



# Christian

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HELEN MODENA, STENOGRAPHER FOR CHRISTIAN.

### ANNOUNCEMENT EXTRAORDINARY.

1. January 1, 1902, CHRISTIAN will be made a weekly. It will be published every Sunday in the year. In other words, I will give you fifty-two numbers of CHRISTIAN instead of twelve. There will be no change in the size, style or price. It will be an eight-page weekly at one dollar a year, cash in advance and no grumbling.
2. I would not ask payment in advance, if the Postoffice Department did not require it. I think it is unjust, because there are so many papers started that fail before the year expires. I was satisfied to receive payment at any time in the year. However, CHRISTIAN is so thoroughly established, that you need not have any fear about paying in advance. CHRISTIAN commands plenty of capital to back up its publication.
3. I am not after the money. I can get the same price for twelve issues of the paper that I will get for fifty-two. Therefore, if I were after the money, the paper would remain a monthly. All those who are in debt to me can pay up back dues and get the weekly next year for one dollar. I want every subscriber who has not done so, to write either a postal card or letter giving name, address and time for which he has paid. The Postoffice Department requires that I produce the original orders for subscriptions.
4. Helen, whose picture appears on this page, is working every day to complete the subscription list for the weekly. In sending renewals or new subscriptions please write on a separate sheet of paper so your order can be filed with the postmaster. There is no question as to the character of CHRISTIAN. My work is not under discussion. It is simply a question as to whether I have a legitimate list of paid up subscribers. Don't neglect to send in your statements. Don't put it off. Every postal card or letter making a statement about subscription counts a vote for CHRISTIAN.
5. CHRISTIAN will stand for I AM SCIENCE. It will be devoted to every thing which will benefit the individual. Every week it will carry with it the thought of moral, mental, financial and physical freedom for the individual. It gives me pleasure to reward the noble men and women who are standing by me. Beginning with the New Year, my treatments will be one dollar per week. This will include a weekly letter to all who feel the need of it. I MAKE NO PROMISES. I speak the Word faithfully and leave results to the Spirit.

I AM, T. J. SHELTON.

## ITEMS AND IDEAS.

\*\*\* Goodbye, 1901.

\*\*\* Welcome, 1902.

\*\*\* Happy New Year!

\*\*\* A Merry Christmas!

\*\*\* "All things work together for good."

\*\*\* CHRISTIAN was made a weekly by the new rulings of the postoffice department.

\*\*\* When I came to count up my friends and subscribers, I found I could afford to publish a weekly.

\*\*\* It will not be a metaphysical weekly, but will be devoted to everything of interest to mankind.

\*\*\* A metaphysical weekly would be tiresome. Therefore, CHRISTIAN will enter the arena of literature, sociology, politics and everything which concerns humanity.

\*\*\* I am an individualist. There is no danger of me joining any sect, party or organization of any kind. Each man must be left free to make his own world in his own way, provided he does not interfere with the freedom of any other individual.

\*\*\* When I began my work in Denver, the Spirit sent me, from Pueblo, a little girl, yet in her teens, called Helen Modena. She was a frail little thing and wore glasses. In a few months she put aside her eye-glasses and has not worn them since. She came to me in 1899 and has grown to be a strong, healthy woman.

\*\*\* "Hitch your wagon to a star," is the advice given by Ralph Waldo Emerson. Helen Wilmans has hitched her wagon to a Post. I hope she will unhitch it. "Helen Wilmans" is not only her maiden name, but her literary name. She has as much right to it as Samuel L. Clemens has to the name Mark Twain.

\*\*\* Non-resistance is the rule of my life; but I sometimes feel like departing from the rule long enough to skin a few editors. There are several editors in the so-called New Thought who need to have the mirror of Truth held up before their faces. In building up CHRISTIAN I have been frank, open and honest with my readers. I have told them the whole truth about my private life and left nothing covered that ought to be uncovered; and yet, these small minds try to build themselves up by publishing half-truths about me. Well, when the weekly starts, I may tack a few hides on the walls of my cabin in the wilderness!

\*\*\* Eddyite grafters are getting a "think" on. Even Shelton the Slick has "fired" his typewritist and moved into his garret.—*Star of the Magi*.

Why is it that people who deal in astrology are always making asses of themselves by speaking slightingly of other people? The term "slick" is applied to thieves, gamblers, bunco-steerers and, sometimes, to certain Spiritualist mediums. It does not apply to me. I am a publisher and editor and live in the world of sunlight. The planetary prophets are always attacking somebody. They are trying to prove the doctrine of reincarnation by showing the tiger, the wolf, the coyote and sometimes the hyena, in their own characters.

\*\*\* Louise Downes, the author of "The Sistine Madonna," published in July CHRISTIAN, has entered the lecture field. She will give a splendid entertainment. You may select a theme from a dozen subjects, including among other good things, "Intuition and Telepathy," "Woman and a Higher Education," "Art and Modern Science." Address her, P. O. Box 158, Back Bay, Boston, Mass.

\*\*\* "November issue was a real fine number. In fact, CHRISTIAN is improving right along. By the way, that poem, "The Sistine Madonna," was a great poem. Charles Malloy, the great apostle of Emerson, said that he would stake his reputation on the statement that it is the greatest poem of fifty years. In His Name. R. C. Douglass."

Let me tell you "The Sistine Madonna" is not only the greatest poem, but it is the greatest prophecy of the century. Send fifty cents and get a copy of it in booklet form from the author, Louise Downes, P. O. Box 158, Back Bay, Boston, Mass.

\*\*\* You will notice that, beginning with October number, I dropped the zodiac out of CHRISTIAN. I will have no more monthly in my work. My treatments will be given by the week. Six days' work and one day of rest. My terms for treatments, after the close of this year, will be one dollar a week to all alike. Sunday will be a day of rest. The thought on that day will be REST. It will be a day of relaxation, both of mind and body. I will make it the one glorious peaceful day for the cultivation of repose. This arrangement will begin with the weekly CHRISTIAN. *I make no promises.* I will speak the Word faithfully, and leave results to the Spirit.

\*\*\* "Agreement" is the name of a monthly magazine written by Frank T. Allen, 23 St. Mark's Place, Brooklyn, N. Y., and printed by mimeograph. The November number announces that it is now self supporting, but before it can be printed, he will have to have double the number of his present subscribers. I like Allen's pluck, and his paper is well worth the fifty cents a year. Allen runs Helen Wilmans up a tree by declaring that her law of attraction is true, and, therefore, she attracted this law suit. He says that the old Satanic style of blaming it on some one else will not work. Send him ten cents for the November number and you will get something rich.

