
British MAZDAZNAN Magazine



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List of British Mazdaznan Centres

ENGLAND

- Barnsley**—Meets Mondays, 7.30 p.m., at Temperance Mission Room, Pitt Street.
- Bingley**—Meets Sundays, 11 a.m., and Wednesdays, 7.45 p.m., at Park Loft, Myrtle Place.
- Birmingham**—Meets Tuesdays and Fridays, 8 p.m. Wednesdays (for enquirers), 7.30-8.30 p.m. Sundays, 11 a.m., "Service of Song," 177, College Road, Moseley. Also at: Sub-Centre, Thursdays, 8 p.m., 36 Herbert Road, Handsworth.
- Blackpool**—Meets Sundays, 7.30 p.m., Wednesdays, 7.30 p.m., at 173 Church Street.
- Bolton**—Meets Thursdays, 7.30 p.m., "Somerset House," Churchgate.
- Bradford**—Meets Sundays, 6.30 p.m., and Thursdays, 7.45 p.m., at Association Room, "Y.W.C.A.," North Parade.
- Brighouse**—Meets Sundays, 11 a.m. and 6.30 p.m.; Tuesdays, 7.30 p.m.; and Thursdays, 7.30 p.m.; "Home of Peace," Bank House, Briggate. Also at "Home of Relaxation," 42 Elland Road, on Mondays, 7.30 p.m.
- Brighton and Hove**—Meets Sundays, 11 a.m., "Avesta Service"; Tuesdays, 8 p.m. "Health and Breath" Exercises, held at Savoy Cinema Cafe, First Floor, King's Road entrance only. Thursdays, 8 p.m., Exercise Class, held at St. Francis' Hall, 14 Norfolk Terrace.
- Bury**—Meets Mondays, 7.30 p.m., No. 3 Market Street.
- Cleckheaton**—Meets Tuesdays, 7.30 p.m., at "Home of Health," "Lawson Chambers," 5 Railway Street.
- Croydon**—Meets Thursdays, 7.30 p.m., at 34 Broad Green Avenue, West Croydon. (Off Main Road Bus and Tram Stop).
- Dewsbury**—"Textile Hall," Market Place. Thursdays: Assembles at 7.45 p.m. Sundays, 10.45 a.m. Other Evenings as announced.
- Eastbourne**—Meets Thursdays, 3.30 p.m. "Theosophical Rooms" opposite Station.
- Elland**—Meets Fridays, 8 p.m., 20 Huddersfield Road.
- Fleetwood**—Meets Tuesdays, 7.30 p.m., at Congregation Schools, London Street.
- Guiseley**—Meets Thursdays, 7.30 p.m., The Co-operative Hall, Otley Road. Also Sundays, 6.30 p.m.
- Hallifax**—Meets every Thursday, 7.30 p.m., Sundays, 6.30 p.m., at 26 Horton Street.
- Harrogate**—Meets Fridays, 7.30 p.m., "Benson's Cafe," 6 Albert Street.
- Huddersfield**—Meets Sundays, 11 a.m., and Thursdays, 7.50 p.m., Temperance Hall, Princess Street.
- Ilkley**—Meets Mondays, Oddy's Cafe, Church Street, 7.30 p.m.
- Keighley**—Meets Tuesdays, 7.30 p.m., Sundays, 11 a.m., Temperance Hall, North Street.
- Kidderminster**—Meets Mondays, 3 p.m., at Miss Naylor's "Lea Haven."
- Leeds**—Meetings at Carlton Court, Albion Street. Sundays, 10.45 a.m. and 7 p.m. Mondays, 7.30 p.m.; and Wednesdays, 7.30 p.m.
- Liverpool**—Meets Mondays, 7.45 p.m., at 21 Houghton Street, Clayton Square.
- London**—Meetings at "Langham House," 308 Regent Street, W.1. Sundays, 11 a.m. and 7 p.m.; Mondays, 7.30 p.m.; Tuesdays, 3 p.m.; Wednesdays 7.30 p.m.; Thursdays, 7.30 p.m.; Fridays, 3 p.m.; Saturdays, Dance first Saturday, 7.30 p.m.
- London (Stoke Newington, N.16)**—Meets Tuesdays, 3 p.m., at 61 St. Kilda's Road.
- Manchester**—Meets Tuesdays, Public Meetings 7.45 p.m. Thur days, Study and Exercise Class, 7.45 p.m. Sundays, Service 11 a.m., "Imperial Buildings," 7 Oxford Rd.
- Nottingham**—Meets Sundays, 10.45 a.m.; Tuesdays, "Exercise Class" 7.30 p.m. and Thursdays "Health and Breath" 7.45 p.m.; at "Newcastle Chambers," Angel Row.
- Oldham**—Meets Wednesdays, 7.30 p.m., "Industrial Cafe," Entrance Peter Street.
- Oxford**—Meets Wednesdays, 7.30 p.m., Top Floor, "Boswell House," Broad Street Corner.
- Pontefract**—Meets Wednesdays, 7.30 p.m., "Ladies' Liberal Club," Rockford Court.
- Preston**—Meets Tuesdays, 7.30 p.m., "The White Horse Restaurant," Market Place.
- Rochdale**—Meets Sundays 10.45 a.m. Wednesdays, 7.30 p.m., 108 Yorkshire Street.
- Sheffield**—Meetings as announced. Apply: 284 Stannington Road, Sheffield, 6.
- Southport**—Meets Wednesdays and Fridays, 7.30 p.m.; Sundays, 11 a.m.; 11a Houghton Street.
- Watfield**—Meets Thursdays, 7.30 p.m., Sundays, 11 a.m. and 6.30 p.m., at 16 King Street
- Wembley**—Meets Fridays, 8 p.m., at "Rosemead Rooms," Rosemead Avenue.
- Waterloo**—Meets Thursdays, 7.45 p.m., "Olive Hall," Olive Grove.
- Wigan**—Meets Mondays, 7.30 p.m., 47 Walkden Ave.
- Worthing**—Meets Tuesdays, 3 p.m., at Orchard House, 32 High Street.
- Yeovil**—Meets Wednesdays, 7.30 p.m., at Liberal Club Rooms.

Continued on page iii. of cover

Diagnosis and Healing

"Man Know Thyself"

(Continued)

Years of contemplation in Mazdaznan have revealed many things. Diagnosis has taught all its students the wisdom of simplicity; to weigh Life's problems carefully, and to realise that Man must "wait upon the Lord."

Thus TIME is the keynote; for surely this term means Life is an evolutionary Recreation; ordained and decreed, as far as materialisation is concerned. Briefly, there is a Purpose to it all, and, if so, there must be an End to such purpose. Knowledge, therefore, demands TO KNOW. Know what? What is the Goal; that then asks the Time, and Time answers BY WHOM?

But knowing the Goal or End, and the When and By Whom, though truly interesting and profound, would still leave even such a Knower without real profit, provided he could not say "I AM THE MAN."

This is not as absurd as it seems, if "Man is a Law sufficiently unto himself," as every thinker now agrees, for Life is individual in every respect, in Time and the ultimate. Not even God dare dictate or change this earthly law, or of Mother Nature, on this Planet. Elsewhere, in the supreme "Heavenly Regions" or "realm," we know there cannot be in fact any need of general laws of evolution; because Perfection requires no laws apart from itself, and Evolution in itself must be but a superfluous necessity to meet some superfluous condition extraneous to universality, or immortality to individualise universality in personified manifestation on Planet Earth.

Such statement, of course, involves much; but is made now to indicate that though "all is of God," things on earth are still "in the making," and duality or gradation endeavours to find its level or balance. Why any disarrangement in the present World of Life, once known, will quickly solve the problem, because once exposed and confirmed beyond doubt it will soon be adjusted or removed.

Besides, Man asking and knowing the question of questions: WHO AM I THEN? this will surely help him to realise that Evil is a state, not a personification, and that, Life in itself being Perfect, there must come a time when "every wrong shall be righted" and Man shall be Perfect too. This is "Equalisation," or of Godliness.

Diagnosis to-day comes to every Mazdazban to "Point the Way" to that state; that through Consciousness, all men may eventually be so saved. The differences and distinctions of Life to-day are but passing. Overcome Ignorance and apply true Knowledge (Wisdom) and Realisation will result. The ache of Life is lack of, or sin's application of, Life itself, due to a poor body, or physical mentality. "The Temple of the Living God" has been rent in twain! Give Man perfect Health, and perfect Holiness, or true Individuality in Universality will result. How then can it be done?

If God is in everything and everywhere, and controls Life in rule and order, Man must Know God and then conform to that Knowledge. This Knowledge of God is simply Life and Man can only Know Life by and through Himself. If "Breath is Life," then "God is Breath," and, as Man is but the crystallisation of his own Breath Rhythm, he must Breathe to Know God, Life and Himself.

The trouble has been that DUALITY, needful in the process of making Earth a Paradise from matter and energy influx, by Intelligence, has run up against DUPLICITY, which has worked up a whole system of fallacious COUNTER-CREATION, that even what is Right or Wrong, Principle or Policy, Truth or Falsity, has become a problem of Time, and difficult enough to "deceive even the Elect."

Because of this, for this Time and Generation, Destiny has been forced to become collective or Man as mankind is either saved or destroyed *en masse*; this being the dictum, as revealed by our Master—to us "the One who Knew."

Though this seems rather contradictory to "Man being all sufficient to himself," it is quite theological; and, if you care not for that, it is very Providential. The Church for generations taught Salvation through one Saviour, the Christ, and built up a terrible system of belief in Heaven and Hell, etc., which to-day even it has largely discarded.

Mazdaznan comes, as always, to the rescue, and to make Life real and easily understood. Know, it says, the principles of the Chrystos and follow, or DO LIKEWISE. Its Diagnosis and Healing takes up every phase, but endeavours to simplify it all. Everything needful for a Perfect Life, scientific and possible, has been expounded, written, taught and INVENTED.

To-day, the Bases and Temperaments, the Inclinations, Diet, Eugenics, and the Art of Healing, as alone originally given by our Master, for years and years, still stands and holds good; but is reduced and all simplified in ABBAISM and the ABBA BREATH. That is "Health and Breath." Practise that and there will be no need of controversy. Life in all its Perfection, Health and Knowledge, will be yours, and you will be a Mazdaznan—Master of yourself.

"For not in far off realms of space
The Spirit has its throne,
In ev'ry heart it findeth place
And waiteth to be known."

—Master.

(To be continued)

Manipulate the Body

By Dr. O. Z. HA'NISH

(From Notes by Theodora Troman.)

Leeds, October 1931. Seven a.m.

Professor Patzak played and then PIA.

In like manner as Pia manipulates the keyboard, we are to manipulate our own body, especially in CRESCENDO, first thing in the morning. Whilst still in bed, the moment we wake up we follow the method of animals, who, too, go through various stretching exercises upon awakening. Stretch first one limb, just stretch, stretch the whole side. Let go and relax and then stretch the other side of the body. Stretch, stretch the arms out, stretch well the muscles and sinews of the arms, until you feel that the back of the neck, shoulder blades, between the shoulders and the chest wall are relaxed at the same time. Then you sit up

and in a sitting position you stretch both limbs. You attempt to reach the tips of the toes. Inhale, and try to reach the tips of the toes and hold them. The KNEES are to keep even with the rest of the legs. If you cannot keep them down while stretching each one of the toes IT SHOWS GREAT PHYSICAL WEAKNESS. IT SHOWS WEAKNESS OF THE KIDNEYS and URETHRAL DUCT. IF THE KNEES COME UP IT SHOWS DISORDER IN THE LIVER. You can correct these things by simply making those knees keep down. HIT THEM CRESCENDO! You want to know who is the master, I or the piano, I or the body. Hammer them right down. The further the hands go over the toes and the soles of the feet, the knees keeping still in line with the rest of the limbs, LIFE WILL BE LENGTHENED. Then keep on touching behind the ears, THE BONE OF TENACITY, and you will find that it enlarges month upon month. The larger the bone of tenacity, the STRONGER, SURER and BETTER you become, the greater the POWER OF RESISTANCE, and therefore WILL POWER and DETERMINATION. Wherever there seem to be negative suggestions, pains and aches, you want to knock them out, no matter where. You keep on hitting but RELAX at the same time. Do the hitting in a PERFECTLY RELAXED STATE—keep at it and in a few minutes the pain has gone. Hit those wrists and hands, always crescendo with all your might. Now, that will start the circulation, and of course THE GREATER AND THE MORE NORMAL OUR CIRCULATION, THE STRONGER THE NERVOUS SYSTEM IN ITS OPERATION OF GENERATING, AND OUR GLANDS BEGIN TO RESPOND MORE READILY, SO THAT THE ELEMENTS THEY THROW INTO THE BLOODSTREAM ARE THROWN INTO THE STREAM WITH GREATER PURITY. Consequently, it will be easier for the pleura to convert the venous blood into arterial blood by mixing with the elements brought through the apical region by virtue of the attention to breathing, converting those elements of the breath into chemical compounds, now mixing and mingling with the venous blood and sending it down to the arterial region with absolute regularity, gravity and consistency. Consequently, WE GROW BRIGHTER, BECOME MORE CONSIDERATE AND THOUGHTFUL, MORE REASONABLE, MORE DETERMINED IN OUR

VOCATION, WORK, PROFESSION, BUSINESS, whatever it is that we have selected for our daily EXERCISE, for we must never say we are working, we are simply exercising—it sounds better—it feels better. WORK REDUCES US TO SLAVERY. We do not propose to be in that particular position for ever. We plan for something better. We propose to get out of this class of exercise into a higher class of understanding. That must be the object of every individual life. We do not propose to confine ourselves to one particular place, vocation, position, profession or business. We propose to broaden out and become more successful and to do so we are to ATTAIN, ACHIEVE, SUCCEED. We necessarily have to keep up with the conditions and environments of time, we must be capable and able to apply ourselves, taking advantage of the opportunities offered by the world at large. Whatever we do with that end in view, we are simply EXERCISING for the purpose of gaining a better understanding of life. We do not go through the various exercises to please anybody, class, cult or school; WE DO IT FOR OUR OWN GOOD, AND EVERY LITTLE ADDED MEANS THAT MUCH MORE IN OUR FAVOUR.

END OF PART I.

(To be Continued.)

Season Hints

According to Dr. Ha'nish

JUNE.—Beautiful June,
Nature in tune,
God will soon
Give Man the Boon
Of Sun and Moon.

Whitsuntide.—“Tongues of Fire.”

“What must I do to be saved?” And what can I do to others save? The answer is: By Breath Divine, Breathed in Seven-Second time, and Fleshless Diet with Exercises and Song combined, simply but daily practised.

Rhythm is the Master-Key to Life.

He who is in harmony with himself necessarily keeps in harmony with nature enjoying the endowments of good health and a happy disposition.

The atmosphere about us is filled with ideas of a drifting unsettled nature. To subdue and control them requires CONCENTRATION. These baneful influences and unwholesome suggestions fill the very air we breathe, therefore the necessity for OUT-breathing exercises, that we may learn to "master the terrors by night and the arrows that fly by day : for the Lord is my refuge and my fortress—my God—in Him will I trust!"

