

CHIROTHERSIAN Magazine

FEB 1932

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Chirothesian
Vol 1¹⁻⁴ magazine
Feb - June 1932

AN EXPLANATION OF THE EMBLEM
WILL BE GIVEN NEXT MONTH IN THIS SPACE.

T H E C H I R O T H E S I A N M A G A Z I N E

Dr. Wm. Grant Hess, Editor and Publisher.

Vol. I.

FEBRUARY, 1932

No. I.

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Wm. Grant Hess, N.D., D.C.

The Chirothesian Magazine
Published Monthly.

Wm. Grant Hess, Publisher.

2010 So. Western Ave.,
Los Angeles, California.

25 cents a number,

\$2.50 a year.

The publisher is not responsible for the return
of unsolicited manuscripts.

The author of any contribution is alone held
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FEBRUARY, 1932

No. 1.

"This then is the message which we have of him, and declare unto you, that God is light, and in him is no darkness at all." 1 John 1:5.

Having devoted more than 40 years to healing and dietetics, giving special attention to nerves, eyes, stomach, heart, diabetes, over-weight or under weight, and also ailments peculiar to children; we are sending out, at the request of friends, the Chirothesian magazine each month, hoping to benefit many who cannot attend our weekly class instruction.

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FOR A' THAT AND A' THAT

by

ROBERT BURNS

Born Jan. 25, 1759. Died July 21st. 1796

Is there for honest poverty
Wha hangs his head, and a' that?
The coward slave, we pass him by;
We dare be poor for a' that.
For a' that, and a' that,
Our toil's obscure, and a' that;
The rank is but the guinea's stamp,—
The man's the gowd for a' that.

What though on hamely fare we dine,
Wear hoddin gray, and a' that?
Gie fools their silks, and knaves their wine,—
A man's a man for a' that.
For a' that, and a' that,
Their tinsel show, and a' that;
The honest man, though e'er sae poor,
Is king o' men for a' that.

.....

Then let us pray that come it may,—
As come it will for a' that,—
That sense and worth, o'er a' the earth,
May dear the gree, and a' that.
For a' that, and a' that,
It's coming yet, for a' that,—
When man to man, the world o'er,
Shall brothers be for a' that!

SPIRITUAL BIRTH

A Lecture

by

Dr. W. Grant Hess

Every individual expression of life under the supreme law of eternal progression is ever unfolding to higher, nobler, grander, and happier conditions. As one meditates upon the true, the beautiful, and the good, his latent mental as well as moral and spiritual tendencies become active. The one who makes an effort to obtain higher conditions, has that much finer intellect, a stronger will, and a nobler personality. The more one advances, through overcoming temptations, the more glorified his character. Sorrow makes us appreciate happiness through contrast. The experiences obtained from suffering and sorrow give strength, which sustains one in struggles. In this age of swiftness, one soon learns he cannot keep up with the procession unless he keeps his body and mind in fit condition, like a well-kept machine, to meet the increasing need for accuracy and reliability. The one who over indulges in any matter, cannot keep up with the procession. If one harms himself in spite of repeated warnings, he is lacking in intelligence and reasoning.

Edgar A. Guest wrote of Self Denial:

"To gratify a whim is fine, it's fun to loaf along the way.
It's nice to get the little things which make for comfort day by day;
To live in luxury is what we all desire beyond a doubt—
But, after all, success is won by what we'll bravely do without.

"Nobody ever got to fame by treading only easy ways,
And none by shirking bitter tasks has ever won a word of praise.
For every lofty goal we seek, each one of us must pay the price,
There is no victory worth the while but what is born of sacrifice.

"Who scorns to do the hard work now, will have to do it later on,
No fortune shall we ever build on money that is spent and gone;
And tho we dream of greater joys that we shall claim along the way,
They will not come to us unless some joys we do without today.

"We'll never come to wealth or fame upon the whims we gratify,
In comfort and the luxuries the greater glories do not lie;
For victory, there is a price which every man is asked to pay,
Who would have much tomorrow must do without as much today.

