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# THE BREATH OF LIFE

EXPONENT OF CHRISTOPATHIAN PHILOSOPHY  
AND HERALD OF THE EMPIRE OF  
UNIVERSAL PEACE

SAMUEL CHRISTIAN GREATHEAD, EDITOR

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# The Breath of Life.

VOL. II.

JANUARY, 1902.

NO. I.

## CHRISTOPATHIAN PHILOSOPHY.

BY LEVI D'GURU.

### INITIAL STATEMENT.

Christopathian Philosophy is the philosophy of the Christ as presented to the world in his teachings and life. It is not a system of theology; it is not a formulated creed; it is not a code of ecclesiastical laws; it is not a ritual. All these things are of human origin. The Great Teacher never authorized any such expediences; on the other hand, he often expressed a contempt for such things. He gave but few positive commands. To give the world an exalted conception of universal truth was his mission. He enunciated the underlying principles of right and wrong, and placed men in position to "work out their own salvation."

Christopathian philosophy is a re-statement of the teachings of the Christ—a re-statement given by inspiration, and constitutes the essential elements of the religion of the Empire of Universal Peace, which is, at the present time, being instituted.

The inability of men to govern themselves has been demonstrated and the days of overturning all earthly forms of government, referred to by Ezekiel (Chap. 21), have come, and the kings are now living and the Universal Empire work is now being done which Daniel, the Hebrew seer, described in language as follows:

"In the days of these kings shall the God of heaven set up a kingdom that shall never be destroyed; and the kingdom shall not be left to other people, but it shall break in pieces and consume all these kingdoms, and it shall stand forever."—Dan. 2:44.

All over the world the spirit of the Universal Empire of Peace is permeating the masses, and thousands of progressive teachers are being evolved. A large per cent of them, however have assumed to be themselves supreme, and have relegated the rightful head, the Christ, to the dominion of shades, and many even attempt to consign the idea of God to the tombs of superstition. The falacy of these efforts is apparent. The Christ himself hath now spoken, and the works of all false teachers must be gathered into bundles for the burning, and, together with the superstitions, dogmas, creeds, rituals, and all the ceremonial systems of ecclesiasticism, must be consumed in the rays of the rapidly rising Sun of Righteousness. Christ is Lord, and is coming to the throne of the Universal Empire of Peace, and "before him every knee shall bow, and to him every tongue shall confess."

To the noble few teachers who recognize the authority of the Emperor and have bowed to the Divine will, the message of the angel with the everlasting gospel comes sweet and clear, "Go ye forth and teach," and the benediction of the Universal Spirit is resting upon them.

## BASIC PRINCIPLES.

### MAN IN EVOLUTION.

1. UNIVERSAL SPIRIT.—Before the beginning of organized forms Universal Spirit existed, which was and is and ever shall be omnipresent. Psalms 139:5-12.

2. FATHER AND MOTHER.—Universal Spirit is one and inseparable, the center and source of all being, the father and mother of all spirits, and the evolving center of all forms.

3. TRINITY.—As light is one and yet a trinity of colors, red, blue, and yellow, so Universal Spirit is one, yet a trinity of attributes, Love, Will, and Intelligence.

4. BI-SEXUAL.—Universal Spirit is neither masculine nor feminine, but bi-sexual, possessing all the powers of genesis

and evolution. Paternal Intelligence and Maternal Love, united by the fire, the Will, comprised the elements of primal existences.

5. SPIRIT OF MAN ETERNAL.—In the ocean of Universal Spirit rested from all eternity, in glory, the germ of every spirit that should be evolved into a distinct living entity, so that, like the first born, the Anointed, all spiritual beings "had a glory with the parents before the worlds were evolved."

6. THE GREAT BREATH.—The masculine and feminine elements of Universal Spirit—Intelligence, the magnetic positive force, and Love, the magnetic negative force—were manifestations of spirit life and constituted the outgoing and incoming movements of that life, the inspiration and expiration—the Great Breath.

7. MATTER ETERNAL.—Something was never evolved out of nothing; nothing was ever created; hence matter, like spirit, is eternal.

8. EVOLUTION OF INDIVIDUAL SPIRITS.—When Universal Spirit breathed out, threw out, the masculine positive magnetic force—Intelligence—it met upon the fecundating fields the feminine negative magnetic force—Love, and all spirit germs arose from their eternal resting places and began the mystic journey of evolution.

9. FORM GERMS.—Without a body, an envelopment, there could be no individualization, no conscious existence, and Universal Spirit breathed, and the universe was filled with a material ether, so exceedingly fine that it seemed but little inferior to the substance of the ocean of spirit; and this was the ether of soul substance, and in it lay at rest the germs of every form, not only those of the soul-bodies to clothe the evolving spirit germs of men and angels, but of every form on every plane of life soon to be projected through lower ethers.

10. EVOLUTION OF SOUL.—And Universal Spirit breathed and the soul-plane—the psychic ether—was peopled with its myriad life-forms and the spirits of evolved men were clothed with soul bodies, and the mystic machinery of mind was evolved. This soul-body of man was the universe in miniature, and the individualized spirit found a place of abode.

And it was thus that the Great Spirit "breathed into his nostrils the breath of life, and man became a living soul," not a living physical body. Individual consciousness was evolved, and the intricate machinery of psychic mind was set in motion.

11. PLANE OF INTUITION.—The soul-plane is the plane of Intuition; not the plane of Reason. Men have called the soul-body "the subjective entity," and the name is well chosen. The mind of this subjective entity acquires all information intuitively, and, like Universal Spirit, it never reasons, so that the logical processes of deduction and induction are unknown to the soul.

12. EVOLUTION OF PRANA.—And Universal Spirit breathed, and from the soul-plane a wonderful ocean called Prana was evolved. Five grades of ether constitutes this pranic universe, each adapted to the requirements of one of the so-called senses:

1. Sonoriferous ether, to evolve sound.
2. Tangeriferous ether, to evolve touch.
3. Luminiferous ether, to evolve sight.
4. Gustiferous ether, to evolve taste.
5. Odoriferous ether, to evolve smell.

13. EVOLUTION OF FORMS.—From this measureless prana sprang, as by magic, worlds and systems of worlds, and by slow processes of evolution every form in the physical realm became manifest.

14. EVOLUTION OF HUMAN FORMS.—But there was no evolved recognized head over the intelligences, and the Great Spirit said, "Let us make man to have dominion," and it was done. And that man might exist upon every plane of his patrimony, Universal Spirit breathed, and the "living soul" became a living body, and was a manifested entity upon the physical plane.

15. COURT OF INQUIRY.—But the pranic ethers were too coarse to permit the free course of Intuition, and man's opportunities for gaining knowledge were most meager, and Universal Spirit instituted in the brain of man a Court of Inquiry, and Reason became the advocate and Will the judge.

and by inductive and deductive processes a comparatively broad field of information was opened.

16. LAWS.—Because of the varying degrees of fineness of the ethers of each plane of existence the same code of laws could not be universally applied, and, hence, laws for each plane were enacted. Laws of spirit applied only to spirit; laws of soul applied only to soul, and laws of the physical applied only to physical forms. On the spirit-plane the measurements of time and distances were not known; but when matter was introduced into ether and the soul-plane was evolved, both time and distance must be taken into account. Though soul may travel faster than light, its speed can be measured, and time must be considered. Pranic ethers are many times coarser than that of the soul-plane, and locomotion is correspondingly slower. All things move in accord with the rate of locomotive vibration, and a code of physical laws was a necessity. So-called physical science takes into account only the laws of the physical plane, and as the origin of things lies far beyond all pranic ethers, physical science can be only a superficial statement of facts, and not a science at all.

17. MAN A TRINITY.—Man is a triune being; yea, he is three in one, and still each one is a distinct personage. The seers of all ages have recognized the existence of BODY, SOUL, and SPIRIT. Paul in 1 Thess. 5: 23, says: "May your whole person—the SPIRIT AND THE SOUL AND THE BODY—be preserved blameless in the presence of our Lord Jesus Christ."

