



Christianian

Monthly: \$1.00 a year
Single Copy, 10 Cents

Thomas J. Shelton
1657 Clarkson St., Denver, Colo.

Twelfth Year
August, 1905

Regeneration of the Body by the Resurrection of the Mind

ITEMS AND IDEAS.

*** Circulation of Christians.
*** That is a good way to put it.
*** Circulating Christians is different from circulating churches.
*** There is quite a difference between Christians and religionists.
*** Christians are personally alive and personally responsible, while religionists lay everything on the Lord or the devil.
*** You may have all of the religion that you can hold, and not be a Christian; in fact, the more religion you have, the less Christianity.
*** This talk all started from some one saying that they wanted to come into the circulation of Christians, meaning the Circle of Christians.
*** The Circle of Christians is a movement for the circulation of Christians. The little periodical called CHRISTIAN is only great because of the live Christians who circulate it.
*** Did I say "live Christians"? There never was a dead one. Christianity means Life, and Life Everlasting! It means personal and individual conjunction with the whole of life, here and hereafter, now and forever!
*** You don't have to make converts, my beloved. You only have to make discoveries. Keep on circulating CHRISTIAN, and you will discover Christians in all parts of the planet. Christians are born, not made. You can go out and make religionists with almost any kind of a creed.
*** In the circulation of CHRISTIAN, and you people are doing it to the satisfaction of my heart, remember to get consent of the person before putting the name on the paid list. It would make your heart rejoice to see the many new ones who are being added to the list. The discoveries in this world of thought are like finding islands in the midst of an unknown sea.
*** "Yes, as I read it, the advice you did not write has been with me for some time. In fact, through all this time I seem to have been working towards it."
The writer of the above got all of the advice needed without one line of it being put on paper. Some people complain of my short letters. That is because they do not know the power of the Silent Word. Letter writing is not mental healing.
*** "The last CHRISTIAN beats everything. There are parts of it that I feel like framing. Such is the applause from July CHRISTIAN."

I want to give you each number of CHRISTIAN hot from the bat. Then the thoughts will not grow cold after the paper has laid in your files for years.
*** "Are you going to your cabin in the mountains this summer?"
There will be no cabin in the mountains for us this summer. Baby will not feed the chipmunks. For some good reason Spirit is keeping us at home. But if the callers don't quit calling we will have to close the front door and go out the back way. I wish everybody could understand that my work is so peculiar that we can not entertain minds in the Healing Room, and bodies in the reception room.
*** "I just wanted to tell you that I am mighty glad that I can go to town and come back home without any whisky about me. That craving has gone. Hurrah for Shelton! It's of no use to come to you in the noise, for your power is in the Silence. In the Silence you make a fellow feel."
Hurrah for God! Just a little common horse sense is all that a man needs to make him quit whisky. There is no hypnotic power on earth equal to whisky. It is more deceptive than opium. No sensible man likes to be deceived.
*** As long as they last, you can have two copies of my book for every dollar sent for treatment, or one subscription to CHRISTIAN. I don't know how long this will last; so you had better get names onto the list as fast as possible. The circulation of CHRISTIAN should be doubled before the close of the year. What a power the Circle of Christians will be when it reaches its full growth. Everyone that you add to the Circle of Christians increases your own power and glory.
*** "You are all right! I will go right to work to build that home for my wife and babies. Help me with the Silent Word."
You bet I will help you. There are two things that fill me with delight—when the drunkards quit drinking and the bullheads begin building. Since the publication of the picture of our home, we have been receiving many pictures of other homes. Instead of having our rooms filled with photographs of people, they are being filled up with photographs of homes. Home, sweet, sweet home. There is really and truly no place like home. This means getting you a mental home as well as a material one.
*** "What is being born of water and of the Spirit? What has water got to do with it?"
Everything is born of water. Water is another name for matter. Water is the matrix of all forms of life. Spirit is the

father and matter the mother. In the passage to which you refer, water stands for mortal birth, and Spirit for the spiritual birth. When your birth is complete you will have been born out of water into Spirit.
*** "I do not like the motto at top of last page of July number. 'Every fellow for himself and the devil take the hindmost.' Now why not put it 'every fellow for his brother, and God (good) for us all.' The old way sounds diabolical, and we do not believe in a devil."
If I had put up the motto you suggested, nobody would have paid any attention to it. There are plenty of devils, my beloved. Left is a devil, and he will catch the hindmost and close the mortgage. Disease is a devil, and you want to run like the lightning to escape. Death is the devil, "the last enemy," and he has been in the habit of catching the foremost as well as the hindmost. If you stop to try to save the world you will get caught. Humanity is to be saved as individuals. "Run, nigger, run, the patrol will catch you." This is also good Scripture: "Let us run with patience the race which is set before us." Don't stop by the way to argue with other people. Part of your salvation is saving yourself from people.
*** "The Spirit made me to congratulate you on July CHRISTIAN. It is written in successive style. The best number you ever issued. I started to mark the most important items—to send to a friend—with a lead pencil as I read over the column. When I got through it, CHRISTIAN looked like a Chinese almanac. So may it ever be."
The above is from a good strong healthy Arizona Christian. I appreciate the compliment. Christians are taking the West and the Northwest. They pay little attention to geographical lines and are invading the British domain. The Northwest is going to be a mighty part of this continent. It has a peculiar vibration of its own. That is one reason why I wanted to go to the Portland Fair.
*** "I have just thought that the reason your treatments have not done me much good for years is because you give that great love you used to shed on me so that I felt it wrong, all to your wife."
You may know that it from a woman. How about the men who are my sweethearts? I have double the number of men sweethearts that I used to have so my love must be radiating. My treatments are so much stronger when my wife is present that everybody raised a howl about her absence. So my beloved, you are the exception to the rule. You must learn that love has a radiating power. The more powerful it is towards one person the greater it is to the many.

*** "I want God's kingdom! I question its possibility as long as we eat flesh. I like the taste, but it is not consistent with spiritual ideas advanced by up to date teachers. What do you think of it?"

Do you think the kingdom of God is confined to the one organ called the stomach? All of this talk about what you should eat is hobby riding. The less you think about it, the better for your health and your mental unfoldment. The mortal man is an animal, and a carnivorous animal at that, and the mortal mind is not subject to the law of Spirit, neither indeed can it be. That which is born of the flesh is flesh, and that which is born of Spirit is spirit. "Take no thought what ye shall eat," is the advice of Jesus. "Eat what is set before you, asking no questions for conscience sake," is the advice of Paul. Eat and drink what you please, is the advice of Shelton.

