



Christian

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Regeneration of the Body by the Resurrection of the Mind

I AND EYE

"If thy whole body therefore be full of light, having no part dark, the whole shall be full of light, as when the bright shining of a candle doth give thee light."—Luke xi: 36.

The light of the body is the eye.
It should light the whole body.
The legs should be full of light.
Arms and shoulders should see.
Blood and bones should be enlightened.
Turn the light on your nerves.
Carry a candle in your stomach.
Give your bowels a ray of light.
In a word, enlighten your whole body.
Take those mighty affirmations to yourself.
I AM the Light of the World.
He that followeth me shall not walk in darkness,
But shall have the light of life!
Light and life are one and the same thing.
God is Light and in Him there is no darkness.
Jesus Christ opened the eyes of the blind.
He is still able to open your eyes.
He comes now as the Spirit of Truth.
He is not absent, but is ever present.
Get into the vibration of Jesus Christ!

ITEMS AND IDEAS.

*** The keynote of January CHRISTIAN was for the whole year.

*** It is the proclamation of the truth of Being, preaching in print.

*** I shall make each number of CHRISTIAN the messenger for the healing of the body.

*** The keynote this month is an eye-opener, and I want you to read it many, many times.

*** It is a startling revelation of the truth of Being. It shows that we have only been touching the outer edges of the New Testament.

*** The sayings of Jesus are the very essence of all truth, and he was not speaking in parables when he preached the Sermon on the Mount.

*** There is only one kind of light, and it means all the variations of light, moral, mental, and physical. Light is light wherever you find it.

*** The religionists tell us that Jesus was talking about moral light. Then, why under the sun did he open the eyes of the blind? He made no distinctions between the light of the eye and the light of the mind.

*** These sanctified people who tell you that it is wrong to ask for the healing of the body make me tired. In the eyes of Jesus Christ forgiving of sins and healing were one and the same thing. You remember when he healed the paralytic, by the forgiving of sins, the religionists had several kinds of.

*** "You healed me of long and dangerous heart trouble in less than two hours, and I am strong and well."

That is the way I try to do all healing. I give each treatment as if it were to be the last and only one. The Word is never spoken one day with the intention of speaking it the next. This is the only way we can get into instantaneous healing.

*** "I have just finished reading CHRISTIAN, and am so exhilarated that I can scarcely hold my pen. I have been ill, soul, body and spirit, for a week, but at this moment I feel equal to anything. You never sent out such a CHRISTIAN before. It is filled with God."

Such is the general feeling in regard to January CHRISTIAN. I hope you will circulate it where it will do good. I have several thousand copies left over and will mail a copy to any names you will send to me. The treatments in it will hold good until the paper is worn out.

*** There is a new appreciation of the Bible among thinkers. A few months ago Scribner's brought a new book by J. H. Gardiner, assistant professor of English literature in Harvard University. The book is entitled "The Bible As English Literature." He not only makes the Bible the cream of English literature, but the one Book of the world. He also declares the common version to be the best possible translation. He shows that the King James translators got into the spirit of the original and were not slaves to the letter.

*** "You are the real thing! My health is fine and each day a perfect joy. God with you! That's how it comes about that the side improved so fast."

The above is the report from that case of appendicitis I mentioned in CHRISTIAN. It was cured by mental treatments.

*** There is nothing lukewarm about the fellowship of the Christians. When they give a response it comes from a full heart. January CHRISTIAN awakened everybody. It has done more good already than all of last year put together. And our Beverly Boy received a regular ovation. He had a greater triumph than the new governor of Colorado. This number of CHRISTIAN has received extra treatments and I expect great results.

*** Are your eyes mere holes in your head? Then other parts of the body are in darkness. Only the peepholes are lit up. No wonder your body suffers! Your legs are in darkness and you call it rheumatism. Your bowels never get a ray of light, and you call it constipation. You must learn that the light must be in your toes. In the tips of your fingers, in the hairs of your head, and in every nook and corner of your body.

*** You can have as many copies of January CHRISTIAN as you can use at one dollar a dozen. December is all gone. And they were nearly all taken at a dollar a dozen. This is a new movement, and I like it. It is much better than for me to give away back numbers. Call for two copies of the book when you don't ask for subscription. I don't give books with the subscription. You are welcome to the books as long as they last, but they will soon be gone.

*** "In your 'I AM Sermons' not long ago I gave them to a gentleman to read and he could not understand what you meant by agreeing with one's adversary. Supposing one's adversary was dishonest, or the like, would you advance the thought to agree with such a principle? Please write me something about this or give an explanation in February CHRISTIAN, as the man thinks you are a fool, but I know you are not."

Jesus Christ did not tell you to endorse your adversary. If you are in the way with him do not enter into a dispute. It takes two to make a quarrel. Don't you be one of the two. This principle holds good throughout the whole history of humanity. Class consciousness is now and has ever been the curse of the earth. It is being promoted at the present time by the printing press, the orator, the agitator and every form of demagogery. A man sent me a paper from down in Kansas called *Appeal to Reason*. I never saw a name so out of place. It is a direct appeal to passion and prejudice. It is promoting class consciousness, the very opposite of Christ consciousness. Agree with thine adversary and you will not have any adversary. Christianity knows nothing about classes. A Christian can't afford to be a capitalist or laborite. He is a man with a universal consciousness. He does not belong to anything or anybody, but is in conjunction with everything and everybody.

*** "Is there such a place as Heaven? If not what did Jesus mean when he said 'I go to prepare a place for you?'"

Yes, Heaven is a place. Jesus Christ is not only preparing a place for you, but he is preparing you for the place. The condition comes first regardless of the place. At present this planet is hell, but hell itself is to be destroyed. When death and hell are cast into the bottomless pit every place will be heaven.