18. DUAL CONSCIOUSNESS. The consciousness of the soul and the consciousness of the body act independently of each other, in fact are subject to different laws; but by culture they may come into correspondence. While the soul finds its habitat in the body, it may go out and return. The historian tells us that when Elijah brought back to life the son of the widow who had so graciously ministered unto his wants:

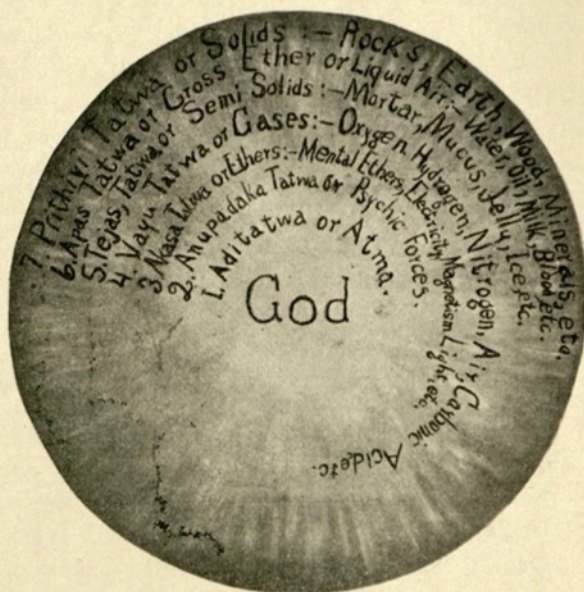
"He stretched himself upon the child three times and cried unto the Lord and said, O Lord, my God, I pray thee, let this child's soul come into him again."—1 Kings, 17:21.

Paul sent this expressive message to the Colossians:

"Though I be absent in the flesh, yet am I with you in the spirit, JOYING AND BEHOLDING your order and the steadfastness of your faith in Christ."—Col. 2:5.

Read, also, Paul's wonderful story of his soul's visit to the third heavens, while his body remained on earth.—2 Cor. 12.

"The Dominion of Evil, Its Ruler, Subjects and Laws," will be considered from the standpoint of Christopathic Philosophy in the February issue of THE BREATH OF LIFE.



### ARTICLE III.—THE BREATH OF GOD,

O. ROBERTSON PH. D., M. D.

[Continued from December issue.]

4. VAYU TATWA OR GASES.—This is the aerial plane where the substance is gaseous.—Oxygen, Hydrogen, Nitrogen, Air, Carbonic Acid, etc. In man its habitat or home is the lungs. It is called by scientists the critical state of matter.



5. TEJAS TATWAS OR SEMI-SOLIDS-LUMINOUS.—It is the essence of gross matter,—mortar, mucous, jelly, ice, etc. In man its habitat, or correspondence, is in the muscles, ligaments, and sinews. On the exterior manifested on the legs above the knees to the body and across the shoulders.

6. APAS TATWAS OR THE GROSS ETHER-LIQUID AIR,—water, oil, milk, blood, etc. These are the watery or liquid substances or forces. The corresponding part in man is the blood, liquids, etc. On the exterior it is manifested on the ankles, abdomen, and jaws.

7. PRITHIVIC TATWAS OR SOLIDS,—rocks, earthy substances, wood, minerals,—the lowest of all.

In man the corresponding part is the periosteum, the bottom of the feet and the bones. This is the terrestrial force.

In the center of the above illustration place man's head, and his feet at the outer edge of the circle and all will be made clear.

Man's seven-fold nature corresponds to the septimal division of time: Sunday is the beginning of the week as Atwa is the beginning of the tatwic forces. Saturday is the end of the week as the solids are the completion of the various forces. Sunday corresponds to the beginning of life, (zone of atwa) and the other days to the progress.

The same law prevails as to years, i. e.: if life is limited within fifty years, we have a period of seven sevens for the first cycle.

The first seven years, or the beginning of life in this body, is a period of physical weakness and growth, and the protecting influence of parental love is needed. This is the Sunday period and corresponds to Atwa,—in other words physically weak, but spiritually strong.

The second, or Monday period, from seven to fourteen, is a period of more active and vigorous development, under the same protecting care, yet further from it. The PINEAL GLAND begins to grow at seven and rarely before, and by fourteen it is unstable but vigorous.

The third, or Tuesday period, from fourteen to twenty-one, is a period of still greater vigor, still assisted by protec-

tion. At the end of this period, if properly developed, the child can rely on himself.

The fourth, or the Wednesday period, from twenty-one to twenty-eight, is a period of struggle, without protection; consequently of care and trouble.

The fifth period, from twenty-eight to thirty-five, or the Thursday period, is one in which care and responsibility is increased. It is a period of intense labor. The muscles are taxed and the sinews are tired.

The sixth, or the Friday period, from thirty-five to forty-two, is one in which the exhausting results of struggle and misfortune become apparent in laborious life, this period,—a watery one—from thirty-five to forty-two, being a period of seven, its sixth day or year is the forty-first, and that is the year in which calamity, disappointment, ill-health, and financial loss are most likely to appear. You rarely find anyone whose watery period—forty-first year especially—was at all satisfactory and free from disappointment.

The seventh, or the Saturday period, from forty-two to forty-nine, is a period of solidity and comparative rest, although some of the lingering effects of the sixth period may manifest themselves.

Continued in February issue.

### THE COMING WOMAN.

"A woman—in so far as she beholdeth  
 Her one Beloved's face:  
 A mother—with a great heart enfoldeth  
 The children of the Race:  
 A body, free and strong, with that high beauty  
 That comes of perfect use, is built thereof:  
 A mind where Reason ruleth over Duty,  
 And justice reigns with love:  
 A self-poised royal soul, brave, wise and tender,  
 No longer blind and dumb:  
 A Human Being, of an unknown splendor,  
 Is she who is to come!"

—Charlotte P. Stetson.

## SNOW DROP, THE OLD MAN'S DARLING.

BY THE EDITOR.

In such a lonely cabin, in such an out-of-the-way region of the North of Ireland, there dwelt an Irish laborer and his Scotch wife. The good Irishman's romance lay in a nut-shell—he had travelled in search of work into bonny Scotia and from thence brought home a buxom bride, who by dint of a few years' hard work, hard circumstances, and hard child-bearing soon degenerated into hard lines of visage, hard traits of character, and hard habits of thought.

The children born to them were of the same type as themselves—red hair, freckled faces, red hands—strong but coarse, hard working but vulgar, hard headed but ignorant.

The routine of their lives ran through such a narrow circle as to render their earthly destiny nothing but one long labour blended with the weariness of monotony.

How many lives are thus shut up and dwarfed like the feet of the Chinese women, robbed of the knowledge which is power, of the sentiment which is the poetry and harmony of life, of the affections which make men most unlike the beasts that perish, and most like the immortal gods!

Well may we weep when we see the hard lined women of Seven Dials, the Bowery, and other slums of our smoke-dried cities and towns.

Let us hope however for that better resurrection which comes to some in this life, and surely to all in the life to come. This better resurrection is sometimes very gradual, and its first stages are almost imperceptible and unexpected. It came to the labourer's cabin in the shape of a sweet Irish lady of cultivated mind and refined tastes, united to a most benevolent disposition. The sunshine and sweetness of her presence came as the sun-dawn, as the breath of soft perfumes, as the quivering melody of music. Her smiles and cheery words came as

flowers angel-borne from the beautiful Heaven. She brought also dainty dishes, and tempting, luscious fruit. In any time of need she was the labourer's good angel, and yet she was in her person so fragile and delicate that the hard-handed son of toil feared to touch her hand, or breathe too heavily, or speak too loudly, when she was near. Ah, he loved the very ground she trod on, loved her as the Scotch hound loves its master.

Sweet Maud Fitz Patrick tried most praiseworthily to raise the mind of the labourer's wife, telling her tales of the loves and wars of Erin and Scotia. Books, too, found their way to the cabin, and the labourer's wife soon learned to spell through the "Peep of Day." Truly Peep of Day it was to her—of a day all full of light, and life, and beauty. Pat, the labourer, listened astonished, and for a few days looked rather wistfully and fearfully at his wife.

One day there came a copy of Scott's poetical works, and the labourer's wife was introduced to the realm of poesy. The "Lady of the Lake" became the prime favorite—and why? Because the Scotch woman came from the neighborhood of Loch-Katrine.

"Upon her speech there hung  
The accents of the mountain tongue."

