



Christian

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Regeneration of the Body by the Resurrection of the Mind

LOVE

“HE THAT LOVETH NOT KNOWETH NOT GOD; FOR GOD IS LOVE”

What is the difference between faith and love?

Faith is the action of the individual.

Love is the vibration of the universal.

“Faith which works by love.”

Faith is the action of your own mind.

Love is the response of the universal Mind.

Faith is the substance of things unseen.

Love is the very essence of being.

It is the song of the bird.

The colors in the flowers.

The music of the spheres.

It is the vibration of life.

It is the greatest thing in the world.

In it we live and move and have our being.

Love is the Joy of Living.

It is as free as the air that you breathe.

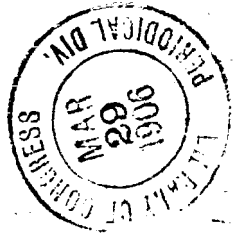
You accept it by faith.

The substance within you appropriates the universal to yourself.

“Whoso eateth my flesh, and drinketh my blood, hath eternal life.”

The life of the individual is the universal.

Love brings you to the real Lord's Supper!



ITEMS AND IDEAS.

*** "The Menger."

*** San Antonio, Texas.

*** Is our present abiding place.

*** It is the first of March and the weather is like our June.

*** It is certainly the finest climate on earth and a glorious old city.

*** We made a side trip to Galveston to see the great sea wall. And spent a very pleasant month in Houston.

*** We may stay here for more than one month, but it is better for you all to write to Denver. This leaves us free to leave when we please.

*** We are making wonderful headway in our work of healing, and for this reason, if no other, we will never tie ourselves down to any one place. We will go home when we feel like it.

*** My first book, "Vibrations," is out of print, and will never be republished. I can't supply a single copy to anybody. When I say two books it means two copies of my "I AM Sermons."

*** I have had to give orders to the mailing clerk to mark off those who are behind for more than two years. Look at your tag. The first figure is the number of the month, the cipher, and the other figure stands for the year.

*** "Why didn't you give me credit for ten years when I sent you that ten dollars in 1902?"

Because you didn't ask for it, so I credited you with one year, and gave nine subscriptions credit on the sample list. If you don't see what you want, ask for it.

*** "Knowledge consists in having a Stenographer who knows where to find the thing."—*The Philistine*.

Aye, aye, and knows how to spell the thing when she finds it.

*** The absent-minded Christian is a misnomer. You ought to be ashamed of yourselves while students of mental science to make so many blunders. I get money orders made to Clarkson, instead of Denver, using my street instead of my city. Then you forget to give your address. And you order your paper changed without giving your former address. Practice mental science in small matters. Be faithful over a few things and you will be made ruler over many things.

*** "I was disgusted with myself when I remembered that I had bluntly stopped CHRISTIAN with the December number. You will forgive my bluntness. I like you more as I see your foundation and growth. Like me, you see that the truths of all other systems will come to Christianity. Please send me CHRISTIAN. I was delighted with the two numbers that you sent me gratis."

Such is the way men sometimes do with CHRISTIAN. They get into a fret and order it stopped, and before I can get their names to the printers, they change their mind. I have often told you that there are seven thousand on my list who have been there for more than seven years.

*** "I enclose money order for sixteen dollars (\$16). One to apply on CHRISTIAN to 1907, five for the Spirit Life message in June number, and ten for the inspiration of your healing and vibrating Word."

This man sends, in February, 1906, five dollars for the message he received in the June number of 1905. This is the spirit of the Christians, and as they sow they will reap. Many Christians will voluntarily send me money for a single article appearing in the paper. It is not for mere words, but for the messages of truth and the vibrations of the Spirit which they feel as a personal gift.

*** "Will you send me May CHRISTIAN, with 'Whose Wife Is She?' I want to read it. It is the only one I lost of the whole year. I hope that some one who needs it found it."

Such is the call that comes every day for back numbers of last year. A man was offering a prize for the number that had "Heretofore and Hereafter" in it. Others are seeking for other numbers. There will be many numbers this year that will be above the price of mere money. When you miss a number let me know immediately, and you are sure to get it. We keep back numbers for two months, and then send them out to new people.

*** I have a strange report to make, which really ought to be put into a long article. You remember that in New Orleans we weighed exactly at the same notch. Each of us tipped the beam at 136 pounds. My wife did not want to weigh any more, but I wanted to keep on increasing. We weighed at San Antonio, and she had lost one pound, and I gained ten pounds. This put her weight at 135 pounds, and mine at 146. It is the first time in my life I have felt that I had command of my own flesh, and, therefore, of my own destiny. Years ago I tried every known method to increase my weight and couldn't do it. I swilled whiskey and beer, and did not add a single pound. I have now cleansed my mind and body, and will reach the proper weight for my height. I tell you people these things because my word is prophetic. It is for all of you as well as myself.

*** "Here is a dollar for another month. Am very much better. Rheumatism nearly all gone. H-u-u-r-r-a-a-h-h-h! Suppose your elopement had something to do with it, too. Elope again! No use talking, your treatments are all right. I don't believe the foot baths had much to do with me getting better."

My treatments may have caused you to take the foot baths. Bear in mind that the treatments are given you for healing, and that you may be led to do the right thing. No matter how you are cured, so that you are cured. I leave all doors wide open, and Spirit may use the very simplest of remedies. You will see in another part of this paper where Spirit sent the Word to a fever-stricken patient, in the form of Mrs. Shelton coming in at the window and sitting on her pillow and telling her the Truth. *Let God have his own way.* The "elopement" has had much to do with the healing of our patients. It has given everybody a new turn and put fresh vibrations into the treatments.