*** "Your prophesy (made in 1901 I think) about the wonderful prosperity coming has been fulfilled, but I have not grabbed and held onto what I think I am entitled to. See that I get it. Quick, please. My regards to Lady Blanche and Blanche and I welcome Beverly to our Brotherhood."

The prosperity prophesy of 1901 still holds good. We have not yet reached the climax of prosperity. Pay no attention to the moon prophets. These United States will hold the whole world in its orbit. We are to go forward to increasing prosperity and the year 1907 is splendid for everything, but especially for real estate.

*** "Is it proper to teach our children to repeat the Lord's Prayer?"

It is not. The author of the Lord's Prayer tells you not to repeat prayers. He calls it vain repetitions and says it is heathenish. Teach your children the principle of the Lord's Prayer. It is well enough for them to commit the Lord's Prayer and even the whole of the Sermon on the Mount to memory. Teach them to pray in the silence and when they offer prayers to do so in secret that they may receive their reward openly.

*** "I guess I am getting on, for which I thank you very much. I used to think it was imagination when I read of the people feeling vibrations, but the way they roll down my arms, particularly, is a caution."

There can be no movement of the Spirit without vibrations. All movements of life are vibratory, and that is the reason why the Serpent is the symbol of life. Don't look for vibrations, but go on about your affairs, and they will surprise you by their sudden appearance. The kingdom of God comes like a thief in the night. At an hour when you think not the Son of Man cometh. You keep watching for results, and you will get left.

*** "What is the matter with you that you should print so horrid an emblem as that old dragon in the heading of your paper? I would much prefer a young mother with a sweet babe hugged to her breast to represent life."

So you don't like my Snake. Well, it has more significance than any other symbol in the world. It is deeper than the winged world of *Unity*, or the wagon wheel of McIvor-Tyndall. When we shall have conquered the old dragon this world will be a paradise. His majesty the Snake is all right in his place. It is the symbol of sex and when you get the key you will have the keys of the Kingdom of Heaven. The old dragon comes first and your young mother with the sweet baby follows in the trail of the Serpent. There are a great many horrid things in this world, but they only help to emphasize the beauty and glory.

*** "You have been sending me CHRISTIAN for the past year, although I wrote you not to do so, but am glad you did and January number 1907 which is before me is a wonder."

I sometimes get left by carrying people too long. They never pay up and so I lose by neglecting to mark them off the list. But January number made people pay up their subscriptions and rejoice in the vibrations of CHRISTIAN. I never stop the paper until ordered to do so, unless you get too far behind. So when you want to stop CHRISTIAN you will have to say so. I find that the best collector is a splendid issue of the paper. January number has collected more back dues than any issue for two or three years.

*** "You have always been able to help my wife, but as to me for the last six years you have treated me, but I did not feel any of your influence and have always been disappointed, but to-day I am not. I received January number the 31st of December and started to read it. I got to where you spoke of Healing and the paper began to shake and lasted for one half hour and I could not read for the shaking. I also at night put it on the parts of my body where I had pains and it helped me. I am very thankful to you."

This is one sample selected from the many letters in regard to the work of January CHRISTIAN. I know that many others made the same trial and failed. There is no accounting for these failures, or for the successes either, for that matter. It is like the blowing of the wind, as Christ said of the Spirit. You know not from whence it comes or whither it goes. We are all groping in the dark so far as causes are concerned. If we get results let us glorify God and be satisfied.

*** "In a dream someone from the Spirit world was with me, and I even felt their touch on my lips; no word was spoken. Such dreams I do not understand. If you can give me the meaning I shall be glad."

Let the dreams take their own course. Get up in the morning and go on your way rejoicing. Pay no attention to your dreams unless you are sure they are prophetic. Not one dream in a year is prophetic. As a general thing they are a continuation, in an irregular way, of your waking thoughts. The mind never sleeps, and the dream is what you remember of your thoughts between the waking and the sleeping consciousness. There is also a deeper consciousness, called the cosmic, in which we may for a moment be cognizant of another world. Some of my dreams are exact representations of what I am going to experience the next day or in a few days. I even see the things I'm going to see and talk to the people I'm going to talk with the next day. Very often I find myself giving treatments in dreams, and the thoughts and words used in such treatments are invariably the right ones. The flashes I get of the deeper consciousness make me absolutely know there is such an existence. It is a veritable fact in my experience that a man is a spirit and has the roots of his being in eternity. I see and hear and know there is a universe of Spirit.

*** "You have explained the business part of your work so thoroughly and so many times it seems it would be unnecessary to ask any questions, but if one sends you twelve dollars for the year for one, and that one for yourself, and say you have four in your family for whom you just as much desire help and you wouldn't feel that forty-eight dollars could be spared, what would be the better way to do? If the twelve dollars were sent could you switch the live wire to different members of the family as requested from month to month?"

If one member of the family is paid up in the Circle of Christians you may switch to other members of the family from month to month if you give me due notice and state the case. I don't want to have any hard and fast lines with you Christians. I will not treat more than one person at one time for one dollar. I am making the treatments entirely free now by giving books and subscriptions for every dollar sent for treatments.

*** "When you had the likeness of your former self occupy the first page I announced to the family that it was there to bear witness, for the likeness of the real self was going to occupy that page, and I believe before very long."

This same prophesy was made by a glorious woman in Canada at about the same time the above was written. The two women, one in this country and the other in Canada, are not acquainted with each other, but they have both been with CHRISTIAN for many years. The Canadian woman saw me in my new body and made the prophesy that it would be realized in a short time. In the same mail came the statement as printed above from the other witness. We shall see what we shall see, for what we can see we can be. Seeing is being and a pair of new eyes is the first essential in regeneration.