A Mazdaznan is one who has perfect control of himself and the things about him, and that which we control, we enjoy. To a man, this means to be able to go to his work every morning without breakfast, to lunch lightly on fruit or vegetable, to give up all narcotics and stimulants and return to his home in the evening with a clear brain, a cheerful disposition and prepared, through intuition, to select the proper foods for dinner that will harmonise with his individual temperament.

Salt water baths are refreshing. Do not wipe off; let dry on the skin to stimulate the skin. Internal baths of salt are excellent also.

Most of us know we eat TOO MUCH, some of us have learned WHAT to eat, but most of us do not know WHEN to eat, and very few of us have learned HOW to eat.

Limes make a cool and refreshing summer drink. The genuine limes come from the West Indies. There are a few limes grown in Florida which contain very little lime oil. The so-called seedless lime, large and green, is not a true lime.

Lemon milk, clabber or buttermilk are good liver tonics. Lemon milk calls for two lemons to every pint of milk.

In drinking sweet milk it is best to add some mineral water, such as Vich or Shasta. A pinch of borax may be added instead.

One slice of fresh pineapple preceding each meal is beneficial in toning the stomach.

To counteract any tendency to cancer and to purify the blood drink strong tea of Red Clover.

Take 5 drops of Vegetable Essence on sugar after a heavy meal.

Pancreatic region is generally the cause of gum and mouth troubles. Before meals use two or three drops of Eucalyptus Oil in tumblerful of hot water.

Use carrots, turnips, beets, celery roots, taro and other tubers raw by grating them. They are easier digested when served this way.

Sage drink makes a nice tea for children, at the same time assisting to remove worms. Thyme, Marjoram and Senna also fine.

Steamed salsify, mashed and mixed with well-beaten egg (one egg to two cups of salsify), one-half cupful of bread crumbs, cayenne pepper and salt to taste, one table-spoonful of sweet cream, all put into well oiled pan and set into a quick oven for ten minutes, served with a little butter, makes one of the best gland foods. Use steamed endive as a side dish, and royal toast. Of course, a combination salad, or sapotas, precede this entree dish. A little experimenting will develop many varieties. The above can be used as a filling in scooped tomatoes, green or pimiento peppers, pastry cups, served imbedded in shredded lettuce, cold slaw, watercress, grated apples, sliced bananas, etc., one and all developing vitamins, supplying all the vitalizing fluids demanded by the glands.

The exercise "I leave Thee not—" directly affects the Thyroid glands which in turn control the vibrations downward to the Gonads and upward to the Pituitary gland due to the increased rate of vibration.

MAZDAZNAN SUPPLIES are the acme of true medication; most effective and economic; "immunizers and panaceas." No Toilet or Medicine Chest complete without them. See List.

"BEZZARI, OUR DIVINE BAMBINO BOY," with photo of Master and original Musical Compositions. This Abba youth knew everything and was Perfection itself—"without flaw." He appears and disappears in mysterious manner, but reveals the immortality of Being and Thought in super-normal definiteness. By Dr. O. Z. Ha'nish, the World's greatest Thinker, Teacher and Reformer. Price reduced to 5/- at Headquarters. Send for List of Books and Pamphlets, and Free Literature—incomparable and most educative.

MAGAZINE CIRCULATION, 144,000 OUR AIM! We think every Associate and Friend of Mazdaznan should now subscribe annually to our British and American Magazines and all Continental ones they can read. None can afford to be without their Knowledge. They educate best, and for years past have built up and pioneered a new structure of Life and Perfection, which has changed and bettered the entire World. What they still have to do and to reveal is the greatest task and the Best—a "New Heaven and a New Earth." They are "Words of Eternal Life," and the record of an incomparable Peace Cause, DESTINED TO WIN. YOU CAN HELP! If not interested, kindly write, otherwise, please renew promptly and remember the Salvation of your friends, too.

"99 CENTRES, 500,000 ADHERENTS, THEN THE MILLIONS." "Britain is first to accept the Message, and thus Save the World," said our Master. With that in view, He visited our great land over and over again, until millions heard and saw him, and to-day acknowledge Mazdaznan supreme. Those who don't, soon will, if given the opportunity of Hearing the Call, rightly given. It is a Covenant Service of Sacrificial Love of Truth and Humanity. Britain must become PURE, by Breath, Diet and Exercises and the New Spirit of the Times. "The harvest is ready, but the labourers few." Many deserters and of "little faith," many "phantom chasers," and many lost in the illusion of ignorance, cowardice and folly, but millions ready to accept if properly directed and common-sense demonstrated. "THIS YEAR: WHO?" asked Master. We need faithful

Workers, brave and zealous, resolved to perform their Covenant and who dare to call themselves a Mazdazgan. And those who now Prove Worthy and show their sanity, the millions will call Blessed. Be assured that Mazdazgan alone is the Message of the Ages and the only Hope of the World. —If it is not, please tell us WHAT IS? with proof.

The world is "Hung upon the Cross,"
Because it by the wayside sleeps,
Hoping wildly for a Boss
To lead them from abyssal deeps;
Instead of just Living Right,
And turning faith into sight.

FEDERATION OF NATIONS.—Out of all nations, class and creeds the ELECT appear to proclaim this Divine Plan and make it real.

LOVE.—Good Thought, Good Word and Good Deed, through the true Spirit of Womanhood is the Hope of the World. Because Woman fails to recreate Bezzari children and conditions, Christ remains hung upon the Cross and Mankind into the Abyss falls.

Cable from Bombay

To Mazdazgan Gahanbar, Harrogate :

"May Mazdazgan be rejoiced and His Associates continue to be victorious. Spending Friday in memorium at Surat on way to Srinagar, Cashmere. Dearest Love."

—GLORIA and FAMILY.

April 13th, 1938.

"WITHIN THE LAW"

"What you seem to want, friends," said the stranger to the earnest young reformers, "is a place where every person has to be good by law; where smoking is not allowed, and drink is unknown. Where everyone has to go to church, and everyone keeps regular hours."

"Oh, to find such a place," exclaimed a soulful fellow.

"Easy," replied the stranger. "I've just come out from doing twelve months in one!"

Bombay Public Meeting

Under the Joint Auspices of
THE RAHNUMAY-I MAZDAYASNAN SABHA
and
THE GATHA SOCIETY

TO MEET EUROPEAN MAZDAZNAN
FRIENDS

DISCOURSES BY MOTHERS ASHOI AND GLORIA

Tuesday, 12th April, 1938, at 6 p.m.

SIR COWASJI JEHANGIR PUBLIC HALL

President: SIR HORMUZDIYAR PHIROZE DASTUR, Kt.

PROGRAMME

- I. Opening Speech by the President, Sir H. P. Dastur, Kt.
- II. Hymn: "Everywhere I know God's Presence."
- III. A Short Address by Mother Superior Gloria: "Mazdaznan Movement and its significance."
- IV. Song: "Perfect We Must Be."
- V. A Short Address by Mother Ashoi: "Mazdaznan Science of Eugenics."
- VI. Speech by Mr. B. T. Anklesaria.
- VII. President's Closing Remarks.
- VIII. Vote of Thanks.

From India

"Nana Buildings,"

Near The Tardeo Bridge,

Bombay, 8.

4th April, 1938.

My Dear Daddy,

To-day is Monday, 4th April, the day of the first Mazdaznan public utterance. It is morning now—7.50 a.m. The meeting will be 6 p.m. In the name of Mazda it will all be done, and done well.

Daddy, it was grand, grand, grand. This is all I can say at present, as I have returned home—8.45 p.m. I haven't even taken off my clothes. Let me get settled for a more sober account tomorrow.

5th April, 1938.

Daddy, the miracles of Mazda are not of frequent occurrence, but when they do occur, they are not easy to describe, and not easy to explain either. A Mazdaznan miracle is a fulfillment of a higher law of nature and nothing else. It is just because the law fulfilled is higher than the level of the ordinary intelligence that it seems a wonder and then it is named a miracle. The effulgent success of the magnificent performance of the British Mazdaznan in Bombay was a true Mazdaznan miracle, and the higher law fulfilled therein was the coming together of sympathetic souls, both to learn and to teach, that hitherto had been thousands of miles apart. Mother Gloria spoke like an angel, her physiognomy emanating a light (Khoréh) that with its inherent purity focussed unto itself the mind and the hearts of hundreds upon hundreds of hearers, men, women and children, who had gathered together and had left no corner of the immense hall unfilled by an eager Mazdaznan, stretching his neck to get a view of the speaker. She so feelingly spoke of Zarathushtra and his message of "Humata, Hukhta, Hvarshita." She spoke so forcefully of the omnipresence of Mazda, and of His definite location, not on mountain tops and beyond the clouds, but in the heart of man. She spoke of the condition of the West, and paused a second to consider what it all would have been, had not the message

of Zarathushtra come to them from the East—hopeless; was her own answer. She spoke of Jesus and she spoke of Him so splendidly and so correctly, that He had come not to create a warring sect, but to repeat and emphasise the ancient Truths that Zarathushtra had preached thousands of years ago. The forceful oratory of her words, combined with the mellow sympathy of a noble woman, suggested to me the words I have used above to say, Mother Gloria spoke like an angel.

Mother Ashoi followed next. Her address was a charm which really mesmerised the audience into a silence and concentration, as if there had been none, when there were hundreds. She herself presented a charming appearance and a charming manner of her eloquence, combined with small but pertinent sallies of wit and humour, made of her speech a specimen the Parsi Mazdaznan will never forget. She told of what the British and Continental Mazdaznan did by way of classes and conferences for religious purposes and asked if the Mazdaznan of India did the same. Her masterly address was a series of questions and admonitions, many of which were unanswerable and many in admonition was, as the President, Dastur Sabah rightly said, wore a quinine pill sugar-coated. Mother Ashoi very rightly held up for imitation the ways and usages of European Mazdaznan, and our Parsi brothers and sisters in full appreciation thereof nodded their assent, and the sweet smile on their lips manifested the approval of their hearts as well. Mother Ashoi began her speech by making a special mention of Mazdaznan relationship with India and in that she mentioned the names of Miss Serene Manokju Cursetji, Lady Bilimoria, Brother Ardaser Wadia. Mr. K. J. B. Wadia and Brother Nanabhoy Mama. Miss Cursetji, as a marvellous Mazdaznan of 94 years of age who could do all and much more than many a youngster could do and accomplish. Lady Bilimoria as her friend of London who had done her best and her utmost as a good and sincere Mazdaznan could be expected to do; Brother Ardaser Wadia as a world traveller, an accomplished Mazdaznan, an author of repute who was known to the Mazdaznan the world over as one of their own. Mr. K. J. B. Wadia as a

theosophist who had shown his universality of feeling and had sympathised with the Mazdaznan so sincerely and so genuinely. And of Brother Mama, as the contributor of essays to the British Mazdaznan Magazine, which had helped to cement and strengthen the bonds of love between the East and the West. Mother Ashoi's address was received with acclamations. When the addresses were over, I was requested by Major Sorab Bamji, to whose indefatigable exertions, and to whose co-operation with me, the success of the entertainment was mainly due, to tell Mother Gloria that the audience wished to hear the "Ashem-Vohu" and the "Yatha Ahu Vairyo" sung, as it was sung in England. The nobility of Mother Gloria I had experienced before, and counting on that experience, I ventured to communicate that desire of the audience. She at once complied and the sweet song that followed sent the audience into raptures, and the men, women and children went mad with enthusiasm and practically besieged the mothers from which they practically had to be pulled out. The song was superb and then followed the exercises to the rhythm of another rollicking song and we all felt transported to regions of bliss.

We had announced this meeting under our own names in more than half-a-dozen English and Gujarati papers, and Jame-Jamshed was so good as to write an article of its own on the day of the meeting, which gave the desired publicity to the gathering and those who took advantage of the news were more than gratified by what they heard and saw.

The President of the meeting was our High Priest, Dastur Framroz Kutar, M.A., a profound scholar of Avesta and Peheloi and an orator of the first rank. Among those present at the meeting were : Sir Hormasju Cavasju Dinshaw Ader-walla ; Sir Shapurji and Lady Bilimoria ; Sir Jehangir C. Coyaju ; Aga Saifi Azad, a true Iranian of world-wide repute ; Miss Serene Manokju Cursetji ; Major Sorab R. Bamji ; Mr. Jehangir S. Chiniwalla, B.A., LL.B., Advocate ; Mr. Phiroz S. Masani, M.A., LL.B., Solicitor ; Mr. Dinshaw S. Masari, B.A., ; K. J. B. Wadia, Esq., and many, many more.

Mr. J. E. Saklahwalla, a profound scholar of Iranian languages and an author of several books of great and good reputation, made a present of two of his books on "Omar Khayyam" to Mother Gloria and Mother Ashoi, and Aga Saifi Azad made a present of a very beautiful booklet of Avesta prayers printed in the Iranian alphabet to each and every one of the British Mazdaznan and to all of us as well. With the Mazdaznan Mothers, Gloria and Ashoi, had also come Mrs. Hopf and sons, Miss Carlotta Hopf, Mrs. Daviel, Sister Caspari, and the Indian lady secretary.

Daddy, I know the appointments are growing and may not come to an end for many days yet to come. To-day which was a free day has been taken up by a demonstration of physical exercises at the "Caza Montessori," Colaba, Bombay, at 12 noon. One more engagement has been added for tomorrow, to take our Mazdaznan Mothers and friends to a grand "Navjot" ceremony at the wealthy family of the "Dubash" and I am going along with them to explain the details. Owing to the previous engagement of the lectures at the Sir Cowasji Jehangir Hall the "Navjot" ceremony has been arranged to be performed an hour earlier, after which we shall come for the lecture, and after the lecture we shall again go to the Dubash bungalow, where a special vegetarian dinner has been ordered for the honoured guests.

For the success of all that has happened and is yet to happen I must acknowledge my absolute indebtedness to my friends and elders, among whom are (1) Miss Serene Manokju Cursetji, (2) Major Sorab R. Bamji, (3) Mr. Dinshaw S. Mosani and Mr. Jehangir S. Chiniwalla. Mazda's blessings be on all of them.

Daddy, my next letter will be written—or at least commenced—tomorrow night after the visit to the Navjot and the lectures at the Sir Cowasji Jehangir Hall. I now take the name of Mazda once again and close the first instalment of my narration of the first accomplishment.

With Mother's and mine sincere wishes.

—NANABHOY F. MAMA.

Best Time Ever!

"Summer Camp," Heelsum, Holland. "Mazdaznan Youth Movement," July 25th to August 7th. See April Magazine, Page 471, for full particulars. Return fare, about £3. Cost per day, about 5/-. A lovely place, and a happy time, never to be forgotten assured. Many British Leaders and Associates will be there, as well as our Continental friends. Headquarters glad to furnish full details. Write to-day.

