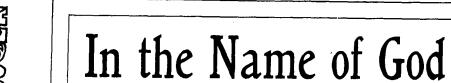
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REGENERATION OF THE BODY BY THE RESURRECTION OF THE MIND.



"Wherefore we receiving a kingdom which cannot be moved, let us have grace, whereby we may serve God acceptably with reverence and godly fear: for our God is a consuming fire."—Hebrews 12:28, 29.

If we live and move and have our being in God there must be some of God in us. The individualized spirit must be an offspring of the universal Spirit. Spirit is a substance. Fire is a fact. The only immortal principle that we have discovered in matter is radium. Science has demonstrated that radium is immortal. An invisible atom of radium will shine on forever without losing any of its energy. Let me quote from The Literary Digest of recent date:

"The properties that we have been wondering at and labeling as almost miraculous in the new element radium are possessed in small but measurable degree by the internal organs of our own bodies. Our brains are especially radioactive, the heart less so, and the kidneys still less. As our means of detecting radio-activity become more delicate, we are discovering it in more and more natural objects and substances. How do our organs acquire it? From the food we eat, or from the air we breathe? We do not know; but possibly the latter alternative is more probable, since the lungs are very radio-active."

Dr. Albert Caan, of Heidelberg, made extensive tests, investigating the radio-activity of the human organs, by means of the Bercker emanometer. Job is modern science: "There is a spirit in man, and the Breath of the Almighty giveth him understanding." We literally breathe into our nostrils the Breath of Life and the breath of life is a flame of fire.





ITEMS AND IDEAS.

*** First item!

*** Keep sending in the names.

*** Instead of sending sample copies, we send a year's subscription.

*** But be careful in your selection and notify your friends that the paper comes with your compliments.

*** The subscription list is changed on the twentieth of each month and is in the hands of the printers.

*** If it will help some of you people to feel better. I will say that it is a Union shop and everything is done by the Unions.

*** Union pressmen. Union printers: Union mailers for the mailing department, if also under a Union. Therefore everything should come to you in good shape and on time.

*** I am an individualist and an universalist, a republican and a democrat, a socialist and an anarchist. But you see I do not begin these names with a capital, for they are principles.

*** You can hold all of these principles to your own mind and continue to be an individualist. Principle should be governed by the free spirit. I do not belong to any party in politics, any sect in religion, or to any other kind of an objective organization.

表示 This does not hinder you from belonging to anything and everything that you want to join. The true individualist does as he pleases and thinks his own thoughts, while granting the same privilege to everybody else in the world. And we are going to take this world as individuals.

*** Above all other things, I am a Christian. And that does not mean I am a religionist. It means one who believes what Jesus Christ taught. He did not teach any kind of religion. He was not interested in what we call the world. He was in the kingdom of radium. In other words, he was in the kingdom of heaven.

** He believed in the body and the mind. He was a healer of the sick. He gave more attention to the body than to any other part of the man. Blind eves were opened. Deaf ears unstopped. Dead bodies were quickened. All kinds of deformities were an abomination in His sight. He lived in a world of harmony and peace.

*** Let me tell you that Jesus Christ and the prophets are the only possible redemption for humanity. Outside of these men of vision what do we have? Look at the abominations of desolation. Last night I saw moving pictures of blind children from little tots to grown people. They were being taught to read with the fingers, and even to do fancy-work by the sense of touch.

*** But their poor little blind eyes! People born into such a world in that condition! The struggle for existence is hell enough without having the organs of the spirit useless. Even when you are born into this world with all of the organs of sense, you are liable to lose them by the slightest kind of an accident. And there must have been a great accident at the beginning.

*** Man must be a degenerate god. If shall know how to bring subjective vision such a thing is possible. All of the records of the Bible and other histories tell us about the superior man. We read of radiant beings. So we must have fallen from a higher sphere of thought. How we fell or why we fell I don't know. The black history of mortality is relieved by the Man who preached here a little while and healed all manner of sickness by his thought.

*** Are we coming into a resurrection of this thought? It looks like it. Nothing else is worth while.. The whole muddle of mortal mentality is mixed with rays of radium from the Great Light. Why should we seek anything other than the truth of beings? And we are getting it through the Spirit of Science. But these men of science are confirming the Word spoken by the prophets. Every great advance in science illuminates some passage in the Bible. It is all there. The radiant ones can be seen in the Light of the Spirit. Books are useless unless the Spirit illuminates. All the promises of Jesus Christ are being fulfilled.

*** If reincarnation is the resurrection. then that little atom of radium has been shining right along all the time. It has been with us all through the many wanderings in the wilderness. You can't put it out. It is immortal and eternal. It attracts to itself a new body, and we are just now coming into the place where we shall learn how to renew the body from the radiant center in the brain. In clairvoyance we see clearly, as clearly as we do in objective vision. Now, by what light do we see when the eyes are closed? The optic nerve can't act by itself. The visions are under the will and intelligence of the subjective mind.

*** Then the brain must be illuminated by that little atom of radium that the scientists have found in the lungs, and especially in the brains. Oh, we shall have to get down to reality. The prophetic age has passed and we are now coming into the fulfillment. It is reality that is coming to us now, and not a vision of a future. The prophets had to live and suffer and die in speaking the truth. The prophets of science had to perish in the same way. But that day is no more. We are eager to learn from men of vision. We give the modern scientists honor and wealth. We want all that we can get, and so our minds are open to the light of truth. Not only are we keeping our ears of thought open, but we are listening for new words.