To her the legendary Ellen of the Western mountains became an ideal, an inspiration—she found her wings, and soared with the sweet minstrel:—

"The present scene, the future lot  
His toils, his wants were all forgot:  
Cold diffidence and age's frost,  
In the full tide of song were lost."

Born again of the spirit of poetry, henceforth she lived a higher life, in an ideal world, the rough places of the wilderness smoothed down, and amid the many discordant voices around her there ever mingling a sweet refrain. Scott's poem had always a lovely illustration in the person of the reader.

Under these influences another child was born in the

cabin. They baptized her Ellen, but always called her Snow Drop—and why? Was she not a Christmas-child—did not her skin rival the snow-sheen in its purity—did not her origin and surroundings rival the Snow Drop's in their obscurity?

Little Snow Drop grew up a miniature aristocrat, with fine hair, filbert nails—her heart a diamond set in a golden setting.

Maud Fitz Patrick was very proud of the child, although she never conceived how much she personally had to do with its nature. It was an unconscious influence like Peter's shadow.

One day she prevailed upon her father, the blind colonel, to come to the cabin.

Now Colonel Fitz Patrick was a man with a history. Originally a giant in stature, in brain, and heart, he loved in early life, not wisely but too well—with that love that yields everything to the object in sacrifice, and believes everything of its object in ideal. Alas his lot was to sacrifice to an idol of clay, and believe in a glamorous vision of the air! At thirty years of age he went to India, a wild, reckless soldier. At fifty he returned, a bent, blind man. His child was left to him for a good angel, helping him to bear his dark solitary lot.

So tall was he, so handsome, so majestic, the humble dwellers at the cabin were quite frightened at the first; but so courteous was he, so kindly, so humble, they soon grew at their ease.

Snow Drop was three years old. Slowly the white headed old man passed his sensitive hands over the delicate form—"Here is beauty, Snow Drop is the gift of God!" he said.

\* \* \* \* \*

The fleet years passed, and with them passed away from the old man's side, sweet Maud, his angel child.

One day the sorrower was guided to the labourer's cabin. The tears streamed down the seamed old face, as he passed his hands as usual over Snow Drop's features:—

"Snow Drop, my child," he said tremblingly, sobbingly, appealingly, "will you come and be an old man's darling?"

For an answer the child's arms were thrown around the old man's neck.

\* \* \* \* \*

The fleet years passed still and with them passed into sweet, beautiful womanhood "Snow Drop, the Old man's Darling."

But the artless maiden drew the eyes of the young men. One of her many suitors was brave, handsome, noble of birth.

They met on the cliffs one morning, where the emerald green met, and seemed to mingle with the blue of the sea, and the sky. 'Twas a moment when the heart beats highest, and the currents of sentiment run deepest.

She looked so pretty in her red hood and cloak, her cheeks glowing, her eyes dancing, her lips laughing—in her gently panting bosom, love's sweet dwelling place, was a sprig of Old Man.

"Bah!" cried the young man, looking at the cheeks, and eyes, and bosom, "Why do you wear Old Man there? I will give you a White Camelia.

Snow Drop never forgave him that—for had not the Colonel himself given her the sprig of Old Man; and was it likely that she would give it up for all the White Camelias in the world?

"Snow Drop," said the Colonel one day, "the boys are after you, wanting to steal you from me, will you be an old man's darling indeed?"

It was the same old answer as that given in the labourer's cabin; and straightway the cicatrix of sourness was healed in the old man's heart, and there came into his darkness a gleam from Heaven showing him how to place his aged, weary feet upon the golden steps that lead forever upward.

\* \* \* \* \*

And still the fleeting years passed, and with them passed away the strength of the old man's frame, and the light of the old man's intellect.

"God bless you, Snow Drop, my darling!" he said to her

once, "He sent you into this world to be a ministering spirit, to guide my old feet to Heaven!" The words thrilled her, and they were the last sane words he ever spoke.

She hardly ever left him, and when she did, it was in charge of Biddy, a domestic. Now Biddy in her old age had cultivated a taste for an extra glass of whisky, and the day came when Biddy slept when she ought to have been awake. Meanwhile her crazed old charge managed to steal out unobserved.

Snow Drop rushed away in search; and when she reached the cliff she saw a sight that horrified her—the old man was walking out step by step into the sea.

She dashed down the cliff path like a wild animal, and with a wild cry of love rushed into the sea after him.

Still the old man marched on, step by step, deeper and deeper. As she neared him she heard him mutter: "Is this the way to Heaven, or have I missed my way? Where is Snow Drop?"

"Here!" the voice came shrilly upon the breeze, all transcendently eloquent of love coming to the rescue.

The old man stopped, staggering, quivering, for the water was gaining command. She reached him, but he was off his feet—she grasped him, and they passed away together, the Colonel and "Snow Drop, the Old Man's Darling."

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### SUGGESTIVE THERAPEUTICS.

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By John Hill, M. A., M. L. C. D., Battle Creek, Mich., U. S. A.

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For years I have carefully studied widely on the lines of psychology and am fully convinced that its field of operations is widening, and is destined to annihilate old methods of treatment, and open up new avenues of thought and communication between mind and the Infinite.

But it is only recently that I have been permitted to come

into contact with a Master of this philosophy.

I have attended the lectures of Dr. Dowling, the superintendent of the Christopathian School of Battle Creek, Mich., the past two weeks. I cannot begin to tell the benefit I have derived from his instructions and methods of treating all diseases without medicines. His exposition and demonstration of the "Finer Forces" are the finest I have ever seen or read.

Today I have tested this philosophy and my faith in it has been greatly strengthened. I am satisfied, given the proper conditions, that it can do all, and more, too, than its most conservative teachers and adherents claim for it.

Case I.—A lady, age 68, has been confined to her house since last March as the result of La Grippe. The last three weeks she has been bedridden. For years she has suffered from nervous prostration and has passed through the hands of medical men of our schools without deriving any permanent benefit from their treatment. Her heart has been very irritable. Pulse for nearly a week past 110, but no fever. I had tried the usual remedies for such conditions, and my experience on this line has been large, but all to no purpose. Last evening I visited her and tried Suggestion. I was surprised. Within two minutes I drew the pulse to 80, and within thirty minutes brought it to 78. It has remained at this.

Case II.—I removed a bony growth from the nose of a young man this afternoon, known as exostosis to the medical fraternity; but to the laity "spur." It is both a difficult and bloody operation. I used no anaesthetics, but Suggestion. There was but little bleeding and the patient told me after the operation that he felt but little pain. For a novice these results are remarkable. I am greatly encouraged to pursue my studies further, and to test fully this wonderful system which Dr. Dowling so ably teaches.

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#### A YEAR OF FULFILMENT.

This is one of the years of fulfilment. 1-9-0-2—12, the number of fulfilment. Let our desires and aspirations be strong after the "twelve manner of fruits" that are our own.



THE BREATH OF LIFE  
The New Year  
FAREWELL AND GREETING.

---

BY FANNIE HERRON COOKE.

---

The Old Year.

Goodbye, Old Year, dear friend, goodbye:

We long have been together,  
And tho' you've brought me cloudy days  
As well as pleasant weather,  
'Twas but the sunshine and the shower—  
Mayhap they both were needed—  
And will their perfect fruitage yield  
If I've the lesson heeded.

Goodbye, Old Year, you're leaving us,  
(Not dying as they say)

But you, your work have done, and now  
Why should you longer stay?  
You're taking with you records of our  
Lives, both false and true,  
The words and deeds of love, and the  
Mistakes which now we rue.

We can't recall them if we would—  
The days that now are past—  
Into God's keeping we must give  
Both them and you, at last.  
And so, Old Year, tho' mem'ry may  
Bring teardrops to the eye,  
We'll wave our hand, and smiling say,  
"Goodbye, goodbye, goodbye."

## THE BREATH OF LIFE.

## The New Year.

Hail ! New Year: a king, you ascend to your throne  
 'Mid the clangor of Joy-bells' glad pealing.  
 A monarch you're crowned  
 And your praises resound,  
 While the world is aglow with good feeling.  
 "Happy New Year!"

Ah, what do you hold in your silent embrace,  
 For the eager hearts filled with great yearning?  
 What hearts will be glad,  
 And what hearts be sad  
 As the lessons of life they are learning,  
 "Happy New Year!"