*** Down in the sunshine of the South, while listening to the singing of the birds, I received the following:

"East Aurora, Erie Co., N. Y., January 29, 1906. Year Eleven, From founding of the Roycroft Shop. Dear Mr. Shelton: About all the really good people in America are 'Immortals' but you. Is it an oversight? Sincerely yours, Elbert Hubbard."

About all the really good people in the whole world, and the genuine immortals, except you, are coming into the Circle of Christians. Is it an oversight, Elbert? You had better get in on the ground floor, before it is everlastingly too late. "While the lamp holds out to burn, the vilest Philistine may return."

*** We have turned over all of our troubles and responsibilities of married life to our parents. They run the house and take care of the Baby. "Lady Blanche" says her conscience hurts her sometimes. I haven't any conscience. I removed that appendix after leaving the pulpit. Conscience makes cowards of us all, and I am brave—except when I meet a cow! Besides, we are making a convert of Mama. When I talked about you Christians, she thought it was some kind of religion. But since she has had to read your letters, in order to make credits and send books, she is delighted with you. She thinks you are the greatest people in the world, and you are.

*** It is funny to make an elopement and to leave a five-year-old baby behind to write you letters. She uses the ancient style of writing—in pictures. She made a picture of her birthday cake with the five candles. It is in four colors, and well done. Then she made a picture of her tricycle, and it looks like a tricycle. She tried portrait painting the other day, and drew a picture of her mamma and a pig. She said she couldn't make men very well, and could make pigs, so she made a pig for Dad's picture. Her mother pinned it on the wall, and chuckles over it every day. I wonder if that young one has heard about my eating at these hotels?

*** "I have given forty dollars a year out of my earnings to the church, but that is not a tenth of all my earnings. Do you think that is the reason I have not been prosperous, because I withheld what was the Lord's? Yet this same body of trustees wanted to reduce my salary a hundred dollars a year."

You see by the above question that I have to answer for everybody in the church and out of it. If you think that the Lord is a member of the church, you are badly mistaken. The Lord is in you, and you must follow that Spirit in your giving and receiving. The Lord God of you has not taxed you to support any kind of a sect. If you get for your own individual self, value received for your money, pay it to the church or any other institution that will uplift and unfold your own mind. I have had dealings with that "Lord" who reduces your salary and then wants you to increase your subscription. Don't get the real Lord, who is within you, mixed up with a scarecrow outside.

*** These Christians are surprising me every day of my life. Just listen to this letter from a young girl of ninety-one summers:

"My appetite is fickle, for only require a little to satisfy. And it seems as though I were getting a little stiff. Sometimes it is in my knees, and sometimes in other parts of my body. All this is not right, and I can not understand why it should be. I am getting weak and losing ambition. I am only ninety-one, but am younger than many at seventy. Eyesight quite good, do not use glasses to work, and do *hemstitching*."

Don't bother about the eating. It takes very little fuel to keep the fires of life burning, especially when the mind is active. Get into a consciousness of eternity and let the almanac and clock alone. Eternal life is a question of consciousness! The *mind* of the resurrection will bring the *body* of the resurrection.

*** "Large armies and navies take from the ranks of production men who should be engaged in the works of production. At present they are, for all practical purposes, idlers, just as much as tramps and hoboes are idlers, and are opposed even more to the welfare of a country, because while the tramp and hobo can be made to work or left to starve, the idlers forming the armies and navies must be supported in consequence of the governmental mandate."—*Denver Republican*.

Amen and amen! Christianity is certainly catching hold of the public thought when the daily newspapers can talk like that. Publicity is all that is needed for such ideas. The world is coming to know that Christianity means peace on earth and good will to men. We can't get peace by fighting for it. Peace must come to the mind, and men are learning it. There is a great movement for business in the world, and business means peace on earth.

*** "I would like your opinion of the law of the rhythmic breath in Elizabeth Towne's *Nautilus*. I knew Swammi Vivekananda very well and attended many of his lectures. He practiced rhythmic breath, but he died in his prime of Bright's disease. One of his sincere followers has lately died after being in an insane asylum for eight months. They claim that rhythmic breath can keep us free from disease."

You have answered your own question. If man could work out his own salvation by rhythmic breathing, or some other hocus pocus, he would have done so long ago. Every movement that man has made towards salvation has been made through the Spirit of God, and in no other way. I tell you, right now, that regeneration is a resurrection of the mind, and that is by a miracle. It is just as much a direct creation of the Spirit as the first creation was, and we had as well acknowledge it. Even the preachers have been trying to eliminate miracles from the plan of salvation and yet they go right on praying. How in the name of common sense do you expect an answer to prayer without a miracle? At the same time it is a process of unfoldment, but the Spirit of Truth is the Unfolder! "Not by might, nor by power, but by my Spirit, saith the Lord of hosts." This is New Thought, for it is fresh and bright to-day, the same as when first spoken from the lips of Zechariah. Truth is always new.

*** We went to every church in Houston. "Lady Blanche" has not been inside of a church with me but once in her life, and that was to get married. But at Houston she got a very mania for going to church. It is this way. Many years ago my cousin Jake built a church in Houston. He now resides in Dallas, but we thought it cousinly to hunt up his church. Chasing steeples became a pastime. One day I saw a steeple away over towards the southwest, and said: "That's Jake's church. It looks just like Jake." So we started for it. The way was long and dusty. When we finally reached the edifice, it had no name on it. A lady as black as the ace of clubs, and very nearly as black as the ace of spades, came along, and I asked her the name of the church. She said Antioch Baptist Colored! The town is full of nigger churches, and we visited all of them. After chasing steeples for nearly a month we found Jake's church. It was muley, didn't have any steeple!

*** "I can not tell you how much I appreciate your words concerning your great love for Jesus Christ. I feel this myself and always have. I can hardly believe you are the same Mr. Shelton that edited the first CHRISTIAN. The one I received many years ago."