*** "I am getting so that I don't consult the almanac as I did a while ago. When the doctors said I could not live a month, I was looking after the minutes and valued them very highly, but now, I am not computing time. I find myself in eternity and it is a pleasure to live. I am getting lots of fun out of my work where formerly it was so irksome and discouraging. I find myself constantly on the gain and am expecting wonderful results in the future. I was always fearing the future, but now I am looking for the beautiful sunlight."

The change in this gentleman is a fair sample of what I mean by the resurrection of the mind. Old things pass away, and all things are made new. The real mind is buried beneath the rubbish of mortality. When it awakens from this hypnotic sleep the whole environment changes. There can be no other way. You must not expect health of body until you get into a healthy mind.

*** "I would like to know what you call sacrificing self. For instance, if you had a father or mother, whom you had done all you could for, and another brother or sister came in and got about all they had, then treated them badly, so they had to come to you, would it not be Christian like to take them in and do for them, even though you had to sacrifice a good deal to do it? Another question. Is it right for any of your people to come into your family and criticise and find fault with you or your family, and so make it hard and uncomfortable for you? I believe this meddling and faultfinding causes more sickness than anything else, and I think you make a mistake in trying to keep peace by standing it, but if you can't fight, what can you do?"

In answer to your first question, you must remember that I am not writing for mean readers. It would be so mean and so little not to care for your own parents, that your question is not worth answering. I agree with you in reference to the meddling and faultfinding propensities of kinsonia. But two nags will not stop nagging. It takes two to make a quarrel. This does not mean that you are not to have backbone and independence. Nagging shows weakness, and you must not do it even in Silence. A strong mental assertion in the Silence will bring peace. The motto on the last page means that you are to run your own race without interfering with other people. Keep out of other people's path, and mind your own

business. This is the very best way for you to help other people.

*** "The number is a good one, well written, but I shall use the independence of the day to assert that the keynote is some way different. Don't like the headline on Circle of Christians page. The fellow that is to be only for himself and successful in escaping the devil because he is fleet and strong. What will he ever know about bearing the burdens of the weak? Nothing is worth having that costs another pain in your getting."

Your last sentence upsets your criticism. I say that Jesus Christ suffered the death of the cross for the joy that was set before him. He endured the pain for the sake of the coming joy to be gained, and the present joy of bearing witness to the truth. We have had a lopsided view and my little motto was to bring up the other prong of the paradox. Truth is always paradoxical, and if you miss one prong of the paradox, you have a half truth which is the worst form of a lie. Bear ye one another's burden, is one prong; every man shall bear his own burden, is the other prong. The Spirit of Truth is the Prince of Peace, but he came not to send peace, but a sword. The Prince of Peace is also the God of battle. Keep both prongs of the paradox before your mind.

*** "Your reply to my letter saying that you did not receive my dollar, and that you would credit me with CHRISTIAN just the same, was very kind of you. I would not allow this, as I sent it at my own risk. I am not one of the get-something-for-nothing women. I enclose your dollar by money order."

This is very kind of you, and as I have been losing much money there will have to be a change. Ten years ago it was safe to send money in the common mail. Within the past half dozen years everything is changed. Thieves mark the mail containing money, and soon know how to rob it. No kind of treatments will prevent this, as the money is sent from all parts of the world. A letter lost in the common mail can not be traced. Don't bother your postmaster, or my postmaster, about letters lost in the common mail. It is useless. Some people send currency in the common mail and never lose it. You must be your own judge and send at your own risk.

*** "I have always been afraid to venture, even a strong demand, for the desirable things of life, and have gone through life starved for what I wanted. I've struck! I'm going to say what I want and try as hard as I can to get it."

Hurrah for you! CHRISTIAN is getting up strikes of that kind right along every month. It is my business to sow the seeds of selfishness, in the higher sense of the word.

*** "If you can sit in your room and by any means whatever control my thoughts, and through them my body, what is to prevent you from suggesting all manner of evil things? Would it not be possible to make a subject irresponsible even to committing crimes? This is the first thought suggested by your paper. Can or will you explain it?"

I can and will explain it. There is a mortal mind which is temporarily influenced by suggestion. It has no power to heal disease or change conditions. The sugges-

tions of the mortal mind generally come up by objective vision. The suggestion to steal, to kill, etc., come to the mind from the objective world. This play of mortal mind is the cause of nearly all the turmoil in the world. The transmission from mortal mind to mortal mind is never by telepathy. There must be some outward sign by word of mouth, in writing, or objective vision. The mind of the Spirit is subject to the will of Spirit, and Spirit is God. The Spirit of Truth transmits by telepathy, by vibrations, and there is no space, time or distance to overcome. Treatments by telepathy are from the Spirit of Truth. My treatments come up into your own mind as a part of your own thinking. I do not control your thoughts. I do not even command your will, or try in any way to influence you. The illumination of the Spirit inspires and instructs you in the Way! The vibrations of the Spirit quicken your will into activity. In other words, the telepathy of the Spirit awakens your own individuality and you act from your better and higher nature. "Birds of a feather will flock together," is a quaint way of putting it. The magnetic healers, hypnotists, suggestionists and other moon mediums attract their own. The Spirit of Truth sifts the chaff from the wheat.

*** "When you first began treating me I was lots worse than I had been; was just about floored. I suppose it was the devil hating to get out. But there is a decided improvement lately. And that is a plain proof that you don't need to know the particular ailments any one thinks they have. I am sure I don't care whether you know them or not, so long as you help me to a realization of health and happiness."

In many cases there is a decided change for the worse after beginning the treatments. It seems that there is a stir in the whole system and symptoms aggravated. Let patience have her perfect work and you will come out all right. There is no need of telling me the names of your ailments. I don't want to hear about sickness. I talk to you about health. There is no need of you telling me about your misery and unhappiness. I deal in happiness.

*** *The Pathfinder* stated that William Walker Atkinson had located in Pasadena, Calif., and would engage in general literary work. This led me to state that he had quit editing *New Thought*. *Unity* made the same mistake. I take pleasure in stating that William Walter Atkinson is still the editor of *New Thought*, and his picture appears in that enterprising magazine regularly every month.