Mazdaznan International Sun-clothed Gahanbar

HARROGATE. EASTER, 1938/43

Sun-clothed, indeed! How could it be otherwise, since the Sun has to reflect the thoughts of those hundreds of Mazdaznan and friends who foregathered during five days and were more conscious of their Royal privileges and thus more happy in their association than ever before? As we breathe, we remember our Covenant that we shall return and return and return until Peace and Perfection manifest on Earth. How, then, could any true Mazdaznan dare to entertain any thoughts save those of Beauty in each and all around? Many dear ones and many familiar faces were sorely missed, still we did cite them into our midst, and also direct our thoughts into creative channels, assuring success. So, a Tremendous Success it was—never to be forgotten.

To begin with, Harrogate has its own active Centre, led by Sister Lena Bowman, and the seed so faithfully sown there has come into fruition. No one can know the immense amount of thought, work, and faith that the Gahanbar has meant for this dear and great soul. The Ex-Mayor, Mr. Alderman Cartwright, most cordially renewed his friendship of four years ago and arranged a good press representation for us. The corporation were, indeed, generous in the facilities they offered, particularly the magnificent modern Grammar School most kindly put at the service of our Associates with its light, spaciousness, genial warmth, and its vibrant echoes of children's light-hearted-

ness. Due to their courtesy, too, were the decorations of the ample stage with fine palms and a wealth of lavender and mauve flowers, while cloakrooms, dining-hall, electric kitchens, gymnasium, offices, telephones and parking space were all more than adequate. Everything thinkable had been done by our devoted Yorkshire workers, under the chairmanship of Mother Ethel Smith, to promote comfort and to ensure absolutely smooth progress in each department and at every moment of the Gahanbar. In this they had the assistance of those stalwarts, St. George Tarr (M.C.), William Griffiths and Harry Harris, while many men and women, too numerous to name here, gladly gave their time and talents (see programme) in order that others might have full and quiet enjoyment of the meetings, meals and other amenities.

The altar table was in charge of Noragh Walker who placed on it the Bust of Master and the Ruby Lamp, together with some fine candelabra, loaned by an Associate, and a number of blue and orange candles, the gift of Messrs. Price & Co. Mr. King's portrait of Master had its place on the right, as seen by the audience, and looked its best against the background of dark green curtains and the complementation of pink and purple flowers below. Ethel Chapman's handwork was seen in the Peace Banner on the left and in the embroideries of the white altar hangings. Sister Noragh had even gilded the chairs and covered them with white satin. ("Dare we sit on them?" asked the Mayor). A grand piano was there, too, awaiting our musicians.

First greetings were exchanged on Bloom Thursday when an informal Reception was held in the Great Hall, with music, recitation, and refreshments. On Good Friday morning, seventy or more Associates assembled in the gymnasium for Rhythmic Exercises under the guidance of Pierre Mathay, and, on the following days, of Lt.-Col. A. F. Gault and Miss McLaughlin.

The morning sessions began at 10.30 a.m.—a most thrilling moment always, when our noble Kalantar of Britain and the East, in pure white, with uplifted arms stepped quickly to the front of the platform, surrounded by a full

contingent of Leaders from at home and abroad, arrayed also in white with arms upraised, while all voices in the Hall ascended in the chorus of welcome and peace, "Hail to Thee! Ten Thousand Times Hail!" Daddy Guromano then took charge of the proceedings, explained them with exercises and spoke words of wisdom and prophecy which will be reported in these pages by Mother Theodora Troman.

Easter Sunday is always a unique Mazdaznan Festival. The Mirror of the Almighty was passed by Daddy William, so that hundreds in that full hall might add the reflection of their own features, as they will some day be united in one divine face. Partaking of the Bread and Wine, so quietly and quickly served, is symbolic of family reunion, of the power of faith to call forth all blessings, and of the flame of pure Aryan blood. Mazdaznan children then came to the front and each received from Sister Lena a lovely chocolate egg. Afterwards their elders came crowding up until all the 288 eggs had been distributed.

MOTHER SYPKENS OF HOLLAND is well known as a specialist in the Pre and Post Natal Education of parents and children. Her speeches were so greatly esteemed that she gave a special class to some forty men and women after the Gahanbar was over.

PROF. OTHMAR BÖHM is an erudite scholar and spoke of Early Mazdaznan History "down the ages."

PROF. HUGUENIN'S talks are always welcome in Britain because, apart from the most interesting matter he discusses, his Swiss English is so perfect and he also has the British view-point keenly at heart.

We are always glad, too, when MISS F. DEMPSTER speaks to us. Her practical outlook and wide experience of life have given her earthly and spiritual wisdom, and there is a real balancement in any words that her heart and mind inspire.

In the same appreciative way we listen to DR. CORNELIUS SYPKENS, Kalantar of Holland, whose life has taught him the depths and heights of man's possibilities, and thus he is able to show how these are both essential in leading to the polarization of manifestation on earth.

DR. HARRY MARSH is again one of those who speak by deduction from personal knowledge; and his good-humoured friendship must be a real asset to those of the rising generation who are in his care, as well as to all Associates. We were grieved that his companion was so sadly prevented from attending.

To these names must be added those of FRAU BANZI who spoke fluently and well at the dinner-table and of MOTHER ETHEL SMITH, and of SISTER LENA who so clearly and often humourously gave out the notices at each session.

The music was exceptionally good. Julian Karolyi was present all the time, and, apart from his splendid recital on Sunday evening, was nobly generous in playing at all meetings. Mr. Ernest Scott of Wakefield also played at the Concert and with his violin supported our own invaluable Louise Ladbroke at the piano. The singers were Miss Mary Worth of Harrogate, Mme. Elsie Lawson of Rawdon, and Mr. S. Emsley of Leeds, all of whom were vociferously cheered for their fine performances. Miss Julie Huntsman recited with her well known individual wealth of expression.

The Youth Movement was splendidly represented under the ardent leadership of Viola Gault, whose enthusiasm and faith have done so much already to enthuse others and will certainly continue to spread the fire of Mazdazgan over Britain and in many lands. They gave a remarkable entertainment on Monday afternoon, including songs in costume, dances of many kinds, short sketches and a fine exhibition of Rhythmic Exercises conducted by Kenneth Brown of Leeds.

There were stalls for the sale of literature, Mazdazgan remedies, and certain pure foods.

Every day about 300 sat down to each of the Communal Meals, most admirably run by Miss Eddison, Mrs. Ethel Wood, Mrs. Laycock, Miss Stanhope, Mr. and Mrs. Wishart, with many most zealous helpers. The foods were well selected, cooked and served daintily and with courteous promptness. In the mornings and on Good Friday, when Associates were fasting, a variety of herb teas were served; and an impromptu lunch was provided on Tuesday for

eighty people who had attended the expedition to the Royal Baths by special invitation of the Mayor.

On Friday afternoon, Associates enjoyed a drive to Fountains Abbey, that ancient, most beautiful and interesting relic of Mazdazgan in England, where the white-robed monks in olden times were vegetarian and led the life of purity as we nowadays know it.

No account of the Gahanbar would be complete without further mention of the Mayor and Mayoress, Mr. and Mrs. J. Boehrer Charles, whose genial courtesy and friendly spirit were much appreciated and promptly reciprocated by all Mazdazgan present. Their speeches will be duly reported here, and we recall gladly that the Mayor told us, even if he were not then mayor, he would certainly attend any Gahanbar Mazdazgan might hold in Harrogate. After supper, he and his lady thoroughly enjoyed the Dance which went gaily on till the early hours of Tuesday morning.

Several flash light photos were taken and printed with many reports in the local and London press.

Thus another Great Gahanbar has been held and remains as an additional Stone in the Monument of Mazdazgan achievement. Hundreds of names are inscribed for all time in the GOLDEN BOOK which will be preserved as a record of those who, often by heavy sacrifice, came to officiate by their presence in the Sun-clothed Gahanbar at Harrogate. We close with the valedictory words of our beloved Leader, Daddy Guromano: "Decide for a New Life. Feel your own Immortality. To-day is ours. We shall never forget it. We have felt our Mission has been a Tremendous Success. You have helped to make it so. There are tears of joy and gladness in our eyes that you, too, dare to call yourself a Mazdazgan." Hail, Mazdazgan!

—S. K. HUNTSMAN.

London.

H'M

"What are ancestors, Dad?"

"Well, I'm one of your ancestors, your grandfather is another."

"H'm: it seems silly to brag about them."

Gahanbar Programme

GOOD FRIDAY, 15th APRIL

10.30 a.m.

Frau STEPHANIA SYPKENS "Pre-natal Education."

Prof. OTHMAR BÖHM "Mazdaznan down the Ages."

8.0 p.m.

Lieut.-Col. A. F. GAULT ... "The Sun-Clothed Day of Prophecy."

Prof. ROLLAND HUGUENIN ... "Why is Britain the Leader of all Nations."

EASTER SATURDAY, 16th APRIL

10.30 a.m.

Miss F. M. DEMPSTER "Prayers and Songs."

Dr. CORNELIUS SYPKENS ... "The Scientific Quickening of the Spirit."

8.0 p.m.

Dr. HARRY MARSH .. "Mazdaznan in British Education."

Prof. OTHMAR BÖHM "Neo-Zarathushtrianism."

EASTER SUNDAY, 17th APRIL

10.30 a.m.

Devotional Service conducted by Lieut.-Col. A. F. GAULT.

8.0 p.m.

Pianoforte Recital by JULIAN VON KAROLYI (Budapest), and Violin Selections by Mr. ERNEST SCOTT (Wakefield).

EASTER MONDAY, 18th APRIL

10.30 a.m.

Lieut.-Col. A. F. GAULT ... "Britain—the Mirror of the Almighty."

Prof. ROLLAND HUGUENIN ... "English—the International Language."

All Welcome

Music

Silver Collection

Bloom Thursday, 14th April. Informal Reception at the Grammar School, Otley Road. 7.0 to 10.30 p.m.

Good Friday, 15th April

8. 0 a.m. Rhythmic Exercises : herb tea served 9 to 9.15.
10.30 a.m. Morning Session.
12.30 p.m. Herb Tea
1.45 p.m. Motor Excursion to Fountains Abbey ; tickets,
4/- (including admission to grounds).
M.C., Mr. Sydney Emsley.
6. 0 p.m. Communal Dinner.
8. 0 p.m. Public Meeting.

Easter Saturday, 16th April

(Silent Saturday)

8. 0 a.m. Rhythmic Exercises : herb tea served 9 to 9.15.
10.30 a.m. Morning Session.
12.30 p.m. Communal Fruit Lunch.
3.30 p.m. Afternoon Tea.
6. 0 p.m. Communal Dinner.
8. 0 p.m. Public Meeting.

Miss Mary Worth (Harrogate), Soprano.
Madame Elsie Lawson (Rawdon), Contralto.
Mr. Sydney Emsley (Leeds), Baritone.
At the Piano : Miss Louise Ladbroke (London).

Easter Sunday, 17th April

8. 0 a.m. Rhythmic Exercises : coffee served 9.0 to 9.15.
10.30 a.m. Devotional Service according to Ancient
Tibetan Rites : "Passing of the Bread and
Wine," Conducted by Daddy Guromano.
12.30 p.m. Communal Fruit Lunch.
3.15 p.m. Leaders' Conference.
3.30 p.m. Afternoon Tea.
6. 0 p.m. Communal Dinner.
Toasts : Master ; Empire Stronghold ; British
Centres ; Centres Overseas.
8. 0 p.m. Pianoforte Recital by M. Julian von Karolyi
(Budapest) ; Violin : Mr. Ernest Scott (Wake-
field).

Easter Monday, 18th April

8. 0 a.m. Rhythmic Exercises : coffee served 9.0 to 9.15.
 10.30 a.m. Morning Session.
 12.30 p.m. Communal Fruit Lunch.
 3. 0 p.m. Demonstration Exercises, etc., by Mazdaznan Youth Movement.
 3.30 p.m. Afternoon Tea.
 5.30 p.m. Communal Dinner.
 7.30 p.m. Civic Welcome by The Worshipful the Mayor of Harrogate, Alderman J. Boehrer Charles, J.P., followed by a Gala Dance.
 M.C., Mr. Herbert Fatkin.

GAHANBAR PERSONNEL

CHAIRMAN : Miss Ethel Smith, Shipley.
 GAHANBAR M.C. : Mr. George Tarr, Leeds.
 STEWARDS :

Main Hall and Entrance—

Mr. John Seed, Wakefield (Convener); Mr. Herman Wooller, Cleckheaton; Mr. Julius Palmer, Leeds; Mr. William Hurton, Leeds; Mr. J. Chapman, Leeds.

Dining Room (Large)—

Mr. J. W. Ray, Brighton; Mr. Stephen Troman, Keighley.

Dining Room (Small)—

Mr. Thomas Midgeley, Keighley; Mr. Theodor Bansi, Zürich.

Collections—

Mr. Max Collins, Leeds (Convener); Mr. Jack Morton, Wakefield; Miss K. Dale, Manchester; Miss Rene Dale, Manchester; Mr. Louis Harris, Leeds; Mr. Clement Hanson, Rochdale; Miss Eva Johnson, Wakefield; Mr. Percy Keighley, Yeadon; Mr. Josiah Keighley, Guiseley; Mr. George Nortcliffe, Brig-house.

Store-room—

Miss Freda Webster, Leeds; Mr. William Hurton, Leeds; Master Michael Troman, Shipley.

BOOKSTALLS :**Literature on Sale—**

Mr. Boris Palmer, Leeds (Convener); Miss Phyllis Callaghan, Huddersfield.

Literature (Free)—

Miss Marjorie Crossland, Harrogate; Miss Ida Crossland, Harrogate; Mrs. E. Fraser, Harrogate.

Remedies—

Miss Florence Tomlinson, Wakefield; Miss Edith Hugill, Wakefield.

Exhibition Stall—

Mr. Edmund Troman, Keighley; Mr. Joe Wood, Guiseley.

DECORATIONS (Platform and Altar): Miss Noragh Walker, Leeds.

DESIGNER: Miss Ethel Chapman, London.

PRESS AND PUBLICITY:

Mrs. Theodora Troman, Keighley; Miss Sophie Huntsman, London.

HOSTESSES FOR TEAS:

Mrs. Clara Fatkin, Leeds (Convener); Mrs. J. Seed, Wakefield; Miss F. M. Dempster, Manchester; Mrs. Wm. Hurton, Leeds.

BUFFER (Afternoon Tea):

Miss Annie Greetham, Leeds (in charge); Miss Rene Dale, Manchester; Miss K. Dale, Manchester; Miss Mary Anthony, Manchester.

CASHIERS:

Mrs. Fatkin (senior), Leeds; Mrs. Clara Fatkin, Leeds.

RECEPTIONISTS FOR ENQUIRERS:

Mrs. Theodora Troman, Keighley; Miss F. M. Dempster, Manchester; Miss Helena Booth, Wakefield; Mrs. H. M. Johnson, Leeds; Mrs. Jean Griffiths, Liverpool; Mrs. Harry Harris, Nottingham; Mrs. Hilda Heald, Halifax.

COMMUNAL MEALS:

Kitchen Supervisors—

Lunches—Miss E. Eddison, Bingley.

Dinners—Mrs. Ethel Wood, Guiseley.