*** Any day we may expect new light. I wrote on radium a year ago, or maybe it was two years ago, and this week I read of scientific investigations confirming my words. I have always been puzzled about vision and hearing in the subjective. You know we generally think that some spirit has come to us from the objective world. We say that we are mediums of a spirit, and that we are under the control of some other person. We are mediums of the universal Spirit and under the control of our own divinity. This we must recognize before we

into the objective. The kingdom of God is within us, and that king is a spiritual substance, an immortal principle dwelling within us. It is a body, if you want to call an atom a body. You can't lose it. You can't kill it. It gives off energy forever without losing any of its substance.

*** "At last the I AM Shelton has triumphed over the mortal Shelton and has opened the floodgates of the mental reservoir to pour its blessed fluid of inspiration and truth upon waiting and searching souls. yes, the February Christian is the crowning glory of your mental effort, and no commercial value can be placed upon such remarkable work. Your sunphone must have been in a most excellent condition and the receiver of this glorious message in perfect harmony with the operator on the other Brother Thomas J. Simply grand! keep it up and Adjustment will be realized. Enclosed please find my five dollars for the month of February.

I knew it before you told me so, but l like to have you tell me. It is US. I think you people have power to draw out the Spirit within me and make me tell the truth. You seem to act on me as an audience used to act. In fact, you are my audience; for I always see you in getting out Christian. The above is only one, out of the many, words of applause from February Christian. Clap your hands and I will join you. You know the poet Whittier was present at a great meeting, when one of his poems was read; and when everybody applauded, Whittier joined in with a hearty handclapping. It was the spirit in the poem that he was applauding, and not himself. I read CHRISTIAN over and over after it is printed. in order to understand it.

*** "I read and reread your letter, and there are those glorious words: JOY-LIFE
-ACTIVITY, etc. Oh. Shelton, you throw those words around as though they were nothing, and they are the very backbone of existence. I wonder if they are really for me. I feel so intensely and vividly that I am nothing.'

Now, how under the sun, or in the sun. can you feel intensely that you are nothing? You can't feel "nothing" intensely. The very fact of your feeling so intensely proves your immortality. You are from everlasting to everlasting. I think the other fellow threw those words around, for she wrote the letter. The only reason we toss words about is because we don't want it to sound like rant. Almost afraid to print a testimonial when it is well written, for fear it will sound like a patent-medicine advertisement. But you may rest assured those glorious words mean something to us, else they would not carry any weight with our readers. The Word spoken in the Silence has more power. It is the silent Word going with CHRISTIAN that makes it worth reading. It is the Silen' Word that goes before and after your letter that gives power to quicken your thought. There is one thing we never have done and never will do. We never send out a circular letter. You don't buy our thought in cans. When we get where we can't write each of you a personal letter, we will throw up our

*** "Explain what you mean by agreeing with your adversary."

Quit fighting. Get out of war. Make friends with your adversaries, and you will not have any. Get rid of all enmity, and you will not have any enemies.

*** "Are we to have a Catholic for our next president? Many in the East think, fear and believe so."

I think not; but if we did, it wouldn't make any difference. Did you know that we are turning out a class of citizens called Americans, and they are getting into the Fellowship of Life, Liberty and the pursuit of Happiness? Religion is a kind of mark put on you in your infancy, and it does not matter much what the particular brand may be. It would not hurt if we had a Catholic president any more than a Presbyterian or a Jew. I could even live under a Mormon president. It does not make any difference to me about the president's religion, because I haven't any kind of religion.

*** "You may give me credit on Chris-TIAN for as much ahead of my present credit as this is entitled to. I want Christian to keep right on coming, for I really think you have a wonderful gift. That isn't the right way to spell it; should be g-r-a-f-t, and I want to encourage you in it. I haven't a bit of faith in the influence of mind over matter, except as the use of matter as a medium The universe may be all mind, or all matter, or both mind and matter. It does not carry us beyond the point of contact between the two, and does not establish a condition in which one can exist without the other. Well, there is no use in going The beauty of your treatment, it seems to me, is that it encourages individuality of thought and expression.'

It does not matter how you spell it, so you keep on sending it. The writer is away up in the arctic circle in Alaska. He has been reading Christian a long time and is one of US, no matter if he does not understand mind and matter. I think this number will answer you all right. I take the position that the whole universe is made of radium, covered over with dirt, water and vegetation. Let your own light shine! This is the order of the greatest one who ever taught us.

*** "I am going to send you something. Doesn't that sound strange when you and the dear lady are always sending me something and never getting anything back? The last *Harper's Weekly* has a poem of 'nine, 'The Soul's Dear Land' (that's the only land I own), that I think will fall in with your ideals. *Harper's Weekly* has accepted three poems of mine and has asked for more."

I rushed right out and bought two Harper's; read the two poems, and am looking
for the others. This is one of US, and it is
downright poetry. Did you know that we
are coming back into the vibrations of
poetry? There will be more poetry read in
the next ten years than there has been in
the past thirty years. By the way, do you
read "Mr. Twee Deedle" in the Sunday
papers? He is also one of US. He is the
son of a great artist. We have one of his
father's pictures in our drawing-room. The
boy is making good.