*** "Now I want four dollars to send you for another month's treatment for four members of my family. I don't know where the money is going to come from, but I will try and start the vibrations by writing you a letter."

He wrote the above June 10th, and on June 15th he writes as follows:

"The money came and here it is. I guess I will just keep a letter written to you all the time."

Both letters were sent in the same mail with the four dollars. And his name is Tom!

*** It is said that God works in a mysterious way his wonders to perform, but the following shows that he sometimes works in a comical way. It was a case of music against music. A patient of mine was troubled by a half-lunatic practicing songs on the piano night and day. I told her to follow her own Spirit. She begins her letter:

"And this is the confidence we have in Him, that if we ask anything according to His will, he hears us. The Spirit told me to procure a phonograph or graphophone. I did so. Placed it in a bay window facing the one adjoining in the flat, so that she would get the full benefit. When she commenced her wailings this morning, my little man sung, 'Go Away and Let Me Sleep,' slowly and pitifully. Well, she stopped, and my little man also. She began again, so did it. Since then silence reigneth."

*** "Since writing you last for treatment for my face, I rather gave up the hope of getting better. But some of my acquaintances said to me: 'Why, what have you been doing to your face?' The lump has gone away over one half.' They claim I must be rubbing on something."

This shows that we often give up because things do not manifest in a minute. It is hard for the one who is suffering to wait patiently for a change. The ones who are looking on are more apt to give adverse criticism than they are to praise. So when they say you are getting better, and you know they are speaking honestly, you can afford to rejoice and wait patiently for the unfolding of the Spirit.

*** "I want to know what your truth for to-day is. Your truth for yesterday was O. K., but I want no dead gospel. God is, not was! Spirit has something to say every day. Spirit doesn't want me to be looking back to see what it said in you so imperfectly yesterday. It says it in you better to-day. I want to-day's and let the inapplicable and imperfect of yesterday go as being the best then, but not now."

The above was written on a postal card and mailed at San Antonio, Texas. It is to the point and shows that Christians are not stuck in the mud of yesterday. They are going on their way rejoicing. Lift up your hearts and be glad!

*** "Please enlighten me as to the exact meaning of your words in CHRISTIAN for May. 'Why should you mourn over a death? When a man dies, instead of mourning we should rejoice. The banner should be flung out and a brass band called to play, not the Dead March in Saul, but the quick March of Spiritual unfoldment. You should meet the relatives of the recent dead with congratulations, etc., etc.' I can not believe you heartless and devoid of feeling, yet this sounds very much like it. You surely would not go about rejoicing if She Whom You Love were taken away from you. Much as you might realize that the separation was but temporary, and that She was better off in another life, still the aching in your heart and the empty place in your home could not be ignored. So please tell me through your columns just what you mean. I lost two years ago a dearly beloved partner, to whom I had been united for forty-six years. It was a blessed union, and though I would not have him back in this world, still I can not but grieve at the separation and my lonely lot."

You have told the whole story in your own letter. You are glad he is gone, but you are sorry for yourself. The priests have

manufactured sentiment and played on the feelings of the people. At the birth of Jesus, there was a song of rejoicing from the angels; and at his death, there was another song of joy. The seal of the Spirit has made both birth and death an occasion of joy. Why should we depart from the spiritual revelations of the resurrection as given in Christianity? The reason is that death has been celebrated by pagan rites, and the very mourning over the dead is a denial of a resurrection. Good gracious, if they are going to go they are already gone! That which is to be is already.

*** "I notice what you say in CHRISTIAN about not loaning money. I do not see it in the same light as you do. Perhaps I do not quite get your meaning anyway. I could not follow your teaching along this line. As long as I have a dollar I am willing to share it with him who has not. I believe that was what Christ meant when he said: 'Give to him that asketh of thee, and him that would borrow of thee turn not thou away.' So have I always done and so will I so long as I have a dollar to divide."

Christianity is the government of the individual by the Spirit of Truth. It is not a government by precepts, rules or laws. The principle of Christianity is always practical, but the rules laid down change with different ages and environments. The words you quote from Jesus were spoken with the ideal community before the mind of the speaker. A few days after the resurrection of Jesus, the Christians in Jerusalem undertook to carry out this principle in their practice. They had all things in common. Men who owned lands sold them and brought the price and put it into the general treasury. One man and his wife lied about it, and in a short time there was a great row. They never tried this kind of socialism anywhere else, and it soon failed in Jerusalem. The principles of Christianity demand that you should not take an oath, and yet, I would take an oath on the witness stand rather than to seem peculiar, and to antagonize the courts. The principle prohibits the giving or receiving of titles, and yet I do not stop and quarrel with a man because he calls me Doctor. I give these as examples of where the Spirit of Truth must guide you in practice while you hold the principle in your mind and heart. I give where the giving will not injure the recipient. When we first moved into this house we gave indiscriminately. And the tramps marked the house. One man came and wanted a room for the night. So you see that the Ruler in Christianity does not rule by rules. Where the Spirit of the Lord is, there is liberty. The principles of Christianity are as deep as divine nature, and their application will come through a resurrection of the mind. It is easy to see how, for instance, the wearing of titles and the taking of oaths perpetuate war, strife and bondage among men. We have had the spectacle of thousands and hundreds of thousands of men marching to their death on land and on sea, at the command of other men. The Japs and the Russians have no grudge against each other. They are slaves of the oath and title. Let us get the principles in our minds, and hold the Silent Word for the full manifestation in

the minds of our fellows. You can't bring these things about with a club or by railing against error. It is an unfoldment of the divinity within you. When a man finds God within himself, he ceases to worship a title in another man. Christianity is the sovereignty of the Spirit in the individual.

*** "Every day out of seven he is at business, always planning for others to have their days off, but never taking one himself. And the worst of it is, it is nobody's fault but his own. I try not to long for the companionship of husband, but instead, to direct my life so that it will give some good to someone. I feel so useless. This is not meant to be complaining but explaining, so you can perhaps better help me to throw off my nervousness."