No answer there comes to the soul's eager cry,  
 But we'll live day by day in God's teaching,  
 And grow toward the light  
 And make dark lives bright,  
 By the strong hand of friendship outreaching.  
 "Happy New Year!"

## TRIPS TO THE PLANETS

BY ARDEN DEARBENE.

## MY FIRST TRIP TO MARS AND SATURN.

On Thursday evening, Nov. 13, 1901, I had my first successful attempt in travelling to the two planets most easily approached by the children of the Universal Brotherhood.

As soon as I retired to sleep, my mind became exceedingly busy in thinking. I felt some peculiar kind of trouble, and realized the need of some psychic or spiritual exercise, for I had not had such a practice for a few days.

I at once thought and concentrated my attention on a journey to the planetary systems; and lo, scarcely a few minutes passed when I was entirely out of our earth plane, and found myself in Mars.

It is hard for me to remember exactly in what part of Mars I was, but I saw a beautiful bay, where a Marsian boatman was calmly rowing toward a building being about 180 feet in breadth, and 80 feet in height. It was a very strange building, and not unlike to a Custom House; but when I questioned whether it was really that, it was answered in the negative.

It was much like a church, too, built of red and white stones, having red glasses in the windows. In short, I did not understand the purpose of that construction. So, I went on further and found myself in a hall, where the regular council was held. There were about 12 tables covered with white tablecloths. A crowd of sages were meditating around the tables, on their seats.

The first table was occupied by Dr. J. M. P., Dr. D., Dr. B. and some others, who were strangers to me, except Mr. T. L. H., to whom my particular attention was drawn; and it was told me to note him carefully, for I had never seen him before, and desired greatly to have a personal interview with him.

But my surprise was great to see that there were no dishes on the tables, nor any kind of food for those who were present there.

As soon as I thought this an oval glass of food was brought on the first table, which glass contained grains like peas in tablet form. I asked if that was the meal they would take, but the one who brought in that food told me that that was their "Internal Food and External Glory." I intuitively perceived the meaning of that expression.

"I have meat to eat that ye know not of."—(John iv. 32.)

After a while I went out of the hall, because I did not want to interfere with their conversation.

As I took a short journey around the town, I wanted to see some of the vegetables that grow in that planet; and someone brought me some onions, showing how they were all alike in a triangular form, and in dark red color. This is the special characteristic of their onions.

Upon my further inquiry as regards the government, I understood that they have no kingdom, but are republicans; so I called on the President and his wife.

The President was in a priestly apparel, having a crown on his head, and a simple sceptre in his hand, ending in a little wooden Cross. I asked him the meaning of that cross, and he replied that it was the symbol of Wisdom. Then the queen (for she is called queen by the public, the president being called king) came in, and stayed with him quite a while, and I was curious to note them carefully.

I asked her if they have ever been noticed by our earthly inhabitants, and she replied that her photograph had been taken by a visitor from our earth, but that it was not just like her. This photograph was taken while pictured in the visitor's mind's eye on this earth, but a slight lack of concentration on the part of the visitor had caused the picture to be somewhat different than her real form. I then compared her with the earthly photograph that I had seen, and found the slight unlikeness that she spoke of.

They told me that they always speak in symbols with our earthly inhabitants, and that was the reason why they talked in that way in the council hall.

After that pleasant and most curious conversation I bade them "good bye" and returned to the hall, but to my utter amazement no one was present there. The meeting was over, and they all had gone back to their homes, some indeed had gone to the planet Jupiter. I don't know whether they were inhabitants from that planet, or from the earth.

I was not satisfied, however, with my journey, and before coming into objective consciousness I went to visit the Planet Saturn.

As I was approaching that earth I passed through its luminous ring and understood exactly the formation of that ether. It is somewhat denser than the comet's tail, but its appearance is much like that when noticed closely. There are white-and-blue particles of lights floating in that ocean of ether.

After a few minutes' journey through that ring I entered the planet.

I came right up to a black river, and stood on its right bank. On the left side of that river there was a large crowd of spectators, all gazing at the black color of the waters.

In a twinkling of the eyes the whole crowd came in and filled the river. There were more spectators here, but they never explained to me anything concerning the scene. They simply reminded me that my first journey ought not to be of longer duration than that; so I hastened back to my home; and before coming again to objective consciousness a strong shock was passed through me, and an automatic voice rushed out of my mouth.

That night was of especial interest to me, for I could no longer rest.

As soon as I opened my eyes, my head began to be lifted up; the pillow seemed to be pulling from behind, and dense clouds surrounded my bed.

The clouds grew darker and darker, and just a few thin sparks were flashing from the center as if springing from an inner fountain.

I then realized the presence of unpleasant spirits, for they brought fear upon me; but by strength of will I banished them from me, and took another trip to the Infinite.

I will not describe that trip, however, just at present; but will write further in the next issue of the "Breath of Life."

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## HEALING BY THE SUPERFINE FORCES.

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BY LEVI D'GURU.

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### LESSON I.—INTRODUCTORY.

1. DARK AGE METHODS OF CURE.—Men of all times have sought for efficient means of binding up broken hearts, healing diseases and washing sins away. Sacrifices, incantations, poisonous drugs and fetich prayers have been used by pope, cardinal, doctor, priest and witch, and with varying success. Some cures have been made, some broken hearts healed and some sins have been forgiven; but the lives that

have been ruthlessly taken, the deeper shades of sin that have been matured and the heart strings that have been snapped asunder by these crude and, usually, criminal Dark Age processes have filled the earth with groans and rivers of blood.

2. MODERN INSTRUMENTS OF DEATH.—In most parts of the civilized world sacrifices, incantations and fetich prayers have given way under the bright light of civilization; but the doctor is still abroad in the land with his calomel, arsenic, nuxvomica, morphine, alcohol and a thousand other instruments of death, and, under the protection of semi-barbarous laws, is still killing millions of people every year. The surgeon's knife, in the name of experimental necessity, has come to be a veritable instrument of torture, and the rivers of human blood—blood sacrificed upon the altar of professional ignorance—are still flowing on.

3. BETTER DAYS COMING.—Signs are growing brighter for the dawning of a better day. Men of culture and refinement are fast coming to realize the fact that there is no healing virtue in poisonous drugs. Even the advanced thinkers of the most antiquated school of medicine are bold and honest enough to let the truth be known. Sir John Forbes, M. D., F. R. S., late physician to Queen Victoria, said:

“Some patients get well with the aid of medicine; some without it, and still more in spite of it.”

Prof. Alonzo Clark, of the New York College of Physicians and Surgeons, said:

“Every dose of medicine diminishes the patient's vitality.”

Prof. Barker of the New York Medical College, said:

“The drugs that are administered for scarlet fever kill far more patients than the disease does.”

John Mason Good, M. D., F. R. S., said:

“The effects of medicine upon the human system are, in the highest degree, uncertain, except, indeed, that they have destroyed more lives than war, famine and pestilence combined.”

4. MUCH NEEDED LEGISLATION.—The millenium of freedom from disease and crime would be greatly hastened

if our legislators could be made to realize that they should at once wipe from the statute books every enactment savoring of class legislation under the excuse of protecting human life, and also every enactment protecting certain men in their practice of dealing out poisons to unsuspecting, ignorant, sick people, and instead thereof enacting laws making it a crime punishable by fine and imprisonment to administer or prescribe such substances.

5. THE BODY ITS OWN STORE HOUSE.—The human organism contains within itself every element, every substance, every force ever required to heal broken hearts, cure disease or forgive sin. Love, unsullied, casts out all fear and fear banished, opens up the way for joy, health and forgiveness to enter, and enables the river of life, clear as crystal, to flow from the fountain of the Universal, making glad every tissue of the human form divine. Love, deflected, opens the flood-gates of fear; joy leaves, health suffers and sin rests, like an incubus, upon the soul. Then, to restore conditions to normality the love-centers must be purified, the wasted tissues of the body replenished and the Breath of Life must be forced through every avenue of the body to drive out the Breath of Death.

6. THE TISSUE SALTS.—The human body is largely composed of organic substances; but these are only the materials out of which nerve, and brain, and muscle, and epithelial, and connective tissue are builded; and without skilled workmen this vast quantity of building material would be useless.