*** "After fourteen years in the fellowship, I am going to tell you the help that has come to me. I was moved out of an environment not congenial into a circle of people of my own. Out of work not to my taste to my present work, which is a soulwork. There has been no magic, but an unfoldment of soul life."

Fourteen years in the fellowship! Isn t that fine? And I sometimes think the writer has done me as much good as I have done her. It has been a steady unfoldment. Fourteen years of wandering in the mental wilderness; but always being led by the pillar of cloud by day and the pillar of fire by night. And the writer of this compliment or blessing is the pastor of a church.

*** "You are doing simply wonders for me financially; why can you not also physically? I cannot understand it. Of course, the fault lies with me, only I do not just know where."

Yes, and about one year ago you were complaining of your finances and rejoicing in your good health. I got you started toward financial freedom, and you ought to have kept right on in the same physical vibration. It is your fault. You must recognize that the whole is yours, not just a little part of it. Your treatments are for Health, Happiness and Prosperity. Claim it all and you will get it all.

*** "Do you know sure, from the Spirit. that our dear ones go to their home in the sun after death?"

Yes, after what we call death. Jesus Christ declares that all of us live to God. In other words, there is no death. I have heard from the Spirit that the sun is a great globe of radium, like all the other suns and planets. And that it is surrounded by a photosphere of fire. The radiant center is clothed with verdure, with the waters of life and with everything that we call beautiful on this earth. There is no night, for it is always light. It is described by symbols in Revelation. It is beyond description of any pen and words fail. It is the city of God, with walls of jasper, gates of pearl, and streets paved with gold. There is a river of the water of life that flows in the midst of the city, and the tree of life grows on either side of this river. I don't say that all spirits go directly to the sun, for many of us have to hang around here a while until we are made ready for our eternal home. It is said of that Holy City that outside are "dogs, sorcerers, whoremongers, and whosoever loveth and maketh a lie." Dogs are used as a symbol of uncleanness. So the atmosphere of the earth may be filled with people who are waiting for redemption. And do you know it is called the redemption of the body. It seems that the whole plan of salvation is for the redemption of the body; therefore we shall continue to be reincarnated, rising to higher and higher planes of thought. If this body that is to be redeemed is an atom of radium, it will rise into its own sphere, into the place where there is no night. "The Lord God and the Lamb are the Light thereof." Lamb means love. Love is light; it is a real substance.

*** "Herein check for ten dollars. Last issue of Christian was well worth the amount enclosed. It did my very soul good to read it and I feel like a new man. I wanted to proclaim it (the contents) from the housetops to the multitude, but in their ignorance they would not take to it; the time is not ripe, or something. Still, the people are being awakened pretty rapidly, and they will eventually come into the RIGHT thoughts."

If you think this world is money-mad, you are badly mistaken. The writer of the above blessing (I will not call it a compliment) is in big business; has over forty thousand customers to deal with every day. He went on and told me a lot more of his concerns and what he wanted. He says: "I have always contended and thought that nothing could worry me, and I firmly believed so; but all at once I am nervous, and business worries me continually day and night, even keeping me from sleeping. I can't get rid of it. The nearest approach to riddance is CHRISTIAN, which helps a whole lot. Pardon me, I am worse than some old woman; but don't let Mrs. Shelton see that statement, for there are women and women. I want peace of mind." There you are! I tell you men and women are seeking for mental rest. Insanity is increasing at such a rapid rate that one great authority has said that if it keeps up at the present rate we shall soon not have sane enough to take care of the insane. What do we need? Adjustment to new conditions. You can't fly in the air and race automobiles: rush across the ocean in four days: fly across the continent in three by lightning express trains: go around the world in thirty days; and keep up this vibration in the old bodies, the old mortality. Why, my beloved, a business man lives more in one week than he used to live in a year. Just watch New York for seven months as I did last year. Everybody is on the jump. And they hardly take time to sleep. They don't take time to eat-just bolt their food. The result is that men are called old at forty. It is all right to have this advanced thought. but we shall have to have radiant bodies to hold it. Poor old mortality is on its last legs. The new mind must command a new body. And what's the use of all this business, anyway? It means running to and fro on the earth seeking rest and finding none.

*** "In being treated, does it not stir up one so that he feels worse for a while?"

It sometimes works that way. Your whole nervous system is undergoing a change. This change can't take place without you feeling worse for a while. But it is not always that way. Some people begin to improve almost instantaneously. They just rise out of their abnormal condition and enter into the joy of living. But you know that we are all individuals, and that there are no two individuals alike.

*** "February Christian superb. Another number like that and we will surely be able to place our hand right on the Door and walk into the Kingdom."

I AM the Door!

CHRISTIAN

PRACTICAL NEW THOUGHT. By Mrs. T. J. Shelton.

Mr Shelton claims he is a Socialist.

I believe he is—in theory. Sometimes, when his temper is not quite so mild, he declares himself to be an anarchist. This statement I have good cause to doubt. His theory is all very beautiful on paper, but it is full of holes.

The Socialist believes the state should own all of the factories, all of the shops and all of the means of trade, and use them for the common benefit of citizens in general. Thus the state would in its turn become the capitalist

So, even if this ideal state of affairs were established, capital would remain and money would still be ever powerful.

The state would have to buy from the people now possessing the power of manufacturing. They would have to pay men for the use of their brains. So the originator would receive the money. The product of brains must be capitalized to become effective.