"The man who wins is the man who works
The man who toils while the next man shirks;
The man who stands in his deep distress
With his head held high in the deadly press—
Yes, he is the man who wins."

We must solve the problems of a grade whether in the public school or in life's school of experience, before we can enter a higher grade. Having completed a course of training in the grades of a public school, one is ready for graduation. This graduation, or completion of the course, has qualified one for a new life. The diploma is handed him and in amoment, the twinkling of an eye, he passes from the problems mastered in the various stages or grades of the school into a new life, to which the experience encountered in the grades entitled him. The one completing the grades of the

public school passes into a new life of activity on the plane for which he qualified. The one completing the grades of the school of life's experience, through having resisted and overcome temptations, passes into a new life of activity on the spiritual plane and is said to be "born again."

Stephen Barnesdale in his poem, "Progress," illustrates how effort reaps a reward:

"Step by step we climb the mountain,
Inch by inch the oak tree grows;
Back and forth with tireless motion,
Grand old ocean ebbs and flows,

"Straw by straw a nest is builded;
Brick by brick a house is made,
Day by day with constant effort,
Scholars climb to higher grade."

"Making each year some small changes
In the coast line, on the rocks;
While they stand in pose defiant,
Guarding us from Neptune's shocks.

"Be not downcast, lowly worker,
If you do not seem to grow,
Do your best each day and moment,
And the years will progress show."

The brain appears as a collection of grayish matter, frequently thrown into folds or furrows called convolutions. Thinking produces these convolutions, or wrinkles, on brain and face.

Fiske in his "Destiny of Man" says:

"Phrenology shows that one's thought is indicated by developments of the brain.

"In the brain of a scholar, the furrows are very deep and crooked, and hundreds of creases appear which are not found at all in the brains of ordinary men."

Emerson, the philosopher as well as poet and essayist, wrote:

"Every act of man inscribes itself in the memories of his fellows, and in his own manners and face. The air is full of sounds, the sky of tokens; the ground is all memoranda and signatures, and every object is covered over with hints which speak to the intelligent."

As one's body changes in expression and contour by one's thinking, so one changes in character as he overcomes material desires, until in the fullness of time when he is permeated by spiritual thought from thinking and doing the ways as a child of God, his whole appearance has changed. He has by this time a new body to correspond to the spiritual thoughts. Thus he is born again, outwardly as well as inwardly.

"He that doeth righteousness is righteous." 1 John 3:7.

"Whosoever is born of God doth not commit sin; for his seed remaineth in him; and he cannot sin, because he is of God." 1 John 3:9.

In the 3rd verse of the 3rd chapter of John, our beloved Master in teaching Nicodemus, a ruler of the Jews, the necessity of regeneration said: "Except a man be born again, he cannot see the kingdom of God."

In gaining this new birth, there comes a time in the experience of most when one loses interest in material things and feels inadequate for the duties and labors of life. He seems overshadowed by a condition of discouragement, despondency, and

hopelessness. This is a supreme moment of the individual life and is symbolized by the death on the cross—the crucifixion of the conscious thought that has been depending for the pleasures of life upon the external world, wherein lie all sorrow and suffering. Out of the seeming death of any hope, aspiration, or any desire, a higher condition arises in what is called the resurrection of the soul—qualities wherein is recognized the true ideal toward an everlasting inheritance that fadeth not away.

"An inheritance incorruptible, and undefiled, and that fadeth not away." 1 Peter 1:4.

Out of the old, the new arises—is resurrected.

Those, who cease conforming to worldly methods in thought, word, or act and are willing instruments of unselfish love, become the foundation stones (leaders) for their next state of consciousness.

After a pupil of the public school tries to solve a problem and fails, he ceases the effort and turns to the teacher for help. When one finds himself unable to solve a problem of life, he ceases the effort to obtain the desired result. He is then in a passive state whereby the Heavenly Father can impress him how to act so as to bring the desired result. Having tried every way from a conscious standpoint, the conscious mind learns through experiences that when it follows the guidance of the All-Father, everything is accomplished the best way, bringing the best results.