But the great architect has provided the workmen—twelve gigantic, skilled operators—each prepared to do a special work. And these workmen are inorganic tissue salts; some build up the gray matter of the brain, some white fibrous tissue, some bone substance; some work only with albumen, others only with water and others act as scavengers. When these twelve salts are present in proper quantity and quality there never is a diseased condition; when a deficiency occurs, disintegration results, and disease is in evidence.

7. NOT MEDICINE BUT FOOD.—These Tissue Salts

—phosphates and sulphates of potash, soda and lime, fluoride of lime and silica—are not medicines; they are necessary parts of the organism, and a pain, or an ache, or a flushed face, or a rapid pulse, or a wasting away of tissue is a special call of nature for a supply of the deficient salt, and the educated healer administers it just as he would a drink of water to quench thirst or a portion of food to satisfy hunger.

## LESSON II.

### CAUSES OF DISEASE.

8. OF MENTAL ORIGIN.—Since matter, per se, is lifeless, and life is force, and all force is directed by the mind, whatever requires force in order to be, must come from the mental centers. Force is the author of all activities; disease is an activity, therefore disease emanates from force, which is directed by the mind; hence disease must be of mental origin.

9. DUAL CAUSATION.—Every diseased condition can be traced directly to one of two causes: 1. Unholy emotions. 2. Inertia of will.

10. EMOTIONS.—As all activities find their origin in universal Force—the fire attribute of the Infinite, so all emotions are children of universal Love, the maternal attribute of the Great Spirit.

11. FEAR AN ILLUSION.—Fear is not an attribute of Universal Spirit, and, of course, is never given by that Spirit to men, therefore fear is an illusion; it is but perverted love. John, the Christian Initiate, instituted a comparison between fear and love in these words:

“There is no fear in love, but perfect love casts out fear, because fear has restraint, and he who fears has not been perfected in love.”—I John, 4:18.

12. PRODUCTS OF LOVE AND FEAR.—This perverted love, known as fear, is the origin of all unholy emotions, as love is the radiating center of all holy emotions. Fear is the progenitor of anger, hate, wrath, envy, strife, jealousy, and such like, and every unholy emotion is peripheral in its manifestations—always originating in the outer mentality—external



vibrations—and proceeds inward toward the heart center. Every holy emotion is centric in its operations, welling up from the heart, the love center, and radiating outward, purifying every part in its peaceful course. From the love center comes joy, sympathy, trustfulness, hope and all kindred emotions and are the health-producing forces. Unholy emotions are veritable poisons, polluting the streams of life and producing disease and death.

13. ISOLATED POISONOUS PRODUCTS.—Prof. Elmer Gates says:

“If an evil emotion is dominant, then, during that period, the respiration contains volatile poisons, which are impelled through the breath and are characteristic of that emotion. By applying chemical reagents I can detect the presence of these poisons, because a precipitate is produced, and this precipitate generally has some color. In the case of grief, for instance, if I use rhodopsin for my reagent, the color will be pinkish. Other reagents will produce other colors. I have isolated forty emotional products; but the worst of all is that of guilt. If the perspiration of a person suffering from conscious guilt be mixed with salicylic acid we get a pink color.”

From the results of Prof. Gates' experiments and those of other progressive chemists, the disease-creating tendency of unholy emotions can be demonstrated.

14. WHY EMOTIONS PRODUCE DISEASE.—Physical forms are but coverings for soul forms. Soul forms are known to the physical senses only through mental action. All emotions are immediate products of mind and hence all physical conditions are first formulated, then suffered or enjoyed in the mind, and are then precipitated upon the outer form, the body. Fear is simply unbelief; and unbelief lies at the foundation of every affliction of man. From it arises the miasma of sickness, sin and death, and fear is a reality in the mind before it is projected upon the body. Fear is the predisposing cause of all pathological condition, and the unholy emotions which it produces stamp the character upon the disease. As an example, take anger, which is a daughter of Fear. The word

anger is but the Englishized form of the Latin word "angor," meaning "to contract, to choke, to strangle." Note the conditions of an angry man; every fiber of the body is contracted, the caliber of the blood vessels is diminished so that the blood leaves the face, and he becomes "white with rage." The eyes snap, and the teeth grind upon each other. And all these signs show the fearful contraction within the mind, and its precipitation upon the body; and shortly, the heart is involved and stasis of blood occurs in various parts of the body; congestion follows and some disease that may be induced by these contracted, congested conditions is inevitable. How many inflammatory diseases, stomach disorders and rheumatisms may be traced directly to a "fit of anger."

15. DISEASES OF FEAR.—Without exciting disease-producing emotions, fear frequently sets up a train of conditions in the mind that becomes pathological. The mind suffers untold agonies from an attack of bilious fever, typhoid fever, diphtheria, smallpox, or something of the kind, and the fearful disorder is precipitated upon the poor body and death may result.

16. INERTIA OF WILL.—Many people who have no unholy emotions, no external vibrations, get sick and die. But we need not search the decaying tissues of the body for a reason for it. Any skilful coroner could write the verdict: "Died from Inertia of will." Infants sicken and die, because the will power has not developed enough to enable them to pass grave crises. Thousands of adults pass to the beyond because of inertia of will. They could not make up their minds to live and be well. They were constantly in doubt whether they ought to live or die, and their doubts and weaknesses of will condemned them to death. Infidelity is the disease which carries many people away. They doubt, they fear, and disintegration of tissue commences; a doctor is employed and poisonous drugs mingle with the poisons of their doubts and fears and the end comes on apace, and the undertaker spreads the garlands of silence over the bier.

17. PRIMARY LAW OF CURE.—If fear be the pri-

mary cause of all diseases, love must be the all-potent medicine to cure, and any System of Healing that does not have this thought as the underlying principle must fail. The ingenuity of man may be taxed to devise helpful methods to kindle into flame the latent principle of love, which has an abiding place in every heart, but when that love-flame breaks out, all darkness disappears and health and forgiveness come.

### COMPLETE COURSE.

The foregoing lessons on Healing by the Superfine Forces are parts of the most complete system of Healing ever formulated. The complete course comprises full instructions in diagnosis and the practical treatment of all diseases, and all that is valuable in every system of cure is incorporated. The marvellous powers of Faith, Deep Breathing, Health Thought, Magnetism, Hypnosis, Suggestive Therapeutics, Heat, Water, Light, Color and Tissue Salts, are fully recognized and minute directions are given for the proper use of each. This course becomes the healer's complete vade mecum and no one can afford to be without it. It is in press and will soon be ready for delivery. Price, \$5.00. Address The Breath of Life Publishing Company.

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### THE TRUE DIVINITY OF ART.

Ex. 31.1-6:—"And Jehovah spake unto Moses saying, See, I have called by name Bezaleel, [In the shadow of God] the son of Uri, [Light of Jehovah] the son of Hur, [Free-born, noble, white] of the tribe of Judah [Praise]: and I have filled him with the Spirit of God, in wisdom, and in understanding, and in knowledge, and in all manner of workmanship, to devise cunning works, to work in gold, and in silver, and in brass, and in cutting of stones, to set them, and in carving of timber, to work in all manner of workmanship."

The training and circumstances of Israel were not such as to encourage the fine arts among them, and yet it is refreshing and delightful to meet with these representatives of GOD'S NOBILITY OF ART.

## EDITORIAL DEPARTMENT.

“O Caesar, we who are about to die  
Salute you!” was the gladiator’s cry  
In the arena, standing face to face  
With death and with the Roman populace.”

—Longfellow.

“God is not the God of the dead, but of the living.”

—Jesus.

In that beautiful poem, “*Morituri Salutamus*,” Longfellow carries us back in spirit to the times of the old Roman arena, giving us the heathen idea of death.

We have not yet grown out of our heathenism, neither yet have we fully learned the true philosophy of Jesus, which Longfellow has beautifully re-echoed in our modern day in the tender expression.

“The other living, called the dead.”

Thus beloved, in this the commencement of a new year, and a new volume of the “*Breath of Life*,” I would send out with strength and joy the salutation of the living to the living; and just as it is among the rocky fastnesses, when your cry awakens a thousand echoes, even so it is now: for myriads of loving hearts in all the world’s re-echo my salutation; and in all the infinite recesses of the spacious palaces of life, the mighty throb of sympathy is felt.