\*\*\* H. W. Dresser has sent me books and other literature to prove that Mrs. Eddy stole Christian Science from old Dr. Quimby. I have read all of this "proof." It is not a question as to whether Mrs. Eddy stole her thunder or originated it. She has thundered! The reverberations of her thunder still resounds throughout the world. Why should Dresser, with his little popgun, try to drown the noise? There was a man whose name will soon be forgotten, who wrote a book, and started a controversy as to whether Shakespeare was the author of Shakespeare. What good did it do? It simply caused a lot of jabber. The man who can not succeed in any other way than by trying to rob someone else is not much of a success. There is no use in shooting straws against a cyclone.

\*\*\* I don't want to be forever sounding the praises of my own books, but as new subscribers are continually coming, I want to tell them that my book on "Vibrations" is the very best condensation of I AM Science that can be found. My other book, "I AM Sermons," is a continuation of the same subject. These books are fifty cents each, post-paid. The first contains twelve lessons in I AM Science, and the second twelve sermons. Send all orders to me.

\*\*\* A friend wants to know why I call CHRISTIAN a "Journal of Christian Science." He says that as I am not recognized by the Christian Scientists it seems a fraud to call CHRISTIAN a journal of Christian Science. Just as well say I ought not use the word Christian, because I am not recognized by the Baptists, Methodists, Presbyterians, or any other sect in religion. The sect, commonly known by the name Christian Scientists, has no more right to the name Christian Science, to the exclusion of other people, than they have to the name Christian. I am a Christian and I am a scientist, therefore CHRISTIAN is a journal of Christian Science. It will not do for me to say it is a journal of Mental Science, for it is much more. Mental Science is too narrow; the New Thought is too broad. The so-called New Thought takes in everything, hypnotism, suggestion, spiritualism, magnetism, etc. Christian Science covers the whole ground of truth. Jesus Christ is the Light of the world! All this Light needs is to be interpreted scientifically, and applied practically to the affairs of life.

\*\*\* Kate Boehme is behind time in the publication of the *Radiant Centre*. This will not do, Kate, unless you change the name. Whoever heard of the sun being behind time? She says:

"My day is a long one, beginning at 7 a. m. and ending about midnight. I never have a vacation and never an hour off, but with the long day and the vacation time thrown in there is always so much to claim my attention, it is a matter of surprise to me that I edit the paper at all. I started it, supposing it would obviate the necessity for long letters, and because in it I could meet many personal needs in an impersonal manner, so that in helping one I could help many. But even so, every few days a letter will come from some one who has a particularly individual trouble and who wants a particularly individual letter of advice. Then the heart in me reaches out and I want to answer that letter. Apparently there is not a moment to lose; the writer is breathless with expectation and suspense. What am I to do? Shall I put the appeal sternly aside, while I attend to the business of getting my paper out? No, I can not do it. I am not a woman of business and I do not propose to be. I consider business a necessary evil. 'All is good' except business, and that is evil and money is its root; no, the love of money is its root, so the good book tells us, and it must be true."

Now, look here, Kate, I know you. Why don't you be an up-to-date woman in the use of means? You use a typewriter, why not go further and use dictation to a stenographer? Then advance a little further and use telepathy or wireless, letterless means for sending your message? It will do the patient more good and will not do you any harm. *Keep up with Marconi!!*

\*\*\* It is hard to make people understand. Several persons sent their letters to Washington, instead of sending them to me. I want your statement to file with the postmaster in Denver. Therefore, send everything to me. The case of Helen Wilmans was prejudiced by her "fool friends" writing bitter letters to Washington. There are people in this world who think they can overthrow the government of the United States by butting their heads against a stone wall.

\*\*\* My mother-in-law returned to her home in Michigan disgusted with this family for eating meat. She is one of the gentlest of the gentlewomen of the earth, and as she carried a copy of Betsy Towne's book on "Meals Without Meat," I have been listening for something to drop when she tried her experiments on her own husband. He is a Scotchman of the old regime. She had not been home more than a month until one day I was peeking over my wife's shoulder and read the following doleful lines from her mother: "For lunch every day we have soup, and for six o'clock dinner I have to have MEAT!" Verily, verily, I say unto you, the way of the reformer is a rough and rugged road!

\*\*\* The picture of Baby Blanche fetched the delinquents! Many people who have been taking the paper for years without paying a cent of money or even reading it, were caught by the baby in the waste-basket and sent in their dollar. Let everybody remember that one dollar will pay for 1902 and no questions asked about past indebtedness. If you can't afford to pay back dues, send a dollar and we will begin new. I will start a series of fifty-two lessons on the New Life in the first number of the weekly under the heading of "Eye to Eye Talks." Every number of the weekly will be worth the dollar. It will go out with the strong vibrations of Health, Happiness and Freedom.

\*\*\* "All my life I have had but one study; it has been the study of man. I have made great discoveries of powers heretofore unknown to him. For one thing, I have found that the brain generates thought, and that thought is a substance. It is the finest and most powerful substance yet discovered."—*Helen Wilmans in the New York Evening Post.*

The above shows the lame leg in the logic of Mental Science. They affirm over and over "that the brain generates thought." This means that thought is generated by the brain like bile in the liver or gastric juice in the stomach. The brain does not generate thought any more than the moon generates light. Thought is generated by the Spirit and is as eternal and independent of matter as God. According to the miserable materialism of Mental Science, a man's thought depends upon his brain and his brain depends upon his environment. A limb may fall on his brain and stop the generating of thought. A rusty nail in the foot may suddenly shut off thought and the man becomes nothing. I am no more dependent upon this body and brain for my thought than I am for my being. I would go right on thinking if this little box of stuff called brain were thrown into a hole in the ground. I am Spirit!

\*\*\* The I AM is publishing CHRISTIAN. I was very much surprised when I received orders to begin the new year with a weekly. I wondered why the Spirit did not make the announcement several months ago, so as to induce people to renew; but that was the mortal of it. "Where the Spirit of the Lord is, there is liberty." The Spirit never solicits patronage, begs, borrows or steals. The Spirit of Truth is independent, individualistic, and fearless. I don't care whether you subscribe to CHRISTIAN or not. People sometimes write abusive letters in here, ordering the paper to stop. This is a waste of ammunition. You follow your own Spirit and stop or start when you get ready.

\*\*\* "I want to ask you for further information about commercialism in healing. You seem to approve money-making and yet on the other hand you want to banish commercialism from your home."