Dining Room Supervisors—

Lunches—Mrs. Evelyn Laycock, Bingley; Miss May Stanhope, Guiseley and co-opted helpers.

Dinners—Mr. and Mrs. J. Wishart and co-opted helpers.

SECRETARIAT:

Miss Lena Bowman, Hon Organising Secretary, Harrogate; Mr. Harry Harris, Treasurer, London; Mr. William Griffiths, Liverpool; Miss Edna Harris, London.

GRAMMAR SCHOOL, HARROGATE

COOK: Mrs. Pickard and Staff.

CARETAKER: Mr. G. Exley. ASSISTANT: Mr. J. C. Hanson (Instant and courteous help all the time).

DECORATIONS: Corporation of Harrogate.

Superintendent of Gardens—Mr. Beszant; Assistant or Deputy—Mr. Hellewell and Staff.

ALTAR: Noragh Walker.

Messrs. Price kindly donated the lovely Blue and Yellow Candles once again.

You know our Folks:—Mrs. Wood; Mrs. Laycock; Mrs. Wishart; Miss Eddison; Miss Stanhope; and a big band of helpers.

"The Most Brilliant Harrogate Easter"

The periodical international Gahanbar of Mazdaznan, which proceeded from Good Friday to Easter Monday at the Harrogate Grammar School, attracted between four and five hundred Associates. For those who may be somewhat hazy on the meaning of Mazdaznan, it may be stated that its followers consider the control of breath to lead, when the disciple is fully trained, to "peace of mind, healthy and constructive habits of life, and a continuous unfolding of talents and attributes which would otherwise lie dormant."

—"Harrogate Herald," 20/4/38.

Gathering of Mazdaznan

The International Mazdaznan Sun-clothed Gahanbar assembled in the Harrogate Grammar School for their deliberations. The gathering was held under the presidency of Lieut.-Col. A. F. Gault, of London and Montreal, and the speakers included Col. Gault, Dr. Cornelius Sypkens and Frau Sypkens (Holland), Professor O. Böhm (Switzerland), Professor R. Huguenin (Switzerland), Dr. Harry Marsh (Pointon) and Miss F. M. Dempster (Manchester).

Visit of Eminent Pianist

On Sunday night great interest was taken in a concert at the school, in which the main feature was a pianoforte recital by Julian von Karolyi, the well-known pianist from Budapest, who literally thrilled a large audience, including many townsfolk as well as delegates to the conference.

There were also violin selections by Mr. Ernest Scott (Wakefield), and the vocalists were Miss Mary Worth (Harrogate), Madame E. Lawson (Rawdon), and Mr. Sidney Emsley (Leeds). Miss Louise Ladbroke, of London, accompanied.

—"Harrogate Advertiser," 23/4/38.

This Religion Makes Man Happy, Founder Came from Tibet

By an "Evening Standard" Reporter

The Easter conference of the Mazdaznan followers has provided visitors with strange entertainment.

Mazdaznan is one of those unorthodox "religions" that come from America. Its headquarters are in Los Angeles.

The Harrogate proceedings are conducted with a strong American accent.

Members dress in white, the men wearing a uniform of American pattern. The leader, in a long white robe sits on a high chair before an altar, where a single ruby light burns. His chief followers form a semi-circle behind him. It is rather like a holy minstrels show.

Conspicuous on the stage is a full length painting of a man in ecclesiastical garb. It is a portrait of the founder, a man who appeared mysteriously out of Tibet some 50 years ago, practised as a doctor in America, then founded this "religion" at Los Angeles. His name was Dr. Ha'nish; he died two years ago. Members of the sect call him Divine Master.

Comic Antics

If you ask on what authority they hint vaguely that he underwent some extraordinary experience among the religious communities of Tibet.

Mazdaznan is said to mean Master Thought. By thinking purely one becomes pure. To think purely one must breathe properly and be vegetarian. Breathing exercises and physical jerks are important features of the services.

They sing hymns while performing, as they sit, a succession of extraordinary and rather comic antics. The hymns have choruses like this :

"I am absolute existence, likewise knowledge, bliss;
Shiv-o-Hum, Shiv-o-Hum."

Or this :

Every inhaled breath brings life,
Exhalation ends all strife.

Keep your nostrils wide and clear,
Tongue relax, God's name revere.

Part of the service consists in passing round a mirror, into which each person gazes before handing it to his neighbour. This is a very solemn rite. When the mirror is returned to the altar it is supposed to be holy, because every one has projected himself into it. Thought being God, it is charged with God.

The sect goes in for strange titles. The leaders are styled Daddy this, or Mother that. Daddy, I was told, has the same titular significance as Father in the Roman Catholic Church. The leader of this conference, a Canadian, Lieut.-Col. A. F. Gault, is referred to as Daddy Guromano. Guromano means wise man.

It is all very queer and amusing, but I can testify that the breathing and other exercises have produced a physically fit church. I never saw a healthier or happier lot of men and women.

—“Evening Standard,” 18th April, 1938.

Mazdaznan Youth Movement

YOUTH DISPLAY at 3 p.m.

Easter Monday — Harrogate

1. “Good In-Tent” (Musical Sketch). By Keighley, Bingley and Huddersfield Associates.
2. Poem.
3. Sailor Dance. By Muriel Heaton.
4. Exercise Display. By Leeds. Organised by Kenneth Brown.
5. Russian Dance. By Peggy Khaton.
6. “Dance of the Insigna.” By Manchester.
Renee and Kay Dale, Beatrice Brichel and Esme Shotten.

Interval. — Collection.

Short talk about our Holland Camp by Daddy and Mother Sypkens.

7. Parasol Dance. By Murial Heaton.
8. "Italo-de-Lingo." Musical Sketch by London.
 Song—"Carmena." By Elizabeth Large.
 " " "Trees." By Walter Parsons.
 " " "Donkey Serenade." By Korda Abden.
 " " "Ma Curly Headed Baby." By Viola Gault.
9. Egyptian Dance. By Esme Shottin.
10. Pianoforte Solo. By Julian von Karolyi.
11. Operatic Dance. By Peggy Khaton.
 Curtain.

TUNE—"RIDING DOWN FROM BANGOR"

It's the loveliest Spa in England,
 And we've all arrived in state,
 From BINGLEY, KEIGHLEY, HUDDERSFIELD, we're here to
 celebrate.

We've launched the GREAT YOUTH MOVEMENT,
 With VIOLA in the lead,
 And from so great a centre,
 All Youth Movements we'll feed.

CHORUS : Tra la la la la la la.

We've lost our LOVELY MOTHERS,
 They've travelled wide and far,
 But we rejoice in GAHANBAR,
 We still have got our PA.
 DEAR DADDY GUROMANO and KALANTARS as well
 From CZECHO and from HOLLAND,
 THE MESSAGE gladly tell.

CHORUS : Tra la la la la la la.

DR. JESSIE has gone to EGYPT,
 On holiday she's bent,
 She couldn't get back for Gahanbar,
 AT THE END OF LENT.
 So ETHEL SMITH and LENA with STAFF and HELP galore,
 Have fed all the Associates,
 From Nature's Glorious Store.

CHORUS : Tra la la la la la la.

The earth is very beautiful
 With Nature's lovely yield,
 But man is full of misery, selfishness and greed.
 The YOUTH OF EVERY NATION,
 Must RISE and TAKE THEIR STAND,
 HAPPINESS our HERITAGE,
 Proclaim throughout the land.

CHORUS : Tra la la la la la la.

We've LENTONIZED our systems,
 With EGGSHELL, SAND and ASH,
 Pepped with CAYENNE and GINGER,
 We're ready for the dash.
 The world may try to break us,
 And scorn our WONDROUS NAME,
 But through the GREAT BREATH CULTURE,
 We'll achieve our every aim.

CHORUS : Tra la la la la la la.

MAZDAZNAN YOUTH for ENGLAND,
 AMERICA, SWITZERLAND, SPAIN,
 For CZECHO, HOLLAND, GERMANY,
 And lands throughout the main.
 THE MASTER'S VOICE IS CALLING,
 Use GUMPTION, PEP and VIM,
 We've got the GREATEST MESSAGE,
 By EFFORT we shall win.

CHORUS : Tra la la la la la la.

—By MOTHER EVELYN LAYCOCK
 and MOTHER THEODORA TROMAN.

(Sing clearly but softly).

Platform : Harrogate Gahanbar, 1938

The platform was a picture revealing Divine Light, expressing skilful and artistic blending of beautiful colour in the lovely flowering plants, most of them emanating that high spiritual shade of "Orchid" (the colour so sacred to our beloved Mother Gloria) the peace and beauty of Blue, intermingled with deeper shades of Rose, and that perfect shade of Mauve, the colour of which our beloved Mother Ashoi loves to paint with her beauty of touch and skill. The Altar with its parchment Satin covering, the majesty of the Gold and Blue Candles, arranged to express in colour the beauty symbolical of the Spirit and Divine Intelligence, the single one in Persian Blue standing alone (dedicated to our blessed Master) against the Golden background with the beauty of the Ruby Lamp in front (ever pointing the way to the heart) and all made alive by the noble and imposing, and ever Beloved and Revered Kalantar, Daddy Guromano, as he sat with his most profound strength by the side, and in front of the beautiful Banner of Peace, and

expressed in his inimitable way the ever perfect truth of the Divine Message in all its most profound wisdom. Guiding us as Messengers, and strengthening the Golden Thread and Chain of relationship with the Almighty, and ever revealing the consciousness of the Holy Spark of the Spirit within each and every one. The sides were lined with our most faithful and inspiring Continental Kalantars and Leaders, reflecting in their noble countenances the light of understanding, and in their gentle hearts—love and blessings, and in their words universal wisdom and truth. And at the back of all, standing in all the majesty of Eternal and Everlasting Beauty, the most perfect picture in oils which the world has ever seen, of our Revered and Blessed Master, a picture with that nucleus of light, silent and beautiful, a figure perfected, standing out from all the colours of the universe, each one reflecting in its own aura of beauty, in the centre of which rose the perfection of God's own work of "Man Perfected."

Leeds.

—NORAGH.

P.S.—The Candles were again most kindly donated by Messrs. Price, Patent Candle Makers, and also the Altar Communion dishes and wine glasses and holders were all donated by loan, and were of the most exquisite glass, some most valuable, and many years old Georgian Silver Tankards, Loving Cups and Goblets added to the perfection of the beautiful Divine Service. (Loaned by our beloved Ethel, Mrs. Johnson and The Golden Hall, etc.).

Civic Reception

A Civic Reception and welcome was given to the Leaders and Associates of the International Mazdaznan Movement at the HARROGATE GRAMMAR SCHOOL by the Mayor of Harrogate, Alderman J. Boehrer Charles, J.P., on Easter Monday evening. The Mayor was accompanied by the Mayoress and Councillors Tennant and Holmes.

Lt.-Col. A. F. Gault, of London and Canada, in addressing the Mayor and party said: "Mr. Alderman Charles and Lady Mayoress: Our very dear confrères and good

friends of Mazdaznan, on behalf of the Association of Mazdaznan, of which the entire organization is represented here to-night, we do give you a royal welcome into our midst, feeling we have found new and very sincere friends indeed. We have had a very wonderful conference, Sir. We always feel that the best is never too good for Mazdaznan, and this time we almost feel that we have had the very best possible. We have appreciated every moment at your splendid Grammar School. We have deeply appreciated all your courtesy and kindness in throwing open to us the many privileges of your wonderful town. We do not take things for granted. We have thoroughly and very properly endeavoured to reciprocate. We have tried and every one of our noble Associates has tried to be a real example of this Cause and to show the highest sentiments of appreciation of your fine town and for the courtesy extended to us. This beautiful Hall with its marvellous floral decoration has admirably suited our purpose. We have had a great variety of entertainment; we have had all sorts of philosophical dissertations from our great and eloquent Continental Associates, many of whom are Professors and teachers and also our British and particularly Yorkshire people have assisted us tremendously on this occasion. You, Sir, we thank for your invitation to this beautiful town of yours. We come from London and originally from Canada. We know pretty well how things should be done as we have visited many places in the whole of the United Kingdom, and Harrogate has excelled. Harrogate is a well-known representation of the Healing Art. We want you to realize that we are in that business too! (Laughter). The Business of Perfect Health. We believe that health alone makes one 'en rapport' with the universe. Health makes it possible to be a noble citizen. We have great political ambitions too, for the internationalization of the whole world, or the Federation of Nations, known and presently instituted as the League of Nations that it might become the Great Round Table of the Universe. And so to-day, Sir, we have many in this room who are great students of life. To be Mazdaznan you must have characteristics which permit you to be perhaps a little

different from your fellow-men." If we are to promote a new and better state, which we believe we are doing, and we can prove it, we have to be different. We believe of course, and like to say it, everyone should learn to breathe correctly. Unless we breathe correctly we can never be true to ourselves. Everyone also should learn Scientific Dietetics and understand perfect combinations of fleshless foods, Exercises and Eugenic Laws. We are not sanctimonious, but we do believe we are the most practical and best people on God's earth and we want everyone to have the same opportunities that we have. We do feel that our gratitude is and will be expressed better and better by our dear people from now on. We shall never forget your kindness. We certainly will and do try to reciprocate. During this weekend many hundreds of our visitors have been in your town. On behalf of the Mazdaznan people I am most grateful to you, your City Council, Corporation Officials and Staff, and the efficient staff at the School, Mrs. Pickard and staff, and the instant and courteous assistance of the caretaker, Mr. G. Exley and Mr. J. C. Hanson his assistant. We wish you all long life, prosperity and health, and the wisdom to investigate Mazdaznan." (Great applause).

The Mayor, Alderman J. Boehrer Charles responded: "Col. Gault, Ladies and Gentlemen, to me this is a very great pleasure to welcome you to Harrogate. I do so for myself and on behalf of this magnificent town of ours which Col. Gault has spoken so well about. I have great pleasure in thanking him for what he has said. It has done us a great deal of good, not only the people working for this town but also in advertising it outside. I am giving you a welcome under extraordinary conditions, when you are all just about to pack your bags and go home. (Laughter). Incidentally this is the third speech I have had to make to-day. It reminds me of a story I told to-night and which will stand repeating here. It is about a Scotch parson in Aberdeen. He had to give during a time of financial stringency two sermons on the Sunday. Instead of paying one shilling for two sermons he saved sixpence by buying one. In the morning he read it for his congregation most

eloquently and in the evening he read it again—but he removed his teeth! (Laughter). Now ladies and gentlemen, I am very delighted to be here. It is very considerate of you to have reserved me a place amongst the Continental group of charming people. Their happy faces have impressed me from the very moment I came into the room. I was here last night unknown to you and had the great pleasure of hearing Julian v. Karolyi. I most intensely enjoyed listening to Chopin and Liszt, two of my favourite composers. I pay great tribute to Julian v. Karolyi for his excellent playing of the piano. It is true we are a Health Centre and you come here exuding health (Laughter). This is the place to come to in spite of the fact that you are healthy. We want healthy people. We do not only want sufferers on crutches. If everyone came on crutches we should have to stop the traffic, and I do hope in spite of my years that I can still speak as a young man, even though I am not a member of Mazdazkan (Laughter). Now I have to inform you that by the courtesy of the Chairman of the Baths, at two o'clock prompt those of you who have not been round the Baths will be able to inspect them under the guidance of the Deputy Chairman Councillor Jennings and Councillor Tennant. Please meet in the Foyer of the Bath. We have the finest bath suite in Europe. Your Chairman, Col. Gault, has said that you exude health and life and that you have all had full experience of life. I too have had it in many ways, although I have not before contacted Mazdazkan. In any case I have had a delightful experience this evening. I am even more delighted to see such happy faces. I never realised that I should see such a bright gathering when I came into the room. Now to all of you I say (here the Mayor most eloquently addressed the French and German Sections in their own tongues). And to the English, I wish you a very happy few remaining hours in this town. I hope I may see you again. I shall look forward, even though I may not be the Mayor, to be invited on your next visit to Harrogate and enjoy again looking into the happy faces I have met to-day." (Very loud and continuous applause).