The Chay-Yoth and Zoa of earth blend their voices with those of the universal choristers, and from world to world the greeting finds its way.

“We who are about to live, salute you.”

Yes, beloved, the reeling planet upon which we live is about to reel into the circle of everlasting life.

Everything in the earth beneath and in the heavens above, points to a crisis, a conflict, and a final victory.

Even now the gladiators are making ready for the strife. Mark the scene—God the Judge of all. Jesus, the Meditor.

The mighty congregation of the first-born ones. The myriads of angels!

In the arena, some who are about to die, and some who are about to live, for here we have a catastrophe and victory in one. The whole trend of prophecy leads in this direction, and as we look out upon the political, social, commercial, and ecclesiastical world today, we see that history and prophecy are in mutual agreement. The birth-throes of the new cycle are upon us, and hand, and heart, and brain are needed for the great climax and finale.

The Acts of the Apostles are about to be repeated. Pentecostal days are returning. The Latter Rain is upon us. The Day of Judgment is at hand. "The Kingdom of the Heavens hath drawn nigh!"

You will remember that immediately after the Former Rain of the Spirit at Pentecost, the great world-spirit rose in revolt. The earth kingdoms were becoming undermined and it seemed as if their days were numbered. Then came the mighty Jewish calamity, followed up swiftly by the Christian persecutions.

The World-Spirit and the Christ-Spirit stood up in the arena, and the first stages in the great conflict called "the great tribulation," began.

History and prophecy will repeat themselves as the kingdom of God draws nearer, and the veil grows thinner; and the world empires will begin to clash, and heave and strive.

Some of you have seen that wonderful scene in the play of "Claudian," where the mighty pillars and walls are all falling; and the hero cries out in the midst of all the confusion and destruction:—

"Is this death?"

How startling the answer, how mighty, how triumphant!

"No, not death, but life—eternal life!"

Even so shall it be in the event of the great crash that is coming. When we see the nations clashing in arms, society disintegrating, commerce crashing to its doom, some will cry out: "Is this death?"

Whilst others will gladly, joyously respond:—

“No, not death, but life,—eternal life!”

Therefore it is that optimist and pessimist meet upon a common platform, from whence they see a world-storm impending, but after the storm, the everlasting calm.

By faith I gaze to the aerial sphere, where gather warrior spirits of the past, the mighty armies of the heavens, who are about to invade the earth; and as I behold the irresistible impetus with which they move along, I seem to catch the inspiration of their vibrations; and I remember that we all form one great army of the living God, and we must and shall prevail. Victory sounds in the very tramp of these armed men, and though the part we play may appear to be small and uneventful in its seeming effects, these effects are cumulative, and that which twinkles as a little star today, shall shine brighter than the sun tomorrow.

Therefore, I salute you once again, beloved, even as I did in my first June issue; and I bid you pass the salutation on, so that all the clans of God may hear it, and arm them for the fight.

We are not only making history, but we are making the greatest history the planet has ever known. The time is swiftly coming when one world will not be enough for our endeavors and our labours. Even now many are rending the veil, and are preaching the gospel “in all the creation of God which is under the Heavens.” Worlds on worlds are hanging on their lips, and the very angels are desiring to look into the things of God.

O beloved, what a task is ours, to make a new heaven and a new earth, wherein dwelleth righteousness. This world-building is great work, and every unit-soul is a world in miniature!

Therefore I salute you. O beloved! All hail, and again I speak the word of power and blessing for this glad new year of living. All hail!!

## TO THE ZOIST BROTHERHOOD.

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Brethren of the Zoist Brotherhood:

Greeting!

For many moons now we have met together as Zoists in the Brotherhood Breathing Circle every midday between 11:30 and 12 a. m.; and on Friday evenings between 8 and 10 p. m.

I am now in the position, beloved, to help you more than ever, for I am associated directly with a source of power and information to which I was consciously a stranger before. Whilst I have enlarged my field of vision, I am still convinced more and more that there is much in Zoism, very much; and I earnestly desire that all my Zoist Brethren and Sisters shall find out experimentally what Zoism can really do for them and others.

Let those Zoists who have not joined the Brotherhood, send in their names with yearly subscription at once.

There may be some who have taken the course in Zoism, but have not made that progress with it that they thought they ought to. Let them send me their subscription for my Personal Mail Course, Booklets, and membership in the Zoist Brotherhood for 12 months.

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## TO ALL MY READERS.

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I am at the service of any reader of this magazine, and am now in the position of giving advice respecting all matters concerning Health, Development, and Success.

Should any desire personal treatment of any kind, professional or occult advice on their case, or any kind of instruction, I can now put them in the way of it.

Ever since I first laid pen to paper on this great work, the controlling impulse has been Forward! and so it has been, step by step, not with a rush by any means; but steadily forward; and now, with much needed reinforcements of spiritual power and illumination, we still go forward "con-

quering and to conquer" into the glad New Year.

If any persons have sent in any cash to me during this last two months or so which has not been accounted for, or if any letters still remain unanswered, please let me know, and bear with me, for, as before intimated, I have had four moves, and at present all things are yet in confusion.

Books and new magazines have not been properly attended to for the same reason, but when all my boxes are opened, and things put in order, I will try my very best to atone for the past.

And now, I wish you all the brightness and the glory of the glad New Year!

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## NEW THOUGHT ECHOES AND REMARKS.

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### COURSES OF INSTRUCTION.

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#### BIOPNEUMA.

The True Science of The Great Breath, Opening of the Golden Gate unto The Forgiveness of Sins, Healing All Diseases, and Divine Illumination, by Levi D'Guru, Illuminate. The most marvelous course of instruction ever presented to the people of the earth. Price \$2.00

Send in subscriptions to this office. The course will be ready in about a week.

I have seen the manuscript of this truly remarkable Course, and look upon it as the greatest authority that has yet appeared upon the all important subject of the GREAT BREATH, considered from a Christian standpoint. Within its pages will be found the true Philosophy, Science and Religion of Pentecost.

It is only too apparent that we are approaching a crisis in the planets' history where nothing can, or will, stand the immense strain and test, but the renewal of Pentecostal conditions, and this Course shows YOU THE WAY.

It is written, "Where there is no vision the people will become lawless," [Prov. 29:18], and this has been fulfilled over and over again in the world's history. It is self-evident then



that what is supremely needed is the "open vision," which is promised in Joel. "Your old men shall dream dreams, your young men shall see visions." This "open vision" can only come through the Biopneuma, or BREATH OF LIFE, as all tread the Inner Circle of wisdom, concerning which it is written, "Her ways are ways of pleasantness, and all her paths are peace," [Prov. 3:19.]

Suffice it now to say, dear reader, that within this \$2.00 Course you will certainly find the key to Health, Power and Victory; the secret of Holiness and the Higher Life; the way to Life and Immortality. Send at once, for we expect a great demand for the first edition. [Send to this office.]

### CHRISTOPATHIAN PHILOSOPHY.

\$1.00.

BY LEVI D'GURU, ILLUMINATE.

We are living in an age which is characterized by DESTRUCTION. On every hand "the axe is laid unto the root of the trees." We behold the earth shaking around us, and also heaven, and yet, in the midst of all the chaos and confusion, we hear a voice saying, 'Behold, I make all things new.'

In consequence of this we have the CONSTRUCTIVE prophets, and Levi D'Guru is one of them. To those who are in the thick of the great upheaval of theologic, scientific, and philosophic thought, I would recommend "Christopathian Philosophy." Read it, and having read it, read it over and over again. Some things that are in it may not recommend themselves to you at once, but read on, think on, pray on, and by and by the truth will dawn on you.

As it is in Levi D'Guru's other works, you have here a blending of Scriptures, of Sciences, of Philosophies, no going off at a tangent, no dallying with side issues, but a shining track of progressive truth, which will lead any anxious and sincere heart to the path of illumination.

It is well for those who are privileged to sit at the feet of this Teacher; but failing that, the next best thing I know of is to take his Courses and join the Breathing Circle, which will lead the way to that other SHINING PATH of which I may not now speak in detail.

## HEALING BY THE SUPERFINE FORCES.

\$5.00.

BY LEVI D'GURU, ILLUMINATE.