Those who possess the power of moneygetting would accumulate more. Those who have not cultivated this faculty would soon lose the little they had and become parasites upon the state.

The active members would find channels through which they could expend their power. We have not yet arrived at the Utopian age where we give forth our energy for the benefit of others who do not try to help themselves when in full possession of all of their faculties and of every member of their body. Were we to do this, we should not only exhaust our own nerve-force, but should help to weaken the powers of others.

But I do not want to start a controversy over Socialism; for we all must admit that in many instances the "poor" are bitterly oppressed, and the world's wealth is most shamefully and unequally divided.

Yet, even this state of affairs is constantly changing for the better. Not so very many years ago the larger portion of the world was in actual slavery to the smaller portion. We have no inequality comparable to that.

It was not only the intellectually inferior that were slaves, but people of intelligence and culture. The Romans were dragged from their homes by victorious armies and sold into slavery. So it was the survival of the physically fittest.

However, the Light of Understanding dawned, and has ever been increasing from that day to this; and conditions are ever being adjusted to a more equitable basis, as rapidly as the mental eyes can endure the Light.

Brute force gradually gives way before the awakening mentality.

It is seemingly a slow process, but really the progress is wonderful. The beacon light ahead is, and has always been, individual Freedom.

We live now in an age where personal comfort and opportunity are being so de-

veloped as to render the lives of even the humblest full of interest and capability.

It is true that ease and luxury, the rapid methods of locomotion, and the freedom of communication have been taken advantage of by the selfish and grasping. The pendulum swings both ways, you know.

But that very selfishness in the acquisition of wealth serves its purpose. All these have been incentives to make this planet a more habitable place—more habitable even for those who believe themselves to be the sufferers.

Although money gradually gravitates into the hands of the people who have the capability of making it, these people do not retain it. It may require several generations to dissipate it, but in the end Spirit brings about a readjustment. The readjustment is not only in material things, but in the spiritual as well.

The seemingly unequal division will continue, notwithstanding all of the legislation we may please to make, until the Spirit of Righteousness and Truth prevails and good will toward men is deeply imbedded in every heart.

We must believe in law and order, and the observance of social customs, and the rights of others. It is a means toward the end. It all tends to teach us control of self, which leads to the expression of the divine ego.

Aye, I even believe in woman voting.

It ought not be a question of her uplifting or degrading politics. It is a question of her right. The day has passed when she should be classed with minors, habitual drunkards and imbeciles.

Blackstone was a very able gentleman, but he lived in the days when man's physical strength dominated woman's weakness. I doubt whether a most grave and reverend judge could be found who would uphold a man's right to beat his wife, even if the stick were no larger than his thumb. Every state has seen fit to draft statutes amending the common law in many ways.

Personally I do not care whether I vote or not; but that does not interfere with my right of representation. And I believe that women as a class are quite as able to vote intelligently as the men.

I was greatly amused some time ago in reading a rabid arraignment against the Colorado women voting and how they sold their votes. Perhaps some of them do, but no one has ever been able to prove it. The point of this little preachment is that, disgusted with the article, I threw it down and picked up another magazine giving a full account of the indictment of 2,000 voters out of 7,000 voters in a county of a very prosperous eastern state—for selling their votes—and not a single voter was a woman! Oh, ye shades of masculine probity!

But this has little to do with the betterment of our personal condition, although the lesson these manly lawmakers received may possibly have awakened their mentality a tiny bit. At least let us hope so.

There is too much of playing at politics, something like the childhood game of "follow the leader," no matter into what pit-

falls the leader may betray you. The solution of great legislative problems vital to the industry of this country is too often left to the demagogues or the men who do not know one single thing about them. Trained business men and women should take a more active part in public life.

The men's attention should be turned to the readjustment between capital and labor. The women ought to give their time to the betterment of social problems and the laws governing children, women, and the general welfare of the race.

The proper equilibrium will thus be established, and the Socialist's Utopia will be nearer realization.

We all expect, in the race of life, an equal opportunity, and believe me that opportunity comes to each and very one of us. Ability and enterprise are not handicapped in this country by caste or legislation.

The one who goes after Success in the right Spirit, whether of body, mind or purse, always overtakes it.

At the present time, notwithstanding the "high cost of living," we live better, according to the American standard, than ever before. True, the conditions of the larger eastern cities in the congested districts are deplorable, but even there it is usually through choice. People prefer to live with their kind rather than to scatter to the more thinly populated districts. But, no matter where they are, they have their chance to better themselves. It is claimed that it takes about three generations to move from the lower East side in New York to Fifth Avenue. The high cost of living is compensated by a higher wage.

I believe the man of the modest income and his family are more apt to be in the vibration of real happiness than his couponcutting brother.

Do not sit down and think of oppression, of all of the sorrowful things in the world, and allow envy and discouragement to take possession of your mind. Do not decide that the sad part of life is just in the living. Many of the greatest literary minds and the most powerful thinkers have tried to make you believe this. But they have been traveling around in a circle. The world is not half so bad. This is true from the very fact that we hold virtue and honesty as commonplace and expected.

All that the lecturers and preachers and lawmakers have been able to do is to tell you how to conserve yourself. They cannot do it for you. They seem to draft a moral code, and apply it as they would a mustard plaster. Reform does not come that way. It is not a salve for external application.

The only man who can reform a man is the one man who needs reforming.

