. God is everywhere, and we may enter into His presence anywhere. The Most High is enthroned in every soul, and pure spiritual faith is the "gates ajar" to His beautiful kingdom.

Therefore I say unto you, all things whatsoever ye pray and ask for, believe that ye have received them, and ye shall have them.—
Mark 11: 24.



HIS great statement gives positive emphasis to the law that we can gain actual possession only of that which we have gained conscious possession. Or, in other words, we must become conscious of the existence of an object before we can gain personal possession of that object. We must enter consciously into the life of that which we desire to gain, but we cannot enter into the life of that which we doubt the existence of. Doubt invariably produces a gulf between ourselves and the object of doubt, while faith produces mental and spiritual unity.

The Great Law

Spiritual unity is always followed by actual or personal unity; that is, what we enter into conscious possession of in the spiritual life we will, ere long, gain actual possession of in the physical life. Believe that you have already received in the spirit what you desire to receive in the person, and you will receive it in the person in a very short time. This is a law that positively cannot fail. Claim your own in the ideal world and you will receive you own in the real world.

This law gives rise to the practice of affirmations, but affirmations as usually employed do not comply with all the elements of the law. To simply affirm that we ARE what we wish to be, or that we HAVE what we wish to possess, is not sufficient. Our spiritual possessions do not express themselves unless there is a strong, positive, personal desire for expression. We must pray for that which we wish to realize, but our prayer should not be mere asking. The prayer that asks in the feeling of uncertainty as to whether the thing prayed for is for us or not, is not a prayer of faith; and it is only the prayer of faith that is answered.

The Prayer of Faith

To pray in the feeling that knows that what we pray for is, even now, ready to be given to us, is to combine the desire for expression with the realization of possession, and we thus comply fully with the law of supply. In this attitude we have faith, and it is only through faith that we can enter into the spirit of that which we desire to actually possess. We must awaken the spiritual cause before we can secure the physical effect, but it is only through faith that we enter into the world of spiritual cause. Faith produces spiritual unity, and when we are one with the spirit we become conscious of the life, the richness and the power of the spirit. In consequence, we cause that which is in the spirit to be brought forth in the body, because what we gain consciousness of in the within we invariably express in the without.

When we simply affirm that we have what we wish to possess, the mental action is quite liable to be merely intellectual or even mechanical; and we do not touch our interior, spiritual possessions in the least. But when the affirmation is animated with prayer and desire the mental action becomes so deep that the spiritual life is reached. Or, to express the same truth in another manner, when our prayer for that which we desire is strengthened by the positive faith that we have already received it, we remove all doubts and barriers and enter at once into actual and conscious possession.

Entering into Possession

**Building for
Eternity**

To use affirmations alone is to ignore the great possibilities of Infinite assistance. Any person may, for a while, build himself up mentally and personally with affirmations alone, but the structure is artificial; it is built upon the sand and will surely fall when the storms of environments and changing circumstances become a trifle too strong. Without the conscious and continuous assistance of the Infinite no man can travel very far on the upward path nor go very high in the scale of true being. But any man who takes God with him can overcome any obstacle in the world, scale the highest heights in existence, and what he builds today he is building for eternity.

The proper course to pursue is to ask God for everything you desire; ask Him to be with you in everything you wish to accomplish; pray without ceasing, and while you pray and work and press on to the great goal you have in view, affirm with positive faith that God is with you, that He has given you everything you can possibly desire or need. Believe that you **HAVE** what you pray for, believe that you **ARE** what you wish to become; then ask God to enlarge your realization, to give perpetual increase to your faith, and to be constantly with you in working out these great supreme convictions.

**Why Prayer Is
Necessary**

The true prayer is a high spiritual communion with God, but it is not an inactive state. True prayer is oneness with God and a strong, living desire for the full realization of all that is in the life of God. Therefore, the true prayer is the perfect way to God. If we wish to be with God we must pray. If we wish God to be with us we must pray. Live in constant prayer to God and you secure the constant and conscious assistance of God in everything you do. But a prayer is not a prayer unless it incorporates the affirmation of the truth upon which the prayer or desire is based.