The Mayoress also gave a short but very eloquent and kindly speech. About 350 people were present on this occasion. Many had already been compelled to return to their businesses before the Reception.

—THEODORA TROMAN.

10 Maddocks Street, Shipley.

To the Mayor of Harrogate

His Worship the Mayor of Harrogate,
Alderman J. B. CHARLES, J.P.,
62 Kings Road, Harrogate, Yorks.

April 22nd, 1938.

Dear Mr. Alderman Charles,

Greetings to you and the Honourable Corporation of Harrogate! Salaam!

On behalf of our British Mazdaznan Association and our many Continental and American delegates present, as well as myself, I have the honour to extend to you again, Sir, and the Members of your Honourable Council, our most sincere gratitude and deep appreciation, for your great kindness and courtesy, and for the hospitality so cordially shown to us, during our Easter Gahanbar, spent in your beautiful town of Harrogate.

The Buildings provided and all the arrangements so lavishly given, were, we all thought, just perfect, and suited us most admirably, though, as perhaps you may have noticed, notwithstanding their great commodiousness, proved none too large for our numbers, which even taxed all space to the utmost. That, we mention as further and conclusive evidence of the popularity of Harrogate among our members, because of the very kindly memories gained when the Town was good enough to accord us its privileges, four years ago.

Permit me also to say, Sir, what a very great pleasure it was to us all to have the honour of yours and Mrs. Charles' company at our Dance and Banquet on Easter Monday evening, and to hear both your and Mrs. Charles' very eloquent and felicitous words of welcome and kindly sentiments, expressed to our great organization on that very happy and memorable occasion. Please be assured also your speeches in French and German, touched greatly our Continental friends, who were charmed and delighted at such recognition. With repeated thanks, and expressions of our united esteem.

I am,

Faithfully in Mazdaznan,

(Signed) ARTHUR F. GAULT, Kalantar.

The Individual Breath

"So it is the maternal breath which governs the contingency of life. There is no escape from this slavery except by establishing an **INDIVIDUAL** Breath. It is with this end in view that you must engage on this study.

To make doubly sure of success in this exercise and to avoid the possibility of anyone going astray, we repeat that the individual breath requires seven seconds (or beats) for inspiration and seven seconds (or beats) for expiration. The maternal breath lasts for at most three seconds in each direction, and if it is only for two seconds or less, life has a gloomy outlook for anyone burdened with it."

—EDWARD SZEKELEY,
"Cosmos, Man and Society,"

(who gives our Master full recognition and bases his Philosophy on Mazdazgan).

A Mazdazgan Mystic

(Continued)

4—The Homeward March of the Caravan

To resume the thread of our narrative. The caravan started on its return journey. The route was long and beset with dangers. Dangers of highwaymen, and dangers of attack from religious fanatics. The travellers were all Zarathushtrians of the highest order: but they dared not to disclose their identity. They had to be cautious and careful. It was a caravan of holy men, and many a time must it have happened that it had come to close quarters with the roughest of men, and the wildest of robbers, merciless marauders and heartless men of ferocious animal propensities. But Rasheedji the leader was a man of piety and when he and his comrades could command retrospective vision over centuries gone by, and could as easily foretell events pre-arranged by Nature's laws, it does not become difficult to believe what Ustad-Saheb related, that on occasions of such imminent and grave danger, Rasheedji could make himself and his company invisible to hostile

eyes and they would pass by such gangs quite within touching distance and yet remain unseen by them. All marvels and every mystery is as much in accordance with the laws of Nature as was the apple that fell on Newton's head; but ignorance it is that makes the miracle. The simple villager who, when he first saw a flood of the most brilliant light shoot out of a ball of glass not much bigger than a marble at the townsman's mere touch of a button somewhere, he believed the latter to be a devil-inspired magician and became quite nervous over it. The performance of a miracle is nothing more than an exhibition of the knowledge of laws unknown to the generality of men.

The city of Peshawar and even the frontiers of India were soon lost to view. The first halt was at Kafristan; from there to Afghanistan's upper border and thence towards the northern part of the famous country of Khorasan which is a province of Iran and which in its days of prosperity had for long shielded the Irani fugitives from the persecution and tyranny of their Arab conquerors. From Khorasan the caravan proceeded in a north-westerly direction till they all reached the city of Azarbaizon, the true birth-place of Zarathushtra the first prophet on Earth. The caravan was now in the north-western provinces of Iran. Thence they started afresh for the final stage of the blessed journey and soon came in sight of the longed for destination and goal, the "Kuh-e-Demavond" in the Albaruz range of the mountains of Iran. The trunk roads and side roads that lead up to the plains in the valley of the Demavand mountains are open and known to all; but the paths that lead thence to the city of Firdos are what may be spoken of as the mystery march of the travellers. These paths are guarded by talismans and are invisible to uninitiated eyes. In this beautiful plain on the open side of the Demavand, the caravan, quite unaccountably divided itself into two parts, one of which left for a destination no one knows anything about, perhaps for "Chaichaspa." The other, which had Behram with it, proceeded in a particular direction towards the hills. The narrative is studded with events and occurrences which distinguish themselves as unusual and one more of such was that Behram's friends, when

they had gone but a few paces, quite suddenly and unexplainably, and unexpectedly found a venerable Dastoor very comfortably reclining on a rock in the uninhabitable wilds of that place. It seemed as if he had been informed of the approach of the caravan by a telepathetic telegram, and that he had therefore come out to receive them. This mystery, whatever its solution may be, most certainly connotes a perfect organisation and a perfect system of communication, which, though assuredly wireless, yet had its transmitters in the human mind, and its receivers in the human hearts. The Dastur led the way for Behram's friends. They soon came to a place where the loose boulders had become heaped into a hillock. The Dastur removed a few of them to discover a deep dark tunnel; and, entering therein, once more led the way. It was utter darkness, but there was trust, and faith and confidence. The flock was fear-free. They are wrong who say darkness inspires fear. No, it is distrust that does it. And true it is what St. John has said: "Perfect love casteth out fear." It was not long before a hopeful ray of Khorshed peeped through the gloom once more, and joy stirred afresh the hearts of all. The blessed light grew brighter. They were in the abode of Love and Liberty. The Firdos, the monastery of Mazdaznan monks; the "Saheb-e-Dils," the masters of self and the servants of God.

This place of mystery which has up to now defied all archeological, and geological research and excavation is located somewhere on an unseen peak of Demavand, and its physical boundaries are, that the town of Tatriz is on its west; the capital city of Teheran on its south-west, and the country of Khorasan to its east. These places of mystery are like the storage batteries of the forces of the All Good, and have, therefore, to be scrupulously guarded against unfriendly or curious intrusion. On the strategic points of its utmost limits, they say, there keep guard by turns during the day, the highest advanced souls, the real "Ashavans," who, so to say, watch from their towers. Whenever a suspicious approach is sighted, they use the highly developed powers of their soul, to so influence the

approaching troops as to unconsciously lead them away from the direction of the Firdos. Whether it is believed or disbelieved, for them that have faith, it is a fact, and for them that have not, it is a legend. Faith to a large extent is the result of knowledge; and the absence of it may otherwise be described as ignorance. We have said Nature knows no accident; and it may be added that Nature knows no miracles either. Every phenomenon, of whatever character it be, happens in obedience to a law of Nature, and there is nothing beyond that.

—NANABHOY F. MAMA, B.A.,

Nana Buildings,
Near The Tardeo Bridge,
Bombay, 8.

(To be continued.)

What to Eat

Simple Menus

JUNE, 1938

BREAKFAST: Berries in Season; Wheat Biscuit; French Roll; Honey; Coffee or Tea.

LUNCHEON: Assorted Appetizers (Green Onions, Radishes, Olives, Celery Hearts); Russian Rye Bread; Cheese; Preferred Drink.

DINNER: Lettuce with French Dressing; Spaghetti with Spanish Sauce; Fresh Vegetable; Blueberry or Green Apple Pie with Cheese; Black Coffee.

—Specially Contributed by
MOTHER CLARA A. PEARCE,
Seattle, Wash.

CONTEMPLATING SUICIDE?

The applicant had taken out some life insurance which required a physical examination.

"Why do you have Z-4602 tattooed on your back?" a doctor asked.

"That's not tattooed, doctor," replied the man. "That's where my wife ran into me with the car when I was opening the garage door."

Synopsis of a Talk upon Virus and Entozoa

PART II.

(Continued.)

The word "worms" is an ugly sounding word to cultivated hearts and arranged minds, but we can face it if necessary. Worms within the body, in time, produce micro-organisms, and from America comes the handy word "bug" to cover all the rascals of adverse conditions. Worms belong to a fauna which means a kingdom; they are a residue of the animal kingdom, falling to what may in all accuracy be termed a sub-kingdom and if that kingdom was left alone by so called enterprising white man, it would decrease and entozoa not within the universal design would vanish. Now the worms that we meet with here in England to-day are survivals and to complete an evolutionary process they seek man as their host for three to fourteen years. Please notice I say an evolutionary process. They are really devolving units of a fauna. They are attracted by unclean man. In man only can they evolve to some sort of organisation, with testes, seminal tubes, ovaries, digestive tubes, brain, etc. A very objectionable worm comes from the pig, and no doubt Moses knew that as well as many other things. Worms reach man through many devious channels. When fully grown they seek to leave man, and very annoying it is to the host to be continually reminded by his "guests" that they seek to quit.

In man and animals they irritate and all manner of complications may be set going. In Mazdazgan we know what to do, and we desire to tell others.

Fasting, supervised, is a certain cure. Commence treatment as laid down by the Master in his great work. Virus, medically, is defined as a morbid product. That is all the world knows. Virus does not itself actually produce a "bug." The word "virus" is employed very carelessly. It is not necessarily a poison. Man can put poison into his body in a great many different ways. Blood circulates

through the heart, which distributes it equally to all parts of the body the pressure rising and falling as needed. So long as the blood is pure and its quality rich, virus (inherited residue) then tends to decrease, and eventually there will be none, subject to conditions. Because one is a vegetarian and fruitarian it does not follow one is freed from sickness. Their interiors are certainly cleaner, and over generations they should marry into vegetarian and fruitarian families. But without skill the best results cannot be expected. Practically it is satisfactory to know from evidence accumulated that cattle and other animals and man, however extensively measled they may have been, can be thoroughly cleansed of the disorder by Nature herself. It is only necessary to be separated from infectious conditions. Mother Nature is always working for us and unthinkingly we oblige her to work overtime. What stores of good things she has in her cupboard for us, all as yet untasted.

The word "reservation" is another which all of us should understand. It is keeping something back for a future time, closeness. Whatever we do; it does not matter how trivial it may appear, let us do it to 100 per cent. of our capacity for the expansion of life. If anything appears doubtful, don't do it, or lend your mind to it if it appears to be adverse-to-life in your immediate environment. Our minds are then freed, there is no "reservation," that what you do may escape the "other's eye." If a reservation is secretly held, the mind is not clarified, and is unable to reach completely and fully over all our organisation.

Breath is life. If we follow Mazdaznan breathing, concentrated upon Ga-Llama, ignoring, and honestly striving to turn aside for the time, irrelevant fleeting thoughts which come chasing through our minds (and of which we cannot claim to be the manufacturers) then through correct breathing the whole of our organisation is set right, our minds aided and more of our brain cells activated, giving our memory a chance of unveiling hidden knowledge carried through varying outstandig racial experiences through the centuries. We have to court wisdom. Let us court it and then with a freed mind "all things will be added unto you."

The slightest "reservation" only retards our well-being and obsessions are started. "Why art thou so mindful of man that thou hast made him a little lower than Elohim, and crowned him?" Man is so delicately balanced, and yet, endowed with unlimited dominion and strength.

The caecum is normally three inches in diameter but may be enlarged by accumulated faeces. A cheap laxative during a short fast can be made with the peel of fresh oranges, pouring boiling water upon them, allow to stand for twelve hours (jug covered by a piece of fine muslin). Drink during the day two or three glasses. Eat a couple of bran buns or a charcoal biscuit. Whenever half a grape-fruit is eaten, replace the scooped out half upon the uneaten half and it will be quite fresh when required the next day.

Remember larva is carried to man through the mouth, and quite often through the skin. Teach your children to use soap, water and a brush on the finger nails on each return from school, especially the State schools. Keep their nails nicely trimmed, and never scrape the protective film underneath the nails with a steel blade as the tear made will carry larva for days, missed by the brush and soap.

—H. BLEWCHAMP.

London.

Victory Gahanbar Paris—1937

31st July to 16th August

(From Notes by Theodora Troman.)

(Continued)

Mealtime Talks

MOTHER GLORIA: "Yesterday evening at the Education Meeting, Brother Stanley Whitehead would have spoken had there been time on MAZDAZAN EDUCATION APPLIED IN AN ENGLISH ELEMENTARY SCHOOL IN LIVERPOOL."

STANLEY WHITEHEAD: "In our Mazdaznan Work we ever seek to grasp the opportunities to introduce Mazdaznan Science into the culture of our country and the world. We

are particularly interested in the children because the one great fact we keep before us is that the children of to-day are the young men and women who will shoulder the responsibility of 1960. The opportunity which we have to tell you about came to us through one of the masters of a school in Liverpool attending Fleetwood Meeting. He told us he had 1400 children under him and his school was one selected by the Education Authorities for experimental work. He asked us if we would go along and conduct exercises to classes of a selected number of boys in order that he himself and his staff might be convinced of the infallibility of the Mazdaznan Message. We did that during the last term and we visited for a period of 14 weeks. Under this educational system the boys were graded according to intelligence. There are A B and C boys and it is generally the rule for A boys to remain A boys during the whole time of their scholastic career and C boys to remain C boys. We are happy to report that in the class we took which was composed of 30 C boys, 15 B boys and 11 A boys, every boy became an A boy through mental development. Now in taking this class we were first shown what the boys were doing. We found that they were exercising to the sound of a whistle, were exercising to music with military precision, exerting themselves to such an extent that some of the boys were not allowed to take physical culture on account of their health. We made a special request for these boys to be put in the class. We taught them how to relax, stretch and breathe. Now we have the headmaster and staff convinced that the Mazdaznan Method is The Method for children's education. We are, therefore, to have our great opportunity, which is this. Our Education Authorities in England require definite proof in figures and charts that the method we are employing is making the difference. Next term we are to take a class of 60 boys, specially selected backward in intelligence, physique and character and we are to give them our exercises for twelve weeks. The masters already know their characters and their intellectual attainments. They are going to be checked up at the end and the whole results are to be charted and placed before the Liverpool Education Authorities.