Preaching may arouse your emotional nature, but the conviction of the need must strike its roots into your inner consciousness. The door must be opened to the subconscious self before good can result.

Conduct is impelled by the degree of acuteness of your mental vision. Action is the result of the will. Whether this resulting

action is a benefit or a harm depends wholly upon what the actor willed it, consciously or unconsciously, to be.

Nothing happens by chance. You do the thing you will to do. Sometimes your actions spring from blind rage, or ignorance, or pure wilfulness. But nevertheless you so will it, taking no thought of the aftermath. So long as those actions are in accord with the operation of natural forces, the result is always that at which the will was aimed. This will can operate for Good just as strongly as it operates for inharmony.

When you want a thing, and you refuse to conform to the laws by which it may be secured, you are simply stupidly wishing. You are not willing for the thing desired. And that wishing will no more bring results than the lady who "wished" to bake a cake and had not the energy to go into the kitchen and get to work.

Letters sometimes come to this office, and I am happy to say invariably from illiterate people, who desire a fortune to rain from the skies into their uplifted hands. They do not understand that the will to do and to acquire must be turned into the channels which lead in that direction. When this is done it will give the individual the desired results.

You wonder why there are so many failures. You do not consider that when you desire a thing you have only a vague notion of what is really wanted. You are vacillating, easily sidetracked, or else you are not fitted by experience to travel in that channel for the present. You have not found yourself. You are trying to drive a round peg into a square hole.

If the will is directed on lines to conform with the law or vibration of yourself, the result is all that could be desired both to you and to the one with whom you come in touch.

You must set about to make the very best of yourself, to the cultivation of your abilities, and you will receive the best possible returns. Never mind about your neighbor, or about your past, or anyone else's past. Begin today to learn to conserve yourself, to abolish fear and worry, and attend strictly to your own affairs. Control your environment and your business; do not allow them to control you.

You think this is impossible? Not at all. You will submit willingly to the most arduous and prolonged training in order to develop some quality of which you are but dimly aware. You will starve, freeze, endure any hardships, to cultivate latent music, art, science or what not. This kind of thing is familiar and fine. But the ambition to develop the divine nature within you is too easily crushed. Each one of you understands that the divine nature, the true humanity, alone lifts you above the brute creation.

No matter how dim the vision, nor how feeble the flame, the Spirit of God in the soul of man is the great reality which alone justifies our hope and our living. This awakening, and the urgent desire for the attainment of goodness, purity and morality, mark a soul with distinction. That soul, which does not have to pass through the purifying fires of weakness and disease to develop the desire for goodness, is asleep, and its time will come; or else it is far advanced. It is enabled, if it possesses the requisite strength and poise, as all awakened souls do, to attract prosperity, to keep a healthy body in good condition and in comfort. But the real goodness, the goodness worth while, comes from knowledge, with a strong character to back it up.

From whom does goodness come? Who but God (Spirit) is reflected in every kind act, thought or word, and every divine sympathy? It must be the sort that takes no cognizance of its own goodness. But this goodness must spring from the subconscious mind.

When we begin to think we are good, we are entering into the vibration of hypocrisy and have yet a long way to travel. But this mental attitude is merely a mortal cloak that is soon worn threadbare by the strain of injured vanity.

Life does not consist in material prosperity, nor political enfranchisement, nor a superficial culture; but in the spiritual and eternal realities. As you begin to understand yourself, these spiritual and eternal realities are objectively manifested.

No stream can rise higher than its source; but, as the source is Spirit. we are beyond all limitation.

Lift yourself above passive acquiescence; find yourself, and understand the demand of your soul. Scientists tell us that every material body is composed of molecules, each separated from its neighbor by an inconceivable space. Each molecule is quivering with motion, and constantly moving back and forth among its neighbors. Every little molecule has in it a force operating upon it in pushing and pulling, and yet in health order is sustained.

What this hidden force is that holds these myriads of molecules in place we do not know; but we do know there must be a cause for the effects produced. We cannot see nor grasp this hidden force in the realm of materiality; but does it not follow that the cosmos is full of spiritual force of which we are not wholly conscious, and whose usefulness we do not fully comprehend?

One of the greatest objects in life is to unfold to man's mind this great and ever-powerful force, and the manner of its application.

One of the primary lessons in the realization and application of spiritual force is spiritual communication or telepathy, the telepathic contact between ourselves and God-spirit. Into the very woof and fiber of our being is thus woven the essence of Spirit.

"New Thought"—which, after all, is old thought, as old as Aristotle—is blazing the way. But what is the heart, the soul, the vital part of this "Thought"? Is repeating over a few words mechanically, and pretend-

ing to be what you are not, the essential part of New Thought? I do not believe it.

There is a very beautiful picture above my desk, as I write, "The Grand Canyon of Arizona," by one of our best-known artists. I could repeat from now until the middle of next week: "I am there, I am there, I am there, I am there, I am there I should doubtless be in a self-imposed hypnotic state where I should believe I was there. In reality I should most likely be in bed, with someone laboring to get me back to a normal condition of body and mind.

New Thought may be spelled with four letters—L-O-V-E. Love for self and love for humanity; the love that bringeth perfect understanding. Therefore, cultivate and live in the spirit of love.

While the brain is merely the organ of the mind, so intimately are your personal affairs associated with it that you may think of it as the place where Spirit has stored away your thoughts and ideals and forces, which, as you will it, you can bring forth into conscious being, and you will be able to clothe your body most radiantly with health and beauty and strength.