I am not the same Shelton that began the publication of CHRISTIAN. I am not the same in either body or mind. I am not the same man who edited CHRISTIAN last year, and am very far from being the one who edited CHRISTIAN year before last. The transformation in my mind and body has kept pace with the growth of CHRISTIAN. Yes, yes, my dear woman, Jesus Christ is the Light of the world. He stands for all of us. He is the one redeeming feature in the history of humanity. The love vibration coming from the Christ is the highest this world has ever known. It is a wonderful way Spirit has of redeeming the world. Just loving it. Letting us drift on and on, age after age, while the loving vibrations continue to work their will in us.

*** "I will celebrate the first day of February by writing my monthly letter. Everything is progressing finely. My general health is very much improved, and so are finances, and I can see that income coming nearer, for I truly desire to be an independent Christian. I have just been reading about your elopement, and think it did us all good. My wife said she must have felt your vibration about that time, for she had a desire to elope for a few days, but as I couldn't elope with her just then she decided to wait. We will some day. This month's CHRISTIAN is fine. My wife reads something in it every morning while I eat my breakfast, so we feel as though we were starting in the day right. I want to just add that we fully appreciated your kind letter from New Orleans."

This is a sample of the genuine Christian family. They are getting thicker everywhere. From all parts of this world Christians are coming into a knowledge of themselves. As I have often said, CHRISTIAN only uncovers them, does not create or convert or proselyte. They are already in existence. The only thing needed is for them to recognize their own individuality. God bless the whole bunch!

*** "I've been pursuing peace and health with a club and threats. (I got the Word before the paper.) The chase has landed me in the wilderness of despair in a forlorn and desperate plight. I am stuck in the mud and can't get out. I wish you had some of the money that chase cost me. (I thought Shelton is good for a great many good things, but he doesn't make a specialty of health. I'll go to someone who does.) The struggle has exhausted my strength, but then there is no use crying over spilled milk."

Such is the cry of the lost souls who are in the wilderness. I have learned the Way by just such wanderings. I hold out the Word of peace and rest to all such souls. Spirit is forever saying: "Come unto me, all ye that labor and are heavy laden, and I will give you rest." It is a scientific statement. Spirit is forever in repose. Activity is in the objective world. When you want to find peace you must seek the Spirit, for the Spirit is Rest. Let me emphasize this last statement. Spirit is everything that He promises.

*** "I am wishing you could tell me how to connect myself with the vibrations of truth you are sending. I have four hours, every morning before I rise, to meditate, and it is my greatest desire to experience some of your teachings."

If you spend four hours in meditation, let your mind rest in peace. Don't try to concentrate. Make no mental effort of any kind. Just let the thoughts come and go at their own sweet will. I have just learned how to think without an effort. It gives your spiritual vibrations a chance to rise to the surface and manifest in thoughts and pictures and feelings. It is a delightful experience. Don't even try to keep awake if you are inclined to sleep. Relax every mental effort and lie still, physically and mentally, and you will soon feel the uplifting movement of the Spirit. It is not going into the Silence, but letting the Silence come into you. In letting God do the thinking, you will find your Spirit asserting itself in gentleness and stillness, which is real power.

*** "The glorious vibrations of February CHRISTIAN reached me before the paper itself arrived. I had told Mr. B. I felt sure from a dream I had, that you were away on a trip. I have been so happy whenever I get a chance to read a little in the paper. I go and read a little and then go about my duties rejoicing. Oh, how I rejoice in your happiness with your mate. *I know and understand!* I tell you—and that exquisite little wife of yours—many, many sweet loving thoughts I hold towards you in the Silence."

Yes, and there are thousands and tens of thousands, millions and billions who will understand. The knowledge of the truth is coming to the world through vibrations. It is being sent out from the sun center by telepathy. The great Mind is in communication with the individual minds. The real thought of the planet will be under the control of the Christ. This is the coming of the Christ. When people read CHRISTIAN a little at a time and go on about their work, and keep reading and reading it over until the next one comes, I know it is a *big* paper. Then the telepathy from this center to all of you is something wonderful.

*** Among the many responses from February CHRISTIAN was the following from S. A. West, of the "Master Christian," Rockport, Mo. He called at our house several years ago, and met us personally, so he speaks by the card:

"I have just glanced thru your February issue. It is fine! That packing up and getting out on a love-lark is going to do your readers a world of good! It is almost like a perceptible movement of the Earth! And Lady Blanche weighs a hundred and thirty-six pounds! This Truth is simply Immense! Isn't it!"

Immense? It is awful! A few years ago she was losing weight and almost cried about it. Now she says that if my mental treatment for increase in weight is not reversed, she will go into training like the prize fighters. As for me, my regular weight was 110 pounds for so long, that the addition of 26 pounds makes me feel fine. (Ten pounds more to my weight since this item was written.)

*** Many of you have been asking how the Silent Word does its work. The treatments are going to you all the time, night and day, without any particular hour, or the speaking of any kind of a formula. Spirit does its own work and fits the Word to each mind according to the need. Here is a sample:

"About four days after I had sent to you, H— called me to her and told me that a little woman had been to see her. She said she couldn't have been very large, for she came in at the window and sat at the head of the bed on a pillow. It seems they had a very good visit. She told my daughter that she had come to tell her to get well, for her not to fret, to take the doctor's medicine if she wanted to, that her baby would be well cared for, and that all she was to do was to let every care drop, and rest. She says they talked together a long time (without speaking) and that the lady had the sweetest, most restful voice she could think of. She told her her name was Mrs. Shelton, and that she and her husband did this work all the time, all over the world. And many other things that I have forgotten. Oh, yes, after charging her to keep happy, she said she would go, as she had to go to New York to a little boy who needed help very much. Then a week later my daughter-in-law said her little friend came to see her again, and told her the fever would be over next Tuesday, and sure enough it happened just that way. She gave a description of Lady Blanche, as I have read it in CHRISTIAN, and I know she did not know a thing about her. H— was in bed four weeks and had no serious trouble at all, didn't waste away like typhoid patients always do. She is perfectly well now."