Day by day I understand the meaning of the Spirit in making my wife my business companion. At first it seemed strange, but the longer we practice the principle, the more we see the wisdom of the experiment. Instead of becoming a machine, I run the business as a kind of adjunct to our pleasure. We carry on the work together, and one knows exactly what the other is doing, and how it is being done. I know that many of you can't learn the business of your husband and enter into a practical partnership. But let all who are beginning take the hint and cultivate a practical oneness, and not a mere theoretical unity. After the business hours, and when evening comes, instead of each sitting in a corner reading by themselves, she takes up her work, and I take up our book. While I read she comments and we have a good talk over it. This fastens the thought of what we read in our minds, and so helps forward the study or the amusement we are seeking in the volume. But what is this woman going to do? The husband is a machine for the full seven days in every week. His brain is full of schemes which do not concern her. He wouldn't think of mentioning such matters to her. Her mind not being educated in that line of thought. They are no more fit for companions, in a mental way, than if they spoke different languages. His world is not her world, and if she is anything to him at all, it is a mere plaything. She could double his mental powers if he would give her a chance and educate her in his own line of thought.

*** "It is her seventy-fourth birthday, but bless me, if any one should chance to speak of her as elderly! A lady in the neighborhood recently sent her an invitation to attend a church service designed especially for the elderly people, and said she would call for my mother in her automobile, since she does not usually attend church. Mother declined politely, but said to 'us children' that she did not know of any elderly people in our part of town."

Hurrah for mother! Seventy-four! What has that to do with age? These meetings for the elderly and the constant talk about old age is an impertinence. I joined the G. A. R. a quarter of a century ago, but I have never attended a meeting since. If I had kept up my regular attendance, by this time I would have been as old as Methuselah in my feelings. They are always limping around and telling how fast the "old boys" are passing away. Let 'em pass! I'm in another procession.

*** "I believe you have understood how very grateful my heart has responded to your kindness about my new dress. That gown is a beauty. It is made of dark blue taffeta, of an exquisite shade and superfine quality. Simply made, but its beauty wins the admiration of all my friends."

Maybe you don't think I am a success in getting new gowns! I just sent out a thought for that new frock, and it came. I heal the busted knees of base ball players, whoop up the college athlete, buy gowns for the girls, help the growing crops, treat race horses, cure hogs of the cholera, and buy yachts and automobiles for the opulent. The Circle of Christians is a big department store. If you don't see what you want, ask for it.

*** "I am often in telepathic conjunction with you, and articles that appear in CHRISTIAN have flashed to my mind weeks before CHRISTIAN came to hand. Glory be to the Great Spirit! CHRISTIAN is to my knowledge the best Silent Teacher on our little planet. Go it, old boy! Keep us a 'gwine.' My success is your success."

Thanks, my dear boy, but don't you call me The Old Boy. Some people think he is my daddy, but he isn't. Being in telepathic communication with CHRISTIAN and receiving its contents before it is printed, has become a common thing with the Christians. This proves beyond a doubt that my Silent Word is received in the treatments. Hundreds and hundreds report that they know the contents of CHRISTIAN before the paper goes to press.

*** "You are tearing away a mass of the musty, dusty cobwebs—and letting in God's sunlight. You may not be exactly right today, but you do at least set a great mass of people thinking, and you always have the privilege which belongs to us all, of being nearer right to-morrow than you are to-day. I am very suspicious of people who do not change their minds. They certainly can not be progressing very fast. How well you are learning the lesson of the 'giving that is gaining.' Indeed I am not sorry that you have so many demands made upon you. Your reward is flowing in upon you like the resistless tide of the old ocean. In my soul I envy you. I count myself a partner with you in the wealth of blessing that we human divinities enjoy. Else how should life be so beautiful to me, and how should I feel 'heaven's glory' to lie all around me and within me all the day? And I have not failed to send to youward my own messages for your helping. The heart contact of divine with divine makes wondrous powerful vibration—does it not? And now I want to be on the roll and enclose my dollar—for health, happiness and prosperity."

The above is a sample of the new Christians made by putting people on the paid list. This writer was made happy by one of the Christians sending her name. Keep this up, my beloved Christians, until your own circle radiates the Light. You see this new reader was not shocked, but pleased, at minds that are capable of changing. She has entered heartily into the fellowship of all of us, and has sent a name with her first contribution to the Circle of Christians. So the good work goes right along every day. It is the "giving that is gaining," and everybody is made the richer for the gift.

*** A man wrote a letter asking me to interfere in a love affair of his brother. He sent a dollar to have me break up the alli-

ance between his brother and the young lady. I gave him a pretty strong mental talk to mind his own business. He got the mental message before he received my letter, and wrote: "I have decided that I did wrong and would like to have the dollar credited to myself for treatment. Am sorry to have bothered you, but all are liable to mistakes." That is what I call direct telepathy with strong vibrations. There is absolutely no such thing as space in the world of Spirit. All of the so-called space between forms of ponderable matter is filled by Spirit. The material scientists call it ether. Why not say Spirit and be done with it? There is nothing between you and me except Spirit. This is the reason why there is no sense in bringing your physical body into my presence when you want treatments. Some of you write saying that if you could only see, you would improve more rapidly. Well, you wouldn't. If you saw the physical man, your feathers might fall. We would be sure to be disappointed in each other. I would see your feebleness and you would not feel the same vibrations of power from me that you get from the Silent Word. The coming of the Truth is by telepathy. This is a direct fulfillment of the promises made concerning the Holy Spirit. "I will pour out of my Spirit upon all flesh." This pouring out of the Spirit is now called ether and telepathy. It is the same old science of the Spirit, no matter what terms you use.

*** "I am feeling very much better. Ten years younger than a month ago. Now what do you think of that?"

I think that if you do not scotch the wheels you will need a nursing bottle! That was only a joke of the jesters who make fun of spiritual unfoldment. When we come into the right vibrations we will be neither old nor young. The regenerated are the same yesterday, to-day and forever. That does not mean that the body is stationary. It is renewed day by day and so is forever in the vibrations of growth. Spirit has found a place of peace, and you have entered into that rest that remains for the people of God.

*** "At the beginning of last month you said you would fill my house with boarders who would pay well and behave themselves. The first of June found me with a house nearly full of the cream of the earth for boarders. I feel as if the Circle of Christians was indeed beginning to encircle me. Everything seems to point to real prosperity. I'm very busy, but happy."