Every earthly attainment evolves to higher degrees, until it attains the heavenly counterpart from which the idea emanated and was grasped in a crude way by the conscious mind.

We were born of the flesh afterward of the spirit. We were purified in the flesh until we became spiritual, that is, born of the spirit.

Repentance is the turning away from ways that have been discovered as error. Water is used to cleanse, purify. Baptism by water is a symbol of the cleansing from error thoughts. It is but a symbol to let others know one wishes to lead a new and cleaner life. Some do not observe this rite, or outward form of purification by baptism, being satisfied with the spiritual baptism, which is apparent by their acts. Purification comes when one has overcome material tendencies, resting in the spiritual consciousness, whereby one looks to the Heavenly Father for care and guidance in everything.

As the land of Canaan was a promised inheritance to the Hebrew people under the leadership of Moses, so the spiritual life is a promised inheritance to those who seek for it until they enter into the glories of that life by faith through the understanding of the truth of being, as it relates to individual life, with the recognition that God, the All-Father, is all-power and in his loving kindness He doth supply for each what is best for him, if one but trust Him and look to Him for help and guidance.

In the 28th and 29th verses of the 27th Psalm, David wrote:

"The Lord loveth judgment, and forsaketh not his saints; they are preserved forever.

"The righteous shall inherit the land, and dwell therein forever."

In the 5th, 6th, and 7th verses of the 2nd chapter of Romans, Paul, the apostle, shows that the promise of God for a spiritual, an eternal life, is to those who resist evil until they can continually do right:

"The righteous judgment of God;

"Who will render to every man according to his deed:

"To them who by patient continuance in well doing seek for glory and honour and immortality, eternal life:"

When the storms of life, in which were wrecked one's material interests, are about to pass away, then the struggles of life are given up and one seems to drift aimlessly. In this state of passivity where all is still and waiting, with the crucified conditions in the tomb, the loving Father sweetly whispers hope. Then one awakes and arises into the new life and understanding of the spiritual consciousness which is the resurrection into the spiritual condition of life.

It is the mortal consciousness alone that weeps at the loss of its idols, upon which the material affections were centered. When one awakes and arises out of the grave of materiality, all these cherished earthly affections will pass away like a dream, or the mist of the morning before the light of the spiritual consciousness, when we will find ourselves clothed in wisdom, love, and intelligence, shining in the brightness, glory, and power of the Heavenly Father.

Spiritual understanding is acquired through the experience of realizing that the great purposes of life are accomplished through following the guidance of the loving, tenderly watchful Heavenly Father. This understanding is the redemption, which brings freedom from sin, sickness, sorrow, pain, and death. For by this understanding, or redemption, one realizes he is a child of God, and that the loving Father protects and provides what is best for each of His children. All one has to do is to accept His loving care and protection, for He doth our every want supply. This is the great goal of human endeavor. When reached and appropriated by the understanding, it is the end of conscious effort, or work in schooling, training, and otherwise disciplining the conscious mind in doing or not doing according to a moral code, for one has then solved the various problems of earth life, and resisted them until all material desires are overcome, when he serenely folds his arms and lets God act through him.

It is the end of voluntary aspirations, for our desires have been met and there comes the sweet consciousness of resting in the love of God. Even in a perfect earthly love, one rests content, the passing moment being all sufficient. The spiritual love of the Father for His children far transcends earthly love. It is everlasting and fadeth not. Oh! the joy of the soul! The ecstatic love! No mortal words can convey the resistless charms found in the love of God!

Robert Southey thus describes the love of heaven:

"They err who tell us love can die!
With life all other passions fly,
All others are but vanity;
In heaven ambition cannot dwell,
Nor avarice in the vaults of hell;
Earthly these passions of the earth,
They perish where they have their birth.
But love is indestructible,

Its holy flame for ever burneth,
From heaven it came, to heaven returneth:
For oft on earth a troubled guest,
At times deceived, at times oppressed;
It here is tried and purified,
Then hath in heaven its perfect rest:
It soweth here with toil and care,
But the harvest time of love is there."