Think of your mind as a storehouse where is gathered your share of all that has been given the race to realize.

You are beginning to appreciate the deep richness of your unconscious being, the untold possibilities, and to bring forth into light the powers that have been lying dormant within you.

The brain is an agent of the Spirit. By listening to that Voice within you, you become a law unto yourself, yet fitting perfectly into the universal mosaic. But the Voice must come up into your own mind as part of your own thinking.

First of all, serve yourself; in serving yourself you will serve humanity. For, as Emerson says: "Nothing can be good for the bee that is bad for the hive."

As Mr. Shelton calls this an omnibus article, there is surely room for one more paragraph.

In the February Nautilus Elizabeth Towne names Roosevelt as her first choice for president, La Follette second, and Woodrow Wilson as third choice. My first choice for president is the man who does big things in a quiet and easy way, the man who has made good without being a Big Noise—William Howard Taft. My second choice is William Jennings Bryan, the man who has not lost poise or become peeved by defeat. I will gladly vote for either one of these men.

In practical new thought we must vote as we think; and we must do our own thinking. At the last election I voted against Taft. But at the next election he will get my vote. He has changed my mind. It has been said that women will vote as their husbands, fathers and brothers vote. They do not do it in Colorado or California, and the men are finding out that Woman Suffrage brings a new element into politics. It does not require a very exalted intellect to vote with the party. Men have been voting men like cattle. The party whip drives them in droves.

IN THE NAME OF GOD.

There is only God.

There can't be God and something other than God.

There are thoughts and things; but the things are so intimately connected with the thoughts that they are one.

There is God and the clothing of God. There is the soul and what Emerson calls the Oversoul. There is matter and mind; but there can't be matter without mind or mind without matter.

There is body, soul and spirit; but these three are one and inseparable. The triangle is triumphant because it is a triangle. If you separate the parts, it ceases to be a triangle. There is body, soul and spirit, or the physical, psychic and pneumatic. But the one cannot be separated from the other.

Then why does the body die?

The body never dies; it is just as immortal as the spirit. The writers of the Bible are very careful not to use the wrong word in speaking of the body. The flesh is not the body. The flesh is something you put on the body. Something that is changeable. It is matter. Matter is that substance in the universe that is plastic, that can be molded, and is in use by the spirit of the universe. There could be no healing of the body if it were subject to disease. What, then, is the body? It is the mind. It is called the soul. It is what we call the psychic element in our being. The body, the real body, is from everlasting to everlasting. It is the same yesterday, today and forever. It is not composed of flesh, blood and bones. It is an idea. It is the ego. It is the I of you. It is you. And you have always been; therefore, will always be. The idea is you; who was, and is, and is to be.

Where does this body live?

It lives in Spirit, and has always lived in Spirit; for it is an expression, an offspring, of Spirit. I told you it was an idea born of the Spirit of Truth. Spirit of Truth is the mind of the universe. It is God. It is all there is.

What is the cause of all this confusion of thought? It was caused by pulling apart the triangle. Theology has caused all of this trouble. The Jews rejected Christianity, or rather the theological version of Christianity. They have suffered crucifixion for their faith in the unity of God. They refused to separate the triangle into three parts. The trinity of theology separates the triangle into three gods, who are three separate persons in what they call the Godhead. The trinity of theology is impossible. It is nonsense. There was no such thought in the mind of Jesus Christ or his apostles. They preached the truth. The first converts to Christianity were Jews, and it was a long time before they made converts of Gentiles. The reason is very plain; for the Christian Israelite did not have to give up any of his principles. He did not worship Jesus as one person in the Godhead. He knew him to be a prophet; and even in these modern days the Jews have the very best interpretation of Christianity.

The Jew is to be first and last in this unfoldment.

The time is drawing nigh when we must appeal to Israel for the interpretation of the New Testament. Then we shall get back to the real teaching of Jesus and the apostles; for these thirteen men were Jews, and they knew the teaching of the prophets and the law, and never departed from that teaching. Jesus came to fulfill the ceremonial law and put it out of the way. The modern Jew acknowledges this and acts accordingly. There is no more temple, no more altars, no more sacrifice. It is all mental. The symbols have been fulfilled in the substance. The only institution that God ever established was the Jewish. When that temple and ceremonial law was put away, we were taught to worship God in Spirit and in truth; that is, in the mind.

It not only becomes mental, but it is individualistic; for each one must worship God in his own spirit. The institution disappears and the individual is illuminated. This is in accordance with the law and the prophets. Your three persons in the Godhead become three persons in each individual. The Godhead is the one Idea, and we are all children of this one Idea. Ideas are the offspring of the Idea. This is unity in plurality. It brings us back to the memorial name, which is the name of God forever, I AM THAT I AM. This brings us also to our mental home, where we can feel the unity of the universe and enter into cosmic consciousness.