That is a happy way of putting it. The Circle of Christians is indeed encircling you. We are all in partnership and running all kinds of honorable business. The vibrations reach from the banker to the baker. From the woman with her broom to the woman in the automobile. From the man in overalls to the man in broadcloth. In the Circle of Christians will be found the man with the hoe and the man with the pen. Glory to all of us!

*** "Surely I see more and more clearly that all is Spirit, that these bodily failings make no difference, only I do suffer so I fear I can't hold out. When the turns come I am so afraid to stay alone, yet there is no one to stay with me, and I feel that I am

not in the right place, and I don't know where the right place is or how to get there."

The writer of the above is a woman of varied experience, wide reading and splendid education. We must learn that there is something besides Spirit. You had as well take off your clothes and go out into the cold and dampness, saying "There is only my body, and the clothing don't amount to anything." There is Spirit and flesh. The flesh is the clothing of the Spirit and you must look after it the same as you would the clothing of the body. Mind has been traveling too fast for the flesh. It is like a spirited horse running away with the vehicle. There is not only danger of a mishap, but every once in a while there is a smashup. The mind has run away with the body and everything is out of tune. You have been going at too swift a pace in this mental unfoldment. Learn to be a good animal. Eat when you are hungry and drink when you are dry and look out that a limb don't fall on you, and you will live until you die. That old nursery rhyme hits the mark. The greatest achievement of mind is to learn to rest the body. Many of you women ought to cultivate laziness. That old curse, that you shall earn your bread by the sweat of your face, has kept us all on the jump for thousands of years. It is time to call a halt. The nerves are crying out for peace. Oh, you will get there all right without being in such a hurry about it. Haste is a sure sign that you are being pushed by the carnal mind instead of being led by the mind of the Spirit. The mortal mind tells you to hurry up or you will get left. The spiritual mind says that you have all eternity before you, and there is no power in hell or on earth that can keep you from coming into your own. The sign of the truth is in the poise, calmness and serenity of the soul. In my first attempt to reach the goal I wanted to get there before the sun went down. I ran hither and thither over the earth, seeking the Way. I was going right out to perform miracles and turn the world upside down in thirty days. I didn't even want to wait thirty days, but I concluded that I would wait a month or so. I have been waiting for fifteen years, and the old world is still the same side up as when I started. I have learned that the Way is in me, and has always been in me. I can't find anything by searching outside of myself. Eternity is within me. The ticking of the clock does not disturb me. The evolutions of this earth around the sun cast no shadows on my soul. Now this beloved Christian, who is afraid of the dark and to be left alone, must be introduced to herself. Then she will find very lovely company. You are never fit to associate with other people until you feel perfectly at home with yourself. It is said that the sign of perfect companionship is the ability to sit still in the presence of each other without speaking. The test of your own advancement is the ability to sit in the Silence with yourself. You get rattled in the presence of yourself, and it shows that you are a stranger to yourself. There is no better company on the face of the earth than your own soul.

*** "Sometimes I feel as though I ought to write you, but a voice seemed to say, 'Be still and know the power of the Silent Word. Don't meddle. Don't make a noise by writing.' I obeyed, and the stream of peace continued to flow through me, weaving a gentle light just sufficient for the moment. But I write now to tell your outer consciousness what the Silent Word has done for us."

I wish all of you would take this lesson to heart. You are paying me for the Silent Word, and yet you are afraid that I will not give it. You send telegrams and write letters. There would be no need of letters after the first one, for a whole year, if it were not for the financial part. We must keep CHRISTIAN going; therefore, there is a money consideration. But the Silent Word goes to you every day. This woman who writes for herself and her sister puts the thing in the right way, or rather the Spirit put it for her. Don't meddle. Don't make a noise by writing. We have depended so long on the pumping of the chin and the scratching of the pen, that we think there is no other way. You must quit beating your drum so loud! You know the savage man made a noise to scare away the devils. The way of peace is not the way of the tomtom. I used to think that I could make things come my way by walking the floor and storming around at the Spirit. I found out that it was the devil and Tom walking. I quit walking! The devil also quit.

*** "Can you tell me how to distinguish, surely, the voice of Spirit from suggestion from other minds?"

I can't tell you, but your own Spirit can tell you. It is called in Scripture, "tasted the good word of God and the powers of the world to come." The word "tasted" is used all through the New Testament to express this discerning of the Spirit. The word of the Spirit always tastes good to you. It may be bitter in your unfolding experience, but it always tastes good to the mental palate. When John "ate the little book" it was sweet to his taste, but bitter in mental digestion. Suggestion from other minds makes you nervous, uncertain, and fails to give satisfaction. You can only tell what is good for you by your own taste, digestion and assimilation. There is healthy growth and steady unfoldment from tasting the good Word of God. It accords with your real self. It merges into your spiritual being. You must learn by actual experience; just as a child learns to walk by the use of its limbs, so you must learn to distinguish the True Word from mere words by mental application. There is a peace of God which passes all mere intellectual understanding. The Word of the Spirit brings this kind of Peace. It is "the still small voice," and is not heard in the noise. I could write a whole volume and still leave you without understanding. Taste it! Keep on tasting it!

*** "I see clearly of late that all metaphysics belong to the John-the-Baptist period, even Burnell's. But you have made a long step towards the Christ Era. Oh, Shelton, I do see it and know it."

Yes, all metaphysics are in the same class with physics. I have recently reviewed the whole of physical and metaphysical science,