HELPFUL THOUGHTS

PROMISE YOURSELF

- "To be so strong that nothing can disturb your peace of mind;
To talk health, happiness, and prosperity to every person you meet.
To make all your friends feel that they have great possibilities.
To look on the sunny side of everything and make your optimism come true.
To think only of the best, to work only for the best, and to expect only the best.
To be just as enthusiastic about the success of others as you are about your own success.
To forget the mistakes of the past and to press on to the greater achievements of the future.
To wear a cheerful countenance at all times and to have a smile ready for every living creature you meet.
To give so much time to the improvement of yourself that you will have no time to criticize others.
To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.
To think well of yourself and to proclaim this fact to the world— not in loud words, but in great deeds.
To live in the faith that the world is on your side as long as you are true to the best that is in you..."

"It only takes a little love to make
this life more sweet,

It only takes a little cheer to make
the day complete,

It only takes a little smile to brighten
all the way,

So here's a little bit of each to make
a sunny day."

The night has a thousand eyes
And the day but one,

Yet the light of the whole world dies
With the setting of the sun.

The mind has a thousand eyes
And the Heart but one,

Yet the light of a whole life dies
When Love is done.
Francis William Bourdillon

"Love your work— make it feel like play— then you'll be playing your part
in the plan of life."

Dr. W. Grant Hess

"All I have seen teaches me to trust the Creator for all I have not seen."

Emerson

An uplifting thought held in mind each day will tend to bring the individual into such harmony with God, as to receive answer to his prayers.

A THOUGHT FOR THE DAY

by
D. J. Bussell

FEBRUARY

- 1st. **B**y overcoming fear I remove from my pathway the major obstacle.
- 2nd. I now recognize Truth, for by so doing I destroy any belief in fear.
- 3rd. Courage comes only when fear is ejected from the mind.
- 4th. The belief in fear precludes the action of reason.
- 5th. Fear like an impending cloud is dispelled by the sunshine of Truth.
- 6th. Fear applied to facts discolors and distorts them; reason is the only panacea.
- 7th. Free from all belief in fear I go forth filled with courage.
- 8th. I will no longer think of myself as limited in health.
- 9th. Christ consciousness gives one a health-bearing aura.
- 10th. Meditation on health soon removes the hinderances to health.
- 11th. Through Truth my body expresses the good and perfect health of Christ.
- 12th. Health is contagious through the power that created it, don't vaccinate your thoughts against it.
- 13th. Only your own mind can separate you from health.
- 14th. Let not sin therefore reign in your mortal bodies. Romans-6:12
- 15th. I will not destroy the sunshine of to-day with the unpleasant memories of yesterday.
- 16th. Today I am erasing all memory of misdeeds of myself and others. Through Christ all is forgiven.
- 17th. Through the relief of forgiveness, I am lifted from the depth to the light of a new day.
- 18th. Forgiveness plays so important a place in my life, I must apply it to myself as well as others.
- 19th. As today's sun sets, it will cast no shadow long enough to reach my tomorrow.
- 20th. For if ye forgive men their tresspasses, your heavenly Father will also forgive you. Matt.6:14.
- 21st. The harmony of life responds to the Good, True, Perfect.
- 22nd. The perfect Intelligence within me keeps me in tune with the Infinite.
- 23rd. In perfect harmony, I meet with no insurmountable obstacles.
- 24th. There is nothing within me that opposes my good.
- 25th. My infinite Right is right to all good.
- 26th. The all pervading Divine Wisdom liberates me.
- 27th. The Spirit within me is of God- I am controlled by the Spirit of God.
- 28th. My whole nature is now consistent with Truth.
- 29th. Only the Good finds a responsive cord in my nature.

TENDENCIES FROM CONDITIONS AT BIRTH.

Whatsoever things are true,
whatsoever things are honest,
whatsoever things are just,
whatsoever things are pure,
whatsoever things are lovely,
whatsoever things are of good report,
if there be any virtue, and
if there be any praise,
think on these things.