* That letter made the tears come into my eyes. Did you ever read anything so pretty? It was just like the Spirit to make the treatments appear to this typhoid patient in that way. She was not a reader of CHRISTIAN and didn't know anything about Mrs. Shelton. Her mother-in-law had ordered the treatments. Therefore, it was a direct telepathic communication. It was the transference of thought from Mrs. Shelton's mind to the mind of the patient. Spirit not only communicated with the fever-stricken woman, but gave her a vision and the name of the one who was giving the treatments. I think it the most beautiful thing on the face of the earth.

*** "Here are two dollars for January and February. The vibrations are working perfectly, and I trust you without a tremor. You do not demand a reply to my monthly letters, but as you seem to insist that a reply should be forthcoming, all right. I love to get the few words that fall from your typewriter. Everything seems looking my way, and the pathway grows brighter and smoother. O, I tell you, there is power in the Spirit to remove every obstacle from life's journey, and to make the blossoms of hope and joy beautiful with fragrance and delight. I am very glad that I am in harmonious touch with you. God bless and keep you, for the world needs you."

It will do you good to read these words the second time when you learn that the writer is a preacher, a pastor of an orthodox church. When you reach a certain point in the higher vibrations, your own will come to you. And you will find that your own is the very best of all the people in the world. Birds of a feather will flock together, and the rule works both ways. People in a certain vibration will naturally find each other. There are no division walls of sect, party or creed that can keep them apart. I know that you know, and I know that you know that I know! It does not make any difference to me as to *how* you know, so that you know.

*** "I have read everything in the New Thought line, and have been reading and reading for many years. I buy all the books and take all the literature and yet I am not progressing. What is the matter with me?"

I think you are reading too much. You had better let up on New Thought literature and buy ten cent magazines. Mental feeding is like any other kind of eating. It is like my eating at these hotels. I pay for three square meals a day, and try to eat everything there is on the bill of fare. I begin with soup and end with cake and ice cream. The result is not always comfort. I had to stop it. I tried to quit even with the hotel-keepers, and the result was that I began to get cross. If I grunt the least bit, my wife says it is the meanness coming out. It is one of her chestnuts. However, I think she is scientifically correct. Meanness is like the measles, and when it gets "broke out" in all of us, maybe we will get well, and be as white as snow. There is an awful sight of cleaning up to be done in the human mind before we are fit for the kingdom of heaven. As to dieting, both mentally and physically, you must use your own sound judgment. Suggestion will not do. A man got up a cheap substitute for coffee, and is spending millions and millions of dollars in an attack on coffee. Coffee is a good thing. During the four years' war of the rebellion, Uncle Sam gave us coffee, and we made it strong enough to hold up an iron wedge. We drank it morning, noon and night and between meals. Use good sense. I drink coffee for breakfast and tea for luncheon and dinner. Regulate by your own feelings and taste and judgment. What is food for one may be poison for another. Any kind of an intoxicant is injurious. It is not good to drink wine or even malt liquors. But a reasonable use of tea and coffee is beneficial, and too much is harmful. Don't be hypnotized by suggestion.

*** "Dr. Quackenbos cited an instance where last June he said that he saved the life of a patient who had been given up by the physicians.

"Her condition," he said, "was the same as a death sentence—temperature 107½, pulse 160, respiration 60—and the attending physicians had withdrawn from the case as beyond the pale of hope."

He stood by the woman's bedside and said: "Adele, you can not die. Come back; you have work on earth to do. Do not dare to say it is too late. Assume immediate control of your physical function and get well."

"Gradually the mental mist cleared away," said the doctor. "The physical strength returned, and to-day the girl is perfectly well. In two other cases, moribund patients, one a judge of prominence, were recalled from death by shouting in the ear at the moment of dissolution a command to return. The method would further avail in many cases of drowning, of shock, poisoning by gases and narcotic drugs. We are literally on the threshold of discovery. Metaphysics seem destined in the century before us to demonstrate immortality on reputable scientific grounds by establishing the facts and unfolding the laws of telepathy and clairvoyance."—Associated Press.

The same Word of commandment could have been spoken without oral speech. I AM doing this kind of work daily. The Word spoken in the Silence is not influenced by time or space. Distance has no power over the healing vibrations. More and more are we coming into the vibrations of Christianity. Jesus healed the sick without seeing them by the simple Word of commandment. The healing of the centurion's servant is one of absent treatment. He spoke the Word and from that hour the servant began to recover. So that by the time his master had reached the house, all danger was past.

*** "No one rejoices more with you in your 'elopement' than I do. These bits out of your daily life are very helpful in teaching the 'how' of it in one's own case. I know you have not reached your present attainment by reclining on 'flowery beds of ease.' But T. J. is not the wonder to me that Mrs. Shelton is. To me her influence broods over the whole Circle. It seems like a miracle."

For half a dozen years the Christians who were with me in the beginning, have been waiting to see what Lady Blanche would do. It was a natural attitude. They had been watching me for years, and now a new star comes into the heavens, and they looked to see what it meant. One staunch friend wrote me about five years ago: "You should have kept your marriage a secret, for your 'sweethearts' will all leave you, as soon as they know you have found your real sweetheart." But you see they didn't. There has been a sifting. The morbid, the fault-finders, the kickers, the hysterical ones have left. The ones who were seeking the truth have remained. Lady Blanche does brood over the whole Circle of Christians. In her own quiet way she has made friends all over the planet. She didn't have to assert her own individuality and pose as a leader in order to do it. She came into her kingdom by the Silent Word. It is seldom that she does not know when a letter is coming many days before it arrives. She is not a medium, does not diagnose, read horoscopes or do anything in the spiritualistic or hypnotic line. Get that idea out of your heads. You must come into touch with her through the Silence and by telepathy.