*** "If not too much trouble, will you please explain the 2d Chap. of Acts, more especially the 37th to 40th verses. Also, the 16th Chap. of Mark, 15th to 20th verses. I would like to harmonize these verses of scripture with your teachings, and I no doubt will be able to do it, with your assistance."

The verses refer to baptism. This ministry of the early Christians was inaugurated by the symbol of washing in water. The institution soon changed it to sprinkling a few drops of water on the forehead. Then, for fear some of the babies born would get away from them they began practicing infant baptism, as they call it. The institution wanted to brand the infant before he had a chance to think for himself. There never was any kind of authority for sprinkling adults or children. The only baptism recognized by the Spirit was the washing of the whole body in water, and it was for adults and symbolized the cleansing of their minds. There is no authority now for any kind of baptism. The baptism of the Spirit is administered by the Spirit. There are no hard and fast lines, no stereotyped methods, in a government by the Spirit. When you come into the consciousness of the Christ all forms and ceremonies will be left behind you. They only serve to perpetuate the institution and enslave the individual.

*** "I telegraphed you on Tuesday. I soon began to feel better. It was so painful to swallow. I could scarcely eat, and I couldn't make a tone when I tried to sing. I was to sing at the Conservatory Concert (where I formerly studied and taught), and they had not heard me sing since going to New York three years ago. So I needed immediate help to get rid of the trouble that had come upon me so suddenly. It is needless to tell you that I sang well and covered myself with glory. I enclose five dollars for the month's special treatments."

That looks very much like instantaneous healing. The word was flashed to this singer by telepathy while I held her telegram in my hand, and she received it instantly. I will not say instantly, but will say in a very few minutes the word reached her. Now, if we can change conditions by a flash of thought, why can't we make a permanent change and be done with it? I confess that this flashlight work is losing its attraction for me. I want to get out of the wilderness and be done with it. I believe we will make it in due time.

*** "I am sore perplexed with a passage from Matthew. Please read it. Matt. xix, 12 and 11. After this and Tolstoi's "Kreutzer Sonata" I am almost tempted to fight shy of the females. What thinkest thou? Pretty tough proposition after these strong warnings. Still, YOU are married."

My dear boy, that passage in Matthew has a deeper meaning than you can read on the surface. There are very few men who ever understood that saying of Jesus. There is one thing certain—he was not asking men to avoid women. It is the mystery of the Serpent, and women, good women, are the only ones who really understand the Snake. Women have changed the Snake, and the higher and holier they ascend in thought the more power they seem to have over the old dragon. You remember it was the seed of the woman that was to bruise the Serpent's head. The salvation of humanity must come through the mothers of men. My beloved bachelor, you can never solve the problem by taking to the woods. Don't let Tolstoi or any false interpretation of Jesus keep you out of paradise. But, remember, every Eden has a serpent. Tame it!

*** "What do you mean by immortality in the flesh? Do you think we will get to a stationary body that will always be the same?"

That would be a worse hell than an endless torment in a lake of fire and brimstone. A body that is absolutely changeless, if such a thing were possible, would be an intolerable prison for the mind. Immortality means a condition of mind in which the consciousness of life renews the body day by day. All organs function naturally and death is swallowed up in victory. The life forces are under the control of your mind and the body is in a state of perpetual renewing. The order is reversed. Instead of being subject to the body, the body is the subject and mind is the master. It is now visible as a sign in mortal life. The body is renewed in health and youth and there is a perpetual joy in living. Paul tells it all in a negative way. "For which cause we faint not; but though our outward man perish, yet the inward man is renewed day by

day." Now in the regeneration the outward man and the inward man are One. The atonement—at-one-ment—at-one-meaning has been made. The without is as the within and peace is declared. Some wise man has said: "When the without is as the within and the within is as the without the Kingdom of God has come." It is true, and the inward man can renew the outward man day by day. This is the order of the higher vibrations. Every day is a new day. The creator of conditions is within and, behold, all things are made new. The new man is the inward man, and there is no need of the outward man perishing. Men are condemned to death because they are not fit to live. Death is beneficent. Life is liberty in the truth. Look around you at public characters and name one who could be trusted with perpetual life. I AM the resurrection, but I AM also the truth. Immortal flesh, that is, flesh perpetually renewed by the immortal mind, is easy. It is the easiest proposition we have to consider. It is immortal mind in the truth that presents the difficulty. Immortal mind does not want to boss, coerce, or in any way interfere with the action of the individual mind. Let other minds alone if you would be free.

*** "It is about time I wrote you thanking you for the many blessings that you have showered upon us both. You remember two years ago this winter I wrote you asking for position treatment. Well, it came with a salary of thirty-five dollars per week, next to Arizona with two hundred dollars per month, then here with one hundred dollars per week with house, light and fuel all thrown in. But, above all of this, you gave me the dearest wife last November, and here we are to-night both writing in our den. Every day is brighter and with more happiness and sunshine, and no one to thank but you."

I was not aware that this couple knew each other until a few weeks before they were married. I had been treating each of them for many years. They are both Christians and have been on my list and regular monthly contributors for many years. The law of attraction brought them together and so made one where there had been two. When you say you have no one to thank but me, I take it in the spirit in which you say it. You don't mean the mortal me, but the I AM that I AM, and so you are thanking the universal Spirit when you thank Shelton. I rejoice with you in the glory of your new life and the upward climb into health, happiness and prosperity. All you need to do is to hold yourselves level and live your lives. There is no use to look backwards to what has been or to gaze with abstracted vision at what is to be. Enjoy life as it goes along. Live one day at a time, but fill that day full to the brim. All you can do with life is to live it.