It is the Spirit that quickeneth, the flesh profiteth nothing. It is the Spirit of Truth pervading your work which will bring you all the money you need to use in your business of healing and teaching. If your mind goes out after money you may get it and then lose it; but if your thought is in the Truth, you will get money and keep it. Money gained by speculation, by hoarding, by any other desire than for good will injure you. It is one thing for you to get money and another thing for money to get you. You are not serving the truth when you wear yourself out for people who are willing to take your labor for nothing. You must freely give and freely receive. You can't help people who come to you as beggars and spongers. Such people will remain sick in order to be able to sponge off the healer! They glory in getting something for nothing. They are just such people as you will see hanging around a free lunch counter in saloons. The very first thing for a healer to do is to teach the patient self-respect. Do you think anybody would appreciate me if I went along the street and scattered money in the crowd? The same principle is at work when you scatter the blessings of your thought without receiving recompense from those who receive it. When you break down, the very first persons to pity you will be the ones who have been sucking your life blood. A sweet little woman, who is wearing herself out, writes me that as soon as healing came into her own body she wanted to heal for sweet love's sake. Well, bless your dear soul, because love receives money for food, clothing, shelter and the comforts of life from those whom it lifts up is no sign that it is not love! If you want to injure people and cause them to hate you, treat them as paupers and despise their offerings. I have paid out many dollars for doctors and the ones who charged me the highest prices were the ones who did me the most good. In looking back over the past I can remember the doctors who made me pay my way. But those who worked for nothing have been forgotten. It may have been the big bills that made an impression on my mind. Yet the man who receives a just compensation for his services will command the respect of his patients.

\*\*\* A few sarcastic letters have come in advising me to give success treatments to myself. Now, the ruling of the postal department has affected all papers alike. *The Philosophical Journal*, of San Francisco, which is forty years old, has had the same trouble. If I had my way, I would send out CHRISTIAN broadcast. I would make money by it. My method has certainly not been unprofitable, or else I could not issue a weekly, thus giving to each subscriber fifty-two papers instead of twelve. Moreover, if I were greedy for money, I would certainly go on publishing a monthly, instead of giving you a weekly at the same price.

\*\*\* *Adiramled*, Wyoming, Ohio, has this to say about present and absent treatment:

"Now, here is another bad feature of the personal interview. Take Shelton and me for example. You read our papers and see us at our best. You idealize us, in fact you meet the real part of us that you *should* meet, the part which does you *good*. Suppose you are allowed to come into our presence. You have imagined an Apollo Belvedere or a Venus Aphrodite. But there we are—a plain human being, red-headed or bald-headed, spectacled or with a compound squint, perhaps even knock-kneed or bow-legged. Do you mean to tell me your idealism could stand any such a disillusioning shock? Certainly not. You would stare at us and exclaim: 'Mr. Footman, will you please show in the God!'—and with a sense of humiliation we have to confess that we are it.

"Moral: *Let us put ourselves on paper and keep the counterfeits out of sight.*"

Right you are, Addie! Did you ever stop to consider that the New Thought is the only thing that puts the personal presence out of sight? I can hold an audience or control a class by my personal presence, when teaching anything other than the New Thought. But when I come to teach perfection, which this thought demands, broadcloth, spotless linen and eloquent words are of no avail. It is the Man you are looking at and he must be enveloped in a body like unto the glorious body of the Son of God before he has a right to make his appearance before the public. The science of thinking is going before preparing the way of the Lord. The time is coming when we will be ashamed to make a vulgar display of eating in public. People of refinement and culture will eat in privacy. Now, we all stuff the holes in our faces and talk about it, even when our mouths are full of food. Oh, this New Thought will make gentlemen and ladies of all of us or else we will have to retire to the lake of fire and brimstone.

\*\*\* "CHRISTIAN is full of wit and some wisdom, but all can not grasp all of your trite opinions. Blanche is pretty and will, if she survives the changes incident to human life, make her mark. But as per theosophy, what great personality of the past ages would you prefer reincarnate her mentality? If all things are guided, governed and controlled by fixed and immutable law, is it possible for man to break or deviate from destiny? Levi Wood."

Blanche is herself, and is not the incarnation or the reincarnation of any one else in the past or present. All things are not guided, governed and controlled by fixed and immutable law. The universe is not hewn out and shaped like the marble in a

tombstone. "Where the Spirit of the Lord is, there is liberty." God is free. He is not tangled up in his own creation. He can make and unmake laws to suit himself. God is as free to make and unmake in his world as I am in mine. The very first thing I learned to do was to make houses out of cobs for the privilege of tearing them down and rebuilding. Almighty God uses mud in the same way.

\*\*\* "Spiritual and Material Attraction: A Conception of Unity," is the title of a new book by Eugene Del Mar. I had quite a pleasant talk with the author, who spent a portion of the summer in Denver. He has been furnishing an essay on Mental Science, every week, for several weeks, to *George's Weekly*. Herbert George, the editor of this weekly, runs a kind of cut and slash political free lance in Denver. He is imbued with enough Mental Science to keep malice out of his might. When he gets a little more of this science he will learn the law of non-resistance, and quit roasting people. The roaster, in the long run, will get roasted. "He that taketh the sword shall perish by the sword." The man who fights awakens antagonism, animosity, anger and adverse criticism in the hearts of his friends, the enemy. I didn't start out to write a homily on non-resistance, but to tell you that you could have Mr. Del Mar's book for seventy-five cents, by addressing the author, in care of *George's Weekly*, Denver, Colo.

\*\*\* The reaction from Darwinism has already set in and now we will get truth. Professor Rudolph Virchow not long since came out in opposition to the theory of man's evolution from the monkey; and now Professor Haeckel has endorsed Virchow. I quote the following from *George's Weekly*:

"It is stated that during his expedition to Java, begun last year, Professor Haeckel has found striking evidence in support of the theory, advanced for the first time only a few months ago by Virchow, that monkeys are descended from man, and not man from monkeys. That, in fact, monkeys are nothing less than degenerate humans."

As I stated in last number of *CHRISTIAN*, mortal men inhabit this earth and some of them have degenerated into monkeys, duds, prize fighters, anarchists, and missionaries. How much further they will degenerate depends upon their environment. There is also a race of hybrid beings, part angel and part man. They are the descendants of the sons of God and daughters of men. It is very easy to go down hill. It takes a God-man to climb the mountains and walk waves. These God-men will eventually take possession of the earth. The resurrection from the dead means the throwing off of mortality by these sons and daughters of Spirit. There is a truth in evolution, but it is not that man has come up from a lower order of animal life. Every one who has a spirit or pneuma feels the bondage of the flesh. St. Paul, who has reached spiritual heights, exclaims: "O wretched man that I am! Who shall deliver me from the body of this death? I thank God through Jesus Christ our Lord. So, then, with the mind I myself serve the law of God; but with the flesh the law of sin." The animal man, the man who has no

pneuma, no spirit, no immortality, never makes such an outcry. He is not wretched. He is as happy in mortality as a pig in a puddle. It is his natural element. The conflict which goes on between the flesh and the Spirit is waged by the man who feels within himself the kingdom of God. St. Paul calls the mortal body a dead body, and so it is. It is renewed day by day through the stomach. The life of vegetables and animals must be fed into the stomach every day in order to keep life in this dead body. Jesus Christ came into the world to redeem his kinsmen.