To simply affirm that God is with you will not give you the assistance of God. When you affirm a truth you are talking to yourself; when you pray you are talking to God, and God listens only to what we say to Him. If we want God to go with us we must ask Him, we

must talk to Him consciously if we wish His personal assistance and power.

To affirm the truth is absolutely necessary because affirmations will train our own minds in right thinking, will remove doubt, and will develop in us the power to know that all that we can pray for or desire is ours now. But in order to enter into the actual realization of our own we must enter the kingdom of God, because all things that are in store for man are now in the kingdom. And it is true prayer—the prayer that goes to God that constitutes the “gates ajar” to the riches and glory of that wonderful kingdom.

Affirm the Truth

**I came that they may have life, and may have it abundantly.—
John 10: 10.**



THE greatest thing that man can do is to live. Everything that appears in any sphere of existence comes from life, and therefore everything increases with the increase of life. To live more is to become more and gain the power to accomplish more whatever the field of action may be; to live more is to enter more fully into the richness and joy of life itself, and there is no joy that is greater than that which comes from perpetual growth in real life.

The purpose of life is to live more life; the principal secret of perfection in any period of life is to live as large a life as that period can appreciate and employ, and to constantly add to the abundance of that large life is to make each period better than the one that went before. Growth in life means growth in health, growth in strength, growth in capacity, growth in mental brilliancy, growth in talent, growth in wisdom, growth in power, and, in brief, growth in everything that a normal state of existence can possibly need or desire. The mission of the Christ is therefore not purely transcendental, nor solely for some other world.

The Life More
Abundant

The Source of Life

The teachings of the Christ are applicable to every part of personal existence, and may be applied with great profit in every circumstance or event that can arise in the great eternal now. What is more, no person can do full justice to anything he may undertake to do unless he enters into full harmony with the great mission of the Christ. The life more abundant can come only through the Christ, and we all need the life more abundant if we are to be true to our own marvelous nature.

The coming of the Christ, however, was not confined to a short period of time some two thousand years ago; the Christ comes now to every one who enters the spirit; and when He comes, He invariably brings the life more abundant. We may, at any time, enter the fullness of eternal life; and when we do, everything changes for the better. The life more abundant dispels the ills of existence in the same manner as light dispels darkness, and just as effectively, whatever those ills may be.

*The Richer Life
from Within*

The ills of personal existence come principally from two causes: ignorance of divine law and false desire. The coming of the life more abundant gives the mind the necessary power to understand the laws of life; when we are in the life eternal we are in harmony with the laws of the life eternal, and will not misuse those laws any more. When we are filled with the richer life from within we no longer desire the lesser things in the without; we will not care for the wrong, having found everything that heart can wish for in the beautiful kingdom of the right.

To enter the life more abundant, first live the teachings of the Christ; not according to the letter but according to the spirit. The spirit is infinitely greater than the letter, and includes everything of worth that the letter may contain. Second, live now in the Christ consciousness. Know that the Christ is here, that His spirit is within you and all about you, and that you can be conscious of His presence at any time by simply opening your own mind to His kindness and

tenderness and sublime love. Know that "I am with you, even to the end of the world," and think on these things.

The more attention we give to the great truth that the Christ is here with us now, the more we open the mind to the consciousness of His spiritual presence, and as we enter more and more into the consciousness of the Christ, we enter more and more into the limitless life of the Christ; thus we become filled, through and through, with the supreme power of that life that is eternal life.

Filled with Eternal
Life

The life eternal, however, is not distinct from any other form of life; it is the source of all life, and as we enter more and more into the life eternal we gain more life on every plane of being. We then begin to express the life more abundant through every part of body, mind and soul, and thus demonstrate conclusively that a strong soul does not mean a weak body.

The life of the soul is eternal life, and the more we unfold that life the more health, strength and vigor we give to the body; the mind becomes more brilliant, the personality more powerful, and the character more beautiful. And above all, we ascend to that sublime life on the heights that is fairer than ten thousand to the soul.

Life on the Heights

For whosoever hath, to him shall be given, and he shall have abundance, but whosoever hath not, from him shall be taken away even that which he hath.—Mat. 13: 12.