*** "There is not much uplift to the minds I am constantly in contact with each day. I am in the Circle of Christians in order to let them alone and go it alone. There is no treading on each other's toes in the Circle of Christians. Business is business nowadays. It pays to be in good company. I joined the Circle of Christians because I found God and the devil in it, and on good terms; also, I am sure that I

am helping those who are helping me, and wherein letting alone and going it alone is a matter of your understanding, the relation of yourself to the free Spirit."

The writer of the above is a Brooklyn business man, and he and his wife have been in the Circle of Christians for many years. He puts it in a business way and also makes a scientific statement. In the beginning of this movement it was said you could not do anything without an organization. *Unity* and *CHRISTIAN* are demonstrating that Christianity is already organized. It is a natural organization, and when you get into the vibrations you begin to organize yourself. There is a free Spirit and our fellowship is free. There are no rules and regulations. No formulations of faith. No stereotyped creeds, but a living and loving fellowship in the Spirit. It is growing wider and will take in the whole human family, leaving each one to govern themselves in personal matters. What you shall eat and drink and the kind of clothing you shall wear is your own private business. You are governed from within, and no one on the outside has a right to prescribe rules for you.

*** "In 'Vibrations,' page 69, you say Christ did no healing, etc., after he was risen. Then why did he tell his apostles to heal the sick, cure the blind, let the deaf hear, if he had no 'perception of these things?'"

There is no use in doing our work. He showed us how to do it, and left us to work out the Science. He said: "Greater works than these shall ye do because I go to the Father." If he had gone on doing the work we would have drifted into idiocy. Our own mental progress is worth all the centuries it has cost. Parents do not eat, walk, talk and learn lessons for their children. The life of the child demands that it use its own organs of mind and body. Any other course would produce helpless cripples and muttering idiots. "It is expedient for you that I go away." This is what every sensible parent will say to the child. Some people are very foolish and raise up children by doing everything for them, but it is not wise. I used to fret and fume because Spirit did not come to my help, by a miracle, and lift me out of my troubles. I got out. I know the getting out was part of the blessings. We seek mental healing for sickness of our body, as we call it, but never ask for the healing of the mind. You expect God to cure your rheumatism and free your body from pain, while your mind remains full of jealousy, envy and even rage. Call for a cleansing of the mind and the body will respond. Learn the Science of mental healing and your health will be your joy. Health is normal in normal mind. Christ left us to work out the science.

*** "Isn't it strange that men have not discovered immortality and mental healing before the advent of Mrs. Eddy and Shelton?"

It may be strange and yet true. It is strange that men did not discover telegraphy, phonography and the electric light before the advent of Morse and Edison, but they didn't. It is queer that men did not discover wireless telegraphy before the ad-

vent of Marconi, but they didn't. Life and immortality were brought to light in the gospel of Jesus Christ, but men did not see the light. The mind of man was awakened and entered into a conquest of the objective. The very power of mind which has worked wonders in the material world is now turning towards mind itself. They have traveled around the world of thought and come back to the starting point. Mind is now taking cognizance of mind. It is beginning to understand that its dominion is in all matter, including its more direct environment of flesh. Mind is just now gathering statistics and searching for data concerning its own powers over the whole of the objective universe. Man has come to the conclusion that body can be built and rebuilt without yielding to disease, old age and death. The logic of men, even the great thinkers, is always lame in one leg. Count Leo Tolstoi in the exposition of practical Christianity is as clear as the sun, but when he comes to the miracles of Christ and the immortality of the individual he fails. He declares that the individual man is mortal, and, with him, death ends all. He says that man is only immortal in his seed. That is not true, for the whole race could be destroyed. Men like Roosevelt are afraid that the race will commit suicide. Man is immortal in his mind, and Mind could create new men if the whole race were swept from the face of the earth. The miracles of Jesus can never be eliminated from Christianity by rationalism, and to be a Christian one must be a spiritualist. Man in his personality and individuality is a mind and mind is immortal.

*** "I have been hoping and waiting so long that I am out of heart. Is there no way to hasten health?"

You have been on the anxious seat waiting for something to come instead of recognizing what you have and slowly adding to it. I did the same in watching for miracles, when one day I happened to think (*happened to think!*) that my very existence was a miracle. I began slowly to count the many variations of the miracle of existence, and found that I was and had been in a world of wonders. Why should one sit down and let the dead things obstruct the miracle of creation? A man had as well say that he can't grow food because there are trees growing on the land, or that the grass and weeds are in the place where he wants to plant his grain. He knows that he can cut down the trees, use the timber for a fence, burn the brush, and make a safe place for the sowing of the seeds. He doesn't cry and moan over the obstructions in the way. He is able to overcome, and his very overcoming increases his strength and power. In the body there are obstructions, and we submit to disease, death and the devil. There is no sense in it. Don't look for a revolution or something to come and pull up things by the roots while you look on without lifting a hand or a thought. Gather up what you have and add to it day by day, until your mind is enthroned as king of your environment. How much have you on hand? How many grains of life, how many pounds of energy, how

much power, can you muster? Then look around you and gather more and more. Tell Shelton and the whole Circle of Christians to help you increase your forces. A little here and a little there, one day at a time. Get up every morning with a little more power, a mite more of might. Grow in grace, grit, and greenbacks. This is not an exhortation. It is science. Instead of building on what you have got you throw it away and expect the miracle of creating something out of nothing. Build your fire from the little spark left in you, and the flame will surprise. Husband your resources and they will become an abundant supply. Let me help to increase your holdings.