This new and original Course, which will be published in about a month from now, covers the whole ground of Healing, including, among other things, the Faith and Prayer Cure; Mental Healing; Magnetic Healing; the Principles of Zoism; Biopneuma, the Cold and Heat Cure; Chromopathy, or the Light and Color Cure; Biochemistry or Tissue Salts.

Never before has such a Course been put upon the market, and it will mark an epoch in the progress of the systems of healing without poisonous drugs.

The chief characteristics of Levi D'Guru's teachings may be summed up as follows:

1. Their ILLUMINATION: Written by an Illuminate, the accumulated sum and substance of many long years of occult vigil and experimental practice, there is no fog about them, no confusion, no disorder.

2. Their HARMONY: Just as it takes all the colors to produce light, even so it takes all the systems to produce the truth or inner light. In this Course we have everything that is good in all systems blended into a perfect whole.

3. Their AUTHORITY: The author writes as "a man having authority, and not as the Scribes:" and those who know him know right well wherein his authority lies, that is, not in any human dogmatism, but in the calm consciousness of an inspiration which only comes from the high altitudes of experience.

My readers generally take my advice, and I have no kind or measure of hesitation in advising them here and now to send in \$5.00 to this office for this wonderful new Course.

THE HISTORIC MAGAZINE AND NOTES AND  
QUERIES. \$1.00 per annum.

S. C. GOULD, DEAN AVENUE, MANCHESTER, N. H.

This magazine is quite out of the ordinary run, being of exceeding value and interest not only to literary circles but occult circles as well.

The Editor very wisely notes the trend of present day thought which is right off into the occult field.

## CORRESPONDENCE.

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Detroit, Oct. 30, 1901.

Rev. S. C. Greathead, Battle Creek, Mich.:

Dear Sir and Brother:—Having recently become a member of your Harmony Circle, I take great pleasure in telling the public how much benefit I have and am receiving daily through its forces; for I am gaining strength every day; and my patients say that I seem more magnetic every day, and wonder why it is; so that whilst you are benefitting me directly, you are doing them good indirectly. It is truly wonderful how much better, brighter, and stronger it makes me feel; and I sincerely recommend your Circle to all who have troubles of their own, ( and who is without them?)

Mine are becoming less every day, and if this humble testimonial is instrumental in bringing but one in touch with the grand forces of your Circle, I shall be amply rewarded for having done what I deem my duty toward my fellow man. I also wish to say a word on behalf of your magazine, "The Breath of Life." Having carefully read the November number I must confess it is far superior to anything I have ever seen or heard. It is so instructive, so complete, that no one can afford to be without it; and, as to the mechanical part, it is the neatest and cleanest print I have seen for many a day. With kindest regards, I remain,

Yours for success,

GEORGE W. HOWARD,  
Magnetic Healer.

157 Beech Street, Detroit, Mich., U. S. A.

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## SPECIAL NOTICE.

To the members of the Brotherhood and Breathing Circle. Let all members kindly report progress at this New Year's season, as there are many addresses that I cannot find just now.

# TESTIMONIALS.

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## SPIRITUAL UNFOLDMENT.

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The Christopathian School of Metaphysics and Institute of Healing by the Superfine Forces has certainly struck the keynote in the great work of instruction in the mystic science of spiritual unfoldment. It is not an institution of one idea, but an all-around school of awakening. The instructions in the philosophy of the higher life are not such as can be obtained from books, and it is doubtful whether there is another institution on earth that takes as high grounds and is as helpful to the true seeker after divine illumination. The work on Seership, Prophecy, Psychometry, Mystic Philosophy, Metaphysical Astrology, Celestial Dynamics and Harmonics, and Symbolism during the past year has been grand beyond expression and no one who has really sought the True Light has sought in vain. A thousand pupils ought to be enrolled. Read the statements of a few who have already reached great heights of illumination through the work of this school.

### MR. ARDEN DEARBENE'S TESTIMONY.

The Christopathian Institute being a sacred name to my heart, I linger at the verge of the unutterable confusion of delight while attempting to say a few words in regard to its glorious mission: that which it has done in the past, is doing at the present, and will do in the future for the uplifting of mankind, and teaching its pupils the mysteries of the Incoming Divine Kingdom.

I have been a student of the Occult Sciences during the past few years, but had never dreamed that such a miraculous step of enlightenment in higher life could be possible for me to take.

Zoism had brought me to the right way of preparation for

Christopathy; and Will, Faith and Perseverance builded the ethereal bridge for crossing from the World of Truth to the World of Wisdom.

The Christopathian Institute is truly becoming a Radiant Center of the New Jerusalem, and is fast building the foundations on the Divine Truth, which will be the only shining star in all the heavens, while all the old creeds and ideas are rolled together like a scroll, and pass away with the old heaven.

Christopathy has developed me intuitionally and psychometrically; has taught me seership and astrology, and is giving me all round instructions for the elevation and exaltation of human life.

It has brought me into harmony with the Universal Peace, guiding me to the Central Fountain of Wisdom and Power.

Among the many messages that have been uttered to me in the silence of Divine Presence, the following is especially delivered for all of those who are willing to be pupils of the Christopathian Institute.

Come to warm your soul by the unquenchable heat of the Divine Love which is coming upon you. Meet Him in the air; for He will never descend, until you ascend.

The Throne of God's Judgment is among you, for you are His true disciples. Recognize your discipleship, or else you will fall, to be never recovered again.

Come ye, and be partakers of the fruits of everlasting life, for ye live not by the life of shadow, but by the life of eternity. For the life of shadow leadeth to destruction and decay, but the life of God will give you the power of becoming the sons and daughters of Zion.

Zion is weeping, and has no one to comfort her.

Arise, O children of Zion! Awake, soldiers of the King; ward yourselves against the enemy who is plundering the temple of God which is in your hearts!

The blood is dried up in the veins, and the river of tears flowing gently in the blackness of sorrow. 10,000,000 new es have reached to heaven, and the doves of Peace have come to visit the sorrowful.

Arise, and be ready for the Incoming Kingdom; for many lights will be extinguished for lack of oil, and many will rise because of the overflowing of their charity.

Peace be with you! This is the message of the angel of Horeb to the Christopathian pupils!

ARDEN DEARBENE.

### THE EDITOR'S TESTIMONY.

I have had quite a varied experience along religious lines for well nigh thirty years, during which I was at different times brought into contact with Divine Healing in many of its branches.

Some two or three years ago I embraced the teachings and practice of Zoism, which brought me into a new experience and a new life. I am just as strong a believer in Zoism today as ever I was, and expect to continue so.

Nevertheless my inmost sympathies are cosmopolitan and I have long thought and believed that the true ideal of new thought and new thought practice was to amalgamate all the lines of thought and truth, and so harmonize and blend them into a perfect whole.

In the Christopathian School of Practical Metaphysics I have found the nearest approach to my ideal.

Dr. Leigh H. Dowling has a happy way of finding out the essential elements of truth which are to be found in all schools of Healing and Development.

Another thing that recommends him to me is that he is no religious iconoclast, and the truths he advances are constructive rather than destructive.

Having been in the past a very careful student of such writers as John Pulsford, Prof. Drummond, Thomas, Lake, Harris, and others of like ilk, I am truly glad to find a school where religion and science are harmonized, and all scriptures reconciled.

This school may be called a school of applied Christianity, for here the students may learn the great laws of Pentecostal life, power and development.

Within this warm spiritual fold are to be found ministers of various denominations, citizens of various nations, Englishmen and Americans, and two promising brethren who hail respectively from Asia and Iceland.

I have not the slightest hesitation in recommending Dr. Dowling's all-round treatment to all who are seeking the lost boon of health, and the Christopathian Institute to all who are in need of a complete course of instruction in the most advanced phases of Occultism; and I shall be glad to answer any questions that may be asked by those who are interested.

(Signed)

SAMUEL C. GREATHEAD.

#### FROM MRS. KATE C. BOND.

Among the great teachers of the world I am obliged to rank Dr. Leigh Dowling, the principal of the Chistopathian School of Metaphysics and Institute of Healing by the Superfine Forces. I have been personally receiving his instructions for some months, and am fully convinced that he is, in his measure, in direct communication with the Fountain of Universal Wisdom.