*** "What is the most annoying thing in your kind of business?"

I don't attend to the "annoying" part of the business, but my wife says that the most annoying thing is to have people write without giving their address, and to change without giving their former address. If they don't give their full name and street address in a letter, she must go to the list and search for it. If they don't give both addresses in making a change, there is no way to find out which address to mark off the list. The new address is put down and the paper still goes to the old address. Then, there is another thing that annoys, and that is to know who to mark off the list. This is the reason why we keep calling on you to pay up your subscriptions. Many publishers have adopted the rule of marking every name off at the expiration of the subscription. This would upset the Christians more than any other method. The subscription list is in type, and is corrected every month by the printers, but we furnish the corrections. The paper is also mailed from the printing office under contract, and they pay the postage at the post office, and include that in my bill. In this way I don't notice the ten thousand postage stamps, otherwise it would give me the nightmare.

*** "I want to ask you the meaning of two dreams. The first, I saw a deep stream of water so clear that I could plainly see the bottom. The bottom appeared to be an old roadway worn deep by much travel. The other, I saw in the Eastern sky great dark clouds which seemed to be full of electricity. Lightning flashed out of them; sometimes the flashes seemed like the sun, intensely bright and round, and following each flash there was a loud, sharp report. I wouldn't pay much attention to them, but from the fact they seem so real and I feel that they are very significant."

Your dreams may have a very wide horizon. They may mean the movement of the race. The first dream signifies life, health, greater and clearer mental vision. The water of Life flowing as a river from the throne of God. It flows over the old roadway, the old, worn ruts of religion, where man has traveled so long in the darkness of the institution. The second is the dark clouds of war, confusion, strikes, the battle between capital and labor, insurrections, and the tottering of kingdoms and the fall of empires. The kingdom of God is at hand, and the old things must pass away. They will pass away with a great noise.

*** "I should have thought she was the last person in the world to be so filled with disease. She was gentle, patient, always denying disease. I can not understand how it could have come to her. What you say about her having been in the wrong vibrations for so long is something of a mystery."

I was talking about the thousands and thousands of years of these mortal vibrations. Men have been taught that disease, tribulations and death are a necessity. That we couldn't help ourselves, and that God had put us here in these conditions to punish us for our sins and the sins of our forefathers. Do you think that a few months or years of reading could change these chronic conditions? It takes a resurrection of the mind. And even after you come out of this tomb of mortality you are bound around by the grave clothes of ignorance.

A few years ago you wouldn't have thought it possible to think your way out of this mortal muddle. My mind has been raised from the dead, and yet my body of mortality lingers and hangs on to me like an old man of the sea. I know the truth, and am gradually putting off this old man. But it takes time.

*** "How can one tell about these vibrations, whether they are of the right sort? I pulsate and throb so that it makes me weak. I sometimes see things. Have seen things for years."

The healing vibrations are soothing and gentle, but they may come before your mind in the form of visions, as reported in another place in this paper. But the right vibrations do not make you pulsate and throb and cause you to become weak. Joy is the predominating element in the healing vibration. A sense of happiness, and the very fullness of peace, comes into your mind. Don't put too much stress on "seeing things," for vision is subjective. The very fact that you see and hear in dreams is a proof that seeing and hearing is subjective. Clairvoyance is proof that vision is of the Spirit. Let the visions come and go, and treat them as you would objective visions. If you do not feel any direct vibrations from the treatments, it is no sign that they are not reaching you. Let the Silent Word do its work in its own way! It may be best for you not to receive visions or to feel vibrations. Spirit knows what you can stand and what is best for you. These treatments are of such a nature that you must go on about your affairs and leave results to the Spirit.

*** "You have not heard from me for a long time, but I have heard from you through the medium of dear old CHRISTIAN, which is more precious to me than ever, though I have been receiving it for seven years and have all the numbers safe in a portfolio. This fact will show you how much I appreciate your paper. I have also the letters you wrote me since first subscribing and corresponding. January number was a splendid one. I note that you have become more 'genteel' in your expressions. You don't 'damn' any more, and I am glad of that, although I sometimes use that vigorous word myself in moments of impatience. The word looks bad in print, especially when coming from a teacher of religion. I have marked your unfoldment right along, and delight to see that you quote the words of Jesus so frequently."

This is from a good Canadian Christian. Thank you, my friend, but I am not a teacher of religion. Religion is a relic of a heathen age. It came up from men who were scared of the thunder and worshiped snakes and other creeping things. It came from the age when men made hideous idols out of wood and stone. Jesus did away with the whole thing by telling men to worship God in Spirit and in truth. Nevertheless, the feminine of me says it is not "good form" to swear. She is trying to make a gentleman out of me, but I know she sometimes swears under her breath—or feels like it! The language of the time and the hour fits my thought.

*** "I surmise that in Conable this ideal has been obscured by the dust of past explosions, so he is almost afraid to acknowledge such an ideal. He turns his back upon it and tries to realize a true love marriage under the name of business! Shelton, being a man of faith, pushes on through his broken theories, still seeking

his ideal."—Elizabeth Towne, in the *Nautilus*.