Paul acknowledged himself to be a Pharisee of the Pharisees, a Hebrew of the Hebrews. This means that he was a highclass Jew and a doctor of the Jewish law. In other words, he was a Jewish lawyer when he was called to the apostleship. After he had entered on his career as an apostle, he went to Athens and made a speech on Mars' Hill. He began his remarks by saving that he found the Athenians too religious. The word translated "superstitious" should be translated "religious." He said they had too many religions; and he would say the same thing today if he were making a speech in Madison Square Garden. He said that as he passed by he saw an altar to the unknown God. The people of Athens were so afraid that they would not get in all the religions and all the gods that they erected an altar to the unknown God. This is the way this great lawyer and Christian apostle defined God to this Athenian audience:

"God that made the world and all things therein, seeing that he is Lord of heaven earth, dwelleth not in temples made with hands: neither is worshiped with men's hands, as though he needed anything, seeing giveth to all life, and breath, and all things; and hath made of one blood all na-tions of men for to dwell on all the face of the earth, and hath determined the times before appointed, and the bounds of their habitation; that they should seek the Lord. if haply they might feel after him, and find him, though he be not far from every one of us: for in him we live, and move, and have our being; as certain also of your own poets have said. For we are also his off spring. Forasmuch then as we are the offspring of God, we ought not to think that the Godhead is like unto gold, or silver, or stone, graven by art and man's device."

There is only one important word that you want to leave out of that quotation, and

that is the word "blood;" for it is not in the original. God did not make men out of blood, but some translator thought it ought to be interpolated to make good sense; but it makes nonsense. God made of One all the nations of the earth, and that One is God. It is not blood. It is Spirit. Not only all the nations of the earth are made of one Spirit, but everything that is in the universe is made of the one Spirit; for there is no other substance. Spirit is the essence of all Being. The one Idea is the father of all ideas

Paul did not say one word about the trinity. He certainly would have rattled the Athenians if he had talked about three gods in one. That trinity of theology is a nitchfork and not a triangle. The three prongs stand out prominently. Paul knew there was a triangle and a trinity, but he knew that it was in man and not in God. Man is an individualized expression of God; therefore, to be individualized be must have body. mind and spirit. You can't have an idea without having a word to hold it. You may have universal mentality as the ether radiating everywhere, but when it becomes individualized it must be embodied. Matter itself cannot exist except as individualized atoms. You are an idea, but you could not possibly be a person unless you were embodied; otherwise the idea would simply be a part of the universal mentality. A dron of water in the ocean is not a drop until it is separated from the other drops. If we are individualized ideas, we have always been in a body; for the body itself is the individualization of the idea.

I affirm that the body is eternal.

It is immortal as an individual expression of the I AM THAT I AM. And you know that name for God means that I will be who I will to be. How big is your body? Don't get scared when you read this article. Don't run away. You can't run away from yourself. It would be like chasing your own shadow in the sunshine. It will always keep up with you, run you never so fast, So let us get back to practical thought and find ourselves. How big is your body? Right there is where your mind halts; for you can't apply quantity to an idea. You can't tell how large the spirit is. But the mold called the flesh has a certain outline. The whole body was in a very small space when it began to clothe itself with flesh. It may occupy a very small space when it is unclothed, but it is still a body. There is no such thing as a disembodied spirit. You have always been a body and will always be a body. Now, put on your clothes and behave yourself. How do you put on your clothes? By eating and drinking. The only thing that eats is spirit, and it never eats spirit. It eats matter. In eating matter it clothes itself with what it eats. This is the way Spirit refines and adapts matter to its own use. This is the reason why mind can heal the sick, cast out devils, cleanse the lepers, and raise the dead. It is a material transaction performed by mentality. Did you get that? It is a material transaction performed by mentality. If this were not

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true, there would be no need of any kind of an effort in the way of healing. The physician gives you a material pill to produce a physical result. The surgeon takes his knife to cut away diseased parts of your physical body. He never cuts into your real body.

The man who has his leg cut off always feels the presence of his real leg. If his arm is amoutated, he can even feel the fingers moving in his real hand. There is no kind of disease, no kind of an accident, that can touch the body; for it is psychic and indestructible. I need not argue this question with you; for science has demonstrated all of this, and much more. Now, why do you put on the old clothes, with their rents and natches? You did not have any better sense, did you? That is all in the wide world that is the matter with usthe lack of sense. Priests, physicians and politicians have taught us that we were perishable beings. Yet we see the sore on our finger heal right before our very eyes. What heals it? The sore certainly did not heal itself. The real body was not sore. That real body pushed itself out into its proper place, and the sore disappeared. A man is a paralytic. His friends have to lift him up and place him in the pool when the waters are disturbed. But someone always got in ahead of him, and so he remained paralytic. Jesus came along and said: "Arise, take up thy bed and walk." He did it. What "he" did it? The real man, who is a body, and a body is a mind. Jesus spoke to the whole of that man's mind. The whole of his mind reached to the tips of his toes and the tips of his fingers, and that mind stood up and picked up that bed and walked.

Who is the eater?

I told you all about that last year, but I will tell it over again. You are the eater. Who are you? You are a spirit. Now, Paul told you that a spirit lives and moves and has its being in God. Then the living, moving and being is God in action. It is God that eats. It is God that lives. That is you. Whom do you suppose I am talking to in the Silence when treatments are given? Do you suppose I am talking to the disease? I can treat your blind eyes forever, and they will still be blind, if they should last that long. What do I treat? I talk to your eyes-the real eyes that never were blind and never can be blind. In treating deafness I talk to your real ears, for they alone can make you hear. They are the hearers. Jesus said that the lamp of the body was the eye. And that if your eye is single your whole body will be full of light. That is, if your mind understood that the whole light is necessary for your own light, you would see every atom of your body. This is true of the whole of your being; for your being is a body. You are not the universal being. You are an individual being. But your individual being lives and moves and has its being in the universal.