He is not so much a reader of books, neither a disciple of any man; and his pupils often feel that it may safely be said of him, in his measure, even as it was of Christ, the Great Initiate, "He speaks as one having authority." He is as completely at home in the domains of Celestial Dynamics and Harmonics, Seership, Prophecy, Psychometry, Metaphysical Astrology, Symbolism, Mystic Lore, and Biblical Interpretation as a school-boy upon the play-ground.

The midnight cry, "Behold, the Bridegroom cometh, go ye forth to meet Him," is now surging over all the earth; and those who would be wise, and prepared for the marriage supper, should enter this school of the prophets at Battle Creek, and so enter the ante-room to the King's Chamber, and the Inner Circle.

MRS. KATE C. BOND.

FROM MRS. BERA.

Battle Creek, Mich., U. S. A.,  
Dec. 15th, 1901.

I have been a patient of Dr. Dowling's, and have received great benefit. I therefore recommend him as a great Healer of the various ills of humanity, and I beg to say further that as a Teacher of the Great Truths of the Gospel of Christ, he cannot be excelled; for he is a man right after the Master's own heart. I am exceedingly anxious that many more may hear and receive these Great Truths.

MRS. M. BERA.

#### A MESSAGE.

I dislike the name testimonial for there are so many false ones that they carry little weight in decision. What I have to say is so important, dear reader, that I must call it a message to you.

I have come into such a wonderful knowledge of healing, both physical and spiritual, by practical experience that I must tell it to the world.

Only he who has suffered the tortures of a disease of the nerves can know what my condition was. Over study and work and worry during a seven year course in college over-drew my bank stock of vitality and the collapse came the last year. I thought that a year's rest and a doctor's prescription were all that I needed; but I took both, and was no better. I went to the University, and tried to take a professional course, but could not study. I then decided to go into business, and secured a position in Chicago; but my lungs began to trouble me, also; and I was in despair. Just then a letter came calling me to the pastorate of a church. As a drowning man clutches at a straw, I accepted the call, stating my precarious condition of health.

I was very successful in my work, but every week I had a terrible sinking spell until the "heavens were as brass above me." I was dissatisfied and disappointed, not only because



of my sufferings, but because I had no clear call to preach, and no sure ground for the faith that was in me. These things dragged me down until I decided to give up the ministry and try a change, both of climate and occupation. I had my goods packed ready to ship; when by merest accident I was brought into touch with the Christopathian School. I had a talk with the Principal, Dr. Dowling, and his explanation of my troubles was so clear; and his methods so rational; and his manner so pleasing and agreeable that I decided to try one more doctor.

He allows his patients to take all the class work in the school, and I, like most folks, wishing to get all I could for my money, attended all the classes I gained rapidly in power of thought and concentration and the tissue salts began to build up the nerve-centers, lifting the gloom, doubt, and fears, until I was resting in mind and body, and feeling like a new man. I was still unsettled, spiritually, and held to my decision to quit the ministry. I had the day set when I was to leave, but before that day came all was changed. In a private consultation with a few of the pupils after an inspiring lesson in class the Doctor said I was called to preach the truth as Christ taught it. I told him that that was the one thing, of all the world, that I had longed to know. He said I would know it before morning, and I did. I experienced a conversion so clear, so powerful, so joyful that I can never doubt again. I was a new man the next morning; my relation to everybody and everything was changed. My plans were changed, also. I secured a room in the Institute and have been living here since.

The work and teachings will bear the closest scrutiny; in fact one must be here for some time to really see and appreciate its breadth and depth.

Dr. Dowling is a man of wide experience in several occupations. This has given him the breadth necessary to establish such a school as he is now teaching. I have always felt that every school of medicine and manner and method of healing had some element of truth and helpfulness in it; but that one great basic principle or power was back of them all;

and that the rational method of treatment would be one that would take the best from them all and apply according to the needs of the patient. That is what this Institute is teaching and practicing.

What has been done in the realm of physical rebuilding has been accomplished in the spiritual, also. There has been a complete cutting loose from all man devised creeds, and a going back to first principles as taught by Christ. As one advances in the work he realizes that the Great Teacher taught that absolute faith in his principles and life would accomplish anything and everything in both the physical and spiritual realms.

It is that faith and its consequent power, that Christ promised to all who would be His true disciples, that we are building here in our Inner-Circle work. This is open to all who are willing to really believe that the Bible is true, and are ready to give up, absolutely, self and all the allurements of the world and begin as a little child, and, heart to heart, hand to hand, help each other to this higher life by definite, rational, practical steps leading thereto.

I am fast coming into the realization of my ideal-life. All is peace and joy in a faith for which I could die at the stake. With Paul I can say, "I count all things but loss for the excellency of the knowledge of Christ Jesus my Lord."

Come "within the gates" and join the Inner-Circle; and you will receive the same blessing; or, if you cannot come here, a complete course of instruction will soon be published, and you can learn the way at home.

I will be glad to correspond with anxious persons seeking this great blessing.

OWEN N. MOORE,  
95 West Main Street,  
Battle Creek, Mich.

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#### THE INNER CIRCLE.

I would call special attention to the work of our Inner Circle, organized for purposes of Illumination and Power for Ministry. Write about this.—ED.

## THE SYMPHONY OF LIFE.

BY HENRY WOOD.

Lee and Shepard, Publishers, 212 Devonshire Street, Boston, \$1.25.

This useful work should stand side by side with "God's Image in Man" on every book-shelf. Mr. Wood is a constructive prophet of the new thought, and it is one of the best signs of the times that such works as his and those of Trine should be so much sought after. These two teachers occupy a medium position between the two extremes, and they are doing noble service in this, their sphere.

There are many new Thought Teachers who need to ponder over such expressions as this, quoted from the chapter on "Evolutionary Reconciliation":

"The members of the most bigoted sect, JUST FOR THE PRESENT, find more of God in their chosen system than they can possibly find elsewhere. Among the endless variety of instrumentalities that are pushing men along, every church, creed, system and philosophy has a place, AND NOT ONE CAN BE DISPENSED WITH UNTIL ITS WORK IS FULLY DONE." (The small caps are mine.)

In the chapter on "War from the evolution view-point," Mr. Wood points out strongly and truly that the greatest harmfulness of war does not consist in the destruction of life and limb, etc., but "in the great tidal wave of collective hatred," spreading out to the utmost limits of those involved until "the passion becomes so general and consuming that it might truly be diagnosed as a sweeping and collective monomania."

In dealing with the subject, "Thinking as a Fine Art," Mr. Wood is at his best, and therein he well expresses Man's relation to the law when he says, "His triumphant freedom will consist, not in being independent of law, BUT OF WIELDING IT." Get the book and read it.

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## The Psychic Club of Chicago.

The boundary of this occult club will be the United States and Canada. It is thus the greatest American organization of the present day along these lines.

And I prophesy for it a vast field of influence, and success in psychical investigation. The Auditorium, Chicago, will become a center of psychic and spiritual interest second to none. The Club Library and Reading Room will be open from 8:20 A. M. to 5:30 P. M. and will be provided with volumes of interest along new thought lines.

The JOURNAL OF MAGNETISM is the official organ of the Club, and all papers of importance communicated to the Secretary will be reported upon in its pages.

Distance will only lend enchantment to the view for the psychic bands will stretch across the continent, and make the club as desirable for those living in California and Colorado, as those in the immediate vicinity of the Auditorium. Stated hours will be set apart for Healing. Telepathic communication, the holding of Success Circles, so that the thousand members will be "of one accord in a mighty circle of electro-magnetic harmony. Thus healing virtue, evolving force and success vibrations shall penetrate and interpenetrate the country, even as the telegraph and telephone wires do our large cities. When this organization is complete, passwords will be given out to each member UNDER SEAL, grips and signs will be mutually exchanged, so that the traveler will always know when he is among friends.

I am glad I belong to this Psychic Club, and I urge all sympathizers with new thought to send in their names at once. I have been looking over the PLICE LIST OF OCCULT WORKS TO MEMBERS, and all I can say is that the advantages offered along this line alone are enough to make you join the Psychic Club. Therefore send in your name at once with \$1 to

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EDITORIAL RECOMMENDATION. Mrs. Stella C. Bishop is a fine spirit, and one of the first I ever came into psychic contact with. I received direct benefit by her psychometric powers, and was encouraged to go forward in my own work by her kindly and loving advice.

S. C. GREATHEAD.

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