Say, Elizabeth,—Lizzie,—Libbie,—Betty,—Betsy, if you had said that some of my expectations were exploded, there would have been no controversy. My expectations have exploded in a regular bombardment for many years. It is because we have a fashion of dictating to God. When the Spirit makes certain promises, we want to help the fulfillment. Therefore, we fill our minds full of all kinds of expectations and when they are not realized, we think God has made a mistake. Yes, my beloved, I am a man of faith, and my ideals shall be fulfilled, but my expectations will not always be realized. I expected the Spirit to fail in running CHRISTIAN without second class postage, but he didn't. Every day of my life it comes to me that I do not know as much as God. As a general thing we think we know more about his affairs, and can help to fix things, so that he will not fail to fulfill his Word. We forget that God is able of these stones to raise up children unto Abraham. You women are hard to handle. Since the day of that first one, Eve, Eva, Effie, Evelyn, or whatever her name was, we have had trouble in managing her. The unexpected in women upsets many prophecies. But, bless her, we couldn't ascend into the higher vibration without her wings!

*** "I have known a peace this last month I never dreamed of before. I have no one to talk to who understands, and I am terribly dumb in matters relating to Spirit. I expected to be conscious that you individually were reaching me, and though I knew I was gaining every day, I was a wee bit disappointed. About the middle of the month I happened upon a paragraph in a back number of CHRISTIAN in which you said that unless your help reached us as a part of our own thinking, it would do no good, and then it was all clear."

Let me impress on your mind the fact that the treatments must come up into your own mind as a part of your own thinking, and that they are never my own thoughts. Now get that word "own" right. It is not the transference of my mortal thought to your mind. I give the treatments while in the Spirit, and the Word comes to you in the mind of the Spirit. I never know just how the Spirit is going to give you this Word. Here is a case in point. I gave a lady treatments for chronic constipation, and she began to have a thirst for lemons. The stronger my treatments, the more she wanted lemons. I told her to eat lemons every day, for it was the Spirit leading. She did so and was entirely cured. It would not do for me to prescribe lemons, for they would be poison in some cases, but the treatments led this woman to get the thing her nature needed. I give the treatments and leave results to the Spirit, and that is the only way that genuine healing can be accomplished. Jesus anointed one man's eyes and told him to wash in the pool of Siloam. That was the only case on record where he made such a condition for blindness. All the blind men in Jerusalem could have run to the pool of Siloam without benefit. Therefore, you must not all run toward lemons. It may not fit your case. Let the Spirit lead.

"THAT WIFE OF MINE."

I have said that time is good to the truth. It is fatal to falsehood. If the truth is in you, there is no power in heaven that will hinder its unfoldment. And there is no power in hell that can hinder its unfoldment. All there is in heaven is for you, and hell is also a help. You get help from above and below.

What you people are asking for is the truth. Individuals may come and go, but the truth goes on forever. The rise and fall of a mortal individual is nothing. We bury them every day. We hang some of them every day. And a good many escape who ought to be hanged. So the coming and going of the mortal is like a shadow.

But the coming and going of an immortal makes a mark on the mind. That which is of the truth is of interest to all of us in time and in eternity. Every record of an unfolding life in the immortal individual is worth something to others who are in the same Path. This is the reason why I have given you freely all of the meanderings of my mind. It was your right to hear the good and bad of my mental unfoldment.

In the mouth of other witnesses we establish the truth. You all know Flora Paris Howard, of Los Angeles, California; 1302 South Figueroa street is her address. As an author and public teacher of mental science she is known on two continents. She has recently returned from a successful lecture tour in England. All of you older readers know of her and her book. Well, what of her? She was at my house and was known to me personally for several years before I met my wife. We did not always agree on every point. The fact is, she thought I was up in a balloon. She as good as told me there would be an explosion. She did not come right out and say so, but I know she thought I would go up like a rocket and come down like a stick. Last month she wrote a private letter to my wife. I asked her, by telepathy, if I could quote her words in CHRISTIAN. She gave her consent. This is what she said to Mrs. Shelton:

"I must write you. It has been in my mind to do so ten days or more. I am compelled; you understand what that means. It came to me in the stillness. I write it to you privately. Since you joined your forces with Shelton he is a changed man on all lines. I see it and feel it. You did it by keeping still. You once wrote a short article in CHRISTIAN. A. P. Barton went for you, and Fillmore, too, I think. You kept still and did not write again. You did more by keeping still than you could have done any other way. I have watched you from the beginning. I saw Shelton the day he telegraphed you. I saw him again after you had come and gone back home. It seems to me that you have moulded him all over, and you have. I don't know as either of you realize it, but nevertheless it is true. Your wonderful power lies in perfect stillness. I think you are a marvel of power to get there, and keep silent, and do what you have done for Shelton. His writings are clearer and stronger and more in the line of truth. Having clearer perception. Not running after this thing or that thing, but stays at home in his own soul. If you could have

seen what I saw, and felt what I did, of your power, you would understand that you are the silent force that is far more potent, because of its silence. You would understand something of my feelings for you. You have made the ground solid under your own feet, for yourself and for him, and for others. You know the background of a picture decides its worth; so the power behind the throne rules. You are that power. You have proved yourself to me, and I think to others. May you prove yourself in the future as you have in the past, and the omnipresent good be with you."

That is a just criticism. At first I urged my wife to write for CHRISTIAN under her own name. That one article called forth criticisms, which caused her to retreat. The whole environment was changed to her. She was not a Christian Scientist, Mental Scientist, or any other kind of a scientist. Spirit sent me a woman outside of the camp. She had not been raised in religion. And had no mental fads of any kind. She had gone through the investigation of Spiritualism, and other kinds of isms, and came out a skeptic. It has been reported that she is a Catholic. She was educated in a convent, but was never baptized or in any way connected with the Catholic church, or any other kind of a church. She was ready to accept of the truth, but demanded proof.