from the earliest Greek writers to the present hour. I went over the whole ground, and was astonished to find that they are all traveling around the same circle. The physicist and the metaphysician are both riding in the same boat. Anybody can be a John-the-Baptist in the wilderness. The wilderness is in evidence on every side, and all the shaggy prophet has to do is to cry out that One must come and lead us into the Light. It doesn't take a very broad mind to discern that we are in the dark. Any fool knows that mortality is the going around and around the same old stump. Men are born, and they die. The only road we know in mortality is that which has the cradle at one end and the coffin at the other. Metaphysicians say that a right understanding of the mind will deliver us from disease, death and the devil. But no one is delivered. The Jews shook their fists in the face of Jesus, and reminded him that they were the children of the prophets and of the fathers. The only argument that he made in answer was just three words: "They are dead." That settles the whole matter. The metaphysicians tell you that mind rightly used will bring us out of the wilderness. But the bones of the metaphysicians are in the boneyard. You must get even further than the Jesus Era. He said: "It is expedient that I go away else the Spirit will not come." How can the Spirit come as long as we are looking to the person clothed with flesh? It is not a voice made by churning the air with the chin, that will save us. It is expedient that that voice should be hushed. The Spirit of Truth will guide you into all truth. He will receive of mine and make known unto you. He shall not speak of himself, but whatsoever he heareth that shall he speak. That means that the Spirit of Truth communicates the truth to the individual. Whatsoever he heareth that shall he speak. What does he hear? He does not hear the tomtoms of mortal mind, whether called physics or metaphysics. He hears that which is within you. He is the ear of the soul. He is the Voice of Being. You must come to know yourself. Then you must follow the voice of Truth within you to the jumping off place, and jump off. There are no set rules and regulations by which you can be led out of the wilderness. Hear the voice within you, and hike to the hills. Get out of mortality by running away from the wilderness of words. Close your ears to the drum beats of all the teachers. Listen to your soul. You think that is easy to do? It is the hardest work that a man ever tried to do. Even the metaphysicians who knew the truth got so taken up with the sound of their own voices that they went the way of all the earth. This is the reason I want to pull down everything that has ever been said in CHRISTIAN and say it all over again, for fear that I haven't said it right. Landmarks in the mental world are dangerous things. The test of the whole matter is a resurrection of the mind which brings with it the regeneration of the body. If Jesus died and rose from the dead, he is the true prophet of the Spirit. If he got out of mortality, there is nothing to hinder the rest of us from

scrambling out of the charnel house. The test is not talk. It is Life from the dead. It is the smashing of the almanac and clock. It is the awakening from the sleep of mortality. One live man will do more to prove Christianity than all the libraries that ever were written and all the churches that were ever built. One man with Life springing up within him, as a wellspring of living water, is worth more than all the eloquence of all the poets and prophets.

*** "Give me strong treatments for success in marrying the man of my choice. He seems to think that the financial condition will not warrant the wedding. Make him see that money ought not to stand in the way. I fear that other people will interfere and so put off the marriage indefinitely."

Where there is a will there is always a way. It may be prudence to provide and make preparation in money matters before the marriage. However, there are many happy marriages where both parties are poor and they start together. Let me speak a word of caution to the many women who seek my help. Man is a queer kind of animal. He likes to think that he is pursuing. All game men like to hunt the woman, and if they have the least notion that the woman is doing the hunting, they will take to the tall timbers. Of course, woman is doing the chasing, the pursuing, the hunting, the catching, and man is her prey. There is no doubt about it. But the wise woman will conceal her weapons and cultivate indifference. She will let the poor fellow think that he is the sportsman. He likes to be flattered and his vanity is beyond calculation. Feed his vanity. Have all the anxiety that you can hold within yourself, but don't express it. Go on your way with poise and serenity, and prove yourself the genuine sportsman. It is all right. It is one of nature's schemes and she seems to know her own business. There is nothing holier than wedlock. Every man should own a little dirt and put a home on it to fit his financial position. Then he should seek a helpmate that would be a boon companion, and a source of perpetual joy. Two can always do better than one, provided the two are one. You double your strength when you mate with a good woman. You increase your power for good when you mate with the right kind of man. But, my dear girls, let the man do the courting. You understand that I mean let him think that he is doing the courting. When a man begins to court a woman, he stands in front of the mirror admiring himself. He gets self conscious. He is careful about his person. He wants to be clean in mind and body. There is no purifier like a woman. He feels the vibrations of love in himself and it affects his environment. He is anxious to have his clothes fit. He uses more hot water and soap than usual. He looks to his mind and weeds out undesirable thoughts. You can tell, my dear girls, when a man is in love with you.

*** You can begin subscriptions with April CHRISTIAN. All other numbers for this year are out of print. The five numbers from April to August are splendid samples to send to your friends. Let all subscriptions begin with April.

"DELIVER UP THE KINGDOM TO GOD."

"I am astonished at you for coming out in favor of reincarnation, after poking so much fun at other people about it."

I was only making fun at the foolishness of trying to identify yourself with persons in the past. When a man begins to tell you that he was Paul and Napoleon and Shakespeare and Emerson, you may know that he does not understand reincarnation.

Why is it they always choose the name of some Great One, when they want to identify themselves with the past? They never select the name of an outcast like Judas, or Benedict Arnold. Many of these are more like reincarnations of Balaam's ass. If a man should come out and say that he was formerly Ananias, and a woman that she was sure that she was Sapphira, we could believe they were honest in their hypnotism.

Let us probe to the ultimate. It is easy in the truth to go back to the final of being. Ultimate means final.

What is the ultimate of being?

The ancient philosophers named air as the ultimate of being. They didn't mean common air, but something more than the atmosphere—"it was that tenuous force which we now call ether, such as light and radiant heat—the soul of nature."

This was coming pretty close to the ultimate. Others said it was water or moisture. Pythagorians named number as the ultimate of being.

The universal is absolute.

The individual is relative.

The ultimate of being is universal. It is what we call God, and God is called Spirit. The ultimate of being is the only Being. The individual is only a word of being, an expression of the universal.

I AM T. J. Shelton, but T. J. Shelton is not the I AM.

Shelton is only a name for an incident in the unfoldment of the I AM. It is a name, a tag, a number. It is not very definite, for there is a tribe bearing the name of Shelton. Many members of this tribe have identically the same name. The other day a friend sent me a clipping from a newspaper announcing the marriage of Thomas J. Shelton. He was barely twenty-one. So you see there is no part of my so-called name that is definite. You had as well have a number given you at birth.

Stick a pin right here, while I go on and explain the ultimate of being.

The latest expression in metaphysics is by Raymond St. James Perrin in his wonderful book, "The Evolution of Knowledge." (The Baker & Taylor Co., New York.) Perrin declares that the ultimate of being is the Verb, and that the principle of being is Motion. The subjective and objective centers in the verb, and motion or vibration is being.

Let us see if we can find confirmation of this in the Scripture. While we Christians do not accept the authority of Scripture as final, we know that it can not be broken. It is an authority when endorsed by the Spirit who wrote it. When God speaks it is with the Word which has always been spoken.

Truth reaches backward and forward. It is not something for a day or an hour, but for the everlasting past, present and future. Let us see how close Raymond St. James Perrin has come to the keynote of the universe.