Phil. 4:8.

If there be any benefit to be derived from knowledge of any source, whether from religion, science, ancient lore, or what not, let us accept the benefit.

Astrology was accepted and practiced by the wise men of China, India, Egypt, Chaldea, Greece, and Arabia. Astrology is generally divided into two branches, natural and judicial. Natural astrology is the science which describes the motions of the heavenly bodies etc., while judicial astrology treats of the influence of constellations on the destiny of men and nations. For long ages astronomy and astrology were identified, out of which has grown two separate sciences— astronomy and astrology. Astronomy of today treats of the heavenly bodies, their motions, magnitudes, distances, etc; while astrology treats largely of the influence of stars upon human affairs.

Two of the greatest astronomers the world has produced, Tycho Brahe and Kepler, were also astrologers.

The great prophets of the Bible— Isaiah, Jeremiah, Ezekiel, and Daniel— were astrologers, having under their supervision students and those with less astrological lore. A corroboration of this is given in the 10th and 11th verses of the fifth chapter of Daniel, when Belshazzar, the king of Babylon was much worried about the meaning of the writing on the wall at a feast.

"Now the queen by reason of the words of the king and his lords came into the banquet house: and the queen spake and said, O king, live forever: let not thy thoughts trouble thee, nor let thy countenance be changed:

There is a man in thy kingdom, in whom is the spirit of the holy gods; and in the days of thy father light and understanding and wisdom, like the wisdom of gods, was found in him; whom the king Nebuchadnezzar thy father, the king, I say, thy father, made master of the magicians, astrologers, Chaldeans and soothsayers;"

Astrologers are born, not made, just as poets and artists are born, not made. It is a well known fact that the attraction of the Sun and Moon causes tides. It has been established that sun spot periods are coincident with the nearest approach of the sun to the orbit, or path, of Jupiter; and that famines and pestilences follow a law of periodicity. It is also observed that the nature, ability, propensities, and intellectual qualifications are of a certain character to those born under certain signs.

A sign is a division of the zodiac, which is an imaginary belt in the heavens 16 degrees broad, including the paths of the moon and all the principal planets; and at its middle line is the Ecliptic, or sun's path, among the stars, in the celestial sphere. The twelve signs are reckoned eastward from the point of intersection in the celestial sphere of the ecliptic and the celestial equator. From the first point of Aries these signs are in the following order:

The Chirothesian Magazine

- 1st House.
Aries the Ram- March 21 to April 19- rules the head and face, known as the House of Emotion.
- 2nd House.
Taurus the Bull- April 19 to May 20, rules the head and neck, known as the House of Industry.
- 3rd House.
Gemini the Twins- May 20 to June 21, rules the hands, arms, and shoulders, known as the House of Persistence.
- 4th House.
Cancer the Crab- June 21 to July 22, rules the breast and stomach, known as the House of Travel.
- 5th House.
Leo the Lion- July 22 to August 22, rules the heart and is known as the House of Determination.
- 6th House.
Virgo the Virgin- August 22 to Sept. 23 rules the bowels and solar plexus, known as the House of Wealth.
- 7th House.
Libra the Balance- Sept. 23 to Oct. 23, rules the kidneys and loins, known as the House of Justice.
- 8th House.
Scorpio the Scorpion- Oct. 23 to Nov. 22, rules the muscles, known as the House of Harmony.
- 9th House.
Sagittarius the Archer- Nov. 22 to Dec. 21, rules the liver and thighs, known as the House of Speculation.
- 10th House.
Capricorn the Goat- Dec. 21 to Jan. 20, rules the knees and is known as the House of Business.
- 11th House.
Aquarius Water Bearer- Jan. 20 to Feb. 19, rules the nerves and vitals, known as the House of Science.
- 12th House.
Pices the Fish- Feb. 19 to March 21, rules the feet and toes, known as the House of Invention.