She did not stop writing after that first article, but has kept right on. The whole of our work is put into one name. She has written many, many splendid things for CHRISTIAN, and they were known as my own. Our minds have been steadily blending into the one mind. If I dictate an article for CHRISTIAN, and there is the least jar in the receiver, I stop and ask what is the matter. I steal more thunder out of her good letters to you than she ever gets credit for. Spirit directs all of our affairs, so when it is for her to answer a letter she answers it. If it is for me to answer, I answer. So we are both editors and publishers of CHRISTIAN, and both write letters to you, and all under one name.

She does not dictate to me as to what I shall write, but I can always feel the jar if what I am saying is wrong. I don't always heed the jar. And some things get into CHRISTIAN that ought not to be there. But you will bear me witness that gradually the masculine and feminine mind are blending into one. The thought is, as Mrs. Howard says, clearer and stronger for her coming.

It is not as if she came like Minerva, full armed and equipped to mould me. It is a growth. A mutual unfoldment. The influence of the gentle spirit, and the right one, over my own mind. There is nothing like it in all of my experience. Every promise made by the Spirit is being fulfilled. All the misunderstandings are being corrected, and the inner consciousness coming to the front. When you are disturbed and uncomfortable, you may know there is something wrong.

Let me impress this upon the minds of men and women who are trying to live their lives together. Anything which annoys and disturbs is a symptom of disease. It is a

mental disorder which causes people to be uncomfortable in each other's presence. You can't settle it by snapping and snarling and fighting about it. That helps to emphasize the fact that something is wrong. But better fight it out, than not to get out at all. Stagnation and dry rot will not bring you out of anything. Movement demands action. If you inquire into the causes. If you will investigate and find where the wrong lies, you can put it away. Don't blame God before you thoroughly investigate matters.

I wish to emphasize Mrs. Howard's statement, the power of silence. Controversy sharpens the intellect, but poisons the heart. I don't think any one could state the case better, or in fewer words, than Mrs. Howard has done. She has put the very essence of truth in her letter. The little woman had a big burden to carry when she came to me. You must remember the fight that was made on me. It came while we were yet strangers to each other. It was a fierce battle. Only the truth could have prevailed. CHRISTIAN would have been gone long ago, if the Truth had not been in it. In the darkest hours, she went about the house in stillness. When she did open her mouth, it was to utter brave words. I was not as calm and serene and self-possessed as I am now. I didn't know but what everything was going to the dogs. It was a test. It was more of a test to my faith in Spirit than my struggles with appetite.

At the same time she had to face the facts in me. I was going through a physical change. I will not recount the many things which I faced in my own physical body. All that time she was the fixed star of my destiny. Now, that we have come through the storm and the battle is over, peace is assured, we can see the clear light of Truth. CHRISTIAN has been born again. The new birth has come to the man and the paper. It comes very nearly representing the ideal which was before my mind at the beginning. All of the chaff and rubbish has been burned in fire. I know more and more what Paul meant by saying:

"Every man's work shall be made manifest: for the day shall declare it, because it shall be revealed by fire; and the fire shall try every man's work of what sort it is."

My work has been tried in the fire. God only knows how hot the fire was while it was burning! It was a furnace of purification. There are a few thousands of Christians who have passed through the same fire, each in his own way. The Circle of Christians is the greatest movement of modern times. The greatest because it is individualistic. It represents Christianity. Christianity is the resurrection and regeneration of the individual. Every step that I have taken from the day I stepped out of the pulpit until this present hour, has been an unfolding of the Spirit. I admit that I was like a wild bull in the china shop. But I was an honest bull, and the shop didn't amount to much anyway.

I AM twofold in my power. I AM male and female. I was created in the image and likeness of God. This creation is an unfoldment. That which is subjectively true must come into objective manifestation. It is because She Whom My Soul Loves is mine, and has always been mine, that she was able in the stillness of the Spirit to help me to climb to a higher vibration. The greater heights are still above us. But we can see the tops of the mountains. They are sun-tipped, and rise into the higher and purer spiritual vibrations. It is only a question of time when all the promises made in the subjective will manifest in the flesh. I thank all of you for the help you have given me, even those who condemned. Adverse criticism is sometimes the very best help you can receive. "Blessed and holy are they who have part in the first resurrection." We have part in this first resurrection. It has come into our minds and is slowly but surely manifesting in the physical. Spirit has not made a mistake. No matter how we may blunder and make mistakes through mortal mind, the Spirit holds us to the truth.

What is that to you?

What has this to do with you and your wife? What has my unfoldment to do with you and your husband? What is all this to the young men and women who are not husbands and wives? Why should my personal and private affairs be paraded in print? I can hear what you people are thinking. That is one of the strong points in my advancement. I can hear thoughts. You have a right to ask all of these questions. You have been asking right along and I have been answering in the Silence and in print. My personal affairs would be kept to myself if they were not prophetic. They have to do with the unfolding of other lives. We are working out the principle. What is the principle? It was stated, in the beginning of revelation, in these words:

"And Adam said, This is now bone of my bones, and flesh of my flesh: she shall be called Woman, because she was taken out of Man. Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh."

These old words have a deep meaning. Every sentence and all the words of a sentence are full of meaning. Individualization helps you to understand generalization. You must remember that every woman is the Woman. Every man in the universe is the Man. It takes all of the feminine, and all of the masculine, to make the Woman and the Man. The principle of your being is the principle of all being. If anybody in this world ever understood the Bible, and knew how to interpret it, Jesus Christ is certainly that one. Turn to the tenth chapter of Mark, and read his comment on the verses I have quoted. Here it is:

"But from the beginning of the creation God made them male and female. For this

cause shall a man leave his father and mother, and cleave to his wife; and they twain shall be one flesh: so then that they are no more twain, but one flesh. What therefore God hath joined together, let not man put asunder."