\*\*\* Among the hundreds of letters received, here is a curiosity:

"I was very sorry to read in *CHRISTIAN*, which came to-day, that you and Mrs. Shelton had decided not to attend the convention, which is to be held at Sea Breeze. It looks to me as if a good many of Mrs. Wilmans' friends were unable to bear the pressure of public opinion at this seeming critical time. Your reason for not attending this convention seems to me to be very inadequate. I beg your pardon if I am mistaken. If my presence could be the service to her that yours would be, and I had the means to go, public opinion or any other reason would be a barrier too small to be seen with the naked eye."

This curiosity comes from away up in Michigan, where the cold air should cure all such mental malaria. Everybody who has read *CHRISTIAN* knows I have stood by Helen Wilmans, even when she was giving me adverse criticism in her *Freedom*. I care nothing for public opinion or any other kind of opinion. No one can buy my favor, and it is not withheld from those who think they are my enemies. All things are working together for Helen Wilmans' good. "The fire shall try every man's work of what sort it is." There isn't anything in her work or in Mental Science that can be in the least injured, if it is Truth. If you are in the Truth, the Truth will uphold you; if you are in error, the error will condemn you. The Truth does not call upon me to leave my home and business and trot down to Florida. The government is not trying to persecute anybody. It is simply putting Mental Healing to the test. If it can't bear the test, then it is not of God. If it is in the Truth, all hell and earth and the moon can't overthrow it. So far as the Mental Science Convention is concerned, everybody knows that I don't believe in conventions, congresses, or associations. I only agreed to go through my personal friendship for Helen Wilmans. I hope every attempt to organize the New Thought will be frustrated. Christian Science has already produced one little narrow sect, and this is quite sufficient. I think that "President" Wilmans is already sorry she ever made herself the tool for an organization. I remember in Douglasville, Ga., when I attended her class, she effectually sat down on a proposition looking towards an organization of her students into an association. The individual is natural and scientific; the institution is artificial and unscientific.

\*\*\* From a splendid editorial in *Mind*, 569 Fifth avenue, New York, I quote the following:

"If the proceedings instituted by the post-office department against certain mental

healers in recent months are based upon the simple ground of their having undertaken, for a price, to render an amount of service obviously in excess of any individual's capacity, they are perfectly just. If, on the other hand, they assume the impossibility of healing the sick at all through absent, mental treatments, their action is a most outrageous piece of bureaucratic oppression.

"Telepathy, or the direct transference of thought from mind to mind—not from brain to brain—is as clearly established as any other fact of modern psychology. Its efficacy in healing is rendered possible by the spiritual nature of the thinking entity itself. Being the outgrowth of the soul, the mind is independent of the limitations of matter, time and space. Telepathy is the expression of vibratory law. It is the fundamental principle of even 'present' mental treatments, and is conceded to exist even by those who doubt the curative powers of mind."

This is the truth. Telepathy is the transference of thought and does not depend upon the perpetual pumping of blood into the brain. Half of the so-called "treating" is simply the straining of the blood vessels. The man who knows how to give treatments sends his thought out and lets it take care of itself. Jesus Christ did not make any effort or give any "treatments;" he simply spoke the Word and left the Word to do the work. I not only speak the Word and leave it to do the work, but I teach patients to help themselves from the Omnipresent Spirit. If the people are dependent upon healers, they will be as helpless as under the old drug system. The time must come when each one will recognize the Omnipresence of Spirit and help himself to Health. If the New Thought is worth anything, it must be worth something to all the people. The knowledge of the Lord must cover the earth as the waters cover the sea. I will help a man to his feet, but I will not carry anybody. Health, Happiness and Prosperity for every man, woman and child on the earth is the message of the New Thought. Personal intelligence will cause a man to free himself from the "professional healer" as quickly as from the doctor, the preacher, and the politician. Universal intelligence will do away with the masses and classes and every man will come into his Own Kingdom.

\*\*\* This letter from Dr. J. H. Dewey comes just as *CHRISTIAN* is going to press, and as I haven't time to write, I print as written. Let everybody send at once for the little book (see ad.):

117 W. 84th St., New York, Nov. 10, 1901.  
Dear Brother Shelton: Am I in time to get the enclosed ad. for my little book in December *CHRISTIAN*? If so, I will forward at once the amount for inch space, on receipt of your postal reply.

May I briefly tell you how I came to write the book and have it first noticed in *CHRISTIAN*? It was the result of a vision. You know I have practically been kept a year from productive work, while recovering from the shock of my injury, and the restoration of my badly fractured leg and ankle. This has brought me into some financial embarrassment, and sitting in the park one day last summer, pondering upon the situation, the vision or bright and vivid glimpse of the history of life on our planet, and of its culmination in the opening age immediately before us, flashed upon my mind, and with it

the impression to write it out in a little pamphlet and send it to CHRISTIAN for an ad. and editorial notice. The commending word I felt assured the editor would give would, I also felt assured, bring me many orders for the book, and so open a door out of my outward perplexity, while giving a word of cheer and courage to all who read it. I will leave it for you to infer whether yourself and "Lady Blanche" were conspicuous figures in my glimpse of the advance heralds and evangels of the incoming millenium I see behind the veil and now breaking upon the world. I have had many things to overcome in writing and getting the matter ready for the printer, but it is now practically done and will go to the printer early this week, and be ready for mailing by the time any orders can come from the notice in CHRISTIAN. In my recovery from the physical hurt I am being rejuvenated in vitality and brain conditions, and am now, at seventy-three, in better preparation for the higher mental and spiritual work the world now needs than ever before; and this, as with yourself, is but a beginning of what I see before me. Your kindness and appreciative sympathy toward me after my hurt is not forgotten. I have been a reader of CHRISTIAN for a number of years. Am a regular subscriber, and expect to be as long as it is published. I have been an interested observer of your progress, and naturally, if not prophetically, anticipate something of your immediate future. I know that you, as well as myself, care little for personalities, as such, and you will not mind if I say here, that you, in your individual career and work, have many imitators, but no rivals. T. J. Shelton and CHRISTIAN stand unique in their sphere. Mrs. D. joins me in fraternal greetings to yourself and the entire household CHRISTIAN workers. Ever faithfully yours, J. H. Dewey.