*** "I wish to ask you what you think about this vaccination for smallpox. In this state no child can go to school without being vaccinated; and they must go to school. They have succeeded in passing this bosh as a law here. It all looks like rot to me, and I am prone to be stubborn regarding having my little girl tortured. Please advise me; and if you wish, give us a lecture upon vaccination in CHRISTIAN. It will be cheerfully read by many, I assure you."

I could cite many cases of poisoning caused by vaccination, and write an essay on the absurdity of the law—but what's the use? The only thing to do is to submit with as much grace as you can muster, and treat against the poison. Paul said "the powers that be are ordained of God," in speaking of civil government. Perhaps he is right, but if so, God is the ordainer of a lot of fool laws. However, anarchy would be worse, so let's bear it, even if we can't grin.

*** "If I could only see you and have a talk with you face to face I know I would improve faster."

No you wouldn't. It might have the contrary effect. It is a mental movement, and the physical presence, so far as my experience goes, is a positive hindrance. Persons who have insisted upon seeing me have not improved as rapidly as the ones who came by letter, that is, mentally. Here is a case in point. A woman who lived within three squares of my home came regularly to my door every month and left her letter with the housemaid. This was kept up for several years, until one day I was going out of the door and met her and introduced myself. Thus we came to know each other by sight. One day early this year she met me on the street and said: "I have had all the work I could do (she is a dressmaker) and all the health and strength I needed for the work. It seems so glorious to be in health and prosperity." She got there by the Silent Word in three or four years of steady treatments before she ever knew my physical face. The other day I was coming up the street and saw this Christian woman about to take a street car. She motioned to me and threw a letter on the ground. I came on after the car had passed and picked up the letter. It contained a five dollar bill and a few words saying that she wanted credit for five months and didn't want to bother with letters. She has got into the vibration and knows the Silent Word will reach her every day. People right here in my part of town send regularly for treatment, and have been doing so for years, and yet they do not know me by sight. Some of them are my dearest friends, so far as

mental and spiritual fellowship goes, and yet we do not know each other in the flesh. In mental healing you must think of the principle and not the person.

*** "Is it necessary for one to take treatments a whole year? If not, why the Circle of Christians?"

It is not a question of time. The great majority of my readers have been with me for many years. There is, of course, a gradual growth in new subscribers, but the foundation of the work was laid ten or twelve years ago. We are not transient patients, like those who come and go in medical practice. Our work is for eternity. We are here to stay until full regeneration is attained or death ends our efforts. I say "we," for my wife and babies and myself are in the Circle and we are patients and students of the Spirit. It is a fellowship and unfoldment. I want all of you to consider yourselves in this fellowship, whether you can pay the dollar a month or not. Let every reader remember this, especially all paid up subscribers to CHRISTIAN. Money only cuts a figure when it comes to paying the printer, baker, the coal man, etc. Let the healing Word come to you, even if you have borrowed the paper or got a sample. If you get into this fellowship you will not count time in taking treatments. You will know that the Word is spoken for you every day and every year, and that every new thought coming to this center and every vibration of life is going to you. It is something more than healing; it is Health. People in perfect health are taking these treatments. It is a joy in being in the movement of mind for Kingdom Come. I make the money consideration as small as possible. And yet you do not want to be close with me in money matters. It must be an abundant supply to you and you must enter into the vibrations of opulence. Get into the swim. You will then move with the movement and be Somebody. Now don't get the idea from this item, that you can enter into a correspondence with me for less than one dollar a month. The dollar a year Christians must rely on the monthly visits of CHRISTIAN.

*** "Do you mean to tell me that just clear, cool thinking will change physical conditions?"

No, my friend, no; not that kind of thinking. We have had that kind of thought in building pyramids, railroads, cathedrals, making boxes, constructing monuments and other things out of things. Healing is a creation. It is a living thought—therefore, has feeling in it. You never heard of any great work of art that was not conceived in feeling. The old masters were filled with the fire of feeling and so put their souls on canvas. It is the same with music. The masters of music had red hot thoughts. They were filled with feeling. Some of them, while composing, were almost, if not altogether, insane. Their brains were a furnace of fire, and so the molten music came forth in immortal form to live in all ages. On the street the other day I met a man whose cheek was scarlet. The other cheek was like any other man's cheek. His right cheek was the color of ripe strawberries. How did it come to be painted in such vivid color? How was he made a "marked" man for all of his

mortal life? By the power of thought. Do you suppose it was what you call "cool, clear thinking?" Not a bit of it. That stamp was put on his cheek by thought filled with an intense desire. Creative thought has feeling in it—a desire back of it. God said, Let there be light, and there was light. The darkness disappears before a divine desire for light. Let that strawberry cheek give you a hint as to the power of creation in a thought. If I did not enter into a feeling, a mighty desire, to heal your sickness, all my cool, clear thinking would be of no avail. Beware of the weakness of mere emotion. Genuine feeling is serene and sublime. It enters into the Great Silence where the forces of life abide.

*** "You say that we do not go into the Silence, but that it comes into us. I have always felt that it came into me; but as everyone said, or called it, going into the Silence, I did not dispute it. To me it is a vibration coming into me. It is a Silence, and it is not a silence. I hear everything very distinctly, and still I feel a silence that I can not describe. I am perfectly conscious, yet I lose the limitations of the body and am one with the universal vibrations. If this is what you call *the Silence*, please tell me. If it is not, I do not know what you mean by Silence. It comes silently and leaves silently."