Not only that, we find the children intensely interested. So much so that although we have not been able to do much in regard to diet, they are asking us, 'What can we do to be better children?' Next term we are also, through the goodness of the headmaster, to be allowed to address the parents of the children, so that we may explain to these parents how they can attend to matters of diet in the homes. It means much to those children and the children of the world. HAIL MAZDAZNAN FOR THE CHILDREN!"

TUESDAY EVENING MEAL.

MOTHER GLORIA: "The round table conference has been most enjoyable. We really think it should not be very long before we start a MAZDAZNAN UNIVERSITY. Think about it and send your money to build it. We have so many wonderful talented speakers."

From Mother Ashoi

BOMBAY, April, 5th, 1938.

Dearest Guromano,

Greetings of Love to you, Viola, and all Associates at the Golden Hall! Salaam!

. . . We have started on our usual rounds, and daily have callers here. Last night at the Cama Institute, which was packed (over 300), all fine looking people and they gave us great attention. Their High Priest was Chairman and many sat on platform. Mother Gloria was called on to speak first, and she certainly stirred them. She spoke on Master and Mazdaznan for three-quarters of an hour. Then I spoke, and said a few words about Lady Bilimora being at the Golden Hall and about Brothers Wadia and Mama, and extended them greetings from London and you dear. It was a bit difficult to speak as all windows were open and many fans going; but I took advantage of Maude's speaking to find the right pitch for my voice, and was able to let go. I told them of our work in Britain and how we looked to them to step up and join in this Advance Army of Progression, to make a glorious Future out of the Heritage we all had been given from the past. We had lovely garlands given us and big bouquets, and people crowded around us until I was nearly a grease spot.

This noon we drove to a Montessori School and really all the children looked lovely and white and many beautiful mothers were

there, and also men, young and old. Maude was chairman. She called on me to speak and I told of how teachers in England used our System of Diagnosis for the Health and Development of the pupils. I took a little boy, intellectually based, and put him on a chair and told them about him; and were they interested? Well!! Maude gave them some of our exercises and got them doing them and Mrs. Caspari played piano and we put them through the "Seven Second Exercise." They don't teach Breathing or Exercises, and many eat meat and lots of the women smoke; as two did in room. That gave me an opportunity to speak on my PET SUBJECT!! They want me to give them a Class and perhaps I will, if events shape themselves.

We speak tomorrow at Vegetarian Society Hall. A little man called the other day and asked us, and he asked me if I was 80. I smiled and said "No; a million." The nerve of him!

We are asked to a Garden Party by Sir H. C. Dinshaw at his beautiful bungalow. The Parsees have many fine and titled people, but say that they are not now so proud of their youth as heretofore. They truly need our Mazdaznan practices; they are too fine and noble to in any way retrogress. But many have awakened to the change and are determined to rectify it and restore the Ancient Faith to its pristine purity again. We feel they now know that we Mazdaznan of the West are also so resolved and that we are humble but true adherents of the selfsame principles, and worthy of such recognition. One thing sure, East and West merge in Mazdaznan and I did not fail to stress this great and vital Truth of Time and Eternity. Whenever you visit them, you will immediately agree. After Kashmir Mother Gloria thinks we ought to motor to Iran or Persia. She is anxious to touch all vital points. We hear the Shah is very much interested in re-establishing the best of our old Mazdaznan tenets. He has already done wonders for his great and wonderful land.

We have visited the "Towers of Silence" and the Caves of Shiva, away out in the Bay. It was terribly hot. We were carried up by four men. The carvings are marvellous and so big—all cut out of the rock and thousands of years old.

Maude and all of us join in love; and how we would all like to drop in on you at Gahanbar. May it be the best yet! And you may be sure we shall all be with you in our Good Thought. Love to you and Viola and a big Hug to everybody.

—ASHOL.

PARENTAL RESPONSIBILITY

Shortly after her marriage, the wife of a Scotsman had to undergo an operation. When it was over, the doctor told the husband that it should have been performed several years earlier.

"Then ye maun send the bill to her father," said the Scotsman.

This Month's £1,000 Remedy

By Dr. O. Z. HA'NISH

Food Facts : Black Radish—A Panacea in all Urethral Cases

The black radish contains natural carbolic acid which cannot be substituted by any chemical compound. It is therefore of high value in all kidney, bladder and even cancer troubles eliminating pain first and slowly cleansing the system of sediments.

Grate the radish fine; mix with pure virgin olive oil. Take about one table-spoonful before the first meal of the day continuing for five weeks. In severe cases you can take it three times a day, always about twenty minutes before meals. To assist nature even more take one teaspoonful of cream of tartar to a glassful of boiling hot water upon retiring. Olive oil does not agree with some temperaments. In that case boil the olive oil about half an hour which removes most of the resin in the oil.

The Prenatal Origin of Genius

PYTHAGORAS

Pythagoras was a child who was prenatally dedicated to his life mission by devoted and conscientious parents. The Pythoness of Delphi, when consulted during a journey by the young married couple had promised them "a son who would be useful to all men throughout all time, a son surpassing in beauty and wisdom all who ever lived, and who would be of the greatest advantage to the life of man." The oracle sent them to Sidon, in Phoenicia, so that the predestined son might be conceived, formed and born far from the disturbing influence of his own land. Even before his birth, the wonderful child had been fervently consecrated to the worship of Apollo (God of music and medicine) by his parents. (Schuré).

—"Regeneration," New York.

CALF'S FEET?

The weather being hot, a jelly which a mother was giving her children at tea, had not set too well.

"No jelly for me, mummy," said the youngest child. "I don't think it's dead yet."

The Secret of Birth Revealed

By Stephania Sypkens-van-Andel
NEW SCIENTIFIC EUGENICS

PART IV.

(From the Mazdaznan Teachings of Dr. O. Z. Ha'nish)

(Continued.)

The Conception of a Girl

Because the mother does not know whether she is bearing a male child or a female child, there are many troubles. She leaves all that to the forces of Nature. The better we harmonise and consciously work with Nature's laws, the faster humankind will progress. Due to these doubts as to the sex of the child-to-be-born, homosexuals are produced, and there exist female men and male women. Harmony between the sexes in us is something quite different, and natural, because it conforms to Nature's laws and plan. Much misery is due to errors in eugenics; and so we shall now explain the way in which a boy or girl may be conceived, since the time for concealing such things is now past. It is through the thought of the mother that sex may be determined. I, myself, have borne a girl and a boy, and given them a conscious prenatal education.

The Revealed Secret

The best period in which to conceive a girl is immediately after menstruation and for the next seven days. The woman must follow her natural inclination, and be PASSIVE. During copulation she must not look into the eyes of her husband; the man, on the contrary, must be ACTIVE. Through their will, their thought and their power of visualising, the female side will be predominant in both parents, for man has the female side in his being as well as the male and by concentration it is made operative. The woman must

gaze upon a picture of her ideal of womanly qualities, either an actual one or in her mind's eye. They talk of elevated things and of the qualities and propensities they want to embody in their child.

1. The preparations for the child the parents want to have must be begun at least six weeks before conception.

2. Through copulation electro-magnetic currents are engendered. If the contact lasts 20 minutes to two hours the child will be very strong and healthy.

3. Copulation must not take place one week before menstruation, because the generative organs of the mother are then giving out poisonous substances that must not be thrust back into the womb and so penetrate into the embryo.

4. By watching her menstruation and the time the female cell takes to leave her body, the mother will be able to know whether she will give birth to girls and boys, or only to the one or the other.

The Conception of a Boy

The favourable time for the conception of a boy is from the seventh day after menstruation to one week before the next menstruation. A woman feels active during that period, and she must then be ACTIVE during copulation, and the man PASSIVE. She should look straight into the eyes of her husband, but he must not look at her. Thus the male principle is brought forth. Again they talk about elevated things and of the talents and position they want for their boy. God gives what we ask Him for, if we only submit to His thoughts and plans.

The Umbilical Cord

The blood must circulate freely into the cord. From twenty minutes to three-quarters of an hour after birth a white spot can be seen on it at a distance of a hand-breadth from the body of the child. This is the moment when the umbilical cord should be cut, or, better still, broken at this place. In this way stupidity, nervousness and intellectual deficiencies in after life are prevented.

Abortion

Many children are born too early because the parents did not cease relations during the pregnancy. Children sometimes come into the world apparently lifeless; but if the child has no apparent bodily fault, it may be brought to life again.

Any mucous must be removed from the mouth of the child. Generally the lungs are stuck together, so that the child cannot breathe freely. Bathing and spanking do not help much; the following is the right treatment to bring the child to life:—

Twist a towel round the back of the child so that the ends come in front of it. Take them in the hands across the child's chest and pull so that the chest is pressed. Then let go suddenly. The chest expands; and this process is continued until the air penetrates the lungs and circulates freely. The child will then have come to life again.

Scientific Wisdom

9 Lancaster Court,
Newman Street, W.1,
3rd May, 1938.

Dear Guromano,

Greetings! I thank you very much for sending me the copy of "Fallacies underlying the Einstein-Eddington conception of curved space."

I am glad that mathematicians now throw Relativitism on the dump of anti-rational theories. Real scientists confine the art of measurement to realities and will not try to calculate non-existent dimensions. Space is not structural and therefore cannot be curved, spherical or any other shape whatever. Whereas the structures of material bodies are shaped by the energy and natural laws of motion.

I hope to be along on Wednesday evening. Yours ever in Mazda.

—W. H. PARKES

Atmospherics

"Truth Is Stranger Than Fiction"

"To labour in the interest of Science is to labour for the redemption of Humankind."—Master.

PENTECOST.—

"I send thee Tongues of Fire,
I send them to thy heart,
Blessings, blessings, blessings,
To thee I now impart."—Master.

"Peace through 'Free Energy,' Compressed Air," Aerial Navigation, and the 'Death Ray.'"—Master.

HIS TRUE RELATION.—"Man should profit by the wonderful lessons expressed throughout nature. Although his better self lies slumbering and his thought is deeply engrossed in materialism, man must eventually awaken unto a higher state of consciousness, realising the purpose and object of his existence in matter, and revealing his true relation to life and eternity."—Master.

DID YOU EVER MEET ONE?—"The mental crank is as much a nuisance as the physically diseased. The latter bothers you with advice and counsel, while the former has an insatiable desire for information upon topics that force imagination and fancy out of their pivots."—Master.

"Federation of Nations" Gahanbar at London, Easter, 1939.—The World's Biggest Peace Rally and Assemblage. All Mazdaznan and Friends expected from the world over. New and Old, East and West, North and South shall merge and "Cross and Crescent again become at one."

GOLDEN SUNLIGHT.—"Whatsoever a man has done, whether good or evil deeds, not one is of little importance: they all bear some kind of fruit. Our deeds, whether good or evil, follow us as shadows."—Buddha.

OUR EASTER HARROGATE "SUN-CLOTHED" GAHANBAR.—"We are indeed happy to know that another big British

Gahanbar will take place at Easter-time, continuing the commendable traditions of the British Association."—Emanuel. Los Angeles, April 12th, 1938.

Big Mazdazkan "Youth Movement Campaign" in Yorkshire, starting June 16th with the "Leeds Septette" Display. Speakers: Viola Gault and Daddy Guromano. For particulars enquire Sister Lena Bowman, 33 Springbank Crescent, Leeds, 6, or Daddy Kenneth Brown.

"BE BRAVE."—"Good fortune is the companion of valour."—Duke of Wellington.

THE BRITISH ISLES—Professor Max Müller, for example, wrote: "No historian can tell us by what impulse those adventurous Normads were driven through Asia and Europe towards the isles and shores of the west."

SPIRITUAL VITAMINS.—"It is a dreadful thing to have looked at life through a disordered stomach or to have manifested the pessimism of duodenal catarrh and to have claimed the approval of God for one's views."—Rev. Arthur Porter, M.A., D.D.

"47,000 Taught to Breathe by Woman who wants to be their M.P. She has them doing Lung Exercises three times a day. Some day a woman M.P. is going to rise up in the House of Commons and exclaim sharply, 'The hon. members are not breathing properly. Sit up—and get those lungs filled!' At least, it may happen if Miss Dorothy Roddick, prospective National Government candidate for Plaistow, West Ham, London, wins a seat in Parliament. —"Sunday Express," 10th April, 1938.

(Miss Roddick gives Capt. Knowles the credit.—Ed.).

FROM GERMANY.—"Happy Easter Greetings to you and Mother Ashoi, and the Saints and great success for your Gahanbar at Harrogate. Yours as ever."—Hedwig and Dr. Rauth, 16th April, 1938.

FROM NO. 149, PARIS.—"Safely and all arrived to Paris again. We shall never forget the most marvellous time we spent in London and Harrogate. Much love."—Juliette.

FROM COBLENZ.—“Happy Easter to you and all our loved ones assembled at the Harrogate Gahanbar. Salaam! Our hearts and thoughts are with you constantly.”—George Kazamek and Friends.

FROM HERRLIBERG.—“Love and all Gahanbar Greetings.”—Vera Gee.

FROM KARNAK, EGYPT.—“Greetings from Karnak. We have had a thrilling trip, Dr. Jessie and I, and seen the best of the Antiquities. It has been hot, but not unpleasantly so. Assuan is delightful.”—Violet Hammerton.

FROM NEULLY, SEINE.—“Salaam! Greetings of Joy and Best Messages for a most Happy and successful Gahanbar at Harrogate.”—Caroline C. Graff.

FROM PRAGUE.—“With Best Wishes for a Happy and Glorious Easter, from yours sincerely in Mazda.”—M. J. Valle-Jones. Good Friday, 1938.

FROM SAN DIEGO.—“We wish you and Associates Showers of Blessings and much Easter Joy at your coming Gahanbar.”—Mother Amalie.

RUSSIA'S BAPTISM, 988.—“Good and Happy Easter! Our loving greetings and salutations to all our friends and Associates of Mazda! May your Gahanbar in Harrogate be joyful and successful, and that mighty emanations of Love and Peace spread on ethereal waves all over on our planet—to keep the harmony of life and divine evolution!”—Russian Family in Paris.

PRUDENT LEADERSHIP.—“To keep our democratic faith and practice intact in face of the hurricane forces now loose in the world calls for a remarkable combination of wisdom, courage, and restraint, of prudent leadership and sustained national effort.”—Mr. Anthony Eden.

BRIGHTON.—“Thursday Meeting at St. Francis' Hall was very good—quite a number of new people, mostly Easter visitors, and all very interested.”—Mother Ernestine.