Where is the triangle?

It is in you. It is not your flesh, mind and spirit; but your body, mind and spirit.

And once more let me say that your body is just as immortal as your spirit. Suppose I should lose this flesh, blood, bones; it would he dreadful, wouldn't it? That is what mortal mind thinks. Mortal mind is the mind of the flesh, or the mind looking through the flesh. If you put on green glasses, everything will look green. If you look at yourself through the flesh, everything will be transient. Then you get scared. Why, bless your heart, there was many a time when I did not have any flesh. bones or blood. What did I do? I went to eating. I just ate a body. Did I? No, I just ate enough to clothe my real body with flesh, bones and blood. And I kept it going by the same process. Then there must be in me the bones, blood and body idea. That's it. I mentalized. I took up matter and made me a new body. This is the reality of being. How do you do it? I don't know. If I had to stop and argue the matter instead of eating. I never should have had a new body. If I stop now to consider the matter and wait for an explanation, I shall never be healed. It is just eating. Keep right on eating. Eat the microbes. Destroy the destroyers. Eat thoughts, I AM the Resurrection and the life. I AM all of the resurrection and all of the life. I thought you said that the intellect was satanic? 1 did. I repeat it. But, as there is only one Mind, the satanic part must be a part of that one mind. Just as soon as we begin to poke our heads above matter we become satanic. Satan is the intellect. It is always asking questions. I is a liar and the father of all lies. There would be no truth if we hadn't this element in mentality. The liar is absolutely essential to the bringing out of all

There isn't anything in the universe that is so full of vanity as the intellect. We are forever boasting about our intellectual progress. It has been satanic from the beginning and will be to the ending. Inventions are all the creations of the intellect. All these inventions are satanic. And our religions that we have invented are more satanic, if possible, than any other of our inventions. Of all of the damnable devils that have been born of man's intellect, religions are the limit. All religions have been established by force and violence. Of course, you think you are very religious, and that your religion is righteous because it was phonographed into your intellect while your brain was forming and plastic. But you go back to the origin of religions, and you will find hell as the mother of the whole brood. War is hell. All of our religions were established in war. They were forced down the throats of people by violence. But remember that Christianity is not a religion. The prophets were not religious. They were individualistic and spoke by the Spirit. Just look around you and see all of the inventions. from the latest fashion in hats to the last pattern in dreadnaughts! The battleships. you know, are now in existence through that infernal thing that we call fashion. It is the fashion to build battleships, and every nation wants to keep in the fashion.

Let us set a new fashion. The female of the species can do it. She has set all the fashions, and is in direct control of the male of the species. She is just now in the vibration of peace. It is the women who want peace on earth and good-will to men. When she gets her head set in that direction, war will cease, and the money spent for war will be expended in some other direction. She may buy automobiles, diamonds, pearls. costly gowns, and things of that kind. That will be much better than buying battleships. They are already setting the fashion for good health and beauty of the body. Everybody is talking about health. The beauty doctor is doing a better business than any other kind of doctor. Even a man has to get pretty old and feeble before he will acknowledge it. A woman never does acknowledge it. She will hold out for youth and beauty as long as she has breath in her body. She is under the direct control of the

Satan is the intellect.

This means insight. It is the light. It is the illumination. The reason why woman is brighter intellectually than man is because she listens to intuition. She gets truth firsthand. Just now she is getting away from suggestion and entering into the real satanic vibrations. This means the use and control of the five senses. I say five senses, but there is only one sense. Spirit is that one sense. The five senses are all centered in the one sense called the intellect. It is that one thing that we have been afraid of all our lives. It is the one thing that men and women have been running away from, in spite of the fact that it is the one thing that they desire above all other things. They are afraid of their own sight. Let us get this emphasized with all the power of our thought: You are the one who does the seeing, hearing, tasting, smelling, feeling; and all of these sensations are produced by the spirit within you. It is by these socalled five senses that we take cognizance of our environment.

Then what is wrong with us? Nothing, as I have said, but the want of sense. You want to cultivate the senses. Get more sense. When the light fades from your eyes and your ears are dull of hearing, you are losing your senses. When things do not smell good or taste right, you are losing your senses. When the sense of touch is not delicate and there is a deadness in your nerves, you are losing your senses. I want you to get this, if you never get anything else from my writing: All sensation is in the Spirit, and therefore is immortal! Then you are not losing anything. There is absolutely no chance for you to lose anything: for it is immortal and eternal in your own being. What, then, is the resurrection? It is the regeneration of the body. It is the renewing of what you seem to lose when you lose your senses. It is the opening of the eves of the blind, the unstopping of the ears of the deaf, the quickening of the nerves in the paralytic. It is the regeneration of the body by the resurrection of the mind.

In the Name of God

"And God said unto Moses, I AM THAT I AM: and He said, Thus shalt thou say unto the children of Israel, I AM hath sent me unto you.

This is my name forever, And this is my memorial unto all generations."—Exodus.

I AM all of US.

I AM from everlasting to everlasting.

I AM mathematical and musical mentality.

I AM the seeing and the hearing and the being.

I AM the cosmic consciousness of all creation.

God has not changed his name.

It is our business to help you into the consciousness of your own divinity. We have no objective organization or official authority.

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I AM,

T. J. SHELTON, 1657 Clarkson St., Denver, Colo.