#### THE MIRACLE OF REGENERATION.

"I AM the Way."

"The Only Way" is the way of the I AM, the Logos, the Divine Reason.

I AM the Truth.

The Only Truth is the mind, the thought of the I AM. The word "truth" in this sense is not used relatively. There is only truth; there can be no such thing as falsehood in the truth. There are positive and negative statements of the truth, but never untruth.

I AM the Life.

There is only Life. There can be no such thing as Life and something other than life. There is not life and death. There is life and the absence of life. The absence is simply a vacuum, an empty space; and yet this seemingly empty space would be filled full of invisible life. Then we may speak intelligently of living forms and dead forms of life. A living tree is a tree that is alive; a dead tree is a tree that was once alive. It could not have been a form without first being a living form. Life, then, is the formative principle of being.

Life is movement; all movement is vibratory. Therefore, life is a vibratory movement or a vibration. Vibrations must come from some center of repose. The repose of life must equal the sum of its movements. All vibrations, then, must come forth from the eternal silence. Every movement of life on this planet must originally start from the sun. In the sun, then, is the center of repose for this solar system. All systems are alike, for there is one uniform principle

of being. There is not one kind of being at one place and another kind of being at another place.

There is one of two things certain. The vibrations which proceed from the center of repose, the sun, must be under the control of what are called fixed law; or else they are under the dominion of the Eternal Word, the Divine Reason. If these vibrations, or in other words, life, are under the control of fixed laws, the next question is, who fixed the laws? Are these laws not liable to become unfixed? If order reigns to-day, may not disorder reign to-morrow? I will not stop to argue the question, but make statements of truth.

Our Father in Heaven is a Person. All personality in man is derived from the Person of God. Personality does not consist of form; form belongs to individuality. We have individuality in everything that lives and moves and has being. Personality is Love, Truth, Life, in other words, Being. All that you see in the sphere of individual man and woman is a likeness and image of the Universal man and woman. God is man and man is God. There is only one woman in the world and she is my wife; there is only one man in the world and he is the husband of my wife. In other words: THERE IS ONLY GOD! I am the son of God, but it is an eternal son-ship. There never was a time when I was not the son of God. While I am the offspring of God, I can not spring off far enough to get away from my Source. I live and move and have my being in God. This is to say that God lives me and moves me and is my being. "My Father worketh hitherto, and I work." It is really my Father working in me. "It is God who worketh in me to will and do his pleasure." When I speak of myself I am speaking of the twain in one flesh. While separated from She Whom My Soul Loves, I was in hell, the place of confusion. It was the man and the woman, male and female, that were created in the image and likeness of Elohim. There is only one man and one woman. The Unity of Humanity must be restored to your mind before you can understand the Oneness of Divinity. God is male and female, the male and the female. God is not only sex, but the very principle of sex. God is not only the principle of sex, but the person of sex. The Divine Masculine and the Divine Feminine are in Godhood. Divine Fatherhood implies Divine Motherhood. When your own spirit comes into conjunction with the Universal Spirit you find both the masculine and the feminine vibrations. At one time the Spirit will speak to you in the soft, tender tones of the Divine Feminine and at another time you will hear the mighty commandments of the Divine Masculine. You will hear the Spirit making love to you. In other words, you will feel all the mighty vibrations which come to you from the father and mother persons in being. The two persons are always present in the Spirit of Truth. When you hear the voice of the so-called "Spirit" talking to you as "it" you may know it is not the Spirit of Truth. God never voices the idea that he is "it," a thing, or even a

law. He always comes to you as a Person. He can hear, speak, see and feel. He is Hearing, Speaking, Seeing and Feeling. When Moses heard the voice of the Almighty he asked for his name. The answer was: "I AM THAT I AM, and this is my memorial name unto all generations." When the Spirit came to me this memorial name was used and it has been the only name in all my work of healing. The Voice said: "I AM Alpha, the speaker of the Word," when a revelation was to be made to me. But in every letter of healing the name I AM has been signed. One translation of this Hebrew name is: "He Who Will Be What He Wills to Be." It is the name of the Word, the Silent Word which speaks from the center of eternal repose.

Creation and Recreation, Generation and Regeneration, is a continuous miracle. Instead of miracles being the exception, they are the rule. This materialistic age has been talking about miracles being impossible. I had drifted into this kind of infidelity myself. I was trying to reduce the whole Bible, and especially the miracles of the New Testament, to certain rules of what I called fixed law. I lifted up my voice in the pulpit and said there was no such thing as miracle, everything is according to law. I notice that Mental Scientists are very earnest in the endeavor to make out that all their healing is in accordance with law. By law, they mean fixed principles which can not be unfixed. If a man falls into deep water, a fixed law says he will drown, but if he knows how to swim he unfixes that law by a higher movement. Several years ago, in London, a great gathering of scientists were discussing the impossibility of crossing the Atlantic in a steamship. Before they had finished their discussion a steamship from across the Atlantic anchored in the harbor. About the time I had settled in my mind that a miracle could not happen, lo! and behold, a miracle had happened. I had taken lessons from Helen Wilmans, Charles Fillmore, George E. Burnell and several others. One evening I sat in the room meditating and trying to find the truth. Suddenly a voice spoke into my ear, saying, "I AM the truth." Hour after hour and day after day, that Voice taught me the truth. I had never been taught clair-audience. It came to me by a miracle. The Eternal Word spoke and I heard. Often I would try to make Him speak when all was silent. I have never been able to call forth a single word from the I AM. I must always become passive and silent before the Voice of the Eternal will speak. For more than ten years I have heard this voice and yet it is always a miracle. It is always and forever a surprise. The first thing I saw in clairvoyance was a hanging lamp. I thought it was a reflection from the lamp that was in the room. Suddenly there appeared before my eyes an old pair of trousers. This particular pair of pants had been cut up for one of the children while I was in Helen Wilmans' class and I had grumbled about it. The third vision was the most awful of anything I have seen since. It was my own face with my own eyes looking alive into

my eyes as perfectly as if they had been reflected from a French plate mirror! I have seen millions and millions of faces since then, but nothing more awful. You remember, I saw the face of my wife eight years before I saw her in the flesh. The point I am making in this article is, that it was a miracle. It has been a continuous miracle.