You have got it down exactly right. When you can stand the silence it will come into you. It is the greatest of tests for one to silently listen to the voice of his own soul. Few can do it. It means keeping still while the clock of eternity goes tick-tock—tick-tock in the inner chambers of your own being. At the very first sound from the soundless depths you will want to run away and plunge into the noise, but brace up and face yourself, and soon all fear will leave you, and you will find that you are face to face with God. The years will melt away and eternity will blot out time. The things of mortal sense will seem as the mist and darkness of the night

*** "I have taken treatments of you and tried with all my will power to quit the use of intoxicants, but it is no use for me to continue the effort."

All right, then, quit and go on to your drunkard's grave, but that will not release you from the struggles. You *must* be your own master. There is no getting out of it. The victory must be won and you will have to win it. There is no paying of debts in death. The universe would be all wrong if one man failed to win out. You are in the same fix of a morphine patient of mine. He is a man of education and knows an idea when he meets it. I disarmed him by telling him he didn't have to make the fight now. He could put it off until some other time. He could give up the struggle and die in defeat. But as sure as truth he would have to face the same old fight at some other time. It would not down. The very nature of the soul is unconquerable. All he would gain by surrendering would be a matter of time. Time is all he would gain by delay, and leave his soul in suspense. A thousand years is as one day with God. You must make the fight and gain the victory if it takes a million years. A quick, sharp fight, and your mind is monarch. Sweet is the peace!

THE BATTLE OF THE VIBRATIONS.

The battle of the vibrations!

The old readers of CHRISTIAN will remember an editorial under this heading written several years ago.

It is being fulfilled.

It is not a question of doctrines, but of vibrations. What is the vibration?

The freedom of the individual.

Humanity is being moved by this vibration. In some places it results in Socialism and Anarchy. It is a movement of the individual for personal freedom. It means the utter destruction of all institutions founded on autocratic authority. It means the shaking of the foundations of all the old institutions. In the New Testament it is called the fall of Babylon. Babylon is the City of Confusion. It is the opposite of the New Jerusalem, the City of God.

Babylon is ruled by authority. It is maintained by physical force. It is governed by money. Money that can hire men to use guns and clubs. The real physical force behind policemen and soldiers is Mammon. Mammon is the wrong use of money.

The opposite of all this is the City of God. It is ruled by mind. It is governed by thought. Men and women walk on streets of gold inside of walls of Jasper. It is the right use of money.

The keynote is the illumination of the individual. Christianity offers this illumination. No other vibration will supply the illuminating oil. "The light of the knowledge of the glory of God in the face of Jesus Christ." This is the vibration, and you will be ground to powder unless you come into it. God Almighty is walking in the world. His footsteps are felt in the jar and movement of the old dust-covered institutions.

I stop long enough to insert this from the Associated Press:

"Jacksonville, Fla., December 1.—The case of Helen Wilmans Post, a 'mental healer' of Sea Breeze, Fla., which has been pending in the United States court for six years, was ended to-day. Mrs. Post filed an affidavit that she is suffering from acute inflammatory rheumatism which she can not cure herself.

"She paid the fine of \$500, promised to cease the use of the United States mails in carrying on mental healing and was relieved from the sentence of thirty days' imprisonment. Mrs. Post is now 75 years old and broken in health."

Helen Wilmans went down in the battle of the vibrations. Many hearts will ache over her defeat. It is a time for heartaches and also for rejoicing. Let the Lord Christ walk on the waves and say, "Peace be still," when the time comes for the storm to cease. But let the earth quake and the mountains fall until the old institutions are utterly destroyed. We have had enough of mortality. There can never be a reign of the Christ while the institutions hold the reigns of government over the individual. The institutions, as I have shown you, are Anti-Christ. It is a battle between Jesus Christ in the individual and Anti-Christ in the institutions.

There is no help from new institutions. The most pitiable examples I have had have come in letters from Christian Scientists.

They are bound hand and foot. They are gagged. There is no reasoning with them, and yet some of them have had a glimpse of the Truth as it is in Jesus Christ. They will go down in the battle of the vibrations. Only the free individual can walk the waves and survive the earthquake that is now rending the mental world.

It is the end of the world.

The end of the world is not the destruction of the planet. The material star will shine on forever. There can be no destruction of the physical planet. It is the end of the mental world. The battle of the vibrations is the combat between the light of the individual and the might of the institution. It is the great battle of Gog and Magog. It has all been told in the revelation of the prophets.

Let us stop long enough to read another clipping from the Associated Press:

"Rome, Nov. 19.—The pope has received personal letters containing threats that he will be assassinated in the apostolic palace, as a protest against the present organization of society.

"The anarchists, it is added, are ready to employ every means to destroy all institutions supported by religion or by military forces."

Italians will destroy the very institutions which they have fostered. No wonder the descendants of the old Romans are rising against autocratic authority. They have been driven with the sword of power for thousands of years. Like sheep they have been led to slaughter. Mind and body have been used by priestcraft and kingcraft until the will of the individual begins to assert itself. They know no other means than physical destruction.

Jesus Christ is the Savior of the individual.

He can not save the individual without destroying the institution. The institution crucified the Christ. They have been crucifying him from that day until this one. He said that this was their day. They scoffed at the man on the cross and taunted him, saying, "save yourself." Beware of taunting the man who is on the cross. His day is certain to come. The day of Jesus Christ is at hand. His hour has struck. "Woe, woe unto the inhabitants of this world!" The man on the white horse is still riding at the head of the procession. This procession has passed around the mental world and is coming back from the other way. The man who started at the head of the procession is still in the saddle. Read the 6th chapter of Revelation and then read the 19th chapter. It is a mental movement. How is this Man to conquer the world?

By thought waves.

It is not by bombs or bullets. Not by battleships in the air or on the water. Not by violence of any kind. Just vibrations. The King of kings and Lord of lords does not use violence. Let your president send his message to congress commending war in the name of Christianity. He does not know any better. Christianity is above the thought of mortality. The man who embraces Christianity must be born again. His first birth unfits him for seeing beyond mortality.