The names of the signs were originally the names of constellations occupying severally the divisions of the zodiac, which many almanacs depict. A constellation is a division of the stellar heavens including a group of stars. Each of the early constellations is named after some mythological personage, animal, or inanimate object, whose image has a fancied configuration of the stars.

Each sign is ruled by a certain planet, and inhabits one of the twelve houses of the Zodiac. Each of these signs and planets exercise distinct influence upon the disposition and general character of every human being, in accordance to the relative positions they occupy at the time of the individual's birth.

Among the ancients, an element was one of the substances— earth, air, fire, and water— supposed to make all things in popular use. Each sign partakes of one of these four natural elements.

Aries, Leo, and Sagittarius are fire signs.

Gemini, Libra, and Aquarius are air signs.

Taurus, Virgo, and Capricorn are earth signs.

Cancer, Scorpio, and Pisces are water signs.

People born under a fire sign are quenched, that is soothed and quieted by those born under a water sign. Air and fire mix, while earth is solid or stable with any condition or sign.

When we know the tendency of a child, we can encourage that one to develop in certain directions; and also help that one in resisting unfavorable impulses.

AQUARIANS.

What it means to start on the journey thru life between

JAN. 20 and FEB. 19.

The very strongest and the weakest people are born under this sign. The power lies within each to make of one's self what may be desired, yet these Aquarians are inclined to be lazy about applying themselves to develop their possibilities. Though they like to amass wealth, they are inclined to be half hearted in the pursuit.

Since they seem to care much about what people think, it is wise for these Aquarian people to say little of their own affairs, then others cannot talk to them, so as to cause discouragement. They have strong likes and dislikes, and are generally honest and sincere. We find them easily influenced by kindness, slow to anger, and independent with strong wills.

They will make good explorers, engineers, nurses, doctors, surgeons.

They understand the importance of economy and strict application to business. The highly cultivated of this sign avoid debts, are exceedingly active, and industrious; and thus become proficient in any study, trade, profession, or calling.

The Aquarian person who lives on the lower plan and permits his lower nature to dominate, is usually a boaster, a loud talker, obnoxious, indolent, deceptive, dishonest.

Plenty of work is the best thing for the Aquarians. Steady occupation will ward off their blues and their diseases. Aquarian people should determine to develop their gifts and powers and be on the alert to overcome indolence.

CHILDREN of this SIGN.

Children born under this sign are so finely organized, that with proper training and guidance, they can become great and useful individuals.

If you wish these children to be truthful, be truthful to them. If you desire them to be kind and gentle, treat them with kindness and gentleness. They will be honest and frank if you are honest and frank with them. These children have excellent memories and imitate the good or bad qualities of those with whom they come in contact. If wrong habits are acquired during childhood, the Aquarian will have to make a desperate effort later to overcome these. Parents or guardians of these children should try to live an exalted life, so these little imitators, with their wonderful memories, will have such a background that they will stem adversities and become successful men and women.

THOUGHTS from the PENS of PROMINENT AQUARIAN PEOPLE

Whatever I have tried to do in life, I have tried with all my heart to do well; whatever I have devoted myself to completely; in great aims and in small, I have always been thoroughly in earnest.

Charles Dickens.

Every volition and thought of man is inscribed on his brain; for volition and thought have their beginnings in the brain, whence they are conveyed to the bodily members, wherein they terminate. Whatever, therefore, is in the mind is in the brain, and from the brain in the body, according to the order of its parts. So a man writes his life in his physique, and thus the angels discover his autobiography in his structure.

Emanuel Swedenborg.

Bad laws, if they exist, should be repealed as soon as possible; still, while they continue in force, for the sake of example, they should be religiously observed.

Abraham Lincoln.

NOTABLES BORN BETWEEN

Jan. 20 and Feb. 19.

Ade, George
Anthony, Susan B.
Burns, Robert
Byron, Lord
Dickens, Charles

Darwin, Charles
Edison, Thomas A.
Greeley, Horace
Galileo
Jackson, Gen. Stonewall

Lincoln, Abraham
Mendelssohn
McKinley, William
Swedenborg, Emanuel
Schubert, Franz