All my healing has been by miracle and each day is a day of miracle. It has been so smooth and even and regular that my attention had to be called to the facts before I could realize the miraculous character of my work. I want to say to one and all that Mental Science must take a step up higher. Bless your soul, the drug doctors have taken hold of your so-called science and called it suggestion. If my letters can only suggest health, it is time for me to take down my sign. If I can only suggest Success in business, I am not worth anything more than a signboard and not as much as an advertisement in a newspaper. Jesus Christ didn't suggest mentally or otherwise that the paralytic should rise and take up his bed and walk. He first said: "Son, thy sins be forgiven thee." At this statement, the hypocrites who were standing around like to have had a fit, in fact, they had several fits. The idea of one man forgiving another man's sins created a stir. It made Jesus angry, and if it had been Shelton instead of Jesus, some swear words would have been used. But Jesus said unto them, "Why reason ye these things in your hearts? Whether is it easier to say to the sick with the palsy, Thy sins be forgiven thee; or to say, Arise and take up thy bed and walk? But that ye may know that the Son of man hath power upon the earth to forgive sins (he saith to the sick of the palsy), I say unto thee, Arise, and take up thy bed, and go thy way into thine house." This sounds much like a commandment. It has the ring of truth in it. I suppose Shelton or Helen Wilmans would have taken the "case" and given the poor fellow treatments for three or four months! The drug doctors would have called this treatment mental suggestion. What difference is there between mental suggestion and the giving of drugs? Not a bit! The homeopath makes his suggestion through sugar pills and it works.

The funniest thing took place here the other day in Denver. A man had been practicing what he called "divine healing." He went before the authorities and agreed not to do any more divine healing. The idea of a Divine Healer agreeing to quit business and shut up shop! All such "Divine Healers" are a very cheap kind of human healers. All healing is done by miracle. "I AM the Lord that healeth thee." "Bless the Lord who healeth diseases." "For the man was above forty years old, on whom this miracle of healing was shewed." Every case of healing is a miracle. Creation is a miracle. Generation is a miracle. Regeneration is a miracle. While I do not command life as Jesus Christ did, I will do it or shut up my shop. Genuine divine healing will rise above mental suggestion, magnetism, hypnotism or any other kind of human methods. Jesus Christ raised Lazarus from the

dead. How did he do it? He said in a loud voice: "Lazarus, come forth." It was the word of commandment. It has not been so long ago since Lazarus was raised from the dead. The New Testament is not a very old book. The records of the Gospels are fresh and new and true to-day.

But the point to which I am calling your attention in this article is that all the work of the Spirit is miraculous. You can't set a time when you are going to hear the words of the Spirit. You can't appoint a day in which you are going to see visions. Every case of healing which I have performed has been a miracle. I am healing hundreds and thousands of people all the time and yet I never know what is going to be done in any given case. The Word of healing is spoken in me. It is said that one of the points to be made against Helen Wilmans before the courts is that she had gone a-fishing when an appointment had been made with her for mental communion. This comes of the silly practice of making an appointment. The idea of setting a particular time for treatments came from the churches and the doctors. My patients often ask me to set a time, but the Spirit does not know anything about time. The Word of healing is going forth from me all the time whether I am awake or asleep. I should think Helen Wilmans would do better healing while fishing or in some other contemplative occupation than while listening to the jabber of mortal tongues. I will not make or receive calls. There shall nothing interrupt the flow of healing vibrations. You ask the question if it is a miracle, what have I to do? I don't know. I don't know what I have to do with anything. This world and this life is a school of experience. Men have turned away from the living God and set up idols in their own mind. A man is just as big as his God. If he thinks in his heart that God is a blind law, a mental suggestion, or a magnetic massage, he will never rise higher. "As a man thinketh in his heart, so is he." The man who called Lazarus from the grave had a God who was the Almighty.

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**SPIRITUAL EVOLUTION OR REGENERATION.**

By R. C. Douglass.

The Christ Course—Lesson 3.

**LESSON IX.**

The Wilderness.

*"Then was Jesus led up of the Spirit into the Wilderness to be tempted of the Devil. And when he had fasted forty days, he was afterward an hungered."—Mat. 4, 1, 2.*

*"And Jesus returned in the power of the Spirit."—Luke 4, 14.*

In the Seventh Lesson we showed the Law, whereby thought is brought into expression (or rather is *born* into expression) on the material plane to be the One Universal Law governing every form or manifestation of Life, whether vegetable, animal, mental or Spiritual,—*One Universal Law*, operating without exceptions on every plane.

In the story of the "Immaculate Conception" and Birth of Jesus the Christ (which was the generation of a higher type of Man—the Messianic type) is given in objective, exoteric symbol the *esoteric experience of the individual*, as he comes into the Consciousness of the Christ. For all things in the objective Word have their correspondence in the subjective experience. We see the process of the Conception and Birth of the Spiritual IDEA in the Human Mind,—the Birth of a Higher Consciousness than the Human. We may call it by such names as the Messianic Consciousness, the Christ Consciousness, the Divine Consciousness, the Spiritual Consciousness, the God-Consciousness. All these terms are used, meaning the same thing.

It is a *Divine Idea*, conceived in the matrix of the human Consciousness, which, unfolded, becomes a Higher Consciousness.

In this one generally accepted case of Birth out of the usual order, supported by a few similar and equally probable examples in our scriptures (as well as in other Scriptures), as that of Isaac, Samuel, John the Baptist, Buddha and others, we recognize a Principle or Law, whereby higher types of the race have successively appeared, as the race has evolved from the lower types in the "ascent of Man,"—from his primitive estate to his Divine estate. By this universal law we account for the appearance, without seeds, of the "second growth" of timber, entirely unlike the first; by this law we account for the appearance, without seeds, of various weeds and grasses in arid regions, and elsewhere, after irrigation has made the soil an adapted matrix for them; and by the same unvarying Law we must account for the Birth of a Higher Consciousness, when the mind becomes a receptive and adapted matrix for the *Spiritual Germ* or Divine IDEA.

Thus Regeneration is seen to be scientific in principle, because proceeding according to well-determined principles or universal Law. In our hearts we cherished this Divine Idea or Spiritual Germ, until we felt the "Quickening Spirit," the first sure sign of a New Life within. Then abiding in the "secret place" of Spirit, in joyful recognition of Truth, we were able to sing Mary's song, "My spirit hath rejoiced in God my Savior."

While shepherd-like we "watched our flocks"—our innocent thoughts—"by night"—amid the darkness of human belief,—the joyful annunciation of the Spirit reverberated in consciousness, "In the City of Love (David) the Christ is born to-day."