"In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by him; and without him was not anything made that was made. In him was life and the life was the light of men."

That comes pretty close to being the Verb. Vibration is the order of life. And the Word of God is the movement of God.

In view of this definition, what does the name Shelton amount to, or the name Napoleon, or Shakespeare, or Emerson, or Ananias, or Judas Iscariot, or any other tag? There is only one being, and therefore, only one Name. It is said of this Word that it is the only Name under heaven. "Of whom the whole family in heaven and earth is named." I belong to that family.

My name is not Shelton.

My name is God, and as my wife bears the name of her husband, her name must be God.

Now do you begin to understand that in speaking of reincarnation I am speaking of the whole family in heaven and on earth? I use my mortal tag to make the thing more personal and emphatic. There is but one Woman and one Man in this unfoldment of being. The ultimate of being is male and female. God is forever unfolding and infolding. He is creating men and women in his own likeness and after his own image. The Word is forever speaking words. The universal Idea is forever bringing forth ideas. The individual intelligence lives and moves and has its being in the universal Mind. I express the universal. There is no individual in the absolute; the individual is always relative. The universal and absolute is invisible. The objective is individualized expressions of the universal.

Now look at your tag and see how much it means.

Who are you? Your very tag, that you call the name of yourself, is lost in the final shuffle. In giving treatments, in the Silence, titles are never used. Spirit hunts for some common name so that you may respond as a little child. If your name is John, and they call you Jack, you had better give me the name Jack. A lady was being treated for rheumatism. She gave me the name Miriam. There was no response. Finally she acknowledged that her mother and the home folks called her Mollie. The word Mollie brought forth a response, and the rheumatism left. In giving treatments to an aged United States Senator, I called him by his first name and he was very much astonished.

When the Word came to me I was known as the reverend doctor. Spirit called me "T. J.," thus reducing my tag to two letters. My mother had called me, and the home folks knew me, as T. J., for they had a horror of nicknames and did not want me called Tom. A gentleman of prominence in Canada has been writing me many years,

using only the initials of his given names. I told him the other day that I always wanted to call him Dick. He wrote me that he came very nearly being called Richard; that there was a discussion as to whether it should be Richard or Robert, but that they finally settled on Robert, and he was called Bob. In spite of this, the name Dick was in his aura after he had passed the fiftieth milestone.

The prophet Jesus was the Word for a principle. Afterwards this principle became known as Jesus Christ. It was so known to the apostles. This is the way Paul expresses it:

"Jesus Christ the same yesterday, and today, and forever."

This same Word in the book of Revelation calls himself the First and the Last, the Alpha and the Omega, the A and the Z of being.

Does this merging of the individual being into universal Being destroy our individuality? On the contrary it exalts and expands and makes permanent our own individual being. Instead of identifying yourself with the names of the past by calling yourself Paul and Napoleon and Emerson, you look upon such names as very insignificant. The name of Napoleon in the realm of Truth is no more than little Jack Horner. In the unfoldment of being we come to a place where tags are unknown. Men and women know themselves. They know their own name, but to others they are known as members of the Family. The unit is merged into the universal, and yet the unit contains its own individuality.

"He that hath an ear, let him hear what the Spirit saith unto the churches; To him that overcometh will I give to eat of the hidden manna, and will give him a white stone, and in the stone a new name written, which no man knoweth saving he that receiveth it."

There is science in this quotation. It is a key that will unravel reincarnation. The milestones of your past will be obliterated and you will be given a hidden manna and a secret name. This will give you a place in your own individuality and at the same time merge you into the universal.

Let us illustrate: In an army of men each unit is made to merge into the universal by a uniform. The very word uniform tells the whole story. The privates are all clothed alike, and the officers are only separated to emphasize the merging of the units. This makes a mighty army. Nations are merged in the same way. Each unit is made a citizen of the nation. Each nation has a family name and a family resemblance. Germans look like Germans. French have a distinct family resemblance. Spaniards are always Spanish. English have the mark of Englishmen. The more perfectly the merging, the more powerful the nation. The same principle is carried forward into the unification and salvation of the whole race. The whole family in heaven and on earth has the One Name. Christians will be known as Christians in any part of the planet. They will be known to each other by a vibration. Each one is known to himself by the new Name and the hidden manna. Instead of a uniform

made out of cloth, we are all uniformed by a mental movement. The same Spirit is in all of us. This brings us into a glorious individuality, while maintaining a wonderful unity. How, then, can you expect to have yourself isolated from your fellows by retaining tags of your former incarnations? "Old things have passed away, and behold, I make all things new." The order of unfoldment isolates, but it leads to individualization and unification.

There is an idea in the minds of religionists that Jesus will come in person and reign over the earth as an individual. Such a thought is unscientific. The setting of one unit apart and making him a leader or a governor or a prophet is temporary. It is only for the teaching of the truth of unity. This fact is emphasized by the declaration that the Son must deliver up the kingdom to the Father. The greatest achievement of Washington was not in leading the armies of the Revolution, but in resigning and surrendering his authority at the end of the war. He even refused the office of president for the third term, and so set an example. At the close of this more wonderful unfoldment of the mind, the leader steps back into the ranks. Jesus is a member of the Circle of Christians along with the rest of us. The mightiest man that ever moved among men becomes mightier by refusing to be exalted above his fellows. The assuming of authority is common. The surrendering of authority is angelic.

"But now is Christ risen from the dead, and become the first fruits of them that slept. For since by man came death, by man came also the resurrection of the dead. For as in Adam all die, even so in Christ shall all be made alive. But every man in his own order: Christ the first fruits; afterward they that are Christ's at his coming. Then cometh the end, when he shall have delivered up the kingdom to God, even the Father; when he shall have put down all rule and all authority and power. For he must reign, till he hath put all enemies under his feet. The last enemy that shall be destroyed is death. For he hath put all things under his feet. But when he saith all things are put under him, it is manifest that he is excepted, which did put all things under him. And when all things shall be subdued unto him, then shall the Son also himself be subject unto him that put all things under him, that God may be all in all."

You had better read the above quotation in connection with the whole of the fifteenth chapter of I Corinthians. The delivering up the kingdom seems to have been overlooked by the second Adventists. When it speaks of the Son delivering up the kingdom to the Father, that means you. The individual is the Son, and the Father is the universal. You exercise no authority, no power, no dominion, outside of yourself. And even this authority over self is a hidden manna and a secret name. It is not something that you wear in the form of a title or a uniform. Your personal authority is known only to yourself.