Jesus says in plain words that the male and female principle is inherent in Spirit. Then the twain means the two minds. It means that two persons joined together by God form a mental union. It isn't one mind dominating another, but two minds blending in unity. It is really the forming of one mind out of two, and so making the atonement.

Paul also comments on this statement, and his comment is strong and to the point:

"Husbands, love your wives, even as Christ also loved the church, and gave himself for it; that he might sanctify and cleanse it with the washing of water by the word, that he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish. So ought men to love their wives as their own bodies. He that loveth his wife loveth himself. For no man ever yet hated his own flesh; but nourisheth and cherisheth it, even as the Lord the church: for we are members of his body, of his flesh, and of his bones. For this cause shall a man leave his father and mother, and shall be joined unto his wife, and they two shall be one flesh. This is a great mystery: but I speak concerning Christ and the church."

No wonder he calls it a great mystery. It is the mystery of all the mysteries. It is the undercurrent of being. Why is it that all men, even the wicked men, want their wives to be holy and without blemish? It is the principle of being. Every man is a Christ, and the Christ rises up in him and demands that his wife shall be spotless. It is the ideal.

Here is Jesus Christ and one of his mightiest apostles commenting on the history of creation as given in Genesis. They both agree that it is the mystery of being. Then a woman is more than a female human. She is the Church of the Living God, the pillar and support of the Truth. Then all of this revelation to me concerning She Whom My Soul Loves, was the Christ seeking his Church. It is science, the science of being, that I am trying to teach.

How far have we demonstrated this principle of being?

Far enough to know that it is the principle of being.

"And they twain shall be one flesh."

What two? Is he talking about minds, or just the yoking together of two bodies? The twain must be the two minds. That is exactly what he is talking about. It is a mental marriage. There is a subjective and objective mind. In woman, the subjective mind is masculine; and in man, the subjective mind is feminine. When the two minds are united, they form the one Mind. It is a mental unfoldment. It is a resurrection of the mind. Why are we so lopsided in our

thinking? It is because we have not recognized the unity of being. When a man says "my wife" he is talking about something within himself. The subjective mind, the subliminal self, the inward monitor in me, is my Wife. Now what is within must be made manifest without before there can be a full creation. Jesus talks about the "beginning" of creation. He recognizes the fact that there was a beginning of creation.

If there is a beginning of creation, then there is an ending of creation, a purpose to be accomplished, an object to be attained. The purpose is to make the objective man and woman into the image and likeness of the invisible Spirit. This is accomplished when there is one mind between the man and the woman. This is the Mind that was in Jesus Christ. By this he was enabled to overcome environment. He could heal the sick, cast out devils, cleanse lepers, and raise the dead. This one mind brings forth the perfect body. This mind, which is born of the blending of the masculine and feminine, is regeneration. The work begun in Eden is completed and fulfilled in the New Jerusalem.

Don't you see that the whole thing is a love story? The ideal life is a perfect union of the male and female. The beginning and end of creation is the perfection of marriage. Births and deaths are incidents in the unfoldment. The one is as natural as the other. It is a part of our experience. There are worlds where immortals dwell in ecstatic bliss, having attained the full unfoldment. Suppose you had gone through a thousand births and deaths? What is that in an eternity of intelligent existence? I say intelligent existence. The universe is founded in intelligence. It is not merely an existence, but an *intelligent* existence. The only way to know is through experience.

What are we doing?

Just letting the Spirit lead us out of the wilderness. Spirit has said that we have passed through all of the births and deaths and are ready for the resurrection. The resurrection does not mean coming out of the grave, but *coming out of mortality*. It is the coming up of the mind out of the wilderness of births and deaths. It is the real marriage which brings the two minds into unity. You know how old married couples come to resemble each other, even in physical appearance? This is on the plane of mortal mind. The blending of two minds in spiritual consciousness will change the whole environment. I am talking about the union of mentality. If my wife couldn't think, I would throw up the job. Spirit did not send me a dummy. It is the quickening of minds. The play of one mind upon the other. The action of the masculine thought in union with the feminine vibration. The history of humanity is a love story. The earth is yet to be filled with the knowledge of Love.

CIRCLE OF CHRISTIANS



The Circle of Christians is not an organization.

It is not a sect, party, church, lodge, or any other kind of institution. You do not join anything or anybody. You do not confess a creed or formulate a faith. Christianity is the inspiration of the individual. It is the Spirit of Truth unfolding in your own mind. The Circle of Christians is a company of individuals seeking for the full realization of regeneration and the resurrection.

Christianity stands for the healing of all kinds of disease, including poverty. It is a regeneration of the body by the resurrection of the mind. Healing is absolutely essential to Christianity. The healing of the physical body is the only credential offered by Christianity. Jesus did not ask humanity to accept of any other witness. It is folly to talk of Christianity without mental healing.

I AM devoting my whole time to mental healing. I teach Christianity by the Silent Word. Teaching by telepathy is the way of the Spirit. My lessons are not in letters, or in print, but are spoken in the Silence to your own spirit. In this way the Spoken Word comes up into your own mind as a part of your own thinking. It is a mental growth. The unfolding of your own individuality.

The treatments are given daily for health, happiness and prosperity. They include the awakening of your whole being and the control of your environment. The mental message is for your body, your mind and your business. It is also a fellowship of the Spirit where you receive the vibrations from all who are in the same thought. It is an independent movement of individuals led by the Spirit of Truth.

You pay from one to ten dollars per month, according to your financial ability. You may pay by the month, the quarter or the year. I give one yearly subscription to CHRISTIAN for every dollar. You send the names of your friends, or leave me to select from the sample list. Instead of the subscription you can have two copies of my book for every dollar. Send money order in the common mail or currency in registered letter. Enclose a self-addressed and stamped envelope. Don't expect more than one letter each month.

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