THE real element of possession exists in consciousness. What we possess in consciousness we inevitably will gain in the personal life; and no matter how well secured our external possessions may be, the moment we begin to feel in conscious that we may lose them, our hold on those things will weaken, and external loss will shortly begin unless this adverse state of mind is immediately changed.

To You Shall Be
Given

To consciously feel that everything that you need or desire is for you—in brief, actually belongs to you in the real, is to be among those that hath, even though you may, at present, be empty handed in the external world. To you shall be given, and you shall have abundance both in spiritual possessions and in visible possessions. But to consciously feel that you do not have real or permanent possession of anything, is to be among those that hath not, even though you may have visible wealth in great measure. From you shall be taken away, and those external possessions that you seem to have shall pass to other hands.

This law is universal in its application and holds true in all matters, be they physical, mental or spiritual. The secret of gaining more on any plane is to consciously FEEL that you have more. Enter into the HATH state of mind. Whether you desire life, health, power, wisdom, spirituality or greater abundance in external things, train your consciousness to feel that you have the real substance of the thing desired. Do not judge according to appearances, but continue to inwardly feel the possession of that which you claim as your possession.

The Path to Increase

When the mind enters the feeling of conscious possession, the first gain is the fuller possession of yourself and your powers; you immediately begin to feel stronger; this will strengthen and enlarge your consciousness of gain, which in turn, will increase the power of accumulation that has begun in your system. You thus not only become larger and stronger in your own nature, but you gain a more powerful hold upon everything with which you may come in contact. You awaken greater and superior qualities in your own mind and soul, and you inspire faith and confidence in the minds of others. You thus create those advantages and essentials, both in the within and in the without, that are conducive to gain.

When the mind enters the fear of loss and begins to feel that there is going to be loss, the first loss is the loss of self-possession. You lose your hold upon your own powers, and, in consequence, begin to

weaken. Your faculties fail to do their best, your work becomes inferior, your personality does not attract as it did, and your power to inspire confidence in others, is on the wane. You suffer loss in all things, physical, mental and spiritual, and you are daily losing ground. Finally, everything that you seemed to possess is taken away. But the loss began in your own consciousness, and you could have stopped it there if you had known how.

When Loss Begins

The losing tendency can be stopped at any stage, but the only place where it can be immediately stopped is at its first appearance in consciousness. When you begin to feel that there is danger of loss, or when the general indications seem to predict loss, remove that feeling at once. Refuse to think of loss; refuse to admit the possibility of loss; refuse to recognize loss in any form whatever. Proceed to claim your own; give all the power of mind and thought to the great truth that you do possess now, in the real, everything that you can possibly need or desire. Give full recognition to the boundlessness of your own spiritual riches, and live in the conviction that whatever you claim possession of in the within you will gain possession of in the without.

The tide will turn before any real loss takes place; and instead of falling back into the world of the ones that hath not, you will advance farther into the richness of that world where dwell the ones that hath. In consequence, to you will be given, and you will have more than you ever had before. This method should be used with faith and perseverance whenever there is the least indication of loss; negative conditions should be replaced with positive conditions, fear should be annihilated by faith, and every downward tendency should be converted into a strong ascending tendency.

Turning the Tide

To live in the "hath" state of mind and grow steadily in the conscious feeling of possession, continuous growth in spirituality will be required. It is only through spirituality that we can grasp the reality of the inner substance of things, and we must gain consciousness of

the inner substance of life before we can master those forces that make for perpetual increase in life.

Claim Conscious
Possession of More

To live in the "hath" state of mind it is also necessary to advance constantly into a deeper and larger conscious possession of those things that we already possess in abundance. There can be no inaction in consciousness; if we are not going forward into the larger and the more perfect we are going back and down into the lesser. Therefore, no matter how much power we actually possess, we should daily claim conscious possession of more; no matter how perfect our health may be, we should daily enter into the consciousness of higher perfections of health. When we cease to grow in health we prepare the system for sickness, but so long as we grow in health, sickness will be impossible.