NEW EASTBOURNE CENTRE.—Grand Opening, Thursday, May 12th, at "Theosophical Rooms," 3.30 p.m. In charge, Mother Ernestine. Special Speaker, Mother Sophie Huntsman, of London. Subject: "The Healing Power of Breath." (Tea served afterwards). 5,000 Leaflets distributed. Bravo!

"THE STIR UNTO ALL."—"Under the sign of the Swastika as a bold defiance to Catholics, Jews and Lutherans alike, the original pagan Sun-worship is breaking forth to assert itself under Nazi rule. Not that we approve or sympathise with its cruel methods of assertion, but unless we see what actually took place we will continue to fool ourselves and ignore the facts, and then, this same fate will in time overtake us, too, in some form or another."—Leon de Aryan, "The Broom," San Diego.

THE MAGIC SEVEN.—The seven properties in Nature are called: Matter, cohesion, fluxion, coagulation, accumulation, station and division. (Now you know!).

OUR GRAMAPHONE 7 SECOND RECORD.—"Daddy, Mother has opened the Record. What a beautiful thing it is."—Nanabhoy F. Mama, Bombay.

NEW YORK ACTIVITIES.—Elsie Blumenhagen writes from New York City: "The New York Centre started again its regular meetings in Carnegie Hall. A Health and Breath Class will be given every Thursday night at 8 p.m.; Lenten Services at 7 a.m.; Sunday afternoon meetings at 3 p.m. A Centre of Information has been established in Studio 121 (12th floor Carnegie Hall), 154 West 57th Street by Lottie Maurer. All literature and supplies available there."

FROM PHILADELPHIA.—"Am sure you are 'top-heavy' in plans of Perfect Presentation of Easter at your Gahanbar. It is indeed stupendous the sacrifice and service British Associates continue to offer in the glory and name of the Holy One. Blest be the Tie. Am sure there is Love, more Love, flowing, and that your cup runneth over. It is marvellous!"—Ruth E. Fesmire.

MAZDAZGAN "HEALTH AND BREATH" THE SUPREME EXERCISES.—"By exercise, I mean mild and graduated exercise, rational and natural exercise, and, above all, exercise in the fresh air. Walking, for instance, is the most admirable answer to the question."—A. J. Cronin, Author of "The Citadel" in "The Star."

The Mazdazgan Lung Muscle Exercises and Seven-Second Breath were practised with great zeal and fervour by the Women's Institute at Weston, Hertfordshire, when Mother Sophie Huntsman spoke to them on "Physical Fitness." They bought the record and propose to use it at their meetings besides teaching their children to breathe rhythmically. (April 21st).

"SOFT SOAP."—"If it wants this old world to go forward, not backward, it is time to quit dealing in soft soap, and tell the plain truth—that 'as ye sow, so ye reap,' and there is no getting round it."

BRITAIN'S BLACK PATCH.—"How long before we wake up and end the scandal of our distressed areas, our derelict land, our half-deserted empire?"—"Daily Express," 20th April, 1938.

FROM TOMORROW TO TO-DAY.—"Our enlightened posterity will look back upon us who eat oxen and sheep just as we look back upon cannibals."—Winwood Reade.

"TONGUES OF FIRE."—"The Spirit moves me to send a small cheque for the Funds, two guineas, and may it help on the good work a little bit."—I. M. A., Welwyn.

"THE SUN-CLOTHED MOVEMENT."—"We are feeling much encouraged and inspired after that fine and most successful Gahanbar; we had a splendid time, physically, spiritually and mentally, and have realised very strongly, as Guromano emphasised, that Mazdazgan is a 'MOVEMENT,' and so we must be moving consciously all the time."—Mother Ernestine, Brighton.

To the churlish be chivalrous;
 To the ENFANT be grown up;
 To the pride of Pride be humble;
 But to the "enemy" be silent;
 Because he does not exist.

GLASGOW INTERNATIONAL EXPOSITION.—The Golden Hall Trust expect to stage a Big Campaign at Glasgow Fair, in late August or early September. We want and require great Help locally and from our Leaders and Associates. Please everybody who can COME and assist to again set Scotland on Fire with the Light and Love of Mazda. Watch for details next month.

ST. GEORGE'S DAY.—SHAKESPEARE, 1564-1616.—"I do love my country's good with a respect more tender, more holy, and profound, than mine own life."—Shakespeare.

APPRECIATION.—"There is a connection between all the Manifestations of Nature, whether human being, animal, plant, mineral, elemental—between ALL there is a connection. Thus, from ALL we can receive inspiration—all can inspire us; but we need Appreciation. We must bridge from our life to other lives, to attain appreciation and this bridge comes through Love."—Master.

"Have in your hearts love for one-another."—Master.

Food Reform

*"As a man thinketh in his heart, so is he;
 as a man eateth, so he thinketh"*

At our Paris Gahanbar we had many marvellous and practical "talks." In the absence of Mother Ashoi in India, we are using one given there by Mother Sücek.

Mother Gloria introduced her by saying: "Frau Dr. Sücek of Prague will speak to us on ALIMENTATION.

"I thank Mother Gloria. I have had the great pleasure of hearing direct from Master all about DIET and KITCHEN-CRAFT, and I would like to give it to you as simply as Master

gave it to me. Once a great Doctor came to Master and asked him whether Diet alone could charge the brain cells and Master said, 'Diet helps but first of all you must have BREATH.' Breath is the most important thing and after that diet helps. Master said diet changes the consistency of the blood, helps the glands and revives the nervous system, and that is the chief thing it does. It is a real art to be a good, clever cook. To understand the chemistry of food needs intuition, great intuition; it does not need brain power but intuition.

Master stressed the point that we have to bring out certain potentialities in food, and herbs and spices are for that purpose especially, as well as to give a pleasing aroma and taste. Master also stressed the point that the chief thing in preparing food is to use combinations that make it possible for us to get out of it the twelve bio-chemic salts, without which we cannot live to the fullest extent. Neither taste nor vitamins are the chief things to consider.

So to be a really clever KITCHEN CHEMIST you have to have great intuition and you have got to think of the different members of the family. Some need this, some that and some another thing. Food also has to assist elimination. Then in the preparation of food we must know whether certain things such as phosphates and nitrates can be used together. For instance, Spinach and green peas. If you use RAW spinach and yellow peas you can easily cook the peas and add to that RAW spinach. That is only one example to show that you can sometimes use phosphates and nitrates together. They do not always go together. We have to learn all these things. Some people suffer if they eat fruit, they suffer from acidity. If you do suffer so, use the yolk of an egg with the fruit and it prevents the acidity.

And so, to-day the Kitchen-Chemist is a very important person, really more important than any other kind of chemist, because you can, through wrong combinations of food, poison not only yourself but others. The whole welfare of the people is in the hands of those who prepare the food. Even vegetarians can be poisoned by wrong

combinations of food. For instance, two drops of Vanilla Essence in chocolate helps to overcome lymphatic nerves, but you can by using GARLIC, PREVENT the development of lymphatic nerves.

Master stressed the point that we ought not to have to study books or even learn from teachers when we cook. It ought to come to us gradually—intuitively. First of all we must learn to think out and prepare salads and different kinds of raw foods, and not until we have accomplished that should we prepare cooked foods. Master dextrinised everything possible so that we should not be poisoned by toxins or baccilli.

When preparing salads think of the colours as well, as Master said they charge the nervous system. We have all got colours we like best; they appeal to us and thus help our nerves. Then there is the glandular system to think of. Our glands need to work more quickly. We in Mazdaznan now need to think more about foods for the glands. Other foods are for other people whose vibrations have not developed so far yet. All these things are included in our studies in Mazdaznan, and we hope that you will be encouraged to pay more and more attention to this Chemistry of Food."

MOTHER GLORIA: "Spirituality made Practical—Intelligence made Livable. All that we said in regard to Mother Ashoi we would now say again. Mother Sücek will speak to us again in one of the afternoon Conferences."

"We are so proud, so happy, so contented with the truths which are embodied in the teachings which all our beloved Leaders have grasped. OH BLESSED THOUGHT. So this morning we have in thought united the spiritual with the material side. Let us never lose sight of the truth of life that God is manifest in the material through application of intelligence and will of the spirit. Thus our thought must be given to the development of the Spirit, not to develop the Intellect, but the use of the Spirit. Concentration of the Intellect through the unfoldment of the physical.

We will now withdraw for Luncheon in Salle Hoche. Both Halls are available for Exercises in the morning, owing to the crowding out.

We wish all the people who only understand English or French or German to take lessons in the other languages. We should like you to mingle with each other freely and learn the sound and cadence of the different languages and see your likenesses rather than your differences. When a sentence is translated immediately it helps us to get the relation of the one language to the other.

Master said, 'HAVE THE CONFERENCE RIGHT IN THE MIDST OF PARIS.' So please, all of you, give out leaflets with the thought in your mind and a smile on your face. ATTRACT the person to whom you give the leaflet. ATTRACTION IS LIKE A GOLDEN THREAD. We had printed 10,000 more leaflets this morning, please use them all."

HAIL, MAZDAZNAN!

News of Centres

"**Empire Stronghold.**"—Our "Sun-Clothed Gahanbar" pretty well takes up all our space, but, though a true and triumphant Empire Event, it was even more a real Mazdaznan International Peace Conclave of great joy and satisfaction. Though we missed many, so numerous were our numbers, so universal the spirit, so perfect and sun-clothed the environment, so happy, orderly and systematized the arrangements, that all seemed present and Love ruled and reigned. This is fact, not mere words; as all there will confirm. Truly, it would be hard, any place, to find more beautiful and up-to-date buildings, a more charming and cultured town, and better organisation than we had at Harrogate. The town excelled itself in its generous recognition, and everything we needed and asked for was immediately forthcoming. One look at the platform, with its mass of brilliant plants, blooming in profuse radiance, would alone indicate the supremacy of the occasion from the civic fathers' point of view. Then a glance at our beautiful and

choice programme will show not only a wonderful array of speakers, with subjects of transcendental and vital importance, but a perfection of noble charm in appearance, worthy of such a superlative International Gahanbar. We, personally, would only here add to the fine and many expressions now and already given, and to be given, our own very deep gratitude and thorough appreciation to one and all, for a truly magnificent and Holy Festival, immortalised forever by the love, and zeal and fervour of the entire Household.

It was indeed the "Abode of Song," with everyone doing their part and all nature our accompaniment.

While away, our Altar and Platform was taken by Sister Lily Knowles. Our April Dance Hostesses were Mrs. Palmer and Miss Handcock and our May 7th one, by Misses Allison and Davies. Both Dances were most jolly affairs and largely attended. Meetings go on apace and people come and go; but the Message goes on for ever, the enquiry ever growing.

The "Youth Movement" makes lots of headway; many going to Heelsum for July and August. We expect to have millions yet. We are campaigning in Yorkshire and Lancashire; then at Glasgow Exposition.

Eastbourne reopened in May and now joins our southern coterie of Centres. Great things are expected.

Altogether we are busy and intend to be busier. We don't ever close, except it be a Bank Holiday, and not always then. We have wonderful news of our Crusaders and Mothers in the East. They have performed "miracles," and stirred thousands. They can be reached by addressing them c/o Thos. Cook & Son, Ltd., Bombay, India. Since they started out air mails to the Orient are daily

The Work needs brave, conscious Helpers, and those who place their Covenant first before themselves, and are not lost in the illusions of the moronic minds.

At the Eleventh Hour,
Will I ask, too late,
If I earned the dower
Of high Destiny and Fate,
Or lost my Birthright here;
Because of folly and of fear?

P.S.—Mother Ashoi will be home, June 24th.

Bradford.—Sister Ethel Clayton writes: "Greetings and all good wishes from the Bradford Centre. You will be glad to hear we are having some very nice meetings in Bradford at present. Our study class (Eugenics) is proving very interesting, and has attracted some new, younger members. Last Thursday was Birthday night and seeing that Slippery Elm tea came in one of the cures during the lesson, we all went into the kitchen afterwards and made some, which we had along with ginger-cake, brought by two of the Associates. We are not able to have a regular Sunday meeting at present owing to financial reasons, but intend having a morning service on Palm Sunday, and, of course, are looking forward to the Harrogate Gahanbar at Easter. Please send our greetings to Mother Ashoi when you write. With love from all the Associates, yours sincerely."

Glasgow.—Mother Helen writes: "Greetings of Peace to you and all assembled and associated with you in Harrogate at this season of Sun-Clothed Gahanbar! Salaam!

In spirit and in prayer we are with you. As representing Mazdaznan in Glasgow, and though our physical presence is withheld, we desire to send to our own our thought-waves of Love and Success on this red-letter occasion, and with them to express our joy, felicity and gratitude that we are privileged to assist in the Greatest Cause for Humanity; and to record our humble thankfulness to our revered and Beloved Master for The Great Message He clothed in such brilliant yet simple language so that even the least amongst us could understand. May we, each one, become so imbued with the spirit that was in Him and courageously give out the Great Challenge to all the dear souls seeking the Truth in Life. We kneel in silence in memory of Him

and join in all your holy deliberations on this Blessed Occasion. May you prosper exceedingly and in the hope of seeing you in Glasgow in the near future, we desire to remain, devotedly yours in Mazda."

Harrogate.—Sister Lena writes: "Greetings of great Comfort, Joy and Peace! Salaam! How nice of you to write us so soon after you arrival home. We are so glad and happy that you thought everything went VERY WELL. Like everybody else we did try to do our job to the Glory of Mazda, in the high and lofty manner that we have observed and learnt from our dear Master. But Harrogate will still be called H'gate, and I shall go plodding on sounding 'The Call,' hoping the results will be unending. So glad you had a good run back to London town. You certainly seemed to take the sunshine with you, for suddenly H'gate went very dull after our brilliant Gahanbar Sun-clothed weather; no doubt, feeling the glory of our radiant Associates had departed. Before we realised it, you had gone, the 'Morning Glory' out of sight, and we never really thanked you for all your wonderful words of life. However, we do so now with a grateful heart. Quite a large party of us (80) went round the Royal Baths—very interesting, but oh! how it makes one realise the need humanity has for our teaching. Hope Master's picture has arrived back safely; thank you for the joy of having it. Now we are off to take the Meeting at H'gate; think we shall have some new people in. Kindest regards to all friends at Golden Hall and to you. Yours, devotedly in Mazda."

Harrogate, Hotel Majestic.—Mrs. Dashwood writes: "Salaam! Greetings of Peace and Happiness! I must send a few words to tell you about our dinner party on Saturday. The Mayor and Mayoress arrived at 8.30 and also Mr. and Mrs. Wishart of Shipley and Noragh Walker of Leeds. We four had, of course, a different menu served to that of the others but the Mayor said that he could easily live

without meat and eats little on the whole. He and the Mayoress are very temperate in drinking and smoking. He made a charming statement about coming to the Reception, having been to three during the evening, and one more to go to after ours, he only intended to remain a few minutes, but really meant what he told us that he was struck by all the bright, happy faces he saw, and so enjoyed himself that he sent a deputy on to the next engagement and stayed on with us. He never says in his speeches what he does not really think, as he always tries to only speak truth. Mrs. Boehrer Charles told me she felt particularly comfortable at the Reception as the room was not filled with smoke as is usually the case. The Mayor said he had received such a lovely letter from you that instead of just disposing of it in the usual way, he will treasure and keep it. So, do, dear Daddy, publish the letter in your Magazine, so that we may all know what pleased the Mayor so much.