We carefully nurtured and guarded this Infant Consciousness, until we consecrated it as our own highest Good, our choicest Spiritual treasure. Then in the Eighth Lesson we advanced through the Wisdom Stage of unfoldment—the "Twelve Years old" period,

—where we "increased in Wisdom and stature," until Wisdom had ripened us into fully mature Manhood of the Christ-Consciousness.

Discerning then the beauty, loveliness and desirableness of the dawning Kingdom of Heaven, the voice of "John" within called to repentance—to the casting out of everything inimical to the Christ, who comes "with his fan in his hand," to blow away the "chaff" of error, that he may "gather the wheat (of Truth) into his garner."

This Baptism of John washes the mind of error, and so "prepares the way of the Lord." "John" is the Moral Sense, the Conscience, which, if heard, always calls to repentance.

To the mind thus purified and "prepared" there will come a great revealing of the highest Truth of Being; "There came a Voice from Heaven, saying, 'This is my beloved Son, in whom I am well pleased.'"

This is the Spirit's revelation of your *True Self* to yourself, as the very *Son of God*. What before had been intellectually perceived dimly, and scarcely understood, is now clearly revealed to consciousness,—spiritually known. Only the Spirit can reveal things of the Spirit. "The Spirit itself beareth witness with our spirits, that we are Sons of God."—Romans, 8, 16. Only by a revelation of the Spirit can such high Spiritual Truth be known. Intellect cannot reveal Spiritual Truth.

This inner evidence, the first step in Spiritual knowledge, is a revelation, but not a demonstration. The revelation is the Spirit's prerogative, but the demonstration is peculiarly your own. "If thou be the Son of God, thou canst prove it by overcoming this," must have been the way the Master reasoned, as he encountered each temptation, or else the wily tempter would not have used this formula, as if to take him on his own ground.

Then if you are a Son of God, you may demonstrate it by overcoming. For what the Spirit has revealed, you must demonstrate to yourself, before you can be enriched with Wisdom through the experience. Overcoming is the work of this degree. There is no growth or unfoldment without it. There is no virtue without temptation. The first active movement of the conscious mind is to choose or determine. The next is to put that decision into execution by means of the Will. And this action of Will implies and requires force; and force implies something to overcome, resistance, hindrance, opposition, something to be mastered, achieved. Every achievement or attainment is made at the price of victory. Either you must be a conqueror or be conquered. There is no neutral ground. Your own growth and unfoldment require a victory.

There can be no moral virtue without the victory over temptation. There can be no moral quality or character without the "Wilderness" experience. You must either win or lose in this battle royal. The "appearance" of Evil must be overcome by Good, before the Good has any quality of goodness to you. The overcoming of the contradictory of Good reveals to you the quality of goodness in the Good. Otherwise the contradictory not overcome would appear as the abiding Reality, the thing of virtue; though its quality must afterwards be redetermined by its fruits. Therefore *temptation is good*, not evil. To handle it properly and wisely it must not be regarded or treated as reality, or even as an evil. For if you see it a dangerous foe, you will be in great danger of falling under it; you will be engaging in uncertain warfare. In its use it is a means for unfolding your Divine powers, of proving what kind of stuff you are made of, of demonstrating your worth, your virtue, your sonship, your Divinity. For without testing, without overcoming, without demonstration, there is no conscious virtue, power or dominion.

"He that overcometh shall inherit all things,"—all possibilities in Spiritual attainment. All advancement is through overcoming. Do not, in extenuation of your conduct, complain that your temptation is too great, more than others have to meet. You have nothing to do with another in this matter. You stand alone in the Divine presence, even in temptation; and your loving Father "will not suffer you to be tempted beyond what ye are able to bear; but will with the temptation also provide a way of escape."—1 Cor., 10, 13.

Therefore, remember this: *The measure of the temptation is the measure of your overcoming power.* All things are evenly balanced in God's world; so that "all things work together for good" to those who see all things good. You are always equal to the emergency, and always have the right of free choice.

Temptation is a means to a great end, that of unfolding your Divine qualities and powers. If you have a *fixed purpose*, you may "rejoice and be exceeding glad," as you see your opportunity to become Strong by overcoming the present temptation. Knowing that your Heavenly Father careth for you all the while, and has given you strength equal to your day; and knowing, moreover, that your power to overcome always equals the temptation; why should you falter? Why not rather rejoice at the prospect before you? Hear what James says: "*Blessed is the man that endureth temptation, for when he is tried he shall receive the crown of life.*"

Thus temptation is beneficent, opening to the wise man the way to higher things. Holland says:

"We rise by what we have put under feet,  
By what we have mastered of greed and gain,  
By the pride deposed and the passions slain,

And the vanquished ills we hourly meet."

*You cannot be overcome against your Will.* For Will is supreme. You are always the King in your Kingdom. If, then, you fall under temptation, it is because you have so deliberately chosen. In your kingly manhood or queenly womanhood you wield omnipotent powers, omnipotent within the sphere of your activity. But once having yielded your Will, once having discounted your omnipotence, you have weakened your overcoming power, you have weakened your kingdom. By every success gained, by every victory achieved, you increase your power, you strengthen yourself in your kingdom.

The fact is, we do not know the majesty and power of our Divine manhood, till we have demonstrated it to ourselves by overcoming. We do not know virtue till we have made the demonstration. For in simple inertia, in passive innocence, there is no virtue. To meet temptation, and conquer it, this is virtue. Spell it with capitals. It is the Way to God. Childish innocence is not virtue. Virtue cannot exist except through trial and demonstration. Do not undertake to overcome by fighting or quarreling with yourself. That is the human way. Jesus has shown us a "more excellent way," the way of non-resistance. "I say unto you, that ye resist not evil." Then rejoice in temptation; thank God for your passions. They are Divine powers, implanted in you for highest uses. Properly directed and conserved, they give great power, either in the direction of intellectual or Spiritual activity. Commit these things to the Christ, and see how quickly they will fall into their proper sphere, without the annoyance that comes from misunderstanding or misdirection. Why! the Good itself has to be worked out by demonstration before it is proven good, before it is *your own good*. In our unfoldment we are to grow out of the consciousness of "Good and Evil," until we realize there is no evil. To the victor there is no evil. Everything he encounters contributes

to his advancement. But he who falls under temptation has plenty of it. While encountering these problems the Representative Man "fasted forty days in the wilderness." What is the significance of this? There is a mystical meaning to the number "40." It is 4x10; and 10 is the number that denotes *all*; because all significant numbers (1 to 9) are contained in it. The number "40" is often used in the Scriptures, and always with the same significance. But "10" differs from "12" in that "12" refers to things Spiritual, while "10" refers to things natural, each meaning *all* on its plane. When multiplied by "4," the number of the square, it signifies *all in completeness*, because the square is a perfect figure with four equal sides and four equal angles; "40," then, denotes the completeness of a perfected experience, without regard to time.