The same law is applicable both to external possessions and spiritual possessions. To retain what we have we must daily develop the consciousness of more. The moment we decide to be satisfied with what we have we will begin to lose what we have. There is no limit to the riches of the kingdom of life, and it is the will of God that man shall enjoy more and more of these riches, every day, so long as eternity shall continue to be. And to do the will of God is to bring the highest happiness to man.

These things have I spoken unto you, that in me ye may have peace. In the world ye have tribulation: but be of good cheer; I have overcome the world.—John 16: 33.



THERE are two distinct worlds open to man in his present state of existence; in the one he finds tribulation; in the other he finds peace; the first is material; the other is spiritual, and it is man's privilege to choose which one he would have as his present place of abode. If he selects the material, he sacrifices everything that has real value in life; he secures a few

fleeting pleasures and much pain; not a single moment gives real satisfaction, and nothing that he can do produces the results expected.

But when he selects the spiritual, he sacrifices nothing that is good; he secures all the joy that life can give; his pains are few, if any, and when they do come, they come to lift him higher; every moment is rich, every hour is thoroughly worth living, and there are many periods of time when his soul is lifted to the supreme ecstasies of the highest heavens; whatever he does he builds wiser than he knew, and he not only receives everything expected, but more.

Selecting the Spiritual

Therefore, those who understand what the spiritual life holds in store, may be of good cheer; their sorrows and tribulations are over; better days are at hand; the words of the Christ have prepared the way, and that way leads to peace. No matter what external conditions may be; no matter what circumstances we may be in now; we may be of good cheer. "I have overcome the world"; and in Him we may live whenever we so desire. The power of the Christ can overcome anything and change anything, and that power is in us. Then why should we not rejoice, and rejoice in Him always?

There is something within us that is greater than things, and it is our privilege to claim the power of that something now. "I have overcome the world now, and every soul may live in Me now." That means emancipation now for all who will receive it. Freedom is not for some other world, but for the life we are living today. We are not required to live in tribulation at any time during present existence; the way to complete emancipation is before us at all times. **I AM THE WAY.** Whoever will transcend personal consciousness and enter into the consciousness of I AM will enter that life that is not of this world, and he will gain that power that can overcome anything that may exist in this world.

The Power that Overcomes

To enter the supreme life of the Christ is to gain the supreme power of the Christ; and to steadily grow in the consciousness of that life and power is to rise out of every tribulation until complete eman-

icipation has been gained. That supreme life is in store for us; it already exists in the supreme I AM of our own being; this I AM is the Son of God, the only begotten of God, the Christ in us; and the Christ that is in each one of us is ONE with each one of us. That is how "I am in the Father, and ye in me."

This supreme oneness wherein the soul is one with the Son and the Son is one with the Father, is real; it is not merely in thought or in feeling; it is not solely an abstract state of being; it is as real and as tangible as life itself, and every element that pertains to that oneness is as real and as tangible as life itself. I AM THE WAY, and you are that I AM; you must be or you could not be one with the Father. If you were not that I AM you would be separate from God, and no soul can be separate from God and live. Claim your divine sonship; claim your divine inheritance; claim that supreme power that overcomes the world; it belongs to you; it is you; know this truth and this truth shall make you free.

To believe that you are a mere, weak, human being is not to be in the Christ; when you live in the Christ you are filled, through and through, with supreme power, and you know neither weakness nor tribulation any more. This is evidence that you are in the Christ. When you live in Him you are stronger than any adversity that is in the world; you remain untouched, unmoved and undisturbed no matter what may threaten in the world; you are in Him, and in Him you have found peace. You have entered the spiritual world, and I AM the door to that world; you have risen to that supreme state of being where you can say, in the spirit of eternal truth, I AM, and through the power of that truth you have overcome the world.