After dinner we all went into the ballroom while we watched the Cabaret turns and danced. They remained until midnight, just before the close and seemed to enjoy themselves. He promised to go to a Leeds meeting when invited. During the evening he left us to speak to Sir Kingsley Wood, the Health Minister, who had something very important to say to him. He is staying in this hotel. I asked him to mention Mazdaznan to him.

We are all still under the spell of our lovely Gahanbar, and hearing every word we can of Dr. Szikszay's talks, as they are all so helpful. Everyone is much looking forward to your coming visit to these parts, unfortunately I shall have returned home by then. Very sincerely I Mazda."

Leeds.—Mother Ethel writes: "Loving greetings of Happiness and Success! Salaam! We thank you so much for your kindly letter. Realise how much you had on your plate, perhaps better now than at the time, when we thought maybe we too had enough. Think all have been

pleased and hope London may go one, two, or three better still next year, if that be in the designs.

Yes, we have had a fine week-end in Leeds with Julian and Dr. Szikszay. Saturday evening we wondered much as to its outcome. Did not know the speaker, did not know much of the translator. Then, almost a revelation, for the wonderful voice with its simple direct message brought that hush, that tranquil calm that was so akin to the Master's, that memory assailed us and the subject matter for us went somewhat by the board. Julian wound it up to climax point and so ended a very unexpectedly happy evening. Our service Sunday a.m. blessed to us always by its power to recuperate. Spent the day along with others—Mother Helen, Jean and William, Mrs. Dashwood and her son—very contentedly, with Mrs. Johnson. Then came Julian's evening recital. Thought we should have been packed out, but were just nicely full—120 to 130 perhaps—and what an evening! It was masterly, wonderful, grand, and the piano stood up to it too in the same highbrow manner. He left very early—before 7 o'clock this a.m. on his way to Berlin. God bless him and his work. May Leeds receive and honour him as a city when next he comes for so he deserves. Be it so. Hope you can come up in June. Shall be very glad. Sincerely."

Leeds.—Sister Noragh writes: "Greetings of Love, Blessings, Health in abundance to you and darling Viola! Salaam! Inspirationally I have written up an attempt to describe our platform at Harrogate. Mother Theodora suggested it; so please forgive and excuse me if it is in any way inopportune, let it go if there is no place for it. Feel oh so happy since our return—so uplifted and grateful in our heart and mind after our most beautiful time in Gahanbar; nothing but perfection and nothing short except our beloved Mothers, but, oh! how you expressed it all! the tremendous power and endurance and faith personified. We all feel so grateful for your most powerful example

and thank you from the bottom of our hearts for the great courage which you gave to each and every Conscious soul.

We are looking forward to hearing the beauty expressed by our beloved Julian next Sunday. I have written and invited the Editoress of the Women's Page of the Yorkshire Post, Miss Gwen Lawrence, whom I know, to come and hear him. Hope it may inspire a 'write up,' to compensate for the lack of culture and taste which the poor fellow used in the 'Daily Express,' although I am glad to know that I have definitely 'Blue Eyes' anyway. Loving blessings to you and Viola."

Shipley.—Mother Theodora writes: "Greetings of Victory! The Sun-Clothed Gahanbar fulfilled itself unto the last Ray. Hope you and Viola and Korda had a really fine journey home and that you will be able to rest up for a little while after the strenuous days. We are all home again and have enjoyed thoroughly our stay in Harrogate. Now I must begin to peep into the note books and report. I sent straight away the report as per copy and hope they print it. Had to cut it down somewhat. In haste. All our love."

P.S.—Had a lovely letter from Mother Ashoi. When I have shared it with Centres I will send it along for you. I will write to her.

Southport.—Mother Margaret writes: "Greetings of continued Success and Joy! Salaam! Have got quite settled down after the Gahanbar and feel greatly benefitted. Am sure good results will come to all of us. The gentleman who wrote to you after seeing the account in the newspaper arrived at the Preston Centre last night and told me he had written you and showed me your letter. He was rather a refined man, intellectually, physically—decidedly, and had a lot of questions to ask after the meeting. I had put an advertisement in the local paper and the subject was: 'Mazdaznan—what it stands for.' So it was just right for a newcomer. He would like the previous magazines to the

present volume—that will be from last September, and perhaps Mr. Harris will let me have them. He is coming next week and Daddy is going along with me.

Am writing Mother Ashoi. Thought she would be home, and I need not write anymore, but seems we can just go on writing. We are celebrating on Sunday night the Eighth Anniversary of Mazdaznan coming to Southport. Looking forward to a happy time! Miss Orford told me she had written you. She did get an uplift at the Gahanbar.

Southport meeting to-night starting with the first sense exercise again—Wonderful Words of Life. Daddy, Edgar and I send our united love and allegiance in this great Message. Yours devotedly in Mazda."

Southport.—Sister Orford writes: "Greetings of Joy, Peace and Love! What a glorious time we have had this Easter. Any apparent sacrifices we seem to have made have been well worth while. The addresses by the lecturers were all very educative and truly inspiring; and Master's Portrait lent life to every meeting. Very grateful to yourself for your 'words of life.' Yours sincerely in Mazdaznan."

Adelaide.—Brother and Sister Helmbold write: "Salutation and Greetings! Salaam! Joy and Health! Hail, Mazdaznan! The longed-for Record arrived in excellent condition, and Friday afternoon, 2.30, March 25th, we had the heavenly joy of listening to it, a music warehouse in town played it through for us several times (the staff 'all ears'), first on a gramophone fixed on to radio—thus amplifying it—then without amplifier—everything clear, strong, and of sacred dignity—your voice coming out beautifully, followed by Sister Louise Ladbroke's positive playing with her musicianly touch. Our most loving thanks for such sublime gift—bringing to one and all daily inspiration and revelation. We are now inviting ourselves to the homes of interested ones possessing gramophones armed with this sublime Record—an excellent means, we think, of broadcasting the Message in a very living manner.

Your loving letter of January 17th again bringing to us words of wisdom and comfort. Many thanks for it Good luck and good cheer to the Pilgrims' Party. We are looking forward to hear about the Pilgrims' Progress.

The world's chaos is daily becoming more chaotic; from our point of view, more interesting. The stubbornness of the terrestrials will prove their undoing, it allows of no dodging or penetrating—it is wiping itself out and its bearers. Master said but for the Huns the European nations would have perished through decadence, and possibly the mission of the Dictator—Fascist Countries to-day is to rouse the democratic countries, thus saving them from falling to pieces through folly and corruption.

Locally the State Elections have been held and (to our mind) one of the worst and most stubborn governments (State) has been removed or defeated, by the voice of the people. May God grant that the Incomers will remain true to the trust reposed in them. The people want true and worthy representatives and have put in strenuous efforts to get what they deemed the best.

It will be wonderful when Mazdazgan catches on—the people want to breathe, breathe, breathe, to have their minds opened up, so that they may not only be healthier but see clearer and be able to distinguish truth from falsehood, construction from destruction, true felicity from sensuous pleasures, life from a living death. This is our wish. So be it.

The universal insanity of smoking and the growing (really) laziness of the people regarding walking, since the advent of motor car do not help them towards breathing. It requires a lot of stirring to awaken them.

Summer has been fair this year; no extremes—figs and grapes ripening beautifully. Wheat harvest completed and pronounced satisfactory. Now it rests with man to economize and properly distribute.

With Showers of Blessings, dear Guromano and One and All, and most Loving Wishes from devotedly in Mazda. Hail, Mazdaznan!"

From Montreal.—Sister Charlotte Warren writes: "Seems such a short time since you mentioned in your letter about the wonderful trip Mother Ashoi and Mother Gloria were taking to India. What busy women they are and such great work they are undertaking. As promised enclosing money order for Ten Shillings (\$2.50) towards Golden Hall Fund. I'm hoping to repeat same at a later date. With all Good Wishes to you and yours and Household of Mazdaznan, sincerely."

Toronto.—Mother Martha Fletcher writes: "Dear Guromano, Am enclosing payment of the British Magazine for the coming year, the little over please use it for the extra expenses you need. Torontonians are not yet educated to want vegetarian meals. Archie and Lucy Blunden's home gets very full at times, all love the wonderful atmosphere and Lucy and Archie are wonderful Demonstrations of the Mazdaznan teachings."

All good wishes and may good come out of all the prospective troubles, for the war clouds are out again I notice in Europe. You seem to be so very busy with the Message in England. It is a struggle for us to keep ourselves moving, only the odd ones keep interested, and then you have to spend hours and hours in their company. Anyhow the few try their best to spread the Message and one day it will bear fruit. May everything good come your way and that the Message you love keep on spreading until the sun-clothed day. Yours sincerely."

Geneva.—Daddy Pierre and Anne Lise Martin write: "First of all, so many thanks for your kind letter. Now, viewing from afar the Sun-Clothed Gahanbar at Harrogate, we extend to you and all our British Associates and Friends

salutations of Peace and Love. Really, we may be proud and so happy to count such friends as you are all! That we actually are hindered to sit among you and enjoy with you the blessings of Easter-time makes us very sad and sorry. And, verily, to change abode of a business during the very days of Easter may be called almost a crucifixion . . . Nevertheless we hope later on a sun-clothed resurrection!

Often we think of you all and think of Daddy Guromano, who is now for so long time a straw-widower; but, no doubt, he will be all the time charmingly surrounded. . . .

It was so beautiful at Nottingham that I may record it to my mind, and think how it will now be at Harrogate, though in some ways differently—still more in direction of inner life, I guess. Receive our heartiest salutations, hoping that soon we shall have opportunity to meet again and renew the ties that bind our hearts for time and eternity. Hail, Mazdaznan! Salaam Aleikum!"

From the "Golden Gate," California.—Daddy Hooper writes: "'Tis raining, but we sing to you 'I Live in the Land of Sunshine.' Los Angeles has just had a terrible slap, so the Hand of God does visit these days! But it will only affect those who have been touched. Balance of Community it won't affect one bit. But it's a great adjustment and so we say amen and amen to it all, but we do not let it bother us.

Oh, how thankful we are that our dear Mother Ashoi could accompany our dear Mother Gloria. We sing to them every day. Sorry you did not go, but Master will arrange matters. We Stand Square. Deliver the Message of Mazda. Glad you are getting on with your GOLDEN HALL Fund. So little by little the good work goes on. For your Harrogate Gahanbar we shall burn a candle each day and how we long for the Spirit of Regeneration to be felt in the Heart and Mind of the Honest in Heart. My love to all your dear ones. 'All the Way my Saviour leads me.'"

“Master's Portrait Fund”

Master's Portrait was the chief setting of our magnificent and beautiful platform at Harrogate. Everybody was greatly inspired by its realistic effulgence (that's the only word truly expressive of the Picture's radiations). As the Press took many photos of our platform, which included most clearly Master's Portrait and this was reproduced by the millions, and also described very graphically, great interest was thus given and received world-wide of our Movement. That fact alone made the painting of the portrait and its exhibition at Harrogate something to be eternally grateful for. Though He himself neither needed, nor desired any such publicity, for the Message's sake and its emulative effects upon the character of Associates and others alike, He was not averse to be photographed. In fact He would distribute very graciously His picture, and published it even monthly in all the early American Magazines. Here in London, He agreed to being again taken and it was done in perfect manner, making a priceless heritage for millions, as those likenesses have been copied world-wide and are undoubtedly the most valuable we have of Him.

Now the Portrait is being finally completed in the Studio, and will be reproduced in colours in miniature. One of these will be sent all Donors, and will prove a treasured souvenir of our Beloved and Illustrious Master. Anyone still desiring to show their love and gratitude to Him and the Message, and feel they have a further and immortal part in still extending the Work, by having made the view of this Portrait possible for thousands upon thousands, and wish to have their name as a subscriber enrolled in the Vellum attached may yet do so. Such subscription is also a “tribute” to our International House, Paris, and to Mother Gloria, as it is soon to be there permanently hung. Any amount may be sent, in the absence of Mother Ashoi, to :

ARTHUR F. GAULT,

Mazdaznan, 308 Regent Street, London, W.1.

Grateful acknowledgment will be made.

Education and Democracy

By Dr. HARRY MARSH, Litt.D.

In a democratic state there may be equality of opportunity, but there can never be equality in human ability. We must not expect equality of performance. There must

also be a differentiation of duties, with philosopher leaders, as in the Platonic scheme. That is why Mazdaznan leaders are selected, because it is felt that they possess inherent qualities to direct and help others. We must avoid envy of leadership, and remember that action upon knowledge is needed in a democratic state.

Good Teaching

We teachers must use the greatest care in the use of mental tests, and refuse to dub children as backward as a result of them. Appeal to the pupils must be varied according to various forms of ability. Practical methods of teaching must be adopted. We must appeal to one by words, and another by action, drama, or art. There must be as many different methods of presentation as possible. Regard must be paid to the danger of doing harm to human souls and minds by experiment, although educational experiments are desirable. Method of presentation is as important as what is presented. We must use well the little learning we possess, and ensure mental flexibility in the presentation of knowledge. When the pupil says "I don't understand," and stops the teacher for information, that is very helpful to both parties. You must teach so that you feel virtue has gone out of you.

Education and Democracy

Democracy must recognise the importance of knowledge. Desire for thought—"Master-Thought" (Mazdaznan) is a fine characteristic, and must be encouraged. Special forms of knowledge are handed over to certain people who must be leaders, or specialists, in their particular sphere. Democracy should accept and support higher education. We must also keep in mind the importance of co-operative thought, the need for tolerance of opinion, and the necessity of ridding our minds of prejudice. If the views of others arouse hostility, that is not an undesirable condition. We must see their point of view. Mazdaznan educators

realise that there are many men and women with clogged minds who have collected any amount of information they cannot use. That is why stress is laid on the importance of correct thinking. It is not reading that builds the mind, but creative thought—"Mazdaznan." As Master once said "to study is good, but to train is far better." It is abundantly clear that teachers who adopt the methods we advocate are equipping themselves to perform useful and efficient service in any democratic society.

Breath of Life

(Inscribed in "H. and B." Book)

To Breath of Life, we owe our all,
Ga-Llama, being the centre, big and small
Of our momentum here;
So to Thyself, from far and near,
Crown Thine Own and Stand Alone.

—G.

Babylon

"It needs no further proof to find churchianity utterly void of principle. The laity ought to be able to see if there is a grain of self-respect and reason left, that the ecclesia is nothing but a tool in the hands of the adversary to deceive the saints of God on earth. Of course, the Scriptures have it that man is too blind to see and too deaf to hear, and for this reason must fall into the trap. Still, there is no reason why some of us should not be saved, especially as long as we are determined to Stand Alone and not take part in the fornication of Babylon."

—Dr. HA'NISH.

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Continued from page ii. of cover

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