How can we deliver up a kingdom?

Of what kingdom are we possessed? It is the kingdom of the objective. The individual goes forth as a conqueror. In the domain of matter we are creators. We build. We create. We even beget men in

our own likeness and after our own image. We become fathers and mothers. We establish families, kingdoms, empires, and make conquests of the earth. This is to bring out and develop the individual. When all things are subdued we find that our kingdom does not satisfy us. The soul seeks for rest. The eternal rest is found when we are ready to deliver up the kingdom to God. This principle holds in healing and in everything you seek from the Spirit. When you are ready to deliver up your personal kingdom, the kingdom of Spirit flows into you. Your soul is at rest.

The ultimate of being is the Word.

It is what Herbert Spencer calls the Persistence of Force, and that Eternal Energy which makes for righteousness. I need not remind the Bible student of the place assigned to the Word. It runs through the whole book from the first verse of Genesis to the Amen of Revelation.

"Who being the brightness of his glory, and the express image of his person, and upholding all things by the word of his power." And again: "Through faith we understand that the worlds were framed by the Word of God, so that things which are seen were not made of things which do appear."

There is the whole thing in a nutshell. What material science has been trying to discover was given to the prophets through the inspiration of the Spirit. Eternal energy is called the Word.

"And he was clothed with a vesture dipped in blood; and his name is called The Word of God."

What, then, is regeneration? It is the very thing that material science has been trying to discover. It is that secret which men have been trying to solve in the laboratory. It is the thing which they have been trying to hatch. It is that wonderful something which every material scientist has found wanting in his crucible.

It is spontaneous generation.

There is no conflict between truth in material science and truth in mental science. What was truth yesterday is truth to-day, and what is truth to-day will be truth to-morrow. Material scientists were examining material things to find the ultimate of being. They could have gone to the Scriptures and found the whole thing explained by the prophets. There is not a break in this point in the whole Bible. The prophet Jesus spoke truly when he said to the Jews: "The Scripture can not be broken." There is not a shadow of turning in the whole thought concerning the ultimate of being. It is always the Word of God.

Regeneration is spontaneous generation.

It comes as all other life originates, by the Word of God. It is that Eternal Energy which makes for righteousness. It is that which upholds all worlds and systems of worlds. Power is that which lies behind movement. Life is activity. Activity is movement. All movement is vibratory. The Word of God is that which lies behind all movement. It is power. What is said of the universal must be said of the individual. If life in the universal is generated by the Word, then it must be regenerated by the Word. If the first generation of life was

spontaneous or a creation of the Word, then regeneration must be by the spontaneous movement of the Word. Let us see how it looks to the prophets.

"Wherefore lay apart all filthiness and superfluity of naughtiness, and receive with meekness the engrafted Word, which is able to save your souls."

Ah, that is exactly what the material scientists have been trying to do. The engrafting Word, that is, new life grafted onto old life. You change the life and character of a fruit tree by engrafting new life from another kind of tree. This Word of God comes to us and engrafts itself into the mind, thus producing a regeneration, a resurrection.

"Being born again, not of corruptible seed, but of incorruptible, by the Word of God, which liveth and abideth forever."

How does this Word of God beget you? It is spontaneous generation. It is not an intellectual achievement. The Church has been dealing in the letter that killeth. They have been trying to produce life by distributing a picture of the seed. The Bible is a description of the seed. The seed is the Word of God, and the Word of God can not be printed. You may have a picture of wheat. It may be as perfect, so far as the picture goes, as the very wheat itself. It is said of a great painter that he painted a rose so perfectly that a bee couldn't tell the difference between the picture and the real rose. But the picture was not a rose. The picture of seed wheat will not grow. It is well enough to distribute the pictures of the unbroken Scripture. This will prepare the mind for the coming of the Sower. The Spirit of Truth is the Sower, and the seed is the Word of God. It is an incorruptible seed which produces an incorruptible body.

"The Word was made flesh."

When this Word is made flesh, your own flesh, you will be healed of all your sickness. It is a new life growing in you from new seed. It is spontaneous generation, the very act of creation. It is the same power which brought the worlds and suns into existence. Are you ready to deliver up your own private kingdom for this universal energy? Are you weary of making mud pies? Are you ready to put aside your dolls and your broken playthings, and come into the consciousness of eternity? Then you are ready for your kingdom. When you are ready to deliver up the temporary kingdom to the Father, you are prepared to receive the real kingdom. When the prodigal son got weary of being at large, he went home and had his rags exchanged for the best robe and a ring. When you are ready to surrender your temporary authority, you will be made a ruler over yourself.

Deliver up the kingdom to God!

You can't deliver up the Kingdom until you get it. You must be monarch of your mind and body before you can deliver it up to God. It is a conquest on your part of all the opposition to you. You must put down all authority and power and dominion in your environment. You must have full possession of yourself. It is the making - by a conquest. The name of the ' is Death.

CIRCLE *of* CHRISTIANS

"Every fellow for himself and the devil take the hindmost"

Christians are a peculiar people.

They are not a sect, church, institution or any kind of an organization.

You can't have an organization without officers.

Christians have eliminated officialdom from their association.

Christianity is the kingdom of Spirit in the individual.

Spirit in the individual is seeking for Health, Happiness and Prosperity.

I AM speaking the daily Word for the healing of your mind and body.

Personal treatments are given for physical, mental and financial freedom.

It is the fellowship of the Spirit.

You are not supporting any cause, advocating any kind of creed or formulating a faith.

You are seeking for the betterment of yourself.

The homely motto at the top of this page tells the tale.

The terms are twelve dollars a year.

You can pay by the month, three months, half year or whole year as it suits your own convenience.

Each dollar entitles you to one yearly subscription to CHRISTIAN and one month of daily treatments.

You may put a name on the paid list for each dollar, or credit the free list.

If you prefer it, you can have two copies of my book for each dollar.

Subscriptions are one dollar a year, and the book retails at fifty cents.

The circulation of CHRISTIAN supports the Circle of Christians.

I make no promises.

I speak the Word and leave results to the Spirit.

T. J. SHELTON

1657 CLARKSON STREET, DENVER, COLORADO