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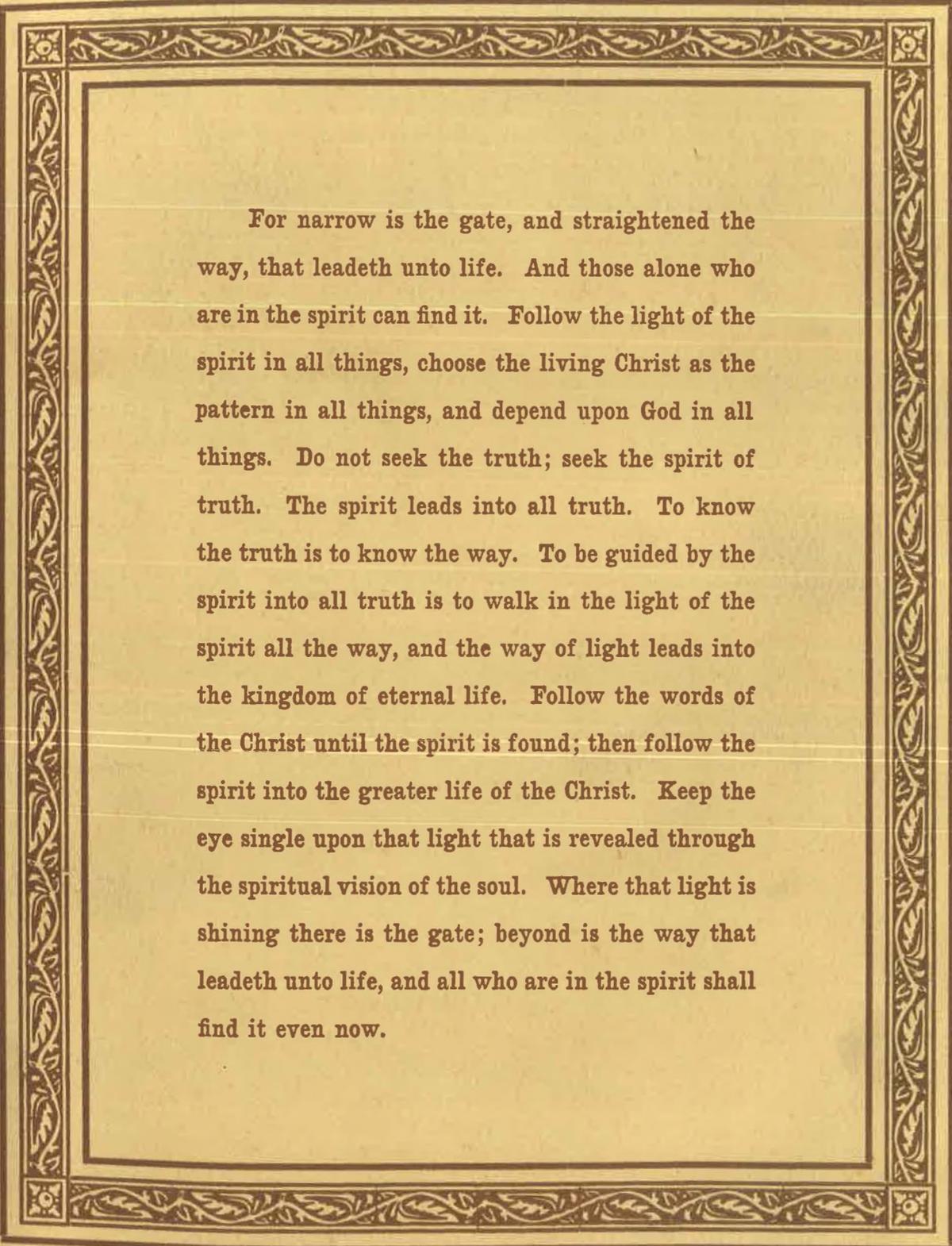
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For narrow is the gate, and straightened the way, that leadeth unto life. And those alone who are in the spirit can find it. Follow the light of the spirit in all things, choose the living Christ as the pattern in all things, and depend upon God in all things. Do not seek the truth; seek the spirit of truth. The spirit leads into all truth. To know the truth is to know the way. To be guided by the spirit into all truth is to walk in the light of the spirit all the way, and the way of light leads into the kingdom of eternal life. Follow the words of the Christ until the spirit is found; then follow the spirit into the greater life of the Christ. Keep the eye single upon that light that is revealed through the spiritual vision of the soul. Where that light is shining there is the gate; beyond is the way that leadeth unto life, and all who are in the spirit shall find it even now.