While mortal military men are talking about battleships in the air the Son of Man is coming by vibrations of peace. But these vibrations of peace are the most terrible things that ever happened to humanity. There is more dynamic force in the thought waves of Jesus Christ than in all the armies that ever marched on the face of the earth. Is he coming in person? Yes, in many persons. He will not come in one person to the exclusion of other persons. Christ in you is the hope of glory. It is not King Jesus, but King Spirit. It is not a Prophet, but the Spirit of all the Prophets.

In this fight you don't fight. Your power as Christians is the power of repose. Your standing still moves the whole world. Follow the man on the white horse and say nothing. There is a Christ in you who is the prince of peace.

Be still!

This man Jesus Christ came into the world to save it. He is doing the work. It is a process of slow unfoldment compared to the conquests made by violence. Kingdoms established by violence are destroyed by violence. The Kingdom of Jesus Christ is to come through the unfolding Spirit. It is an everlasting Kingdom. It is right here now on this earth. All you have to do to know is to come into the Christ Consciousness. It is not a kingdom outside of you. It is a kingdom within your own mind. The coming of the Christ is the coming of Christ Consciousness.

Listen to these words of Charles Fillmore in December *Unity*:

"It is not for us to quarrel with the conditions of the world, nor take upon ourselves the burden of righting them. That is a long, circuitous route into the Kingdom, and those who are choosing it have many weary years of waiting before them. We are to accept that which is now prepared for us. The feast is ready, and the invitations are out. This is no longer a parable, but an exact statement of that which really exists in the very atmosphere of this planet. There is a state of consciousness, which can and is being attained by men, where all things are provided to fulfill the desires of the regenerated souls. It is not removed to some problematical heaven, nor is it on some distant planet, but right here in our midst is the form and substance of that condition promised by Jesus Christ. It may not be described in words, but it is substantial and may be seen and felt by those who are open to its first faint droppings.

"The day is not distant when this Kingdom will have its place in the geography of this people, and those who have chosen it will be known to exist under laws and through means beyond the ken of the Adam man. The way into this Kingdom is through the mind, and its doors all open in response to words."

Did you ever hear anything like it! "The entrance of thy word giveth light." Light is the essential element in regeneration. The man on the white horse used a sword, but it was a sword which came out of his mouth. Jesus Christ is conquering the world through words. These words are spirit and life.

Regeneration is in the air.

It has come into our mental atmosphere. Jesus Christ is saving those who through fear of death were all of their lifetime subject to bondage. Life moves in a silent way.

The blowing of trumpets and the crash of worlds is a pictorial way of expressing the silent movement of the Spirit.

Here is an item from the Associated Press which shows the way regeneration will come:

"Middleton, N. Y., Dec. 20.—E. C. Tice of Wallkill, this county, more than 60 years of age, is cutting his third set of teeth. Several have come through the gums and the indications are that others will soon appear."

It is getting to be a common thing for a person over seventy years of age to cut new teeth and receive new sight. Here is a man that begins at sixty to renew his body. The age of sixty, according to Oslerism, is the time when men ought to be chloroformed. In the Christ Consciousness the age of sixty will be the end of infancy. At the age of sixty a man will have received his primary education and be ready to enter into manhood. Three is the number of perfection and a man ought to cut his permanent teeth at about sixty years of age. The third set should be the permanent teeth and the body perpetually renewed by the mind.

Spirit or the Christ Consciousness is determining who shall come into this kingdom. It is the survival of the fittest. There is a mental evolution. In fact the external evolution is but an outward indication of the deeper law of Spiritual unfoldment. A man is fit for the kingdom of Heaven if he is in the Consciousness of Jesus Christ. It is not a question of morals, but of minds. "Let that mind be in you which was in Jesus Christ." "We have the mind of Christ." You have heard all of this before? So you have in the form of religion. I am talking science. You were taught in religion that Jesus had a kind of goody-goody mind. He was an insurrectionist, an outlaw, a rebel against the religions and institutions of this world, but he didn't use a club. He used words.

Get into the vibration of Jesus Christ.

This is more than being good. It is being. To really be is to be good. For whatever is, really is, is right. It could not be otherwise. Evil has no real existence. It is inverted good. So all you have to do is to really be, and your morals will take care of themselves. Sin and sickness are Siamese twins. The devil and disease are boon companions. Life and righteousness are one and the same. I am talking about real life and not an artificially stimulated caricature. The illumination of the Spirit does not cause a rush of blood to the head. The light of truth will not upset the nerves. It does not fill the mind with pipe dreams of personal greatness. It shows you the mighty sweep of the universal Spirit.

"Jesus Christ the same yesterday and today and forever."—Heb. xlii, 8.

Jesus Christ yesterday.

Jesus Christ to-day.

Jesus Christ forever.

He is not the head of an institution.

He is not the founder of a religion.

He is not the originator of an organization.

His name was Adam Earth.

His name is Adam Christ.

His secret name is The Word of God.

He is the First Born from the dead.

The Beginning and Ending of Unfoldment

"Let them have dominion."

This is the promise of God Almighty.

It means they will have dominion.

Adam Christ will own his own planet.

And with Him is Eve the Mother of Men.

And with Her and Him are all of us.

In the beginning was the Word.

The Word of God is God.

Jesus Christ owns the Earth.

An Absolute Monarchy ruled by Love.

The Church of the Living God is the Human Family. Christ is the Head of the Family, for He is Adam. Let us read:

"For this cause I bow my knees to the Father of our Lord Jesus Christ, of whom the whole family in heaven and earth is named."—Ephesians, iii, 15.