Therefore, in our unfoldment it is necessary for us to have a *full and well-rounded experience* with temptation, before we can enter fairly into the true realization of the Consciousness of the Christ. For there is no growth or unfoldment possible without overcoming. If you have done perfect work in this degree, as the number "40" indicates, then highest things in Spiritual realization await you. These victories and attainments are best reached through fasting. But what is fasting? It is not abstaining from food, though this is its most exterior meaning. It is abstaining from feeding the mind with impure and false thoughts, while all the powers of the mind are concentrated on eternal principles of Truth and Righteousness. Every man must be "tempted of the devil," that is, must meet the problem of evil and make the solution of it for himself. This will take place in "the Wilderness" of your untried, unknown, undeveloped mind. But this "devil" is not an external foe. No, it is the carnal self. "Every man is tempted when he is drawn aside by his own lusts and enticed."

There is a vast host of Carnal-mind thoughts. In the Old Testament they are represented by the "Philistine Host;" and "Goliath" is the personification of the whole host. The slaying of Goliath by the individual Christ-Demonstrator, "David," is the vanquishing of the whole host of our evil thoughts.

It was the same stalking, terrorizing, brag-gart giant that Jesus met, and all within his own breast. The one was symbolic of the other. For there is a striking parallelism between the two allegories. Both antagonists presented themselves "40 days;" the one defied "David," who is a type of Christ, the other defied Jesus, the Christ-Demonstrator. In both cases the victory was absolute. What is this terrorizing, overawing giant belief, that fills our "Israel" with fear? What is the one human belief among the hosts of error, which seems to embody the whole? It is nothing else than *the Belief in the Reality of Evil*. For when you have slain this "Goliath," when you have eliminated the idea of Reality from it, it will have no Substance and cannot continue. The whole host will disappear, as "*The Philistines fled.*"

If you would be free from the power of evil, you must know its unreality, its nothingness,—that it is a false claimant, "a liar and the father of lies,"—"a liar from the beginning, who stood not in the Truth." If the devil has no standing in the realm of Truth, then he has no standing; because a standing in the realm of falsity is no standing at all. He is only an illusion.

By fidelity to Christ, the Principle of Truth, we shall work our way out of this "Wilderness" of undetermined values into the clear light of Understanding.

We have declared that *God is ONE, the ALL.* Therefore *all that is is God.*—"There is none beside Me." Everything in the Universe is an expression of God. He is the *Substance of all Reality.* But that *Reality*

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is not the visible, phenomenal "appearance;" but the underlying *Spiritual Substance*, of which the phenomenal is its outward expression. Indestructible Substance, which is God, is the quintessence of visible phenomena. "I Am God. Beside Me there is none else."—naught else. He is All.

Thus matter, in its interior Spiritual Substance is Reality; but in its exterior, phenomenal aspect, it is Illusion.

By the power of the Word or Creative Logos all things are evolved out of the Divine Substance. So God created the universe,—not out of nothing,—but out of his own Substance. He is, therefore, the Substance of his creation. We have been looking at shadows and calling it substance.

Plato's allegory pictures all mankind chained in a rock cave, with their faces to the plane of its wall, and their backs to the light, so that they never saw real objects, but only reflections, or shadows; and from this imprisonment only to be free by the herculean exercise of their will, breaking the chain which bound them, so that they might turn around and see real objects, instead of shadows. Plato's cave is the sense life, in which we are bound by the beliefs of the race, mistaking shadows for realities. We have never seen the Realities. They are not cognizable by the senses. They belong to a plane higher than the senses, to the Spiritual realm, where Spiritual faculties play. This was the teaching of Plato and all the mystics. For this perfect emancipation your own effort is necessary. You must "work out your own salvation." "Who would be free, himself must strike the blow." Whatever you would acquire you must pay its price. Things that have no price are worth nothing to you. Truth is not to be found at the "bargain counter." It is of high value, and the full price must be paid. The senses take cognizance only of "appearances;" which, not being realities, must be rectified by some faculty higher than the senses. The Spiritual senses of the Spiritual man only are competent to cognize Spiritual Realities. To understand the eternal verities of Being, the unchanging Realities, we will not consult the senses, because they transcend the sphere of the senses.

A very zealous Adventist once sought to frighten Emerson into accepting his materialistic theories, by saying to him, "Mr. Emerson, this world is very soon to be destroyed." Mr. Emerson coolly replied, "I can do without it."

This whole wilderness experience is a wonderful allegory, and never could have

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had a literal enactment. This is apparent from the story. "Again the devil taketh him up into an exceeding high mountain and showeth him all the kingdoms of the world and the glory of them in a moment of time." As there is no "exceeding high mountain" in Palestine, and as "all the kingdoms of the world" could not be seen from any mountain, in the nature of the case, only in the Spiritual sense can this be taken. In this sense the "exceeding high mountain" is a high altitude of thought. We must not think that only the depraved have temptations. They may as well as others. But each degree has its own peculiar temptations. The higher the flights of the mind, the higher the character of the temptation. And so in the "exceeding high" flights of thought the higher flights of Ambition may seize the mind, and give the character its severest test.

In the living allegory of the representative Man's career is shown the origin and nature of temptation. It is "the flesh lusting against the Spirit;" while the conscious individual has freedom of choice in the matter.

To carry out the purpose of a Will controlled by an unscrupulous ambition, men silence the voice of conscience, refusing to hear the Voice of the Spirit. They "fall down and worship the lust of power. Temptation is all from within—from the carnal nature. And it is through Regeneration that the carnal nature must be overcome and redeemed, that we may live the Christ Life, according to the true pattern of the Christ.

But if you are steadfast in purpose, and so strongly wedded to Principle that you can thrust these all aside with your word of authority, your sweeping word of denial, "Get thee hence, Satan," and strongly affirm for yourself the high requirement of the law, "Thou shalt worship the Lord thy God, and him only shalt serve"—then will your victory be complete, and your great demonstration, that you are a Son of God, be accomplished.

Thus your Son-ship, so clearly revealed in the last lesson, in the Spirit's Baptism, you have now fully demonstrated to yourself in overcoming the "world, the flesh and the devil." You may now "return in the power of the Spirit," a victor crowned. Your Christ-hood, first dimly perceived intellectually, then clearly revealed Spiritually, is now fully demonstrated to you practically. It is now a matter of understanding, a matter of consciousness. In the next Lesson you will demonstrate your understanding by doing the works. The next is a lesson in Healing.

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