Jesus Christ, being the first and second Adam, is the Head of the Human Race, and, being the Son of God, is connected with the whole family in heaven as well as earth. This is not a theological fiction, but the facts as they stand in this wonderful unfoldment. All the promises of God are yea and amen in Jesus Christ. It couldn't be otherwise. God makes no failures. Not one member of Adam's family can be lost. "He is made Head over all things to the Church which is his Body." Of course it is his body, for He is the Everlasting Father of us all. There is quite a difference between being the Head of the Human Family, the natural and spiritual Head, and being the founder of an institution. The Church of Christ is as natural as nature, and this is the reason why Jesus Christ never organized a church and never authorized any one else to organize one.

God created the Church when He gave birth to Adam and Eve. He promised them dominion, and God always keeps his promises. "For as in Adam all die, even so in Christ shall all be made alive." All be made alive! All, all, not a single soul left out of the count. Are you a son of Adam? Then you are a Son of God.

The whole race will be quickened by the Spirit. No wonder Jesus Christ said to the Jews "Is it not written in your law, I said, Ye are gods? If he called them gods, unto whom the word of God came, and the scripture can not be broken; say ye of him, whom the Father hath sanctified, and sent into the world, Thou blasphemest; because I said, I am the Son of God? If I do not the works of my Father believe me not."

Unbroken scripture!

When I speak of this unbroken record, this one Body, the Church of the Living God, I am talking about white people. That mixture, that adultery, between the sons of God and the daughters of men (monkeys?) has yet to be explained. It is the abomination of desolation, the mystery of iniquity. The battle of the vibrations will separate the chaff from the wheat, the sheep from the goats. The only sin of the world is adultery, the mixing of that which ought not to be mixed. It is the hell fire through

which the planet is now passing. Jesus Christ is able to redeem and exalt His own people. They know His voice. "Come out from among them, and be ye separate, saith the Lord."

Jesus Christ is not an accident!

The descent of man is also the ascent of man. There can be no evolution without a corresponding involution. The first Adam became a living soul; the second Adam is a Quickening Spirit. Is that good science? It is also in the New Testament. "He that descended is the same also that ascended up far above all heavens, that he might fill all things." Eph., iv, 10. There is your evolution and involution. You will find it all in the unbroken scripture.

This is the light of knowledge. Let it fill your whole body full of light.

The keynote this month is sight.

It is not light but sight. What is the use of light without sight? It may be very lovely for light to shine into the dead crevices of the Grand Canon where no eye can see it. It may be all right for light to shine on dead worlds, if there are such worlds, but I don't think so.

Light is for sight.

The eye and light are for each other. Now what are we going to do with our new and powerful lights unless we have also a new illumination from within? It means more sight for our increase of light, or no sight at all. It is greater illumination of the individual or total darkness. God! What a statement this is of Jesus Christ:

"The light of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light. But if thine eye be evil, thy whole body shall be full of darkness. If therefore the light that is in thee be darkness, how great is that darkness!"

What an awful statement of science! Did some one call Jesus Christ and the New Testament a back number? Did I hear somebody say something about new thought? Go to, ye silly asses! The New Testament was published yesterday, and Jesus Christ is talking today.

O Son of God, quicken the word in me!

Thy whole body shall be full of light! If there is light in you, but if there is no light in you, how great is the darkness! The sun shines in full-orbed splendor. The hills and the valleys are glorious in the sun. The mountains and the oceans are full of splendor from the Great Light that rules the day. But you see it not! You are in total darkness! The night is turned into day and the electric lights illumine the streets of the city, but you see nothing. The light in you is darkness, and, therefore, the light outside, all the light in the universe is useless. You can't appropriate to yourself one ray of light from all the stars and suns that glow in the illimitable ocean of eternal ether.

"Thy whole body shall be full of darkness."

There is no health without light. All your dark body is diseased. Not an organ will function naturally. You call it rheumatism, cancer, consumption, dropsy, obesity, constipation, baldness, indigestion, and a thousand and one other names. There is but one name—darkness! Light is Life!

HEALING VIBRATIONS

Modern methods must be used in mental healing, but the principle is as old as mind. I give treatments for all kinds of sickness and troubles, including poverty. Poverty is a disease. It can be cured by mental treatments. I divide my work into three divisions, but all leading to the same purpose, namely, your Health, Happiness and Prosperity.

I. Treatments are given to CHRISTIAN. For many years persons have testified to splendid results from the paper itself. They use it as a medium for the Healing Word. I treat the paper while preparing copy and reading proof, and send it out charged with Healing Thought. You may apply the paper to the body or the parts affected, or you may hold a copy in your hand while receiving the Healing Vibrations. Jesus Christ used mud. Paul used handkerchiefs and napkins. James used oil. Shelton uses paper.

II. Treatments are given to persons who are enrolled in the Circle of Christians. These treatments are given every morning, but at no other time in the day. Persons enrolled in the Circle of Christians are expected to remain in the fellowship right along year after year. The treatments are given for business success, love and marriage, health and happiness. The terms are One Dollar per month, or Twelve Dollars a year.

III. Extra treatments are given for urgent business, distressing sickness or any other exceptional conditions. These treatments are given at all hours of the day or night. They are not different from the regular treatments given in the morning, but are given oftener, sometimes every hour. The terms are Five Dollars per month.

All treatments are given for a full and complete regeneration of the body by a resurrection of the mind.

Two copies of my book or one subscription to CHRISTIAN given for every dollar sent for treatments.

Remit by Money Order or currency in a Registered Letter. Enclose a self-addressed and stamped envelope.

I make no promises.

T. J. SHELTON

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